

Poetry Series

SQC Chevalier

- poems -

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SQC Chevalier(4-18-1966)

Born on April 18,1966 in Elizabeth, New Jersey I group up the middle kid of 5. Raised in Minnesota with a Midwest accent, it makes it easy for me to do voices of different characters.

I have characters Melodie Mezoree' and Razel puppet who I talk on stage and at readings at Barnes & Nobles.

"shine Bright Like A Diamond"

Red haired girl walks in the holding room
I smell her fragrant flowery perfume
Jumps on phone making all calls
I sit there listening freezing off my ____.
Then she looks over at me
sees I'm freezing holding my hands to my knees.
Says to person on the phone
"This girl in here is humble and very sweet-
They have her in here where she doesn't belong
then she starts to sing this popular pop song;
"Shine Bright Like A Diamond
Shine Bright Like A Diamond."
I think that is sweetness to my ears
here is a girl singing in a place with tears.
She said she was scared not to knowing the time
She said she had OCD and
she was telepathic to her boyfriend's mind.
I was so glad when she entered the room
she had on one small red shirt
and ripped pants with that was tattered too.
She said "What are in for my dear? "
I said I was accused of scratching a lady who was insincere."
She said "Where is the DNA?
I don't see it on your nails" is what she said right away.
Then she said I had a calming effect on her
Later she would ask me from her phone
After she told her boyfriend she was going home.
"How are you doing are you warm yet Boo? "
I thought she was psychic,
Her nickname rhymes with my name Sue.
She wrapped me in toilet paper really fast
I felt better, I was warm at last.
Then a little later they took her away
to another holding room until she went upstairs to stay.
I knew she had been in there before
she was known I guess
when she walked through the door.

Written by SC Chevalier on Easter, March 31,2013

"we Don't Smile In Here"

I think this is a sad fact
that you are not suppose to smile
to be happy or to laugh.
Even for mug shots they want
you to look bad—
"Don't smile and look like a criminal?
Does that make inmate feel glad? "
Why should jail be a place of gloom?
I know they don't want you to come back
but I feel that is something that they "all assume".
Most inmates feel their name has been ruined
even before you get out your mug shot is up real soon.
Public records "They do say"
Well, I think that is like slander, gossip and mug shots
should Not have their day.
Not at least for inmates who are not a harm to everyone
this can ruin their image and make you hide from the sun.
Getting back to "They don't want you to come back"
but it seems jail makes you feel less than, be defensive
and feel like a criminal on the attack.
So your heart gets hardened when you are treated this way
I think we should think
how we run our jails this very present day.

Written by SC Chevalier on Easter March 31,2013

SQC Chevalier

A Highly Evolved Being Would Not Shoot Back

A highly evolved being would give its life
if you wanted to kill this being with a gun or a knife.
A highly evolved being would not shoot back
for it knows it's soul lasts and lasts.
So as you see
on a highly evolved planet
people don't die from greed.
They don't die at all
in fact they all have a ball.
Not like on Earth where we are infants still
not like a real infant who is real.
Real before the innocence was lost
lost to the planetary dream which dearly costs.

SQC Chevalier

A Oneness Blesser Visits Jail

Doing what matters most
for I am still human, I'm not a ghost.
"You are Oneness, Consciousness and Bliss"
I kept repeating this.
With my hands placed in a heart shape
above my head
I said this mantra again and again.
In the holding room I did sit
repeating "I am Oneness, Consciousness and Total Bliss".
I aim my hands out to the Palm Beach County Jail
every day without fail.
The inmates in there need all the divine light they can get
they are still human don't forget.

SQC Chevalier

A Planet Without Punishment

To be punished we need to feel ashamed
we are in a losing battle of Victim against Judge every day.
Now what if the Planetary Dream was changed?
What if we never had to be punished and made to feel ashamed?
Guilt and shame are not normal feelings we have
these two things are forced on us to make us feel bad.
Now over in India they have a philosophy
it helps teach children to freely express
to feel joyful, sad and happiness.
They are never heard the word 'NO'
they are treated like Kings and Queens
and nurtured as they grow.
Now what if we lived in a world with High Self Esteem?
It was the norm and nothing in between or very extreme?
We would then have a new Planetary Dream
where there is no punishment, no prisons, cops and
people dying from a killing machine.

Written by SC Chevalier on March 21,2012

SQC Chevalier

Angels On My Left & On My Right

Angels are with me when I walk through the jail at night
I have positive thoughts that encase me in their light.
I have to look forward to getting out on bond
I know being in here was for me to see beyond—
beyond what was behind steel jail doors-
I would of never known how the inmates lived
for I was here to bring light like never before.
In places of darkness light workers
are asked to bring their light
We are here to help humanity out of their plight.
If I had I got stuck within these walls with a life of grim
I would of just took flight and
would ended my life on a whim.
For the cross I carry like each one of us do
is now no more for I go home to heaven
in God's love I am renewed.

SQC Chevalier

Are Zoo's Treating Their Inmates Better

The zoos of Canada and the U S of A
treat animals better then jails of America today.
Animals have great pictures that are adored
animals in pictures in brochures they are stored.
Mug shots of inmates are shown in newspapers that can ruin their names—
This keeps the sad gossip of Planetary Dream
being repeated again.
Animals get to go outside most of the time
Humans might not even see day even if all sunshine.
Now it's sad to see elephants strapped
to shackles at the circus or zoo
How does it feel to be a human
that feels like an animal too?
Sheriffs now imagine what it feels like to
walk in inmates shoes.
Inmates say "We want to go to prison for it's better than jail"
I say "That is where "The system" does fail."
Inmates respond in so many words
if I don't write them here they will not be heard.
"People on the outside don't care about us—
we are beneath them so are welfare is nothing
we are like dirt or even dust."

SQC Chevalier

Basket Ball We Don't Play

On the east side of the Palm Beach County Jail
there are inmates that feel they have failed.
Not only are they locked inside—they can't play
play basketball let alone see the light of day.
Yes, a basketball court is set up on the east side
it sits vacant, no humans play on court with pride.
This is the jail in West Palm Beach on Gun Club Road
hasn't been used for a very long time I am told.
Now isn't it sad in this present day
that we treat humans like this now what do you say?
I say this is inhumane to not let inmates go outside
it is very cruel. Can you just deny?
Deny them such of a humane thing
doesn't this make your ears really ring?
Now let's bring consciousness on how jails are run
for this great nation, even inmates need some fun.
For if We are to Be-
as our Destiny
One for all and All for one.

Written by SC Chevalier on April 14,2013

SQC Chevalier

Be An Observer

Let's take a more objective view
where you are an observer who thinks thing through.
Look at situation without emotions ruling you
think of it as business where you could lose...
if you don't think for a minute or two
instead of jumping to conclusions
start looking at all the clues...
like a detective looking for a criminal on the loose...
or whatever helps you better choose
for rash decisions have no proof.

SQC Chevalier

Bless The Bond Companies

I thank the bonds people for letting me pay the next day
I bless them as well they deserve a lot of praise.
It is not easy being in the inside—
Feeling a lot of despair
we need a lot of more people on the outside that care.
Yes on the outside that can change the tide—
make it easier for inmate to get out
make them have a little more pride.
Before all hope is lost and they feel tossed aside.
The longer they stay in the rights they are denied.
They ended having to take a plea
a plea of being guilty.
Guilty to something so benign
it ends up ruining their employment
in a future time.
Making their life spiral
more out of control,
They were never taught
how this would affect them so.
Maybe we should teach them in school
especially at risk children who might
think crime is cool.

SQC Chevalier

Bless The Inmates

The least I could do for them is send
a blessing with my hands
they are in confinement with no one to understand.
I send them my prayers and my light everyday-
I feel for the girls in there in every single way.
They are human and have feelings that are real
I feel for them, they are a part of humanity no matter
if they are addicted to drugs or steal.

SQC Chevalier

Can There Be A Better Way?

Here we are the smartest creatures on this Earth
and we treat someone who has done wrong like dirt.
Does that makes us any better than them?
Does that make us enemies or friends?
"He who has not sinned cast the first stone."
Remember Jesus said this
I drive this part home.
Now can there be a better way?
To change the system that is not working till this day?
I think we are humans with more than enough brains
hopefully more love and kindness
than control, shame and blame.

SQC Chevalier

Committing Suicide On The Inside

What if a light worker committed suicide in confined walls
that had been a depressing thing for us all?

A light worker can bring light and change from the outside
a light worker can't do it when stuck and ostracized.

Yes, thank the bond company for letting me out on bond
thank the money that I had for we would be worse off.

Does the system start with sheriff who can just willingly so
put an innocent behind bars while the deceitful one is let go.

This is happened to many times

were innocent people who have not committed a crime.

Are put in to the system that says fight after you are out
this is not justice I say with a shout!

So prayer now for things to change

we have to change this planetary game—

Of punishment before investigation

of someone who could have been framed.

Or the one who shot to defend his life from
a person who is totally insane.

SQC Chevalier

Cops Not Needed

In a highly evolved society
police officers or sheriffs would not be a necessity.
People would have a higher Consciousness
our whole society would be in Oneness.
We would all live in peace as One,
everyone would be like Christ the son.
Police would only be needed in a natural disaster
to help the hurting victims get to safety faster.
Values would be taught like honesty,
responsibility and how to express what we feel.
We would ALL have our needs met and not have to steal.
No teenage gangs for teenagers are listened to-
They have changed the society and made it a new.
We used creative thinking to think all social issues through
instead of using force, punishment that makes us feel blue.

SQC Chevalier

For Inmates Willing To Change

Why not have certain inmates who are willing to change—
realize they can get better and write a new page—
A new page to their life from not going back to the insane—
Through sheriffs good thoughts, actions words and deeds
help these inmates feel worthy to get out and succeed.
Have a sheriff as a sponsor who will be there for them—
Is that an idea to treat them like family or friend?
When nurses do the “psyche evaluation”
why not make it more of how can we help
them get better without more incarceration?
Not just are you going to commit suicide?
How about what do we need to do to get
you to a point of healing deep inside?
Relationships then between law enforcement
would take on a new meaning-
Not the system of control which
lacks empathy and can be demeaning.

SQC Chevalier

Go Within When You Can't Get Out

Strip me of my possessions and my name
the only thing you can't take away-
is my inner world of heaven that stays the same.
This is where I go from within.
also my imagination when things get grim.
That is where all sages and saints went
when they were ostracized from society
for society is judgmental and hell bent.
Hell bent on this egotistical material world
we are not from there—every single boy and girl.
We are from the cosmos where we will return
The "Heaven Within" it is time to discern.
We are "Oneness, Consciousness, and Total Bliss"
No one can take this away, for we are from the abyss.

Written by SC Chevalier on Easter March 31,2013

SQC Chevalier

Heal Inmates Inner Childs

Inner child was abused, lost and not heard
inmates are crying out now in crime doing the absurd.
Not knowing how to deal with conflict management
for they were never given a chance to learn—
Came from an abusive, controlling family
that's a fact and easy to discern.
Most could not express emotions at best
start doing drugs with friends to be like the rest.
Treat inmates from the vantage point
that they can overcome
overcome bad experiences and where they are from.
Heal their inner child and have empathy towards them
treat them like they are your children.

SQC Chevalier

How Does It Feel?

The last thing they need
is to feel mistreated like animals
in a stampede.
Feeling like elephants with shackles
by their feet
Once you are out of your ankle restraints
you still feel like an elephant walking
or Jesus walking who was a Saint.
One inmate said
"How are we really going to do harm? "
Camera's and bars all around and alarms."
Is this punishment outdated from time past?
Maybe separate killers from people not violent
who need another chance?
Hardened criminals should were metal restraints
but first offense or non violent inmates?
This punishment happens right
before they see the judge, they don't do it after-
"Do they think people really want to run?
Inmates are hoping they can get out
that is why they are praying without a doubt.
Now sheriffs should walk the halls in inmate's shoes
Have empathy—do you feel like an animal too?

SQC Chevalier

How Long Can We Treat Inmates This Way?

Not taking them outside to see the light of day?
Making them so hardened down to their soul
making their hearts turn frozen cold.

How long can we keep treating inmates this way?
We as humans should see jail treatment very demeaning
not like "We do this in here for they might get free"
No this is more like slavery.
Making inmates wear chains around above their feet
giving them grey, not nutritious food to eat.
Making everyone see them in the shower
stripping away all their inner power.
How long can we keep treating inmates this way?
When inside they don't see the light of day?

SQC Chevalier

How You Deal

How you deal with yourself is the key
you have to be loving
to yourself in this planetary dream.
Spells of bad words shouted out to you
when you were a child making you blue.
Now cold to the feelings not expressed
you have them buried in you close to your vest.
You have to now make sense of this
You have to be able to express-
Express your emotions that were buried inside
they never go away they just hide.
Hide like a monster under your bed
they come back to haunt you inside your head.
Then making you do unconscious stuff you do dread.
We need more ways to express emotions to get it all out
through feeling the pain and even if you have to shout.
The emotion is now moving outside of you
making you whole again and more true.
So just think of all the inmates who did drugs
they were first hiding the pain before they became thugs.

Written by SC Chevalier on Easter March 31,2013

SQC Chevalier

I Took The Fall

I'll take the fall as the underdog—
that is what my soul agreed when I was framed
by a lady that was mean and insane.
I came as a light worker to make jail not so grim- -
inmates going to prison needed some smiles
before they went in—
In prison where they were not getting out-
they were stuck without a doubt.
Inmates say "Prison is better than being in jail"
This is where "The System" does fail.
What jail inmates need is the chance to get healed
not to repeat the cycle of addiction, violence and to steal.

SQC Chevalier

If I Had Committed Suicid In Jail

If I had committed suicide in jail
the world would less bright without fail.
All my inspiring poems to children dear
would of fell on deaf ears.
For my name would show up in
it would be a tragedy that intended to do harm.
Yes, the children would never know the stories
of Melodie, Sarah and
UniCandle unicorn winning all the glory.
It would a great novel, a best selling story.
The glory for Mother Earth who could finally
have a say—
I fight for the underdog every single day.
Yes, what a tragedy it would be—
Hey if I wasn't (thank Jesus) set free-
there would be one less creative artist
making light to the underdogs happily.
Now of course I change my name
for my new destiny.

SQC Chevalier

If This Is The First Time In

Do like they do in the youth program and if proven
Innocent of accused crime especially if a setup
That can happen on a dime
Keep it out of the criminal justice system if this is their first time.
Like the accused crime of my felony
It was not about me attacking a lady.
Call was for having her escorted off my property
That is why I made the 911 call
But of course I took the fall.
For she had cut her arm with a twig
It is proven in the depositions...
That she knew me before...
A lot of proof from attorney has in store.
So not only did she lie on the 911 tapes
She lied on the police report for goodness sakes.
Per Florida statute 837.012, whoever knowingly makes a false
Statement under oath shall be guilty of a misdemeanor of
The first degree punishable by imprisonment up to 1 year.
Now how can we up hold this law
If it is hard for the prosecuted who took the fall?

SQC Chevalier

If This Is Their First Offense

and they are “not” serial rapists or mentally ill
or used guns to kill-
Should we ruin their names-
and make people more against them
especially if in the end they are innocent?
Why the first time put their mug shots up
to lose their jobs or image, making their life
filled with more yuk.
Give them the chance to prove their innocence
or get help for their first offense.
Not treat them like their bad right outside the gate
this makes society judge them and possibly hate—
For if they are “not a harm to everyone”
why make it harder for them to see the sun?

SQC Chevalier

Inspiration To Create A New

Wouldn't it be grand
if giving handprints was a sign of originality
across jail intake land?
Instead of identifying them as a defendant
criminal or thief—
it showed how they are unique?
Be what they were meant to be...
That would be great if that was
reinforced in our society.
Not blame, right or wrong—
We can now focus on more than getting along
but having each human be who they were meant to Be
Not focus on the wrong and criminology.
Children are proud of their handprints
it separates Who They Are—
when little their handprints
were used to show they are a Shining Star.
Now inmates feel handprints are used for being bad—
labeled as a criminal? Which is very sad.
Treat inmates like family
not separate "Prisoners of War"
Here is a chance to turn things around
like never before.
Maybe inmate never had options available
to them—
Now society treats them like animals in a
closed off gym.
Give them something to Create
not to feel hopeless and retaliate—
Why not have rooms set up to write and draw—
if they are not going to harm someone
Can this be a new bylaw?
To draw and write might help them with their plight.
Change the system from within—
in all possible ways to focus on inspiration.
Look at it as a place where hope is to be found
not making them feel depressed with walls all around.
Paint murals on closed off rooms
paint when inmates are getting sunshine outside

also have music fill the rooms
with nice sounding tunes.
This could be done over the intercom
why not make it pleasant
not gloomy atmosphere all around?
This will have to be implemented from the top down
as a "Philosophy of Morals" for how
we as American's can now help
the social problems of corrections
that is sound.

SQC Chevalier

Johnny Cash For Prison Reform

Johnny Cash the "Man In Black"
is more than a country singer
for he brought awareness
about conditions about prisons
and that is a fact.
He sang in prisons all for free
bringing some joy to prisoners life of misery.
Johnny met with President Nixon
to make Prison Reform for American's prisons.
Speaking before Congress about the
nature and purpose of incarceration
he brought about awareness to this nation.
On his Johnny Cash Show he lifted human consciousness
on a social issue we all should know.
He fought for the prisoners, for they are the underdog
he did this all without internet or blogs.
He was there at the US Senate subcommittee
with 2 former inmates who say prison life not pretty.
A passionate and vocal spokesman on prisoner's rights
We must thank Johnny Cash for being there for prisoners
putting up a well deserved fight.

SQC Chevalier

Joy And Inspiration Lives

Came as a light worker to make jail not so grim- -
inmates being in jail needed some smiles.
Their thoughts and feelings were quite dim.
Going on a mission as a change agent
to change jail's perception-
It's all about perception of jail and how we
can now use it as a place of Inspiration.
We want to help build inmates spirits up again—
not to make them feel like more of a criminal
and treating them less than human.
Some inmates feel it is survival like animals in a pack—
too bad humans have to watch their back.
We need to change how we think
is jail making it any better
or is it just making people's life shrink?
How about Joy And Inspiration Lives—
is that a better place to come from?
From a heart that cares and gives?

SQC Chevalier

Karmic Motivation

Little soul who was on other side
said "Hey, I know how you can
learn to forgive inside!
I will be the one you cast blame on
when I cheat, lie or con."
No matter if I cut you with a knife
motivation from another life—
has set the stream of events
that can go either way so we can vent.
We agreed long before
before we incarnated to even the score.
Now you won't really know why
until you die—
Or maybe through a medium if
you want to know and realize
maybe there is a better way
then keeping go back inside.

Written by SC Chevalier on April 14,2013

SQC Chevalier

Leann Called Me Suzy Q

Quietly walking down the through the cells
looking for a cell before someone woke up to yell.
Luckily everyone was sound asleep except LeAnn
she was happy to see me and gave me a hand.
She helped me get my sheets on my bunk bed
I was at the top, afraid I would hit my head.
No worries I was happy she was near
she told me to "cover my ass" she was sincere.
She knew the lady that got me in there
was more than "crazy" and insincere.
She told me how proud she was of her son
he was a great worker his life had just begun.
She showed me her leg metal running up to her knee
I touched and felt bad, she had lost jobs
and stole for she was starving.
Too bad the planet has not figured out a way
to help starving people without putting them away.

Written by SC Chevalier on March 27,2013

SQC Chevalier

Mrs. Tucker Is A Caring Mother

Walking back from court down to the cells
I talked to Mrs. Tucker she had a lot to tell.
She told me to forgive my mom for
not forgiving her is like a rock weighing me down so
I just listened knowing my mom was an immortal foe.
I cried as she talked telling me about her son
she said "You only have one mother
when she's gone there are none."
I knew in my mind I had already lost my mom
a long time ago- -
My mom wasn't a real caring mother to me
she kept me from going home.
Mrs. Tucker is a caring mother for her words
were there to comfort and see a different way
she even gave advice to inmates
very sweet and short before
they went to court that day.
I wish Mrs. Tucker was my mother
for she is a caring soul
that is what really matters in jail when
confinement takes its toll.

SQC Chevalier

My Last Words To Kayla

The last words I said to Kayla
"I'm putting you in my book."
She looked at me with one last look.
Tears running from her eyes that was very sad
I didn't care if she was wrong or bad.
She had given up and didn't care anymore
Prison is where she was going
when she went through the door.
She would have to face the next years of her life
in closed off walls filled with pain and strife.
Kayla said "I will be out when I am twenty four"
she had a glimmer of hope at her core.
I told her she would be Kayla the elephant with her
hair fuchsia not blue-
This would give something to look forward to.
She wouldn't be forgotten on the outside
she would be in my story as a character filled with pride.
In my story she would be an elephant walking in chains
sad look in her eyes for her ankles have pain.
Turning to Kayla saying "You are a sweetheart"
She knew where she was going
she would not be getting a bright start.

Written by SC Chevalier on March 27,2013

SQC Chevalier

Planetary Dream Or Dread?

Rules and consequences of the planetary dream
someone wronged someone right so we demean.
Of course we don't pick someone up when they fall
We judge them as a trouble to society
so we put them in confined walls.
Some can play the system till the end
get out of going to prison when they should
be there even though no one showed up
in court to defend.
Defend themselves to
what the gun shooter did do.
The jury was not there and had no real clue.
That is what happened to the lady who would
one day throw me in jail- -
she did it with her boyfriend who was high
on coke, a drunk who started to yell.
But thank God someone
Innocent has an attorney who can defend.
I am told that there are No Victims
For I see the higher calling of my soul
to show what happens in jails
for people on the outside don't really know.
For we agreed before WE came here—
to have circumstances to help humanity heal.
Or to learn a lesson that our soul felt had was dear.
So maybe we should ask psychics what this is all about?
Maybe it would give us answers to help us figure this all out.

Written by SC Chevalier on Easter, March 31,2013

SQC Chevalier

Pray For Inmates Going To Court

May prayers are with the inmates today
In court at 10a.m. a decision will be made.
It will affect the rest of their life
Let us prayer it's not one of strife.
Some were stuck in jail for they had no money to get out
they ended up pleading guilty because they had no clout.
Some had bad luck from the start
they had bad parents who froze their hearts.
Maybe they went into drugs to ease the pain
maybe their pain body took over so they needed to hurt again and again.
When will this chain of events ever end?
Look to other cultures that raise their young
they are treated like spiritual beings
when their life has just begun.
They grow up knowing who they are
they grow up being a shining star.
So treat each other with kindness today
it might be their last smile they see
before they are sent on their way.

SQC Chevalier

Pray For Inmates In Chains

Pray for inmates walking to court in chains
chains around their ankles they do feel pain.
How does this affect the human psyche?
Are we making them more like criminals
that want to fight?
Or does it make them feel good
make them feel understood?
Now I can see putting chains on
killers, rapists and the mentally insane- -
But to put in on the average person what does that gain?
I know they are afraid they will run and try to get out
There are steel doors, cameras with a doubt.
It's not the Maslow's law of being trained
it's more like it wilts their spirits and leaves a stain.
I got out of my chains and still walked
like a helpless elephant with ankle pain.
From this demeaning jail time
most will come back doing a worse crime.
Or maybe commit suicide?

SQC Chevalier

Pray For The Inmates

Pray for the inmates that are in jail
after all their life did fail.
For now they need it the most—
who cares if they stole a big fat roast?
On this planet stealing food is a crime—
but killing others in war is praised
with a metal that shines.
Now we must get our priorities straight
if we are to change—
The system isn't working to this date.
For we judge inmates badly
making them feel all the blame.
We need higher thoughts to resolve
or this uncaring treatment
of inmates will go on and on insane.
Make inmates laugh—
it might be their last chance...
Everything is heavy and dismal and grey
even the food color they eat during the day—
Why not create a better way
to rewrite their temporary stay?
Write a "Code of Ethics" so we know
We can help inmates be in an environment
that helps them grow.
This is the last stop for them before prison-
Why give them more of a reason?
A reason to go back in—
To go back in and repeat again—
same behavior or maybe worse—
now that their heart has hardened till it doesn't hurt.

SQC Chevalier

Praying Inmates Keep Their Light

Going across a cross walk and what do I see?
A flashing hand starring at me.
Count down the voice does go
it reminds me of my handprint that
Sheriff smudged so.
Now I can think more positively
I was let out of jail and now I'm free.
I was free and didn't lose my dignity.
I am innocent and not guilty—
I prayed all night for the inmates in their beds
I prayed for the judge, sheriffs and brought
Light to their heads.
Be more Conscious of Everyone here
They are humans first and some are very sincere.
Worried about seeing their children and afraid
they will get hit again—
Be brought back to jail
from husband who controls them.
Or be set up like I was while I was just protecting my place
made to feel that I was a disgrace.
I do feel very sad and everyday prayer dearly for
the inmates not making it through the exit door.

SQC Chevalier

Sheriffs As Sponsors?

So much negativity in the world till this day
Why bring more in a place filled to make
humans feel to be a disgrace?
Give inmates hope, inspiration and belief
that they can overcome their behaviors
and change their destiny.
There is hardening of the heart
and a lot of spirit is lost—
Even more so now
like a ragdoll that was tossed.
Tossed aside in cages real people do go-
give them a chance to change and grow.
Sheriffs could be a whole lot more
Sheriffs who could become sponsors
to an inmate who can become great
like never before.
Say like for someone on house arrest
they could have sheriff check on them
See how they are doing, what is best.

SQC Chevalier

Smile To Remember

I will always remember her smile till this day
I felt so much happiness brought my way.
At first when I met her she was crying and sad
she was making the most on the cold bench that she had.
Freezing and shivering in the cold holding room
She was sad and she felt a lot of gloom.
She kept asking "When are we going upstairs? "
"In a couple of hours" I said as sat there and stared
Starred at her cute grey and short black hair.
She was sweet and I felt sorry for her
she said "My husband put her in here."
I felt sad for her she was gentle like a deer.
Now I saw her later when she had to go to court
our meeting would last a few hours, waiting was not so short.
She said "When committing suicide you will not be spared
you will go to hell where it is hot inside there."
I thought living in jail or prison is hell enough
what difference does it make when life
in jail is more than tough?
In heaven you get all the "Love" you need
and We are treated Equally and We Are One
We are loved unconditionally from Jesus the Son.
The last time I saw her we smiled at each other so
I knew love was still within her
"Protect her Lord Jesus from her heart turning cold."

Written by SC Chevalier on Easter March 31,2013

SQC Chevalier

Society Is Set Up To Make You Fail

Born to a crack mother addicted to dope
you just started out with not a lot of hope.
Your dna is already lead astray
for you are born addicted your very first day.
You incarnate to overcome the addiction
but society does not see your condition.
They make laws that put you in jail
laws that are set up to make you fail.

Written by SC Chevalier on April 14,2013

SQC Chevalier

Spirits Broken

You can't take away inmates inner lives
their good feelings, thoughts and
soul makes them thrive.
Their spirit is lessoned and forced to the ground
they feel they are helpless I have found.
Their feelings of worthlessness and is already tough enough—
Being in jail knowing you are
going to prison makes them give up.
It's hard enough being in a human body most of the time
we are souls first and souls are not to be confined...

SQC Chevalier

Thank Johnny Cash

A very thought provoking show
Johnny Cash brought to the masses things they needed to know
He was the defender of the underdog
He saw prisoner's pain and felt it all.
He is quoted saying this below:
'I don't see any good coming out of a prison.
You put them in like animals and tear the souls and guts out of them
and let them out worse than they went in."
This is true in jails today
they basically strip away
all of a person's self esteem
they treat them like animals
and then demean...
Now from the standpoint of the human race
Are we any more conscious of humans
Or are we known to treat other humans
with total disgrace?
There needs to be a change this very day
If we are to become a nation that is proud to say.
All for One and One for All
Do we really believe this is possible
or will our great Nation eventually fall?

SQC Chevalier

Thank May West

Now I know May West was a light worker who had to go in
to see how women weren't clean and had no good sanitation.
Yes, she was arrested for something so benign
just like me but we were asked from the divine.
Asked from the divine to make sure inmates
had a better environment that helped them while doing time.
"You have to go in to help them from the outside"
I said to a friend that very same night.
May West said "I will take 10 days in prison
over a \$500.00 fine."
So thank May West for she was more than meets the eye.

SQC Chevalier

Thank The Angels

I was just in jail from 7 to 2
Having a psychological affect on me is true.
Made me feel guilty like a criminal
And very blue
Luckily I had kept my spirits
Thank the Angels, "I love you".

SQC Chevalier

The Matrix Helps Me

"Good Luck to you" the nurse does say
I smiled as I went on my way.
Most inmates are not as positive as me
I look for the signs that show intelligently.
It seems that's the assumption is you are not getting out
Thank Jesus I was protected with the matrix
within walls or without.
Yes, the matrix can help you and I see the
connections all the time
We are all connected even in a place
where people have committed crime.
No matter where you go on the planet
we can not escape
Escape the matrix that does not judge but
can help us with our fate.
I had to go in so I could write poetry to change
consciousness of inmates who
were in a depressed, hopeless state.

Written by SC Chevalier on Easter, March 31,2013

SQC Chevalier

The People That Knew I Was Innocent

Thank Tom Debasitis and all of my true friends
For being there for me in the end.
They knew me as a person and I would never
Harm physically anyone...
No it was the alleged victim
Who tried to shoot more than someone
She had used a 38 caliber which you know is a gun.
So it is sad, but it shows her character so true...
She could do this to another person just like she did to Sue.
Yes, everyone felt bad for what happened here
False 911 calls and false police report which were very insincere.
This might have been prevented
if I had a mediator/crime detective
from the Sheriff department talk to me at best.

SQC Chevalier

Treat Inmates Better

Inmates in jail are down on their luck
now in jail they feel they are stuck.
Inmates afraid they won't get out—
life ahead looks dreary without a doubt.
Give inmates jackets, it's freezing in there
Feel mistreated and nobody cares.
I know they don't want to have fights
Then separate the psychical violent types.
Inmates in jail need sun an hour a day
Prisoners get sun and are treated better in every way.
Treat inmates in jails as humans they are trying their best
they could be given a sheet first that lets them express
How they felt doing the crime—
Even write if they feel they were "framed"
or sheriff treated them unfairly
or made the only one to blame.
Also they can write
why they did it and how they would change if not to do time.
How they feel about their actions as a crime.
If resources are given to them to find a better way
maybe they would reach higher and not be lead astray.
We are all in this together—
What affects One affects All
Help lift jail inmates up
Not make them fall.
"Don't smile in jail—
it looks like you are having too much fun."
This quote is sad, smiling doesn't hurt anyone.

Written by SC Chevalier on March 25,2013

SQC Chevalier

User Uses More From Being In Jail

Girl with long hair walks in holding room
She is young and I did "Assume"
she was in for prostitution.
No, she was really there for the group—
the group that is really doesn't help her recoup.
"Drug Norm" she says it makes her use like never before.
She said "Being in jail makes her want to use more."
Jail has a negative effect on her, she did employ.
"Only people that are killers should be in jail."
I thought to myself, she's right, it's a living hell.
No wonder she wants to use more once in-
being in here a little while made me feel grim.
From the beginning when you do get here
you feel like a animal that is treated unfair.
I really learned another lesson as well too
"Never Assume" for its 3 three fingers
pointing back at you.
She was a sweetheart and I now felt sorry for her
she was stuck in the system without a real cure.

Written by SC Chevalier on Easter, March 31,2013

SQC Chevalier

We Are One Big Family

No matter if you are in jail, prison or on the outside
We are all one big family, you can't deny-
from the same God no matter what the crime
We are all one consciousness in space and time.
We all affect each other with our thoughts everyday
You can not not affect another no matter what you say.
Light beings just see us as a "Sea of Light"
there is no separation even if you do not have the sight.
Have the sight of a light being that is What You Are
if you knew what they see-
They see you are light like a Shining Star.
Think the highest thought of inmates-
We are all connected no matter what.
Hope and pray for better jail environments.
This is for the inmates who have no more choice
By being someone on "the outside"
that gives them a voice.

SQC Chevalier

When Is It Going To End?

When is crime going to end?
I ask this to you my dear friend.
It seems new laws are written everyday—
some people get lucky, some get away.
Like most parents who abused their kids
now kids take on their behavior puts them in the skids.
Luckily most children of next generation are changing parental ways-
Making it better for their offspring in this present day.
Should we go back in time
and put away parents who abused their child as a crime?
Make them pay for what their children do today?
Wouldn't that make karma even
or is it another game we can play?
Some islands in the south do not have crime
they all seem happy, peaceful and having fun time.
We should look how they figured it out
this would help our nation without a doubt
Close knit families where judgment is nil
they foster environments where
children express what they feel.
Maybe unfit parents shouldn't have children again?
but isn't there a bigger plan-
Going on that we have to transcend?
Like becoming a more conscious, aware and loving society
treat everyone special, unique and like royalty
and not prejudgment and negativity?

SQC Chevalier

Where We Can Change The System

Family that does let children express freely who they ARE, respected and listened to
as a spiritual human beings with feelings.

Schools system that express child's uniqueness
using right brain as well as left side of brain—
teaching cooperation, freedom of expression, honesty and feelings shared.

Jails that make it a humane environment, have colorful atmosphere, inspirational
and supportive jail staff along with an environment that does foster hope to
heal from their life's situation and
get them out thriving with a support system once they leave.

SQC Chevalier

Who Is To Change The System?

I ask you this...

The answer is:

ALL OF US.

With every great thought

action and prayer-

WE ALL CAN change the jail time atmosphere.

SQC Chevalier

Why Isn't There Healing In Jail?

The soul gets hurt when it goes to jail
This is where the system fails...
It does psychological damage like that
It makes them feel bad, guilty and like they have no chance.
Now it is hard enough to incarnate when once was free
Be in a human body and go to jail with no key?
Why isn't there more healing in jail?
Like making them feel better for they might have failed?
Healing music, healing smiles, healing help from staff
Why, is that too much to ask?

SQC Chevalier