

Poetry Series

**Katie Huntress**  
**- poems -**

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## Katie Huntress(march 6,1990)

well i am 17, i am living in a group home, i have been dealing with some tough shit over the past 10 months but guess what i got through it. it wasn't easy. but i got the help i needed and now i am in a great place, learning how to be independent and just learning to be myself.

# As I Sail Across The Ocean

as i sail across the ocean  
as i fly through the sky  
i see that i am me  
and thats not going to change

as the years come and go  
i am growing up to be  
a person of my own being

i am at the age of 16  
knowing in 2 years  
adulthood is to come

i am not in a rush  
i want to take one year at a time  
pleading for the reason  
of the meaning of life

i am young but i am old  
i am creative but i am mindless  
i am hateful but i am loving

all these things have  
a meaning a purpose  
to my life

whats is going to happen to me  
in the next 5 years  
i do not know  
i wish i did, but its like a surprise  
we have to take one day at a time

Katie Huntress

# Burning

Candle burning in the dark,  
Some ones watching from the dark,  
I slash my wrist and  
Hope to die,  
I sit in a corner and  
Cry till I can't cry,  
Will some one come help me?  
Candle burning in the dark,  
Some ones watching from the dark.

Katie Huntress

# Can'T Change Who I Am

i walk in clothes you don't like,  
i hangout with friends you don't like,  
why can't you just excpet the way i am,  
i can't not change, its who i am,

this is who i am,  
the person i am growing up to be,  
don't you understand,  
i am who i want to be,  
can't you just let it go,  
because this is who i am,  
you can't change a thing.

you let her walk in skimpy clothes,  
when all i want to wear is black,  
she goes and dates older men,  
when i only date guys my age and you still won't let it go.

you don't have to worry,  
don't you want me to be happy?  
if you do then let it be.

this is who i am,  
the person i am growing up to be,  
don't you understand,  
i am who i want to be,  
can't you just let it go,  
because this is who i am,  
you can't change a thing.

Katie Huntress

# Can'T You See It?

We are losing are confidence,  
Are confidence to keep alive,  
Are parents don't even know,  
They don't see it in our eyes,  
We are hurting inside,  
Tearing ourselves apart,  
Can't you see it?  
We all need help,  
We are dying inside,  
Can't you see it?

Katie Huntress

# Close Your Eyes

close ur eyes,  
when somethings goin bad,  
just close ur eyes,  
it will help out in the end,  
close ur eyes,  
and dream a sweet dream,  
close ur eyes,  
all u need is a helping hand,  
just close ur hands,  
and we will be here till the end,  
close ur eyes.

you might be walking through rain right know,  
but we will be walking right with u,  
youll never be alone in this messed up world,  
becasue u have friends who love you,  
and will be their for u.

close ur eyes,  
pretend your in a happy place,  
just close ur eyes,  
we will come with u,  
close ur eyes,  
dream your in a time machine,  
close ur eyes,  
got to the time where u want to be,  
close ur eyes,  
have a happy day,  
close ur eyes.

when u close ur eyes,  
do u wish u were sleeping?  
so u could have those good dreams..  
what happens when u have those hurtful dreams?  
do u stay sleeping to see what happens or..  
do u try to wake up so u don't have to see it?

I am jst goin to sya this once more..

close ur eyes,  
just because u can,  
close ur eyes,  
to keep the good things in,  
close ur eyes,  
so u can remeber everything,  
close ur eyes,  
just fight through the pain,  
close ur eyes,  
stand ur ground, keep ur head up high,  
just close ur eyes...

just close ur eyes...

just close ur eyes...

i will not leave u...

just close ur eyes.

Katie Huntress

# Cry Your Eyes

cry your eyes on that shoulder of mine,  
cry your eyes till you can't cry no more,  
you don't have to speak if you don't want to,  
i am here for you when you need me.

if you need a hug,  
i am here,  
if you need some one to talk to,  
i am here,  
if you just need to scream you heart out,  
i am here.

cry your eyes on that shoulder of mine,  
cry your eyes till you can't cry no more.

Katie Huntress

## Deep, Down

deep, down in my bleeding cuts,  
there black and blue with lines around them,  
all i see is blood pouring fro my skin,  
i stare at them not knowing what i have done,  
i am confused and asks who did this to me,  
but then i think,  
and i listen to my soul,  
and come to find out i have done this to myself.

Katie Huntress

# Different

We are totally different  
Two different people

You're a cheerleader, I am a writer  
Your popular, I am the one in the back  
Your open, I am quiet  
You're the prom queen, I am invisible

People all around you  
Not caring what other people think  
Being outspoken,  
telling what you think about others

Two different perspectives  
But we have become friends  
Somewhat like sisters  
Hard to believe, but its true

Teaching me things I never knew  
While I am showing you thins you never knew

You're a cheerleader, I am a writer  
Your popular, I am the one in the back  
Your open, I am quiet  
You're the prom queen, I am invisible

Blonde hair, blue eyes  
Beautiful is what you are  
Brown hair, hazel eyes  
Not knowing what I am

Yes we are different  
But we are together  
By heart and soul  
It doesn't matter if she is popular  
It doesn't matter if I am quiet  
We inseparable with out a doubt

You're a cheerleader, I am a writer

Your popular, I am the one in the back  
Your open, I am quiet  
You're the prom queen, I am invisible

Katie Huntress

# Do You Know What They Mean

alive, dead do you know what they mean?  
love, hate is there really such a thing,  
those things are just words,  
with jumbled up phrases,  
do you know what they really mean?

in school they teach us we have to know this and that,  
what would happen if we changed the meaning of one word,  
would love still be love and would death still be death?  
would you realize how to stay alive?  
would hate still be a strong word as it is?

those things are just words,  
words people made up over the years,  
do people actually know what they mean?

alive, dead do you know what they mean?  
love, hate is there really such a thing,  
those things are just words,  
with jumbled up phrases,  
do you know what they really mean?

Katie Huntress

# Don'T Keep It In

Are u breathing,  
I can't tell,  
All I see is you laying their,  
Lifeless, helpless, not moving,  
Can I help you,  
Just tell me.

Don't keep it in,  
Let it out,  
Scream if you need to,  
Just don't keep it in,  
It can hurt you in the end.

You act different now,  
Your not the same,  
I never see you smile or laugh,  
Your not like you were last year.

Don't keep it in,  
Let it out,  
Scream if you need to,  
Just don't keep it in,  
It can hurt you in the end.

Katie Huntress

# Don'T Worry

i see you laying their quietly,  
i do not want to wake thee,  
but their is something troubling you,  
you are stirring in your sleep,  
i can not wake you,  
come back to me please,  
before you are lost,  
i nudge you again,  
you finally come back,  
you ask what happend to me,  
i say don't worry hun,  
it was only a dream.

Katie Huntress

## Don'T You See It?

Its right under you noses,  
Don't you see it?  
You are meant to be,  
I see it in your eyes,  
Your both so happy,  
When your both TOGETHER,  
I know both of you,  
You are meant to be,  
You both don't see it,  
You are in LOVE,  
You are mean to be.

Katie Huntress

# Everything Will Be Alright

your life might be going bad right now,  
your probabaly asking  
why is this happening to me?  
their might not always be an answer,  
but uv got to keep going, keppe ur head up high,  
and keep walking.  
because u are a great girl,  
don't let the bad things take u down,  
because you are more than that,  
and i promise in the end,  
everything will be alright

Katie Huntress

# Father Of Mine

Father I just wanted to write  
I don't hate you  
I just want to know how you are  
Why did it fall apart?  
Are you happy out there  
Do think about your son  
Do you miss your daughters?

Its been so hard without you  
Why weren't you there when we cried  
Why couldn't we have a father to hold us  
You broke your children's heart  
Its not good but we are fine  
I remember when you were a hero to me  
When I looked up to you  
But that has changed  
Its been a long time

There was days when I was cold  
Days when I felt so alone  
But there was people all around me  
There is this piece of my heart  
that is just torn apart  
the scars are here  
on the inside and out  
they can never be forgotten  
but I have accepted hat this all has happened

Its been so hard without you  
Why weren't you there when we cried  
Why couldn't we have a father to hold us  
You broke your children's heart  
Its not good but we are fine  
I remember when you were a hero to me  
When I looked up to you  
But that has changed  
Its been a long time without you

Sometimes I wish you were here

Sometimes I forget what you have done  
I just want you to know I miss you  
And I wish I had a father that would be here

Its been so hard without you  
Why weren't you there when we cried  
Why couldn't we have a father to hold us  
You broke your children's heart  
Its not good but we are fine  
I remember when you were a hero to me  
When I looked up to you  
But that has changed  
Its been a long time without you

I miss you, dad

Katie Huntress

# Finally

finally at a place  
where i belong  
a place where i can be me  
finally able to let the tears drop  
finally able to cop  
finally the life i need

Katie Huntress

# Fit

People are never fit,  
They go through life thinking there perfect,  
But there not,  
People who are fit,  
Are the people that we don't know,  
People that know them,  
Are crazy because no one is perfect.

Katie Huntress

# Gone

i look outside at the deep, blue sky  
the clouds are pure white and the moving so slowly,  
the teacher is talking about some english thing,  
but i can't get myself to pay attention,  
i am thinking too much,  
i wish this was a dream,  
so i could wake up and find myself as someone else,  
but i know i can't because this isn't a dream,  
it is reality, i feel the pain,  
i look back outside and the clouds are gone.

Katie Huntress

# Her Suicide

She sits in class  
wondering what am i going to do  
she talks to her friends  
they say she needs to stop  
when she goes home  
she doesn't listen to her friends  
picking up the razor  
she presses hard  
and starts to slice her wrist  
making it deeper ther her other cuts  
she picks up the phone and  
calls her best friend  
tears running down her face,  
she begins to say...  
'I am sorry...for what i have done...  
today is the day....i have to go...i love you'  
her friend hears the phone go dead  
she started to cry and knew what she said was true,  
that her friend died that day because  
she cut to deep....  
that was the day of her suicide

Katie Huntress

# I Am Broken

I am broken  
torn apart  
where is my daddy  
where is my mommy  
i want to see you both  
daddy please save me  
mommy please hold me  
letters are sent  
waiting for the response  
not knowing what will happen  
i gave her too many chances  
pleading to God for hope  
wanting parents to love me  
in a way so i can love them  
daddy please tell me the truth  
mommy please stop using the drugs  
taking it out on myself  
scars on the inside  
that can't get repaired  
scars on the outside  
that can fade away  
but the the pain will always stay  
three words i want to say  
three words that mean alot  
those three words which are hard to say  
what should i do?  
you hurt me, not knowing whats going to happen next  
I LOVE YOU, I LOVE YOU  
i care for you even though you hurt me  
i pray everynight i could have you both  
the prayer has been said  
it hasn't been answered  
please help me God  
i feel so helpless  
where are the parents that had me  
the parents that cared for me when i was born  
so many questions  
very little answers  
watering eyes, broken heart

words are useless  
writings hard, breathings deep  
thinking hurts  
praying words flow  
flow through the broken soul of mine  
they need to know  
there children care and love them  
but if they keep going down the wrong way  
then they won't get the love they want

Don't save me please  
Don't look at me  
I am alone in this battle  
As I might struggle  
Locked inside  
Always hide

Katie Huntress

# I Am Sorry

To my friends,  
I am sorry,  
To my friends,  
For what I have done,  
To my friends,  
You have tried to help me,  
To my friends,  
I thank you for what you have done,  
To my friends,  
I think about you all everyday,  
To my friends,  
You're the ones that keep,  
To my friends,  
I thank you but I am sorry,  
To my friends,  
For what I have done.

Katie Huntress

# I Know

i know what you've been through,  
i know how you feel,  
know matter what your going through,  
i will be there,  
the teachers, they don't see it,  
because they never been through it,  
but i can, because i have,  
i hope you can trust me,  
because i am there for you,  
if you need to talk,  
i am here,  
remember i have been through this before,  
i know how you feel.

Katie Huntress

# If There Is A God

if there is a god,  
then i ask why,  
why does he let the dark things happen to uus,  
can't he help us,  
help us from the bad things in the world,  
like guns, drugs, death, life,  
if there is a god,  
then why can't he help us?

Katie Huntress

# In My Eyes

In my eyes i see darkness and pain

in my eyes i see blood floating away

in my eyes i wish to see a brighter light

in my eyes u can see pain from the heart

in my eyes u see the hurt that won't go away

in my eyes u see i tried but failed u see everything

in my eyes.

Katie Huntress

# Just To Let You Know

Did you know that I loved you?  
Did you know that I cared?  
I thought about you everyday,  
I never felt this way before,  
It feels different,  
I don't know what's happening,  
But I do think I has to do with you.

I don't know how to explain it,  
I can't put it in words,  
You have been their for me,  
When no one else was their,  
You are really special to me,  
I can trust you so much,  
You don't even know.

I love you so much,  
And I am glad you finally know,  
It was so hard for me to tell you,  
I am so glad I finally did,  
Because I know how you feel,  
And it makes me so happy.

I never been this happy before,  
Especially over a guy,  
But I have a feeling about you,  
Your not like the others,  
They just tossed me around like I was no one.

You make me feel special,  
I have never met a guy like you,  
When I am sad,  
You make me happy,  
When I am mad,  
You know how to calm me down,  
Instead of making it worse,  
You make it better.

You are a great person,

And you have some very good qualities,  
I just wish you were closer,  
So we could spend time together.

When you are sad or upset,  
I try to make you happy,  
By saying something dumb or stupid,  
And most of the time it works.

When you are happy,  
It makes me happy,  
I will always love you,  
I will always be there for you,  
No matter what happens.

I hope we will always be friends,  
Through thick and thin,  
Through everything that happens,  
I hope we will always be close.

I just wanted to let you know.....

I love you.

Katie Huntress

# Kayla

I remember like it was yesterday,  
When we played and fought,  
It was all fun and games,  
Until you were taken away,  
I was so upset, I cried every night,  
Wishing you would come back.

I wished it would be like it always was,  
Playing, laughing, arguing,  
Even if we fought a lot  
I still loved you,  
Because you are my lil sis,  
I wanted to make sure you were alright,  
Wanted to make sure you were safe,  
I wanted to watch over you,  
Like I was supposed to,  
But when you left,  
I was like.. I can't watch over you  
Because you are their and I am here.

I pray every night you will be safe,  
I can't wait till the day we meet up again,  
Hopefully it will be soon,  
Because I miss you,  
I will always love you no matter what,  
Don't forget that, because it is true,  
I will always love you.

dedicated to my younger sis kayla

Katie Huntress

# Life

life is a living hell,  
life is not worth living,  
it feels like you in a cell,  
with no place to go except for hell,

please take away the pain,  
take away my life,  
take away my soul,  
take it all away,  
let me die,  
die in the darkness of my soul,  
it would be better that way,  
so i don't have to hurt this way.

Katie Huntress

# Life Goes Away

You have all known me from what I have written  
But know I am different  
I have learned to live life a different way  
To see life in a different perspective

When I was in that hospital  
I saw so many people come and go  
For so many different reasons

When I first went in  
I was scared and didn't know  
What was going to happen  
But now I know that life is worth living

There is more to life that meets the eye  
You have to look at life more carefully  
Its like judging people  
You shouldn't judge a person by their looks  
You need to get to know them

Life is just like that  
You can't judge life  
Because if you do  
Then life is going to be very rocky  
Just like mine is right now  
But I am trying to get through it

When I first started writing  
I wrote deep and dark  
I wrote about death and hurting myself  
I still do here and there but I am trying to move on  
And write about things that I am looking forward to

So I am moving on into a better life  
A life I have never had before  
A life where I can control what I do  
And actually be happy

But its going to take time

So I am going to take it day by day  
And see where life is going to take me

Katie Huntress

# Looking At Life

i step back  
i look at my life  
i am so surprised i have made it this far  
in the last 5 months  
there has been so many people in my life  
i will nevr forget  
i am at an age  
where i am trying to understand  
the meaning of life  
i haven't found the answer yet  
but i have so much life ahead of me  
not knowing where life is going to take me  
trying to find the answer to everything  
where am i suppose to go  
i do not know  
but what i do know is that not to give up  
because then those questions  
will not be answered

Katie Huntress

# Meets The Eye

You have all known me from what I have written  
But know I am different  
I have learned to live life a different way  
To see life in a different perspective

When I was in that hospital  
I saw so many people come and go  
For so many different reasons

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I was scared and didn't know  
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But now I know that life is worth living

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You need to get to know them

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Because if you do  
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And actually be happy

But its going to take time

So I am going to take it day by day  
And see where life is going to take me

Katie Huntress

# Mirror

i see in the mirror this face of a girl,  
i see something troubling her,  
but she does not speak,  
she is withdrawn,  
her eyes are puffy,  
her face is pale,  
she doesn't know what to do,  
all she can do is cry,  
she needs help, she tries to scream,  
but she doesn't have enough power to do so,  
her eyes are deep and dark,  
she is hiding something,  
i can tell,  
i wish i could help,  
i see in the mirror of a girl, which is me.

Katie Huntress

# My Own Being

as i sail across the ocean  
as i fly through the sky  
i see that i am me  
and thats not going to change

as the years come and go  
i am growing up to be  
a person of my own being

i am at the age of 16  
knowing in 2 years  
adulthood is to come

i am not in a rush  
i want to take one year at a time  
pleading for the reason  
of the meaning of life

i am young but i am old  
i am creative but i am mindless  
i am hateful but i am loving

all these things have  
a meaning a purpose  
to my life

whats is going to happen to me  
in the next 5 years  
i do not know  
i wish i did, but its like a surprise  
we have to take one day at a time

Katie Huntress

# No One Hears Me

I scream in the darkness of my soul,  
No one hears me,  
I scream for someone to help,  
No one hears me,  
I cry and tear my self apart but still  
No one hears me,  
No one cares,  
No one wants to help,  
So I shut my self in,  
So no one hears me,  
I close myself from everyone so  
No one hears me,  
No one cares,  
No one wants to help.

Katie Huntress

# No One Is The Same

Everybody is a misfit;  
In there own sort of way;  
People are different;  
There never the same;  
They have different minds;  
Different personalitys;  
No one is the same

Katie Huntress

# Not Yet Goodbye

someones going to save me  
i am right here waiting  
memories of life are flowing through my head  
i am trying to figure out where they belong

even though i feel alone  
i know there are people around that care  
i am weak but  
i am trying to become strong

i am sorry  
for all the pain i have caused  
for all the things i have done  
i will try my best to make it better

there is only so much i can take  
i will try my best to handle the situation  
i might make another mistake  
but everyone does, right?

i used to hate my life  
i hated not having control over it  
i didn't like who i was  
i cut my body to kill the pain

i have learned thats not the way to go  
i want to live my life  
i have a purpose in life  
and i don't think i have met it yet  
thats why i have to live and  
not say goodbye till its really  
time to say good bye

Katie Huntress

# Please, God, Please

Negativity drains my mind  
Can't it just go away!  
My mind is like a broken record  
Saying the same damn thing over and over again  
Just wanting it to stop  
Wanting it to get better  
Stop putting myself down  
My brain is only so big  
I can only handle so much  
Please, God, Please  
Take me away from this pain  
It hurts me so  
Please, God, Please  
Take me away from all this trouble  
Not knowing what step to take  
Just gliding along my path  
Taking it day by day  
Sun in my eyes, blinding me  
Taking me off track  
Going the wrong way  
In a dark forest I go  
Not knowing which way to go  
Then there is a light I see  
Taking me back to the winding road which I was born on  
Taking me back were I am suppose to be  
I know life is difficult  
I know life sucks  
But when you get off track  
You have to find the light  
That brings you back to life

Katie Huntress

# Ripples

my life has been hard  
with all the things that have happened

rape, abuse, cutting, bulimia  
but that is the past

i wonder what has started my life  
i wonder what is going to happen with my life

i am breathing like other people  
i am thinking like other people

life is like water  
there are ripples in are life  
and ripples in the air

things happen and go  
everythiing changes in one life

whether it is one minute  
or one hour

something will change  
like ripples in water

Katie Huntress

# Rose

I wish I could see you,  
I wish I could know you,  
In my heart there is a place for you,  
I don't know you, but I love you,  
With all my heart I do,  
You are my sister,  
If you were here, I would be here for you,  
I just wanted to let you know,  
I will always love you.

dedicated to my 4 year old sis rose

Katie Huntress

# Silent

Silent tears  
Silent scream  
Blade goes down  
To my pale, white skin

Red flows  
The wound starts to show  
My inner pain finally comes  
From the pain in my skin

Finally satisfied  
As I feel the blade  
Making the mark  
Knowing I deserve the pain

Finally coming out of the trance  
I realize what I have done  
Looking down to my skin  
To the blood that comes from the wounds

As people see  
They tell me its wrong  
No one understands  
But as I might say  
Neither do I

Katie Huntress

# So Much

i look down from the cliff,  
getting ready to jump,  
but then i see you their  
with your arms wide open  
getting ready to catch me if i jump,  
you are their when i need you,  
i love you so much,  
you look out for me,  
you worry about me,  
i thank you so much,  
you bring up the most random things  
tom make me laugh,  
you are someone i can talk to,  
i tust you so much,  
i am glad you are here,  
i don't know what i would do if you weren't,  
you are the only one that really knows me,  
you know my dilemmas,  
i thank you so much,  
i walk away from the cliff,  
i go down were you are,  
and i say thank you.

DEDICATED TO REBA

Katie Huntress

## Some Statistic

i don't want to be some statistic  
some teen who wants to die  
who chooses to kill herself  
when she can't deal with the world around her  
life is too hard for her  
it has fallen short  
and her dreams faded away

i don't want to be some statistic  
a pregnant girl  
with this 'great' guy  
trying sex for the first time  
only fifteen  
it felt right at the time  
she thought they be together forever  
instead of just one night

i don't want to be some statistic  
some guy on crack  
having a party  
can't change it now  
first pot and alcohol  
now meth, crack, and cocaine  
he's been doing it for so long  
no he's gone insane

i don't want to be some statistic  
a girl walking in the rain  
was taking to the ground  
then raped and left in pain  
can't tell her parents  
her friends won't understand  
she doesn't know what to do  
to make this nightmare end

i don't want to be some statistic  
a kid not in school  
dropped out to early  
he is a fool

he thought it was boring  
thought it was dumb  
doesn't have an education  
lives like a bum on the street

i don't want to be some statistic  
some stereotypical teen  
i want to make a difference  
go on with my dreams  
not going to be knocked up  
not going to end up dead  
no drugs in my life  
going to finish school  
because i will use my head

i don't want to be some statistic  
to fit in some popular group  
society is so high on kids these days  
its getting kind of old  
we are not all so bad  
majority of us are good  
when will the world notice us  
and give us credit for what we have done?

Katie Huntress

# Someone Like You

I know it doesn't make it go away  
I know its not okay  
But the thoughts of it come through my mind  
day after day

you have been through the same things  
and i want to thank you for your support  
because your the one i can only talk to  
the others just don't understand

there is many things i can use  
to take away this pain i have  
but it still don't make it right  
and i know i need to stop

this helplessness is all over me  
the feeling won't let go  
its building up inside  
and just wanting to break free

i want to feel the pain  
to see the blood  
thats all that i want  
but why does it cause so many problems  
when its just one little scratch

I have forgotten what life really is  
I have been hurting a lot of people  
but i don't do it purposely

I have been doing this for awhile  
and i know its not alright  
because i might make a mistake one day  
and not be able to fix what i have done

This time i was lucky  
with all that blood i lost  
i will try to get better  
because i don't want to hurt my friends

especially someone like you

Katie Huntress

# Staring

i see you staring,  
will you stop,  
i just can't stand it,  
there all around me,  
staring, watching,  
please stop,  
stop staring.

Katie Huntress

# Story Of My Life

I sit in my corner  
with no light to see  
blood pouring to the floor  
tears running down my face  
not knowing what to do

i will show you how i feel  
with every cut on my wrist  
i will write you a poem  
telling you how much pain i am in

my thoughts are being rampaged  
with thoughts of suicide  
with memories of my childhood  
screams and tears coming from no where

you don't understand  
all this pain and blood  
all these things  
that come into my life

you will never see  
because my fear of you  
you don't see the real me  
because i am afraid of what you'll say  
call me names, put me down  
what am i suppose to say

now tell me  
are you scared  
to see the real me  
cuts and marks on my arms  
probably, right  
but whatever  
i am not going to show

every word that you say  
stings like knives in my eyes  
and when the tears run down my face

my mind goes away

to end this story of my life  
i sit back in the corner  
and let the rain  
take away the tears and blood  
trying not to close my eyes  
for i know they won't open  
my life is being sucked  
from every blood that drops  
not fighting, my eyes close and  
i let my life go away

Katie Huntress

# Thank You

Thank you,  
For your words of inspiration,  
Thank you,  
For helping out,  
Thank you,  
For your strength and courage,  
Thank you,  
For your support,  
Thank you,  
For being there when I need someone to talk to,  
Thank you,  
I just wanted to tell you and say  
Thank you.

DEDICATED TO: M & NICHOLE

Katie Huntress

# They Are Real

you see those cuts,  
yes they are real,  
it might not be something you see everyday,  
but they are real,  
i am showing how i feel,  
the deep ones show that i am really hurting and tearing myself apart,  
the small ones show that i am upset but not that bad,  
people see me as a good child,  
but inside i am tearing myself apart,  
i can't stand how i am happy on moment,  
then the next i am sad, angry, upset,  
i just wish people would see who i really am,  
because if they did.....  
maybe i would get some help.

Katie Huntress

# Those Thoughts

Those thoughts,  
Those suicidal thoughts,  
They won't go away,  
Especially when your going through hard times,  
They hurt you on the inside and out,  
Have you ever had them?  
If not, your lucky,  
It makes you feel helpless,  
Not knowing what to do,  
Except thinking about suicide,  
Its hard not to do,  
Its hard to stop,  
Those thoughts,  
Those suicidal thoughts.

Katie Huntress

# To My Friends

You're there for me when I need someone to talk to,  
You're someone I can trust with all my heart,  
You can tell when I am having a bad day,  
If it wasn't for you I don't know where I would be.

I probably wouldn't be here,  
You have saved me from things that are bad,  
I thank you so much,  
You don't even know.

You're a friend that I care for,  
A friend I don't want to ever lose,  
I will always be there for you,  
Through thick and thin,  
Through night and day,  
You can always count on me.

I just want to thank you,  
Thank you for being there for me,  
Thank you for yelling at me when I was going to do something stupid,  
Thank you.

Katie Huntress

# To Susan

I know it doesn't make it go away  
I know its not okay  
But the thoughts of it come through my mind  
day after day

you have been through the same things  
and i want to thank you for your support  
because your the one i can only talk to  
the others just don't understand

there is many things i can use  
to take away this pain i have  
but it still don't make it right  
and i know i need to stop

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and not be able to fix what i have done

This time i was lucky  
with all that blood i lost  
i will try to get better  
because i don't want to hurt my friends

especially someone like you

Katie Huntress

# Tommy

If you were here,  
I would teach you how to climb a tree,  
Play soccer and basketball,  
I would teach you how to fish,  
I would make sure you are safe,  
I will always love you with all my heart,  
It will never go away,  
Because I will always love you.

dedicated to my lil bro tommy

Katie Huntress

# True Colors

what are your true colors?  
are you a red leaf,  
a happy person,  
or are you a brown leaf,  
a sad, depressed person,  
do you know what your true colors are,  
i do i am a dead, brown leaf,  
i am a person that needs color in there life,  
bu do you know what your true colors are?

Katie Huntress

# What Am I Doing Here?

what am i doing here?  
why do people care?  
its not like i am worth anything,  
i can't do anything except write,  
and most of them are depressing,  
they just make people sad,  
what am i doing here,  
it seems people just want me here to make me unhappy,  
there is nothing i need here,  
nothing i want, nothing i can get,  
so why don't they just let me die,  
it will stop the worrying,  
people can just get back to their lives,  
so just let me go.

Katie Huntress

# Who Will?

Picking up the pieces  
That I have left behind  
Wanting to be whole  
Would be the easiest way

Who will teach me to drive  
Or help me pick out my graduation dress  
Who will be there to talk to  
When failed a test

Who will go to my graduation  
Or even walk me down the aisle  
Who will try to do their best  
To just see me smile

You chose drugs  
You chose not to write  
I have tried my best to have your love  
But you still don't care

I don't want to hate you  
But I am still not telling you its okay  
Someday you will see  
What you let go

Katie Huntress

# Withdrawn

i withdraw from the world around me,  
i can't hear anyone,  
i sit in the corner and think,  
i see all of you around me,  
i see you talking,  
but i can't hear you,  
because i withdraw from this world,  
there is nothing in this world that can help me,  
because i can't help myself.

Katie Huntress

## Worked It Out

I have worked out my problems;  
But I did it the hard way;  
I was not thinking the day that i did it;  
I wish I was;  
Now I will go on with my life,  
knowing I did something stupid;  
Lets face it that was the past,  
this is the present;  
So I will let that go know, and  
go on with my life knowing i did something stupid.

Katie Huntress