

## Poetry Series

**Dr.Mosam Sinha**

**- poems -**

**Publication Date:**

January 2010

**Publisher:**

PoemHunter.Com - The World's Poetry Archive

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### **Dr. Mosam Sinha (20-6-1977)**

Dr. Mosam Sinha was born on 20 June, 1977 in the city of Haldwani (Uttar Pradesh) India and brought up in historical city of Nawabs known as Rampur (Uttar Pradesh). He lives in Rampur and did his education from there only. He is an International poet, reviewer, broadcaster, trainer, counselor and above all a teacher. He passed high school and Intermediate from U.P Board and did B.A and M.A (English) from M.J.P. Rohilkhand University, Bareilly (U.P). He completed his doctor of philosophy on Dr. I.H Rizvi, an International poet and critic of modern time in 2006. It was first Ph.D on Dr. Rizvi worldwide. He did a Certificate course in Teaching of English from IGNOU and B.ed from Chattisgarh. He also did a Vani Certificate Course conducted by All India Radio, Delhi.

Dr. Sinha has about nine years of teaching experience. His areas of teaching and training are Professional Communication, Technical Communication, Personality Skill Development, Presentation Skills, Speech Dynamics, Voice Dynamics, Anchoring Skills, Scripting for Radio Show, Phonetic Skills, Case Analysis, Interview Skills, Resume Building, Leadership skills, Stress Management, Time Management, Written & Oral Communication Skills, Listening Skills, Business Correspondence, Business Etiquettes, Negotiation Skills, Art of Persuasion, Marketing Communication, G.D Skills, Teaching of poetry, prose, drama, short stories and grammar. Presently he is Head, dept. of English Communication & Personality Development at Teerthanker Mahaveer University, Moradabad (U.P). He is also the research supervisor of Teerthanker Mahaveer University, Moradabad and Vinayaka Missions University, Tamilnadu. He is guiding two students of M.Phil and one student of Ph.D. He is a visiting professor and trainer of School of Performing Living and Visual Arts, Moradabad and career counselor and trainer of Institute of Career Guidance and Placement, Rampur. He is also the executive editor of International Journal of Management named Proficient. After having served as a part time presenter for about six years in All India Radio, Rampur, he is still in tuned with radio and often presents his programmes there. He has done more than fifty stage shows as a host.

As a literary figure, Dr. Sinha has written about 40 poems and about 120 haiku in English and about 40 poems in Hindi. He loves composing haiku. He has reviewed the poems of various contemporary Indian English poets. His poems and papers have appeared in Canopy, Indian Book Chronicle, Poet, Poetry World, Poets International, Poetcrit, Samvedana, Metverse Muse, Opinion Today, Gyan Jyoti, Vidhya Megh, and many other journals and newspapers.

As a writer, Dr. Sinha has written four books. He wrote 'Professional

Communication', 'Basics of Communication Skills' 'Remedial English Language' for students of B.Tech, ' A Refresher on Technical Communication' for the students of BCA of M.J.P.Rohilkhand University, Moradabad with Kedar Nath Publication, Meerut(U.P) .Presently he is writing a book entitled 'Business Communication' for the students of MBA of Uttar Pradesh University, Lucknow.

In the year 2009, Dr.Sinha received Editors'Choice Award for his creative skills and contribution to Indian English Literature by The Home of Letters, Bhubaneswar, Orissa.He was also conferred upon with the highest citation: 'Life Time Achievement Award' by International Poets Academy, Chennai for his contribution to world poetry.Soon a book consisting of various poets of India with their poems including him as a poet is coming up under the banner of The Home of Letters, Bhubaneswar. Dr.Sinha is trying to come up with a collection of poems in a book form soon.

Dr. Mosam Sinha

Works:

Books Published:

-Authored a book for B.Tech (Professional Communication) based on UPTU curriculum with Kedar Nath Ram Nath, Publication, Meerut (U.P) .

-Authored a book on Communication for Managers with Kedar Nath Ram Nath, Publication, Meerut (U.P) .

Refreshers Published:

-Authored a refresher for B.Tech (Professional Communication) based on UPTU curriculum with Kedar Nath Ram Nath, Publication, Meerut (U.P) .

-Authored a refresher for BCA (Technical Writing) based on M.J.P.Rohilkhand University curriculum with Kedar Nath Ram Nath, Publication, Meerut (U.P) .

-Authoring a refresher for B.Tech (Remedial English Language) based on UPTU curriculum with Kedar Nath Ram Nath Publication, Meerut

## **Discipline**

When I deeply go in search,  
find disciplined the universe.  
Well ordered by natural laws,  
governed, dynamic, without flaws.  
All the plants molecules,  
elements, atoms, go by rules.  
Divinely disciplined, so safe,  
go on without deforming shape.  
Indisciplined a life, we live,  
disorder is all we give.  
Fights, tensions, quarrels, hate,  
sick at heart, ill fated fate.  
Law and order if we bring,  
to life and be disciplined,  
safe, smooth, the life will run,  
deeds will be perfectly done.

Dr.Mosam Sinha

## Haiku on Flower

Hidden in green grass  
like a lady behind curtain,  
a flower leads its life.

Its beauty is endangered  
as one plucks it for oneself.  
Let it enjoy life.

Beloved can be pleased  
with a word of praise for her.  
Why to kill its beauty?

Born to spread fragrance;  
to sweeten the hearts of others,  
not to endure pain.

Don't pluck lovely flowers  
to be offered to worship God.  
Divine force is there.

Dr.Mosam Sinha

## **HAIKU ON WOMAN**

Woman, the goddess  
is burnt in ashes of dowry  
for her sinlessness.

Woman, a precious gift  
of Almighty, God is crushed  
under the feet of man.

Don't trample the rose  
Resting on her fragrant cheeks.  
God's pure gift to man.

Vultures pounce upon her  
toying with her like a prey  
in the field of ills.

Streams of tears are shed.  
Virtue has melted in air.  
A gift of modernism.

There is dark chamber.  
sounds of sobbing come through it.  
A woman is there.

Save thyself from snare  
laid by so called gentlemen.  
She needs your due respect.

Dr.Mosam Sinha