Poetry Series

Pascale Ost

- poems -

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All I Need

I'm sitting here,
Behind my computer,
Watching my screen.

Letters coming up,
Making words,
Ending in a sentence.

Friendship turns into love,
Love turns into desire,
Desire turns into loneliness.

The sentence is fading away,
Pulling apart the words,
Erasing the letters.

Loneliness is drifting away when,
I feel your warm hand on my shoulder,
I turn around and look in your brown eyes.

I don't need longer a letter, words or sentences.
Your warm hands, your body, your soul,
Is all I need at this moment.

Pascale Ost

And He

And He created us,
Humans with two heads,
Four arms,
Four legs

And He saw us,
Playing,
Caressing,
Making love,
Give Birth,
And died

And yet He
Was not happy
He decided to tear
Us apart

And He putted the one
In the North
And the other
In the South

And He believed
That they never would
Find each other
Again

And He forget
One thing
How far away your
Soul mate is
There is always
The invisible
Bound of ties

And He can
Be angry
But they'll always
Find the other half
In each
Circle of life

And He can do
Whatever he wants to do
But they'll always
Play,
Care,
Give Love,
Give Birth,
And die after
Finding their
Soul mate

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Calling Love

Waiting for your call,
Makes me so crazy.

I want to hear your voice,
Close to my ear.

I want to hear you laughing,
Giving me a smile back.

I want to feel you,
Imaging it was you that I was holding.

Phone goes,
A nice song starts to play.

I hear your voice,
I hear the sweetness.

I can feel,
That you want me.

I can feel,
That you want to hold me.

Oh yeah,
I can feel your love me.

Pascale Ost

Connection

My lovely lady
I love you so much
I want you so much
I want to touch you
To hold you

I want to walk hand in hand
With you
I want to hold you like the way I did before

I want to make love with you
On a easy way
Not been pushed nor want to push you

I want you
To feel how you love me

I respect you a lot
I respect your soul
I respect your body
I respect your pain
I respect your pleasures
I never will do you any harm

The only thing I want to do
Is to give you my honest love

My soul
My warmth
My arms
My shoulder to cry on
My hands to carry you

Carry you away from all the pain
Inside of your heart

I want to take away these pains
And fill it again with my love
My pure love

A love that only can exist between two people
Between one soul
Connected with unseen wires
Always feeling what the other felt

Feeling the hurt
Feeling the love
Feeling the pleasure
Feeling the desire
Feeling the need

That’s why

I love you so much

Pascale Ost

Don't Fear

Don't fear my love,
I will not harm you
I just want to,
Give you my love

Don't Fear my love,
I will not hurt you
I just want to,
Take away your pains

Don't Fear my love,
I will not close your eyes
I just want to,
Show you the world

Don't fear my love,
Let me in
Let me release,
your Soul

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Eternity

She’s gone
My love is gone
Back to home
Her home
Her place
Her family

I’m feeling lonely
Even with my family
Around me
They understand
The pain
The hurts
The tears

It will costs us a few days
To recover from
These feelings
Feelings we knew
That they will be there
When the end would come
To Say goodbyes

Now it starts all over again
Counting weeks
Counting days
Counting hours
To be together again

Holding each other again
Pretending it would
Last for eternity

Some day it will …
Eternity
No more goodbyes
No more tears
No more pains
No more hurts

Just us ….

Pascale Ost

Falling

I'm drifting away on a cloud,
And all I do is thinking.

Thinking about you,
How it would be,
How it should be,
How it could be...

Memories of you are fading in,
A little smile around my mouth,
I can almost feel the touch of your lips.

Thunder is coming,
I'm falling down from my cloud,
Two strong hands,
Holding me tight.

'It's okay
I got you
I will never let you fall
Again.'

Pascale Ost

Give me a Sign

I’m walking down the streets
Searching for you
I don’t know where to find you
I’m searching in the old city
Asking people if they saw you
I’m crying out your name

Oh babe give me a sign
Oh babe let me know where u are
Just give me a sign

My heart is burning inside
Tears are rolling down
I fall down on my knees
Hiding my face in my hands
I can’t longer take it
It’s hurting deep inside me

I’m walking on the beach
Searching for you
I don’t know where to start
Looking at the people
Trying to find you

Oh babe give me a sign
Oh babe let me know where u are
Just give me a sign

My heart is burning inside
Tears are rolling down
I’m walking to the open sea
People are shouting
I just try to find you

Pascale Ost

Goodbye to...

Seeing you here
It’s almost a dream
A little smile around your lips
Your hands on your belly
Dressed in your favourite clothes

Thinking about all those years
Now I know they went to fast
We spend too many times
On argues, quarrels and
Other useless things

Seeing you here
I only can say
How much I loved you
I’m just sad and mad that
I never had the guts to tell you this

Thinking about all those years
Now I know they went to fast
We spend to little times
To tell the truth, being together,
Having fun and to be ourselves

Seeing you here
Makes me crying,
I wish I could change it
Bringing you back
And start all over again

Thinking about all those years
Now I know that you where so right
I would listen to your wisdom
I would do what you told me to do
And I would say thousand times a day
I love you …

Pascale Ost

Hands

Baby hands,
So small,
So tender.

Little hands,
Holding out,
Wanted to be taken.

Smaller hands,
Searching care fully,
Taller hands.

Older hands,
Folded for,
Eternal life.

Pascale Ost

I need a Family

I need two strong arms
Two strong man arms
Arms that can carry me

I need a strong body
A strong human body
A body full with love

I need a soft soul
A soft female soul
A soul that feed mine

I need a spirit
A wise spirit
A spirit that I can follow

I need a heart
A child’s heart
An untouched heart with dreams

Pascale Ost

I Will

I will put my arms around you
Lay your head on my shoulder,
And rub your back.

I will kiss your hair,
And wipe away the tears,
With my thumb.

I will hold your face,
Between my two hands.

I will give you,
A nice little kiss on your nose.

You will give me a smile.

I will look into your green eyes,
You will look in my grey-blue ones,
And our faces will come closer.

Our lips will touch each other,
A small very intensive sensation.

You will look again at me,
Place your arms around my waist.

You will say
'Thank you.'

I will say
'I am so honoured to be your friend.'

Pascale Ost

Lips

I open my eyes,
And see your smile.
So sweet.

I open my eyes,
And see your lips.
So soft.

I open my eyes,
And see your eyes.
Waiting.

I open my eyes,
And touch your lips.
So hot.

Pascale Ost

Mother's Day

My Mother gave me birth,
Taught me how to drink, how to eat,
How to talk, how to walk.
She made me to this wonderful person.

My Mother taught me how to behave me,
How to be a respectful person,
How to love my family, my friends,
How to be a good mother, good father.

My Mother did a lot for me.
Sometimes I wonder,
'Do I deserve to have this,
Wonderful person? '

Yes, I do,
And I am proud,
To be her kid and I will say today,
And every other day,
'Happy Mothers day, mum'.

Pascale Ost

No You

It’s so empty here
No touching
No kissing
No laughing

NO YOU

It’s raining here
No sun
No warmth
No heat

NO YOU

Sad faces
Tears
Red eyes
Hurting

NO YOU

Pascale Ost

Seeing You

Seeing your eyes
So special for me
Starting with brown
Ending with gold

Seeing your nose
Not so even
Not so upright
But still beautiful

Seeing the smile
Around your lips
So sweet, so soft
So wonderful

Seeing your breasts
Makes me so crazy
I want to touch them,
Kiss them, hold them

Seeing your belly
Putting my head on it
Gives my always
A very safe feeling

Seeing your dark desire
Feeling the wetness
Tasting you
Smell your hotness

Seeing your legs
So strong
Holding me
Saving me

Seeing you
Gives me satisfaction
Gives me desire
Gives me hunger ….

Pascale Ost

Silence

Silence

I’m covering your body with mine
Breasts touching breasts
Putting my hands next to your head
My eyes are catching yours
Asking what you want

Slowly I move my body
Between your legs
I hear your breath, going deeper
Feeling your legs around my hips
Asking me for more, to go faster

You start to kiss me
First on my lips, than deeper
Our tongues meting each other
Dancing on our favourite song

I feel your hands on my back
Your nails making little scarves
A moan escapes from my mouth
I feel your body shivering
You scream out loud my name

Silence
Two laughing faces
Two hearts full with love
Taking care about the other one
For the rest of our lives

Pascale Ost

So Far away

Every night when I went to bed,
And I can't sleep
I'm thinking about you.

So far away,
So untouchable
But so close …

I want to know,
How it would feel
To touch your body.

I want to place,
All my kisses
On all your secret places.

I want to hear,
Your voice
When you call out my name.

It hurts
When I'm realizing
That I never would see you.
Pascale Ost

So Near

So far away
But at the same moment
So near with me

I feel your touching
But If I open my eyes
You are gone

I smell your skin
But the wind takes
It away

I can see you face
But the rain washed
It away

So Near, so touchable
But at the same moment
So far away, so unreachable

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The Touch

Sitting on your lap,
Touching your face,
My hand strokes your hair,
Moving down caressing your neck.

My hands comes together,
When I touch your breasts,
I see your nipples hardened.

I look up,
See your smile,
See your eyes,
Asking for more.

I plant a little kiss,
On your belly.
I feel your body,
Shivering.
I feel your skin,
Trembling.

You take my hands,
Placing them on your hips.
I let myself fall down,
On my knees.
My fingers touching,
Your thighs.
Making circles,
On your knees.

You take me head,
With your hands,
Pulling it up,
Looking in my eyes.
I see desire.
I see lust.
I see hungry.

Pascale Ost

This Morning

I touched your body

This morning

Thinking it would be the last time

I heard your talking

This morning

Thinking it would be the last time

I felt your deeply love for me

This morning

Hoping it would last forever

Pascale Ost

Why

Sometimes I’m asking myself

Why has it always to be so difficult?

Why is it so easy to hurt your beloved one
When she is so far away?

Why is it so more painful?
If you argue with your beloved one
Over the internet?

Internet words are written so much easier
Then be spoken out loud to your beloved one

Feelings are not the same
When the person you love is sitting
On the other side of the screen

You can’t touch her
You can’t kiss her
You can’t caressing her
You can’t say how much you love her
You can’t put her head on your shoulder when she needs it
You can’t wipe away the tears

In fact the only thing you can do is
Just sit down and watch her

Hoping she’ll not let you down
When you need her at most

Hoping she loves you,
The same way you love her

Hoping that the words
She writes have the same
Meaning like yours

Hoping that she will wait
Till you can come to her

That’s why I’m asking myself

WHY has it to be always so difficult
If you love someone?

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