

**Poetry Series**

**Anna Colb**  
**- poems -**

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## Anna Colb()

My name is Anna Colb. I was Born in St Petersburg Russia. I was immediately taken to an orphanage where I stayed until I was adopted when I was 20 months old. I then came to the US and have lived in Washington DC since. I started to write poetry when I was 9 years old. I have been writing poetry ever since. I am really shy about my poems, so when you make comments, please be nice, but comments are welcome.

# Alone

Alone I sit in an empty room  
Just listening to the pitter-patter of the rain  
While tears are streaming down my face

I say:

'What did I do to feel this pain? '

'What did I do to feel this hate? '

But then I realize that I'm alone,

In an empty room

With just my shadow to talk to.

Alone is what I am

Alone is where I am

Just listening to the pitter-patter of the rain

While tears are streaming down my face,

And the pain burning inside me

I cry out:

'HELP ME SOMEONE! ', 'DONT LEAVE ME HERE! '

But then I know that I'm alone.

Anna Colb

# Here I Am, My Life

Here I am, so open and vulnerable,  
So free, but yet I am captive!  
Captive I am to my thoughts,  
Captive I am to my actions.  
I see the past flash before me,  
The past, full of pain, full of hate  
Lost in a world so dark and dim.  
The world of negativity that I call my life.

Anna Colb

# Here To Stay

I'm here to stay  
Here to survive  
Here to thrive

I'm here to stay  
Here to live  
Here to change

To change into a better person  
To change the way I feel

My trauma will not win  
My mental issues will not win

Because I am here  
Here to stay

Anna Colb

# I Now Let You Go! ! !

I now let you go.  
I let you go for good!

Get Out!

Get out of my thoughts,  
Get out of my dreams,

...

**GET OUT OF MY MIND!**

You broke me down mentally,  
But I now let you go,  
I let you go for good!

No longer will you haunt me,  
No longer will you have a hold on me.

For I have let you go,  
I have let you go for good!

Goodbye Forever!

Anna Colb

# Life

When I laugh, when I cry  
That tells me that I'm alive  
Through all the good, and all the bad,  
There are times where I just sit  
Sit and think, about today  
And all the bad thoughts I've thrown away.

Anna Colb

# Love

If kisses were raindrops,  
i'd send you showers.  
if hugs were seconds,  
i'd send you hours,  
if smiles were water  
i'd send you the sea  
if love was a person  
i'd send you me

Anna Colb

## Love#2

What is love?  
Is it flowers  
Is it kisses

What is love  
Is it hugs  
Is it presents

What is love  
Is it marriage  
Is it a ring

NO! Those are not love

Love is a feeling  
Love is trust  
Love is more than just saying 'I love you'

Love is an amazing feeling  
Because love is genuine  
Love is real  
Love cannot be fake

I know love  
I have felt it  
And it is indeed amazing.

Anna Colb

# My One And Only

You are my one and only  
I love you with all my heart  
You are my one and only  
I loved you from the start

The way we touch  
The way we kiss  
Sends shivers  
Shivers down my spine  
For I know  
That forever you will be mine

A guy like you  
Is what I've always dreamt of  
And my dreams came true  
The day I met you

You are my one and only  
My one and only love  
Forever and for always  
Will you have a special place  
A place in my heart

I love you my dear  
And that's where we start

Anna Colb

# My Someone Special

Your special smile  
Your special Face  
You're a special someone  
That I cant replace

I Love You

And always will  
For you've filled a space  
No one else can fill.

By Anna Colb

Anna Colb

# Nature

Watching the rain fall,  
Smelling the damp air  
Feeling the breeze in my hair  
Puts me in serenity

The calming effect of nature  
Just puts me in a state of peace

Seeing the blue sky  
Peek out from behind the clouds  
Makes me smile

Because I know  
That on the darkest days  
The blue sky is still there.

Anna Colb

## Nature's Ease

As I hear the water fall  
As I hear the birds sing  
I feel at ease  
As I feel the cool fall breeze  
Sweeping gently across my skin  
I am able to smell the sweet air  
For my home is in nature.

Anna Colb

# Pain

There is sadness,  
There is pain,  
I am grieving,  
I am hurt,  
The pain of loss,  
The pain of suffering,  
Thats the pain thats going through me  
But because of this loss,  
I feel abandoned  
And I feel alone  
Hurting inside, I cry out...  
' Help me someone! '  
'Dont leave me here! '

But no-one answers me!

Anna Colb

# Poetry

Poetry is healing,  
It heals all my wounds

Poetry is safe  
Safe for expression

Poetry let's me  
It let's me be myself

For poetry is true  
True right from my heart.

Anna Colb

# Rape

Rape is painful

Rape hurts

Rape ruins

Rape destroys

Rape is real

Rape is horrible

Rape happens

But rape won't win

Rape won't ruin

Rape won't destroy

Rape won't ruin my life

Rape won't destroy my soul

Rape won't win the battle

Because I am strong

And I've already won.

Anna Colb

# Right Now It's Just Me.

Right now it's just me,  
Me, Myself, and I  
I dont know why  
But its Just me.

Maybe it's something I did,  
Maybe it's something I said  
But whatever it is  
Its just me

Alone here I stand  
Me, myself, and I  
Wondering,  
Wondering what i've done

Did I deserve this?  
Did I want this?  
Why did I push everyone away?

Most people tell me some bullshit lie  
While others do nothing but turn away  
But its still just me,  
Me, myself and I.

Anna Colb

# The Pain Of Loss

My heart is broken  
My mind is lost  
Full of pain  
The pain of loss

Knowing you're gone  
Just hurts me more

The pain is deep  
Too deep to bear  
The pain is burning  
Like a fire, it burns

The burning is strong  
So strong that it consumes me  
Holding me hostage  
While the flames are dancing around me

Just throwing out insults, that hurt even more  
But I am helpless  
Too scared to fight

To fight against the burning pain  
The pain that's burning inside me still

Yet my heart is still broken  
My mind still lost  
In this chaos because of this loss.

Anna Colb

# The Path To Righteousness

I have walked the sinful road.  
But looked to Heaven,  
And found my way.

I prayed to God,  
For the strength to continue,  
To continue on the path to righteousness.

But the path to righteousness  
Isn't as straight as you think.  
It's crooked, and has it's up's and down's

But if I keep praying,  
And put my faith in the Heavenly Father,  
I know he will help me.

I Give My Life To Him.

Anna Colb

# The Real Me

I am someone who doesn't want to let anyone inside,  
I am someone who doesn't want to trust  
I am someone who puts on a front  
I am someone who is emotionally lost  
I am someone who just wants to know the answers,  
I am someone who just wants to know why  
i am someone who is crying out for help,  
but yet i am someone who doesn't want to let anyone inside.

Anna Colb