

Poetry Series

**Lisa Visor**  
**- poems -**

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## Lisa Visor(05/08/1970)

Born and raised in Aurora, Illinois. Even as a child I've always had a love for words. Through words I have found a voice of expression which aids me in dealing with the world around me. In each poem that I birth there is a piece of my journey in discovering who I am. As a lesbian of color, like many others, my life is not immune to society's cruel and brutal reality. I've used words to heal myself, to allow myself strength and compassion. My hope is someone will use my words as a guide to give them the same.

"Here I bear my naked soul; I promise nothing and expect nothing but the same."

## "after I Said It"

After I said it  
And couldn't steal it back  
The words took on a life of its' own  
Addressing abstractions of all my wrongs  
The absence of my faith  
Linger lone  
In large spaces  
Working against patience  
Against time  
The words rush out  
With a careless tumble  
All of me exposed

Lisa Visor

# "awakening"

I could feel the strange silence settling in my skin  
while deep chills ran down my spine  
I tried my best not to look you in the eyes  
I looked at you sitting alone, lonely in the moment  
I saw the sadness in your eyes  
as you struggled to manage your quiet sobs  
I saw the tears you cried for me and  
I forgot our harsh words, our heat, our tears  
and remembered our love

Lisa Visor

## "before The World Intrudes"

As I watch the world  
disappear around us  
Your beauty dancing  
in the reflection of my eyes  
smiles rest inside me  
you have stirred my soul  
energized my mind  
and healed my heart  
I've found you  
patiently anticipating  
before the world Intrudes  
with its empty promises of love

Lisa Visor

## "bends And Curves"

My days bend and curve  
exposed by time  
shouldering burdens  
rethinking regret  
unanticipated moments  
sanity kept  
acts on faith  
an unquiet mind  
uncertain of time

Lisa Visor

## "cleanse This Soul"

I lay my head down and pray  
It's me again  
Here in search of salvation  
For answers to my life equations  
Take all that I am  
And all I can be  
And create a better me  
I'm lost and need to be found  
Give me mercy  
Fill me up  
Help me to see  
Please unbreak me  
Take everything I am  
And make me whole  
Please cleanse this soul

Lisa Visor

## "come Sunday"

Come Sunday morning  
going to find my faith  
find my way to worship  
a special space for grace  
going to find a soul sanctuary  
In the deepest reaches of my mind  
and have an inner dialogue  
with myself in Gods time

Lisa Visor



## "come To Me"

Come to me  
Love me honestly  
Know me intimately  
Embrace all of me  
come to me  
love me softly  
gently  
generously  
love my faults  
as well as my truths  
love my worse days  
along with the better ones  
wrap your soul around me  
moment by moment  
come to me  
come rest by my side  
share this lifetime in my love

Lisa Visor

## "conversation With An Addict"

I said "I'm going to ask you a question and I'd like you to be honest with me."  
He said "sure I will"  
But he lied  
And later I cried  
I asked if he needed help and he said no  
Drugs hadn't messed up his flow  
"It was a onetime thing" he said  
But I knew he was that much closer to being dead

Lisa Visor

## "deals With The Devil"

And I looked death straight in the eyes  
And dared him to come near  
Wondering what I'd got myself into  
I shivered and chased fear  
As if he could read my mind  
His reply this time  
"I've come for your soul! "  
Heard you wanted to make a deal  
I stood my ground  
Told him I don't make deals with the devil  
He laughed and "said maybe not now but you will! "  
"When the pain gets so deep,  
and misery drags up a chair."  
I looked death straight in the eyes  
and dared him to come near  
I shivered once more then chased away fear

Lisa Visor

## "death Sat With Her"

Death sat with her  
As she forced stolen breaths  
Her life playing over in her mind  
Death sat with her  
As she bargained towards life  
He impatiently tapped his fingers upon her soul  
Reminding her time was passing quickly

Lisa Visor

# "devils Playground"

The devils playground  
Hells damnation  
Adaptation  
Pushed to the edge  
Time and space  
Sitting in judgment  
Teaching me that my love is wrong  
Showing me how to hate strong  
Moments of grace  
Struggles of my faith  
The rhythm of love and loss  
Rage and despair  
The usual convictions  
All within six degrees of separation

Lisa Visor

## "enticed"

Placing your lips on my madness  
You take me whole  
Reaching into my sadness  
And stealing my soul

Lisa Visor

# **"feminine Mystique"**

My fashion not her style  
Feminine mystique  
The space between us

Lisa Visor

# "for My Wounded Soul"

Love strong  
even with  
this anger I own  
On the brink of reason  
I try to belong

Expectations  
Piercing my soul  
What's the equation?  
of this life's toll  
dissolutions  
For my wounded soul

Lisa Visor



# "getting To The Truth Of The Matter"

"Getting to the truth of the matter"

She whispered and breathed into my spirit  
I looked into her eyes while time stood still  
"You learn to live around it, " she said  
peering into my soul  
"Sometimes you've got to walk alone."  
And enlightenment came in the form of truth  
Live your life on the edge of what other people think of you  
"There's no freedom in this lifestyle, " she said  
I was becoming more and more devastated  
By then I'm trembling inside  
Trying to find freedom in this world full of hate  
You have to fight for your dignity  
"There's this thing about being gay, " she said  
Getting to the truth of the matter  
You can't wrap your mind around other people's ignorance  
You have to discover your strength from within  
And know god is somewhere tangled in the middle of the madness

Lisa Visor

## "god's Grace"

Alone in this quiet  
I put my soul into making a life  
And even when it's inconvenient  
I am myself  
surviving in a world that punishes  
for merely existing  
I step outside this lunacy  
and wait for a sleep that never comes  
breathing in the silence  
tired and broken  
I exhale frustration  
And live in the moment  
of God's grace

Lisa Visor

## "goddess"

I lose myself in mystery  
the song of my soul  
when spirits are broken  
and the awful truth  
births a season of miracles  
I am a Goddess  
made in my own image  
embrace me as I am  
and not as you want me to be

Lisa Visor

## "healing Has Become A Process"

"Healing has become a process"  
I couldn't hold her stare  
because my guilt got in the way  
She was who I wanted to spend my life with  
But somehow I had ruined that  
I had given way to vulnerability  
had become a thief  
of all that had been innocent  
Bad decisions had raped my reason  
And I was a lifetime away  
from being in her arms again  
I'd sought out passion  
but found despair  
Losing everything  
and finding it all again  
Now I play deaf to the sound of my recent lover's calls  
Trying to wish her away in my slumber  
And I wonder so desperately  
If we can move away from this agony  
her with me by her side again  
The awkwardness that has become of us  
Trying to pull away from her grief  
and healing has become a process

Lisa Visor

## "however Momentary"

The world disappears in the sound of your voice  
Time in your story  
And in your journey  
Deceptive and on the edge  
I came to love you  
beautiful  
promising  
I imagine you  
against patience  
touching my moments  
beyond words  
and reason  
or truth  
however momentary

Lisa Visor

# "i Am The Mystery In The Room"

I am the mystery in the room...  
The twist of faith  
A southern comfort  
I am the soul of a lesbian...  
A woman of God  
Strong in faith  
One who prays  
I am a literary voice...  
Coming to terms with God and sexuality  
With rigid definitions  
And incredibly lacking reasoning  
I am a house divided against itself...  
Trouble breathing  
Full of rage  
I am the air I breathe...  
Thankful for the gift my angles gave me  
Knowing I need faith and God to save me  
I am strong in who I am...  
A black woman  
A lesbian  
A daughter  
A sister  
A mother  
Living  
Loving  
Softly  
Fiercely  
passionately  
Giving something for the soul

Lisa Visor

## "i Breathe You"

I breathe you  
Want you  
Have to have you  
Set you free  
And find you again  
I desire you  
Day into night  
Dream of you a thousand times  
Want you to be the rhythm of my heart  
The stroke of my tongue  
Oh the possibilities  
Thought provoking  
Naked truth  
Of you  
And me  
Touching heavens  
Breathing each other in sweet surrender

Lisa Visor

## "i Feel Your Brilliance"

I feel your brilliance  
as you lean into me  
seductively playing  
upon my bare skin  
an endless dance beyond space  
beyond time  
I feel your bareness  
with mine  
sweat dances between us  
as we melt into each other  
and I feel your brilliance

Lisa Visor



## "i See God In Her"

I see god in her  
In her strength  
her courage  
In her wisdom  
And her faith  
I found God in her  
and I loved her fiercely  
Against the winds of humanity  
It was in her arms  
That I found my faith  
In her arms courage reached for me  
embraced my sanity  
and I see God in her  
A voice of reason  
And I escape my convictions

Lisa Visor

# "In This Moment To Myself"

In this moment to myself  
I grab hold of my sanity

and keep it close to my soul  
an unquiet mind  
a sinner with no faith  
trying to be whole

reaching for the better part of me  
for the quiet

that revolves around my universe

Don't pretend to know me

To know the song that's in my heart  
To know the beauty in my spirit  
Or the content of my character

In this moment to myself  
I Grab hold of my sanity

and keep it close to my soul  
Wanting to be whole  
I am stolen moments  
Conversations with myself  
A quiet that revolves around my universe

The truth of the matter  
I am a portrait of the blues  
conscious conversation  
acts of faith  
time out of order  
and time standing still  
I am Gods theory  
laying down my burdens  
with freedom in my heart

Lisa Visor

# "It's Hard For Me To Breathe"

It's hard for me to breathe  
In this moment tears run down my face  
And reality bites at my existence  
I am here  
In this space of hate  
And it's hard for me to breathe  
I've no options  
But I'm yet holding on  
Keeping the faith  
And remaining strong  
In this moment I wrap my arms around my soul  
And wait to be complete, to be whole

Lisa Visor

## "it's Too Late"

and I came to understand  
death whispers in the wind  
without purpose  
life tattered and torn  
shattered and worn  
And when at last you comprehend its truth  
It's too late

Lisa Visor

# "judging My Soul"

I wait in perfect silence  
For completeness  
To be whole  
But wonder  
Consumes my being  
With no mercy  
Judging my soul

Lisa Visor

## "lesbian Politics"

Fires in mind  
Of a stranger than fiction kind  
Rhymes and tales  
Of hetro jezebel's  
Deep in their time  
Only to find□  
Lesbian heavens  
their hearts crime

Lisa Visor

## "life's Observations"

I fell witness to her suffering  
But she had no time to die  
Debts to pay  
Passion of pride  
This the fabric of her life

Worn from the worries of her time  
Repeating over and over in her mind  
Her very own nursery rhyme  
Images of herself  
Voiced in soul articulation  
Of life's observations

Lisa Visor



## "loving This Much"

I imagine myself  
In the softness of your heart  
Where there is no need for evidence of love  
Our spirits quiet together  
Souls dancing  
No need to defend ourselves from the world  
Loving this much

Lisa Visor

## "my Mama Taught Me"

My Mama taught me how to live  
She taught me to survive  
Taught me how to love  
And how to fight for who I am  
She taught me to believe  
To have faith  
And succeed  
Then she taught me how to truly miss someone  
How to miss her when she took her last breath  
My Mama taught me  
But I am ungrateful for the last lesson

Lisa Visor

## **"paint Me As I Am"**

I am a voice of denied love  
because my fashion  
ain't your style  
I'm here  
existing  
Decided I would stay awhile  
make you love me...  
see me...  
hear me...  
accept me...  
and paint me as I am  
I am beautiful

Lisa Visor

## "quiet Strength"

I sigh in that quiet strength  
Lean against a wall of fear  
And accept the death of innocence  
In you I see faith  
I find courage  
And hope becomes my God  
Here in this absolute truth  
I live  
I breathe  
I cleanse my soul

Lisa Visor

## "reach For Me"

Reach for me...  
In moments of abandon  
Hold my heart captive  
And make my body betray itself  
Embrace me...  
The woman in me  
Contemplative spaces  
There could be no sweeter place  
The journey...  
Creating vocabularies  
Expanding dialogues  
Patient and relentless  
Confident and passionate  
Wide open  
Reach for me...  
Love me past the pain

Lisa Visor

# "running"

I spend a lot of time looking for God  
Seeking faith  
Running from the devil  
Got me running on empty  
Fears in my mind  
Doing time  
Madness up in my rhymes  
Just doing time□  
I spend a lot of time running from the devil  
Praying hard  
Running toward God  
My mind pushing and pulling in everyway  
Bending beyond sanity  
Doing time  
Just doing time

Lisa Visor

## "sometimes I Go Mad"

Sometimes I go mad  
In the stillness of the night  
I reach for you  
All the days longing  
had set up residence in my mind  
moved along my body  
Found desire  
And lost its time  
Because you don't belong to me  
And In the light of the day  
I dream of you  
And there's something religious about you  
resting your convictions against my tongue  
You merging with me  
For what couldn't be  
Love  
Dreams and desires  
dance with faith and convictions  
And as the lines blur  
I go willingly  
Into madness

Lisa Visor

## "take Me As I Am"

Take me as I am  
Confident in my ability to articulate my truths  
I am Peace beyond passion  
Beauty is what happens when I am busy being myself  
All that I am  
Faithful in my beliefs  
I am me  
So many small wonders  
Calculate the rhythm of my life  
Contentment a song in my soul  
When I was young and so inspired  
A quiet storm  
Now with so many lessons learned  
I move with distinction through  
These breathing lessons  
No need for validation of who I am

Lisa Visor



## "this Far By Faith"

My mind is a contradiction to my soul  
It commits disappearing acts  
And races against time  
The maddening noise of the voices untold  
The voice of this weary soul  
Sanity coming and going  
Things fall apart  
and yet  
I've come this far by faith

Lisa Visor

## "to Dance With Fear"

2 am and no sleep in sight  
Just the beginning of a very long night  
Mind racing  
Eyes tracing  
Paranoia near  
Here we go again  
To dance with fear

Lisa Visor

## "trust"

You with your road less traveled convictions  
judging my soul  
you want me to earn your trust  
while you stand there holding my heart  
as I'm held by your truth

Here in this space  
try expanding your thoughts  
the universe allows for you to  
but you refuse  
choosing instead  
to remain in dark corners  
of life's revelations

But here I am  
naked and vulnerable  
trying to oblige your request  
and earn your trust  
simply asking for you to take me as you may  
and love me as you might

Lisa Visor

## "two Souls In Time"

You loved me and stayed  
Danced with anger and sorrow  
Yet you continued to tomorrow  
I want to grow grey with you  
To watch the sun set on our life  
When we are full and God's calling  
To one or each  
Till your hand is out of reach  
I want to endure this life  
And all of its strife  
With you by my side  
Minds intertwined  
Birthing promises  
Two souls in time

Lisa Visor

## "wrapped In Your Everything"

I slide gently beside your soul  
Wanting to take you whole  
Within your will  
Possessively still  
I want your wetness against my tongue  
For you to come undone  
I want to find stolen moments  
Wrapped in your everything

Lisa Visor

## "death's Laughter"

The journey to death a long one  
I've underestimated my ability to survive  
My own mortality irrational  
Grief had stilled my movements  
Life had bruised my spirit  
My heart nearly broken  
Death had shaken my faith  
And I hear her laughter off in the distance

Lisa Visor

# 'After The Storm'

I crush fear into a handful of dust  
and when my vision clears  
I take an intimate walk through broken dreams  
re-inventing myself,  
and the image of my life  
I throw caution to the wind  
and shrug off mere illusion  
bringing order to this chaotic state of mind  
choosing my confessions carefully  
speaking loudly in this dark fate  
in hope of hearing a voice of reassurance

Lisa Visor

# 'Am I My Fathers Keeper? '

He found redemption  
danced with the devil  
got lost in frustration  
from the pain in his heart and  
the fear that gripped his soul  
Am I my father's keeper

A puff away from reality  
Dreams up in smoke  
Trading life for a toke  
of sin  
His new found friend  
Am I my father's keeper

I'm down on my knees  
Praying for you  
Your soul is on fire  
And you don't know what to do  
Am I my father's keeper

I ask him to take a step toward me  
when the road is getting rough  
I promise my love will be enough  
Am I my father's keeper

I tell him "you are blessed in courage"  
Take this step for me  
fight your way back towards reality  
Am I my father's keeper  
Am I able to love him enough?

Lisa Visor



# 'And I Lose My Breath'

She leaned into me  
with all her faith  
giving me the power to destroy her  
but trusting me not to  
we have snatches of happiness  
she and I  
as long as the passion exists  
all the joy we can stand  
stolen moments  
only we understand  
patiently  
anticipating  
the warmth of her  
I look into her brilliant brown eyes  
listen to the voice of her soul  
and I lose my breath

Lisa Visor

# 'Born Out Of Struggle'

born out of struggle  
between wisdom and madness  
between your imagination and my clarity  
I look up to the universe  
arms outstretched  
praying for possibilities  
no rational thought  
just living in the moment  
trying to find a faith  
that exists like yours  
tell me how did you pray  
before someone told you  
who your god should be

Lisa Visor

# Breathe Life In

Life is change  
Conflicted character  
Evidence of things not seen  
There is this reckless impatience  
in my random journeys  
I desired company to be alone  
But life would not allow it  
Always going through changes  
I want a break from the madness  
Rid myself of my sadness  
breathe life in, and live it with no apologies

Lisa Visor

# 'Bridge To God'

I love you because you found me  
broken and empty  
but you loved me anyway  
you wrapped your spirit around me  
reminded me who I am  
and I believed you  
because you loved me anyway  
I loved me enough to find faith in you  
because I needed that bridge to God

Lisa Visor

# 'Can I Dance With You? '

Can I dance with you?  
With your heart  
Next to my soul

Can I hold your thoughts?  
In the palm of my hand

Can we allow our minds to dance?  
While our hearts romance  
about tomorrows...

Can I?

Lisa Visor

# 'Caressing Mine'

Until this moment  
my imagination had been enough  
Now my head rests  
against your breast  
the soft beat of your heart  
caress my ear  
as my fingers  
linger in your wetness  
passion fills me  
and I yearn to taste you  
my tongue stroking your softness  
strumming against the hardness of your clit  
you take my breath away  
and we sit on the edge of our existence  
unspoken words simmering on our tongues  
we struggle to hold on  
and who am I to say just what love is  
In the dimness of the night  
you can see  
the shadows of your body  
caressing mine  
and until this moment  
my imagination had been enough

Lisa Visor

# 'Come For Me'

Come for me  
feel my loneliness  
let's have quiet meditations  
on yesterdays and tomorrows  
let's have that unrestrained happiness  
only laughter can provide  
come for me  
feel my loneliness  
let's have stolen moments  
when I patiently anticipate  
the warmth of you  
let's have me and you together  
come for me  
feel my loneliness  
let's breathe each other in  
let me swim in your glory  
make love to your story  
come for me  
feel my loneliness  
lay your soul next to mine

Lisa Visor

# 'Contract On Life'

Mysteries of the soul  
which lie beyond reasonable doubt  
Unheard expression  
which linger beyond the conscious mind  
People in trouble scared to live  
but afraid to die  
Lifes temporary situations scream eternal  
and silently whispers despair as seconds pass by

Lisa Visor



# 'Dawn On Me'

and it began to dawn on me  
It's in my awakening  
that I surrender  
bright with wisdom  
radiant with life  
Loving the skin I'm in

Lisa Visor

## 'Deserve As Much'

I'm confused as to why you don't see my agitation  
I need a moment of solitude  
And I don't feel like the drama  
that comes with being  
My life is in shambles  
And a part of me figures I deserve as much  
I put away my desires  
Like toys I'd no longer play with  
I'd become comfortable staying in one place  
Found comfort in that space  
my journey tries my soul in every way imaginable  
And a part of me figures I deserve as much

Lisa Visor

# 'Fascinated'

I am growing fascinated with this woman  
her courage and sufferings  
her wit  
and now her beauty  
I fear her  
but I want her  
and I cannot understand why  
I partly despise her  
and partly revere her womanliness  
I see a promise of passion within her eyes  
and I desire it  
The intensity  
the fantasy of wanting her  
grows tremendously  
This lust consumes me  
and I try not to show it  
I deprive her the satisfaction  
of denying it to me  
And in this moment before sleep  
I think of her  
and I cannot take away  
what I cannot give to her  
because in her eyes  
I have nothing□

Lisa Visor

# 'Forbidden Partners'

I use to laugh to myself  
of falling in love against all expectation  
It yearns and waits for me like the mouth of suicide  
In only my own emptiness do I stay  
only to fight confusion and lose  
this illusion is more real than life has ever been  
the center of consciousness against my own indifference  
I did not understand that it could be that strong  
that fierce  
that passionate hating the power  
the control  
the abuse of domination  
which I am subject to the act of nurturance  
I, despising myself for loving with great, unquestioning intensity

Lisa Visor

# 'I Deserve As Much'

I'm confused as to why you don't see my agitation  
I need a moment of solitude  
And I don't feel like the drama  
that comes with being  
My life is in shambles  
And a part of me figures I deserve as much  
I put away my desires  
Like toys I'd no longer play with  
I'd become comfortable staying in one place  
Found comfort in that space  
my journey tries my soul in every way imaginable  
And a part of me figures I deserve as much□

Lisa Visor

# 'I Evolve'

I am sensual movements  
affirmations of faith  
I am the ache in my soul  
the anger in my spirit  
a twist of fate  
I play me softly  
passion over pride  
and against all odds  
against all instincts  
I evolve

Lisa Visor

# 'I Lose My Breath'

She leaned into me  
with all her faith  
giving me the power to destroy her  
but trusting me not to  
we have snatches of happiness  
she and I  
as long as the passion exists  
all the joy we can stand  
stolen moments  
only we understand  
patiently  
anticipating  
the warmth of her  
I look into her brilliant brown eyes  
listen to the voice of her soul  
and I lose my breath

Lisa Visor

# I Pray For Your Soul

Offering my soul  
Needing salvation  
And in the distance  
Deep inside my head  
where no one could reach but God  
I wrestle with my own sins  
Lonely by my own accord  
Frustrated  
Disillusioned  
To busy understanding me to understand you  
Your pursuit of worldly pleasures  
You destroying what is godly  
Me awakened to the unrelenting need for change  
the eradication of everything I ever thought I was supposed to be  
I absorb chronicles of my life  
And I try intensely to articulate  
But you don't get it  
So instead I pray for your soul

Lisa Visor



# 'I Simply Am'

Talking like a woman  
who knew the world by heart  
weaving together phrases  
always doing my part  
Practicing patience  
Pursuing my passions  
Bruised but not broken  
I simply am  
I am sensual movements  
affirmations of faith  
I am the ache in my soul  
the anger in my spirit  
a twist of fate  
I play me softly  
passion over pride  
and against all odds  
against all instincts  
I evolve

Lisa Visor

# 'I Thought I Saw My Mother'

I thought I saw my mother  
Thought she looked familiar  
Across the room of a lesbian bar  
I watched her move about the room freely  
I thought I saw my mother  
And I watched her be free  
Have random moments of nothingness  
And I realized  
it wasn't my mother at all I saw  
Instead a beautiful woman  
Practicing freedom

Lisa Visor

# 'I'M Ready

Listen...

I've been meaning to say this forever ago  
I'm sorry for all that I did to hurt her  
Big or small it eats at me daily  
Yes, I think of her daily  
I dream of her often as well  
I realize life is too long  
for the past to haunt me  
but it does  
and no matter how hard I try to get away from it, it's still here

I know my words are short  
but the loneliness and ache  
seem to penetrate my thoughts  
at every waking moment  
Perhaps this is my punishment  
for leaving her so unloved  
so lonely  
I loved her but I was numb inside  
and she paid for that  
even though it wasn't her burden to bear

After all these years I still miss her  
and deep within the want is still there  
I look for her in every woman I cross paths with  
Her passion  
her confidence  
the softness of her communication  
the laid back down to earth way about her  
her strong will got your back kind of love  
that loyal trustworthy kind of love  
and they never match up to her existence

I know I shouldn't but I can't help it  
can't stop it from happening  
It's not that I want to be with her  
It's just that I want that kind of love  
I'm now ready for it

My wounds have healed  
my heart is whole again  
and I'm ready

Lisa Visor

# 'I'M Ready'

Listen...

I've been meaning to say this forever ago  
I'm sorry for all that I did to hurt her  
Big or small it eats at me daily  
Yes, I think of her daily  
I dream of her often as well  
I realize life is too long  
for the past to haunt me  
but it does  
and no matter how hard I try to get away from it, it's still here

I know my words are short  
but the loneliness and ache  
seem to penetrate my thoughts  
at every waking moment  
Perhaps this is my punishment  
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Lisa Visor

# 'In Deaths Despite'

When the world despises  
truth can be a liar  
harboring enormous rage  
with envy igniting it  
illiterate to all emotions  
a victim of foolish ways

Lisa Visor

# 'Intersection'

At the intersection of faith and reason  
I held Gods laughter  
The struggles of my character  
Paid forward

Lisa Visor



# 'Lessons On Becoming Myself'

Lessons on becoming myself  
living aint easy  
godly in my madness  
shattered truths  
I have forgiven myself  
humility lies  
and I let them know  
the taste of their hatred  
In my Innocence of faith  
and my mind catches the laughter  
the truth of the matter

Lisa Visor

# 'Loving Past Her Convictions'

I've begun to balance  
the pleasure  
and pain  
of loving you  
You are the woman  
who consumes me  
and when I look into  
the windows of your soul  
I find that space my love demands □  
I find peace in your presence

You know the woman I am not  
the woman I will never be  
and you've loved me anyway  
I've found you tired  
full of convictions  
And I want to love the pain away

I want to give you  
all the joy you can stand  
without the fear  
of losing yourself  
You're the comfort  
in my pain  
and I've searched  
high and low  
just to lay my burdens down  
and I found a place in your arms

Lisa Visor

# 'Madness Of A Soul In Love'

Lips of a rebel  
enslave my soul  
with a slight touch  
they reward those in the grasp  
of its pleasure  
they had become a intimate part of my nature  
caressing me with conquering tenderness  
laughing at societal despite

Lisa Visor

# 'Nubian'

So when asked if my love for my brothers of color had been stolen  
I simply reply  
There is but a thread of love  
which bonds me to my brothers  
Perhaps through the fabric of that simple thread  
I will have found the strength to forgive  
For they are my people and if I can not show an enemy to forgive  
then I too am part of a mighty problem  
and I hold barriers within my culture  
a culture which would never survive among such revengeful hearts  
I am bitter and I search deep for acknowledgement of my pain  
only to resurface with nothing but compassion  
My mind shutters with anger  
seeking revenge from even the most innocent  
But I am not weak enough to allow hate to take over  
it is not within me

Lisa Visor

# 'Protect Myself'

Am I to protect myself  
from the angry homophobe  
looking for a place for his rage  
what am I to do  
learn to look beyond  
and understand  
that beyond every revolution  
is another story  
another oppression  
I think on the weight of our world  
tear stained yesterdays  
the peculiar measure of love  
of hate  
and I continue to fight a good fight

Lisa Visor

# 'Reaching'

Reaching to meet you at the edge of heaven  
I'd found you  
hard and angry  
and the world disappears around us  
beauty dancing upon your face  
smiles rest inside me  
and I surrender my soul  
we dance  
beyond space, beyond time  
feeling your bareness with mine  
we dance  
through simple accumulations of silence  
we gather snatches of happiness  
sharing the air we breathe  
we dance  
as I watch your brilliant brown eyes  
hard and angry  
soften  
as I reach that ache in your soul

Lisa Visor

# 'Ready'

Listen...

I've been meaning to say this forever ago  
I'm sorry for all that I did to hurt her  
Big or small it eats at me daily  
Yes, I think of her daily  
I dream of her often as well  
I realize life is too long  
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and I'm ready

Lisa Visor



# 'She Is'

and I came to understand  
She is love  
and there is some essential beauty in wanting her  
wanting to linger in her laughter  
to rest in her arms  
she is wild  
and free  
and yet divine  
she is my heart's desire  
What I ask for in my prayers  
The defender against anything I fear  
She is my peace keeper  
People don't see what I see  
Even when they're standing next to me  
She is faith  
Found me tired and broken  
Helped me find peace in my faith  
She is everything  
I've been looking for  
My promise of something

Lisa Visor

# 'Stop The World'

Listen; God you need to stop the world  
and let me off  
There is not enough room for both the devil and me  
We fight constantly  
And that's just no way to be  
I need to be free of this madness  
His sadness  
Need more of your gladness  
Need you in the details  
Of my life  
So if you will  
Stop the world  
Let me off  
There is not enough room for both the devil and me  
We fight constantly  
And that's just no way to be

Lisa Visor

# 'That Space Between Us'

Her voice poured through the space between us  
then reached in  
and something inside me came undone  
she'd found a piece of me  
that wrapped around her  
and loved her whole  
grabbed hold that doubt  
truth be told  
crushed it in the palm of her hand  
totally messing up the devils plan  
she made room for my joy  
and filled the empty spaces with love

Lisa Visor

# 'The Quiet Observer'

The quiet observer hides in empty corners  
at the edge of silence  
She intrudes on isolation  
climbing over walls of solitude  
emerging from the abyss of the soul  
At awakenings awkward moment...  
she plunges from societal grace into unknown heavens

Lisa Visor

# 'The Rhetoric Of Denial'

Civic pride in the finest hour  
overwhelmed my sense of fear  
by a total sense of rage  
my rage is their rage  
casualties of injustice trivialized and exploited  
endless cycles of frustration and despair  
Black oppression  
twisting our expectations  
into a house divided against itself  
which cannot stand  
in the wake of human sexuality  
hear frustrations edge closer to despair

Lisa Visor

# 'Those Moments When'

Those moments when  
I thought God had abandoned me  
when things fell apart  
life interrupted  
and I finally grasp the enormity of it all  
the convictions of my faith  
I am an intense woman  
on a spiritual journey  
full of grace  
a song of Redemption  
reclaiming my soul  
finding faith  
trusting truth  
learning from the pain  
I listen to the silence  
step outside of who I am  
I will not be broken  
I will not lose myself in frustrations  
I'm not defined by my pain  
and I Reach for sanity  
searching for the better part of me

Lisa Visor