**Poetry Series** 

# miranda sarlund - poems -

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#### Darkness

the darkness eats me leaving my soul to die leaving me to fade a way into the dark with no one to save me no one to pull me out befor i drown in the darkness befor it eats me alive and leavs me to die

#### Dreams

a lost young petal a wondering soul she hears his voice she searches for him wondering if its just a dream or if she just imagened it she heres his voice sees the light and realizes that her dream is reality

#### Empty

im empty inside
i dont know what to do
the only time things feel right
is when im with you
all the tears are gone
all my fears are gone
im me agin for a litel bit
then you leav and im back to how i was befor

### I Am

I am a poet writing of my pain I am a person living a life of shame I am your daughter hiding my depression I am your sister making a good impression I am your friend acting like I'm fine I am a wisher wishing this weren't mine I am a girl who thinks of suicide I am a teenager pushing her tears aside I am a student who doesn't have a clue I am the girl sitting next to you I am the one asking you to care I am your best friend hoping you'll be there miranda sarlund

#### Last Cry For Help

this is my last cry for help this is my last tear all cry this is thelast time all bleed this is my last cry for help this is the last time all call this is my last chioce tonight is the night i die this is my last cry for help

#### Love

- when i see you
- i get butterflys
- my heart skips a beat
- i thinke about you
- all day long
- and at night
- when i cant sleep
- and when i dream
- your always their
- to catch me when
- i fall and that is
- how i know for sure
- that your the
- one i love
- miranda sarlund

#### No One Cares

One heart

One tear

One single cry

She sits alone

As she dies inside

And as she sits and cries

All her tears

No one really

Seems to care

#### **One Heart**

one heart one tear one singel cry she sits alone as she dies inside and as she sits and cries all her tears no one realy seems to care so shes left alon for another night as she sits alone and dies inside miranda sarlund

## Pain

Pain is like a blade piercing threw your heart

No mater how hard you try it doesn't go away

It makes you scream it makes you cry some times it even makes you want to die

And no matter what you do it never goes away

It just sits there in your heart waiting for you to crack

#### Secret

Its like a secret That only I know I cant run from it And no one knows how it feels Its like a secret Eating at my soul Eating away at me day by day Its like a secret That makes it hard to braeth That no one understands Its like a secret

#### Shatered

her heart is shatered the pain gets bader

they here her cries for help

then turn around and shut her out

so her heart stays shatered and the pain gets bader

untell the day she finly snaps

# She Is

shes the girl hiding her depresstion shes the girl hidding in the dark shes the girl with the blood running down her wrist shes the girl waning to be dead shes the girl nobody loves shes the one no guy will ever dream of shes the one that is scared shes the one that is scared shes the girl needing love shes the girl needing you shes the one with no one to run to shes the girl who wants told why shes the girl the world turnd there backs on shes the girl that all she dose is cry shes the girl who wrights poems shes the girl that no one will care about in the end

#### To Dream

To dream would be to feel To feel would be to hurt To hurt would be to cry To cry would be defeat

#### Why

i wonder why lifes worth living
when all i do is cry and wish that i could die
and wonder why all i fell is pain
and why i cry at night
then i start to think of you
and relize why im stell here
miranda sarlund

#### Wish

i sit alone in the dark woundering what to do woundering just what i should say to you things are diffrent every things changed and i just wish it would have stayed the same