Poetry Series

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- poems -

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Aluncedo.N Mkhosana()

Writing with the parts of me that still trembles

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Free Me From Me

I want to be free from me,
From this head that won't let me be.
My mind is not a mind anymore
It's a circus where the devil closes every door.

I still leave in past
Where I scream without sound
Drowning without water,
Falling again and again with no ground

So I made suicide my secret best friend,
because at least it stayed.

I don't want to die,
I want to be free from the me that wants to die.

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Unnamed.

Loving you is not heavy
It's like a cycle I never want to end
you are a miracle in a white tee

A gentle soul,
in an unkind world.
Blessed i am,
yet cursed also,
you make broken feel beautiful.

I'm scared, I'll hurt you
With my silence
And distance
With pieces I never show anyone

With you the world feels soft and slow.

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Silence

I'm carrying storm behind my teeth,
Swallowing thunder so no one leaves.
Afraid that words are borrowed things,
That if I speak, the room will take wings.

So I write in my wrist in a language only pain can read,
Not to end, but to prove I'm here,
A map of "don't go" etched quite and red
Because "I'm hurting " got stuck somewhere in my head.

Im I'm not chasing goodbye,
I'm begging to stay with hands that shake…

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