

Poetry Series

**BARBARA ALVARADO**  
**- poems -**

**Publication Date:**  
2015

**Publisher:**  
Poemhunter.com - The World's Poetry Archive

**BARBARA ALVARADO(7/15/65)**

# A New Song

jesus i know your here with me  
gave your life to set me free  
forgiveness in you i seek  
lifting me up when i am weak  
god is good i do now know  
thank you father for never letting go  
i lift my hands up to the sky  
to praise you lord above so high  
and when you did light the way  
came into my heart i began to pray  
there is this feeling oh so good  
hard to explain i wish i could  
peace for me is what you bring  
a new song for you i will sing...  
THANK YOU JESUS!

BARBARA ALVARADO

# Alone

fighting this battle alone once again  
with no love in sight  
why wont this heartach ever end.  
These feelings of loneliness each and every day  
hopelessness in my heart is here to stay  
happy i pray someday i will be  
no end to this battle  
thats all i do see  
so ill pick up these pieces to this broken heart  
only to have the same feelings with a brand new start  
someday soon for good these eyes will close  
never will you know you left me all alone...

BARBARA ALVARADO

# Daddy Forever

where are you now, do you still remember me, you said youd never leave yet  
you snuck away, my heart is broken something is missing, untill i see you again  
ill never be the same, i dream about you every nite think about you every day,  
someday soon we'll be together again and this time daddy it will be  
FOREVER...dedicated to my dad ralph 'daddy' alvarado 8-2-36 to 1-11-11 i love  
you daddy!

BARBARA ALVARADO

# Dark Clouds

Drops of rain forever on my face, sun shining out doors

Never took over my rain it stayed in place.

I had to unlock the door and fly above these lonely streets.

Pinch myself because I am finally your cage I could no longer stay, with doors wide open you watch me fly clouds over my head are now gone. Its time for me myself to carry on. Locked no longer in that awful place. I now found myself with sun shining now always on my face

BARBARA ALVARADO

# Darkness Passed

look a little closer at this smile on me  
maybe then my true feelings you will see  
take a good look and maybe you will know  
these deep dark feelings that i do not show  
i cry for help but no one hears  
happiness i show hides my many tears  
so i close my eyes just one more time  
ask my father above why is everyone so blind  
the lord says unto me ive watched you all along  
this pain you have it is finished it is gone  
you have broken the chains that have binded me  
darkness has passed you have set me free  
out of the darkness into the light  
thank you jesus for helping me win this fight

.

BARBARA ALVARADO

# Depressed

i have a hurt deep down inside this feeling i must hide, my kids may never know these feelings i keep down below. im never alone as you can see my family i love is here for me. so i smile to hide the frown never let them know im feeling down. if ever you feel the same just remember depression is not a game. bring your self up as i try to do even if no one has a clue. it is not for you to blame never lie down and die in shame...

BARBARA ALVARADO



# Dont Cry

im gonna die soon  
please no days full of gloom  
rest at last for me  
finally i can be free  
when i do leave this place  
all i want is smiles on your face  
no tears to wipe away  
happieness each and every day  
be happy and carry on  
dont cry because im gone  
think of times we shared  
knowing that i always did care  
and if you feel that i am near  
memories will forever keep me here

BARBARA ALVARADO

## Feb.14th

theres no love in this heart, cupid draw back your arrow and point it this way so  
maybe ill find love on valentines day...

BARBARA ALVARADO

# Goodbye...

its hard to say goodbye friends and family please dont cry, remember the good times we had songs we sang together happy never sad, so dont think of me as gone 'im the one who knows' in those memories i will live on, in your heart i will stay my love for you wont fade away...

BARBARA ALVARADO

# I Gave Up

I had once said to you, I won't give up on I had to, for me it was to much.  
Unhappy no one saw that I was with you. Now I am free very happy and doing  
me. I'm so sorry Adrian but this I had to end. A new life without you is ready to  
begin. Yes i am alone today. But then again this smile I once lost is back and  
here to lies of yours, the mean words to me you said. I'm out of your life  
forever, and yes Adrian  
My love for you is no longer, our relationship is dead

BARBARA ALVARADO

# In A Rage

how can you hurt someone you love, love isnt a punch kick slap or shove.  
i know its hard in you leaving so you stay change in him you keep believing.  
he says he loves you yeah that might be true again in a rage he beats on you.  
love isnt supposed to hurt yet you let him keep treating you like dirt.  
how many times has he said hes sorry ill never hit you again. sorry is a word  
always misused look in the mirror you dont have to be abused. is that love inside  
you feel slapping punching kicking bruising now thats for real... these words i say  
with one last breath LEAVE before he loves you to death

BARBARA ALVARADO

# Jimmy

that traggic day your life was lost. that traggic day they killed you at no traggic  
day i could not believe. that traggic day tears is all i could see. that traggic day i  
could no longer go on. that traggic day your spirit went away. now your at peace  
in the heavens above no hurt, no pain, no sorrow, no strain memories is all i  
have left in my heart youll always be kept...

BARBARA ALVARADO

# Joseph

Almost a year has passed  
Since you left us that awful night  
Thoughts of you always cross my mind  
With fond memories that follow close behind  
You always did have a smile on your face  
But I know to well  
That smile was hiding that deep dark empty place.  
Over and over I still ask myself why you  
Left us and didn't even say goodbye  
It hurts knowing that your not with us here  
We miss you so much Joseph  
Just thinking of you brings more tears  
What I would give to see you one more time  
I'd tell you we miss you and love you  
Then ask why did you leave us all behind  
RIP Joseph B.

BARBARA ALVARADO

# Just A Friend

never really happy as you can see a frown on my face may forever be, feelings of sadness deep down inside broken heart that i can not hide, loving no other like i loved before knowing our love will be no more, what we had in the past is over it couldnt last, love we had was oh so true still cant believe we are through. happiness shared ment alot to me dreams we had will never be. if in time i cross your mind open your heart and you will find you and i together again even if its to be JUST A FRIEND...

BARBARA ALVARADO



# Only You Saw

With all my family around me  
You're the only one that took the time to see.  
I didn't fool you with my fake smiles on my face  
You saw that I was in a deep dark lonely place  
If we didn't meet who knows if I would be here today  
So I thank God for sending you my I thank you for being there on that very  
day...  
My son-in-law you know who you are...

BARBARA ALVARADO

# Open Your Eyes

so your happy again he is back  
see how long this time it will last,  
that smile on your face  
soon it will be replaced,  
your smile will be turned around  
when again he starts putting you down,  
friends and family see how he can be  
your eyes closed tight so you can not see,  
verbal abuse hurts just as bad  
putting you down in front of everybody making you sad,  
please wake up from this dream  
he is bad for you and yes he is mean,  
not a good man i know you see  
happieness without him you can be,  
so pack up his stuff to leave your place  
once again ill see that pretty smile on your face,  
tears no more for you to wipe away  
when hes gone happieness for you each and everyday,  
i promiss the pain you feel will soon be gone  
to live your life happy and finaly you can move on....

BARBARA ALVARADO

# Opened My Heart

i opened my heart to jesus  
and invited him in  
the best thing i ever did  
repented asked forgiveness for my sins  
touched by his spirit  
theres a change in me  
all because i have been washed clean  
his peace now i have found  
his undying love all around  
if ever you feel in dought  
give your heart to jesus  
find what love is all about...

BARBARA ALVARADO

# Pancho

theres no love lost between me and you  
since that day i said we are through  
you where my teddy bear  
feelings for you are no longer there  
treated me bad through the years  
all i had was lots of tears  
you laughed at me and called me fat  
now you tell me you want to come back  
like you say to be my friend  
silly boy that was the end  
no more treating me like dirt  
now buddy its your time to hurt  
you miss me so you say  
all those games you shouldnt have played  
6 years was enough for me  
im good being free  
so when i do find someone new  
turn away and remember all the sh you put me through...

BARBARA ALVARADO

## R I P Phil Estrada Us Navy

you spread your wings you fly away freedom for you theres nomore pain, suffer  
no more as you began to soar like an eagle in the sky whos memorie will never  
die. streanth you showed throughout the years yet freedom for you leaves lots of  
tears. theres bravery in the sky today since PHIL spread his wings and flew away

BARBARA ALVARADO

# 'Rich'

Is there anyone out there who cares that we have cold hungry homeless brothers and sisters living out on the streets.

Life is tough enough for them as it is.

So instead of knocking them down, extend a hand and help pick them up.

In our country lots of money goes to waste on big award shows for the money rich.

But you got to understand this, no one on this earth is better than anyone else.

God created us all equal.

Being rich is having lots of love and a big heart.

Because our god is LOVE!

BARBARA ALVARADO

# Save Them

once a year we celebrate our veterans day lets throw a parade.F.... the parade every day we should honor our soldiers for our land they be told some veterans are hungry, homeless, living out in the sad to say people coming into our country get paid very well, all the while our soldiers are going thru a living hell. remember our veterans saved the united states. now commander and chief get your priorities our soldiers first obama care last, i mean no disrespect but get your head out your a.. without these brave men and women freedom wouldn't be.i take this personal because their fighting for ing all our soldiers for doing all they do. take care one and all and GOD BLESS YOU!

BARBARA ALVARADO

# Should Have Known

is this smile believable to you  
it hides these feelings i feel for you  
look a little closer then maybe you will see  
these tears behind this smile on me  
around you i hold my head up high  
by myself i sit alone and cry  
with no more tears left for me to shed  
my love for you is gone feelings are now dead  
you lost a good thing this you should know  
my feelings for you i have finally let go  
and when you do realize (forget it)  
my love for you has already died...

BARBARA ALVARADO



# Some Day

Happy  
I felt being with you  
Now your gone, what am I to do  
Loneliness is slowly creeping into my heart  
Never did I imagine we would ever grow apart  
Don't remember the reason why  
We parted a bitter sweet good bye  
Now time has passed and lifes went on  
But our feelings never left  
They still remain strong  
In my heart you always did stay  
For I knew my one true love would return to me some day

BARBARA ALVARADO

# Takes Over

sad lonely hurting with pain feeling this way knowing theres nothing to gain.  
sadness takes over me wondering why loneliness has to no love in my heart  
why cant anyone see. sadness through the years loneliness full of tears, hurting  
full of pain with no one for me to blame. someone please hear my cry be here till  
the day i say goodbye...

BARBARA ALVARADO

# The Only Way Out

If you didn't know me, we just met  
In me you would see smiles, laughter, joking, happiness all around.  
No one sees the hurt in me  
It is hidden, don't let it be found.  
My deep dark feelings I keep to myself. Behind the smiles and laughter until  
now.  
Im a truly depressed person with thoughts of death running thru my mind.  
Yes I did try to take my own life several times.  
Sleep is my only happy place.  
I am Lonely  
YWhen I am a day goes by with thoughts of suicide on my mind.  
But I know there is a reason for me being here today  
Maybe to write this for people can understand.  
When suicide takes over our mind, thoughts of happiness is waiting on the other  
is not our fault we feel this way  
And please don't turn your head take a walk in our shoes instead. then maybe  
you will see, its not so fun living a life like me.  
RIP Henry J Besida  
We miss you so....

BARBARA ALVARADO

# Thing Of The Past

I opened my heart and let you in,  
All to be put through that same s... again.  
Seems to me all that is left is liars and cheats.  
Im done  
No more heartach for me.  
Is truth and love a thing of the past  
All there is now is STDs and one night stands.  
So I choose to stay as one, don't need another half to have some fun.  
Im just avoiding all the hurt and pain,  
I rather be single with smiles and laughter again...

BARBARA ALVARADO

# This Love For You

i always loved you  
but never did show it  
a second chance you have given me  
love from me this time you will see  
growing up was had for you  
cant imagin what i put you through  
im so sorry for never being there  
bad memories all that is left to share  
im asking you to forgive me  
for putting you through all that misery  
still carrin that pain inside  
lets talk about these feelings  
dont put them aside  
to you my kids i write this poem  
im sorry for leaving you all alone  
thank you for sharing your life with me  
happy now i hope we all can be  
still remember all the bad i done to you  
loving me i dont deserve but you still do  
now lets put it all in the past  
new memories we share will always last  
love for you i can now show  
thank you for letting all that haterd go  
giving me a second chance  
not looking back without a second glance  
this time i wont let you down  
if you ever need me ill always be around....  
i love you all this you should know  
never again will i ever let you go....

jennie, gabriel, pennie, maria, emily, jessica,  
matthew, anthony, jesse, adam  
I LOVE YOU!

BARBARA ALVARADO

# This Smile

each day theres a smile on my face  
to hide the tears  
never do you know it is out of place  
my heart is broken but this you do not know  
cus this smile i have  
will never let it show  
lonelyness in me deep down inside  
so i smile  
for this pain i must hide  
nobody knows me well enough to see  
im alone  
and want to be set free  
somebody please hear my silent cry  
wipe away invisable tears  
pick me up before i die  
maybe then my smile will be true  
cus you saved me  
for this i will owe my life to you....

BARBARA ALVARADO

## To You...

love we had nothing could compare dreams together we always shared,  
memories of us fill my head lonely tears i now shed. if ever a wish would come  
true i'd wish for me and you together forever making a fresh start loving one and  
other never to part, dont remember the reason why we parted and said goodbye,  
pain in my heart till this very day how can a love oh so true fade away, love you  
gave i never knew for this -name- my heart will always belong to you...

BARBARA ALVARADO

# True Feelings

is anybody out there  
can anyone hear me  
i put my true feelings down  
for you all can read  
but it seems like no one cares  
i guess im all alone  
pen and paper here i come  
to write these feelings once again  
it cheers me up so i can break free  
even if nobody cares for me.....

BARBARA ALVARADO



# Unselfish

theres a person i know  
so unselfish she let her soulmate go  
this she had swore to let him suffer no more  
that nite he left she was there  
pain in her heart she now bares  
the love she had was so true  
for him to ask  
such a thing from you  
unselfishness in her is what i see  
letting go so he can be free  
i admire you for this  
your husband i know you do miss...

BARBARA ALVARADO

# Waiting

why did you have to leave  
couldnt you stay longer  
loneliness in me is a lot more stronger  
i know i will see you again  
till then my heart will mend  
so much i miss me and you  
with memories that feel brand new  
so until i meet you there  
my heart pain it shall bare  
please can you hear what im saying  
come back for me daddy  
im still here waiting...

BARBARA ALVARADO

# Wrong Choices

he is bad but i can not see  
this love for him has blinded me  
promisses he makes never does he keep  
but this love for him is oh so deep  
i tell him to leave then yet i let him back in  
for him to do the same bad all over again  
wrong in him my family they do see  
i love him so everybody please let me be  
its him and this love that i choose  
knowing all my family now i did lose  
maybe someday i will open my eyes  
heart will be strong  
never again to listen to all his lies  
for now my family has gone away  
all because i chose for him to stay....

BARBARA ALVARADO