

Poetry Series

David Cadywold
- poems -

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David Cadywold(1966)

I started writing poems as Im not very good at keeping a daily diary. I find it easier to put my thoughts and feelings into poetry. Each poem covers either a single instance or a topic that has got to come out of my head as its been worrying me. The process is one of two, either, the poem flows straight out of my head onto paper, or the poem creates itself in my mind over several hours or days, then I put ito to paper.

40 Years Old

40 years old
But still 15 at heart
Not living my life
Or so it seems.

I dont want to live
Cos I'll die too soon
So I do nothing at all
And my life will go slowww.

The problem with that
Is I have no direction
So that is why
I'm stuck in a rut.

Misguided perception
Of life after death?
If its nothing but nothng
Im wasting my place.

Motivation and enthusiasm
I need to desperately find
If I'm ever to get
My life back on track.

So this little ditty
Ive spent all night pondering
For you all to read
To see my position, my quandary.

PLEASE DO NOT DO AS I HAVE DONE! ! !
GO LIVE YOUR LIFE
IT DOESNT LAST FOREVER
WHEN YOU ARE 40, PLEASE.

BE 40.

David Cadywold

Am I?

Days are long,
Nights are longer,
With no one to share them with,
Its companionship I hunger.

A year alone is starting to tell,
My state of mind is wavering like hell,
No one to talk to, its just my own thoughts,
I answer myself, that's normal of course.

Suggestions are often spoken to me,
Not from outside, but inside you see,
The only friend I've got out here,
Is the one inside that talks to me.

Slowly slipping, and sliding down,
Not sure how long, till I go boom,
Then they'll come and take me away,
In a jacket and white room I will stay.

I'll get told, its childhood stuff,
That I've kept inside, all locked up,
Talk it all out, it will set you free,
They'll tell me I'm fixed just wait and see.

So what, I talk about it,
Doesn't stop me being alone,
Still need some friends,
To visit me at home.

David Cadywold

Biker Hell...

The mad biker rides his mechanical beast
It doth purr and growl, and by hell it doth go
Raping the tarmac and taking the bend
Burning the rubber seeking his foe.

I hear the rumble of hell on wheels
I sight his headlight a pin in the night
It's journey towards me, the beasts on a mission
I'm starting to tremble, my bowls in submission.

Burning closer staring me down
Growling louder, light getting brighter
I can't move, I'm stuck to the ground
I need to move, he's not going round.

Metal meets flesh, cracking the bones
Beast keeps going driving on
My legs are snapped, shattered the pair
My body is tumbling through the air

My corpse lands hard on the ground
Cracking and snapping the only sound
Blood seeping out, bones all bare
My heart is only pumping air.

David Cadywold

Cant Sleep

I went to bed, I went to sleep
But at half past two I was awake
I dont know why, I cannot say
It seems to me that sleep escaped

I lay here in the dark
I lay here eyes shut tight
My mind was spiralling out of control
This poem I have to write

So up I got
The light switched on
Pen to paper I started to write
I hope this poems not too long

I'd like to lay back down again
Turn off the light and try again
To close my eyes and fall asleep
For a few hours try to keep.

David Cadywold

Chains

If I could be anything I could be, what is it I would be?

Quite simply put, I would have to think about it, what it is I'd like to be

What would I be, what could I be, something wonderful, it would have to be

What I chose to be, is a wonder to see, but it doesn't mean you can see

You cannot see what I chose to be, cos you cannot see my reality

Why would you want to see what I could see? go see your own things that you can see

If you can't see, don't come to me cos I can't see your things to see

What you want to be, what you want to see doesn't mean you will get to see

What you see may disagree with all the things you'd like to see

I am not mad, but I am quite glad, imaginations free

Cos living by the constraints of life is chains enough for me.

David Cadywold

Cuddling

We are cuddle, cuddle, cuddle, cuddle, cuddling
We are cuddle, cuddle, cuddle, cuddle, cuddling
Thats what we do when were in bed
We cuddle, cuddle, cuddle, cuddle, cuddle...
We lay together in bliss, cuddles is all we do
we dont even bother to have a kiss
We are cuddle, cuddle, cuddle, cuddle, cuddling
Oh yes
We are cuddle, cuddle, cuddle, cuddle, cuddling
Were all grown up, we cuddle up
We even smile and have a bite
Of toast or cereal and a cup of tea
I dont like tea, just coffee
She likes tea but not sugar free
omg I need another pee
We are cuddle, cuddle, cuddle, cuddle, cuddling
We are cuddle, cuddle, cuddle, cuddle, cuddling
I smell her hair cos its all there
I wish I could say the same for me
Her heads on my chest, her arm across my waist
Her mass of hair is all in my face
And now its starting to strangle me

David Cadywold

Dead To You

Im dead to you, Im dead to you
Cos everything I do seems to irritate you
You've cut me off you've cut me out
I might as well not exist, you shut me out
You wont talk to me about you and me
If I try to bring it up, you stare at me
I dont know what to do I dont know what to say
Cos everything I try pushes you further away
If I do nothing at all, it sits stagnantly
Growing into an uncontrollable resentment tree
The branches get longer the roots go deeper
One of these day It will be a vicious hate maker
Thats when you will turn to me
And blast me with all your pent up energy
After you've unleashed all that rage at me
and had time to calm down considerably
You'll either realise you still love me
Or tell me to go and be rid of me

David Cadywold

Flick

He will never be forgotten,
he's always in our heart
'the little man' was my best friend
not so soon did I think he'd depart

So sudden did it happen
so trivial did it seem
one moment he was bouncing
the next he was in pain

It didnt get any better
it just got bloody worse
his back legs wouldnt move no more
his front did all the work

Over the next few days his front,
refused to work as well
paralyzed completely from the neck
we're bloody mad as hell

Release me, now its my time to go
I heard him in my head
you've all been so good to me
the best a dog can get

The vets they did examine him
laying paralyzed on the bed
'We really need to put him down'
'Its for the best' they said

We said goodbyes, he kissed our noses
tears running down my face
it isnt fair, its a damn disgrace
to take 'our little man' from this beloved place

Cradled in my wifes embrace
his heart began to stop
his loving looks he gave her
'goodbye my life is up'

We all came close, we cried, he'd died
so peaceful was his face
released from his broken body
now free in time and space

He visits, he will not leave
to keep us company
until the day we can move on
he'll stay to help us grieve.

David Cadywold

Flow With Life

The things I used to love to do
Dont seem to interest me no more
I must be a changing, wow suprise
Its only taken me 41 years to realise

Can I accept it, can I live with it
Will I love me, will I hate me
New the feelings that are stirring
Are all new and are scaring

Times a changing, times a healing
I feel confused the way Im feeling
Not unhappy and not just sad
just waiting for the next installment to add

Will I be nice and loving, will I be a miserable git
This is the conundrum of what I think
Maybe today Im lovely and bright
And maybe tomorrow I will feel totally shite

This seems to be the process of life
Live it, change it, live it, change it
Trying too hard to get it right
I should stop trying to force the light

What if I get to a perfect harmony
I might just hate it, it might not be me
Then I've spent time forcing me this way
And I've just set my life back, boohoo not hip hurray

Gotta let go of not in control
Just roll with hills of this chance of a life
We all get to the end in the end
Just try to be happay and lean with the bends

David Cadywold

Glastonbury

Goddess observes from Glastonbury Tor,
People wander around Avalonian Lore,
The veil that hides betwixt the worlds,
Like an invisible mist that constantly swirls.

Those that have a mind to look,
Can see without the aid of a book,
Living life without being wound,
Spiritually free, not physically bound.

Tentatively sensing the ether around,
Seeing and hearing spirits abound,
Ancient ghosts that walk the streets,
Striking up conversations with people they meet.

Please do not joke or pull apart,
The spiritual power at Britain's heart,
This is our faith, our hope, our power,
Let it stand tall and proud like a tower.

So far I think, we've all observed,
The spiritual meaning of the Glastonbury world,
Dismissing the legend just out of hand,
Is denying the magic of our fair land.

David Cadywold

Happy

Happy is as happy does
Whats the deal
Feel the buzz
I won't feel down
I won't feel sad
But I'm not ready yet
To play like a clown
Iggely piggely
Wiggely woo
As each day passes
I fell less like poo.

David Cadywold

I Dont Know What To Do

I dont know what to do
And I dont know what to say
Cos I havent had sex for a couple of days
No wait, thats weeks, no months, been years

She doesnt seem bothered
She doesnt seem to care
But when I do have sex
Probably wont be with her

Nothings been sought
And nothings been planned
But it really looks like
This marriage is damned

I ask her if we will get better
The answer is either yes or no
Yes means yes and no means no
But the silence I get probably means...

David Cadywold

Im Not Very Nice

I just realised Im not very nice
I have black thoughts, can be as cold as ice
I sit in town, and drink coffee
I mentally criticise everyone I see
Shes fat, shes short
Shes pretty, shes nice
Fat legs, thin legs
A bitch, uptight
Tall, spotty,
Bloated dwarf
Stuck up nagger
And Fugly of course

David Cadywold

Inner Child

Crazy feelings running wild
Not sure why, I guess its my inner child
Wants to come out, wants to play
Probably as Im feeling a little low today

It makes me feel like when I was younger
But not attached to anyone, its a wonder
Why I cannot just be, let go and be
fun and free, as now Im single and Im free

Head says TIME, heart says CRY
these two little suckers fighting they try
To help me get on my feet again, I know I can
I know will eventually be my own best man

Get out to play, and meet a girl
Fall in love and then we will curl
Up together, in each others arms
Talking sweet love and singing her charms

David Cadywold

Is It Love?

Its a feeling I have inside
I can't escape it, I cannot hide
it skips a beat, and flutters a while
Whenever I think of you, I have a smile.

It feels like a fairytale
All magical and wonderful
I think of you and us so much
And makes me joyful and tingly touch.

David Cadywold

I'Ve Changed

Don't talk to me, like you think you know me
You gave up that privilege
A few months before
When you told me to go
I want you no more
So off I went out of the door
To a place of my own
My brand new home
Where I live by myself
But not on my own
With both of my cats
My guinea pig
My Angels and spirits
And myself of course

David Cadywold

Keyboard

Tippety tap, clickerty clack,
Tapping out a keyboard rap,
She can't type quiet, she can't type gentle,
This noisy racket is driving me mental.

David Cadywold

Knackered

Im knackered, Im knackered
Im just not tired
Im sleepy, Im sleepy
I just cant sleep
Im laid on the bed
Not stood on my feet
And I think theres a bump beneath this sheet
I pull the sheet tight
And flattern the mound
I sort out the quilt
And lay back down...

David Cadywold

Lethargy

Sitting on my own, just another boring day,
No one to talk to, got no words to say,
Minutes roll by, hours take days,
Dragging the time through a deluge of clay.

I must love life, cos I haven't done dead
Can't get on with it, I live in my bed,
Drowsy, droopy, lethargic, all spent
No energy at all, zombie body I meant.

I don't see why I survived the crash,
Life's gone downhill since that terrible day,
Lost most of my friends, and all my family,
If the universe has a plan, then please show me.

Lift up my life and improve my mood,
Im open to offers, for new things to do,
Goddess and God, I submit to you,
My Angels protect me, through everyday to.

David Cadywold

Lie To Me

Why did you lie to me and lie to me
Thats all you ever did was lie to me
You werent content with the way we were
So you went and slept with my best friend

The very next day I really didnt know
When he came round you both acted normal tho
Hes the only one I found out about and
That was when you told me and kicked me out

Why did you lie to me and lie to me
All the times you said you were in love with me
Why did you lie to me and lie to me
You money grabbing bitch, you lied to me

You werent content with my ex-best friend
Cos after a while you slept with his best friend
Eventually you slept your way to the top
Nowhere else to go so you had to stop

Why did you lie to me and you lie to them
I just dont believe thats where it ends
You trampled over us to get to the top
Ha, theres only one way when your at the top

Why did you lie to me and lie to me
Yourself was all you thought about
The saddest part of all that was
Everyone knew apart from me

Eventually I repaired myself
Got myself together, became a my own best friend
Better this time with more confidence
I was a fun lovin, calm and happier guy

It just goes to show, that what you go through
Doesnt have to be the end of you
I learnt about life, and more about me
And for the past 16 years, had a happy family.

David Cadywold

Live Or Die

The mystery of life flusters us all
Why are we here, why were we born
Is it important what we do in life
If we believe there's an afterlife

Just for a moment think that there is
It changes your perspective about everything
And if we're here do do certain things
At some point in your life you'd best start living

If you don't do what you came here to do
You can't enjoy life, your killing your soul
Misery, depression, hopeless and cold
You've wasted your life, now your to old

Get off your couch, go for a walk
Think about what will lighten your soul
Find a good friend with whom you can talk
Start living your life and walking the walk.

David Cadywold

Live Or Die?

If you could do it, to stop the pain,
Would you take a blade to your jugular vein? ,
Stop struggling, lay down on the bed,
Eventually you'll fade, when your bloods all bled.

If there's nothing, no afterlife,
It makes no matter if I'd regretted the choice,
But if there's spirit's all around,
Would I be upset when I looked down? .

This body would feel no more pain,
No happiness or sorrow, no loss or gain,
Free from depression, stress an all
Sounds like a plan, sounds like a goal.

I don't worry if people got upset,
I know I sound selfish, I haven't done it yet,
Living alone, and all on my own,
I feel vulnerable, I feel prone.

How can I shake these feelings of dread? ,
When I get told, better to be alive than dead,
But the truth of the matter is simple you see,
I've not been right since my head injury.

David Cadywold

Looking At Love

When i walk into costa, and see you stood there
My tummy flutters, feels like I'm floating on air
You glance towards me, and smile
I just melt away, and stay for a while

When you speak to me, my heart skips a beat
I just want to kiss you and for our eyes to meet
Your body is so slim and so perfect
That I just want to touch you forever, and hold it

I can imagine, every morning I wake
Physical contact with you I would make
To love you and please you is my law
Till my heart stops and it beats no more

You might laugh at me and this ditty
Even tho its stupid and shi**y
But I cannot lie, when I tell you
I'd fall for you, and I'd love you.

Merry christmas and happy new year

David Cadywold

Lost

Ive lost what it takes to be really me
Ive lost what it takes to live happily
Ive lost what it takes to really see
How the future will be for me
Happy, healthy, wealthy not much to ask?
I dont think so but I cant be arsed
Please dont bother me or make a farce
If Im pestered too much it'll make it worse
Ive spent a lot of time soul searching
Its been very deep and far reaching
Issues come up and I write them down
Its very serious, but I havent moaned
Im starting to feel better, that much is clear
Ive kicked myself hard, and got my arse in gear
Gonna start to paint, gonna start to draw
Ideas running wild, making my stubborn head sore
When Ive put pen to paper for you to see
I'll probably criticise it, but thats just me

David Cadywold

Love Is.

Have you ever been kissed?
No, really truly kissed?
That your tummy flutters,
And your knees go weak.

Have you ever been loved,
Feel like your going to burst,
Craddled in someones arms
While you've fallen asleep.

Have you ever been touched,
So you know your the one,
The most important person
In that persons world.

The universe revolves around you both
Not just around him
You do things together
You share everything.

If hes happy, you are as well,
If your happy, he should be too.
Share the times, both good and bad
They may not last forever, and you'll miss all that you had

Regret, regret is the biggest thing
That will burn out your heart and harden your soul
Turn you into someone
You dont recognize or like anymore

Let it all go, and open your eyes
There's life out there just waiting for you
Theres even new love,
Someone special for you.

David Cadywold

Meaning Of Life.

Can you explain the meaning of life to me?
Cos so far its still a complete mystery
I live each day just mooching along
Its almost as if, in this life I dont belong.

I think about how I want my next life to be
Sometimes I'd like to be there, so please hurry
And then I remember what I have in this life
Balancing everything I love on the edge of a knife.

I have a great daughter, whos real close to me
She helps my life so I'm a living stress free
Doing some chores and keeping me company
She plays on the computer while I watch my tv.

David Cadywold

Memories

The one I split up with
Is not the one I met
Not the one I fell in love with
Or got inside my head

Time changes all of us
The way we look and feel
Expecting her to be the same
Is unrealistic and naive

The images of her running through my mind
When I met her 20 years ago
Are the ones I have difficulty with
Just cant seem to let her go

Each night that passes, I sleep some more
Less twisting in my tummy, less pain in my heart
I cannot keep dwelling on feelings from the past
Set them free, deal with them, they say the pain wont last.

David Cadywold

Midnight Flatulence

PARRUMP! ! ! ,
You dirty beep beep beep,
I do apologise my sweet,
I thought you were fast asleep.

David Cadywold

Mother Nature

Buildings growing from the ground
Skyscrapers they are called
Ugly sights blocking hills
Like curtains hiding window sills.

Destroying nature's precious earth
Will wake her full of wrath
When will we stop, when will we learn
From her anger we will burn.

We are gone, we are dead
The earth can rest in peace
Fully rested, wide awake
A brand new future she will make.

David Cadywold

Moving Along

Through terrible times I have been
And horrible things I have seen
Hurtful tells I've been told
I'm tougher now, I thought I'd fold

Once or twice I've cried my eyes
Its harder as I was told no lies
The truth was really hard to hear
But at least it was all sincere

There was no spite there was no malice
Her love for me is now an empty chalice
Her feelings for me had vanished they'd gone
I'm getting better I'm moving along

My future is bright I know I see
My Angels told me, that now I'm free
I'll meet someone thats more perfect for me
Have a great life and live happily.

David Cadywold

My Friends

My friends are great
They mean the world to me
If I'm happy or sad, they listen you see
But when I'm all alone and I start to cry
My Angels take over till my tears run dry.

David Cadywold

My Frustration

Sitting here, writing thoughts
Not knowing what to say.
Everytime I think Ive got it
It turns and runs away

My head is buzzing with this shit
And it just wont go away
Just when I think I have it
It changes, turns, and runs away

These thoughts they do avoid me
Like car keys gone astray
Then people ask me whats the matter
And I just dont know what to say

One day I might get lucky
And catch it as it starts to run
Then Ill know just what to do
And then my life will be fun

Theres plenty in this head of mine to keep me stuck for years
One day I hope to sort it out if I live long enough
If I can get the courage up, and look it in the eyes
Then grab it by the balls and swing it round, and say enoughts enough

My head is pounding, spinning, dizzy
Lost in thoughts n all
I just cant see the place to start
My Angels I need to call

They are so kind, they're always near
Whenever I need to talk
With questions questions questions questions
They never turn and walk

Advice they give, its always right, but answers I cant find
They will not tell me what to do, my life is mine they guide
Frustration I am running with, but deeply I trust them so
I bury my head, cower and dive, life coward, permanently hide.

Just when I think I have it
My voice so hoarse I bark
And then im right back at
THE FERKIN BLOODY START!

David Cadywold

My Own Spectator

As I wander through the halls of my home
The strangest feelings in my bones
I'm not by myself, I'm not on my own
Theres eyes following me, wherever I roam

I sit in silence, I sit in dark
Listening to my thoughts, like a spectator
The things I hear, they stab at my heart
I will run away and try again later

Theres truth in every possibility
Not all of them, will I want to see
I hurt a lot just so you know
Chastising myself a really low blow

Its not all my fault, I understand this
I cant stop thinking that maybe it is
If I try to do something good for them
I only end up hurt and feeling down again

I'm taking advice my friends give to me
Do it for myself and live selfishly
You've got to move on, you live on your own
You cant afford to pay for both homes.

So on the morrow, my money is paid
Into my bank it is carefully laid
I will pay my own things, by my own stuff
And I don't care if she goes in the huff

Ignore her I will, and live my own life
For she, for months now has not been my wife
Forms have gone off, paperwork has been done
Divorce in progress, it wont be long.

David Cadywold

My Truth

I've lived on my own for six months now,
I've stopped being quiet from verbal attack
I speak my mind and say my truth
If you don't like me now then don't come back

I've changed into the person I've become
And now I stand up and defend myself
Quiet old David from six months ago
Removes stress makers from his life you know

I'm hoping this will help me calm and simmer
Think no more of stressful times
Plan ahead be calm about it
Bring peace to my life and start to enjoy it

David Cadywold

Mystery Of Life

The mystery of life flusters us all
Why are we here, why were we born
Is it important what we do in life
If we believe there's no afterlife

Just for a moment think that there is
It changes your perspective about everything
And if we're here to do certain things
At some point in your life, you'd better start doing

If you don't do what you came here to do
you cant enjoy life, your killing your soul
Misery, depression, hopeless and cold
You've wasted your life, now your too old

Get off your couch, go for a walk
Think about what will lighten your soul
Find a good friend with whom you can talk
Start living your life, start walking the walk.

David Cadywold

No Arguing.

How do you know what's at the bottom
Till you are down there to see
But getting there is a slippery slope
And friends you will lose probably.

But worry I will not, just need to cast them off
Like a snake that sheds its skin
How else am I supposed to grow and lose the stress I feel
That's how we move on and up the life of wheel

I try to debate and have a good laugh
Its not my fault when you read it your mood is grim
But when they react like a playground brat throwing comments out from the past
It has no relevancy on now, I've moved on and left the class.

David Cadywold

Power Corrupts

We live in this country, on this island of ours,
Humans together, one and all,
With Cameron, Osbourne and Clegg in power,
They are splitting us up, people dying every hour.

Rich for the rich, the rest are all fodder,
To be taxed to death, to fill their coffer,
When money fails to flow, the voters will know,
That every party's the same, as bad as each other.

When will we know that monies not all,
People's lives, their health are more,
We should all be involved in the choices we have,
Start again, with family, not just people with power

David Cadywold

Relaxing

Tumbling and falling
Twisting and turning
I think I'm on fire
I can smell burning

A candle casts its shadows
Across the darkened room
Dancing all around the walls
Giving off its sweet perfume

The silence is only broken
By the ticking of the clock
The crackling of a candle
And my heart going tickety tock

Calmness is descending
Over my relaxing form
Sleepiness is rising
here come the endless yawns

David Cadywold

Scream And Shout

What is it with me
Insides tangled up like the roots of a tree
Torn and twisted, stubborn, sad
Out of my mind and going mad

Get a grip and work things out
Stop acting so selfish and living in doubt
Using excuses to avoid the reasons
You've lived in denial for too many seasons

Helping and healing are a big part of you
The trouble with you is no one but you
Dig deep inside and rip it all out
If needs be you should scream and shout.

David Cadywold

See Me

Look at me, what do you see?
Can you see past the flesh?
Can you see the disability?
Cos it isn't obvious for anyone to see.

With all my limbs, and no wheelchair
You think I'm fine cos everything's there
You think, whats he up to, he isn't playing fair
I talk very well and I'm all there

So that's your point of view of me
Cos you cant see my disability
So let me tell you what its like
Living like me every day and night

Permanent pain in most of my joints
Tipsy like Ive had a hundred pints
Memory so bad I cant remember stuff
As most of the time I have to guess and bluff

When I stand the whole world spins round
Stagger all over, grab something, or fall to the ground
Holding onto things to keep me straight
I get frustrated and start to vexate

I'm always low on energy, I'm always tired
I cant seem to do much more than a couple of hours
Before I need to sleep, recharge my battery
But I'm disturbed by my constant need to pee

Stand up sit down, toss and turn
Concentration wont last long, makes it hard to learn
Teach me something new, I'm really pleased
Better start over after a cup of tea

Just cos I can listen, just cos I can talk
Doesn't mean Ive taken it in or remember at all
Asking me to repeat it back again
Is like asking a newborn to count to ten

People think I don't want to work
People think I'm making it all up
You try to live one day as me
Then you'll know how hard it is for me.

David Cadywold

Sleep

I went to bed, I went to sleep
But at half past two I was awake
I dont know why, I cannot say
It seemed to me that sleep escaped

I lay there in the dark
I lay there eyes shut tight
My mind was spiralling out of control
This poem I had to write

So up I got
The light switched on
Pen to paper I started to write
I hope this poems not too long

I'd like to lay back down again
Turn off the light and try again
To close my eyes and fall asleep
For a few hours try to keep.

David Cadywold

Slow Down

Time is churning, never stopping
Your caught up, you better start learning
To live each moment to the max
Dont stop for a second, never relax
Cos if you do, you might miss life
Then it will be over in the blink of an eye

One thing that you need to learn
Is when to reduce, and take things slow
To catch your breath, and take it all in
Rejuvenate your body, to start again
Thats a lesson thats hard to master
But once you have it, slow down, not faster

I've yet to uncover this 'slowing down'
I live to fast, both feet off the ground
I dont look back at what I do
Move onto the next, way too soon
Before I know it, Im spinning so mad
I hate this speed Im SOOO not glad.

Then one day when Im ninety three
I will say to myself Im too old you see
I spent all my days racing to be here
Now that I am, I've done nothing at all
Married my wife
Had a daughter THATS ALL

No job, no money, no house of my own
Regret and depression killer of all
So lonely, so sad of life I never had
Thats why I think Im a silly lad
On my own, nowhere to go, cept
a coffin or vase on the wall

David Cadywold

Tears

It hurt so much thats why
I've had to learn to cry
Not the little wet drops
But great big huge wet plops

Tears streaming down my face
Both sides fighting to win the race
Running down to reach my chin
Then start at the top, all over again

When the emotion has worked its way out
The tears stopped running, again a drought
Eyes left sore ringed and red
I feel more alive not quite as dead.

David Cadywold

Terrible Times

Through terrible times I have been
And horrible things I have seen
Hurtful tells I've been told
I'm tougher, I thought I'd fold

Once or twice I've cried my eyes
Its harder as I was told no lies
The truth was really hard to hear
But at least it was all sincere

There was no spite, there was no malice
Her love for me was poured out of her chalice
Her feelings for me had vanished, they'd gone
I'm getting better, I'm moving on

My future is bright, I know, I see
My Angels told me that now I'm free
I'll meet someone thats perfect for me
Have a good life, and live happily.

David Cadywold

The Light

I feel I'm in the tunnel now
Light at the end is my life anew
As I travel the bumpy road
Some things I shed, some things I unload

Lighter now, my load it feels
Easing the burden it once concealed
Dropping off and fading out
The past I leave behind no doubt

Looking toward a brighter life
Loving and romance but not for a wife
Meet someone new far and away
To her I'll travel or to me to play

Fun and frolic, love and laughs
Enjoying life in each others arms
I know this is the way for me
To spend all our lives happily

David Cadywold

Thinking

Cant keep thinking this way
It makes me depressed everyday
The tablets I take dont seem to work
Cos right on the edge of my concious it lurks

Gloomy black clouds hanging around
Making me tired, bringing me down
When it looks like Im lightening up
Something else happens and messes it up

Ive had enough of feeling this way
Time to change my thoughts positively I say
Cheer up, have a laugh and smile at the world
No more feeling down beyond a joke its absurd

David Cadywold

This Government

You create a society, to do your work
The money you give us, you steal right back
With all your taxes, penalties and fines
With propaganda you try to control our minds.

People can only be pushed so far
Till they snap their chains and lose their minds
When this happens you'd better watch out
As your slave society has begun to revolt.

We're fighting back, millions strong
To right the wrongs ALL governments have done
Kick them out, hang them dry
Don't listen anymore, they're full of lies

A better society we should remake
Everybody has a fair bite of the cake
No homeless, no poor, no struggling debts
Every humans needs are met

Cameron, Smith, Osbourne and Clegg
Because of your sanctions, people are dead
You have no remorse, you are all we despise
We've kicked you out, why are you surprised.

David Cadywold

Time To Change

You can't keep living, but be dead inside,
You've gotta wake up, start feeling alive,
Get off the roundabout its going no where,
Start driving through scenery with lots of fresh air.

Take in the views, see some new sights,
Things will change but not overnight,
You've got to want it deep down inside,
Get in the car and drive, not wait for a ride.

Its not something to take lightly,
Not something to do without thought,
Make sure you know what your doing,
Hearts can break, and people get caught.

Once you've decided what it is that you want,
Things will happen to help it along,
Just don't object and get in the way,
Go with the flow and enjoy the day.

Once its taken root, and part of your life,
You'll be happier, feeling good inside,
People will look at you, notice the change,
Delight at your life, and you'll feel the same.

David Cadywold

Tired

Im so tired, stressed and tired,
Im so tired, Im so tired,
Did I say I was so tired?
Good cos Im so tired

Energy has left me
Drained has kept me
Fuel level is low
No get up and go

I sleep for hours
And hours and hours
The mattress is spikey
It pokes in my back

I sleep for hours,
I wake up tired
With aching back
The spikes dont let up

New mattress is ordered
But yet to arrive
3 more weeks
Im so tired

Did I tell you
Im so tired
Not sleeping to well
With spikes in my back

They even protrude
Through a sleeping bag
That is laid
On top of the spikes

Im so tired
Ever so tired
But I dont get ratty
Like I used to do

I gotta a plan
To dowse them spikes
A camping mat ha ha ha ha
Im not gonna cry

I hope that I will
Get some sleep tonight
The mat I bought
Had best not be shite

Will let you all know
Tomorrow you know
So please just calm down
And have patience just so

Im so tired, stressed and tired,
Im so tired, Im so tired,
Did I say I was so tired?
Good cos Im so tired.

David Cadywold

Up Up

I have feelings in my head and heart
They contradict each other pull me further apart
Trying to work out what they mean
They wont stop conniving they wont convene

Restless, tired, happy, sad
If I didn't know better, Id swear I'm going mad
I'm in bed trying to sort it all out
Fluctuations in my mood making me doubt

Begone you evil fiend of worry
You'd better get out, you'd better hurry
Sleep will take me to a better place
Where I'll boost my feelings and win the race

Start to feel better, start to clear up
Talking to people and reading self help stuff
Taking a perspective of positivity
Seeing the good in everything I see

Taking baby steps forward a day at a time
Spending my life down and depressed is a bit of a crime
So up I come feeling light and happy
Where we'll end up lets wait and see.

David Cadywold

Wall Of Stone

You have to break down that wall of stone
That you built so high and made you all alone
I will help you if let let me try
But you gotta start somewhere, and so do I

Piece by piece I will help you out
You have to want to TRY and not scream and shout
Knock a piece out every day and night
And it wont be long before youre be back in the light

What do you want, what do you need
To live on your own or to be with me
You cant carry on wanting both or none
If its not right with me, then live on your your and push me free

David Cadywold

Woman

Your not what I want,
Your not what I need,
So back right off,
Stay away from me.

You think your really nice,
But your definitely not,
You have bad breath,
And you smoke a lot.

The woman I want,
The woman I need,
Is drugs, disease,
And chemically free.

If you take my heart,
Make sure you give me your love,
Don't tear it apart,
Cos it fits like a glove.

David Cadywold

You See, For Me

Everything I did you see,
I thought was for my family, you see
for years this is what I did, you see
Always out working you see

All hours of the day, I was out, you see
doing business with computers you see
and plenty of money it did bring you see
but I was never there you see

Over the last few months you see
I have started to change you see
more caring, more thoughtful you see
I think I'm changing family wise you see

But now recently you see
I have come to understand, you see
that all of my changing shouldnt be for them you see
At last I get who its for, you see

NOW I am becoming the person I CAN be you see
and all of these changes in me are not for you, you see
but now at last I get it, you see
I am becoming me. FOR ME

Now with this new change you see
and this new knowlege you see
I can love others betterly, you see
and they may love me, FOR ME

Together we respect each other, you see
together we love each other, you see
but most importantly, you see
I am starting to love myself FOR ME

David Cadywold