

Poetry Series

Danielle Huffman
- poems -

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Danielle Huffman(12/15/78)

Suicidal Ideation

I hate life and I want to die
No one around me seems to care
How bad I hurt
Maybe I will slit my wrist
Or tie a stone to my ankles
And plunge into a river
Maybe I could go take an overdose
She will never know it
I wish I had a gun
That I could put up to my temples
And not even think about pulling
The freaking trigger
Death would be instant
Instead of dying inside slowly
Every one keeps showing me love
Saying that it can't possibly be that bad
Just shut the hell up
Because you don't know me
You don't know my freaking situation
So please I don't want to hear that anymore
And I don't want to talk about it
Because there is nothing that anyone can do
But to step back
Before you get blood on your freaking shoes

Danielle Huffman

Agony Everlasting

Why must this take hold of me again
I thought I was experiencing happiness
Over this everlasting sadness
That often times leave me paralyzed
Unable to do what life requires of me to do
Which is to survive
Which is the only thing that I am incapable of doing
Time ticks slowly, people move too fast for me
Laughter and excitement touching everyone but me
I am frozen in the darkness
That grips me tightly
Until I am as cold as ice
And I melt into a sea of nothingness

Danielle Huffman

Always There

Today is another day when I feel like I don't want to live anymore
I have to deal with the same bulls**t that plagues me to my grave
This darkness consumes me
It devours my existence of what life use to be to me
The pain that I feel is so great that it doesn't even hurt anymore
Its just there, lingering and lurking around
Always reminding me that I will never be free of it
Unless I take matters into my own hands
Into my own hands
You see, I don't hesitate in saying that at all
Because it is something that is always in my mind anyways
I walk and sleep thinking suicidal thoughts all of the time
So don't act like you're blind and pretend like you never
Saw that in me
You always knew that is was there
But you tried to wish it away
But I have news for you
The thoughts still stay
And there is nothing you can do about it anyway.

Danielle Huffman

Bright Red Scream

Have you ever been so numb
You literally didn't have the
ability to feel?
Complete nothingness
The only way to make sure that
you're not dead is to cut
That bright red scream
that oozes out of your soul
onto the floor
Like an addiction
You keep wanting more
Until you have tracks
Running up your arm
Just giving you the motivation
to start on your other arm
Like it's a brand new sheet of paper
Like a clean slate
The first cut is always the most painful
But the pain gets less and less
You keep cutting just to see if you can still feel
But when you can't
You just cut deeper and deeper
Until your bright red scream
Becomes your bright red nightmare
Only to realize that your screams go unheard
And all you are left with
Are just scars

Danielle Huffman

Broken

I am broken beyond repair
I feel so alone like no one really cares
My thoughts turn dark
My soul turns cold
My blood is bleeding black
I never thought that I would be back
to this pit of sadness
I am breaking down
I am breaking bound
My soul is condemned
This pain will never end
They say where there is darkness there is light
Maybe for me the light does not work
Or it is shattered into pieces like me
Or it is broken like me

Danielle Huffman

Damn You God

Damn you for making me this way
Damn you for my thoughts of death
every single day
Damn you for the sadness that
you chose to store upon me
Damn you for having undeserving
people living healthy,
happy, and free
What did I do to deserve this
punishment
Thought I served you well
self servant and obedient
Guest not `cause all I
is this cruel fucking treatment
For I will never worship you all
you ever gave me was oppression
I have a new God now, for I
know him well
You should know him to, you introduced us, remember
You told me he will be my best friend
and his name is Depression.....

Danielle Huffman

Dark Sea

I am swimming in the sea of darkness
Struggling to find my way to the surface
I sink deeper and deeper
As I struggle to hold my breath
Wait, I grip something
Maybe this will help me up
I hold on to it until it slips out of my hand
Onto the bottom of the sea
I search to find something, anything to pull me up
I look and look
But there is nothing
I sink deeper and deeper into the wet mouth of the sea
Until I let go.....and I drown

Danielle Huffman

Death Becomes Me

Death will be coming for me soon
I can feel it make its presence
Its rots my heart and destroys my soul
Death doesn't want me to see
my daughter grow
It doesn't want me to grow
wiser and old
It holds me in the grips of misery
brings on this sadness
makes me cold
I welcome to see it for Death becomes me
I can't wait to be its pawn
its my ultimate destiny
It loves me better than anyone can
Its better than feeling hopeless
and depressed
So take me and kill me
do what you want
Just take away this pain that dwells in my heart

Danielle Huffman

Deaths Dream

The way that I am today, is no different
from the rest
Drowning in sin, darkened soul, lingering
thoughts of death
My mind is racing, my hearts beating fast
don't know when to call it the end
Living in this life of suffering,
this pain hurts too bad to pretend
Blind eyes can see how bad I hurt
I'm bound, I'm weak, I'm shamed
Locked in this prison away from humanity
I'm alone, I'm lost, I'm condemned
My soul is cold, my hearts on fire
Will I live to see tomorrow?
I fight to breathe, but there is no use,
because death is my only desire

Danielle Huffman

Episode

I can feel it creeping up
The hopelessness that turns my heart
to ice
I just want to float away in a river
of happiness
But all I feel is despair
Is this my fate to feel so unwanted
so alone, so in pain
I am so lost in my own misery
there is no light
All I see is darkness
It lingers every where inside me
You can see it through my eyes
You can read it in my thoughts
I just want out of this darkness
I just want to sleep
I am so tired
I just want to cry
This pain is to much
Release me
Let me go

Danielle Huffman

Eternal Escape

Enters the girl who is sad and lonely
Feels like she's living on borrowed time
Waiting patiently for her life to end
For her, this life has no meaning
She feels like it has no place for her
Life is only for the living
Alive she is not
For she is dead on the inside
She is not sure that others notice that
she does not belong here
So she carefully plans her escape
Her way out of the agony
A way so she could be set free
A way for her to disappear out of this world
Forever

Danielle Huffman

Flying High

When you are euphoric
You see things differently
The world seems brighter
Colors are electric
Your energy flows through you
like never before
Sleep is not an option
You have so many things
that you want to accomplish
Your confidence is overflowing
Everything is golden
Your ambitions soar
You feel more sexy than
ever before
You want more
Of everything
You are immortal
Until your world crashes
And you no longer have the will
To survive

Danielle Huffman

Help

I don't want to live
Why won't this feeling ever pass
I just want to die
Why am I so empty inside
My eyes are old
They've seen things
That I should never see
My heart is frozen to cold
To let anyone in
My life's a sin, it can't be fixed
cause its to broken
I can't pretend that everything is
alright
You never know I just might kill myself
tonight
Smile on my face but I'm suffering
inside
Depression grips me I have no where
to hide
It always finds me never
wants me to be free
Its grips my mind into hating
everyone...hating me
Thoughts of death flooding
in my mind
Why can't anyone save me
from myself
Why can't anyone hear my cry
for help

Danielle Huffman

Highway To Madness

Panic turns to manic
Scared was I before
I love this feeling
Of endless thoughts
A traffic jam in my mind
It is hard to find which
Idea
They move so fast
At the speed of light
I want to race all of the cars
Speeding by rapidly
Like lightning bolts
That flash and crash through
My brain
I am so happy so full of
Euphoric bliss
Loving life too much to be
Insane
Then your car crashes into itself
Until the cycle starts all over again

Danielle Huffman

Invisible Soul

Crowded mind
I can't seem to get to sleep
I keep crying my soul is too deep
Too broken, afraid that I might break
I can't seem to fight the pain
I am afraid it is too late
I am too far gone
I can't climb out of this hole
I want to give in
I can't find my soul
No one will help me
No one will free me
This despair will only break me
Down to the brink of nothingness
I am so numb
I am so tired
I am already gone

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Kill Me

It's dark in here Inside my soul
My mind is grey and my heart is cold
Why do I have such thoughts of death
That's the only way I can do away
with this mess
Of an existence that I call my life
I don't belong in this world
I hate myself I will burn in hell
I don't deserve to live only death
is my fate
I want out of this world
It will be better off without me
No one will morn me
because no one cares
They don't dare to come near me for I am sick
And they don't dare to catch this disease
I want to diminish this tortured soul
that I have become
Just kill me now so I can finally
have peace.....

Danielle Huffman

Mood Dance

Don't know which mask
I am going to wear
Day to Day
Elation, irritability, depression
All plague me
I don't know if I should laugh
or cry
Nights of sleepless dreams
Days of agony and anguish
I am a chameleon
I know how to pretend
To be happy,
When I am sad
But faking is too hard
When I am exploding on the inside
When I am mad
I am mad
In every sense of the word
Happy
Happy to be alive
I am the queen
The world is my Queendom
I am immortal
I will never die
But when you're high
You must come down
Down into the depths
Of myself
Where I will remain
Until the cycle starts
All over again.....

Danielle Huffman

My Manic Rush

Everyone expects me to sleep tonight
But how can I when my mind is going full flight
Hopping and jumping how fast my ideas go
As i get started on one
That idea too fast to hold
My antennas are up
My eyes are open wide
My hearts pounding fast
Feeling like I'm about to explode
Sleep not an option
My mind forever talking
It's just matter of time
Until the crash comes
And my body turns numb
But until then I will enjoy the
Natural high
Until I cry
To stay alive

Danielle Huffman

Prison Of Sadness

Here I am again in the same place that I started from
Hating frustrating coming undone
Lost in my own thoughts
Negativity in my head
Seeing the world differently
The sadness slowly taking over
All that I believed before
Paranoid
Not able to see what 's in front of me
Manic to the brink of destruction
I am at the point now, where I am ashamed
Of what I am thinking
Private thoughts that I think that everyone can see
Scared of what they would think of me if they
Could see the real me
Right through me
My soul is transparent
Color of night
I can't see the light
I am stuck in my own prison of sadness
Locked away to rot

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Suffocating

I am suffocating in this darkness
Suffocating in this pain that always lingers
I feel like the only way to be free
Is to die
I can't live this lie of happiness
I am too lost for anyone to save me
I have no faith in life anymore
I am too far gone
I am too numb
For a remedy or any cure
This pain hurts my soul
Too bad to endure
A smile for me is only a dream
Crying, sadness, and darkness
Is all there is for me
Only death will set me free
Only death is my ultimate destiny

Danielle Huffman

The Darkness Inside

The pain in my soul won't go away its hurting deeply
It lingers on in my head things that happened days ago
I just want to be left alone and I just want to die
I want to suppress this pain that is bounding me inside
I feel so sad all I do all day is sleep and cry
Its the only thing that I feel like I can do
To avoid what I can do to tear this pain away
Why won't it leave me alone I am better with out it
But will I be the same person without it
I doubt it
Its a part of me
The darkness inside
Thoughts of death from my hands
That's hurting in my mind
Can't stop the pain can't stop the hurt
Maybe it will leave me if I'm not around
I hate myself, I hate everything that I am
I hate the place where I dwell
I hate where I am from
No one understands
No one even cares
They don't care about the hurt that I feel daily
They don't care about the suffocating that I feel all around
I am bound
bound in this body that is like a prison
How can I escape this how can I end this
I will commit suicide by overdose
Or maybe I will slit my wrist
Or kill myself slowly by not eating
Whose here to stop me I don't think you can
Another day my blood still flows
I look normal but the darkness is still inside

Danielle Huffman

The Lesbian In Me

I keep asking myself why I am the way
That I am
Was I born this way, did I choose to be like this
Why do I like to be touched by a woman
Rather than a man
Is there something wrong with me
Am I an abomination like the bible has said
Why is it that I can't get the thought of women out of my head
Am I a freak, Am I going to hell
No, I am not on my way, because I am already there
All I am doing is loving, why is that such a sin
There is no greater love, than being a lesbian
Women loving women, is what I like to see
It would just make the the world
A better place to be
So you see everyone
There is no change nowhere in me
I think I am the way that God, made me to be..

Dedicated to all that was made differently

Danielle Huffman

Twisted Soul

I am lost inside my head again
No one to read my thoughts but me
My own private hell
Feeding on my fears
Memories of a torrid life
A twisted fate
Living in the dark shadows
of sadness
I am in the deepest agony
Clawing out of the depths
of my sorrow
Leaving my soul to be sacrificed
Into the pits of my oppression
My insides twisting
My heart bursting
Into the putrid puddle
of regret
Regret that I am still alive
But only on the outside
Inside I am already dead
Already a rotten mess
Already lost

Danielle Huffman

Untilted

I'm on the verge of tears
It would just be easy just to end this
Endless suffering on the inside
Bursting out of me
I want to scream
I want to cry
I want to die
But no one hears my screams
No one cares about my tears
After I am dead and gone
Giving a damn about me
Will become irrelevant

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