Poetry Series

Charles Wax - poems -

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A Capacity For Limitless Serenity

Matilda Halbert pushed into Meng's at exactly five in the afternoon with her red shopping cart empty except for cardboard covering the bottom making it perfectly flat. Not tall to begin with her bent back created a wee woman in her early seventies without a spot of gray in her auburn hair. Each day like clockwork white rice floated into the cart. At times, wonton soup, that mostly in winter. We spoke mostly about the weather and especially about wind which she didn't like because gusts jostled her making breathing difficult If married, no ring, perhaps the husband long dead and if she bore children, no word of them. Our brief conversations stayed put at the counter as Matilda never dined in Meng's but through the timbre of her voice I understood utter contentment. The red cart the white rice protecting her and wonton soup a bit of bliss on winter nights.

A Discourse On Heartache

Joe Rosenfeld trudged into the Teacher's Center plopped on the couch, then whispered, "Terrible nightmare." Silence. Staring. Then: "My dear Uncle Irving wailing as his wife stuffed into the grave. Never recovered." "This the guy with the funny eye, " I said. "The left one, stood to the side, like a soldier, never moving and from this slight imperfection unbearably low self-esteem. At the age of twelve only dark sunglasses never took 'em off but after he met Emma they was gone for good. A miracle! Such a sweet girl, a tragedy, really, her death." Eyes drifting now the scene replayed, most certainly, then: "Not a month later fired from his job ripped papers into long strips all day-Important documents! So my dear wife Addie invited him for dinner eleven times, to comfort him finally he accepted. Why I don't know perhaps the pot roast-Emma's specialty! Uncle Irving sat slumped at the table sobbing 'Eat, ' I said, 'a man needs strength at a sad time like this.' As soon as I said those words I realized my error. Too late. He was already pouring the big bowl of gravy on his head." Silence. I waited, finally: "All down his cheeks like tears."

A Paper Coat To Protect Against The Cold

"Some folks ain't never gonna make it, " said Willie Benney, "don't ask me why but that's the truth so if they can't live in this world they dream of another world and maybe that other world's gonna be better for 'em. I been trying to get to that improved place for fifty-five years through vodka. Now, well, I figure I just gotta live in this one." "How old are you? " I asked. "Sixty." "Sixty? " I blurted out, "but just before you said you were drinking for fifty-five years." Benny smiled saying, "Started when I was five, couldn't help it since my ma was a drunk and I wanted to be close to her so I did like herguzzle vodka. Course she couldn't afford no fancy booze but any stuff will do if your heart's tortured." "Is your mother dead? " I whispered. "What the hell you think?" "I really don't know." "A drunk don't live long." "You're still around." "God loves me."

A Sad History Of Misfortune

I strode to the Pier in Coney Island on Christmas day. Eleven degrees and with a gale off the vast Atlantic the temperature zipped to well below zero. No place to match this, my private scrap of Nirvana but in the distance I spotted a soul and when I approached who should it be but Harry Henwood. "Hey, " I said. He turned and at once began to speak: "God don't love me and not only me my whole family is cursed. My mother choked on a chicken bone and died when I was seven and my dad is doing life for killing his brother with an ax. No wonder my sister is nuts and gonna die an Old Maid. I gave Ralph Dillon the go ahead to poke Marie but don't you know she fell asleep and Ralph filled with passion. I told him the shrink's medication made her groggy, but I don't know if he's ever coming back." As the tears fell from Harry Henwood's eyes they froze in a flash on his mournful face. Silence. My body in bliss. Warm inside. Suddenly: "What are you doing here? " "Getting ready to give God back this load of flesh. Enough is enough." "Not on Christmas day, you're not

with a snowstorm coming in.

I'm only human, Henwood,
to watch you croak...
couldn't enjoy nothing then.
A ten enough to make you smile? "
Eyes shifting now
between me and the swirling sea
then a tilt toward Heaven,
fist suddenly shooting into the sky
finally: the smile.

A Tale Of Love

Hubert at 38 and weighing 427 pounds an only child father dead long ago had lived all his life with his mother also obese so when she passed away in October the man was crushed but when he returned to Spinoza high school after a week of mourning he told me of a dream about Monique from Martinique, how she fell in love with him. "Maybe if I lose weight the dream will come true, " he said. So Hubert struggled up the stairs each day cut way down on calories and slowly began to lose weight. Everyone at Spinoza was amazed. In May Hubert announced he was going to spend the summer in Martinique where he was certain he would find Monique. The last week in June Hubert walked on air as he had lost 110 pounds and looked positively thin, relatively speaking. I told him to call me, or write. "You'll get postcard a week, " he said. On July 8th, July 16th, August 7th, and August 20th I received lovely picture postcards from Hubert. Monique had not yet found him but the warm blue waters were comforting

and the people friendly.

Three days later a call. They found

my name and address

on a letter in Hubert's room.

Drowned in his bathtub.

"How? " I asked.

"Drowned, " the heavily accented voice replied.

That night I dreamt of Monique

by the azure abyss

of the Caribbean sea,

in radiance,

shimmering under stars,

her bottom round and pure,

brown hair floating on a tropic breeze

when suddenly the back shifted

and she turned.

"Oh, don't touch yourself there, "

I whispered as she stroked her thighs.

"Have mercy.

I'm Hubert's friend."

She spoke in French.

I couldn't understand a word

but such sweet tones,

like delicate chimes,

like crystals caressing

and the surf rumbled,

and the warm wind

rushed through dense leaves

creating an hypnotic incantation.

"It is good

to love

and be loved in return, " I said

but really wanting

to ask about Hubert.

"Fat people suffer the most, "

she said in perfect English,

this Monique from Martinique,

"and they suffer until they die."

Then silence,

moonlight in her tears.

A Tale Of True Love

Mabel Catherine Rose allowed herself to be wheeled into Meng's once a week for her beloved pork chops with corn and applesauce. She could well afford to eat that feast every day since her late husband's life insurance policy provided money enough to live a comfortable life but her metabolism was slow, and had been so all her life. Indeed her battle against obesity never-ending now made more difficult by being confined to a wheelchair after breaking her hip two years ago the bones never healing properly. Harold McSorley wheeled her in also a widower McSorley was now her companion and even in his mid-seventies the chap dressed in a jaunty manner today sporting a lavender shirt and peach colored pants glasses fire engine red and fancy Michael Jordan sneakers. McSorley and Catherine Rose had been a couple for ten months, defeating the demon loneliness. 'Read any good books, Bernstein?' 'One about Mrs. Seton, founder of the American Sisters of Charity.' 'You read books about Saints? McSorley watches the Three Stooges.' He said, 'Whatever I like you got no use for.' 'Did I ever stop you from watching the Three Stooges?' she said, 'even though Moe looks like a monkey.' 'He makes me laugh.' 'A baboon with half a brain.' 'You don't want me to watch them no more, I won't.' 'I never said you shouldn't watch them. Did I say that, Bernstein? ' 'Not that I heard.' 'I only said Moe looks like a monkey with half a brain, and the other one, baldly, squeaks like a mouse. Fine! You want to watch, so watch.' Catherine Rose turned to me saying, 'So, Bernstein, what did you come away with from reading the book? ' 'That's a difficult question.'

'If you want easy talk to McSorley. From me you get tough questions.'

'Mrs. Seton felt the Heart of Jesus was her refuge and in such a state of being no aspect of existence could be painful or burdensome.' 'A Saint! Mortals have problems! But not for long: McSorley, the Pork Chops! '

A True Child Of The Buddha In Brooklyn

Mary McCall one of my students raped in an abandoned building her face then set aflame alive but forever disfigured no rest from the nightmare and when I lay down couldn't catch my breath a fierce rumble of torment-Oh, the dear girl pain I couldn't imagine. 'I wish I never knew.' Then whimpered for a moment but didn't cry mumbling, 'I ought to cry.' Then I tried to cry, but could not. 'No soul left in this tattered body, 'I moaned and left the bed, turned on the light sat in the green chair slowly following my breath gradually rhythm soothed me and soon began to muse on the great matters this entire experiment of humanity wouldn't last more than a million years if that long a blip in the grand sweep of time measured in billions

and billions of years.

I inhaled deeply
and felt tingling in my arms and legs
beginning to taste Buddha's great truth—
Not a thing exists
just the endless transformation of atoms
and a bit of joy entered me.
'No matter what happens
I'm lucky to have come across
his wisdom.'
Without warning
tears
Mary's suffering
finally
real.

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A Wholly Unprecendented Wound

I said to Barry Waldbaum in the Teacher's Center, "One of my students asked me, 'What's a hermaphrodite? " "That some kinda mollusk, Bernstein?" he said, "cause I think I seen that creature on NATURE." "Got both male and female sex organs." "I was born with four toes." "I never knew. Which foot? " "Left. A missing little thing like that and my father was against me from the start. First time I went to the beach a crowd of people hovered around me. Well, when my father seen that he right away started charging a nickel for a look and for a dame you could play 'This little Piggy went to market' with them four toes. This one guy wanted to rent me for his daughter's birthday party. 'Five dollars, ' my father says. 'All the cake the kid can eat, ' he shot back. 'That's for him—what about me? ' says the old man. From then on I never took off my socks always wore 'em, both cause if I only had the left sock people would think there was something funny. Two socks never drew no attention, even in the shower when I was in high school I told the guys I didn't wanna catch no fungus. They believed me. Julius Szollosy and Arnold Tranen did the same, thought it was a good idea." "Your wife? " I asked. "How you mean, Bernstein?" "When you're...intimate, socks on or off? " "On. After so many years

she got use to it

the socks not the toes."

Above All Things Desirable

A little man in his late seventies trudged along in front of the Hebrew Home For the Aged in Coney Island grey skull, faded skin, huge rounded hump on his back forcing him to totter on in a stooped position. "The Messiah is coming, " he said, "Are you waiting also? I know it's a long time we're waiting. But He will come. Otherwise, what is the meaning of our Earthly existence? " In order to look at me he tilted his head causing his lips and cheeks to tremble. "There must be a purpose to life other than death. No? What do you say? Walk with me. Walk for the Messiah. If I only stand my strange shape pains me." Just then Angie strolled over and said, "Irving Frankel, you're looking good." Then appeared a great rush of words: "We want too much. No? Perhaps not to want happiness, not to think of it, then He comes? Perhaps my suffering—the Messiah's gift? Never do I rest. Later? After the end? Then? " "Irving Frankel, " said Angie, her voice so sweet, so gentle, his name like a benediction. No words now, silence staring at Angie. "You're a handsome lad, " she said kissing him softly on the cheek. Still silence, his face serene, waiting Angie kissing him again

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this time a smile.

All Travelers On The Way To Infinity

As we trudged to Coney Island Hospital to visit Jim Pitt who'd tried to slit his throat with the tiny attachment on a nail clipper Vinnie Early said, "The depression musta hit him after all he ain't a dinosaur. Them critters never did such a thing lasted 160 million years and we humans been here for a million, something like that, but the strings in our brains is knotted and the nerves go haywire. A design flaw..." John Couch said, "The Almighty don't make mistakes. When I was in the joint they was dying like flies. Hanging with the belt the favored method but the Almighty never sanctioned such behavior that was Satan's handiwork. Do not be confused: The Almighty is the Almighty and Satan is Satan." "All I'm saying, " said Vinnie Early, "dinosaurs never committed suicide, and that's a plus on their record."

Almost An Illustrious Author

"Bernstein, I envy you, " said Moses Aaron Ginsberg having gone from a hundred eighty pounds to three forty in less than a year because he abandoned the glittering land of crystal meth fearing impotence stroke dementia incarceration. But I couldn't figure out why anyone should wanna be me so said, "Why? " "The novel." "Not finished not published, " I informed him. Moses Aaron Ginsberg shoved a Three Musketeers candy bar whole into his mouth sucked for a second then swallowed since chewing without teeth presented a problem "You're the Creator I'm a zero, " he said. "Well..." "What'd you think of my story A Disabled Father? " I stared at him wanting to boost his spirits so said, "A fine piece of work! " "You actually read it, "he blurted out. In truth I couldn't decipher a single word

worst handwriting on the planet minuscule bits of shaking from years I'm sure of ingesting every exotic drug known to man yet Moses Aaron Ginsberg refused the computer saying machines frightened him as did most everything else the world threw at him.

An Illustrious And Sublime Author

When I landed in my third period class Trisha stood near my desk I thought to myself, "She's blessed gonna be an honored author one day." "Bernstein, I want to write this story, but I don't know if anybody would believe it." After she told me her idea I muttered, "When you're on Oprah mention my name." When I walked into the Teacher's Center food of every kind and description graced the long table in the center of the room. Henry F said, "Bernstein, Edwardo Jesus Torres catered the whole thing in honor of Edwin, his twin brother died exactly six months ago." At the end of the period Edwardo played Handel's Hallelujah Chorus for a few minutes then spoke, "All of this to honor my beloved brother, **Edwin Jesus Torres** with God now." The music commenced once more. I closed my eyes lowered my head and when I looked up Edwardo's tears flowed overwhelmed I too wept then raced out

went to the bathroom

threw cold water on my face and left only to bump into Trisha who asked if I was OK. "Got something in my eye." Without hesitation she said, "The first time you ever lied to me." Feeling utterly worthless tears once more and the dear girl whispered, "Never again, please" "How'd you know? " "Heart to heart is where I live."

At A Conference Entitled

Best Practices in the Classroom Principal Harry Zundel was instructed by Superintendent Bertha Happ to place an aquarium in each classroom to uplift the spirits of the children thus creating serenity, then, perchance learning. One day Irving Tennenbaum, a failed Rabbinical student... well, the endless study of Torah had induced sadness, madness, melancholia, etc., said, "Lillie Rush swallowed another goldfish... Tillie." "Not Tillie, " I said, "the one with the brilliant colors." "The same. I thought after she devoured Samson that was the last of her obsession. I thought to expel her, but where? She's troubled, I won't say she's not, but, still, she's searching for a way to reside in Holiness... we all are, Bernstein. To come to exist in that state is our deepest purpose. because The Almighty has imbued us all with that desire." "Tillie was my favorite, " I sighed. "Like a little spinning rainbow."

At Spinoza Hs Mice Ruled The Night

thousands secretly alive in walls and closets and bookrooms but even in daylight a bold one would race across my shoes seeking some mysterious delight at the other end of the room fear of humans bred out of them. Ziggy the newly installed head custodian insisted on glue traps indicating without subetly no cure existed for the deadly Hunta virus which floated freely into human lungs from the dust of dry rodent feces. At five o'clock in the afternoon he placed eleven traps in my office because he wanted me safe saying I looked just like his older brother who leaped from a roof in Warsaw unable to find the perfect word to conclude a poem he'd worked on for six years. As he plopped down the simple mechanisms of death he declared, "I am Ziggy the Terminator. I will kill them all." All this said in an Arnold Schwarzenegger Austrian voice even though Ziggy came from Poland and in the morning eleven mice became stuck though not dead their bodies twisted and misshapen in odd ways searching this unimaginable torment for a way home but eventually all became glued to eternity

then a phone call to Sonny the sweeper who scooped the scraps into an immense trash bag.

And this went on the same routine four days straight until too much death wore out even Ziggy's lust for conquest. And once more mice ruled the night but now also daylight the ferocious slaughter of life coming to naught.

Being At One Time Defeated

I descended into the pit with Caligula while my hero the Dalai Lama serenely watched men sawn in half their soft flesh bubbling blood into the air. And I understood nothing. Lonely and longing for his words: Goodness inherent in every heart he said that again and again like stars like wind a million hours of meditation so he knew his breath impregnable as chunks of diamond yet I could not shift from the immense crater of Caligula's perversity slaughter from a jiggling tongue devouring my beloved teacher.

Besieged

In the morning at Spinoza high school Tom Banta ate chalk champing merrily wouldn't stop until EMS came and carted him away to the G Building of Kings County Hospital as UFT Chapter Leader I hadda defend the guy cause this wasn't the first time he did crazy things one day brought six African bullfrogs to school and set 'em loose in class laughed like it was the joke of the century. Herbert Tartt the Principal wanted him out argued with me for an hour "Next time, Bernstein, you're sitting in his class the rest of the term." At Kings County Tom lay in bed strapped down at least not in a straight jacket like before. "Bernstein, you old flubbergaster save me again? " I stared at the man hair flying every which way teeth a dark brown from endless cigarettes

left ear today seeming lower than the right suddenly a tiny physician came in from India possibly Sri Lanka "How do you feel? " he asked in a clipped British accent. Tom stared blankly at the doctor who promptly punctured his skin with a rather long needle then took my arm escorting me into the hall "A friend?" he asked. "Work with him but he's been here before can you help the man? " "Sir, I am presently responsible for eighteen immense and difficult Wards possessing 182 patients." I took that to mean Tom Banta would now sleep and when he woke still be profoundly unhappy.

Betty's Bliss

Betty breathed vitality Spinoza High School could teach her nothing about life small, skinny wore her hair in a pony tail a smile forever flashing across her face in perpetual conflict with authority danced in class smoked in the john wandered hallways until kicked out. I saw Betty a year later in the subway. "How are you? " I asked. "Fine, " she said smiling at ease in her own being, "just came back from a hearing in school." "Still the same trouble, uh? " "Yeah." The train rumbled into the station. Betty did what she wanted and for awhile the going might be rough but in the end she'd do wellnever abandoning joy which alone creates destiny not merely grim acceptance.

Breath In The Tunnel Of Bone

bitter pain no one can say I am not alive

Christmas Day

When I ambled into Meng's the place was packed even though this was Christmas day. Well, not every soul in Brooklyn had a place to celebrate the holiday, thus Meng's flourished as refuge. "Bernstein, here, " said Joe Lutz. "Greetings, " I cheerfully proclaimed but Joe's drunken breath told another tale as he sobbed, "My old man killed himself on Christmas day and after that things was never the same mother went nuts loved my father so and after that I never got a present. She tried to raise us kids but couldn't. Then one boyfriend after the other in the house and doing things with her. The worst was a stranger on Christmas day and my mother always made sure to have a body on Christmas day. Never a real tree, year after year a tiny plastic thing maybe a foot high without lights." Just then Treasure showed up sat smiled said, "Merry Christmas." Joe silent staring perhaps a tear couldn't tell head down. "That OK to say to a Jewish man, " she asked me. "Sure." "And it's gonna snow know you love snow." Treasure silent, staring at Joe now at me asking, "What's with Lutz?" "Father killed himself on Christmas day." "So." "Never been the same." "So."

"You know, couldn't handle it, the pain."
"Then he'll suffer, " Treasure said calmly
as Lutz blinked, then gulped, blinked again
still silent, waiting, wanting
time to shift, somehow turn or bend or break
but Treasure's implacable eyes
would not let that happen
so again: "Merry Christmas."

Don'T Get Many Fan Letters

well, most people don't read my stuff cause not published except in little magazines with an average circulation of under a hundred but one day got a letter from a guy in prison saying: Greeting from the mortuary found your writing in Monozine #3 somber yet cleverly amusing your bio indicates publication in 50 zines if you have any please send zines pass the time gonna be here for another eleven years. I laminated his letter hung it on my wall then Xeroxed my 3,487 page novel WARRIORS OF THE UNSURPASSABLE **COMPASSION** and sent it off by UPS. Six months later received a note: You're the greatest Send more The longer the better.

Drowning In A River Of Liquid Assets

Part 1

Mulliken called. As usual he wanted to read a section from his Treatise on the Profundities, vol. I: Evil. He had been working on this single volume eleven years projecting thirty volumes necessary to complete his work His father passed away when Mulliken was 16 leaving him a small fortune millions he didn't know the exact amount and he didn't need to know the exact amount all that he required were funds necessary to cover his living expenses. I met him at City College where he wanted to be a writer of fiction at the time but he could never seem to finish a tale because he couldn't handle misfortune even in a story of his own creation. His father had been a salesman, cornering the entire Caribbean and Latin American market for Sony products in the early sixties. Sadly for Mulliken the private jet carrying his father, mother, and brother went down somewhere off the coast of Venezuela. His mother had been in and out mental institutions for most of her life, as had been his brother so at this point his father had

lost all faith in Western medicine and was taking his wife to a village somewhere in the Amazon where a local Indian was reputed to have magical powers. Thus as sole heir he inherited everything. The money had been both a blessing and a curse. A blessing because it allowed him to work uninterruptedly on his Treatise, and a curse for the very same reason.

Part 2

While researching
Hitler's death camps
Mulliken fell into a profound depression
which took the form of insomnia.
He couldn't sleep
thus more and more sleeping pills
were required each night
to eke out a nap.
Needless to say
all his friends drifted away
because they couldn't bear
to listen to him anymore.
I alone remained.

"What's the second volume?" I asked him.

"Depression, " he said.

"The third? " I asked.

"Joy, " he said.

I immediately urged him

to put the final period on his 1,800 page manuscript

delineating all aspects of Evil

and launch into the third volume

putting off Depression until a later

time. Mulliken hinted

he would consider the advice,

then said, "Evil is the absence of Joy."

I told him he was making progress.

The next week

he informed me pages 1,234 through 1,789 needed serious revision and he would have to hold off beginning the Treatise on Joy.

First Sermon Of Autumn

Every so often I felt the need to spice up my class with a sermon "I do not fail you, " I began. **Immediately Oscar Bice** called out, "My good Sir, I believe you and you alone gimme a 50." Undeterred I continued, "You fail yourself ponder this: in fifty years what? time flies gray hair arrives and soon after the coffin luckily just before being shoveled into that everlasting box of doom comes the question: what is the meaning of Life? If you can't answer forget it You're bound for Hell on a one way ticket and that's a fearsome trip no way out once the flames crisp up your flesh but you don't burn up everlasting torment **TORMENT** therefore I say unto you **READ A BOOK** soothe your troubled souls." "You sound like my grandma, " Oscar Bice noted. "What a woman! "

Floating To Fame

As I ate tofu ravioli at my sister's place the phone rang. Her daughter Annie leaped to answer it and a moment later said, "It's Navin. A shark attacked him." "What? " said my sister grabbing the receiver. Five minutes later she told me the story: Her son Navin had been zooming along on his jet ski when he lost control and flipped off sadly the machine sped away as he bobbed in the water the current being too strong for him to swim after it. so he floated helplessly screaming for help but after ten minutes he grew tired of howling simply quivering and twitching. Then the hammerhead sharks appeared. Of course Navin stared at the sky because he didn't want to see how close they were. This lasted a good hour, so Navin said, but the paper reported the next day he floated for a mere twenty minutes before a boat came and hauled him out: Thus he was dubbed the Shark Man because even surrounded by at least four,

the Captain of the boat said, not a single one attacked. The next day my sister called saying, Navin made a grand last night." "Oh." Dave Eickwort the owner of the Banana Peel read the article called Navin, and offered him a job as a male stripper so on stage he walks wearing a shark skin suit then gradually he disrobed. He was in instant success with women stuffing hundred dollar bills in his jock strap." "Fantastic Navin's gonna be famous and he found his true calling." "But is there a future in stripping? " asked my sister always worrying even when good fortune appeared this time via four

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not too hungry

hammerhead sharks.

Fragments Concerning Ontological Commotion

"Tell me about your mother, Jim."
"I called her up 8 o'clock last night, " Doctor Bernstein.
"I didn't speak to her
for about a month.
As soon as she got on the phone
she said
she's watching
this great Errol Flynn movie on channel 11
and can't talk.
Then she hung up."

Gloomy Scenes Foreshadowing Commotions

In 1968 I landed a job in Berriman JHS thus keeping me out of Viet Nam but if I faltered and got fired I'd be there swatting flies and fleeing bullets. My control wasn't fabulous, yet it existed, somewhat, at moments. Melvin Smeld was another story. He'd been relieved of his regular English program when Ruth Kaufman returned from her bout with pneumonia but as luck would have it he landed a regular Science program when Joseph Botts got pushed down a flight of stairs and broke his left arm and right leg. "How goes it? " I asked. "It's rough, Bernstein, the kids don't listen.." "Did you call up any mothers?" "It doesn't do any good. I call up at night and the next day they're back to their old tricks again" "Don't give up, " I said sternly, "or you're off to Viet Nam." Smeld stared at me, lips twitching barely able to get the words out, "Did you hear what happened? " "No." "They killed all the fish. Gilmore. Oh, you gotta watch him put ink in the tank, water turned blue then he strangled a goldfish in the back of the room. Assistant Principal Stein came in and gave him hell, but it won't help next day he'll be doing the same thing." "Sit him up front." Smeld stared at me quite hopeless finally managing to mumble, "Principal Foy says he's fed up with me." And don't you know

the next day a kid heaved a chair

out the window onto Foy's sky blue Cadillac smashing Smeld to smithereens.

In Hopes Of A Happier Life

Ever since Andrew Stern's wife left him for guy living next door he couldn't shake the blues well, eleven years of marriage down the drain so one day Henry F trying to be helpful said, "When my pet goldfish Mr. Ben Brilliant passed away I was thrown into such agony as few men have ever known cause the joy his swimming around gave me can't be put into words at least not my words so I'll just say watching Mr. Ben Brilliant gave me delightjoy, joy's the word and such a golden orange he was to dazzle the eye for two days he floated on the surface of the water finally my dear wife said, 'Enough. He's garbage.' I was taken aback by her cruelty. I said, 'Mr. Ben Brilliant is getting a proper burial.' so at once I went to the Yellow pages and looked up Pet Cemeteries closest one being in Huntington, Long Island I dialed then heard the toilet flush such a sound the human mind cannot imagine so to make a long story short I sunk into a catatonic coma

for three days and three nights then the great Rebbe Nachman of Breslov told me what to do in a dream and I did it straight-away racing to the pet store and bought a Mr. Ben Brilliant Jr." "The point, " moaned Andrew Stern, my wife ain't a goldfish." "Uh, well, yeah I was getting to that quoting the Rebbe now: 'It is a great achievement to be happy! ""

Love's Last Shift

As soon as I walked into Meng's Billy Symes said, "Bernstein, whatta ya think about Viagra? " "Why ask me?" "You're a pill man." "Vitamins, " said Treasure, "caused he's scared of death." "Two weeks ago, " moaned Symes, "My Lord and Master failed me." "Lola mentioned it, " said Treasure, "but I'd avoid Viagra and go for prayer instead." "Billy, enough is enough, you're 87..." "84, Bernstein." Lola appeared dripping wet having been caught in the rain. "How are you, Billy?" she asked tenderly. "One time ain't a catastrophe... we could go another way, holding..." "If you want extra cash you got it, no problem but I gotta push through the gate or I'm finished...as a man." He paused, stared at everyone, finally bursting out, "I blow my nose in hundred dollars bills." "He does, " said Lola. "Not Bernstein, " laughed Treasure winking at me which I took as a cue so, "Go to a doctor, Billy, and see what he says." Thunder now, huge booms setting off car alarms as the rainstorm plunged from heaven. Lola stared out the large plate glass window, eyes drifting past the window until she said dreamily, "When I didn't have a place to stay

before I came to the Clement Hotel I used to sleep in Lincoln Square Park over by Eastern Parkway and the puppies would come to me in the night and sleep with me. and I kept them warm."

Nothing Beyond Mercy

For the first time in 14 months I went to the movies afterwards we went to China New Star myself and six friends. The oldest at 78, Max, a diabetic with three toes already removed said, "The book was better, always is." Nellie Nilan who had lost 200 pounds in the last two years and had never married and at 58 probably never would, said, "I couldn't cry I wanted to cry but I couldn't cry." The film had ended with both lovers finally finding love in one another's arms. "I told you's all, " said Larry, "we shoulda seen King Kong." "I couldn't fall asleep last night, " Mona moaned, "so at 2 AM I watched TV, the Comedy channel Lynn something can't remember her last name funny and filthy making fun of everybody." "That's not funny, " said Vivian born without a left ear but never combed her hair to cover the absence. "Where's the damn waiter, " exclaimed Ed Henwood, "in a fancy place like this the guy should been here by now." Jim Wink simply said, "All in good time." "Meaning what? " said Henwood. "Meaning: we'll all be dead soon enough, what's the hurry." "Do me a favor, take your freakin' medicine next time you come out in public." "You're quiet, Bernstein, why? " asked Ella Le Blanc almost bald and completely grey at 26, crushing anxiety having sopped up the last possible speck of human joy. "The God complex again, wanting to grant

Salvation to all beings
but unable to—
can't handle it, just wanna be Bernstein,
eat a little Lo Mein, go home, sleep."
"Meaning what? " said Henwood.
"In the movie
when a farmer plucked that chicken
still alive and shrieking for mercy
I could feel every feather
being yanked out."
"I didn't see that."
"As the lovers were kissing
off to the left."

Opening The Door

Timmy, the name he took when he came to America, spent two years in the Tiger cages of Vietnam but seems not to have carried that suffering into the present. He speaks rapidly and that combined with his accent leaves me without much comprehension only a little and with that "little" try to carry on a conversation I'm the only person who really listens to him so he gives me Chinese pears also lychees and kumquats.

Some Little Inaccuracies

Mickey was the youngest of six children. His mother had died bringing him into the world. From the unhappy details of his life I was positive his father and five brothers blamed him for her death. When I told Mickey of my insight he didn't believe me. He maintained everything which had been done to him occurred because "they're just a bunch of rough Irishmen." "They made you sleep in a closet from age six to nine, "I told him. "We had a small apartment, " he maintained. "And when your brother, knocked out your two front teeth? " "I used his favorite Bic pen." "Bic pen! that costs like a dime.". "We wasn't rich."

The Chemistry Of Solitude

Miriam curled up at the far end of Meng's Restaurant in Coney Island a young girl who took pills now gradually her body bent more and more until her head rested on the Formica table. Many times I had seen her like that for hours every so often raising her head looking around if she saw someone she knew she'd struggle to rise and if she couldn't she'd whisper, "Got stuff?" Nothing else. One time when Miriam slumped on a table her mother walked in ordered Wonton soup sat slurped then gone no love left I said to myself hoping my words were false.

The Greatest Mystery

1: 47 at night, still loitering on the Pier with the usual crew when old Tom Duffy walked by unsteadily and as he passed under one of the lights his face emerged haggard and white as a sheet. "Tom, " I called out. He tottered to us. "How's everything?" I asked. "Bernstein, my son died," he said bursting into tears crying like a baby. "You're still alive, " said Hugh Stryker. The remark took everyone by surprise. Even Joe Devoe was shocked and when he was deep into depression it took a lot to shock him. "You're still breathing, " continued Stryker. "A sad life, " sighed Tom Duffy, "a sad life, and then to die in his mid-fifties of stomach cancer." "Poor kids to lose their father, " said Joe Devoe. "Never married, " sighed Tom Duffy. Devoe stepped to Duffy then gently kissed him on the cheek lingering, perhaps needing to smell the sadness forever, but finally pulling away, saying, "Over and over in the lives that have ended you see no miraculous lunge into happiness." Duffy went on voice hoarse worn ragged from weeping "I told him, 'Go out. Meet a woman.' I told him a hundred times but my wife said, 'There's time for girls.' Now...in the grave." "Gone but not forgotten, " said Devoe wanting with all his heart to shift sorrow

everywhere and for all time into joy but without God's grace so Tom Duffy still wept staring at the vast Atlantic dawn yet to come, if at all, for a father in darkest grief. Then another kiss Devoe's lips trembling longing for purity enough to sing that lullaby of deliverance he had sought all his life.

The Palace Of Pleasure

China New Star closed, now new owners coming in switching from Chinese to Thai one taste and the establishment became my favorite twice a week every week I consumed every item on the menu got to know the waiters, waitresses also other patrons 90% were immense truly obese gobbling Basil chicken, Coconut shrimp Steaming red crabs in a fiery sauce such happiness on plump faces sometimes I'd stopped munching to stare guilty, a voyeur but when a woman cracked a chair and fell I leaped up helping the dear soul to another throne.

The Supreme Command

As soon as I walked into the Teacher's Center I spotted John Trueman weeping. "Bernstein, Ida Tennenbaum swallowed another goldfish-Tillie the one with brilliant colors. I thought after she devoured Samson that was the last of her obsession. Alas, no she's troubled I won't say she's not still Ida's searching for her purpose in life we all are, Bernstein, and we're Blessed being teachers to pilot students to such a pure place." Trueman paused eyes lifted up toward Heaven "Well, we know for sure Ida Tennenbaum wasn't born to be a vegeterian."

The Three Marks Of Existence

Billy Mullins trudged into Meng's having just returned from four months in a Florida jail, possession of marijuana without intent to sell. "Bernstein, " he said seriously "stay out of the State of Florida." "I intend to." Then he lowered his voice to an almost inaudible whisper, "Almost became a Sissy Mary but took to writing and that saved me." "You don't say, " said Treasure now interested in the conversation. A big guy says to me I got cute eyes and right away I knew what he wanted but a bigger guy says to join his poetry club and I won't have no trouble. And that's what I did, and I didn't have no trouble." "Damn, Billy, " said Treasure, "I like the way you talk." "Big guy's name was Larry Littlejohn, Little for short and he called his group the Fortune Cookie School of Poesy." Treasure handed the Thunderbird to Larry who swallowed, then smiled saying, "All the poems hadda give the meaning of life everything else was fluff, Little's word, and so I scribbled away day after day, time going, days crossed off, and don't you know I got into it, especially Little's urging, to go deeper, deeper, but soon poetry shifted to Biography about this quy." "You liked him?" asked Treasure.

"First man I ever met with the Big Three: courage, compassion, panoramic awareness, the last one came to me yesterday from Bernstein's Tibetan rap."
"Tibet! " exclaimed Treasure staring at me, smiling, then again: "Tibet" but softer now, almost trancelike as she whispered, "Panoramic awareness. A thousand eyes, each twirling turning seeking searching all worlds inner outer no escape from vision."

The Utmost Fortress

Soon the snow would whirl from highest heaven to earth spreading the nectar of happiness

on the tortured streets, on the tortured hearts.

"You ain't heard a word I said, "Hubert Tilton moaned.

"Sorry, " I said, meaning it, yet still caught up in the blessed vision.

"Yesterday after supper

I munched a whole loaf of Wonder bread and drank a six pack of red raspberry soda.

I needed pleasure.

If I don't stuff myself day and night

I can't touch the ground."

I stared at Tilton.

"Bernstein, " he continued, "if I don't eat

I suffer and get low, so low."

Bill Oats chimed in, "It is back with me now

the paralysis."

Suddenly the large plate glass window of Meng's

framed the first snowflakes.

"I go to sleep with anxiety and wake up in it.

I long for ease.

No hope.

Close to death."

Bill Oats paused, stared at the ceiling,

finally screaming, "I ACCEPT DEATH."

Then: closed his eyes and whispered,

"Death is horrible.

What will happen to me? "

Eyes open now:

"I fear each moment

yet I have resolved not to have such fears

but Resolve cannot penetrate Dread."

Outside, no questions, gloom crushed.

Bill Oats continued, "There's an invisible wall

between me and humanity

I'm distant from their dreams

and have no interest in their voices

they can't help untangle my wretchedness.

Only death is undistorted..."

Tilton blurted out, "Doctor Munn said if I didn't lose weight I was a dead man but he said the same thing when I went past 400 pounds.

I'm still around."

Almost a headache by now the chatter of doom, so eloquent but beyond the window wonder.

Untitled

Standing on the corner of Surf and Stillwell Ave Christmas day dreaming of Alaska 62 below zero in the mountains kill a man for sure or lift his spirit one simply had to know the realm to survive. Suddenly I heard, "Are you a Doctor you look like a mind Doctor." Sad crazy tormented Jim wandering the streets empty of hope on the day Christ was born funny red wool hat rising to a point barely containing his long thick uncombed grey hair early twenties but grief had done its work. "Some have said so." "Doctor, the Voices tell me to kill myself. They say, 'Commit suicide, Commit suicide, Commit suicide."" "But you're still alive! " "Too passive to wallop my skull to bits." I walked towards Meng's Jim with me ordered Christmas dinner for both of us meat-loaf, mashed potatoes, coffee then spotted Deedee worked hard but too thin

so never reeled in big cash.
"You want it," she asked
not wasting time
well, we both knew each other
and chit-chat would happen later
in a warm room smelling of bug spray
in the Terminal Hotel.
Jim said, "Doctor Sattner tries to help me
but his name sounds evil,
don't it?

shoots me up with thorazine, no emancipation like that word, Doctor? reading the dictionary for the calm told him I need electroshock cause I can't take depression no more. What are you into? " "Buddhism." "Should I try? " "If you have to you will." Deedee stepped to us and stared at Jim with an intense tenderness. "I cry alone in my bed, "he said. "We all been there but you can't stay, " she whispered. "The Voices. I'm paralyzed. My only hope is electroshock." "Who goin' to care for my son? who goin' to feed him? put clothes on his back? his father? Hell no. I got to do it. You a nice lookin' fella a little taste of pussy

lift that depression
right up off you."
Jim stared at DeeDee
for at least ten seconds
before he sighed,
"When I jerk off
my arm burns
and I hear Heartbreak Hotel."

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Utterly Bewildered By The Tenacity Of Doom

When I didn't hand over the yellow pills Tony T said he'd have to make The Call to Johhny Ice. I calmly informed the dear lad Johhny Ice was now 87 years old blind in one eye and strapped to his wheelchair with giant rubber bands. He then tried to describe the crippling anxiety which had invaded his heart taken root, and refused to depart this going on now two decades a fire, literally, blazing in his guts the need to rip off his skin, again, literally. I said for me a twelve pound sledge hammer pounding my brittle frozen spine time and time again the shattering and me unable to shift position or beg for mercy. "Just a few, you cocksucker, " he finally said, then added, "A man without empathy is dirt." That hurt because a week ago the great Arno Gruen visited Spinoza HS where I asked him the secret of life, quickly, as he left the building, and like Freud's famous Love and Work, words, not sentences, in his case just one, empathy— Understanding of another's feelings, without that Fascists would rule the world but anxiety... creating an absolute loneliness where each soul believed his suffering the worst that ever existed, or could exit no greater torment than the torment of right now. "Cut out the booze and I'll give you a few yellow beauties one or the other, not both, "I told Tony T

then added, "that concoction's a prescription for death." "I swear on my mother's blessed soul just pills, only pills." Then he stared at me as if I were insane finally moaning, "I wanna live, Bernstein, but what I got ain't life." Tears now in my eyes his suffering so real, so intense my own also, pity for us both, so when I heard his hoarse voice whisper, "Bernstein, just two yellow treats will set me right the whole day." I delivered two tiny wonders to Tony T which he swallowed with a hit from a miniature bottle of Grey goose vodka. miraculously materializing from his tattered left shoe.

Waking At 2 Am

dreams too dense and murky to translate... the heart stutters in the long night ahead.

When Treasure Stepped Into Meng's

The sadness had not yet left her burying her grandmother two days ago. Suddenly Benny plopped down, hoisted the Thunderbird above his open mouth tilted his wrist, swallowed then smiled, finally holding out the bottle to Treasure who shook her head, No. "Why do people die, Bernstein?" she asked "96, " I said softly. "Too much love." "A blessing." "I didn't want her to go not yet." Outside thunder followed by pounding rain. Benny gulped again, no smile just a sigh, then another. "A little longer her eyes. That too much to want, Bernstein? " "About your grandma? " asked Benny. Silence. I said, "Yeah." "Her name? " he asked "Janice, " said Treasure, Benny held the bottle high said, "To Janice." then began the swallow until all the booze was gone also Benny, head down, eyes closed, barely breathing. "Looks almost dead, " I said. "So pretty in the coffin, blue dress, shiny black shoes told me not to be troubled..."

"She spoke to you? "
"As best she could being she was dead."

Without A Shield

At the Rochester Institute of Technology while a graduate student in photography I met a woman I'll call Ingrid Bergman and fell in love with her allowing my soul to drift in ethereal realms When the time came to return home to Brooklyn we spoke seriously of our future She loved me, she said, but also **Gustay Gustafson** and Earl Kip. This information hurt but she said all I had to do was hang on until next summer when we'd travel together throughout Sweden. "What are you going to do from now till then? " I asked. In the fall and winter she'd live with Gustafson on his farm in Watertown New York in the spring she'd go for a stint with Kip, a professor of photography at R.I.T. whom I knew to be a philandering bum. How could she love him? "Any chance you'll change your mind? " I asked. She kissed me on the lips whispering, "Love is supreme but complicated. It shatters all worlds."