Poetry Series

Gerard Heathcote - poems -

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Gerard Heathcote(April 24th)

Just started writing poetry as a release from emotional stuff.

A Broken Heart

You broke my heart into a million pieces With a blunt pick axe that never ceases Like a stuck record jumps it's groove To repeat the blow to somehow prove That you hold my heart for all our time So I'm yours forever, what was my crime

The blow feels hard each time it falls Each day goes by it's meeting calls It hits when I think of you and ill prepared Please from this torment let me be spared The only hope is for you to see Our fate together we should be

I'm told that time will sort this out My heart will hear another shout I hear it all it's Wisdom's case But I can't give what's held in place You hold my red bit good and proper Will I ever love another

A Flower In Winter

A flower in winter is natures rarity A season for that which has no belonging Market shelves scented from distant shores challenge decembers dark and dreary afternoon

You have the scene arrange itself - as we seem to do Have I saved this afternoon for you Prepared for all the things to be said or left unsaid A basket empty of flowers, like a lost lover's bed

A windy day drives the last leaves of autumn Into the hedgerows starved of the summers sun Naked but sap filled branches hibernate Waiting impatient for the spring's herald

Checkout the flower's nervous skip at summer's end charming the gatherer's rose vase with a smile But Voiceless, tied by the scarf of silence A life's hatreds battened in a black clothed head

A Healing Hand

A healing hand is all it takes to mend a heart that first it breaks In silent witness to our pain Our hand in sadness will remain

A Lass In Black

A gloomy day fades away into the evening shadows Not cast by the purity of the sun but man made in shops and cafes

A blackness descends and wraps my body and its memories A black shroud my face's contrast Flowers to fill the endless void

A Mirror Tells No Lies

Both she and I know the truth about what she did; and each time she looked in a mirror and saw her mother reflected back she knew why she did it.

Accepting The Unacceptable

We have to live with what we've got But I wont tighten the nooses knot Accept and be thankful they all say To hell with those who kneel and pray You only get what you seek in life But risky bits will cause you strife

For seeking out it's the price we pay But opportunity's around each day Keep on going take the ride And in time you'll turn the tide Advice is easy it's like our mother These words are for me and no other

Each avenue explored leaves behind Footprints of hope for others to find As I look back I ponder the view The mark fades away so nothing's new Nothing seems fixed and sticky like glue I thought it'd be easy to replace me and you

Acceptance thought of upside down Means fight the loss regain the crown Or leave behind and start anew A future bright and sparkling too Young flesh may think this is great Old bones hardly clean the slate

Once again return to time I hate the word it feels like slime I hear that healing takes a rest You must pull back the urgent quest No silver lining has this cloud I know and feel acceptance shroud

Adrift

Autumn is a bridge of sorrows A duelled weapon in Gods Hand We say goodbye to the suns warmth And look forward to empty weeks Of greyness mist and wind The double edge sword of loss The despair of nothing worth waiting for

But wait. In the moment of change Stop still without thought of past loss Or thought of a future unknown What splendour we see in trees Between green and empty twigs The colours of change engage our senses Of past perfection and future disaffection

This is where we are for all time Feeling the change, the colours of autumn But wait lets bate our breath There is a moment too, within the change The sudden breakage of the leaf's anchor The wind cradles the falling seesaw Set adrift with destination unsure

Somewhere is a grounded state A place of endings and sure footing The leaf adrift in the unseen current Controls not the speed nor the direction The leaf does not fight the race The end point somehow is unpredictable And yet already decided in fateful embrace

Listen and hear the pain of silence The leaf drifts autonomous in free fall None to share the rhythm of its movement A tour of blind alleys ending wishful hopes Coming to rest, becalmed and nowhere Then disturbed in a gust of good fortune Charmed by a neighbours whisper Onward the pathway with a fair breeze Two leaves coalesce as one, somehow locked In an embrace, dancing a lovers duet God speed the journey's ecstasy and joy Alone but alone together as one, still adrift But sharing the mystery of windswept bliss On board to a meaningless destination

So what can we say about the journey The windblown trace of events The leaf's route to the earth's crust Is the experience of change worth the ride Is the ride more important than the landing The landing is love's total union of hearts The journey is the pathway of acceptance

Afternoon At Helford

A song of sorrow birds' incant By the Helford river trees whisper In my ear I feel the echo of your voice Long gone the reality of partings choice I loved you so my soul embraces loss Like the low slung branches bathe the rivers edge And sigh, wind swept heave and toss

The sun shone that day in May I followed your dancing silhouette through trees Flecked with light and speckled river glimpses Happy woods echo the bliss of loves energies A river cleared space wrapped our bodies In the suns heat and solitude woven in branches Deep in the silent forest loves closeness felt At your feet I adored and knelt

Alone

This bed is king size made for two It's wide enough for me and you I lie awake each night and say Paint on the wall's fading away

I talk to the wall of course you see You lie asleep oblivious of me Five foot wide this bed of ours Not far in fact from here to mars

I'm here for you day and night Naked, ready for your delight You choose to sleep hid away In chaste attire well at bay

City's smoke and grime behind Cliffs and beaches all the time A place of beauty and of peace My questions why never cease

Windswept days on cliffs and sand We enjoyed this freedom land Now I tramp alone each day Up and down this sandy bay

A place for lovers this is true Arm in arm they should be too Making love as sun goes down Melted bodies golden brown

Affection kissed with welcome lips Locked together at our hips A union blessed it's gods desire It's fundamental, kindles fire

What's the wedge in our heart That had us both break apart I know of course but do deny The truth concealed with a lie

Arnie The Cat

Arnie's black with some grey hairs He sits and watches on your stairs His eyes are bright alert and green Nothing moves and goes unseen With speed and grace he runs about He'd catch a mouse I have no doubt

With female wiles he knows the score Always wanting more and more He comes along to twist your arm And knows the secret, how to charm All he wants is lots to eat Does all it takes to get a treat

He rubs his head against your leg If he could, he'd sit and beg On your couch do not stir He'll snuggle close cheek to fur But this is not all it seems Does he love you? in your dreams

He purrs and makes a funny call Scratches paper off the wall Open the door he wants to say Let me out it's time to play Freedom's here to roam afar But hides himself beneath a car

Wild adventures are his goal Ready for action heart and soul Out he pops from rubber hide Roaming streets from side to side Eagled eyed he looks around Hoping love will be found

A sudden sense of deep disdain Marks his life with sad refrain His will to live is tested now He turns around with furrowed brow Not tonight, they're all the same I hate this life it's just a game

In some strange way he takes the blow His fruitless task doesn't show He's back in normal loving mode Accepts the truth of living code His basket gives him warmth and peace It's nice to rest from freedom's lease

Christmas? Cheers

Christmas is a time of focussed energy Expectations of happy moments Phone calls to distant relatives Cards with greetings and happy thoughts Hope for reconciliation and love Peace descending like a dove

All our plans for meals in and out Parties and works do's funny hats Send some money to sons and daughters Buy little gifts for friends and acquaintances Write charity cards with similar greetings Arrange for endless lunchtime meetings

This sounds like a joyful time Everyone you meet tells the same tale Glad when it's over and normal service resumed Perhaps we go to a church service at midnight Pray for a new start the lord will provide A year full of errors and hurt put aside

No matter what we hope for this time of year Tragedy strikes the heart of someone we know Or to ourselves why is this so I'm counting five now with one in between Heartbreak and sorrow for four of these One filled with love and happiness please

It's the anniversary of many things The awareness that another year has gone by One year older but next year will be better I listen to my soul sing the familiar song With hope and promise of no more tears I've love to give and Christmas Cheers

Dance Class

Well there she is what a show Long blond hair face aglow I think our eyes locked a while She certainly didn't run a mile Line to line I hope she falls To partner me when teacher calls

What a hoot she grabs my hand I'm so shocked can't hear the band I notice now she's wearing boots I must confess that really suits Will she let me hold her tight Not first time perhaps not right

The night drifts on what shall I do Don't let her go one should be two Now the class has run it's course It's down to me and vital force To take her hand and swing her round But I can't do this dance I've found

What shall I do, I must impress Take secret lessons that's my guess I don't care how long it takes Even if my leg it breaks I want to learn this sexy dance So I can hold her in my trance

False Dawn

The sea is boundless to infinity Awakened in the half light of dawn Skimmed by a shallow wind Whispering spray in a rainbow cloud Made of faint yellow rays

Dawn is the bringer of hope The sky slate blue bounding The sea's horizon in pencilled shades A scene set in anticipation Points to another day

Out of dream's shadows For reluctant eyes, sun beams Pierce the endless night Painting a grey canvas With bright yellow light

Shadows creep on gentle waves Passing clouds white Against a sky of fading stars The sun arcs a pathway Clearing night's memories

Is it here or there, the dawn mist, Lingers over the valley of doubt Of another day of little conclusion Our feelings in diffused confusion Hope in the bright shades of sunlight

We are filled with the optimist's heart The sun will bring morning glory We take shade in the beach café Anticipating, waiting, for the sun's zenith Longing for fulfilled dreams

But the damaged heart knows Gathering clouds thicken and swell With the ocean's river fed bounty An horizon full of promise fades Washed away, another false dawn

False Goodbye

You turned my life upside down Resting on a roadside verge in a heap Slag and debris left by careless men Gave me visions as you breathed your last Into the december air and the dragons teeth

A gloomy winters day before you left A journey begged be by my side Cocos diner as my eyes wept to say goodbye I didn't mean a last farewell We always came back from parting hell

Christmas cards exchanged with final words You're face so sad our hands touched Why oh why did I tell my lie Just so I could let christmas go by

Arm slinged, funny hat long coat as lovers we would to others be but this time not likely I was free by my car you held me tight we kissed in darkness of coming night

Forgiveness At St. Levan Church

The church sits in quite prayer Inviting our spirits to repair Our moments of sadness and despair It's hard to wish the best of those Who hurt our pride and break our toes So hear the sound of birds in song This is a place for healing wrong

In The Morning Of Life: By Thomas Moore

In the morning of life, when its cares are unknown, And its pleasures in all their new lustre begin, When we live in a bright-beaming world of our own, And the light that surrounds us is all from within; Oh 'tis not, believe me, in that happy time We can love, as in hours of less transport we may; -Of our smiles, of our hopes, 'tis the gay sunny prime, But affection is truest when these fade away.

When we see the first glory of youth pass us by, Like a leaf on the stream that will never return, When our cup, which had sparkled with pleasure so high, First tastes of the other, the dark-flowing urn; Then, then in the time when affection holds sway With a depth and a tenderness joy never knew; Love, nursed among pleasures, is faithless as they, But the love born of Sorrow, like Sorrow, is true.

In climes full of sunshine, though splendid the flowers, Their sighs have no freshness, their odour no worth; 'Tis the cloud and the mist of our own Isle of showers That call the rich spirit of fragrancy forth. So it is not 'mid splendour, prosperity, mirth, That the depth of Love's generous spirit appears; To the sunshine of smiles it may first owe its birth, But the soul of its sweetness is drawn out by tears.

Thomas Moore

Lost Jewel

A jewel sat in my hand like a treasure Fingers opened and closed round its soft curve It reminds me of your breast contours I held you tight and close as be You arched your back in ecstasy Why did you take the jewel from me

Sorrow drains my badly deflated energy It spreads its shadow over the tide of tears my love into the fading of time brings fears of a deluded redemption from loneliness It takes time to feel the chronic pain that slowly emerges from the sting of a damaged heart like waves breaking with the sudden crack followed by the waters long run to the shore then disappears

memories sweet delights ring around my brain recalls the moments we shared the energies remain eyes closed the soft matter runs the tape around images of our love and sacred spaces rarely found The clasped jewel flies uncontrolled from my hand your smile embossed on the crystal face consigned to the winds tail I've lost the race

Unrevealed the time of loss the moment of fright slowly emerged from the dead hand that paints the night The realisation that the sea laps the shore and buries the essence of your being in the earths sand why did I unfold my trembling hand The jewel is loves perfection hot it burns the skin I let it go my sweetest love forgive my sin

Loves Nightmare

Black shines in the deepest dark Ebony sticks and makes it's mark This night of sorrow no dreams to share Through my eyelashes I feel your hair Sticky glue holds remnants to my chest Your love for me has flown the nest

Don't wake yet it's not in vein Try and wipe the bleeding stain My hand is frantic to and fro I can't connect I loved her so The shock of tears wakes my mind Rational thought for the blind

Screaming voices, depart they cry A heart turned black I know not why Don't wake yet enjoy the thrill The stake it feels like a drill This is love's blackest side Now on night's dreaming ride

In dreams I feel your loving essence The climax wanes without your presence In sweating silence nothing stirs Wake or dream my love was hers My arms they seek your body's heat Comfort lost my heart stops it's beat

Loves Union

I buried my vulnerable soul deep in your body I slipped inside your mound for comfort and we believed as one in loves bonded union I opened my heart and my crusted being melted in the naked warm embrace of your body's heat now in oblivion and rejected I accept defeat

Marazion Sea Wall

Each day goes by I wonder why I sit and stare and gently cry This solid wall reminds me sure Our love I wanted to endure A wall helps keep our foes at bay But hides our heart so cannot stray

We build it high to keep us free But freedom's lease is misery The granite cliffs were hewn and blown Each placed by art as stone by stone How quick the wall builds in height Step by step to match our fright

This car of mine feels safe and sound I ponder what my life has found Alone and lost my car and me I view the wall and raging sea I threw away a treasure rare Now hide behind this granite lair

The distant rock's a mighty site St. Michaels Mount bathed in light On sunny days it's charm is clear When fog is bound then sailors fear I view the scape and wonderous scene The rock is what it's always been

Solitude hits, I shed a tear Saturday evening finds me here Other's sit alone in cars No doubt they feel their iron bars I've nowhere else to pass the time My life was once so sublime

On New Years Eve a while ago We came together hearts aglow At this wall no sadness felt My car was warm for hearts to melt We danced in rain on stone and sand The midnight hour close at hand

The wall, the sand, the flowing stream On my back you didn't scream Marazion has my heart My life with you did not start This town was meant to be our nest My love for you a fruitless quest

Minding The Shop

Why is the public referred to as Joe I've often wondered why this is so The term it means the common man We get posh knobs who like cezanne They pay their money so I don't care I bite my tongue so I don't swear

They tell you the story of a life Their time of trouble and of strife Politely you listen and seem alert You smile, impress and gently flirt Most seem kind and pleasant to you But hate them all if only they knew

But wait awhile I hesitate You never know I may get a date In public view I look my best Standing straight I stick out my chest All day long till fit to drop Tied forever to this damn shop

On busy days I ignore the clock When home time comes it's quite a shock On deader days I stand and stare And watch the hands in despair To pass the time I write a letter Hoping words will make it better

Every day I dream and sigh Watching life drifting by I need to change something's wrong The life I've wanted for so long A sun kissed island, sand and sea Don't wake me from this fantasy

Mylor In Summer Before Winter

June day with a bright yellow sun Landscape fresh and ready for fun The river's calm deep and green Loves in the air I feel like a teen We're holding hands you and me Surprise in store wait and see

Youthful leaves dapple the light Canopy of green blocks sky from sight The road winds away rivers in view Inlets and creeks more than a few Looking left I see your face Calm and serene a happy place

Your hair is long and natural fair Swept aside can't help but stare Read my mind I have to know Will our love last and grow I guess this place is new to you It's known to me and just a few

A seaward journey the boat propels Away from land and earthy smells Salt and spray lashes the prow Rainbow trailers chase us now Strong hands the tiller holds A sailing hero to her unfolds

Heading north in gentle swell An island sought to weave a spell The secret place will soon reveal My love for you and how I feel Land is here it's firmness greets The engine's heart no longer beats

Silence wraps our spirit sure I hold you tight I'm wanting more In daylight mood our clothes alight On naked breasts the sun shines bright Diving deep neath river swerl My water baby's a pisces girl

A dolphin seen before my eyes In freezing water sun belies Clamber back on wooden bench Rocking boat as muscles clench My want of you is manifest The boats our bed for union blest

Daylight mellows as we kiss Must set sail or tide be missed Tiller's your's this time round You guide us home safe and sound The river holds a true romance I love you so my heart strings dance

Mylor In Winter

The sun tracks a shallow arc Across a winters sky A day of long shadows And no boats passing by Blue stolen from a summers day From horizon to edge of the bay

Shimmering glass holds The river peaceful and calm Afternoon strollers hand in hand Kick pebbles across the golden sand Loves' warm and tender for all to see Lets snuggle close just you and me

Pontoons gently bob up and down A wobbly walkway miles from town Hold tight she cries don't let me slip The water beckons an ambulance trip Sea legs gained and panic retreat Her hero's heart missed a beat

Like dominoes laid end to end Big and small boats round every bend River craft and ocean tugs Old wooden boats eaten by bugs Mine is there dolphins the name Will she like the sailing game.

My cabin will warm with engine fire The sailing skills she'll admire The river's dark and icy cold Your hand seeks mine to stroke and hold We can't set sail on winter's day I hope till summer you will stay

As the engine warms our space And rumbles gently slowly paced I quietly loose my conscious mind And feel your spirit close behind I feel the need to whisper clear I wish you were really here

On Line Dating

We met in cyberspace Can this be a disgrace Computers filled with numbers To find a mate for our slumbers No crowded room for seeking eyes to meet Deny us the thrill of that missing beat

Bits and bytes and coloured pixels Mouse click by in argos style Case she's there to make us smile Modelled in our mind is perfect kind Rarely found in life's usual fray What makes us think she's here today

Rock It Baby

Lets rock baby lets lock our hips Techno trance does my heart and lips Freak out with dance and frenzy Shake your hair and turn me crazy Speak no words just hang loose I'm crazy baby It's you I choose

Did my head your sexy dance Writhing close a great romance Sticky floors of booze and sweat Our bodies closer couldn't get My arms surround your curvy shape I'll not let go we're glued by tape

Up and down side to side hold me tight The music belts and drowns the light All my energy thoughts and will Are yours forever I love the thrill Closer closer the sound impels I melt with you and heaven's bells

I can't resist in public view As the music hits the cue to brush your breasts as they are mine sending shivers down your spine No one sees it's dark in here I want you now and year by year

Down the road and far away These are memories so will decay I'm listening now to music drowned In sorrow loss and tearful sound I want again to feel the beat Of your heart and body's heat

Sacred Space

Disguised in a bright sunny day The distance belies across the bay Clear and bright the air and sea Cliffs seem close as you and me

The tide is calm the water clear Still too cold this time of year She'll hold my hand I dare say Glad I'm here with you today

Steeply climbing rocky lair Beating hearts stop and stare The landscape sets before the eyes A backdropp for our lovers sighs

The onward path is grassy green Leads us to a lover's scene Barren rocks our hide away Safe from sea and salty spray

Your hand is cold my task to hold Tight and warm my fingers fold Sitting still I gaze your eyes Seduction skills I need devise

A nesting site we set about For making love I have no doubt Rocks protect from prying eyes My hand caresses silky thighs

The sun today is high and bright The afternoon's pure delight Holding close and kissing you Passion rising soon to view

The sea and birds sound a chord The rhythm blends lips and sword Words are few as we embrace A union blest this sacred space

Searching

Dark alleys draw my search in vain Blind corners tax my heart and brain Loneliness let it chance to shine Can we switch to zero time Once enjoyed a heat of passion Now empty space cloaks depression

Time it keeps and preserves Leaves an imprint on my nerves Tramples hope stuck in dust Trapped in time my life is bust Fading days merge as weeks The cat it scratches nowhere seeks

A drum beats hard in my head A loss attached on a thread Love's a mountain peaks and vales Churns the gut and life derails No hand to guide or break the fall The crash landing was a close call.

Stolen Mind

My mind has been stolen I have no control I can't get rid of this tormented soul You may laugh concealed in the dim light We mask our feelings with happy smiles I wish I hate you but that's too weak I want to hear every word you speak I shudder to think what a fool I have been To lose a love for reasons unseen

The Red Toothbrush

Your red toothbrush sits still In my bathroom window cill Facing south in your direction A metaphor for our disaffection Each day the sun goes by And casts a shadow like a sigh

I sigh for you my sweetest dear I can't release myself from fear That your brush will dry remain No more to caress a toothy stain It's colour lightens each new day From red to pink it fades away

I've not touched it since you went Spiders live there pay no rent One two three I count the hairs I want to kick it down the stairs It's all remains of what we shared When this has gone I'll be spared

Fantasy sometimes takes a cue Science fiction does come true On the brush I have in fact A copy of your dna in tact In future years I could renew A copy of my love for you

Think Of Me

Here again the poets tail Months gone by but still I fail It's time to write of you and me To show I care I hope you'll see Most times poems are so sad Can I write of that I'm glad

We've shared some time mid cliff and sea On boats and trains and sheltered tree The sun has shone the moons been bright We've made love in day and night With gentle kindness peace and calm My heart feels safe away from harm

The graveyard of hope is love in vain I want no more of hate and pain The discord tunes of recent times Make way for words with happy rhymes Your hands feel warm and quietly sure This love of yours please more and more

Where You Are Not At Helford

The waters edge with the tide out Streams empty their drifting current Into the low tide and still water With gentle bubbles undercutting the salt Tidal breaches expose seaweed underfoot Slippery rocks need sure footsteps

You came this way with me on a sunny day And squatted under the cliff edge Tree roots poked from the ground erosion You swam for me and won my heart In a moment of delight our love made a start

In the distance across the river a boat putts a sound to break the silence of a winters day A landscape of such beauty we dare not stay I hear bird song in this empty space I've been before and made love in this place

On a summers day I felt the heat of passion Now only sorrow and heartbreak fashion My waking moments and sleepless night I think of you forever out of my sight

You are not here or there but must be somewhere Your ashes to the sea and wind to share I can't focus thought or feel your heat All I have left is a drifting heart beat