

Poetry Series

claire edmond
- poems -

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claire edmond(16 october 1981)

Hi I'm Claire and I've have had a rough time and lived a hard life but I've always loved putting my feelings into words on paper. Im 29years old have 4kids and just started writing one day about 10yrs ago. Along the way i ended up with a drug addiction and faced many battles in life and within myself, but i still kept writing throughout. I've never had the guts to see what others thought about them till now. Maybe its because im older n more open to critisisim than before. Thanks people.

Depressed

Cold, delicate as dark as the night,
Through the window I see no star,
Feeling lonely, feeling trapped,
Sometimes my mind wanders so far.

All of the hardship, no one knows,
The strange thoughts going round in my head,
I just don't know where I'm going to go,
But sometimes I feel like im being left for dead.

Whats happened in my life?
To make me so tired and feel like this,
I try and I try to keep people happy,
But all people do is just take the piss!

A long life, I hope not, but been told I'll have,
This I hope so much aint true,
Because life aint no fun, feeling like this all the time,
With just a snatch of being happy, and the rest of the days so blue!

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Dreams

After the pain has dissolved away,
You wake up clean and fresh each day,
But the hardest parts the buzz in the head,
Screaming "hit me hit me" filling you with dread.

Going through cold turkey is slow bleak and black,
But the aftermaths the worst, how your feelings rush back,
And as all of your feelings and emotions return,
You realise what you've done, and god does it burn.

But looking back at what id become,
How much I'd changed and all that I'd done,
I close my eyes and cringe at the shame,
And realise my life will never quite be the same.

The past is the past, there's no going back,
If I could, I would, at the dropp of a hat,
I'd change it all, I'd have no regrets,
If only I could close my eyes and forget.

So I look to the future with hope in my heart,
Hoping my life for once, won't fall apart,
And the only person who can fix things is me,
I need to stay strong, be all I can be.

My goals and my aims, I must focus on them,
If I do my life will come back together again,
My kids, some love, a home, job and car,
Life will be good, the past fading so far.

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Friends

Life is full of ups and downs,
Constant hurdles to overcome,
But when you got true friends around,
You can all pull together as one.

Moving house, feeling down,
Someone to talk to, who can make things sound,
And all the little silly things done,
Is what makes your friend a special one.

So when you find a friend like so,
Hold on tight and never let go,
Cause many things in life may knock you down,
But your friend will be there to help you back off the ground.

When you find them you'll instantly know,
There's always one person who always shows,
Knows what your thinking and knows something's up,
And they always encourage you, to never give up.
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Good Days Good - Bad Days Bad

The good days are good, the bad they're bad,
But being clean is good, and for that I'm glad,
Cause one day soon the pain it will leave,
I'll be happy in life and once again believe.

So in my head I need to be strong,
And in my heart to cause I can't let things go wrong,
I need to focus on important things,
And deal carefully with blows I know life will bring.

One day soon I know ill be free,
I'll understand life and what it can be,
I won't wake each day with dread in my heart,
Letting drugs rule my life, and tear it apart.

So I close my eyes as I wait for the day,
That I know my demons have all gone away,
My mind awake happy, living life to the full,
I wont need a hit, just to get through.

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Hurt

Life gets good then things go wrong,
Why cant I seem to just find someone,
To love me, accept me, for who I am,
Not make me feel like I'm nothing but damned.

I finally meet someone who makes out they care,
Then all of a sudden when they're not there,
Its like niggling thoughts get in the way,
Then everything's ruined in the space of a day.

"I accept it I don't really care",
"You can clearly see your not going back there",
Why say such things if it aint how you feel,
Or is there just someone else on the scene.

"I accept what you were, it's all in the past",
And now like a glass it's all shattered and smashed,
The truths coming out, I just wish I'd knew,
Before I went and fell in love with you.

So here we go, lets begin the new year,
Once again alone, my heart now burned,
Why do I keep getting punished in life,
I'm sick of it all, should just give up the fight.

I'm sick and tired of struggling in life,
To keep my head high, and try not to slide,
But sometimes I wish I was in the ground,
Then my heart wouldn't be broken or tossed around.

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Life

I lie in bed, I think about things,
I wonder if its all just silly dreams,
Can you ever be truly content,
Your life so perfect, you know what its meant.

Will I die and say to myself,
"I've done everything now, what else is left",
Or will I die all alone and sad,
Cause I lost all the things I could have had.

Things never turn out the way you plan,
For me they go wrong, I thinks its gods plan,
Is he punishing me for all my past sins,
For chucking what he gave me into the bin.

Kids, love, health and a home,
I had it all once but then let it go,
And its just so hard to try and fight back,
When no-one I know will cut me some slack.

But now things seem to be on the right path,
But I just keep waiting for things to go bad,
Will it be sooner or much later on,
Or maybe for once they just might not go wrong.

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You

Every time I look at you,
You always make me smile,
And every time I kiss you,
It send shivers up my spine.

I never saw this coming,
Though I'm kind of glad it has,
Cause no matter how I'm feeling,
You always make me laugh.

I'm feeling really nervous,
And I don't know what to do,
All I know is that I like you,
But afraid that you don't too.

So I go on wondering what to do,
If I should tell you how I feel,
Then I realise I'm to afraid,
Of what it might begin to mean.

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