

Poetry Series

Amber Swiney
- poems -

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Amber Swiney(08-27-88)

I'm a recovering addict and alcoholic, I have had a fair share of heartache and loss in my lifetime, my poems come from my heart, and places so private and deep inside of me, writing is my passion, it's my expression, it's my life. I aspire to be a great poet one day...

Better Now.

Once upon a time,

I couldn't imagine living without you.

Not to long ago,

I was suffocating in my sorrow.

Everyday was struggle,

to live the way I was.

Today I know you,

but I know me better.

I wake up everyday,

with a smile on my face.

I have no regrets,

The past doesn't define me.

I am better now.

Broken Bridges, Broken Roads

BROKEN BRIDGES, BROKEN ROADS:

I'm crossing broken bridges,
to travel broken roads.

Where they will take me,
I don't exactly know.

Nothing here to stop me,
so down this road I go.

I will follow the rivers,
where ever they may flow.

Meet me out there,
where our roads and bridges cross.

I'll bring what i can,
consider the rest a loss.

I will meet you there,
at whatever cost.

Together,
We will cross broken bridges,
to travel broken roads.

where they will take us,
I don't exactly know.

Amber Swiney

Buried.

I am in a hole.
I'm losing air.
I dig my way out.
So slowly.

Unsure if I will ever make it out.
Living or dying isn't a choice.
Sinking in my hole further.
I hit the bottom.

Looking up from this hole.
I see no light.
I am consumed.
I am trapped.

Go ahead.
Fill the hole.

I am buried.
Alive or dead.
I am buried.

Amber Swiney

Clean

Leave no blood on your hands.
Shower my love down the drain.
Scrub me from under your skin.
Destroy the evidence of my existence.
Rinse off your lies.
Wash your memory of me.

Amber Swiney

Come...

See my hands trembling, put yours in them.
Feel my body shaking, wrap me in your arms.
Watch me walk away, as I slowly turn my head back.

Come to me.

Look into my eyes, see the tears as they well up then fall.
Touch my skin, scard and bruised from time.
Hold me up as I fall into the earth.

Come with me.

Break my heart, as you've done many times before.
Kill my soul, when you leave me behind.
Walk away from me now, don't even look back.

Go into the darkness...

Fade...

And I wont see you anymore....

Amber Swiney

Emptiness

The emptiness that follows the tears,
it kills me inside.

The emptiness of not having you here,
it suffocates me.

The emptiness of being alone in the world,
it sadens me to no extent.

The emptiness of losing you,
it breaks my heart.

The emptiness that hangs over my head,
it reminds me.

The emptiness that i feel,
can never be filled.

The emptiness alone,
drives me over the edge.

The emptiness leaves a void,
to which is never ending.

The emptiness is in us all,
and we are suffering.

A. Swiney

Amber Swiney

Forgive&Forget

Forgive yesterday.
Forget yesterday.

Forgive today.
Forget today.

Forgive tommorow.
Forget tommorow.

Forgive you...
Forget you...

Not a chance.

Amber Swiney

Honestly...

Honestly,

tears are falling,
they never end.

Honestly,

Life is calling,
But i hang up the phone

Honestly,

I still can't believe you,
You left me again.

Honestly,

my heart bleeds,
my soul screams your name.

Honestly,

I honestly dont know anymore.

Amber Swiney

I Don'T Miss You...

When i look at my fingers, the spaces in between,
and think how your fingers used to fit perfectly there.

I don't miss you...

When I lay in bed and throw my leg over nothing more than a pillow.

I don't miss you...

On my birthday...when im blowing out the candles..and i look up and your not there...

I don't miss you...

And even on the holidays, as we sit and say grace, and i stare at the empty spot
at the table
where you were before.

I still don't miss you...

When I close my eyes, and i see your face and hear your voice...

Not even then do i miss you...

But in all honesty,
I crave, desire, long, need, pine, wish, yearn for you always, but never do i just
miss you...

Amber Swiney

I Wanna Live..

I wanna feel, like i never have before.
I wanna heal, I want the scars to disappear.
I wanna love, I want my heart to speak her name.

I wanna live.

I wanna touch, feel the heat upon your skin.
I wanna learn about the things I've never known.
I wanna speak, words I've never said before.

I wanna live.

I wanna breathe, breathe the air into my lungs.
I wanna cry, pour the tears out of my soul.
I wanna smile, break the concrete on my face.

Yes, I wanna live.

Amber Swiney

I'M Leaving...

I'm leaving...

I'm leaving...you

I'm leaving...home

I'm leaving...myself

I'm leaving...the pain

I'm leaving...the tears

I'm leaving...the past

I'm leaving...the future

I'm leaving...today

I'm leaving...I'm not coming back

I'm leaving...

Amber Swiney

In Me

A bitter coldness,
flows through my veins.

But a fire burns,
deep into my soul.

An emptiness,
fills my body.

A shell covers,
whats really underneath.

Inside there is nothing,
I am a black hole.

In me this is no beginning,
In me there is no end.

Amber Swiney

Inside My Happiness...

Inside my happiness, there is nothing but happiness for me.

Inside my happiness, the colors are so bright and vivid and I am able to see everything clearly.

Inside my happiness, there were no dark times because in my happiness the sun always shines.

Inside my happiness, there is no pain, there is no fear and there certainly is no doubt.

Inside my happiness, we all live as one and there is peace for all beings.

Inside my happiness, there is God and he has planned all of this for me.

Inside my happiness, addiction never happend.

Inside my happiness, there are no sorrows and no tears for the hurt doesnt exist.

Inside my happiness, there is you, and you are everything.

Inside my happiness, there is a woman who is ready for life.

Inside my happiness, there is nothing but happiness for me.

Amber Swiney

Leaving Me Now...

The memory of your face.
The smell of your skin.
The touch of your hands.
Is leaving my mind.
The laughter and tears.
The angry words.
The rage in your eyes.
Is leaving me now.
The nights of passion.
The days of pain.
All the sorrow of a lifetime
Is leaving me now.

Amber Swiney

Live On.

Live on.
You are not here.
And I don't feel like i am either.

You are not lost,
I did not misplace you.

You are gone,
But with God you remain.

I can't find the words,
I can't bring myself to say them.

I see you in my dreams,
I hear your voice.

A haunting in my soul.
Lingering all around me.

The walls they dont speak,
no matter how much i stare at them.

Although your not with me,
you spirit is right here.
I can feel it.

My angel.
My son.
live on.

Amber Swiney

Me Then You...

Judge...Me
Hate...Me
Crusify...Me
Kill...Me
Hurt...Me
Cut...Me
Push...Me
Leave...Me
Hold...Me
Touch...Me
Suffocate...Me
Resent...Me
Sacrifice...Me
Loved...You

Amber Swiney

'Realization'

Today I realized it's over for good,
I am just fine without you though.

You don't know who I am,
I don't think you ever did.

You left me behind,
But was it you who got ahead?

Thank you my dear,
For breaking my heart.

The pain & sorrow you inflicted,
Has set me free...

Amber Swiney

Silence

The tears they have run out
Don't play stupid you know what its about.
I wanna scream, I wanna shout....

I stay in my silence...

Why do you torture my soul.
Why did you take the half to my whole.
You left my heart broken and cold

And still I stay in silence

I hold the hurt inside
Keep the pain from falling from my eyes.
When everyday my soul dies.

As always I maintain the silence...

No more will your love hold me down
No longer will I live in a world without sound.
My heart again will be found

The silence will be broken...

Someday...

Amber Swiney

Take The Pain Away...

Barely now am I holding on.
Letting go completely, loosening my hands.
Feeling gravity pull me in.
Taking one last breath.

Gasping....

Is now the time to leave?
Should I wait? Should I hold on longer?
Turning my head into the abyss.
Creeping into the darkness.

Consumed....

Watching my heart bleed.
Tears falling from eyes.
Mouth screaming, but no sound.

Take the pain away....

Amber Swiney

The Innocents...

Innocents of the soul.
We lye broken.
We lye whole.
Others are burning.
But we are cold.

Our hearts are berieved.
Our minds are troubled.
Never to be relieved.
Only to be doubled.

We live the depths.
We live in our pain.
We are the night dwellers.
We are the insane.

We are innocent...to our own affliction...

Amber Swiney

'Un-Natural Disaster'

Looking back now,

I was falling apart.

In the midst of your destruction,

I was unstable.

Chaos to which I endured,

Cascading tides of uncertainty.

No steady ground

To fall face first.

In the devastation,

A heart was broken.

Amber Swiney

You Took Something

I cry in the night.
In the room with no light.
You took something
You took it from me.
A hand covers my mouth
it is not my own.
I was just a child.
But you were grown.
You planted pain
Where my soul should be.
I hid it inside.
So the world couldn't see.
you took something
you took it from me.
Innocence lost.
taken from me at a cost.
Yes, indeed you took something.
You took it from me.

Amber Swiney