Poetry Series

Clare Grover - poems -

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If you want to find it...

Seek it

Hold it

Keep it

Cherish it

Enjoy it

And live it like there's no tomorrow

Then it's all yours.

Clare Grover

Affirmation

So, I sit on my own and I contemplate how my life will be in one week... one year...in ten years, and I chuckle inwardly so the passers-by don't notice.

I cannot possibly know what to expect, and have learnt that I cannot control the future. The only way for me to be sure of anything is to embrace Today, and the trials, the joys, the ups and downs that it brings.

Each time the sun sets and I rest my eyes, my dreams parade and I relish in the ambiguity they possess.

Each time the darkness turns to light, I am faced with possibilities I have yet to encounter, people I have yet to meet, and difficulties I have yet to endure.

I used to fret about the unknown, and I forgot to appreciate what was right in front of me for fear of..I don't know what. But I am wiser and less stubborn, and no longer afraid to admit my failings.

I smile as often as I can.

I love as openly as I dare.

I worry less about 'what if's'.

I thank the stars for gleaming, even beyond a cloudy sky, for reminding me that I am but a mere speck in this awesome world.

I may be swept away, or blown around, but I am real, I am solid, and I am significant.

I will shine as brightly as my heart allows and be grateful for what I have rather than complain about what I don't.

I will be conscious of the special people I care for, and the love that my children shower upon me every day.

I will be happy to be me, and be proud of that

Beauty Is Having....

Boldness to shine one's own light,
Ease in the knowledge that you are unique,
Acceptance of one's flaws,
Understanding of others strengths,
Trust in your own thoughts about yourself...
Yearning for happiness each and everyday.

Discovery

Sometimes when your head is full of stressful thoughts and woes You cannot see the wonder of opportunity as it grows
It takes a while to mend a heart that's broken into pieces
But discovery of strength inside you - the power it releasesCan overtake the grief you feel, encourage you to change
Embrace the shift, and don't deny that happiness is in range.

Hythe Bay

I sit on shingle cushion and watch the pond ahead Slight ripples waver gently, seagulls hover overhead So peaceful and deserted, I smile and close my eyes Breathe deeply, hold it tightly, Simple pleasure in disguise A soft wind blows around me, still warm across my face I love this slice of heaven My calm and special place.

Life

Life is for living, not just existing

Life is for loving, not for resisting

Smile to the skies, and bow to the earth

Be joyful

And hopeful

Remember your worth.

Life Is Precious

Life is precious

Life is short

Don't waste time on second thoughts

Make your smile shine far and wide

And your heart will blossom deep inside.

My Darling Dad

I miss your patience and dignity
I miss your grace and bravery
I miss your kindness and generosity
I miss your smile and geniality
I miss the chances I could have had
to tell you I love you, my darling Dad.

She Holds In Her Soul

He brushes her hair away from her eyes He kisses her face as she dreams And sighs

He studies her face as she murmurs And smiles He loves this fair lady He curses the miles

The distance between them seems further each day She wants never to leave him He needs her to stay

The howl of the black dog resounds in his soul She so wants to help him But she cannot console

He feels like life is destined to fail
She tries to implore him...convince him to sail...
To sail with her heart...to trust her resolve
But she knows his head rules
Won't let his heart get involved

She prays for a compromise, for a brand new life But his darkness within him affords sadness and strife

The future will happen, each day will evolve Patience and calmness may help to resolve the fears and uncertainty that lay under the rim

She holds in her soul every fibre of him.

Summer's Hazy

Summer's hazy, almost over Nights are drawing in again Chilly mornings, cloudy skies and Promises of showers of rain Afternoons deceive us all with Sunshine coming out to tease Warmer breezes, softly blowing All of nature's flowers and leaves Watching mutely, taking in the Beauty, and the smells around Butterflies and bees a-flutter, Flitting past without a sound With warmer heart and saner mind, I Relish in this peace of mine A happy smile inside of me-It radiates a brilliant shine.

When You're Feeling Low

When you're feeling low and all around you is madness Remember the ones who love you, and banish all your sadness Try to keep your face to the sunshine and smile your bravest smile And you'll find your heart will conquer all those demons so vile

Words

Clare Grover

Words are my friends- poetry my lover

I will never decline a chance to discover what comes from within me,

I have to express.

I expect no more

I will give no less.

You Are The One

You are the one I'm meant to hold To trust my heart to and be bold Bold enough to bare my soul Allow myself to ease control Be guided by your loving heart Be safe and secure.. a brand new start.