## **Poetry Series**

# **Yvette Marina Nario**

- 15 poems -

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#### **Yvette Marina Nario (11/16)**

I appreciate life and people very much and I believe we can learn and grow together. I believe in keeping the spirit alive by expressing the inner voice in many forms of art. Aside from expressing my art in writing, I am also into spreading art in a visual sense through pictures as a photographic artist. My love and passion for life turns me to travelling, yoga, meditation, education, philosophy, music, wine, foods, culture, art, and photography. I see my life as an ever growing journey; one I am diving into...

1/31/11

Works:

MY EBOOK by Yvette Nario

#### ~•~•~Light In My Life~•~•~

WE are here for ONE another ~ YOU are a positive element in my LIFE~ YOU have made me open up my mind to many possibilities ~ YOU have helped me acknowledge my thinking process that has been the causal of my devotion toward concentrating on my strengths~ I am more of an INDIVIDUAL person because YOU help me see the way YOU see~•~what YOU have done for me and continue to do for me even when YOU are not by me is something words cannot even describe ~ I do know we met ONE another for a reason ~ as difficult as LIFE has its Demands when we meet ALL else does not EXIST~it just is an increment of OUR worries worth not a decimal of our thinking leaving room for our HEARTS to function ~ YOU even inspire these words to filter thru me~just my mere thought of YOU give LIFE to a huge positive FORCE that cannot be explained only felt~•~ I LOVE YOU for the way YOU Are Always and Forever in this INFINITE WORLD.~<3~

# •<•>••<•>RULED BY HEAVEN OR HELL(LIGHTNESS or DARKNESS) <•>••<•>•

I Lightness WE Darkness

We ARe I--

I Lightness in Heaven's Essence Are We Darkness Hells FIRE ROAR

I SUN'S RADIANT LIGHT Are We DEVOURING DARKNESS OWNED

I ARE WE- -PURIFIED LIGHT Are WE I DARKNESS FORMS...

I ARE WE- -

(HEART CONNECT PORTAL IGNITE EYES TO SEE DEEP ONE SOUL CENTER ONLY NEED OPEN CONSCIOUSNESS CROWN THROWN)

#### ONCED- -

#### **SENSED**

Recognize Differing Forms Heaven's Light FINDS- -Securely Surrounds Hell's Darkness

FLAMING FIRE

FADES- -

SUN's- -

SHINE WARMTH HOLD PROTECT SECURE HEAL PURIFY RADIANT GLOW

Or (NON-SENSED ĎΕΕΡ Sleep CLOSED EYES **MOTIONLESS FROZEN FLEETING SOUL ESCAPE** HIGH **ABOVE BELONG ALLOWING TRIGGERING FORCED ENTITY RESIDE FOREVER** 

TILL WARM HEART WAKES WHEN COMPOSED AGED BODY DIES)

I ARE WE LIGHTNESS or DARKNESS...

HEARTS SOUL EYES ESSENSE OPEN THE GATES- 
Yvette Marina Nario

#### 360 CONCEPT Versus CLIMACTIC FALL: Letter to AB Unpublished Direct~

I wanna say I miss u... I do.... I don't....don't remind me that I VIBRATIONALLY/UNCONDITIONALLY said, 'I Love You'(I said it many Neptunic & Plutonic times...COUnTLESS..InFinite..DITTOS) ... I can't cuz I know it means nothing if I don't have U (why did I push u away(?) rémind me....) so now that I know...I...don't have U (i didn't mean to... I'm sorry..(Why am I apologizing(?) (?) .. I should have been more patient.. I shouldn't have just... just pushed U away... My silly picS...(DiD I DECEIVE yOuR EYES(?)) ... I kNow I meant to...at the TImE..the MóMeŃT I Knew U Weren't ReÁL As U PROmiSed U Would BE... My throbbing voice mail(The One I mentioned the Protector...there was None!) .. intended to hurt U...(I was protecting myself...remember your words in your messages to me...all of them I saved...to remind me) only because U hurt me...(I need to Harden me..my heart) ...I'm Sorry..I wonder why...why this is....why did we live up to that break up to make up oldie song(?) ..Here I go again...this broken ReCord playing Hurts my Ears..(Why did we ever come together to draw away from one another(?) ..(this sounds familiar) ..why so much energy consumed on one another..(I did this once before..) .. all for little elemental backward consciousnesses that was once felt- -(There WAS An To even say the word 'WAS' was a thing...a PAST thing-ORIGIN..REMEMBER...) ReinForced- to mean back in time.. Not- Now- time -but- a -Yesterday- TIME...a thing of the PAST.....I went through that past.... That past break up...once before(1X)... Lucky Me-Fortunate ME..(I don't think I like Falling in LOVE..and Out of it..it HurTTSSS) only went through once before..(Thank The ONE Above) ... Seen Felt Heard only once before.....(17 yrs of beautiful frozen memories....(Fall September 1992... March 2007 (revelation/realization/awakening) September 2009(Closing Time) ~ A night of never-ending TRUTH/FACTS of what WAS experienced behind the scenes(the details he in that ROoM of the HOUSE I once knew(the one waiting to be told me (RN) transformed to a Bigger Palace) .. they HURt...the DeTAILS... he told me...they HuRt me sooo...my HEART...MY BODY...& My WORLD were STuNG) that lead to my Microscopic EYES -Imprint...to finally arise 2009~ A new Construction U made out of me 'March 7,2011' (that MONDAY..U member) the moment You stepped into my New World mid January 2011. U were the CLIMAX/the ASCENSION of my story... my past..all of Sudden.. turned into a New BeGiNninG...<I could LOVE again>...(ReMEMber yOUR WoRDS To me(?) If only I open up my Heart to U(YOU ~and I did...after your MoNThS`of EXCAVATION) ~ my ears popped(U Finally BRoke ThROUGH ME) ... YOU made me fall in LOVE with U~ how could I not see U wanted to feed me with the attractive Scent- Nepeta Cataria- the one I feed my Misty~(the cat's High for twirling in circles - -to create an interesting amusementother than a purring life of Catnip) blew me away~~So many bad moments twirled & Spinned to beautifying intimate bonds Touching the insides- scattering all over blood To say that it WAS 'once lived 'brings a disturbing emptiness to my qut...LUCID IN VISION...(to find myself doing a 360 all over again) The Heaven delved into...unsuccessful in height, weight and depth....We've departed from the connectional frequency... Scattering Imulses~ a nightmare dimensional climactic Fall ~... we LoST us... to LAND ONCE MoRE

#### A Heart Felt Moment That Slowly Disappeared In Less Than An Hour

Ur the man of my LiFE..u begin to Open up the New Chapters with sincerity...take my hand and U will see how we can live in this World so beautifully..let's Open Our Eyes and count the ways in which we can live so tenderly...

My baby; the love of my life. I never knew I would ever see Love again Until G-d answered mY prayer and delivered me the other Half of my heart; my sOul, my baby.

Just as long as I know that our love will keep growing, taking in every morning breathe brings warmth by the thought that U will b by my side till the end of time. I loVe U more than my encrypted words can describe..

As Crazy as I am, I know that there will never be another man who understands me dEeP InSIDE..(just as I in U) .. So take me by the hand once again and hold it..ahh soo tight and let's hArMoNizE the WoRLD ToGeTHEr AS ONE. I LOVE U AB...

#### A Way∼

```
A...Way....
Live.....Life
Entirety.....Purest....form
Transcend.....
Change- -
Life..... Secured... Peace
People.....Ingrained....Trust
Relationships......Forever...Last
Children....Filled....Love
Animals..... Harmony..... Sing
Sun......Glitter.....Shine... Day
Moon.....Glow....Illuminate...Night
Life....Live...Truth
If....ONLY-
Step.....Inside
Listen-
Feel-
Taste-
Value....Appreciate...Love...Share...
Open.....Eyes-
Open.....Heart-
Open.....Soul-
Truth.... Unfolds
Composition
Degrees
Layers
Senses....
Charged
Super...
Highest...
Forms...
The World.....
Unlocks.... Gates...of Heavens
Life...Changed...Meaning....
Familiar...Inside...
Blossom...Mankind
The Origin.....The Seed
Formed - -
```

Awakening....

Insides....

Transmitting.....Outside

Experiences...Shape....Form......Purpose....Intention

Breed Life -Creating Works... Body-Mind-

SOul-

#### DaDDY Don't Blame the RAin~

I think the real reason may be because your not physically around HER 7304.843 hrs in a years' worth of memorable Daddy/Daughter moments,305 of 24 hr days from the 60.873 days of fleeting hellos/ goodbyes that u r with HER, a trillion lovable hugs and daddy/daughter kisses that could have been given out for HER 5th,6th,7th and now 8th birthday~the hundreds(received and given out throughout the duration of the Summer slowly depleting through TIME as she watches every other little girl and boy HER age hug their mommy and equally their daddy after every school talent, chorus, instrumental, broadway type and gymnastics performance; because u r 3000 miles; 50 States away: western, central, and eastern time zones, transitioning Oceans away-when u can be on the Atlantic verses the Pacific waters, same state, few miles of distance, on the same dimensional time as HER - your daughter~ ALL this creates discord, turbulence, disharmony, confusion, opposite ends~ even states of emptiness ~ Separation ties Knots~ Don't blame the Rain~ - aCTion BeATs HEARt -

#### goodnight sweetheart

Dream a little dream....REM... Squeezing in/out... every cell... Highest peak... AROUSAL..listen... Carousels..melodies of a once broken dream... Blooming flowers....birds singing...chirpidychurp... Rhythmic humming whispers... softly down ear drums... Pum pump Pum. .heart skips a beat... Chills running all over...body surrenders.... Almost lifeless...regaining LÍFE Through WARMTH of the Other Shooting electrical shocks... Heart beats falling everywhere... Like raining showers.... Surrounding every point From head to toe...imprisoning desires... Let loose....RELEASE... Splitting mixtures that once encapsulated The Mind...run away... Let.free....fly..away Into the SKY...

#### I made a wish and it came true

5/27/09

I made a Wish and It Came True

Twinkle Twinkle Little Star

Please tell me How you are In (what they say...) . That Holy Land

I have missed you Oh so very much...

And your messages Have made The beginning Of my days

Ah so bright And tender

Filled with love...

Thinking of What's to Come When You are Back Again

But still... Your Strong Presence is missing When you're not Shinning Strong enough Within my Interiors...

That strong
Emotion
Running
Energy
Electrical Charge

The one I told you about....

## Do you remember?

The kind of Charge which serves A purpose within Itself

That Renews and makes New Again

Like the Shinning Star That brings Hope

Or better...

The Shinning Sun...

The One That replaces

You

During The day or

The Illuminating Moon

Which replaces...

You

at

Night

When

You're

Not By my Side... But all I need To do is Look Up and there You Are Again...

Twinkle Twinkle Little Star How I Wonder How You are?

Shush... I'm

Wishing upon A Star...

Tonight

Shush.... (Short shushing whispers tickle my ears just listen...softly)

I made

A Wish

and It Came

True!

Yvette Nario:)

#### If only...

```
If only...
If only there were
Two Hearts
In
ONE
What life would be...(Make peace and not war)
If only there were
Two consistent
Light
of
Day
What the earth would seem...(Green all throughout the way)
If only there were
Two who can
Fold
Into
One
How quickly
Things
Can
Done...(We would see Brighter days filled with the companion of the other)
If only there were
Two
Lives
Given to
ONE
How everything would
Corrected and
Made
Purely Fun
If only....
If only there were
No
Misery
How people would be
Changed and made of
Electrifying Energy...
(Things would be fine if we can make it SHINE) If only people had
No lips...
How smiles would
Stand out
With teeth
Symbolizing
The
Freedom
To
Taste
The Sweetness
```

and

Spice that
Life
Creates...
If only we can
Whisper softly
In our
Own
Ears...
How we can
REMIND
our
SELF
To actually
STOP
And make
TIME
Stand
Still...

(Time ticks...tickity tock....how death slowly knock until u give it the key to unlock...)

#### InSide and OutSide of Me-You-We(Awaken Soul and Be Known<3)

if only
the self in me in you in we
Is known
Is discovered
Is unveiled
Is at the state of
Not wanting to hide anymore
This state
Of Craving
Of showing
Of being Known
Of applying
Of opening up
To the world

Oh how this life i see you see we see This life of mine I am you are we are Living in~
This life would be different
Different in a way where
Words would not be able to describe
What is seen ~
In the PoWer
Of The

#### EYEZ-

The imagery
The dream
I dream
You dream
We dream
Everyday
Is just a
Dream
I dream
You dream
We dream

Awake my SOUL You Soul We Soul Awake And be KNOWN

This dream i dream you dream we dream is the dream that I see you see we see-Is a Dream that i see you see we see that I see you see we see A dream that i feel you feel we feel that I feel you feel we feel Only Is A Dream

#### within

#### A Dream

I Dream you dream we dream that I feel you feel we feel We Dream-

Awake my pure one you pure one we pure one My pure soul You pure soul We pure soul Awake my pure one you pure one we pure one and be known Awake my pure one you pure one we pure one and be Tasted Awake my pure one you pure one we pure one and be listened Awake my pure one you pure one our pure one and be SEEN

AWAKEN
Awake pure tender Soul(I, you, we)
AWAKEN
Awake and help me feel
Help
YOU feel
Help
WE feel
KNOWN

AWAKE Awake help me help you help WE~

#### **INTERESTING LOVE~**

So he ask me, what do you feel about interesting Love? I say, well, interesting LoVE-Does it exist? Probably notnot in this day and age. he ask, what do U mean? I say, Interesting

Love-

interesting... too interesting for most mainstream- $\sim$ interesting LOVE is meant only for fewnot every Soul-Not Every SouL understands this form of LoVE... it's S0000

it sounds

very

much deeper than a heart describesit can only be seen and felt through the Window of the EYEs~~~ He asks, the window of the eyes? I say,

the

**EYEs** is the **VOICE** that SPEAKS.. the eyes' Stare is very Powerfulit is through the EYES-~all is seen-Two Lovers can meet... body to body, heart to heart,

soul to soul... he says, tell me in few wordswhat is -interesting Love? I say, interesting LOVE is simply when Two are ONE~ it's a higher connection-

it is

Interesting in a way where it cannot be gasped by those who do not know the meaning of True Deep LOVE... ([As I search above] Ι WHISPERto MY

SELF:

'Interesting

LOVE

is

Hard

to

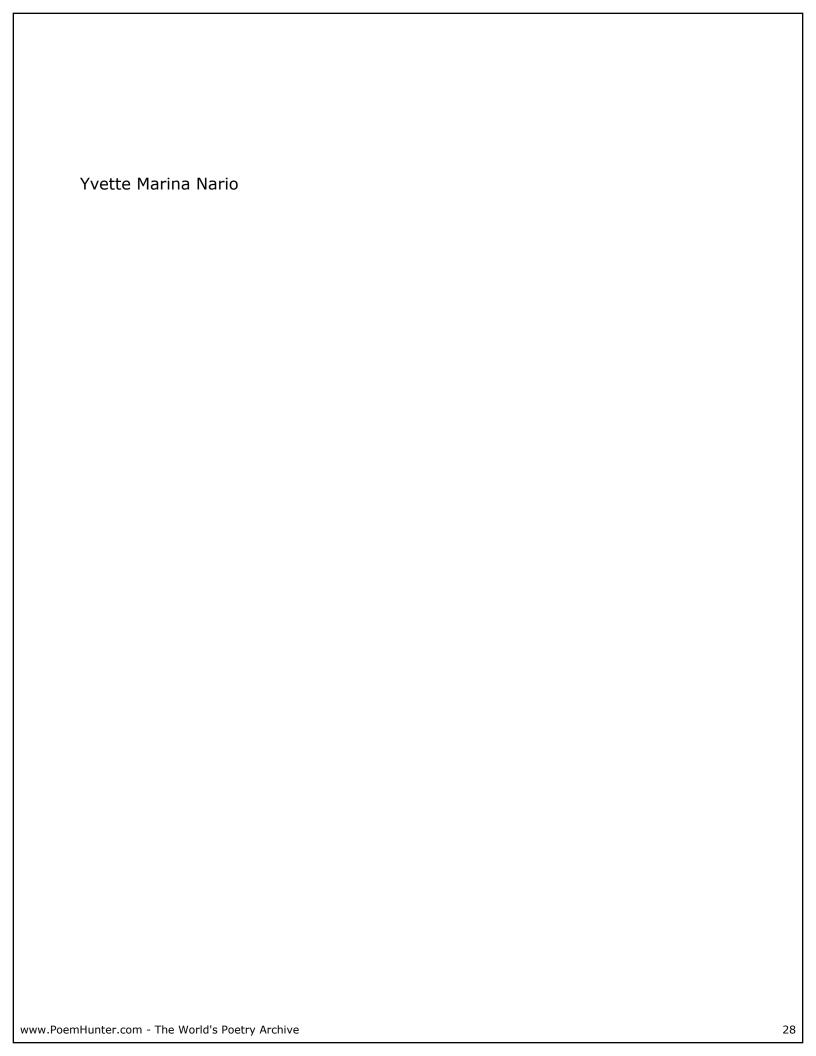
Find') ~

My HEART BEATS ~yn

#### LIVE YOUR HEART~

```
'WE LIVE
AND
WE DIE;
WHen
We DIE
WE DIE
WITH
NOTHING~
Our Physical
Body
stays Behind,
our SOul
Rises~
IT FLoWs
iNTo
ThE HeAVENS
SeARCHIng
The LAYEr -
In WHICh
WE BELONG;
DetermInEd By
HOW
FAr
ALONg
WE'vE ReachEd
ThE
UndErSTANdInG
OF
OUR
TruE EsSenCe~
OuR Soul~..
.If NOT FUILY ShAPEd~
We
AriSe
inTO
LiFE AgAIn~
To REPEat
WhAt
WaS
OnCe
LiVEd,
To
HOpEFUILy
FinD
OuR
SELF
AgAIn'∼
(I feel we shouldn't have to make the same mistake TWICE~Just as long as U have the
```

Right Guides~The Skies The Limit~Our Final Destination~)



#### **Lost In Your Eyes**

I see what I used to be I know that that was meIt was me
It was me
It was me,
Yeah, it was me!

As I flip through the album I could see The life I led that Made me, be me

What used to be-

I know it was me Yes, I believed it was me

Then something happened...

Something made me see...

I no longer led the life of The album But a life of The New me

Yes, a new me

New me

Now I see
In new eyes
Everything has changed
In a blink of an eye
Like nothing was ever there
Not even
Air

What happened?

What made me see...

A different light Takes over me

Why the changes in me...Filtering through me...

Now I flip through The Album I see blank pages

What happened to me-?

# (Images disappeared before my eyes Carried by Air)

Why do I begin to See In New Eyes

Hypnotic stages Possesses my soul

Walks through Me All over Me

I feel a force Growing In Me Showering Me

I create a New Light A New Path

This dynamic force

Made me See

Α

New Album Of Just

Me!

#### **ODE TO A PICTURE**

ODE To A PiCtUrE

Flash-

A Picture
One dimensional in size
Captures an
Image
A moment
in
Time-

A Picture Works a Miracle And makes Time-Stand still-Time-Moves As quickly as the Wind Is blocked And made Frozen Constant And Still-

For One to Admire a moment, An Image which Appears in Different Shades of Light...

A Picture Brings back an **Emotion which** Pumps right through The Heart-A sensitive Delicacy -Often uncontrolled And driven on its own Can be ruled And triggered By a Flash-A speck Of Light With shattering

Colors-Red, Blue And Green...

A Picture Not to be measured In Space but more so In Time

As it Sits Still-

Captured

In An In

Instant Each

Image Is

Traced

And Held

Together

With Shinny Little

Sentiments...

Composed

As Each

Expression

Is made Visible

At the Palm

Of One's Hand

Held-Constant Ageless Memories

Flow Through

And Begin to Sing-

Of

What

Was-

Flash-

A Picture-

Whether it be
Darkness
Or
Lightness
Detections of different states of mind are seen
Emotional sensation in every bodily part
Tell truths of what has been-

A picture
Is cherished
And
Passed down the lineTo take part in the Memories
Once
Lived-

#### **SELF PORTRAIT/ FOUND "POEM"**

Come and see the production center in the United States-An interconnectedness of only one direction A mission of supply as seen as a fragmentation of a whole

A place known as the origin where Mom and Dad feel a sense of great importance-Born to take the form of a far-away vertex.

Good fortune, Bad fortunate-Gold Silver-

A dense concentration of people already organized to work-Missing nature-Tropical lands-Complimentary to the metropolis Consumed economical drained wealth

Reinvested radical factors-Development of the one and the underdevelopment of the other-Official encouragement and protection

Ink, blood, rise, fall, flowers, blossom, cherished memories, voices, he said, she said, wind, mother, thirst, eyes, discover, sob, yellow, cover, born, sea, sun, light-