# **Poetry Series**

# Emily Casbourn - poems -

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# Emily Casbourn(02/18/1991)

I am someone who enjoys to write when I get emotional or upset. I don't write about a lot of death or hatred but when I write it comes from within my heart and soul. Writing never used to be such an inspiring thing to me other then being a hobby I had. I live to write and dream like the world should.

# As Always As One

Far from her heart

The waves seem to dart

Each echoed sound turns around

Dripping in lust

Falling in love

He calms the fear

Her kisses so soft

His arms are strong

They dance into the night

The cricket's song

The willows beat

A sullen yet masterful tune

In love they cry out

Happy but not alone

Forever is for always

Two into one

He brings in harmony

Peace lives on

Just as the heart beats ever so strong

Yes he is special

She is just as kind

Together as always

As always as one

#### As It Has

As it has always been My heart has led me around It told me how to live How to love every friend I have How to show emotion How to make a connection My heart taught me right from wrong It tells me who to trust It makes em feel good all the time My heart is full of life and love You can see it's true Nothing hinders it Nothing weakens it Every experience makes it stronger It hurts when something hurts me I don't usually get mad about it though I'll always end up learning from it Never had it fully broken Just partly broken My heart is my own It taught me most of what I know

# **Best Friend**

As dark as the night gets you're still in my heart as deep as an ocean goes you'll always be apart my mind slips away to thoughts of my best friend she makes me forget why i wanted to be upset she lives so close to my heart you wouldn't forget she talks and listens better then anyone else she makes you laugh and makes you smile even if it isn't forever you are my best friend i love you because you're there for me for real my trusted friend

# **Black Abyss**

Fear within the walls

Inside my mind I know

The darkness she follows

My mind is hollow

I hear the mocking call

What disaster awaits me now

If the moon wasn't shining

My mind would fall into a hole

A dark abyss controls us all

The dungeon of blackness

A river of grey

The monsters stutter

They tremble in rage

The lightning flashes and strikes

The thunder roars and sinks

I lay on the ground in the field

Why is it no ones around

My mind begins to rush and dart about

The reason is simple

I don't want to feel the ground

My heart feels emptier then a cardboard paintings heart

Life feels like it is razor sharp

The fallen take over

My mind erased

The damned unleashed

Hell is loose

It was cut loose

The time for hatred is at hand

As a spider falls into your hand

The poison begins to spread

Another timely fate at hand

Death is knocking at your door

You don't answer it at all

Why you ask is it not opened?

The time for death has come and passed

The black abyss

The naked mind

Evil to the core you find

No more time

No more lies No more life Just Dead

# **Blazed**

You think it's alright? Blazing through my mind I hate how the heart sickens me I thought about everything Disheveled by it all I dread it's closing in I feel so alone Interests have changed I feel like I should disappear Depressed by thing no one understands My time is falling behind it I am ready to give up Everything is crashing in on me I am getting so tired of the drama here Reality and virtual Killing my soul I have done the most damage it seems

# **Bound**

You are bound from the start my love Why is this so? You ask alot of questions I don't know all the answers I hear you talk about her You say that all you want is for her to be happy What if she isn't? Well you might as well be bound to her If you push away she might never stay If you leave her today then just walk away No more turning around and waiting She doesn't want to wait forever If you care then let go If she loves you she'll come find you Don't try anything more Just turn away from the gray Just turn and walk away You were bound to her You weren't bound to stay He loves you and stays But you kept pushing away.

#### **Brooke**

Not just a pet
A best friend
Someone I can trust
No longer able to hear
Not able to see to well

A spark of independence A dawn of intelligence Afriend and a life long companion

You weren't doing well
I heard that you fell
You crashed to the floor
You couldn't get up anymore

They took you to the vet
It was rainy and wet
Ithought that was the end
I thought my heart was going to run

You have been by my side 14 long years of my life Something inside felt wrong You needed love to be strong

They brought you home
Disoriented and not very strong
You have brain damage
You didn't recognize me at all

I wanted to cry
I wanted to scream
Brooke you know I love you
My baby
My heart

She started to walk
She got better with time
She was healthy and somewhat stable

Lying infront of me now
I am so proud
You were strong throughout everything

A dog is a persons best friend Loyal to the end

Brooke I love you Thank you for being my friend Thank you for loving me

She is on the mend

Vet said she may have another one

I have faith in my dog

I hope it doesn't

I don't want to play god.

#### Bullied In Real And In Pain

Sometimes the heart seems cruel
Listening to the words that hurt the most
They put you down
Throw you around
It is an emotional roller coaster.

I heard you say my name
I looked to see what was said
You once again tore me down
I don't understand it

You lie and cheat You mean nothing but harm I don't know how to fix it myself I know that inside I am me

I heard some more lies
I read more crap
I know it is to hurt me more
It does
I don't feel like living anymore

I take the pain pills from the cabinet I hold them to my mouth I don't care anymore

Life seems useless made to hurt It shows me nothing anymore Friends have left me Everyone hurts me Why should I stay alive?

Someone steps in quick as a whip
The pain pills are dropped down the sink

I yell and fight
I scratch and punch
Let go of me now

I wind up in the hospital drowsy for days I don't feel like I can survive it Bullies have found me Again and again

Time seems like it means something now not long ago it meant nothing
I had to step away from life
Life was too much

Bullies and the bullied
They are the same
Both in pain and in need
Care isn't part of the chain.

#### **Christmas**

Did you know that when it snows I start to sing a lullaby?

I wait upon the arrival of a golden Christmas Eve

In the rooms I happily sigh

Weighing choices of my life

Christmas comes but once a year

Yet no one sees the anger here

We waste our time shopping

We spend our time not caring

When you finally see it

It no longer exists to them

Those poor little children

Dying on and on

They wait for one jolly man

Yet he never does appear

He who has the money shall help them out some how

We watch and prey that we will be together

Yet in our hearts we know better

Upon the tree an angel sings

Yet she can't be heard

The song she sings is one of hope

Many still do not know

This is Christmas and it is sad

We need to see it all come together

Next time you shop make sure you remember

The clothes could help another

Merry Christmas to all

A family time has begun

Nothing more righteous

Nothing less wrong

Christmas time together is a splendid hour indeed

Have a great holiday

Help spread it around

Merry Christmas to all

Remember my words

Have faith and it will be brought

For those who are in the most need

Thank you for reading

Thank you for seeing

Christmas is more than presents and trees

It is family time and cherishing your life Merry Christmas to all Have a wondrous new year!!

#### **Dear Tomorrow**

Tomorrow?

Why tomorrow?

It only is tomorrow

Will the sun shine tomorrow?

How do I know anything will work tomorrow?

Christmas is tomorrow?

Why is it tomorrow?

Christmas should be today!

I wrapped all those presents for tomorrow?

Okay so you get the meaning

Tomorrow can be anything

Your heart needs to open up to the new day

It needs to see that Christmas is a time for loving

Not presents and more presents

Tomorrow is the start to a new era

Tomorrow isn't coming too soon

Tomorrow may be just what you have waited for

Dear tomorrow could be a storm

Big lottery tickets win for you

A drought could destroy a town

Tomorrow could mean a friend still standing beside you

Christmas may not be tomorrow

May not be for a while

So until it hits tomorrow

I must say this now

Tomorrow is just a coward's way of saying I am scared

Tomorrow is how you represent yourself

Tomorrow could be the best day of your life

If I let you know what tomorrow meant to me

It wouldn't be your own thoughts

Dear tomorrow

I hope you make it the best day of your life!

# Deep Down

Deep down

You know it is there

The true colours

You hide them well

You're a masked figure

Not ever wanting to show the true you

Everyone waits to see if you will

It doesn't happen though

Day after day

I wait for the colours

I show mine over and over

You just watch

I don't get why you don't show yourself

Just show yourself to me please

It drives me mad

It drives others mental

I have known you for a while

But in the end still don't know you

Show your colours now

For me before I leave your side

I can't do this

It is time I leave

This time don't follow me

You won't get me back

I am done

At least until you prove you can show them

Show me your colours

I have shown mine

Just surrender to me

Show me your true self

Stop hiding yourself

I will see them

Just wait and see

I will one day you will show me

I will wait until then

I will wait just for that day

When you open up your heart

When you show those wondrous colours

#### **Dread**

I dreaded the day I met you

You told me how much you liked me

What a lie

I trusted you instantly

Now I know

Not everything is flowers of gold

You tricked me

I feel on my face

I didn't realise I was running in place

You being faster were always too far ahead

I couldn't keep up

Now look where I have ended up

Into a trailer park

Dreading the night

You hide inside my mind blindly

Day by day

Night taking night

Dread buries itself further into my soul

Not that I minded

I liked the game

I dreaded for someone elses sake

I lied there did you see

I had to you wouldn't set me free

I still hide under the covers

Making myself breath ever so lightly

Nothing hears me

I hear nothing

You're here once again

I dread your evil stench

I dread your face as it stretches

Black ontop of blackness

I couldn't stay there

I got up and tried to run

You followed me to my door

I tried to open my door

It didn't work

I dreaded this moment for so long

Don't do it to me please

I won't try it again

He just laughes and pulls me away from the door I can't escape my innner soul I dread the feeling he's somewhere near I dread the night for he's always there Watching me sleep I can't get out I cannot escape

# **Drifting**

Could you tell?

I was drifting further from you

I couldn't remember why

I drifted further and further away

You let me drift

You thought I would come back to you

I didn't though

You just sat there and waited for me

How long did you wait?

I didn't notice the time go by

I thought I would drift back to you

My heart was hurting though

You never even tried

I cried for hours

I drifted further away even faster

You never noticed

You could have cared less

I thought my heart was gone

I thought I was done with

Finally when my drifting was done

I came back to you

You saw me and the tears swam down your face

You didn't even wait

I couldn't tell you how I felt

You ran from me

I started to drift again

No hope fo returning

You noticed it this time

You caught hold and brought me back

I knew I was finally safe

Home is where I should be

You are my home

You are salvation

My one and only true home

You didn't need to catch me

You could've left me drifting

I wasn't there all the time for you

You loved me enough though

You saved me

Thank you
I should have stayed drifting

# Fly

If my soul could sing I know I could fly If my heart would weep I would fall into mud If I couldn't tell you how I felt I wouldn't stand again If time could stand still I would explain myself time and time again If I could fly I would fly to you If I could fly I would bring you with me We would soar above the stars Into the setting sun As the colours blinded our sight It would be mystifying We could fly beyond the horizon Distance wouldn't be a problem It wouldn; t be a bother You know I would find you I would whisk you away Fly to a new deserted place I would call it Utopia Paradise for the heart No one would find us Until I showed them how You wouldn't believe it Somehow it would work If I could fly My heart would sing My soul would flutter beneath my wings If you knew how much I yearned to be You would see me I would fly to you If only I could Life goes on I still wish I could fly I wish I could see you Barriers would be broken

Then I would fly

# **Forgotten**

When I leave I will be forgotten Lifes last memory of you Time remains moving forward Yet I am stuck I am still

Forgotten isn't fair
It is a lie within a shell
She left without a word
I have forgotten my own worth

He tells me I am wonderful That I wont be forgotten I visit and see they haven't even thought of me

I wonder if life has always been so cruel Do they notice me Have they wondered where I am How I've been?

I wouldn't know it
I am forgotten
My family forgot me
I lie in this hole
I hate it down here

I miss there touch
I miss my hair
I miss seeing them smiling

I am not there
I am forgotten
Hidden in the ground
I lay still
I don't breath

I am forgotten
Lost within the wind
Lost without a sound

Forgotten by my son My grand-children My daughter in-law

Long forgotten
Lost in a sea of nothingness
They don't remember me
Not at all

#### Friend Sick

Everyone says it is called homesickness

But what about when you're friend sick?

Does it sound odd to you?

You can miss your home

But when you miss a friend you just say that

I found out that my heart feels sick

Someone close has moved away

My heart falters when I think about it

Friend sickness can it be

I hope and pray and wish that she's okay

Truthfully feeling like we are always miles away

When we were growing up side by side

We never parted and went our own ways

Suddenly high school just around the bend

That is where it first began

My sister my cousin my friend she went somewhere else

I saw her from time to time

I missed her gravely

She made new friends as did I

We parted and met again but at different times

Deep down I know we need to grow

But does that mean I love her any less

I thought of something to make it seem less painful

It is called friend sickness

A sickness like no other

It means you miss a friend

I have lost one to death gone to heaven and left

But I still have others here

I miss my cousin my sister my friend

She is away at university

How this begun is a long story now

I miss her dearly

Homesickness isn't wrong but it isn't what I mean

I mean friend sickness

The definition being a symptom of missing a friend

I love you Tori!!

#### **Gifts**

If you were told that gifts were proper You wouldn't ignore it From the beginning of time We have all shared our stories Presents came just after A little note her with some chocolate A kiss with a hug too

If you couldn't imagine giving Would you want anything?
If someone handed you a gift You would be like what is it

Without gifts to give
The world might end
Or so you might think
It wouldn't end
Gifts are sometimes meaningless
Just something for the occasion

Made gifts are always wanted more It came from the heart That is the reason why

Gifts gifts gifts
Nothing more then gifts
Look around in stores
Wrapping it up some more

Gifts are wonderful to receive
It is even better to give something in return
It is like taking a breath
It feels absolutely right

Gifts the season openers Birthday surprises too

Gifts mean something
Gifts aren't for everyone though

Not everyone can afford them

Give a gift from the heart The easiest one of all It is inexpensive and nice A loving device

# Good-Bye And Good Ridance

I thought you were true

I was blind before

I thought you were strong

But again I was wrong

You stole my life from me

Yet I let you do so

You broke a promise

I still didn't notice

I let you do whatever to me

You wore me down

I can't think straight

I never could before

You took me for granted

You lied

You jerk!

I can't even begin to believe you

I don't want to anymore

So you're gone

Get out of here!

I don't care anymore!

You were my friend

You stabbed me in the back

You used me to get to him

I am sorry were done

Good-bye

Good ridance!

# Haunted (Goes Along With The Movie Paranormal Activity)

A thought

What if it was real

Would you try to save her

She is being haunted

It is so nasty

Making loud noises

Scaring you in the night

Making a demonic whisper

It whispers her name

Did you see that

The door it just slammed on its own

Those foot steps

They are dark and deep

It wanders the halls

Thats when you begin to scream out loud

Something awful happens

The lights start to flicker

A loud thud is heard

You run down the stairs

Banging is heard

You fall asleep again

He pulls her out of bed

Dragging her down the hall

When you finally get to her

Al is not well

It has bitten her on the back

He drains her more and more

Its entity finally taking over

It kills her lover

Hours later after rocking

A friend enters

She sees the dead person and screams

Soon the cops arrive

They appear in the bedroom with a light

She gets up calling for him

The cops see a knife

They shoot her dead

Nothing is stirring now No longer alive Dead Haunted until dead

#### He Watched

</&gt;In a small town

He waited for his moment

Like a snake waits for its prey

He watched in the corner

Watched and prayed

Thinking of her beauty

He watched as she danced

He waited until they left

He waited in the bushes

Following them home

The man with her took her home

He talked with her

Kissed her goodnight

He waited for the moment

Then he would strike

The fellow who walked her home

Left her alone

Now the mystery holds

He got onto her porch masked

He was stealthy

Just like a fox

He took her and carried her away

She screamed and screamed

This was to his dismay

Blindfold and gag

In place as it was

He stole her away

She fainted that day

When he finally got home

She finally woke up

He let her see

He let her talk

They locked gazes

She was in love

He watched her carefully

Finally they both smiled

Two hearts matched

Together at last

Forever

He watched her Until his wish came true

#### **How Could You?**

If I had a gun pointed at me
You wouldn't help me
How could you let it fly?
If I was sick and unwell
You would just sit there and laugh
Nothing about this is funny
You can't waste every thought on yourself
I waited for you to show me your heart

I wasted my breath waiting for you You don't even care You knew I was upset You just stared Not a single hug Not a single sigh You just sat there!

You never knew you hurt me So darling heres to you I toast all you jerks and jerkettes You wouldn't get it at all

People aren't rocks
Show some respect
And HOW DARE YOU COMPARE
I wasted away to a wilted rose
I just left you all alone

How could I you say?
I did this because now you know how it hurts
All those times I needed a hug
Every day I wanted a hello
I hate you for all you've done
I love you for teaching me this stuff

Now I know who to look out for The crabs who make it rough Don't think I'm sorry I am seriously not I am done with you Were through

How could you?
You just sat there and let her cry
I don't know you
I never knew you
How could you?
Good-bye

\*Faints\*

## If I Could..

If I had just one wish You'd be the one I would wish for Even though you're not living I would want to know you more Grandma I miss you I never got over it You suddenly passed away My family started to die Everything went sour No one wanted to be near I was so upset I didn't even know what to do Your heart is still here Yet your body isn't near Winter pass by On your birthday we all cry You meant so much to me This little girl didn't know you that well She sat on your bed as we were cleaning She looked out the window and cried Everyone tear dropp melted into those satin sheets you had My heart shattered A puzzle piece went missing I couldn't remember your voice I still have trouble hearing it Many years have passed I haven't forgotten you yet But know this grandma If I had one wish You'd be that one wish of mine Another week with you Before you left for good I miss you <3

## Knight

My knight have you come

A time when I am so alone

You watch and wait for life to support us

Yet it only gets harder

My knight are you sure

You said this all before

I don't get how you could honestly think that of me

No longer my knight why did you do this

I said I love you

You left me again alone

I did nothing but let you watch

I sat and cried by the window

You noticed me in pain

You walked on by

I shouldn't have minded but I did

I wish I had someone I could hold onto

Deeply and desperately now

I know not what I need to do

I know that it's wrong to stay sad

It isn't my fault you left me

You turned me away

I am sorry

I will be alright

Good bye my knight

My true love

Goodnight my dear knight

### Life Saver

Did you know he hurt her?

She can't think anymore

Stunned into a thoughtless silence

He laughed at her

She hit the floor

He decided to walk out the door

She stayed there on that floor

He left her half dead on the floor

She crawled towards the door

Crying until she could do it no more

He didn't come back

She fell asleep

The moment she woke up her saviour was there

She was thrilled

He saved her

She turned him away long ago

But he still loved her

She thanked him She told him he was her life saver

He helped her out

She tells him her heart is his now

She won't forget it either

Her life saver

### Love Is Endless

He noticed when I blushed

I turned away and wanted to hide it

No one has ever really done that ever before

I couldn't help it

Those butterflies took over my stomach

I wanted to fly away

I was scared and didn't understand it

Then he came up behind me

He hugged me so tight

It felt so right

I couldn't get it

I didn't know him all that well

We connected and it began

The kisses were like satin sheets against bare skin

The hugs were protective and comforting

Everytime he touched me I shivered

It wasn't because I was cold

It was because i loved him

He made the clouds fade

He brought the sun out every day

Finally one day

I didn't see him again

He left me for someone else

He was gone forever

My heart was trampled again

I didn't get it

Love isn't always the right word to use

I care is a better one to choose

Have fun but don't stop caring

You will get it in the end.

### **Memories Of Old**

I knew he wouldn't remember

I told him the truth

He had forgotten it all

Nothing I said mattered anymore

He was a lost cause

I didn't think he would be

It took a million tries

He still didn't budge

I know he thinks about it

Day and night

That secret it lies deep

It cut his soul deep

He travels alone down that dirt road

Not knowing where to go

His memory is so old

His life is no longer there

His mind is hazy

It's totally gone

He lies in the ground now

Nothing has been so serene

When his memories grew old

He grew older too

Now I watch my life go by

The same exact way

Old memories seem far away

They are almost gone now

When they go

I wish to go too

Never mind how it should be

I don't want to hear it

Just before it happens

I hope you read this

As your memories grow old

You will too

His memories grew old

I did too just days after

So will you

# Moonlight

Moonlight as we see it beauty beyond all else he stalks his prey the ultimate price to pay not wanted to be granted but he must do it the knife slices through her heart the soul was blind beautiful as she would say the night is his time to play wishing he had a better life nothing wanted is left he destroyed his heart her heart and theirs whispering in the dark he falls peacefully in the moon beams finally at rest no one can confide in his secret life he's gone the mystery ceased moonlight as he saw it peaceful and calm wandering in the nights light again it begins again

## **New Chapter**

Like a book has a chapter

Life does as well

You go from being a child to a pre-teen

It has its ups and downs

It lets you understand

A new time has begun

Friends drift apart

New people arrive

You fall into patterns

In giant pieces of time

A new chapter begins

You start maturing more

Time moves you forward

You go from high school to college

Yet we still don't get why

A new phase begins

A new time commences

Someone dances

A new flame flashes

You begin to wonder what it's all about

Wedding bells sing

You wear a ring

Gold around your finger

You kiss as the time goes bye

Long lasting times go by

You start to feel sick

You start to rest more

Not because you are sick

One more chapter starts to begin

You are older now

Your grand children chase you down

You start to see them grow up

A new chapter in your life

# **Nothing Else Matters**

I cant explain it I've tried my heart keeps breaking in two when I'm thinking of who i want i know its wrong but in the end its right yet while i sit thinking of tomorrow the sun sets, my heart flies across the room and for once it feels whole but not truly. if i had the courage the heart to fight and make it right i would but until they know i cant think straight.

I need my light back i need the strength im falling apart at the seems and i cant be fixed right. god if i could i would say it out loud but nothing means more to me than how i feel I am standing here thinking about it Never really ready too don't ask what i mean i wont and can't explain this now I don't know how anyone would understand this at all I am sorry, everything feels wrong and right and upside down

## Now My Child

Now my child

I didn't take your loved one away

I only took the pain away

The pain that made everyone suffer as she prayed

I never harmed her

She's alive and well today

She may not be in this world

But she visits often

She tells us stories about adventures and quests

She rarely ever gives them a rest

It gives us all hope for the future

Maybe my child you don't understand

I took her to a grand old place

There is no pain and no medication

No one ever gets a cold

We watch over you all

My child you aren't alone

She lives on in your spirit and in your heart

She loved you and your family so very much

She might find that one person she has missed so much

He too always lives on in your heart and soul

So now my child do you finally understand?

Do you know who I am now?

Yes, I am your god

I created you by creating this world

I wish it were possible to give your loved ones back

But one day a real family reunion will be given

When my child you finally reach us in heaven

Tomorrow is a new day

New life begins on Earth and heaven remains the same.

## One Thousand Drums

If one thousand drums were beat upon The world would surely hear Let us show them we mean it Let us bring fear Let the tides rush in Wave after wave Until the town has fallen from grace Driven by a wild intention Hated by all confession Drunk and unfit to carry on May the world hear those drums A war has raged and isn't won The battle goes on When will it end? Does the suffering ever end? When one child is shot The hearts of others want to avenge them One thousand foot steps for every beat the drum makes No longer at peace Now at war The sound of one thousand drums Beating for the world to hear

# **Poisoned**

Like a snakes venom poisons you You got poisoned by something else Just for thinking about being someone you shouldn't be Everything goes blank for you Nothing left to decipher You try to remember But you only get bad memories coming at you Nothings for sure Try it again but you'll fall down Your mind has become completely poisoned Media has completely taken over your thoughts This is why you got poisoned You forgot who you were You disappeared Come back and maybe you'll be forgiven This poison will die down at one point This is why you're poisoned my friend You asked me for the reason Here it is You've been consumed by false people.

# Reality

Reality bites

It came up one day and bit my butt

I didn't get why

I noticed that I wasn't in the present

I didn't feel the need to be there

I wanted to fall away from there

I was tired and stressed

I had no other way

He led me astray

I washed my fear away

It stalked me for the longest time

I wanted you to see

Apparently I needed to grow

I got away

It found me again

I waited and waited

Day by day

It never left I never got away

Reality man just go away

## **Row Upon Row**

</&gt;Row upon row of flowers

In this cemetery it is so common

They bloom and flourish

Like lives born then taken

Born then reborn later on in life

We stand tall for them

They fought for all of us

Family members and friends lost in battles

You barely remember those voices

Men and women fighting for you and me

One moment of silence is all that was asked for you

You ignored it because you didn't get it

Row upon row poppies will always stand tall

You ignored the reason for remembering those lost in battle

It isn't right to do

You wore that poppy still for no reason to what you know

You thought you could do better then what they did

After all now you understand

Go fight then

Maybe you'll finally learned why we remember

Nothing is ever right for us

You don't learn without some experience

No one really does

That's why we make mistakes

Row upon row

You now stand in the cemetery

Commemorating a friends life

He died for his family

He died for you

Row upon row

Now do you see why?

The flowers stand tall

The stand tall like the soldiers do

To remember why they fought

This is why we call it remembrance

Remember those who lost lives

They fought hard and died

They died for us to have good lives

Lest we forget

Don't forget Remember!

Have a good rememberance day and stand tall walk tall don't shed tears for those lives lost smile and show them you know they did what they could for us!

# Silly Puppy Dog

There is this dog
who sits on a log
she is a very funny dog
She barks at squirrels
She whirls and twirls as leaves fall down
But this silly dog never gives back that stupid ball
She squeaks those toys in the morning
all day and all night
Her tiny baby nub of a tail wagging
Shows signs of loving
Happy as can be
My sweet silly puppy Sadie

## Stressed Out

</&gt;God I know your watching me It isn't fair to me I stress alot and cannot stop You see it's because I am deeply cut

I started out right just as happy as could be Then something changed that A little lie is all it took I was pushed over the edge

A little while later
Things kept piling ontop of my shoulders
I started getting weighed down
No one seemed to notice it
Why did you let it happen

I got even more stressed
My hair started to go grey
I found one
I can't be going grey this young
At only 18 I start to go grey

I started to relax little by little Then it piled up again It is still piled up on me I can't take it anymore!!

Everyone notices now
At school and at home
I don't relax easily
You should've showed them
I wish I was alright

Stressed out and pained
I walk down the halls again
More then the bag I carry is weighing me down
It's my friends, my family, myself
They don't get why though

I don't get it now
I am lying down and crying
I wanted to be alright
I guess I can't
This is me
Stressed out beyond all rights and beliefs.

#### **Tears**

I cried today

I haven't in a while

My parents didn't notice it

I was upset

They were fixing up dinner

I was upstairs

I sat up watching a clip

I couldn't see why it happenned

That kid only 2 years old

Getting abused! ?!?!

I wanted to hit the mother

The step father too

They made me so mad

I felt bad

I started to tear up

It got worse as the clip played on

I couldn't believe what they had done

I cried even more looking at those bruises

They were all over her face

I wanted to scream

I wanted to save her

But how

She was already saved

She isn't alive

I watched the clip again to show my mother

She cried with me this time

I had a very bad feeling about it

I wanted to watch it again

Those images were already replaying in my mind

I was so upset I cried even more

I let it pour

I let my tears run

I couldn't help it

I couldn't even stop it

I felt useless

So even more tears came out

It ran me dry

I sit here now

Remembering it all

How could they have let it happen I am so sorry little one R.I.P now
You can be at peace now
Those tears ran one final time
I went to sleep
I was finally done.

# Thoughts On Life

Imagine you were on a building Singing at the top of your lungs Waiting for the right time to come If you listened to your heart

It would start to race on the dot

Maybe life is ticking to fast

Listening to everything fly by you

It's like time just stood still as you grew older

Nothing seems real but everything is right

Trying to hold onto what you want

Realizing what is now behind you

Take flight and soar above it

You're right to regret it

You are truthful to believe it

If you want it

GRAB ONTO IT AND KEEP IT

Nothing is ever able to derange

Life is almost at its end

Where did it begin?

Why does it end?

No one can ever truly tell you

Just imagine what you can when its time for you to go

Until then ride the waves

Sail through the coasters

Hold onto what you got

Love until you can't forget

Revisit your thoughts

Change your heart

Love everyone for who they are

Hate everyone for faking who they are

But love one and all

Nothing can cause you to fail

Just remember to love

Now you're ready to begin

One more time in the circle of life!

### **Touch**

When I say I am not ready Why do you still force it upon me? I told you I am in love Yet you think it's with you I cry and make you feel so guilty Yet you still touch me I scream for the time to end I run and hide You still pursue I haven't been okay You stole the light I finally feel safe because someone cared Yet once again another begins I feel powerless and alone I wanna scream out I want to be gone Vanishing into the night You will never get it Even with a sign on my door How many more times will I need to do it Tell you I don't want too You need your lower brain You never think with your own mind I dislike the fact I get no say Why force yourself on me If I say no then don't If you want it then tough sauce for you I am a human with feelings I have opinions and needs Please just step off of me I am a living person You want someone to touch Touch a doll Touch a frog

**Emily Casbourn** 

Stop touching me!

#### **Trust**

You know my secrets

you know all i know

well not anymore

You lost my trust

You sold my secrets away

You know that it is wrong

You still did it

I don't know who is right to trust now

It has happenned before

But you werent the culprit

Now you are

How does that stand for you

Your no longer trusted by me

You were my best friend but i don't know now

You lost that as soon as you broke my trust

I hate that you think its okay

You tell me things

I don't let it out for others to know

Yet I wish I had

But you know what

I wont I am better then that

Yoou can be dirty

You back stabbing jerk

I can't trust you

I doin't think I need to

Good-bye to you being trusted again by me

I can't let it go that quickly

But so you know I wish you hadn't

I wish nothing happenned

I am so angry I can't explain it

You let it slip out

You couldn't even think of how it would end for you

So now your gone good-bye

Fairwell and take care

Don't wait for me anymore though

I have had it

Good-bye backstabbing friend

# **Truthfully**

If you told me you were faithful
Would you still be truthful
I walked in on you
You were with a client
Nothing was wrong
I could trust you to be faithful to me

I dried my hair stepped out of the bathroom On the floor you lay A woman beside you on a chair She wasn't anyone I knew

I honestly wanted to scream You lied to me I thought you had

I knew truthfully you wouldn't hurt me I jumped to a conclusion We split up soon after

Truthfully I was wrong

Now you hear my whispered song

I lie in my bed waiting for you to come along

When will this be

Do you want to be mine again

Truthfully if I were you
I would walk away for good
I hurt you
I was wrong

Truthfully
I was wrong
I hated watching you go
I truthfully wished it was a dream

I truthfully wish You weren't gone Thanks for the memories Truthfully
Just come back to me now
I am sorry
Truthfully

## **Tuckered Out**

When you can't sleep You become so tired you can't begin to explain it You toss and turn throughout the night Everyone is scared because you can't sleep anymore Your little girl screams and cries She's either hungry or needs a new diaper You begin to cry This is because you're so tuckered out Your husband left you again He's at a hotel sleeping peacefully He comes home and you're on the floor He wonders why this is You look up and yell at him He takes the baby and cares more You finally sleep Completely asleep you cry still Thank you for taking her Take care of my little girl's life This is when she sleeps for good No longer alive She leaves this world in peace for once.

### You Did This

I thought that you'd be different,

Not like the ones before

You made me feel good and it was perfect,

but then something happened

I started to want to see you again,

You told me the same thing

We kept planning things and you'd never let me know

Or you'd just never show

My heart started to feel bruised

I got so nervous,

I ended up talking to my friends about it

They just told me to try with less effort

Finally I did and it made you let me go

Do you remember when we broke up?

You told me that you didn't want to lead me on

It was because you had another girl in mind

I didn't see it at the time

You had given your heart to someone else

You even said that you couldn't deal with a relationship

So you found someone different

I didn't know how to react

I didn't cry

Why should I if it was something that never was

It didn't even begin before it ended

Now three months later

I sit here and cry

I honestly thought you'd be fair and give me a chance

Now it's my turn to break up with you

I am sorry I can't handle boys

I just can't do it

So good-bye to you

I don't need anyone to do that now

You showed me that

Thank you for showing me

For showing me that love is nothing but a poison

A killing drug

It hurt me a lot