

Poetry Series

**Allie Lusha**  
**- poems -**

**Publication Date:**  
2010

**Publisher:**  
Poemhunter.com - The World's Poetry Archive

Allie Lusha()

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Allie Lusha

# A Moment In Time

A moment in time belongs to us  
Talking and listening,  
Wondering to trust  
Feelings of hurt  
Lurking in the past  
Trying to leave them  
Make a new start  
Smiles and laughter,  
Sharing together  
Both wanting a happiness  
that will last forever  
Try to forget the pain  
Thoughts rushing in  
Like bubbles bursting  
In a flute of champagne  
Creeping slowly and quietly,  
Fearing to tread  
Each little step  
Of joy and dread  
Exciting and restless,  
Dare you feel  
Open your heart  
Your head will reel  
Let someone in  
Is it wise?  
A surreal surprise  
Feeling right  
Keep on talking  
Sharing the light  
What's inside  
Nothing to hide  
Truth will shine  
Warmth will glow  
Feeding the feeling  
To see what will grow.

Allie Lusha

# A Poets Lonely World Of Love.

Love spills over  
pouring from a cobwebbed heart  
nowhere to go from where it flows  
but in sensual empty words  
touching strangers souls  
Verses of passion escape  
fuelling a fire that never glows  
but smoulders in jealous embers  
Romance and desire gushing  
from every pore, dispersing like seeds  
that blow in the wind falling into  
desolate places, with no chance to grow  
No sweet buds blossom  
from the branches of love scrawled  
A lyrical raindropp kisses your cheek  
A sonnet is your hearts beat  
Panned caresses are all you own  
A love so deep, yet all alone

Allie Lusha

# A World Apart Together

I'll tell you of a world I've seen  
Of waterfalls and streams  
A land where the water meets the woods  
Where the bluebird sings  
A place that's tranquil but never sleeping  
When Spring's around the corner peeping  
To sit and watch the eagle soaring high, then sits upon her nest  
To walk within the majestic woods and spy a deer at rest  
The sweet smell of nature surrounds, awakening our senses  
Pink and white buds like popcorn popping  
Tadpoles turn into frogs jumping and hopping  
The air is crisp and the sky is blue  
This world I've seen, but yet never been, it's true  
A world only seen through your eyes and words  
A world so different from mine  
A perfect piece of the planet standing the test of time  
You shared your love, your passion of your world with me  
So much beauty and wonder on this earth to see  
You let me dream your dreams  
And take me by the hand each day and show me something new  
Something to cherish, a memory to make and for this I thank you.

Allie Lusha

# Always My Baby

Sit by me and hold my hand  
Don't you cry, my sweet little man  
I'll wipe your tears and hold you tight  
and tell you baby, it'll be alright  
Cuddle up close, I'll tuck you in  
Sing you a lullaby to slumber in  
My blue eyed cherub, my hearts beat  
Kiss your cheek and stroke your brow  
watch over you, my precious,  
Forever and now  
My love for you always constant,  
Will never wane  
Hot as the sun, wet as the rain  
My darling boy so fair and sweet  
come sit by me, come take a seat  
A loving hug, a special kiss  
To hold you close is a mother's bliss  
Little feet and little toes  
The cutiest little button nose  
A look that captures every part  
Overwhelmed with love, my beating heart.

Allie Lusha

# Be My Rock

You are the calm in my storm  
My sunshine on a rainy day  
Be my rock when I need something to cling to  
Be my night, be my day  
Put your arms around me  
and never let me go  
I want to be your everything  
and in time I'll show  
When we are together  
Or when we are apart  
Only joy and happiness  
Will live in your heart.

Allie Lusha



# Buried

Fell for you  
With your deep blue eyes  
Your warm smiles  
Your kind words  
Wanted you  
To want me  
But it was not to be  
You're stuck in the past  
And won't let go  
Hanging onto the pain  
She caused you  
So long ago  
I want to share your woe  
And kiss each hurtful memory away  
Until all you feel is my love  
That will lift your heart and show  
That someone really values you  
All of you and so  
I'll sit and wait patiently  
And be there  
Each day for you  
As you tell me of your worry  
I won't be in a hurry  
I won't push things  
They'll stay there in my head  
I'll be the friend you need  
And my feelings of love for you  
I'll keep deep below and buried.

Allie Lusha

# Close To Heaven

Just to wake with you by my side  
Just to hear your still sleepy sighs  
Just to kiss your lips and see  
your first smile of the day  
is a smile just for me  
Just to watch you over my coffee cup  
look into your eyes and feel so loved up  
Just to take that morning stroll  
hand in hand, heart and soul  
Just to feel your loving touch  
to love you so so much  
Just to know your soothing voice  
to know that I'm your choice  
Just to laugh and cry together  
to know we are forever and ever.

Allie Lusha

# Concrete Jungle

Concrete jungle, rats and cats  
Illuminated cats eyes traps draw us in  
Grin when you fall  
No applause when you win  
Jungle life with jungle things  
Food is scarce, though greed is breeding  
No Lion in sight,  
Tigers died from the fight  
Eyes appear dim  
Darkness steering you in  
Want is need, need not want  
No one cares for believing  
Jungle days, Jungle sunset  
Watch where one places there feet for some step  
Too far and the jungle is no more  
This jungle has but a one way door  
For once was free and all so clear  
In the jungle now nothing appears  
But concrete jungle, rats and cats  
A song without substance  
No beat no clap  
For once was free and all so clear  
The inhabitants of the jungle made the jungle disappear

Allie Lusha

# Confusion

Struggling with adversity  
Searching for diversity  
Whats it all meant to be  
Life in all its entirety  
Just a shadow in time  
Going through the motions  
Trying to toe the line  
Just another footprint in the sand  
A tiny grain in millions  
Washed away by fates cruel hand  
Inherited war dominions  
Darkness and silence  
No one can hear  
Confusion, ignorence and abhorrence  
No one can feel the fear.

Allie Lusha

# Everything

Everything I dreamt of  
Feelings I longed to feel  
Joy and contentment  
Can this be real?  
Swept up in the rush of it  
Trying to take it slow  
It's seemingly impossible  
It's crazy I know  
You are the wonder  
The calm in my storm  
Listening to your words  
Your voice so warm  
Your arms reassuring  
Your kisses divine  
Everything I dreamt of  
Could you be mine?

Allie Lusha

# For Her Muse

celestial fires in the vault of heaven.  
Shining for you.  
You with your gifted ink flowing  
on a white abyss, your thoughts pure and unstained.  
Painterly with colours of the heart that  
bears witness to the sweetest kingdom,  
for whom romance lyrically waltzes with grace  
serenaded by a honeyed euphony  
perchance seeking a kindred soul.  
Penned sonnets of true love journey  
forth on angels wings that  
sprinkle stardust in her eyes  
melting into tears of innocent yearnings.  
Soft whisperings caress her  
cheek with your sweet invisible breath.  
Words prompt forgotten dreams now  
undisguised. Losing herself to her muse who's  
passion for prose enraptures her being.  
Her gratitude flooding for such resplendent verse.

Allie Lusha

# Friends

As we sat on the hilltop  
Looking down over the dales  
The sky is blue  
But, a few clouds shadowed the vales  
I looked your way  
You were deep in thought  
You look so troubled  
All tense and fraught  
It wasn't the time  
For us to talk  
But I wished I could read your mind  
And banish all your troubles away  
So you could just enjoy  
This beautiful day  
The grasses swayed,  
To and fro in the gentle breeze  
Way up on high the Skylark warbles  
his earlier reprise.  
I take your hand and give it a squeeze  
I look into your eyes and smile  
Maybe just for a moment  
Just for a little while.  
You'll take comfort  
Knowing for you I'll always be there  
and you'll notice the beautiful day  
That we've begun to share  
Still sitting on the hilltop  
Looking down to the dales  
The sky is blue  
The clouds have lifted from the vales  
Like the lines that made you frown  
I look your way  
And you turn to me and say  
My god what a beautiful day  
Look a Skylark  
I smile

Allie Lusha

# Go With The Flow

So much confusion clouding my mind  
Spinning so fast no peace to find  
Shall I, will I, can I, should I  
Doubt upon doubt,  
Thoughts like a fast train  
Changing at every station  
What's done can't be changed  
What's changed is my salvation  
Why dwell on answers to questions that haven't evolved  
Take your time girl said the voice of reason  
Be confident, be bold  
There's no need to rush, chill and take it slow  
The music is playing relax and go with the flow.

Allie Lusha



# Guilty Pleasure

Today I won't care if my hair's a mess  
I won't worry that my clothes aren't pressed  
I don't give a damn  
that I've argued with my man  
There's a cheesecake in the fridge  
and it's absolutely cooing  
It's calling out my name  
while my tea is gently brewing  
Mmm the creaminess is  
the symphony of my favourite song  
The crumbly biscuit base  
will just melt as it touches my tongue  
Just the very thought  
of me and my favourite pie  
takes the stresses of the day  
and waves them all bye bye  
So don't bother me with triviality  
or remind me of the chores  
I should be doing  
As I snuggle on my comfy chair  
and do some cheesecake wooing  
and as I take that first bite  
to heaven I am sent  
Sensational raptures, play their tune  
while vanilla hues waft and content  
my senses so relaxed  
body tingles, the taste so good  
I'd have you every day if I could  
but then I guess you wouldn't be so special  
the treat I look so forward to  
My guilty little pleasure  
Mmmm just me and you

Allie Lusha

# It's At A Time Like This

It's at a time like this  
That I try to convince myself  
To stay positive and enthused  
But its one of those days  
When I'm feeling so confused  
Better to just stay in bed  
And think of nothing instead  
My thoughts like spaghetti  
that swamp my mind  
Will slowly start  
To unravel and unwind  
Things start to make sense  
Growing in confidence  
Facing the days of come what may  
Leaving the doubts of yesterday  
It's at a time like this  
When I'm feeling down and blue  
I'm so lucky to have a friend in you  
I know that you're thinking  
What to do or say  
To help my troubles fade away  
To put that smile back on my face  
To take me to a happier place  
It's at a time like this  
That the prayers and the wishes  
That I've secretly said  
Won't be heard  
They'll just stay in my head  
But the fact that I've said them  
Seems to help with the problem  
It's at a time like this  
When I remember  
That a part of my life is now over  
A part of my life is now gone  
Time to turn the page  
Leaving behind whatever went wrong  
It's at a time like this  
When people I care for  
Are really struggling just to be

I should count each day as a blessing  
That they are still here with me  
It's at a time like this  
Through that part of my life that is over  
I'm glad that now I can clearly see  
Through my pain and forgiving  
I can move forward and believe in  
A happier future for me.

Allie Lusha

# It's Not Love

I know you say you love him  
And that you would have him back any day  
But he didn't make you happy, from what you say  
He didn't make conversation  
He never took you out  
You sat at home tortured, your mind full of doubt  
I know you say you love him  
And he's really not that bad  
But he never gave you the compliments you should of had  
He never bought you flowers  
Whispered sweet nothings in your ear  
So tell me please why you love him dear

I know you say you love him  
But what good is this love for you  
It doesn't make you happy it only makes you blue.  
Let him go and grieve no more  
The love you shared together is only in your head  
Your heart is battered and bruised but the love for him is dead

Allie Lusha

# Last Lies Under The Bridge

Intricately planned, all eventualities covered  
No more excuses, thickly buttered  
When darkness falls, She'll be rid of the pain  
After everything, she'll never see him again.  
Lie after lie, empty promises, fuelled with deception  
destruction, humiliation untold dejection  
No more pushing, no more bloody punches  
She's found the truth to all those founded hunches  
Now he'll pay for the damage that lies deep  
that made her crumble to the bottom of the heap  
but now she's strong, now she's vexed  
Now she knows what's coming next  
Conversation overheard, etched the plan  
to rid her of that demon man  
In shadows she follows  
surreptitiously in the hollows  
inviolable now with evil as her guide  
love and protection, for so long denied  
made her turn to satan's side  
She with equanimity, her mind on avavance  
Primed for the deed, she knows her sentence  
He's to late to beg for his repentance  
He's unaware of the death knell  
Moonlight casts a lurid luminence, a black magic spell  
His last tryst once more under the bridge, lit his cigarette  
Like an apparition before him, his face she wouldn't forget  
Stupified, eyes open wide  
who would speak for him Jekyll or Hyde  
just about to say!  
but he didn't have chance  
She blasted him away!

Allie Lusha

# Lost Key

Where did I leave it,  
the key to my heart  
Guess it doesn't matter  
can't find anyone  
To give it a jump start  
It's been so long now  
starter motors probably gone  
Thinking too hard about  
where it's gone wrong  
Want to feel the rush again  
Heart beating and pounding so fast  
When someone special finds the key  
And unlocks the passion at last  
I want to feel that lurch  
When butterflies flutter  
In the pit of my belly  
For when he is near my legs turn to jelly  
Want to find my book in the fridge  
My shoes on the table  
Cos my mind is a mess  
Concentrate I'm not able  
To just think his name  
And say it over and over  
Like I've found the four leafed clover  
Will I be that lucky  
Or will the door stay shut  
And the key lost forever  
And my heart will turn hard like  
An empty nut.

Allie Lusha

# Lost Today

I've lost my head  
I've lost my way  
I can't come out to play today  
I can't find the words I want to say  
My pen is dry my paper plain  
My thoughts are here then gone again  
I simply feel that I'm not myself  
I've left all common sense upon the shelf  
Perhaps I'll leave it all till tomorrow  
Cos today all I can do is look out the window  
And reflect on what's going on in my head  
So much safer to stay in bed  
Cup of tea and a good book  
Take my mind off the things that look  
Impossible and out of reach  
Tomorrows another day  
And I'll tackle it come what may  
But today I'm just chilling to Gil Scott Heron and here I'll stay

Allie Lusha

# Love Knows No Distance

Each stars relentless splendour charts a  
course to keep the path of true love shining  
bright.

To bring you ever closer under the velvet  
skies of universal moonlight.

Distance shows no mercy.

Longing never subsides.

Absence spreads its cruelty with each turning  
tide.

Hanging by a thread of feeling that wings its  
way on the word of love.

Undiminished by the passing times fondness  
ever stronger there of.....

Allie Lusha



# Love's Lost

## LOST LOVE

Look into my eyes, what do you see  
Don't you see the woman I've become.  
Am I just to you the cook, the cleaner, the mum  
Look into my eyes, what do you see  
Don't you see me passionate and strong  
Wanting every part of you  
To want me slow and long  
Look into my eyes, what do you see  
Don't you see me funny  
We used to laugh and joke  
What the hell is happening, It's been days since we last spoke  
Look into my eyes, what do you see  
Don't you see the woman you fell in love with anymore  
Have I really changed  
Perhaps you found another love, now you're walking out the door.

Allie Lusha

# Miss You Tonight

I will miss you tonight  
I will miss your soothing voice  
that sweetly caress my ears  
your kind and loving words  
that make me forget my fears  
I will miss your kisses  
Your soft and gentle touch  
I will miss you tonight  
Oh so very very much.

Allie Lusha

# Missing You So

Why did you make me that beautiful cd  
I listened to the words so intently  
I listen to it every day  
Lyrically it soothes me, I let the music play  
And now you're gone and I sit here missing you  
Lonely like before  
Now wanting you more and more

Why did you write me poetry.  
Was it written in the chemistry  
I read the words and felt 'I Love You' over and over  
Now I feel dyslexic, I look at the words and wonder  
And now that you're gone and I sit here missing you  
Lonely like before  
Still wanting you more and more

Why did you make me feel, something so wonderful, I've never felt before  
My heart now broken, the hurt I can't ignore  
Feelings overwhelming still so deep within  
At night you haunt me with your sweet caress upon my skin  
And now you're gone and I sit here missing you  
Lonely like before  
Always wanting you more and more

Why did you say you'd be my man  
Love me forever, always be around, that was the plan  
I loved you more than words can say  
Trying so hard to believe I will see you again, I sit and pray  
And now you're gone, and I sit here missing you  
Lonely like before  
Forever wanting you more and more.

Allie Lusha

# Misunderstanding

something so wonderful your wiping out for your defence  
how can you ignore your feelings unless it was just a pretense  
I thought we had something special I thought I knew you well  
Guess the fact that your'e blocking me out has a story to tell

If I'm wrong then tell me. tell me you don't love me still  
My heart is aching so for you, Is this really what you will  
Please dont throw away what we had, if what we had was true  
Because from all this misunderstanding I couldn't stand losing you

Allie Lusha

# Mother

She was once as strong as an ox  
Now she lays in a wooden box  
When she was fit and a young girl at that  
The boys used to tease her  
But she was still the one they'd wink at  
She was pretty and knew her own mind  
She was smart, just one of a kind  
She married at seventeen  
Not a man that she loved  
Just, one she approved of  
Chosen by her father  
With the hope they may fall in love  
She worked hard in the fields  
Bringing food to the table  
Every day digging and sowing  
What she was able  
They made a life together and she bore  
Five sons and 2 daughters  
He was away working there after  
And though she worked her fingers to the bone  
The house was always full of laughter  
Her children were her life she kept them clean and well fed  
And made them do chores to learn the value of bread  
As the years passed her by her looks faded and tired  
And her body grew weary and sad  
when her husband expired  
She never travelled or had money to burn  
But her life was fulfilled and I never heard her yearn  
For the easy life that I have  
Now she lays there contented knowing in the life that she had  
She did her best by her family through good and through bad.

Allie Lusha

# My Soul Is Held A Prisoner Of A Melody

Notes course through my veins  
Nourishing me by song  
Feeding the rhythm straight to my heart  
Beating so strong  
Harmony washing over, drenching each pore  
Showering percussion  
Base knocking at the door  
Lyrics to soothe my sadness, to calm my fears  
Words to lift my spirit,  
Music is my ecstasy, rapture to my ears  
Sweet medication, I gladly pitch my remittance  
For music is my being, my soul  
Critical to my existence.

Allie Lusha

# Need You

I need you like the flower that needs the  
rain and sun  
Like a heart needs to beat  
For a heart to be won  
I need you like a windmill that needs a  
breeze to turn  
Like lips need a kiss  
To subside each heart felt yearn  
I need you like the ocean needs a turning  
tide  
Like arms need to embrace  
your warmth  
And show the love I can't hide  
I need you like no other  
My heart sings out your name  
My head can't think of anything  
But when will I see you again.....

Allie Lusha

# Over The Coffee Cup

Mischievous eyes over the coffee cup  
Daydreaming of how the day may end up  
Will the sun be shining or will icy diamonds glint  
Will we watch from afar knowing closeness is imminent?  
Will our eyes meet and melt into each others?  
Will our conversation be fluid and never ending till we become lovers?  
Will are kisses be impatient, Will our touches grow intense  
Will our breath be heavy, when our energy is spent?  
Will we lie together relaxed in each others arms?  
Contented in our oneness  
Mesmerised by each others charms  
Hell No that's too deep! !  
I bet it got you going, did it really scare you  
Or get your juices flowing  
In reality No expectations, can never disappoint  
Anticipation and uncertainty of the tongue and groove joint  
Will surely keep us laughing as we take things as they come  
Enjoying each other and just having lots of fun  
So sip the coffee slowly and dont be in a rush  
Sexy eyes over the coffee

Allie Lusha



# Pain

A heart fragmented like shards of glass  
Shards of glass each one stabbing  
Stabbing pains searing a mind  
A mind demented by torturous lies  
Torturous lies kept in darkness  
In darkness a cry not heard in the solitude  
In the solitude of the suffering  
The suffering that keeps the light subdued  
The light subdued dulls the senses  
The senses held tight in a body recoiled  
A body recoiled, longs for absolution  
Absolution entrusted by enchanted souls  
Enchanted souls dancing  
Dancing in the light of hope  
Hope and dream in the silence  
The silence escapes when walls come down  
Down where sweet voices sing  
Sing into the wind and be carried  
Carried off on an angels wing

Allie Lusha

# Poor Aunt Maude

POOR AUNT MAUDE

Sitting bored I sat and sighed  
How inconvenient old aunt Maud had died  
I wouldn't be here if the old bat was still talking  
Watching the relatives sipping and walking  
Gestures of sadness filled the room  
When holding a drink George fell over a broom  
Sister sue was covered in sherry  
Everyone shrieked when George landed on Jerry

Jerry was happy, as he thought his luck had changed  
Poor old George blushed as their looks exchanged  
Not a sigh, no one was bored  
They were all running around  
Look like they had ants in their pants good lord  
In all their excitement someone passed wind  
Open a window lets have a glass of gin  
I wonder who knocked Aunt Maud's ashes in the bin

Oh my gawd what a sin auntie's ashes in the bin  
No one noticed as the gin began to flow  
Sue once on the sherry was now snogging Joe  
They all looked on with smiley faces  
Jerry now tipsy was tweaking Malcolm's braces  
What a farce I jumped up quick  
Not one to miss an opportunity click, click, click  
Poor aunt Maud in the bin covered in George's puking sick

Allie Lusha

# Red Shoes

Shiny and Red, heels 5 inches tall  
Feeling sexy, strutting by  
Straps to tease, she caught his eye  
Legs like chiffon, silky and smooth  
Takes him back to that winter mood  
Cobbled pavements, street cafes, Paris was beautiful  
Encountering the mystery of her  
As the rain poured her insatiable passion flowed  
Her embraces soft and hard, her scent, her touch, her voice, her all  
Shiny and Red, heels 5 inches tall  
Feeling sexy, strutting by  
Memories now of a distant sigh  
The air from his voice dries her tears  
As he lets the words 'I Love You' caress her ears  
Thirty years and more they've shared together  
The passion as sensual still resides  
Her embraces soft, her scent, her touch, her voice, her all  
For him there is no other

Allie Lusha

# Remember

Do you remember when you first went to school  
How you were so small and vulnerable  
Every thing was so big and nothing  
Were you used to at all  
But you gathered your confidence and knowledge  
With each passing day  
And had lots of fun in learning and play  
When you had a problem  
Or got hurt when you fell  
you'd run And tell your mum  
And she'd kiss it away  
Do you remember those teenage years  
And your life was full of hopes and fears  
When your body was changing  
From a young girl to a woman  
And you played on your looks to every attractive man  
Everything was so exciting as your independence began  
Your first kiss was a nightmare before it arrived  
And when it was planted you were walking on air  
Waiting for the next one  
Taking the next step if you dare  
Staying out, partying and getting drunk  
Going wild without a care.  
Do you remember your first love  
When nothing else mattered  
But to see his smile  
To lay safe in his arms forever and a while  
You can never forget the greatest love  
You carried them for nine months  
Nurturing and keeping safe  
Until you pushed them out into this world  
Overwhelming and gushing  
At tiny little limbs  
Protecting and guiding  
as the cycle once again begins.

Allie Lusha

# Sail On

I've been around and back again  
and now nothing seems the same  
I looked at life in such a way  
that didn't fit and now I pray  
That this new size will slip on right  
now my eyes are not shut tight  
My mind is clear and my aim is true  
You did your best to make me blue  
but it doesn't matter how much you tried  
I cried a river, now I've turned the tide  
I live to sail another sea  
Steering a course of positivity  
Bringing up the anchor  
Leaving behind the rancor  
Full steam ahead  
Take the rough with the smooth  
I have it all to prove  
The future charted bright like the stars above  
Pen to paper, my path to make the most of.

Allie Lusha

# Same Bus, Same Time

Every week day, same time, same bus, he is there, and I'm careful not to stare  
But I can't take my eyes off his curly shoulder length hair, and I wondered

A face not popularly handsome, but such kind bluey green eyes, deeper than the  
ocean

Tall, not slender and a quirky style of dress, not to impress, and I wondered

Briefcase, serious and tanned, but scraggy like a boxers face, taken from place to  
place

Manicured hands with no adornment, no subtle signs of betrothment, and I  
wondered

This day he caught me in my stare, my face flushed pink, I look away I couldn't  
think

But I saw his smile and for that short while my heart skipped a beat, and I  
wondered

The bus had halted, where we both alight, my mind was racing as I caught sight  
Standing on the kerbside, holding out his hand to me, how could this be, and I  
wondered

Hand held firm but gentle, and like cheshire cats smiling, array of colours so  
beguiling

'Have you time for a coffee' I heard him say, my reply what a perfect day, still I  
wondered

Allie Lusha

# Sanctuary

Let the wind blow me  
Far away to a distant place  
Where tranquility is my sanctuary  
Where the sun shines warm upon my face  
Let the darkness slowly fade away  
Let me hear the laughter of yesterday  
When I walked on air  
and smiles were constant  
Let me feel the water lapping at my feet  
Washing away the memories  
That linger, the ones that won't delete  
Let me sit under green canopies  
Content in nature's arms  
Take my mind and let it wander  
Sands of time sifting through my toes  
Let the light illuminate my path yonder  
take my hand and guide me to my sweet  
repose

Allie Lusha

# Scared

Looking at myself in the mirror  
tear stained face  
tears still flowing  
I can't stop  
My heart and head are screaming  
but I sit in silence  
I'm still running from the pain and hurt  
Pretending everything's alright to all who'll  
listen  
Pretending to myself  
But it's all caught up with me now  
the darkness is descending I can't find my  
way..  
I've left it too late and I have nothing more  
to say  
Sitting boxes half packed to run once more  
I have no where left to go  
The more I want to start again the darkness  
stops my flow  
The light is fading and I'm all alone  
my memories good and bad half packed in  
obscure boxes  
Is that my life...  
They ground me down and now I can't get up  
drowning in my tears  
I can't get through it this time  
I can't fight anymore..  
my head and heart are broken  
I can't stop the tears now  
I'll stop running  
I can't carry on I don't know how

Allie Lusha



# Searching For A New Beginning

Floating down the river, where are we going  
Staring at the sunlight never knowing  
where our journey will take us with each ripple beneath  
Taking us still further through the leafy glade  
Azure promises we trade  
Shimmering waters lay still as waves gently ebb and flow  
Our thirst is quenched  
Our minds drenched  
The sun obscures our view our senses confused  
We reach the great expanse and the still becomes the storm  
Restless crashes against the rocks, rapidity to transform  
From the depth foaming white horses rise with secrets  
Incessant, unfathomable salty tears are cried  
A forgotten wreck striving upwards, we salvage what we can  
but the more we find the further we drift apart  
struggling against the turning tide  
We falter, spiralling downwards, plunging into darkness  
thoughts of what we used to share freezing in the iciness  
with each breathless gasp that intensifies our needs  
to seize the fraction of life that remains  
only recognised by our heart pains  
To sustain survival and renew  
The waters ebb and flow to cleanse and display  
A new beginning, a new part to play.

□

Allie Lusha

# Sensual Fantasy

When the rain pours I think of sex  
Under the duvet  
Getting wet  
Starting as a whisper  
Say things to make me weak  
Imagine your breath caressing my neck  
From the erotic words you speak  
Thunderous banging  
Outside the storm begins  
Inside my head imagination springs  
Thoughts of hungry kisses  
Hard and fast, passion ignites  
Tongues like serpents find their way  
Sliding over our bodies delights  
Feelings of indulgence, lets rip  
Skin upon skin, mmmm  
Going deeper entering in  
Ever tighter sensual grip  
Pulling closer then pushing away  
Harder and harder  
The pleasure will pay  
Moans of rapture, loves crescendo  
Incredible to resist  
Just let go  
Intense desire  
Juices flow  
Taken to the point of no return  
Yielded to the craving  
Burning, ecstasy, carnal yearn  
Gasping for air,  
In the heady sensual scent  
Collapse in lustful secretions  
All energy's spent  
The rain is slowing down  
Reality or fantasy  
My head under the eiderdown.

Allie Lusha

## She's Here

A brand new day gave herself to thee  
Crowned and smiling in all her glory  
She's sitting proud in a beautiful blue story  
Whilst tiny buds dare to peep  
to see if spring is about to speak  
She's been winters dream in the long cold night  
and now he's leaving her as the days are bright  
Her dress is crisp and it catches your eye  
shades of pink and green, a beauty you cannot deny  
she wears her diamonds in the morning  
that glint and sparkle as day is dawning  
She warms your spirit  
as she dances her colour  
nurturing sweetly,  
singing her song like no other  
Golden maidens sway to her crooning  
Spring is sprung, Happy days are looming

Allie Lusha

# Sleepless Reminisce

I'm sleepy now as I lay on my bed  
Onto my pillow I rest my weary head  
The stresses and the strains of the day gone before  
Have taken their toll, I can't take anymore  
I just want to sleep, but thoughts race through my mind  
Did I complete this, where's that thing I can't find  
Have I sent that letter? Was that contract signed?  
I get up for a drink and turn the radio on  
Just at the time it's playing my favorite song  
I lay on the sofa in deep reminisce  
Thinking of the you and the things that I miss  
Your sweet smile when we met and our first lingering kiss  
We had many good times, but it came to a fore  
The timing was wrong, I couldn't give anymore  
And as I drift off in my slumber, thoughts of you caress my brow  
As the music softly continues to soothe and allow  
my body to succumb,  
Whilst another day is looming and this dream is nearly done.

Allie Lusha

# Star Gazer

No I won't stop dreaming  
In my minds eye  
we are the perfect pair  
Your invisible touch,  
when you stroke my hair  
Your breaths whispers  
Your lips on mine  
The closeness I feel, so sublime  
Your words always gentle and warm  
To be in your arms  
safe and content  
Under the stars, Heaven sent  
To look in your eyes  
and no love is  
there just for me  
Is all I want  
Is all I need  
So let me keep dreaming  
Till I find you.

Allie Lusha

# Summer Song

Drifting in a memory  
of rolling distant hills  
stretched out like a waveless ocean of green  
the sun blazing way up high  
In the stillness of a languid sky

Wandering in the dusty thoughts  
of dried up ponds and lanes  
bordering hedgerows offering their wares  
of treasure shyly peering  
a meandering cache suddenly disappearing

Arising in the sweet scented bouquet  
Colours of childhood dance  
and sing into the breeze  
Fruits of summer fall, flowing like a banquet  
Take a drink from nature's never ending Goblet

Lowly under the shade of the spreading oak  
The meadowlark shares his sweet call  
as percussive swaying grasses unite  
to fill the air with melody so mellisonant  
Cordial thoughts of summers reminiscence

Allie Lusha

# The Beginning

You touched my mind long before I saw you  
I wandered in thoughts of you in dreams  
Dreams became moments of desire  
when your words opened up my world  
You touched my heart long before I met you  
I lost myself in your eyes, falling deep  
into the blue pools of your passion  
when your words beckoned me  
You touched my soul long before you touched me  
I surrendered myself to a heaven  
surreal in feelings you painted  
when your words enwrapped my heart.

Allie Lusha

# The Fake

How can someone be so false  
And make you fall so deep  
You think about them day and night  
And even in your sleep.  
Taking you in their arms  
Whispering sweet breath upon your hair  
Looking softly in your eyes  
Finding yourself comfortably lost in their  
Touching you so you tremble  
Passion heightened, Kisses like no other  
Caressing your inner soul  
Becoming that trusted lover  
Planning a fated future  
Of happiness and then  
Ripping it straight from under you  
As nothing had ever began  
Now my heart lays here in pieces  
You treated it like trash  
With many broken promises  
Now dust to dust, ash to ash

Allie Lusha



# Touched By You

Touched by words not withholding passion  
Caressing sweet thoughts, where the light of passion flickers in the recess  
of a mind once doused dormant feelings  
embers ignite a language that heightens senses  
Steaming up views with articulating prose  
Enchantment growing with each line  
They say what lies behind us, and what lies before us are tiny matters  
compared to what lies within us.  
The glowing passion is but a reflection of our inner fire stoked by excitement of  
the new.

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Allie Lusha

# Velvety Sky

I noticed you standing and chatting there  
your hazel eyes and brown tousled hair  
your frame was tall and so strong  
your age, well, yes you were young

You looked my way, we shared a smile  
just stood and stared for quite a while  
till someone came and touched my arm  
I couldn't forget your boyish charm

The evening passed, you were still in view  
sharing stolen glances, we had a few  
my heart was racing, my mind in torment  
I knew what I wanted, there was every intent

Then I lost sight of the man I was crazy for  
I guessed you'd gone so I headed for the door  
Fresh air and a clear head was waiting for me  
Silly women to ever think of what could be

I stepped onto the terrace, such a beautiful night  
A velvety sky, full of stars sparkling so bright  
then someone touched my arm, gently turned my face  
It was you, my heart melted as I fell into your embrace.

I remember that night as if it were yesterday  
passion and lust had their part to play  
now as we lay entwined in our bed, I watch you sleeping  
All these years, love and passion our safekeeping

Allie Lusha

# Waiting

A whirlwind hit my world  
And it was you  
Gone are the cloudy days  
Now beautiful skies of blue  
Your spoken words drew me to your embrace  
Your written words I never will erase  
Your eyes beckoned without delay  
Your touch took my breath away  
I gave you my heart, my body and soul  
I didn't hold back, I gave you my all  
You let me in, and I'm here to stay  
Wrapped up in these moments  
Of love I pray,  
It will last forever and a day  
You're always present in my mind,  
even though we are far apart.  
I can feel you with me always  
tugging gently at my heart  
The nearness of your spirit  
takes my breath away.  
I feel you in every beat of my heart  
as I go on with my day.  
I know you love me too  
Everyday day I'm waiting  
Just to be with you  
But until that day arrives  
Now and forever I'll be loving you

Allie Lusha

# What's On The Menu?

Now don't be rude  
Yes I like my food, ok it shows a little  
Mmm blue cheese and crackers, got to have a pickle  
Spaghetti Bolognese, muesli with blueberries  
Chocolate of course and ice cream with cherries  
Give me a steak of medium rare  
A fresh rocket salad  
better than a love ballad or a prickly pear  
Seafood fresh from the ocean  
Carrot cake like mother used to make  
Tradition set in motion  
Sunday roast, burnt toast  
Well just a little overdone  
Crème brulee, savoury soufflé second to none  
Eggy bread, wine gone to my head  
Cup of Earl Grey set on a tray for afternoon tea  
Cucumber sandwiches just right for me!

Allie Lusha

# Why

WHY

3 o'clock in the morning  
Words wake me in my sleep  
Take my pen and begin to write  
My thoughts are way too deep  
Why can't everything be black and white  
And not that cloudy grey  
Why is there no rhyme or reason  
Why is that things turn out  
that same predictable way  
Why is it always a matter of time  
Why can't it be now  
Why is life such a pantomime  
The villains, the dames, the silly cow  
Why so complicated and enigmatical  
Nonsensical to an open mind  
Will it always be just around the corner  
Why is true love hard to find  
And when you find it  
Is love really blind.

Allie Lusha