Poetry Series

ESPN CHICK

- poems -

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ESPN CHICK (07-18-1989)

I love writing sometimes its a way to my escape. My writings vary into different categories from depression to love I write about everything. Poetry has saved me from totally losing it completely. All my poetry isn't good but if you like it thanks a lot. I hope that my poetry can inspire someone or maybe its something that someone is going through but I hope you can relate!
THANKS BUNCHES!
I am on Twitter https: //twitter.com/ESPN_CHICK
P.S. If you have any questions feel free to message me on AIM my username on AIM is sportsangel71923

2 in the Morning

It's 2 in the morning, I'm tossing and turning
Thinking of you all night long
How can this be?
Thought I was over you forever more

How can I have fallen like this?
I know deep down I don't love you
I can't love you
After all I still honestly don't know you that well

After all you never let me in
Thought after all these years of talks we could remain good friends
But I guess I was wrong
I was stupid for opening up to you

Letting you know my darkest desires
How can I sit there and believe you actually cared
So I'll go on and move along and pretend to forget all about you
Somehow, someone else will take your place in my mind

November 25,2009

ESPN CHICK

4 Years Too Long

I still see your face everywhere I go
There's not a minute an hour that I don't think of you
Its been 4 years today it seems like it just happened yesterday
I still let a tear or two roll from time to time
You meant so much to me and I can't replace how much you loved me
I just wish I had more time to tell you that I loved you
I mean you were a father figure to me
Even though you were just a grandfather but you were the next best thing and I can't even say how much I miss you today
Nothing I say will bring you back anyway
I miss you so much and no one can replace what an impact you had on my life
Although I know you're watching me but its just not the same
Even 5 years from now I'd still miss you just as much
I miss and love you! ! !

May 26,2009

ESPN CHICK

A Girl Like Me

I wonder why I can't die
Cause I'm filled with pain
Broken all over the place

And I'm still here in this flesh
Still moving when I should be six feet under

I tried hard to die but I'm still here
Knowing no one will miss me
Even though I wish he would miss me

Cause he meant everything to me
I wish he knew the way I felt

But he never will
Not till the day I die
Even though I have tried to tell him

I don't think he would ever love a girl like me
A girl who wishes she was dead

A girl who is broken inside and out
He would never love a girl like me
Therefore he can never know how I feel till the end of my time

January 6,2008

Not good i know but who cares

ESPN CHICK

A Pain Looked Over

I've been hurting for a while now
And I don't know what to do anymore
After all I've been through
Feels like I'd be better if I did give in

Because I know this pain will never go away
No one will ever see all that I hold inside
No one even tries to get close to me

Just laying here dying inside slowly
Pain twisting around in me
Inside and out pain is all around me
No matter where I go or who I see

I hide it all underneath
Underneath my skin
No one will ever understand me

No one even sees the pain I hold inside
I can cry a few thousand tears and no one would
even notice
Seems like no matter what I do
Nobody will ever notice me not even if I'm dying on the ground

Nov 28,2008

ESPN CHICK

A Sad Christmas Story

The turkey is cooking in the oven
As the family gathers around the table to pray
It's Christmas day and all they can do is cry
The first Christmas without her

A mother, a father, and two brothers
Lost their daughter and sister two months ago
As they stand around and hug each other
Tears are falling everywhere

As they think about the past
Two months before a 16 year old girl commits suicide
How and why they all wonder
The family is lost without her

Without her smiles and her laugh
Without her Christmas spirit
If only they knew the reasons why
They ask God to keep them strong

But deep down inside they all are broken into
Broken and shattered into pieces
For the light they all knew as blown out
They wonder why God took her

They just don't understand
Oh how they wonder each and everyday
Especially today of all days
With the Christmas tree all decorated

With the food on the table
They can hardly eat
As one seat remains empty
Will this family ever find peace

Will they ever find the reasons why
Why this girl they all loved so dear
Shot herself in the mist of that night
It haunts them to the bone

They keep praying and then they read the Christmas story
Of how God sent his son to be born on this day
How Jesus was laying in the manger
Then they question themselves

If they believe in God then why did he let this happen
Why did he let a girl die so young
All the questions fill the air
Maybe one day they will all see that she was hiding everything that God never had anything to do with her dying

December 25,2008

Made Up

ESPN CHICK

A Second Chance

He looks up in the sky and asks God 'Will you please shine on me? '
He's restless because he knows there's a brighter pathway ahead
With tears in his eyes he tells God I wanna live for you and only you
You are the sun in my life
Even when its cloudy outside
You know me inside and out
God you even sent your son to die for my sins
It took me so long to even understand your love for me
But now I know that my sins are wrong and they were crucified on that cross with a sinless perfect man named Jesus Christ
So dear God thank you for life for giving me a second chance

A second chance that I didn't deserve
After I cursed your name you still took me under your wings
You healed the wounds of my heart and soul
Now I can tell everyone around me that no matter what you've done
God will give you a second chance

June 25,2009

Not that good could have been better but there you go anyhow

ESPN CHICK

Addiction

I thought I could stay away
But I just couldn't bare it anymore
It was calling my name so I had to
I know I gave in

But I can't be strong
I never was and never will be
I knew it this strength wouldn't last

I'm weak as weak can be
I saw the knife one to many times
I tried to hold myself back
But I couldn't

And it felt good to see marks on me once again
To feel the pain
To feel alive
But now I want more and more its my addiction

I tried to kill it but it wouldn't die
It had me trapped and I couldn't get out
Suicide is no longer on my wish list
But I still feel alone

I still have this pain it lingers me
I wish I didn't have it
And I wish pain didn't exist
But it does and it hit me

I thought I could be happy
But I should know better than that
Cause pain follows me everywhere I go
And cutting is my addiction

I admit it now I want to do it more and more
Just to see the scars to feel alive
Sometimes addictions come and go
And I thought this one was gone

But it came back at my front door
And now its back to stay
Cutting is mine for always
Its an addiction and its hard to break

ESPN CHICK

Against The Wall

It's hard for her to be strong
With her back against the wall
She's feeling weaker by the hour
Knowing she ought to give in but there's hope inside

All she's got to do is reach for it
It's harder then it seems
Especially when she's back against the wall

What's standing in her way anyhow
The thoughts she swore she could keep away
The thoughts she swore she buried and left them behind
Or is the pictures that's flying in her mind of him

She swears that there's no air around her
Grasping for it but she's coming up short
Thoughts of dying still sticks to her mind

Her screaming soul lost and confused
Now she's found herself against the wall
Thinking of how she needs him now
Looking around trying to shake the images

Wishing that he would come and save her
Save her from herself
She's slowly pulling herself together

Pulling herself away from against the wall
She hears the doorbell and walks slowly toward
Opening the door and there is her missing puzzle piece
There is what she's waiting all along for

No more sorrows or thoughts of dying anymore
Because now he's there to rescue her from herself
She had to pull herself together and pull herself from against the wall

Now there's no more tears or pain
He's there wiping it all away
Fighting her fears
She's got all she needs now in her arms

December 25 2009

ESPN CHICK

All I Needed Was A Friend

Invisible is what I am
To everyone that surrounds me
I am alone and hurting
There's pain that won't die

I feel alive but sometimes I wish I was dead
There's Problems no one will ever understand
I feel alone and invisible

Can you see me?
Why do you ignore me?
All I wanted was a friend or two
But You will never understand me

You will never see me
You will never care that I am all alone
In pain and misery

Can't you see I need a shoulder
I need someone to talk to
I need a helping hand
All I needed was a friend

ESPN CHICK

All I Think About

These feelings for you is indescribable
I wish you knew how I feel
But every time I try to tell you I get tongue tied
And I don't know what to do or say

I wish you could read my mind
So you would know how much I love you
How your name never leaves my mind
You're all I think about

Every time I turn around I find out
That I can't breathe without you
I wish you knew that you've taken over me
I never have felt anything like this before

You just don't know what you do to me
And I know that these feelings won't ever die
Cause I've already tried to kill them
I wish you knew that I can't live without you

You are all I want
You are all I need
And I think about you everyday of the week
Sitting here wondering why you can't see that we are meant to be

I see it in your eyes
I know you need me too
Can't deny it won't ever let you
I hear it in your voice when you speak

I know how much you want me to
I can feel it in my soul
Now turn around and look at me
You know you can't live without me

ESPN CHICK

All I Want

All I want is to be with you
I wanted you and me to walk the line like no one is watching
Take me in you're arms and never let go
I feel safe in you're arms

I wish you could see how bad I need you
I can't let these feelings go
The look in you're eyes is so innocent
You're smile brightens up my day

All I want is to be with you
I wanted us to lie under the stars
Take me in you're arms and never let go
I wish you could see how bad I need you now

Every pathway I take leads me to you
There's pieces of me that tell me I need you
The rest of me doesn't know how I feel
I have all these mixed emotions about you

(4-23-07)

ESPN CHICK

All My Lies

All my lies are finally catching up to me
And I wonder how I could tell all those lies especially to the one i love
I just want to stop, think, and analyze these lies that I have told
I want to tell the truth again
I want your trust back
Because I need you, I need a shoulder to lean on
I promise I won't tell another lie cause they have gotten me no where
but into a giant hole

(9-14-06)

ESPN CHICK

All My Life

All my life I've walked down this pathway all alone
Facing all my fears and trying to survive
Wondering will it ever be my turn to shine
Cause all my life I've wanted to be something more than this

Something more than this girl that I am
This isn't the girl I dreamed I would be
Want to be more than this
But I lost all hope and now I'm not sure what to do

I'm lost and alone
Forever and always just me, myself, and I
That's all I will ever have
No one can see through the pain and tears behind my eyes

Wishing that someone would come and rescue me
Because I've waited all my life to shine
Now I guess I'm on my own
All my life I've waited and I guess I'm forever alone

Aug 5,2008

ESPN CHICK

All The Pain

You keep falling and falling and you don't know what to do
Tears fall down your face at night
Cause during the day you hide them behind your eyes
Pretending to be okay

Covering up everything in the mirror
Hoping someone might see through
See through your eyes
And see the pain inside you

Cause you've built it up through the years
Trying to stay strong although its hard to stay strong
especially when you're hurting so bad
Broken and bruised

All the scars on you represents a story only you know
And you know that no one else will ever understand
You keep it all inside and let it out only at night
Screaming at the top of your lungs

Putting more scars on you with a knife
You keep the knife hidden at all times
Take it out when nobody's there
And its your addiction

You've tried to turn away but it kept calling your name
And you missed the pain
It also soothed your soul
Your dark black soul

You keep going back for more and more
How can nobody see it
Are they really that blind
To see the scars on you or are they just dumb as hell

You're dying and screaming
But no one can hear they shut their ears up
Not caring at all
You wish that you could some how turn back time

Turn back time and change everything
So you can be happy and not fake it
But you know that will never happen in a million years
Taking it day by day wanting to die

You're already dying inside
You don't know how much more you can take
All this pain is just to much
Its tearing you all a part

But you don't know what to do
So you just lay there all alone

Hoping that someday soon you won't be here
In a way you want to die but then again you don't know what you want

So you lock all the pain away inside
Hoping that one day someone will see through your eyes
And see all that pain
All that pain that you've hidden through the years and that maybe just maybe that someone will come and rescue you and make you whole

March 7,2008

ESPN CHICK

All Tied Up

The first time I saw you, I knew we were suppose to be together. I couldn't keep my eyes off of yours. This seems like a roller-coaster ride it goes on and on, seems like forever. My love is like that, especially when I saw you. It was your eyes, your smile. I couldn't keep my eyes off of. It seems like when I see you I'm in a whole different world.

I try to act normal when I'm around you, but every time I try I just get all tied up inside. I get so nervous and I just want to know how you feel about me. I try to talk to you and when I do I get all tied up inside. Its not the way I normally am I just think I'm in love with you.

No matter how hard I try to get you off my mind, your all I think about. When I see you and I try to talk to you I get all tied up inside.
I wish I could read your mind to see what you think of me. I cant help the way I feel about you its just your hot body I can't keep my eyes off of. I get all tied up inside whenever I talk to you. I don't have anything to say I just stare at you and you just try to snap me out of it.

I try to act normal when I'm around you, but every time I try I just get all tied up inside. I get so nervous and I just want to know how you feel about me. I try to talk to you and when I do I get all tied up inside. Its not the way I normally am I just think I'm in love with you.

I just want to try to get to know better, I want to see what we have in common. I try to act myself around your but I get all tied up inside.

(2004 or 2005)

ESPN CHICK

Alone

I don't think I can handle another heartache
I'm so lost and I don't know where to go or who to turn to
So I think I will bury deep inside of myself

I'm alone forever just me, myself, and I
I'm already broken and I can't put myself together again
Too broken to fix no one can hear me screaming

How I want to be saved but I know there's nothing that could make me happy again no matter what

I'm crying every night
Lying in all my tears
Watching the days pass me by
Watching my life disappear

(9-23-07)

ESPN CHICK

Alone and Confused

I will never know how I feel
Cause I am caught up in a moment
So emotionally
I can barely breathe

I am so confused, so lost
Lost within myself
I don't know what to do

I feel alone
Feel like crying my self to sleep
Just so I can dream my heart away
Dream of the life I want

Dream away all these sorrows and fears
Wishing that my dreams would become reality
So that I could actually be happy and it would show

Seeing inside you would understand
But you don't even know what I'm about
Cause you don't even see me at all
I wish you and the whole world could see that I'm so alone

Alone with these thoughts of cutting and suicide
Alone without anyone in my life
Just so alone and confused

November 19,2007

ESPN CHICK

Always Lying

Take a picture of me and tell me that its lying
And it is lying because I've covered up all the scars
All the tears that I've cried and everything in between
I've covered up my tracks
Covered up my lies and my broken body
Can you see me
Can you hear me
Don't you know that I'm okay
I scream because I know I'm alone forever
And I listen to my heart because I know it won't lie
I know that I only can count on me, myself and I
Don't you see that I don't need your sympathy
Forget everyone I'm on my own
So who cares if I get lost in the middle of nowhere
I know no one will look for me
I don't need anyone to look for me
I will die in that place in time
Cause I know its my time to die
So don't tell me other wise
And yeah I'm going to hell and I will meet you there
I swear right here tonight I know myself better than anyone else
Tell me I need help screw you
I don't need anyone to help me
Not anymore I'm threw with help
Cause everyone says all the wrong things
And now I'm stuck here lying to myself
Saying I'm fine
Pretending not to cry every night
Cause most of the time I do cry
Who cares its natural
Tears was put into our eyes when God made us
No sense in letting them go to waste is there
Don't tell me how to live my life
Look in the mirror and tell yourself how to live
I'm better off alone
Everybody knows that I'm a loner forever and always
No need to bother me now
I'm better off leaving my sorrows inside
Better off knowing where I belong
I'm better off alone
Better off spending the rest of my life locked up inside a cabin
Writing forever not letting anyone in
That's who I will be
No one wants a broken girl
A girl who never admits that anything is wrong
Always lying but her nose isn't growing
So she will continue lying until the end of time
Cause lying is all she knows
That's how she covers up everything
So sly like a fox
I know I'm alone and I'm a liar so are you
I'm broken and bruised

Confused and hurting from head to toe
I know I will never be whole so don't bother in trying to save me
I'm already dying
There's too many pieces of my broken body on the ground
No one could ever put me together again

29 Jan 2008

ESPN CHICK

Amazing Grace

Amazing grace how sweet the sound
How could you save a wretch like me
I'm no where to sinless but you love me anyhow
And I wonder how could you love me when I've denied you to your face

Amazing grace I'm alive when I've tried to die
You held me in your arms when I didn't want you in my life
But you protected me under your wings
Oh amazing grace let me scream it out loud

You're amazing oh God and I wouldn't ask for more
Amazing grace it's astounding
It's amazing that you sent your son to die for all our sins
Just so we can repent and spend eternally above
Amazing grace you set me free from all the pain

July 8,2008

ESPN CHICK

Another Day

Another day alone
All by myself
Another day of sadness
Another day without him
Another day wishing my
life away
Just another day
To hear nothing but lies
Another day watching the time
roll by slowly
Another day
Just another
boring day all alone

(2005 or 2006)

ESPN CHICK

Another Day Without You

Another day with you on my mind
Another day without you in my life
How could I let you slip on by
Without you I can barely breathe
Without you in my life I'm just ordinary
And with you in my life we're extraordinary
I'm gonna find you
Gonna get to you
I've gotta be with you
Cause you're the only one that makes me feel this way
The only one who puts a smile on my face
Only one that wipes away these tears from my eyes
Oh how I've just gotta find you
Gotta have you here beside me
Can't live without you
I need to hold on to you
Cause without you in my life I'm nothing at all

January 1,2009

ESPN CHICK

Are These Feelings Real?

Do I need you
I know I want you
But do I really need you here with me

I think I do need you
But am I making myself believe that

Every time I talk to you
You make me smile and make my heart melt away
Is this real am I falling for you

Cause I don't know if its real
I swear I'm dreaming

Somebody pinch me
Cause I need to know if its real
Or if its just make believe

Or is this a scheme to make me whole
I haven't talked to you in a while

And its killing me inside
Tearing me apart
But you don't even know these feelings that I have

All my thoughts are you
Nothing else is on my mind

I've pushed myself to the edge
And you pulled me back
Saying all the right things

I never knew how much you meant to me
But why do you mean this much to me

Are you my excuse to be whole
But I can't force myself to tell you exactly how I feel
And I don't know why I guess I'm just shy

You had me at hello
Had me falling for you from the start

I can't explain how you make me feel
I wish we could actually meet and maybe you'd be the one
The one I would fall for and forever be with till the end

We have so many things in common
And I love when we debate

I have so much fun talking to you
You always make me laugh even when I'm crying
I wish you knew what you do to me

You make me feel alive
And I do need this pain gone

But would you take this pain away
Or would you be the one who would just add more pain
I need to know if you are the one

But am I just choosing you to make me whole
And nothing more

Am I just pushing myself to believe that I need you
That I need you to make me whole
After all I hardly know you that well

Even though we've talked off and on for a while
We've never actually met face to face

But you do make me happy
Am I needing you to make me whole
Or are these feelings for you real

January 28,2008

ESPN CHICK

Are You?

Are you sure that you love me?
I'm tired of being hurt
I don't want to love you if you don't love me
Are you for real when you say I want to be with you forever?
I don't want to waist your time if you don't mean it
Are you willing to make sacrifices?
I feel something with you that I have never felt in my life
Are you sure that you love me and that you want me in your arms forever?

(June 22,2006)

ESPN CHICK

Around You

When I'm around you I can be myself
I can relax and know that you'll catch me when I fall
When I'm around you I know nothing can go wrong
I feel breathless when I'm around you
This life of mine is complete
Since I've found you
You actually care about me
You took away this pain
Wiped away these tears
Held on to me even though I lied to you
I could not ask for more in you

(May 31,2006)

ESPN CHICK

As Long

I sit here all alone tonight
Listening to the storm as it arrives
The raining pounding on the rooftop
And the thunder booming will help me sleep tight tonight
As long as the lighting don't crash my dreams

As long as I can hear the rain cause it sounds good
Sounds like music to my ears
And I just image myself out there dancing in the rain
Longing and waiting for the rain to drown the pain

The thunder is getting closer now
Its so loud but sounds good
The thunder rolls in the clouds covering up the sun
Its dark and no light is around only the streetlights
The thunder loves to roar like a lion at the zoo

The lighting is bright and it peeks through the windows
Making it hard to go to sleep
As long as it keeps raining I shall not fear
The lighting strikes anything in sight

But as long as it doesn't cut off the lights
As long as the rain keeps pouring in on the rooftops
As long as thunder keeps roaring I will forever be in peace
And forever be in touch with nature
As long as it keeps raining and the thunder roars I will sleep well tonight

February 17,2008

ESPN CHICK

As My Pen Bleeds

As my pen bleeds on this piece of paper
I sit and think of how the time stands still
It goes by so slow
Especially if your waiting on something or someone
As the pen keeps bleeding I wonder if I can get anywhere in life
I sit and think of all the opportunities I have
Theres only one problem with it who wants a girl in a sports world
I just wonder how long its gonna take for me to prove that I'm just as better as the guys
I know 10 times more than they do

In my world I know I can do it In another dimension I cant do it
I don't know what to do
It seems like I'm being selfish wanting to be in a sports world
But I'm just wanting to live my dream
A once in a life time deal
High school is really tough and they don't know that I'm a sports major
They would just laugh and go the other way
What is it about a girl like me wanting to be in sports
Doing something she absolutely loves more than anything in this world
As my pen keeps bleeding so am I on the inside
This life of mine really sucks
Seems like everyone is against me and hates me
What can a girl like me do?
I want this dream more than anyone will ever know.

ESPN CHICK

Asap

I really want to know how you feel
Please let me know ASAP
I can't wait forever
Let me know if you want me ASAP
You say you want me but you never call
Let me know ASAP
I can't wait on you forever
I need to move on if you don't want me
But you act like your jealous cause I'm ready to move on to another guy
If you want me so badly let me know ASAP

(May 13,2006)

ESPN CHICK

Bad Day

It seems like everyday is a bad day
Walking and you fall
Fall so hard that you wish you would never get up
When you have a bad day you just want the day to end
Hoping that tomorrow would be a better day
For me the past two months have been bad
Hoping that this is just a dream but waking up to find its really happening
Bad days come and go
Better days come once in a lifetime
When you have a bad day you wonder if you could just walk away from it
Even though you can't control what happens you still try
Knowing that tomorrow is going to be another bad day
Waking up dreading the next day
Cause you have a bad day, smile
Cause you never know when you will have a good day

(July 8,2006)

ESPN CHICK

Barely Breathing

I see the scar upon my arm
I strive for more but I know I must be strong
But I feel so weak that I can barely breathe
I grasp to feel the air

And there's no air around me
I don't know what to do anymore
Crying out your name Lord

Praying cause I know that's the only way out of this mess
I'm sorry for the things I've done
I don't know what else to say
I'm speechless as can be

You know me better than anyone
So please hear me out tonight
Free me from this pain

Breathe air into me and make me real once again
Cause Lord I can't do it on my own anymore
Every time I do I wind up back in the same place
I wind up broken and bruised

Lord hear me out tonight
I'm lying on the floor barely breathing
Feels like there's no air surrounding me

I need you because no one else will listen like you do
Open up my wounds and heal them and make me yours
Hold me underneath your wings
And protect me from the storms

Cause I know you're all I ever need
But there's always something holding me back from you
I need you now I have to be strong

I'm barely breathing and only you can save me
Only you can make me feel alive and help me breathe once again
I don't know what else to do so I'm coming to you hoping and praying
That no matter how many times I screw up you will be there to catch me when I fall

June 30 2009

ESPN CHICK

Barely Hanging On

I'm walking on an edge trying not to look down
Trying to make it without falling
I look up at the dark sky the only light is the stars
Looking to see if I can find the North star so I can find my way back home
Tired of just barley hanging on
Just wanna be alone sitting at home wondering can I ever make it to the other side
Make it on my own
I just want to be me, chasing the one thing over and over that I will never catch
If everyone tells you to follow your dreams then why is it every time I do it everything breaks apart

(2006 or 2007)

ESPN CHICK

Battle Inside of Me

Every day when I'm around people I fake the smiles
The nights are getting more lonely every night
Deep down I'm hurting
I've built up a wall around me

Things are still the same
I still hate what I see in the mirror
I thrive for more scars but sometimes I fight them away
Crying in my mind because I know I'm forever alone

Alone to feel this pain
Alone to face these fears
I still try to drown out the pain
Still try to pick up the pieces of me

This life isn't what I hoped it would be
I thought I would be more than this
Thought there would be more to me
Was hoping by now I wouldn't be alone

The pain, I was hoping that I washed it all away
Nothing seems to ease my soul
The only time I feel real is when I'm alone
When I'm alseep I feel alive

I guess you can say that my dreams are my therapy
Because no matter what I can be myself
I don't have to hide
I have somebody by my side

I don't know what more to say
I'm fighting this battle inside
And I swear that I'm losing
Feels like a tornado keeps ripping through me

And I'm stuck out here in the middle of nowhere
Wondering if anyone hears my screams
If anyone sees through these eyes of mine
I know nobody will ever notice me

I'm trying so hard to be strong
Trying hard not to give in
I'm fighting this battle inside of me to live another day, to breathe one more breath or two, to cry a tear or two
But if for some reason I lose this battle inside at least I know I fought to the end

Aug 29 2010

ESPN CHICK

Beautiful Day

When I see you smile I know you care & love me
When I hear you laugh I know its going to be a beautiful day
Gonna do my best to rest as long as I'm with you
You make the day better every time I'm with you
Being with you beats being alone
I've never felt this way before
I've loved being alone until you showed up at my front door
My world was dark & cold
The sun hated being near me, that is until you showed up
Now it's a beautiful day

ESPN CHICK

Beautifully Broken

She looks into the mirror
With tears flowing down her face
Wishing that she was someone else
Because she hates what she sees

She's beautifully broken
And everyone just looks right through
She's broken all over and no one knows it

She covers up every day in the mirror
And at night she cries herself to sleep
Wishing that she wouldn't wake up the next day

Beautifully broken is who she is
And everyone just looks right through
All the pain is piled up from head to toe

It's a matter of time before she gives up
No matter how hard she tries to get him to notice her
He looks the other way and it breaks her heart

She's lonely and beautifully broken
Can nobody see that all she needs is maybe a little love
All she wants is someone to replace that broken body

Oh how she wishes she wasn't here anymore
So many thoughts run through her mind
But for some reason she is still breathing

This girl is beautifully broken inside and out
Why won't any one fix her
Because time is running out

June 1,2008

ESPN CHICK

Because of You

Because of you I don't know whats right or wrong anymore
Because of you I have to pretend that I'm happy with you
I could never breakaway from this relationship
You had me locked up and would not let me free
Because of you I don't how to let another guy in
Because of you I'm so confused between left and right
I don't know what to do
I tried to breakaway but I just didn't have the guts
Because of you I am so emotional
Because of you I don't know where to do go or what to do
You had me right where you wanted me
Now You cant let me go
Because of you I cant live my life
Because of you I don't know how to be free
I've walked around for miles and miles and still i wind up in the same place
Your arms are wide open for me like a trap
Because of you I will never be the same
Because of you I don't know if I can love again

WRITTEN ON: 12-2-06
made up

ESPN CHICK

Behind These Hazel Eyes

What do you see when you look behind these hazel eyes?
Pain and misery
Or do you see a lonely girl who only needs to be saved

Tell me what you see when you look behind these hazel eyes?
Do you see a broken body inside?
A girl who is wanting someone but who lives far away

Behind these hazel eyes are nothing but tears
Slowly steadily falling
Falling because the one person who she thinks can save her doesn't know

Doesn't know to come and save her
He's to far away to see behind these hazel eyes
Even though she had time to tell him and a couple opportunities

But she never could get out what she wants to say
Behind these hazel eyes are words left unspoken
Behind those eyes lyes nothing but unspoken love

January 5,2008

ESPN CHICK

Better Off

The day I kicked you out was the day I knew that I would be better off
All you knew how to do was to lie
I'm better off without your love and tears
You act like you care and beg to stay
You never had anytime for me you just ignored me
The tears you cried were fake
There's no way I want you back
I gave up everything to be with you
I gave you my heart
All you did was tore my heart into
Its breaking me
But now I'm on my own
I'm better off without you and your lies
I love you its true
After everything you did to me
The lies, the girl, breaking my heart
I hated you
All I could do was hold my pillow and cry
But now I found out I'm better off without you

ESPN CHICK

Better Than Me

I look at this knife in my hand
I think about cutting over and over again
To feel real too feel the pain
Just so I can breathe

Cause I know things won't get better
And all I do is think of you
I don't want you to see me this way

I care to much and I don't want you to leave
But this is all I know
And I can't handle hurting you
So its best to see that I'm better off gone

And you don't need someone like me
You deserve better than me
So don't you cry I promise you can do better than me

ESPN CHICK

Better Without You

It's tearing me a part inside
I need you so bad and I can't even tell you how I feel
Hurts to know I'm alone feeling this pain I can't control

What hurts even more is that I don't have you in my life
Even though you live so far away
You were the one who made me laugh when I was in tears

The one I thought I knew but throughout the years you transformed into this person
I don't even know you anymore
But here I am talking to you

I'm so confused and lost you make me that way
One day I love you then the next day I can't stand you
I don't know what to do

My heart and soul is screaming out your name
I keep telling myself I don't need you
But I know its lie within itself

All these emotions are tied up inside of me
And I can't untangle them
No matter how hard I try to let you go you come back

You're just like a boomerang
You're hot and cold
You're the one I want in my life but then again I could do so much better without you

July 16 2009

ESPN CHICK

Big Dream

I go to sleep every night and dream away of what I want to be
No one takes me seriously
Only you take me seriously
No one knows that I would change everything about me just to live my dream
Every dream I have, everything I say
Nothing matters because no one knows that I love this dream
Just to be sittin in 'ole St.Lou watching the Cards play some ball
Just to broadcast that game and say home run Albert Pujols
Can I not dream?
No one takes me seriously
No one believes me, this is what I want to do
Oh wouldn't 'ole Turk be so proud if I get to do this

ESPN CHICK

Black Rose

I have a rose that is black and its bleeding dark red blood
How I love to stare at it before I lay in bed
It reminds me of how broken I really am
This rose represents every part of me
With the thorns on the stem I seem to get pricked every-time I touch
Making me bleed dark red blood

But for some reason I go back for more
Guess I'm attached to the pain
Feels like the thorns just pricked my heart
And my heart is bleeding for dear life
Now I'm in pain everywhere I go

Why am I attached to this rose
I'm hurting every-time I touch
Its bleeding everywhere in my room
Splattered on the walls
This bleeding black rose just won't die

And when I look in the mirror I see why
See the pain all over me and the things I did in life
To put me in this situation that I'm in
That's why I'm in pain
The rose represents me and until I die the rose will still be alive

ESPN CHICK

Black Sky

The black sky drifts over me
Represents who I am
My heart and soul its black
My scars upon my arm represents me

Black sky rain on me
Make me feel alive
For once in my life
I wish I had something to soothe my soul

Black sky that hangs over me has always been with me
At least I know the black sky loves me
At least I know it won't ever betray me
The black sky let it fall down on me

Feb 14 2009

ESPN CHICK

Born With Pain

Trying forget the past
But thats hard to do
Cause everywhere I go
Something reminds me of it

Can't help the way that I feel
It just happened that I'm filled with pain and sadness
I was born with it
Born brokenhearted

I've been shattered like broken glass through the years
Tried to pick up the pieces as I go
But thats hard to do
Wishing that I didn't have the feelings that I do

But there stuck inside me
And I can't rid them
I've tried over and over again
But they keep coming back

Wishing I had something be happy about
Someone here beside me
Believing in me holding me
But instead I have this painful life filled with disaster

Every step that I take
I dread knowing that I have pain from head to toe
And I try not to let it show
So I put on my fake smile and cover up my face in the mirror

Covering up those lies
Those painful lies
That I hear each and everyday
Knowing that the voices won't go away

And I every now and then
I cry my self to sleep at night
Sometimes that is my lullaby
And I'm fast to sleep not caring about anything

How I want to be whole once again
That would be great
But never in a million years
Will you ever see a smile thats not fake on my face

December 29,2007

ESPN CHICK

Bragging About You

I've never meant to brag about you
But its kinda hard not to
Cause you are the best thing thats happened to me
And I swear I will never let you go
For as long as I live I will love you

Since you came into my life
I've been so much better
You say all the right things
And I never want to leave your side
I can't believe you would ever love a girl like me

But I am glad that I have you
The one thing that I never thought I could get
And now your in my grasp and I will hold on to you
You came at the right time
During all these suicidal moments in my life

You came and sweep me off my feet
I can't explain how that makes me feel
Cause I've been alone all my life
Been bruised by the world and ripped apart by friends
Walked around trying to die

You talked me out of dying
And into whats important in life
You taught me love and what that really means
Taught me that I amount to something
And that I mattered to you

And now you've got me hypnotized
Got me wrapped around your heart
I've never felt this way before
And its because of you
I don't ever want you to leave me

Don't you know that I brag about you all the time
Brag about you and what you mean and do to me
The feelings that you pulled out of me
Bragging never felt so good until now
Now that I actually have you I feel like I could brad for a life time

December 29,2007
made up

ESPN CHICK

Broken

I can fake the smiles everyday
I can cry myself to sleep every night
But I can't tell everyone that I'm not alright

Everyday I fake that I am happy
I pretend that theres nothing wrong
Even though there is something that is always bothering me

Deep down I'm hurting
The pain just won't go away
I push everyone away

Even the ones I care for
Cause I'm afraid that I might hurt them
But sometimes I just don't care

I'm broken but no one can fix me
No one can mend a broken body
I guess broken is just a part of me

I thought since I've found you
I would be alright
I could be happy

But honestly I can't handle this pain
Its bigger than you and I
Its taken over me

I know that you care
And I care about you too
Don't you know that you have changed me

Even though I still have this pain
But you came at the right time
Giving the most incredible advice

Cause you have been through it too
You just don't know how much you mean to me
And I wish I could be more honest with you

ESPN CHICK

Broken and in Pain

Looking above at the sky
Seeing all the pretty stars as they glow in the middle of the night
Wondering if I will ever escape this pain
This pain that I hold dear inside of me

I can't get rid of it no matter how hard I try
Nothing will ever make this pain go away
I will never be whole as long as I'm still breathing

Broken from the inside out
No one ever notices how bad I'm hurting
How bad I'm bleeding on the inside from this pain
I'm shattered like broken glass

There's tears behind my eyes that's waiting to fall during the night
And when I wake up I cover up in the mirror because I hate what I see
I know I'm never gonna be good enough

Every tear I shed is worthless
I know I will never be whole
I will be broken like this forever
Wearing broken smiles everyday and no one can tell

How can I say I'm okay when I'm really not
It hurts even more but I know no one will ever understand
Here I am pretending my life away

I guess I will pretend I'm okay till the day I take my last breath
Nothing will ever satisfy me anyhow
Nothing will ever take this pain away from me
But I only wish that people wouldn't see through me

October 17,2008

ESPN CHICK

Broken Hearted

My heart is broken into
By the one who I first loved
He was everything to me
I put my soul in his hands

Twelve months together
We spent time on the lake
Where we first met two years ago
We walked on the shore

We stayed real late
Watched the sun sank low
And when the stars came out
He kissed me under the moon

Same lake, same moon
We meet up again
Same spot, same heart
Where he kissed me

My heart was shaky
I remember that day clearly
Like it happened yesterday
As you came near me I looked away

You act like we meant nothing
I loved you Its true
You broke my heart & soul
Your back to try to put it together again

You want me back
I want you in a way
Let me think about it
I do still love you

ESPN CHICK

Can You

Can you see all the pain inside of me
All the pain that I've hidden
Can you see the broken smile that lye's on my face
Are you seeing that its not real

That I'm faking the smiles everyday
Pretending that every things okay
I'm hiding inside myself
Can you tell that I'm broken

Can you see that I'm dying slowly
Wondering if anyone will notice at all
Keeping all the tears behind my eyes
Because I know no one will ever understand

I'm so tired of being here
Tired of facing these storms
Tired of being broken and bruised
Can you see that I'm ready to give in

Oct 4,2008

ESPN CHICK

Can You See Me?

Standing here to see if anyone notices me
Just like normal no one sees me
I'm like a ghost that they can't see
This ghost is hurting
No one can see that I am barely hanging on to this rope
Bout to give up this life, bout to let go of the rope and say goodbye
Crying out loud since no one sees me right in front of them
Hurting so badly
Crying to find out my tears are blood
Does anyone care that I may die tonight?
Fighting for my life
Trying to be strong but all this pain through the years is killing me
I can't do anything but to let go of the rope

ESPN CHICK

Can You....?

Can you take this pain away tonight?
Can you wipe these trillion tears away?
Can you hear me screaming your name?
I'm dying inside and I don't know what to do
I don't think I hang on any longer
Take my hand and please help me
I can't do this alone
I need you tonight

Can you take this pain away tonight?
Can you wipe these trillion tears away?
Can you hear me screaming your name?
I've fallen and can't get up
Can you help me up on to my feet?
I'm so weak without you
I'm dying inside tonight
Can you hear me screaming your name?
Cause I need you now

ESPN CHICK

Can't Explain It

I just can't get you out of my mind
I dream about you all the time
Not a day that goes by I don't think about you
And I don't know what to do

Cause its killing me now
I'm falling in love
With someone I don't even know

And how can this be how can I fall for you
You mean a lot to me and I can't explain it
You make me laugh and every now and then you make me shed a tear or two
And I know its way to soon to tell but I think you were meant to be mine

I think about you all the time
And every now and then I dream of you
The way you make me laugh so hard

How can it be that I've fallen in love with someone like you
You're great and I don't know how to explain these feelings for you
I wish I could tell you how amazing you are
And every step that I take I ponder on my feelings for you

December 16 & 20,2007
made up (kinda)

ESPN CHICK

Can't Get You Out Of My Mind

Why can't I get you out of my mind
Its driving me crazy
I can't go a day without you on my mind
You don't know what you mean to me

You don't know these feelings that I have
Cause I have no clue how to tell you
After all we live so far a part

But no matter how hard I try
These thoughts of you don't go away
Maybe you are suppose to be on my mind
You always make my heart melt away

You make me smile
Even when I don't want to
These feelings for you are unexplainable

If it wasn't for you I don't know if I'd still be here
You've helped me through a lot
I can't let this go you mean a lot to me
Can't help these feelings I have for you

January 8,2008

ESPN CHICK

Can't Let Go Of You

I'm sitting here alone tonight
Thinking about you once again and
I don't know why

All these thoughts in my head are about you
I can't seem to get you out of my head
There's still a part of me that can't let go of you
I thought I was everything you wanted

There's still a piece of my heart that still misses you
It's been a long time and I don't know what to do
I've tried so hard to move on

But I can't move on
I loved you and always will
Waiting and hoping you will one day feel the same
And maybe you will soon talk to me

ESPN CHICK

Can't Stand It

I'm standing here tonight
Trying to empty my mind of past times
Trying to forget and move on

I can't stand it any longer
All this pain is killing me
Through out the years pain has pilled up

Slowly its weighing me down
And then I will no longer be around
What can I do to rid this

Cause I can't take it
Every breath I breathe it hurts badly
Every time I smile it means nothing

Cause deep inside I'm hiding
And no one can see that I'm living nothing but a lie
Oh how I can't stand living life this way

But my body is so immune to all this pain that it won't let go
Won't let go of the past and I don't know what to do anymore
Feels like I'm fading away

Fading away into nothing
All I want is to be whole
Why won't my body allow that

How can I sit here and say that I'm alright when I'm not
When all this pain is still inside and all I want to do is cry
But I can't cry the tears won't fall not even a single one

How oh how I want to find a way out
But so far all I've came to has been dead ends
And I had to turn around and then I do the same thing over and over

My life is an never ending circle
My heart is shattered into tiny pieces
My soul feels like its one black hole

Can't take it but I don't know what to do
I'm just living the same way over and over
Living nothing but a lie

How can nobody tell
How can you see through these eyes
And not see the pain

How can nobody see me that I'm dying slowly
All those smiles are nothing but fake
Every time I look in the mirror I cover up all the lies

I don't understand why nobody can see behind these eyes
Why no one can tell that my smiles are fake
And when I say I'm okay I'm really not

I just can't stand it
Can't stand that people see through
But I guess I will live like this forever

May 9,2008

ESPN CHICK

Can't Stop

I just can't stop thinking about you
No matter how hard I try you never go away
Can't stop thinking of how powerful 'I love you' is
Can't stop wondering if your seeing another girl
Can't stop me from loving you
Your my everything, my hope, my dream, my life, my all
You make me lose my self control
Your the only one I can talk to
I just can't stop thinking about you

ESPN CHICK

Can't Tell No One

There's no one that I can talk to
When you pull me into your arms I feel like I'm your lover forever
I can't tell no one cause no one would ever understand how much I truly love you
When you hold me I feel like that's where belong and I never want you to let me go
Lock me in your heart and throw away the key
No one can take your spot
Your kiss makes me go crazy for you more and more
It makes me crazy that I can't tell no one about you and how you make me feel

ESPN CHICK

Can't Wait

Can't wait to talk to you again
Cause I can't get you outta my head
Everywhere I go your face surrounds me
And everything I do I think of you
You were always there for me when I was down
Making me smile when I didn't want to
Can't explain how you make me feel
There were moments in my life where I didn't want to be here
But you made me feel special and not so alone
Many miles away and you would say all the right things
And all the people surrounding me can't even say anything right
How can that be
I wish I knew but
You're in my heart forever and always
But you don't even know what you do to me
You get me better than anyone else
Wondering how you can get me when we live far a part
Still trying to figure that one out
And as long as I can talk to you forever I swear I will always keep you in my heart

March 11,2008

ESPN CHICK

Chances

Chances are I never will become anything
I never was anything and never will be
Chances are you will never notice how bruised I am
How broken up and torn I am

Chances are no one will ever know
No one will know how many tears I cry
Chances are I will never be happy

Chances of that is one in a million
Oh how I want to be happy
But being sad is just a part of me
Chances of me being sad is 9 out of 10

ESPN CHICK

Children (Look Into Their Eyes)

Theres never a dull moment with them
Everything they say or do
You can't help but laugh

Young but very bright
They will capture your heart at first site
And if they don't well somethings wrong with you

Children is sweet and lovable
Boys and girls around the world
Its God's creation and he made them perfect in there own special way

One look into there eyes
It takes your breathe away and
Its heartbreaking in some situations

How can anyone abuse that innocent look upon their face
And how can anyone leave a newborn in the dump
We live in such a sad and abusing world

Its so sad when you turn on a tv
And you see a infant dead
For something stupid someone else did

How can you say they are trouble
They are just learning and wanting attention and love
It hurts them to know that their parents don't care

And yeah thats right they have feelings just like you and I
They are a breathing living creature after all
And if the look upon their face don't blow you away you need help

December 23,2007

ESPN CHICK

Christmas (God's Love)

Everyone has heard the story
The Christmas story and what its about
Jesus being born in Bethlehem

But thousand years later
Controversy about it
Whether to say Merry Christmas or Happy Holidays

It should be about God sending his one and only
To a virgin girl
So young but knew God had something great in store

Didn't know that her baby boy was going to die on the cross
Die for everybody's sin
We take it for granted each and everyday

It shouldn't be about gifts
It should be about our greatest gift that we received
Even though we wasn't there

God knew we were going to be born
He knew we are all sinful
Thats why he sacrificed his son for us

His perfect sinless son to be crucified
That should be the greatest gift
He is the reason why we are here

It shouldn't be about celebrating Christ's birth once a year
It should be about celebrating God's love everyday of our life
Christ is in Christmas but we act like Christ is a bad name

God so loved the world he gave is one and only begotten son
We all know the verse John 3: 16 but how many times do we take that at heart
Take it to heart and spread God's love for us and what he has in store above

ESPN CHICK

Cinderella

I wish I could be you're Cinderella
I wish I could meet you at a ball and
You find my glass slipper and bring it back
Then sweep me off my feet
Take me away in that carriage
Let it just be you and I
Let me be your one and only princess
I want to be your Cinderella
Oh please let me be your one and only Cinderella

September 13,2007

ESPN CHICK

Collide

When this heart and pain collides
It hurts within and I never let it show
Because I know that the people surrounding me won't understand

They have never had pain collide with their heart
So they don't even know what I'm feeling
They can't even begin to confront me with their words

Their words are useless
They don't mean a thing at all
Never have they felt this way before

Never have they gone through the path that I have traveled on
Especially when heart and pain collides within
They can't even describe to me how I feel

They will never understand what I've gone through
But I have to say this has been the worse type of pain ever
Collision with pain and soul

It hurts so bad and I can't even let it show
It hurts because I can't let it show
I hide the tears behind my eyes

I know I will never be whole
It will take a miracle for that to happen
All because pain collided within myself I will never be the girl I want to be

June 5 2008
*not good but...who cares? *

ESPN CHICK

Come and Be My Hero

I wish my hero would come and save me now
Cause I'm sick and tired of this life
Tired of crying a million tears
Ready to get out of here

I feel like I'm locked up
And I can't get out
I want to escape but theres no where to escape to

And I wish you could see me now
See how broken I am
I wonder would you even bother trying to fix me
Do you care that I am broken into tiny thousand pieces

I feel confused now
And I don't know who to turn to but you
Cause you understand me

I don't want anybody else to save me
I just want you to save me
I want you to be my hero
You're the one I need

I need you here saving me
Save me from this life
Please come and be my hero

December 4,2007

ESPN CHICK

Come and Rescue Me

Do you see how bad I need you?
I'm broken & I don't know what else to do
All I know is that I need you
I need you to hold me tight
While I'm crying on your shoulders
Oh I'm so broken now
Can you see what I've been through all these years
Here I am bleeding till my death comes
Unless you come & rescue me
I'm covered in my blood & my tears
Oh come & save me please
I'm broken inside & I can't be alone
I'm already dying here tonight
So if you truly love me you would come & rescue me &
Save me from myself
Can you come & rescue me here tonight
Cause I'm not ready to die
Would you please come & rescue me

Written in 2006 or 2007

ESPN CHICK

Confused

Walking alone around in circles trying to figure out what to do
Cause I am so confused
Confused about you and everything
I don't know what to do

Maybe you know how to fix this
How to fix me
Cause I am broken can't you see

Do you care that I am not like all the other girls?
Do you see through the tears that I cry?
You seem so different than the others
And thats what I like about you

We are a lot alike its very odd
I think its very neat how we can relate
But I am just confused about you

Confused must be my middle name
Cause thats all I am is confused
And you see right through that
Are you sure you are real and not some dream?

November 20,2007

ESPN CHICK

Couldn't You See?

I was lonely couldn't you see
The pain and misery in my eyes
I was hiding the tears
Hiding the fact that I didn't want to live
Didn't cover up those couple scars
surprise no one fronted me bout those
Thought by now I would be in tears
I knew then no one cared
Went along with their average day life
Didn't have anyone to turn to so I just buried deep in myself
Wanted to stay shut up for the longest Just listening to music to sooth my soul
It felt like I couldn't do anything right
It felt that people would just stare at me for no apparent reason whatsoever
Wanted to runaway find a gun and shoot myself
Didn't you see all the signs and warnings
All those poems I wrote about dying
Guess you were just too blind to see what is in front of you

Written in 2007

ESPN CHICK

Cursed

11-Mar-08

Feels like I am cursed
With everything that is happening to me
What other choice is there
Tell me cause I have no clue

No clue on anything
But don't pretend that I'm not cursed
Don't feel sorry for me
Cause I know I am cursed

Should have thought of that long ago
But I guess I was even too blind to see it
Wonder if that’s the reason why he doesn't even talk to me like he used to
Feels like everyone has abandoned me and its mainly the people I love with all my heart

Feels like I can't do anything right
Now I finally have figured it out right here tonight
With every heartbeat I know I am cursed
Don't ever say what else can go wrong

Feels like those words have gotten me deeper cursed than I could imagine
Tried to do everything right as possible
But somehow I screwed things up even more
Can't believe it took me this long to figure this out

It explains everything now
All the times where something bad happened to me or to others when I was around
And all those times when I screwed up everything
Everything was my fault and no one else’s

Cursed for life I know its true
Don't tell me that its not true
Explain to me this conspiracy
This conspiracy against me

ESPN CHICK

Cut Me Into

You cut me right into
Left me broken and bruised
How could I have ever trusted you
I guess I was love struck

Because you were everything to me
You were the guy I dreamed of
Now here I am broken into all because of you
You cut me into pieces

I'm sitting here trying not to cry
But how can I not cry when you meant the world to me
You saved me and turned my world around
How can I forget you

Its been a couple months since I've seen you
I wish you could see how bad you hurt me
How bad you cut me into
I'm still bleeding

Bleeding love is all I'm doing hope you know
Hope you know I loved you
I still love you and I don't know why
You cut me into left me broken and bruised

I never want to see you again
I just want to start over and forget everything about you
You left me here in pain how could you
How could you cut me into and leave me all alone

May 3,2009

ESPN CHICK

Dangerous You

I thought about you
I thought about your touch
I thought about your hugs
I thought about your poisonousness kiss

It got me no where
I was on my way to see you
Then it hit me
I hated everything about you

Your touch hypnotized me
Your kiss poisoned me
Your hugs almost killed me
I cant believe I let you in

I shouldn't have believed you
But something just took over me
Every time I saw you
I didn't know what to do

I was confused about everything
Your dangerous smile
Warped me in
Everything about you was a dream come true

I couldn't overcome you
I couldn't escape from you
From your hugs
Your poisonousness good night kiss

Everything you did impressed me
I shouldn't have let you in my life
I just couldn't turn away from you
Your hugs that locked me in your heart

I just couldn't escape it all
I can't explain the way i felt
Nothing in the world stopped you
Not even me you were just to powerful

Nothing but the charm in you
With that dangerous hug
With the poison of your kiss
With your crazed touch that sent me into space

ESPN CHICK

Dark Cloud

All the pain rains down on me
Like a summer shower
I can't seem to rid this dark cloud
That hangs over me
I guess all the pain was meant for me

Just when I thought the showers had stopped
And I was pain free
More pain just poured down on me

Feels like the dark cloud I will forever have
Pain is just a part of me and I can't rid it
No matter how many times I try
Pain is just strong and I'm just too weak to fight it
All the pain pours down on me

And I still wonder why
I still ask God why
Everything I do doesn't seem like its good enough

I'm so tired of trying when it does no good
Pain was just a part of me at birth
And forever and always I guess I will have it
I just wonder when will be the end
Will I drown in the pain or will I survive

March 3.2009

ESPN CHICK

Dear God Thank You

I know I could never hide from you
So why did I even try?
Guess satan did get the best of me
Right down to the core

But day after day
Night after night
You were there trying to fight the pain away
When I was pushing you away

Thought I was fine without you
But I was dead wrong to spend one second away from you
Needed you more than anything
I basically looked for pain and ran right to it

The scars come and go
And then there's always a need for more
Nothing can take what I've done away
But you forgive me for my sins

You're bigger than this universe
And you know the deepest dark side of me
You protect me from this cold hearted world
I've always known you were real but at times I just struggled because after all no one is perfect

You take this pain and turn it into adventure
Just to show in the end that you will catch me every time I fall
Dear God, thank you for keeping me alive even when I didn't want to be

August 2,2010

*Not great but I kinda like it its from the heart!

ESPN CHICK

Decode

Can you decode my thoughts
Can you decode all my pain
All the pain that I hide
Is it noticeable

Can you decode my feelings
All my feelings that I have for you
You don't realize my heart would be empty without you
I don't think I could breathe without you

All my thoughts you will never know
All my tears you won't ever see
All the pain you won't ever notice it
You will never be able to decode me

Jan 30 2009

ESPN CHICK

Depression

depression is when you are sucked into a cold lonely world
where you don't have anyone to love
no one by you're side
you wish you could die
cutting with tears
you want help but no one can say anything right
you're words are cold
depression leads you down a broken road
you keep walking forever down that road
you're heart is bleeding from all the pain people has caused
its a disease from people you love
they hurt you so bad and they act like they care
they don't know what its like being you
they never dealt with anything like this
depression pulls you under
drowning in you're own tears and blood
not even a single rose can fix whats been broken
you're so alone so far away from paradise
wishing that death would soon arrive
depression hurts like hell

ESPN CHICK

Did You Know?

Did you know that I loved you?
That I would give up this life for you and I.
Did you know that I cried myself to sleep at night?
Wondering why in the heck you left me.
Did you know I almost went insane over you?
After you left I didn't know what I was gonna do.
Did you know that lost the one I thought I could hang on to?
I thought I could hang on to you but I guess I was wrong.
Did you know that I wanted you more than anyone else?
Out of all the other guys I choose you.
Did you know that late at night when you held me tight I knew you were the one for me?
When you held me it felt like we were in heaven.
Did you know that I still do love you?
That I still would give up this life you & I.
Did you know that occasionally I still cry myself to sleep at night?
Still wondering why you left me.
Did you know that never went insane over you?
After you left I thought that one day you would come back.
Did you know that I still thought I had you?
but I was just dreaming that I still had you here beside me.
Did you know that I still want you?
I still would choose you over all the other guys in the world.
Did you know that I miss when you held me tight?
I miss being in your arms where I felt nothing but loved.

Written in 2006
made up

ESPN CHICK

Die Alone

Can anyone see all the pain I hide inside myself
Can anyone see the tears I try to hide behind my eyes
Can anyone see that I'm so lonely
That all I want is to be pain free

That all I need is someone holding me tight
Saying everything is alright
All this pain is bringing me down
I don't know how much more I can take

Throwing my fist against the wall
Pounding my face in the pillow
Awake all night along
Can't sleep I'm already dying anyhow

Walking around in circles
Looking at the scars
They tell stories that no one understands
And hurts inside to think of how I'm alone

Feels like I ought to be six feet under
No matter how hard I try I will never be good enough
What's the use of trying
When all I'm gonna to is fail

Fail like I always do
So don't bother about saving me
About saving my cold heart
Just leave me here to die alone

Jan 31,2009

made up

ESPN CHICK

Different World

Packing my bags this time, taking a brand new step into a whole new world.
On my own for once, it sure is lovely, but things are not the same like they were.
When your on your own there's more responsibilities so you can't really have a life
This life In a whole new world is not all that great.
But the freedom I have to roam is great.
I don't miss a single thing
Getting away is one wish I've had all my life
Walking out that door one last time, taking one step at a time. This time I know what I have to do
I know the risks the responsibilities
If I screw up I know its my fault
If things were like a dream I know I wouldn't screw up my life
I would have the world at my side have the guy I want
I would have everything going my way
But life's not like that
We all have our ups and downs
But no matter what keep your head up
I know this path I'm taking may not lead me to where I wanna go.....But I'm still trying to live my dreams.

ESPN CHICK

Do You Know?

Do you know how many tears you made me cry?

After all these years I didn't think I would ever cry
this much.

Do you know how bad you hurt me? Do you even care?

I try to hide this pain but its to hard to hide. How could you
hurt someone this much?

I wish you knew, its now or never, I need to be strong.

Just look at me. Do you see this pain all these tears I've
cried? Do you care?

Do you know how it feels to be hurt like you hurt me?

Written 2005 or maybe 2006
made up

ESPN CHICK

Do You?

When you tell me that you love do you mean it?
Do you actually care about me like you say you do?
Cause I can't wait for you forever
I need to know
Do you love me like I love you?
Do you tell me the truth?
I just have to know cause we're not gonna live forever on this planet
Do you know how much I feel for you?
Can you tell me that you will be here forever and not leave me all alone?
Do you want me?
Can you look me in the eyes and tell me that you love me and actually mean it?
Cause I have never fallen in love with someone like you
You take away all my fears, you understand me, you know how to make me happy
When you touch me it sends shivers up and down my spine
Your the first person that I have ever loved like this
You make my world spin, spin in love
So please tell me
Do you actually love me like you say you do?

ESPN CHICK

Don't Leave Me

You came at the right time
Can't you see you are more than enough for me
You sweep me off my feet and turned me around
Can't you see you are all I want

All I know is you
I dream of you and I think of you all the time
Even when I'm down and depressed
You pop up in my head

Are you suppose to be the one I crave for
The one I reach for in my dreams
Don't leave me please
I don't know who else to turn to

I poured my heart and soul out to you
And now you have my all in all
My secrets that I swore to myself not to tell a soul
Now I can't hide from you

You know me in and out
And you make me feel so wonderful about myself
About who I really am
You take me for me I really like that

Take my hand
Take my heart and soul
You can have all of me
Just please don't leave me

ESPN CHICK

Don't Say Goodbye

Don't say goodbye and leave me all alone
I need you here beside me healing these wounds
So please I beg you don't say goodbye

I'm sorry for everything
And I promise to you if you stay I will change my ways
Cause I can't see myself without you

Without you I'm nothing at all
Don't say goodbye
I need you because nothing and nobody else can replace you

You're the only one who can make me laugh
The only one who can wipe these tears away
And fight my fears

You are everything to me and I wouldn't trade it
I'd give up everything to be with you
So don't tell me goodbye

Don't say goodbye I gotta have you in my life
I swear you're the only one who I will ever love
From the first time we met I knew you were meant to be mine

April 6,2009
Made up

I know its not good but o well

ESPN CHICK

Don't Tell Me

Don't tell me all the excuses you've came up with
That won't work anymore with me
So don't go there
Cause I'm sick and tired of excuses

They are driving me crazy
Thought you cared about me
But I finally woke up to realize that you're a waste of time
Don't tell me how you've been busy cause I don't care anymore

Everything you say is nothing but lies
Don't even bother opening your mouth
Cause it's no use to I'm through with you
Move along now I've got better things to do

Don't tell me all those lame excuses you've worked up in your head
Cause they won't work anymore
I've woke up to realize that you're not the one I want or need
How could I be so blind to see right through you

See right through you're eyes that you're nothing but a liar
How can I be so dumb to stay with you this long
But now I'm through with you
I might not ever get over you but trust me I know I will fight through this

You've never cared about this heart of mine
So don't tell me that you did
I don't believe a single word you say anymore
Good bye and so long I will stay strong

Don't you worry now cause you're replaceable
My heart won't crave you
My heart will seek this through
Don't tell me that you'll miss me

I know you won't and I don't care
Honestly I promise I'm good without you
Cause you had your chances with me but now
I wish you well indeed I do

But don't try to beg me back that won't work
Not anymore I've seen all your lies
Now I'm through with you
Don't tell me that I'm in love with you anymore cause I'm through with you don't tell me otherwise

April 25,2008
Made Up

ESPN CHICK

Don't Wanna Be You

Pretending everything is ok
Wanting things to stay the same
But deep down I want to change
I don't want to end up being the same

Every time I look around everyone's the same
They all look the same, act the same
I don't want to end up like everyone else
I wanna be different

I'm not meant to look like you
I'm not meant to act like you
I'm meant to be me
I'm meant to make a whole new me

I just wanna scream out loud
And let my voice be heard
Cause I just wanna be me
I don't want to be like you

You're the one who will fall
When I will be standing tall
On my own two feet
Cause no one can knock me down now

I'm unstoppable
I'm not meant to be like you
I'm not meant to act like you
But I am meant to be me

And live my life the way I want
No one can tell me how to dress
Cause I know my friends will accept me
For who I am

Thats what friends are for
They accept you for you
And we all look different and act different
Looks don't always matter

I just wanna be me
And express the way I feel
Wear what every I want
Live the way I want

ESPN CHICK

Don't Want To

I don't want to be here anymore
I don't want to cry a thousand tears every night
All I want to do is escape this place that I call home
For 17 years I have lived here being alone
Wondering if I would ever get out of here
I don't want to be like the girl that lived beside me
I only have so long and then its goodbye to this place
There are to many memories here that I can not erase
My dreams are slowly fading away
I know I won't amount to anything
I will be another disappointment
Don't want to listen to them
Saying you can't make it
I just want to be me
Don't want to be where I am not wanted

ESPN CHICK

Don't Want You To Get Hurt

Sitting here staring at the phone waiting for you to call
Wondering if you still care
Where are you?
Why haven't you called?
Are you with that girl that you talked about ever hour of the day?
Crying at night in my bed
You don't know how you have hurt me and it bothers me so badly just to see you with her
Its because of you I've made it this far
Don't know if I should just give up and call you to let you know how I feel
I wanted to be with you
You make me feel alive
I just hate being without you
There's still no one out there for me, your the only one
Its because of you I have made it this far
I still love you, she is not the one you want
She's always with a different guy every night
I don't want you to get hurt even though you hurt me
But I know you were going through a tough time
Its because of you I've made it this far
I just want you to be happy, I just love you
I hope you still fell the same way about me

May 24,2005
made up

ESPN CHICK

Don't You Know

Don't you know that you make me happy
You always put a smile onto my face
No matter how bad my day has been

Don't you know that you are the only one whose on my mind
I've tried to stay away but I can't let go
For some reason it feels like you are the only one that can save me from this pain

Don't you know that I've liked you from the start
Liked you off and on for about four years now
Can't explain what you do to me

Don't you know that I don't care how far you live
Cause it feels like your here with me when we talk
You are the only one that makes me feel this way

Don't you know that you make my heart melt away
You make me feel alive
And you make me feel like I'm wanted for who I am

Don't you know that there's no way to describe these feelings I have
If you only knew how I felt
But don't you know that its hard for me to tell you my feelings for you

January 8,2008

ESPN CHICK

Drives Me Crazy

It drives me crazy that I love you
I never thought I would ever say that in a million years
Never thought I liked you more than friends
You talk to me more than anyone
You make me laugh even though some things are childish
You know me more than I know myself
I guess since we grew up together its no surprise that you know me better than I
It drives me crazy that I can actually talk to you and you listen
You don't make a big deal out things like some people do
It drives me crazy that we can make jokes about silly things
You're crazier than ever, never thought you would be like that
You use to be so shy in grade school
It drives me crazy that I actually like you
Everything I do I think about how we're closer than ever
It just seems so weird that we can talk to each other
It just drives me crazy

ESPN CHICK

Drowning

I'm drowning in this pain of misery
Everywhere I go pain is there with me
It's my shadow
It stares back at me in the mirror
I can't escape it and I feel so trapped by it

Pain tries to smoother me in the middle of the night
I can't escape it
It torches me to the bone

Sometimes I feel like I'm drowning in it
It squeezes me tightly and feels like there's no air around me
I try to rise above the pain but its just to strong

The scars remind me that the pain don't go away easily
I wish there was a way to rid this pain
But I assume I will just drown in this pain of misery

May 20,2009

ESPN CHICK

Emergency

I think I have an emergency
And its me
I swore that I was fine

But something else is telling me otherwise
For some reason I feel like crying every night
Feel like its my lullaby

I have an emergency
I'm so alone and lost within my thoughts
But don't you know that I'm okay

That's what I keep telling myself
I think I've gotten myself to believe that I'm okay
And that's all I will ever be

Emergency please someone help me
I'm losing it slowly
But I'm not leaving anytime soon

Its an emergency
Can you hear my screams
Can you hear my cries late at night

Whoa can you hear me scream at the top of my lungs
I don't want help but there's a part of me that does
And I swear to myself I'm okay

But am I really okay
I don't even know
Its an emergency I don't know how much more I can hang onto

I'm not sure to let go or to keep holding on
Cause I'm so broken and bruised
So alone and confused that I'm not sure about anything anymore

January 27,2008

NOT GOOD I KNOW....BUT O WELL

ESPN CHICK

Everyone

Everyone thinks I'm doing just fine
The way I wear my smile
But its so broken and they see right through

Everyone just knows I'm doing better
If only they could see
If only they knew
The inside of me is torn up still

The pain is still there
I'm still alone
But they don't know

Everyone around me can not see that I'm living a lie
I wonder why they can not see it
I swear its written all over me
I'm beautifully broken and no one knows but me

How I'm tired of this pain and I've tried to rid it but it just won't go away
Everyday I wake I dread that I'm still here
When I've tried hard to die in the past

Although I still wonder what life would be like with me gone
But something inside of me keeps holding me here
It hurts to know that everyone sees right through
And I still hate what I see in the mirror each and everyday

Everyone thinks I'm doing better
But the truth of the matter is I'm not
I'm still broken and bruised

Battered by all the things from the past
They cling to me and I don't know why
The pain is still stuck to me like glue
Wish they could see that I'm not okay and I will never be

Sept 5,2008

ESPN CHICK

Everyone Is Dying

Every time I turn around something else happens
A lot of people I know and care for gets hurt or gets killed
I wonder what could happen next
Could I be the next one in line to die or
could it be another love one that I hold so dear in my heart
I wonder has I sit in here in the dark tonight
Everything is changing I have no where to go
So I hide these feelings and emotions inside of myself
Looking all around it seems like everyone is staring at me
Like they know whats on my mind
It seems like they all laugh at me
All I want to do is to run and hide
But that's not gonna end my misery of my feelings
That your gone everyone is gone
Could I be the next one to go
OR could it be the one I hold in my heart
Just waiting for the death to arrive and kidnap me
Sitting here wondering is it my time to go?
Sick and tired of this life that I hold on my shoulders
I just wish that people could never die
Especially so young
2007 and already two teenage girls I know dies
Everybody is dying
I wonder why do they have to go
Why could it be me instead

ESPN CHICK

Everywhere

I wake up thinking of you. Thinking of your pretty face.
Your all that I know. When I see you I just want to just sit
there and have a conversation with you.
Your everywhere that I go, your everyone that I see.

Your the only one that can make me really smile.
When I turn around your there. When I'm around you
everyone else seems to disappear.
Even when I'm down I think about your funny jokes.
Your all I talk about your all that think about.
Your everywhere that I go Your everywhere no matter

what I'm doing.
All I want to say is that I love you and I just want to get
to know you better.

ESPN CHICK

Everywhere (I See)

Your the only one I see no matter who is in the room with me
Your everywhere, in my dreams late at night
In my mind all the time
Your everything I know and want
Your the closest thing that I can call home
Everywhere I look your there staring right at me
I wonder if you care at all about me
Cause your everywhere that I go, everything I see
I see you name written all over the place
Its driving me crazy that your the only one that I could ever be with

ESPN CHICK

Falling For You More Than Friends

I always thought of you as a friend
But now for some odd reason
I'd been thinking about you a little to much
And theres these feelings I came across
That tells me I'm falling for you

But what would you say if I told you how I feel
Would you feel the same or would you just walkaway in silence
Or would you say sorry but lets stay just friends
I wonder how would you respond

I don't think I could tell you these feelings
Although its killing me
Cause I want you more than anyone in this world
We've been through everything together
If only you could see that I'm just as good as any other girl

Being with you it means a lot
I wish you could see what you do to me
To make me melt away
Make me fall ever time I see you

Take a look at me and see through this pain
See through this broken body
Every time I cry I think of you
I think of how you could take away this pain
And fix this broken body

You mean a lot to me
No one can ever make me feel the way you do
Theres something about you that takes away my breathe
And I wonder how it would be if you were right here beside me tonight

Cause I know you are the right one for me
That time you kissed me I felt something between us
I wonder if you felt it to
That summer was the greatest and I wouldn't trade it for anything
If only you could just give me a chance to prove it to you that I'm better than those other girls

January 1,2008
made up

ESPN CHICK

Falling Way To Soon

You say all the right things
All the things that I want to hear
And it pushes me to edge of where I don't want to be

Although I need and want you
It seems like I've fallen for you way to soon
But you are all I ever think about

All I ever talk about
And dream about
Why am I craving for you

Standing in the rain
Hoping it would drown these feelings for you
But these feelings comes back to me in the middle of the night

How come you are the one I pray for to have
After all you are betraying me in so many ways
And I can't seem to figure you out you are confusing to me

For I don't know anything about you
And that scares me
Cause I'm falling for you way to soon

But you don't even bother for me to know you
And it seems like you know everything there is to know about me
Tell me more about you or are you hiding something

Why am I attached to you
Out of all the million others
I had to choose you to be attached to

December 22,2007
made up

ESPN CHICK

Far Away From Paradise

I'm lying here staring at the ceiling
Cause I can't keep my eyes closed
Trying to paint a picture in my mind
Of who I want to be

Cause I am tired of being this little girl
Who never knows anything
The little girl who is so alone

I want to be happy and not alone
Not wondering where I belong
This life of mine is getting old
I tried so hard to rid this life

But every attempt failed
So I am stuck here
And I am alone and far away from paradise

November 29,2007

ESPN CHICK

Fear Of You

I fear of you leaving me all alone
Leaving me to suffer with pain
Fear of you hating me
Hating me 'cause I tried to help you when you didn't want me to
Fear of you wanting to kill me
Like every other guy that kills their girl
I fear that you will turn in to someone that your not
I fear of you

ESPN CHICK

Feeling A Little Blue

I'm feeling a little blue
A little sick and tired of my life
I just wish I didn't have to be here

I feel all alone in this crazy messed up world
And all I want to do is curl up into a ball and
Cry myself to sleep with the music banging in my ears

Wishing that something great would come my way
And I could grab onto it for a little while
Cause I feel lost, alone and confused

I don't know what to do
I don't know anything anymore
All I want to do is hide

Hiding away from my fears
I look at my scars to see they are real
And wishing I had more

Cause thats all I know
And I don't see how
I've gone this far without harming myself

November 24,2007

ESPN CHICK

Feels

Feels like my black cold heart is fading away
It feels like its turning back into red
This heart no longer bruised nor hurting
Its back beating normal

Feels like this broken body isn't broken anymore
Feels like the pieces put themselves together again
And it feels good
I feel better feel like anything is possible

I've been happy the past few days
That's something new
I feel whole again
Feels nice to be able to breathe without pain

Feels like crying is no longer my lullaby
I feel so good like nothing else matters
But will this stay will this happiness stay
Will these tears no longer fall

I want to know
Will this pain stay gone
Will this heart be bruised and blackened again
I've been there before every-time I turn around I was happy then the next I was broken over again

I hope this will last
God I hope this will last
Cause now I have you
But will it be for good

Every-time I turn back to you
I always find a way to turn away and blame you
For ever mistake that's made
God please help me stay whole and not to break when I fall

Help me make it through the storms
Help me feel this happiness forever
Cause it feels so good
And I feel better I feel so much better

February 4,2008

ESPN CHICK

Feels Like

Its been awhile since I've gone through these emotions
But as I sit here tonight they are slowly creeping back into my life
With every breath that I breathe I feel like it could be my last one

It feels like all I want to do is cry and not wake up for a day or two
Just feels like I'm barely hanging on to this life
But I know I've got to hang on

Got to be strong no doubt about it
Although with every step that I take it feels like I'm getting weaker
My whole body feels like its trying to break down

Trying to crumble into pieces
And I'm trying to keep myself together but its hard
Its hard to balance life along with everything else

It just feels like everything is crashing down
Feels like its a never ending process
Just another day another dreading day

I've got nothing to lose and nothing to gain
I'm trying to reach for help but somehow my heart and soul won't accept
Just wait and see I'm okay I swear there's nothing wrong here

Can you tell by the look on my face
By the broken smile that I wear
Or by all the hidden tears within my two eyes

Broken inside and out
How can nobody see it
I'm living a lie somebody help me

Feels like I'm trapped inside my thoughts
It feels like they are trying to take over me
Don't know what to do anymore

With every heart beat that beats
With my soul screaming
And with my shattered heart

Feels like my body won't ever be whole
Feels like I'm stuck like this forever and ever
But by the look on my face you won't ever know

And I'll keeping saying that I'm okay even though I'm not
I will go on with my average every day life
And live in this never ending circle of lies

May 8,2008

ESPN CHICK

Felt (Stronger)

April 12,2008

Here I am stronger than ever
I am standing 6 feet tall and
The girl I use to be she's gone
Dead to the world

Because I found something that soothes my soul
All the time that I was hurt and in pain
I couldn't bare to believe anymore
Cause after all my pain was numb

And I was numb to everyone and everything around me
Didn't think there was a need to live anymore
Felt like I was getting weaker instead of stronger

All my faith went away
Lost my hope little by little
Figured out that pain was just a part me
Never thought I'd be whole

After all my body was broken into thousands of pieces
Felt lost and I knew I'd never find my way back
Thought I could be strong but the rain washed all that away when it was supposed to wash the pain away

Never felt like I could do anything right
And every night I cried myself to sleep
Felt like it was my lullaby
Then I suddenly realized that it wasn't me at all

I didn't cause this pain and numbness
Didn't cause my body to brake
And for a while I blamed God for everything
Lost all the hope I had in him

My faith weakened and my believing in him was questioning
Felt like he had abandoned me like everyone else
Felt like I was on my own to suffer to die
I was living nothing but a lie

But I keep telling myself I'm okay I don't need anyone anymore
Just me, myself, and I is all I will ever need
No matter how hard I tried to get up
I kept falling and falling into a black hole and couldn't get back on my feet

Just blamed God for everything
And he was following me every step of the way
The reasons why I'm still here is because of him
He stopped the suicides to happen

Put my body back together when no one else could

Caught me every time before I fell
Kept me under his wings and protected me everyday
I wondered how could he still love me after all I questioned him
And I pushed him to the side about a million times

But he never gave up on me
Instead he was trying to bring faith back to me
And he was making me stronger little by little
He was working on me all those times when I didn't want him in my life

All those times I tried to die
He placed people around me that cared
For once in my life I felt alive
He took away all the pain left me feeling good about myself

Felt like I couldn't make it anymore
But God knew I could and he restored me from head to toe
And he still is working on me
Making me stronger each and everyday

Now I know I'm not alone
Not filled with pain
No longer numb
Getting stronger in my faith and my hope has returned to me

God saved me from evil
Saved me from the world
Now I'm stronger then ever
And I feel like I can make it till the end

ESPN CHICK

Figure You Out (First Time)

There's something about you and
I can't figure it out
I've been searching high and low
Still unable to overcome these feelings for you

I don't know why or how you do this to me
I wish I could figure you out for once in my life
You're a mystery and I'm a detective trying to figure this case out

Theres been words left unsaid
There's a missing puzzle piece left in this case
How do you really feel about me?
I've been stumbling trying to figure this out

I'm back to where I started
I'm back chasing you
Trying to get an answer out of you

I don't know what to do
This is breaking me into
I don't know how I should handle this
Cause for once in my life I'm scared to death

I've never felt this way bout anybody before
I've falling indeed falling in love and its for the first time

ESPN CHICK

Find Your True Self

Stop and look into the mirror
See what I see
That your not perfect either
So stop judging me and judge yourself

Don't hate me if you don't know me
Look at yourself for once and see the real you
See what no one else sees in you
You don't have to be perfect

You don't have to dress the way others do
You don't have to be in this place
Look deep inside of yourself and dig deep
Find out who the real you is

ESPN CHICK

Finding A Place To Escape To

Walking through the empty halls
Trying to escape from everyone
Trying to find a way to be alone
No one knows how much I am hurting inside
Hoping that I can find a hole & stay there forever
I want to find a place where no one cares what you do
What you look like, the color of your skin
I just want to find a place where I can relax & be myself

ESPN CHICK

For A Moment

Can I pretend for a moment that you are not on my mind?
And can I pretend that I don't miss you at all?
For a moment I just want to erase you from my life

No matter how hard I try to pretend your name never leaves me
And I'm not sure why
I miss you so badly and I wonder deep down do you just think of me a little

Do you ever miss me like you said you would?
Do you ever close your eyes at night and see my face?
For one moment I want you to realize that no matter what I say

I really want to be with you
Because with you I know I can be myself
Deep down in my mind I'm saying to myself that you belong with me

I wish you could see how I'm losing my mind not being able to speak to you
I need you right now and your not around
The other night when I thought I was going to die all I could think about is that I needed you

You can call me hopeless that's alright with me
I'm just hopeless because I'm falling for you
I know I shouldn't be thinking about you but you are all I think about

And I wish just for a moment that you could see that I need you now
Going around in circles I'd find myself going crazy
Every time I turn around something reminds me of you

I'd try to bury the thoughts of you away
I've tried erasing your name from my heart and soul
But for some reason your name still floats and lingers

And I'm stuck trying to figure out why you even came into my life
You are all I think about even when I'm around other people
I don't know why but there has to be a reason why your on my mind

Just for a moment I wish you were around just to make me smile and
Telling me everything's going to be okay
Just for a moment I wish you could see that maybe I'm meant to be yours and you are meant to be mine

But just for a moment tonight I want to push these thoughts out of my mind
So maybe I can lay down and get some sleep tonight
Then wake up and think of you all over again and wonder if maybe your missing me like I'm missing you

January 7,2012

ESPN CHICK

For so Long

I haven't talked to you in a couple weeks
And I wonder what you're thinking and doing
Wondering if you're even thinking of me even just a little bit

These feelings for you I think are finally fading
My heart isn't craving for you to rescue me anymore
But I still can't quite get over you

I still think of you from time to time
Getting over you completely is hard to do
You used to be the person I poured out to

Thinking back now I was stupid and foolish
Cause after all I didn't know you all that well
And I still don't cause you never let me

Maybe its a good thing
Cause after all we live to far away
The more and more I used to talk to you the more I was falling

Your words were wrapping around me
I'd stay up til 3 in the morning talking to you
I didn't care what day it was

I thought you were worth talking to
And you were for a long while
You were the one I could talk to

The one I could talk to without you judging me
If only you could have seen what you meant to me
For so long I loved you for that

For so long you were my escape
Escape from life
I can't explain the way you made me feel

You always made me smile even during my dark desires
I couldn't ask for more
You meant the world to me

Now I just wish I could figure out what to do with you
With you going in and out of my life
I don't know if I should just leave you alone forever

You know so much about me now
It's hard to leave you alone
It's hard to just runaway from the one person I clung onto for so long

August 7,2009

ESPN CHICK

Forever Broken

Can't you tell that I'm broken into pieces
That I'm shattered like broken glass
Thought by now everyone could tell
Could tell all along I've been hiding

That I've been covering up in the mirror
Saying that I'm okay when I'm really not
I'm bleeding on the inside
And I can't help but wonder if I will ever become whole

Feels like my whole life I've been broken
Feels like my world keeps crashing down in a blink of an eye
Wishing all my thoughts would disappear
My thoughts no one can decode

I'm on my own walking down a pathway so lonely
So broken and bruised
I guess I will forever be alone
Forever be broken into pieces

November 1,2008

ESPN CHICK

Forever In My Heart

If you only knew how much I missed you
How much I was bitter at you
All the lies you told I let them crumble into
Talking to you again was the best thing that's happened to me in a long while

You're the best thing I've got
And I don't ever want to lose you
I wanted to let go of you
But my heart never would let go

Last night was the best night in a long while
When I talked to you all my problems just went away
It felt so great talking to you once again
I forgot how much you took away my breath

I never wanted to forget you
No not even for a single minute
Because everything you say makes it hard for me to pull away from you
No matter how hard I try you will be forever in my mind

December 26,2008

ESPN CHICK

Forgive and Forget

Five dozen roses with a note
On my doorstep that read
'Forgive me for what I did
Put it in the past and forget all about it'

But how can I forgive and forget
When you've done this all before
Its easier said than done

After everything I did for you
After those long sweet talks
After 2 years
How can you tell me
Forget about it Like it never happened

You want me to forgive you
I'm broken and shaken ed inside
Its all because of you

These tears, these breakdowns
And you want me to forgive and forget
How can I
You were my everything
My dream come true

Forgive and Forget
That's what you want
But what I want
Is you to forget about us

WRITTEN ON: 10-6-2006
Made Up

ESPN CHICK

Ghosts

Everywhere I go I see your face
Every time I sleep I can hear your voice
I think of all the good times we shared
Lying under the starts late at night
Ghosts of you all around me
Can't get away from the pain
Everything we've been through
Ghosts of you swarming around
Watching my every move
Haunting me day and night
I can't escape this pain
I love you and miss you
All I wanted was to love you
Make you happy
Where'd you go
Ghosts watching me
I need you only not your spirit

ESPN CHICK

Give Me Another Try

Days go by and I still have you on my mind
I don't know what to do
I thought by now I'd be over you
I guess these feelings never did die
Cause after all you were the one I fell for
And dreamed about all the time
And I know you still dream of me too
Can't you see that I need a shoulder to cry on
You were always there for me
I know you still have feelings for me to
I can see it in your eyes
You can't lie to me
I know you all so well
Just give me another try
Give us another chance
I promise I won't ever let you down
I would walk a thousand miles
If you needed me to
Cause I can't see myself without you

November 23,2007
made up

ESPN CHICK

God

Its a long road ahead with a dead end
No where to go and I can't turn back
I've came to far and I'm stuck
I'm stuck out in the middle of nowhere

Trying to figure out what to do
With my hands in the air
I can't do this anymore
I need you're help

So God if your there listening
Please help me get out of here
Cause I can't do this alone
If your real then I beg on my knees God help me

Guide me out of here out of this dead end
I am confused and alone
God I need you I don't know what else to do
Nowhere to run nowhere to hide

God I can't help but needing you now
I'm sorry for all the sins I've committed
Right here tonight I turn my life over to you
Cause I can't do it alone I need you

You give and take away
But God you give more than what I bargain for
I know now what I should have known then
God I can't do it without you I can't make it on my own

I've fallen one to many times
I've hit the ground so hard it left bad bruises
I'm tired of falling and tired of this life I lived
Tonight God I am all yours cause I need you more than ever

December 15,2007

I'm not the greatest writer of writing spiritual poems so hope this one isn't too bad...

ESPN CHICK

God (Forever Changed)

We all are beautiful in God's eyes
He sees no color black nor white
God made us beautiful in His way
Why is there so many who try to change

It doesn't matter if no one else loves us the way we are
Because there is always one person who will loves forever more
He gives us unconditional love that never goes away
Sent His son to die on the cross for all our sins
Thats how much He loves us
Now we can rejoice and be happy for all our days
Hear Him calling out your name and be forever changed

July 1,2008

ESPN CHICK

God Give Me A Sign

Can't wait to see a brand new day
But things don't always seem to go my way
The more I think about things
The more I get down in the dumps

Is the mirror suppose to lie to your face
Is the world suppose to bring you down
Sometimes I just feel like screaming

And sometimes I feel like crying at night
I know things will work out
But I'm just having a hard time figuring out my life
Wondering how I'm gonna make it

Am I suppose to live my dream
My long time dream
I still doubt but who doesn't

Still wondering where will God lead me
When it is my time to shine
I need to know
Cause I'm scared and afraid of this cold world

God lead me down this path of mine
Make this dream turn into reality
Cause I have many things I want to do

And its for the better not the worst
How can I picture myself anywhere else
I can't picture myself anywhere but my dream

God I need to know where am I at in life
When I die where will I go
Will you accept me above
Or will you reject me

I know I have a million questions
But those questions are my heart talking out
Just let me know give me some sort of a sign

Cause I just have to know
Sometimes I scream out and turn my back on you
But God you know I don't mean it
You know you are the only one I can turn to

Can't wait to see what kind of day you will bring
Hopefully the sun will be shining even when its clouding outside
And the more I think about things I know you will always have my back
The more I think I know you will guide me anywhere

I know that Satan puts things in my head when I look in the mirror
And I know that he puts thoughts that I wish wasn't there

God that's why I need you

Need you to lift my curses
Lift this pain that I've held on to all these years
Make sure I don't listen to the world
And make sure I listen to you

February 9,2008

ESPN CHICK

God Help Me

Losing hope and faith
But I know I can't give up
And every time you hold me back
For reasons that are still a blur in my head
Struggling to keep believing in you
But its getting harder each and everyday
I'm lost and confused on everything
Too many roadblocks thrown my way
And I just can't find a way around
But I still try to make it around the roadblocks anyhow
And ignore every sign you give me
I keep breaking every promise
Slowly I start turning away from you
Over and over again
Seems like there's no use to live for anymore
I keep pulling away
When I said ' I wouldn't pull away anymore'
What's wrong with me
I need help and I admit it one day then I just close my ears on you
I need help from only you God
Cause I know you are the main one who can help me
So why do I keep falling far from you
You held onto my hands but I just let god falling faster into this hole
Why do I keep letting go
When I need you the most
I know you're there but its hard to believe
Even harder to have faith
I guess I keep looking for all the wrong things
What do I have to do to get out of this hole
Alone so alone God help me please cause it's harder to count on anybody else
I need you now more than ever
Please hang onto me and don't let go
Cause I need you here beside me
Every step of the way cause I can't do anything without you
So God please hear me out tonight
Help me through these struggles and help me gain hope and faith
God help me be more like you

April 2,2008

ESPN CHICK

God's New Child

There she is walking down that broken road
All alone she falls on her knees
With tears in her eyes flowing down her cheeks

Crying out to God 'Help me please'
She's broken and bruised
With no one else to go to

She's begging God to take her in
Because no one else will take her for who she is
And she knows that God will take her anyway she is

Basically she's been through hell
I can't even describe what's she's been through
But God put her under his wings and told her 'Amy don't worry it's okay now you're safe and secure with me'

Now she's God's child and he's her everything
She wouldn't change anything
Because through that hell God showed her that she was never alone
He was always there keeping her safe and warm
All she needed was a breakdown to show her that God does know best

June 24 2009

ESPN CHICK

Gone (I Will Keep You Alive)

Sitting on the porch just staring at the stars
With tears slowly coming down my face

Can't believe its true
I just saw you yesterday
You seemed like you were doing OK

Can I ever wake up from this horrid dream
(Is it just a dream please tell me it is)
Cause I won't be able to make it on my own
(You were my hope and strength)

You are never coming home
I will never see you smile again
Now I don't know what to do
Cause you were my best friend
(The best friend a girl could ever have)

Can't believe its true
I just saw you yesterday
You seemed like you were doing OK

Can I ever wake up from this horrid dream
(Is it just a dream please tell me it is)
Cause I won't be able to make it on my own
(You were my hope and strength)

Sitting on the porch just staring at the stars
With tears slowly coming down my face
Knowing that this isn't a dream you are forever gone
(But I will keep the memories of you alive)
(I will keep them alive)
No matter the cost
No matter the sacrifice
I will keep the memories of you alive

February 23,2008

ESPN CHICK

Gone (In memory of my Grandpa)

Grew up without a father in my life.
15 years passed me by having a grandpa that truly cared.
Took me anywhere I wanted to go.
Teaching me from right and wrong, when mom was at work.
Never thought it would end like this.
On that last week of school hard-aching every moment while
I was there trying to get by, not trying to cry.
May 26,2005 gone 15 years of my life flashed before
my very own two eyes.
Every Razorback game on tv, we watched together.
He never let me down.
Supported me in anything I did.
Sitting here thinking its been almost a year, one long
year since he's been gone
Can't believe its been that long.
Missing him so, wishing he was still here, here to see
me graduate next year.
You never know what you've got until its gone before
your very own two eyes.

ESPN CHICK

Gonna Let These Emotions Show

I'm gonna let the tears fall
Fall where everyone can see
See the pain and the sorrow
Thats inside of me

I'm gonna take this time to cry
I'm gonna let these emotions go
I'm so tired of holding them back
It hurts so bad to keep this pain locked up

I don't care who sees
Cause I'm tired of what other people think or say
Just worn out from all this pain
And I don't know how much more I can handle

Losing strength from every step that I take
Hoping that soon I will be free
Free from all the pain
Maybe soon I will be whole again

Until that day comes
I'm gonna let these emotions show
Gonna let everyone see these tears
Cause I'm tired of holding them all inside all day long

It hurts to leave them locked up for hours at a time
Slowly the pain is killing me
No more will I ever hide these tears or pain
From now on I swear I will let these emotions show

September 13,2007

ESPN CHICK

Goodbye

When I tried hard to say goodbye
To get you out of my mind
You came back in the mist of the night
Now once again I can't sleep because you're on my mind

I wish you only knew the feelings that I hide for you
But I know you won't feel the same
That's why I need to say goodbye

It's so hard for me to let you go
So hard for me to talk to you without letting my emotions go
It's hard for me to tell you how I feel and it hurts
All the more reason to let you go to say goodbye

I don't wanna hurt no more
And I know its best if you never know
That every time I think of you my heart skips a beat

Its just be easier to say goodbye
And I know I'd miss you
But we live far away from each other
So the best thing is if you never know

All I want is to say goodbye
Forget you and move on
Cause I know you will hurt me sooner or later

July 29 2009

ESPN CHICK

Got Me

You've got me hypnotized
Got me dreaming about you every night
Got me thinking of you all the time
All those lies you've told
I can't believe you got me wrapped around your finger once more

You've pulled me under
Got me where I can't let go
These feelings I have I thought they were gone
Until the other night
You reminded me of how much I care and love you

Got me wrapped in you're lies
Got me thinking about you and I
In the end I know you're gonna hurt me again
But I just can't let go
You've got me wrapped in your words

Got me falling in you're arms
Got me feeling restless and completely breathless
What am I gonna do you've got me so confused
I hate you but I love you all at the same time
I've gotta escape somehow but you've got me right where you want me

January 1,2009

ESPN CHICK

Gotta Be (Pain)

Gotta be strong to handle this pain
This pain you gave me
You tore my heart into
Gotta be tough and handle this right
Can't come running back to you like always
You really drove me to believe that I was everything you wanted
After everything I have done for you
All you can give me is pain, a broken heart
I gotta be strong and not come running back to you

ESPN CHICK

Gotta Forget You

Can't believe your still on my mind
It's killing me inside that I still feel this way
I wish you did know how I felt
But I just can't get the courage to tell you

I hate it that I have these feelings for you
Hate it that this heart won't let me forget you
You've been a jerk for a while now and I wonder how can I still feel this way about you

Wondering why I can't get you out of my mind
Wish this wasn't hard but it is
I hate it that it is
I hate it that I fell in love with you

All I wanted was someone who cared and I thought I found the one
Would have done anything for you
You just never gave me the chance

Stuck here trying to figure out a way to rid these thoughts
I was alone and afraid
But then you came along into my life
And then I felt so alive felt like anything was possible again

I was slowly losing pain and it was because of you
You were the one who made my day no matter how rough it had been
It was you who made me laugh and you were the one who made me feel important

Even when I didn't feel like smiling you would make me crack a smile
During the dark desires of when I wanted to die
You were always there listening to me
Slowly I was having feelings that I never had before

I was falling for you
And you were the one that I talked about all the time
I would sit there and daydream of you

All my thoughts were you at one point in my life
Kept wondering why you made me feel this way
And why did you live so far from me
But now, now I wish you would just fade away from me

Fade away from my heart and soul
I want these feelings to die and never to return
I hate it that I fell for you

Hate it that you came along into my life
But I can't change the past but I can the future
And I'm starting it right now
I want to forget you

Never speak of you ever again
I have to rid you out of my heart forever and ever

No more can this go on

Cause it's hurting me to keep holding on to you
Shedding tears every now and then because of you
Can't let this go on
Gotta make sure I stay away

Cause if I don't I will continue to hurt
Continue to have these feelings that I do
I don't want or need that anymore I have to make my heart forget you

May 16,2008

ESPN CHICK

Hard To Forget About You

Trying to forget you
Its just so hard when you feel this warmth inside
When I talk to you, you take this pain away

I just gotta know how you feel
Cause I don't want to keep chasing you if you don't feel the same
I wish you knew that every time I think of you my heart melts away
I fall into this panic and my body starts to shake

I've never felt this way
I keep wandering around hoping soon you will figure this out
All the signs I keep inside, I wish you could see what you do to me

Don't you know I think about you all the time
I drift away every time I start to daydream of you
This has never happened to me before
Can't you see that its hard to forget about you

9-22-07
made-up(sorta)

ESPN CHICK

Harming Myself

Taking it day by day
Week by week
I can't handle it any longer
So I take the knife over and over I scar my body

Don't care if I die
I just want to feel alive for a moment or two
Judge me however you want I don't care

Cause I know deep down you have an addiction too
Look at me and see that these scars they tell a story
Each and every one has their own little story
A story that no one has dared to listen too

They say whatever they want
Not caring if they add more pain
But I swear its okay cause what goes around comes back around

It feels so good to see the scars to feel the pain
To feel alive for once in my life
Thats the only thing I know what to do with my body
Feeling the pain each and every day

Yeah I'm harming myself
Try and stop me
You will never be able to stop me

Keep letting me hurt and feel the pain
Until I'm where I'm supposed to be
Until I'm six feet under
Its not like you actually care anyhow

May 20,2008
made up

ESPN CHICK

Haunted

Does it ever seem like your the only one that's there or does it feel that someone or something is always right there with you. Does it seem like your haunted by something. Haunted by your feelings or regrets. When your alone does it feel like someone else is there with you. Haunted by all the pain all my thoughts and fears. I can't help it all the pain I'm caused I guess its starting to haunt me.

written in 2004 or 2005

ESPN CHICK

Haunted (Whispers)

Sitting in the dark on the floor
No one else is here but me
And I'm starting to hear whispers
Sounds like a girl

When I lie down to sleep
I see this vapor imaged like a body
It looks like a lonely girl but I'm not sure

I'm hearing all these whispers
And I don't know where there coming from
It could be me
It could be the thoughts that run in my head

When I lie down and look at the ceiling
I see this black cloud rolling over me
I see random objects and don; t know what they are

IT could be that their haunting me
Or that they were here first
This could be their place
Where they may have lived for so long and died

I wish I could get the voices out of my head
The whispers are slowly fading away then slowly coming back
I look all around me and see things Maybe its in my head or maybe this place is haunted

ESPN CHICK

Haunting Me

Why am I holding it inside
Cause I know I jinxed the death of a loved one
Knowing that I predicted it a month before
I should have known to be aware

I wish it had never happened
So I wouldn't be here crying my eyes out
Even though it happened 2 years ago
It still haunts me like a ghost

Making me feel helpless
Crawling on the floor with tears everywhere
Trying hard to forget all about it
Why did I have to say those words

If I only knew what it would have lead to
But I didn't and it did happen
I try to make myself believe that it wasn't me
That I didn't jinx anything

I try to look at it in a good way
But face it there is no good way
To look at it
Past is haunting me like it never has before

Digging into my skin
Into my mind brainwashing me
Making me believe that it was my fault
But looking at it now and knowing that it was my fault

December 28,2007

ESPN CHICK

Have Faith and Believe

Taking it minute by minute hour by hour
Searching for the answers that you've been looking for
But you know all the right answers
You just push them to aside

Saying it can't be right
I can do this on my own
Taking it day by day month by month
Still figuring out what to do

You're clueless
Looking for all the wrong answers
You say they are the right ones
But you are still in pain hard aching pain that won't go away

The answer has always been in front of you
Guess you have been blinded from the start
Can't figure out that all you need is to look above
And see that God is there with you

He has always been and always will be
You're wondering why you're still in pain
Its because you haven't put your faith in him
And you haven't asked him to take the pain away

Of course there will be sorrows that still come around
But they won't hurt near has bad
Because with God anything is possible
All you have to do is believe

You say you want to change things
But you just don't know how
Either that or you're just still confused
That you don't know what to do

You can't have faith if you use your eyes
You have to use your heart and soul
So what are you waiting for
Cause you never know when our last day will be

If you trust in God and have faith in him
He will give you more than you could ever imagine
Give up all your old ways
And start living in the new ways

Cause God is in control
And he will show you all the right paths
Read his word and he will surely give you eternal life
All you have to do is believe and have faith with your heart and soul

February 17,2008

ESPN CHICK

He Came

April 13,2008

He was born in a manger
Born to die for me and you
He came to die for our sins
So we would not perish but have eternal life
He came to save us all
To save our souls
He came to Earth knowing the price must be paid
Came knowing that one day he was gonna die young
He came and lived a sinless life
A perfect sinless life
He came to be beaten and nailed to the cross
He came to suffer the consequences
Among everyone else he was different
He shined among the crowds
He came spreading love around even to those who didn't want him around
He came as the chosen ONE, the MESSIAH, KING OF KINGS
Jesus came for the broken ones, the liars, he came for the poor and the rich
He came for all the people the good and bad
He came to be crucified so all may die and not burn
He came to defeat something no one else has ever or will ever do
Three days after he died on the cross he rose from the grave
He defeated death and he's alive in each and every way
He came and died for you and me
Came and bleed and defeated death for us
And said that he will return but when we do not know
We just have to be ready
Be focused on him and not the world
The world will make you stubble and fall
But Jesus will help you walk and not fall
He will help you with everything if you just ask him into your heart
Quit living for the world cause the world is selfish
And start living for Jesus the unselfish one who loves us very much
He came, He conquered death, He is alive

ESPN CHICK

He Did It

1,2,3 strikes you're out
He tries harder each and every day
But every time he goes to the plate
He chokes up and the crowd boo's

To hear those boo's is just another mistake he's made in his life
You can't see the scars upon his wrists but they are there
To him he can't do anything right

On and off the field he feels like such a disgrace
He thought if he could play baseball everything would just go away
All the pain, the fears, the suicide thoughts
But he was wrong no matter how hard he tries he knows he won't ever succeed

Maybe to other people baseball is just a game
But to him, he wanted it to be his life
To be something that people would remember him by after he's long gone

He goes home to see his parents fight over and over
It's a broken home and tries so hard to escape it
At 17 he doesn't know what else he should do
All those thoughts run through his mind

Suicide being his first thought and option
He practices every day to become a better ball player
Trying to start all over again and clearing all thoughts

Then one day one evening
With him up to bat with a 3-2 count bases loaded with 2 outs
Game tied bottom of the 9th
He hits one straight out of the ballpark and its a game winner

He finally did it
Finally he proved to everyone that he is worth something
That he can be the best

As his team carries him he knows for sure now that he can do it
No more bad thoughts
And has he looks into the stands he see's his parents hugging
From then on that broken home is slowly being put back the way it should be

He's finally everything he wished he would be
Now his scars are now stories fading
His thoughts are the past and now he is the hero

July 5 2009

ESPN CHICK

He Died For Us

God gave His only son to die for all our sins
Jesus died then 3 days later he arose again
He defeated death
Defeated death on the cross so we can spend eternity up above
He gave up everything all for us
Just so we can be cleansed in the blood
Jesus' body was beaten and broken for us
It's by His amazing grace that we live
Everybody praise the Lord
For He will not turn His back
But He will protect us under His wings

July 1,2008

ESPN CHICK

Heartbroken

Why did you leave me here all
alone, leaving me in the dark? I
thought this was suppose to be
the way you wanted it to be. I
thought you loved me. You left
me hanging on a broken wire.
You left my heart broken into.
How could you have done
something like this? You tore my
heart into and left me in the cold lonely world.
What happened to all the good
times we shared together. I
thought you loved me and cared
about me. Instead you broke my
heart into, and left me out into
this cold lonely world all alone. I
hope your happy now. We had it all.
I'm so heartbroken by this. Don't
you care?
I guess not. we had good times
together I guess I was not good
enough for you.
After everything I have done for
you, you give me this in return.

ESPN CHICK

Hello, Hello

Hello, hello, I'm calling out your name
Are you listening?
I need you here with me
Need you to understand where I'm coming from

For so long you drugged me under with those words
I can't explain how you made me feel
You made me breathless, completely restless
Didn't think I would fall for you

But come to find out, you were the best thing that happened to me
The one person I could lean on, the one person who understood
No one else understood anything, they just over looked what I said
You were different and I thought it would be you and I forever more

I was wrong now here I am shouting out
Hello, hello where are you now
Are you listening to my voice, or are you over shadowing it just like everyone else
Even though you live nine hours from me it still felt like a connection

You were the one I thought of all day long
The one I would stay up talking to til 3 AM
I can't explain the way I felt
Maybe I was just young and stupid

Or maybe I was just using you to replace this pain inside of me
Its been awhile since I've talked you now
Thought I could let you go but something inside of me just won't let me
So now here I am as foolish as can be calling out your name

Thinking of you and I don't know why
You've changed over the years
Guess you can say you're hot and cold
Hot and cold, in and out everything in between

All I can say is hello, hello are you there
I miss you so much but you just don't understand how much
How much I miss the conversations we would have
Those times where I was in tears, talking you made everything right when it was wrong

Hello, hello to you, I know I should say goodbye
But its hard when your name is still on my mind
Sometimes I wonder what it would be like if it was you and I
And then again sometimes I wish I didn't have you on my mind

September 3,2009

ESPN CHICK

Help Me

Help me find my way home
Help me find who I am
Help me chase my dreams
I can't do anything without you
I want you there beside me so I can share this with you
Help me find out if your the one
If you not the one then why is my heart beating fast when I am with you?
Help Me
Your the only one I want to spend forever with

ESPN CHICK

Her Broken Heart

Every hour of everyday
She thinks about dying
She runs and hides hoping tonight will be
The last night she has to hide

With no where to go
And no one to cling onto
She goes to cutting for strength

With every mark she makes
She hopes it will end this pain and misery
Hoping that soon she won't have to see herself in the mirror anymore
She's tired of waking up and having to cover up those lies she sees

Everyday she fakes the smiles
Deep down shes broken into pieces
She wishes that someone would see through

See through those fake smiles
And come and save her
But she knows no one really cares
And shes alone to feel the pain everyday

She wants to die
But deep deep down
Theres a broken piece of her body thats holding her back

Telling her shes came to far
She wants to pour out her heart and soul
But no one wants to sit and listen
Finding a way to write all her pain away

People sees through her poetry
Even though its a cry for help
Holding those tears behind her eyes

Covering up those deep scars
Wanting this to all go away
Hoping they will see her cry
Those writings of suicide

So maybe just maybe
At least one person out of a billion
Will come and save whats left of her broken heart

December 20,2007
Made up

NOTES
not great but...thats not the point of this poem....the point is that this girl is hurting and no one sees it they don't even try...she wants to commit suicide but somethings

holding her back and so she writes poetry to rid her sorrows and pain away...but she still wants someone to save her...and theres so many people who looks through those warnings they just ignore it or say the wrong things or talk about that person

ESPN CHICK

Here All Alone

Here all alone I sit and cry
Wondering why I'm so alone
Feels like everyone has abandoned me

Seems like when I need someone there
Someone the most, no one is there
Tired of pretending to be okay
Honestly I will never be okay

The truth of the matter is I'm lost and confused
I'm drowning in this pain I have
Lost within my thoughts that I keep to myself

There's no point to express myself
It's just a matter of time that I'll find out who the true me is
But now is this place and time I try to hide everything inside
I cover up those lies in the mirror

Sometimes I hate what I see
Can't help that these feelings sometimes takes over me
I don't know where I'm goin with this

All I know is that I'm so alone and lost
Can't stand that these tears won't fall anymore
Feels like they have abandon me too
No matter how hard I try to keep myself together
I know somehow I will fall apart all over again

January 28,2010

ESPN CHICK

Here I Am

Here I am waiting for you to come back home
Crying at night wondering why you left
Was it something I said?
Was it something I did?
Please tell me cause I just have to know
Whatever I did I am sorry, please forgive me
I made some mistakes and I want to fix them
I wanna make it right again between us
Here I am crying a million tears for you
I've tried so hard to make you happy
I didn't mean to make you mad
Please come back
I want you to know I love you more than anyone in the world
I'd do anything just to you back in my heart
I would walk a thousand miles to get you back
Here I am stuck in the rain trying to get you back

ESPN CHICK

Here I Am Once Again

Here I am still putting on that fake smile trying to make it real
Trying to hide these tears behind my hazel eyes
Here I am trying to erase my fears
Trying to cover up all the pain in the mirror

Here I am trying to put a mask on
Trying to fake who I really am on the outside
Here I am all alone trying to pick up the pieces of me
Trying to put my self together again but in the end its pointless

Here I am staring at these four walls
Trying to hide within myself
Here I am pretending that there's nothing wrong
Trying to keep it all together

But how can I sit here tonight still pretending
I'm hanging on wire and I'm barely hanging on
Here I am fighting this battle all over again
Here I am weak as can be but holding on being strong

Here I am once again facing myself in the mirror
Facing reality, knowing that this isn't me
I'm throwing the fake smiles and the mask away
I'm standing up for what I've known all along

This battle may never end
But in the end I know that God will help fight this battle
I know he will dry my tears away
He'll heal the wounds

So here I am once again knowing you washed away what I used to be
Here I am just letting my life go and into your hands
I know I count on you
When I fall I know you will be right there catching me

Here I am, Lord take all of me
Make me and mold me into what you want me to be
I won't put a mask on and pretend that I'm ok
Because I know in the end only You can fix me and with that I surrender all

Aug 6,2011

ESPN CHICK

Here I Am Still

Here I am still broken into pieces
Still covering up those lies in the mirror
And I still hate what I see
I don't think I will ever be satisfied with myself

All the pain is still inside of me and it just won't go away
Here I am still wearing a broken smile everyday
I keep it all inside all the pain and lies in myself

I'm staying strong on my own
Although sometimes I wanna break down
But I'm doing just fine
I'm keeping all the scars away

But the scars that I have they still remind of the past
How the past is still real inside of me
And the past won't ever go away

Here I am still lonely as can be
Not even close to being loved
Not even close to what I want to be
And I'm still broken inside and out

No one even knows it at all
Here I am still telling people that I'm okay
That I'm just fine even though I'm really not but I'm still trying to get by

Sept 2,2008

ESPN CHICK

Here I Go Again

Here I go again with you on my mind
How can I break away from this
Its not like we speak anymore
But for some reason I can't let go

I can't face the fact that you're out of my life
At one time or another you were the greatest thing that happened to me
Now I know you were just a waste of time
Wish I knew why I have you on my mind

I swear when I do try to talk to you
You act like you don't even know me
After all we've been through
All those ups and downs

But that's alright, that's okay
Because when you need me
I will be ignorant and won't respond
All those tears I cried were me being foolish

All those thoughts of you were just me missing you
If you only knew that I'd care back then maybe just maybe I could of had you
Here I go again thinking all my time away about you
But one day you'll see that I was the best thing that you let go

June 18,2011

ESPN CHICK

He's

He's everything to me
My superhero, my life
He's all I think about day in and night
He's so sweet and sensitive
He treats me like a princess
Like no other guy I've ever met
I know he's the one
He's always around when he can be
He brings me a dozen roses every month
He's super and cares about me
He knows how to treat a girl with respect
He doesn't keep promises that he knows he can't keep
He's my prince, my strength, my security blanket
He's my lover that I'm deeply crazy about

(May 29,2006)

ESPN CHICK

He's Had Enough

There he goes walking down that broken road
With every breath he breathes he wishes he could die
Another wasted day in his mind

To him he feels like another wasted soul
Looks at his scars and wonders why
Why didn't he die like he hoped he would have

He cut right into the bone
Where a huge scar is there
And that scar tells a story but he covers it up

Because he knows that no one else will ever understand
One last time he takes the knife out and cuts where blood is running all over the place
He takes out a picture of his family and thinks of how all the tragic they have cost him throughout the years

He cries out into the heavens and asks God why
Why was he born into a home where his parents would be so drugged up where they beat him until he was black and blue
Then he takes out a gun and says goodbye to the world

Goodbye to all the tragedy
He takes the gun to his chest
Pulls the trigger then he's on the ground where he's dead

August 30,2008

ESPN CHICK

HEY

I'm pounding at the walls
Does anybody hear me?
I'm so alone
I don't know what to do

I'm screaming out HEY CAN YOU HEAR ME?
Or are you deaf to me

All I want is to restore
Can you hear me tonight?
This pain is building up inside
Slowly I'm dying

I'm pounding on the walls
And screaming out HEY CAN YOU HEAR ME?

Or are you're ears deafening now
I've pound the walls so much that it feels like I've broken my hands
And I've screamed at the top of my lungs so much that I've lost my voice
I guess nobody cares cause I'm still here all alone

I will sit here inside of myself
Until the day I die

Lonely is who I am
Its who I've been
The pain inside of me has always been there
As well as the broken tears that falls from my face

I will pray for things to get better
But I know they won't get much better

I will try to die and hope to succeed
I'm better off buried 6 feet under
When I'm long gone I wonder if anybody will hear me scream
Hey I try to tell you what I was feeling

But your ears were deaf upon my sound
Don't waste your time on me I'm here to say goodbye this time

June 30 2009
Made up

Didnt come out the way I had it in my mind

ESPN CHICK

Hold On

What do you do when you have a bad day
When all you know is crashing down
When you think you're life is coming to an end
You don't think you can do anything

So you run inside of yourself
Hoping that life will come to an end very soon
Cause you just can't handle anything else

All you know has been taken away from you
And you don't see a point in trying to make it anymore
What do you when you have a bad day
Do you run and hide

Or do you sit there alone in the dark
Wishing all this would go away
Cause there is nothing else that can make you happy

You're alone even when others are around you
You feel like everyone is staring at you and talking about you
But its okay you're gonna make it
You are strong enough to pull through

Its okay to hide every now and then
And its okay to cry yourself to sleep
Waiting on a brand new day

When your life is crashing down on you
Just think about it
It happens to everyone
And everybody goes through some pain in life

But its hard to except reality when it hits you right in the face
You never think it can happen to you
It happens and life moves on keep your head held high

Cause you never know when time will end for you
Hold on what you've got left
Dig and find who will help you hold on
There's always people out there who cares just hold on and find a way somehow to pull through

February15,2008
not the greatest

ESPN CHICK

Holding On To These Feelings

I'm holding onto this pain
And I do not know why
I do not know the reasons for anything
Especially why you are on my mind
Each and every day

I'm holding onto you
Even though you are not here
And I wish you were
I hate it that we live so far a part

I hate it that you don't know how I feel
All I can do is pour my feelings onto pieces of paper
Cause I can't pour my feelings out to you
Although I do wonder what you would say
Would you feel the same

Oh how I do want to know
But I just can't tell you how I feel
And I hate that I can't
Holding on to these feelings and it does hurt

I've tried to tell you how I feel
But I just don't know where to begin
You make me happy
Make me smile even when I don't want to
You even make my heart melt away

Holding on to these feelings for you
Wondering why I can't tell you
And why I can't get you off my mind
All I can do is think of you and write my feelings out

Oh how I want you here with me
How I want you to try to kill this pain
This pain that I have from head to toe
How I want you wipe these tears from my eyes
But you would never love a girl like me

A girl who is broken inside and out
Would you
I know you wouldn't
Thats why I'm holding on to these feelings inside

January 9,2008

ESPN CHICK

Hoping

I'm standing in the tears I cry
Hoping that someday this pain will go away
Broken into thousands of pieces
Maybe one day someone will save me

Just maybe I will be free from it all
Free from all the pain that stores in me

Maybe I won't have this agony
Maybe someone will come and make me whole
Hoping everyday I will rid this pain
And that I will be whole

I'm sick and tired of being this way
Sick and tired of faking the smiles

Sick and tired of being broken
Ready for someone to step in my life
I need and want to be whole
Hoping one day somehow that will happen

November 1,2008

ESPN CHICK

How Are You?

Just sitting here thinking about you
Thinking about how you use to make everybody laugh
Wondering if your doing ok
Every since you left things haven't been the same
I want to call you and tell you how much everybody misses you
I really miss you
I want you to come back home
Where are you?
What have you been up to every since you left that foggy Tuesday morning?
The thing that I want you to know is that I like you more than friends
All the times we shared together
You've always have been there for me
Now I don't know what to do
I wish that you would come back and tell me that you will stay and you feel the same way about me

(Dec 20,2004)

ESPN CHICK

How Can I

How can I fall like this
How can I say you are the one
The one that can save me

How can I go this route
When after all I've never figured you out
Figure out if you care

So how can I sit here tonight
And say that I need you
That you are the only one who can kill this pain

Although I do want you but
These feelings I have for you are mixed up
Cause I also like someone else

But for some reason you are sticking to my heart
Your name never leaves me
And I wish you knew how much I could show you

Show you how I feel
How I never quit thinking about you
I've tried to get you off my mind

But here lately you are in all my thoughts
How can I say I need and want you
How can I say that I need you to be my hero

You do make me laugh
But I'm confused and lost and alone
Maybe all I need is to be whole but is that wrong

Is that wrong that maybe I'm using you just out of my selfishness
And I'm sorry I'm being selfish but I just don't want to die
Is this my excuse to be in love

That I do not know
It feels like I don't know anything
Cause all my thoughts are you

Please help me figure this out
Cause I am not sure anymore
Not sure if I need you or if I'm trying to use you

January 5,2008

ESPN CHICK

How Can I Feel This Way

Don't you know the way you make me feel is unexplainable
Its indescribable how you make me feel this way
Can't believe I feel this way
After all I hardly even know the true side of you

I can't even begin to tell you the way I feel
Cause I can't even find the words

And you don't even know the way I feel
But I have no idea where to even begin
How can I begin when I can't find the right words to say
You make me completely speechless

How can you make me feel this way
Tell me how cause I have no clue

The things you say are unreal
You make me happy
Even make me cry a little
Why do I feel this way

You are the only one I feel this way about
But you have no idea how I even feel

If you knew who I really am
Would you even care
Would you still talk to me
And not push me to the side

Cause these feelings for you is all I know
Only you make me smile, laugh and even cry

No one else can make me do all three
You are unexplainable
Why haven't I figured you out
I've known you for a while now but you still amaze me

February 8,2008

ESPN CHICK

How Could

How could I be so blind
And not see all those lies
That were right in front of me all along

How could it be that you would do this to me
After all I trusted you
But you just let me sit there and look like a fool that I am

How could you sit there and let me think that I was in love with you
From the beginning to the end I swear you were the one that I wanted forever
Much love indeed I was until I found out the true side of you

How could my heart betray me
Making me think it was beating for you and only you
Thought of you all the time and it felt like you were my everything I'd ever wanted

How could this happen to me
After all I was broken and I guess I thought you would fix me
Thought you would make me whole

How could I listen to those words
They sounded so good
And it felt like my pain was slowly going away but I guess your words were just hypnotizing

From the first time we talked you took away my breath
Then from there I was love struck by you
Felt like you were the one I needed and the one I've been looking for

Was I ever wrong, indeed I was so wrong
Live and learn that's what I've got to do now
But how can I start over with the thoughts of you surrounding me feels like there is no air around me

How could I sink this low
You meant so much to me and I wish you could see
That I was falling for you the first year that we'd started talking

How could you leave me last night
After you asked me one simple question
You left me hanging and I want to know why did you leave me without saying good bye

May 13,2008

ESPN CHICK

How I Want

How I want to escape it all
Runaway and hide
Lock up all this pain inside of me

How I want to quit it all
Quit this life before It kills me
Cause I'm not sure if I can handle it anymore

How I want to cut again
But something always holds me back
Forcing me to stick with life

How can I be strong
When I've let this pain build up inside
I guess pain is just a part of me

How I want to believe every things ok
And one day I won't be alone
But right now is all I'm concerned about

How I want this bruised heart to heal
Am I to broken to be fixed
Cause if I am then I don't want to be here

November 28,2007

ESPN CHICK

How Should I Feel?

Cold and lonely is that how I'm suppose to feel?
Cause all I feel right now is the warm tears flowing down my face
My heart feels so numb and torn but I don't know how I should feel
Inside I'm lonely and crying for help but the outside I'm just crying
Listening to my music to regain my strength cause the beats and words flows with the beat of my heart
Am I suppose to feel helpless?
So helpless that I'm lying in tears that I cry
Can you hear me screaming at the top of my lungs?
Who cares if I'm lonely and cold I'm not gonna let emotions take over me
Cause if you can't handle the truth then don't ask for my input
Don't put me down and make me feel bad
Cause you know just about everything I say is true

(4-17-2007)

ESPN CHICK

How?

How can I feel this way about someone I barely even know?
This is a crazy love shot feeling that I can't control.
When I talk to him I want him more and more.
How can I be this crazy about him?
How can I fall like this?
He knows me better than I do and he barely even knows me,
and it scares me.
How do I know if he's the one I truly love?
We have so much in common and he loves me for me.
How do I know if he's it?

ESPN CHICK

I Always

I always find a way to forgive you.
I always find my way back home to you.
I always will remember the times we shared.
I always will carry those memories with me to my grave.
You will be forever in my heart.
I love you I always will love you.
I always think about you and how that you were always there for me when I was down.
You always were the one that I could count on.
All I have now is those memories of me and you and photos of when we were together.
I wish that you could come back to me. I wish that you could see the look on my face since you've left. I miss you and I always will miss you. Seemed like you and I were suppose to be together forever but I guess I was wrong.
I still love you. I wish that you would come back to me

ESPN CHICK

I Am Alone (You Don't Understand)

I'm holding these tears behind my eyes
And I can't sleep at all
I don't know what to do I'm confused
I've been up all night restless as can be
I look at life's past and these scars on my arms
They tell a story that I can't explain

Here I am hoping I can stop the pain
Even though I know I can't
And I've lost my way home
I'm stuck out in the middle of nowhere
I've tried so hard to find my way home
But I'm so lost I don't know right from left

Everyone tells me they understand this pain
But they don't know the kind of pain I'm feeling
They will never know cause they don't want to listen
Everybody knows who I am but they don't see behind these eyes
Behind the tears that I cry at night
They don't know what these scars represent

I know I am alone
I have me, myself, and I
I am alone in finding my way back home
I am alone fighting this pain
Fighting these tears
And fighting to cut
You don't really know me
You don't live in me
You don't see inside me
So how can you say you understand
When you don't even know the pain I'm feeling

ESPN CHICK

I Am Me

I don't care what you may say or think
I am me and I'm not gonna change
I don't care who you are
Its my life
I am me and me wants to sit in dark
And imagine life if you were still here
I don't mind of your thoughts and fears
Sit back and relax for once
Always trying to change me
Why?
Cause I am me and no one can change me
I am the girl who writes and cries
The girl who cares to much
I am me no one can change me
Not even a guy can change me
People needs to take me for who I am
I am me
The girl who loves sports
Why would you want to change me?
Its my life so sit back and watch
I'm gonna stay who I am
Cause I am me
The girl who wants to run like a horse
Just want to chase the stars
The dream of the life time
Why would you want to bring me down?
The girl who wants things never to change
I will be the same thats the fact
Changing me isn't gonna change the fact of this life that I live
I am me
Do you get it now?
I don't want to change
Its my life and I am me
The girl who laughs about anything
The one who grooves to music
I can face the facts that I'm not like the other girls
That's the way I want it to be
No one can change me
No one can erase my past and write it all over
Its been written and I have to live with my mistakes and my fears

ESPN CHICK

I Can Feel It

A new year means new ways
But for me it means nothing
Its just another year
Another boring year ahead I can feel it inside

Waiting for more pain to arrive at my door
What a year it will be
Just filled with sadness straight ahead
I can feel it 2008 will be just another depressing year

Take it or leave it
It will follow me
Pain is just to strong
And I will never defeat it

I've been there a million times
And I know for sure
Pain is not an option
It just comes to me naturally

Yeah I can feel it now
2008 will be another bad year
Nothing happy will head my way
Even though I will wish that it would

December 31,2007

ESPN CHICK

I Can't

I can't handle not being with you
You take my breath away
Everything you say is to real to believe
I can't handle holding my feelings inside anymore
All I can think about is you and how you make me feel
I can't pretend that I don't love you
Your my dream come true, my prince, my everything

(May 16,2006)

ESPN CHICK

I Could Not (But I Do)

I could not care about you
I could not be there for you
I could not love you
I could not be with you
but I am
I care about you
I am there for you
I do love you
I am with you
I get tried of you saying what if
What if I walked away and left you
Left you all alone
Left to fall apart
You know me better than that
I would never walk away and leave you
Leave you all alone
Leave you to fall apart
I love you and want to be with you
As long as I am with you nothing can change the way I care for you and love you

ESPN CHICK

I Don't

I don't ever want this day to end
When I'm with you my whole world
stops spinning
I don't ever want to let you go
With you I feel like that's
where I belong
I don't care what other people say
Cause your the only one that
I can hear
I don't want anybody else
Your the only one that I could
ever love & spend forever with
I don't want to ever lose you
Your the only one that I have
ever loved

ESPN CHICK

I Don't Know

I don't know if I can handle another day of this
Of this pain inside
This pain thats filled me up from head to toe

I don't know if I can handle another day without you
Cause you always took away this pain
Wondering where you are I need you to take this pain away some more

I don't know if I can handle being being broken for life
That's what it feels like to me
Being broken forever and ever never will be whole

I don't know if I can look at life the same
With all those tries of suicide
All those times where I couldn't die felt like life was a drag

I don't know if I can look at myself in the mirror at be ok with what I see
Cause I've covered up my lies for so long
I don't know who I am anymore

I don't know if I can look at him and smile ever again
With all those lies that he told and leaving me hanging on a broken wire
I don't think I will ever be able to look at him the same without tears

I don't know if I can handle this pain but I will try
I don't know if I can handle another day without you but I'm not gonna cry over you
I don't know if I can handle being broken forever but that's not gonna stop me from trying to be strong

I don't know if I can look at life the same without wanting to cry but I swear I'm alright
I don't know if I can look at myself in the mirror and be ok with what I see but life goes on I can't let that bring me down
I don't know if I can look at him and smile ever again after all those times we talked he made me the happiest girl around but somehow and someway I've got to pull myself through

May 6,2008

ESPN CHICK

I Don't Know Why

Look what you did to me now
Got me twisted in a crazy world for you
Gotta find a way around this now
And untangle myself out of this mess

But that's easier said than done
Cause I love and hate you
I don't know what to do anymore

You're such a part of my past that I just can't let you go
I wanna know if you feel the same way
But my heart won't let me ask you
My soul keeps screaming out your name

I'm so broken and it feels like that you're the one to put me together again
Those nights of long talks kept me smiling
Kept me at the edge of my seat

I don't ever wanna lose you
Don't ever wanna forget you
You mean so much to me
Although you don't know it

I don't think you need to know it
We're so far from each other
I know things won't work anyhow

I just can't help myself now
To think of you how you twisted me around
How you don't even know how I feel not even close to knowing
It's my best kept secret and so are you

You're the secret I'd like to keep forever and ever more
Hardly anyone knows about you
And I guess that's the best thing

I think you're cool and funny
Though sometimes you confuse me
Its all okay cause I don't want it any other way
You mean so much to me and I don't know why

You've pulled me under with your words
I swear I feel so foolish
But it feels so right when I know its wrong

I don't know why I think of you like I do
I don't know why soul screams your name
I don't know why I never had the nerve to tell you how I feel
Just a little something in my mind tells me that I don't need you

July 25,2009

ESPN CHICK

I Dream

Everyday, Every hour I dream about it
About my future the way I want it to be
I dream everyday about who I want in my life
And who I don't
I dream every night about a certain someone
The one who I really want in my life

I dream about what I want to be
A poet or sportscaster? I'm so confused
Anit nobody trying to help me
They can't wait to see me screw up
So they can laugh in my face

Just waiting wondering what I'm gonna do
Every now and then I let a few tears roll out
Call me a crybaby
It don't matter no more

Just let me live the way I wanna live
I dream about it and think about it
But I'm still CONFUSED!

ESPN CHICK

I Get Carried Away

When I hear your name I get carried away
You mean so much to me that I just can't explain
You leave me completely breathless
I get carried away by the words you say to me
And by the end of the day I'm restless
Cause I just want to be with you
Since you've came into my life you turned my world around
Every time I think of you I get carried away and by the end of the day I can't wait to see you
Working 8 to 5 and got only you on my mind feels like you're the best thing that's ever happened to me
I just wish you knew how much I get carried away over you
Maybe one day you will see how much I love you
But then it might be to late

May 24,2009

ESPN CHICK

I Got To

This year has been the greatest
I got to spend more time with you
I got to see the true side of you
Now I can tell everyone that your real
That your not just some fairy tale
I got to see something that I have never seen before
I got to see what it was like walking in your shoes
I got to walk and talk with you
Walked on the beach, watching the sunset
This year has been wonderful
I could not ask for more
There is a puzzle piece missing and I found it
I love you so much and I can't let that feeling go
I got to see the true side of you
You taught me so much over this year
Now we can talk more about us instead of nothing
I hope our love lasts....because I can't see myself with anyone else
I am so glad I got to see who you really are

Written 11-29-06
made up

ESPN CHICK

I Have To Stay Strong

I can't get rid of these thoughts of suicide
But I can't bare to give in to those thoughts
I've came to far
And I'm not going to give in

I look at the knife everyday
And I think about it time after time
But I know I can't give in
I have to stay strong

I have to stay strong for the ones who care and love me
Even though I run into rough times
I still have to stay strong
Cause I don't want anyone to see me like that

Even though I still feel alone
I remind myself I have to stay strong
After all I know I have to fall sometimes
I have to learn my mistakes I have to stay strong

November 26,2007

ESPN CHICK

I Hope You

I hope you think of me when your asleep in bed
When you were with me you had everything
Hope the rain doesn't ruin your parade
Sitting here watching the time fly by with my new guy
He's so much better than you
He even opens the door and pulls out my chair
He's such a gentleman unlike you
I hope your happy now cause I know I am
Its raining out and I hope it does ruin your parade
Thanks for nothing your such a waste of time
I hope the next girl will make your life a living hell like you did mine
You think its just a joke but remember what goes around comes back around so baby try not to get to comfortable

ESPN CHICK

I Knew

I knew that one day this would happened
I couldn't stop it I didn't even try to
Because I knew we were through
I knew that you cheated on me
I didn't want to believe it because I trusted you
My heart was broken once again
I'm sitting here in tears looking at a picture of you
Wondering why you did this to me
The clues were right in front of me but
I just threw them away
I knew it was too good to be true
I knew that it was over when you left me a voice mail saying
'we need to talk'
A year we spent together
Which was wonderful
You there by my side
Now I wonder if the year that we were together you were with some other girl
But I told myself it couldn't have happened
I knew that you were through with me
I knew I love you
I knew I cared when we went on our second date I knew

Written on 10-16-06
made up

ESPN CHICK

I Knew (Right Direction)

April 10,2008

Could it be that I was blind from the beginning
Never saw it coming until it was too late
I knew then I had to do something
Cause I couldn't keep living life this way
I had to make a choice
But how did I know if it was the right one
I had to go with my heart and I think it led me in the right direction
And I knew right then my whole world was about to change
I knew I would change into a different person
But I knew that I chose the right direction
And I won't turn back for nothing in this world
Cause I'm better than ever
Better than anyone could imagine
Figured out it was better living a life for someone whose always by your side
Then living the life I knew
Filled with nothing but pain and I was broken inside all over
But thats all over and this is me the new me
God took away the pain and I knew that I was a different girl
He changed my heart
Changed my whole world
I knew after I chose that path that I was making the right decision
And I'm not turning back anymore

ESPN CHICK

I Know

I know that you will help me when I call on you
I know that if I say a prayer you'll answer
I know that you will always listen to what
I have to say
You are everything to me
I just want to praise you, O Lord &
learn to spread your word to people who
may not know you
I know heaven isn't a myth
There's a place saved for me far away
I know you will help me
Even when things are rough
I can feel your presence in this room
all around I know you're here looking after me

ESPN CHICK

I Know A Girl

I know a girl who hates her life
Who wishes she was dead
Everyday she cuts wanting to die
Wanting every thing to go away
Her parents don't know shes there
Shes alone in this lonely world
Wanting things to go away

I know a girl who wants to die
who wants to be notice its no surprise
She's had a hard life
Everyday she hides
she's wanting to die
Screaming out loud I WANT TO DIE
Listening to her dark music
Crying on her bed
She knows that theres no hope or help for her
her room is painted black with dark red roses
she loves to bleed cause thats all shes ever known
One last cut she says but then she keeps on until she hits the vein
Now shes lying there all alone in her room dying on the floor
Screaming for help no one knows she there
Now its to late shes gone
All of her fears are now memories her journal she kept is now framed
cause thats all that is left of this lonely girl

ESPN CHICK

I Made Everyone Believe

I made everyone believe that I was ok
But I was lying
I was putting on my fake smile
When no one was looking

I made you believe that I would be fine
For reasons you will never understand
I wish you could see this dying girl inside of me

But no one has ever even tried to look inside
I wish you could see that I am afraid and all alone
Afraid of getting hurt
Afraid of always being alone for the rest of my life

I made everyone believe that I was alright
When all I wanted to do was run and hide
Hide within myself

Listening to my music loud
Hoping that it would drown out the pain
Writing all my sorrows away
But they keep coming back

Most of all I made myself believe
That everything was going to go away
But I was wrong cause everything came back

ESPN CHICK

I Miss

I miss when you tell those jokes
I miss your hugs and kisses
I miss cuddling with you
I miss that cute smile
I miss those I love yous
I miss those crystal blue eyes
I miss that blonde shaggy hair
I miss everything about you
The way you used to tell me everything's ok and no one can take my heart away from you
What happened to those days?
I miss you
Are you ever gonna back into my arms?
I need you I'm empty without you

ESPN CHICK

I Miss Him

Why can't I get him off my mind
I thought I killed his name
But apparently it never did die
Cause he is still the one I'm thinking about
Only if he knew that I miss talking to him
Would he make an attempt to talk to me

If he read everything I've ever written
I wonder if he would figure out
That most of my writings are about him
And if he did figure it out
What would he say

I only wish that I could talk to him more
Cause he makes me smile even when the day has been rough
And I never want to leave our talks that we have
I always have fun talking to him and I don't know why
I don't know what to do

He doesn't even know that he takes this pain away
Takes every part of it away
But I wonder was he just replacing my loved one that past away
Was he taking the spot to make me whole to make me happy
And he did but he never knew that he was replacing my grandfather

But then slowly I started to like him more and more
And the more I did like him
The more I started to think that hes it the one for me
But now I know I'm fine without him
Besides he lives to far away
I still do miss talking to him though
He always makes me laugh when we talk
And then I never want to leave
Because he is wonderful to me

February 3,2008

not the greatest...but o well....

ESPN CHICK

I Miss You

Sometimes I wonder where you are
Then again I just wish I could forget you
Now and again I wish you would talk to me
I miss those talks we used to have
You were my best friend
Even though you live so far away

I could talk to you about anything
What happened to you
Is she the reason why you won't talk to me
What's the deal I just want to know
Those late nights we stayed up and talked
I guess they meant nothing at all

I mean nothing to you anymore
Since she walked in your life
I'm just a waste of time
I should have known you were to good too be true
But I was foolish and stupid
I still miss you and want you to know that I'm sad without you in my life

April 1,2009

HAPPY APRIL FOOLS EVERYONE! !

ESPN CHICK

I Miss You Still

There's still a tiny piece of my heart that needs you
A tiny piece that tells me I miss you
I know I'm better off without you in my life
But I just can't face life knowing that I loved you
Knowing you pushed me away

When all I ever wanted was to be with you
I still wonder why you never gave me a chance
I know we live so far apart
But somehow some way we could have made it
You always said the right things to me

Especially during my darkest times in life
You were always there comforting me with those words
Saying every thing's gonna be okay
You pulled me under with those words
Making me think I was everything you wanted

But then slowly you started pushing me away
Then I didn't know what I was gonna do if I lost you
What I would do without those words
Without you comforting me when I need you
I needed you two weeks ago but you don't care

You have forgotten all about me
But that's okay I'm pulling through without you
I still think about you from time to time
My heart still misses you
I will forever miss you but I will do just fine without you in my life

September 26,2008

ESPN CHICK

I Need

I need to get away
I need to know who I am
I need you the one person that I cannot
Hang on to
I need to be free
I need to live a little
I need someone who can help me
I need someone who lives far away
From here
I need something to keep me alive
I need strength
I need love
I need peace
I need stuff that you cannot buy
I need to hang onto something or someone for a while

ESPN CHICK

I Need Scars

How I want to cut so bad
Just to feel the pain
And to see crimson blood

I know I must stay away
But it sounds so good
These thoughts keep lingering in my head

I don't know what to do
All these thoughts are taking over me
But what will one or two little scars do

They won't hurt anyone
And so what if they do
I need the scars

I need to feel alive once again
I'm so far away from paradise
So far away from being whole

I need something in my life
And thats the only thing that will soothe me
Nothing and no oen will ever be able to make me feel alive to make me feel whole

Just a scar or two then I'm threw
It's an old addiction creeping slowly back into my life
I just need to feel alive

Everyone ignores the screams
They ignore the broken smiles
And they see threw the lies

I don't care if the scars are there
They tell a story that only I know
I want scars forever and always because thats the only thing that soothes my soul

May 31,2008

ESPN CHICK

I Need To Get Away

I wish I could get away
Find a place other than here
This place has nothing but pain to offer
Pain is not what I need right now

I need to get away
For maybe a week or more
I don't need to cry anymore
I don't need this pain

I've taken all I can take
And now I want to do is punch the wall
This pain just doesn't wanna leave
I can't handle it anymore

Its all inside of me
All this pain balled up
I'm crying and can't stop
Wanting the suicide thoughts to fade

Everything I've been through
I thought I killed it
But it keeps coming back
I don't know what to do

I need to get away
Cause I don't feel like staying here
I'm afraid of harming myself again
Cause I just can't handle this anymore

October 15,2007

ESPN CHICK

I Need You

As time fades away
I sit and think of how things were
Holding a picture of you
Wishing you were here with me
Cause since the day you walked out of my heart
I've been devastated
Pacing back and forth thinking of a way to get you back
I need you, I need my true love
When you left I lost a part of my life
I never knew how much I loved you until now
Please come back
Please come back and tell me that you won't ever leave me again
Cause what we have is to strong to lose

ESPN CHICK

I Need You To Take or Kill This Pain

Don't you know I've tried hard to let go
Let this pain die
But it would not die
It haunted me so bad where I didn't want to live
Don't you understand that
That I need you
Need you to take this pain away
Kill this pain
I don't want it anymore
I just need you
And I wish you knew
But since we don't talk much anymore its hard
Hard to smile
Hard to laugh
All I can do is cry
Only you can make me happy
Oh how I wish you knew that this pain is taking over me
Pain torching me
Digging into my skin
I'm trying to stay alive but thats hard to do
When all you feel is this agonizing pain
Pain from head to toe
Oh I wish you knew how bad I need you
Boy I want you don't you get it
Don't you understand what you mean to me
What you do to me
I can never get you off my mind
And while I'm thinking about you
I wonder if you are the only reason why I'm here

January 9,2008

ESPN CHICK

I Pretend

I pretend that every thing's OK
when all I want to do is breakdown
why cant people take me for who I am
It shouldn't matter what you look like
What you want to do with your life
I pretend that I don't care what they say
but deep down I fall apart
it seems like I'm hated by the world
no where to go no where to hide
just holding my pillow tight
wanting this to disappear
why cant I live inside my dreams
where I can be myself
don't want to stay where I'm
not wanted
why do people judge me
if they don't know me
it just rips me in half
when they say things that
aren't true and it spreads everywhere
and your alone wanting to stay shut up
holding your pillow tight
with the music up
crying yourself to sleep
I pretend I'm OK but
I just want to fall apart

ESPN CHICK

I Pretend Part 2

I pretend that I'm ok
Trying to hide deep down in myself
Hiding these tears behind my eyes
I pretend that I'm happy
But I'm really broken
Broken by everyone & everything
I pretend to be upset but I'm
Really crying for you
I pretend that I'm not scared
When I really am scared
What no one knows don't hurt
So what if I hurt everyone around me
They have hurt me twice as bad
I pretend that everything's cool
When everything is heat on the inside of me
I pretend I'm ok but all I want to do is fall apart

ESPN CHICK

I Promise

I promise to you that I will love you forever.
I promise I will care for you.
I promise to love no other.
I promise to you I will hold you every night.
I promise that my love will never fade.
My heart belongs to only you.
I promise to keep my love for you
For I cannot love another.

ESPN CHICK

I Still

I still think about you like I did before
These feelings never left me
Although I know I shouldn't have these feelings
Because I still don't know you all that well

It just feels like you have forgotten about me
For so long we spoke with words that felt real
What happened to those times
Feels like they have disappeared forever

I still miss those times where we talked three hours at a time
I never felt real until I met you
You were everything to me
Those words you said just pulled me under

I never felt alive until you came along
I still remember it all so well
And those memories I will keep with me forever
You meant a lot to me

You helped me through my storms
And I wonder now were you just a waste of time
Those words mean nothing now
But to my heart they mean a lot

I still miss those words
And I remember them like it was yesterday
They don't seem to go away no matter how hard I try
I know I am left feeling like this forever

I still want you to know how much I care for you
But I know you will never give me the time of day
Even though those words you used to say to me felt like you wanted me
And now I know that it was all unreal but I still remember and I will remember you till the day I die

June 5,2008

ESPN CHICK

I Still Have Memories of You

The memory of you still haunts me.....

I thought you would fall in love with me
I guess it was just a dream another crazy dream about you
I thought I would be you're everything
I guess I was wrong once again

I've changed since the last time we talked
I've cried a thousand tears and shed some blood
and its all from you
you don't know it but it is

i loved you i still cant let go of you
you were my everything
where did i go wrong?
I never knew i cared about you this much

everything i do i think about you
no matter where i am who i am with
i loved you
I wanted a happy ending

like a fairy tale but in my own way
i feel stupid for falling in love with you
after all i hardly know you
it just hurts so bad when you think you've found the one

and i thought i found him
but i guess it was just a stupid daydream
a Cinderella story that never came true
i miss you so much to bad you cant see the inside of my heart

ESPN CHICK

I Still Love You

I still love you
even though you
were with her
but I forgive you
cause I need you

We all make mistakes
but you confessed
that you were with her
All I want is to be
with you
I know you still love me
and when I wake up I know
that you will be there
I still want you more
than I did before
I still can find you
being true
I can trust you
that you will tell
me the truth
I still love you
though you were with her
I need you and want you
with you i can breathe again
I can be here forever if you let me
I gave you my heart and soul
you are always there when I need you
when I call you I can count on you being there
I still love you and always will forever

ESPN CHICK

I Still Miss You

Here I am trying to figure this out on my own
Trying to figure out why am I still alone
And why am I still stuck here with you on my mind

I'm still in love with you and I wish you knew
But then again I don't want you to know
Cause I'm afraid you won't feel the same

And I know that we live far apart
But this heart won't let go of your name
I miss you so bad and I hate who you have become

I always thought you were the one for me
I guess because we've talked for a long time
For hours each and everyday

How I miss that and I want you to know
That I will never be the same without you in my life
I don't care how far apart we live

These feelings for you will never go away
I wish you could see that you mean a lot to me
You're always on my mind

I've tried so hard to stay away
To keep your name far away from my heart and soul
But for some reason I can't forget you

I keep trying but every time I fail
You will always be stuck to me
Stuck to my heart and soul

I wish you could see that I need you
Cause you were the one who was there
When I needed to talk you would listen

How I miss that and I wish you would talk to me
Maybe one day you will see what you have left behind
A heart so true and for you I would have been there every step of the way

May 24,2008

ESPN CHICK

I Think

I think that I have found 'the one'
The one I love and wanna spend forever with
I think I wanna cry with joy
Cause I have never felt like this before
I think I'm in love
Never thought I would fall in love
I think I need him
He makes me feel good about myself
I think he's the one that I truly love

ESPN CHICK

I Think About You

When I'm all alone
I think about you
And I wonder how can I fall for you
Its way to soon for this to be happening

These feelings have taken over me
And I wish you knew how I felt
But I just can't force myself to tell you

I wish I knew how to get you out of my mind
Cause I don't want to fall in love
But a piece of me does want me to fall
So maybe I will be whole once again

But would you even look at me the same
If you knew how broken up I was
How torn apart I've been

I think about you all the time
But I know you would never wind up with a girl like me
A broken body deep inside you would never love me
And I know I did want you but you wouldn't even look at me

December 21,2007
made up

ESPN CHICK

I Think I'm In Love With You

Just sitting here, can't get you off my mind
I don't know what to do
I love you, I hate you
I don't know which one I should choose
Your the one thats always there for me when I'm down
I turn around and your there
You know what I like
You always make me crack a smile when I'm down
I think I love you
After all the things we've through together
We had so much fun
Your the only one who knows what turns me on
I love you for that and I always will
Please tell me that you feel the same way about me to.

ESPN CHICK

I Thought

I thought I knew everything
I thought I could be on my own
I thought I could do anything
I thought living wouldn't be hard
I thought losing my cool would be hard
I thought loving you was what you wanted me to do
I thought it was ok to be me & speak my mind
I thought I knew who I was
I thought I was the way everyone wanted me to be
I thought it would be easy living my dreams
I thought I could go by without needing you
I thought it was ok to let my feelings show
I thought pretending would be easy
I thought everything wouldn't be this hard

written in 2005 or 2006
made up (kinda)

ESPN CHICK

I Used To

I used to be strong
Not letting my feelings show
I used to be with friends all the time
Now I'm hanging in my world
I used to care what people think of me
Now I could care less what they say
I used to keep my heart open
But now I keep my heart closed
I used to say somethings that was on my mind
But now I keep a lot of things to myself
I used to be into girly-girl styles
Now I just wear my own thing
I used to let the tears show
But now I try to keep the tears behind my eyes
I used to never go anywhere hardly
Now I go like crazy
I used to be boy crazy
But now I have guys that are friends for now
I used to be like the other girls
Now I'm a different girl

ESPN CHICK

I Want (Its You)

This is all I want
I want to be held by you
I want to be kissed by you
I love you for you is that enough?
I want to be alone with you and die with you
I want to be hugged by you
I've been looking for a special someone and I found him
Its you that turns me around
Its you that picks me up off the ground
Its you that sees me for me
Its you that makes me feel differently
I can't help but wanting you
I want you to hold me when I'm scared
Its you I want
Do you want me?

ESPN CHICK

I Want Him (The One)

I want him to save me
But how can he when he doesn't know I'm broken
I want him to know how I feel about him
But I just can't get the words out when I get the chance

I wish I could say what is on my mind
But I just can't tell him what I need to
Every chance I get I can't find the right words
The right words to express myself to him

I want him to know that I can't sleep or eat
Cause he is on my mind
And I think I want him to save me
But I'm just not sure

Not sure if I need him for protection
But I swear that his name is tattooed on my heart
It never leaves my mind
So it must mean something

But what does it mean
Is this just a way to make me feel whole
To make me feel wanted and loved
But I really feel like he is the one

The one I really like to have
The one who could save me
He is the one I daydream about
The one I think about all the time

January 5,2008

ESPN CHICK

I Want Someone

I want someone to be by my side
Someone who will catch me when I fall
And someone who will take this pain away

I want to be able to cry when he's around
I want him to hold me and let me lean on his shoulder

Someone who will pick me up when I'm down
And turn me around
Telling me that its ok and things are better now

I want to be able to be myself
And to express myself

I want someone to listen to me
I want to be able to pour my heart and soul out
Someone who will always be there when I need him

I want to be able to walk the line with him
And I want him to support me like I will him

ESPN CHICK

I Want To Be Forever Yours

I've always found a way to push you to the side
Never wanted to ask you for help
Just always blamed you for every little thing

After every thing I've gone through and all the times I tried to die
I never wanted to ask for help
I always just blamed you never asked for forgiveness
Never wanted anything but to be whole

And all I had to do was ask you
Ask you to make me whole
To fix me completely
And now God I just hope its not to late

Not to late to ask will you take me
Take me back and this time forever
Not just for a little while but for good
Take my heart and soul
Cause I want to be forever yours

You always have your arms wide open
You know the deepest thoughts of me
Know where I am in life
And God its not that pretty
That's why I need you to help me

I'm asking you tonight
Will you take me back
Take me back in your arms forever
Cause I can't do it alone
And Satan has gotten to me
Gotten to me so many times

Sick and tired of him
Making me think that I'm in pain forever
Cause God with you I'm forever in happiness
Sick and tired of Satan pulling me under
Pulling me to the deepest darkest hole

Where all I wanted to do was die
Crawl up in a ball and cry myself a river
And he made me believe that cutting was my addiction
Cause God you should be that addiction and not harming myself
You are the hope inside of me and God I pushed you away

I'm asking you here tonight God please will you take me back and I know you will
But I want to stay
I'm forever yours forever and always
And I know I'm here for a reason
I'm not a quitter
I'm not gonna let Satan make me lose
Cause I hate losing

I've turned my back on you a million times
And you still take me back anyways
The love and patience you have is indescribable
Incredible its incredible what you do
And forever and always I'm glad that I can be yours forever more

February 2,2008

ESPN CHICK

I Want You

What can I say
I've liked you from the start
Have you never caught that part

But you are my secret
My secret I've kept the past four years
You know you have always made me laugh

Always making me crack a smile
Even when I have a bad day
You turn my whole world around

Turn that frown upside down
I can't explain how you make me feel
Can't believe you make me smile

I've never deserved such a good person like you
But now here I am thinking about you all the time
You never leave my mind

And when I think of you my heart beats faster
I don't know what to do
You always make me lose my self control

Every now and then
I walk around wishing you were here
Can't believe you live so far away

Cause I want you to save me
Save me from this life
I want you to kill this pain

I'm so alone
I wish you could be here
Killing this pain and holding me tight

January 6,2008

ESPN CHICK

I Wanted You To...

I wanted you to take me away
I wanted you to wipe away these tears from my eyes
I wanted you to chase away my fears and hold me tight
I wanted to start a brand new chapter about us
I wanted you and me to walk the line like no one is watching
I wanted us to walk along the beach and watch the sunset
I wanted everything to be about us
What we have in our lives is special and nothing will ever take that away from me
You will always be in my heart and my soul and I will always love you till the end

ESPN CHICK

I Was A Fool

I wonder why you quit talking to me
After all you were the first one to say hi
For so long we talked and with words I thought was real
But I was such a fool to believe anything you said
Because it was all such a lie and I was naive

I feel into a trap and for a long time it felt good
Although you lived far away from me
It seemed like we were meant to be
Never thought you would wind up being a jerk

I never felt that in love until I met you
Until we talked for hours at a time
But I see now that it was nothing but a waste of time
I wish I could erase you from my mind
We haven't talked in a while but you know I'm doing fine

I never got to pour my feelings out to you
Not the way I wanted too
All the feelings I had for you was left unsaid
I could never tell you how I felt but that's okay

Because I'm glad I never told you
I'm glad I never had the guts to tell you how I felt
I know now that you were never the one for me
It took me a while and now I know
I'm not gonna cry over you anymore

No tears will fall from my eyes for you
I miss you that's true but you will never know
I never told you I cried tears over you
I feel like such a fool that I did cry over you but its okay because I learned a lot over the years

Sept 1,2008

ESPN CHICK

I Will

I won't ever give up
No one can bring me down
I've came to far
I'm capable to pull through

I will prove to everyone
That I will be the best
The best that no one's ever seen

Can't break me
Cause I'm already broken
And I'm prepared to fight my way through this
To pull myself back together to be whole once again

I will become something that no one thought I could be
I will make it as long as I believe in myself
I won't ever change who I am
Cause I know I will pull through no matter what

I will use my strength and my heart to make it
Make something out of myself
And prove to everyone that I became someone worth while

December 8,2007
not the greatest not great at all but neways...comment on wat u think please...

ESPN CHICK

I Will Always Be

Oh how I want to be whole
But nothing will ever make me whole
I will always be this broken girl
And this girl who is filled with pain from head to toe
I tried to pick up the pieces of my broken body
But I dropped every piece after hitting rock bottom

I figured out that I won't ever be whole
That I will always have this pain
I will always feel alone and hurting
Even though my pain has became numb
I still feel pain each and every day

I don't care if I died here tonight
I know I'm going to hell and no one can save me
I'm so lost that I know I won't be accepted above
I need to get prepared to go down below
I tried to be saved but I just don't know what to believe
I'm tired of trying

Tired of barely hanging on
I'm confused and I don't know how much more I can take
Cause I am alone forever and always
I will be this girl who was always the one who loved to be alone
Always loved being alone cause everyone else did me wrong

And I've always hated what I see in mirror
Hate that I'm broken and filled with pain
Seems like things never go my way
I've always had a broken smile
My smile was never real
Always put on my smile when no one was looking
I made everyone believe that I was fine

But they finally caught up with me and my lies
Then they got worried thought I was gonna commit suicide
And they started saying all the wrong things and some people still do
What do I need to do to prove that I'm okay
And okay is all I will ever be

They think I need help and someone finally got help for me
But I don't need it I don't anyone to talk to
I got my writings to talk to and keep me company
Talking to someone isn't going to help me
Especially someone I don't even hardly know
Let me be please cause I am okay
I am forever and always okay

Can you see it in my eyes

Do you know that I'm okay
I don't think you believe me
By writing that's how I feel better that's how I know I'm okay
Don't you know that I'm okay I will always be the girl who is just okay nothing more nothing less

I'm broken and nothing or no one can fix that
I will never be whole
Just because you all are happy and whole
Doesn't mean that I have to be whole
You don't even care how I feel
Cause if you did you would listen to me
You would respect these words I say

But you will never understand
None of you will
What's the point of even trying
Even trying to get through to you
Cause I will never get through to you

But I promise I am okay
And okay is all I will ever be
Forever and always I will be broken
Nothing and no one can repair me
You can try but you will never succeed
And I will never be whole
Always will be filled with pain

I will never be in love
Cause love just isn't for me
And love isn't what I need
I need a life for just me, myself, and I
I can handle that I will forever be broken

That forever I will be bruised inside
I can handle anything
Cause I am solid as a rock
I have my shield up
Anything you say will reflect off of me
I am protected by my shield
I will always be this girl who is forever lost and alone

Do you understand all I just said
You don't want to understand do you
Cause if you did you would back off and leave me alone
Leave me to die in this pain
I would do anything to be alone

Cause I don't need anymore pain
I don't need to be broken anymore
There's already a million pieces of my broken body lying

everywhere
Its going to take forever to pick them up if I ever decide
to
I just wish I could go somewhere else
Create a whole new me
Where no one ever has to know that I'm broken and
bruised

They might see it in my eyes
But I will try to cover it up in the mirror
I know for sure though that I will forever be broken
I will forever be this lonesome girl
The girl who is bleeding forever on the inside

January 29,2008

ESPN CHICK

I Will Be Just Fine

I'm trying to figure out what to do right now
Stuck here with you on my mind
And I know you shouldn't be the one I want

You pulled me under with your words
When I was weak you listened
When the dark clouds rolled over me you were the one who made me smile

Who else am I suppose to think of
What else is there to do when your heart won't let go
It wont let go of you no matter how hard I try

There's times where you fade from me
Then something reminds me of you
And I'm not sure what to do

I'm caught up in these emotions for you
How am I suppose to feel
Cause I don't know you got me twisted

These feelings I don't know if there real
I don't know you that well
But it feels like I do all at the same time

You got me lost for words
And I guess these words will stay unspoken
I gotta bury them and put them behind

I need to move on
Slowly but surely I know I will
I know I will be just fine even if I never talk to you again

August 1,2009

ESPN CHICK

I Wish

I wish that I could be with you through hard and good times
I wish that you could see how much I love you
Half of me wants you and the other half is undecided
I wish that you could be mine and only mine
You help me get through these tough times
I can not express these feelings that I have for you
I wish you could see that we're made for each other
I'm glad that I found you
I just wish your glad that you found me

ESPN CHICK

I Wish I Knew

I wish I knew why you are always on my mind
Cause all my thoughts seem to be focused on you
I wish I knew why I feel the way I do
Cause I really don't know its unexplainable

I wish I knew why you make my heart melt away
Why are you the only one I feel this way about
I wish I knew how I feel about you
Cause I'm not sure

I wish I knew why I smile every time I think of you
And that's every minute of everyday
I wish I knew what to do
Cause you have no idea how I feel

I wish I knew how to tell you
But I don't even know where to begin
I wish that you didn't live nine hours from here
But you do and there's nothing I can do

I wish I knew why you make me shaky inside
You always seem to have the right words to say
I wish I knew how to tell you everything
Especially how I feel cause in a way its killing me holding it inside

January 8,2008

ESPN CHICK

I Wish That You Could See

How can this be
I thought I was over you completely
But I guess these feelings just won't ever leave
Just wish I could talk to you again

This heart of mine is breaking slowly
I wonder why you leave me this way
If only you knew these feelings
Would you always be there for me

If you knew what was going on in my life right now
Would you be there
Would you be there to comfort me with your words
Those words you say mean so much to me

Mean more than you'll ever know
You always say the right things
Especially through my tough times
But lately you haven't been around

I've been alone and wanting you to come back into my life
Cause I miss you I wish you would see that I need you
I need you now not three months from now
I feel empty without you feels like my whole world is coming down

Sometimes it feels like there's no air around me
Why do you make me feel this way
Feels like torture but then again feels like I love you
I wish you knew me in and out

Wish you could walk a mile in my shoes
To see what you do me
And how much you mean to me
Wish you could see it in my heart

See that you never leave my mind
Where are you I need you right now
Screaming at the top of my lungs
I'm so alone my heart is shattering for you

May 1,2008

*Not that good I know...

ESPN CHICK

I Wish You Could See That I Need You

Everywhere I go your the only one I see
Why can't you see that I need you?
Your always on my mind
I sit in class and daydream of you and I
I wonder how long it gets through to you
That we are meant to be together forever
I feel safe in your arms
I wish you could see how bad I need you
You were always there for me and I was always there for you
What do I have to do to prove it to you that we belong together
I don't know where you went or who your with
I just want my one true love back

ESPN CHICK

I Wish You Could See What I See

Do you see her over there?
Can you see what I see?
That she's the coolest person I know
She may be different but so what?
So what if she used to cut herself, so have I
It doesn't matter what she wears or what her name is
Always running from her fears she has nobody on her side
She's so broken inside
I wish you could see what I see in her
That she's nice and very polite
She doesn't down you for no reason
I wish you could see what she's been through
Then maybe you would understand and at least give her a chance
Just because she's not like you doesn't mean you can't talk to her

written on 9-16-07

ESPN CHICK

I Wish..

I wish I knew the right words to say
And when to say them
I wish I knew why bad things happen
Especially to the people I love

I wish I knew how to be strong
And not let these emotions show
I wish I could help
But I don't know what to do

I wish I could tell you why these things happen
But I can't even begin to tell you why
I wish a sign would dropp in my lap
Cause I don't know what to do or say anymore

ESPN CHICK

I Wonder

How do I know if these feelings for you is true
I wish I had a clue
Only wish you lived near
But you still wouldn't have time for me would you
I know you wouldn't

I've tried to bury these feelings for you
But I dug them back up
I know I won't ever get over you
If only you knew how I feel
Not a day that goes by I don't think about you

Sometimes I lye awake at night
Thinking about you and all the laughs we had
Cause you always knew how to put a smile onto my face
Even when my day was rough
And when I was in tears wanting to leave this world for good

You came into my life and I wonder why
I wonder why you make me laugh
I wonder how can I still talk to you after four years
After four years of lies and truths how could I know which was which
But I kept talking to you cause there was something about you I loved

I wish we could met once and for all
Then maybe I would find my true feelings for you
But how can I go this low
How can I fall in love with you
After all I don't know you all that well

What should I do
Cause we hardly talk anymore
You're too busy now
Even though you talk to me for two hours or so
Keep me up late at night just talking to you

Then I would be tired at school
And not focusing on nothing and no one else but you
Could it be that you put a spell on me
Cause if feels like I'm under a spell
I keep thinking of you

And I wonder do you ever think of me too
I miss talking to you and I've tried talking to others
But for some reason your name never leaves me
Its attached to my heart no strings with it
But tell me do you feel what I feel

February 14,2008

ESPN CHICK

I Would

I would walk across the nations just to find you
I can't forsake the one person that I truly love and care about
I would take care of you no matter what
I wouldn't let no one hurt you
Cause I know how it is to be hurt
I would die for you
I would do anything for you
No matter what it is
I love you I don't know what I would do without you
I want you to be happy so I would do anything for you

ESPN CHICK

I Would (With You)

I would do anything for you
No matter if its walking in the freezing rain or
Crying with you through your loss
I would make sure that no one would ever hurt you
I would be there with you through anything
All you have to do is call me when you need me
I would dropp everything just to be with you
I know you would do the same for me
Good and bad times I will still love you and
Drop everything just to be with you

ESPN CHICK

I....

I can't believe I love you like this
I want you more and more each day
I love when you hold me tight
I wonder if we're gonna be together forever
I thought love just a fantasy until you came and sweep me off my feet
I love it when its just you and I
I can't wait to see you again
I want you more and more
Your everything that I could dream of
The one for me that I love so much
I don't know what I would do without you

ESPN CHICK

If Everyone Cared

If everyone cared they would listen
They would listen to what I have to say
And they would take what I said and analyze it
See where I am coming from in my point of view

If everyone cared they would let me be
They wouldn't make me talk to someone who I don't hardly know
And they would just leave it all alone
Leave me here all alone where I know I'm okay

If everyone cared they would take it to heart
Take what I say and at least sit on it for a while
And maybe then they would understand
Maybe then they would finally get the big picture

If everyone cared they would do what I want
They would leave me out of they're minds
And they would think before they spoke those words
But the thoughts of that ever happening are one in a million
If only everyone cared then maybe they would see what I see

January 24,2008

ESPN CHICK

If I Said....

If I said I loved you what would you say?
Would you say the same?
Every since I've met you I knew you had to be the one I spend forever with
If I said I can't love no one else but you?
Would you feel the same way?
I've never fell in love like this before
Never ever had a chance to fall in love
That is until I met you
If I said can't nobody love me like you love me
Would you agree with that?
Cause I love you, your my special someone

ESPN CHICK

If Only

If only I could find my way
Find my way to my love
Cause I need someone to turn me around
And someone to take away this pain and misery

If only I could be whole once again
Maybe just maybe I would be happy
And I wouldn't fake it
I wouldn't cover up lies in the mirror

If only he could see inside
Cause I want him like a child wants candy
I'm addicted to him
And I never want him to fade away

If only he knew how I felt
Maybe he would take away this pain and misery
Cause he is the one I think of all the time
And he is the one I crave for

If only I could tell him how I feel
How I feel for him every hour
And not a day goes by without him on my mind
Oh how I just want him to be the someone that can make me whole again

January 5,2008

ESPN CHICK

If Only I Could

If only I could rid this pain
Maybe I would be doing better
Maybe I could finally smile and it wouldn't be fake anymore
And just maybe I could finally breathe and it wouldn't hurt so bad

If only I could sleep without you in my dreams
Maybe I wouldn't miss you like I do
Maybe I could finally get over you

If only I could look in the mirror and be happy with what I see
Instead of wishing that I was someone else
Looking in the mirror each and every day still covering up those tears and lies
And I just don't know what to do

If only I could runaway from my fears
Instead of wishing my life away
I wonder if my life could be just a waste

If only I could wish upon a star
All my troubles would be gone
And I would finally have everything I've always wanted
I would finally have him in my life

If only I could be all the things I dream of
My life would be going so smooth right now
But life doesn't work that away
I can only imagine if it did though

May 23,2008

ESPN CHICK

If Only Part 2

If only I could tell you how I feel
Maybe then I could get it off of my chest
Cause there isn't a day that goes by your not on my mind
If only I could talk to you more maybe then I could hint that I love you

If only you knew how I felt but the words there hard to find
There lost within my heart and soul
Oh what to do I wish I knew
Cause I love you but I hardly even know you that well
How can I sit here and say that
But you make me feel so alive
Making me cry cause you have me laughing so hard
If only you knew what you do to me

If only I was brave enough
Brave enough to tell you exactly how I feel
But I'm not brave at all
You take my braveness away when we talk

You make me speechless
And you have my whole body shaky for the rest of the night
How can you make me feel this way
We live so far apart but you completely take my heart away

I wouldn't change it for anything in the world
I remember a few times you told me you loved me
And I wonder did you mean it
Did you mean those words cause I said them to and I meant them

I wonder do you even feel the same
Cause everything I do I think about you
I wonder do you ever think about me
If only I had the guts to tell you maybe then I would finally figure it out if you do love me or not

February 11,2008

ESPN CHICK

If You Knew

If you knew how I feel would you even care
Or would you walkaway
I bet you would walkaway
And not care about how I feel

But I wonder if you would stay
Would you hold me and tell me that every things okay
That you care about how I feel

If you knew everything that has been going on
Would you be embarrassed to even know me
Or would you tell me that your here to help forever and always
That I can lean on you at any time

Sitting here wondering what would you say
What would you do
I have a feeling that you wouldn't walkaway but deep inside I feel like you would walkaway leaving me in pain

If you knew that you are the main one who makes me smile
The one who makes me laugh even when I don't feel like it
Would you make me feel important
Make me feel like an angel

I don't know why you make me smile or why you even make me laugh for that matter
But you do and I kind of like it
Could you even make me feel like I am an angel

For some reason I don't think you would walkaway
I think you would be here trying to kill this pain
And trying to pick up the pieces from my broken body
to put me back together

I strongly want to believe that you would care for me
That you would let me lean on you
And that you could make me feel like an angel
Oh how I wish that you knew but if you knew would you

January 25,2008

ESPN CHICK

If You Only Knew

If you only knew the way I feel about you.
If only you knew what it was like to be me.
If you only knew how much I care.
Walk in my shoes then you would know how I feel
about you.
If you only knew that I would be
there for you.
I would take care of you and
for always be there in your arms supporting
you no matter what you do.
If you only knew that I would care for you.
If you only knew.

ESPN CHICK

If You Only Knew Part 2

If you only knew how much I love you
How I talk about you every hour
If you only knew how much I care
How I dream about you & I

If you only knew that I would walk a thousand miles
That I would support you no matter what
If you only knew that I would give up anything for you
That I would listen to what you have to say

If you only knew how much we're alike
How I think about you every night
If you only knew how much I trust you
How I love the way you smile

If you only knew how my heart feels
That I can't control my feelings
If you only knew that I can't go a day without you
That my heart is lonely for you

written on 2-20-07

ESPN CHICK

If You Only Knew Part 3

If you only knew how broken I am
Would you save me
If you only knew how I feel about you
Would you feel the same about me

If you only knew that I need you
That I've always needed you
If you only knew that I'm filled with pain
Would you try to kill it

If you only knew that you make me laugh
You make me crack a smile even when I don't want to
If you only knew that you never leave my mind
How I wonder what you would say if you only knew

January 7,2008

ESPN CHICK

If You Only Knew Part 4

If you only knew that I'd be here for you forever
I would do anything
If you only knew that you can run to me
And I'd be waiting with arms wide open
If you only knew what you do to me isn't normal
And its driving me crazy

If you only knew that you make my heart melt away
Every time I talk to you or even when I think of you
If you only knew that I can't get you out of my mind
No matter how hard I try I won't ever get you out of my mind
If you only knew that I would catch you before you fall
I will be there every step of the way for you
If you only knew that I trust you
Even though its hard to trust myself sometimes
If you only knew that you are more than enough for me
You are everything that I dreamed of

January 8,2008

ESPN CHICK

I'm Alone Without You

Whenever I'm alone I can't help but to think of you and how much you mean to me
I wish you were still around, I need you now more than ever
And I just wish I knew the reasons why you faded away out of my life
Every time I erase the thoughts of you away something reminds me of you

Sometimes at night I pray that you would come back
How I miss those times you made me laugh
Even when I was on the verge of tears
You were always there and now I'm so alone

I wonder where did we go wrong
Or was it something I said
If it was something I said you know I didn't mean it
Because if it wasn't for you I don't think I would have made it through the storms

And these feelings that I have for you are unexplainable
Here I am sifting through the ashes of all the memories I burned
I thought if I would burn all the memories of us I could move on
But was I ever wrong, so here I am trying to figure out this puzzle

I just wish I knew the reasons why we faded away
The reason why I'm still here thinking of you
I wish you knew that you are the reason why I cry a thousand tears late at night
I wake up hoping that you will call

I'm trying to pick up the pieces and put the puzzle back together
But until you come back the puzzle will never be complete
If only you knew how you have stolen my heart
Maybe you would at least pick up the phone and call

Because I need you now and I just don't know how to tell you
Do you have the feelings that I have?
I need to know and I feel so hopeless here all alone
I sit here with the thoughts of you on my mind wishing that I could have you right beside me tonight

March 29,2012

ESPN CHICK

I'm Broken (Don't Worry About Me)

You can find me hidden in a corner crying a million tears
I'm broken can't you see
When you see me in public I smile
But its not even real

I try to act normal and be happy
But what is normal and happy just isn't me
I will never put a real smile on because I'm never happy
I'm always broken but no one knows it

Pain is building up on the inside
I've put up this brick wall around me
No one can tare it down
I'll just rebuild it

Don't bother trying to save me from this life
Its impossible to do
Don't bother trying to fix me
Cause its already been tried

Don't worry about me
I'll be okay
But one day I will be fine
And everyone will know then that she really was broken

Written September 29,2007

ESPN CHICK

I'm Looking For A Shooting Star

Outside on the deck
Looking into the sky at the stars
Its dark and chilly out

I'm looking for a shooting star
To wish upon tonight
Trying to find a way to rid this pain

If only a shooting star would pass, my way
I would be able to wish upon it tonight
And wish all this pain away

This pain is bringing me down
Feels like the pain is a load on my back
Ready to move on without pain and move on with life

Ready to wish upon a star and wish all this away
Wish all the pain away
Because I'm tired of it all

June 9,2008

ESPN CHICK

I'm Not Okay

I've got my heart broken once again and its not from anyone but myself
I know I'm not gonna be a perfect girl but sometimes I wish I could fly
So I could get of this place, fly out of my cage
It hurts so bad when you have no one to talk to and no where to run to
Can't you see that I'm not okay I'm depressed once again and it hurts like hell
You know I'm alright I promise
Can't you tell that I hide my tears behind my eyes and put on my smile thats not real
I've got this pain balled up inside and I want to punch the wall
I'm no okay
I'm never gonna be okay
Forever I will be alone sitting in the dark hurting deep inside of myself
You don't know what I've been through
I've been kicked around and stabbed in the back quite a few times
Welcome to my life
I'm hiding all this pain but in this writing I'm getting all of it out
I've been hurt and lost with no one there to help me
Well I'm not okay
You'll never know how I feel cause I know you don't understand what its like to wanna break down and die
To wanna scream so loud and cry
Welcome to my life
I swear I'm okay
I promise one day you'll see that I'm never gonna be okay

written in Aug 2007

ESPN CHICK

I'm Not Okay Even When I Say I Am

When I say I'm okay I'm really not
I'm just hiding everything inside
Just look at the scars and see that I want more
But something always holds me back

All the tears I try not cry
But that's all I want to do is cry
Just wishing that I never existed

Nobody understands me
Nobody understands this pain
They just think its not a big deal
I wish they could walk a mile in my shoes

Then maybe they would see another side of things
Maybe they would see the reasons why these scars I love
Maybe they would just figure out that I'm not okay

That everything I do isn't good enough for nobody
That I'm just ready to breakdown
And when I say that I'm okay I'm really not
Just look on my left arm and see the visible scar that's fading it will tell you that I'm just ready to give in

March 11 2009

ESPN CHICK

I'm Okay

Thought everybody was on my side
Thought everything was going just fine
But I guess I was just lying to myself
Cause nothing has been going just fine

Feels like everything back fires into my face
No matter how hard I try
No one will ever figure out that I'm okay
And that's the way it will always be

If I wanted to die I would have already
And I wouldn't be sitting here tonight
I just want people quit worrying so much
I'm okay I will forever be just okay nothing more nothing less

Just listen please for a moment
Let me tell you a secret
I don't need help
I'm just fine I promise

No one can take away this pain from my heart no matter what
Especially talking to someone I hardly even know
But I guess no one ever thinks about that
It doesn't matter that I'm broken and bruised

All that matters is that I'm still here in the flesh
I don't need help from someone I hardly know
Thanks for the help but I'm sure I'm fine, I'm okay
And I will always be just okay

Sorry I caused everyone to worry
Didn't mean for anyone to get hurt
Thought I was just hurting myself
Thought I knew I was okay until everyone butted in

Don't worry about me I'm okay
Forever and always I will be broken and bruised
No one can change that
Its just a part of my life has been for a long time

I'm so used to this pain that its became numb
I can't feel a single thing anymore
There's no sense in worrying about me
Cause I swear I'm okay

January 24,2008

ESPN CHICK

I'm Sorry

I'm sorry that I'm not skinny enough for you
I'm sorry that I'm not pretty enough for you
I'm sorry that I'm not a hot top model
I'm sorry that I don't have that dream body

I'm sorry that I won't get on my knees and beg
for you to like me
I'm sorry that I'm not the hottest girl you've
ever seen

But Most Of ALL.....
I'm sorry that most guys can't accept a girl for who we really are

ESPN CHICK

I'm Sorry (Give Me Another Chance)

What I said was harsh
I'm sorry
I was running from my fears
covering up my tracks
I'm sorry
I know now that I should have talked to you
Now its too late to take it back
All I can do now is say that
I'm sorry
Its been 5 days since
I've cried a million tears every night
We can work things out
Give me another chance
I will not hide anymore
I'm sorry

Written in 2006
made up

ESPN CHICK

I'm Sorry Part 2

I'm sorry that I'm not the best thing that walked you're way
I'm sorry that I can't be like her
I'm sorry that you can't accept the fact I will never look like that
I'm sorry that I'm not the perfect girl

I'm sorry that you won't love me for me
I'm sorry that I'm not the hottest chick you know
I'm sorry that I'm not tan enough for you
I'm sorry that my hair looks a mess

I'm sorry I don't have the best shaped body like a model
I'm sorry that I'm not tall enough for you
I'm sorry I can't be you're dream girl

ESPN CHICK

I'm Still

I'm at the point again where I just don't want to be here
I see the knifes and think about it for a while
Scars once again oh how I need and want them
But something keeps holding me back

Feels like no matter where I go pain is always there
What's the use of even trying when pain is gonna be right beside me
I don't know what to do anymore but scream

My life isn't getting any better
Its still the same life that I had before
The pain the brokenness is just apart of me
I'm still the same person as I was a year ago

Nothings changed
I still have the same secrets
The same desire of wanting that one

I need to be whole and I haven't came close to it
Feels like I'm alone like before
Alone in feeling this agony
Feeling this brokenness and pain inside of me forever

Sept 12,2008

ESPN CHICK

I'm Still (Restore)

Every now and then I lye awake
And I think about different things and sometimes I cry
Its my lullaby that gets me to sleep
Thoughts still run through my mind of suicide
Even though I know I would never go that far anymore

But I'm still alone
Pain is still balled up inside
And I'm still confused about everything
I feel lost within my zone

And I can't seem to find my out
Every time I think I've found my way
I wind up in the same place over and over again

I try so hard not to cry
But this pain is just to much for me

And all I want to do is restore to become unbroken once again

December 13,2007

ESPN CHICK

I'm Still Here With Thoughts Of You

Its been a while since the last time I've heard from you
I don't know why but you never leave my mind
Even though you're the one I want to forget
Somehow I just can't forget the sight of you
And it's killing me now because I don't know where you are

I don't know what you're up to and I sorta kinda miss you
Why does this have to be so hard?
I want you outta my mind but yet I want you still in my life
This is complicated and so is life

I don't know what to do anymore
You're never around anyhow
Especially when I need you the most
So why is this so hard to for me to forget you
Didn't think I would be lingering like this wanting you

Wanting you like I used to
Thought those days were long gone
Thought you would be long gone outta my mind
And now I'm still here with thoughts of you running around my head

January 30 2010

ESPN CHICK

I'm Trying

I'm trying to figure out just what to do
Cause I'm trying to get over you
And its harder than I could have imagine
But I've got to move on somehow

I'm trying my best to fight these thoughts of you
Trying my best to fight these feelings for you
Cause I don't want them anymore
You are nothing to me I've got to move on

I can't sit back and let these thoughts and feelings take over me
Tonight I've got to start all over
But first I've got to find a way to get you out of my heart
You meant so much to me that my heart locked your name inside of me

I've got to figure out just what to do cause everywhere I look something reminds me of you
All those talks we had you were the one who made me laugh
After everything that I went through
I thought you were the best thing for me

But now I see what a jerk you are
How come did you change so much through the years
I miss the old you so badly but I know you won't ever change back
So I'm trying to find a way to rid you out of my life forever and ever

No more tears will fall for you
No more will I smile when I hear your name
I'm trying to move on
Oh why is it so hard to move forward with my life

I'm trying so hard but I'm not getting anywhere at all
Only if I had the better sense not to talk to you in the first place
Maybe I wouldn't be stuck here trying to get you out of my life
But I can't change the past I gotta quit living in the past and move on

Cause I know you won't ever change
But that's okay my dear
I'm trying to move on and it make take some time
And I swear one day you will be forever gone out of my life

May 14,2008

ESPN CHICK

I'm.....

I'm tired of all your lies.
I'm tired of you saying that you love me when you don't.
I hate it that I fell in love with you.
I hate it that I know you.
I'm sorry for even being there for you.
I'm sorry for the pain that I didn't caused.
I'm tired of living.
I hate being around you.
I'm sorry for trying to help you.
Do you get it now?

ESPN CHICK

In The End

I don't know why
Don't even care why
But the thoughts of you just aren't going away
Every time I think you're gone out of my mind
Something always reminds me of you

I can't imagine my life without you in it
Dreaming the night away of you
I wish that this wasn't hard for me to tell you
All these feelings I have of you I can't explain any of them

Sometimes I catch myself thinking about you when I swore to myself I wouldn't
I don't know where you're at or who you're even with and I don't care
Just gotta get this off my chest because I'll drive myself crazy
Days go by and I'm stuck here alone with you in my mind
Wishing that you would see what you do to me

You got me twisted in a daze
All I can see is you and I'm reaching out
But you're no where near me
I guess in the end I will drive myself crazy

Feels like you're my addiction and I can't get enough
Seeing you makes me feel much more alive
I don't know why but the these thoughts of you will never go away
I'll stay up restless thinking of you for God knows how long
I know in the end you will never feel the same and maybe in the end these thoughts of you will fade away

December 31,2009

ESPN CHICK

In The End (Loved You So)

In the end I know I'm better off without you
But it's killing me now not having you anymore
You don't know how hard I've tried to kept from falling apart
Trying to erase you from my mind
Erasing you from my heart and soul

This isn't easy but I'll go on pretending you've never existed
And I know I may go crazy but its all because of you

In the end I'll get over you
It's gonna take some time
I can't stand to see you with other girl
You don't know how much you've hurt me
You cut me into and now my heart is bleeding over you

I used to love you and maybe I still do
In the end though I'm gonna be alright

I can find a way to heal this heart
Even if it takes the rest of my life
Even if it takes me a thousand years
I'll find a way to be whole
And I hate this because I loved you so

December 31 2009

ESPN CHICK

In This Skin

Under my skin I feel like I can do anything
But out side of my skin I feel like a failure
Feels like I can't do anything right

In my dreams late at night
I feel unstoppable
Like I can do anything in my skin

But when I wake up that all goes away
And I'm back feeling the same
Feeling like I can't do anything

I feel like such a failure in my skin
Nothing have I ever accomplished
All my goals went down the drain

All my friends just went away
Everyone just abandoned me
Why does people treat me this way

Oh why do I feel like this
Only if I had a different skin to live in
But I don't I'm forever stuck in this skin of mine

In this skin I will be a failure for the rest of my breathing days
In this skin I will be alone for ever and always
In this skin I want to be set free but forever and always I will be in this skin

Aug 16,2008

ESPN CHICK

Incomplete

I'm thinking of a way to tell you this
But it's not working so well
Its only a couple of simple words
All I want to say is that I'm incomplete without you
Every since the day we met
I knew I was missing something
I'm incomplete without you
I'm not a finished puzzle until we tie the knot
We have so many things in common and it kills me
No matter who else I meet I will always be incomplete without you

ESPN CHICK

Inside

One day you have the world at your side
And every things fine
But the next day it all goes away
Then your left feeling this agony, this pain
And you have no where to go, no one to turn to
So you run inside of yourself where your soul is screaming and no one can here your cries

They ignore every sign there is
Everyone who thought would help
Just say the wrong things
And you know you are alone feeling this way forever
Your alone forever and always you just know it

Holding your pillow late at night
Crying yourself to sleep cause you figured out its your lullaby
Wishing everyone would just disappear
Trying to kill the pain but it just won't die
Your left in misery and pain
Feeling broken and bruised
Feeling alone and abused
Wanting this to just be a dream but you know better than that

Cause you've walked down this path a million times or more
And you know you will never be happy only in dreams
Wishing you wouldn't wake up every morning cause you know its going to be another wasteful day
Dreading that you are alive when you should be six feet under
No doubt in your mind you wanna die
But you just can't kiss this world goodbye
Feels like something is holding you back
But you can't figure out what

January 17,2008

ESPN CHICK

Inside Part 2

The voice inside is screaming out
And my soul is slowly fading away
Trying to hang on but its just so hard

Searching inside yourself trying to find out
Whether or not you want to die
Looking at the scars from the past

They tell a story only you know
And no one else will ever understand it
Cause no one has been able to figure you out before

Pain is lingering you everywhere you go
And you're heart is breaking slowly and turning into dust
Trying to hide the way you really feel

Putting on that fake smile everyday
You see yourself in the mirror
And you see inside where you're soul is fading and the voice is screaming someone make me whole cause I'm losing hope

February 20,2008

ESPN CHICK

Invisible

I wanted you to notice me
Just to see that I'm real
Your the one who sees right through me
Now that I am invisible
What can I do to so you can see me?
Your the one who looks right through me
Now your saying that you knew me
Just walk on by its not like I was standing there
You don't know that I exist
Your the one who looks right through me
The one who said that you knew me when I was invisible
Passing me by without a clue that I'm standing here
Do you know that I'm alive?
Your the one who sees right through me
Saying that you called me
that you knew I was invisible
Your telling me that you knew me all along
That you knew me while I was invisible
Like the stars in the sky no one knows I'm there
Your the one who looks right through me saying that you knew me when I was invisible

ESPN CHICK

Its Been To Long

Three years has come and gone
Since the last time I saw you
I've been wondering where you've been
And who you've been with
I know we said our goodbyes
But I just can't get you off my mind
After we went our separate ways
I knew I just made the biggest mistake
By letting you walkout of my life
All the moments we shared
Lying out watching the sunset
This is moment I will never forget
I take out a shoe box from under my bed
In it are pictures of you and I
We were so happy but we had our time when we cried
One photo I found was when you and I went to Miami
I nearly cried but I cant help it
I miss you
Three years has come and gone
Its been to long since I've seen you
I wanna see you again I miss you

Written October 2006
made up

ESPN CHICK

Its Been Too Long

I wish I could go back in time
To tell him that I loved him
Until he died I never knew I would be without him
Its been two years and too long

I miss my grandpa
I wish I could go back and tell him how much I loved him
Regretting that I never cried at the funeral
I just couldn't let the tears roll

Sometimes late at night I lie in my bed once his
Think about all the times he was there
Letting a few tears roll
It seems like it was only yesterday but waking up to reality its been too long

ESPN CHICK

It's Hard To Tell You

It's hard to tell you I'm sorry
When I've done nothing wrong
It's hard for me not to miss you when you're gone
I wake up wondering where you are and who you're with

It's hard for me to tell you exactly how I feel
I don't know why I have these feelings for you
If only looks and miles apart didn't matter maybe I would have you
You used to tell me I was beautiful but haven't heard it in so long

When I talk to you it's only every now and then
I can't tell you how much I miss you
Just when I thought I was over you I see a message from you
It's hard when these feelings don't go away

It's hard when I see your name in my phone
I start to text you then I just erase it
I wish you could just text me so I don't feel like a fool

It's just hard when you're the only one I'm attached to
It's hard when I look into the mirror hating what I see
You used to make me feel good about everything
Now I'm so alone not knowing what to do when I'm without you

May 5,2010

ESPN CHICK

Its Okay

Its okay to cry
Its okay to be alone
Its okay to lose your self control
Sometimes you just can't help but wanting to punch the wall
Wanting to give up your life
Its okay to hold your stuffed bear when your having problems
Its okay to think that nobody cares
Its okay to feel like your the only one who feels this way
You feel like everyones laughing at you and no one cares at all how you feel
Its okay to let your emotions go
Everything will be okay, I promise

ESPN CHICK

Its Okay Cause I'm Better

March 30 and April 10 2008

You never knew that I was hiding all the pain inside myself
Thought it was obvious but I guess I was wrong
I'd always hide the tears behind my eyes
And hide all the pain inside
Just so no one would come near
But deep down I wanted someone to see through and see the pain
Hoping that someone would rescue me
Wanted to be whole
I got tired of being broken and bruised
And I always told myself that I was okay
That okay was all I will ever be
Don't worry now cause I am okay
I'm better than ever
Thanks for everything
Thanks for seeing through these eyes of mine
And not seeing the pain and the tears
But its okay cause I found the only way to be whole and happy
Don't bother to worry anymore like you ever did worry
Cause I am forever changed

ESPN CHICK

It's Okay Part 2

It's okay don't give up
Cause you know I'll be here to protect you
It's okay to punch the wall
I know it feels like no one cares at all
It's okay to be broken and to be bruised
Life isn't perfect and we all fall and get hurt
It's okay keep holding on
I know you can be strong

It's okay to cry yourself to sleep
And not wanting to wake up
It's okay wanting to die
After everything you've gone through I don't blame you
It's okay though I promise I swear on my life It's okay

I know that it's okay
You've got to move on
I know you're hurting and ripped apart
So am I but together we will survive

May 26,2008

I know its not good but rite now IDC

ESPN CHICK

It's The Little Things

It's the little things that tears me apart
The little heartbreaks that I swore would never happen
It's the little things in life I said I would forget
So much I remember and so much I cold heartily hang onto

I hang onto more sorrows and pains
The things that hurts me the most
That cuts deep into my heart and soul
Where I bleed and never stop
And its hard to restore and become who I was

The little things I cry over because of my foolishness
Because it's hard to let go of some things that you love
Even harder to let go of people you love
Each and every day it gets harder and harder

But I strive and move on
I will always remember the sorrows and pains
The broken tears I've cried
The little things in life makes me who I am
It's staying up til 2 in the morning thinking of him

Thinking and wondering my little heart away
Wondering where did he go and why I still wonder about him
The suicide thoughts and the attempts over the years
Still feels all to unreal

Can't get over the fact that I'm still here
All the stupidness in me
Life isn't great but it's worth while
It's the little things that's held me up
The little things that I love the most is keeping me here and breathing

December 24,2009

ESPN CHICK

Its You

I walk around in circles
Thinking about you
Wondering why you are on my mind
Take a look around wishing you were here

Cause I feel empty without you
So lost and confused
I need help finding my way back

Cause its you I think about all the time
Its you that I want in my life
I wish you could see that maybe
I am in love with you

I feel so stupid but yet I feel like I am love struck
Cause no one else has ever made me feel the way you do
I know I never have to change for you

You take me for who I am
You see me in a different light
Its you who knows me in and out
And its you who wiped these tears and fought away these fears

Its the things you do that make me want you
The things I ponder on in my sleep
Oh how I want you to know that its you I want by my side forever

ESPN CHICK

Its Your Choice

Are you filled with pride and arrogance
Do you stick your head up in the air when others are in need
Are you the one who talks about people when they are not there
Talking with words that are cold and hurtful

Words can tear a heart apart
Can tear your body in half
Why do we talk about others as if they were trash

Why are we filled with pride and arrogance
And why do we stick our heads up in the air when others are in need
Wouldn't we like to be helped if we needed to be helped
So why do we do the things we do

Is it because we love to follow what the world is doing
Is it because Satan creeps into our lives and take over
Take over so we won't follow the one we should

Do we turn our backs on God because we think he is to blamed
Or do we do it because Satan is cruel and he knows how to make us fall apart and turn our backs on God his enemy
He knows how to fill us pain
How to break us and take our pain and turn it into blame

Where we cry every-night and where we ask God why
Why is this happening to me I try so hard and yet you make me fall short
You make me lose everything I gain

Satan tries to make us die
Tries to make us attempt suicide
So we won't have everlasting life
He makes us lose self hope

Makes us on the verge of saying no more
I'm done forever
I'm kissing this world goodbye for once and for all

He is the reason why this world is messed up
The reason why we are in war and the reason
For people doing the things they do
He is the reason for all bad thoughts and all the killings in this world

When God gave us this earth and gave us life
When God gave up his only begotten son to give us everlasting life
Gave up his son to be a sacrifice for our sins

God gives more than anyone could ever
He gives us unconditional love
And it never ends
He is always there when we need him

Yet so many turn their backs

Because they think he is the cause of all their mistakes
And the cause of people dying

Its your choice to have everlasting life or not
Its your choice to have pride in your heart
Its your choice to accept God into your life
And let him change you forever

Its a choice you have not your friends not your spouse
Its between you and God nobody else
Can you hear him talking to you telling you follow me I am the way and the truth

He is the only way and only you can choose whether or not to accept that
Its your choice take it or leave it but he is the judge
Don't turn your backs on him cause he will help you and guide you he saved me and now I'm protected under his wings

He's forever in my heart and soul
Don't be afraid God loves you no matter who you are
No matter where you came from he is the one who made you

You can go to him just as you are
He will be waiting with arms wide open
He's my savior the truth and everything to me
The things he can do in your life as he did in mine are indescribable

But he does amazing works in your life
Doesn't let you go through things you can not handle
He loves you and don't ever forget that cause he will be there waiting on you he has time for everyone don't make excuses saying he doesn't have time cause he hears every prayer that's ever said he is amazing and he is everything to me

February 10,2008

ESPN CHICK

I've Always Been This Girl

I've always been this girl who runs away
Runs away from everything and everyone
And I don't know why

I guess I am scared to face the answers of reality
Although reality has already hurt me
And it hurt me badly

Leaving me with a broken body
Bruises inside all over
Guess I will never know how it feels to be whole

I've always been this broken girl
Has nobody ever even noticed
What a surprise I'm invisible to the whole world

I've always been this invisible girl
This invisible broken girl who figured out
That crying is sometimes her lullaby that gets her fast to sleep

Has no one ever noticed the look in my eyes
The look of pain and wanting to die
No cause everyone just walks the other way

Not paying any attention to me whatsoever
That doesn't bother me anymore
Cause I know that no one else matters

In this fate in time I know that I have me, myself, and I
Because people says the wrong things
And they think I need help

Why do I need help anyways
I swear I'm okay
Nothing I can't handle

Cause I've always been this broken girl
Always been alone and in pain
Has no one ever noticed

So I can handle anything
I'm tougher than what anyone thinks
Cause I've been through more than you'll ever know

The only way I can pour my heart and soul is in my writings
Cause I know no one else will ever understand
They will just say all the wrong things

They say that they are worried
After all everyone that surrounds me as helped this pain
But they will never know cause I know they would deny

I've always been hurting deep inside
This pain has always been there
And its finally turning numb after all these years

So I can handle myself and this pain
I can handle being alone
Cause I've always been the girl who has always been alone

The girl who has always been dying inside
Crying for help but I don't want help anymore
Cause I know everyone won't help me the way I need them too

That's why I don't talk to them
Cause I know I'm better off alone
I've always been this broken girl but no one has never noticed

January 27,2008

ESPN CHICK

I've Always Had These Feelings

Could it be
Could it be that I'm falling for you
And if so how can I
How can I sink this low
Cause I hardly know you

But you've helped through my storms
Don't you know you make me laugh
Even when somethings not even funny
I wish I could let these feelings out

I can't I don't think I will ever get them out
You used to tell me you loved me
But did you mean it
Did you love me
Cause there has always been a part of me that has been
attached to you

Every-time I talk to you my heart melts away
My body is shaky the rest of the night
I only wish I knew how you felt
Then maybe it would be easy for me to tell you my
feelings

If something ever bad happened to you
I don't know what I would do
All I know is that I would cry a trillion tears
I would be devastated
Knowing that I would never talk to you ever again

It would break my heart and soul
My whole body would be broken by it
There's always a warm feeling I have when I talk to you
Not a day that goes by you are not on my mind

Wish I knew why
Wish I knew how I could sink this low
And how do I tell you how I feel
I've always loved you
Just never knew how to tell you

When we talk you take the words right out of my mouth
And I'm left speechless not knowing what to say
How can I ever tell you how I feel
Cause I know sooner or later I will have to tell you

What hurts the most is that you live so far away
And it hurts cause we don't talk like we used to
I remember those two hour conversations
I will never forget that
How you kept me up so late and got me in trouble so many times but yet I still am
talking to you and still have these feelings for you that I've always had

February 13 & 14

ESPN CHICK

I've Always Needed You

I'm getting weaker and weaker
By the minute by the hour by the day
And I can't help but think that I need you to help me
To help make me whole again

Cause I see your face everywhere I go
And I'm thinking about you all the time
I'm hoping you will figure out that I need you
But how can you when I haven't told you

I haven't told you how I feel
That I may need you
Need you to hold me
Do whatever it takes to make me whole again

I dream that you save me from the pain
And you pick up the pieces of my broken body and
Put it together again
If only that was real

I've always needed you to save me
But this time I'm worse
I only know you are the one I need
In this place in this time

I swear that I can't let this go
Can't let these feelings pass by
You are the only one who can be my hero
So please will you be my superman and rescue me from this pain

January 5,2008

ESPN CHICK

I've Been Through The Same Things As You

I've seen you cry about a thousand times
Seen those fake smiles almost everyday
I see those lies that you covered up in the mirror
And I see you walking alone down that hallway
During the spring and summer I see you
And I see those scars from arms to legs
Tell me why you want to die
Can I try to take away your pain tonight
I've been there a million times
I know what its like to want to fall off the face of the earth
To want to take a gun to my head
And never see this world ever again
I've been covering up those lies in the mirror for quite some time too
And I know its hard to trust anyone especially if you can't trust yourself
Cause I've been through the same things as you
I just want to let you know that I'm here standing alone
Waiting for someone to sweep me off my feet too
But I will be here for you if that ever happens
I won't ever let you down
Yeah I know how it feels to punch the wall
To scream at the top of your lungs
And to fall asleep in tears
I've been through the same things as you
Anytime anywhere if I can I'll be there
You can count on me
Cause I know everyone else just says all the wrong things
And nobody gets you
Yeah I've been there a million times and so you can lean on me if you need to

December 30,2007

ESPN CHICK

Jesus

Don't you know that God so loved the world
He gave his one and only son
To die on the cross for our sins
So we could have everlasting life

Day of Jesus' birth he was wrapped in swaddling clothes
He laid in a manger
People all over walked for miles and miles just to see the newborn king

Mary never knew that she would have to give up her own son to die
Mary and Joseph raised Jesus to what God wanted him to be
Watching him grow up a sinless man and sending him to die for our sins
Seeing him get beaten and bruised

Watching him bleed and bleed
And getting nailed to the cross with a thorn crown
Everyone yelled crucify him in the crowds

Mary watching her son suffer and die right in front of her own two eyes
Yet her faith remained strong
Three days later Jesus arose from his tomb
And said one day he will return

Jesus can return at any moment in time
We need to be prepared
But instead we are shooting down God

Saying we don't need him
But one day it will be to late
We won't be able to enter the kingdom
God created us all and wants us with him in heaven thats why he built something out of nothing

December 23,2007

ESPN CHICK

Jesus You Saved Me

Pain took everything I had away
Took my hope and stole my dreams
Making me think I could never become anything

The mirror told me exactly who I was
And that I wasn't beautiful
Making me believing in myself less and less

How I wanted to die
With everything around me
Surrounding me watching my every move

How I couldn't take it anymore
I just couldn't take this pain
Tired of being broken and bruised

I just didn't want to live anymore
I wanted to kiss this world goodbye for once and for all
But I just couldn't kiss this world goodbye felt like something was holding me back

And it felt like the whole world turned their backs on me
Left me feeling this pain this agonizing pain each and every day
Oh how I wished the pain would go away

I was broken
Broken into trillion little pieces
Felt like I was too broken to be fixed

I was alone and sometimes I still am
I cried myself to sleep late at night
Figured out that it was my lullaby

But now I see life in a different way
No longer do I want to die
No longer do I listen to the mirror

And I never let pain steal anything else away from me
I'm stronger now than ever
Found out that I've got someone beside me no matter what

Figured out that he was always there guiding my every move
And his name is Jesus Christ
He came to me in a dream and said

I will always hold you
I will always be there for you
And I never did leave you

I was always there
You just always turned your back on me
And I waited and waited for you

But I was waiting on him too
And now I finally got tired of waiting and
Called on him to forgive me

And please help me make it through
From now on I swear I'm all yours
I'm no longer wanting to die thanks to him

He prevented my suicides to happen
Saved me from Satan
And he saved me from this cold world

I'm better than ever and now I can be happy forever
Thanks to him
He died on the cross for all our sins

Mine was up there on his shoulders
Crucified for me knowing I don't deserve it
I don't deserve to live on this planet

But you were our sacrifice
So we wouldn't have to go to hell
And we could be there with you our savior in heaven

How cool is that
You died for us died so we can have everlasting life
How wonderful is that you love us just the way we are

And we never ever have to change
We can come to you just as we are
I love that because it feels like we all have to blend in

And you never let things happen that we can't handle
You put us through changes for reasons we will never truly understand
Oh Jesus will you please help me and guide me through this horrid place

Cause you are all I have
I never wanted to come to you
I just always wanted to blame you

Wanted to blame you for taking my loved ones away
And kept asking why me
I never looked at it in a good way

But now I see it in a whole new way
A whole new light and now I'm running to you
And you wait with arms wide open

I can run to you and you will put your wings over me and protect me
You may give and take away but you always give us your heart and soul
Helping us through tough and rough times

Jesus how can I ever thank you
You are everything
And you are wonderful to me

February 9,2008

ESPN CHICK

Josh (R.I.P) We Will Miss You

There he was laying in a casket
You could see where he shot the bullet underneath his neck
I was thinking to myself why wasn't that me
Why wasn't I the one who did it instead of him
Everyone loved him and now he's gone

Why did he do it
Nobody knows and will ever know
The truth remains untold
Out of all the people including me
I would never thought he would do this

Never thought he would end life like this
When all the times I tried to die I couldn't
Now here he is dead in a blink of an eye
With all the people around him that loved him
When all those times he made people laugh

He's gonna be missed deeply
Our thoughts and prayers will be with his family
In a blink of an eye a tragic happens
Even to a person you wouldn't think it would happen to
Please rest in peace Josh because we all loved you

September 15,2008

RIP JOSH SLAUGHTER-WE WILL MISS U! ! ! !

ESPN CHICK

Just Friends

If I could tell you everything
Would you believe me
Would you believe that my heart was for you

For a long time
I thought of no one else but you
And now I feel so stupid

Because after all we live far apart
I just fell to a lovesick melody
And the words that you said

They seemed so real to real to believe
But I believed every word you said
Cause something in my heart told me that you were the one

The one I've been looking for
And you might have been
But now its over and done

Although I still have feelings
They are not the same feelings I have for you
I still do love you don't get me wrong

But just as friends nothing less and nothing more
There were times where I hated you then I loved you
Mixed emotions were surrounding me

And then there was a time where I thought you were mine
I made myself believe that you were all I wanted and all I needed
But now I realize that I'm good without you

Cause the older I'm getting the wiser my heart is becoming
You still cross my mind every now and then
And I fall back wanting you

Then I have to catch myself
And delet the thoughts of you from my mind
I will always care about you but we are not meant to be

In many ways we are a like but
We still have our differences
But from the beginning I knew that this friendship would last forever

And I hope it does with all my mind and soul
Don't you know that I want you in my life
Because you are wonderful and special to me and nothing will ever change that

February 27,2008

ESPN CHICK

Just Tell Me

Just tell me everything that I need to know
Cause I don't think i could live another
minute without you
You are so amazing and so talented
I never would have thought that
I would fall for you
Your charm and smile is perfect
Things you say and do are so real
to real to believe
Feels like a fantasy dream that I can
not wake up from
Your hugs feel like I am where I belong
Your kiss goodnight feels like a night
in heaven's zone
When I am with you nothing else matters
and I can be myself
You are one-of-a-kind and I hope you
never change
I will never let you down
I will always be there for you when I can
Cause I love you and you make me feel like
I am an angel

WRITTEN ON: JUNE 28,2006
made up

ESPN CHICK

Just To Let You Know

Wondering around in circles looking for you
I can't seem to get rid of these feelings
Just to let you know I can't breathe without you
I can't walk straight, think maybe I'm in love with you
Just to let you know these feelings won't ever die
I need you, I feel you, I see you everywhere I go
Nothing to lose but just you
I can't let you go again
When your around my heart beats faster
Wondering in circles looking for you
I can't seem to let these feelings go
Just to let you know
I can't sleep or eat
Cause your always on my mind
My heart is jumping for you
I need your love tonight
I promise no one else can take your spot in my heart

Written on Nov 8,2006
made up(kinda)

ESPN CHICK

Just Wish

I'm screaming at the top of my lungs
Why can't anybody hear me
I'm dying slowly out here all alone
Losing faith and getting weaker by the hour

Just wondering how much longer will I be here
I'm barely hanging in there
But I guess nobody cares

Nobody can hear me screaming out loud
I only wish to be happy and not so alone
I guess I will never know what that's like
To be happy and have someone by my side

Just wish someone would save me
Free me from this pain I hold inside
I just wish that I could be painless and not so out of place

Nov 22,2008

ESPN CHICK

Keep Holding On

Everything comes crashing down
Everything just falls to pieces
Before you know it your sitting in the dark knowing your broken once again

When you thought all the pain had gone away
When you thought that life was gonna change
Everything right in front of you comes crashing down

All the things you left behind you're turning back to
And you know now that you were never meant to be whole
Something inside of you tells you to give up

But at the same time you know you can't give up
Because you have came to far to end life now
All you're life you have waited to be pain free

In a blink of an eye that all changed
People are starting to see through your eyes
All the tears that you have cried

You don't know what to do anymore
Pain running from head to toe
You feel like you need to keep holding on

You look at the scars on your arms
They tell a story that only you know
Adding more scars just to ease the pain

Adding more scars to know that the pain is always gonna be there
You know that you're never gonna be pain free
Keep holding on is what you keep telling yourself

How much more can you take
You're shattered like broken glass
When life comes crashing down just keep holding on

Oct 12,2008

ESPN CHICK

Killing Me

I wish things were back to its normal self
Cause this life I'm living now is killing me
No more loving you and its killing me
All these lies I've told I've buried them for good
I want to start fresh cause I'm sitting here all alone
with no one to kiss goodnight
I've tried to bury this behind me cause
its killing me

ESPN CHICK

Leads Me To You

I'm tired but can't sleep
Cause your on my mind
Just so you know I miss you
I miss talking with you

There's not a day that goes by that I don't think about you
I wish you knew what you do to me
There's no other feeling like this

I've fallen so hard and it hurts
It hurts so bad cause I can't tell you how I feel
For the first time in my life I think I'm in love

I feel like I can breathe once again
I never want these feelings to leave
I wish I could tell you how I feel
I've never be in love this is new to me

And I don't know how to act
For the first time I feel so alive
Since we've met I've been happier
Never better

I never want you to leave
I need you here with me

Just so you know you're my secret'
For the first time in my life
I feel like You and I were meant to be
Cause every pathway I take it leads me straight to you

ESPN CHICK

Left Me With A Broken Heart

All this time you've betrayed me
My heart was telling me to let go
But I just couldn't find a way to say goodbye

I didn't want to let go
Cause you were the one that I've held onto for so long
You held me in your arms where I felt so safe and secure

I didn't want to lose the one thing I had left
Never did I want to see you walk out that door
I know that you betrayed me

But I can forgive and forget
I would have done anything for you
Even if it was walking in the rain for thousands of miles

I would do it just for you
To let you know how much I cared and loved you
As long as I could be with you I would have done anything for you

So tell me why
Why did you walk out and leave me
Couldn't bare to see you leave

Wondered where I went wrong
Was it something I said
Was it something I did

Tears slowly fall down my face
Can't believe you walked out on me
I tried so hard to make everything right for you and I

But I guess I was never good enough for you
I loved you more than you'll ever know
I would have bled and died for you

That's how much I loved you
I guess our love was a lie
To me it was real as real as could be

Wish that you could see how much you hurt me
Emotionally I can't take it
But I just can't let go

You took my heart and broke it
I gave you my all in all
And in return you gave me a broken heart

Still can't believe you walked out on me
My dear I never wanted to say good bye
I wanted us together forever

MAY 18 2008
MADE UP

ESPN CHICK

Let Go Of The Past

Let go of the past
Cause I need you now
I need you more than ever
Forget the fights thats over and done
Can you just listen for a moment?
I need you, I need the one who cares
Just sit there and hold me while I cry
I used to tell you everything and you'd listen
Now you act like you don't know me
You're being a jerk, being selfish
But something in my heart still wants you
I'm through flames of hell
I need you, please let go of the past
It can't be undone
I still love you and need you
So please hold me tonight
Take away this pain
Wipe these tears away
Fight these fears away
I need you now more than ever
Let go of the past
Forget about it, it can't be undone
I'm sorry about it, about all the fights
But let it go its over its in the past
My heart cant let you go
I need you now, I need you more than ever
Please help me out I know you still care
I can tell by the look in your eyes
Hang up the past I need you
I can't let you go I've tried
Every pathway I go it leads me to you

ESPN CHICK

Let Me Know

Do you get my phone calls?
Cause I've called you for a about a month now
I need to know where your at
Cause I miss you so
Since you've been gone
I've lost a friend
I poured out my life into you
And now your gone, God knows where
I need to know whats going on
Return my calls cause I know you get them
I'm lost without you I can barely breathe
Do you understand what you mean to me
You've picked me up and turned me around
You know my darkest desires
Please call, write, just let me know whats going on
I need to know your the one I've turned to for everything
I've trusted you and I thought you trusted me
I thought you loved me but was it real
Can you let me know whats going down
I've loved you its true
But your through with me aren't you?

ESPN CHICK

Let Me Rot Away

Let me sit here and rot inside myself
Cause there isn't anything else to do
No one to share life with
And no one to lean on

Just me, myself, and I
That's all I will ever have
Just sitting here slowly rotting away
Watching the time roll by

With the clock ticking slowly
And the sound of the clock is driving me crazy
Feels like its never ending
Along with my life

Feels like I'm just trapped here inside a box and I can't get out
Sitting inside myself with my shattered heart and with my soul turning black
Feels like I'm rotting away
Doesn't matter if I'm alive or dead

Cause it feels like no body cares if I'm here or not anyhow
So who cares if I sit and rot away
All I want to do is scream out loud and punch the wall
No one understands anything I've been through

Everyone that surrounds me thinks that I'm doing just fine
But I'm not they see through the broken smiles
The tears that waits to fall from my eyes
They see through it all

I'm already dying inside
I'm broken inside and out
I keep covering up the pain and lies in the mirror
I still hate what I see in the mirror

So who cares if I sit here inside myself and rot away
I'm already half way gone anyhow
No one has even bothered to seek further
Seek and find if I'm okay or not

In the case who cares if I'm alright or not
I'm living nothing but a lie
Let me rot away
Cause there's no need for me to stay here

May 27,2008

ESPN CHICK

Life

Tossing and turning I can't sleep
Feels like I'm doomed to hell
No matter how hard I try nothing seems to go right
Deep down I'm bleeding and screaming
My soul is one black hole
But no one can see
I've built up a wall around me
Trying to figure out where I stand at in life
Can't figure life out
Wondering if I will ever escape these feelings
Thoughts of dying still lye on my mind
Trying my best to fight them
Can't let those thoughts take over me
Gotta be strong
I've been weak all my life
Now is the time where I've got to step up and be strong

July 2008

ESPN CHICK

Life Is So Damn Hard

Life is so damn hard
Especially when you have no one to turn to
and no where to run

When all you can do is cry
Holding all the pain inside
and wishing that you were dead

I've tried so damn hard to do everything right
but it gets thrown back into my face
So whats the point of even trying

Getting to the point where theres nothing to live for
Nothing to help wipe these tears away
and nothing to fight these fears

Its so damn hard when you can't trust anyone not even yourself
Life sucks and it hurts
It leaves bruises and painful memories

Life is so damn hard I wish that you could see
That I need you here with me
Cause your the only one who can help me get through this

Life would be a bit easier with you by my side
And it wouldn't be this damn hard

ESPN CHICK

Listening to My Heart

I try to listen to my heart
But when you have 50 others
Disagreeing with your heart
You don't know what to do

Wondering which way do you go
Is it right or wrong
I trust that my heart will lead me in the right direction

My heart knows how I feel
Knows my life
believe in yourself
Do what you think is right

Listen to what your heart is saying
Trust in yourself
My heart, your heart knows whats best for us

ESPN CHICK

Lonely Days

Lonely days without you makes me miss you even more.
Crying for no reason at all. Ready for you to come back home.
I wanna see you, I'm tired of all the lonely days without you.
Nothing is gonna change the way you make me feel.
No one will ever understand it.
Laying on my bed staring at the phone wanting you to call.
Thinking should just call you myself.
I love you to much to give up what we have.
You're the only one I will ever love.
I'm so lonely, tired of the lonely days without you.
I'm ready for those days to end.

ESPN CHICK

Lonely For You

I've got you on my mind and I don't know why
I wish the thoughts would go away
I wish these memories would fade
Can't stand that I'm so far away from you
Can't stand that I don't have you

For so long I've thought of you more than a friend
But now I don't know where you've been
Seems like I've lost a friend that I used to cling to

With you I could be myself
I could tell you everything without feeling like a fool
And now where are when I need and want you the most
Feels like I've been betrayed all over again
Thought you cared and I thought I could trust you

When nobody else would listen you would
And now I'm broken into because I don't have you
You kept me together, kept me from falling apart

All I can do is wonder my life away
Wishing that I would hear something from you
Then again I wish I could rid my mind of you forever more
I hate you then again I love you
I'm so hot and cold but I'm so lonely for you

Jan 1,2010

ESPN CHICK

Long Black Train (Pain)

I was riding on that long black train for so long
It felt so good but it just cost me more pain
The ride lasted for a long time
That long black train was headed my way
Didn't think I had a choice and I jumped on
The ride wasn't worth the pain but at the time it kept calling my name
I was lost and confused
Needed a way out of the pain
Thought that long black train was the my way out
Got caught up in the pain and didn't think life was worth it anymore
I kept lying to myself and others around me
Didn't think God cared
When all I had to do was jump off the long black train
And look above for answers but finally I woke up to realize
The train isn't worth the pain
When God is the only answer
Now I stop and thank God that I'm still here and that I'm not on that long black train

July 27,2008
not good but its a sequel to Josh Turner's Long Black Train song

ESPN CHICK

Longing

Sometimes its hard to see that our past isn't our future
Although we may be in pain but God can take it away
And then we can be set free from all the pain we've stored inside
You can shed tears in the mist of the night
But always remember God is there no matter what
And he's longing to hear your voice

He's waiting with arms wide open
Longing to hold you tight
And longing to shelter you from the storms
Longing to protect and guide you
As long as you believe with all your heart and soul

You've always clung to the world
And dreading to let it go
But you're better off without the weight of the world on your back
Cause God will take care of you
That's why he is here to hold all of us and to share his love
After all he did send his one and only son to die on the cross for all of our sins

So we can repent and be thankful for the rest of our days
If that's not love then what is love
Cause its been around forever and there's still a thousand meanings to love
And hardly anyone gets the true meaning
He's longing to change your life

Longing to give you a spot in heaven
You can go to him just as you are
He will give you all the love you need
He will never reject you unless you reject him
But he is longing to help you he knows everything that goes on
And he is always there and he understands but he is waiting and longing to hear you

February 22,2008

ESPN CHICK

Longing Part 2

21 March,2008

Wanting to escape this place
Escape all I know that's around me
Cause it's hurting me inside and out
With all the voices saying nothing but lies

Lies that sank in my mind
And eventually they try to destroy me
But I'm not going down

Cause I have someone that is my shield
God a forever loving one that is
One who protects his people
One who loves me just the way I am

One who loves everyone
Who made us and knows our every move
Someone who we can go to for anything

He already knows our deepest secrets
But there not even secrets to him only to the world
So why not talk to him and he will listen
And answer but you have to be a believer in order to hear what he is saying

Its sometimes hard to understand but sometimes we don't want to understand
Cause we think his way is the wrong way
And then we set off on our own

But we always stumble and fall and wind up doing the same thing over and over again
Its an never ending circle
We always tend to think we are right and just push God to the side like he means nothing at all
We never take time to understand him

We always jump to conclusions
Or we are always too busy to have time for God
But we always have time to schedule that hair appointment on our busy days

Longing for love and attention but we seek it in the wrong places
And then we wind up getting hurt then we do it over again
Searching longing for someone to hold close and spill out our feelings to on that bad day we had
When all we have to do is look above and know that God our heavenly father is always there

He's longing to hold us and longing to hear our voices
Longing to hear about that bad day
He's longing to take us and protect us and he always says the right things

He knows us in and out cause he made every part of us

So he knows us all to well
But we don't see it that way and we go down that path where we go and seek answers in all the wrong places
Let it go leave all the sorrows behind and thank God for everything you've got

Always know he is there and he will guide our every move
All we have to do is ask and then we will receive
But we have to put our hearts into his hands and trust him and know that he is the only ONE who can help us make it through this cold world

ESPN CHICK

Look What You Did To Me

Do you see that I am crying?
Oh wait I can't even cry
I am so numb
But you don't even care
I wish I had someone to lean on
Someone who can wipe away this pain
Fight away these fears

You stole my innocence away.
You left my body, heart, and soul
in never ending pain.
Disgrace and Shame
follow me around everyday.
How could you do those things to me
with no apologies?

How could you look at me with a smile on your face?
You are such a disgrace
Take a hard long look at me now.
Look inside tell me what do you see?
Do you see the harm that you did?
I am scared for life all thanks to you.
How could you do this to me you're own flesh and blood

Holding onto the happy memories I had
after that dreadful night,
oh wait I have none
because you removed all the happiness away
oh dearest brother,
you robbed me of my childhood.

You stole all my happy thoughts
You are such a thieve
First it was my virginity
Now you stole my happy memories
How can you live with yourself?
How can you sit there and say that you did nothing wrong?

The abuse I remember so well
I lived in my own little hell.
Describe to me
how does this make you feel?
My life back then felt so unreal.- How could you do such a thing to me?

Now I have to live with agonizing pain every day for the rest of my life
If only you could see inside of me
How broken up and torn I am
But you wouldn't even care would you?
You love seeing me this way and you know you do

November 21,2007

Notes: A friend and I wrote this together...I wrote every other one...beginning with the first stanza.

ESPN CHICK

Looking For A Shooting Star

Lying under the stars
So bright and beautiful
Looking for a shooting star
So I can wish this pain away

I'm tired of hurting
Tired of crying
I need this pain gone

I don't know what to do
Everywhere I go I can't help but wonder
What would my life be like if this pain was gone
Cause its killing me and tearing me a part

I don't think I can handle it
I've held on for to long
This pain is not worth the time anymore

As I lie under the stars
So bright and beautiful
Looking for a shooting star
So I can wish this pain away

October 17,2007

ESPN CHICK

Lord

I see the scar upon my arm
I strive for more but I know I must be strong
But I feel so weak that I can barely breathe
I grasp to feel the air

And there's no air around me
I don't know what to do anymore
Crying out your name Lord

Praying cause I know that's the only way out of this mess
I'm sorry for the things I've done
I don't know what else to say
I'm speechless as can be

You know me better than anyone
So please hear me out tonight
Free me from this pain

Breathe air into me and make me real once again
Cause Lord I can't do it on my own anymore
Every time I do I wind up back in the same place
I wind up broken and bruised

Lord hear me out tonight
I'm lying on the floor barely breathing
Feels like there's no air surrounding me

I need you because no one else will listen like you do
Open up my wounds and heal them and make me yours
Hold me underneath your wings
And protect me from the storms

July 1,2009

ESPN CHICK

Losing Hope and Faith (Help Me)

APRIL 2,2008

Losing hope and faith
But I know I can't give up
I've tried hard to give up
And every time you held me back
For reasons that are still a blur in my head
Struggling to keep believing in you
But it's getting harder each and everyday
I'm lost and confused on everything
Too many road blocks thrown my way
And I just can't find my way
But I still try to make it around the roadblocks anyhow and ignore every sign you give me
I keep breaking every promise
Slowly I start turning away from you over and over again
Seems like there's no use to live for you anymore
I keep pulling away when I said I wouldn't pull away anymore
What's wrong with me
I need help and I admit it one day then I just close my ears on you
I need help from only you God
Cause I know you are the main one who can help me
Why do I keep falling far from you
You held onto my hands but I just let go falling faster into this hole
Why do I keep letting go
When I need you the most
I know you're there but it's hard to believe
Even harder to have faith
I guess I keep looking for all the wrong things
What do I have to do to get out of this hole
Alone so alone God help me please cause it's harder to count on anybody else
I need you now more than ever
Please hang onto me and don't let go
Cause I need you every step of the way
I can't do anything without you
So God please hear me out tonight
Help through these struggles
And help me gain hope and faith
God just help me be more like you

ESPN CHICK

Loud Silence

I'm screaming out
But no one can hear a sound
I guess the silence is to loud

I'm screaming at the top of lungs
I wish someone could save me now
But no one hears a sound
The sound is muffled upon their ears

I'm screaming louder and louder
Someone please hear me out now
I'm breaking and crumbling into pieces

Slowly I'm dying I can feel the pain killing me
I want to restore so badly
But I just don't know how
I've quit screaming out

Now I know that the silence is to loud
I guess I will just lye down
And hope and wish that maybe one day
There will be a time where I will be whole

June 19,2009

ESPN CHICK

Love Is When.....

Love is when you hold me tight and tell me that everything is going to be ok.
Love is when you do everything for others before yourself.
Love is when you make time to spend with me.
Love is an outrageous thing, it can make you melt or break apart.
Love is so outspoken by words and motions you make.
Love is when you kiss me, that's when I know love is real.
Love is when you don't let me go and when you lock me into your heart and throw away the key.
Love is when no one else but you can wipe these tears away.
Love is when we share silly moments like this.
Love is when we can trust each other no matter what.
Love is when things are rough and you come and make things smooth again.
Love is when I'm lost and you come to rescue me.
Love is when we can share anything with each other.
Love is when I'm lonely and cold and you come keep me company and hold me to keep me warm.
Love is when we give each other on our wedding night.
Love is when we know that the time is right to do this.
Love is a strong bonding that only two can share.
Love is when we cuddle outside while watching the stars.
Love is when you have that feeling no one else but that special someone can give you.
Love can break your heart, it can put your heart back together, it may take you through many different rides, but stick with it. No Matter What.

ESPN CHICK

Love or Death

Wishing I was no longer a breathing human
Cause this body is to broken
To broken to be fixed
And nothing can fix it

No matter how hard I try
These thoughts still run through my mind
Lying in bed wide awake crying
Tears a flowing down my face

I don't know what to do
I still feel all alone
Wishing someone would come and save me
But there's only one person who could take this pain away

Only problem is he lives to far from here
If only I had guts to tell him how I feel
But I know that wouldn't change anything
I don't even know why I try

Even why I'm still here
Still living in this broken body
Feels like I'm never gonna die
This pain should have already killed me

What's holding me back
I wish I had a clue
Cause I know no one else is holding me back
If only he knew he would be holding me back

He doesn't know how broken I am
How torn apart I've been
I know he wouldn't have anything to do with me
But deep down I feel like he would

There's something about him that makes me feel shaky inside
Makes me feel like he is the one for me
Why do I feel this way
Why does he make my heart melt away

Wish I knew what do to
Love or death
Which one should I choose
Half of me wants to die the other half wants love

January 7,2008

ESPN CHICK

Love Overrated

Valentine's Day is so overrated
I hate that day so bad
I wish it never existed
Hate that love was ever born

Everyone is happy with love except for me
Never had anyone to walk into my life
Never had anyone to hang onto

I've always been alone never loved
Guess that's the way it will always be
Cause I'm to broken and bruised to ever be loved
No one can ever fix me

I will never be whole
I don't need love it will make me worse
I will wind up getting hurt and be in more pain

Love is so overrated
I hate it
Wish it never existed
Why is love such a big deal

Love will never be a part of my life
Maybe I will be better off alone
Better off to rot

January 2008

ESPN CHICK

Love Story

There she is all dressed in white
Waiting for that special moment
As she looks up to the sky
She can't believe this day has come
She's waited for so long to finally feel loved
To finally have her dreams become reality

A love story that she's written in her mind
Its all becoming real to good to believe
He's everything she's ever wanted
He loves her the way she is
What more could she ask for

As she walks down the aisle
She puts the past behind her
Ready to start a new chapter
A love story that becomes real
All those times she's felt alone
Those times where the pain never went away

Until now she can finally breathe once again
He came into her life with arms wide open
Now their saying I DO and on their way to a honeymoon
Two years later he reminds her how they first met
And he said its your love story and I'm your prince in armor and you're my princess in a white gown

March 27 2009
made up

ESPN CHICK

Love Struck

All these sleepless nights are killing me
I can never sleep cause you're always on my mind
I lie awake in bed thinking about you and what you do to me
Can't you see that we were meant to be?
All I do is think of you 24 hours 7 days a week
You just don't know what you mean to me
For the first time in my life I am love struck
It feels so right but I know its wrong
Don't you see what you do to me?
When I try to sleep I dream of you and it feels so real until I wake up then I can't go back to sleep cause you're on my mind
I wonder how it would be if you were here with me
Here by my side I want you to be
I think Cupid just stuck me with love cause I've never felt this way before

ESPN CHICK

Maybe

Maybe if I could runaway
I would feel free and not so out of place
Maybe I would feel whole and not broken
Not so lonely or confused

Maybe I could finally not hurt anymore
And not cry a million tears every night
Maybe I wouldn't have to fake the smiles
I wouldn't have to pretend anymore

Maybe then I would feel free
But I don't think that day will ever come
Cause this life is dragging on forever it feels like
But maybe just maybe one day somehow somewhere I will be free and not have this pain anymore

March 8,2008
hmmm not good..or to me anyways

ESPN CHICK

Maybe I'm Supposed To Be Yours

Standing in the rain looking dumb as can be
Trying to look for a shooting star so I can wish for you
Wishing that you would be right here beside me

Because when you're near me I feel so alive
I feel much stronger when you are standing next to me
I know I'm being a little bit selfish
But I can't help what you mean to me

You always heal these wounds
You always find the pieces to put me together again
I don't know why but I'm attached to you

Feels like you stole my heart and won't give it back
You got me falling deep over you
You are more than enough for me
What can I say my whole world revolves around you

When you are beside me I feel like I'm right where I belong
And I know I'm being selfish and I feel such fool right now
But in the end can you see it too that maybe I'm supposed to be yours

December 30,2009

ESPN CHICK

Maybe Then

Can you see me
See me standing here drowning in my tears
Losing it emotionally
I can barely breathe

I have to pretend that I'm okay
Even though deep down I know I'm really not
Cause people always have to interfere
Seems like they don't have anything else better to do

And yes I cry sometimes for no reason at all
But who cares there just tears
God put tears in our eyes
No sense in letting them waste is there

Giving up on things I love
I'm through with everything that has to do with love
Cause love has never even gave me a chance
A chance to show my soft heart

Maybe that's why my heart is bruised
Bruised because I've been to soft
Letting people run all over me
And get away with it

How can I sit there and take it
Maybe their day will come
When they are all in pain and nothing seems to go their way
Maybe they will get what they deserve

Just let their minds rot
Let their insides be torn apart
Their hearts be bruised
And their bodies be broken into thousands of pieces

Let them feel what I feel each and everyday
Maybe then they will understand
But they will only think of themselves
Thinking how can something happen to a good person like me

Well I ask myself that every day
I try hard to be the good person everyone ought to be
But then everyone just pushes me around like a dummy
Like I mean absolutely nothing at all

How can they be so cold
They over look everything that is right in front of them
When will they ever learn
That they can't over look the slightest thing

I wish they would trip and fall
Fall so hard that their bleeding

Maybe then they will know what its like to hurt so damn bad
Maybe then they will get what they only deserve

January 2008

ESPN CHICK

Me, Myself, And I

There is thoughts on my mind that won't go away
They linger in my mind each and everyday
I have this pain bottle up inside
And its killing me

All through the years I've bottled up this pain
Trying to cover it up
Its not like no one would notice how bad I'm hurting anyhow
I'm just in my zone all alone me, myself and I

Hurting and trying not to cry a river in my sleep
Sick and tired of living life this way
But I can't find away around this
I've tried over and over again

And every try I failed
I guess I'm stuck living life this way forever
Stuck here feeling this pain for the rest of my days
Because there isn't a way around this pain

I guess I have to go through it
Through this pain all alone
With no one there by my side
All I will ever have is me, myself and I

June1,2008

ESPN CHICK

Medicine Won't Kill It

Even though I smile
I still feel alone
And I still feel this pain

They say laughter is the best medicine
But I don't think it's true

Cause medicine only lasts for a while
And laughter is the same way
It comes and goes

But this pain it stays
Medicine won't kill it

Its to powerful
And its a different kind of pain
Pain that can not be healed by medicine

I fake the smiles and laughs
Almost each and everyday

No one knows it
They can't see it in my eyes
The tears thats waiting to fall

They don't see the pain hidden inside of me
The pain thats all balled up inside

Only I can feel it and know when the pains gone
Medicine won't kill it
For everyone should see that pain is just a part of me

(December 11,2007)

ESPN CHICK

Mine

I'm not trying to be selfish
I just want something that I can call my own
Something to hold late at night
While I'm waiting for 'the one'
He promised me forever
Forever I will wait
Until he shows up
I hold my pillow tight
I want something that I can call my own
He is mine and all mine he's my best friend and lover, like no other i will love him until I die

ESPN CHICK

Mirror, Mirror

I look into the mirror
I ask myself 'Why can't I look like her? '
She's pretty, everything a guy wants
The reflection of me is nothing compared to her

She has everything, every guy
I stand in the mirror
Asking myself 'What do I have to do to get a guy? '
The reflection of me has faded away as I walk away

My reflection is nothing but lies
Slowly I walk back to mirror
Saying like the witch 'Mirror, Mirror on the wall who

is the fairest one of all? '

My reflection fades has her's appears
I jump back and walk away once agian
Knowing that I can't cry
Cause I know thats the only truth

She is better than me and always will be
I will never live up to her
The reflection in the mirror has told me nothing but

lies
Lies that has taken over me
She has everything and everyone bowed down at her

side
Like a queen she think she is
Like the ruler of all nations

Mirror Mirror On the wall
I know I am better than she
One day some how some where
I will be married and happy, more happier than ever
One day I will go back to the mirror
Saying 'Mirror, Mirror on the wall who is the fairest

one of all? '
It is me of course...That is one day one chance I

have to prove to her that I am better than she
That I can get a guy for once
Reflections is slowly coming back
Now the lies are covered in the past
And the truth is finally coming out

ESPN CHICK

Miss You (Without You)

Every since you quit talking to me
My heart feels like its weakening
I wish that you could see the look in my eyes
And see that I miss you deeply

You were the one I ran too for my escape
With all my thoughts I poured out to you
You listened and with those words you comforted me
I don't know how and I don't know why

But you make me feel so alive
From thousand of miles away
I feel alive just by talking to you
I wish you knew how I felt

I never could tell you
I guess you will never know
My heart wants you and needs you right now
I'm still in pain I wish you could see

You wouldn't care would you
If I was dying you wouldn't even care
You don't care about me like you used to and I know you don't
Why do I even bother with you

Sometimes I wish I never met you
Then I wouldn't be stuck here with you on my mind all the time
I wouldn't be craving you
I would be just fine without you in my life

June25,2008

ESPN CHICK

Miss You Badly

Wonder why I'm thinking about you
Thought I would be over you
But I guess I will never be over you
Cause every time I think you're out of my mind
Something reminds me of you

I miss you so badly
I wonder do you miss me too
Every second of everyday my heart is lonely for you only you
Cause you always made me laugh even during those times where I didn't want to even smile

I wonder how can that be
After all I don't know you very well
But for some reason my heart won't let me forget you
Wish you knew how bad I miss you
I want to talk to you again just so I know you haven't forgotten me

If only you knew how much I like you
Maybe then you would come around more
Instead of just every once in a while
That is getting so old

I want to talk to you again
I miss those talks we had
And almost in everyone you made me laugh
I wonder why you don't come around that much anymore
You used to come around all the time

What happened to you
I miss you the old you
I don't like the new you at all
Cause I miss those times where you made me laugh

I never wanted to leave you in anyone of those talks
Cause you made me feel alive
And it felt like I could trust you even with my most darkest secrets
I guess I will never get over you
I wish you would come back around cause I need and want you

April 26,2008

ESPN CHICK

Missing You

Talk to me tell me what's happened
What's happened to us
Our friendship has just fell apart slowly
And yeah I've always liked you

Have you never even figured it out
I've always had feelings for you
But I guess I was just never to clear with my words
Either that or you just fell to another and forgot about me

Talk to me tell me whats happening
Because I need to know
It feels like you've left me here to rot thinking about you
Cause that's what I've been doing

You used to always have time for me before
What happened now
I miss you
Miss all those talks we've had

And not a single one did I ever wanted to leave
Talking to you always made my day
Miss staying up till 2 in the morning
With us both bored as can be but we still talked about something

Even the most stupidest things sometimes
But you still figured out a way to make me laugh
And I think I even made you laugh a couple times
I wish you could go back to your old self again cause thats the one I love the most

March 11,2008

ESPN CHICK

Mixed Feelings For You

When I lie down to close my eyes
I think of you and I don't know why
I'm pretty sure I don't love you anymore

But for some reason my heart and soul won't let you go
Now I can't sleep cause you're on my mind
Wish you knew how much I've tried to get you away from my mind

Thought I could runaway from you but now you popped back up in my life
But the truth of the matter is you really never left my heart and soul
After all you mended me back together again through the storms

Feels like you have my heart and won't let go
There's days where I want you then I tell myself I don't need you
You live so far away and you don't know how I truly feel

Sometimes I don't even know how I truly feel about you
Mixed emotions run through my mind for you
And I don't know what to do

I don't even know if we're even friends anymore
I'm assuming we are cause you've been talking to me
But that don't mean anything I know it won't last

Nothing last long with you
You're so hot and cold
You can't even see what's in front of you

Throughout the years though I've poured out my heart in writings for you
I've done nothing but think of you every since day one
And I know I'm foolish and young but that's okay

Cause through those years you taught me a lot
You made me laugh even when I was in tears
I wouldn't change that I know you

Sometimes I wonder though how much you care for me
How much do you think of me
I just want to know but then again I wish I could get you out of my mind

July 25,2009

ESPN CHICK

More Than Just Friends

Its three in the morning and I can't seem to sleep
All I can think about is you and what you mean to me
You're the one that I can trust and if I need a shoulder to lean on
I know I can come to you
Do you know how greatful I am for you?
I don't think you realize I love more than just friends
We've known each other for quite a while now
I know this may sound crazy but I need to be with you
I love you more than just friends
We've done everything for each other
I can recall a time that I was down and you called me to see if I was ok
You told me that if I ever needed anything that I can count on you
Oh boy don't you see that I love you
And that I want to be more than just friends
You're so good to me and no matter how hard I try to get you off my mind
I can't help but think that you're the one
Can't you see I want to be more than just friends
OF course we've been through ups and downs
But so does everyone else
Can you give me a chance to prove it to you
That we are meant to be more than just friends

June 3,2007
made up

ESPN CHICK

Music

Can you hear the music
It's getting louder and louder
Let me escape with the music
Move along with the beats

That's the only thing that soothes me
Can you please let me be while the music beats collides with my heart beats
And calms my inner self
Maybe just maybe drown out some of the pain

Feels like music is the only way I can gain strength
Let me move to the music
Sway to the rhythms like no one else is around me
Like there's no tomorrow

Move along now just move along
Let me be please
So I can finally breathe
While I sooth my soul tonight

Cause I know music is the only thing that will calm these nerves of mine
Just let me listen to the music
So I can finally be at peace for a while
Until I wake up from my dreams

APRIL 28,2008

ESPN CHICK

My Daydream

Everyday I just stare at the walls just daydreaming of you
Thinking about our good times we shared
The times that you were they're for me when I was down
Daydreaming of your pretty face
Knowing that we were meant to be together
I love when you're around
All my fears just seem to go away
I forget about everything else
When you hug me it seems like I'm in heaven

ESPN CHICK

My Dreams

When I close my eyes I tend to dream of you. I tend to dream of the way you made me laugh. Boy how I miss that. I still which I could hear your voice on the telephone just once more. Instead of dreaming of your voice. O how I want to come back to you so. Ive tried so hard to call you. During the day when I'm at home I tend to sit there and dream away of you. I want you back, I know I'm the one who left. I hope you can forgive me. I hope you dream about me to. My dreams are pure, but my heart is pure for you.

So please forgive me and take me back into your heart. I was wrong and you were right I cant live without you. you are all I dream about, think about. I talk about you the way you use to be there for me when I'm down. But now I miss that. I was cheating on you with some other guy. Thats why I left you but when me and him moved in together he started abusing me, so I left him I want you back but how can I tell it to you. After all the things I've done to you. If you don't take me back I guess I don't blame you. I guess my dreams are just a saying that I shouldn't done what I done but I regret it.

My dreams are pure and my heart is pure for you. Now that I'm here all alone I cant do anything.I need you back want you back I promise I'll change. I'm depress since I've left I don't know what to do. But I want to tell you one thing for sure I Love You! .

ESPN CHICK

My Feelings

When they say your name my heart beats faster
With every heartbeat beating faster
I lose my self control over you
No one knows how much I really care about you
I deny everything with a secret smile hidden inside myself
I try to hide my feelings for you
But somehow its written all over me
My feelings are just to strong to keep locked up forever
My feelings for you is outrageous
When I'm with you nothing else matters
I'm so in love with you and no one can take that away from me

ESPN CHICK

My Fight Inside

I look into the mirror
I see the fight inside no one else sees
The battle scars are worn
The tears I wanna cry but I fight
I strive to keep them away

How I try to be strong
But in the end somehow I always turn out weak
I try to scream but the silence is to loud
And I break into all over again
I promise on everything I'm okay

The pain doesn't go away easily
And I'm stuck in the same hole unable to move, unable to breathe
I feel so alone when I shouldnt
I feel so dead inside and nothing can make me feel alive
All my hopes and all my dreams have already faded away and now they are just memories

Slowly I feel like broken glass
Slowly I try to pick up the pieces
But I give up and turn to find out that the fight inside is killing me
I know the right choice but I keep letting go
Tired of barely hanging on

Tired of feeling like broken glass
Tired of fighting alone
The battle just won't end
I know it will never end
It's just the way it goes

I'm tired of feeling weak
I'm tired of hiding all the pain
I'm always letting it build up
It's slowly crumbling me
There's only one way to end it

One way to make me stronger
One person who will protect me
When I feel alone I know who will listen
And everywhere I go I know you're right here
That's why God right here tonight my fight is ours

My tears you will dry
My open wounds you will heal
The pieces of me you will put together
I know I will feel real and I know I won't be alone
I know you will take away the pain I feel

God tonight I want my life to belong to you
I want to live for you
I want you to make me whole

And I know you will make me stronger
The fight inside I know this is just the beginning but this time around I won't face it alone

August 14,2010

ESPN CHICK

My Heart

My heart beats faster every time I think of you
And I don't know what to do
Cause I've never felt this way
And when I talk to you my heart melts away

You know how to make me laugh
My heart enjoys that
Cause I've had a hard time even smiling the last few months
Until you came around

You are wonderful and I won't forget you
You are written on my heart and soul
I need someone to lean on and talk to
And my heart is telling me that you are the one

ESPN CHICK

My Heart Won't Let Me Forget You

My heart keeps telling me your name
And it won't go away
I'm suppose to be over you for good
But my heart won't let me forget you
I don't know why and I wish I did

Cause I'm hurting deep inside
The thought of you makes me weak
My heart misses you and so do I
But I know I've got to get over you

After all those lies you've told me
You hurt me to the core with them
I can't keep hurting like this
And I can't keep wasting my tears on you
You're not worth the pain anymore

I thought you were better than those lies but apparently not
Now I'm stuck trying to find away to keep your name out of
my heart and mind
You ignore me now and it hurts so bad
That you don't talk to me like you used to

My heart keeps breaking with all those lies you've told
But for some reason I can't stay away
I need you more each and everyday
You don't know that I need you
That I miss you so damn badly

Apparently I love to hurt
Cause I just can't stay away from you
My heart won't let me forget your name
All those lies you've told

Oh why did you lie to me so many times
And I actually believed them
You turned me into such a fool
How I need to forget you
But my heart just won't let me

May 21,2008

ESPN CHICK

My Hero

I'm shattered like broken glass
Bruises and scars lie on me
I look in the mirror
And I see nothing but lies

I feel like I want to punch the wall
And maybe break a few things
Cause I am feeling abandon
By everyone that surrounds me

Picking up the pieces now
Take a look at me
I will never be able to put myself together again
Too many pieces on the ground

I take a few punches
Then I fell like slicing
I lay on my bed
Listening to loud music hoping it would drown out the pain

I'm broken and I need a hero to save me
I need someone strong enough to pick me up
Cause I know no one else will try to save me
So I need a hero someone who will come and save me

And I won't have to wait for my hero
Cause my hero sees the pain
And knows to come and rescue me
Unlike the people I know

ESPN CHICK

My Life Sucks Without You

I can't say I'm fine without you
Because I'm not
My life sucks now that you're gone
I thought you cared

All those words you said to me
It all seemed too real
I was a fool to even believe you
But I loved you and now my heart is broken

I'm stuck here all alone
Its been months since we've talked
I've done my best to get over you
But lets face it my life sucks without you

What more can I say you were my everything
And all through the times we were together you lied to me
All those lies I believed
Those words drugged me under

How could I have been such a fool
But somehow my life sucks without you
All the fun we had
You took away my pain and fought away my fears

I wish there was a way we could fix things
I wish there was a way you could fix your lies
Whatever I did I'm sorry
But now that you're gone my life sucks without you

I wish I knew the reasons why I still love you
But I can't even explain the reasons
You make feel so alive when I'm with you
Even though you lied to me something in my heart is still loves you

April 29 2009
Made up

ESPN CHICK

My Love For You

My love for you will always be strong
I will never love anybody else like I loved you
Everyday I cry myself to sleep thinking about you
My love for you is greater that my heart
I try to get over you but its hard
No matter what I do I can't get you off my mind
My love for you is greater that this world but
How could you be the one I love when I love someone else?

Written on April 18,2005
made up

ESPN CHICK

My Pain Inside

Everyday I go around pretending every things okay
When deep down inside I know I'm lying to myself
Life just isn't what I want it to be

Feels like my life is coming to an end
Just ready to give up
But something inside of me keeps me going

I'm stuck going around in circles they never end
I keep pretending and keep covering up my face
Just hoping and wishing someone will see through

See through all those lies and pain
Those tears I try to hide
I wish someone anyone would notice how bad I'm hurting

All the pain keeps piling up inside of me
I don't know what do to
Or who to go to

Feels like I have no one
Feels like they all have abandoned me again
Just wish for once I could be happy and not have this pain

Nov 6 2008

ESPN CHICK

My Perfect World

I space out thinking what a perfect world would be like
This pain would not be here
You would still be sitting beside me
In a perfect world I would have friends that cared
I would not have to worry my life away wondering if I'm good enough for anyone
My perfect world would be happy & no one would get their hearts broken
No more lies, people dying
I would be living my dream & have the guy of my dreams

written in 2005 or 2006

ESPN CHICK

My Poems

The poems I write symbolizes how I feel
The pain that I have been through
The grief the mistakes
Everything you can imagine
I write love poems
There not real but there about my fantasy's
Just cause I never had a boyfriend
Don't mean I can't write about love
I write about the sadness I've gone through
My grandpa dying took away my breathe
So I wrote poem to grieve
By writing I get away
I sit all alone in my room
Thinking of what to write
Writing so I can escape this so called life
Its not to get attention its to get my feelings out
Its so the whole world can see a different me
I may not be the perfect one but I have words
That I want to express
I may not get people's attention
But when they see the things I've written
There hearts will break into when they read about
death and me wanting to die.

ESPN CHICK

Need You

When I'm all alone
I think about dying
And wondering why I'm still here
After all no one has tried to save me

The one I know who might can save me
Lives to far away
And doesn't know how broken I am
Doesn't know that I have feelings for him

I know that he would miss me
But I just can't handle this pain anymore
I try not to mark myself
So far I've done a good job

But I still feel like six feet under is where I belong
No matter what I do I can't get this out of my head
Especially every night
Even though I have you on my mind

I still feel alone
Cause you can't be here
And we don't talk all the time
But when we do you make me happy

But that's not enough
All the pain I have I need someone to kill it
And wipe these tears from my eyes
Nothing will ever make me happy besides you

Always carrying my fake smile with me everywhere I go
And when no ones looking I put it on
When I wake up I cover up my face in the mirror
Cause I hate what I see

You say that I'm beautiful
That you love me the way I am
But you don't walk in my shoes
If only you knew that you are the one I need to save me

The one I need to kill this pain
I need you to wipe these tears away
I want you to be my hero
And save me from this life before all of me is gone

January 8,2008

ESPN CHICK

Need You Here

Explain to me why I have these feelings for you
Cause I have no clue
I wish you were closer to me
And then maybe you would be able to take this pain away

Maybe you would make me the happiest girl alive
And maybe you would fix this broken body
No doubt in my mind you are everything I always wanted

I've always wanted to tell you how I feel
But I just never knew how or when to tell you
There never seems to be a right time
Sometimes I wish you never came into my life

But you've helped me through tough times
Through a couple suicidal rages I've had
Even helped me during the lost I had

Can't explain how you make me feel
Always making me smile
Why do you live far away
I need you here helping me get better

January 7,2008

ESPN CHICK

Need You Now

I'm starting to miss you even more right now
I need you now and I don't know how to tell you
Don't even know where to find you
Wishing that somehow you will turn up

Its 3 am and I'm so alone
Needing you right now
It's been too long without you
Without hearing a word from you

When I need you, you are never around
If I scream will you hear me
I'm so alone, I need you now
My dark empty soul can't bare to be without you

You're the only one who makes me feel whole
Why can't you see that I'm falling apart without you?
That I'm breaking into pieces without you
Tell me how to go on without you, because I don't know how

After every dark desire, you were there
Now that I need you the most right now
You're no where to be found
I need you now, and I'm sitting here crying

I don't know what to do now
I need you right here holding me tightly
Where are you when I need you?
Why am I so attached to you?

Feb 6 2010

ESPN CHICK

Never

I've never had the chance to tell you how I care and love you
It kills me that I never told you how I feel
I never thought I would be alone here where I don't belong
The only place where I belong is into your arms where you would never let me go
I never had the chance to kiss you one last time
I love you with all my heart
Come back, I miss you, never thought I would be without you

Written May 12,2006
made up

ESPN CHICK

Never Had A Chance

Wrapped up in care
Was what I wanted to say
But you never gave me a chance to speak
When I was alone all I could think of was you
Knowing that I love you
I wanted to call but I could not get the strength to pick up the phone
No matter how hard I tried to call I just could not bare listening to your voice
For I am afraid I will want you more & more
There's no more love between us I know
But you never gave me a chance to say how I really feel
My words were never said & I never saw you again
But now I'm happier than I was with you

ESPN CHICK

Never Meant To Be

I thought all the heartaches, all the pain
Was slowly fading away
But I was wrong once again
Because here it comes more pain my way

I guess I was never meant to be happy
Never meant to be satisfied
All my life pain has lingered around

I know now I'll never be pain free
Guess I was never meant to be pain free
All this pain bottled up in me is killing me now
What must I do to end this misery

Thoughts running through my mind
Here we go again with the same ole
I know I gotta be strong

I gotta rid those thoughts of dying
But its just so hard when the pain is with you everyday
And you don't know what else to do
When no one else will ever heal the wounds

I guess I was never meant to be satisfied
Never meant to be pain free
Just meant to be lonely forever more

November 13,2009

ESPN CHICK

Never Want You To Change

Why can't I leave these feelings behind
You make my heart sing stupid love songs
I've tried and tried to get over you
But I just don't know how
Cause my ways doesn't work at all

You don't know how I feel
Or what you do to me
Cause every since I've known you
You've always had that affect on me
Always making me smile

I've never figured out why you make me smile and laugh
You make my heart melt away even when I'm hurting inside, broken and bruised
You seem to have that affect on me from so many miles away
Wondering why you make me feel the way I do

Many miles and hours away but I still feel attached to you
With many interests in common
I still found out you're more than just an ordinary guy
You are that someone who cares and that took away these feelings and longing of pain
Took away heartaches that I never thought I could get rid of
You are that someone special and you will always be no matter what

I have so much fun talking to you
Because you are unpredictable at times
Then again you are pretty predictable
But I love you the way you are
I never want you to change

February 28,2008

ESPN CHICK

Never Will Be Whole

Tears are steadily falling from my two eyes right here tonight
Didn't think the stupid tears would fall anytime soon
Felt like the tears just abandoned me like everyone else surrounding me
Screaming on the inside wishing I could run from my fears

Wishing I was someone I know I could never be
My dreams that I had all went down the drain along with all my hope
What must I do to restore
Restore and become whole

That's all I want but I know I will never be whole
I'm broken and focused to much on my dreams that will never come true
I can't let go of them they are attached to me
Beginning to think that being whole was never suppose to be a part of my life in the first place

Cause every time I turn around I hit rock bottom
And I'm back to where I began
Could it be that I was never meant to be what my dreams tell me
Just wish for once in a life time that I could decide my own things instead of everyone around me

All the voices keep coming back in the mist of the night
And I swear I've never felt so insecure in my life
Just wish I could be myself at all times
Feels like I'm living two lives

In that case I know I will never become whole
By the way I'm okay I promise with all my broken and bruised heart
There's no place I'd rather be then to be sitting here with tears steadily coming down my face
And wishing my life away

March 10,2008

ESPN CHICK

Nineteen Years

Nineteen years has come and gone
And I wonder where has the years gone too
There's so much I wish I could say
Then there's words that I wish I would have never said
I miss old times and I wish I could stay a kid
There's days when I don't want to wake up
Then there's days I wish I could runaway
Some days I wish I could tell him how I feel
Then There are days I wish he lived near instead of far away
Maybe then it would be easier to tell him how I feel
There; s times where I want to wish my life away
There are days when I want to escape and try to make it on my own
How I want to be free from this life
But I know that will never happen
Nineteen years has come and gone and I'm still sitting here trying to figure out who I am

July 18,2008

ESPN CHICK

No More Pain

April 10 2008

What to do I'm so confused
Stuck here all alone
All alone to sit in the tears that I've cried

But I am not giving in
I'm looking for the way to happiness
The way to no more pain no more hurting

And I won't give up
Cause I need to change
I have to find my way

I know I have to be strong
No doubt about it
I'm tired of all this pain

Cause it feels like I can't do anything right
Feels like theres no need to live anymore
But I'm on my way

Finding my way to that something to make me happy
Now that day is finally here where I don't have to hurt anymore
Where I don't have to be in pain

Cause God took all of that away
And no more will I ever turn back to who I once was
I'm protected forever and always

God has me under his wings and he's my shield
No more will I have to worry
And no longer will I be alone cause I know he is watching me every step of the way

ESPN CHICK

No One

If only I could tell everyone how I feel
Would they listen or would they just block me out
It seems like every time I do speak my words never seem to come out right
Normally I say things that I never meant

But I can't change what I've said or what I've done
So now I'm stuck here trying to figure out
How to tell them exactly how I feel

Cause every time I turn around they think that somethings wrong
Even though deep down there is something wrong
But I couldn't bare them to know
Cause they would say all the wrong things

And they would try to help me or get help for me
Like someone has already done
Without my permission

Do you think by talking to someone I hardly know will help
Well you are wrong
Cause no one can take away this pain or fix me
But you don't even care

If you did care about me then you would respect my answers
Sometimes I wish people didn't care so much
But that will never happen no matter how many times I speak

I try to tell everyone how I feel but they just shut me up before I can say a single word
How can you come out and say that you're worried
When you don't even really know me
But I guess you will never change

I just wish everyone could get the picture
That I am okay
I swear that I am doing well

As well has I will ever do
Cause no one can wipe these tears away and make me happy
No one can take my pain away
I've built it up inside through the years

Its to much pain and its taken over me
What can I do about it
Nothing at all

Cause I know I'm okay
That okay is all I will ever be
Does anyone believe me of course not
So why do you think I don't tell you cause you don't listen to me

Trust me on this one no one can save me
Cause I'm okay and that's all I will ever be

Besides that if I wanted to die I would have already

Don't you get it
That I am scared to die
Apparently not
Cause you listen to my cries that has happened long ago

They just come back and haunt you
Don't you know that I'm okay
That I was crying because of something else

But don't even bother asking now
You assumed that I was wanting to die
Just because I was talking about suicide
Talking about it then crying the same night doesn't mean anything at all

If you could walk in my shoes then maybe you would understand
Maybe then you would listen to me
FYI I am okay and no one can ever make me whole again

January 25,2008

ESPN CHICK

No One Can

No one can take your heart from me
They can not erase the memories of you and I
No one can separate us
They can not take our love away

What we have is too strong
Too strong to be broken
They can try to make us fall apart but they won't succeed
Cause our love that we have is to sacred for anyone to take from us

ESPN CHICK

No One Knows

No one knows the pain that she goes through.
Everyday she hopes the pain will just disappear.
She prays that everything will be ok. No one knows
all the tears that she cries. Everybody treats her like
a person but they don't know how she really feels. She
writes suicide letters to herself and hides them. So no one
will find them. She regrets the way that she treated her parents. She lies in bed
thinking, where did I go wrong?
Why was I so mean to them? Now that there gone she
regrets everyday of her life. No one knows exactly what she did
to her parents, but they know she treated them really bad. She
would sneak out at night and do different things. She only wishes that no one will ever
know how she treated them. No one knows that late in bed she cries a million tears
that cries her to sleep.

ESPN CHICK

No One Understands Me

I've never have felt so alone before in my life
I just feel like nothings going right and all I wanna do is cry
Nobody understands me
They don't wanna know the true side of me
Everyday I run and hide holding this pain inside
Trying to hold on to whats left of me
It seems like I have no one in my life
They said they want to help
But there no help at all
They can't understand me at all and
What I want to do no one approves
So I'm stuck here alone
Drowning in my tears
Waiting and hoping that someone will come and save me

ESPN CHICK

Nobody

It isn't the pain that hurts anymore
What hurts is that I have nobody
I have nobody to love
Nobody by my side saying everything's alright

I'm so lonely inside and out
I try not to cry but I'm drowning in my tears

I'm messed up from this pain
I need someone to fix me
But nobody can hear these screams
Nobody cares I'm even here

I'm alone so alone
Why am I alone

Nobody has ever loved me
I guess nobody will ever love me
I'm stuck here all alone
Stuck here drowning in these tears

April 19,2009

ESPN CHICK

Not All About You

Why do you judge others
by the color of their skin
There just like you and I
God made them in the same image as you and I
So tell me why do you judge them
by the color upon their skin

Why do you judge them
by what they are wearing
You don't even know them
You don't know what they have been through

They are humans just like you and I
We are all alike
God made us in his own image
We all are unique in our own way
We are unique by God's amazing grace

Why does everybody judge someone
Just because they are not like everybody else in the world
You shouldn't judge someone by the color upon their skin
The clothes on their backs
You don't know anything about them
Cause they may have a heart filled with pain

They may need a helping hand
I'm just as guilty has the next
But since I've been broken before
I know what its like
But now I've found God
I'm safe and secure underneath his wings
His love never changes it never ever dies

He took away this pain of mine
Fixed my broken body
He made me whole
Just like he did you
But you haven't quite changed
You're still judging when
God said do not judge

So why are you judging if you are a believer in him
In the Holy ONE
How can you sit their and judge people
God's watching and listening to everything you say and do
Stay out of the closet cause God knows your there
Knows everything you are doing and thinking

In case you never knew God sees no color
He only looks through your hearts and souls
If you really believe in him and his holy word
You know this verse and know it well

He sent his son
His only begotten son to die on the cross for our sins
That should be enough
Why isn't it enough

You always want people to give up everything they have
Just so you can be happy
Let me tell you a little secret
Its not always about you
God made this world and you
If it wasn't for him you and I would not be here

God made this world for everyone of us
And if we believe in him then we can have a spot saved
Saved next to him in his kingdom
That's all he wants is us to be with him up above
See that's why he made us cause he wanted us to have a gift
But that gift isn't here on earth its above
You have to believe and its not to late
Cause God will take you back no matter what
You just have to want to believe
You must not turn back to this cold world
We can not take anything with us when we die
So quit clinging onto what the world is doing
And do what God
Your creator wants you to do
Cause its not all about you

February 2,2008

ESPN CHICK

Not Good Enough (Happy Ending)

Ever tear that falls from my two eyes
Comes from inside my soul
Where its black and cold
Never know when tears will fall
All I ever wanted was happiness
But I'm beginning to believe that
Happiness is not for me
Bout to give up looking for it
Cause its no use anymore
Theres only pain inside
Blackened inside all over
Take me and just throw me over
Cause I know now I've been a burden all these years
Just in the way and no matter what I do
It feels like its not good enough
And what I've become seems like its not even good enough
Even for the people I thought would except me
I wonder how can they be so cold
How can they turn there backs
But its my fault like everything else
No matter what I will be blamed for stupid things in years to come
And I wish I could just die
Compromise with death
Might be the best thing thats ever happened
Faking it everyday the smiles
Covering up my face from the lies I see
And I know that the mirror is right
But I just don't want to face it
Tired of facing this stupid reality life
Nothing ever seems to go right
Wish my life was like a Cinderella story
Where my prince would come and sweep me off my feet
And I would never be sad
I would actually have a happy ending
But we all know that happy endings are two in a million
I might as well wait for death to arrive at my front door
At least I know then that it would be my happy ending

December 31,2007

ESPN CHICK

Not Knowing

Just as you walked into the door. I let you into my life not knowing where life would lead us. Not knowing that you would beat me with your fist. Not knowing that you would abuse me in every way. Not knowing that you would rape me. I was gonna leave you but you threatened to kill me. So I stayed with you. I wanted to run as far as I could away from you. I just was to afraid. Everyday as I walked down the street I would cover all the way up. My friends would ask me if I was ok. I would say yeah but they knew what was up. They tried to reason with me. I wanted to leave him. I couldn't he said he would straighted up. I try to do everything to make things rite try to do what he would say or get thrown against the wall. I would cry when he wasnt around. Everyday I wanted to pack my bags and just call all of my friends and ask for help. Everyday of my life with you was so miserable I just couldn't take being with you anymore. You would use me in anyway possible. Anger problems you would take it out on me. One day I finally gave up and called my friends asking for help. I got help for you. Now I know where you are and not near me. I just want everything to be right for you. Then maybe I can let the door open again for you.

June 2005
made up

ESPN CHICK

Nothing

Even now I hate what I see
Nothing can ever change me
All the pain it will never go away

I guess I will live like this forever
Live with all the pain inside of me
Hating what I see in the mirror

Nothing will ever change me
Broken is just who I am
And pain I was born with it

Wasn't born to be happy
Wasn't born to be beautiful
I was only born to be in pain and brokenness and nothing can take that away

Nov 8 2008

Not good....

ESPN CHICK

Numb

Hello is anybody out there?
Can you see me standing here tonight?
All alone drowning in my tears
Waiting for life to end

Hoping that its soon
Cause I am so alone
Tired and confused

I wish I never even felt this way
Sometimes I wish I never could feel anything
And just become numb
Become numb to this life and not have to worry about pain

Cause I don't want this pain
But everywhere I go it follows me
I'm beginning to think its attracted to me

Oh how I wish I was numb
So I wouldn't feel this pain
Even though its a different kind of pain
It still hurts like the baseball that hit me but worse

ESPN CHICK

Obsession on Cloud Nine

Maybe I am obsessed over him but maybe I'm just in love with someone I hardly even know and why shouldn't I be?
We're a lot a like in many ways you see and I know this may sound crazy but I love the way he talks and the way he makes me laugh
Sometimes he even has me crying cause I'm laughing so hard
We can talk all day long if you will let us
Sometimes when we talk our conversations are so random and sometimes there's even a silence between us but we have fun talking
He listens to what I have to say and I listen to what he has to say
He loves me for who I am and he respects me
I don't have to tell him anything I don't want to
Over obsessed you think?
Maybe it's the tension in the air that surrounds me when I talk to him cause I feel like I'm in love
He's the one I seem to think of and everywhere I go he's the only one I see
This obsession that I have is driving me a little crazy
You see he's the only one that I've felt for this way
I'm spinning on cloud nine and it feels so great to finally find the one for me
I know there's no such thing as perfection but in my eyes he's perfect to me

Written in July 2007
Made Up(Well some of it)

ESPN CHICK

Oh Sweet Misery

Oh sweet misery
What have I done to deserve this
All this pain all day long
What must I do to become whole

Oh sweet misery
I swear I've done no wrong
Must this pain be attached to me
But why is it attached to me

Oh sweet sweet misery
Can someone anyone hear me
Hear me screaming out from my soul
Can someone please rescue me before I drown in this sweet misery

Feb 13 2009
not good but all I could come up with at the moment

ESPN CHICK

Older I Get

Broken and torn apart is who I am
I know I'm not alright
And you know that
But its hard to admit it
And its even harder to believe in you

I've tried to believe
But haven't tried hard enough
I need your help
I need you to guide me in the right direction
The older I get I'm starting to understand why

And now I know but it still is a little foggy
Its just hard to understand
But the older I get the more I've been through
And the more I fight and strive to survive on my own
The more I reject and fight you
I've pulled away way to many times

But the older I get the more you have showed me that you were always there
And all I had to do was give you my all and all my best
All I have to do is ask for forgiveness
Trying to be strong not letting go
Cause I know I need you
Need you to help me pull through help me not to let go

Cause I know you love me for who I am
And not hate me and not judge me
The older I get the more I understand
Understand that I do need you
Need you to guide me and need you to help get through
Things happen for reasons and its just hard to grasp that

Its easier to blame you and say WHY GOD
Why is this happening
Why did this happen to me
Out of all the other people you choose me
You have taken away everything I've gained
Taken away everyone I love

But now I know it happens for reasons
Reasons that is hard to understand
Understanding you is harder than anything
And the easiest way is to blame you for everything
Blame you for taking away the ones we love

The older I get the more I wonder
How can you love us
How can you give us life
When all we do is destroy each other
And despise you
But God you know the reasons and you know everything

Help me and others to understand that
Understand why things happen
And you love us just the way we are
We don't have to ever change for you
We can come to you just has we are
And worship you and talk to you

Even though you already know but
You love when we talk to you
And you understand us
You take us for who we are
The older I've gotten the more I started to ask why
Ask why did you do this to me
What did I do to deserve this

But now I know you can learn from the heartaches
Learn from everything that goes on
The hurt the pain God take it away I want to be yours
It still hurts deep inside but God I can't handle it
Tired of this wall of pain I have inside
God destroy that wall and make me whole
Take me and make me who you want me to be

Take this bruised heart and make it better
Take this broken body
And take the pieces and put me together again
I need your help to help me stay holy to you
To read your word to understand everything you do
Cause God its just so hard to understand all you do

The older I get the more I go through
You do it for reasons I never will understand completely
But God as I'm getting older
I've struggled and never figured out that you are it the one I need in my life your all
I've ever needed
I guess I was just to scared of what others say
And I've been hurt by too many people

Satan got to me God
He tore every little piece of me up
Bruised me inside so badly
And making me blame it all on you
Making me blame and ask why
And how could you do this

I should be thanking you for keeping me alive
After all those attempts to die
God I wondered why
But the older I get the more I understand why
You want me to live and not be six feet under
You want me by your side when I die and not down burning

God you never did have to send your son to die for us
But you did that's how much you love us
You loved us before we were even born
And you will love us forever more
You are the truth and the way

If we fall God you will be waiting with arms wide open to help us and pick us up
The love we need you have
Through rough times you can help us
All we need is to ask
And God sometimes you are already helping us

Satan loves to destroy us
That's why we need you
Cause hes already destroyed me
But God you can rebuild me
A whole new better me
And the older I get the more I understand you never left me you are there every step of the way

February 2,2008

ESPN CHICK

One

One voice can start a riot
If the the voice is loud
It will rumble the world

One heart can break easily
Especially if its broken by someone you love
Then you're stuck with one broken heart for a long while

One is a powerful number
Cause it starts with one person
Then its a never ending circle

One dream can lead into reality
If only the mind is willing
Willing to make the dream come to life

One song can make a person's day
It can sooth a soul with just the tune
And the words can make you happy

One roof can protect a family from the storms
And shelter from all the dangers of the world
You feel protected with the roof over your head

One person can be broken inside
And nobody would even know it
That person could be you

One war will lead into another
Where innocents will die
And nothing will be accomplished

One shooting star now make a wish
And if it comes true you will be blessed
If it doesn't then the star was never for you

April 20,2008

ESPN CHICK

One Day

One day you will see all along I was never lying
You will see that I was dying
Dying because I could never tell you how I felt
You meant the world to me

If only one day you could see that maybe we had something
But I guess its to late now
I never hear from you anymore and it hurts because I still think of you
Maybe from time to time I see a message from you
That's only once in a blue moon

How can I be so tied to you
When I can never tell you the truth
When I can never tell you how I feel
Maybe one day somehow I will be able to set you free

Set these feelings for you so far away
I thought I let you go but I never honestly did
Its just a phase I guess I gotta go through
Maybe one day you be forever long gone out of my brain
One day I'll see how stupid and foolish I was

On my part maybe I'll see that I'm better off without you
One day I'll see that you were just a waste of time
Maybe I'll wake up and realize that you were never meant to be mine
One day maybe just maybe all these thoughts and memories of you will finally fade away

November 23,2009

ESPN CHICK

One In A Million

I'm not gonna try and be who everyone wants me to be
I'm gonna be myself and nobody else
Because everyone doesn't know who I really am

Don't try to match me with other girls
I'm one in a million and you can't change that
No matter how hard you try you won't ever succeed

I'm me and nobody else, don't try to change me
Because I am who I am, you can't change the fact that I'm different
I'm different for a reason

I'm one in a million
And I'm unique in my own special way
Quit playing these stupid games with me

Why are you trying to change me anyhow
There's a reason for everything
And there's a reason why I am who I am

I'm one in a million and every one can't except that
Except that I'm not like all the other girls
I'm not perfect but I'm not like everyone else

One in a million and I'm so happy that I'm not like the whole world
I'm not gonna change the fact that I'm different cause I love it
I love being one in a million that makes me unique in my own little way so quit trying to change me and trying to turn me into someone that I'm not

May 6,2008

*I know not the greatest.....but that's all I could come up with for now

ESPN CHICK

Only You

No one ever makes me feel the way I do
Only you make me feel this way
I've never loved anyone until you came along
You stole me locked me into your heart and threw away the key
Only you could pull that trick on me
Only you can make me love you this way
I'm under a spell that I can't pull through
I've tried to break through this spell but you told me to stay
And the sound of your voice makes me stay with you

Written on May 11,2006
made up

ESPN CHICK

Open Your Eyes (Don't Bother)

March 30,2008

Open your eyes and look at me
Do you see all the pain inside
The pain that I've built through the years
Cause I swear it shows
The pain has been there for a long time
Not surprised that nobody noticed
I'm used to being invisible by everyone
Don't bother helping me now
Cause I swear I'm okay
I'm stronger now than ever

ESPN CHICK

Outrageous (True Side Of Me)

I'm not like the other girls
And for you to like me is outrageous
Don't you know thats so not me
To fall like this

Cause I've never fallen so hard before
And just so you know these feelings are taken over me
And when I wake up you are on my mind

I wish you could see what you do to me
This is an outrageous feeling to have
I never have had feelings like this
But I promise to show you the true side of me

ESPN CHICK

Over and Over

Over and over again I think about how you bring joy and laughter to my heart
Over and over I can tell that you love me and that is real love that cannot be broken
Over and Over I think about you and how you don't care if I make a fool of myself
Over and over I see that I can be myself and you still stick around me
Over and over I say to myself how lucky I am to have a guy like you
I feel so beautiful when I am around you
Over and over I cried knowing you might not stick around
Over and over I see you the real you that I love so much about
You care for me and love me
You tell me that everything is okay
That no one can take my place in your life
Over and over I think about it
About you and I hoping that you are the one for me
The one that is mine forever

ESPN CHICK

Over You

I could have sworn that I was over you
But I was lying to my self
Come to find out I can't breathe without you
Can't go a day without thinking of you and needing you

I was over you but then suddenly I figured out that I can't live without you
Kept saying to myself that I was over you
And never again will I ever need you
But somehow I still haven't got over you

And I wish you could see that I was wrong
I will never get over you
No matter how many others I find
You still will be on my mind

Cause I can't seem to get you out of my mind
As you can tell I haven't got over you
You know me better than any other person in this world
And you catch me every time before I hit the ground

I can't explain how that makes me feel
I'm not over you and I know now what I should have then
That I can't go a day without you
You are the one that turned me around

That took me into your arms and said its okay I'm here now
And I will never ever leave you alone
But now I messed everything up and you're gone
I haven't quite got over you

And you know me better than I know myself
Will you please give me another chance
Cause you were right I will never get over you
And I swear I will do better cause I know now that I need you forever

December 30,2007
made up

Not great or even good but o well...

ESPN CHICK

Pain

Can you see the pain that I go through?
All the tears that I have cried over the years?
Does anyone even care?
It seems like I am all alone in this cold world.
No one to love
No one but me, myself, & I.
The suffering by other people.
All I am thinking about is cutting myself.
Why?
I thought I told myself that I'm not even suppose
to think about that.
I like to be left alone but no one seems to listen.
I like to sit in my room all alone.
Just listening to music & I feel like I'm in heaven.
It takes all the sorrows, tears, & pain away.
It feels like I'm all alone & that's the way
I want it to be.
No one even cares anyway so why should I?

WRITTEN ON: Feb.22,2005

ESPN CHICK

Pain All Over Me

Pain all over me
It's one of the worst feelings
Can't help the way I feel

I never did ask to be filled with pain
I was just born that way

But go ahead and judge me
I've got no body to go to anyhow
And you were never one of my friends

Just tell me what did I do to deserve this
I don't know what to do anymore

All I want to do is scream and pull my hair out
I'm tired of this pain
But for some reason it won't away

It follows me everywhere I go
Pain just lingers me no matter what

No one can stop it
I will never be whole
Forget all about it, no one will ever make me whole

June 5,2008

ESPN CHICK

Pain and Brokenness

No one has to know that I'm broken
But I could have swore that they can see the brokenness in me
By looking through my two eyes

If you need to take a picture of my broken body
Then do so and look at it really hard
And tell me that its lying

I wish you only knew what its like
What its like to wanna throw yourself off the edge
To rid all of your pain and anger

Always having to hide
Cause everyone I go to
Says all the wrong things

Carrying pain on my back
Ready to lay my body down
Down under the ground

You tell me to relax
And say that everything is okay
But you don't even know

Tomorrow could be another painful day
You will never know what it feels like
To cry yourself to sleep late at night

Figured out that is my lullaby
Feels like I can cry for a thousand years
Thats how many tears I still have left after all these years

I wish I had someone to save me
To wipe away these salty tears from my eyes
To fight away this pain I hold inside

I wish I had someone to hold me every night
Sitting by the fire in the winter
Sitting by the pool in the summer

But now its to late
To much pain for anyone to save me
No one wants a girl who has pain and who cries every night

I'm threw with this agony
Taking it with me when I go
And I hope it is soon

Though I know I'm not ready to go
Not ready to end this life
But deep down I feel like thats the best thing for me and everyone else

ESPN CHICK

Pain and Misery

Late at night I let the tears roll down my face
I let it all go when nobody's around
Can't stand for people to feel sorry for me

All the pain is just piled up a mile high
I can't get rid of it no matter how hard I try
Everyday of my life I'm in pain and misery

Misery surrounds me
Pain is everywhere I walk
I promise though I'm okay

Don't even try to comfort me
Nothing will make it better
Love has abandoned me since birth

No matter how hard I try I will never have a happy life
I will always carry around a fake smile to cover up The broken smile I wear each and everyday

Past, present, future it will always be the same
Pain and misery forever and always
I guess I'm better off being alone

January 1,2009

ESPN CHICK

Pain Forever

Thought I was through being broken and bruised
But I guess I wasn't through cause
Here I am tonight once again hurting
Broken and bruised
What must I do to become whole
Guess I'm not meant to be whole
Guess I'm meant to be broken and filled with pain forever

March 7,2008

Not the greatest...but I just couldnt find the words

ESPN CHICK

Pain Is Taking Over Me

Every tear that falls from my eyes means nothing at all
I know they are just a waste of time
But I cry them anyhow

Tears come and go
But the pain stays it lingers me everywhere I go
I don't know why or what I did to deserve this pain

I'm reaching for help but no one is bothering to save me
Covering up my lies just to see if any one notices
Of course no one notices

Because everyone thinks I'm doing better
They see through my broken smiles
And when I say I'm okay I'm really not

They just walk on by without a care in the world
I've covered up for far to long
But I don't know what else to do anymore

And I thought that he would be there when I needed him
But just like everyone else he abandoned me
When I trusted him and he was the one I could talk to

What is happening to everyone I know
It feels like I'm not worth anything to them anymore
Feels like I'm just another nobody

Feels like I'm a burden sitting on their shoulders
What did I do to deserve this pain
God why does everything happen to me

Feels like every time I try hard to get things right
More pain hits me
I might as well give up like all the others

I knew I should have given up in the first place
I'll just sit here and rot away
Cause I know I will never be whole

No matter how hard I try I know I won't be good enough for anyone
I should be numb to all the pain
But I will never be numb to it

Its just a part of me and I knew it all along
I was born with pain
And I will die with it

This pain is just taking over me
I've let it build up for far to long
I guess it will just slowly kill me

June 2,2008

ESPN CHICK

Pain Part 2

All the pain inside of me will never fade away
All those painful memories are my darkest moments in time
The past, the present, the future its all the same
I've always been in pain and forever more it will still be here

Time after time
Day after day
I wish I could escape it all
But I keep holding on to whats not even there

Pain is just a part of me
Part of who I am
No matter how hard I try
I won't escape this pain

This pain has a hold on me
I keep breaking and breaking into
I know nothing won't ever save me
Love won't even save me because no one will ever even bother with me

December 26,2008

ESPN CHICK

Painful World

Seems like just yesterday that my world crashed into a field of hell
I just feel like crying
No one can help me
No one can save me from this pain & suffering I go through
Everyday I lie awake in my room just wondering if this pain is going to stay or take a vacation from me
I'm broken inside & out
No one can put me together again
Who would want to since everyone hates me in this world
I'm just so lonely in this little world of mine
But I actually kind of love it
Just let me live this boring painful life of mine until the day that I'm buried into the cold hard ground
When I fall flat on the floor just let me lay there
You shouldn't even care if I get up or not
You didn't care anything about me when I was on my feet
Just leave me lying on the floor
Especially if I'm bleeding just let me bleed to death
Don't bother helping me
It's to late to help me
You didn't want to help me then so why in the hell do you want to help me now?

Written on Nov 18,2005

ESPN CHICK

Perfect

What do you want from me
I only can do so much
In case you haven't noticed I'm not perfect
I can't do everything you want

I'm sorry I can't be perfect
We all mess up and we all fall down
You should know that
Cause I've seen you fall a million times

But you don't care
No one does anymore
You can't do everything perfect
If you think you can then you do everything

See where you get
Cause I'm sick and tired of your words
Take time to realize that we are all human
And that no matter how hard we try no one will end up perfect

You don't see that I'm in pain
You only care about yourself
I'm sorry I'm not a perfect child
If only you could look in the mirror and see it yourself

See that I'm just like you
And knowing that I have feelings too
Turn around and think about it now
Cause no matter how hard you try you won't succeed a perfect life

(December 11,2007)

ESPN CHICK

Pieces

The thoughts are flying through my mind
The clock is ticking faster each and every minute
Time is wasting and I just don't understand anything anymore
Why am I like this?

Why am I broken into pieces?
I know I will never be able to put myself together
Time is passing me by and I'm so lost

One day I'm fine and everything seems to be okay
Then the next I've fallen all over again
Breaking into more pieces I know I will never find
I'm missing something in my life and I just don't know what

Here I am searching all over but I'm clueless
Can't find anything to fix me
I guess I'm always gonna be broken

I will always try to drown out the pain
But in the end I know it will drown me instead
No matter how long and hard I search
I will never be able to find the pieces

The pieces that I lost
I guess there long gone and so am I
I'm so far gone that I don't even know who I am anymore

December 25,2009

ESPN CHICK

Pieces Of Me

My heart is broken
Into thousand of pieces
I've tried to pick them up
But every attempt I failed

One step after another
Feels like all of my body is breaking into
But all the pieces won't ever be found
To many places I've traveled

After every tear that falls from my eyes
Feels like slowly they will be bloody tears
Cause I swear all my tears are about to be all gone
All those times I've cried I guess I used way to many tears

All the pieces of me lye everywhere on the ground
They will never be found
If they are found it will be hard to pick them up
Cause their too small to hold in your hand

Pieces of me are everywhere
Just wish for once they were with me
Cause I feel so alone
I just want to be whole

But the pieces are long gone forever
Guess I will never be whole
Broken all over oh why did my body break into pieces
Now pieces of me are everywhere and I can't get to them

Never again will I be whole
No one can replace the pieces of me
Guess I will lay here broken forever
Shedding bloody tears while I wish my life away

May 12,2008

ESPN CHICK

Pretending To Be Okay

Screaming at the top of my lungs
Confused and lost
Broken and torn apart
Pretending to be alright but the truth of the matter is
I'm not alright

Can you see behind my two eyes
That I've hidden nothing but lies
Nothing but broken dreams
Behind my two eyes lies all my hopes

Figured out that's all I got left
Cause no one has ever tried to see through these eyes
With tears flowing down my face

Trying to be strong
But really what is strong anyways
And it feels like I'm getting weaker
By the minutes by the days

I just wanted to feel whole
Guess nothing will ever make me feel whole
Living life by pretending to be okay

But the truth of the matter is I'm not okay
Never have been and never will be
Always been broken and bruised
Everyone says all the wrong things

Guess I will forever pretend
Keep saying I'm okay when I'm not
No one will ever notice anyways

No one will ever notice the broken smiles
Every-time I think I'm better I keep getting bruised
Feels like I wanna cut again
But I can't force myself to pick that knife up once again

Although I know it would feel good
It would sooth me but I will try my hardest not to go back to it
Just feels like my whole world is crashing down again and I don't know what else to do

March 5&6,2008

ESPN CHICK

Quarter Past Four And You're On My Mind

Can't sleep its a quarter past four
I'm tossing and turning
Thinking about you
About what you mean to me

I've been thinking about you for a while now
And I can't seem to get you out of my mind
Hoping that I can sleep soon
And maybe you will call me today

No doubt in my mind I'm in love with you
You may think I'm crazy but I'm just crazy about you
I've never met anyone like you before
I wish you could see how my heart melts when I'm with you

And I wonder if you could really be the one for me
Cause no one else has made me feel the way you do
You make me smile even when its been a bad day
I wish you could see the way you make me feel isn't normal

January 1,2008
made up

ESPN CHICK

Questions

I don't understand
Don't think I ever will
Why does things fall apart?
Why does life seem like a living hell?

Can't keep but asking all these questions in my mind
Every time I turn around seems like something bad happens
Life is just shattering as I turn around
Why oh why does people have to die?

They say that your free but really are we?
When you don't know when death is gonna take you
Looking back to see what's behind you
Trying to treasure life but that's hard to do when you're goin 90 to nothing

Can't believe it, don't wanna believe it that your gone
Lost a friend within and now I don't know what to think
And here I am back to questioning when I shouldn't
Why do we lose people we care about?

We lose the ones we wanna cling to
Gotta be strong but yet deep inside you wonder
You wonder if life destruction is headed your way
Deep down you wanna cry but you put that thought to the side

Gotta keep moving forward
In the end life is painful anyway
Looking into the stars trying to find an answer
Please tell me why we live life like this

April 26,2010

ESPN CHICK

Quietly

I lie here quietly gazing at the ceiling
Quietly thinking about you
Your part of the reason I smile
Your the only one who hasn't hurt me

Quietly tears fall now and again
Wondering if I will ever lose you
Will I be with you to the end
Quietly I think of all the talks we had

In every one you made me laugh
I don't know what I would do without you
Part of the reason why I'm still alive is you
And I sit here alone in my zone quietly hoping I won't ever lose you

ESPN CHICK

Rain

I love it when it rains
No one can see these tears fall
And the rain washes all this pain away
I feel like brand new

then the rain passes over and the sun shines again
and i fall apart all over again
having the same thoughts but in a different manor
I'm different then you I'm somebody without a clue

without a clue where to go
who to turn to
where to run to

i just keep falling on my own two feet
running around in circles trying to find myself
I'm without a clue on who i am

And I love it when it rains
No one can see these tears fall
the rain washes all this pain away and
the aches stop pounding

but i still feel alone and insecure
wishing i had somewhere to run to
besides my bed late at night holding the pillow tight

wishing that my reflection in the mirror wasn't me
wanting my reflection to fade away for good
throwing away what i used to be
i want to be free

the rain upon my skin feels so good
washing the pain the aches away from me
crying because i know no one can see
running through the puddles to feel free

The rain brings a whole new meaning to me
it makes me feel so alive
rain rain please come back to me
help me get rid of this pain

ESPN CHICK

Rain and Pain

I'm standing in the rain
Its washing this pain away
The rain makes me weak
But I feel so alive

The pain is finally gone
Until the rain stops
Then the pain comes back
But the hurting is worse

I wish the rain could drown this pain
Take it away
Cause its killing me
If its not one thing its another

When it rains I go outside
Just to feel it on my skin
It makes me feel alive
And it takes away this pain

And I can cry cause I know no one can see
Over and over again I wish that I could fly away
Fly away to another day
Another day where this pain isn't here

ESPN CHICK

Ready To Forget You

Everywhere I go I still think of you
I wish your name would leave me
Tired of being drugged under by it
You were always the one I talked to
And I don't know what happened to you
All I know is that I'm ready to forget everything about you

October 21,2008

NOT GOOD but o well

ESPN CHICK

Ready To Rid These Chains

Looking at the clear blue sky
Just to see what I can find
All these years nothing but pain & misery
Ready to get rid of these chains
I want to leave this all behind
Maybe I need a new town
So I can start all over
Go somewhere far away where no one knows me
Where I can just hang & be myself
I'm tired of this town
Cause it seems like I have no one I can trust
All these walls surround me
I need to be free I need to escape this
I want to fly away in the clear blue sky
Cause all these years has been pain & misery
I'm ready to get rid of these chains &
Leave this all behind
Maybe I need a new town
So I can start all over
Somewhere far away where no one knows me

Written in 2006

ESPN CHICK

Real Life

Can I not say one
thing
Your over here
worried about your
hair and face when
there's people dying
and starving to death
When there's little
kids all alone with no
where to go
They don't know
where there mommies
or daddy
Your worried about
what people think
Is that why you lost
so much weight by
starving your self
Who cares what
people think you
shouldn't have to go
all anorexia
That's not hot at all
While you were
wasting food there
were families that
didn't have anything to
eat.Some digging through
garbage just to see
what they can find
People on the streets,
under bridges with
signs.Why are you worried
about what other
people think?
Threes people who
looks like skin and
bones because they
don't have enough to
eat, no money to buy
food for the week.
You tell me are you
worse off or are they?

Written 2006 or 2007

ESPN CHICK

Reasons

I do not know the reasons for anything
Although sometimes I wish I did
Especially the reasons why I love you
And the reasons why I can't tell you

Cause you are all I think about
The reasons why is such a blur
And I can't even gather the reasons why
You make me feel the way I do

The reasons are unclear in my head
But every-time I think about you
My heart gets jumpy
And I have the sense the need to talk to you

But you're never on anymore
Thought I could always count on you
Reasons why I still love you I just don't know
I could have sworn I was over you completely

Guess I was wrong
Cause now I can't get you out of my head
Even though you have lied to me
Something still leads me to you

I've tried to search for the reasons why
Why I feel the way I do
And the reasons why you never leave my heart and soul
But I just haven't found the reasons

Wish you knew the reasons
But I know you don't
Cause you don't know how I feel
And if you did you still would never know the reasons

The reasons still linger in my heart
I just can't reach them to understand
The reasons why I love you won't fade away
And sometimes I wish they would

You used to take time and talk to me
But now I don't know what happen
The reasons why I still bother with you is unclear as well
Cause by now I thought I would be forever over you

February 18,2008

ESPN CHICK

Reasons Part 2

Could you tell me the reasons why
Why am I falling for you
I know that you don't know
But I swear that you have put me under your spell

Cause I never wanted to fall in love
It just happened and I don't know how
What are the reasons for me laughing
At all the stupid jokes

Will I ever understand the reasons why
Will I ever be free from you
Cause I swear you've put me under a spell
Just the thought of you makes me shaky inside

The reasons why is not clear at all
The reasons why you make my heart melt away
I'm still trying to figure it out
You've sent me all these mixed emotions in the past

I'm confused and can't even figure out where to begin
Reasons are in my head I know for sure
I just don't know if the reasons are real or fake
But I can't help but think of you all the time

I can't help but wonder do you feel the way I do
Do you ever even think of me just for a moment
Cause every-time I think you are out of my world
Your name pops up in my head

And then I'm stuck trying to figure out the reason for it
If you're the reason why I'm still here
Cause in a way I think you are
But then again all my thoughts are in a pile in my head

February 19,2008

ESPN CHICK

Red Rose

He gave me a red rose
Forever I will keep
He said, 'Take this red rose in remembrance of me'
I put the rose inside the book and closed it
He told me he would be back for me
I sit here today waiting for him
looking at the red rose he gave me.

ESPN CHICK

Redo

If I could redo this moment it would be different
I wouldn't have said that I didn't love you
I think I'm just scared to fall in love
To be honest you're the one that I think about
If I could redo this day it would be the best day ever
I just want to be with you
I am sorry that I said I didn't love you
I'm just scared to death to fall in love once again
Give me another chance please
I know how I can make it up to you
Just want to be with you
My world is spinning out of control
My last love one didn't go so well
I guess I'm just scared that you will hurt me also
I didn't mean to hurt you in anyway
I wish I could redo this moment and I could show you how much
I really do love you

ESPN CHICK

Remember

Do you remember the time where we felt free?
Remember those days where we felt like we could do anything?
Those times where we felt alive and not so alone
Not so afraid of what the future might bring

We were so young and those were the days of make believe
Where we made up almost anything
Remember those times at school passing notes around the room?
I know you remember those days

Thinking back now the time just passed us on by
Never did think all of us would go our seperate ways
We were busy wondering about then
Who would have thought that later down the line we would feel broken and confused

That one day we would have to deal with life
But do you remember in primary school
During recess we would jumprope with our friends
Because back then we hardly had any enimies

Cinderella dressed in yellow, yeah I know you remember that jumprope song
Can't believe we are all grown up now
Things have changed, life as changed
Here I am remembering those days

Here I am sitting here wondering and wishing that life was like those days again
Years has passed us by and now we are all grown up
Wondering if you remember those days like I do
What was great and wonderful back then is now just plain memories

AUG 20 2010

ESPN CHICK

Runaway

I wish that I could escape this and runaway from it all
Recreate a place, a world to call my own
Where I could live alone and be who I want to be
I look at these scars to see this life is actually real
All the pain the blooded tears are starting to come back into my life
Just walking down this road wanting to die
Wishing that I could runaway to another day twenty years from now
All this anger balled up inside wishing this pain
Would just turn into gold
Taking this day and shoving in down the drain
Its just a waste of time I wanna crawl somewhere and rot away
Taking my fears watching them fade away and
Crying all this pain away

ESPN CHICK

Runaway Part 2

Don't you see this plain inside of me
Lying here in the tears that I cry
Trying so hard not to let myself go
All I want to do is just runaway
Runaway from everything and everyone
Looking at these scars to see they are real
As real as can be
Wanting everything just to disappear and
Never return
Feels like I'm living the same day over again
Its just so hard not to cry
I'm sitting here in my own tears that I cry
It seems like no one understands
I just want to runaway
Far away as possible
Sick and tired of this so called life
It feels like I've been cursed forever and ever
Just wanting this to go away
Let me live this life in the tears I cry
And the blood that I bleed

Written in 2007

ESPN CHICK

Sail Away

I wish I could sail away, far away
To place where I can escape
Maybe I wouldn't feel alone
Or feel so out of place

Sail away from all the pain
I just need it to go away
I just want to be loved

Just let me sail away for a week or two
Maybe I could learn to love myself
I need to escape this life
Maybe I could rid some of these thoughts

Just let me sail away, far away
Let me be for a week or two
I need to escape this pain

April 26,2009

ESPN CHICK

Save Me

Can you see me standing here all alone
Drenched in these tears that I have cried
Hoping and praying that someone will save me

Save me before I kill myself
Cause deep inside I don't wanna die
Someone please help me

Can you hear me screaming
I'm lost and confused
Don't know where to go or who to go to

Even though I found you
I still feel lost and alone
I don't know what to do

If you can hear me scream then come and save me
That way I know you truly care for me
And that way I won't harm myself anymore

Cause with you I feel so alive
You make feel good about myself
So will you come and save me cause you are my strength

ESPN CHICK

Save What's Left Of Me

I've had you on my mind for quite some time
And I can't help but wonder
If you are the one
The one that can rescue me from this life of brokenness

I'm in pain and I'm beginning to think you can kill it
Cause everyone else doesn't seem to kill it
And they say the wrong things but you make me smile and laugh

Cause since I've known you
You have never left my mind
And this heart has been beating for you
Telling me that you are the someone that can save me

Save me while I'm trying to kill the pain
Cause my way is by ridding all of this body
Marking it cause I don't know what else I can do

I know you would take this pain away
But will you
Will you save whats left of me
Save this broken body while I'm still half way here

January 5,2008

ESPN CHICK

Say My Name

when the world is tough and

its cold outside just hang on
you can pull through all you

have to do is say my name

and i will be there
there by your side
holding on to you
just hang on all you have to

do is say my name
and i will be there

cause i know you would do

the same for me
when your alone and

feeling down all you have to

is say my name

I will run to you
I would walk around this

world just to get to you
all you have to do is say my

name
i would do anything for you
i would walk in the pouring

rain just to get to you
if your scared or you need

someone to talk to i will be

there all you have to do is

say my name

when your depressed don't

hesitate to pick up the phone

and call me
just say my name and i will

be there just to let you know

i care

I would give up my life just to be with you
when you need me don't hesitate to say my name
cause i will be there in a single heartbeat cause theres no where id rather be then to be with you
so if you need me just say my name and i will be there
when your world is cold i will be there to make it warm again just say my name and i will be there
cause theres no where id rather be than to be with you
dont hesitate to say i love you

Written on 1-15-07
madeup

ESPN CHICK

Scars

The scars remind myself of my past and present
I don't know what I would do without them
Scars I thought were for life
Is slowly fading away

And I feel the need to do it over again
Take the knife in my hand
And mark on my arm
Something I haven't done in a while

I need the scars
They remind me of what I used to be
Scars all over me
I feel the need to cut all over

Just to feel the pain once again
And they remind me of what I used to know
Scars make me feel alive
And I feel like I can breathe once again

December 2,2007

ESPN CHICK

Shaky

Why am I shaky tonight
Haven't been like this but for only an hour
Shaky as can be
I wasn't shaky until you started to talk to me

You make me laugh even when we talk about stupid little things
I can't explain the way you make me feel
I don't even think I could explain even if I knew why

You make my heart melt away
Get me twisted up in this body of mine
I wish I knew how you felt about me
Cause maybe then it would be easier for me to tell you exactly how I feel

You take my breathe away
You make me feel alive
Even when I cry

You know exactly what to say
And you hardly say anything wrong
Making me smile the whole time we talk and even after
Even when I'm writing this I'm shaky and smiling every word I write

Leaving me absolutely breathless
Feels like there is no air that surrounds me
I can't get you off my mind especially now

Now that I've talked to you for once in a long time
I feel like this pain is truly gone for good and that I'm no longer dreaming
Wonder why you make me feel this way
Cause I have no clue

Sometimes it seems to me like you care but then again
It feels like its still shaky between you and I
I wonder how could I fall to you

How could I go this far
But I have and no way I'm turning back now
I've came to far
Not giving up

I wonder why I feel this way
Wonder why am I so shaky when I talk to you
Oh how I wonder why you leave me the way you do

February 8,2008

ESPN CHICK

Shattered Heart

My heart was broken into two pieces and now
Its shattered into a trillion pieces
Shattered by all the pain I've hidden
Shattered by everyone in my life

now I've got mixed emotions
Mixed emotions about everything and everyone
I'm so lost, lost in my tears
I'm confused, confused about my life

I'm trapped inside my fantasy thinking
That we should live happy ever after
When I slipped from my fantasy I know
We can't live happy ever after

My heart is shattered by everyone
They always hate on me and down me
My heart is now a puzzle
But a puzzle that will never be put back together

All these emotions I have
All the pain I've hidden
My Shattered Heart
Was caused by people

By all the people I know
Good or Bad
That does not matter
Its all gonna turn out bad
Sooner or Later

My shattered heart was caused mainly by
The people that I love

Written on 10-3-2006

ESPN CHICK

She (No One)

Keeping the tears behind her eyes
No one will ever understand the reasons why she hides
Everyday of her life is just another wasted day in her eyes

She cries herself to sleep when nothing else will do
No one will ever take the tears away
No one will ever take the pain away

She hides inside of herself
She clings to the one thing that's meaningful to her
She clings to all the scars because she knows no one will ever understand her

When she looks in the mirror she hates what she sees
Everyone else just sees through those scars and the pain
Those broken smiles are worthless to people around her

They see through her lies
What must she do to be whole
She's alone and she can't handle being broken anymore

But the days come and go
Scars keep coming
Her body isn't worth anything to her

She screams out but the silence is to loud no one hears her
She forsakes the day she was born
Cries out to heavens and asks why

Shes lost all hope
Slowly she's about to die
Why won't someone come and save her

Sept 18,2008

ESPN CHICK

She Suceeds

She's broken inside and out but no one sees it
Trying hard to survive each and everyday
But she's tired of trying to survive
All the scars on her body tells a story
She cries herself to sleep wishing never to wake up
All her painful memories comes back in the mist of the night

When all of the people around said that they will be there forever
But they just turned there backs
Now she knows shes all alone
No one where to go
No where to hide
Cutting again and again to feel the pain to see the blood dripping everywhere

Blood all over her and her clothes
Wishing to die tonight
Cause everyone has abandoned her
Now she has no one to turn to
And cutting is all she's ever known
Dying and crying wishing to get it over with

Deep down she wants to be saved
But she's lost all of her hope
Its gone forever
Seeing all the scars wishing death would soon arrive
She tries and tries again to succeed
That day as come her wish came true she finally succeeded
Lying six feet under like she dreamed

February 22,2008

made up

ESPN CHICK

She Walks Down A Broken Road

She heads down a road all alone
Its dark outside with thoughts running through her mind
Stuck in the middle of her mistakes
Can't find a way to escape it all

She hides all the pain
Hides all the tears
She has no where to go
Walks down this broken road alone

Its cold outside with the stars sparkling bright
She wonders is this what she wants
Will it be her happy ending tonight
Looks at the gun and knife she has in her bag

Is this really worth it
Who will miss me any how
I have no one in my life
This is something I must do

Facing her fears walking down this road
Questions fill her mind
As she drops to her knees with tears falling from her eyes
She's stuck in between of what things should be

Can't find her way to the things she loves
Because all she knows is how to bleed
Never been loved in her life
She feels like she isn't good enough for anyone

She takes the gun put up to her broken heart
Takes the trigger and pulls it back
Bleeding all over she's gone
She had enough and didn't know what else to do

June 24,2008

Made Up

ESPN CHICK

She Wants to Believe Again

She wants to believe in God once again
But she's having a hard time grasping his presence
After all she's been through who could blame her
Deep down she wants someone to save her
She wants to believe once again
That God is there and that he will help her find her way
Take it step by step like a baby child
Starting over again
She knows that she has to be strong
But she doesn't know how to be strong
Shes always been in pain and faking the smiles everyday
Wants to runaway but she has no where to run to
Hiding every day and night of her life
She wants to believe once again but shes lost
And she can't find her way back
I wish I could save her but I can't
I want to take her in my arms and let her know that I care
And that I am here and that I will pray for her
Pray that she finds her way back
Back in the arms of God

ESPN CHICK

She's

Can you look at me and see this little girl inside
Can you see that she's hurt
She's broken and bruised by the world
With no where to go she runs and hides within herself

She's tired of running
But she knows no one will understand
All the pain that she holds inside

She's held it in for far to long
Wishing all this would go away
Waiting for the right time to re-create herself
She's tired of being this lonely little girl

That lonely little girl just happens to be me
I'm so lonely so cold so far away from paradise
I'm confused lost all at the same time

ESPN CHICK

She's Alone

Just look at me
Tell me what do you see
Do you see a dying girl inside

Do you see all the tears that shes cried
She's alone and forever will be
She's afraid in this cold lonely world

Don't you see shes hurt
There's bruises by the world
Its hard for her to trust anyone

Its even hard for her to trust herself
All the pain she's held onto
Its starting to kill her

Afraid to die
But she doesn't want to live
She hates this world

Life is so cold
and people don't see inside
They just walk on by

Its a matter of who cares and who doesn't
and no one cares about this little girl
She sees it in their eyes the way they walk on by

She knows she's alone
and there's no point of living
There's nothing to make a broken heart whole again

October 19,2007

ESPN CHICK

She's Always

She's walking down a lonely road
With thoughts of wanting to die on her mind
Holding all the tears inside
Trying to be strong but she doesn't know what strong really means

She's always been broken inside and out
Nobody's ever cared at all
Always pretended to never care
But deep down she was screaming
And always wore a broken smile on her face

Always covered up her arms and legs
So no one could see the scars
Covered up all the lies in the mirror
Hiding each and every day
Trying not to lose self control

One step then another
Walking down this path all alone
Alone with her thoughts and fears
She screams at the top of her lungs
Wishing tonight would be the end

Cause shes always been hurting
Always been broken and bruised
And everyone has failed to see that
So she walks down this road
This road full of broken dreams

Hoping soon she would just die there
Without any hope left
She pulls out a knife one last time
And cuts until she's bleeding all over
Until she loses enough blood to no longer live

February 29,2008

ESPN CHICK

She's Broken

She takes it a day at a time
One cut then another
Wanting the pain to go away

Hoping soon she won't be here
But deep down she wants someone to save her

She's broken and bruised
And she knows no one will want her
After all she's broken inside and out

She's confused about her life
No where to hide but deep down in herself

Wanting to die but deep down she wants someone to save her
Cause she doesn't want to die
But yet she feels like she doesn't belong here

ESPN CHICK

Shes Everything That I'm Not

Maybe I am hating
Maybe I am just jealous
But I know a girl who gets everything she wants
Shes everything that I'm not
She has a boyfriend
The world at her side
Already has her future planned
When I'm trying to figure out my plan
Shes everything that I wanted to be
She was homecoming queen
I was just the girl in the stands
Shes going to be a movie star
When I want to be a sportscaster
She laughs in my face saying 'you will never amount to anything'
'I'm everything your not'
Shes all so perfect
Has the guys after her when I have never had one guy call me
Shes everything that I wanted to be
She has everything that I don't
Maybe I'm jealous
I try to tell myself that I know shes just an accident waiting to happen on the red carpet

Written on July 8,2006
Made up(sorta)

ESPN CHICK

She's Gone

It's hard to say good-bye
But even harder to let go
You never think about losing someone
So you never say good-bye thinking you will see that person again

When I heard the news that she died
I nearly couldn't stop crying
I wish things could have been different
We did many things together

Its been two long years and I still can't stop thinking of her
She should still be here
It's still unreal to believe

It feels like a dream
After she moved back I knew we would spend time together
Like old friends again
But now she's gone and I will never see her again

June 6,2009

ESPN CHICK

She's Me

Do you see this dying little girl?
Do you hear her screaming?
She's so alone and filled with pain
With no where to go but deep down inside herself

She has no one by her side
No one to kiss goodnight
She lies in bed crying a million tears

Do you see that she's broken
She's cried all her salty tears and now her tears are blood
Cried so much that she lies in her own tears
Wishing this would go away
That dying little girl is me

ESPN CHICK

She's Tired of It All

Pretending not to be in pain
Looking in the mirror
Trying to cover up those bloody tears
Taking it day by day
But doesn't know how much more she can take
Pretending to smile
Always finding a way to fake it
Each and every day
She pretends to be okay but deep down she can't fight it
She knows she's not okay
Every day she goes to a quite place
To mark over her body
Cause to her its priceless
She doesn't see the point in living
She's tired of pretending but doesn't know how to stop
Cutting all the time cause thats all she's ever known
She loves to see the scars
Cause they tell a story
Its her addiction and she can't stop
She tries hard to quit but it pulls her back to it
Pretending to be okay even though shes not
Taking it day by day
She's tired of it all
Finally she takes it to the grave
No more will we ever hear about this girl ever again

(December 11,2007)

ESPN CHICK

Should I?

Holding the tears
Fighting the suicide thoughts
Wishing this pain would just go away
Theres nothing that can heal it

Pain surrounds me everywhere I go
All the, scars will not fade
I wonder everyday would the world miss me
Should I just die here tonight

End this pain and misery
No more lies, there will be no more anything
This pain I hold inside would be gone
I wouldn't suffer

I wouldn't have to lie to myself
And say that everything will be okay
That one day I will be happy
Cause I know deep inside I won't

I wonder should I try to die
Should I end it all here tonight?

October 29,2007

ESPN CHICK

Shouldn't Have These Feelings

Here I am all alone staring at these four walls
Wondering why your still on my mind
I'm trying to think of something or someone else besides you
I shouldn't have these feelings that I do

After all I don't even know you all that well
I should know better but I don't
I can't help these feelings that I have for you
And I don't know why

Why can't you get out of my head
Cause the more I think about you
The more I will fall in love with you
And I try to push these feelings away

But they come right back
Every time I talk to you I get a funny feeling
That maybe we are meant to be
Then again I'm lost in these feelings for you that should have never taken place

ESPN CHICK

Since The Day

Since the day you walked into my life I have changed
You took me in and locked me into your heart
I have never felt anything like this before
Since the day you locked me into your heart
I knew that you really cared about me
You took me to places that I've never been to
You make me feel like nothing can go wrong
I feel secure cause I know you will protect me
Since the day you came into my life my whole world has changed

ESPN CHICK

Some Friend You Are

You tell me to be myself and not nobody else
Then I try to be myself but then you kick me on the ground
Saying things about me behind my back leaving me in tears
You completely misunderstand me
You don't even know me like you say you do
I'm not gonna fight back thats not who I am
You were suppose to be my friend
And catch me when I fall but
All you care about is yourself
Some friend your suppose to be
I was completely dying right in front of you
But I was just invisible to you
I guess I just hate that cause I'm friendless hope you know
You stabbed me in the back
Talked about me in the same room as me
Cause you didn't think I was listening
Thanks for acting like you cared and just to let you know
I almost died this summer from all the pain that people has caused
And you were one of those people
So thanks so much for not being a true friend

ESPN CHICK

Somebody Out There

Can somebody out there help me
Cause I'm losing hope
And I don't know what else to do
I'm running away from my fears

Covering up the tears
Putting on a fake smile everywhere I go
Can anybody hear me
Can anybody see me

See that I'm dying in front everyone
Somebody out there please help me
Please save me from myself
Save me from this pain

And put me back together if you can
If you can pick up the pieces to this broken body
Cause I've tried so hard and I failed
I failed to realize that I'm broken for life

I kept falling over and over again
Falling into a deeper pain
Can somebody out there try to save me
Come and try to put this broken body together once again

Cause I'm lost and alone
So far away from home
And I'm losing hope
Somebody out there has to hear me cry

So please just give in and help me
Instead of watching me die slowly
I know somebody's out there that can hear my cries
Come on don't be afraid just help me put together this
broken body of mine

January 14,2008

Not great but who cares

ESPN CHICK

Someone

Screaming at the top of your lungs
Hoping someone might hear you
But then again you just want to be alone
Sitting there in a dark cold room
Crying yourself a thousand tears

Wishing you had somewhere to go and someone to turn to
How you wish you knew what to do but you don't
You're on a emotional roller coaster and you can't get off
Feels like you're stuck there forever

Can't find the true feelings inside you
You are so confused and lost
You feel like you are abandon
Wishing you had someone to cling onto
Someone who you could tell all your dark secrets to

Someone who could wipe away those tears and give you roses
Someone to make you whole
To make you feel alive and you wouldn't fake the smiles each and every day
Oh how that sounds so good but you know it could never happen to you in a million years

You have pain piled up a mile high
Wishing that you wasn't broken nor bruised
Hoping one day you will finally get off that emotional roller coaster
And into someone else's arms that you can call home
Someone who would catch you before you fall and hold you in the mist of the night

March 9,2008

ESPN CHICK

Someone To Make Me Whole Again

I've been there at least a million times
Trying to tell myself that everything is fine
And that someday I won't have this pain

But for a while now this pain as stuck with me
Like a magnet
I can't get the pain to go away

If only I could runaway
If only I could find that one person
Maybe this pain would finally disappear

Out of sight out of my world
I'm ready to be whole
Tired of being this broken girl

Ready to move on with life
Move forward and not have to worry
Not worry about trying to kill this pain

Cause its getting old
As so am I
And as I'm getting older I realize I do need someone to make me whole again

January 4th 2008

ESPN CHICK

Something About You

You keep on the edge of my seat
You know when I'm down
You know how to bring me to my feet
You know me inside & out & it drives me crazy
You know everything I'm about to say
Never in a day could I go without being with you
When you hold me tight I know everything is going to be okay
You always wipe my tears away
Everything about you sends shivers going up & down my spine
There's something about you that I can't put my finger on
It's like a strange sign that's hidden inside of you
When you are with me I don't know what to say
Its you & I together that makes us, us
No matter what anybody says or does you love me for the way I am!

ESPN CHICK

Sometimes I

With tears about to fall from eyes
I think about how he used to talk to me all the time
Now he leaves me hanging in the middle of our conversations
Sometimes I wish we'd never met at all

Sometimes I wish he was like his old self
Cause that's the one I love the most
And how I don't like the new him at all

Sometimes I wonder if we were better off without each other
He was suppose to be my friend but now we feel so far apart
I was hoping that I would be everything he wanted
But now all I hope is that I'd get over him

Sometimes I wonder is it the things I say that make him go away
He used to make me feel alive now he makes me feel helpless
Makes me feel like such a fool

Why does he do the things he does
Seems like he doesn't like me anymore like he used too
Now I wonder can I ever escape these feelings I have
Cause these thoughts I have of him are stuck in my head

And I can't seem to rid of them
Sometimes I wish we'd quit talking long ago
Then maybe I could rid these feelings that I have

Will I ever get over him
I doubt it
But I know I have to move on
Cause he isn't worth these tears any longer

May 13,2008

ESPN CHICK

Somewhere In Between

This broken heart is more than I can take
Pain is filling me up from head to toe
Each and every day I fall harder and harder
And I can't figure out what to do
Cause I know that this pain isn't going to go away on its own

Stuck here all alone wondering what to do
Standing in the rain cause no one can see the tears
Dreaming of the way things should be
Wanting someone by my side

Every step that I take feels like I'm getting weaker and weaker
No matter what I do still feels like I'm not good enough
Looking for a shooting star so I can wish this life away
Tired of being here
Wonder if anybody sees the pain behind my eyes

Everyday I cover up in the mirror
And put on a fake smile
I wonder if anyone will notice this broken smile
Can anyone see that I'm living nothing but a lie

Somewhere in between this pain my soul is screaming
Screaming hoping that someone will hear
Somewhere in between my body there's a part of me that's wanting to die
Wanting it to end
Surprised the pain hasn't killed me yet

So much pain pilled up inside
And somewhere in between that pain is a heart that's broken
Wanting someone to fix it but who would
Who would love someone like me

I think I can handle it all on my own
All the pain is becoming numb
But somewhere in between lies an untold story
Somewhere in between this fight I'm winning
Trying hard to strive on my own

Trying to fight the thoughts within my mind
The thoughts of suicide
Somewhere in between my mind there's a spark thats saying I can make it
Make it to the end without ending it in one night

Gotta make it
Gotta stay strong
No matter the cost I have to fight the thoughts
Cause somewhere in between this life there is something for me
Something that's worthwhile

April 21-23,2008

ESPN CHICK

Speak Your Mind

It seems like everyones fake and nobody's real anymore
Seems like people follows crowds and not there hearts
Some are dying on the inside but they follow to be popular
People are not standing up for their rights like they should be

This is suppose to be a country that has freedom of speech
But when we speak all we do is get into trouble most of the time
I'm tired of seeing people follow crowds and they don't what there getting into
Speak your mind let your voice be heard

It doesn't matter what color you are
What you do in your spare time
All that matters is that you do what you think is best for you
And speak your mind

People intend to let others control them
Theres to many haters
Too many posers who thinks they know it all
So all I'm saying if we're suppose to have the right of freedom to speak then speak
Let your voice be heard

ESPN CHICK

Start All Over

I wish I could start all over with this life
So I wouldn't have you on my mind
You'd be completely wiped away
I'm tired of the new you thats why I wish I'd never met you

Start all over with these dreams cause they have you and I in it
Delete your name from my mind
Why can't I delet you from my heart and mind

You used to make me feel so alive now you make me feel helpless
You make me feel like such a fool
How can I be so stupid to have trusted you in the first place
I just want to start all over without you

Without you my life would be so much better
Oh how I've got to start this life over again
Thought you were the one for me

Thought you liked me for who I am
But I guess I was wrong
Why can't I get over you

I have to get over you
Start this life all over
I've got to start all over again
Starting right here tonight

May 13,2008

ESPN CHICK

Still

Its been two years and I still remember how you broke my heart into
You hurt me so badly
I still have bruises that are still trying to fade away
There are tears that still want to fall
How could you do this to me
You told me that you loved me and I was stupid enough to believe you
I was almost dead thanks to you
Blood stains still covers the walls
How did I put up with all of this
You stole me by telling me everything I wanted to hear
I still feel you throwing me against the walls
Pain still remains inside
How could you do this to me?

Written on 2-25-06
made up

ESPN CHICK

Still Not Over You

I think about you still from time to time
I'm not quite over you yet
My heart keeps telling me I need you
But you're so far gone
I don't know the real you anymore

You've changed throughout the years
That I can't figure you out
All those long nights talking to you
Those dark days where you would listen to me
Now are memories I will never forget

You've moved on but I haven't yet
My first heart melt was over you
Everything was you in my head
My heart couldn't bare not seeing you
You were my everything

I could tell the whole world about you
But you were my best kept secret
I'd stay up till 3 in the morning just talking to you
You made me feel so alive
Like nothing and nobody else mattered

I miss the old you
What happened to you
I never dreamed I'd be sitting here all alone
But here I am alone once again
You meant everything to me and now you're just another person that walked out of my life

April 26 2009
Made up

ESPN CHICK

Struck By You

I'm looking around the room
And all I see is you
Why can't you get out of my mind
Don't you have somewhere else to go

Please leave me alone
Cause I am afraid of falling in love
You came like a flash of lighting
And struck me well

Struck me so fast I never saw it coming
Do you really feel like I'm the one
Or are you doing this cause you feel sorry for me
I want the truth from you

I've been told to many lies
And I really like you too much for you to lie to me
Please be honest with me and I will be honest with you
I will do my best if you will do your best

I feel like this is moving to fast lets so down
Cause when you sped up you went from 50 to 70
With a blink of an eye
Don't get me wrong I think you are wonderful

But this is the first time for me
First time I've fallen in love
And it feels like I'm dreaming
Cause you are to real for me

November 20,2007

ESPN CHICK

Stuck

Here I am once again stuck with you on my mind
I don't know why I'm always feeling this way
Stuck in a moment of weakness
Feeling so foolish but the thoughts of you don't go away easily

Every time I think your outta of my head something reminds me of you
And I'm stuck thinking of you wondering where you are
Wondering when this is gonna end
I wanna erase you from my mind

But every time I try the past reaches back for me
I shouldn't even have you on my mind in the first place
Here we go again I'm stuck here thinking about you
Wish we were friends once again

Things are not the same and I'm not the same
Just miss those talks we used to have
Those long nights kept me alive
If only you knew what you meant to me back then

Those days are long gone and I need to forget you completely
Stuck here in a moment with you on my mind
Gotta erase you from this heart of mine
You meant everything to me although you don't know but you were the world to me

July 1,2010

ESPN CHICK

Stuck Alone On Valentine's (I Wonder)

Here I am stuck inside on Valentine's
How I want you to be mine
Cause you are the one who set me free
The one who says all the right things

You make me laugh even when something is stupid that you said
But I wouldn't change it for nothing in this world
I just wish I could talk to you tonight
That would make my heart happy

I stayed up for about three hours last night
Thinking of you and wishing I could talk to you more
And I was thinking of all the times we shared
All those talks we had and I never wanted to leave not even a single one

You had me at hello
You get me more than any one else does
And how can that be when you live nine ours from me
You remember things I thought you'd forget by now

But do you remember the important thing of all
Do you remember those words
'I love you' you told me that time after time
Then after a while you quit saying those words

Then you became to busy to even say a single word to me
Now I sit and wonder why I even bother with you
And I wonder why you leave me hanging during conversations that we have
Like the other night there was no good bye

You left me hanging but I guess I should be used to that by now
And I don't know why I'm still even craving for you
As mid night approaches and Valentine's ends
I wonder who did you go with tonight

Even though I know I won't know her
But I'm curious to know what you did or
Did you work all night
While I was stuck at home watching the time roll how I just want to know

February 14,2008

ESPN CHICK

Stuck By Me

As the years pass by you still stuck by my side
No matter how hard things got for me and you
My dreams went down the drain after everyone laughed in my face
All those hard times you still stuck by my side
That dream meant more than anyone could have imagined
You lost that big game your senior year but you still made it
Five years later we're still together side by side
Living our big dreams together just as we dreamed
We still stuck by each other having the best time of our lives

Written 12-9-05
made up

ESPN CHICK

Stuck Here Without You

Never would I thought In a million years that I would be stuck here. Stuck in this world in this place without anyone to hold me tight. When its cold outside all I can do is think of you and how we used to sit by the fire together. Walking out all alone this road I call home. The reason why I left wasn't cause of you It was because it was the right thing to do. It wasn't cause I didn't love you thats the only reason why I did was cause I love you. Always will, the day I left I cried a million tears. I knew this was better for you and I. Walking alone down this road all alone I think about how this could change. I knew I shouldn't left but when you caught me with the other guy, I knew I could never explain it. Thats the reason why I left. You thought it wasn't my fault, but you thought wrong it was my fault. Its my fault I'm stuck out here in the freezing cold with no where to go. No one here with me tonight...just me, myself, and I
I was such a fool to leave you but I know your happier without me.
What I did was wrong, I love you and always will.
My mistakes has taken me on this lonely and cold road....Guess I deserve it.

Written year: 2004 or 2005 or 2006
made up

ESPN CHICK

Stuck On You

Turn me around and tell me the things I want to hear
Cause I am stuck on you no other person on my mind
Take me anywhere as long as I'm with you

Cause I think about you all the time
Here I am stuck on you
Can't get you out of my mind

Oh no I've fallen and it feels so great
Whats wrong with me
I've never felt so great

Now here I am stuck on you
Here's the sitch I'm thinking about you and only you
Whoa don't you know that you make me feel like an angel

I wonder do you think about me like I think about you
Cause I am totally stuck on you
No other person can ever make me feel the way you do

ESPN CHICK

Suddenly

Suddenly my whole world stops spinning
And I'm stuck here all alone
Suddenly everything changes
And I'm the only one whose the same

Suddenly I'm dying inside
And no one can help me at all
Suddenly tears fall down my face
And no ones there to wipe them away

Suddenly I feel lost
And no one can guide me back home
Suddenly I can breathe again
And everything's okay

ESPN CHICK

Suicidal Me

Wanted to die right here tonight
Poising myself with creme and ink
Trying to rid this pain take it all away
Wanted to run and hide

This is the suicidal me
Thought you never see it
Why is it so hard for me to die?
I wanted to die right here in my own room

Thought about cutting again
Blood running over my arm
Thats what I wanted but I didn't
Go that far

Why is so hard for people to see me?
Only when I'm trying to harm myself
I'm visible to everyone
This is the suicidal me

I wanted to die
Poisoning myself
Dying deep inside
My heart is blackened and cold

I think there's even spider webs inside of me
There's pain harming every part of me
Don't you see its been like this for years with me
I've been this suicidal girl no ones ever paid attention at all

All those poems, all the sayings of wanting to die
No one cares Dying deep inside
It's the suicidal part of me and its back
Welcome to my life thanks for acting like you cared

Now its gone I'm me once again but this time
I'm suicidal, no one can stop me
Tryin to make things better but they don't get better
Catch me if you can, I'm already dead inside

So try to save me from this so called life
I hate it here anyways thought you knew
No one knows me anymore
I don't even know me

All I know is that I'm suicidal
Yes! ! Dying and crying once again
I wanted help, but its to late for that
I didn't want help from you

Cause you don't know what its like
to wanna die, to be hurting deep inside

To feel all alone even when people is around
Don't you get it?

All you think is this is just something stupid
Trying to get attention to be the center of everyone
Its not like that all it never was and never will be
This is me the true side of me

I buried it for a while and now its back
I dug it up cause I missed it
Acting happy wasn't me
This is the true side of me

This is the suicidal me
This suicidal girl you never thought you'd see
You could have seen it before but you were blind
Blind as bat

It was right in front of you the whole time
No one saw it, no one even tried
Thats how I know no one cares at all
This is the way I knew it would come to

Written on August 30th 2007

ESPN CHICK

Suicide Thoughts

I thought I killed these thoughts of suicide
But they're still running through my mind
I wish these thoughts would go away
But I know with all the pain I hide
These thoughts are bound to stay

ESPN CHICK

Take Me Away

Take me far away from here
I don't care where we go
I just need to get far away
Cause I cant handle being away from you

When I'm with you nothing else matters
All my troubles fade away
You wipe my tears away

Take me away from here
Take me where we can be alone
Cause there is no one I'd rather be with than you
These are the days that I love the most

Take me in your arms and never let go
With you I feel safe and secure
I know nothing can go wrong

With you I feel like I'm in heaven
So take me away from here
Take me as far away as possible
Lets go to Germany or France

Anywhere where we can be alone
Take me away from this crazy life
Take me away lets spread our wings and fly away

ESPN CHICK

Take Me Away Part 2

I want you to take me away
We can go anywhere
I just want to be with you
We can ride around I don't care

Just take me away from this mess
Take away my tears and
Fight away my fears

After all these years looking
I found the one who's the best
Through the worse times and the good times
Your still here hold me tight

I wanted you to take me away
Take away my tears and
Fight away my fears

Take me away from here
I don't care where we go
I just need to leave this behind
Take me far away from here, hold me and never let go

ESPN CHICK

Take Me To Wherever You Go

Take away this pain tonight
I just wanna be pain free
Take away these tears for just a night or two
Cause I'm so tired of crying

Someone just take this pain away
Wipe away these tears
Let me get away for a while
I'm tired of being here

Tired of being alone
Tired of crying
Tired of hurting every night
Tired of be stabbed in the back

Just wanna get away from it all
No worries no nothing
Just leave it all behind
I need to run and hide

I don't think I can handle another night crying myself to sleep
Take away this pain
Wipe away these tears
And take me to wherever you go

ESPN CHICK

Take My Heart and Whats Left of Me

I stood watching my life passing by
The faded pictures are becoming clearer
I don't wanna waste another minute
Stuck in the past trying to fix my mistakes

Cause I can't live another day without you
I want you and feel you holding me
But I'm broken and slowly turning into dust
I am torn inside

No where to go but inside myself
Trying to find a way to apologize to you
Cause I'm falling and barely breathing
Will you take what I have
Take my heart and what's left of me

ESPN CHICK

Take This Pain Away From Me

Take a look at me and tell me
Do you see the lies I've been telling
Can you see that all along I've been living a lie

I've been saying I'm alright when I'm not
When I've been broken and torn apart over and over again

Can you tell that my broken smiles are not real
They are fake as fake can be
I haven't been honest but I promise I'm okay

Take a picture and it will last longer
And look at it for a while

Then tell me do you see all the pain that's pilled up from head to toe
Do you see that my heart is shattered and it will never be repaired
Take a look at me and see that I'm alright

I'll be just fine on my own
With this pain eating me up inside
Eating my dark black soul

Feels like I've lost everything I've gained
And I want to so bad but I know I must stay away

I must stay away from those scars
I can not dare enter that zone again
Although it sounds so good and every now and then I hear it calling my name

But I know I will be adding more pain
So I must stay strong and stay away from that old addiction

I only wish that I knew what would rid this pain
What would make me whole again
Oh I must know

And please don't say love
I don't ever want to fall

Love isn't for me
I know that for sure
I just have to know what will make me whole

Because I'm sick and tired of this pain
Take it from me

I must become whole one way or another
I've got to figure this out
Because I know no one will be able to repair me and so I've got to find my way to become whole and away from this pain

May 28,2008

Not the greatest I know...but that's all I've got for now Its been a rough week...

ESPN CHICK

Takes Me Back

Every time I turn around I see your name
It takes me back to when things were great
When things between us was fine

It takes me back to memories that won't ever go away
Before we faded away you were my everything
The one I could trust and lean on

Now that I need you and want you
You're never around
I miss you so badly and I know you won't understand

I wish I knew why our friendship faded
Wish I knew why you're not in my life
Can't believe I still miss you

Every time I turn around something reminds me of you
And it takes me back to the days where I stayed up til 2 in the morning just talking to you
Tell me why we fell apart because I don't know

I'm falling apart without you
You never knew that I felt this way
I never got the chance to tell you

Never thought I needed to
Never thought we would fade away
You were the best thing that happened to me

Now all I have is memories but I try not to think about them
I try not to think about you at all
And it tears me apart when I do

Because every time I find out there's something about you I need
I know I need to move on and forget you
But every time I try something reminds me of you or I see your name

And then it takes me back to those days where I relied on you
You were my strength and someone to turn too
When no one else listened you did and now I don't know what to do

April 3,2010

ESPN CHICK

Tears

Tears fall from our eyes every once in a while
Tears of joy
Tears of sadness
Tears are words that are left unspoken

Words that we just can't get out
Words that runs deep in our hearts and minds
Words that leaves us completely breathless at times

Tears means so much to us
But sometimes we deny it
Tears left behind our eyes because we don't want anyone else to see them fall

Every tear that falls is another word left unsaid
Tears that falls down our cheeks are the main things that we want to say
Why can't we say the things we want and need to say

Why do we keep it all inside until its too late
Why do we let it out with our tears instead of words
Tears are just words left unspoken

August 17,2008
Author notes

could be better but hey its something thats personal to me... and what this means is that we let tears out when we are upset..we always don't say what we want to and tears are words left unspoken...

ESPN CHICK

Tears and Pain

What do you see when you look into my eyes?
Do you see these tears that I've hidden?
Even though I've cried a million tears
There is still tears behind my eyes

Waiting to fall
But I want to be strong
Not letting these emotions show
But I can't control these tears

Cause slowly they steadily start to fall
And the next thing I know
I am crying myself to sleep
Dreaming my life away

Cause there is no where else I'd rather be
Then be in my dream world
Dreaming of the life I want
Cause there is too much pain in this world I'm living in

In the real world there is no where to run to
No where to escape this place
No one to lean on
But in dream world I can be anyone and go anywhere

And when I am in dream world
I don't ever want to wake up
Cause I feel so alive
And I feel like that's where I want to be

And all the pain and tears I cry
They don't mean anything
These scars tell a story
But you don't need to know it

You'll say things that I don't need to hear
You see these tears fall
Then immediately think somethings wrong
Even though you don't care about me when these tears don't fall

You don't feel this pain I'm feeling
You don't see why I cry
Thanks to you
You are part of this pain

That's why I wish this life was a dream
So I could wake up and not dread a single day
I could actually walk around with a smile on my face
And it would actually be real and not fake

Wouldn't be nice if you knew how I felt
But you would still act the same

Cause you never been through this
So you will never know why I cry or feel this pain I'm feeling

ESPN CHICK

Tell Me

Tell me how come you are on my mind
You stay on my mind every minute of everyday
And I wish I could tell you how I really feel
But I just can't force myself to tell you

I've tried to get you off my mind
By trying to move on with my life
And onto other guys
But there's still a part of me thats attached to you

Tell me how come you are the one I dream about
I swear there's not a dream that doesn't have you and I in it
And I wish I knew what these dreams meant
Maybe they mean that you and I are suppose to be

Tell me how come you get me
It seems like you are the only one who understands me
Every time we go our separate ways you get me to come back in single heartbeat
Even though I promise to myself that I will never fall to you ever again

I still keep coming back to you
Tell me how come you do this
You keep breaking me into over and over again
Why do I keep running back to you

You tell me that you love me
But you keep ripping me apart
And I just can't handle it anymore
But I keep coming back to you

If you love me take me and keep me and never let go
Quit breaking and ripping me apart
Cause I love you and I need you
You are the only one that gets me so tell me do you really love me

December 29,2007
made up

ESPN CHICK

Tell Me It's Over

Please tell me that its over
That your alright once again
It feels like my whole world is crashing down
I feel so helpless cause I can do is sit back &
Watch from afar

Please tell me that this is all a dream &
when I wake up everything will be fine &
You'll be right here beside me tonight

When I turn around my whole world turns upside down
Along with all these tears that I hold in my eyes
You take my hand & you tell me its ok
That everything is fine

All I want is for you to be okay
Cause I hate to see you this way
I can't do anything but wishing that it was me
Instead & asking God why this happened to you

Please tell me that its over & your coming back to me

ESPN CHICK

Tell You Both

I just can't get you out of my mind
I dream about you all the time
Not a day that goes by I don't think about you
And I don't know what to do

Cause its killing me now
I'm falling in love
With someone I don't even know

And how can this be how can I fall for two guys
Both mean a lot to me and I can't explain it
I guess I'll have to flip a coin
Cause I can't choose just one

I fell now into a hole and I can't get out
If only you two could read my mind
Read how I think about you both all the time

How can it be that I've fallen in love with someone like you
You're great and I don't know how to explain this feeling for you
I wish I could tell you both how amazing you both are
And every step that I take I ponder on my feelings for you

ESPN CHICK

The Change

I can feel it in me
Feel the change that you're putting me through
It feels so good but how long will it last this time
Because every time I always turn away from this

Time after time though you've always been there
How can I deny your love for me
Time after time you saved me from myself

How come I've turned away every time
I wanna change but I don't know how
Guess I'm just scared of change
Need you to know I wanna change

I wanna be whole and that's all I've ever wanted
But I guess I was looking in the wrong places
You've put yourself in my way every time but I just ignored you

How can I ask for your forgiveness when I've done this before
How many more chances will I get before you deny me
Wish I knew you why you've given me so many chances
God I need you now and forever more

Help change me because it feels so good
I forgot how good it felt
Feels so good to know that you are always here

That you're right here with me
Just help me please stay on track and never look away
Never look away from you because you are my north star
You love me so much that you shed your blood

You know my strengths and weaknesses
And you know how weak I can get
That's why I need you to help me

Satan has used me and fed me nothing but lies
Drugged me away from you
Making me believe in something that's not true
Over and over again you saved me and now God I think I'm starting to understand your love for me

February 2,2010

ESPN CHICK

The Day

The day you left was the day I melt
The day I wondered what was I gonna do?
Was you gonna come back
Scared to death that you was gonna get killed
The day I got my hug and kiss from you before you walked out the door
Realizing that could have been the last hug and kiss ever from you
Tears in my eyes as I see you get in the car with that uniform on
The day that I wanted to tell you about our child
I look at my wedding bad and remembered that day
I ran outside and caught you before you left that come back in one piece because our unborn child is wanting to meet its father.

ESPN CHICK

The One

I'm the one who gets caught in the middle
The one who hides the tears behind her eyes
Trying to act all happy like nothings wrong
The one who gets picked on
No matter what I will be the same
The one who loves sports
Just like my grandpa did
The on who is misunderstood
By the people around her
The one who never gets the guy
I want one guy but does he want me
I'm just not sure
The one who is not sure about anything

ESPN CHICK

The One

Your the one for me
The one that keeps me at the edge of my seat
Leaving me speechless every time your around
The one that holds me late at night
Every time your around you make me laugh
Your the one that amazes me in everything you do
The one that locked me into your heart
Telling me that you love me
You want me forever
The one that I love and wanna love forever

ESPN CHICK

The One I Miss

It's been a while since I've talked to you
Thought I would be over you by now
But the truth of the matter is I will never be over you
You always made me laugh even when I didn't want to

Even when I was on the verge of trying to die
You were the one who made me crack a smile
Now I know all those talks we had I took advantage of

Because now I miss you badly
Miss all those talks I never thought we wouldn't talk to each other
What happened to you

You were the one I loved talking to
The one who took all my pain away
I miss you so bad and I wish you would understand

I think about you all the time
All day long you are on my mind
You out of all the others I was attached to

Why did you have to live so far away
Because I loved you and now I lost you
I will never be over you completely

Because you were the one I cared for
The one who made my heart melt away
The one who would make me laugh during my dark days

Oct 31 2008

ESPN CHICK

The Only One

Why do you have to live so far away
Cause I need you here with me
You are the only one who understands me

The only one who can take this pain away
I feel alone and out of place
Thats why I need you here with me

I don't know what to do
You are the only one that can make me smile
If you only knew what you do to me

You are the only one who gets me
The only one who says the right things
Everyone else says all the wrong things

I never knew that you'd be my best kept secret
But you are and I wouldn't trade that for anything
The way you make me feel

Even though you are many miles away
I still feel like you are my everything
The one for me

I wish you could be here with me
Cause you are the only one
Who makes me feel alive

I don't care how far you are
You make me see a whole new side of me
The side of me I never thought I'd ever see

When I talk to you I never want to leave
You take this pain away
Making me put on a smile and its not even fake

I wish I could explain what you do to me
But I can't
You are indescribable the one and only for me

January 6,2008

ESPN CHICK

The Pain That's In Me

The days are getting shorter
And I'm getting older
Feels like I'm never gonna rid this pain
This pain that's inside of me

This pain that has broken every bit in me
Now I'm shattered like broken glass
Everywhere I go I wonder if anyone can see all the pain
Because I swear its written all over me

Feels like I can't hide it but I do
I wear a fake broken smile on my face everyday
Cover up my face in the mirror
I hate what I see and nothing in this world can change that

Nothing can change that I'm broken from the inside out
All the pain that I have inside of me
None of it will ever leave
I cry myself to sleep every now and then

Because sometimes its my lullaby that gets me to sleep
And the past still haunts me
But I know I can't give in
I can't give in because I'm too scared

Too scared to die but at the same time I can't stand to live another moment
The pain and brokenness I guess is just a part of me
It's something I have to live with everyday of the week
I have no one to cling onto so whats the use of living when you have nothing to live for

September 20,2008

ESPN CHICK

The Past

Lying underneath my sheets in the mist of the night
Wondering if I will ever escape the past
Feels like I'm trapped

The past is clinging onto me
Whispers in the night
Feels like I'm never gonna escape it

The past keeps creeping and creeping into my soul
Can't fight it because I'm to weak to even move
Seems like I can never let go of the past

It haunts me everyday in and out
I try not to let it show
With the tears behind my eyes I keep moving on

Because I know I must stay strong
And not let the past defeat me
I'm not gonna give up that easy

I'm tough but at the same time I feel so weak
Feel like an innocent little child in danger
I don't know where to start with this life of mine

The past never goes away
When I think its gone for good
It comes back to my dark soul

Someday somehow I know I must rid this past of mine
I must move forward and start all over
I've got to figure out how to rid this painful past

Aug 3,2008

ESPN CHICK

The Way

The way I feel about you is indescribable
I'm breathless every time I see you
The way you love me for who I am
Standing by my side every step I take
The way you hold me in your arms where I feel safe & loved
When you're around everyone else seems to fade away & its only you & I
The way you make me do things I thought I never would do
It makes me feel like you own me
You're the only one that can make me feel this way
I would not trade the way you make me feel for nothing in this world

Written in 2006
made up

ESPN CHICK

The Way I Feel

The way I feel doesn't matter anymore
Faking the smiles everyday not letting my true feelings show
The way I feel is that no one truly cares
Caring about me is like caring for an invisible friend
I'm not going to stay long to find out how people really see me
When I'm long and gone I don't want your sympathy
No one knows the way I feel
They can't see the inside
They only say what they see on the outside
They way I feel means nothing at all
Everyday I cry myself to sleep
Everyday that I wake up I put on my fake smile
Who cares about how I feel
This is just a game to everyone
But not for me
They I feel means nothing at all

Written on 10-17-06

ESPN CHICK

The World

Why do you want to be like all the others?
Why can't you be yourself
Stop and look in the mirror
You are special from the inside out

Why don't you see the things that I do?
The way I see you, you are wonderful to me
I wish that you could see the things I see in you

The whole world doesn't matter
Because the world is trying to take you down and tear you up
It doesn't matter how the world sees you
It matters what you see in you

Fulfill that long time dream of yours
Don't let anyone bring you down
Because its mind over matter

Remember that most people don't matter
Live your life the way you want
Don't bring yourself down
All because of some stupid rumor

Look in the mirror and look deep inside yourself
See what no one else sees in you
Remember all those times that the world brought you down

Turn your back on the world like it did you
And remember you are special no matter what
You have a heart filled with gold
Now go out there my dear and stand up for whats right

June 1,2008
made up

ESPN CHICK

There Are Days

There are days that I want to let these tears fall
There are days that I blame myself for losing you
There are days that I want to be alone
There are days that I wish I could change
There are days that I regret ever loving you
There are days when I get up I see you slowly fading away
There are days that I wish it happened to me instead of you
There are days I just wish I could float away
There are days I want to walk away from everything and start over
There are days when I don't ever want to wake up
There are days when I want to run from this
There are days that I live hoping that I don't make the same mistakes again

ESPN CHICK

There's A Time

There's a time for tears
There's a time for I love yous
There's times for hugs & kisses
There's always time to talk
So tell me what's bothering you?
There's a time when we told each
other everything
So what's the difference now?
There's always a time to tell me
what's on your mind
I love you & you love me so tell me
am I doing something wrong?
There's always a time for driving
around
Please tell me what's going on?
There's no more time to waste
It's been a year since we have
been together
So many memories of us
We've laughed together &
cried together
So what's the difference now?
Sit down & talk to me
You know you can tell me
anything
There's time to talk

ESPN CHICK

These Feelings

Why can't I quit thinking about you
I know good and well you're no good for me
You don't care about me like you used to
Or were those just words without meaning to you
Did you know I loved you and that I wanted you, only you
Because you always made me happy and I couldn't wait to talk to you everyday
These feelings has been there inside of me since day one
You don't even know the way I feel
I can't even begin to explain these feelings
But I think these feelings are finally wearing off of me

July 20,2008
not good I know I don't care

ESPN CHICK

These Feelings Won't Leave

Why can't I get you out of my head
I keep hearing your voice every where I go
Even when I'm alone
I've tried so hard to get you off of my mind
But these feelings just won't leave me
I don't know what to do
I can't help but wonder do you feel this way too
Cause everywhere I go you are always there
Your voice plays in my head all the time
You never leave my heart and soul
I wonder maybe if these feelings are suppose to be there
Cause no matter how hard I try they never want to die
I wish you could see how bad I need and want you
You know I'm not like all the other girls
I would treat you right and never let you down
Take this in consideration please
Cause I don't think I could live another minute
Another day without you by my side

November 22,2007
made up

ESPN CHICK

These Scars Tell A Story

Slit these wrists over and over again
I love the see the blood
The dark red blood that runs onto the floor
The scars tell a story but no one will understand if I told it

I will keep the stories in my head and file them away and then someday I will bring them back out and remember how I loved all the scars
How I loved to slit everyday of my life

When I go to my grave I will take these stories with me
I will take all my pain and all my broken pieces with me
Where I will finally be at peace for once in my life
That will be the wonderful thing that has ever happened to me

I love to cut but don't you know I'm alright
Just because I'm sitting here messing up my skin
Doesn't mean that anythings wrong

Who cars anyhow I swear that I'm alone
To feel this way forever
No one will ever be able to fix me
So don't even try too cause you will fail every time

If you see these scars on me don't ask me anything
Just assume like I know you will anyhow and just move on
Cause it's my addiction and I'm so attached

All because that's all I know
Now lets move on shall we
Cause that's the best thing that I have in my life
Blood dripping every where and on my body there are places no one can see where I cut myself so deep that I almost died but these scars tell a story every single one and if you want to know one please let me know before I pass away

May 14 2008
Made up

ESPN CHICK

These Storms

Its been a long rough road in my life
But I've made it through all these storms
As if they never did happen
I try to never let it show because I swear to myself that I'm alright

I keep telling myself that lie
And I've gotten where I believe almost everything I say
Because nobody else is saying anything at all

I'm making it past these storms
Its been rocky its been tough
I've gotten drenched in these tears
But I'm doing alright

I'm doing okay
These storms are nothing I can't handle
They are passing over me one by one

I'm still here as you can tell
I'm doing okay these storms hasn't destroyed me yet
I swear these storms are getting weaker and weaker
Either that or I'm getting stronger

But that doesn't matter
Because I've made it through these storms
I've made it out alive through the prayers

Its been long and rough
Its been a roller coaster at times
But these storms are nothing I can't handle
These storms are just a part of life I have to face

January 23,2009

ESPN CHICK

They

They are caught up on themselves
They don't see the broken nor the bruised
It doesn't matter if your dying they won't care
You're shattered like broken glass
They just walk on by not seeing you at all

They just care what they want
Caught up with the world they are
They can't even see that you want to die
Even your own friends can't even see inside you

What has the world come to
The shattered hearts, the broken and bruised
What must we do to restore our brokenness, to end the pain
They don't see it neither does the ones we love
They just walk on by not realizing that we just want to be loved and not so alone

Jan 27,2009
*I know its not good but I don't care...its personal

ESPN CHICK

They Deserve

Can you tell by looking into my eyes that I'm lying
Lying about being okay
Cause I'm really not

In case you haven't figured it out
I'm dying inside broken and bruised all over

I've hidden it all inside
All the pain and the tears
I try not to let it show around the world

I only let the tears flow when no one else is near
Cause I know everyone will think somethings wrong

Then they will be worried
But they were never worried about me before
They always pushed me to the side

Shutting me up before I even say anything at all
Whats the deal with that

I don't need there sympathy anymore
Not now not even when I'm long gone
There tears then won't mean anything

They won't even be real
Those tears will be fake just like them

I don't care if they know that I'm alone
Cause I don't want them to come near me
There a disease in disguise

Disgusting as can be
I don't want they have so stay away from me

Stay far away
Cause I'm better without anyone near
Especially someone like them

I could care less if they were dying
Cause they never really cared that I was dying inside

Went along with there lives
I never meant anything to anyone at all
Only when I was in tears

Only then they pretend to care
I hope they get what they deserve

I hope they suffer
Hope karma hits them so hard
That it will knock them down and they can't get up

I know I can make it on my own
I don't need them to stay alive

When I got me, myself, and I
I've always been broken
And my pain has became numb

So I don't need anyone anymore
I'm strong enough on my two feet

Where I can do anything
One day I will be better then them
And one day they might need me then I can push them away like they did me

They deserve to suffer
They deserve to be in pain and know what its like to wanna die

January 28,2008

ESPN CHICK

Think of You

I haven't talked to you in some time
You don't even know how much I miss you
It's two in morning and I'm tossing and turning
Can't sleep cause you're on my mind

Thought about you all day long
I miss talking to you
You were always the one who listened to me
And said all the right things

Sometimes I wish I'd told you how I felt
But then again I wish you saw the hints
Maybe you just thought it would never work out
Because we live far apart

You never know until you try
That's what I thought you wanted
Apparently I was wrong
Either way it goes I still think of you

I'm not sure why I do
I guess its because you've impacted me
Throughout my pain and brokenness you made me smile
I miss you and I wish you could see it in my eyes

June 24,2009
Made up

ESPN CHICK

Thinking of You Still

Right now I'm all alone
Just thinking of you
Thinking that we'd still be together
Wanted to be more than this

Thinking of you and no one else
I wanted you to myself
But I guess it was just a dream

I know you will never be mine
And I don't know why I still love you
I guess it was those times where I was in the dark stage

Here I am still thinking of you
I don't know what to do
Without you I'm just lost and confused
There's not a minute, an hour that I don't think of you

How can I say I wish you were just a friend
I want to be more than this
Thought you wanted that too
Now all I have is just those words to clinch onto
Just thinking of you makes me miss you more and more

May 9,2009

ESPN CHICK

This Heart Of Mine

This heart of mine still thinks of you from time to time
I wish you knew how bad I miss those words
You always made everything okay

This heart of mine still melts away over you
You were always there for me when I needed you
From time to time you still are

This heart of mine will never let you go
You're someoe I can never forget
I love you so and I always will
You mean so much to me and I just can't earase you from my mind

This heart of mine is lonely now that you're hardly around
How I miss those times where we'd stay up til 3 in the morning
Talking about nothing at all

I can't believe how much you mean to me
Especially since you've lied to me
But for some reason this heart of mine can't forget you

May 8,2009

ESPN CHICK

This Life

Tears falling down my face
I wonder what am I gonna do
This pain is killing me slowly but surly

And I don't want to die
No not yet anyhow

I just want to live my life with out pain for once
Without tears falling down my face every other day
Cause this life I'm living is getting old

I just want to quit worrying my life away
But for some reason my heart won't let me

It won't let me forget the past
Forget all those painful moments
My heart won't let me forget those thoughts, those horrible thoughts

Those thoughts about him
Those thoughts about suicide

Oh why won't my heart let me forget these things
And this life means nothing at all
Nothing to me anyhow cause I know I'm not gonna make it past these storms

I've got too much pain to offer and not enough love
Not enough happy memories

Every time I think about the past
Tears fall down my face at night
Cause I hide all the tears during the day while people are around

I put on a fake smile when no one is looking
And I cover up my face in the mirror

Cause I hate what I see
I hate that I can't be me
Be who I want to be without getting shot down

I feel like I want to scream out loud
And maybe punch the wall a few times

Feel like this life is going no where
Going no where but dead ends
This life is longing for something but what

This life needs something more than this
More than just pain and painful memories

This life needs a change
A change from the inside out
This life needs something I will never have

May 5,2008

ESPN CHICK

This Life Of Mine

Thought about it all day long
Wanted to so bad but couldn't get the courage or the strength
To pick up that knife to mark on me one more time
But I didn't I haven't seen scars from a knife in a long while

Felt like something was holding me back
All my courage just went away
And all my strength just turned into weakness
How I wanted to and needed too just to feel alive

Spending most my days wondering my life away
Wishing to be whole when all I ever wanted was a dream come true
Behind my eyes lye broken dreams
Dreams that I know I won't ever fix

But that's over and done or is it
I'm lost and confused about everything
Trying to figure out where I stand
And I'm on a emotional roller coaster and can't get off

So alone and filled with pain from head to toe
Deep down my soul is screaming
And my heart is bruised
My whole body is broken everywhere

Sometimes I wish I could go to the land of no return
Maybe then I wouldn't hurt near as bad
Maybe then I wouldn't be filled with pain or broken all over the place
Wish I knew where to begin with this life but I can't even find the starting line

March 9,2008

ESPN CHICK

This Life Of Mine Part 2

This life of mine will never change
All this pain is pilled up a mile high
And I've got a million tears behind my eyes

This pain and these tears will never go away
I guess they will stay with me forever and ever

Every time I think all the pain is gone
It comes back at my front door
And then takes over me in a flash

What to do I'm so confused
This life of mine is screwed up

I don't know where to begin
Everything is scattered inside
And my mind is filled with thoughts that won't ever go away

There is a part of me that wishes I wasn't here
But I know I have to stay strong

How can I be strong though
Feels like I'm getting weaker as the days roll on
Is this life of mine worth the pain and suffering

Is this life of mine worth the tears I cry
Someone please help me out here

Cause I'm so alone, lost, and confused
I have a broken body, a bruised heart, and pain from head to toe
And somewhere in between this body of mine I feel a spark of something but I don't know what it is

I wonder if its something good
But how can it be cause with me nothing good comes around

Oh how I wish I can be set free
Set free from this life and start all over
Start this life with a fresh start and never turn back

May 5,2008

ESPN CHICK

This Pain

Can you look behind my two eyes and see that I'm alright
I've tried to hide all the pain deep inside
And I've tried to bury the tears so no one can see that I wanna cry

I put on a broken smile so maybe no one can tell
And I cover up those lies in the mirror
Hoping that the lies aren't written all over me

Deep down inside I'm burning up with this
With this exhaustion of this pain
With the broken heart shattered everywhere

I try hard to not let it show
All the scars I still look at every now and then
How I miss those fresh scars but I swore to myself I wouldn't dare turn back to them

This pain is taking over me
Taking over my body and soul
What must I do to rid this

To rid this pain I'm sick and tired of it
Its smoothing me and I can't breathe
Just wish for once I could be whole

Be whole and it would show
Maybe I could be forever out of pain
Cause it's getting old

I'm ready to move on but I can't
For some reason my mind and soul won't let me
This pain is just too much for me to handle and I can't handle it any longer

I just wanna scream out loud and punch the wall
This pain someone take it away
I don't need or want it

Take this pain away from me
I want to be whole is that too much to ask for
That would be one of the best gifts to me just to be whole

I wanna be happy and not fake the smiles
Not hiding all the pain deep down inside
And burring all those tears behind my two eyes I just wanna be whole so I can let it show

May 6,2008

ESPN CHICK

This Pain Inside Of Me

Looking inside myself
Trying to find out who I really am
But its hard to see
All the pain is tangled up in me
With my broken heart torn into pieces

Feels like I will never know who I am
Tired from the inside out
Ready to give it up
For some reason I can't give up

Something keeps holding me back
Feels like this pain has taken over me
Hurting me all over
Wishing I could escape
Maybe I could finally get away from all my fears that haunts me

Wish that I didn't have to face myself
Cause I'm tired of the mirror
Tired of seeing all the pain and lies that hides underneath
Ready to be set free

But is that possible
Will I ever escape all of this
This pain inside of me
Will I ever have a whole heart
I'm tired of it all

Tired of being broken and in pain
Wish that I could start life all over
Then I would know how to fix all my mistakes
Maybe then I wouldn't be living life this way

Pain, Pain go away
Go away and never come back
Find someone else's soul to feed on
Someone who's life is going great
But pain only hits the ones who has it worse

June 8,2008

ESPN CHICK

Those Types Of Girls

Do you want me to be like every other girl in the world?
The girls who wear hardly anything at all
What do you see me as?
Why do you want me to be like those type of girls?
I thought you loved me for who I am
I'm the girl who is not like those other girls
I may be a drama queen
But it doesn't mean I have to dress like a hoe
Do you want me to be like those other type of girls?
The ones who lie to your face
The ones who use you for your money and your looks
Do you want me to be the girl who sleeps around on you?
You know I'm not like those other type of girls
So what type of girl do you see me as?

ESPN CHICK

Thought

I've been waiting for a while now
To see if you would come around
How I've missed you
How I've been wondering where you've been

It's been six months since I've talked to you
I can't help but wonder if you've forgotten me
That wouldn't surprise me if you did

All I can do is think of you
How you turned me around
You were always the one who made me smile
Even during my dark desire

I've tried to you call you but every time you never answered
Makes me wonder if you're with another
All those times we shared

All those storms we faced
Thought at least one of them mattered to you
But I guess I was just a fill in
Now I'm sitting here all alone wondering where I went wrong

Thought you cared about me
Thought at least you would return my calls
Thought by now I'd be over you but I can't see myself without you

April 18,2009
made up

ESPN CHICK

Thought By Now

Stuck here all alone
Lying on my bed
With the earphones in my ears
Trying to drown out the pain
It seems like music is the only thing that calms my soul

Wondering how I've dealt with this silence for so long
It hurts me to know I'm alone
I'm swimming in lies that I've told myself
Gotta keep myself believing that I'm fine

I'm always gonna say I'm fine, when I'm really not
All I want to do is cry myself a river
Feels like nothings goes right, everything goes wrong
What must I do to restore this pain, this brokenness inside of me
I'm lost and confused, crumbling and breaking into pieces

It's a never ending circle
I keep traveling it over and over again
No where to go, no one to hang on to
I'm just another loser in the crowd

I'm such a lone wolf and I guess I will always be
I will always be nothing to this world
It's such a hateful place anyhow
Don't know how much longer I can hang on
Feels like I'm about to let go of this rope

This rope I've clung onto for so long
I've had this pain on my back weighing me down
Now I'm falling, barely breathing
Can't except the fact that there's no air around me

Hitting the wall, looking at the scar on my arm
While its fading the pain inside of me isn't
It's still there after all these years
I thought by now I'd be restored
Thought I wouldn't have this pain that I have

Thought by now all that's inside of me would let go
Thought I would be stronger but instead I'm weaker
Thought by now I could stand on my own two feet
I just thought by now I would be where I wanted to be

August 28,2009

ESPN CHICK

Thoughts I Can't Let Go Of

Its nice to know that people actually cares
But the pain still hurts inside
Its always going to be there

I can't rid the pain
I hold it near
I have painful memories

But I cant let go
I have all these suicide thoughts
And I can't rid those thoughts

They run through my head
Almost each and every day
Every now and then those thoughts take over me

I'm glad to know people cares
But deep down I still feel alone and hurt
And I don't know who I can trust

I feel like I can't do anything right
And I am useless
Sometimes I wish this pain would die

But I know deep inside its not going to
I just feel alone even when people are around
I wish that there was a way to rid these thoughts and pain

November 9,2007

ESPN CHICK

Thoughts of You

I try not to think of you
But every time I try to forget you
Something always reminds me of you
And I wish the thoughts of you would just go away

I miss you deeply and I don't know why
I wish I could escape every thought of you
Because of all those lies you told and I was foolish to believe everyone

How can I be in love with you still
When for months now I've been trying to get you off my mind
But my heart won't break free

It feels like all these thoughts of you will never fade away
I wonder why I care about you so much
When all you did was lie to me

Now I'm sitting here still wondering my life away about you
Thought by now I'd be over you
But I guess these feelings and thoughts will never go away

Maybe one day I will get over you
Maybe one day these thoughts of you won't take over my heart
One day maybe you will forever fade from me

Nov 21 2008

ESPN CHICK

Three Weeks Ago

Three weeks ago and counting in my head
I still can't believe you're gone
What made you do it and why
Nothing seemed to really bother you

I guess everyone around you just looked through your lies
Everyone must have seen through your broken smiles
The way you acted nobody seemed to really think anything was wrong

That day I saw you was when you were lying in the casket
I couldn't believe it didn't want to believe that you were dead
Everyday I wonder why you did something like that
Seems like everyone is asking that question

Everyone saw through all those painful lies you told
Everyone just walked on by without a care that you were wanting to die
Just when you needed someone the most they turned their backs on you

Trust me I know
I've been there and done that
But I could never take it this far
Three weeks ago you shot yourself but it seems like it was yesterday

Oh why did you do it
When you didn't deserve to die
When I should have been in the casket not you

Oct 4,2008

NOTES: R.I.P Josh... I still can't believe you're gone...; (NOT GOOD DONT CARE

ESPN CHICK

Three Years Ago

Three years has come and gone
Can't believe its been that long
Seems like just yesterday I saw your face

I'm holding on better than what I thought I would
But it still hurts inside
Cause you're gone

The memories are slowly fading away
And I'm trying my best to hang onto them as much as I can
Holding onto the tears with you on my mind

Cause I can't let it show
I've got to be strong and pull myself through
I hear your voice every now and then and it makes me wanna cry

Wish you were still here
Cause things haven't been the same since you've been gone
Its been three depressing years but I've made it through

Sometimes I wish that I didn't make it at all
Cause deep inside I'm torn apart
And nothing will ever replace the sadness inside

After all I knew it was time for you to go
But I didn't think it would be that soon
Thought you would be here for a few years longer

I was hoping and praying that you would make it
Just to see me turn eighteen
But that didn't happen

Fifteen years flashed before my eyes three years ago
Life has never been the same since
And it will never be the same cause you're not here any longer

May 25,2008

ESPN CHICK

Throughout (You Were There)

Throughout the pain
Throughout the tears
You were always there
Comforting me

Doing what friends do
I never thought I would find one like you
Always made me laugh
Always made me cry in joy

Never will I forget those times
Throughout it all you were my heaven sent
My sister, my friend, and everything in between
I will forever keep you in my heart

Your words will stick with me
Your love will abound me
Let your love shine on me
Let my love shine on you

Don't ever forget me
I will be beside you
Just think of me
And I will think of you

FEB 15 09

ESPN CHICK

Throughout The Pain

Drowning in these tears I've cried
Hoping that it would drown out the pain
But instead I crawled through the pain
Ran through the storms

Hid all the pain inside of myself
Cause I knew no one else would ever understand
I was right they didn't understand
Not the pain I was feeling

Worse than a deep cut
Broken into and ripped apart
No one knew how torn up I was
How shattered I was inside

No one even knew it at all
Can't even describe the pain I was feeling
But here I am still
Still alive after I've tried to die

I can't say I'm pain free cause I'm not
I can say that most of the pain is gone
And that all in all I'm doing okay
I'm doing alright all things considering

This road I've traveled on was long and rough
These storms I've faced along the way
The scars upon me I made
It was all well worth it cause I learned a lot throughout the pain

Throughout the pain I made it
Still shattered I don't think I will ever find all the pieces
But I'm still here through the long suffering of pain
I made it throughout the pain and made it through the storms

January 24,2009

ESPN CHICK

Throughout the Years

Throughout the years I've bottled up this pain
Held onto it even though it almost killed me
I don't know why I bottled it all inside
I guess I thought nobody would understand

I was right nobody does understand
It's a different kind of pain
Pain of agony and desperation

Pain has followed me everywhere throughout the years
I swear I was born with it
Being in pain is nothing new with me

I was just made this way
Made to be broken and in pain
But throughout the years it feels like it has gotten worse than before

I feel so trapped and alone
Wish someone would and could save me
I need to be set free

May 23,2009

ESPN CHICK

Til I Forget About You

Walking around in circles
Trying to figure out what I'm gonna do
Gotta find a way to forget about you
Since you've been gone I thought things would get better

But to be honest things are not getting better
Every time I think you're off my mind something always reminds me of you
I keep holding on to the past
Holding on to something I knew we could never have

Til I forget about you I'll go on pretending to be happy
I'll go on and forget about the good times we shared
Til I forget about you I'll go through and burn all the pictures of you
Since you've been gone I've been a wreck I don't know what else I should do

Every tear I would cry you were always there wiping them away
Now I'm stuck here all alone trying my best to erase you from my heart
Til I forget about you I'll tell myself you were a waste of time
But in the end I know I'd be telling myself a lie

Can't you see I'm dying inside without you
And I've already tried to get you off my mind
If you could only see that maybe we were meant to be
Til I forget about you I'll drive myself crazy

November 20,2010

ESPN CHICK

Time After Time

In His image God made me
All the trials and storms I faced
He put them in my life as tests

So I could see that God was there holding me the whole time
Even though I pushed Him away time after time
He was still there trying to show me the way

Time after time God saved me even when I didn't want him to
Even though I tried to push God away He never went away
He was always right there time after time

Even though I wanted to die He didn't
He's got bigger plans for me
Just gotta seek now and see what God has for me

Feels like I keep stumbling over my two feet
And I don't know what to do
I guess I need to pray and leave it in God's hands

No more sorrows
No more pain
I need to feel free and alive

I need you the one thing I can lean on
God I need you to show me which path to take
Cause I know time after time you will always be there even when no one else will

I know I count on you for anything and everything
You'll catch me and hold me in your arms
And time after time you will save me from the world

July 29 2009

ESPN CHICK

Tired Of Being Alone

The nights are getting lonely more and more everyday and night
I try to hide the painful past but lets face it, it still hurts
Nothings the same and neither am I
Wishing that someday I would have something to look forward to

Looking for someone to lean on
But it seems like I only have me, myself and I
I wonder why the pain won't go away
I wonder why the friends I did have faded away

Seems like yesterday we were laughing
Then today I'm stuck here asking myself where did I go wrong?
Was it something I said?
Stuck in the moments of the past wishing that things could've been different

Tired of facing the world alone
Tired of being alone to face my fears
Trying to hide the tears
Looking in the mirror wishing I was somebody else

I'm stuck on this emotional roller coaster
Can't seem to get things right
Tired of feeling this way
Here I am stuck being alone and afraid

I know things will get better
But when will they get better
I look into the mirror hating what I see
All the lies that I hide inside haunts me

Nothing will ever be fine
Just tired of this life of mine
Wishing that something great would happen
But in the end will I ever be happy?

July 24,2010

Author Notes: Not good but I thought it was pretty good

ESPN CHICK

Tired Of Covering Up In The Mirror

I'm sitting here all alone tonight
Just sitting here on the floor
With a blanket wrapped around me
Trying to cry but the tears won't come

Tired of looking at my self in the mirror
And seeing those lies and pain from head to toe
Always covering up those lies and pain
And its getting old

But I don't know what else to do
I could mark away all the pain
What good would that do
That would make me want to die even more

What else is there to do
This body is broken down
I don't know what to do
If only I could be whole again

I would be happy
And I wouldn't fake it
I wouldn't have to cover up my broken body
Along with those lies I see in the mirror

Life would be so good
Doesn't seem like that will ever happen
I guess this body of mine will stay broken
And I will always be covering up those lies and pain in the mirror

January 10-13,2008

ESPN CHICK

Tired of Hurting

Why wont this go away
All this pain
I'm tired of hurting
Nothing is going right

Every time I turn around
I get knocked down
I wish I could escape it all

This pain is just to much
I can't handle it anymore
I am tired of crying
Tried of pretending to be okay

I'm so tired of acting like I am happy
Cause I'm not happy
I'm never really happy

I am so broken down
So beat up inside
That I am hurting all the time
Nothing can heal me

Tired of everything
I wish that everyone could see
That I am here, that I am broken

That every time I smile its just fake
I wish I didn't have to fake it
Faking the smiles and acting like nothings wrong
Cause theres always something wrong

I have no one to lean on
No friends in my life
I am alone forever and always

Bleeding on the inside
O I am Broken inside
Can; t you see that I can't be fixed
I wish that the pain could fade away

ESPN CHICK

Tired of Pretending

Walking around trying to search and seek out who I am
Trying to find the real me
Cause I've gone through life living two separate lives

Gotta search out everywhere
High and low and everything in between
I'm tired of living two separate lives
That's getting so old

I've lived like that for far too long
Gotta leave all of that behind me
Cause I'm getting tired of living out two lives

Pretending all this time to be okay when I'm dying inside
When pain is filled up from head to toe
But I would deny and say that I'm alright
All those broken smiles that I wore nobody noticed at all

As I'm getting older
I'm tired of pretending
Gotta find out who I really am

Tired of being this broken girl
I'm ready to rid all the pain
Whether it will go away or not
I'm gonna ignore it and move on with my life

Cause I'm tired of living two lives
Tired of pretending during the day
Then at night crying myself to sleep

Its gotta stop somewhere
Gotta stop right now
I need to find a whole new me
New and refresh with no more tears and scars

Gotta get rid of these two lives I've been living
And find a whole new meaning of who I am
I'm gonna start right now and search out who the real me is

May 21,2008

ESPN CHICK

Too Late

It's to late to take back everything you said
You told me we were through for good
Now your coming back on your knees saying that you need me
It's just a little too late
Crawling back to me
Those words you said to me were cold
You hurt me so bad
You want me back but its too late
On your knees you took my hand
I wanted to believe what you said
Cold hearted I pulled my hand away
It's a little too late wanting to apologize now
You told me you never wanted me again
Now you made yourself welcome in my home
Begging for me back saying you're sorry
Its just a little too late I cant accept
Begging me trying to hold me like you use to
I just pull away and I said
Why do you want me now?
Just so you can hurt me again?
Its too late wanting me back again
I gave you my heart and you just threw it around
Like I meant nothing at all
Its too late wanting me back
I can't have a broken heart cause it's already been broke
You find out it's a little too late
You see it's been threw between me and you
I found someone better than you
I shut the door and walked off
It's just too late for you
I'm so over you

ESPN CHICK

Trapped In Pain

How can I say I'm fine when I'm not
I'm broken inside, my heart is crumbling
My soul is black, in my mind I'm already gone
Pain is still inside of me, like I knew all along pain won't leave me

I'm breaking into pieces, just look at me
The tears they want to fall but I try hard to hold them back
Scars I want so badly, but I just can't bare to pick up a knife to my skin once again

Pain is just a part of me, feels like God's punishing me
What did I do wrong?
Where did I go wrong?
I'm just another empty soul

When I look into the mirror, I can't stand what I see
So broken and bruised with no one there who understands
I'll just go on pretending that I'm alright

It's not like this hasn't happened before
I've been down this road more than once
Just didn't think I'd be down this road again
Thought I would be traveling on a different road

But it's the same ole road, I keep going down it over and over again
All I want to do is scream, feels like I'm alone feeling this way forever more
Just because there's a smile on my face doesn't mean it's real

When I look into the mirror I see scars on the inside of me
I see the shattered pieces falling
All I want to do is break down
Feels like I'm about to have a meltdown

Cry myself a river and maybe I'll just float away
Float away into another day
Just need to get away, but there's nowhere to escape to

My heart has crumbled, my soul is screaming
I don't know what to do
Feels like I'm just trapped in this pain
Forever more this pain I'll have, I'll stay shattered like broken glass, because it's all I know

September 3,2009

ESPN CHICK

Tried To Shower Away This Pain

I try to shower away this pain
But it comes right back to me
Hits me as I'm through
Then I'm filled with pain all over again

Sighing cause I have nothing to be happy about
Thought I could shower away this pain
But my thoughts just got washed down the drain

Now I realize I'm forced to stick with this pain for life
Wanting the pain to just go away
But I know that will never happen
Stuck here all alone

Wishing that someone would just kill this pain
Take it away from me for good
Cause I've tried everything to rid this pain and misery

And nothing works
Thought I could just shower this pain away
But that didn't even work
Thought I could drown out the pain

But now I'm stuck here writing away this pain
Hoping that it will relieve a part of this misery
Cause its hard for me not to want to die

Showering this pain didn't work
It stuck back to me like a magnet
I really don't want to die
But this pain is forcing me otherwise

January 1,2008
made up (kinda)

ESPN CHICK

True Friends

You're hiding everything
You have secrets that no one else knows
Think you can hide them for ever
But you really can't
You've hidden them for a long time
And now there haunting you
Crawling under your skin
Burning deep inside
You know what you must do
But you just don't want to
Afraid of what others may say or think
Cause all your life you've been on top of the world
And you can't see yourself falling off the top
You've always had everything thrown at your feet
Never worked for anything
You've always been hurting deep inside
You just found a way to shove it to the side
Not letting the tears fall
You've always had it all
But no one even noticed the look in your eyes
They see right through you
And it hurts so bad
But you don't want anyone else to know your hurting
Afraid of what people may say or think
So you keep all the secrets and all your lies inside
They've piled up after all these years
Now there haunting your every move
Every step that you take your in pain
Screaming when no one else is around
Crying all your tears at night while lying in bed
Its hard to sleep even harder to close your eyes
Filled with so much pain and misery
Broken inside you have no one to turn too
How you want to tell your best friend but your to afraid of
what she may say or think
But if she is your true friend she will understand
Cause friends are suppose to be there by your side no
matter what
No matter what your going through true friends are there
And they understand and care about you
True friends care and understand and if your friends aren't
that well then they are not your real true friends

February 6,2008

ESPN CHICK

Trying To Get You Off My Mind

I've walked around for miles trying to get you off of my mind
But everything I see reminds me of you
And every time I close my eyes I see your face
What can I do to get you off of my mind?

Everywhere I see your name and I can't shake it
If only I could I wouldn't feel like I'm going insane
I've tried to be strong and erase you from my mind

If you would ask me how was everything
I would lie and say that everything was great
And I wouldn't let you know that you're on my mind
I'd simply walk away and hope you would come after me

All those long talks I guess meant nothing at all to you
But all those talks are keeping me alive and well
If only you knew exactly how I feel

You told me not give up on you
I replay that over and over in my head
And I'm trying not to give up on you
It's just been to long and I miss you

I guess if you decide to come back around
I'll be walking around for a thousand more miles trying
to get you off of my mind
And erase those memories of you from my mind

So don't worry about me I'll move on one day
I'll ignore you like you've ignored me
It's gonna take me some time to get over you
But I swear one day I'll be over you

ESPN CHICK

Tyler

When I looked into your eyes
It almost made me cried
While you were in my arms
I rocked you to go back to sleep
But you didn't want to go back you just stared into my eyes

You make me smile every time I see you
The most precious thing in this world
You me realize that I wish I had a child like you
You're almost 14 months and I can't believe how much you're growing

The way you try to run to me
When you fall into my arms
And the way you reach and sometimes jump in my arms
It warms my heart that you trust me
That you love me just the way I am

You mean the world to me like you're my own
So cute and adorable but yet you can throw one of your fits
I wouldn't change it for nothing in this world
The way you follow me around I love that and I love you so much don't ever forget that

July 13,2009

* Its about this lil boy i have at the daycare and at church in the nursery

ESPN CHICK

Under My Skin

I fake the smiles everyday
The pain still lye's under my skin
Under my skin flames are burning
I'm hurting so bad but no one can see

I still cover up in the mirror
No one can see under my skin
There's pain and I can't stand it any longer

I wish I was someone else
Hate who I am
No one wants to come near
I'm all alone and at night I keep the tears buried

No one sees the true side of me it's buried under my skin
I keep it covered everyday of my life
I know I will never be alright

I will never have the life I've always wanted
Pain lingers everywhere I go
It haunts me in the mist of the night
Under my skin is filled with pain I feel it everyday and night

Can no one hear me scream inside of my self
I'm dying inside and I'm the only one who knows
Because everyone else is blind

Under my skin I'm whole another person that no one can see
But at night when I'm all alone
I shed who I am during the day and at night I let it all go
Under my skin no one will ever know who I really am

Aug 5,2008

ESPN CHICK

Until My Heart Stops

Until my heart stops beating don't worry about me
Until my soul stops screaming your name don't listen
Because after all these years you've never listened before
When I needed you the most you weren't around

Felt like my whole world was crashing down
Felt like my heart wasn't beating
My soul was screaming your name
I don't know why I fell for you

You meant the world to me
And you never knew it
Until my heart stops bleeding over you
Don't say anything at all

I will shed tears over you that should never fall from my eyes
Can't believe my heart and soul has hung onto you for this long
I've tried to push you as far away from my mind as possible
But every time I turn around something reminds me of you

I wish you could hear me out and hear my thoughts
Maybe then you would see how much I clung to you
How much I clung onto your words
Until my heart stops beating don't ever shed a tear or two

December 20,2009

ESPN CHICK

Until The Day She Met You

She felt like she was nothing
Felt like a nobody
All she could think about was getting away and finding out who she was
She never knew she would find you

The day she found you her eyes was filled with joy
Something nobody saw before
You wiped away her pain, got rid of her fears
She was nothing before until now
Now she can breathe once again
She can laugh and do all the things with you
She never felt so good in her life
Until the day she met you

ESPN CHICK

Untitled

I've built it up inside through the years
Take this pain away from me
Cause I can't handle it anymore
Cause I need to be free from it all
Take these tears from my eyes
Cause I don't need to cry anymore
I need someone by my side
Holding me tight every night
But I don't think I can trust anyone
After all I've been through
All the hits I've taken
All the bruises that were left on me
Do you see this broken heart
No matter how hard you try it won't be fixed
I've been so abused through the years
No one can see what's been done to me
All of it is inside of me
I'm so alone and forever will be
Cause I can't trust anyone
Even though I want to
But its even hard to trust myself
Do you see the scars all over me
From knifes from different objects lying around
I need and want to be saved
So please somebody who has the patience to work with me
Come and save me tonight before I die
Cause I don't know how much more I can hang on to

November 21,2007

made up

ESPN CHICK

Untitled 2

Looking in the mirror
I still hate what I see
And I still try to cover up those lies

No matter how hard I try
I still cry
Because I know things won't get better

Feels like my whole world is crashing down
And I'm left trying to figure out what to do next
Which road should I take and is it the right one

Because right now I'm tried of the path that I'm on
There's to many roadblocks thats standing in my way
If only I could runaway from all my problems or wish my life away

Maybe then I would be tons better
And then no more tears
No more thoughts of dying

If only that could be a dream come true
Maybe I wouldn't near as much
Maybe I could let my mind wander free
Instead of it wandering in pain all the time

June 2008

ESPN CHICK

Untitled 3

I've tried hard to get over you
But for some reason I can't
I miss you so badly
I wish you understand

Understand how much you mean to me
Feels like you hate me now
Why do you treat me this way
Your just like everyone else

I should have known never to trust you
With all my thoughts
Now you know me better than I do
You stole my dream

Stole my heart and now its yours forever
How I wish you were mine
Now I want you so bad
But I know you don't like me anymore

It's okay though
Because one day somehow somewhere
I will find a guy ten times better than you
But you will still linger inside me forever more

June 17,2008
not good but who cares

ESPN CHICK

Unwanted

Do you know how it feels to be alone?
Do you know how it feels not to be wanted?
Do you know how long I've waited to cry?
Do you know how it feels to want to cut and die?
Do you know how it feels to sit all alone in a cold dark room?
Do you know how it feels to have your back stabbed?
Do you know how it feels to fall flat on your face?
Do you know how it feels to lose the people you love so dear?
Do you know that I'm here?
How can people tell me that every thing's ok when my world is dark and carefree.
lonely everyday and night even when I'm around people.
Do you know how it feels to feel that way?
It feels like I'm unwanted
Even unwanted by the people I thought loved me
Does anyone hear me scream at the top of my lungs?
Unwanted even by the things that surround me
Unwanted even by me

written in 2006

ESPN CHICK

Victory

In this victory I still feel like I've lost
Is it maybe because I am hurting
Hurting so bad that even a win a victorious win doesn't make me smile
Nothing can make me happy anymore

All I want is something that I can never have
Is just to be loved by the world
A victory is wonderful but I need more than that
I need victory in love

I'm tired of wondering around being lost
Lost in these tears
I want to be victorious I want to live my dream
I want to be loved for who I am not because people feel sorry for me

I want a victory a great victory
Where I am living the dream
Where I can be myself
That's when I know that I have a victory

ESPN CHICK

Waiting For My Escape

I'm wishing on a shooting star
Wishing that something great
Would head my way
Something that I can hold on to for a while

Cause I am tired of sitting alone
Tried of hurting all the time
Ready for a break

Cause I don't know how much more I can take
Of being alone sitting here in the dark
Wishing the days would go by
Waiting on that day so I can escape it all

ESPN CHICK

Waiting On A Change

I'm waiting on a change
Change in life
Things I used to be
I'm putting them away

Ready for a whole new life
A whole new me
The pain still stays
Cause it will not leave

All the words I have said
I didn't think they meant a thing
But they just got me deeper in trouble
The words said to me and about me has replayed over and over again

Won't ever forget them
They were harsh
I just bit my tongue and looked away
With tears in my eyes

I was pretending to be okay
When I was just torn apart deep inside
I want this life to change
No friends who I can trust

No one to call my own
The only thing I have is myself
Wishing this pain would die away
Hoping soon I can free myself from this

ESPN CHICK

Waiting On Comfort To Arrive

I'm sitting here tonight
Letting a few tears fall
Waiting on comfort to arrive
Hoping that its soon

Cause I'm dying inside
And I'm so alone
Even when people are around

I can't get these thoughts out of my mind
Thoughts of dying along with suicide
I feel like taking a knife and cutting again and again
Too feel the pain, too feel alive

Just to see if you would notice
The scars on these arms
To see what you would say

Would you even care?
Would you cry with me?
Would you hold me and tell me everything's gonna be ok?
I feel alone and I'm dying deep inside

It would be nice to have you here
To have you holding me
And to have you comforting me

ESPN CHICK

Walk Away

I walk away from everything
Trying to hide the way I feel
I used to live with a wall around me
And never let anyone in
Every since my grandfather died
I have faced more pathways then ever
No one understands who I am or
How much I loved my grandfather
I lost something that can never
Be replaced a best friend
I always change who I am
I act different around certain people
I try to hide tears behind my eyes
And pretend to be ok
I walk away from it all
I bury it trying to for get it
Forget the life I once knew
Trying to figure out
Who the hell I am
17 I should know who I am
Walking away from everyone
Not wanting them to come close
Afraid I will hurt them
Everyone talks about stuff that
I can never relate to
When they ask what about you
I just walk away
Walking away from my fears everything that
I have ever seen or touch
I've never had dream come true like most have
Never had anyone walk into my life
I just walk away from my life not wanting
To face to the facts
Just want to live in a fantasy world
Where I can stay and not walk away

ESPN CHICK

Walking Through High School

This is it everything that you have gone through is now memories.
All of your happy and sad times in high school have now faded.
A new life has begun on your own.
No more waking up dreading that this day will never get here.
Now the day is here and your missing everyone before they even
walk through these high school doors.
Every memory is left unsaid.
On graduation day everyone cried, I even cried.
Knowing that I may never get to hang with my friends ever again.
Hoping they'll be here for my graduation crying with me.

ESPN CHICK

Wanna Escape

I'm always the one to blame
I'm always the same
every night I go to sleep
Wondering why can't I never wake up
Just wish I could live in my fantasy
Where everything is the way I want it to be
Where I don't have to cry my self to sleep late at night
Holding my pillow tight
Wondering if I'm ever gonna escape
Escape from this place that I hate
Just wanna be free
Spread my wings and fly away
Fly away high in the sky
Right on to cloud 29
The peace cloud no one but
ME, MYSELF, & I

ESPN CHICK

Want You

There's not a minute that goes by that I don't think of you
You were everything to me
And I thought I was your everything too
But apparently I wasn't good enough for you

You left me here all alone
Left me crying on the floor
Wishing you would just come back

Cause I need and want you
And I don't know why
But I still carry a part of you with me everywhere I go
I know you broke my heart into

But these feelings just won't leave
I try to rid these feelings but
They keep coming back to me

I wish you knew how much you mean to me
How I think about you all the time
And I keep a photograph of you with me at all times
Cause I can't stop looking at your pretty face

I hear your voice every time I go to sleep
And I wake up hoping your right beside me
I would cling onto you and never let you go

I wish you could see how much I love you
How I never let you out of my mind
Your there all the time
Not a day that goes by that I don't want you

ESPN CHICK

Wanted

Wanted the best for you and I
Wanted things to patch up
Wanted you
Wanted my heart to belong to you
Wanted everything to be fine again
Things are not the same since you walked out the door
Don't know why you did
Wanted you to be happy
Wanted you to see how much I loved you
Wanted to be with you through tough times no matter what
No matter what happened I wanted to be there for you
Wanted to see you laugh
Wanted the best for you and I
Where are you?
Why did you go?
I miss you so
Just tell me what happened then maybe I could fix it or try to
Wanted you to love me
Wanted everything to be okay between us
I loved you and still love you
Want you to come back
Cause I miss you

ESPN CHICK

Wanted To Know You

Everyday I try to talk to you but every time you just ignore me
All I want is to get to know you
What happened I thought you were a pretty good guy but I guess that I was wrong
All I wanted was to know you
All you could do was to give me a chance
I wanted to know you
Know that I would be there for you, take care of you and love you
Just please give me a chance and I will show you

ESPN CHICK

Wanted To Tell You

Wanted to tell you how much I care and love you
I want to be with you
Every step of the way
No matter what is thrown at us
I know that we can make this last
Last forever until the day that we are
buried into the ground
Wanted to tell you how much I love being with you
You bring a smile onto my face every time I see you
I see you and everyone that's around just fades away
When you're around me I can tell that you won't leave me
I look into your pretty eyes and I see that innocent look
that just brings a smile onto my heart
There's something about you that I love that I cannot
put a finger on
Its hidden that I love you but now it's written on this
piece of paper where everyone can see that you are
the one for me
Wanted to tell you how much I love you and that nothing
can take that away from my heart

ESPN CHICK

Watching You

As I stand here watching you pass me by
I think of how you promised me forever
I stand here watching you with tears in my eyes
Watching you hurts me but everywhere I go
I can not escape from seeing you
You left me broken hearted but
Watching you makes me want you again
I am standing here tonight watching you from twenty feet away all alone
This feeling for you I have can not be explained and
I know you hurt me but I can not stand being without you

ESPN CHICK

We Don't Have To

We don't have to hurt like this
We don't have to wonder our lives away
We don't have to wait forever
We don't have to listen to anyone
We can just runaway and sail like the wind
Sail somewhere far off where we don't have to hurt
Somewhere where we don't have to wonder our lives away
Somewhere where we don't have to wait forever
Somewhere where we don't have to listen to anyone but us
We don't have to be here we can just sail away
We know that we're suppose to be together and that's all that matters
All that matters is that we love each other

ESPN CHICK

What About.....?

What about me?
What about the feelings I have?
The wonders of my mind
The great things I know that can happen
What about the innocent?
Can I not try to help, help the poor people
What about the little ones?
Can I not try to save them
I have dreams to
Not only I have dreams
I want to help the world, I want to change it
I don't care for the money
I just wanna help
What about the animals?
The wild ones and tame ones
They have feelings like you and I
What about the the environment?
It's God's land where living on
We should clean it and let it shine
What can I do to help?
All I want is to help the innocent
The poor, the creatures, the trees and air.
I don't want the money
I don't want anything but a
Good feeling inside of my heart
Seeing the faces of innocent little children be happy

Written on 12-27-06

ESPN CHICK

What Do You See When You Look At Me?

You see the look in my eyes
The look of innocence and guilt
But do you see the pain and all the tears

Do you see all those times that I tried to die
All those times where I felt so hopeless
Felt so out of place

All those times where my heart was shattered over and over again
Where most of my friends stabbed me in the back
Do you see all of that

I don't want you to feel sorry for me
But I want you to be the one that I can tell anything to
That I can tell all my dark secrets to

I want you to be the one that I run to
Do you want to be that one
The one who holds me and who protects me

Please say that you do
I'm hopeless its true
Because of you I fell so hard and now I'm chasing after you

May 29,2008

ESPN CHICK

What Do You See?

Hey Hey look at me
What do you see?
Do you see the pain you have caused?
I feel like I have been living in hell

Its because of you
you broke me into
Like you didn't know
You tore me up

I was in love with you
Now I know never to trust just anyone
especially with my heart and soul
And its because of you

i thought we could have a happy ending
I was wrong
Thanks so much for the times you wasn't there
So much for a happy ending

So tell me now
what do you see when you look at me?
A happy Cinderella story down the drain
I miss you i hope you know

but I could never really love you now
You made my life a living hell
you cant take back whats been done
I cant get the pain to go away

I know you said you were sorry
but i know you didn't mean it
its easier to say then to show
especially for a guy cold hearted like you

ESPN CHICK

What Goes Around Comes Back Around

No more tears will fall from these two eyes
All the insults don't phase me anymore
They walls they helped me built
Still hurts deep inside but I will never show it
I will always pretend to be OK
All the things that has happened to me
Won't ever change I will always be the same
So if you want to hurt me do it physically not mentally
But always remember what goes around comes back around

ESPN CHICK

What Happened To You?

Now that I need you the most
I wonder where you are
Thought you said you would always be there
When I needed you to be

But I don't see you anywhere
And I need you the most right now
Tried to tell myself that I don't need you

But I can't lie to myself anymore
Cause I do need you
I need you right here beside me
So lost and confused I need your help

And your no where to be found
I wonder where you are
Guess I should have never listened to you

Saying that you will be here forever
Anytime that you need me
But I don't know where you are
Who you are anymore

I'm torn and broken apart
Thought you would be here
You used to always make me laugh

What happened? I miss you
I wonder can I ever trust you with my secrets
But its too late now cause you know so many
Or did you forget them like you forgot about me

Stuck here trying to figure out
Where you are
And how could I ever believe you

Can't believe you never showed
All I wanted was help
All I needed was you
Cause you understood me and made everything okay

What happened to you
Wish I never met you
Now I wonder could I be stuck here forever with you on my mind

March 16,2008

ESPN CHICK

What Happened To You? Part 2

Don't pretend that these feelings meant nothing at all
Cause I know that they did
And you can't deny it

I still have feelings for you like I did before
Just wish you could see that these feelings won't ever go away
I need you just to be there for me when I'm down

And I need you right now
Every minute that I'm alive
You're on my mind

Thought I could just throw these feelings away
And not look back at the past
But I can't stand here and not look at the past and I refuse to let this go

I refuse to let these feelings I have for you leave me forever
I can't stand that you won't talk to me
You used to take time and spend a little while with me

What happened to you
What happened to us
Just thought you were different out of all the others

I was wrong cause you're one of them
And it took me five years to figure that out
I don't know why it took me so long

Guess I never wanted to believe that you were like all the others
Just thought you were different
You were my one in a million

Tried so hard to hang on to you
But I just let you go and now you're out of my sight
Wonder where you are and who have you been seeing

Its been too long and I miss you deeply
You were everything to me the one I could tell everything too
The one that made me laugh even when I didn't want to

What happened to you I just got to know
These feelings I have for you will never leave me
Just wish you could see that maybe just maybe we can work things out

But I wonder do you have feelings for me like I do you
Cause I swear you did and I felt so alive when I talked to you
You meant everything to me just thought I would never lose you

Oh why did you say you loved me one day then the next blow me off
Like I meant nothing to you at all
Just so you know almost everything I did I couldn't quit talking about you

Every other word was about you and my daydreams were you
Can't believe you did this to me
Could have sworn you were different then the others

You were my all and all
My one in a million
That I wanted to keep forever

Guess you didn't feel the same
But what happened cause I remember those words
Those feelings you poured out

Guess they meant nothing at all
And I wonder do I mean nothing at all to you as well
Cause I remember my feelings were true that I poured out to you

What happened to you I loved you from the start
Now I'm stuck here with you on my mind wondering about you forever
It's a shame that you won't even take time and talk to me anymore like you used to

May 4,2008

ESPN CHICK

What Hurts The Most

Apparently you see right through me
Cause I've been lying all along
I'm not alright
I still feel pain every now and then

But what hurts the most is trying to survive
Trying to cover up and pretend I'm okay
Pretending not to be in pain

It hurts to pretend but for some reason I do it anyways
What hurts the most is wanting something so badly but always falling short of the goal
I should be immune to all the pain

The pain should be numb
But its not numb
And now I'm pretending to be alright even though I'm not

But what hurts the most is wanting to be loved and there's no one around to love you
Always searching but just can never find the one
Pretending not to care but deep down I do care
And behind my eyes lies nothing but loneliness

Nothing but broken dreams lye behind my eyes
What hurts the most is waking up knowing that you're still in pain and that you are still partly shattered
But no one knows only I know the way I feel and forever I will pretend to be okay even though it hurts to pretend

What hurts the most is seeing everyone around having fun
When inside you're hurting badly
And what hurts the most is trying to tell yourself that you're fine cause you know deep down you're ready to just give up

February 19,2008

ESPN CHICK

What Hurts The Most Part 2

What hurts the most is saying that I'm alright when I'm really not
And it hurts cause no one else even notices the tears behind my eyes
All the pain is filled up from head to toe and nobody else knows
Everyone thinks I'm doing fine

But what hurts the most is putting on that broken smile
And pretending that the smile is real
It hurts so bad when all the people around me just walk on by
And then I'm stuck there feeling the pain all alone without comfort

What hurts the most is looking in the mirror and hating what I see
It hurts to know that I'm broken inside and tears behind my eyes waiting to fall
Hurts to know that I have no one to run too and no where to hide but within myself
Within myself I scream because I know I'm forever alone

What hurts the most is trying to fight myself to survive
Fighting all the thoughts of suicide
And it hurts to know that nobody can see that I'm lying
That I'm living nothing but a big fat lie

What hurts the most is wanting something so bad and I know I can't have it
It hurts to know that no one is around to comfort me anymore
How I miss those talks and miss those words
They were the way to my escape and he was healing the wounds

What hurts the most is that he doesn't even know
Even know how bad I'm hurting and how bad I even miss him
Feels like he has forgotten me like every other person around me
These feelings just make the pain even worse

What hurts the most is knowing I can't break free
Break free from this pain and thoughts
Cause I'm too weak to even try to break free
Slowly I swear I won't be here cause this weakness and pain is taking over me

May 10,2008

ESPN CHICK

What Hurts The Most Part 3

What hurts the most was being so close
Of telling you what you meant to me
Now I'm stuck here all alone
Drowning in the thoughts of you

Wishing that you would come back around
It hurts knowing that you were never gonna be mine
But I wish I could have tried

I've been missing you from time to time
I've been trying not to think of you
But every time I turn around something reminds me of you
What hurts the most is that I let you slip away

Maybe I was foolish
Maybe I was stupid
But after everything I've been through I thought I could trust you

Maybe I was using you as my escape
Those dark days I would run to you
Those suicidal thoughts I couldn't face
But you made everything okay

What hurts the most is knowing I poured out to you
Because you listened when nobody else would
When I was lost and alone you were there

Can't help but wondering what made you fade away
Can't help but wonder where are you?
Cause it hurts to know that I've lost another friend
What hurts the most is that I lost you

March 15,2010

ESPN CHICK

What's It Gonna Be

Look into my eyes and tell me do you really love me
Cause I've been on so many roller coasters with you
That I've lost count

I'm tired of going up and down
Tell me an answer
You always put me on hold

Now I'm through with being on hold
I'm saying this loud and clear
I'm tired of this mess

This mess that you've put me in
What's the use of me being with you
I've gone through so much for you

But you won't even do a single thing for me
Now the tables are turned you have no where to go
So tell me what's it gonna be

I'll give you another chance
But only on one condition promise me
Promise me you'll try to do better and I'll stay with you

Only if you try
I don't want to be caught up in another one of your lies
But for some reason my heart just won't let me free

Its telling me I need you
Tell me what's it gonna be
Cause I can't wait on you forever

I promise we can make it through
Just talk to me and tell me everything
That's what I'm here for

For you to lean on me when you're down
Promise me you'll try and do better
If you wanna stay with me tell me

Cause I'm not gonna wait forever
Tell me what's it gonna be
I'm willing to make this work but you've got to be willing too

April 25,2008
made up

ESPN CHICK

When

When I see you it sends shivers up and down my spine
You make me feel so great like nothing else matters
When I see you smile I see that you still care
When I see you looking at me I know that you really want to talk
When I see the tears behind your eyes I know something is up
Something very upsetting to you
When you call me I know that you want me to go out that night
When you hold me tight I know you still love me
When you told me that you loved me I knew that we were
going to be together forever

ESPN CHICK

When All Is Said And Done

When all is said and done
I will still feel the same
Nothing can change the way I see you
The way I think about you all the time

When all is said and done
I won't forget the way you make me laugh
I will always remember the times you and I talked
All the times you made me laugh even when I was down

When all is said and done
You will still make my heart melt away
Make me lose my breath
Leaving me speechless

When all is said and done
I still won't be able to tell you how I feel
And I will keep it to myself till I die
Cause I know you probably won't feel the same

But when all is said and done
I won't cry myself to sleep
I won't stay up for hours thinking about you
I will be able to keep myself from falling apart over you

Cause after all is said and done
I still truly don't even know you
So I won't even begin to make myself believe that I'm in love with you
Don't make me fall cause I swear you're more than I bargained for

February 18,2008

ESPN CHICK

When All Is Said And Done Part 2

When all is said and done
I know I will have me, myself, and I
I won't count on anybody else to be there when I'm down
Cause I know its hard to count on anybody at all

When all is said and done
I won't regret everything that I've done
Cause I know its in the past and there's nothing I can do about it

When all is said done
I will still be the same
I won't ever change
Cause I love who I am and no one can tell me otherwise

When all is said and done
I won't cover up those lies in the mirror
And I won't ever put on a fake smile ever again

When all is said and done
I won't ever know the reasons why
Why things happen when they do
Cause all I know is that we may not live to see tomorrow

When all is said and done
I know there's only one person who I can trust
And that is God

When all is said and done
I know that God will help me pull through
And I won't have any doubt about it
Cause when all is said and done I know that God sent his son to die for all of us and our sins

February 18,2008

ESPN CHICK

When I Fall

If anyone knew what was going on in my life would they help me up off the ground and onto my feet.

Who's gonna save me from me. Who's gonna help me when I go insane. Who's gonna save me when I fall.

Everyone tells me that I got it all. The life, the mother..the money. It's not like that at all.I have nothing now...Sometimes everything doesn't mean a single thing.

Who's gonna be by my side when I cry. Can anybody hear me. I'm so alone. Seems like my world crashed yesterday. one day I 'm perfectly happy now all I feel like doing is crying.
Whose gonna save me when I fall..

Every time I try to be happy more bad news heads my way.
Does anyone one care that I'm stuck in a hole.
Who's gonna save me from me. Who's gonna help me when I go insane. Who's gonna save me when I fall.

Everyone sees a smile on my face but they don't see behind my eyes. Behind my eyes is nothing but tears waiting to fall. Everyone thinks I have a good life.. If I have such a good life why is this happening to me..

Who's gonna be by my side when I cry. Can anybody hear me. I'm so alone. Seems like my world crashed yesterday. one day I 'm perfectly happy now all I feel like doing is crying.
Whose gonna help me when I fall.

No one will ever understand what I'm going through.. Its so tough being me. All I wanna do is cry..crying cuz I have no one...crying cause most of my loved ones has died. I am stuck by myself in a world with nothing.

Who's gonna save me from me. Who's gonna help me when I go insane. Who's gonna save me when I fall.
Everyone sees a smile on my face but they don't see behind my eyes, behind my eyes is nothing but tears waiting to fall
Whose gonna help me off the ground when I fall.

Does anybody care that I am stuck in a world that is dark, lonely and cold.

Whose gonna be by my side when I fall, when I cry, when I go insane.
Whose gonna help me when I fall. Whose gonna bring me up off the ground
Whose gonna help me out of that dark world.

Who's gonna help me when I fall.

October 2005

ESPN CHICK

When I Thought

Just when I thought all my pain went away
When I thought my life was gonna change
Everything comes crashing down

Right when I turned around
Things were going out of whack
I was hoping I could stop it

Stop all the pain and make it all go away
But I couldn't stop it and all the pain didn't go away
Wondered why I'm stuck with this pain all over again

Guess I was right all along
Pain is just a part of me
Apart of my life and everything in between

When I thought I was gonna be happy for a while
When I thought I was gonna have something good come my way
When I was on the verge of being not so alone

Everything just comes crashing down right in front of me
Didn't know what to do
Couldn't believe this was happening to me once again

Just felt like everything and everyone was against me
All I felt like doing was crying my eyes out
Building pain back up all over again

Just when I thought everything was said and done
Feelings came back for him that I thought was gone for good
These thoughts are bound to stay in me for the rest of my life

I never saw it coming
I was blinded by the light from the beginning
All I ever wanted was a happy ending or a dream come true

But I guess life doesn't end that way not for me anyway
When I thought my life was gonna be okay
When I thought my whole world was gonna be satisfied

My life comes crashing down in the mist of the night
Leaving me crying myself a river
Leaving me to rot within myself forever and ever

May 4,2008

ESPN CHICK

When I'm Gone

I wish that I could start all over and forget about you
But for some reason I can't
I wonder when I'm gone would you miss me

Would you wish that you would have talked to me more
Instead of walking away in the middle of the conversation

When I'm gone would you even shed a tear a two
Would it be fake or real
Just got to know

You were everything to me hope you know
Just think about it for a while and see that I was wanting you

When I'm gone far away from here would you even think of me at all
Just once or twice I just wish you would miss me
Miss all those talks we had

And I wish you could see how much you have changed
I don't think you've even noticed so look in the mirror for a while

Think about it now
Think about when I'm gone
Cause I'm not gonna be here forever

I've already put up with truths and lies from you
For far too long I've sit here with out telling you how I feel

But when I'm gone all of that will be revealed
That's when it will be too late but I'd thought you would like to know

Cause I could never tell you now
Not the way you've been acting
So when I'm gone you will finally see how much you meant to me

Think of how it could of been between you and I
Think about all those times where you actually cared about me

Do those feelings still exist or did you throw them away
When I'm gone you will finally know that I was too afraid to tell you exactly how I felt
Hope you realize that I felt like such a fool through these years

Cause I swear you never left my mind
My heart felt like it was beating for you and only you

But when I'm gone I hope you know one thing for sure that I never wanted you with no one else
I wanted you all to myself
So when I'm gone will you miss me

May13,2008

ESPN CHICK

When You Look At Me

When you look at me
I see through your dark blue eyes
And see inside of what a man you can be

I'm so amazed by your every move you make
That I think I'm falling to soon
Is this good to be true

Have I finally found the one
The one who is right for me
I'm lonely inside and I need someone one who will treat me right

I need someone to lean on
Are you gonna be there for me when I need your shoulder to cry on
You seem different then all the others

There is something about you
That I can't quite figure out
I don't where to begin to find it in you

You seem like you are everything I always wanted
Are you some daydream
Or am I that desperate to be whole

All my life I've been searching for someone like you
Is this to good too be true
Are you real

I've been waiting on that someone
My heart has been waiting to be whole
Oh why don't you come and give me a chance

Maybe things will work out
I see the way you stare at me
And when I look back you turn the other way

I feel something between you and I
Come on and let's begin a new chapter in our lives
Let's see where this will go

You never do know
We could be made for each other
Gotta give it a shot to find out

June 15,2008
Made up

ESPN CHICK

When Your Around

When your around all my fears fade away
When I am down your there to help me up
You leave me completely breathless
When your around you always hold me tight
When your around you always tell me you love me
That one day we can runaway from this place
When you kiss me you tell me that maybe one day we will be on our own
When your around you tell me that you will love me forever

ESPN CHICK

When You're Gone

I didn't know that I'd miss you this much
I try not to cry so hard but I don't know what else to do
Cause when your gone I feel so alone and all i can do
Is lie in my bed crying these tears away
When your gone a piece of my heart is missing you
When your gone these memories of you & I start to come back
I miss seeing your face & hearing those words
Do you see how bad I need you?
I've never felt so alone &
Everything that I do reminds me of you
I still can feel you're arms around me from the last hug you gave
I didn't know I'd miss you this much
I try not to cry so hard but I don't know what else to do
Cause when your gone I feel so alone and all I can do
Is lie in my bed crying these tears away
When your gone these memories of you & I starts to come back
I miss seeing your face & hearing those words
Do you see how bad I need you?
I've never felt so alone &
Everything that I do reminds me of you &
I still can taste that last kiss goodbye
Do you see how bad I need you?
That we were made for each other
I wanted you to know that I would give up my heart & soul for you
When your gone I can hardly breathe I need you here with me
You're the only one that stays on my mind and I need you here with me now

Written on 5-20-07
made up

ESPN CHICK

Whispers In The Dark

Can you hear the whispers in the dark
As you lie down to rest
You here them in the mist of the night
No idea where they are coming from
You hear voices but you think they are just your imagination

There's whispers in the dark
Calling out your name
They creep into your dreams and
Haunt you during the night

The whispers in the dark are crying for your help
But you don't know how to help them
No idea where to begin to find help
You think about those whispers all day long
Wishing you knew what to do and wishing that they would fade away

May 29,2008

ESPN CHICK

Who I Am

On the inside I'm torn apart
Broken into pieces
That's who I am

That's who I've always been
But everyone just looks right through
Everyone sees through these teary eyes
And all those broken fake smiles that I wear

They see through all the lies
Can't they tell that I'm living a lie
I guess they are just blind

This is who I am
Forever and always I will be filled with pain
I will be broken all over inside and out
And I'm losing all hope

Because I know that I will never be whole
And being broken and in pain is just who I am
I was born with pain and I will die with pain

That's who I am
And I hate who I am
But I have to accept the facts
Although that's really hard to do

I'm all tangled up with fear
Tangled up in all my thoughts
I've got so many and I can't rid them

I got so many of him and I've tried to throw them away
But I can't force myself to rid them
I've known him for too long and he still is a part of my heart
That's who I am I can't rid anything or anyone from my heart and soul

After all he meant so much to me
I just wish he would talk to me again
I miss those words

But that's who he is now
I hate it so bad but I can't tell him
My heart just won't let me and I don't know why
I know I've got to move on someday somehow I will move on

But this is who I am
I'm lost in my thoughts of him
In the thoughts of suicide

This is who I am
I'm hopeless, broken all over
I'm drowning in my pain

And trying to hide the tears

June 5,2008

I know not good..but who cares...I couldn't sleep so I had to write

ESPN CHICK

Whole

Feels like I'm dying inside over again
Can't help the fact that my soul is screaming out loud
I know I will never be whole
So why am I still trying

Why am I trying to turn this pain into happiness
Why am I trying to make my heart unbruised
Guess I am that desperate to be whole

Broken all over
How can I pick up the pieces
Its almost impossible to do
What must I do to become whole

So many thoughts of suicide run through my mind
All the pain still piled up inside
Tears still shed every now and then

It must be a hard knock life
Cause every time I turn around I swear my life always comes crashing down
Hard to close my eyes at night afraid of what the next day will bring
But I'm hoping that one day I will become whole and I won't have thoughts of suicide or all the pain piled up inside

Maybe I wouldn't even shed tears but once so often
Just hoping one day somehow I will finally be the person I want to be
Maybe I will become whole and not so broken or bruised

March 9,2008

ESPN CHICK

Why

It feels like my soul is one dark spot
With pain surrounding me
All the pain is squeezing me
Feels like there's no air around me

Looking in the mirror
I see nothing that satisfies me
Broken inside and out
I'm never gonna be good enough

Why even try
Why even bother
I just wish I could live inside my dreams
Where all my dreams come true and nothing else matters

I'm always gonna say I'm okay
I'm gonna let it all pile up inside of me
I know no one will never understand anyhow
I don't even know why I'm still here

Jan 27,2009

ESPN CHICK

Why Am I Not Happy(Put On A Fake Smile)

If everything's ok then why am I not happy?
Always holding these tears behind my eyes & holding my pillow tight
I swear is it ever gonna end?
Bleeding on the inside cause I'm filled with pain
It seems like I have no one
Even when people are around I still feel alone
I wish I had wings so I could fly away
My heart is still shattered by everyone
Including my 'suppose to be friends'
They always talk about me even when I'm in front of them
Cause they thing I'm not listening
I try to keep everything to myself
Because I know they will never understand me
I just put on my fake smile & pretend that I am ok

ESPN CHICK

Why Am I Trying?

Been trying to put my body back together
Picking up the pieces along the way
Trying hard not to cry
But these emotions are taking over me

I don't know why I'm trying
Cause its impossible to pick up the pieces
No matter how hard I try
I won't ever be whole again

It feels like I can hardly breathe
Feels like theres no air around me
And all that surrounds me is pain
Squeezing me tightly

I keep asking myself why even try
Why even try to put myself together again
When I will fall apart all over again
Am I that desperate to be whole

Am I that desperate to be pain free
And not wonder about anything
Just tired of worrying my life away
And tired of crying myself to sleep

January 14,2008

*not the greatest...but..o well

ESPN CHICK

Why are you on my mind?

Why are you on my mind?
Why am I always thinking about you?
Everyday and every night nothing but you on my mind
I can't let these feelings go

When I talk to you my heart races
You make me smile
I'm always fighting how I feel
I try to get you off my mind

Can't stop thinking about you and what you mean to me
All the times we talked I never wanted to leave
Even when I think about you my heart races
I don't know what to do

I shouldn't even be thinking about you
I don't know you all that well
I just wish I knew why you are always on my mind
I try so hard to tell you how I feel but I just can't force myself to

ESPN CHICK

Why Can't I?

Why can't I quit listening to stupid love songs
After all I am through with guys
They are more than I bargain for in this world
Yeah I may like this one but that doesn't mean I want him forever

Why can't I quit playing what he said in my head
After all I've never been in love before
And he doesn't make it easier
I thought he liked me for me

Apparently I was wrong
But why can't I get him out of my mind
Why can't I quit thinking about him
Even if I could tell him how I feel I don't think I could

Why can't I quit dreaming about him?
The dreams feel to real and I miss him more and more
If only he knew would he feel the same way I do
Cause I only want to feel whole again is that wrong

Maybe I would be fine and not so alone
Cause with him I feel alive
Doesn't he know I can't live without him
But why can't I live without him

Cause deep down inside I've fallen way to hard
To someone I don't even really know yet
But it feels right and I know its wrong
Why can't I figure this out?

If he would just admit whether or not he loves me
I could move on with my life
And not worry about him anymore
Maybe I would be better off if he was never apart of my life

December 18,2007
made up a couple things but other than that its true...and I know its kinda bad but....

ESPN CHICK

Why Can't I? Part 2

Why can't I stop thinking about you
Thought by now I would be over you
Why can't I stop singing stupid love songs
They pop in my head then flow right out of my mouth

I try so hard to erase your name from my mind and heart
But somehow your name doesn't seem to erase
Why won't it go away

These thoughts in my mind are about you
Sitting here in the dark wondering why
Why can't I figure this out
Figure out why can't I get you out of my mind and heart

I swear my heart tells me your name in the mist of the night
Then I wake up and can't go back to sleep
Stuck there with your name on my mind

Stuck with all our little conversations we've had in my head
Trying to take parts and put them together
And then maybe I would figure out the truth
Whether or not you like me

Cause I've been dying to know
The more I think about you
The more I'm trying to figure out if you're the reason why I'm still here

Sometimes I think that and sometimes I think I'm just in love with you
But I'm just not sure
Cause the more I think about it
You are the one who has told me truths and lies and everything in between

Its hard for me to believe anything you say
Although I still do
And I dunno why

But you make me feel so alive
And happy to be here
You make smile
Even when I don't want to

Why can't I figure this out
Figure out what to do about you
I'm just so confused

March 1-4,2008

ESPN CHICK

Why Can't....?

Why can't I be where you are?
Why can't we see if this will last?
Why can't you see that we're made for each other?
Why can't you see how much I love you?
I would give up anything for you
Why can't we be together?
We can make this last
We just have to work together
Why can't I understand you?
Why can't we be together
Are you hiding something from me?
I need to know cause I love you
I have never felt like this before
Why can't we be together? Tell Me

ESPN CHICK

Why Did You Do This To Me?

Where did I go wrong?
After all I am your flesh and blood
Why did you do this to me?
Couldn't you see I was only a child
But you didn't care
Couldn't you see I was scared
You were suppose to be there and help me to grow old
Not make me something I didn't ever want to be
I didn't ever want to become your little whore
You're suppose to sit and love me
But not treat me like you're play toy
Cause now that I am almost grown
It has haunted me
And now I hope you're happy
Cause all I want to do is cry and I want to die

ESPN CHICK

Why Did You Have To Go?

Why did this happen to you?
Cause you were the one that was there
When I needed you the most
Now I don't know what I will do

Trying to remember all the times that we shared
All the happy memories
And its killing me now
(Why did you have to go?)

I'm screaming at the top of my lungs
Wishing you were here
Cause I'm lost and confused
(Why couldn't it of been me instead?)

Oh why did this happen?
God, Why didn't you take me instead
She was the best friend a girl could have
(And now she is gone)
All thats left is memories and photographs

Why did this happen to you?
Cause you were the one that was there
When I needed you the most
Now I don't know what I will do

Trying to remember all the times that we shared
All the happy memories
And its killing me now
(Why did you have to go?)

Its killing me slowly to see you not here
(To see you not here)
With you not around I will take it day by day
But I will never get you out of my head

February 24,2008
made up

ESPN CHICK

Why Do You Like Me?

Sit down take a look at me
Tell me what do you see in me
Why do you think I'm so wonderful
Cause I look in the mirror and I see nothing wonderful about me

I guess I'm once again confused
Cause why would a guy like you
Want a girl like me
I have no answers at all

Only you have the answers I'm looking for so tell me
Why do you like me so much
Why am I so special to you
Cause I have no clue

Help me out I am clueless can't you see
I need to know why are you into me
I know I have feelings to
But my feelings mean nothing at all

Tell me please what do you see in me
Cause I have no idea I see nothing special about me
I just have to know
Why do you like me so much

November 22,2007

ESPN CHICK

Why Do You Want Me Now

You said you never knew me
You never even tried to know me
You always turned the other way and never said anything at all
Every time I tried to talk to you
You acted like I wasn't even there
So don't tell me that you even cared about me
Cause I know you never did
You never even gave me chance to tell you how I feel
Now your sending me all these letters and e-mails saying that you want me now
Why do you want me now?
Is is to throw me around and be your slave
You think I'm stupid I know what your doing
You cant fool me at all
I used to like you yeah its true
But now I know I could never spend forever with a guy like you

ESPN CHICK

Why Don't These Tears Stop?

Why don't these tears stop?
I'm tired of crying
But I can't stop

Every other day I cry
I can't rid this heartache
I can't rid these tears

I'm surprised my room isn't a river
I just wanna die
Nothing else to do

Nothing is going right
Everything I do isn't good enough
I just wish it would go away

But I don't think it ever will
These tears are taking over me
All I wanna do is crawl into a ball and cry

Cry myself to sleep
Hoping when I wake up this pain will be gone
I want this pain and tears gone forever no more I'm tired of it all

ESPN CHICK

Why God?

If God cares about me then why does he let this happen
Why does he let this pain stay
Why did he take the people I loved away

I tried to be a Godly person but faking the smiles that wasn't me
I tried but why didn't he take this pain away for always
Why didn't he let me die

I tried now I don't know what to do
Cause everywhere I turn there's a wall of pain
Its build up inside

Why won't you let me die
That would take this pain away
I wouldn't have to suffer

I wouldn't cry anymore
I would be happy and I wouldn't fake it
Here there's no where to run to

So tell me God WHY
Why didn't you let this pain leave for good
Why didn't you let me die

10-16-2007

notes: this one I wrote during my depression time...

ESPN CHICK

Why Should I Bother?

Sorry for all the trouble I've caused
I guess I will never be good enough
And every thing will always be my fault
In years to come I hope things get better
But deep in my heart and soul I know that they won't
I'm sorry for being a burden
Guess I always knew I should have died
And left all this pain behind
Should have known I'd be better off six feet under
I know every thing I do will never be good enough
So why should I bother
Why should I bother even trying
Should have given up like all the others
But I don't know if I want to live or die
In my mind I do want to die
But deep down I want to live
Either that or I'm scared of going to hell
Can't find the answers to my questions anymore
And everyone I thought I could count on
Says all the wrong things
But what else is new
I tried to trust someone but I can't even trust myself
And I'm tired of being here in this town
Hate it here thought everyone knew
Feels like no matter how hard I try not to cry
Theres always something there that makes me shed some tears

December 31,2007

ESPN CHICK

Why Should I?

Why should I be sorry for your mistake?
Your the one who caused us to fall apart
Why should I care about you?
You never cared about me
Why should I help you?
You never helped anyone else
Why should I do anything for you?
Your selfish, only think of yourself, a pig
Its not all about you
Why should I or anyone else help you?

ESPN CHICK

Wishing He Was Still Here

I try not to think about it
Because it still hurts me badly
Even though I know it wasn't my fault
Sometimes I still feel like it is

Although its been almost three years
It feels like it was just yesterday
Feels like I've been in a storm
And I've been torn a part

Cause after all he was everything to me
No doubt in my mind I wish he was still here
And sometimes I still he can hear his voice
Feels like I'm having another breakdown

Sometimes I cry myself to sleep
Because I miss him
After all he was a father figure to me
No matter what I still do

I hope that he will be proud
Cause he taught me so much
And no doubt in my mind
I know thats where I ought to be

Thats where I feel safe
And thats where I feel him the most
I know that its my get away
I feel like I'm in heaven

Don't you know that everyday I think about him
Not a day that goes by where he's not on my mind
And yeah I know I didn't cry at his funeral
But I just couldn't let the tears flow

As I'm sitting here tonight
Listening to our game
Wishing he was here to watch it on tv
So I wouldn't have to watch it alone

January 10,2008

Author notes

I know its not good i dont care honestly
its about my grandpa who past away May 26,2005

ESPN CHICK

With You

When I'm with you I can be myself
I never felt so beautiful before
With you I will forever stand beside you
When I'm with you nothing else matters
Your pretty face, eyes, & hair is all so perfect
When my eyes meet with yours
I see something inside of you that just blows me away
You hold me & tell me that you want to be with me forever
With you I don't need anyone or anything else

ESPN CHICK

Without You

Here we go again you can't seem to make up your mind
This time its going nowhere between you and I
I'm afraid this time I can't do without you
So make up your mind

I can't get you out of my head
If only you can see that
I can't live another day without you

But deep inside I'm ready to move on without you
And I don't know what to do
It feels like I'm stuck in the middle
Between these feelings that I have for you

There are days that I love you
And there are days that I can't stand you
Make up your mind and tell me right now

Cause I'm tired of waiting for you
I want you and I know I can't live without you
But can you live without me
I need to know

Waiting here for you
Staring at the phone waiting for a call from you
Hoping that your decision will arrive soon

I've got plenty of time but I don't want to waste it all with you
If you don't want to be with me
I would like to be with you but I guess I will have to do without you
Cause you can't seem to find the answer for me

Every time I'm with you I feel like you were meant to be mine
When I'm without you I feel so alone
And I can't fake it but you need to hurry and make your mind up

Cause I don't want to wait forever on you
I would like to move on if you don't need me anymore
I feel like I've been used by you
But I can't seem to walkaway from your arms

I wish I knew what to do
I've waited for far too long
And now I feel like I need to be without you

But I every time I try to move on
I come running right back to you
You linger in my mind when I'm with someone else
I don't know what I should do I can't live without you

December 16,2007
made up

ESPN CHICK

Without You I'm Alone

I try not to think of those long talks we shared
And I try to keep your name erased out of my mind
But every time I see a picture of you
That's when I realize I need you and I wish that you were here

Because without you I'm lost and I can't find my way
I feel so alone and all I can do at night is hug my pillow and cry
I feel so helpless and I scream out your name
How am I suppose to break free from you when I can't let you go?

No matter how hard to try, I can't break the spell you got me under
Here all alone I sit and wonder what could I have done wrong
You meant everything to me and now I'm stuck here missing you
Wish you knew exactly how I felt but I just can't get the urge to tell you

Everywhere I go and everyone that I see I feel lost and alone
In the middle of a crowd I see your face but its just me and my imagination
I feel like I'm losing my mind all because of you
I miss when you're around, nothing else matters and I can be myself

Can you see that I'm a complete wreck without you here?
Without you I'm just stuck here lonely as can be
I told myself I could make it and be strong without you
But here I am as weak as can be just like always

After all I thought you loved me for who I am
I was hoping you would stick around
You always knew how to make me laugh
And you were healing these wounds

The pain was fading out of my life when you were around
It seemed like you were my light through this tunnel
How I miss you and wish that you were here
Without you I'm completely torn apart and my heart has melted away

I'll never find anyone else like you
You were one of a kind and I thought I was blessed to have you
Guess I was blind sided from the start
Now here I am without you wishing and dreaming that you were here with me

April 12,2012

ESPN CHICK

Wondering If You Still Care

Where did you go?
Who have you been seeing?
I haven't talked to you in so long
I think you have forgotten about me
The one I cared so much for
The one who cared for me
You even told me you loved me
Now I'm here waiting for you
Where have you gone?
We told each other everything
I even told you my darkest dreams
Every night as I go to sleep
All I can do is dream of you
I dream about you and me all over again
When I wake up I don't wanna get up
Just dreaming makes me miss you more and more
Where have you gone to?
I need to know that you still care
That you know I'm still here
I can't make it through the day without thinking of you
Bleeding on the inside cause I'm alone again
I don't feel like walking and talking to anyone
All I do is wait for you
In my room all alone thinking about the lies I've been told
You told me you loved me but now I know its just lie I have to go through
Waiting for your calls or e-mails
Every night I check just see if you have messaged me
Hoping and praying that you have
Now I see that your never coming back to me your forever gone
With out a doubt in my mind I loved you more than anyone in this world
I would have given up everything to be with you
I would have walked miles just to see you again
I just wanted to know if you still care about little ol' me

ESPN CHICK

Wondering Why

You think I'm better
You think I'm doing just great
But you don't see it in my eyes
That I've been lying all along

You see right through me
Right through the broken smiles
I miss the scars on me
And yeah I still have dying on my mind

Although I've been happy
My heart still has been shattered and bruised
Haven't cried in a long time but there's still tears wanting to fall
But the stupid tears just won't fall

Still stumbling on my own two feet
I realize how horrible life has been
Trying to find out the reasons
But I guess I'm not meant to know the reasons

Especially the reasons why I feel so abandoned
Still feel like I'm lost
Tired of pretending but what else is there to do
I know no one will ever understand

Cause honestly I don't even understand
Understand why do I still feel this way
Still have dying on my mind
Can't figure out why I'm thinking about dying

But I am and I wonder if life was better off without me
What if I was born to be alone
What if I'm suppose to be nothing
Cause that's what it feels like that I'm not suppose to be anything

Many doors have opened up then shut right in my face
Leaving me in tears longing to wanna die
I'm a nobody forever and always
No doubt it in my mind I'm forever in pain and brokenness

March 1,2008

ESPN CHICK

Won't Ever Tell You Why

You will never know why I cry
Because you don't understand why
Its laid out right in front of you
I guess now your excuse will be your partly blind

I tried to do everything right
Tried so hard to be myself
Not letting these feelings go

Don't understand why you want to help me
After all you did this to me
Everyone that surrounds me did this to me
But I guess no one will ever understand

I won't ever tell you why
I won't ever breakaway
I'm caught in the middle of a breakdown

Let me go
Let me hide
Let me never be found
Let me cry these tears for no reason

ESPN CHICK

Words

Why can't people just understand my words?
Cause they just don't want to understand them
They just want to put words in my mouth
That was never said at all

What's the point in trying to speak up?
When you know what you say is going to get shot down
Cause no one understands what they need to understand
They always butt into something that they don't need to be a part of

Always knowing what to say
But its always the wrong words
No one seems to get it
No one gets the big picture

Forget about everything I ever said
Cause it was probably wrong
These words I'm typing here tonight
Are not even worthwhile

But I feel like writing something new
I know no one will read them and understand
Maybe one or two will understand
Everyone else just seems to draw to conclusions

They never sit there and think about it
They just do whatever they feel like doing
What's the point of even trying to get through to them
Cause I know I will never win

January 24,2008

ESPN CHICK

Write Love On Her Arms

After all the tears
All the pain and brokenness inside
How much more can she take before she falls apart all over

When will everyone see that she's trying to give in
The scars that are on her wrist (Why can't nobody see them?)
Oh how I wish someone would write love her arms
Heal the pain and slowly put her together again

She's lost and lonely
Confused and broken
How much more can she take

Walking around everyday with the scars upon her
With the tears behind her eyes
When will she see that she's beautiful
Screaming on the inside because she's broken and hurting

If only she could find that someone special
Just maybe she could become whole
Maybe that someone would write love on her arms and make her feel special again

October 16,2009

ESPN CHICK

X-rays

Do you see her heart in the x-ray?
How its all broken and shattered
Do you see the body in this x-ray?
How shes filled with pain

The x-rays are perfectly clear
Shes broken and falling apart
See the stab in the back x-ray
Where shes been stabbed in the back

Nothing that we can do can help this girl
What do we do now?
We couldn't possibly show her these x-rays

I'm so broken yes its true
So broken it even shows up
On these x-rays so clear
The stabs in the back from people who were suppose to care

But in the end it winds up that all
I have is myself
What the x-ray didn't show is that I'm falling in love
My heart is so broken and shattered that you can't see this love I have for him

Thankfully its not on the x-ray
Because he can never know
I wish he'd knew but I just don't have the guts
Those x-rays if he ever knew how broken I was he would never try to fix me

ESPN CHICK

You

Here I am once again stuck here alone
Wondering where did I go wrong
Cause I am so far away from happiness
And far away from death

Do you see what you do to me?
That you make me laugh every time I talk to you
And I never want to leave cause you make me feel so real

I never would have thought I would find someone like you
You are amazing and I want you to know
I never thought I could be happy
I never thought I would laugh this hard

All I ever thought about was cutting along with dying
Until you showed me that I would amount to something
And that I mattered to you

You just don't know how much you mean to me
I think about you all the time
And my heart beats faster when I think of you
And when I talk to you my heart drifts away

I never thought I would mean so much to anyone
Especially to someone as great as you
Oh I want you to know I can hardly breathe when you are on my mind

ESPN CHICK

You (Here With Me)

You were here with me when I needed you
You knew I needed your love
You always made me laugh
You were here with me when things were rough
You knew me without reading about me
You knew how to be a man
You were here with me by my side holding me
You wiped my tears away
Where are you now, now that I need you?
I need you, your love, your jokes, anything to make
me laugh again
I love you! Where are you?

ESPN CHICK

You (I Still Love You)

You think you know me but you don't
All the things I've done for you and you can't appreciate that
I told you once and I'll say it again I thought I knew who I was until I saw you
All my thoughts just went away and I tried to please you in anyway but you took that for granted and went behind my back
I thought we would be together forever
Until this day forward I still dream of you
I still wish you was here with me
But now I'm in another town with someone else that I truly love but not near as much as I loved you
But now we're apart and I love someone else
I still will think of you always

ESPN CHICK

You And I

I've always wondered how it would be if it was you and I
Would you always be by my side holding me tight
Holding me during the winter storms
During those hard rough times

You know theres not a day that goes by
That I don't think about you and I
Cause I know you were always meant to be mine
I just never thought you would ever agree

But I'm glad that you did
Cause I know now that you were always meant to be mine
Its you and I together forever
You are always the one I loved since the first day I met you

I needed protection from all the pain
And you knew that I needed love
You came in and saved me from all the pain
Wiped away these tears

You are more than enough for me I don't know what I would do without you
I will always have a special place for you in my heart
You and I will never fade
Cause my heart will remember us till the day I die

January 1,2008
made up

ESPN CHICK

You and Me

You and me once again
Lying under the stars
Just like we use to
While lying on the beach

Right here two years ago today
Under the bright stars
Where you kissed me
You asked me to promise one thing
That we will always be together

You and me still so true
Out of high school
I look you in the eyes and
I see someone who is honorable and truthful

Later that night
Before we left
You poor out your love for me
And you took my hand on one knee
Asking me 'Here tonight under the stars
Will you marry me? '

In amazement I say 'Yes'
Together forever no matter what
You will be the one that I could love forever

Rain, Sleet, or Snow
I will hold you close
Cause its you and me
Crazy in love

WRITTEN ON: 10-4-2006
Made Up

ESPN CHICK

You Are Always On My Mind

Listening to music to sooth my soul
Then I'd hear a stupid love song
And it reminded me of you

I don't know why but you are always on my mind
I can't go a day without thinking about you
No matter what I'd do you are on stuck in my head

Without you I'd be nothing I'd be dead
You helped me get through all of this
And I don't know what I would do without you

I can't see my self with anybody else
And maybe these feelings are suppose to be in me
Won't you give me a try cause I know deep down you love me

ESPN CHICK

You Are Not Alone

I wanted you to know
That I've been down that road
A million times or more
And to let you know that
You are not alone
I am here anytime you need me
All you have to do is just pick up a phone
Cause you know I'll be here for you to lean on
And don't be afraid to pour out your heart and soul
I will keep it a secret
You know me better than anyone else in this world
Just to let you know
You are not alone
Through hot and cold
I will be there to help you
Rain, sleet and snow
I'll be here holding you tight
Cause I know how it feels
To wanna die
Wanna end it all in one night
And I know what it feels like to cry yourself to sleep everynight
I know you feel like your all alone
But girl you are not alone
I've been down that dark road
Its not a fun road
And every now and then I still travel down that road
But together we can make it through
Just know I am here
I've been through it to
I love you and you are not alone

December 23,2007

ESPN CHICK

You Are Wonderful

There's a lot that I could say to you
I just don't know where to begin
You mean so much to me
And nobody could ever replace you in my life

And all those attempts to die
You were right there saying all the right things
There's not a day that I don't think of you

Thinking of all those times where you made me laugh
How can I replace those times
I don't think I can and I don't want to anyhow
You are the greatest person I've ever met

I don't ever want to lose you
You make me laugh and cry
Make my world a much happier place

How can I say thank you
Thank you for always being there
And keeping the smile on my face
Even when I'm in tears you were there making me smile once again

You are indescribable
A wonderful person, I'm so glad I met you
Just tell me please that you will keep me laughing

May 23,2009

ESPN CHICK

You Didn't Forget Me

Its been a while and now I know how much I've missed you
You spin my world around
You make me laugh

I can't believe we haven't talked in so long
Now I know for sure you haven't forgot me

I always knew you would stick to my heart
I'm so glad that my heart never did let me forget you
And I'm sorry for all those things I said about you to myself

It was just a matter of my emotions getting the best of me
After all you were the one I loved the most

Off and on for five years talking to you I can't explain what you've meant to me
When no one else could make me laugh you could
You could make me laugh no matter how bad my day had been

Now here we are again
Something I thought wouldn't happen

You didn't forget me
Once again you got me at the edge
Tonight you made me realize how much I loved talking to you

July 12 2009

not that great but o well

ESPN CHICK

You Get Me

I'm sitting here all alone tonight
Just sitting here drifting away
As I head off to my world
I'm thinking about you

Even though I haven't talked to you in a while
I still feel like you are the only one for me
And I don't know why

I guess its because you get me
And I know I said I was threw with love
But you don't want me to
And every since you said that its been on my mind

I hope and pray that you are the one for me
I don't know why
You get me to come back every time I try to pull away

And you don't even know the way you make me feel
I want to tell you but I don't know how
Why did I have to tell you about him
Even though I wonder were you even a little bit jealous

You get me all the time and I don't know why
If only you could see the look on my face right now
And the look in my eyes to see I'm not lying

That you are the only one I'm digging right now
You know I've liked you from the start
Four years and counting I can't believe I've known you for that long
And you still get me every time

December 23,2007
kinda bout someone but then again I made up a couple things

ESPN CHICK

You Make Me Feel

I've felt this way maybe a time or two before
But since you came into my life my whole world has changed
I'm seeing a different side of things
A different side of me that I've never seen before

I've been able to open up to you
And tell you my darkest fears
You've helped me through my suicidal rage
And said everything will be okay

You make me feel like nothing can ever go wrong
You make me feel special
Like no other has ever made me feel
You make me feel alive

ESPN CHICK

You Set Me Free

April 8,2008

You set me free from all the pain
Took away all the broken pieces and put me together
You fixed me and made me whole

You set me free from all the troubles
I know you will always be there when I need you
You changed me from the inside to the outside of me

You took my heart and changed the way I see things
Now I don't have to worry about all the pain cause I am protected under your wings
No more tears you wiped all my sorrows away

You set me free from all my burdens
All the burdens along with pain that I've always carried on my back through the years
Took my world and turned it inside out

Because of you I am no longer filled with pain
No more wanting to die
You saved me from harming myself even more

You held me back when I thought I couldn't make it anymore
Helped me even when I didn't want your help
When I blamed you for all my mistakes

You still stuck by me no matter what
I just always found a way to block you out of my mind
Cause I thought I was right

You set me free from Satan
Set me free from all the pain
Took me and turned my life around

You are all I ever wanted
A friend, a father and everything in between
And I always needed that but now I know what I was missing and God now I can count on you for everything cause you set me free

ESPN CHICK

You Tell Me

You tell me everything's alright
But how do you know?
You tell me the things that sound so great
But I have to go with the beat of my heart

I don't know how I should feel
I can't let my emotions show
Especially around you

You tell me everything's alright
But how do you know?
You tell me the things that sound so great
But I have to go with the beat of my heart

If we live to see tomorrow
Your the one that I would be with
I would be in your arms

But I don't know how to tell you
Your so good to me
You make my world so much better
And you tell me

That everything's alright
But how do you know?
You tell me the things that sound so great
But I have to go with the beat of my heart

ESPN CHICK

You Were My Escape

Days goes by and for some odd reason I can't pull away
I can't pull away from the thoughts of you
I'm drugged under by your name I thought was erased from my mind

Thought I could escape from who I used to run to
Even though we haven't spoke in some time
I still can't escape from you, the one that used to be my escape

Escape from life, escape from friends
You were the one who meant a lot
Through my times of not wanting live, you made me happy

You made the dark cloud roll right past me
Now and again I wonder what would life be like if I never knew you
But now I don't know what I would have done back then

Because you were my escape
And now I guess I don't need you so much
I got so attached to you and I don't know why

You must have been more than my escape
You must have been my addiction
I guess that's why I stayed up most of the lonely nights talking to you

I'm sure this my confession within itself
My confession you will never see
I know you won't feel the same anymore

Now I'll try to move on, move along to I don't know what
I'll find something I'm sure
I'll go on and try to forget you, but I know I won't ever forget you, you were my addiction, you were my escape

December 27 2009

ESPN CHICK

You Will Be Missed

Seventeen seasons without a regret
You leave the field once and for all
Can't believe this day is actually here
Where you will hang up your cleats no longer needing to be worn

You leave with almost every record broken
Leaving all you had on the field
Every Sunday with all the pressure you still did your best
Without a shout of a doubt you will go down in history

You know you still can play but its taken a toll mentally
With a legacy as great as you
There will be no one who can ever take your spot
You will be dearly missed

Just never thought this day would come
You played injured and still did good no matter the cost
You left it all out on the field
Its been a great seventeen years but now you are ending football for good

Emotionally it hurts but you know thats the best thing to do
You've taken all you can take
But turning on football won't be the same
Not seeing number 4 on the field anymore

You will miss the game and the game will miss you too
Hanging up your cleats for good this time around
Your legacy will never be forgotten
Oh how we will miss all the great plays you made

March 6,2008
A tribute to Brett Favre
Although he may never read it but still

This is my first ever sports poem so i hope i didn't do to bad.....but he was one of my fave players still is...and I'm a Cowboys fan....but love Favre just the energy he brought to the game...smiling in like negative degree weather...i mean wow...to me thats awesome and a passion person about his game not all about the money just about playing something you love and its a heartbreak to leave it

ESPN CHICK

You Wonder

Looking into the sky
Trying to find answers
You're lost and alone and you wonder why

You want someone to love you
To be there when you need them
When all you need is someone to lean on

And your asking God why
Why haven't I found that one
The first love of my life

Its been a long and lonely road
Especially the last few years
With no where to go and no one to comfort you

You keep all the pain bottled up inside
And you wonder why things happen to you
Asking God for something good to happen in your life

But nothing has even came close to being good
You wonder what you did to deserve this life
All you want is something simple

Not asking for much but I guess to God its a lot
You wonder life away wondering where you want to head to next
Tired of being alone walking down this pathway so lonely

You're ready just to give up
But you know you can't
Gotta hang on

Gotta be strong
But you can't help but wonder
What life would be like with you gone

Trying to fight the thoughts within your mind
Fighting those thoughts with all the might you have
Cause you know you can't give in

You have to stay alive
Cause maybe that someone is waiting around the bin
But you can't help but wonder your life away

June 9,2008

ESPN CHICK

You(Not A Dream)

I was right all along
Now you're gone
Lost you to another one
Please tell me its just a dream

Oh please tell me I'm gonna wake up
That you're right here beside me
That everything's alright
Tell me that I never lost you

But I know that's not true
The words you used to tell me
Are nothing but old lies that I still have in my head
Its been too long now and I miss you

Miss the words that you used to say
To make me feel like I was worth something
Now you're gone and with her with a baby on the way
I hope things work out

Now I'm alone sitting here thinking of you
I know the distance kept us apart
But now you won't even saying anything to me
You're gone and now I've lost my mind

I know now that you were nothing but a lie
Nothing at all to me
When I feel into your trap
You had me there until I feel out

Over and out I hear you clearly
I know its not a dream and you're not mine
Can you hear me too I'm just fine without you
And I hope she's everything you wanted

I hope things are just fine
And I wish you the best
I really do hope that shes the one for you
But I'd wouldn't be surprised you and her didn't work out

Feb 25 09

ESPN CHICK

Your

Your everything that I have ever wanted
The one person who can wipe these tears away
The way you hold me is magical
Your my everything
The way I dreamed it
Your one-of-a-kind
Your my prince who saves me from evil
Your my hope, my angel, my everything that I
could ever imagined
Every night that I'm with you
I know that I'm safe & loved
Your everything that I wished for

ESPN CHICK

Your The One

Every since you walked into my life
I've changed my ways
I've put down my shield & trusted you
Your the one I've always dreamed of having in my life

You took away this pain
Wiped these tears away
Fought away my darkest fears
You told me everything would be fine

You left your arms wide open for me
Took me in your heart
I can't explain how you make me feel
Your love is indescribable

You came into my life &
Took away this pain
You even wiped these tears away &
Fought my darkest fears

You hold me tight every night
Your the one who showed me life
You locked me into your heart &
Promised me forever

Written in 2006
made up

ESPN CHICK

Your The One and Only

Your the one and only
Every since I've met you I knew I loved you
Your the one who loves me for me
The look in your eyes is so innocent
The way you look at me takes my breath away
Your the one that locked me into your heart and threw away the key
Your the one I love with all my heart
Every since I've known you my heart knew that your the one
Your the one I can call up on
I can lean on your shoulder when I cry
Your the one and only
Every since I've met you I knew I loved you
Your the one who loves me for me
Your the one who wipes these tears away

ESPN CHICK

You're

Walking away from all your problems
You just can't face them in this place and time
Pushing everyone away you know
Tired of everyone saying the wrong things

You're just ready to give up
Give up on life all together
No matter how hard you try
It seems like you're just not good enough

You look in the mirror
And you hate what you see
Wishing you were someone else
How you just want to rid your body

Pain is creeping inside you all the way around
Its creeping inside your soul
Hurting so bad but you keep holding on
Holding on to your dreams

Holding on to whats left
Feels like you have nothing and no one
But you do go to scars
Cause thats the only thing that you know

And you know that they won't turn their back on you
Waiting and waiting for an escape
You want to just runaway and start all over
You wish you could but you're to weak too move

June 7,2008

ESPN CHICK

You're All

Don't you know that you're all I want
You're all I need
You're all I know and I think about you all the time
Not another soul on my mind

But you don't know me all that well
If only you could walk in my shoes
Then you would see the true side of me

Don't you know that you're everywhere inside of me
You're all I ever wanted
I could not ask for more
You're all I ever wished for

ESPN CHICK

You're Gone

All the times I was down
You were always there
And you were the first to know
My darkest past

You were one of the first ones I could count on
The one I could cry around and now you're gone
What will I do without you
Who will I turn to
(You were my best friend)

You were always like a sister to me
Yeah I know we had ups and downs
And a lot of fights over stupid guys
But now that's all over and said and done

I can't take any of it back
Cause you are gone

All the times I was down
You were always there
And you were the first to know
My darkest past

One minute you are there
Then the next you are not there
What will I do
I've trusted you with every thought

You were one of the first ones I could count on
The one I could cry around and now you're gone
What will I do without you
Who will I turn to
(You were my best friend)

And now your never coming back
Cause you are gone

(But never forgotten in my heart and soul)

February 23,3008

I wrote this for anyone who might can relate...whether or not I've been through it..someone else has

ESPN CHICK

You're Gone (Another Heartache)

I'm sitting here all alone tonight
Finding a way to rid of this heartache
Its so hard to believe that your gone
One minute your here the next gone

No matter how hard I try
I have to cry a million tears
I loved you more than you'll know
Now I'm sitting on the floor in my room

Crying myself in to a river
It's been a great 3 years
Now its over your gone
I don't know what I will do

I just know that I will miss you
And I wont be the same ever again
Since the day you left my heart
I've had nothing but a heartache

I cant sleep or eat cause
I'm thinking about you
Looking through the scrapbook
I thought both of us was happy

I guess I was wrong once again
Cause your gone
Right out of my sight
Another heartache as taken over me

I'm crying a million tears
I can't eat or sleep
I'm sick and tired of this life
I wanted to be with you

I loved you with all my heart
Now my heart is nothing but a heartache
I'm sitting here figuring out what I did
I miss my one true love

ESPN CHICK

You're Stuck All Alone

Life's to short to run and hide
But what else is there to do
When you have no one to enjoy life with

And all you have is this pain inside of you
Tearing you up inside
Breaking you into and emotionally draining your soul

Draining whats left of your aching body
Taking it day by day
You've already hit rock bottom

But you want to live
Then again you really don't know what you want
Hoping someone will save you

But you feel that you are to broken to be saved
And already half way dead
So who would save you

The one person who you thought would
Doesn't even know you're broken
Doesn't even know how you feel

And you guess that the only path left for you is hell
But you don't want to die not yet
So you're stuck all alone hoping that one day you will be whole

January 5,2008

ESPN CHICK

You've Helped Me

What would life be like if I never met you?
I wouldn't be this happy girl that I am today
Cause you've helped me get through this mess

You've wiped these tears away
Fought my darkest fears
Made me feel like I am wanted

Cause I've always felt like nobody cared
And I was the only one who was wanting to die
You've helped through it all

I don't think I could ever tell you how much that means to me
All the words you said stuck in my head
You play yourself over and over again

ESPN CHICK