

Poetry Series

Anna Colb
- poems -

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Anna Colb()

My name is Anna Colb. I was Born in St Petersburg Russia. I was immediately taken to an orphanage where I stayed until I was adopted when I was 20 months old. I then came to the US and have lived in Washington DC since. I started to write poetry when I was 9 years old. I have been writing poetry ever since. I am really shy about my poems, so when you make comments, please be nice, but comments are welcome.

Alone

Alone I sit in an empty room
Just listening to the pitter-patter of the rain
While tears are streaming down my face
I say:
'What did I do to feel this pain? '
'What did I do to feel this hate? '
But then I realize that I'm alone,
In an empty room
With just my shadow to talk to.
Alone is what I am
Alone is where I am
Just listening to the pitter-patter of the rain
While tears are streaming down my face,
And the pain burning inside me
I cry out:

'HELP ME SOMEONE! ', 'DONT LEAVE ME HERE! '

But then I know that I'm alone.

Anna Colb

Here I Am, My Life

Here I am, so open and vulnerable,
So free, but yet I am captive!
Captive I am to my thoughts,
Captive I am to my actions.
I see the past flash before me,
The past, full of pain, full of hate
Lost in a world so dark and dim.
The world of negativity that I call my life.

Anna Colb

Here To Stay

I'm here to stay
Here to survive
Here to thrive

I'm here to stay
Here to live
Here to change

To change into a better person
To change the way I feel

My trauma will not win
My mental issues will not win

Because I am here
Here to stay

Anna Colb

I Now Let You Go! ! !

I now let you go.
I let you go for good!

Get Out!

Get out of my thoughts,
Get out of my dreams,

...

GET OUT OF MY MIND!

You broke me down mentally,
But I now let you go,
I let you go for good!

No longer will you haunt me,
No longer will you have a hold on me.

For I have let you go,
I have let you go for good!

Goodbye Forever!

Anna Colb

Life

When I laugh, when I cry
That tells me that I'm alive
Through all the good, and all the bad,
There are times where I just sit
Sit and think, about today
And all the bad thoughts I've thrown away.

Anna Colb

Love

If kisses were raindrops,
i'd send you showers.
if hugs were seconds,
i'd send you hours,
if smiles were water
i'd send you the sea
if love was a person
i'd send you me

Anna Colb

Love#2

What is love?

Is it flowers

Is it kisses

What is love

Is it hugs

Is it presents

What is love

Is it marriage

Is it a ring

NO! Those are not love

Love is a feeling

Love is trust

Love is more than just saying 'I love you'

Love is an amazing feeling

Because love is genuine

Love is real

Love cannot be fake

I know love

I have felt it

And it is indeed amazing.

Anna Colb

My One And Only

You are my one and only
I love you with all my heart
You are my one and only
I loved you from the start

The way we touch
The way we kiss
Sends shivers
Shivers down my spine
For I know
That forever you will be mine

A guy like you
Is what I've always dreamt of
And my dreams came true
The day I met you

You are my one and only
My one and only love
Forever and for always
Will you have a special place
A place in my heart

I love you my dear
And that's where we start

Anna Colb

My Someone Special

Your special smile
Your special Face
You're a special someone
That I cant replace

I Love You

And always will
For you've filled a space
No one else can fill.

By Anna Colb

Anna Colb

Nature

Watching the rain fall,
Smelling the damp air
Feeling the breeze in my hair
Puts me in serenity

The calming effect of nature
Just puts me in a state of peace

Seeing the blue sky
Peek out from behind the clouds
Makes me smile

Because I know
That on the darkest days
The blue sky is still there.

Anna Colb

Nature's Ease

As I hear the water fall
As I hear the birds sing
I feel at ease
As I feel the cool fall breeze
Sweeping gently across my skin
I am able to smell the sweet air
For my home is in nature.

Anna Colb

Pain

There is sadness,
There is pain,
I am grieving,
I am hurt,
The pain of loss,
The pain of suffering,
That's the pain that's going through me
But because of this loss,
I feel abandoned
And I feel alone
Hurting inside, I cry out...
' Help me someone! '
'Don't leave me here! '

But no-one answers me!

Anna Colb

Poetry

Poetry is healing,
It heals all my wounds

Poetry is safe
Safe for expression

Poetry let's me
It let's me be myself

For poetry is true
True right from my heart.

Anna Colb

Rape

Rape is painful
Rape hurts
Rape ruins
Rape destroys

Rape is real
Rape is horrible
Rape happens

But rape won't win
Rape won't ruin
Rape won't destroy

Rape won't ruin my life
Rape won't destroy my soul
Rape won't win the battle

Because I am strong
And I've already won.

Anna Colb

Right Now It's Just Me.

Right now it's just me,
Me, Myself, and I
I don't know why
But it's Just me.

Maybe it's something I did,
Maybe it's something I said
But whatever it is
It's just me

Alone here I stand
Me, myself, and I
Wondering,
Wondering what I've done

Did I deserve this?
Did I want this?
Why did I push everyone away?

Most people tell me some bullshit lie
While others do nothing but turn away
But it's still just me,
Me, myself and I.

Anna Colb

The Pain Of Loss

My heart is broken
My mind is lost
Full of pain
The pain of loss

Knowing you're gone
Just hurts me more

The pain is deep
Too deep to bear
The pain is burning
Like a fire, it burns

The burning is strong
So strong that it consumes me
Holding me hostage
While the flames are dancing around me

Just throwing out insults, that hurt even more
But I am helpless
Too scared to fight

To fight against the burning pain
The pain that's burning inside me still

Yet my heart is still broken
My mind still lost
In this chaos because of this loss.

Anna Colb

The Path To Righteousness

I have walked the sinful road.
But looked to Heaven,
And found my way.

I prayed to God,
For the strength to continue,
To continue on the path to righteousness.

But the path to righteousness
Isn't as straight as you think.
It's crooked, and has it's up's and down's

But if I keep praying,
And put my faith in the Heavenly Father,
I know he will help me.

I Give My Life To Him.

Anna Colb

The Real Me

I am someone who doesn't want to let anyone inside,
I am someone who doesn't want to trust
I am someone who puts on a front
I am someone who is emotionally lost
I am someone who just wants to know the answers,
I am someone who just wants to know why
i am someone who is crying out for help,
but yet i am someone who doesn't want to let anyone inside.

Anna Colb