

Poetry Series

Dianna Nally
- poems -

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Dianna Nally()

I was born in Bakersfield California in 1954 to Mr.& Mrs Dave Martin. I am the 6th of 8 children. Although my youngest brother passes at the age of 8wks. We were a simple family. Mom and dad always worked. I use to spend my time writing in a secret book I kept under my things in my closet. I don't think anyone knew it was there. I graduated high school in 1972 from Van Nuys High School in Van Nuys CA. I met my husband on Van Nuys Blvd. We were married in 1975, and have 3 wonderful adult children who have blessed us with 3 beautiful grand children. I have been writing seriously for 30 yrs. Writing was always a form of home therapy for me. I hope someday to write a poetry book and title it ' A Life Full of Experiences.' Everything I write usually has to do with myself, or someone close to me. Everything I write comes from my heart and soul. That is where reality lives.

A Dark Night

It was an especially dark night. And I was standing on the steps
in front of my work place, waiting for my ride to show.
For some reason I wanted to look up at the sky. The stars were few,
the moon shadowed by something. No clouds. Then a sudden glow.

It was strange. The glow disappeared as suddenly as it appeared to me.
I began to feel different. Like I was someone else, I wasn't myself.
I was so confused. Everything around me began to change. What was
happening?
What was this Glow I saw in the sky so dark? It was like it had a
power within itself.

What was it doing to me? Where was I? This isn't the steps I was standing on.
It was like a fantasy. Beautiful trees surrounding what looked like a small city.
I was getting chilled by the night air and was wearing only a skirt and thin
blouse.
Then a woman approached me with a golden shawl that glowed like a light. It
was so pretty.

Where did she come from? It didn't matter. I was so cold, and rain was starting
to fall
All I wanted was a warm place to take the chill off, and a place to rest my feet.
She took me to a small house, with a fire going, and a pot of soup on the stove.
I sat by the fire wrapped in the shawl to get warm as she brought me something
to eat.

I was warm and my stomach was content and I began to yawn. My eyes were
getting heavy
I remember looking into the fire, nothing I began to dream of home, and my
soft warm bed.
It was strange really. I felt almost as though I was in my mind I wasn't.
Then I was suddenly awakened by a familiar voice saying I was least that's what
the voice said.

Dianna Nally
7/3/08

Dianna Nally

A Good Marriage

A good marriage is made of equal respect
And the ability to communicate
You have to be able to talk to each other
You have to be able to relate

You have to show each other every day
How much in love you are
It takes two people to make it work
Together, not from afar

Some say you don't have to work on a marriage
Marriages work out on their own
Those are the people who live in denial
And usually end up alone

And don't forget we all have our faults
stay strong and feed off each others strength
Worry about being happy in your marriage
And less about it's length

All I can tell you is what works for us
And it's been working for over 30 years
We've shared love, respect and a wonderful friendship
And we have even shared a few tears

I wouldn't trade marriage for all the money in the world
I would never trade the man that I love
We are an example of what real soul mates are
And our marriage was blessed from God above

I LOVE YOU CHUCK

by Dianna Nally
8/31/08

Dianna Nally

A Learned Behavior

We do our best when raising our children
And our best is all we can do.
So if you bicker about the little things
Their going to do it too.

And if you go around constantly picking up after them
Giving them no responsibilities
When they move out on their own, they will be lost
because they won't know their own abilities.

You say all they do is complain when you
ask them to do something. Well that's too bad.
Teach them to respect the rules in your home,
Even if it makes them mad.

Because if you don't teach them to respect others
How do you think life on their own is going to be?
Sure, they'll get angry, and say hurtful things
But later they will be wait and see

Dianna Nally
10/20/04

Dianna Nally

A Mother's Child

A mother's children are her
pride and joy, and she'll do
anything to keep them safe.
But if a mother really loves her child
She will teach them not to hate.

Our children are the future,
And hold this country in their hands.
So instead of teaching them violence
We need to teach them to be all they can.

But if this war between the races continues,
Our children and thier country won't stand a chance.

Dianna Nally

Dianna Nally

A Mother's Denial

A mother knows that her child is good
She wants to believe they always will be.
But sometimes that mothers eyes need pried open
And she sees something she doesn't want to see.

But denial has taken over, because
her heart is more powerful then her mind.
So she refuses to listen to any
negative reasoning of any kind.

It's not wrong for her to believe in her child
As she loves him unconditionally.
But sometimes she lives a life of denial
because she can't handle the reality.

She needs to know that someone is there
To wipe the tears from her eyes.
She needs someone to hold her close
A strong shoulder upon which she can cry.

To face the reality for a mother,
Can forever haunt her heart.
But sometimes she can't see what's in clear view
Because she can't allow her family to be torn apart.

Dianna Nally

Dianna Nally

A Never Ending Love

In 1972 on Van Nuys Boulavard, standing with my friend
I saw you drive up in your 1965 Mustang
You stopped to talk with my friend, not me
All you said to me was I had a cute southern twang.

But that's OK because you were a football jock
I had no interest in self destruction.
My friend wanted to meet you, but she was married
And personally, I felt no need for an introduction.

But you talked awhile, you and my friend
And you took us for a ride
We drove to Mullholand, to see the city lights
Little did I know that night would lead to my being your wife.

In 1975 we decided to tie the knot
It was the most beautiful day of all.
Then we had three kids, 2 boys and 1 girl
I remember your fears because they were so small.

We've been married 29 years come November
And it doesn't feel a day over five.
The kids are grown, sometimes we're alone
But everyday I thank god I'm alive.

(this is a true story)
Dianna Nally
10/30/04

Dianna Nally

A Prayer And A Dream

I want to break away from all the hatred
And away from all the violence.
I'll drive as many miles as it takes to find
A place with nothing but silents.

No television to tell me another soldier has died
Leaving my heart feeling as though it has dropped to my toes.
Speculating weather we should be fighting or not
Then thinking to myself, 'nobody really knows.'

I want to close my eyes and see the quiet calm
of the water so smooth and serene.
And see in my head a picture of our soldiers coming home
For this is in my prayers, and my dreams.

Dianna Nally

Dianna Nally

A Prayer For Sherry

Lord help to ease her pain
And let her know she is loved
Give her all the strength she needs
And handle her with kid gloves

Sit an angel upon her shoulder
To help her through hard times
Take away the sadness in her heart
And play her peaceful chimes

For this I write from all here friends
Who sit together in prayer
And let her know that all her friends
On the Internet truly cares.

Dianna Nally
8/15/08

Dianna Nally

A Shadowed Heart

It's hard for anyone to forgive
Especially if they have suffered a loss
But can a person go on with their life
With a shadowed heart?
You can't forgive the one who broke your heart
until you can't forgive your self.
And a burden this heavy can only tare you apart.

Have you ever done something that hurt another
And expected them to be able to forgive?
It's hard to sleep or concentrate
And that makes it a hard life to live.

There are so many reasons to lay guilt on someone Else's lap
If you ever expect to have a clear conscience
Stop blaming others and take your own rap.

No one should have to live a life
With a darkness in their heart
So open up, and let someone in
Before it tares you apart.

Dianna Nally

Dianna Nally

A Whisper In The Night

A WHISPER IN THE NIGHT

A whisper in the night
The wind blowing
The feel of your skin against mine
Everything feels so right, and I am glowing
I don't ever want to end this night.

I am afraid that I am dreaming
This feels too good to be real
When I awake in the morning
Will you be beside me still?

Don't be afraid that I will leave you
You have become a part of me
My every breathe is fed by your love
And I am yours completely.

Dianna Nally

Dianna Nally

After Shock

Today I lost a friend, and I
believe that life's unfair
It makes it hard to open up
and allow yourself to care.

Why do we lose the ones that are good
And allow the bad to go on?
Who decides who lives or dies
And who will wake to the morning sun.

It makes you stop and think about
the things you say and do
Cause maybe when you least expect
the next to go could be you.

So live your life to it's fullest extent
and Love the ones your with.
And share a thought with all concerned
because life is a god given gift.

Be sure to say I love you to all
you share life with.
Don't waste the time you have left on earth
because life is too short lived.

Dianna Nally

Dianna Nally

Almost Unbearable

When the pain first started They said it wouldn't last
But it's been five years so I guess they were wrong
So they sent me to a specialist to see what he would say
he gave me meds and told me to be strong.

I wasn't impressed with the way he did his job
So I found another, but had to wait 4 months to get in
I finally made it, his P.A. saw my pain, and said
' to endure this kind pain should be a sin.'

By this time the pain had gotten so bad
that I couldn't eat or sleep anymore
He did lots of tests, even an MRI
So that he would know the score.

Well they finally came up with a diagnosis
and it was much worse then we had ever thought
The pain has taken the whole right side of my face
and this whole thing has left me totally distraught.

So the treatment we will start out with is meds
And so far nothing they have given me has worked
The pains gotten worse, and it will worsen even more
And the pains getting so unbearable I am easily irked.

Now I've been given 3 options for treatment
One is the medications we are doing now
The other 2 have to do with working on my brain
It's up to me just what surgery I will allow.

Dianna Nally
5/24/08

Dianna Nally

America At War

Our country has become stronger
as we all stand together
Bounding our faith in our country.
We are willing to fight for the losses we have endured
And the perpetrators will be our bounty.

We are scared, but we stand tall
Because we believe in our freedom
And together we shall prevail.
And when we do, you can be sure
Those responsible WILL BURN HELL! ! !

Dianna Nally

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Dianna Nally

America At War (But Not Beaten)

We do our best when raising our children
And our best is all we can do.
So if you bicker about the little things
Their going to do it too.

And if you go around constantly picking up after them
Giving them no responsibilities
When they move out on their own, they will be lost
because they won't know their own abilities.

You say all they do is complain when you
ask them to do something. Well that's too bad.
Teach them to respect the rules in your home,
Even if it makes them mad.

Because if you don't teach them to respect others
How do you think life on their own is going to be?
Sure, they'll get angry, and say hurtful things
But later they will be wait and see

Dianna Nally
10/20/04

Dianna Nally

Another Page In Life

Today I had my 50th birthday
and I'm proud to have been here so long
Especially in the hard times we live in
To be ashamed of your age is wrong.

It's only those who are insecure with them selfs
that lie about their age
To me life is an adventure story and
every year is just another page.

I believe in happy endings, and I'm
not ready to end it yet.
There's so many things I haven't done
So many people I haven't met.

So if you think that fifty is the end
Then that's the way it will be
But I'm going to stick around for awhile
because I'm proud to be me.

Dianna Nally

AGE IS A STATE OF MIND

Dianna Nally

At War With Our Own

World war 1, and World war 2 were very
devastating times.
And those who fought in Viet Nam will
never be able to leave those times behind.

We want to believe we'll never again
cross that danger zone.
But the biggest war, and maybe the most
dangerous of all,
Is the war we are at with our own.

The difference between the wars from the past,
are we fought them for someones rights.
But our troops today are called gangs and racists
and they're here because they like to fight.
They drive by homes where there are children all around
And will shoot anyone they don't like.

How can a country who is at battle with their own
teach another country how to live amongst others?
We've set such a bad example for future generations.
So bad that they can take the life of a brother

People are so afraid to trust
They're no sure who's bad and who's good.
It's sad our children can't go outside and be safe
It's sad they can't have a childhood.

It's clear no one person can solve all the
problems of the world.
But we need to put culture and color aside
and make life safe for all our children

So they no longer have to hide.

Dianna Nally

Dianna Nally

Betsy

A 69 El Camino
License plate say's 2ND Hand
Betsy's what he calls her
On the road they take a stand

Engine roaring from
a car of a special breed
The only man that can make it roar
Is a man they all call Speed

Dianna Nally
9/4/08

Dianna Nally

Children

Children are like a little flower
Planted from a seed
A little time, and lots of love
Is really all they need.

It's not how many toy's they have
Or even what school they go to
What really matters is the love we show them
And when we're together the things we do.

Dianna Nally
6/13/07

Dianna Nally

Choices

We are all given choices in life
And some may not approve of the path of choices we take.
But it's you life, and your choice
It's a decision only you can make.

It's like a baby will crawl when he decides
Yes, we try to guide them too.
But they will crawl, and they will walk
But only when they choose.

Someone a little older, may have
different choices to make.
And like all children, and adults alike
They will fumble a little, but will learn from their mistakes.

Dianna Nally

Dianna Nally

Christmas

Christmas time is here my friends
The lights are on the tree
Light up Santa on the lawn
For everyone to see.

Hang the wreath upon the door
smell the scent of pine
See the Shepherds gathered around Mary
Inside the lighted shrine.

Are you praying for a White Christmas
I am, but just for Christmas day
Just enough to give the kids
A fun ride on their sleigh.

Take a drive around the neighborhood
See all the lights and decorations
No two houses will look the same
They will all meet your expectations.

It's early Christmas morning
The children are up and sitting around the tree
Looking at all the presents there
And wondering, 'how many are for me? '

Seeing all the children's faces
When Papa starts handing the present out
The joy and laughter I see and hear
Reminds me that children are what Christmas is all about.

GOD BLESS EVERYONE! !

Dianna Nally

11/29/04

Dianna Nally

Daddy's Day

Good morning daddy, I made you breakfast
I burned the toast, but I scrapped the black stuff for you
Here's some eggs, their a little runny I guess
But I tried to make them like mommy would do.

Thank you angel, everything looks great
But you didn't have to do this for me.
Then she told him, 'No, but I wanted to
Because you're a special daddy.

Dianna Nally

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Dianna Nally

Day From Hell

Today has been the day from hell
I'm sure there will be more
The car broke down in the middle of the road
And we don't know what for.

Daughter went out in her car today
She was driving to a friends and it died
She's upset it broke down but it's a clunker
so she's really not surprised.

But it's strange to me that they both broke down
And it happened on the same day
Both the cars just died in the road
It's strange how it happened that way.

The hubby is sick and called out of work
And now he's depressed about the cars
He's an Aquarias and our daughters a Scorpio
Maybe it's something in the stars.

What ever it is that has cursed this day
It's all coming down on me
Mommy can't make everything better today
Her head is pounding so hard she can't see.

No matter what I say or do
They get irritated I can tell
So I just go to my room and try to unwind
From the day from hell.

Dianna Nally

Dianna Nally

Don'T Shut Me Out

Everyone wants to change another
But why can't we just be who we are?
You can't change someone to fit into your life
Because everyone bares their own scars.

If you believe in your self
And don't pretend to be what your not
Your life will be more open to sharing
You just have to give it a shot

If love comes your way
Don't be afraid to feel
Always be your self
Even if love breaks your is a two way street, so allow
each other to make mistakes
Trust your heart and your love too.
Even when your apart.

We all want to be loved
But we shut our hearts to others.
Someone has to gain entry
If you ever want to be loved.

SO DON'T SHUT ME OUT! ! !

7/13/94
Dianna Nally

Dianna Nally

Establish Yourself

At the age of 5 she had Perthies
and walked in the splits in a brace
The kids at school made fun of her
But she put them in their place.

For a year and a half she slept that way
She rode her bike and climbed 3 flights of stairs.
She never considered her self to be handi-capped
And refused to use a wheel chair.

Now she's grown up to be a beautiful woman
she works, has friends and drives a car
Her dream is to someday build her own family
But that hasn't happened so far.

She's had many boyfriends, but with no luck
because Mr. Right always turns into Mr. Wrong
I told her to concentrate on establishing her self
And someday Mr. Right will come along.

This poem is about my daughter who at age 5 was diagnosed with Perthies.(she had the hip joint of an 80 yr old woman)
Most kids would have fought to keep from going to school that way. But my daughter is strong willed and more stubborn then a mule. She let nothing stand in her way. When kids called her handicapped her response was ' The only handicapped person here is you. You really should do something about that mouth.'...like mother, like daughter.: -)

Dianna Nally
12/27/04

Dianna Nally

Everyday

Everyday when you wake up
You know there will be food for your table.
But some where out there, there is a child starving,
A father looking to feed it, but is unable

Every night when you come home
You play a game or watch television
But another child is out there waiting
in line to find warmth in a noisy, crowded mission.

Everyday you get up early
to get ready to go to school.
But another family is living in their car,
The child with a cup in hand, begging for money for fuel.

Every night at bedtime
your mother tucks you in, and Say's she loves you.
But there is a child out there with no one
A child wishing he had all of the things that you do.

So be happy for what you have,
Don't take it for granted.
Sometimes cruel things happen in this world
And you never know if what you have will be recanted.

ALWAYS KEEP YOUR EYES AND YOUR HEART OPEN! ! !

Dianna Nally

Dianna Nally

Father's Day In Bakersfield

Father's Day reminds me of an early breakfast,
Family gathering together at the park
Chicken, potato salad, burgers on the grill
And of course we always fished till dark.

Brother's and sister's and all their kids
Dad always liked it that way
Mom would work her fingers to the bone cooking
Just to make it a perfect day.

That's how we did father's day in Bakersfield
Nothing elaborate at all
Kids playing and swimming, some even fishing
Everyone just having a ball.

This poem is dedicated to my father who is passed. I was born in Bakersfield CA.
and the simple life was always our way of life. The best way of y should always
come
before anything else.

Dianna Nally
6/17/07

Dianna Nally

Fear Of The Lost

When I woke up this morning, I didn't know
where I was

This is a fear of the lost.

A little girl has been taken from her home
And her family wants her back at any cost.

They don't put a price on their child's life
and will do anything that has to be done.
Because they made them self's a promise
That they would always protect their young.

No matter the reason, nobody has the right
to take anther's child
Because this is an unforgivable crime
And if anyone ever tried to take my child, well,
lets just say, 'they would be sorry for a very long time.'

Teach your child to be aware of everything around them
And if their too young to understand they should never
be out without them.

It's time to take a reality check
And get our priorities in order.
Because if we stay in denial for very long
It could be our child next to be
taken over the border.

It isn't the fault of the parent, if
for some reason their child disappears.
As long as they have taken the proper steps
Even if it means their child lives in fear.

The only ones with the power to save all
the children we've brought into this world
Are not the police, neighbors or a friend
It's us
So protect your precious little boy's and girl's.

Dianna Nally

Dianna Nally

Give Them Time

When a child is brought into this world
they are blind to what lies ahead.
No one asked them if they wanted to be born,
They just made the decision instead.

Don't expect them to know what is happening
You have to teach them, and take it one day at a time.
Have the love and patients it takes with a child
and everything will work out fine.

When a child is born, it gives us the chance
to make better the things we did wrong.
And if your child's lesson has been learned
then their time on earth will be long.

But if your expectations of a child
is more then they are capable of
It could cause the child to with drawl
from life and everyone he loves.

The only thing a child needs, is to be loved
and pointed in the right direction.
Because they can be taught morals and love
just by showing them a little affection.

Understanding they aren't born with a degree,
They have to be taught and allowed to make mistakes.
Just give them time, because as a wise man once said,
'GOOD THINGS COME TO THOSE WHO WAIT.'

Dianna Nally

Dianna Nally

God's Hands

A paramedic works for god
because god needs their hands
And every time a life needs saving
A Paramedic takes a stand.

They see the things out
on the street
That no one wants to see.
A child burned from head to toe
Oh god how hard that must be.

A life in the hands of a paramedic
Is our link between life and death.
It must be hard to have to be there
when someone takes their last breathe.

Sometimes people ask for help
When their life's not on the line.
And someone Else's life is lost
Because the other took too much time.

I salute these people who care so much
And for being there when we need them
And god can be proud that these special people
Will always be there to serve him.

Dianna Nally

Happy Holiday's

I'd like to wish you all Season's Greeting's
And let you know you are in our thoughts
I hope your Turkey's juicy, and your stuffings moist
And remind you to thank god for what you've got.

Be grateful you have food on your table
A family and friends to share it with
But pray for those less fortunate than you
Who don't have a place to live.

So from my house to yours i wish you the best
On Thanksgiving Day
Don't eat so much that you can't stand up
And I beg you all to Stay safe.

Dianna Nally
11/4/04

Dianna Nally

Hold On To The Memories

Memories are sometimes the only thing a person has
Because sometime in our life, we all lose someone we love.
And sometimes a memory is all a loved one has to leave us
When their time comes.

Memories are mostly good, but
Sometimes a bad memory gets thrown in
Like something bad you don't want anyone to know about
A wrong doing that happened as a kid.

But those are the kind of memories that can be used
To form the kind of life you live in later years.
Keep the good memories with you at all times
Don't dwell on them, but keep them near.

10/20/04

Di

Dianna Nally

How Do I Know?

We all make decisions every day of our life
But how do we know if it was the right one?
I have been told to listen to my heart
And to make a good decision, you should make it fun.

But some decisions are sad ones to make
And some are how to rob Peter to pay Paul.
Some are made from the loss of a loved one
And those aren't fun decisions to make at all.

Planning a vacation, now that should be fun
But I must admit, it isn't always.
I mean, what fun is it to plan a vacation
If thing's don't go my way?

Deciding what to wear the next day
That should be easy to do
Unless It's a special occasion, of course
Then I want to buy something new.

But then I have to decide if I
can afford to buy something new.
Or should I just use something I already have
and just make it do.

Sometimes you feel selfish in the decisions you make
After you hear how someone's lost their home
Their life has been flooded with total disaster
And now they live in the Super dome.

Or during their time of distress and defeat
They have been separated from their family
Can you imagine that happening to you?
That's about as sad as sad can be.

So the next time you have a decision to make
Ask your self if it's as hard as you make it?
And maybe instead of thinking it's too hard for you to do
It's possible your gripe isn't really legit.

Dianna Nally
9/19/05

Dianna Nally

How I Feel

Picture a beautiful meadow
with daisies all around
And standing there in that meadow
where hundreds of butterflies surround.

That's how I feel when I'm happy

All alone in a dark room
unable to see a thing
No one around to comfort me
So to my self I cling.

That's my feeling of sad

A plant surrounded pool of blue water
and a waterfall to stand underneath
looking out at the rest of the world
as though the waterfall was my sheath.

That's my feeling of safe

Fire red walls every where I look
Teeth pressed together so tight it hurts
Blurting out all the anger inside me
That's the feeling I hate the worst.

That's what it's like when I'm mad

But the greatest feeling I've ever felt
Is the feeling of being in love
Butterflies flapping around in my stomach
And the sight of beautiful white doves.

That's the greatest feeling of all

Dianna Nally
3/5/08

Dianna Nally

How I Started Writing

All my life I have looked for my destiny
And could never figure out what I'm here for.
Of course I love my life of being a wife and mother
But I always felt there was something more.

I had the feeling of not being complete
Till one day I decided to write my thoughts down.
I'd write about my life experiences
And I would read it, and I'd like the way it would sound.

My family enjoys reading the poems I write
And decided I deserved recognition.
So low and behold, what did they do?
The entered my poetry in a competition.

My very first poem won me the competition
And that one was called 'The Forgotten.'
My family bought me a special made folder for writing
A beautiful poetry folder made of tartan.

Now when I sit down and write a poem
I think of how proud everyone was.
I figured they all thought what I did was corny
But apparently nobody does.

Dianna Nally
2/19/08

Dianna Nally

Hurricane Katrina (2005)

Katrina, you have ripped the hearts
from so many chests.
It won't be easy to repair those hearts
But they are strong, and we will do our best.

It won't be an overnight job, that's for sure
But it's a job we will get done.
And in the meantime we want you to know
We pray everyday for everyone.

Dear lord hear these prayer's
Before more children and elderly die
Send them food and water at least
Or we will lose them in the streets where they lie

If there ever was a time for miracles
Now is that time
Get these people out of New Orleans
And give them a little peace of mind.

by Dianna Nally
(9/1/05)

Dianna Nally

I Am

I am the water in the ocean that
covers you, caressing your body
Every inch, not missing a spot.

I am the sun that beams down upon you
as you lie there on your towel
caressing you from head to toe.

I am the lotion that is rubbed so gently
over your biceps and triceps in smooth
slow stroke, like a woman who desires you.

I am the cool shower coming down on your naked body
soothing you from the hot, salty air
I am the soap caressing your body as you wash away the sand.

I am the cool, soft sheets you lay upon
to rest your curvy naked body

I am the woman laying next to you
melting with your every touch
providing you with the pleasure you long for.

I am your pleasure! ! !

Dianna Nally
6/28/08

Dianna Nally

I Dream

I dream of the day that we can be alone
Alone in an empty meadow, just the two of us.
A quiet filled day, just playing around on the ground
Two lover's filled again with young lust.

I dream of a night in a quiet dark room
Two lover's together again
Like the first time you touched me
Almost as though you didn't know where to begin.

I dreamed of the day our first child was born
It was the the most beautiful thing in the world
I was proud to give you your first little boy
Even though the doctor said it was a little girl.

I dreamed of our children having children of their own
And our children made that dream come true
They gave us a boy and two beautiful girl's
And I wouldn't want to have shared these dreams with anyone but you.

Dianna Nally
6/12/07

Dianna Nally

I Heard Her Pain

A quiet night, just me and my man
relaxing together, nothing more
When suddenly I hear a terrifying scream
coming from the apartment next door.

We looked at each other, then I jumped up,
and grabbed the phone to call 911.
He put on his slippers and went running outside
We could only imagine what her husband had done.

It wasn't the first time we heard them fight
But it was the first time she sounded in fear of her life.
Why do they think it's their duty to stay
Your not his punching bag ladies, your his wife.

I understand that it's easier said then done
But the statistics say your time is running out.
Get out there and find the help that you need, or
you will be the next statistic, without a doubt.

Dianna Nally
6/22/07

This goes out to all the abused women who are afraid to leave
their abuser.

Dianna Nally

I Love The Change Of Seasons

Born and raised in California
Where It was usually sizzling or raining
I had never seen leaves change colors.
Twenty years ago we moved to the east coast
And I still find the seasons entertaining.

We got snow in California if
We drove up to the mountains
But if we had gotten snow like we do here
We wouldn't have to worry about the droughts we were in.

And year after year I get to see
Some of the most beautiful picturesque seasons.
We don't plan on moving back to California
And the beauty here is one of the reasons.

I was brought up on a farm
With chickens, rabbits and goats
I picked cotton, potatoes, grapes and beans
So we didn't have use for heavy coats

But I wouldn't change a thing about my self
I am who I am, and that's enough
Sure people make jokes about the farm
But I don't pay attention to that stuff.

Dianna Nally

10/21/04

Dianna Nally

I Pray Someday They Listen

I pray someday our prayers will be heard
and someone can drive the evil evil that lies within all
and the battle within our souls.
A battle we fight with everyday.

We are all born with two sides, and these
sides are the bad and the good.
But how do we explain in laymans terms, so
that by all it can be understood.

You don't want to frighten people, yet
everyone needs to be aware
That it's not just a chosen few with this curse,
but of ourselves we should beware.

Dianna Nally
2004

Dianna Nally

I Wish

So many children sitting in homes
where they know they are not wanted.
Mistreated, used as though they were slaves
It's not a home when you feel unwanted.

There are people out there who would give their right arm
To be able to have a child of their own
And yet they are afraid to adopt a child
with a history from the twilight zone.

But these children are this way
because it's the only kind of life they know
But if given the chance at a real life
In school and ethics they can grow.

It's the children i worry about in these horror stories
The parents have had their chance
I say take these children from the nightmares they live
And give them the right and the chance to enhance.

I'm sorry if to some this sounds cruel
But isn't the life these kids have just as bad?
We can't leave them there to slave or die
Anyplace is better then what they had.

GOD BLESS THE CHILDREN! ! !

Dianna Nally

7/16/05

Dianna Nally

I Write Because I Can

People ask me all the time
why I write so much
I keep a pen and paper with me
in case I get ideas and such

I never know when a poem may come
to me, no matter what the time
I will write any chance I get
And I usually write in rhyme

Maybe that seem strange to some
But that's just the way I am
I write poetry lying in bed
and any where else I can

My writing isn't always meant
for everyone to read
Sometimes I just write about
my trying times and needs

If my writing bothers you so much
Well, maybe you should turn your head
Go do the things that interest you
Or is it time to take your meds

I am who I am and that is
the way I will always be
Maybe if you read a few poems
you would see the things I see

Dianna Nally
6/21/09

Dianna Nally

Illusions

I live in a world of illusions
A world of peoples delusions
Where the bells ring upside down
And the people dress like clowns

When it rains it comes from the ground
And rainbows wear a frown
Where butterflies have no wings
And where the angels never sing

This world of my illusions
never comes to conclusions
So I will never say good-bye
I'll just end this poem with 'Hi'

by Dianna Nally
and
Debbie Wagoner
7/13/09

Dianna Nally

I'M About To Burst

I am about to burst, so much has happened
My family is growing like weeds.
Everyone seems to be happy with their life's
They are all fulfilling their needs.

Our kids are having kids of their own
And us, well we have an empty nest.
It's hard for me to just cook for two
But I am doing my best.

The time seems to go by slower these day's
I'm busy cleaning and caring for the babies
While our son's work hard everyday of the week
To provide for the kid's and their ladies.

Oh what a wonderful life this is
Watching our children raise their own.
That's not to say they don't call for help
Believe me, there is always a ringing of our phone.

But it's great to hear from them now and then
Or should I say it's more often then not.
But we don't mind them calling for help
Even if they do call alot.

God bless them for trusting in our judgment
After all, we raised them pretty well.
And it's so exciting to see how they have changed
It's so amazing to see how they have excelled.

I don't think we could ever be more proud
of the lifes they have built on their own.
They have married for love, and had beautiful children
And they have given them all a happy home.

Dianna Nally
2005 8/11/

Imagine

Imagine being in a meadow filled with Poppies
of all different colors
The sun is shining, the sky is blue
No one for miles, except your lover and you.

A picnic lunch of cheese and wine
And strawberries to feed each other
A closeness expressed and a love
that two people share together.

No kids to watch, no phone to ring
No one to answer to
And the only ones who should be seen or heard
Is your lover and you.

Dianna Nally
2007

Dianna Nally

Inside Or Out(Why Do They Have To Chose)

A single mom with 2 beautiful children
Who have more energy then they know what to do with
Lives in a small place in the projects.
Ones in third grade and the others in the fifth.

The children have to stay in the house all the time.
Their not allowed to go outside and play
The neighborhoods too dangerous for anyone who lives there.
A child was out side and got shot that very day.

She doesn't just sit around watching TV
She has a job plus she's a domestic engineer.
Trying to save up enough money so she
Can move her children into a healthier atmosphere.

But with the cost of living constantly on the rise
Working one job just isn't enough.
Having no family to help her care for the children
Makes finding trust worthy child care really tough.

Neighborhoods like that don't just have thugs and gangs.
There are good hard working families trying to excel.
These people don't just wake one morning
And say, I wanna live in the neighborhood from hell.

I wrote this because I have seen the way
These people are treated everyday.
I can't imagine what it's like for these people
To have to live in such dismay.

Dianna Nally
3/3/08

Dianna Nally

Inside Or Out? {why Do They Have To Choose? }

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Dianna Nally
3/3/08

Dianna Nally

It Could Happen To You

I have seen so many times as I walk through life
when someone throws out the trash.
To them it's just the left overs they've tossed
But to someone living on the streets
It could be turned into cash.

Got an old picture you don't want anymore
so you throw it out with the trash.
Or you go through your closet and find an old coat
with material that gave you a rash.

But did you know when you go to sleep
or maybe out with a friend,
That sometimes there are people without homes
who on your trash, their life depends.

If you have children, you know how they grow,
or how fast they tare things apart.
Well, there are children who live on the streets
And we should make room for them in our hearts.

So before you toss anything out,
stop and think about what you should do.
Should you toss them away, or give them to the homeless?
Because to them the clothes are new.

Dianna Nally
2007

Dianna Nally

It's Just A Number

Why do we worry about the small things in life
Like wrinkles, laugh lines or age
Everyone is going to get older it's true
But it shouldn't send you into a rage.

Why waste your time worrying about that which you have no control
Forget about it, Life is too short
Stay active and positive about your self
Maybe get involved in some kind of outdoor sport.

Don't keep your self locked up indoors or
spend all your time in a rocking chair
Get out of the house, maybe go shopping
Buy your self something with a little flair.

It doesn't matter what you do with your day
All that matters is that you don't give up yet.
There's so much to see and do in this world
So many people you yet to have met.

So go out and find something you enjoy
And forget about your age.
Because age is just a number
In the story of your life, that number is just another page.

10/31/04

Dianna Nally

Dianna Nally

It's Never Too Late

In the good old days when they rode
horses and drove model T's
The air was fresher, the smog was lesser
And outside our children could run free.

Today some ride horses, and may have
a model T
But the skies are grayer, And real
freedom is something rarely seen.

If I had one wish to be granted
I'd wish for more love and less hate.
And I know if we try we can teach our children
Because I believe it is never too late

Some say you can't teach an old dog new tricks
But I don't believe this to be true
Anyone can learn at any age
The secret is you just have to want to.

Don't be afraid to make changes
As long as these changes are good
We need more strength and less judgment
If we want to provide our children with safe neighborhoods.

Lets bring back trust and respect
Before all our freedom is taken away
Because it's unfair to expect our children to live in fear

Day after day after day.

Crime, economy, and the fear of being alone
Can only eat away at our souls
But if we work together as true Americans
Maybe once again we can set our children's hearts aglow.

by Dianna Nally

Dianna Nally

It's Our Time Now

Our children are blossoming into real adults
We'll have so much time on our hands.
I can't imagine what we could do
Maybe travel to foreign lands.

No, I'm not really eager to go to strange places
where we don't speak the language they speak.
Or eat their food, or drink the water,
And end up sick and in bed for a week.

It would be great to have a trailer
and explore our own country.
Take a vacation, just you and me.

But what if the kids need our help
and can't track us down?
I could never forgive myself if something happened
while we were out of town.

Oh, I bet I know what your thinking right now.
'My god they're grown and on their own.'
And you will probably go as far as to say
we could always call them on the phone.

Well I guess your right, I'm just worrying for nothing
And a vacation would do us both good.
I guess it's time to act my age, and cut the apron strings
As all mothers should.

So now that you've gotten me to agree to go
on, and enjoy our time together
It's gotten cold outside, and the roads are frozen
Guess we'll have to stay home because of the bad weather.

Dianna Nally
2007

Dianna Nally

It's Time For Kindness

There have been so many dark times in your life
You have been made to suffer for too many years
You have sat at home wondering how to make things right
And all you have gotten in return were more tears.

Well is it time to say You have had enough
When is the time right to break out of that shell
I say that time has come my dear
It's time to send the darkness back to hell..

It's time to turn your life around
and take things into your own hands
It's time to stop giving all that you are
and start making some of your own demands.

So I say to you dear friend of mine
Here's to new and brighter days
I wish for you all the happiness you deserve
And all that it portrays.

Dianna Nally
4/26/08

Dianna Nally

Just Because

I thought of you just because
Just because your you.
No special reason, just wanted you to know
Our friendship is true.

I don't need a favor, or a shoulder to cry on
I'm not going to gossip or complain
I just wanted you to know
That your being thought of JUST BECAUSE YOUR YOU! ! !

Dianna Nally
2004

Dianna Nally

Just Like A Rose That Blooms

Love grows like a rose in bloom
It takes love and lots of time
Take it slow, no need to rush
That's what worked for mine.

Feed it carefully, but not all at once
You don't want to feed it too much
Leave them that craving for more of you
When it's time you can give it your special touch.

And once you see the flower has bloomed
You will see that it's love is real
Only then will you allow your pedals to shiver
For in your heart you can believe in how you feel.

Dianna Nally
8/12/05

Dianna Nally

Kids Today

Our kids today aren't like we were
In our day you didn't tell your parents NO
We were taught to be respectful of others
We'd never get away with addressing them as BRO.

And I'm a woman, that's plain to see
So stop addressing me as DUDE.
You don't talk to a woman that way
To me it's just being plain rude.

Now I understand it's the slang of today
And I'm not one who usually complains
But I'm not one of your friends, I'm an adult
Do you think maybe that's something you could ascertain?

Today kids always talk about respect
You can't demand it, it's something you earn.
But until you decide to respect your self
You will get nothing but disrespect in return.

Dianna Nally
3/4/08

Dianna Nally

Kisses

Kisses are an expression of love
between a woman and a man
It's a way of saying hello, and I love you
And I give kisses as often as I can

Kisses are an expression of love
between a parent and a child
Their a different kind of expression of love
This kiss is a little more mild

Kisses are an expression of love
we share with a loved one who is ill
It's a kiss of compassion for a loved one
Something from within us all should be instilled

I through kisses to be caught by another
and put in their pocket to be saved
It's something I share with my beautiful grand children
It's a cute little game that we play

Be sure to kiss you children
and share a kiss with mom and dad
And I will share a kiss with my husband
Because their the best kisses I have ever had

Dianna Nally
9/8/08

Dianna Nally

Lately

Lately I have felt so alone
Even though you are right beside me
It wasn't always as bad as now
Before it was to a more tolerable degree.

There are times when I feel so unwanted, like
When you look at me, it's like your looking through me
And it makes so many crazy things go through my head like,
When you look at me, is it me that you see?

Oh god, I feel foolish at times for feeling this way
My mind seems to be at battle with my heart.
I know things have been rough, like our finances
And I have always felt I wasn't doing my part.

But from the beginning of our life together
You always wanted me home with the kids
And you would come home so exhausted, totally drained
So tired at times, all we could see were your eye lids.

Now our kid's are grown, and out on their own
I am here to help them with theirs
It's a decision made between you and me
But with the load all on you, sometimes I just get scared.

You involve your self in different hobbies
And this I agree you have earned and deserve
But you bury your self so deeply in these
That my needs are rarely observed.

I'm not as young or as well put together
as I know I once was.
But I'm still the woman you married years ago
All that has changed is my body, as every ones does.

Please give me back the man I married, 30 years ago
You don't have to involve me in everything you do
You want your hobbies, that I understand
Something we can do together, is all I am asking of you.

Dianna Nally
7/16/05

Dianna Nally

Letting Go

I know that I get angry, and I
yell and scream alot.
And sometimes we forget you know
to be grateful for what we've got.

We only want the best in life for
those we love so much.
I guess we get confused sometimes
and use our children for a crutch.

It's hard for us to let you go when
that dreaded moment comes.
We only want to protect our most cherished ones.

So when it's time to leave the nest
have patience and understand
For 18 years you needed us to
protect and hold your hand.

As long as when your new life begins,
you don't forget we are here.
Then things will work out just fine,
But maybe with a few tears.

Dianna Nally
1998

Dianna Nally

Life Is A Crazy Ride

Life is a crazy ride
It's like traffic, always stop and go
But until the next break of dawn
what happens next you will not know

It could be a day of wonder
Nothing but peace and joy
Or it could be like a hurricane
Next thing you know, your life is destroyed

Life is all about tomorrow
But don't forget to live for today
Live your life moment to moment
Because there is no more yesterday

The only people you need in your life
are the ones who need you back
Always do whatever you can
to keep your life on the inside track

So I wish you much peace and joy
come the break of dawn
Always live with love in your heart
before your time is gone

Dianna Nally
7/11/09

Dianna Nally

Lights On

Everyday is a special day
and no ones better then the other.
Because for every person who may have gone wrong
At home there's awaits a grieving mother.

If I start to feel low and over stressed
by everyday pressures in life
I just envision those less fortunate then I
And it clicks on my reality light.

I believe there is good in everyone
But some find it hard to cope.
With all the ups and downs through the years
and unfortunately give up hope.

It's not the ways in which we are raised
It's because the times have changed.
But when we were kids, things were easier for us
because as children our life's were arranged.

But now that we aren't kids anymore
we have to make our own liefs.
And we will discover how hard things can get
when we are forced to click on our reality lights.

Dianna Nally
2004

Dianna Nally

Little Old Lady

Little old lady who lived in a shoe
had so many boyfriends she didn't know what to do
She gave them all numbers, never asked them their names
They always came to her shoe to play naughty games

They stood in a long line for several hours
waiting to see the old lady with all the powers
The power to make anyone's fantasy come true
You wouldn't believe the naughty things they wanted to do

Some wanted to be spanked
some wanted to be yanked
Number one always wore diapers
Number 2 liked candy stripers

Number 3 was her very favorite of all
when she was with him she always had a ball
He sat her down and he licked her shoes
I don't think there was anything the old lady wouldn't do

There are such strange fairy tales out there these days
Like Betty giving Fred Flinstones one of her famous BJ's
I even heard a story about little ole Tom Thumb
He could think something naughty and without his hand he could cum

You wouldn't believe some of the fairy tales I've read
In almost every one of them they ended up in bed

Dianna Nally
9/8/08

Dianna Nally

Love After The Yacht (Part 2)

When morning came, he woke me up
with a little kiss on the neck
We both got dressed then he took my hand
and lead me to breakfast on the top deck.

It was a beautiful day, the sky was so blue
and I hated the thought of going to shore
But for some reason he seemed so distant
as if he wasn't interested anymore.

Once we docked he seemed in such a hurry
that he didn't even kiss me good-bye
When we got off the Yacht, I saw him look away
towards a redhead, he was giving her the eye.

All I could think of was how I gave him my body
and how much shame I was feeling inside
So I hailed a cab and had it take me home
where I sat for days and just cried.

After a few weeks I decided to dry my eyes
and go out and have some fun
I met a new guy at a club one night
And so my new life had begun,

I had a little too much to drink that night
so he took me home and put me to bed
He could have taken advantage of me
but he just laid there and cuddled me instead.

It's been two years since I met this guy
And I know now how love really feels
Not a day goes by that he doesn't tell me
that for me he has fallen head over heels.

Dianna Nally
6/9/08

Love On A Yacht (Part 1)

We took his Yacht out into the blue waters
Just my lover and me
No interruptions of any kind
Just the two of us, champagne, and brie.

He ran his hands over my cheeks
followed by caressing my neck
He pulled me closer and whispered to me
' I want you, lets go below deck.'

I had never had sex, I was still a virgin
And I admit I was scarred to death
But I got so excited by the way he touched me
I just looked him in the eyes and took a big breath

As he ran his tongue over my nipples
they became fully erect
his tongue moved down the rest of my body
as he sensually continued to inspect.

When he reached my honey he called it sweet
and I started to stiffen and moan
I was surprised by the feeling in side me
These are feeling I had never known.

We explored each other for hours and hours
And for the first time he made love to me
And I will never forget that day on his Yacht
Because that's where I lost my virginity.

Dianna Nally
5/23/08

Dianna Nally

Love, Guilt And Confusion

It's almost four years now since we met
And I thought that we were soul mates
But then you suddenly decide we are wrong
And you closed your hearts gate.

I asked you what changed your mind
And you said it was nothing I had done
But you act as though you have something to hide
And instead of facing it, you decide to run.

We've had our share of disagreements
But nothing we couldn't work out
So why didn't you tell me about your doubts?

Can a person love someone so deeply one day
And fall out of love over night?
And if you can, why didn't you tell me
Because leaving me in the dark just isn't right.

You said you need more time to think
Well does that mean there is still hope?
I need to know where our future stands
Because with each day it gets harder to cope.

I really wish I could hate you
Then the pain in my heart could subside
But I promise myself that from now on
Instead of my heart, my head will be my guide

Dianna Nally
2005

Dianna Nally

Mama Please Don'T Cry

I know your heart is aching, and
you don't understand why I had to die
And it's hard for you to cope with this
But Ma Ma please don't cry.

I still live on in your heart
So I'm not really gone.
Ma Ma if you continue to cry
then the bad guys will think they have won.

So take that aching inside yourself
And make it work for you
And although I'm not there to show it
Remember I LOVE YOU.

I know you are hurting and I wish I could
be there to wipe the tears from your eyes.
I know you can't see me, but I can see you
So Ma Ma please don't cry.

Dianna Nally

Dianna Nally

My Daddy The Kern River And Me

When I was just a little girl
My daddy said it's time
To show you where I go to think
on a favorite river of mine.

But first you have to promise me
that no one else will know
Where this secret place is
Where nobody else goes.

We stood upon a rock that lies
just over the roaring white waters.
That's so very hard to get to and
that's why no others bother.

The river, called The Kern River has
always been our favorite spot
To go and think, and enjoy the peace
And we went there quite alot.

Some day I hope to go back to the
river where daddy took me.
And stand upon that same old rock
and dream of how things use to be.

The Kern River holds a memory of
the first man I ever loved.
And now I've found another man that
I am sure was sent from above.

I LOVE YOU DADDY

Dianna Nally

My Memories

Slow sweet kisses
and the wind in my face
Birds singing in the morning
and the feel of your warm embrace.

A few of the things I will always remember
Like the kids on my lap while watching cartoons
Or how lucky I feel while I watch them play
And birthdays filled with presents, hats and balloons.

And I'll never forget when you said I do
I was so relieved I let out a sigh
Neither of us wanted to stay for the reception
It was honeymoon time, and we just wanted to fly.

I'll always remember when our children were born
It was one of the best things that happened in my life
I'll always remember the night that we met
And I'll never forget the day you made me your wife.

And to be able to see my grand children born
is a memory always kept in my heart
Our children all grown with life's of their own
And onto a new life the two of us would embark.

More time to do the things we wanted
Not having to share our time together
Like you taking more time to play your golf
Just a more relaxing life altogether.

With you I share these beautiful memories
And there are so many more memories for me to gather.

Dianna Nally
7/23/08

Dianna Nally

My Porch

It's a beautiful evening to sit outside
On the porch my husband built me
And watch the quiet, and just listen
to the birds sing.

It's so peaceful, no kids around
Just the neighbor mowing his lawn
But tomorrow's Monday and the
kids will be up at the crack of dawn.

Another week will begin
There will be school buses up and down the street
The kid's will come home hungry, as always
Looking for something to eat.

People will be coming home from work
Tired and drug out
They'll have dinner, watch the news
And go to bed early, no doubt.

Everyday will begin the same
Until the week-end's here
Then I will sit out on my porch again
With my husband near.

Dianna Nally
9/11/05

Dianna Nally

Mystery V.S Obsession (Do We Know Everything?)

How many times have you met someone
and thought you knew all about them?
You swear you know them inside and out,
then you discover the truth and
Become aware you have no real knowledge
of them

We want to believe we can trust those we
devote our life's to.
Then you think about that old wives tale that
Say's ' Love is blind.' and it's true.

I don't believe that it's possible to know
everything about anyone.
And I feel this way because people change
And so does their life and time goes on.

Acceptance and unconditional love are the
only ways real love can work.
But it's not real love if you aren't happy
with who you are, or if you listen
to others gossipy dirt.

Suspense is one of the things that attracts us
to others.
And the mystery that captures our attention.
And if the mystery is prolonged too much,
Then in time it can become an obsession.

It's important to know as much as you can
about those you choose to spend your life with.
And always be extremely selective with who you decide to live.

(And don't mix obsession with mystery

Dianna Nally
2005

Nana's Little Girl And Boy

In May we were blessed with a beautiful grand daughter
The cutest, sweetest little girl
She was born with the best set of lungs a kid could have
And with a beautiful head of curls.

Her mommy's Portuguese, her daddy Irish
And her brother a combo of both
And if she keeps it up the way she's going
She's gonna pass up her brother in growth.

I take care of her at least 3 days a week
And I have her and her brother on Friday's
And I wouldn't give up our time together
The days I have them are truly my days.

This Thanksgiving I will thank god
For the blessed addition to our family
And with my son and daughter in law for parents
I have no doubt they will grow up to be all they can be.

So thank you lord for Nana's little girl
And also for Nana's little boy
You can be sure they are dearly loved
For they are my pride and joy.

Dianna Nally
{I love you Brendan and Makenzie

Dianna Nally

Nature's Way

The Redwood forest is a beautiful place
A place where one can find freedom.
No telephone, no unwanted company
Just peace and quiet nature's way.

An added pleasure amongst our forests
are the beautiful untempered waterfalls.
With many rocks surrounding it,
Guarding it nature's way.

There is even a chapel inside the redwoods
where two people can go to be married.
Where they can say their vows of promise to each other.
And do it nature's way.

And maybe someday they will come back to the redwoods
to add to their happy family.
To bless our forest with a new born miracle,
And do it nature's way.

Dianna Nally
2005

Dianna Nally

No Is A Dangerous Word

Terrified at sixteen, and some are even younger
It's time for another initiation.
Here's the gun, there's the car, but he's
not sure he wants to go as far
As to participate in the process of elimination.

It's time to put some work in for the homee's
and welcome to the big time son.
Just shoot the rivals on the corner, then put
your foot to the floor, and try not to lose the gun.

But he wanted nothing to do with the big time
He Say's he just fell into gang banging some how
But he knew what would happen if he didn't do it
So he pulled up closer and shot seven rounds into the crowd.

A gang is a serogate family, and they believe
it's their only resource of approval.
And they will always be there to back each other up
If they ever get into any trouble.

It's important to everyone in a gang that
others treat them with respect.
And they usually have the minors do the dirty work
So they don't have to deal with the public direct.

In some gangs if you don't show up for meetings,
they issue a B.O.S. (beat on sight)
And those who dare to dropp the flag,
WELL...I think I'll let you fill in the rest.

It's always hard to get out of a gang, but
it's not completely impossible.
But some say the only way to get out is by way
of the isn't very respectable.

People who aren't familiar with gangs
think these kids should just say no.
But in a gang NO can get you killed.

Then all you have left is a hole in
a mother's heart that can never be filled.

2/4/95

Dianna Nally

No Ones Perfect

I know I am far from perfect
And I never claim to be
Don't judge someone that you don't know
First you should get to know me.

Just because someone is different then you
doesn't make you better then them
Just because your from a better neighborhood
doesn't give you the right to condemn them.

If everyone lived the same kind of life
What would you do for social gossip?
The world would be a boring place for you
And the tabloids would make no profit.

People like you can't seem to live their own life's
But maybe that's because they don't have one.
There are so many judgmental people out there
It's like watching a constant rerun.

So I think I have wasted enough time on you
It's time to leave this all behind.
Here's where we shall go our separate ways
Because I have no need for those so unkind.

Dianna Nally
2/21/06

Dianna Nally

No One's Perfect

I know I am far from perfect
And I never claim to be
Don't judge someone that you don't know
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Dianna Nally
2/21/06

Dianna Nally

No Way To Live

When I look into your eyes
I see a loving, tender man.
And I sometimes wonder, when I read about others
Why they can't be as lucky as I am.

I really get angry when I hear
How some marriages are lived in pain.
How can you live with someone who hurts you?
How could you let them hurt you again?

But then I talked to a couple of women
Who say they are afraid to leave.
They can't raise their children without a father.
Or so he has made them believe.

But what kind of life are you giving your child
By making them live with so much hate?
Don't you know that by keeping them there
A painful life for them is what you will create?

They say if they leave the man they are with
That he will hunt them down
Something needs to be done with these men
Until it is, these women will never be freedom bound.

So even though I am happy in a marriage filled with love
I can't help but think about these women
And all the hate their children witness
This is no way for these children to be livin.

Dianna Nally
10/30/04

Dianna Nally

Not For The Money

There are many professions that people have where they
put their life's on the line.

A police officer gets a call to a home for abuse, and
never knows till he enters what He will find.

A Paramedic has to take all the different calls that come in,
and they can't refuse them.

Like a runny nose, or maybe diaper rash. And for this he
has to allow them to use him.

A doctor, or a nurse gets a patient who's bleeding
and it's spurting out all over the place.

They take a chance when they get it on them,
but they are there and it's something they have to face.

And how about the fire fighter who goes into a burning building
to save a life?

Knowing that he could get trapped or die, leaving his
children and wife?

I wouldn't want to be a teacher these days.

With all the crime they are exposed to.

With guns and drugs in all the hallways.

This isn't a job I could do.

Small businesses are folding because of the rise in crime
And have been vandalized and stolen from, and
are now left without a dime.

These are just a few of the people who work hard
to provide us with what we need.

Like an education, safety and food

And they are becoming part of a dying breed.

These are the kind of people who make our lives possible
and don't ask for much in return.
They don't know who we are, but they're here to help us
And I think there's a lesson here to be learned.

So next time you need someone to help you, and you call them
and they don't get there fast.
Just remember there are others who need them,
Because your not their only task.

Dianna Nally
2006

Dianna Nally

Oklahoma (A City In Terror)

There have been so many life's taken, and how
do we explain the terror?

Our children are afraid to sleep at night,
and a mother has lost her child
How do we tell her?

Oklahoma City is our nations homeland
And is filled with love of man kind.
But this great city will never be able
to put their losses behind.

And when we pray for our own, let's pray
for Oklahoma to heal.
For it's hard to imagine their pain
But that pain is very real.

We all wish we could lighten the load for you
and on every rescuers heart.
And letting them know that we appreciate them
I guess is a good start.

Those who rescued them, are the ones who in time
will release a parents imprisoned heart.
No matter how hard it may be on them,
They will always do their part.

My condolences to those who have suffered great loss
And to those who survived
You are in our prayer's, although we can't really
know your pain, we want you to know that folks
around the world do care.

Just keep in mind that there will be justice
one way or another.
But for now you need to be strong for the children.
And be there for each other.

4/23/95
Dianna Nally

This is for those in Oklahoma City who have had
to weather the loss of loss of loved ones! ! !

Dianna Nally

On The Mountain At Sunrise

On the mountain at sunrise
you can see for miles
When I go up there it
always makes me smile

The sun beaming down
on my face as I sit
and dream about being on
a mountain like this

It takes away my worries
And makes me feel free
When I'm on the mountain
I'm amazed at what I see

A valley filled with clusters
of people in a rush
On the mountain you don't have that
And around you is a hush

Trees on the mountain side
blowing with the wind
Singing out a love song
with a message to send

I love being on the mountain
I'll stay all day long
Listening to the trees as
they sing out their song

On the mountain at sunrise
That's where I will be
Listening to love songs
Just the mountain and me

Dianna Nally
6/5/09

Only Through Your Eyes

Everyone wants to be good at what ever they do
And theres nothing wrong with striving hard
As long as you do it for you.

But if you allow someone else to mold your life
How content do you think you will be?
Who you are or want to become
only through your eyes can be seen.

Who knows you better then your self
Only you know of what you dream.
And now all you need to do is allow someone
you love to enter your life
And together you shall become a team.

Just don't forget that it's OK to keep
some of your dreams a mystery
But you should always be open to new ideas
Just to make life a little more interesting.

No one can ever hurt you, unless you allow it
So remember to keep one eye open
No one will feel your pain from inside you
No one, unless you tell them.

If you can't take a little criticism, Well
Then don't expect others to listen to yours
Because believe it or not, that is how
we get into wars.

Everyone should be open to newer and better things
along the way
And be grateful for everything they have
And be honored for the chance to live another day.

Dianna Nally

Open Your Eyes

Open your eyes, before it's too late
Or life will pass you by.
You don't need drugs or alcohol
Life is a natural high.

Oh I know you have heard these lines before
And you will hear them a thousand more times.
But you can never get too much of a good thing
And the good thing are these warning line.

Don't take them as an insult
That's not the way they are meant.
We want to keep you around awhile
It's useless for a young life to be so spent.

'PLEASE OPEN YOUR EYES'

July 4,2005

Dianna Nally
(copyright 2005)

Dianna Nally

Our American Hero's

I pledge alligence to our troops
fighting for the right to be free.
Times are hard, life's will be lost
But their still hero's to me.

They represent the American way
And all that is decent and good.
And if there was any way that I could
fight by their side
You can be sure that I would.

This war isn't about oil, or even revenge
It's about saving millions of life's.
It's about teaching the devil to fight his own fights
Instead of hiding behind women, children, husbands and wives.

Sometimes life's are lost in war
It's a price we pay to be free.
Although it saddens me to know
the loss many will endure.
The troops of America are still hero's to me.

Dianna Nally

Our Magical River

At the break of dawn we took a stroll
along the river of tears
It was a wild river, with a glittering current
To take away your fears

The river seems such a magical thing
With the forest set in it's front
Silver streams painted with variable flowers
It was like finding the treasure in a treasure hunt

As we walked beside the flowing river
It's ripples beckoned to us
Sparkling and shining, calling our names
With the sound of lust

Every river has it's beginning
But this one had no end
Merging together like long lost loves
as you come around the rivers bend

We stopped and stood
and stared in awe
At the beauty of the merging rivers
And the love for which we saw

Dianna Nally
and Debbie Wagoner
7/14/09

Dianna Nally

Our Turn To Live

A life time playing mom and dad
and loving every bit of it
The children are grown and out
on their own
Now it's our time to live.

Pack the RV and hit the road
Travel to places we have only dreamed of.
An island with only one thing for us to do
Kick back and relax, and have fun.

Dianna Nally
2007

Dianna Nally

Papa And Me

Papa and me are good friends
We do all kinds of things together
He doesn't like to tell me no
no matter what the weather

Sometimes we just throw a ball
sometimes he watches me ride my bike
Sometimes we play video games
But hitting golf balls is what we really like

He Say's if I practice hard enough
I could be the next Tiger Woods
The equipments not cheap and I have to work hard
But some day I will have the goods

I love my papa with all my heart
He's my very best friend
He always makes time to play with me
And we will be friends to the end

Dedicated to my husband Chuck and our grandson Brendan! ! !

Dianna Nally
3/12/08

Dianna Nally

Part Of The Human Race

Behind every man there is a good woman
But if he's really good he can walk at her side.
Because no one, male or female should
ever have to walk behind.

Today we walk arm in arm
And some walk hand in hand.
Because there is no one better than another
Not a woman, a child, or a man.

It makes me feel good when someone opens my door
But I've done the same for them.
My husband has manners, and he waits till I sit
And sometimes I wait for him.

We can all vote, and we like to watch sports
in fact, we even play a few.
And believe it or not, a few men have even
asked us for reviews.

I guess what I'm trying to say is that
this world has become a better place.
Because together we have broken the barriers
And are all excepted as part of the human race

by Dianna Nally

Dianna Nally

Precious Moments (My Daughter Wedding)

Precious moments, today they begin
Together you will stay till the very end.
Through love, pain, glory and sadness
May your day's always end with joy and gladness.

Everyday you will learn something new
about each other as your day is through.
Your little habits will become more real
But you will love and respect each other still.

A good marriage is based on communication and love
And respect for each others hearts handled with kid gloves.
Talk to each other, don't scream and yell
And your marriage will work out, for that I can tell.

So on with your new glorious adventure
Remember a kiss is always loves greatest thirst quencher.
And say I love you to each other everyday
And you will always remember your wedding day.

Love you always,
Mom (10/15/205
Dianna Nally

Dianna Nally

Running Away

Everyday someone runs away, because they
can't face the truth
But running away doesn't solve the problem
But it does destroy youth.

There is no problem that can't be worked out
As long as your willing to talk.
But no one can help you if you don't let them in
So your heart has to be unlocked.

If we continue to run away from our mistakes
then we'll never be able to feel free.
Nothing's so hard that there's no hope for forgiveness
So just talk to someone and you will see.

I know that it's not easy for some to admit
when they are wrong.
But pride can work two ways for us,
it can make us weak or make us strong.

Parents need to listen to their children more,
Just listen to what they say.
Because if you want to understand your child
Listening the only way.

No one is perfect, not even us
But our children depend on us to understand.
They only know what we install in their minds,
So we hold their futures in our hands.

A girl gets pregnant at the age of sixteen
That's a situation, not a problem.
They don't need us to say how disappointed we are
They need to know that we still love them.

If you make them feel like they should be ashamed
And you can't look at them another day,

Then the only thing they believe they can do
Is to just simply run away.

Dianna Nally
2004

Dianna Nally

So Many Changes

As I sit here thinking of what to say
I sort through my thoughts of what's important to me.
There has been so many changes, yet so much more to be done
And a whole world out there for me to see.
The importance of the individual is the single greatest
achievement of the 20th century.

I dream of a time when we can all come together
To better our community relationships
Which could enable us to make a difference
Ridding us of racism, sexism, greed, and
ruthless businesses.

In order to succeed in the future
It's imperative that we prepare to accept human diversity
with respect and without compromise.
So we have to ask our self's, What surprises does the 20th century
hold for us?

Dianna Nally

Dianna Nally

So Many Hours

So many hours pass us by
The days seem to get longer
But because we stand together as one
Our country will grow stronger.

It won't happen over night
These things take time
Because there are so many political
mountains to climb.

We will never forget what has happened
But our pain will subside
This hasn't affected just one country
It has affected everyone worldwide.

So in order for us to heal
We have to be joined at the heart
That means all who believe in freedom
have to do their part.

The United States cannot do this alone
American's aren't all that died
We have to remember that other countries
had representatives inside

America is called the 'Freedom land'
Because we welcome others from afar
And because we are angry at their homeland
doesn't mean those who live here should be barred.

So instead of letting the negative control us
Lets make it a positive
We can't allow our hatred for those
responsible to affect the way we live.

We've been through hard times before
And we shall get through this

So say a prayer for those we lost
as they will be truly missed.

This poem was written in honor of those we lost in 9/11
10/2001
Dianna Nally

Dianna Nally

So Many Thank You's

I have so many people to thank in my life
My god, where should I start?
Well I thank my parents for giving me life
And in that I believe god had a part.

I thank my husband for the three children he gave us
And for the hard work he endures to keep us fed
and clothed, and schooled, and happily together
Especially through the recent hard times we have led.

I thank our friends for the support they have shown
And for being my crutch when I needed one.
I thank our children for blessing us with grandchildren
And for this our new life has begun.

THANK YOU, AND GOD BLESS YOU ALL

DIANNA NALLY
7/16/05

Dianna Nally

Someone Cares

A child's life should always come first
before any other
A woman who takes her own child's life
Doesn't deserve to be called a mother.

There are so many women in this world
who would give anything to have a baby
They can't afford to adopt, can't have their own
And are the kind of folks that could give
a child a loving home.

What is this world coming to?
There are murders, thefts, and gangs
Instead of this country standing for peace of mind,
We are left with nothing but pain.

How do we make the wrongs into rights?
And can we forgive those who have made our life's
a living hell?
I say we can, because we have to
In order to make our country well.

Hate, fear, and even remorse are what you
daily life is all about
I think we can forgive sometimes,
But there will always be a ray of doubt.

We just have to go on with life, and
I know it is easier said than done.
But if we ever want to feel safe again
We have to confront our problems, and
Start anew with each rising sun.

I believe there is good in everyone
And that trauma has turned some folks cold.
But no matter what the problem is We should treat life like it was gold.

Hang in there, and always remember
there is always someone who cares

So if your alone, give someone the chance
to help you, because we truly care

Dianna Nally

Dianna Nally

Strength

In this time of struggle and fear
with the look of a dying country
It's hard to believe anything could
change for the good.
Then I look into the sparkling eyes of
a child, and refuse to give up the fight.
As we all should.

Our children believe their world can survive,
and that it's worth the struggle and the fight.
So maybe we should listen to them for a change.
Who knows, they could be right.

The times when a child should be seen and not heard
have vanished. And we should allow them to speak
They are old enough to fight in wars,
They are strong and our countries growing weak.

What could it hurt to allow them to respond
to the question of what we should do
To solve the problems we all have in life.
And maybe listen to their views.
Nothing worth having comes easy you know,
And we all have made some mistakes.
We learn from them, and understand
That an education is all it takes.

Dianna Nally

Dianna Nally

Teens

A teen in love is so vulnerable
They think every guy is Mr. Right
They date awhile, two or three dates
Then your up with them crying all night.

'Ma ma he swore to me that our love was real.'
He said we would be together forever.
But I wouldn't let him touch me mom
Now he doesn't want anything to do with me what so ever.

So mom said, ' I know my sweet'
Kid's don't understand what love really is.
They kiss, and touch and to them that's love
All the parents say is, ' kids will be kids.'

A few years down the road the girl become pregnant
Her parents yell and scream and blame
Another baby raising a baby, another childhood lost.
And the boy doesn't want the baby to have his last name.

How in the world is this child going to raise
a child and go to school?
She doesn't want to put it up for adoption
To her that would be cruel.

So yet another grandma raises a grandchild
She will do it for her daughter's sake
She knows she will have to do it alone
Because like most kids her daughter won't partake.

Dianna Nally
1-17-05

This is happening so often these day's.
What's a grandma to do?

Dianna Nally

Thanksgiving

At Thanksgiving we celebrate the things we are grateful for
And we will eat, drink and watch football on TV.
It's the one time we allow our men to be couch potatoes
Without making them feel uneasy.

But lets be fair here, it's not only the men
Some of us women watch the game too
I clean up the mess from the Thanksgiving feast
And I watch the game just like some of you do.

I think it's great when the wife sits with her man
And cheers for their favorite team
My man loves it when I do this for him
Now all I have to do is figure out how to get him to clean.

{that ain't a gonna happen}

Dianna Nally
11/7/04

Dianna Nally

That Time Of Year

It's that time of year
When a warm blanket, and someone to cuddle to is all you need.
A little soft music, and your good to go.
It's so much better then fighting with the traffic,
And alot warmer then shoveling snow.

Maybe a hot tottie to relax you
And no mittens needed.
But don't forget to make him dinner,
You will have to feed him.

Now that you have all that out of the way
The rest of the night is yours.

The kids are gone, so take him upstairs.
But first lock the doors.

I think you can take it from there
You don't need me to tell you what to do.
What ever else goes on in that room
Is totally up to you two.

10/21/04

Dianna Nally

Dianna Nally

The Best Man

Today I looked out the window
and I saw a darkened day.
But I refuse to allow Grey clouds
to ruin our day this way.

So I opened my eyes a little wider
And I saw the sun break through.
And the reason I can see beyond darkened skies
Is because of the love I have for you.

When I look into your eyes
I see a brightness never seen before.
And when your lips touch my lips
I only want you more.

I wonder if others feel as loved and as lucky as I?
It's possible for the clouds to disappear for them
If they can find someone as special as my guy.

If I'm down, you bring me up
And if I'm happy, your happy too.
You make it so easy to believe those
three dangerous words
' I LOVE YOU '

Forever is a very long time
to promise yourself to another.
But if it's really love you feel
Then you can be both a friend and a lover.

We've been together for many years, and
we have had our ups and downs.
But I have no doubts that my true soul mate
has definitely been found.

So today I pledge my love to you
as I did so many years ago.
And all the years we have been together
My love for you has only grown.

I don't know what you see in me
But you are what I always prayed for.
And I feel as I did the day we were married.
So here's to 29 years more.

Dianna Nally

Dianna Nally

The Brightest Star (For Mom)

When I look up at the sky
I look for the brightest star
Because I know if I need to talk to you
That is where you are.

Even though your life as we know it
Has ended on earth with us
I know you hear us when we pray
And that gives a comfort to us.

You're with daddy, Jessie and god
So I know your well taken care of
And don't you worry about your children
We're all fine and we send you our heart felt love.

Dianna Nally
10/30/04

Dianna Nally

The Curse Is Lifted

The Red Sox did it
They lifted the curse
They are the new champions
It only took them 86 years to rehearse.

But I say hey,
They just wanted to get it right
Bring on the champagne
Let them have their night.

I'm not trying to be silly, funny or mean
Hey, I wanted them to win just like you
But I think with that champagne they
should get some Yankee stew.

GO RED SOX, WE LUV YOU! ! !

Dianna Nally

10/30/04

Dianna Nally

The Fight Is On

Destroy our towers, that won't break our spirit
It's not what makes us Americans.
The belief we have in our country is what forms our bond.
And when you take away those most precious thing to us
You best disappear, because now the fight is on.

No chemical invented has the power to defeat the
strongest weapon ever weapon I speak of
has never been defeated. And that's the belief in the Red, White, and Blue.

America has it's symbols, and we fly our flag with pride
So we will find you, where ever you hide
And don't fool your self thinking our military does all the fighting.
Come on out and meet their families
I assure you they can be quite enlightening.

Of course that would mean getting on an airplane, and
we know how you feel about planes.
To figure out how a coward thinks, doesn't take
alot of brains.

So prepare yourself for the punishment
in which your about to endure.
Because Bin Laden your a deadly disease,
And America is the cure! ! !

Dianna Nally

Dianna Nally

The Forgotten

Yesterday I took a walk, along the streets of poor
There were broken bottles next to the sick and hungry
who were trying to hide from the cold.
In cardboard boxes with newspaper blankets
and nothing to protect them at all.
And among them was the sad sorry site
of the young and the old.

I'm sorry if there are other countries in need.
But I believe we should take care of our own.
Use that money for food, clothing and shoes
And for finding our homeless a home.
How can we say that we're doing our best
if crack babies are still being born?
Mothers are selling their bodies, and
sometimes their babies, Just so they can make another score.

If we can't take care of our own, who eat from the trash
Then how can we provide for others?
Children are starving and dying each day
So don't judge them for how they live
They are our children, our fathers, and our mothers.

THEY ARE THE FORGOTTEN

Dianna Nally

Dianna Nally

The Gift Of Friendship

It's hard to find a friendship that is truly real
Sometimes it's hard to trust
Never give up on making new friends
Friends are like family, and family is a must.

A family is very personal
and to me friendship is too
So I take it slow when meeting new people
I have to feel that their friendship is true.

But if I am convinced they want nothing but friendship
I will except them into my heart
For in my heart they are truly safe
And nothing will break that friendship apart.

Dianna Nally
11/21/04

Dianna Nally

The Good Life

Oh yes, this is the life
A life filled with love
No it isn't money that makes
me so wealthy, it's the man up above.

Now I'm not the religious type
But we all believe in someone
I believe in myself, yes in me
Without self respect I am no one.

It took alot of hard work and love
To make me who I am today
And I am someone with heart and soul
And that's something no one,
Not even god can take away

Dianna Nally.

Dianna Nally

The Holidays

It's October and Halloween is near
Little kids all done up for Trick or Treat.
Going neighborhood to neighborhood, door to door
Hoping they get the most goodies to eat.

November is my favorite month
I make turkey, potatoes and gravy from scratch
And I won't have to cook for awhile
Because I always make a big batch.

The family will come over to our place for dinner
It's a tradition we have in our home.
And sometimes a friend is invited to join us
Because no one should spend the holidays alone.

We all sit at the table, the blessing is said
And we give thanks to our blessed Lord
We fill our plates, our tummy's get full
Everyones content, Who could ask for anything more.

Now it's December. That's a hard month
People no longer with us will truly be missed.
But we will get through it, I'll see to that
Because this holiday is for the kids.

Dianna Nally

Dianna Nally

The Internet

Just because someone talks to you
doesn't make them your friend
There's nothing wrong with chatting on line
not taking it seriously is what I would recommend

I know it's easy to get caught up in it all
But not everyone is who they say they are
A guy preying on teens has smart lines
Like, ' you sound beautiful, bet you'd look great in my new car

Or maybe a lonely, sweet woman
just looking for companionship
A man IM's her and starts talking nice
Next thing you know their making traveling plans

A few days later you hear it on the news
' Woman meets man on Internet and disappears
It's a harsh way to let people know what could happen
But the reality may finally fall upon def ears

Then there's the part where some people are good
And are really who they say they are
You just have to use your wit, and be mature
And not allow things to go too far

Well I have said what I wanted, that's all I can do
I wish you luck, and I hope you enjoy the Internet
Just please be careful and aware of all predators
And don't do anything that you may regret

Dianna Nally
8/26/08

Dianna Nally

The Road To Freedom

The road to freedom is a long road
With many obstacles along the way.
There will be different routes, and lots of turns
So just take it day by day.

Sometimes you may come upon dead ends
Don't give up, just change directions.
Read the signs and ask for help
And only then will you make your connection.

Once your way of life is determined
Your future can be sought.
Is your future the road to freedom?
For some it might be. For others it may not.

As you end your twelve years of schooling
You may think that this is freedom
But little did you know that beyond those double doors
You will enter the challenge of men and women.

It's time to decide how you want to
Spend the rest of your life
Should you go to college and get your degree
Before you commit your self to being husbands and wives?

You have the choice of many roads to take
There's the road that leads to a career.
And although you thought your school days were over
To have a career means going back for a few more years.

Another road that you may take is the road
to relationships.
And when I ask people what their advice would be,
They say take it slow, and keep your wits.

The decisions you make will be yours alone
You have to live with whatever you become
You can be responsible, it's not that hard
To be mature and still have fun.

Dianna Nally

Dianna Nally

The Special Paige In My Life

A little princess awaits the day
that we too have been waiting for
She's not afraid for that time to come
Because she knows she will be surrounded with love galore.

Mommy and daddy always there to protect her
A big brother and sister as well.
The day she is born will be a day of celebration
As she's surrounded by little fairy bells.

So come my little princess Paige
Come join all those who love you.
We want to count your fingers and toes
And we await the moment of your first coo.

And of course we must not forget the grand parents
just waiting to spoil you.
They'll love you deeply, and spoil you rotten
Then send you home like all good grand parents do...

Love forever,
Nana
7/6/05
Dianna Nally

Dianna Nally

The Storms Keep Coming

The storms keep coming
They carry such force
We can't stop the storm but
we can help those in harms way, of course.

But how do we help someone
so far away?
Well I know what I do is
every night I pray.

No money to give them
No place for them to live
Material things aren't all
they need you to give.

Prayer works in mysterious ways
And they could use a miracle right now
We can't just pretend it hasn't happened
Now's not the time to disavow.

I know everyone watches the news
and it's hard to see all the sadness
But if we don't help these people in their desperation
Their life's could become a total madness.

So pray for them,
Keep them in your hearts
Because that could be you
who's family's became torn apart.

I believe in my country
and I don't believe the people will let them down
They have a hard road ahead of them
But we as citizens can help them turn it around.

So keep them in your hearts and in your souls
And I know we will prevail
I'll be damned if I'm just going to sit here
and allow their life's to go to hell.

GOD BLESS ALL THOSE HURRICANE KATRINA AND RITA HAS
STOLEN FROM! ! !

Dianna Nally
9/16/05

Dianna Nally

There In The Night

As I lay in my bed, where I can be safe
I see a shadow.
When the sun has gone down behind the mountains
The sky suddenly darkens.
Then from out of the darkness appears a shadow
There in the night.

I look around to see where this shadow has come from
And I see nothing.
But I know there can be no shadow without a body.
I know it comes from something from out there in the night.

As I sit alone in my den, watching the TV
I get this cold and chilling feeling
It's almost as though someone is watching me.
I turn to glance at the window, when suddenly
I again see that shadow
Then it disappears somewhere out there in the night.

10/10/95

Dianna Nally

To My Best Friend In Need

Debbie I write this poem for you
because I feel your need
I pray for you day and night
I am always here for you to listen to your plead

But we will get you back on track
I won't believe it any other way
And we are going to start your healing
on this very day

Today you become a stronger woman
with the help of your friend
And I will never allow your problem
to happen to you again

As painful as it may be for you
It's time to cut your ties
With the person who always drags you down
and fills your life with lies

Right now you have to think of you
So your life doesn't meet it's end
Always remember your never alone
Not with me as your friend

I'm not ready to lose you yet
I won't give up the fight
I am always here for you
Morning, noon, and night

So don't give up on your self
Remember all our plans
Don't think about the things you can't do
Think only of the things you can

You are what family means to me
You are better than my own
And I may not be there with you now
But I am always with you on the phone

So I beg of you my sweet sweet friend
Please don't take your life
Because if you aren't here for me
It will just fill my life with more strife

I haven't fought this battle with you
to let it end this way
Don't you know I'm your friend for life?
Honey, I am here to stay

PLEASE DON'T GIVE UP! ! !

Dianna Nally
7/5/09

Dianna Nally

To Triumph Life

I believe in the world of love and laughter
And in family, friends and hope.
But I also believe there are those without either
And often wonder how those people cope.

Some may have families, but have been abandoned
and have never felt loved.
But how could anyone put another on the streets
And still pray to our holy father above?

There are children who come from broken homes
And parents suffering from broken hearts.
Living in an economy so high in cost
That it's taring families apart.

We have kids quitting school to help their parents
and they do it at any cost.
Some having to grow up too fast
And so many childhoods lost.

There are people living in such denial
They almost always seek someone else to blame.
There are busy bodies accusing others of wrong doing
When helping our children should be our only aim.

We need to take the past, and study
the things that went wrong.
Learn from it, and pass it on to others
So we can help to make them strong.

I guess what I'm trying to do
is let someone know they are needed.
There are those who have been there,
And have moved on in life, and succeeded.

As long as you try, you can't fail
And if you fall, just get right back up.
And remember you can do anything you want to
Only then can you consider your life a triumph.

by Dianna Nally

Dianna Nally

Together Again

Daddy passed several years ago
After that, mama was never the same.
All she wanted was them to be together
And the longer it took, the more ill she became.

I remember like it was yesterday
At the wake where she saw him just laying there
All she wanted was for him to get up
And when he didn't she cried out ' this is so unfair'

I wanted so badly to take away her pain
Even though I was feeling my own.
Mama and daddy have both left my siblings and me
And since their passing I sometimes feel so alone.

But how can someone with six siblings,
Three children and two grandchildren of my own
Feel this way when all I have to do to have them here
Is to just simply pick up the phone.

My siblings don't live close enough to just drive to
And I am scared to death to get on a plane
But I know that I will find a way
For all of us to be together again.

Dianna Nally
11/2/04

Dianna Nally

Too Little Too Late

There are thousands of people who work hard everyday
and deserve to be treated with respect.
But after taxes are taken out of their pay
I think it's hardly worth the paper to write a check.

Nothing is harder then working all your life
and never having anything to show for it.
We need clothes for the kids, food on the table,
and maybe someone to babysit.

Everyone needs to take a day off here and there,
to get reacquainted with the family
But because the economy keeps getting higher
We can't afford to take the time, now can we?

If we have to work all day and night, we can't
give our children the proper guidance.
Society blames us for not being good parents,
Then when asked for help they just ignore us.

There are so many people who can't find a job
nor can they afford the schooling.
And when they apply for a loan, they almost
always get a negative ruling.

Why does someone need money in order to qualify for more?
Doesn't anyone understand us yet?
If we had the money we would have no reason
to grace our presents at your door.

Dianna Nally
2006

Dianna Nally

Traditions

In every family there is tradition
for special times in their life.
In mine that special time was the
day you made me your wife.

After we said our wedding vows, we
gave each others mother a rose.
We're no longer two families, we are one.
And we've shown our acceptance with those.

I hope someday our children will all
see how special this moment was for us.
And just how much we love them all
And what tradition means to us.

But most important, the joining of family
And the love of two that became one.
And the acceptance of them all, and the
warmth of their hearts inside
Once their new life has begun.

Now their on their own, and they have left the nest.
But remember we'll always be here
if you need a shoulder to cry on, or just someone
to listen. Remember we will always be near

Dianna Nally
2003

Dianna Nally

True Purpose

Through all my younger years
I searched for my place in life
Always believing I would end up alone
Then god sent me an angel, that later made me his wife.

I was happy, and well taken care of, but
I still didn't understand my purpose for being here
He's good to me in every way
But my true purpose still wasn't clear.

In later years I was blessed with three children
All of which I am proud of
Still, I wasn't convinced that it was what I am here for
My children know they couldn't be more loved.

So I continued on with my search
Many years gone by, and still no clue
Suddenly a pen made it's way to my hand
And away with my thoughts my pen flew.

The words slid from my brain
And down to my hand
Never taking a moment to rest
And I began to understand.

I believe my purpose in life is to write
To help people see that life is good
To write in a form everyone understands
Because some things written are misunderstood.

Dianna Nally
(copyright 2005)

Dianna Nally

Walk With Me

Feeling down and alone?
Need a bias ear?
Don't feel your life is worth living?
Please take a walk with me.

How, you ask is walking with me going to help you?
It's going to give you an ear to vent in
And it will show you, you are not alone.
So what can it hurt for you to walk with me?

Days gone by, and we have walked alot
You're much calmer now, and have begun to talk
That's a very big step up from feeling alone
So I guess you feel better when you take that walk with me...

Dianna Nally
(copyright 2005)

Dianna Nally

Warrior And His Princess(Shari And Toni)

We have waited so long to meet each other
To finally meet face to face
We have talked on the phone about when we meet
And about our first embrace.

It will, no doubt be a long embrace
And we will finally have our first kiss
We'll tune out others who may be around
And enjoy the beginning of total bliss.

We will go back to her place
To watch a California sunset
We'll kiss again, and stare at each other
As our moment is far from over yet

I'll tell her how beautiful she is to me
And how happy I am to be there
It feels to me like I've gone to heaven
And that god has finally answered my prayers.

Dianna Nally
7/28/08

Shari&Tony, I wish you all the happiness
in the world, as you both deserve it.
Bless you both, and may your meeting
be all that you have prayed for.

Dianna Nally

We Are All The Same

White, black, yellow, red
These are only colors.
Everything has it's own mark
The children play on the swings
They play together in the park.

They don't care who's rich or poor
Or even who lives where.
All they know is there is no fun
If there is no one to play with there.

Our children have built in blinders.
Color, race, or religion doesn't matter.
All they know is they have fun
Even with those who are a little fatter.

One boy's black, a little girl is white
And look at that babies slanted eyes.
But they don't care if their not the same
To them it's no surprise.

7/14/94

Dianna Nally

Dianna Nally

Welcome To The Family

We would like to express our welcome to you,
Rachael, Paige, Bailey and Tim.

We'd also like to let our son know,
just how proud we are of him.

You brought to us three more people to love
To our string we shall add more pearls
And on July seventh, you blessed us again
with a beautiful baby girl.

We wish you all the very best,
in the new life you all shall live.
And the only advice I would have for you
is to love each other with all the love you have to give.

WELCOME TO THE FAMILY

Dianna Nally
7/2005

Dianna Nally

What Do I Really Want

What do I really want?

Is it freedom or just growing pains?

I'm just a teen but I feel much older

Will freedom be my loss or my gain?

If I leave now, and live on my own

Will I be able to make it work?

Mom Say's it's not that easy

Especially since I'm just a part time store clerk.

I'm seventeen, and in my senior year

All my friends are getting their own place

They have their own cars, that their parents paid for

But that's not how it's done in my case.

Mom doesn't work, except for raising me

And she has my brother who is only six

I think I will stay and save up awhile longer

Mom and I will work through this.

Dianna Nally

2/2/05

Dianna Nally

What Is Happening

What is happening to our country?
What are you people thinking?
We shouldn't be out there destroying each other
Our only hope of saving our country is by linking.

There is so much to live for
I don't understand why people want to die
I've lived in hard times, and suffered loss
But to me death still doesn't apply.

And do you really think it's right to rob another
Just because he has more than you?
I understand you want more for the children
But do you understand their watching and doing what you do?

Sure, you might be lucky enough to survive your ways,
But someday you may get that dreadful knock at your door
Then you will have to live the rest of your life asking yourself,
' was it worth losing my child for.'

Dianna Nally
6/15/07

Dianna Nally

What Little Girls And Boys Want

Little girls dream of Prince Charming,
a wedding, a house with a white picket fence.
Little boys don't want these things
To them it makes no sense

.

Now a souped up car with white tuck n roll
For this dream a boy would sell his soul.
A little girl wants a party dress, with ribbons
and buttons and bows.
But a little boy has no use for those.

But put a football in his hands
And you will see him change from
a boy to a man.

Girls, they like to play with dolls
But boys prefer to have pin-ups
on their walls.

Now give that girl a diamond ring
and she'll be happy as a lark
She'll see beauty in all you do
And it may even tone down her bark.

A boy, well he's afraid to be him self
when feelings begin to surface.
And maybe that's because he's taught
Marriage is a three ring circus.

Dianna Nally

Dianna Nally

When I Grow Up

If you want to make your dreams come true
you have to believe in you
Don't quit because things don't come easy
that's what quitters do.

You want to be an astronaut, go to school
including college
Because NASA takes only those with the knowledge.

Or maybe you'd like to fly a plane
Being a pilot's your dream
Concentrate and learn all you can
So that someday you will reach your destiny.

If you like to work closely with children
there are things you need to do.
There are childhood courses, so much to learn
But more importantly you have to believe in you.

You think maybe you'd like to fight fires
That's what most boys want to do.
But what if it's a girl's big dream
Could she fight fires too?

How about being a mom or a dad.
Think it's easy, Well it's not
Just try to discipline a child.
And someone will call a cop.

So what ever you choose to do with your life
you will have to give it your be the best that you can be,
And hold your head up, and always stand tall.

Dianna Nally

Dianna Nally

Where Are You

You sit in your chair eyes glued to the TV
But on your face is such a blank expression
It has been so long since I have seen you smile
All I see in your sad face is depression.

I don't know what happened to cause this to happen
Is it the change of life or is it me?
I try so hard to be there for you but sweetheart
It's getting close to that intolerable degree.

I have tried to find a doctor to help you
but you have fought me all the way
I think the reason you won't get help
is your afraid of what they might say.

The one thing you can always be sure of my love
is I will always be here when you need me
I married you for better or for worse
I'm here to the end, that I can guarantee.

Dianna Nally
3/10/08

Dianna Nally

Where I Belong

Take me away from all the things that worry me
Show me the calm cool waters
And shine the sun upon me.
Let me feel the freedom of the river
Show me how to become strong where I am weak
Like the white water jumping over the rocks.
Teach me how to deal with all that ails me
Give me the strength to hold on
Because I am not ready to leave this world yet
Just take me back where I belong.

I wrote this poem in November, just after burying my mother who died of emphysema the day before Thanksgiving. These are similar words that she said to me before I flew home to MASS. (she was in CALIF.)

I LOVE YOU MOM

by Dianna Nally

Dianna Nally

Why Do People Die?

A few days ago I was asked a question
A question I have answered before.
But this time it was harder to answer
Because it was asked by my grandson who is four.

I don't believe in giving false answers
But I didn't want to scare the boy.
It's hard enough just to be asked to explain
And his love of life I did not want to destroy.

So I took the cowards way out this time
And I told him mommy and daddy will explain
I couldn't bring my self to tell him
That on this earth we will not remain.

Some how it seemed easier when my own kids asked
I was able to help them understand.
But I can't do that with my grandson
He's Nana's special little man.

Dianna Nally
11/6/04

Dianna Nally

Will They Ever Forgive Me

It was so many years ago
That I suffered from an illness.
But at the time that I was ill, I hurt my children
And now I wonder if they will ever find forgiveness.

I don't remember anything that happened
All I know is what I was told.
I love my children with all my heart
But at the time my pain was uncontrolled.

I'm not totally clear about what I did
But whatever it was, it wasn't really me.
And I understand when they were just kids
That was hard for them to see.

But now they are grown into true adults
Can't they try to understand what was wrong?
I'm a better person, I've changed so much
What good comes from holding a grudge for so long?

After all I seem to be fine when they need a sitter
They bring their kids over for me to take care of.
Don't get me wrong, I do it willingly
They are my grand children, and I care for them with love.

Maybe it's just me thinking they hold
the past against me. Maybe It's guilt.
I'd do anything to make my kids understand me
Maybe it's my family being rebuilt.

Or maybe it isn't my kids at all
That think I am so bad
Maybe it's the guilt in me
That makes me feel so sad.

Dianna Nally
2005 8/11

Women

Women these days are speaking out
on how a woman can succeed.
They work in construction, climb
telephone poles, and still fulfill
their family deeds.

We have learned to be individuals
and how to get what we want in this world.
We have learned how to stand up for ourselves
And we are no longer daddy's little girls.

We have to stand together, and you should consider your self warned
We grow stronger by the day.
And everyone knows if you tell a woman she can't do something
She'll do it anyways. And go over anyone who stands in her way.

Being a woman doesn't mean staying home
And caring for the kids and her man.
And what's wrong with a man sharing the responsibility's
instead of just sitting around on his can.

I love to cook and even clean
as long as it's not expected of me.
But order me to do something, and you'll
find out real quick just how strong of a woman I can be.

Women of the 90's want everyone to know
they have rights, and intend to enforce them
We believe men and women can work together
And we believe we can be a mans friend.

by Dianna Nally

Dianna Nally

Yesterday Today And Tomorrow

Behind every day is a yesterday
and ahead there will always be a tomorrow.
Always look into the future because for some
the past holds only sorrow.

Yesterday has come and gone, and that's
how we make history.
But tomorrow hasn't happened yet
It still remains a mystery.

So, your life is what you make of it
You have no one else to blame.
You can learn from the past, and
make a better tomorrow.
Just remember, life's not a game.

If others are affected by the way you live,
You have to do whatever it takes to make it right.
And if you live your life based on truth,
and you have nothing to hide
Things will work out just fine, if you don't rush it
Just take it in stride.

by Dianna Nally

Dianna Nally

You Are The Sun That Shines (Lyrics)

You are the sun that shines upon me
You are the starlight in my eyes
You are the love that lives within me
I know my heart can tell no lies

We have the love that others long for
The kind that lasts for ever more
The first time that you ever kissed me
Broke the lock to my hearts door

Baby baby please don't break it
You promised to keep my heart safe
I believe we were meant for each other
I believe that it was fate

Now that we have both grown older
The future we cannot predict
But I will always be here for you
On our porch where we both sit

You have become my heart and soul dear
You are everything I am
I will work to keep our love new
I will do whatever I can

Baby baby please don't break it
You said we were together to the end
I know that life is hard to deal with
But there is happiness around the bend

Baby baby please believe me
When I say I love you still
There is nothing that could change my love
Nothing could change the way I feel

You are the sun that shines upon me
You are the one who owns my heart
Forever we shall be together
Nothing could tear our love apart

You are the one that I belong to
You are the answer to my prayers
I have no future here without you
Our life together we will share

Dianna Nally

7/11/09

This song is dedicated to my husband, my friend, my soul mate
I LOVE YOU CHUCK

Dianna Nally

Your Own Kind Of Beautiful

When it comes to looks, so many
people worry about what others think
Not everyone can walk into a store
and buy a gorgeous mink

I'm the kind of woman who believes
that you are your own kind of beautiful
Personally I find that being yourself
is actually much more characterful

If you are happy with who you are
Why change who you are just to fit in with others
Just because one woman wears mink
doesn't make her any better than the others

So be happy with who you are
At least you know you are real
When it comes to those with lots of money
To find their true self there's too many layers to peel

Always remember, YOU ARE YOUR OWN KIND OF BEAUTIFUL

Dianna Nally
7/2/09

Dianna Nally