Seema Chowdhury
- poems -

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My name is Seema Chowdhury. I am from Bangladesh. At present, I’m settled in Canada. I am married to the world’s most caring person, Sunny, and blessed with two daughters Samia and Sameen.

I started writing when I was 19 years old and now in the period of 27 years I have a huge collection of over 3500 poems.

My poems are published in the USA, UK, Canada, Pakistan, Bangladesh, India and the Philippines. I have received 15 awards from the USA and Canada. I was also the Ambassador of poetry for the year 2006 and 2007.

I am also an artist and have done art and paintings in all media like the pencil sketch, watercolor and oil painting.

In January 2010 and February 2011, I participated in the Art exhibitions organized by Cape Breton University, Canada. Both were wonderful experiences for me.

Three of my oil paintings were on exhibition under the title Bangladesh in 2010 and another three paintings in 2011 under the title Timeless Tales of Bangladesh for a month each time. I hope I can do this again. Caper Times also published my poems and art in 2010, it is a newsletter from the same university.

In January 2012, I participated in the Essay Competition organized by CBU and by the grace of God Almighty, I have won the Mary Keshen Award by the Department of Language and Letters. This has opened a new venue for me to depict my life's story from a different perspective.

World Poetry Movement published three of my poems. One, in the Fall of 2011, Beautiful Leaves of Autumn. Then the other one, My Humble Gratitude, in Spring of 2012 and then Life's Garden, in 2013.

I was also selected for the award of a Published Poet. In June 2015, I have received an award from Poetry Nation for my contribution to contemporary American poetry.

In Spring of 2016, my poem Ah! Summer Is Here Again was published by Eber and Wein Publishers in Best Poems of 2015.
In December 2017, my poem Miraculous Scene of Amazing Autumn was published by Eber & Wein Publishing in the Best Poets of 2016.

On October 21, 2018, I am awarded the Title Elysian Charm, by a fellow poet from Poemhunter.

I enjoy reading poems, verses and prose and like to write comments on them and also like my poems to be read and shared with other fellow poets. I am grateful to God Almighty for all his blessings and love that He constantly showers upon me, today and always.

Have a Blessed Day!

Seema Chowdhury
10 Things Start Doing Today

1) Start a great day by showing gratitude to your Lord for His blessings, mercy and grace.

2) Make a productive plan and search for opportunities even in smallest things of life.

3) Be willing to tear down the fence of obstacles and do your best to realize your dreams.

4) Move forward with clarity and confidence and learn to manage your time wisely.

5) Create and cultivate enthusiasm in your mind and be ready to build your own secret door to success.

6) Always believe in yourself and find courage to ride on new paths and accept challenges of life.

7) Develop a positive mindset and new ways to improve. Bring revolutionary changes so you can fulfill your purpose in life.

8) Express yourself sincerely, clearly and carefully. Always listen to the call of your soul.

9) Be prepared to move the mountains to find new directions and dimensions, those can lead you to pinnacle success.

10) Be energetic and zealous about your goals. Work hard to attain excellence in all spheres of life.

Seema Chowdhury
May 27, 2017

Seema Chowdhury
12 Tips For Happiness

1) Don't take things for granted and appreciate what you have.

2) Write something every day in your blessing journal.

3) Show sincere gratitude and try to repay the kindness.

4) Do little things for others to make their life better.

5) Bask in the sun and enjoy a long walk in nature.

6) Be active and action-oriented. Set goals to achieve in short and long terms.

7) Stop self-doubting and second-guessing yourself.

8) Shun negative thoughts and replace them with positive ones.

9) Learn to control your mind and channelize your energy properly.

10) Spend time with your loved ones to reboot and reenergize.

11) Don't finish your day unless you have learned anything new.

12) Share your knowledge without hesitation and invest in learning.

Seema Chowdhury
June 15, 2018

Seema Chowdhury
15 Coping Mechanisms For Stress

Stress is pressure and anxiety that cause tension. It puts mental, physical and emotional strain on a person. If we ignore or leave it unattended for some time, it can have harmful effects on our body and mind. For happy and healthy living we must learn to handle stress and apply some kind of coping mechanism. Some of the techniques that we can try to handle stress are:

1) Analyze the situation and separate things that you can and cannot control

2) Be mindful of your emotions, overcome anxiety and think rationally

3) Take time to understand the causes and effects of stress on your life

4) See if it is something that you can easily avoid or handle carefully

5) Find alternate solutions of problem and acknowledge negative feelings

6) Ask friends and family for help and learn some ways to de-stress

7) Avoid negative people and negative environment that makes you uncomfortable

8) Try to identify stressors and isolate yourself from the stressors quickly

9) Replace negative thoughts and words with positive ones and feel stress leaving your body

10) Write down the feelings that you are having and see if they are genuine or not

11) Focus on the facts and share feelings with someone trustworthy and honest

12) Don't feel disappointed, angry, shocked or helpless. Don't let yourself go into panic mode

13) Learn to take care of your emotional, spiritual, physical and mental health for better and happy living

14) Do some kind of exercise to burn negative emotions like walking, jogging, aerobics etc.
15) Select some creative activities that will take your mind off and calm you down for some time

Remember stress is your body's way of saying pause and take a break. Relax and get ready to detoxicate your mind, body and soul. Get in touch with the depths of your inner self and bring back harmony and serenity into your life. So once again you are aligned with peace and genuinely ready to face another day.

Seema Chowdhury
May 28, 2017

Seema Chowdhury
18 Beautiful Steps

Today we are finishing our 18th beautiful step
In this journey called life and living
With a hope of happiness, love and care

Where once again we are willingly promising
Not to be stubborn or freeze on our perspective
But give a chance to share our common vision

For life is an exciting game and an amazing race
That we are both playing hand in hand
Assisting and complimenting one and another

Sharing numerous hours happily together
And taking time out for hope and optimism
Envisioning wisdom, strength and support

Where we have bravely overcome many
Unmet needs and unspoken pang and hurt
And have only looked up to God for help

And as today we are taking our next step towards life
Where roads are full of innocent smiles and unseen trials
I hope and pray to God to give us strength to pull through

For each win adds to our faith and strengthen our bond
And I hope to finish this beautiful journey and go up
For the view is always better from the top....

Happy 18th Anniversary Sunny
Thanks for being my best friend

Seema Chowdhury
25 Qualities Of Amazing Leaders - 1

1) Build their influence
2) Give constructive feedback
3) Market their ideas
4) Communicate effectively
5) Envision and help others visualize
6) Collaborate with teammates
7) Have the potential to change
8) Make meetings productive
9) Solve problems efficiently
10) Have candid discussions
11) Make time for the work that matters
12) Focus on their responsibilities
13) Lead their teams effectively
14) Find innovative ideas inside out
15) Ensure positive experiences
16) Adapt the right strategies to follow
17) Tap into untapped potential and creativity
18) Make sizeable and lasting impacts
19) Trust and admire their people
20) Present unique and rare opportunities
21) Quit doing things that hamper their success
22) Share their knowledge and wisdom
23) Draw from their own experiences
24) Free themselves from limiting beliefs
25) They are fearless, enthusiastic, inspiring and compassionate

Seema Chowdhury
September 10, 2018

Seema Chowdhury
Leaders are the mentors, the guides, the coaches and the lifelong teachers.

They teach from the head as well as from the heart because they care.

They make a one-to-one connection and they apply emotional intelligence.

They follow their passion and ignite the fire of motivation through their words and work.

They are the role models, the heroes and the superstars for their people.

They light the candle and show the path to walk on to the stairs of success.

They extend the helping hands and give support to their followers sincerely.

Leaders are the strong pillars and the cornerstone on which the organizations build their brilliant future.

Do you care for your people?

Do you want to light the candle?

Do you want to be the lifelong teacher?

Do you want to become an amazing leader?

Let's do it today!

Seema Chowdhury
September 10, 2018

Seema Chowdhury
25 Qualities Of Successful People

1) They have effective communication and receptive skills
2) They manage their time efficiently and productively
3) They organize their personal and professional life
4) They have a clear sense of goal setting and achievement
5) They are inspiring, independent, and self-motivated
6) They ask for help as and when needed to succeed
7) They have a strong sense of commitment and trust
8) They organize and actively participate in all teamwork
9) They are very ambitious and very determined to achieve
10) They value ethics, integrity and self-discipline more than anything
11) They have an extremely positive attitude and contagious energy
12) They are flexible, open-minded and embrace change quickly
13) They are task oriented and curious to learn more every day
14) They focus on important things and remove distractions
15) They listen to other people sincerely and attentively
16) They clear doubts and fear from their paths to move forward
17) They know that learning is a continuous process and they do so
18) They follow the rule, 'Ready, Aim, And Fire' and do not waste time
19) They have unique and creative ideas, and they think out of the box
20) They trust their instincts and don't over-analyze problems
21) They believe in themselves and if there's a choice, they take a chance

22) They strive for more and evolve their thinking and learning

23) They surround themselves with bright, positive and energetic people

24) They are open to possibilities and they take quick action

25) They are strong enough to stand-alone and dive into fantastic future

Seema Chowdhury
June 1, 2018

Seema Chowdhury
25 Things I Learnt From My Parents

• Focus on important things in life to be successful.

• There is always something to celebrate so look around.

• Experience new things and always have an objective in mind.

• Embrace new possibilities and reshape your life to progress.

• Live every moment of life and enjoy the wonders that unfold.

• Take control of the situation and believe that anything is possible.

• It’s nice to have choices but try to stay spontaneous and reasonable.

• Every beginning will come to an end but you don't have to stop there.

• Challenge yourself, push your boundaries, and move at your own pace.

• When life seems hard, push yourself and you will get there.

• Don't go to bed without learning anything new every day.

• Stop controlling things from all sides, let God do his job.

• Search for answers and prepare yourself to accept the answers.

• Remember your priorities and adjust your plans according to them.

• Sometimes let Inner thoughts and emotions lead the way.

• There is always room for improvement, so keep on trying.

• Improve your quality of life with positive thoughts and affirmations.

• Never stop being creative, curious, and enthusiastic in life.

• Make peace with yourself and have faith in your destiny.

• Success and happiness come from achieving your goals and dreams.
• The key to finding peace and positivity is to live from moment to moment.

• Find your inspiration to always move on to discover new things.

• Don't let past interfere with your present, just move on and have hope.

• Be flexible, be open-minded, and remember it's better to bend than to break.

• Help people as much as you can, count your blessings, and be grateful to God Almighty.

Seema Chowdhury
February 19, 2019

Seema Chowdhury
3-D Effect Of Life

Create a 3-D effect of your life
And add depth in it
By looking from a different
And rotating perspective
And by choosing what you want

Always try to fine tune
And pay attention to details
For it is super important
Because life doesn't come
With a prospectus or a guide
We all have to create one for ourselves

So access your life from a positive route
And right from the start to the finish
Well plan every lesson and every activity
And explore every corner and angle
For exploration gives way to learning

And always remember that there is
More than one option to reach the correct answer
To solve even the most complicated problem
So come up with the best solution
And always choose the correct button
In the right sequence in life

And remember that now is the time
So be positive and alert
And create a 3-D effect of your life
To add depth and rotating perspective
And choose the best option that you want.

Seema Chowdhury
40 Ways To Improve The Quality Of Life

1) Always look on the brighter side and begin with confidence and keep trying.

2) Maintain a positive attitude and believe in yourself that you can do it if you try.

3) Accept the present of life and enjoy every day doing something that adds value.

4) Don’t give up on your life, dreams or prayers, develop new ways of thinking and be true and honest with yourself.

5) Self-care is very important, so take care of yourself and spread vibrant energy and positivity.

6) Adopt innovative ideas and be creative in your approach. Be true and sincere to your commitments.

7) Unlock your potential and discipline yourself. Expand your horizon and be on top of things.

8) Get ahead by organizing your life. Find opportunities and challenges to grow.

9) Focus not only on planning strategies but also on the execution of your plans and strategies.

10) Invite good things in life and try to live life to the fullest.

11) Treat people nicely and live in peace and harmony to avoid stress and anxiety in your life.

12) Don’t waste your precious time to judge people all the time. Be kind, accommodating and more acceptable.

13) Accept what comes your way from God Almighty, Pray for your protection and show compassion to others.

14) Remember Happiness comes from within, so choose your path carefully and live for today.
15) **Embellish** life's background a bit at a time and be happy and peaceful in life.

16) **Be** a high performer and develop self-discipline to be successful.

17) **Discover** the secrets of success and plan your tomorrow carefully.

18) **Invest** in your dream, have right values in life, and hope for the future.

19) **Analyze** positive and negative consequences of your actions and behavior.

20) **Everything** and everyday matters, so have the right tools, techniques, and strategies.

21) **Everyone** you work with is an important piece of the puzzle in your life. Put them in the right place and the right time to solve it correctly.

22) **Get** your spiritual guidance for your mental and emotional well-being.

23) **Make** your goals and plans for tomorrow and get the most out of your day.

24) **Give** a message of hope in a big way and set a good example for others to follow.

25) **Open** the door of opportunities, positive solutions and focus on learning and development.

26) **Manage** your time well, chase your dreams and create a good life around you.

27) **Prioritize** your work and focus on the top priority so you can manage your workflow.

28) **Track** your progress and be realistic, address the facts and pay attention to details to improve.

29) **Control** your emotions, feelings, and thinking. Make plans to learn to grow to be successful.

30) **Find** peace and purpose in your life and be strong and courageous.

31) **Do not** be discouraged by the small disappointments in life. Believe in the power of hope.
32) **See** the bright side of things and feel the energy and joy that is spread all around you.

33) **Believe** in the potential of speed, power, and performance and be up for it!

34) **Pay** attention to the life that goes by and creates positive change and image in your life.

35) **Be** warm, share the love, show compassion to others, and give people the sense of trust and serenity.

36) **Be** ready for whatever life throws at you, just stay strong and keep your mind open.

37) **Stop** wasting time, be happy and build your dreams. Make plans and commit to living.

38) **Emotions** impact our life and work, so manage them carefully and improve the quality of your life to be successful.

39) **We** emerge stronger from facing challenges, we grow by being strong and mindful in the crisis, so push yourself forward and learn.

40) **Use** your imagination to fly with the wings of time, focus your energy on solving problems and see problems as opportunities to improve the quality of your life.

Seema Chowdhury
November 11, 2017

Seema Chowdhury
50 Power Thoughts To Motivate You

1) Keep moving no matter how hard it may seem some days. Eventually, you will overcome the barriers.

2) Learn to row your boat and paddle your own canoe; clear your mind and respond to challenges.

3) Don't depend on others for your happiness and success, help yourself to get better.

4) Maximize your potential and keep up the momentum. Be positive and practice mindfulness at all times.

5) Life is a precious gift and everyday matters in the long journey of learning. Increase self-awareness and focus on important things in life.

6) Control your fear and improve your life along the way with new possibilities.

7) Make waves; gain confidence, wisdom and strength to brighten up the day.

8) Don't take life for granted, take a moment and see how you can enrich your day.

9) Heal yourself with positive energy and connect with your Lord; be humble and take the first step of hope.

10) Use your imagination to discover unlimited opportunities.

11) Be receptive to new experiences, and open to innovative ideas, to connect and understand.

12) Be open and curious; learn new things along the way to success.

13) Don't rush through life because there is a lot to see and learn.

14) You must plan tomorrow and find a profitable solution to the problems of life.

15) You should expand your horizon by moving forward with the power of positive thinking.
16) Focus on the role that you play and continue your journey of self-discovery.

17) Don't struggle with the idea of change; embrace it and use your imagination to own it.

18) Don't be afraid to fail, find your own pace and discover your key to success.

19) Accept day-to-day challenges and stay mentally and physically strong to face the struggles of life.

20) Dream big, feel confident and understand the world around you.

21) Find ways for continuous growth and be agile and versatile.

22) Look at the bigger picture and find game-changing opportunities in life.

23) Start your day with powerful and vibrant thoughts. Feel energized and motivated throughout the day.

24) Create new and better solutions and make a positive impact on the world every day.


26) Start your day bright and early so you can accomplish more keeping the strong commitment.

27) Don't run from your fears, be patient and live courageously in the moment.

28) Boost your self-confidence by overcoming the obstacles in your way.

29) Create a meaningful change in your life and motivate yourself to build your dream.

30) Achieve success by swapping your negative thoughts into positive thoughts and use failure as the ladder to reach success.

31) Pay attention to details and make informed decisions to using critical and quick thinking.

32) Maintain peace and harmony, be warm, empathetic and caring.
33) Don't get deeply affected by criticism and negative feedback. Use your emotions to motivate you.

34) Take responsibility for your life. Resolve conflicts, and create a fabulous life to live and enjoy.

35) Plan your success strategy and daily prioritize your work. Also, create your own rhythm of life to follow.

36) Make day-to-day life meaningful and start your journey of success confidently.

37) Enhance your future by availing unique opportunities and taking your journey of continuous learning and growing.

38) Walk away from negative and toxic people; respect yourself and your feelings.

39) Answer the unanswered questions of your life and pay attention to your surroundings.

40) Organize your life and at the end replay day's events to see how you can do things better tomorrow.

41) Don't focus too much on your past experiences, instead, make plans for the future and live in the present moment.

42) Enhance your learning and increase your productivity. Look for your strengths and work on them to achieve your desired goals.

43) Strengthen your mind and improve your perspective; find your passion and enjoy your work.

44) With your energy and enthusiasm, you can surely conquer the world and get the sunshine going.

45) Come out of your shell, be receptive to ideas and spread your wings to fly.

46) Be imaginative, intuitive and knowledgeable; begin today and keep going.

47) Create your own formula for success and change your future by advancing your career.
48) Listen carefully because the universe is trying to tell you something today. Always think happy thoughts and bring the motion in life.

49) Clear the fog of worries and anger; learn to handle crisis and frustration to understand life.

50) Live a fulfilling life and be in the present. Take control of your life and use power thoughts to motivate you every day.

Seema Chowdhury
April 15, 2018

Seema Chowdhury
60 Secrets Of Success

• Empower yourself
• Be strong and courageous
• Prepare for tomorrow
• Keep hope and faith alive
• Create your vision board
• Be open to new wonders
• Reconnect with yourself
• Pause and reflect
• Live in peace
• Navigate through difficulties
• Let go of the past
• Lift your hands in prayers
• Build your own dream-catcher
• Lead a fulfilling life
• Explore your reflection
• Believe in yourself
• Discover endless possibilities
• Get accustomed to new reality
• Have a fresh start
• Adjust to life
• Count your blessings
• Be positive and move forward
• Learn to appreciate life
• Reflect on your inner potentials
• Be appealing and inspiring
• Search for the truth
• Fill your heart with gratitude
• Have a zest for life
• Focus and gain perspective
• Take it to the next step
• Don't judge or feel insecure
• Basked in renewed cheer
• Be empathetic and bring light
• Look beyond tomorrow
• Commit sincerely to life
• Set realistic goals
• Write your lessons learned
• Unlock hidden opportunities
• Face the real world
• Seek help from your Lord
• Don't fall apart in crisis
• Control the flow of events
• Change the dynamics of life
• Find solutions to your challenges
• Explore new experiences
• Change attitude and perspective
• Leave a deep and lasting impression
• Organize your life and world
• Capture your imagination
• Step out of your comfort zone
• Don't lose sight of who you are
• Don't be blinded by rage
• Be the guiding light
• Face challenges head-on
• Take a leading role
• Have a warm smile
• Be a good influencer
• Offer a helping hand
• Walk confidently on the road ahead
• Write your own secrets of success

Seema Chowdhury
February 12, 2018

Seema Chowdhury
60 Things That Increase When We Share

1) Appreciation, Agility, Ambition
2) Belief, Balance, Benevolence
3) Creativity, Commitment, Compassion
4) Decision Making, Dignity, Determination
5) Encouragement, Enthusiasm, Empowerment
6) Faith, Forward-Looking
7) Grace, Gratitude, Generosity
8) Happiness, Honesty, Hope
9) Ideas, Information, Interest
10) Justice, Joy
11) Knowledge, Kindness
12) Life's Purpose, Lessons Learned
13) Motivation, Mindfulness
14) Nobility, Nice Words
15) Optimism, Openness
16) Productivity, Perception, Power
17) Question-Answers
18) Resources, Responsibility, Reflection
19) Skills, Strength
20) Trust, Time, Thoughts
21) Understanding, Upbeat Attitude
22) Value Creation, Vision
23) Wisdom, Wit, Worth
24) eXperience
25) enjoYment
26) Zest

Seema Chowdhury
March 18, 2018

Seema Chowdhury
A Baby Small

Sweet dreams do come true  
If you believe in them too  
For God knows how to bestow  
One by one his blessings in row  
Oh yes I'm talking about  
That gift of bliss is no doubt  
World's most wonderful God's gift  
That gives life a brighter lift  
And that gift is certainly rare  
That needs lot of love and care  
That brings laughter and fun to all  
And that's the gift of a baby small  
For when God sends baby on earth  
With it also comes joy and mirth  
And lots of warmth, laughter and smiles  
Are also spread far away miles.

Seema Chowdhury
A Beautiful Drive

Life is an enchanting and a beautiful drive
So enjoy the glorious low hanging sun
And also the gentle breeze that is blowing
To make connection with life's edge and fun

Explore your passion and revitalize
And forgive yourself so you can move on
Because we all have flaws and weaknesses
So try to overcome roadblock before the dawn

Steadily and calmly climb the ladder of life
And chirp words of encouragement dear
Put energy on improving your surroundings
And let positive energy replace your fear

Get rid of your bucket of anger and frustration
And gently slide down the slopes of tender joy
Pursuit for happiness and ever loving peace
And learn everything so you can always enjoy

Fix your dull life with bubbly possibilities
And turn challenges into amusing fun
For life is an enchanting and a beautiful drive
So enjoy gentle breeze and glorious hanging sun.

Seema Chowdhury
A Beautiful Gift Of Heaven

A woman is a beautiful gift of heaven above  
She is a pack of joy, care, blessings and love  
She gets her strength from her smiles and tears  
And she holds her world on the pillars of prayers  

A woman's heart is full of compassion and care  
From there she spreads love and laughter everywhere  
And she is a source of radiance and serenity's light  
That makes God's earth sparkle cleanse and bright  

A woman's love is deeper than any ocean or the sea  
Her kindness is as wide as faith and hope can be  
And she embraces the twists and turns of everyday life  
To bring wealth of happiness and renewed spirit drive  

A woman cries tears of joy's emotion as well as pain  
She smoothen life's stormy voyage without complain  
And she brings in new perspective in everyone's way  
With her courage, compassion and wisdom's play  

And as she is ready to end her momentous day  
She helps others to fix and find meanings in life's way  
And brings everyone back to happiness road  
Where extra baggage of worry they can off load  

God has made a woman delicate, tender and strong  
And bless her with modesty and virtue that go along  
With unique charm and beauty to achieve her goal  
In addition to her enlightened heart, mind and soul.  

Happy Women's Day To All of You  
Be Proud of Your Existence and Enjoy! ! !  

Seema Chowdhury
A Beautiful Rhyme

Every ending is a new beginning
We just don't know the time
That is how life goes on
With a beautiful rhyme

So don't let the world hurt you
Pick your options with care
And look out of the window
And plan big and bold dear

Just remember past is past
So turn your life around
And let your imagination swim wild
And show you how to live on the ground

Make peace with your life
And stop complaining everyday
For you have to take a chance
Somewhere along the way

And if the beginning is dicey
Do not be scared or tear down
For answers of your questions will appear
And you'll see light in the brown

Just hang in there till the end
And know your solutions of the time
For life's flow will not stop ever
So enjoy its beautiful rhyme.

Seema Chowdhury
A Better Life

Dream of a better life
And learn in it to survive

Where air is crisp and clean
And things are still unseen

And try very hard to do
Things that's best for you

And enjoy it in deeper ways
And count your pleasure days

And know this is all the treasure
That you can count and measure

And in your hands you can hold
For it'll surely make you bold

And will show you a path to walk
In this life of never ending talk

Where you can dream of a life
That's better and nice to survive.

Seema Chowdhury
A Better View

Soon will come
Dear your turn
So give what you hope
To get in return
And try to show
What you have got
And all that life
To you have brought
For life is a
Gift so rare
That also includes
Love and cheer
So show to all
What you can do
By giving them chance
To have a bright view.

Seema Chowdhury

Seema Chowdhury
A Better Way

Adopt a better
Way to survive
In this little
Gift of life
And try to do
Everything dear
With a touch of
Joy and cheer
And then surely
You will see
Life of pleasure
Smiling for thee
Where will come
Joys for you
All looking around
With smile's hue.

Seema Chowdhury

Seema Chowdhury
A Big Bright Dream

There is a glimpse of morn on the sky
Where dark clouds are floating high

So look to it and hope to see
A big bright dawn appearing for thee

For life is a mixture of joy and sorrow
Where appears dull and bright morrow

So don't sit back and think dear
That joy and pleasure are commodity rare

For everyone is given his share
Of both smile's joy or pain's tear

So don't feel bad and hope to see
A big bright dawn appearing for thee.

Seema Chowdhury
A Big Sweet Smile

Life is a big sweet smile
So enjoy it for a while
And explore the world around
And walk on God's ground

When the morning sun
Appears as the bright one
Then walk away from worries
And find answers to the queries

Shut the door behind
And learn to unwind
Mysteries of this life
Where we're all bound to survive

Know to do it all
We must not let hope fall
So step out into the sun
Before this day is done

Rely on your gracious God
Who is your only Lord
Whose touch of grace will
Brighten your hope's skill

Absorb in the sunbeams
And soak your soul in the cream
So you can learn to enjoy
The bubbling faith of love and joy

Just believe in it for a while
That life is a big sweet smile
So explore the world around
And walk on God's green ground.

Seema Chowdhury
A Birthday Prayer For Beloved Mom

Dear God please bless our beloved mother
Who is a remarkable woman on this earth
Her heart is so beautiful, lovely and kind
And she always spreads peace and mirth

She is a constant source of luck and joy
And she glows like a shining bright star
Lord please shower your blessings on her
And give her your gift of serenity's bar

My merciful God please take care of her
As she is not well, sad and very weak
Show her your divine mercy and grace
And bless her with good health's streak

Gracious God thank you for sending her
With so much love, care and faith's pace
We are lucky to have her as our mother
For she is a winner with all her grace

Lord please fill every minute of her life
With peace and love, mercy and care
Please accept her virtues and good deeds
And this is a special gift of birthday prayer.

Happy 80th Birthday Ma we love you so much.

Seema Chowdhury
A Birthday Wish

I wish you can learn the art to draw
Joy and happiness unbreakable law
So you can see how beautiful is this world
Keeping aside all things that're curt

Not always but once in everyone's life
A bitter bite comes that we swallow to survive
So think of it as the beginning of end
Where no more troubles in your way be send

And one more thing dear sis I'll tell
try to bring joy in the place you dwell
By gathering small hays of joy and hope
That can burn bright in the period of mope

And can show you the way to reach the morn
Where bright new beginning right from the dawn
Are waiting to greet you in your way
Because they all know dear today is your day.

Happy Birthday Sumbul Apa

Seema Chowdhury
A Bit Of Cheer

A bit of cheer
And a bit of smile
Can change all bad
In trouble's pile

So never lose hope
Or ever cry
or feel tired
Of again to try

Just with courage
And with a smile
Look forward
In trouble's pile

And then surely
You'll be free
Of feeling bad
Just for thee.

Seema Chowdhury
A Bitter Place

This world is a bitter place
Where
Agitation
Troubles
Disturbance
Turmoils
Are all after you...
And your happiness...

But Just remember
If you refuse to accept
These unbearable evils
And try to explore
what you wish and hope for
Then
Nothing will stop you

You will get enormous chances
To untangle your worries
And crawl bravely
Towards unknown adventures..........

Just remember
Not to allow negatives
To come back to you
And take over more
Prior negatives........

Don't let anything
To spoil your moment
Just look and hope to get
God's mercies
Which endure from
Everlasting to everlasting.......... 

Seema Chowdhury
A Bitter View

Don't feel hurt, bad or blue
If life shows a bitter view
For this is what we all get
Hidden in our life's set
And know that it's surely true
That good and sweet life's view
Will also come in the end
So don't feel cracked or bent
But have faith in your gracious god
Who can take away your trouble's rod.

Seema Chowdhury

Seema Chowdhury
A Blessed Journey

Marriage is a blessed journey
That two people embark on
Hand in hand
And hearts filled with
Love and happiness
Hope and dreams

And they are ready
To work hard and make it all work
To bring peace and harmony
Where they can sing and dance together
On the same song and hum joyously
And let their hearts and souls be in love.....

Marriage is a blessed journey
Where love meet miracles and bliss
And two people plant the seeds of happiness
And water them with laughter and smile

And then they pluck
Tender and smooth flowers of
Hope and care, honour and respect
And share with each other
Honestly and faithfully.........

And this love and care is what makes this journey
So blessed and wonderful........

Happy 16th Anniversary Sunny.
Thanks for being my life partner and my best friend.

Seema Chowdhury
A Bounty Of Good Will

I wish you all
That makes you smile
I wish you all
Good in a trial
I wish you all
Nice things in way
I wish you all
That brightens day
Because you are
A friend of mine
Who deserves the best
In all life's time.

Seema Chowdhury

Seema Chowdhury
A Bouquet Of Birthday Wishes

The love that I hold in my heart for you
And the gift of wishes that are honest and true

Are not only for a day or two
But will always be there when I'll meet you

For time can never lessen it my dear
And nothing in this world can ever compare

The nice time that we have spent together
In which we have tried to gather

The laughs and smiles, the pain and pleasure
That now I call is my rare treasure

And that's why the love that I hold for you
Looks like a gift that is honest and true.

Happy Birthday Sister! ! !

Seema Chowdhury
A Bouquet Of Happiness

Collect flowers of joy my love
For that is a gift of heaven above
That is given to all of us dear
Before life's days fade away in fear
For life has lots of ups and downs
And there some days are green some brown
So do not feel pressured in the dark
Remember its dark before each dawn
And try your best to flourish and grow
And cultivate flowers of happiness in rows
And standby loved ones through thick and thin
And know that's how in life you'll win
And express your thoughts and emotion's laws
And know you've to accept your fate with flaws
Only then every moment of the day and night
Will bring you bouquet of happiness bright
And will fill with remarkable power your life
In which you're bound here to survive
For life is a story of bird in a cage
Where untill you reach the final page
No one can tell what is waiting for them
Whether agony and distress or the prayer's hem
So learn to bring back the lost music of life
And make a bouquet of happiness drive.

Seema Chowdhury
A Bouquet Of Wishes

There are many unspoken words
That are waiting to be said
And many more sunshines
Are waiting to be shed

There are many seen dreams
That are waiting to come true
And many unfold roses
Are waiting to come in view

There are many glad songs
That are waiting to be sung
And many new stars
On sky to be hung

There are many new memories
That are waiting to be gathered
And many new promises
To be fulfilled all together

There are many nice people
Who really understand
And always in their style
Lend a helping hand

So don't you ever feel
Down gray and blue
For life still holds
Nice things for you.

Seema Chowdhury
A Brand-New Day

We all have plenty of things to be grateful about.

All we have to do is to look around and dig a little deeper. Dive into a brand-new day.

Tell yourself it is a pretty good time for me now and find something to smile about every day.

And once you find it then hold on to it and don't let it go.

Just live in the present and do everything you can.

Concentrate on the good things that are happening now.

Don't be afraid of the all the bad things that might or might not happen in your life.

Let each moment come along and wait for the amazing surprises that the day has in it and let it unfold happiness.

Just dive in and enjoy a brand-new day!

Seema Chowdhury
October 23, 2018

Seema Chowdhury
A Breaking Time

May be
It was a breaking time
That broke my
Hopes
Joys
Dreams
And
May be also
The zest for living.............

Sometimes,
Life only shows
Struggle
And
A bleeding heart
That causes nothing
But pain and suffering........

Seema Chowdhury
A Brief Day

I only want
Just one brief day
That I can pass
In my own way
When I can live
With peace and smile
And walk for hours
With joy for miles
And in that day
I want to see
Everything nice
That is for me
So when i sleep
In grave and lie
With joy i can say
To this world goodbye.

Seema Chowdhury
A Brief Sojourn

We are sent in this world to temporary stay
For we all will die one by one, one day
So why not we enjoy this little time
That is given to us to sing life's rhyme
And live with the people who care
And all others who work for our welfare
And with whom we are bound up by the tie
Of love and kindness, sympathy and sigh
So we all must smile and promise today
That now we will spread happiness in the way
And will enjoy in this world as we'll stay
For we all have to die one by one, one day.

Seema Chowdhury
A Bubbly Song Of Life

Invest your time wisely
And improve your life
To see a fresh perspective
That can be a source of inspiration
For a bubbly song of life...

Where you must listen to the deep quiet
Of the mind and the heart
That help you to jump into a new life
And discover the secret side of you
For a bubbly song of life...

And as the journey continue
You must learn to laugh a little
To feel your heart lightened
With the blessing of creativity
For a bubbly song of life...

And in this moment of recognition
Search for the inner light of love
To see the wonders all around you
To find strength and hope
For a bubbly song of life...

Seema Chowdhury
A Bucket Full Of Sunshine

Create your own bucket of sunshine
And fill it with gorgeous memories
Enjoy moments of excellence and beauty
And capture this blessings perfectly
Find your balance in the reality of life
And experience the magic of hope and belief
Create your own beautiful focus of the world
And carefully paint memorable memories
So bring your own sunbeams and sunshine
And sense the miracles unfolding today
Don't feel burnt out, lost or hopeless
When life's crashing waves hit your way
Amazing things happen when we believe
So when you hit a rough patch or pothole
And life's meanings seem hidden or lost
Then create your own bucket of sunshine
And fill it with the power of belief and faith.

Seema Chowdhury
December 12, 2016

Seema Chowdhury
A Bucket Of Sunshine

Take a bucket of sunshine
Fill it with pleasure for me and thine
And put everything in it that's worth
That exist on God's green earth

Then take a box of love
That's a gift of heaven above
And wrap it in the paper of care
And give it to all who are dear

And also take a barrel of joy
And fill it with the kindness toy
And with a spoon of smile you must serve
To all who are passing through life's harsh curve

And last also take a bundle of prayer
And show to others you really care
And try to lighten other's way
By saying nice things you can say

And when you will do all this
Then in your way will come God's bliss
Wrapped neatly in the bucket of sunshine
That makes your day worth living for thine.

Seema Chowdhury
A Bunch Of Thanks

You brighten my world
More than you know
So that's why to you
I surely do owe
And bunch of thanks
Love and care
For showing and sharing
My smiles and tears
You gave me your love
That's the best gift of all
You left sweet memories
That I fondly recall
So thanks for your understanding
And your loving ways
That is surely for me
Increasing day by day.

Seema Chowdhury
A Bundle Of Charm And Love

May your life always bring
Every bright and special thing
That you feel you need in life
To faintly and joyfully survive

I wish you bliss of heaven above
And a huge bundle of charm and love
So you can spend your special day
By spreading pleasure in your way

And may life be always good to you
And that's my heartiest wish that is true
Where each new day begins on joy
And ends on happy memory to enjoy

And because dear today is your birthday
I wish may you see the rainbow's ray
Where nothing bad comes to destroy your way
And that's a special wish for your special day.

Happy Birthday Sumbul Apa

Seema Chowdhury
A Bundle Of Good Wishes

I have a special place for you
In the corner of my heart
Which I have specially kept aside
Where remembrance plays a part
Just like the precious memories
They keep a place apart
And make me smile in difficult times
Although it seems real hard

Yes sarah that is right dear
Whenever I think of you
I think of your presence specially for me
As rare and tiny little dew
That shines on all petals and leaves
And gives it a brighter touch
And nothing I think resembles you
Like morning dew dear so much

And today sweetheart its your day
So I wish may your life will greet
With open heart and open arms
And give you life's best treat
And wish may God always ley you walk
On green and grassy life's meadow
And keep you very close in his heart
And under his blessings shadow.

Seema Chowdhury
A Can Do Spirit

Adopt a can do spirit dear
For life is made up of many layers
Where disappointments do come
So try in that moment sum
All you have achieved in life
Where now some trouble's survive
And don't you even lose hope
Or fall deep in trouble's mope
But try to adopt and say to you
That surely its easy and I can do
Then you will see how easy it'll be
To survive and bring joy for thee.

Seema Chowdhury

Seema Chowdhury
A Careful Thought

A careful thought
In your way
I'm sending dear
For your day
And hope to see
All the best
marked for you
In life's test
And wish for you
Things all right
Where moments of
Life be bright.

Seema Chowdhury
A Charming World

Enter in this world's case
And in this winning place
And try to learn the art
To push this charming cart

With fun and joy and hope
To sway away the mope
For life has some dull sights
And also few scenes bright

And know that in this way
Life shows shades of blue and gray
And sometimes also colours right
Makes this charming world bright

Where water flows and sun shines
And flower blooms to spread joy's wine
So we can all spend hours of leisure
with lots of joy, happiness and pleasure

So enter charmly in world's case
And win smile and cheer in this place.

Seema Chowdhury
A Cherished Goal

A long cherished goal
Can only be achieved
If you will learn now
In yourself believe
And know that with
Hard work dear
You can do it all
With charm and care
So do everything
With all your zest
And then leave to
Gracious God the best.

Seema Chowdhury
A Choice In Life

Look at the stars
That are twinkling far
And are giving us light
To make for us things bright

And look at the candle
Which knows how to handle
The bitterness of dark
And leave a hope's mark

And then dear realize
For it is surely wise
To make a right choice
And raise your own voice

For life surely gives
A chance to live
And make choice of your own
And make it to others known.

Seema Chowdhury
A Color Palette Of Life

Life offers us an amazing color palette
With vibrant and dull shades
And gives us options to choose from
And then we can customize the outlook
With our choices to define ourselves

By picking our own colors
We can make life interesting and attractive
And we can add effect of laughter and joy
To make life less painful and chaotic
And show ourselves the way towards healing

And we have to remember
That if we view the world as dull and dark
Then mist of misfortunes will take over
And will never let us enjoy
A little world that we have built within ourselves

So to enjoy it all and have lifelong effect
We need to enlighten this enchanted world
By choosing the right colors from the color palette
And walk on the colorful path
To achieve what is right and best.

Seema Chowdhury
A Comforting Thought

Seeking color of my existence
I followed the road map for action
And selected an obvious starting point
Through the sand of time
Where comforting thoughts
Cushioned my feet
As I walked on the hard pavement of life
With certain expectations
And frustrating new challenges
Along the path...

Where I promised to see things
From a positive perspective
And tried new ways
As I progressed through the day
And cleared my mind
Of negative thoughts and comments
Because they dampened enthusiasm...

And as I learnt to ignore small errors
To take large and complex world challenges
I felt a happy sense of life
That uplifted my spirit
And gave me hope to express strong feelings
And sing in choir
With comforting thoughts
And echoes of beautiful memories......

Seema Chowdhury
A Cozy Heaven

A place where happy memories dwell
A place where all wish you well
A place where you're considered as a part
And a place that fills a family's heart

Where special people live who are dear
who spread sunshine for all who are near
Who bring joy with their cute smiles
For all around them for a little while

A place where everything is nice in a way
Nicer than words can ever say
Because everyone always do so much
That gives your life a caring touch

And that is a place where lives mom and dad
Who distributes among us all joy they have
That's why it's a cozy heaven in my view
That is filled with happiness tht's true.

Seema Chowdhury
A Day Forever

A day
When
No bad luck
No tearful eye
No depressing thought
No hurting word
And
No painful sigh
Will appear
That will be
A day forever......

Seema Chowdhury
A Day In My Life

That was a very special day
In my entire life
That made me realize
That life is
Not
A bed of roses
Or a piece of cake
But to survive in it
We have to
Find our ways
On our own......

Seema Chowdhury
A Day Of Blessings

Partnership is really a blessing of Lord
That binds two closely in a strong chord
The chord that carries affection and love
That is sent from God from heaven above

So always stay happy and enjoy each day
With the tiny things that come in the way
As it will help to make your day bright
And fill your life with pleasing sight

And you both played your role pretty well
And shared both cries and smiles that dwell
And did everything to make others glad
And tried your best to change all bad

And you both took care and handled with art
Your six little pearls who lived in your heart
And did everything to see their smiles
And showed your love in your own style

And today is you anniversary day
So relax and review your whole life's way
And count all blessings that were given to you
And made your life brighter and new.

Happy Anniversary Ami & Abu! ! !

Seema Chowdhury
A Day Of Joy

A day of joy and a day of fun
A playful day under the shining sun

Is what I really wish for you
With tons of joy all honest and true

Dear friend i wish may with God's love
Your whole life be decorated with the curve

Of laugh and fain, fun and smile
And many more joy for miles

Because you're a friend who is nice
Who do nice things without thinking twice

For whom everyone really wishes
A very happy day under God's bliss.

Happy Birthday Saima

Seema Chowdhury
A Day Of Peace

All my life I have longed for a day
Free of troubles and pain in a way
But never ever up till now
I have seen it any how
I wish for a day of peace
where my screams can cease
And where I can feel it all
And save my soul from a fall
I wish it and sincerely hope
That a day will take me out of mope
And I can enjoy such a life
Where I can just peacefully survive.

Seema Chowdhury
A Definite May Be

May be life feels difficult
Because I have always ignored
The echoes
Of the whispering words
Of the ominous silence..........

Life can change
And spring can come back in our lives
Only and only
If we start believing
That
No one has a better life than us
Then we can see
God's power of faith and hope
Transforming
All chaos into peace
And
It will bring
A unique sparkle into our lives..........

Seema Chowdhury
A Degree Of Joy

Emit joy's light
And make things bright

For people around you
And show then fain's view

Where joy and pleasure
Are treated as a treasure

And where well lived life
teaches the art to survive

In both dull and bright
Phases that are right

Where joy and sorrow meet
To make our life complete.

Seema Chowdhury
A Desire To Achieve

A desire if you wish to achieve
In this world where days are brief

Then what you have to do my dear
Is to prove your worth that is rare

And always remember my sweet sis
When you want success from God's bliss

Then try to do your very best
And then leave up to God the rest

And know these small tests of life
Teaches you more ways to survive
And tell you that if you have a wish
Then try hard and achieve it dear sis.

Good Luck Sabeen Dear! ! !

Seema Chowdhury
A Different Moment

Happiness is a moment
Different for all
Sometimes it show things big
And sometimes things small
For happiness is that
What makes you glad
And brings pleasure
By changing all bad
And happiness is when
You don't feel the pain
And everywhere is scattered
Smiles of fain
That makes you feel
Happy in life
And show you more
Joys that survive.

Seema Chowdhury

Seema Chowdhury
A Dose Of Reality

Pull yourself out of the quick sand of despair
Separate the paths between fantasy and reality
Clear the fog and mist from life's constant cycle
And draw the lines over imaginary and unreality

Speak to your soul in rhythms that moves you
Write out your emotions in bright colors to cope
Reach the shining bright sun on the bright sky
And build life with blocks of courage and hope

Remember the stars are always within reach
If you don't quit and try to pass road blocks
You will find solace for your troubled heart
And it will not let life's shattered reality mock

If you don't know where to start afresh
Carefully open the gate of opportunity today
Keep moving even through bitter trials
So you can eventually find good life's way

Just get back up firmly when you fall down
Have sometime by yourself to get quickly ready
Separate the paths between fantasy and reality
And find grip on life that is strong and steady

Seema Chowdhury
A Double Life

Life has two sides my dear
And is made up of many layers

Where come troubles and some pain
And sometimes also some fain

So try to lead and learn to drive
The car of your double life

And learn to live in the time
And flow in it with its rhyme.

Seema Chowdhury
A Drop Of Kindness

A fancy dropp of kindness and peace
That can help the hot pain's breeze
To stop and give way to ease
To come on and try to cease

The hot dry sun that is all around
And is not letting anyone to touch the ground
Because life's precious and loving sound
Is going all over and all around

So in such a time few words taht're nice
Will surely be enough and will be wise
And will buy you love without any price
And will give you pleasure not once but twice

First for lending a gentle helping hand
That shows to others you surely understand
And second for showing others care band
That spread love and peace on God's land

Because dropp of kindness and peace
Can surely help to stop pain's breeze
And always try to come and cease
All of it and give wat to ease.

Seema Chowdhury
A Fair Play

Don't ask too much from life
For whatever that exists and survive

In it is like an unforgettable load
That takes us to our life's road

And know that it is a fair play
Where we're playing on life's clay

That is based on joy of the heart
From which always happiness impart

So instead of asking too much dear
Learn to spread joy and cheer.

Seema Chowdhury
A Few Small Wishes

A few small wishes that I heard
That seemed to me little bit curt
That a very cute little mocking bird
Was singing are the following words

Slow and steady win the race
So walk steadily in the pace
And don't despair in any case
And learn the art to boldly face

Any trouble that comes in your way
That causes to prolong the distress day
And you feel as if after today
All sources of your joy will decay

So I wish may you always find
People who are caring and kind
Who always help you to wind
the cord of pain from your mind

And hope may your future shine
Because that is a wish of mine
That any longing that is thine
Be given to you from God's wine.

Good Luck Tahira! ! !

Seema Chowdhury
A Few Words Of Greetings

Friendship is a gift
Where friends give an uplift
When you are stuck in odd
So its precious gift of god
For when we make friends
Then after that in every end
We promise each other
To always for us gather
Flowers of smile
All for a while
So we can enjoy
And have fun and joy
And that's why today
I'm sending in your way
Words of greetings with delight
To make you feel bright.

Seema Chowdhury

Seema Chowdhury
A Field Of Battle In My Way

A battle field in my way
Is standing at the start of the day
Where everyday challenges are found
In every layer of life's ground
I want to play and win them all
Before in my life curtains fall
For each of these challenges of life
Teaches me how to boldly survive

I want to acquire knowledge of life
Where I'll learn to smoothly drive
The car of my success to bring me joy
And see how each minute of it I enjoy
For life is too short to waste my friend
Where ever new road has crack or bend
And unless I find the secret code of fain
I cannot win in the battle field of pain.

Seema Chowdhury
A Film Without Words

Life is a film without words
Where we put our joy on the wall
And wish to have someone to share it with
But our pain hidden deep inside in the little corner of our heart......

Where we look for the access road
To enter the beautiful land of curves and cliff
And ocean of words pour to share our secrets and dreams
And listen to our stories of far away land.....

Where we get innovative opportunities
At every turn and bent
And warm current of memories flow along
To embrace our hearts and souls.......

Where rolling and restless waves
Dip low and then squeak high
To bring the world's rhythm
And theme back on track.......... 

And waves crash against the uncomplaining shore
To reveal life's true story
To the eager eyes and an open heart
And run this film without words.......... 

Seema Chowdhury
A Final Play

Life is not a rehearsal
It's an ongoing final play
Where we're not given a chance
To do something twice or say
For one by one all the scenes
Changes in front of us
And then without even knowing
We start life's ride in a bus
Which neither has any start
Nor has any end
Where we don't get any time
To think first 'n then pretend
And then at last comes the moment
When falls our life's named leaf
And then we have to get down
To end life's journey that was brief.

Seema Chowdhury

Seema Chowdhury
A Flying Start

Get off to a flying start
Make place in everyone's heart
And see what else you can do
To prove you're worthy and true
Just in yourself have some faith
And then enter in life's gate
And walk with trust on its road
And see what else you can afford
To prove that you are the best
Who know how to win life's test.

Seema Chowdhury
A Free Soul

I want to free myself
And my soul
From the dreams of fairy tales
And magical moments
Of happy dreams
And want to touch
The space of mystery
And find lost answers
To live in the present
with realities that're bitter
And hopes that're broken
In this emotional journey
called life.................

Seema Chowdhury
A Fresh And Bright New Year 2013

May new year brings beauty into view
And spread love and peace like morning dew

That brings freshness to everything on the ground
And cover it with layers of joy all around

May new year brings hope and delight
And may it strengthen your faith and light

And may warm memories fill your heart
To show you a blissful and a magnificent start

May new year brings opportunities for you
And you learn to face challenges hue

And swap your worries of the past year
With happiness, sincerity and tons of cheer

And may all your dreams blossom in the way
And color your life with joy and Fay

And may luck be alway on your side
To show you new, bright and wide

Pathway to walk with success and smile
To brighten your year all for a while

And build a staircase of faith and prayers for you
Where every step is love, hope and joy true.

Seema Chowdhury
A Fresh Approach

If life's battle get tough
And things around you rough

The don't mope or despair
Bravely wipe away the tears

And with courage and hope
Take a start and never mope

And learn in your way to smile
Even in hard trouble's pile

And then soon you will see
Bright morning waiting for thee

With a fresh approach towards life
With nice new rules to survive.

Seema Chowdhury
A Fresh Start

When you feel bitter
Then trust your heart
And try to now
Make a fresh start
Where don't let
ILL wind of grief
Blows ever
To make brief
Your moments of
Joy and smile
To make your life
Worthless for a while.

Seema Chowdhury
A Friend In My View

Friends have a share in your heart
They surely play an important part
And always clear thorns from your way
And don't let the trouble's breeze to sway

For friends always lend you a helping hand
And they always try to understand
What you're going through in your life
And what do you need to joyfully survive

And a friend always bring you the pleasure
In a manner that no one can ever measure
And they always try to strengthen the chain
Of friendship that brings you fain

And specially they help in such a time
When you're passing through the period of decline
So in my view a friend is who prove with zest
Her true friendship to be worthwhile and best.

Seema Chowdhury
A bond of friendship
Is
an unwritten
And
An undocumented
Contract
That requires
The ingredients of
Trust
Honesty
Loyalty
Love
And
Understanding
For a friendship is
A blessings
And a special gift of God
Bestowed upon us
As a reward for being
God’s children

Seema Chowdhury
A Friendship Kit

A friendship kit can never be purchased
Neither be sold, nor be replaced
Because everything that comes with it
Holds value in every bit

So pick your friends who are dear
Mix in them some love and care
And add kindness in them too
And be always honest and true

Then put them in the friendship test
And let them take it with zest
Then whatever comes out of it
Store it in the friendship kit

For everything that is given to you
By a friend really holds value true
Because a friend is an extension of you
Without whom you feel incomplete too.

Happy Friendship Day! ! !

Seema Chowdhury
A Fun Packed Day

I wish you long and healthy life
Where everywhere fain survive
That fill your path with fun 'n joy
And show you things in life to enjoy
I wish may all wishes and dreams
Be granted to you from god's stream
And everything that you long to see
May be given 'n assigned just for thee
And I wish all these things for you
Because I care and that is true
And hope to see sunshine in your way
And make it all a fun packed day.

Seema Chowdhury
A Gap In Time

Accept the reality that life's path is twisty
With unexpected curves engraved with
Bitter experiences and some learnt lessons
Where sometimes we come up to a point
Where we cannot see our next steps
And we have to keep on walking to figure it out
And that is when we learn to grow and learn to heal
And bring back magic with a flow of memories
That tumble waterfall and washes away our bitterness....

But before that,
For sometimes we get stuck in shock and grief
Because it is too great to bear
And life becomes dull and blur
But if we can just hang in there a little longer
And wrestle with impossibilities with courage
We will win once again and meet the gap in time
And will be able to lock away worries and grief
And break the bubble of silence and pain
To let the sunshine and the rainbow in our life
And brighten our world with hope...

Seema Chowdhury
A Get Well Wish

May first ray of light, that's soothing to our sight
And declares the end of night and brings us delight
Be all ready to tell and wish you all well
And ring the happy bell of Get well, Get well

And morning breeze shall always increase
Your happiness and decrease all your pain and disease
And be ready to tell and wish you all well
And rings the happy bell of Get well, Get well

And sky that is blue and is full of morning dew
And gives you the view that's clear and true
And be ready to tell and wish you all well
And rings the happy bell of Get well, Get well

And flowers that bloom always scents your room
And takes away the gloom and clear your loom
And be ready to tell and wish you all well
And rings the happy bell of Get well, Get well

And one thing my dear I want to hear
Is just be nice and fair and take good care
And last I'll tell and wish you all well
And ring the happy bell of Get well, Get well.

Seema Chowdhury
A Gift Of Another Year

A gift of another year
God has sent in my way
I'm grateful to him for this
For sending his blissful day

With new opportunities and joy
And a year full of promise and hope
Where no fear or trouble will come
To bring down the tear of mope

I'm thankful for everything
That has brighten my day
And has enriched my life
With golden moments in the way

And has cleansed my soul
And strengthen my faith
And gave me a chance
To enter in love's gate

And I'm grateful to Almighty
For creating my life's map
And meeting all my weakness
And closing all the gaps

And sending countless blessings
And guiding stars to brighten up
And giving me another chance
To drink happiness from life's cup.

Happy New Year 2010

Seema Chowdhury
A Gift Of Wishes

Today my sweet sister
I wish nice things for you

I wish you the sun
That brightens your day

I wish you the smile
That conquer every heart

I wish you the rain
That washes away your pain

I wish you the dream
That is full of hope

I wish you to believe
That God will never leave you.

Good Luck! ! !

Seema Chowdhury
A Golden Cord

A wedding is a golden cord
Which binds two people together

In a chain of care and love
From where they learn to gather

Hills of hope and coeans of joy
That are life's gift so rare

That teaches them to be happy
Wherever they may live dear

For a wedding is a binding strong
That puts a knott for two

That joins in golden cord of care
That emitts joy and love true.

Seema Chowdhury
A Golden Note

Never feel bad
If things aren't glad
For surely soon
You'll see the noon
When things will change
And life will arrange
To show good side
That is also wide
That holds in it
Value in every bit
Where joys will stay
To brighten your day
And will be with you
To show you nice view.

Seema Chowdhury

Seema Chowdhury
A Good Medicine

A happy heart is a good medicine
It helps you to heal and enjoy
For when you learn to smile and laugh
It shows you how to enjoy

Each and every minute of your life
Forgetting your stress and pain
And see how you can throw away
All your distress and stressful gain

Don't let fear of any thing
Enter and take place in your heart
Just look around and see how you can
Seek and find a brighter start

Don't let any trouble to grip
your heart or mind very tight
For life is not always bad or sad
But there are also beautiful sights

So ring the bell of happiness
And see how you can walk for miles
And learn to hold on to the knot
Of laughs and joys and carefree smiles.

Seema Chowdhury
A Gorgeous Palace

The most beautiful place
Where one can dwell
With peace and love
Is his own gorgeous palace
Called home sweet home-
Where
True passions
Answered prayers
And optimistic imaginations
Stay forever
And provides
Unaccountable lessons of encouragement
In life........

Seema Chowdhury

Seema Chowdhury
A Grand Adventure

Love is a grand adventure
That opens the door of pleasure
By smoothing life's pace
And
Giving path way to win
The game of life
And know that soon
Something quite miraculous
Is about to happen
That'll make all your dreams
A reality
And
Will lighten all your loads....

Seema Chowdhury

Seema Chowdhury
A Gratitude Prayer

God thank you for all your blessings
That you have bestowed endlessly on all of us
Like a pouring rain-

God thank you for your countless love
Affection and kindness
That colored our lives and path
And make every step easier for us to take-

God thank you for your gift of achievement
That you showered on us
That gave us confidence to go on
And strive to achieve more-

God thank you for the affection
That you showed us
In our pain and happy times
That gave peace to our
Mind, body and soul-

God thank you for spreading
Beauty and loveliness all around us
And for making us feel
Worth and important-

And thank you God for giving us
An intense sense of belonging
That reflects on our existence
And fill our souls with
Spiritual vision of this amazing world-

Seema Chowdhury
A Gratitude Smile

My heart swells with joy

When I can exchange your tears
With a glimpse of a smile

When I can say a kid word
To wipe your unspeakable grief

When I can share your stress
With lots of love and care

When I can give a gift of laughter
For your soft sigh and weep

When I can share a moment of
Peace for your unrest heart

And when I can create memories
Alive with love for a lifetime

You are the most important part of life
I love and care for you very much...

Happy 20th Anniversary Beloved Sunny

Seema Chowdhury'
July 26,2016

Seema Chowdhury
A Great Desire

Bundle of joy and dreams true
I wish for the lovely you

For you are the greatest friend
Whose love has no bound nor end

For this is my great desire
To bring you the joy's fire

With which you can surely light
The happiness candle to bright

The pain of life and the road
To share your burden and load

Where happiness will surely stay
To brighten your joy in your way.

Seema Chowdhury
A Great Fixer

Be a great fixer when problems happen  
And envision steps that you will take  
Don't be surprised or puzzled  
Just keep your perspective in view  
And draw a today list  
To reduce complexity and control life...

Don't give up or stop  
When your scheme run under deep water  
Learn to prioritize and display courage  
And embrace the large scale of life  
In this active journey called life...

Be ready to reach new depths  
And calculate the best route to arrive at your destination  
And weave a life with a promise of hope  
And live with passion even through rough paths  
For life will throw curve ball  
But remember that nothing will last forever  
As time moves on little by little...

And if you promise to become a great fixer  
When unexpected problems happen  
Then your frustration will die down  
And vivid colors of life will appear  
Through the narrow cracks  
To open the door of hope  
To explore all possibilities....

Seema Chowdhury
A Great Gift

Our family strengthen care's bond and our love
That is the greatest blessing of heaven above

Where we all share our smiles and cries
And hold our hands when going through trials

Our family consists of people in our lives
Who bring us refreshing gift of smile's drive

And together we build home with loving hearts
And in it put blessings of peace to start

Beautiful stories of our fights and cares
That we write together with love that is rare

And in it add our learnt lessons and our dreams
Big doses of jokes, kisses and prayer's cream

And try to protect from harm and hurt my dear
And in every passing season try to gather cheer

And Loads of trust, laughs and plenty of joy
And stick together warmly so we can enjoy

This special bond and connection that we share
That shows us how much we all really care

For having a family is a wonderful thing
That strengthen and enlarges happiness ring

In which we are all bound to stay together
With trust and respect in all kinds of weather.

Seema Chowdhury
A Guessing Game

Life is like a guessing game
Where not always we get fame
For whatever is hidden in it
Holds value, all true and wit
So know that if ever in life
Things seem hard 'n bitter to survive
Then don't lose hope or ever cry
But with courage once again try
And remember that in this never ending game
You can't always get the answers same
So when trouble comes looking for you
Then knock at God's door and view
For surely he'll help you in odd
As he's your kind and gracious God.

Seema Chowdhury

Seema Chowdhury
A Happiness Kit

May your life see no sorrow
May bright be your every 'morrow
Where no glimpse of any pain
Is shown to you in life's lane
I wish you luck, I wish you joy
Where nothing bad ever comes to destroy
Everything good that makes you glad
And change for you all things that're bad
And I sincerely hope and wish for you
A life free of any glimpse of blue
Where you enjoy every minute of it
And think of life as a happiness kit
Where for you only joys impart
And makes you feel happy in heart.

Seema Chowdhury
A Happy Solution

A happy solution that I found
Lying all over on God's ground
That I picked and thought to be mine
was love's bottle and care's wine
Yes that is true and for all
That when feel stuck in trouble's wall
Then best thing to get rid of them
Is to hold tightly the prayer's gem
And call God Dear with His bliss
Filled with love, care and kiss
And do it all with hope and faith
For that's the best solution that's great.

Seema Chowdhury
A Happy World

A happy world is out there waiting for you
So go on and try to enjoy its hue
That is spread all over the sea and sod
By the gracious and our caring lord
But for that you have to open your eyes
And see it with care and be more wise
And then you'll know that on god's earth
Everything is really rare and worth
And you'll see for yourself that is true
That a happy world is waiting out for you.

Seema Chowdhury

Seema Chowdhury
A Heaven On Ground

I'm waiting for the day
When in my life's way
Sun will shine bright
And the grass will throw light
After reflecting from the dew
On flowers of distant hues

I'm waiting for the day
When in my life's way
Mild breeze will blow
And moon will throw
It's glorious bright light
To spread all over delight

And I'm waiting for the day
When in my life's way
Everyone will smile
And will share other's trial
And then world will be renowed
And will be called  A Heaven On Ground.

Seema Chowdhury
A Hidden Longing

A hidden longing
Is when
We desperately wish
For something
But cannot express
And
If so
Then only
In mute words
And then
We are locked
In this
Extremely frustrating
Condition
From which
We cannot come out
To share our world......

Seema Chowdhury
A Home

A home is really made of
The bricks of love and care
And walls that can support
Lots of happiness rare
Where many other things
Are present like the beam
The beam of joy and smile
Filled with fain scream
Where you are welcomed
To come and take a rest
Whenever you are tired
And gloomy with life's test
Because there everyone
Is ready with you to share
Lots of tear and smiles
And a hug that shows their care.

Seema Chowdhury
A Hope Of Smile

Whenever you think you're all alone
Whenever you feel very bad and torn

Whenever life seems empty from share
Whenever you think there's no one to care

Then just sit back and relax for a while
And think of all your past smiles

That gave you much fun and joy
And showed you new ways to enjoy

For life shows both ups and downs
So don't feel sad or ever brown

Just hang in there with a hope of smile
That covers with joy your path for a while.

Seema Chowdhury
A Hug Of Happiness For Your 13th Birthday Samia

Create your own path
And venture into uncharted territory
Give back from the heart
And choose nice words
To reach out to help people

Express the compassion
With joy and mirth
And know a hug of happiness
Can change someone's life

Do one thing every day
That will lit you with joy
And will bloom the rose
Of summer in your heart
And will deepen your faith

Awaken the passion of life
In your heart and soul
To see the world full of wonders
And unaccountable blessings
And you'll be happier than ever

And when you'll reach the cross road
Then you will see
How blessed you are
In this visible world
Where you have learned
To create a compassionate peace
With yourself
With only a hug of happiness....

Happy 13th Birthday Samia Baby Doll

Seema Chowdhury
A Hymn Of Joy

Extend your hand and lift yourself up
With high motivation and enthusiasm
Hymn a song of joy with honest lyrics of life
For it will replace darkness with a radiant hope
And will show you the steps of life that overlaps
And loops back and forth
With important life's lessons

For there is value in effort and when you will learn
To speak to yourself and reach at the core
You will find solutions and will learn to continue
Inspite of the obstacles
And will get answers of the lingering questions
And will find strength to spark the fire inside you
And fill up yourself again with energy and healing
To celebrate and hope
And hymn a song of joy with honest lyrics of life.........

Seema Chowdhury
A Journey Far Away

Live these moments mindfully
And honor each moment
With bright spot of hope
And look at the colorful pages
Of Spring beauty
And enjoy each evening
Where sun kisses good night..........

Lift your mood in the moment
And keep happy vibe aglow
To have zest for life
And amazing surprises unfolding......

Life is a journey far away
Where pitfalls along the way will come
With short term moments of pain
Where we will see frightful emotions and emptiness.....

But don't let it dim your sparkle
Or stay deep in loneliness
Just listen carefully
The soft and tranquil sound of bliss
And quiet the noise within
To reach beyond the wildest dream
To honor each moment
With bright spot of hope............

Seema Chowdhury
A Journey Through Time

A journey through time
Which in life's rhyme
Everyone has to take
For his survival sake

Is full of joy and smile
Even in trouble's pile
But to see this life's ease
We must look for peace

And see how life's way
Can be travelled with fay
And how we can enjoy
With love, care and joy

So the best thing to do
Is to look at rainbow hue
And then in this life's rhyme
Start journey through time.

Seema Chowdhury
A Joy Filled Day

A joy filled day is wished for you
With sincere wish all honest and true
Because my dear you surely deserve
All life's funs, fains and love
A day in which everything is right
A day that's full of things all bright
A day when you can lend a hand
And know everything and understand
I sincerely wish you such a day
In which you see all life's bay
Filled with the water of love and care
And all nice things that are rare.

Seema Chowdhury
A Kinder Solution

Find a kinder solution
Of your problems
And
Know that
Each man is
A finder of his
Own fortune....
In this broken world
Where sunshine appears
With patchy fog
And
Then we've to live through
A misty day
Finding good side of
The present moment....

Seema Chowdhury

Seema Chowdhury
A Knock On My Door

I heard a knock
On my door
I opened and found
Just like before
A gift of smile
Love and care
Waiting for me
From god dear
For which I
Prayed to him
And requested to send
His blessings as a vim
That can brighten
My life for a while
And let me walk peacefully
With smile for long miles.

Seema Chowdhury

Seema Chowdhury
A Large Question Mark? ??

Sometimes I wish
Life's stream to flow
Quiet and hushed
With
No clatters
No noises
And
No shrills
Where
I can live
Without any regrets
Without any remorse
And
Without any repentance
Of
The large question mark
That still stands
Like a barrier
In my life's way..........

Seema Chowdhury
A Lasting Solution

I wish to find
a solution
that can come in handy
When I'm feeling
Down
Blue
Moppy
And frustrated........
so I can call it
A lasting solution of life........

For life is hard and bitter
But at times
Subdued directions
Can certainly
Make it a better place......

We must learn to look
At the silent river of life
And try to search for
The hidden currents there........
That is what will bring
Joy and happiness
Back in our lives.....

Seema Chowdhury
A Life Of Bliss

May sun that will
Rise on ther sky
Brings to you
Remedy of your sigh

And may it will
For you ever end
The road of life
That's cracked and bent

I wish for you
For you dear sis
That may life be
For you full of bliss

Where all your pains
Be swapped my dear
With joy and fain
Throughout the year.

Seema Chowdhury
A Life Of Dreams

A life that is full of dreams
Is like river full of streams
Where many joins it all
To make a link of life small
For life holds joy and fun
So seek 'n enjoy before its done
And try to hear the bell of a ring
That brings to all message of spring
And remember that it will soon end
So don't wait but hurry and mend
The cracks 'n shakes of your life
And learn in it to joyly survive.

Seema Chowdhury

Seema Chowdhury
Sometimes a little change in the direction is all we need to bring back mojo in our life.

Don't be scared to take that first step in the new direction.

Spread your wings, express yourself openly and make a statement.

Celebrate life and pursue your dreams. Just be you and keep it simple.

Be creative and have an independent thinking. Small changes can bring big results.

Don't worry about life too much. Whatever is meant to happen will happen.

Don't focus your energy on worrying about the unknown future.

Plan and start a great journey with motivation and look forward to enjoying life.

Create beautiful memories to cherish and reward yourself by shining bright.

Seema Chowdhury
October 15, 2018

Seema Chowdhury
A Little Goes A Long Way

Show kindness in each day
And spread it all along your way
So when you need it dear too
It can come back to shine on you

For a little goes a long way
So always help others to lay
The right words in their places right
So things can change for better and bright

And always show others the start
When they feel bad in their heart
And doesn't see any joy to view
That's all loving, sincere and true

And when you'll do all this dear
Then nothing bad will ever come near
For the kindness that you had shown each day
Because a little goes a long way.

Seema Chowdhury
A Little Test Of Faith From God

Start your journey of understanding life
Bring peace and light to brighten your day
Peep in and also look beyond tomorrow
And choose endless opportunities in the way

Remember God Almighty is always there
He will listen to all your heartfelt prayers
He will always hold your hands to support
And will shower His blessings with cheer

Humbly kneel before Him and ask for His help
So you can establish calm within your heart
Gracious God will bring hope in knotty challenges
And will broaden your perspective with an art

This is a little test of your faith my dear Samia
So never quit or give up in this crucial time
God knows how you feel and what you think
He will show mercy so trust in Him all-time

Whatever may happen, whatever may come
Just humbly accept and bow before Lord
Remember He only wants what is best for you
For He is most caring and your living God

Good luck Sweetheart, remember we are always on your side.
We are praying for you all the time.

Seema Chowdhury
March 7,2017

Seema Chowdhury
A Little Word Of Thanks

I don't have much words to say
Neither fancy phrases in front to lay

For all nice things you have done today
To show you care in your own way

So just a little word of thanks is right
For making our day nice and bright

And arranging an evening full of delight
And for showing nice things all that are bright

And only thing I can say to you today
Is that may Lord bestow his bliss in your way

And mark your life for brighter spring
For all the joy for others you bring

Thanks for the welcome party! ! !

Seema Chowdhury
A Lively Jingle

Compose a new tune
For your life
And add in it
A nice and bright
And a lively jingle
Of
Smiles and fain...
So in fragile moments
And
Confussions
You can use
The secret of coping
With agony and pain
Silently
And strongly...

Seema Chowdhury

Seema Chowdhury
A Long Held Ambition

Hold on to your dreams
And your ambitions
And know
With determination
You can
Have it all
And always enjoy the music
Of life
And learn to flow
With its rhythm
And its tune.....

Seema Chowdhury
A Long Time Mystery

Life is an on going history
And like a long time mystery

That has no start and no end
That shows bright morns 'n some bends

So try to understand it all
And read it even though it's small

And be the winner who has won
This troublesome game with joy and fun.

Seema Chowdhury

Seema Chowdhury
A Long Trip

Life is a long trip
Where you get to sip
From the cup of joy
As well as bitterness soy
So try in it to survive
And find answers of your life
And clear the twist in the road
And find happiness hidden code
And finish everyday bit by bit
And be done forever with it
And then start a new day
With high spirit of the way.

Seema Chowdhury
A Long Way

Life's battle
Needs to be conquered
With affection
Care
And sincerity
For there is still
A long way ahead
That needs
A shade of love....

Seema Chowdhury
A Lot More Options

A lot more options
Are open for you
If just once you can
Learn to view
And understand what
is going on in life
And search for ways
In it that survive
So why not pick
The option of hope
Where joy and smile
Also comes to cope
For once when you will
Recognize hope's way
Then surely it will
Brighten all your days.

Seema Chowdhury
A Lucky Break

We're proud of you sabeen sweet heart
And we pray for you from the heart
That may god bestow his love 'n bliss
More than you can ever wish
And may this be the stepping stone
On which stands the rest of your morns
And may god open his knowledge's door
On you dear more than before
And I hope may all that is best
Be given to you in each life's test
And may this be just the stepping stone
On which stand the rest of your morns.

Seema Chowdhury

Seema Chowdhury
A Lucky Day

No words I find
Which can bind
The thoughts of my mind
And can tell you dear
That thanks that you shared
And showed that you care
Very much for my day
In all your loving ways
So that’s why I say
It was a lucky day
It was a lucky day! ! !

Thank you a lot

Seema Chowdhury
A Magical Link

A magical link
A magical touch
A magical toy
That means so much

Is what I have got
From you dear
For you're special
Someone here

I wish you joy
I wish you pleasure
I wish you tons of
Happiness treasure

Because you gave
A brighter touch
To my life
That means so much.

Seema Chowdhury
A Memorable Image

During dark days of your life
Try to feel the depth
And
Rediscover the joys of living
And try to form
A memorable image
Of that very long moment
That can bring good things to life
And discard all negative thoughts
And wipe out dark clouds of rain
From your view
Forever and forever........

Seema Chowdhury
A Merry Time

Learn to enjoy
And sing the rhyme
In this life's
Merry time
And find a way
To bring delight
And make everything
Shine bright
For good times
Never come in
You have to search
It in life's bin
And try hard to
Remove all doubts
And face life bravely
Like a scout.

Seema Chowdhury

Seema Chowdhury
A Miracle Cure

Sometimes I wonder
How unwilling I was
To look out side
And let the sunshine enter
Through my closed window
But then I did
And I found
A miracle cure
Of my blue and pain
Of my empty heart and loneliness
And my grief and sorrow

just remember that
Life is a daring adventure
And when grief gives way
To love and happiness
Then we realize new meanings of life
And discover how to restart our day
And hear God whisper

And then we find a beautiful balance
And see sun shine
And life unfolding its miracles

And when I was willing
To do it with
An open mind and a heart
That's when I discovered
A miracle cure
For myself.........

Seema Chowdhury
A Moment In Time

It was a moment in time
In which
Without realizing
Or
Knowing...
For the first time
I was honest with
Myself
And my feelings
Which filled my heart
With joy
And
My soul with passion...

Seema Chowdhury

Seema Chowdhury
A Moment So Precious

The moment in which
Your memories
Your thoughts
Your smiles
And your vivid image
Appears before me
Is really
A moment so precious....

Seema Chowdhury
A mother's care is the best of all
For she never lets you fall
For with her love, care and smile
You can easily go a long mile
For a mother is really great
So always put on her your faith
And know that her love and care
Is a precious gift so rare
So love her and know it is true
that when you're feeling blue
Then deep inside her heart calm
You can find your pain's balm
So love her and pray to God
That for you in even and odd
Keep the shadow of her care
Because her presence is a gift rare.

Seema Chowdhury
A New Day, A New Gift

Every new day that we spend together
is a gift, a blessing and a favor
I'm grateful to my Gracious Lord
For all the love and endless care

Thank you Sunny, for being my best friend
Thank you for making my life beautiful
Thank you for bringing in so much positivity
And for having a loving and a caring heart

I want to hold your heart forever
And start a new day at an early dawn
I want to hold your hands forever
And walk together into the glorious sunrise

I want to explore the world with you
I wish to decorate our lives with joy
I hope to embrace life as it comes
And enjoy beautiful things in life

I feel so happy and so blessed
For every new day is a new gift
We are destined to be together forever
And you're an important part of my journey

I want to write our lovely life song
I wish to sing it together with joy
I hope to paint life with vibrant colors
And thank you for being my best friend

Happy 22nd Anniversary Sunny

Seema Chowdhury
July 27,2018

Seema Chowdhury
A New Day, A New Year

1) Don't miss out on your life, there's a lot of happiness around you.

2) Celebrate a new day, a new year, a new plan for a new year.

3) Test yourself and create a path to walk on confidently to the door of success.

4) Have a positive thought and stay active and alert.

5) Don't let emotions get the best of you, so embrace who you are.

6) Think and manage life carefully and make a strong commitment.

7) Take every opportunity that comes your way, Don't run away from life, stay and fight your battle.

8) Be confident and banish negative thoughts.

9) Create your own success story to motivate others.

10) Take control of your life and be committed to your cause.

11) Get back on track by letting hope in your life.

12) Focus on your passion and lead a disciplined life.

13) Navigate through difficulties and be mindful of your role.

14) Get fresh inspiration every day to follow and be successful.

15) Live a successful and a fulfilling life with a purpose.

16) Learn new things every day that makes you smarter.

17) Be creative and innovative and focus on important things.

18) Write your own positive affirmation to keep you motivated.

19) Plan every move beforehand and be well prepared to face the day.
20) Live the life you want by starting a new day, a new life.

Happy 18th Birthday our Beloved Daughter Sameen
We Love you very much. Good Luck!

Seema Chowdhury
September 24, 2018

Seema Chowdhury
A New Direction

Take a new direction
of life
With a hope
That
In one or in another way
One day
Before meeting the end
You will reach
Your desired pace
And destination...

And that will be the day
When
You can
Simplify your life
And
Let your life speak out......

Seema Chowdhury
A New Moment

Share your memories
Of those moments
In which you felt
The miracle
The love
The passion
The positiveness
And
The dramatic change
That helped you to achieve
Your dreams
And
maintain your hope
And give
Calmness and peace
To your spirit
And brought you
A ray of sunlight
That engulfed
Your body and soul
And warmed you
From the inside out
For that was
The miracle moment
And
A magical encounter
That left you with
A fresh and a new
change of life
Full of
Options and opportunities.................

Seema Chowdhury
A New Phase Of My Life

I hope
The new phase of my life
Will have
No cracks
Or cuts
For
I don't want
The moments of joy
To slip through them
And
Give a way to
one tragedy to follow another
I just want
Few moments of solace and peace
And
want the first rays of
warmth and shine
To walk in my life
And
Whisper the tune of joy
In my ears.................

Seema Chowdhury
A New Sight

Learn the ways
To cope with stress
Instead of sitting
Back and depress

For nothing but only
You can do
Anything to
Take away blue
Take away the blue

So believe that past
Is forever gone
And now will appear
A bright morn

That can help
You to see
A new sight
Of the life of Thee.

Seema Chowdhury
A New World Of Possibilities

May God Almighty fill your home with warmth and love
May happiness rainbow showers from heaven above

May new world of possibilities open for you
And a burst of energy sincerely shines through

May you always take a lead in spreading cheer
May your inner voice guide you in doubt and fear

May you gaze skywards and enjoy sunshine hue
For better times are on the horizon waiting for you

May you take time for love, kindness, peace, and care
May life treats you well, always honest, just, and fair

May you believe in miracles with open heart and mind
May you make a mark, a splash, and you quickly find

A way to unwrap the present with a successful smile
To count your blessings and grace in your own style

May the new year be filled with happiness, health, and joy
And new world of possibilities open door for you to enjoy.

Wishing you all vibrant, prosperous, and a joyful new year 2019!

Seema Chowdhury
December 7, 2018

Seema Chowdhury
A New Year's Prayer For You

Briskly enter in the new year's door
Marked with Nineteen ninety four
And find there a nice place to store
Gifts of smiles, joy and more

And forget all you had done in the past
because now you have reached atlast
The way that is brighter and new
And filled with happiness that is true

So enter in it with the hope to get
All you want so you can set
Your life taht'll be free of pain
Just liek sunshine after rain

And for that I wish may you find
People who are caring and kind
Who know how to bring you the gift of smile
And share your fears and trouble's pile

And I wish may life be good to you
That's my New years wish for yoi
where pain be just a glimpse to view
And joys be all reserved for you.

Seema Chowdhury
A Nice Way To Live

A nice way to live a long time
Is the main topic of life's rhyme

For whatever is present in it
Holds value just bit by bit

So learn to read the lesson of life
And with joy in it survive

So every new morn that may appear
Brings good news to you dear

And teaches you how to live a time
That is nice and long in life's rhyme.

Seema Chowdhury
A Non Stop Flow

Life is a non-stop flow
Of set backs
Trials
Sorrows
Mishaps
And
Ill winds
where
Everything seems to run in one another
And everyone is fighting for life....

I wish if i can change this flow
And
Let people see the brighter side
Of this vibrant journey
Where all wrongs can be reversed
And
The road ahead can show
A unique opportunity
In peaceful atmosphere
And
Amazing things can happen
To Give additional options
To survive................

Seema Chowdhury
A Novel Treasure

The purity of love, trust and care
And the feelings that are very rare
Is what is all friendship is about
That doesn't have any flaws or doubts

For it is like a cooling shadddy tree
With the help of which we can see
The world from the eyes of a friend
Whose sincerity has no bounds or ends

For a friend is one with whom we share
Our secret thoughts and joys that are dear
And it only blossoms with the passage of time
When we go through life's ups and declines

And today I really wish you well
And proudly I want to tell
That your friendship is surely a novel treasure
That gives me plenty of joy and pleasure.

HAPPY FRIENDSHIP DAY FARAH! ! !

Seema Chowdhury
A Painful Lesson

Life is an endless lesson of pain
Where always fall trouble's rain
From which no one can ever hide
For its spread out in area wide

I wish if once I can change
Myself and for myself can arrange
Such a plan which can aid
Troubled mind and provides a shade

But guess its really hard to find
Something that can take off my mind
From all these things that makes me sad
And hide from me the views that're glad

And that is why I wish for me
A life that is from troubles free
Where I can without pain survive
And call it a lesson of my life.

Seema Chowdhury
A Painful Reminder

Life is a painful reminder
Where I went on my own
To start my journey
But met disappointments along the way
For time eluded me
And I had to sacrifice myself
My vision and beauty of the happiness that existed.....

There I continued to make changes
And took small baby steps
To deal with tricky situations
And played bigger roles
To listen to my whispers of the heart
And fill the hollowness of my soul
And recollect the overwhelming scatters of my life...

To get back the control
Of every aspect of life
So I could set myself free to move on
And get away far very far
Where I don't have to give up
Or hear the painful reminder
Or the forgotten whisper......

Seema Chowdhury
A Part Of Happiness

If you want a big happiness part
Then listen with an open heart
And be brave to bear it all
Either its a pain or a joy that's small

So never hurry in listening to
The wishes of heart passing through
Any phase of trouble or pain
And any trace of joy or fain

And try working hard each day
For happiness is found along the way
So don't wait till you meet the end
For then life will not happiness send

And learn this rule of happiness today
That it is found along life's way
So don't feel inside bad or narrow
For happiness time is today and tomorrow.

Seema Chowdhury
A Part Of Tomorrow

Find a way to taste
At least a part of tomorrow
For life is full of dear
Joy and also sorrow
So try to find another
way to finish the day
And try to bring in it
Joy and fain ray
And know that it is good
And you must always share
Good things in your life
With those who are near and dear
And you must try very hard
To taste and find a way
To add some more joy
To each of your day.

Seema Chowdhury
A Part To Play

God has given us all
A part to play that is small
Where we all have to pose
That life is a bed of rose
But in reality we all know
That life is a difficult go
So its better to just smile
And spread happiness far away for miles
And get from life the best
And do it all with fain and zest.

Seema Chowdhury
A Passing Show

This world is a passing show
Where in each and every row

Life shows us some trouble's sight
And also some sunny delights

Where nothing can forever stay
Everyone from here leaves one day

As soon as their roles in this passing show
Comes to an end in this life's row

So learn to exist in this real life
Where whirlwind of trouble's survive

That shows lot of ups and downs
And leaves the hues of grey and brown

And learn to reveal the mystery
And hidden stories from life's history

For in each layer of this real life
Thousands of hidden stories do survive

That are hung on each life's bent
Before passing show comes to an end.

Seema Chowdhury
A Pause Button

I wish
Everybody
Can get hands
On
The pause button
Of their lives
So
When they see
Or feel
Something is wrong
They can pause
To rest
And wait
And
Then proceed
Again
towards the life
Of
Their own will
And
Of
Their own dreams.....

Seema Chowdhury
A Peaceful Solution

Open your eyes in a whole new world
Free of troubles 'n pains that're curt
And find a solution full of peace
That can easily help to cease
Your troubles mind from the thought
That're rough and all that sort
And that can surely take you out
Of feeling funny or in doubt
So best thing to get rid of it
Is to learn to enjoy its every bit
And open your eyes in a world
That's free of trouble's curt.

Seema Chowdhury
A Phase In My Life

Whether its joy or pain
whether its loss ort gain
Whether its pro or con
Whether its dusk or dawn

All these things come and go
For nothing is forever you know
And all these things appear to survive
As a small phase of my life

Where in the midst of uncertainty and fear
I am desperately looking for God's care
And want to feel the cool breeze on my face
And bring back happiness and its trace

And I hope I'll get through this phase
Just like dawn puts an end on night's face
And will learn to survive with faith and care
And look happy once again in my life dear.

Seema Chowdhury
A Picnic Basket

Bring a picnic basket to life's party
And enjoy your life today my dear
For everyone has a unique story to tell
And now is the time to share

So stir things up a little bit
And add zest to the task in hand
And stand back far enough to see
The big picture displayed on the band

For we are all traveling on the road
Where traffic speeds up along the way
And snow cover each life's lane
To add beauty and adventure everyday

So be strong and fight back tears
And perform the task with joy and mirth
That you are entrusted to perform here
On this huge and vast God's green earth

Remember what makes life journey interesting
Is the mystery and mist that surround
That we try to solve and discover dear
To find peace, joy and success all around

So relive each moment of fantasy my dear
And be strong and stand to enjoy it all
By bringing picnic basket to life's party
And sharing your story in life's huge hall.

Seema Chowdhury
A Place In Peace

Everything begins
And everything ends
With trouble and pain
That are sent
For us to live
With them forever
From which we can
Get rid of never
I wish to get
Some place in peace
Where I can put
My tears to cease
And forget about it all
And wipe my tears of pain
And swim once again
In the pool of joy's gain.

Seema Chowdhury
A Place To Live

A place to live is all I want
That's free of sorrows and pain
Where troubles never block the view
And agony never gets a gain

Where I can with peace live
And share with others my smile
Where I can willfully walk
With joy in hands for miles

Where no one bothers me
or even try me to stop
From any act that I wish
To do or plan to drop

I wish and pray to God
To give me such a place
Where I can peacefully live
And find there joy's trace.

Seema Chowdhury
A Place Where

Friendship is a place where
You can find love and care
Friendship is a place where
You can find all treasures rare
For it is where you find
All your dreams of joy
That you can celebrate with
Your loved ones and enjoy
And it is a place where
You can find happiness
That can swap all your
Troubles to make it less
So I think it is a place
Where your heart can find
Many dreams to share
With loved ones who are kind.

Seema Chowdhury
A Playful Breeze

Today is a new journey and another life
Where life itself is waiting to be lived
With sweet wine of love and care
And light and fresh playful breeze
Brushing softly against the face
And whispering music in the ears
With the colors of a shadow
Of joyful and bright day
Filled with new bliss
And God’s endless light
That freshen the soul
And takes away troubles and pain
And fill life with dazzling sunshine
That digs up realistic opportunities
And exciting possibilities to lighten up life
With the realistic ability of actions
And show you how to toggle back and forth
From the painful reality
And embark on a new journey
And bask in crisp sunshine
To enjoy playful breeze
Brushing softly against the face......

Seema Chowdhury
A Pleasant Surprise

Surprise yourself
With a pleasant surprise
And
Let you find
Not big
But just small things in life
To find the
Path of joy and smile
And
A pleasant gift of happiness
For yourself.

Seema Chowdhury

Seema Chowdhury
A Positive Change

Changes that occur in the period of gloom
Flowers that all of a sudden doom
Period of joy that seems so lost
In this frenzy world that doesn't pay any cost

For the tears that dropp from your eyes
For what you've felt from pain and sigh
And haven't seen anything that can trade
The burning sun from care's cool shade

In such a time, what you must do
Is to think of positive changes and view
And know that soon all your trials
Will be swapped with the joyful smile

And this you can only achieve
If you know how you can trust and believe
And keep a positive thinking in gloom
Then flower of joy will surely bloom.

Seema Chowdhury
A Positive Day

Sometimes I wish
And need to know
The meanings of life
In this life's row
And hope to get
A positive day
That is less
In this life's way
And sometimes I pray
To get a list
Of joy and fain
Luckiest list
So I can know
Where to find
Joy and happiness
And the peace of mind.

Seema Chowdhruy

Seema Chowdhury
A Prayer

God, lighten my load
And strengthen my heart
Please show me miracles
And a beautiful start

For I am confused
And don’t know what to do
So help me out my God
And show me a morning view

I have no one else
So I always turn to you
Just show me your sign
And take away my blues

For there are many unanswered queries
And I feel stuck and sad
And don’t know what to do
To take off this trouble’s clad

Help me out dear Lord
And guide my way with your light
Open my mind, heart and soul
And make everything pure and bright.

Seema Chowdhury
A Prayer For A Friend

Guardian Angel please take me to the glen
To the glen of wishes where I can pen
All my wishes on the great big wall
Each of them whether big or small

And there I wish I can ask dear Lord
To exchange all your situations that are odd
With sooth and gentle happiness breeze
That can fill your life with joys and ease

And I hope from there on your return
may you feel light hearted and see your turn
Of enjoying the pleasing never ending sight
That keeps you always fresh and bright

And not only just today but I have always prayed
May Lord remove all your whole life's grey
And mark your life for brighter Springs
For all the joys for others you bring

And I think you are the one who really deserves
To get all kinds of happiness and love
As you know very well how in your style
To give others the gift of hopes and smiles.

Seema Chowdhury
A Prayer For Children

Don't let anyone
To steal your dreams
Or to erase your memories
Or to dull your shine
For you are very special
And I wish you to enter
In a bright tomorrow
Where you twinkle
Like a bright star
And spread your light
Of honesty and truth
And show the right path
To the weak and lost

Let your inner shine
And your truthful soul
Guide you all the way
And let your sweet whisper
Give you all the answers
You're looking for
And struggling to get to

And let your loving eyes
Show you the right path
And put your feelings
Into the peaceful wind
To ease your journey
And your silent suffering
And your new perspective
Of this life of reality

And may you learn to see
The world through your
Innocence and joy
And don't feel lost and confused
With superficial ideas
And friendliness
For God loves you
And He'll always be there
As a beacon of hope and love.

Love you Samia & Sameen.

Seema Chowdhury
A Prayer For God's Guidance

Dear God please heal my broken soul and heart
From where love and kindness will always impart
And fill my life with your blessing and care
And guide my steps towards peace and cheer

Please bless my life with your sunshine today
Help me to clear negativity from my walkway
Give me courage to change what makes me sad
And bring in serenity and shun all that is bad

Lord please protect and help me to brightly shine
With love and care and your graciousness divine
And wash my thoughts to purify it and clean
And make me a true believer of seen and unseen

My Gracious Lord thank you for cleansing my soul
And for taking away feelings of loneliness and dole
And for exchanging my stress and anxiety with peace
Where you bestow your guidance with care and ease

My Loving God you are my strength and love
Please continue sending your mercy from above
And guide every step that I ever take my dear God
For you are my hope, my mentor and Divine Lord.

Have a Blessed Weekend!

Seema Chowdhury
A Prayer For Our Blessed Home

A home is where our heart is
It's a heaven where love resides
It's a place full of blessings and joy
Where laughter, care and happiness glide

A home is a gift and a precious place on earth
That is bestowed by Gracious and merciful Lord
As a gesture of His endless love and care
So we can peacefully there with peace aboard

A home is a blessing filled with sweetness
Where we care for each other and our dreams
And decorate every corner with purity and love
Where hope, grace and sweet memories beam

God Almighty thank you so much for this gift
Bless us all and let us show our humble gratitude
We are lucky to have a circle of hope and strength
With family, friends and loved one's joy renewed

Dear Lord, please send your splendid blessings
Your amazing love, care, grace and sincere joy
And guide our steps each and every day until the end
So we can cleanse mind, body, heart and soul to rejoice.

***Written on the 6th Anniversary of our Beautiful and Blessed Home***

Seema Chowdhury
January 16, 2018

Seema Chowdhury
A Prayer For Peace And Tranquility

My Gracious God
Please begin my day with tranquility and joy
Help me to heal with peace so I can always enjoy
Your love and care, your happiness and hope
That can wipe my bitter tears of pain and mope

My Merciful God
Please help me to solve my troubles and pain
Wipe my inner darkness with brightness rain
Clear my path from potholes and heavy heart
And give my life a new and a meaningful start

My All Knowing God
Please fill my heart, my soul and my mind
With grace, hope and kindness of all kinds
And let me be the source of love for all
To spread peace and build happiness wall

My All Listening God
Please listen to my humble prayers today
Cleanse my soul of pride's dust and clay
Let me be the source of positivity and love
And send me healing from heaven above

My Most Forgiving God
Please forgive my sins and daily mistakes
Give me the strength to courageously face
All tests of time like a winner to enjoy
And put tranquility balm of a blissful joy.

Have a nice and a blessed weekend!

Seema Chowdhury
A Prayer For Wardah

You are the moon
You are the star
You are our bird
Who's smiling from afar

You are our love
You are very dear
You are an angel
Of love, joy and care

May God Almighty
Showers His love
May our Gracious Lord
Protects you from above

May all pain and sigh
That surrounds you now
Fades away quickly
And brings peace bough

Love you Wardah Sweetie Get well soon
May God Almighty protects and help you in every step of your recovery
(Ameen)

Seema Chowdhury
May 25, 2017

Seema Chowdhury
A Prayer For You

Everyone needs someone nice
Who is considered and kind
Who can share all problem
And give you peace of mind

Someone special who is bestowed
With God given gifts
And encourages you whenever
You need an uplift

You need someone who is caring
On whom you can lean
Who will listen and will give you advice
Without being selfish and mean

So today you both should be happy
And thankful to Gracious God
Who joined you together
In an unbreakable chord.

In the strong chord of wedding
That is a gift of God
And has given to all those
Who are dear to the Lord

So may God always strengthen
This binding of your love
And give you unaccountable blessings
More than you both deserve.

Happy Anniversary Sister! ! !

Seema Chowdhury
A Prayer From God

God
Please grant me
Some peace and rest
Because
I desperately need it.
As my life is slipping by
And
Much time has already been lost-

I want to come out
Of this frustration
And want to
Heave a sigh of relief
For the fear of loss
And negativity of life is
brushing dark strokes
On the canvas of my life.........

Seema Chowdhury
A Prayer From Lord

Lord give me your love and peace of mind
Show me your path that is nice and kind
Because today i'm leaving all decisions on you
As you're the surest guide in my view

For me all doors are blocked right now
I don't know what, where and how
But candles of hope are dying down
And mistrust is ready to wear the crown

And I feel as I'm stuck or lost
In a huge woodland that's filled with frost
where words of sympathy are still unknown
And that's where I'm wondering alone

So Lord please give me the calmness of sea
And take away my pain and set me free
So I can come and knock at your door
And get my answers from trust, faith and more

And now dear Lord in the end I'll pray
Please listen and answer to my prayers today
I'm looking at you with a wishful eye
Please don't let me down or else I'll die.

Seema Chowdhury
A Prayer To Start My Day

God cover me with your mercy and grace
Spread around me your graciousness trace

Hold my hands and guide my way
To cleanse my heart and soul today

For life is hard and confusing at times
When I need to hear serenity’s chime

Especially when I'm struggling to meet a goal
And watch things slipping through mope's hole

God please help me to smoothen my way
So I can close my eyes and feel your mercy today

Where I can envision my steps to reach you
To find peace of mind that brings me joy true

I wish to create a reality in my life
And learn in this world of anxiety to survive

And look at up to you to hold my hands
To walk me through this troublesome land

So I can cleanse my soul and heart
To enjoy once again a pure new start

Where I always find a door to come to you
To share my confusing thoughts with you

Please God cover me with your mercy and grace
And spread around me your graciousness trace.

Seema Chowdhury
A Precious Gift Of God

I still remember those days when I use to cry
And use to pray to the Lord of the sky
To bestow his blessings and help me to find
My way I had lost in the flow of world's bind

God Listened and listened and then one day
He told me that I should not feel grey
As tomorrow he'll help me to bring treasure
That can help me to bring joy and pleasure

And then one day when I went and asked
Lord of the sky to perform his task
He told me to enter the door of prayers
Where I can find all love and care

And then I entered in the green meadow
That was surrounded with Lord's caring shadow
Where seven nice angels were doing their task
So I looked at them and then I asked

God who are they and what are their names
And how come they all looked the same
God smiled then said they are my dear
Nice little angels who take your good care

Who are honest, sincere and kind
Whose presence provides you all peace aof mind
And further more Lord said they are the one
Who know exactly how things should be done

And they carry with them the gift of hope
That keeps you away from tears of mope
And then God said and now you have seen
Nice little angels all standing in green

So pick one of them that you tyhink in life
Is surely needed to happily survive
I thought and thought and then atlast
I went and asked Gracious Lord very fast
Which one do you think is best for me
Who knows how to help and make me free
God thought and then showed me a name
That seemed familiar and looked the same

To all those angels I saw in the meadow
Standing under Lord’s caring shadow
That name was created by taking all seven
Nice little creatures, created by heaven

That name was BROTHER that is still rare
That always bring me happiness and cheer
So then I smiled and thanked dear Lord
Who knows and helps me in situation odd

And gave me such a precious and nice gift
That gave my life a brighter lift
So now from him I wish and pray to God
To bestow his blessings on him as a reward.

Seema Chowdhury
A Promise Of Care

I cherish the love that we have
And wish to take a promise of care
For our love flows freely with a smile of joy
And that is what makes it lovely and dear

For you have an endless supply of love
That is unconditional and very sweet
That makes every moment special my friend
And a beautiful and magical never ending treat

I want to hold your hands forever
And wish to share my fear and sorrow
And hope to grow old with you
And spend together each of our tomorrow

We both promised to each other
And took a pledge to strengthen our love
For love is an amazing bliss of God
That is sent from Lord from heaven above

I just want dear to tell you today
How lucky I feel to be with you
For your warmth and affection is very special
That makes our promise of care true

I hope, wish and pray to God
To keep this bond of love strong
And hand in hand we can forever walk
Singing beautifully our lives song.

Happy Valentine's Day Sunny

Seema Chowdhury
A Puzzling Twist Of Life

Don't get locked in the
Puzzling twist of life
For life is a never ending
Pain and joy drive
Where many intervals come
In which we can find
Things that bring joy
Or thoughts that're unkind
So don't lock yourself
In this puzzle of time
Just learn to bravely flow
With on going life's rhyme.

Seema Chowdhury
A Quiet Chat

A Quiet Chat
With
My thoughts
And my mind
Always
Helps me
To take off my burden
And my load
And
Show a bright sun
Shinning for me
And
Opening a new horizon
Vast vary vast...

Seema Chowdhury

Seema Chowdhury
A Race

Life is a race
Against time
Where by gone days
Do not come back
And life becomes
An endless parade
Of ordinary days.....

Where we have to have
A realistic thinking
To create a pure heart
And heal our grief
And we have to learn
To teach a unit of living life
In the real world.......

And in this life's race
We have to learn to overcome stress
And fight against the reality of life
And try to turn the wheel of pain
To see a fresh beginning
And a magnificent start
Of a new and happy race..........}

Seema Chowdhury
A Rainbow Shell

So many colors are peeking from
The opening of the rainbow shell
So many joys are waiting to
Lie in the place where I dwell

So many rays of sunshine
Are there to surely tell
That they all do love and care
And they have come to wish me well

And this is all because today
I got a gift of the rainbow shell
That is God's loving gift
That is spreading joy where I dwell.

Seema Chowdhury
A Rare Diamond

You're a rare diamond of my heart
I love you my dear little sweetheart

For you are a precious stone of my life
Without which I feel incomplete to survive

I love you because you are a gift
Who came to earth for my uplift

Because you gave me a lesson of love
That is a blessings of heaven above

And you taught me to walk on the way
Of smiles and cheers for each day

And its shown that in the face of thine
God has proved his powerful gracious divine

I Love You Uzair! ! !

Seema Chowdhury
A Rare Gem

You are a rare gem of my heart
I love you my dear my little sweetheart

For you gave me those eyes to see
To find that path on which joy's key

Can be found and that is worth
And most rare thing on God's earth

You gave me a precious gift of a smile
To walk hands in hands with it for a while

And you showed me how to brightly wear
The magical mask of love, joy and care

And its shown that is the face of thine
God has proved his powerful gracious divine.

I Love You Danny! ! !

Seema Chowdhury
A Rare Investment

Life is not a game for a day
It's a series of investments in a way
Where both things mean profit and loss
Are given to you without any cost

So work hard in this game of luck
And don't waste it even for a million buck
For what you'll gain today in life
Will help you till your end to survive

So look forward to seek the advice
Of someone older who is wise
About the place where you can set
Returns on your knowledge and wit

And once again I'll tell you my dear
Is that don't waste time and take good care
For this rare investment that you'll make today
Will help to brighten your whole life's way.

Seema Chowdhury
A Rare Ornament

You're a rae ornament of my heart
I love you my dear my little sweetheart

For you are a darling angel my love
Who is surely sent from heaven above

I love you dear for what you are
Because for me you are a star

A precious star of hope and care
That surely for all is very rare

And that's why whenever I look at you
I see hope's ray snad its hues

And its shown that in the face of thine
God has proved his powerful gracious divine.

Love You Usamma! ! !

Seema Chowdhury
A Rare Pearl

You are the rare pearl of my heart
I love you my dear my little sweetheart

For your presence gives me plenty of joy
With which I play like a toy

And I love you because you're worth while loving
And I love you and its true what I'm saying

I love you because you appeared as a sun
Which cleared my life's fog and dust ton

And you came to me as a flower in bloom
And filled my life with joy's perfume

And its sghown that int he face of thine
God has proved his powerful gracious divine.

I Love You sarah! ! !

Seema Chowdhury
A Ready Smile

In agony and frustration
When hope seems fading
And
Leaving you alone
To face the longest day of life...
Then
Don't step
Or ever drop
Even a tear of despair
But
Try to find in that moment
A tiny beauty to look at
To bring you
A ready smile-
A smile of welcoming hope............

Seema Chowdhury
A Real Moment Of Connection

We all have poignant stories and sadness of our own
We bear distress and doubts and we quietly mourn

We all have to walk through dark tunnels in this life
Where bitterness and scary moments sure do survive

But in such a time don't give up, slow down or just quit
We know that life is not always fair, easy or a perfect fit

So we all have to humbly pray and ask our Dear God
To lit a candle of hope and connect us to joy's chord

Just accept all that come with serenity and peace
Don't grieve or show anger just gracefully there freeze

Pray to the Gracious Lord and try to connect with Him
Moment by moment and step by step with care and Vim

The process of healing is very long and bitter at times
So have lots of patience and with grace sing hope's rhyme

And open your heart, your mind and your beautiful soul
And let them absorb sunshine to wipe away pain and dole

Just make a real moment of connection with our Dear God
Who is our Gracious, Merciful, Caring and Beloved Lord

Who can help and hold our doubtful and shaking hands
And walk through dark tunnels with unbreakable hope's band.

Have a Nice and a Blessed Day!

Seema Chowdhury
A Real Tonic

Hope
Is the real tonic
That
Gives you the courage
To
Lit a candle
In dismal dark.........

Just stick on to it
And see how
with courage
You can rise agin
Every time you fall
And how obstacles
Will vanish.........

Only and only
If You will learn
To carry away small stones
From your life
With the gift of
Faith
Courage
And
Willingness to persist.........

Seema Chowdhury
A Real Winner

You're a real winner
Only if You know
How to Swallow
The harsh
And bitter words
Of reality
And with courage
Look at the true
Picture of life........

For it is time now
For the cup of life
To brim over with
Joy and happiness
Warmth and love
Hopes and desires
And much more.......

For God Almighty is there
Who listens
And knows it all
Who is waiting
With open arms
And cozy hug
And heavenly help
To make you
A real winner today
In life's race............

Seema Chowdhury
A Reason To Live

God gave me his most precious gift
In the form of you for my uplift
For you both are the shining stars
That lives inside me even though you're far

I don't find proper words to tell
How very much I wish you both well
For you are the guiding star of my life
Who exist inside me and In me survive

And that's why I always say it is true
That the most important reason in my life is you
For both of you're for me a precious gift
Who live inside me for my soul's uplift.

Love You Sarah & Danny! ! !

Seema Chowdhury
A rewarding friendship is the one
That doesn't need
Voice to speak
Tears to cry
Smiles to enjoy
Or
Words to express
Because
It's all there
It just needs
To be felt
Deep down in the heart
With a touch of
Love and care
And above all
Truth and sincerity...........

Seema Chowdhury
A Road Way To Follow

Follow a path that you think is right
And do it all with a thought bright
And try to bring happiness treasure
For happiness is what brings you pleasure
And try to spread smile in the way
And do it in all your days
And find a road way to walk
And open this joy's treasure's lock
By spreading smiles and joy for all
Before you get from God your call.

Seema Chowdhury
A Rough Patch

Get through a rough patch
That appears in your life
With Confidence and courage
And trust yourself
To make your life work.....

Learn to identify
A purposeful and a positive path
And deal with anything
That life throws at you....

And be determined and steadfast
And don’t let your thoughts
Change with the wind
Or abandon you and your soul...

Learn to be open
And be in touch with your feelings
So you can find more opportunities
To participate in your life
With additional emotions,
Value and interest......

Seema Chowdhury
A Sad Thought

Whenever I sit for a while
Under the great shining sun
I feel as if it is just
For a moment or two's run

For not very long in life
I can wish or hold
These blessings of my God
For then soon comes the cold

The cold wind that really blows
High above the sky
From where it brings me
The troubles of pain and sigh

And then it leaves me to
Mourn and cry for a while
And this sad thought really
Takes away my innocent smile.

Seema Chowdhury
A Second Chance For A Dream

Speak in silence or aloud
To your Gracious God
Who knows and sees it all
As He is your Almighty Lord

Who gives you a second
Chance for a dream
Who smoothen all your
Trouble and scream

And gives you His bliss
In the bowl of love
And flash happiness
For you that you deserve

Just ask Him to
Hold your hand
And hug you tight
For He understands

And fill you with
Joy and mirth
And give you a reason
To be on the Earth

And color your days
With the rainbow shine
And flip bad days
Quickly to fine

And give you a second
Chance to dream
And fill your life
with His love's beam.

Seema Chowdhury
A Secret Sorrow

A secret sorrow
Inside my heart
Always gives me pain
And doesn't let me
Think or see
Beyond
The thick mist and fog-

I want in my life
A clear sky
And wish to say goodbye
To negative thoughts.....

And wish to welcome
A bright new dawn
Of hope and smile
And want to fill
My life's petals
With
A rare fragrance
Known as Splendid Happiness......

Seema Chowdhury
A Secret Wish

A secret wish will be granted
Only if you can ask god
And request him to stick with you
In thicks and thins and odds
For only with prayer's heap
You can get the reply
Of whatever is bothering you
And the answers of your why
So ask your God dear
To grant you from his bliss
The hopes 'n answers you need
Through the door of secret wish.

Seema Chowdhury

Seema Chowdhury
A Sense Of Excitement

Whenever you are excited
Notify your face
And
Let your smile
Lead your way
And
Let others share
This sense of excitement too........

For life is a meaningful project
Where corner stone of all success is
willingness to pursue
And
Positive actions........
That brings
Positive vibrations
And excitement in our livess...

Seema Chowdhury
A Shadow Of Doubt

As the months in my life's planner
is flipping over
I realize
I have lost my dream
My hope
And my promises
That I made to myself
And
I'm isolating myself
From everyone and everything......

For I only see
A shadow of doubt
Bugging me
And bringing the stormy clouds
Over my life
Where bitterness and hostility
And untrapped anger
Is tangled in a web......

And I feel under
The crushing weight
Of uncertainty
And negative feelings
That is creating disruption
In my life
And I hear the sound of panic
Erasing my bits and pieces
Of happy memories......

And in all this I see
My cares and troubles of the day
Floating out and taking over
My nagging and doubtful thoughts
And burying me deep
In the shadow of doubt......

Seema Chowdhury
A Significant Thought

Life is a movie
Of joy and pain
That's coloured with the hue of
Sorrow and fain
So pick bright colours
And use it all
To make life happy
With joys even small
Because this is a
Significant thought
With whom everywhere
Happiness can be bought.

Seema Chowdhury

Seema Chowdhury
A Silent Company

Whenever I cry
They listen to me
And lend me ears
So I can feel free
And pour out all
That is bothering me
So I can feel
After that free
Yes that is right
I'm talking about dear
My silent company
That are my tears.

Seema Chowdhury

Seema Chowdhury
A Silent Follower

Tears are the
Silent followers
As they are blind
And cannot see
For themselves
So very quietly
They just
Follow the path
After
Grief
Pang
Sorrow
And
Hurt....

Seema Chowdhury

Seema Chowdhury
A Silent Hug

Sitting alone
And peeping
Through the memories
With the blurry eyes
The things
That I missed the most
Were the strong shoulders
Of Mom and Dad
The loving touch
And the silent hugs
That they offered
Without hesitation
Whenever I needed......

Seema Chowdhury
A Silent Pattern

Sometimes
I feel
As if
I'm stuck
In a silent pattern
Where
I get no chance
To
Word my thoughts
And for that
I have to
Struggle
And suffer
And
Take a forced journey
Off course and off coast...........

Seema Chowdhury
A Silent Thunder Storm

I don't want to
Think about it
I
never want to
Feel that pain
Again
Because
It freezes me
And
Takes me back
In the darkness
Where
A silent thunder storm
Is
waiting for me
And
Where
I heard a roar
Of ominous silence
That covered my life
With the net of fears
And fright......

Seema Chowdhury
A Simple And A Sincere Thanks

Lose yourself in deep divine love
Take a stand on the path that is right
God is the only source of security and peace
Seek His help in all that you do

Be steadfast and say your prayers regularly
Don't let anything ever come in the way
Stay away from sin, pride and evil deeds
Say a simple and sincere thanks every day

Let go of the burden you are carrying
become a true and faithful child dear
For the Lord is watchful of humble servants
He is all-hearing and all-knowing who cares

Build your life on the foundation of love
Find signs of hope even in the smallest things
God Almighty sincerely paves the way for us
And swaps our pain into smile and peace ring

Just don't lose hope and continue to pray
For God brings healing in His own time
Discover truth and stand on the right path
Sing Lord's praises and thanks rhyme.

Have a blessed Day!

Seema Chowdhury
October 16, 2017

Seema Chowdhury
A Simple Question

Can I get
More milage of joy
To enter
Right into
The running game of life? ? ?
Where
sweet songs are sung
To make
Every day life
More fulfilling
And
Worth living? ? ?

This is a simple question
Of my life.............

Seema Chowdhury
A Sincere Advice

I'll always remember the twenty second day
A special day in the month of May
When a very nice thing was said by my Bro
Who is kind and sincere and to whom I owe

he told me that don't expect anything
For life moves in a never ending ring
So be nice with others and then forget
With anyone you know or you ever met

For all the things that life gave us
Knottiest of them is to gain someone's trust
As trust is the basis of everything
Along with honesty that comes in a ring

So do good and give kindness to all
But don't let anyone's trust ever fall
So Lord can send his blessings and love
Especially for you from heaven above.

Seema Chowdhury
A Sincere Desire

A prayer is a sincere desire
Of which all humans are the buyers

For none is rich and have it all
For prayer is a gift that's way is small

For all we wish to have my dear
Is known to God who takes over care

So just hang on to hope and ask
And sure God will then do His task

For all the things that God Have made
Out of them prayer's wade

Clears all the trouble from the way
And bring for us a perfect day.

Seema Chowdhury
A Sincere Good Luck

When sincere words are said in an art
They come running straight from the heart
And are surely very sincere, nice and true
And clear just like a morning dew

Never feel scared while taking a test
Just think it'll be always for the bst
So don't let things to come in your way
Believe in whatever you do and say

And don't ever let any fear to grow
If things don't go according to your flow
And face everything with courage and faith
And don't haste as it makes a waste

So today when you go just have faith in you
And think that you know and you can do
And don't leave your mind to take any rest
Unless you're fully done with your test

And no matter what just remember you'll stay
In my prayers whenever I pray
And goodluck is what I meant for you
And that's a wish that's sincere and true.

Seema Chowdhury
A Sincere Goodbye

It is hard to say goodbye with smiles
When someone nice is going away miles

Even though today we are all in mope
But any way we shouldn't lose our hope

as hope is a candle taht always burns bright
And shows you the way that surely is right

And I think you know everything we share
is certainly very special and rare

So we wish you a life that is free of sorrow
And the path of troubles is always narrow

And today you are going very far my dear
But our prayers are there so don't you fear.

Goodbye Friend! ! !

Seema Chowdhury
A Single Grain Of Sand

Even a single tiny grain of sand
That's spread all over on the land

Can surely teach you my dear
That's surely novel and rare

For everything that is present on earth
Holds value and is worth

And reflect to us gracious God's beauty
And shows how its performing its duty

So always remember and try to learn
How for yourself you can earn

Faith and trust on your Lord
Who is ther creator and the God.

Seema Chowdhury
A Sister Is Special

A sister is special
And that is true
For all the things
That she wishes to do
To make you happy
And inside glad
And change for you
Things all bad
A sister is a pal
A sister is a friend
With whom you don't feel
Any need to pretend
For your pains and joys
To her are known
And she thinks of them
As her own
So thank god for
Giving you a gift
In the form of a sis
For your uplift.

Seema Chowdhury

Seema Chowdhury
A Small Gift

When you are happy
And glad in heart
Then this happiness
Gives a start
To another joy
And some fain
And you get rid
Of troubles 'n pain
For happiness transforms
And excitement of mind
Is what we get
That is special of a kind.

Seema Chowdhury
A Smile Of Care

It takes two little smiles of joy
It takes two little hearts to enjoy
Whatever is given to you
From God's path way that is true
For life's gift is given by him
So enjoy everything with a vim
And thank God for being so kind
And for understanding your mind
And let your eyes only see
What is here spread for thee
And let on it you walk dear
With a joyous smile of care.

Seema Chowdhury
A Smile Of Delight

To brighten up the world
Turn on your light
The light of care
And the smile of delight
So the world can be
A place of cheer
Where kindness is found
In all life's layer
For world now needs
Someone who is kind
Who loves it all
And do it with mind
And brighten up the world
By turning his light
The light of care
And a smile of delight.

Seema Chowdhury
A Smile Of Gratitude

Pay off gratitude with a hug and a smile
Let other know that their kindness pile
That they showed earlier to you
Means a lot and is surely true
For love is kindness 'n kindess is love
And all human beings really deserve
Few words of sympathy and care
And few moments with others to share
So when you're shown any of this
Then accept it as god's loving bliss
And pay off gratitude with a smile
That is shown to you in trouble's pile.

Seema Chowdhury

Seema Chowdhury
A Smiley Day

Wear a friendly smile of joy
And learn with it to enjoy

The sunshine that's present here
And fill things with joy and care

And learn to make in your way
Each life's moment a smiley day

So when you're done and through
It leaves behind fond memories for you.

Seema Chowdhury

Seema Chowdhury
A Smiling Face

When we look at the world with a smiling face
Then surely it clears all from our pace
Any dust or any glimpse of pain
And shine just like sunshine after rain

For we are not completely dressed up till
We put on smile with our will
On our faces in the hour of need
To show we can smile to clear the weed

That is spread out all over in the way
And stop us from saying what we want to say
Specially when we see any glimpse of pain
And wish to see sunshine just after rain

So the best way to handle any problem in our pace
Is to smile and smile with a smiling face
And then trouble will clear up like weed
But for that smiling face is what we need.

Seema Chowdhury
A Soft Sigh Of Spring

Let the warmth of spring enter
Into your life my dear
Peel away the darkness of winter
And look in with smile and cheer

For spring is a season of rebirth
When we take soft sigh of peace
And get ready to enjoy colors
That's sent by God to cease

To cease the troubles and darkness
And swap it all with joy
The joy of love and care
That's there for all to enjoy

Where we can dream and see
Our dreams taking shape right
And spreading happiness around
By bringing the gift of life bright

Where flowers bloom and spread
Its fragrance all around
That spins the world with joy
In life's merry go round

And when spring rain comes
It washes away and drain
And let us sigh and relief
The tears of ache and pain.

Welcome Spring 2010!

Seema Chowdhury
A Source Of Bliss

Thanks is a word that is small to say  
But carries a whole world of meanings in a way  
For it describes all your loving acts  
And your gift of care and that's a fact  

For the small act of kindness like this  
Really comes down as a source of bliss  
And tell us that now we must gather  
All this in one place all together  

Because as long as there are people who care  
Who lend to others their sympathetic ear  
To listen and then give perfect advice  
Are surely called both nice and wise  

For its just that in a little time  
They teach us to sing life's harsh rhyme  
And tell us that now we must pray  
From God who surely answers in this way  

To help us out in this trouble's hour  
And grant us the courage and the power  
To understand that this is the world of test  
Where we must face all problems with zest.  

Seema Chowdhury
A Source Of Contentment

Let your life
Fainly dance
On the edge of joy
So, It can leave behind
A treasure of happy memories
Which can be
A source of
Contentment
Delight
And Love
Forever
And ever...

Seema Chowdhury

Seema Chowdhury
A Source Of Gain

Consider your loss
A source of gain
Consider life's toss
A source of fain
And then you will
Know how you can
Easily kill
The sorrow's plan
And can see
How on earth
You can be
Of any worth.

Seema mChowdhury

Seema Chowdhury
A Source Of Hope

This world is nice with people like you
Who make it nicer by things you do
For every act of kindness that you show
Helps to smoothen others life's flow
And always with your thoughtful deed
You come forward and plant a seed
Which grows out and become a tree
Where hope is allowed to roam all free
And that's why I think you're a strong rope
Who is really a true source of hope.

Seema Chowdhury

Seema Chowdhury
A Source Of Wonder

This world is a toy
That gives us joy
And show us ways
In all of our days
To learn something new
That brings happiness true
For it is ofcourse
A wonderful source
To spread little smiles
For all for a while.

Seema Chowdhury
A Spark Of Life

You're the bright spark of my life
With which i feel proud to survive

For you're my life's most important part
And you have a special place in my heart

I remember the days we have spent together
Like good friends when we always gathered

Rays of joy and hope of sunshine
And always drunken the joy's wine

Sometimes I dearly miss all this
And then ask God to send his bliss

And always keep you safe in his hand
So you can live happily on this land.

Seema Chowdhury
A Special Friend

May every step of your way
Be smooth and sound I really pray
So no glimpse or any blue
Can come down to block your view
I hope and wish may every dawn
That appears may bring the morn
Where bright sun shines on the sky
And show you paths to success high
And I wish all these things for you
Because I care and that is true
Because you are a special friend
Whose care has no bound nor end.

Seema Chowdhury

Seema Chowdhury
A Special Gift

It's a joyous call  
From us, Mom and Dad  
Who are blessed with  
A baby glad  
A gift for us  
was sent to this Earth  
From the gracious God  
At our son's birth  
Please send your love  
Your prayers and all  
For our little angel  
Our sweet baby small.

Congratulations sonia & Riyad bhai

Seema Chowdhury
A Special Magic

When you are upset and sick at heart
And everything feels falling apart

Then instead of feeling down indeed
Look for the kind and a thoughtful deed

And use that very special magic
that surely can overcome your tragic

And make all things seems worthwhile
And share all your trouble's pile

And can bring you all kinds of peace
That know how to overcome and cease

Your troubles and then bring you light
And tell you the day ahead is bright

And let you sing hope's joyful song
Which can help you when things go wrong

And that very special magic is smile
Which make all things seems worthwhile.

Seema Chowdhury
A Special Plan

Color your life with smiles and joy
And learn more art to enjoy

For true picture of life is sad
That makes you feel little bad

So follow through a special plan
And learn to drive smile's van

And within life's circle try to find
A happy period for heart and mind

And when you will do all this
Then surely will fall God's bliss

And you'll find in your way
Some more Joyous smile's day.

Seema Chowdhury
A Special Prayer

Please God, let the opening lines
Of my life’s journey be extremely lucrative
With lots of perk and smiles
Where I realize that this is a terrific chance
For me to believe in myself
And feel the energetic shift
In my mind and soul
To maintain my commitment
To be aware of my own existence,
Sensation and thoughts..........

Please God, help me to end my struggle
Between despair and hope
And let me feel the smile and sparks
That can set me free from the shackle
Of continued pain and fear
Where things are defined by moments
And dreams are reflection of reality
And when my journey leads me to destination
I arrive without regrets and remorse
wrapped carefully in the warmth of your love........

Seema Chowdhury
A Special Touch Of Kindness

The flower of kindness
Can never die
For its like a bird
That can surely fly
On life's sky
Of love and hope
Where no path
Is made for mope
So show it to
All dear much
For it surely gives
A special touch
That is remembered
Warmly by all
Like survival's path
In life's hard walls.

Seema Chowdhury
A Special Tree

Another day, another year
Another reason, another care
Another laugh, another cry
Another tear of joy and some tries

Life gives us so many reasons
To enjoy the beauty of all seasons
For they all come and they all go
And leave nostalgic memory's show

Where we all dare to dream
And learn to enjoy happiness beam
And look upon the horizon for hope
And watch ideas turning into reality's cope

And then we start another day
With hope and challenges that comes in our way
And learn to jazz up our life
By spreading happiness along the drive

And send each other the gift of love
That is a blessing of heaven above
And share all our smiles and tears
And show them how much we care

For we are all branches of a special tree dear
That holds us closely together with cheer
And with compassion and everlasting love
Bless our lives with prayers of heaven above.

Thanks for your support and for nurturing our souls with unconditional love.

Seema Chowdhury
A Splendid Gift

Within the reach
Of every hand
God has kept
Some splendid gifts
That
We've to discover
And then own it
As ours
Today
Tomorrow
And always-
To have a wonderful life
Together.........

Seema Chowdhury
A Story Behind A Story

As life's story takes a turn
We see a new story
Hiding behind another
With some old patterns
And some cheerful colors
Of silent emotions...

Where no one can stop the clock
Or even get more needed time
To find the answers
Of the inevitable questions
Where sometimes eyes swim in tears
And we feel emotionally abandoned
And deeply hurt
And cross happiness out of our lives...

But then all of a sudden this pattern breaks
And outside the life's window
We see a glimpse of brightness and soft light
Beaming and gleaming on the long road ahead...

And we learn to unlock the gate of choices
With mingled feelings
And find the answers to share a bond
Full of hope and and ideas
To engulf the story behind the story
And learn to smoothly run with the moving traffic
Along the freeway of life.....

Seema Chowdhury
A Story Without An End

Life is a story of agony and pain
Where trouble's dropp like clouds of rain
And fill our life's path and road
With huge bar of sigh and load
For life is like a merry go round
In which at intervals, troubles are found
With tons of pang and distress in the way
That takes away brightness from our day
For pain is a story without an end
Where life seems cracked and bent
For it fills mist and fog in our lives
With which we're all bound to survive.

Seema Chowdhury
A Strange Things

The cycle of life
Is very strange
And it is very
Hard to arrange
For thousand of things
Both good and bad
Is waiting to appear
Some painful, some glad
Where every journey
Of our life starts
Right from the center
Of our awful heart
Where we are given
A chance of dealing
With a strange thing
Known as FEELINGS
that now I think
Is a thing of pain
that burns your soul
And keeps away fain
And forces you to
Change your life
For people around you
With whom you survive.

Seema Chowdhury
A Streak Of Good Luck

Good luck is a small word to say
But it carries a huge world of meanings int he way
Becaeue it is the gift that can never be purchased
Neither be bought, nor be replaced

So I wish may in lif whatever you do
You never find any path blocked or blue
And may everything that you ever say
Be given to you from God's bliss way

For only people with determination my dear
Are granted victories from ways taht're rare
So never stop or think of taking any rest
Just keep on going and try your best

And then leave the rest to your God
Who'll doube your effort and will give you reward
And will grant you whatever he thinks is best
Not only in this but in both world's test.

Good Luck sabeen! ! !

Seema Chowdhury
A String Of Blessings

I know you are always with me
And that's why only on thee
I lay my trust and I wish
And hope for your love and bliss
Dear God oh my sweet Lord
Please give me a string of blessings rod

I love you God for all you do
You always help me when I feel blue
And you show me how to bear
Life's hardships without any tear
Dear God oh my sweet Lord
Please give me a string of blessings rod

And I always have on you my faith
Because you make me feel great
And you always do nice things for me
That's why I lay my trust on thee
Dear God oh my sweet Lord
Please give me a string of blessings rod.

Seema Chowdhury

Seema Chowdhury
A String Of Pearls

Make a string of pearls
With the beads of
Sincerity
Truth
Trust
Sacrifice
And
Love
And give it to all to wear
Because
One size fits all.............

Seema Chowdhury
A Sweet Fairy

A fairy sweet and a fairy bright
Comes to us and bring us delight
And shows us the way to heaven above
Where God's blessings and God's love
Is present and is ready to be bestowed
And all prepared and saved to be towed
By sinful and weak human beings
Who are all very selfish and mean
Oh God Oh my dear Lord
Forgive us please even our odds

And God has created all these meadows
Where we can sit under their shadows
And watch bright sun at dusk and dawn
And see night appearing and disappearing at dawn
Oh God Oh our precious Lord
Forgive us and please even our odd

And God is the one who sends us rain
And the bright sunshine and with it fain
And beautiful butterflies who brings for all
A message of hope in our distress and fall
Oh God Oh my dear Lord
Forgive us and please even our odds.

Seema Chowdhury
A Sweet Passion

Thinking of you
Always gives me
A new path to walk on
And
A new topic to talk about
As it always leaves behind
A treasure
Of nice feelings
And
A sweet passion
To be cherished
And remembered.......

Seema Chowdhury
A Sweet Surprise

Let sweet surprises
Fill your day
With love and joy
In your way

And let it give
You fain and pleasure
That fills your life
With happiness treasure

So spread your wings
And try to gather
And walk hand in hand
With joy all together

And learn to live
In each of your day
With love and joy
Throughout your way.

Seema Chowdhury
A Symbol Of Happiness

Make up each day
A day to be cherished
And
A day to be remembered
As
A symbol of happiness
Where
Everything be
In a great shape
That adds
To your life's value........
Just change your attitude of mind
And your view of life..............

Seema Chowdhury
A Systematic Approach To Life

1) To live in this uncertain and changing world you need to organize and adopt a Systematic Approach to Life.

2) You have to learn to handle the emerging needs and manage ways to solve the struggles of the real life.

3) No one except for you knows what you need to generate positive and unique results. So work hard and sharp and know yourself thoroughly.

4) This is an ideal world to learn, grow and flourish. Build a strong foundation for success.

5) Ask yourself, ‘What is important in your life?’ Based on your answer, assign value and prioritize your To-Do list.

6) Develop your sense of purpose and believe in yourself. Be fair and just in your dealings and be the guiding star.

Seema Chowdhury
February 1, 2018

Seema Chowdhury
A Teller Of Tale

I'm the teller of this tale
I'm the one who will unveil
The secret layers that're deep
That always make us weep
I shouldn't say but it is true
Life has hard and troubled views
That never let me enter the gate
Where I can find peace and faith
Also I feel sometimes I am caught
In breeze layers that are hot
That always show me the end
Where happiness' pace seems to bend
But then all of a sudden dear
From very far a voice I hear
That tells me to come to him
And promises to help with vim
And that surely is God's voice
That brings me mirth and rejoice
And tells me to bravely let out
All my troubles and my doubts
And just to turn to my God
Who loves me and is my Lord
And then I forget all about my pain
And again start enjoying blessing's rain.

Seema Chowdhury
A Tender Prayer

Dear God please listen and gently hear
Our humble and emotional prayers
We don't have words to say today
But you know what we want in our way

We want your love and your smile
We wish to hold your hands all awhile
And hope for us a better tomorrow
That is free of all kinds of trouble and sorrow

God we need your blessings and your love
And cool breeze of peace from heaven above
And hope you can nourish our soul
And protect us from the tears of dole

Please change our lives forever today
Spread happiness and peace in our way
And protect us with your kindness well
So we can serenely in here dwell

And see your miracles unfolding nice
And flow of your blessings twice
With the stream of love, hope and faith
Where easily we can enter in heaven's gate.

Seema Chowdhury
A Thank You Message

Its nice to know very nice to know
And for that too I surely do owe
A special thanks to all of you
For showing your care in wonderous hues

So I wish may happiness stays at your door
And bring you all life's joy and more
Because thinking of you in every way
Adds a sunshine to my rainy day

And I wish may flowery be the path where you walk
And prayers door be open whenever you knock
And wish that joy all surround you
And show you miracles in different hues

Because thinking of you in every way
Adds a sunshine to my rainy day
So I want to thank to all of you
For showing your care in wonderous hues

And I wish may your life have a sunny touch
And that is what you deserve so much
And for that to all I surely do owe
Because you all care and that's nice to know.

Seema Chowdhury
A Thankful Goodbye

Today I'm leaving so I want to say
A thankful goodbye to you in the way
Because I know I can never repay
Your love and kindness that brightened my way

You gave me so much of everything
I felt like a princess in the palace of a king
Where only came the season of spring
That made me feel happy and let my heart sing

You showed me beginning when I saw the end
And straightened my life from places bend
And played the role of both sister and a friend
With whom I felt no need to pretend

So today I'm saying goodbye to you my sis
I hope you must know how much I will miss
Both Sarah and Danny who're gifts of bliss
So I'm leaving them with my love and kiss.

Love You Baji! ! !

Seema Chowdhury
A Thing Of Joy

A thing that is
A source of joy
A thing that gives
A chance to enjoy

A thing that feels
Good and nice
Is all that I
Wish you, dear twice

I hope may you
Always see
Something nice
Reserved for thee

That surely gives
You joy and mirth
That makes all bright
God's green earth.

Seema Chowdhury
A Thought For Your Anniversary

Don't count your decade
By the days that fade
Don't count your years
By the falling tears

Don't count your weeks
By the days that were bleak
Don't count your days
By the trouble's ways

Instead count your decades
By the things you have made
Count your years
By joys and cheers

Count your weeks
When you helped out a meek
And count your days
By cheers and prayers

That was sent for both of you
Along with God's love that is true
Because you're starting another year
Of peace and blessings, love and care.

Happy 4th Anniversary Sister

Seema Chowdhury
A Thoughtful Message

The people who know how to share
The people who know how to care
The people who know how to give a smile
And share others trouble's pile
Are the real people who always deserve
God's love 'n bliss of heaven above
For in there way they always tell
How much for others they wish well
So for all those I wish and pray
That may god always show them way
That's filled with joy 'n the gift of love
For those are the gifts of heaven above.

Seema Chowdhury

Seema Chowdhury
A Tie Of Friendship

A friend is a treasure
A friend is a pleasure
A friend is a true gift
That gives our life a lift
For all our smiles
And our trouble piles
Are known to them
And with prayer's hem
They wish us well
Wherever they dwell
And that is why
Friendship is a tie
That give us pleasure
That is a great treasure.

Seema Chowdhury
A Tie Of Friendship And Love

Your warmth and affection is too much
To provide me dear a healing touch
Whenever I'm passing through a trial
And need a nice encouraging smile

For your gentle words are the seeds
On which all of your good deeds
Flourish and provide me the shade
Whenever I'm in need of an aid

And for that I can never repay
For all nice things that you say
That ties a bond of our friendship
That is expensive than a goldship

On which the wealth of love is found
That is rare on God's ground
And that's why I say your love
Is true gift of God's heaven above.

Seema Chowdhury
A Time To Care

Lets take some time to show we care
Lets come forward with others to share
Their smiles and their pleasures 'n fain
And all of their tears 'n pain
Lets show others our feelings true
Lets help them to smile in blue
And tell others that in every way
We want to share their thoughts grey
For when someone is feeling bad
And nothing is there to make them glad
Then we should take some time to tell
How much for them we wish all well
And when for others we do all this
Then God's neverending string of bliss
 Comes forward for us from above
To show us God's all care and love.

Seema Chowdhury

Seema Chowdhury
A Timeless Moment

A moment
In which you wish
For time
To stop
To cease
To freeze
To halt
To pause
And To stand still
Is A timeless moment...
In which you
Wish to live
All your joy's
And All your life's happiness
Without any fear...

Seema Chowdhury

Seema Chowdhury
A Tiny Word

Good words are like a string of pearls
That carries joy in all the curles

And bring to others to happiness door
Marked with joy, care, fun and more

So try to say nice things to all
Even if its a tiny word or small

For joy that will be left behind
Will surely spread happiness all kind

So put nice words together my dear
As it also shows how you care

And seek for hidden joy in curles
For good words are like a string of pearls.

Seema Chowdhury
A To Z Of Our Friendship

A- You amaze me with lovely surprises
B- You always believe in me
C- Your friendship changed my life
D- You deeply care about everything
E- You encourage me to grow
F- You are fun to be with
G- You are gentle and kind
H- Your hugs warm my heart
I- You inspire me to see world differently
J- You bring me smile of joy
K- You keep my hope alive
L- You always make me laugh
M- You mend my broken heart
N- Your good nature sweetens my life
O- You open doors of opportunity for me
P- Your presence brings me happiness
Q- You quickly hold my hands when I need
R- You are rare and precious
S- You are the sunbeams of my life
T- You wipe my falling tears
U- You understand me when no one else does
V- You value my feelings and care
W- Your magical wand brings me joy
X- You share my experience
Y- You are the most important part of me
Z- Your zest and love decorate my life.

Happy 16th Anniversary Sunny.
Thanks for being my life partner & my best friend.

Seema Chowdhury
A Token Of Affection

Affection is love, kindness and care
Affection is precious and above all rare
It brightens our very simple day
And show more nice and new ways
And tell that god has sent the gift
To give this world a brighter lift
Because it is what make us glad
And change all things that're bad
So that's why the most novel thing
That keeps on moving in never ending ring
That we can give to each other dear
Is a rare token of affection and care.

Seema Chowdhury

Seema Chowdhury
A Touch Of Encouragement

Every word of encouragement
Is a blessing my dear
It shows how well
We're loved and taken care

For each stitch that we weave
In the destiny of our lives
Takes us closer
To bitter reality that survive

For troubles will surely come
Not to stay but to pass dear
So we must learn to share
How to show our love and care

And be the pillar of strength
And the candle of faith and hope
That can reflect the light
And teaches to overcome and cope

For a touch of encouragement
Is surely a magic true
That can swap your tears
With smiles and joys new

And can show you a path
To walk and survive
And pass life's test
And learn the secret of your life.

Seema Chowdhury
A Touch Of Hope

A touch of hope
Is all
That I want
To
Have the courage
To live up to
And
Wish for tomorrow-

Where life is Now
And I want to allow
Good things to happen
And raise positive vibration

And put a spring in my feet
And take one step after another
And embrace the challenges
To enjoy
The thrill of Achievement--

Seema Chowdhury
A Touch Of Love

Give a touch of love
In everything you do
So you can always see
And have a bright view
Of never ending and long
Days of our lives
Where we all go
To take the morning drive
For love really blooms
Like a flower
That can take away
All glooms with its power
And make everything looks
Very fresh and bright
And very pleasing
To our sight
So give a touch of love
In everything you do
So you can always see
And have a bright view.

Seema Chowdhury
A Tragic Error

Why it always happens with me
That whenever I wish to see
A bright sunshine in my room
I'm left with the thoughts in gloom?
\Why it always happens with me
That whenever I wish to be free
Of the troubles that're grey
I see it crawling in my way?
\Why it always happens with me
That whenever I wish to see
Something nicer like a morn
My dreams fall apart 'n are torn?
\Why it always happens with me
That whenever I wish to be free
Of all my fears, doubts and terrors
I end up with some tragic errors?

Seema Chowdhury

Seema Chowdhury
A Trip

An enjoyable experience that I ever had in life
Was my trip to THANDIANI and its beautiful drive
The roads of that place were very narrow
So we drove very carefully by following the arrow

That place was full of grass that're green
That's why the spot is a perfect scene
Along with thousands of small flowing streams
That help in summer when weather is extreme

And the trees are huge with miles of shades
That comes in handy and acts as an aid
To all those birds who lie down there
And other small animals who love somewhere near

that place was calm and had serenity for treasure
That brought me tons of happiness and pleasure
And was open for all those who really adore
And are always ready to see some more

So whenever I don't have anything to do
I close my eyes and recall all that view
And thank God for giving me this opportunity to see
Nature's beauty without paying any fee.

Seema Chowdhury
A True Wish Of Heart

A true wish plays an important part
That comes right in from the heart

And say from us things we mean
To say to others with interest and keen

For true wish can enrich ones life
And brings happiness to all who survive

And be a friend forever in need
And perform for others good deed

And surely that is all very true
Specially when I'm talking about you.

Seema Chowdhury
Humming a tune of joy can go
A long way my dear so
When you're down and feel upset
Then don't ever in life let
The burning candle of hope to die
Or even a tear to dropp from the eye
Just hang in there with a smile
For it surely help to go for a while
And wait 'n hope to see the spring
Which has the power to soon bring
Everything shine with sunshine bright
And put it in their places right
So for that what you have to do in pain
Is to look for a tune of joy and fain.
A Turning Point

Drink deep from your life's stream
For the waves right now really seems
Flowing smoothly in the sea very calm
As if it was rubbing the balm
On the injured portion of your life
Which exist wherever happiness survive
And is telling never to fall in gloom
For one day flower of hope will bloom
And will show you the path that's right
That'll make you glow with happiness bright
And then all your worries and pain
Will be washed with life's joy 'n fain
Because that'll be the turning point of life
After which only happiness will survive.

Seema Chowdhury

Seema Chowdhury
A Unique Bond

What a unique bond
Gracious God has made dear
What a lovely gift
We have got of love and care

In the form of a Mother
Who takes away our fear
When we hear her comforting voice
In life's troubled layers

For a mother is someone special
Whose heart is filled with joy
And lots of sympathy and fain
And who constantly enjoy

Every act of her children
And makes happy memories from them
And always handle with love
And blessings of God's gem

And she is the one who shows
A window into a closed door
And digs for hope and smile
And the joy that is in fate's store

And she is the flower of love
From where flows honey and sweet
And she nourishes our lives
With her love, that's a special treat.

Happy 74th Birthday Mom & I love You! ! !

Seema Chowdhury
A Unique Chapter

Your entrance in my life
Was such a pleasant surprise
And
Such a wonderful treat
That now
I recall it all
As
A precious gift
In my life's story
Under a heading of
A unique chapter...

Seema Chowdhury

Seema Chowdhury
A Valid Bond

Look for the best in others
And try to always gather

The best you can ever get
In life’s way that is set

For marriage is a bond hard
That comes in a pre written card

And shows you a path so strong
To walk on dear that is long

So learn to walk on it
With the pleasure's kit

And look at the brighter side
Of life's area that is wide

Because this bond unites two
In a valid and strong love's hue.

Happy Anniversary Sadaf & Rashid Bhai

Seema Chowdhury
A Valuable Friendship

Road feels rough
And life seems tough
If no friends we meet
In life's way to greet
With a cherry smile
Who walks with us for miles
For with a friend's love
life banishes hard curve
And fill it with sunshine
For all with joyous wine.

Seema Chowdhury
A Very Special Memory

Whenever I think of you my dear
A very special memory comes that I share

With my thoughts all hidden in my mind
That are all very nice and kind

I really don't find words to tell
How very much I wish you well

And all nice things that I wish
For you my dear, my loving sis

I hope and pray wherever you go
May victories accompany you in life's row

And may all that you wish my dear
Be given to you through the years.

Love You Shanno! ! !

Seema Chowdhury
A Vision

Just now
A vision flashed
Across my mind
Showing me so much
In a moment or two
And
Then
In a blink of an eye
It disappeared
Leaving
Everything in mystery and silence........
Is this what life is all about? ?? ??

Seema Chowdhury
A Vivid Dream

A vivid dream
In which I saw
On the shinny sand
A reflection
A shadow
A remnant...
It was vague
It was ambiguous
It was a hazy shadow
Which was stuck
In the chain of loneliness
In the rope of seclusion
And
In the cuffs of pain's core
But
When I went near
I just saw
A piece of broken mirror
Reflecting my life's story.....

Seema Chowdhury
A Voice From The Past

A voice that always comes from the past
A voice that echos in this world vast
A voice that always tells me dear
To be happy in this nice world's care
Is surely the very precious voice
That reminds me to be happy 'n rejoice
And enjoy every moment of it
That comes in this magical kit
Because we have to carve out a life
And must learn with them to survive
Because life is going in only one lane
Where time never ever comes back again.

Seema Chowdhury

Seema Chowdhury
A Walk In The Woods

I wish I can take
A walk in the woods
And there I can
Take off trouble's hood
And cry there a lot
Where i'm alone
Where no one is present
To share my mourn
So on my return
From the woods
I feel free of
All trouble's hood.

Seema Chowdhury

Seema Chowdhury
A Warm Hello

A warm hello is sent your way
To brighten your heart and your day
And to tell someone cares for you
Who is sending wishes that are true

A warn hello is sent your way
To brighten your heart and your day
And to tell you're a very nice sis
Who knows how to bring the blessing’s bliss

A warm hello is sent your way
To brighten your heart and your day
And to tell surely you are the one
Who deserves most of life's joy and fun

A warm hello is sent your way
To brighten your hearts and your day
And to tell this is just a token of love
That is sent with many wishes and love.

Love You Sumbul Apa

Seema Chowdhury
A Warm Smile

I wish if more words I can find
To convey my feelings that're all kind
And tell how much I wish you well
And hope for happiness where you dwell
But it is not always that easy to find
The right word that is of such a kind
That it can easily for me convey
Everything else that I wish to say
So now what I can do for a while
Is to welcome you with a warm smile
And hope that may in your way
Only joys will come to forever stay.

Seema Chowdhury

Seema Chowdhury
A Wave Of Optimism

Let
The rising waves
of optimism
To float
Sail
Swim
Dive
Wade
And
To hug the shore
With
A tranquilized Motion.........

And let all
Get the splash
And feel the freshness
And surf in this wave
Without any worry
And without any stress........

Because
Life is very hard
At times
And
It becomes difficult
To hold our tears back.........

Seema Chowdhury
A Way Of Seeing

Sorrows and joys
Play a part
Very important
In our heart
For they bring us
Smiles and tears
And also pain
That we bear
so always remember
Its just a way
In which we see
Our each day
Because there are present
Joys and sorrows
In each of our
Today and tomorrow.

Seema Chowdhury
A Way To Cheer

New doors will open today
If only in your way
You will learn to smile
And pass trouble's pile
By seeking god's bliss
In all trouble's miss
For no one can dear
Show you way of cheer
To start all over again
And get rid of pain
So just hang in there
And believe that my dear
New doors will open today
To brighten your life's way
If you'll learn to smile
And pass your trouble's pile.

Seema Chowdhury

Seema Chowdhury
A Way To Destiny

Find a way through life
And learn how to survive
When things are going wrong
And there's no glimpse of a morn
For destiny is right now far
And till then there are
Many hardships to face
And many pang's way to trace
So learn to bear the pain
Without any words of complain
And find a way to destiny
Without any thoughts uncanny.

Seema Chowdhury
A Way To Get To Peace

If you think you're afflicted with trouble and pain
And you feel that you're stuck in that chain
And don't know a better way to gain
A way out of the troubles which pour like rain

So there instead of feeling gloomy and sad
And inside of you feeling gloomy and mad
you should think of things that'll make you glad
And can bring you peace to change all bad

So whenever in your life you feel moppy and blue
And think you need a word that is surely true
you should knock at the door of prayers and view
And you'll certainly find Godd waiting for you

And another way to get to peace my dear
Is by letting go of worldly things you have here
And by keeping all promises that you made all year
And then you'll feel safe in Lord's loving care.

Seema Chowdhury
A Way To Win

Our special dreams
That we build
Are usually by
Hard waves killed
The hard waves of
Troubles strong
That makes everything
Feels so wrong
I don't know why
It happens dear
That we feel
That no one cares
And then nothing
But broken dreams
Are left for us
In stress extreme.

Seema Chowdhury

Seema Chowdhury
A Way To Your Dream

Find a way to get to your dream
And walk away from negativity
Follow the right direction
In this precious moment of time
And if time stands still for a while
But you don't understand why
Then don't ever give up
Just let go of that moment.....

Don't trade one pain for another
Pick up scattered pieces of life
See the world of possibilities
And find a way to get to your dream
For life has many obstacles
So try to overcome them one by one
And access your life with positive energy
To support and get against trouble's waves.....

Create a happy life for yourself
And believe in miracles and faith
If you are afraid just pray humbly
And know God listens to your prayers
So have an interesting talk with Him
To gain your voice and sincere desires
For only He can break stubborn barriers
And help you in your struggles of life...

Seema Chowdhury
A Wedding Prayers

A special binding of love and care
In an unbreakable cord that is rare
Is what is all that marriage is about
That doesn't yield any mistrust and doubt

Dear friend I hope you must know
One thing that both of you must owe
To each other is the bliss of love
In life's both harsh and smooth curve

So you must hold hands in hands
And cross fainly all dales and sands
And promise that after wearing the ring
You'll spend together all autumns and springs

And will try to find life's small gifts
Of joy and hope that're needed to uplift
Both of you in your periods of trial
With just a little miracle of laugh and smile

So always do your best and try
To smile even in the period of sigh
Because dear today you're buying a rare
Investment with a hope of love and care.

Seema Chowdhury
A Wide Spread Delight

You're a source of joy to my sight
And everything in your presence seems bright
For your smile brings a wide spread delight
And make everything looks all right
And that's why whenever I look at you
I feel your presence like a dew
That faintly dance on the edge of life
And teaches everyone the art to drive
The wheels of life with the time
And make everything with happiness shine
And that's why today I wish for you
All life's joys that're nice and true.

Seema Chowdhury

Seema Chowdhury
A Winter Smile

The first icy mist of morning covered the land
With foggy, hazy, vague and blur memories of the Autumn
Where silence is deafening
Ans winter frost are chilly and deep.....

where vale of grief is lonely
And frost wind of mid winter looks cold and gray
And freshly fallen snow
Warms up the nostalgic memories........

Where imagination helps to add a tint and a shade of life
And show the color of miracles on the garden covered with snow
And springs the hope in our hearts and souls
To bring us a whisper of joy and a winter smile........

And all this takes us on the momentary trip
Of an emotional journey of life
Where we can hear the echo and sounds of silence
And a hand full of memories from the gray and frosty winter mist........

Seema Chowdhury
23rd Nov,2010

Seema Chowdhury
A Wish For 1995

May the year that is about to start
Bring you things dearer to your heart
And may each day of the new year
Be filled with joy, love and cheer

Special greetings is sent on its way
With hopeful wishes for a perfect day
A day in which you will find
All things that are nice and kind

And on the arrival of the new year
I wish you will be of fear
And all your hopes be filled with love
That is a gift of heaven above

And may you find each new day
Loaded with joy and fun in your way
And may God always bless your heart
As new year is just about to start.

Happy New Year! ! !

Seema Chowdhury
A Wish For Our Anniversary

I want masterkey to the door of love
And a sky where peacefully flies Dove
where I can walk with a carefree heart
And gives happiness a pleasant start
I want to enter through the door
Where love, care, smiles and more
Are waiting to there greet my soul
And take away my pain and dole
I want sun to shine very bright
And bring me back life's delight
And wish to have Sunny by my side
When I’m walking through trouble’s wide
And today for us its a special day
I hope flowery be our life's way
Where endless flowers bloom in light
And makes life's journeypleasant and bright.

Seema Chowdhury
A Wish For You

Evening stars
Of the setting day
May always bring
In your way
Joy and happiness
And fain’s ray
This is my wish
For your day
And may morn
That appears
Brings you tons
And tons of cheer
And may it
Always clear
All your troubles
Or any fear
This is my wish
For your day
That is here
To brighten your way.

Seema Chowdhury
A Wish For You Dear

I wish you a life that is fair
And is also full of cheer
Where only smiles appear
And show you no glimpse of a tear
And I hope you get a big share
Of happiness and joy and cheer
Because for you I surely care
And for me you are very dear.

Seema Chowdhury
A wish that comes from the heart
A wish that gives a brighter start
A wish that is full of love and care
Is what I wish for you my dear
I'm glad I met you as a friend
And found an endless sincerity end
Where at every interval I always see
A caring friend just for me
And I know whenever life seems fade
And I need a cooling and a caring shade
I can turn round and look at you
For you are a friend who is sincere and true.

THANKS FOR BEING A FRIEND SUNNY! ! !

Seema Chowdhury
A Wishful Goodbye

May life be always good to you
Where no glimpse of any pain's view
Is ever given or shown my dear
To dull your nights or days layer

I wish you luck, I wish you joy
I wish may nice things you enjoy
Be given and shown in your way
To brighten your whole life's day

And remember that life is like a flower
That blooms and has beauty and power
That is not very long lived dear
So be always good and take good care

Of each moment that is given to you
And spread happiness that is true
And know that these by gone days
Will never come back to brighten your ways.

Seema Chowdhury
A Wishful Thinking

God gave me a son
In the form of you
That's why I wish
And that is true

All nice things
To pass by your way
And bring you happiness
For your day

Because my dear
And my love
Whatever is best
You really deserve

As you are very
Special for me
And that's why I'm sending
These wishes for thee.

Love You Danny Raja! ! !

Seema Chowdhury
A Wonderful Day

I hope and wish a day for you
That's filled with bright sunshine hue

Where happiness steps in the way
To show you a wonderful day

Where everything is shining bright
And brings pleasure to your sight

So you can enjoy it in your way
And celebrate your very special day

And today for you I sincerely wish
A life under God's shadow of bliss

Where happiness steps in the way
To show you a wonderful day.

Happy Birthday Sunny

Seema Chowdhury
A Wonderful Time

Make each day
In your way
Filled with fun
And make it one
Of such a kind
That in bind
Of life's rhyme
And in time
It looks wonderful
And it let you pull
The string of joy
To let you enjoy
And show you ways
Of joy's days.

Seema Chowdhury
A Word Of Encouragement

Remember that no one can
Hold long a candle for you
You must knock on another
If one door is closed to you
Just always keep thinking positive
As it is the only seed
Which quickly and quitely
Devours the dreadful weed
The dreadful weed that
Grows all around your way
And block the view that
Let your hope sways
So never just sit back
Try hard to understand
The things that bring you joy
Are in your own hand
So whenever you feel down
Or things seem going slow
Just look at the bright side
And try to catch the flow
And find a word of encouragement
That can burn a candle for you
And show you another door
If one is closed for you.

Seema Chowdhury
A Word Truth

The words of glory and the words of wisdom
On God's very huge and bright kingdom
Are the nice and good things we say
To brighten others hadr and harsh day

Sometimes we mean nice things to say
To others in our unpretentious ways
But due to the difference in our thinking's way
Our feelings to others are not correctly conveyed

So the best stone that we must lay
Is to do our best and to truly try
To sit together for a little while
And end this quarrel on a friendly smile

And today I realized I misunderstood your acts
Your words and ways and all other facts
So now I want to put an end to this all
On a warm smile and a friendly call.

Seema Chowdhury
A World Of Dream

In the world of dreams
I always see
So much fun
And joy for me
Where are present
The gifts of hope
And peace my dear
So no one there mope
And that's why I feel
Very happy to go
In the world of dreams
When I feel low
Because there always
I feel trouble free
As all kinds of trouble
Disappears before me.

Seema Chowdhury

Seema Chowdhury
A World Of Winners

I wish
If I can find the path
To walk on
So it can take me
To the pave
Which can lead me
To the
World of winners
And
Crowned.....

And I know
I can find it
But for that
I have to work hard
And look for the
Hidden opportunities
And
Have to learn
To lit my candle of hope.....

Seema Chowdhury
A Worthwhile Message

Smile and give others your smile
And spread its joy for over miles
And give it to all my dear
For whom you have love and care
And see what else you can do
To take away bad that makes you blue
And how can you show them sights
That are all pleasing and bright
And give your love to all who deserve
And surely want your sincere love
And do it all with a warm smile
As smile makes things worthwhile.

Seema Chowdhury
A Wrong Thought

I thought
We were moving
To the same rhythm
To the same song
To the same drum
To the same beat
To the same echo
But
Today
For the first time
I realized
How wrong I was..........!
I was living
In my dream world
Where nothing was
A reality....

Seema Chowdhury
About The Loss

Sometimes
Life takes unexpected turns
Leaving us all
In the mid of
Misty situations
Where
Cool breeze of events
leave us alone
And
Chill us into silence
And there
We are not even allowed
To
Breathe a word
About our loss.

Seema Chowdhury
About The Tomorrow

Don't worry so much about the tomorrow
For life doesn't only show you sorrow

So be happy and try to forget
All bad things in your life you have met

For good and bad and all kind of things
Come rushing towards you in a ring

So try to pick and avail these chance
And see how joy can be bought in advance

For once if you'll learn to handle with care
All sorts of trouble and distress my dear

Then you'll know that life not only show you sorrow
But there're chances of some nice and bright tomorrow.

Seema Chowdhury
Abrupt Answers

I find myself
Once again lost
In such a small amount of time
In the emotional journey
Asking simple questions
Where I feel and see for myself
High expectations spilling out
With my tears of surprise
And
Returning to me with
Incomplete and abrupt answers
Of unchanged life........

Seema Chowdhury
Absorb Colors

learn to interpret
And absorb
Each color of your life
For these unarranged strokes
Of
Passionate red
Soothing blue
Fantastic white
Lively yellow
Heavenly green
And
Dull grey
Are all the gifts
Given to us
Unasked
By our Lord
Who knows
And wants us to learn
Life's realities
Slowly
Bit by bit-
And wishes us to absorb
Them in us
And us in them.............

Seema Chowdhury
Accept Aid Of Joy

Accept the aid of
Happiness and joy
Fain and cheer
And
Brighten up your world
So even in pitch dark
You can begin
Your day
With
Brightness
And lots of hope.........

For life is
A constant play
Of
Dark and light
Dull and bright
Tears and smiles
And
Joys and trials
And
Often we need
Divine spark to lit
Our lives
And our souls.........

Seema Chowdhury
Accept Life

Learn
To accept life
Without
protest
contradiction
Disagreement
And
Hate
Or else
Your life will
Dip you in sorrow
And
it will start
An endless series
Of depression for you.............

Seema Chowdhury
Accept The Truth

In the high way of life
Distinguish goods from evils
For this never ending toil
Will make angels or devils
And in the scaling of night
And in the growing light
Learn to do worthy things
That're admirable and right
That can show you a promise of hope
And can lead your life's way
Towards optimistic spirit
To end your darkest day
And this is what will help
You to keep up with it
And clear away cloud's doubt
With the veils of times bit
Where it uncovers from the face
Of harsh realities of bitter life
Where you've to accept it all
These truths that here survive.

Seema Chowdhury
Achieve High Performance

• Never give up on your dreams, find your inspiration and keep on going. Take control of your life and don't miss out on anything that comes your way. Make right strategic choices and learn to live life to the fullest.

• Life is full of challenges and we all need to be mentally, physically and emotionally strong during the tough and stressful time. So, build resilience, strength, and hope so you can achieve high performance.

• Make plans to grow and develop in your career. Be the admired and emerging leader who everyone wants to follow and idealize. Build high performing team and improve your effective and active communication.

• Unlock your hidden potentials and get things done at the right time in the right way. Be assertive, confident and optimize the opportunities that are all around. Don't let bumps and roadblocks throw you away.

• Focus your attention on winning the racing game with renewed energy. Make the most of your time with positivity and vibrancy. Master your life and expand your world. Build your strength and tolerance to face difficult times.

• Write your own lessons learned and master your time and your world. Climb the stairs of success and walk on the pathway to success. Achieve high performance; show the impact of your hard work, vigorous and untiring efforts.

Good Luck!

Seema Chowdhury
February 5, 2018

Seema Chowdhury
Achieve Your Dreams

1) Break down difficult task in steps and deal with unfinished business.

2) Identify the barriers in your path and throw away bitterness from your life.

3) Protect yourself from pain and disappointment and make wise decisions.

4) Learn to cope with stress and move forward to feel energetic and alive.

5) Follow your chain of thoughts and enhance your logical thinking.

6) Focus on the bigger picture and find solutions for your restless and inquisitive mind.

7) Live in the present moment and dream gigantic and let your thoughts flow boundless and wide.

8) Don't feel anxious or stressed, build your mental strength to solve complex puzzle called life.

9) Write your own time proven principles of success and follow them regularly.

10) Remember, life comes very fast so don't waste it. Be ready to achieve your fascinating dreams.

Seema Chowdury
June 2, 2017

Seema Chowdhury
Acquire Knowledge

Something that we all should try
Before we grow old and die
Is to aim for things that're high
And drink knowledge's water before its dry
So never let time pass you by
Achieve your goals before you die

Not now but may be after a while
You'll feel left out in life's dial
And then you'll be stuck in a trial
And not find a thing to make you smile
So before all this goes another mile
Achieve success in your own style

And be friends with all who adore
And are ready to always look for more
And wait to enter at knowledge's door
And never feel tired or even a bore
And whatever lesson we learn try to store
In success and knowledge and even more

So if we want name and fame
Then must do our best to get to own aim
And try our luck in life's game
Then we'll get all rights to claim
And be with those who are in lane
To get in life the best of fame and name

What I mean by this oh my dear
Is that education is a gem that's rare
So we must always share
Our knowledge with others who're near
Because time is also precious and rare
And wastage of it won't be fair.

Seema Chowdhury
Act On Your Dreams

For they can take you far
In the world of joys
Where shining bright stars
Are all waiting for you
To show you life's days
That are coloured with
Bright hues in your ways
So firmly cling on
To your dreams of the star
For they can surely dear
Take you in life far.

Seema Chowdhury

Seema Chowdhury
Act On Your Thoughts

Act on your thoughts
And on your dreams
Before
It gets buried
Under
The high waves
Of
Displeasure
And
Resentments...
For
Sometimes in life
We have to wait
Until
Eternity
Without
Any thought of recieving...

Seema Chowdhury

Seema Chowdhury
Add Beauty And Blessings Sameen

Fill your life with the sunbeams of love, care and joy
Believe that good things are coming soon in your way
Make the best and most of each precious moment in life
Add beauty and blessings in your life to increase your faith
Work hard and find your beautiful destiny to change your life
Love what you do and fill your heart with joy and gratitude
Write your own message, your own prayers and own hope
Pave the road for success and write your own wonderful story
Remind yourself that you are born to do great things every day
Be happy, appreciative, and enthusiastic about your future
Learn to overcome problems and the ups and downs of life
Never let difficulties stop you from living life to the fullest
Try to overcome obstacles and learn to cope with difficulties
Remember, God Almighty can help, save, and give you comfort
So, ask for His peace, love, and miraculous blessings of life
He is Gracious, compassionate, and only He can bless you

Have a Beautiful, Beaming, Blissful Birthday Dearest Sameen
We Love you very much

Seema Chowdhury
September 24, 2018

Seema Chowdhury
Add Colors In Life

Add colors of giggles and laughter
And be the reason of someone's smile
Rule your world and find yourself
Blend happiness and cheer for a while

Make things beautiful and amazing dear
And learn to fix faults of your life
So you can find direction of your dream
To follow right path and happily survive

Look forward to what is coming next
And work on to purify your soul and heart
Be true follower of kindness and joy
And decorates life with hope's art

Find right path in the darkest of time
And throw away moments of agony and pain
To welcome inspiring words and deeds
And protect withering words with joy and fain

Just let go of what you can't change
And design your life with enrichment delight
Fill your heart with compassion and cheer
And be the source of kindness right

So add colors of giggles and laughter dear
And be the reason of someone's smile today
Rule your world and find your true self
To blend happiness in life's long way.

Seema Chowdhury
Add More Positivity To The World

Choose your words very carefully
And add positivity to the world
Be a source of hope and happiness
And bring joy to everything around you

Focus on bright things and visualize hope
And be ready to move towards your future
Enlighten and be aware of your surroundings
Have fun and always clarify your thoughts

Breath a sigh of relief and encourage optimism
Try out new ideas and push your boundaries
Take calculated risks and have thrill and fun
Face high and low but never give up in life

Always learn something new and wonderful
And take a moment to really notice life
Step back and return with a fresh perspective
And add positivity to the world around you.

Seema Chowdhury
July 15, 2016

Seema Chowdhury
Add One More Brush Stroke

Take a moment and think about it
Don't let anything impede flow a bit

Do your best and look for ways to shine
And add one more brush stroke to define

To define good quality of life my dear
You are your own boss so take good care

Take care of your life and do your best
Then pray and leave on Lord the rest

Just one more kind word or say a line
See how you can add value and align

Align your words and good deeds dear
And find multiple ways to justly clear

Clear your path to walk and smoothly drive
The car of your life and peacefully survive

To cleanse your soul and purify your heart
So you can proudly forever rest and start

Start to realise one more valuable dream
See where you are and support your theme

And make good better and better your best
By adding one more brush stroke with zest.

Seema Chowdhury
September 18, 2017

Seema Chowdhury
Additional Pain

God tell me why
I feel so bad
God tell me why
Nothing feels glad

Why I only see
Troubles and pain
And loads and loads of
Losses after gain

God please give me
Peace of mind
God please bring me
Serenity of a kind

Where I can convince
Myself to survive
Even in the middle of
Additional pain's drive

I feel all alone
I feel all lost
In this frenzy world
That doesn't pay the cost

To any feelings of joy
To any feelings of fain
Where everything only begins
And always ends in pain

God please my beloved God
Don't think it is odd
If I ask you today to end
My sufferings and pain's bend

Because I'm tired and blue
And wants to see joy's hue
And strength to survive
In this additional pain's life.
Adopt a Cheerful Attitude

Adopt cheerful attitude my dear
For it shows how much you care
And brings sunshine in a rainy day
And spread happiness for all in a way
So smile, laugh and roam around
And think of ways to make god's ground
A place where everyone forget
Bad luck they have ever met
And sing along life a happy song
That can turn to right when things're wrong
And for that adopt a cheerful attitude dear
Because it shows how much you care.

Seema Chowdhury

Seema Chowdhury
Adventure Awaits

God’s plans are always the best for your life
So, walk in his footsteps and choose faith
Focus on gratitude and draw emotional strength
Build resilience and be mindful of your surrounding
Life is a beautiful adventure, explore it in your own way

Sing your own song and dance at your own music
Feel the joy and create happiness, peace and love
Be content with yourself and listen to your inner voice
Do self-reflection and self-assessment everyday
Because tomorrow is a new day and adventure awaits!

Seema Chowdhury
December 17, 2018

Seema Chowdhury
After a long day
I wish to relax and unwind
And get away from the pressure
Of everyday tedious life
So I can calm my restless soul
With encouraging lessons and words
And hush the voices of
Concerning echoes in my mind

After a long day
I want to enjoy fully
Moments of peace and serenity
And absorb the warmth of care
So I can unburden my agitated spirit
And build enough stamina
To finally reach the finish line
On this narrow path called life

After a long day
I don't want to feel burdened
By mishaps and mistakes
But I wish to gather positive words
And emotional strength to capture
The beauty and purity of the moments
And build the blocks of hope
To pass through hurdles and unwind...

Seema Chowdhury
After Rain Shower

The sky and the dews
The flowers and their views
The grass that is green
And things all unseen
Appears fresh 'n bright
And gives away light
After taking shower
And gaining glow's power
From standing in the rain
That washes away pain
For rain cleans all
Dust big and small
That hazens joys view
Of sky and the dews.

Seema Chowdhury

Seema Chowdhury
After The Dark

After the dark
Comes the dawn
After the night
Comes the morn
After the pain
Comes the rain
That brightens the sky
With rainbow high
Which lightens with hue
All the muddy views
And clear the clouds
That're creating the doubt
And glows the candle
Of courage to handle
All troubles and cope
With them with hope
And know that soon
Will appear the noon
Where after the dark
Always come the dawn
And after the night
Comes the morn.

Seema Chowdhury
After The....

Morn appears when night ends
Smooth is the surface after the bend
So never lose hope, always smile
For all troubles are just for a while

And rainbow appears after the rain
And sun shines to end the pain
So never lose hope always smile
And know troubles are for a while

And know that this is the trend
That joy is attached with pain's end
So why lose hope and not smile
When we know its for a while

Because this world is a looking glass
Where joy's flower and trouble's grass
Both are present but just for a while
So why not when in trouble smile? ??

Seema Chowdhury
Again Silence

Only if I can understand
The sweetness of the sound
That is spread up and down
All over and all around

I don't know what to do
I don't have a thing to say
I wish my silence can get
Again silence to hear today

For my eyes are filled with tears
And heart is filled with pain
That I cannot show to others
For it will all be in vain.

Seema Chowdhury
Against The Tide Of Time

Like sand castles on the beach
Our dreams also perish
Against the tide of time
Where we see
The emptiness of the woven twigs
And unpleasant thought, fear and anger
Holding on and crushing us
Under the heavy burden
Of emotional baggage
We see our own life's pattern
With mysterious dimensions
In hectic and uncertain world
And then we have to get through
Life's hardest journey
With untrodden depths of the wilderness
Where world seemed to be silently observing
And stepping out from behind the shadow
Of suffering,
Bitterness,
Hostility,
Tough times,
And tangled web.............

Seema Chowdhury
Age Of Sorrow

In times of danger
in times of trial
What you need
Is a courageous smile
And a thought
That is bright
That can bring
You hope's light
And know that dear
That the age of sorrow
Is surely short
And will disappear tomorrow
And then once again
Will come the fain
With love and cares joy
To shunt the pain.

Seema Chowdhury
Ahead Of Time

I wish I can learn to walk
Ahead of time
So without
Doubts
And fear
I can make my decision
After knowing
Their consequences
Ahead of time.....

But it is a silly wish
That is not possible
In this river of no return
Where
Each day should be greeted
As and when
It comes....... 

Seema Chowdhury
Aim For The Stars

Aiming for the stars
That're twinkling far
Is a job great
When done with faith

For very few time
In life's rhyme
We are given choice
To again rejoice

So whenever you
Get such view
Then go ahead and see
What can thee

Do to reach
Without any breach
Of promise you had made
In life through wade.

Seema Chowdhury
All Alone

calm waves rising in the sea
Are trying to reach towards me
To ask why I'm walking all alone
Quietly in the silence zone

Where no one understood what I said
Neither the meanings of the tears I shed
For I was walking all alone
Slowly in the muteness zone

Where traces of the previous leads
Were blocking the growth of happiness seed
Because I was walking all alone
Quietly in the quietness zone

Where no one knew what I went through
Neither they questioned my silence hue
So that's why I walked there all alone
Slowly alone in the speechless zone.

Seema Chowdhury
All I Need To Know

What,
When,
Why
And How? ? ?
Is all what I need to know
To sort out
My messy life
And
To Find my way
Through it..........

I feel like
My life's vessel is sinking
And
Empty flashes are appearing
And in this deepest time of despair
I find myself in pang and tears
And
My soul is flooded with darkness
And more negative thoughts
Are pouring in
And one tragedy is followed by another..........
All Knowing God

Believe in the unseen
Have faith in your God
Who loves you no doubt
In phases even and odd

And He is there for you
And He breaks the seal
And uncovers the hidden truth
Before your eyes in deals

And He is the only one
Who helps through the signs
By sending His gracious mercy
In layers deep and fine

And He is the all knowing God
Who stops us from going astray
By guiding us throughout
In life's fair and ugly days

And that's why I wish
To give my thanks to Him
With whom my life is stitched
With His love, trust and vim.

Seema Chowdhury
2006

Seema Chowdhury
All My Life

All my life
I have seen
A ruthless
And revengful soul
wandering around me
But
Today to my utmost surprise
I figured
That it was nothing
But
Reflection of
My angry soul
And
Frozen shell in which
My wishes were locked
And peace was shut..........  

Seema Chowdhury
All Seeing God

Keep your eyes open
And listen to the reply
That comes from Almighty God
Who give answers of the WHY

Just know that he is there
And he is your all seeing God
Who knows what is happening
In your life as he is the Lord

He knows and sees what causes
Pain and hurt in your life
He sees how you react
When sadness in you survive

Just put your faith in him
And God will soothe your pain
And he will bring you peace and joy
When you feel insane

And he'll do it all for you
before the end of the day
And he'll fill with love
All your words and your ways

And he'll bring you luck
To swap pain with peace dear
And show you the right path
And wipe off all your fears.

Seema Chowdhury
All The Best

All the best I wish for you
All the best that is true
Is what I hope you will get
In the time of life's dry or wet
I hope you will be the one
With whom always things will be done
In the sequence in which you wish
With the strong string of God's bliss
And that's why I wish for you
All the best that is true.

Seema Chowdhury
Allow Inner Voice

Allow your inner voice to guide you
During your quiet moment
And hope to see better times on the horizon

Remember that nothing lasts forever
In this wicked world
So slow down when you are inflicted with
Constant and deep pain

Search for a perfect moment
And sit in the shade of a fine day
Because there is more to life

Always remember that if you stay calm
In the face of frustration
You will find joy of external peace
And learn to walk out of that deep dark hole
Into the sunshine

To strengthen your hope
And get a sense of control
To play the waiting game
When the time is right........

Seema Chowdhury
Allow Yourself

Allow yourself to cry
Allow yourself to ask why
Allow yourself to rest
In the mid of this on going test
For life is tough and hard
Where the pre written card
Known as your luck and fate
Comes to you through trouble's gate
So do not be too hard on you
And try to stay away from blues
And try to look for the door
from where happiness floor
Can be seen easily at the bend
Before life declares its end.

Seema Chowdhury
Allow Yourself To Be Happy

If you want to have a purposeful life
Then allow yourself to be happy
Stay positive and do inspiring things
Look for a new and a fresh start
Dream big and bright every day
Learn new and nice things and share
Set achievable goals for yourself
Celebrate milestones and be confident
Believe in yourself and be reliable
Be creative and look or unique ideas
Share happiness and success with others
Have a purposeful and a happy life.

Seema Chowdhury
September 27, 2017

Seema Chowdhury
Alone With Thoughts

When sun goes down
With its ray
And leave the sky
Lookinmg tired and gray
And you feel all
Down and blue
And see nothing
Good to view
Then sit down there
Alone with your thoughts
And try to collect
What that day has brought
And then surely
You'll find something
To look and praise
In the days ring
And then no more
You'll feel down
Neither things will look
So much grey and brown.

Seema Chowdhury
Along Life's Snow Lit Path

As I was walking on the new fallen snow
Along life's snow lit path
I saw astonishing cluster of branches
Dusted magnificently with the sparkling snow
Where streaks of sunlight
Were peeping between the barren trees
Over looking peace and serenity

As I paused along the path for a moment
I felt the beaming sun reflecting smiles
Playing wholeheartedly holding my gaze
And engaging in a playful conversation
Showing me the glittering snow
Like a flickering candle

It cleared my vision
And extended a shadow along the path
Reminding me to enjoy beauty
That comes across in everyday life
And to cover life's tracks with
Happy memories and amazing moments
And to walk happily on the fresh fallen snow...

Seema Chowdhury
Along The Endless Road Of Life

Time eludes us
So live a beautiful life
And start a journey
Where we don't sacrifice our happiness......

Continue making changes
And take small steps towards courage
And follow our own path
Which leads us to love and dream.....

Deal with life's tricky situation
And listen to that small voice
That colors and lifts our spirit
Amid the raging internal storm.........

Pour hope into our soul
And be alive in the moment
With the sparkle of joy and cheer
For we only have one life to live......

And recover the magic
And swim in the pool of imagination
And walk happily
Along the endless road of life.......

Happy Birthday.

Seema Chowdhury
Along The Way Of Life

A wish you meet
Happiness scheme
And in it see
Joy's flowing scheme
So there you can
Built in the day
The zone of peace
Along your way
Where the wind
Of trouble cease
And where joy all
Just seems to freeze.

Seema Chowdhury
Along The Way.....

Along the way.....
A- Accept your fate and move on
B- Bring an end to the days of fear
C- Celebrate miracles that appear in your life
D- Don't harbor resentment and anger
E- Explore life's highway and enjoy the ride
F - Follow your heart and feel the sun
G - Give a goodbye hug and a warm smile
H - Hold the ladder and climb up to the top
I - Impose a rhythm upon everything and sing
J - Jump with joy and bring happiness
K - Keep your face towards the sun and enjoy
L - Live from inside out to live life to the fullest
M - Make up for the smiles you forgot to smile
N - Negotiate with troubles and choose life
O - Open your heart and be grateful for everything
P - Put your beautiful dreams into reality
Q - Quit being sad and heal your wounds
R - Reflect upon your life and richest experience
S - Surround your life with people you love
T - Try to reclaim your life and find your voice
U - Understand and create a life map to follow
V - Visit pleasant places and thoughts in your mind
W - Win people's heart and don't give up easily
X - eXcuse yourself from fear and clouds of doubt
Y - Yell cheerfully and loudly for innate fun
Z - Zap with faith and bring a lot of hope

Happy New Year and keep smiling :)

Seema Chowdhury
Always Dream Big

Let the stream of light flow
To brighten your life
And give you courage to dream big
And believe in the beauty of it

Take big steps to expand your happiness
And let inspiring thoughts sparkle with faith
So do not miss a chance to jump hurdles
And be the winner in life

And as you begin your dream journey
Just pause and ponder for a few moments
Then follow the bright day light
And gaze skywards to add perspective in life

Turn your face to the sun and absorb it
And be grateful for the warmth and energy
And take time to meditate and pray
So you can focus on the spiritual moments

And when it is dark enough
Remember you will see the sparkling stars
And when you will silently reflect on them
You will find a wave to chase and conquer your dream.

Happy 16th Birthday Samia Baby Doll.
We love you very much.

Seema Chowdhury
Always Think Positive

Think positive and let your light shine through
Open your heart and soul and let happiness in
Stay optimistic and figure out things in life
Know that no one will hand you a smile
You have to have faith and believe in yourself
Let's go!

Seema Chowdhury
December 10, 2018

Seema Chowdhury
Amazing Life

With hopes and fears I started my day
With lot of happenings in my way
Where I shared my secret thoughts with God
Who is my only only friend and my Lord

I babbled and mumbles at the strange marks
And whispered in God's ears in the dark
And shed tears of joy and some pain
And resent those moments that were vain

I asked dear Lord to fulfill my dreams
I requested Him to show me that stream
Where I can dip my sorrows and pain
And return from there with happiness gain

Where life shows different styles and layouts
Where sometimes I come across many doubts
And try to find additional option's key
Where I can see what I want to see

For the thrill of knowing is great my dear
Where layers of life comes without fear
And there everything that I need to begin
Comes from God's streams and den

And there I thanked my God who cares
For letting me search through the layers
Through the layers of this amazing life
Where we are all bound to survive.

Seema Chowdhury
Amazing Things

Believe in yourself my dear
And on things you can do with care
And see amazing things in view
That believe can do for you
For life is really a series of test
Where every soul tries his best
So do not think of giving up dear
For joys and troubles are present in layers
In the layers of this attractive life
Where everyone has to forcefully drive
The vehicle of emotions in everyday test
And there he tries to perform his best
So accept challenges with an open mind
And learn how life's clock to wind
So when time comes for you to show
How well you have done in life's row
Then you can brag about your success
Without feeling ashamed or depress.

Seema Chowdhury

Seema Chowdhury
Amazing Things Will Happen

1) Trust in your God Almighty and try to spiritually uplift your soul.

2) Commit to excellence and embrace your faith strongly.

3) Develop strength to face all kinds of difficulties with a positive attitude.

4) Move forward to redefine your life and don't let problems suffocate you.

5) Even the deepest wounds can heal and pain can subside if you try hard with prayers.

6) Trust gracious Lord to be there for you at the end of the dark tunnel with the ray of light.

7) Be strong and determined and amazing things will happen today.

Have a Blessed Day!

Seema Chowdhury
February 10, 2019

Seema Chowdhury
Ambassador Of Hope

Don't let problems to sit and wait
Hear the opportunity knock and open the gate

And let fresh breeze of belief and faith
Enter and flow in for its never too late

Its never too late for thoughts and dreams
To moisten your life with happiness cream

And put soothing balm on your pain and grief
And look with hope for a soothing relief

Always remember that life will flow
In the order in which it is fed so

Don't try to fight with your luck and fate
Just grab on to happiness and let it enter the gate

The gate of your life that is closed at times
For life is a music that'll flow with a rhyme

So never be afraid to fight to gain
Soothing words of joy to dim your pain

And wrestle with impossible thoughts with courage
And always stay positive so you can encourage

Yourself and others to win and survive
And be the ambassador of hope in life

Just hang in and be optimistic all the way
And soon you will see a brilliant sunny day

Shining and waiting for you to open the gate
And let in fresh breeze of belief and faith.

Seema Chowdhury
Amid Sunshine

Make life interesting and attractive
By enjoying the nature that is eager to greet
And take a moment to scroll through
Each beautiful scene of peace and serenity
Amid sunshine-

Nudge shadows in other direction
And let the sunbeam peeps through
The wide open window of your life
That blocks pain and takes you towards healing
Amid sunshine-

Remember that it is a new season
So look forwards to excitement
And erase the visible and invisible borders
And enjoy balmy breeze of early hours
Amid sunshine-

And start enjoying your journey
Into this beautiful world
By following the road map
That access life from various directions
Amid sunshine-

So you can explore and watch actions unfold
With the mirror image of serenity
That teaches you to walk in peace
And scroll through all the options
Amid sunshine-

Seema Chowdhury
Among The Gifts Of God

Among the gifts of God
Among his blessings cord
I found a precious gift
That gave my spirit a lift
And surely that gift was YOU
Who filled my life with views
That are full of hope and faith
That made my life all great
And gave it a touch of delight
And made my life very bright.

Seema Chowdhury
An Affectionate Shade

Friends are the flowers
In the garden of life
Without whom it is
Very hard to survive
For friends are the tree
Who spread their shade
And provide you with their
Affectionate and loving aid
And they're the ones
Who care for you
And show it all
In ways that're true.

Seema Chowdhury
An Aimless Conclusion

I saw a begining
That never met its goal
Because........
What should have been
A begining
Appeared as an end
And then
It just left its mark
On the face of the world
As
An aimless conclusion..........*

I wonder why
Life is so cruel
And bitter
At times? ? ?

Seema Chowdhury
An Air Of Silence

An air of silence
Is blowing all over
So with quiet mind
And hushed tongue
Learn to absorb
The most of it
And learn to make
The best use of it-
Before our dreams are lost in pain
And fog of tears
Trouble us
To find answers of
The unanswered questions......

Seema Chowdhury

Seema Chowdhury
An Angel Of Affection

A mother is...
A Prayer when you are down
A Cool Breeze when life is hard
A Smile when you are in tears
A Sunbeam when you are in pain
An Advisor when you are stuck
A Joy when you are struggling
A Teacher who shows compassion
A Friend to share secrets with
An Angel of affection who loves and protects
And a Unique Blessing till the end of time

A mother's love is like a tender glow of a candle that illuminates every corner of our lives.

Happy Mother's Day

Seema Chowdhury
May 13, 2018

Seema Chowdhury
An Angel Of Love And Care

When world was losing its glory and hue
And nothing seemed any more bright or new
Then God thought of this world's uplift
He must send Love's Angel as his gift

So he collected all things like love and care
Honesty and trust and qualities that were rare
And when all these were gathered in one place
What appeared before us was our mother's face

He made her because from the beginning he knew
When things go down and we feel blue
Then only thing that works as a morning dew
Is the reflection of her love that is true

For no one but only the heart of a mom
Can understand when things are going wrong
And know how to share all smiles and tears
As she is the angel of love and care.

Seema Chowdhury
An Angel Of Strength

A father is...
A foundation and a cornerstone of your life
He helps you to face challenges with confidence
He creates a roadmap for you to follow and travel
He is your favourite teacher, a hero, and a cheerleader
He builds a strong fort for your safety and protection
He is a unique symbol of strength, wisdom, and courage
He shows you innovative ways to enrich your life forever
He is your role model, an example, and an ideal for you
He holds your hands and teaches you everything he knows
He helps you to crawl, talk, walk, play, run, and even drive
He motivates, inspires, and prepares you for life's amazing race
And He is always there to catch when you stumble from time to time

A father's love is like a deep shadow of an enormous tree, under which the whole family happily resides and thrives.

Happy Father's Day

Seema Chowdhury
June 17,2018

Seema Chowdhury
An Angel Of Tender Emotions

A Mother is a blessing, a Mother is a gift
A Mother's love and care help souls uplift

A Mother's love is pure and her care is a joy
It carries a world of meanings for all to enjoy

A Mother's heart is made of pieces of gold
She protects her children from pains fold

She is the most trusted and the closest friend
Whose kindness has neither bounds nor ends

A Mother's happiness is a tender branch of a tree
Which is intertwined like morning glories glee

When God created a smiling mother for uplift
He said He is sending His most graceful gift

For a mother is an angel of tender emotions way
And her love is a sunshine that brightens the day.

MOTHER: Maternal - Outstanding - Thoughtful - Hearty - Empowering - Rockstar!

Happy Mother's Day to my Beloved Mom
Thanks for everything I Love you Very Much

***Happy Mother's Day to all the Mothers, it's your day so enjoy***

Seema Chowdhury
An Angelic Pair

An angelic pair made in heaven above
With tons of care, kindness and love
Which they fainly distributed among us all
To stop the flowing tears to fall

What a blessings are they no one can count
They walk with me even in dales and mounts
And always in their own nice style
Cover me with the shadow of smile

And I know to them I can never repay
For all nice things they do and say
For all their sayings and their acts
Reflect God's shadow and that's a fact

And they always lent their shoulders to lean
And listen to me with interest and keen
And always open their sympathetic ear
To hear my problems and to fainly share

God please bestow all your care and love
On them specially from heaven above
And always keep them close in your heart
And give them more of the angelic art

For they are the ones who taught me to talk
And held my hands when I learnt to walk
And explained me the difference of right and wrong
And taught me to sing the hopeful songs

And whenever I feel stuck in a trial
I look at them with a hope of smile
Because I know they can make me glad
yes of course I’m talking of my mom and dad.

Seema Chowdhury
An Anniversary Prayer

Its not counted by the days in a year
Its not counted by the drops of the tear
Its not conuted by how much and where
But by the number of times when you showed you care

Because wedding is the shadow of love and care
When two people promise that they'll share
All their livves joy, funa nd fain
And all sorts of their distress and pain

So after that as time passes by
Then more and more bright looks the sky
Because gloomy clouds of paina nd sigh
All starts clearing out before your eye

And hardens the tie of wedding crust
That's mostly based on faith and trust
And tell that after holding hands it is a must
To care for each other till you die and go to dust.

Happy 4th Anniversary! ! !

Seema Chowdhury
An Anniversary Prayer For You

Love is a language that one learns to speak
When one is given a chance to seek
For the cooling shade of love and care
Of his loved ones who is dear

For love is a game that two people play
And then both win it in their way
And then everything looks bright to them
And all their days with prayers are hemmed

So don't waste time but try to seek
And learn it quickly and then speak
For love is a gift that's rare and kind
And bring to all joy and peace of mind.

Happy 5th Anniversary Sumbul Apa

Seema Chowdhury
An Anniversary Wish

A wedding is a special binding
A binding of things represented by a ring
Things like joy and happiness'
And much more life can bring

It unites two people closely
Closely in a very strong chain
In the chain of love and affection
That washes away your pain

It gives you the sense of sharing
Sharing your tears and smiles
The tears that make you gloomy
Or a smile that carries you for miles

And today is your first anniversary
I wish you the world of cheer
And all good things in your life
That you think is near and dear

So today you should be happy
For having the best in life
There's nothing else that one can get
Like a nice husband or a wife.

Seema Chowdhury
An Appetite For Life

Just once to all
It will be given
Just in a small
Way of heaven
we will be
Here my dear
To feel free
And all cared
So have an appetite
For a wonderful life
And learn to chew
It all to survive.

Seema Chowdhury
An Appreciative Prayers

The most important of all the days
That you can spend in many ways
Is the day when your birthday arrives
That comes once in one years life

So itsnice if you seee and know
That there are many who wants to show
How much they love and care for you
And wish that everything that you do

may fill your life wwith bright sunshine
Where neither any pain nor its sign
Is shown to you in any sight
To mess up things thaat aare right

So for all who are caaring and nice
I'll pray for them wwithout thinking twice
That may Lord open the path of joy
Andd keep them away from deeds that annoy

Or hurt aanyone they really love
For whom they wissh for blesings above
For the most important of all the days
That can be spent in many ways.

Seema Chowdhury
An Atmosphere Of Trust

Build
An atmosphere of trust
Where
You can open your eyes
Without
Any
Fear
Doubt
Or uncerinity....
Where
You can survive
And can breathe
A breath of fresh air
And
Can smile a carefree smile....

Seema Chowdhury
An Aura Of Good Luck

I wish you luck in every test
I wish you joy that is best

I wish that you always view
Life with a clearer view

Where your dreams and your wishes
Are granted through God's huge bliss

So you can always in your way find
A path of luck and joy that is kind

And that's why I wish and say
That an aura of luck is headed your way.

Good Luck Danny Raja! ! !

Seema Chowdhury
An Autumn Crown

Watch the leaves turn
yellow, red and brown
Changing the sky too
And putting on autumn's crown

And letting in the joy
And happiness of sunshine
And filling the world with
The light and warmth of wine

watch the leaves turn
Yellow, red and brown
And reflecting serenity and peace
And putting on autumn's crown

And spreading joy and passion
And enthusiasm and hope
And clearing away the dust
And all pain and mope

watch the leaves turn
Yellow, red and brown
And creating a new life
And putting on autumn's crown

And showing you how to reach
The bright horizon afar
And nature glowing with colors
A twinkling like a star

Watch the leaves turn
Yellow, red and brown
Reflecting God's blessings
And putting on autumn's crown.

Seema Chowdhury
An Autumn Morn

Bluish-pink sky reflecting its beauty
As if performing its ultimate duty
Of showing off with pride and mirth
And spreading pleasure on the earth

Mist has taken over the sky
And saying warm days goodbye
And showing a glimpse of chilly sight
And beautiful winter that is bright

Birds are flying freely now
For they know winter will soon somehow
Restrict their freedom and their flight
And snow will then exercise its right

And in the middle of all this
Watching red, orange and green is a bliss
For the amazing dance that they put for all
Is an astonishing sight in the morn in fall

For these are all gifts of God's light
Who shows us these glowing and beautiful sight
In autumn mornings for our joy and mirth
So we can enjoy our days on this miraculous earth.

Seema Chowdhury
An Awesome Life

Appreciate your life the way it is
And gear for joy and hope
Look for delightful possibilities
And a streak of sunlight's cope

Know your options and opportunities
All lie scattered in front of you
You just need the willingness
To find life's colors all true

Just know life is a great adventure
And we are part of this journey dear
That is tough at times but not so bad
So follow your vision of cheer

Know that you have an awesome life
And this is ever expanding journey of hope
Where you can play your role with care
And can learn new ways to cope

Take a moment to breathe and relief
And stay open to possibilities in the way
Work hard to find your path in the storm
And void the loneliness of the day

Believe in yourself and your faith
And know each moment is a gift
That has come to you for you to enjoy
In this awesome life for soul's uplift.

Seema Chowdhury
An Awkward Silence

Don't let anxiety
To disable,
Paralyze,
Or cripple your life
Leaving a dark shadow
Of damaging emotional wounds
And hanging you in an unending loop
Where you search for
A logical explanation
In a situation
That can't be understood.....

Where roads are bumpy
And unfortunate circumstances
Closes one chapter after another
Leaving you alone
With an awkward silence......

Just have faith and hope
And develop new vision for life
And try to flip the image
And witness the change
To feel the cool breeze
And hear music of life unfolding
Deepest desires and dreams
With a soft sigh rhythmically....

Then you will see
Wonderful world of possibilities
Will surround you
And will lead you out of the awkward silence
Towards a desired destination
Among sunlight bursting
Through thick clouds
And that will be a moment of celebration
Where you can do somersaults
In rainbow colors..................
An Early Morning Prayers

I seek your help God through steadfastness and prayers
Surely you are our Gracious Lord who always for us care

You help and rightfully guide us towards heavenly peace
Where all worldly desires gradually and forever cease

You shower upon us bouquets of blessings and love
And send your kindness and serenity's beautiful dove

You drive us out of the darkness towards brilliant light
And fill our hearts and souls with spiritual delight

God please bless our souls and increase our trust and faith
And accept our steadfastness and open our heart's gate

My Lord please reward our good intentions and fine deeds
And give us a chance to sow and blossom Kindness seeds

Please help us to repel from us all kinds of evil and mistakes
And pull us towards you God to strengthen us for your sake

And with each step that we take towards your blessed door
Wipe our sins and push us towards faith, prayers and more.

Seema Chowdhury
An Eid Wish

I hope that this eid will bring
All sorts of marvelous things
That you wish to see in the way
To increase the hours of joy in the way

For the days of joy really holds
Nice things for us that can mold
Narrow paths of joy at vast
Where happiness is given atlast

Where all our dreams of yesterday
Becomes happy reality of today
And golden hopes of our tomorrow
Washes away our pain and sorrow

So I wish especially on this eid day
Everything that will come in your way
May be full of all joy and cheer
Under God's loving bliss and his care.

Seema Chowdhury
An Empty Thought

The thoughts of happiness
That dwell in our minds
End up
Seeing nothing
But..
A barren land of pain
And a long empty thought
For miles around-
Where
We learn the limitations
Of
Life
And
Opportunities...

Seema Chowdhury

Seema Chowdhury
An Endless Night

I wish if I can mend
This night without an end

Where I've nothing but fate
And there endlessly wait

i wish if i can change
And for myself arrange

A night without fade
Where I can find a shade

Oh God, my gracious Lord
Help me and reward

And grant me some peace
And renew my life's lease

And give me courage to mend
This night without an end.

Seema Chowdhury
An Endless Repetition

Life
Is an endless repetition
Of
The series of
Dim sounds
Pale tones
Dull sights
Dusky moans
Misty plashes
And
Night falls......

Seema Chowdhury
An Endless Series

Life is an endless series of rain
Where its very hard to explain
The real meanings of joy and fain
For usually it is lined with pain
So don't just look to it dear
As a blooming rise of a tear
But think of it as a joy
That just came for you to enjoy
And know that in this life's time
Will surely come the joyful rhyme
That'll tell you what is life
And what you need to here survive.

Seema Chowdhury
An Enduring Gift

As you go along
In your life's way
Leave an enduring
Gift for the day

The gift of love
Care and smile
For these go long
Long way miles

And leave for others
A gift of dream
For it is like
A flowing stream

In which you can get
All sorts of treasure
Like joy in life
That gives enduring pleasure.

Seema Chowdhury
An Excellent Question

I used to have bad thoughts about life
I thought it was hard in it to survive
And I never saw any glimpse to enjoy
Or anything to have fun and joy
But one day when I was thinking about it
And was having doubts about my life's kit
Then suddenly a question arose in my mind
And I realized my thoughts were unkind
And then I went to the door of God
And asked for his help as my lord
Because this was the excellent question dear
That struck my mind with thoughts rare
And I thought yes surely it was true
What would I have done if I didn't have you
And then I dismissed bad thoughts about life
And realized it's a pleasure to survive.

Seema Chowdhury

Seema Chowdhury
An Exciting Journey

1. Do more with less and become a team player in this exciting journey of life.

2. Focus on defects and see how you can get rid of them with innovative and breakthrough solutions.

3. Invest in yourself, think big and bold, and see the benefits in the coming days.

4. There's a world of knowledge, information, and skills out there, go acquire them today.

5. Discuss your failures and successes openly and learn from them regardless of where you are in life's journey.

6. Increase your productivity as life becomes more complex and fast-paced and broaden your horizon.

7. Choose your words carefully; they have a lot of power and a huge impact on others. Give life a better meaning and give added value to your existence.

8. Be passionate about your plans, your goals, your work, and about life. Successfully and confidently leap into the future and enjoy an exciting journey of life.

Seema Chowdhury
November 20, 2017

Seema Chowdhury
An Exciting New Path

An exciting new world
An exciting new path
Is waiting out there
As new year is here
So enjoy new challenges
And take a great start
And know in life's way
You can brighten your day
Just by tying the bond
Of never ending love
And know to faintly survive
Have true friends in your life.

Seema Chowdhury
An Exciting Proposal

Death is an exciting proposal 
that must be accepted
At any moment
At any time
At any place
Where it is offered
For
It ends
All the pain
Of life
And living.....

Seema Chowdhury
An Imaginative Solution

Bring others fain
Bring others smile
Show them all
Joy for a while
For this is very
Imaginative solution
And the answer of why
Life is in constant motion
So show your love
And your care
To all who are your
Near and dear
Who needs your support
And the gift of love
That is god sent gift
From heaven above.

Seema Chowdhury

Seema Chowdhury
An Imaginative Way

Learn to create and make your day
Worked out in an imaginative ways
\And let it show you some nice
Things without paying any price
For life is like a story very small
In which everyone enters for all
And then one by one leaves to go
Very far from loved ones you know
So now what you should do in your way
Is to do nice things in an imaginative ways.

Seema Chowdhury

Seema Chowdhury
An Inexhaustible Treasure

Do you know about an inexhaustible treasure
That brings us peace that is hard to measure

The treasure is the Quran that is a holy book
The book that perfectly reflects the God's look

And every word of it is the word of God
Who created this world and is the Lord

And this book tells us all about our duties
So that's why it surpasses all beauties

And Quran is last of all that God revealed
So in it all the precious thoughts are sealed

And knowledge of this book can never fade away
Just as anyone following it can never go astray

So that's why we all love and respect it
As we find it invaluable in every bit.

Seema Chowdhury
An Interesting Turn

Today
i feel
that once again
I got a chance
To re-enter in my life
From hope's door
And
Once agian
Life took
An interesting turn
For the best.....

I'm extremely thankful
To God Almighty
For giving me this opportunity
Once agian
To wrap up my life
And throw out
All negative thoughts
And pain.......

Seema Chowdhury
An Investment In Happiness

Happiness is a flower
That has a great power
To hold within it
Joys in every bit
For when it blooms
It takes away the gloom
And make things bright
And all quite right
And tell us that dear
Just take its good care
As investment in it
Bring the joy's kit
So everyone feels great
And increases his faith
And believe that its a flower
That has a great power.

Seema Chowdhury

Seema Chowdhury
An Oasis Of Calmness

Expand your canvas to paint
Magnificent words of joy and hope
To find an opportunity
To be creative and vibrant
And march ahead
And continue to work with faith

In difficulties and frustrating moments
look for an oasis of calmness
And sing in the words
With new hope and meanings
And change your road
That is twisted and wired with troubles

Break the strange wall of silence
And end the begging of the dark day
Try to gain a momentum
And know life is full of hopeful future
Only if you'll learn to believe
In the miracles

For in life we have mystic moments
Where we feel trapped in darkness
Deprived of sunshine and peace
But if we let go of negative thoughts
And remove pain and sorrow
Then nothing will stop sunbeams
To lit your path
And take us to an oasis of calmness..........

Seema Chowdhury
An Open Word

What I wish for
In this craziness of life
What I hope for
In here to joyfully survive

Is an open word of peace
That can sooth and calm
And can vanish my pain
And work as a soothing balm

In this bitter life
We meet hard rock's pave
Where life seems to end
In an undiscovered dark cave

From where we see troubles
And turmoils waiting on the road
on the road of bitter life
with no happiness or joy's code

I wish if I get a chance
To speak out, to end my dole
An open word of peace
To calm my injured soul.

Seema Chowdhury
An Umbrella Of A Smile

Make your smile
Your umbrella for a while
So you can hide
Yourseld from the tide
Of discomfort and pain
That pours like rain
For a smile reallt starts
Nice feelings in your heart
And it clears your view
From dust of trouble's dew
So learn to smile
All for a while
And give it a try
As it heals your sigh.

Seema Chowdhury
An Unceasing Journey

Life
Is a never ending tramp
Of
An unceasing journey
Where
Each day and hard times
Are waiting anxiously
To greet you
With an open arm-
And
An awkward silence
And
An unsettled life
Traps you
In the unfolding world
Of storm...

Seema Chowdhury

Seema Chowdhury
An Unexpected Turn

I felt so lost
On my return
from my dreamland
With an unexpected turn

Where nothing I saw
All scattered and raw
But pieces of dreams
And empty from beam

I felt so bad
As things were lying
All scattered like leaves
Of the Fall all dying

And then nothing but
just sorrow came to me
To show me the path
Not from trouble ever free.

Seema Chowdhury
An Unfair Thought

I want to close my eyes and sleep
And wish to delve in thoughts that're deep
Where lonely scattered thoughts of past
Are waiting to be gathered and felt at last

I wish to gather them all in one
Then sit and watch the shining sun
The glittering sun that never beams
Without bringing back the doubtful dreams

The dreams of tomorrow that's yet to come
That is still hidden deep in a buried drum
That carries my rare fortune for tomorrow
That's the cause of both happiness and sorrow

And that's when I feel I don't know what to do
And I feel helpless and don't have a clue
About what will unfold after today's dawn
Either a dreadful night or a pleasing morn

And that's when I don't know my yes and no
And I can't tell who is my friend and foe
Then I wish I could cry and ask someone
Why I'm suffering while others are having fun

But after a while when I quietly recall
All my problems whether big or small
Then I surely realize and certainly find
That all these problems exist in my mind

Because everyone has to take their share
Of both their smiles and their tears
As joy and pain are followed in a ring
Just like every winter is followed by a spring.

Seema Chowdhury
An Unforgettable Journey

Life
Is an unforgettable journey
on the road of
Hard luck
Broken fortunes
And
Gathering clouds
Where
Misfortunes
Mishaps
And
Misbelief
Greet each day
And leave you
In Soaky bubbles
Of
Crises
And loneliness.........

Seema Chowdhury
An Unknown Destiny

Soon
A turning point
Of my life will come
When
A new chapter
Will start
Where I will begin
A journey
Of a thousand miles
On an unknown path
For
An unknown destiny........

Seema Chowdhury

Seema Chowdhury
An Unlocked Door

Open the door of your heart
And let go of
The aches and pains
The faults and blunders
The mistakes and misdeeds
The troubles and agonies
And
The remorse and the bitterness
Of yesterday
And let the cool breeze
Of faith, trust, cheer
And
Confidence
Enter and fills your life
With its pleasant
And lovely fragrance
Of joy, smile and hope.............

Seema Chowdhury
Anchor Your Hopes

Anchor your dreams
Anchor your hopes
And learn in life
More ways to cope
With bad and bitter
Facts of life
Which ealks with you
And exists to survive
For everyone is
Bound to taste
Life's very tough
But truth's paste
Because we are the
Players on stage
Who are stuck in this
Life's dull cage.

Seema Chowdhury
And The Past Memories

Memories of treasure of yesterdays's joy
And a happy thought that nothing can destroy

Because it reflects the pleasure of the past
That once we did and faintly cast

For it is a treasure that no one can steal
And it also works as medicine that heals

The pain that sometimes forced you to cry
And didn't give another chance to try

So find a quiet place to review your past
And then you'll see a big and vast

And a huge pile of memories will be found
That forced you to live happily on the ground

So in sucha time I feel that yesterday's joy
Can only be saved through memory from destroy.

Seema Chowdhury
Anger And Hurt

Hurt beneath the anger
Is very hard to hide
For pain is hidden in tears
That flows down like a ride
That are all dull and light
That no one can ever stop
For they just rush down
And endlessly there drop
So try to live with joy
And search for fain flower
For in it really has
Pleasure's strong power
That can swap your pain
With the joys share
And can hide your hurt
Under the happiness tears.

Seema Chowdhury
Angry Moments

Angry moments of stress
Give you nothing
But
A wave of depression
To cling on to
And
A cloud of darkness
To look at...........

Where sand of time
slips by fast
And leaves you to take
Life's challenge alone.......

Seema Chowdhury
Angry Moments Of Stress

Angry moments of stress
Give you nothing
But
A wave of depression
To cling on to
And
A cloud of darkness
To look at........

Just remember
Everything in life is connected
And you must realise
That our own enemy is
Our faulty assumptions
And expectations..........
Angry Tears

Don't let angry tears to drop
And learn the art to stop
The flow of the bitter tears
That wants to dropp out of fear
From the fear of your life
In which we survive
For pain and pleasures are the part
Of your fate written from the start
So learn to find happiness ways
To brighten your incoming days.

Seema Chowdhury
Anniversary Wishes

I wish we can spend
All of our tomorrows
Together with happiness
And free of the sorrows
i hope we can get
many many years together
In which love and joy
Both of us can gather
And I pray to the God
To give us the strength today
To learn to pick the thorns
from each others way
And spread flowers of
Love, comfort and pleasure
In the stairs of life
To show cares treasure
And I hope we can live
Together forever in love
In this life and after that
And meet in haeven above.

Seema Chowdhury
Another Day Of Life

Sitting quietly under the dim light
And looking at things all dull and bright
I reviewed the days of my past
Which left sketches that are vast
I saw myself sitting there
Looking at the by gone years
Where nothing else but only I saw
The edges of days some smooth, some raw
And then I thought why I feel down
There's nothing so bad that I should frown
Because that's what life is all about
Where there's sunshine, some mist and doubt
And no one totally feels satisfied of life
But still all of us have to survive
And then atlast in an optimistic way
I ended another of my life's day.

Seema Chowdhury

Seema Chowdhury
Another Life

Don't wait
For another life
To find happiness
Of
Tangible realities...
Live in each day of today
And
Wherever you journey
Deny impossible
And
Step towards it
With
Hope and more hope...

Seema Chowdhury
Another Step....

Take another step  
Towards life  
And donot fear time  
Or  
Of challenges-  
Just think positive  
For that's a miracle drug  
That can cure your  
Depression  
Despair  
And  
Greys and blues  
And can add  
A spring in your door step  
That leads you to  
The door of happiness........

Seema Chowdhury
Another Year

Today I'm glad
I got another chance
To avail another year
To trust my Instinct
To erase the growing pain
To choose right moment to move
To express my appreciation
For someone's thoughtfulness
To say goodbye to
Negative thoughts and people
And to hang on
And move on with my life........

Seema Chowdhury
Answer Of My Thoughts

The answer that I got
of my injured thoughts
The answers that I got
When I was feeling short

Was try to be calm
As it works as a balm
And know your friends and foes
And weigh the cons and pros

And remember is crisis time
To always sing the rhyme
Of something that is bright
Of something that is right

And try your best to burry
All your pains and worries
and make them a thing of past
So you can be happy atlast.

Seema Chowdhury
Answer To Feeling Stressed

If you're down and depress
And life seems like full of stress

Then don't sit down to cry and mope
Or lose the string of courage and hope

Because both joy and pain my dear
Are the parts of our life's share

That we get packed like a gift
That shows us life phases all swift

So act bravely and never feel depress
And with hope answer the feelings of stress.

Seema Chowdhury

Seema Chowdhury
Don't feel shaken up or blue  
For life not only show trouble's view  
And don't feel disheartened or grey  
For there're present many hopes ray  
And remember never ever to fall in mope  
Or blow out the burning candle of hope  
Because hope is what makes your day  
And bring good luck in your way  
So bravely just hang on and wait  
For very huge is the prayer's gate  
Where you can surely get your reply  
And all your answers of the 'why?'

Seema Chowdhury

Seema Chowdhury
Anywhere....... 

starting from anywhere  
And  
Going everywhere  
It is always the same  
And  
It will always be  
Because  
In these uncertain hours  
Of  
Unequal duration  
There is  
A timeless moment  
Where  
Never and always  
Have  
A common wind to share.........

Seema Chowdhury
Apply Your Unique Perspective

1. Focus on things that matter most and collect useful information so you can make important decisions.

2. Life is complex and dynamic, so expand your thinking, develop a strategy, identity and analyse choices and focus on opportunities.

3. When you come on a winding road in life pause for a moment, reflect on your options, hope for the best future and then start your journey of exploring.

4. When you face a difficult situation, ask yourself what do you need, want and can afford to do, then apply your unique perspective and make a final decision.

5. Always think positive, follow your passion and get up and keep going. Be up for the challenge and make wonderful and amazing memories in life.

Seema Chowdhury
October 11, 2017

Seema Chowdhury
Appreciate Life

Seema Chowdhury July 22, 2018

1) Tap into your inner space and shape your life
2) Find your passion and walk with faith and hope
3) Be open to new ideas and learn from your failures
4) Learn to appreciate life and find ways to improve
5) Enjoy the gift of time and identify new opportunities
6) Make every day a little more beautiful and get on top of things
7) Search for meaningful answers and build momentum in life
8) Every day see a new dream and try something different
9) Hear your thoughts and develop some coping strategies
10) Deal with stressful and unpleasant situations boldly
11) Take positive steps towards life and face similar challenges
12) Develop the ability to let go and move on to channelize your energy
13) Come out of your shell and embrace the new beginning
14) Every day you get a chance to make a difference, so avail it
15) Push away all negative thoughts, fear, and doubts
16) Turn your life into a new adventure and make life worth living
17) Keep hope alive and soothe your anxieties and stress
18) Don't let life's difficulties make you feel unsettled
19) See things from a new perspective and celebrate life along the way

20) Appreciate life, be happy and hopeful and always smile

Seema Chowdhury
Appreciate The Present Moment

Don't feel beaten down by the past years
Appreciate the present moment
And feel its closeness and joy
Look for better days,
Rise above fear,
Remove shadow of doubt,
Sing the song in your heart,
Emphasize on the positive,
Uncover the mix of sweet and mingled memories,
Bring in the energy and love of hope and warmth,
Send your good thoughts and prayers,
Dig in and enjoy life,
And be grateful to God for his gift and blessing............

Happy New Year 2011

Seema Chowdhury
Are You Ready?

Are you ready to let go of your hurt and pain?
Are you ready to get back on your tracks main?

Are you ready to feel the magical moments with God?
And walk on the strong rope of hope of the Lord?

Are you ready to walk down the streets of life?
And become life's coach and help others to survive?

Are you ready to quickly reach the finish line?
And throw the fear of failure and with strength align?

Are you ready to forget mishaps and mistakes?
And get life's cycle goes on with a second take?

Are you ready to speak after such a silence long?
And wipe tears of your eyes and sing a happy song?

And when you will be ready to do all this
Your life will bloom with faith, hope and bliss

And you will see passion and inspiration pathway
Opening many opportunities for you today.

Seema Chowdhury
Areas To Improve

1. Each day look for areas to improve and simplify your life of complications.

2. Invest in yourself and be open to accepting great, new, bold and innovative ideas.

3. Push your boundaries to learn, read, ask questions and acquire knowledge.

4. Emphasize on quality improvement in your work and seek ways to excel.

5. Take initiative to learn in-demand skills and credentials to succeed in life.

6. In today's competitive environment, focus on diverse skills and multiple perspectives of life.

7. Gain positive experiences, learn to plan proactively and work on your performance and positive attitude.

8. Believe in yourself and your ideas. Have the confidence to meet higher expectations.

9. Refine your leadership and management skills and learn to demonstrate them to lead your team.

10. Share your knowledge with others and always be eager to learn new and creative things every day.

Seema Chowdhury
October 23, 2017

Seema Chowdhury
Around And Around

Around and around the empty street
Of life, for some that is sweet
I found nothing but a bitter bite
And only painful things before my sight
I tried to get rid of it
But it didn't move even a bit
For things that I wished for me
Was may be too much for me
So now i'm walking all alone
Around life's streets unknown
And wish to find something to ease
My trouble's sight to get some peace.

Seema Chowdhury

Seema Chowdhury
When you are stuck around troubles
And life starts looking like a bubble
Then we must not look here and there
And ask us why we all are here
For we know troubles are life’s perfume
That comes to everyone we assume
So we must look on the brighter side
And count god's blessings that're wide
And we must have pleasant 'n high hopes
And think that life has plenty of scope
And then we'll know that on god's ground
We shall look to him, when trouble's around.

Seema Chowdhury
Around You

I feel very good
And happy around you
For you give me
Smiles that's true
And you're ready
To always share
And in your way
Show you care
I feel very lucky
And happy around you
For you show me
Life's bright view
And you always give
me the gift
That brighten my world
And gives me an uplift.

Love You Sunny! ! !

Seema Chowdhury
Art Of Living

The fine art of living
Is hidden
In scanning a large horizon
For
Glamors and colors of life
To
Workout on your dreams
And
To have
Unique collection
Of
Tough and fair visions
For
The next life............

Seema Chowdhury
As I Look Back....

As I look back on my life today
I see kaleidoscopic view
With beginnings and endings
Amazing moments
Silent messages
Flooded emotions
Delights of the heart
Unlocking of pain
Withering words
Pieces of memories
Unrealistic expectations
Nostalgic memories
Broken pieces of dreams
Untold stories
Reminders of love
Power of warm hugs
Beautiful things happening
Blend of laughters and tears
Miracles happening
New channel of thoughts
Faulty hopes and mistakes
Tears in the darkest hour
But
Above all I see a blessed soul
Enriched with the power of prayers
Waiting for miracles to happen
Holding God Almighty’s hand
And walking towards tomorrow
With hope, faith and smile
To start a year of beginnings and endings
With unlimited access to opportunities...

Seema Chowdhury
As Long As........

As long as there is smile
Life seems empty of hard trials
As long as there is hope
Life teaches you the rule to cope
As long as there is fain
Life scratches away your pain
As long as there is peace
Life forces all your troubles to cease
As long as there is love
Life brings you peace from above
As long as there are friends
Life is full of joys heaven sent.

Seema Chowdhury

Seema Chowdhury
As Spring Rolls In

Life's astonishing painting comes alive
As Spring rolls in slowly
With flowers blooming
Birds chirping
Wind swaying
And streams flowing

Where rainbow hues sparkle smoothly
Spreading miraculous power of hope
That is contagious and engaging
And helps to sweeten up our lives
With amazement and refreshment
As we enter into this new moment

It brings us hope and joy for our path
And sprinkle our magical days
With the sunshine of smiles and happiness
And the flowing tide of excitement
That creates the illusion of action

This brimming shadow of the present
Brings alive our theme and rhyme
And a unique perspective to decorate our lives
With passion and a recipe of joy
To value each precious day

And then we have a vision for tomorrow
That leads us towards
Calmness and peace
Where we can sit back and relax
To watch this magical and astonishing
Painting of life come alive
As Spring rolls in.......
As The Days Unfold

As the days unfold
My life seems
Harder and bitter
For I have many confusions
And
Confessions to make
I have many sayings
And
Promises to take
That
I have failed
To keep.........

Life doesn't always give
Another chance to do so
So
We must try to avail
The first chance
That we get in life.....

Seema Chowdhury
As The Year Winds Down

As the year winds down
I see
More reasons
To smile
More occasions
To enjoy
More situations
To laugh at
And
Many more WHY's
To live.....

Just remember
When we share
All our troubles and pains with God
He helps us
And
Brings back smiles on our face....

Try to feel God's presence
In the haunting darkness
And
Imagine God coming towards you
With
A bouquet of bliss and wishes........

Seema Chowdhury
As You Begin Your Day

1) Maximize your potential and productivity to climb the stairs of success
2) Know that this is the right time to know and act on your strategic plans
3) Remember that you need to have a strong sense of control over yourself
4) You have to stay cool and calm in the face of stress and frustration
5) You must strengthen your life by strengthening hope and resilience
6) Learn to listen to your inner voice and allow it to guide your steps
7) Find out a way to take a lead and chase your beautiful dreams
8) You should put courage in heart and be strong to face the obstacles
9) Create your own place in the world and tune your life smoothly
10) You should follow your passion and work hard to earn success
11) Capture every moment and be the vision of hope and care
12) Learn to handle overwhelming moments and stay calm in life
13) Remain committed to your passion and create SMART goals to follow
14) Learn and practice courage every day and keep your options open
15) Live from the inside out and see what makes you unique

Seema Chowdhury
July 10, 2018

Seema Chowdhury
As You Grow Old

Make isolation
Your companion
Because
As you grow old
And
As the days of life pass
You get chance
To meet
Loneliness
Under the cloud of
Silence
And
Serenity.....

Seema Chowdhury
Assigned Task

Everyone living on God's green Earth
Is assigned a task at their birth
That keeps on changing as life goes on
According to the appearance of dust and dawn

And both phases of life; good and bad
Are shown to you so don't feel sad
And remember that this will never be the same
As life is a long never ending game

So when good comes enjoy it all
Every nice thing whether big or small
And think that this on going show
Will cease when its time will go

So try to perform your task very well
In this little time for you that dwells
So when you die and go very far
Then you are remembered as a STAR

That shone very bright in the mid of night
And showed others path that was right
And succeeded in performing the task on this EArth
That was assigned to you with your birth.

Seema Chowdhury
At Day's End

Try to count
At the end of the day
Luck and misfortunes
That comes in your way
And darkness and sunshine
That comes to stay
In your life dear
That you have to repay
For life is made of
Joys and tears
Agony and pleasure
That come through years
So never feel lost
Nor feel unclear
Just know in the end
You'll meet cheer.

Seema Chowdhury
At Journey's End

We don't really know
What life will bring
We cannot always tell
Which tune fate will sing
And don't know where
These roads will lead us
Or at our journey's end
Our dire will be on which bus
But just to make happy
Every day of our lives
We can discover joys
That do hidden survive
So when we will reach
At our journey's end
we will have something
To look in every bend.

Seema Chowdhury
At The Sound Of The Bell

Be a source of strength for others
And look forward to uplift sad hearts
Be a source of radiant light and love
And always be the one to humbly start

Love and peace, kindness and care
With deep images of a happier tomorrow
Where you can bury deep down all pain
And hurtful feelings and blinding sorrow

Get up early morn to pray to your God
And listen to the sound of the Divine's bell
For prayers create new and a beautiful path
On which you can walk and always tell

How grateful you are for this life and love
That God has bestowed on you today
To live and smile and share kindness
To brighten your whole life's way

So world can change and sparkle bright
Winning pure and simple hearts and souls
Who all want to live their dreams with hope
And help others to come out of dole

Just open your eyes, ears and heart
To listen to the sound of Divine's bell
That rings loudly to show us the path
To walk and reach to the Heaven's dwell

Remember that it may takes longer time
For nothing in life is a quick fix dear
Just hang in there and brighten your way
And spread for others lots of love and care.

Seema Chowdhury
Start your day with an attitude of gratitude
Change your life with hope, joy, care, and peace
Move forward with faith and make adjustments
Train your mind and heart to see good in everything
And always stay positive, hopeful and full of joy
Let's go!

Seema Chowdhury
December 14, 2018

Seema Chowdhury
Attributes Of God Almighty

God Almighty you are just and kind
Your unaccountable love is for all mankind
For you are a symbol of mercy and hope
And you help us all in pain to cope

Gracious God you are a source of care and peace
And you hold our hands so our troubles cease
And you are mighty and the provider for all
And you don't let your humble creatures fall

For your mercy is like a shining sun
That benefits human race in tons and tons
And show us all the right path to walk
And hold your hands when we need to talk

And my God you are noble, loving and wise
Your bounty and blessings help us to compromise
And you answer our prayers and keep a watchful eye
On earth and heavens and this endless sky

And you are all hearing, all seeing and all knowing God
You know everything that we need my Just Lord
So bestow your glory, your guidance, and your light
For you are a unique healer and you are bright

And you know everything that we reveal or hide
And your knowledge is spread far and wide
And you are compassionate and a loving God
And your love is an endless flow my Gracious Lord.

Seema Chowdhury
Autumn Blessings

Let's go! let's go! let's walk in the brilliant sun
Before fabulous Fall is over and completely done

Let's go and enjoy God Almighty's fresh and crisp breeze
Before wild winter weather comes and it all ceases

Let's go out and enjoy dazzling Yellow, red and green
With fantastic Fall's magic that is everywhere seen

So we can soak our soul in God's deep blessings dear
And enjoy all the love, kindness and super care

Let's go out and see this amazing game and lovely show
That All-Knowing Lord is spreading high and low

So we can absorb quickly in this serenity and silent scene
And dive completely in this beautiful world with keen

Let's go out to breathe deep in the fresh and clean air
So we feel alive and well under God's blessings care

Let's go out and take a morning walk in the Nature dear
To collect thousands of blessings that will last whole year.

Welcome fabulous Autumn full of God's blessings and enjoy the crisp and fresh air.

Seema Chowdhury
October 10, 2017
Autumn Leaves Changing Colors

As summer ends and autumn comes
Days get shorter, misty and cold
And in this spectacular season
Nature's beauty graciously unfold

Trees get ready to slow down
And in autumn take some rest
And show amazing colors of love
That are all at their best

Green fades away quickly
And yellow and orange appear
To show off their vibrant hues
And warmup their surrounding dear

Sunlight and cool nights of autumn
Help leaves to turn orangish red
And combine all things smoothly
To add magic in season's lovely bed

And all this shedding and replacement
Of leaves continue throughout the year
And trees only shed leaves in autumn
To prepare for another winter dear

This is God's spectacular display
Of beautiful colors of the fall
During which many changes occur
Including yellow, orange and red of all.

***Inspired by the changing colors of autumn in Canada.

Seema Chowdhury
Avenue Of Escape

An aura of hard luck is headed your way
So learn to handle it in each day
And know that with hard work and hope
You can gain it all in life's rope
And remember that this battle of life
Can never be swayed, you have to drive
Because the avenue of escape is lost
In this world that doesn't pay a cost
Of all your tears that endlessly drop
From your eyes that you can never stop
So instead of crying in your way
You learn to handle it in each day.

Seema Chowdhury

Seema Chowdhury
Avoid Borrowing Troubles

Troubles my dear
Are found everywhere
For most of the time
In life's rhyme
That's what you get
With the pain's set
So avoid borrowing it
And stay away from it
And learn to say
No in your way
So no one else can
Give you trouble's plan
Or give you trouble's and pain
And take away your fain.

Seema Chowdhury

Seema Chowdhury
Avoid Road Blocks

Avoid to walk on such roads
That're filled with troubles load
And learn to find your way out
Without any kind of fear or doubt

I love and really care for you
And that's why I wish with true
Heart and mind for you dear
For in my way I surely care

And I wish may all trouble's block
Be taken away from your lock
And may you be given the key
Of joy and fain for you to see

That world not only holds for you
Troubles bar and blocked view
But there are also glimpse of joy
That comes for us all to enjoy.

Seema Chowdhury
A-Z Golden Rules Of Life

A- Acknowledge your feelings & add a touch of smile
B- Believe that something wonderful will happen & be alive in the moment
C- Change for better & cleanse your soul
D- Discover new solutions to problem & don't sacrifice your happiness
E- Envelop yourself with beauty and calmness & embrace life
F- Fill your mind with positive words & finish what you start
G- God's miracles are countless & give and you shall receive
H- Happiness brings more happiness & have courage to face any odd
I- In small ways do big things & in a tough spot have faith
J- Just let it flow & justify your acts
K- Kindle hope and faith & knock on God's door for help
L- Live a beautiful life & listen to the whisper of your heart
M- Make a meaningful change & make good choices
N- Nourish your soul & nurture happiness
O- Overcome emotional struggle & open your vision wide
P- Pour hope into your soul & pray for it creates a new path
Q- Quietly listen and absorb from your surrounding
R- Reconnect with life and joy & repair rifts in your life
S- Sprinkle the seeds of happiness & sing songs of summer
T- Tie your own bow & have tremendous hope for tomorrow
U- Understand and hold on to your beautiful dreams
V- Value small and lovely moments & believe in the magic of life
W- Wake up to your life & welcome laughter in your day
X- X-ray and uncover hidden layers of life
Y- You must not quit or feel crushed by fear or failure
Z- Zoom in happiness with zeal and zest.

Seema Chowdhury
A-Z Of New Year's Journey

Let us start New Year's Journey with:

A- Amazing and exciting plans
B- Brilliant and blissful contentment
C- Creative ideas and inspiring thoughts
D- Delightful and precious opportunities
E- Enchanting and powerful dreams
F- Fantastic and joyful celebrations
G- Glamorous and infinite hope
H- Harmonious and soft breeze
I- Impressive blessings and prayers
J- Jubilant and beaming lights of hope
K- Kaleidoscopic and rainbow view
L- Luminous and sunny side of life
M- Magnificent and acknowledging perception
N- Noteworthy and happy feelings
O- Optimistic and significant imagination
P- Passionate and fragile emotions
Q- Quizzical and quiet moments
R- Radiant and loving sunbeams
S- Sparkling love and happiness
T- Tender and gentle memories
U- Useful and positive frame of mind
V- Victorious and vibrant perspective
W- Wonderful and expanding horizon
X- Xylophonic and harmonious melody
Y- Youthful and spiritual light
Z- Zealous and calming prayers

***Dedicated to Sunny, Samia & Sameen***

May God be your guide in every step of the way.
Happy New Year 2014, God Bless You.

Seema Chowdhury
Baby

Wishing you a world of happiness
Wishing you a world of joy
Wishing you a world of cheer
Filled with gifts and toys
For with a baby comes
Lots of cheer and pleasure
That is for the parents
As a gift of rare treasure
For a baby can surely fill
Whole of your life's days
With wonderful years of joy
To fill your whole life's way.

Love you sweet Samia & Sameen

Seema Chowdhury
Baby Announcement

A baby new
A baby sweet
A gift from God
And His treat
Has come to us
With blessings wall
To fill our lives
With joy's hall
So please join us
To welcome Him
With your prayers
Good wishes and Vim
And pray for baby's
Healthy and long life
Filled with happiness
In life's long drive.

Congratulations Sanober & Mahmood

Seema Chowdhury
Back And Forth

Navigate back and forth
Between life's records dear
And learn to handle
The problems and fear

For the beauty of life
Lies in being bold
Because moments of joy
Will also come in cold

Learn to be wise
Be courageous and strong
For everything in life
Can never be all wrong

So look for happiness
And decorate it with hope
And learn to shun
The depression and mope

Just be strong and wise
And navigate back and forth
Between life's records
and through it achieve growth

And know without doubt
That life has beauty in it
We need to learn to unveil
This magic from every bit

And celebrate being alive
And surviving challenges and fear
And that is what is life
All about my dear.

Seema Chowdhury
Bad Days Are Over

It's really a pleasure
To think of you
For you are a person
Who is nice too
Who knows how to
Bring others smile
And let others be happy
In all for a while
So it gives me pleasure
To think of thee
As your love is rare
And a gift for me.

Seema Chowdhury

Seema Chowdhury
Bad Things In View

Don't feel down or blue
When things are bad in view
But try to seek for a clue
And find out what to do
And then do it all with zest
And try to take this test
And then just leave the rest
To god and hope for the best
Because god is really great
Who helps when we put our faith
And enter in his prayer's gate
And believe in our fate
So do it all my dear
With kindness and some care
And learn in life to bear
All sorts of joy and tear.

Seema Chowdhury

Seema Chowdhury
Balance Your Wheel Of Life

Find balance in your life
And listen to your inner voice
Synchronize your mind and body
And let God help you in your trial

Take a deep breath and absorb light
And accept life's challenging events
Fill your heart with a loving spirit
And overcome dead ends and roadblocks

Focus your mind on the positive
And fight through bad days fearlessly
Be optimistic and travel new roads
And count your balance every day

Find strength from within my dear
And live life to make a difference
Keep negative emotions locked down
Throw away disappointments and doubt

Remember not all dreams come true
So don't give up, quit or lose hope
Listen to your deep inner voice dear
To balance your moving wheels of life...

Seema Chowdhury
November 14, 2016

Seema Chowdhury
Balanced Philosophy Of Life

Nothing will work unless you do
So keep a positive and learning view

Develop a balanced philosophy in life
And learn to always mindfully survive

Be grateful and show good attitude
Keep a blessing journal and show gratitude

Be assertive and forgive others dear
Bring in positivity, resilience and cheer

Learn to bring in creativity in life
Refresh your mind to happily survive

Get engaged in your life everyday
Do step-by-step analysis in your way

And when you get tired just pause
Then take a break and just applause

and also rest, relax, refresh and reboot
So negative thoughts in mind you mute

Always work hard and try your best
When you feel you are sad just take rest

And through your strong will power
You will be able to lit positivity tower

Just don't give up always happily drive
Balanced philosophy of life to Survive.

Good Luck!

Seema Chowdhury
September 16, 2017
Balm Of Love

God please hold me in your arms
And put on my pain some balm
God take me close in your lap
And protect me from worldly slaps
And give me a squeeze tight
To brighten my world with delight

I feel very bad, down and blue
And need your love that is true
God help me please and show me today
The right path on which to walk and stay
And show me the sigh of your love
For that's what I feel I really deserve

I love you God, I love you my Lord
Please take away my pain oh my God
And put the balm of love and care
To bring me memories of smiling cheer
Please hold me God in your arms
And put on my pain your love's balm.

Seema Chowdhury
Banish Your Worries

Banish your worries
And
Hide them all
Under
The burden
And load of
A carefree smile
And
Enkindle the lamp of hope
And
Believe in miracles
Then you'll see
Golden sunshine
Shining rainbow
And
Hidden treasures
Beaconing
Hope in darkness........

Seema Chowdhury

Seema Chowdhury
Battle Zone

In this battle zone
You are not alone
For just down the road
Many others will board
The plane you are in
To help you to win
So just be brave
And always crave
For the winning flip
So you can zip
All your pain
And trouble's main
Inside the sack
Of life's bag
And once again start
From a fresh heart
This journey of wish
With happiness bliss.

Seema Chowdhury
Battling Waves

The battling waves of sentimentally
Is playing a bigger role in my life now........

Where my anxious heart,
Troubling thoughts,
And unrest soul
Is echoing pain and despair
And sharp twists and turns
Are confusing......

And I feel the vibes of unsolved mystery
At each crisscross in the highway of my life
That is making my eyes wet
And heart soar
And an uncomfortable silence
Is filling my world with raw emotions.......

And I desperately wish
If I could press the pause button
On my emotions
To renew it all
And gather the courage to fight back
And win these battling waves.........

Seema Chowdhury
Be A Dreamer And A Leader

• Be a dreamer and a leader. Delve deep into your inner world of creativity and positive imagination.

• Search answers of your WHY and don't let anything or anyone stop you in your pursuit of knowledge and learning.

• Lead people confidently and use your creativity and unique ideas to fetch what you have planed for the future.

• Follow your passion and remember your vision, mission, goals and dreams. Use your power, of influence, intelligence, open-mindedness and liberal thinking to reach the highest steps of victory in Leadership.

• Be hard working and energetic; explore the world of possibilities around you. And remember you are a wonderful leader with many followers, so keep your dreams alive and in-motion till you achieve everything you have dreamed of

Seema Chowdhury
May 15, 2017

Seema Chowdhury
Be A Part Of Something That Matters

1) Sometimes difficult things make us special and a part of something that matters most.

2) Appreciate unique qualities in people and live a clean, simple and drama free life to be happy.

3) Plan for current and future needs and challenge yourself towards a greater excellence.

4) Think big, celebrate your life and go out bravely to face tomorrow, look problems in the eyes and be strong.

5) Remain hopeful when things seem difficult and practice to overcome hurdles in everyday life.

6) Develop a remarkable ability to deal and understand people around you. Be spontaneous and go with the flow of own challenges.

Seema Chowdhury
December 23, 2017

Seema Chowdhury
Be A Source Of Strength And Hope

Bring a little joy into other people's lives
And rely upon divine and your inner strength
Hear the laughter and renew your heart
And speak simply but truly and listen deeply
Step back from negativity and overcome obstacles
And put your life in perspective to make a difference
Remember silence soothes the heart and mind
So relax and enjoy serenity at times.....

Don't let your life turn hard or bitter
Give a chance to your soul to heal and grow
Quietly share spirituality, peace and love
And be ready to shoulder the weight of pain
So you can spread joy and laughter all around
Remember God has given us the spiritual power
To change ours and other people's lives miraculously
So be Divine's messenger and a source of strength and hope......

Happy Birthday Sunny, we love you very much :)

Seema Chowdhury
Be Extra Nice

Adopt a path that's nice and true
And be sincere with others too
And try to always be extra nice
For that will give you pleasure twice
Once for being nice in your way
And taking someone's distress away
And second for wipping the dust
From the path of someones trust
And a friendly hand shake my dear
In itself carries a message of cheer
And greet everyone with love 'n faith
And open for all the heaven's gate
So when you get a chance to be wise
Then be with others sincere and nice
For then surely you'll get your reward
From no one else but your gracious God.

Seema Chowdhury

Seema Chowdhury
Be Fair And Firm

Be fair and firm
In all you do
So life can show
You a brighter view

And do everything
With all the zest
And do it all
In your way best

And know that life
Will be fair with you
If only you will
Be fair and true

Because it is
What makes life best
And show you good
In this life's test.

Seema Chowdhury
Be Friends

Be friends to those who are alone
Who think their nights have no morn

And troubles have built for them a wall
That have bricks of pain big and small

So be nice and show them care
And offer them your help and share

All their troubles and their pains
And swap it with the joy of fain

And help them oot when they need
And remove for them the trouble's weed

And show them a brighter dawn
That comes after night and is called a Morn.

Seema Chowdhury
Be Grateful For Your Blessings

Be grateful for all your blessings
And spread words of joy and hope
Everyone needs to hear it my dear
So learn in life to always cope

Cope with difficulties, pain and doubts
And practice to put brave face for all
Then stand in and walk on the path
Of bravery, strength and courage tall

Also invest in kindness, peace and care
And don't turn away in time of need
Spread a message of hope and peace
So positive words echo where your lead

Always encourage others and help them dear
Say warm and caring words for soul's uplift
Don't wait for worse to touch their lives
Send a message of prayers as a gift

You are lucky today that God loves you
And He's always there to hold your hand
Because He's the one and only true friend
Who always supports you and understand

Be grateful for all your blessings and joy
Spread happiness, love, care and hope
Say a prayer of happiness and care today
So Lord increase your Blessing's scope

Seema Chowdhury
November 30, 2016

Seema Chowdhury
Be Happy And Bring Joy

Be happy and always bring joy for others
Through kindness and compassion drive
Be positive and optimistic in all you do
And always look at the brighter side of life

Add vibrant flavours and colors my dear
And show love and patience everyday
Search for inner peace and deep tranquility
And surrender to the will of God in the way

Control your self, your body and mind
Count your blessings and listen to your heart
Be calm and collected and take a break
And illuminate your inner light to start

A beautiful day to be happy and rejoice
And show your gratitude to the Gracious Lord
Who has sent you to this Earth to live
And spread seeds of gratitude in even and odd

Just look deep inside and improve yourself
And get insight and new perspective drive
Be positive and happy and try to bring joy
And always look at the brighter side of life.

Happy Birthday Sweet Sisters Sadaf & Sabeen
Love you both very much

Seema Chowdhury
June 21, 2016

Seema Chowdhury
Be In Command

• Be prepared to accept the higher level of responsibility and let your voice be heard.

• Make strategic and comprehensive plans and look deeply into issues so you can move forward and direct your organization.

• Expand your decision making powers and prepare for tomorrow, excel in every aspect of life and open new avenues.

• Create your own pathway to personal and professional development and focus on enhancing your moral standards.

• Let's take a moment and boost productivity, efficiency and optimize talent performance and share a message of inspiration with everyone

Seema Chowdhury
February 3, 2018

Seema Chowdhury
Be On Top Of The World

Make better plans, live life fully, and always dream bigger
Understand life and draw inspiration from achievements
Respond to challenges in a positive manner and win obstacles
Step towards success and avail your window of opportunity
Don't get distracted by the negativity or noises of the world
Harness the power of positive thinking and be on top of the world
Let's go!

Seema Chowdhury
December 15, 2018

Seema Chowdhury
Be Optimistic

Never give up on hope and dreams
Remember God Allows U-Turns
See the brighter side of everything
Some days it might be a little difficult
And you might have to look a little harder
But never give up and try once more
Let's go!

Seema Chowdhury
December 9, 2018

Seema Chowdhury
Be Ready To Move Forward

When sorrow strikes and you feel
The burden of discomfort and pain

When you are passing through turbulence
And everytime you end up with a wound

When you feel lost in dark despair
And life's uncertainties pull you down

When world leads you astray
And same problems appear many times

Then don't give up, cry or fall behind
Look at them like opportunities to a new world

And believe in the hugs of heaven
And on the power of miracles

Trust in God's gentleness and strength
And look for the winds of comfort and wisdom

And then clouds of doubt will move away
And a bright day will appear for you

So be brave and get ready to move forward
And leave behind discomfort and pain

And with hope's wind and pure thoughts
Build a better world of faith and peace.

Seema Chowdhury
Be Realistic

Be realistic about life
And about living
For its a bitter bite
That has to be chewed
By all
In order to survive
In the ranging storm
Where dark shadows
Of gloom and grief
And the dusty roads
Awaits your way
So be brave
And laugh loudly
And know with courage
You can once again
Conquer the world of joy....

Seema Chowdhury

Seema Chowdhury
Be The Source Of Light

Be the source of light that illuminates the world
Be the shining spirituality that depends from Heaven
Be the source of lasting joy in the time of darkness
And be the path of truth, kindness and wisdom

Listen to God's whisper and set up your pace
Watch the magical sunset and the star filled sky
Create wonderful memories and relive perfect days
And climb the stairs of happiness to reinforce faith

Throw away the burden of lingering doubts
Detangle life's problems and find your way out
Carry love and care to share in trying time
And learn to heal and put balm on scars

We all experience, setbacks and failures in life
Just don't give up see what is coming and what to do
Life is a difficult process but there are moments of joy
So be the source of light and the beacon of lasting hope

Seema Chowdhury
November 25, 2016

Seema Chowdhury
Be The Sunshine

Develop trust and be willing to move on with faith
Connect with your inner self and be the sunshine
Spread your light and a deep sense of care and pace
Find meanings in life's challenges and pursue goals
Make a strategic plan and follow it to be the winner
Let's go!

Seema Chowdhury
December 13, 2018

Seema Chowdhury
Be Thoughtful

If words aren't found
Then say it with flowers
for flowers really hold
A great big power
To bring all around
Peace and love
And all God's gift
Of heaven above
And be thoughtful
And nice in your way
And collect fun and joy
For each of your day.

Seema Chowdhury
Be Up For It!

1) Speed, power and performance are the formulae to start a new era of success.

2) Prioritize your work on your To-Do list.

3) Collect all relevant data before making a decision.

4) Make your life rich, have the right attitude and focus your energy in one direction until you get the work done.

5) Explore your thoughts, stand up for yourself and focus on next steps.

6) Be true to yourself and always strive to improve.

7) Live the best life you can and look at the sunny side of things.

8) Push past obstacles and move forward.

9) Use your limitless energy and motivation to make progress.

10) Look fear in the face and say, I am up for it!

Seema Chowdhury

Seema Chowdhury
Be Willing To Go That Extra Mile

Look forward to a brighter day
Look forward with happier ways
Look forward with a hope and a smile
And be willing to go that extra mile

And remember my dear in this life
Many things that occur and survive
Are not exactly what we wish
In this world surrounded with God's bliss

It's surely sometimes hard to believe
And you don't think you can ever achieve
But with a little courage and hope
You can surely reach the door of cope

Where you can enter and have the best
And know that there you can rest
And look forward with a hope and smile
And be willing to go that extra mile.

Seema Chowdhury
Beacon Of Tender Hope And Faith

March to the sweet beat of your own drum
And relate to life's moments one by one
See the meaning of miracles in a new light
And find yours before life is over and done

Awaken to life's precious and unique lessons
And transform darkness into brilliant light
Clear your heart of the conflicting emotions
And free yourself from shackles and shine bright

Life is filled with miracles and amazing things
So move swiftly through grief and unbearable pain
Find comfort in your own place and moments
And uncover the purpose of life's end game

Remember to show your gratitude and love
And be grateful to God for his mercy and grace
Clear the fog and mist of doubts from your life
And cling on to the rope of faith and hope's phase

It's time for you to march forward graciously
And relate to life's moments that come in the way
So awaken to life's precious and unique lessons
And be the beacon of tender hope and faith everyday.

Have a blessed weekend!

Seema Chowdhury
Bear More Pain

Always take disappointments
As a stepping stone
In the
Tragic drama of life---
For they prepare you
To bear more pain
Bravely
And
Dareingly
And
Helps you to break the shell
Of helplessness
And
Wispy clouds.........

Seema Chowdhury
Bear The Fear

Don't feel scared of life
learn in it to survive

And know its best for all
To start in way very small

So learn to bear the fear
And do it all with care

And know that with a smile
You'll surely cover the miles

Of troubles and agony and distress
Without any sigh or a mess

But for that you have to try
Without any tear or cry

And accept it as part of life
And learn with them to survive.

Seema Chowdhury
Beauties Of God

Sun shines in the morning'
And starts at night
This is really how
World shines very bright

So try in it to find
Your way to sight
These beauties of God
That brings you delight

For all that is present
And all that might
Will come here later
On them you have a right

So look for some more
And hold them tight
And enjoy them all
Without any fright

And try in it to find
Your way to sight
These beauties of God
That brings you delight.

Seema Chowdhury
Beautiful Birthday Wishes For Super Samia

May your heart be filled with love and joy
May you have best moments to enjoy

May there always be rays of truth and sunlight
To brighten your day and your life's every sight

May you always have pure and positive thoughts dear
May you always find happiness and endless cheer

May your prepare yourself to enter an exciting door
Where you will find opportunities for you in store

May you live in moments of care and lots of peace
May path of your life be filled with joy and ease

And may each sunrise that you experience in life
Be filled with spirituality and kindness long drive

You are a lovely daughter and we are so very proud
With God's grace you always stand out in the crowd

For your love, kindness and your smile of care and joy
Fill this world with sparkling moments for all to enjoy.

Happy 19th Birthday Samia Baby Doll
We love you so much and we are proud of you!

Love always Mama and Baba

Seema Chowdhury
May 2, 2016

Seema Chowdhury
Beautiful Leaves Of Autumn

Lovely memories of the Autumn
Appears once again in life
With yellow, brown, red and green
Leaves of life that scattered and survived

When bitter sweet nostalgic story of life
With shadow and shine appears
And spreads its beauty and its grace
Under which the long path of life disappears

Disappears under the joyful burden
And loads of the beautiful fallen leaves
That dance all around and sing with smiles
The lovely song of Autumn brief

For God has made this lovely season
A source of love, peace and cheer
In which we get another chance
To shed the burden of pain's layer

And this is the magical and pretty season
In which we can joyously gather sunshine
And enjoy lovely breeze that blows all around
And call it the gift and bliss of divine

For the lovely dry leaves of Autumn bring
Beautiful colors like the blooming Spring
Where red, yellow, brown and green is seen
With God's grace and love and beauty's ring.

**Inspired By the beautiful changing colors of the Autumn in Cape Breton, Canada.

Seema Chowdhury
Beautiful Reflection Of Life

As I look outside my window
At the crisp morning sky
A beautiful reflection appears
That brightened my gentle spirit
And things begin to change
The vibrant colors of the morning
Plays a magical show of hope
And brings life to the dull days
It opens the door to a new phase
New lessons and untold stories
So once again I can navigate my life
And uncover the hidden secrets
In the beautiful reflection of the sky
And in this big moment of Enlightenment
I feel gentle wind wiping my face
With a new perspective and joy
My heart is full of love and gratitude
And I feel a positive twist smiling
Changing my life for better instantly
Under the beautiful reflection of life
Where I see an avenue opening
In the lost mist of the flowing time
Spinning in circles of choices
Leaving my life flowing with blessings....

Seema Chowdhury
Beauty Of The Autumn

Life seems so beautiful and so much fun
For Summer days are now over and done

And pretty days of Autumn are here
With all its luxurious glow and fair

Where trees are all smiling with fain
And changing its color same to same

Yellow, brown and red from the lovely green
And every where God's beauty can be seen

It all looks so serene and quiet
And also very astonishing and bright

That I feel lost in this God's magic
And forget about all my life's tragic

Where sky is clear, nice and bright
And no more clouds floating at night

And this is the perfect kingdom of God
Who gives us strength of love in odd

And spread all this peace and glory hue
For all of us to enjoy it too

Where sunshine falls on our face
And shows God's blessings and its trace

And gives us strength to go on in life
And learn to here brightly survive

And enjoy the miracle of dear God
Who is our only loving Lord

Who shows this beauty of the changing hue
From green to red, yellow, brown and blue.
Enjoy The Beauty Of Autumn Colors! ! !
(Inspired by the beautiful Autumn in Sydney, Nova Scotia, Canada)

Seema Chowdhury
Beauty Of The Snow

Laugh and smile
Enjoy for a while
And keenly discover
Beauty of the snow

For snow is a gift
That gives an uplift
To the broken heart
Towards a brighter start

And it helps the soul
That are drenched in dole
To bring back smile
All for a while

For in the depth of it
There is a happiness kit
Hidden from our eyes
So look deep and be wise

And when you see it all
Hold on tight so you don't fall
Or drown deep in the snow
And that's what you should know

That just like it is pure
It also has the cure
To swap our pain and sigh
To uplift our spirit high

And cleanse our mind and heart
And give us a beautiful start
To once again enjoy God's gift
That gives our soul a lift.

Seema Chowdhury
Because Flower Is My Name

I'm proud to tell if you want to know
Where did I come from and where did I go
I live in earth's lap both high and low
And i'm friend to everyone and don't have a foe

I usually feel happy in the season of spring
Because taht's when I can play, dance and sing
With small feathered creatures who fly in a ring
And with all sad people whether beggar or king

I cheer up the people who feel down and blue
And I try to do good things for them if I can do
And replace their tears with smiles that're new
And pray with them for things they're wishing too

I'm found in places that're hilly and plain
Playing with my friends in a circle or chain
Or sometimes I just stand quietly in the lane
So people can see me from a moving train

I say get well to those who don't feel well
And tell them good things that I can tell
And give them happiness that no one can tell
aby sharing their cries and smiles that dwell

I'm also considered as a source of delight
Because I'm found in colors that are bright
And I even feel fresh in the middle of the night
For those who want to see bright shiny light

I like my work and I love to play this game
For making people happy is my only aim
And I treat everyone nicely just the same
Because I'm the Lord's creature and Flower is my name.

Seema Chowdhury
Because God Cares

With the break of a very bright day
All dull shadows quickly fades away
With the end of a dreadful night
All things set in their places right

With the bloom of a pretty flower
We can see God's strength and his power
Because when God brings sunshine
With it he gives joyous wine

And gives us the never ending love
And fill life's road with heaven's curve
And gives us the strength to keep
Ourselves surrounded with the prayers heap

And God gives us reassurance and peace
And do everything so our pain would cease
And he gives us joy by answering our prayers
Because in his ways he show he cares.

Seema Chowdhury
Because I Am A Dreamer

I wish I see sun shining very bright
And all good things before my sight
Where not only joy but also love
Is bestowed on all who really deserve
So I can wipe the tears of mope
Because I'm a dreamer of love and hope

And also I wish to see rainbow
when things are going down and low
So anyone who is feeling sad
Be given a chance to be fain and glad
so I can wipe the tears of mope
Because I’m a dreamer of love and hope

And last I wish and ask dear God
Who created us all as He is thee Lord
To give me chance so I can avail
All truth and sincerity that actually prevails
So I can wipe the tears of mope
Because I’m a dreamer of fain and hope.

Seema Chowdhury
Because I Care

I wish you smile
In trouble's pile
I wish you fain
In the period of pain
I wish you joy
When you feel coy
I wish you hope
When you mope
I wish you love
In trouble's curve
I wish you the best
In all life's test
And I sincerely wish
For you all this
Because I care
Sweet sister, my dear.

Love You Bagi

Seema Chowdhury
Because Of You

My world looks bright
Because of you
It emitts joy's light
And that is true
And it shows the morn
That is all rare
That leads the dawn
Of love and care
And that is why
I say it is true
I feel no pain and sigh
Just because of you.

Seema Chowdhury
Because Today

I have to play my role
But my heart is full of dole
I don't know what to do
For things are right now blue
I wish I can explain
Why always I get pain
That fills my heart and soul
With grief and so much dole
For life cannot run smooth
And nothing can today soothe
The pain and agony's sleep
That is all running deep
Because today my life's pole
Is full of grief and dole.

Seema Chowdhury
Because You Are A Beautiful Part

What else could one ask from The God
Who rules the sky, the sea, the sod
If he has given you his precious gift
In the form of a friend for your uplift
A friend who is not only nice and rare
But do nice things to show she cares

What else could one ask from the God
Who rules the sky, the sea, the sod
If he has bestowed his blessings shade
In the form of a friend's loving aid
A friend who not only smiles with you
But wipe your teary eyes dear too

What else could one ask from the God
Who rules the sky, the sea, the sod
If he has given you the world's best part
In the form of a friend who has a kind heart
A friend who is not only important and worth
But is really a beautiful part of this earth.

Seema Chowdhury
Before Life Is Done

Look for joy
Look for fun
And do it all
Before life is done

For few comes'
Time to sum
Joy and cheer
In life dear

so try today
Never to sway
But find a way
Of pleasure's day

And do it all
with joy and fun
And do it now
Before life's done.

Seema Chowdhury
Before Night Falls

Before night falls
And sun goes down
Before stars start
Shinning on the town

Finish your work
And make your way
And do for others
Nice things in the day

Because that's why
We were sent
On God’s green earth
So troubles can end

And we can spread
Happiness and love
And God's other gifts
Of heaven above.

Seema Chowdhury
Before You Start Your Day Today

Before you start you day today
Ask for gracious God's love and care
For He is bountiful and all-knowing
And He's the one who can give you hope
For His ways are perfect, kind and true

Before you start your day today
Ask for God's forgiveness and peace
For He's off returning and compassionate
And He can turn things around for you
For His ways are perfect, kind and true

Before you start your day today
Ask God for quiet moments of serenity
For God is merciful and your Lord
And He can de-clutter your life for you
For His ways are perfect, kind and true

Before you start your day today
Ask God for a different perspective
For only he can clean the clouds of dust
And can bring spark to create momentum
For His ways are perfect, kind and true

Before you start your day today
Ask merciful God for beautiful moments
For only He can lit up your humble soul
And fill your mind and heart with peace
For His ways are perfect, kind and true....

Have a Blessed Weekend!

Seema Chowdhury
November 13, 2016

Seema Chowdhury
Begin A New Chapter

hiten your spirit and help to create a wonderful world to live in.

bold actions and look for major growth opportunities in life.

stand emotions and be open and accepting of yourself and other people.

the future and increase the probability of success and growth.

your peace and use your imagination to find different solutions.

is full of answers; you just need to learn to ask the right questions and look at the right direction.

present in the moment and experience the difference and changes that are happening all around you.

't feel stressed, anxious and uncertain in life. It's a game we all need to play to survive.

er and motivate other people around you and dig deep for creative solutions.

ate through opportunities and accept challenges to position yourself in the leadership role.

e by taking actions, doing good planning and implement them carefully.

result-based plans for successful changes and avoid time wasting solutions.

happy thoughts and keep praying with an optimistic note to self.

an optimistic note to self, live for now and expect the best.

on the bigger pictures and take big steps and productive actions.

by examples, shake things up and find your purpose in life.

charge, feel confident explore hidden opportunities and love your life.

plish next level by shaping your present creatively and by planning for the future.
wisely.

e time wisely, focus on productivity and be strong in the time of crisis.

't bend the rules or compromise on your principles for anyone.

e 'What-ifs and Why-not's from your dictionary and listen carefully to the quiet voice in your heart.

your capabilities and develop a knack for strategic planning.

your journey of self-awareness and handle mistakes along the way.

your life with experiences and learn to survive in difficult situations.

ve that something amazing will happen and begin a new chapter with hope and wisdom.

Seema Chowdhury
January 3, 2018

Seema Chowdhury
Begin It

Behind my smiles are my pain
But I want to accept life’s challenges
And begin it...
For beginning is the hardest part
In life’s journey
Where I ride on a roller coaster
That is exciting but scary at times
So I am learning to overcome imperfections
And trying not to feel bad or broken
And learning to smile and conquering myself
In the light of truth and begin it
And bring in rhythm and harmony
To live happily ever after...

Seema Chowdhury
Every ending
Of one trouble
Means
A new
And
A worrisome beginning
Of another trouble
because
This is the true
face of reality
Where
Ridiculous questions
Discontents
And
Muted criticism
Answers
Our
Silence concerns
And
Query......

Seema Chowdhury
Beginning Of The End

today is the beginning of all the ends
I don't know from where to start to mend
The broken and shabby paths of my life
On which I have to walk to survive

I really want to put an end to this
I really want to enjoy God's love and bliss
I really want to see a clear sky
Where no gloomy clouds appear as high

I went to put an end to my mind's pain
That disturbs me alot and makes me insane
And doesn't let me joyly smile
Not even a moment in trouble's pile

So I want just to put to an end
And want to start to repair and mend
The broken and shabby paths of my life
On which I have to walk to survive.

Seema Chowdhury
Behind Friendship

See God's love
Behind friendship
Where endless beauty grows
That is
The most powerful bond
Of all times
Where
Love lights up
To fill hearts with joy
And
Where friendly smiles
Crystalize the thoughts
With
Deep insight........

Seema Chowdhury
Behind The Wall

Why I always feel
Trapped behind the wall
waiting for the spring
To give me joy's call
So I can join in
And enjoy this lonely game
Known as ups and downs
Of life's basic aim
Why I always feel
Trapped behind the wall
Waiting for the summer
To give me joy's call
so I can move on
with time to catch
what fate has sent aside
For me to match
Why I always feel
Trapped behind the wall
waiting for the winter
To give me joy's call
So I can sing a song
Of joy and mirth
And find a purpose
To be on this earth
That God has created
For all of us to stay
Where time moves on
like waves in the bay
With its ups and downs
From the start of day light
And stretches till the curtain
Falls on the peaceful night.

Seema Chowdhury
Being A Family Means...

Being a family means someone with whom
You share tons of amazing moments
You pour your heart and emotions out
You focus on things that matters to you
You create happiness and a language of love
You color every inch of your life with joy
You give shape to your desires and dreams
You speak freely and honestly about feelings
You draw symbols for new beginnings
You set up a path to glory and success
You clear puzzling thoughts and confusion
You prepare well for the tests of life
You solve unsolved and strange mazes
You block negative and nagging views
You shut unpleasant and nostalgic memories
And above all you say nothing at all
And still be loved, understood and not judged.....

Thanks a lot for being my wonderful family

' Family is like music, some high notes
     Some low notes, but always a beautiful song '

Seema Chowdhury
Being A Mother Means

Being a mother means
You smile through your tears and you cry and tenderly sigh
You shop, clean and cook and you shout, hug and ask why

Being a mother means
You learn to take baby steps and you discover words that are new
You read fables and tales and teach life's lessons that are true

Being a mother means
You encourage and work hard and you listen carefully and give advice
You attend all school programs and celebrate child's success twice

Being a mother means
You learn to forgive and forget and you try to mend broken heart
You feel the same joy and pain and teach right things from the start

Being a mother means
You always have time to talk and give them love, kisses and smiles
You tell them they are special and have made each day worthwhile

This is what it really means to be a Mother my dear
You feel very special and blessed with God's tender care.

'Being a mother is an amazing and a spiritual journey of unconditional love, enduring strength, and lots of responsibilities. It teaches you to ride the waves, paddle your canoe and embrace the ebb and flow of life and accept the challenges of blessed motherhood'.

Happy Mother's Day to all the mothers

Seema Chowdhury
Belated Happy Birthday Irum

My card and poem may be late
But it cannot be out of date
Because it is for a friend who is nice
Who do nice things without thinking twice

I wish more words can tell you dear
How much I really wanted to share
Each second of your very precious day
That appeared in many different ways

I wish you joy my dear friend
With endless fain and boundless end
Where you can feel free of pain
Just like sunshine after rain

So try to spread the gift of a smile
Which shares your half of troubles pile
So you can enjoy your precious day
That appears in different ways.

Happy Birthday Irum

Seema Chowdhury
Believe In Better

1. Improve the quality of your life with inspiring and hopeful messages.
2. Learn to cope with anxiety and stress every day.
3. Collaborate with your team members to win big.
4. Help people in need and communicate openly.
5. Expand, explore, and extend your horizon.
6. Connect with people to improve lives.
7. Change the world by starting to contribute.
8. Reduce negativity and be more mindful.
9. Believe in better by upgrading your plans and aspirations.
10. Translate your dreams into reality by start working on them.
11. Face the real world like a winner and have a kind soul.
12. You can achieve anything that you want if you believe in yourself.
13. Inculcate admirable qualities and improve every day.
15. Add value in all that you do and believe in a better future.

Seema Chowdhury
November 12, 2017

Seema Chowdhury
Believe In God's Timings

Believe in God's magnificent words
And have firm faith my dear in Him
God bestows His special blessings
And He wipes tears of our eyes
He listens to our humble prayers
And He answers when it is right time
He bestows His grace and bounties
When sincere opportunities arise
He helps us through difficult journey
And holds our trembling hands
He calms our pounding hearts
And descends serenity and peace
He establishes calmness within us
He sends us positive energy of faith
And to enjoy these gracious blessings
We have to have firm belief my dear
We must trust God's perfect timings
As He is a merciful and real Lord
Who puts us through the test of time
Then helps us to walk like a winner
Only is we show patience and love
And submit humbly to His will.....

Seema Chowdhury
April 1, 2017

Seema Chowdhury
Best Reason For Hope

You are my best reason for hope
I love you dear for always in mope
I know I can look at you
For a helping hand that is true
For you always come forward for me
And help me to set my life free
And get rid of agony and pain
And look for the path of fain
Because you always help me dear
To see the path of love and care
Even in the middle of trouble and mope
You show me the best reason for hope.

Seema Chowdhury
Best Reply

silence is the best reply
When you're hurt and wish to cry

For it holds value that is rare
That doesn't need any part or share

Or any kind of sympathy and pain
Or any glimpse of tear's rain

That is filled with hard distress
And makes messy your life's stress.

Seema Chowdhury
Best Thing God Invented

God invented the sun, the moon, the star
God invented things that're near and far
But best of them is the Earth
That is made up of bricks of joy and mirth
And in it always love is found
That adds to the value of the ground
Where our parents, brothers and sis
Live with joy from God's bliss
So that's why I think the best thing
That Good have invented in this world's ring
Is the Earth and all that is on this ground
where every where love and blessings are found
That gives us a lovely reason to survive
And be happy to be given this gift of a Life.

Seema Chowdhury
Best Things In Life

Best things in life
seems lost for me
And troubles row
And set free
The smile and fain
Of my life
In which I am
Now bound to survive
I wish if not
I was sent to earth
To take away from it
The joy and mirth.

Seema Chowdhury
Bestow Love

Bestow love
And you will get
A grand gain
In return
For it is one commodity
That multiplies
When divided
And teaches you to realize
The real significance
Of life and living
And tells you
That one act of love
Can take away
Layers of gloom
From your life.

Seema Chowdhury
Better Days

Better days will come soon
Where will end the trouble's noon
And will show another day
Filled with joy in the way
Where will come huge life's gain
That will take you to the lane
To the lane of joys and smiles
To add color and make worthwhile
All your life and the days
And will fill joy in your ways.

Seema Chowdhury
Better Life

Life is like a wheel
That starts when you are born
If never stops dear
Till from here you are gone
So try to make it go
And move fast and on
Till you fill it with
Pretty white and clear dawns
And try to start your life
With flowers filled lawn
Where you can grow
more buds and go on
And make happier dawns
So you can leave memories
Behind when you are gone.

Seema Chowdhury
Better Than The Rest

It better be for the best
It better be better than the rest

Yes dear that is what is right
You must choose the way that's bright

Which not only be good for you
But for all who stay around you too

That's what really counts dear
How you show your love and care

And prove with what you really do
That with others you are sincere too

So whatever you do, it must be the best
And let it be better than the rest.

GOOD LUCK! ! !

Seema Chowdhury
Between The Waves

Between the waves of the sea
There is so much to see
For with each high and low tide
There is a long journey and a ride
That all of us have to cross
With odds and evens and gains and loss
So always be prepared for this test
And know and do it with zest
And don't let enter in mind any doubt
Just be the first one to try
And with lots of courage reply
And sail calmly between the wave
Before you reach and sleep in the grave.

Seema Chowdhury
Beyond My Reach

After so much
When come
A sigh of relief
A moment of joy
A glimpse of cheer
A vision of fain
I felt so lonely
Because
I saw and searched for you
But
You were far
Very far
From me
And beyond my reach.............

Seema Chowdhury
Biased Answers

Probe your deepest feelings
To make an emotional connection
To form a meaningful picture
Of the world around you
And create your own happiness
To move past pain and hurt
Without a doubt
Don't let nagging feelings
Of isolation and loss
Hold you back from smiling
Or springing to life
Get hold of missed opportunities
And know that
There are no easy answers
Or emotional responses
Minute by minute
So don't give biased answers
Or misinterpret your difficulties
Just watch out
And move forward to nurture happiness
For there is so much out there to know..............

Seema Chowdhury
Big Dreams

My dreams are hung so very high
Where rainbow is scattered on the sky
And my hopes are all built in it
And are giving cheer as happiness kit

What else can one ask for more
If one has got every open door
To enter in it with some faith
And feel good and extremely great

God please I beg and hope to see
The shadow of your love all around me
So I can always cling on to hope
And learn more art in life to cope

With troublesome situation that stops by
In my way under the blue sky
So I can always view sunny sight
That makes my life extremely bright.

Seema Chowdhury
Big Gains

Be crystal clear to your purpose
Be crystal clear to your gain
And let nothing block
The path of all your fain
For big gains can be achieved
If you can learn how to
Handle the troubles of life
That are all bothering you now
And have the courage to act
And learn to be the one
Who is the leader of those
Who wants things to be always done
And then all the big gains will come
To color your life all bright
And show you the rewards of your work
That you did with joy and delight.

Seema Chowdhury
Big Rewards

Big rewards will come your way
If you can learn today

To do nice things for others
And for them if you can gather

The flowers of joy and smile
And make lively life for a while

Because when we, with them share
All our kindness, love and care

Then God's love comes to stay
With us through out our day.

Seema Chowdhury
Birthday Happiness

Bright sun’s ray
Tide in the bay
Clouds int he sky
And birds that fly
Are all stopping by
To wish you well
And fainly tell
A thing no one can buy or sell
That all kinds of joy that dwell
Are ringing the Happy Birthday bell
And are telling you dear
All joys and cheer
All love and care
Whether far or near
Really wants to share
Your day with you
And show you views
That are all new
And tell you too
That they all wish you
A day that si bright And full of light
With tons of all pleasing sight
And wish you all kinds of delight
From the break of the day
Till the end of the night.

Happy Birthday Dear

Seema Chowdhury
Birthday Invitation

Hi dear friends
Come listen to this tune
It's a special day
In the month of June
When for my parents
I was given a birth
To brighten this world
I was sent to this Earth
So please join in
And celebrate it with fun
With toys and balloons
Before this day is done.

Happy Birthday Anvita

Seema Chowdhury
Birthday Wishes For Sameen

You're very precious for me
And you're rare too
I love you very much my dear
And that's really true
For God has given you to me
As His gift and his reward
And God has bestowed all His love
through His blessing; s chord
I hope my dear oh my love
May you'll be given in life
All the joys and all the fains
That in this world do survive
And hope may never in your path
Any trouble dares to stop
Or any problem ever finds
A way in your life to drop
And may God bestow all His bliss
For you from heaven above
And this is a birthday wish
From me my dear, my love.

Happy 2nd Birthday.

Seema Chowdhury
Bits And Pieces

When reality threaten the fantasy world
That we have created for ourselves
And the hollowness of the soul arises
Amid the raging internal storm
We embark on an emotional journey
And start feeling
Exhausted
Frazzled
Anxious
And depressed
And see hope fading away
And pendulum swinging in the other direction
With unusual barriers
In bits and pieces....

And then fear of challenge
Starts blocking our view
And making a brick wall
To darken our days
And pushing us in hassles of life
When shadow of depression
Cast the path with darkness
And pain is deep and dark
That doesn't let us bounce back
From life's set back
Or collect our scattered mind
And this battling adversity
Takes an awkward turn
And we feel collapsed into the waves of injured spirit
Where life feels outside of grasp in bits and pieces......

Seema Chowdhury
Bitter Life

Don't feel stuck or lost in the dark
For life has silver linings and marks
That we need to dig and bring out
To tear the dreadful layers of doubt

For life has struggles, depressions and blues
Where you've to learn to overcome hues
And allow yourself to grow and survive
In this bitter and painful journey of life

Just remember you'll be wounded many times
And you'll be forced to sing anger's rhyme
So don't feel poisoned by the bitterness of today
For life will bring you peace in your way

Just remember there's a purpose of every life
That's why God has sent us here to survive
So try to dig the truth and the answers dear
And find the secret hidden in each life's layer

And use your wisdom, your love and hope
And powerful vision to come out of this mope
And make memories on which to survive
For that's the main purpose of this bitter life.

Seema Chowdhury
Blank Days

On the canvas of my life
The lines that survive
Only show black days
And empty door ways
Because corridors of life
Where I now survive
Does not have any
Meanings nor many
Words to explain
Cause of my pain
And every day I try
For myself to buy
Few moments to fill
This emptiness to fulfill
the needs of mine
For joy's moment wine
But my effort's chain
Just go in vain
And again new day
Appears blank and gray.

Seema Chowdhury
Blank Document Of Life

Life is like a blank document
Just place the cursor anywhere to start from
And as you enter text it will begin to develop
And move into the unused space
Where you are given ample options
To choose, create and modify
Your deeds, acts and sayings
To enhance the appearance of your life

So never let any line go blank or empty
Make the best use of your time and space
And add borders, shades and special effects
To display your artistic side and add interest in it
And you must learn to justify your acts
And highlight important things in bold letters
And depending upon what you select
Your life will increase value and will guide you through

Try the easiest and the fastest way to move along
Leaving dots, dashes and bold lines for others to follow
For life hangs in multiple levels where you play and display
But no matter which ever option you select
Just make sure that you use the preview window
And delet unwanted text and replace it with the new text
Before you click the save and exit button
To close life's document forever and ever.

Seema Chowdhury
Blank Paper

A blank piece of paper
Is
Very valuable
And very meaningful
Because
It says so much
To the ears, those ears
And
To the eyes, those read
With
An eager heart
And
A curious mind......

Seema Chowdhury
Blessed Day And Night

Enjoy a blessed day and a blessed night
May you find peace, love, care and delight

May life treats you well and smiles upon you
And you enjoy your life like a rainbow hue

May you find inspiration in the journey of your life
May peace kisses your feet and teach you to survive

May sky above you be always blue and bright
And everywhere you see grace and tenderness light

May you seize opportunity to help others and smile
May you walk with tender kindness all for long miles

May you win hard and long battles of life in the way
And may peace and serenity covers all your days

May you make life meaningful and absolutely great
May everything you do reflects your belief and faith

And may your presence be a source of joy and delight
And you enjoy every second of blessed day and night.

Happy 19th Anniversary Sunny

Seema Chowdhury
Blessed Days

God has filled
In His own way
Blessings and joy
In every day
So now it is
Our duty
To seek and find
It's hidden beauty
And see all around
And everywhere
Miracles of God
Spread far and near
And know they're blessings
Like morning dews dear
That'll soon melt away
If not handled with care
So find them and enjoy
And be thankful to God
For being there for you
And for all these blessings rod.

Seema Chowdhury
I feel God's blessing's showering
Love and kindness on all
I feel his care and happiness
On us pouring like rain fall

I feel blessed with joy
After he has sent you my dear
Who is a constant source of peace
And shows light of smile and cheer

I love you Sameen baby
And want you to know it too
That my world has broaden with hope
With your presence and its true

And I'm proud to be your mother
To whom God gave this gift
To fill my empty world and life
And bring my soul an uplift

And I wish you to be very happy
And be a vision of hope
And brighten with your shine
This world of trouble and mope.

Happy 9th Birthday Sameen

Seema Chowdhury
Blessing In Disguise

Tears
Sighs
Sod
And
Wails
Are not a curse
But
They help us
To unload our pain
So to me they are
Blessings in disguise
And
Once the burden of sadness is unloaded
It helps us to see
The beauty of the Autumn,
The calculus of rewards and punishments
And
It gives us the energy
To flow with life
And move forward
With the plans of Hope
In our world of Tomorrow......

Seema Chowdhury
Blessing Of Friendship

Today i want to tell
A thing that you can't sell
A thing that feels so good
And is strong as a piece of wood

Taht thing is a gift of friendship
More strong than a gold ship
That comes from heaven above
To show Lord's care and love

Friendship is the seed of a flower
That sprouts within a few hours
And appears to be a magic
That overcomes all that is tragic

Sharing is a part as well
Both cries and smiles that dwell
There is nothing as nice as this
Like having the blessing of friendship.

Seema Chowdhury
Blessing Of God

Oh God Oh my dear Lord
Forgive me for what I have thought
Because that moment made me sad
By thinking of things I use to have

While crying one night in my dream
I felt touching something soft as a beam
I woke and saw myself in the meadow
Surrounded by God's loving and caring shadow

Then I saw something stabbing in white
That was shining like a bright light
He told me that he was an angel of God
And came to take me to see the Lord

I walked and walked till I saw in rows
The rows of flowers with buds and bows
Those flowers were so precious and rare
I haven't seen anything so nice and fair

I looked at the angel with an amazing look
But instead of saying something he showed me a book
And told me to read the written story
And inside I found words of wisdom and glory

And after reading the book I realized
That whatever God did was all right
And God always rewards for all good deeds
And helps everyone when they're in need

And all those flowers in those rows
Were the blessings of God in the form of bows
And are certainly distributed among all those
Who truste and believe in their God the most

And realizing God doesn't view me as bad
Makes me feel better and glad
So once again I'll say My dear Lord
Forgive me for what I have thought.
Blessings Are Eternal

Life is a journey through the river of no return
Where sometimes we teach and sometimes we learn
That every new phase that starts in your life
Will surely cease when its end will arrive

So if you look at the sky and it looks misty
And half bloomed flowers look very dusty
Then don't feel anguished, distressed or torn
Remember its dark before each dawn

For happiness is not very easy to gain
Sometimes you just feel stuck in pain
But there instead of crying try to just smile
A smile that can take you for another mile

Where surely you'll see precious but old
Saying written with the block of gold
That Bad is never good until worse happen
So fight this battle with your faith's weapon

So both when your luck is going high or low
And things aren't happening according to your flow
Then go to the door of prayers and view
The Gracious Lord standing with blessings for you.

Seema Chowdhury
Blessings For Dearest Uzair And Tahmina

As you two hold your hands together
And step on this blessed journey
May you find love, care, and peace
Waiting to fill your lives with joy
May you cherish the gift of happiness
Trust, faithfulness, and grace
May you find courage and comfort
And be there for each other at all times
May you encourage, endure, and forgive
And create a strong bond of appreciation
May each day you both live together
Bring you closer to kindness and joy
May you understand and respect friendship
And be true, sincere, patient, and gentle
As you two start this blessed journey today
May God Almighty shower His glory and grace

Have a Lovely and Lively Long Life Together

Seema Chowdhury
June 1, 2018

Seema Chowdhury
Blessings Hall

everything that happens
On God's green earth
Everything that exists
For us since our birth
Are nice blessings
Bestowed upon us all
From the gracious God
From his blessings hall
Where many other things
Are present and are there
That he shows to us
In the form of the layers
That comes one by one
When we need them in pain
And ask for God's help
In trouble's and in rain
So put all your trust
And believe in God
Who is your creator
And your only Lord.

Seema Chowdhury
Blessings Of Being A Mother

A mother's heart is
Like a safety deposit box
Where we keep
All our joy, pain, and hope
And above all our memories to cherish

A mother's soul is
Tender and soft, yet strong enough
To hold our worries and hurt
And swap it with the sunshine
To bring serenity and comfort

A mother's love is
As sweet as honey
That sweetens our lives
With its courage and strength
And spread its amazing fragrance

A mother's prayers is
Like a soft breeze of good fortune
That works as the roadmap of miracles
And guide us towards impossible
Where dew drops of blessings and loveliness awaits.........

Happy Mother's Day Ma.
I Love You.

Seema Chowdhury
Gather sincerely brothers and sisters dear
To take part in Jalsa and eagerly share
For God's endless blessings will shower here
So strengthen your ties with gracious God dear

For Jalsa is a source of blessings and prayers
And it brings with it serenity and peace sphere
Where we can collect God's grace and rewards
And His bounty and mercy in even and odd

And this is an opportunity that we get in a while
To show our love, respect and smiles
And share beautiful words and kind deeds
To show others too and this is our plead

So come on now and do not drift
And give your heart, mind and a soul a lift
And participate in fully and benefit from it
And do not waste time even a bit

For time is precious so avail it with zeal
And let virtues trap in your heart and seal
And remember and always keep it in mind
That you are not here to waste any time

So serve sincerely, honestly and with love
Guests of Promised Messiah with peace all above
And ask God for His divine favor and grace
To decorate your life with kind deeds lace

And request Him to shower His mercy on you
And show you a glimpse of heaven's breeze hue
To enjoy His glory at every step of the way
And collect God's bounty in a refreshing way

May we all be the recipient of the Barkaat of Jalsa Salana

Seema Chowdhury
Blessing's Rain

When things have gone sour
And life seems dull and blue
Then look at God my love
For He loves and cares for you

And there cling to His door
And ask Him to give you too
A part of His happiness
For he loves and cares for you

And plea to God for smiles
And for love that is true
And He will give you all
For He loves and cares for you

And tell that on no one
You can put trust dew
So send His blessings rain
For He loves and cares for you.

Seema Chowdhury
Blinding Pain

Rise up in down time
Find meanings of life's rhyme
Don't let blinding pain's flow
To stop you from living show

For we all carry burden's clay
Of emotional baggage every day
That blinds us with awe and pain
And we see losing all our gain

Just create a new life's map
And try to fill up these gaps
That appear in our lives
To teach us rules to survive

And view the world with your eyes
And subtract from it life's tries
And don't let this blinding pain
To take away your fain

And know that positive steps of life
Will lead you to happiness drive
And your new life will fit you
To take away all your blues

So don't let this blinding pain
Of time to waste your gain
Just learn to go with the flow
For this to yourself you surely owe.

Seema Chowdhury
Bliss Of God

If you have lost any gain
And have suffered some pain

If life has been cruel to you
And everywhere you see grim view

Then soothen this burning pain
And instead of feeling insane

Go to the door of your dear God
And ask for his help as he is the Lord

For God can give you the best
And can help you in life's test

Because he can calm the wild
And protect you like a child

And can hold your hands for a while
To bring you peace and smile

So for all this go his door
And ask for his bliss and more.

Seema Chowdhury
Bliss Of Heaven

when troubles come all around
And you see no place on the ground

To go and sit there for a day
For nothing but to wish and pray

Then go straight and knock at the door
Of God who is gracious and more

And ask him to hold your hands
As he is the one who understands

And then in his lap lie down
And tell him what is making you brown

And ask him to send his love
In the form of bliss from heaven above.

Seema Chowdhury
Bliss Of Solitude

My heart is filled with pleasure
For happiness is a greta treasure

That comes for a little while
To spread in our way a smile

So grab this little time
That's flowing in life's rhyme

For it is the solitude's bliss
That you'll always miss

For it fills life with pleasure
For it is a great treasure.

Seema Chowdhury
Bliss Of Tender Moments

Believe in tender moments
Of friendship, love and hope
Know that in this life
We have to learn to cope

With all the odds and evens
That dropp in our lives
And sometimes decides to stay
For a few moments in life's drive

So let the magic of sunshine
Comes through your closed door
And brightened your lonely soul
And your world around and more

And learn to believe in yourself
For that is when you'll see
Star dust and sunbeams
Unlocking joy's door with the key

With the key of friendship and love
And smiles and hope and joys
To brighten your world around
With the bliss of smiles to enjoy.

Seema Chowdhury
Bliss Of Wishes

A wish is a bliss  
That increases each day  
To bring happiness  
In others way

For whatever we  
May ask from God  
May return one day  
To us as reward

So always wish  
The best dear  
For others life  
To show you care

For wishes are meant  
To bring sunshine  
In the life of others  
through joyous wine.

Seema Chowdhury
Blocked Road Of Joy

Something fabulous can happen today
Only if you know to search in your way
Hazy sketches of joy that once survived
In the car of life that you drive

it may look hard and a painful thing
But remember that joy only comes in a ring
Where it is always followed by pain
Where sometimes you lose and sometimes gain

And I know everything begins and ends
With a touch of pain's medicated bend
So what is then, that is making you sad
And is not letting you to be little glad

Sweet heart, why don't you learn my friend
That pain walks with you till your end
Then why don't you try to make a deal
With pain that is moving on fortune's wheel

Because if once you know how to handle
Then you don't feel like a melting candle
That is burning swiftly in your way
And is blocking the road of joy for your day.

Seema Chowdhury
Blossoming Blessings Basket

Seek forgiveness of your Lord and Always turn to Him
He is the gracious God and loves your piety and Vim
He guides your way and shows you the right path
And teaches you to walk successful on life's footpath

So open the door of your heart and widen your scope
Ask for merciful God to give you the world of hope
During your journey when you are passing through
Troubles and pain filled with lingering tears hue

Only God has the power to answer your prayers
He will show you kindness and compassion layers
And He will send His blessings and miracles today
To brighten your broken soul in amazing ways

Just listen carefully to the call of loving God my dear
Open closed doors and unlock your heart's faint fears
Enjoy blossoming blessings basket sent in your way
And seek forgiveness of Lord and praise Him everyday.

Seema Chowdhury
Boat Of Life

sometimes I feel
That
My boat of life
Is sinking
In the deep waves....
The waves of emotional wounds
That are rising
One after another
Making a deeper impression
And
Creating a history
With these tides....... 

Seema Chowdhury
Bold New Hopes

Don't feel bad
If discouraged and blue
And life seems like
A dull view
Just get up with
Bold new hopes
And get out quickly
from the sea of mope
And remember that the
Pillars of hope
Is holding up the world
So never ever mope.

Seema Chowdhury
Bold Strokes

I painted my life's canvas
With bold strokes of the brush
Where I found my petty wishes
All broken and completely crushed

And random colours of silence
Filled my shattered life
And forced me to take my last
Journey and this unbearable drive

For all the major avenues
In my life's bare ground
Were tied in the tight knots
And gave a vacant look around

Where I couldn't make or plan
Unconditional acceptance's word
That I wished to conquer with
Miracles and prayer's word

And then atlast I gave up
Knowing that my dreams were crushed
Under the cruel foot steps
Of the bold strokes of the brush.

Seema Chowdhury
Boldly Define Skyline Part 2

As the dazzling sun is rising
On the glorious horizon
I am sitting here and gazing
At the boldly defined skyline
That is appearing brilliantly
Behind the rainbow clouds of the day
Where life seems jubilant
And shows me amazing sights
Where everyday is full of surprises
And the whispering voices in my heart
Tell me of the door of opportunity
And the answers of life’s questions
In these fantastic moments
Where my dreams are within my reach
And I'm free to fly and break the chain of past
That brings back smile on my face
And let me move forward
And as this day starts here
I hope and wish to cruise along
Spinning the cycle of hope
And be the winner in life
And live the change that I wish to see...

Seema Chowdhury
Book Of Life

The book of life contains
The story of life main

Around which we revolve
And find way to solve

The mystery of it dear
With a touch of cheer

So read it all with care
For each life is so rare

That it gives us a chance
To know life in advance

And to lead our way
With a joyful day.

Seema Chowdhury
Bounce Back And Move Forward

Learn to appreciate life and fill it with joy
And see what makes life beautiful
Despite the uncertainties of everyday
Try to set through each difficult time

Bounce back from pain and move forward
Gather your thoughts sensibly together
Learn to survive through your stress
And silently say a prayer to the Lord

Learn to fight back your painful tears
Establish calmness and peace within you
Get in the infinite loop of never-ending hope
Collect positive energy of endless echoes

Always try to find a perfect solution my dear
Bring hope, care, peace and encouragement
Swap empty hope and hurting loneliness
With smiles of joy and the essence of purity

Learn to appreciate life with its realities
Try to set through each difficult time dear
Navigate through the cloudy fog of this life
And let go of your problems to live in peace...

Seema Chowdhury
April 3, 2017

Seema Chowdhury
Bounties, Grace And Blessings

Dear God,
Please shower your bounties, grace and blessings
Fill our lives with the gifts of joy, hope and cheer
You are God of great bounties and limitless mercy
Hold my hands and let me walk towards you

Merciful Lord,
Please help me to be energized and to feel happy
Strip away all negative thoughts and feelings
Help me to break the cycle of stress and sadness
Let me embrace change willingly and gracefully

Gracious God,
Please guide me to accomplish my plans and goals
Let me feel good about my life in a brand new way
Help me to heal my past wounds and difficult memories
And move towards you with hope, belief and faith

All-Knowing Lord,
Please create a pathway to success with stepping-stones
Where I can humbly walk and win my life’s game
Watch the tide of life turning in my favour cautiously
With your unaccountable bounties, grace and blessings

Seema Chowdhury
January 12, 2018

Seema Chowdhury
Bountiful Autumn

Enjoy the bountiful and splendid Autumn
And feel the deep sentiments of the soul
Watch the falling leaves on the bare ground
And enjoy the crispiness in the misty air
Feel the chilly nights full of fog and freeze
And watch the magic of colors changing........

Observe the cloudless and brilliant sky
While raking the fallen golden leaves
And see bright patches of gracious green
Turning into yellow, brown and tender red
For these are the superb and shining colors
Those spread joy and fain to warmth the heart......

And as Autumn spreads it's irresistible fragrance
And bursting show of bright rainbow appears
It pleases our anxious soul, spirit and sight
And it ends the day on positive vibes of energy
And loads of enthusiasm that makes life journey
Worthwhile with deep meanings and sentiments.......
Breath Through The Pain

Navigate through
The narrow streets of life
And listen carefully
For the wind chime
Playing soothing tunes
And slightly glance back
And breath through the pain.....

For life is a heavy burden
Of anxiety and chaotic events
Where painful areas
Are dumped upon us
And we feel like a lost boat
In the midst of a storm........

But don't give up
wind down and clear your mind of stress
And look for the cherished hopes
And fair tomorrows
Where you can breath through the pain
And shape up your life........

Seema Chowdhury
Breathing Thoughts

Breathing thoughts and speaking words
Make life’s way worthwhile
For it simply shows the road
On which to walk for miles

For thoughts that breath and words that speak
Give us the thoughts and tell
That happiness will be hidden here
So search it in the place you dwell

And know that always it is true
That good thoughts bear good fruits
So now its just up to you
To learn how to play life’s flute

And learn it now before its late
For this is what makes life worthwhile
And it surely to us all show
The road on which to walk for miles.

Seema Chowdhury
Breeze Of Fain

I wish the wind of joy
May never in your way cease
I wish the breeze of fain
May always cover and freeze

Any trouble that may come
To block your pleasure's door
Because for you my dear
I wish for love and more

May all your days of life
Be free of troubles and rain
Where never ever enters dear
Even a glimpse of pain

Where you can live forever
With joy and fun and cheer
And call yourself very lucky
And close to gracious God dear.

Seema Chowdhury
Breeze Of Faith

Recapture the precious moments
And float away in the breeze
Make yourself a winner
And let on your life happiness freeze

Let the smile of joy
Lead every step of your day
And let hidden pattern of peace
Decorate with happiness your way

If things get messy dear
And dark hours cover fear and dole
Then live, smile and reflect it all
And take a giant leap of faith as a goal

And when you choose what you want in life
Then open the door and let the light shine
So you can see what tomorrow will bring
And how it will reflect brilliantly like a vine

For there are endless possibilities available
You just need to believe and open the gate
And recapture the precious moments in time
And float away in the breeze of faith.

Seema Chowdhury
Breeze Of Joy

Fresh breeze of joy
Is flying high
So why don't you say
Forever goodbye
To the troubles
And the pain
And swap it all
With fain
Because life is
What you make dear
So try and collect
For you joy and care.

Seema Chowdhury
Breeze Of The Promised Heaven

God please enlighten every corner in my world
And make me an ardent seeker of truth and trust
Please display and allow me to clearly understand
Words of your Divine book to shape my thinking

God please show me your miracles and grace
And give me the power to recognize and interpret
Both the apparent and the hidden meanings
Of things and events that occur in my daily life

God please help me to be steadfast and hope
For your direction, guidance and Enlightenment
And show me your compassion and grand mercy
That can teach me to glow with the spiritual light

God please bless me and cleanse my tired soul
And wash away worldly and material desires
So I can drown in your love and praise to win
Salvation and breeze of the Promised Heaven

May God Almighty bless and guide every step of our way, Amen

Seema Chowdhury
Brief Visit

Life's visit is very brief
And full of trouble's grief
Where pieces of puzzle is lost
And everybody has to pay the cost
Where uncovering of life's truth
Is painful in the early youth
And secret of the entire life
Is felt only in pang's drive
where fears of the loneliness
And fright of the emptiness
Covers your whole life's day
With troubles spread in the way
That makes our visit brief
And fill life's days with grief.

Seema Chowdhury
Bright Days Of Autumn

Bright days of Autumn season
That God has sent for many reasons
To walk and talk and enjoy dear
For life has avenues of freedom cheer

Where trees are bare and still smile
And under these path we walk for a while
And share the freedom the tree feels
By throwing off its burden of pain's deal

So it can also start anew
And enjoy the fresh morning dew
With chilli winds and fog all around
Making like heaven on this ground

For the wind that blows also spreads
Delightful fragrance of love's bed
And the leaves that fall and gather around
Makes God's earth like a rainbow ground

Where red, yellow and brown shine through
And gives you reason to enjoy it too
And spread brightness for all to enjoy
And take a walk down memory lane of joy

And be grateful to God for this season
And enjoy it all for many reasons
And throw away the burden of pain's dew
And feel free to start anew.

Seema Chowdhury
Bright Idea

Don't let anything to stand in the way
Where cool breeze of happiness sway
And don't let gloomy clouds to block
The era of joy in this world's clock

Always stay ready and willing to compromise
Because its for your own good and wise
To share with others all your smiles
Or the bunch of few painful trials

Because best way to live in here
Is to know what, why, how and where
of everything that comes in your way
And leaves you behind the fain's door way

So I think to live in the path that's right
Is to always follow the ideas bright
And not to let anything to stand in the way
Where cool breeze of happiness sway.

Seema Chowdhury
Bright Morn Of Joy

In the stress of life
Don't feel lost
As this frenzy world
Doesn't pay the cost

And leave you alone
To sit and sigh
And feel down and blue
With trouble's high

So hang in there
And hope to see
A bright morn appearing
With joys for thee.

Seema Chowdhury
Bright Spot Of Soul

It is never too late
We are never too old
To hear the knock of joy
And to open the door of gold

And let the cool breeze of faith
Enter and freshen up all around
And wash away our worries
And sufferings on the ground

We have to grow up in life
Whether we want it or not dear
And face the problems and joy
To brighten up and separate the layers

The layers of grief and victories
That make up the bricks of our lives
And in one way or in another
Teaches us golden lesson to survive

So do not give up on life
Find the bright spot in your soul
And start threading our beautiful stories
Made up of bitter sweet joy and dole

And this all will only happen
If we will hear the knock of faith
And in our souls find a bright spot
And let peace enter in life's gate.

Seema Chowdhury
Bright Today

Every crack and dent
Every cross and bent
That I feel in my heart
Gives me a hopeful start
And show me a new way
To enter with hope in a day
And I always try to find
For myself a peace of mind
And ask for the help from God
Who is my only Lord
Who loves and cares for me
And want to always see
Lots of joy in my way
To make a bright today.

Seema Chowdhury
Brighten Up Your Day

Let inspiration
And enthusiasm
Enter in your life
And gets a place
In your heart
And stay in ease
To brighten up
Rest of your days
And your life..........

Do not close the door
Of happiness and sun shine
Let sunbeams enter
Your life
From all directions......

Just listen creatively
To your deepest self
And let your soul
Lighten up
The divine spark within you........

Just take off the mask
From your face and life
And let your true self
Smile and stirr
Happiness in it.............

Seema Chowdhury
Brighten Your Day

Brighten your day
Brighten your life
learn in here
To happily survive

Smile, smile and smile
In rain or sunshine
And wear brightness
All for a while

And when troubles come
Don't let them stay
For too long to
Spoil your lovely day

Just be strong
And hang in there
And shun all your
deep hidden fears

Adopt a positive
Attitude my dear
And know life is hard
And at times fair

So hang in there
And brighten your day
with a beautiful smile
Of happiness bay.

Seema Chowdhury
Brightness Of Sun

The sun that is shining bright
Looks so right to the sight

For in it tons of bliss is found
That's present on God's ground

So appreciate things that make life
And learn in it to joyly survive

And search the way to the top
And let nothing to you ever stop

To count the blessings of God
Who give it all as a reward.

Seema Chowdhury
Brightness Of Sunshine

I don't wish to
wake up each day
Into the world
of
Despair
And
Dismal darkness-
I want to
Open my eyes
In the
Busting brightness
of hapiness
And
Bask in the bright
And warm
Sunshine..........

God please
I have born enough
Let me enjoy
My share of warmth now
Or else
I will die.............

Seema Chowdhury
Brilliant Sunrise

Look at the brilliant sunrise with awe
Announcing the beginning of a new day
Look towards the glorious new horizon
Enjoy the beauty of the orange glow arise
Hear the sounds of the birds chirping beautifully
Drown in the miraculous beauty of the dawn
Leave your baggage of pain and stress behind
Don't carry the broken pieces into a new day
Hush the sound of the negative words in mind
Don't hurry through life, embrace every moment
Do things to make life better and broader
Give deep thoughts and celebrate life with joy
Enjoy a breezy day and absorb in its brightness
Show your gratitude to your Gracious Lord
And bow your head in humble prayer and grace

Have a Blessed Weekend

Seema Chowdhury
July 14,2018

Seema Chowdhury
Brilliant Thoughts Just For You

A birthday means a moment to share
A birthday means a moment to care

For a birthday is a special day
That comes just once in one year's way

For a birthday is a day of hope
When you don't mix your wishes with mope

And you learn to count the joys it has brought
And all life's lessons you were taught

And today dear it is your birthday too
So that's why I'm sending for you

Brilliant thoughts with you to share
Your very special day because I care.

Happy Birthday! ! !

Seema Chowdhury
Bring Colours Of Joy

Bring colours of joy into your life
Learn my dear to happily survive

Look at your heart, mind and soul
Throw away traces of pain and dole

Pray to your Gracious and Loving Lord
Cleanse yourself and even your odd

Show sincerity, love, kindness and care
Bring in some peace and serenity’s layer

Life may seem extremely difficult at times
You may think there is no harmony or rhyme

But never complain, quit or ever cry
If you fail once, just rest then again try

Remember life is not a bed of roses dear
There are many ups and downs in each layer

So if you plan to take complete control of life
Face challenging maze and find ways to survive

Learn to be consistent, strong and wise today
Fight your battle bravely along the way

Bring colours of joy and hope in life
With beaming courage that helps to survive

Have a blessed day

Seema Chowdhury
April 29, 2018

Seema Chowdhury
Bring Happiness

Spent less time in worrying about tomorrow
For life is a journey of joy and sorrow

So bring happiness along life's way
And learn this rule for yourself each day

And try to find its road through life
And learn more rules of joy to survive

For happiness is like a flowing stream
That emits joy's light like a beam

And give happiness to all who deserve
And know to bring other's happiness love.

Seema Chowdhury
Bring Sunshine

Bring sunshine in your life
Learn to run in life's drive
For life is really too short to
Waste time in colourless hues
And learn to take responsibility dear
For your happiness and cheer
So you can earn alot here
A lot of joy, pleasure and care
And learn to clear your foggy vision
And fly like the prison's pigeon
who flies fast from the cage to
Go out and fly in the sky blue
And when you'll learn in life
To struggle to here joyfully survive
Then life will become easy for you
And sun will shine in your hearts too.

Seema Chowdhury
Broken Dreams

Nothing for me is left now
Except
A hand full of broken dreams
And
Some thoughtless deeds
Of mixed views
For my mind astir with anticipation
of evils and desperation
And
I'm caught in
The whirlwind of words
That is
Depressing my mind and life........

Seema Chowdhury
Broken Links And Ties

I'm walking alone
With
The broken links
And ties
To find out
The correlation
That exists
Between
My dreams
And reality.....
That directly
And indirectly
Rule
My fate
My luck
And
Probably me........

Seema Chowdhury
Broken Pieces Of Dream

Collect the broken pieces of dreams
And don’t let them fall
For they also hold value
Even if they are small

So never let anything go
Or waste just in vain
For its painful to see dreams
All pouring out like rain

So collect them all for you
In your mind and heart
And give it a chance more
To show you a brighter start.

Seema Chowdhury
Brush Away Tears

Brush away tears
And don’t let them fall
For they’re very precious
Even though they’re small
For life is a battle
That we all have to fight
And fix in it things
That are all right
So brush away tears
And with courage's smile
Look forward with hope
For all for a while
And see what you can do
To change bad sights
That are shown to you
In everyday dim light.

Seema Chowdhury
Brush Strokes

Just like brush strokes
The magical hands of God
Are
Throwing colors
On the canvas
of our lives
And
Then gives it
A
Name of fate............

I wish
All the seven colors
Of rainbow
To decorate my life
And all around....

Seema Chowdhury
Bucket Of Woes

This world is a place where
Tears are grown on trees
And everywhere it seems like
Joys and happiness have ceased
For mostly when we hope
To get rid of bad pain
Then usually we end up
In the bundle of trouble's rain
So don't expect too much
Out of life my dear
Just know its made of
The bucket of woes and tears.

Seema Chowdhury
Buckle down to work
With a promise
Of ending up
In the circle of
Winners
Successful
Prosperous
Victorious
Triumphant
And
Unbeaten
And no one or
Nothing less.....

For this life is a test
Where
We all need to learn
To fight for
The First Position.......
Bumpy Road Of Life

The rocky road of life is high
So learn to ride without a sigh
Because that's why we are here
To achieve God's bliss that is rare
So don't feel tired to ever try
For life is a bumpy road very high
So learn to cross all these blocks
With the swift movement of a clock
Because that's why we were given birth
To seek God's gift hidden on Earth.

Seema Chowdhury
Bundle Of Ashes

Bundle of ashes
And ashes of pain
Is what we get
After life's rain

For no one gets
The gift of fain
Without a terrible
Glimpse of pain

So learn to enjoy
Whatever you get
In this life's journey
On your road set

And know that all these
Come in life's days
To make us strong
To survive in life's ways.

Seema Chowdhury
Bundle Of Charm And Love

May your life always bring
Every bright and special thing
That you feel you need in life
To faintly and joyly survive
I wish you bliss of heaven above
And a huge bundle of charm 'n love
So you can spend your special day
By spreading pleasure in your way
And may life be always good to you
And that's my heartiest wish that's true
Where each day begins on joy
And ends on happy memory to enjoy
And 'cause dear today is your birthday
I wish may you see the rainbow's ray
Where nothing bad comes to destroy your way
And that's a special wish for your day.

Seema Chowdhury

Seema Chowdhury
Burden Of Life

Close the night
To open the day
Try to sow
Flowers in the way
And learn to pick
And share the load
That life gives
Along the road
And try to become
A painter in life
With whom only
Colors survive
With which you can
Draw rainbow
And mark the points
In life's row
And for that dear
You have to know
How to cease
Life's burden grow
And color life
With bright hues
To take away
Trouble and blues.

Seema Chowdhury
Burden Of Stress

I never thought life will be as such
When things will really change so much
That I will never get a turn
To come back in this river of no return
I don't know why I feel depress
And under a heavy burden of distress
Where all things look dull and low
And tears are ready from eyes to flow
I wish if once and once for all
If curtain on life's stage swiftly fall
So I can get a chance to avail
To lie quickly where serenity prevails
Where no kind of trouble or stress
Comes again to make me depress.

Seema Chowdhury

Seema Chowdhury
Burden Of Tears

Let tears flow down on earth
Give it a chance to prove its worth
For the burden of it is hard to bear
And that's why it is called a tear
For it is hard to smile just to pretend
When there's no way to put on it an end
So don't stop it, if it wishes to flow
And want on others to really show
For it really holds a value in it
And really is hidden in its every bit
A huge world of meanings in a way
That has thousands of painful things to say
So give it a chance to flow down on earth
And let it really prove its worth.

Seema Chowdhury
Burdened Prayers

The gate to the land of pleasure
Where is present the joy's treasure

Is lost somewhere in the town
And have left me alone to mourn

I don't know what to do
I feel very down and blue

And see no path to walk
And find my God to talk

And request Him to be there
To listen to my burdened prayers

And give me His hands to hold
As I'm suffering from worries cold.

Seema Chowdhury
Burst Of Energy

Courageously take responsibility for your life
Learn to happily smile and bravely survive

Figure out what is important to you
And be content with life’s value true

Avail great opportunities and take a look
Life doesn't come with a manual or a book

You need to happily smile and learn to survive
And courageously take responsibility for the life

Eliminate negativity, doubts and fear
Wipe away failure and painful tears

Take action and redefine your approach
And find a mentor, a teacher or a coach

There is so much positivity everywhere
Enjoy the burst of energy my dear

Embrace life with all its ups and down
Be ready to wear life's joyous crown

Enrich your mind, body, heart and soul
Throw away disappointment and dole

Courageously take responsibility for your life
And learn to happily smile and survive

Life may seem difficult and challenging now
Just don't give up or quit and learn how

To invite burst of energy in your way
And enjoy every minute of every day.

Good Morning!

Seema Chowdhury
September 17, 2018

Seema Chowdhury
Butterflies

The cutiest thing that i have seen since birth
That fly and roam on this earth
Is the pretty and colorful nice butterflies
Who can fly both very low and high
They love to sit on lillies and rose
And smell the fragnance of the flower with the nose
And admire the charming and pretty flowers
That looks bright and fresh in all the hours
And they really love to dance and sing
Specially in the warm season of spring
And spread joy and fun for all who're sad
And give them reason to feel little glad
So for that I plea and pray to God
To give this little creature its reward
And let them spread joy on this earth
Because that's why they were given birth.

Seema Chowdhury
By Gone Days

The moon is shining high
And sun has left the sky
And the day has gone by
Leaving memories of smile and cry

And the stars are glittering bright
And fresh is today's night
For another day has gone by
Leaving memories of pain and sigh

And in that by gone day
I made castle in the clay
And this is how life passes by
Leaving memories of joy and cry

But sometimes in this wild crowd
I feel tired, bored and loud
And wish to sleep forever to die
Leaving memories of smile and cry

So no more glimpse of pain is shown
Or any unwanted trouble's morn
Stops by ever in my life's cry
To show this is how life passes by.

Seema Chowdhury
By Gone Events

The nostalgic memories
Of the by gone events
Are all set
And destined
To flow back
In my lost thoughts
To show me
God's love
Behind it....

Seema Chowdhury

Seema Chowdhury
By Our Choice

1. Stay upbeat, energetic, and optimistic
2. Remember optimism is contagious
3. Avail every opportunity that life presents
4. Plan for a fantastic and a spectacular day
5. Open the door to success by working hard
6. Make inspiring resolutions to change your life
7. Have big dreams, bold plans, and brilliant ideas
8. Grow ideas, think wise, face challenges, and be strong
9. Train your mind, body, heart, and soul to see the best
10. Remember it's all by our choice, so find the path to your dreams

Seema Chowdhury
November 4, 2017

Seema Chowdhury
Calm Down

Don't feel upset
Just calm down
If things around
feels all brown
For nothing else but
Only a try
Can help you to
Get rid of sigh
So learn for you
To smile in your way
And know how to
Handle each day
So you won't feel
Upset and brown
And know how to handle
And just calm down.

Seema Chowdhury
Calm Forever

Appear calm forever
Even if never
Ever trouble's stop
In your way to drop
And learn to start
Your life's part
Once again with zest
In all life's test
And stay calm
And use it as a balm
On your troubled life
And in it survive.

Seema Chowdhury

Seema Chowdhury
Calm Negative Emotions

Calm negative emotions and loosen up
Don't fight with your anger and frustration
Or hold them back for too long and hard
Let it all out and take a back seat for a while
Let it flow smoothly without any hindrance

If things are too heated, scary or painful
Then take some time out and leave it for tomorrow
Give yourself time to calm down and recharge your hope
Don't always disagree or fight back with your inner self
Foster understanding and have a pep talk in your mind

Life is too short to live carelessly or to drag along fear
So throw away bitterness and let it all flow free
And clear the thick layer of troublesome fog and mist
So you can see sun coming out on the bright blue sky
With its amazing and splendid beauty to lighten you

Do not let the bitterness of life tear you apart
Or pull you in different directions with its needs
Throw away things that you don't believe in
Out of the window and the revolving door of life
And calm your negative emotions to start afresh.

Seema Chowdhury
Calm Troubled Mind

Calm your troubled mind
With words of peace all kind
And try to learn this art
And give your life a start
With words of joy to calm
That can work as a healing balm
To calm down the sigh and pain
And swap it with smile and fain
So you can be happy again
And stand firmly in life's lane.

Seema Chowdhury
Can I Dare You To Dream Again (2)

Creating a vision broad helps you to embark on the marvellous journey of self-discovery.

Remember, setting the right goals and dreams make all the difference.

It motivates, inspires, and uplifts you. It captures your passion and hidden creativity.

It unleashes your full potential and improves the quality of tomorrow.

It defines you, answers all your questions, and helps you to find your calling.

It provides a sense of accountability and it keeps track of all your wonderful plans.

It's time to revise and update your vision board with new needs, wants, desires, and hope.

Are you ready to hang new dreams in your dream catcher?

Are you ready to let your vision board steers life's boat in the right direction?

Are you ready to take this challenge? Can I dare you to dream again?

Seema Chowdhury
February 1,2019

Seema Chowdhury
Can I Dare You To Dream Today?

• Create a vision board where you can put the pictures of all the things that you want to do, to become and to achieve in your lifetime.

• Collect all your short-term and long-term goals.

• When you list your goals and put them on a piece of paper they start taking shape.

• It is a constant reminder of what you want to be and it motivates you to work towards them every day.

• It's like a dream catcher, where you hang and add your dreams and realize them one by one.

• It dares you to dream and helps you to create and visualize your future.

• It helps you to focus and at the same time teaches you to broaden your horizon, think outside the box and probes you to step outside your comfort zone.

• A vision board is a roadmap that helps and guides you to plan and take your next step carefully and wisely.

• It's a source of constant inspiration, reflection, self-engagement, self-improvement and taking an honest and a sincere commitment from you that reminds you 'one more time! '

• So, are you ready to take this challenge? Can I dare you to dream today?

Seema Chowdhury
February 7, 2018

Seema Chowdhury
Wishes are the candles
That give out the light
And gives us new hope
To make things bright

For whatever things we wish
And whatever we hope
Burns another candle
To wipe away mope

So keep on wishing
And hope for the best
And cling on to it
With all your zest.

Seema Chowdhury
Candle Of Understanding

Lit a candle in thine heart
Of understanding from the start
So no kind of trouble's seed
Can grow to become hinderence weed
I wish if I can understand
And lend you in trouble a hand
And share it all with you
When you are feeling blue
I hope and wish you the joy
That you can forever enjoy
So you can for yourself gather
Tons of pleasure in all life's weather.

Seema Chowdhury

Seema Chowdhury
Cannot Be Erased

memories are engraved
Deep within the heart
That cannot be erased
As from it impart

True sense of love
And joy and cheer
And spread for all
Smiles that are rare

And memories are
Like flowing waves
On which we ride
And enter the cave

The cave of our past
Where are hidden things
All things that include
Joy and pain's ring

That we experienced
In our lives and days
That shaped us
In different ways.

Seema Chowdhury
Capture Small Moments In Time

Life is made up of many moments
So when it is time for a change
Do not hesitate, doubt or ever quit
Be prepared and happily arrange

Add vibrant colors to your lovely life
And believe in the true power of faith
Capture small moments in present time
And enter peacefully in Heaven's gate

Hold your hands together in prayers
Feel blessed and fabulous each day
Take a leap of faith with real courage
To Create moments of excellence's way

And as you start your journey today
See the mesmerizing reality with heart
Bring your own sunshine my dear
And remember with serenity to start

When you hit a rough patch along the way
Be super tough and don't give up hope
Capture small moments in everyday time
And add meanings in your life's scope

Believe in the power of faith and love
Admire what comes in your rough life
Be ready when it is time for a change
With the hope of amazing miracles' drive

Seema Chowdhury
March 31, 2017

Seema Chowdhury
Car Of Life

Smile, smile, smile
All for a while
For it can take
You far away miles

In the glen
Of hope and fun
Where you can
See the sun

The sun of zest
That is the best
That surely help
You in life’s test

So try to survive
And learn to drive
My dear this car
Known as life.

Seema Chowdhury
Careful Thought

A careful thought for you
That i'm sending dear
May bring you love 'n peace
And a way of cheer
Where you can always find
Happiness waiting for you
Looking with sincere eyes
And a thought that's true
And I hope wherever you go
May you always get
What you ever wish
In life's stage all set.

Seema Chowdhury

Seema Chowdhury
Cast Aside Worries

cast aside worries
And learn to bury
All your pain
And your vain
Deep in your heart
And then again start
A day of hope
Without past mope
Because days are few
But things are many due
So don’t take rest
Just strive for the best.

Seema Chowdhury
Catch Up With Life

God help me to catch up with life
God help me to peacefully survive
And let my soul take a flight
And spread brightness and light

I don't want to miss it all
I want to catch up life's fall
And wish joy to be my guide
And walk on life's path wide

God open the door and gate
Let me climb stairs of faith
And let me reach you with love's cream
And take a walk in the field of my dreams

For miracles do occur and I know
So please come forward and show
Your magic of care and joy
So I can this life truly enjoy

And catch up with my falling life
Where I need God you to survive
For frustration and despair of time
Is ruining my life's smooth rhyme

And is forcing me to dip in mope
Away far away from hope
Where staircase of faith is lost
That I need to find at any cost

God please show me your love and light
Hold my hands very tight
And help me to catch up with life
So I can also peacefully survive.

Seema Chowdhury
Cave Of Depression

I have gone too far
In the cave of depression
That
Now
Even the avenue of return
Is lost
In the mist of time and distance
From where
I originally started
My journey..................

Seema Chowdhury
Cease The Storm

Most loving and most caring God
You know my aches and pains my Lord
For my life is like an open book
That you can read from any nook

My life has thrown me right now God
In a curve that is forming my Lord
A thick fog of dark clouds
That is filling my life with a doubt
And also layer of withered and old
Troubles and pains all existing in bold

Oh God oh my dear Lord
Please help me now my dear God
And cease this severe icy storm
That is ruining my life's precious crown

And take away this tremendous pain
That is freezing my heart and soul's pain
and is leaving me to suffer all alone
In this abrupt pounding storm of moan
where I'm speechless and my words have sunk
In the deep silence of this cruel cup

Oh God oh my caring God
please give me peace of mind my Lord
And let me collect this treasure of peace
So laughs and joys in my life can never cease.

Seema Chowdhury
Celebrate Every Day

1) Celebrate every day and bring hope and peace to the world.

2) Don't allow doubt, negativity, or fear to take over your mind.

3) We have a place and role in the world to play. Find your special moment.

4) Try to reach your full potential. Control your emotions, attitude and life.

5) Believe in destiny and know God Almighty has a distinctive plan for you.

6) Leave the door of hope and prayers open, so opportunities can find its way.

7) Celebrate your journey and know somewhere along the way you will find your real purpose of life.

Seema Chowdhury
January 23, 2019

Seema Chowdhury
Celebrate It

Life is a gift
Celebrate it
For it holds value
In every bit
where joyful surprises
And endless fains
Are waiting to be
Shown again
And sweet dreams
And pleasure's sight
Are unfolding
That're bright
And giving us joy
And pleasure's stay
So we can pass
With joy our days
And call it a
Sunny life
Where endless joys
Fort us survive
And teaches us to
Celebrate this gift
That's known as life
For our up lift.

Seema Chowdhury
Celebrate Life Of Reality With...

Celebrate life of reality with...

Colourful smiles and laughter of cheer
And lit candles of hope, happiness and joy

Bring bright moments of peace and serenity
And start your inner search for truth and reality

Remember to pause and take your load off
And drive down quiet road of faith and belief

Celebrate life of reality with...

Throwing away undue amounts of strain from life
And with simple strokes draw lines of positivity

Look outside your window at early morning
As the first ray of sunshine creeps in joyously

So you can absorb in sunbeams and enjoy
The bright patches of sunshine and light

Celebrate life of reality with...

Reflecting on your life, trials and daily challenges
And count simple blessings that come from God

Life comes in phases one after another everyday
And peeks on the rainbow horizon of blessings

So end each day with prayers and praise of God
And celebrate this special gift with smiles and joy.

Seema Chowdhury
Celebrate Spring

Don't be scared of foggy and slow nights
Don't let gray sky dull your spirit's light

Don't let heavy clouds of rain
Wipe away from you warmth and fain

Just glance outside and open your door
Let warmth and sunshine enter your store

And let shining sun brighten your life
And fill it with joy's fragrance that survive

Just reach out and shake hands
With amazing colors and warmth's band

And get ready to celebrate spring
And see new blessings that it will bring

And know it is time to forget sorrow
And stop worrying for troublesome tomorrow

Just open your heart and look for joy
And embrace happiness and just enjoy

For spring is a gift from our God's bowl
That comes every year to renew our soul

And remind us that good days and grace
Are ready to bring smile on your face

So get ready and celebrate spring
And rekindle hope and see what it will bring

And open your mind and your heart
To welcome a new and a bright start.

***2nd poem in spring series
Celebrate The Gift Of Life

With lots of love and hope in your hearts
Today you're both going to start
wonderful lives that is full of dreams
Where reality is reflecting joy's beam
I wish may life be good to you
Where sweetness and joyful hues
Colour your lives and fill in it
Gracious God's love in every bit
Where crisp morns and evening breeze
Greet your lives and then they freeze
So you can celebrate the gift of life
And joy filled days that here survive
And as you two step into this vale
The vale of life with promising tals
I hope you absorb colours of smiles
That'll help you to walk with jpy for miles
And let you enjoy ther glorious morns
And sweet scent of miraculous and faithful dawns
And fill life's path with bright spring's flower
And thank gracious God for His blessing's shower
Who has blessed you both with His love
That's His special gift of heaven above
That teaches you how to celebrate the gift of life
And be sincere and faithful husband and wife.

Seema Chowdhury
Celebrate Yourself And Your Life

Don't let tears form in your eyes
Or let depression and sadness
Find a way into your life
And give yourself space and time
And close the conflicting thoughts
And take a moment to accept
The cause of your pain
And illustrate your feelings

Then only you will learn
To leave your comfort zone
And get up after a great hurtful fall
And relieve your soul
From anxiety and grief
And see your stress melting down
And giving you a reason
To celebrate yourself and your life..........
Celebrating The Life Of A Great Man

He was a great leader and an excellent teacher
He was a talented visionary and an ardent preacher

He was a real optimist and a sincere friend
He won many hearts with his radiant smile’s blend

He was honest, trustworthy and had a beautiful mind
His spirit was filled with wit and knowledge of all kind

There was always a note of optimism in his unique voice
And every time he spoke his heart and soul rejoice

He always worked hard and with his zealous passion
He conquered the world of challenges and compassion

Today we don’t mourn his death but we celebrate his life
And all hope and happiness that exist and survive

And we promise to remember his precious life’s rhyme
And follow his deep footprints on the sand of time

May Gracious and merciful God show him his love today
And may his soul rest in peace, for him I always pray

“Great men are like eagles and build their nest on some lofty solitude”
Arthur Schopenhauhn

With love and best regards written for my Father in Law, may his soul rest in peace

Seema Chowdhury
Certain People Are A Joy To Know

Certain people are really a joy to know
Whose presence makes you feel away from foes
Where only thing in their presence be felt
Is over whelmed love and kindness belt

These people can also be called blessed ones
Who in their self carries tons
of sincerity and trust and much more gifts
that give other's life a brighter lift

So for them I'll say and always pray
May God remove all their whole life's grey
And mark their lives for brighter Springs
For all the joys for others they bring

And these are the ones who really deserve
To get all kind of happiness and love
As they know well how in their own style
To give others a gift of laugh and smiles.

Seema Chowdhury
Chain Of Events

In the rat race of this world
I try to follow
The chain of events
That occurs everyday
Because
Then suddenly
Just in an eye blink
It takes away
Everything from us
Including our dreams
And fantasies
And then force us to
Find
The colors of life
And our lost shadow
Among
The dark looming clouds
And
The thundering claps
That is virtually invisible
To the known world.......... 

Seema Chowdhury
Chance Of Time

Time and tide wait for none
So do everything and be number one
And don't ever waste any time
Or else you'll be left in this rhyme
Because you cannot hold it dear
As time is a gift very rare
That slips quickly in our way
And leave nothing behind in a day
So try to avail this chance of time
And don't lose it in this life's rhyme
For time and tide wait for none
So do your best to become number one.

Seema Chowdhury

Seema Chowdhury
Change Brings Life

It may sounds not very true
It may sounds a thing of blue
But this is a fact that survive
That change brings you new life
For with change you always hope
And plenty for you is the scope
So don't give up the friendly smile
And work on it for a while
And remember always in life's rack
To step forward 'n never look back
Because that's what makes you strong
To bear all life's right 'n wrong
So remember this and on it you act
That change brings life and that's a fact.

Seema Chowdhury

Seema Chowdhury
Change For Better

Let every change  
Be for the betterment  
Even if it is  
For a step ot two...  
And remember  
With sincere prayers  
We can always find  
God's majesty  
His light  
And  
His prayers  
That can show  
Beautiful visions  
Of real happiness  
That can make our lives  
Richer and fulfilling...  

Seema Chowdhury
Change Your Outlook In Life

1) Life is full of highs and lows and things never remain the same. So learn to deal with change and try to stay positive.

2) Remember you always have a choice so draw your own roadmap and assert your will power and determination to reach your desired destination.

3) Get ready to learn and boost your performance and face any challenge that may come in your way. Follow your passion with absolute focus and learn skills to excel in life.

4) Don't waste time, find out what is new and exciting happening outside your own sphere. Make an effort to build something amazing and always be prolific and productive.

5) Keep hope alive during tough time and be like sunrays - strong and bright. Contribute to your success and change your outlook to accommodate unexpected events in life.

Seema Chowdhury
May 29, 2017

Seema Chowdhury
Characteristics Of The Winning Team

Characteristics of the Winning Team

1) They jump at the opportunity to excel whenever they see one
2) They don't miss out on anything and they make things happen
3) They value collaboration and stay inspired and empowered
4) They seek inner reality and overcome existing challenges
5) They reach out to their dreams and head on into the world
6) They finish what they start, feel fulfilled and fill the gap
7) They stay calm and focus on new things to develop plans
8) They are challenge seekers and their motto is 'Let's do it!'
9) They broaden their horizons and set attainable goals
10) They identify what matters most and cultivate a vision
11) They are courageous; they go out and lead from the front
12) They understand rhythm and dynamic of the winning team
13) They plan for success, wear a smile and are consistent
14) They challenge themselves to learn and grow every day
15) They build trust and encourage open communication
16) They are creative, innovative and talented in all fields of life
17) They create effective knowledge sharing atmosphere
18) They are patient, respectful and are in charge of their lives
19) They write their own meaningful success stories to share
20) They believe in the power of positivity and encouragement

21) They are vibrant, magnificent and extremely creative

22) They are open-minded and they quickly respond to change

23) They play around with different strategies and find solutions

24) They boost productivity and optimize talented performance

25) They believe in “Together everyone can achieve more!”

Do you want to create the path to true success?

Do you have an overwhelming sense of accomplishment?

Do you want to join this Winning Team Today?

Seema Chowdhury
April 12, 2018

Seema Chowdhury
Charge Of Joy And Fain

Of joys and pains
Of losses and gains
Our lives go on lane
With sorrows and fain
For life doesn't stop
For any one's drop
It follows its flow
Of perfect show
And go on with it
without merry's bit
So learn my dear
The way to cheer
And see what can bring
The changes in the Spring
And know there's vast
Block of our past
That is lying in our way
Of happiness stay
So try to put off mope's fire
With the water of hope's desire
And learn to get a hold
By being incharge bold
The charge of joy and fain
In life's on going lane.

Seema Chowdhury
Charming Spell Of A Smile

A smile is a magic
That overcomes the tragic
And fills the life
With joyous drive
And show us face
Of pleasure's trace
And tell us all
About big and small
Ways to get
Joy all set
So in trouble's pile
Charming spell of a smile
Can show you morn
And a bright dawn.

Seema Chowdhury
Cheer Up Friend

Optimism is the key note of life
That shows us bright ways to survive

And springs eternal joy in our hearts
And give us chance to brightly start

Another day with some new hope
And give us courage not to mope

For the light of hope brightens our day
And show us colorful and new ways

For a bright begining after the darkness of the night
To set all things in their places that're right.

CHEER UP! ! !

Seema Chowdhury
Cherish The Friendship

Cherish the kindness of a friend
For a care of her can never end

For a friend is a stream of care
That never stops sending love that's rare

So believe in true friendship and know
That kindness flows on in a row

So show how much it means to you
And try to be with her true

Because just once in everyone's life
we get chance to pick and survive

And enjoy the life with a friend
Whose love and care has no bounds or ends.

Seema Chowdhury
Cherished And Priceless Memories

I wish I could do more to brighten up your dull day
I wish I could help you to walk smoothly on the way

I pray you will find peace, serenity, calmness and hope
And pray to my Lord to broaden your memory scope

I know you are lost, and life is running too fast for you
I know you feel frustrated and at times you feel blue

I feel your love even when you can't find the right words
To express happiness that's now forgotten and blurred

Each moment that I have spent with you Sweet Ma
Is cherished and priceless memory that I keep close Ma

You live from moment to moment and from day to day
I wish to hold hands and show you every step of the way

I want to tell that you are a special and a precious gift
That our Lord has sent with care for our soul's uplift

May you always find peace, solace, serenity and hope
And I pray for you to smile and hold on to God's rope.

Happy Mother's Day and Happy 81st Birthday Ma
I love you more than I could ever put in words

Seema Chowdhury
May 14, 2017

Seema Chowdhury
Cherished Memories

Memories which bring with it some hope
Memories which help you with pain to cope
Memories which is a source of delight
And set things in its places right
Is a cherished memory in my view
That brings with it some joys true
With the help of which you can survive
And forget painful moments of real life
So don't lose hope and always try
To stick to god’s door without a cry
And ask him to help you in this pain
And exchange these moments with some fain.

Seema Chowdhury

Seema Chowdhury
Child Of The Streets

I saw a child
Shivering with cold
With a dull face
Burdened with
Misery
Spasm
Torture
And fear....
As if
He has seen a phantom
As if
He has seen famine
Throughout his life....

He cried a painful cry
He dropped a flood of tears
he grumbled and wailed
He asked for help
To
lessen his misery and pain
And to wipe his eyes and fate
Because
He was a child of the streets...........

Seema Chowdhury
Childhood

Childhood
Is that precious part
Of ones life
Where
The cruel words of
Pain
Agony
Distress
And
Depression
Are not known
Or even included
In life's dictionary.....

Seema Chowdhury

Seema Chowdhury
Childhood Memories

Childhood memories I'll say
In our minds always stay
For they're those precious days
Whose memories can never decay
For in those days we are away
From all kinds of blues and greys
And only then in our way
We see joys and happiness stay
And that's why I always pray
Now from my Lord that may
Flowery be the path where we stay
Where no kind of pain's ray
Can enter to bring pangs hay
To destroy and to take away
The nice memories in any way
That's called the childhood days.

Seema Chowdhury
Choice

CHOICE

C - Choose your path and start your journey fearlessly
H - How you run the show is absolutely up to you
O - One step at a time will help you to organize your life
I - It’s wonderful to know where you are going forward
C - Connect to your inner self and gain control on things
E - Expand your horizon and know you always have a CHOICE

Seema Chowdhury
December 2018

Seema Chowdhury
Choose Hope

This is your fresh beginning
Utilize your talent in a meaningful way
Steer your life in the direction you want
Bring your vision to life and accomplish a lot
Face fears and accept challenges and obstacles
Embrace life and make your own rules to follow
Empower yourself and keep learning new things
Examine yourself and your goals and choose hope

Seema Chowdhury
September 19, 2018

Seema Chowdhury
Choose To Move On

We spend so much time and effort
Searching for what we want in life
In God's green and loud wide world
Where it is very difficult to be happy
Or find peace and positivity all the time

We live with a heavy baggage of stress
And find many hurdles and negativity
That gives us heartache and painful tears
And challenges those don't let us move
And shut our door of endless opportunities

But know that we are responsible for happiness
And our choices make a huge difference
So change your perspective and dig in deep
Add more positivity and empower yourself
With grace, hope, belief, faith and serenity

Just answer all difficult and negative questions
And clear your mind of irrelevant thoughts
Be positive and try to carefully smile with peace
And leave you baggage of stress at the doorstep
So wisely you can choose to move on and smile...

Seema Chowdhury
July 31,2016

Seema Chowdhury
Choose To Move On Today

Choose To Move On Today

We live in a loud world
Where life raises many questions
But don't let it sadden you
Be open to new ideas and experiences
Be positive and always smile
Leave the baggage of stress behind
Throw away doubt and uncertainty
Search for what you truly believe in
make your life exciting and meaningful
In the middle of difficulties and chaos
Always choose to move on forward
Smile and improve your life in any way
Give yourself more time to bounce and heal
And try your best because that's what matters.

Seema Chowdhury
July 16, 2018

Seema Chowdhury
Chunky Curves Of Life

Follow the light
And renew your soul
With a positive frame of mind
And learn to handle
The Knicks-Knacks of life
And wake up with the sunrise
To expand your horizon
And paint your dream bright
According to your own perspective

Just Calm down and appreciate every moment
And draw your bold and chunky curves
With vibrant colors
And skillful rhythms of life
Focus on things that matter to you
And recharge your faith
To wipe clean every surface
So you can surf through the stormy sea winds
For it is part of life's game

Just appreciate what you have
And watch your thoughts and emotions
And chase the waves to keep love alive
And discover bold and chunky curves
To slide-by through pain....

Seema Chowdhury
City Of Hope

Look for joy and some pleasure
For they are life's huge treasure
And stay in the happiness node
And learn this precious code
That can take you out of mope
Into the city called HOPE
Where sun shines all very bright
And shows you pretty sights
Where you have all the rights
To reveal your hopes that're bright
And get a new lease on life
And learn more art in it to survive.

Seema Chowdhury
Clean And A Fresh Start

There is no suffering without happiness
No struggle without any peace
No defeat without joy of victory
And no loss without gain's lease

No Autumn without sparkling Spring
No winter without splendid Summer
No coldness without a touch of warmth
And no bitterness without sweet humming

There is no wrong without a right
No tears without a tender smile
No reality without an emerging dream
And no weakness without strength's pile

So hang in there my dear friend
And never plan to ever quit
We all know at time life is difficult
And also harsh, bleak and a misfit

But remember that you have an option
To pick and color your life's cart
And win this race of running time
By awakening Spring in your heart

And surround yourself completely
With inspiration, motivation and care
To fill life's empty and hollow space
With countless and tender prayers

So you can learn life's valuable lessons
Those can warm up your weaken heart
And help you to always choose happiness
That will give you a clean and a fresh start.

Seema Chowdhury
Clear The Path For Yourself

Clear the thorns from life's road
Try to lift another load
And smile along the harsh way
And sing the song and enjoy fay
For both nice and harsh side
Of your life is very wide
So try your best to always avail
All nice chances that do prevail
And know that if you will try
You can get the answers of the WHY
And you can learn how thy pace
Can be cleared with luck's ace.

Seema Chowdhury
Clear Words

Let your life
Flash before you
Let it show
Everything true
And let it tell
what you've done
Before life is gone
That is just one
And let it say
In words clear
What is hidden
In its layer
And let it straighten
All its bends
Before your life
Signals the end.

Seema Chowdhury
Climb The Ladder Of Success

Climb the ladder
Of sucess
Victory
prosperity
Triumph
Conquer
Luck
Good fortune
And blossom
And view
Glorious and fabulous scenes'
From the top.........

And remember that
This is where
You want to be
Forever and ever......

Seema Chowdhury
Climb Up

Climb up towards the smile
And happiness in your trial
So you can get a road
To walk to share your load
For life is bitter and hard
And a pre-written card
Known as faith my dear
That's for everyone rare
So try to spend your day
With working in your way
With joy 'n fain 'n smile
Even in life's hard trial.

Seema Chowdhury
Cling On To Hope

Cling on to hope like the bees on flowers
And talk of it in life's every hour
For this dear friend is the greatest power
That lets you reach the success tower

And I know its its pretty hard to do
But don't feel bad, down or blue
For that morn will soon come in view
That will color your life with success hue

And don't let anyone to break your dreams
For hope works as the medicated cream
That help even in cases that're extreme
And shows you the way of success beam

And remember one thing dear always try
To wipe tears that stays in your eye
And give it time to swiftly dry
So you can see the success sky

That is shining bright just for you
And is reflecting its color that are new
That all seems very honest and true
And let you gather success that's due.

Seema Chowdhury
Close To You

Hold me close to you
Don't let me go away
I love you my dear love
So let me always stay

Very near to you
Because we belong together
So let us both try
For us to always gather

Flowers of loving care
Where affection grows too
And give way to much more
So happiness can come to you

Please hold me in your arms
And don't let me go away
Because we belong together
So let's make memories today.

LOVE YOU SUNNY DEAR

Seema Chowdhury
Closed Door

Don't look at the closed door
Look in and around for more
Because life is an ongoing test
Where you must take some rest
To cope up with ups and downs
That makes you grey and brown
For life is not what you make
It is not only a piece of cake
It is an on going tough test
Where you must take some rest
To cope up with it's distress hue
That makes you dull and blue
And know that if you want to survive
In this trouble some, unsettled life
Then you must have a firm belief
And breath a sigh of joy and relief
And then you will see many new doors
Will open from all sides and stores
And will bring brightness from all sides
And cool breeze of happiness wide.

Seema Chowdhury

Seema Chowdhury
Closer To Reality

Don't go very close to reality
For hidden things behind the face of actuality
Is always very bitter and very hard
That no one wants to hold in life's card

Because whatever is shown to you
In life's days and nights are true
And are mostly bitter and unkind
That you don't want to accept in mind

So do everything just nice and slow
And be aware of your friends type foe
Who always try to snatch your pleasures
By taking away your life's joy's treasure

And know it is very hard to survive
In every moment of this bitter life
So don't go very near to the reality
Or move veil from the face of actuality.

Seema Chowdhury
Cloud Of Dust

The sky is unclear
And full of clouds
And here I'm stuck
With many doubts
The doubts that create
Dust in my life
And in every path
where I survive
Where silence fills
The air and around
And where no one knows
How to repair
The injuries created
By pain and fear
And here every night
Seems to prolong
Just like pain
Whose path is long
That never ends
To start a new day
Where everyone can
With peace stay
And that is where
I survived in doubts
Filled with the sky
Of mist and clouds.

Seema Chowdhury
The clouds of distress has covered the sky
Where painful breeze is blowing high
I wish if today I can stop
The hopeless rain of troubles to drop
On the core of my mind and heart
So I can now once again start
A new day of brightness and fain
Where no glimpse of any pain
Ever appears on the sky
To cover the shining sun so high.

Seema Chowdhury
Clouds Of Doubt

If you find troubles in your way
And road ahead seems astray
And you don't see any hope
But just a sea of mope
If you see distress all around
And everywhere on the ground
And the sky all covered with clouds
And the mist of fear and doubt
Then don't lose hope or cry
Neither show you pain 'n sigh
But just hang in there
For hope is a gift very rare
That can show you road
That can share your load
And can change all bad
And swap places with the glad.

Seema Chowdhry

Seema Chowdhury
Clouds Of Dust And Smoke

Pick your way out
Of the clouds
Of smoke and dust
And
Try to quell your pain
And find answers
Of life
before a new dawn approaches
for
Each day that breaks here
has its own
Troubles
And turmils........

Seema Chowdhury
Cold World

Vanished in thoughts
Of
Hopes and fears
I'm
meeting myself
In a place
Where
My race will begin
In
The cold world
Where
There is no sense
Of
Life or joy..........

Seema Chowdhury
Collect Courage

Its surely worthwhile
To carefree smile
Even in hard
Trouble's pile
Because life gives
Chances less
To successfully pass
The phase of stress
So learn to bring
The message of hope
And collect courage
To overcome mope.

Seema Chowdhury
Collect Ideas

Collect ideas that are bright
And all such things that seems right
And then you will see all around you
Clouds of happiness surrounding you
Just remember this my dear friend
If you want to have fun till the end
Then you must search and try to find
A free spot lying in your own mind
Where you can gather thoughts that are new
Which gives you peace of mind that is true
Where you can have ideas that're bright
And all such things that seems right
And you can see joy around you
With the clouds of happiness surrounding you.

Seema Chowdhury
Color Life Bright

Take things out
In a calm way
And do nice things
In each day
And do it all
For others too
For whom you care
And love too
And give your smile
To those in need
And don't let grow
The trouble's weed
And try to bring
Joy and delight
For you dear
To color life bright.

Seema Chowdhury

Seema Chowdhury
Color The Ray Of Hope

Empty the mind from the burden
And trouble of this life
Flow in the rhyme of it
And learn to happily survive

And know deeper the sorrow is
The more it teaches you dear
How to overcome strain and pressure
That comes in painful layers

And try to improve your luck
By facing challenging times in the way
And color the ray of hope
In each and every life's day

And remember that you have to
Create your own language of love
That'll bring you comfort and peace
That're gifts of heaven above.

Seema Chowdhury
Color Your Memories

Color your memories with the flood of emotions
And plant seeds of faith and hope in your life
There is more to life than what we see here
So be happy and learn to joyously survive

Draw your own unique source of strength
And calm your nerves in doubt and fear
Squash unnecessary worries and fear of life
And don't let your eyes well up with tears

See life in a new light of peace and hope
And believe in the magic of the rainbow hue
For miracles come when we believe in them
And wind down to clear mind from doubt's dews

Get in shape for the ongoing race of this life
For bumps and roadblocks will come in the way
So we need to be ready to smile with vibrant hope
And clear fear and doubts from our every day

Feel the sunbeams from both sides my dear
And begin your journey of healing and peace
Just plant deep seeds of hope, faith and belief
And color emotions with serenity's tender ease.

Have a Blessed Day!

Seema Chowdhury
Colorful And Vibrant

I wish you a colorful and a vibrant day
With lovely gifts of joy in every single way

Where you understand God's lovely grace
And transport happiness to follow the trace

I wish you the gift of righteousness and peace
Where hope, faith and serenity's cool breeze

Blows swiftly and brightens your tomorrow
And fades away all your stress and sorrow

May every day you start brings joy's treasure
May every where you look you find pleasure

And you embark on a journey of peace and cheer
That turns your chaos into calmness and fear

I give you the gift of love from my heart
And wish this New Year you beautifully start

With love, hope, goodness and never ending faith
That will lead you to peace and tranquility's gate

Where each day is colorful, vibrant and dear
And joy fills your way with grace and cheer

Happy New Year to all

Seema Chowdhury
Colorful Words

In your way I am sending
Colorful words of fain
In your path i'm sending
Wishes and good luck's train
In your pace I am sending
Pleasures and hope
And on the road of your life
The care and love's rope
And i'm doing it all my dear
Because in my own way
I want to brighten
Your whole life's way
Because you're very special
For whom I really care
And always wish for you
Pleasure, fain and cheer.

Seema Chowdhury

Seema Chowdhury
Come Back Soon Friend

The sky is shinny, bright and sunny
Come back, come back honey
I miss those days i surely do
When we were together me and you

Its so long we haven't gossip around
It's so long we have't sat on the ground
It's so long we haven't shared our smile
It's so long we haven't shared trouble's pile

I wish once agian you can come back
So we can again follow our track
And which we walked and shared our tears
And showed in our ways how much we cared

And remember the time when we followed the trend
of sharing our joys and secrets as a friend
So again i wish now that the sky is sunny
That you come back quickly honey.

Missing You Friend! ! !

Seema Chowdhury
Come Out Of The Whirlwind

Don't schedule joy
For another day
Don't feel
Distracted
Interrupted
Isolated
Or
Intruded
For life today
Is flowing
In frenzied pace
And the only way
To come out of this whirlwind
Is to
Take a break
And
Schedule joy in your day
And sink your soul
In the explosive burst
Of pleasant memories.........

Seema Chowdhury
Come To Pass

Problems come to pass
Believe me dear it is true
So face it with courage
And learn to pinpoint hue
The hue of life thta's present
In colours that are bright
And show you in your mope
Path that has hope and is right
So donot be scared of
Stormy weather of life
For they just come here
To teach you how to survive
And these problems here come
To quickly pass away
And teach you how to
Brighten your life's day.

Seema Chowdhury
Comforting Light Of The Day

This is the most awesome moment of my life
Where I am ready to face the future with peace
By taking a direction away from emotional pain
Towards the comforting light of the new day

Where gentle and soothing breeze is blowing
And suddenly I feel something is happening
That is changing me and my circumstances
I cannot explain it but it strengthens my faith

I feel alert, peaceful and spiritually awakened
And feel happy with each passing moment
What I am experiencing is Divine and gracious
And I am digging deep into my soul and heart

It's helping me to connect and bring peace
And being silence is teaching me to let go
And begin my journey by throwing away
The heavy shackles of the desperate past

And all the unwanted weight of the world
That I have been carrying on my weak shoulders
It's time I must find and recapture my strength
And enjoy the awesome moments of my life

Seema Chowdhury
Commit To Goals

1) Set higher goals for success and keep learning, growing, and achieving.

2) Stay focused to reach your desired goals on time. Be involved and committed.

3) Keep high motivation and always carry out an action plan. Be prepared to face everyday challenges.

4) Focus on your life and build the pillars of success. Be ready to push through and overcome obstacles.

5) Work slowly and continuously with the changing circumstances and find a way to be on top of things.

6) Find your unique perspective to motivate and encourage yourself and commit to realistic goals.

Seema Chowdhury
July 8, 2018

Seema Chowdhury
Companionship

I understood
The meanings of
Companionship
When my heart and soul
Told me
That your life
Is more precious
Than my own life
Because you
And only you
Showed me
That
Love endures
And love is living
Because you brought
Infinite passion
And
Meaningful happenings
To my life.......

Happy Anniversary Sunny

Seema Chowdhury
Concealing Shade

These
Concealing shape of things
Are
So misleading
That
They appear as hope
In the shattering moments
But
When I rush towards them
They disappear forever
Leaving me alone
Feeling more miserable
And
desperate than ever............

Seema Chowdhury
Confused Life

Nonoe's life is
Void of
happiness and love
Sometimes
It just takes
A little bit longer
To reveal
And uncover them.....
From the deep hidden
realities of life
That is full of
Actions and reactions
Love and hatred
Loyalty and selfishness
Honesty and hypocrasy
And above all
truths and falsehoods
That we encounter
In every phase
Of our lives..........
Confused World

It is hard
In fact
Very hard
To live
In this confused world
Where
No one knows
The purpose
Of being here.............

For life's maze
Is extremely confusing
where we all wonder
When and why
And then
We spend the whole life
Searching for it.

Seema Chowdhury
Confusing Problem

If floor beneath you
Seems slipping away
And nothing seems
Good in a way

Then remember its just
Confusing problems of time
That appears for all
In life's rhyme

So hang on
To it with hope
And learn in life
The rules to cope

With all these problems
That do survive
In everyone's day
In everyone's life.

Seema Chowdhury
Congratulations Adnan! ! !

Congratulations dear Adnan, well done well done
You deserve all this joy and all sorts of fun
For working day and night and thinking they were same
And doing your best to get to your aim

There were time when you felt you were stuck in a trial
And didn't have a thing to look at to smile
But now all those things are over atlast
And all those stuff are the problems of your past

And this is just a beginning for you my dear
So always be ready to take your share
Then leave the rest to your gracious Lord
Who'll pay you back in the form of reward

I'm really happy for you but don't know what to say
I wish I was there to share your precious day
But now I'm far so what I can do for you
Is to wish you luck in anything you ever do.

Seema Chowdhury
Congratulations Faiza! ! !

My wishes are many but words are few
I wish for you nice things that are new
That can fill your way with nice and bright
And sunny views of life that are right

I wish wherever you go in your way
may victory accompanies you throughout your day
And lead you to follow the happiness guide
Then life will be precious and wide

Dear Faiza, I'm really glad for I know
In this waiting world of columns and rows
May you get all life's rare and best
For you surely played your role with zest

And once again I'll say congratulations Dear friend
May your whole life's joy never ends
And in this world of loss and gain where we survive
May victory always greet your precious life.

Congratulations! ! !

Seema Chowdhury
Congratulations Farah

Whatever you dream, whatever you do
Remember your future is in the hands of you
So don't wait or take any kind of rest
In this world if you want to attain the best

For this life is like a river of no return
Where not always you're given the turn
To gain all that you've unconsciously lost
In this frenzy world that's full of forest

Specially the precious gift of the moving time
That goes on forward in one rhyme
And moves very swiftly to present from past
To show your future ahead atlast

And I'm glad today because I heard the news
That you met victory that brighten with hues
On the path on which you intended to walk
Hand in hand with the time of a clock

So I pray that may God give you chance
To acquire more knowledge and skill in advance
So every new tomorrow begins with a smile
And lightens the candle of hope for a while.

Seema Chowdhury
Connect Strongly With Your Lord

Always do good and stay away from evil
Be spiritually alive and don't follow the devil

Gain Lord's blessings and His endless pleasure
Offer your prayers and give charity from your treasure

Prayers can shake the world and bring down God's care
so believe in His miracles and remove sorrow and fear

Ask for Lord's boundaries and His love till the end
Remove all your anxieties and straighten road bend

Do righteous deeds and submit to the will of God
Beg for His guidance, His directions and help in odd

Hold God dear and follow His commandments and say
Try to spread peace and help humanity in humble ways

Don't hurt God's creatures with your tongue or hands
Try to read Lord's words follow them and understand

Ask for God's forgiveness, His love that's gentle and kind
And know that His love is a treasure that you need to find

Remember you cannot be accepted in the presence of the Lord
Unless you are clean, pure and connected strongly to your God.

Have a Blessed Weekend.
May God Almighty accepts our humble efforts.

Seema Chowdhury
August 10, 2017

Seema Chowdhury
Connect With Gracious Lord

As cool breeze brushes my face
And I walk through the wet path
Filled with dried and crunchy fall leaves
I feel as if I am walking on the rainbow arc
Lovely and brilliant colors spread around
I feel light, bright, carefree and peaceful
I feel happy, content, joyful and serene

God is a brilliant and a loving artist
Who plays with colors and brings us joy
God loves us and He cares for us
He forgives us when we make mistakes
He heals us when we have a broken heart
He blesses our soul and protects us
He listens to us when we cry in pain
He holds our hands to guide and lead us
He is gracious, merciful and all knowing God

Thank you God for unaccountable blessings
Thank you God for saving us from anxiety
Thank you God for joy, love and enthusiasm
Thank you God for making my life better
And thank you God for each moment of learning

These are the moments when I can connect
Truly and sincerely with my merciful Lord
And I create the momentum of joyful emotions
And absorb happiness in m mind, body and soul.

Seema Chowdhury
December 3, 2016

Seema Chowdhury
Connect With Your Inner And Outer Self

1) Start your journey of self-discovery and connect with your inner and outer self.

2) Find the purpose of your life and walk by belief and faith.

3) Keep things under control and focus on gratitude and grace.

4) Rise with every challenge and stop living in your distant past.

5) Quiet your unrest mind and listen to the small voice in your heart.

6) Feel the energy and joy that surrounds you and brighten your life.

7) Explore the world around you and let go of the heavy chain of doubt and burden.

8) Transform yourself and enrich your life with serenity, calmness and peace.

9) List carefully to your calling and let your tranquil senses guide your way.

10) Focus on what is truly important and control your overwhelming emotions.

11) De-clutter and organize your life, thoughts and surrounding to keep away stress and chaos.

12) Unplug and unwind at the end of the day. Calm your wandering thoughts to relax.

13) Don't let life to pass you by, pause and enjoy. Reflect on everything and be the beacon of hope and light.

14) Find balance in your life so you can reconnect with the natural rhythm and the ebb and flow of life.

15) Welcome happiness, joy, peace, love and serenity; carve your own path to walk and connect with your inner and outer self.

Seema Chowdhury
June 12, 2018
Seema Chowdhury
Connection With God

Our connection with God
Is something forever
It started before we were born
And
It'll not end when we'll die-
It is an endless circle
Of a round series
That started before the start of
The start
And
That will not end
Even after the end of the end...

Seema Chowdhury
Consider A Change In Direction

Stash your worries, fear and confusion
And free yourself from desperate times
Search for happiness and hope for the best
And consider a change in direction
Walk confidently through the halls of life
And be willing to think creatively

Don't let your hope fade or dim
When you are walking through
The winding tunnels and twisted passages
And don't let yourself be taken
By the emotions of the moment
Or the waves of fear and weakness

Ask for God Almighty's help and pray
And search for peace and comfort
And let the sun shine through the window
To engulf your soul and your surrounding
In its brilliant rays of luminous light
To bring you strength of faith and love

When you are tired and desperate
Don't quit or let fear come racing back
Consider a change in direction
And gather the strength to cope
With a variety of life's struggle
To step up and get your life back.

Seema Chowdhury
Consoling Words

In the time of trouble
When you're feeling blue
Use consoling words
To heal all your dews
For words can surely bring
You cheer and some joy
And can show you dear
Nice ways of life to enjoy
So learn and always remember
And believe in it as true
That consoling words can help
To clear all your blues.

Seema Chowdhury

Seema Chowdhury
Conspiracy Of Silence

Why I feel lost? ??
Why I feel torn? ??
Why I feel blue? ??
Why I feel down? ??
Today
I feel as if
Trouble's wall is standing
In my way
I think--
It's the conspiracy of silence
That have created
The foundation of tears
For me-
To drown in the
Deep water of depression and mope............

Seema Chowdhury
Continue Ahead

Make bold moves
And clear your path
Have deep conversations
And try very hard
For life is a drama
That we must play well
To survive in this journey
With happiness spell

Answer all your dreams
And continue to dance
Keep on singing joy
And happiness song
Chase away worries
And dive deep in life
To bring back hope in this
Island of excellence drive

Just remember to proceed
With caution and care
And do not forget
That life isn't always fair
So try to strongly tie
Loose ends of the past
To enter in your future
Without worries at last

Create a vision
To continue ahead
With a beautiful purpose
In real life's shed
And play your part
With confidence very well
And survive this journey
With happiness spell

Seema Chowdhury
Continue This Journey

As sun is gleaming on the cloudless sky
I feel happy and want to fly very high

For life feels like a playground of joy
Where I am playing my games to enjoy

And as life is rushing and bringing me smile
It's telling me that everything is good awhile

Where I should find meanings of my daily life
And color every inch with a purposeful strive

I ponder on the problems and challenges of the day
And try to remove mist and fog from my way

For now is the time for success and big change
So I must work towards it and quickly rearrange

All troubles and pain that brings me mope
And build a high tower of unbreakable hope

So I can continue this journey with strength
And convince myself to go deep and far lengths

Where I can enter in opportunity's door of hope
With powerful meanings and strong will to cope

And create for myself with hope and faith
Sweet and spicy notes of life's to enter the gate

Where I can see kaledascopic view of my life
And proudly continue my journey and this drive

So I don't worry for things that I can't change
And wait for miracles to joyfully rearrange

Events of my days with greatest life's gifts
So approaching moments give my spirit uplift
Where I can see clearly the meanings of life
And continue this journey with a successful strive.

Seema Chowdhury
Continued Cheerfulness

Continued cheerfulness
Can only be achieved
When
All expectations
And
Assurance
Of happiness and comforts
Are
Banished and completely erased
From our lives' way
For expectations
Can only add up to
Disappointments
And
More disappointments
And
Leaves you all alone
To suffer
In the hall way of
Loneliness
And
Depression..............

Seema Chowdhury
Continued Pain

Uneven surface
Mishaps
Frustration
Disappointments
Unfavorable winds
And
Adverse circumstances
Are what we get
As
A reward of living
And this is the way
The whole world lives.........

Seema Chowdhury
Contribute To Happiness

Happiness is dear always self made
If not taken care it can easily fade
So try to stay happy, glad and gay
And spread it all along your way
For nowhere else but from your heart
Happiness can take a brighter start
And show you nice 'n new ways of life
To brightly live 'n fainly survive
So whenever and wherever you can
Try to spread joy and happiness fan
And see how much in each day
You contribute to happiness in your way.

Seema Chowdhury

Seema Chowdhury
Contribute To Life

1) Create your own wonderland of thoughts and philosophies to bring your own rhythm in life.

2) Make your work more interesting by changing your outlook in unique and amazing ways.

3) Be creative, stay positive, reduce stress, so you can contribute to life and success equally.

4) Get into action, learn to deal with change and colour your life's road with bright hues and positivity.

5) Life is full of highs and lows so try to settle your thoughts and choose a better path to walk on the road to success.

6) Be up for the challenge, follow your passion, get ready to learn and always contribute to life in an amazing way.

Seema Chowdhury
December 20, 2017

Seema Chowdhury
Control The World

Control the world
And
practice the golden rule
of
Love
kindness
Sympathy
Friendship
Tolerance
Consideration
And
Affection
And
Soon the world will be yours......

Seema Chowdhury
Control Your Emotions

1) Don't let emotions get the best of you, control them and channelize them properly.

2) If expectations are not realistic, they lead to destroyed relationships.

3) Listen to your heart but sometimes you need to tell your heart what is right and what is not.

4) Learn to see other people's perspective and understand their part of the story also.

5) When you come at a point where there is a fork in the road, just pause and weigh all your options. Then make a meaningful decision.

6) Every decision that you take, every action that you take has a huge impact on the events those follow. So, be very careful.

Seema Chowdhury
April 5, 2019

Seema Chowdhury
Cool Breeze

May cool breeze of hope
Blows for you my dear
To show you all your wishes
That you collected with so much care
Have reached to the door
Of God who is great
On whom we should all
Put trust and our faith
And surely He listens
And gives us His gift
In the form of giving
Our answers truly swift.

Seema Chowdhury
Cool Breeze Of Joy And Faith

God is our Gracious and Almighty Lord
Who wraps his arms around us dear
To love and hold our hands
And take away our pain and fear

For he is our protector and guide
Who comforts us when we cry in pain
And he brings us love and care
And cool breeze of joy and fain

And when a bump appears on the road
On which we are walking now
He comes forward to even our odds
And wipe away troubles and show us how

And then he sends his angels of love
To protect, comfort and encourage everyday
And bring the image of his mercy
And spread flowers of his blessing's way

For God is our healer and guard
Who brings vibrant colors of hope in life
And spread magical light of joy and smile
And teach us to smoothly and happily drive

The car of life on the rocky path
Where we all meet some pain and fear
But God is our Gracious and Almighty Lord
Who wraps his arms around us dear

Seema Chowdhury
Cope With Life

Learn my dear in this life
To understand and cope with it
For life is a bitter bite
That we all chew bit by bit
So don't ever let any sigh
Dampen your life's pleasure
For life is a small story
that is made up of pain and leisure
So try in this little time
To create a bond very strong
A bond made of love and care
Where nothing can ever go wrong
And then surely you'll feel
that life is not so bad
It contains a gift of smile
That makes everything all glad.

Seema Chowdhury
Corridors Of Life

Passing through the corridors of life
We all perform our tragic plays
For the first and the last time
Because
Then we're taken
In the lost avenue-
From where
Again we pass through
The unknown
And
A hollow
And
A hilly path-

Seema Chowdhury
Cost Of Hope

I ask myself everyday
And want to know today
What brightens my day
What lightens my way

For I feel life is slipping by
Anf troubles are flowing high
And the words of love and hope
Are lost and now I cannot cope

For the dreams that I've dreamt
And the words that I've meant
Are all losing its glory and charm
And I'm losing peace and calm

Please God help me to follow
The path of hope and swallow
The bitter bite and realities of life
So I can get back on hope's drive

And once again can bring back smile
And avail it for all for a while
And take a break from struggle and pain
And calculate the cost of hope and fain.

Seema Chowdhury
Count On More

Count on more ups than downs  
Count your joys instead of browns  
And know that you have to face  
All these things in life's race  
Count your smiles not your tears  
Count how many people cares  
And try to feel happy and gay  
So all your pains could soon decay  
And know that both bitter 'n sweet  
Tastes is what, makes life complete.

Seema Chowdhury

Seema Chowdhury
Count Your Blessings

Remember, both good and bad times come to pass.  
So, never give up or focus on the negativity.  
Be positive, helpful and happy.  
Count your blessings, pray for peace and bliss every day.  
Find your purpose and create a brand-new world for yourself to live in.

Good Luck!

Seema Chowdhury  
November 2018  

Seema Chowdhury
Count! ! !

Count your days
Count your nights
Count all things
That came out right
Count your smiles
Count your fains
Count your joys
That came without pain
Count your blessings
Count your gifts
That God has given
For your soul's uplift.

Seema Chowdhury
Countless hours in my life
I have spent
In pain and agony
To overcome...
Unfortunate blast of misfortunes
That left me alone
In the shadow of dreams
Where
Puzzles
Queries
And
Nagging questions
Along with
Violent winds
Are hanging....

Seema Chowdhury
Courageous Smile

Face your life and its trials
With a quiet mind and courageous smile
And know that courage is what we need
To perform for us all heroic deeds
So with cheer and tons of hope
Go forward and never mope
And burn the little candle's light
To make your surroundings all bright
And all this can be done with faith
And the gift of courage from God great
So come forward and face life's trial
With a quiet mind and courage's smile.

Seema Chowdhury
Courage's Hope

When you feel very down
And life seems all lost
Then don't cry my dear
For world doesn't pay the cost

For life is hard and bitter
And everyone has to face
All of it with courage
As it is the whole base

So don't let tears drop
From deep inside you
Nor let agony show
You the distress view

But with courage's hope
Cling to the bravery zone
And know that my dear
You’re there not alone.

Seema Chowdhury
Courage's Test

Don't close your eyes on the world
And don't feel down and blue
And know that in this aweful place
There are many who cares for you

So have faith in your ownself
And believe that dreams come true
Because your dreams are shared
By the Gracious Lord, who loves you too

So have courage to walk in
Even in the foggy clouds
And learn to wipe the tears of
All mistrust and the crazy doubts

And then surely a day will come
When things will be for the best
And then you'll have the courage
To face world with courage's test.

Seema Chowdhury
Courage's Wine

Do not let
The hope to die
Keep it dear
Very high
For hope is the
Candle of joy
That can bring
Things to enjoy
For hope is a
Power's sign
That works as
The courage's wine
That helps you
To forget to cry
And keep on
To try and try.

Seema Chowdhury
Crayons Of Hope And Faith

Pick up crayons of hope and faith
And color your life very bright
Do not rush through life's aisles
Pause and break to enjoy love's light

To achieve tenderness and depths of emotions
Open your inner soul and pour your heart
And promise yourself to give a second chance
To another beautiful and an amazing start

In life we all wrestle with sorrow and pain
And find desperately a way to get to peace
So streaks of worry will forever disappear
And bring smile of care so pain can freeze

Don't just rush through your life
Or work silently in shadows of dark
Watch sun sitting below the horizon
And enjoy this blessing's endless mark

Then you will know how to share a smile
And mend broken heart of nostalgic pain
With colorful hues of joy and mirth
To wipe away tears and hurt with fain

Just pick up crayons of hope and faith
And color to bring out the best in you
And share your smiles of peace and love
With sincere prayers and wishes true.

Happy New Year to all, be happy and smile :)

Seema Chowdhury
Craziness Of Life

My fantasy world has fallen
Into pieces
where each piece
Is dipped into
Distressing thoughts
Unsatisfactory reasons
painful disappointments
Annoying depression
Undesirable reflections
And
Cheerless images
and that's what forces me
And inch my way into
The dark world
Of shattered dreams
And craziness of this life's transition........

Seema Chowdhury
Craziness Of Today's Life

In this ever expanding journey of life
When you feel it is difficult to survive
Then don't quit yet, just hang in there
For calmness is not too far from here

Learn to reconnect and survive
And overcome this craziness of today's life
And escape the tension to unlock the magic
That can miraculously overcome troubling tragic

Wish for days with laughter and cheer
And joy and happiness when filled the air
And listen to the whispers of God with hope
For He can only take you out of mope

Pay attention to small moments dear
That's when your soft inner voice you will hear
And you will learn to pick up positive vibes
And accept adventures and get into your stride

And know on your journey today
You have limitless possibilities in the way
Just figure out all the rules to survive
And save your soul from the craziness of life.

Seema Chowdhury
Crazy Ride

The world is driving me insane
I don't know from where to gain
Few moments of joy and smiles
To walk hand why there is just loss
I don't know why I'm feeling cross
I wish I can get moments few
without tears in eye or pain's dew
I feel as I've lost my heart
I now want to once again start
A life where i can freely survive
And get out of this crazy ride
I wish to get few moments of relief
In which I can with hope smile
And walk with joy at least for a mile.

Seema Chowdhury
Create A Heaven Of Your Own

This world is not in the happiness zone
So try to create a heaven of your own
And put in it all things that're worth
That can be found on God's green earth
And let out all your mistrust and doubts
And remove from life the fog and the cloud
And then only you can ride
The car of life with great pride
Where no one can leave you alone
To wonder in the place unknown
Because you'll be given the reward
For creating a heaven on the earth of God.

Seema Chowdhury
Create A Meaningful Transformation

Don't let life to pass you in a hurry, pause and pay attention.

Look at the sunrise and the sunset.

Enjoy the misty fog and the rainbow appearing on the sky.

Play with the clouds spread all across, and enjoy searching for the silver lining in them.

See the glorious and awestruck beauty of nature and the horizon.

Life is an amazing gift; enjoy every moment with a smile.

Don't take things for granted, look around and store them in your memory bank.

Discover the wonders and the mysteries of the world around you.

Listen to the birds singing, water falling leaves rattling, and the breeze blowing.

Absorb in this mesmerizing spring beauty and heal your broken soul.

God Almighty has put on this show for you, so take a break and reflect upon them...

*An Early and a Beautiful Spring Morning Narrated*

Seema Chowdhury
May 12, 2018
Create A Rhythm In Your Life

1) Create a rhythm in your life and bring in peace and harmony.

2) Balance each act and maximize your performance.

3) Turn your vision into reality and be the change that makes this world a better place.

4) Know your purpose in life and fill it with passion and joy.

5) Put wonderful and productive ideas into practice and dive deep.

6) Believe in yourself and never feel stuck in a hopeless situation.

7) Know your ambition and aspiration, and go into the world and make an impact.

8) Don't let your heart break or your spirit to crush, plan ahead of time and protect yourself from burnout.

9) Pay attention to the warning signs of stress and find a path to comfort and security to survive.

10) Perseverance, commitment and patience are the key ingredients for success.

Seema Chowdhury
March 19, 2018

Seema Chowdhury
Create A Story Of Your Own

We are all writers
Who are in this world born
We're given this golden chance
To create a story of our own

Where all that happens
In our lives each day
Leaves a deep mark
In a thoughtful way

Where peace and tranquility
And chaos and pain
All come one by one
To show us different lanes

Different lanes of life
Where we get a chance
To reflect on our lives
Sometimes later or in advance

And then we're left
With our thoughts all around
To nurture our souls
And bring peace on the ground

And sit back and relax
And write our own
Life's history day by day
Since the day we were born.

Seema Chowdhury
Create A Whole New Day

River of life is flowing again
With its Vibrant colors and passion
With infinite moments of timeless love
And chain of miracles
For that is a divine gift
So create a whole new day

Try to add layers to enrich your life
And make the most of it
From beginning to the end
And look ahead to a new day
With optimism, hope and good intentions
Then you'll see a new beginning of the journey
With crisp air on the face carried by the breeze
And momentum to stay grounded in the present.........

Seema Chowdhury
Create Good Vibes

Enter the open world
And create good vibes
Be the light house in the sea
And for your life prescribe

Lots of hope and joy
And pure smile and fun
So you can break out of the box
Before your life is done

Clear your fuzzy vision
And know that along the way
Different paradigm of life
Will appear to forever stay

Just don't give up ever
Or stumble on roadblocks
See how you can change
And turn around life's harsh clock

Now set your soul free
And let your spirit soar
So you can create good vibes
By overcoming hurdles and more.

Seema Chowdhury
Create Reality

Create your own reality
And make wishes come true
Notice opportunities to discover
And color your life with bright hues

Permit yourself to make a wish
And start a magic to cease
And open the door of life
And let the tranquil breeze

Enter and brighten your soul
And your heart and more
And let it turn out unquestioned fear
And set aside doubt from before

And know that during the challenging time
When a strange episode appears
Listen carefully to the voice within
And break the silence of fear

And then you'll see for yourself
Blessing will begin to emerge soon
And silver lining in the thunder storm
Will dance before the shining noon

And the light of faith will color
Your life with rainbow hue
And will fill your path to walk on
With the blessing of God's dew.

Seema Chowdhury
Create Splashes Of Joy And Fun

Look at your side of the splendid rainbow
And enjoy the chilly air of the crisp morn
Take time to catch the falling leaves
And walk in the field of sweet corns

Give thanks to gracious God for everything
For its time to start life all over again
As this special and bountiful day is here
So let go of all your fear, doubt and pain

Wish for Almighty God's blessings and joy
And look for His grace with wishes and hope
Find your own source of lasting inspiration
To color life's canvas and it's shimmering slope

Establish your own place in this rising world
And create splashes of joy and lovely fun
Bask in the sparkling edges of the sun
And always strive to be number one

You are a source of love and blessings
And a special gift of our Beloved Lord
You always give us many reasons to smile
And be grateful to our gracious God

May each minute of your everyday life
Be as bright and unique as you are dear
For you are a shining and a big gold star
And you are our angel of love and care.

Happy 15th Birthday Sameen Sweetie
Mama & Baba loves you very much.

Seema Chowdhury
Create Your Own Sunshine

When darkness spreads everywhere
And there is no smile or hope left
When unbearable pain and sigh
Take away your care and zest

When sky looks dull and dark
And only doubt and fear prevail
Then you must create our own sunshine
And write your own fabulous tale

Life is a unbreakable chain of events
Where future, present and past
All follow one another swiftly
And sometimes catchup fast

Where you hear echoes and voices
And carve memories on your heart
With overwhelming sense of joy
Those are deeply soothing to start

A life of unexpected strength
Or compound grief and fear
So you must try and try again
To hang on to the tender prayers

So when you see darkness glimpse
And dark clouds of doubts at sail
You can create your own sunshine
And write your own fabulous tale.

Seema Chowdhury
Create Your Own Tale

Don't let the 'What if' to walk through your mind
Focus on the positive side and look for opportunities
Ignore the dead end and roadblocks to move forward
Nothing is impossible if you try hard to turn things around
Make things happen in your life because you have the power
Remember the spectacular moments to dream big and bright
Enjoy the light and clear dawn that brings a new beginning
Sing the song of joy to energize your day and spread peace
Take a trip down memory lane to relive great moments dear
Be more mindful of your surroundings to collect hope and faith
Every minute of life is unique and amazing so accept challenges
Lit up your soul and be ready to create your own exciting tale
Just stay away from doubts, depression and dead ends
Knock on the door of opportunities that are hidden today
Enter like a winner with confidence and humble prayers
And make things happen for the best with positive energy....

Seema Chowdhury
November 17,2016
Creative Possibilities

Don't get tired of the road blocks
See them as a new experience
In a world of creative possibilities
Prepare yourself for a constant surprise
By understanding happiness...

Don't put off till tomorrow
All the things that mean so much
Try to change your circumstances
And chase your dream

Make your peace with God
And have an absolute faith
To do the right things

Run the pattern
To make adjustments
And explore creative possibilities

Just do something that has a meaning
And be hopeful to seek God's help
And know that success is just
Around the corner awaiting...

Seema Chowdhury
Crisp Autumn Morning

Enjoy the crispiness of the air
And walk on the fallen leaves
Feel the cool breeze on your face
And enjoy the golden trees

Eat cinnamon cakes and apple pies
And sing songs of joy and fun
Before this magical season
Is over, gone and forever done

Throw small pebbles in the river
And see small curls and waves
Forming in the smooth layers of water
Under shimmering sun's path it paves

And as the season is changing swiftly
The sky is becoming misty and grey
And it's throwing shades of rainbow
Creating nostalgic images in array

So it's time to wake up and enjoy
And live life to its fullest dear
For the crisp morn of Autumn invites
To join in this beauty and flowing cheer.

Seema Chowdhury
Crow A Happy Tune

Discover how the next chapter
In your life will unfold
Adopt a slower pace
To enjoy everything life holds

And don't wish to travel
Ever back in time
For its no use wasting
Life's magical and flowing rhyme

Crow a happy tune
And know that one day
God will give you a chance
To do things in your way

So sigh and breathe
And accept your fate
And with hope and care
Enter in faith's gate

Let fear of fading melts away
And leaves a special mark
For life will show bright moments
After the dismal dark

So crow a happy tune
And know that one day
God will give you a chance
To do things in your way.

Seema Chowdhury
Crowded Hours

For me
Crowded hour is when
I'm surrounded by
Loneliness
Isolation
And
Seclusion
That
keeps me aloof
And
Shut my door
From the world...........

Seema Chowdhury
Crowded Side Walk Of Life

Life is like a crowded side walk
Where you must create your own place
And learn to smile through your tears
And decorate it with happiness lace

Just learn to play it right
And stay happy and positive dear
For life is very deep and meaningful
And is made up of delicate layers

And know that it is your chance
To prove and be number one
And let optimism always rule
And be your guide before life is done

So create a life that you want
And re-imagine your experiences as new
And see beneficial outcomes
As it unfolds like a morning dew

And know that this is a real life
That is full of opportunities view
And it throws at you new challenges
When you walk on this venue

So be brave and be positive
And always spread happiness ray
And enjoy your beautiful life
Especially this amazing day.

Happy 12th Birthday Sameen Baby
Mama & Baba love you very much.

Seema Chowdhury
Cruel Time

Today
Once again
My wishes
Got stuck and wrapped
In the strong net
Of
The cruel time.........
I am tired of running around
wearing this mask
And hiding behind
I want to repair
My injured emotions
And offer healing
To myself
And catch the tears
That dropp down
From my eyes........

Seema Chowdhury
Cruel Waves

The waves of life
Are
Very cruel and harsh
For
Just as we close our eyes
And
Lie in the graves bed
They swiftly
Flow in a rush
And
Wipe away all traces
Of
Our being here............

Seema Chowdhury
Cruise Along

Winter, Spring, Summer or fall,  
It's a gift of God for all  
Morning, noon, eve or night  
Sing, chant, hum and cruise alright

Dip your soul in the care of love  
Fly freely and high like a dove  
Bring message of peace to all  
In Winter, Spring, Summer and Fall

Move through your day and always smile  
Know your moves and walk a mile  
Look for lightening miracles of life  
And sing, chant, and hum to survive

Collect energy and joy in the way  
Smile and laugh throughout the day  
For life is a beautiful gift of God  
Who loves us and even our odd

And gives us strength to do the right  
Broaden life's horizon and make it bright  
And unlocks buried emotions of grief  
And brings our soul the gift of relief

So hum, dance, and cruise alright  
Enjoy God's gift of day and night  
And look for love and miracle's ring  
In Winter, Fall, Summer and Spring.

Seema Chowdhury
Cry Of The Soul

My soul is crying
And trying hard
to rewrite the
pre-written card
Known as our
Luck and faith
That is given
to us in a plate
In the plate
Of our lives
Where with pain
we have to survive
But it is not
Allowed here
to protect
Or to share
Anything that is
Not meant for you
In this life of
Colourless hues.......

Seema Chowdhury
Crying Griefs And Hurts

I don't want to
Think
Of the autumn
That has
Come and gone
And
Has left
Everything
In
The well of
Sufferings and pangs
Because
It reminds me
of the misty night
And
Shadowy days
When
I had
Nothing to do
But
To cry
My griefs and hurts............

Seema Chowdhury
Crystal Ball

Keep your eyes on the crystal ball
That shows miracles big and small
That is send by god for us all
Both in the period of rise and fall
God gives us his precious treasure
Of love and joy that's hard to measure
That bring us a great deal of pleasure
And provide us with plentiful leisure
For the crystal ball is dear your fate
That shows us way to the God's gate
Where if we enter in it with faith
We can find gracious God who's great
So carefully hear your fate's voice
And then try to make a choice
From what is best in this world's noise
So you can find both peace and rejoice.

Seema Chowdhury

Seema Chowdhury
Crystal Goblets

Just like crystal goblets
Live in a crystal jar
We also live in
This world away and far
Where everyone is given
A chance to lead his life
In the way he wishes
Where also joys survive
But sometimes it is hard
For us to live in here
With a cheery smile
Because instead there are tears
But we should not lose hope
Neither we should cry
Instead, we should pray
And once more there try
And live happily ever after
And be like crystal balls
That live inside the jar
With hope that never falls.

Seema Chowdhury
Cup Of Friendship

Drink deep from this cup
For it is a drink very rare
That gives you so much joy
That fills your life with cheer
For friendship is like a magic
That brings you so much delight
That you start feeling good
And things around seems bright
So learn this golden rule
If you want here to survive
That friendship needs kindness
Care and the love of life.

Seema Chowdhury

Seema Chowdhury
Cup Of Happiness

Drink some joy and some fun
From happiness cup before its done

Because the joy that you get from it
Holds in it pleasure kit

The kit of pleasure from where
Happiness can be gathered my dear

Which includes fun and fain
And friendly smiles to take away pain

So do it all and know in it
Joy will come bit by bit

So drink some joy and some fun
From it before your day is done.

Seema Chowdhury
Cure Of Your Blues

A sure cure of your blues
is to have a look and a view
Of things spread all around you
That are some false and some true

Then only you'll learn the art
How to spread and to impart
And give a better and a brighter start
To both your mind and your heart

So get a new lease on your life
And learn the ways with pain to survive
So if ever you are stuck with it to drive
You can go through them and be alive

Because dear it is a true thing
That joy and pain moves in a ring
And follow each other like autumn and spring
So its better to cling on to hope's string.

Seema Chowdhury
Customers

C - Customer is always the hero of your story
U - Understand their requirements, needs and wants
S - Stay in touch and maintain a positive attitude
T - Treat your customers' need as your own
O - Organize and plan a better customer service
M - Maintain a healthy and trustworthy relationship
E - Encourage your customers to give you feedback
R - Renew and reassure customers of their rights
S - Shed light on difficult situations and win your CUSTOMERS!

Seema Chowdhury
March 25, 2018

Seema Chowdhury
Dad, you'll forever be in my heart
Even though today we are apart
I can always see you smile
And hear your voice from far away miles

You are not here with me today
But you're in my life everyday
Every heart beat that I hear
Brings me your love and prayers

And tell me that you're happy and in peace
And in a place where troubles cease
And you're watching me from heaven above
And sending me your tender care and love

You have left a noble gift for me
And that is sweet memories of thee
That we made together on the way
From my childhood up to today

You taught me the song of faith and hope
Whenever I cried and moped
And shared your laughter and smiles
To wipe my tears in desperate trials

You showed me the cure of grief
And walked me to the way of relief
And held my hands in difficult time
To show me rainbow and hope's rhyme

Dad, you are very far today
But you are in my life everyday
And in my heart you'll always be
With special and sweet memories of thee.

Seema Chowdhury
136) Find new roads and believe in your brilliant success with confidence. Work cheerfully and be a source of inspiration for all.

137) Trust your heart and make a super plan for your present and future. Always try something new so you grow a little each day.

138) Don't get caught up in wild and tangled thoughts or feelings, be strong. Life is a gift so get up and start unwrapping each layer with caution.

139) Work hard to erase darkness and irritating events from your life forever. Enter new dimensions and push your boundaries to survive.

140) Wander through life with positivity and impact with power and grace. Take a leap of faith and walk with confidence and hope towards success.

141) Bring out a new angle and a new perspective to follow the path of success. Be like the babbling brook and flow smoothly and consistently towards your destination.

142) Remind yourself to take time out to smile with comfort and joy in the midst of chaos. Start new journey everyday and leave behind broken pieces of yesterday.

143) Remember smile is contagious; so spread one generously everywhere you go. You don't know who is having a hard day and can use one.

144) Explore unfamiliar path and live in the moment. Knock on every door and see which one opens for you today. Never give up or quit, God always has a plan for us.

145) Don't feel uncertain and worried about unknown things. Life is a big puzzle so learn to solve it a little everyday. Take one day at a time and keep an open mind.

146) Take each step with confidence and fill your day with a bucket of sunshine and freshness. Share your love, kindness and care and be generous in sharing your blessings with the less fortunate.

147) Hope for a bright and cheerful future from beginning till the end. But
remember that you cannot just sit and wish, you have to work hard and earn it for yourself.

148) Flip through the pages and reflect upon your life. There is a degree of complexity everywhere to keep your eyes and mind open to avail new opportunities.

149) Simplify and energize your life and hold on strong to your dreams. Sing silent songs of courage in your head when you are stuck in a trial. It will help you to move forward with confidence.

150) Don't rush, hold faithful hands of God Almighty and bask in this spiritual light. Live through these moments with the power of faith and start new journey by kneeling before Merciful God.

Seema Chowdhury
March 29, 2017

Seema Chowdhury
101) Enjoy the chillness of the crisp morning and absorb the comforting light of your Gracious Lord through prayers.

102) Listen carefully to the whispers of your heart and get in touch with faith and belief, for nothing soothes your pain like early morning prayers.

103) Hem your day with prayers and unbundle and untangle worries by observing a moment of thoughtful reflections on your life and living.

104) Look at the beautiful world and enjoy the beacon of tenderness. View the horizon and know there is so much that God Almighty has planned for you.

105) Adopt a life's philosophy that helps you to create meaningful experience in life. So when times are rough you can take a deep breath and have a learning experience.

106) Getting over hurts and pain create meaningful experience, so step out of your comfort zone and remember that the best inset to come.

107) Cherish these moments and move on to the next chapter of life. Bask in the moment and organise your life. Learn the rules to play the game of life.

108) Tell yourself everyday that today will be an amazing day. A day full of joyful moments. so prepare yourself and accept it with all its challenges and rewards.

109) Stay positive during tough times and adapt to the changing situation. be non-judgemental and find your way. Put things into perspective and find you 'aha Moment'.

110) It is time to begin your journey, so believe that God will give you direction and will always help you to pull through. Remember that God is on your side.

111) Broaden your horizon and reflect on the things that really matter to you. Life is full of precious things, so look for them and pay your gratitude to your Lord everyday for Hid limitless Blessings.

112) This world is full of colours and beautiful shades of bright hues. Experience each colour with faith, belief and hope and soon you will see them shimmering
before your eyes.

113) In the wheel of life, find your balance and remember that every action will have consequences. So listen carefully to your inner voice and feel the moment.

114) As brilliant sun casts a warm glow, pause and reflect for a moment and envision your life. Face difficult situations head-on and then only you will feel peace and tranquility in your mind, body and soul.

115) At the end of the day when you are ready to wind down, Pause for a moment and say thank you to your Merciful God for giving you a good life. And then you will see that you will always find more reasons to count your blessings each day.

116) Tell yourself today that its an amazing day full of joyful surprises. then you will see more miracles unfolding before your eyes. And God's love and grace will start pouring to colour your life with miracle's hue.

117) Draw close to Gracious God and be ready to live again. Hold on tight to God's miracles and have a playful and loving spirit. Pour out your heart infant of God and see the beauty of life.

118) In the rush of the Day, enjoy the bright and sunny light. Create a little world of fantasy, fun and imagination and count your blessings everyday.

119) Create a new life, a life filled with laughter, creativity, fun and gratitude. Be ready to live again and hold on tight to your merciful Lord of many names.

120) Don't become emotionally drained, share the joy that crept back in your life and begin to enjoy healing and peace. Draw closer to God and enjoy the crisp air of Autumn breeze.

121) Adjust your attitude to reality and always think positive. smile at the rising sun at the start of your day. Clear disturbing thoughts and worries and keep your focus on the future.

122) Improve your life and navigate through the hazy hail of life. Appreciate little things and live in the present moment.

123) Don't give in to pain and cry and choose to find joy and laughter even join the darkest of situations. Start over fresh and create the best life possible.
124) Joy, gratitude and laughter help us to open our heart and mind and calm our soul. Express pure joy and have a blissful smile.

125) Listen carefully to the sound of the wind chime and enjoy them dancing in the breeze of Autumn Chill. Count your blessings and find happiness in little things.

126) Don't hide away from the world and reclaim your life. Stare the world back in the face and gain strength and confidence, see beauty with your eyes and have a better perspective of life.

127) Open your inner spiritual eyes and gain a better vision. Enter in the revolving door of life to find your happiness an expression of pure joy.

128) Seek peace and tranquility, be content with yourself. Enjoy the path you are walking on and choose where to walk. Take your time to experience colours and beauty of your life's journey.

129) Move forward with life and absorb energy and new vision. Have faith in bucket loads and be determined to set your own pace. Fill your life with gratitude and God's blessings will shower upon you.

130) In the face of danger, don't show fear. remember the power of positivity and face the storm with hope. When you deal with life's crisis, you will learn to cope with its complexity. Cling on to prayers and everything will turn out right.

131) Move down the path of change and look for ways to make things better. Enjoy the morning light that shines through the windows. Talk with the 'What-Ifs' and know God is always there for you.

132) Enjoy the vibrant shades of Autumn and absorb in its warmth and glory. Feel the excitement and see your whole world changing with it. Create colourful memories and feel emotionally charged.

133) Eagerly embrace the opportunity for a new and fresh start and learn valuable lessons. Do random acts of kindness and gratitude for it uplifts the soul and put soothing balm on your pain.

134) Wrap up each day with love and prayers and avail every opportunity to uplift your soul. Let go of the fear and confusion and don't let the weight of doubt pull you down.
135) Ask exciting questions about life and don't let your life slip by without happiness. Create good memories and always hold on to them to draw positive energy from them.

Seema Chowdhury
November 3, 2016

Seema Chowdhury
Daily Inspiration February 2016

1) Don't hold on to fear and anger throw away the burden of unwanted pain. Free your soul from the shackles of the past and cast off to a new horizon.

2) Don't make sandcastles on the beach for the cruel waves will furiously come and wash them away.

3) Gather your thoughts and don't feel the pain of the emptiness. Have faith in God and embark on your spiritual journey of healing.

4) Move in to your heart and calm your nerves when you see winding gravel road of stressful hours ahead in your life.

5) Create a map that fits your life with enriching experiences and remember this is your time to live with courage, so get up and take control of it.

6) Choose to see life in a new light and believe in the magic of the present. Let the colors lift your spirit and surround you with love.

7) Dream about a life you desire and then express yourself. Take a moment for peace and collect your dreams.

8) Change your thoughts in your inner world when you feel overwhelmed by life. Remember it's all up to us to hold on or let go.

9) Peace will flow out of your moments when you will stop obsessing over things. Feel your life deeply and clear the dust of uncertainty and fear to mend your broken hope.

10) Rest if you must but don't quit. Find a way back to your heart and try to solve the mystery and wonders of different dimensions of your life, then only a pattern will emerge to give you peace.

11) Create life's dynamic balance and discover the reason of your being. Look outside the window and change your outlook on life. Remember life isn't always perfect so just have faith and continue to work towards hope.

12) Don't push very hard, blink away tears and with hope you can unlock a whole new world. Every day is a new episode in our lives and we get to make a difference, so avail this opportunity.
13) We all experience setbacks in life, so in those moments try to find your purpose and follow the sequence of events. Open your heart and give your life. Remember if you stay strong you'll become a champion because time is powerful and it heals all wounds.

14) Always believe in yourself and don't lose hope. There are many things to explore in life so listen to your voice in deeper darkest moments and try to reach at your dreams in the reflection of time.

15) Follow your passion and do something that matters to you. Don't get locked in the past, try to understand life, everything happens for a reason so for better or worse leave everything in God's hands.

16) Always speak the truth because without the truth we all become powerless. Remember actions have consequences so be mindful of your actions and search for possibilities.

17) Be transparent, upfront and passionate. Open the door to enter tomorrow. Walk away from sadness and watch the morning sun rising. Don't lose yourself in the reflection of past in the darkest hour. Explore the world and absorb in the beauty of the raw emotions.

18) Take the first step towards recapturing good memories and pull yourself to the top. Go that extra mile towards bright sun light and enhance your soul and purify your heart so you can enjoy the ride of life.

19) Learn to deal with stress and handle bad situations. Direct your own life and with time things will get better. Just have patience and take an opportunity to reflect. Everyone will get their turning points when life will change forever, so be patient and wait for yours.

20) Unplug your worries and fear and break the boundaries between dreams and reality. Be happy and let difficult things go away. Get out of your comfort zone and start rebuilding the scattered pieces of your life.

21) Silence your mind and heal your soul. Try to understand your situation and fight through the bad days with patience and hope. Don't complicate things just have courage and get on with your life.

22) Be ready to make the change and forget what you have left behind. Learn valuable lessons from life and make happy memories. Take a long walk down
your memory lane and live in the moment.

23)  As day turns into night and night into day, overcome your fear and focus on possibilities and opportunities. Look for beauty all around you and live gently and gracefully.

24)  Build a new life and see from your heart. Behind every emotion there is a story to read carefully. When you come to a crossroad then challenge yourself and deal with what comes next. Create beauty with your words and expect a happy ending.

25)  Collect strength for tomorrow and don't face your problems alone. Make beautiful memories along the way and invite peace in your life. Make the most of today and develop understanding for life.

26)  Don't let your inner beauty fade, guard it with your life. Enjoy life's view and make it the best version. Perfect imperfections and reflect on your soul. Choose your battle carefully and go out and get some sunshine.

27)  Enjoy the vastness of time and remember that one moment can change everything. Find simple and easy ways to survive and get spiritual purification. Be grateful to God and enjoy the sphere of his grace.

28)  Have sincere intentions and do good deeds. Seek forgiveness from God Almighty and continue your journey of uniqueness and vibrant colors. Life is a priceless gift so enter the revolving door and tread carefully to reach the garden of eternity.

29)  Continue your journey and take an extra ordinary leap of faith. Be sincere and try to unlock the meanings of life. Don't let life drift you apart, put it piece by piece and see how it is all connected. Nurture and cherish every moment and focus on positive to reac a path of success.

Seema Chowdhury
Daily Inspiration January 2016

1) Start your day on a positive note and show care, kindness and the spirit of hope. This will make you a better person and it will be an amazing and affirming life experience.

2) Observe life from inside out and try to understand how and why. Listen to your own story carefully and make sense of your life's events.

3) If you want to change the world you are living in then step back and look for light and hope through the crack of time.

4) If you see tears welling in your eyes then pause for a moment and dig in deep to find the emotions and fear behind those tears.

5) Enjoy the little things that come in your way and cross the river of dream with smiles. Try to enjoy and be happy, for happiness is contagious.

6) Let your thoughts wander and collect cool breeze of peace and serenity so it an help you to go on and shape your own world.

7) Accept challenges and learn the rules of life's game. Have strong determination to succeed and believe in yourself.

8) Step by step walk forward and keep your faith alive. Brush off negativity and hymn life's melody of joy, love, hope and peace.

9) Life is one race after another so reach for high goals as you go along. Be your own life coach and find your inner peace.

10) This is your moment and the time is just right so capture it and make a difference. Remember you always have a choice so pick yours from the realm of ideas scattered around you.

11) Do everything with hope and try just one more time. Carefully see the unique pattern emerging and accordingly make little adjustments.

12) Don't sit alone in the dark with old memories, open up your heart's door and clear your lenses to see the world glowing with opportunities.

13) We all have different ways of looking through the world so be open and give
yourself more answers to explore and follow the ebb and flow of life.

14) Find a magical moment of connection and decorate your life with smiles. Wipe the thick blanket of fog and clear the pebbles from your way.

15) Invite happiness in your world and build it with the bricks of hope, creativity and possibilities.

16) Watch outside at early morn as the first ray of sunshine peeps in through the window. Open the door and absorb in its warmth.

17) Adopt an upbeat attitude and create a buzz of happiness. Get your life on track and cope with obstacles so you can change your life today.

18) Find and recapture your inner strength in the midst of darkness and fear. Absorb the crisp and compelling colors of real life and enjoy the cast of warm glow of light to strengthen your faith.

19) Don't let confusion to grow or feel emotionally trapped in the silent moments. There is more to life then we can comprehend. Ask for God's help and take Divine direction, for He is the Lord of great bounty.

20) Enjoy the richness of the world and have delightful experiences. Sow the seeds of compassion and face the future with peace. Take a new direction in the comforting light of the day and see things differently.

21) Step forward with smiles and a caring attitude and feel warm and blessed. Hum a sigh of relief and don't whine and complain. Get your life on track again and show gratitude for the miracles of the helping hands of God.

22) Don't let your heart sink, fight tears of pain and ponder on life's events. Watch outside at early dawn and see the first ray of sub shine creep in.

23) Open up your heart and find refuge and solace in despair. Fill a void with faith and belief. Let the painful memory fade away so you can enter with a smile in a new day.

24) Keep life's pathway clear and enjoy the light of the day. Turn the page and remember its your time to shine. Understand the dynamics of life as life happens at a brisk pace.

25) When disappointments come along don't stiffen with grief or bitterness. Be
graceful in every step of the way and enjoy your moments of silence. Sprinkle joy and smile and let the bud of happiness bloom and spread its fragrance.

26) Learn to live life with high aspirations, creating values and maximizing the moments of life. Change your actions and attitude and mend your broken thoughts. Adopt a perspective that is positive and radiant.

27) Review your story and move quickly towards the future. Create new life for yourself and find simple answers of the questions yet to ask. Look deeper inside your soul and make a lasting impact.

28) Amazing things will start happening when you will add colors in your life. Create a better tomorrow and try to look at things from a more positive perspective.

29) Life has many flavors: soft and chilly, tender and chewy, sweet and sour, spicy and salty, choose your flavor and start spinning your life’s events around it.

30) Hold out hope and celebrate life with smiles, laughters and make memories. Create bright moments in the dull time and breathe in fresh air to feel new and alive.

31) Focus on the positive thoughts and use your power of dreams to brighten your day. Clean and clear the dusty belongings and faded memories so you can feel the warmth of the glowing sun.

Seema Chowdhury
Daily Inspiration June 2016

1) Solidify your connection with the Lord and don't worry for the future. Have a healthy soul; it will help you to shine. Life is a meaningful journey so find miracles and magic in your way.

2) Feel things deeply and throw away the heavy burden of anger and pang. Stop over-analyzing problems and remember that we all have our ups and downs. Leave pain for a new life and see how the power of prayers can change things.

3) Enjoy the soft and fresh air and see the sparkling sun shining. Be happy in life and fill it with hope. Once you stop complaining you will see many possibilities to rewrite your story. Just be patient.

4) There is no time to cry over pain, so be brave and try to move on. Remember we all have ups and downs and it's just a rough patch and we'd all get through it. Fill in the cracks and become a source of joy for yourself.

5) Approach life with positive emotions and turn your agony into joy with the help of prayers. Confront many difficult questions and solve too many pieces of different puzzles. Stick to the ebb and flow of life and come to terms with life's challenges.

6) Look at life's continuum and travel the unknown path. Enjoy every moment of life and be the echo of faith. start off your day with prayers and reflect about the truths of life and its deep meanings. Understand your faith fully and and establish deep relationship with God.

7) Watch a beautiful sunset and feel the evening breeze on your face. Find a moment of peace and see God's hand in everything. Try to accept new challenges that come in your way. And fill your life with laughter and hope to make some special moments and memories.

8) If you are struggling emotionally then don't let negativity get in the way. Communicate with kindness and laughter and fill road ahead with hope. Recall some special moments and slow down to enjoy the beauty around you. And soon you will start seeing miracles unfolding all around.

9) Don't let negative feelings define you. Try to wear a breeze smile and turn your face towards sunshine. Soon you will start understanding your feelings and
see your spirit lift. Have faith that a great life stands ahead waiting for you to greet and accept.

10) Be mindful of your surrounding and start your journey of learning. Get your hope on and see the world from different lenses. Don't be so focused on yourself and clear your mind of negative thoughts. Map your mind and fill it with hopeful thoughts.

11) Let your faith be stronger than your doubt. Try to make the best of a bad situation and don't give up. Interrupt your dismal thoughts with the wave of optimism and smile. Don't let lingering gloom spoil your day, take a walk on a sunny path of life and be a beacon of hope.

12) Slow down and enjoy life. Look at new beginnings and new goals. Look at challenges with a prepare mind. Joy and grief are joined together so accept them all as part of life.

13) Develop problem solving and creative skills and take out uncertainty from your life. Every plan in life is different, so set the wheels in motion for a new and exciting adventure. God's compassion and mercy can illuminate your surrounding so learn to pray and humbly ask for God's help.

14) Life has several layers of meanings, so try to discover then through the echoes of your soul. The secret of happiness is to hold God's hand when you have a melt down. Accept your failure and learn from them so you can move on. Alleviate fear and anxiety from your life.

15) Begin the journey of your learning and see the world from different lenses. Translate your thoughts into beautiful and inspiring words and clear your mind of negative thoughts. Always search for truth and be kind, warm and compassionate about life.

16) There are a thousand stories in life and many bitter details of agony and sorrow. So smile quietly and speak softly and focus on the details. Fight back tears and create magical moments to reach out and touch hearts with your kindness.

17) Don't let the emotional pain drag you down. Walk out of the past and put aside your hurt so you can move along. Come out in the sunshine and dance through your pain.

18) In your lowest moment find a way to reach God and call Him for help. His
doors are always open. Build strong relationship with God and understand your faith. Always press your gratitude and count your blessings.

19) Show patience and kindness along the way and count the magical moments. Color the road to success and take on a new challenge. Enrich your life and make a difference.

20) Today is your day, so welcome peace and begin your important journey. Don't let negativity get in the way. Fill your road with laughter and hope and wear a breezy smile.

21) Experience joy and have a great life. Find stability and define yourself. We are travelling through time so prepare yourself to face extreme possibilities. Good things are coming just keep believing.

22) Hope for a brighter tomorrow and find the hidden dimension of life. Start looking forward and forgive yourself. Say yes to life and walk carefully on the zigzag road across life.

23) Always smile and have a brighter and positive outlook on life. Attract positive energy and soon you will feel everything around you changing for better. Focus on positive people and circumstances and soon you'll have plenty of opportunity to be grateful for.

24) Focus on yourself and follow your dreams and passion. Unleash your inner strength and see a new dimension of life. Pause and reflect on your life and let go of your past failures and disappointments.

25) Set clear boundaries and accept yourself openly. Quiet your mind and be honest with your emotions and feelings. Connect with your soul and let your spirit shine. Just be yourself and define your worth.

26) When you are feeling down, stop for a moment and reflect on life. Evaluate your situations and trust your instinct. Be open and honest and have confidence. Convince yourself that you can do it and soon you will realize your ability to win.

27) Be happy and smile freely. Don't hide behind your tears. Express yourself and your uniqueness to find inner peace. Replace worries with positive thoughts and you will attract positive energy and people.

28) Learn the rules of the game so it will be easy to gain success. Have self awareness and develop your own strategies of living. Observe everything
carefully and adjust your lenses. Relax and reflect on your life and accept differences so you can become comfortable in your surrounding.

29) Develop 'I can do it' attitude and soon you will see things getting better. Life is difficult and there is a lot of crisis period. So instead of giving up if we learn to adopt a positive attitude we can make a difference and overcome crisis.

30) Learn to 'Forgive and Forget' Life is not fair and we all know it. Be the beacon of hope and open your heart and nurture your soul. Let brilliant sun light touch the soul and soften your heart. Be the flash of light and see life from different lenses.

Seema Chowdhury
June 30, 2016

Seema Chowdhury
Daily Inspirations - October 2016

91) Tenderness of the heart comes from believing in Gracious God and having strong faith in Him. There will be many ups and downs in life, but don't give up or even utter a single negative word. Trust is your Lord and bow before Him in prayers. Only He is your true helper and your Protector.

92) We are all fighting our battles day after day and night after night. Remember to hang on and don’t quit. Time is the best healer and surely it will change. There we will see our share of blue sky, shimmering clouds and pure sparkling Ocean that will enrich our soul and will bring us everlasting peace.

93) Hold on to the rope of your Gracious Lord and stay on the right track. Sit alone in silence and look deep inside for truth. Keep your faith alive and treasure these moments of tenderness for this is the only path that leads to a happier life.

94) Be an excellent example and share your moments of joy. make lans ahead and look outside the window to a glorious horizon stretched across. Restore hope and happiness by being grateful to God Almighty for every breath that you are taking on His Green earth.

95) Focus forward forever and concentrate on the blessed time of your life during tough situations. Try to turn negative into positive by stepping out of you comfort zone. Sometimes, magic and miracles happen in your life when you challenge yourself and push your boundaries.

96) Be that shimmering light that enlightens and illuminates your surroundings. Synchronize your inner world with your outer world and don't let stress overwhelm you. Wipe away your tears and look for serenity and tranquility to witness God's presence and peace.

97) There are many deep secrets in life. So have an open mind, be far sighted and be enthusiastic to dig deep and far to uncover the truth. Life is like a Kaleidoscope of our ideas and thinking. And every time we peep through it, a new and unique image appears.

98) Ask for God Almighty's blessings every morning and evening. Lead pure and a purposeful life. Don't exceed upper and lower set boundaries. Have a pure heart and a cleanse soul so you are prepared to meet your Lord any time. Only
then He will open the gates of Heaven and unaccountable blessings will surround your life.

99) Do self-analysis and learn to regulate your life. Avail opportunities to mend your broken dreams and true art of healing and enlightenment. Then only you will be ready to turn tough situation into wow Moments.

100) Just like two ends of the continuum, happiness and sadness walk side by side through out our life. Learn to live in harmony and peace and break the cycle of defeat. Make wise choices and be good at perspective taking. Only then you will learn to be the ultimate winner by acquiring God's endless pleasure, grace, ever-lasting mercy and true purpose of your life.

Seema Chowdhury
October 18,2016

Seema Chowdhury
Daily Inspirations April 2017

1) Greet the challenges of your life and accept the changing events with a smile. Keep a positive attitude and be prepared.

2) Bask in the sunlight of joy and search for meanings. Keep hope alive and regain your emotional and physical strength.

3) Listen carefully to the whispers of the soothing words in time of difficulty. Smile through a veil of tears, this shall too pass.

4) When life's road seems long and rocky and your trials and obstacles are too deep, then don't give up. Pause, reflect and pray. Remember God Almighty always listens and He is on your side.

5) Chase your dreams and make it through. Life may be complex at times but always search for the beautiful rainbow after the rain.

6) When you feel that the whole world is trembling down, be strong and don't feel lost or confused. Plow through fear and discomfort and draw your own bubble of peace.

7) Everything in life changes even now and then, so keeps the memories of good time alive in your mind. Don't close your doors to the world live in peace and find joy to fill your heart.

8) Life is an endless chain of echoes and bonds, so stay calm and steady in terrifying times. Carry through all your challenges and fill your life with "Lessons Learned".

9) Enjoy great blessings of God and say prayers of thanks. Open your hearts, mind and soul and the beginning of a new life.

10) Paint your own portrait of a pleasant life and enjoy the beautiful surrounding. Find comfort and support from your loved ones and feel warm and safe.

11) Don't worry for the workload of tomorrow, live in the present moment and enjoy your day. Make your life rich and fulfilling. Fly high with the wings of imagination.
12) Search for God Almighty's light and spread care and endless love. There's nothing more precious than the gift of pure kindness to brighten up the day.

13) Enjoy warm and gentle summer and spread lasting hope. Let's roll up your sleeves and get ready to create a beautiful memory that will last forever.

14) Look inside your hear and connect to your heartstrings. Don't worry about the unknown future; just enjoy this present moment full of pleasant surprises.
15) Don't plunge in darkness; look at the sky that is starting to brighten up. Enjoy your first smile of the day and light up the candle of faith.

16) Take a lead role in your life and spin around it gently. Spread love, care and kindness and win people's hearts.

17) Many people and events affect our lives; but don't let this take over or ruin your happiness. Always find a way to happiness and be creative in your thinking.

18) Organize your world around people who you can connect with. Spread happiness and flow with life. Take a deep dive and bring in peace all around you.

19) Be the ray of light that takes out darkness and fear. Spread joy and peace and be the bearer of good news and happiness.

20) Stay hopeful and increase positivity all around you. Have zest for life and living. Encourage everyone to step out of his or her comfort zone and face the real world to grow.

Have a blessed weekend!

Seema Chowdhury
April 28, 2017

Seema Chowdhury
Daily Spiritual Prayers

When your life is crazy and messy
And full of struggles and challenges cart
When you face numerous difficulties
And see your world falling apart

When disappointments arrive at your door
And fill you with tears and doubts
And you see no path or clear way
To walk there and swiftly come out

Then don't quit, sit or ever cry
Go to your Lord and always pray
For He is the only one who can
Restore your hope and faith's tray

He can hold your quivering hands
To save you from disbelief and pain's cry
He can help to collect special moments
And shun your heartache, doubt and try

Firmly hold on to your Lord's rope
And cry out to God in humble prayers
For He is the only one my dear
Who can save you and can spare

And take you back to that life
That stands on the pillars strong
Pillars of hope, belief and grace
Where nothing can every go wrong

Where finally you'll find serenity and peace
That can restore your hope and faith's layers
And can hold your quivering hands my dear
To answer all your lies and humble prayers.

Have a Blessed Weekend!

Seema Chowdhury
October 30, 2016
Seema Chowdhury
Dale Of Sorrow

When you really feel upset
And think there is no 'morrow
When you feel very depress
And swim in the dale of sorrow
When life seems very hard
And everything looks bad
When dusk is followed by
Not a dawn that's very glad
Then go to the door and knock
And ask for the help of God
For He is the only one
Who'll help you in this odd
'Cause He loves you and me
And everybody and all
And He's the only one
Who can save you from this fall
And take you out of this
Deep long dale of sorrow
And brighten your every dawn
And bring you a nice tomorrow.

Seema Chowdhury
Dance A Different Tune

Write your own song
A special song of passion and hope
And get back to normal rhythm of life
And know that under trying conditions
It is better to pause
And reflect for a moment
For the answer always lies in
The power of faith and aspiration........

Just create a momentum
And anchor in your belief to face the reality
With the zoom in and zoom out button of life
And somewhere along the path
you will find the exemplary courage
To walk into a blizzard
And come out victorious
As a sole survivor........

Just don't give up
The road can be difficult
So grow new avenues
And tailor life's solutions to your circumstances
And continue your journey with passion and hope
With a beautiful and content smile
Singing your own song
And dancing a different tune.........

May God be with you, today and always.

Seema Chowdhury
Dance On The Edge

Dancing on the delicate edge
Of this creative life
I wished and prayed to reconnect
With the layers that their survived

And hoped to see some memories
Bringing light into the dark
And learning positive images
Bright shades and some marks

For life is a precious gift
That's wrapped in many layers
Like joy and pain, some smiles and tears
And dreams to be achieved and overcome fears

And there if you gather all
And watch the feelings flow
You'll know that life is not so bad
Just absorb in its depths very slow

And live everyday to the fullest
And celebrate this gift of life
And face your fears strongly
And learn in these layers to survive

And reconnect to all your wishes
And all your dreams of tomorrow
And dance on the delicate edge
And wipe away all your sorrows.

Seema Chowdhury
Dark And Empty World

I want to bring some light
I want to make it bright
I want to have some smiles
To walk along for miles
I want to brighten my day
I want to lighten my way
I want to clear the doubts
And fears to be thrown out
I want to fill with joy
I want the happiness toy
To make my world bright
And fill hope and joy's light.

Seema Chowdhury
Dark Era

At this moment
i feel
As if
This is the time
Of my life
When I'll gain
More troubles
And will feel
More pain
About the dark era
Where we'll be
All plagued by
Frustration Of life
And
Life Will
Turn out
In the way
We don't expect.......
Dark Hours

In the depth of dark hours
get ready
And begin a journey
And try to sooth your soul
With muted hues
Of the twilight of the dawn
And find the light side of dark
And don’t regret
The unfortunate death of dreams
For
It only makes your soul cry
And takes you deeper
In the dark hours of
The unjust war--

Seema Chowdhury
Darkness Of The Unknown

Plauged by the
Frustrations of life
I saw everywhere
Dark clouds hanging
Over my head
And the winds of change
Blowing hard
Forcing me to enter
In the roller coaster ride
In the
Darkness of the unknown........

Seema Chowdhury
Darkness Will Fade Away

Just go to God's door
And ask for his bliss shore
And cry there in front of him
And request him to help with vim
then surely soon you will see
Troubles flying away from thee
And brightening all your days
By fading the darknes away
So don't cry or lose hope
Neither fall in the sea of mope
Just go to God's door
And ask for his bliss shore.

Seema Chowdhury
Daughters Are A Blessing

Daughters put laughter on our faces
And bright colors on this green Earth
They are a miracle and a gift of God
And bring us lots of peace and mirth

They are a source of happiness and joy
And they are the princesses of our hearts
They bring us bundle of delight and care
And know how to always smoothly start

New dreams and fantasy and lots of hope
And fill our lives like sincere friends
To make every minute of life worthwhile
And help us to establish our family trends

Daughters are pious angels sent from God
And a precious source of bliss and treasure
They shine through like a sparkling sun
And warm our lives with care's pleasure

They have hearts of shining gold
And strength that gives us lots of power
To brighten our world and all around
For they are beacon of hope's tower

We are grateful to our Compassionate God
For sending us His precious gift of all
And for giving us our lovely daughters
Who are angels and have hearts of dolls

Daughters are a source of love and care
And they fill with colors God's green Earth
And they appear as miracle and a rare gift
And bring lots of peace, joy and mirth.

Happy 18th Birthday Samia
Mama & Baba love you very much
Seema Chowdhury
Dawn Of Success

Let the dawn of success rise
Let it show you things all wise
And let you do all nice things
And bring to others the joy of spring
And work with things as they are
And never see distance near or far
For whatever chance you ever get
Try in it for you to set
A chance to see the success rise
And show you things that're wise
That can lead you to the top my dear
And show you the way of joy and cheer.

Seema Chowdhury
Day After Day

Day after day
in life's way
I see sadness
And heart breaks

Where life is bad
And very sad
And is full of troubles
That blocks the way

The way of life
And to survive
Where gladness come
With joys to sum

And remove pain
And stop trouble's rain
In the life's way
Just after day.

Seema Chowdhury
Days Just Ahead

May the days
Just ahead of you
Brings you joy
And smile that's true

Where flowers
Bloom in the air
To show you sights
Full of care

Where birds sing
And bring you hope
So never ever
You fall in mope

And I wish it all
To you my friend
From the start of your life
Till it comes to an end.

Seema Chowdhury
Days Of Our Lives

Sometimes I have visions
Sometimes I have hope

Sometimes I see views
In which its hard to cope

But then I realize
And see that it is true

All these are life's part
That colour with it hues

The days of our lives
And show us all the roads

On which to walk with joy
And share our life's load.

Seema Chowdhury

Seema Chowdhury
Days Of Spring Shower

The air is warm, crisp and clean
Lovely spring bloom can be seen
All around you here and there
So enjoy it all my Sarah dear

And thank God for this living life
Where freshness and joy survive
And show you wonder of love and hope
Where you can learn the art to cope

For life is a painting full of views
Where you can paint all the hues
The hues of faith, happiness and love
For they're all gift from heaven above

That enriches your life so absorb them
For they are God's gift that always hem
The uneven edges of our lives
With which we're bound to survive

And know that I love you and wish you well
And hope happiness will always dwell
In the moments of your today and tomorrow
Where life will be free of pain and sorrow.

Happy 25th Birthday Sarah.

Seema Chowdhury
Days Of

The days of silence
The days of tranquility
The days of serenity
And
The days of quietness
All
Show me the path of life
That's filled with
Hurdles
Blisters
And
Pang
That brings me
Agony
And
Distress

Seema Chowdhury
Days To Remember

These college days
In many ways
Will remind us all
Of the joys that're small

That springs from the heart
And then it starts
And gives us more
Chances than before

To laugh and smile
All for a while
With our friends
With whom we don't pretend

And once they're gone
Then nothing but to long
Will be left in our way
With remembrance of these days.

Seema Chowdhury

Seema Chowdhury
Dazzle The World

Dazzle the world
And
Let them be mazed
With
What you can do
And
Let them remember this forever.........

Don't let
A sequence of tragedy
Take over your life
From an unknown corner
Or push you bfar
In the vale of silence

Just remember that
Life is a battle filed
That you have to win
No matter what......

Just set your priorities
And
Long for a spring
And
Soon
It will all be given to you-

Seema Chowdhury
Deal With Hard Times

Don't feel discouraged
And defeated
Just look back
Over your own life
And
Spot all the good times
Remarkable achievements,
Joyful celebrations
And
Unbearable despair
And see how God
And only God Almighty
Was there for you
And stood there
Like a pillar of support
And helped you
To deal with hard times-
Just have faith
And know you can do it.......
Dear Friendship

In each day of my life
I search for joy and love
And seek for that very way
That comes from heaven above
Where happiness can be found
Spread on the ground
Where special bond is in this dip
Known as a dear friendship
And then I hope in time
That life's all joyous wine
Will come to me my dear
In the coming days of the year.

Seema Chowdhury
Dear God Grant Us Peace

Dear God, please fulfil all our needs
Provide us with your protection and love
You are the sustainer and our only creator
Give us peace and serenity from heaven above

Dear Lord, you are the Lord of all the worlds
Send us your revelations and miracles today
Give us true inner virtue and proper guidance
And put your tender care in our life's way

Dear God, you are our only sincere friend
Help us in spiritual upbringing and always guide
Send us your unaccountable blessing's rain
And show us the path of righteousness stride

Dear Lord, help us to develop relationship
Deep care and love for humanity and all
Please Lord, sow the seed of sincerity in us
Purify, bless our soul and save us from any fall.

May God Almighty give us peace and guide our steps.

Seema Chowdhury
February 1, 2018

Seema Chowdhury
Dear God, Please Heal Me

Dear God,
Please help me to heal as I am in pain
I am unable to fight my battle in this rain
Give me the courage during this difficult time
My life is losing its harmony and rhyme

Loving Lord,
Please help me as I lift my hands in prayers
Show me your reflection of mercy and care
Help me to stop these tears of endless pain
And swap them with smiles of joy and fain

All-Knowing God,
You are full of mercy, grace, and boundless love
Please send me your blessings from heaven above
Make me stronger by putting the balm on my pain
As life's events are crushing and driving me insane

Merciful Lord,
Please help me to bounce back and move forward today
Add beauty and peace in my life and show me your way
Calm my injured soul and mend my broken wings
So I can happily fly and in your praise forever sing

All-Listening God,
I really need your mercy and I am praying humbly today
Please heal me, help me, and answer me in your way
I need peace and joy to flow back into my life dear God
You are my guiding star and only you can help me, Lord.

Seema Chowdhury
June 24, 2018

Seema Chowdhury
Dear To Your Heart

Things that are dear to your heart
Things that makes a brighter start

Things that makes you feel good
And is strong as a piece of wood

Is a nice and good words of care
That feels so nice and so dear

And puts a balm on the sigh
On the troubles and your cry.

Seema Chowdhury
Death Of Dreams

The unfortunate
Death of dreams
Make my soul cry
And plays the untuned rhymes
Of life in the silent
And isolated world'
Where
Darkness and lonely lanes
Are greeted with
The wind of harsh realities
That snatch away the words
And their meanings
From my life--

Seema Chowdhury
Deep Delight

Something that makes you feel
Extremely good
And
Contented
With a charm of relish
And
Helps you to refresh
Your memory of happy days
Is a deep delight
In my view...

Seema Chowdhury

Seema Chowdhury
Deep Emotions

May thy life see no sorrow
May troubles path be always narrow
May things that bring thou pain
Be swapped for thee with joy 'n fain
I wish these things for you dear
Because you're a friend who is rare
Who always come forward with smiles
Even in hard trouble crust trial
And that is why just for thee
I wish god's love and bliss tree
And hope to see thou always glad
Without any glimpse of pain's view bad.

Seema Chowdhury

Seema Chowdhury
Deep Expressive Eyes

Let your eyes say 
What you want my dear 
For wants and wishes are 
A way to reach cheer 
So always say to others 
Nice words to show your care 
And let your eyes express 
Deep feelings that are rare 
For life is just for once 
And you cannot come again 
So see what you can do 
To rid someone's troubled pain.

Seema Chowdhury

Seema Chowdhury
Deep Joy

Today for me
The morning air
Looks very fresh
And very dear
And sky above me
Looks very bright
And full of
Sunshine delight
and this is because
I know I'm glad
And nothing looks
To me even sad
And I wish to
in this happiness sleep
And bury myself
in this joy deep
because I know
very soon it'll end
And then once again
In my hurts I'll end
And then once again
In my hurts I'll bend
And there I will
Be very alone
Only accompanied by
The quietness zone
So that is why
Without wasting time
I want to enjoy
This deep joy's rhyme
And bring myself
Few moments of dear
Bright sunshine
And fresh air.

Seema Chowdhury
Deep Satisfaction

Deep satisfaction can only be gained if
Once and for all
You can erase
The words
EXPECTATIONS
And
DISAPPOINTMENTS
From our life's dictionary
And use
Power of words
To reconstruct
Your life
And
Learn
To look for
Something bright
That can fill hues in it......

Seema Chowdhury
Deep Significance

How many a mile the distance be
I'll always find time for thee
To think of you and your care
That you showed and we have shared
For distance can never block
The strong friendship we have like rock
For friendship is a name of love
And God sent gift of heaven above
So never think that we will part
For you have a place in my heart
That neither time nor distance may
Take from me your memories away.

Seema Chowdhury
Deep Sorrow

Overcome your deep sorrow
And swap it with a bright tomorrow

And learn to live with some faith
Then surely things will appear great

And try hard to be the first
To put on just God your trust

And ask only for the help of him
For then he'll help with vim

And will show us the bright tomorrow
And swap with joy your deep sorrow.

Seema Chowdhury
Deep Thoughts

The lasting image
Of
Despair
And pang
Blocks my sight........
I'm tired of
These
Mid life crisis
Because
They provide food
For the deep thoughts........

And tears to breed
And
Negativity to grow
Like weeds
That fills my life
'With stress and frustration
And force me to take
One test after another
Without any rest or break.........

Seema Chowdhury
Deeper Meanings Of Life

No one can ever learn
The deeper meanings of life
Because
Everyone views it
From his eye's window
From where
Sometimes
It looks
Frigid and cold
Or may be
Bright and sunny

Seema Chowdhury
Define My Life

In the days of changing memory
I felt out of strength and hope
Exhausted and lost
Climbing up the wrong path
Where I felt that the world was coming to an end
And I wanted to escape from time to define my life.........
Where life's window was full of fog,
Sorrow robbed my soul and I struggled to uncover
The link between phenomena
To get the answers that lived there along the way

In the days of changing memory
I felt the rush of emotions and shadow of doubts
In infinite moments of abounded day
With feeling fragile with unrealistic expectations
While going through the rough spots beyond blues
And wished if I could accept this challenge
And pass this stumbling block of stones, twigs and rocks
In the journey that matters to redefine my life.........

Seema Chowdhury
Define Your Own Theme Of Life

Define your own theme of joy and laughter
And choose what you want
For laughter is the best medicine
So chuckle and giggle and see the effect over time
That can make your life interesting

Take a moment to scroll through each option
It will surprise you what changes you can make
In this closed world of rewarding adventure
As It also carries cool breeze if you look closely
So fine tune your practice and finish what you start

Stroll through the giant trees and ferns of life
Enjoy the golden sunset cruise and define yourself
And play in life's playground and do somersault
And then take a moment to absorb
Life's stillness and silence

Then with a positive view write your ending
And assign it a beautiful and a meaningful name
And learn to hide all rows and columns
That bring back poignant memories
And drag you in the world of unknown

Remember this is your time
To define your own theme of joy and laughter
So chuckle and giggle and see the effect over time
But if you ignore or wait for too long
It will fade away from your life forever and ever.

Seema Chowdhury
Defining Moments

Make your darkest hour in life
Your defining moment my dear
Take bad things out of your life
And change it to positivity and cheer

Don't feel trapped or helpless
Share your emotions and fear
Be humble and kneel before God
And find peace in Lord's care

Choose your words very carefully
And build courage in all spheres
Mend your weak and broken heart
With happiness and joy's gear

Adjust your world's powerful lenses
Through which you always judge dear
Don't think of your wounds and cries
Look for the best in the coming year

Search for the window of opportunity
To make your darkest hour disappear
And find your defining moment dear
With positivity, joy and endless cheer

Seema Chowdhury
Definition Of A Brother

Someone with lots of affection and care
And an incredible quality of being so dear
Who know how to wipe thee tears of my eye
And let me smile in the period of sigh

Someone who work hard both day and night
To brighten my day and make it bright
And provide me the cool angelic shade
To protect mee from feeling down or fade

I wish more words can help me to convey
All that I want and wish to say
About you dear brother because you're nice
And you do it all wwithout thinking twice

So whenever I pray and talk to my Lord
I always thank him for besstowing his reward
By giving me a brother in the form of you
Who is not only honest but sincere too.

Seema Chowdhury
Definition Of A Friend

Friendship is a field that is broad
It binds friends closely in an unbreakable chord
So in a way its really a gift of the Lord
Who gives true friends to us as a reward

I don't the actual descrition of a friend
I think its one with whom you don't pretend
And who shows us the start after an end
And always convinces us to follow life's trend

So a friend is one who tries to help you
And help you to recover when you are blue
And sits with open ears to listen to your view
Then offers advice taht is sincere and true

So for me a friend is one on whom you can lean
Who gives you advice without being selfish or mean
And listens to all things with interest and keen
And trusts you with things taht're still unseen

And the last thing here I would like to say
Is that lucky are ones who get friends in life's way
So once you get them just let them stay
And don't ever allow anything the friendship to betray.

Seema Chowdhury
Definition Of A Sister

A sister always does things that are nice
She offers her services and good advice
And always whenever we feel blue
She shows us life's brighter view

A sister always readily lends her ear
And share our smiles and good cheers
And always try to in her style
To bring us the joy of laugh and smile

A sister always shows in her way
How to brighten our rainy day
And share life's secrets to show she cares
And all out things either common or rare

And today dear for you I really pray
And thank you for saying nice things you say
And proudly tell that you my sis
Are surely send as God's gift and bliss.

Seema Chowdhury
Delightful Surprises

Today I'm sending in your way
Wishes for a beautiful day

Where surprises full of delight
Comes to lighten with its bright

Hues and its color my dear
Your special day with love and care

I wish may nice things drop
In your life's way and stop

All your doubts, fears or grey
That has come in your way

And because its today a special day
So I wish may joy brighten you way.

Happy Birthday Tahira

Seema Chowdhury
Depth Of Despair

No one can measure
Neither pain nor pleasure
For we can just feel
In this life's deal
Whatever we get
In this life's set
For the depth of despair
And the joys and tears
Are all the part
In this game of art
That we have to sight
With mind that's quiet
Till it ends the day
And in grave we lay
Forever in the sleep
Known to all as deep.

Seema Chowdhury
Depth Of Love

The depth of the feelings of love
Can only be measured
When
You are willing to go
Deeper and deeper
when
You have a passion to achieve
And when
You are bold enough to admit
What
Your dear and near ones want
To give
And
Receive in return............

Seema Chowdhury
Desire

I desire for the moments
To be with you
Where
My dreams can be alive
And
Where
Each unfolding moment
Can put balm
On my blistered soul
And
Give meanings
To my endless journey
Of silence
On lonely roads.......
Desire And Longing…..

Something that you wish in your heart
From which you don't want to get apart
And from God you always pray
That may he gives it to you today

For desire is your longing and wish
That you want to get my dear sis
And it is a thing that you feel you need
And you show it from your own deeds

So keep desiring but keep this in mind
That not always in your life you'll find
Everything that you may want or wish
So whatever you have think of it as a bliss

And in one way or another thank your God
For he played his role of a kind Lord
By fulfilling all your wants and wishes
And bestowing it on you as his bliss.

Seema Chowdhury
Desire 'N Despair

My mind and heart
Are
Furnished by the memories
Of
Pure desires
And
The despairs
Of each and every second
Of the
Arrogant circumstances
From which
I passed through
In the uncertain hours
Of my life...

Seema Chowdhury
Despairing Thoughts

I really want
To get rid of
My pessimist thoughts
Which starts on pang
And ends on
Despairing thoughts
And then
Leave me all alone
To face this harsh world
And Its bitterness...

Seema Chowdhury

Seema Chowdhury
Detangle Daily Dangling Difficulties

Keep away from worrying about your tomorrow
And enjoy the red tint of the glorious sun melting
In the warm and salty air of the deep and vast ocean
And relive the golden memories of the magical moment

Detangle daily dangling difficulties and find a way out
Life has problems with many stops, locks and blocks
So learn to let go of nostalgic memories and tired tears
And step up your pace before time loses its momentum

Live with a purpose and speak truth aloud and clear
Return with a perspective and a fresh flowing energy
Keep taking a step forward and find hidden meanings
So you can move on and explore endless possibilities

Expand your abilities and establish your place everywhere
Find new sources of inspiration in your spiritual journey
Just remember there is a battle between light and darkness
So enjoy every moment and ask for Gracious God's guidance

So when you see the red rosy tint on the lovely skyline
And glorious sun melting in the deep and misty ocean
Then bow your head humbly and kneel in front of the Lord
And relive those golden moments of magical memories

Praise your Lord for bestowing His shade of love and care
And for giving you a full life with a meaning and a purpose
Because He sends laboring life's lessons to us to learn from
So we can easily detangle daily dangling difficulties of life....

May God Almighty guide us in every step of the way.

Seema Chowdhury
Different Day

We live in a different
Kind of a day
Where every one feels
Tired in a way
Tired of troubles
That he gets
In the tray of life
All covered and set
And then no one
Can get rid of it
As this is a gift
Of life's packed kit.

Seema Chowdhury

Seema Chowdhury
Different Flavours Of Life

God made this world for us to survive
Where many different flavours of our lives
like joy and happiness, distress and pain
All do exist where we lose and gain

So better not despair and step out of shell
And see nice things for you that dwell
And enjoy all of them with joy
And don't throw [ast likea broken toy

Because when once these days are gone
then you have to wait through night till morn
Appears once again and shows you light
To follow the path that seems alright

So in the time of any distress and pain
instead of wondering alone insane
Just think that these kinds of things
Works only as the connector of a ring

Where in between not a lot but few
Moments of joy and happiness hue
Surely do exist and survive
Because God made different flavours of life.

Seema Chowdhury
Difficult Balance

Every time
When
I'm stuck
Between
My desires and despairs
I
Meet my shadow
getting deeper and deeper
And
Going towards the end
Where
I have to keep
A difficult balance
Between
Crying joys
And
Laughing griefs.......
Difficult Issues

Life is a story
Of pain and pleasure
Where we get a chance
To collect valuable treasures
Tresures that include
Sympathy, help and love
For that is what we all
Want and deserve
And remember whenever
You encounter a difficult issue
Try to solve it with
The patience tissue
And offer your love
Your hand and your smile
For that is what will go
With you long miles
And know that all those
Aches and pains
Comes from God Almighty
To test your gains
And if you're strong
And help others in test
Then you'll be rewarded
With joy and zest
And all your troubles
And your pains and tears
Will be healed with
Infinite peace layer.

Seema Chowdhury
Difficult Lessons

Life is a teacher
That delivers
A difficult lesson on living
To every individual
According to
Its fate
And then
We're all bound
To follow it..
Without complain
Or using harsh words
And we have to learn
To act tough
In this frightening world
To survive
With optimism...

Seema Chowdhury

Seema Chowdhury
Difficult Path

Life is a difficult path
And a thorny ground
Where we are all sitting
On the merry go round
Which show us the ups
As well as the downs
Which show us the nights
As well as dawn brown
So learn in here to survive
And add in it some cheer
By adding a bit of happiness
While going through troubles dear.

Seema Chowdhury
Dip Of Time

looking back
On my favourite memories
And
Special moments
Bring me joy-
But
Only for a while
Because
Then again
I come back in my present
Where
Darkness marks the end
Of one more chapter of my life
And
Where
Everything is mixed and lost
In the dip of time.....

Seema Chowdhury
Disappears

Sometimes
All my laughter disappears
And
Leave me all alone
To
Count my tears
Of
Suffering,
Hurt,
Discomfort
And
Worries...

Seema Chowdhury
Discover

Discover what you want
Even
If
You have to go
Beyond your limits
And
Beneath the depths
Of places
where no one
Has
Gone before.........

For life has
Hidden truths
In all its layers
Waiting to
Be discovered
By eager eyes
And
Open hearts......

Seema Chowdhury
Discover Joy

Let go of grief
You may have been hurt
Just learn to move on
And erase
The negative aspect of life
And learn to break
The numbing cycle
And venture something new
And find someone special
Who can hold your hands
And can lend a heart
that understands...
And reward yourself
And only then
You'll be able to
Discover joy....
And then only you'll see
That small daily happiness
Can make
Life
So spectacular
And can make
Your world of happiness
Soft and tender
And you'll learn to
Sail smoothly
Through life
And wrap it up
With grace........

Seema Chowdhury
Discover New Things

1) Maintain a positive, optimistic and a hopeful attitude through visualization.

2) Even if you don't know where to start, don't just wait, take a leap of faith.

3) Look fear in the face and remind yourself it's time to discover new things and new avenues.

4) Remember, only you hold the key to successful future through hard work, commitment and perseverance.

5) Let your curiosity win over your fear and you learn to choose hope, truth and wisdom in life.

6) Be receptive and convert your thoughts to creative words. Build an exciting and an amazing life with confidence.

7) Every day is unique and new, just start fresh and gain a new perspective to discover a world of opportunities.

Seema Chowdhury
March 28, 2018

Seema Chowdhury
Dismiss Bad Thoughts

Dismiss all bad thoughts my dear
So you can feel happy and cheer
And can see life in a light
Where things are all nice 'n bright
Because if once you feel bad
And think nothing is really glad
Then your life will be stuck in doubt
And all around you will gather the clouds
The clouds of mope from which you can
Never get out to make a plan
Of joy and happiness so you can smile
And feel good all for a while
So dismiss bad thoughts now my dear
And look for the ways to get to cheer.

Seema Chowdhury

Seema Chowdhury
Distance

With time
This distance
That was created today
Will increase
And increase
And increase
And then
A time will come
When
We'll be walking
Widely apart
With
Unmatched ideas...

Seema Chowdhury
Distant Future

Out there some where
In this God’s land
I see foot prints
All over the sand
As if they are
Staying in it to
Tell past stories
That's all true
For what else will come
No one can tell
So hope to get the best
And wish to have well.

Seema Chowdhury
Divine Forces

Focus on the positive and vibrant thoughts
And silently pray amongst the chaos and pain
Use your power of dreams, prayers and meditation
And with each thought relive the moment of relief
Sometimes these events move too fast and rapidly
And even in the usual hustle and bustle of daily life
We feel emotionally drained and completely exhausted
So fill the empty spots with ardent faith and hope
And spark a new life away from despair and mope
Clear the dusty belongings and foggy memories
And feel the warmth and care of the sun coming
Through the open windows onto your glowing face
Find beauty in your everyday life and living
And feel calm and reassured with fervent prayers
Develop a special bond with your beloved Lord
And let Divine forces get the ball rolling........

Seema Chowdhury
Divine Help And Mercy

To You belong the east and the west
And only You know for us what is best

And what we disclose and we conceal
For You can bestow mercy to heal

All our pain, trouble and sigh
Those block our view of hope high

We need Your help to even our odd
For You are bountiful and all knowing God

You guide us to the right path and hall
And save our souls from a great fall

And You accept our humble prayers and deed
And protect our surrounding from sin's weed

Please forgive us if we have made any mistake
And wash our hearts and souls in purity lake

And bestow Your mercy and help dear Lord
For You are bountiful and all knowing God

And take us out of darkness and wipe it all
And cleanse our souls and let us stand tall

And bow down to You and observe our prayers
To enjoy Your blessings shade in multiple layers

Just protect us God from unseen pain
And do not let our lives go in vain

For we are your humble servants dear Lord
And need your divine help and mercy God.

Seema Chowdhury
Divine's Gift

The time is rolling
Turning months into years
And are showing me with them
All smiles and tears

And are saying that this is
What we get in life
So learn these arts
In it to survive

Because life is the
Precious gift of Dinine
On which no one else
Has a right but Mine

So enjoy every bit
That comes in your way
And see life passing by
Like this, day by day.

Seema Chowdhury
Do Failure Analysis

Continue to dance
Even when the song is over
Have happy thoughts
And chase away worries
Take a few moments
And do failure analysis
Do not give up easily
Just hang in there
And try harder
For there are many images
And different perspective
So try to tie loose ends
And see things taking shape
As you move along
Then answers will emerge
To fill in the blanks
And show you the other side
With innovative results
Just listen carefully
And do failure analysis
And play your game well
Till you learn to live with new reality...

Seema Chowdhury
Do It Now

Examination is a garden
Where the flower of success bloom

So don't feel down or sad
Distressed or in gloom

For tide of success will rise
That you'll see pretty soon

That will bring you fame and luck
All knitted on the happiness loom

So don't ever feel confissed
While taking any test

Because that's when life will bring
For you all that is best

So never ever in the midst
Take any kind of rest

And when something good is given
Always go on for the best

You may think it is hard
Many times in between

Even then don't lose hope
And show interest and keen

For once if you'll stop
Or try to ever lean

Then you will loose life's challenges
And its bet in between

So quietly pray that you swiftly
Pass the test of the Lord
Who helps you whenever you're
Stuck in something truly odd

So always do your best
Then ask your dear God

To bestow his love and bliss
Upon you as his reward.

Seema Chowdhury
Do Nice Things

Do nice things in each day
Let you brighten someone's way

And be like a shining star
That twinkles for others even from far

And try to do everything with zest
And do for others whatever is best

And teach others how with faith
You can do things that're great

And when you'll do all this dear
Then you'll feel God's pleasure very near

And the warm touch of the hands of God
As God's loving gift and his reward.

Seema Chowdhury
Do Not Let Go Of God's Hands

God made us who we are for a reason
So believe in the God of hope and move along
The green pasture and running water
And listen to the voice within you to start
A new story and experience new excitement
To build beautiful memories
So do not let go of God's hands
Be close and enjoy living in the moment

Make emotional connection and take small steps
Between the long run of life and happiness
Don't feel lonesome or miserable
Believe in the God of hope
And do not let go of God's hands

Life has a weird way of interrupting
So make plans and prepare for life
And through out this long voyage
Navigate obstacles and paddle your canoe
And know that dark and light flows together
So let God lead you through the maze of time
And do not let go of God's hands.

Seema Chowdhury
Do Not Look Out

Do not look out yourself my dear
If you're going through trouble's layer

For no one else but only you can
Change for yourself what's bothering you man

So don't feel bad, down or upset
neither let your eyes ever get wet

And know that if you want to view
Life's brighter and some better views

Then hang on to hope with courage my dear
And don't mope if going through pain's layer.

Seema Chowdhury
Do Not Worry

I hope I can take away the pain
That's making you feel down and insane

And I sincerely hope if I can today
Color with hues your life's way

Don't worry dear have trust in God
For he's the only creator and the Lord

Who helps us when we're in trial
And gives us our share of smile

I know what you're going through
I know what you're feeling true

But don't worry just ask dear God
To take you out from all this odd.

Seema Chowdhury
Do Something Special

Look at the world with affection and care
And try to spread it in love's air
And do something special to show
That you care alot for other's row
And show good cheer and your love
As love is a blessing of heaven above
And give others your shoulders to cry
When they are tired of again to try
And know that one day we all will die
And we have to surely say them goodbye
Then why shouldn't we show others a ring
In which love moves that's a special thing.

Seema Chowdhury

Seema Chowdhury
Do What You Like

Face the world
With hope in the eye
And show to others
Your aims that rae high

And know surely
In life will appear
A blooming flower
If you can dear

Know how to
Face this all
With hope in the eyes
For things big and small

And do what you like
To do in life
For that's the best way
To happily survive.

Seema Chowdhury
Do You Ever Think

Do you ever think
Why the grass is green?
Do you ever think
Why things are unseen?
Do you ever think
Why the sky is blue?
Do you ever think
Why flowers have many hues?
Do you ever think
Why all of us were born?
Do you ever think
Why we ahve to face mourn?
For it is all because
God have made this world for us
And created in it
Blessings that're big and small.

Seema Chowdhury
Do You Know?

Do you know why the sky is blue
Do you know why things are new

Do you know why God has made this earth
And sent in it things that are worth

Do you know why the grass is green
Do you know why things are unseen

Do you know why God has made the rainbow
That brings us joy and brighten life's row

And this is all because God loves us dear
And in his ways he shows us he cares

And that is why he did all this
And have sent on us his love and bliss.

Seema Chowdhury
Do Your Own Things

Do for yourself whatever you can
And try to act like a perfect man
For its good to do all these things
In the on going life's moving ring
For time and tide wait for none
So do nice things that can be done
And act like a very wise man
And do for yourself whatever you can
And bring for yourself some joy and fain
And learn to overcome your pain
Then only you'll be happy in life
And then you'll learn to gladly drive
The care of this life with pleasure
Where abundance of happiness's treasure
Will greet your days and your morns
And will colour fain in all your dawns.

Seema Chowdhury

Seema Chowdhury
Don'T

Don't let
Other people pour
Cold water
on your hopes
And wishes...

Have faith and courage
To face
Whatever comes in your life

And catch a few moments
To think and decide
And talk to your Lord
Who will help you to steer
Through your day.........

Seema Chowdhury
Don'T Be Afraid

Don't be afraid
For God is on your side
Do not let fear
Fill life's road wide
For anxiety and pain
Can take away life's pleasure
And leave you to suffer
Without solace and peace treasure
Just hold on to God's hand
And let him in your heart
And see how he shows
You a brighter start
Be strong and courageous
And stand firm and tall
And see troubles disappearing
One by one in phases small
And know that spirit of love
Can help you to do it all
For life is too short to waste
In petty worries and trouble's fall.

Seema Chowdhury
Don'T Dwell In The Past

Walk on the path of life
And be present in those moment
Reflect carefully on each life's day
And point out things that're prominent

Don't feel burdened by mishaps
And don't only dwell in the past
Find your own heart's pleasure
And repeat positive words at vast

Life goes on in huge cycles
Where ugliness and beauty come
And bring dull and colorful images
Those eventually for us sum

Fear and joy of unpredictable life
And the paths that exist in it
Where we capture those moments
And then write our story in bits

Where our perception of emotions
Help us to stay in life's game
And uncomfortable hours of the day
Drag us in sadness of the past same

So learn to overcome them all
Mishaps, problems, failure and mope
And speak to your soul in rhythms
To set your own block of smiling hope

Where you can walk on the path
And can be present in capturing life
To reflect on each passing moment
And learn to happily here survive.

Seema Chowdhury
Don'T Expect

Don't expect life to be always fair
Or else you'll be very hurt my dear
For life is not just a bed of roses
but it is full of troubled poses
So spread yourself in its trend
And try to make joy your friend
Then only you'll banish your fears
And will know how to end the tears
That makes misty whole life's view
And brings sadness to you.

Seema Chowdhury
Don'T Feel Alone

In lone and gloomy night
When things aren't quite right
Then dive in deep thoughts
And see if you can sort
All that is now called past
That flew away very fast

For loneliness is like a lock
That usually does really block
The roads that were known to you
That didn't seem strange or new
Where your thoughts could easily roam
With smiles and cries in dome

So don't mope if you are alone
Because soon you'll be shown
All those who still do care
Who will pick all of your tears
To switch it with their smiles
So you can cover the miles

The miles of regrets and sorrow
That would not let you borrow
Any glimpse of love or fun
Under this byrning sun
Where no one can get an aid
Nor even a tiny little shade

But still don't lose any hope
Or sit back just to mope
Because soon you'll get the return
For all that you have earned
Like happiness for all your pain
And sunshine with all your gains

And then you'll see once again
Life's surface that was plain
Will soon return to you
Showing you a clearer view
That now you'll never be alone
Neither things will seem unknown

Because now your trials are gone
And soon you'll see the morn
That'll shine very bright for you
So you won't feel any more blue
And there you'll see God's aid
In the form of his love's shade.

Seema Chowdhury
Don'T Feel Down

Don't let disappointment
To bring you down
And don't let it
Makes you brown
For life is a test
That must be given
With honesty and truth
To reach the heaven
So don't ever mope
Just hang in there
And ask for gracious
God's loving care.

Seema Chowdhury

Seema Chowdhury
Don't Give Up

Sometimes we lose and sometimes we win
So don't think losing is any kind of sin
Just try a little harder, if once you fall
Don't give up, wish for victories wall

But if while running in your life's race
You see narrow paths of happiness in your pace
Then sit back and relax for a while
For it will reduce half of your trouble's pile

Because taking a break will surely help you
And will clear the dust of mope like a dew
And will show you the right path to run
Where you can find all joy and fun

And one thing that is most important of all
is that don't let the candle of hope to fall
Just keep on trying till you meet your end
Where God will be standing with a hand to lend

Because God's help is what you always need
For it works as the growing magical seed
That tells you dear its not a sin
To sometimes lose and sometimes win.

Seema Chowdhury
Don't Hold Back

1) Develop a passion for learning and step forward with confidence.

2) Reach your goal and find your strength; take new initiative and make a positive impact.

3) Don't let fear stop you from reaching your goals, be fearless in your pursuit and be realistic.

4) Have powerful thoughts and criteria to measure success. Create a wall of positivity around you.

5) Believe in yourself, stay calm and envision a bright future. Plan ahead and create a roadmap to follow.

6) Bring changes in your life and don't be afraid to fail. Just take a bold step and keep on trying.

7) Utilize opportunities and accept challenges to achieve success. Focus on the present moment and be committed to your cause.

8) Be flexible and stay cool, calm and collected in the face of crisis. Don't panic and learn to control your emotions in stress.

9) Take baby steps but be consistent; let go of the anger, self-doubt and negative thoughts.

10) Don't hold back always give your best; paving the way to success will improve your options.

Good Luck!

Seema Chowdhury
May 29, 2018

Seema Chowdhury
Don'T Hurry Through Life

Don't hurry through life
Tune in to what's going on inside you
Connect to your emotions
In the privacy of your own mind
And find the music of life
And sing the unsung lyrics
To warm up your soul
With the vibrant colors...

Give a huge hug
And enter in the door of hope
That release you from
The pain of the past
And fill true meanings in your life...

Learn to accept an unexpected change
With strength and courage
And let screaming emotions flow out
In the face of change
And remember not to hurry through life
Just tune in to what's going on inside you...

Seema Chowdhury
Don't Just Stand There

1) Learn and be inspired to expand your view.

2) Stop holding back or let fear and chaos take over.

3) Don't just stand there, live your life freely and fully.

4) Focus on the present and find the courage to try again.

5) Eliminate roadblocks and take a fresh look at problems.

6) Use your unique experience and perspective to succeed.

7) Increase the value of life and dive into a brand-new day.

Seema Chowdhury
March 4, 2019

Seema Chowdhury
Don'T Know The Game

I don't see a little star
Twinkling from very far
I don't see a blue sky
showing colors shining high
I don't see a sunshine
Drinking happiness wine
I don't see a pretty rose
Laughing with a joyful pose
I don't see a grass green
Taking away the thorns seen
may be because right now
I don't know why and how
To search for the pleasure's rain
To understand this life's game.

Seema Chowdhury
Don't Let Hope To Ever Die

Be grateful to your dear Lord
Who always helps in even and odd
And guides your way out of fear
By giving His love and peace share

Bow in front of your Gracious God
Ask for forgiveness and mercy accord
Hold sincerely to His care's rope
And never quit or let down hope

Remember God puts you in a trial
Where He keeps you only for a while
Then He brings you out with a smile
To help you and bless you in His style

Just don't give up or ever sigh
Do not let hope to ever die
Let faith and believe in your heart
See Lord's blessings filling your cart

Kneel before Him and always pray
As God is your true friend I'll say
Be grateful and ask for peace share
Surely He'll keep you under His care.

Have a blessed weekend!

Seema Chowdhury
March 16, 2018

Seema Chowdhury
Don't Let Me Down

god please I'm feeling brown
Help me don't let me down

I'm sick and tired of it all
And I'm scared of another fall

God please hold me in your arms
And don't let me be harmed

For I'm hurt already God
And feel all stuck in odd

God give me your loving aid
And protect me like a shade

And don't let me fall today
As troubles have blocked my way

And I really need your help now
I don't know what and how

But please take me out of this brown
And today please don't let me down.

Seema Chowdhury
Don't Live In Fear Beloved Ma

Don't live in fear my beloved ma
I know the road you are travelling here
Is broken, empty, lost and hazy
And you can't keep an account dear

Just let go of your worries beloved ma
Don't close your mind and lovely heart
I know your map of life is unclear now
But remember we're here from the start

I know you are struggling with many doubts
And cannot simplify the complexity of life
I know you are experiencing difficult things
And searching for your place in continuum drive

But don't worry ma, we are all here for you
We are here to fill your heart with hope
And your soul with care, love and prayers
Just don't live in fear and try to forever cope

Ma, please wipe your rolling tender tears
And don't stare so hard into the distant past
Don't feel empty in the darkness of the days
And search for familiar faces in this world vast

Remember we are all here for you till the end
We will hold your hands and will show we care
We will walk with you on the zigzag road of life
To mend all your jumbled pieces to remove fear.

'To the world you are a mother but to your family you're the world'

'Being a mother is learning about strengths you didn't know you had and dealing with fears you didn't know existed'

Love you and miss you very much beloved Ma

***Written for my beloved mother who is suffering from Alzheimer***
Don't Live In Past Moments

Don't always live in the past
Or hope for a splendid future
Try to live in the present moments
And be aware of your surroundings

Experience everything that is happening
And relive in happy moments of peace
See what you can do now my dear
And how you can improve your day

Past is long gone and now it is over
And there is a lesson it has left
Just learn from it and move on
So you don't repeat the mistakes

Understand and invest in yourself
And live a life with self awareness
Experience your emotions in the way
And process your everyday thoughts

Deal with your problems head on
And sort out what is holding you
Try to live in the present moments
And be aware of your surroundings.

Seema Chowdhury
June 18, 2016

Seema Chowdhury
Don'T Live In Vain

If you can link a chain
Or can bring some fain
Then do it dear now
And don't live in vain

If you can once again
take away someone's pain
Then do it dear now
And don't live in vain

If you can surely tame
Someone's terrific aim
Then do it dear now
And don't live in vain

For if you can do this same
For someone's joy and gain
Then do it dear now
And don't live in vain.

Seema Chowdhury
Don'T Lose Hope

Nay, no, nope
Don't lose hope
Else your life will be brown
And you'll feel down

remember if you'll try
Nice things that are high
Then soon you'll know
That only in life's row

People who couragely face
Any trouble or pain's trace
And always try with zest
Without taking any rest

And people who nicely smile
In their way for a while
Are teh one who always gain
Victories in life's lane

Because they don't feel down
Neither their lives seems brown
Because they don't sit to mope
Neither they lose any hope.

Seema Chowdhury
Don't lose hope dear
Try to learn to cope
And bravely stand tall
When you get a fall
For we will live here
Only once my dear
So discover the road to walk
And with courage talk
And find your answers dear
And with love and care
Look to begin anew
And find what is true
And give a wake up call
To your heart and all
And moving in life
To reach your final drive
And know that life is a gift
Where our soul needs a lift
So we must never forget
To ever lose hope or let
Our hearts go wild or bad
And let ourselves feel sad
For happiness will only come
When we will drink from hope's drum
And try to learn to cope
And never ever lose hope.

Seema Chowdhury
Don'T Make

Don't make pie in the sky
For these are all fibs 'n lies
Don't make castle on the sand
For the soil is very cruel on land
Just try to do something worth
That proves you dear on this earth
And if you really want to shine
And keep yourself away from decline
Then don't wait for the spring bright
Just do what you think is right
And see what will take away your cry
Instead of just making castle and pie.

Seema Chowdhury

Seema Chowdhury
Don'T Miss Today

What good can be tomorrow
If you keep missing today?
What happiness can it bring
If you see hurdles in the way?
You just need to be focused
And look for the best day
That will lead you to the brightness
Even in a cloudy day
Just know that a ray of sunlight
Can engulf your body and soul
And can wipe away your tears
And can take your pain and dole
So don't keep quite or just sit back
Bring your voice out and let everyone know
What you feel and want to say
And that's to yourself you surely owe
And let not this rawness of your life
Stop you from surveying with joy
For God has sent you in the right place
At the right time so you can enjoy
So review your life is every way
And learn to live your life today
And know tomorrow can not be good
If you miss any of your happiness today.

Seema Chowdhury
Don't postpone joy
For each moment
That lapse without it
Is just gone
For then it becomes
A part
Of your past
And history
And
Is quickly forgotten.....

Seema Chowdhury
Don'T Quit

Everyone feels down hearted once in a while
And doesn't see a thing to made one smile
So if you are going through this kind of thing
Just sit back and let your troubled heart sing

Because when you're sad you loose all hope
And think its difficult and hard for you to cope
So then instead of feeling betrayed and torn
Just remember it is dark before each dawn

And even if you are desperate just don't quit
As life is invaluable and precious in every bit
So don't think in terms of failure or decline
Just try to merge with the wave and flow of time

And this is just a small but a sincere advice
And I know you'll listen because you are wise
So now go and dot hings you think are right
And I'll pray for your sucess both day and night.

Seema Chowdhury
Don't Wait Until Tomorrow

Reframe obstacles and see opportunities for growth

Recognise pleasant moments those exist in your day

Don't rush through life just set a goal to follow to move on

Appreciate life in the present moment and celebrate today

Stay hopeful and increase positive energy all around

Bring joy into your life and reconnect to believe and faith

Contribute to happiness and positivity with your thoughts

Remind yourself how amazing your journey can be

So you can walk on with faith and win many smiles

Always be kind and build a strong bridge to connect

With the outside world and spread some happiness

Paint a picture of hope and find secrets of success

So you can find deep connection with gracious Lord

Stay focused on the present moment of possibilities

Seek spiritual fulfillment and satisfy your hunger soul

Believe anything can happen only if you truly believe

So don't wait till tomorrow for life to begin just start now

To establish peace within yourself and flow with zest.....

Have a blesse day!

Seema Chowdhury
March 5, 2017

Seema Chowdhury
Don'T Wallow In Misery

Don't wallow in your misery for too long
Learn to faithfully sing hope's song
Dust yourself off and once again try
If you fail once just don't sit to cry

Be strong and don't give up too fast
Give your fate chance to carefully cast
Beautiful shadow of a tender and special care
Where you will not suffer or see endless fear

Make best use of your life everyday
Fill every moment with worthwhile say
Rebuild your life with the blocks of smiles
That will take you joyously on long miles

Surround yourself with positive people dear
Throw away heavy burden of grief and tear
And be wearing to try something new
That not everyone is willing to do

Just don't miss any opportunity in life
If once missed the chance will not survive
So don't wallow in misery for too long
Learn to faithfully sing hope's song.

Seema Chowdhury
Don'T Worry Now

Don't worry now
And learn how

To handle it all
Whether it big or small

For troubles are the part
Of life's heart

Where less joys
Come to enjoy

So don't waste time
In life's rhyme

In worrying about them
For they're life's gem.

Seema Chowdhury

Seema Chowdhury
Door Of Pleasure

door of pleasure
Contains a treasure
Of joy and fain
Without any pain
So knock on it
And get this kit
And play and sing
And call for spring
And enjoy it all
Joys big and small
As rewards of God
Who is our Lord.

Seema Chowdhury
Doors Of Bliss

God give me courage
And give me strength
And shorten for me
The trouble's length

And let me face
This world of cold
With an honest heart
And an act of bold

I don't want to be
Left all alone and out
And don't wish now
To stuck in doubt

So please help me
And grant me all this
Through your merciful
Doors of the bliss.

Seema Chowdhury
Doors Of Tomorrow

Drive in through the doors of tomorrow
Forget all your pains and sorrows

And look forward for a morn
that has a bright dusk and dawn

And remember that all that is bad
Will surely change into glad

And then everywhere will come spring
And rosy will be everything

Just have faith in the tomorrow
And forget all your pains and sorrows

And hope to see always the best
And learn to bravely face life's test

And know that is is really true
That a courageous smile can take away blue

And it can surely change all bad
Into things that are really glad

And this can surely be done tomorrow
If you'll learn to forget your sorrow.

Seema Chowdhury
Dotted With Tears

The life's long road
Is usually dotted with
Tears and troubles
To make us realize
The importance of
A peaceful life
Where we can sit down
And rest a while
And search for
Goodness and kindness
Whiteness and brightness
Honesty and wisdom
And
Bravery and judgement
To bring back
Beautiful rainbow
In our lives.......

Seema Chowdhury

Seema Chowdhury
Doubtful Words

Don't let doubtful words
To rule your heart
or else
Take you
To the ill world
To begin a journey
To an unknown place
Where smoggy sky
And mist hange
Dark clouds
And then I'm forced to walk
Over ruts and rocks.....

Seema Chowdhury
Doubts About Life

Facts not fantasy
Truth not fiction
Work not leisure
Can only bring you pleasure

Smiles not tears
gains not losses
rains not clouds
Can clear all your doubts

That you have about life
Where everyone survive
Under distress and pain
And is waiting for the rain

That will take you away
Far from this world's way
Where your life's breeze
Will finally forever cease.

Seema Chowdhury
Doubts And Fears

Strip away all your doubts and fear
Wipe away rolling feelings and tears
Sit quietly and reflect on troubled life
Control your thoughts and emotion's strife

Take some time to dream and plan
Stand up bravely and carefully scan
Things around you by over looking pain
So you can get back on road once again

To paint a beautiful rainbow bright
To bring in a lot of hope and light
And sort out broken meanings of the day
By accepting everything will not go your way

So when stress creeps in and life feels fragile
You have no option but to be sleek and agile
And watch story unfolding in your mind's eye
To stay away from painful and bitter sigh

With flood of thoughts floating around
Stirring compassion and desire's ground
So you can strip away doubts and fear
To wipe away rolling and emotional tears.

Seema Chowdhury
Down Through The Years

Down through the years
All smiles and teras

That I have gathered
In my life's weather

is what now I call
My trteasure small

That I wish to keep
Under prayers heap

So I can recall
In later days all

These memories of the past
That's spread so vast.

Seema Chowdhury
Dramatic Change

Life is an invaluable gift
And an amazing journey
To explore the inner self
Where we have to develop
A key lesson for us to follow....

Where we do deep analysis
At each step along the way
To find a miracle moment
With unwavering faith
For a dramatic change.....

Where time is sensitive
And silence is uncomfortable
And we have little time to waste....

So pause and reflect for a moment
Then embark on this blessed journey
Using the process of looping back and forth
And just keep climbing
Even if you hit a bump along the path
For that might be the surprising step
For a dramatic change......

Seema Chowdhury
Dream Life

Lost in my dream life
Where only wishes survive
I saw through my eyes
Smiles and hopes no cries

Where every today and tomorrow
Is free of pain and sorrow
where mornings are bright
And full of delight

Where no time is dark
And no sign of end's mark
Appears to stop pleasure
Joys and lots of leisure

And that is why I wish
And want to enjoy this bliss
And try to stay in it
And count all the joy's bit.

Seema Chowdhury
Dream Of A Palace

I always
In my quiet thoughts
And
In my silent mind
Dream of a palace
Where'
Dawn is without a dusk
Rose is without a thorn
And
Smile is without a tear
Even though
I know its impossible.....

Seema Chowdhury
Dream Out Loud

Step by step
Dream out loud
And search within for strength
To find the spiritual dimension of life

Don't let sorrow to rob your soul
Or happiness from your life
Things occur randomly in our world
So uncover the links between unexplained phenomena

Look for the answers
And discover what is best in life
Then only you'll be able to
Construct an image of
Opportunity after opportunity

And feel the sea breeze that's incredible
And when you'll be open
To embrace possibility
Then you'll be saved by
Hope, faith, prayers and love.

Seema Chowdhury
Dream Time

If you cannot get joy
If you cannot get fain

If you cannot get happiness
Do get rid of your pain

Then allow your dreams
To enter your life

And open for them
The doors to survive

And let them come
And spread all around

For they are worth
To be on God's ground.

Seema Chowdhury
Dream World

In the world of dreams
Shines bright beams
That links to the stream
Of happiness gleam
I wish in leisure
If I can measure
All the treasure
And can surely find
There fains bind
That can wind
The joy's kind
So in the time of pain
I can remain
Stuck to the lane
Of bliss cane
And there I see clue
Of things nice and new
So no more blue
Appears in life's view.

Seema Chowdhury
Dreamland

Often when I feel that I'm getting bored
And don't have things to do any more
Then I visit a place that's in my mind
A special spot that's different in kind

It's view is so different, pleasant and fine
That I wish I could say that place is mine
And certainly it cannot be made by hand
So that's why I call it my own dreamland

My dreamland is made up of peace and hope
That gives me encouragement whenever I mope
And the roads of that place are high and low
And everyone who walks there is a friend not a foe

And one thing that is plenty in that place is love
Where thousands of birds sing including the dove
So whenever I'm with them I always pretend
That this is something nice that'll never end

And surely for most it is an unseen view
But every word I said is purely true
So whenever I'm tired what I think is best
Is to go into my dreamland and take a little rest.

Seema Chowdhury
Dreams

Dreams really do come true
If you believe in them
And from God always pray
And with it your day hem

For as long as in the world
Joys, hopes and happiness stay
Then you can always find
For you a pleasure's way

On which to walk and find
The tonic for true happiness
As it is a blessings way
That you can solve and dress

Your whole life's way with it
And make it surely worthwhile
And fill with overwhelmed joy
And fain and mirth and smile.

Seema Chowdhury
Dreams Of Change

Dreams of change can come true
only if you know how to view

Things in life that're shown to you
And distinguish between them as glad or blue

Because many tunes in life's rhyme
Are present to save you from decline

So better strongly cling on to hope
And stay far away from the fire of mope

So for that all you have to do my dear
Is to stop worrying and try to share

And consider yourself as a part of a chain
That links together to bring others fain

Then only you will yourself view
The dreams of change appearing true.

Seema Chowdhury
Dreams Of Life

Your wishes and dreams can come true
You can see life with a brighter hue
But to gain and have all of this
You must have an eye to see god's bliss
And always remember your turn of a phrase
Is not always wild or full of craze
So try to learn to listen to your heart
And record your thoughts 'n then start
A brighter day with some silent prayers
And know that's what fill you with cheer
Because extreme happiness is lying down
So try to find and wear this crown
So all your troubles 'n your tragics
Can be erased with an optimistic magic
And you can see life with a brighter hue
And your dreams of life can come true.

Seema Chowdhury

Seema Chowdhury
Dreams Untold

The road ahead may not be clear
The path you're walking may not spare
Even a step of happiness for you
But even then don't ever feel blue

And know that sooner or later my dear
Your sight will see things that're rare
That will surely include happiness
Covered with God's huge love and bliss

And know that surely there'll be beam
That'll take you closer to realizing your dream
And then finally that time will come
In which gladly you will sum

All your happiness, joys and fain
And then you won't be shown any pain
And the road ahead you will be clear
And happiness will surely take your care.

Seema Chowdhury
Drink From The Cup Of Life

Stay strong my dear don't give up
We all have to drink from life's cup

Be careful and always do what is right
So you can be a winner in God's sight

Hold on fast to whatever is really good
Be the messenger of hope as you should

Impact the world and Impact everyone's life
And find happy reasons to here survive

Spread God's message of love and peace
Whenever you see hate please try to cease

Walk up on the stairs of belief and deep faith
And find your way up to Heaven's top gate

Be faithful with truth and grace my dear
Follow what starts chain of events in here

Stay strong in the midst of the greatest storm
Think differently and try to positively transform

Make the most of your everyday my dear
With care follow God's path that is clear

Stay strong and firm just don't give up
We all have to drink from life's deep cup.

Have a Blessed Weekend!

Seema Chowdhury
March 20,2017

Seema Chowdhury
Drink Joy's Wine

Swim with the current and stand like a rock
Keep an eye on passing time like a hawk
And move swiftly to drive joy's wine
And make the hay while the sun shines

And when you'll learn this art my dear
Then nothing can stop you to go in where
Ocean of tears is blocked in the way
And is giving place for fain to sway

It's just that sometimes when life seems hard
And you don't have any pleasure's card
Then don't despair and hope for the best
And know that life is like a test

Where no choice is given, all is a must
Where gifts of God like kindness and trust's
Doors are present, so come and knock
And swim with the current and stand like a rock.

Seema Chowdhury
Drop The Thoughts

Drop the thoughts
That makes you sad
And never look at
Things that are bad
For if you will
Keep looking at it
Then nothing but only
Repentance will come in bits
So learn to banish
Your doubts and fears
And see what you can do
To stop your flowing tears.

Seema Chowdhury

Seema Chowdhury
Drops Of Bliss

One by one
Bliss in drops
is falling down
So now stop
The tears dear
In your eyes
And over come
Your pain and sigh
And make life
Full of cheer
And happy chats
With smiles dear
And start walking
Towards the fain
And end all your
Trouble's lane
So once again you
Can joyfully stop
Your tears to pick
The bliss in drops.

Seema Chowdhury
Drops Of Rain

The clouds that are
Spread on the sky
And weeping dear
With pain and sigh
As they're wandering
Around and around
And are dropping there
Hot tears on ground
Because they feel
Hurt and bad
And feel inside
Them very sad
But guess no one
Understands the pain
And think these drops
Are the drops of rain.

Seema Chowdhury

Seema Chowdhury
Dry Words

Let me now sleep
Under hopes deep
Where I can stop
And there I can drop
Few drops from me eyes
To get rid of my cries
So when I start again
A day with fain
I do not have to try
Again with words dry
And then I can walk
And boldly talk
About my hopes of life
That still a little survive.

Seema Chowdhury
Dull Hours

Let dull hours
Be waived
By the splashes
Of smile
Delight
Gratification
And
Zest
Because
God does fulfill
Our wishes
And hears our prayers
And
If we have faith
He will protect our souls
Till eternity...

Seema Chowdhury

Seema Chowdhury
During Difficult Time Sabeen

Share your burden and sorrow with God
And have firm faith during painful time
Our Lord is the God of grace, mercy and bounty
He will surely help you smoothen life's rhyme

Search for the spiritual light my love
And listen to the voice of All-Listening God
Fill your heart with sincere prayers and humility
And show your gratitude to All-Knowing Lord

Develop an unbreakable bond with Him
And pray fervently for His mercy and grace
Only He can hold you close in His arms
And bless you with Divine help and joy trace

God shares His illuminating light with us
And only He can give lasting joy and peace
He can forgive and cover our sins and mistakes
With deep care of blessings and heaven's breeze

Just go to His door and kneel before Him
And ask for His love during this painful time
Our Lord is the God of grace, mercy and bounty
He will surely help you smoothen life's sweet rhyme

Love you very much Dear Sabeen

Love Always

Seema Chowdhury
May 24, 2017

Seema Chowdhury
During This Time Of Loss And Sorrow

My thoughts are with you in this time of sorrow
I hope you find peace and comfort tomorrow
And wish you have loved ones to share today
The pain, suffering and loss in your way

I know words are not enough to express
My deepest sympathy for your pain and stress
That you are feeling during this difficult time
To bring you back peace and hope's chime

Just hold on tight to your memories of care
And all the beautiful times that you shared
With your loved ones who are near and dear
And will always be in your thoughts and prayers

May God Almighty gives you courage to bear
This irreplaceable loss that brings you tears
And hope Lord holds you close in His heart
To give your sad life a meaningful start

Where you can make peace with this all
And stop these sorrowful tears from fall
And comfort to know that in Heaven above
Your loved ones are smiling like a dove

And are silently sleeping under the care
Of Merciful God, who loves you my dear
And is watching over you during this time
To bring you back peace and hope's chime.

***For a dear friend who lost her beloved mother ***

Seema Chowdhury
Dwell In My Soul

I dwell in my soul
And feel the rippling waves
Crushing against the wall
The walls of my life
And see the salty mist
And the freezing fog
That is spread all over
The deep blue ocean
Of wonder and why? ? ?

And there I hear
The ebb and flow of voices
And play the game of catastrophe
with a bitter sweet twist
And then I try to recollect
Myself and my soul
And walk in the freshly fallen snow
And leave the everlasting footsteps
And the vivid memories......

And then I want to learn
To fight back the tears
Of the painful injuries
And lock back myself
In my soul of lonely darkness.......
Dwelling On Disappointment

Dwelling on disappointment is a waste of time
So don't let this thought to spoil life's rhyme
Because in life when joys are gone
Then it leaves you alone to sit to mourn

Because nothing much but only in your way
memories of the by gone days
Are left for you to dwell upon
Where no glimpse of any rising morn

Is shown to you where your thoughts
Have dragged you and have brought
You very far and far away
From the pace of joy in your way

So instead of dwelling on disappointing tide
Show your tender and sentimental side
And don't let it to waste your time
Or spoil the broth of life's rhyme.

Seema Chowdhury
Dynamics Of Beautiful Life

Understand the dynamics of this beautiful life
And merge with it at a brisk but steady pace
Make space for emerging opportunities everyday
And create value in new areas and be creative

Don't stumble over assumptions and expectations
Create a web of positive thinking around you
Develop a clear map to play the game artfully
And change your actions, attitude and alternatives

Understand the dynamics of this beautiful life
Find your solitude, solace and refuge for peace
Create a balance to keep the amusing sparkle alive
And always clear the pathway of disappointments

Life is remarkable, unique and a continuous journey
And we all have something to live for and survive
So find your own meanings, priorities and actions
And live out your dreams creatively and artfully

There are laughters and plenty of tears all around
As we develop and live through life at brisk pace
So before you turn the page to next opportunity
Make sure you understand dynamics of your life...

Seema Chowdhury
Each Life Affects Another

Each life affects another
And that is really true
When we talk of someone who is
Extra special too

For the very special feelings
That we share with them
Comes forward with the needle of
Love and with it hem

The edges of our lives
With special stitches of smiles
That brightens the way of others
Who are passing through period of trial

And then it delicately decorates
The life with the embroidery of cares
Which emits a ray of joy
For all others to share

And whenever someone offers
Us a helping hand
It means they care a lot
And really understand

What we want from this
Life in which we live
And the soft and gentle words
we need others to give

And all these things show
Our joys to them are known
For they care for us a lot
And think of us as their own

And that is the main reason
Why each life affects another
Specially when we're passing through
Life's disastrous weather.
Early Morn

Early morn shine
Is like a wine
That fills your heart
With joy and start
To make you feel
This special deal
In which just fain
And blessing's rain
Is ready to fall
On you and all
And it really makes
Your day with a break
Where you take rest
And feel fresh and best
And then whole day
That's coming your way
Is filled with pleasure
And joy to treasure.

Seema Chowdhury
Earn The Right

Let you speak now
And earn for you
The right
To be a victor
In the battle of
Wit,
Ability
And idealism-
For life is too short
To be wasted
In
Thinking
And planning only........
Just remember
This is the place
And
Now is the time............

Seema Chowdhury
Echo

I heard the echo
Of my silence
When I wanted to talk
But I couldn't

I heard the echo
Of my tears
When I wanted to cry
But I couldn't

I heard the echo
Of my pain
When I wanted to sigh
But I couldn't

Because
No one was there
To console
To sympathize
Or to soothe my pain......

Seema Chowdhury
Echo Of Invisible World

Sometimes I hear
The weird echos
That sounds very
Scary
Creepy
And
Trembling....
As if they are
The woes
And painful sighs
Arising from
The invisible world
Of grief and pain...

Seema Chowdhury
Edge Of Despair

I want to see
what is hidden
In the deep layers
Of my life-
I wish to look
On the other side
Of a big glass door
That's blocking my view
I desire if I can
See, smell and hear
That sweet voice of hope and faith
That I have lost
I hope one day
The door of illusion
Will open successfully
On its own-
So I can relax
And not feel stressed
from this constant race
Of this life
Where only struggle
Greets my morns
And pushes me to
The edge of despair-

Seema Chowdhury
Eid Mubarak

May Eid brings you love and peace
May it shower blessings to stop and cease
All your agony, trouble and pain
And brighten your life like sunshine after rain

May sparkling moments be given to you
As a gift of Almighty God's love's hue
Whose love has neither bound nor any end
And who holds your hand in road block and bent

May Eid be a day that can heal
Your wounds and hurts that you may feel
And bring you the message of peace and hope
That showers God's bliss and pull you out of mope

May all your prayers be answered today
And all your wishes be granted in your way
And may God opens all doors and gates
So you can walk on the staircase of faith

And reach at the door of hope and peace
That can lighten your day and can ease
All your agony, trouble and pain
And brighten your life like sunshine after rain.

Eid Mubarak to all.

Seema Chowdhury
Embrace A New Beginning

1) Re-energize and restore your natural talents and create goodwill and harmony in life.

2) Open your head and heart and adopt the pace of the present day. Enrich your life and embrace a new day with its challenges.

3) Be positive in life. Learn new skills to avail chances and unique opportunities that may come in your way.

4) Grow every day and acquire knowledge. Bloom and prosper and be successful.

5) Invest in yourself and transform, learn ways to increase your efficiency and effectiveness to be more productive.

6) Visualize an ideal life, reward yourself, Inspire and motivate to find ways to reach your potential.

7) See the world in a different light. Trust your instinct, and transform your career by embracing a new beginning!

Seema Chowdhury
April 5, 2018

Seema Chowdhury
Embrace Change

Kainotophobia: means the fear of change and the resistance to it.

1) Change the way you view things, control your thoughts and actions and make a difference.

2) Discover new things, get buy-in from everyone in the organization and be approachable and open-minded.

3) Show benefits of accepting change and leaving the old ways. Also, show losses associated with not accepting change.

4) Make a list of what can go wrong or things that may or may not work out if you stick to the old ways.

5) Share your opinion and perspective openly, be open to new ideas and have an open discussion about change.

6) Communicate and convince others that it is safe to accept and embrace change.

7) Separate what you can control and what you cannot and accept them humbly and wisely.

8) Workaround the things and find a couple of options to choose from.

9) Let go of the past and walk bravely in the present to embrace change.

10) Test your limits and push your boundaries and follow your own pace.

11) Open your mind to new possibilities and tell yourself you will not give up on your fear.

12) Don't think of failure and losses, think of all the gain and success associated with change.

13) Believe in yourself and take a leap of faith. Hope for the best and open your heart and mind.

14) Allow yourself to be uncomfortable, or in some cases see failure at the first
attempt, when accepting change.

15) Try to familiarize yourself with the unknown and uncertain event as quickly as possible.

16) Embrace change, take challenges, make decisions and accept the consequence. Empower yourself and fight for your survival.

17) Be strong and put up a good fight. Draw inspiration and motivation every day to accept change.

18) Tell yourself you have limitless possibilities to choose from if you change.

19) Promise yourself to do more, learn more and grow more every day. Take one step at a time and join the team.

20) Take the first step with confidence and see how things start appearing and new avenues start opening.

21) Take bold actions and make better choices and start accepting change and visualize them.

22) Believe in the concept of self-fulfilling prophecy - if you expect the best outcome the best will come your way.

23) Don't give power to fear, take control of your life and don't get stuck in one place.

24) Use the power of influence to convince yourself to change. Make a way ahead and shine through within.

25) Break the stereotype image, be brave and become the trendsetter.

26) Don't let your age, circumstances, past experiences or concepts stop you from embracing change.

27) See the world in a different light, follow your instincts and fast forward to the phase of accepting change.

28) See your potential, increase your pace, be open to new ideas and look harder for the undiscovered solutions.
29) Remember life is not always easy and change is inevitable, so get up, get ready and accept change for better life.

30) Don't let anything to thrown you off-balance. Be bold and courageous to shun the fear of change!

Seema Chowdhury
April 3, 2018

Seema Chowdhury
Embrace Happiness

Leave a mark on others life
Give others reason to happily survive
Give encouragement to all my dear
Especially who need you for cheer

Bring sunshine in others life
Give others reason to happily survive
For real life is made up of moments dear
That takes you in life's complicated layers

Just remember that life is full of fortune
We just need to dig it out of gloom
And learn to embrace happiness perform
And put our faith in charge of this bloom

And know with the help of honest prayers
We can walk on the path of life's fair
And can turn our stumbling block of pain
Into a lovely boat of joy and fain

We just need to learn to empty our minds
From the worries of life and try to find
And embrace the future with happiness and cheer
And bring sunshine for all my dear.

Seema Chowdhury
Empower Yourself

Get in the right mind set
And know what you hope to achieve in life
Remember the time when you were happy
And you felt powerful about how to survive

So speak up and always be ready
To steer decision making and be number one
And come out at the end as a winner
When your life's days are over and done

Just pray and hope for God's miracle
And be ready to take a chance
And remember to find a lucky break dear
Start working with care and in advance

Empower yourself with courage
And be your own supporter and a friend
For life's bitter bite is distressing
With crooked roads and curly bends

Learn to stick up for what you believe in
And get in the right mind set dear
Empower yourself with happy thoughts
That can bring you happiness and never ending cheer.

Seema Chowdhury
Empower Yourself Today

1) Focus on the bright spots and be committed to your cause.

2) Go in a rhythm and maintain momentum to create your own recipe of success.

3) Reshape yourself, embrace new possibilities and enjoy life.

4) Don't defer your dreams, make program and take a change of life.

5) Motivate yourself and remember no two days are alike.

6) Change your perspective and practice positive affirmation.

Seema Chowdhury
March 11, 2019

Seema Chowdhury
Empty Door Ways

Suspended in the time
or in the flow of rhyme
I see some pathways
Filled with empty days
Where nobody I see
Eagerly waiting to be
taken in for a ride
On these pathways wide
Why is it that so
I do not want to know
But sometimes I wish to see'
these empty doorways key
Fitting in its place
To cease its life's case.

Seema Chowdhury
Empty Inside

The eerie silence of my surrounding
Makes me feel lonely inside
Where I search for answers
Trying to wipe away tears
And erase the image of pang
So I can let my spirit lift me up
And let me sort out my thoughts
With which I can thread
A beautiful story of my life
With bitter sweet realities....

I want to fill this emptiness
With bright sunshine
And let the magic of love
Empower me abundantly
So I can wash away my problems
And find a huge wave of relief
In the shadow of which
I can find a defining moment
Where I can break my vow of silence
And get back in the mood of celebration
In my own little world
Of serenity and tenderness.....

Seema Chowdhury
Empty Promises

Don't ever make
A promise
That you can never keep
For
Nothing is more hurting
Than
Seeing the promise
That was made with you
Falling apart
And
Breaking
Like
An empty promise......

Seema Chowdhury

Seema Chowdhury
Encouragement Mask

Put on the encouragement mask
And build confidence for your task
And know that with hard work dear
You can prove your worth that's rare
So have on yourself more trust
And know that surely it is a must
That to stand in the winner's lane
And to get name and fame
You have to wear the encouragement mask
And build confidence for your task.

Seema Chowdhury

Seema Chowdhury
End Each Day With Prayers And Praise

Throw away the undue amount of strain and pain
And take off you load from daily life my dear
Take a moment to pause and reflect in mid day
And change bad events into something positive
End each day with humble prayers and praise
And be an inspiring example for others my dear
True happiness brings God's blessings for all
So accept life as it comes and be alive and prepared
Select a new direction for your life in this journey
And whisper positive sentiments to yourself my dear
Clear negative people and emotions from your life
And learn from your bitter experiences without fear
There is a fine line between fantasy and reality
So be strong, go forward boldly and embrace it
Feel alive and energetic once again with this change
And pause to think before proceeding on this road
Set your mind and heart at success for it's contagious
And then you will see yourself blooming with grace
Just throw away undue amount of strain and pain
And end each day with humble prayers and praise.

Seema Chowdhury
Ending Life's Story

Another day, another year
Another smile, another tear
Another loss, another gain
Another fain, another pain
I see infront of my eyes
Ending life's story with a sigh
And looking forward with hope
To end painful events of mope
I wish for my life to take
A beautiful turn for joy's sake
where pretty flowers will bloom
To take away my pain and gloom
So I can start with hope and peace
Where troubles and storms will cease
And will bring calmness and shade
Of God's loving blessing as life's aid.

Seema Chowdhury
Ending This Year

Life is moving quickly
Life is moving swiftly
So go ahead and join the race
And conquer this enchanting pace
For no time is like the present time
Where we can learn and sing the rhyme
Where life will show us rain and pain
And endless phases of losses and gains
So welcome it all with an open heart
And learn to build a door to start
Another day, another morn
Another dusk, another dawn
Just remember that this is what is life
Where we're all bound to survive
Where nothing begins and nothing ends
Without crossing roads hard, crossed and bends
So learn to enjoy the 'April Showers'
For that is what will bring 'May Flowers'
As everything that here starts one day
Reaches its end in a joyful way
So hope and pray from God for the best
And end this year on smile and zest.

Seema Chowdhury
Endless Blessings

Welcome a special and a crisp morning
Enjoy the magical notion of Endless Blessings
Feel things deeply and sing God's Praises
Throw away mistrust, doubt, and fear now
Make a connection with your Gracious Lord
Listen carefully to the Secrets of the Earth
Show sincere Gratitude and always stay Positive
Expand the field of your Happiness, Care, and Joy
Use the strong weapon of Prayers to communicate
Believe in the power and beauty of your Dreams
Learn life's lessons from Faith, Believe, and Hope
Renew your soul and sincerely follow the Divine Light
Meditate, Pray, and Connect deeply with your God
Wake up every day with the first flush of the morning
And welcome crisp, clear, and an endless blessed day...

Have a Blessed Day!

Seema Chowdhury
August 7, 2018

Seema Chowdhury
Endless Pain

Endless pains and endless pleasures
Are all over life's treasure
That show us some paths of life
To walk with joy and drive
The never ending car of pain
That also gather some fain
To brighten our world and our days
That're passing by in our ways.

Seema Chowdhury
Endless Ring Of Smile And Sorrow

Hold back the tears of sigh
And look forward to tomorrow
Life is an endless ring
Of smiles, pain and sorrow

So walk away when you're tired
And pause to just smile
For life is made up of
Periods of short and long miles

Don't wait for a reason
To celebrate life today
Write your happy ending
And find peace in your way

Face your problems now
And collect strength for tomorrow
For life is an endless ring
Of smiles, pain and sorrow

Just make the most of it
And create a magical life
Add beauty in all you do
With kindness that survive

Listen to your heart's string
And write your own life's song
Then set your own rhythm
And music that makes you strong

For life goes on and on
And bring hope for tomorrow
Because its made up of
Endless ring of smiles and sorrow.

Seema Chowdhury
Endless Tales Of Time

Give shapes to your imagination
And Take a new turn in life
And
Get ready to begin a journey
with tuned and untuned rhymes
For as you go through life
You have to deal with
Changes
That comes unexpectedly
and put you in knots
Conflicts
And worries
And that is
What is life
with its
Endless tales of time........

Seema Chowdhury
Endless Treasure

This world is a place
With things that're nice
Where joys can be doubled
And can be made twice

if only in it
We can live and learn
To reach our goals
And can mold our turns

In the way we want
And in the way things are
then nothing will be beyond
Our reach, or will be far

So live in with joy
Happiness and pleasure
And learn my dear today
To count this endless treasure.

Seema Chowdhury
Endure The Test Of Time

Embark on life's journey
And have strong faith that
Right thing will come along
At the right time and way
Gain new life's experiences
And endure the test of time
Try new experiences today
And focus on endless dreams
Be positive about life's changes
And connect to the rest of the world

Look harder for the light in darkness
And listen to the echoes of emotions
Hold your head up and smile
And remember that life will test you
And will give you difficult choices
So don't give up or shut yourself
Or let tears blur your vision
Be strong and accept them all
And know you have to be strong
To endure the test of time

Seema Chowdhury
Energetic Shift

Feel the energetic shift inside you
Moment by moment
Reflect on yourself
And quiet your mind to listen
To the initial string of inner peace
Truth and reality

Always fulfill your commitment to living
And look at the reddish new dawn
On the distant horizon
Feel the breeze at the end of the tunnel
And figure out a way for a fresh perspective

Rejuvenate your mind and soul
And know that life will be queer at times
With its twist and turns
But once you learn to visualize everything
Then you will find solution to your problems

Just turn your telescope around
To see the bigger view of life
And feel the energetic shift inside you
And listen to the harmonious hymn
Of the string of peace, truth and reality

Happy 17th Birthday Samia
We love you very much

Seema Chowdhury
Enhance My Faith

As the night gives way to the dawn
And the day light cascades my room
I stand by my windowsill
Looking deeply outside
To enhance my faith
And ask the living God
To open up new avenues
To strengthen my faith
And to give me power
To stand tall and walk bravely
On the blanched streets
Heavily covered with snow
And find my way across
In this winter cold sighs
And collect the scattered pieces
And fragments of my imagination
To come out of the darkness towards light
And collect happiness along the way
And enjoy astonishing moments
So I can calm down my inner world
And remove scattered troubles from my path
To carefully examine the markings of life
And enjoy the sunlit room
And enhance my faith...

Seema Chowdhury
Enjoy

These precious moments will never come back
So find for yourself a happiness sack
In which you can find more smiles to smile
And some more laughs to laugh for a while
So best thing that you can do right now
Is to find when, where, why and how
You can find moments of joy
And make yourself happy to enjoy
Every good things that is given to you
That makes you feel happy too
So when its time for you to die
And say loved ones forever goodbye
Then you can say with pride 'I survived
And have enjoyed every moment of my life.'

Seema Chowdhury

Seema Chowdhury
Enjoy A Beautiful Life

Look at the bright shining blue sky
Look at the birds that're flying high
Look at the flowers and their view
That's all spreading joy that is true

Look at the star that is bright
Look at all life's pleasing sight
Look at the sun with a smile
That'll help you to go another mile

And when you'll do all this dear
Then you'll feel how much others care
And you'll enjoy a beautiful life
Where joy and fain all do survive

And you'll find the path of fain
will surely come in the way of pain
And will show you life's sight
which are full of joy and delight.

Seema Chowdhury
Enjoy And Relax

Enjoy and relax
And think of life
As a game
Without an end
Where
Stormy weather
Emotional errors
New horizons
Green pastures
All come one by one
In your life
To show
Life's journey in and out
And to
Purify your emotions
And
Make you a strong being....

Seema Chowdhury

Seema Chowdhury
Enjoy Challenges

Enjoy challenges that lie before you
And know in life's days that're few
You have to face all these things
Whether you're a begger or a king
And know that all these life's test
Are given for your own good 'n best
For they tell you how to hold
Life's hardships and be bold
So don't feel scared of any of them
Consider them as your pearls 'n gem
And know in life's days that're few
You have to face challenges lying before you.

Seema Chowdhury

Seema Chowdhury
Enjoy Lord's Gift

When life feels crowded
And time seems lost
Then don't feel moppy
As it doesn't pay the cost

Just sit back and relax
Then go deep in mind
And search for the loved ones
Who are adorable and kind

And from there with them
Go further down to see
All joy that is hidden
And ready to set free

And you'll find there
Gift of God's trust
And moreover there'll be
Love that can never rust

And another thing there
Will be joy and hope
And pleasure and sincerity
That'll help us to cope

So there leave your agony
And all sorts of pain
Your loneliness and depression
And return with pleasure's rain

And never feel upset
Remember soon it'll be morn
Because darkness always fall
Before each dawn

So do as I said
Because whenever I miss
my sweet old days
I recall and enjoy all this
And after that for hours
I just sit and smile
Because memory of it
Always stays for a while.

Seema Chowdhury
Enjoy Special Blessings

Learn to enjoy the strings of bliss
That god has bestowed for our wish
For joy, fun and a carefree smile
Are all part of god's blessings trial
That god has given so we can know
How to enjoy our lives glow
And smoothly flow in it with fain
And learn to overcome our pain
And enjoy special blessings for each day
And learn to straighten our life's way.

Seema Chowdhury

Seema Chowdhury
Enjoy The Blessings Of Home

A house is built by bricks
But a home is built by heart
For home is the only place
From where always impart
The precious and rare gift
Of the blessing of love and more
And that's the only place
Which takes us to the door
Of peace and affection and care
And show the importance of it
Because its built with love
That holds value in every bit.

Seema Chowdhury
Enjoy The Day

So much I want to hope and wish
So much for you my dear sis
Because it's your special day
That comes just once in a year's way

I wish you the path of fain
Where no glimpse of any pain
Enters in to spoil your day
Or make messy your path way

And I wish you the flashes of smile
that spreads joy around miles
And I hope you enjoy the day
As it is so special today

And I hope may you always see
Joy's happiness smiling for thee
And waiting to greet the day
As today is special in a way.

Happy Birthday Dear Sabeen

Seema Chowdhury
Enjoy The Sweet Joy

Whenever I think
Of the bygone days
Then best memory
That comes in my way

Is the sweet joy
That I had with you
That filled my world
With love's high hue

For you my son
My dear sweet heart
Are surely an
Important part

With whom always
I have enjoyed
All precious moments
And all sweet joy

Love You Danny Baby.

Seema Chowdhury

Seema Chowdhury
Enjoyment Of Laughters

A very small thing can
Bring great delight
A very small light can
Make your life bright

A very small laugh can
Make life worth while
And give you more chances
To smile in trouble's pile

For the enjoyment of laughter
That you get out of it
Surely hold an important
Place in life's bit

And reminds you that something
That brought happiness before
Can do so now again
If you enter in smile's door.

Seema Chowdhury


Enlarged Perspective Of Life

I want to see
An enlarged view of life
So I can pin point
All the tiny details
Of each and ever inch-
This can change my perspective
And out look of life......

I don't want
Any limitations on my life
And wish to remember
That there are same
Number of hours
In a good
And a bad day......

So why can't we
Stay in the comfort zone
And
Remember that life is
An interesting
And
A rewarding lesson
Where we collect knowledge
Through hard earned wisdom......

Seema Chowdhury
Enlarged View Of Life

I want to see
An enlarged view of life
So I can pin point
All the tiny details
Of each and every inch...
That can change my perspective
And outlook of life...
\I don't want any limitations
And wish to remember
That there are same number of hours
In a good day
As in a bad day....
So why can't we
Stay in comfort zone
And remember that life is
An interesting
And rewarding lesson
Where we collect knowledge
Through hard earn wisdom....

Seema Chowdhury

Seema Chowdhury
Enough Time

There isn't enough time left
For me to walk back
And reach the point
From where
I started my life's journey
That's why today
I'll continue
With trembling hands
Frozen fingers
And shaking sorrows
And await my destine
Till the veil of time lifts
And
Show me the light of tomorrow.......
Enthusiasm

Enthusiasm is contagious
And that is really true
For it holds value
For us, me and you
So get it all over
And keep some out of it
For it surely holds
Value in every bit
And helps you to
Attain your set goal
And bring you the hope
To brighten up your soul.

Seema Chowdhury

Seema Chowdhury
Enthusiastic Reply

I am obsessed
With finding out
And something inside me
Is very interested in knowing
The real meanings
Of the hardships
Of this bitter life
Where
Hatred
Hypocrisy
Selfishness
And
Confusion
teaches us slowly
And painfully
What it is all about
And teaches us
The enthusiastic reply
Of all the questions
We ask ourselves............

Seema Chowdhury
Escape From Nightmare

I want to give
My sorrows, some words
My words, some meanings
My meanings, some comfort
My comfort, some pleasures
My pleasures, some smiles
My smiles, some colours
My colours, some hues
And
My hues an escape-
An escape
From this terrifying nightmare
Known as life.............

Seema Chowdhury
Escape From Pain

Work at finding the solution
How to escape from your pain
Don't feel fragile and sad
Look for the road of fain
And see how you can learn
To dance merrily in the rain
And learn to overcome when
Afflicted with terrible pain

For life is like a tunnel
That is long and may be dark
But at the end my dear
You'll find the light's mark
So don't give up so easily
Work out and find a way
To lead yourself out of this
And find peace in your day

And learn to help yourself
With the light of courage and care
And know how to win life's test
With strength and deal's fair
And open the door of wisdom
And let miracles enter the gate
Through the help of God's help
In the never ending pave of faith

And when you'll do it all
In the short race of life
You'll learn to escape from pain
And with courage you'll survive
And you'll learn to dance merrily
Under burning sun or in the rain
And will learn to overcome all
Life's endless and terrible pain.

Seema Chowdhury
Essential To Happiness

A lot of stars
Are
Out tonight
Twinkling and sparkling
With tons of smiles
I wish
If I can go out
And
Enjoy with them
And discover
The secret
Of their being happy
And smiling
And can ask them
What is essential to happiness....

Seema Chowdhury

Seema Chowdhury
Evening Light

The beauty that is spread all around
The glimmer, the shine
The amazing reflection of the rainbow hue
On the edge of the ocean
All bring me peace and serenity
And warms my heart
And stills my soul
And I feel drowning and falling in love
With this endless dream
From where I don't want to come back
To real life and its realities....

I wish if I can pause my life
At this very moment till eternity
And feel no pain of parting
Or longing of the emptiness
That absence of loved ones leave.....

I wish if I can bring it all to an end
And trap presence of the moment inside me
And pause my life here and now
In the deep lap of the evening light
That is proudly spreading
Its glimmer and shine....

Seema Chowdhury
Event And Perception Is Outcome

In life, we strive to accomplish our goals and objectives. We plan out actions and establish some parameters to follow for operating our personal as well as professional life.

We organize things and check off work on our To-Do list. We make hard decisions and we learn to apply Emotional Intelligence when dealing with people around us.

We search for the answers and we wish to be in the flow. We see the changes and prepare ourselves to approach the challenges of everyday life.

We learn to put negative thoughts and feelings behind and work through the darkness by being the beacon of light and hope during trials and hard times.

We feel the pulse of time and create a momentum, a rhythm and a formula to rise above the ebb and flow of life.

1) \( E + P = O \)

Excellent Enthusiasm and Engagement
+ Perfect Preparation by Putting Negative Thoughts and Feelings Behind
= Organizing your life using enhanced Skills and capabilities to be the WINNER!

2) \( E + P = O \)

Event + Perception = Outcome

\( E = \) Excellent
\( V = \) Value Added
\( E = \) Efficient
\( N = \) New Wonders
\( T = \) Think Positive
P= Put negative Thoughts Behind
E=Explore Your Reflection
R= Realistic Goals and Plans to Follow
C= Control the flow of life
E=Engage and Connect
P= Positive Thinking goes a long way
T=Think Things Through
I= Increase Vibrant Energy
O= Opportunities, Productivity and Efficiency
N= New and Creative Ideas to manage Life

O= Own ability to learn and Grow
U= Unique and innovative
T= Timeless Momentum
C= Courageous and Dedication
O= Overwhelming Sense of Achievement
M= Manage Life Efficiently
E= Embark on a Journey as the Winner!

Seema Chowdhury
January 23, 2018

Seema Chowdhury
Events Of Life

Learn to recognize
The corner stone
Of all success-
That can show you
The magical effect
Which will help
Difficulties to disappear
And
Obstacles to vanish
And show you unlimited power
Of the human spirit
So you learn to control
The events in your life......

Seema Chowdhury
Events Of The Day

Under the sun
Under the sky
Under the flowers
Growing high
I found so many
Tears that dropped
That had no destine
To reach to stop
Where tiny moments
Covered everything
Both fall of autumn
And growth of spring
Where many wierd
Events of the day
Came rushing bt to
Enter my day.

Seema Chowdhury

Seema Chowdhury
Ever Lasting Gift

Today my dearest Sarah And Danny
I wish a life that is nice and sunny

I wish you a gift of smiling saturday
That'll brighten your whole life's way

I wish you a gift of happiest Sunday
That you'll get anything you ever say

I wish you a gift of hopeful Monday
That we'll be with you in every way

I wish you a gift of luckiest Tuesday
That victory accompanies you each day

I wish you a gift of beautiful Wednesday
That no pain be yours in any way

I wish you a gift of brightest Thursday
That door of prayers be open whole day

I wish you a gift of successful Friday
That you'll achieve all goods in your way

And above all I wishl you the gift of faith for everyday
That God wmay never leave you alone in any way.

Love You My Kids! ! !

Seema Chowdhury
Everlasting Melodies Of Life

Remove your worries, anxieties and fear
Replace them with faith, hope and cheer
And know that in this world to survive
You must learn the everlasting melodies of life

Let peace and joy flow in your life
Smoothly like sunshine in your drive
And with courage and strength dear
Receive the message of hope and care

Don't let disappointments to let you down
Or color your life dull and brown
Just search for the blessings of God on the ground
With words of faith and hope all around

For in those moments of quiet and peace
God is sending his message of joy's lease
So learn to hang on and bravely survive
And know the everlasting melodies of life.

Seema Chowdhury
Everlasting Melodies Of Life And Living

Remove your worries, anxieties and fear
Replace them with faith, hope and cheer
And know that in this world to survive
You must learn the everlasting melodies of life

Let peace and joy flow in your life
Smoothly like sunshine in your drive
And with courage and strength dear
Receive the message of hope and care

Don't let disappointments to let you down
Or color your life dull and brown
Just search for the blessings of God on the ground
With words of faith and hope all around

For in those moments of quiet and peace
God is sending his message of joy's lease
So learn to hang on and bravely survive
And know the everlasting melodies of life.

Seema Chowdhury
Every Area Of Your Life

Let
Every area of your life
Be filled with
A smile of
pleasure
Gratification
Enjoyment
Comfort
And
A cheerful sunshine....

Seema Chowdhury
Every Living Moment

Adopt an enjoyable
New way of life
And learn with
Joy now drive
The car of smiles
Where you can see
Life of charm
Smiling for thee
And know it is
What makes life's test
And show you paths
That is the best
And give you more
Opportunities to enjoy
Every living moment
Of life's joy.

Seema Chowdhury

Seema Chowdhury
Every Minute Counts

1. Look fear in the face and gain strength and courage
2. Be emotionally aware and stay happy and positive
3. Start your big adventure and learn to manage life
4. Listen to the small voice in your heart for that is your calling.
5. Open the door to possibilities and sense the excitement of challenges.
6. Believe in your dreams and plans wholeheartedly and be optimistic.
7. Know your strengths and weaknesses and improve every day.
8. Write a clear message from lessons learned along the way.

Seema Chowdhury
November 1, 2017

Seema Chowdhury
Every Passing Moment

Every passing moment
That is gone my dear
Hols a value
That is rare
For it will never
Come back again
And this sweet remembrance
Of this bitter pain
Is what makes life
So sweet and rare
And fills it with
Passing moments of the year.

Seema Chowdhury
Everybody Has A Story To Tell

Acknowledge the pain
And be determine to move on
For each moment describes
The whole story of your life

Trying to move forward
While chained
To the dead weight of past
Is impossible

Don't let disappointments
Leave you with unpleasant memories
Of Squashing and crushing
And pinching life's lemon

Turn sour into sweet
And don't have unrealistic expectations
Or chronic frustrations
To bring unwanted emotional tides

Learn to solve the big puzzle
And put them together calmly and patiently
And be ready to read
Your life's story aloud

With truest passion
And innate inner strength
To light up your spirit
For everybody has a story to tell...

Seema Chowdhury
Everybody Wants To

Everybody wants to
Be loved and show love
Everybody wishes to
Be cared and show care
For God has given
All of us a heart
From where always
Feelings impart
A very special feeling
That is known as zeal
That clings to you
With a desire to feel
Special and cared
And wanted too
And that is what is
Called love 'n care true.

Seema Chowdhury
Everyday Can Be Beautiful

Put more fun into your life
And add in it some hope
And wake up each morning
And learn more arts to cope

To cope with the troubles and pains
With a joyous and a hopeful heart
And meet each day with a song
That can brightly start

Brightly start your day
Where you can find delight
In simple little things
And show beautiful things to sight

To your sight and all around
All pleasures and the fain
That are hidden in simple things
Like rainbow after the rain.

Seema Chowdhury
Everyone Needs A Fairy Tale

Everyone needs a fairy tale
When emotions run deep and high
To build a life on grief and joy
When zigzag courses bring you sigh

For life is not always simple and straight
With sunny and bright smiles of cheer
It also has some moments of silence
When life seems endless and full of fear

And if we learn to live in the moment
To enjoy what comes in our way
then each day will leave on a happy note
And a little gift of joy to end the day

And then our emptiness and unfair moments
Will disappear one by one in layers of veil
And we will learn to enjoy the sunshine
In each episode of life's fairy tale

And once again life's puzzle will solve
One by one with everlasting love and care
And we will again see beauty and passion
With tenderness of every day's cheer.

Seema Chowdhury
Everything About Her Is Sacred

Her smile, her tear, her joy, her fear,
Her love, her care, are all sacred dear
Her presence is a sweet gift of God
And she is a true angel from the Lord

She keeps passion inside
A special and delicate wide
Corner of her tender heart
From where it all starts

Her dreams, her hopes
Her ability to always cope
Her soft sighs and calls
For everyone just says it all

For her life is a special gift
That is filled with sweet and swift
Stories of sympathetic affection and care
That are all interesting and sacred dear

Thanks God for making them
Who always know how to hem
The broken and uneven edges of lives
Where we are all bound to survive

For she is blessed with the gift of hope
That also teaches others to cope
And wipe their dreadful tears of fear
And decorate it with tender emotions and care

And she always plays and prays
With the simple beauty of her says
And binds everyone with the soft touch of cheer
Because everything about her is Sacred dear.

Happy 100th Anniversary of International Women's Day! ! !
(Dedicated to my mother and sisters)
Everything New

I need
New roads to travel
New paths to walk
New people to meet
And
With them to talk
Because
Now
I don’t want
Negative
People
Or Thoughts
To run my life
Any more................

Seema Chowdhury
Everything Stopped

Everything stopped-
The mist
The rain
The sun
The falling leaves
The soft breeze...
When
I uncovered the veil
From the face of my world
That was falling apart
And
Burying me
Under the mud of
Depressions and wounds.............

Seema Chowdhury
Everything That Is Wonderful

Everything that is wonderful
Is a gift of god
Everything that is splendid
Is a creation of the lord
For he is the only
And the only one
Whose presence can be felt
In the sky, the stars and the sun
For all these things
Reflects god's beauty
And show that they're
Performing their duty
Because god has
Assigned them a line
That surely reflects
Power of his divine.

Seema Chowdhury

Seema Chowdhury
Everything Together

It is a long road
And is very alone
When it is dark
And no sight of mom
Where every where
You see the end
Where every turn
Is cracked and bent
Where you are trying
Very hard to gather
The moments, the days
And peace times together
But don't loose hope
And walk on your way
And remember that 'morrow
There's another day.

Seema Chowdhury
Evils Of Life

Guard yourself from the evils of life
Like pain and suffering and distress that survive
Then you'll learn new ways to teach
How to make your goals move within reach

Just don't despair for help is on the way
And move forward keeping doubts away
Then you'll see your future will look bright
And will increase for you the hope's light

Where wonderful luck will wait for you
And will give you life's very precious gift
Of smile and hope for your spirit's uplift

So remember this and always keep in mind
That life is a bliss of God who is kind
So try to protect it from the evils of life
Like pain and sufferings and distress that survive.

Seema Chowdhury
I hope
Each day
That we will spend together
Be the stepping stone
Of
Cherished joys
And
May it opens
The path for
New and exciting
Dramas of life....

Seema Chowdhury
Exhausted From Hurts

I went to see my dreamland today
That I had built very far away
Where no one can ever know
And there often i love to go

For in my dreamland is found
The adorable creatures of the ground
And also there no one cries
Or feel tired of their tires

For there i always see sunshine
Spreading its light like a wine
And giving it to drink to all
Who gets exhausted from hurt and fall

For then it really helps to calm
The pain and agony like a balm
And that's why when i feel alone
I go to my breamland to mourn.

Seema Chowdhury
Experience Your Life

• Plan what do you what to do and where do you want to go. Then move confidently and start your amazing journey.

• Make a resolution that can change your life for better and in unexpected ways.

• Make a difference every day as you experience life. Be bold and go out to lead the pack.

• Listen to the voice in your head and heart and hope to turn your dreams into reality.

• Welcome good luck in your life as you open a new door of opportunities and possibilities

Seema Chowdhury
January 12, 2018

Seema Chowdhury
Explore A New World

Live on the bright side of life every day
Embrace new dawn with care and hope
Enjoy the rare beauty of the emerging day
And clean your mind of negativity scope

Increase your power of understanding
Define life in your terms with cheer
Believe in yourself and your feelings
And organize your life with love and care

Build emotional strength and resilience
Don't live on the sidelines for too long
Life is a very beautiful journey to explore
So write your own happiness powerful song

No matter what goals you want to achieve
Train your brain to always get your best
Reach your true potential and stay positive
And always do your best in every life's test

Keep life simple, meaningful, and happy
Increase concentration and keep it clear
Keep learning, delivering, and achieving
And explore a new world of possibilities

Seema Chowdhury
August 7, 2018

Seema Chowdhury
Explore the unknown
With joy and fun
And do it all
Before day's run
And try to find
What is in it
Then surely you will
Feel in every bit
Thousands of things
That are unknown
That you wish to explore
In days and morns
For God has hidden
In each life's layer
A blessings for us
To be found with care
And thousands of things
To be thank ful for
For God is our creator
And our wonderful Lord
Who cares very much
For all of us dear
And that's why we should
Explore His blessing's layers.

Seema Chowdhury
Express Delight

Express your delight
When things are bright
And bring you smile
All for a while
For joy and fun
And the shining sun
Are all god's gifts
For souls uplift
So enjoy them all
Even if its small
And learn to survive
In every phase of life.

Seema Chowdhury

Seema Chowdhury
Extreme Happiness

Happiness actually lies in small things
And it moves forward in a ring
That brings with it pleasure 'n joy
And all nice things with which you enjoy
For happiness is a thing that none can buy
Neither its a good with a price high
It's about when with an open mind
You accept that things around you're kind
And then you decide with a happy heart
To give it a try and learn this art
Cause extreme happiness can clear you day
And can give you smile along life's way.

Seema Chowdhury

Seema Chowdhury
Eye Illusions

In your day to day life
When you start your faith's journey
Enrich your life with the vibrant colors
Like red, yellow, green and blue
And walk in the light of peace
Towards the high road
Using the weapon of love
And the speech of hope
To turn your wheel of fortune
In the right direction
To rejoice each moment
With celebration and astonishing wonders....

Just remember that life contains
Unfamiliar and unseen bends in the way
And is made up of brief moments
That transform the texture of your days
And it's like eye illusions that go round and round
And show you a different perspective each time
And then you have to overcome
Series of hurdles and a few puzzling mazes
And have to make some hard and bitter choices
To clear the fog of frightful emotions
To reach your victorious destination
Where God will have amazing surprises
And clear and promising views of real life.......... 

Happy 14th Birthday Samia Baby Doll.
Mama Loves You Very Much.

Seema Chowdhury
Eyes Filled With Tears

I have never seen anything
More innocent
clean
Honest
Blameless
pure
And
Stainless
Than an eye
Filled with
Painful
And
silent tears.............

Seema Chowdhury
Fabulous Gain

This is a perfect time
To collect
Fortunes and lucks
And
Store these
Fabulous gains
For the future
When
Thunder will clap
And rain will pour
In the wildest twist of fate
And
Nothing will be heard
Except for
The roar of
The wind
The rain
And
The thunder storm....

Seema Chowdhury

Seema Chowdhury
Face Challenging Barriers

Face challenging barriers
Don't put things off for too long
Overcome procrastination
Prioritise your work from the list
Make a to-do list everyday
Adopt healthy and productive habits
Don't delay actions purposefully
Explore all your options available
Learn time management techniques
Overcome your weaknesses
Develop productive strategies
Have amazing perspective
Walk your talk everyday
Have positive attitude
Always keep an open mind
Have a strong sense of purpose
Make and keep your commitment
Focus energy on learning new things
Be present in the moment
So you are ready to face barriers

Seema Chowdhury
October 3, 2017
Face Reality

Don't sigh when you're suffering from pain
Don't cry when you lose all your gains
Don't mope and just walk alone insane
And don't put on others your bad luck's blame

Because all this can never ever cease
The distress that is taking away your ease
And is blocking the joy and pleasure's breeze
To blow in the pace where you live in peace

Just face reality and know in life's tale
problems are standing just like the nail
Where less chances come, when you can avail
The opportunity of success that do prevail

So in such a time instead of crying in sorrow
What you must do is to try to borrow
The pace of joy in this world that is narrow
And face reality with a hope of bright tomorrow.

Seema Chowdhury
Face The Future Boldly

Face the Future Boldly

Seema Chowdhury July 20, 2018

1) Create a learning culture and find a way to success.

2) Explore a new world and embark on the journey of adventure.

3) Make wise decisions and take quick decisions.

4) Write your own future and invest in yourself by learning and growing.

5) Take advantage of life's opportunities and move forward.

6) Commit to the goals and focus your energy on realizing them.

7) Keep your motivation high and understand the ebb and flow of life.

8) Snap out of negative thoughts and face the future boldly.

9) Take responsibilities for your mistakes and work hard until you get the desired results.

10) Enjoy the spectrum of life and take the road to self-realization.

Seema Chowdhury
Face The World

The way I face
The world each day
Is a bitter reality
Of my way

For I hate people
Who intrude in my life
Without any concern
For things that survive

I really wish if
I can go to a place
Where peacefully
I can cry and trace

the answers of my
Troubles and pain
And then start over
My life once again.

Seema Chowdhury
Facts Of Life

The grass is not greener else where
The shy is not clearer in the air
The rose is not fairer my dear
And luck never ever comes in pair
So learn to remember for you must know
That every yes definitely has a no
Like every con has a pro
'cause that's how life's wave flow
So always be prepared for life's test
And do it with all your zest
Without ever thinking of taking any rest
Then surely you'll get what is best
'cause dear that's how you'll view
And will learn how to handle blue
And how to take care of hope's dew
That's standing with a distinct hue.

Seema Chowdhury

Seema Chowdhury
In quietness of the day
In silence of the night
I saw many things
That felt so right

For there were many
Gifts of love and care
That also included
Kindness to share

I don't know what
And how to explain
But the joy and happiness
Was its part main

That opened for me
The gate of fain
That helped me out
To get rid of the pain.

Seema Chowdhury
Fain's View

Let your life
Surprise you
Let it show
Different view
And give it
A chance to hue
It with love
And happiness dew
So try to
Here pursue
Dreams of life
That are new
So you can
Find to do
Something with
Lose ends too
That can also
Remove blue
From life's days
That are few
So be ready
To surprise you
And let show
All fains view.

Seema Chowdhury
Fair Share Of Happiness

Fair share of happiness
Is very hard to find
So try and look
And keep this in mind
That a life of ease
Is only a dream
That no one can get
Not even in dreams
So find your way
And look for more
And enter in the
Compromise door
Then only you'll find
For yourself the share
Of happiness dear
That is fair.

Seema Chowdhury

Seema Chowdhury
Fair Weather

Look at the stars
Look at the sky
Look at things
Twinkling high
For this is life
Where my dear
Things are not
Always fair
So try to seek
And you shall find
Fair weather
That can bind
You with joy
Happiness and fain
To take away
Trouble's pain
So always have
very high hope
And do not dump
Yourself in mope
And remember to
Look at the sky
Where bright things
Are twinkling high.

Seema Chowdhury
Fair Words

What can I do
Ever without you
For you're great
On whom I put faith
Because you are lover
Of heaven above
And you show care
That is rare
So always for you
I wish joy's view
And want to wish
God's huge bliss
And wish all well
For joy's where you dwell.

Seema Chowdhury
Fairytale Cheer

I see something that is bright
Like small patches of the light

or may be it is just a dream
Very real and soft as a cream

Where moments are dipped in fain
And there is no sign of pain

Where everything is full of delight
And there its all day no night

Or may be I should say my dear
it is a fairy tale of cheer

Where only good things survive
And show no sign of of a bitter life

And there i enjoy everything
Moving to and fro with joy's ring

And I see everything dip in fain
And showing no sign of any pain

Just like all the good in fairy tales
Where joy cannot be measured in scale

Because everywhere it is light
And everything is shining bright

And I wish if I can forever stay
In this imaginary world's day

Where everything is happy and rare
And like a fairy tale of cheer.

Seema Chowdhury
Fairytale's World

Into the world of fairy tales
I wish I can go to stay
Away from this harsh world
Very far away
Where nothing bad can happen
As love and joy and fain
And happiness is the weapon
I wish I could enter
In such a dreamland dear
Where no one knows the pain
Nor feelings of dole and tear
So there I can just stay
With the thoughts of mirth
And think of this very world
As God's green gift of earth.

Seema Chowdhury
Faith Can Help

Always remember
That faith can only help
If you're
Willing to
have full faith
Without any
Doubts
Or
Hesitation
And then you'll
Start understanding
The hidden meanings
Betrayed hopes
Broken images
And
Undefined strokes
Of
Grey and black......

Seema Chowdhury
Faith Makes Life Worthwhile

It's faith that makes life worthwhile
It's faith that make us carefully smile
It's faith that brings light and delight
In our empty and darkness ally of fright

It's faith that clears the cloud of doubt
It's faith that show us life's in and out
It's fait that teaches us how to pray
And ask merciful Lord for hope array

It's faith that brighten up our life's way
It's faith that add happiness in our day
It's faith that tells us to hold on to God
And show gratitude to the Gracious Lord

It's faith that makes us believe in unseen
It's faith that tells us to listen with keen
It's faith that shows us that we are alive
for with faith nothing is possible to survive

It's faith that gives our soul an uplift
It's faith that purifies our heart bit by bit
It's faith that brings us hope and love
And makes us believers of heaven above.

Seema Chowdhury
July 2, 2016

Seema Chowdhury
Faith's Song

God show us what is right and wrong
Give us courage to sing faith's song

And hold on to hope in the mid of night
And keep on digging for what is right

God open our eyes, mind and heart
Let us find the light that can start

To cleanse our heart, mind and soul
And wipe away dust of pain and dole

God help us to open new avenue to explore
Where we can walk on faith's floor

And collect for us serenity, peace and joy
To uplift our soul and happily enjoy

The blessing, gifts and lots of reward
Bestowed upon us from you, Gracious God

And learn to sing sincerely faith's song
And bow in front of you when things go wrong

And request You to please hold us tight
To remove our doubts, fears and flight.

Seema Chowdhury
Falling Snow

Open life's window blinds
And enjoy the soft snow falling
Illuminating the surrounding
With a silver glow
That warms and energizes the soul......

Look at the soft colors
Of the early morning sky
Where sun is hiding
Behind the deep clouds
And trying to play peek-a-boo
To bring you a glorious day of inspiration......

Feel the cool breeze
And absorb in it fully
And take a snapshot of the moment
To let your heart speak
And sing a song
That is full of infinite beauties
That let your pain melt
Like snow flakes in the air..........}

Seema Chowdhury
Falling Tears

I wish I can hold my falling tears
I hope to wipe away all my fears

I don't want to go away far from you
For it gives me endless woe and pain hue

God please bring happiness in my life
Give my soul peace to survive

And wipe the clouds that are hanging there
And fill my life with shining layers

As I dream of a life in which I see
Your presence in ever minute of thee

Creating a strong bond of love
That is a blessings of heaven above

I wish if I can pause my life
And hold tightly your presence alive

And don't let tears of pain ever fall
For this is the hardest gain of all

Miss you tons Sunny.
Hope we can be together forever.

Seema Chowdhury
Family

FAMILY

F - Fill your home with love, laughter, and grace
A - Accept everyone with warmth and a pure heart
M - Mix and mingle with joy, sincerity, and kindness
I - Initiate happy memories and create momentum
L - Lots of smiles, helping hands, sharing, and caring
Y - Yes, a family is when we eat, stay, and pray together

Seema Chowdhury
December 2018
Fascinating Journey

Life
Is a fascinating journey
Where
We have to cross
Shadows of distress
That are
Less traveled
And
Hard times
That have
Wrathful silence
And then
We have to find
The hidden truths
By
Flipping through
The pages of life..............

Seema Chowdhury
Feel Empowered

Take a walk around
And stroll on the ground
Drive a long way
And begin a perfect day

For life is a beginning new
Where we get to view
Opportunities fresh and alive
So take an intensive drive

And run your life on it
And enjoy its every bit
And chant, dance and sing
And feel like a victorious king

Learn to fine tune
And know that pretty soon
Everything will surely change
Then you can easily arrange

And wrap up all empty hours
And again feel empowered
To fill your moments with gold
And banish worries old

To enjoy every bit of this wonderful life
And know how to courageously survive
And bravely take a walk around
And stroll on God's green ground.

Seema Chowdhury
Feel Joy Of The Spiritual Life

When you feel emotionally drained
And overwhelmed with rush of the day
With no pause or break to breath
Just stop for a moment and reflect
And connect to your Gracious Lord
By drawing close to His divine presence
To feel the joy of the spiritual life....

Just pour your heart out
And cope with your pain
So you begin to heal again
And feel a tinge of excitement
In those special quiet moments
And can create a new vision and life
That is filled with fun and gratitude
So you are ready to live once again...

Hold on tight and experience the miracle
With a playful and a loving spirit
So you can feel joy of the spiritual life
And connect to your merciful Lord
In a bright, cheerful and a sunny day
Where you can enjoy good things
And absorb light from its warmth
And fond tranquility in gentle breeze....

Seema Chowdhury
August 31,2016

Seema Chowdhury
Feel The Moment

Feel the moment
And enjoy it to the fullest
Don't be shy
Speak out your mind
For there is no right or wrong answers
Try to perform new tasks
And prove your worth
By accomplishing what you want
When opportunity comes
And always be ready
To unfold new horizons
To rediscover the strength and faith
And rejoice in simple pleasure
To feel the moment

Don't let negative emotions
Block your way
Always keep hope within arms reach
And use positive and enthusiastic attitude
If something goes wrong

Break the vicious cycle of pain
Before it spirals out of control
So you can sit back and relax
And feel the moment
To its fullest.....

Seema Chowdhury
Feeling Frustrated

Why sky looks
Foggy and full of clouds?
Why mist is spreading
These fears and doubts?
Why can't I see
Any such pace
Where I don't
Have to face
The frustrations that
I am going through
That's making me feel
Moppy and blue? ? ? ?

Seema Chowdhury
Feelings Of Ecstasy

Something that I can never express
Whether I'm feeling happy or depress

For feeling of ecstasy is very rare
that holds value in it very dear

I wish if I can learn to say
Whatever I feel in my way

For that's the most important of all
Troubles lying before me small

For feeling of ecstasy helps us to express
Our lifetime of joy and happiness.

Seema Chowdhury
Feelings Of Love

Something that bring in your life spring
And make your heart in joy sing
Something that feels extremely rare
That you cannot express my dear
Is what is known as feelings of love
That is God's precious gift from above
A gift that is very pure and nice
And brings and make your joys twice
And show you life's brighter side
Where happiness path is wide
And that is why i always say
It's very hard in words to lay
That's how i feel inside my heart
For its something like a bright new start.

Seema Chowdhury
Fetch Happiness

Colour bright sun
And nice stars
To fetch happiness
Twinkling far
And do it all
Right away today
To brighten the world
Shining in the way
With lots of fun
Joys and smiles
To make your life
More worthy and worthwhile.

Seema Chowdhury

Seema Chowdhury
Few Days

So much to accomplish
And so little time
Is given to us
in this world's rhyme
That we cannot even
Find answers of life
Where problems persist
Where we survive
For there are many
Choices to make
And many more nights
To be spent awake
So try to gather
As much as you can
In this little time
And be happy man
And find new avenue
And more ways
To accomplish much
In these few days.

Seema Chowdhury
Few Miles

When you see someone
Stuck in hurt and mope
And have nothing to look at
To burn the candle of hope
Then lend a hand of happiness
And let them borrow your smiles
And show them the road of joy
And walk just a few more miles
And help them to climb the ladder
Of love and pleasure and care
And let them show someone
has a gift of cheer and prayers
And lend a hand of happiness
And let them borrow your smiles
And show them the road of joy
And walk just a few more miles.

Seema Chowdhury
Few More Words

Understand your life
In a new way
And add in it
Few more words
of
Encouragement
Excitement
Enthusiasm
And
Eagerness
And then you'll see
A bright new side
Shinning upon you
And your entire life...........

Seema Chowdhury
Few Quiet Moments

Life's few quiet moments that yield
in which usually i don't want to reveal
My wishes and longings my dreams and hope
And see them all clearing my mope

because these moments are reserved for me
That I don't want to share with any of thee
Because at then with me are my tears
That helps me to overcome all my fears

And undrestand all my unspoken wishes
That I think for me are a bliss
Because pleasure that I get out of it
really holds meanings in its every bit

That helps me to free and calmly sooth
My vague feelings and cherish my mood
And clear my inside loneliness and depression
So these quiet moments are my rare possession.

Seema Chowdhury
Few Tears

Tears are something rare
That comes from inside deep
That only we can get
With a touch of pain to weep

So don't just let them flow
Or dropp down like a dew
Just take its good care
For they're rare and few

And let them bravely say
And express in front of all
And let it show whatever
Is bothering you even small

For tears are our friends
That stays with us when sad
And helps us by shedding them
To make us feel all glad.

Seema Chowdhury
Few Words Of Praise

Just in a few words of praise
I want to thank my Lord
Who has created all this world
And is my Graciou God

For God has given so much
That no one can ever measure
For the ever lasting joy that we feel
Is our life's greatest treasure

So thank Him for all nice things
That He gave to us all
As His care and His love
In the form of His blessing's wall.

Seema Chowdhury
Field Of Dreams

In
The field of dreams
I find
An adequate relief
From
The deep carved pain and agony
Because
There soothing words come in
And
Help me to find my way
in
The lost tunnel of life.....

Seema Chowdhury
Field Of Yesterday

In my memory's heart
It plays an important part
All days I have spent in the way
In the filed of my yesterday
Even the thought of it is sweet
And feels like a pleasure's treat
For the memories I made in the way
In the field of my yesterday
Where joys and tears and fain
And sorrows and pleasure's rain
Stopped by to meet in the way
In the field of my yesterday
Where mama and baba and sis
Gave me the shadow of bliss
And spread joy's flower in the way
In the field of my yesterday
And now all that is gone
Those nights and days and morns
And now I'm sitting far away
From the field of my yesterday.

Seema Chowdhury
Fighting Moments

Some things are better left unsaid
Until the last day of our lives
For when we experience
A soul crushing difficulty
And jumping hurdles
In those fighting moments
We need to expand our horizon
And follow the light
And learn to calm down
And appreciate the good around us

For life is less vibrant at times
And that is when we need to focus
And wipe clean every surface around
And look at life's big waves
Simply as part of the game
And learn to win those fighting moments
Of depression and bitter emotions
And instead of twirling in circles
Bounce into the world of light to embrace hope
And absorb all the shades of strength........

Seema Chowdhury
Figure Out A Way

When you meet in life a tough deadline
That feels to you as bitter and lime
Then don't feel bad, down or blue
Just stick to the tried 'n the true
And then listen to your inner voice
And make the best possible choice
And forget any of your past sorrows
And wish for a nice, fine 'morrow
And know that only you can say
And figure out a perfect day
To accept the change that brings you life
If you really want to happily survive.

Seema Chowdhury

Seema Chowdhury
Fill The Path

I want to fill the path
I want to fill the day
With buds and lots of flowers
In your whole life's way
I want to fill the path
I want to fill the day
With moon and lots of stars
In your whole life's way
I want to fill the path
I want to fill the day
With care and lots of love
In your whole life's way
And I want to do it all
Because i love you dear
And want the best for you
That brings you joy 'n cheer.

Love You Samia

Seema Chowdhury
Fill Your Thoughts

Fill your thoughts with bright sunshine
And the waves and flow of lively rhyme
So when life seems lemony lime
Then you don't feel blue or decline

For two important pace in life; s ring
Are dull autumn and the bright spring
So in dull autumn you must cling
With the hopes rope and its strong string

For nothing in this life remain
Throughout one or throughout the same
So don't you ever think or blame
That you're chosen for life's hard game

For surely things will get alright
And a day will appear that'll end the night
That is troubling you dear in life's sight
So for that fill your thoughts with light.

Seema Chowdhury
Final Decision

life's ongoing story
Is slowly
Reaching towards the end-
Where
Innocent eyes
And
Eager ears
Are waiting
For
The final decision
To be taken
Atlast...........

Seema Chowdhury
Find A Quiet Spot

Life has its ups and downs
It shows you scenes green and brown
Where both high and low tides
Flow in life's area that's wide

Where both reality and your dream
Quiet laughs and your painful scream
Comes from you in life's zone
Which mostly to you is unknown

Where another thing that in life's curve
Is given to you that you deserve
Is some pain and some smiles
And a few caring people to shrea trouble's pile

So best thing when you're feeling blue
Is to find a quiet spot and a view
Where you can sit away from the town
And think why life has these ups and downs?

Seema Chowdhury
Find A Reason

Find a reason to hope
A seed of happiness
A source of gain
A foundation of understanding
And
A ground to smile forever-
So you'll know how to handle
And
Fill up the empty space
With
Desires simple and attainable
Hopes bright and endless
And
Dreams fresh and alive
When
Desperate rhythms enter
To play a tune in your life......

Seema Chowdhury

Seema Chowdhury
Find A Way

Find a way
To brighten your day
And do it all
When trouble's wall
Is built for you
To block your view
And know pretty soon
Will come the noon
That will take away
Your troubles of the day
And will show you rays
That brighten your ways
And will spread sunshine
Like the joyous wine.

Seema Chowdhury

Seema Chowdhury
Find A Way Out

There's nothing in this world that can't be done
There's neither a single challenge that can't be won
Only confidence in yourself will make you number one
And I think with God's help it can easily be done

So if you see some problems standing in your way
And you don't have power to do something or say
Then best stone at that time you might want to lay
is to go into deep thought and find another way

Because when wild flow of water can be frozen
And rising waves in the sae can be loosen
Then why can't for you happiness be chosen
And why not thr smiles on your face be frozen

And you can do it all only if you don't quit
And waste your precious time and not drift
Because if you loose hope and don't be swift
Then someone else will win who never thought to quit

So better not close the door of opportunity on you
As once time is gone then you won't get the clue
And then you'll be lost and stuck in it too
Where opportunities won't come knocking doors for you.

Seema Chowdhury
Find A Way To Cheer Up

Find a way to cheer up dear
Find a way to clear up fears
And enjoy things that comes in your way
Because dear its your special day

I wish you all life's joy my love
Because that's whay you really deserve
So you can collect all funs in your way
Because dear its your special day

I wish all flowers that today bloom
Specially come to take away your gloom
And you enjoy things that come in your way
Because dear its your special day

And I wish may you always smile
And find way to cheer even in trouble's pile
So you can collect all funs in your way
Because dear its your special day.

Happy Birthday Sanober Dear! ! !

Seema Chowdhury
Find Clear Purpose In Life

1) Trust your inner voice and create a path to walk on to find a clear purpose in life.

2) Maximize your positive impact and choose your battles carefully.

3) When you come to a crossroad, pause and reflect on all the choices. Then make a firm decision.

4) Live a life that you have dreamt for yourself. Work hard and take action to achieve your goals.

5) Success comes to those who plan to work for it. Don't waste precious time procrastinating.

6) Change your mindset, learn and grow, and decide where you want to focus and invest your energy.

7) You cannot control everything that happens to you, but you can certainly prepare for it. Planning and Preparation are the keys to success.

Seema Chowdhury
June 17, 2018
Find For Me

I need some peace
Of mind and heart
I once again want
To peacefully start
Another day
Of my life
Trouble free
So I can survive
And can easily
Wipe the tears
And find for me
The way of cheers.

Seema Chowdhury
Find God

Find God in your heart
For that's a place to start

To search for him my dear
For God's love feels so rare

So when you're feeling bad
And things are no more glad

Then pray quietly my dear
For that's a way to cheer

And know that only God
Can help you in the odd

And can show your sight
Nice things of joy and delight.

Seema Chowdhury

Seema Chowdhury
Find Happiness Within Yourself

Don't search for happiness outside your own way
Look deep inside a peaceful and tranquil heart
Don't be a prisoner in the shackles of painful time
Express your inner joy, peace and contentment
Life is filled with endless hard and painful lessons
And there is a series of unanswered questions
But don't ever give up hope in decisive moments
Understand life fully and write your joyful songs
No matter how discouraging your situation becomes
Pause, reflect then put a happy face and get ready,
To once again start your journey with full confidence
And find peace, serenity and joy within yourself
Don't relive painful memories and hard moments
Express your deep felt gratitude of peaceful joy
Step outside to enjoy your own way of feelings
And look deep inside and search for happiness....

Seema Chowdhury
February 24,2017

Seema Chowdhury
Find Inner Strength And Hope

Get up early at the crack of dawn
And look around in awe and gratitude
Walk along the endless stretch of road
And take a moment to reflect on life

Focus on your deep and strong feelings
And connect with your self completely
Find your inner strength and hope
And appreciate things all around you

Pray for a miracle and lit candles of hope
And know prayers help miracles to happen
Renew your hope and faith every day
And enjoy peaceful and a beautiful life

Make new memories, light and hope
And live in the present moment
Enjoy life with its twist and turns
And offer silent prayers of gratitude

Remember you are free to follow dreams
So get up early at the crack of dawn
And walk along the endless stretch of road
To find your inner strength and hope.

Happy Birthday Sweet Sisters Sadaf & Sabeen
Love you both very much

Seema Chowdhury
June 23, 2016
Find Joy In Autumn Beauty

Find joy and peace my friend
And let it continue the trend
Of splashing beautiful shades on Earth
To spread happiness, joy and mirth

Absorb in this game of life
Learn in your mind and heart to survive
Among these rich colors of light
That are filled with rainbow leaves bright

Let these splendid moments freeze
As you walk among the swaying breeze
That stirs up your bound soul
And wash away all pain and dole

Enjoy life to the fullest end
Color your life with hope's bend
And if pain begins to blur your eyes
Wipe away tears and throw all lies

Engrave Autumn beauty in your mind
Know this is just one of a kind
That can fill with joy your soul and heart
And bring a chance to once again start

A beautiful day, an amazing life
Where amid pain we learn here to survive
And paint life with yellow, orange and red
Breathtaking beauty of joy till we're dead.

***3rd poem in Autumn Poem series***

Seema Chowdhury
Find Out More

Find out more
Find life’s door
And enter in it
And enjoy every bit
And swim with the waves
In this life’s cave
And learn to ride
With high and low tide
Then only you’ll gain
Joy in life’s game
And you’ll learn to fulfil dreams
And make way in life’s stream.

Seema Chowdhury
Find Out Your Fortune

Find your fortune in an abandoned mine
Look for it under the pine
Search hard and find luck's line
In any other place that's made by divine
reach out for the fortune bit
Don't just relax or just sit
For the fortune's call and luck's kit
Really holds value so go for it

And remember that now time is on your side
So try hard and try to abide
With the rules of life that is wide
Then only you can enjoy luck's ride

So clear away the spread out smoke
Keep your dreams and the dreams of your folks
So no one can say your dreams were broke
Just try to cope with this life's joke

And leave no stone unturned today
Then only you'll see in your way
Good luck and the happiness bay
letting fortune breeze to joyfully sway.

Good Luck sanober Dear! ! !

Seema Chowdhury
Find Peace Through Prayers

Start your day with gratitude and prayers
Ask Gracious Lord to forgive and take care

Thank Merciful God for sending His love
And for spreading hope from heaven above

Pray for happiness, good health and peace
Hope with God's love misfortune will cease

And beg God Almighty to hold your hand
For only He's the one who really understand

Always remember that His ways are unique
He puts us through test for only periods brief

Then sends His rewards as we earnestly pray
And bless us with hope and keeps pain at bay

So have strong faith and believe in His ways
God's love knows no bound and fills the day

And gives strength to humbly bow before Him
To ask for peace and love through prayer's vim.

Have a blessed Weekend.

Seema Chowdhury
Find Road Through Life

Find nice path to walk
Find nice things to talk
Find your road through life
And learn the art to survive
And know that its a must
To put on someone trust
To live with joy and fain
And to banish all sorts of pain
And above all this dear
Its important to share
Act of kindness and care
To have a life taht is fair
So its good to find a road
To walk on to share its load
And learn the art to survive
By finding your road through life.

Seema Chowdhury

Seema Chowdhury
Find Things To Do

Focus on simple pleasures
As they are all life's treasure
That find things for us to do
If we're stuck in feeling blue
So take time to count your blessings
As they're all life's dressing
That covers all phases of life
Where we all do survive.

Seema Chowdhury
Find Your Inner Strength

• Find your inner strength and update your soft skills and modern techniques to be a champion in every phase of your life. Learn to control your frustration and stress to win.

• Positive attitude paves the way for a successful outcome. Don't let your spirit break by losing the game of life, don't quit just take a break and try again with renewed strength.

• Accept challenged head-on and look at the bigger picture and see your role and impact as a whole. Improve every day, be focused, be committed and remember life is tough and hard, so be strong.

• Create an agile approach to life and adopt self-discipline. If you keep on working towards your goal you will be able to realize another dream. Do more and be more and find time to reflect upon the present.

• Collect tools and resources and use them to go to the next level. Be competitive and take lessons from your past and learn to move on. Open your ears to the surrounding and listen with a fresh mind.

Seema Chowdhury
January 29, 2018

Seema Chowdhury
Find Your Own Answers

Do what you want
And want what you do
For life's story is flowing
In a manner true
So find your answers
That you're looking for
And color with rainbow
Your each life's drawer
And know that if
You'll laugh or smile
Then life will follow
This pattern for a while
And if you'll cry
And be sad or mope
Then you'll be left alone
To scream without hope
So know how to find
Harmony and peace
And live in this world
With joy and ease.

Seema Chowdhury
Find Your Peace And Happiness

Start at one end and make your way down the long aisle of life
Take a long walk and try to find your peace and happiness
Look for good in the world around you and stay hopeful
Make a positive plan and try to achieve and strive to get ahead
Trust in your strength and go out to the world with open arms
Accept what comes in your way and know you cannot quit
Remember that life is a long and a slow process so be patient
Make the most of every opportunity and unwrap miracles
Overcome barriers and move forward to take full control
Acknowledge your reality so you can engage more in life
There is a rhythm present so maintain a positive attitude
And light up the path to find blessings and happiness of life.

Seema Chowdhury
Find Your Peace Today

Enlighten your spirit and soul
And find your peace today
Focus to create something good
Feel good inside and out
Heal your soul and mind
Enjoy moment and stillness
And find all your answers
Walk on the spiritual path
And learn ways to grow
Acquire knowledge and light
Come out of the darkness
This is a wonderful world
So be kind, strong and positive
And find your peace today.

Seema Chowdhury
October 1, 2017

Seema Chowdhury
Find Your Reason

• Be consistent and create a flow and a rhythm in your life to follow towards success.

• Challenge yourself to learn and grow and create a plan then follow through until the end to be the winner.

• Find your reason and passion and see what moves your world and transform your life today.

• Set goals, plan how to achieve them and celebrate each milestone to motivate yourself.

• Be a challenge seeker; feel energized and alive and head out into the world with confidence.

Seema Chowdhury
January 31, 2018

Seema Chowdhury
Find Your Voice

Chase away worries
With a warm smile
Continue to dance
Even when the song is over...

Answer all your dreams
In this on going journey
Fill in the blanks as you go along
Till things start taking shape...

Be innovative and dive deep
Identify your island of excellence
Don't harbor pang and resentment
Explore life's highway and ride...

Find your own voice my dear
For life is a unique gift
So celebrate miracles as they appear
And enjoy key moments of your life...

Remember to slow down and enjoy
And embrace life in each present moment
Trust your heart and mind
When you embark on this journey called life...

Seema Chowdhury
Find Your Way Home

Step out from behind the shadow
Walk in gently in the meadow
In the meadow of a new life
And learn to flip the image and drive

On this beautiful up and down
Road of dream wearing the crown
The crown of new delight and hope
That swaps all your trouble and mope

Know that its never too hard
To learn to read the prewritten card
Given to us all by God
Who is our gracious Lord

Who helps us find our home's way
Where we feel comfortable to stay
Where loved ones alway forgive
And teach us new ways to live

For nothing is better than to be
With loved ones who want to see
Smile and dream unfolding in the way
And brightening our precious day

So don't hesitate find your way
Back home and there stay
And step out from behind the shadow
To walk in gently in every green meadow.

Seema Chowdhury
Find Your Why

Don't give up on life or lose hope
Find something meaningful to live for
This will give you a brilliant chance
To keep life sparkling and colorful

Set your anchor deep and strong
As each day unfolds in front of you
And look for another door to open
Where warmth of sunshine can reach

Find your inner strength and force
In this quest of life's meanings
And ponder on the problems at hand
So you can rise above the challenge of pain

Lord has given you the power to change
So don't let emotions destroy or weakens you
Be bold and splash in the colors of hope
So you can find your Why to live for......

Have a Blessed weekend

Seema Chowdhury
Finding Opportunities

Find Opportunities
Go where the opportunities are. Compete with the challenging world. When you are tired take a break and go out in the fresh air. Regain energy and motivation. Prepare yourself to face the world. You never know what life will throw at you. So, be ready and organize your life.

Seema Chowdhury
Fine Rays Of Hope

Each pleasure has a pain
Each loss has a gain
So search for rays of hope
And learn with them to cope
With the troubles of life
As a part to survive
For hope is a door
That increases more
Faith on God
who is our Lord.

Seema Chowdhury
Fine Today And Tomorrow

Today and tomorrow
Joy and sorrow
All follow each other
In all life's weather

Like autumn and spring
Like chains in the ring
So never lose hope
Nor be in mope

And know that after night
Appears morning sight
When you will feel good
For all your trouble's hood

Will surely be taken away
From the place where you stay
That will replace all your sorrows
By the bright and fine tomorrow.

Seema Chowdhury
Finished Words

In the valley of sayings
I Experienced
The reality of the circumstances
And
Dark fantasies
Which lead me to face
A cross road
Of
Despair and utter hopelessness
Where
I felt depressed
By the stories of rise and fall
Which
left me in silence
As
I was finished with words......

Seema Chowdhury
First Thing You Say

Let the first thing that you say
Brightens everyones day

And let something that you do
Be full of love and care to view

And always remember my dear
Try to bring others some cheer

So whenever you feel blue
It can come back to shine on you

And teach others the lesson of smile
Even when stuck in hard trial

So every new day that begins for you
Has something special for you to view.

Seema Chowdhury
Flag Of Happiness

Flag of happiness is made of love
And shows a sight of heaven above
Where god's gift of joy 'n care
Are also found in abundance my dear
So don't run after the happiness road
Just try to share someone's load
For the happiness is hidden in it
That gives you a chance to lit
Another candle of hope 'n cheer
For all those about whom you care
So all you have to do in life
Is to take care of happiness drive
And march with it in your hand
And lead all to cheerful peace land.

Seema Chowdhury

Seema Chowdhury
Flashes Of Silence

The best way
To convey your thoughts
Of the unfolding moments
Is through entering
The muteness zone
Filled with
The flashes of silence Where
Lengthening shadows of the evening
And The awaiting tears of the night
Start their journey
On the broken boat
Towards the lonely island
In this sinful world.

Seema Chowdhury

Seema Chowdhury
Flavour Of Joy

Flavour of joy
Is always sweet
And tastes very good
Like a treat
So learn to win
These gifts of god
As to be happy
Is always a reward
That is given
When we deserve
For it surely shows
God's way of love.

Seema Chowdhury

Seema Chowdhury
Life is an ever changing  
Platter of colors  
Where we are trapped  
in a cob web  
That cannot be untangled  
Where unfolding possibilities  
Are magical  
And astonishing  
Where we make  
Great memories  
And learn to see  
True joy and pain  
In the flip flop of life  
Where we never see  
Same sunset and sunrise ever again  
Where we learn to admire  
Even the bare branch  
Full of frost and mist  
Where we never utter  
An empty word  
Where anxiety and pain  
Play criss cross unlimited time  
And in the middle of all this  
We learn to forgive ourselves  
And  
Begin to go forward  
And blend in the colors of  
Life's joy and pain.......  

Seema Chowdhury
Flip The Image

Put down your burden
And pay attention to life
For life's path will have
A few bumps and pot holes

Just learn to allow
Joy to be your guide
And flip the image
To see beyond life's limitations

Move away from pain
And allow old wounds to heal
By releasing the past
And putting balm of peace on them

Then you'll see the staircase of faith
For your troubled soul to climb
That will heal your scars
To pave the way for the future

And this will lead you
To the imaginative future
Where life will be magical
And your dreams won't be blocked.......
Flower Of Gloom

Life is a mess
And a stress
Where only blooms
Flowers of gloom
That doesn't let
Anyone set
In its rhyme
The flow of time
So don't feel bad
Or ever sad
And accept it all
As a part small
Of your life
In which you survive.

Seema Chowdhury
Flower Of Happiness

May flowers of happiness
Grow beside your door
And in each new year
Extend it branches more
And provide you my dear
It's deep cooling shade
Which you can enjoy
As a soothing aid
So you can be happy
And glad in heart
So from there only
Will happiness impart.

Seema Chowdhury
Flower Of Joy

Life is a gift
Wrapped in pain
So spend not this
Just in vain

For sun that sets
Will rise again
So don't lose hope
Look for the fain

For life has sides
Both dim and bright
And it has things
That're some tight

So don't feel left
Out at night
Just hang in there
With a hope bright

And know that surely
Will come a day
When life will have
Sunshines ray

And everywhere will
Come in the way
the flowers of joy
Forever to stay.

Seema Chowdhury
Flowers Of Faith

Be faithful in your prayers
And sincere in loving God
Make God your strength in fear
And trust Him for He is your Lord

Don't let flowers of faith
To ever fade or wither away
For only God can renew
And save you from going astray

Don't let heavy burden of life
Distract you or ever dismay
Remember that God does allow
U-Turn in your life everyday

Have faith in your loving God
And count blessings and His care
Absorb His strength, grace and power
And let your heart lit up and cheer

Always believe in God's plans
For they are splendid and strong
And He makes them carefully
So don't doubt Him just go along

And be faithful in your prayers
And protect your flowers of faith
For they can give you strength
And can lead you to heaven's gate

Seema Chowdhury
Flowers Of Smile

Bring wide spread joy each day
And try to always in the way
Spread the flower of laugh and smile
To colour life's days bright for a while
And try to do nice things dear
In your way and wipe the tears
And see how you can do it all
To break down the trouble's wall
Because trouble is a bitter thing
That comes like fall in a spring
So don't feel tired, down or blue
Just stick to hope with a heart true
And think for others in the way
To spread wide joy for each day
By spreading flowers of laugh and smile
To colour life's days bright for a while.

Seema Chowdhury

Seema Chowdhury
Flowers Of Tomorrow

Forget unkind words and deeds
For life is a ground of weeds
Where you have to sow the seeds
Of happiness to get rid of weeds

With the weeds of pain and sorrow
And hope for the flowers for tomorrow
That will bloom even in narrow
Path of joy to bring you tomorrow

A bright tomorrow where will shine
The sun of joy all for mine
That will spread the joy of wine
To bring joy to thee and mine.

Seema Chowdhury

Seema Chowdhury
Flying Autumn Leaves

Listen to the soft whisper of the Autumn breeze
And the cracking sound of the sunshine
Follow the leaves falling one by one
And enjoy the chilly morning
That brings freshness in the sky
That is misty and hazy
Enjoy the enchanted land that is full of light
With fiery yellow, orange, red and brown

Walk on the lovely road
That is filled with orange leaves
And absorb the crispness of the air
Amid the flying Autumn leaves
Look at the bare branches swaying to and fro
Against the wind and the cool breeze
As if trying to reach the far horizon
To touch the hazy blue sky

Play with the rainbow colors
Of the flying Autumn leaves
And hold on to hope that is filled in the air
Spreading its show of magic
And painting to light up life's landscape
With fiery yellow, orange, red and brown

***2nd poem in the Autumn poem series***

Seema Chowdhury
Focus on The Present

Seema Chowdhury July 26, 2018

1) Feel the sunshine on your face and open doors of positivity.

2) Try to be your own best version and figure out what makes you happy.

3) Bring excitement and passion into your life and give your best every day.

4) Keep life simple and fast, enjoy every phase, and reboot your life.

5) Count your blessings and tap into your inner peace to be successful.

6) Be open to new ideas and learn to appreciate each moment you get in life.

7) See things from a unique perspective and create a plan to understand and follow.

Seema Chowdhury
Focus On Your Potential

• Keep on working honestly and diligently and seek hidden opportunities in the way.

• There are many doors in front of you. Knock on each of them one by one without giving up.

• The one door that is meant for you will definitely open at the right time and the right place.

• Focus on your potential, challenge yourself and take a leap of faith.

• Make a day-by-day plan to follow, build trust, and find meaning and passion in your work

Seema Chowdhury
January 14, 2018

Seema Chowdhury
Follow God's Track

Make your mark in the world
Just by following God's track
For that's the only path
Where you'll find the rack
Where you'll see some peace
Comfort and bliss much more
That will surely open for you
The serenity and peace door
Where you can enter to
Talk for a while with God
For only He can understand
Your troubles as He's the Lord.

Seema Chowdhury
Follow The Rhythm

1) Follow the rhythm of life and try to maintain the balance of the universe.

2) Create a flow and remove all the barriers and impediments from your path.

3) Smoothen the pavement and learn to build your own luck and destiny.

4) Design a new game plan according to the changing circumstances.

5) Construct your own staircase to move up and to move forward to expand your view.

6) Enhance and amplify your strengths by working on your shortcomings and weaknesses.

7) Let go of the past and don't let it affect your future life ever.

8) Don't regret what you have done in the past. Instead, embrace the future and improve your life.

Seema Chowdhury
March 22, 2019

Seema Chowdhury
Follow The Road Map

Draw your own road map
With bright colors and hues
Decorate it with smiles of joy
And scrap away all blues

And know that if you're willing
To go ahead with hope
Then all your troubles will cease
And will save you from mope

Just know that it will be dark
At times of despair and fright
But don't let it take over
Just shine the soft light

And do not carry the burden
And the heavy load of pain
Throw it all at once
And find your share of gain

And once you will learn to follow
The road map of your life
Then you will also learn
Tricks to here survive

And dodge the waves of pain
And swap all your blues
With the smile of joy and love
With bright colors and hues.

Seema Chowdhury
Fond Memories Of Eid

May this Eid be best in your way
And fills in joy for your day

And may it leaves behind for you
Memories to cherish with joyful hues

I wish and hope and sincerely pray
That may smiles be spread in your way

And hope to see your life's road
Empty from all burdens and load

Where sun shines all very bright
And shows pretty rainbow sight

So when this day is perfectly through
It leaves behind fond memories for you.

Seema Chowdhury
Fond Memory

Fond memory brings the light
And color the day with hue that's bright

And reminds us of a special someone
Whose presence is a source of joy and fun

For memory is like a shining star
That is engraved in heart from far

And whenever we feel down and blue
It comes forward for our rescue

So try to collect and keep in mind
About someone who is nice and kind

Whose memory can bring us the light
To color the days of our with delight.

Seema Chowdhury
Food For Soul

Food for Soul

Fasting cleanses the soul and purifies your spirit

It has days of mercy, forgiveness, and seeking refuge

Collect all the blessings and reach out to your Lord

Listen to the voice of God and choose to follow Him

Be faithful and keep hope alive so it can heal you

Pray for strength and wisdom when you are feeling down

Don't sink into a pit of depression and hopelessness

Ask for All-Knowing God's grace, love, and forgiveness

Become a true believer and listen to the whispers of the Lord

Enter in His blissful kingdom and pray fervently for forgiveness

Shun fear, grief, and doubt and express your sincere gratitude

Remember, God has a plan for your life and only he can save you

Ask for the gift of miracles and let faith plays out in your life...

Have a Blessed Day

Seema Chowdhury
June 11, 2018

Seema Chowdhury
Footstep Of Memories

The memories
That
we are making today
Of
Joy and fain
Will leave
A footprint
Of
Zestful enjoyment
In
The way
Trodden out
By
Our minds..........

Seema Chowdhury
Footsteps In The Snow

Today I'm leaving behind
My footsteps in the snow
And lots of memories of life
That I'm making in high and low

Periods of my life and living
Venturing with some hope
Into the uncharted territory
Of unopened doors of rope

For the rope of life is hanging
very high in the turning zone
where I'm standing and watching
life flowing with a misty moan

and there i'm trying to reconnect
With the rhythm of my life
Where I'm bound to live
And joyfully here survive

And in these times of challenge
I search for strength and hope
That can take me to the door of fain
Where no one can enter with mope

So I can allow myself to smile
And give new birth to faith
where my soul can sing and dance
And take me to the gate

The gate of infinite possibilities
Where miracles happen everyday
And brighten the world of darkness
In magnificent and joyful ways

So I can leave behind
My footsteps in the snow
And lots of memories of life
That I'm making in life's flow.
Seema Chowdhury
For A Darling Baby Usamma

You are blessed with the gift of charm
I wish to hold you in my arms
I love you my little sweet heart
And you'll always have a place in my heart

It is nice to hear your arrival news
I wish you a world of sunshine hues
Where everyone cares for you my child
Because you are a precious child

I'm thankful to God for sending you
Its so nice to have a gift like you
And I wish you all God; s loving bliss
And all such gifts that're like this

And everyone says when a baby is born
Its a signal of God that the world should go on
And you my love are a gift on thios earth
That God has sent for us as mirth.

Seema Chowdhury
For A Dear Sister

There are few days in our lives
That are different from ordinary days
When we stop working
And
Stop thinking about anything....
Because
In those moment
We take some time
And look at
Ourselves and our lives
And
Think of all those people
Who have touched our lives
And our hearts
And
Who have filled our lives
And our days
With smiles
And today I'm
Thinking about you
And
All the kindness you have ever shown
because
I love you the same way
You love me...........

Love You Sadaf

Seema Chowdhury
For A Pleasant Ride Of Life

We should make choices that we can live with
Life is complex and mazy most of the time
Where our emotions and impulses intervene
That make things knotty and tangled
And before we even get a chance to know it
We are running in the wrong direction
Saying bitter things and breaking rules
To figure out what is true and right

Then we feel stuck in the heavy squall
Amid blinding and messy snow of trials
Where rolling hills and crashing waves appear
And we sadly see the candle of hope flickering
Bringing nothing but headache and heartache
Pushing us in deep darkness of choatic struggle
Where sky is dark gray and stress creeps in
To address challenging matters of awkward silence

But if we act bravely in the midst of all this
Just pause for a moment to reflect on our lives
And get a handle on our fragile emotions
Then we will be able to change our perspective
And swap this dawn of a snowy morning
To help struggling sun to appear on the sky
And bring the light of faith and hope back into life
To sparkle its dazzling beauty for a pleasant ride.

Seema Chowdhury
For A Rainy Day

Set aside for a rainy day
That comes often in life's way

Because happiness is hardly found
On this earth and on the ground

So whenever you get a chance
Try to avail it in advance

And keep aside some of the fain
That can cover the area of pain

Because life is trouble's game
Where mostly you get the same

Things in it and in this life
Where you're bound to survive.

Seema Chowdhury
For A Special Aunt

I'm sending a special thought that's true
Because dear Aunt I love you

For you hold important place in my heart
From where always joy impart

I wish may you day completes
With people who care and with good treat

And with love and the kindness smile
To make your day perfect for a while

And may your day be free of pain
And filled only with joy and fain

Where bright sun appears to tell
I'm ringing for you a birthday bell

Because I really want to share
Your special day, because I care

Happy Birthday Aunty

Seema Chowdhury
For A Special Someone

When you think of someone that makes you smile
A care free smile that shares you trouble pile

When you talk of someone that makes you glad
And change allt hings that are bad

When you look at someone that brings you delight
And show you life's brighter sight

Then you must know that, that some one
Is surely very special, rare and one

And for me dear kids both of you
Are the hope's ray that showed me a brighter view

And added sunshine to my rainy days
And showed you care in your own way

So now i wish and pray to dear God
To shower his blessings on you as reward

Because you will stay with me in my mind
Because of your loving acts that're kind

And that's why thinking of you makes me smile
A carefree smile that shares my trouble's pile

And tell me dear that that someone
Is surely you, who's rare and one.

Seema Chowdhury
For An Affectionate Brother

With sincere thoughts and plenty of wishes
With a hope of God's ton of bliss
i wish to send prayer's bucket in your way
As today brother its your special day

May all your morns be shining bright
And all your days be full of light
Where nice and soft soothing breeze
Comes so your pain can cease

And may Goodluck knocks at your door
With joy, fun, fain and more
And I hope when this day is through
You feel happiness all surrounding you

And today brother its your day
I wish nice things to cross your way
And hope all your dreams come true
And that's a wish of mine for you.

Happy Birthday! ! !

Seema Chowdhury
For Beloved Farah

When you feel tired of life's track
And need a harty pat on the back
Then turn around and look at a friend
Whose sincerity has no bound nor end

When you hear a news that is bad
And you see nothing to make you glad
Then turn around and look at a friend
Whose sincerity has no cracks nor end

When you see no where any glimpse of joy
And need to hear an encouraging toy
Then turn around and look at a friend
Whose sincerity has no doubt nor end

When you feel troubles coming to you
That makes you feel moppy and blue
Then turn around and look at a friend
Whose sinceruty has no dent nor end

And I feel very lucky and very glad
Because whenever I feel bad
I turn around to you dear friend
For your sincerity has no bound nor end.

Seema Chowdhury
For God

I looked for God
In sands and seas
I looked for Him
In flowers and trees
And searched for His
Shadow of love
To see a glimpse
Of heaven above
I looked and looked
And looked all around
In heavens and skies
And on the ground
And at last when
I got tired and sat
To take a little rest
In life's way mad
I saw God's shadow
Inside my heart
waiting with the bliss
To shower on life's cart
To take away troubles
And all sorts of pain
And swap my losses
With the blissful gain.

Seema Chowdhury
For My Baby

I want to hug you my love
And also kiss you dear
Because you tiny creature
Are a source of joy and cheer
I wish and pray to God
To give you everything
That leads you to the path
Where it always stays spring
For you bring me joy
And lots and lots of pleasure
That in my view is dear
God's greatest treasure
That is why today
I wish and pray for you
That may God always show
And bestow his blessing's dew.

Love you Samia Baby

Seema Chowdhury
For My Dearest Uzair

May flowery be the path where you walk
And wise be the things whenever you talk
And with warmth and love may you unlock
All hearts that're broken or blocked

Because you're an angel who was sent
With lots of kindness that will never end
To distribute your love and to lend
A helping hand to continue life's trend

But just keep in mind oh my dear
That kind words bring life everywhere
And leaves you with happiness that is rare
And share everything smile or a tear

And always remember dear Uzair one thing
That happiness and pain all come in a ring
Just like autumn is followed by a spring
So try to be happy, smile, laugh and sing.

Seema Chowdhury
Dear kids you must know
Wherever you shall go
Wherever you shall be
You'll always stay with me

Even though we will part
You'll still be in my heart
And there you'll always stay
And no one can take away

What I feel for both of you
Is something surely true
So if you ever need me there
You'll find me somewhere near

Right now you're both small
I don't think you can recall
All things we ever had
that mostly made us glad

But I remember all those days
We celebrated in our ways
By sharing our smiles and joys
And all sort of things and toys

So whenever I'll see something nice
I'll think of you twice
Once for doing things together we did
And secondly because you're my kids

And pretty soon you will go far
But remember this wherever you are
That love is a flower that'll grow high
And if taken care surely never dies.

Seema Chowdhury
For My Sister On Mansoor Bhai's Death Anniversary

I hope this day never makes you sad
So think of good things with him you had
And think of Bhaijan as a shining star
Who's spreading his love even from far

And think that with him you still share
Your two beautiful kids who are very dear
So consider Sarah and Danny as a gift of God
Who bestow his blessing to show he's the Lord

And may you find comfort in every way
Whatever you do and say today
And may thinking of him makes you glad
And takes away all pain that makes you sad

And today is his day so all of us should pray
May God protects him throughout his way
And gives you strength to pass this test of life
Because you are a nice person and a good wife.

Seema Chowdhury
For My Valentine

Like the waves in the sea
Like the leaves in the tree
Like the honey in the bee
You are a part of me

Without you I cannot gain
Any peace in pain
For you always bring me fain
And save my life to go in vain

And also because my dear
You always show me you care
That brings me the gift of cheer
That is surely very rare

And because you're my valentine today
I wish always in your way
May love and happiness come to stay
And make flowery your life's day.

Seema Chowdhury
For My Wonderful Dad

Today I recall my time with my dad
All good and bad I ever had
Specially the time when I was small
And my princess was what he used to call

I remember his cute and loving smile
That use to change bad things for a while
And specially his precious and rare advice
That always seemed so right and wise

He used to tell me to believe in God
And God will help as he is the Lord
And will surely give whatever we deserve
And send his blessings from heaven above

I miss those days i really do
I wish if I can go back and view
And there in my past if I can stay
Away from this world far away

So today I will say I need a smile
Because I haven't seen him for a while
I want his hug and approving view
Because I'm feeling down and blue.

Seema Chowdhury
For My Wonderful Mom

A smile is needed when you are sad
An encouraging look that makes you glad
And a word of cheer to change all bad
To show someone cares, when you are sad

Not always dear but once in a while
You need someone with a different style
And a word of cheer to make you smile
And tell someone cares once in a while

Whenever you are feeling down and blue
You need someone’s love nice and true
And a word of cheer to make you view
That someone cares when you're feeling blue

For me I'll say if I'm not wrong
My mom is the person who can sing me a song
Whose love is so rare and feels so strong
That surely makes me say. I can't be wrong.

Seema Chowdhury
For Myself

Absorbed in thoughts  
Of  
Disappointments  
And  
 Failures  
 I  
Filled up the  
Emptiness of my life  
With  
Road blocks  
And  
Unhappiness  
For myself.............

Seema Chowdhury
For No One Really Knows

Life is like a two way street
Where all kinds of people we meet
Where good and bad, dull and bright
All scenes are shown to our sight

Where people come and people go
For no one lives forever you know
So this little time that is given to you
Enjoy it all with a zealous hue

For people get less chances to smile
For they are surrounded with trouble's pile
That doesn't let them cross the road
And help anyone to lift their load

So whatever you have enjoy it now
Without asking when, where, why and how
For no one knows when his time will end
And he has to leave and go far from friends.

Seema Chowdhury
For Sameen Jan

In smile or pain
In loss or gain
In up or down
In city or town
In fresh or stale
In vale or dale
I wish for you
And hope dear too
That bright be the sky
Where you will fly
And sun will shine
And will spread wine
And will cover you dear
With love and cheer
And will brush your face
With Angel's touch's race
And will fill your heart
And will cheer for a new start
Where always in life
You'll happily survive.

Seema Chowdhury
For Samia Jan

In the sunshine of life
I wish to see you
With your bright smile
Like lovely morning dew
Where every sunbeam
Sparkles and sunshines
And spread joy and cheer
Like drinking a wine
Where flowers are waiting
To bloom and then see
What a lovely place
This world can be
And in this lovely world
I want to see your face
Bright and lively
To win in world's race.

Seema Chowdhury
For Someone Special

Time will move and years will go  
Tides will come both high and low

Flowers will bloom and then they'll die  
Many others will surely stop by

But no one will be as nice as you  
Who colored my life with joys that're new

And shared all my fain of life  
Memories of which still do survive

That surely works as the morning dew  
Whenever I'm feeling down and blue

I never really got a chance to tell  
All joys because of you in me dwell

But one thing that surely I wish for you  
Is that no glimpse of pain be shown to you

As you are the angel of love and care  
Who carries tons of kindness layer

And also I know in my life till I die  
Many others will surely stop by

But no one will be as nice as you  
Who colored my life with joy always new.

Seema Chowdhury
For Special Mansoor Bhai

Your warmth and love and kindness and care
Is what made you special brother dear

For all your considerate and kind acts
Made you special and that is a fact

Now you’re not here with us any more
But your memories are with us like before

And we consider you as our family's part
So you always stay with us in our hearts

And I wish and pray and ask dear God
To keep you close in His caring hand Lord

And always extend Hid blessing's shade
On you dear brother as a loving aid.

God Bless You Brother! ! !

Seema Chowdhury
For The Best

I wish you my dear
Very best in everything
Where only joy comes
The joy of the spring
Where flowers bloom and
Spread its bright light
And make pleasing
Your every sight
And I wish it all for you
Because I love and care
And want with you forever
All life's joy to share
And begin a wonderful life
With lots of hopes and wishes
In our minds and hearts
Under god's loving shades and bliss.

Seema Chowdhury

Seema Chowdhury
For The Sake Of Tomorrow

The feelings of trust and closeness
Is a mystical combination
that brings you
All the delight of life
Where you learn to seek
For the treasure
Of Understanding
And care....
Where the road is never long
To take you to
The path of peace and love
Where you can
Sing a song
And learn to deal
With things
One at a time
And experience
Strength and courage
In moments of
Deep sadness and hopelessness.....
And that is when you learn
What is important in life
And
What you need to do
For the sake of tomorrow.......
For The Sweet Angel

Good news hold a value that 's more than a treasure
That brings us happiness with tons of pleasure
And never ending joy that is hard to measure
Is all gained by good news taht brings us pleasure

The news that my sisiter just had a son
Brought us lots of joy with never ending fun
I wish we can hug her and tell her well done
And congratulate her on the arrival of a son

I wish to get the chance to see the new dad
Whose life is now changed after the son he had
The son who brought him pleasure and made him glad
And gave him the new name of a proud dad

I wish my sweet nephew the gift of love
Because that's a true gift what he really deserve
And I wish him God's blessings from heaven above
And send that sweet angel my kisses and love.

Seema Chowdhury
For The Two Of You

In this holy bond under god's care
Today your parents are giving you dear
With a hope that each coming day
Will spread flowers in your way

So vow firmly in your heart
That from now on you will start
A new journey of love together
Through all life's smooth and harsh weather

And promise to share your dreams of tomorrow
Your happy memories, your joys and sorrows
With each other truly in your life
Like a nice husband and a caring wife

And today for the two of you
I wish happiness all honest and true
And hope may God shower his love
On both of you from heaven above.

Congratulations Uzma & Maroof

Seema Chowdhury
For Those Voices

For those voices
Do not care
Do what you wish
To be happy dear

For life will be
Given once to you
So do everything
That you want to do

For those voices
Are the voices of mope
Agony and distress
That keeps away hope

To come to you
And show you ways
To be very happy
In your life's days

So do not listen
For those voices dear
And try to be happy
With fain and cheer.

Seema Chowdhury
For Your Newly Born

May your newly born lives long
May angles always sing him a song

May God always bless him with'
The gift of love, care and wit

I'm very happy to hear this news
Now you have a good excuse

To celebrate this very special day
With fun and joy in your way

And I wish happiness to all of you
And hope your day be filled with hues

Where you can always sing a song
For your newly born to live very long

Congratulations Sadaf! ! !

Seema Chowdhury
Forever

I wish
In this life's journey
Wherever we go
we will always find each other
waiting-
With a bouquet of smiles
And
Deep waves of emotions-
At
Every corner of the world
Forever and ever.......
Forever And Ever

I want to share my life with you
I want to show that I care too
I want to give you my love 'n smile
And make your life bright for a while
I wish may happiness recognize your way
And then dropp by in it each day
So you can live in it with a heart
That's joyous and gives a brighter start
To another day where forever 'n ever
I can come to stay 'n leave you never.

Seema Chowdhury
Forgive those who hurt you
Forgive those who were curt
Forgive those whose talk
Give you pain and hurt
For it will be good for you
When you will forgive 'em all
Because that'll save you dear
From the pangs deep fall
For hurt is a painful thing
That brings tear in your eyes
And give your heart a crack
That emits woes and sighs
So best way to save your soul
And get rid of this endless pain
Is to forgive them all
And take shelter in blessing's vain.

Seema Chowdhury
Forgive And Forget

Don't let your vague fears
To turn over into horrible tears
For no one else but you can arrange
The missing pieces of life and change

The events which are happy and sad
And things that are both bad and glad
So the best way is to forgive and forget
And don't let our eyes to get wet

And always try to keep this in mind
That problems can only finish and wind
only and only if we know
That in life we all surely owe

To each other for being so nice
And doing things to show we're wise
And know that to protect from cry
We must forgive and shouldn't sigh.

Seema Chowdhury
Fortunate Vibration

Let ill wind of troubles
Be stopped and ceased
So luck can avail
the chance
Of
A fortunate vibration
That can give you
A word of assurance
And can show you
Everyday miracles
And
Solve this
Unsolved game
of life
And Luck.......

Seema Chowdhury
Fortune Will Rise

Look with hope
In trouble's mope

And always be wise
Then fortune will rise

And will show you
Life's brighter view

So just have faith
Then things will be great

And soon you will see
Fortune rising for thee.

Seema Chowdhury

Seema Chowdhury
Fortune's Smile

When your fortune is going down
Then don't sit back or feel brown
Neither feel torn or ever cry
Give it a chance to once more try

For life shows both down and up
So why not try to sip from the cup
The cup of happiness and joy
And play with life like a toy

And give chance to luck for a while
So fortune can once again smile
Because no one but only you
can swallow bitter bites all true

And can swap your cries and tears
With bright smiles of love and care
And give chance to luck for a while
So fortune can once again smile.

Seema Chowdhury
I'm looking for a perfect time
When smooth will be my life's rhyme
And I'll feel completely free
For fortune will start smiling on me
I'm wishing for a perfect day
When nothing bad will come in my way
And I will feel completely free
For fortune will start smiling on me
I'm desiring for a perfect year
When every nice thing will be my dear
And I'll feel completely free
For fortune will start smiling on me
And I'm waiting for a perfect goodbye
When quietly in my grave I'll lie
And I'll feel completely free
For fortune will start smiling on me.

Seema Chowdhury

Seema Chowdhury
Foundation Of Faith And Hope

When future seems dark and dull
And there's no light of hope
Try to plant a seed of faith
To clear all your doubts and mope

And try to bring joy and peace
And carefully pursue the aisles
The aisles of life with love and care
And know life is a precious gift my dear

And learn to search the answers of the querry
And learn here not to ever worry
For only your heart can tell what's right
And will show you things in black and white

So learn to trust and have faith
For that's the only easy gate
That'll lead you to the path of God my dear
And will burn the candle of hope and cheer.

Seema Chowdhury
Foundation Of Happiness

Life is a series of passion
Where
Foundations of happiness
Can only be built
With
The unending chain
Of
Good and nice actions
To
Make someone's day
A little better
And
A little brighter
Than
Yesterday.........

Seema Chowdhury
Fragile Dreams

Don't let fragile dreams ever fall
For dreams are what you have all
So never ever let anything break
This precious gift for emotion's sake
And give your dreams a way to grow
In your mind and in heart so
When you're left alone and crisp
You can look at your dream's dip
And protect it from splits 'n rusts
And don't let it ever crumble to dust
For when once fragile dreams are torn
Then you're left alone to suffer 'n mourn.

Seema Chowdhury

Seema Chowdhury
Fragile Emotions

Sometimes we wish for sun and stars
Sometimes we wish for things of far
Sometimes we wish to see sunshine
Filled with love and joyous wine

But not always we get them all
And that's why with pain we get a fall
But that is bad we shouldn't sigh
Neither feel tired of again to try

Because after dark is always dawn
And after night is always morn
So we must cling on to hope with faith
And wait to see God's miracle that's great

And believe that surely from far
Will come for us sun. moon and stars
So keep on wishing to see sunshine
Filled with love and joyous wine.

Seema Chowdhury
Freeze The Movement

I wish
I can freeze
The movement
And the journey
That is on going
With
Lots of painful
And hurting
Curves
-turns
Bends
And
Twists.......... 

Seema Chowdhury
Fresh Energy

In this busy hustle of life
Take some time out to reflect and ponder
To evaluate the purpose of living
So you can carefully listen to the voice of reason
And can create a perspective with fresh energy

Learn to keep taking a step forward
And always figure out a way to crawl up
When your inner turmoil crushes you
And you feel emotionally destroyed
And lose all zest for colorful living

Just remember to rise up the challenge
Of enduring pain and affliction
And cure your soul by leading it
To discover new meaning with fresh energy
And uninterrupted zeal for continuing

When you are tired of unrelenting struggle
And find no source of strength and hope
Where mingle sentiments play with feelings
Then take a break from the busy hustle of life
And sit quietly to ponder on your meaningful life...

Seema Chowdhury
Fresh Hope

I wish I can share with you
Bad moments that make you feel blue
And wish gently to hold your hands
To show how much I understand
Everything from which you're going through
That's making you feel lonely and blue
But now I'm far so what I can do
Is to show you fresh path of hope new
And pray that may you always get
Blessings from God's heaven set
And wish you can enjoy all this dear
Because for you I most dearly care.

Seema Chowdhury

Seema Chowdhury
Fresh Inspiration

Fresh inspiration
Means
When you get the courage
To once again start
And
Face
The bitter realities of life
And
Find the courage
To smile
Even in the
Hard crust of troubles....

Seema Chowdhury

Seema Chowdhury
Freshness Of The Evening Breeze

Open the door of your life
And let the day's warmth give way
To the freshness of the evening breeze
And let peace surround you
To bring happiness with oozing faith and hope
To brighten the endless space
Where softly and calmly
You can begin your journey
In your comfort zone
Feeling safe and protected
From the harshness and bitterness
Of the real world-

Don't let anything or anyone
To break your peace or rock your boat
To snatch away your peace
Just be strong and protect your world
And depend on God alone
For He is our guide and protector
Who can bless us with
Tremendous happiness and contentment
Only if we can learn to put
Our assuring faith in Him
And open the doors of our life
To let the day's warmth give way
To the freshness of the evening breeze
And let peace surround us-

Seema Chowdhury
Friendly Ties

Friendly ties keep you on the go
Friendly ties come forward and show
The bitter and brighter view of sky
And our aims and goals that’re high
For the courage that is given to you
By a friend's sincere, honest and true
Ideas always bring you joy
And give chances for you to enjoy
And remember that no one in his life
Is happy enough to joyly survive
But he has got a precious gift of friend
Whose blessings has no bounds nor ends
For the strong tie of friendship my dear
Is twisted with the gift of love 'n care
That come forward to prove and show
That friendly ties keep you on the go.

Seema Chowdhury

Seema Chowdhury
Friendly Smile

Friendly smiles can bring alot
Joy and fun and pleasure
So try to retain this art
As it is great life's treasure

For when you smile with your heart
It spread joy all along
And bring you life's true fun
To sing you like a song

So give your friendly smiles to all
And make them feel its true
That they are many who truly cares
And wish happiness all for you.

Seema Chowdhury
Friends Are The Fence

Divide your griefs
By making new friends
For with them you learn
On straight and bent
Roads to walk
In this difficult life
Where we are all
Bound to survive
For friends are the fence
You built around you
Who protects you from all
Troubles and blues
And accept your faults
With smiles and open heart
And adds in your life
A brighter new star
So learn to keep
Them close to you
Because they’re the fence
That protects you
From all kinds of troubles
Pangs and blues
And show you bright morn
And life’s brighter view.

Seema Chowdhury
Friends For Life

I wish we can be friends for life
And pray us to always survive
For each other and gather joy
And find new ways to always enjoy
I hope we can always lean
On each other's shoulders with keen
And hope we always hold hands
To show that we really understand
And more I wish to always share
All our smiles and all our tears
With each other like good friends
Till God declares our lives end.

Seema Chowdhury
Friendship

Friendship is the greatest blessing of God
That he has bestowed as his reward

For friends are the most precious gift
Who're sent for our spirit's uplift

For friendship is the soothing balm
That helps our troubled mind to calm

And it is the true medecine of hope
That stops us from falling in mope

So value it and know in life
No one can ever alone survive

So choose a friend you think is true
And also sincere and honest with you

And then cherish your friendship dear
As this is God's special gift that is rare.

Seema Chowdhury

Seema Chowdhury
Friendship Garden

In friendship's garden
I found a friend
Whose love and care
Has no bound nor end
Who cameforward
With a smile
A friendly smile
Spread for miles
That coloured my life
With the hues
Of bright life's
Joys, funs and dews
And that's why
I'm thankful to god
For giving me a gift
As his reward.

Seema Chowdhury

Seema Chowdhury
Friendship Is A Two Way Street

All the love, kindness and special care
With smiling eyes and with tears we share
Lots of hugs and prayers on the way
Is what friendship is dear in everyday

We rush through life and then we stop
We think about moments of pick and drop
We experience new things in chaotic life
And learn from each other to fairly survive

We look deep into each other's smiling eyes
We wipe our tears and our painful sighs
And try to share each other's joy and stress
And remove things that make us depress

God is Gracious, Merciful and He is very kind
He has bind us in a spiritual and a strong mind
Where we get lots of smile and happiness treat
Because friendship is a wonderful two way street

Lots f Prayers and Love Sonia Bhabhi
Thanks for being such a wonderful friend.

Seema Chowdhury
August 5,2016

Seema Chowdhury
Friendship Rules

You share all my losses and win
You stick with me through thicks and thins
You know how to make me smile
When i'm surrounded with trouble's pile
And that is really the rule of friendship
That comes in trust's packages and kit
And carry with it dealings that're fair
To tell me sweet friend that you do care
And you abide by these rules dear friend
And show that your kindness has no end
And always by your loving and caring smile
You give me courage in trouble's pile
So least I can do to repay for all this
Is to wish you huge bucket of god's bliss
And wish you joys 'n happiness in your way
And blissful returns of your special day.

Seema Chowdhury

Seema Chowdhury
From God's Door

From so many doors
God send his bliss
Just like breeze
His love and kiss
For God is the
Gracious Lord
Who knows how to
Even our odds
Thank you God
For being so kind
Thank you for
Giving my mind
Peace and ease
I needed to
Feel your love
That is true.

Seema Chowdhury
From My List

My day begins
With list of wishes
And nice things
Like joy and bliss
But not always
It is true
And I get things
That are blue
But that is okay
Because it happens
And for such things
I have prayers weapon
Through which I can
Improve it all
And find God's blessings
Big ones and small
So I can say at
the end of the day
I've gained something
From my list today.

Seema Chowdhury
From My Mind's Eye

When things go down and slow
And it seems dull in life's row
Then instead of losing all my hopes
And falling in depression's sea with mope
I try to see nice things around
Spread all over on god's ground
To make my spirit feel high
When looked from my mind's eye
For in my mind there is a place
Which I call as my pleasure's pace
Where only happiness sway
And remove things that're blue 'n grey
So it's good when things are down and slow
And it seems dull in life's row
That I see nice things and say goodbye
To the troubles of world from my mind's eye.

Seema Chowdhury

Seema Chowdhury
From My Wish List

Unceratin
Where to find my lost answers
And unanswered prayers
I started going through
My wish list
One by one
To see what was wrong-
And then I was surprised to find
That unknowingly
I had closed
The door of HOPE
And had shut the window of COURAGE
And I didn't let FAITH to enter
In my life
And that's why
One by one
Troubles
Mope
And defeat
Visited my life
And left
Agony...
Pain.....
Misery....
And
Sufferings.....
To defeat me-

Seema Chowdhury
From The Land

From the land
Of mist and snow
I brought
Some
Lifeless tools
Some
Unimpassioned griefs
Some
Unconfined pain
And
A lonely Flute
Known as muteness zone............
Where I'm forced
To survive
And
Bear the
Unwanted pain..........
From Your Words

From your words
You can bring
Sunshine for all
And the spring
That has in it
So much pleasure
That surely is
For many a treasure
So try to say
Kind words to all
As it brings joy
Even if it is small.

Seema Chowdhury
Fun Things

Do fun things together
And try to always gather
Joy and happiness dear
From each of life's layer
And know that its a gift
That passes by with swift
So don't waste any time
Just sing in with the rhyme
That is flowing in your life
With all sort's of joy's drive
And know this life is a fun ring
Where one by one comes thing
To dull or brighten your day
As this is the life's way.

Seema Chowdhury

Seema Chowdhury
Furious Waves

Don't ever build your life
On
The foundation of
Sufferings
Hurts
Or pain
Or else
Soon....
Your world will transform into
Wilderness
And
You'll be drowned in
The
Furious waves of misery.....

Seema Chowdhury
Future Has Already Happened

Life is an open market
Where we are all investors
Who venture into emerging businesses
Taking chances and risks
And exposing our lives to injuries and hazards.....

Where there are
Striking moments,
Whirling beats,
Opening and closing thoughts,
And nostalgic memories
In which we continuously invest
To unburden our souls
Of tsunamis that flow in our lives

Where fear of change
Stop us from rekindling our hopes
And getting on life's merry-go-round
To protect our hearts and mind

Where wind of fortune only favours
The empty tomorrows
And wild chimes ring loudly
And tell us to let go of the grounded thoughts
And vague pattern of the sequence of events
As future has already happened........

Seema Chowdhury
Game Of Delight

Try to find my dear
Sunshine in the sky
Try to look for the
Rays of joy spread high
And know that no one can
Give you joy and mirth
You've to find it dear
Yourself on this Earth
And try to fully live
IN each of your life's day
And seek for your own dreams
In each of your path's way
And try to make lots of
memories to make you bright
And think of life's as a
Great big game of delight.

Seema Chowdhury
Game Of Hope

One day follows the other
That's how we gather
Days in all one row
To read it dear so
We can dream the dreams
And collect the joy's cream
And meet challenges of life
And with courage survive
And here we must pick
And try to happiness lick
From life's little things
That all move in the rings
So we can plan ahead
And enjoy the roses bed
In this game of hope
Where we must not mope
And look for days bright
Full of joy and delight.

Seema Chowdhury
Garden Of Dreams

Life is about dearing and dreaming
Where there are many obvious starting points
To enter our garden of dreams
With a chime in the heart
Seeking our color of existence
Making our way through the crowd
And deciding on the right opportunity to pursue

Where we create a road map for our actions
With excellent support, grip and strength
As we are eager to discover our future
And open the doors to our soul
To let the bright sunshine enters through
And sparkle the unpaved road
To mark our destiny

And as we begin this endless journey
Of dearing and dreaming
To enter our garden of dreams
We learn to prepare for the real world
And develop real expectations
To launch a new life with a beautiful smile
And let life's song sing itself...

Seema Chowdhury
Look at the pretty grass that is green
And filled with the hue of love unseen
With the help of which love is found
On the peaceful 'n serene god's ground
And all this spreads beauty and smile
For everyone who is tired for a while
And wish to sit under the cooling shade
Of the tree whose branches provide an aid
And there're also present the flowers
Who're ever ready to share their power
And only with one big 'n nice bloom
Take away all pains and gloom
And see again everyone's smiling face
And leave behind no hazy sketch trace
So nice scenes of heaven above
Fills this true garden of love.

Seema Chowdhury

Seema Chowdhury
Thank you mom for all you have done
Thank you mom for being number one
Thank you mom for your loving prayers
That showed us light in times of fear

Thank you mom for your tender smile
And for holding our hands all awhile
Thank you mom for your loving heart
That always showed us a beautiful start

Thank you mom for your tears of joy
That you shed to show how much you enjoyed
Thank you mom for planting the garden of love
That showers blessings of heaven above

Thank you mom for giving us strength
In our time of pain and suffering's length
And for opening your heart and comforting arms
With warm hugs and kisses with all your charm

Thank you mom for your pure heart of gold
That made us brave, strong and bold
And for being our bright shining star
Who twinkles and sparkles from near and far

I wish I had more words to say
How grateful we are for everything today
And for being 'Super Mom' and our friend
Whose tenderness and love has no bounds or end.

Happy Birthday & Happy Mother's Day Ami

Seema Chowdhury
Garden Of Prayers

Pour on the oil of God’s love
To walk with faith
Surrender to the will of God
By creating a strong bond
And by cultivating a relationship
That thrives on love and trust
With tremendous hope and peace
In the garden of prayers...

Moment by moment rise above the pain
To sprinkle the seeds of faith
Acknowledge your feelings
With problematic emotions
And talk to God
To nourish your soul
To heal your wounds and hurts
In the garden of prayers...

Seema Chowdhury
Gather Joy

Gather joy for you my dear
And smile along your way
For life is a precious gift
Of God for some days
So see hidden beauties
And enjoy pretty sights
That makes you feel good
And very nice and bright
And do it all dear
And thank your gracious god
Who gave you all this as
His gracious life's reward.

Seema Chowdhury

Seema Chowdhury
Gather Smile

I wish if I can sip
And swiftly I can flip
The switch of my life
Where I survive
And sip from it joy
And learn here to enjoy
And find some happiness
And wish if I can guess
And win this life's game
Where nothing is same
And go an extra mile
To gather for me smile.

Seema Chowdhury
Gather Something

Gather everyday whatever you can
And prove your worth as a man
And know that if ever in life
You will find it hard to survive
Then take it as a challenge dear
And show your traits that're rare
And instead of there drowning in mope
Comeforward with the candle of hope
And brighten 'n lighten the way
On which depends rest of the days.

Seema Chowdhury
Gather Your Worries

Gather your worries in a sack
And take it off from your back

So you can see shiny bright sky
And look at the world with a smiling eye

And whenever you feel down and blue
And see not even one bright view

Then don't feel bad or sit to cry
Just bravely look with a smiling eye

For smile is an effective medecine of hope
That teaches everyone and help to cope

To handle all troubles and say then goodbye
And look at the world with a smiling eye.

Seema Chowdhury
Gauge Of Joy

Gently smile
All for a while
And look with hope
In trouble's rope
And do it all
And break the wall
Of tears from the way
For each of your day
And learn to measure
Your happiness treasure
With the gauge of joy
And learn to enjoy.

Seema Chowdhury

Seema Chowdhury
Gaze Endlessly

I gazed endlessly
At the blue sky
That is standing
Above me high
That has lovely
Pretty sights
That to me
Bring peace 'n delight
I wish if i
Can freeze this scene
And look at it
With interest and keen
And thanks my god
Almighty for this
And for all his
Love and bliss
That he showers
Upon us and all
With his endless
Blessing's fall.

Seema Chowdhury

Seema Chowdhury
Generate Hope

Hope is something
That magically appears
When we learn to
Overcome doubt and fears

For only we can
Learn to take the charge dear
Of all the events
That complete life's layers

And when we learn to treat
Each day like a gift
And think this is precious
And tries soul's uplift

Then all the small
And large moments of life
Comes forward smiling
And makes pleasant life's drive

For the path we walk down
In trouble and mope
Can easily be swapped
With increased hope

For God has given us
Enormous love's power
To overcome tragic
And generate hope's tower

We need to be strong
And let sky be the touchstone of hope
Then we will see rain pouring
On the dark clouds of mope.

Seema Chowdhury
Gentle Wind Of Hope

Enjoy the excitement
Of new possibilities
And fear no more
of the unknown
For life is a constant battle
Where you learn to
watch your each step
And give peace
Another chance
And carry your burden
On the gentle wind of hope
And learn to love and laugh
In anxious moments
And bridge between
The Heaven and the Earth......

And when you're passing
Through dark passage of life
Then look for God's Angels
And comforting words
And let faith in
And then God Almighty
Will shield you from harm
And will spread His wings of blessings
And will teach you
Valuable lessons
And will show you
New perspective in life
And will give you the gift of
Love, peace and gentle words of hope
To enjoy and share with all.

Seema Chowdhury
Get Back In Shape

Get back in shape
And hymn along
For life's voyage is amazing
With the rainbow light song

Where we need to prepare ourselves
To end each day with a smile
And navigate our obstacles
And make peace with life for a while

For there are unaccountable lessons
That we learn in this life
And new inspirational words
Help us all to survive

So be brave in the moment
And lets roll the dice
And see what luck will bring
To make us all strong and wise

And make today very special
By catching up on missing moments of life
And get back in fantastic shape
By learning move and flex that survive.

Seema Chowdhury
Get Back Into Rhythm

Do not sit quietly and do a pity party
Get up and absorb the warmth and liveliness
Do not rush through life, pause and enjoy it
Paint your words bright and learn to smile
Do not cross the line that you can not uncross
Learn something new every day in your way
And know everything has a purpose and meanings
So don't underestimate the power of God's grace
Roll down the window and peer down life's street
It may be dark now but it won't stay like this
At times we feel we are walking on the egg shells
So do not disconnect yourself from happiness
Hope for the best and capture the moment
And as soon as possible get back into rhythm
Just start walking on the big road with a smile
And soon you will see sun shining and spreading
Its fresh crispness and warmth all around....

Seema Chowdhury
Get In Touch With Faith

Listen to the whispers of your heart
And get in touch with your faith to start
A beautiful journey to see sunrise light
Where well tended path and hope's delight

Find magical moments to connect with God
Your gracious, merciful and the loving Lord
Who can open the gates of paradise for you
And help you to get in touch with faith hue

Believe in your heart of possibility and hope
Stretch beyond narrow path of fear and mope
And be mindful of your duties my dear
To spread everywhere peace and cheer

Try to make sense of your daily events of life
There might be broken moments in it alive
So always help to add bright shades of peace
And celebrate life of happiness and joy lease

But if you feel stuck behind your misty tears
Try to dig deep and see emotions and fear
Then step back in your world to again start
And get in touch with whispers of your heart.

Seema Chowdhury
Get On With Life

Life is a wishes sack
Where there is no turning back
So get on with your life
And learn in it to survive

And know its never too late
To enter in hopes gate
So never give up on life
And learn in it to survive

And learn to get your way
In each of your life's day
And get on with your life
And learn in it to survive.

Seema Chowdhury
Get Ready To Take On The World

Get ready to take on the world with

1. Agility
2. Assertiveness
3. Boldness
4. Brightness
5. Challenges
6. Clarity
7. Command
8. Commitment
9. Compassion
10. Confidence
11. Dedication
12. Encouragement
13. Experience
14. Flexibility
15. Focus
16. Forgiveness
17. Gratitude
18. Hope
19. Imagination
20. Improvement
21. Inspiration
22. Intuition
23. Knowledge
24. Learning
25. Motivation
27. Opportunities
28. Passion
29. Positivity
30. Possibilities
31. Productivity
32. Resilience
33. Strength
34. Understanding
35. Uniqueness
36. Visualization
38. Willingness
39. Wisdom
40. Zest

Seema Chowdhury
June 8, 2018

Seema Chowdhury
Get Things Done

Get things done
In a day
That is nice
Along the way

And do it all
With care and pleasure
So you can get
In return leisure

And do everything
Your very best
And in the way
Don't stop to rest

For life is full
Of joy and is bright
We just need to see
And find in it light

And get things done
Before the day is over
To live with peace
With life’s cover.

Seema Chowdhry

Seema Chowdhury
Get Through In Life

Getting through pain and grief
Requires
Courage and strength
Be like a moon
That shines from
Behind the clouds
To show path to all
And
Be like a sun
That burns itself
To give light to others....

And cultivate love
For it makes alot of difference
And it teaches you
To set aside
Your worries and pain
And
Comfort others...
And remember always
That this life is
A timeless and an enchanted wonderland
Where you'll get
Only one chance
To write
Your life's story
And then leave it for others
To read it............

Seema Chowdhury
Get Well Dad

May God bless you with His love
For that is a gift of heaven above
And may He showers His endless care
For you are surely to all very dear

May God takes away all your pain
And swap it with love, care and fain
And may you get well soon dad
For we wish to see you again glad

I know this time is tough for you
And you are feeling down and blue
But remember we are all here with you
With lots of love and prayers hue

And I hope this will be over soon
And you will enjoy the shining moon
And we all be together to enjoy this
As part of God Almighty's bliss.

Get well Abbu, I love you.

Seema Chowdhury
Get Well Quick Ruth

Get well quickly dear Ruth get well
To hear all good things I have to tell

I miss you and your nice friendly smile
That helped to brighten my day for a while

And I know that today you may mope
So that's why I brought you the gift of hope

And hope will help you to overcome your pain
And will surely bring you back in life's lane

So I wish you a life that's free of sorrow
Where the roads of problems are always narrow

And I pray to see you well pretty soon
Happy and smiling like shining half moon

So get well quickly dear Ruth get well
To hear all good things I have to tell.

Seema Chowdhury
Get Well Soon

with sunny thoughts I'm sending you
Prayers and a get well wishes too

It may seems like a little wish
But believe me oh my dear sis

It surely carries a huge big pile
Of wishes for you to make you smile

And I hope that may the blessings of God
Takes you out of this illness cord

And then dear soon within no time
You'll be back in the flow of world's rhyme

Where all life's charming and pleasing sights
Will be waiting to make life's day bright.

Seema Chowdhury
Get Well Soon Sanober

May God Almighty be your guide
May He showers his tender love and care
May your life be sealed
With Happiness and peace
And all your days be special

May life's path be smooth where you walk
And as soft and sweet as your talk
And may all your desires and wishes come true
And each moment of your life
Be filled with serenity's hue

May a bright future awaits your way
To spread smiles and a song of joy
And may everything you do
Fill your life with amazing celebrations
And sweet surprises for you to cherish.

Get Well Soon Sweet Sis.
May God Be With You.

Seema Chowdhury
Get Well Soon Uzma

In the time of trial
In the time of pain
In the time when pang
pour like rain
when sky feels grey
And full of clouds
And your life
All filled with doubts
Then don't feel blue
And do not sigh
And don't feel alone
Stuck in trouble's tie
For this is life
With its ups and downs
And this is what makes
Life's story that is brief
And know that soon
This trial will be over
And surely you'll see
Bright sunshine's tower
Near your life
And all in your way
Spreading God's blessings
One by one each day.

Seema Chowdhury
Get Well Soon Wardah Dear

May sun shines very bright
And brings you joy and delight
May moon emits brilliant light
And shows you wonderful sight

May clouds bring you lasting joy
And showers that you forever enjoy
May trees happily here and there sway
And gleefully with you happily play

I wish and ardently pray for you my love
May you get well soon my beautiful dove
May you fly very high with joy soon
And shine bright just like sun at noon

May God Almighty always bless you
May Lord showers his blessings hue
Just rest, relax and recover my dear
And soon you will be smiling with cheer

Today I am sending you with lots of care
My love, thoughts, good wishes and prayers
And I know you are very brave my love
Gracious God will send breeze from above.

Get well soon Wardah we love you very much

Love always

Seema Chowdhury

May 24, 2017

Seema Chowdhury
Get Well Sweet Heart

Swings and slides, toys and mud pies
Bright cute smiles or loud cries
Nice pretty tights with bright frocks
Your nice little ways to talk and walk

All stay in the memories of my heart
And from there it always take a start
And I think of you my love, my life
For you taught me to live and survive

And today my princess you're not well
I wish all joys and happiness that dwell
And wish that in a day or two
may God send His get well angel too

Who will come with a magic stick
And break the tranquil magic trick
So we can see you again in the wale
Singing like a cute nightingale

And spreading your love and message of hope
To keep your mom aways from mope
And again with your nice and bright smile
Share half of her trouble’s pile.

Seema Chowdhury
Get Your Mojo Back

Pursue your passion
Don't feel lost or confused
If you're feeling down and blue
Pause and take a deep breath
Work on getting your mojo back
Figure out the rules of life's game
Start your journey to the future
Be present, mindful and alive
Be vibrant, agile and resilient
Always have an amazing plan
Don't stop dreaming and working
Be ready to lead the pack bravely
Establish a connection with yourself
Be aware of your honest calling
Listen carefully to the small voice
Take responsibility for your life
Get your mojo back today
And believe that it's already in you

Seema Chowdhury
May 12, 2018
Get Your Story Out

Shutdown outside world for a while
Just sit back, relax and continuously smile
Collect amazing memories of love and care
That brings you happiness and peace my dear

Enjoy cool breeze and lots of sunshine
Fill your soul with serenity's shine
Compose carefully and get your story out
Without any fear, remorse or doubt

For life has these ups and downs
Where we feel lost, scared or frowned
But never give up or even mope
For troubles will slip through the slope

Hang in there for long and try to smile
Shut down outside world for a while
And know that we have our stories to tell
So compose it dear with the happiness bell

Be strong and brave and have no doubts
Just get your life's unique story out
And collect amazing memories of love and care
That brings you peace and happiness my dear.

Seema Chowdhury
Gift Of A Loving Thought

A loving thought is like a gift
That give other's heart a lift
And show how much you really care
And their laughs, smiles and joy
And everything else that they enjoy
Along with their sigh and pain
And the tears that take away fain
so always keep for others dear
Nice and loving thoughts that’re rare
And show to others this loving gift
As it gives other's heart a lift.

Seema Chowdhury
Gift Of Heaven

May life show you beautiful sights
May your path be always bright

May each hour be filled with love
That's God send gift of heaven above

May you see the shining stars
In your life wherever you are

And may each day be filled with smiles
Where you walk with joy for miles

And may each dream that you see
Be granted from God to thee

And may you never see any sorrow
Neither today, nor even tomorrow.

Seema Chowdhury
Gift Of Lord's Miracles

Down the steps and out of the door
Throw away your worries, pain and more
Spread love and kindness in your way
And brighten the sidewalk of life everyday

Warm-up your heart and welcome my dear
Serenity, peace and hope with lots of cheer
And know sun will rise to brighten your way
So never give up or quit look forward today

There may be hazy gleam of fog and mist
But it will soon disappear in love and care's air
So the clouds of darkness will clear the sky
And white light of joy will appear very high

Believe in the gift of miracles of our Dear Lord
Who loves us all very much and help us in odd
And accept life's challenges and know pretty soon
These will disappear in the brightness of the noon

Get ready to welcome with open arms dear
Gift of love and peace in life's everyday layer
And wipe tears of pain and clear mind and heart
To absorb the rays of happiness for it can start

A new day, a new dawn, a new beginning of life
Where joy and peace will every where survive
And will bring you the message of peace and hope
So happiness will in your way broaden its scope

Just throw away the worries, pain and more
Down the steps and out of your heart's door
Spread love and kindness in your own way
And brighten the sidewalk of life everyday.

Seema Chowdhury
Gift Of Time

Do things in your way
Till the break of a day
And learn to do it all
Before you get a fall
For life is not just pain
But also has views of fain
So learn to look for them
And with prayer's hem
Mend life's cracks and bends
And make with happiness friends
And know its hard to survive
But nothing is better than life
So accept it as a gift of time
And learn to sing it's rhyme
And be happy in your way
Till the break of a day.

Seema Chowdhury
Girls Are Like Roses....

God made this beautiful gift
Known as Girls my dear
Who should be dealt with
Lots of affection and care

For they are like roses
That bloom in our lives
To spread love's fragrance
On this earth where we survive

And with their delicate petals
They spread and attract
All happiness in this world
And that is a lovely fact

And they are like butterflies
With whom we love to play
And decorate our homes with
These fancy gifts I say

And I'm really grateful to God
For giving me His special gift
To color my life's lively leaves
And give my heart and soul uplift

And for bestowing His special bliss
And His love of heaven above
In the form of two beautiful daughters
Who are full of care and love

Love You Samia & Sameen! ! !

Seema Chowdhury

Seema Chowdhury
Give A Little More

Happiness is
A magical empty box
That starts giving joy
And tons of pleasure
Only
And only
When we learn to
Give a little more
To it
Than we take out from it.....
so try to add
A glimpse of smile
A gift of kindness
A bunch of joys
And
A lovely song of love
To all
And show them
How much they mean to you
And your life.........

Seema Chowdhury
Give It A Try!

1. Luck doesn't come by chance, so work hard and think again.

2. When facing a challenging barrier, remain cool, calm and collected.

3. Think broad, use your superpowers and follow positive vibes.

4. Plan to reach your goals and stay focused and productive.

5. Search for inspiring potential within you and feel ready to face the future.

6. In the face of struggle, don't give up. Be strong and give it a try!

Seema Chowdhury
November 14, 2017

Seema Chowdhury
Give It To Me

If you have any troubles
Or any kind of pain
If you're feeling gloomy
And need a glimpse of fain

Then don't cry out
Or feel depress
And don't look down
With a feeling of stress

But look with hope
And give it all
To me, even if its
The whole trouble's wall

And know that surely
I do care for you
And hope and pray
With heart that's true.

Seema Chowdhury
Give Joy

Life is for a day or two
So try in it to sincerely view
And collect things for you to enjoy
Like finding comfort in giving joy
For when you give out some love
It comes back as a gift of above
And also carries in it some care
That's a constant source of cheer
And when you give care to all
Then it breaks the trouble's wall
And you start feeling good 'n nice
And you feel its joy dear twice
So always remember and keep in mind
That when you want something to find
Then find comfort in giving joy
For its a constant source to enjoy.

Seema Chowdhury

Seema Chowdhury
Give Pleasure

Take pleasure in giving pleasure
Because it is a great treasure
That brings joy and fun to all
Even if its an act very small
For life is made of layers
So stick to wishes and prayers
And always do the right
To make for others things bright
And try to do the things
That brings the joy's spring
And do it all with pleasure
Because doing it is a treasure.

Seema Chowdhury

Seema Chowdhury
I give way to my tears to drop
For with them all my trouble's stop
And that's why they play an important part
And lightens both my mind and heart
Because whatever is hidden in them
Is surely true and honest gem
And takes me out of sorrow's ditch
And gives me joy to make me rich
So that's why always in my heart
I give tears an important part
And know that they're the real pearls
Which hide my pain under their curls.

Seema Chowdhury
Glad Tidings

When you know someone cares for you
And want to show you sunshine hue
And wish to add a touch of love
In everything you do in life's hard curve
Then its a nice feeling in a way
That's really hard to express or say
Because that's what make you enjoy
Each second of day with fun and joy
And then you get a chance to thank god dear
For giving you someone special who cares.

Seema Chowdhury

Seema Chowdhury
Glen Of Dreams

Guardian Angel please bring me the sleep
Nice calm sleep that can take me deep
Down in the dale known as Glen Of dreams
Where only thing I saw was the track of beam

I wish there I can go sleep in peace
Where nothing can take away my happiness and ease
And there I wish I can always stay
Where cool breeze let all my hopes to sway

Where thousands of lillies, roses and flowers
Are fainly swaying and taking the shower
In gentle and tender happiness rain
washing their dust of troubles and pains

And there beside the streams and between the glens
I wish I can smile and have some fun
And there I can walk with no one but alone
And then just wait and sit on a stone

And quietly watch sky turning brown
And with tired smile sun slowly going down
And there I wish in the glen of my dreams
I can enjoy more things that're still unseen

And stay there till morn breaks my sleep
And bring me back from my thoughts that're deep
To this frenzy world that is full of frost
Where I always feel secluded and lost

Till once agian I sleep nevert to wake
In my flabby grave beside the lake
Where I find myself among the meadow
Under lord's loving and caring Dense shadow

So guardian angel please bring me the sleep
Nice calm sleep that can take me deep
Down in the dale known as 'Glen of Dreams'
Where only thing I see is the track of beam.
Gloom Of My Prison

I keep my thoughts
Safely shut away
And don't let
Tears run down
In an endless manner
Because
I am a victim
Of gloom
In my life's prison
From where
World looks different
And i'm afraid of
Being hurt again
In the struggle of life...

Seema Chowdhury

Seema Chowdhury
Gloomy Attitude

Hide your gloomy attitude
Under a huge burden
Of
Silence
Quietness
Calmness
And
Let no one uncover
This secret
For this is the only
And
An excellent way
Of dealing
With it
And
Only then
You'll learn to
Breath a sigh of relief
And
Express yourself...

Seema Chowdhury

Seema Chowdhury
Gloomy Depression

When everything turns to nothing
And
memories starts fading
Then
Process of thought stops
And
We're left with nothing
But
An unending vicious circle
Known as
Gloomy depression.........
That doesn't let you
Survive in peace-

Seema Chowdhury
Gloomy Music

Try to wipe the gloom
From your life's days
And bring in it my dear
Joy and pleasure's way
And know that gloomy music
Make things feel all bad
And change all nice things
From things that're all glad
And bring in it my dear
The pleasure of joy 'n fain
That can now wipe out
All that brings you pain
Because life is very long
And you need in it too
Nice and joyous days
And a better view.

Seema Chowdhury

Seema Chowdhury
Gloomy Night Of Life

After every night of gloom
Appears the morn of bloom

When everything shines
And make things aline

In a proper way
In life each day

So don't feel bad
Or feel a little sad

If gloomy life's night
Appears before your sight

Because surely after it
Will come joy in bits.

Seema Chowdhury
Gloomy Soul

With sealed lips
And broken chips
With dried up tears
And things unclear
I quietly sighed
And looked at the wide
Misery and pain
Of losses and gains
And ended another
My life's gathers
And performed my role
With a gloomy soul.

Seema Chowdhury

Seema Chowdhury
Glow Of Autumn Beauty

As sunshine flows into mountains
And freshness begins to spread
Walk on the enchanted land
Amid mist and haze
And enjoy chilli mornings
Full of glorious breeze
And let it fill your heart
With love of the season...

Absorb in the light of colors
And grow with Autumn beauty
Reflect on the magical moment
And the gorgeous shades
Of the crisp chrome and orange
Along with crimson waves...

And as the sun sets
And spreads its vibrant colors
To warm up your heart
With its shimmering hues
Let your soul carefreely dance
Holding hands in hand
With the magic of God's gift
And let it color your life
With the splendid and rich shades
Of the mesmerizing hues of hope and smile...

***4th poem in the Autumn poem series***

Seema Chowdhury
Go After Things

Go after the things you want
Rather than waiting for them
To fall in your lap
With hope and prayer's hem
And learn in your life
To be ahead of game
And lead in your way
With joy 'n pleasure's fain
And do it all dear
With all hopes high
And cling to it like
The stars on the sky.

Seema Chowdhury

Seema Chowdhury
Go Live Your Life

Dance a different tune
And follow your own rhythm

Move swiftly through the maze
And grow new avenues of hope

Walk on faith's pavement
And tailor life's solutions for you

Imagine how you look and feel
And start your journey with passion

Learn to get back to normal rhythm
And go live your life to the fullest

For reality of today will teach you
How to redraw your life's line

So you will be able to write the final pages
And color your life with rainbow hues

Just create momentum and anchor in your belief
And you will recognize reality soon

That will teach you to dance a different tune
And follow your own rhythm and pace

And with soft laugh and deep passion
You will learn to live your life to the fullest.

Seema Chowdhury
Go Right Ahead

• Analyze daily problems and accept new challenges head-on.

• Appreciate what you have and contribute to your success step-by-step.

• Don't feel exhausted, overstretched, and overwhelmed try to stay in control.

• Have a positive and confident attitude. Try to improve your conversation techniques and body language.

• When an opportunity presents itself, be upbeat and optimistic and go right ahead!

Seema Chowdhury
January 10, 2018

Seema Chowdhury
Go That Extra Mile

Go that extra mile
With laughter and smile

And explore my dear
All love and care

That are hiden in life
Where you survive

And know that you're worthy
To bring positive change

And expect the best
In each life's test

And let your light shine
Like a joyous wine

And believe in yourself dear
And know that life's cheer

Will color your life
Where you survive

If you will learn to smile
And go that extra mile.

Seema Chowdhury
God Allows 'U' Turn

The moment when you realize
that
You have crossed
the road of misdeeds
Then without any
Delay
Defer
Slip
Or skip
Turn around
Because
God allows 'U' turn........

Seema Chowdhury
God Almighty Will Give You The Best

God Almighty is well aware of what you do
So hasten to do good and try your best too

Start your day with pious thoughts and deeds
And sow kindness and care's blessings seeds

Remember light chases darkness of the night
So do not feel sad, quit or lose your sight

Believe in the power and strength of belief and faith
And enter in Almighty's garden and in heaven's gate

Worship your Lord and don't associate partners with Him
Be compassionate and show love and care with vim

Don't be arrogant or boastful ever in your simple life
For Lord doesn't like pride, so always humbly survive

Share your knowledge and stay away from doubt
Never under estimate your value and be like a scout

Devote your time, say prayers and pass God's test
Leave to God Almighty who will give you the best.

Have a Blessed Weekend. May God Be with you.

Seema Chowdhury
October 8, 2017

Seema Chowdhury
God At The Top

God is at the top of everything
Watching us from there
waiting patiently
To see
How we'll find our way
In the midst of crisis
And life's events.....

For the first step in faith
Is significant and reassuring
And that is from where
We'll go step by step ahead
To accomplish miracles
And find correct ways
To get through the big downs

And fill our bowls with
Love
Patience
Compassion
Forgiveness
And
Serenity

And take first step
To find God
And finally start
Our spiritual journey
And
Move one step ahead
Towards life........

Seema Chowdhury
God Given Test

Life is not a name of fain
Neither day after day of endless pain
Its a maze in which all the roads
Seemed to be blocked with loads
With the loads of some joy or sorrow
And some hope of a bright tomorrow
Where sun shines and ray of fain
Appears all to disappear pain
So enjoy it all and hope for the best
And pray to pass this god given test.

Seema Chowdhury

Seema Chowdhury
God Has A Brilliant Plan

You are not alone so please don't mourn or cry
God has a brilliant plan for you so be calm and try

To connect through time with peace and strong belief
And sing song of faith and hope to get peace and relief

Remember what we hold dear in our tender heart
Don't always give us a favorable or a sturdy start

So enjoy blessings of this beautiful and carefree life
And delve deep in faith's miraculous and long drive

Don't let anger or hate to pierce your broken heart
Don't let conflicting emotions to interfere or ever start

Tears of anger or negative and poignant lengthy view
For God has a brilliant plan for you so stay calm too

Life is filled with amazing, lively and lovely things
So always conquer your Fall and enjoy your Spring

And march to the beat of your own sweet drum
So you can relate to life's moments and clearly sum

All blessings that God Almighty has ever bestowed
And so much more that your Lord has already stored

Just remember you are not alone so please don't cry
God has a brilliant plan for you so once again try.

Seema Chowdhury
April 28, 2016

Seema Chowdhury
God Has Blessed

God has blessed our lives
God has helped us to survive
In all life's pleasures 'n pains
In all sorts of losses 'n gains
God has blessed our lives
God has helped us to survive
And has kept our spirits high
In all life's weather cool or dry
God has blessed our lives
God has helped us to survive
And he is the one who has shown
Life's nice days and bright morns
God has blesses our lives
God has helped us to survive
And he has given us sunshine
In the form of parent's loving wine.

Seema Chowdhury

Seema Chowdhury
God Hears Your Every Prayers

If you are stuck and feel upset
And don’t see a path through which to get
A way which leads to joy and peace
And block the road of troubles breeze

Then don’t feel down, bad or blue
Try to be more honest and true
And see the miracle of your God
Who created you dear and is your Lord

And hears you with all His love
Then send His gifts of bliss from above
In the form of angels who can share
Distress for which you cried in your prayers

For whatever is said before Him
Is listened with all interest and vim
Because He treats you as His own
So all your pains to Him are known

But still if you feel troubles never end
And path before you are cracked or bent
Then quietly take a moment and pray
And surely God will answer in His way.

Seema Chowdhury
God Helps Us To Go On

Walk with God and firmly hold His hands
For He is a friend who always understands

He opens the closed door of care and love
And shows shining light of Heaven above

He enriches our spiritual world and all around
And shows mercy and kindness on the ground

He conquers our hearts with forgiveness and prayers
And shows limitless compassion with passion's gear

God helps us to go on smoothly in our lives
And find faith's door to happily survive

He sends His silent blessing's for you and me
And tells us that kindness and prayers are the key

So we must accept it all and learn today
To surrender to His gracious will in the way

And walk with God and hold His hands
For He is a friend who always understands.

Seema Chowdhury
God I Need Your Miracle

God I need your miracle the most
For life seems very hard and cold
And candles of hope are dying down
And life is ready to wear mope crown

I need you to hold me in your arms
And shower your love and bliss
And reveal the wonders of 'YOU' God dear
And show me God that I'm really cared

God please help me, for I'm in need
In need of your love and smile
To tell me that I'm not abonden by you
And you're my guardian and that's true

For river of life is slipping by
And bitter cold waves are running high
And cloudy and misty sky is dripping
And I see my luck's page is quickly flipping

Please God show me the path
The right path to walk and reach
And reach your door step my God
To feel warmth of your miracles my Lord.

Dedicated to my sister Sameena Mansoor.

Seema Chowdhury
God Is By My Side

God helps me and always holds my hand
For He surely knows and He understands
My happy moments and challenges of life
And He helps in life to overcome and survive

God is loving, caring and gracious all the time
He stands by my side in life's painful rhyme
And He solves my problems big and small
And showers His uncountable blessings fall

For God is my teacher and He is my best friend
His love and mercy has neither bounds nor ends
He helps me to deal with my feeling's wall
And to clear my mind of negativity and all

God hears my cries and my prayers wide
He holds my hands and stands by my side
For He listens to my quivering voice and appeal
When I'm inflicted with pain He helps me heal

I call my Gracious Lord in time of joy and pain
He is always present for me in prayer's lane
He knows my sacrifices and gives me reward
For He is the Omnipotent and the Almighty God.

Have A Blessed Day

Seema Chowdhury
God Is Going To Take Care Of Me

God is the light and my eyes to see
He is going to take good care of me
He loves me and He holds my hand
As He is my friend who understands

God shows me the way when I feel lost
He guides my way and clears pain frost
He wipes my tears when in pain I cry
And helps me to face my tests and tries

God is the light and my eyes to see
He is going to take good care of me
He gives smile of gratitude and peace
He comes to help my troubles cease

God bestows His grace, mercy and love
He sends serenity and peace from above
So I can be grateful and bow and kneel
To share my inner fear and how I feel

God is the light and my eyes to see
He is going to take good care of me
He shows emotions, empathy and joy
And tells me I'm His child so I enjoy

His bliss, care and forgiveness as a treat
And light candle of hope in life's street
And know that I will never ever be alone
He's there and doesn't want me to mourn

For God is my light and my eyes to see
He is always going to take good care of me
And will extend His shade of bliss and love
And sends serenity and peace from above.

Have a blessed weekend!

Seema Chowdhury
June 25, 2016
Seema Chowdhury
God Is In Simple Things

Expand the field of happiness and joy
Believe in the beauty of a gorgeous life
Take out time for love, care, and hope
Show gratitude to your ever-loving Lord
Search for God Almighty in simple things
Always have the courage to follow your heart
Be willing to forgive and forget to move on
Seek joy and peace in life's beautiful gallery
Expand your horizon and renew your soul
Follow the light of your ever-Gracious Lord
Look up at the stars and the splendid moon
Wake up every day with the glorious Sunrise
Enjoy the beauty of this amazing new world
Gaze skywards and put your life in perspective
Calm down and appreciate good things around
Live in the moment and fill your soul with awe
Live with strong hope, belief and deep faith
Enjoy the soothing rhythm of your precious life
Focus on things that matter to you the most
And search for God Almighty in simple things

Have a Blessed Day!

Seema Chowdhury
July 8, 2018

Seema Chowdhury
God Is Our Own

Joys and pains
That we feel
Are sometimes even
Stronger than the steel
That no one can
Feel nor view
But can only share
If they're true
So I think
That's why
They're all
Our unheard sigh
That are just
To our God known
Whom we think of
As our own.

Seema Chowdhury
God Loves Us

God loves us wide and deep
He loves when we are awake or asleep
He loves us when we smile
Or cry in prayers for a while

He helps us to get through test
And cross rough spots and rest
And he walks with us in life
To show us light of recovery drive

He lets us spread our sail
And make our personal fairy tales
And let us play life’s game
And earn for us name and fame

God loves us in Fall or Spring
He spreads love and peace ring
And start his miracles in chain
And enjoy divine gift in lane

He puts balm of kindness and love
And sends love from heaven above
And show his love wide and deep
When we are awake or asleep.

Seema Chowdhury
God Made Women To Be Strong

God made women to be strong...

Strong enough to hold prayers and purity in her courageous heart

Strong enough to hold intelligence and power in her resilient mind

Strong enough to hold humility and inspiration in her forgiving soul

Strong enough to hold success and wonder in her lively imagination

Strong enough to hold emotions and tenderness in her radiant vision

Strong enough to hold innocence and patience in her bubbly smile

Strong enough to hold power and creativity in her sparkling dream

Strong enough to hold enthusiasm and amazement in her lively spirit

Strong enough to hold magic and kindness in her world of beauty

Strong enough to hold moments and memories in reflection of her time

'For a woman life means to be strong so she can build her world with the staircase of kindness, beauty, love and vibrant colors that leads her to unlimited love, hope, faith and belief'.

Happy Women's Day

Seema Chowdhury
God Please Illuminate My Tender Heart

God please illuminate my tender heart
And guide me to the course that is better
Please shield me from pain and sorrow
And bestow peace on my injured soul
And as I journey across my complexed life
Protect and widen my narrow perspective

God please illuminate my tender heart
And as my story unfolds with the time
Please give me the wisdom and strength
To interpret it correctly and meaningfully
And send me blessings that will continue
Throughout my journey on this earth

God please illuminate my tender heart
Please leave the avenue of faith open
So I can re-enter if I accidentally exit
And ask God for mercy and forgiveness
God enlighten my life so I can find
True purpose of my life and living

God please illuminate my tender heart
And help me to glorify and attain grace
Send me the hint from blessed heaven
When I'm struggling with mingled emotions
Cure my soul from the bitterness of this life
And fill it with kindness and everlasting peace

Seema Chowdhury
God Stand By My Side

God help me to find my way
For the road all seems astray
And show me the path that is right
And give me the chance to fight
With the troubles and pains of life
And let me now learn to survive

I feel sometimes very alone
And see myself melting like a cone
But cannot do anything to stop
The swift flow of tears to drop
That unconsciously all fall down
And leave me feeling brown

God please now stand by my side
For the trouble's area is very wide
And show me the candle of hope
That can take me out of this mope
For right now I see here no way
For all roads now seem astray.

Seema Chowdhury
God Was Listening

Who said God wasn't listening
When we all cried in pain
He was listening carefully listening
And was waiting till again
We'll pack all of our troubles
And carry this huge pile
And knock at Lord's door
To get the gift of smile
He loves us and to show this
He puts us through hard tests
And when we feel distress
He gives us what is best
Lord has His own nice ways
And to show how much He cares
He tells us to hold His hands
So we feel safe in His care
So if someone just stops praying
Thinking that the God wasn't listening
Then tell them they are wrong
As Lord was only waiting
Till we packed all our troubles
And carried this huge pile
And knock at the Lord's door
To get the gift of a smile.

Seema Chowdhury
God Will Make A Way

Prepare yourself for this life
Stay positive in your way
Put things into perspective
Begin your life's journey today
Accept challenges with rewards
Smile to keep negativity at bay
Adapt changing realities of life
Be ready to successfully play
Life and its endless games
That in front of you here lay
Try to broaden your horizon
To discover dimension's array
This world will live through
God will make for you a way
Just find your balance in life
Feel the moment's archway
Take deep breath and absorb
Scattered colors of life's spray
Listen to your deep inner voice
Have faith in God everyday
He will help you to get through
So begin with prayers your day
Always stay hopefully positive
And be ready with faith array
Climb rising stairs of your life
To begin your journey today
Remember that God loves you
He will open blessings doorway
Just with faith take your steps
God will make for you a way.

Have a blessed weekend.

Seema Chowdhury
September 23, 2016

Seema Chowdhury
God You Are All In All

Don't underestimate the power of God's love
He is all giving and listen to us from above
His grace and blessings are always on the way
And He sends His presents and care for our day

God understands our doubt, our fear and pain
He sends His angels to help us with joy and fain
And blesses us with a basket full of great things
And cover our lives with His mercy and love wings

Thank you God for you are the Lord of Heaven and Earth
Thank you God for sending me and for bestowing mirth
I am grateful dear Lord for your kindness and so much love
And for giving me when I ask and for and listening from above

God please help me when I encounter difficulty in my way
And You always come forward to save my lost day
Please keep on sending your blessings in Joy's cart
To fill my life's way with merciful and gracious heart

And hold me close to you when bad luck befalls
For I have no one else Lord but you are all in all
So send your angels to help with joy and fain
For you understand my doubt, fear and pain.

Seema Chowdhury
God, Show Me The Way

God show me the way, where you want me to go
Life has many ups, downs and lows
Where sometime it's challenging and slow
To merge with the on going events and flow

Please God save me and tightly hold my hand
I know you are the one who surely understands
Who can smoothen my path and the rough land
And bring me under peace and serenity's band

Right now my life is moving very fast
I don't know how long these troubles will last
For these are the obstacles some narrow some vast
Those are blocking my view and don't let peace cast

I need your help to unwind dear God
Tangled up web of problems my gracious Lord
So I can clear my vision and mind's chord
And fine tune life's dreams and reality's broad

To find my defining moments and life's flow
With love, care, compassion and understanding's bow
And handle life's challenges and once again glow
So show me the way God, where you want me to go.

Seema Chowdhury
God's Call

In the house of tomorrow
I hope there is no sorrow
Where I can add in life
Happy years that do survive
Where everyone can understand
And can offer to lend a hand
Where language of the happy heart
Is spoken by all with to dwell
For a long time and be well
And wish to enjoy it all
And consider it as God's call.

Seema Chowdhury
God's Card

Never be tired to work hard
For life is a pre-written card
Where joys and sorrows come
To make your day and there sum
The blessings that is given to you
That gives you joy that is true
And that's why its important dear
To learn to handle and take care
Of the joys and work hard
For life is god's pre-written card.

Seema Chowdhury
I wish for the flowers of the Spring
I Hope this world's ring
Will move with joyful things
For God's eyes are on everything

For His love is for us all
He picks us when we fall
And breaks down trouble's wall
And help us to catch life's ball

For God is the best king
Who keeps us in happiness ring
And shows us the flower of the Spring
And keeps eyes on everything

And He hepls us to rekindle hope
And teaches us how to cope
When we dive down in terrible mope
He provides us the faith's rope

And He teaches us to hold his hand
And shows us that he understands
And helps us in trouble's band
And brings us back in joy's land

And God welcome all the things
And send us peace and bliss ring
And shower His love's spring
And keeps eyes on everything.

Seema Chowdhury
God's Favours

We are the recipient of God's favor
Who bestows unique opportunities
And show us His miracles
And shower His choicest blessings

So delve deeper in it and run towards Him
And be grateful for God's grace and bounties
And try to achieve the radiant light
That can transform darkness into the light

And Pray with firm faith and a pious soul
So God tenders your heart
And cleanse your soul
To fill mercy, purity and love in it

Then we can enter the garden of Paradise
Where God's endless blessings
And cool shade of forgiveness
Will bear sweet and everlasting fruits

That can help us to attain God's pleasure
Who is our creator and a true friend
Who wishes the best for us because He is our Lord
And opens the gate of Paradise for us to walk in.

May God be our guide in every step of the way.

Seema Chowdhury
God's Fixed Law

In the palace of God
prevails fixed laws of the Lord
From where no one gets out
without receiving any reward

So the best place to go
When life's smooth flow
Is disrupted in the middle
And makes you feel low

Is to visit with tears
And he'll surely share
Your agony and pain
And will show you his care

By giving you his love
In life's harsh curves
And moreover on you
Will bestow what you deserve

For the only place of peace
Where your tears can be ceased
Is to visit God's house
Where he blow love's breeze

To show this is true
he shows in different hues
That he follows fixed laws
In his ways old and new.

Seema Chowdhury
God's Forgiveness, Mercy And Grace

God's forgiveness, mercy and grace
Is always close to our hearts
He blesses our sinful souls
And gives us a chance to start

New day of salvation and refuge
Where we can cry and pray
And ask Lord for forgiveness
To help in difficult time today

God please give us the strength
To be steadfast and to stay firm
Protect us from going astray
And from misdeed or sinful affirm

God bring us the knowledge of light
And show divine mercy 's array
Shower blessings and give refuge
In each and every step of the way

God we need your endless rewards
With love, blessings and care's trace
So we can find salvation and mercy
And attain paradise with your grace.

Seema Chowdhury
God's Gift

My mother, my father, my brother and sis
Are all surely God's huge bliss
That God gave me to show he cares
And that's why he gave me them to share

My pain, my sigh, my agony and tears
To show in their way how much they care
And also my joy, my pleasure and smiles
To block the way of troubles and trials

So for me I'll say they're God's gift
Who are sent for my joy and soul's uplift
And to tell me that I shouldn't mourn
For I'm not in this world all alone

So today once again I thank my god
For bestowing me His love and his reward
And for giving me his very precious gift
In the form of a family for my soul's uplift.

Thankyou God Dear

Seema Chowdhury
God's Guidance

I know that only God Almighty has all the answers
That can help us to rise above our pain
For only He has the power to fill
Our minds with positive words
And calm our thoughts and emotions
And nourish our souls with His endless love
And give us tremendous hope for a better tomorrow
To find peace and serenity

Only God has all the solutions
To cleanse our lives and vision
So we can believe that this universe is waiting
With blessings of happiness for us
Where we can pour hope in our souls
And learn to take control of every aspect of life
To calm the internal raging storm

And wake up to our life with the mercy of God
And enter in the garden of prayers
To cultivate bountiful blessings of God
And achieve healing and comfort
From the guidance and surrender to His will

For when we connect to God and pray with faith
God takes over and guides us
And gives us assurance of courage and strength
And mends the cracks and rough patches
And brings ease and joy to our unsettled life
And this long journey called life........

**Dedicated to my Beloved Sister, Sameena Mansoor**

Seema Chowdhury
God's Healing Touch

What goes around always comes around
So amke your place on the ground
And begin your day by painting your dreams
so they can lighten your life with love's beam
And know that there are so many who cares
Who're willing to share your hopes and prayers
So always do good and hope for the best
In each life's event and in each life's test
For life will show you some pleasing sights
Only if you learn to express thoughts bright
And learn to express gratitute for the bliss
Of God's loving care and for his healing kiss
For the healing touch of God my dear
Is what brightens your day and share
All the amazing stories of this life
where we are all bound to survive.

Seema Chowdhury
God's Help

I desperately need you today
For life seems hard in the way
So please God come to my aid
And give me your loving shade
I love you God I really do
And need your caring view
To get the balm of my pain
To get a glimpse of fain
God you can only understand
I desperately need your hand
Please help me God today
For life seems hard and grey.

Seema Chowdhury
God's Love And Care

Do nice things in your way
Try to look for joys in the day
And try to sing the rhyme
By taking one thing at a time
And try your best to do it all
Whether it be big or small
And learn in your life to find
Things of joy that're all kind
And when you'll do all this
Then god's huge love 'n his bliss
Will fall upon you my dear
To show you God's love and care.

Seema Chowdhury

Seema Chowdhury
God's Love And Mercy

God is full of love and mercy
And He is there to comfort us in pain
And He is there to hold our hands
When life's boat rocks in storm and rain

Just have full faith in His will
And know that He is our beloved Lord
Who is there with an endless gift of strength
To hold us together as He is a merciful God

He gave us the beautiful gift of prayers
That is an amazing and a divine light
That shows us path where there is dark
And give us hope for a start that is bright

Just have full faith in His will
And know that it is a beautiful thing
To accept life as God's plan that comes
And watch miracles unfolding in a ring

And always remember that through our pain
We learn to recognize God's love and faith
And when we feel distressed, lost and sad
God steps forward to open heaven's gate

For we are all children of God
Who dwell in fear of growing pain
But God is there to comfort us in trial
And brighten faith's path to bring us fain

Only if we surrender to His will
And recognize His love and mercy's path
And give up all bad thoughts and deed
And find amazing road to a pious start

For God is there to mend broken pieces
Of our lives when we meet our fall
Because He is our forgiving God
Who is full of mercy and love for all.
Seema Chowdhury
God's Magical Hands

God is my gracious and sincere friend
I believe in this truly till the end

For He understands my joy and fear
And He comes forward to wipe my tears

God knows everything that I share and hide
His great kingdom is far and wide

So I hold on to God and look for His miracles
And find the pathway to walk up pinnacle

Where I can go and silently pray
And follow God's plans till the last day

As I see, hear and speak to Him in my heart
And it always shows me a beautiful start

To dream and plan and enjoy everyday
And play my part and put faith in God's way

That reminds me to be grateful to my God
Who is my sincere friend and my Lord

Who forgives my sins, lackings and mistakes
And always hold me close so I don't break

And then He brings back sunshine into my life
To spread love's fragrance in this world's drive

And reassure that His timings is right and planned
So I must put faith and hope in God's magical hands.

Seema Chowdhury
God's Majesty And Love

God's majesty and love fill the world with joy, warmth, and miracles.

It's a magic that brightens the day and lightens the surrounding.

It's like a gorgeous morning light that fills the heart with peace.

God's love is like a deep ocean that has no beginning or an end.

God Almighty is gracious, He is forgiving. He is all-knowing and all-listening.

Walk faithfully with God with a heart full of peace and serenity.

Have hope and believe in miracles and amazing things will happen today.

Seek God's protection, guidance and infinite hope for your journey.

God Almighty knows our needs and wants. He knows what's in our heart and mind.

Just trust gracious God and majesty and love will fill your world.

May God Almighty Bless and Guide your steps.

Seema Chowdhury
December 23, 2018

Seema Chowdhury
God's Mercy And Help Is Never Far Away

God cares and satisfies all our needs  
So go call on his door to pray everyday  
He loves and helps us to cleanse our souls  
For His mercy and help is never far away

God shows us new beginning that is bright  
And He lightens our load of a troubled day  
He helps us to fight back our tears of mope  
For His mercy and help is never far away

God makes complex things simple for us  
And gives us zest to straighten our way  
He opens new avenue so we carefreely walk  
For His mercy and help is never far away

God teaches to adjust our life's blocked path  
And shows us how to bounce back in the way  
He sprinkles the dust of hope and faith  
For His mercy and help is never far away

God helps us to break walls of fear around us  
So we can clear our vision and calmly stay  
And explore all possibilities and ability to see  
For His mercy and help is never far away

God knows that we are His humble beings  
And we need His love and blessings everyday  
So He releases our hurts and pain when we cry  
For His mercy and help is never far away.

'Cast your cares on God; that anchor holds.' Frank Moore Colby

Seema Chowdhury
God's miraculous blessings
Are spread like a rainbow
Illuminating the beautiful horizon
Have deep faith in God and His timings
Only Gracious Lord has the power
To restore happiness and peace
Your Lord can help you when you need
Call him and beg for His help
Ask your Lord to help you in despair
Request Him to show you a way out
Never doubt yourself or your faith
God knows and understands it all
He is all-knowing and all-listening
Only He can wipe your falling tears
Remember His miraculous blessings
Those are all spread like a rainbow
Just have faith and patience dear
Gracious God will grant your prayers....

May God be with you in every step of the way

Seema Chowdhury
September 22, 2017

Seema Chowdhury
God's Pathway

Our gracious and merciful God
Guide our steps toward your pathway
For we believe in the seen and unseen
And praise amazing blessings everyday

We have strong and firm faith in you
We need your care, love and peace
Please kindle the fire of strong belief
So darkness in our hearts can cease

Beloved God send us the rain of mercy
And show us heaven's pleasing sights
Cleanse our doubtful heart and soul
And fill it with purity and shimmering light

My Lord you are so perfect and kind
We glorify and praise you everyday
Help and show us hope's building blocks
And guide our steps to your pathway

Where each new chapter of our lives
Start and smoothly end on your praise
Till we all meet in blessed heaven one day
Please shower on us your mercy and grace.

Seema Chowdhury
God's Plan Is Perfect

Step out of your anger, pain and regrets
And enjoy the view of life at the break of dawn
Where sun gradually washes light at the skyline
So you can absorb in the magical and miraculous vision
And talk to merciful God and enjoy the morning sunshine
To find peace and hope that can change life for better...

Life is a blessing so enjoy the soft haze
And unwrap the day to come out of darkness
Just believe in your destiny and take that first step
Where you can access opportunities to untangle life
Remember you cannot get sweet without the sour
So fill the cracks and potholes that come in the way....

Listen closely to the voice of your Lord to find comfort
And open the door of heart to let peace and solace in
Stir emotions and listen to the majestic symphony
And know that God hears your cries and prayers
And He always sends His unaccountable blessings
Because life is not perfect, but God's plan is....

Have a blessed weekend! ! !

Seema Chowdhury
God's Power

Believe in God
In a hurtful fall
Don't feel stuck
In trouble's wall
And know that only
Away one call
Is our God
For us all
And know that
He can stall
In our lives
And in life's mall
Joy and happiness
And fain wall
And his powers
Can fix it all
So believe in God
In a hurtful fall
And don't feel stuck
In trouble's wall.

Seema Chowdhury
God's Purpose

God has a purpose
For everyone's life
He stands at the door
We just need to knock
To see God moving in our lives....

For only trust in God's love
And faith-fullness can mend
Our broken world
And answer our prayers
And only His words can show
Us all the right path....

And God is our refuge
In life's storm
For He hears our prayers
And bless us with joy
And bring us comfort and consolation
And He answers our doubts and hopelessness
By showing miracles

And know that with God's majesty and love
We can bounce into the world
Of a lovely light
And see beauty
Even in the darkness.......
God's Reminders

God sends us little reminders to stay joyful
And in His infinite mercy
He promises us of lasting peace
And help in rough time
By sending blessings in misfortunes
And show us the beauty of the world
On the axis of suffering......

God sends us little reminders to stay joyful
And He warms our hearts by sending us joy
For only one joy shattered a hundred grief
And solve our problems in depression and panic
And teaches us to live a life with faith
For faith is a powerful antidote......

God sends us little reminders to stay joyful
For He is a loving God who sends us hope
And protects us in uncertainty
And teaches us to dance in the rain to escape from pain
And find solutions that will work out
To put a soothing balm on our wounds and fear......

Seema Chowdhury
God's Response

Shut the door of worldly gains
If you really want to remain

With those people who know with them
Is the blessing of God's prayer's gem

So seek from God his help in odd
And know what you need comes from God

And to stop your soul from sin's burn
Look for the virtue's point of turn

And to really get rid of this painful life
And to faintly on God's earth survive

Just shut the door of worldly gains
And wait for God's response in pain.

Seema Chowdhury

Seema Chowdhury
God's Soft Whisper

Pray when you are feeling down
Be faithful and keep hope alive
Listen carefully to God's whisper
Learn in good and bad time survive

God is awesome and His love is great
He helps us to find purpose in life
He encourages us to follow our heart
And believe in the power of the drive

Praise dear Lord for all His blessings
And fill your heart with delight
Learn to walk by faith sincerely
To seek the guidance of God with light

Ask for God's love and His mercy
To change your life till the end
For only your Lord has the power
To perfect life and straighten the bent

Walk by faith with prayers in your heart
Have faith that God will be there for you
Listen to God's whispers with faith and care
And always remain to Him sincere and true

Have a Blessed Day

Seema Chowdhury
May 31, 2018

Seema Chowdhury
God's Soft Whispers

Only God can ease your pain and suffering
And unveil the mysteries
And struggles of life
For everything unfolds
According to his plan
Just be quiet and hush
And let your silent mind absorb
And listen to God Almighty's soft whispers
That can bring peace and rejoice
And teach your spirit to lighten up....... 

And know that random thoughts arise
And then pass away swiftly
So don't see life as small or bitter
Use large end of your telescope
To peep in and sense the destiny
And let All knowing God's plan
Spark a new and a bright beginning
Of vibrancies and rainbow hue
To reflect on your life
And help you to pass life's pain to move on....... 

Seema Chowdhury
God's Will

No one can awake
And no can sleep
No one can smile
Or even cry deep
Unless God wills
And says so dear
For God is the Lord
Who lives so near
So only ask Him
And tell Him today
What's bothering you
And making you grey
And request Him to
Clear it all
And hold your hands
To save you from a fall.

Seema Chowdhury
God's Words

God send me your love, peace and joy
Give me the strength to bravely enjoy
And let my soul blossom on earth
And let me understand the meanings of my birth

I want your guidance and your words
To lead my way and brighten my world
And wish to feel happiness in my heart
From where life will show a new start

I want quiet moments in my life to smile
Where I can sit in peace for a while
And get answers of my troubled mind
To learn to faithfully life's road unwind

So my soul can blossom and spread light
And shine with kindness and virtues bright
And spread love everywhere I go
With the help of your miracle's glow

To create a clean and a pure heart
To show everyone a bright new start
To the road of love that leads to you
Towards your Holy and supreme being true

So send me God your love, peace and joy
Give me the strength to bravely enjoy
And let my soul blossom on earth
And let me understand the meanings of my birth.

Seema Chowdhury
God's Words Of Guidance

I need your words God
To guide my way
To spread love everywhere
And to find hope in difficult time
And find miracles in life
To throw away the burden of bitterness
And create memories
With a pure heart
On this emotional road of life.........

I need your words God
To transform myself and my thoughts
To live with courage and faith
In the timeless dimension
Where life whisper to me
And random thoughts puzzles
And throw challenges at me
That disturbs the natural ebb and flow of life

I need your words God
To make new choices
To find hidden treasure
To get a grip on pain
To lighten my burden
To rise from my sorrow
And to heal my wounds
With a simple life of faith.......
God's Words Of Love

God send me your love, peace and joy
Give me the strength to bravely enjoy
And let my soul blossom on earth
And let me understand the meanings of my birth

I want your guidance and your words
To lead my way and brighten my world
And wish to feel happiness in my heart
From where life will show a new start

I want quiet moments in my life to smile
Where I can sit in peace for a while
And get answers of my troubled mind
To learn to faithfully life’s road unwind

So my soul can blossom and spread light
And shine with kindness and virtues bright
And spread love everywhere I go
With the help of your miracle’s glow

To create a clean and a pure heart
To show everyone a bright new start
To the road of love that leads to you
Towards your Holy and supreme being true

So send me God your love, peace and joy
Give me the strength to bravely enjoy
And let my soul blossom on earth
And let me understand the meanings of my birth.

Seema Chowdhury
God's Work Of Art

God is a mature artist and a writer
Who produces different shades of a single color
To paint our life's story in dull and bright colors...

This world is God's canvas
Where he throws different paint everyday
Where Shade of God's love splashes
And brings us the message of hope...

Where rainbow appears to cheer us up
During hard times of life
And images of beauty and ugliness
Appears and disappears for us at intervals...

Where God enjoys creating and decorating us
With joy and happiness to represent our feelings
And we see different hues and views of life
That displays and define us as God's work of art...

Seema Chowdhury
Golden Bridge Of Memories

I want to write my own story with a beaming spirit
With fun, excitement and interesting events of days
Where my view is focused on the neon sign of memories
Blinking, glowing and reminding me of the time from far
I want to jump on the bandwagon and avail the opportunity
And I wish to paint my life with positivity and vibrancy

I will build a golden bridge of memories to cross any time
I will define my own starting and ending points of peace
And always add new dimensions of hope in it joyously
I will draw my own boundaries and enlarge my vision
I will write in sparkling words all memories of my life

I want to remove all barriers and walk away from pain
I sincerely hope that one day I can make a deal with events
That are heart breaking, poignant, crushing and nostalgic
To leave me alone and let me breath so I can find possibilities
To bridge the gap between pessimistic and optimistic thinking
And color life with the glowing neon sign of faith and belief...

Seema Chowdhury
Golden Key

A few simple changes
And small miracles
can make a world of difference
As it can add
Blessings of a loving life
Like
Day after night
Cold after hot
Clear after cloudy
Summer after winter
And
Spring after fall
And this is the golden key
That
Can unfold
A new and pleasant
Chapter in life......

Seema Chowdhury
Golden Light Of Hope

Uncover the painful emotions
That you have buried deep within
Try to move forward towards freedom
For this is highly emotional and charged world

Don't let your soul be like a sponge
That allows and absorbs
All the negativity and gray clouds
That are freely floating in your horizon

For these are the bitter and hard twists
That leave you with unresolved issues
That brings you ache and chronic pain
And numbs your mind and body

Learn to shield yourself
And stay away from fear and worries
And lift gray fog of pang
And flush stress out from your mind and soul

And see the whole world opening to you
With the golden light of hope
Entering and shining in your life
Glowing with enchanting songs of Faith.........

Seema Chowdhury
Golden Opportunity

Find happiness and search for the joy
And know that it is like a toy
That gives pleasure as long as you use
The rays of hope to ease your ooze
And know that in your life's way
Many times come such a day
Where dark grey clouds 'n the mist
Are seen all over your life's twist
But don't lose hope or feel bad
Neither cry out nor be sad
Just avail the chance to learn to fight
Your life's battle in way that's right
And think it as an opportunity for you
To learn hard rules of life all new.

Seema Chowdhury

Seema Chowdhury
Golden Rule Of Life

If happiness comes and knocks at your door
Then don't ever stop always ask for more

As joy is like a merry go round
That cease when it touches the ground

We wish so much but can't always get
And feel stuck in the deeply knitted net

From where we can't always find our way
And paths seem bent or astray

But even then don't feel scared of it
As life holds a value in every bit

So try to keep the tears in your eye
And take the share of pain and sigh

And see if today you can loose the bet
You made with a friend who once you met

Who stopped by just for a while in your life
But taught you the golden lesson to survive

That 'if you can't change the direction of wind
Then adjust your sails to reach your destination'

Seema Chowdhury
Golden Sunset

The sun hangs low on the horizon
With its beautiful and amazing soft glow
Where time pauses for a moment
And dream becomes reality
Where impossible becomes possible
And silence says volumes
Where peace and serenity prevails
And they fill our lives with infinite beauty
And countless blessings
And give us another chance
To connect to our Lord
And fill our lives with beauty and grace
And sparkling moments
In which we find courage and delight
To look ahead with hope
And start another day
Filled with beautiful plans
And with a warm heart
And bold dreams to follow.....

Seema Chowdhury
Golden Thread

Weave a web
With the golden thread
Of words to speak
The very deep
Feelings inside
That we hide
Inside us
In a calm way
Where sway
The breeze of clay
That clears the pace
For future trace.

Seema Chowdhury
Gone By Days

The moon is shining high
And sun has left the sky
And the day has gone by
Leaving memories of smile and cries
And the stars are glittering bright
And fresh is today's night
For another day has gone by
Leaving memories of pains and sigh
And in that by gone day
I made castles in the clay
And this is how life passes by
Leaving memories of joys and cries
But sometimes in this wild crowd
I feel tired, bored and loud
And wish to sleep forever to die
Leaving memories of smiles and cries
So no more glimpse of pain is shown
Or any unwanted trouble's morn
Stops by ever in my life's cry
To show this is how life passes by.

Seema Chowdhury
Good Bye Teacher

Its hard to say goodbye with smiles
When a nice teacher is going away miles

Even though today we're all in mope
But anyway we shouldn't lose our hope

As we know Lord's rule of this green earth
Is to assign a task at our birth

And teaching is a task that was assigned to you
To spread knowledge's light with your own view

And we know you're a teacher who is nice
Who's always willing to give us advice

And today you're really going very far
But remember this wherever you are

That we wish you a life that's free of sorrow
Where path of troubles are always narrow

And Lord's blessings are there to stay with you
And that's a wish that is sincere and true.

Seema Chowdhury
Good Laugh

A good laugh
is what i need
For I feel stuck
In the trouble's weed
Where my voice
Whispers all around
And I can hear
It in the background
And right now dear
I think no choice
is left for me
Except for laughs voice
That can wipe
All these pains
And bring me back
My happiness and fain
So once again I can
Start my life's day
With no trouble at all
In my own joy's way.

Seema Chowdhury
Good Life

Enjoy the beauties of this life
Where also happiness survive
And try to look at the brighter side
Even though its area is not wide
And always be thankful to God
Who also bestowed even with odd
And know its a good life here
So enjoy it all with joy and cheer
And then only you will learn
In your life to happiness earn
And then you'll see new pace
From where pleasures can be traced
Because joys and beauties of life
Needs to be searched for they survive.

Seema Chowdhury
Good Luck

My wishes are many but words are few
I wish you luck in a way that is new

As luck is a word that is small to say
But it carries a huge world of meanings in a way

So never feel shy, embarrassed or bored
Just always be ready to seek for more

And don't be scared of taking a rest

Just be cool and calm and do your best

And stay in the lane of people who adore
And never miss to enter in knowledge's door

And believe me dear what I'm saying is true
So my wishful desires will all stay with you.

Seema Chowdhury
Good Luck Forever

I wish may God's blessings shade
Extend its branches on you as an aid

And may God protect you from all
Troubles and pains either big or small

And I wish may God shower his bliss
On you more than you can ever wish

And may all happiness that you deserve
Be given to you through God's love

So for that on God put your trust
Because that is really a must

Specially if you want to joyfully survive
In all dull 'n bright phases of life

Because God's love is rare 'n the best
That helps you to pass all life's test.

Seema Chowdhury

Seema Chowdhury
Good Luck Prince Daniel

What was it that I saw in you
I still can't explain it clearly too
But I know my heart when saw you dear
Said that you're the prince of love and care

You're far my love very far from me
But even then I still very clearly see
Your cute little shiny and bright smile
That always shared all my troubles pile

So whenever I think of you my son
The nice time when we really had fun
All come and show me a brighter way
That clear all my whole life's gray

And now you'll start your school my dear
I wish you luck, victory and cheer
And wish whatever you do sweet heart
May Lord open the door for a successful start

And make your life as the candle of hope
That keep others away from the tears of mope
And mark your life for brighter spring
For all the joy for others you bring.

Seema Chowdhury
Good Luck Sisters

Rise up and meet the challenges
And figure out life as you go along
And learn to face your fears
And make peace with them
For life is a juggling act
Between smiles and tears
And a few whispering words

Where life seems a little dicey in the beginning
But afterwards it settles down
Just don’t get exhausted and emotionally drained
See life through new eyes
And carefully listen to
The sound of silver bells in the darkness
For there are enduring rewards on the horizon

So always hope to find peace
On the other end of the spectrum
And make adjustments of life
Both horizontally and vertically
And surf on the waves of life
To ultimately reach happiness.

Seema Chowdhury
Good Morning Sunshine

1) Keep a superhero thinking and know if you want something, you have to work for it and you can do it.

2) Appreciate everything that comes your way; they all come to teach us a lesson.

3) Life never remains the same, so make the best of every opportunity that comes in your way.

4) Tidy up your life and take one step forward every day to keep motivated in the journey of life.

5) Explore your path and take hope, believe, and faith with you wherever you go.

Seema Chowdhury
April 7, 2019

Seema Chowdhury
Good Morning Sweety

Let the bursting colors of life
Enter in and spread to drive

Smiling colors of rainbow hue
To all who are feeling blue

For life is short and life is hard
And it is a God made per-written card

That we all get when we are born
Into this world of bread and corn

So each day try to start my dear
Smiles, laughs and whispers of cheer

And try to share someone's pain
And swap them with love and fain

For no one knows how long we will live
So avail your chance and always give

And open your mind, soul and heart
To spread peace and a beautiful start

For life is sad but also good at times
When we wish to sing a cheerful rhyme

And spread colors of Spring for all
And save someone from a fall

For God has made these days dear
For us to do something worthy and fair

And earn our rewards of being alive
By helping others to run their lives

So play your role and always smile
And try to spread joy all for a while
And share someone's pain and blue
And swap it with life's colorful hue

That is bursting all around dear
With peace and love and a gift of cheer.

Happy 13th Birthday Sameen Baby
Mama & Baba loves you very much

Seema Chowdhury
Good Pals

The peoples that we meet everyday
That sometimes passesby our way

Can become our pals for whole life
And can help with us to drive

The car of trust in which we walk
And with our friends sincerely talk

For good pals are not easy to gain
Who are always ready to share our fain

So when you find such a friend
With whom you don't try to pretend

Then know that they'll walk by your side
And will help you in things narrow and wide.

Seema Chowdhury
Good Things Are In Store

So many good
And so many bad
So many things
That can make you glad
Are present for you
Just like before
So know that good things
Are in the store
So hope and pray
And wish for the best
In all life's big
Or in small test.

Seema Chowdhury

Seema Chowdhury
Good Times Are On The Way

Look at the sky
And things that are high
Wish for the sun
And joy and smile and fun
And hope in your heart
As it gives a bright start
And know in each day
Goof times are on the way
So now long for the best
In each life's day's test.

Seema Chowdhury
Good Times Lie Ahead

With everyone's tale
Comes the glimpse of fail
So don't think its bad
Neither feels sad

For with the times click
You can also pick
What you think is best
In this life's test

Where soon happiness will shed
For good times lie ahead
And know in trouble's zone
You surely are not alone

So don't think life is steep
And don't cry or ever weep
And look for the cool shadow
In the mid of the nice meadow

Where you can unload
The troubles of life's road
Where soon happiness will shed
For good times lie ahead.

Seema Chowdhury
Good Turns

Nurture yourself
With words kind
share your love
For the peace of mind
And learn to make
Good turns in life
That will teach
You ways to survive
And here is present
Both good and bad
And things that
Make you glad
So try to pick
Things in life
that takes you
For a pleasure's drive
And know that here
You have to take
Good turns in life
For happiness sake.

Seema Chowdhury
Good Wishes

A heart filled with joy
And a life filled with love
Is what I wish
For you my love
For you're the most
Important part
Of my life dear
Who live in my heart
I wish you many more
Nice things in your way
Will stop by to
Greet your day.

Happy Birthday! ! !

Seema Chowdhury
Good Wishes Sadaf

Not always I walk alone for a mile
Or sit back to relax or may be to smile
But it does happen once in a while
To bring back memories that'll make me smile

I remember us spending time night and day
In fighting, playing and throwing things away
I wish if I can do the same thing today
But it won't be easy as we are miles away

And today I'm happy for you my dear
Because you got someone who is there
To share your problems and to take good care
Whenever you're in need, here or there

May Lord's blessings on you always shower
That brings you his gifts like flowers
And may both of you be given the power
To pluck these blessings like a flower

Love You dear Sis! ! !

Seema Chowdhury
Good Wishes Sunny

Long life i wish
Good things i hope
For you I pray
Good luck and hope
may always dear
Comes in the day
Of success
In whole life's way
I wish for you
I pray my dear
may God be ready
To spread the layers
From heaven above
And I wish again
And hope very true
May bad things stay
Far away from you.

Happy Birthday Sunny

Seema Chowdhury
Goodbye 1995

So many memories it is leaving behind
So many joy and smiles that're kind

Is what is parting from me today
As new year is in its way

So many things will be lost
So many joys will pay the cost

So many gains will come in the day
As new year is on its way

I wish and ask my dear God
To hold my hands as my Lord

And protect me with all his love
And send his care from heaven above

And let me joyfully enter today
As new year is on its way.

Seema Chowdhury
Goodbye And Good Luck

I met you as a stranger but liked you as a friend
Our ongoing friendship should surely never end
As one precious thing that I surely gained by it
Is the gift of love and care in its every bit

I never knew that another name of love and care
Is to have a friend who is nice, kind and sincere
Who doesn't let any glimpse of trouble and pain
To cease in my life and make it all vain

And know when I think today I have to say
Good luck and goodbye I really feel gray
I know it won't be easy for me at all
But I'll stop my tears and won't let them fall

And will ask God to bestow his blessings and fun
Upon you for everything that you have really done
As each moment that I really spent with you
Showed me a glimpse of a very bright view

So whenever in life memories knock at your door
And ask you dear are you getting bored
Then think of old times we have shared as a friend
And remember that our friendship can never end.

Seema Chowdhury
Goodbye Brother

We'll make it easy
We'll make it simple
And will say you goodbye
With smiles and dimple

As you know pretty soon
You'll go and find
All good you are hoping for
That is nice and kind

But if ever in life
Success path seems narrow
Them only hope for the best
Bright and fine tomorrow

And remember that your sis
Will always pray to God
To help you out whenever
You're stuck in something odd

And ask God to give you
All that is best
And to bestow his blessings
Upon you in every test.

Seema Chowdhury
Goodbye Dear Sunny

Why saying goodbye is always hard  
Why it always breaks my heart  
And bring tiny tears in my eye  
And I hear my soul's sigh

Why my life stops when you leave  
Why your stay always seems brief  
Why I feel cold wind's blow  
On my life's face very low

Why my smile hides in the clouds  
Why i feel distress and doubt  
All filling my life's wide sky  
Leaving me to mope and die

Why sun stops shinninh on my door  
Why rainbow doesn't show from the window  
Why joy and smile just stop and cease  
Why I only feel the winter breeze

I wish I had the power to change  
And see how I can learn to arrange  
To swap my mope with the hope  
And fill smile and learn to cope

And convince my heart not to cry  
And my soul to stop the sigh  
And learn not to let my heart break  
While saying goodbye, for your sake.

Love And Miss You Sunny! ! !

Seema Chowdhury
Goodbye Friend

Its wise to say a nice goodbye
To a friend I mey while passing by

She seemed spo nice and friendly too
I went there and asked who are you
She looked and smiled then answered me
What do you think and who do you see

And at that moment I saw a friend
With whom I didn't need to pretend

We shook hands and made a deal
that we'd be friends with enormous zeal

We did what we said as long as we could
But no more because she did what she should

So today I'm saying goodbye at last
So she can go and come back fast

At last I'll say and finish my goodbye
That victory be hers till agian we pass by.

Seema Chowdhury
Goodbye Mother

Today once again I'm saying you goodbye
I'll say it with smiles before your plane flyies
It surely won't be easy for me at all
But I'll stop my tears and won't let them fall

So for that I'll need your sincere advice
Because I know it surely will be wise
And will help me to stick to my hope
And handle problem and won't mope

So I want your hug and approving view
As it certainly works as a morning dew
The dew that gives life to every flower
I need same kind of love every hour

As I told you that I'll be happy to stay
So now I'll prove it to you in my way
And today I promise so I'll try to keep
And will say my goodbye and won't weep.

Seema Chowdhury
Goodbye Petroman

I'll always remember the days that are gone
Those days and nights, dawns and morns
Which slowly came but then swiftly flew
And left me with memories that're new

And also those nice and helping hands
That came right out in trouble's band
And cleared all piles of sorrow's block
That came in the way where I walked

And also those words which felt so kind
And helped me to quickly and faintly find
The narrow paths of joy that were few
But brought me all fun that were true

And now because all this is leaving me
And taking away things that made me free
So now I just want to say goodbye
And wish you life's success that're high

And pray wherever you go in life
May things you need to brightly survive
Be given to you in victories face
That covers your whole life's bright pace.

Seema Chowdhury
Goodbye Sanober

Sometimes words seems very few
To express my feelings that is true
To tell all things I wish for you
That is full of wishful hues

It may seems hard to say goodbye
Without having tear in the eyes
But remember that now if you'll cry
Then it will be hard for you to try

Just delet the words like nay or nope
And don't even sit back to mope
Then only you'll learn to cope
And hold firmly the joy's rope

And will learn how to clear the test
That life is asking to take with no rest
So if you will try with zest
Then you'll surely get the best

Goodbye and Good Luck..

Seema Chowdhury
Goodbye Seniors

Goodbye is not always easy to say
Specially when someone is going away
Is not only loving, caring and wise
But do nice things without thinking twice

I wish wherever in life you leap
May victory be given to you in heap
And may for you life always bring
A fabulous and fantastic days of spring

And I wish in your life may you find
All good that you may have in mind
And may Goa always give you the power
To touch faintly the success tower

Where flowers of success always bloom
And no glimpse of any gloom
Is given or even shown to you
And this is the wish of mine that's true.

Goodbye Friends! ! !

Seema Chowdhury
Goodbye Shakeel Bhai

In silent words I thanked dear God
For bestowing his gifts and his rewards
By giving me a nice brother like you
Who is not only affectionate but sincere too

Dear brother I wish wherever you are
Whether you are staying near or far
I'll always wish and will always pray
May flowery be all your paths and way

And today you're going so all I can say
May victories be sent throughout your way
So on this God's wide green earth
You can prove that you're the best and worth

And I really don't find more words to lay
To show how much I want to say
That all your kindness that you showed with zest
Really proved you to be rare and best

And now in my prayers I always ask God
And plea him to send more angels as reward
So every girl can have a brother like you
Who is not only affectionate but sincere too.

GOODBYE & GOODLUCK! ! !

Seema Chowdhury
Grace And Gratitude

GRACE

G- Gracious and Merciful Lord
R- Renders favour and Blessing
A- Always gives us His best and
C- Colours our life with Positivity
E- Excitement, Elegance, and Excellence!

GRATITUDE

G- Get ready to stay Positive and Learn
R- Resilience, Calmness and Mindfulness
A- And Assert your Power of Caring
T- To sincerely help and Heal others
I- In the time of Difficulty and Need before
T- The flame of Kindness goes out
U- Unnoticed in Uncertain Situations
D- Do something Grand and Step up your game to
E- Enlighten your soul with little Miracles!

Seema Chowdhury
December 15, 2017
Seema Chowdhury
Gracious God, please renew my soul
Guide me along the right way
Show me the path of righteousness
With each passing minute and day

I have been praying for your help
Show me the path and a smooth way out
I want to live with hope and peace
And clear any fear, stress and doubt

Give me your love, care and support
Help me to remain peaceful and calm
I want to listen to my inner voice
And put on hurtful feelings love’s balm

Please help me to learn things, my Lord
And deal with wisdom throughout my life
Teach me self-reliance, confidence and hope
So I can rightfully and happily here survive

Dear Lord, please renew my broken soul
Save me from giving up on the bends
Please help me in this journey of life
So I can earn your pleasure in the end.

May God Almighty Protect us all.
Have a blessed weekend.

Seema Chowdhury
March 26, 2018

Seema Chowdhury
Gracious God's Mill

Go to the woods
Go to the hills
And look at the beauty
Of Gracious God's mill

Where thousands of tiny
Creatures are found
And millions of blessings
Are spread on the ground

And hear the whispers
Of joys and sighs of life
That're present where
we're all bound to survive

And then thank God
For His blessings and love
That He has sent
For us from Heaven above.

Seema Chowdhury
Graciuous Word For A Friend

I like to think of you
When morn comes to view

And brings with it the day
When tides in the bay

Rise high up and down
To show the day's crown

Where flowers swiftly bloom
To clear world's gloom

And birds fly high
All above the sky

And all these things around
That're present on the ground

Reminds me of you
Whose love feels so true

And shows in the way
True care for each day.

Seema Chowdhury

Seema Chowdhury
Gratitude's Smile

A smile of gratitude
Shows
Warm and friendly feeling
And
Your hot emotions
That can
Touch the heart strings
Of others,
For it is a magical flow
That takes you
To the world of
Beauty
Fantasy
And
Amazing treasures
And unfolds
New worlds
Of smiles for you.

Seema Chowdhury

Seema Chowdhury
Great Friendship

The days that we had spend together
In which we had always try to gather
Flowers of love, kindness 'n care
Is what makes our friendship so dear
For great friendships are made of love
Especially prepared in the heaven above
Where god takes its special care
And thats what makes it so dear
So always remember this one thing
In life will come both autumn 'n spring
So learn to protect it for its rare
And surely this will make it so dear
Because friendships that are great
Surely takes a start with a faith
And then in it is added love's care
Which fondly makes it so very dear.

Seema Chowdhury

Seema Chowdhury
Great Joy

Just like life's grief
Great joys are brief
And comes in your way
And cross each life's day
They come and lightly touch
Our hearys and minds so much
That it starts giving joy
For all of us to enjoy
And show us life's view
Some nice and some new
That all smile and say
Enjoy it for a day
Because like all the griefs
Great joys are also brief.

Seema Chowdhury

Seema Chowdhury
Great Lesson Of Life

In this harsh world
I have learnt a great lesson of life
That
Pang and burden
That you carry for too long
Eventually
Becomes
An ever lasting part
Of
Your fading memories
That
Comes in the way of
Hope and faith
And
 Doesn't let you see
The light at the end of the tunnel.............

Seema Chowdhury
Great Sorrows Of Life

Now is the time
To be happy and gay
And Here is the place
In the sunshine ray
So donot mope or cry
Or just cease to survive
If you meet great sorrows
in the days of your life
For they do come
But then they'll go
So don't think mthat God
Is not a friend but a foe
For life is said
Not to be complete
If you always want
From it to delete
Your troubles and agony
Your fears and pain
For sunshines bright
Mostly after rain
So meet your troubles
With an open arm
And fight life's battle
With grace and charm
And learn that Now
Is the only time
And Here is the only place
In life's rhyme
To be happy and bright
And joyful and glad
For it will surely vanish
Your life's sorrows bad.

Seema Chowdhury
Great Things

Great things do happen
For those who quietly wait
And think that life holds
things that're called great

For they do trust
And believe in God
And know He can
Help us all in odd

So if you feel
Bad and blue
And doesn't se any
Glimpse of joy's view

Then go and pray to God
And ask Him to show
You all great things
That're present in the row.

Seema Chowdhury
Greater Happiness

Greater happiness can only be achieved
If only you can learn how to relieve
Yourself from these troubles of life
And look yourself for ways to survive
For happiness only grows in your heart
And thats from where it takes a start
And brighten not only your day
But all others who crosses your way
So keep on looking and learn few more
Ways to enter in happiness door
And look at the world with a smiling eye
And always keep your hopes very high.

Seema Chowdhury

Seema Chowdhury
Greater Trust

Open the door of
Greater trust
And let you be
Always honest
With your
Feelings
Sentiments
And
Emotions
Because
It's a door way
To affection
That can bring
You
Love and care
In return.....

Seema Chowdhury
Greatest Blessings

God gives us so much in life
In this world to joyly survive
That we'll never be able to to tell
To god dear all the joys that dwell
For god is the supreme power
Who blooms his blessing's flower
That is the greatest blessing for all
For each of us whether big or small.

Seema Chowdhury

Seema Chowdhury
Greatest Satisfaction

Life gives us many opportunities to live
Happily if we can learn to live

Others happiness that they deserve
With tons of care, joy and love

And when we give all these things
To others then the joy it brings

Give us greatest satisfaction of all
In every deed of kindness big or small

So to gain joy what we must do
Is to give happiness to others too

And give others the joy they deserve
With the gift of tons of care and love.

Seema Chowdhury
Greet the coming events
With open arms
Hope
Pleasure
And warmth
So it may not
Want to leave you
And be there
For the best
Till the end
To give you strength
And
Help you to
Steer your ship
In strom...

Seema Chowdhury

Seema Chowdhury
Greet The Sunrise

Greet the sunrise with a smile
Make life bright all for a while

Live each moment that comes in your way
To its fullest every day

Chase away worries and always dance
Even when the song is over or in advance

Dream happy to bring yourself pleasure
For smile and joy are a great treasure

That you have to collect on your own
Even in the mid of sigh and moan

For life doesn't always follow one thing
It keeps on switching its path and wings

So play your role with great care
And remember life will not always be fair

Just chase your destination in your mind
And be ready to play and always find

Guided or random thoughts to begin
Happiness in your life's cycle spin

Don't give up on your dreams
For they are soft and pure as cream

That helps you to warm your soul
And come out as victorious from dole

Just hang in there and begin anew
Learn to swap pain with pleasure's view

Greet the sunrise with a smile
And make your life bright all for a while.
Greetings For A Friend

The greetings i'm sending
In your way
Carries a wish
Of joy for your day
\Because today is
Special my dear
As you were born
Who is a gift rare
I wish flowers
Be spread on the road
Where you walk
To share your load
And hope may sunny
Be the sky
Above you dear
Shinning bright and high.

Seema Chowdhury

Seema Chowdhury
Grief

Life has trouble's lump
So don't just in it jump
Try to fill life's page
And come out of agony's cage
Life is not mostly fair
And this is a fact my dear
And that's what grieves me most
In this endless distress coast.

Seema Chowdhury
Grow In Faith

Be humble and kneel only before God
Share your deep emotions and worries
Know that God is always there for you
So don't be stuck in uncertainty of tomorrow
Make the most of every opportunity today
Embark on a spiritual journey ahead
Work towards growing in faith and hope
And listen to God's whispering voice
So you can turn chaos to calmness dear
Throw away the weight of sadness
And keep your faith deep and strong
Pause and reflect on important things
Paint a serene picture of your life
Be strong and courageous at all times
And prepare to give your best my dear
Understand God's grace and unending love
With new wonders and glorified miracles
Approach life from a very positive view
Share your deep emotions and worries
To start your journey to grow in faith....

Seema Chowdhury
Grow In Faith Every Day

When your wounds are deep and painful
Don't let them suffocate or break you
Trust in All-knowing God with all your heart
Embrace, grow and strengthen in faith every day
Commit to excellence and manage emotions
Only All-listening God can hear and answer prayers
Only He has the power to show miracle and grace
Ask for His peace, love, forgiveness and blessings
The All-knowing God will change your circumstances
Only He can give you peace, strength and comfort
Trust in His perfect timings and His brilliant plans
Even during uncomfortable situations grow in faith
Enjoy the presence of Gracious and merciful God
Show your profound and humble gratitude today
Fill your heart and soul with contentment and peace
And let compassionate God's love surround you...

Have a Blessed Day!

Seema Chowdhury
September 22, 2018

Seema Chowdhury
Growing Pain

When you're faced with a difficult fact
Then don't try in a weird way act
And know that fate can help you
If you sincerely want to look at hue
A hue which is coloured with the care
And all nice things that you want to share
With all those whom do you love
And all others who surely deserve
And when you walk on life's road
That's over filled with growing pain's load
Then don't sit to cry and mope
And don't just ever lose your hope
Just have trust in your luck 'n fate
And know that surely God is great.

Seema Chowdhury

Seema Chowdhury
Guidelines For Successful Life

• Life is like a car race where we view series of hurdles to overcome on the unseen bent road. So learn to drive carefully and keep a positive outlook. This way you will be able to make your journey pleasant and alive.

• Embrace each moment of your life and keep a journal of lessons learned. Don't stop believing in yourself and seize the moment. Keep the road open and look at the world in a different way.

• Open the door of opportunities and learn new lessons to navigate your life. Don't spin in circles; learn to face life head on. Draw a roadmap and explore all avenues.

• Widen your lenses to find your dreams. Focus on life and enjoy the series of cascading events. Explore the world and see what's possible.

• This is a beginning of a new beginning. So map out your life and attain your goals. Opt for happiness and measure your success. Life is a wonderful gift so look out the window and enjoy a blissful day ahead.

• Pull out amazing things from the background and catch up on life. Look around with new set of eyes and begin your test. Fill in all the blanks with positive words and forgive yourself for the past mistakes.

• Change your outlook and select the best course of action after identifying and analyzing choices. Apply your knowledge and explore brand new opportunities.

• Analyze clearly, effectively and accurately. Use your strength and power to increase productivity and efficiency. Deepen your understanding of issues and prepare for the future.

• Build a solid foundation for learning. Invest in yourself and in things that are relevant to your life and future. Make a list of learning goals for your reference.

• We are responsible for our own actions, so expand your thinking and consider useful information for decision-making. Develop a winning strategy in this dynamic world to follow.

• Start your journey on the road to exploring and shed light on the prevailing condition. Focus on individual perception and get into action. Be creative, stay
positive and never give up.

• **Find** your purpose of life and follow your passion. Play the game of life but remember that any game can be brutal. Take chance on the unknown and keep working from wherever you are.

• **Just** give it a chance, be up for the challenge and remember it is always your choice. Think positive and add excitement, adventure and success in your day.

• **Go** a step further and focus on empowering yourself by life long learning. Follow your own path to success through hard work; create a better world and a hopeful future for yourself.

• **Prepare** your life’s lessons and illustrate your creative and innovative ideas. Develop a framework to strengthen your abilities and enhance your skills to become a winner.

• **Take** negative emotions and swap them with positive feelings. Throw away fear, frustration, stress and anxiety. Let opportunities, creativity, growth and optimism take place. Challenge yourself at every step and develop skills to deal with life.

• **Understand** the dynamics of life and apply learnt skills. Prepare yourself to face your emotions, thinking and actions. Don't feel threatened by the events of your surrounding. Stay away from negativity and manage your life.

• **Be** mindful of your actions in the present moment. Don't do things that will hurt you in the long run. Don't let the negativity of others upset you ever, let it go and free yourself from these shackles.

• **Learn** to build trust and dream big. Develop communication skills and explore how you can internalize and experiment with them. Take time and patience and use action plan to capture brilliant ideas and in-demand skills.

• **Don't** miss out on life, learn useful strategies to get out and face the world. Develop communications skills and find your inspiration everyday. Practice mindfulness and promote positive thinking.

• **Take** care of your emotional and spiritual wellness and keep an inspiring attitude. Learn to balance your life and work. Connect to your inner self and don't give in too easily.

• **Identify** your problems and find creative ideas to deal with them. Find successful
solutions and see them as opportunities to grow. Encourage innovative steps and create a culture of uniqueness around you.

• Don't feel bitter or defeated if you don't win on your first try. Don't quit just go for it. Understand your strengths and weaknesses and work on them to improve so you can get better results in the future.

• Pursue your goals to the best of your abilities. Turn negative forces into positive and see how you can contribute to change the world. Remember positive attitude help to improve your life. So always stay motivated and inspire others to do so.

• Never say no to a new adventure. Make things work and keep an open mind. Move your focus from what you cannot do to what you can. Don't live in the shadows, come out into the sunlight and illuminate your surrounding.

• Get ready and comfortable to spread your wings. Fly to the far horizon to achieve high levels of success. Fling off all resistant and boundaries and touch the fine blue sky. Remember sky is the limit so set your boundaries accordingly.

• Be confident, encouraging and inspire others by your unique talents. Develop trust and design your life according to your wishes. Define your passion and purpose of life and choose a meaningful path to work and walk on to be a winner.

• Find motivation everyday and keep on going. Inspire yourself with your accomplishments. Don't let anything distract you from your goals and mission. Prepare for a bright future and flip through the experiences of your past. Keep an account of your Lessons Learned, share and coach others too.

Seema Chowdhury
May 19, 2017

Seema Chowdhury
Guiding Star

Be a candle in the dark
My dear for all
And try to save
Others from a fall

And show them the path
Of belief, dream and hope
In their desperate time
When they are in mope

And be far them
The guiding star
that shines very bright
For all from far

And show the path
And brighten their way
And give them hope
To live each day.

Seema Chowdhury
Hand In Hand

How much I love you
Let me count the ways
How much i care
Let me find the days
For without you dear
Life is an empty road
Where i never wish
In loneliness to board
Because it is very hard
To sit under the shade
Where sunshine is hot
And as sharp as a blade
So let us live sunny
Forever and ever together
Walking hand in hand
In all of life's weather
Counting the ways to love
Counting the paths of care
And more over the days
To show them how to share.

Seema Chowdhury
Hang In There

Problems will not surely end in your lap
If you know and learn how to joyfully clap
Even in agony and distress time
Even when things are lemony lime

The spot light will shine in your way
And will tell you how to get rid of hay
The hay of mope that is blocking your eye
And the sand of hope that is slipping by

Because happiness that you're looking for
is surely hidden int he trouble's core
And is covered with the success rain
Only if you learn to bear the pain

Then happiness will walk up to your door
And will ask how much joy you need more
But to reach at that end my dear
You have to strongly just hang in there.

Seema Chowdhury
Happier Out Look

Let happier be your out look
Let you find joy in every nook

Let you seek for the pleasure
That comes with fain as a treasure

For life is really another name
Of pain and trouble in life's lane

So forget the tears and learn to smile
That can spread joy for a while

So for that have a happier out look
And let you find joy in every nook.

Seema Chowdhury
Happiness

Happiness doesn't count the time
Happiness is a flowing rhyme

That is given to everyone dear
If one knows how to take its care

For happiness is a novel thing
That brings to all joy of Spring

For it is an on going show
In which everyone can row

His boat of life my dear
If one knows how to take its care.

Seema Chowdhury
Happiness Floor

Life has memories
That are happy and new
That everyone treasures
As it gives joy true
And makes the way
And opens the door
For much more joys
On the happiness floor
I wish for your days
To be filled with fain
Where you never meet
With any type of pain
So tomorrow will bring
Hopes and dreams all new
And fill your life
With much joy for you.

Seema Chowdhury
Happiness Forever

If you're in search
Of
a life time of happiness
then
create a special bond
Of trust
And
Care
And keep love
warm and alive............

For that is what
Make us what we are
And
Give us a reason
To be happy.............

Seema Chowdhury
Happiness Found

Was happiness ever found?
For anyone?
Any time?
I guess not
But why not God?
Please tell me why
I always find myself
Running after
Evading shadows of happiness....
Why happiness always eludes me? ?
what have I done wrong?
Or is it my luck?
Why can't I get
what I wish for?
Why can't happiness stay in my life
For a moment or two?
I feel tired now
And life is losing
Its beauty and charm
And sometimes i see myself
As a loser-
Who is counting
Just last few breaths
Of his own life..................

Seema Chowdhury
Happiness Is Assured

I need your love
To assure happiness
I need your prayers
To enjoy god's bliss
I need your dreams
To think of you
I need your smiles
To assure joy true
So please give me
All of this
So I can for us
Assure happiness.

Seema Chowdhury

Seema Chowdhury
Happiness Lessons

Like candle throws its beam
Everywhere to turn off the dark
And dew drops melt itself
On flower's edge and marks

And sun rays shine to its fullest
To break the light of the dawn
And rainbow appears on the sky
To declare the end of the dreadful morn

I hope and wish for everyone
To become the first one to bring
The good news of sunshine and joy
And declare the start of the spring

For these are the happiness lesson
That we all need to read dear
And bring through it some peace
And positive emotions and cheer

For blessings of God are spread
All along the way of our lives
We just need to gather them all
And learn with them to survive

And discover the path you desire
And add meanings in it dear
For life is a wonderland of wishes
Where patience eventually brings cheer

And learn to shine from within
And sparkle and throw this beam
On all who you meet on the way
And be the first ray and the sunbeams.

Seema Chowdhury
Happiness Prevail

Happiness do prevail
But for that
Have an eye of joy
And a sight of peace
And let your soul free
To roam around
And
Absorb some of it in you-
So when you make
Emotional errors
Then you can find
A real turning point
In your life
To come back
And start all over again........

Seema Chowdhury

Seema Chowdhury
Happiness Tree

Touch your world and add in it
Happiness tree bit by bit
So when sun is down and grey
Then you can even for a day
Lend sunshine and happiness]
And spread for joy as a bliss
For love then also enters there
And wipe quickly the falling tears
And then it brings joy to all
To anyone who ever gets a fall.

Seema Chowdhury
Happy Again

If trouble comes
And bother you
And shadows the sun
And you feel blue
Then don't feel bad
Look for the ray
Of hope 'n smile
To come 'n sway
So you can be
Happy again
And feel it too
And from it gain
More new hopes
Of fun and joy
Till you learn
To totally enjoy.

Seema Chowdhury

Seema Chowdhury
Happy Anniversary Sunny

So often I think of all
Things we did together
That made our lives bright
And gave us joys together
For life goes on and on
And for all it bring
Sorrows and joys both
Knitted tightly in a ring
In this ring that is
Known as life my dear
Where we all really need
Lots of love and care
And today I'm very happy
And thinking about you
For 365 days have passed
Since I married you.

Happy Anniversary Sunny

Seema Chowdhury
Happy 10th Anniversary

With hops and prayers
With happiness layers
I wish you joy and fain
A life without any pain

Where birds sing well
And happiness dwell
And sky shines bright
To fill joy's light

Where no clouds of tears
Or any kind of fear
Enters in your life
Where you survive

I wish you luck and joy
I hope you'll always enjoy
Whatever you'll do in life
That's a wish from your wife.

Happy Anniversary Sunny

Seema Chowdhury
Happy 10th Birthday Samia

When God saw me sad
And saw tears in my eyes dear
When Lord saw my broken heart
That was crying bitterly for care
Then He decided to send me a gift
In the form of you for my souls uplift
My Samia jan I love you dear
You are a source of love and cheer
You gave me a reason to joyfully smile
And coloured my life all for a while
with your bright and twinkling eyes
That shows me rays of love's tie

I love you dear for you are a gem
Who is precious and also rare
who has a pure heart of a gold
Filled with love, laughters and more
And I wish you joy and fain in life
And hope wherever in life you survive
May blessings and love of God dear
Fills your life's way with lots of cheer.

Seema Chowdhury
Happy 12th Birthday Samia

Never miss an opportunity
To bring sunshine into life
Into the life of someone
Who doesn't know how to survive

In bad times and troubles
In sadness and mope
And has nothing to look at
To burn the candle of hope

Make moments in your life
And leave a significant mark
And try to unveil happiness
And swap it with the dark

And shine like a bright sun
That gives life to all
And bring joy and fain
To everyone big or small

And be like a magic
That shines like a star
And with its laughter and smile
Twinkles the world even from far

And today is your special day
I wish you always enjoy
And may each moment of it
Be filled with never ending joy.

Happy Birthday Samia Baby Doll

Seema Chowdhury
Happy 13th Anniversary Sunny

Color yourself with happiness
And absorb all its shades dear
Follow the light of love in the way
And renew your soul with cheer

And remember that now is the time
To wake up with the sunshine
And let it brighten your days
And spread all happiness wine

And look up at the stars
That're shining very bright
And are twinkling and smiling
And spreading peace light

And with all God's miracles
Learn to fulfill and appreciate
And with prayers and joy
Enter in blessing's gate

And thank God Almighty for
All the bliss of heaven above
That God has sent with care
On you to show his love

And you are very special
Who has filled my life with love
And showed me a heaven on earth
That leads us to blessing's above.

Happy 13th Anniversary Sunny

Seema Chowdhury
Happy 14th Birthday Sameen

May bright sun always shine upon you
And breeze blows across with vibrant hues

May your thoughts turn into life's beautiful story
And you find bigger picture of life's glory

Where divine light nourishes your soul and mind
And happiness and smiles always find

With sparkling moments of success each day
Spreading bright and cheerful color in your way

Where seeds of happiness grow sound and deep
And you always find chances of success leap

Where hope and love brighten your smile
And clear your path from trouble's pile

And may all your dreams ever come true
And showers sunshine with happiness on you

And each new year that comes in your life
Brings God's blessings to purify soul's drive.

Happy 14th Birthday Sameen
Mama & Baba love you tons

Seema Chowdhury
Happy 16th Birthday Sister

Sweet sister dear today is your day
So celebrate your 16th birthday today
Because now you're old enough to face
All kinds of problems in life's race

I don't know your concept of a birthday
But for me its valuable than other days
Even precious than an eid or a new years
Because its when we make promises my dear

The promise to live with peace and love
And thank God for giving more than we deserve
And promise ourselves that we'll do our best
And will finish our work before we take rest

And birthday is a day to start things anew
And change old things that makes us feel blue
And with confidence and courage we should try
Every little thing that comes before our eyes

And now I want you to celebrate your day
And don't let anything make you feel grey
So think everything in terms of right
And these small things all make your day bright.

Happy Birthday Sabeen! ! !

Seema Chowdhury
Happy 17th Birthday Sameen Dear

There is something magical about you Sameen dear
You are a sparkle and a spotlight of care and cheer

You have filled our beautiful lives, souls, and minds
With your purity and your beauty that is one of a kind

You sing like a bird and fly like a marvelous butterfly
Your smile spreads love, care and blessings high

Always stay humble, true, generous and very kind
Spread God Almighty's words and blessing's twined

Stay away from darkness, mope and fearful doubts
Lit fair candles of hope that ‘s what life is all about

We are so proud of you my darling Sameen dear
You are a sparkling gem and a spotlight of cheer

Your presence has made this place a world of peace
Where blows happiness, joy and kindness breeze

We wish you good luck we wish you endless joy
We wish may God's grace and love you always enjoy

Always stay truthful, sincere, humble and very kind
As you are a special gift and you have a beautiful mind.

Happy 17th Birthday Sweet Sameen
Mama and Baba loves you very much

Seema Chowdhury
September 24, 2017

Seema Chowdhury
Happy 17th Birthday Sister

For everything there is a time
For every phase there is a rhyme
For every luck there is a line
Which all swiftly says you are mine

I don't know how it starts or end
But life keeps following its own trend
And show you path both straight and bent
And give you both foes and friends

So I wish whatever comes for you
Enjoy it all like a morning dew
And see all things that are new
And catch all its color and hue

For life goes on like a never ending show
Where things come then swiftly go
And show you happiness and pain's row
So don't ever feel down or low

And specially dear today is your day
So enjoy it all and don't say nay
Because birds and flowers, clouds and rays
Are all saying honey Happy Birthdat today.

Seema Chowdhury
Happy 18th Birthday Sabeen

Like unfolded flower brings beauty into view
May all your life's day be filled with different hues
Where each new day begins with a shine
And a ray of hope and joy for thine

Because dear sis you deserve all this
As you never let go or never miss
Any chance when you can show your love
And the way you share bliss of heaven above

dear sabeen I wish may words can tell
How much I wish for happiness where you dwell
Because you're a sweet angel of love and care
Who know how to show others the way to cheer

And because today is your 18th birthday
I wish you spend it in all nice ways
And enjoy everything because that's your right
To look at sunshine and life's marvelous sight.

Seema Chowdhury
Happy 1st Birthday Sameen

Sameen my dear my love
I wish may happiness dove
Flies over in life's trial
To give you the gift of a smile
I love you my sweet heart
And wish for you joy's tart
To be baked with lots of care
To show how much you're dear
And today you're turning one
I wish may happiness sun
Always shine upon your life
To colour it with joy's drive
And teach you how to enjoy
Life's pleasures and life's joy
so you can always smile
And be happy in your style.

Seema Chowdhury
Happy 1st Birthday Samia

Beautiful memories to cherish
And moments to treasure
Carefree smiles to smile
To bring you pleasure
A content heart to love
Filled with cheer
And all dreams coming
True for you dear
I wish all this
And many more
May come for you
More than ever before
Because your presence
Brings special pleasure
And for everyone
Its a joyous treasure.

Love you Samia Baby

Seema Chowdhury
Happy 20th Birthday Samia Dear

Tear down the fence and enter new gate of opportunity
Go for your dream and live with harmony and pure peace
Let your faith take deep roots and resolve fear of doubts
Be sincere and pure at heart and let in hope's cool breeze

Find better opportunities to show patience and forgiveness
Always fight for truth, pause and reflect upon your deeds
Remember God Almighty is always watching His servants
So be mindful of your actions and sow kindness seeds

This is a wonderful time of your beautiful life Samia dear
So go for your dreams and tear down the fence with hope
Enjoy and reorganize your beautiful spiritual life my love
Add meanings of positivity and broaden magnificent scope

You are a glamorous and pure ray of sunlight my dear
You are the beauty of our Super Spring evening delight
We wish you the best in life's journey with love and peace
And hope God Almighty will bless you with Success flight

Happy 20th Birthday Samia Dear
Mama and Baba love you very much

Seema Chowdhury
May 2,2017

Seema Chowdhury
Happy 22nd Birthday Shanno

I wish God's blessings just for you
And wishes to last a life time through

And I hope for joy that never ends
From which you can to others lend

Lasting love that is a great treasure
And forever smile beyond all measure

This is what I wish for you
For wishes to last a life time through

So when your special day is through
You have a gift of memories just for you

Happy Birthday Sisiter! ! !

Seema Chowdhury
Happy 24th Birthday Sadaf

Welcome the next year of your life
And see nice things that exist and survive
Then only you'll know what is worth
That exist in this God's green earth

New paths, new pace, new ways and roads
Are all ready to share your load
So just smile and then joufully greet
The gift of nature as sweet treat

And then you'll see in life's track
Happiness will be arranged in the rack
And your tears with the smile be swap
And joy you'll get in gift wrap

But for that what you have to do in return
Is to do your best and to try to earn
Best things of life that exist and survive
By welcoming the next year of your life.

Seema Chowdhury
Happy 2nd Anniversary

When i think of you
When I look at thee
It reminds how beautiful
And lovely love can be
For you have special gifts
That makes you a unique being
And inside you lot of qualities
of excellence can be seen
I'm happy with you dear
And proud to be your wife
And I really wish
To spend my whole life
With you and your love
That grows strong everyday
Because you are an inspiration
For me in my life's way
And you're a symbol of love
And an angel of God's care
That makes you very special
For me my Sunny dear
And it is our 2nd Anniversary
So I wish us joys in life
And hope we can live always
Like good husband and a wife.

Seema Chowdhury
Happy 2nd Anniversary Sister

Things may come and may go
We meet new people some friends some foe
But one thing that always stay with you
Is someone nice who's sincere and true

You're lucky to have that someone around
On whom you can totally count
Who is always there to help you in need
And is always ready to guide and to lead

And now its your 2nd anniversary today
May God bless your life with joy and pleasure
And tons of happiness that no one can measure

And this day must mean a lot to you
Because you gained new things all nice and true
Good life, nice people, sweet home and more
And all these things will never let you get bored

And beside all this what's best in your life
Is acting like a nice husband and a wife
Because living here was really the biggest test
That both of you successfully passed with zest.

Seema Chowdhury
Happy 35th Anniversary

I wish you a world of happiness
I wish you a world of joy
I wish you a world of pleasure
And everything else that you enjoy

I'm glad because it is an occasion
I'm glad because it is a day
That both of you have shared
Together in your life's way

And today I wish may God
Bless you both with love
And show his magic of bliss
That's a gift of heaven above

And hope that God will bestow
His never ending blessing's aid
And give you both a chance
To sit under its loving shade

Happy Anniversary Mom & Dad.

Seema Chowdhury
Happy 37th Birthday Sunny

The life's amazing story
Is read over and over again
Just try to discover
True joy
And treasure
Precious moments
And listen carefully
The soft and fragile blessings
That God Almighty sends
Through the whisper of love
And
The breeze of fain......

Seema Chowdhury
Happy 3rd Birthday Sameen

Like the fragrance of the flower
That has perfume and the power
To spread all over joy and care
And show life's way bright and fair

Like the silver lining in the cloud
That help us to remove the doubt
That exists in everyone's way
Is what you're in our lives' days

We love you very much my dear
For you're an angel of love and care
Who knows how to bring sunshine
And spread fain here in our lives' line

And today you're turning three
So we want to show thee
How much brightness on this earth
Has been sent with your birth

For God who is kind and fair
Has sent you to us my dear
As His sign of love and bliss
To fill our lives with smile and kiss.

Happy Birthday Darling Baby

Seema Chowdhury
Happy 3rd Birthday Uzair

Sweet uzair today you're turning three
I wish may your life be always free
From the roads which leads to the pace
Where trouble or any pain's trace
Is present to block your view
Of life that is bright and true
Sweet uzair I hope and really wish
May on you God's love and bliss
Always fall like a heavy rain
That washes away the clouds of pain
And today because you're turning three
I wish may you always see
A life filled with joy to share
By all loved ones who really care
Who sincerely wish just for you
A life full of happiness that is true.

Happy Birthday Baby

Seema Chowdhury
Happy 47th Birthday To My Dearest Friend Sunny

May God Almighty be with you at every step of the way
May your Lord brighten the path and every single day

May happiness and peace come knocking at your door
And success be waiting for you with honor and more

May All-knowing God refresh your life like in Spring
May creativity and imagination rejuvenate life's ring

May you write your story with confidence and pride
And may you be humble and have grateful stride

May you always make a difference in other's lives
May you have fantastic experiences and be alive

May your life's moments be the best and all bright
That keeps your faith strong, fair and full of delight

May you enjoy your birthday and each and everyday
With a grateful heart and a humble bow in God's way.

Happy 47th Birthday Sunny
We love and miss you very much

Seema Chowdhury
September 6, 2017

Seema Chowdhury
Happy 50th Birthday Sweet Sister

True beauty starts inside
So live a beautiful life that you love
And start a journey today without any doubt
And know that God is always on your side...

Let happiness flow like a monsoon shower
And fill your life with the blessings of peace and serenity
And set you free to move on
As the days go by...

Believe in the magic of life
And let the colors and beautiful images lift your spirit
And pour the gift of hope and faith in your soul
That gives you courage and strength forever...

Embrace the large scale of life with a hug
And live with passion and joy
And let life happen with warmth and sunshine
With words of gratitude and Faith in God's Will...

And as you follow your life's path
May you always find inspiration and motivation to move on
And write an amazing story of life
With the gift of a new perspective...

Seema Chowdhury
Happy 5th Anniversary Sadaf

Love is a two way street
Where many people meet
And then they promise to share one life
Like a good husband and a wife

And whenever this deal is done
Then two hearts start working as one
And everything looks bright to them
And as precious as a jewel or a gem

And then they always keep in mind
And try to be a little more kind
And promise to stick always together
In all life's nice and bad weather

And that is when on them
God showers his blessings gem
And give them true gift of love
That is a bliss of heaven above.

Seema Chowdhury
Happy 6th Birthday Danny

A very special someone who came and knocked Quietly on my heart's door that was locked And then very swiftly entered in my heart And used his cute gestures and art

To bring the smile back on my face And spread joy in that sweet little pace Is no one but you my little sweet heart Who certainly knows how in his art

To shine like a sun upon all And don't ley anyones taer ever fall And you're that someone who came and knocked Quietly on my heart's door that was locked

And today you are turning six dear danny I wish may your life be bright and sunny For you came as first sunshine to dawn Who built people's hopes for the appearing morn

And now I don't have more words to lay Neither more things or sayings to say But one more thing that I wish that is true Is that may God's shadow all surround you.

Seema Chowdhury
Happy 7th Birthday Daniel

Today is your birthday my dear son
I wish you lots of joy and fun

And wish may God open doors of heaven
As you sweetheart are turning seven

I wish you all my love and prayers
And wish may thy path be always fair

And wish whenever you walk my love
May God send his bliss from heaven above

And I wish may God shower his love and care
Not just today but through out the year

And may nice memories fill your way
When you're through with your special day.

Happy Birthday Danny Baby

Seema Chowdhury
Happy 7th Birthday Sameen

Trust in the Lord
with all your heart
So you can always
Brightly start
Your day with joy
Your day with fun
And collect happiness
Before your day is done

You're a precious
Gift from my God
You are the reason
Why I love my Lord
For you gave a meaning
To my lonely life
Where now with cheer
I happily survive

I'm grateful to the Lord
For bestowing His bliss
And for giving me a darling
And an adorable Sameen
And for making her a great
Source of Joy and light
That shines and twinkles
Like a bright star at night.

LOVE YOU BABY SAMEEN

Seema Chowdhury
Happy 8th Birthday Danny

When I close my eyes
I see your smile
That brightens my world
All for a while

For you my son
My dear sweetheart
Holds a place
Very special in my heart

I pray for you
From Lord who cares
To shower His bliss
And give you the share

From His bliss and His love
So you can be happy and smile
And forever stand bravely
Under God's shade for miles.

Seema Chowdhury
Happy 8th Birthday Sameen Dear

This world is full of love and care
Since the day you were sent here
For you're a lovely darling girl
With bright smile and lovely curls

God has sent YOU dear, as a gift
You're a source of my soul's uplift
For you bring lots of happiness to start
A beautiful day everyday in my heart

I love you baby, I really do
For you are a source of joy true
And your bright eyes and your lovely smile
Let me walk with fain for miles

And today is your very special day
I hope and wish and for you pray
That may flowery be your life's way
Where sucess and happiness will follow each day.

Happy Birthday My Darling Baby,
Mama Loves You Very Much! ! ! !

Seema Chowdhury
Happy 8th Birthday Sarah Jani

Live in the moment and dream for tomorrow
Give everyone the love that they need to borrow
And tell them how much for them you care
By sharing with them their smiles and tears
Yes Sarah dear my love, you're tehstar of the earth
Whose presence for all is a million dollar worth

Always try to help others when they're in need
Always stay ready to take the kindness lead
Because only few people know the value of life
And they do nice things for others to survive
Because sarah honey you're the star of the earth
Whose presence for all is a million dollar worth

I wish for you sweetheart my love
May on you God's shies and heaven above
Bliss be bestowed, whenever you dwell
Because for others you always wish well
Yes sarah dear you're star of the earth
Whose presence for all is a million dollar worth.

Seema Chowdhury
Happy 9th Birthday Sameen

You are the star of my eyes
Your sparkle brightens my life
Your smile fills with joy
And blessings in this drive

Your shine brightens the way
Your love fill with cheer
The road I see ahead
Because you're special and dear

I love you my baby dear
You bring me comfort and solace
Your presence in my wonderful life
Is a source of happiness pace

I pray God gives you good health
And a long and a happy life
And you become a star of everyone's eyes
And shine bright in happiness drive.

Happy Birthday Baby Sameen
I love you Very much

Seema Chowdhury
Happy 9th Birthday Sarah

I wish you can see
How much for thee
I wish fun and joy
That you can enjoy
That brings you fain
In life's lane
And makes you glad
And change all bad
With things all new
And wishes all true
And may today dear
Smile stops by with cheer
And greet you in your way
As today is your special day.

Seema Chowdhury
Happy Anniversary Mom & Dad

Years fly on the wings of time
Riding on joy and sorrows rhyme
Searching for words that sounds right
That can bring the hope of delight
Now so much time has gone by
Leaving nostalgic memories high
And giving us the gift so true
That includes mom and daddy too
Yes sure i'm thankful today
To god for giving us in his way
So much gift of blessings above
To fill our lives with pleasure's love
And because it's your anniversary day
That's why I wish may the way
Of your life be filled with bright
Happiness to bring you both delight.

Seema Chowdhury

Seema Chowdhury
Happy Birthday  Sweet Mother

Just like world gets
Life from the morning dew

Just like flowers get
It's brightness and its hue

As soon as it gets
A kiss of love and care

From the cool breeze
that's whispering my dear

Just like that I feel
Your love my dear mom

Gives me so much joy
That's all pure and strong

That no words I think can
Explain my feelings true

That in my heart I hold
All sincere just for you

And as today it is
Your very special day

I hope and wish for you
Happiness throughout your way

And wish to see your path
Be all filled with love

That is a special gift
That's sent from heaven above.

Seema Chowdhury
Happy Birthday Ami

A blessing packed day
Is wished for you
As today is special
And that is true

As someone very
Special and rare
Was sent to this Earth
With love and care

I wish and hope
For you MOM today
May God bestow
His bliss in the way

And may all your
Paths contain
The treasure of joy
With tons of fain.

Seema Chowdhury
Happy Birthday Baba Jani

One who bares the sweetest name
And hold important place in life's game
Is no one but my loving dad
Who knows how to smile and make me glad

For he is the one who works as a dew
Whenever i feel down and blue
And always with his affectionate hand
Covered my pain with sympathetic band

And no one else but only him
Knows how to show with his vim
And clear all thorns from my life
And give me way to fainly survive

And today is really a perfect day
To wish him joy and for him to pray
That may the place where he dwells
Be over flowed with joy and well

Where no glimpse of any painful sight
Be shown to him in distress light
For he is the only one who makes me glad
And he is my sweet loving dad.

Seema Chowdhury
Happy Birthday Baji

With heaps of prayers I'm sending you
A kiss and a birthday wishes too

And wish may the road of love and more
Get your feet in the door

Which leads you to the stairs of bliss
Where your parents, kids and your sis

All wish and pray from the God
To extend on you His blessings cord

On the road of life where you dwell
And rings for you the birthday bell

And wish that may you be given life's pleasure
That is so much that you can never measure

And this is my true and a sincere wish
That I'm wishing for you my dear sis.

Seema Chowdhury
Happy Birthday Beloved Sarah

I am sending you sunshine on this special day
May happiness and joy find you on your way

May God always opens the door for you
And send you His spiritual blessings all new

May your belief in God increases day by day
And your life be decorated with faith's spray

And with passage of time may hope's light
Brighten your world with sparkling delight

May your strength of kindness, love and grace
Beautify life with smile and compassion embrace

Where you always live with sunshine and delight
To find God's beam hanging with splendid light

And brings you tender blessings and God's love
And spiritual light of happiness from heaven above.

Happy Birthday Sweet Sarah :)

Seema Chowdhury
Happy Birthday Dear Farah

I wish each moment of your special day
To be filled with plenty of joy that sway

And I hope that may all your dreams
Be filled with life's joy's stream

For no words I think are enough to tell
The joy that I wish in the place you dwell

Because you're an important part of my life
Without which I feel incomplete to survive

And I wish may always you get dear friend
Happiness that has neither bounds nor ends

Where you can live among joy and peace
Till the chapter of your life's story cease.

Seema Chowdhury
Happy Birthday Dear Friend

When world was losing its beauty and shine
And nothing seemed anymore proper and align
Then God thought for this world's uplift
He must send an angel as His gift

An angel who can brighten with his hue
The hazy sketch of joys that're very few
And surely works as a morning dew
To spread joy and fun and show its view

So for that I want you to tell
And ring the happy birthday bell
And wish may all your trouble's shell
Be taken away from the place you dwell

Another thing because its your special day
I wish may happiness spread in your way
And mark your life for brighter spring
For all the joys for others you bring.

Seema Chowdhury
Happy Birthday Farah

Today dear its the nineteenth day
A special day in the month of May
When someone extra special as you
Were sent to the earth for the world to view

So today I wish you a world of cheer
And all good things taht're nice and dear
Will be surely yours in every way
Because you know its your special day

Today i know your day will be bright
So do all things you think are right
And spend this day in a dofferent way
By doing something special to remember today

may God's caring eye be on you
And watch and help in everything you do
Because you know its your special day
So happy birthday Farah I'll say.

Seema Chowdhury
Happy Birthday Farah Deeba

Happy birthday Farah, happy birthday dear
I'm really proud of you my dear

I'm proud of your friendship and trust
Your courage and hope in pain's crust

I'm glad and wish for you
may God shows you heaven's view

Where angels of peace, love and cheer
Accompanies you and show they care

Because you are really a sweet friend
Whose love and care has no bound or ends

So that's why I'm really proud of you
And wish you to see life's brighter hues.

Happy Birthday

Seema Chowdhury
Happy Birthday Friend

I wish you friendly morning sky
I wish you pretty rainbow high
I wish you peaceful serene night
And all things in their places right

I wish you splendour of this earth
I wish you things to prove their worth
I wish you lots of jolly joy
And all things that you mostly enjoy

I wish you nice and thoughtful wishes
I wish you God's huge bucket of bliss
I wish you all life's joy and beauty
And all things that're dear my sweety

And I wish all these things for you
Not just today but whole year through
Because dear you're very important to me
So I wish a happy birthday just for thee.

Seema Chowdhury
Happy Birthday Irum

A birthday is a very special day
that comes in with happiness in the way

And shows nice things for us to enjoy
And teach us ways of fun and joy

I wish all your dreams of tomorrow
Your happy memories of joy not sorrow

May all be given to you in the way
To fill in happiness for your day.

Seema Chowdhury
Happy Birthday Princess Sarah

What was it that I saw in you
I still can't explain it clearly too
But I know my heart when saw you dear
Said that you're the princess of love and care

You were sent to us seven years ago
Like a blooming flower that everyone adores
That spread its fragrance as well as love
Like blessings of Lord from heaven above

I never really knew the meanings of a bliss
Till I saw you smiling in the lap of my sis
And saw a message of hope in your eyes
That keep me away from all pains and sighs

And now my princess its your birthday
I wish I was there to share your day
But now I'm far so only I can send
Is the gift of my prayers to you till the end

And ask gracious Lord to always keep away
Every little thing that makes you feel gray
And marks your life for a brighter spring
For all the joy for others you bring.

Seema Chowdhury
Happy Birthday Rashid Bhai

May happiness be given to you
As today's gift and tomorrow's too
Because that is what you really deserve
For living happily with joys curve
I wish you to live in such a ground
Where abundance of love is found
Where you are given family and friends
Whose kindness and care never ends
I'm saying it all because dear Bro
As a sis to you I surely do owe
A wish for a nice and a joyous day
Because Bro its your birthday today.

Happy Birthday rashid Bhai! ! !

Seema Chowdhury
Happy Birthday Sadaf

I wish may you always feel
Safe and sound in God’s lap
And may He fills with His gift
Of love and care in the gap
And may rosey be the path
Where you intend to walk
And may flowers roll down
Whenever my dear you talk
And I wish you the world of care
And god’s blessings in the way
And hope you get them all
As today is your special day.

Happy Birthday Sis

Seema Chowdhury
Happy Birthday Samia

May the years ahead of you
Brings you happiness all true

And may all in coming days
Be filled with joy to brighten the ways

I wish may your birthday dear
Be best to show you the care

And may it brings you the love
That's God's sent gift of heaven above.

Seema Chowdhury
Happy Birthday Shakeel Bhai

I wish you luck joy and more
For your special day on April twent four
For birthday is really a special day
That comes once in one year's way

I wish brother more words can tell
How much in the place where you dwell
I pray to see happiness breeze sway
And take you close to the fain door way

For you were bestowed with God's huge bliss
Of affection that surely many others miss
As you were sent as the messanger of hope
To show others light and help them to cope

And I pleas and wish and pray to God
May on you he bestow his reward
And send joyous spring in your way
As his everlasting gift for your special day.

Seema Chowdhury
Happy Birthday Sister

Don't stand quiteely to wait for your turn
For life is a journey through river of no return

Where time moves on like clouds on the sky
And shows you miracles as it quickly passes by

So grab all happiness that comes in your way
And know they were sent for you for today

As stars on the sky and waves in the sea
All know its your day so you feel free

And spend every moment with lots of love
And know it was sent to you from above

Because today is the day when you were bestowed
With magnitizing attributes and much you know

And after that you were sent at our door
As a symbol of love, luck and more

So today dear sis we are proud to say
Happy Birthday sweet heart as it is your day.

Happy Birthday Sumbul Apa! ! !

Seema Chowdhury
Happy Birthday Sweet Ami

A magical touch that I felt
In your warmth and affection’s belt
Taught me the lesson of life
That don't just exist, try to survive

I love you very much in my heart
For you always show me a brighter start
And you're the one on whom I lean
Whenever I'm stuck in trouble's unseen

I love you mom and I always wish
That may God’s strong string of bliss
Falls upon you and in your way
And bring happiness for you each day

And because today is special for you
So I wish you a world of sunshine hue
And hope when this day is through
It leaves behind a treasure of memories for you.

Seema Chowdhury
Happy Birthday Sweet Friend

A friend who is very special and nice  
A friend who is very caring and wise  
A friend who knows how in her style  
To bring me a gift of a precious smile  

These are the words that best describe you  
And also my feelings that are true  
Because all your ways and acts  
Shows your love and that is a fact  

So I wish dear friend may each day  
That seems very special for you today  
May bring you joy, happiness and fun  
And leaves you in fain when this day is done  

For very few people who live on God's earth  
Follow God's rules that is worth  
And I think you're certainly one of them  
Who smooth lif'es sdges with joy's hem  

And I really hope may you find  
Friends who are more caring and kind  
Who send their wishes in a fainly way  
And care very much for your special day.  

Seema Chowdhury
Happy Birthday Sweet Samia

Wish you another year
Full of joy, cheer and mirth
For you sweet baby doll
Bring happiness to the earth

With a sweet smile of love
And a heart full of cheer
May you spread joy
In all that you do and share

For you are like a flower
That spreads its fragrance all around
And fill this world with
Brightness on the ground

I wish all your dreams
Come alive and be true
And whatever may you wish today
May be granted by God's love hue

For you are a perfect angel
That brightens the world with a smile
And enrich the life of others
All around and all for a while

Happy 15th Birthday Sweety.
Mama Loves You very Much.

Seema Chowdhury
Happy Birthday To Magical Mom

In all my tears
In all my cheers
In all my gains
And my losses fear
You were there
To bring me cheer
My magical mom dear
You showed you cared

In all my pains
And all my fains
In all my hurts
And situations curt
You held me close
In your arms
And put magical love
And your motherly balm

I have no words
To tell you today
What you mean to me
In my life's way
But all I can wish
And pray from God
Is to make me just like you
For that'll be the greatest reward

The reward of all your
Hard work, love and care
That made me today
What you wished and prayed
And hope like always
You'll shine to brighten my life
And will warm with your love
My whole life's drive.

happy Birthday Ma
Happy Birthday Uzair

Sweet uzair today you're turning three
I wish may your life be always free
From the roads which leads to peace
Where trouble or any pain's trace

is present to block your view
Of life that is bright and true
Sweet Uzair I wish, really wish
May on you God's love and bliss

Always fall like heavy rain
That washes away the clouds of pain
And today because you're turning three
I wish may you always see

A life filled with joy to share
By all loved ones who really care
Who sincerely wish just for you
A life full of happiness that is true.

Seema Chowdhury
Happy Blessings Of Life

Tomorrow is another day
Sing, chant and dance in the way
Nourish your soul and stay away
From negative words and thoughts today

Your life can change forever you know
Just learn to play with faith’s dough
And acknowledge your feelings and don’t feel low
Tie on life's gift a beautiful bow

Cleanse your soul and live in it
For life is a miraculous and a beautiful kit
That you must learn to live in bits
And to let go negative just quietly sit

Absorb the emotions and colors of life
Where happiness endlessly survive
Then you'll learn to enjoy this drive
And understand the hidden meanings of life

Just follow your path courageously my dear
Look for peace, hope and cheer
And sing, chant and dance with care
And know happy blessings will fill life's layers.

Seema Chowdhury
Happy Days

The sky is clear
And fresh is the air
Where no cloud
Or trouble's doubt
Seems to appear
So my dear
Just be glad
And no more sad
As happy days are here
That are full of cheer
So look with joy
At future and enjoy
And look at the sky
That is standing high
With no pain's cloud
Or trouble's doubt
As happy days are here
That are full of cheer.

Seema Chowdhury
Happy Days Are Here Again

Happy days are here again
Lets see what we can gain
And what shall we do in life
If we want to brightly survive
So first rule that we must adopt
Is to know bitter things we must drop
To purify our life from it
And fill with joy its every bit
And another thing that we must do
Is to look at things that're true
That contain in it nice things to show
Like the colours of the pretty rainbow
And all we have to do to try
Is to stop our tears 'n cease our cry
And then we'll see what we can gain
For happy days are here once again.

Seema Chowdhury

Seema Chowdhury
Happy Father's Day

Holding my hands
You taught me to walk
Teaching me to say
Sweet little words and talk

Kissing my hurts
To make them better
And writing me encouraging
And loving letters

You did all this
My sweet dad dear
And showed your love
And you showed your care

In each and every day
of this wonderful life
In which I'm today
Very happy to survive

I don't have words
To thank you for this
For every kind word
And deed of bliss

Except for praying to God
To shower His love
On you and us all
From His heaven above

And make very special
Today this Father's Day
And fill in it all fun
In many different ways.

Seema Chowdhury
Happy Father's Day 1992

Four small words that describes someone
Whom we all love and with whom we’d have fun

Are love, kindness, sweet and wise
And all these qualities made him nice

He was the one who taught us to talk
And held our hands when we learned to walk

And he was the one who brought us hope
Whenever he saw us down, sad or mope

So if we gather these qualities in one place
The prominent thing that appears is one face

And surely that can be no one but dad
Who always tries his best to make us glad

So even if we want we can never repay
His love and his kindness to him today

But one thing that we can do in our way
Is to kiss him, then wish him a Happy Father's day! !

Seema Chowdhury
Happy Mother's Day

Someone who brings you into life
And provides you things you need to survive
And stay with you all along your life
And takes tons of pain so you can survive
Can surely be no one but your mom
Who tells you what is right and wrong

She bares all the hardship and pain
And she does it all happily and with fain
So her kids can live without grief and pain
And can lead a life with their wish and fain
And no one can do that but your mom
Who tells you what is right and wrong

So that's why mom is someone very precious
Who was sent as a gift from Lord gracious
With lots of qualities that're rare and precious
And show that God is merciful and gracious
And no one can have all that but your mom
Who tells you what is right and wrong

And one thing is that when you need a smile
She'll be the first one to bring it for a while
And will try her best just to see your smile
That'll brighten your day for a while
And no one can do that but your mom
Who tell you what is right and wrong

So take this opportunity and tell her today
And say it simply in your own way
So greet her, kiss her then tell today
A very happy Mother's Day in your own way
Because no one else can act as your mom
Who tells you what is right and wrong.

Seema Chowdhury
Happy New Year 1992

Today is the last day of the year
It means the start of a whole new year
I want to be with whom I care
And all who were nice throughout the year

Today I want my dad with me
Who always share my smiles with me
I want my dad to come and see
I got everything he wished for me

Today is the last day of the year
It means the start of a whole new year
There are few things I want to share
Good times and memories of the new year

Today I want my mom with me
Who always share my cries with me
I want my mom to come and see
I got everything shw wished for me

Today is the last day of the year
It means the start of a whole new year
I want to say something my dear
I want to wish A Happy New Year.

Seema Chowdhury
Happy New Year 1997

New year is a time
When in life's rhyme
It gives all a chance
Just once in advance
To make some plans nice
And think it over twice
And hope for all the best
In all life's coming test
So do it now dear
And with love and care
Greet each day of it
With the pleasure's kit
And be happy today
As new year is on its way.

Seema Chowdhury
Happy New Year 1998

Tonight is the night of thirty first
And last day of the year
So it is the time to count now
All your smiles and tears
And all things that you gained
Or in this world's race lost
For life goes on and on
And you've to pay the cost
So come on dear and count
All your blessings of God
And the times when you were
Stuck in bad or odd
And then see your total gain
That you gained in this year
Because I'm sure that
Your smiles will be more than tears
Because God Almighty is great
And he cares and loves us all
And always save us dear
From the painful falls
So celebrate your year now
And begin it with lots of fain
And forget all your year's losses
And be thankful for the gains.

Seema Chowdhury
Happy New Year 2017!

Everyday is a beautiful gift of our Gracious Lord
And there is always a message of love and hope
Search for inner peace, serenity and happiness
And learn in your life to bravely face and cope

Take some time out to bring in life a change
And let go of your deep hurt, sigh and pain
Don't enter in a new year of splendid days
With broken pieces of past and regret's chain

Leave behind mope, sadness and your tears
And let Merciful God help you to heal you dear
Erase dreadful memories of your distant past
And step in New Year with joy, smile and cheer

Everything is possible if you really believe
So enjoy Lord's glory, grace and everlasting love
Open door of opportunities and sincere prayers
And let in cool and pure breeze of heaven above

I wish you all love, joy and never-ending peace
And I hope may this year bring in joyous care
Where sunlight streams in and light up your life
And fill pathway with brilliance joyous cheer.

Happy New Year 2017!
May God Almighty bless and guide your every step.

Seema Chowdhury
December 23,2016

Seema Chowdhury
Happy New Year 2018

As I look at the highlights of this year, I find it amazing to see how many things we have accomplished together in this year.

Thanks to all of you for your hard work, dedication, sincerity, creativity and commitment.

Life moves fast, days turn into weeks, weeks into months, and months into years.

As New Year is knocking at the door, please pay attention and get ready to let go of the past.

Welcome new opportunities, new challenges and new chances to learn and grow.

Have faith in your Lord and believe in yourself. Stand out as an Admired Leader, a mentor, and a coach.

Spread positive energy, give the gift of hope, forgive and forget and be humble and kind.

Have a willing heart, throw away negative thoughts and take a resilient approach to life.

Remember life is what you make it, you create your own luck and you set your own limitations.

Good luck to all for the New Year, my prayers are always with you and May Lord guide your every step.

Seema Chowdhury
December 31, 2017

Seema Chowdhury
Happy New Year Sunny

I am very glad today
I am happy in every way
And with happiness like this
I'm counting all my bliss
That God bestowed on me
Like Samia and dear thee
I'm lucky for I have you
To share all my life's dew
And even when I'm sad
And nothing seems glad
I know i can talk
or with you I can walk
And you will take me dear
Again on the path of cheer
And because you're special so
I think to you I owe
A wish for a Happy New Year
That's filled with joys and cheer.

Seema Chowdhury
Happy Thoughts

Let happy thoughts to enter your life
And give it a way to brightly survive
For thoughts are the food on which grow
Happy memories that always show
Better and brighter road of life
On which we can fainly drive
To cover up the path with joy
And seek more ways to happily enjoy
The hard 'n bitter realities of life
With which we're bound to survive
So always try to greet with smile
Pleasures to make life worthwhile
And let happy thoughts to enter your life
And give it a way to brightly survive.

Seema Chowdhury

Seema Chowdhury
Happy Valentined Day 2009

You are always close to my heart
No matter wherever you are
Your lovely smile is a sunbeam
That brightens my world from afar

And tell me what I wish to know
And hope to see your smile
And fill my life's road with love
And care all for a while

You may be away from me now
You're far very far dear
But with the act of your kindness
And your loving thoughts, bring cheer

I hope and wish you all the joy
All happiness and all gains
To bring in hope and success dear
And fill your life once again

With its charm and its bliss
That's sent by God with love
Who knows what we want in life
And that's why sent them from above

And on this very special day
I wish and hope you see
All the beauties this world can hold
And offers you joyfully to be

Yours and yours loved ones dear
And that's my wish for afar
Because you're closde to me heart
No matter wherever you are.

Happy Valentine's Day Sunny! ! !

Seema Chowdhury
Happy Valentine's Day

May Lord who filled your lovely heart
With so much care and warmth to start
Another's life with kindness and love
To bring down all bliss from above

Enrich with joy your life dear
And always keep you with peace and cheer
And send his love and his bliss
With many hugs and his kiss

For its such a pleasure to think of you
And days that were spent with you
For you gave a brighter touch to my life
And showed me new ways to survive

And today I want to wish you well
And long for joy in the place you dwell
And wish that all your good deeds
May remove from life thorns and weeds

And spread fun and smile all around
On all God's skies and his ground
Because you were sent to give an uplift
To this world as God's precious gift.

Seema Chowdhury
Happy Valentine's Day 2009

You are always close to my heart
No matter wherever you are
Your lovely smile is a sunbeam
That brightens my world from afar

And tell me what I wish to know
And hope to see your smile
And fill my life's road with love
And care all for a while

You may be away from me now
You're far very far dear
But with the act of your kindness
And your loving thoughts, bring cheer

I hope and wish you all the joy
All happiness and all gains
To bring in hope and success dear
And fill your life once again

With its charm and its bliss
That's sent by God with love
Who knows what we want in life
And that's why sent them from above

And on this very special day
I wish and hope you see
All the beauties this world can hold
And offers you joyfully to be

Yours and your loved ones dear
And that's my wish from afar
Because you're close to my heart
No matter wherever you are.

Happy Valentine's Day Sunny! ! !

Seema Chowdhury
Happy Valentine's Day Dear Sunny

You are the reason
Why I want to survive
Because my dear
You are my life

Who has covered
With all his care
All dull phases
With smiles out of tears

I really very much
Love you today
And sincerely wish
If I can repay

Your gift of love
That has filled my life
With brightness and fain
In it that survive.

Seema Chowdhury
Happy Valentine's Day Friend

God gave you such a caring heart
That loves a lot and from their impart
The gift of kindness, sweetness and joy
For all others so they can enjoy

And you're dear a brighter source
Who encourage others and then force
All who are around you to smile
And lift others load for a while

And you teach them a lesson of hope
And burn for them a light to cope
And give them courage to joyfully survive
Even in the hard crust of life

So for you my dear, my love, sweet heart
I wish tons of joy impart
Which emits the ray of hope that's true
And wish a Happy Valentine's Day to you.

Seema Chowdhury
Happy Valentine's Day Sunny

May your life be blessed with love
May you find happiness curve
May you always find peace's dove
Flying upon your life above
May bright sun shines upon you
May it shows you a brighter view
May all wishes that I have for you
Turns out to be fair and true
For you my ear, my sweetheart
Are a very important part
Of my life and love's mart
Where I'm waiting for you with a heart
And today is Valentine's day dear
I hope may God takes good care
Of our lives, love and cheer
And bestow love's rain on us my dear.

Seema Chowdhury
Happy Wishes For Your Birthday

Thinkinh of you is a nice thing to do
For you’re a person who is special too

Whose smile brings cheerful sunshine
And spread all over like love's wine

I wish you luck and much more joy
Where nothing bad comes ever to destroy

Your memories of your special day
That is extra special in every way

Dear si for you I always wish
May bucket of sunshine of God's bliss

Always falls upon you in your way
And join you in for your special day.

Seema Chowdhury
Happy Years

May years ahead of you
Show you bright view
May love keep you true
Very warm and new
Where love fills the eye
And affection ranks high
Where bonding brings joy
Forever so you can enjoy
And I hope for you my dear
May dreams be true and fair
So you can always gather
Happy years of life together.

Seema Chowdhury
Hard Ball

When life throws a hard ball
Then don’t be scared to call
The joy and happiness and smile
And pleasure’s fain for a while
For in life's dream also survive
The roses of happiness drive
So when stormy crossings come
Then at them try to sum
All your courage and hope
So you can easily cope
With moments of sorrow
That makes joy's path very narrow
For hope helps to catch hard ball
That is thrown in life's hall
Towards all, my dear friend
Till life fades and comes to an end.

Seema Chowdhury
Hard Moments

I desire for solitude
Because
I wish to make
Priceless memories
And
want to avail
A unique opportunity
To
Find unanswered questions
Through
The unfolding of events
At
This hard moment.....

Seema Chowdhury
Hard Shell Of Life

Under a hard shell
No one can ever tell
What will be present dear
In each of life's layer
For life is very hard
And a prewritten card
Where joys are less
And more are trouble's mess
That comes along our way
To dull our life's days
So don't expect too much
Or believe in life as such
Or else you will be left alone
To dropp tears of sigh and mourn.

Seema Chowdhury

Seema Chowdhury
Hard Test

Life is a game of tricks
That melts so be quick
And learn with fun to lick
Joys from this heavy brick
And know that in life's show
It's hard for all you know
To get all what is best
For it is a hard test
So learn to compromise dear
And know that it is fair
To get both pleasure and pain
And parts of sunshine and rain.

Seema Chowdhury
Harsh Words

When pain become
Your constant companion
then
Only few words are required
To cry and taste your own tears
Till
The pain goes away
And
Get lost forever
In
The fountain of time....

Seema Chowdhury
Hasten Process

Living is
A hasten process
Where
I'm running out of time
To
Work out something
To
Create my world
With
my own color
And my
own pleasure.....

Seema Chowdhury
Have A Caring Heart And Soul

Challenge yourself and experience new things
Be active and try to have fun in all that you do
Explore new people, ideas and places happily
Find inner peace and take control of your life
Be the best of whatever you want to be in life
Don't be upset with what happened in the past
Find things to help others with a happy heart
Don't only think about difficulty and negativity
Live a happy, peaceful, and a contented life
Listen patiently to people and understand them
Find opportunities to grow and explore the beauty
Accept what you have and do the best that you can
And try to find meanings with a caring heart and soul

Have a blessed day!

Seema Chowdhury
June 16, 2018

Seema Chowdhury
Have A Great Day!

Be fearless and bold in life
Be passionate and determined
Be cool, calm, and collected
Make your dream your vision
And your vision your reality
Eliminate worrying forever
Energize and empower yourself
Start your day with positivity
Create an amazing life for yourself
Turn your life around for better
Find your inner and outer peace
Plan and live a challenging life
Help yourself to learn and grow
Dive right into the day with a smile
And live a life of endless possibilities

Seema Chowdhury
Have A Hopeful Heart

-Paint your life happy; feel lighter and brighter with a hopeful heart.

-In this race of life, find beauty and hope in the darkest moments with the help of hope.

-Find inner peace and joy. Enjoy the soft breeze of serenity blowing around you.

-Have a positive mindset, maintain momentum, and remember there is a world of possibilities.

-Be calm and peaceful. Build your own world of motivation and inspiration.

Seema Chowdhury
December 20, 2018

Seema Chowdhury
Have A Lovely Day

Let our visions lead the way
Let us enjoy each new day

let us have some more fun
Before this day is over and done

For there is no limit for us to enjoy
We can have moments of fun and joy

Because life's grass is still pretty green
And there are many things unseen

There are new promises and adventures gathered
Which are waiting to be fulfilled all together

But to enjoy each moment of a lovely day
We must let our vision to lead our way.

Seema Chowdhury
Have Courage

Have courage to bear
Good and bad dear
And learn to survive
Bright and dull days of life
For these are all
Whether big or small
Part of our days
In so many ways
So never feel down
Or ever mourn
But have courage to bear
All good 'n bad my dear.

Seema Chowdhury

Seema Chowdhury
Have Faith And Be Strong

Drive away to a brand new day
Don't give in to your fear today
Be the beacon of hope and stay strong
Just have firm faith and sing along

Take some time out to sort your life
Ask Gracious God's help to drive
The car of your life to run your day
To fulfill tender dreams in every way

Be aware of your limitations and pain
But don't break down or fail to cope again
Let go of your past that you can't change
And try once more to bravely rearrange

Pieces of your life with pleasure and gain
And protect yourself from fear of pain
Just begin to live with peace and enjoy
And don't deny yourself access to joy

Clear your head and put your soul and heart
So once again you can confidently start
To paint your life with rainbow delight
And absorb sunbeams with faith and light.

Seema Chowdhury
Have Fun

Enjoy each moment and have some fun
Play and smile under the burning sun
And see things spread out in life
And enjoy the beauties that do survive

For life's days may be short or long
So walk in happily and sing a song
That usually the beginning of all
Things are troublesome and small

So don't you ever lose your hope
Or sit back just to quietly mope
Because God walks beside them
Who know how to with prayers hem

Move on and have faith in God
That God is our only creator and Lord
And then pass each day with fun
And enjoy even under the burning sun

Seema Chowdhury
Have Peace In Your Heart

Forgive those who have badly hurt you
Forget them who were rude and curt too
Move on and have a brighter new start
With peace, care and love in your heart

This time it may be hard, difficult and odd
You may feel strangled with pain's chord
But do not give up or sit alone to cry
Or quit quietly now or just never try

Don't always feel stuck in your sad past
Life is broad, endless and very vast
Be brave and strong and move on with life
And get hold of yourself and life's drive

You can't change but you can rearrange
Rearrange and reorganize things strange
And learn to stand for your own rights
For this is your battle so get up and fight

Just open your eyes and reflect on it
Then take baby steps dear bit by bit
And find serenity, peace and care
And claim happiness as you share

Just don't build walls of pain or mope
Don't close avenue of cheer or hope
Forgive those who have badly hurt you
Forget them who were rude or curt too

Move on and find peace for your way
And bring in happiness and a hopeful day
And be very creative with your life
And learn to be strong to here survive.

Seema Chowdhury
Have Zest For Life

Have zest for life
Find new ways to survive
And know either bir or small
With luck you can have it all
Just have magical dream true
And know that its right for you
That joys are like waves
That comes from heart's cave
And believe in yourself 'n trust
That life is a magical dust
That flies all over you
And spread happiness all true
And know either big or small
With luck you can have it all
So have new zest for life
And find ways to survive.

Seema Chowdhury

Seema Chowdhury
Hazards Of Living

Living is not an easy task
For
There are many
Hazards
And
Barriers
Of
Adversity
Broken fortunes
Evil days
And
Hard trials

Seema Chowdhury
Hazy Skyline Part 1

As the weary sun is setting off
On the fatigue horizon
I am sitting here and gazing
At the hazy skyline
That is about to disappear
Behind the dark clouds of night
Where life isn't always perfect
Or shows what I want
Where everyday is a struggle
And the whispering voices in my heart
Tell me about the closed door
And the numerous unanswered queries
In my darkest moments
Where my dreams are beyond my reach
And I feel locked and chained to the past
That brings aches and pain
And it doesn't let me move forward
And as this day ends here
I hope and wish this sadness to cease
So I can break this vicious cycle
To come out as a winner
To live the change that I wish to see...

Seema Chowdhury
He Is The King

No one is perfect except for the God
He is our only creator and the Lord
For we're the servants 'n he's the king
Who has bound us in this world's ring
Which brings his heaven and his earth
Close together to bring us mirth
For no one else but only god can
Make the schemes to be followed by a man
With the help of which we can survive
And learn to live in this real life
And face all its troubles and pains
With a charming 'n faithful smile of fain.

Seema Chowdhury

Seema Chowdhury
Heal Your Pain

Heal your pain with a smile
A carefree smile for a while
And learn to live a wonderful life
Where everywhere sincerity survive
For the maze of life is not so bad
Because also come things that're glad
So find those dots on which to walk
And learn with peace easily talk
And make for yourself a way
And live joyfully in each day
By healing your wounds with a smile
A carefree smile for a while.

Seema Chowdhury

Seema Chowdhury
Heal Your Wounds

Heal your wounds with a smile
And use this balm for a while
Specially when you're stuck in a trial
And see no way out in a dial
For no one else my dear friend
Can help you or can set a trend
And try ever to try to mend
The roads of joy that're bent
It's just that when you try on your own
And look forward for such a zone
That can clear away the stone
Of pain 'n trouble that're all known
Then only you'll learn to dial
The number of joy in a trial
And heal your wounds with a smile
And use this balm for a while.

Seema Chowdhury
Healing Art

Learn more about the healing art
Like sympathy and care and kindness of heart
Because that is what makes you calm
And work just like the healing balm
And help in healing your wounds and pain
That you feel due to the absence of fain
Because paths of joy are really very few
That color your life with lively hue
So try to remember and keep this in mind
If you want others to be sincere and kind
Then learn more about the healing art
Like sympathy and care and kindness of heart.

Seema Chowdhury
Healing Prayers

prayer is the healing of a broken heart
That gives you courage
To once again start

To walk firmly
On the road
And with courage
Share your load

So pray a lot
When you feel blue
And believe that surely
God cares for you.

Seema Chowdhury
Healing Thoughts

Healing thoughts and healing words
Help when we're passing through curt
And work just like a soothing balm
That make us peaceful and calm

It may sound wierd, but that's true
Whenever we're passing through
Trouble, agony, distress and pain
We desperately wish a view of fain

So at that moment if some one shows
Even a glimpse of thoughtful bow
We love and also appreciate it
For it holds value in every bit

So remember this and keep in mind
Things and words that're soothing and kind
Always help in the period of curt
And work like healing thoughts and words.

Seema Chowdhury
Healing Touch Of God

Whisper your pain
In the ears of God
And show Him
All your wounds
And let Him repair
What is broken
And let Him mend
Your heart
Your mind
And
Your soul
Through the gift of
Hope
Comfort
And
Trust
And let Him add
Meanings to your life
And Uplift your soul
With
The healing touch of God........

Seema Chowdhury
Healthy Outlook Of Life

Ups and downs of the life
Exists everywhere and do survive
So have a positive outlook
And search for joy in every nook
For heart's true happiness my dear
Can only be gained if you're fair
And you blend your tears with your fain
And think of them as your gain
Because healthy outlook of life
Can only exist and only survive
If you'll learn how to keep up the hope
And never ever fall in the sea of mope.

Seema Chowdhury

Seema Chowdhury
Hear God Speaking

Hear God speaking
In the bottom of your heart
And from there
His joy will impart
So you can feel
Once again fine
To run in this life
And stand in the line
In the line of
Care, hope and love
As these are precious gifts
Of God's heaven above.

Seema Chowdhury
Hear The Opportunity Knock

Opportunity will not knock twice on your door
So always keep on seeking for some more
Because a wise man surely makes it than he finds
So always stay alery and keep this in your mind

And try to remember one thing dear friend
Never let the road of opportunity ever end
Because in the middle of trouble always lie
The big way to success so don't you ever sigh

And always make hay while the sun shines
Because that time is all yours and mines
So try to grab and seek out a way
Which clearly leads you to where happiness sway

And remember one more hting about it my dear
That an hour in everyone's life is fixed for cheer
So don't ever let it go all in vain
Or else you'll be left alone to cry in rain

And there opportunity will not come to knock th edoor
So always keep on seeking for some more
Because a wise man surely nakes it than he find
So always stay alert and keep this in mind.

Seema Chowdhury
Hear your soul's whisper  
And live your Unlived life  
Don't let your dream fade  
Keep your passion alive  

Face challenges head on  
And find your inspiration dear  
Unplug from a busy day  
To create your joy and cheer  

Let your dreams stir emotions  
And take you deep inside heart  
Let life's challenges and plans  
Show you an exciting start  

So learn to follow them dear  
And throw away piles of stress  
Because life is passing you by  
So don't sit, mope or be depress  

Opt to live your life fully  
And hear the whisper of your soul  
So you can keep passion alive  
And wipe away sadness and dole.  

Seema Chowdhury
Hear Your Thoughts Clearly

Life is about choices
So grip the steering wheel of life
To hear your thoughts clearly

Do not shy away
Turn your face to the road
And know that today is the big day
So explore more
And if you reach a crucial turning point
Then stop for a moment to make a wish
And hope that life is about to change....

And remember that sometime
The beginning is dicey
But afterwards life settles down
So do not get caught
In the avalanche of conflicting emotions

There are many doors of opportunity
Knock on one after another
And rise up to meet the challenge
And figure out life as you go along
Without fear or remorse

Just grip the steering wheel of life
And hear your thoughts clearly.....

Seema Chowdhury
Heart Break

Knock on the door of God
And ask Him to bestow
His love, his care and bliss
And the gift of pleasure's bow

And talk to Him in heart break
And tell what's bothering you
And do it in a way my dear
That's full of sincerity true

And knock on the door of God
And ask Him to give His shade
His shade of love and care
That is the kindest aid

And tell him that He's the one
On whom you put your faith
Because He's the gracious God
Whose love feels fair and great.

Seema Chowdhury
Heart Felt Wishes

May happiness be friends with you
And that's my heart felt wish for you
So each new day that may start
Show you ways for joy to impart
I wish may your dreams come true
And give you joy all that is new
And may each ray of bright sunshine
Spread happiness for thee in line
And I hope for you my dear sis
May on you fall God's bliss
Where love can always keep you
Passionate with its warmth all true.

Seema Chowdhury
Heavenly Light And Peace

Your smile was warm and your love was all pure
You made us smile and you were our tears cure

You sincerely guarded us and always gave us advice
You nourished our soul and you were smart and wise

You always prayed for our success every night and day
You removed our troubles, losses and pain from the way

You mean so much to us and we love you dearly Dad
We miss your tender love and everything special we had

May God keep you safe and place you high in heaven above
Because you deserve the best and tons of God’s care and love

We are sad that you are gone but we know for us you still care
And in our hearts we hold special place for you loving Dad dear

And we pray that may your soul rest in peace and shine bright
And may your good deeds bring you serene and heavenly light.

***Written on the 5th Death Anniversary of my beloved Dad***

'The only thing better than having you as my Dad,
Is my children having you as a Grandpa'

Seema Chowdhury
Heaven's Street

I want to walk
A peaceful walk
And want to smile
AJoyful smile

I wish to see
The sunshine light
And all the stars
Twinkling bright

I pray from Almighty God
And hope to see it all dear
To forgive and forget all my sins
And take away all my fears

And let me enter peacefully
And accept it all as my treat
And bless me with the gift my God
To enter in the heaven's street.

Seema Chowdhury
Help Others To Shine

If life seems hard for you
Then show its brighter view
To someone else my dear
And try to be honest and fair

It's not that always in life
You get everything to survive
So in such a time you must
Build someone else hard crust

It may seems hard right now
And you must think dear how
But if you try you can show
Others the way dear so

Remember what you have to do
Is to show life's brighter view
And give others to drink joy's wine
And help them to faintly shine.

Seema Chowdhury
Hem Your Day With Prayers

Widen the scope of your hope
And gain strength and grace
There's a need of lots of prayers
So hem your day with the lace

With the lace of humbleness and prayers
When you pass through trouble's and tears
And throughout during your journey
Known as Real Life for all my dear

Push away frantic thoughts
And view life from another view
There may be lots of difficulties
But soon you will see the new

New and blessed path to humbly walk
And accept the guidance of Gracious God
Who loves you very much my dear child
And sends peace in situation dull and odd

Develop your roots deep and strong
And know your tears and salty sorrow
For life never remains the same
There's always hope for tomorrow

Just widen your scope of hope
And gain strength and lots of grace
There's a need of lots of prayers
So hem your day with prayer's lace.

May God Almighty guide and protect us in every step of the way. (Amen)

Seema Chowdhury
Here Comes The Spring

Joy that comes with each passing spring
Is free for all for both begger or a king

For the spring is a gift of God
That he has given to all as reward

For spring is when flowers bloom
And are ready to take away gloom

And it is when birds start to sing
To tell all that here comes the Spring

So enjoy this gift and thank your Lord
Who gave you the part of blessing's rod

And showed you so much joy in the way
That made pleasurable your whole life's day.

Seema Chowdhury

Seema Chowdhury
Hidden In Darkness

With your heart's candle
try to lighten up
The dull paths
And
The Gloomy ways
And
bring joy's shine
to the pavement
That is lying
Hidden in darkness...........

For life is too short
And too bitter
But may be
A dropp of kindness
Or a color of your Love
Can make it sweet
And bright
For someone else............

Seema Chowdhury
Hidden In The Shadow

The past memories
of my precious life
Is all
Hidden
In the shadow
Of
Loneliness
And
Depression...

I wish to leave
This all
And go far
Where only
Peace
And serenity
Prevails......

Seema Chowdhury
Hidden Smile

Don't be sad, don't feel glum
For life is an equation and a sum
That everyone has to dot
In this life's unconstructed plot
Where deserts and the glens
Are present in for the men
Where we can bring to life
The hidden smile that here survive
That brings joy to us all
And save us from a hurtful fall
So don't feel blue or even cross
When you come across a loss
For loss and gain both has a link
And mix together to make life's drink
That we all have to try
In this life of smile and cry
To learn to here happily survive
And bring back hidden smile alive.

Seema Chowdhury
Hidden Treasure

Find ways to be happy
In each day of your life
And learn in it dear
To brightly here survive
For life is really
A very tough test
Where you cannot get
Every time only best
So search for the ways
In your life dear
To find a happy path
To walk on it with care
And gather from there
All smiles funs and pleasures
As these are god's gift
Present like hidden treasure.

Seema Chowdhury

Seema Chowdhury
Hide From Sorrows

I Wish if I can get
Just a tiny path that's set
That is free of pain and sorrow
And hope for the bright tomorrow

But I know its very hard
For life's a pre-written card
Where troubles come roaming around
To spread agony on the ground

I wish and hope to see
A bright morn waiting for me
Where I can hide from sorrow
And wish to see a bright tomorrow

That's full of joy and smiles
And is free of trouble's trials
Where I can joyfully survive
And call it a perfect life.

Seema Chowdhury
High Hopes

Nice things do come to all
So don't feel down or small
If troubles block your view
And show you agony's wall
I hope for you the best
Because you deserve it dear
For you are a friend of mine
For whom I really care
So don't let ever fall
Even a dropp of tear
Just hang with high hopes
And look for the best and cheer.

Seema Chowdhury
Highlight Of Life's Trip

In life's trip
I saw a morrow
Made up of
Joys and sorrows
Where also appeared
A dark dawn
Followed by
A bright morn
Where hope was present
To share my day
And memories of mine
Throughout my way
This is life
With its ups and downs
Where we must learn
To wear this living crown.

Seema Chowdhury
Highs And Lows

High and low in the way
Comes in everyone's day
So don't feel bad or ever blue
When life shows you dull view
Just know that it's only a phase
That'll go and leave no trace
And then soon will come the day
When happiness will be in the way
So learn to handle life's bows
By getting familiar with highs and lows
And know it is just a phase
That will go and will leave no trace.

Seema Chowdhury
Hill Of Wisdom

Under the sky and over the vales
Within the waves and above the dales
What I saw there written in between
Was a precious and a rare scene

That showed and also taught me dear
That in life's trouble that is not rare
Everyone has to find out a way
To be strong and with them to stay

It was 'when you're discouraged and blue
There is one door open for you
And that is the door for prayers
And you'll find God waiting for you'

And when dear I read it all
I felt suddenly as if in life's hall
I found a precious treasure to fill
The way of my life with wisdom's hill.

Seema Chowdhury
His Wisdom

His wisdom knows what and why
Of everything so don't cry
And never think why we were sent
To this world of trouble's bent
For God is the supreme power
Who is the strengthen tower
Who knows answer of every why
That we wish to know in reply
So never feel inside bad
Or tired of trouble's sad
Just keep on thanking Him for all
Life's blessings whether big or small.

Seema Chowdhury
Hit The Road

Hit the road with courage and hope
And learn more ways in life to cope

For weaks not but only brave survive
In this hard and tough days of life

For pleasure and joy, sorrow and pain
All come unexpected like the rain

And make you feel down or blue
And sometimes as bright as the rainbow hue

So pick being happy and enjoy your day
With all life's fun on all possible ways

And learn more ways with life to cope
And the road with courage and hope.

Seema Chowdhury
Hollow Wounds

If you think words fail to express
What is making you feel depress
Then look back to the prayer's gate
For it is never ever too late
To return to your gracious God
And ask His help In the odd
Because when hollow wounds dear
Comes onto take away cheer
Then everything seems like a thing of past
So just don't despair or cry
But with courage once more try
And get rid of your wounds and pain
That is taking away life's fain.

Seema Chowdhury
Holy Bond Of Friendship

Friendship is a holy bond
That makes us what we are
It is an amazing feeling of bliss
That makes us twinkle like a star

Where love, care, laugh and smile
Fill our moments each day
And makes other feel special
Comes in everyone's way

Friendship is a very special gift
And a bliss of heaven above
Where we feel like an angel
Was especially sent with love

To make us feel special
And wipe our falling tears
And give us big hugs
To make us feel cared

Friendship is a holy bond
That fill our lives with smiles
And bring sunshine in the way
To brighten life’s days for miles

Where love ties our hearts
And care builds the stairs
Which leads to hope and faith
And show life is good and fair

And that is a special moment
When a beautiful friendship is born
That fill life's garden with fragrance
And brighten all our morns

And assures us that we are never alone
As a true friend is always there
To uplift our spirit and soul
And hold hands with a tender care.
*** Happy Friendship Day Sunny
You are a true blessing & a special friend***

Seema Chowdhury
Holy Stream Of Love

Love is that holy stream
That emitts kindness beam

And brighten everything
And brings us the spring

For the joy taht we get
From this love; s set

Brightens our way
And start for us a day

Where nothing bad comes
And only happiness sum

Is what we get in the end
From the love's stream that's bent.

Seema Chowdhury
Home Of Love

Make your home
Like heaven above
That's a house full of
Laughter and love
Where everyone can
Stay with pleasure
And collect for them
The hours of leisure
And decorate it
With joys and smiles
That help to spread
Happiness for miles
And bring in peace
And invite it to stay
So everyone can
With fain say
This is my home
Like heaven above
Because it is filled
With laughter and love.

Seema Chowdhury
Home Sweet Home

Rejoice in the gifts of love and life
For that is where bliss survive
And know that on this god's ground
Home is where love prevails all around
So share your joys and feel others pain
And try to swap it with a fain
And know that loving deeds of care
Will stand firmly through thousand years
So enjoy this gift from heaven above
And live in it with the gift of love.

Seema Chowdhury

Seema Chowdhury
Honest Tears

Tears that fall on the earth
Really holds for us the worth

For they help us to unload
the burden of pain and its load

So its good to take it all out
Without having any fears and doubt

Because after crying we feel good
As all of our trouble's hood

Has been taken off my dear
Through all our honest tears.

Seema Chowdhury
Hope Awaits

Hope awaits my dear
Don't give up so soon
Just hang in there
Till you see the noon

For God is our guide
And He loves us all
That's why He will never
Let us forever fall

Just pray to Him dear
And ask for His help today
And mend your stairs of faith
To walk with confidence on the way

Know that hope awaits
So don't give up and try again
For there is so much to see
So learn from this and gain

For these ups and downs
Stop by only for a while
Don't let them stay for long
In your life to cease your smile

Open your mind and heart
And let hope in my dear
And make it a part of your life
With a strong belief, faith and cheer.

Seema Chowdhury
Hope For The Best

Don't look at the day
That is done
Don't look for the
Trouble's run
But hope to see
A day that's bright
That can bring
Joy to the sight
For life is for
A day or two
Where are left
Only days few
So learn to see
And hope for the best
For each tomorrow
In this life's test.

Seema Chowdhury

Seema Chowdhury
Hope Is The Answer

Hope is the pillar on which dear
This world is standing without a fear
For it is the answer for an eye
Which is holding tiny tears of sigh
For hope is a treasure that is rare
And shows to the needy the art of care
So whenever someone comes to you
With a gloomy thoughts that makes him blue
Then be sure to swap his troubles and pain
With a carefree smile of hope and fain
For hope is the pillar on which dear
This world is standing without a fear.

Seema Chowdhury

Seema Chowdhury
Hope, Faith And Believe

HOPE:
H- Happy and Content People are always
O- Optimistic and Create Countless Opportunities
P- Promise to avail distinct and Limitless Possibilities
E- Express Everlasting Gratitude, Faith and Hope!

FAITH
F- Fantastic and Fabulous
A- Actions, Prayers and Submission
I- In front of God Almighty
T- Take us on a Spiritual Journey of
H- Heavenly Blessings and Lord's Grace!

BELIEVE
B- Be Creative and Positive during Difficult Times
E- Earn God Almighty's Acceptance, Courage and Grace
L- Live an Honest, Peaceful and a Spiritual Life
I- It's always your Choice so Tread the Path of Righteousness
E- Enjoy your 'aha' Moment humbly and mindfully and Fill the
V- Vacuum of Silence with your Cherry Smile and Joy
E- Enlighten and Enlarge your horizon with Hope, Faith and Believe!

Seema Chowdhury
December 13, 2017

Seema Chowdhury
Hopeful Prayers

The prayers that we say
Infront of gracious God
Goes up toward the sky
where lives the loving Lord

Who listens to our prayers
Then replies to us all
And grant us from His side
Blessings that're big and small

For He is our creator
And thinks of us as His own
And all our hopeful Prayers
To Him are well known

And then soon all His blessings
Desends from heaven above
And show us the sweet glimpse of
God's care and His love

Seema Chowdhury
Hope's Crown

Get back up when you fall down
Don't let mope to break hope's crown

Have some time by yourself to think
But don't let hope's boat to ever sink

Carefully open the floodgates of your life
There are memories in them those survive

Just fill your heart with love and care
And share positive feelings with all dear

Calm yourself and remember good time
Bring back to life and instill soothing rhyme

So you can feel God's presence all around
And fill with inspiring words on Lord's ground

Search for answers but don't dig too deep
Sometimes these answers only make you weep

So let go of all your hurt and endless pain
Walk through the world with hope's cane

And just get back up when you fall down
And don't let mope to break hope's crown

Seema Chowdhury
Hope's Flake

When sky is gray
In your way
Then don't break
Your hope's flake
Just try to find
In your mind
A way to peace
Where can cease
The tears of thine
Before it declines
And know with hope
You can cope
And can cope
And can bring
And to you sing
The song of joy
That is a toy
With which you play
In life's way'
That helps to make
For you hope's flake.

Seema Chowdhury
Hope's Sun

My hope's sun
Has dipped below the horizon
And
Shadows of agony and distress
Are gathering quickly
Around me
And
My world of distant past..............

I really wish
To come out of it
For life is losing
Its glory and charm
And is pushing me towards
The edge of life.............

Seema Chowdhury
Hours Of Your Day

Make hours of your day
Profitable in your way
So each by gone year
Can show you something dear
To make you feel good
Even in the trouble's hood
And try to make your life
A gift for others to survive
So when you're forever gone
You're remembered as a bright morn
That appeared for all in the way
To brighten everyone's day.

Seema Chowdhury
House Of Tomorrow

When your life is grey with mist
And it seems unclear and still
When your thoughts are covered with
Snow flakes that will kill
Soft and gentle breeze
Of hope that is kind
And warm waves of joy
That gives you peace of mind
Then donot let tears drop
And donot lose hope
Hust think of life as a
Tough and tight ropeThat you ahve to jump
To overcome your life's sorrows
And enter peacefully
In the house of to, orrow
Where you'll always find
Season of laughter and love
Where happiness will welcome
The laughing bird Dove
To take you to the path
Where joy will have a say
From bright dawn break
Till the end of the day.

Seema Chowdhury
How Dark The Moment Be

How dark the moment be
Be sure that soon you will see

The first ray of bright sunshine
To brighten the way of thee and mine

Just don’t lose hope of ever cry
Stick to courage and once more try

And then surely you will see
Bright sunshine smiling on thee

But for that just remember this my dear
That you have to banish all your fears

And have to look at the sky with smiles
And hope for the rise of sunshine in any trial.

Seema Chowdhury
How God Made A Woman

God made a woman
with a lot of love
And added in her
Joy of heaven above

And gave her strength
To endure all pain
And carry the burden
Of life's loss and gain

God gave her the gift
Of joy and smile
That she distributes
To all in trial

And gave her the bliss
And the power of cheer
That she shares freely
With all who fear

God gave her the wisdom
To fight for her right
And protect her children
From unpleasing sights

And gave her compassionate
And a soft heart
From where the foundation
Of kindness starts

And a woman is a special
Gift of God dear
Who he has created
To bring in this world cheer.

Seema Chowdhury
How God Made My Family

Take a few brothers and a few sis
Mix them well with God's pure bliss
Then add one dropp of sweetie mom
And be sure that nothing seems wrong

Then add a pinch of dear dad
To make sure all qualities he had
Are mixed pretty well into love's pot
With heaped spoons of kindness hot

Then spray joy in the pan to grease
With few nephews and few nieces
Whose recipe is very pure and sweet
Just like a home made holiday treat

Then put it in the pan of love
To bake in sincerity's oven above
And then try hard to cook it well
With lots of joy where you dwell

And then at last serve it hot
In thanks and cheers smiling pot
To everyone in the family with love
Because that's what they all deserve.

Seema Chowdhury
How I Wrote My First Poem

When I was alone and wanted to talk
Then at my disposal the only stock
Was the pieces of paper and my pen
And all my thoughts which were scattered at then

And when all those things were gathered
Then I was able to collect the scattered
Feelings of all joy and sorrow
Which sometimes widened and sometimes narrowed

The path on which i usually walked
Hand in hand with my feelings and thoughts
And knew at that time my only friend
Which shared things that were cracked and bent

And was ready to listen to all I had to say
In sad or may be in a fain way
Was the precious paper and the pen
Which collected my scattered thoughts at then.

Seema Chowdhury
How Many?  ?  ?  

How many hours  
In a day  
Do you spend  
In your way?  
And all the things  
You wish to do?  
And do you get  
A chance to see  
What you have gained  
Through the key?  
The key of time  
That keep on a go  
And one by one  
Places the show  
And then you have  
To leave it all  
And forever sleep  
In death's wall  
Without swapping joys  
For all your blues.

Seema Chowdhury
How Moon Appeared

Behind the veil of clouds I saw
Pretty moon hidden like a raw
Diamond waiting to show us its
Unique beauty hidden in bits

Where nice, soft and cool breeze
Were seen passing by the flowers and trees
And there not only hills but dales
waited for the moon to appear in the vale

And all of a sudden in the middle of all
Moon appeared in the shape of a ball
And stood in the company of the stars
And twinkles there bright even from far

And when all this was going on
Sky appeared bright as if it was dawn
Where all things were so quiet and calm
That it added in its beauty and charm

And after watching this for a while I thought
The pleasure which that sight had brought
As for those few moments I felt I was lost
Deep in the woods filled with frost.

Seema Chowdhury
How We Can Win

Take a pan of hope
Wash it with joy's soap
And wear the effort's dress
So soon you can make progress

Then buy a pinch of lick
Without spending any of your buck
And fill your whole life's flask
With all your achievement's task

Then act with the spoon of work
And don't think that you're a jerk
Because this is how you can gain
A place in the success lane

And last top it with good fortune
So you'll see that pretty soon
Your hard work will turn out well
To spread joy in the place you dwell.

Seema Chowdhury
Hue Of Happiness

A great day is what I wish
Full of god's love and bliss
Where god's care is surely found
Spreading his joy on the ground
I wish and hope just for you
All nice things with the hue
Of happiness covering it all
Even if its just tiny and small.

Seema Chowdhury
Hueless World

I wish I can pause my life here.....
Right here
And change
Whatever I don't like
Or wish....
If only once I can
Stop my life
And make clouds
Sing for me....
Only once
If I can
Stop my life
And cover quickly
This distance
That is between 'us' today
Only once
If I can
fulfill my wishes
And have you
And your undivided attention
and with all this
Colour with happiness
My hueless world.....

Seema Chowdhury
Hues Of Pleasure

You have a special place in my heart
I love you dear
My love, sweetheart
And hope that may
Life be good to you
And may all scenes
That're shown to you
Be filled with joy
And happiness ray
Where smiles also come
To start your day
And spread for you
The hues of pleasure
That you can store
Forever as a treasure
And claim it to be
Yours in your way
Not only now
But throughout life's bay.

Seema Chowdhury
Hurtful Fall

I winder silently among the clouds on the sky
I winder silently among the cool breeze high

And see myself as a bird locked up in a cage
Where life is moving fast showing stage by stage

Where nothing i can do as I'm in the prison
Where nothing I can do for there is no joy's season

And there I feel stuck and trapped in it too
And whatever now I'm saying is surely true

I wish sometimes if I can change it all
And save myself from the on coming hurtful fall

And live in peace taking care my friend
And wait for my life's inevitable end.

Seema Chowdhury
Hushed Caring

Don't say anything
Just be with me
And surely I'll
Get soon free
From my troubles
And my pains
And will enter
In the door of fain

Don't say anything
Just be with me
And surely I'll
your love see
That is warm
And full of care
And feels so much
Nice to share

Don't say anything
Just be with me
And surely soon
Nice smiles of thee
Will fill my life
With a caring touch
That surely to me
Means so much.

Love You Sunny

Seema Chowdhury
Huzur (Aba) You Are A True Spiritual Leader

Huzur (aba) you are our true spiritual leader
Who lead with generosity and endless faith
You bring us close to grace and blessing door
And guide us to enter in Lord's Heaven's gate

Huzur (aba) you are our beloved teacher and guide
And blessed with knowledge, inspiration and grace
You help us to walk on perfect and pious road
And find many ways for spirituality to embrace

Huzur (aba) you are an amazing guiding star
Who shine his pure and sparkling bright light
You encourage and discipline us everyday
With your kindness, respect, care and delight

Huzur (aba) you are a messenger and a mentor
Who teach us to seek honest forgiveness of God
You help us to understand God's rewards and more
And attain merciful pleasure of our Gracious Lord

Huzur (aba) we are very lucky and truly blessed
For God has sent you with His brilliant sunbeams
You sincerely emit light to brighten spirit and mind
And walk with endless faith to seek truth's beam

Huzur (aba) may merciful God bless your efforts
And extends his blissful shades of holy love
For you have pure mind, body and soul
And you are a true spiritual leader all above

Huzur (aba) you are a source of inspiration for all
And you restore joy, peace, serenity and care
With your wit, wisdom and charismatic personality
You spread God’s true words through your prayer

Huzur (aba) you are our true spiritual leader
Who lead with generosity and endless faith
You bring us close to grace and blessing's door
And guide us to enter in Lord’s Heaven's gate.
Huzur (aba)  Welcome to Peace Village and Jalsa Salana Canada 2016

Seema Chowdhury
September 20, 2016

Seema Chowdhury
Huzur, Welcome To Peace Village

It is a city of love and ever lasting peace
Where all pain and suffering ultimately cease

It is a heavenly place that is built on earth
That is a source of unending bliss and mirth

Where we feel God's benevolence and His love
From the doors and gates of heaven above

We are honored Huzur, that you are here
To spread God's love and His message with cheer

For your presence is a source of hope and light
From which we can all benefit with delight

For you are a special messenger of God
Who help us to recognize presence of dear Lord

And you show us the right path that comes along
And that is where all ahmadis truly belong

And God has given you a special gift
Of truth, knowledge, and wisdom's lift

And your presence is a source of blessings for all
That can save our souls from an unexpected fall

And we are grateful to God Almighty today
Who brought you back here in this way

To guide us with your inspiring words and acts
To the path of the righteous by showing all the facts

So we can start a new chapter of life with a heart
Where miracles will appear for a brighter start

And we can feel cool breeze of heaven above
And enjoy sunshine of kindness and love
So welcome Huzur, to Peace Village today
As this is a city of divine's favor in all ways

Where pain and sufferings ultimately cease
With the soothing balm of God's grace and peace

Welcome Respected Huzur to Peace Village & Jalsa Salana

Seema Chowdhury
I Am A Dreamer

I hope for love
i hope for care
I hope for things
That are all rare

And I do it because
I'm a dreamer in life
Who is searching for ways
With joy to survive

Where no trouble
Or any pain
Is given or shown
To take away fain

So that's why for all
I hope for care
And more nice things
That are all rare.

Seema Chowdhury
I Am Not Sure

I'm not sure of
What will happen tomorrow
For life's journey has
Both joys and sorrows
But mostly we get
Troubles in the way
Making life's road
dull and grey
I wish and hope
And pray to God
To take away pain
Oh my dear Lord
So I can learn
In this wierd life
To cross the bridge
Of doubts that survive
Easily and nicely too
And bring in light
And a candle of hope
That's bright and white.

Seema Chowdhury
I Believe In Thee

Don't feel blue
If you can never do
All things right
And make things bright
In all life's time
Or can a line
A happy thought
That is of a sort
That can rate
All things great
So in such a time
Don't think of thine
As a chip
Who can never dip
The life's day
In many ways
In the joy of life
To take happiness drive
Just have faith in you
And don't feel blue
And look at me
Foir I believe in thee
Because I care
For you my dear.

Seema Chowdhury
I Believe...

1) Set direction for your life and dream bigger.
2) Enrich your life with positive messages.
3) Make great plans and open doors of opportunities.
4) Live confidently with a purpose and be happy.
5) Begin making small positive changes in your life.
6) Find meanings in your work and remain peaceful.
7) Lead a simple and an uncomplicated life to succeed.
8) Face setbacks and challenges head-on and smile.
9) Prepare for tomorrow and make space for success.
10) Keep up the momentum and maximize your potential.
11) Control your fear and heal yourself with positive energy.
12) Improve your life along the way and deliver better results.
13) Life always changes; be ready to accept the challenges.
14) Invest in your dreams and be open to innovative ideas.
15) Use your brilliant imagination to discover new things.
16) Take control of your life and don't dwell on the past.
17) Handle issues, and find solutions to the problems.
18) Live a fulfilling life and increase self-awareness.
19) Be mindful of your surrounding and manage stress.
20) Be patient and unload your bitterness of life.
21) Navigate through the maze and stay positive.
22) Every day is a fresh start, so make new commitments.
23) Learn from your past mistakes and move on to the present.
24) Break barriers and overcome obstacles; make a lasting impact.
25) Don't let anything or anyone dampen your expectation in life.

Good Luck! ! !

Seema Chowdhury
May 15, 2018

Seema Chowdhury
I Came Here

With lots of love
With lots of care
With lots of warmth
I came here

To wish you joy
To wish you fain
To wish you all
To end your pain

So you can smile
So you can enjoy
And with cheer
Spend with joy

Your life's moments
Your life's days
And enjoy it
In all the ways.

Seema Chowdhury
I came to play
In the world of clay
To lose and win
Virtues and sin

For life is a ground
Where merry go round
Moves to start
And plays its part

And show us all
Things big and small
And then one day
Infront of our way

This all will end
And our life will bend
And then no more play
We can do in clay.

Seema Chowdhury
I Care

You are the sunshine
Of my life
You are the reason
Why i survive
Because you are
Precious and rare
And for you Samia
I really care
I wish may bright
Be sky for you
Where sun shines
And nothing is blue
And where always
Birds sing a song
And tell you that
Nothing is wrong
And I wish it all
For you my dear
Because I love
And for you care.

Love You Baby Samia

Seema Chowdhury
I Deeply Care

I wish if I can find a way
To tell you to brighten your day
As for you I deeply care
Because to me you are dear

Because you're a friend of mine
Whose love just pours like a wine
That soaks everyone in its love
That's God sent gift of heaven above

And that's why I wish to tell
And hope joy where you dwell
Because for you I deeply care
And you're a friend to me so dear.

Seema Chowdhury
I Don't Know

I don't know
Where I have been
And
Where I'm going
Because
My life's story
Is running ahead of me
Leaving me alone-
All alone
For this strange ride
Known as life............
I want to live my life
Backwards
Where I get time
To prepare myself
For all the unexpected
Twists
And turns............

Seema Chowdhury
I Don't Understand

Why can't you smile
In trouble's pile?
Why can't you try
In pain and sigh?
Why can't you say
Things that may
Spread sunshine
Through joys wine?
I don't know why
In time of sigh
No one understands
Or even lend a hand
Whose gentle touch
Can mean so much
And can cure
Troubles like before
To make you smile
In trouble's pile.

Seema Chowdhury

Seema Chowdhury
I Don't Want

I don't want
To hurt
Myself
Or you.......
So now
Let us part
But
Not in the heart
And soul
And promise
Never to cross
Each other's way
In life
Ever.............

For life is
Very challenging
At times
And
It becomes hard
To swallow
The bitter bites
To survive..........

Seema Chowdhury
I Don't Want To Face The Reality

I don't want to remove rose glasses
And see things as they are
For life carry inside it
A huge and heavy bar
Of distress, troubles and agony
And a heavy band of pain
Which is forcing me towards
the world of loss and gain
For the only thing I'm gaining
In the world of quiet and dark
is the life's autumn tree standing
Lonely inside the park
Where no birds is singing
Nor joyously flying high
Neither any tree is growing
Up towards the sky
And there what I'm losing
Is the leaves of love and hope
Which is falling one by one
And is leaving life's tree in mope
And there I feel as if
I'm standing under the tree
And readily waiting to
Set my life free
Because I don't want to
Face bitter reality of life
And remove rose tinted glasses
Which I'm wearing to faintly survive.

Seema Chowdhury
I Fear

I fear I will be lost one day
In this bitter world's way
From where I will never find
Even myself or the peace of mind
I need some peace and some place
To sit and look for the happiness trace
And hope to get for me some
Breath of fresh air to numb
My injured mind and my soul
So peacefully I can live in the bowl
The bowl of death to sleep in the care
Of Gracious God who is dear.

Seema Chowdhury
I Feel The Wind Shifting

I feel the wind shifting gracefully
It fills my heart with care and joy
It helps me to keep my hope alive
And get answers of my prayers to rejoice

This is just the beginning of miracles
My heart is calm and surely at peace
God is telling me that He has a special plan
When all my problems will certainly cease

I want to be like the sun rays and beams
That shines very strong and bright
I wish to illuminate all around me
With the acts of kindness and joy’s light

I am in touch with my beautiful mind
My body, my spirit, and my pure heart
I feel complete sense of calmness around
Where I want new phase of life to start

That is filled with love of the Gracious God
And a pathway to walk with grace and care
As I feel truly blessed and joyful today
And see the wind shifting to spread cheer

Seema Chowdhury
November 17, 2017

Seema Chowdhury
I Have Come A Long Way

Life is neither so easy
Nor it is a bed of roses
Where no one can just do
Whatever he wishes to pose
For we have to find a way
And find out what to do
To bring a definite path
Of hope in to view
So work hard 'n try your best
And achieve what you can today
So you can proudly tell
I have come a long way.

Seema Chowdhury

Seema Chowdhury
I Have Waited Long

God I have really waited long
For a day when nothing will be wrong
When I can go in my dream's glen
And see if there I can pen

The precious memories of my good old days
That gave me joy in many ways
So down in the valley of my thoughts
I went aaway deep and from there I brought

The memories of my kids who are small
Who were ssitting there in the middle of all
So then for hours I sat there and talked
In the language of silence that didn't block

The very warm wishes that I really had
For them so they can always be glad
And then I thought I know with time
Many things change and many decline

But all my affection, care and love
Are only and only surely reserved
For the kids who are my only treasure
Who know how to bring me peace and pleasure

So I wish that this ditance that prevails
May give me chance so I can avail
This precious time and pray for them
And with happiness needle I can hem

Each and every moment of their lives
So they can happily and fainly survive
Because I have really waited long
For the day when I can sing the song

Of love and peace and provide its shadow
Where they can plaay in its tranquil meadow
That only and only exists in my mind
For my lovely kids who're nice and kind.
Seema Chowdhury
I Heard A Sweet Voice

I heard a sweet voice
Dripping honey in my ears
A lovely sound of my life
That I have enjoyed for many years

It brought me into the world
Into the world of laughs and smiles
That walks along with me forever
To bring me joy for endless miles

I loved the echo of that word
That special word that made me say
God Almighty You are really great
How can I thank to you today

I love to hear that sweet voice
The sweet voice of my Baby Doll
When she calls with love 'MY Dad'
It fills with fain and joy my world small

For nothing in the world can be
So powerful to bring me sunshine and stars
But the sweet voice of my Baby Doll
Who is looking for me and calling from far

For God has made this world like this
That daughters go away very far
To make a house a sweet home dear
With love and care like a sparkling star

Oh God its my wish and prayers
For my daughters who are thousands miles away
Please keep them under your shade of bliss
And fill happiness in their whole life's way.

***Feelings Of My Father's Love Penned Down***

Seema Chowdhury
I don't want to break this shell
To stop wishing for happiness to dwell
Where no one for me can tell
In earth's lap that is deep
Till I lie down forever to sleep
That won't let me weep
I just want the happiness rope
Neither I want to mope
I don't want to lose hope
Nor anyone to tell that they care
When they don't have anyone to share
Others joy and give them tears
I just don't want to steal
It's not that it doesn't appeal
It's not that I cannot feel
I just want happiness to dwell
In every place where I survive
In every phase of my life
I just want happiness to dwell
I don't want any one to tell
I don't want to break this shell
And to break up my built in shell.
Seema Chowdhury
I Just Want...

I don't ask for the best. I don't want any more
Just break this sourness and let me enter the door

The door that is full of hopes
And dreams that doesn't let me mope

Where waves are standing still
As if they were given the pills

The pills that will let them sleep
So there I can go and weep

And talk to my Lord for a while
And show him all those miles

That I covered alone in gloom
Where nothing I saw in bloom

There i wish to find tranquility
Because I don't want to face the reality

The reality that is sour and bitter
And is strewn around like a litter

Because the other vision of reality is pain
That puts everything in vain

And doesn't give any price
To tears that roll from eyes

So it's no use to cry or wait
As it will all be a waste

That will break all my pride
And won't let me hide

My tears I had tried to stop
And wished they wouldn't have dropped
Because I think now its good to assume
That pains are life's perfume

That're given to everyone for the test
And after which we are given the best.

Seema Chowdhury
I Know You Are Still In There Ma

The sparkle in your eyes and sincerity of your smile
The trust in your heart and awareness for a while
The flash back of memories and strength that you show
The determination, optimism and decision's in a row
All tell me that you are still in there Ma........

But then suddenly I see everything changes in the way
Fearfulness, insecurity and your teary eyes in the day
Your mood swings, forgetfulness, anxiety for a while
And your face with confusion without a glimpse of a smile
Even then I know you are still in there Ma........

I wish to show patience to help and understand you
I want to hold your hands, show love and hug you too
And hope I can learn to interpret your emotions call
And show empathy and care that you deserve above all
Because I know you are still in there Ma.......

I want to assure you that you are very special dear Ma
Our God has connected us in a strong bond beloved Ma
You always live in the depth of my heart, spirit and soul
And you are a source of my strength and comfort in dole
And that is how I know you are still in there Ma......

May God Almighty showers His love and mercy on you
May He shows peace and blessings rainbow hue
And may He gives you His endless miracles today
And fill your life with serenity and tranquility’s bay
This is my prayer as I know you are still in there Ma....

' I Love My Mother as the trees love water and sunshine -
She helps me grow, prosper and reach great heights. Terri Guillemots '

Love you and miss your smile Ma

***Written for my beloved mother who is suffering from Alzheimer***

Seema Chowdhury
June 30,2016
Seema Chowdhury
I Love You

With a wish
That is true
I want to say
I love you
For your smile
Makes my day
And brings joy
In my way
I love you dear
Very much
And that's true
Dear as such
Because when I
Think of you
It makes me smile
With pleasure too
And that is why
For you I pray
May God grant
His bliss way
And bestow on
You his love
That is a gift
Of heaven above.

Love You Sunny Dear

Seema Chowdhury
I Love You Grand Ma

When I look at my mom
I sing a thankful song
Because whatever she is today
Is because of Grandma's way

Her rare style and smile
Saying good things in trouble's pile
is all because of the hope
With which she clinged on to hope

With the trouble some situations of life
That surely do exist and survive
In which she appeared with zest
And passed all life's test

I have never tasted her love
But she seemed as if from above
She was sent as God's gift
For this world's sure uplift

So I pray to my God dear
To take her in his loving care
And plea for her, please reserve
Gift of love that she surely deserves.

Seema Chowdhury
I Miss You

I miss seeing your smiling face
I miss seeing your shining eye
I miss seeing your pretty smile
I miss seeing your love's tie
So for you I hope and wish
That may God's bucket of bliss
Falls upon you and your faith
So you can look and feel great.

Seema Chowdhury
I Miss You Mom

This world appears as a paradise
when i think of you my mom dear
Where I feel free to laugh and smile
And enjoy every bit that is here

I love you dearly my dear mom
You alwys bring joy in my life
where sweet scent of evening breeze
Blows all around for fain to survive

I want to have you with me mom
To walk on the road I'm passing by
So we can enjoy each scene of life
As it appears before my eye

I love you and miss you mom
And wish to hold your hands my dear
For you're a prime source of life's joy
And you bring me happiness and cheer

And whenever you miss me dear mom
Just close your eyes and see
And deep inside your heart you'll find
Me, sitting and praying for thee.

Love you Ma

Seema Chowdhury
I Never Asked

I never asked why
I never asked how
But this is the time
When I feel now
I need to know
Why with me
It always happen
That I see
Trouble's bar
Blocking my view
To see some peace
To clear pain's dew.

Seema Chowdhury
I Shall Hear

I shall hear your sweet voice  
When I see  
Night entering into a day  
When I feel  
Cries swaping with the smiles  
And when I hear  
My thoughts talking about you  
Because  
You are an important part of me  
And  
So are your joys 'n smiles....

Seema Chowdhury

Seema Chowdhury
I Took The First Step......

I took the first step
With a hope
To see
Life's brighter
And better view
But
Unfortunately
I only saw
The scattered pieces
Of
My broken dreams.......

Seema Chowdhury
I Want To Be The One

I want to laugh your laugh
And want to play your part
I want to be with you
Very close to your heart
I want to be the one
Who knows how to calm
Your pangs and pain and stress
And put on them love's balm
I want to share with you
All of your life's days
I want to walk with you
Together in all your ways
I love you Sunny jan
You're my dear sweetheart
I want to be with you
Very close to your heart.

Love You Sunny

Seema Chowdhury
I Will Be There

Just know dear
I care for you
And also that
I love you
So when you need
And wish to hear
A kind word
I'll be there

And when you want
To hold a hand
To know that surely
I understand
Then all you need
To do my dear
Is to call me
And I'll be there.

Take Care Sunny

Seema Chowdhury
I Will Wait Right Here For You

When day turns into night
And nothing seems alright
When sun seems to go down
And everywhere you see brown
When rainbow suddenly disappears
And the feelings of hurt and fear

Spreads all around to make you blue
I want you to know and that is true
That you are my beloved friend too
And I will wait right here for you
And with our love, smiles and positive view
Together we will surely pull through

I know God Almighty loves you very much
And with His guidance and blessing's touch
You will always do things right
And will bring back the sunny sight
Of life that now seems dull and bleak
And with you playing hide and seek

But always remember my dear friend
This up and down is life's real trend
But with our prayers, love and smile
All this blue will disappear in a while
And together we will surely pull through
And I will wait right here for you.

'T To love God is the greatest of virtues;
To be loved by God is the greatest of blessings'

Love you tons Sunny, you are a winner and our hero.

Seema Chowdhury
I Wish To Get The Answers

I keep on asking the questions
For which I already know the answers
Because every time I hope
To get a different answer
And hope it will enhance my imagination
And will learn to pursue life
With new and fresh ideas possible...

I wish to get the answers
That can change the dimension and the direction
In which I have traveled
And want to invest my time
In things that will improve my life...

I want answers of my questions
That can make me sparkle and shine
And will inspire me to learn more from life
And will help me to move forward
To overcome hurdles and handicaps of life...

I want to bounce back
From any negative event and its impact
To get the answers that I wish
From the experience of life
And mistakes I've made along the way...

Seema Chowdhury
I Wish....

When the rose can yield perfume to the hands
That crumple it badly or throw it on the land
And the rainbow can appear after each rain
To narrow the path of sufferings and pain

Then why can't we share our troubles pile
And wipe it off with a bright smile
And fill life's road with the cool breeze of love
That feels like a gust of heaven above

Thousands of questions that are like it
That really hold value in them every bit
Just keep on popping in my mind
Answers to which are really different in kind

And then for hours and hours I think
Why its so and what is the link
That every phase that starts in life
Swiftly ceases and its end soon arrive

And then I wish I can stop world's ride
Storm in the sea its waves and tides
And ask dear Lord to always keep away
Any glimpse of trouble or sorrow that sway

From all who are sincere, loving and nice
Who do good things without thinking twice
And who know how in their own style
To give others the gift of laughter and smile

And then I pray and ask dear Lord
To always help us because he's the God
And always keep us safe in his hand
Till we lie buried deep int he land.

Seema Chowdhury
I Wonder Again

I wonder again
Why it seems so difficult
To make my way through the crowd
Where there are only few pebbles
And life flows smoothly
Without unpleasant side effects? ?

I wonder why
From the pile of hard stones
I only get the faded and stained
Realities in my share
Where it is difficult
To run life on its own momentum
To reduce complexity
As the control buttons
Are all hidden from my view
And Unsorted fields of life
Don't let me attach to any grid lines

I wonder
When this hard road will end
And when I will gather courage
To break this endless loop
And encapsulate my being
And feel my way along in the dark
To end this terrible struggle
To develop better avenue that will work for me
And will bring back my lost world
And forgotten hope? ?

Seema Chowdhury
If You're Hurt

If you ever trusted someone ever in your life
Whose faith taught how you can survive

Then don't say they're bad if you're even hurt
There must be reason why they acted curt

may be they were stuck and didn't have a choice
Or may be they were forced not to raise their voice

their voices against world's tide that is extreme
That didn't let them keep their promised dream

I wish at this moment if I can help and heal
And take away agony that you now feel

And tell you once again to you my friend
Just pray to God for blessings that never ends.

Seema Chowdhury
I'll Be There

I'll be there
When you will need me
I'll be there
When you will call me
I'll be there
When you'll want me
I'll be there
Because I care
And love you dear
That makes life fair.

Seema Chowdhury

Seema Chowdhury
I'll Miss You Dad

I want your kiss and a hug my dad
I want to change all things that're bad
I want to see your loving view
And want your love that is true

I wish if you can hold my hand
for you're the one who understands
Who knows how to happily solve life's sum
And always accept life as it comes

I miss you dear my darling dad
And want to change all things that're bad
And hope not even a glimpse of pain
Peeps in your life's on going train

And today I'm missing you very much
And don't know what to do as such
As I'm very far from you
And know you miss me dearly too

So to see me and to feel my love's heap
Just close your eyes and look inside deep
Inside deep in your wonderful heart
Where you'll see joy playing its part

And there you'll find me praying for you
And wishing you well in all you ever do.

Seema Chowdhury
Ill Wind Of Grief

Take charge of your life
And don't let
ill wind of grief
Blow you happiness away
And
Leave you to face
The mishaps
And the misfortunes.......... 
For it is very difficult
To survive
On the edge of despair
And let life happens
Outside in........

Seema Chowdhury
Illusion Of Life's Puzzle

I'm trying to put different pieces of life's puzzle together
Those seem impossible to fit together for a very long time
Where every piece is unique, yet there is something familiar

I'm searching through this emptiness over and over again
And trying to make sense of my agony, sorrow and pain
Where life is an illusion, yet some details are significant

I'm staring into the distance where nothing but fog is present
Where my emotions stir in a way they hadn't in a long time
And nostalgic memories are flooding back in ebb and flow

I'm trying very hard to hold back tender tears of quietness
And move beyond all these negativity, agony and pain
And achieve the right balance and be careful and mindful

I'm trying once again to map out my confused mind
And be the beacon of hope in the midst of this chaos
And finally figure out the pieces of illusion of life's puzzle...

Seema Chowdhury
I'M A Prisoner

I'm a prisoner of my dreams and thought
I really don't want to know a whole lot
Of what is reality and what is truth
For my life is already syuck in the hook

In the hook of things I think don't want to see
For all those things I think for me
Are bad and tough and also hard
And never let me take a start

Towards life, which can bring me delight
And clearly show things that're bright
So I think its really good for me
To stay in the place where I can see

Things I wish and want to gain
To happily live and to be fain
So that's why I don't want to know a whole lot
Because I'm a prisoner of my dreams and thought.

Seema Chowdhury
I'M Grateful Beyond Words

May all your dreams and wishes come true
May God's blessings fall upon you
May all love and kindness you show dear
Come back to shower your life with cheer

I'm grateful beyond words for Almighty God
Selected and gifted you as a reward
And He filled my life with laughter and love
By sending you as his gift of heaven above

You filled my life with smiles of care
With you life is a celebration my dear
Where faith and love ooze from your heart
That always gives life a beautiful start

May God bless you and cover with joy
Your whole life's path for you to enjoy
And may everything that you do today
Spread fragrance of faith in your day

For you're a wonderful person dear
Whose life is full of meanings and cheer
Who not lives for himself but for all
To help and love and save people from fall

May God bless you and your life
May peace and joy always survive
And may God makes you a source of love
And through you show a glimpse of heaven above

I want to thank again to dear God
For selecting you for me as a reward
Through which God filled my life dear
With endless gift of happiness and cheer.

Happy Birthday Beloved Sunny

Seema Chowdhury
I'M Misunderstood

It's neither very pleasing nor very good
To know that usually I'm misunderstood

Not only my thoughts but also my acts
I don't know why but this is a fact

My smiles, my laughs, my cries and tears
Are only for me that no one can share

Because all these things bring me delight
And take me close to a way that is bright

I know it won't be easy for me
To live in a place that's not free

Of people who are selfish and mean
And interfere in my things with interest and keen

And that's why I really don't want to stay
In a place where people are blocking my way

So whenever I feel I'm stuck in a trial
I go and talk to my Lord for a while

And ask Him to take me to a place that's quiet
Where people are loving, caring and right

And do those things that only they should
And there I know I won't be misunderstood.

Seema Chowdhury
I'M My Dad's Little Princess

My memories of dad are like
The sweet fragrance of a rose
That blooms and spreads love
All around.....

Where I hear his voice
That brings the message of
Renewed hope and joy
And memories last a life time
And I feel burdened
With the heaviness
Of emotional weight........

Where I see his bright smiling eyes
Calling me and having a silent conversation
And speaking volumes of
How much he still loves and cares for me
And tells me that no matter what
I will still be my dad's little princess
Forever and ever...............  

***Dad, your absence has created a sudden emptiness and a huge space that no one can ever fill. I miss you a lot. May your soul rest in peace.

Seema Chowdhury
I'M Waiting

I'm waiting for the moment that can change
Or in a seemly manner it can properly arrange
The messed up portion of my life that is just
Taking away my optimistic thoughts and my trust

I never really wanted or never had a choice
Of expressing myself truly or to raise my hushed voice
Against all that was going on in my life
That left me with the painful sketches that survive

I still don't clearly know which path I'm taking
On which road I'm walking or when I'm going
I just think I'm tired and don't know what to do
My life is losing all of its brightness and its hue

And is leaving me alone in the middle of the road
Where I don't know how to find the happiness code
So I can enter that and break the magic spell
Of monotony of my life which I think still dwells

And I wish I can find all that is worthwhile
That can give me a little chance to brightly smile
To bring back the optimistic thoughts and my trust
Which once I had lost in this life's hard crust.

Seema Chowdhury
I'M Your Friend

I may not say, I may not do
Anything that shows I love you
But you must for sure know
I'm your friend not your foe

Sometimes I try but can't say
Or may be can't find words to lay
In front of you to let you know
I'm your friend not your foe

I wish all good things for you
All joy and friends that are true
So you can be sure and know
I'm your friend not your foe

And I wish may your life be free of pain
Just like sunshine after rain
because I want you to know
I'm your friend not your foe.

Seema Chowdhury
I'm Your Reflection

I'm your reflection

"She is the exclamation mark in the happiest sentence that I could ever possibly write."

Today I grieve the tremendous loss of my beloved mother. It's shocking and huge and I need lots of prayers to cope with. It's the most painful time for me, I have never felt so empty and lost in my life.

With each passing moment, I feel I'm speechless and I feel the heartache that I've never felt before. When Abu passed away in August 2010, Ami became our whole focus and centre of attraction. Now, when I think back, even the most ordinary days with her have become the most cherished memories for me.

I don't want to mourn her death, I want to celebrate her life. As someone said, 'You are the most most beautiful thing I keep inside my heart' and 'I am your reflection'.

I want to thank Ami and tell her once again, 'Everything I am, you helped me to be'.
I want everyone to know how beautiful, amazing, loving, caring and strong Ami was. We are blessed to have her as our mother.

Goodbye Ami, we love you, respect you and we are ever grateful to you for all your unconditional love and sacrifices that you and Abu did to raise all six of us.

Our Beloved Mom

You are our sunshine
You protect us from rain
You are an amazing teacher
Who helped us in pain

You are our lovely smile
You are inside our hearts
You are our bright moments
Nothing can tear us apart

You are our lovely dream
You are our heart and soul
You are our cheerleader
You wiped our tears of dole

Today you have left this world
But We want everyone to know
You will forever live in our hearts
As our love, reflection and glow

We love you and will be your
Little princesses who looked up to you
For you are our lives shinning crown
Our hero, supporter and Angel true

May your soul rest in peace
And enter in Heaven above
May Angels spread their wings
And receive you with care and love

May God Almighty bless you mom
And give rest to your departed soul
So you enjoy eternal peace and grace
Where there is no pain and dole.

May your soul rest in peace and may Gracious Lord elevate your station to the highest rank in Heaven.

We Love you and miss you more than you will ever know Ma.

Love Always

Seema Chowdhury
February 22, 2018

Seema Chowdhury
Images Awaken

Sometimes the images
That feel so rare
In my mind
Do appear
And show me some
Pleasures of delight
And then leaves my world
With joy's light
And
Then
The excitement
Of those hours
Lingers long....

Seema Chowdhury

Seema Chowdhury
Images Of Culture

• Culture is everything that defines and helps us in our journey.

• It is who we are and the way we are brought up in this complex and dynamic world on the continuum of past, present and future.

• Culture defines our beliefs, concepts, actions and reactions to life's events and guides us to make decisions about the choices we have everyday.

• It shapes our personality, shed light on individual perspective and cautiously guides every step of the way.

• It teaches us how to build a safety blanket all around to protect us from threats and it programs us to find opportunities around us.

• Culture teaches us to live in peace and harmony with others and it shows us numerous ways to express our views and opinions.

• It's like a cobweb around which we spin our lives and in the middle of which we reside peacefully and securely till the end of time.

Seema Chowdhury
April 1, 2016

Seema Chowdhury
Imaginary Life

Behind the mask
I hide
Myself
My soul
And
My heart
Because
I want to lead
An imaginary life
In
My private world
And examine
My dreams
And
My thoughts
In the moments of quiet time
In
This unimagined world.....

Seema Chowdhury
Imagination

Imagination is the window to our tomorrow
That helps you to see rays of hope in sorrow
So don't ever let it to impart
Always give it a place in your heart

BEcause imagination is our pillar to hope
That always keep us away from mope
And tell that the biggest mistake my dear
Is not to give imagination its share

So always let it freely move
For imagination is our strong thought's roof
That let us feel happy in pain
And walk with us like sand with grain

And a person with good imagination my dear
Is never considered as alone or in despair
Because imagination always takes us there
Where tomorrow looks very bright and fair.

Seema Chowdhury
Imagination Or Reality

What imagination presents
Reality rejects
What reality presents
Imagination rejects
For
There are many unforseen events
That are still uncovered
Because
They are waiting for the moment
When
A demarcation line
Will be drawn
Between the two...

Seema Chowdhury

Seema Chowdhury
Impose Life's Rhythm

Impose life's rhythm
With joy and delight
Make life sweet
And color it bright

Complete your journey
And re-establish faith
And quietly and humbly
Enter in this gate

Let sun embrace you
In its warmth and shine
And throw away worries
To enjoy satisfaction wine

For life is difficult
And sometimes hard
So be strong my dear
And read this per-written card

And know that days are brief
So don't waste it in fight
Impose a beautiful rhyme
Of love, joy and delight.

Seema Chowdhury
Impossible Dream

A life of
Peace
Joy
Serenity
And
Contentment
Is
An impossible dream
That gets crack and break
In
Each day
Through whole life's way
So stick to the truth
And know if you will wait
your share will come
To make life better
Just remember
It all about FAITH
See it
smell it
And
Hear it.........

Seema Chowdhury
Impossible Life

Precious and magical passion
Can treat the untreated wounds
And can show me a mystical
Gateway to the soul-
where I can enter into
The world of certainties
where everything is defined
And
Idealistic world glows
And form an array of colours
And there
I'm given the power
To wish
And rush out
Through the secret back door
Whenever
I want to duck
Troubles and misfortunes
Of this impossible life-

Seema Chowdhury
In A Big Way

Walk along the path of life
Be kind and take good care
Overcome obstacles and feel alive
Gain momentum and find joy and cheer

Learn what is truly important
And do small things in a big way
Always think positively and be resilient
So you can improve the quality of the day

We are all special and have value
We can excel and make things better here
We can learn some worthwhile lessons
And create a powerful message to show care

See what makes you truly happy
Then find opportunities to bring in the best
Gain momentum to do things in a big way
And spread happiness and peace in life's test

Seema Chowdhury
October 18, 2017

Seema Chowdhury
In A Bundle Of Pain

In bundle of troubles
In bundle of trials
in bundle of pain
All for a while

Don't let your
Tears to drop
Just act brave
And let tears stop

And learn to hide
Your aches and pain
Under a pleasant smile
Of joy and fain.

Seema Chowdhury
In A Friendly Way

troubles can pour just like rain 
To take away from you the fain 

In any phase of this bitter life 
Where we're all bound to survive 

So learn for yourself in your day 
To handle it all in a friendly way 

And learn to hide your aches and pain 
Under a pleasant smile of fain. 

Seema Chowdhury
In A Huge Ocean

I feel as if
I'm thrown
In the deep ocean
Without any support
Or any preparation
Where
Each and every wave
Takes me
Deeper
Further down
From where
I feel it's impossible
To come out
And I see no hope
To survive....
I just want to know
Is it true?
Is it for everyone? ?
is this what is real life? ? ?

Seema Chowdhury
In A Lovely Way

Search to find joys in your day
For it wraps smile in a lovely way
If once you can find its code
To push on to take off load
For life will never give you things
If you won't bother to find the spring
For you have to work hard my dear
And find for yourself what is fair
And search to find joys in your day
For it wraps smile in a lovely way.

Seema Chowdhury
In A Positive Manner

Think all is for the best
And try to build a nest

With true thoughts and some hope
And don’t ever dive in mope

For when things are done like this
Then surely God's huge gift of bliss

Will fall upon us in the way
To brighten the in coming days.

Seema Chowdhury

Seema Chowdhury
In All Life's Weather

pleasure and pain
Losses and gain
Stays all together
In all life's weather

And give you less time
To flow in world's rhyme
So try to achieve
Joy through your believe

So when you grow old
And can't bear life's cold
Then you can still smile
By sharing trouble's pile

And ask God to shower
On you all His blessing's power
Through prayers for your day
In a quiet trusting way.

Seema Chowdhury
In Dismal Dark

In dismal dark
Burned a candle bright
I asked who was it
With a heart in fright

But no one answered
And only saw
A vision, a shade
That was raw

I couldn't recognize
Who was it
But just saw love's
And affection's kit

And then I realized
That in time of odd
It was no one else
But only my gracious God.

Seema Chowdhury
In Every Day Living

Let your emotions run very deep
Let it show you new life's beep

And let it be for the best
So do it all with some zest

For the feelings of kindness, care and love
Are all gifts of heaven above

That God have sent for us on earth
To give us nice feelings of mirth

So show care and love to all
And be kind in things big and small

And let your emotions run very deep
And show you new life's beep.

Seema Chowdhury
In Everything You Do

In everything you do
You must first view
What is best
In this life's test
And then go on
And start your morn
With hope and smile
All for a while
So when you end
Your days's bend
Than you can view
Joy in all you do.

Seema Chowdhury
In Faith's Gallery

Leave your thoughts behind you
Say what you feel that is true
And know that words that're powerful and new
Gives you courage to show it too
For life has lots of ups and downs
Where we need to wear the crown
The crown and glory of a golden faith
In the gallery of life while passing through the gate
Through the gate of some painful drive
In each and every layer of your life
For life is a test that we have to take
Where with trust and faith we learn to bake
The bricks of life one by one with hope
And learn to stay away from the fire of mope
And once we learn to do all this
Then life will reveal its secrets of bliss
And will teach us how to cross the gate
And walk in peace in the gallery of faith
Leaving behind the foot steps to be followed in pain
And swap bad luck with the joy of gain.

Seema Chowdhury

Seema Chowdhury
In Faith's Gallery Of Hope

Leave your thoughts behind you
Say what you feel that is true
And know that words that're powerful and new
Gives you courage to show it too

For life has lots of ups and downs
Where we need to wear the crown
The crown and glory of a golden faith
In the gallery of life while passing through the gate

Through the gate of some painful drive
In each and every layer of your life
For life is a test that we have to take
Where with trust and faith we learn to bake

The bricks of life one by one with hope
And learn to stay away from the fire of mope
And once again when we learn to do all this
Then life will reveal its secret of bliss

And will teach us how to cross the gate
And walk in peace in the gallery of faith
Leaving behind the foot steps to be followed in pain
And swap bad luck with the joy of gain.

Seema Chowdhury
In Far Away Land

I don't know the name of that place
I don't know its roads and pace
I don't know why I always see
That place in my dreams and me
I just know that its a far away land
Where I play with mud 'n sand
And feel no fear of being alone
Neither have anything to sigh or mourn
That place is made up of peace 'n hope
Where nothing let me fall in mope
And there I always feel like a star
In a place existing in my dreams very far
I wish if ever I can get
Any place as perfect as I have said
So there I can go and live forever
And then I have to leave that place never.

Seema Chowdhruy

Seema Chowdhury
In Folds And Hems

Let your heart guide you
Let it sweep away the blue
Let it whisper in your ears
Joys and sorrows of the by gone years

Learn to follow in your life
Rules to joyfully in trouble's survive
And start this journey with care
Without having any doubt or fear

And remember that in life's hue
Everything just sepends on you
So think for yourself and others too
Before life ends without a clue

And try to reach up the sky
And count stars twinkling high
And try to become like one of them
Carrying joy and smile in folds and hems.

Seema Chowdhury
In God's Care

God please take me in your care
I wish only with you to share
My tensions and my pains and distress
That are creating a lot of stress
I wish god please if you can show
Me the path where I go
And find a quiet spot to walk
Where I can find a place to talk
With you about all that's bothering me
From which I really want to be free
God please give me your hand
As on your door I withstand
With the ray of hope that's true
That can take me out of feeling blue
As I know only you can give me cheer
And banish all my doubts 'n fears.

Seema Chowdhury

Seema Chowdhury
In Ground's Lap

Within life's circle
Things that move
Includes pain and sigh
And trouble's roof

Where only
I get to see
Distress and trials
Waiting for me

I wish sometimes
To say goodbye
And sleep forever
And there lie

Where ground is
waiting with a gap
And is ready to take
Me in its lap.

Seema Chowdhury
In Life's Continuum

The setting sun tints the sky amber
And tears moisten my eyes and heart
As I see the unfamiliar world passing me by
Showing the complex and messy loops
One following another and another and another

It's a moment in time when the mingled memories
Run and rerun rigidly in my mind over and over again
And I share them with silence and bond over them
Where narrow view of life shows confusing sorrow
And I try to position myself in life's continuum

Now, for me, it's a life that is going by too fast
And is forcing me to invent meanings of my own
Walking amid sober silence and crowded chaos
Where I am flowing like a spontaneous cascade
From one loop to another and another and another

Helplessly watching the runs and the reruns
Of life's episodes with moisten eyes and heavy heart
Staring at the amber sky of the setting sun
Anxiously trying to make sense of the things around
And finding my position on life's continuum......

***Dedicated to my beloved Mother, who is now suffering from Alzhimers***

Seema Chowdhury
In Life's Pace

Deal with harsh reality
With courage in your eyes
And don't let hope swap
Its place with sigh

For life is like a puzzle
Made of joy and pain
Where many path appears
Where no glimpse of fain

Is present for you to see
Or make you feel glad
And to take away
things that're really bad

So don't ever lose hope
Or let it swap its place
With sigh and distress dear
Ever in your life's pace.

Seema Chowdhury
In Life's Row

Don't let an act of kindness go
Unnoticed ever in life's row
For it is a source to rejoice
That's filled with soft tones of the voice
Because life is a precious gift
That gives to our soul a lift
So learn to appreciate these things
In life's row to joyfully sing
The song of love and fain
A song that takes away life's pain
And leave behind all memories for you
That is filled with happiness all true.

Seema Chowdhury
In Life's Scene

It's nice to make someone glad
And change for them things that're bad
It's nice to see someone smile
In life's scene with trouble's pile
For this is what is life all about
That teach us ways to clear the doubt
And tell us to pursue with zeal
So it can put on troubles a seal
Because it's really nice for all
To do nice things even if it's small
By showing others our care 'n love
That is a gift of heaven above.

Seema Chowdhury

Seema Chowdhury
In Life's Tale

What you think
May not be the best
So look on for
Another test
And stick to hope
And you will get
What you want
In the other set
For life is good
And sometimes bad
And it too holds
Things all glad
So don't feel lost
If once you fail
Just try and try again
In life's running tale.

Seema Chowdhury

Seema Chowdhury
In Life's Toss

At the turn of the road
Stop and take off your load
And always take good care
Of your life that is rare
For it is a precious gift
That gives your soul a lift
And gives you in every season
Chain of thoughts and reason
And in this life's toss
Learn to live through a loss
And try to save life's cart
Before it will fall apart
And for that at the turn of a road
Stop and take off your load
And always take good care
Of your life that is rare.

Seema Chowdhury
In Meaningful Ways

Say things you mean
And mean things you say
For life surely holds
Nice things in the way
So learn to find
It all in it
And learn to enjoy
Happiness bit by bit
And know that surely
In each of your day
You can show kindness
In meaningful ways.

Seema Chowdhury

Seema Chowdhury
In My Heart

In my heart
In my mind
In my thoughts
That are all kind

I just have
Thoughts of you
With memories of
By gone views

That I wish to
Retain for me
With very fond wishes
Just for thee.

Seema Chowdhury
In My Own Little World

Whenever I feel lost in this frenzy crowd
And under burden of mistrust and doubt
Where each second feels like an hour of pain
And life filled with the clouds of pain
Which not only blocks my mind and view
But shows bitter face of reality too
Then only place where I can feel free
And takes away the burden that's on me
Is to visit the place in my mind
Where everything feels so calm and kind
And that is a place which I proudly call
My own little world that is small
Which helps me to clear my blocked view
And bring some hope for me all true.

Seema Chowdhury

Seema Chowdhury
In My Side Of The World

In my side of the world
Life seems
Dull
Brown
Full of mistrust
And doubts

I wish if either
I can change sides
or
If not
Then
If my life can cease now........

Seema Chowdhury
In My Sincerity Land

Calm waves rising in the sea
With currents of peace only for me
I wish can be seen in my sincerity land
Which is built with only honesty band

Where no one shows what he is not
And kindness ray always stay hot
Where I won't feel any down or gray
Or feel bad when someone will say

That these people are not what they show
They are actually your enemies and foe
Who don't know the meanings of a friend
And only learnt the art to pretend

So to stay away from hearing all this
I'll prefer even though I know I'll miss
To stay quietly in my sincerity land
Which is built with only honesty band.

Seema Chowdhury
In My Thoughts

In my thoughts
In my dreams
You appear as
High love's beam
Which emits light
Of care and joy
And teaches all others
To totally enjoy
Each second of
Your precious life
In which we're all
Bound to survive.

Happy birthday Uzair baby

Seema Chowdhury
In My World

In my world, in my land
Everyone builds a castle on sand
And decorates it with their dreams alive
And other things they can't get in real life

In my world, in my land
Everyone builds a castle on sand
And create joy's path to walk on them
And cross life's ways under prayer's hem

In my world, in my land
Everyone builds a castle on sand
And live there faintly because they know
With love and sincerity they can stop pain to grow

In my world, in my land
Everyone builds a castle on sand
And live with hope that they're safe
And nothing can destroy them, not even sea waves

And all this happen in my land
Because everyone who builds castle on sand
Is just like me who doesn't wish to survive
And look at the true picture of this weird life.

Seema Chowdhury
In Our World Of Joy

In our world of joy
We play with fain's toy
And arrange them all
In order of big and small
Where each joy holds
A value bold
I wish if forever
I can smile ever
And bring peace of mind
That's one of its kind
That can tell me why
We should have hopes high
And why it's a must
To keep happiness first
I want to again bring
Happiness and joy's spring
In my world of joy
Where everyone enjoys
And hope like this
God's love and bliss
Will always fall on my life
Where I'm bound to survive.

Seema Chowdhury
In Pain's Prison

I feel like a bird
In this life's stage
Whose staying in a prison
In her little cage

With all her fears
And her little doubts
And doesn't get a chance
from them to get out

I don't know how long
Will now I'll stay
In this pain's prison
That's spread in my way

But I wish for the day
To come and put an end
And come pretty soon
To straighten all these bends.

Seema Chowdhury
In Search Of

I'm wondering alone
With a false hope
On the path of life
In search of
Truth
Sincerity
Honesty
And
Probity....

I want life
To settle down
Where
All troubles can set
At the bottom
And
Only shows clear
Water of life........

Where echoes
Of the pang
Will not be heard
And
Sequence of tragedies
Will stop showing
And popping out
One by one.....

Seema Chowdhury
In Search Of Peace

In search of peace
i'm roaming around
On God's earth
And on the ground

Where no where
I find any joy
Or even a
Glimpse to enjoy

I hope and wish
To see a morn
Where pleasure
Comes to meet the dawn

Where finally
I can get some peace
And troublesome pain
Of life gets a cease.

Seema Chowdhury
In Search Of Words

In search of words
that can explain
Why I feel lost
And in trouble's pain
I lost the track
And the pace
And found no where
Any meaningful trace
That Can bring back
Me in life's lane
To travel till I die
In life's painful train.

Seema Chowdhury
In Silence

It is so serene
And so quiet
All over the place
It is
So peaceful
And so tranquil
As if
Even the wind has
Held its breath
In silence..........

After listening to
My life' story
Incomplete
Injured
And
Broken..........

For time is slipping away
Tears are falling down
And the fears of the unknown
And empty promises
Are filling
Each layer of my life
One by one.............

Seema Chowdhury
In Stillness Of Night

In stillness of night  
I saw shining bright

Stars on the sky  
Floating very high

Up above the moon  
Smiling like a noon

And showing to all  
Whether big or small

Paths of joy  
For all to enjoy.

Seema Chowdhury
In Stony World

Nothing lasts
Specially happiness
For it seems almost rare
In this
Cold and stony world
carved
Ever more deeply
Into the mind
And leaves you alone
To solve this
Cross word puzzle
In
Life's vanishing game....

Seema Chowdhury
In Sunlight

Keep in the sunlight
And look with hope
And ask yourself
What's there to mope
And try to find
For yourself dear
the light of joy
That brings cheer
And know in life
We all have to fight
The battle of happiness
That is our right
So don't let your
Injured soul
To play for you
The pessimist role
So try to keep
In sunlight's hope
And ask yourself
What's there to mope.

Seema Chowdhury
In Sympathy In Pain

I wish if words can completely convey
My sorrow and sympathy and all I have to say
And a message that can bring you hope
As I know how tough it is for you to cope

I know it is painful for you to believe
And nothing can reduce pain and grief
By thinking of your son who was very dear
And use to be with you but is no more here

And surely for us that place is unknown
But there he got Gracious God as his own
And now he is sleeping in the warm lap of God
Lying down under the shadow of the Lord

So now God will take care both day and night
And will clothe for him whatever is right
So now for his sake all of us should pray
May Lord bless his blessings on him today.

Seema Chowdhury
In The Chain Of Life

Life is a great unfolding story
Told by God Almighty
Who leads us through time
Where rhythm of nature
Enlightens our path
And provides comfort and ease
Where deep meanings
And profound philosophy of life
Is understood
And the chain of life is formed
That tie and bound us
With the harmony
And uninterrupted flow
Of light into darkness
And darkness into light

And in this chain of life
God Almighty shows us
His highest love
And fullness of life
And the joy of living and loving
And rescue us
From emotional turmoil
Of the real world........

Seema Chowdhury
In The Coming Year

With laughter and cheer
Quickly enter my dear
In the coming year'
That is now here
And hope for the best
In each and every test
And plan that now
You'll think how
To find more fain
Instead of pain
And always try
To smile not cry
If life ever shows
Storms or snows
And learn to face
Trouble's race
With a hopeful smile
And joys for miles
And now with cheer
Quickly enter dear
In this new year
That is now here.

Seema Chowdhury
In The Darkest Moments

Hang on to hope and sincere prayers
And know this will be over soon
If you stick to it and believe in that
Better things will shine like a noon

Dwell in possibility and strong faith
And have the spirit of a blissful joy
Hold on to the power of never ending love
And go all around to be happy and enjoy

Count your blessings and tender miracles
And show your inner beauty's blend
Believe in yourself and your strength
And be determined to be God's friend

Dark moments will surely end soon
And bright hope's beam will clearly shine
It will surely and happily bring along
Hope, faith, love and peace firm vine

Just dwell in Possibility and strong faith
And learn to let go of your deep fears
Become the anchor of your joy and love
Hang on to hope, sincerity and cheer

Seema Chowdhury
In The Game Of Life

Some people we meet in our way
Leaves ever lasting impression I'll say

because of the kindness that they show
To all others standing in life's row

They are so nice that in each day
their memory passes by our life's way

And quietly knocks at out heart's door
To bring us love, care and more

And these are the people who're dear
With whom we feel proud to share

Things we have in the game of life
Like smiles and tears that do survive.

Seema Chowdhury
In The Garden Of My Memory

In the garden of my memory
I found a lost diary
That belonged to my hope
Tied with the rope
Of love, care and smile
For whole life not for a while
It said don't be in gloom
For hope's rose will soon bloom
And will take you far away
From feeling bad and sway
So I promised that from now
I'll see dear I can how
Wait for the rose to bloom
To take away world's gloom.

Seema Chowdhury

Seema Chowdhury
In The Garden Of Our Friendship

I want to bask in the sun
And soak up in the rays of joy
In the garden of our friendship
With you, hand in hand
Taking baby steps and doing somersault together

You are my best friend
Who always wipe my tears
Feel my pain, enjoy my smile
And offer me your love without reservation

You showed me this beautiful world we live in
With your faith's eyes
And you take my mind off the problems
To focus on positive possibilities
And you turn my attention from worries
To show me the many blessings
God has bestowed upon us

You made my life better
And you brought rhythm in my life
By healing, energizing and uplifting
Every area and every inch...

Seema Chowdhury
In The Golden Moments

In the golden moments of life
Where we are all bound to survive
I wish to take care of you
And share all your fain's hue
I wish to colour your life's days
With plenty of joys and happiness bays
And hope to share and always gather
Warm and cozy life time together
Where joy and fresh days lie
And there is twinkle in every eye
And pet memories and wishful hopes
Are always ready to take away mopes
I love you SUNNY for you're my friend
With whom I don't need to pretend
Who showed me colours in life's days
And filled joys and happiness bays
And today is special so I want to send
A wish for Valentine's Day my friend
And hope in this highway of life
We'll spend every moment with joy's drive.

Seema Chowdhury
In The Hour Of Need

No friend I see
In this hour of need
Where troubles and pain
And the distress seed

Has grown all around
Me in my life
Where i don't find
Any path to survive

I feel frustrated
Down and blue
And need a friend
Who is honest and true

Who can lend ma her
Sympathetic ears
To listen to my troubles
To show she cares.

Seema Chowdhury
In The Lap Of Night

The silent sky is standing still
As if it has taken the tranquil pill
And now it is waiting to quietly sleep
In the lap of a night very deep
And that is why everywhere
Serenity prevails my dear
As now sun has swapped its place
With the stars and moon of the space
And now it is getting ready to sleep
In the lap of the night very deep.

Seema Chowdhury

Seema Chowdhury
In The Light Of Smile And Hope

Things will go better for you
If only you can learn to view
The scenes of life in the light
Of hope and smile that is bright
So hang on to positive friends
With whom you don't feel to pretend
Who can show you nice things in life
And can give you joy to happily survive
And try to suppress the thoughts of gloom
And think that pain is life's perfume
That comes in the way of trouble's drive
And let you play strange games of life
And don't feel down or ever blue
For life can show you a bright view
If only you will think in the light
Of smile and hope that is bright.

Seema Chowdhury

Seema Chowdhury
In The Match Of Life

Play the game
In life's name
For in it survive
The match of life
that must show
What you owe
To tohers in life
In here to survive
For life is pain
Linked with chain
Where never ends
Life's on going trend.

Seema Chowdhury
In The Middest Of Troubles

I look at you dear god in fain
And even in the midest of trouble and pain
For you are my only sincere friend
With whom I feel no need to pretend
God please give me your love and care
And please with me only you share
My joys, my tears, my sighs, my smiles
And give me reason to live for a while
God please hold my hands in dark
And lead my way and show me a mark
Where bright morn will appear in fain
When I can be free of trouble 'n pain
For right now I feel stuck in a trial
And don't see a thing to look at to smile
So please help me oh my dear god
In the midst of troubles where things're odd.

Seema Chowdhury

Seema Chowdhury
In The Palm Of My Hands

In the palm of my hands
I looked for luck's band

Which could take me out
Of bad luck's doubt

But no where I saw
Any such law

Which was against the will
Of gracious God's mill

So I think it is best
To quietly take life's test

And pray for God's pleasure
That's surely a great treasure

And put on God my trust
For he saved me from getting rust.

Seema Chowdhury

Seema Chowdhury
In The Park Of My Life

Its a very tough period of my life
Where I feel lost
And disheartened by life's load
Where tender emotions are lost
And my eyes see
A tale of thousand agonies....

Where I see no point of return
And I am forced by my soul
To acknowledge the pain
In the darkest hour
Of the uncertain world.....

I wish I could
Walk on the freshly fallen soft snow
In the park of my life
And dive into the world of wonders
And release all moments and memories
To shape and focus on a new vision
And positive aspects of life
And take the next powerful step
In my life's journey..........  

Seema Chowdhury
In The Passage Of Time

Time is the greatest soothing balm
That knows how to wierdly calm
The wounded thoughts and the mind
And teaches the lesson to be kind
For pain and pleasure exists in life
And plays a major role to survive
So never ever dropp the tears of mope
Or think there is no way to hope
Because time has got the magic
To beautifully overcome the tragic
And shows new path on which to walk
And about the passage of time dearly talk.

Seema Chowdhury
In The Play Of Events

In the play of events
Scenes are shown
To all of us
That're unknown
For life is hidden
Like a mystery
And sometimes it is
Shown as a history
So learn to find
Your way out
In this life
Filled with clouds.....

Seema Chowdhury

Seema Chowdhury
In The Pool Of Silence

Count your gains and look for more
Count your joys 'n knock on fun's door
Where pleasures 'n fains are waiting for you
To colour your life in fill it with the hue
The hue of peace that is a must
To gain and win someone's trust
And learn that wit and laughter my dear
Are the pathway to banish your fear
And don't suffer in the pool of silence alone
Or quietly walk in the muteness zone
Have faith in you 'n those you love
For that's how you can cross harsh curve
And know that everyone has his share
So don't spend days in shedding tears
Just count your gains 'n look for more
And count your joys 'n knock on fun's door.

Seema Chowdhury

Seema Chowdhury
In The Pounding Snow Storm

When the storm clouds let loose
And it leaves trail of snow, ice and freezing temperature
I stop in my tracks by thunder silence
For I speak so well in silence
Without negative or doubting voices
And I quickly find my answers
And find the definition of life
And solve the jigsaw puzzle
That alters my perspective.............

And then I claim a few moments as my own
And look for themes in my answers
And probably that is the moment
That marks a moment of life's transition
That eventually brighten my day
And feed my soul..................

And in the pounding snow storm
I imagine the soft touch
Of the falling snow
Unleashing my spirit,
Spreading my wings,
Sharing true colors,
And I feel connected
With the wider world
That takes away all the weight
And the pain of life
And impose life's rhythm once again.............

Seema Chowdhury
In The Pouring Rain

In the pouring rain
I learnt to
Turn my sorrow into joy
By creating the illusion of action
And by reordering moments into new
Where I put my fate into God’s hands
In the world of uncertainty
And opened my path
To each moment of my life........

In the pouring rain
My heart, body, mind and soul
All got cleansed and washed
And I saw the source of love
That snap back my life
Where I learnt
How to manage and cope with pain
And believe in seen and unseen
And remove the shadow of past
To save myself to sink into despair........

In the pouring rain
I found the joy in every moment
With the tide of excitement
Going up and down
Bringing hope and gratitude
To sprinkle joy on a grey day
And fight the crowded and conflicting emotions
And count simple blessings
To make life sweet
And thank God for all those blissful rain drops........

Seema Chowdhury
In The Race Of Time

Bring joy and goodness
And a touch of warmth
To share happiness
In this race of time

Have faith beyond words
And be patient
Don't have fear of the unknown
For emotional ups and downs will come

Don't lock yourself inside your soul
Open up your heart
And let the surrounding absorb you
And pamper yourself in crisis
To have a strong gripping
So you get more to explore

And when you reach
A crucial turning point in life
Just hang on and celebrate life
For life's greatest gifts are always a surprise

And know you have a lot
To offer to the world
So bring it on with love and peace
And a touch of warmth
To share happiness
In this race of time...

Seema Chowdhury
In The Rainbow

Today in the rainbow I saw
A whole new world all raw

Filled with the mixture of smile
To color my life for a while

Where parts of joy were there
To show me God's love and care

Where also I saw some fain
Just ready to wipe away pain

And then I thought about it
And found in it love's bit

And thanked my Dear Lord
For showing me His Bliss in odd.

Seema Chowdhury
In The Real World

In real world, in real life
In this world on God's earth that survive
Things aren't quite easy and white
Neither all paths and roads are bright

Because woe and tear and joy and smile
All come with the trouble's pile
And then it swiftly leaves you alone
To stay and sit to cry and mourn

And then no one but only you
Are left to bear the trouble's view
And then you have to pick this bar
And drive all alone this world's car

Till you reach the hill of hope
That gives encouragement not to mope
And teaches you new ways to survive
In this real world and in its real life.

Seema Chowdhury
In The Sea Of Depression

Tears are the yardstick of pain
And sometimes they also measure our fain
Because with their unceased flow
They comeforward and try to slow
Slow down the ups and downs
Of life's never ending broken crown
So there instead of not feeling free
Or falling in the depression sea
Its better for us to always try
To throw out distress through a cry
Because then better we start to feel
And all our wounds begin to heal
So always remember never to stop
The salty flow of tears to drop
Because after crying we feel free
And never fall in the depression sea.

Seema Chowdhury

Seema Chowdhury
In The Spirit Of Love

Whatever is done
In the spirit of love
Holds value
And
Brightens a day
And
Gives a sunnier touch
To
Everyone's life...

Where we learn to handle
Compassion
And love
And the ability
To hold them together
For us
And for all.....

Seema Chowdhury
In The Stream Of Life

In the stream of life
I saw trouble's sight
Where world was full
Of scenes dull and quiet
Where importance of humor
Was forgotten forever
And life looked like
Troubled for ever
And there I also saw
And met in my way
A day that hide its face
From the light of the day
And only cries and hues
Are heard among blues
And no sign of joy's life
Was allowed to peep or survive.

Seema Chowdhury

Seema Chowdhury
In The Universe Of Hidden Meanings

In this
Wierd worls
No one bothers
To listen and understand
What you have to say
And that's why
Mostly
The actual meanings are
Left out....
And
Hidden
Under the cover of
Sweet bitterness
For
This is the universe of
Hidden meanings.....

Seema Chowdhury
In The Way Of Winning

In the way of winning
You will surely meet
Victory and success
So joyly greet
All of them
With open arms
And be sure not to
Let anything harm
The joy that is
Hidden in it
And learn to enjoy
Every life's bit
And know that soon
All this will fade away
Opening new chapters
For a new and lovely day.

Seema Chowdhury

Seema Chowdhury
In The Web Of Pain

Angry tears that speak of pain
Broken hearts that don't know fain
Words of love that are lost
In frenzy world that doesn't pay cost
Is what we get in the end
Where life is cracked and bend
Where this maze traps you again
In the harsh web of pain
So don't feel bad and learn to
Look at life's bitter view
And know that this is what is life
In which we're all bound to survive.

Seema Chowdhury

Seema Chowdhury
In The Winner's Circle

Not everyone gets a place
In winner's circle in life's race
So don't ever feel whipped
If in the middle you trip

Just cling on to hope
And find a luck's rope
And get again in the lane
And must not quit and try again

And remember not to feel shy
Neither sit down ever to cry
For those who sit and mope
And leave all strings of hope

Are the one who can never get
A place in winner's set
So to get in the winner's lane
You must not quit and try again.

Seema Chowdhury
In The Wishing Well

Standing beside the wishing well
Amid suspense and surprises
There is dead silence
Where I can vividly hear
My hush feelings
And all happening events
In the game of life...

Where each day, loitering wind
Cast off my burden of pain
And radiant glory sparkles
As dazzling as the bright sun
To guide my soul
Towards the caring shade
Of love and peace
To heal my wounds...

Where I wish and learn
To visualize opportunities
With a dream
Of creativity and compassion
To go through smoothly
Crossing the river of time
Into the cycle of enlightenment
Through tough competition
And embark on the journey
Of smoother ride...

And bring variety to my life
By strolling into the aisles
Of laughter, challenges and victory
To reach my 'aha' moment
In the wishing well.

Seema Chowdhury
In The World Of Darkness

In this world of darkness and cold
Don't only look for gold

For all that is present in sea and sod
Are surely the gift of our Lord

And all these things on world's crust
Increases on God our trust

For the sky, the hill and the earth
Are all rare and are all worth

And God is the one who has made
Star, sunshine and the shade

And all these things tell us we must
Increase on Gracious God our trust.

Seema Chowdhury
In The World Of Hurry

We are all running a race
In the world of hurry
Where we need to channelize
Our unused energy to succeed
And find answers of the questions
Because our time line can be
A little shorter or a little longer
Depending on what we can do
To pass the hurdles on the way
Stepping one after another
Keep on going making our way
Down the line to tie loose ends...

We create our own paradigm
And our own flow of life
Putting together the sequence
Of steps and events
To follow a rhythm in a sequel line
Connecting strings to fix it all
And to put the pieces of puzzle together
To move on and rush
To win in the world of hurry
Where we need to channelize
Our unused energy to succeed...

Seema Chowdhury
In The Years To Come

I hope you'll see
The sunny sights
Of life that's free
From all sorts of
Troubles and pain
And all kinds of
Distress gain
In the years to come
I hope you will be
The shining star
Appearing for thee
And spreading around
The happiness light
To amke things look
All fresh and bright.

Seema Chowdhury

Seema Chowdhury
In This Fast Paced Life...

Broaden your knowledge, skills and horizon to understand the world and your surroundings. Try to connect and commit to change and do things to make life better everyday. Organize your life to a strict schedule and always take control of your things. Express your creativity and keep a balanced life style.

Remember new experiences enhance your productivity and confidence. Try brand new and super smart things to increase your scope and dimensions. Find exciting, improved and fresh ways of performing your tasks and use your time efficiently. Build a strategy to follow that signifies your successful and flourishing life.

Seema Chowdhury
May 30, 2017

Seema Chowdhury
In This Harsh World

In this harsh world of lies
No one hears your cries
And no one cares to see
The teary eyes of thee

So don't shed your tears
Neither complain my dear
For no one wants to know
What's happening in life's row

It's just that in this life
Bitter bites do survive
That you have to chew
Without showing bitter hues

So don't feel down and blue
Know that today for you
Prayers door are open my friend
With God being on others end.

Seema Chowdhury
In This Moment…..

In this moment....

Treasure life's amazing beauty
And enjoy simple blessings all around

Make a fresh start today
And fill your heart with gratitude

Find joy and zest for real life
And gain a new perspective

Have a conversation with God
In times of anxiety and trial

Bring love and light to the day
And bask in the gorgeous sunshine

Commit to the events of your life
And make realistic goals dear

Give whole new meanings to life
And give warm welcome to tomorrow

End your day with grace and gratitude
And learn lessons from bittersweet day

And in this moment of the ending day
Kneel before God and show your gratitude...

Seema Chowdhury
February 7, 2017

Seema Chowdhury
In This Noisy Confusion Of Life

In this noisy confusion of life
I found
Restless souls
Broken dreams
Doubtful words
Fatigue fears
Distress imaginations
And
Lonliness......

Is that all I'll get? ? ?
No I want my share of happiness
I want to make the world
And
Myself
Better inside and out.....
And
In the midst of
Fear and uncertainty
I want to open
The gates of tenderness
And feel
Cold wind blowing on my face.....

Seema Chowdhury
In Times Of Trouble

In times of trouble
in times of pain
Only thing you get
And only thing you gain

is lots of agony
Distress and doubts
And a sky full of mist
Fogs and clouds

For even if you try
You cannot just forget
All life's misfortunes
And bad luck you have met

So it's no use just to pretend
And hide tears in your eye
And keep smiling just for others
When you know its a bitter lie.

Seema Chowdhury
In Your Thoughts

In your dreams, in your thoughts
Look for what time have brought
And thank God for giving you the best
In every life's pace and every test

Because not everyone is always given
The chance to pass all life's seven
Stages that are infant, toddler and a child
When you do things that are mostly wild

Next four stages when you are bold
Are teenage, youngester, mayure and then old
And after that you get wrinkles and bends
That put your life's story to an end

When you don't really get any chance
To do anything after time or in advance
And you don't see what time have brought
Neither you dream for anything in your thought.

Seema Chowdhury
In Your Unknown World Ma

Please let me enter in your unknown world Ma
Where you feel so safe and comfortable
That you load and unload your life
And create your own philosophy to live

Please let me enter in your unknown world Ma
Where you find your inner strength
To carve a starting and an ending point
To enter and exit at your own ease

Please let me enter in your unknown world Ma
Where you develop a sense of purpose
And clear ideas of your deep emotions
That leads your heart and tender soul

Please let me enter in your unknown world Ma
Where everything is quiet and outside in
And is hidden from your surroundings
But still you find solace and peace there

Please let me enter in your unknown world Ma
So I can see, feel and hear as you do
And can be on the same side of spectrum to help
When you feel as a stranger in the strange land

Please let me enter in your unknown world Ma
So I can understand you as I did before
And can easily connect and share with you
The heavy burden of your fading and lost life....

Love you and miss your smile Ma

***Written for my beloved mother who is suffering from Alzheimer***

Seema Chowdhury
Incomplete Day....

I don't want to discuss
Unpleasent things ever
For our lives have
Their own patterns and dimensions
Of mystery and wonder
Of incomplete day-
That no one else can ever understand
For we all live
In the broken world
Where Unfamiliar streets are present
Where sunshine has patchy fog
and shock of new surroundings
Mount fear
As we rush through
Our busy days.............

Seema Chowdhury
Incomplete Story

Free yourself from the shackles
Of mistrust and uncertainty
And believe in your dream
And the beauty of it
For time is a powerful weapon
So do not sit back or relax
Keep on going for a search
Collecting the bits and pieces
Of your life to complete
The incomplete story...

Do not miss the chance
To walk in fields and woods
And always give time for love
For it helps to jump hurdles
To approach swiftly at life

Be willing to forgive
And own up your mistakes
Rather than try to coverup
For life is long and painful
And at times hard to go on
But be strong and move on
And renew your soul
To expand your horizon
So you collect bits and pieces
To complete the incomplete story of life...

Seema Chowdhury
Index Card Of Life

Keep index cards
For taking life's notes
And record
All your sweet memories
That lingers in your heart
Where wishes and needs
And happy experiences
With life's racing events
Zooms the finish line
With guiding philosophy of life

Where everyday moment
Takes strong steps
To organize your life
With wonders and amazing new ways
With positive images
And balanced life style

Where enjoying opportunities
And broaden world
Give fresh and deep insight
To create happiness
And enjoy a cozy bliss
To nurture happiness
To get to real smile
And spring to life.........

Seema Chowdhury
Life
Is an inexpressible grief
That needs to be experienced
And
Tasted
By every individual
Along with his share
Of
Joy and sorrow
Inside his hollow wounds
That grows within him
In this battle of life.....

Seema Chowdhury
Infant World

Bitter hours
Of this
Infant world
Make you sad
And
make you grow
Sick at heart
And make you believe
That
There are no dreams to dream
And
There are no eyes to see them..............

Seema Chowdhury
Infinite Possibilities

Infinite possibilities are born of faith
And new paths are formed to walk on
Just believe in the magic of life
And let love in, in a new light

Remember that seasons always change
And green will definitely return each year
So put your life in perspective
Step forward and live in the moment

Just reach out and do good deeds
To fill life with excitement and peace
And banish unsettling thoughts from mind
To look in the magical mirror and rejoice

For life is what it is
But you have your way to happiness
So preserve and unlock the magic
And have hope and faith

For infinite possibilities are born
And new paths are formed
When we learn to be in the moment
And overcome emotional struggles.

Seema Chowdhury
Influence Of Kindness

Just like a dew drop
Can never be stopped
To fall on a flower
And give it a power
To brightly bloom
And take away world's gloom
Similar is my dear
With kindness that's rare
Just falls upon the heart
And then it impart
Joy 'n care 'n love
That're gift of heaven above
And surely kindness has strong
Influence all along
For it brighten our day
And spread happiness in the way.

Seema Chowdhury

Seema Chowdhury
Influence The World

Influence the world around you
And try to take away blues
That's spreading the gloom around
And is making this god's ground
A place of hurt and pain
Where never comes joy or fain
To brighten the sky's door
And knock on it for more
So try in it for all
To break the trouble's wall
And influence with love and smile
And spread joys around miles.

Seema Chowdhury

Seema Chowdhury
Inner Light And Peace

May you sing with joy, love, and care
May you always smile and life be fair
May you live with peace and inner light
Guides your way and brings you delight

May you learn, grow, and evolve my dear
May life be lovely and full of fun and cheer
May you shine and be ready every day
To reflect grace and honour in every way

May you step on the stairs of success and joy
May whatever you choose to do, you always enjoy
May you have a lasting impact on the world dear
And make the right choices, all honest and fair

May you embark on an amazing journey today
May glorious be your path and full of blessings way
May you embrace the future that's shining bright
And may you always live with peace and inner light

Happy Birthday Sweet Sanober

Seema Chowdhury
November 23,2018

Seema Chowdhury
Inner Power

Depend on your inner power
And know that life's tower
Stands on your courage and strength
So try to go deep and far in lengths
And know your troubles and needs
Are like growing and spouting seeds
That need lots of love and care
And strong belief's fair layer
And try to bring happiness ray
Ato lonely and sad if you may
With the help of passion and joy
For that'll bring you reason to enjoy
Your own life and your life's days
In many different ways.

Seema Chowdhury
Innovative Leaders

1) Innovative leaders are brave and strong in all situations. They are not only creative, but they create a climate of innovation for others.

2) They are productive and action-oriented with other uniqueness and creativity. They encourage growth and learning.

3) They confront challenges and barriers head-on and recognize the amount of strength they need to survive the crisis.

4) They take responsibility for life with an open mind and they always challenge their assumptions and beliefs.

5) Innovative leaders achieve their growth by learning and experiencing things in a novel and fresh manner. They are persuasive and thorough.

6) They believe in groundbreaking inventions and are ready to accept disruptive innovation. They walk the talk and deliver what they promise.

7) Innovative leaders are comfortable even in the unfamiliar environment. They make the best use of ideas, processes and technology.

8) They are positive, happy, and hopeful people, who see opportunities in every challenge. They can visualize success and give others the taste of it too.

9) They push away negative thoughts, fears, and live an amazing and a fearless life. They celebrate their progress and milestones.

10) Innovative leaders are the hero, the role model, and the unconventional thinkers; they deal with failures and bounce back quickly.

Now, ask yourself the following:

Are you a Creative Thinker?

Do You want to be the Innovative Leader?

Do you want to play the role of an Innovative Executive in your organization?

Do you want to join our team today?
Innovative Thinking

1. Be creative and come up with new and innovative ideas to solve a problem.

2. Sometimes we are desperately trying to solve a problem or come up with a quick solution but we are unable to do so.

3. In such a case use a different perspective, and see it from another angle.

4. Add another innovative and a creative dimension to analyze.

5. It will give you a new understanding and it will open new opportunities to find unique solutions.

6. Remember it is a journey, it is a procedure and it is a lifelong activity.

7. Develop your own methodology and win every battle that comes your way.

Seema Chowdhury
November 9, 2017

Seema Chowdhury
Insensitive World

Don't show
Your love and care
In this insensitive world
Where
Only heartless people live
Because
Here
Language of love
And
Acts of care
Are considered as
An action of little importance...

Seema Chowdhury
Inside Beauty

Don't let beauty to ever die
For it is rated very high
For beauty both inside and outside
Clear troubles, mistrust and doubts
Yes, from beauty I mean Love,
Kindness and care that comes from above
For nothing can take the spread out place
Of inside beauty of heart in pace
So never let beauty to ever die
As inside beauty is rated very high.

Seema Chowdhury
Inside Out Of The Boundaries

Draw your own boundaries
And discover its inside out
And as you begin your day
Reclaim your joy
Pave the way for many miles of smiles
Turn your face to the sun
Chase your dreams
And know that with a simple move
You can enjoy new burst
Of energy and sunshine
And deal with frustration
Without fear or despair
If only you learn to draw
Your own boundaries
And discover it inside out

And know that with
Sincere and effective prayers
You can reach the right time
Where you can hear your thoughts
And can walk on the long road of faith
Between smiles and tears
And see life through new eyes
And know that there is hope
On the horizon
With vibrant and stunning colors
Where you can express your thoughts
And learn how to draw your own boundaries
And discover its inside out.

Seema Chowdhury
Inside You

Trust your heart
For it imparts
Whatever is true
Deep inside you
And do it all
Whether big or small
Because life is less
And more are mess
So try to avail
Chances that prevail
And learn now
My dear how
To find your way
From troubles away
And trust your heart
Where joy's imparts.

Seema Chowdhury

Seema Chowdhury
Inspirational And Motivational Quotes

1) Maximize the opportunity by being creative and informative. Go deeper and understand your purpose in life. Make your life motivating and a beautiful model for others to follow.

2) Express a passion for your work and show it through excellence of quality. Be the glue that holds the key ingredient for success together.

3) Focus your energy on your goals and motivate everyone around you with your words and actions. Be assertive in your decisions and follow your plans carefully.

4) Focus your energy on positivity and develop an interest in your work. Plan your accomplishment and stay in the limelight to gather motivation for your day.

5) Make a positive approach to life and move on to a new beginning with renewed energy and wisdom. There will be speedbumps on the way, so prepare yourself.

6) Write your own time-proven principles of success and follow them regularly. Find your root and purpose so you can connect to yourself.

7) Engage in your work with your heart, mind and soul and believe in winning. Things will change, so learn to embrace it rather than fighting it.

8) Organize your work and life for success and unleash your potential to gain maximum efficiency and productivity.

9) Put all your efforts in the right place and get more done each day with the help of innovative ideas.

10) Follow your passion and live your dream. Remember that you are a unique being and you don’t have to go with the flow or follow the crowd to fit in.

11) Give the gift of sincerity, empathy, and care from the heart. Be open and forgiving. Be the messenger of renewal and hope.

12) Always be honest and do the right thing no matter what. You might not win today, but in the end, you will be the winner.

***Old Quotes with some changes
Inspirational Words

Let today be the day
When you catch up with life
And treasure and discover the moment
To play along and find
The loving laughter to win life........

Let today be the day
When you free yourself
from pain and suffering
And the weeping heart
And fill it with true joy of life
To spread light and hope........

Let today be the day
When you can create a change
And find God's true words
Of faith and belief
And find the right perspective
To go along your journey
And find answers to all your questions
From God almighty's grace and divine bliss........

Let today be the day
When all your prayers are heard
And cool breeze from heaven
Hug you warmly and blissfully
And bring comfort and everlasting peace
Under God's loving care
Let today be that special day.....

Seema Chowdhury
Inspired Moments

Life goes on and on
Showing fresh new thinking
Wild chimes
Clustered thoughts
And unspoken challenges....

So be brave
And continue this journey
By imagining the unimaginable
Doing the undone
And creating a road map of your life
Until the last moment........

Believe in the open-door policy
And keep the light on
And believe firmly that
Quitting isn't part of life's deal........

Just latch on inspired moments
And don't let them go
Find a special connection
And with the turn of the events
Change the lenses you use to view life........

This will help you to absorb
And catch the wind of fortune
In which you can
Fly like a colorful butterfly
And drink from the nectar of life
And feel comfort, serenity and rejoice
And take a voyage in the lifeboat of life........

Seema Chowdhury
Inspiring Quotes 2018

Rope of Hope:
In the dark moment, take a leap of faith and hold on to the rope of hope.

Positive Attitude:
Positive attitude paves the way for a successful outcome. Don't let your spirit break by losing the game of 't quit just take a break and try again with renewed strength.

Accept Challenges:
Accept challenges head-on and look at the bigger picture. See your role and impact as a whole. Improve every day, be focused, and be committed. Remember life is tough and hard, so be strong.

Life Lessons:
Be simple, be humble, be genuine, and learn to make life a living example for others to more responsibilities and increase your potential to perform better with each passing day.

Learn and Grow:
Move on and continue living your life peacefully and mindfully. Take every opportunity to learn and grow from your experiences. Compile your lessons learned and make your own rules to follow.

Success:
Spin your wheel of fortune and reach out to touch the stars. Break all barriers and climb the mountain of success.

Pathway to Excellence:
Life teaches us a lot of things along the way. So, stay motivated and strong every day. Take one step at a time towards the pathway to excellence.

New Beginning:
Train your mind to see positivity and hope. Make an impact and go into the world with a new beginning. Step outside of your comfort zone and change the world around you.

Tomorrow is a New Day:
Tomorrow is a new day and a new beginning for everyone. Many more opportunities are waiting to claim them as yours. Work very hard and never ever quit.
Good Luck!

Keep Your Hope Alive:
Be your own motivator and change the way you look at have the power to transform your life to increase your choices for success. Be faithful and keep your hope alive.
Good Luck!

Seema Chowdhury
November 2018

Seema Chowdhury
Inspiring Thoughts 2018

1) Life pulls us in many directions, and sometimes we feel stuck in it
Free yourself from doubts and fear by using kind and encouraging words

2) Sing the song of joy to stay positive. So, you can take off the shackles of uncertainty
Believe in your dreams and always dream big and bold. Be kind and humble if you want to win in life.

3) Expand your field of trust and happiness and learn few lessons of faith and belief
God Almighty is working on us and there's a purpose of our life; find it and answer to your calling

4) Use the powerful weapon of hope and always move forward towards a new day
Find peace and serenity around you; stay calm and mindful in stressful situations to keep your though pure

5) Life is a lot more fun when we learn to share with open heart and mind what we know
So, get up, get ready, dream big and show the world how awesome you are

6) Don't walk away from life, paint your dreams and begin your journey with a smile on your face
Keep a positive frame of mind and own up your mistakes and quickly rectify them

7) Be willing to forgive and forget. Also, don't hesitate to ask for forgiveness if you are at fault
Renew your soul and follow the light to cleanse your heart, mind, body and soul

8) Expand your horizon and live in the moment. See how you can improve the quality of life every day
And remember to find your way because this is the right time to make this world a better place

9) Turn your face to the mesmerizing sun and focus on things you have and you care for
Take a mindful moment and recharge with hope, care, kindness and peace
10) Watch your drifting thoughts and unbound emotions, don't let them sweep you away
Surf through life and conquer the giant untamed waves. So, you can light up your surroundings with hope and happiness.

Have a Blessed and a Happy day!

Seema Chowdhury
November 4, 2018

Seema Chowdhury
Inspiring Words

Let your words be inspiring
And thought provoking
And
Full of faith
To brighten up
Someone's life
And showing them
Timeless joys
Feelings
And
Opportunities
That can lead you out
Of the
Unending darkness.....

Seema Chowdhury
Instead Of Just Waiting

Instead of just waiting
For good time to come
Go ahead and learn
To count and sum

All life's good
And life's bad
And all life's up
And down taht is sad

And then surely
You will see
That joy are much
More for thee

So don't wait for
Good time to come
Go ahead and learn
Life's joy to sum.

Seema Chowdhury
Interpretation Of Reality

Quiet your mind
And don’t ask questions
Just reflect on your real self
And look inside your dream
And vast your vision
For there is no limit to this world

Where rain drops smile
And snowflakes whisper
Where sun shines bright
And clouds passby
When wind rustles through
And lightly speaks to you

Only if you embrace silence
And let loose your wishes, ideas and emotions
Then you'll learn to read
And absorb from your outer world
And define reality
And uncover the beauty

In all the moments of life
And use your feelings and imagination
To interpret reality
And find a spiritual path
To walk on and long
In this journey of life........

Seema Chowdhury
Interrupted World

Heading to no where
I started my journey
And
Took the first step
And
Then just kept walking
And
When I stopped to look back
I found myself
Stuck
In the middle of
My interrupted world.............

Seema Chowdhury
Into A Strange Land

I don't know what to say
I don't know how to lay
But this is surely true
Whenever I feel blue
I visit my strange land
That doesn't have trees or sand
But is made of love and peace
Where all my pains cease
For all these things that survive
Really helps my troubled life
Because there all truth prevails
That helps me to always avail
One more chance to view
Life without feeling blue.

Seema Chowdhury

Seema Chowdhury
Into The Deep World

Deep into the wild
In the wild world of dreams
I wish and look for peace
And a ray of joy's sunbeams
But everywhere I only see
A hollow of deep sorrow
Where my voice seems to
Disappear in the unknown 'morrow
Where pains and disappointments
Are ringing in the air
And echoing words and noises
Are falling in the form of tears
And that's where I'm sitting
All alone in the desert wild
solving a cross word puzzle
With fears and remorse like a child
Where every layer of life
Is unfolding one by one
playing the vanishing game
Of sufferings and pangs tons
I only wish and pray
To bring an end to this
And satisfy my bitter soul
With God's love and bliss
And calm the storm that has
Gathered on my face
With broken and hazy sketches
And distressing pang's trace.

Seema Chowdhury
Into The Land

Into the land
Of my dreams
Take me please
In that beam

That has everything
That I cannot get
In real life
With pain that's wet

Into the land
Of my dreams
I never hear
My injured screams

For there is always
So much peace
That there all pain
Seems to cease

Into the land
Of my dreams
I wish to get
The pleasure's cream

That I can use
And have it all
Before troubles can built
Around me its wall.

Seema Chowdhury
Into The Past

Don't let present to fly into past
For then surely there'll be vast

Memories all mixed up for you
To show you a confusing view

For whatever is present for us
Is mostly based on our trust

So hang on to it and see
What we can do to feel free

From the feelings of agony and pain
To get and reach the path of fain

Where we can enjoy everything
And for us joy it will bring

So stop the swift flow of the past
To enter suddenly in memories vast

And destroy all that is there for you
To show you more confusing views.

Seema Chowdhury

Seema Chowdhury
Invading Reality

Flooded with thoughts
I love to live in my imagination
Where I have deep conversation with myself
And I enjoy falling in love with reflection of my hope
For life is a real drama
Where I walk on clear paths
Following my inner voice
Making bold moves
And changing fresh looks and ideas
With a passion for life...

And as I let go
I never stop dreaming
For life follows sequence of events
Where silence of my surrounding
Clears the cloud of dust
And the amber sun rises
And brings gentle breeze to lift my spirit
And let me hold on to what is familiar
In invading realities of fragile thoughts...

Seema Chowdhury
Invest In Tomorrow

1. Own the world, follow your passion and be proud of yourself.
2. Get up and keep going on the long road of learning.
3. Always think positively and choose the right path to walk on.
4. Enjoy the challenges of exciting and adventurous life.
5. Settle your thoughts in unexpected moments and be up for the challenge.
6. Invest in tomorrow and colour your path with the bright colours of success.
7. Life is full of highs and lows, so remember it's always your choice to get up and take an action.
8. Things will get better if you try harder than before. Always think and stay positive.
9. During a difficult time, think what makes you smile, then pause and take a smile break!
10. Look for God's blessings every day and try to earn God's acceptance and mercy.
11. Beautiful thoughts lead to beautiful and peaceful emotions. So move on forward and make some beautiful memories.
12. Walk confidently on the road to exploring and expand your thinking and horizon.

Seema Chowdhury
October 20, 2017

Seema Chowdhury
Invest In Yourself Now

Remember you have a potential for greatness
Upgrade and invest in yourself fearlessly today
Learn the tips and tricks of life to be successful
Develop yourself and explore many perspectives
Discover new ideas and create your ideal future.
Let's go!

Seema Chowdhury
December 12, 2018

Seema Chowdhury
Investment In Joy

The time that is
Invested in joy
Is a time
That you enjoy
For life passes by
And leaves no
Space for it
In this flow
So with lively
Smiles and fain
Enjoy it all
Without any pain
And know that soon
Will come the day
When everywhere joy
Will come your way.

Seema Chowdhury

Seema Chowdhury
Invisible Hands

The day when I was given birth
The day when I was sent to this earth
Since then someone special on this land
Is giving me things through invisible hands
Yes that is right and those invisible hands
Are surely my god's blessings band
Through which he gives me his reward
And proves that he is my creator and lord
I'm glad and I always wish and pray
If I get chance and if I may
Can hold and can lay my soul's band
On the loving and caring invisible hands
That only belongs to my gracious god
Who always help when i'm stuck in odd
And who always bless me with life's pleasure
By giving me joys that I can never measure.

Seema Chowdhury

Seema Chowdhury
Invisible Thread

An invisible thread of God
is hanging down from the rod
from the rod of love and care
To show lord's affection and cheer
And through this thread we're bound
in this world's merry go round
where up and down come by turns
By which we've alot to learn
And when we learn how to survive
In this odd world of death and life
Then it becomes easy for us all
To steadily stand in any fall
So try to hold on to it
As it has value in every bit
As this is really the thread of God
That is hanging from the rod
From the rod of love and care
To show Lord's affection and cheer.

Seema Chowdhury
Ironic Twist Of Life

The whirlwind of emotions
Is dragging me to the quicksand of mope
Where shaded emptiness
Is filling the landscape of the world
With vague feelings
And rocky thoughts

Where I cannot give voice
To my fear and longing
And questions I ask
Are very hard to answer

Where tragic facts
And the chain of despair
Covers my lonely island
And I feel drowning
In the valley of darkness

Where ironic twist of life
Is vanishing my moments
And filling emptiness
Of unspeakable frustration

Where I cannot release
My soul from illusions
Because my body is heavy
With the fatigue of travel
Battered by the storm.............

Seema Chowdhury
Irreparable Harm

Suffering in silence
Is
An irreparable harm
That
Captures your mind 'n heart
With
Aches and pain
And
Keeps your wounds open
To be filled with
More and more
Hurts and agony...

Seema Chowdhury
Is Success A Luck? ? ?

Success is not always a chance or a luck
It cannot be purchased with some buck
But hard work and determination my dear
Is the basic cause that'll take its care

And win good fortune just for you
And bring you success in flying hues
Because there are the symbol in life
Of healthy mind and thoughts that survive

So whenever you choose your life's aim
Or enter in some life's new game
Just remember in God you must have trust
Besides working hard to break nutty crust

Because hard work is what you need
Along with strengthening and determination's deed
Because success is not always chance or luck
And it cannot be just purchased with some buck.

Seema Chowdhury
Island Of Excellence

Embrace life
And listen to your thoughts
For this is God's wonderland
Where we are all running
After something or the other

Break down barriers
And climb road blocks
And take a deeper dive
Through the cycle of time
To reach the island of excellence

Try to capture things
That are important to you
And be the one
That controls the flow
Of the squeggly line of life

Don't play the blame game
Improve yourself and go on
And know what is good for you
Just take a deeper dive
And reach the island of excellence

And with an open mind
Let your heart and soul free
To embrace life
Without running after things...

Seema Chowdhury
Island Of Feelings

Island of feelings is surrounded with love
Where each new path, bent and curve
Is filled with something bright and new
And spread its color like a rainbow hue

That place is so neat, serene and quiet
That one just feels like steering its sight
Because its beauty forces you to suppress
Your feelings and don’t let your words to express

It may sound weird but that is true
Whenever you feel lonely and blue
You must visit the island of care
Where many things are present to share

All your smile, sorrow and tears
And show you things that’re present there
That can bring you peace and delight
And show you rare things that are bright.

Seema Chowdhury
It Hurts More

It hurts more
When
Someone from whom you expected
Doesn't show
The love and support
And care
At the right
Moment and time
When you
Needed it most....

It hurts more
When someone
From whom you never expected
Says things
That you don't want to hear
At the wrong
Moment and time
When you least expected......

Seema Chowdhury
It Is A Wonderful Life

Life is a choice that we make everyday
So don't quit or stop in the middle
Keep moving forward and make progress
Focus on positive things and ignore negative

Life is a challenge and it is a gift
So accept it gracefully and hope for the best
Seek Divine help and cleanse your soul
And with kind words lighten your path

Life is wonderful, fascinating and amazing
So be happy an manifest a life you love
Create you 'Aha Moment' and be proactive
And in the middle of all this you will find yourself

Life is a multiple-choice questioner
Where there are many right and wrong options
So experience every moment and try to learn
Then me on and be enthusiastic about life

Remember it is important to focus on what you want
Then set your own rhythm and march forward
Have a purpose and be creative in all that you do
And remember life is wonderful and amazing....

Seema Chowdhury
August 25,2016

Seema Chowdhury
It Is Our Destiny

You and me and me and you
It is our destiny bright and true
Where spirit of love, care and all
Is standing still, firm and tall

Where blossom and bloom of summer and spring
Also withhold bitterness that winter brings
Where we have to learn to grab the right time
Right place and right moment to flow in its rhyme

Where feelings of love will never change
Care and affection will learn to rearrange
Bad things that come along with life's smile
So life can flow smoothly all for a while

Where dreams come true but steady and slow
And teaches us lesson of pain and glow
And show us that in this fairy tale of life
We will grow to be stronger with every pain drive

Where we learn to care and understand each other
And in every life's season we can happily gather
Smiles for each other and the magic of love my friend
To make our marriage stronger with blessings that never end

I hope, wish and pray to my dear God
To sprinkle his blessings and love my Lord
So we can stay together happily and forever
With beautiful feelings to cherish and treasure.

Happy 18th Anniversary Sunny
Thanks for being my best friend

Seema Chowdhury
It Is You

It is the warmth
It is the love
It is the way
You make me feel
It is the care
It is the joy
It is the kindness
That really steal
My heart from me
My love from me
My everything from me
And tells me to
Just love you
And that is true
And in the home of my heart
To keep you to never part
Where we can both smile
All for long and for a while
To bring each other peace
Till our life's story cease.

Seema Chowdhury
It Is Your Moment

It is your moment so feel it in your heart
And believe that for you it is a beautiful start
For you my dear are turning sixteen today
And stepping in the world of adventure's way

Always remember that life is a strange game
Where nothing stays forever the same
For new opportunities will come in your way
So grab them quickly and never let them sway

And life is a walk on the gravel road, so learn
From the winding paths that come with twists and turns
So master each challenge that comes in and out
And sometimes leave you in a flickering doubt

And sometimes when you peep outside your door
You will find raging river and rolling waves and more
Then don't give up or feel tired or scared
For that is how life's cycle is always made

But sometimes your path will be filled with flowers
Where you will walk and find fragrance power
That will fill your life with love and care
And sunshine that is bright and fair

Just expect the unexpected and be strong
And display your emotions and care for long
And enjoy your moment and feel it in your heart
And believe that for you it is a beautiful start.

Happy 16th Birthday Samia Baby Doll.
We love you very much.

Seema Chowdhury
It's A Gift

It's a gift of wishes
That's sent in your way
To brighten all your morns
And all your days
I wish you the sun
That will show you bright
Sky and all above
And other pretty sights
And I wish you the starts
That're quiet and calm
And pray for your
Pain to get some balm
And I wish you all this
Because my dear
You're a friend of mine
For whom I really care.

Seema Chowdhury

Seema Chowdhury
It's A Wonderful Life

let every dawn
be a bright morn
For you to start
a life with a heart
that is free
of troubles for thee
And let every day
Teaches you in your way
That the joy that survive
makes it a wonderful life
So enjoy its every bit
And build the kindness kit
So ever new dawn
Appears as a bright morn.

Seema Chowdhury
It's Love

It's love that makes
The world go on
It's love that shows
Us nights and morns

It's love that makes
Us feel so good
And as strong as
Hard piece of wood

It's love that grows
From heart to heart
It's love that gives
Us a bright start

It's love that makes
This world go round
It's love that fills
With pleasure God's Ground.

Welcome Back Sunny! ! !

Seema Chowdhury
It's My Moment

It's my moment
So I will go that extra mile to touch the peak of the mountain to bring back sunshine for my life.

It's my moment
So I will find miracles and magic to enhance and purify my heart to nourish and heal my cracked soul.

It's my moment
So I will take time to reconnect and reflect then step forward and walk towards the new horizon.

It's my moment
So I will add colors in my life and will swap all blue and grey shades, and change my gloomy thoughts to a sparkling start.

It's my moment
So I will show myself a path to success and organize my dull and confused life to rekindle the inner spirit.

It's my moment
So I will take this time to express gratitude for God's blessings and mercy that he has bestowed on me to improve because this is the key moment that defines me...

Seema Chowdhury
It's Never Too Late

It's never too late to try once again
And find your happiness my dear
Create momentum and work hard
To make a difference and bring cheer

Life is full of precious and sweet things
So accept the challenges and begin today
Adapt to life changing situations and time
To find positivity and wins in your way

Believe that miracles do happen everyday
And it is important to balance everything here
So work very hard and gain your moments
And replace pain of emptiness with peace dear

This world is full of bright and dull colors
So experience them all and find your peace
Because it's never too late to try once again
And make a difference in your life's new lease

Learn to establish a strong relation with God
And go to Almighty's door with humble prayers
For only He has the power to grant you dear
Your happiness, your wins, your joy and care

Happy Birthday Dear Sanober, may God Almighty Bless you always.

Seema Chowdhury
November 23, 2016

Seema Chowdhury
It's Spring

Come on, come on dear
Forget about your pain
Look at the bright side
For it is spring again
After the months of winter
Cool breeze and clouds
Here comes the season
Of the lovely spring
That surely gives reason
To live with joy and fain
And welcome your life
Where happiness smile survive
So come on my dear
And forget about your pain
And look at the bright side
For it is spring again.

Seema Chowdhury
It's Time

1) Look forward to the future with hope and listen to your calling.

2) Don't say one thing and do another, make up your mind and stick to your plan.

3) When you feel tired; pause, breath, recharge, then restart.

4) Don't ask too many questions, it will put you in an endless loop of doubt and fear.

5) Just look around and find your inspiration. learn to be creative with whatever resources you have.

6) At the end of each day, do self-analysis and make sure there is no unfinished business looming around your head.

7) No one's life is perfect, learn to make the best use of whatever you have.

8) Life can be tricky at times, so don't get lost or confused. Be the best of whatever you want to be and above all be true to yourself.

9) make peace with yourself, your past and your mistakes, so you can move forward without regrets.

10) It's time to reconcile with your life and explore every dimension to take control of your life.

Seema Chowdhury
March 25, 2019

Seema Chowdhury
It's Time For Self Reflection

As the fluffy snowflakes are gently falling
From the mystique grey and tender sky
It feels like falling stars gliding from above
The snow is illuminating the surrounding
With its sparkle, tranquillity and serenity

And here I am standing near the windowsill
Where flickering lights of the melting candles
Are adding to its splendid beauty and magic
My silent breathe is fogging the shining glass
And in this heavy layers of mist and haze

I can see the vivid image of my memories
Of the bygone days, months and years
Where host of pleasure, pain, tears and smiles
Are all waiting for me to pause and reflect
And be strong enough to let go and be free

I am completely engrossed in this mystique
And magical moments of wonder and celebration
And thinking about my distant and long journey
That is unique as each falling snowflake from the sky
Some hard, some soft, some whole and some broken

Just like these snowflakes I feel light and heavy
Slowly falling and settling quietly layer by layer
Creating momentum and a meaningful continuum
A blanket of nostalgic memories to warm my soul
Where I pause as it's my time for self reflection......

Seema Chowdhury
It's Time To Change

1) Define a new level of success, purpose and fulfilment for yourself.

2) Deal challenges with wisdom and learns to identify golden opportunities coming your way.

3) Focus on action, stay motivated, have meanings in your life.

4) Remind yourself that it's time for you to change.

5) Overcome fear and doubt, generate positive and vibrant energy and organize your life.

6) Walk at your own pace, make yourself heard, understand the value of life.

7) Empower yourself to find clarity and purpose and choose your journey and your destination.

8) Anything is possible if you have vision, courage and determination.

9) Take a leap of faith, be confident, eliminate negative thoughts to experience the world.

10) Feel positive, energized and remind yourself it's time to change!

Seema Chowdhury

Seema Chowdhury
It's Time To Let Go And Move On

Empty your heavy heart from worries
And get ready to let go and move on
Deal with difficult circumstances and pain
And wipe tears that blurry your dawn

Talk to your Gracious Lord in quiet
And ask Him to help you and hold hands
Seek God's love and guidance today
For He's the only one who can understand

Thank Merciful God for His unconditional help
And get ready to let go and move on
For this is your time and this is the place
To bring sunshine of faith to your dawn

Be courageous and show your inner strength
And listen to your voice in your head and heart
Life may seem difficult now my dear
But only you have real power to start

So start a day with love, belief and faith
And clear tears of doubt to bravely move
Take deep breath and search for silver lining
And decorate with brilliant light each dawn

Remember God gave you a purpose in life
So search for your passion and go with the flow
Submit to the His will and promise to accept
That it's time to move and fill heart with hope's glow.

Seema Chowdhury
December 19, 2016

Seema Chowdhury
Jalsa Salana

Come everyone
Please join in hands
And listen to the call
Of God's band
And see the path
That they're showing you
For you to walk
With peace and joy's view
Come everyone
Please join in hands
And know that this one
Is the gracious God's band
Who is telling you
To come to this side
Where a new beginning
Awaits to be your guide
come everyone
please join in hands
and enter in the gate
Where God's band
Is waiting for you
To open the door
Where God's blessings
love, peace and more
Is waiting to be
shed upon you
To help in your trial
Of grey and blue
So you will know
That you're not alone
God is your guardian
Who loves peace zone
Who is expecting you
To enter in a morn
where joy and smile
breaks each dawn
so come everyone
Please join in hands
And listen to the call
Of God's band.

Seema Chowdhury
Journey Of Continuous Improvement

1. Focus on your professional life and expand your network

2. Develop your skill set and start your journey of continuous improvement

3. Gain knowledge about different subject matters and learn to be creative and innovative

4. Boost your productivity so you can lead a successful and a brilliant life

5. Develop leadership and management skills and regain control of your life

6. Discover how to motivate yourself and improve your focus on important things

7. Be confident and get your ideas out there to create something special

8. Take time to clean and get organized in life so you can plan, reboot, and redesign your work area

9. Stay motivated and find a quick solution to difficult problems and complex matters

10. Think clearly; understand problems and different options to manage difficult people and situations

Seema Chowdhury
October 15, 2017

Seema Chowdhury
Journey To A New Place

I often think
And it comes in my mind
Why is not life
All pleasing and kind
And why can't we stay
Happy and in fain
And why do we have
The waves of pain? ? ?
But mostly I don't get
Any answer or reply
Neither it suggests
The cause of this WHY

So usually I feel
May be it is because
Our sins of the past
Is its main cause
that we do wiothout thinking
That soon we have to face
The phase in which we'll start
A journey to a new place
Where no one but only us
Will be driving our lives bus
And then we have to reply
For all we have done and WHY? ? ?

Seema Chowdhury
Journey's End

The journey of life
Will come to an end
When life's road will
Flatten and bend

When no more of
Tears or smiles
Will come along to
Fill up the miles

And then we have
To leave it all
Every worldly thing
Whether big or small

And then we have
To lie down to sleep
Under God's earth
Beneath it very deep.

Seema Chowdhury
Joy And Pain's Stock

Go with the flow
In this life's row
If you want to show
What do life owe
For life is not a bed
Of roses as said
For in it is shed
Tears and smiles med
Where many doubts
And sky of clouds
Are found in doubts
So never stay out
And know in the walk
Of life's talk
Will come the block
Of joy and pain's stock.

Seema Chowdhury

Seema Chowdhury
Joy And Sorrow

The joy and sorrow of the bygone days
Are mutely standing in my life's ways
And are telling me to quietly hear
What they're trying to say that's rare
For each joy that stopped in my way
Brought me the message of hope i'll say
And told me that the never ending joy
Is to learn to find fain and enjoy
And every sorrow that crossed my pace
Where I was walking with a dull face
Told me that in life's long paste
We're bound to try its bitter taste
And I think its best for us all
To stop feeling bad in things that're small
So we can have more time to find
The road of joy where sorrows can wind.

Seema Chowdhury

Seema Chowdhury
Joy For Miles

If you can't take it any more
And feel stuck in trouble's door
Then don't think it's just the end
And feel life is not your friend
Because life is not just this
It also has god's huge bliss
That adds colours of the fain
To show you so much of gain
That brings to you the gift of smile
And joys in your way for miles.

Seema Chowdhury

Seema Chowdhury
Joy Of Life

The three nice things
That move in a ring
Are the words of cheer
That are nice and dear

The first thing is dream
That is soft like cream
And is pleasant and alive
That helps me survive

Then next comes the moment
That is perfect and prominent
And makes a shining day
In so many different ways

And last is the memory
That I keep in my diary
For it makes me smile
When I'm sad for a while

And all the three things
That move in a ring
Are the words I need
For a nice life to lead.

Seema Chowdhury
Joyful Hues

Look on the bright side
And put your faith on God
Wish for the best
And look at your Lord
Who is waiting for you
With blessings and love
To send as His gift
From heaven above
And hold out a candle
Of hope, for you all
And doesn't let anyone
In desperation fall
He loves us all
And thinks of us as His own
And to Him all troubles
Of our lives are known
And that's why He shows
Us the golden dream
And colour our lives
With joyful hues cream.

Seema Chowdhury
Joyful Soul

Make happiness your best friend
And then with it pretend
That never ever in your way
Pain and pang can ever stay
Because you have got my dear
World's joyful Soul of cheer
For life is hard and bitter too
Where there are glimpse of blue
And also some paths are bad
Where nothing we see that's glad
But if we want to lead a life
Where pleasure surely survive
Then we have to make our goal
To have a very joyful soul.

Seema Chowdhury
Joyful Tunes Of Life

Sometimes I desperately wish
And hope if I can go
Back into the days of the past
Where I can joyfully row

The boat of my past days
And in it see once more
The things i used to do
And enter in the door

Where memories greet me
And gives me time to sum
The joys of my days of the past
And there with faith I can hum

The joyful tines of life
And bring from there smile
And precious memories to cherish
To make my life worthwhile.

Seema Chowdhury
Joy's Fort

Brush away tears
Oh my dear
And learn to share
Love and care
For life is adream
As soft as a cream
where survive's beam
Of joy's scream
But you have to
Learn the true
Art of joy's hue
To enjoy life's view
And learn to smile
All for a while
So in your trial
You can dial
The happiness code
To share the load
Of the tear's boat
To build joy's fort.

Seema Chowdhury
Joys Of Tomorrow

Make your life's painting beautiful
And collect pieces of happy memories
Paint the canvas of your life
With bold brush strokes dear
Filled with tenderness and love
Faith and hope
Compassion and wishes
Enthusiasm and zeal
Kindness and patience
Sympathy and strength
Forgiveness and joy
Willingness and care
Peace and spirituality
Calmness and dream
Prayers and positivity
Friendship and trust
And ignore the withering words
That bring you pain and sorrow
And let go of regrets
And paint your canvas bright
Just pick up where you left off
And tie all loose ends dear
And know that these bold brush strokes
Will bring you joy of tomorrow

Seema Chowdhury
Joy's Share

I saw with an open eye
Joy spread all on the sky
Where birds were flying high
With the message of joy's tie
It felt so good and nice
That I think it is wise
To enjoy it all twice
Even if it's small in size
So enjoy every bit my dear
Through the short road of cheer
And do it 'cause it is rare
To get easily joy's share.

Seema Chowdhury

Seema Chowdhury
Judgement Of God

Winter, Autumn, Summer or Spring
God is present in everything
Clouds, rain, rainbow or sunshine
You God dear are only mine
I want your hug and your love
I want blessings from heaven above
I want your strength in my pain
And bright sunshine after rain
I want bright smile after tears
And hope to pass through troubled years
And bright light to guide my way
When I’m falling apart in the array
So when its time for me to return
And in this world ends my turn
I can come happily smiling to you God
To hear your judgment oh my Lord
And to once again sleep calmly in your lap
In the bed of your arms wearing warm hug's cap.

Seema Chowdhury
Juggling Act

Life is a juggling act  
Between smiles and tears  
Where we struggle with pain  
Troubles and our fear

And try to rise up and  
Meet the challenges of life  
And see how one by one  
We can learn techniques to survive

Where we figure out life  
In steps as we go along  
And learn to memorize a few  
Lines of a joyful song

To get a grip back on reality  
When we're exhausted and drained  
And everything around looks blurry  
Messy, frightened and insane

So we can see life through new eyes  
And learn to smile through tears  
And listen to the sound of bells  
In darkness, troubles and fear

And drag ourselves out  
From darkness towards light  
Where sunbeams can warm our souls  
And show days ahead that are bright

And see hope on the horizon with smiles  
To freshen our everyday life  
And teach us some techniques  
Of joy in here to survive.

Seema Chowdhury
Just A Few Words

May each morning
That you see
Be filled with joy
Just for thee
So you enjoy
All your day
And see bright sun
Shining in your way
For when you feel
Good in heart
Then it surely gives
A brighter start
For some more joy
Fun and smile
For all who deserve
It for a while
So try to begin
Each of your day
In the shadow of joy
To brighten your way.

Seema Chowdhury
Just A Little Bit More

Life displays
changing scenes
In kaleidoscope of miracles
Where
Creativity brings joy
And
Allows you to mend
All your cracks and bends
And brings deep satisfaction
Only and only
If you don’t quit
And allow yourself to do
Just a little bit more.........

Seema Chowdhury
Go that extra mile
To catch the way of a smile
And walk along the road
To share someones load
And when you'll do all this
Then god's huge gift of bliss
Will fall upon you dear
To bring you joy and cheer
So always try to do
Nice things for others too
And do it all with a smile
By going just an extra mile.

Seema Chowdhury
Just Another Way Of Saying

I love you dear for what you are
I love you whether you are near or far
I love you for all you always do
I love you for you love mw too

I wish that all your wishes and dreams
Be filled with the joy of happiness extreme
And I wish that all your silent prayers
Be heard by God's Gracious ears

And I wish may you always stay
Happy and calm in your life's way
And may your worries be a thing of past
So the pleasur'es area that is vast

May come walking to you my love
To tell how much you're cared above
And tell that I love you and always pray
And this is another my sayings way.

Love You Sister.

Seema Chowdhury
Just Be Ourselves

We are all ordinary people
Struggling each moment
To play our role
In this curving
Journey of life
Where we move through stages
And hope to learn
How to define
Who we are.....

Where nothing is unforgivable
And unforgettable
Where we are expected to
Release our past
And throw away
The basket of unhappy memories
And reach upwards
To everyday joy.....

Where Spring is guaranted to come
Only if we learn to say
Every loving and positive word
where we can make ourselves
Ambassador of positive thinking
And uncover
The positivity stored
Deep within us.......

Where we can teach ourselves
How to repeat
Silently or aloud
Positive things
And learn to forgive ourselves
And crush the heavy burden of
Regrets and remorse
And just be ourselves
And play our role silently........
Just Few

Like the morning dew
There are just few
Moments in the life
Where you can survive
With joyous and rosy bloom
To take away your gloom
So try in that time
To learn happiness rhyme
And fill with delight
Your every thought bright
And in this deal
Do everything with zeal
So when it all ends
And again the road bends
Come in your way
And fill your day
Then you can track
And look back
To those happy and few
Moments like morning dew
And enjoy it all
To break trouble's wall
And live happily again
Shunting all your pain.

Seema Chowdhury
Just For Fun

Smile, smile and smile
All for a while
So when your day is done
It had so much fun
That the memories of it
Lasts throughout a bit
And have left for you
Life's joyful view
To look at them
With joy's gem
So learn to smile
All for a while.

Seema Chowdhury
Get ready
To give and receive love
And
Never give up your faith
Keep longing and looking
For there is
Plenty of room for possibility
We just need to
Keep our minds and eyes open
And explore in different ways
And
Learn to give thanks
For a little
And you'll get alot
For everyone wants
True love in life
So find a place of trust
And know
Someone out there
Is waiting for you
With a magical aspect
And a magical touch
Because love is big and deep
And gently look around
And make your own choice
Today and always........

Seema Chowdhury
Just Glide

Instead of trudging through life, just glide
Continue to live your life
Brim over with happiness and fulfillment
Enjoy the summer breeze
The curling waves
The seagulls
The cool evening breeze
And every sunbeam and every rain drop...

Let your heart lightened with real hope
And let each day be full of joy and mirth
Make your life rich and beautiful
With the renewed sense of purpose
By continuing to laugh
Just glide through your life, instead of trudging
And don't let your soul absorb
In everyday pain of helplessness and hopelessness
Interpret your memory with the waves of happiness...

Keep life's rein in God's hands
And let Him take the burden
Away from your shoulders
To release your chain
So you can enter in the sunshine to begin anew
And perk up your sagging spirit
With a jolt of renewed hope
So you can glide, instead of trudging through life...

Seema Chowdhury
Just Have Determination

If you want to reach your destiny's end
Then cross paths that're crushed and bent
And don't be swayed by the winds that blow
Just tightly hold the determination's flow

For determinations' flow is what you really need
To protect your goals from destruction's seed
For once if it grows beside your home
You can never get rid of this evil doom

So better be careful from the start
And promise yourself in your heart
That in this God's wide green earth
You'll prove yourself to be worth

And will always try to reach your goal
Either in parts or as a whole
So avoid being swayed by the wind that blow
And tightly hold on to determination's flow.

Seema Chowdhury
Just In A Small Way

What winners do in their life's test
Is to cling on to hope with zest

And whatever may come to them
They stick to it with prayers hem

So if you want to joyly survive
In dull and bright phases of life

Then try to make better each day
By just adding joy in a small way

Because happiness is always in date
And from your heart you have to create

It along with smile and fain
To get rid of troubles and pain

So always in your way try your best
To add joy in each day with zest.

Seema Chowdhury
Just In The.....

A small world that is very kind
Still exists in my deeper mind
And I think of those curves and winds
And the life that I have left behind

All those were so calm and quiet
I felt as everything was so right
For all the pretty and beautiful sights
Were given and shown that were bright

But now all those are the past things
That keeps on moving like a ring
And tell me that dear everything
Can change in just an eye blink

So now I try to be brave
And avoid being coming into rave
And try best so my soul can be saved
And know that life is a flowing wave.

Seema Chowdhury
Just Keep Silent

If you think life is not fair with you
And you don't see any happiness view
Then don't cry or dropp your tears
But with silent thoughts try to share
Your pain that is bothering you
And is showing you sights that're untrue
Because in such a time of pain
The best way in which you can gain
The pleasure and the joys of life
Is to keep silent and learn to survive
And let your mind lead your way
Into a better and a brighter day.

Seema Chowdhury

Seema Chowdhury
Just Thinking Of You

Thinking of you always brighten my day
And spread joy 'n smile in my way
Because your presence is a blessing for me
That I think always sets me free
And lit a candle of a friendship true
That we will share just I and you
I think very often about you dear
Because your loving ways show care
That you hold for me in heart
From where always joys impart
And that's why thinking of you today
Brighten my world and my way.

Seema Chowdhury

Seema Chowdhury
Just With Faith

Faith is the driving force of life
Which help us to brightly survive

And teach us the lesson very first
That on God only put your trust

For only he is the one who cares
And can with you always share

All your life's mistrust and doubt
That's spread all over loke a cloud

For faith is just like a tide
That walks with you and by your side

And stand firmly like a rock
And teach you how to trust and knock

On the prayers door of your God
Who protects as He is the only Lord.

Seema Chowdhury
Kaleidoscopic Views Of Life

Open yourself to more moments of inspiration
And unlock your imagination
To see all the comforts,
Colors,
Contrasts,
And textures of life
To look for the amazing surprises
That God has in store for you...

Remember life is a gift
That should be cherished
With smile and zest
And each moment should be honored
With bright spots of hope
To keep that happy vibe aglow.....

That will perk up your image
And will add sunshine
To the endless chain of magic........
And this will unleash your creative side
To visualize a new future
That will be more aware of your thoughts
Your words and your actions......

And this will stir up magic and opportunities
Along life's way
Where you can see
Kaleidoscopic views of life
Refreshing your energy
And will let your beautiful light shine through....

Seema Chowdhury
Keep Believing

Keep believing in yourself
In your strength and faith
Then surely life will
Show you things great

And you'll see joy
happiness and pleasure
Everywhere spread around
That are life's treasure

So just wait and hope
And keep your believe
Up to the mark my dear
So you can get relief

From the troubles and
Pains of your life
So just have faith in you
And you'll then learn to survive.

Seema Chowdhury
Keep Everything Together

Kind words and deeds
Can spread all joy
So keep them together
And let all enjoy
The remedies of blue
And the vision of hope
For this is how
You can learn to cope
With the trouble's of life
That are on the way
So greet with smile
Each new day.

Seema Chowdhury
We live in the continuum of time; past, present and the future. Past and the future are connected with the delicate thread called the Present. Now, the question is, why is it called the Present?
It is called the present because
It is existing and occurring now
It is immediate and instant
It is available and ready
It is here and nearby
It is now and today

Remember, it is a gift, an award, a bonus, and a grant
Given to us from our compassionate God
Accept this gift graciously and happily
Live each day to its fullest
Keep going!
Move on!
Good luck!

Seema Chowdhury
February 15, 2019

Seema Chowdhury
Keep Hope Alive

Disconnect from the world
And spend some quiet moments
Talking to you All-Listening God
Reflect on the wonders of the world
And show your gratitude in prayers

Remember your Lord during the day light
And also at the middle of the darkest night
For only He has the supreme power
To bring you endless hope and peace
Bit by bit unfolding blessings in motion

Don't let confusing and complicated thoughts
Wonder and race swiftly through your mind
Quiet your mind and listen very carefully
Have faith in your God and keep hope alive
And soon you will feel a renewed sense of hope

If you are tired or scared of a situation
Then pause for a moment and take a break
Pull off the road of life and regain composure
Gain peace and with ease start your journey
And remember you are the keeper of faith.

Seema Chowdhury
July 3, 2016

Seema Chowdhury
Keep Looking

Keep looking for such a pace
That can take you to the place
Where candles of hope are found
Everywhere you look on ground
For hope is what gives your life
A new purpose to exist and survive
And hope is what makes your day
And gives it a shine in a splendid way
So whenever and where you get
A chance to look for a set
Then look around for such a pace
That can give you the hope's trace.

Seema Chowdhury

Seema Chowdhury
Keep Smiling

The gift of friendship brighten my way
And the blessings of it lightens my day
For only a friend can understand
When I need a gentle helping

I'm proud to have you as my friend
For With you I don't need to pretend
For all my joys to you are known
And all my pains with which I mourn

I hope you must surely know
How much to you I really do owe
For brightining with your friendship my way
And lightning with its blessings my day

And for you I surely pray to God
To return you with interest your reward
And let you smile throughout your way
And let you brighten everyone's day.

Seema Chowdhury
Keep The Image Alive

Preserve the image in your mind
And keep it pretty alive
Then mirror it in your art
And see how it survive

For the nice and kind
And small few acts
That you perform
Is really in fact

A source of great
Happiness and pleasure
That no one can ever
Record or measure

Because someone's image
Of true love and art
Brings so much joy
To your mind and heart.

Seema Chowdhury
Keep The Momentum Going!

1) Find your true purpose
2) Live a meaningful life
3) Take control of your circumstances
4) Challenge yourself to do better
5) Connect with your inner thoughts
6) Find your inspiration and motivation
7) Open your mind to new ideas
8) Expand your knowledge and understanding
9) Shun negative and anxious thoughts
10) Take one step at a time
11) You are making a difference
12) Keep the momentum going!

Seema Chowdhury
February 26, 2019

Seema Chowdhury
Keep Up The Momentum

Find magical moment of a beautiful connection
A moment full of possibility and endless hope
Experience your life of deep and wide delight
And clearly learn to always gracefully cope

With whatever comes free flowing your way
Even small pebbles or potholes of despair pain
For life is all about actions and reactions dear
So always see what lessons from it you can gain

Just find your connection and spiritual delight
And know it is a quest of holiness and grace
So be compassionate and wrestle with emotions
And happily accept and awesomely embrace

Keep up the momentum of spiritual awakening
And be silent and let quietness absorb you too
Stretch beyond the narrowness of wee differences
To find richness in your rainbow soul of hues

Life is different in the moment of reflective time
So believe in this and strive to have a fresh start
Keep up the momentum and spread positive vibes
So you can be the winner in radiant life's art

Make little adjustments and bend a bit in life
To change your life and bring in grace and hope
Experience new paradigm in your life of delight
So you can handle everything and never ever mope.

Seema Chowdhury
Keep Your Faith Strong

Keep your faith strong and trust in your Gracious God
Listen to His voice and know that God is there for you
Grow in faith and give the gift of love from your heart
Reconnect with Him and understand His mercy and grace
Be strong and courageous to walk on the road ahead
God will fill your life with joy, love and forever peace
Count life's simple blessings and show gratitude
Have a conversation with the Lord in moments of trial

Only your Lord can help you and keep you safe from a fall
He is your All-Knowing Lord and wants you to be happy
Tread along the straight path of righteousness and seek help
God, the creator, is the knower of the seen and the unseen
Turn back and go to your living God and ask for blessings
God will strengthen and will bestow you the power to protect
Just listen carefully to His gentle and merciful voice
And keep your faith strong and trust in God's kindness.

Have a Blessed Weekend!

Seema Chowdhury
May 20, 2018

Seema Chowdhury
Keep Your Spirit High

You can't stop sun rays to show its shine
Just by simply closing the door on thine

For it can enter through the window
If it doesn't find a way through door

So don't ever fall in the sea of mope
Neither fall down 'n lose your hope

And not with the world feel angry and depress
Or lie down under heavy burden of stress

Just keep your spirit flying all high
And look at the sunny shining blue sky

And hope for a bright appearance of dawn
After a passage of a night of mourn.

Seema Chowdhury

Seema Chowdhury
Keep Your Words

Keep your words
And do not sigh
For life is a test
Of lows and highs
Where you have to
Always face
Troubles of the world
In this race
Where there are
Broken dreams
And many more
Expectations extreme
Where you have to
Search for the reason
To laugh and smile
In trouble's season
And always try to
Make such moves
That'll surely
Help you to improve.

Seema Chowdhury
Kind Wishes

I don't know how to say it all
I cannot find words big or small

That can to you convey
All that for you I do pray

I wish may kind wishes of mine
Stays with you for all the time

And may everything that you wish
Be granted to you from God's bliss

And I wish may God's care and love
And His blessings of heaven above

May all come to spend some time
With you and that is a wish of mine.

Best wishes sunny

Seema Chowdhury
Kind Words

These are the nice and kind words
That I heard from a cute little bird

When once I felt depressed and lost
In this frenzy world that doesn't pay the cost

'If ever in your life you lose your gains
Then take a deep breath and start once again

And try to face reality with a smile
Then surely all your trouble's pile

And your desires will fall in your lap
And will teach you how to joyfully clap

Even in the time of sufferings and pain
And even when troubles pour like rain'.

Seema Chowdhury
Kindest Of All

When to world has done
Its worst to me
And
Men and fortune
Let me down....
Then I turn
To my God
Where
Loving God meet me
At the prayers door
With
A smile of cheer
And
A word of encouragement
To comfort and console
Because
He is the kindest of all! ! ! !

Seema Chowdhury
Kindly Smile

You can create
A heaven on earth
Just by giving
Kindly smile a birth
For a smile is a strong
weapon of love and care
That can fill life
With lons of cheer
so try to shine
Like a bright star
and show others path
In a night far
Where others are
Looking at you
And your friendly smile
To see sunshine hue.

Seema Chowdhury
Kindness Grows

Kindness grows each day
Like weed on the ground
With no limitations
And no restrictions
And it takes us
On a journey of life
Where windows of love
Open...
One after another
And invite us to spend
A lovely time together
With
Fain and delight
And show us
The power of love
And how it blooms
Flowers of kindness
And buds of care
And bring back spring
In the lives of others
And ourselves too.....
And then it leaves us with
Loving message
Friendly hands
Happy times
Shouts of laughter
And
Splendid wishes
Under a cloudless sky of life.......

Seema Chowdhury
Kindness Makes Life Wonderful

Kindness is the root of peace my dear
It shows how much others care
And it gives birth to kindness and love
And that is the rule of heaven above
And kindness makes life more worthwhile
And it shows us way to brightly smile
And it fills our lives with fun and joy
And gives us more chances to enjoy
And kindness fills colour in our lives
And tell that to peacefully survive
We must adopt the kindness rule
Because it is the best loves tool
So cling on to kindness and hope
And don’t ever feel down or mope
And then you will know my dear
That kindness is the root of peace 'n care.

Seema Chowdhury

Seema Chowdhury
Know Yourself

The difficult lesson that I have learnt
In this world since my birth
Is to know yourself and others
Who lives on God's green Earth

For its even hard to know
What is hidden inside you
For there're many things to be known
About you dear that is true

So search for good inside you
And know that it's God's bliss
That He has given as a gift
To be enjoyed, so never miss.

Seema Chowdhury
Knowledge Is Power

1) Enhance your business intelligence so you can make a smarter business decision.

2) Have a better understanding and drive innovation with courage and intelligence.

3) Learn to thrive in a competitive world and do strategic planning and take actions.

4) Navigate the opportunities and accept challenges, initiate changes, create a successful team and drive your organization forward.

5) Take your stand on the right path and master your life and time. Stay motivated and remind yourself that knowledge is power.

Seema Chowdhury
March 5, 2018

Seema Chowdhury
Known And Unknown Pain

The waves that are rising in the sea
And slowly coming towards me

Each carries a tale of its own
That to no one is ever known

For they are always ready to share
And silently show me they care

And they always come to me and ask
What is hidden under the mask

That I have worn on my face
So no one can get its trace

And then I see through them
That nothing but with prayers hem

All my pains that're known or unknown
Can be shared with the God of my own.

Seema Chowdhury
Ladder Of Misery

I'm climbing
The ladder of misery
With
The steps full of
Distress
Agony
And
Pang
And
With the hope
That
At journey's end
I'll meet
The shadow of serenity
To be my companion..............

Seema Chowdhury
Land Of Dreams

A dream is
An unattainable distant hope
And ideal
A train of thoughts
And fancies
And
A vision that is imaginary
But
It can all be mine
In
The land of dreams....... 

Seema Chowdhury
Land Of Hope

Memories paint our days
With its fading colors
That fades away
slowly
Very slowly
Leaving our tired heart
To believe
That
Now we have reached
near
Very near
The end of a journey
That
Once we started
In the land of hope.........

Seema Chowdhury
Land Of Smiles

Today from the land of smiles
I got a message around miles
That brought with it the wishes
For happiness and God's blessings
I wish if a way i can find
To express what's in my mind
And collect life's joy I treasure
And the happiness if I can measure
For its nice to know my dear
That someone from far really cares
Who is sending good wishes today
To make flowery my life's way.

Seema Chowdhury
Land Of Thorns

Don't feel sorrowful
Or heart broken
or else
You'll be left alone
To wander
In the land
Of miserable thorns
Where
Storm has gathered
And
Answers are given with
Ayes and nays
That echoes
Words and noises
Forever and ever......

Seema Chowdhury
Land Of Unknown

The place where I dwell
In my heart and mind
Is so different and nice
And one of its kind
Where only survive
Joys and fain
And unaccountable blessings
From the happiness rain
I don't want to come
Out of this land
From the land of unknown
Where fain's band
Extend its branches
For me every time
I'm faced with a terrible
Turn of fate's rhyme
where sky always shines
And greet me with smiles
The smile of joy
That goes long miles
And helps me to walk
In the land of unknown
That survives in my mind
And in the happiness zone
Where usually I dwell
In my heart and mind
That is different and nice
And one of its kind.

Seema Chowdhury
Language Of Silence

Silence is a language that doesn't have any word
Its the absence of a sound or a stillness that's curt
So if no word is found that is capable to convey
Anything that you really want or really say

Then try to see if you can enter in the world
Where thoughts aren't known or stated in words
And where feelings are replaced with the tranquil looks
Just like thoughts scattered in a little nook

And the language of silence is used in the glen'
In the glen of thoughts taht doesn't find any pen
To lay down all that they want from life
Which sometimes are really needed to survive

And see if today you can use to fulfil
The needs of your mind and heart that's still
Working very quietly and don't know what to say
And doesn't find any word that can easily convey

So there instead of putting all kinds of blame
Or feeling very down sad or insane
See if now you can enter in the world
Where thoughts aren't known or stated in words.

Seema Chowdhury
Last And Lost Chance

Deep in my heart deep in my mind,
Your memorable sketch that're all kind
Are rumbling and making me sad
And are reminding me of the days you had

For you were very affectionate and nice
And you did all of it without thinking twice
And showed all how to knock at the door
Of oppotrunities when things were kind of bore

And I remember how you use to tell others
To keep on smiling and try to gather
The flower of wishes, smiles and hope
And keep away from the tears of mope

But today when you tried your luck with zest
You failed in getting living marks on your test
Which turned this last to chance that was lost
Which lead you to pay your own death's cost

And then very quitely you left us all
As your names leaf today met its fall
But still you'll always be remembered as the star
Who emitted light for others even from far.

SO LONG EDWARD GARCIA! ! !

Seema Chowdhury
Last Few Minutes

For the last few minutes
I'm searching
For the words
In the sailing clouds
Of the numb zone
To collect myself
From the hard
And chilli blow
Of treouble's wind-
For it ruined everything
And
Left me all alone to wonder
In the darkness
Of the darkest hour--

Seema Chowdhury
Last Laugh

Life
Is a painful joke
Where
Every day
At
Every crossing
And
At every turn
We are forced to laugh
Our
Last laugh
Of distress and hurt...

Seema Chowdhury
Lasting Bond Of Friendship

Friendship is a garden
Where endless beauty grows
And bring with it dear
Happiness and joy's rose
For it is a lasting bond
That has sincerity all true
That everyone has a right
To share with me and you
Because nothing more is precious
Or nothing more is rare
Then a true bond of friendship
That shows joy of love and care.

Seema Chowdhury
The lasting image of life stays
Forever on us in many ways
So we all must learn in it to survive
By enjoying each moment moment of our life
For life is not what we want from it
So we must accept it just bit by bit
And we all must try our best
To pass with flying hues this test.

Seema Chowdhury

Seema Chowdhury
Lasting Love

The love that I hold
In my heart for you
Is surely forever
And will always be true

Because my love
My dear sweetheart
You will always live in
A place called my heart

So I wish you luck
In all you do
And wish may success
Meets you too

And hope for you
A life that's bright
And all filled with
Fun and delight.

Happy Birthday Uzair baby

Seema Chowdhury
Lasting Success

Hard work that is dropped in the place
Make its way and its own pace
And can easily transform past pain
Into your present powers of gain
So search for the options with zeal
And try to be as strong as a steel
And work out joyly for your day
So you can have lasting sucess in way
Where good fortune can also come to greet
Your life's way with success's sweet treat.

Seema Chowdhury

Seema Chowdhury
Laugh And Smile

Laugh scatters its color
On the sky
Like a rainbow
Shining high
For laugh and smiles
Are life's treasure
That knows how to
Attract pleasure
So learn to smile
In your way
To brighten your path
And your day.

Seema Chowdhury
Laugh Loudly

Laugh loudly
And let your joys
Flow unfounded
Here and there
And all around
In your life
To bring you back
When it returns
Victories
And joy rides
That was once lost
In the crowd of despair........

Seema Chowdhury
Laugh Off

Laugh off at hurts
And smile in trials
And don't let mope
To come in piles
And do it all
With the hope
To overcome pain
And trouble's rope
And know in life
Will come distress
So face it all
Without any stress
And laugh off hurts
With a smile
And don't mope
Even in trials.

Seema Chowdhury

Seema Chowdhury
Incorporate happiness in your life
And learn to laugh through your tears
For life is not a bed of roses
There are painful thorns and fears

Where we need to work hard and seek
Answers of all our 'whys'
And find the correct solutions
To overcome our troubles and tries

For exploration gives way to learning
That shows us colors of life
In every direction that we follow
That teaches us how to survive

For the path of life on which
We walk are hard and long
So we must learn to laugh
And take a break to be strong

And when we will learn to try
To wipe the tears from our eyes
then sequence of logical steps
Will help us to overcome 'why'

So incorporate happiness in life
And learn to overcome your fears
For life is not a bed of roses
So learn to laugh through your tears.

Seema Chowdhury
Laughing Sorrows

Everyone's life
is
Bound with
A rope of
Hurts and sorrows
pains and despairs
And
Grays and blues
I wish
If I can get
The laughing sorrows
In my part..

Seema Chowdhury
Laughter And Tears

Through laughter and tears
Through troubles and cheers

I'm passing my years
With things that're rare

That shows me morn
And some dawns

Of smiles and frowns
In my life; s lawn

Where some sweet
And some bitter treats

Are given to eat
Which makes life complete.

Seema Chowdhury
Laughter Is Contagious

Laugh and everyone will laugh with you
For laughter is contagious 'n that's true
For when someone finds this rhyme
Then everything looks pleasant in time
So stop sighing and seek for the day
That can take you to such a way
Where you can find no glimpse of pain
Neither any sight of clouds or rain
Where you can fairly enjoy the true
God's gift of contagious laughter's hue.

Seema Chowdhury

Seema Chowdhury
Laughter's Sun

May laughter's sun comes
To drive winter from your face
May you lead your life
With courage and with grace

May your life always be
All free of sigh and pain
Where not even a dropp comes
Filled with trouble's rain

So you can stay here
With joy, cheer and love
And enjoy all these blessings
Sent from heaven above.

Seema Chowdhury

Seema Chowdhury
Layers Of Life

Let your life be fair with you
And let you enjoy all the true
Happiness and pleasure dear
That is hidden in the layers
In the layer of your life
In which you have to drive
The troublesome car of it
That holds sorrow in every bit
So learn to handle them all
Troubles 'n joys all big 'n small
And let your life show you sights
That makes you feel all bright.

Seema Chowdhury

Seema Chowdhury
Lead A Fulfilling Life

1) In this highly competitive world, learn to navigate through the crowd.

2) Empower yourself fully and imagine all the emerging possibilities.

3) Lead a fulfilling life and don't lose sight of the bigger picture.

4) Be strong and positive, and learn to appreciate all the opportunities.

5) Appreciate life, have a zest for living and gain a new perspective.

6) Commit to learning and development and live from moment to moment.

7) Brighten up your day and organize the world around to be productive.

8) Capture your imagination and know that positive thinking goes a long way.

9) Don't let time lose its meanings; dive deep and take a leading role.

10) Engage and connect with life on all fronts and always hope for the best.

Good Luck!

Seema Chowdhury
June 24, 2018

Seema Chowdhury
Lead By Example

1. Lead by example and sharpen your life's skills.
2. Lead your team and organization intelligently and effectively.
3. Look at your life and reflect upon your goals, vision, and mission.
4. Be full of positive vibes and spread enthusiasm and energy.
5. Don't make an issue out of everything that happens in life.
6. Work hard to remove barriers and doubts and move on confidently.
7. Be creative and use innovative ideas to open new avenues in life.
8. Make a difference and expand your thinking to bring change.
9. Make right choices and always lead by amazing examples.
10. Surprise yourself by doing things that you have never done before.

Seema Chowdhury
October 9, 2017

Seema Chowdhury
Lead The Pack!

1) Shift your focus to positive things that happen in your life.

2) Make the most of what you have, be productive and keep on track.

3) Respond to change and look forward to the next beginning.

4) Play around with different strategies and remember every choice matters.

5) Be patient, respectful and do something meaningful, valuable and grand.

6) Seek out new challenges and increase your sense of purpose.

7) Feel energized and alive, go in the front and with confidence lead the pack!

Seema Chowdhury

Seema Chowdhury
Lead The Way

In your day
Of your life
Where you survive
With peace 'n smile
With joy for a while
And do it now
Without asking how
For you'll never get
This chance in life's set
Once again togain
Happiness and fain
So avail this chance
Now in advance
And learn to sing 'n smile
All for long miles.

Seema Chowdhury

Seema Chowdhury
Leader Of Change

1) Increase your mental focus and power with renewed energy.

2) Achieve your goals and develop a deep desire to improve and change your life.

3) Start your personal journey of growth and make the most of this year.

4) Be a leader of change, develop powerful productivity and work with renewed support.

5) Write a positive message to yourself and always be ready to face the new day.

6) Listen to your inner voice, look after yourself and write your own leadership learning.

7) Live your life with a purpose, put a positive spin on things and shape your reality in a powerful way.

8) When you find it difficult to accept a situation, don't feel lost or powerless. Take charge and set your own direction.

Seema Chowdhury
March 9, 2018

Seema Chowdhury
Leader Of Tomorrow

Set direction for your life and know it's time for a change
There will be many road bumps on the way to success
Do SWOT analysis, it is very important to evaluate yourself
It is a roadmap and it will help you and will guide your way
Learn to steer the boat of your life and always stay positive
Accept and embrace changes and be an innovative thinker
Keep the creativity flowing and be the leader of tomorrow
Good Luck!

Seema Chowdhury
December 18, 2018

Seema Chowdhury
Leadership Matters!

1. Help your organization succeed and drive growth and profitability above all.

2. Have a strong desire for innovation and develop a climate of creativity.

3. Measure your progress, learn systematic management, and build a connection between organizational processes.

4. Create a value from the resources you already have and see what you can do to make things better.

5. Success can be challenging to achieve at times, try to understand everything around you and tap into unused talents.

6. Walk the talk, think big, have fresh ideas, and model the desired behaviour.

7. Lead your way to success, determine your own direction, make an impact, and remember Leadership Matters!

Seema Chowdhury
November 24, 2017

Seema Chowdhury
Learn about the road
Before
Start travelling
For
That is
On which rest of
Your life's days depend
And
Then it will be easy
To know
How to walk firmly
Under the
Black clouds
And the Blazing sun
And how to
Move with faith
Between the circle of time
And
dimming twilight..........

Seema Chowdhury
Learn The Rules

Learn the rules of smile in life
So it'll be easy for you to drive

The vehicle of life with joy and fun
Before each day is over and done

For smile works as a healing balm
And helps to cool down and calm

Any wound that is caused by pain
And bothers you through which you gain

Tears of agony, distress and grief
That doesn't show you a way to relief

So learn to smile a lot in life
And start each day the vehicle to drive

With a charming smile that can hide
Your pain under heavy joy's tide.

Keep Smiling Friend! ! !

Seema Chowdhury
Learn To Cope In Life

- Prepare yourself to do the job right. Never give up on your dreams.

- Enjoy every phase of life. Beat the stress and learn to cope in life.

- Don't just stand there; accomplish greatness and make your mark.

- You have to learn to push through some bad days to reach the good ones.

- Life is a constant battle; learn to be patient to win it with wisdom and grace.

Seema Chowdhury
December 20, 2018

Seema Chowdhury
Learn To Enjoy

Don't sound vague neither cry
Nor ever feel tired to try
And know that if you want to survive
Then you have to get on with your life
For no one knows what 'morrow 'll bring
A smiling dream or a tear's wing
So live for the moment and learn to enjoy
All life's fains, funs and joy
And try to add a little more hope
For this medicine teaches you to cope
With all life's trouble, distress 'n pain
And a quiet life smile like sunshine rain.

Seema Chowdhury

Seema Chowdhury
Learn To Fight

Life is a journey
Where I wish to walk
And clear for myself
All road blocks
And live in it
With joy and fain
And learn to fight
And overcome pain

And Life is a blessing
That God Has bestowed
And wants us to enjoy
Each and every show
That comes in our way
To color our days.

Seema Chowdhury
Learn To Give

Move and live
Learn to give
Happiness away
For other's day
And then you
Can really too
Enjoy life
And its drive
And then light
Will bring delight
And broad day
Will come in the way
To swap bad
In all that's glad.

Seema Chowdhury
Learn To Joyfully Sing

The light will shine
And the bell will ding
If you will learn
To joyfully sing

The song of fain
In life's way
To brighten it
And your day

It's surely worth
For you to smile
Even when hard
Burden of trial

Comes in to
Block your view
To take away life's
Joy that's true.

Seema Chowdhury
Learn To Live

We feel hurt
When we expect too much
From someone
Who doesn't know
That
The true art of living
Is to learn to live
Under the shadow of
Boundless warmth and passion............

This is life
And this is living
And this is what we have to live with.....

Seema Chowdhury
Learn To Operate Life

Surf on the waves of happiness
And jazz up your life
Learn to synchronize and take control
Of the self running slide show
Do not escape or close the live browser
Be strong and brave
And learn to accommodate change
And accept the fact that we cannot reverse
Certain updates made to our life's database

Click the 'Clear All' button to empty poignant memories
And put all conflicting thoughts in the 'Recycle Bin'
So you can start anew to enjoy sunrise and sunset
And a glimpse of the laughing Spring
Or catch the snowflake and see it melting in your palms

Life is what it is
So don't be puzzled by its challenges
Find a fast start along its tracks
And add your slide show of positive reinforcement
To begin a beautiful and creative life
With compassion, optimism and tenderness
Just slowly merge with the moving traffic along the freeway
To operate your life in your own gentle way...

Seema Chowdhury
Learn To Survive

why can't these troubles
Just leave me alone
For a little while
To stay out of mourn

To look at the sky
And all beauty around
To touch the shining stars
And the beauty of the ground

I need some time
And need a place
Where bright sunshine
is spread in the pace

To enjoy it all
And know what is life
And feel them all
And learn to survive.

Seema Chowdhury
Learn To Trust

Of all the things that life gave us
Knottiest of them is to gain someone's trust
And that is not very easy to gain
So we must stop and try again

As trust is the basis of everything
Along with honesty that comes in a ring
So if we want others sincere view
We must prove that we are sincere too

And show others that we really care
In our own way to all why are dear
And tell them that we'll always stand
And when needed will always offer a hand

And another thing that we all might try
Is to always be honest and don't ever lie
Because once if someone's trust proves wrong
they'll stop trusting others in any form

So these are small things we need to know
So make nice friends among our foe
So we must learn to trust to know life's taste
Or else our life will be just a waste.

Seema Chowdhury
Learn To Walk

Learn to walk
With
An extra baggage
On
The free way of life
With
A bumpy ride
Because
Staying afloat
In rough water
Teaches you to handle
The
Unexpected storm
That
Might come in the night.......  

Seema Chowdhury
Learners To Leaders 2

Learners to Leaders 2

Seema Chowdhury July 4, 2018

There are many qualities, skills and traits that one can adapt to find balance in life. To be successful and to become an Admired Leader, you need to do things quickly and diligently. Some of these qualities are

1) Good management and leadership qualities
2) Confidence, self-esteem and self-respect in all situations
3) Trust and team building qualities to mentor and coach
4) Motivating and inspiring emerging leadership qualities
5) Acquire knowledge and become an avid reader
6) Learn new and innovative things and have the passion
7) Shape and live your dream creatively and courageously
8) Avail all opportunities that come in your way every day
9) Be reflective and have a unique perspective on life
10) Embrace change and adopt new ideas and concepts
11) Understand and solve problems calmly and quickly
12) Increase concentration and mindfulness for decision-making
13) Excellent focus and pay attention to details for better results
14) Experience life without fear and be action oriented
15) Manage your time, make things happen and never give up
Remember, all these qualities will lead to the stairs of undeniable success and it will help you in your journey of Learners to Leaders!

Seema Chowdhury
Learners To Leaders!

Learners to Leaders!

Seema ChowdhuryJuly 1, 2018

Behind every chance, there is another one and another one, but they might not be as lucrative, as powerful or life changing as the first one. Remove the shell from your surrounding throwaway obstacles and roadblocks. Be yourself and give yourself another great chance today.

Focus on delivering the value. See how you avail the right opportunity and produce the highest value that you are able to deliver. Be ready to respond to the changing world. Continue the thought, be agile and rank your priorities in life. Always be on the learning path. Seek new chances to avail.

Discover yourself; acquire a wide range and variety of skills and knowledge. Develop yourself and learn something new every day. Change your perspective; remind yourself that you are responsible for your growth and development. Play many roles at different stages of your life. Don't allow you to be distracted or go in the rabbit hole.

Do fulfilling work to the best of your abilities. Avail the learning opportunities. Be fully committed, set clear goals and celebrate milestones. Be exceptional, go above and beyond; remove orange cones from around you that are blocking your path. Remind yourself you are a work in progress.

Use your superpower, be clever, be smart and make your choice today. Take your first step on the road to success and be proud to start your journey from Learners to Leaders!

Good luck!

Seema Chowdhury
Learning And Development

1. Make learning and development plans that do not only inspire you but also your team members. These also help and have a positive impact on individual and team performance.

2. Learning will increase employees skills, boost their morale, improve organizational engagement and retention, and will bring positive and dynamic results.

3. Learning and development help and prepare employees for accepting new challenges and teach them to look for new opportunities to fill the gap between known and the unknown.

4. Learning and development use different styles of teaching, guiding, mentoring, and coaching to develop employees and produce more leaders than followers.

5. Develop a step-by-step plan, schedule, and learning guide with many innovative and creative activities for your team. Help them to grow and walk confidently on the path of achievement and brilliant success.

Seema Chowdhury
October 26, 2017

Seema Chowdhury
Learning Experience

1) Find something new and come out of your shell.

2) Life is a great learning experience, so put on your thinking cap and find the energy to create solutions.

3) Enrich your mind, body and soul and think happy thoughts.

4) Use your imagination and listen to what universe is trying to tell you.

5) Only time has all the right answers, so don't feel stuck in the past. Move on and move forward with hope and faith.

6) Everything has a reason and life sends us messages. Listen carefully to the whispers of your heart.

7) The wind of change is blowing, get up and get ready to accept the challenge.

8) Start listening to the message and cues that life is giving you. Be mindful and act on them.

9) Life is difficult at times, but it is worth taking the risk if you want to win.

10) Roll the dice to change your future, advance your vision and work like a champ.

Seema Chowdhury
June 3, 2018

Seema Chowdhury
Leave All To God

Things that you can never do
That makes you feel down and blue

Must be left all to God
As He evens all your odds

So leave all your troubled heart
To gracious God from the start

And then God will play His Part
And will give you peace of heart

So don't worry and trust on Him
And know He will help With vim

Because when you leave it all
Then God breaks the trouble's wall

And grant you all He thinks is best
For you dear in life's test

That will take your blues away
And make you happy in your way.

Seema Chowdhury
Leave Behind

Leave behind sorrow
And look for tomorrow
For there are dear
Love and care
And kindness for all
Hidden in small
Things of life
So learn to survive
And search for them
Through prayer's gem
And leave behind sorrow
And look for bright tomorrow.

Seema Chowdhury
Leave It All To Gracious God

Don't play for too long in the sand box
Stop worrying and leave it all to God
Wrap words around trust and faith
And gently hold on for He is your Lord

Look beyond loneliness and into your dream
Begin to search for the ray of hope
So you can turn darkness into light
And come out of the clouds of haze and mope

Know that God is the source of life and love
And He can save you in every way
Wait for the night to turn into a sunny day
And give momentum a chance to swing in your way

Don't collapse in tears or in another jag of crying
Bend the axis of suffering choose for yourself joy
For life is a mixture of woes and sunshine
So reward yourself with smiles of warmth to enjoy

Remember flowers will surely bloom in your day
That will brighten your soul and life's way
Where Gracious God will extend His blessing's shade
For He is your loving God and guard of your day.

Seema Chowdhury
Leaves Of Time

pluck leaves of time
That is flowing in the rhyme
From the moment's tree
And then set free
Your soul and mind
And let it wind
the empty days
You passed in ways
So you can fill
And in them drill
A hole from where
Pleasures and cheer
Can enter once again
And fill with rhyme
So leaves of time
Can again be seen
Smiling all green.

Seema Chowdhury
Don't let the failure of your imagination
Frightened you, just pause for few moments
Then use the left and right arrows
To shift your perspective...

Do not struggle for composure
Run at your own pace
And do not let the noise and confusion
Of every day world make you sad...

Remember to share your sorrow
When you are absorbed in pain
And have determination and courage
To see it through till the end...

Develop the attitude of believing
And learn to swim against the tide of troubles
This is difficult but not impossible
So be courageous and at least try it once...

Listen to your own unique voice
and use your left and right arrows
To shift your confusing perspective
And find motivation to carry on..

Seema Chowdhury
Left Behind Reality

Don't look back again and again
For life is an endless cahin

Where glimpse of joy and ocean of pain
Comes for us hidden with fain

So don't look back athte left behind
Reality and think life is unkind

Just get up and seek for the light
And hope to see in life pretty sights

And remember that in this life's game
No one has the right to claim

Taht they have the right on happiness dear
For life gives us both joy and pain's share.

Seema Chowdhury
Left Unsaid

Somethings are better
left unsaid
Until the last day
Of our lives.....

For we all have to face
Fighting moments of life
Where
Unscheduled troubles
And hurdles come
And leave behind
A chain of pain
And crowded waves
In the sea of fears.....

When time get lost
In bitter experience..
And we only get to meet
Empty and unhappy dawn
After a dreadful night

And then we are left alone
To suffer
With our emptiness
And
Unsaid words and thoughts......

Seema Chowdhury
Happiness is usually
A less traveled road
Where we all
Wish to board
And stay longer
Not only for a while
To enjoy life
With joyful smiles
But not always
We find a way
To do it ear
And there stay
So don't feel gray
Or down or blue
And hope to see
A nice and good view.

Seema Chowdhury
Lesson Of Life

Up and down the hills and plains
i walked all alone just insane

Following the weird unknown shadow
That ended up in the tranquil meadow

Which now had tons of autumn leaves
Filled with brownish shaby leaves

And then at once I thought dear why
I followed what appeared on the sky

What was it taht inspired me
'To follow it all with fain and glee

And that's when I was interrupted by
The hazy sketch that appeared before my eye

On the sturdy rock jutting out of the sea
Getting ready to be studied by me

For a moment I thought then went close by
To see what was written to be read by my eye

And there I saw the story of my past
Written on the blue sea that was vast

that said dear now don't look back
Because then you can't keep the track

Of where your life is leading you
To the hilly and plain paths that're new

So today with fain close the door
Of your past so it won't interfere any more

And let you lead a happy life
that's surely needed for one to survive
So then to close and say goodbye
To the life of the past o just stopped by

Where I only saw the waves of the sea
washing and waiting to set my life free

And from there on my return I brought
The lesson of life that I was taught

That there is no future if you
Keep putting your past in front of you.

Seema Chowdhury
Let Faith Grow

Let faith grow
And lighten your load
And take you to green pasture
And beautiful still water
Where you can breathe fresh air
And throw away your troubled load
And hear the sound of God's voice
Full of hope and peace

Where you can rediscover yourself
And learn to hold back tears
That well up in your eyes
And learn to overcome your struggle
To find joy in your strength
To hold on to life
And redefine your world
And open the next chapter
Of hope in your life.............

Happy New Year 2012.

Seema Chowdhury
Let Faith Play Its Role

Bit by bit pause and catch your breath
Find and recapture your inner strength
Don't let life to pass in a blur or a fog
It might be cold and freezing outside
But always warm up your heart and soul
And let faith play its role..........

Glance at life and walk through the door
And fill it with love, laughter and more
Don't let the dark sky cloud your vision
Appreciate the good things in your life
Be humble and gracefully bow in front of God
And let faith play its role..........

Count and recount your blessings
And let your emotions freely flow
Tap into your deep inner strength
Enlighten and encourage yourself ardently
And listen to that strong voice in your heart
And let faith play its role..........

Happy New Year 2016

Seema Chowdhury
Let Fresh Breath Enter

In this maze of life
Show yourself positive views
And shut negative thoughts out
So fresh breath can enter your soul
If you aren't unable to speak
Then sit and do silent prayers
And remember that the other side of life
Is always present and may be bright
Focus on things that matter
Because future is full of opportunities
So speak out your feelings openly
And find the tipping point of life
Don't feel like a stranger
In this strange land of time
Try to solve this puzzle
And see how far you can swim
Just pour our negative emotions
And shut depressing thoughts out
Search for positive views
So fresh breath can enter your soul......

Seema Chowdhury
Let Go

Let your mind wonder alone
Let it fight with the mourn
Let it wash away the tears
The tears of remorse and fear

Let go of these stabbing pain
That’re crushing the moments of fain
For if you will not let it go
Then you can never say no

To the troubles of real life
Where we are all bound to survive
For life has its up and down
That brings dole, gray and brown

And let not you stay in peace
And blow the trouble’s cool breeze
So if you want to joyfully survive
In each day of your little life

Then let your mind wonder alone
And fight with trouble's and mourn.

Seema Chowdhury
Let Go Of Old Fears

Let go of old fears
And wipe away your fears

And know that in your way
You have to pluck the ray

Of both joy and pain
Of both sunshine and rain

So learn to handle it with care
As this is what makes life dear

And know you have to learn
To mold and to turn

The bad sights of this life
Into lovely scenes that survive

So it will be easy to let go
Fears and tears of past flow.

Seema Chowdhury
Let Go Of The Past

• Let go of the past and try to move forward
• It is a painful experience, but you will find a way
• Look at the butterfly, how it changes in every stage
• To fly high in life, you have to spread your wings
• Take a deep breath and pause then get up and try again
• Throw away broken pieces of yesterday and move on
• Try to heal your heart, mind, body, and soul with prayers
• Remind yourself you have to rise above adversity and pain
• Quit worrying about what will happen tomorrow
• Just listen to the voice in your head, and trust your instincts
• Believe in yourself and build your own daring dreams
• Learn the right skills and expand your knowledge
• Grow every day and forgive yourself for mistakes
• Don't carry that entire burden, just let go and move on

Good Luck!

Seema Chowdhury
May 23, 2018

Seema Chowdhury
Let Go!

Let go of what you cannot change
Try in life to always rearrange
When once you feel stuck and lost
And cannot anymore pay the cost

Be careful with your words and ways
Bring happy moments in everyday
Train your mind to see good my dear
And do things with love and care

Remember God gave you the power
So stand tall and strength life's tower
Let go of things that you cannot change
And try in life to happiness rearrange

Don't hold on to anger, doubt or tears
Look for positivity and real rainbow gear
Invest in yourself and always have a plan
To control your emotions and fear's scan

Remember we win but sometimes we fail
So don't quit, stop or give up in the trail
Hold on to hope and faith to try again
By letting sunbeams lit up life's lane.

Seema Chowdhury
September 15, 2016

Seema Chowdhury
Let The Heart Speak

Life is full of infinite beauties
To behold and display
So never feel shy or low
And always try to lay

Its nobleness and its peace
And abundance of blissful love
That is all hidden in it
And comes from heaven above

Speak from your heart
And let it all out
For life is a song of faith
So sing it without any doubt

And know how blessed you are
For glorious new day awaits dear
in each step of your life
With the gift of joy and cheer

And this is how we should thank
Our creator and our Lord
For the blessings that he has showered
On all of us who is our gracious God.

Seema Chowdhury
Let The Music Out

Play and let the music out
Don't walk around with any doubt
Be your own cheer leader dear
And dip your soul in faith's layer

Let cool whisper of wind drift
And swap your pain with breeze swift
And show you awesome life's treat
To welcome you with hope sweet

For perfect pleasure and positive deed
Can satisfy and can feed
Your heart, your soul and your mind
And show you ways to trouble unwind

So play and let the music out
Don't walk around with any doubt
Be your own cheer leader dear
And dip your soul in faith's layer

For radiant happiness and simple joy
Can bring a wave of energy to enjoy
For joy is contagious and like a snow flake
That smiles then melts away to break

So play and let the music out
Don't walk around with any doubt
Be your own cheer leader dear
And dip your soul in faith's layer.

Seema Chowdhury
Let You Be

Let you be
The cause of hope
To everyone
Who is in mope
And let you be
The bright spring
Who helps to shine
In life everything
And let you be
The source of delight
Who brings joy
And the pleasing sight.

Seema Chowdhury

Seema Chowdhury
Let's Celebrate Life

1) Let's Celebrate Life 1

In today's fast-paced world, take control of your life and celebrate it. Find yourself and your true purpose. Learn, grow and live life to the fullest. Increase your success through hard work, perseverance, confidence and patience.

2) Let's Celebrate Life 2

Change your life and challenge yourself. Move forward with a purpose and develop unshakable confidence. Embrace the future and embark on the new journey. Harness your creativity and learn to deal with whatever comes by.

3) Let's Celebrate Life 3

Do SWOT analysis and focus on your strengths. Redefine your life and look beyond infinity. Enhance your career, concentrate on your life and never give up. Remember, each day holds hope and aspiration.

4) Let's Celebrate Life 4

Commit to Excellence and develop the strength to move forward. Change your thinking and mindset to be creative and innovative. You have everything inside you to be successful. Believe in yourself and try new things with passion and courage.

Let's Celebrate Life 5

You have the potential for greatness. So, become fearless and invest in yourself. Redefine your life and look beyond infinity. Enhance your concentration and reboot your life.

Seema Chowdhury
January 7, 2019

Seema Chowdhury
Let's Count Our Blessings

Let's count our blessings and be thankful to God
Who gave us so much as gifts and rewards
That bind us with his unbreakable chord
With the chord of strong love of our Lord

He fabricated the bright shining blue sky
Where tiny little clouds can freely fly
So if ever in life we're in pain and sigh
It carries with us and asks dear why

And also God created the grass that is green
Where thousands of blessings can be seen
And we know if we need shoulders to lean
He'll listen to us with interest and keen

And last I'll say if we're not feeling fine
Then we should look at things that're bright and shine
There many things are still undefined
But we know all these are showing God's sign

And when we know someone extra nice in there
To share our problems and to wipe our tears
Then we don't need to think anything is unfair
As we know we're safe in Lord's loving care.

Seema Chowdhury
Let's Do It Now!

1) Pay attention to life's events and learn valuable lessons from them. Create opportunities and accept challenges. Focus on perception and renew your mind. Express gratitude and believe that miracles do happen if you wait patiently.

2) Develop deep ethical values and understanding about life. Step out of your way and share real learning. Remember knowledge has great power, so empower yourself with management and leadership skills. Learn about negotiation and conflict management. Apply emotional and social Intelligence and test your empathy when dealing with difficult people and situations.

3) Set boundaries and always keep positive attitude. Know that you have all that you need to grow and flourish. So be the ray of hope and move forward with life's enchanting purpose. Inculcate true motivating spirit that tells you everyday "Let's Do It Now!"

4) Write your own philosophy of life and create your inside out and outside in perspective. Have courage to make the correct choice and then stand by it. Take each step carefully and feel positive energy flowing around you. Open your mind and shape your strategic thinking.

5) What is really important to you is an essential part of your life. Before starting your journey to the path of success, learn to commit fully and faithfully. Learn and grow your mind and enjoy new milestones beyond tomorrow so you can thrive.

6) Always give your best and be the part of finding solutions. Be creative, innovative and don't keep others in the dark. Pay attention to what is happening around and help others in anyway that you can. Look at the Sunny side of life and tell yourself everyday "Let's Do It Now!"

Seema Chowdhury
May 25, 2017
Let's Face Life!

1. Start your journey of understanding life. Don't lose control at the time of pain and chaos. Just pray and try again so you can win this game.

2. Realize your own strengths and good qualities, so you can hold on to them firmly. Just empower yourself with the gifts of learning and knowledge.

3. Keep your head high and walk humbly towards the pathway to success. Expand your horizon and add a new dimension to your way of thinking.

4. Embrace hurtful feelings and try to understand it fully, so you can move on in life. Increase emotional intelligence and apply it in daily life.

5. Think positive and fight back tears of failure and disappointments. Clear obstacles from your path and find creative solutions.

6. Be patient in confusing situations and stay motivated to design your own philosophy of life and success.

7. View the world around you mindfully. Manage your past, present, and future courageously.

8. Spread joy and peace wherever you go and learn the art of living like a winner. Let's find opportunities for continuous improvement and let's face life!

Seema Chowdhury
November 17, 2017

Seema Chowdhury
Let's Get It!

• Start your journey to a successful life
• Don't hide, fear, shy away or ever quit
• Shed light on the dark and uncertain corners
• Remind yourself of your inner strengths
• Capture your mind, body, heart and soul
• Visualize and create a bright future to live in
• Empower yourself and remove any doubt now
• Get ready for tomorrow and adapt to change
• Let positive emotions flow smoothly in your way
• Be confident, assertive and gain momentum
• Find something important to truly focus on
• Dream big, be an admired leader and let's get it!

Seema Chowdhury
February 9, 2018

Seema Chowdhury
Let's Live For Tomorrow

Life has troubles
Life has sorrows
So don't give up
Just live for tomorrow
And hope surely
Will appear a morn
That will be free
Of trouble's corn
And will show you
Life's joy and pleasure
That collected when
Brings a great treasure.

Seema Chowdhury
Lets Make Things Better

Work hard for a little while
With hope and a joyous smile

And know in each day of life
Is hidden a way to finely survive

So try to make better all things
That moves on in life as a ring

For joy and pain, troubles and pleasure
Are all life's rare and precious treasure

So try to achieve the height of joy
Where you can learn to enjoy

Each moment of your precious life
In which you're bound to survive.

Seema Chowdhury
Let's Make Today Fun

No matter how the life's landscape changes
Do not let go of your own perspective
Let your soul free and start at the ground level
Cascade down through your creative imagination
And pave the path for a smooth ride
If you don't stay on top of life's challenges
You'll be lost in a land of myth and misconception

Don't be reluctant to shift gears to achieve your goal
Be flexible in your thinking and planning
Always be prepared to make today fun
And fit completely and smoothly in the big picture
You have a lot to deal with to create momentum
So uncover the details and truth to life

Don't be afraid of the grey cloud
And never fear the known or the unknown
Try to shake things up and open new opportunities
And destroy any road block that comes in the way
And always be prepared to make today fun
And change life's landscape according to your perspective

Seema Chowdhury
Let's Search For Our Ways

Let's go an extra mile and search for what we need
For the happiness flower blooms under joy seed
And show us new things that world now hold
And give us nice ways so we can joyously mold

And seize this golden opportunity in our way
For luck now is moving and is willing to pay
So let's get out and see new sights
For world really holds new things that're bright

And what is worth doing is worth doing well
So we must try on earth wherever we dwell
To do something positive in our pace
Which can put a gentle smile back on our face

And all human beings in their lives one day
Approach an important cross road in their way
Where they are given a chance in brisk
To see and then to faintly pick

A road which they think can really hold
Nice things which can joyously mold
Tears of their eye to smile in their pace
Which can put a gentle smile back on their face.

Seema Chowdhury
Let's Take A Moment...

1. Focus on our spiritual being and strengthen our ties with God Almighty.
2. Be at peace with our Lord under all circumstances and count our blessings.
3. Merciful God is our provider and He is our creator and the Sustainer.
4. He rewards and punishes us and grants us security, harmony and mercy.
5. Stay faithful to our Lord and save us from falling into darkness.
6. Don't focus on material world or throw us into the pit of destruction.
7. Tread the path of righteousness and prepare for tomorrow and hope for a better future.
8. Pray to God Almighty to open new avenues and make us a beacon of hope.
9. Find purpose and meaning of our life and excel in every aspect sincerely.
10. Establish peace and improve our situation so we can become the recipient of God's mercy and endless grace.
11. Focus on our prayers and take care of our moral and spiritual well being.
12. If we get caught in the moment or engulf in difficulties then remember to knock at Lord's door and ask for His help and forgiveness.
13. Cleanse our heart and soul and count God Almighty's bounties and grace.
14. The Lord is our true and sincere friend and only He can help us in chaos and pain.
15. Take some time out from our busy day and reflect on God's forgiveness and blessings.
16. Request Gracious Lord to grant us peace of mind and put love and tenderness in our hearts.
17. Only God can sow the seed of truth and righteousness in our hearts and make
our homes abode of peace.

18. God is our helper, our guide and most trusted friend. Only he can save us from drifting apart.

19. Don't feel frustrated and confused, stay on course, find hope and take a big leap of faith.

20. Let's take a moment to nourish our souls and find harmony and peace to spread brilliant colours of hope and compassion.

Seem Chowdhury
January 28, 2018

Seema Chowdhury
Let's Wish For A Bright Beginning

Let's wish for a beginning that is
Full of hope joy and fun
For a thing that is well begun
Is said to be half done

So for that delete the word
NOT from your mind
And then everything will look
Brighter and kind

Remember the very first step
That we pick or that we take
Must not contain in it
Any error or any mistake

For it is the one on which
Depends on the rest of our days
So try to spend it in
Many creative different ways

With thoughts that are more
Inspiring, bright and new
That can lead us to a beginning
With feelings honest and true

So let's wish for a beginning that is
Full of hope, joy and fun
For a thing that is well begun
Is said to be half done.

Seema Chowdhury

Seema Chowdhury
Life And Living

I want to move
In a forward motion
And get all that
I deserve in life
And thank God Almighty
For giving me all
That I needed to survive-

For life and living
Is a constant test
That we have to take
If we want the best
For that is the purpose
Of our lives

So treat your heart
And show your gratitude
To God Almighty
So you can return to Him
With a free soul
And a happy smile.

Seema Chowdhury
Life Beyond Life

A life beyond life
Is what I wish to see
Where I can build
My dreamland
Made up of
The bricks of
Happiness
And understanding
Where
True passion
And miracles
Satisfies reality
And
If I want
I can have it...

Seema Chowdhury

Seema Chowdhury
Life Feels Now

Aches and sorrows
Like today and tomorrow
Come and go
In life's flow
And opens door
For you more
To see the way
In day after day
For this is how
Life feels now
Filled with clouds
And mist and doubt
And behind and between
No one can intervene
For this is hard
And a pre-written card
That we only sum
Till the game is done.

Seema Chowdhury
Life Goes On

Life has some ups
Life has some downs
Life shows us blues
Life shows us some browns
But nothing ever stops
Or forever drops
Life goes on and on
With its eves and morns
And this is not the end
It is this world's trend
So accept it without asking why
Just to your fullest here try
And believe dear that one day
You'll end life's journey's way
And then quietly you'll go
Ending your role in this show
And even then you'll see
Here in this world's tree
Spring will come to smile
And spread joys for miles
In its eves and morns
Because life goes on and on
And nothing ever stops
Or forever drops.

Seema Chowdhury
Life Happens

Life happens
And events take place
As you record-
If you're open
You'll hear things
And
They'll affect 'you'
And
What's going on
In your life..........

Just open your heart
And
Open your mind
And let it all
Get absorbed
In you......
That is what will
Bring peace
In your life.......
Life Is A Mess

Life's a mess
Where joys are less
And seems to me
To be free
Of all kinds of joy
For all to enjoy
And it is true
That less are the views
And troubles are more
Just like before.

Seema Chowdhury
Life Is A Precious Gift

Life is rare
So deal it with fair
Life is great
So enjoy it with faith
Life is what
You have got
Life is joyous
So pick your choice
Life is a test
So do it with zest
Life is very broad
So get your reward
And when you'll know
How in it to flow
Then say it swift
That life is a perfect gift.....

Seema Chowdhury
Life Is Full Of....

Life is
A never ending lesson
Filled with
Chance
Fortune
Luck
And
Possibilities....
Where the key
To the whole thing
Is
Passion
Consideration
And
Reality
That teaches us
To step out
Beyond our comfort zone
And
Skillfully plan this life....

Seema Chowdhury
Life Is Hard

I want to stay in your heart
And from there never part

Because time is slipping by
And leaving pace low and high

For life is hard without you
And that's what makes me blue

I wish if words can make a way
And help to tell all I wish to say

For sometimes I can never find
My way to happiness bind

For life is hard without you
And that's what makes me blue

I want to find and understand
Why it's hard to hold the hand

That can show me the way
Where I can in peace stay

For life is hard without you
And that's what makes me blue.

Seema Chowdhury
Life Is Just Passing By

When I see life's days just passing by
And sun faintly saying hi

When I see bent roads all crossing high
And flowers to the world's gloom saying bye

Then I know that behind all this
There has to be God's loving bliss

For he is the one who keeps us in care
And treat us all with kindness and fair

And bestow on us his ever lasting peace
With the help of which our pain cease

So that's why I always tell and say
When I see passing by my life's days

Then I know that behind all this
There has to be God's loving bliss.

Seema Chowdhury

Seema Chowdhury
Life Is Like A Game Of Sudoku

1) Life is like a game of Sudoku, where each person is handed over a different game.

2) It's a game of patience, perseverance, mindfulness, clarity, and strategic planning.

3) It teaches us critical thinking, decision-making techniques, and gives a unique perspective on life.

4) In this game, each cube represents multiple roles that we play in different parts of our lives.

5) Initially, everything looks challenging and difficult, but with time we learn to solve it, one blank at a time.

6) As we focus on one cube, one row, or one column, it starts looking easier and more manageable.

7) When we solve it strategically, the answers start emerging, and we enjoy understanding the bigger picture.

8) Just make the best use of the limited resources you have and don't compare your life with others.

9) Learn to accept the unexpected, try the untried, and look at all the options and the opportunities that are present.

10) In the end, when you will have all the right answers, you will see light, hope, and admiration for your enthusiasm.

Good Luck! ! !

Seema Chowdhury
August 18, 2018

Seema Chowdhury
Life Is Like That

Learn about laughter
In the school of pain
Don't let your life
To pass by in vain

For very few moments
Are given to you
To live for yourself
Without pretending too

So keep in touch
With the world around
And let you enjoy
Life's merry-go-round

And let you learn
To hide pain and sigh
Before you leave quietly
Forever in grave to lie.

Seema Chowdhury
Life Is Worth Playing

Live in the present moment
And fill beauty in them
Walk around your life
To wrap up those empty hours
And know that life is an exciting game
That is worth playing.....

Add new elements to life
And come out of behind a two way mirror
To make a simple and humble beginning
To bring variety to life
And know that life is an exciting game
That is worth playing.....

Do not let problems compound
Learn to rectify your mistakes
Take care of the tasks
That you need to do ahead of time
And know that life is an exciting game
That is worth playing.....

Don't be surprised or puzzled
Always keep in perspective
What is in your to-do list
So you can envision steps you will be taking
And know that life is an exciting game
That is worth playing.....

Seema Chowdhury
Life Is....

Life is a battle between wrong and right
Life is a contest of dark and light
Life is an ever changing going phase
Where joy's shadow never comes in this pace

Where happiness is usually a thing of past
That one can only get after passing the vast
And huge ground of trouble and pain
After which usually one feels insane

Because every step that is taken here
is lead and followed by the fear
That one more trouble will be given to you
To color and fill it with life's hue

So usually when I think of what is life
I think it's a place that only survive
Where dozens of troubles, agony and pain
Are sent to us like the endless rain.

Seema Chowdhury
Life Just Happens

Life
Just happens
In the order
It was fed to be shown
In our fate...
nothing
Absolutely nothing
One can do
To rearrange
Its order
Or
Sequence............

Seema Chowdhury
Life Long....

A marriage is
A life long commitment
Of sharing
The smiles and the tears
The laughs and the cries
The fains and the pains
The sweetness and the bitterness
Of
Two spirits
Two souls
And
Two lives....

Seema Chowdhury
A wedding is a knock
On a door unlock
That opens the road
And there unload
The bucket of fain
And smiles of gain
And shows with wed
God's bliss lies ahead
That can cover your life
With tonns of joy's drive
And can show days
With better path ways
So I hope for both of you
Happiness life free of blues
Where love is ready to kiss
Your life with a perfect bliss.

congratulations! ! !

Seema Chowdhury
Life Of This World

The life of this world
Is filled with evil schemes
Where unpleasent stories
With dull and light beams
Appear as heavy rain
Through these dense clouds
That pour like painful tears
Of deception and doubt
Where depths of darkness
Is hard to measure
And fulfilling of heart's wishes
Is far away from pleasure
Where flow of fortune
is upside down
And agony's fire
Is wearing the crown
I don't know when
I'll find the ray
To follow it to find
To walk in the way
Where movement of rhythm
Will be peaceful and sound
And will give assurance
And a solid ground
To terminate unpleasent stories
And these evil schemes
And make life of this world
Coloured with bright beam.

Seema Chowdhury
Life Time Of Happiness

I hope the days
That you'll spend together
May carries in it
Joy's flowers for you to gather

And may each year
That will pass you by
May collect for you
Dreams and hopes all high

I wish you long
And happy married life
Where smiles and happiness
And much joy survives

That can bring
Joy in your ways
To brighten your whole
Life time days.

CONGRATULATIONS FARAH & ARIF Bhai

Seema Chowdhury
Life's A Beach

We started our new life's walk
Along the crystal clear water together
Under the shinning and bright Sun
In the light of pure love

Where each step created a warm breeze
And small wonders amused us
And life seemed gentle as we held each other together
Like a hot day warmth on a cold day

Walking along life's beach in the world of faith
We shared our secret and innocent dreams
Where the sea met the land
We built our unique and sweet home

Our own gorgeous little heaven on Earth
Near the beautiful light house
On the newly laid damp sand and clay
With each curve and cliff and beauty of the land

And there we untangled the knots together
And kept the running record
Of all our tiny pieces of memories
And the warm currents that flew along

And there we crossed all barriers of life
Into the world without any fear or limit
We got all our answers that were standing for a long time
And discovered the joy of the unique friendship

In life's beach among the rolling waves
We started our lives new journey
With eager eyes and loving hearts
And learnt to embrace the scattered beauties of life.

Happy 15th Anniversary Sunny.

Seema Chowdhury
Life's A Celebration

Figure out life as you go along and rely on yourself
And know that life is a juggling act
Between smiles and tears
Where some insane moments with nice fantasy
And unexpected humor will come
So with your kind heart and a warm smile
Learn to handle it all

And as you flip through the channels of life
You will learn to hear the sound of silver bells
In the pitch and deep darkness
And you will learn to turn your life inside out
With a heart brimming with courage

And you will uncover the mysteries
To reach the greatest gift of all
Where life's a celebration
And you get to see the bigger picture
Through the lenses of faith to bring joy and hope
With a touch of warmth and sincerity for a fresh start

Happy 16th Birthday Samia Baby Doll.
We love you very much.

Seema Chowdhury
Life's Battle

This life is a battle field
Where we are all players
Who are playing the waiting game
That comes in life's layers

So don't feel tired dear
Just try to reach the top
Where life can show you
How troubles can really drop

For a man's life is fragile
Fragile even than a rose
Where we all have to play
Our parts without any pose

So now we must accept
What comes in our lives
As a part of our fate
Where we're all bound to survive.

Seema Chowdhury
Life's Beautiful

Life's a beautiful and an awesome adventure
Find joy and celebration in everything you do
Take action and pass on new ideas and joy
It's a journey through life with endless crossroads
Learn to manage the unexpected change in plans
And believe that nothing lasts forever or too long
Both good and bad come to pass and teach some lessons
Only you have the power to colour life the way you want
Find your inspiration to calm our anxious thoughts
Bring yourself peace of mind and enjoy life's moments
Resist negative thoughts and give life a chance to renew
Just start your journey with a smile and make the right choices
And know it's a wonderful world and life's beautiful...

Seema Chowdhury
November 25, 2018

Seema Chowdhury
Life's Best

Hope for the best in your way
Like a sunshine on the misty day
Hope for the best in your life
Like a never ending miracle to survive
Hope for the best to see on the sky
Like rising hope and faith very high
Because when you'll hope for the best
Then life will take such turns and rest
That you will see things that are bright
That will mix happiness with the delight.

Seema Chowdhury

Seema Chowdhury
Life's Big Hole

Don't let disappointment
To register on your face
Or look blanked or confused
And don't let
A nasty experience
Drag you in the hole of despair

Remember,
Confidence comes from within
So inspire yourself to believe in you
And learn to master your life
And do not fear to be wrong

Look the world straight in the eyes
And create a view of life
And have an additional meanings in it
So you can rescue yourself
From bad situation

Just know
God is there in all moments
That are good or bad
Or great or small
And only He can give you pleasure
Or add meanings to your life

And when you'll believe in this
And will find your comfort zone
Then you'll see life's big hole
Getting filled with peace
And life's edges getting smoother
As time goes by.......... 

Seema Chowdhury
Life's Big Picture

There is always a journey
Full of huge challenges
But learn to calm yourself
And glimpse life's big picture
And get away for a little bit
And get recognition of your life
For there is always a silver lining
In every cloud
And remember to dance with joy
And bargain to escape
And learn the answers of the questions
Of strength and sacrifice
Of warmth and ambition
And try to make sense of the mess
With passion, apathy and thrill
And learn to live in each moment of life
And deeper your faith
And know that
after storm comes sunshine
That will crystalized
You, your vision and your soul
And will lead you to infinity.........

Seema Chowdhury
Life's Black Board

When you're stuck
In trouble's doubt
And there you see
No way out
Then don't ever
Lose your hope
Or sit back
Just to mope
But with courage
Once again try
And stop your tears
And don't cry
And look to the
Shining sun
And bright side
Before life is done
And start again
Your life's code
And write happiness
In life's black board.

Seema Chowdhury
Life's Bouquet

Make life's bouquet
With care and love
And give it a touch
Of heaven above
By adding in it
Fain and smiles
To color life's days
With joy for a while
For roses and thorns
Are both present there
So handle it all
With some care
And don't let thorns
To hurt your ways
Or add in it
A dull day.

Seema Chowdhury

Seema Chowdhury
Life's Bright Passage

It's still a long
Way to go
On the road of life
So don't feel low

And wipe it all
The tears of mourn
And hope to see
A brighter dawn

And know the days
Of despair is gone
And soon here will
Break the dawn

That will be
Full of light
And will make life's
passage all bright.

Seema Chowdhury
Life's Ceremony

As the sun cast light over the city
I sat down silently
Pondering over the by gone days
Where many twists and turns took place
And many a time I felt
I was pushing myself too hard
And that I have reached the end of the rope
And I have plenty to say
But the words have lost their meanings...

I felt torn and confused
As the clock was ticking
And In the middle of all this
I realized that life is tough at times
And we are forced to bare the unexpected
To make adjustments
And let time heal the deep wounds
And clear the jumbled feelings...

So at the end
We can reach the moment in time
Where there are plenty of joy to celebrate
So we can light a candle
To make a positive change
And be the part of a ceremony
Known as life...

Seema Chowdhury
Life's Chain

Get a new lease on life
And learn the art to drive
The fast paced car of it
That comes with life's kit
And learn in it to share
All your smiles and tears
With thoughts that're bright
And brings pleasure to the sight
And know that only few
Days are left in dew
So enjoy it with the fain
For this is unceasing life's chain.

Seema Chowdhury

Seema Chowdhury
Life's Challenge

Life challenges us with this fact
That everyone of our act

Can be a little better done
If its done with the spirit of fun

So try to accept in your life
This tiny challenges that do survive

And learn few more and few new
Art to see and this world to view

With a smiling eye and a happy face
From where always joy can be traced

Because this is really a fact
Things are better when done with joy's act.

Seema Chowdhury
Life's Choices

Life is all about choices that we make
So be careful my dear and never break

Especially when you are overwhelmed with tears
Don't let sudden rush of emotions run deep with fear

For the long road of life is ahead of you
Where at the end of the tunnel you will view

The bright light of smile and hope
So get back to your work and do not mope

Just know that this is the beginning of the end
So be strong and steadfast and do not bend

Work hard and open your mind and heart
And let stairs of hope find you a new start

Where everyday will bring you new things
And life will move on smoothly in peace ring

And you will be happy for the choices you made dear
That gave you hope and strength to get rid of your fear.

Seema Chowdhury
Life's Circle

Within life's circle
Build a chain
Of thoughts and acts
That are just same
And holds for you
the care you need
Without the thorns
Of trouble's weed
And always remember
That in this life
Periods of calm
Will survive
Only for a moment
because then dear
Will always come in Violent wind sheer
So learn to handle
It all with faith
And find for yourself
God's blessing's gate.

Seema Chowdhury
Life's Coach

Fill your life with joy everyday
Seek and always find a new way

And be your own life's coach dear
And a cheer leader of hope and care

And learn to generate happiness to
Brighten your life and color with hue

And feel connected to your soul
And erase bad memories of pain and dole

For life is like a winding road
Where we have to bear the load

And withstand all sorrows and pain
To reach and knock on the door of fain

So search for brightness in dismal dark
And look for light and bright marks

And be your own life's coach dear
And a cheer leader of hope and care.

Seema Chowdhury
Life's Companion

So much love and so much care
So much kindness I see there
Where eyes are all full of love
And show me joys of heaven above
Because whenever I look at you
I see life's companion sincere and true
And also the lovely warmth of your smile
Brings me joy all spread for miles
Where happiness keeps everything go
And gives chance for trust to grow
Because whenever I look at you
I see life's companion sincere and true.

Love You Sunny

Seema Chowdhury
Life's Crops

What we're planting today
We've to pluck tomorrow
what we're doing now
Will make memories of joy and sorrow
For this is how
Life's story is made
And this is how
Bricks of days are laid
Sometimes I wish
We get another turn
To go back in this
River of no return
Where we can delete
Our misdeeds and mistakes
And clean our pain's
And sorrow's sour lake
and ask God almighty
To swap these bad things
with love, care and happiness
that moves in a ring
But I know it is only
My wish and my dream
And real life isn't soft
Or as sweet as cream
And whatever we've planted
we have to pluck tomorrow
And that is how life will
Make memories of joy and sorrow
with no U-Turns
In life's long road
That can share our pain
Or any trouble's load.

Seema Chowdhury
Life's Crossroads

Live gently and peacefully  
With grace and creativity  
Add beauty in all you do  
And decorate life with smiles  

Have a pure heart and soul  
And help people to survive  
Overcome your own fears  
And challenge yourself everyday  

Accept darkness with sparkling light  
And heal your wounds of yesterday  
Build a brand new and simple life  
With gentle and beautiful emotions  

And when life's crossroad appears  
Be strong, wise and bold  
See what you want to see  
To open new doors to step in  

Just shun noisy concussion of life  
And find your way out  
So you can create beauty  
With your heart and soul  

Leave behind a wealth of  
Hope, happiness and faith  
To inspires everyone's life  
With kind words and gentleness.  

Seema Chowdhury
Life's Crown

Death is the crown of life
As it puts a happy end
On our troubled life
That has so many bends
For life is very hard
As it is made of pain
Where troubles come to wipe
Even a glimpse of fain
I wish for myself if
I can meet it today
And get rid of pain and sigh
And be peaceful in the way.

Seema Chowdhury
Life's Cruel Joke

Don't give up laughing or smiling
Even in the middle of crisis
When life plays a cruel joke
Or takes an old turn
For we live in a crazy world
Where sometimes we feel trapped
And we become bitter, angry, tired and sad
With too much broken and battered
Pathways to walk on...

Just hang on and learn to accept life challenges
And explore new avenues
To reach the glorious sunshine
To warm up your life
And try to convert the ending
With a new beginning
With your own thoughts without fear
And know that life can change
Even in a single moment...

So just don't give up laughing or smiling
Accept it as a challenge
And know that we live in a crazy world
But if we hang on for long
We will see life changing
And glorious sunshine entering our lives....

Seema Chowdhury
Life's Deal

Let the words you say
may not tell to all
Why life seems so lost
And why you meet a fall
For no one can share your
Fears and dreams spread trace
And no one can wipe the
Darkness from fate's face
So don't let anyone know
How you really feel
And what you want to do
To handle this life's deal.

Seema Chowdhury
Life's Diary

Everyone's life is a diary
Where he keeps all his memories
That are all real and true
And shows life's different view
So don't waste any of its page
In sitting in prison in its cage
Just do what you want to do
And try to be a happy too
And know soon it all will end
And life's journey will reach the bend
Where everything will finally cease
And life's story will there freeze.

Seema Chowdhury
Life's Endless Cycle

Before passing further into life's tale
Let me quickly uncover this veil
That has covered our life's days
With joys and tears in their ways

I wish if life can show us all
The ups and downs, the rise and the falls
And give us all courage to bear
This endless cycle without a tear

For life is like an acting stage
Where we act as birds in a cage
And has nothing else to do
But to act in the sequence fed for you

And that's why I wish if today
I can uncover in my own way
This hard spread cover and this veil
Before passing further into life's tale.

Seema Chowdhury
Life's Enlightening View

Slow down to move over towards peace and solace
If you are unable to cope with adversity and mope
Overcome your fear, doubt and limitations in life
And create your own world with love and hope

Enjoy small and beautiful moments of sedateness
And paddle back quietly to the calm and still side
Because life is not always neat, tidy and serene
So choose a new route in the time of high tide

Say an ardent prayers for peace and tranquility
And wait silently to see the change you ever wish
Be willing to compromise and reflect upon calmly
The unsettled and mingled pattern of life's squish

Catch up with life and follow what is in your heart
Take happiness challenge, simmer down and be steady
Sort things through and deal with tricky situations
Have faith and know it's possible so always be ready

Discover your wings to fly away as life swiftly unfolds
Crow a happy tune in dismal dark and step through
For soon the dawn will break so unwind your worries
Cope with faith, serenity and life's enlightening view.

Have A Blessed Weekend!

Seema Chowdhury
Hurting words once said cannot be taken back  
Fallen tears from innocent eyes cannot be taken back

Broken heart and soul cannot be mended some times  
Cracked and shattered hopes cannot be hymned or rhymed

So be careful my friend and know that in this life  
We are given ample choices to cautiously here survive

So we must mend broken paths to walk on it with peace  
Where troubles and pain will eventually lose and cease

And give us a chance to be number one and a star  
Who gathers smiles of hope from near and afar

And learn to make this world a better place for all  
And sprinkle the dust of care with joy big and small

So as the day proceeds and life's dawn turns into dusk  
We can proudly sprinkle the scent of the kindness musk

And uncover the hidden beauty under the layers of life  
Where we learn ways to continuously and cautiously survive

And learn to mend broken pieces of our hope, joy and more  
And come out of life's test as a winner who keeps the score

Who tries to eliminate hurting words and wipe tears that fall  
By decorating with peace and serenity life's exhibition hall.

Seema Chowdhury
Life's Fair

A whole new view
A whole new year
A whole new story
Of smiles and tears
Will be shown
To us my dear
That are hidden
In the layer
Of this life's
On going fair
So be ready
And with cheer
Wake up and
With all share
What is given
To you in life's fair.

Seema Chowdhury
Life's Ferris Wheel

Come to my life's ferris wheel
And take a joy ride
So I can reflect on time
And can cherry pick moments
Of gentle memories
And a few simple words
Where with anxious heart
And fleeting thoughts
I can recognize how special
Life's journey is with you

Come to my life's ferris wheel
And take a joy ride
And let me show you
Some pleasant turns
And invisible shield of your love and care
That helps me to handle life
And put boundaries around my worries
And find solutions that make sense

Come to my life's ferris wheel
And take a joy ride with me
And see my imaginary bubble
That protects and hides me
From painful feelings and emotional events
And helps me to join
Dots of different shapes and colors
And take me towards a new beginning
Where miracles happen forever
And refresh my energy
And show me how important you are
To complete my journey to believe
In the magic of an amazing life............

Love & Miss you Sunny.

Seema Chowdhury
Life's Flow

Things will flow as God's will
So do not mope and follow the drill

For as your faith strengthen my dear
You will see God's endless love and care

Just hang in there and wipe your tears
And know life is hard and full of fear

But one day surely you'll get a chance
And play your part to advance

So just be brave and learn to flow
With life's rhyme and it's glow

And hang tight to faith and prayers
For these are the never ending layers

Of God's gifts of love and his care
To strengthen over belief my dear

And know we are all racing against time
So be strong and learn the rhyme

And choose what is best for you
When you feel left out and blue

Just turn your face to the sun
And wipe tears of mope and burn

And grip the steering wheel of life
And learn to be brave and alive

To welcome tomorrow with a new hope
Where doubts have no place of mope

And where you can see a chance to grow
And merge smoothly in life's never ending flow
And hold on strong with love and faith
And see God's endless love that is great.

Seema Chowdhury
Life's Fold

Something new
from something old
Should be made
In life's fold
So we can enjoy
The rhyme of life
And learn in it
To happily survive
For life is really
A tough test
Where no one
Gets to rest
So be bold
Brave and strong
And learn to right
All life's wrong
By creating something
New from old
And making waves
In life's fold.

Seema Chowdhury
Life's Fragile Layer

The smile that is on your face
Surely reflect the trouble's trace
That is somewhere hidden dear
In life's deep fragile layer
I hope if I can understand
And then to you lend a hand
And can break this silent chord
Known to you in trouble's odd
And I always wish for you my dear
That may life give you joy and cheer
And may God bestow his endless love
To brighten life’s path from heaven above.

Seema Chowdhury
Life's Garden

Plant happiness in life's garden
And see it all grow fast
Wish for joy and laughter
And know in life it will last

For a minute of smile can wipe
Our woeful tears of mope
And bring us life's beautiful gift
Of faith, belief and hope

For life is made up of many
Smiles and tears of tomorrow
That sometimes brighten our days
And sometimes spread sorrow

So we should not ever doubt
For trust and hope will shine
And will brighten our lives
With holy gift of gracious divine

Just believe in ourselves and work
Continuously to make it worthwhile
And try to fight back our tears
And hold on to the rope of smile

And know that life is real
And at times it will be bitter or sweet
It depends on how we bear this pain
And still see it as a precious treat.

May new year brings happiness for all.

Seema Chowdhury
Take life as it comes
And try for you to sum
The joys and happiness dear
To build a way of cheer
And I wish may you always see
A life of joy that is free
And is filled with fain 'n care
That're life's gifts so rare
And I hope that the road
Where you walk, may load
It self with the gift of love
That comes from heaven above.

Seema Chowdhury

Seema Chowdhury
Life's Goal

Be true to yourself
And set a goal
A goal that you wish
To achieve in life's bowl
And set yourself
On the growth's road
And build for yourself
A secret code
A code that can
lead from the front
And helps you in
A meaningless hunt
A hunt in which
You look for life
Filled with joys
And happiness drive'
And then you'll see
You'll find your goal
Very near from you
In the happiness bowl.

Seema Chowdhury
1) Avail every great opportunity to grow and improve and boost your confidence.

2) Be productive in your personal and professional life to succeed.

3) Make your workplace effective and efficient by constantly trying to become better.

4) Adopt positive attitude in all that you do and get the most out of your life.

5) Learn to fully commit and dedicate your life to self improvement.

6) Fill up life with powerful words like 'I Can', 'I Will', 'Definitely', 'Sure', 'Let's Do It!'

7) Find best solutions for your problems and eliminate negativity from your surrounding.

8) Acquire knowledge, skills and learn at least one new thing everyday.

9) Live an honest and sincere life, find your daily inspirations to seize the day.

10) Approach life from successful angle and do your best everyday.

11) Try to change for the better and take out 'If's and But's' from your dictionary.

12) Accept your strengths and weaknesses and organise your life.

13) When you confront with a problem, search for all possible solutions.

14) Live a proactive life rather than reactive life, then life will be exciting.

15) Add meaningful gains to your life every now and then and keep the ball rolling.

16) Set realistic goals for yourself and dedicate to the process sincerely.

17) Remove obstacles from your life and enjoy smooth sailing.
18) Don't let the fear of change hold you back, change your lenses and expand your horizon.

19) Make realistic plans to follow, act on them and create a momentum.

20) Remember life's best treasures are not always in your comfort zone, so be courageous and step outside to reach them.

Good Luck!

Seema Chowdhury
September 15, 2017

Seema Chowdhury
Life's Ground

Life
Is a play ground
Where
Many paths are found
That can
Make you
A winner
Or
A loser
It is just
Which path'
You
Decide to
Run on............

Seema Chowdhury
Life's Hazy Sketch

Everyone living here on God's green earth
Has tons of little stories to tell since birth
That're piled up in their faces in layers and fold
With all mixed up expressions that're costlier than gold

These expressions are the keys that twinkle like a star
And interprets the feelings from wherever you are
And reads the unread stories that runs with the clock
And keep watchful eyes and then like a hawk

I wish if I can read mot more but only one
And seperate all my pains from happiness, joy and fun
And see if I can link the dots of my own life
And trace the hazy sketch that do really survive

I don't know why at once my life got changed today
Why it got mixed up with life's painful ray
And why all hidden things I never wanted to see
Popped up at once from the bottom of the sea

To tell me all my times of happiness and smiles
Are all replaced by sufferings and horrible trials
Showing all my time of joy that I has borrowed
Swiftly flew away with one event of sorrow.

Seema Chowdhury
Life's Inevitable Disappointments

Learn
To banish
The inevitable disappointments
Of life
Or else
You'll be stuck
In misery and pain
And life will be
Messy
All around
And
You'll never get to see
Flowery path
In this circle-
In the circle of
Time and tide.............
And that will
Limit your avenues
Options
And
Discoveries...........

Seema Chowdhury
Life's King

You make my heart sing
You are my life's king
I love you Sunny dear
And you're a source of cheer
I care for all your fain
And wish no glimpse of pain
Will ever touch your life
Because I'm your wife
I wish if always we can
Stay happy in life's van
And be a source of delight
For everyone's precious sight.

Seema Chowdhury
Life's Kit

The air is lively
And very bright
Everything feels
Full of delight
Because everywhere
Sun is shining
And in every cloud
There is a silver lining
So get up now
And enjoy it
And know that
In this life's kit
Everything is there
You have to pick
Joys from here
And then for you
The air will be bright
And you will feel
Its joy and delight.

Seema Chowdhury
Life's Landscape

Create a new vision
And enjoy the winding roads
See a beautiful moving stream
And absorb in the sounds of the rushing water
And feel it getting louder and louder
And faster and faster
As you move on....... 

And soak yourself in these passing scenes
And fill your heart with
Solace and peace
And expand your journey
And be grateful for each moment
That appeared in your life's landscape.......... 

Seema Chowdhury
Life's Learning Journey

Life is a learning journey
Where everyone creates a story of their own
With endless joy and pain
Where we have our brief moments
Of happiness and despair
In which we sometimes get to
Touch the stars

But sometimes we see
No light at the end of the tunnel
And that is when we need to
Look up to God and depend on him
And know that we are all
Part of God's greater plan
And we must put our faith in Him
And learn to count the blessings
That God has bestowed
With tremendous happiness and contentment

And learn to survive on those
Oozing faith, hope and love
So at the end we see that our life's story
Shines like a precious jewel
In the dust of life's journey.

Happy 13th Birthday Sameen
Mama and Baba loves you.

Seema Chowdhury
Life's Letter

Visualize a beautiful life
And use your imagination to write your life's letter
To build a mental picture with your words
And make it concise and clear

Know that each of us has a unique style
So we must have a clear perception
And subdivide life into logical sub parts
And manageable segments
And we must see the omitted and extra words
And should not make it too
Vague, wordy and complex

Know that if you keep on catching errors
At every stage of life
Then you will not be able to make
A winning proposal in your unique style

For there are many questions
But no easy answers to these questions
So carry on and build mental pictures with words
And let your thoughts race ahead of you
To visualize a beautiful life
And when you are done writing your life's letter
It must be unique, concise and clear
Of all complexity......

Seema Chowdhury
Life's Little Corner

In my little life's corner
I have a special place
Where I keep passion and hope
And try to follow joy's trace

And create positive change
In the world of loss and gain
And see how in my way
I can follow happiness and fain

That can make a difference
In everyone's life's ways
And tell all how to remove
Obstacles from the path today

And know that this life
Is a wonderful story my dear
Where I must look for the ending
That's full of care and cheer

Where I must try to spread
Peace in big or small ways
And try to overcome hurdles
Of life from every day.

Seema Chowdhury
Life's Long Deal

Put smiles as a balm
On your troubles to calm
Pain that now you feel
In this life's deal
Because both fain 'n sorrow
Comes in your tomorrow
So don't feel sad or mope
Or ever fall and lose hope
But with courage just smile
And look for joy in trials
And use them all as a balm
On your troubles to calm
Pain that now you feel
In this life's long deal.

Seema Chowdhury

Seema Chowdhury
Life's Magical Care

Slide up swiftly into the wall
And look deep into your soul
Take the pain and joy in living
And shun all your fear and dole

Be open to opportunities and always smile
And focus hard on what is all around
Fill your heart with a cheerful courage
And wind down the day on prayer's ground

Do not fear or be sad or feel alone
Control your thoughts with courage's blend
Life is very difficult at times my dear
And this is how it continuous life's trend

So celebrate your life and your time
And begin this long journey of life
With baby steps of courage and hope
So you can go a long way to survive

Feel the dense mist on your tired face
And taste the mild saltiness in the air
Enjoy love and life to its fullest extend
And know you have to take your care

So instill courage and have strong belief
That life will get better soon my dear
Where you will learn to look deep inside
And handle life with the magical care.

Seema Chowdhury
Life's Magical Moment

The moments in which
I think of you
And all nice things
You do too
\The moments in which
I feel your smile
And all your laughs
Spread for a while
Are the magical moments
In my view
Which teaches me to
Be happy too
And shows me path
Of happiness 'n fain
Where joys come
Alone without pain.

Seema Chowdhury

Seema Chowdhury
Life's Merry Go Round

Life's merry go round
Is filled with the load
Of
Obstructions
Interuptions
Hindrances
And
Restrictions
Where
Through meaningless language
And actions
We are forced to accept
What we don't want to...

Seema Chowdhury
Life's Mysterious Way

Life is a mystery
Life is a trick
That is made up of
Joy and sorrow's brick
So learn to solve
The puzzle of life
And find in this maze
Your way to survive
For soon will end
These days that're few
And then no more
Will live me or you.

Seema Chowdhury
Life's Painting

Everyone's life is an abstract painting
That comes alive
To tells its story
With additional emotions
And impossible realities....

Where we see
Sweet turning into sour,
Painful feelings arriving
And big, fat unfair blow
Breaking our connection from the world....

Where deep and past wounds
Are shown in bold strokes
And unexpected waves of tear washes our lives
To leave a long shadow of unimaginable hurts
As the evening comes to a close........

Seema Chowdhury
Life's Peculiar Story

Crossing high hills and deep vales
I heard my voice echoing in the dale
Where no one was present to hear
Life's peculiar story without fear

Where distress and the failure's tide
Were rolling very high in the wide
play ground of this wierd life
Where less joy and happiness survive

And there with love I built of clay
Castles of joy for me to play
For it helped my hopes to sway
In a tiny but in a fainly way

But one day when I woke from sleep
I didn't see my castles deep
Which I kept close to my heart
As it was key for happiness start

For the vicious waves of the sea
Feriously roared towards me
And only in the blink of an eye
washed away dreams that were high

And left me alone in the vales
Where my voice was echoing in the dale
And no one was to share or hear
Life's peculiar story without fear.

Seema Chowdhury
Life's Plan

When you are sick with worries
And for yourself you feel sorry

Then know oh dear man
Life doesn't come with a plan

So you have to learn to deal
And from life you have to steal

A part of fain and pleasure
For this is life's great treasure

that help in ups and downs
When you're stuck with frown

So try to contribute to fun
Before life's days are done

And know of dear man
Life doesn't come with a plan

So you have to learn to deal
And from life you have to steal

A part of fain and pleasure
For this life is a great treasure.

Seema Chowdhury
Life's Presentation

1) Don't just stare at the blank page. Strike a balance between work and life. Make your life awesome.

2) Work through the rough patches and search for real meaning. Find satisfying answers to all your questions.

3) Try to make your greatest challenge your strength and change your world.

4) Write your own story and make your life presentation as amazing as you believe you are the hero of your own story.

5) Learn to make tough choices. Open your mind and see things in a new light.

6) Find your voice and understand your purpose. Have the courage to take the first step.

Seema Chowdhury
February 3, 2019

Seema Chowdhury
Life's Process

Life is a process
Of discomforts and pain
So learn to handle
It all with fain
And learn to unload
Your sigh and grief
Through a smiling face
And get some relief
And remember that bliss
Lies for you ahead
So have courage to listen
To what have been said
And learn more tricks
To enjoy your life
And search for happiness
In life that survive.

Seema Chowdhury
Life's Purpose

1) Take control of your life and learn to walk bravely through a complex and unique maze.

2) Face challenges head-on and be consistent, reliable and stable.

3) Follow your heart and welcome the new beginnings with love and laughter.

4) Don't lose sight of your life's purpose, find your direction and be effective.

5) Don't let anything dull your motivation, be patient and effective.

6) Enjoy the spring and embrace it with its uniqueness and beauty.

7) Enjoy peace and joy; silence the negative thoughts in your mind.

8) Escape from the troubles of everyday life and catch the thrill.

Seema Chowdhury
April 26, 2018

Seema Chowdhury
Life's Rainy Days

After the night of bitterness
Will come a day of relief
Where the clock will run
With intervals brief
Through journey of time
With different paths and roads
Ready to greet your days
With troubles and joy's load
Where life's rainy days
Starts and then ends
With numbered agony and pain
That for us has been sent
From the clouds of luck
That're light and grey
And filled with restlessness
And sometimes happiness bay
So do not lose hope
Or sink in the depths of gloom
For life's clock always runs
With intervals brief and doom
Where life's rainy days
Start and then end
With numbered agony and pain
That for us has been sent.

Seema Chowdhury
Life's Rhythm

Impose life's rhythm
In moments of despair and hopelessness
And re-establish faith in life
For we are all bound to complete
Our journey of chaotic life
With the weight of pain and joy
Just listen carefully to the silence
And calculate the cost of life
And learn to run on the road
In the drizzling rain
To find solace in the wonders
And puzzlements of life
And look for answers and truth
For tough questions require tough answers
And make your injured life sweet
By imposing rhythm of peace in your life..........-

Seema Chowdhury
Life's Road

Sorrows and pain
Clouds and rain
Are found here
And that is dear
Very true for life
Where we survive
So do not mope
Or lose hope
For mope is a cloud
That creates doubt
And try to find
And in your mind
Search for peace
That can ease
your pain's screw
So you can too
Walk on the road
And there unload
The load of pain
To walk in fain
On the road of life
where you survive.

Seema Chowdhury
Life's Rough Spots

Life has to go on dear
So don't let fall hot tears
For hope is the best of all
As it stops you from a fall
And show you ways that're bright
And fill the path with delight
That has some joys at the end
Where life seems cracked and bent
So enjoy quiet moments that survive
As it can be the exciting way of life.

Seema Chowdhury
Life's Scattered Pieces

Life is the puzzle
With most of the pieces
Either missing
Or misfit
It happens so
Because
Of the error of judgement
And
The misleading spot light
that is...
I wish just once
And once for all
If I can get the chance
To go back
In this river of no return
And can start over my life
And put together
these scattered pieces
In their
Required place
And
In satisfactory condition.....

Seema Chowdhury
Life's Scrapbook

Life's scrapbook is made up of unlined papers
Where we try to pull ourselves together
And clutch awkwardly
And try to emerge out
Of the blur of the world
In the midst of the peaceful silence
That reshapes the event.....

Where we try to stand
The test of time
And dip in and out of life
Without doubt or confused emotions......

Where our thoughts, imagination and emotions
Work together to make our personal memories
To store in life's handbook
And reconnect ourselves
To rich and meaningful imagery
And give us a chance to write an autobiography
In a hushed and a significant way
To fill each dimension of the scrapbook of life..........}

Seema Chowdhury
Life's Shield

real life is like
A chilly wind
Where
Troubles touches our way
Like
A hand of a stranger
And then it put
A sudden end
On happiness and joy
That are life's shield
Against
The tragic moments
The slope of uncertainty
And
The frustrating face of terror.....

Seema Chowdhury
Life's Show

A wound will heal only if you know
How to look at the bright side of the show
And learn how to find joy's way between
Life's tedious and its painful extreme

So for that all you have to do sweetheart
Is to let fain play an important part
In your life and tell you what is worth
To do to live happily on God's green earth

Because a tender word can help you to win
Not much but atlease a part or a kin
Of pleasure for you to enjoy whole day
To value each moment that comes in your way

So the best way to find peace for your soul
Is to keep sailing towards your aim and goal
And then pretty soon you'll learn and know
How to look at the bright side of life's show.

Seema Chowdhury
Life's Simple Things

Find delight in simple things
For life shows both Autumn and Spring

To all my dear friend
So don't feel cracked or bent

If troubles are standing there
Where you're present dear

Neither ever feel alone
Or cry or sit to mourn

Because happiness is in your mind
And from there you have to find

A way to bring it to all
Through simple little things that're small.

Seema Chowdhury
Life's Sketch

Life's sketch is made of
Some smiles and some sorrows
Where also comes in
Some bright or dull tomorrow
So learn to live
With care and hope
As hope helps in
Troubles to cope
And learn for yourself
To sketch these days
With happiness of life
To brighten your ways.

Seema Chowdhury

Seema Chowdhury
Life's Small Joy

Smile and give others your smile
Let others enjoy in trouble's pile
Love 'n be loved my dear
This is what makes life rare
Help and get help all along
Give and take when things are wrong
And then you'll see you'll enjoy
All life's small fun 'n joy
And once if you'll learn to count
Life's joy deposited in your account
Then you'll see happiness all around
Surrounding you with joy on the ground.

Seema Chowdhury

Seema Chowdhury
Life's Tale

Leave no opportunity, try to avail
All chances that do exist and prevail
And don't be scared that you might fail
For failure and success completes life's tale

Clear out the spread out cloud
Remove all your fear and doubts
Don't just sit be brave and speak out
This is what life is all about

Wipe off the flying dust
This is creating this mistrust
And don't let your hope to rust
For hope is what makes life's crust

And always remember and try to assume
that buds of today will tomorrow bloom
But for that they have to bear and consume
That pain that is known as life's perfume

And then surely life will greet
With open arms not thunder beat
And you will get all life's sweet
As the gift of God and his treat.

Seema Chowdhury
Life's Talk

Go miles on your way
In search of today
Where you can begin
And there can pen
A day that is high
As high as the sky
Where sun shines bright
And shows pretty sights
And flowers bloom
And take away gloom
To clear the clouds
Of fears and doubts
So joy can find
In heart and mind
A path to walk
In this life's talk.

Seema Chowdhry

Seema Chowdhury
Life's Taste

Why are things hard all around?  
Why are problems all scattered on the ground?  
Why these distress has no bounds?  
Why isn't life seems anymore sound?

Why these problems have no end  
Why can't roads in my way that's bent  
Be straightened so I know how to mend  
The cracks in my lif'e path that's sent

I wish these questions that arises in life's game  
That is not letting me quietly tame  
problems and distress, agony and pain  
And is letting me alone to wonder insane

Can all be answered through my prayers  
So I will know how to share  
And happily accept both smiles and tears  
And know having both of them is fair

Because in order to determine the rate  
Of our lives we must wait  
And must know we have to taste  
Life's sweet and bitter flavours with faith.

Seema Chowdhury
Life's Treasure

Bring light into darkness
And sunshine in the shade
Lit candle in the gloom
To bring color in the fade

And be the source of joy
And replace it with pain
And open the doors of happiness
And enter in it with fain

And be the one on whom
Depends all kind of pleasures
For joy and fain and smile
Are all our life's treasure.

Seema Chowdhury
Life's Tree

what is hanging
on life's tree
Is it bitter
Or is it sweet?
I wish only if
I can today
Taste it and see
So I can say
To my bitter soul
Not to cry
And to wipe
the tears of sigh
And to come out
Of the quietness cloud
That has filled
My life with doubts
And to hope for
The morn filled with ray
Of bright sunshine
To cover life's tree today.

Seema Chowdhury
Life's Tricky Challenges

Life tricks us all
With its
Brute
Outrage
Hurtful
And
Worry some
Challenges
And then it leaves us
In it to dwell forever
Where
Anxities and woes
Frustrations and disappointments
Greets our days
And wait
Till the arrival of tears

Seema Chowdhury

Seema Chowdhury
Life's Vale

When life's vale seems too wide
And filled with Trouble's site
Where it is
Very tough and hard
To void whatever
Is in fate's card
When too m, any
Hills and dales
Appears before you
In life's vale
Where you find
Yourself in a cot
In a cot of struggle
Stuck in a knot
Then do not lose
Hope or cry
And do not let
Life's candle die
Just look around you
And try to remain
Calm and quiet
In your time of pain
So God's blessings
can come from above
And shower your way
with happiness and luck.

Seema Chowdhury
Life's Valley

Put an end
On the journey
Of
Loneliness and isolation
In your life's valley
And
Enjoy a life time of protection
Under
The light and warmth
Of
The bright sun.
And let it take care
Of all your pangs-

Seema Chowdhury
Put an end
On the journey of life
Where
Loneliness
And
Isolation
comes in
With depression
And discolor our lives
In
Life's valley
And
Know that only
We have the power
To bring back hopes
In our lives....................

Seema Chowdhury
Life's Vista

Riding on the waves of memory
I collected so much pleasure
That filled my life's vista
With tons and tons of treasure
Where joys were all present
With the echoes of smile
That showed me the colored paths
To walk on for miles and miles
And there were also present
The wheel of miracle's fain
That wiped out from my mind
All my sighs and pains.

Seema Chowdhury
Life's Way

Thanks for the smiles
You scattered in my way
Thanks for the joys
That filled my day
Thanks for the love
That made me glad
And thanks for your care
That changed all bad
I don't know what
Else I can say
To tell how much
You've brighten my way.

Seema Chowdhury

Seema Chowdhury
Life's Wheel

Life's wheel is moving now
We don't know where and how
It will stop in which way
And tell us to there stay
For life moves on and on dear
And its a cycle very rare
where sometimes we see pain
And sometimes life's storm and fain
So don't feel bad or sit in mope
Trust in God's help and hope
And see the world through your eyes
Before life's ball fall from the sky
And leave you alone in this bend
Known as life's forever end.

Seema Chowdhury
Lift People Up

With a sunny smile
Help others in trial

And see what you can do
To wipe others troubled view

And lift people up my dear
And show them how much you care

For when you will do all this
Then on you will fall God's bliss

That'll not only make you glad
But will change things that're bad

And will teach you more to do
To wipe others troubled view.

Seema Chowdhury
Light A Candle

Light a candle of care and hope
Do no let tears of sigh or mope
Cover swiftly everything all around
And push you towards the ground

Life is surely difficult at times
Where we sing poignant rhymes
But do not give up or sadly cry
Keep your hopes up and always try

When you feel empty and very sad
And things around you look bad
Get up and with a light heart
Smile and once again dear start

A day of laugh and a carefree smile
Where with happiness for a while
You can lit a candle of love and hope
And wipe always tears of sigh and mope.

Have a Blessed Weekend!

Seema Chowdhury
July 20,2016

Seema Chowdhury
Light And Dark

Between the light and the dark
Between the end and the mark
Between the up and the down
Between the mud and the crown
Between the earth and the sky
Between the low and the high
Between the tear and the smile
Between the journey and the mile
There is always a huge gap
Around which are trouble's wrap
That you've to unwrap dear
And find way in each layer
For life is really a tough game
Where things never remain the same
So learn to survive its up and down
And try to win the living crown.

Seema Chowdhury
Light Of Hope

Walk the high road
In the light of hope
Use the weapon of faith
And learn to always cope

And heave your burden onto
The overhead rack of life
And collapse into life's seat
With happiness that survive

For life is like a stream
Bubbled with icy melt cold
So learn to handle them all
And unfold the hidden folds

And withstand your journey
And the winding roads of life
And see how and where
All blessings and miracles survive

And learn to rejoice with them
In moments of celebration and joy
For life is a bitter sweet experience
And like a magical toy

Where we learn to conquer them
And walk in the light of hope
And use the weapon of faith
To learn in life to cope.

Seema Chowdhury
My home is my heaven
And it is filled with
The light of love and prayers
Where compassion, optimism
And ever lasting love prevails
That brightens every corner
With the shimmering light of
Good luck and tenderness

My home is my heaven
Where we sing the song of love
That help us to stay positive
And bring us the excitement of starting fresh
Where hope is a powerful weapon
That expands our field of happiness
And inspiring thoughts

My home is my heaven
Where God's love and grace is spread everywhere
That fence us from fear and doubt
And bring in sparkles of love and happiness
That help us to jump hurdles
And be there for one another
To begin our dream journey
With a blissful contentment...

***written on the second anniversary of my home***

Seema Chowdhury
Lighten Your Load

Lighten your load
In life's road
And try to share
Your smiles 'n tears
With a friend
In places bend
And learn the art
Of smiling from heart
For it can lighten
And surely brighten
All your days
In many ways.

Seema Chowdhury

Seema Chowdhury
Like A Million Miles Away

All that's left
Of my golden past
Is
My tender dream
And
My flabby vision
That seems to be
Very far behind
Beyond my reach
As if
They are
Like million miles away......

But I don't want to lose hope
And hang on there
And want to remind myself
That
Its very important
To have a dream
For
You never know
When your dream
Changes place
With the reality......

And give you all
That you have been
Wishing for..........

Seema Chowdhury
Like A Storybook Scene

As I looked outside the window
I saw snowflakes falling from the sky
Covering the roof and the ground
Looking very picturesque and charming
Like a story book scene

Perfect and precious
Glowing and glittering the surrounding
And spreading the fun and adventure
And refreshing and clearing everything
And letting me paint my world bright and sharp
Giving me a reason to celebrate
What truly matters in life....

It was all a magical sight
And a moment of shine
That cheered me up
And gave way to my dream to be born
And my own song to be sung

It was a magical moment
That warmed me up
And standing there in awe and wonder
I visualized a beautiful tomorrow
As I know God has made me for a reason
And He surely does have a plan for me.....

***1st poem of the snow fall series***

Seema Chowdhury
Limitless Faith

God give me the gift of faith
Limitless faith that is great
So I can learn how to survive
The troublesome phase of my life
Because I feel lost and blue
And everywhere see painful hues
Covering the days of my life
In which I'm bound to survive
I hope to find the way of faith
And with your help to cross this gate
So I can once again truly see
The love of yours reserved for me.

Seema Chowdhury

Seema Chowdhury
Limitless Happiness Of Spring

May bright colors of this lovely spring
Goes round and round around you in a ring
May all the warmth, sunshine and zest
Fill your life with all that is best

May you fully absorb beautiful rays
Of happiness and fragrance at the bay
And may all red, yellow and green
Bring alive excitement unseen

And fill your life with love and care
And show you scenes of life all fair
And may you enjoy every day of spring
And accept it as God's blessings ring

May all your worries of present and past
Disappears forever and brings you at last
Smiles of beautiful happiness and songs
For you to dance and sing along

May your morns start with joy
And bring with it warm spirit to enjoy
And may lovely flowers spread in your way
And welcome ardently another day

And when you finish your day at night
May you see sparkling stars of delight
That all come and shine with zest
And fill your life with all that is best.

Wishing you all a very happy and blessed season.

***1st poem in the Spring series

Seema Chowdhury
Listen To The Breeze

You can't sit and wait
For the storm to be over
Just collect your courage
And try to learn
How to dance and walk
In the rain....

And don't dip in
Anxiety and depression
Look for the beginning
At the end of every end.....

And learn to solve your problems
And don't feel fragile
Just open your mind's eye
And your heart's ears......

And listen to the breeze
Walking silently...
And smiling and waiting
To comfort you
in the darkest moment
Of your life......

And help you to come out
And open the window
And let the sunbeam
Enter your life
And
Touch you and your soul.......

GET WELL SOON BAJI & I LOVE YOU

Seema Chowdhury
Listen To The Voice

Listen to the voice
That is inside you
Listen to what its saying
To take away your blue
Listen to that happy rhyme
Of living and life
That we all need here
To joyfully survive
For life is a unique story
And it is all about
Clearing all the fog and mist
And all kinds of doubts
For every one has to
Go through these ups and downs
And every one has to see morns
Some bright and some brown
So learn to alwayds take
A step ahead in life
And learn to listen to the voice
That inside you survive.

Seema Chowdhury
Listen To The Whisper Of Your Soul

Listen to the whisper of your soul
But don't hide behind your feelings
Add positivity to every aspect of life
And acknowledge what's happening

Take responsibility for your life now
So you can experience good things today
Bounce back quickly whenever you fall
And always choose happiness for life

Open your heart, mind and soul
Listen to the small voice inside you
There's a lot in life that you can improve
So don't be afraid to realize and try

Seema Chowdhury
July 17, 2018

Seema Chowdhury
Listen To The Whispers In Your Heart

Listen to the whispers in your heart
And keep your soul energized and alive
Spread positive energy and share enthusiasm
And create a valuable momentum dear

Say yes to new day and its experiences
And enjoy Divine blessings and loving care
Don't worry just have trust and leave it to God
Search for happiness, love and tranquility

Be grateful to your Gracious Lord for everything
And knock on God's door and pray hard
Ask for peace, care and miracles everyday
And welcome new challenges and opportunities

Visualize yourself in the bigger picture my dear
Be quiet and absorb radiant sunbeams today
So you can feel alive and calm in the the moment
And see life cascading down and flowing smoothly

Surrender to the will of your Merciful Lord
And listen carefully to the whispers of heart
Synchronize your dreams with realities of life
And know that God is guarding your every move....

Seema Chowdhury
August 28, 2016

Seema Chowdhury
Listen To Your Heart

Live in the life
That you wish to lead
Where everything is found
Whatever you need

And find the way
That leads to the dream
That you have seen
In the bright beam

And listen to your heart
And find for you
A brighter route
Filled with hue

Where each challenge
That comes in your pace
Can be bravely handled
And will be easier to face.

Seema Chowdhury
Listen To Your Life

Go out into the real world and create an exciting new life

Choose to move forward and build momentum my dear

Find joy, peace, contentment and invest in hope and love

Accept unique challenges and gain great strength to walk

Remember that things happen for a reason so accept them

So you can find peace walking in the valley of ever change

Write your own manual how to live a spiritual life with faith

Don't let the hopelessness of unfinished work dull your vision

Sometimes hurdles seem endless and cruel with no choices

But never give up or let thoughts wander or vanish in the wild

Listen to your life and avail the window of opportunity my dear

And go out in the real world to create an exciting new life...

Seema Chowdhury
Little Dreams

There was a time
Whe
Little dreams meant a lot
When
Desires were many
And
When
Wishes were in abundance
But
Now its all gone
And
All in vain....

Seema Chowdhury

Seema Chowdhury
Little Happiness

Look dear into the sun
Then laugh, smile and enjoy
And try to seek my dear
For all kinds of lively things
And know that for you are
All God’s miracles and springs
And learn to be cheerful
And also how to survive
Because dear little happiness
Are wrapped up in your life
That are given to you
By gracious and loving Lord
Who is your only creator
And your caring God.

Seema Chowdhury
Little Reminder Of Love

If you are not happy with yesterday
Just let it go and move on
For we cannot change our lives
So don't re-read the last chapter
Move on and move forward
Delight your heart and spirit
And warm up your soul
Stop looking back sadly
On every spent moment of yesterday
Begin something amazing and new
And know you have time until today
So get rid of all your sorrow and sigh
And clear your flooded emotions
So tomorrow when you start a new
You have mend all broken pieces
And shared all untold stories
Because no matter how strong we are
We all need a little reminder of love
And a powerful hug to laugh off
To know that this is our life
And a unique fairy tale in the making
And since we cannot change yesterday
We must let it go and move on
To delight our hearts and spirits...

Seema Chowdhury
Sing a little rhyme of love
That is god’s sent gift from above
That gives life a brighter touch
That I think for all is much
To brighten the day and road
Where we walk to share the load
The road of trouble and pain
That sometimes come with the rain
So to get rid of it dear
And to walk on the path of cheer
Just learn to sing the rhyme of love
That’s god sent gift from above.

Seema Chowdhury
Little Star

Just like twinkling little star
You sweet bunny from the far
Twinkle and shine just for me
And spread love that I can see

Sarah honey, my love, sweet heart
You dear are an important part
Of my love and my life
With which I fainly survive

I love you more than stars on the sky
I love you more than birds that fly
I love you more than water in the sea
Because dear you are a treasure for me

And I always admire a special thing
That your presence is rare like the spring
That conveys God's message in his holy way
That world should go on day by day.

Love you Sarah Baby

Seema Chowdhury
Little Surprises

Nasty little surprises are sitting in the way
In the way of your life each day
so learn to handle them all with care
And don't expect life to be always fair
And try to remove the sketches of pain
And let your troubles pour like rain
And try to jot down happy thoughts
And see the pleasure that is brought
One by one in to your life
And see how spirit that in it survive
Clears all the fog and the mist
From your life's trouble's list
And then you'll see in this race
How things are changing face
And bringing for you and in your way
Nice little surprises in each of your day.

Seema Chowdhury
Little Things

Little things can mean a lot
So don't have any mistrust or doubt
And know that it is nice to do
Nice things for others too
So show kindness and love to all
And hold some ones hand in fall
And give someone your shoulders to lean
Without being ever selfish or mean
And show even though they're small things
But surely to others it can bring
A huge world of kindness and love
That is god sent gift from above.

Seema Chowdhury

Seema Chowdhury
Little Things Mean Alot

Sweet saima dear
Because I care
That is why
I'm sending high
And best wishes for you
All honest and true
And wish your day
Be best in your way
where no view
Of any pain's hue
Gets my dear
Because I really care.

Happy Birthday Saima

Seema Chowdhury
Live A Good Life

Learn to lead a very good life
With all the joys that do survive

And look forward with all hope
And never ever fall in the sea of mope

And greet everyone with a smile
For it can take you far away miles

And show everyone a better way
And see what you can do and say

To brighten someone's precious life
With all the joys that do survive.

Seema Chowdhury
Live At Peace

Live at peace and always smile
Life is a test and it takes a while
To understand each and every style
Then attempt all questions in your style

Hold fast to what is good my dear
Show everyone sincerity, hope, and care
Stay away from evil, sins, and fear
Sow seeds of love, and live happily here

Praise your Lord and do not complain
Walk with compassion in empathy's lane
Pray to your God during trial and pain
For only loving God can reduce your strain

Remember to put your faith in God my dear
Trust Him and ask Him to show His care
Beg for His guidance and righteousness in fear
So with peace and smile, you live happily here

Have a Blessed Day!

Seema Chowdhury
August 19, 2018

Seema Chowdhury
Live By The Golden Rule

Through times of joy and times of pain
While walking alone or walking in sane
Just always try to really fight out
Your battles of life like a scout

For life is really a tough affair
Where no one gets a chance to share
Your agony and trouble, distress and pain
Your hope to see sunshine after rain

So try to always remember my words
We're humans who cannot fly like birds
So when you see any trouble's bar
Standing in the middle of your life's car

Then don't speak in roar or rave
Just try your best if you can save
Yourself from the huge bar of dust
Which can spoil your believe and trust

For many bad things do come in life
Where you are still forced to survive
So even then try and really fight out
Your battle of life like a scout.

Seema Chowdhury
Live Each Day

Live each day under the sun
As it might be the last one
After which you'll return never
And leave this world forever and ever

So learn to do everything in a way
That brings you happiness for the day
Where always remember to start
Your beautiful day with a part

Where prayers and praises of the Lord
Becomes a must for your God
Where all your worldly goods and treasures
Are spent on poors without any measure

To help to make this world a place
Where you find peace in every pace
So when you leave this world at last
You can carry no regrets or wish in your heart.

Seema Chowdhury
Live Life Beautifully

Seek help from the Lord with patience and prayers
Be gentle and humble in spirit, be kind and fair

Earn respect and trust with righteous deeds
Catch up the moment and spread kindness seeds

Smooth out the rough edges and control your life
Work with the problems and learn to survive

Don't hold back, find a way out with hope
Focus on the positive and learn to bravely cope

Find meanings in your life and accept today
Create your steps and spread joy along the way

Remember this life is an amazing gift of the Lord
Learn to live beautifully and show gratitude to the God.

Seema Chowdhury
May 7, 2018

Seema Chowdhury
Live Through Some Pain

Don't let tears to dropp from the eye
Don't let mope to spread pain and sigh
Just remember its a must to live through some pain
Before you are shown some pleasure's rain

For pain and pleasure walk hand in hand together
And teach you new ways how to gather
Joy and fain for your own way
By joining distinct pieces of your life's day

So you can learn how to say goodbye
To negative people and thoughts and try
To bravely touch the strength's tower
And prove that God has given you the power

To win this life's ending race
That is going on constantly in your pace
But remember before you're shown pleasure's rain
You have to surely live through some pain.

Seema Chowdhury
Live With Grace And Gratitude

Live with grace and gratitude
And leave everything in God's hands
Find your own path to walk on
And let go of the negativity band

Appreciate your life and choose joy
And find life's blessings and inner peace
Trust gracious God in times of difficulties
And find gratitude and hope with ease

Believe in yourself and your spiritual growth
And let random thoughts give you hope
Speak to God Almighty everyday my dear
And learn with tranquility and peace to cope

You are responsible for your happiness
So learn from your pain in every way
Walk strongly with faith step by step
So you can bring brightness in every day

Life moves on and never stops my dear
So find your inner peace, hope and grace
Enjoy life's journey and give your thanks
To Gracious Lord for His Blessing's lace

Happy Birthday Beloved Baji

Seema Chowdhury
August 1,2016

Seema Chowdhury
Live With Joy And Peace

Don't worry for tomorrow's troubles
Live with joy, serenity and peace today
Throw away stress, anxiety and difficulties
Focus on correcting your mistakes everyday

Be positive and don't hold back what you have
be sincere and give heartfelt gratitude to God
For God is All-Knowing, All-Listening and Great
He is Merciful, gracious, our friend and the Lord

Tell your secrets, hope, your wishes and desire
For God is the knower of the unseen and seen
He listens to our prayers and humble requests
And He answers us back with interest and keen

Lord guides us and when we follow His will
He sends unaccountable rewards as a blissful share
He gives us true knowledge so we understand Him
And hold His hands to feel safe in His gracious care.

Have a Blessed Weekend!

Seema Chowdhury
October 7, 2017

Seema Chowdhury
Live With Pleasure

With grace, happiness and pleasure
Learn here to treasure
The joy that is hidden dear
Inside the very small layers
Of the rides of the life
With which we here survive
And learn to accept it
With the challenges bit
And try to break down wall
And hurdles whether big or small
And be the winner of life
And learn here to survive
With grace, fain and pleasure
For these are life's treasure.

Seema Chowdhury
Live Your Best

Life is made up of exciting events, uncountable opportunities and a long road of hope and optimism. So, always move on, think ahead and understand the reality of your dreams. Have a passion for your work. You should Stop self-doubting and second-guessing your actions and decisions. You should Stop procrastinating and be delaying your every move. We all take difficult decisions in life; just be prepared and do them.

Work hard, share your knowledge, learn and grow, spread your wings and learn to fly. Bring the light of hope and positive vibes in your and other people’s lives. Never miss an opportunity to improve your skills and knowledge. Find ways to learn more and accomplish more in less time.

Be strong, learn to face life and accept failures. Choose to be courageous and learn from failures and mistakes. Lead a purposeful life and see what motivates and improves you. Do meaningful things and challenge you to be better than yesterday.

Always be mindful of your duties and responsibilities. Create peace, harmony and serenity in your life. Dream big and pursue your goals. Be creative and innovative. Above all, just be a better version of yourself and live your best!

Good Luck!

Seema Chowdhury
May 25, 2018

Seema Chowdhury
Live Your Un-Lived Life

Enkindle the fire of love
And live your Unlived life
Add meanings and some smiles
And learn to happily survive

Move forward on the path
To live and joyously dream
For life is a journey of emotions
That is beautiful and soft as a cream

Absorb in your special moments
Train your thoughts well
Open life's window blind
And illuminate and in it dwell

For the soft colors of the morn
Energizes and warms your day
And color rays of inspiration
And bring back hope in your way

Feel blessed and be grateful
To the loving and most Gracious God
Who answers all your prayers
And speaks to you as your Lord

Sing your heart out faithfully
Let love lit your precious life
And teach you to live your Unlived life
With belief, faith and happiness drive.

Seema Chowdhury
Lively Smile

Unending streams of hurdles
Can be crossed with hope
With the hope of courage and smile
So troubles can learn to cope
With all the pain that comes
And cross your life's way
And leave behind for you
The blues 'n glooms 'n grays
So learn to live through it
With courage and some smiles
The lively smile of hope
That makes life more worthwhile.

Seema Chowdhury

Seema Chowdhury
Lively Spirit Of A Woman

She is sweet and she is bright
She is lively, sensitive and right
She is honest and she is true
And fills everyone's life with rainbow hue

She has a golden soul that shines
Her love is like a tender wine
Inside which is mercy and hope
That pulls everyone out of mope

She is the best friend of all
She holds hand gently in big or small
Events and troubles of everyday life
When it seems impossible to survive

She is a flower of warmth and care
Her wisdom is very deep and fair
And she is the winner who teaches to survive
In this difficult game of everyday life

This is how God has made a woman dear
With lively spirit and tender care
Who fills with warmth and love's dew
This amazing world with rainbow hue.

Happy Women's Day to all.

Seema Chowdhury
Liven Up Life’s Moments

Liven up all moments of this beautiful life
By adding amazing colors those here survive
All around you and in your dream’s way
To brighten and lighten every moment of the day
Change and modify and be courageous and bold
Warm up your heart, when everywhere it is cold
And create a striking difference all around
To enjoy your ride in life’s merry-go-round
And know life’s story is challenging and long
So become an opportunist and always be strong
And create a life that you want and wish
And do not leave things untried from life’s list
Just learn to smile through your tears of pain
For you will cycle through open window once again
So absorb amazing colors and always play it right
And have a dynamic overview before your sight
And know one day you will find in your way
Many options opening one by one each day
With beneficial outcomes and opportunities in life
To lighten up beautiful dreams those here survive
Just strive to be the best and be number one
Before days of your life is over and done
So learn to create a life that you always wish
And do not leave things untried from life’s list.

Seema Chowdhury
Living--

Living for a moment
or
May be two
Is not an easy task
specially
When nothing seems
Fair enough
And
Where
You have to compromise
A lot on a little
And
Whatever you do
Is thought to be
of little value and importance....

Seema Chowdhury
i want to stop
Living in the dream world
And
Want to
have the courage
To
Face the bitter
Harsh
Pinching
And
The painful
Realities of life..........

Seema Chowdhury
Living In Hope

Each mind is a mystery, that can be solved
Without having many things in it involved
For a different kind of world is found
In the layers of mind and in its ground
And as each layer of mind is unlocked
There unsolved questions are blocked
That we can read with patience and hope
And learn from others new ways to cope
So believe in yourself and know in life
Many unwanted'n unpleasent things survive
So don't feel bad and learn to cope
Because its better to live in with hope.

Seema Chowdhury

Seema Chowdhury
'Lone Evenings

Looking at the sun
Waiting for you
I started my eve
With a heart true
That was hoping
To see you soon
Before will appear
the shining moon
I waited for you
I waited for long
Spending my evening
Filled with the song
The song of love
The song of care
The song of anxious
Moments to spare
But nothing happened
And slowly sun
Started setting down
And was finally done'
And then i realized
Just like always
I spent this eve
Alone like other days.

Missing You Sunny

Seema Chowdhury
'Lone Journey

I'm not aware
of too much
of the world
Around me
There are still
Many areas
Undiscovered
And unseen
With inward curls
And
unknown challenges
In this journey
That we make alone
Absolutely alone.....

Seema Chowdhury
Long Burried Sadness

I'm truing to gather
Joyful gains
And easy energy
To heal my pain
And long burried sadness
For
Life is full of
Disappointments
And problems
And in every step
I see life's sun setting
And spreading darkness
All over
And all around...........

Seema Chowdhury
Long Journey Of Life

Don't let life jolt
By every pebble on the road
For life is a long journey
Of happiness and trouble's load

Where we should learn to ignore
Our pains and our tears
And try to pull the load
Of people for whom we care

Where we should try to absorb
Beautiful colors from our lives
And learn to blend them all
To make rainbow's pretty drive

And that's when we will learn
To share the burden and the load
Of troublesome moments of life
And learn to smoothly walk on the road

And treat this life as a gift
Of gracious God the great
To whom we look at in our need
And put on Him our faith.

Seema Chowdhury
Long Night Of Waiting

I wish
May this long night of waiting
Is lucky enough
To survive
To see
The rising dawn of hope
After this dreadful event.......... 
For I feel completely drowned 
And lost 
In the midst of
Unreasonable emotions
Incomplete thoughts
Helpless movements
And
strange feelings........ 
I need your help God
Please don't leave me now.......... 

Seema Chowdhury
Long Run Of Life

In the long run of life
I have learnt
That
No one cares
Or
Have respect
For your
Fragile dreams
And
Delicate emotions--
So don't show it to those
Who don't know
How to handle
It with care.........
Life is a delicate
Gift of God Almighty
It should be respected
By all means.............

Seema Chowdhury
Long Thoughts

At the turning of the road
Down the lane
I saw
Sunshine ending the dark
Where
Before
It was just
A morning
Without a sun
Creating
A mournful song
Over the tide
Of long thoughts.......

Seema Chowdhury
Long Time Friend

My loneliness has been
So long with me
That
Now
I consider it
As
My long time
And only understanding friend
Of life..........

I don't wish to
Come out of it
Or
Uncover the hidden truth
For
This shell of life
Has
Nothing good to offer
I guess........

Seema Chowdhury
Look Ahead

Look ahead with courage  
And hope to get the best  
For life is full of hard  
And bitter kinds of test

So don't feel bored or tired  
Or even fall in mope  
But go on and try to get  
All you want with hope

And do it all dear  
With courage and zest  
And know that life is  
An on going test.

Seema Chowdhury
Look Ahead With Pleasure

Drop right word in the right place
And see what it will do in your pace
And look ahead with pleasure and fain
And don't feel bothered about the rain
Just hang in there and try to sing
Life's joyful tune of upswing
And remember that in this life's show
There is still a long way to go
So don't think life is an empty sack
Just look forward and never look back
And let go of your failures of past
For life ahead you is still very vast.

Seema Chowdhury

Seema Chowdhury
Look And Feel Great

Have some courage
And some faith
Then you will look
And will feel great
For that is how
You will win
The joys of smile
Laughs and grin
And share it all
with who you love
For joy is God's gift
Of heaven above.

Seema Chowdhury
Look At Bright Things

Don't let tears to stain your sight
Just look at things that are bright
So you can feel glad in your heart
And on happy note make a start
For a day filled with lots of smiles
That can walk with you for miles
And can colour each of your day
With bright sunshine in your way
So look for joy here and there
And spread it in your path everywhere

Seema Chowdhury
Look At The Beautiful World

I'm enjoying blissful summer afternoon
Sitting in the warmth of vibrant sun
Looking at this serene and beautiful world
Where tears are welling in my deep eyes
And my heart is filling with gratitude
I am turning to God Almighty with grace
And thanking Him for this opportunity
To create a fond memory of happiness
And to spread peaceful laughter and joy
Where I can sit and carefully unwind
And see a new beginning and a new life
That is full of adventure and challenges
With familiar surroundings and sounds
Where once again I can easily fill my heart
With happiness and serene moments
And settle the unsettled thoughts
To soothe my anxieties and my stress
And enjoy the sound of my laughter
In the warm and blessed summer afternoon...

Seema Chowdhury
August 4, 2016

Seema Chowdhury
Look At The Bigger Picture

1) Look at the bigger picture and find a deep connection with life. Stay calm and get ready to face the world.

2) Search for your strength and start your day with a smile. Do what is important to you and improve your performance.

3) Dig deep and push through barriers, overcome procrastination and focus your energy in one direction.

4) Have a rich and fulfilling life, keep an amazing perspective with a positive attitude.

5) Accept time management challenges and prioritize your work to develop healthy habits.

6) Keep an open mind, be genuine and keep your commitment.

7) Don't put off things for too long and don't delay actions. Address your weaknesses and overcome them.

8) Share your thoughts and make rational and logical decisions. Get a holistic view of your day and plan ahead.

9) Have the courage to make the right decisions with a fresh look at life.

10) Write your own philosophy of life. Listen to your calling and believe that opportunities wait.

Seema Chowdhury
May 2, 2018

Seema Chowdhury
Look at this flower
That is standing in the lane
Where thorns are present
Yet it is smiling....
Not even a drop
Of tears is seen
Not even a tiny little
Wave of pain
Current of troubles
Cloud of distress
Or
Rain of agony
Is seen
This is all because
It
Clings on to hope
And know that
Hope is the pillar
That
Holds up the world.....

Seema Chowdhury
Look At The Rainbow

All seven colors that are spread on the sky
Are floating very calmly to show its tie
And are saying very nicely goodbye, goodbye
To the troubles of the world and its pain and sigh

And is ready to welcome with its nice smile
The bright sun that will come out in a while
After the long and dreadful days of rain
That carried with it all sorts of pain

So be happy and see these seven lights
That are making this world very bright
And are swiftly moving towards the clouds
To clear if there were any doubts

And are saying that now don't feel bad
The period of trial that made you sad
Is reaching very quickly its end at last
So now your problems will be story of the past

And now best thing that you might want to do
Is to have a look at these charming views
Where all seven colors are spread on the sky
And are floating very calmly to show its tie.

Seema Chowdhury
Look At The View

In thie long run of life
You'll learn to survive
And will know in it
How with trouble's kit
You have to deal it all
Troubles big or small
So don't worry now
Or think how
You'll pass the ways
Of trouble's days
But just learn to
Look at the view
That is nice and bright
And pleasing to the sight.

Seema Chowdhury

Seema Chowdhury
Look At This Flower........

Look at this flower
That is standing in the lane
Where thorns are present
Yet it is smiling
Not even a dropp of tears is seen
Not even a tiny little wave of pain
Current of troubles
Clouds of distress
Or rain of agony is seen
This is all because
It clings on to hope
And know that hope is a pillar
That holds up the world............

Seema Chowdhury
Look At With Zest

Another night, another dream
Another source of joy's beam

For that is how we can make
Our life's trouble a piece of cake

So hang in there and hope for the best
And look at the life with all your zest

And then surely you'll feel great
And will increase in God your faith.

Seema Chowdhury
Look Back And See

Live with laughter and joy every day
Be ready for what is next in your line
Go out and explore your life with passion
And provide a different perspective with hope

Change your life and don't stumble
Examine the world from different lenses
See if you are headed the right way
And push your faith a little each day

Look back and see what you are gaining
Don't lose momentum or break the rhythm
Face your fear and remove negativity or doubt
And listen carefully when you reach a fork in the road

Unlock the beautiful world and endless opportunities
Get a new perspective on a happy life and living
Be prepared to handle challenges confidently
And spread your wings to fly high with joy and hope.

Good Luck! ! !

Seema Chowdhury
October 2,2018

Seema Chowdhury
Look Beyond Tomorrow

Out of darkness always comes glorious light
Out of stormy rain comes sun shinning bright
Out of painful tears come joy and endless delight
And out of doubt's clouds come hope's lively flight

So always stay positive and have hopes high
Do not give up to suspicion, doubts, fib or lie
Try everything to knock down barrier's strong tie
And protect your sobbing soul from pain and sigh

Remember God Almighty has a brilliant plan
Never take His delays as denials or a long ban
Look beyond tomorrow and commit to joy's scan
And search for a meaningful life whenever you can

Use cheery words to brighten up your dull day
Remove unwanted obstacles from your life's way
Be the voice of positivity and hope's bright ray
And step into the world of happiness deep array

Just remember you will surely find hope's light
You will surely see silver lining shinning bright
Only if you wipe your tears of pain and fright
And connect to Merciful Lord's Mighty sprite.

May God Almighty Guide your every step.
Have a Blessed Weekend!

Seema Chowdhury
March 24, 2017

Seema Chowdhury
Look Deep Into Life's Events

Don't leave anything undone in your day
If you want to move successfully
Towards your dream
To create memories in this universe...

Learn to take calculated risk
And embrace unexpected opportunities
For this world is changing on a grand scale
So rely on God
And don't hold negatives from the past
Because its a burden of bitterness
That will not let you heal or move on...

So search for the essence of joy
That flow in your life
To release negative thoughts
And look deep into life's events
To find words of inspiration
Beneath the speechless groans
And longings of the heart...

For your goals and dreams
Flow in every area of your life
With the rush of emotions
And create extra words of courage
For you to play and spin around with...

Seema Chowdhury
Look Deep Within Yourself

Look deep within yourself
And find strength in your faith
Walk through each life's day
And proudly enter belief's gate

See light within your soul
And try to connect to God
For He is our best friend
And our most loving Lord

He listens to our silent prayers
And fills our lives to freely enjoy
He sends us His tender blessings
And holds hands with faith's joy

He mends our broken heart
And sends His mercy and power
He lifts our hearts and soul
And connects us to spiritual tower

So don't lose hope or sigh
Look deep within your heart
Where God is present with light
To show us a beautiful start

Where we will hear the soft tune
And align gently with our prayers
To find greatest strength of faith
With goodness of blessings layers.

Seema Chowdhury
Look For Hidden Treasure

In life's transition when you face challenges
Don't avoid or judge your life
Develop a strong belief
And believe in yourself
And look for hidden treasure
Like celebration, joy and hope
And enrich your faith
With the weapon of love
And don't lose your ability
To move forward.........

For this is the passing world
Where sometimes challenges are
Hard, bitter and painful
And wounds just seems to refuse to heal....... 

But don't give up just hang in there
And practice laughing at life and its frustration
Then you will see the spiritual path
Where you'll find the hidden treasure
Of comfort, hope, strength and happiness
And God's hand to hold
To feel happy energy swirling
And the gift of sheer bliss knocking at your door........

Seema Chowdhury
Look For Lighter Moments Even In Your Heartache

Take your hurt and burdens to your Gracious God
And leave them there with your Merciful Lord

Come back and focus on happy and joyous thoughts
And see what positivity and belief have brought

Look for lighter moments even in your heartache
Do it for your self and for your heart and soul's sake

Do not sink deep into sadness and lingering pain
Get up to smile brightly and enjoy life once again

There is so much to do and say in this little time
Let new feelings of hope build a smooth rhyme

Just nudge aside sadness and emptiness today
Any fear of self doubt and give healing it's way

And continue this journey and enter your blessed life
Remember to look for meaningful ways to here survive

Find emotional and physical strength of love and care
To lessen your pain and hurt of bitterness from the air

For life is like that so for peace and soul's sake
Look for lighter moments even in your heartache.

Seema Chowdhury
Look For The Best In Every Day

Put the past behind you
And focus on today
For life still holds
Nice things in your way

Just have faith on yourself
And know there's nothing in life
That love cannot change
That do exist and survive

Just hope and believe
That life's finest things
Will surely come to you
In joy and happiness ring

Just look for the best
In life's running hall
Then negative thoughts will not
Walk near you at all

Just believe and have faith
And know that love can share
Your distress and agony
So strongly hang in there

And put the past behind you
So you can focus on today
With the hope that life holds
Nice things in your way.

Seema Chowdhury
Look For Your Strengths

Look for your strengths
Brighten your dull day
Learn to follow the rules
Open doors of opportunities
Reflect on what matters most
See God's purpose for your life
Think about what's going on all around
See how you can add value
Remember God knows everything
Just hold on to your faith and belief
Advance towards Lord with confidence
He will advance towards towards you
When you go towards Him Walking
He comes towards you running....

Have a Blessed Weekend

Seema Chowdhury
September 30,2017

Seema Chowdhury
Look Forward

Look forward with hope and smile
Forget all your troubles and trials
And see what you have more to gain
That can make you feel happy 'n fain
So for that close the chapter of your heart
And see how quick and how fast
You can learn new art of joy
That can give you chance to enjoy
And see life with a shining eye
Where troubles are born to die
So you can be happy again
And can find a path of fain.

Seema Chowdhury

Seema Chowdhury
Look Forward For Gain

When you don't see any mark
And think that you're lost in the dark
Then don't feel all alone on the land
And don't bury your head in the sand
And know that in this world of craze
Everyone is playing the maze
Where sometime we lose or win
And sometime we search for the grin
So don't feel lost in your way
For there're many chances in a day
When you can look forward for gain
And you can learn to banish your pain
So keep on seeking for the happiness mark
And don't feel lost alone in the dark.

Seema Chowdhury

Seema Chowdhury
Look On The Bright Side

Mix and mingle with the crowd
Banish all your fears and doubt
And then you'll see the bright sunshine
Rays will be all yours and mine

Remember that every thing has two sides
Dull and bright which both are wide
So whenever you see things going down
Then seek for the bright hope’s crown

And try your best to learn the art
To look on bright side in heart
For then you'll be able to trace
The sketches of hope in your pace

Because if once you'll understand
How to steadily face and stand
Before the troubles of life taht're wide
Then you'll learn to look at the bright side.

Seema Chowdhury
Look Only To God For Help

Walking on the sorrow's road
And looking for the happiness code
When you cannot find any help
Then look only to God for help

When wild flow of pain in the sea
Is rising high to touch life's thee
And you cannot find any help
then look only to God for help

When sky is full of cloudy sights
And nothing seems quite all right
And you cannot find any help
Then look only to God for help

For only he is who really cares
And surely wants to truly share
When no one else can give you help
Then look only to God for help.

Seema Chowdhury
Look Up To God

Look up to God for He is the one
Who created this world, heavens and the sun
And shows us bright morns after painful days
And listen in our prayers all we have to say

For no one but only our Gracious Lord
Puts us in hard test then gives us the reward
By showing us His bliss after all the pain
Just like bright sun shines after each rain

And no one but only He has all the power
Even in the stone He can bloom a flower
And know that no one can live or even die
See any glimpse of joy or any trouble's sigh

Unless God say so for He is the only one
Who created this huge world, heavens and the sun
So whenever any sight of trouble is shown
Or any view of pain lingers till the dawn

Just stick to the door of prayers and view
gracious Lord will be waiting with more blessings for you
For no one but only and only our Lord
Can give us His faina nd bliss as His reward.

Seema Chowdhury
Looking For An Image

I found God's image and his sound  
On sky, heaven, earth and on the ground  
Where millions and billions of his views  
Could be seen spread out and that is true

I saw his image in the sea  
I saw his blessings coming towards me  
I felt his presence in the cool breeze  
And saw him working on tears to cease

I saw him smiling and looking at me  
When I cried in prayers to be free  
Of all this worldly distress and pain  
And asked for his blessing's rain

I also felt his very strong power  
In the thorns and buds and blooming flower  
So I'll say everywhere I saw his view  
Covering the world with the blessings hue.

Seema Chowdhury
Loose Memories And Ends

Don't allow your life to drift
Learn to pursue it with swift
Themes and rhymes of this life
Where so many miracles survive

Just have eager eyes I'll say
To touch the shining sky today
And sort through and deal with life
Where tricky situations survive

For life is a series of memories bend
With sweet and bitter and nostalgic loose end
Those appear one by one in their journey of time
Where you travel with joy and painful rhyme

So learn to put your joy on the wall
And flow in the curves and cliff of life's hall
And highlight the golden memories dear
With faith and love and hope of cheer

And keep a running record of everything
That you learnt in crisscrossed road of rings
To dip low and then squeak high
And bring the world together with this try

So don't allow your life to drift
Learn to pursue life with rhyme swift
And tie loose memories and loose ends
With a sweet knot of courage's bent.

Seema Chowdhury
Lord's Angels

Teaching is a wonderful task assigned by God
In this beautiful world that's mcreated by Lord
Where teachers are sent as the Angels we need
To improve our lives and for a nice life to lead

So teachers are guiding stars I will say
Who show us the path to follow our way
And every new morning is a beginning of a test
so we don't have much time to take a rest

And teachers help us to get to our aim
And tell us how we can get to the fame
So for us they really work as morning dewa
And color our lives with many different hues

And today I want to wish all of them well
For protecting all of us like a cover or a shell
From every kind of problems either big or small
By teaching how we can handle them all.

Seema Chowdhury
Lord's Reply

I use to think and think alot
For what God gave that we have lost

the first most thing that I could think
Was Brother mansoor, that we have lost

The nice and loving, most generous and caring
Kind of man he was, that we have lost

He made us happy by nice things he did
But it is sad to say, that we have lost

Also he added that not here but up there
They want the good ones that we have lost.

Seema Chowdhury
Loss Of A Sister

We shared a very special bond
Of love, care, warmth and life
With you sis we made special
Memories that'll always survive

Among all of us and our hearts
For God has bind us together
In a beautiful and a tender string
That will always hold us and gather

Our laughs, our smiles and tears
Our secrets, our concerns and sorrow
And all the love and prayers we did
And shared our dreams of tomorrow

We will always miss you dear Sister
And will remember you in our hearts
We will pray for you forever
And hope you are in heaven's cart

We pray to God that you are
Now resting in a much better place
Under God's loving care and blessings
And will never be alone in any case

We are heart broken that you are gone
Far very far from our family and all
But we respect that you had to leave
As from Merciful God you got your call

May God Almighty brings us comfort
May God bestow His loving peace
May the grief and sorrow that we are feeling
Will soon go away and forever cease.

We love you Sister and will always miss you
May your loving soul rest in peace, June 14, 2015

'A sister is a little bit of childhood that can never be lost'
'Sisters are different flowers from the same garden'

Seema Chowdhury
Loss Of Happiness

Loss of happiness is a disease
that ends up in stopping the breeze
Of joy and fain from your life
And leave you in misery to survive
So don't let happiness slip away
Or even start any of your day
Without glimpse of happiness dear
For happiness is a pill that is rare
So learn now how to make it
So you can fill your every life's bit
With the rays of joy to see
Happiness all waiting just for thee.

Seema Chowdhury
Lost Avenue

I have lost the avenue
That can take me to smile
A happy and a lovely one
That helps me in life's trial
I have lost the avenue
That can bring me the delight
A happy and a lovely one
That make things shine and bright
I have lost the avenue
That can show me the glen
A happy and a lovely one
Where my thoughts I can pen
I wish if really someone can
Hold my hands and guide my way
And take me to avenues where
I can find my lost self today.

Seema Chowdhury
Lost Dreams

All the dreams I saw
All the dreams I had
Are now somewhere lost
And have turned to bad
I don't know my faults
Or any of my mistakes
I don't really know why
It turned out to be all fake
This thought gives me grief
And gives my heart a pain
I wish if I can watch
My fate with tear's rain.

Seema Chowdhury
Lost Forever

In this smoggy
And empty world
I feel lost forever
Where
Unhappy events
Endless darkness
Uncertain future
And
Betrayed hopes
Are standing in a queue
waiting to
Abondon my injured soul
In a wild forest
Of Shattered dreamsx
where only dead ends
And terrifying nightmares
Exists
To sing
The endless song of time
In which we are all
ILost forever--

Seema Chowdhury
Lost In The Moments

When unexpected events occur in life
We're lost in those moments to survive
And re-imagine life with an evil torn
And feel stuck in a bitter cold morn

And life seems very dull and gray
And everything feels drowning away
And life pauses for several days
Filling emptiness in the way

Where we have to carry the burden and pain
That's making us sad and insane
And we feel lost with uncertainty and fear
And think no one any more cares

And then at last it all ends
On a bitter turn and twist and bend
And we feel lost in this tough time
With no sound of hope or rhyme

Where sunshine disappears from life
Making it harder to survive
And we give up and quit forever with fear
Drowned in pain and doubts tears.

Seema Chowdhury
Lost In The Shadow

Sometimes I feel lost in the shadow
Of the dark clouds floating over meadow

Where nothing but trouble's layer
Is spread over to scatter fear

I wish if I can break this shell
And get rid of the pain that dwell

And find for myself some peace
Where all troubles seem to cease

Because trouble's bar is blue
That makes everything off hue

And that's why I feel everything
Is stuck in the trouble's ring.

Seema Chowdhury
Lost Meanings

Sometimes i feel
As
My life has lost
Its meanings
Where
No good or no harm
Can affect
Because
My heart is
Deserted
Wounded
And lonely
And
Winds of dawn
have stopped blowing
On my life............

Seema Chowdhury
Lost Opportunity

Never run after
The silent words
Phrases
Deeds
Or else you'll be left alone
To mourn
And all of it
Will be converted
Into
A lost opportunity....

Seema Chowdhury
Lost Self

The more I try to find
My lost self
The more I feel
Emptiness of heart
Deserted wishes
Vacant scenes
And
Then I find myself
Standing shadeless
In
The middle of no where
From where
Happiness has gone else where.....

Seema Chowdhury
Lost The Day

Today
At night
When I laid down
I recollected
My thoughts
My words
And
My visions...........
It really made me sad
Because
I lost one more day
In which
I couldn't give
Voice to my emotions
Or
Words to my visions...........

Seema Chowdhury
Lost World

Sometimes
I cannot decide
Whether
I'm lost
Or
Is it the world
where I live in? ? ? ?

Please God
Guide my way
And send your light
For hope's candle is burning down
And
With it is melting
Not only my hopes and dreams
But also
My self. and my soul................

Seema Chowdhury
Love

Love is love when you give it away
It doubles the happiness when shared in a day
It makes you feel special and cared
And takes away your pain when you are scared

Love is a light that glows all around
And brighten God's world and his ground
And brings happiness and beauty into view
And gives life to everything like a morning dew

Love is sacred, pure and delight
It shines sun of joy very bright
And fills ones heart with kindness sweet
That is a gift for all and a treat

God made this love a bridge to connect
Happiness and warmth and everything you select
And makes your heart young and true
And wipe away all your unwanted blue

Love is a dream that we all share
And it resides in our hearts and lives each layer
And that is what makes us go all around
And make life like heaven on the ground

It is a lovely and blessed gift of God
That He has bestowed on all as our Lord
And nothing more is sacred and pure than it
As Love holds value in its every bit.

Seema Chowdhury
Love And Care's Grace

Live life to the fullest
And search for the ways
To reach the highest goal
Of love and care's grace
And look for joy in it
And don't give looks so strange
For whatever is good or bad
You can surely try and change
Just by adding in it
A glimpse or a shine
Of love and care's grace
That is all yours and mines.

Seema Chowdhury
Love And Kindness Of God

God give me the knowledge and the power
Let me understand your graciousness tower

And let me dig more and more everyday
To uncover hidden layers of truth today

Then I can submit to the will of You, God
For You are my creator and all listening Lord

So I can spread the message of care and love
And fly like kindness and compassion's dove

God please become my friend in time of need
So I can eradicate from this earth evil deeds

And please let me come forward and trace
Endless tales of your mercy, love and grace

So when I turn my face towards East and West
I know I am praying to only You who is the best

Who promises to help me and be my best friend
And bring love and kindness in my life's end.

Seema Chowdhury
Love Begins At Home

Love, peace, hugs and loads of smiles
We always enjoy and cherish for miles
And know it's a place where we can share
Our doubts and fear for there all care

Our home is our Heaven, our security and hope
Where we find harmony and happiness in mope
Where we build vibrant memories of lasting joy
And decorate our journey with comfort's toy

Our home is our treasure box where we store
Nostalgic memories, tender sentiments and more
Where true love, serenity and sincerity in it rests
For love begins at home and it is really the best

Our home is very cozy, comfortable and bright
It's decorated with lots of care and lovely delight
Where we all stay with peace and warm smiles
And enjoy every moment and cherish for miles.

H- Heavenly Comfort
O - Out Pour of Love
M - Memorable Events
E - Emotional Security

*** Written on the 4th Anniversary of Our Home Sweet Home***

Seema Chowdhury
Love Conquers All

Only with a little
Smile of love
Only with a small
Kindness curve

You can win
The world my dear
And can conquer
It all with cheer

For love is a
medecine of hope
That takes its sufferor
Out of mope

So come forward
And hope for the best
And then on God
Just leave the rest.

Seema Chowdhury
Love Forever

My love forever
Is just for you
You are very precious
And that is true
For your presence always
Brings me delight
And make everything
Shining bright
I wish for you
My love, sweetheart
May you stay
In God's heart
And may always
Be good your fate
Where God sends
His blessings taste.

Love You Sunny Dear

Seema Chowdhury
Love Is A Language

Love is a language
With no words
Meanings
Terms
Vocables
Names
Or phrases...
It's just a
Deep passion
And
A strong feeling
That blows softly
Upon our lives
Like...
Like a soft summer breeze...

Seema Chowdhury

Seema Chowdhury
Love Is Grand

Let us create beautiful memories
In the world of love and inspiration
Let our souls blossom in the summer breeze
Following the streak of sunlight
Let the essence of joy create a pure heart
And everlasting melodies of life

Where positive energy of the universe
Will draw close the fresh air
To paint our sweet dreams
With the rush of emotions
To show us the life time of miracles
Where we can see the moments of transformation

And let it teach us to take steps in faith
With hope and courage
And walk hands in hands
With laughter and smiles
Towards the never ending path of love
That is grand and beautiful.............

Seema Chowdhury
Love Means

Love means
An unbreakable promise
To have and to hold
To give and to take
To care and to share
All your laughs and tears
For love is
Like a pure faith
And tells you that
Life is great
And shows you life’s
Brighter sight....
Only that is
Purified and right......

Seema Chowdhury
Love Of God

Abundance of love and care is found
On God's earth and above his ground

Because God is the supreme power
Whose love blooms the prayer's flower

So pray and ask only from him
To help you with all his vim

And request him to take your care
And give you your comfort's share

And in times when you're stuck in odd
Just ask for his help as he is the God.

Seema Chowdhury
Love Of My Life

When tiny stars shine bright
And surrounding seems quite
And tranquility prevails everywhere
Then I think of my sarah dear
And all nice times I have spent
Whose memories can never end
then I feel very fresh and bright
And every thing seems so right
that I say in this world to survive
I just need the love of my life
And when flowers smile in bloom
And swiftly wipe this world's gloom
Then I think of my Danny dear
Who is bestowed as a gift of care
Whose pleasing and naughty smile
Share half of my trouble's pile
Then I feel very fresh and bright
And every thing seems so right
That I say in this world to survive
I just need the love of my life
And when high waves in the sea
Softly flows towards me
Then I think of my Uzair dear
Who is Lord's gift taht is rare
Whose big and bright and shiny eyes
remove all my pain and sigh
Then I feel very fresh and bright
And everything seems so bright
That I say in this world to survive
I just need the love of my life.

Love You Kids! ! !

Seema Chowdhury
Love Of My Sis

True and honest love and care
Surelyseems very rare

Specially if you're flowing in the flow
Of this world never ending show

Where you feel down, sad and pray
And doesn't find next stone to lay

There instead of crying or feeling bad
Or thinking of things that makes you sad

Just look at the Lord with the hope to see
A glimpse of happiness reserved for thee

And then you'll surely be given God's bliss
In the form of the love of a sis

That not only provides you the peace of mind
But is surely very sincere and kind

Who knows how to lit the candle of hope
And keep you away from the tears of mope

And show the night that'll soon reach its morn
To tell you that happiness should surely go on

And think when God want us to tell
That he wish us all happiness that dwells

Then he sends hust one portion of his bliss
In the form of a very caring sis

Whose love is neither cracked nor bent
And is like a ring that doesn't have any end.

Seema Chowdhury
Love You

You are my sunshine
And my vision of spring
I love you very much dear
And that is a real thing
Because you always do
Things that's really nice
That brings me joy and fain
Not once but always twice
And that's why I say
May your path of life
Be filled with happiness
And broad flowery drive.

Seema Chowdhury
Love You Dear Friend

When God was making this world and earth
And putting in it all things that are worth

Then He bestowed His bliss and gave a gift
Of precious friendship for world's uplift

He made nice people, who love and care
He made kind hearted who to all are dear

Who not only brighten their life's days
But also spread sunshine in others way

And you ear are surely one of them
Who with kindness thread other's life hem

So least I could do to tell you I care
Is to love you and your friendship my dear.

Love You Dear Sunny

Seema Chowdhury
Love You Dolly Sabeen

Life's joy never seems to end
When a sister is also your friend
Who shares all your times with you
Like a sincere and a good friend too
I'm lucky enough to have you dear
For you share all my smiles and tears
And this brings me so much joy
Having you as my baby doll toy
For you are not only my loving baby sis
But also a gift of God as a bliss.

Love you sis! ! !

Seema Chowdhury
Love You Kids

I love to laugh with you
I love to look at you
And love to listen to you
And share my plan's true

I want to share my smile
And walk with you for miles
And hold your tiny hands
To show I understand

I love you my dear child
In odd and even and wild
For you bring me joy and hope
And clear clouds of doubt and mope

You mean the world to me
My lovely sweetheart thee
And I'm thankful to God with cheer
For amking me your mom dear.

Seema Chowdhury
Love You Ma

Pile over your troubles
In a wheel barrow
And dump out the load
And shut the door behind
To step out into the sunshine
To begin anew....

Learn to perk up
Your sagging spirit
And jolt your life
To enjoy the renewed hope
Navigate your life
To the brilliant rays
Of a new dawn
Towards a sparkling blue sky

Listen carefully to the
Whispers of love and prayers
And let God hold your hands
In your time of pain and fear
And let God's grace and touch
Bring peace and hope
Back in your life

Love you Ma

'Happiness can be found, even in the darkest times,
If one only remember to turn on the light'
Albus Dumblerdore

Seema Chowdhury
Love You Sameen

I wish sunshine and flowers
To line up in your pave
I wish rainbow and sunlight
To brighten your life's cave
Where only laughter and joy
And happiness that is true
Is reserved and shown again
And again just for you
I wish your days be filled
With fain and lots of delight
Where pleasure is welcomed
From each and every sight
That brings you luck and love
And joys to fill your days
And much more happiness
In all your life's ways.

Seema Chowdhury
Love You Samia

You are a bird
With a bright smile
Of
An innocent flower
Where
Fresh joys blossom
That gives us
happiness
Beyond measure....

Love you Baby

Seema Chowdhury
Love, Care And Kindness

LOVE

L- Let your compassion and kindness for
O- Others show through your words and deeds
V- Very honestly and Sincerely from your heart
E- Embarking on a journey of unconditional Love and Care

CARE

C- Compassionate and Caring
A- Amazing and Protecting
R- Reassuring and Revitalizing
E- Encouraging words and Deeds

KINDNESS

K- Keep calm and accept with open arms
I- Invest in thoughtfulness and Generosity
N- Nurture and Cultivate Positivity
D- Display Compassion and Understanding
N- Nourish your Soul and Grow healthy relationship
E- Empathetic, Caring and Understanding
S- Show Zest and Enthusiasm with High
S- Spirit and Bountifulness for all

Seema Chowdhury
December 15, 2017

Seema Chowdhury
Lovely And A Meaningful Life

Move toward a pathway to live your dream
And see what a beautiful world you live in
Absorb special moments and feel the cool breeze
And open life's window to illuminate from within

Enjoy crystal clear light of the day lying ahead
And let gracious golden glow to peep through
For a blissful new day is waiting anxiously
To bless your soul with pure rainbow hue

Add meanings in your life and let your heart speak
Open new vistas of possibility in hope's way
And change the direction if hinderence appears
So you can celebrate miracles that unfolds today

Explore life's highway and try your best
To enjoy this lovely and meaningful ride
For tears and joy are part of this journey
That everyone gets in dull and bright side

Shine more rays of inspiration and hope
And embark on this journey know as dear life
Just remember to slow down and pause to enjoy
To embrace present moment those here survive

And when you stumble upon nostalgic memories
Do not let your eyes well up with lonely tears
For these memories are special moments of joy
Those illuminate your soul with joy and cheer.

Seema Chowdhury
Lovely Happiness

Have
A happy to be alive attitude
In life's dream
And be like
A shiny pebble in the brook
Then only
You can wrap up
Your thoughts and feelings
In
The emotions of the moment
And can find your way
To
The tunnel of lovely happiness.......
Love's Dew

Knock on the door
Just like before
And ask for more
Blessings store

For God is great
So put your faith
And enter in the gate
And there wait

For your turn
And in return
There you learn
And show concern

And what you view
Just keep it to you
And thank God too
For giving love's dew.

Seema Chowdhury
Love's Flower

Love is like a wild flower
That has really got the power
To spread it in the places right
And make there everything bright
For love is here usually found
On every spot of this god's ground
And then it gives happiness to all
That can both be big and small
So try in your life to add
Love, joy and happiness in bad
And look for it all around you
For you have on it a right too.

Seema Chowdhury

Seema Chowdhury
Love's Key

Love is the key
That opens every heart
For it is the magic
That can surely start

A bright day of
Love and care
And in it showed
Who are sincere

So do your best
And be always good
For this is the bond
That's stronger than wood

For God has made
Us all with loving heart
That is filled with care
And happiness art

That shows to all
What fain means my friend
That we want to share
With all till life's end.

Seema Chowdhury
Loving Friendship

Enjoy an everlasting happiness
Created and formed
By the flashes of
A loving friendship
That leaves behind
Bubble of memories
Events
Words
Voices
And promises of shared past
And
Invites happiness
To knock on the door
To take you
Into the world of
Light
And
Wonders.........

Seema Chowdhury

Seema Chowdhury
Loving Words

Leave loved ones with the loving words
Specially when things around them are curt
For nothing more but a word of cheer
Can bring them joy 'n peace my dear
And always remember and keep this in mind
That its important with others to be kind
For all the care that you show that's true
Returns very soon to shine on you
So try to spread flowers in the pace
Of your loved ones 'n don't let 'em face
Any path of trouble or sorrow alone
Or don't leave them to cry or mourn
Just give them a friendly hand to hold
When things around them seems a little cold
And always leave them with loving words
When things around them seems a little curt.

Seema Chowdhury

Seema Chowdhury
Lowest Moments

When you get stuck
In the valley of tears
In the lowest moments
That is full of fears
Then go to the door
Of Lord's prayers
For he will listen
As he does care
And ask for his
Help and faith
that can take
You to the gate
Where you can
Enter and start
Your life as new
Without trouble's part.

Seema Chowdhury
Avail this chance that is wide
That luck is today on your side
So work hard and prove with zest
That you're prepared to take life's test
There may come paths in between
When time and people are both mean
But don't sit back just to mope
Remember that the pillars of hope
Are very strong to hold you dear
And tell that your sister really cares
Who is writing this small poem for you
Who not only cares but love you too

Love you Baby Sis! ! !

Seema Chowdhury
Magic Hour

Let the sunbeam creep through
The narrow crack in the window
And give yourself another opportunity
to launch a new life
And prepare for the real world
And develop realistic expectations
So don't put limitations on yourself.....

Search for the magic hour in which
Joyful noises
Surprising success
Beautiful dreams
And comfort and hope
Can all creep in your life
Slowly and silently
To illuminate everything
And bring your life
Wonder and serenity
And fun filled days
To launch a new life.........

Seema Chowdhury
Magic Of Miracles

Magic of Miracles
Believe in the magic of miracles. The magic of hard work, patience, inspiration, and perseverance. Stick to your goals and work diligently until you have achieved your goals. Never give up and do whatever it takes to win the game of life.

Seema Chowdhury


Magic Of Moonlight

When night lets it curtain down
And things start looking dull and brown
Then there in the middle of the town
You see something shining bright as a crown

That shining thing in the middle is the moon
That you can't surely see at noon
Until after you see the sun setting as a loon
Then you know you'll see it pretty soon

And once a month it appears as a ring
Round and shiny that makes your heart sing
And wish you could fly if you had a wing
Or may be you'll try some other nice thing

And everything seems smiling all night
Even flowers look very fresh and bright
That makes every moment pleasant and right
Till the appearance of the first ray of light.

Seema Chowdhury
Magic Of The Moment

I can never forget
That special moment
That rather I would call
Magical
And
Glamourous
That engraved
A path of joy
In my merry heart
And
left an everlasting impression
To be cherished
And remembered
Forever and ever.....

Seema Chowdhury
Magic Of The Moon Light

When night lets it curtain down
And things start looking dull and brown
Then there in the middle of the town
You see something shinning bright as a crown
That shining thing in the middle is the moon
That you can't surely see at noon
Until after you see the sun setting as a loon
Then you know you'll see it pretty soon
And once a month it appears as a ring
Round 'n shiny that makes your heart sing
And wish you could fly if you had a wing
Or may be you will try some other nice thing
And everything seems smiling all night
Even flowers look very fresh and bright
That makes every moment pleasent and right
Till the appearance of the first ray of light.

Seema Chowdhury

Seema Chowdhury
Magic Of Tomorrow

Look forward to tomorrow
Don't give up on your dreams
Listen to your inner voice
And follow the twinkling beam

That comes out from your heart
And shows you the magic and power
That emits sparkling rays of joy
For you to become Strength's tower

So you can make better choices
And come out of your comfort zone
Where magic of dream and hope
Don't let you feel ever alone

And show you a better way
To enter in the magic of tomorrow
where you can choose to be happy
And leave behind pain and sorrow

For life is a choosing game
That we all have to continually play
With the flow of smile and pain
So try to choose happiness today

And every tomorrow gives us options
To look forward and not to give up
So carefully listen to your inner voice
And drink joyously from hope's cup.

Seema Chowdhury
Build a magic zone
For life is like a cone
That we lick to make a belt
Or else it will all melt
So build it and enjoy
And fill it all with joy
And let in it comes smile
And invite happiness for a while
And then sure you will see
That many are like thee
Who wants to enjoy life
And built magic zone to survive.

Seema Chowdhury
Magical Connections

I want to make magical connection
With our life experiences
And sensation of the moments
And want to weave together
Passion and enthusiasm
And blend in as seamlessly as possible
The gift of gorgeous and breath taking
Scenes of our lives
Where life unfolds miraculously
Before our eyes
And show us our world
In a different way
With dazzling insights
Full of cozy smiles
Never fading beauty
And uninterrupted flow
Of blessings and happiness..........

Happy Valentine's Day Sunny.

Seema Chowdhury
Magical Mystery

Life is a magical mystery
And like a prewritten history
Where smiles of joy are small
That gives way to tears to fall
So try in this little time
To enjoy each of its scattered rhyme
And learn to find your own way
Of joy and happiness in the day
And know that here also survive
Pain, that's matter of death and life
So try to swap all of it
With the cool breeze of smile's kit.

Seema Chowdhury
Magical Mystery Of Satisfied Life

Open your eyes to the magical mystery
Found everywhere
And take a moment to laugh
In this satisfied life

And believe something new
Is about to happen
So start thinking a new way
And research new avenue

And when you'll learn
To adopt a new perspective
You'll be able to set doubt aside
And create your own reality

Just open yourself to the unknown
And cling on to realistic dream
And smooth out your thought
Only if you want to discover the magical mystery

And hear the sweet sound of moving forward
Of your satisfied life
And leave behind a speck of hope
To create your own reality.

Seema Chowdhury
Magical Spring Time

Spring time, Oh spring time
Where flows life's rhyme
Tulips, daffodils and other flowers
Showing us all God's power
Gardens are full of flowers and weeds
It's time to sprout the magical seeds
That makes this world's show
And for that we all to God owe
A special thanks in life's rhyme
For sending His lovely spring time

Rainbow appears just after rain
Clear sky all brings us fain
Puddles, splashes and melting dew
Are lovely and magnificent views
Where rain drops come to the earth
To bring us happiness and mirth
And welcome us on this journey of life
Where we are all bound to survive
Spring time, oh spring time
Where flows life's rhyme

Where we are all on board
Ready with zest and packed for the road
And learn to here discover treasure
That no one can ever imagine or measure
And there just leave your heart's door ajar
And let your wings fly you afar
And let you enjoy the light that shines
And spread in life the happiness wine
For here comes the magical spring time
Where flows life's joyful rhyme.

7th April, 2009

Seema Chowdhury
Magnificent Words Of God Almighty

Have firm faith and share all your burden and sorrow

For God is here to hold us today and tomorrow

He helps us in difficult journey and answers our prayers

He is very close to our hearts and with us He shares

His magnificent words those are loving, caring and kind

He already knows what is in our hearts, souls and minds

God bestows upon us His miracles and endless shade

He showers blessings and He doesn't let our belief fade

Lord listens to our cries and sends peace in our hearts

His words are inspiring, and it's a unique piece of art

He teaches us to understand life with its joy and pain

Then He gives us lasting gift of smile, hope and lots of fain

Our gracious Lord is full of compassion, mercy and grace

His love gives us renewed strength, comfort and bliss lace

Just have firm faith and share all your burden and sorrow

For Gracious God is here to hold us today and tomorrow

May God Be with you in every step of the way (Sabeen and Family)

Get well soon Wardah We love you very much!

Seema Chowdhury
Maintain A Positive Outlook

1. Whenever you come to a point beyond which you cannot see or go, then just pause and look all around.

2. Don't get frustrated, be grateful for all that you have and focus your energy on maintaining a positive outlook.

3. Find your purpose in life and look for moments and possibilities to find the strength to move on.

4. Be grateful for all the opportunities that life presents and identify the roadblocks those are hindering your success.

5. See how you can remove them and throw away negative and toxic thinking from your life.

6. Bring in peace, clarity and awareness. Prioritize important things and see how you can improve the quality of life.

7. Don't wait for anything act now! Analyze your situation and see how you can learn and grow from it.

8. Don't stress out; remember not everything is in your control. So, focus only on things that are in your control.

9. Pay attention to details and put your best foot forward. Have faith in your abilities and just do it.

10. Do things that matter most to you. Do something that defines you and gives meanings to your always maintain a positive outlook.

Seema Chowdhury
December 4, 2017

Seema Chowdhury
Maintain Momentum

Feel the experience
And accept the reality
With peace and contentment
And open your heart to possibilities
And help yourself to bring
Comfort and joy to yourself
And know that it is very important
To maintain momentum
To carry on with life....

So when life throws a curve ball
Instead of freezing up in silence
Or filling life with doubts
You must have the courage
To hit back at life
And get the negative emotions out
To move on and never lose momentum....

And feel the divine presence
And trust in miracles
And know that God works in
Profound ways
And if we look hard enough
With faith
Then we will be able to see
The warm beacon of light
And a ray of hope.....

Seema Chowdhury
Make A Chain

In the little world of ours
We see nice blooming flowers
That have in them a bunch of thorns
Like nights are followed by morns
For this just keeps on going
And life just keep on flowing
And along its way in the lane
It makes for us a chain
A chain of tears and smiles
That walk with us for miles.

Seema Chowdhury
Make A Huge Difference

-Don't miss a chance to make someone's day by being kind and by showing care.

-Learn to jump hurdles and approach life courageously and fearlessly.

-One kind word can change the whole day. So, be kind to everyone you meet.

-Find something to be grateful for and celebrate every day to brighten your way.

-Create happy moments and you will see more happiness and blessings will fill your life.

Seema Chowdhury
December 20, 2018

Seema Chowdhury
Make A Significant Impact

1) Look for your strengths and weaknesses and see what are you passionate about and what motivates you in life.

2) Life is an exciting adventure, so stay positive, don't hold back and make a significant impact.

3) Boost your performance, be mindful, assert your power so you can live life to the fullest and be original and unique.

4) Enjoy simple things in life and find greater meaning in connecting to those around you. Be simple and direct in your approach.

5) Face your fears and keep your mind open. Challenge yourself towards greater excellence and look for ways to level up your game.

6) Seek balance and peace and deal with your problems to move on in life. Life is complex at times, have patience and deal with everyday problems.

Seema Chowdhury
December 21, 2017

Seema Chowdhury
Make A Splash

1) Take a great leap forward and cope with the growing demand
2) Expand rapidly by availing unique opportunities in the new direction
3) Set on the path and use simple strategies to achieve success
4) Buckle up and be ready to change your mindset and embrace innovation
5) When you feel stuck then pause for a moment and put yourself in the focus box
6) Organize your life, trust your instinct, and take one step at a time
7) Focus on the message, discover new avenues, and make a splash!

Seema Chowdhury
November 29, 2018

Seema Chowdhury
Make Better Choices

1) Life is all about making choices because these choices define you. So carefully design and formulate your options.

2) Try to find out how you can compete with your unique strengths and overcome your weaknesses.

3) Many things are uncertain and complex, so be creative and innovative. Always have a game plan to follow.

4) Pay attention to your surroundings. Reflect and weigh all your options. Then, make better choices.

5) Be independent, be rational, and be focused. Always analyse the impact of your choices and decisions.

Good Luck!

Seema Chowdhury
January 10, 2019

Seema Chowdhury
Make Every Day Special

-There are many reasons to be happy. Trust yourself and take a leap of faith.

-Change for better and paint your world with the magical rainbow colours.

-Happiness is calling; go ahead and accept the invitation and follow your heart.

-Be open to new ideas. Focus on positive things to make every day special.

-Listen to your heart. Avail every chance you get in life to make a difference.

Seema Chowdhury
December 20, 2018

Seema Chowdhury
Make Home Your Castle

Make home your castle
With bricks of love
As love is the gift
Of heaven above
And add in it
The sand of joy
With which you can
Learn more to enjoy
And try to make
The room of fun
Before life's days
Are over and done
And add in it
The bliss of smile
That adds sunshine
And make it worthwhile.

Seema Chowdhury
Make It A Splendid Day

I want to spend my special day
In doing nice things in my way
And I wish to spread joy and fun
Before this day is over and done
Today I want to spend my day
In thinking of you in every way
So I can be happy and glad
And can change things that are bad
And because today is special in a way
So I want to make it a splendid day
So when this day is over and through
I still have nice memories of you.

Seema Chowdhury

Seema Chowdhury
Make Life Better

1) Break the vicious cycle of stress, anxiety and depression and accomplish your goals.

2) Take responsibility for life and focus on continuous process improvement methodologies and processes.

3) Make your life better, practice gratitude, reach out to people and connect with yourself.

4) Stay motivated and pursue your deep passion and dreams so you can walk on the path to success.

5) Contribute to life in a meaningful way, lay out your plan confidently and remind yourself it's time to change.

Seema Chowdhury

March 13, 2018

Seema Chowdhury
Make Progress In Life

1) Accept challenges and find clear purpose in your life. Be a true believer in your abilities and determination.

2) Take a moment and think about life, your goals and your purpose. Build resilience and strength to succeed.

3) Work on your personal and professional growth; and take charge of your life.

4) Make progress and stay hopeful to be successful if you don't give up. Embrace change and be willing to push your boundaries.

5) Open your mind, empower yourself and always keep a can-do-attitude. You have the potential and you know it, just work on them sincerely.

6) Reflect on where you are and where you want to be. Connect with your inner self and learn to live inside out.

7) Unlock your potential and boost your mood with powerful, positive and encouraging words. Leave your impact in the world.

Seema Chowdhury
May 10, 2018

Seema Chowdhury
Make Space For Success

• Shake away anxiety and stress and improve your performance. Make space for success and enjoy your moment.

• Be the bundle of energy and hope and accept changes that life throws at you. Plan and bring in dramatic change and focus on your leadership skills.

• Don't quit, do something that adds value and helps you to grow every day. Make your life memorable and unique and own your world.

• Understand difficult situations and problems so you can find appropriate solutions. Learn the art of negotiation and conflict management to flourish in your work.

• Be simple, be humble, be genuine and learn to make life a living example for others to follow. Take more responsibilities and increase your potential to perform better with each passing day.

Seema Chowdhury
January 27, 2018

Seema Chowdhury
Make Things Happen

make things happen
And
Let them go
According to your
Flow
Rhythm
And
Expectations
And
Use wisdom
To guide you
And don’t let
Shadow of darkness
To fall upon
Your life
And
Your happiness....

Seema Chowdhury
Make Time

1) Be the sunshine and radiate positivity.

2) Make time for things you love to do every day.

3) Develop trust and open up to life with hope and faith.

4) Connect to your inner self and experience everything that you have ever wished for.

5) Be on top of the world and plan for advancement and progress.

6) Don't feel helpless or down. Live each day with hope, joy, love and peace.

7) Don't let anything dampen your positive spirit. Be ready and willing to move on.

Seema Chowdhury
February 14, 2019

Seema Chowdhury
Make Time For Reflection

1) Change the way you look at things and feel alive and energized.

2) Follow your passion, your thoughts, your ideas and your dreams.

3) We all face storms in life that transform us forever. Be strong and face your life.

4) In the midst of difficulties don't give up. Stay humble, motivated and inspired.

5) Learn and experience your world with deeper faith and make time for reflection.

6) Focus on the important things in life. Don't be hard on yourself. Forgive your past mistakes and focus on your future.

7) Open yourself to endless possibilities and enjoy a happy and a fulfilling life.

8) Make your dreams come true and look for ways to win the game of life.

9) Find an exciting new path to walk on. Feel the Lord's presence and abundance in your life.

10) Make time for reflection, throw away doubts and fear. Defend yourself against negative thoughts and show your gratitude.

Seema Chowdhury
June 6, 2018

Seema Chowdhury
Make Time For Yourself

1) Be a dreamer and fill up your life with hope and aspiration.

2) Don't fear darkness, there is always light afterwards.

3) Take a moment to accept your shortcomings and then work hard to improve them.

4) Give yourself time and space when you are angry or disappointed then turn over a new leaf and rewrite your story.

5) Don't hide behind negative feelings, recognize and accept them so you can move on.

6) Your world can change in the blink of an eye only if you become a dreamer and make time for yourself.

Seema Chowdhury
March 31, 2019

Seema Chowdhury
Make Up For The Lost

It's time to make up for the lost
It's time to pray for trouble's cost

It's time to take off the load
And start again on brighter road

For life is a series of these pains
Where both we lose and sometimes gain

So don't feel bad or just despair
If you feel stuck in the gear

Of the gain of agony and distress
And inside you feel depress

For soon will lit just for you
the brightness candle of hope's hue

That will brighten all the roads
And will take off the trouble's load.

Seema Chowdhury
Make Up Your Mind!

When you make up your mind to do something you will see how so many doors will open in front of you.

And when you are determined to achieve your goals you will see how obstacles and hindrance will start vanishing in thin air, one by one.

Show patience, perseverance and you will get it all. It all starts with making up your mind.

Always be optimistic and look for a bright future. Have strong and deep roots in your past.

Move confidently, enthusiastically, and passionately towards amazing things.

Move right along because there are infinite possibilities.

With your magic touch open your mind, heart and soul and try not to worry about the unknown.

Remember, it can all start right here, right now, only if, you will make up your mind today!

Seema Chowdhury
October 20, 2018

Seema Chowdhury
Make Waves

1) Keep on trying and never give up on your dreams
2) Be strong and take bold actions to change things
3) Be determined to achieve your goals with enthusiasm
4) Take baby steps towards success and feel alive
5) Stay continuously inspired and motivated along the way
6) Show confidently the world what you can do without a doubt
7) Create a roadmap to follow every day and manage time
8) Dive deep into the world of knowledge and focus on life
9) Learn something new and share what you know gracefully
10) Face the storm head-on and learn to survive every moment
11) Listen carefully to the calling of your soul with high energy
12) Maximize your potential and take positive steps for success
13) Lead a happy and a fulfilling life to increase productivity
14) Change the way you look at things and make strong waves

Seema Chowdhury
July 12, 2018
Make Your Place

Try to make
Your place in the sun
And try to
Be the one
Who always
Knows his show
And acts there
According to the go
And learn to
Talk in life
And walk there
Where trouble's survive
So you can learn
In life to smile
And spread happiness
All for a while
And know how to
Make your place
In both the sun
Or in cloud's trace.

Seema Chowdhury
Manifold Darkness

sometimes I feel
I'm left alone
In the manifold darkness
Plagued by the
frustration of life
from where
I cannot find
my way out-
Where Only
Heavy rain is pouring
And thick Clouds are seen
And thunder
And lightning are heard
By me
That forces me to enter
In an unending era
Of awkward silence
and squeezing grief........

Seema Chowdhury
Many Reasons To Hope

Celebrate your life with laughter and joy
Construct a picture of a better tomorrow
See the world through rainbow hues
And be open to interpretation
If you want to mend the hopeless situation
And find many reasons to hope

Ignore many shades of gray and blue
Focus on the golden moments
Catch up with your engaged life
Share sacred loved and peace
And be open to interpretation
If you want to mend the hopeless situation
And find many reasons to hope

Enjoy the cluster of glowing candles
Savour the memories with a positive twist
Fill your heart with warm pleasure
Face reality and know that everyone
Doesn't see the world through the same lenses
So be open to interpretation
If you want to mend the hopeless situation
And find many reasons to hope......

Seema Chowdhury
Many Tomorrows

I am waiting for
Those many tomorrows
Where no glimpse of
Troubles, pains and sorrows
Will ever appear
To make us sad
And snatch the glimpse
Of happiness glad

I am waiting for
Those many tomorrows
Where all bad things
Like distress and sorrows
Will fly very far
And bring pleasure
Wherever we are
Along with leisure.

Seema Chowdhury
Map Out A Plan

Map out a plan
To get rid of
Troubles
Agony
Pang
And
depression
And
Extend yourself
And learn to
Step beyond your
Comfort zone
Then you'll realize
that you have been riding
On the mysterious waves
Of passion
Aggression
Ignorance
And
Boredom.....

Change your self
If
You want to
Change your life for better...

Seema Chowdhury
Marathon Of Life

We are running our own marathon of life
With tremendous strength and insight
Passing through magic and miracles
And sometimes on the surface
That causes pain and suffering
But this is how it is meant to be
Just like a tiny butterfly
That only spreads its wing
When it emerges from the warm cocoon
Life is a perceived reality and a complex story
Where we all juggle between multiple task
And a bit of sadness mingled with joy
Where we take deep breaths
And discover life's altering experience
And try to fill the big hole and smooth edges as time goes by.....

Seema Chowdhury
Mark Hours

Mark hours of fine day
That stops by in your way
So when you are feeling bad
And things are making you sad
then you can look on to them
And mend it with prayer's hem
For this is the world's way
That in every one's day
Comes the tide that are so
That is some high some low
So whenever you get a chance
Try to collect for you in advance
The hours of the fine way
That stops by in your way.

Seema Chowdhury
Marriage

I want to be a listener
Of all your troubles dear
I want to be a reflector
Of love, happiness and cheer
And want to be a supporter
In whatever you do
And bring you back
Bright colours and hues
That are all missing
From your life
Because my dear
I want you to survive
In all odds and evens
And all troubled days
That life shows you
And throw in your ways
Because that's what is marriage
Expecting from our lives
When we join our hands
And become husband and wife.

Seema Chowdhury
Dear God,

You are our marvellous majestic God of love and care
You are our Merciful Lord of great bounties and grace

Please bless us and shower magnificent mercy upon us
And Kindly renew our fragile mind, body, heart, and soul

Clear our mind from all kinds of doubt, fear, and stress
Make our life better and vibrant with your magical hope

Show us the light in darkness and guide our footsteps
Help us to find our inner voice and pure shining soul

Please show us the path of righteousness to walk on
And bless us for you are majestic God of mercy and love.

May God Almighty protect us and guide our steps.

Seema Chowdhury
January 12, 2019
Master Of Life

• Be fair and balanced
• Be caring and easygoing
• Be cool, calm and collected
• Be logical and control emotions
• Open the door and help others
• Be the master of your future
• Be social and celebrate life
• You have the potential to succeed
• Accomplish great things in life
• Rise above all barriers and challenges
• Dream big and hope for the best
• Discover your worth and value
• Be pleasant and do something nice
• Find vibrancy and your energy
• Make people around you smile
• Enjoy the priceless gift of hope
• Let optimism lead your way
• And be the master of your life!

Seema Chowdhury
May 21, 2018

Seema Chowdhury
Master Of The Land And Sea

Oh Lord, Oh my God
Master of the land and sea
Give us the wings of faith
And let us enter the gate
That leads us straight to you
Whose love is pure and true

Oh Lord, Oh my God
Master of the land and sea
You watch over us all
And hold us when we fall
And bring us your loving smile
When we suffer in our trial

Oh Lord, Oh my God
Master of the land and sea
Help us in this passing world
That's full of bends and curls
And straighten our roads of hope
So we walk in them to cope

Oh Lord, Oh my God
Master of the land and sea
Heal our wounds and pain
Don't let us drown insane
Or dwell in misery's cry
When we fail again to try

Oh Lord, Oh my God
Master of the land and sea
Take away the craziness of life
And teach us how to survive
And gift us the wings of faith
So we can enter in Heaven's gate.

Seema Chowdhury
Maximize Your Potential

1) Put your heart and mind in your work and be prepared to face challenges and overcome obstacles.

2) Do self-analysis evaluate your options and find a clear path to walk on.

3) Be productive, effective, and efficient in all your work. This is the best way to maximize your potential and climb up the stairs of success.

4) Stay away from negative and toxic people, don't let what they say to get into your head.

5) Never stop at one place, take one more step each day to get closer to your destination.

6) Put your mind, soul and heart in your work. Give your best and own the moment.

7) Always choose to do the right thing, it may be difficult at times, but you will get the reward at the end.

Seema Chowdhury
June 20, 2018

Seema Chowdhury
Maze Of Life

Maze of life traps you again
In its never ending pain
And angry tears start to drop
With a wish to never stop
This maze of life is very bad
That makes everyone very sad
For it is full of mope and pain
And that's what we only gain
Out of this terrible life
Where its very hard to survive.

Seema Chowdhury
Meaningful Questions

In the unusual circumstances
When
the course of events
are taking place
Some meaningful questions
Arise in my mind
But-
I cannot get their answers
as they are
Too difficult
And too painful
To be answered...........

Seema Chowdhury
Meanings

Your name is carved
On my heart
And your presence
Brings me
Joyful surprises
Where
Sweet dreams
Evening breeze
And
Spectacular sunset
brings
sweet scent of happiness
And explains me
the meanings of
God's Miracles.....

Happy Anniversary Sunny

Seema Chowdhury
Meanings Of Love

Love means an art of learning to trust
Love means when in life's hard crust

You find someone on whom to lean
Who will help you without being selfish and mean

And love means when in life's air
You find someone who trust and care

Who is willing to share all your dreams
And brighten your life with care's beam

And surely that someone can be the one
Who tries to find you the road of fun

On which you can walk with smile and see
How much brighter is the life for thee.

Thank you Sunny! ! !

Seema Chowdhury
Measureless Thorns

Measureless thorns
Are born
Every day
In my way
Because I
Don't know why
And how to see
And set free
My own soul
And play the role
And try to end
And pretend
To be in fain
And not in pain.

Seema Chowdhury
Medicine Of Hope

My days now start on your thoughts
For all the happiness that you have brought

For the joy that I feel is hard to measure
And that's why I think they're my treasure

Your smile works as the medicine of hope
And helps me always to bravely cope

With pain and troubles of my life
With which I'm now bound to survive

I don't know how to thank you dear
You showed in your ways that you cared

And that's why I think its hard to count
Joy that you have deposited in my account.

Seema Chowdhury
A smile is a medicine of pain
A smile is a power that gains
Lots of joy and happiness for you
To make you happy and lively too

Because smile is a powerful force
And a simple and an easy source
To bring you near the joys that're far
And to cross fairly the trouble's bar

Because smile has the power to mold
And in everyone's life it surely holds
An important place in life's ship
So try to get its hold and a grip

So when in life you're given a test
Then try to do it in the way best
And spend this time with joy for a while
with a gift of a rare and a precious smile.

Seema Chowdhury
Me-I.... My

New doors are opening
And showing me the way
Of joy and cheer
For each of my day

May be it is because
I have learnt to hope
And have promised never to
Fall in mope

Or may be because
I have accepted it all
As part of life's game
Whether big or small

And that's why today
I'm feeling all free
With a new form of 'My-I-and Me'.

Seema Chowdhury
Melting Snowflakes

Walk among haze, fog and mist
Enjoy sprinkle of joy's art
Hold snowflakes in your palm
And capture winter clouds in heart

Snowflakes are miracle from God
They are beautiful and so true
They help to melt our fears
And wipe away all our blues

So create colors of love and care
Let it shine very bright today
Highlighting it's bends and curves
That is taking your breath away

Don't only stare at the horizon
Try to catch this amazing sight
And absorb in its magical flow
Falling like stars all white

Just give yourself a chance
To illuminate in this crystal bright
And once it lit up your soul
Then soak in this Divine's light

So open the gate of imagination
And let hope create an amazing art
So you can play with magical colors
To catch snowflakes in your heart

Now walk among haze, mist and fog
That are so real and absolutely true
And give snowflakes a chance today
To melt away your fears and blues.

Seema Chowdhury
Memories

I remember when my life was changed
That moment and day
when everything was different
From usual in every way

Then I remember thee goodbye by my dad
That moment and day
It was hurting but different
From usual in every way

Also I remember my timee in the plane
That moment and day
It was raining but different
from usual in every way

Then I remember thehug by my mom
That moment and day
It was warming but different
From ussual in every way

Also I remember the letter from sis
That moment and day
It was loving but different
From usual in every way

Then I remember about my dream
That moment and day
It was rejoicing but different
From usual in every way.

Seema Chowdhury
Memories Are Engraved

Memories are engraved
Deep within the mind
That no one can erase
Whether kind or unkind

For it is just like
The shine of the sun
That no one can stop
To be shown to one

So let it enter
Through mind's door
And let it brighten
Your life like before.

Seema Chowdhury
Memories Grand

Spread cheer
You my dear
For all you love
In life's curve
And be nice
And extra wise
And try your best
In all life's test
To smile and smile
And walk for miles
Along life's way
In each day
To spread cheer
For all my dear.

Seema Chowdhury

Seema Chowdhury
Memories Lane

Collect memories of your past
For they can bring you joy
The joy of love and care
That you can surely enjoy
For life is a precious gift
That God has given to us all
To live in it happily
And build for us a wall
A wall of bright memories
That for us can surely lift
the burden of any trouble
Or any of the darkest mist
So avail this chance in life
And learn to welcome fain
For cheer and smile and care
Can build your memories lane.

Seema Chowdhury
Memories Linger In My Mind

Memories of joy
And memories of pain
All linger in my mind
In each life's lane

For they are rare
And like a treasure
That brings to me
Tons of pleasure

That's why I think
And keep them all
As they're my source
Of joy big and small.

Seema Chowdhury
Memories Of 1995

Remember the memory
remember the day
remember the care
You have found in the way

And know that just
Once in life
Everyone is given
A chance to survive

And enjoy all these
Blessings of God
That he has spread
For us in odd

So go to the door
Of God and pray
And thank him for
Giving joy in life's way.

Seema Chowdhury
Memories Of Snowfall

I am walking on the freshly and crisp fallen snow
And it is crunching beneath my feet
As I am making and leaving behind
Beautiful and remarkable footprints of memories

I am standing in awe
Trying to capture this illustrious image
Of the falling snow
It is a joyful experience
Where everything is hushed and serene

I am standing motionless
Trying to absorb the sound of the drifting snow
Very deep in my soul
As this sound is sinking deep
It appears to be closer, narrowing the distance

The sky seem to be smiling
With excitement and freshness
It is a breathtaking scene

And now at sunset clouds are gathering heavily
And it is beginning to fall steadily and rhythmically
As night is descending gorgeously in thick layers
On the deep darkness of the winter night....

*** 3rd poem in the snowfall series***

Seema Chowdhury
Memories Of Tomorrow

These beautiful moments
Become memories of tomorrow
Don't hang to fear or disappointment
Throw away troubles and sorrow

Be aware of your limitations
And try to achieve your best
For this life is made up of
Unique and difficult tests

Weave your thoughts beautifully
And hang on to cheer and hope
Dismay tears of troubles
And learn in life to cope

Develop a cheerful attitude
And know to handle life
So life can flow on its trail
And teach you lessons to survive

Have realistic objectives and goals
And set time to achieve them all
One by one, little by little everyday
So learn to break fear's wall

And know that beautiful moments
Becomes memories of tomorrow
So don't hang to fear or disappointment
Throw away troubles and sorrow.

Seema Chowdhury
Mesmerizing Beauty Of Nature

Spring is God's way of saying dear Lets Go!
Let us capture beauty of joy and go with the flow

And absorb in the mesmerizing beauty of Nature
With a joyous heart to live among God's creatures

The shining moon, fluttering wind and much more
The crashing waves into the sand and shore

The chirping birds and the glorious sunshine
All reflect God's love and His grace Divine

It melts my tender heart every single time
The beauty, pureness and serenity's rhyme

It puts the balm that I need to completely heal
From everyday challenge and life's moving wheels

And as tears of joy drop from my tiny eyes
I see my thoughts clearing from doubt and sigh

As I see blazing sun setting over the tired town
And lovely rainbow colors and shimmering brown

It brings me so much joy and endless hope
And deepens my faith, and belief's scope

And once again I feel alive among God's creatures
Absorbed in the mesmerizing Beauty of Nature.

Welcome Spring!

Seema Chowdhury
April 7, 2017

Seema Chowdhury
Message Of Hope

A message I like to share with you
A message of hope that is true
A message that can bring around
The colourful hues to touch the ground
To spread happiness and some joy
For everyone who wants to enjoy
So everywhere the glimpse of peace
Can be seen for tears to cease
And this is the true message for you
That i'm sending with sincerity true
And hope to see you with a smile
That makes your life more worthwhile.

Seema Chowdhury

Seema Chowdhury
Sometimes
I feel as if
I have lost my way
in the middle of life's story
And
No matter how hard i'll try
I'll never be able to
Pick up the thread
To
Fill in the gaps
That are there.......... 

Seema Chowdhury
Middle Of The Road

Don't feel scared
Or have a doubt
Don't feel tired
Or burnt out

Don't feel moped
Or ever blue
If things aren't very
Nice fro you

And believe taht
Middle of the road
Will surely take you
To the board

Where you wish
To get down dear
Even if your destine
Is odd or rare.

Seema Chowdhury
Midst Of Fear

In the midst of your
Fear and sorrow
Try to realize your strength
And look for a reason
To laugh
And find a way
To throw away
All your grievance
All your distress
All your sufferings
All your turmoils
And
Abstain from
Crying
Because
Once you start srying
Then you're given
More reasons
To cry about............

Seema Chowdhury
Mingled Feelings

As evening settles over the city
I stood next to my window
Reflecting on my day
Trying to hold the falling sand of time
To accept the echoing words in my ears
Absorbing and understanding the impossible
And with each passing moment
I felt an odd feeling of numbness
Filled with longing and regret
All at the same time in the same moment
And with a gasp of astonishment and mingled feelings
I found myself lost in another world of inner torment
With terrible memories and unhappy sigh
And eyes blurred with tears of pain
Searching over and over for the wall to climb
For the way to the beginning
And wondering if this craziness will ever end? ? ?
Or if the agony will ever seize? ? ?

Seema Chowdhury
Miracle Dad

Birthdays are special
And that is specially true
When the person is precious
And rare like you

Who deserves life's joy
And all sorts of fun
And who is extra great
And world's number one

So I'm proud to say
And glad to tell
That you are the cause of
All happiness that dwell

For you spread joy
In the place you live
And you shed smiles
By the kindness you give

And today is your special
Very special day
So I wish all nice things
To stop by in your way.

HAVE A GREAT DAY BABA! ! !

Seema Chowdhury
Miracle Drug

Bring sunshine to the life of others
learn in life to always gather
A miracle drug that can cure pain
And show you way towards joy and fain
And try to find a helping hand
And perform better in choices band
And take positive actions and steps
And recognize opportunity's points and depths
And remember always to imagine fine
And find ways to bring sunshine
And know that whatever happens in life
Depends on our attitude that survive
So have strong belief and good dreams
And learn to search for secret beam
That can color your life with joy
And show you winning strokes to enjoy
Each and every moment of your life
Where you're bound to survive
And bring sunshine to the life of others
And for them always happiness gather.

Seema Chowdhury
Miracle Is A Symbol Of Life

Life's story is incomplete
Without the substance of
Love, pain, hurt and forgiveness
So help yourself when in distress
And capture every moment and angle
And don't let excitement to end

Always keep your options open
And know there are many more
Adventures around the corner
So let faith and hope take deep root
For that will bring you constant reward
And a great sense of satisfaction

And be like the singing bird
That sings in all kinds of weather
And make depression disappear
With her warm sunny words of miracles
For miracle is all that we need as a symbol of life
And God's way of answering our doubt and hopelessness.

Seema Chowdhury
Miracle Mom

Someone who likes to
Protect you as a shield
Someone who wants
All happiness to yield

Someone who tries
Very hard to ease
Someone who stops
All the pain's breeze

Someone who knows
How to lend you a hand
Someone who really
Does understand

Some one who wishes
Nice things for you
Can only be your
Miracle mom whose love is true

Who always spreads joy
And pretty flowers in your way
And keeps on praying
For you each day.

LOVE YOU MAMA! ! !

Seema Chowdhury
Miracle Mystery

My mind is racing with random thoughts
And a list of questions
Appear one after another
And I am trying to solve
The miracle mystery
That sent light
To the world
For
Big surprises come
Along with hope
In troubling time
And takes me far
And deep into
The angelic world
Where
I get a chance
To change everything
And
Make a difference
And
Make a better understanding
With
The secret life
Of
This amazing journey
And
Discover the path I desire.......

Seema Chowdhury
Tears can heal
Our life's pain
It teaches us to deal
With life without fain

And it lets out
Emotions and stress
And it takes us out
Of troublesome mess

It relieves the grief
That we feel inside
It cleans the heart
And shows us wide

Wide paths of life
To walk on dear
And learn to handle
Crises and fears

For tears are like
Morning shower
That clear the clouds
And gives us power

To once again stand
And handle this life
And stick together
And learn to survive

So don't hold your tears
Let it flow out
And give yourself a chance
To wipe all your doubts

And makes you strong
And teaches you to heal
Life's endless pain
Through shedding tear's deal.
Seema Chowdhury
Miracles Do Happen

Break the negative worry cycle
And do not let your mind wonder back
Tune into your jumbled emotions
And enjoy good things you already have
Believe in miracles, for they do happen
And walk on the path of winning hope

Focus on your wondering thoughts
Look at life from a positive perspective
And get the pessimist thoughts out
With the power of love and gentleness
Believe in miracles, for they do happen
And walk on the path of winning hope

Give up on your fearful worries
So you can try a different approach
Search for all life's possible solutions
And add in it a dose of compassion
Believe in miracles, for they do happen
And walk on the path of winning hope

Discover your giving moment
And lend a gentle and a helping hand
Then you'll see the ripple effect of kindness
That will bring back balance in your life
Believe in miracles, for they do happen
And walk on the path of winning hope.

Seema Chowdhury
Miracles Happen Everyday

Don't lose hope
Believe in the say
That miracles do happen
For us each day

So learn to put
Your trust in God
As He is your creator
And your Lord

And ask Him to
Help you in need
And provide you His
Loving lead

And show you miracles
In each day
And help you out
In the trouble's way.

Seema Chowdhury
Mirror Of Life

Amazed and delighted
I looked at me
Where I saw
Reflection of thee
And then I realized
That without you
I am nothing
And that is true
You are like a mirror
In my life
In which I find
ways to survive
For you are like
A guiding star for me
Who shows reflection
Of loving care of thee.

Happy Birthday Sunny

Seema Chowdhury
Miss You A Lot Dad

It breaks my heart
To think and say
That you beloved dad
Have gone away
Far very far
From your loved ones
For your time in this world
Was over and done

I miss your loving
And caring smiles
I miss your hugs
And walk for miles
I miss your hands
That you always rose
To bless our lives
With prayers and grace

I love you dad
And pray for you
May God open the door
Of heaven and hue
And fill your path
With the shine of bliss
More than we can
Ever for you wish

I hope and pray
From God who is dear
To keep you safe
Under His bliss and care
And wish one day
We meet in heaven above
Under God's treasure of
Unaccountable care and love.

May Your Soul Rest In Peace Dad.
I love you a lot and will always miss you.
(Written on my Father's death on 9th Aug, 2010. May God Almighty bless his soul and gift him a special place in Heaven. (Ameen))

Seema Chowdhury
Missed You Dad On Father's Day

I feel your love in all I do
I see your prayers coming through

I feel your presence wherever I go
And see your smile when I feel low

That showed me best way to survive
Holding your hands in every step of life

You showed me new roads to walk
And you always listened whenever I talk

For your words still echo in my ears
That brings even today nostalgic tears

I miss you dad, but I know in my heart
Your prayers are protecting me from the start

And your bright eyes and its shine
Will always bring my life peace vine

And the beautiful lessons that I learnt from you
Are always there to guide me through

And your guiding hands that showed me the way
Will always weave thread of love for me today

And I hope we will meet in heaven one day
And will be together to laugh and play

Where your prayers will bring me smile of care
The smile of comfort that we always shared.

Miss You a lot Dad.
- - - - - -

'If tears could build a stairway and memories a lane
I'd walk right up to Heaven and bring you home again'
Missing Colors

Do not lose hope
Nor fall into despair
For God is your protector
And He is always near
And He will take away
All your greys and blues
And will bring you in
Missing colors and hues
That were taken out
Because of the dark clouds
That came over your life
And brought mistrust and doubt
Just hang in there with hope
And open your lovely eyes
And find yourself with joy
Floating in happiness high.

Seema Chowdhury
Missing You

I wish if I can hear your voice
As it gives me chance to rejoice

And show me the path of pleasure
That for me is a great treasure

I miss you dear I surely do
And wish all nice things for you

And hope that wherever you dwell
May you stay happy and well

Because for you i deeply care
And pray for you all things be fair

Where you'll be always happy and fay
And make pleasurable your whole life's stay.

Seema Chowdhury
Missing You Ami

Sometimes words aren't enough to express
Why life seems dull and depress
In the absence of loved ones who share
Our thoughts to show that they care

But this is true and also a fact
That all good and the kindness act
That you show to us dear mom
Helps us to clear our path from

The thorns and bushes of real life
With which we're all bound to survive
And today for you I wish well
And wish for happiness where you dwell

And hope may your life be filled with fain
Where no glimpse of ny pain
is given or even shown to you
And that's my heartiest wish for you.

Seema Chowdhury
Missing You Friend

My friend though you are away
Your nice memories with me still stays
In the same way it was with you
I still feel your love that is true

For friends like you are very few
Who somehow always really know
How to sing the precious song
Of encouragement when things are going wrong

And that one thing dear that I'm glad to say
is that you always know which stone to lay
And know bad things that you must hide
In order to show me a brighter side

So the day when we all will die
And will quietly in our graves we'll lie
Even then I'll plea to the gracious God
To give you all your kindness reward

Because it is very hard to find
A friend like you who is nice and kind
Who always know how to prove with her zest
Her friendship to be worthwhile and best.

Seema Chowdhury
Missing You My Dear Friend

Today dear you are out of my sight
But surely you can't be out of my mind
For all nice times that I had with you
Reminds me of all your loving hues

For you dear are a very good friend
Who always some how manages to end
The troubles that I'm going through
By showing me all life's brightening views

And I'm glad you always played a role
And always in your way you console
And always lent a helping hand
When I needed it most in trouble's band

And today i really miss you dear
For you always showed me your care
So remember that you can be out of my sight
But surely you can't be out of my mind.

Seema Chowdhury
Missing You Sunny

When life seems hard
I think of you
Because I know
That your love is true
And you can only
Cool and calm
My painful hurts
With your caring balm
I miss you honey
My dear sweetheart
You are surely
An important part
Who can bring me
The pleasure’s treat
And helps to make
My life complete
And because today
You are not here
I miss you already
Very much my dear
And hope to see
Very soon honey
Because my love
Is true dear Sunny.

Seema Chowdhury
Mist Of Fears

Through
The mist of fears
I saw
Foggy paths
Shabby roads
Broken tracks
Lapsed bridge
Misty ways
Wasted routes
And
Rusted pavements........
Is that all that life has to offer me? ? ? ?

Seema Chowdhury
Mist Of Tears

Sometimes it get hard to see
Joy waiting just for thee

Because of the mist of tears
That has come with the fear

The fear of trouble and stress
That brings all pain and distress

That doesn't let you happily survive
In this world and in this life

But don't lose hope or ever cry
Neither mope or ever sigh

Just hang in and with faith
Put your trust on God great.

Seema Chowdhury

Seema Chowdhury
Mist Of Time

In the mist of time
I have lost
Clear visions
Fond hopes
Assured faith
Certain trust
And
Optimism
And
Only thing that I see here
Is the cloud of depression
And painful truth
Throwing me into
The world of darkness
And
Hopelessness.....

Seema Chowdhury
Misty Eyes

Reach deep down in your soul
where memory plays a role
And there to find
The watch of life and then wind
So time can once again start
And tell you how with an art
You can pass each of the day
In mending cracks in your way
So you can then learn to survive
Even in bad phases of life
And you can learn in this tie
To return smile in your misty eye.

Seema Chowdhury
Dye your life with your smiles hue
And wipe away from it all the blues
And know that noblest deed of all
Is to do nice things whether big or small
And remember in the cross road of life
No board of decision ever survive
So do whatever you think is best
And then on God just leave the rest
For then God will give you what you need
In return of all your kindness deed
And will add happiness in your daily chore
And then will give you joy some more
And will tell you that in the mixture of life
Kindness and smile always survive
So dye your life with the smiles hue
And learn to wipe away all the blues.

Seema Chowdhury
Mold The Day

Wear bright thoughts
And warm smiles
Then walk all around
For miles and miles
And try to mold
Your day in joy
And find for yourself
New ways to enjoy
And learn each day
To spread the flower
In the way
As its God’s power
That can lighten
The path for miles
If you can wear bright
Thoughts and smiles.

Seema Chowdhury
Mold Your Thoughts

Mold your thoughts
And your acts
Because my dear
That is a fact
That is just once
You can change
All bad thoughts
And can arrange
A better way
that is bright
Then surely soon
You'll feel delight
And will always see
Joy and smile
Coming for you
In trouble's pile.

Seema Chowdhury
Mom, You Are A Champion

You make a difference in all that you do
Your smile spreads brightness just like you

Your optimism and kindness are contagious dear
That brings the spirit of joy everywhere

Mom you're our champion, hero and best friend
Your love and affection know no bounds or ends

You always make sense of this imperfect world
And straighten out all crazy twists and curls

We love you mom and we are grateful today
Especially for your loving prayers everyday

And for the angelic care and your tender gaze
That you show when we are stuck in life's maze

Thanks mom for planting seeds of faith and love
And for nurturing with it belief of heaven above

And for encouraging us to hang on for long
Even in hard times and to sing hope's song

We are grateful to God for sending His best gift
In the form of YOU MOM for our soul's uplift

And for making you our champion, hero and best friend
Whose love and care know no bounds or ends.

'Mothers hold their child's hand for a moment and their hearts for a life time'

Love you tons Ma, thanks for everything.

Seema Chowdhury
Moment Of Delight

Capture
The precious moment
Of Delightfulness
And comfort
For
They pass
Our life's way
Just once
And not more
So grab them
And enjoy them to fullest
And refuse to enter in circle
When you're a square.....

Seema Chowdhury
Moment Of Worries

Life is a deep ocean
Filled with
the tide of
Juicy pain
Muggy loads
Wet grievance
Humid wounds
And
The current of worries
Where
Mist of vapours
Evil spirit
Unsolved mystery
Attacks
Our Unguarded moments.......
Moments Of Life

Don't work your life away
Enjoy moments that come in your way

And give permission to yourself to have fun
When passing through stress in life's run

Learn to make memories in life
And create positive images that survive

And absorb the colors of happiness and joy
And teach yourself how to gain and enjoy

Those fond memories for you to play
Like making castles in the clay

And learn to sparkle and look inside
Your big heart to walk on the wide

Road of happiness that comes in your way
And that's how you'll learn to throw away

Troubles of this endless pain's drive
Where pang always exist and survive

And take away moments of joy and fun
From you dear in this life's run.

Seema Chowdhury
Moments Of Prayers

God has exceptional ways to answer prayers
And he helps us get through rough spots
And take us out of unhappiness,
Sadness, loneliness and grief
For these emotional toll
Can be devastating...
So take a step of faith
And ask God Almighty
For his tender love and mercy
In the midst of fear
And reconnect with God
Through the chords of love
That can refresh and recharge
And show a new direction
And a fresh path to walk on

For these are the moments of prayers
When we challenge ourselves
And rediscover the passionate impulse within
That blossom our hearts and souls
And transform us through
Miracles and belief of God
And lighten our burdened and troubled heart
And give us the ability
To pick ourselves
And move on
With the changing tides of life...

Seema Chowdhury
Moments Of Sorrow

Moments of sorrow
Moments of joy
moments in time
That you mostly enjoy

Come and go
In your life
And show you paths
To joyfully survive

So don't feel bad
Or down in heart
If trouble comes
And pain impart

For know that they
Are all a game
That you're playing
Under life's name.

Seema Chowdhury
Moments Of Truth

Create your own moment of truth
And live by your wit and be the survivor
Who doesn't wait for life to happen
But who creates his own life inch by inch
And walk through the chaos
In search of a place of peace
And open the door of life
To let the refreshing breeze in
And let the sun cast a warmth
Rosy glow through the window
So you can free yourself
From the shackles of insecurity and doubt
And graduate everyday
Till you reach the last day of your life
So you face it with courage and inspiring thoughts
And can jump all the hurdles
And live to paint your dream journey
And along the way renew your spirit
To make big waves........

Seema Chowdhury
Mope Of Sigh

Don't let clouds of mope to sigh
On the horizon of your life's sky
And don't let rain of distress to fall
On your life's part even small
For life is a series of pain
Where only thing that we gain
is the load of troubles my dear
That gives way to sigh and tear
So try your best to overcome it
And think of life as a pleasure's kit
Where you can also joyfully survive
If you try to be happy in life.

Seema Chowdhury
Mope's Way

If trouble's come to stay
Then look on the other way
And search for some fain
To get rid of the pain
The pain that has come today
To block view of your day
And show you trouble's sight
And hide the joy's delight
For troubles are more than joys
And donot give chance to enjoy
So try your best and hope
And never ever fall in mope
For mope's way is hard 'n bad
And shows you things that're sad
And invite pain to come and stay
In your life trouble's way.

Seema Chowdhury

Seema Chowdhury
Morning Cheer

Every morning when you wake up think of how you would start a brand-new day.

What things you want to accomplish and what things you want to get out of the way.

Don't think too much about the day that is gone.

Get out away from the stress and problems and do something nice for others.

Count your blessings and celebrate life. Change older things into the new ones.

Challenge yourself and try to leave your mark. Look in all directions to find motivation and inspiration for the day.

Wake up early morning and wake up the morning person in you. Discover new things to expand a variety of dimensions. Have an awesome day!

Seema Chowdhury
October 18, 2018

Seema Chowdhury
Morning Dose Of Happiness

What inspires me every morning
As I get up and start my day
What brings me joy and happiness
And acts like a morning dose today

What brings me cheer and smile
And stirs my emotions along the way
And motivates me to be always ready
To face challenges of everyday

Is being very open and honest
And for being sincere and showing care
As it brings me pure love and joy
And lightens my burden and fear

So when I look at the clear blue sky
And see sun shining nice and bright
When I see colorful rainbow hue
That brings me peace and delight

I thank my most gracious Lord
For His mercy, glory and care
And for inspiring and making my life
Worthwhile, meaningful and fair

As it gives me a purpose to get up
And look forward to start my day
Where I count my blessings and smiles
And morning dose of happiness along the way.

*** Dedicated to my daughter Sameen ***

Seema Chowdhury
Morning Is Here

When sky appeared as blue
And showed a clearer view
And i heard flowers talk
And saw clouds walk

And when birds started flying
And dew started drying
Then it struck me there
That morning is here

Then I saw flowers bloom
And taking away world's gloom
And spreading cute smile
And vanishing trouble's pile

So I thought at taht time
The rise and decline
Of sun and stars
That are very far

TAnd sun appear every morn
And stars vanish at dawn
Then night comes as queen
When nothing can be seen

And it was really fun
watching it one by one
Because I think its a bliss
That I don't want to miss

And then at that time
i thought of world's rhyme
And knew surely God
Is holding world's Chord

And is keeping worlds alive
By giving things to survive
And making things bright
For us day and night.
Seema Chowdhury
Most Forgiving God

God, please grant us your grace
And accept our humble prayers
Give us contentment of heart
And let us submit to your will

God, please be pleased with us
And shower your endless blessings
And give us the opportunity
To do good deeds and reform ourselves

God, please show us your mercy
And let us enter the garden of heaven
And enjoy supreme happiness and bliss
For you are most forgiving and kind

God, please open the door of your bounty
And hold our heart and hands firmly
And let us establish strong ties with you
And feel safe and protected in your grace

God, bestow your favor and show us the light
With your compassion and benevolence
And protect us all from evil and suffering
For you are gracious and most forgiving.

Seema Chowdhury
Most Precious Friend

You smile with me when I smile
And wipe my tears when I cry
You hold my hands when I need
And comfort me always in my try

You share my laughter and feel my pain
And you stay close by my side in rain
you are the most precious friend that I have in life
Your friendship is important for me to survive

You put soothing balm on my wounds dear
And cure them with your tender love and care
And you share my silent moments and my grief
And you always find ways to bring me relief

Your prayers and encouragement bring me hope
And always keep me away from mope
And you show me love and kindness above all
That solve my troubles all big and small

Your presence is a great blessings of God
That helps me cope in all even and odd
And you are a wonderful part of my life's hue
Where all my stories begin and end on you.

Happy 16th Anniversary Sunny.
Thanks for being my life partner & my best friend.

Seema Chowdhury
Most Wonderful Time Of Life

Live a life filled with joy and peace
And enjoy the sense of miracles
Count your blessings every day
And capture small moments in time
Enjoy beautiful fields and meadows
And see flowers dancing in the sun
Listen quietly to the babbling brook
And hear butterfly fluttering proudly
Look at the bend of bright rainbow
And blended colors of the Autumn
Absorb the rays of bright sunshine
And drown in the beauty of morn mist
Celebrate the beauty of nature and life
And experience the miracles of God
These are here to soothe and heal
And to warm up our soul and heart
Just take few moments and enjoy
And know this is wonderful time of life...

Seema Chowdhury
December 16, 2016

Seema Chowdhury
Mother You Are A True Blessing

No words or gifts can express
All that I want to say because I care
To thank you for being so wonderful
And the special bond that we share

You always do so much for all
And you are very loving and nice
You have a heart of gold
And you always give us advice

You always know what we want
Even if we don't say it loud
Because you are caring and giving
And you help us without any doubt

Your wisdom and kindness have
No match and no end
You are the number one mom
And also a wonderful friend

You are full of hope and prayers
And a true blessing of God
And you warm up our hearts with love
In all life's even and odd.

Love You Tons Ma
Happy Mother's Day

Seema Chowdhury
Mothers Are Special

Mothers my dear
Always share
All our fears
And they appear
As a bright morn
And light our dawn
And help us in mourn
To remove our frown
For they always know
Who are our foes
And that's why so
When we feel low
They bring us smile
All for a while
And give us in trial
The courage to smile.

Seema Chowdhury

Seema Chowdhury
Move Forward

Move forward towards the sky
Keep your hopes very high

And know that these worldly things
Will disappear like the spring

So if you want to enjoy
And play with satisfaction toy

Then with warm and hope's looks
Move forward to this brook

And know that nothing is far
Under these simple lovely stars

If you wish to work hard
And play properly your card

Because it gives a great delight
To seek and find the pleasure's light

If you want to move forward
Without fear of being awkward

And hope to get all wishful things
Including the disappearing spring.

Seema Chowdhury
Move Hand In Hand

Move hand in hand
With love and care
Show to others
That you wish to share
Their cries of joy
and smiles of pain
In all life's phase
In all life's lane
So you can enjoy
And make worthwhile
The phase of your living
With a pleasant smile.

Seema Chowdhury
Move Into High Gear

Move into high gear
Of your life
And
Learn to drive
The vehicle of life
without using
Breaks
And
Reverse gear
For life is a road
That doesn't allow
'u Turns'
And
You only get to ride once
Both through
The black clouds
And
The blazing sun
Without any preperations
Or
Lessons
To survive in it.........

Seema Chowdhury
Move On

If life feels falling apart
And you don't see a start
Then pick up the pieces gone
And bravely just move on
And do it all dear
With joy and some cheer
And know only you can
Drive away life's van
With hope and happiness bar
From wherever you are.

Seema Chowdhury

Seema Chowdhury
Move On To A New Beginning

1) When you encounter difficult and unexpected situation, don't quit or let your voice shake.

2) Walk your path confidently and have strong will power to go on and accept challenges of the new day.

3) Use your experience, thoughts and wisdom to control what you can and let go of what you can't.

4) Find passion in true learning and create life that you always want as a winner and a leader.

5) Set SMART goals for yourself and go in the right direction to achieve them one by one everyday.

6) Determine your vision, mission and purpose and with courage recognize the power of your influence.

7) Make a positive approach to life and move on to a new beginning with renewed energy and wisdom.

8) Understand the complexity of life and walk on the road to self-awareness so you can achieve your dreams.

9) Learn important life's lessons about success and failure to create vision for a better and a brilliant future.

10) Understand your thoughts and emotions and find strength to welcome a brand new day with enthusiasm and a radiant smile.

Seema Chowdhury
June 1, 2017

Seema Chowdhury
Move Towards Life Joy

Banish old doubts and all your tears
And move towards life's joy my dear
For you can find it behing the shadow
Of troubles and pains tranquil meadow

So better instead of feeling sad
And thinking of bad things you had
Move forward life's happy days
And count your blessings in fainly ways

So count your decades by lovely flowers
And all your years with pleasure’s hour
For they both let you fainly drive
On the long and hard paths of life

Then next comes months, weeks and days
Which showed you bright and new ways
To count each minute and each hour
Which you took to reach the happiness tower

And after counting all these endless joys
You'll see taht the basic survival toy
taht you need in your life my dear
Is to banish old doubts and all your fears

And happily move towards th etreasure
And all nice things which bring you pleasure
And show the gift of smile on your face
Which keeps the track and the trace

Of all your joys and all your grief
And explain them all in a brief
And count good days one by one
For reward of a good is to have it done

And you can find joy behind the shadow
Of troubles and pain's tranquil meadow
So if you need life's joy my dear
Then banish old doubts and all your fears.
Movement Of Thoughts

I collected my thoughts
And
Gathered them all
Together.....
In one place
So that
Its movement
Its flow
And
Its strokes
Can be put together
To
Solve the maze
Scattered in my mind......

Seema Chowdhury
Moving Pieces Of The Puzzle

Life is like a moving pieces of puzzle
Where we develop a game plan to follow
And then track our moves of this play
To fill with excitement deep hollow

We prioritize our activities and the To-Do list
And remove barriers and try to change
Difficult phases of our life and living
To bring joy and let radiance rearrange

Missing and broken pieces of this puzzle
And see how we can smoothly fix it all
So we can respond to unexpected challenges
And save our souls from a painful fall

Just remember that life is difficult at times
And everything looks out of control and lost
But if we work hard and do not quit
We can hold on and save all the extra cost

The cost of hurt and inflicting pain
That force us to change smiles with tears
And color our sky with darkness cloud
And mist of hazy depression and fear

But if we hang on and stop chasing the world
And learn to take things peacefully one at a time
Then we will be able to put it all together
And once again bring harmony and rhyme

And put back the pieces of these moving puzzle
One by one in their required and the right place
And find for us a source of constant serenity
To track peacefully life game at victory's pace.

Seema Chowdhury
Multiply The Pleasure

Your presence for me is a great treasure
That always multiplies the pleasure

Because I feel good and strong
And with you I always long

To spend some time of fun
Before life's days are done

For I know whenever I need
You'll come down to remove the weed

The weed that blocks my view
Of joy and pleasure's true

And that's why you're a treasure
That always multiplies my pleasure.

Love You Sunny

Seema Chowdhury
Music Of Life

Music of life is completed
With the chord of pain
Where tears and smiles and more
Are needed in the rhyme of fain
So learn to face them all
Calm and stormy weather
And accept this real fact
That they all dwell together
So don't cry or dropp tears
And don't build nest of sorrow
Or else you won't have a thing
To look at and hope for tomorrow.

Seema Chowdhury

Seema Chowdhury
Music Of Life And Play

Sun is laughing with its never fading beauty
Creating dreamy and magical light
Where clouds are floating across the sky
Like a fairy tale childhood in life's play ground
Where Music of life is sung in praise of
Warm, bright and lively days...
Days that are vibrant and hopeful
And nights that are starlit and alive
And it gives chance to you to splash in love
To awaken to new self awareness
To discover new options
And explore wonders of the heart
Settle the unsettled matters
Repair rifts in life
To enter in the door of hope and inspiration
And play bigger in life...

Seema Chowdhury
Music Of The Unfolding

Refresh your perspective of life
By changing to new rules that survive

And soak in the light of sunshine
By learning to drink joy's wine

For life is decorated with the lace
Of happiness with intervals of trial's face

Where headache, frustration and despair
All come in to stay for a while dear

So listen carefully for the music of life
When it unfolds in fain's drive

And preserve large doses of encouragement dear
For its the fuel of love and cheer

That can lead you to the door of mode
Where you can throw trouble's load

And all your anxious thoughts of life
That do here are born and survive

And save yourself and your soul
From drowning in emotion and dole

And once again refresh your perspective of life
By changing to new rules that survive.

Seema Chowdhury
My Anchor And Hope

Merciful God you are my anchor and hope
Please give me something to hold on to
I always wish for your care and love
And I am truly grateful for all you do

Thanks God for your bountiful blessings
You help me to heal my wounds everyday
You wipe bitter tears of my empty eyes
And clear fog and mist from my way

God please turn my life into momentum
And help in my spiritual quest today
I want to feel deep sense of inner peace
And enjoy moments of serenity and pray

God I have a very strong string of faith
That ties me to you my all knowing Lord
I am your child and need your endless bliss
Please grace me with your love merciful God

God please instill true righteousness in me
And fill my heart with kindness and care
Cleanse my soul and purify my spirit
For you are my anchor and hope in despair.

Seema Chowdhury
My Broken Hut

Like broken dream and broken heart
I don't know when and where to start
Telling the nostalgic stories of my past
Where alleys of pain and troubles are vast

I dwell in my hut in the muteness zone
Where my companions are sigh and mourn
That doesn't let me walk in peace and fain
Or let me enjoy any worldly gain

I walk on this dry path for miles
Without even a glimpse of laughter or smile
And look at the hazy sketches of peace
Eluding and hiding from my life's lease

And when i get tired at last
And see no hope through trouble's vast
Then I knock at the gracious God's door
And beg for his blessings and more

And request Him to take it all away
These troubles and hurdles of my life's way
And show me a shining nice blue sky
Where like a bird I can freely fly

And reach my destination and my place
Where I can find answers of the maze
The maze of this real life
where we're all bound to survive.

August 9,2006

Seema Chowdhury
My Collection

I've a huge collection
Of my silent memories
My Lost echoes
Some cold and misty sketches
A pile of unanswered questions
An endless night of pain
And
Unforseen hazards
waiting
To define my world
Away
Far far away
from my ideas-
Of a simple life
And
A happy living.....

Seema Chowdhury
My Gracious Lord, Please open my heart
And let my soul absorb your true love
keep pain and sigh away from me
And let my ears hear your kind words

My Merciful God, Please open my mind
And let the bright rays of your care enter
To brighten my mind, body and soul
So I can open my eyes to hope and faith

My All knowing God, Please open my heart
And let me recognise the right path to walk
That leads me straight to prayer's door
Where I can walk without going astray

All-Listening God, please listen to my prayers
Don't let me get distracted by events of the day
Please hold my hands and pull me out of despair
And shut all doors of pain and doubts on me

My All-Hearing Lord, please guide me
As you are my only source of true inspiration
Give me one more chance to be the winner
So I can bask in the sun of your love and grace.

Please guide my steps today and always!

Seema Chowdhury

Seema Chowdhury
My Dear Friend

Your thoughts are treasured very deep
Inside my mind and I always keep
precious memories of your in my heart
Because you played an important part

And helped me to always understand
We need friends gentle helping hand
To go on with this life's game
And cannot wonder alone insane

You always showed me the brighter side
Of life's game of pain that is wide
And always said good things in your way
To show how much you care each day

And I'm thankful to you for doing all this
And wish that door of God's huge bliss
may always be opened for you my friend
And may on you God's bliss never end.

Seema Chowdhury
My Dream Journey

I painted my dreams
with love and care
And added in it
Lots of
Kindness
Hope
Sunshine
Affection
And trust
And with all this
I started
My dream journey
Hand in hand
With YOU........

And then you
Came forward with a smile
That brightened my world
And
Lightened my heart
And lead me to
The field of happiness
Where I learnt to
Share my dreams
Over come my fears
Jump the hurdles
And wipe the tears

And there at every step
I found you standing
With a magic mirror
That reflected happiness
And joyful moments
That we shared together....

Thank you very much
For always being there.....

Happy 13th anniversary Sunny
Seema Chowdhury
My Dreams Are Welcomed

I have my dreams
That are spread around
Under the blue sky
On the precious ground

Where I'm wondering
All alone in the woods
For that is the only place
Where I'm understood

Where I don't see
Things falling apart
Where life seems linked
With the silent cart

Where my dreams are welcomed
Along with me
And that's where i go
As there I feel free.

Seema Chowdhury
My Faith In God

My faith in God and His love
Always help and pull me through
I know God has His own timings
And He is always there very true

God's love is a treasure of Deep Ocean
It carries Kindness, care and love's hue
He holds my hands and carries me always
To show His love is wide and so true

God listens to my humble prayers
When I cry in pain and quiet sighs
He comes forward and put balm
And lovingly ask me Dear Why?

God understands what I go through
And He works to change this to bring joy
He is always listening and finding ways
To forgive me and bless me to enjoy

God's hope and faith makes me glad
And teaches me to be patient in time
In time of trouble, pain, doubt and sigh
As He'll surely pull me through just fine

Thank you God for your love and Blessings.

Seema Chowdhury
November 19, 2016

Seema Chowdhury
My Field Of Dreams

My field of dreams
Is filled with
The crops of
Imagination
Fantasy
Visions
Inspiration
And day dreaming.......  
I want to see the days
After the dreadful nights
And want to enjoy the rainbow
After long hours of rain.........
Life is not bad or cruel
It has its ups and downs
And
I really believe that
Now is my time.........
I want to cultivate happiness
In my field of dreams.........

Seema Chowdhury
My Firm Belief

This is the world of loss and gain
Where God let nothing to go in vain
Even a water dropp that we get in rain
Helps us in moments of suffering and pain

When troubles come it makes us gray
And everything feels wrong in the way
And we don't find next stone to lay
And think that God has pushed us away

But this is neither true nor it is right
Because for us God emits bliss light
And show us nice things that are bright
For his ways are always unique and quiet

So if we feel we are stuck in a test
Where we are not given any rest
Then thing that at time seems best
is to go to God and pray with zest

Because this is surely my firm belief
That God who is our creator and chief
Will cease our pain and will give us relief
And will remove from us our distress and grief

Because this is the world of loss and gain
Where God let nothing to go in vain
Even a water dropp that we get in rain
Helps us in moments of sufferings and pain

Seema Chowdhury
My First Born

I remember the first time
When I held you tight
In my arms
That is when I learnt
To live life to its fullest....

I remember immediately
Falling in love
With those shiny eyes
And
Tiny little hands
Holding my fingers strongly...

And then your magic
Spread all around
And I felt the breeze...
The breeze of happiness
Opening doors of love
One after another
And turning my sad days
Into a joyful one

I remember your laughter
Ringing bells in my mind
And giving me strength
To seek a unique dream
In the journey of life...

You are my first born
And love of my life
For when you were born
That is when I learnt
How it feels to be a mother
And be on top of the world.....

Happy Birthday Sweet Samia

Seema Chowdhury
My First Recollection

Whenever I open my kid’s diary
Where I’ve recollected my past memories

I see there written my first name
I see there written my first game

I see there written my first talk
I see there written my first walk

I see there written my first cry
I see there written my first try

I see there written my first smile
I see there written my first trial

And when I recollect all this
I thank God for bestowing his bliss

And for being there when I needed him
And for showing his love with a strong vim.

Seema Chowdhury
My Gains

My gains
My pains
My fains
Are precious
With which I keep
A link very deep
From where impart
Joy of my heart
And show me dear
How to wear
The glasses of smile
That walk for miles
And give me fain
As they are my gain...

Seema Chowdhury
My God Of Bounties

My God of bounties
Help us and have mercy on us our Lord
Reward us abundantly for our good deeds
Remove our distress and troubles
Open paths of success and happiness

My God of bounties
You are merciful and generous
Please accept our humble prayers
Forgive our mistakes, doubts and sins
Show us the path of righteousness

My God of bounties
Please shower your blessings upon us
Let us lose ourselves in your divine love
Protect us from bitter experiences
And help us to make the right decision

My God of bounties
Life is all about ups and downs
And sometimes we feel disappointed
Please help us to earn your acceptance
Through powerful prayers and passion

My God of bounties
Please help us to respond with faith
As we put our complete trust in your Lord
Hold our hands and always guide us
And open paths of success, peace and happiness

Seema Chowdhury
October 3, 2017

Seema Chowdhury
My Gracious Lord

When I see night entering into day
And the sun switching places with moon in a way
Then I know its You who make things right
By unfolding things before my sight
Dear God oh my Gracious Lord
You make things even when they are odd

And also when the rainbow appears after rain
And happiness comes after grief and pain
Then I know its You who make us glad
By changing to good from things taht're bad
Dear God oh my Gracious Lord
You make things even when they are odd

And also when I see our prayers going above
And coming back with blessings and lots of love
Then I know its You who is always behind
The sending of His love for all mankind
Dear God oh my Gracious Lord
You make things even when they are odd

And last when I see this world with my eye
And look at the nountains, oceans and sky
Then I know its You who gives us life
By providing us with things we need to survive
Dear God oh my Gracious Lord
You make things even when they are odd.

Seema Chowdhury
My Grandma

I have never seen my grandma
I have never tasted her love
But when I think she seems
Like a bliss of heaven above

It may sound very weird
But this is surely true
When I look at my dad
I see grandma's loving view

I don't know why I feel
Very strong and firm today
If she was alive, she must have
Shown her kindness in many ways

God please I beg and plea you
Take her in your loving care
Because not only to my dad
But for all she is very dear

And I'm saying it all because
I saw her in my dream
She smiled and said for me
She has buildt love's stream.

Seema Chowdhury
My Gratitude Song

Thank you God for the morning light
Thank you God for the breeze flight
Thank you God for the clouds so bright
And thank you God for the joy and delight

Thank you God for opening prayer's door
Thank you God for always giving me more
Thank you God for your blessings in store
And thank you God for letting my spirit soar

Thank you God for your mercy and grace
Thank you God for saving me from disgrace
Thank you God for your loving embrace
And thank you God for faith's deep place

Thank you God for turning my life around
Thank you God for all blessings on the ground
Thank you God for casting spiritual sound
And thank you God for my faith's rebound

Thank you God for changing my world's way
Thank you God for saving me from going astray
Thank you God for showing me truth's stairway
And thank you God for listening when I pray

I am so humbled, grateful and feeling awed
You love me so much that you even all my odd
You always hold my hands my Gracious Lord
And show me to hold on to mercy and grace rod.

'Feeling gratitude and not expressing is like wrapping a present and not giving it'
William Arthur Ward

Seema Chowdhury
My Heart's Choice

If only once I'm given a choice
To bring to my heart rejoice

Then I would seek for such a place
Where no path nor any pace

Is linked with the sigh or pain
Or any trouble's cloud or rain

And there I'll go to stay
For very long or till I may

Feel once again happy in heart
From where only joys impart

So I can then live there with fain
And never feel tired of living again.

Seema Chowdhury
My Heart's Desire

A desire in my heart
Is now taking a start
And is bringing me joy
And is breaking my annoy
And that desire is to
Bring you joy's true
With happiness in my eye
Where you can come and lie
Whenever you want honey
Because I love you Sunny
And I really want today
To break from our life's way
The path of mope and pain
So no trouble can again
Hurt ever me or you
Or show us path that's blue.

Seema Chowdhury
My Heart's Door

I heard a knock
On my heart's door
I opened and saw
You like before

For you my love
My dear sweetheart
Gave my life
A brighter start

And that is why
I think of you
As a bright sunshine
Shining with hues.

Seema Chowdhury

Seema Chowdhury
My Help Comes From The Lord

My help comes from the Lord
In crucial events
When gray thunder clouds gather
And darkness starts floating
And I feel clueless
And don't know how to heal the broken heart
As a constant and deep pain frighten me......

My help comes from the Lord
On whose guidance I depend
Who breaks the bad mood
And brings new burst of energy and sunshine
And put courage in my heart
Then hope starts floating
And I find relief from anxiety and grief
And see stress melts away.........

My Help comes from the Lord
Who leads me to real happiness
And bless my life with joy
And teaches me to live from inside
And come out of the pool of suffering
To progress in my way
And rediscover my life's lessons
With the help of soul soothing sounds of my Lord......

Seema Chowdhury
My Home And Family Rules

A- Accept apologies and don't hesitate to say sorry when you are wrong
B - Be the first one to forgive and forget and ready to move on with life
C - Cheer up, smile and be the reason for someone else's happiness
D - During meltdown and emotional outburst, stay calm and be supportive
E - Encourage one another and always stay positive and focused to win
F - Find the right word at the right time to say to people who mean the most
G - Gather your courage in time of trial and learn to trust one another
H - Hugs, kisses and sympathetic words and acts are always welcomed
I - Insist on doing someone else's chore for no special reason but love
J - Just plan a day to enjoy and share most important memories with them
K - Kindness shared is kindness earned, so start this trend all around you
L - Love one another unconditionally and sincerely till the end of your life
M - Motivate one another to turn their secret dreams into beautiful reality
N - Never say you don't have time, always try to make time for one another
O - Open your ears, eyes and heart to listen and share one another's concerns
P - Pray for everyone else's happiness and peace before praying for yourself
Q - Question no one's intention and motives, learn to trust them and accept it
R - Realize how important it is to be an important part of this family circle
S - Show compassion, affection and love and don't hide your true feelings
T - Tell others how proud you are for their achievements, gains and success
U- Understand how everyone feels and think and respect their opinion
V- Value everyone's emotions and give them breathing space and privacy
W - Walk hand in hand with loved ones and be a guide when needed
X - eXpress your gratitude for everything big or small and be ready to give
Y - Yell only with excitement and surprise and not with anger or hurt
Z - Zest up everyone's life with beautiful sunshine and amazing rainbows

Above all, be there for one another and acknowledge everyone's efforts and be grateful to God Almighty for making you a part of a loving and blessed family :)
My Home Is My Heaven

My home is my heaven
Where I am ready to move forward
For a new life is waiting
Where The magic of love
Spells its cast
And sprays rainbow hue

My home is my heaven
Where I am ready to move forward
Where sun shines bright
And stars twinkle all night
To spread its beautiful light all around
And bring me the joy of living

My home is my heaven
Where I am ready to move forward
Where mystic circle of affection surrounds
That puts soothing balm on aches and pain
Where green pasture and still water
Opens new door to the world of wonders

My home is my heaven
Where I am ready to move forward
With gratitude and love
For all my dreams came true
And has showered the positive inspiration
To walk on the beautiful path of bliss and miracles.

**Poem written on moving into our new home.

Seema Chowdhury
My Humble And Gratitude Prayers

Dear God, please bestow your blessings on me
Never let my heart lose hope, faith, or sincerity
Help me to fill peace, care, and love in my life
Never let stresses and doubt to rock my boat

My Loving Lord, please hold my hands and guide me
Help me to purify my soul and restore my faith
Please love, care, and heal me, my Gracious Lord
So, I can be hopeful and show my gratitude forever

All-Knowing God, please listen to my prayers and plea
Make me the recipient of your care and forgiveness
Show me your light, grace, and remove all evil effects
Purify my heart and mend what is broken inside me

My Forgiving God, please help me to become pious
Change my heart and fill it with tenderness and care
My All-Listening God, help me to show gratitude forever
And develop humility, modesty, grace and strength...

May God Almighty Bless and Guide our Steps

Seema Chowdhury
September 25, 2018

Seema Chowdhury
My Humble Gratitude

God, thank you for making my dwelling place
A place of pleasure, warmth, and security
And for decorating it with the endless beauty
Of your sparkling love and affection
Where every moment I create a new chapter
And redefine and broaden my life's story......

God, thank you for making my dwelling place
A place of new opportunities to grow and expand
Where I walk and enjoy the beauty of life
And create new bonds of sincerity and liveliness
Where heaven sends the soothing wind
And love envelops each corner with summer breeze......

God, thank you for making my dwelling place
A place of tremendous hope and peace
Where I hear your voice and see bountiful blessings
And feel connected to you in my thoughts and emotions
That moves my mind, body and soul
when I take small steps between long runs of life......

Seema Chowdhury
My Hut

I built my hut
With love and care
And in it added
Things that were dear
And tired to mix
Lots of pleasure
And in it also
I broaden the narrow
Paths of happiness
From my tomorrow
And now I feel
Very blessed and alive
Because with joy
In it I can survive
Because I've built
My hut with care'
And in it added
Things that were rare.

Seema Chowdhury
My Image Of The Paradise

A place where live my mom and dad
Under their shade nothing seems bad
Where abundance of love and care is found
And everything looks heavenly on ground

Where streams of trouble and oceans of tear
Are all shared by the precious gift of care
And every little joy that is given to me
Is shared by all like the joy of the sea

Where all are caring, my brother and sis
And tells me that I shouldn't ever miss
Any chance that is given with the view
To spend it with fain and smile that's true

Yes, this is my image of the paradise
Where everything is so joyful and nice
Where huge stock of god's bliss is found
Which makes everything look heavenly on ground.

Seema Chowdhury
My Injury

Life
Isn't always fair
It is
A pleasant illusion
Where only
Wrong turns
Are present
That
Leaves behind
A big
Stain of pang
Called
My injuries....

Seema Chowdhury
My Island Of Peace

I'm sitting under the rising sun
In the shadow of subtle light
Putting aside my fears of life
Taking a few moments to relax
Immersing in deep thoughts
Trying to define what I want
For life depends on how I answer...

As I am feeling warm and excited
I'm overwhelmed with emotions
Trying to find the guiding light
At the end of the long tunnel
Stopping myself from bursting in tears
Or sobbing desperately with anxiety
I'm absorbing serenity and calmness
In my sunlit island of peace...

Where hope is casting shaft of light
And feelings are toying with my emotions
Showing me that life swirl around at times
But when it mysteriously slows down
It brings purpose and a sigh of relief along
So I can let my spirit soar with zest
To move along with new dreams on horizon
And there I can define life in my island of peace...

Seema Chowdhury
My Life Stops When You Leave

My smile, my joy
My laughter that I enjoy
My hope and care
All ceases my dear

Like the sun loses its shine
And the rainbow its beautiful rhyme
The stream also loses its flow
Without you my life becomes slow

Over and over again I wind
Inside my heart and mind
I replay tender moments of life
In which you lively survive

For the color of my life's canvas lack
And my world turns white and black
Where happiness disappears with you
And leaves me alone in dew

I hope and wish and pray
May God Almighty always lay
His loving hands on you
And keep you away from blue

And bring you back here soon
So I can enjoy life's bright noon
And color my world once again
With smile, joy, laughter and fain.

Love You & Miss You Sunny! ! !

Seema Chowdhury
My Little World

My little world
Is made up of
My thoughts
My memories
My passion
And myself..........,
For
I want to hold on
To my dreams
And
Fly high with them
And reach my destination
On the wings of
Hope and faith
And
See the glimpse of God's love
In the frightening moments
of my life..........,

Seema Chowdhury
My Losses Of Life

Why can't I get
Whatever I wish
Why can't I ask
For God's bliss
Why can't I have
My little share
That was set aside
For me here
Its just whenever
The time comes
I'm left alone
With tears to sum
My losses of life
Instead of smiles
And trials of mine
That're spread for miles.

Seema Chowdhury
My Love Is Real

I love you very much my love
For you are a gift of heaven above
Because every time I look at you
I see a new reason od hope to view
And that's why it is very important for me
To always keep you happy and free
From all kinds of trouble, sigh and pain
And show you nice views of joy and fain.

Seema Chowdhury
My Mind Is Focused Inward

Do not worry so much for me children
Do not shed tears of sigh and mourn
Do not think I am lost or broken
Or losing my mind in anger or torn

I may not be smiling and giggling like before
Or participating in events of present days
Because my mind is focused inward on my past
And I am living in my world in a satisfying way

I have loved ones who always care and share
Who live all around and talk with me till last
I have their love, their support and company
All those people who are from my distant past

Do not think I have forgotten about you
Do not feel ignored, bored or lost my dear
I am still your loving and affectionate mother
And always praying for all of you with care

My life has changed my mind has changed
For it is now focused inward and deep my love
But each heartbeat of mine still says
God bless my children and send love from above

May all of you flourish and smile with peace
And stay close to our Gracious Lord with prayers
And never shed tears of sigh and mourn
And know I am happy in my own world of care.

"Feelings of my mother, who is suffering from Alzheimer's, penned down";

Seema Chowdhury
My Mind Wonders At Time

Why am I sent in this world?
Why is life so dull and curt?
Why nothing seems right in the place?
Why can't I learn to face
The troubles of life
Without a cry?
Or without dropping
The salty drops of water
Known as a tear........

Is this how we are
Supoose to live? ??
why can't
Stay happy
And
Face this world
With happiness......

Seema Chowdhury
My Mom's The Best!

My mom taught me....

To give the gift of love and care from my heart

To keep faith strong and to always trust in God

To write my own story of life and endless hope

To make the most of every opportunity in my way

To embrace the uncertainties of tomorrow and smile

To search for new wonders and glorified miracles

To enjoy true colors and glorious beauty of Nature

To pause and reflect on important things in my life

To be strong and courageous for the road ahead

To connect with the Lord and live with lasting peace

To look for ways to be kind, humble and pure in heart

And to understand God's grace and show my gratitude

"Life doesn't come with a manual, it comes with a Mother;"

Being a mother means you have to step up to show you care. You accept the challenges of life with great zeal and sincerity. You surrender your heart to your children and fill it with uncountable love and care. And during difficult times you navigate through the foggy crowd and be the Guiding Star for all...

Happy Mother's Day and Happy 81st Birthday Ma
You're the best and I love you very much

Seema Chowdhury
May 14, 2017

Seema Chowdhury
My Mother's Prayers

My mother's love and her prayers
Always guide and shine my way
Her lovely smile and sympathetic ears
Always brighten my whole day

For she is always busy to sow
Her caring seeds in life's spring
To seek and find and then define
And happiness in my world she brings

She is a real gift of God
That He has bestowed on us all
Whose heart and hands are always ready
To catch us before a hurtful fall

She is the rainbow after the rain
And the sunshine of my life
She brings the first ray and sunbeams
In every place where I survive

She is the dewdropp of the dawn
Who gives life to everything
She is the flower in life's garden
That brings the message of the spring

God always keep her safe and happy
And bestow on her your peace and love
And shower your choicest bliss on her
And tender care from Heaven above.

Happy 75th Birthday Ami.
I love you very Much.

Seema Chowdhury
My Own ‘motivation’ Quotes

1) Be aware of the uniqueness of the day and search for fresh motivation. Gain perspective and focus on multitude of choices.

2) Have zest for life even in difficult moments. Find new confidence, joy, and passion and be ready to flip the next page.

3) Take your life to the next step and create your own future. Add a layer and new dimension of motivation in your way to success.

4) Don't let the internal conflict confuse or distract you. Bask in renewed cheer and learn to see beyond tomorrow.

5) Set a realistic goal for your life and look at the bright sunny day. Put your finger on the problem and analyze them closely. Then find solutions and move on.

6) Don't limit yourself with few options. Seek to push the boundaries outwards. Write your own words to live by and create your own inspiration.

7) Maximize the opportunity by being creative and informative. Go deeper and understand your purpose in life. Make your life motivating and a beautiful model for others to follow.

8) Be calm and heal your inner self with meditation and mindfulness. Search for your inner strength and enter in winner's circle. Lit a candle of hope and invest in yourself.

9) Make your keepsake box full of Lessons Learned. Get buy-in and make strong commitment to improve. Invest in your new life and enjoy the real sense of excitement.

10) Express passion for your work and show it through excellence of quality. Be the glue that holds the key ingredient for success together.

11) We find hurdles and pebbles along the pathway of life. So never give up, learn to overcome hurdles and create a new path where there is none.

12) Go an extra mile in life's journey and learn great things. Play a positive role and smoothen sharp edges to survive.
13) Don't let shadow of doubt dampen your enthusiasm and motivation. Be energetic and walk on an open stretch of road and find your stairs of success.

14) Knock on the door of opportunity and never feel invisible or insignificant. Calm wrestling feelings and in the midst of chaos find your voice.

15) Find strength for your struggle and challenge complications of circumstances. Don't give up or let emotions blur your judgment.

16) Focus your energy on your goals and motivate everyone around you with your words and actions. Be assertive in your decision and follow your plans carefully.

17) Don't let anything get in your way of taking the next step. Be attentive and show keen interest in your work. Display positive attitude and be willing to help others.

18) Don't form bias opinion, be willing to sincerely and willingly listen to others. Have an open mind and dig in new ideas.

19) Always behave professionally and try to understand your strength and weaknesses. Determine your direction and form valuable opinion about things that matter most in life.

20) Satisfy the calling of your soul and have right values and principles to follow. Work hard and increase the treasure of knowledge.

21) Always play fair and never worry about tomorrow. Make your own success plan and feel hopeful about your future.

22) Show respect to others opinion even if you don't agree with them. Say motivating things and enrich your life by acquiring new skills and knowledge.

23) Trust your instinct in time of trial and be genuine. Don't let anger to steal your creativity. Work hard to achieve success and accept constructive feedback with an open mind.

24) Focus your energy on positivity and develop interest in your work. Plan your accomplishment and stay in limelight to gather motivation for your day.

25) Try to analyze yourself but don't be too hard on yourself. Be present in each
moment and don't worry too much about the unknown. Delve deep into your mind and make a solid plan so you can commit to life.

Seema Chowdhury
May 20, 2017

Seema Chowdhury
My Own Guidelines For Life - April

31) A life that is built on the foundation of love, trust, care and understanding will last longer.

32) Continue to pray, never give up or lose hope. Gracious God's timings is perfect. He is a great healer and a listener.

33) Find signs of hope even in small things. There is magic and miracle hidden, uncover them and fill your life with happiness.

34) I am a great believer, the more I share the more I get in return. God never keeps a loan, when you get ready to help others; God holds your hands to walk with you.

35) If you find yourself at the bottom of darkness, just don't plan to stay there. Get up, walk courageously and turn on the light of hope. You will see the way out soon.

36) As the sun comes up, start your conversation with your Lord. Share your fear and concern and ask Him to hold you close. H is our well-wisher and best friend.

37) It is by the grace and bounty of God Almighty that during our journey we learn a great deal and when we cry, tears fill the passage of happiness and leave us alone to cry.

38) During challenging time, try to shine light into darkness and bring freshness wherever you go. Instead of complaining, take time to thrive and talk about blessings.

39) Hold the faithful hands of God and enjoy smooth roads of life. Be mindful of your duties and capture moments in time. Live happily and simplify your life.

40) Believe in the power of faith and attract new possibilities with endless opportunities. Stay calm through struggle and guard your heart and mind. Hang in there and never forget to pray.

41) Share your burdens and sorrows with God and invest in new life. Spread peace, love and unity to express joy of gratitude.
42) Have firm faith and start a great day. During your journey, if you find broken path filled with sand and pebbles, then don't just stop there. Pause and reflect, then start again. You will surely see your share of blessings soon.

43) Celebrate your life and live from moment to moment uncovering miracles. Count your blessings and feel happy every day. Paint your canvas with hope and vibrant colors.

44) Fill the holes of your heart with love and enjoy every moment of life. Get fresh perspective and learn to fix what is broken. Roll up your sleeves and have smile on your face to fight for your rights.

45) Shape the path and deal with your problems and grief. Hang in there and trust in God's timings. Take a deep breath and a leap of faith to attract new opportunities.

Seema Chowdhury
April 15, 2017

Seema Chowdhury
My Own Guidelines For Life - February

16) Believe in the power of the living God and live in harmony and peace. Develop a unique bond and show sincere gratitude to God Almighty.

17) Faith is a matter of the heart, so submerge yourself in your Lord's grace. Accept the truth and free yourself from doubt, fear and uncertainty.

18) Be obedient to the will of merciful God and fulfill the rights of your creator. Have insightful moments and learn from the timeless teachings of pace and serenity.

19) Enjoy the gentle and picturesque snowfall and submerge in its beautiful reflection. Have a kind and caring spirit and create a magical event. Hope for a miracle and enjoy a blissful day.

20) Open the door of opportunities and lean new lessons to navigate your life. Don't spin in circles; learn to face life head on. Draw a roadmap and explore all avenues.

21) Choose your words carefully and build courage to mend broken paths. Take bad things and swap them with kindness. Share your blessings with others and have a grateful heart.

22) World is a cruel place, where we are all judged through bitter lenses. Don't let hurdles break you. Be flexible and listen to your heart. Take charge of your life and make important decisions.

23) This is a beginning of a new beginning. So map out your life and attain your goals. Opt for happiness and measure your success. Life is a wonderful gift so look out the window and enjoy a blissful day ahead.

24) Widen your lenses to find your dreams. Focus on life and enjoy the series of cascading events. Explore the world and see what's possible.

25) Relive the series of happiness and put your mind at peace. Walk on the open road to speak clearly and honestly to yourself. Enjoy great bounties and purify your soul.

26) Find long lasting peace and clear your mind of anxious and sorrowful thoughts. Flow gently like wind and enjoy sweet ocean breeze.
27) Establish peace and faith in God and know everything you say and do matters. Have a pure soul and enjoy awe-inspiring words. Start your spiritual journey with bundle of joy and catch-up on life.

28) Basked in renewed cheer and bring love and light to your day. Make a commitment to life and set realistic goals. Live gives you many choices so pick the ones that speak to your soul. Be happy and your life would be great.

29) Spend some quiet time alone, for serenity have a calming effect and it boosts your creativity. Pause, reflect and reconnect with important things around you. Understand God's grace and be strong and courageous for the road ahead.

30) Search for new wonders and glorified miracles. Enjoy the colors and beauty all around and write an expression of joy. Bring hope and encouragement to be cleanse your heart. Make a difference in the world and always move forward.

Seema Chowdhury
February 17, 2017

Seema Chowdhury
My Own Guidelines For Life - January

1) Life is like a car race where we view a series of hurdles to overcome on the unseen bent road. So learn to drive carefully and keep a positive outlook. This way you will be able to make your journey pleasant and alive.

2) Make the most of every opportunity and satisfy the longings of your soul. Have a grateful heart and be adventurous in your pursuit of happiness.

3) Live a life filled with joy and create a perfect moment. Accelerate your life from where you are to where you want to be. If you desire, you can change the whole world in one moment.

4) Collect a bucket of sunshine and add beautiful moments and memories to cherish. Write down your own good and bad lessons and make life worth living.

5) Listen to God's words carefully and experience the power of His presence. Fill your heart with virtue and value and take an account of your weaknesses and strengths. Ask God Almighty for help and kneel before him humbly.

6) Only your Lord can help you to get through rough spots. Ask for His Gracious help, make right choices and listen carefully to the voice in your heart. God has miraculous ways of helping you so get ready to begin your journey.

7) Pull out amazing things from the background and catch up on life. Look around with new set of eyes and begin your test. Fill in all the blanks with positive words and forgive yourself for the past mistakes.

8) Unwrap the gift of life and clear life's illusion. Overcome barriers, stay on track and move on. Learn and grow from your mistakes and choose your perspective of reality. Don't miss out and engage more in life.

9) Embrace each moment of your life and keep a journal of lessons learned. Don't stop believing in yourself and seize the moment. Keep the road open and look at the world in a different way.

10) Smile as bright as the sun and seek for God's blessings. Fill your home with love and laughter and bring in peace and quiet. Make each day brilliant by sharing and giving to others for this is one way of bringing blessings in our lives.

11) This is a magical time of your life, so make it your defining moment. Lit up
your path with positive thinking when you are crossing a critical path. Remember every little thing matters, so acknowledge your reality and see how blessed you are.

12) Choose faith and hope over fear and believe something better is waiting right around the corner. Experience joy and love in everything so you can let go of the past and enter now. Take a hard look in the mirror and play a creative role in life.

13) Nourish beautiful things in life and listen carefully for the rhythm. See what speaks to you so you can live a happy life. Make your own golden rules and write your own lessons learned. You are the writer of your story, so make it an interesting one.

14) Be a positive person of faith and belief and don't wander off course. Carve a joyful future and make remarkable moments. Have passion for life and handle adversity. Make positive changes and enjoy new insights.

15) Enjoy the freshly fallen snow and let time stand still. Keep a positive outlook and be determined and persistent in life. Listen to the hushed quiet of peace and serenity and write a message of hope. We live in the broken world so put a brave face and make magic happen.

Seema Chowdhury
My Own Leadership Quotes

• The word Leader literally means a person who commands a group or an organization. So roll up your sleeves and put your best foot forward to lead your team to victory.

• A Leader is a person who is the head, chief or like a principal who shows people opportunities when they arise and help them to pave their way to success.

• An Inspiring Leader is a commander and a captain who holds your hand, guides your steps during difficult times and helps you to grow enthusiasm for your work.

• An Efficient Leader is a pioneer and an innovator who invests in your professional life and inculcates the sense of responsibility and the excitement of achievements in you.

• An Innovative Leader is the one, who helps you to search for the answers of the hard questions, pushes your boundaries and makes you think out side the box.

• A Great Leader helps you to grow, encourages you to open the gates of opportunities and success and he enlightens and empowers you with the gift of knowledge.

• A Motivating Leader is the one whose actions deeply stir your soul and inspires you to go that extra mile to accomplish your target and reach a significant milestone.

• An Effective Leader is the one who focuses his attention on your personal as well as professional development and helps you to nurture your talents and inspires you to hone your skills over the years.

• A Successful Leader is the one who creates an avenue for you to travel on the wings of past, fly high in the present and gives you the focus for your future success.

• The Best Leader is the one, who helps you to find the final piece of the puzzle, protects you from the sharp edges and plays a positive role in your life.

Seema Chowdhury
May 10, 2017

Seema Chowdhury
1) Whisper of the Soul

No matter what challenged we face, God will always be there to hold us close in His heart. We have endless worries and layers of stress to deal with everyday. Over time frustration creeps in and our plans are interrupted, but in all these times God show us that He is there and He will help us to accept life's challenges and to battle our depression. And when our exciting and inspiring life stall and stop, then we realize that if we hear to the whispers of our soul we can relive an unlived life and can move along and let our spirit lead us freely and stir our passion and allow us to be strong and once again spread our wings and soar high.

2) Unpredictable Chain of Events

Life is an unpredictable chain of events where we are weighted down by routines and responsibilities. Where there are moments of fear and doubt and where we feel defeated and hopeless, but then a moment of truth comes where if we hang on to hope we can take us from despair to our destiny and then things will begin to make sense and we will start tackling and solving our problems one by one. We just have to learn to ignore that negative little voice inside us and reboot our life so we can have a fresh start. We have to learn to let it go and begin this new journey with gentle and tender memories of the past and hope for the future.

3) Storm of Doubt

Don't run away from your problems, deal with them and don't let life drift you apart. Fix your eyes on the road and add adequate meanings to life. Reflect over divine guidance and protect your self from the storm of doubt. Focus on positive instead of negative and prepare yourself and keep a constant theme. Gain a voice and shape your desires. Break down the barriers and adopt a cheerful attitude. Pray everyday and don't be afraid. Have faith and live in your life and this is moment in time when you can give direction to your dreams and walk away from negativity. Remember, there is a first time for everything, so follow your own path and know you cannot possibly understand every minute of everything. So don't deny yourself access to life, face your fears and protect yourself from the storm of doubt.

4) The World of Living Hope
Each day is a mountain to climb and comes with its own challenges, but if we hang on to hope and look at God for help and answer then God can help us even through the darkest days and nights. If we try hard we can surely find the rainbow and sunshine to bring back into our lives. We just need to know that all the doubts will melt away if we bury our emotions and vent our anger. We need to learn the importance of forgiveness because self forgiveness is crucial in winning the losing battle and it can also minimize fear and help us during our journey of self awareness and discovery to find the positive side of life so we can focus on joy, gratitude and laughter to re-enter the world of living hope.

5) A Sense of Peace

Begin your journey towards healing and peace and set free from the bonds of fear. Understand the power of taking time for yourself and be present in the moment. Be aware of the surroundings and don't let your life go out of balance. Share your life's story and start searching for beauty and peace. Look at each day as an opportunity so you can start feeling gentler and calmer with every passing moment. Throw away depressing thoughts that whirl around you and share off the nagging fee, ing. There is pure and real enjoyment in self analysis, so don't be ungrateful or unrealistic about the life you are living. Find a way to feed your inner passion so it can bring you some purpose and help you to regain your composure so life can return to be okay with a stormy sense of peace.

6) Embark on Life's Journey

Don't be unsure of where to go and what to do, face reality with a positive attitude and embrace life. Share your perspective with the world and smile. Remember to be happy for what you have and hopeful for what you want, because the day ahead is filled with possibilities. Don't let your faith dwindle, there is time for growing a d time for solace. So face reality with a positive attitude a d embark on life's journey with no complaints even though each day holds some new woe to grumble about. Gratitude can change everything and when you are grateful, God smiles at you and then soon you will see sun peeping from behind the fluffy snow white clouds in deep blue sky of amazing reality.

7) Be Perky and Upbeat

Pick up yourself and bandage your wounds and prepare for the day. Don’t waste time looking back and feeling the sharp Pain, let sunlight stream in through the big trees and play hide a d seek with the rippling and sparkling waterfall. Energize this moment and be perky and upbeat. Enjoy today's fantasy absorb In the beauty of a Spring morning. Smell the blossoms a d lean on the open window
to peep outside where golden hay are waving to and fro in the sun. Create refreshing memories today and begin to develop a strong will to fly by spreading your wings of faith and optimism to enjoy the perks of life.

8) Find Balance in Life

Doing nothing isn't allowed in life. Approach life from all angels and write your own agenda. Reconnect with the inner source and broaden your perspective. Tap into your inner self and take each step with the help of faith. Throw away the piles of layers of stress and find balance in life. More peacefully and quietly as the spirit leads you to live in free moments. Unplug from a busy life and let passion stir your creative side. Create beautiful memories of exciting milestone and hear the whispers of your calmed soul. Let faith guide you and inspire you towards life with inspiration to refresh you attitude.

9) Take Some Time To Reflect

This is the beginning of a new day, so sit in silence, take some time to shut yourself out of the noises and chaos of life and let your heart and mind sit in solitude. Close the door of negative thoughts so you can feel warm, comfortable and safe. Speak in whispers and let the storm pass quietly. Fight the waves of panic and break the unbroken chain of repetition, this will strengthen your heart and will give you courage to follow your destiny without hearing the bruised echoes of your past. Life is a great blessing, so banish bottomless sadness and take a moment to absorb peace from your beautiful surroundings and sit in silence to pray.

10) Overcome the Road Block

Paint a perfect portrait of life and fill it with compassion and care. Be a ray of sunlight and bring warmth in your life. Roll up sleeves and get started, stir up optimistic feelings in yourself and reboot your life. Tackle e Rey obstacles and overcome the road blocks. Remember it is time to let go. So open the door wide and let negative feelings fly away. Fill your present with tender feelings of love so you can create pleasant memories. Don't live in pain, begin this new journey. Go out and explore and move faster and steadily, make new friends along the way. Bring zest back into your life be proud of your achievements.

11) Let The Healing Begin

As we drive down life's highway, our rides are not always smooth and we cannot always avoid traffic jam created by unexpected events and problems. We see
strange things and some tense moments and also experience depths of loss and we don't find the right words to express ourselves, but in the middle of all this if we keep it cool and collect ourselves then only we can let the healing begin. This will give us an opportunity to enter a new life and feel fortunate again and bow our heads to God, who gave us an opportunity to handle this dramatic change and face our fear head on and remind ourselves that every problem is consequenceable if we are strong.

12) A Blessed Life

God is always there when we need Him. He helps us to remove our obstacles and overcome hinderence. He help us to get through all of our trials and tell us that life will get better and things will be good again. God helps us to regain our strength and whisper the soothing words in our ears. He wipes our tears and hold our hands when we are crushed from a broken heart. And when we feel drained by physical and emotional toll, God comes forward and help us to get through the rough patch and give us a reason to smile through a veil of tears and show us how blessed we are to be alive and have Gracious God on our side.

13) Walk Towards the Sunshine

Continue on life's journey and don't feel alone. If you see everything is crumbling around you, then pause for a minute and calm the restlessness stirring within your heart. Look over your life's path and give control of your life to God, because only He can make each day a little better and a little brighter and can teach you lessons in the most challenging circumstances. Be kind and gentle even to yourself and walk towards sunshine and look at the bigger picture of life and enjoy the majestic symphony and fill your heart with the song of joy. Don't be fearful of the unknown, walk on the path of hope and know in the moments of darkness that early morning light will bring you peace, serenity and Divine's comfort.

Seema Chowdhury
1) Strength and Weaknesses
Break down the walls and gain your own acceptance. Draw a road map where you want to go and see how you can do things better. Understand your strength and weakness. Fix your life before it breaks. Don't hide back here and know that tomorrow will be a better day. If life is too fast, don't stop, just change to a slower lane. Be strong and use your strength to create a happy memory to live with.

2) Wrestling Thoughts
Make peace with your wrestling thoughts and be contented with the boundaries of your life. Work in the silence dark and venture into a brave new world. Remember that things happen the way they are supposed to be, so be grateful for the small miracles you see in life. Trust yourself and walk along the same path with a peaceful view. Just concentrate and understand the rhythm and pattern of your life so you can stop wrestling with your thoughts and make peace with the boundaries of your life.

3) Door of Hope
Cling to your ideas and belief and define yourself. Look carefully at the chain of events and know you still have options. Don't let your soul wound badly, hang on to hope. If life feels too crowded, then map out a logical sequence and know that God is watching over you. Search for the door of hope around you and sit quietly for few moments. Then get ready to break down the walls and make way for you through the door of hope.

4) Rhythm and Pattern of Life
Everyone's life has its own rhythm and pattern. So shape up and share life's pain and tears. Learn to relate with the outside world and don't be stuck with uncertain feelings. Walk slowly towards life and enjoy the gentle breeze. Give sometime to yourself and lit up your light. Be quiet for few moments and learn to recognize your rhythm and own pattern of life to illuminate yourself and your surroundings.

5) Simplify Your Life
Face the real world and accept life's challenges. Don't just sit alone in darkness, look for positive twists and savor the memories. Start your journey and drive from darkness to light. Fill the gap in time and accept reality so you can move on. Clear clutters of painful memories and bury them deep, so you can make life simple and have time to heal. Bring the magic of love and smile to minimize the
jerks from driving over the potholes and cracks on twisty curves called life.

6) Back Door of Life
Don't shut all the doors, just leave back door of your life open, so faith can find a way to crawl in and bring hope along. Catch the rhythm of life and pay attention to the things that are not there but are there. Make good choices and give yourself a chance to enjoy a calmer and a better time. Move forward and pause for few moments, so your bruised soul can catchup with the vibrant feelings. Put an honest look at your life and listen carefully to the knock of faith on your back door of life.

7) Take Happiness Challenge
On Your list of priorities, add one more task- To take happiness challenge, because there is nothing to lose. Remember the golden rule of life is to be aware of your life. Power oil of hope in your lamp and walk towards life. Look fear in the face and search the opportunities that are stretch before you. Life is an ever expanding journey, so take few moments to reflect and then accept happiness challenge to win back sunshine for your life.

8) Newness of Spirit
Live by your values and words and bring your belief to life. Go beyond your words and act upon them sincerely. Renew your spirit and savor the moments. Walk through the edge of time and enjoy the newness of your spirit. Have a thankful heart and whisper in God's ears. Save your soul with the light of faith, hope and love. Let faith grow and add a touch of smile in all you do. Let the warm rays engross your soul and renew your spirit.

9) Carry Hope Along
Our mind run through an endless loop of worries and fear. So remember to carry hope along to face calamities of life. Look for Divine love and miraculous change. If you feel trapped in the tidal wave of pain, then let it all out so you can find peace. Shift your perspective and weigh your choices carefully. Don't let the negative impact of past events to drag you down. Throw them away and carry hope along for tomorrow, because you'll surely need it.

10) 'aha 'Moment in Life
Don't let few crucial moments set sad tone for the rest of your day. Stop and reflect on what really matters to you. Brighten your life with warm smile of care and search for your 'aha' moment. Clarify your feelings so you can have a strong grip on your pain. Crow a happy tune so you can see fear fading into oblivion. Don't travel back in time or walk backwards. Just remember to give yourself time to unwind, so you can find your 'aha' moment to cope with faith.
11) The Dawn Will Break
When adversity strikes hard, just pause and shed some tears in private so you can move on. Life at times can be difficult but remember that our faith can help us to get through. Don't be like a loose cannon that can burn all the bridges of hope. Discover your wings and read your life's story with fresh eyes so You can adjust your pace to walk on for no matter how dark it is tonight, the dawn will certainly break.

12) Shared Sorrow
In dismal dark, try to get a grip on your pain and warm up your life. Let it all out and find a friend to share your tears with. Pour it all out for it helps us to sort things out and deal with tricky situations. Don't let conflicting emotions stop you from taking that first step that can mend you. If you feel your soul is cracked or broken, then give it time to heal. If you need comforting words or a hand to hold, don't be afraid to ask. Open up and let it all out, because sorrow will only disappear if you will pour your heart out and feel light enough to fly.

Seema Chowdhury
1) Snapshot of a Moment:
Prepare yourself and learn to handle life. Focus on positive instead of negative things happening around you. Life is complicated and made up of tons of layers, so if you want to find answers you have to dig deeper. Then only things will start making sense. Separate reality from dreams and then start working on these dimensions simultaneously. Don't Ignore the bigger picture of life, find new roads to create a path to success. Keep action plan together and accept the reality of change only then you will find some specific and definite pattern emerging in your life. This is what you have worked for so enjoy and unlock fun and take a snapshot of this moment for you have earned it.

2) Draw your own Rainbow:
Don't walk away from life, God Almighty has bestowed so much love and beauty that if we start paying attention we will pass our whole life thanking Him. Smile, dream and see the brighter side of life. Don't give in to your fears or worry about hard times, because these are opportunities hidden in time to turn your life around. Be open and give time to heal your wounds, only then you will grow. Give hope to your imagination and let magic happen in your life. Fill your life with beautiful colors and draw your own rainbow, don't wait too long, create your own 'aha moment' in rough times and enjoy the beauty of sunshine after a stormy day.

3) Start All Over Again:
Avail the opportunity to start all over again. Be spontaneous and create life. Enjoy some quiet time and reflect in peace. Steer your boat in the direction you want to go. Just be sincere and kind in your words and deeds. Remember that even fairy tales have twists. So don't give up or walk away from life. Try hard and don't be afraid of new and strange things. Try to control what ever you can and stir things up to create little momentum. This will show you new roads to walk on and will make a difference. We all try to find the answers to many questions of life, so start at dawn and look carefully for it is not what is there, the answers are hidden inside what is not.

4) Spiritual Journey:
We all have our moments, so don't feel intimidated by the depth and breadth of your vulnerardability. Clear Images of yourself in your head and let tension float away, leaving tangent memory for you to ponder upon. Live with positive attitude and take a brisk journey to revisit your past to examine your inner life. And once you get a way inside, be brave and positive and try to replace bad
memories with the good ones. This will free your soul from emotional embrace and tearful reunion with your past. Remember, there is no way to run so make peace with your life and play smart. Eventually you will be able to feel light and will be able to take a deep breath of fresh air to start a spiritual journey, where you will be aware of your inner self and your surroundings to walk with peace and smile.

5) Unchain Your Soul:
Be reasonable and tailor your own requirements to be happy in life. Unchain your soul and divide life in portions. Extend satisfying answers and consider unintended consequences of being wrong. Begin a great journey and let go of the heavy burden of anger and pang. Feel things deeply and don't leave a gap. Smile often and come out of your comfort zone. It may be difficult in the beginning but it will certainly pay off in the later part of your life. Stop over analyzing situations and let you feel the delicate and fragile emotions run down through your mind and body to bring you serene thoughts and calm whispers of your unchained soul.

6) Inspiring Dreams and Tender Passion:
Lose yourself in beautiful and inspiring dreams and tender passion, then find your self and your inner light to make peace with your present. Be careful when choosing your path. Take opportunity to reflect and get better at things that matters to you. Direct your own life and talk about happy things. Pull yourself to the top and unplug your worries and fears. Build a solid boundary between dreams and reality and solidify your connection with God Almighty. Relive inspiring moments of dreams and tender passion and be inside your life. Enjoy this ride because you are a new star on the horizon and you have all the power to change your life.

7) Sunbeams:
As the sun peaks over the beautiful mountain and the gray shades of the night starts to disappear giving way to hope to beam and lighten the world both inside and out, avail this moment to enhance your soul and purify your heart. Go out to find the magic of miracles to enjoy the ride of life. Don't tumble down, get a hold of your bruised feelings and emotions and calm down. Don't be at war with yourself, life is a much deeper game than it appears to be. So get involved and be in-, charge put your past behind and follow the sunbeams and remember its your moment so leave worries behind and walk into the distant horizon with a pure heart and a cleanse soul to win your world of happiness.

8) Step Forward:
Rekindle your inner spirit and take time to connect and reflect. Build strong
relationship with God Almighty and win His grace and love. Step forward and be brave to confront the issues you need to face. Don't carry the burden of secrets, it's too heavy, painful and it will slow you down. Sit and think about your life for a while and don't fear the future. Find a safe haven for yourself and try to speak honestly with your Lord. You might struggle to speak in the beginning and nothing will come out but if you stay, shining words will eventually come to you. Just be brave and step forward and remember only you can change your life and you have all the power to do that.

9) Glorious Sunlight:
Let the bright sunlight shine through the dark clouds of storm and let it engulf your mind and heart. Have a healthy soul and spread the light. Shine and spread the light. Don't feel trapped inside yourself or be alone, open up the door and carve a path for yourself. Find the turning point and know things will change. There will be numerous questions swirling inside you, so don't suppress them let them all out. Remember there are as many answers as the questions so find one that satisfies your unrest soul. And then there will be a moment, when everything will change and you will feel God's strength and power of His love overtaking to calm you and brighten your life with glorious sunlight.

10) Passage of Time:
With the passage of time we realize that life is a very deep game so if we want to move forward we have to put our past behind. We also learn that bright sunlight will only shine if we let it get through the cracks in our lives and not shut all doors or block the view of the outside world from our windows. Life is meaningful and there is so much in it. We just have to accept our fate and hope for good things in the future because it lies inside us, so we don't need to fear. If we willingly embrace change then we can light up our lives and find joy in the choices we make. Just play fair and unlock the freshness of your soul so you can always stand out in the crowd. Sure life is crazy at times, but if we are strong we can hang on and enjoy this ride.

11) Early Morning Sun:
Go out in to the world and enjoy the early morning sun that tints the sky amber. Walk down the street and look all around you. Remember you are not alone there are many other people who are also walking in the same direction, you just don't know yet. Don't struggle with emotions, wipe the tears of sorrow from your eyes and stop doubting yourself. Understand how to handle change and accept darkness with the light. Live gently and gracefully and touch your heart's strings. Add a blend of laughter and cheer in your life and have a spiritual focus. Remember we are all blessed, so never stop praying or living your day. This is your chance to welcome a new day and work hard to mend the broken pieces
and break the barriers to go out into the world and enjoy once again.

12) Look Outside the Window:
Look outside the window and enjoy the rush of life. Take your turn of sorrow and
smile and feel the chill and warmth in the air. Don't just sit at your desk and
stare at life. Go out and absorb the bright sunshine and walk your worries away.
Remember, around every dark corner there is turn to catch a new path. So hang
on and search for it. Believe in the light and sweetness of faith and look for
comfort and delight. Build strong relationship with God and nourish your soul by
kindness and light with your words and deeds. And don't forget to smile today
and let your worries go because tomorrow the fight will start again.

Seema Chowdhury
My Own Life's Quotes To Live By - January

1) Seek Peace:
Seek peace in the silence and don't let bitterness and emptiness to consume your thoughts. Rejoice each moment and allow some time to unwind. Don't always look for ways to question, doubt or complain. Embrace life and adjust to the swifting changes of your surroundings. Remember only you can make a difference for yourself. Build sand castles and guard them, don't let the tide of life sweep it away. Don't feel trapped by the challenges of everyday, when you are tired, just pause, don't quit. Relax for a moment and seek peace in it. Always look at God's love, it's deep, wide and magical. It has got the power to embrace and cover you with blessings and smoothen the flow in the river of life.

2) Life's Long Journey:
Life's journey have hurdles, detour, speed bumps and potholes, so be careful. Don't think of bent as the end of the road. Move consistently and stop to celebrate the moments. Plug optimism into your day and feel the miraculous glow. Remember that failure is a part of life, so don't hang on for too long. Life is a divine gift so move on and celebrate it. Look for the sparkling light even in the darkness. Don't fill your life's journal with dark and discouraging words. Give life to your dead emotions and when destination seems far, take a moment to escape from time and recharge to define life. Then you'll feel a rush of renewed energy and determination to finish the cross line, smiling and battling with the power of faith and hope.

3) A Fresh Today:
As evening gives way to morning sunshine, don't shut your doors or sit inside, go out and soak in the magical rays of sunshine. Say goodbye to yesterday with a broad grin and a wave and welcome fresh today with enthusiasm and hope. Remember you have today so make the most of it. Develop understanding for life and try to perfect your imperfections. Learn life's valuable lessons and share it with others, this will make your tomorrow strong and beautiful. Make your life peaceful and don't allow yourself to drown. Accept yourself as you are and create beauty with your words. If you feel stuck in problems, don't stop, let the sunshine in and show you the right path to find your way out towards a brand new day of hope and enthusiasm.

4) Edit Your Life's Story:
Challenge yourself and focus on possibilities and endless opportunities. Be creative and live a gentle and a graceful life. Look for beauty all around you and spread tenderness and love. Know yourself and create your life and when choppy
waves break peace of your life, just don't lose sight. Remember no ones life is
perfect, so don't let fear to take over or let yourself drift from the course of life.
Life is made up of variety of things and some extra extensions that we are still
not aware of ourselves. So find those extra extensions and accept dark with light
and don't be afraid of change, when it is required be willing to edit over life's
story to move on.

5) Beacon of Hope:
Be a beacon of hope and a reason of someone's smile. Have faith and be strong.
Don't give in to your fears or give up on your dreams. Surround yourself with
people who care about you and you love the most. Make connection with your
past and present. Make bold new choices and define yourself. Listen to your inner
voice and be the source of light for others. There is a powerful force inside all of
us. So unleash that magical power and make things right. Add colors of giggles
and laugh in your surroundings and blend in cheer and hope, for these are the
things that will make your life beautiful.

6) Inside and Outside Perspective:
Gain your voice and shape your desires. Stop bitter whining when major
obstacles come. Try to make things right by changing the direction. Be aware of
your limitations and weave an inspiring theme for yourself. Breakdown the
barriers and learn to cope with failures, it might be difficult but certainly it is not
impossible. So stop running away from life, like it. And when you come to a point
where time stands still, then don't stop. Just pause for few moments and swap
your inside perspective with the outside perspective. That will certainly give new
meanings to your life and will open new channel of thought for you.

7) Right Direction:
Let go of what you can't change, design your life and add many angels and
dimensions. Determine your own direction and unlock your pain. Be gentle and
kind and look for beauty in your surroundings. See from your heart and
understand the struggling emotions that are behind them. Deal with life and
don't have doubts, because they block the view of hope for you. Learn to handle
and manage change. Listen to your hearts's strings because they are honest and
pure and never lie to you. Life goes on and on, it's never perfect. So see what
you want to see and open the door of care and share to heal the deepest pain of
life. Only then you will find a way to come out of depths and find the right
direction in the best version of life.

8) New Episode:
Each new day is another episode of life where we can find kindness, optimism,
curiosity and forgiveness with faith. Life continues to work and give us
opportunity to unlock a whole new dimension with exclusive offers and experiences. So don't leave anything undone in your day. World is changing on a grand scale. So heal the past bitterness and throw away unnecessary burden so you can move on and go with the flow smoothly. Strengthen your hope and stay calm and know that we all have our roles to play and create everlasting melodies of life and beautiful memories to hang on to. So prepare yourself and remove worries and anxieties and replace them with faith so you can write your new episode with the essence of joy.

9) Love of God:
Trust in the love and care of God to answer when you call. God stands at the door, we just need to submit to His will and humbly ask for His graciousness and forgiveness. God answers our prayers, hold our hands and tells us to trust Him because only He has the power to mend our broken world, console and fortify us and wipe painful and bitter tears when sorrow and fear afflict our lives. Just know that God moves in our hearts and lives and only His words can show us the right way. He is our refuge and certainly He has a special plan for all of us, as we are His beloved children.

10) Song of Comfort and Happiness:
Write your own song of comfort and happiness and joyfully set a tune to sing along. Strengthen your hope of eternal peace and learn to stay focused and calm in the face of frustration. Make a wish list and start working on it one by one. Be open to ideas and remember that life will knock us down and we will meet failures and frustrations. If we are prepared we will be able to defend ourselves from disappointments. Amazing things can happen, only if we allow ourselves to be brave and strong again. There is right time for everything and fantastic ideas to follow to get to the stairs of hope. Just take a leap of faith and hum your song of comfort and happiness to get there.

11) Rise Everytime You Fall:
As the sun streams down the skylight to illuminate our souls with optimism and giggling excitement, enjoy a crisp morn and let a new day dawn with hope and happiness. We all fall when racing in life, but we must not stop to rise everytime we fall. Break through your barriers of fear and believe in miracles. We don't know how our stories will play out but we still have to play the game of life each day. So don't let the cloud of despair to hang over your heart or to blur your vision. Deal with them and remember that life is a blessing and a beautiful gift. So unwrap each layer with caution and uncover what is coming next. And hang on tight to the bow of hope to survive.

12) Chasing Everyday Life:
Celebrate life and let this chase begin. Create everlasting memories in each moment and be kind. Say what you mean and mean what you say. We are fortunate to have this opportunity to set a magical flow in our lives. Share a story and recreate a journey. Don't feel gloomy or sad. Live through your struggle then move ahead. It looks very hard and impossible, but remember it will end and these painful moments will vanish. Try to restore your lost harmony and shape up a free flow of life. Don't let fragile emotions to break or crack. This is how life is suppose to happen, so just hold on to familiar things and focus on what we can control. And finally this chase will be over when everything will fall in the right place at the right time.

13) Blessed Reward:
Write your hurts and fears on the sand and let rolling waves break them down on the shore a few miles away. Don't lose sight of truth and reality. Our expectations shatter and hope diminishes, but those are all part of everyday life. Remember God speaks to us through His words and miracles when we believe. Just pray to God and He has the power to change our heart and heal our wounds. Prayer is significant and calming. When we pray, God hears and then He sends heavenly help to fill our hearts with courage and joy. He also replaces our anxieties and fear with the colors of faith and hope and blessed rewards to show that only He can answer our silent prayers and wrap us in His grace.

Seema Chowdhury
1) Moments to Remember:
Don't leave behind anything that is important to you, wrap up your life and enjoy every moment of the dawn of anew beginning. Look outside the window and enjoy the sun that is rising above the darkened sky. Be the voice of reason and allow your inner light to shine. Broaden your perspective and wander openly like a free spirit. Put all your worries and heartache aside and concentrate on positive insights through wisdom. Step back and see yourself objectively to bring pure inspiration to work. Be the light to others who are going through hard times, because this will make life graceful and will enlighten your soul and it will discover the path of independence and productivity for you. And these are the kind of moments that we all like to remember and share.

2) True Moments of Clarity:
Chirp a few words of encouragement and find a kinder, warmer and a happier place to live. Try to steadily climb the ladder and dust off your bruised ego. Step outside your circle of comfort and find the true moments of clarity. Enrich your life and expand your ber to clear your environment before you start, because unpleasantness takes its toll and the negative energy draws the life out of t energy on improving yourself and put in perspective the daily ups and downs of life, return to your core passion and manage life in crisis mode. Don't let a dark wave of depression float over you for too long, just give it time then erase it. It will bring you peace and serenity and will bring back joy so you can experience few moments of clarity to organize your life.

3) A World of Magic:
This world is full of magic and miracles, we just need to find our balance and make a few adjustments. Erase your worries and transport them I to another world for some time. It is time to step out of the box and do what makes you happy. Write your own exciting story and create your own perfect world. Cover your face against for Ed wind and stand firm and tall even when the ground beneath your feet becomes shaky. Don't let your dreams slip away, encourage and inspire yourself and know that road ahead will be paved with potholes and pitfalls. Life is all about the lesson learnt. So stay focused and keep an account of your inner thoughts to build a vibrant new world with expand horizon where you can smile peacefully.

4) Real Purpose:
Focus and find some real purpose of life and discover a path to independence and productivity. Find a new You and rebuild your life with the bricks of positivity.
Learn about life and evolve the reality of time. Don't let opportunities to pass you by, grab them and avail them, for each one is unique and significant. Discover your value in the midst of life's celebration and write your own tales of adventure, this will take you to the path of self discovery. Each day is different, so accept it as it comes and know the need, fear and dreams that life will bring With it. Never feel unloved and unneeded or even reject your self, find your own real purpose and set your own rhythm of life.

5) A Day of Celebration:
Today is a day of celebration and fun, so go out and enjoy, feel loved and needed and don't let the rejection of a failed life hurt you. Learn to control your emotions and open the door of true knowledge to recognize the truth. Get to God's bounties and blessings through prayers and kindness and try to achieve spiritual uplift through your deeds. Remember to radiant some light around you so true faith and zeal can help you to fill your life with meanings and reasons, so at the end of your day you are happy and peaceful and have enjoyed a day of celebration and fun.

6) Dream World:
Listen to your soul whispering to you so it can guide your heart. Plan your life with passion and do not fear. Life has many challenges, so do not give up or feel frustrated, find your inspiration and watch happiness unfold in front of your eyes. Let your passion stirs your soul and let your spirit move freely, opt to live fully and let layers of stress melt with the spark of inspiration. Sketch your imagination and draw your own dream world where beauty, love, peace and kindness prevail. Watch a splendid morning unfolds in the alluring turquoise sky free of clouds and doubts. Just open your heart and listen to your creative soul whispering and stirring new life inside you.

7) Deep Connection:
Have deep connection with your God and fill your life with peace and serenity. Show kindness to all and share your inspiring words and acts. Cleanse your soul and wipe away tears of someone's eyes. Remove pain and stress and try to make this world a better place. Have faith and be strong and be a bacon of hope for everyone in the world. Surround yourself by people who care and be true to yourself and others. Listen to your inner voice and make better choices. Sit quietly in peace and reflect on your desires. Stir your boat to the new direction and find your spiritual focus and smile. You can see miracles unfolding if you have deep connection with your prayers and God.

8) Break Down the Barriers:
Gain a voice and shape your desires. Have a cheerful attitude and stop bitter
whinnying. Continue to try and be aware of your limitations. Pray everyday and know you are blessed. Carefully review your inside and outside perspective and break down the barriers. Fulfill your dreams and stop running away from life. Make things right with giggles and laughs and add colors in it. Remember that real miracles will unfold in the darkest of time. Don't let your emotions get out of control, enjoy every day. Take out hate from your life and throw away negativity. Look forward to what is coming next and make good things happen. Open new channels of thought and fix the faults of your life. Let go of what you can't change and focus on what you can, it will help you to act brave and break down the barriers to bring happiness back in your life.

9) Wake up and Live:
Wake up and live every moment of your life. Enrich your soul and delight your heart. Paint the canvas of your life with inspiring and bold strokes of the brush. Don't let negativity of wounded words and surroundings to sap your energy. Be realistic and don't deny yourself access to life. Look through the open window and let the light of life come in. Stay on top of things and enjoy your moment along the way. Find some kind of peace and talk to God everyday and let serenity put balm on your hurt and pang and let it calm you down. Life is a blessing, so put your heart and soul in this journey. Just unwrap your worries and unwind your stress at the end of the day, so when you wake up, you have desire and a new reason to shine and live.

10) As Life Runs On:
Enjoy the soft hazy covering of the sky and view your surroundings at the break of the dawn. Change your life for the better and refuse to live under a dark cloud. Restore your feelings of harmony and cherish every moment you have. Make positive change every day and bask in sunshine. Walk through the door of hope and face life. Remember yesterday is gone, so let today in, enjoy every moment and fill in the missing pieces so you can create a beautiful future with your beautiful thoughts. Collect and cherish moments to take with you on your journey as life runs on. Don't expect too much because life is not perfect. So don't spread your whole life searching, listen to your inner voice and change your perspective, appreciate what you have and people you love and care about. Be friends with God and then life will become a simple equation to solve.

11) Everyday Lesson:
Life is an everyday lesson where we learn how to find ourselves and built hope to control it. Where we stroll down memory lane and linger at the sight of nostalgic memories unfolding one after another along with some new exciting experience. Just don't remain engulfed and trapped in the past, because there is a lot to see and learn. Take the first step towards happier and calmer path and adopt a new
and positive attitude, don't restrict yourself, feel the cool breeze and refreshing air to expand your life. Bury conflicting emotions and accept meaningful challenges to enrich your life with satisfying rewards and that will help you to gain momentum with time.

12) Accept Yourself:
Don't wait for a reason to accept yourself, find your way out of the depths of life and let go of your worries. Don't under value the power of positivity. Be open to your surroundings and make awesome memories along the way. Be your own anchor and develop full understanding for life. Don't let your inner beauty fade, enjoy life's view and enjoy the magical world that is flowing outside your world. Make life colorful and bright with your smile and wave worries goodbye. Remember, life is complex and these worries will exist, so don't sit and count them. Be open to new ideas and accept change and when you are ready take a giant leap of faith.

13) Create Beauty:
Decorate your life with s I, es and kindness and beautify your soul by doing good deeds. Enlighten your surroundings and brighten your path By changing negative thoughts to positive. Fix life's issues and sail away to enjoy the beauty of the amazing sunset. Don't let unexpected delays to upset you, search for meanings every where, slide down the slope of life and make it as smooth as possible. Empty your mind of the struggles and defeat and try to understand life. Don't wait for everyone's approval, let go of pain and understand life so you can shun negativity and brighten your path with joy of truth so you can create beauty.

Seema Chowdhury
My Own Life's Quotes To Live By - May

1) Understand Yourself
Develop a sense of resolution for yourself so you can understand life. Race down the obvious path and let memories unfold before your eyes. Tough times come but don't let them leave more questions for you. Accept challenges and think afresh to find pure joy of self discovery. And if you feel lost or stuck, just go and knock on God's door, He will always be there for you.

2) Something New
There comes a moment in time when the more answers we get the more questions we have. Don't get stuck in the cobweb of complicated things that we encounter everyday. Learn to master the challenged of life and take a quick glance at the game. Open the door to walk between the worlds and unravel the mystery that surrounds you, this will give you more opportunities to come up with something new.

3) Silent Moments
Life is filled with moments of joy, sorrow, excitement and despair. They fill our lives with emotions and sometimes they can change our world. We need to have infinite patience so these emotions cannot exhaust us. Try to stop the flow of tears and hold a tight grip on time. Remember not to give up because some moments hold both happy and bitter news in them. So we need to stay focused and strong.

4) Solve The Puzzle
Solve life's puzzle and don't let cruelty of faith stop you. There are plenty of loopholes so find your solutions in them. Invest your heart and soul and if tired, take a break and let the dust settle. Remember, there is no time to waste, so cling to shreds of hope in this long journey called life.

5) Boundless Longing
Life is a long journey of boundless longing, so step back in the footprints of time and enjoy the sunlight of joy that follows the dark periods. Be prepared to wait and know that there are no easy road or shortcuts to reach happiness. Don't let the weight of trauma let you down, hold on and add positive things in your boundless list of longing.

6) Search for Meanings
Don't give up on your search for meanings and happiness of life. Be courageous during difficult times and fight these bitter thoughts. Respond to situations and
do not try to control everything that is happening in life. Don't lose your zest for living, continue on your path and understand the bigger picture and ability to identify the meanings of life and happiness.

7) Delve Deeper
Delve deeper in life and focus on your emotions. Cross the borders of your comfort zone and step in to do what is required. Despite the circumstances don't forget the purpose of your life. In this long run, time and time again we meet griefs, painful wounds and disappointments. If we hang on tight and be patient we will see a fresh beginning and a sunlit path to walk on.

8) Another Way
There is always another way to do the right thing. Walk into the summer shine and absorb freshness from it. Sometimes solutions are plain and simple and it can light up the world. So we must listen carefully to the sound of delight and prepare ourselves to explore and accept new things and ways.

9) Courage
Show courage during difficult time and respond positively. Control your emotions and let it not destroy all zest for life. Take a dose of hope and miracle and continue on the path courageously. Cross the boundaries boldly and give time for wounds to heal.

10) God Can Change
Only God Almighty has the power to change our lives and bring in peace and happiness. Sometimes great blessings can come out of difficulty. If we trust in God and hang on everything will work out at the end.

11) Map Out
Map out your life and don't let puzzling thoughts send you ambiguous messages. World isn't so simple so hang on and be courageous. God will surely guide your way if you trust Him. Have faith and live with grace and gratitude, this will definitely help you to map out your life and enjoy the sun's warmth in your heart and soul.

12) Words of God
Listen carefully to the words of God and plant the seeds of faith. If you feel tired or scared or feel that you cannot make till the end then pray with a humble heart and a gentle soul. Decorate your life with beautiful prayers and know that God's love is amazing. Just concentrate on God's words and always remember Him in your good and bad times. He is your real friend who will always be there for you to hold your hands and wipe your tears.
Seema Chowdhury
My Own Life's Quotes To Live By - November

1) Light the Way

When we help others and light their way, it not only lights up their way but also our heart, mind and soul. It shows us who we are and what we want to be. We must always remember that it is our choice. We all ride on the roller coaster ride of life but we should not be the cause of hurt or pain for others. In the light of virtue we get a chance to wash our sins and compensates for our mistakes and weaknesses. And surely when we lit up the path, it brings a joyous day break and help us in our pursuit of happiness.

2) Inner and Outer World

Listen to your thoughts carefully and see what lies in front of you and beneath the surface. Learn to move forward and remember that there is more in the world then we can see from our naked eyes. Merge your inner world with the outer world and deal with both as one. Push, steer and get on with life, for the open road awaits. Read between the lines and deal with interruptions and trials. Keep calm and look for faith and hope to turn your gloom into bloom. And when both inner and outer world synergies, you will see peace cascading and making the worlds serene and pure.

3) Keep Soul in Shape

Keep your soul in shape and seek peace in silence. Walk in God's garden and allow yourself some time to unwind and relax. Rejoice each moment and know that God's love is deep and wide. Don't let the emptiness of the rough day churn negative emotions inside you. Remember life is an ever expanding journey and it is a race against time. So don't feel trapped by the challenges or else your soul will be consumed by headache and bitter sadness. Look for the road of recovery and enjoy shifting changes of your surrounding. Take time out everyday with tenderness and a humble heart to kneel down before God in silence and thank Him for guarding your soul and keeping it in shape.

4) Make Your Life Better

Tell yourself everyday that you are valuable and worthy. Don't let the ugly stress of suffering and resentment burn you inside out. Let your light shine and bring peace like a breeze of freshness wearing an invisible crown of strength and do something remarkable for courage is the cornerstone of faith. See your whole life
at a glance and hold on to those strong Impulse that tell you to take control of your emotions and draw an amazing stroke of kindness to spread around. Do not be afraid of the storm, just learn to protect yourself with the help of answered prayers that can console and fortify and can take you unshaken through life to make it better.

5) Mend Your Spirit

Don't let your spirit crack or break. When required, take a break in a busy day. Be contented with what you have and draw your own boundaries so you don't have to wrestle with your fear. Look at your own contributions at the day's end and find sense of peace in it so you can discover new feelings of tenderness in the depth of emotions. Don't silence your thoughts, let it out and give them wings and soft voice because it will help you to mend your cracked and broken spirit.

6) Rules of the Road

As the day dawn beautiful and bright, promise yourself not to live in shadows or to spend in doubt. Face the world, plan and take action. Make your own rules of the road and follow them. Then you will see things falling into the pattern and putting balm we need to heal our wounds. Always remember to cling on to hope, for hope can hold our hands tight during time of suffering when emotions are taking a roller coaster ride. Just work and find the solution and know that faith is a powerful antidote so start your day and know life has zigzag course but we do have the ability to take a joy ride and paint it bright.

7) Awareness of Reality

Don't withdraw from the world, acquire true awareness of reality and throw away the burden of illusion. If you are sad, sit quietly by the fire place or under a burning candle and reflect upon your life. The only way to find peace is to let go of heavy bags of stress and troubles and let your problem and fear disappear in those moments. Cast off your burden of pain and then only radiant glory will appear and let you dance and swim like a waving petal in the sunlight and bring back serenity and comfort into your life.

8) Light up the World

Be grateful for the beautiful day and unlock the gate of hope. Connect with your heart and soul. It is in your own hands, so know that if you want you can get a deeper insight and have a spiritual growth to lighten up your world. Understand
yourself and don't give up due to the pressure of everyday life. Be like a light that shines in the darkness and help to turn hurtful and hard experiences into joy. Just hang on and try to light up your world.

9) Life's Theory

Write down your own life's theory and create your own warning signs. Find reasons to give thanks to God for His blessings and gifts and bathe in the light of God's grace. Push away the clouds of doubt and enjoy the wonders of life. Don't try to live life backwards, because it will only hurt you more. Create a short version of your life's story and don't worry for what you can't see, may be it It is meant to be that way. So don't dig too deep into the inner reality, just live your life and try to keep sad tears and pain's shadow away.

10) Unlock the Fun

This is life happening In front of your eyes. Where everyone writes their own beginning and the ending. Where they experience their own moment of connection and some raw experiences. Always remember that life is not only ironic twist or the feeling of gloom. If you look outside the window you will see vibrant and colorful world out there too. You just have to learn to set your own upper and lower limits on things you need, only then you will be able to unlock the fun that can fill your emptiness with smiles and can restore lost harmony of your life. Just open your eyes and heart and happily accept the dazzling rewards that life hands out along with fragile emotions and pang. Nothing stays forever, these are temporary phases that come and go. So never lock the door of opportunities, let it swing to and fro and bring a world of amazing surprises with it.

11) Your Time Starts Now

Absorb in the light of the world and dont get trapped in time. Travel on the road and gain momentum. Don't think future is dark or deprive yourself of sunshine. Take charge of yourself and see the value in pain. Accept peace and release yourself from illusion. Remember this is the world of miracles, so let go of negative thoughts and know that your time starts now. If you put your faith in God, His love will surround you and He will direct your thoughts towards truth and peace, which will make your life's journey worthwhile. So be ready to redefine your world and start your journey to grow from inside out to rediscover your personal thoughts for which your time starts now.

12) A Journey of Survival
Keep pain out of your life and don't let sad tears of dark shadow fill your life or else your life will be crowded with the chasing darkness and the rush of panic. Life is a journey of survival and we learn numerous lessons as we journey through the years of loss and gain. So don't get lost in the echoes of the rising waves or let your life fade to black. Look around and listen to the voices of love and hope to create an unbreakable chain of dreams and unwearing faith that will pull you up and show you a positive vision to define your life under the shadow of a peaceful smile.

Seema Chowdhury
1) Happiness:
Happiness is not finding peace and joy all around us. It is looking at the shades of gray and blue, accepting them and moving on by adding a tint of shimmering rainbow hues. And then, coloring the canvas of your life to brighten with hope and prayers not only your life but also the lives of people who are all around you.

2) Understanding People:
Try to understand other people's perspective and point of view. And always remember that we are all fighting various battles on different fronts of life. Where some people like to share but some don't. So if they don't say anything or do not complain that doesn't mean they are in heaven. No one in this world is sleeping on the bed of roses. We all have our challenges and our rewards and we are all trying to meet our ends and deadlines.

3) Answered Prayers:
Answered prayers mean when you learn to accept your faith and ask for God's help and tremendous strength and insight, so you can straighten the bent road and make your life flow the way it is meant to be. And you can learn to chase miracles and embrace things anew and see them through fresh eyes in moments of life.

4) Blessings:
Blessings mean to collect happiness, delight and warm smiles to lighten up our lives. So we can go to our God and stay on the road that God likes till the end of time. And there we'll learn to separate dark from light and find harmony between heavens and the Earth. And when we learn to do this our life will overflow with emotions and sweet memories that help us to realize how blessed we are to have this opportunity to brighten all our tomorrows and improve our today.

5) Talk to God Almighty:
Talk to God Almighty today and everyday and reach out to Him. For only He has the unique and magical power to embrace us with our weakness and neglect. Only He can swap our fear, doubt and misery with peace and serenity and courage and strength and give us a life of hope and passion where we can dream and communicate with our feelings and soak our souls in the light of kindness and tenderness.

6) Realize Dreams:
Realize new dreams and rediscover the strength of faith. Rejoice in simple
pleasure and don't be afraid of uncertain outcome. For everyday is a new challenge and in it we get ample opportunity to grow and learn priceless lessons. So play the game of life and seize every opportunity and don't complain about yesterday. Try to make your tomorrow better and find new ways to realize your fragile dreams in those precious moments.

7) Emotional Connection:
Learn to establish an emotional connection with people who bring many dimensions in life. For with their presence we learn new meanings and see unique ways to inspire and gently touch other people's lives. So focus on important people and things and develop a passion of understanding so when sorrow and pain afflict you know how to bring back peace into life with the magical song of love, passion and an emotional connection.

8) Balanced Life:
Tune your life's strings perfectly and enjoy peace and harmony around you. Find a balance for yourself and don't absorb stress or else you'll burn out. Don't let things get fuzzy, be more aware of yourself and your surrounding. Be on the cherry side of life, empower yourself and take a deeper look at life. Keep zest alive and be strong enough to deal with the outer world with hushed proposal and tender theme to find a balanced life.

9) Make Peace:
Make peace with your life and accept reality as it is, for dreams come to an end but life still goes on. Don't let memories of the past hurt or haunt you because it is not worth. Remember things happen for a reason and may be not today, not tomorrow but eventually you'll understand the reason. So trust yourself and your heart and hang on to life. Don't change yourself for others, it is just not fair. God has made you the way you're supposed to be. So share your hopes and dreams and color your life with the vibrant shades of joy, so you can swap your tears with a blooming smile to brighten up not only your own life but the lives of all other people who you love and care for.

10) Peace and Serenity:
Find peace and serenity and enjoy quiet dreams and calmness around you. Don't depend on others, create your own memories and cherish them every now and then. Cleanse your heart and soul then only you'll be able to see the clear and vivid perception of life. Close your eyes and takea deep breath and draw a calming landscape for yourself, where you can walk in with all your troubles and pain, leave them behind and walk out with sunshine and calm blue sky full of splendid clouds smiling at you and reassuring you to continue life for it is worthwhile. So don't look for perfection and completeness - but look for the
strength of serenity and the boldness of peace that can unwind and mend all the broken pieces of your life.

11) Ideal World:
Every now and then take a break, pause and reflect on your life. Don't be a passive traveler life has so much to offer. Open your eyes, your heart and your soul and let it all in. There is nothing as an ideal world, so don't waste your life looking for one. If you are brave enough create one for yourself and everyone around you. Be your own best friend and your own helping hand and rely on your own abilities. Know that God is there for you, His divine power and mercy will help you only when you're willing and awake so make right choices and dwell on your dreams. Look at beauty that is spread all around you. You cannot shun ugliness from your life but you can bury them under the deep layers of hope, prayers, smile and kindness. And when you'll learn to do this, then you are a winner and a champ for you have created an ideal world with the bricks of love and peace.

12) Choose Your Destination:
Be creative with your ideas and imagination. Let them float freely above you and absorb all the beauty that comes in its way. Don't hide under the fog of tears, wipe it all and then only you'll emerge as a shining star whose beauty and shine cannot hide even under the thick mist of mope. Be strong and learn to steer your boat away from the storm. Choose your own destination and work hard to reach there. Don't let heart breaks or hurts bend you, just hang in there and face your fears, it'll help you to overcome your sorrow and make peace with life.

13) Rhythm of Life:
Follow the rhythm of life and tune yourself into it. Don't rush, stay calm and seek truth and peace. Be a dreamer who see the brighter side of life and also color life for others with sweet memories, happiness and understanding. Map out a route and walk along life's path that is serene and peaceful to reflect on your life. And this is the magical recipe to color life with a new milestone and to reward you. So calm life's hustles and chaos and focus on your strength to learn to balance and add harmony and rhythm in it.

Seema Chowdhury
My Own Positive Thinking Quotes

• Focus on the positive flow of life and think things through. Be creative and welcome future possibilities and opportunities in your life.

• Set out of your comfort zone and follow the ray of light. Take a deep dive and capture your positive imagination.

• Live moment to moment and explore new avenues. Create new paths to walk on and have a fresh start. Be strong and optimistic is all situations of life.

• Build a productive life and always accept challenges head-on. Look at the bright side and reconnect with your inner creativity.

• Challenge how you approach the day and scan down the path. Focus on your winning plan and search for meaningful answers to uncover new perspective.

• Put negative feelings behind and search for light in darkness. When you encounter obstacles, don't stop or quit. Keep moving forward and remember positive thinking goes a long way.

• Life is quite amazing, so stay hopeful and increase positive energy around you. Recognize good moments and believe in the power of hard work and enthusiasm.

• Set a goal each day and motivate yourself to achieve it. Make step-by-step plan and accomplish it. Celebrate each day and keep positive thoughts alive.

• Reframe obstacles and see opportunities for growth. Be ready to make a new start and think bright thoughts of hope and victories.

• Don't feel alone in your struggle, set a positive emotional tone for your day. Bring hope and encouragement in everything you do and make a difference in the world.

Seema Chowdhury
May 14, 2017

Seema Chowdhury
My Own Success Quotes

• Success is a long and hard journey but its fruit is sweet and satisfying, so never give up just hang in there in time of trial and focus on persuasive arguments.

• If you want victory, change your attitude and perspective about life and find innovative solutions of your unsolved problems.

• Learn to control the flow of things and stay positive so you can focus and successfully unlock untapped potential and opportunities.

• Success will come to you when you will empower yourself with the gift of knowledge and continuous learning. This will breed confidence and you will grow by leaps and bounds.

• Nurture your sense of wonder and dig deep for unique ideas and answers of unanswered questions to win the game of life.

• The greatest achievement in life comes from accomplishing your dreams and desired goals. Be persistent in your pursuit of knowledge and understanding.

• Prepare your self for a successful encounter with your future. Time flies and it doesn’t wait for anyone. If you are unprepared you will miss your window of opportunity.

• Deepen your understanding of important issues of life and face the world head-on. Cope with failures and challenges and be your own guiding light in time of need.

• We all stumble from time-to-time, just don't give up and be the winner and a super star of your own life’s story. Remember you are the director and producer of your life. Do what is right for you.

• Organize your life and capture your imagination. Think things through and be creative. Life will give you many opportunities to win, so be prepared and plan future events ahead of time.

Seema Chowdhury
May 12, 2017
My Perspective, My View Of Life

My thoughts wander to a far away land
When I see sparkles and spot lights
Shimmering like a golden sunset
There is something magical about it
And it stirs my emotions deeply
It reaches out and touches my heart
It's like a magnificent illusion
Or is it reality? ?

It's kind of warmth and compassion
Where I don't wait for the right moment
But I look forward to create one
I stand there in total silence and awe
As the memories flood back swiftly
To glistened my heavy eyes and heart
And I cannot hold back tears anymore
As the days events evolve...

Then I absorb in the moment in time
And feel the bright sunshine and beams
And warm rays upon my tired back
It's an overwhelming feeling of celebration
Where I see with amazing clarity
Multiple dimensions of carefree moments
Then I know its not an illusion, its reality
It's my perspective and my view of Life...

Seema Chowdhury

Seema Chowdhury
My Precious Little Girls

Like a spring of water
Brings life to everything
Like a sweet scent of flowers
Appear for all in spring

Make your life worthwhile
And bring happiness to all
And see how you can be
A source of care and love's fall

I love you my sweet babies
For with you my life is a bliss
That God has filled specially
With his care, love and kiss

And with your unique affection
Each day becomes a special gift
In which I wish to survive
with a content soul's uplift

And I wish and hope for you
My precious little girls dear
May you always spread peace
For all in life's layers

And be the teacher of love
And wipe away tears of mope
And be the first one to bring
And burn the candle of hope

And may your life be like the sun
That shines very bright to bring
The love and fragrance of flowers
Just like in the season of spring.

Love you Samia & Sameen Baby! ! !

Seema Chowdhury
My Priceless Possession

The serene moments
In which
I sit and talk
With
My memories
Of the past
Helps me to
Get rid of
my distress and depression
So that's why
I call them
My priceless possession......

For these moments
Of peace
Helps me to
Cultivate love
And
Keep aside my pain
And
See a different view of life......

Seema Chowdhury
My Protector

In silent cries
And in silent prayers
I conveyed to God
All I have wished
And
All I have wanted
For
No one else
But only He is
My helper
And My life's protector.............

Seema Chowdhury
My Response To Life

My response to life
Is not always
Positive
And
That's the only reason
Why
Life around me
Is dull and mute...
But still I try
In the midst of
Trial
Tribulation
Suffering
And pain
To keep
Spirit of joy
Alive
Within me.....

Seema Chowdhury
My Secure World

In my secure little world
I always find
God speaking to my heart
Under the most difficult circumstances
That embrace me with hope
And strengthen my faith
And I develop an unbreakable bond,
A wave of energy,
And a radiant peace with myself
That helps me to plant seeds of hope
And forgive myself
And teach me to be
My own cheer leader
And trust my feelings
And walk towards the positive path
To speak to God in silence.....

Seema Chowdhury
My Sincere Companion

I always feel
so secured and peaceful
When
I am surrounded by
My loneliness
My depression
My thoughts
And
My emotions
For
They are my sincere companions
That
I know
Will never leave me alone---
For life shows
So many ups and downs
That
Sometimes I feel like
Sitting alone
And wish to have a secret talk
With
My inner self---

Seema Chowdhury
My Solitude And Me

Sometimes I feel and that is true
I enjoy being alone like a dew

that stands quietly on the top
Of the edge of petal like a drop

I feel that my solitude and me
Are like the key that sets free

My soul from the troubles of heart
And show me a way to a brighter start

And that's why I think its good to be alone
And enjoy being seated in the solitude zone.

Seema Chowdhury
My Special Thanks

I wish I can find few words to convey
My thanks and the sincere wish if I can repay
Not only for things you just did today
But for every little thing you just do and say

Your ways are always nice and new
And reflects your love that surely is true
The love that works as a morning dew
Whenever I'm feeling down and blue

You always say things to wish me well
And share both cries and smiles that dwell
And give me time so you can tell
The secret of happiness that nobody can sell

So thanks for showing how much you care
By your own nice ways that surely is true
And specially for the things we'd always share
Not just today but throughout the year.

Seema Chowdhury
My Stay In Utopia

Surrounded by the treasures
Dear to me
I simply walked in
With the thoughts of thee

In the land
Of my dreams
Where I found
My wishes beam

And there I saw
My life's view
Colored with lively
Hopeful hues

And then I reognized
That place of my stay
Was 'UTOPIA' where
I have just spent a day.

Seema Chowdhury
My Story Of Life

I want to dream good dream
And smile through my tears
I want to cross this tidal wave
Without loneliness and fear

And want to pause for a while
To absorb the agony and pain
And swap it all with the
Smile of happiness and fain

I wish to fight back tears
And use laughter as my weapon
And want this sweet bitter memory
To settle down and happen

And want to expand my options
And help myself along the way
To end this dreadful story
That is on going for days after days

I wish to walk on the safe path
And not dwell on unpleasant things of life
And break the shock of grief
And silent terror's wave that survive

And find the words of wisdom
And a book of hope to read
And cleanse my burdened soul
So a nice life I can lead

This is my story of life
And I wish to plant happy moments and days
And find quickly and joyfully
Turning point in life's highway.

Seema Chowdhury
My Sweet Sister

Some people are very special for you
For all the things they want to do

They always try to make you smile
That changes bad things for a while

They often listen and give you advice
That is always right and wise

They always say the word of cheer
That shows how much they really care

They try to do good things for you
That is always nice and new

For me my sister that person is you
I want to thank for things you do.

Seema Chowdhury
My Theme Of Life

Don't be afraid of ups and downs
Nor be scared of greys and browns
And know life is an on going show
Where pace of progress is usually slow
So don't feel bad nor sigh
Just keep up hopes very high
And remember never ever to mope
For good life depends usually on hope
So its better to let go of the past
And think that road of life is vast
And look to the future with light
And hope that it will be bright
And never be afraid of ups and downs
And nor be scared of greys and browns.

Seema Chowdhury

Seema Chowdhury
My Trip To The Dreamland

I'm living in my dreams'
Where happiness follow my heart
And set my sights high
To give it a bright start

Where time seems perfect
And day is just right
To show me lovely things
To make my life bright

Where middle of the road
Is filled with faith
Where everyday living
Feels just great

And this is how I feel
That no one can understand
After finishing my trip
To my sweet dream land.

Seema Chowdhury
My Version Of Events

Crashing waves in the sea
Bumping shocks just for me
Are jolting the time of my days
And are kicking me in my ways
This is really how I see
Troubles of life standing for me
I don't know how can ever i
Get rid of my pain 'n sigh
And get to a place where I can
See for me a safety plan
Because i'm tired of this all
And want to save myself from a fall
So I can be happy again
And feel fre of all sorts of pain.

Seema Chowdhury

Seema Chowdhury
My Window Pane

On my window pane I found
Dreamy and magical light
Laughing in the sun
Where clouds were floating across the sky
Spreading splashes of sparkling joy
And dancing on the music of life
With vibrant hope and beautiful words...........

On my window pane I found
Radiant and joyful moments of treasured hope
Building momentum and a formula for happiness
To repeat in dark times
Moving forward making playful choices
Of kindness and love
To feel the cool breeze blowing
To rejuvenate and bring calmness in my life......

On my window pane I found
Refreshing scenes of quietness
Opening new vision and possibilities
To explore passion and joy
To discover crispy bright world of beauty
Where I can smile, chuckle and laugh
As often as possible to bring renewed blessings
And warm rays of sunshine to brighten my world........

Seema Chowdhury
My Wish List

My heart loves to listen
Nice talks about you
For you are my dear
A gift that's true
For you help me
To win my hopes
And you stop me
from falling in mope
So that's why on top
Of my list of wishes
I pray to God to give you
All His love and bliss.

Seema Chowdhury
My World

Lost in the world of my own
The world which to others is unknown
Seems so peaceful, serene and light
That I always feel pleasure and delight
I love that place that I have built
In my mind and heart for the tilt
So whenever I feel lost in rain
I enter there to hide my pain
And in that world of my own
Which to others is still unknown
I always find a way in there
To get rid of my troubled tears.

Seema Chowdhury
Mystery Of Life

No one can tell what will happen tomorrow
For life is a journey of joy and sorrow

Where no one gets to sleep on the roses
Where no one sees what life really posses

Because every moment that is due to come
carries in it the mysterious sum

Where things are both good and bad
And things are all painful and glad

Comes in and knocks at your door
Because that's why in your life is store

And that's why no one can forsees tomorrow
For life is a mystery has both joys and sorrow.

Seema Chowdhury
Mystery Zone

Listen to hear
Do not ignore
The sound of life
Its softness and roar
And see what it is
Saying to you
And how you can
Enjoy its hue
For only this
And nothing more
You should expect
From life's store
Because life is
Like a mystery zone
That moves to and fro
Then leaves you alone
In the desert present
Inside your heart deep
To sit there alone
In silence to weep.

Seema Chowdhury
Mystic And Magical Winter Morn

Cold and mist and frost everywhere
Oh it is amazing and majestic dear
Just look around at this beautiful sight
And enjoy it all the magical spell of white

Sky is gray and full of clouds
But don’t let it fill your heart with doubts
Just walk softly on the snowy lit path
And unburden your soul from troubled heart

Look all around and enjoy winter light
And let it awaken and reflect bright
And let it touch your soul, body and mind
With fresh air and cool breeze to remind

That later in the day sun will appear
To sparkle the snow with sunshine dear
And bring you beauty and peace in heart
And prepare you for a beautiful start

For it makes you forget all your pain
And once again you will sing in the rain
And enjoy spilling snow from the sky
And catch snow flakes as they fly

And this is mystic and a magical sight
That fill your moment with warmth and delight
Where images of beauty appear one by one
To fill your life with warm glowing fun

And it evokes nostalgic memories dear
Of early morn winter days of care
Where it is frosty, misty and cold
And snow is glittering and reflecting like gold.

Wishing you all Happy Holidays! ! !

Seema Chowdhury
Nature Is Bountiful

Nature is whispering
Light winds over the hills and dales
And is spreading its sunshine
Over beautiful vales

For nature is bountiful
With its glory and shine
And wonderful colors
Of rainbow hue fine

For nature is the art of gracious God
Who spreads his bliss for all
In the form of beautiful flowers and clouds
All trees and brooks and rainbow small

For God sends for us autumn and spring
With their beauty, grace and delight
Where birds dance and joyously sing
To make it a beautiful and a priceless sight

For nature is bountiful
And inspires us to live
In its astonishing beauty
That is present and alive

So let the peace of God Almighty flow
Through calm waves or sunshine hue
And listen carefully to the whispering wind
That nature is spreading like a morning dew.

Seema Chowdhury
Nature's Beauty

My imaginations know no bounds today
After seeing the beauty of nature in my way
Where mocking birds were singing with zest
Where I stopped by to take some rest

It was so nice to hear her sweet voice
After getting fed up of this world's noise
Where I felt that everything that I had lost
in this frenzy world that doesn't pay the cost

But all of a sudden when I heard
The sweet little voice of the mocking bird
I felt I was shown life's better view
So I don't have to feel any more blue

And that's when I felt as birds only aim
Was to share my life's burden and pain
And to bring me joy and show life's best
In the place where I stopped to take some rest.

Seema Chowdhury
Nature's Glow

Love, peace, serenity and passion is found
On God's lovely and beautiful ground

Where I reached to the far
Horizon of amazing beauty are

Where Nature is at its glow
And life just stops and just slows

And sunshine reflects off the stream
Where warm moments can be seen

And there dreams take shape and come alive
And whirlwind of events just stops its drive

And crisp leaves all hang on the tree
And show amazing beauty of God all free

And the Light House poses with pride and peace
With God's love and Nature's lease

For a moment my heart forgot to beat
As I was in a shock after seeing beauty treat

And there present moment unwraps on its own
And life's layer shine for all to be known

And my head bowed in Gratitude and prayer
After tasting the spirit of God's love and care.

* After my visit to Peggy's Cove, Nova Scotia, Canada.

Seema Chowdhury
Navigate Through The Maze

Start the day off
On a happy foot
And thank God Almighty
For an amazing day
For life is a big maze
And we have to
Navigate through it.....

Learn to control
The episodes of life
And how you can experience your journey
And satisfy yourself
By fulfilling small dreams
So peace can flow in your heart
As sunshine flows into trees...........

Recount shared moments
And plan the next chapter of life
And see how you can turn
A sour day into sweetness
With the hidden treasures in every day experience........

See the world in a new light
For God whispers to us
And saves us by hope, faith and love
And help us to navigate through the maze
And the racing thoughts of life.............

Seema Chowdhury
Navigate Your Obstacles

Navigate your obstacles
And let the light in
Don't feel lonesome and miserable
For life has a way of interrupting
When you feel the walls are crawling in...

So always be prepared
Throughout this long voyage
And don't give up
When you encounter a strange new world

Try to follow the plan
And look for the great details
To answer the questions that are
Whirling, swirling and bouncing around
Colliding and creating
New questions and concepts....

Just learn to navigate
Your obstacles
Through the long voyage
Called life......

Seema Chowdhury
Near My Heart

You are an important part who lives near my heart And plays a major role And helps to set my goal In these messy days of life In which I'm bound to survive Where I see in every lane Hurdles of tear and pain But even then I'm glad dear To have you with me to share All these as they are a part Of life till from it I depart.

Seema Chowdhury
Negative Side

Reality
Of every day life
Sometimes appear
As a little thing
But
Sometimes it appears
As a huge sea
Of
Infinite possibilities
But
Unfortunately
All
On the negative side......

Seema Chowdhury
Negative Thoughts

Let negative thoughts
be swapped
with
Fond hopes
Confide faiths
Utopian optimism
And
Cherry inspiration-

And then you'll see
A new image and view
Of your life...

Where road ahead
Will be filled with
A vibrant journey
And a unique opportunity
To roll the dice
And let amazing things happen
And gives additional options
To you and your life.............

Seema Chowdhury
Net Of Misery

Try to find
The hidden word
And
A word within a word
And
Think now
To remove
The net of
Misery and tragedies
From your early dawns
That is now covered
Under the shadows
Of
Mist of the night fall......

Seema Chowdhury
Never Ending Stream

Life is a never ending stream
Of hope and happiness
Just learn to swim
And bring back your share
From under the deep sea
Of the bitter realities
And make multitude of plans
And don’t let the scar of past
To hold you back
And if things get dicey
Don’t lose control
Look for a lucky break
And inch by inch
Smooth the rough edges
And look for a long stretch
Of powerful road ahead
And know these challenges make life
Better and exciting
So dive deep with hope
And bring back yourself
A special gift of oozing faith and love
And the never ending stream of blessings
With tremendous happiness
Contentment and unending faith in God....

Seema Chowdhury
Never Found

I was left alone
With my day
To see and face
The episodes of depression
One by one
Where
I could not decide
Whether
My joys were actually lost
Or
In reality
They were never found? ? ?

Seema Chowdhury
Never Healing Wounds

I tried to hide the pain of my heart
I tried to give my heart a new start

I tried to stop my tears to flow
And bring some joy in life's row

But once again just like in the past
I failed to achieve and then at last

I thought its hard to make a deal
For some wounds can never heal

Because pain's shadow has left the mark
And that's why everything looks so dark

So its no use to play with joy's role
For i'm loaded with wounded heart 'n soul.

Seema Chowdhury

Seema Chowdhury
Never Quit From Prayer's Que

Put your heart and soul
In everything that you do
Look at the bigger picture
In your life as it passes through

Hold on tight to your rocking boat
And learn to paddle your canoe
Because difficult times will come
So don't give up, just pull through

Life's journey is hard at times
And fate seems to be on cruel persue
But this will not remain the same
So never quit from prayer's que

Because the only way to heal
Your pain and hurt's spew
Is to talk to your gracious God
Who is always there for you

We all have open questions
And we need a side view
To know what is going on in life
To prevent from pain to get through

So be strong and fight this battle
And keep hope and faith in view
Try to change your life for better
And hang on to soft prayer's hue

That is hanging beside clouds of doubt
With silver lining in the view
And welcome you to the door of God
Who can give you strength to pull through

Just put your heart and soul
In everything that you do
Look at the bigger picture
In your life as it passes through.
New Battle Of Life

Life is a daring adventure
Where we all play our roles
Where sun shines to clear the clouds
Of mistrust, pang and doubts

Where each day is a new challenge
And we're expected to fight
This new battle of luck and fate
And enter in accomplishment's gate

So don't lose hope or ever sigh
In life's journey to negative thoughts say bye
And see what is happening in your life
That you can change here to survive

And always remember that it's fair
To cling on to hope and on God dear
Put your faith and hope for the best
In each and every life's test

And pray a lot to the Gracious God
Who is your beloved and fair Lord
To keep you close in his heart
And always show you a bright start

Where sun will always shine to drive
And keep you absorb in your life
And will show you the success rainbow
In each layer of the trouble's go

And will show you a bright morn
Where in each and every dawn
Happiness and smile will greet your day
And show you God's love and care in the way.

Seema Chowdhury
New Begining

Make each day a begining
Where you live to believe
that periods of pain and pleasure
Are just a phase very brief

And try to meet each day
Of your procious life
With a pleasent smile
And hide your pains that survive

And try to give your help
And your care to all
Who are really in need
Where troubles have built a wall

And then surely you'll see
New begining in each of your day
That will show you brighter sights
And will spread flowers in your way.

Seema Chowdhury
New Beginning Of Life

committed to prayers and show your gratitude to The Lord.

't be anxious with the unknown or about the future, have faith and do it.

ve in God Almighty's plans and be thankful for life's challenges from which you learn and grow.

't let fear run your days or else you will become the prisoner of time.

some time to consider and reflect upon things in the present.

that no one except Gracious God is great and perfect.

bigger and better plans to learn, improve and grow every day.

bigger and better ways of doing things to be more creative and productive.

't let emotions and anxieties ruin your present or the future.

creative solutions; don't feel stuck with what-ifs and whys.

comes and goes very fast, so place your faith in the Lord and try once more.

yourself a little harder every day and figure out a way through life.

't wait for the better time; find ways to make things better and to find a solution to obstacles.

one deserves recognition, so do something special and earn your name forever.

new and different avenues and be a positive and a forward thinker.

respectful, helpful and thoughtful in your dealings with others.

hard continuously and bring incremental improvements every day.

to deal with the emotional strains with courage and strength.

big and bold goals and sharpen your skills to make progress.
effective communication to become an effective and an admired leader.

lessons and set examples to encourage others and show them the path to success.

great teams with your good personality, unique talents and positive energy.

re the unknown territory with your intelligence and engagement.

at your life closely and plan smart and differentiating strategies.

r a positive image and proudly write the next chapter of your life.

Seema Chowdhury
January 2, 2018

Seema Chowdhury
New Dawn

Hope on the horizon
To see a new dawn
Filled with the colourful
And a bright morn
Where you can start
With happiness your day
Where you can see
Joys spread in your way
Where no one knows
The meanings of pain
And can only see
A morn of pain.

Seema Chowdhury

Seema Chowdhury
New Day Ahead

New Day Ahead

Seema Chowdhury July 25, 2018

1) Enter into a new day ahead with a fresh mind, body, and soul.
2) Do some peaceful meditation and renew your spirit.
3) Take time to wind down and relax to cope better with life.
4) Give faith a special place in your life and be at ease.
5) Make a good time better and better your best to succeed.
6) Remind yourself you deserve to be happy and enjoy peace.
7) Smile and let hope and courage show you a clear perception.
8) Every day we get a chance to make a difference and be better than before.
9) Enter into a new day ahead, learn the worries and stress behind and focus on renewing your soul.
10) Have ambition, vision and plan to follow. Steer your life smoothly and productively.

Seema Chowdhury
New Deal For A New Day

In this magical land created by Loving God
There is goodness, adventure and beauty
So make an emotional connection with the world
And don't lose sight of what is important

Come to terms with reality and let life change
Then you will see a better and a beautiful world
With extra ordinary and brilliant strokes to display
Showing true and effective colors of life

Don't cross the line, run away or erase your identity
Enjoy a moment of silence and take time to think
Remember God's mercy and collect sweet memories
While you are here and alive to make most of your life

Heal old wounds and cover deep and painful scars
Begin a new day in life's fast lane and don't be afraid
Write your own beautiful and happy ending
And know that everyone's life is different

At times it is hard to go through life alone
So don't freeze or give up, listen to the still voice
That is in your heart and telling you to hang on and enjoy
A new deal for a new day in God's magical land of joy

Happy New Year to all, Be happy and smile :)

Seema Chowdhury
New Doors Are Open

New doors are open
For those who look
For opportunities dear
In all life's nook

So if you want
To happily survive
Then learn the rule
Of the precious life

And search for all
Good things dear
And wipe from eyes
The failure's tear.

Seema Chowdhury
New Episode

Blink away tears
And bring a big smile
Life isn't always perfect
So just have faith for a while

Embrace happiness
And open up your heart dear
For it has super powers
To banish all your fears

Make a difference for someone
And speak up with hope
Live your life to the fullest
And never ever mope

For everyday life will
Show a new episode dear
So don't linger on your past
See how to fill it with cheer

Just remember to continue to work
And do it with faith and love
Then you will see how your fears
Will fly away like a dove

Now blink away tears
And bring a smile of hope
For soon a new episode will begin
So don't linger on past mope.

Seema Chowdhury
New Purpose

Add new purpose to your life
Find new ways to brightly survive
And know that in this world of pain
Its really hard to always gain
So try very hard and work out
And try to banish your fears 'n doubt
And see how lasting happiness can be found
In the world of god 'n on his ground
And learn to live for a moment dear
And try to overcome your fear
And remember that tomorrow may bring
The answers of your thoughtful ring
But for that you have to put in your life
A new purpose to brightly survive.

Seema Chowdhury

Seema Chowdhury
New Struggle

Each day presents
A new struggle
And
This world is full of
Problems and pains
Where
Tough time
Crisis
Negative ideas
Fears
And
Loneliness
Fill our days
And
We cannot find
A better way
To weather the storm
Where
Fear of striking out
Holds us back
And we feel
Turned out of the outside world
And
Our emotions tend to rule us
And
In the middle of all this
Our existence comes into question
And we feel heavy burden of
Regrets and anger
Tailing our lives........

Seema Chowdhury
New Things

In this old and wide world
I found few new things
Those came from the image and
Traces of the loving spring

For minutes after endless minute
I find myself lost
In this frenzy world's flow
That doesn't pay any cost

Any cost to your thoughts
That come in and stay with you
To make you find things
That are all bright and new

So try and see if you can
Find it in each of your day
And in this old wide world
Brighten with spring your way.

Seema Chowdhury
New Vista

Explore new vista
In your way
Try to find
Joys in your days
And use colours
To colour your life
And find reasons
To happily survive
And be grateful
To your God
Who is your
Loving Lord
Who bestow these
Blessings on you
So you can live
With fain's hue.

Seema Chowdhury
New World To Discover

A new world
Is waiting for me
To be discovered
To be conquered
And
To be enjoyed-
But one thing
That i feel
Is missing here
Is 'you'
your presence
Your time
And
Your attention
I wish
In my new world
I wouldn't have felt
Lost and lonely
If only
'You' would have spared
Some time
From your busy life

Seema Chowdhury
New Year's Prayer

Think of love, peace and joy
Make your plans to enjoy
Each and every day of the year
That is knocking at your door dear

Turn to faith for comfort and peace
Where love will heal and cease
Harsh realities and the pain
And will show you sunshine after rain

Seek for the light of Gracious Lord
Who is your all knowing God
And save you from the quicksand of sorrow
And can bring you a lovely tomorrow

Just hang in there with the light
And ask All Mighty God to erase fright
And replace your dark days with dawn
And a bright shining and a clear morn

And as this new year is here
I want to send you all with the prayer
That may God leads your way with a smile
And make life's journey for you worthwhile.

Happy New Year 2012.

Seema Chowdhury
New Year's Wish

Time is passing quickly and end of the year is here
So welcome it with open arms as new year is here
And send your love to those for whom we really care
And all who came to help when you needed them there

And be thankful to God for helping you in need
And for always being there to help you and lead
By letting you abstain from every bad deed
And nurturing within you a big kindness seed

And in this new year be ready to give your smile
To all those who are labouring in any pain or trial
And need a smile to brighten their day for a while
And a smile that'll encourage them to go another mile

And may this new year bring beauty into view
And give you everything that you're wishing too
And takes away your pain that makes you feel blue
And this is all my new year's wish for you.

Seema Chowdhury
Nice Things

This is all the treasure
That you can have and hold
So when you feel all stuck
In life's weather that is cold
Then wait for lovely spring
Because the world is full of things
That is nice and always new
And can bring you joys all true.

Seema Chowdhury
Night Of Dreams

Another night, another dream
Another fresh and bright beam

Brings to me joy and fun
Before the night is over and done

I wish may nice things of today
May stays with me forever in the way

And may all good hopes and faith
Stays to make me feel great

Because these fresh and bright beams'
Brings me another night of dreams.

Seema Chowdhury
Night Of Sin

If you suspect
Any kind of sin
In your life
Or
If you have committed any
In your way
Then
Don't hesitate
Just say sorry to god
And return to him
Before
The night of sin
Fall its curtain down-

Seema Chowdhury

Seema Chowdhury
No More Than A Smile

This world can be a brighter place
There can be built some nicer place

Only if the magic of laugh and smile
Are played for us in trouble's and trials

For smile is a balm that is ever healing
So smile when someone hurts your feelings

And remember dear if you want to survive
And live happily in this world's drive

Then no more than a faintly smile
Will carry your load for a while

And will free you from all distress and pain
Just like sunshine after rain.

Seema Chowdhury
No Words

No words I find
To answer my query
No way I see
To quicken or hurry
And follow the path
That can end
My anxiety and pain
And can mebd
The roads of life
That are pale
And for me
Feels like a jail
That is why I feel
More worried and lost
And feel this world
 Doesn't pay the cost
And that's why
I don't want to stay
Unanswered forever
In the rest of my days.

Seema Chowdhury
Noble Image Of Life

Do not accumulate
Little conflicts
And resentments
In the corner of your heart
Just learn to
Let it out
And relieve your stress
By feeling them
And then only
You'll see
The noble image of life
And you'll learn to find joy
In every new day
And celebrate the gift of life
And the present moment
With good memories
And learn to live fresh
Till your journey's end............

Seema Chowdhury
Noises Of Silence

Have you ever heard
The noises that're curt
That seems so wild
Like cry of a child?
Have you ever saw
The noises that draw
A line of tear
That is unclear?
Have you ever felt
The noises that melt
Your wishes 'n dreams
And leave you to scream?
Because these noises
Are the silent voices
That leaves you to face
Life's wild sketche's trace
And then no where
You find any care
Where you can stop
Noises of silence to drop.

Seema Chowdhury

Seema Chowdhury
Noisy Confussion

In this noisy confusion
Of life
I found
Restless souls
Broken dreams
Doubtful words
Fatigue fears
Distress imaginations
And lonliness...
Standing in the way
Of
every dawn
And every dusk
Bringing
Tears in my eyes

Seema Chowdhury

Seema Chowdhury
Noisy Tomorrow

From where I stand
I see ahead of me
Only
a noisy tomorrow
And
A dark cold day
Full of
Dead smiles
of
Thousand pain...

Seema Chowdhury
North Star

Find your North Star and follow it. Its brightness and shine will always guide you on the right path. It will tell you where you are heading and what you are looking for. Remember, if you are ever lost in the challenges of the world, your North Star will guide you and will lead you home.

Seema Chowdhury
Nostalgic Memories

The sweet 'n bitter taste of remembrance
Can brighten 'n spice up the day
For love 'n care that comes with it
Can spread joy's flower in the way
Because the pain of remembrance feels
Bitter with a touch of sweet
That brings to us so much joy
That it feels like a holiday treat
So that's why when I feel down
And don't see any pleasure's view
Then best thing that I can wish
Is to pray 'n just think about you.

Seema Chowdhury

Seema Chowdhury
Not Far From My Thoughts

You dear are
Very far from me
But
Not far from thoughts
Not far from dreams
And you can never be
far from my heart
Because
I love you
Uzair Baby, my sweet heart!!

Seema Chowdhury
Not Worth Stopping

In life's troubled journey
Sometimes I feel
So hurt
Because of
Cruel and unkind words
That I wish
To leave this world
And think
This place is not worth stopping
Because
Its an unlucky place
With
Unwanted and shapeless desire
Of living...

Seema Chowdhury
Note To A Special Friend

I'm sending a special note to you
With all these wishes that are true
Because dear friend you're very rare
And I want to tell that I do care
And today is dear your special day
I wish you enjoy it in every way
And I pray may god bless your heart
From where always kindness impart
For you dear friend are the light
Who always show me things that're right
And you always give me courage and hope
And hold hands when i'm suffering from mope
So today because its your special day
I wish nice things to stopby in your way
And sincerely wish these things that're true
And send a special birthday note for you.

Seema Chowdhury

Seema Chowdhury
Nothing Is Forever

Things will come and they will go
You'll find friends and some foe
Then why do you feel down or low
As nothing can stay forever you know

So when you find good things in life
Don't think it will alwys survive
Because nothing can always stay alive
As this is the rule of world's drive

So pick friends you think are for you
Trust and help them and be true
Because may be in a day or two
They have to leave without wanting to

Then don't feel it was unfair
To be given and then taken from there
Because this is the rule my dear
That you don't like but you have to bear

So look at the rose that blooms today
Brings beauty and promises to stay
But when time comes it can't say nay
It's over and it has to go away

Similarly joys and pain in your way
Will come to bring joy and grey
But don't let it take your trust away
Remember nothing can forever stay.

Seema Chowdhury
Nothing Is Impossible For Gracious God

Be patient and have deep faith  
Hold on tightly to the rope of hope  
Develop peace and inner happiness  
Show gratitude instead of complaining

Prepare for tackling challenges every day  
Have faith in God and He'll bestow blessings  
Sow the seeds of kindness and reap abundance  
Trust for nothing is impossible for Gracious God

He opens the doors that are full of blessings  
And He shuts the doors that are harmful to us  
So, listen carefully to your inner voice and hope  
Have patience and wait for God's perfect timings

Understand the passion and purpose of your life  
So, with the hope, you can brighten your own path  
Today, courageously turn the page to a new beginning  
And remember nothing is impossible for Gracious God.

Have a Blessed Weekend!

Seema Chowdhury  
December 16, 2018

Seema Chowdhury
Nothing Works Out

Nothing in life
Really works out
Because
The movement of events
Continue
Among the narrow folds
With
Spontaneous motions
And
Dramatic parts
That
Decreases my capacity
Of absorption
Day by day......

Seema Chowdhury
Novel Idea

I wish
If I can make a plan
That can color life
With bright hues
That can
Make everyone
Happy
And
Contented
And then
I can proudly call it
A novel idea
And
A rare treasure.....

Seema Chowdhury
Now Is The Time

Add a little more to your life
Learn new ways how to survive
And know that now is the time
So sing with it all its rhyme
And learn to give others the pleasure
And collect life's joys as a treasure
And know that now is the time
So sing with it all its rhyme
And know its a must to always wear
The charm of smile for a good cheer
And know that now is the time
So sing with it all its rhyme
And remember never to fall in gloom
Because pain is your life's perfume
And know that now is the time
So sing with it all its rhyme.

Seema Chowdhury

Seema Chowdhury
Nurture Your Dreams

Nurture your dreams
Nurture your thoughts
And see the joy
It has brought
For life is a show
Where it is rare
To get what you want
So remember this dear
And try for yourself
To get the best
In each life's tale
In each life's test.

Seema Chowdhury
Oblivion

There are so many memories
That I wish
I would have remembered
There are so many wishes
That I wish
I would have wished
There are so many desires
That I desire
I would have desired
But
I never did
Because
They were all hidden
In the oblivion zone
From where
I forgot to take them out....

Seema Chowdhury

Seema Chowdhury
Oblivion Memories

In old and distant future
When
Precious memories of the past
Drops in
Then let it knock
On mind'a door
To refresh the oblivion memories...
And then I feel fresh and bright
And see the warm and sunny
Side of life
And brilliant blue sky
Waiting to welcome me.......
Ocean Of Life's Lesson

Today I am standing
In this sully moment
With halting words
And a new sense of wonder
Watching my thoughts
Come and go
With empty hopes And surprises
Where nothing is making sense
Due to the heartache
That I'm feeling intensely....
Where unspoken resentment
Unmet expectations
Chronic frustration
And empty words
Are hitting me hard
And are filling
The ocean of my life's lesson
With tears and more tears....
Its not letting me move forward
Because I'm chained tightly
To the dead weight of past emotions
That is anchoring my troubled soul...
And this disappointment
Is leaving me behind
And forcing me to do
The unpleasant task of
Squashing, crushing and pinching
Life's sour lemon.........

Seema Chowdhury
Odd Moments

Don't feel bad
In the moments odd
Don't feel stuck
When trouble's chord
Extend its rope
And makes you cry
And all sorts of
Trouble's high
Seems to be
Spread in the way
And hiding th sun
Under its bay
Just hang in there
And with faith
Hope for the best
And feel great
And look only
To the gracious god
For he knows how to
Even your odds.

Seema Chowdhury

Seema Chowdhury
Offer The Hand Of Friendship

Believe in God's true friendship
And offer the hands of friendship
And love all your fellow being
And lend them shoulders to lean
Because God loves all of them
Who stick to his prayers hem
Who call out only for their God
Who is the creator of sea and the sod
So when life seems bitter and hard
Then lay all your trouble's card
And ask God for his helping hand
And know that he surely understand.

Seema Chowdhury
Offer Your Help

Offer your help in any way you can
learn to live like a brave man
And see how and what kind of plan
You can make to drive your own life's van

For its not always easy to see life's view
That is free of all mope and blue
And is bright and colorful and new
And is filled with all lively hues

So when you feel little down and slow
And see that you are standing in the row
From where your life doesn't glow
Neither let you move with the flow

Then sit back and relax for a while
And let your heart sing and smile
And don't care for the trouble's pile
Then you'll learn to handle all in your style.

Seema Chowdhury
Offer Yourself To Life

As the years follow on
Wake up to your life
Take a moment
To collect your thoughts
Your dreams and your hope
And be ready to embrace
New challenges and depths
And calculate the best route
To arrive at your destination........

Just reach out
And offer yourself to life
With a huge hug
Embrace the promise of hope
With Passion and love
For life is an active journey
Where we need to put a smile
And take doses of inspiration
To feel the love and fullness
To heal our mind, body and soul........

Love you Sadaf, take care.

Seema Chowdhury
Oh God Of Many Names

Oh God of many names
I need to be heard and understood
I need your love and gentle touch
And your gracious care's hood

The events of my life now
Have turned my world upside down
And the moments of deep unrest
Is blurring my vision's crown

I want your understanding hug
And want you to unlock the meanings of life
I want the door of my heart
To get peace and faith's drive

And wish to mend this broken
World of mine with joy
Where I can see the colorful sky
And see magic appear to enjoy

Oh God of many names
Allow my heart to bloom
And take away all my pain
And fill it with happiness perfume

And give peace to my soul
And all who are near and dear
And swap their troubled life
With the magic of care and cheer.

Seema Chowdhury
Oil Of Joy

without delay my dear
Enjoy oil of joy and care
And add in your lovely life
Happiness and fain drive
And in your old sights
Try to stock a bright
And a familiar roar
Of joy and pleasure more
And in this warm sunshine
Try to drink the wine
And add the oil of care
Without any delay my dear.

Seema Chowdhury
Old Disappointments

Let old disappointments
Be the thing of past
And let it be swapped
With the little dream
Of hope and wishes
Where each moment is
Blessed with
Love
And care
And
Every wish is granted
With faith--
For life's disappointments are
Like
A Quick mud
That pulls you in
Deep inside
From where
You cannot come out.............

Seema Chowdhury
Ominous Signs

Today's unexpected event
Have paved a way
For ominous signs
Of unrest
And
Agitation
Where
Tranquil moments
New hurdles
And
Darkness
Spreads across
And a hollow voice
Of deep sorrow
Is ringing in the air
And
Is forcing me to
Pass through
The valley of sadness....

Seema Chowdhury
Ominous Silence

The
silent thoughts
That I heard
From
The core of my imagination
Opened the door
Of
Fears and doubts
Where
Silent pillars
were standing still
With a huge burden
Of
Hushed and ominous silence.........

Seema Chowdhury
On Life's Highway

I waited to see you dear
I waited for that drive
Where you can take me with you
On the highway of my life

I waited to see your smile
I waited for that drive
That can take away tears
From the highway of my life

I waited for your love
I waited for that drive
That can free all the burdens
From the highway of my life

So with you I can spend
Rest of my pleasure's drive
Under the shade of your care
On the highway of my life.

Love You Sunny

Seema Chowdhury
On The Horizon

We all walk on the same path  
But our destinations are not the same  
We all lead the same life  
But our goals are not the same  
We all have the same drink  
But our thirsts are not the same  
Its all because the way we view  
The changing scenes of life  
Are surely not the same dear  
On the horizon where we survive.

Seema Chowdhury

Seema Chowdhury
On The Huge Highway

Find your way around
On the huge highway of life
And learn to say goodbye
To enormous problems
And walk towards healing
And block your pain signals
And find how to explore new venue
Where you can watch actions unfolding
So you can enjoy your journey
Into the beautiful world......

Find your way around
On the huge highway of life
And know that this is an open world
Where there are all sorts of destination
Where we can travel in various directions
And access the roads in different ways
To reach towards healing
By blocking pain signals
To explore lively venues
To watch life unfolding......

Find your way around
On the huge highway of life
And let go of thoughts
You have been holding on deep inside
And refresh memories of memorable moments
And perk up your dull life
And don't hide your feelings
Just walk towards healing
And explore your world around......

Seema Chowdhury
On The Journey Of Learning

1. This is just the beginning of the journey of discovery and learning.

2. There will be some smooth and some rough patches.

3. Make the best use of every opportunity that comes your way.

4. Prioritize your tasks and accept challenges to grow.

5. Have a clear vision in your mind of what success means to you.

6. Appreciate what you have and change your way of thinking to stay positive and motivated.

7. Manage yourself well and develop a self-care and growth plan.

8. Be confident and learn to control your emotional responses to have successful outcomes.

9. Be open, honest, strong, and positive with a strong sense of hope and inspiration.

10. Be assertive, improve your critical thinking and contribute to your success on the journey of learning.

Seema Chowdhury

October 31, 2017

Seema Chowdhury
On The Move

I want to be on the move
On the move of life
Where gets no more of troubles
And there pleasure survive

I want to be on the move
On the move of happiness
Where gets no more of troubles
And no more of any stress

I want to be on the move
On the move of peace
Where gets no more of troubles
And there is the life of ease

I want and wish to be
The source of all delight
Who can take away the pain
And with smile make things bright.

Seema Chowdhury
On The Sea Shore

I can hear
The wind blowing
on the sea shore
And
Singing the song
Of his life
For
The tides
To listen and learn
The ups and downs
The dawns and the dusks
The evens and the odds
And
The good and bad
Of
Every blow of life.....

Seema Chowdhury
On The Track Of Life

Start off your day with prayers and hope
And come to terms with your challenging life
Enjoy every moment and be the echo of faith
Look at life's continuum and try to survive

You are blessed to have family and friends
Who are there for you to share joy and pain
Who come forward to hold your shaking hands
And show their happiness for your smile and gain

There are many questions in your confusing mind
Which don't have answers that you want to hear
Where your emotions are running deep and high
And the ebb and flow of life are difficult to bear

Do not give up or lose your faith and hope
Do not feel so confused, lost or ever alone
We are here for you to hold you beloved mom
To hug and kiss you in your comfort zone

I wish and pray for luck, peace, joy and serenity
And I know what you are really going through
I can see you are deeply stuck in your distant past
And you face many challenges those make you blue

Just know we are all here to hold your shaking hands
To warm up your heart and soul with prayers hue
And help you to comfortably reach your finish line
On the tracks of your life like a winner in God's queue.

***Written for my beloved mother who is suffering from Alzheimer***

Seema Chowdhury
On The Way To Success

1) Define and clarify your goals and be enthusiastic about achieving them.

2) Don't waste any time stressing or procrastinating. Manage your time wisely and efficiently.

3) Organize your life and concentrate on most important things in life.

4) Plan your day and break larger work into smaller steps. Get work done quickly and productively.

5) Stop multitasking; focus your attention on one thing at a time to be more effective.

6) Work in a comfortable and an organized environment and follow a strict routine to be successful.

7) Find your high-energy time frame and do most important work during that time.

8) Identify your passion and see what motivates you to work. It will help you to be successful and live a better life.

9) Learn to use important tools, empower yourself and learn to delegate. Prioritize your work and be on top of things.

10) Be responsible, accountable and always challenge your limits. Don't worry about the road bumps; overcome them one by one on the way to success.

Good Luck!

Seema Chowdhury
May 26, 2018

Seema Chowdhury
On The Wings Of Hope And Dream

There's a magic in everyone's life
There's always a better way to survive

If only you learn to enjoy faith's cream
And fly on the wings of hope and dream

For life is a lesson of faith and joy
Where we all learn to enjoy

And learn the hard lessons of life
And how to accept fate to survive

And when we fly on the wings of hope
We learn to overcome our mope

And learn how to drink from the blessing's bowl
And fill in deep inside the empty soul

And know that this is life my friend
Where roads will be straight and also bend

And we'll all be asked to cross it to survive
And that's the real meanings of our entire life

So we must learn to enjoy our faith's cream
And fly on the wings of hope and dream.

DEDICATED TO MY ELDEST SISTER SAMEENA MANSOOR.

Seema Chowdhury
On The Wings Of Time

On the wings of time
We are like passengers
On an amazing journey
Where we must stay open
To the possibilities and surprises
To find solace and peace
In the wonders and puzzlements of life.....

Where tough questions require tough answers
And we learn to reestablish faith
To enjoy the crisp air,
Golden afternoon,
And a bright sunshine
To embrace the Sun's warmth
To impose rhythm in our lives........

Where a tender smile can help us to run
On the roads in the drizzling rain
To calm our world of cruel words
And carry the weight of pain
To learn the cost of our lives
On the wings of time........

Seema Chowdhury
On This Frenzy Land

I heard my thoughts
Talking to me
I heard them all
Praying to be free

When I felt lost
In this frenzy land
That waived my hopes
That I wrote on the sand

And then I realized
That It was all vain
For life covers both
Path of joy and fain

So I must accept
All of them
As God's bliss way
And as life's gem.

Seema Chowdhury
On Top Of The World

I wish if ever in life
I can reach the point
Beyond which lies another world...

I wish if ever I can find
The path
That can take me
To the peace land...

I wish
If ever I can
Enter in such a gate
That can take me
To hope and luck

With the help of which
I can
Achieve the point of satiety
That can take me
To the ride
On top of the world......

Seema Chowdhury

Seema Chowdhury
On Your Door Step

Hear the opportunity knock
That hits door step like a rock
And open at once the gate
And don't stand there or wait
For once if you'll lose the chance
Then it won't come again to dance
On your door step, so let it in
And find its place 'n let it pin
Its own way through your life
To teach you how to joyly survive.

Seema Chowdhury

Seema Chowdhury
On Your Engagement

I'm so glad to hear your engagement news
Now your life will be full of lively hues

Where someone will be present to share
Your smiles, trouble's pile and your tears

Where surely abundance of kindness and care
Will be found for you everywhere

And the bond and true shadow of love
Will be send for you from heaven above

Because it's a knot that ties you together
And bloom flowers for you to gather

Because its a feelings that grow stronger
As you live with loved ones much longer.

CONGRATULATIONS! ! !

Seema Chowdhury
On Your Special Day

Wake up early morning for your special day
To see things wishing you well in their ways
And telling it's your day so don't be sad
And do all things that'll make you glad

And bright sun rising and wishing you well
By giving you happiness that no one can sell
And telling its your day so don't be sad
And do all things that'll make you glad

And small feathered creatures singing youi a song
That today is your birthday so nothing can go wrong
And telling it's your day so don't be sad
And do all things that'll make you glad

And blooming flowers spreading its fragrance for you
To wish you happiness that surely is true
And telling its your day so don't be sad
And do all things that'll make you glad.

Seema Chowdhury
One At A Time

Take things one day
At a time
And try to flow
With this world's rhyme

So everything will
Look good and bright
And appealing to
Your own sight

And never ever
Do anything
And learn to follow
This world's ring

Where joy comes
After pain
And a sunshine
After every rain.

Seema Chowdhury
One At A Time - Life

Cruising the aisles of life
With an eye on tomorrow
With long and old memories
I found myself
Tangled in a web of restrictions
Changing lanes rapidly
Before the final stop......

Where key moments of truth
And every phrase of the process
Appeared one at a time....

Where I created
My own life's lesson plan
And collected new ways
To deliver positive messages

Then I explored the dangling pictures
With the rotating images
And learned to stop complaining aloud

And moved deeply
Towards the positive waves
That makes up the prime Ingredients
For life to happen
One at a time.........

Seema Chowdhury
One Brief Day

Days are filled with
Excellent beauty
With some strangeness
That fills it all
With its mystical magic
Like amazing sunrise
Sweet songs of the birds
Whisper of the soft breeze
Roaring of the waves in the deep sea
Soothing call of the crowded shores
Miraculous bloom of the flower
Astonishing sunset
And magical shining North Star
All speak to us in their own language
With their own meanings
That makes the whole world
Wonderland of dreams
For us to enjoy in a brief day
And discover its hidden beauty
And layers of mystery
In one brief day
To inspire Our hearts and soul....

Seema Chowdhury
One Day

One day I'll leave
And will go very far
From this weird world
To touch the shining star

That I usually steer
Standing in my room
From where it looks like
Pretty flower in its bloom

It seems as if its smiling
And calling me to come
And watch this life's game
Where we lose and gain some

So whenever I look at the sky
I ask my gracious God
To bring that moment quickly
Although my wish seems odd.

Seema Chowdhury
One Day At A Time

Don't rush or miss the rhyme
Take one day at a time
So you will learn in your way
To look with hope for the day
For life is joy and life is sorrow
Where always comes the morrow
Which holds in it so much to
Look at and smile dear too
So learn to flow in life's rhyme
By taking one day at a time.

Seema Chowdhury

Seema Chowdhury
One From The Heart

Your words are the balm
That soothes my pain
Your deeds are so kind
From which I gain
Pleasure and joy
As it takes away
All my burdens
And troubles that sway
I wish you luck
And a bright start
And that is my wish
One from the heart.

Seema Chowdhury
One In A Million

Whenever I think of you
I always have a view
That is a pleasing sight
That makes things bright
And that is why for you
I hope with high views
That may flowery be the road
Where no troubles load
Comes in ever in the way
To spoil any of your day
And that's why its true
And proudly I say about you
You're one in a million dear
For whom I sincerely care.

Love you baby Danny.

Seema Chowdhury
One Life

Bad times for everyone
With troubles and more
Comes in this life's run
And are gathered in the store
Where agony is waiting
To be picked by you
Where all scenes are
Filled with view blue
I wish if I could
Change it all
And make it a better
Place to call
Where distress and troubles
Are chained behind bars
So life can live
Between peace stars
And give everyone
A chance to survive
As they wish to be
In this one life.

Seema Chowdhury
One Moment Please…..

One moment please
Give out from your life
One moment please
In busy day that survive
Take out some time
To pause and see
What life has to offer
To you and me

One moment please
Just stop and look around
The wonderful blessings
God has spread on the ground
For all of us to discover
That are hidden in the layers
Of this enormous earth
That is bright and fair

One moment please
From your busy time
Take out to enjoy the smile
Of your loved one's rhyme
And remember that this moment
That will pass us by today
Will never come back
To us in our way

One moment please
Take out my dear friend
And thank God Almighty
For the blessings he has sent
And look at your loved ones
And tell them how happy you are
For being with us here
Shining like a star

One moment please
Give out from your life
One moment please
In busy day that survive
Take out some time
To pause and see
What life has to offer
To you and me.

Seema Chowdhury
One More Day

Add one more day
Of joy in the way
And do good things
And bring the spring
And learn to smile
All for a while
And learn to start
Happiness in your heart
Then joy will save
And will make you brave
And will teach you
To face trouble's dew
And this will narrow
Your path of sorrow
And then in your way
You can add one more day
Of joy and smile
All for a while.

Seema Chowdhury
One Of Those Days

Some smiles, some tears
Some sorrows, some cheers
All add up in one way
And make a perfect day
But sometimes it is true
It happens with me or you
That more are our sorrow
That shows no bright morrow
That makes us very sad
And in heart we feel bad
And everything looks blue
And nothing good is to view
And we think it'll never end
And road will be all bend
But then it all ends dear
Showing us a morn of cheer
And then we forget all bad
And get busy in life's ways
And forget about one of those days.

Seema Chowdhury
One Perfect Moment

Take a moment to dive into
The world of wonderland
And see beyond life's limitations
And allow joy to be your guide
And pay attention to life
And learn to move away from pain

Open all the good that exist in the world
And uplift your soul by love
And take a forward step
In the staircase of faith

And let your dream take a flight
So you can see the magical illusion of truth
And pave the way
To the future
And release the past
And enjoy one perfect moment
To read aloud
This complete and shining lessons of life

Seema Chowdhury
One Step At A Time

Ride out the hard times
Until the good times return
Learn to appreciate
And mingle together
Don't bury your soul
When everything seems complicated
Learn to listen to yourself
And progress in your way
Look for the comforting words
To console yourself
And take one step at a time
Towards life...

Learn courage
And know it comes from inside
Your heart, mind and soul
Live from inside out
And fill the gaps
In your most unhappy times
And learn to spin
And take one step at a time
Towards life...

Remember
That only God answers our prayers
And He is a source of life and grace
So stand at his door and knock
And trust in his love and have faith
For only He can wipe your tears
And hold your hands
And bring you close
And help you to take
One step at a time
Towards life...

Seema Chowdhury
Only Compromises? ? ?

Is that true
In life's queue
We have to see
Nothing free?
For everything
Is a moving thing
That only stops
For a final drop?
And compromise
Is only wise
And always decline
of wishes is fine
I wish if all
Answers fall
In negative slot
Of life's cot
So I can hope
And not mope
And start once again
To find path of fain.

Seema Chowdhury
Only If I Was...

I would have flown very high
To touch the nice shining blue sky
And would have reached the bottom of the sea
In search of joy for me and thee
Only if I was a bird with wings
I would wonder around and cheerfully sing

I would have played on the peak of hills
with buds and bows and grass until
I was tired enough to take some rest
Between the glens in my flabby nest
Only if I was a nightingale
I would sing around the hills and dales

I would have walked inside the park
To hug queen flower of dark
And would have kissed the butterflies
Who roam around before my eyes
Only if I was a cuckoo of spring
I would stay around the lilies ring

I would have built my dwelling place
Beneath the palm among the pace
And would have slept never to wake
Where flowers sway beside the lake
And only I could have done all these
Of I was a sparrow of love and peace.

Seema Chowdhury
Only If You Believe In Yourself Beautiful!

You can win the whole wide world
You can realize your lovely dreams
You can face many life's challenges
And you can color your life's beams

Only if you believe in yourself Beautiful!

You can climb the mighty mountains
You can conquer dark and deep sea
You can touch the high blue sky
And live among grass and trees

Only if you believe in yourself Beautiful!

You can enjoy the colorful sunset
You can get through impossible bars
You can be the shining bright rainbow
And can become the glorious stars

Only if you believe in yourself Beautiful!

You can earn lots of honor and respect
You can empower all with your smile
You can bring light where its darkness
Because you're the winner and versatile

Only if you believe in yourself Beautiful!

God has made women very strong, brave and versatile. She can color the sky with her care and smile. She can hold the pillars of the world with the power of her determination and prayers. Be proud of your existence and know you are the most important creation of Gracious God.

Happy Women's Day Beautiful!

Seema Chowdhury
March 8, 2017
Only One Chance

Only
If one chance
I can get
To go back
In the river of no return
I'll undo things
I've done
And
I'll erase everything
That was pinned by me
To
Find happiness and satisfaction
For myself....

Seema Chowdhury
Only To God

Only to YOU I can talk
When road of life is block
Only infront of YOU I can cry
When there is pain and sigh
Because you are my Lord
And my dear God
For only you know what is true
And what I am going through
And what I wish today
To get rid of troubles way
because you are my Lord
And my dear God.

Seema Chowdhury
Open Ended Query

Life is an
open ended query
Where everyone
Is in hurry
To get the answers
And reply
Of their questions
That do lie
In their minds
And in their lives
In which they are
Bound to survive
But don't rush
And know its true
Life will answer
Back to you
So hang on and
Wait for your turn
In this life that is
River of no return.

Seema Chowdhury
Open New Doors

God please for me open the door
In which I have never entered before
And give me your faith to taste
So I can say I feel great
God please give me your hands to hold
For right now I am feeling cold
As cool breeze of mistrust and doubt
Is leaning against my life's route
I don't want to lose my hope
Neither want to fall for mope
I just wish to enter with faith
In your kingdom so open your gate
And give me one more chance to hold
Your warm hands in this period so cold.

Seema howdhury

Seema Chowdhury
Open Road

Life is an open road
Where you've to carry load
And live up here with mope
Without options or any hope
So donot feel lost in the stars
Or away in darkness far
Just try to somehow with fain
Learn to repair your pain
And find reasons to survive
And live abetter life
For this life is a shift
And is a Giver's gift
So do not let it go in waste
Stick with hope like a paste
And learn to carry load
In this life's open road.

Seema Chowdhury
Open Sunshine

Come out of darkness
Into
The open sunshine
Where
Each episode of depression
Is
Over hauled
With
The cool breeze of pleasure
And
A reason of hope
In despair.

Seema Chowdhury
Open The Door Of Happiness

Get up early in the morning
And go out for a walk
Then reach to joy's gate
And with charm at there knock

Then open the door with love
And enter in it with joy
And find a pleasure's seat
And sit there without coy

Then do what you want to do
And work there for a while
And spend your whole day
With fain, delight and smile

And when night's curtain falls
Then come out of this door
And lock it with ease key
With the hope of comfort and more.

Seema Chowdhury
Open Window

Outside the open window
There are
Breeze and clouds
Hot rays and sunshine
Flowers and thorns
Hills and plains
Smiles and tears
Spread everywhere
Now
It is what i see
That counts-

Seema Chowdhury
Opening Statement

Have a big smile on your face
And start afresh
Play your life like a game
And celebrate it along the way

Gear up for new challenges
By rediscovering the strength and faith
And unfold new horizons
To rejoice in simple pleasure

Instill fun and excitement into life
And prepare yourself for real world challenges
So when it is time to write the opening statement
You can spotlight your abilities

Just keep hope within arm's reach
And make sure you are on the right track
Don't let doubts nag, linger or trap
Keep things clear and fresh

Explore additional possibilities
And when it is time to write
Opening sentence of life
Discover the depths of unseen and invisible

And learn to dodge
Sorrow, misfortune and suffering
And rediscover a new beginning
To celebrate life along the way....

Seema Chowdhury
Opportune Moments

Life is like a river of no return
Where just once you get a turn
To do what you want to do
For anyone for whom your love is true
For opportune moments exist very few
In which you show you love them too
So avail each moment that you get
To show loved ones your love set
That also includes kindness and care
For someone who's special and dear.

Seema Chowdhury

Seema Chowdhury
Optimistic Spirit

When your thoughts rolled troubled 'n grey
And nothing comes in to help in your way
Then with hope try to be calm
As it heals your wounds as a balm
And know that optimistic spirit is a magic
That helps you out to overcome your tragic
And give you pleasent surprise to share
So you feel happy, contented 'n fair
And know that all you need is a light
A light of optimistic spirit very bright
To brighten up your way and your day
When troubled thoughts all rolled in grey.

Seema Chowdhury

Seema Chowdhury
Ornaments Of Life

You came as a bliss
From heaven above
With joy and pleasure
With care and love
God has sent you to us
As a source of mirth
And you have filled
With smiles this earth
You're lovely dear,
And a lovely darling, sweet heart
You play an important role
In our life's part
You're a precious ornament
And a rare gift of life
And you're a blessing dear
Under which we survive.

Love You Samia

Seema Chowdhury
Other Side Of The Spectrum

I am standing on the other side of the spectrum
Trying to analyze all that is happening
And creating a new philosophy of being happy
Where passion runs very deep and high
And brings with it complete sense of fulfillment
So I can learn to relate to my inner self
And lighten my burden to find beauty
Even in life's simplest things from inside out.....

I want to live with incredible sense of peace
Where I can load and unload my inner strength
And save myself from agony and distress
And seize every opportunity to feel safe
To lighten my burden and clear the path
And shun things that frustrates and mingles
So I can sit peacefully and celebrate being myself
With the depth of my heart and soul from inside out....

Seema Chowdhury
Other Side Of The Veil

I don't wish to uncover
Neither
I want to expose
Or even see
What is hidden
Under the rosey veil
For I do fear
That life may be chilly and frigid
If
Its seen from
The
Otherside
Of the veil...

Seema Chowdhury

Seema Chowdhury
Others Look To You

When other look to you
For help and for love
Then give them sahre of
These gifts in hard curve

And know that everything
That is given to us
Is a part of God's love
And a string of his trust

So help others whenever
They look to you in need
And show them your love
And the kindness deed.

Seema Chowdhury
Our 1st Anniversary

A marriage is a special
And a rare bond
That brings two people
Very close in the pond
In the pond of joy
Love, care and smile
That goes a long way
Very far away miles
And today I'm happy
And proud to tell its true
That on our 1st anniversary
I'm thinking about you
And all other nice times
And things that we have shared
that always showed me
How much you really cared.

Seema Chowdhury
Our Generous God

When troubles come in our way
We feel very down, blue and grey
And think God wants to keep us away
That is why he is sending trouble's today

But this is not right and one more thing
we usually forget that is life's ring
Happiness is only the interval between
The phases of troubles that're extreme

So in such a time we must not cry
And bravely should face and try
To overcome our pains with smiles
And hold strongly this bar for a while

Because God knows we are his own
So all our agonies to him are known
He just tests us for a little while
Then reward us in his own style

And we must always keep in mind
That God who is caring and kind
Put us in test to give his reward
Because he is our generous God

So we must not mope in a time like this
Or else this gold opportunity will be missed
When we can talk with God in prayers
And he bestow his blessings to show his care

Because god wants us to search the code
A code that cn lead us to the happiness road
Where we can overcome our pain with smile
And hold strongly trouble's bar for a while

So when trouble comes in our way
We shouldn't feel down, blue or gray
And should know that God will give us reward
Because he is our generous God.
Our Song Of Friendship

Thanks for your friendship and love
Thanks for your care all above
Thanks for sharing my smiles and tries
And thanks for wiping tears when I cry

You are my best friend for life
We hold our hands and try to survive
All good and bad days of sigh
For we're bound in a beautiful tie

I wish and hope the best for you
You mean the world for me and that's true
The world that we have built together
With purity and patience and peace feather

I hope we always respect and love
Each other's views and feelings all above
And understand and appreciate what we do
For each other to show that our love is true

I hope we can happily fulfill our dreams
And moisten our lives with happiness cream
And always be there to sing our song
Of love and care and for friendship long

I enjoy our sweet whispers and smiles
I enjoy when we share long walk for miles
And pray to God to protect us dear
With never ending shade of love and care.

Love you tons Sunny, Happy Valentine's Day

'When I tell you I love you, I don't say it out of habit,
I say it to remind you that, You are the best thing
That ever happened to me' Anonymous

Seema Chowdhury
Out Of The Blue

Out of the dark
Out of the blue
I saw you
And had a view
Of a sincere friend
Who is dear
Who shows in her way
That she cares
And that is why
I feel very good
To have you dear
In life's trouble's hood
On whom I can depend
In a fall or in blue
Who'll not let me down
And will show a brighter view.

Seema Chowdhury

Seema Chowdhury
Out Of The Middle

We are all given
The lower and upper limits
To create our own patterns of life
So always choose bright and cheerful colors
And learn to smile through your tears
And write happiness in bold letters
So when you're deeply hurt
Or if you feel lost and alone
Then you can withdraw and retreat
In your own world
Till you gain strength
To unlock the gate of happiness
To find answers of your lost questions

Just don't give up
Open the door of hope
And shut pain behind you
So you can step out
Into sunshine to begin anew
Perk up your sagging spirit
Renew your hope
So you can once again draw
The lower and the upper limits of your life
And create your own unique pattern.....

Seema Chowdhury
Outlook Of Life

Life has many twists and turns
And it is difficult at times
When we only see broken paths
And gray sky above us
With no silver linings
And the clouds of doubt are deep
And everything looks dull
At that moment...

Just be brave
And take a leap of faith
And change your outlook of life
For life is a game of chance
So give it a try
To dream and discover...

And learn to canoe your boat
In the midst of the storm
So you can learn
To believe in yourself
And your achievements
And above all
Your most courageous decision
To change your outlook of life...

Seema Chowdhury
Connect yourself  
With the outside world  
And take time to be quiet  
Where  
You can learn to redefine  
Your concept  
And  
Your expectations  
And  
Try to build a world around you  
Without problem and pain  
And  
Trust yourself  
To reduce your stress  
And  
Breathe love out into the world  
And remember  
In times of crisis  
Don't let fear of striking out  
Hold you back  
Just let go  
Of negative ideas and feelings  
And move forward  
Towards TODAY  
And search deep  
In the layers of life  
For a moment  
That is filled with  
YES and POSSIBILITIES  
And then only you'll learn  
To give voice  
To your dreams  
Vision  
Idea  
And  
Thoughts......
Own Reflection

Sometimes I feel Stuck
In the
Whirlwind of life
Trapped inside
A huge
And an ugly twister
Where pitch black
And dull greys
Are throwing colors
On the barely visible exit
And then
It takes me deeper
Into the world of
Wildest
And fascinated
Imaginations
where
Its hard to recognize
Even my own reflection-

Seema Chowdhury
Own Rhyme

March to your own rhyme
In this world's frenzy time
And look for your turn
From this world to return
For life is very small
With full of rise and fall
Where nothing comes to an end
Without cracks of the bends
Because end of one thing
Is a start of another ring
Where one by one we go
And attend our part of the show
And then when time is up
And no drop is left in the cup
In the cup of our life
Where we all survive
Then we have to leave it all
To say bye to this world small
And go forever to sleep
In the peaceful sleep very deep.

Seema Chowdhury
Own Your Life

Own your life and don't live in fear
Let go of your past and be free dear

Find meanings and purpose of your life
And learn here to joyously survive

There are infinite possibilities of hope
So learn to work it and gradually cope

With the road of life that is bitter and hard
And is given to us like a pre written card

Believe in the magic of belief and faith
And enter courageously in hope's gate

To live a better life to brighten your day
And enjoy beauty in an inspiring way

Open your heart and mind in this life
So you can go on with beautiful drive

Make everything a gift of pure joy
That uplifts your spirit and heart's joy

Have a blessed day and live with peace
Own your life and enjoy happiness lease

Find meanings and the purpose of your life
And leave here to joyously survive

Seema Chowdhury
December 13, 2016

Seema Chowdhury
Own Your World

1 - Own your world and trust your soul to guide your way

2 - Build your road to the future and seek to find comfort in an unfortunate situation.

3 - Time is a gift so re-evaluate your life and wrap up your head around all that is happening.

4 - As your strength grow, give back to others and walk on the path forward.

5 - Embrace true values and take some time for self-reflection.

Seema Chowdhury
December 11, 2017

Seema Chowdhury
Paddle My Own Canoe

I fondly recall the moments
I've spent with you Sunny
For you are the love of my life
Who's sweeter than honey

You've shown me the brighter side
Of everything in this life
You're the main reason dear
From whom I've learnt to survive

You have taught me to paddle
My own canoe in storm or calm
From you I've learnt my dear
How to put on hurts, love's balm

You're full of life and energy
And I love to recall my honey
All the nice times we've spent together
For you're my dearest friend Sunny.

Seema Chowdhury
Painful Affairs Of Life

Lower the walls
That you have built around you
And
Don't shut other people
Out of your life
Or else
You'll be left alone
To face bitterness
And painful affairs of life
Single handed
That will
Ultimately break you.........

Seema Chowdhury
Painful Blame

Nothing to me now looks the same
Or may be because I don't know the game
The game that all of us play
By making castles in the clay
That never ever my dear survive
And this is what is known as life
The life where I never see
Anything from painful realities free
Realities like the measureless thorns
That in our lives are born
With the birth of this life's game
That usually ends on a painful blame.

Seema Chowdhury
Painful Sound

I wish
If today's sunset
Can subside
And can put an end
To these painful sounds
Of wailing
And mourn........

For it is
The calculus of
Reward and punishment
In this world
That we all face
Day by day......

Only if we learn
To see
That life is NOW
Then we'll be able to
Search
For the exciting reasons
To LIVE
And
Make plans for HOPE............

Seema Chowdhury
Pain's Bite

When dawn was old
And days were light
When dusk was crying
And not shining bright
When sky was sad
With no pleasure's delight
And stars were twinkling
With fear and fright
When trees were moving
To and fro in white
And everything was down
Not cheerful or right
Then I thought of you
And missed your love's light
And wished you fain
For your days and nights
Because you were away
Absorbed in work tight
And you could not hear
My cries of pain's bite.

Missing you sunny

Seema Chowdhury
Pain's Tart

There are no edges
In quiet days and night
There are no curves
In troubles that are white
Because they begin
With a late start
And end in distress
Full of pain's tart
So don't keep hopes
That are very high
Or else you will fall
From hope's sky very high.

Seema Chowdhury
Paint Our Lives

I want to paint our lives
With rich colors
And fill it with fragrance
Of fresh Spring and Summer
And enrich our faith's journey
As days turn into weeks
And weeks into months...

I wish to have a rewarding life
Where we can walk the high road
In the light of hope and love
Where we can be satisfied
And can give a speech of hope
After heaving our burdens
Onto the overhead rack of life...

I wish to withstand the journey
In times of joy and sorrow
And rejoice with us
In the moments of celebration
On the winding roads of life...

I hope as our wings of faith become stronger
We can make vivid memories
In this passing world
And share the sound track of our lives
With a new burst of energy and sunshine...

Seema Chowdhury
Paint With Words

Kindness is a word
With which we can hue
The days and the nights
Of the life view
\And can spread love
And care for all
Even if its a tiny
Or an act small
So avail this little chance
That has come in your day
And with an act of kindness
Paint with words the way
The way of our lives
Where we have to survive
And colour with bright colours
The pathway of this life.

Seema Chowdhury

Seema Chowdhury
Palace Of Clouds

In the palace of clouds
Where there are doubts
Among them I stay
From day to day
Where I cannot lift
Or can ever shift
Anything from its place
For they are fixed in pace
i wish to come out
From this palace of cloud
And live under the sun
before my life is done.

Seema Chowdhury
Paralyzed Life

Paralyzed by fears
Drinking doubt's beer
With hazards unseen
And people all mean
Myself I saw
Stuck in the law
Of the paralyzed life
Where I survive
Where down the road
Only trouble's load
Is waiting all sick
For me to pick
And dazed silence
And pain's violence
Are spread over all
On empty ways of hall
That is known as life
Where I'm bound to survive.

Seema Chowdhury
Parents Loving View

When you feel down hearted
In life's rack
When you need a hearty pat
On your back
When you need a loving
Shoulders to cry
And you feel tired of
Again and again try
Then turn around and hear
To your parents loving view
Who always with a smile
Says we love you.

Seema Chowdhury

Seema Chowdhury
Part Of Life

You are a special part of my life
Without which I feel incomplete to survive
For you gave me a reason to think
That now we're bound in a special link
That is connected with a special chain
Of love and affection and care and fain
And thats why you're a part of me
Without whom I can never be
Called a person who is complete
Because for me you're a special treat.

Seema Chowdhury

Seema Chowdhury
Part Of You

Make an honest smile
A part of you
And always with others
Be nice and true
For a smile really works
As a healing balm
Which soothes all the pain
And makes everyone calm
So always be ready
To give away a smile
To anyone wondering
In pain for a while
So you can be
Happy in your heart
And can have a reason
To learn this art.

Seema Chowdhury

Seema Chowdhury
Participate In Life

Don't stack up problems or dwell on them
Learn to deal and move on
For life constantly throws curve balls...
Don't get lost in it
Build a fulfilling life
And get back in touch
With your inner self and strength

Review, relearn and rebuilt
Foundation for happiness
And invest in yourself
To learn to get through a rough path
And create new things in life...

Move through fear, anxiety and emotional blocks
And don't get blown away or thrown off the track
Just know yourself
And change your thoughts
And follow the direction of the wind...

This will increase joy in your world
And look for opportunity to do so
And participate in life...

Seema Chowdhury
Pass It On

If life has taught you
A thing or two
Then let it be shown
To others too
For all small things
That you get in life
Teaches you few more
Art to survive
So live and learn
And pass it on
And try to show
Others bright morn.

Seema Chowdhury
Pass Life's Test

when everything seems
Grey, dull and blue
And you don't see
Any hope's hue

Then try to burn
The candle unlight
And look and wish
For hope's sight

And know soon will
End despair
That will wipe
Your flowing tears

And then this will
Be for the best
And you will learn
To pass life's test.

Seema Chowdhury
Pass On Kindness

Give kindness to all to show them you love
And tell them that kindness is a symbol of dove
Then Lord will send his blessings and love
Especially for you from heaven above

For kindness is a language that a blind eye can see
It unlocks every heart and works as a key
So you don't need to open your eyes to see
As this gift is for everyone like you and me

And kindness is a song that a deaf ear can hear
No matter wherever they are either here or there
And anyone in need has a right to hear
A few words of sympathy to know others care

So kindness given is always returned to you
believe me dear because that's really true
So once its given don't keep it just for you
Pass it along because that's the best thing to do.

Seema Chowdhury
Pass Or Fail

Develop better understanding of life
And learn to hang on
Through challenges and tests
For life is
A limitless space
Of values and possibilities
Where
Everyone has to take
Enumerous tests
One after another....
So don't think
what will happen
In the end
For only God Almighty will decide
Whether you've passed or failed? ? ?
Just hang in there
With your heads held high
And listen carefully
For the echoes of life..........

Seema Chowdhury
Passport Of Happiness

Weave the magic
Of delicate words
That hold
A fantastic power
To issue
The passport of happiness
To The sparkling world,
Where you can have
The best things in life
To conquer
Most of your troubles.

Seema Chowdhury

Seema Chowdhury
Patch Things Up

Put smile's soothing balm
That can make you calm

And can take your pain
Joyfully from your life’s lane

For pain is like the cloud
That covers your life with doubt

And blures your clear view
And fade away life's hue

Where no one else but thee
Can make yourself feel free

And can hide your sigh and pain
Under the smile of fain

That can patch things up with joy
So in your life you can always enjoy.

Seema Chowdhury

Seema Chowdhury
Patches Of Hope

1) Keep your mind open and face your fears courageously, be direct in your approach and prove that you are trustworthy.

2) Deal with your past worries and move on so you don’t feel trapped in the cobweb of problems and complexities.

3) Look for the rays of sunshine, find your ‘aha moment’ and create your own patches of hope with positive vibes.

4) Don't hide your emotions, process them step by step and find opportunities to seize the right moments in time.

5) Chase your dreams, never doubt yourself, make plans to prosper and spread vibrant colours of hope and courage and celebrate your achievements.

6) Open your mind, focus on what is important, don’t be afraid to speak difficult words of truth and focus on important things.

Seema Chowdhury
December 24, 2017

Seema Chowdhury
Path To Success

1) Commit to the path to success and add a bounce in your steps with certainty.

2) The calmness that you possess will help you to find creative ways to solve problems.

3) Focus on the opportunities and push yourself forward to fill the gap between dreams and reality.

4) Learn to move beyond and thrive by being the part of the solutions, not the problems.

5) Face reality with determination and take the best from your past so you can move into the future.

6) Don't keep yourself in the dark, gain confidence, help yourself and find a path to success.

Seema Chowdhury
December 17, 2017

Seema Chowdhury
Pathway To Freedom

Do not point out
At the weirdness of the world
Or about all the things
That you feel uncomfortable about
Hold life’s problems in the air
And let the wind take it
Away from you........

Think about the world in a different way
And recognize the message
That the world is trying to send
Just get a grip of yourself
And pull yourself together
And awakened from your trance
To see what is emerging out
Of the blur of the world........

Stop asking questions
Simply ride along
And put interesting things
In life's sack along the way
To reach the pathway of freedom
Where wheel of life will move again
To fill the empty space
With happy events and serenity........

Seema Chowdhury
Pathway To Happiness

Create your own pathway to happiness
Adopt a sense of adventure and thrill
Don't let anything to dampen your positivity
Go fearlessly where adventure takes you
Just be happy and have positive thoughts
Let's go!

Seema Chowdhury
December 11, 2018
Pause A Moment

Pause a moment
In your busy life
And see what life
Has to offer in this drive

And wish that never
The shadow of pain
Touch you ever
To stop your gain

For life has pretty
And splendid sights
You just need to follow
The bright light

Of happiness that is hidden
Behind the silver clouds
Where fog and mist
Can also create doubts

Just remember my dear
That life is a beautiful gift
That has so much to offer
To give a powerful lift

To your soul and heart
And show you how to enjoy
This pretty life's sight
And absorb in its joy

And pause a beautiful moment
Of your precious life
And learn how to chase
Happiness hue that survive.

*Dedicated to my husband, Sunny*

Seema Chowdhury
Pause, Reflect And Move Ahead

Walk deeper into the crowd
And move ahead on your path
Don't let time to steal your life
Pause, take a breath and relax

Seek ways to make a difference
In your little corner of the world
And let your smile lit up the way
With peace, hope and harmony

Find happiness and envision reality
And listen to your inner voice
Make new connections everywhere
For your turning point might be near

Don't push yourself towards the edge
Pause, take a deep breath and relax
You know everything about this life
For it is a series of learning experiences

Focus on positivity and exciting things
And envision reality along the way
Seek peace and tranquility in life
And be content with all that you have

I hope and pray for happiness breeze
And whispering winds to bring peace
Where you always make a difference
And move ahead with joy on your path....

Happy 46th Birthday Dear Sunny

Seema Chowdhury
September 6,2016
Pave The Way

Pave the way for a wish come true
And then hope for the best for you
And pray from God to show you dear
All nice things which bring you cheer
The wonders and the beauties of God
That he has made as he is the Lord
Because many good things do survive
Which can add a sunshine to your life
So pave the way for a wish come true
And then hope for the best for you.

Seema Chowdhury
Peace

PEACE

P - Promote peace and know the purpose of life
E - Expect less and do something for others
A - Attract Almighty's blessings and bring happiness
C - Capture the moment and show kindness and love
E - Enjoy helping others and remain calm and peaceful

Seema Chowdhury
December 2018

Seema Chowdhury
Peace And Hope's Hue

May your life be blessed with lots of love
May peace and care come from heaven above

May you pray like you've never prayed before
And God Almighty's blessings pour from store

May you find opportune times for fervent prayers
May gratitude fill your life with love, joy and care

May you always thrive in all that you ever do
And the Gracious Lord covers you with hope's hue

May God be with you and help you to survive
May he holds your hand on the road of life

May faith, belief, and hope show you the light
And you always grow in Lord's graceful delight

May you face the world with courage and joy
May you tread along the straight path and enjoy

May you seek God's help in all that you ever do
And Merciful Lord covers you with peace hue.

Happy 21st Birthday Dear Samia
We Love you very much.

Seema Chowdhury
May 2, 2018

Seema Chowdhury
Peace Land

Cultivate your own garden of peace
Where nice and mild cool breeze
Blow upon the flowers of hope
And take away your distress and mope

Where abundance of grass that is green
With a smiling face is always seen
that helps the cute bud to bloom
To take away all this world's gloom

And turn on the lights of love
That is reflecting from heaven above
Which takes every one to the beam
Of joy and hope of the vivid dream

And there always try to spend
Your time when you feel a little bend
And water it daily with sunshine
And call it a peace land of thee and mine.

Seema Chowdhury
Peace Of Mind

I don't find any where
Peace of mind my dear
For everyone seems busy now
In fighting for WHY or HOW
I wish if I can sleep
In the lap of groud very deep
Forever to find some peace
Where all my troubles could cease
Because I know never
I will find on earth ever
Even a glimpse of it
To take away my trouble's kit.

Seema Chowdhury
Peep Through Life's Mist

As light snow falls on the ground
And sun hides behind the lazy cloud
Be optimistic and peep through the mist
To clear your pending fears and doubt

Replace bad memories with good ones
So you can live with positive attitude dear
For darkness of the night will disappear
If you open life's door and let in cheer

Don't give up or cowardly hide
For life is tearful but certainly brief
So make headway and revisit your past
And travel all stages of joy and grief

And as evening falls over the ground
Greet your life with hope's open arms
To prepare yourself to act and play smart
This game of life to block pain and harm

So you can reach your destination dear
Crossing complex conditions of everyday
To find answers of pending questions
Peeping bravely through life's misty way

Take a leap of faith and trust in God
Who has power over everything
Who will hold you close in His heart
To end your existing suffering ring

And will show you miracles and wonders
To purify your soul and set heart's rhyme
Holding His hands and walking with faith
To find all answer in the wastness of time.

Seema Chowdhury
People Of Two Different Worlds

We are people of two different worlds
Who have spent 20 beautiful years together
For Lord has intertwined our hearts gently
In a very strong and pious bond to gather

Love and peace, care and loads of happiness
And enjoy miracles of blessings of joy and fun
Talking and giggling with carefree smiles
And feeling close like two hearts beat as one

God has given us a chance to prove our love
And share awesome wonderfulness in our life
This is unbelievable thing that has happened
And with it so much blessings have arrived

Every time when I look at you dear Sunny
A gift of huge smile comes over my face
So I proudly look all around at my own life
And say Thank You Lord for blessing's trace

We might be two people from different worlds
But with love and grace we have spent 20 years
Where each day was a gift of happiness and joy
And we have spent them gathering smiles of care.

Happy 20th Anniversary Beloved Sunny
You are my best friend in the world

Seema Chowdhury
July 27,2016

Seema Chowdhury
When people say bad things about you
Then neither feel bad, nor feel blue
Because they are people with limited view
Who don't have anything else to do

Its because they have never been happy in their lives
So they don't want others to joyly survive
So its better instead of listening to them
And sewing your life with trouble's hem

You don't care about blocked roads in your way
And keep on moving where happiness breeze sway
Because they are people with limited view
Who don't have anything else to do

As I know very well the only thing you gain
From this messed up world is distress and pain
Where label of friends easily changes to foe
Its just the matter of time as you know

So don't waste your precious and rare time
In listening to the torturous words of lime
Because ethese people have limited view
Who don't have anything else to do.

Seema Chowdhury
Perfect Day

When you feel joy all around
Is making the noise on the ground
And making everything appear bright
With the shine of happiness light
Then know that it is in your way
A gift of God of a perfect day
And when sun shines very high
And spreads joy on the sky
And tiny creatures known as birds
Singing tune of pleasure's word
Then know that it is in your way
A gift of God of a perfect day
And when night falls its curtain down
And still looks glorious the town
Where everyone is smiling with peace
And these troubles seems to cease
Then know that it is in your way
A gift of God of a perfect day.

Seema Chowdhury
Perfect Friend

When I look at you
I know its true
That if I feel sad
or a little bad
I can turn to you
For a sympathetic view

And can have a helping hand
Because you understand
And that is only why
When I win my try
I always turn to you
For an appreciative view

Because on God's earth
Among things that are worth
You are one of them
Who is a precious gem
With whom I don't pretend
For you are a perfect friend.

Happy Friendship Day! ! !

Seema Chowdhury
Perfect Happiness Plan

We hit some heavy bumps on life's highway
We ask for God's help and mercy everyday

He holds our hands firmly in sunshine and rain
And warm our hearts when numbness and pain

Numb our senses and dull our day with doubts
Then God always come forward to clear these clouds

He shows us miracles and speaks with us with care
We must listen carefully and claim his blessings' share

And find our way back to our Gracious Lord
Who can swap our pain and even our odd

Remember with the Lord anything is possible dear
Just have faith and look for beauty, peace and cheer

And when we hit heavy bumps on life's highway
We should ask for God's help and mercy everyday

For no one else can make perfect happiness plan
Except for God Almighty for we belong to His clan

He listens carefully when we silently and humbly pray
And hems the edges of our rough and harsh day

With blessings, hope and miracles from start till the end
Because He knows we need His guidance on road bends

And shows us the way back to His glorious open door
Where God is waiting with wonders, miracles and more.

Seema Chowdhury
Perfect Time

1) Now is the perfect time to walk out into the sunshine and be the source of strength for others.

2) Start your day off on a happy note and know your dreams to make them real.

3) Take quick actions, decisions, and stay calm in the face of frustration.

4) Plan your days efficiently and pave the way for success. Believe in yourself and have infinite hope.

5) Gain valuable insights about your workplace and allow inner voice to guide your way.

6) Look for brand new opportunities every day and put courage in your heart.

7) Build a valuable life and never stop growing. Life is full of hope and promise so, stand firm.

8) Be the best version of yourself and take a lead in spreading positivity.

9) Build your credibility and trust so you can create a bigger impact.

10) Try to focus on important things, stay alert, and boost mental performance.

Seema Chowdhury
August 21, 2018

Seema Chowdhury
Perfect World

Perfect people to live with
Perfect world to live in
Is what everyone wishes
To stay in happiness bin
Where everyone can enjoy
And knows how to share
Life's all good and bad
Life's all smile and tears
Where everyone knows the rule
To take part and play
The game of life my dear
That comes in everyone's way
Where we can proudly survive
And call it with the pride
A perfect world to live in
Where happiness path is wide.

Seema Chowdhury
Performance

P - Produce outstanding and amazing results
E - Enrich your life with positive experiences
R - Reconnect with your inner self and be reliable
F - Face the real world with courage and give your best
O - Organize your thoughts and emotions to express yourself
R - Realistic goals help you to unlock your potentials
M - Maximize the value of your work and look through clearly
A - Analyze the problem carefully before giving a solution
N - Navigate boldly and collect all the possibilities available
C - Create a win-win outcome for everyone to thrive in life
E - Embark on a successful journey and give your best PERFORMANCE!

Seema Chowdhury
March 23, 2018

Seema Chowdhury
Permenantly Imprinted

Your image and your sketches of love
had permanently imprinted in my heart
Which works as a positive inspiration
For my day to get a start

For your smiles and your loving ways
Taught me how to deal
With troubles of my life dear
And inside then great I feel

Because you have touched with care
My whole life's flowing days
And that's why I have printed your
Sketches in my heart's way.

Seema Chowdhury
Pessimist Imagination

Don't let
Pessimist imagination
To ruin your life
And your thoughts
Or else
You'll be left alone-
To dwell
In darkness forever
Where
You'll be robbed of time
And left alone to solve
The puzzled queries....

Seema Chowdhury

Seema Chowdhury
Picture Of Events

Let picture of events
Show us life's rhyme
Let past, present, future
Flow in its time

Let it come in line
For time doesn't repeat
And its a constant battle
That no one can ever defeat

So don't ever walk against
Tidal waves of life
For then you'll never be
Able in it to survive

So let picture of events
Show is life's rhyme
And let past, present, future
Flow in its time.

Seema Chowdhury
Pillar Of Strength

Lightning
Furious wind
Thunder
And whirlwind
Will all come in your life...
But
Don't let you tremble...
Be strong and determined
And be the pillar of strength

And live the life you dream
And turn your fears into faith
And then you'll see
When you can't stop the waves
You can at least
Let yourself
Learn to surf
To survive....

And don't let cold and bitter wind
To stop your smooth flow
From meeting an exciting adventure ahead
Just be the pillar of strength
And shed all your insecurities
And limitations
Of life........

Seema Chowdhury
Pillars Of The World

It's a small world
For
It is standing on
The pillars of
Hope and mope
Smile and tears
Pleasures and pain
And
Joy and troubles
And nothing more
Or
Nothing less-

Seema Chowdhury
Pits Of Depression

Don't fall
Into the pits of depression
Where
The fits of rage, hurt and pain
Will drive you
Over the bridge
And
Will leave you behind
With a painful face
Broken...
With grief Anger
And A nagging pain...

Seema Chowdhury

Seema Chowdhury
Planning Is Important

Planning is Important

1) It helps you save time and take a fresh look at life

2) It helps you to organize and stay motivated in life

3) It helps you to prioritize your To-Do list and follow it

4) It helps you to learn and grow and be responsible

5) It helps you to be mindful of your time and own your world

6) It helps you to focus on important things and voice your opinion

7) It helps you to learn and apply Time Management skills to be successful

8) It helps you and shows you your next steps, so it's like a roadmap

9) It helps you to refocus your energy on important things and people

10) It helps you to look at the bigger picture of life and give it a try

11) It helps you to discover new things and be creative and innovative

12) It helps you to see life's purpose and maintain a positive outlook

13) It helps you to make life better and bring in passion and quality

14) It helps you to be in command and push yourself forward

15) Planning helps you to be confident and create a rhythm in your life

Good luck!

Seema Chowdhury
March 22, 2018
Play Along

You won't win
If you won't play
And free yourself
From worries and burdens
And plan ahead
And bravely play your turn...

For life is not at all
What you think
It is what it is
So keep on searching
Till you find your own rhyme
And know that you won't win
If you won't play....

So recognize the reality
And create momentum
And anchor in your belief
To identify your strength
For you won't win
If you won't play.....

And learn to paddle your own canoe
To survive in life
And know that life is a brief examination
Under trying conditions
Where you can't win
If you don't play........

Seema Chowdhury
Play Of Colors

Life is just
Color's play
Where dear
You may
Get chances
To prove worth
Of your presence
On this earth
So always pick
And try best
To choose colors
That won't rust
And then you
Play with them
And make dear
Worthwhile gems
Because only one
chance you'll get
To fill this world
With happiness set.

Seema Chowdhury
Play Of Life

Life is a play of fire and ice
Where you have to play twice
For everything that you do or say
For this is the rule of life's way

where emotions are colourless and shy
And twists of fate makes you cry
And terrible are the acts and deeds
Of everyone when you're in need

Where remorse and regrets are lying down
In every street of your life's town
And no one has time to share
Your pain and agony and your tear

so that is why its better to leave
This place that is full of dole and grief.

Seema Chowdhury
Play The Piano Of Life

If you have any questions, God surely will have the reply
Hold on to patience and faith, you will get answers of the Why

Prepare yourself for road blocks and difficult days ahead
Do not give up or be afraid, just calmly and firmly tread

Ask yourself hard questions and have gift of trust and hope
Then life will unfold smoothly and will broaden your scope

Embrace your fears and feelings and play the piano of life
Paint a beautiful picture and decorate a glamorous life

Find the positive and focus on things those really matter
And with laughter and joy you can re-enter without clatter

Know that subtle and tender emotions will appear everyday
To teach us how to balance and smoothen our life’s pathway

So shake the naggy feelings and fill emptiness with joy
And hold on to patience and faith to save you from destroy

So you can calmly sit and Play the piano of life
And paint a blessed picture of a glamorous life.

Seema Chowdhury
Play To Win

Always have determination
And
Enthusiasm
In life
And keep this in mind
That you have to
Play to win
One way or another
And you must learn to
Pursue happiness
And believe in miracles
For that is when you will
Grow and change
And
Then go out
And conquer the world.....

Seema Chowdhury
Play With Time

Don't let your hopes to scatter
Let life take a turn for the better
And learn to play with the time
And sing with life its in coming rhyme
For time and tide wait for none
They just do what has to be done
And leave behind all who stop 'n rest
And feel upset to take this test
So don't think of what you can never arrange
And the bad things that can never change
Just don't let your hopes to scatter
And let life take a turn for the better.

Seema Chowdhury

Seema Chowdhury
Pleasant Smile

Tears are the thorns
That grows in the ground
In everyone's life
And in it all around
So accept it all
With a pleasant smile
And look for joy
In it in trials
And try to make
Things better dear
By bringing to all
Happiness 'n cheer
Because smile is
Known as a flower
That grows happiness
As it has this power.

Seema Chowdhruy

Seema Chowdhury
Please God

God please give me
Those eyes to see
What can i do
To see a brighter view

Because trouble's cloud
Is creating doubt
And is leaving me alone
In the distress zone

So God please take away
Troubles from my way
And let me take rest
In the middle of agony's test

Because I'm feeling fade
And I need your loving shade
Where I can sit for a while
And forget about this world's trial.

Seema Chowdhury
Pleasant Taste

Pleasant taste of remembrance
Brings me so much delight
For world around starts looking
So fair, so nice and bright

That everywhere I see joy
And unaccountable pleasure
That's surely a great source
Of the happiness treasure

For its nice to think of those
Who love us and they care
And in their own nice way
They always with us share

Everything that we have
All our joys and sighs
And all our life's new gains
And all our smiles and cries.

Seema Chowdhury
Pleasure

It's a feeling that brings pleasure
It's a feeling that causes happiness
That is why I think it is
A gift of God and a bliss
For it shows warmth and love
For those for whom we care
And those who are really
Very close and our dear
It's a thing that brings pleasure
And lots of warmth and cheer
And gives us chance to show
Our loved ones love and care
And I think nothing can
Be equal to this pleasure
That God has given to us
To enjoy in the leisure.

Seema Chowdhury
Pleasure Of Past

A new way of thinking
And good look at life
Can make you happy
And help you to survive
From all bad things
That comes in the way
Of everyone's life
Day after day
So when you think
Things for you
Looks little glad
then close your eyes
And think in mind
Of beauties things
And try to rewind
Pleasures of past
That was given to you
With joy and fun
And happiness true
And then very soon
Bad things will go away
And nice things will
Fill your view and day.

Seema Chowdhury
Plenty Of Affection

Plenty of affection
Is sent your way
Because my dear
It is special today

As someone nice
And extra rare
Was sent to this Earth
With the gift of care

I wish you joy
And tons of pleasure
With a huge gift
Of the smile's treasure

And hope to see
You with fun
Before your day
Is through and done.

Happy Birthday sarah dear

Seema Chowdhury
Plenty Of Excitement

Life carries
Plenty of excitement
Only and only
If one knows
How to walk in it
And
How to cover
The pace of troubles
With
Hope
And
Courage
Without
Any complains...

Seema Chowdhury

Seema Chowdhury
Plot Future Victories

Plot future victories
In a way
so bright can be
All your days
And you can achieve
All you need
Blooming with the
Success seed
I wish good luck
All for you
And hope you see 'Sunshine hue
So each new day
Begins on fun
And bring tons of joy
Before the day is done.

Seema Chowdhury
Pool Of Tears

The pool of tears
Is filled with
The wail of woes
The complains of the past
The sag of sadness
The sob of obstacles
The wave of anger
And
The tangled weeds
And
Behind this mask of clouds
It's only
Worst fears of pain and despair
And
Double trouble............

Seema Chowdhury
Poor Girls

When girls use the words 'our life's aim'
It sounds very silly and part of a kid's game
Because what they want is hard to achieve
In this world that can't stand on their belief

So its better they shouldn't waste their time
In searching for the future in this world's rhyme
That doesn't want to listen to what girls have to say
Or won't give them a chance so they can purely lay

The stone to build their path to walk
Where they can freely roam and talk
And can tell that today they achieved at last
What they dreamed for themselves in their past

But guess its all not possible to gain
Specailly if it comes under the word of aim
Because girls are unlucky that they always get
their dark futures packed in the trouble's net

And then very proudly they are given away
As this is the need of this world today
Because what they want is hard to achieve
In this world taht can't stand on their belief.

Seema Chowdhury
Positive Frame Of Mind

Be good to yourself
Be patient and kind
And always remember
And keep this in mind
That life will never
Give you any time
To sing joy's song
In life's rhyme
If you'll not learn
To handle with care
Yourself gently
Without any fear
So just be yourself
And a little more kind
And know to live happily
Have a positive frame of mind.

Seema Chowdhury

Seema Chowdhury
Positive Planning

Plan your day
With care in the way
And use the words
To clear the curds
That blocks the view
And makes you blue
And know in gloom
Will surely bloom
A flower of hope
To take away mope
And make you glad
By changing all bad.

Seema Chowdhury

Seema Chowdhury
Positive Things

Discover all the positive things
Life has in store for you
And move forward
To discover who you are
And fill your moments
With YES and POSSIBILITIES

Don’t sit down with negative thoughts
Or bow to negative circumstance
Decide your future
And don’t give up

Learn to stand up
To your ideas and dreams
And when you fall
Try to bounce back
And
Renew your spirit
And grab the moment
And prove your worth......

Seema Chowdhury
Positive Thinking

Keep a positive thinking and know in life
Sweet and bitter both things do survive
So we must not lose hope in the test
Then God will surely give us the best

So don't let a gray or a blue mood prevail
Make best use of time and avail
The nice opportunity that is given to you
To see this painted world of hues

So in life if ever in your pace
You see troubles standing face to face
Then don't lose hope or ever sigh
Just cling on to hope and try

To smile and then strongly stand
In front of troubles and understand
That joy and sorrow are the things
That both come to us in life's ring

So its better to face them with smile
And walk steadily for a while
And keep positive thinking and know in life
Sweetness and bitterness both survive.

Seema Chowdhury
Positive Vibration

Whisper the tune
Of joy and faith
Softly to you
And then feel great
And let the words
Be absorbed in mind
with the thoughts of joy
That are all kind
For this is a positive
Vibration my dear
That can take you
To the door of cheer.

Seema Chowdhury
Pour balm of kind words
On your injured wounds
And don't let Anything
To come in its way
For life is very cruel
And it never Gives you a chance
To receive Something good
In return Of your Good and thoughtful deeds.....

Seema Chowdhury
Pour Love

Pour the balm of love
In all you do
So the outcome is full of
Affection
Feelings
Tenderness
Fondness
Liking
And
Charm..........
For these are the real pearls
That decorates our lives
With
The buds of
Happiness
And
Joy.............

Seema Chowdhury
Power Is Unlimited

When you feel grey and blue
Then go to the Lord's door
To offer your prayers
And
For divine services
Because
The power of prayers is unlimited
That has a magical strength
To
Bring back from heaven
A gift of
Hope and faith
To
Banish the miseries
And clear the clouds of mope and sigh..........

Only thing that you need is
Sincere words and prayers..........
And an open heart
To accept it all..........

Seema Chowdhury
Power Of A Kind Word

A kind word possess
A great big power
For it can help
All in trouble's hour
And sooth all our
Troubled heart and mind
And let us enjoy
The joy of words kind
Sp always try your best
To say something nice
To anyone who's suffering
And need a word of advice.

Seema Chowdhury
Power Of A Shared Laugh

Change things in your life
And the world around you that survive
And search within for the strength to try
And save your soul from pang's cry

Just know the power of a shared laugh
It surely divides your burden in half
And gives you a fresh chance to enjoy
All life's happiness and endless joy

And know that magical encounter of a smile
Will help you to cover infinite miles
The infinite miles of childhood dreams
That is as soft as a healing cream

And this is an enlightening journey for you
That you can surely enjoy its hue
And discover the power of a smile
That will help you to cover infinite miles

And take you deep down in the day
Where you'll enjoy in every way
And will change things in your life
And the world around you that survive.

Seema Chowdhury
Power Of Magic

Improve your life
By creating perspective
New and fresh-

Jump at the chance
Of investing your time
Creating answers-

And know that
The fuel of motivation
Comes from a generous soul-

So turn your thoughts
To the beautiful symphony
And sing a meaningful song-

And know that
When the rhythm of life rocks
Fill your life with hope-

Just listen to the whisper
of your heart
And believe in the power of magic-

For there is no magic
More powerful than
Than magic of believing in yourself-

Seema Chowdhury
Power Of Positivity - February

16) During difficult times navigate through the foggy crowd and lift your hands for prayers. Imagine the possibilities and explore all avenues with patience, hope and peace.

17) Look for a positive adventure and don't take no for an answer. Face the real world and tread along the straight path. Have a heart to heart talk with God and ask for His mercy and grace.

18) Some times in life things are completely unexpected so don't fall apart. Take a brief moment of break, and then discover many dimensions of life. Explore the unseen and unknown and keep an open mind.

19) Discover spiritual moments and scan down difficult paths. Focus on your plans and see things as they are. Remember God is your Lord and He has endless options for you. Leave it all in God's hand and you will be rewarded soon.

20) Search for light in the dark world and put negative feelings behind you. Celebrate each day and stay hopeful and energized. Life is a racing game so plan ahead and stay positive.

21) Watch the candles flicker in the darkness and express what is in your heart. Make an honest commitment to life and live comfortably. Don't less any moment pass unnoticed, be aware of your surroundings.

22) Whatever life's journey you are taking now, remember God is there for you. He will help you to get through and He will take you to the new adventure of faith.

23) Enjoy colorful beauty of life and paint your picture bright. Be strong and courageous and change your perspective in difficult times. Use all the colors to color dull segments and add a magical dust of smile.

24) Control the flow of your life and find solutions for your problems. Don't let your life stand still, unlock opportunities and don't fall apart.

25) God's love is great and it strengthen us with His blessings. Only God knows the seen and the unseen so trust Him and seek His help.

26) Face the real world bravely and come out of the darkness of the unknown.
Don't feel helpless or stuck. Stay positive and you will surely find a fresh start through simple blessings of the day.

27) Gain new perspective and create a focus in life. Don't let anxiety or stress trap your life, when your stumble and fall just get up again, flip the page for a new start.

28) If you are hurt or frustrated with failure then go to the prayers door and humbly kneel before God. He is the only one who can keep you safe, help you to heal and mend your broken pieces.

29) Get accustomed to your new reality and adjust to the changes of life. Look at the sunny and bright sun and have a fresh start. Be mindful of your surroundings and live in the present moment away from chaos.

30) Life is quite amazing, so start your journey with hope and celebrate with pure joy. Reconnect to your inner self and increase positive flow of life. Believe in yourself and don't ever rush.

Have a Blessed Day.

Seema Chowdhury
February 28, 2017

Seema Chowdhury
31) God wants us to be happy, that is why He purifies our mind, body and soul and guide us to a pious life.

32) Use cherry words to brighten your day. Try everything to knock down barriers from your path of happiness.

33) Be the voice of positivity and flip the page to a fresh start. Fill your heart with gratitude and gain new perspective.

34) In frustrating moments of failure, keep yourself from stumbling and falling. Have zest for life and listen to God's call.

35) Enjoy a bright sunny day with a warm start and basked in renewed cheer. This will bring both love and light to your day.

36) In every dark circumstance of life let go of difficult path and flip through the pages till you reach a happy one.

37) Live in the moment and remember love never fails. Celebrate your life and paint your canvas with hope.

38) Don't feel you are alone in your journey. Remember God is your strength and He is the healer of the broken. He will help you to mend your broken life. Just pray to him.

39) Don't rush through life, stay fresh and bright. Reflect upon everything that is happening bright. Reflect upon everything that is happening and hold the faithful hands of God Almighty.

40) Fill your day with sunshine from beginning till end and enter the magical world of soothing sounds of hope. Believe in endless possibilities and be pure in heart.

41) Start your day with a prayer for spirituality, strength and gratitude. Know God is All-Powerful, compassionate and benevolent.

42) Make a difference in this world and keep moving forward. Bring hope and encouragement wherever you go and fight against evil.
43) Pray for internal peace and put negative feelings behind you. Speak the language of love and spread peace and joy.

44) Search for light in the dark world. When you encounter obstacles do not walk in fear. God is strong and merciful. Remember and follow his words to be successful in the end.

45) Scan down the path you intend to walk on and focus on your plans. Ask God to give you directions and bless your steps everyday.

46) Establish calm within yourself and have realistic hopes. Develop a new perspective and keep praying for a sign. Your life matters most, so make a difference and gather positive thoughts.

47) Make a bouquet of love and send a positive message of encouragement. Believe in the power of faith and spread radiant energy everywhere you go.

48) Put your trust in God for He is sufficient for you. Explore all different dimensions and acquire a broader perspective. Listen to your own voice and remember that it will all start with you.

49) In the midst of challenges, sort out your thoughts. Pause for a moment and analyze how you feel. Then take a deep breath and let go. Don't hold on to them let them float.

50) Ask yourself what you value the most. Don't feel lost or stuck in a challenging moment. Life is complex and ever changing so develop your own plans to live happily ever after....

Seema Chowdhury
March 25, 2017

Seema Chowdhury
1) Hope gives a new understanding and shows you a new perspective to see yourself and the world around

2) Ask for God Almighty's help to find the sunrise and beautiful light in your time of trial so you gain strength to walk out of darkness.

3) Listen to your heart and always live life with a purpose. Speak positive words aloud and renew your soul.

4) Learn to color outside the lines and stretch your boundaries. Keep taking steps forward as evening gives way to morning shine.

5) Play life's musical chair and work hard to win your place. Life has hidden meanings so explore it along the way.

6) Embark on life's journey and expand your abilities. Let hope and positivity guide you through.

7) Define your life's problems and try to control what you can. There is always a battle between light and darkness, so be careful.

8) Gain God Almighty's grace and bounty and bring back the heavenly light to illuminate the world around you.

9) In the busy hustle of life, speak the words out loud and renew your energy. Voice your reasons with a new perspective.

10) Capture the moments of insight and opportunity and don't let time to lose its meanings in the way.

11) have a positive approach to life and make bold moves. Put your life in perspective and make a difference.

12) Speak softly and listen deeply. Accept serenity and silence to bring peace in your inner life.

13) Understand peace and compassion and rely upon your inner strength. Overcome obstacles and don't let your tone turn bitter.
14) Step backs from the toxicity of life and take time out for reflection. Let silence soothe your heart and warm your soul.

15) Be the guiding light in time of puzzling thoughts and don't let your troubles to dull your light. Invest in hope and kindness and make peace with your life.

Seema Chowdhury
November 27, 2016

Seema Chowdhury
Power Of The Light Of God

God bless us with the power  
Show us the Strength’s tower  
Where we can go and bring  
Light of joy and Spring

God help us to find peace  
And in our life cease  
Waves of pain and sigh  
When we feel sad and cry

God cleanse our soul and heart  
Show us a brand new start  
Where tender love and care  
Help us to mend and share

All our dreams and hope  
To wipe timeless tears of mope  
So we can live in present time  
And sing soft and tender rhyme

God help us to approach life  
And learn to satisfactorily survive  
So we can soak our soul in light  
That is glorious and Purily bright

Where we can go and bring  
Miracles of your joy and Spring  
To absorb in the light of Gracious God  
And humbly bow in front of the Lord.

Seema Chowdhury
Power Of Thinking

Our thought determine our responses to life
And that's when we set rules to survive
And know that a person can never be alone
If he is accompanied with thoughts that are known

Because power of thought is the magic of mind
That tells us how and where we can find
Nice things and plans on whom we can act
That teaches us further new things infact

And another thing that plays an important part
Is the noble thoughts that comes from the heart
That tell us the different of wrong and right
And show us life's dull and bright sight

And tell us nothing is good or bad
Neither any sight is sad or glad
It all depends on powerful act of mind
And on wonderful magic that we all must find.

Seema Chowdhury
Power To Enjoy Life

Create the power inside you
To enjoy life and its hue
And try to always stay glad
And happy inside to change bad
And try to view the brighter side
Of life as its area is wide
And learn to hide for a while
Your aches 'n pain under a smile
Because when you feel bad
Then no way seems for you glad
And then you cannot enjoy
Life's spread out fun 'n joy.

Seema Chowdhury

Seema Chowdhury
Powerful Act Of Prayers

When you silently go and quitely knock
On the door of God and there you talk
And tell Him all that is bothering you
That's making you feel crazy and blue

And beg Him to help you now
As He knows what, where or how
And you know that only and onlt He
Can help you when things are going dim

For when you are not feeling bright
And things are not going right
then only thing that can bring you life
And share your sufferings pile that survive

Is the strong and powerful act of prayers
Where you express your hopes that are rare
Infront of the Gracious Lord
Who answers you back in the form of reward

Because that is when you earnestly plea
Anb request your Lord to kindly see
And show you the path of hope in His door
And give you His love, blessings and more.

Seema Chowdhury
Powerful Weapon

A smile is a powerful weapon
That surely make things happen

So try to use it with care
For its a gift that is rare

For smile works as a balm
To soothen our troubles and calm

The troubles of our life
With which we are bound to survive

So try to learn this art
For it makes you happy in heart

Because it is a powerful weapon
That make good things happen.

Seema Chowdhury
Powerful Weapon In Life

Free your soul
From the shackles
Of
Resentment
Insecurity
Mistrust
Doubt
Fear
And
Uncertainty
And listen carefully
To every encouraging word
And enrich your thoughts
And your desires
And find the answers
To all your questions
And stay positive
And always follow your dream
For it is a powerful weapon
That you have
And
Take a big step
To expand
The field of your happiness
And gaze skyward
And put your life
In perspective
And fill it with
Blue serenity of the sky
Crazy colors of the spring
And
Charming green of the earth...

Seema Chowdhury
17th Aug, 2009
Practical And Productive Tips

1. Create new pathways to success and boost your career
2. Ask the right question at the right time to avail opportunities
3. Set bold goals and perform better at every step in life.
4. Improve your decision-making power and change the game
5. Own your goals because that is critical to success.
6. Create powerful message to engage and influence your audience.
7. Control your emotions so it doesn't impact your life negatively.
8. In any situation empower yourself and be mindful to reduce stress.
9. Find your energy and inspiration and focus on the positivity in life
10. Always contribute to happiness and peace and create a beautiful world.

Seema Chowdhury
October 18, 2017

Seema Chowdhury
Pray

God give me the courage
To pray with faith
And be thankful to God
For you're really great
For you always give
Your hands to hold
And you give courage
To me to be bold
So please God today
listen to my voice
And give me your love
So I can rejoice.

Seema Chowdhury
Pray For A Fantastic Miracle

If things are down in life's row
Then take them all nice and slow
And ask God for you to show
A fabulous and fantastic miracle so

You can safe yourself from destroy
And know that world is God's toy
Who can spread in it smile and joy
And can take away from you coy

So you can learn in life's crust
If you are stuck in pain's rust
And see everywhere the flying dust
Then only on Almighty God you trust

Because no one else but God dear
Has the power to bring you cheer
And show him miracle that's rare
And bestow his bliss that you asked in prayers.

Seema Chowdhury
Pray For A Miracle

When your mind is swimming with petty worries
And there are thousands of unanswered queries

Then don't lose sight or your hopes
But try with courage to overcome mope

And pray to God and ask Him
To show you His miracle with a vim

And then have eyes to perceive it
In life's trials and in hurts bit

And know that soon these troubles will drop
And in your life your worries will stop.

Seema Chowdhury
Prayer

A prayer is
A heart filled with
Weighty words
Sincere feelings
Good wishes
And
Honest thoughts
That are
Significant
And
Evident
That we're able to plead
In the
Court of God Almighty........

Seema Chowdhury
Prayer For A Balanced Life

God, please put boundaries
Around my troubles and a long dark tunnel
That fades away
Radiant and joyful smiles of my life

Please heal my body, mind and soul
With your warmth and love
And let my soul blossom
Like the shooting star in a starless night

Let the sun embraces me in its beams
And built a momentum
Where I can create a formula of happiness
To swap darkness with light

Please God take me
Under your shadow of love
And remove all the barriers
And bestow your endless bliss

Of happy, calm and balanced life
Where I can move forward
With radiant and joyful smiles
And a moment of treasured hope........

Seema Chowdhury
Prayer For A Spiritual Strength

God Almighty,
Bless my pursuit of attaining spiritual goals and give me directions
Show me mercy and don't leave me alone in my struggles and trials
Send me your words of truth to follow and help me to fight against evil
Shun all my negative thoughts and feelings so I can enjoy quiet moments

Merciful God,
Your powers are strong and unlimited; please secure my life and faith
Fill my heart with the prayers of gratitude and give me spiritual growth
Help me to navigate through the foggy crowd during most difficult time
Empower my heart, soul and mind with the strength of your care and love

All-Knowing God,
You are my healer and source of my exploring the world and all possibilities
Color my life with splashes of faith and make me pure of heart and soul
Give me a fresh start and put balm of your love to heal my oozing wounds
Please show me a brighter morn where I feel heavy weight of sadness lifting

Gracious God
Please shine light into darkness during my challenging, thorny and knotty time
Guide my every step and help me to stand strong till you flip pages of my life
This is my humble prayer for my spiritual strength and growth of deep faith

Help me to be mindful of my duties towards You, The Lord of Great Bounty.

Seema Chowdhury
March 27, 2017

Seema Chowdhury
Prayer Of Today

In those moments of quietness
I want my answers
And your guidance and words God.....

I need strength and hope
To replace my fear with faith
I want to remove my worry and anxiety
And fill everlasting melodies of life
To create a pure heart
Where I can heal from past and move on......

I want old wounds to heal
And be filled with the balm of peace and solace
So I can taste the essence of joy
To release all negative thoughts
With your words God.............

Please give me the message of life
And show me the clean meanings
So I can find lost hope
And a splash of light
To settle the unsettled thoughts......

Seema Chowdhury
Prayers

P - Plea that comes from the depth of the heart
R - Rare and unique request and humble prayers
A - Asking for God Almighty’s attention and grace
Y - Yearning for hope, love, care, and forgiveness
E - Earnestly promising to earn endless blessings
R - Requesting hope, help, joy, and inner light forever
S - Seeking humbly God's pleasure, favour, and mercy

So, have you prayed today?

Seema Chowdhury
November 2018
Dear Children,

Listen to Gracious God's call and communicate with your soul

I wish and pray: may faith take you on the good side of life

May peace and bliss show you the right path to follow

Remember, both good and bad times always come to pass

Seek for the glory and love of God Almighty and put your trust in him

May you find joy and serenity and experience God's love

May you find healing and encouragement in your loss and grief

May you find strength and courage to turn worries into prayers

May you always stay positive and hopeful to reap the blessings

May you control your feelings and emotions and always shine bright

May you always remember the spirit of gratitude and abundance

May you remember that Gracious God will never fail you, my Children

May God Almighty always protect and guide your steps. Ameen

Mama and Baba Love you very much

Seema Chowdhury
January 5, 2019

Seema Chowdhury
Prayers For The Moment

God please answer with your love
For this is my humble prayers of the moment

Show me your endless mercy
And turn life's wheel forward
And accept my sincere prayers
And send your blessings
For I can't find solace in this wonder
And don't know how to spin stress
And uplift my spirit
In this bitter and cold winter days of life

God please answer with your love
For this is my humble prayers of the moment

And show your endless mercy
And cleanse my soul
With the magic of your grace
And show me miracles to deepen my faith
And be present in my darkness and sufferings
And help me in despair and wonders
And send fresh air of joy and serenity
And color my life with your care and faith

God please answer with your love
For this is my humble prayers of the moment.

***Written for my beloved sister Sameena Mansoor.

Seema Chowdhury
Precious Collection

I'm a collector
Whose hobby is to collect
And
Have a treasure
Of precious collection
of
Rare and novel
Merritment
Liveliness
And
Cherry 'n sunny smiles....
I just want to make life better
And
Add a tint of warm smile
In everyone's life
whom I met..........;

Seema Chowdhury
Precious Gift Of Nature

Parents are nature's precious gift
That're sent for our world's uplift
For everythuing that they do or say
Holds a world of affection in a way
For they love us and to show this
They hug us and give us kiss
And whenever we are in pain
They try to change it with fain
And they always try to make us smile
And share all our trouble's pile
And that's why I always say
Not just now but for every day
That parents are nature's precious gift
That're sent for our world's uplift.

Seema Chowdhury
Precious Gift Of Time

So much to say
So much to do
To tell how much
i care for you

For you my dear
My love, sweetheart
Are the most important
My life's part

I remember those days
I surely do
When we were together
My son, me and you

I cannot explain
The feelings of mine
For Danny my Love
You're the gift of time.

Love you Baby Danny

Seema Chowdhury
Precious Moment

The delight
Of
The precious moment
Can stay long
And
Forever-
Only if
It is cherished
With
A joyous smile
And
A happy heart
And
A thankful bow
Just
To the God Almighty
And
Is followed by
A
pure and a true
Desire
For
More and more-

Seema Chowdhury
Prepare For The Road Ahead

My childhood days are gone and far
When I use to lie down and count the stars
And look at my dad to hold my hands
For he was the only one who understands

He helped me to find my ways in life
And look for hidden answers that survived
And gave warm and sincere hugs and kiss
To take away my hurt, heart breaks and miss

He took pride in all my gains and success
And always brought me beautiful dress'
And believed in me and always said
Wise things to prepare me for the road ahead

He always helped me to accept and learn
And showed me ways for respect to earn
And gave me advice all about life
And taught me in hard times to survive

Today my dad is thousand miles away
But I know he is still praying even today
And sitting and smiling even from far
As I lie down and count the stars

For in those stars I see his face
Beaming with pride and love's grace
Watching over the beautiful memories of care
When he prepared me for the road ahead and fear

My dad is my real hero and my friend
Whose love has no bounds nor an end
And today when he is no longer here
I hold on to his memories to cherish with care.

'Dad, your guiding hand on my shoulder will remain with me forever.'

Happy Father's Day, to all Dads.
Prepare For Tomorrow

• Plan to have the best year ahead, create visualization and prepare for tomorrow. Understand the rhythm and the dynamics to be the winner.

• Make space for success and victory and keep on winning by overcoming hurdles in your way without complaining.

• We all experience joy and difficulties, so don't give up, live life to the fullest and take care of yourself and others.

• Gain confidence by trying and achieving new goals, remaining calm and peaceful and by avoiding stress and anxiety of life.

• Write positive notes and messages to yourself and enrich your life with the sunbeams of hope and vibrant energy.

Seema Chowdhury
January 17, 2018

Seema Chowdhury
The prettiest sight
That is bright
That I always see
With interest for me
Is the beautiful view
And that is true
That I have met
Is sunrise and sunset
Because they show
Smooth life's flow
And reflects the power
Of God's greatest tower
That is standing high
And is known as the sky.

Seema Chowdhury

Seema Chowdhury
Preventive Medicine

Life's best preventive medicine my dear
Is the gift of love, kindness and care
For these are essential to happiness
As they are considered as a bless
So ignore wild side of the life
Because there only pain survive
So look to joy and avoid mess
And learn the way to worry less
And learn to fetch for you happiness
As it is considered as a bless.

Seema Chowdhury

Seema Chowdhury
Prime Asset

Protect
An innocent smile of truth
For
Its something
That springs only
From your heart
And
Then
It becomes
Your prime asset....
To cherish
To remember
And
To appreciate....

Seema Chowdhury

Seema Chowdhury
Prime Purpose Of Life (A-Z)

The prime purpose of life is to

1) Avail a chance to appreciate life in a better way
2) Better work towards the goal that will bring positive results
3) Change for a fresh start and be cool, calm, collected, and kind
4) Deal with difficult situations and don't waste your precious time
5) Embark on an enthusiastic journey and empower yourself
6) Focus on the positive outcome and look for endless possibilities
7) Gain happiness by letting abundance flow into life and show gratitude
8) Have passion and courage to walk on the hard roads of life
9) In life's journey unleash your potential and make a difference
10) Join positive groups and live a life of positivity and passion
11) Keep calm and make life's memorable and happy moments
12) Learn to create a better life and spread positive vibes all around
13) Move forward swiftly, run towards your goals and be warm and kind
14) Never stop learning new skills and dive happily into the day
15) Open your heart and mind to a new day and be fearless and bold
16) Pray hard for a successful life that can rewrite your future
17) Question and challenge your limitations and never give up
18) Reset your mind and unwrap from busy schedules of life to unwind
19) The Strong determination can help you to shine through dark clouds
20) Take your life to the next level and have high hopes and dreams

21) A Unique perspective on things help you to grow and learn faster

22) View the world with fresh sets of eyes and trust your instincts

23) Watch the sunrise at dawn and find inner peace and serenity

24) Put eXtra effort to rewrite your story and have a successful ending

25) You are your own coach and mentor; be positive and stay inspired

26) Zest helps you to understand and achieve the prime purpose of life

Seema Chowdhury
August 13, 2018

Seema Chowdhury
Princess On Earth

I'm thankful to God
For with blessings hem
He has covered my life
Like the uncut gem
That is nice and glowey
And also new
And reflects God's love
That is true
God gave me his most
precious gift
To brighten my life
And to give an upift
By blessing me with
Lovely daughters dear
who are a constant source
Of love and care
And also by giving me
The gift of Sunny Dear
Who has covered my life
With brightness and cheer
Whose presence makes me feel
Like a princess on Earth
For whom this world
Has been given birth.

Seema Chowdhury
Prison Bar

Throw away
The burden of old songs
That
Reminds you
Of the
Famous days and years
Because
Now they have gone far
Very far
And
They have left you
To suffer
The cramps
And
The soreness
Of the prison bar......

Seema Chowdhury
Prison Bar's Prisoner

For some years
I was stuck
In the tears
From my luck
Because there
I was always
A prisoner of
Trouble's ways
And there in
The prison bar
I was staying
Away and far
From the voice
Of joy and fain
From the life
Free from pain
But then I saw
And realized
What was wrong
With my life
And then I tired
To bring to an end
All these troubles
That were bent
And I decide
To come out of it
And look for joy
In life's every bit.

Seema Chowdhury
Prisoner For Age

Suck in the clock
And road is block
And troubles are present
In your life's dock
And life is strange
Where troubles arrange
Themselves very well
Among life's range
And then in a cage
Of this life's stage
It hold you tight
In prisoner for age
And then your joy
And all you enjoy
Comes to a halt
Where it destroy
Everything my dear
Every joy and cheer
And leaves you alone
In pain and despair.

Seema Chowdhury
Prisoners In Cage

The clouds that are on the sky
The clouds that are floating high
The clouds that are blocking the view
Are trying to say something so true
They say that this world is like a hole
Where very few get to reach the goal
For on this earth and on this ground
There're many blocks and bounds
Which no one is allowed to skip
As life feels floating in pain's dip
From where things look dull and blue
And doesn't show any pleasure's view
After which we all feel depress
And don't find right words to express
That we feel as the prisoners in a cage
Under pain's guard at each life's stage.

Seema Chowdhury

Seema Chowdhury
Prisoners Of Love And Hope

Hope is the never ending journey of life
Which two people takes to happily survive
So don't feel bad if in life's going year
You don't see anything to stop your tears

For in life's journey hen two hold their hands
And exchange the pretty flowery garland
And promise that inspite of any weather
They'll always happily pick and gather

The flowers of joy and buds of hope
And will always crush the thorns of mope
Then not only them but also God
Come forward andd give them reward

And showers his blessings and his love
On both of them from heaven above
And hold them close in his heart
So they can take another start

With a promise that now in the coming year
They'll live happily under God's loving care
Because they now got the courage to cope
And are known as the prisoners of love and hope.

Seema Chowdhury
Problems

Why can't we walk
Why can't we talk
Why cannot we stay
I wish I knew the answer
I wish I knew the way
I want to be with you
I want to share the hue
I want us to be glad
I wish i just knew how
To change everything that's bad
Let us both pray to God
Let us both go to the Lord
And find ourselves a way
A mid way that will solve
Our problems of life's days.

Seema Chowdhury
Profound Love

Put
A radiant smile
On your face
And
Let profound love
Find its way
Between
The cluster of blooming daffodils
By the road side
And
The setting sun's reflection
In the serene ocean......

Seema Chowdhury
Promise Of Friendship

A friendship is a promise
That we both share
And show to each other
How much we care
For it is a promise
That doesn't need a voice
For each time we meet
Its for us a rejoice
Because friendship is
When two people smile
And promise to walk
Hand and home for miles
And it is a promise
To think of each other
In all life's joys
Or in trouble's weather.

Seema Chowdhury

Seema Chowdhury
Promise Of Spring

Sunny breeze among the bursting trees
Sunshine, mist and the rainy freeze

Bubbling winds and the flowery site
All make life around us smiling bright

Young and fresh soul of the Spring
Puts spirit of joy in everything

And it gives us chance to once again sing
Lively songs of beauty in the ring

Where clouds of darkness surely disappear
And spreads misty fog of fragrance and cheer

To cleanse our souls, minds and hearts
And give another chance for a beautiful start

Where ocean of love is waiting to flow
And the promise of Spring is at its glow

And refreshing breeze and blooming flowers
Take over bad things and spread faith's power

And washes away all tears and pain
To show us clear path of joy and fain

And bring to us sunny breeze of Spring
That renews our spirit in a magical swing.

Seema Chowdhury
Promised Land

Use your obstacles
And accept challenges
Head on-
And
Find the road
In between them,
To reach
The promised land
With grace and elegance......

Seema Chowdhury
Prove Valuable In Time

Take high road to life's way
And prove what you can do each day

For time and tide wait for none
So do quickly things need to be done

So do things that can prove right
And spread love as far as the sight

For a big part of each life's day
Is spent in thinking of another way

So prove valuable in time
And learn in life to sing its rhyme

And take high road to life's way
And prove what you can do each day.

Seema Chowdhury
Prove Worth In The Way

You'll pass this way just once
So do all what you can do
And prove your value and worth
And show its all for you

And know that life is a playing field
Where you have to show
That you have power and courage
For there's still a long wat to go

So don't let your dreams to live
Untold and hidden today
But make way and once more try
And prove your worth in the way.

Seema Chowdhury
Purchase Of Happiness

Today
I made
a strange purchase
For which
I paid
All my savings
Of
Joy
Smile
And
Left over pleasure
From
My past.......... 

Seema Chowdhury
Pursue Happiness

Be gentle and be kind
Don't cry and don't mind
What people say or do
Just search for love's hue

Show tenderness and care
Be the source of joy and cheer
And spread happiness all around
In this life's merry-go-round

Fill your life with lots of hope
learn to always bravely cope
With troubles and life's fear
In the valley of despair

Pursue happiness that's alive
When you shuffle through your life
Take small steps towards hope
And cling on the smile's rope

For life will bring you sunshine
If you will learn the fine
Art of kindness and care
And show gentleness and share

learn to pursue happiness dear
With tremendous hope and cheer
And be gentle and be kind
And fill with hope your mind.

Seema Chowdhury
Pursue Your Passion And Dream

1) Always give your best and pay attention to what is happening all around the world.

2) Be present in the moment and look at the sunny side of everything to get the best answers to life.

3) Lay out your problems carefully then use your abilities to find innovative answers and make an impact.

4) Pursue your passion and dreams and catch the attention of your surroundings to shift your perception.

5) Listen to the small voice of your heart and take small steps to achieve your goals to create a paradigm shift.

6) Make a to-do-list and check them off one-by-one, stay focused to succeed in sharpening your skills and abilities.

Seema Chowdhury
December 18, 2017

Seema Chowdhury
Push Aside

Push aside the curtain
And peep outside
Do not be afraid
Go far and wide

Jazz up your life
And make it rich
With the power of hope
And Strength's stitch

Create a fresh look
And a new passion for life
Learn to swap fears
With happiness drive

Fall in love again
With the image of delight
And scrub off troubles
To discover the glittering light

End your anxiety
For you no longer have time
To fear, mope or panic
Just sing life's smooth rhyme

And push aside the curtain
To let sunbeams in
And brighten your world
With crisp rays and grin.

Seema Chowdhury
Push Your Boundaries

Sometimes we have to push our boundaries
To adjust our broken lives and dreams
So when we experience any setback in life
We can pause for a moment, rest and reflect
Then get up, get ready and find our purpose
By following the sequence of events

Sometimes even making simple changes
Can improve things and restart our journey
We are all fighting a nagging war inside us
So we have to remember to be patient and kind
As we cannot always undo what has been done
So it's better to take life one day at a time

We must learn to believe and leave things to God
And then try to find the daring dynamic balance
To continue our long and adventurous journey
Because this is our life and our unique story
So must create our unique outlook to define life
And when required push our boundaries to adjust....

Seema Chowdhury
Push Yourself Forward

Simplify your life
Gain clarity and wisdom
Push hard with courage
Ask yourself what motivates you
See what moves your soul
Connect to your inner self
Learn to plan a unique strategy
Work like an emerging leader
Give yourself the gift of success
Improve productivity and peace
Bring your vision to life
Communicate openly and effectively
Champion your projects
Dream bigger and broader
Handle arising issues
Break negative emotions
Surprise yourself and others
Expand your potentials
Lead a fulfilling life
And have the courage to push forward!

Seema Chowdhury

Seema Chowdhury
Put A Bounce In Your Step!

Build your strength if you want to attain excellence in life

Be willing to work hard and face struggle and challenges

Write your own philosophy and create your own perspective

Shape your thinking and have the courage to live your life

Take each step carefully towards the new and nice direction

Enter into a new venture with experiences and commitments

Open mind in every step of the journey towards an exciting life

Make tough choices as they really help you to learn and grow

Feel positive energy surrounding and bringing peace and serenity

Remember to put a bounce in your step because 'It's Your Day!'

Seema Chowdhury
November 30, 2017

Seema Chowdhury
Put A Positive Spin

1) Make every day of your life significant, never stop learning and growing. Put a positive spin on things and carry on.

2) Take life seriously and step out of your comfort zone if you want to grow.

3) Remind yourself that positive thinking goes a long way, so focus on the bright side and learn lessons from your mistake.

4) Take every opportunity in life to learn and grow.

5) Learn self-control and to focus on the positive side of even the most difficult situation.

6) Let go of the stress and move towards hope and celebration.

7) Throw away the weight of burden and start your life in a brand new way.

8) Don't dwell on negative thoughts and feelings work enthusiastically towards your goal.

Seema Chowdhury

March 11, 2018

Seema Chowdhury
Put Complete Trust In Your Lord

Put your complete trust in Almighty God
He is the knower of all seen and unseen
He provides for our needs and wants
And listens to our prayers an Him lean

God is the beginner and He is the end
He loves us and He gives us strength
He is so gracious and He is merciful
He keeps troubles at arm's length

He gives us patience and steadfastness
When we ask for His help through prayers
He removes pride and hurdles from the way
He clears matters and cleanses our soul's fear

Our God is the Living and All-Sustaining
He is knowledgeable, very high and great
And He guides us and help when we need
And shows with His love His path straight

So put your complete trust in Almighty God
For He is the knower of seen and unseen
He provides for our smallest needs and wants
And listens to our prayers and on Him we lean.

May God be with us in every step of the way (Ameen)

Seema Chowdhury
September 4, 2017

Seema Chowdhury
Put Courage Into Your Heart

Put courage into your heart
Drive swiftly to take a start
And fill your soul with your dreams
Of wishful thinking and hope's beam

And know that to have a fulfilled life
You need to nicely and courageously drive
The car of your dreams and hope
Filled with love and smile's cope

Just learn to get back in touch
With whatever is going around much
And search for inner strength and feel
And make with life a lovely deal

whenever life throws you a curve ball
Return it and rebuild hope's wall
And learn to have a fulfilled life
Where hopes and dreams freely survive

And empower your self and deep inside
With courage of mind and emotion's wide
And trust your feelings and your mind
Then life will always be with you kind

Just put courage into your heart
Drive swiftly to make a start
And fill your soul with your dreams
Of wishful thinking and hope's beam.

Seema Chowdhury
Put Fun In Life

Put more fun in your life
And know its really true
That you have to find a way
To enjoy all life's spread hue

For everywhere else
And everywhere around
Is spread life's trouble
And painful is the ground

So only way when
You can enjoy
Your life's day
Filled with joy

Is by putting more fun
In life's day
And collecting joy's hue
in all your way.

Seema Chowdhury
Put Worries Aside

Put worries aside
For joys path is wide
And learn to enjoy
All small joy

For life is a tear
That flows swiftly dear
And leaves behind
Memories unkind

So put worries aside
And learn to hide
The pain and sorrow
Under hope's tomorrow.

Seema Chowdhury
Put Your Trust In God

Let us put our trust in God
For He is sufficient for all
And He is the only one
Who can catch us in our fall

And give us opportunity to
Accomplish our purpose dear
For which we were given birth
To bring brightness and cheer

Let us start our day believing
That good things will surely come
If we believe in ourselves
And put trust on God's sum

And know that worldly things
Will leave us and decay
But the goodness of our heart
Will forever with us stay

So pray to God to bestow
His light of kindness and love
And give us a life of care
And righteousness all above

So we can live in peace
And trust our Gracious God
And know that He is the one
Who is our beloved Lord.

Seema Chowdhury
Discover your own path in life  
Learn to here with faith survive  
And know each life has a purpose dear  
That will come out in phases and layers

When you are facing knotty problem's sight  
And nothing seems fair or right  
Then don't give up or loose hope  
Or slip in the well of mope

Just pose and probe deep in it  
And try to find purpose in every bit  
And get through this journey of life  
Where we are all bond to survive

And know when right time will come for peace  
Then all your troubles will surely cease  
And puzzle pieces will start to take its place  
And you'll find your way through the maze

And then an amazing day will appear  
And will take away all your pain and fear  
And will give you courage and power  
To fight back and be strength's tower

And will discover new path in life  
For you to live with faith's drive  
And know your purpose of life dear  
And uncover it from each life's layer.

Seema Chowdhury  
14th Oct,2009

Seema Chowdhury
Quality Of A Brother

A brother is someone who is nice and caring
Who tells us to follow the rules of sharing
And show us the art of taking good care
And share all problems whenever he can share

A brother is the one who brighten our lives
By showing us the path to live and survive
And tell us to stay always happy and glad
And that'll change things that're bad

And brother is the one who wipe our tears
And always stay ready with an open ears
To listen and talk just like a friend
With whom I don't feel any need to pretend

I'm glad I got one who is always around
On whom I know I can surely count
Who is always willing to give me advice
And tell me things that're nice and wise

And thanks bro for lending me your smile
And helping me in my suffering and trial
And sharing my problems alike a nice friend
And showing the start when I thought was the end.

Seema Chowdhury
Questions Of Why

Why we come
And why we go
Why we stay
In this life's row
Why we have
To stand it all
Even if we
Get a fall
I wish if i
Can get the reply
Of these questions
Of my why
So I can get
Some peace of mind
And can get
Answers of my kind.

Seema Chowdhury

Seema Chowdhury
Quiet Atmosphere

Sometimes
In the quiet atmosphere
Of
Serenity and tranquility
I feel myself swimming
In the
sea of depression
Under
The current of
Deep emotions..........

Where
A huge sigh of pain
And
A big Question mark
Is all that I get
In this stressful and complex
World..........

Seema Chowdhury
Quiet Conversation

Through quiet conversations
Let out
And
Throw away
The growing burden and pile
Of
The unresolved resentments
And
Push hard on the world
For
Sheltering kindness
And
Sensitive insights.....

Seema Chowdhury
Quiet Loneliness

My share of good fortune
Has lost in the ground
I looked for it hard
Here and there and around

But couldn't see it or
Didn't get a view
To look and get it all
To take away my blue

I don't know why it is
Why I have lost it all
And why these troubles have
Around me built a wall

Where no one is present to give
The answers of my 'why'
Except for quiet loneliness
That silently returned me reply.

Seema Chowdhury
Quiet Periods

The moments in which I don't want to talk
The moments in which I just take a walk
The moments in which I wish to see
Calm waves appearing just for me

These are the moments which really are
The moments in which by looking at the stars
I talk and smile and laugh with me
That no one else but only I could see

Because in those moments I enjoy the quiet talk
That I have with my thoughts while I walk
And in which I share all my cries
And all my losses, wins and tries

And feel good because then I feel free
From all the worldly troubles that I see
From which I suffer in life's day throughout
That creates in my mind all mistrust and doubt.

Seema Chowdhury
Quiet Silence

An air of quiet silence
is blowing
All over
And
All around
i wish
it can blow
Like this...
Forever and ever
And let me enjoy
A wonderful life
Where
I can give shape
To my imaginations
And dreams
And can open doors
For happiness
Before even it knocks
On my door.....

Seema Chowdhury
Quiet Stillness

I want to
awake the echoes
That are
powerful and loud
In
The muteness zone
Of
My life
Where
Only thing I can hear
Is
The silence of the quietness
Of
My woes and sighs......

Seema Chowdhury
Quiet Talks

Whenever in my life things are going bad
And no view of life seems a little glad
That at that time I really feel mad
And all this really makes me sad

And I feel upset both day and night
Specially when things aren't going bright
And I think in that moment what is right
Is to have a talk with myself in quiet

And I wish at then in the period of pain
That may I be given peace in life's game
So I can in this world of loss and gain
Can get easily to joy and cheer's lane

And can spend my time there until
I can get to the top of life's hill
Where atleast my life's grain is fill
And I'm called back from this world on God's will.

Seema Chowdhury
Quiet Thoughts

In a silent night
under a peaceful sky
Some quiet thoughts came
With painful feelings high

Where no one but
Were present to share
My friends of the past
That are running tears

I cried and cried
And held their hands
And prayed to God
For He understands

And requested Him to grant
And open the door
Of His uncountable blessings
On us like before.

Seema Chowdhury
Quiet Time

The very few moments in each day
I take out and keep it in such a way
That I call it as a time of mine
In which I drink the quietness wine
And stay very calm, cool and quiet
And see my past in its light
And cherish the memories of those days
And enjoy it for a while in my ways
And these are the moments in which I recall
All nice things whether big or small
And that's why I call them as mine
As in these moments I drink quietness wine.

Seema Chowdhury

Seema Chowdhury
Quietness Ray

So much is there to be said
So much before I am dead
So much I wish to tell
To all Where now I dwell
But guess no one has time
To share any of my rhyme
Whether it be bad or sad
Or it be nice or glad
So it is better to stay
Under the quietness ray
And keep to myself this all
Till my life's leaf get a fall.

Seema Chowdhury
Quotes About Our Sweet And Blessed Home

1) Home is an amazing bank of unconditional love, where we deposit endless love and withdraw from it when we need it the most.

2) Home is a happy and marvellous place where we have countless joy, peace, and happiness.

3) Home is an awesome place where we speak the same language of kindness, care, and infinite smile.

4) Home is where we start our incredible journey and where we start writing our life's beautiful and unique story.

5) Home is the most peaceful and comfortable place where friends and family are always welcomed. It's a place where strangers enter to become friends.

6) Home is the most astounding restaurant where all kinds of health, comfort, fun, and junk food are readily available.

7) Home is an awe-inspiring place where we eat, sleep, pray, work, care and share together.

8) Home is a very special and distinct place. It's a place where blessings, protection, and endless miracles unfold every day.

9) Home is a spectacular place where we make and break the rules and where we share smiles and wipe painful tears.

10) Home is a magnificent place where we feel overjoyed and delighted and we always find loved ones to share our special moments.

11) Home is a wondrous place where we make new memories, new relationships, and new stories every day.

12) A sweet, happy, and a blessed home is a gift, favour, and a fortune bestowed by Gracious God Almighty.

***Written on the 7th Anniversary of our Sweet Home

Seema Chowdhury
January 16, 2019

Seema Chowdhury
Quotes Of 2019

1) The beauty of Life 1

Life is a beautiful adventure. Keep exploring and be creative. Find your true calling. Rely on your mind and heart. believe in yourself. Connect with your inner and outer self. Search for the true meanings in all the things around you. Let your spirituality guide you.

2) The beauty of Life 2

Life is a learning experience. So, try to gain as much experience as you can. Focus on important things and expand your world. Step towards success and don't lose your sense of adventure.

3) The beauty of Life 3

As you are turning over a new leaf, simplify your life and clarify your vision. Don't just stand there, make your vision your reality. Accomplish your goals and focus your energy on making life better. Look inside and outside and let things unfold at its own pace and at its own time.

4) The beauty of Life 4

Start your journey on a positive note and make effective changes. Write your own daily dose of inspiration and communicate with your soul. See what you have achieved during the past year and get on with new goals and resolutions.

Seema Chowdhury
January 1, 2019

Seema Chowdhury
Race In Life's Competition

Look deep into your soul
And find courage from within
To slide up into the wall
And race in life's competition
For life is a series of
Vibrant colors
Of different frequencies
And it is an ever changing
Calm and glorious terminals
Of pain and pleasure
Where we all have to slog
Hours upon hours
In life's swimming pool
To survive
And reach the finish line
With few words or opportunities
But when we reach the end
We are greeted by God
With the magic of smile
And the gift of endless blessings....

Seema Chowdhury
Carefully listen to the sound  
Of rain that is falling on the ground  
For it has so much magic in it  
That gives you pleasure bit by bit  
So listen to this tune with cheer  
For in it is hidden the prayer  
The prayer and the blessings of God  
Who is the creator and the Lord  
And try to understand its rhyme  
For it has awakening echoes of time  
That can bring you pleasure and joy  
To dive in its beauty to enjoy  
So carefully listen to this sound  
That is ebdlessly falling on the ground.

Seema Chowdhury
Rain Or Sunshine

Rain or sunshine
Love of thine
Will stay with me
To set me free
And give me time
In life's rhyme
To love you more
Like ever before
For you are rare
Who do care
A lot sweet heart
That do impart
Tons of love
Gift of heaven above.

Seema Chowdhury
Rainbow Emotions

Strolling along the beach away from the waves
I saw the glorious golden sun reflecting
It's warmth, zeal and splendid beauty
Making deep and significant connection
With sweet bitter side of the day ahead
Tapping into my rainbow emotions...

I felt absorbed in its graciousness
While I captured these magical moments
Where sun glimpse off the deep water
And created the halo effect all around
That swiftly bridged the gap between
The past, the present and the future...

There I felt a renewed sense of hope
And a new quest to move forward
So I prayed sincerely with misty eyes
And asked God to let the healing begin
Where I uncontrollably sobbed and prayed
And felt a rush of emotions that I couldn't hide...

And in those inspiring and alive moments
I decided I will not sit with bitterness anymore
As I want to move on and make bold moves
So I let myself melt in the rainbow emotions
And let my spirit renew and reconnect
Ardently under the reflecting warmth of the sun...

Seema Chowdhury
Rainbow Hues

Rainbow hues
Rainbow bright
Rainbow shines
And gives out light
That colour my life
With its love
Just like blessings
Sent from above
I love to see
This shining bright
Joys twinkling
And spreading light
I wish my God
I wish from my heart
To show me always
A new start
When life is losing
Its glory and charm
And I feel as if
Troubles and harm
Will take over
Bright sunshine
And will dim
All this light's wine
I wish please God
Always send this bright
Shining rainbow hue
To brighten life's light.

Seema Chowdhury
Rainbow Shell

After the rain
After the pain
Appears pleasure
So you can treasure
Joy and smile
All fore a while
That's soft and kind
For your peace of mind
It appears after rain
To washes away pain
In the form of a bow
And coloured bright so
You can count the hue
And overcome your blue
Its gentle and sweet
That over come sour's treat
Because this is what you deserve
The rainbow shell of love
That whispers just for you
To bring you happiness true.

Seema Chowdhury
Rainbow With All The Colors

Without clouds we haven't enjoyed sunshine
Without thirst we haven't drunken joy's wine
Without sun we haven't wished for the rain
And without pain we haven't tasted the fain
So don't feel bad and know that's true
That there are many who cares for you
Who wish you to see the bright rainbow
That God shows in his blessings row
So see it twinkling and shining from far
And enjoy all seven colors that are
And count God's blessings day by day
That comes to spread smile in your way.

Seema Chowdhury
Random Thoughts

The sadness of heart always come in life
From the troubles that inside us survive
And acts just like the wild storm of sorrow
That darkens our life's day and 'morrow
So we must learn how to balance the day
With both our joys and pains of the way
And must fill each day with the bliss of love
That comes as a gift of heaven above
And know that with random thoughts bright
We make happy memories a source of delight.

Seema Chowdhury

Seema Chowdhury
Rare Gift

Life is simple
And full of dimples
If you can smile
All for a while
And search for joy
And learn to enjoy
Whatever comes in
In this life's bin
For life my dear
Is a gift so rare
That is given by God
Who is the creator and Lord
And loves us my dear
And shower his blessing's cheer.

Seema Chowdhury

Seema Chowdhury
Rare Gifts Of God

God made for us the sun
God made for us the stars
That are all shining brightly
And are twinkling for us from far
He made for us the seas
He made for us the trees
That are all working in their pace
And for us they are all free
He made for us the sky
He made for us the birds
And he taught them all nice things
That we wish to hear in words
And god made this all for us
Because he loves and care
And to show that this is true
He has sent gifts that are rare.

Seema Chowdhury

Seema Chowdhury
Rare Thoughts Of Life

Live and let others live
Smile and let others smile
And try to make life days
A remembrance for a while

For less chances come
When a cure for your blues
Are found to make you glad
And show you lively hues

So try to find some more
And explore the world around
And find newer ways
To make a heaven on the ground

And remember you can win
If only you can survive
And keep your aspiration high
With rare thoughts of life.

Seema Chowdhury
Rare Treasure

People you truly care about
People about whom you don't have a doubt
Are the people on whom you can lean
Who'll help you without being mean
For these people are a rare treasure
Who know how to bring you life's pleasure
And know the true value and worth
Of love 'n care that brings you mirth
And they're the ones who show in their way
How much they care for you each day
And they bring lasting happiness for you
With their sincere feelings that're true.

Seema Chowdhury

Seema Chowdhury
Rare Wealth Of Happiness

happiness springs from our hearts and minds
Specially when we do something nice and kind

That lets our hearts to sing with fay
And lets us in happiness joyfully sway

For joy and fain always sweetens our lives
And show us new ways to brightly survive

And happiness is only felt in iur hearts
For it shows ways to joyfully start

One more day full of joy and fun
Even under the hard and the burning sun

And remember that whenever we use or apply
The rare wealth of happiness, it surely multiplies.

Seema Chowdhury
Rare Words

every crack and dent
Every curve and bent
Has a replacement dear
So do not be afraid or scared
Because these tragic scenes
Always have a beam
That compensates for the pain
That takes away the fain
So through the brighten air
try to find the rare
Words that are hidden for all
In the empty way of hall
That is known as life
where we all survive.

Seema Chowdhury
Raw Situation

Learn to cope with
Raw situations
And do it
Willingly
And
with determination
In your own way........

Remember life is
An emotional journey
And as we turn the pages of life
We see some magicl moments
And also some difficult times........

Only if we learn
To dance to our tune
We can make difference
And can touch the space of mystery
And enjoy
Each moment of this
Nostalgic trip....... called LIFE

Seema Chowdhury
Rays Of Hope

Don’t get disheartened for a day will arrive
When there will be no more pain’s drive
When sun will shine and happiness will grow
And your spirit will surely reflect its glow

Don’t get disheartened for a day will start
When everyone will try to impart
Love, joy, hope and pleasure’s art
Which will make you feel good at heart

Don’t get disheartened for a day will come into view
When Gracious God’s sky will be blue
When flowers will be covered with dew
And you will be happy too

But for that you have to joyfully cope
And strongly cling on to joy’s rope
To face life’s ugliness and don’t mope
Then surely you’ll be shown rays of hope.

Seema Chowdhury
Reach Emptiness

A hollow
A space
And
An absence
I feel
When
At a strange point I reach
Beyond which
There is
Just emptiness...

Seema Chowdhury
Reach For The Better

Have a desire
To reach for the better
For
No one else but you
Can make things better
Even
In the most
Frustrating moments
Of your life
Because
You have to remember
There would be
Periods of calm
Followed by
The violent wind sheers.

Seema Chowdhury

Seema Chowdhury
Reach Out To People

1) Reach out to people and create a strong bond of trust and understanding. Learn to apply emotional intelligence and take actions responsibly.

2) Move on and continue living your life and take every opportunity to learn and grow from your experiences. Compile your lessons learnt and make your own rules to follow.

3) Enjoy the simple things in life and never stop learning and being cheerful. Take positive actions and be successful in life.

4) It's not too late to make a difference, so make every day of your life significant and bring in positive changes with new dimensions.

5) Take one step at a time and keep your dreams alive in the wonderful days of your life. Learn to lead and be ready to learn every day.

6) When you find it difficult to accept something then pause, put a smile on your face and give a positive spin to things.

Seema Chowdhury
December 31, 2017

Seema Chowdhury
Real Life's Taste

The tunnel of love and affection
Is usually narrow dear
So don't feel lost or upset
But try to find some cheer
For this is life and this is how
It treats everyone like this
And not all but very few
Can find in it god's bliss
So try once more and hard
And see if you can find today
A narrow path on which to walk
To find huge happiness way
The way that is hidden
And covered with pain's lace
To be seen and found by us
For this is real life's taste.

Seema Chowdhury

Seema Chowdhury
Real Purpose Of Life

Lead a life
Of an angel
And
Do nice things for others
And show your worth
And your value
Because
That's the only way
To reach the highest stage
And to attain
The real purpose of life....

Seema Chowdhury

Seema Chowdhury
Real World

I wish real world
Was not
So harsh
Bitter
Cruel
Strict
Inflexible
And
Arrogant
And
Full of
Troubled answers
Of unexplained questions....

Seema Chowdhury

Seema Chowdhury
Realities We Live With

Prepare yourself for the real world
And expect life to be rough around the edges
But believe in the power of courage and faith
And see where experience can take you
As there is always a chance to win

Life is an internal struggle
That we all face with long shadow
And anxious and weary expression
So don't put limitations on yourself
Just move forward and find your space

And as you move along in life
Learn to hold on to familiar things
And let the magical light of peace
Creep through the narrow window
To launch a new life with happy hours

For this is life where we live with realities
Some bitter, some sweet, some painful, some treat
And with these tender memories we begin our journey
And in some subtle ways we recollect memories
And look for the magical answer to solve it all

So prepare yourself for the real world
And expect life to be rough around the edges
Just discover the control button of life
And display courage while standing on the grid lines
And sort everything that comes in your life's way

And believe in the power of courage and faith
And see where experience can take you
As there is always a chance to win
Where you can recollect your memories
And launch a new life with happy hours.

Seema Chowdhury
Reality Of A Dream

Dreams are reflection of reality
That exist deep in our minds
That envelops us in its beauty and calmness
And get away from our noisy self
Where there are many domain and dimensions
And we get to see the world anew
With internal thoughts and secret joy
That builds a bridge between now and then
And reconnect to our inner voice and secret thoughts
In this clutter and chaos of life's jogging path........

Dreams are those realities
That we are unaware of within ourselves
That guide us through our hardest time
And turn our faces to the sun to peel away darkness
And enter a sunny spring in challenging moments
To start anew with healing and calming beauty
Among the fading colors
In the long voyage called life.......
Realize Your Dream

The mixture of all
Colours of the rainbow
Have gathered here
To us to show
A path to walk
To external pleasure
That surely is
Life's great treasure
So keep your hopes
All very high
So you could realize
Your dreams of the sky.

Seema Chowdhury

Seema Chowdhury
Realize Your Dream Today

1) Think positively and develop peace around you; do what you love and work diligently.

2) Throw away your emotional luggage and visualize a good life ahead of you.

3) Eliminate negative thoughts and live a happy life. Keep your eyes open and find your path.

4) Build self-confidence and self-esteem. Discover your hidden talents and always lend a helping hand.

5) Develop zest for work by motivating yourself with positive words, deeds and actions.

6) Use powerful words to brighten your day and focus on positive outcomes.

7) Refocus your energy to achieve your goals. Add your magical touch and be creative in your work.

Seema Chowdhury
May 7, 2018

Seema Chowdhury
Really True

only cries and sighs I get
Only with them I have met

Since I came to this earth
Since I was given birth

I don't want it any more
I need my God's prayers door

And wish to then sit and talk
And take away the load and the block

That is laid on my heart
That doesn't let me joyfully start

Even a day of peace or two
And this is all really true.

Seema Chowdhury
Reason For The Journey

In this world we are sent
To journey for some reason
So we must learn to survive
In all four kinds of season
We must learn to bear the heat
When there is no breeze
When sky is full of hot sun
And summer blow cannot be ceased
For life is not bed of roses
Where always will bloom
Flowers of love and care
To add in your life's perfume
And when we will learn to survive
In all evens and odds
Only then Spring will appear
After the Winter as reward
So learn this art my dear
And know even Autumn will cast
A note for smile and care
If we joyfully pass this vast
And teach ourselves to enjoy
Life's journey through test and turmoils
In all four kinds of seasons.

Seema Chowdhury
Reason To Smile

A smile is a flower
That in every season
Stays and blooms
And bring reason
To make all glad
And bring them joy
And tell in life
To enjoy this toy
That God has given
To us for a while
And many other
Reasons to smile.

Seema Chowdhury
Reasonable Words

I'm searching for
A few
Reasonable words
To
Meet my unmet needs
To
Find hidden pleasures
And
To draw an imaginary arc
Of
Happiness'
In my life's gate
Before
I have to enter
The next phase
Of
My life.......
Recipe Of Joy

Open your eyes with joy in them
For joys and happiness always hem
Your day with the stitches of hope
And protects you from being in mope

And spend your noon with smiles
For smile shares your trouble's pile
And returns to shine on you
And brings with it fain that is true

And when hours of evening start
Then try to practice your learnt art
And come forward to occupy joy's seat
For happiness works on busy feet

And lastly throughout the night
Dream of things that are bright
For it will finally end on a pray
With the recipe of joy for your day.

Seema Chowdhury
Reclaim Your Life

Life's events and lessons
Silently repeat
It self
One by one
And leave this world
To spin
Out of control
Faster
And faster
And leaves us to feel
This invisible change
And worldly coming
With a gust of wind
And a rush of storm
Where we magically get
Some tangible energy
And then
Large moments of life is spent
To handle
All these stress
Ugly and painful-
And that is when
We are given a chance
To discover US
In the middle of
Darkness
And emptiness
And we're given one more chance
To reclaim our lives......

Seema Chowdhury
Recognize Wonders

Recognize all the wonders
And all the joys of life
If you want in this world
To joyfully survive
For life has many
ups and downs
And life shows many
Scenes dull and brown
So all you need to do
Here in this game
Is to collect your thoughts
And don’t feel ashamed
And swap your negatives
Thoughts and deeds
With the flower of hope
And the happiness seeds
And then you'll see
soon very soon
Will appear the bright
And hopes shining moon
That will lead your life
And all your ways
With never ending glows
Of wonders in your days.

Seema Chowdhury
Reconstruct The Golden Moments

Every once in a while
I like to take a walk
Down the Memory lane
And reconstruct the golden moments
I have made with you....

And take an interim step
Towards the end result
To win my thoughts
And feel happy energy
Swirling upwards....

That makes me smile
To see happy happenings
And glorious spring colors
Rippling out like a small gift
That can make our lives better.....

And promise us to show
More sunshine glimmering
And filling our lives with
Soft songs of love and comfort
That we can sing together.......  

So we can start our new journey
And walk on the spiritual path
With hope, clarity, strength and happiness
And once again thank God Almighty
For weaving the threads of our lives together........

Happy Valentine 's Day Sunny! !
I Love You Very Much! !

Seema Chowdhury
Redesign Your Life

Redesign your life
And fill the empty space
With Love
Care
Joy
And gratitude
And cultivate your dreams
And expand your options
And teach yourself courage
To face the unknown
For life will not be
Always fair
So aware yourself
With its injustice
And make up
Your fantastic tales
And see the light
And find an escape
From your troubles
And be strong
And don’t lose
Sense of meanings
or
Sense of direction
Of your life...
Then only you'll be called
A successful designer
Of your life.......

3rd June,2009

Seema Chowdhury

www.PoemHunter.com - The World's Poetry Archive
Reel Of Memories

Throw away
Doubts and sorrows
From your life
And
Don't walk out
Of life's frame-

Just remember
That your approach
Towards life and living
Should be real and original
And
Know that there are
Ample opportunity
To relate the tale
Of an era
That's colorful and meaningful

And teach yourself
To stay afloat
When it is not so smooth
And in the middle
Of all this
Learn to capture your vision
And in life's journey
Carefully utter
The last words
In the reel of memories....

And that's the best way
To survive my dear
And best opportunity
To create your own
Dream world
Filled with
Unique feelings
And
Rare memories................
Reflect On Reality

Take a fresh view of the big picture of life
And take a bold step into the unknown
To create and introduce a new way of life
And develop the ability to stand in a new place
Even with a tiny flicker of hope
And reflect on reality...........

In every moment study life with open eyes
And look for the ways to ease the burden
Of emotional dynamic and dimensions
For this is a wonderful way to commence the journey
With the hope for improvement........

Just don’t break the rules
Be strong and accept the added layers
Of challenges and risks to enter the new era
Even with a tiny flicker of hope
And reflect on reality...........

Seema Chowdhury
Reflect On Your Life

1) Make your dreams a reality by working towards a goal.

2) Improve things as much as you can and take a big step forward.

3) Have a positive effect on people and help them to solve their problems.

4) Use your creativity and develop interesting and amazing ideas to follow.

5) Create the right rhythm and increase your motivation to create your own recipe.

6) Embark on the journey of self-discovery and utilize your full potential.

7) You'll grow when you'll learn to overcome obstacles and do things that are difficult and demanding.

8) Expand your thinking and challenge your abilities and thinking.

9) Be aware of your surroundings and discover new paths to walk on.

10) Reflect on your life and learn from your mistakes to get better results in the future.

Seema Chowdhury
October 15, 2018

Seema Chowdhury
Reflect True Blessings Of God

Pay attention to the world around you
Be the source of positive inspiration true
Reflect the light that illuminates the truth dear
Hope for the best for all with genuine care
Spread peace and love in the world today
Set positive examples all along the way
Attain warmth of God and spiritual light
Establish your connection of faith with delight
Let the flower of hope bloom in your life
Let tomorrow be a fresh opportunity to survive
Where you can carve a path to happily walk
Where you show to others you walk your talk
And navigate successfully to the stair of faith
To brighten the life with vibrant colors gate
And beautifully reflect true blessings of our Lord
For He always balances hardship with blessing accord.

Happy Birthday Dearest Sadaf
We love you very much

Seema Chowdhury
June 23, 2017

Seema Chowdhury
Reflect Upon My Journey

Life is a great gift
Where we get rich experiences
And get a chance to file
Shades of love in our fine days...

Its a foundation of hope
Where we get precious moments
To steer our ships
Strongly and firmly
Through bumpy paths....

Its a miracle
That gives us chance to build
Sand castles on the beach
And put our dream in it.....

Its a challenge
That comes from God
Where we get to gather
All happiness and joy as a reward
After going through
Terrible reality of pain

And today when I reflect upon my life's journey
I find its love where we can reclaim
The joy of loving others
And give them precious moments and memories........

Seema Chowdhury
Reflection Of Ambition

If you wish to reach the highest of all
Then don't be scared if once you fall
Or ever feel ashamed in this world's mall
Because things always grow to big from small

Just be brave and keep one thing in mind
That if you feel down, lost or grind
Then look real hard and you'll surely find
gracious God who is sincere and kind

Who'll give you nice things in your way
And will clear the dust of mope and hay
To show you the reflection of ambition's ray
That'll help you with determination to always stay

In the lane of wishes that is rare
That let you choose your future my dear
That you may think for you is nice and fair
And can help you in the coming year

So for that all you need to do
Is to work hard and be honest and true
So God can show you a brighter view
With victories and success that are all new.

Seema Chowdhury
Reflection Of God

Silent stars
That are twinkling far
On the sky
That is high
Seems smiling dear
And shining there
Around the moon
With a smiling noon
Showing the reflection
Of God's affection........

For we are all
The children of God
Who were sent here
With some assigned task
To perform on the stage
Of this vast and wide world
And then go back to HIM
And become the shining star
And twinkle silently
From far.........

Seema Chowdhury
Reflection Of Time

Don't always whine and complain
Accept bumps in life's curved road
Swap your painful tears with prayers
And with humble but high spirit
Put different pieces of life together

Establish true faith in your heart
And enjoy the sunlight with its glow
Let sunbeams soothe your injured soul
And renew memories with fervent hope
So you can unchain bitterness from past

When you are going through difficult time
Look deeply all around you and retrieve
Rich lessons learnt from divine inspiration
So you can find peace and compassion
And calmness that can melt your heart

Life is happening now and today
So don't let negativity to turn you bitter
Step back from the toxicity of real life
And speak silently with deep devotion
So you can absorb in the reflection of time....

Seema Chowdhury
Refocus Your Energy

1) Words are powerful using them wisely and effectively. Focus on hope and positivity.

2) Be kind and compassionate, stay inspired and pray for strength and courage.

3) Smooth rough edges and overcome bumps in your life.

4) Control your world; feel and live in the moment.

5) We are responsible for our choices and attitude. Pay attention to both and lead with your heart.

6) Work on your problems and cope with the difficulties of life. Find a way to walk out of failure.

7) Dream bigger and work better, don't hold back. Be full of life and see what you can do.

8) Face reality and refocus your energy; increase your efficiency and maximize your effectiveness.

Seema Chowdhury
April 30, 2018

Seema Chowdhury
Relish Small Pleasures

Relish small pleasures
As they are the treasure
That season our lives
With joy that survive

And show us new hopes
And new laws to cope
With troubles of life
That do survive

For life is a trip
Whose journey as a grip
To hold joy and sorrow
And dull and bright tomorrow

So its good for us all
To enjoy all big and small
Joy and life's pleasure
As they are great treasures.

Seema Chowdhury
Remain Realistic

Remain realistic
And be prepared
To face
The bitter realities of life
And
Accept them all
As
A part of your fate...
And try to discover impossible
And then plan your life
Skillfully
And
Learn to accept
To step out of
This crazy looking glass
And
Then only you will reach
Your destination.....

Seema Chowdhury
Remedy Of Grief

The best remedy
of grief my dear
is to be brave
And try to cheer

And leave aside
All trouble and pain
And try your best
To get to the fain

For grief is like
A flower in gloom
That is considered
As life's perfume

So don't feel bad
or ever sigh
Just keep on trying
And wipe teary eyes.

Seema Chowdhury
Remember Not To Forget

If tears drops from eyes for a while
Then swap it with a pleasant smile

If trouble creeps in your life's way
Then swap it with a pleasure's ray

Of worry stops by with you to meet
Then swap it with a charming greet

If agony blocks your brighter view
Then swap it with a rainbow hue

But only all this can be done in a trial
If you can remember not to forget to smile.

Seema Chowdhury
Remove All Doubts

Eliminate the fears
And remove the doubts
For life is a game
Of the scouts
Where we come
All to survive
In good and bad
Both phases of life
So be brave
And find a way
In your life
For each day
Where you can
Firmly throw
All your fears
And doubts row.

Seema Chowdhury
Remove Road Blocks

Listen to your voice carefully
And find the hidden answers
Of your lost query
Don't jiggle too many tasks at once
Write the summary slide
And synchronize your life
With bright colors
so you can learn to break
The continuous loop
And you can learn to escape
From unwanted troubles of life...

When you will learn
To accommodate change
It will show you ways
To remove road blocks
One by one
One step at a time...

Just with a mouse click
Erase the empty and poignant memories
In this rush of life
So you can clearly view
All aspects drastically and dramatically
And watch the enormous horizon
Where today's hopes and wishes
Are becoming tomorrow's reality
Revealing all it's beauties
And secrets for the eager soul...

Seema Chowdhury
Renewed Sense Of Purpose

Under the dim glow
Of a flickering light
Silence filled my empty heart
Where painful reminders
Are bringing back
A flood of memories
And harsh realities
Are hitting like tidal waves
And are reminding me of
My loneliness and isolation
During this long journey of life- -

Where quiet moments
Fill my life's story
And darkness fills the ground
And I sit back and try very hard to find
The courage to continue
And search for the path
That can bring me
Renewed sense of purpose
To carry on with life...

Seema Chowdhury
Reruns Of Days Events

In this craziness of life
I hear voice filled with doubt
And fleeting thoughts of anger
To tense my moments
Where I feel ankle deep in debris
And over my head
The pounding pain and noises
Where each moment
I'm getting close to opening
Myself to the unknown chaos
And uncertainty of life
And I lose my train of thought
Due to the reruns of the days events
And worries of tomorrow
But sometimes its more than I can take on myself
Its the growing pain that rocks my world
And in this moment of crisis
A cold chill run down my spine
To freeze my world
And expose me to the endless loop of
Darkness and silence.........

Seema Chowdhury
Respond To The World

Respond to the world and bring joy to your life

Increase positive energy and positive thoughts

Look over the horizon and enjoy blooming flowers

Erase dull colours from your life and sparkle with joy

Have a willing heart that tells you a happy story

Get ready to make a brand new start with smiles of hope

And with a rich and a deep beautiful rainbow hue

Find a silver lining in the dark clouds spread all around

And choose inspiring images to depict your life's story

Shut the door in the past to find a radiant smile ready

Treasure sweet bitter memories to keep your show alive

Wipe your tears of pain and replace them with peace

Follow your beautiful dreams and spread sparkling hope

Always be ready and happy to respond to the world positively...

Seema Chowdhury
January 10, 2018

Seema Chowdhury
Put your hand on your heart
Let it get a brighter new start
And let you restore your balance in life
And learn new ways in here to survive
For life has lots of ups and downs
And it shows scenes blue and brown
That makes you dull, down and low
And think you're slipping from life's flow
So in such a time try to swallow
And know it'll be better tomorrow
And know you have to go through the start
And learn how to pursue happiness art
And use prayers to solve your pain
And bring back in life happiness and fain
And find life time of joy and delight
For that's how you learn to fight
And get out of confusing life's maze
And know how to bravely greet and face
And restore your balance and challenges of life
And learn new ways in here to survive.

Seema Chowdhury
Restore Your Optimism

Restore your optimism
And
Let your quiet mind absorb
The loveliness
The beauty
And
The prettiness
Of it
So when you start your journey
You don't get
Bumpy freeways
Or
Broken avenues
To cross
To reach your destination....

Seema Chowdhury

Seema Chowdhury
Retain The Bliss Of God

I love you God
In my way
But don't know how
To let me say
For all my thoughts
To you are known
And I think of you
As my own
I love you God
And want to retain
Your blessing's shade
For that is the main
Reason for joy
In my day
That I'm spending
In your bliss way.

Seema Chowdhury
Revival Of Hope

In the state of denial
I saw not
But
Fascinating
Angels of the world
And
The aimless conclusions
And
All that
I had to offer
For
The revival of hope....

Seema Chowdhury

Seema Chowdhury
Richness Of Small Things

Do not let fear or anxiety to create panic
Look for opportunities that can create momentum
Think deep and open your heart and soul
And to achieve real change
Always be real, clear and use positive energy

Spread sunshine and envelop yourself
With beauty and calmness
And absorb the richness of small things
To carry the fragrance of peace to the world
To reconnect with your surroundings
To make life's journey worthwhile

Just remember that life becomes easy
When you move forward with a purpose and joy
So learn to cope and focus on good things
If you want to bury negative feelings
And burden of the past

Draw a new road map
Where you can enjoy
The beauty and calmness
And absorb the small things
To spread positive energy and sunshine...

Seema Chowdhury
Ride On The High Waves

Ride the waves of success high
So everything will beneath you lie
So you can be proud my dear
Of all your achievements that're rare
Dear sis I really wish you well
And hope for joy where you dwell
Because you really deserve it all
For working day 'n night for big 'n small
And I wish with god's loving bliss may
Victories accompany you throughout days.

Seema Chowdhury

Seema Chowdhury
Ride With The Tide

Flow with the waves
And ride with the tide
Cover life's area
Both narrow and wide

And see how you can
Strengthen the chord
Of love and trust
By prayers with God

For no one but only
God has the power
To build for you
A strong hope's tower

Where you can enter
And live with faith
That God loves you
Because He's great.

Seema Chowdhury
Right Your Wrong

Right your wrong
Wherever you perform
Anything bad
That makes you sad

And never feel shy
To again try
If once you fall
To climb the wall

Just know its good
To throw trouble's hood
And look forward
And not backwards

To right your wrong
Whenever you perform
Anything bad
That makes you sad.

Seema Chowdhury
Ring Of Words

The ring of words
Go round and round
And fill the world
With mixture of sound
That are good
And sometimes bad
That brings sorrow
But some are glad
So try to use
Words that're sweet
That can bring
The happiness treat
And make it a habit
To bring to this earth
A world of joy
With the words of mirth.

Seema Chowdhury
Rising Star

Let this rising star  
Freezes time for you  
And let it expand  
The horizon too  
And let it give you  
A chance my dear  
To find out your way  
With happiness and cheer  
So in this long life  
You can also say  
I have touched the star  
That rose in my way.

Seema Chowdhury
River Of Happiness

Unfolding of numberless flowers of spring
Joy moving swiftly between the things

Depth of earth and heights of the sky
Flowing waves in sea very high

Are all the image of loveliness
That are in river of happiness

The inward image of the soul
The art of good livings role

The foundation of love and sweet voice
Are all the paths so now rejoice

For they're the image of loveliness
That are in river of happiness

For the artistic side of life is this
That shows us God's path of bliss.

Seema Chowdhury
River Of Love

The river of love is full of care
Where everything looks so fair

As in it also smiles are found
That surely is rare on the ground

And also there joys have a stay
That is ready for others to lay

The bricks of happiness and care
To make everything looks all fair

And that's why I feel in this river of love
God constantly sends blessings from above

And show us the colours in this lonely life
Where all humans are bound to survive.

Seema Chowdhury

Seema Chowdhury
River Of Uncertainty

Admire the beauty of this wonderland
And everything like hill, sea and sand
And carefully hear the autumn breeze
Which even sing while passing among trees
For the touch of nature is like a magic
Which helps you to overcome the tragic
Any tragic that you see in life
Which teaches lesson of truth to survive
And know that time can never stop
Not even for the people who're on top
For this world is an uncertain river
Where we must learn to be the giver
The giver of joy 'n fun to all
Before our days of life becomes small
Because then we don't get any time
To admire or even enjoy life's rhyme.

Seema Chowdhury

Seema Chowdhury
Road Ahead

The road ahead
Is very hard
It is like
A pre-written card
Which cannot be
Ever changed
Which cannot be
Ever rearranged
I wish and want
the help of God
Who is my friend
And My Lord
Who surely knows
What I'm going through
And will help me
To pass it too
With fain and joy
And a hope of a smile
So road ahead becomes
Easy for miles.

Seema Chowdhury
Road Map

We are all walking
In this world's street
Where we are bound
With troubles to meet
Because with us
Was also sent
Agony and distress
That is happiness dent
So it is good for us
To follow the map
And then ride on
This road's wrap
And find our path
And that way
That can surely
Bring happiness today.

Seema Chowdhury
Road Of Change

Road of change is very hard
But it is the opportunity's card

That comes in just once in the way
To brighten someone's life's day

So never miss it and know very soon
Will appear the brighter noon

That will show you a happy turn
Where joy gets a bigger return

That can give you things dear
For which you all deeply care.

Seema Chowdhury

Seema Chowdhury
Rocky Road

Smoothen the rocky road
And share the load
Of your life
Where you survive
For each day
That comes in your way
Must ring a bell
For joy where you dwell
So you can lit
The candle's kit
Of hope and joy
For all to enjoy.

Seema Chowdhury
Role Of A Friend

The first soothing ray of light
That brings me happiness and delight
Reminded me of a nice friend
Who I think was really sent

With blessings from heaven above
In the form of care and love
So her nice and loving ways
Can surely never decay

As only blessed ones on earth
Are assigned a task at birth
And she was assigned to be kind
To strengthen this world’s bind

So I wish if words can tell
Nice things about her that dwell
That are all very honest and true
And color faded life with hues

As its not very easy to find
A friend who is true and kind
Who can make others fainly smile
And can share all trouble's pile

So for her I pray to God
To give her all the reward
For performing her role as a friend
To carry on this life's trend.

Seema Chowdhury
Roller Coaster

Life is unceasing events
Moving ahead
On the roller coaster
Of unique circumstances
And
Strong impressions
And then it leaves behind
Many uncertain questions
And answers
Fumbling in the back
Of the mind
That doesn't
Let you
Move on
Life's shifts,
Gears
Or
Change any direction....

Seema Chowdhury

Seema Chowdhury
Roses Will Bloom

In the garden of my memory
I found a lost diary
I belong to my hope
Tied with the rope
Of love, care and smile
For whole life not for a while
it said don't be gloom
For hope's rose will soon bloom
And will take you far away
from feeling bad and sway
So I promised that from now
I'll see dear I can how
wait for the rose to bloom
To take away yorld's gloom.

Seema Chowdhury
Rough Times

Shun the dull sights
That aren't all right
And look to god with hope
Instead of being in mope
For everyone has to design
His share of rough time
So don't feel down 'n blue
And look at trouble's hue
Instead, just go around
And look in god's ground
And shun the dull sights
That aren't all right.

Seema Chowdhury

Seema Chowdhury
Rule The World

World is a beautiful place
In which there many pace
So learn ti find your way
And rule the world each day
For life is bright as well
And things that here dwell
Has both good and bad sides
So keep a view that is wide
And then surely you will see
Life will really be
A place where you can survive
And call it a wonderful life.

Seema Chowdhury
Rules Of The Game

Learn the rules of life's game
And link the old with the new world
And know your haves and have-nots
To enter the gate..........

Just pause for a minute
To keep the pace with
The shift in direction
For sometimes random events
Bring wonderful and untapped opportunities
And open new world
With a whole series of thrilling challenges
So be proactive and draw
Your world without boundaries and borders

Learn to compete against yourself
In the shadow of fragile emotions
And know that there is a long way to go
Before you can link the old
With the new world
So learn the rules of life's game
And keep pace with the shifts.........

Seema Chowdhury
Rules Of The Road

If you want to walk
firmly
On life's path
Then
Heed the rules
Of the road
Even if doesn't suit you
Or else-
You'll trip
And
Your world
Will stumble too.........

Life doesn't give you
A second chance
so don't follow illusions
Move forward
And discover
What is hidden on the other side
Of life's door..........

Seema Chowdhury
Rules To Survive

Be the light in the dark
Be the one to set the mark
Bring in life happiness spark
And take a walk in hope's park

Life is unbearable and difficult at times
Where we don't see harmony and rhyme
But don't give up and be ready anytime
To hear sweet sound of life's wind chime

Believe in the strength of emotions dear
See how patience and peace can bear
Sweet fruits of sparkling joy and cheer
To clear your dangling doubts and fear

Just hang on and see things all around you
Learn from your past and try to get through
Painful and depressing time that brings blue
And swap them bravely with brighter views

Remember there is a long road ahead
Where life is certainly not a rose bed
So face them head on and do not dread
Or take a back seat all alone with tears shed

Hold on to glorious memories of life
Be aware of your presence and happily drive
Car of life without bitterness and strife
To create your own rules in life to survive.

Seema Chowdhury
Run Effective Meetings

1) Come Prepared for the meeting and be knowledgeable in your area

2) Prepare a checklist and make sure everything is prepared accordingly

3) Set ground rules and make sure everyone knows them and follow

4) Keep your meetings brief but productive and send agenda in advance

5) Make sure everyone knows their responsibilities and take actions

6) Give opportunity to all the participants to contribute and add value

7) Use modern technologies to prepare effective presentations

8) Develop the concept of knowledge sharing and stay well informed

9) Be an active participant, a listener, and communicate efficiently

10) Keep meetings small and Invite people who are relevant and right

11) Approach difficult conversations cautiously and always be tactful

12) Create an open and friendly environment so everyone participates

13) Build the atmosphere of trust, confidence, and transparency

14) The main focus of the meeting should be clearly defined and explained

15) Be fully involved, be productive, be precise and run effective meetings.

Seema Chowdhury
August 3, 2018

Seema Chowdhury
Run Life's Show

- Find the real purpose of your life and live in the moment.

- Be present and do things mindfully and carefully.

- Resist negative thoughts and shut negative voices in your head.

- Don't run in many directions at a time. Start here and take one step at a time.

- Get your life in order and write your own rules to run life's show.

Seema Chowdhury
December 20, 2018

Seema Chowdhury
Run The Show

Run the show
In life's row
And do it all
On life's wall

For life is great
So have faith
And believe in you
And know its true

That life's a show
So run in the row
And try to achieve
And in you believe

And do it all
On life's wall
Before you die
And in your grave lie.

Seema Chowdhury
Run Towards Life

1) Have a zest for life and run towards a life if changing journey

2) Put your mind to it and unleash your true potential

3) There are enormous opportunities for success, try your best and focus on a positive outcome.

4) Use positive energy to walk on the hard road and give a wave of excitement to enter.

5) Have full control of your emotion and attitude so you can live a better life.

Seema Chowdhury
August 10, 2018

Seema Chowdhury
Run Your Own Race

Share your faith and strong thoughts to run your own race

Live your dream life and start your journey to self-awareness

Be confident and don't let doubt take over any part of your life

Be a joyful and optimistic person and have a positive outlook

Let happiness flow and show everyone the brighter side of life

Stop and appreciate what you have and surprise yourself

Try to spiritually discipline yourself with prayers and faith

Open the door and let opportunities and fresh air come in

Continue racing life and be strong and fearless in your pursuit

Do something that you have never done before and surprise yourself

Capture the most value and make every moment special and worth it

Clean up the clutter and write your own story with bold words

Life is an up and down-road journey, work hard and make it perfect

Remember, one moment can change your faith and destiny

Have a Happy and a Blessed Birthday

Seema Chowdhury
September 14, 2018

Seema Chowdhury
Run-Chart Of Life

Don't walk away from life
There is a lot more fun
When you share with others
So take time to love
And share your happiness
And be ready to jump hurdles

Draw your run-chart of life
And add in it smile and hope
And live in the moment
To follow the rhythm of life
And celebrate everything
That brightens your heart
And make life's path
Brighter, nicer and happier

Search for beauty and inner peace
And draw the run-chart of life
With infinite hope and beautiful lessons
That can open your mind and heart
And teach you to pray with faith
And add a sunshine and warmth
When you need them the most.....

Seema Chowdhury
Running Events

When sunshine is patched with shadow
And you see weeds growing in the meadow

Then don't let running events gloom
Your hopes and happiness perfume

For life is a gift fragile
So handle it with a style

And whenever you see blocked end
Just turn back and there pretend

As if you have seen a start
And you have to promise in heart

That you'll never let hopes down
Even when things are dull and brown.

Seema Chowdhury
Running Tears

Tears are so real
That runs in your eyes
For it surely reflects
Your pain and sigh

And you get them only
When you feel lost
Because of experiences
Full of pain's frost

so how could you smile
Or can ever pretend
when for miles around
Troubles has no end

So don't stop the flow
Or dropp from eye's layer
These precious little pearls
Known as running tears.

Seema Chowdhury
Runway Of Life

We're the voyagers
Who are wondering
On the highway of life
With
A huge pile
Of expectations
And memories
And long Loneliness of winter
Shaking my hopes
And
Leaving invisible scars
On my mind.....

Seema Chowdhury
Rush Of Wind

In
This rush of wind
i have lost
So much
About which
Only
And
Only
my heart knows............

I don't think
Its fair
Why do we suffer? ?
Why do we feel this unwanted pang? ?
Why can't life be what we wish for? ?

Is it too much to ask
To be able to smile
To be able to see a day break
To be able to enjoy a sunny day

Why God
Why do I feel lost today?
What have I done to deserve this?

I only want relief from all this
And want to bring back
Some peace and solace
To calm down
My injured soul.......

Seema Chowdhury
Sad Ending

Life's struggles
And
Sufferings
Prolong the day
And
Add misfortunes
And
Bad luck
And
usually
It comes to nothing
It ends in smoke
It licks the dust
Or
may be
I should say
It goes to wrack
And
Ruin ones life.........

Seema Chowdhury
Sad Eyes

Put a song in your heart
Let it take a brighter part
To wipe tears of your sighs
And the pain from sad eyes
Let life start your story again
Where no glimpse of any pain
Is given or written dear
In your life's fair share
So let go and do not mope
Just for best you do hope
And learn to believe in it all
And stop your tears from a fall.

Seema Chowdhury
Sad Heart

When your heart is sad
When you feel very bad
When there is no joy
When ever fain destroy
Then don't loose your hope
Or sit back just to mope
Try to find the way
That can take you today
Again in the journey of life
Where also happiness survive
And there exchange your pain
And all sorts of trouble rain
With fain and joy ad mirth
And bring pleasure on Earth.

Seema Chowdhury
Sad Images

I don't want
To talk about
My screwed up life
Where
So many different things
Have happened
That
Now
All my thoughts are bent
And
Only sad images
Of
Bitter hours
Appear.........

Seema Chowdhury
Sad Memories

A chapter of life
That
When read
Brings tear and pang
And
Remind us of something
That was
Very hurtful and bad
Is
A sad memory-
That's why
I wish
To close it
Hide it
And bury deep
In
The surface of my heart's mind.

Seema Chowdhury
Sad Songs

Say to bitter and sad songs
Forever from life so long! so long!
And add in it a real thing
That can bring joy of a spring
And try to make the land of dream
A place where happiness stream
Flows all along the way
To make happy your life's day
And make joy's wind a resident
Even in raw and cold scent
And try to bade to bitter songs
Forever from life so long! so long!

Seema Chowdhury
Sail Through Life

As we sail through life
We see new days unfolding
One after another
Full of surprises
And challenges
For us to meet...
We need to be ready
To face them
And make our presence
More meaningful
And worthwhile
And search for the ray of hope
In challenging time
And
Improve our luck
And listen to God's whisper
In the dark
And take care
Of small things
In our way
And in God
Try to find everything....
Everything that can bring
Love
Peace
And Harmony
And can calm you down
And let you
Sail smoothly
Through life.........

4th June,2009

Seema Chowdhury
Salty Water

Locked and frozen
In each eye
Behind every
Pain and sigh
Very far
From the voice
Of happiness
Fain or rejoice
It comes when
We are in stress
And it is called
The rapture of distress
And it is also
Amazing and fair
And sometimes show
love and care
And that is why
I think it is rare
And this salty water
Is known as a tear.

Seema Chowdhury
Same Time

At the same time
All
The gathering clouds
The ill winds
And the rainy days
Came to visit me
And
Decide to stay
For a while
Without
My consent.....

Seema Chowdhury
Samia Dear You'Re My Love

You're a precious gift of God
You're a lovely darling my dear
You're very sweet and sincere too
And full of God's love and care

You're a constant source of joy
You bring lots of happiness drive
And you show unique ways to enjoy
In each and every day of this life

You fill with your smile life's road
You fill in happiness to take away tears
From everyone's eyes and everyone's soul
You show everyone in your own way you care

Your bright eyes sparkle like stars
And show everyone wonderful light
And you extend your hand of friendship
To all with fain and delight

I'm proud to be your mom my honey
For God has sent you with love and care
And you're a precious gift of God
And my lovely and darling baby dear.

Mama Loves You My Baby! ! !

Seema Chowdhury
Sand Of Time

I'm leaving
My footprints
On the sand of time
To enter in the tunnel
Of
Unseen events
And
Unknown crisis-
Known as
The real life.....

Seema Chowdhury

Seema Chowdhury
Sandy Shore

The sandy shore of life
Is full of
Mist of wounds
Dews of injuries
Fog of damages
Clouds of losses
And
Rough surface
Of hurts and pangs............

I wonder some times
In such a small amount of time
Why do we suffer and suffer and suffer? ? ?

I want to celebrate
Life
And miracles of God
And want to ride
On the waves of Joy
And paint my life
With the colors of
HOPE and FAITH..........

Seema Chowdhury
Say Yes To Life

Say yes to life
And then you'll see
All nice things
Coming to thee
For once when you'll
Learn to survive
Then each day
Of your real life
Will come to you
As a treat
And will give you a taste
Of life very sweet.

Seema Chowdhury

Seema Chowdhury
Scan Your Life

Deal with negative emotions
And change the way you look at things
Your life has a unique and fine frequency
And natural ebb and flow don't interfere in it
When one thing ends another begins
So don't carry on the weight of heavy heart
And aching soul all around your shoulder
Take a break and have compassion and love
Believe in Divine plan and the strength of Prayers
Scan your life carefully and find silence of serenity
Continue your journey and turn hard time
Into a unique chance to grow
And when evening sky is tinted pink
And mist is ready to set in
Put all your troubled thoughts to sleep
So you can get a strong grip on pain
And tomorrow you can start a new day
Without darkness and pain of today
Hold God's healing hands with faith
And scan your life and its surroundings...

Seema Chowdhury
Scary Halls

Walk carefully
Through
The scary halls of life
If you want to reach
your destination
Because
No matter how hard
It seems
It will get
Easier
And better at the end....

Seema Chowdhury
Scattered Memories

Let the scattered memories
Be reclined
Diffused
Disbalanced
And
Dispersed
Because that is how in reality
It is meant to be
From the start........

In life's journey
Some times I find myself
Struggling alone
And isolated....
Where nothing but
Unuttered words
Are heard
In the pulse of time.......... 

Seema Chowdhury
Scattered Snow Flurries

With the gusty north winds came beautiful flurries
That took away all my doubts, fear and worries

It brought with it snow squalls and gusty wind
Where also high spirits and hopes were pinned

It was an amazing divine scene so gracious and grand
I really enjoyed being in Winter's White Wonderland

Snow flurries covered me with its love and grace
And the flaked showers put lovely smile on my face

Where drizzling rain soaked my worried and tired soul
And cleansed my life of poignant and creeping dole

I felt so fresh absolutely clean and inspiring new
As if life was giving me another chance and a view

And an opportunity to renew in this gentle misty rain
To find my path to walk on with joy and lots of fain

Where I can once again find love, care and lots of peace
Where my worried and doubts can forever finally freeze

And show me once again perfect, pristine and true
Where hope can build unique and rare lingering view

That I can enjoy and cherish without fear or worries
Absorbed deep by the beauty of these snow flurries.

Seema Chowdhury
Scattered Thoughts

When
I gather
My scattered thoughts
From
The crowd of words
Then
So many answers
So many response
So many replies
And
So many echoes
Gather
That now
I have to look
For
The questions of all these answers............

Seema Chowdhury
Scattering Kindness

Start a sparkle
Of sunshine
With
Your carefree smile
And
Dance a carefree dance
In your brand new way
And
Know that the dark night
Has disappeared
And
Now its time
For scattering kindness
To take over.

Seema Chowdhury

Seema Chowdhury
Screaming Agony

I fear no more
Of
An uncertain trouble
An unexpected twist
An unexplained tide
Or
An unspoken wish
Because
Now
I have learnt
To walk alone at night
Into the silent land
With an unusual theme
Of
Screaming agony........

Seema Chowdhury
Screams

Silent scream and silent tears
That’re flowing through the years
Can be stopped even my dear
Where you can find the door of prayers
For when you feel down and blue
And troubles seem never leaving you
Then instead of crying in the way
Or making all blue your whole life day
Just go to god and talk with him
And request him to help with vim
So you can find path of peace
Where all troubles seem to cease.

Seema Chowdhury

Seema Chowdhury
Scribbling On Blank Papers

I'm scribbling
On blank papers
And empty canvas
Of my life
waiting for the right strokes
And wish to redo
My life's sketch
And hope one day
I'll be able to draw
And connect all the dots
And all the missing strokes
And then proudly display
This new sketch
In front of the world
And prove my abilities
And capabilities
Of handling
Life's stress
One by one
As they stop by
In my life
Unexpected
And
Uninvited.......

Seema Chowdhury
Sea Of Jitters

The rushing current of the year
And these unexpected sharp turns
Are like tidal waves
That are bringing me
A tale of thousand agonies
And pushing me towards
Shock and grief
And agonized silence......

And in the middle of all this
I don't know from where to start
To break this worry cycle
And find the missing link
In the sea of jitters...

Right now,
My eyes are wet
And my heart is sore
And I'm trying very hard
To stay grounded in the present
But all these twists and turns in the road
Is descending darkness
And concluding my days on despair........

Seema Chowdhury
Search For Happiness

Searching for happiness is an art
That you won't find lying in a cart
So if you want to take a start
Look for it inside your heart

As happiness stays in our view
But doesn’t carry any color or hue
Its actually a miracle that is true
And brings you joy when you’re feeling blue

And happiness is like an Inverter's gate
That returns you love when you enter hate
And it is always open for those who wait
And enter it with confidence and faith

So if you ever see any happiness star
Roaming or wandering somewhere far
Then go for it wherever you are
Even if you have to cross trouble's bar

Because once if you learn to make a deal
With happiness that is stronger than a steel
Then you'll see that it will always heal
Your pain and agony that you ever feel.

Seema Chowdhury
Search For Peace

Lighten your load
In life's road
And wash away pain
And swap it with fain
For there is a way
That covers your day
So Quietly walk
And about it talk
And search for peace
That can cease
Your tear's flow
In this life's row.

Seema Chowdhury
Search For The Right Words

Search for the right words
At the right time
At the right place
For the right person
So you feel good
And
See the worthness
Of
Your mere existance.........

For words are
Very powerful
And
They carry a world
Of meanings in them..........

Seema Chowdhury
Search For Ways

Do your best in each moment
And
Let yourself be
In constant search of ways
That
Can lead you
To the doorstep of
Utopia.........
Where
You can walk
Under the shadow of
Flowers and sunshine
And
See miracles unfolding
one after another...

Seema Chowdhury
Searching For A Friend

If you want to have a sincere friend
Who will stay with you till your end
Then look for a face which can smile
And walk with you for miles

A friend who can cross dales and sands
In both hilly areas or plain lands
And know how to hold tears in your eyes
Whenever you're passing from your period of sigh

A friend who really has got the power
To pick the scattered happiness flower
And spread it in the place you dwell
And wish for you all fain and well

And today I'll say i really need none
For in the form of YOU God gave me one
A sincere friend who is willing to share
All my joy and painful tears

And know how in her own nice way
Try to keep pain and sorrow away
And with all her nice qualities and zest
Prove her friendship to be rare and best.

Seema Chowdhury
Searching For Happiness

I started my New Year
Walking down the beach
Swinging my arms
And splashing through waves
Searching for life's happiness
And putting bits and pieces of
Happy memories,
Squeals of laughter,
Smiles beamed with joy, love and pride
And
The gift of faith and belief
And all these helped me
To enter another year of happiness
And cleared the space
And showed me
The presence of lively colors
In the stillness of the day
And brightness of the light
And unfolded miracles in everyday life
And there I watched happiness ripple out
Another day of loving emotions..........

Seema Chowdhury
Secret Of Happiness

Happiness is a gift that is rare
That needs lots of love and care

For it has to be searched around
In life's painful merry go round

For happiness is like a bright rainbow
That spread its color in life's row

And makes it shine very bright
And emits from it pleasure's light

So find out secret of happiness
And search for this precious dress

For one size just fits all
And saves everyone from a fall.

Seema Chowdhury
Secret Place

A secret place
where I stay
In my thoughts
Is far far away
Where I find
Peace for me
And where I can
Surely see
Whatever I
Wish and pray
Because that is
Where God stays
Who surely listens
And shows me all
That I wish to see.

Seema Chowdhury
See Life As New

Your day will run smoothly
If you can learn to
Forget the past worries
And see life as a new
For the golden moments
Do appear in life
If only you can learn
With troubles to survive
So don't feel uneasy
When troubles build a wall
Around you to cover
Joys of yours even small
But forget the past worries
And now here view
A day of joys appearing
And see life as a new.

Seema Chowdhury

Seema Chowdhury
See The Flow

See the flow
Catch and go
And always know
In life's show
You do owe
To your row
To find a golden glow
And become a pro
To handle life's flow
And smoothens as you go
Each challenge's throw
Like a soft snow
Then only you'll grow
And move to and fro
To overcome pain and woe
From your life's show
Just learn and go
And always glow
And catch a throw
Like a road show
To get in a row
And see above and below
What is there to throw
Just don't accept so-so
Gain more from game show
That helps you to grow
And teach you to glow
And forever smoothly flow.

Seema Chowdhury
See Things.....

See things under the hope's light
And try to look at side that's bright

Then life will surely be more fun
Before this life is over and done

For life is a gift of Gracious God
Who has given us as a reward

So enjoy each moment that is in it
For it holds value in every bit

And see things under the hope's light
And try to look at side that's bright.

Seema Chowdhury
See What Luck Can Bring

Luck can bring you joy that is true
So better stay alert and clearly view
And try to understand things that are new
And see what luck can bring in flying hues

Sometimes you feel that your sorrow is deep
And you cannot do anything else but to weep
But remember that some times happiness leap
And you have to wake your luck from sleep

So instead of just quietly passing your days
Wake up and search for the happiness rays
And look for the stairs in your way
That will lead you where happiness stays

But remember for that you first have to arrange
Your messed up life and then you must change
Your attitude towards things that are strange
And then reach out for the range

And learn how you can properly greet
Things that are worthwhile and sweet
And hope that one day you will meet
Happiness and fain ready to kiss your feet

And then luck will bring you joy that is true
And surely one day you will fainly view
Good things that are all nice and new
Will meet you in luck's way with flying hues.

Seema Chowdhury
Seeds Of Happiness

Have a home with lots of love
Where endless beauty grows
And bring you the sunshine
Where you can sow
The seeds of happiness
And smile and some love
For they're all God's
Gift of heaven above
Where you can feel
Like a princess so dear
Who is sent for all
To show here love and care.

Seema Chowdhury
Seeds Of Prosperity

God give me the strength and the power
To pluck the blooming success flower
And grant me the prosperity seed
So I can always remove the weeds
That may ever grow in my way
From where success breezes sway
I wish God if I can see
Success flower all around me
That not only makes me glad
But always others who really had
Wished and hoped for the best
For me in all my life's test.

Seema Chowdhury

Seema Chowdhury
Seek the light of God
And lit up your soul
With peace and harmony
And wipe away dole

And know that you
Will see God's love
Only when you'll be good
To touch gifts of heaven above

And know this world
Is full of good and bad
You just have to learn
To reveal all that is glad

And do good deeds
In this world to survive
And seek the light of God
To have a wonderful life

And today is your very
Special day my dear
I hope its filled with bliss
And lots of of love and God's care

Where God extends his hands
Of peace and joy and more
And lit up your soul
With kindness and care's door.

Happy 10th Birthday Sameen jan.
Mama loves you a lot.

Seema Chowdhury
Seek Help With Patience And Prayers

Seek help with patience and prayers
And ask Merciful God's hands to hold
Be humble in what you do and say
And enter in God's bliss layers and fold

Believe and always do good work
And establish deep connection with the Lord
Ask for His forgiveness, love and peace
And treasure spiritual knowledge of God

Always remember to ask for God's help
And be humble in your acts my dear
Only merciful God can bestow His bliss
And show us meaningful miracles with cheer

Learn true art of living and life on earth
And whisper positive sentiments every day
And as life's learning experiences are compelling
So seek help of God with patience and prayers

Start your journey to search for truth
And look inward for happiness and peace way
And know only God has the ultimate power
To bring your heart and soul at serenity's bay.

Seema Chowdhury
Seek Peace And Tranquility

Seek peace and tranquility
And choose where to walk
Be content with yourself
And be unique in your talk

Experience colors and beauty
In the journey of your life
Move forward with a plan
And take control of this drive

You are free to choose your way
So be firm and set your pace
Absorb energy from all around
And keep towards sun your face

Have new and positive vision
So you can enjoy your day
And connect with all others
With courage and faith's way

See beauty with your eye
And enhance your spiritual soul
Gain a unique perspective
In stress, doubts fear and dole

With time express your joy
And decorate your world with fun
Add gratitude, blessings and more
Before your life is over and done

Learn to reclaim your beautiful life
And stare the world back in the face
Choose peace and loving tranquility
And be firm and set your own pace.

Seema Chowdhury
September 1, 2016
Seek The Pleasure Of Thy Lord

Seek the pleasure of thy Lord
Walk along the candlelit path
Express your gratitude and feelings
Expand your perspective forever
Turn to the God Almighty for help
Enjoy splendid beauty all around
Absorb in the magic of the breeze
And pray under the brilliant blue sky

Seek the pleasure of thy Lord
Learn life's lessons on the way
Deal with troubles that are there
Strengthen your faith and be humble
Take a fresh look at life's problems
Pray to thy Lord for His help and grace
We are Merciful God's modest creation
So start your journey with smiles today!

Seema Chowdhury
November 22, 2017

Seema Chowdhury
Seize An Opportunity

Seize an opportunity
To enjoy life--
Its each moment
Its each flash
For this is the time
When
Desires start taking shape
Dreams come in abundance
And
Hopes are at their heights........
And this is the best time
To live
And collect the treasure of life........

Seema Chowdhury
Seize The Day With Cheer

Look at the world with hopeful eyes of life
And search for hidden meanings in there survive

Enjoy the fresh start of your each lovely day
And seek joyous chunks of smile in the way

Guide yourself with your open heart and mind
And relax at the day end and peacefully wind

Roll in happiness and avail opportunities dear
And know it's your turn to seize the day with cheer

Make changes and push your boundaries of hope
Embrace the unknown and challenge your scope

God gave you this life and it's very precious dear
So discover joy and delight in moments of cheer

Focus on new and fresh angle of changing life
And every day try new rules here to survive

Seize every opportunity that you get in your way
To make life extra special and a cheerful day

Seema Chowdhury
Seize The Moment

Seize joys moment and try to avail
Nice chances in your life that prevails

And enjoy each second of your life
And know that fain do exist and survive

And learn nicer and newer ways
To collect joy and fun for your days

And always remember that no one can
Prove himself to be a perfect man

So don't expect too much from life
Or else it'll be hard for you to survive.

Seema Chowdhury
Self-Organizing Team

1) Self-organizing is a critical concept in Agile Project's a team of self-motivated individuals and enthusiasts who are highly organized, creative, high achievers, have the power to make decisions and practically unstoppable.

2) They are an essential part of the business success. They are self-disciplined, willing to accept emerging demands and challenges. They have a strong sense of ownership. They command and control and they align their goals with the goals of the organization.

3) They are an energetic, accountable, goal-oriented and a group of strategic thinkers. They are comfortable in taking initiatives and calculated risks to get to their desired results. They strive for continuous improvement and they empower themselves and do not wait for someone else to assign them work.

4) They are always courageous, excited about their work, they want to be the best and always go an extra mile. They are go-getters, reliable, trustworthy, have high self-control and they respond quickly to any situation.

- Do you want to be unstoppable?

- Are you ready for the challenge?

- Do you want to be a part of the self-organizing team?

- Today, will you take the initiative and will you be one of them?

Seema Chowdhury
March 17, 2018

Seema Chowdhury
Sell Joys

I wish I was the seller
Of joy and a great teller
Whose work was to spread fun
Before life's days are done
I wish to sell the fain
To cover all sorts of pain
And wish if I could find
To spread the peace of mind
For life is very small
Where not comes for all
Joy and pleasure's sight
To make world glow so bright.

Seema Chowdhury
Sense Of Achievement

• Increase your sense of achievement and purpose and stay calm and focused in new and creative ways.

• Create a success plan, hear your inner voice and feel more fulfilled and accomplished.

• Keep in touch with your inner self and see what are your strengths and weaknesses that make you who you are.

• Overcome communication challenges and be in command. Take your role as an emerging leader and expand your horizon.

• Promote and create opportunities and live your best. Don't miss today and take time to celebrate your achievements.

Seema Chowdhury
February 1, 2018

Seema Chowdhury
I use to think
Why don't you understand
What I wish
Without my saying it to you
And then
I thought
And thought
And then
All of a sudden
The hurtful answer appeared
In front of me-
And that was
Because
Our priorities are different
And
So are our dreams........

Seema Chowdhury
Sequence Of Events

Watch the sequence of events
And go step by step
Keep things moving
By following the rhyme
And connect strings
To put the pieces of puzzle together

Create your own paradigm
And measure your own success
By tying loose ends
And put your heart and soul in it
And give shape to your own story

Look deeper into things
And find your way in the middle of it
And be responsible for your life
And don't walk away from it

Be strong but not judgmental
And always follow your heart
And form your opinion and perspective
Only then the real sense of peace
And comfort will come to you
In the sequence of events...

Seema Chowdhury
Series Of Passing Events

Life is an endless series of passing events
Where we face difficulties and tough situations
And we have to navigate through challenges
And learn to read between the bold lines
To avail swiftly the window of opportunity

Just be mindful and get the right balance
This is life's learning journey for everyone
So get your hope on and capture moments
See life with many different kinds of lenses
And stop counting your encounter with pain

Verbalise your thoughts and clear your mind
Look for the flashes of positive and bring lights
And enjoy the stillness and quietness in chaos
And be the beacon of hope and endless faith
That stands tall and strong to show way to others

Just remember that life is a series of events
That passes us by swiftly teaching us lessons
So learn to achieve the right balance to be happy
And verbalize your thoughts to clear your mind
And start counting your blessings one by one today...

Seema Chowdhury
May 22, 2016

Seema Chowdhury
Set The Direction

• Set the direction and take some time to reflect on who you are and what do you want to do.

• Communicate your thoughts, ideas, strategies and action plans assertively and confidently.

• Understand what your goals are, what motivates you and focus on positive outcomes. There are good and bad days so learn to embrace them all.

• Don't be closed-minded or a poor listener. Be open and welcoming to others and foster respect and trust.

• Always be direct and speak up where required. Be clear and honest and express yourself considering other people's feelings.

Seema Chowdhury  
January 8 2018  

Seema Chowdhury
Set Things Right

Set things in their places right
Look for joy before your sight

And learn to do it all
Before life's day get a fall

For no one else but only you
Can do it in a style new

And show that with courage and hope
You can surely wipe your mope

So do it now and set these things
And bring you the joys of spring

And learn to place things in right
And look for joy before your sight.

Seema Chowdhury
Shade Of Truth

Each day begins with the shade
With the shade that provides aid

Aid like wonders, humor and beauty
That reminds us all of our duties

It also tells us the greatness of truth
Truth like life's sorrows and ruth

Sorrows and ruth that are the part
Of our daily life inside the heart

So try to totally enjoy it
Whatever life is showing bit by bit

And try to be happy in life
Because that's the best way to survive.

Seema Chowdhury
Shades Of Happiness

Try to find joy and delight
In every passing sigh
For life has many shades
And it goes through these wades
So enjoy and try to spread
As it is the life's bread
On which mostly we survive
In the period of misery's life
But always remember in each pose
That life is not a bed of rose
You also have to face in it
A little part of the bitterness bit
So whenever you get a chance
Try to enjoy in life in advance
The different shades of happiness
As they are all God's bliss.

Seema Chowdhury
Shades Of Life

Life is a beautiful landscape
Where we must add colors
Bright and charming
Where each shade
Adds value
And each defined stroke
Takes us closer
To the reality......

Where God has given
many options
And opportunities
To us
To draw our world of action
And
It is up to us to see
How many colors
We can absorb
And blend together
To smoothly flow
With life’s rhyme......

Seema Chowdhury
Shades Of Tranquility

Each passing moment of a day
Is surely unique in its own way
For it is known to be made
Of noisy clatters or tranquility shades
And even in those moments in the time
There are hidden meaningful rhymes
That are waiting to be revealed
And taken out from under its seal
So try in each of your day
To seek and find in your way
What's hidden in tranquility shade
And why is it so hard to wade.

Seema Chowdhury
Shadow

I am scared
of my shadow
Because
It stays with me
All the time
Close...
Very close...
And
It watches me
Doing everything
Even
When I am shedding tears
And
wiping sorrows
From my eyes.....

Seema Chowdhury
Nothing begin in everyone's day
Where nothing good comes in the way
For each of our day and night
Is covered with god's shadow bright
For god is our creator and lord
And that's why he help us in odd
And whenever we're stuck in a trial
He holds our hand and gives us his smile
And that's why its for all a must
To put only in god our trust
And plea him to extend on us shade
Of his love 'n bliss for our aid.

Seema Chowdhury

Seema Chowdhury
Shadow Of You

My world is lonely
Without you
And I don't know
Then what to do
For everything looks
Empty to me
When around me
I cannot see
The shadow of you
Spreading smiles
The smiles that brighten
My days for miles
Where I can
With peace stay
And think of you
Throughout the day
And when you're not
Here with me
Then only loneliness
Is what I see
And then I wish
And pray for you
So you can come
To take away the blue
And once again spread
Sunshine in the way
Where with peace
I can joyfully stay.

Missing You Sunny

Seema Chowdhury
I want to shape my life
And want to live
My life to the fullest
And enjoy the gift of joy
And give out
Lots of love and laughter to share

I wish to live with gratitude
And have a new outlook
To expand my horizon
And learn valuable lessons
And share it with others

I hope to enter in the gates of heaven
And take out
Anger and past pain from my life
And from this wicked world
Reclaim joy to shape my life.

Seema Chowdhury
Shape The World

Shape the world to your will
And learn to master this skill
And know to win in this life
You've to learn to boldly survive
for world is not an easy place
And here you really have to face
Many ups and downs in the way
And many hurtful trouble's ray
So find for yourself better days
And look forward for lucky maze
Where you can easily find
A way to bring peace to mind
And know that to boldly survive
And win in this trouble filled life
You must learn to master the skill
Of shaping the world to your will.

Seema Chowdhury
Shape up your beautiful life
And don't let it get chaotic
Accept challenges head on
And deal with them with grace

Try to always make a difference
And learn to go with the flow
Unveil little secrets of happiness
And share happy moments with others

Take a break when you are tired
And learn to show your gratitude
Feel your emotions and let it go
So you can free yourself from it

Enjoy some quiet time every day
And focus on light, faith and hope
Don't let craziness of the day
To stop you or shut you down

Enjoy sunshine and let it absorb
Positivity, hope, love and care
And let go of worries and chaos
Just be yourself and shape up life...

Seema Chowdhury
June 22, 2016

Seema Chowdhury
Share Fun

With open heart invite joy to
walk in and stay with you

And share all your smiles with it
And enjoy each moment and every bit

For a shared joy is like a gift
That gives our spirit a lift

So learn to pass it to
All who are feeling blue

And then soon you will see
All joys smiling for thee.

Seema Chowdhury
Share Joys Moments

Just in the blink of an eye
Just in the moment when I was thinking high
Just in the period free of pain and sigh
Happiness illuded and bade me goodbye
I don't know why it happened with me
Specially when I wanted to see
Nice new things that life have stored
And wish to see joyous things few more

I though and thought throughout the day
Even while walking up and down in my way
And then atlast I got the reply
Of the question in which I asked why

May be because my time was up
And now it was put in someone else cup
Or may be because others had too
A right to share joys moments that're few.

Seema Chowdhury
Share Some Laughs

Laughs and smiles
Are
Not just expressions-
But
They are
Deep passions
That
Needs to be
Shared
Understood
Felt deeply in heart
And
Then
Passed on.............
Just like kindness
That should not
Be kept for oneself only.............

Seema Chowdhury
Share The Load

With laughter in the eye
And
Smile on your face
Look forward
To help someone out
By
Sharing their load...
And give company to
The lonely
Unwanted
And troubled person
So tomorrow
When you need
A helping hand
Then
Someone is there
For you.....

Seema Chowdhury
Share With Others

Share your smiles not your tears
Share your laughs not your fears
Share your peace not your strain
Share your gain not your pain

For everyone is battling in life
Where many unseen problems survive
Those challenges us day in and out
And fill our lives with unaccountable doubt

So don't look at shades of gray and blue
Mix happiness with tenderness hue
In everything that comes in your way
So you can brighten the coming day

Just remember that life has many loops
So learn to bind and fasten with a hoop
All your wishes, desires and joy
And share with others what you enjoy

Then surely you will find serenity and peace
Where troubles will pause then forever cease
And you will feel Divine's love and care
Extending shades of blessings deep layer.

Seema Chowdhury
Share Your Hopes

Share your dreams and your hopes
Share your fears and learn to cope
With this life's bitter bite
With calmness, peace and delight
And know that in this life's game
You don't have any right to claim
Only on its joys and smiles
But you have to share trouble's piles
so when you feel bad and blue
And wish to see some bright hue
Then go to the door of God and pray
For He is the only one I'll say
Is your only true aand loving friend
Whose blessings has no bound nor end
Who will come forward to coyly share
Your dreams and hopes to show He cares.

Seema Chowdhury
Shared Grief

Grief when shared
Becomes half in time
And takes away the pain
In this life's rhyme
And wipes away blues
And tears in your eyes
And takes away troubles
Your sorrows and sighs
So try to share with others
Their hard times and loads
And swap it all with the
Joys and happiness board
And try to show them smile
And better days dear
Where fate and luck will greet
Them all with glee and cheer.

Seema Chowdhury

Seema Chowdhury
Sharing A Thought

Sharing a thought with a friend
Is a joy which really has no end
That brings you all sorts of fain
That helps in removing your distress and pain

So whenever you feel down and blue
And you don't see any lively hue
Then look at a friend in every world's nook
Who will greet you with a smiling look

And the joy that we get from them
Is like prayers which helps to hem
The rough edges that brings us pain
Specially in the absence of joy and fain

And when God made this world and the earth
He knew we'll need nice people who are worth
And to prove this he made us good friends
Whose kindness really has no bounds nor ends.

Happy Friendship Day! ! !

Seema Chowdhury
Shattered Dreams

Just with a little violent blow
My friends were replaced by the foe
Because with a sudden break
My dreams shattered like a lake
I don't like, want or ever wish
To see happening any of this
Because after that its hard to stop
The painful tears that want to drop
As I think the hardest thing of all
Is to see yourself or your dreams to fall
Which afterwards really set a trend
Of a violent pain that has no end.

Seema Chowdhury

Seema Chowdhury
Shattered Dreams And Ashes

Hushed and dim
Lost in my own thoughts
I found myself
Weeping from the depths
Of broken heart-
Shedding
Hot tears
In the unguarded moments
With my mind caught
In the whirlwind of words
When
I saw my
Shattered dreams
Broken into ashes.....

Seema Chowdhury
Shattering Moments

when
Your outlook in life is negative
And you feel numb with grief
then
In those shattering moments
Nothing--
But
Questions and more questions
Take you to the ride
Of
Non- stop confusion
And
Unsettled puzzles.....

Seema Chowdhury
She Is The One

She is the one who gave me birth
She is the one who protects me on earth
She is the one who spreads joy and mirth
And shows to the world my value and worth

God show your compassion and blessings forever
On my beloved mother who always endeavor
Troubles and pain whatever and whenever
To raise me with tenderness and warmth's cover

She is the one who brightens my day
She is the one who strengthens my way
She is the one who always keep at bay
Agony and clouds of doubt to ruin my day

God she is a ray of sparkling sunlight
Whose beams spread very far and bright
Who has a gentle soul and a heart of gold alright
From which grace, virtue and kindness alight

She is the one who has always spent
Her love and time to straighten my path bent
And reconnects my past with her present
To make life worthwhile and always pleasant

God keep her safe and shower on her love
Open your wide doors of Heaven above
And give her peace so she can smile like a dove
For she deserves benevolence of your care and love.

**** written for my beloved mother who is suffering from Alzheimer***

Love you Ma, may God be with you today and forever

Seema Chowdhury
She Makes Magic Happen

Alive and Adventurous
Bold and Beautiful
Caring and Courageous
Determined and Distinct
Eager and Enthusiastic
Faithful and Fearless
Gentle and Graceful
Helping and Happy
Inquisitive and Intuitive
Joyous and Jolly
Kind and Keen
Lively and Loyal
Makes Magic Happen
Nice and Natural
Optimistic and Outstanding
Pleasant and Persistent
Qualified and a Quick-Learner
Refined and Reliable
Sincere and Sympathetic
Tender and Talented
Understanding and Unassuming
Vibrant and Vigilant
Witty and Wonderful
EXcellent and EXemplary
Young and Youthful
Zealous and Zappy

A woman is the brightest crayon in the box of life. She is a go-getter, a life-saver and an empathetic being. She is the life and soul of the world. Her hope, faith, and belief paint and illuminate the world. And she is the One who makes magic happen.

Happy International Woman's Day

Seema Chowdhury
March 8, 2019

Seema Chowdhury
Shed New Light

Shed new light on this earth
Prove all your talents and worth
And tell how much you can show
Your kindness and love and sympathy in woe
For this world is walking on the feet
That is holding the world but cannot meet
Whose path crosses all hills and dales
Hands in hands with courageous vale
So always stay prepared and see how you can
Act as a nice and a kind man
And show others that you are worth
By shedding new light on this earth.

Seema Chowdhury
Shed Your Magnificent Light

Create a new life filled with care and sunshine  
Go out into the world and show your special gift  
Take the first step and know it is the right time  
To shed your magnificent light for soul's uplift  

Fight through bad days to reach good ones dear  
Focus on your mind and all positivity around  
Don't let doubt and fear to stop you in the way  
Be positive and travel new roads on the ground  

Don't let anything to stand in the way of your wants  
Count your blessings dear at the end of each day  
Find a point of convergence and shine through today  
And go out to the world and brighten your life's way  

You are truly special and you are a blessed child  
God has bestowed upon you bliss, faith and hope  
So find your peace, gratitude and prayer's door  
And know your Lord will never leave you to mope  

As today you are turning Sixteen my beloved Sameen  
I want to wish you a world of peace and endless joy  
Where everything that you will do or every say  
Will grace your surrounding with the smile to rejoice  

May you find glorious victories, serenity, and peace  
So you can go out to the world to share your gift  
And take your first step and know it is your time  
To shed your magnificent light for your soul's uplift  

Happy 16th Birthday Lovely Sameen  
Mama and Baba Loves You Very Much!

Seema Chowdhury  
September 24, 2016  

Seema Chowdhury
Short Supply

Happiness has a short supply
So whenever you find
Capture that moment
So later on
When you don't have any
Then you can
Atleast
Have a memory
Of the past....
To admire..
To cherish..
And
To make you smile...

Seema Chowdhury

Seema Chowdhury
Show A Little Mercy

Don't hurt anyone be gentle and kind
And always try in your way to find
How you can spread this precious gift
To give other's spirit a brighter uplift

Show a little mercy to those in grief
And try in your way to bring them relief
And see how you can spread this gift
To give other's spirit a brighter uplift

And help all who are stuck in a trial
And try in your way to make them smile
And see how you can spread this gift
To give other's spirit a brighter uplift

And help all who mope
And try in your way to bring them hope
And see how you can spread this gift
To give other's spirit a brighter uplift

And when you'll do all this dear
Then God will also show his care
And will bestow his mercy specially on you
With the true gift of joy and happiness hue.

Seema Chowdhury
Show Of Colors

Life is a magnificent
Show of colors
Where
God throws all the colors
And all the shades
We can think of
And then
He sits and watches
Our moves and see
Which colors
We choose
To complete our story
In a fainly simple way.............

Seema Chowdhury
Show Sincere Gratitude

Just take a moment to give Thanks to the Loving God
Appreciate what you have by His endless Grace and Bliss

Treasure moments to unlock new joy, courage, and hope
Listen to life carefully and spread your wings and fly

Don't lose momentum or real opportunities in your way
Look at the brighter side and reflect on your blessings

Change your life and spend time growing your faith
Fill your heart and soul with humble and sincere gratitude

Find many reasons to be happy and celebrate life
Appreciate the journey and push forward your steps

Be ready to face what comes next in your path
And bow your head in humble prayers and gratitude.

Thank you, God for your love, care, and endless blessings.

Seema Chowdhury
October 8, 2018

Seema Chowdhury
Show Your Gratitude For Inspiring Prayers

Develop strong relationship with Gracious God  
Know He has things planned just for you dear  
Show your gratitude for inspiring prayers  
Be thankful for all His kindness and care

He is your Lord, the Creator, the ultimate Maker  
He is the Fashioner, the Mighty and the Wise one  
His timings are always calculated and perfect  
He is Unique, All-Knowing and the special someone

Enlighten your soul with positivity and peace  
Be kind and gentle and lead a spiritual life  
Heal your heart so you feel good inside and out  
Drive out of darkness into the light that survives

This is a good way to live life and spread joy  
To be faithful and before Lord kneel and bend  
For He is the source of Security and Protection  
He is the Might and the exalted, till the end

So love All-Knowing God with your pure heart  
Find ways to be peaceful, calm and show care  
For your Lord will help you to grow in His Grace  
And accept your gratitude for inspiring Prayers.

Happy Birthday Sweet Sister Sanober and many happy returns of the day!

Seema Chowdhury  
November 22, 2017

Seema Chowdhury
Shun Negative Thoughts

1) Tell yourself you are smart and talented and you have a deep sense of purpose.

2) Say positive and motivating things every day. Find your 'aha moment'.

3) Don't wallow in disappointments and shun negative and feelings. Embrace change for better results.

4) Don't let negative emotions surround you, be happy and shape your future for success.

5) Throw away fear, anger, stress and regrets. Don't lose it and fight for your rights. Be a person in-action and move forward.

6) Positive emotions help you to become confident and optimistic, so let the magic of positivity begin.

7) Feed positive thoughts to your brain and learn from both good and bad experiences of life.

Seema Chowdhury
May 4, 2018

Seema Chowdhury
Sigh Of Silence

The mournful sighs
Of silence
Are shedding tears
Of pain
And
Sigh
As they're badly hurt
And
Needs a powerful cry
To wipe it all
From them........

Seema Chowdhury

Seema Chowdhury
Signs Of Good Fortune

Smile fainly for a while
Even when stuck in a trial
For then it will help to end
The road of pain that is bent
And then you'll learn in your way
To go quietly to god abd pray
And ask him to show you a sign
Of good fortune that you wish for thine
And when you'll earnly plea
And wish if you can ever see
A pathway where you can walk
And have a nice and a little talk
With your god who will understand
And will firmly with you stand
And on you put his blessing's hood
To show you sign of fortune good.

Seema Chowdhury

Seema Chowdhury
Silence

Silence is sometimes the best reply
That I wish to mostly apply

When I'm hurt and feel the pain
And tears start pouring just like rain

For mostly people don't understand
What I'm going through on God's land

Specially when my words and acts
Are misunderstood and that's a fact

So that's why I feel the best reply
In such a time is to apply

The language of silence in pain
To cease feeling sad and insane.

Seema Chowdhury
Silence Is Musical

Silence is musical
If you can hear
What it's trying
To say to you dear
For it's not easy
For words to say
All we wish
To tell each day
So learn this language
For yourself and believe
It carries a meaning
Of both joy and grief.

Seema Chowdhury
Silent Beauty Of The Sunrise

As evening gives way to radiant morning
The rosy tint on the sky appears
Tenderly brightening the beautiful sky
With its sparkling glow and cheer

Where golden shine on the mountain
Spreads warmth and soft rays of light
And host of clouds merrily dance
With birds flying and chirping bright

Morning breeze blows sweetly and swiftly
Across the soft amber glowing sky
Tenderly giving way to silent sunrise
Stirring emotions deep to run high

Mesmerizing dews are spread on the grass
Making everything glow, shine and smile
Like bright rainbow colors all sparkling
And sprinkling magic on the meadows pile

All this look so amazing and tender
As it brings serenity and silent peace
I stare deep into the horizon to absorb
Fragrance of the fresh morning breeze

And in those brief magical moments
I feel lost in awe struck beauty and haze
Where melting colors of the brilliant sunrise
Become a source of radiant blessings to gaze

Welcome another blessed day in life and give special thanks to your Creator.

Seema Chowdhury
Silent Cry

The silent cry that I heard
From the injuries that were curt
Helped me to cease the tears
Rolling down for so many years
For when i’m feeling bad
And nothing around seems glad
Then instead of falling in mope
And losing all sorts of hope
Its better I take off the load
And help to lift another road
By walk on the path of god
And ask for his help in odd.

Seema Chowdhury

Seema Chowdhury
Silent Land

Let me go and stay
Let me find my way
Let me sort my life
And let me peacefully survive
Life is difficult and hard
And like a pre written card
That we all have to read
To let grow our life's seed
I want some time alone
I want from you a loan
A loan of your loving hand
Because I know you understand
I want just for a while
A brake of your loving smile
And a silent land to stay
With no grief in the way
So let me go and stay
Let me find my way
Let me sort my life
And let me peacefully survive.

Seema Chowdhury
Silent Language Of Grief

tears are the silent language of grief
Taht mostly provide us comfort and grief
When once they quietly all fall down
On grass that's green or on mud taht is brown

Because they are very precious and rare
that no one whenever wants can spare
Because eit only comes with the pain
that we get like an unpredictable rain

So then after facing agony and distress
And all life's lies, fib and mistrust
What is left for us to feel
That afterwards every one has to deal

Is the silent language of our grief
that gives us way to find a relief
Through the path of life's precious tear
That not only sounds but is very rare.

Seema Chowdhury
Silent Majority

When you're hurt
Just keep quiet
And
Stop your eyes
To
Shed saltish drops
And
Pray in your heart
Because
God Almighty listens
To
The silent majority.

Seema Chowdhury
Silent Pain

Silent nights and silent days
Silent pains all spread in ways

Is what I only get at the end
Where things are cracked and bent

I wish and hope never to see
Another dawn where I'm not free

Of all these distress and blues
And feel like a disappearing dew

I just wish to be left alone
With my thoughts never to mourn

And hope to cope in my way
With silent nights and silent days,

Seema Chowdhury
Silent Questions

I wish if I can ask just why
I wish if I can give it a try
I wish if I can be the first
Who can break this silence crust
I really want to know so much
I really want to feel and touch
The bitter realities of my life
Which all around me do survive
So then I can forever feel free
And get out of the trouble's sea
And ask silent questions to express
And find out what is making me depress.

Seema Chowdhury
Silent Strike

I observed the silent strike
Throughout the day
Throughout the night
And walked alone
Beside the beach
Where nothing but
Serenity prevailed
I walked and walked
And thought that why
I cannot stay
Happy and gay
And then while walking
I got the reply
That it happens because
I always ask 'why'.

Seema Chowdhury

Seema Chowdhury
Silent Suffering

Set your own hours
And march to your own beat
And don't let
Silent sufferings
To lead your way-
Just learn to say goodbye
To your fears
And start your journey
In to hope
And
Hope for a life
Free of worries
Duties
And
Struggles....

Seema Chowdhury

Seema Chowdhury
Silent Thoughts

In spoken words or in silent thoughts
Your sweet little action among the lot
Leaves an impression in my mind
Of your childish acts that are kind

For the love that I hold in my heart
Is very deep that can never apart
And specially the lasting joy and pleasure
Which no one can count or even measure

For the days I've spent with you
really holds a precious value too
Where all your cute actions are
Bringing us close even from far

And there I wish you can always stay
Deep in my mind like a ray
That passes through every curve and rock
And leaves behind a memorable stock

Of all your lovely acts and talks
That finds the key to readily unlock
The way which expresses your silent thoughts
And your cute little actions among the lot.

Seema Chowdhury
Silent Way

No one can share with me
The agony i'm going through
No one can understand
Why I do things I do
I wish if someone can
Interpret my silence code
And can feel how I feel
In this life's painful board
But guess not, it is too much
To ask and wish today
For no one can understand
The meanings of my silent ways.

Seema Chowdhury

Seema Chowdhury
Silent whisper

Silent whispers that I heard
From my injured mind
Where wounded thoughts
Were crying hard
And
Were shedding tears
Of pain and sigh
Quietly
And
Silently requested
To transpose
Tears with smiles
Pains with joys
And
Troubles with pleasures...

Seema Chowdhury
Silent Words

Silent words
That I heard

From my thoughts
Really brought

Me the choice
To rejoice

And feel free
From trouble's sea

And can dwell
In happiness well

And be glad
To end all that is bad.

Seema Chowdhury

Seema Chowdhury
Simple And Complex

Life is a combination of simple and complex events
Where echo of memories never die
And life feels empty at times
And we find it difficult to fight back tears
For rare and unusual things happen on grand scale

And when dusk falls on the city
We wish to find the shooting star on the sky
That can brighten our world
And can change the perspective
So we don't have to gaze around us with sad eyes
For sometimes conflicting view
Kicks in without any warning

And we find the ebb and flow of the world
Intimidating and overwhelming
And find challenges in a series in every step of the way
And in such a time we wish to see at least one bright day
And words of comfort and wisdom to remove the clouds

And see miracle appearing
To open window to a brand new world
With the gifts of prayers
Everlasting love of Almighty God
And enduring faith........

Seema Chowdhury
Simple Little Things

Just from simple little things
Life's joy may often springs

So live with joy in each day
And make the fortune in your way

For kindness brings joy and shine
Just like soothing lover's wine

That brings contentment and fain
And shower like the summer rain

So go on and work on it
So it can give happiness in bits

For life's joy may often springs
Just by doing simple things.

Seema Chowdhury
Simple Loveliness

Find loveliness
In simple things of life
Like
A simple day break
A sunset
A flower bloom
A rainbow in the sky
A charming smile
or
In just an innocent tears.........

Seema Chowdhury
Simple Rules Of Life (A-Z)

A - Allow yourself to take bold decisions and find reasons to continue
B - Break away from negative force that you are on and change your path
C - Create splashes and vibrant patches on your life's big and wide canvas
D - Don't hurry along life's path watch your pace and bring in peace
E - Enjoy the glorious sunshine and maintain positive perspective
F - Find joy in all you do and enjoy the fresh and air to breathe in
G - Glorify God Almighty and strengthen your bond and tie with Him
H - Hold fast to your dreams and revitalize your daily experiences
I - Improve as you pass through challenges and widen your hope
J - Join happiness and gratitude lane and break the solitude of loneliness
K - Keep a gratitude journal and count your blessings and add in it always
L - Learn to say thank you and be graceful and forgiving to others
M - Make connection with life and make choices that you can live with
N - Note positivity in every day and walk on the sunlit shore to refresh
O - Organize life's journey and always make it significant and worthwhile
P - Ponder on what you can do and be faithful in your prayers and hope
Q - Question yourself meaningfully but don't lose zest and quest for life
R - Remember an ending is a new beginning so be enthusiastic In life
S - Smile and find serenity, peace and courage to face adversity headon
T - There is so much to be grateful for so look carefully and reflectively
U - Use positive thinking to approach a new day with its twists and turns
V - Visualize your pain and pleasure but don't let it emotionally destroy you
W - Wish for God's blessings and don't drown in the ocean of sorrow
X - eXperience and rise to the challenges of enduring pain and affliction
Y - Yearn for Heaven's breeze and fill your heart with fervent prayers
Z - Zoom on bountiful blessings and thank God Almighty for everything

Happy New Year 2016 to all of you, take care and smile :) :) :)

Seema Chowdhury
December 16,2015

Seema Chowdhury
Simple, Unpretentious And Contented Life

Dont worry for things that you can't change
Be prepared for the approaching moments
And live a simple, unpretentious and contented life
There are many complex things coming ahead
So discover the layers of the richness of reality
And write your fabulous and perplexed story
From the kaleidoscopic memory of entangled life
And stir some pure emotions from the past
So you can embrace change to create opportunities
With strong belief, deep faith and unbreakable trust

Remember we move between the worlds
Of our bitter reality and tender fantasy
So don't let life's mirror cloud with steam
Clear your view and start all over if required
Heal your fresh wounds with the balm of hope
And start coloring your side of the rainbow
With strong belief, deep faith and unbreakable trust
Collect your emotional and physical strength
And embrace change to create life and opportunities
To make life simple, unpretentious and contented.....

Seema Chowdhury
Simplify Your Complex Life

Energise your dull day
And live through these moments
Start a new journey with joy
And simplify your complex life
Capture small moments in time
And take a giant leap of faith
See bright colors blooming
And radiant flowers on the ledge
Attract new possibilities all around
And enjoy the power of positivity
Stay calm through your struggles
And see the power of endless faith
Explore your own reflection dear
Don't lose sight of the bigger picture
During difficult times in you life
Navigate through the shining sun
Learn to appreciate your life
Always try to stay strong and positive
Count your blessings every day
And live through these moments....

Seema Chowdhury
April 5, 2017

Seema Chowdhury
Since Yesterday

Things haven't got any better
Since yesterday
And it will not get any better
Tomorrow
So clear out the gloomy music
And
Add a lively jingle
In your life's rhyme
And
Never give up your dreams
For there would be
Periods of calm
Followed by
The violent wind sheers....

Seema Chowdhury
Sincere

SINCERE

S - Showing genuine interest and helping wholeheartedly
I - It's a perfect opportunity of expressing your really care
N - Never underestimating the power of a sincere smile
C - Creating positive energy and the right rhythm in life
E - Earnestly and honestly feeling for someone and showing it
R - Reaching out, cheering up, and making someone's day
E - Enjoying and expanding the field of happiness and hope

Seema Chowdhury
December 2018

Seema Chowdhury
Sincere Friendship

Friendship is a sheltering tree
Where grows flower of love
That extend it branches
Like a bliss of heaven above
For friendship is a rare gift
And a source of pleasure
That brings fun and joy
More than any treasure
And it is like a garden
Where grows grass green
Just like that in friendship
There is nothing mean
And friendship is unselfish
And it is also kind
that brings you alot of fain
And pleasure's peace of mind
because it is a sunshine
That gives it bright light
And makes everything gloomy
In the garden of delight.

Seema Chowdhury
Sincerity Shines Through

Let sincerity be your aim
Let it stay in the meaning same
\And let not you deviate from it
For it holds value in every bit
So be sincere in words and deeds
For it is like a growing seed
That is very rare and worth
Among all things found on earth
So practice it all along your way
To brighten someone's else day.

Seema Chowdhury
Sing A Prayer Of Thanks

God hold my hands and bring me out
Where there is no pain or doubt
And shine the light of your love for me
So I can sing a prayers of thanks for thee

Please fill my life with joy and peace
Where troubles are trapped and ceased
And shower right combinations of lively hues
That can color and blend all my blues

God please help me in my life today
To save lost boat from battering waves way
And shine the light of your love for me
So I can sing a prayer of song for thee

For switching between things are hard at times
And life seems scattered and with out rhymes
But with your help and love's waves
I can come out of darkness of misery's days

And enlarge my future to follow my dreams
Those are pure and fluffy like a cream
So please God shine the light of love for me
So I can sing a prayer of thanks for thee.

Seema Chowdhury
Sing For Joy

Let the stream of light flow
Without any hinderence
With a magical notion of love
And deepest feeling to stay positive
With excitement of a fresh start
To sing a song of joy

To show your gratitude
For the gift of life and living
And a chance to expand
The field of happiness
With few lessons learnt from faith
With peace and simplicity

For the sparkle of love and happiness
Can do miracles to add fun to share
A beautiful song of joy to show gratitude
For the positive reframe and perfect time
To renew your soul and expand your horizon

Wake up with a new perspective
With the rising sun of vibrant colors
To add harmony and rhythm to life
And recharge those spiritual moments
And be grateful for the warmth and blessings
That brought real joy and love of contentment
And gave you a beautiful reason
To sing for joy and hope.....

Seema Chowdhury
I don't know
Whether
In God's house
My name is
In the list
Of
Sinners
Or
Winners? ? ? ?

For so much
I feel
We lose
In
Every day
And
In
Every moment
Because of our
Ungratefulness
Towards God Almighty.............

Seema Chowdhury
Sisters Are Special

Sisters are our best friends
Who are always there for us
No matter what........
With them we share
The same memories
The same jokes
The same stories
The same joy and tears.....

They are the ones who understand us
Without saying a word
And they offer warm, comforting and unconditional
Hugs and kisses without asking for them.......... 

Sisters are the sunshine when we are down
A cool breeze when we are hurt
And a sparkling rainbow that guides our way
Even in the darkest, deepest and a starless night......

They are a special and a rare gift
And life's greatest treasure from God
Who help to lighten our troubled soul
Brighten our dull spirits
And they add meanings to everything around us

Sisters are our special friends
Who listen to all our troubles and fear
And they have a powerful and a magical hug
That makes everything better and brighter

They are our teacher and a special counselor
Who somehow have answers
To all our problems
And great solutions for
All our unsolved queries.....

And sisters know what is in our hearts
As we are all a special part
Of a beautiful and an amazing maze called life
Where kindness, care, concern and affection
Bind us in a strong bond of unbreakable love.....

Thanks for being a very special sister.
Happy Birthday Baji.

Seema Chowdhury
Slide Show Of Life

In the slide show of life we see
Flashes of happy moments
Loving laughter
Speaking words
Warm hugs
Beautiful smiles
Memorable experiences
Lasting memories
And
Breathtaking turnover
With which we try to make connections
With passion and enthusiasm
And weave and blend in together
To rediscover the magic
And think about the world in a different way............

And that is when we learn
To travel by unexpected routes
And move through the maze
Reflecting on reality from time to time
And grow avenue and tailor life's solutions
To avail every chance we get to grow
To live our dreams
And enjoy life with perks and pleasant surprises
And see the beautiful and amazing
Slide show of life..............

Seema Chowdhury
Sliding Door Of Life

Life is like a sliding door
Where everything seems raw and exciting
If you start walking on the sunlit path
But in a blink of an eye it turns bitter and sad
When the gray sky starts to move in
And wet snow fills your path
And you feel lost and cannot find the starting point....

Just remember in such a time
To play with the telescope of your vision
And turn it around to see a bigger view
And do not let waves to rise above your head
Just hang on and be steadfast
In every step of the winding trail
And don't let your heart melt into silent tears
Just sing a song with new meanings
And turn your thoughts away to hope and tenderness

And be ready to slide back
The door to the sun lit path
And feel the warmth and the sunshine upon your face
And eliminate the road block
With the magic of believing in yourself
And knowing that everything unfolds according to the divine plan......

Seema Chowdhury
Slippery Stones

Life is made up of
The layers of
Slippery stone steps
Where
Each step takes you to
The valley of agony
And
The dale of misfortunes
That has
A tangible link
With
Our fate and luck.........

Seema Chowdhury
Small Breaks

Look
For small breaks
In which
You can repair
The broken world
And
Erase every word
of
Worry and sorrow
To Change your life....

Seema Chowdhury
Small Smiles

Take time out every day
Have some fun in your way
And remember to smile
For it goes a long mile
Because life is hard and long
Where you need to prolong
Few moments of joy that survive
In this hard and bitter life
So learn for a little while
How to create series of smiles
Because though its a little thing
It creates for you a blessing's ring
so take time out every day
To have fun in your way
And always remember to smile
For it really goes long miles.

Seema Chowdhury
Small Thoughts

Small thoughts of kindness
Can change everything around
For it can bring happiness
And spread it on the ground
And read the hidden message
That is there for all
For anyone who is stuck
In trouble big or small
For kindness is a language
That a blind eye can hear
And is for you and me
So learn to understand
And read it all loud
For it can surely clear
All your trouble's cloud.

Seema Chowdhury
Small Wonder

This world is a small wonderland
Where miracles of God and the magic band

Are present and all perform their role
And help us all to attain our goal

It has the wonder of joy and hope
That tells us never to be in mope

And shows us right path or line
Which helps us to complete life's rhyme

It also has the powerful magic
Of love that overcomes our tragic

And tell us these magic bands
And miracles make God's wonderland.

Seema Chowdhury
Small Wonders

Paint a picture before the world
And fill with vibrant colors
All the shaded emptiness
In the landscape of the world
And expand your canvas
And spin the globe
To add new dimension of time

Direct your thoughts
And create your role
By shaping your life to its free flow
And don’t let the moment vanish
For there are small wonders
In each passing moment

That's a dazzling reward
That life hands out
To restore lost harmony
And answer questions that are hard to answer
That gives a chance to voice
Your feelings, fears and longing
So appreciate life
And look for small wonders
That are hidden in layers of your life..........

Seema Chowdhury
Smile

A simple thing like a smile
Will help you go another mile
It makes your moment precious
Even if just for a while

A smile will cost you nothing
But it may buy you something
It makes your moment precious
Without even spending anything

A smile is a sign of friendship
More expensive than a goldship
It makes your moment precious
Like sailing in a seaship

A smile is sunshine when sad
a rainbow that makes you glad
It makes your moment precious
By changing to good from bad

A simple thing like a smile
Will help you go another mile
It makes your moment precious
Even if just for a while.

Seema Chowdhury
Smile A Lot

Life is sunny
Life is bright
If you really know
The path that's right

So learn learn the rule
To smile alot
And then see
Happiness it has brought

And in every moment
Of your life's road
Try to compute
And enter joy's code

And then for yourself
You will surely see
A bright life waiting
Just for thee..

Seema Chowdhury
Smile Is A Sign Of......

A smile is a sign of love
A smile is a sign of care
A smile tells how much to others
You are important and also dear

A smile is a sign of cheer
A smile is a sign of trust
A smile shows how you can
Be happy even in hard crust

A smile is a sign of joy
A smile is a sign of hope
A smile teaches you how you can
Remove the clouds of mope

For nothing but only a smile
Takes away your pain and trial
And pick your trouble's pile
And let you smile, smile and smile.

Seema Chowdhury
Smile Makes Life Worthwhile

Pack your troubles in the trouble's kit
Throw it away and don't keep a bit
And know that nothing but only a smile
Is what makes your life worthwhile
Help others when passing through life's road
And help them to pick their load
And give them nothing but only a smile
Because that's what makes life worthwhile
And when you see someone without a friend
With bitter life 'n with trouble's end
Then tell them that nothing but a smile
Is needed to make life worthwhile
And whenever things seem down 'n blue
And life seems empty of happiness hue
Then know that nothing but only a smile
Is what makes your life worthwhile.

Seema Chowdhury

Seema Chowdhury
Smile Of Acceptance

Sometimes I feel
Only
Your smile of acceptance
And your unconditional love
Can lead me out of
The unending darkness
And take me
To the world of happiness
where i can
Feel the breeze
Listen to the rain
see shining rainbow
And
The golden sunshine
Putting
Balm on my hurt feelings
And show me a path
To begin my life
A new
A fresh........

Seema Chowdhury
Snowfall Magic

Snowflakes are gently falling from the sky
Sitting gracefully on the bare branch
Like thick and beautiful pearls
Stringed together in a holy bond
Glittering and glazing
And the branches are drooping with its heavy load
As if bowing to God Almighty with adoration and zest

The flakes are awesome and rare
And as the snow drifts with the wind
They gather around the steep slopes
And the flat ground evenly and undisturbed
It is a panoramic view creating a momentum

I touched the snow to get a sense of them
It was fluffy and fantastic
And it created an amazing attraction
And awakened in me
The feelings of holiness and devotion
And reflected God's beauty and adoration
And I felt like it was heaven on Earth
Spreading freshness and purity all around.....

*** 2nd poem of the snow fall series***

Seema Chowdhury
So Less

So less is left
So less of time
So less of life
So less of rhyme
I wish
I can increase it
And
Can save myself
From
The vicious circle of time........

Seema Chowdhury
So Many Dreams

There are so many dreams
Yet to come true
There are so many joys
Yet to be shown to view
There are so many wishes
Yet to come to sight
There are so many smiles
Yet to bring delight
So don't lose hope
Neither ever cry
Just hope for all the best
And again and again try.

Seema Chowdhury
So Much I Want

So much I want to tell you dear
So many things all bitter and fair

So many stories of my past
That covers my life's area vast

But I cannot find words to
Tell them all dear to you

Because those are all meant to be felt
Deep very down in the heart's belt

And that's why I hope if today
You can take out time along the way

To feel all those feelings of mine
That're spread in my life's area like a vine.

Seema Chowdhury
So Much To Look At

So much is there to look at
This is my dear a fact
So don't ever lose your hope
Or fall very deep in the mope
Because crying will not help you
Neither it will change your view
So do it all and look with faith
Then surely you'll also feel great
And things around you will be glad
And it will swap its places with bad
But for all this you have to act
And believe there's much to look at.

Seema Chowdhury

Seema Chowdhury
Soft Colors Of The Morn

The soft colors of the early morn
Warmed and energized my soul
With its beauty and glow
Where I found myself absorbed in special moments
In the train of my thoughts
And rays of inspiration shone
To open up new vista of possibilities

It invited me to resume my life
And let my heart speak and sing
The song of infinite beauties
And there I created memories to last a life time
To enjoy and celebrate miracles
And unending joy of a beautiful dreams

I learnt to trust myself
To bring ease and joy
To experience happiness in the present
And Today I took my first step
Onto a long path of
Healing journey of life

Seema Chowdhury
Soft Dew Drops

Day break ends the night
Sun makes world bright
Dew drops kisses the flower
And give it the blooming power
To bloom on the earth
And show us all its worth
And bring the message of hope
And tell us never to mope
And there soft drops of dew
Brighten with its hue
The hills, sea and sod
To show the power of Lord
And teaches us nice ways
To live along life days
And see how to stop to flop
And stand firmly like a dew drop.

Seema Chowdhury

Seema Chowdhury
Soft Words

Soft words of care
Flows my dear
Like a stream
Full of beam
Of words of love
To fill life's curve
With smile and joy
And shows to enjoy
Each day of it
With the happiness kit.

Seema Chowdhury
Some Joyous Moments

Moments of joy never stay
Forever in any ones way
For it is like a cooling breeze
That blows for a while then cease
So whatever chance you ever get
Try in it for you to set
A nice trend to follow smile
And take it with you for miles
And learn to wipe the waves of pain
And swap it with the current of fain
And try to adopt the art of joy
So you can learn to enjoy
And make moments of joy to stay
For a little longer in your way.

Seema Chowdhury

Seema Chowdhury
Some People

Some people are always ready to lend
A sympathetic ears to listen and mend
The trouble that is bothering you
And is making you feel down and blue

For these are the people who always know how
To offer a hand just then and now
And make you feel good and glad
And change for you all that is bad

And I always feel very proud to tell
That among those people you also dwell
Who always try to make my day
By saying something very special in a way.

Seema Chowdhury
Some Silent Prayers

Every little wish that we have in our heart
Every little prayer that from us impart
Every joy that we wish to be our own
Is surely to god in every way known
For god is the one who has given us birth
And only for us he has decorated this earth
And he is the one on whom we lean
And he helps us in troubles unseen
And always remember that God is the one
Who has created the world, stars and sun
And he can only give us cheer
And hear even our silent prayer
So when you want to talk to the God
To the gracious God who is our Lord
Then go to his door with some silent tears
And request him to take you in his care.

Seema Chowdhury
Some Tender Moments

The moments that I had spent with you
In which life seemed bright and new
Are really a great treasure my dear
That I call tender moments that're rare
I really wish if just once more
I can enter in my past door
So we can be together again
And I can have you to gain
And then once more we can smile
And talk with each other for a while
And can have more moments to share
The days and show how much we care.

Miss You A Lot Sunny

Seema Chowdhury
Some Thoughts And Insights About Mindfulness

1) Mindfulness is a precious gift and we must embrace it with open arms. It means to be present in the moment, acknowledge our being, accept the reality and commit to the responsibilities of life.

2) It's quite interesting because it teaches us to be aware of our self, our existence, our environment, what we are doing and what is happening around us. So we can be more creative and work effectively and efficiently.

3) Most of the time, we just follow the routine and do things without realizing or feeling in that particular moment. For us, it is just an act and we are programmed to do them in that sequence over and over again, in an endless loop, till we do something to alter or disrupt the process.

4) To be aware of our existence means we can start feeling, seeing, listening and observing more. We can start enjoying things that are present and start realizing what we are doing and the logical explanation of 'why', for what reason or purpose.

5) Mindfulness teaches us to balance our life and compensate for our lacking. So we can focus more in life. It is good for our heart, mind, body and soul and it increases the flow of positive energy around us.

6) We can start improving when we realize that we need to do, learn and challenge ourselves more, only then growth will come and we will be able to become a better person and an improved version of ourselves

Seema Chowdhury
April 16, 2016

Seema Chowdhury
Some Time Alone

I want to spend
some time alone
Far
Away
From this crowded world
To understand
My incomplete thoughts
My hurt feelings
My unheard sighs
My painful loneliness
My true existance
My meaningful absence
My warm smoothness
My jagged roughness
And
May be my own lost self
In the crowded hours of my life.............

Seema Chowdhury
Some Treasure

Deept of my feelings
Are hard to measure

For your presence has brought
Me so much pleasure

That everywhere now
I see the flowers

Spread on the path
To show love's power

I feel very lucky
And very glad

To have you for friend
When things are bad

For your presence has brought
Me so much pleasure

That I feel as if
I have found some treasure.

Seema Chowdhury

Seema Chowdhury
Someone Cares

It feels very good and dear
To know someone really cares
Who is sending good wishes and fain
To take away my troubles and pain
I wish if today words can tell
Happiness I have gathered where I dwell
By knowing someone really cares
Who is sending wishes for joy and cheer
So I I wish the same for them
And stitch with prayer's hem
The edges of their rough days
To bring happiness in their ways.

Seema Chowdhury
Somewhere Along The Way

Try to find beauty in everything around you
Life is a blessing and full of miracles too

Just open your eyes, your mind and heart
And let beauty in and give peace a start

A lovely day in which you can spread hope
And climb stairs of faith to shun tears of mope

Plan a dream of your own and invest in smile
Be courageous and move forward all for a while

Search for inner peace, hope, happiness and joy
And sought out the truth and find ways to enjoy

Keep a pure heart filled with brilliant light
The light of forgiveness, healing and delight

Always choose right over wrong and display
True and pure emotions and kindness tender clay

Just add magic and find real meanings of life
And know beauty and peace always survive

And somewhere along the way life blessings hue
Will come if you will open your heart to love true.

Seema Chowdhury
Somewhere Over The Rainbow

A gentle soul with a caring heart
Who filled with laughter our lives cart
With endless love and care for all
While sharing our joy all big and small

Dad, you showered your kindness on everyone
You spread peace, happiness and lots of fun
And wiped our bitter tears of hurt and pain
And put on them balm of love again

You showed us the silver lining in the cloud
You erased bold strokes of fear and doubt
And colored our lives with the rainbow hue
And walked with us on mist and dew

You enriched each aspect of our lives
And helped us to learn to comfortably drive
The car of our lives without any fear
And you always showed us that you cared

We all miss you and we pray to God
To keep you close and shower His reward
And hope we'll meet under the heaven's bough
Somewhere over the arc of the beautiful rainbow

And then we will be together till the end
Where our time with you will never end
And once again we will be happy again
Without any fear of hurt and pain.

'If a star fell each time I thought of you,
The sky would be empty' Anonymous

***Written on the 4th death anniversary of my beloved Dad, Miss and love him tons
May His soul rest in peace & may the Merciful God elevate his station in Heaven(Amen)
Somewhere......

Somewhere near by
I hear the bird singing
I hear the breeze blowing
I hear the water falling
I hear the flower blooming
I hear the sun rising
I hear the sky laughing
And
I hear the light shining
And
That is why
I want to go on
And on
And on...
And hope
That soon
Very soon
I'll reach
The doorstep of
That
Wonderland.........

Seema Chowdhury
Song Of Summer

Lively and long days are here
Sing, dance and play my dear
For clouds are floating on the sky
And sun is shining bright and high

For flowers of hope are in bloom
Spreading its lovely and joyous perfume
Showing all the door of hope
Away far away from dole and mope

So get up and give a huge hug
Of encouragement and drink from fun mug
By filling your life with meanings true
Of vibrant colors, tints and hue

Learn to repair rifts of life
With which we all here survive
Welcome Summer with a new hope
Away far away from dole and mope

With the hope of a bright dawn
Where sunbeams will decorate the morn
To end your day and your night
On a starry and sparkling light

In the light of pure faith and love
Sent as a blessings of God from above
To brighten your landscape of life
Where with joy you can survive

So sing, dance and play my dear
For lively and long days are here
For clouds are floating on the sky
And sun is shining bright and high.

Seema Chowdhury
Songs Of Cheer

Sing a song of happy cheer
And that is the way dear
To find life in death
And see the sun after its set
And try to pray together
In calm and stormy weather
For all things great and small
For happiness and trouble's all
Because they move around
And always touch the ground
And bring you spontaneous joy
To play with happiness toys.

Seema Chowdhury
Songs Of Content

Sing the songs of content
And thank your dear god
Who gave you so much bliss
As his gracious reward
And learn to count your blessings
That you have got in the way
That made brighter the path
And all of your precious days
And always keep in mind
And hope for the very best
And believe in gracious god
And take joyly life's test.

Seema Chowdhury
Songs Of Peace

Sing the tranquil songs of peace
And let it help any pain to freeze
And try to stop the burning tears
Rolling down from eyes for years
And try to spread peace and love
As love is a gift of heaven above
That god has sent out for us all
Both in big or in packs small
So learn to avail this god's reward
And ask for his help in odd
And sing the tranquil song of peace
And let it help any pain to freeze.

Seema Chowdhury

Seema Chowdhury
Soothing Chime

The soothing chime of the bell
Has so many things to tell
For this is the sound of past
That came to me at last
For past is the time of life
In which I survive
With many smiles and pains
That came to me like rain
And now whenever I hear
The sound of soothing chime dear
I go back into my past
Where there are memories vast.

Seema Chowdhury
Soothing Tears

Don't put hurdle in the way of tears
For they are very powerful my dear

So let them swiftly dropp down
And appear as a gem in life’s crown

For tears know how to sooth and calm
And work for wounds as a balm

And lighten the load of mind and heart
And that’s why it plays an important part

So let your tears dropp down dear
For they’re powerful and rare.

Seema Chowdhury
Sorrow

It is hard to live
It is hard to give
it is hard to here
Survive my dear
Because all tomorrows
Are filled with sorrows
And in life's hall
Trouble's wall
Is present to stop
And from there drop
More sorrows new
To make you blue
So you can taste
And once again waste
One more day
In your way
Fighting with sorrow
To see bright tomorrow.

Seema Chowdhury
Sort Things Out

I wish my silence can help me to tell
The countless wishes that inside me dwell

And help to convey before my tears fall
Because silence has built around me a wall

I wish if I can sort things out
I wish if I can clear my doubts

But how it can be done by me
When I don't feel from distress free

And feel as I'm buried in the hall
Where around me silence has built a wall.

Seema Chowdhury
Soul's Meal

Do not block your view
Do not close the door
Remember in this life
You should ask for more

For more joy and love
And happiness deal
That surrounds you with fun
That's your soul's meal

for life is a journey
That never ends dear
It's an on going show
With both tears and cheers

Where less chances come
For you to survive
And drive tough life's vehicle
With ease and joy's drive

So learn to buy fain
For yourself and make a deal
With pleasure and happiness
That's your soul's meal.

Seema Chowdhury
Sound Of Crashing Waves

The only thing that I can hear
All around me and everywhere
Is the hitting crashing waves sound
That's hard 'n bitter like a ground
I wish to get rid of it
For painful is its every bit
As it doesn't let me to sit in peace
For the days which I have taken as lease
Are passing by and leaving me alone
To face the dark black sea to mourn
From where I find no wat to save
My soul from the sound of crashing waves.

Seema Chowdhury

Seema Chowdhury
Sound Of Images

This world seemed to have
Come to a halt
Since I've read
The sounds of
My images
And an awkward silence
Has filled the air
And my life's story
Where violent winds
And unsatisfactory trality
Is trying to calm
And put balm
On my hurt feelings
And
Unsettled life.....

Seema Chowdhury
Sound Of Silence

The sound of silence
Teaches me
To trust myself....
More than ever
And
This pause
Gives way to a moment
when
silence takes a vow
To
Keep me safe
And
Protects me
From being alone......

Seema Chowdhury
Sound Of Silence - Sunny

I love the sound of your silence
For it says so much
As it defines
The perfect love
And a life full of happiness
That removes all my sorrows and pain......

I love the sound of your silence
For it says so much
As it shows me hope and promises
And beautiful emotions that are contagious
That fills my life with peace and acceptance....... 

I love the sound of your silence
For it says so much
For it brings with it positive inspirations
And amazing miracles
That shines bright and brings joy
To strengthen our bond of love....... 

I love the sound of your silence
For it feels like the winds of heaven
And your smiling eyes tell our story
That pull at my heart strings
And gently plays a beautiful symphony
Of our unending love.......... 

Love & Miss You Sunny.
Hope to see you soon.

Seema Chowdhury
Sour Adversity

Don't let sour adversity
To bitter
The taste of your life-
Try hard
And add
A touch of sunshine in it
Or else
You'll become
A prisoner in your own body
Where
Cries and screams
Will seal
The door of happiness
And
You'll be locked
Behind silence......

Seema Chowdhury
Sour Luck

Exhausted from hurting
i entered
the woods of empty shadows
Where
Idle thoughts
And
Silent hopes
Were flowing in the streams
waiting to be discovered
By soured luck.....
Because
There things were growing worse
Hour by hour
Leaving...
Hurtful memories to be collected
To make it a reality........

Seema Chowdhury
Source Of Satisfaction

A special source of dun
Is to stop
Expecting anything
And
Stop living for yourself
And that's the only way
Of
Reaching to
The heights of satisfaction
And best way of
Waiting for spring
And
Summer breeze
To bring joy
Back
Into your life......

Seema Chowdhury
Sow The Seeds

Sow the seeds of compassion
And have a kind soul and mind
Enjoy a day of deep connection
And have quest for spiritual holiness
See the richness of the world around
And face the future with peace and hope
Take a new direction in difficult time
And absorb the comforting light of the day
Fill your heart with love and laughter
And enjoy gentle and soothing breeze
Remember to be aware of what's going on
And enjoy delightful experiences in silence
So you can establish deep connection with God
And sow the seeds of compassion and kindness

Seema Chowdhury
Sparkle And Gleam

I wish you a life
Of sparkle and gleam
Where every joy
Comes with a beam
Of pleasure dear
That is a leisure
That brings fain
That's hard to measure
Where every morn
Appears with smiles
And every dawn
Free of trials
Where you can surely
Live with fain
Without any glimpse of
Troubles and pain.

Seema Chowdhury

Seema Chowdhury
Sparkle Of Love

The sparkle of your love
Has come out
Of heaven above
Unasked
And
Unsought
To brighten my life
And
The world all around
With
The sunshine
The gleam
The glow
And
The glint of your smile
And to blow the wind of change
And let it through my life's window
To lay opportunities before me-

Seema Chowdhury
Propose a theme and your own vision
And don’t miss a moment
Jiggling too many tasks at once
Just browse calmly life's slide at kiosk
And enjoy the self running show
Until the loop breaks

Learn to surf on the waves of happiness
And jazz up your life
By synchronizing with uneven pace
With settled moments and conceptual overview
And see new paradigm emerging
With a soft and silent smile

And find answers quickly to relevant query
And know how to accommodate change
By speaking softly in silence
With your own thoughts and passion
To solve current obstacles in your path
To find amazing solutions to reshape the world

Where life goes on with its unique need
And we learn to canoe the boat of life
And hymn along with the hope of light
And create a twinkling momentum
Realizing the reality and redraw lines
Of our proposed theme and flashing vision.

Seema Chowdhury
Speak To Your Dream

Don't get tired of the road block
Mend your fence and seek for the day light
Create excitement and opportunity
And don't wait for the perfect time
For the perfect time is right now

Life is full of twists and turns
So sort out your jumbled feelings
And try to understand happiness
And don't wait for the perfect time
For the perfect time is right now

Learn to make adjustments and changes
And be like a kid on the playground
Who can't walk away from the thrills of life
And don't wait for the perfect time
For the perfect time is right now

Enjoy and speak to your dreams
With open heart and mind
And see universe differently
And don't wait for the perfect time
For the perfect time is right now

Find the best solution
To cover the long distance
To reach your destiny with zest
And don't wait for the perfect time
For the perfect time is right now

Seema Chowdhury
Speak To Your Soul

Things are not as rosy as you wish it to be
So speak to your soul in the rhythm that moves it
Repeat positive words and color your imagination
Build the blocks of hope to remove your hurdle
Don't feel burdened by mishaps and mistakes
Remove the fear of failure from your mind
Try to capture beauty of the moment of peace
And shine like the evening golden bright star
Share lovely memories and a great deal of laughter
Believe in your strength and courage my dear
Stay in the game even in uncomfortable hours
And get backup quickly when you fall down
Become a life coach and talk with inspiration
Brighten your own path and someone else way
Look for the magical moment of connection
And fill your heart with the hope of possibilities
Remember things will not be as rosy as you wish
So speak to your soul in the rhythm that moves it.

Seema Chowdhury
April 19, 2017

Seema Chowdhury
Special  Wishes For Sadaf

Each day that starts may have an end
An end of all trouble's bend
So each new day begins on hope
That brings you the lesson to cope

I wish you sis, my dear, sweetheart
may God gives you strength to start
Another year of life with joy
Where troubles all look like a toy

A toy with which you play in life
For only a while in life; s drive
And then when you learn to handle them all
You feel they are in reality very small

Because by then you've gained the power
To lead a life like a brave flower
That lives between thorns and yet smile
That takes them far to cover life's miles.

Happy Birthday Sister! ! !

Seema Chowdhury
Special Birthday Wish For Farah

A friend who is very special and nice
A friend who is very caring and wise
A friend who knows how in her style
To bring me the gift of a precious smile

These are the words that best describe you
And also my feelings that is true
Because all your ways and your acts
Shows your love and that is a fact

So I wish dear friend may each second of your day
that seems very special for you dear today
May bring you joy, happiness and fun
And leaves you in fain when this day is done

For very few people who live on God's earth
Follow the rule of God that is worth
And I think you are certainly one of them
Who smooth life's edges and flow with joy's hem

And I really hope farh may you find
Friends who are more caring and kind
Who sent their wishes in a fainly way
And care very much for your special day.

Seema Chowdhury
Special Bond Of Wedding

A special bond
In which today
You are tied
For the rest of your days
Surely holds
A world in it
That will come in
Life bit by bit
For a wedding is a
Stong bond dear
Which is a gift
So precious are rare
That is given
With god's love
For it is only made
In heaven above.

Seema Chowdhury

Seema Chowdhury
Special Care

Old friendship is a treasure
That emitts joy and pleasure
For friendship is a gift
That's boble and swift
And changes the view
And show rainbow hue
When one feels depress
It shows and express
How much we are dear
By someone's special care.

Seema Chowdhury
Special Danny

I wish your life to me very bright
Just like a star that twinkles all night
To show others the path that's surely right
Specially in the middle of a dark night

And I wish yuou success in every test
But for that you have to do your best
Then God will take care of the rest
And will choose for you whatever is best

And I wish you always get to your aim
Because that's when you get to fame
By attaining your goals and by getting in lane
In the lane of people who have name and fame

So for that I wish you a life that's true
And that is my heartiest wish for you
Where pain be just a glimpse to view
And happiness be all reserved for you.

Seema Chowdhury
Special Dreams

Our special dreams
That we build
Are usually by
Hard waves killed
The hard waves of
Troubles strong
That makes everything
Feels so wrong
I don't know why
It happens dear
That we feel
That no one cares
And then nothing
But broken dreams
Ar left for us
In stress extreme.

Seema Chowdhury

Seema Chowdhury
Sometimes knowing someone cares
Feels very good, special and rare
And it makes your world bright
And your heart feels very light
It is a very nice feelings
And a very rare dealing
In which you have to give
Your own heart and then live
With the blessings and joy of it
In each and every life's bit
For this is a truly special gift
That gives soul a brighter lift
And makes you feel not only rare
But fills your life with love and care
And then everything looks bright
And your heart feels very light.

Love You Sunny

Seema Chowdhury
Special Gift For 2009

New year and new hopes
And new things to think about
This is a beautiful life
With surety and some doubts

Where we must always try
To bring light to the darkest time
Where life flows smoothly
With its even and odd rhymes

Where words are never wasted
And so doesn't feelings of the heart
Where each morning gives us a chance
To hopefully enter and then start

Another day to make memories
That will be favorite and full of fain
Where we'll learn to overcome
Life's big or small trouble and pain

Where we'll learn to face the fear
And achieve our honest dreams
And learn to reconnect to life
And shine with the happiness beam

In this new year we'll find
True spirit of this wonderful season
And we'll learn to celebrate life
With all the more simple reason

Where we'll promise to fulfill
Little wishes of our hearts dear
And will fill with peace and love
This world of ours with cheer and care

And this will be a special gift
That we'll give to us and all
And will pray for God's bliss
On everyone big and small.
Special Happiness

When you become husband and wife
You trust each other to share one life
And with the exchange of the Holy Ring
You promise that in life's autumn and spring
You will spend each moment of your day
Searching for joy that is hidden in your way
Because dear then you are starting a life
As a good husband and a good wife
And promise that in this journey of years
You will bear together all joys and tears
And will enjoy special happiness that is send
By God Almighty to fill your heart with content.

CONGRATULATIONS! ! ! !

Seema Chowdhury
Special Joy

There was a time when I never knew
The actual meanings of joy that's true
And how one feels when one get
Special joy with a happiness set
But the day when I first saw you
That's when I realized too
That happiness 'n joy grows inside
Our heart 'n mind that is wide
And to get them what we must do
Is to look at things nice 'n true
So this way we can learn to enjoy
How to gather for us special joy.

Seema Chowdhury

Seema Chowdhury
Special Kind Of Excitement

When you are happy
And glad in heart
Then this happiness
Gives a start
To another joy
And some fain
And you get rid
Of troubles 'n pain
For happiness transforms
And excitement of mind
Is what we get
That is special of a kind.

Seema Chowdhury

Seema Chowdhury
Special Meanings

Things were never so bright for me
Neither I used to feel so free
But right after you entered in my life
You showed me new ways to survive
I feel very lucky and very glad
As things have now changed from bad
And that's why I think you have given my life
A new and a special meanings to survive
For now life looks very bright
And overflowing with joy before my sight.

Seema Chowdhury

Seema Chowdhury
Special Meanings Of Life

Our days are filled with
Some special meanings
And emotions that connect
Us to ourselves
And blossom our souls
Where from moment to moment
Life moves on
And discover new solutions
To familiar problems
Only if we refresh our senses
And unclutter our minds............

For life can show us
New and positive versions
that can impose a rhythm of life
And bring healing and joy
Only if we learn to live
In those moments in time.....

And let opportunities enter
Through the cracks of our lives
and let hope pour oil
In the lamp of our hope
And lead our way
And help us to take
The happiness challenge
To enter the fresh landscape
Where never fading beauty exists
And we get an opportunity
To awaken in new awareness........

Seema Chowdhury
Special People

Some people walk through life's road
By sharing others pain and load

And show to tohers how much they care
And are eager with them to share

Their cries, their laughs and their smiles
And hold their hands and walk for miles

And give them their shoulders to lean
And wipe tears of their eyes unseen

And for me my dear you are the one
Who have filled my life with joy and fun

And have shown me life's brighter road
On which to walk and banish past load.

Seema Chowdhury
I wish you lots of fun and joy
I wish you learn to totally enjoy
Each moment of this special day
That brings with it smile to sway
For very few moments for us really come
In which we get a chance to sum
All those funs, smiles, joys and pleasure
Which surely for us is a great treasure
And know that in life's day and night
Not always all things are bright
So for help we must only look to god
As he is the one who's holding the sword
And now for this special eid dear
I wish for you a special prayer
And hope that today without any delay
You'll come 'n enjoy life's smiles that sway.

Seema Chowdhury

Seema Chowdhury
Special Sarah

Oh Sarah my Sarah dear
I'm proud of you my Sarah dear
There may be things I never say
But you know I love you in a special way
I love you because you gave me a name
A special name that gave me fame
Five years ago you were sent at our door
With lots of love, prayers, blessings and more
So I'm thankful to God for sending his love
In the form of You from heaven above
So Sarah dear my Sarah dear
I'm proud of you my Sarah dear.

Seema Chowdhury
Special Shell

This special shell
I have built
Around me
From where
It hurts less to stand in silence
And
hear the brief echoes
Of the bursting bubbles
Of all my wishes and desires
Falling apart
And
Becoming a question
That is beyond words...

Seema Chowdhury
Special Thanks

I wish I could be
Always thankful to stars
That glow and shine
For people like me

I wish I could be
Always thankful to birds
That sing and fly
For people like me

I wish I could be
Always thankful to flowers
That bloom and shine
For people like me

I wish I could be
Always thankful to candles
That burn so bright
for people like me

I wish I could be
Always thankful to the Lord
Who gives and guides
For people like me.

Seema Chowdhury
Special Wedding Prayers

I hope things will be better and fair
In the coming days of the year
And hope we will see sunshine
Spread all over for thee and mine
I hope new life we're starting today
May always find peace in its way
And hope everything that we'll do
Will be full of sincerity all true
And I pray from my gracious god
To help us both to even our odds
And to keep us both in his care
And extends his aid in life's layer
And I wish for us in the end
That may god smoothens all road bends
And may he gives us chance in life
To be sincere husband and wife.

Seema Chowdhury

Seema Chowdhury
Special Wishes For Sabeen

A birthday is a special day
That comes in your life's way

And brings with it some joy
That helps you to totally enjoy

Each moment of it with fain
Where no glimpse of any pain

Comes or cross you life's way
Or destroy your special day

And today I wish my dear
All that you wish this year

May granted to you from God
Who is your creator and Lord.

Happy Birthday Sister! ! !

Seema Chowdhury
Special Wonder

My world is new once more
With joy and fun in store
For you gave a brighter touch
Which really means so much
I love you samia dear
And for you I really care
Because my world is filled
With special wonder's skill
I wish may happiness surround
Your world with smiles around
Where only fain appear
To show you my love and care.

Love you baby Samia.

Seema Chowdhury
When Eid arrives it bring with it merritment in its every bit

And tell you dear enjoy it now
Without asking anyone why or how

As happy moments really exist very few
that bring you joy that're all new

So when in life something good is shown
Enjoy it fully till it is gone

As path between the roads od joy and sorrow
Are not very far and is very narrow

So try to pick in this little time
All sunny sights and all sunshines

that're enough for you to bring you hope
To keep you away from the tears of mope

And also remember another thing my dear
Its hard to find all you wish everywhere

So when you see good things in your life
That you think is needed for joy to survive

Then go to the door of Lord and see
Gracious God is waiting with more joy for thee

So thank him alot for keeping you away
From all sorts of sorrow on this Eid day.

Seema Chowdhury
Spices Of Life

Life's spice is made of joy and pain
Like a little dropp of sunshine and fain
Where no one has any power or say
To fight with fate in any way
So remember that it is better to smile
And laugh in your way for a while
And stop your tears to sigh or mourn
And learn to carve a life of your own
Because life is the best gift of god
So think of it as a reward
And remember that without cloud of rain
We couldn't have enjoyed sunshine or fain.

Seema Chowdhury

Seema Chowdhury
Spirit Of Fun And Joy

All you need in your life
To faintly exist and happily survive
Is to know and learn how to enjoy
And have a spirit of fun and joy
For life is a box of paint and hues
Where not only colourful views
Are shown to every one my dear
But also dreadful things appear
So when bad things come in the way
Then don't just sit try to sway
And look for the cool breeze to enjoy
And have a spirit of fun and joy.

Seema Chowdhury
Spirit Of Love And Care

Collect your happiness of today
With the spirit of love and care
For this can become a memory
For your tomorrow dear
Because heart and mind works
Like a video tape drive
That records everything
That is happening in this life
It includes all our joys
And all our distress and mopes
Altogether with our dreams
Our desires, wishes and hopes
That we have in our minds
Our souls and in our hearts
That show us day and night
In our fall and in our start
So collect it all dear
With the spirit of love and care
And know that this will become
Memory of tomorrow dear.

Seema Chowdhury
Spiritual And A Sincere Prayer

Beloved God give us the power and strength
To come out of darkness towards the light
Please show us the spiritual and sincere path
That takes us to your affirmation and delight

Please help us to break the bitterness and silence
And fill the air with pure joy and lovely sunshine
Where we can all survive without throbbing pain
Or endless miseries and doubt's lingering vine

Beloved Lord we truly believe in you
And we want to hold your tender hands
You are gracious, merciful and you know
All that we hide or show because you understand

Please embrace us as we are all your children
And bestow upon us serenity, calmness and peace
Because we put our complete trust on you
And we want to enjoy the heavenly breeze

Beloved God you are our leader and our guide
Before you we kneel and humbly bow with delight
Please accept our spiritual and sincere prayers
And bestow on us your heavenly and divine light.

Have a blessed weekend.

Seema Chowdhury
Spiritual Moments

Listen carefully to every word
Every thought and desire
Be kind and encouraging
Believe in the magical notion of love
Sing various songs of joy
Enjoy the stream of light flowing
Stay focused and positive
Until the last day of your life

For these are the spiritual moments
That God Almighty has bestowed
To expand the field of your happiness
So believe in the beauty of your dreams
Take big steps with faith
And approach life with forgiveness
Renew your soul and expand your horizon
And make time for meditation and prayers

Remember to calm down and appreciate
Good things that surround you
Live in the passing moment
And turn your face to the sun
For these are the spiritual moments
That can recharge your faith
Wipe clean your soul and sins
And purify your thoughts, desires and heart

Seema Chowdhury
Spiritual Quotes

1) Believe in God's promises and speak words of hope and joy.

2) Remind yourself that God is always there for you and He's guiding your steps.

3) Merciful God is our creator and only He can give us warmth and comfort.

4) When your heart feels numb and tired, just kneel before God and trust Him.

5) Don't let doubt whisper in your head or heart, surrender to the will of God Almighty.

6) God always has good plans and He works in our lives, we have to open our mind's eyes to see it.

7) Gain inner strength and be mindful to find peace and calmness.

8) A simple attitude of gratitude can chase your perspective.

9) Spend some time with your Lord every day and pray as much as you can.

10) Become a true and faithful believer and learn to be patient and forgiving.

Seema Chowdhury
March 17, 2018

Seema Chowdhury
Spiritual Rewards

May you gain the spiritual rewards
Of fasting and prayers today
May you win the pleasure of God
And He blesses you in many ways

May you observe the Holy fast
And exercise endurance and steadfastness
And may all your prayers be accepted
And you achieve love, peace and cheer

May your heart be filled with warmth
Devotion, worship and good deeds
May you tread along the pathway
Of righteousness to spread virtue's seed

And may all your sins be forgiven
With special blessings of the Lord
And may He bestows upon you
His special blessings as reward

May you gain love and closeness to God
That enlightens your heart and soul
And your spirituality guides your way
And wipes away all your tears and dole.

Seema Chowdhury
Splendid Colors Of Life

Relish the marvelous new today and bask in the beautiful sun
Enjoy the shining bright light and purify your mind and soul

Absorb peace from the slight breeze that is blowing across
And stand quietly in life’s deck to attract the splendid colors of life

Glorify your Lord and dip your thoughts in humble prayers
And listen to the peaceful and serene symphony to sing along

Turn your thoughts away from negative things and search for tenderness
And as the day passes by fill your life with the power of hope and faith

Be open to absorb the splendid colors of life and stand still and hushed
And let your mind listen to the beautiful rhyme in the sound of silence

For it has an amazing power to change the meanings of your life's song
So you can enjoy the purity and tenderness spread by the Glorious God.

Seema Chowdhury
Splendid Treasure

Sometimes I think and try to find
What brings pleasure to my mind
And what is that feels so nice
And makes me to do it twice
And then I think the best thing
That can to all joy bring
Is to say nice words of cheer
To make someone feel he's cared
And another thing is to do
Nice and good things dear too
And make others happy 'n smile
And spread care's joy around miles
And these things are splendid treasure
That gives to all joy and pleasure
And that's why its good 'n nice
To do them without thinking twice.

Seema Chowdhury

Seema Chowdhury
Spread Cheer

Spread cheer
You my dear
For all your love
In life's curve
And be nice
And extra wise
And try your best
In all life's test
To smile and smile
And walk for miles
Along life's way
In each day
To spread cheer
For all my dear.

Seema Chowdhury
Spread Your Bliss God

Oh God oh my dear Lord
Please spread your wings
The wings of love and bliss
And let us wear the string

The string of your smile and joy
And kindness and much more
So we can come and knock
At your blessing's door

God you're my source of strength
You protect us from all pain
And bring the candle of hope
In our lives troublesome lane

God show the glimpse of kindness
And remove the trouble's cloud
From the sky of our lives
And erase all screaming doubts

Oh God oh my dear Lord
Show us the path right
On which we can walk
To find peace and light

And shower your bliss and care
And endless rain of love
In which we can soak our souls
And enjoy the heaven above.

Seema Chowdhury
14th Sep, 2009

Seema Chowdhury
Spreading God's Beauty

Awesome setting sun's orange rays
Spreading lots of beauty in world's way
Where each ray reflects God's treasure
And watching them shining is a great pleasure
Where in each day God's blessing's light
Reflects world's beauty and shows how bright
This world God has made for us to enjoy
And in each layer of it is hidden joy
And remember that each day of this life
Is filled with happiness and pain's drive
And we must learn to untie this precious gift
And see what God has sent us for our uplift
For all these awesome and beautiful sights
Shows us the way to Graciou God's light
And tell us that this is why we were sent
To lead a cheerful life and to correct all the bends
And know that for us this world was created dear
Where we must learn to appreciate all smiles and tears.

Seema Chowdhury

Seema Chowdhury
Spring brings glory
And that is true
For it fill colours
And bright hues
Int he world
And on the ground
In the sky
And clouds all around
And all of a sudden
Looks everything
So bright and new
In the spring
That it feels as if
Just now world will start
Another new life
Filled of happiness part.

Seema Chowdhury

Seema Chowdhury
Spring Again

Red, yellow, blue and green
Everywhere beauty is seen
And once again the colors of Spring
Are filling life in everything

And all these are sent by the God
Who is our creator and the Lord
Who wants to spread smile and hope
And lighten life's road all for a while

Where gentle touch of the breeze
Comes to us to bring us peace
And lovely shine of the sun
Embrace our souls in life's run

And miracles occur for us all
To save from painful and terrible fall
And life rolls out with a magical link
To wipe any stain of any painful stink

And tell us that its spring again
We must get ready to play again
Happiness of this lonely life
Where amazing dream of ours survive

And brings us hope in everything
For here comes life's another spring
And spread beauty of God to be seen
With red, yellow, blue and green.

Happy Spring 2011

Seema Chowdhury
Spring Awakening

Get education in life and learn from it
Real life has so much to offer in bits

Just wake up and let it stir your soul
And take away from you pain and dole

Spring promises you joy and a refreshing time
Warm sunshine, clear sky and blooming rhyme

And it's a perfect time to always renew and gain
A life of beauty, serenity and peace chain

For Spring brings love and spirituality for all
It brightens your life and build hope's wall

And spread fragrance of sweet air in Spring
That brings past memories of joy's endless ring

It lets renewed faith and understanding of life
To uncover possibilities from reality's strife

And add new dimensions to enrich your soul
So you can bury your pain, stress and dole

Just open your heart and let it all in
Prepare for you a floating happiness bin

From where you can get enthusiasm bright
And collect positive energy and stream of sunlight

So you can learn firmly to grow and thrive
And be a winner in this Spring lovely drive

That brings a message of faith and care's cope
Along with awakening and renewed hope.

Seema Chowdhury
Spring Is A Time For......

Take a new direction in the comforting light and enjoy
As spring is a time for renewal, recharge and refresh
Find and recapture your own inner strength and hope
And move forward with joy and peace in your life

Follow sunny path and create a beautiful rainbow
Organize your life and hear the laughter in heart
Bring others joy and connect with glorious nature
Allow your mind to absorb the truth of reality

Paraphrase your thoughts and color imagination
Soar into your own world and build ties with Lord
Turn life into momentum and pause when tired
Don't feel empty or peel away emotional layers

Create more memories and go on spiritual quest
Every life has a story to create and happily share
So enjoy this new chance to renew and recharge
Create beautiful memories and embrace the moment

Take a new direction in the comforting light
And praise God Almighty and find His grace
Collect God's blessings and brilliant bounties
And walk on the sunlit path to create rainbows

Seema Chowdhury
Spring Is Special

Spring is the time
To bloom and shine
And fill this earth
With joy and mirth

Spring is the time
To bring back faith
And let your heart
Enter in belief's gate

Spring is the time
To rekindle hope
And throw away all
False fear and mope

Spring is the time
To let desires bloom
And fill your life
With happiness perfume

Spring is the time
To spread sunshine
And absorb warmth
And love's vine

Spring is the time
To wipe away tears
And thank God Almighty
For his blessing's gear

And spring is the time
To look deep and find
A tender soul and heart
That is helpful and kind.

***3rd poem in the spring series

Seema Chowdhury
Spring Will Bloom

The mocking birds are waiting to
Welcome the songs of the spring
And they are making now
The circles of the pleasure's ring
For they know that surely will
Come the day pretty soon
When spring will bloom here
And will end the hardest noon
Where flowers of love and care
Will come to greet their days
And where joys will come to stay
Forever and ever in their ways.

Seema Chowdhury

Seema Chowdhury
Spring Winds

The spring winds are playing
Among the wood land
In the sunshine
Because
They have an appetite
Of gratitude
And
Thankfulness
For God Almighty
And for his blessings
And miracles......

Seema Chowdhury
Stand Before Gracious And Merciful Lord

Bring pure and pious changes in yourself
So you can stand humbly before your Lord
Just cleanse your mind, heart, body and soul
And kneel before Gracious and Merciful God

Be graceful, modest and strive for the best
And know that truth is the absolute right way
Walk on the path of righteousness and care
And pray for God's light to brighten your day

Learn to sincerely pray to forgive and forget
And practice sheer kindness in all that you do
Find pristine path and vividly practice the truth
So you can wipe tears of pain making you blue

Know that All-Knowing God is standing here
And He is ready to hold your trembling hands
So bring your problems, doubts and concerns
Because He is the one who surely understands

Ask merciful Lord to give you heartwarming love
And teach you how to be sinless and be the best
So you can bring pious changes in all that you do
To pass ongoing, knotty and challenging tests

Wrestle with thoughts and bring pious changes
So you can humbly stand before your kind Lord
Just cleanse your mind, heart, body and soul
And kneel before Gracious and Merciful God.

May God Almighty Guide all our steps. Have a blessed day.

Seema Chowdhury
February 22, 2017
Stand On The Deck Of Life

Stand on the deck
And feel the sun
Bask in its warmth
Till the day is done

Ride on sunbeams
And sing along
For life is a gift
So be strong

Sit across the ocean
And see the tide
Rising high and low
On each side

For no one can make
Past go away
So accept life as it is
Because we have no say

Dive deep and enjoy
This on going journey my friend
And live with grace
Till the very end

And go on and stand
On the deck of life
And enjoy sun's warmth
Till the last day you survive.

Seema Chowdhury
Stand Still

Stand still
Like a hill
And don't lose hope
neither mope
When troubles come
And try to sum
Your agony and pain
And wipe your fain
And just be bold
And try to hold
On to hope
And not mope
And stand still
Like a hill.

Seema Chowdhury
Start A Journey

Look for ways
To stand up
And try to take
A sip from the cup
From the cup of life
That really holds
Scenes of life
Some hot some cold
And learn to start
A journey of your own
And practice this rule
To you that is known.

Seema Chowdhury

Seema Chowdhury
Start Anew With Life

Be strong and be brave
And get up when you fall
For life is bitter and sweet
So learn to stand tall

When everything seems to finish
And you think now is the end
Just don't give up yet
And stop to ever pretend

Start anew with life
And learn to dream and hope
And when difficulty comes
Just hang on and cope

And plan every minute of life
To do something well
So when your struggle is over
You have a story to tell

And feel great about yourself
For being wise and smart
For living in this world
Is really a fine art

So be strong and brave
And get up when you fall
For life is bitter and sweet
So learn to stand tall.

Seema Chowdhury
Start Another Day

With the first trace of dawn
Glittering nightlights turn off
To give way to dawn to peep on the horizon
And allow morning to seep through the curtain
To watch life's traffic flowing down the street
In broad and skinny alleys of echo and voices
Where we try to grab some quiet moments
In the midst of everyday noise and chaos
And hide ourselves into the clouds of stream
So we can protect and save our mind and soul
From the overwhelming feeling of regrets
For the things we did and didn't do yesterday
Because we all have our unique moments
Where house lights illuminate our soul
And we see raw and unedited data of life
Then we try to process it all in bits and pieces
And figure out a way to keep pain out
So we can build a fortress of our desires
Where we can lock up our fear and pain of reality
And gather the courage, faith and hope
To start another day in this journey called life...

Happy New Year to all, Be happy and smile :

Seema Chowdhury
Start Another Smile

One smile starts another smile
And spread all over joy for miles
And bring the ray of hope for all
Whether they are big or small
For a smile is like a sunshine
That spread happiness just like wine
And give the courage and the hope
To swim bravely in tears of mope
So try to pass on a smile
To others all for a while
As smile gives a sunnier touch
To our lives that means so much.

Seema Chowdhury
Start On Happy Note

Start your day on a happy note
And learn to joyfully row life's boat

With a smile on your face
And with the help of courage's trace

For life is a gift that you must enjoy
And think of ways for trouble's destroy

And learn more art to gain all well
And all kinds of happiness that dwell

And know to live joyfully and survive
You must start on happy note your life.

Seema Chowdhury
Start With A Grateful Heart

Start each day with a grateful heart
For gratitude help us to always start
And motivate us to count our bliss
To spread around us rainbow's kiss

We learn from our failures and success
And know to play life's game under stress
We teach ourselves to find peace and joy
And dig deep to reach the happiness toy

Just don't sit on the sidelines my dear
Delve deep in life and find the way to cheer
And build special memories in here to survive
In this difficult test that is known as Life

So just push all doubts aside and then see
How beautiful and colorful this world can be
Where we can relax and breath a sigh of relief
And get rid of our pain and nagging grief

Remember that to move forward in this life
We have to open our heart's door and drive
Car of faith and belief with splendid hope
And leave no place where exist any mope

We must hang in there and learn to always start
Each day with a humble and a grateful heart
And motivate ourselves to count the bliss
To spread around us rainbow's tender kiss.

Seema Chowdhury
Start Your Day

Start your day
With hope in your way
And try to look
In every nook

And see what's right
Before your sight
And look at the stars
Of hope twinkling far

And then you'll feel
All over happiness deal
That will fill your day
With hope in your way.

Seema Chowdhury
Start Your Day By Counting God's Blessings

Don't follow your low desires or try to hide the truth dear
God Almighty is well-aware and all-Knowing and He cares

He watches over us and He guides our weak footsteps
So always ask for help and go to pray to His Doorsteps

Try to adapt and understand the ways of our Gracious Lord
Be the best of mankind and ask for peace and bliss of the God

Submit yourself completely and cleans your heart and soul
Start your day by counting blessings and make it your goal

Try your best to reform yourself and help others and be true
This is one of our duties that we must perform sincerely too

Try to be always sympathetic, truthful, kind and humble dear
Follow God's path of truth for it guides to paradise and cheer

Request Lord to accept your ardent prayers along the way
And ask Him for His mercy and divine help for you everyday

And when some misfortune befalls, never complain or cry
Just supplicate more prayers, reflect upon and again try

God surely accepts our prayers and guides us to the right path
So don't follow low desires and protect your soul from Lord's wrath.

Have a Blessed Weekend.
May God Almighty guide our steps.

Seema Chowdhury
August 1, 2017

Seema Chowdhury
Stay For A While

Stay for a while
In this life's trial
And then surely
You'll meet smile
And don't mope
Neither lose hope
And then surely
You'll get joy's rope
For life is bend
And full of dents
But there you'll meet
With joy in the end
Only if you learn
How to turn
On the happiness code
So joy can return.

Seema Chowdhury

Seema Chowdhury
Stay Motivated Everyday

1) Spin your wheel of fortune and reach out to touch the stars, break all barriers and climb the mountain of success.

2) If you see all avenues are closed, just turn around and look for another path to walk on, if you cannot find one then create one.

3) Try to make reasonable choices and forgive yourself for all the wrong you have done.

4) Explore your passion and revitalise your experience. Make your connection with life and listen to your calling.

5) We live in a complex time so work hard to shape your reality in a powerful and creative way. Inspire and motivate yourself and others.

6) Life teaches us a lot of things along the way, so stay motivated and strong every day and take one step at a time towards the pathway to excellence.

Seema Chowdhury
December 30, 2017

Seema Chowdhury
Step By Step

Go step by step
In each day
To do the things
That comes in the way
And teach yourself
To be kind
By doing it all
With your mind
And know that it is
Better to do
Nice things for
Others too
So do it and
Try it all
Even if its an
Act of kindness small.

Seema Chowdhury

Seema Chowdhury
Step Towards The Begining

Step towards the beginning
And enjoy a cozy blessing
Without a doubt
Or a question-

Take advantage
Of all opportunities
And find meanings
In life's challenges-

View the world
With a faithful heart
And cherish the life
In unique ways-

Read inspiring tales of time
To use them as a guiding light
To find happy dreams
And hopeful visions-

And when you'll do all this
It'll bring you zeal
And limitless possibilities
And will reveal
The realities of your existence......

Seema Chowdhury
Step-By-Step Guidance

1 - Reshape the future and walk on the new path as an admired leader.

2 - See new patterns and possibilities and craft a new point of view to succeed.

3 - Don't feel alone and friendless, don't let self-pity get the best of you.

4 - Find new ways to express your creativity and find fresh views in this uncertain world.

5 - Write your own step-by-step guidance and listen to your inner voice to make a difference.

Seema Chowdhury
December 13, 2017

Seema Chowdhury
Steps Of Hope

If life feels long and hard in the way
Then hope for dawn that shows the day
And know that life is a big treasure
That's the mixture of pain and pleasure
And try to learn to sing the song
And know that light heart lives long
So take the steps of joy and hope
And stay away from being in mope
And then you'll see and feel my dear
That life is really full of cheer
Where bad things also come into view
But with smiles you can sweep away blues
And make things better and nice in life
And that's the best rule in this world to survive.

Seema Chowdhury
Steps Of Life

Life is made up of
Many steps and many layers
Where faith and luck and love
Is needed with tons of care

So we can reach successfully
At our destination at the end
And correct our steps
If we needed to mend

For life is a story of
Success and failure's run
In which we participate
With zest and smile and fun

And color our paths
With the lovely rainbow hue
To touch the twinkling stars
With God's blessings and love's dew

And know that we are all
Here to give our tests
And prove to the Gracious God
That we are His creature best

Who can sew uneven edges with faith
That pops up and survive
In the necessary steps
And important layers of life.

Seema Chowdhury
Steps To Success

1) Don't feel negative about the circumstances when going through moments of darkness, this time will pass soon if you just don't give up and stay strong and motivated.

2) Don't be bound by your surrounding, have control over your potential and make a difference in every step of life, stay positive and peaceful.

3) Build your strength, work hard, face struggles and manage your time wisely. Search for the real meaning and purpose of life.

4) Be committed and communicate plans because plans give you hope for the future. Step forward with confidence and make an impact in others life.

5) Train your mind to see positivity, make an impact and go into the world with a new beginning. Step outside of your comfort zone and change the world around you.

6) Live your life in peace, find your balance, make your own place in the world and take one step closer towards success.

Seema Chowdhury
December 27, 2017

Seema Chowdhury
Still Unclear

Four years ago on this day
I wrote my first poem I'll say
And now I feel and that is true
It cleared my thoughts and feelings hue
And showed me a path which has no end
So that is why I call it my only friend
And whenever I feel down and blue
It works like a morning dew
And comes right in to show me a sign
And makes me drink the joyous wine
That not only soothes my pain and tears
But also brushes things that are unclear.

Seema Chowdhury
Still Unspoken

Don't let words to convey
What you feel
To your loved ones
But
Give them a chance
And
Let them understand you
Through
Your
Tears and smiles
And give them a chance
To
Read, what is not written
And
Hear, what is not said
And
Let them feel
What you feel
And then only you will learn to
Light a candle of hope and joy
And
share a blessing together
without saying
Or
The need to say.......

Seema Chowdhury
Stony Silence

I see inside me
A deep hollow
Filled with
Gloomy thoughts
Heavy burden of despair
And
The seeds of hopelessness
Not to be revealed
Or known
So that's why
I hide them
Under
The muteness zone
Of the
Stony silence....... 

Seema Chowdhury
Stop And Think

It doesn't cost a penny
It doesn't cost a cent
If once you can learn
For others to lend
A gentle smile
or a warm touch
or a pat on the back
For that'll be much
To really brighten
Someone's day
And show them hope
lying in their ways.

Seema Chowdhury
Stop! ! !

Stop and take some rest
This will be for the best
If tired you really feel
In this life's much long deal
For God gives us all
Things that are big and small
So don't feel bad when dark
Try to make a mark
And see what you can do
To fill your life with a hue
And learn to get the best
And stop and take some rest
If tired you really feel
In this life's much long deal.

Seema Chowdhury
Storm Of Thoughts

Words-
That've lost their meanings
In
The storm of thoughts
Need care and understanding
Of
Passions
And
Emotions
For their revival.....

Seema Chowdhury
Stormy Conditions

When pain and sigh comes in the way
And makes foggy all your day

And you feel that there is no view
That is bright and free of blue

And everywhere you see on the sky
Stormy conditions flying high

Then don't feel tired again to try
Or sit or mope or just cry

Buy wipe the tears of your eye
And look up with hope all high

And know that you can get it all
If you can learn to enjoy joy small.

Seema Chowdhury
Stormy Today

I heard
A loud scream
A scream in pain
From
The core of my heart
That
Declared the start
Of
The long quiet hours
Ahead of me.......... 
Where
Quiet storm was waiting
To greet
This
Stormy today........

Seema Chowdhury
Beneath the trees, beside the lake
Sitting calmly never to wake
And watching from there the bright sun
Setting down once his work is done

I remember seeing all these pleasing sights
That made me feel fresh and bright
But now all that is over at last
And all of it is the story of my past

I wish just once and once for all
I can catch my life's bouncing ball
And remove all events that make me sad
And change it all to memories that were bad

I don't know how it starts or ends
But life keeps following its own trends
And shows dark nights strawn with pain
That wash down all joys like rain

Lord please help me in the period of my trial
And hold me so I can walk for a while
Till I sleep very quietly never to wake
Beneath the trees beside the lake.

Seema Chowdhury
Straighten Out A Cruced Path

learn to straighten a cruced pace
that comes in your daily race

And have the courage to do it all
before you tumble and have a fall

For life cannot always give you
Smooth paths and a clear view

For it is made of joy and sorrow
Filled with hope for all the tomorrows

so learn to straighten a cruced pace
That comes in your daily race.

Seema Chowdhury
Strange Games Of Life

Don't feel mazed
By the strange games of life
For the only time that they
Exists and survive
Is when you lose
Track and hold
And act cowardly
Instead of being bold
Because life is
The jigsaw puzzle
That never falls right
Until you embezzle
With the thoughts and acts
Of joys and pain
And then wipe them all
With the duster of fain
After which only
Happiness appear
That helps you to wipe
And make pain disappear.

Seema Chowdhury
Strange Steps

Some strange steps
Are following me
Which
Later on leaves behind
A shadow of
Ill fate
Misfortunes
And broken destiny
Where
Violent winds are blowing
With a host of grievances
That were
Amassing for years....

Seema Chowdhury

Seema Chowdhury
Stream Of Hope

Hang on to your dreams
For they can take you far
And look to God with hope
And remove the trouble's bar
For dreams are your hopes
With which you can fly
On hills and the plains
And above the blue sky
So do it all dear
And hang on to your dreams
And hope to get the best
For its an endless stream.

Seema Chowdhury
Stream Of Peace

Oh God no more I can take
These troubles and stress of life
I wish to get rid of them
And go there to live and survive

Into the world of dream and peace
That is so full of hope
Where silent cries are heard by none
And no one there mopes

Oh God please help me my Lord
As I can not take any more
Of whatever is messing up my life
As I'm the begger of your door

Who is now wondering around
Into the world of dreams
Where nothing but all I wish
To see flowing the peace stream.

Seema Chowdhury
Strength Of Faith

Create a strong tie with God
And take time to bond and understand
For in life's journey we have little choice
But to adopt and accept

Do not be carried away by passion
Or by added layers of challenges
Learn to approach life in different ways
And always hope for improvement

Know that in this crucial battle
When winding roads take you up and down
And your heart is pained
And you don't find any way to ease the burden

Then hope and believe in the strength of faith
For only God Almighty will hear unconditionally
And you will hear his gentle voice
And see His guiding light and celestial bliss.....

Seema Chowdhury
Strengthen Your Ties

Strengthen your ties
Of love
Affection
And
Care
And don't let
Any moment to pass by
In which
Your thoughts go
Unexpressed....
Or your wishes go
Unheard....

Seema Chowdhury

Seema Chowdhury
Stroke By Stroke

I feel like an artist
Who is painting
Life's story of pain and sigh
Stroke by stroke
On the empty canvas
where
I feel lost and exhausted
In this world's worries
And
Unknown querries
All unanswered
And unattended
In the
Museum of priceless
Possession
And
Life paintings.............

Seema Chowdhury
Strongly Hold God's Rope

Strongly hold to the rope of merciful God
Never give up or sigh even in situation odd
Ask for God's mercy and forever lasting love
For only He can save you with blessings above

God Almighty is so gentle, loving and ever kind
His graciousness gives peace of heart and mind
He helps us in time of happiness as well as pain
And only He can swap our losses with great gain

Our God is all knowing all listening and great
So put in Him your trust, hope and a lot of faith
And kneel humbly in front of Him forever dear
For with His endless love, only He can take care

Our Lord has sent us His commandments to guide
We must hold His rope strongly and be on His side
So we can enjoy the breeze of the heaven above
And be the recipient of God's grace and forever love.

Seema Chowdhury
April 23, 2017

Seema Chowdhury
Study Your Dreams

Get some time
In life; s rhyme
To study your dream
That's soft as a cream

Where no one mourn
Neither feels down
For what they deserve
Is surely reserved

Only for them
With prayers hem
And they put to freeze
And always cease

Any trouble's bar
That's standing even far
Because they treasure
All life's pleasure

And enjoy each day
That comes in their way
And study their dreams
All with joyful schemes.

Seema Chowdhury
Stunning Moments Of Positivity

1) Start your life's adventure and take a smile with you wherever you go.

2) Imagine all the possibilities that may come your way today.

3) Don't let fear and doubt to fill your morning hours, set a positive tone for the day.

4) Whatever you think and say, make a statement. Believe in yourself and be confident.

5) Bring in creativity and decorate your life with big dreams and hard work.

6) Your life is a precious gift, make every moment count and create memories to cherish.

7) Make your own list of happiness and define your own words with a special meaning.

8) Colour your world with bright and dazzling colours of positive radiant energy.

9) Write your own rules for success and failures and be your own motivational coach.

10) Take time to reflect, tidy up your life and create your own stunning moments of positivity.

Good Morning and Good Luck! ! !

Seema Chowdhury
March 27, 2019

Seema Chowdhury
Submit To The Will Of God

Embrace the twists and turns of your life
And face troubling mysteries of the day
Appreciate the present and bury the past
And let hope's dream cascade in your way

Analyze your life from inside out
To beautify memories like a bouquet
So you can express gratitude to your God
And keep inflicting pain and hurts at bay

Stay on top of things my dear
And always determine truth's play
Never give up or lose your heart
Just keep depressing thoughts away

Life always has its twists and turns
And sky above feels hazy and gray
But God has also given you the power
To fill it with colors of hope's spray

So do not ignore bigger picture here
Heal your wounds with prayers today
And put your heart and soul in place
And never let it crack or break away

Renew your spirit and change your life
And win this battle with courage's display
Know these twists and turns will straighten
If you submit to the will of God everyday.

Seema Chowdhury
Success

S - Strong motivation helps you to grow and shine
U - Understand new opportunities to gain strength
C - Create limitless options to build a better tomorrow
C - Creatively focus on Time Management and Productivity
E - Enrich and Empower yourself and stay connected
S - Solutions are there, you just need to focus and find
S - Spread your wings and see how high you can fly to achieve SUCCESS!

Seema Chowdhury
March 24, 2018

Seema Chowdhury
Success Lessons

1) Stay happy, organized and maximize your potential.
2) Make positivity the motto of your life in every situation.
3) Stick sincerely to your commitment and avoid wasting time.
4) Adopt good and productive habits to be successful in life.
5) Adapt to your organizational culture and synchronize your goals.
6) Have a bias for action and learn to make quick decisions.
7) Develop emotional intelligence and learn to connect with people.
8) Show compassion and take a quick break when you feel overwhelmed.
9) Work diligently and effectively to become productive and efficient.
10) Pay attention to your surrounding and stay inspired and motivated.
11) Focus on important things and make time for what matters most.
12) Write your own step-by-step to-do list and prioritize important things.
13) Plan carefully to maximize your time and control the flow of information.
14) Don't enter or decide to live in a pity city, be strong and learn from your mistakes.
15) Learn to overcome stressful situations and focus on mindfulness.
16) Always stay on top of things and get work done at the scheduled time.
17) Give open and honest feedback but don't be rude or demotivating.
18) Encourage others to improve and be there to mentor and coach them.
19) Make your employees and co-workers understand that you are on their side.
20) write your own lessons learned and success lessons and use them as the roadmap.

Seema Chowdhury
June 27, 2018

Seema Chowdhury
Success Mindset

1. Have a success mindset and be optimistic.
2. Set higher and challenging goals for yourself.
3. Work on your positive attitude to make things possible.
4. Control your temper and emotions to save you from failure.
5. Acquire knowledge and work on developing innovative and creative ideas.
6. Adopt a candid style of leadership and management to connect with others.
7. Make logical decisions and take swift actions to execute them successfully.
8. Plan and write strategies that will help you to grow and enlarge your horizon.
9. Assess yourself regularly, be reasonable, original, and consistently work hard.
10. Define who you are, what do you want and how do you want to achieve your goals. Be positive and have a success mindset.

Seema Chowdhury
November 20, 2017

Seema Chowdhury
Summer Fun

Sunny days are here again
Things will surely not be the same
Lovely days and beautiful nights
Will put everything in its place right

Sunshine, water splashes and family fun
Are inviting us all before it is done
And sunny beaches and the hot sand
Are calling us all to the land

Busy streets and flashing lights
Are all making things very bright
Where everyone is having fun
Before summer days are over and done

It is Barbeque, picnic and party time
And everyone is singing and following summer rhyme
And looking forward to sit under the sun
And enjoy starry nights before it is all done

These warm days also warms our hearts
And show us all a beautiful start
Of another year that is coming along
With lots of hope, opportunity and songs

And that is another reason to thank
Almighty God on whom we bank
In times of trouble and time of need
For only He can remove trouble's weed

And bring love and care back in our lives
With beautiful flowers of happiness to survive
With sunny sights and lovely days
Waiting to reappear in our lives and ways.

Wishing a happy and blessed Summer to all.

Seema Chowdhury
Sunlit Path

I want the sunlit path to guide me to my destiny

Where life is raw and exciting
That rejuvenate my mind, body and soul
Where I can absorb the richness of small things
And let out my internal world of thoughts
To reconnect with peace and beauty
Where unspoken words and voices take shape
And splash light on my settled thoughts
Where wind of hope brings fresh breeze
And words have clear meanings..........

I want the sunlit path to guide me to my destiny

Where perfect pattern of life strengthen my soul
And give meanings to my lively dreams
And fresh air pours positive energy in the rush of emotions
Where I can feel the essence of joy and create peace
To release all negative thoughts
To get everlasting melodies of life
And enter into the world of love and inspiration
Where I learn to appreciate the moments of joy
And get ready to face another day.......... 

I want the Sunlit path to guide me to my destiny.

Seema Chowdhury
Sunnier Times

When it gets hard for you to hold
And life seems all frigid and cold
Then don't feel bad, down or blue
Just know I love and care for you
So with hope get up in life
And look for sunnier times that survive
And then go forward with faith
And then surely you will feel great
And remember it and keep this in mind
That I'm your friend of such a kind
Who always wishes well just for you
Because I care and love you too.

Seema Chowdhury

Seema Chowdhury
Sunny Smiles

With Sunny smiles and blissful wishes
I'm sending you lots of love and kisses
And hope my dear, my love, sweetheart
You'll soon feel better in your heart

And I wish may today the sun that shines
Brings bright ray of hope for thine
And tell how much I wish you well
And rings for you the get well bell

So why not while you're staying in your bed
You look at the roses that are red
And why not see pretty grass that is green
And nicer things that are surely still unseen

Because dear then you will feel much better
By opening mails and by reading the letters
And knowing many people cares for you
And this is one of its prove honey too.

GET WELL SOON SANOBER DEAR! ! !

Seema Chowdhury
Sunrise

I heard gorgeous sun saying hi
To all living beings under the sky

And saw sun taking off its veil
Infront of the high hills and dales

This sight was so pretty that I found
Myself totally in its beauty drowned

Because all creatures were singing the song
And were saying dear night so long

The sky was changing its color to blue
And flowers were blooming covered with dews

And charming colours were starting to sway
As if to the breeze it was giving a way

And birds were coming out of their nest
As if they were ready to seek for the best

And everything started coming back to life
As if they were ready to take the morn drive.

Seema Chowdhury
Sunrise On Dreams

As the sun rises
On my dreams
I wish and hope
For joy's stream
To flow in and
Colour my life
With joy's hue
That do survive
And hope that
This bright shine
Of sun will be
A gift of mine
And will shine for me
Forever and ever
And will block
My happiness' view never.

Seema Chowdhury

Seema Chowdhury
Sunset

I saw the sun saying goodbye with a smile
It didn't last long, but only for a while
That moment when the sun was going down
Things seem very calm and quiet in the town

The birds were coming back to their nest
As if they were tired and needed some rest
The flowers seemed gloomy, down and blue
As sun was setting, they couldn't see the view

The sky was changing its colour to bright red
But other things were still, as if they were dead
Or maybe because they were all in sleep
Sleeping in the lap of the ground very deep

I never saw the sun going down ever before
I don't know how to explain it more
But for those few moments, I felt I was lost
Lost in the woods filled with frost.

Seema Chowdhury

Seema Chowdhury
Sunshine Of Fain

If you feel depress
And don't see a way
To snap out of it
To lighten your day
\Then don't lose hope
And cry or sigh
But with courage
Hope for the high
\And try to reach
The end of the night
And hope to see
A morn that's bright
\That will take away
Your trial and pain
And will swap it with
Sunshine of fain.

Seema Chowdhury

Seema Chowdhury
Sunshine Of Life

Make a great deal
Out of little ones
Extend your heart
And find joy in tons
And share your blessings
With all who survive
By splitting your share
Of sunshine of life
For life is small
And life is brief
Where you should learn
To grant other's relief
By sharing what you have
And by letting go
Your share of blessings
On behalf of others so
They can also learn
And find ways to enjoy
The sunshine of life
With love, peace and joy.

Seema Chowdhury
Sunshine Of Wishes

There is sunshine in these wishes
That i'm sending with love and kisses
Because that's exactly what you do
For others my dear whole year through
You give others the gift of a smile
You help everyone in trouble's pile
You send others kindness that's a gift
That's needed for this world's uplift
And you show others such a pace
That takes them to such a place
Where garland of wishes are made
Where all troubles seem to fade
And you're thoughtful dear 'n that's true
So that's why I surely love you
And i'm sending you these shining wishes
That's filled with the bliss of kisses.

Seema Chowdhury

Seema Chowdhury
Sunshine Wine

The grey dull morns
Are now gone
And nice sun shines
Like a wine
Is spreading its magic
To overcome tragic
Of this troubled life
In which we survive
So get up now
And see how
We can all bring
Pleasure's ring
With happiness in it
Just bit by bit
And smile all along
And sing joyful songs
And wish for life days
To be free of pain's hay
So dear once again
We can walk in the lane
In the lane of joy
And there forever rejoice
And end our lives miles
On smile, smile and smile.

Seema Chowdhury
Supposing Tomorrow

Whenever I think of the supposing tomorrow
I think of a day without pain and sorrow
Where all bright ray and sunshine
Will appear as all yours and mines

Where all the skies will be free of clouds
And all men’s heart will be free of doubts
And every one will be given the share
Of joy and sorrow, smile and tear

And there I wish in the supposing tomorrow
Everyone will be ready to lend and borrow
the flowers of the blooming smile
And fains new ways and bright styles

Where no one will be left alone to sigh
Or fight with sorrow's place taht're high
And no one will be forced to lay
Sorrow's brick one by one with the hay

And I wish I can live taht long
So I can also recieve with song
The day when there'll be no pain and sorrow
Yes ofcourse I'm talking of the supposing tomorrow.

Seema Chowdhury
Sure Identity

Life's journey is like
An ebbing tide
Going back and forth
Flowing
Sinking
And
Declining
And
Finding a way
And
making a mark
And
Leaving behind
Its sure identity
In
A far deeper place.......
Sure We Will Miss You

Things won't stay as they are
When my sis you will go far
Because everyone will surely miss
Sarah and Danny and you dear sis
Because you know we all love you
And that is a fact that is true

Our days will start with thoughts of you
And your beautiful kids and that is true
And we'll remember good times we have spent
Together like a sister and a friend
Because you know we all love you
And that's a fact that is true

And today at last we'll say you goodbye
By hoping we won't see tears in your eyes
And now we should pray before we'll part
That may Lord keeps you close in his heart
Because you know we all love you
And that's a fact that is true.

Seema Chowdhury
Surrender To Faith

I like being alone
Up ther-
Near the entrance....
Where no one-
Absoutely no one can reach
where I get to enter
The door of Spring
And change my years of pain
And let cool breeze of the bay
Touch my face and mind
And force me
To unlock the secret
And
Surrender my soul to faith.......
Surrender To Memories

Memories are as fresh as the dawn
They build bridge with our lives events
And bring us newness of spirit
That is an everyday gift...
It lighten our burden
And save us with
Faith, hope, love and a touch of smile

Memories are when our minds run through
An endless loop of tough truth
That helps us to bounce back
From life's set back
And save us from stumbling in the fog
Or walking in the tunnel of despair

Memories are the deep personal journey
That turn our lives around
Share some laughter
Some shadow of depression
And savor the moment beyond words

And all this open our vision
To the full perception
And force us to answer to the voice within
And surrender to memories

That grab a few moments each day
And discover a new world of reality
For our souls to cherish
And hearts to absorb.......
Survival Of Joy

The field of my dream
Is sparkling with the beam
Of hope and pleasure
That is my treasure
I wish to explain
The joy and the fain
That I can see
And feel for me
For there is spring
Waiting with the wing
Of happiness shine
In life’s rhyme
That is full of hope
And of the scope
That gives my life
Joys to survive.

Seema Chowdhury
Sweet And Bitter Pinch

Make most of the
Happy moments
For
Once they are gone
They are gone
Forever.........
And then nothing
But
Only
Their memories are left
With
A touch of
Sweet and a bitter pinch
That brings
Smile
And sometimes tears
In our lives days.........

Seema Chowdhury
Sweet Baby Dear

May God always keep you dear
In his love and under his care

And may he always bless you with
The gift of smile, charm and wit

Sweet baby dear I wish for you
the world full of sunshine hue

And hope may God shower on thine
The blessings of his powerful divine.

Seema Chowdhury
Sweet Dreams My Baby

Sweet dreams for you
I wish my dear
Sweet dreams may fill
Your whole life's layer
Sweet dreams for you
May all come true
Sweet dreams I wish
Takes away your blue
Sweet dreams of life
That are so rare
Sweet dreams I hope
Can take your care
And brings you joy
Happiness and fain
That can absorb
All your life's pain.

Seema Chowdhury
Sweet Memories

Walking beside the shore of the bay
I was thinking of the happy by gone days
Whose everlasting memories were with me
And were giving me bright chance to see

A place where serenity and tranquility prevailed
where everything seemed covered and vailed
With the fragrance of never ending love
And many paths with kindness curve

And there sea waves touched my hands
And swept away the castle on sand
Which were made with the bricks of hope by me
Beside the lovely shore of the sea

And therte all scattered memories of past
Were brightly lying in the dreamland vast
Which gave me memories filled with rare
Prolong joy, happiness, love and care

Which I spent in counting the seconds of joy
Filled with unbreakable happiness toy
And remind me of the by gone days
Whose memories can never decay.

Seema Chowdhury
Sweet Salted Tears

Day by day
Night by night
Life is growing
Before our sight
So let's hope that
This world can show
Us the pace
In life's row
That is all
Filled with joy
And show new paths
To walk to enjoy
And hope it teaches
Us to bear
These pains of life
With sweet salted tears.

Seema Chowdhury
Sweet Smile

It takes just a sweet smile
It takes a glance for a while
It takes just a moment few
To enter joyfully in life's dew

Just add a colour to your day
And pluck blessings in life's way
And mix sunshine with some joy
And learn to always life enjoy

And know that love is what you need
So put care in your every deed
And then you'll feel happy and new
And songs of love will come into view

So try to dry away your tears
And banish your doubts and fears
And learn to joyfully smile my dear
In life's journey with joy and cheer.

Seema Chowdhury
Sweet Sounds

Sweet sounds of life
Does not now survive
Because I believe
Unimpassioned grief
Has now taken place
In every life's phase
And now just tears
Shows you dear
Your words or sighs
Your pains that is high
I wish and hope
To overcome mope
And look for the morn
With a white dawn
Shining from afar
Like heaven and star
So once again wall
Of pain can fall
And sweet sounds of life
Can once again survive.

Seema Chowdhury
Sweet Spring

Welcome spring
with an open heart
And the new begining
With endless possibilities
Where
Each minute
You see for yourself
Darkness peeling away
And sunny sights
And love's warmth
Whispering and peeping
And coming alive
And spreading love
And hope carried on the breeze
And joy flying with passion
And telling you to celebrate Spring
with all its vibrant colors
And power of loveliness....... 

1st April,2009

Seema Chowdhury
remembrance is sweet
just like a treat
And reminds us all
of joy big and small
And give us time
So with joy rhyme
We can flow in it
To tastle its every bit
And accept it as a treat
As its taste is very sweet.

Seema Chowdhury
Sweet Time

Time is a sweet magical trick
So try to figure it out and pick
And know that one who has the stick
Is considered as the wise brick
And know that if you want to keep
Keep up with your life's beep
Then don't think to rest or sleep
And don't shed your tears or weep
Just walk bravely on your feet
And learn to stand life's bitter heat
And with courage always greet
All life's challenges that aren't sweet
And always keep up with this trick
And try to learn to always click
And know that one who has the stick
Is considered as the wise brick.

Seema Chowdhury

Seema Chowdhury
Sweetness Of Our Friendship

This world is a nicer place just because of you
You bring kindness everywhere with your magical hue

Your sweet words and deeds are examples for all
And you do admirable things, all big and small

You show ways to improve and make this a better place
Where happiness flowers bloom to smoothen the daily pace

Your presence brings joy and stitch life with happiness lace
And you lit your surroundings with humbleness and grace

You share pain and hurt and cure wounds and sorrow
You are a special friend from Lord, today and tomorrow

So I hope and pray that you always shine bright
And wish you success and hope you spread delight

And want you to know that my world is beautiful my friend
And it is sparkling with your sweetness from start till the end.

'Happy Valentines Day Dear Sunny, thanks for being a beautiful part of my blessed world'

Seema Chowdhury
Sweetness Of The Autumn

Enjoy and absorb in the first Sweetness of the Autumn
And let its fragrance and magic embrace you
In the unbroken connection
Where glorious sunshine breaks through
The midst of thick layers of fog
And enormous colors are seen in abundance
Where you are allowed to freely walk over
The carpet of red, yellow, brown and green

And can see the sparkling tint of golden on the top
Where leaves are changing colors
And in this magical moment
You also get a chance to turn around your life
And let your imagination swim in the wild colors
And empower yourself in Autumn hue
To define your moment
And let your mind and soul
Twinkle with the brightening colors
And let you enjoy and absorb
The first sweetness of the Autumn.

Seema Chowdhury
Sweetness Of The New Begining

We are real people
Living our lives
Looking for true love
That can bring
Happiness and hope
Delightful dividends
And optimistic waves
And help us to start
Our journey
In the new land
With new ideas
And
Bring light into dark
And walk through
The door of hope
And taste sweetness
Of the new beginning.......

4th June,2009

Seema Chowdhury
Swift Pace

Learn to move
In the swift pace of life
So you can practice
the art to survive
And can handle
All of it
Without having
A trouble bit
And know that dear
Life is a pace
Where no one
Can stop this race.

Seema Chowdhury
Swing The Pendulum

Reach out, show kindness and touch hearts
There are thousands of stories to share dear
Be kind, warm and passionate about life
And bring sparkle and spotlight all around

Show tenderness and depth of your soul
And open your heart to celebrate life today
Speak softly and wipe tears of disappointments
As the day evolves moment by moment here

There are series of passing events everyday
So live them and move beyond through life
Say yes to life's joys and to meaningful living
And make wonderful hope's shapes to view

Collect your scattered thoughts and experiences
And fill in the missing perspective with warmth
Don't carry emotional burden for too long
It's time to swing the pendulum and win

Handle new beginnings of multiple dimensions
So today will be the special day of your winning
Show tenderness and depth of your beautiful soul
And share thousands of stories to celebrate life....

Happy Birthday Dearest Sanober, many happy returns of the day.

Seema Chowdhury
November 20, 2016

Seema Chowdhury
Table Of Memories

Life is like a table
Full of memories true
Of things that surely happened
In your life with you

So it is like a treasure
That you can keep
Forever in your mind
Carved away down and deep

For nothing lasts forever
Expect for memories true
Of things that surely happened
In your life with you

So treat your life nicely
And enjoy every bit of it
For one day it will end
When it will surely hit

The bottom line that has been
Selected for dear you
And all other things in life
That surely happened with you.

Seema Chowdhury
Take A Fresh Look At Problems

1) Let no obstacles stand in your way, be sincere, responsible and a thoughtful decision maker.

2) Expand your perspective and sharpen your skills, have a new outlook and capture the positivity of life.

3) Learn to deal with the unexpected and lead change while inspiring others.

4) Take a fresh look at problems, stay strong and motivated and strengthen your leadership skills.

5) Take action, use your intuition and follow your perspective to learn your own life's lessons.

Seema Chowdhury

March 15, 2018

Seema Chowdhury
Take A Hard Look

If things seem first time bad
Then don't ever feel sad
Just get up and search every nook
And take a harder look
To seek for the best in it
That must be hidden in bits
For life is for today and tomorrow
Where all kinds of joy and sorrow
Come in every one's way
And appear in each day
So don't feel bad
Neither think sad
Just search your life's every nook
And for joy take a harder look.

Seema Chowdhury
Take A Moment To......

Take a moment to.....

S- smile through your tears
A- amaze people with your kindness
M- minimize other people’s pain and share them
E- energize your surrounding with your laughter
E- emit warmth and love from your heart
N- never quit or give up, try once more

C- create friendly atmosphere all around you
H- hug and spread love and share good things
O- organize your life with optimistic outlook
W- write positive notes and pass it on
D- decorate each corner of your life with joy
H- handover all your troubles to God and pray
U- untie troubles and tie a bow of happiness
R- renew each day with zest and fain
Y- yesterday is gone so don't worry and celebrate today

Happy 12th Birthday Sameen Baby
Mama & Baba Love You very much.

Seema Chowdhury
Take Care Of You

You are very special sis
I love you very much dear
I hope you can get well soon
And see unfolding possibilities layer

Opening one by one for you
And telling you to look at them
And see God Almighty's blessings
Showing astonishing and wonder's gem

And when you'll gain the strength
And learn how to do it all
You'll see sunshine and clear sky
Bringing you Spring instead of Fall

And once again coloring your life
And your days with beauty and glow
And bringing you back your dream and hope
Of happiness magic and soothing flow

Where you can plaay wwith cooling breeze
and once again laugh and smile
And gain the strength to recollect your life
And walk with courage for long miles.

GET WELL SOON BAJI & I LOVE YOU

8th March, 2009

Seema Chowdhury
Take Charge Of Your Life

There is a lot more that you can add in life's story. Focus on leading and learning. Have a vision for your future. Make short terms and long terms goals. Accept and embrace change and reconcile your differences with others. Share your lessons learnt along the way and take charge of your life.

Create a momentum and get it going. Collect opportunities in your way and be innovative in the present. Don't feel being pulled in many dimensions. Put your knowledge and creativity at work. Solve complex problems in meaningful ways and be effective and efficient.

This is a difficult time so be a leader, plan your time wisely and transform yourself completely to run life's show smoothly. get involved with life, be resilient and mindful and achieve your ambition. And above all have patience and faith in your Lord and know that everything will happen at an appointed time.

Have a Blessed Day!

Seema Chowdhury
September 14, 2017

Seema Chowdhury
Take Incremental Steps

Step away from problems
And come back fresh
And show strength that you have
Never shown before
And embark on the journey with passion

And be an illusionist
Who make things happen
And who creates impression of reality
To reach the stairs of success
And then walk towards it to achieve it all
With a confident expression
A beautiful smile
And a positive perception

Just learn to take fast action
When walking on a wet pavement
And create a momentum
And tailor life's solution to your circumstances
In alarming and strongest storm

And don't be a shell without a kernel
Seek the inner reality
And work through difficult events
And on frustrating days
Remember that you have made it
Through bad days before

So if you stay focused
You will be able to tackle
Toughest challenges
And will be able to take
Incremental steps towards a meaningful goal...

Seema Chowdhury
Take Life As It Comes

Don’t worry so much about tomorrow
For life is knitted with joy and sorrow

Which both comes to all of us dear
So banish all your doubts and fears

And learn to take life as it comes
And then at the end of each day sum

All your worries and all your bliss
That were given to you without your wish

And then surely you'll see in each day
Many memories come by in your life's way

That gives you message of courage and cope
And burn for you the candle of hope.

Seema Chowdhury
Take Me There

No time is like a present time
So I want to live in each moment of today
And enjoy my life to the fullest
And spread peace in my way

Please take me away with you
Far very far Sunny Dear
Where I always wish to go
And find only love and care

I want your true love Sunny
And wish with you to drive
The car of my life dear
On the highway of my life

My happiness sun is setting
And I'm losing hope today
The colors of joy and happiness
Is fading one by one from the way

Please come back soon here
And take me in your arms
And show me the glimpse of care
Your true love and your charm

And don't let the sand of hope
All slip through the time
And leave me to mope alone
In this loneliness and empty rhyme

For no time is like the present
So take me dear where I want to go
And fill my life once again
With endless happiness and hope'sa flow.

Missing You Sunny! !

17th Feb,2009
Take Positive Steps

Learn to smile
And keep back the tears
For that is when
One learns to share
The troubles and the gains
Of Life's road
Without feeling blue
Or think of it as a load
And that's when
In the way around
Positive steps will come
For you on the ground
And you will learn to see
The brighter sights
And will learn to enjoy
This life that is bright.

Seema Chowdhury
Take Responsibility For Life

1) Take responsibility for your life and don't let your thoughts run wild.

2) Throw away self-doubt and identify your thoughts and emotions.

3) Learn to accept challenges and control negative thoughts to spread in your life.

4) Calm your mind and avoid chaotic situations in life. Find inner peace in uncertain situations.

5) Life's road is full of twists and turns so be strong and frame your mind to see positivity.

6) Hold fast to your dreams and change your path to support continuous improvement.

7) Breakaway from negative path or force and stay cool, calm and collected in stressful situations.

8) We are travelling through time from one point to another and connect strongly to life's fast flow.

9) We have to prepare ourself to stay open to unlimited possibilities in the reflection of time.

Seema Chowdhury
December 27, 2017

Seema Chowdhury
Take Time To Laugh

take time to laugh
In life's each day
And let it brighten
each step in your way

And show how much
It means to smile
For it can take you far
All for a while

Into life's every path
Where no trouble or pain
Seems to grow in
To block the road of fain

So always take time
To laugh each day
And let it brighten
Each step in your way.

Seema Chowdhury
In the land of wonders
Stop and listen to your heart
And set it free to move on
And talk to God today
And surrender to His will
Then only you will learn to walk with faith
For prayers can achieve
Comfort, energy and healing
And attract bountiful blessings
On which you can thrive......

Live with passion
In this magical kingdom of God
where you will get strange opportunities
To grow and expand and connect to God
Even when you are stuck in a tough spot
For God responds to the prayers
And helps you when you are frustrated and frightened
With His words of inspiration and encouragement.......

So knock on the door of hope
And walk on the pathway of your dream
Bury your anger and sorrow
And embrace all options
To get to spiritual remedy
Where God's assurance of joy and peace awaits
To tune in to what's going on inside you
To comfort and ease your emotional pain
For God's ways are wonderful
And surely faith is God's will..........
Tap Hidden Paths

Tap the hidden paths of joy
Gently without coy
And learn to walk on the pace
With courage to be in the race
That is going on in life
Where we're bound to survive
And see if you can do it
And learn to get bit by bit
For joy passes you by each day
And tap hidden paths of it in your way.

Seema Chowdhury

Seema Chowdhury
Tears

I asked so many people but no one could tell
Why we see tears flowing from eye's shell
And that's when I thought I'll try to explain
We shed them when we're suffering from pain

And sometimes they just start flowing from the eye
And we cannot check them even though we try
And tears are concealed but they let us know
About their presence from their flow

And they're like pearls that no one can steal
And comes with pain that only one can feel
And always remember something about a tear
That is really holds value and is very dear

So if you are upset and you want to pray
Or if you are feeling down, sad or gray
Then don't ever try to let your tears stop
As it carries a world of meanings in every drop.

Seema Chowdhury
Tears And Smiles

Nothing begins or ends dear
Without bringing us smiles or tears

Because that's how the car of life
Is running on these two wheels drive

So don't feel upset or torn
If you see dark before dawn

For darkness is always followed by
The brightness and the day lights high

So learn to live with peace and care
And know that life is unique and rare

Where nothing begins or ends
Without bringing tears or smiles blend.

Seema Chowdhury
Tears Of Frustration

Wipe away tears of sadness and frustration
And don’t let it dampen your lively spirit
Remember God Almighty is there for you
So just pray, smile and joyously share

Life can change in an instant so
Don’t be scared of the challenges dear
Make through tough and painful times
And see positive results with joy sincere

Fill your life with hope and gratitude
And hear your own voice of deep peace
Learn secrets to attain success and joy
And show ways to reach happiness lease

Life may seem very difficult at times
But there’s always great opportunity to learn
And see positivity in each situation dear
To joyously overcome and firmly earn

A new chance to create images of life
To generate bright path to walk on dear
And wipe away tears of frustration and pain
So you can pray with gratitude and care

Seema Chowdhury
February 5, 2017

Seema Chowdhury
Tears Of Joy And Sorrow

Tears are wo weird
They come in joy and sorrow
And fill our lives
With lots of emotions and sentiments-
They speak a silent lamguage
Of pain and grief
And also gratitude and happiness-
They come in anxious moments
And help us to carry our burden
And steer our ship
And take it to the ocean of love and joy-
And when we embark on a journey
They come along with us
And bridge between our
Expectations and achievements-
And like a gentle wind
Blow away dust of darkness
From our soul
And wash our pain-

Seema Chowdhury

Seema Chowdhury
Tears Of Pain

Tears of pain
Tears of gain
Tears of loss
Tears of toss
Tears of smiles
All for a while
Comes to bring
In life's ring
Some joys some pains
So enjoy it all
Before it falls
And ends a phase
Of life's days
For life is a gift
And it is sent for uplift
Of our souls and hearts
That'll one day impart
And then we'll all die
Ending our stories high.

Seema Chowdhury
Tears Of Protest

Stop the tears of protest
And swap it
with the smile of gratitute
and
when in pain
Look to the God
And
Let Him take you in His lap
And
Keep you close in His heart.............
For these tears of protest
Are like a wall-
An iron wall
That doesn't let the mercy of God
Flows smoothly towards you.........

Seema Chowdhury
Tears Of Sigh

Tears of remorse, hurt and cry
Brings me lot of pain and sigh
And reminds me of life's things
That move in an endless ring
For life is really a ring of pain
That makes me just insane
And leaves behind memories curt
That're full of remorse and hurt
Where I don't find any road
To walk on with burden and load
The burden of this weird life
Where I am sent to survive
And that is why I always ask
What is in this world my task?
And why am I here sitting to cry?
And shedding the tears of remorse and sigh?

Seema Chowdhury

Seema Chowdhury
Tears Of The Painful Days

The mist that is spread on the sky
The fog that is blocking sunshine high

Is probably feeling very bad
And inside it extremely sad

I wish if I can share it today
And wipe tears of its painful days

And bring it a cheerful shine
Filled with joys and love's wine

I hope and wish and sincerely pray
That if I can find a way

To clear this mist spread on the sky
And fog that is blocking sunshine high.

Seema Chowdhury

Seema Chowdhury
Tender Blessings And Dream

Our home is a place full of blessings and love
It feels like a joy ride to heaven above

Where we are writing our own fairy tale
And composing our song to hum and hail

The love of the family is the greatest gift of all
That fills our lives with smiles big and small

Where peace and serenity prevails at every sight
And bring back beautiful memories all bright

It's a place where new dreams are born everyday
And we happily embrace this magical time and stay

With care, passion, gratefulness and lots of love
To decorate our world like heaven above

Where we hope and pray that we can create a life
With blessings, humbleness and purity that survive

And give ourselves another chance today
To spread care of love to brighten our way

So we can gather tender blessings and dream
To build our home with joy and laughter's beam.

****Written on the 3rd Anniversary of my home****

Seema Chowdhury
Tender Feelings

Just like soft breeze in the sky
Move softly over head very high

And give us happiness and joy
And all our bad thoughts they destroy

Similarly tender feelings of the heart
Shows us bright path to start

Another day with joy and fain
And enter in our life's lane

Through the road of heart and mind
And show us things that're kind

And make us feel good and bright
And add in it some more fain's light.

Seema Chowdhury
Tender Mercy

I crave for your tender mercy God
For it means alot to me
I am a sinful soul
So seek love and mercy from thee

For you're ever loving and kind
And only you can show me the way
That will lead me to heaven my God
And will brighten my whole life's day

For I'm all soaked in the worldly
Things that are all around
And just want more everyday
In this life's merry go round

I wish to be on the top
Of this world and things in it
And want for my selfish soul
Every warmth and good in bits

Please forgive me my Lord
And show me the way to cease
And soften my bitter heart
And put in it mercy and peace

Please let me spread my light
And show kindness to all my Lord
And forgive my sinful soul
For it means alot my God.

Seema Chowdhury
Tender Smile Of A Mother

I wish you well
And want to tell
How much you mean to me
For you are like a sea

Whose love has no end
And you never ever pretend
And bring the gift of smiles for all
And you never let hopes to fall

I just want to thank you
For everything you ever do
And for always being the best
And special from all the rest

And for helping me in need
And vacating trouble's weed
And thanks for all your prayers
That you did because you care

And for showing me your love
That is unconditional all above
And for brightening up my life
With encouraging hope's drive

And for always being the best
And special from all the rest
And for your tender smile of love
That is the gift of heaven above.

Happy Mother's Day & Happy Birthday Ma.

Seema Chowdhury
Terrible View

Silent nights and silent days
All covering my life's ways

Makes me feel bad and blue
And shows me terrible views

The terrible views of my life
In which I'm bound to survive

Where I see no joy's sight
Or anything that is bright

Sometimes I wish and hope
To get rid of all this mope

And sleep peacefully never to wake
And take from this life a break.

Seema Chowdhury

Seema Chowdhury
Test

Always stay prepared
To take a test
Because
It provides an opportunity
To revive
To reform
To renew
To refine
To rectify
To recruit
And
To refresh........

Seema Chowdhury
Test Of Faith

See difficult task as a test of faith
And then surely you will feel great

And you will learn in life to enjoy
All life's small fun and joy

And believe in yourself and always try
To keep away from tears and cry

And learn to be brave and strong
And sing the song of joy along

And then surely you will view
Life free of trouble's hue

Then surely you will feel great
After passing the test of faith.

Seema Chowdhury
Test Of Faith And Courage

God is the author of our lives
And our books are loaded with stories
For it is an ongoing process
Where we have to explore all possibilities
And we must embrace all options
To enjoy the wonder
And find spiritual remedies of the unsettled life
And center ourselves in our hearts
When life throw off balance
For this is known as the test of faith...

Where love and passion
Strength and courage
And energetic persistent is required
When an unexpected change occurs
Or a blizzard comes
To frighten and frustrate us...

We must learn to rely on God no matter what
And believe that after the climax
There must be some smooth ending
That God Almighty has destined for us...

Seema Chowdhury
Test Of Your Strength

Don't whisper in the dark
Come out in the light
And share your secret thoughts
With hope and care
Life may seem misty now
But this cloud of fog will go away
If you are brave enough to fight
So don't give up for this is the test of your strength

Try to free yourself
From the shackles of doubt
And listen to encouraging words
For courage is a powerful weapon
So don't curl up on the couch
Fight soul crushing moments
And jump hurdles bravely
Just don't give up for this is the test of your strength

Approach life head on
Break the chain of pain
And remember that nothing is forever
So your life's season will also change
And greenery will return soon
Just hang on and wait
For the vibrant hue to come
And don't give up for this is the test of your strength

Seema Chowdhury
Th Peak Of Success

Don't let anyone take away your beautiful hope and sparkling dreams of today.

Move forward with courage and try something new and fabulous every day.

Remind yourself you are unique and amazing. You can freshen up your life and hit the mark.

You just need to pause and reflect and find your special powers that are bestowed by your Gracious Lord.

Try to connect with your inner and outer self and find things that you can and cannot do.

Savour each moment; with each passing day, learn to be more productive and improve in all areas of life.

Be self-reliant; have a clear view of hope and optimism to succeed with a smile of delight.

Improve your attitude, remain calm during a crisis and know that you can't always get what you want.

Be open and understanding, build strategies to improve, create discipline and confidence.

Learn valuable lessons, go after your goals and listen to your inner voice to touch the peak of success.

Good luck!

Seema Chowdhury
Thank You For Being In My Life Dear Sunny

Love is very gentle love is very kind
Love is a pure blessing love really binds
Two beautiful hearts, souls and minds
In an unbreakable chord to always remind

Love is like clouds floating freely very high
Love is like a gentle rain falling from the sky
Love is like the rainbow that shines and stops by
To brighten our lives and put an end to our sighs

Love creates best friendships in our dull lives
Love adds miracles and joy for us to survive
Love fills our path with smooth and sweet drives
And teaches us to take care and always feel alive

Thank you dear Sunny for all your love and care
Thank you for holding hands so you can always share
Thank you for wiping tears of joy, pain and despair
And for painting the canvas of my life with your prayers

Your friendship is a noble gift from gracious Lord
You are a special angel send from Merciful God
You have filed my life with happiness and joy's chord
And have gifted me forever love and peace aboard.

Happy Valentine's Day My Dearest Friend Sunny
Thank you for being the most important and integral part of my life.

Seema Chowdhury
February 14,2017

Seema Chowdhury
Thank You Gracious Lord

Thank you our Gracious Lord
Thank you All-Knowing God

Thank you for taking care
Thank you for always share

Thank you for good health
Thank you for giving wealth

Thank you for showing your love
Thank you for blessings above

Thank you for listening to our prayers
Thank you for showing you care

Thank you Lord for the sunshine
Thank you for sending your signs

Thank you for cleansing our heart
Thank you for showing a bright start

Dear Lord you are our best friend
Please guide and hold us till the end.

Have a blessed Day!

Seema Chowdhury
September 14, 2017

Seema Chowdhury
Thanks Brother

Neither any word nor any phrase
Neither any sketch nor any trace
Can tell all that is piled in my mind
About someone special who is kind

It feels very good and nice to know
In this world where friends are less than foe
There is someone caring who cares for you
And always try to help in things you do

And I'm proud to tell that someone
Who knows how things should be done
Can be no one but only and only my bro
Who knows to buck up when things are slow

I know brother I can never ever repay
For every little thing that you do and say
And remember things you have done for me
That showed me the way of kindness key

So only thing I can say to you today
Is that may Lord bestow his blessings way
And fill your life with brighter spring
For all the joy for others you bring.

Seema Chowdhury
Thanks For Being You

Thanks for giving me joys and smiles
Thanks for sharing my trouble's pile

Thanks for wipeing the tears of my eye
Thanks for showing me the glad view of sky

Thanks for lending me your shoulders to lean
Thanks for giving my words a proper mean

Thanks for telling me the value of life
Thanks for showing me the rules to survive

Thanks for lending me the sympathetic ears
Thanks for showing how much you care

From all this what I mean in the end
Is thanks for being my special friend.

Seema Chowdhury
Thanks For Being You-Sunny

You have touched my life
With your love and care
You have brighten your world
More than you know dear

You have showed me the path
That is new and bright
Where all things appear
That're pleasing to my sight

I'm thankful to you
For entering in my life
And for showing me ways
To joyfully survive

So 'YOU' now I call
Are an important part
Who has a special place
In the corner of my heart.

Love You Sunny

Seema Chowdhury
Thanks Mom

The energy of your love and warmth is contagious
And always color my life with rainbow hues
And sends sunshine in my way
In the shadow of which I revisit memories
Where I feel strong and positive vibes
That helps me in the illusion of life
With passionate thoughts
And beautiful and kind words........

For your love is like sunbeams
That helps me to keep rolling
And see a fresh perspective
To face challenges and plant a seed of hope
And remind myself of the good life ahead
And your prayers give me courage
To embrace hope and faith
And cling on to the unbreakable bond with God........

Thanks mom for everything & for being my life's coach.

Seema Chowdhury
Thankyou Friend

I'm leaving and going very far my friend
But don't think that our friendship will end
Because I know for me you were sent
With whom I felt no need to pretend

I know where I'm going is a very long trip
So take it as an advice or may be a small tip
Don't let this distance to ruin our friendship
Just be wise and get a hold and a strong grip

And today I'll tell when at first I saw you
You seemed like a person who was nice too
And who can be a friend that are very few
But now I can say what I thought was true

And now I don't know how can I repay
Your kindness and sincerity to you today
For always being there for me in every way
And I think thanks is what I want to say.

Goodbye Farah!!

Seema Chowdhury
Thankyou God

Day after day
Night after night
Things are getting set
In places right
I thank my dear Lord
For all His bliss and love
That he has given us
From gifts of heaven above
I wish and hope for now
And pray From God dear
To keep us safe and sound
And very close in his care.

Seema Chowdhury
That Bent On The Road

Always be prepared to drive on that bent road
Twisting and turning bravely and carefully
Up the lumpy mountain and the steep cliff
Pull off at hope's view point and pause
And enjoy the bigger picture of life...

Drive down on that bent road slowly
And embark on the enchanting journey
Awaiting with miracles and surprises
With its amazing twists and turns
And enjoy the bigger picture of life...

Don't be scared of the blocked view
Adjust your rare view mirror optimistically
And continue your journey smoothly
Believing to find miracles on the way
And enjoy the bigger picture of life...

And when you will learn to handle life
You will synchronize your steps accurately
To reach your destination harmoniously
That will change your life in profound ways
And you will enjoy the bigger picture of life...

Seema Chowdhury
That First Small Step....

Take first small step towards life....

Discover your own life's pattern
And dimensions of mystery and wonder

Feel your life closely and deeply
And assign a meaningful name to it

Unwrap the present moment
And change your thoughts and reasons

Pray a prayer of gratitude
And throw away sigh to smile

Mingle with your inner and outer worlds
And hear your oozing wounds

Watch sunrise and sunset
And believe in the magic of life

Listen to the sweet voice in your heart
And let the colors of life uplift your spirit

Hope for the best and collect your dreams
And take out few moments of peace

Don't let crushing weight of uncertainty
Drag you through a bleak day

And you'll only be able to do all this
When you'll take that first step towards life...

Seema Chowdhury
That First Step....

That first step
Which I took
Towards life...
With a hope to see
Shiny and bright sky above me
With a hope of joy and pleasure
With a huge
Pile of trust and believe
And
With the circle of past memories....
All lead me to believe
That each new day
That begins
Is like an unsolved puzzle
That gives chance to explore
My boundless world of
Dreams and hope
And also reminds me
Of that first step
Which I took
Towards life......,

Seema Chowdhury
That's Life

Things will change
And they surely will
Just be strong
And know how to fill

Your life with bright
Colors of peace and hope
And enjoy each moment
And do not fall in mope

For that's life
So learn to accept it
For life holds value
In its every bit

So leave little to chance
And renew your spirit dear
And learn to swim
With hope and cheer

And know you have to
Make peace in the day
For moments have value
Somewhere along the way

So don't demand too much
From your life
Just bravely accept it
And learn to survive

And create your own
Fantasy to live in it
For life holds value
In each and every bit.

Seema Chowdhury
The Answers I Need

The answers I need
I can never get
For what I am hoping
Can never get set
For life goes on
And on for ever
Without looking for
What we wish would never
Take place in
The days of life
In which we are bound
To exist and survive.

Seema Chowdhury

Seema Chowdhury
The Balm Of A Smile

Find something to look at
To smile each day
For it is a tonic
That brightens your way

And takes off your burden
And your trials load
With the help of it
on the troubled road

And learn to cope
With agony and stress
And all kinds of pain
That makes you depress

And know that smile
Knows how to calm
And put on stress
A healing balm.

Seema Chowdhury
The Beauty Of Kindness

Don't be poisoned by the bitterness of others
Try to suck kindness in all kind of weathers
So joy and fain blossoms all year
That know how to wipe the flowing tear

For the real and rare beauty of all
Is the bliss of kindness that never let fall
The leaves of hope from the trees in autumn
When all other leaves are gathered in the bottom

In the bottom of ground then waits for the spring
When new lives are given to them to sing
The song of beauty that is real and rare
That know how to wipe the flowing tear

For good nature always supplies you beauty
And make you look more joyous my sweety
So always in this little time that is given
Do good deeds so you can earn the heaven

Where streams of love is flowing very calm
And no one can ever hurt you or harm
But all this will only be given to you
If you bring thee beauty of kindness in view.

Seema Chowdhury
The Bell Of Joy

Let me be the first one to ring
The bell of joy and wirth it bring

The message of hope, love and care
To show how much you are dear

I wish you joy when you are sad
And everything looks dull and bad

And I hope to see around you love
That is God sent gift of heaven above

And hope that is ever in life
You need my love and support to survive

Then I'll be the first one to bring
Joy's bell to make your heart sing.

Seema Chowdhury
The Best Answer

The only best answer
That we must give
To any troubled question
That arise and live
Is to smile and smile
A long life's way
And with happiness
Build our day
Because fain and joy
Only we can earn
If we know how
Best answer to learn.

Seema Chowdhury
The Best Gift

Life is the best gift of god
That he has bestowed as his reward
For more blessings are present in it
That makes it a happiness kit
So enjoy each moment of life
And learn nice things in it to survive
And search for the reason to enjoy
Each second of it with joy
And remember my dear one thing
Life shows both autumn and spring
So don't have doubts about your life
Just learn nice things in it to survive
Because it's god most precious gift
That is given to us for our uplift
And so many blessings are present in it
That makes it like a happiness kit.

Seema Chowdhury

Seema Chowdhury
The Best In You

Bring out the best in you
Show to others pleasing view
And try to bring others delight
And try to make things bright
For life is full of pain
And also the trouble's rain
So see if you can smile
And make things better for a while
And bring sunny sights into view
By bringing out the best in you.

Seema Chowdhury

Seema Chowdhury
The Best Time Is Now

Walk on the sunlit path
And know that the best time is now
So rise in waves and walk over
The wall of strange silence
To see the magnificent world
Waiting for you to welcome
A marvelous new life
Filled with hope and happiness
Where beautiful sunshine warms you
And helps you in your pursuit of happiness

Just take small steps
To enhance your creative imagination
To improve your life
And remember that there is no magic
More powerful than the magic of
Believing in yourself and your heart

So enlarge your field of vision
And create new and fresh perspective
To uncover the beauties hidden
Under deep layers of life
To enjoy the best time now

Happy Birthday Samia
We love you very much

Seema Chowdhury
The Best Way

The best way to lead your life
The best way to here survive
Is to live and find a pace
Where you can find a trace
Of joy and smiles dear
To enjoy life's gift that's rare
And learn here to do it all
In a way all big and small
Because when you'll do this
Then on you will shower bliss
From gracious god's heaven above
Along with contentment and love.

Seema Chowdhury

Seema Chowdhury
The Blue Sky

When I look at the blue sky
That's above me very high
I feel and wish if I can
Reach there oh man
Where tiny birds play and sing
And wait for the appearance of spring
And where sun that's very bright
Greet everyone with smiles of delight
And then I wish and hope one day
I'll get a chance along my way
To reach and touch the blue sky
That's standing above very high.

Seema Chowdhury

Seema Chowdhury
The Bowl Of Bliss

Drink deep from the bowl of bliss
And ask for God's loving kiss

For God's love is pure and rare
That you can get just through prayer

For God's love is like an aid
That is made of the cooling shade

Under which you can sit and cry
And talk to God in hard try

For God's love is like a flood
That can clear all the stud

That may come to block your view
Of the good tomorrow and that is true

So learn to drink from the bowl of bliss
And ask for God's loving kiss.

Seema Chowdhury
The Bridge Of Love

Build bridges of hope and love
For these are the gifts of heaven above
That brightens your life and your way
And spread joy for you each day
For the gift of love can always heal
The pain inside you that you feel
And it can surely make your heart
A place from where joys impart
So learn to build these bridges in life
If you really want to joyfully survive.

Seema Chowdhury

Seema Chowdhury
The Bridge Of Sigh

Over the bridge of sighs
Is present a road high
On which we have to walk
For this is the main life's talk

Where scenes of joy are few
And reality that is bitter and true
Just appears before our eyes
Where exists the bridge of sigh

And many times in our lives
we feel its hard to survive
But then a glimpse of morn
Shows its face through dawn

And gives us hope to walk
Through this main life's talk
And then like others we try
And cross this bridge of sigh.

Seema Chowdhury
The Choice Is Yours

Be master of your life
And shine within visible world
And lit up your life with joy
Then your innate strength of compassion
Will let you live your dream
And your life will be filled
With wonders and surprises
And scattered thoughts will thread in a string
To embolden joy and light
And will give way to confidence and courage
To open new channels
And let new rhythm enter in your life
To transform a magical moment
Into a miracle moment
The choice is yours..............

Seema Chowdhury
The Choice Is Yours Today

Breakaway from the illusion; take responsibility for your own life.

Have big, bold dreams and rewrite your life's story.

Invest in your future and walk on the path to success.

Snap out of negative thoughts and change your situation.

Be persistent and pursue happiness. Set goals for success.

Face the future with enthusiasm, excitement and take the required action.

Enjoy all shades of life and overcome obstacles to move forward.

Stay focused and energized and embark on the unique journey.

Live in the moment and stand on the strong pillars of success.

Shut out negative voices in our head and remember the choice is yours.

Seema Chowdhury

Seema Chowdhury
The Clock Is Ticking

1) Don't miss out on life, keep making things right and better every day.

2) Appreciate what you have, don't let emotions to blur your vision.

3) Don't run away from a difficult situation; face it with courage and strength.

4) In dark moment, take a leap of faith and hold on to the rope of hope.

5) Don't feel alone or angry. Take calculated risks and clean up your mess.

6) Celebrate each day and spread your wings to get better and amazing results.

7) Be receptive to new ideas and experiences. Learn to ride the waves of the unknown to get to the known.

8) Be assertive, begin today and keep moving, remember the clock is ticking!

Seema Chowdhury
June 9, 2018

Seema Chowdhury
The Clouds Of Darkness

Why is darkness all spread on the sky
Why is brightness never shown high
Why I see clouds of agony and mope
And not even a glimpse of love or hope
I wish and I really want to try
To remove clouds woe and the cry
And hope that soon very soon
I'll see bright sun and the moon
And the rain and the pretty rainbow
All decorated with the floral bow
Where tons of gifts of care 'n smile
Will be shown in the trouble's pile
And then pretty and the bright sunshine
Will be spread like the joyous wine
And then clouds of darkness 'n mope
Will be replaced with the smile of hope.

Seema Chowdhury

Seema Chowdhury
The Color Of Emotion

A special gift
From heaven above
Sent by our Lord
Who feels we deserve
This gift of feelings
And emotions dear
Is surely very special
To show love and care

It lets us tell
How we feel
In each and every
Life's endless deal
And it lets us show
Our grief and sorrow
And all our concern
For the tomorrow

And then we are given
A chance in life
To color it with hues
All that survive
And make our own
Unique rainbow
To color our lives
With its show

So don't miss this
Opportunity my dear
Always collect
All love and care
And all feelings
That make you sad
And some times
Extremely glad

Then throw on canvas
Of your life
The color of emotions
That here survive
And let all know
How you feel
In each life's fine
Or troublesome deal.

Seema Chowdhury
The Crisp Morning Of 2016

The crisp and compelling colours
Of real life are peeping through
The fresh leaves decorated with mist
And it's casting a warm glow of light
And opening it's heart and lovely arms
To welcome the new day of the new year
Bit by bit, coming closer and closer
Making its way tenderly and gracefully.....

I'm standing here looking skywards
Saying my prayers of thanks and joy
With smile cascading down my face
Where I can trace the shades of reality
And my heart is racing with emotions
With vivid memory of the bygone year
Moving swiftly out of the way like a wind
Giving way to my inner strength and peace.....

In these silent moments I feel divine direction
Guiding every minute of my life and action
I truly feel and trust my impulses and thoughts
And want to listen to my whispering heartbeats
So again I can climb the stairs of faith and belief
Away from rocky road trapped in the winding path
And start my journey towards the crisp morning today......

Seema Chowdhury
The Crops Of......

My field of dreams
Is filled with
The crops of
Imagination
Fantasy
Vision
Inspiration
And day dreams
Where
Every day
I prepare myself
To put
Balm on my hurt feelings
And
Express myself
Through the replies of
Whys and hows...

Seema Chowdhury

Seema Chowdhury
The Crown And Glory Of Life

Drink deep from the well of joy
For this world is like a magical toy
That let you sometimes freely smile
And sometimes show you tears for a while

So always stay happy and try to avail
All joys and fains that exists and prevail
Till you soak yourself in the blossom of love
That is a God sent gift from heaven above

And don't feel that you're the slave of time
For life moves in the predetermined rhyme
Where waves of joy and waves of tears
Are flowing smoothly throughout the year

So all you need to be happy and fain
Is to think you know and you can gain
Things you need to brightly survive
And that is the crown and glory of life.

Seema Chowdhury
The Days Of My Past

i miss those days when I was young
And used to play under the sun
Where the bright sun used to shine upon
The blooming flowers early in the morn

And also when I used to play in the rain
And didn't know the actual meaning of pain
And thought that playing was the aim of life
And was needed in this world to live and survive

And the most important toys among all
Were bats and balls and specially the dolls
When playing with them always made me glad
And changed to good if things were bad

So I wish if once I can go to my past
And read life's story from first to last
And measure things I had gained and lost
In the run of life in this world of frost.

Because when i feel I'm getting bored
And don't have things to do any more
Then I delve in thoughts stored in my mind
That are special and really different in kind

Where I see myself as a kid who is small
Who never comes back before a call
From troubles that is another name of life
And doesn't let anyone happily survive

So that's why I really miss those days
When playing and enjoying in different ways
Was what I thought was the aim of life
And was needed in this world to smoothly strive.

Seema Chowdhury
The Depth Of Grief

The depth of grief is hard to measure
For the pain inside it that is treasures
Is so much and so bitter and hard
That everyone wants it to totally discard

But one thing that we must keep in mind
Is to always seek ways with others to be kind
No matter what we are going through
We must be honest and sincere too

And always remember these pain and grief
Are only let out and gets a relief
If they are given a chance to drop
From inside painful injured heart's top

And then all life's pain and sigh
Will leave your soul and will say goodbye
And then in your heart all pain and grief
Will not get a place, not even brief.

Seema Chowdhury
The Echo Of What If's....

The waves were rolling  
And crashing on the shore  
And there  
I stood Still  
For a moment  
On a lonely evening  
To Visualize my life  
And to witness the change  
That was about to happen.....

And there in the middle of all this  
I could hear  
My fear and what If's echoing  
I had no answer  
To any of them.........

Then  
My life started happening  
And every hour started revealing itself  
where I tried to guide  
My thoughts and dream  
Towards unforeseen events......

I started searching  
For the logical explanation  
As I marked off the days  
On my calender  
As they passed  
One by one....... 

Then atlast I saw  
The tide of my life  
Racing and flipping rhythmically  
Crashing the fear and what ifs  
From the scene  
And pushing me away  
From the bumpy road  
Towards a new begining  
With familiar prayers and hope.........
The Echoes Of My Past

The rare echoes of my past
Are like a precious treasure in a way

For in it I always hear
Sound of my smile and tear

That I shared only with me
To make me feel better and free

So I can reach to the door
Marked with joy, fun and more

Where I can enter to count
Happiness deposited in my account.

Seema Chowdhury
The Facts Of Life

The grass is not always greener else where
The sky is not always clearer in the air
The rose is not always fairer my dear
And luck never ever comes in pair

So learn to remember for you must know
That every yes definitely has a no
Like every con surely has a pro
Because that's how life's wave flow

So always be prepared for life's test
And do it with all your zest
Without even thinking of taking any rest
Then surely you will get what is best

Because dear that's how you will view
And will learn how to act when you feel blue
And how to take care of pretty hope' dew
That's standing in your way with a distinct hue.

Seema Chowdhury
The Fairy Of Kindness

One day while walking beside the bay
I met fairy of kindness in the way
Who was performing her duty day by day
Without expecting anyone for it to repay

Her beauty was reflecting true art of God
And her presence was biggest proof of God
And this beauty was given to her as reward
For lending to others her kindness cord

I went ot her and asked oh dear
Are you the fairy of love and care
Whose duty is to spread smile and share
Everyone’s distress, agony and tear?

She smiled and then said my friend
In this world of all I was sent
To help and in their lives to mend
The cracks of mistrust and put an end

To all their fears of pain and grief
And make them all to surely believe
That God who is our Lord and Chief
Will surely grant us all joy and relief

Only and only if we trust in God
And know that surely God always reward
And help us when we are stuck in odd
For his kindness path is certainly broad

After listening to that I thanked fairy in white
Who was wearing the gown of kindness that was white
Which showed me the path that was right
And cleared up the mist that was blocking my sight

And then I went back to knock at prayers door
To get God's love, care, blessings and more
Where I found God's gift of kindness stored
Each labeled with God's gift of kindness and more.
The Finest Heart Tonic

The finest heart tonic on this earth
That I think is really worth
Is the gift of rare tonic of smile
That shares your load for a while
For a smile is what makes your day
And fill it with joy in your way
And show you scenes bright in life
That takes you out on a long drive
And then show you ways of fain
Where no glimpse of any pain
Is given or even shown to you
So you can feel happy too
And that's why it is for your own best
To smile along life's way in hard test.

Seema Chowdhury

Seema Chowdhury
The First Move

Make the first move
Towards God's door
And then you'll find
God's love and more
For God helps them
Who are in pain
And ask for his
Blessing's rain
So when you're stuck
In life's trouble dear
Then make the first move
And ask for God's care.

Seema Chowdhury
The First Ray Of Sunlight

The very first ray of the sun light
Taht came to me that was bright
Crossed all high hills and dales
And calm flowing streams in the vales

And when they finally reached me
I saw the soothing shades of the tree
For they all crossed high hills and dales
And calm flowing streams in the vales

And I felt in them the Gracious God's power
And the nice fragrance of the pretty flowers
For they all crossed high hills and dales
And calm flowing streams in the vales

And every where I looked I only saw
Miracles of God's order and laws
And the calm flowing streams in the vales
That travelled all along with the dales.

Seema Chowdhury
The Fog

Our lives 
Are lead by 
Unseen course of events 
That are all 
Impeded by fog........
The fog of 
Mishaps 
And 
Tragedies.........
That 
Are all written 
In our fates 
And 
Becomes 
A part 
Of our luck....

Seema Chowdhury
The Fortune Of Life

A force that governs teh events of life
And provides you the spirit to keep you alive
Is what is known as the fortune of life
That gives you incentive to brightly survive

And wipe out the thoughts from your mind
That things that are nice and kind
Are mostly very hard to achieve
In this world that is standing on others belief

So always sow the fortune's seed
By working hard and performing the deeds
That will eventually be beneficial for you
And brings you success in flying hues

And remember dear not for a million buck
Lose any chance in the game of luck
For luck and fortune are the things in life
Which gives incentive to brightly survive.

Seema Chowdhury
The Fountain Of Tears

Don't let fountain of tears to dry
Because if you're in trouble high

Then no one or nothing my dear
Can show how much for you they care

Except for a wild tear's flow
That gives you a chance to show

taht it surely understands you
And all through which you're going through

For in sucha time its nice to know
There's something which wants to show

How much it cares for your cry
So fill tear's fountain from your eye.

Seema Chowdhury
The Fun Language

Make good friends
with love and care
And try to keep
Them happy and cheer
And with them
You must speak
The language of fun
Strong not weak
Because it has
Got the power
To bring happiness
In every hour
And it can teach
You how to care
And make your friends
Feel special are rare.

Seema Chowdhury
The Game Of Fate

The game of fate
is just
Another name
Of
the game of
chance
Luck
And
Probability
Where
Chances are always
Fifty percent
Either a thing will happen
Or it won't.....

Where we keep on guessing
And hoping
And build our castles In the clay
And play this game
Very patiently........

Seema Chowdhury
The Garland Of Wishes

The garland of wishes that I made for you
With love, care, kindness 'n wishes true
Is filled with the bucket of joy and cheer
And all nice things for you my dear
I wish you luck in everything you do
I wish you always see rainbow hue
I wish may always flowery be the pace
Where you intend to go on some life's race
And I wish all these things just for you
Because I do care and that's surely true
And that's why I made these garland of wishes
With a barrel overflowing with love 'n bliss.

Seema Chowdhury

Seema Chowdhury
The Gate Of Prayers

The darkness of the night
Will soon dear end
So don't feel blue
Bad or bent

For after it will
Surely appears the dawn
That will bring you
A new bright morn

So just hang in there
And ask from God
To hold you tight
In things that're odd

And open for you'
His prayers gate
In which you can
Always enter with faith.

Seema Chowdhury
The Gem Of Friendship

God bestow His generous
Love for ll
In the form of bliss
All big and small

And friendship is really
One of them
That's rare and precious
And is more than a gem

Which takes time to
Grow from the seed
Of love and kindness
And other nice deeds

For it brings happiness
To all who wait
And on friendship
Put all their faith.

Seema Chowdhury
The Gift Of Honour

Gratitude for your Kindness
Gratitude for showing care
Gratitude for giving respect
Gratitude for spreading cheer

Gratitude for showing happiness
Gratitude for spreading bliss
Gratitude for giving so much hope
And the gift of honour and all this

Gracious are those people
Who go above and beyond
To spread optimism and joy
And create a very special bond

Gratitude for your commitment
Gratitude for enriching life's rhyme
Gratitude for a delightful start
Of something special till the end of time

**Dedicated to Honourable Poet Kumarmani Mahakul @ Poemhunter, for His special work of announcing The Gift of Honour**

Seema Chowdhury
October 22, 2018

Seema Chowdhury
The Gift Of Hope

May your life be filled with peace and bliss
May you find joy, cheer, hope and never miss

Any opportunity to show love, kindness, and care
To spread delight, grace, and charm everywhere

Bring the gift of hope and peace of mind
Show the path of success and help to unwind

After a long and stressful day, you have survived
And help to enjoy and organize your life

Be a messenger of hope and don't miss today
Embark on the new journey and realise in your way

Beautiful and ambitious dream to open new doors
And explore good times that's hidden in the store

Dig deep and understand the purpose of your life
Focus your attention on peace and inner light's drive

Find joy, cheer and hope and never ever miss
A dose of inspiration to spread peace and bliss.

Have a Blessed Day!

Seema Chowdhury
November 27,2018

Seema Chowdhury
The Gift Of Love And Prayer

Give the gift of love from your heart
Let kindness and care gracefully impart

Live a very simple and a happy life
Learn to here beautifully survive

Decorate your heart with the grace of God
Remember He's your creator and the Lord

Express your helplessness and any concern
Pray for strength and courage's turn

Truly your God and ask for giving you hope
Find love, peace, healing and learn to cope

Celebrate the beauty of life and always pray
Hold on to your strength in God's love and care.

Seema Chowdhury
March 21,2018

Seema Chowdhury
The Gifts Of Life

Smile your way
Throughout the life
And let it give
You a lesson to survive
For when you smile
It surely smiles back
And show you life's
Happier track
On which to walk
To find in life
The gifts of it
So you can survive.

Seema Chowdhury
The Glory Of God

God Almighty
Please help me to overcome the challenges that life hands me
Hold my hands firmly, so that, I can take the next step
Teach me to grow, learn and evolve when my wounds are deep
Give me hope for a better and a brighter future
Let me believe that miracles happen all the time
And bestow me spiritual maturity to move forward

God Almighty
My life is an uphill battle and at times it is difficult to climb
These struggles make me feel anxious and depress
Please let me grow and embrace faith and hope
Let your glory and mercy cover my life completely
And teach me to trust you with all my heart today
So, I can cleanse my soul and heart and move forward

God Almighty, please listen to my prayers and guide my steps

Seema Chowdhury
February 22, 2019

Seema Chowdhury
The Golden Sunset

As the sun goes down
Sky shines orange and brown
And spreads its golden bright
And sparkling and glittering light
Everywhere and all around
On this God's beautiful ground

For sunset is an amazing art of God
That he shows to us as a reward
To add bright colors in our lives
And show us new ways to survive
And the lovely shadow falls all around
And golden ball brightens the ground

It is a magical and a lovely scene
That brings us love, shine and gleam
And pours energy in our minds and hearts
And shows us how to walk and again start
As it spreads dazzling light on the ground
It brings hope for us all around

For the astonishing sunset strip
Brings the message of closing day's trip
And colorful hues brings beauty
And reminds us of our unending duty
That we have to perform on the ground
With sweet fragrance of love all around

For when the sun sets for the day
And blends in with the dark sky's way
It illuminates the horizon with orangish brown
Sparkling ball that slowly goes down
With a promise to reappear on the ground
And make all tomorrows glorious all around.

Seema Chowdhury
The Grief Of The Heart

The grief of the heart
Is hard to measure
For pain that you feel
is like a pleasure
That only you
can feel inside
Which cover life's area
Both narrow and wide
So don't stop tears
If you feel bad
let it all out
And don't feel sad
And know in life
You have to face
All these things
With a trouble's trace
So don't try to measure
The grief of the heart
For its something to feel
Just like a pleasure.

Seema Chowdhury
The Happiest Place

The happiest place on this earth
That I have seen since my birth
Is a home that's joyly called a place
Where no troubles seems to chase
And everyone there smiles along the way
And add sunshine in others day
And all this shows how very much
Love is found with a warm touch
And everyone who lives in there
Show to others how much he cares.

Seema Chowdhury

Seema Chowdhury
The Happiness Key

Put out the welcome mat
Wear your positive thinking hat
And don't dig yourself in too deep
Or else you'll be stuck to weep

Just remember that the happiness key
Is to laugh and smile and then see
How lively will the world will look
If only you can read life's book

And understand the rules of life
And find ways with them to survive
And learn with them to make a deal
With troubles if you want to feel

Cheerful and happy in heart
Then surely you'll learn the art
To fill your life with great delight
By enjoying things shown before your sight.

Seema Chowdhury
The Harsh Bump

A fall
That was caused
By the harsh bump
Made me realize
That
This is life
And this is reality...........

But to survive with this reality
we must learn not to
Take a step back--
And to learn to listen
To that still small voice
That is within us

For no one but only we can
Push the big glass door of life
And break the hinderance that is there
we should push this door
With all our might
Of faith and hope
And then life will change...........

Seema Chowdhury
The High Light Of Life

Life is like a game of chess
Where things are more or less

Just the same except for a few
And that's when reality true

Uncover its veil from the face
Where troubles are hidden in a lace

Where each block is the same
Except it holds some different name

Because life's days just passes by
With some glimpse of joy or sigh

And between them no one can tell
In which step does joy and fain dwell

So that's why life is called a chess
Where things are same more or less.

Seema Chowdhury
The Highway Of Life

In the highway of life I met
Teary eyes that were all wet

And hearts that were heavy for all
Where joys were getting a fall

Where moments of leisure were none
And hopes and dreams were shun

And causing for many a tear
And losses that were hard to bear

Were all spread out for all
Where silence had built a wall.

Seema Chowdhury
The Holy Man Of God

Loved and respected, most honored and great
Holy Prophet is the one who spread the light of faith

He delivered inspiring messages of God Almighty to all
From Holy Quran that is our Gracious Lord's call

He passed on beautiful and real lessons of life
And showed with his examples how to successfully survive

He is the one who was sent to this God's green earth
To spread love and peace and the message of mirth

He is the holy man and true messenger of our Lord
Who strengthen the belief in the unity of beloved God

He was a true friend of poor, oppressed and old
And Almighty God gave him a heart of gold

He spread sunshine and the magic of love
And cleared all doubts of ignorance all above

He helped people to find their lost and broken way
And showed how to reach doors of heaven's stairway

God spoke to him and answered his ardent calls
And sent him as a favor and a blessings for all

Let us pray that God's bliss and highest grace
Shadows Holy Prophet in heaven loves lace

For he is the holy man who was sent to this earth
To spread love and peace and the message of mirth

Who is loved and respected, most honored and great
For his zest and zeal in spreading the light of faith.

May God Almighty bless us all, today and always.
Seema Chowdhury
The House Of Lord

Don't feel sad
Don't ever cry
If You've failed
Once more try

And go to the house
Of God and dwell
And ask your Lord
To wish you well

And swap your pain
With all His joy
And show you ways
In life to enjoy

And keep you very
Close in His heart
And show your life
A brighter new start.

Seema Chowdhury
The Image Of God

Everythign taht exist on earth
That I have seen since my birth
Really reflects the image of God
Who is my only creator and Lord

Whenever I see a dew drop
Or field filled with a growing crop
I know it reflects the image of God
Who is my only creator and Lord

When I look at hills that are high
And see water flowing and wind passing by
I see the reflection and image of God
Who is my only creator and Lord

And also I see sun and stars
Taht are all twinkling from far
Then I think yes it's the image of God
Who is my only creator and Lord

And last but not least, i'll say
Whenever I'm answered by God through prayers
It reflects the image of my God
Who is my only creator and Lord.

Seema Chowdhury
The Image Of Time

Cancel out the disappointing tide
And the vague fear that seems so wide
Then only you can come out of clouds
And can face the real world of doubt

Don't let your blue mood prevail
Make best use of time and try to avail
This opportunity that is given to you
To see this wierd painted world of hues

Where wishes break down like the stars
What seems so near is yet so far
And things that once seems so right
All feel like falling apart tonight

And only silence is left on the ground
Where life is playiong game of lost and found
And is shedding wounded tears on its end
Which only long image of time can mend.

Seema Chowdhury
The Ink Of Success

As you go along your journey
And you travel on the new roads
You will encounter obstacles
And hit the wall of uncertainty
But don't give up or ever quit
Remind yourself of your strengths
Empower yourself and take a moment
Don't let an opportunity to slip through
Get completely engaged and connected
Gain momentum and add a rhythm
Solve life like a big challenging puzzle
Collect odd clues and pieces
Spend many absorbing hours
Promote visibility and wisdom
Build deep strength and courage
Embrace positivity and serenity
And confidently write your own story
With the ink of success a winner!

Seema Chowdhury

Seema Chowdhury
The Invisible Hands

The day when I was given birth
The day when I was sent to this earth
Since then someone special on this land
Is giving me things through the invisible hands

Yes that is right and those invisible hands
Are surely my God's blessing's band
Through which He gives me his reward
And proves that He is my creator and Lord

I'm glad and I always wish and pray
If I get a chance and if I may
can hold and can lay my soul's band
On the loving and caring invisible hands

That only belongs to my gracious God
Who always help when I'm stuck in odd
And who always bless me with life's pleasure
By giving me joys that I can never measure.

Seema Chowdhury
The Island Of Peace

Make peace with your life
And learn to survive
So you can begin anew
To follow serenity's path true

For life is an amusing thing
Where events move in a ring
And you learn to create it all
With up 'n down and rise 'n fall

So create your own fantasy dear
And find people with whom to share
And control everything that is all around
So you can learn to touch the ground

And learn to find the lucky break
And look for real and not fake
Happiness that will bring you joy
And teach in life to always enjoy

So at the end of your journey dear
With love, confidence, care and cheer
You can show others how pain can cease
And live happily in the Island of Peace

Where bright and cheerful colors survive
And bring you back your own life
And wipe the tears of your eyes
With only truth and no lies

So you can create a pattern of peace
With joy and love where pain can freeze
And show you how to enjoy this life
And learn to here happily survive.

Seema Chowdhury
The Journey Begins

1) Overcome everyday challenges and become a responsible and a strategic leader.

2) Make new commitments confidently and learn from your past mistakes.

3) Be a teacher and a coach; shift your perspective to see the truth objectively.

4) Be open to possibilities and carve your own path to begin your journey today.

5) Learn new things and take control of your time, attitude, and life to make a lasting impact.

6) Clear your mind of complexities, be patient, and live in the present moment.

7) Don't feel stressed or emotionally loaded. Be mindful of your surrounding and develop resilience.

8) Learn from your mistakes and experiences. Look for new and possibilities and perspectives.

Seema Chowdhury
June 29, 2018

Seema Chowdhury
The Journey Continues

Under the open sky
On the wide road
Life runs up and down
Holding its heavy load

With unspoken questions
And unintended deeds
That grow all around us
Like un-cherished wild weeds

Where we try very hard
To continuously do and undo
And adopt fresh new thinking
That analyzes life's challenging views

Where we latch on and connect
To clusters of thoughts and views
That help us to imagine
How to swap all our blues

For this is what is life
Where there is no perfect time
To sit and reflect back on it
For life's journey continues its rhyme

So learn to hymn and sing
And play with whispering wind's rhyme
And enjoy lovely summer breeze
That blows happiness with time.

Seema Chowdhury
The Joy Of Giving

Sympathy, love and care
And giving happiness dear
Is what we all really need
For a nice life to lead

For God loves us all
And catches us before we fall
If we plant an ever growing tree
Of virtue to set our souls free

From all sins and bad deeds
For that is what we all need
And the joy of giving is deep
That help our soul to leap

And clear our mind and heart
For a very beautiful start
Where the spirit of unity and love
Is important all above

And we feel it inside and out
As it helps us to clear the doubt
And bring us close together
Where with love we all gather

And share our wealth and care
With all to spread happiness dear
And experience the joy of giving
And satisfy our soul's craving

And cleanse our soul and heart
For a beautiful and a vitreous start
Of a life that is pure and sweet
Through which we can taste heaven's treat.

Seema Chowdhury
The Key To Success

Don't let worries to cloud your mind
Try to be a little more kind
And know if you want to survive
Like a winner in your life
Then work hard and be extra nice
And then be sure to take all wise
And then really the success key
Will come to you and you will see
That your wisdom will work like a battery
And will discover all the uncharted territory.

Seema Chowdhury
The Kind Of Prayers

The kind of prayers that we all need
To fill our lives with prayer's seed
Is to have full faith on dear God
Who is our creator and our Lord
For prayers is like a blooming flower
That has so much magic and power
That can change all that seems bad
And bring back peace when you're sad
For prayers work as a miracle's gate
That you need to enter in with faith
Where God can transform all your mopes
Into sparkling victory of peace and hope
And know that anxiety and fears come
From God to test your strength's and believe's sum
For God doesn't want you to drown in in test
Without giving protection of blessing's nest
And know one day we will all go back
To meet Gracious God with our deed's rack
So pray and put all your faith in God
And return at last with a smile to the Lord.

Seema Chowdhury
The Land Of Fairy Tales

In the land of fairy tales
Peace and serenity all prevails
Where no one is selfish or mean
And believes in things unseen

In the land of fairy tales
There blows a forceful gale
That always bring with it
Love, serenity and the friendship kit

In the land of fairy tales
No one seems to fail
Neither things are bad
Nor anyone feels sad

It is all because over there
Everyone is nice and dear
Who not only cares for them
But with love others life also hem.

Seema Chowdhury
The Language Of Love

language of love is an abstract art  
That rises right from the middle of the heart  
And shows the sweetness of our mind  
And all other feelings that are kind

It tells that minutes are grain of sand  
That quickly slips through fingers on the land  
Where each nice word that we dropp atlast  
Spread joy in life's area that is vast

So we all must learn the language of love  
For in life's harsh and bitter curve  
When we want to take a break and rest  
We can go to the park of love that is best

And there under the tranquil shadow  
We can lie for a while in the meadow  
Where each kind word that we need to hear  
Is found in love's tree that is rare

Which tell us that in life's long way  
We all should seek for good things to say  
And must learn the soft language of love  
To smoothen life's harsh and bitter curve.

Seema Chowdhury
The Last Bend Of The Row

With my own thoughts and fear
I started my journey
Under the warm sun
Where sunshine was streaming
Into my life
Producing a beautiful day
Giving me opportunity
To explore new avenues
With long roads to walk on...

Where life was throwing at me
Giggles and laughs
And some cruel jokes too-
I walked and walked quietly
On the long way of memories
And reorganized my life
In this crazy world
Without giving up

And as I reached towards the end
Of my journey
I realized
That the last bend in the row
Was actually the beginning of another one
A new day
A new challenge
And a new opportunity
To explore

So for a moment I paused
And then I smiled
And took my last step
On the last bend
Which was also the first step
Of a new day......

Seema Chowdhury
The Lasting Image

May the pleasant image of the past
Stays with you in memory fast

So whenever you feel to recall
You can just think of it all

The memories that're nice may last
And keep the sweet remembrance of the past

Ever living and ever sweet
Just like a holiday's season treat

That tastes very sweet and forever stay
In the sweet memories of your yesterdays.

Seema Chowdhury
The Lesson Of Survival

Up and down, time and tide
Come to us from narrow and wide
Paths of this unpredictable life
And teach us new lesson to survive

So don't treat life as an empty dream
For many ways are open under hope's beam
Which takes us to the play ground of life
And show us new games to play and survive

Where flowers of joy and thorns of sorrow
Stay together today and tomorrow
Just like roses which grow with the thorns
And dreadful dusk which is followed by morn

So try in this little time that prevails
To achieve all goods that you can avail
For this life is like a merry go round
Which stops when it touches the ground

And then very quietly we go and sleep
Several feet under the ground very deep
Where no more lessons of unpredictable life
Come to teach us new ways to survive.

Seema Chowdhury
The Light

Let the light of love and prayers
Shine upon you today
Let brilliant rays of a new dawn
Brighten your life's way

Let the light of purity and truth
Washes away all your worries
And cover your heart and soul
With beautiful feathers and flurries

For life is an unread book
That is meaningful and very deep
So carefully read between the lines
And do not rush to judge or weep

Just enlarge your perspective of life
And search for the truth my dear
And ask specific questions
And find their answers as they appear

Just do your best then move on
And don't get tired of what goes around
Learn to make your own history
Then know when to let go on the ground

For life's best mix is right here dear
So make the best use of it all
And let the light of love and prayers
Forever and smoothly on you fall.

May God Almighty be with you, today and always.

Seema Chowdhury
The Light Of The Spring

Smell the fresh and clean air
Enjoy the sweetness of the dawn
Focus on the mesmerizing surrounding
Explore the vibrant colours of life
Enjoy the gorgeous rhythm of nature
See the beauty of the unfolding day
Discover the blessings of the Spring
And the sweet fragrance of the breeze

Have your moment with amazing perspective
Approach the bright light of the spring
Absorb in its beauty, cheerfulness and joy
Appreciate all the things you have all around
Act on opportunities when they present itself
Enjoy the soft rays of the sunshine and rain
Let it touch your heart, mind, body and soul
And create a rhythm of spiritual enlightenment...

Seema Chowdhury
May 15, 2018
The Limitless Sky

I feel like a bird
That has no words
To tell how
She is feeling now
For joy and fain
Are pouring like rain
On her nest
And are giving joy's best
And over her is high
Limitless sky
That has pleasure's cloud
With no fears and doubts.

Seema Chowdhury
The Long Road And Me

I'm walking on the road
With the burden and the load
Of my good deeds and sin
Of my losses and my wins

Where no one can spare
Neither anyone can share
My joys and my grief
My mistrust and my belief

Where everyone gets the score
On his deeds and more
And then gets his rewards
Of all evens and odds

And from there if I look back
I see many scattered tracks
Where my past chapters of life
And stories in which I survived

Are all ready to be read
Before I'll sleep forever to die
And then nothing of this sort I'll see
Because there won't be the long road or me.

Seema Chowdhury

Seema Chowdhury
The Lord Of Great Bounty

Allah is Lord of Great bounty
Who always hears and replies
And He has his own ways of working
And rewarding whenever it applies

For God is in very simple things
And he helps us to believe in Him
By holding our hands in sad time and fear
With all the love, care and vim

God has made us all with a purpose
And He gives us a chance to live here
To spread kind words and forgive mistakes
And overcome weaknesses and fear

God helps us to renew our souls
And expand our horizons and dream
And follow the light and the rays of hope
To spread sunshine and heaven's beam

And when we turn our face to the sun
To absorb it's warmth and love
Then in that spiritual moment
We reach the stairs of faith above

Then we feel God's presence in everything
That strengthen our belief and faith
And we learn to enjoy His great bounties
And climb up humbly to the Heaven's gate.

Seema Chowdhury
The Lost Luck

Sometimes I feel
As if
My luck
Have lost its way
And now its wondering
All alone
In search of
Its destination........
For life’s flow
Is mystical
And leads us to the
Gateway to the soul......
Where random colors
Of mope and sigh
Blinds you
And crushes your dreams
And
Interest in life...........

Seema Chowdhury
The Love

Love needs to be shared
Love needs to be cared
For it is like a flower
Overflowing with power
That cannot be stopped
That cannot be dropped
For it continues to flow
From one to another so
It is like a breeze
That has a power to cease
That feelings of hurt 'n pain
The feelings of love 'n same
And 'cause it is a powerful magic
That can overcome your tragic
That's why it is made in heaven above
And known as a special 'love'.

Seema Chowdhury
The Magic Of Poetry

Deep and meaningful words
Flow like silk..
Smooth and uninterrupted
Showing powerful images and ideas
That reflect honest and pure feelings
Like a huge tidal wave
That carries strong currents of emotion
That brings with it
A world of beauty and inspiration
That melts the hearts
And brings a breath of fresh air
That teaches to paint the world
With bright and vivid colors
And draw a new door of opportunity
To walk in with sweetness
To bring solace and peace
And with courage take another step
Towards the world of vision and memories........

Happy world Poetry Day to All

Seema Chowdhury
The Magical Spell Of Spring

Love and laughter
Whispers and smiles
Gifts of kindness
All spread for a while

Dancing leaves and flowers
Spreading its scented spell
As Spring is here again
With its magical dwell

Smiling sun and moon
Spreading the music of life
With bright colors of love
Flowing smoothly to survive

Where sunshine brings hope
With warm memories of spring
And touch the day with a smile
To brighten everything

Where colors play with magic
And show us a beginning new
That brings with it for all
Joy and pleasure true

For Spring is here again
With its scented spell
To bring life to the world
With its magical dwell.

Seema Chowdhury
The Man Of Faith And Hope

He is generous, brave, modest and kind
He is the man of faith and a blessing for mankind

He is hardworking, versatile, witty and nice
And has abundance of knowledge and is wise

He is a special messenger of the All knowing God
Who conveys us the message of the Gracious Lord

He shows us the pathway of heaven above
And his sermons are full of truth, care and love

His life is a living example from which we can learn
And he follows Prophet's (saw) steps with concern

He is competent, confident and very kind
And he shows us ways to attain peace of mind

He is sincere, excellent and an enthusiastic teacher
Who has a charismatic personality and a firm preacher

His lessons are full of clear ideas for all
That binds mankind in a religious call

We are lucky and grateful for things that he says
And for showing us how to sincerely pray

And for bringing us messages of peace, faith and hope
And guiding us towards brilliant light of joy to cope

For he is our teacher, preacher and a shining star
Who spreads pearls of wisdoms from near and afar.

Written for Hazrat Mirza Masroor Ahmad, Khalifa-tul-Messiah (V) (aba)

Seema Chowdhury
The Marriage Vows

The moment when you
Take the marriage vows
The moment when you
Make the marriage vows
From then you promise
To start a life
From then you wish
To lend a life
Together like a
Very good friend
Together sharing smiles
As a friend
And then each day
Looks all bright
And then each year
Life becomes bright.

Seema Chowdhury

Seema Chowdhury
The Mask Of A Smile

A valuable lesson
that I have learnt
after
so much of living
in my surroundings
is
Wear a happy face
Even if you're not..........
No one can tell
The difference
And
Hide your
Painful cries
Under
The mask of a smile.........

Seema Chowdhury
The Master Planner

Leave everything to God
And let Him decide
What is
Good or bad
What is desirable or undesirable
For
He is the master planner
In all respect.........
And
If you believe in miracles
Then you'll see God's power
Transforming chaos into peace
Anxiety into calmness
And then you'll realize
That God brings us into
Deep and dark water
Not to drown or hurt
But
To clean all the dust and pain............

Seema Chowdhury
The Mesmerizing Sunrise

Look at the magical, majestic, and mesmerizing sunrise
Gaze skywards and enjoy the graceful show of colours
Take time to calm down and appreciate the tranquil surrounding
Follow the luminous light and throw away all kinds of fear and doubt
Let go of negative fumes around you so you can fill the air with calmness
Renew your tender soul and absorb the shining sunbeams to find peace
Take a moment to reflect, regain, rejuvenate, and restore your balance
Listen carefully and follow the refreshing and revitalizing rhythm of life
Enjoy the wonderful winter wonderland and see the snow falling quietly
Listen to the serene wind blowing and bringing you marvel miracles
Surrender to the captivating charm, gracefulness, and gentleness of Nature
And be grateful for the benevolence and warmth of Beloved God Almighty.

Have a Happy and a Blessed New Year 2019!

Seema Chowdhury
December 8, 2018

Seema Chowdhury
The Miracle Of A Smile

I love to see your smiling face
That breaks the endless sufferings lace
And fainly let you clearly trace
The hazy sketch of joy in your pace

For a smile works as the tranquil aid
And provides its endless cooling shade
To anyone who feels down and fade
And think that he was worthless made

So its good if you can afford to smile
In a busy day with a working pile
For it helps you to go another mile
In your period of sufferings or any trial

And if you ever see in a little time
You're swiftly going towards decline
And doesn't find right path to aline
or see any glimpse of joy and shine

Then I think only a smiling face
Will break the endless sufferings lace
And will fainly let you clearly trace
The hazy sketch of joy in your pace.

Seema Chowdhury
As I was walking on the wet and wild pavement
Beside the heavy frost ground in the fall morning
I was completely absorbed in the miraculous view
Of the splendid, gorgeous and glorious sunrise
That was magically and swiftly unveiling it's beauty
And all the secrets of gracious God's green earth
And it was touching my heart's strings tenderly
Like the inspiring words of encouragement
And it was filling my eyes with glistning tears
And covering my soul with peace and serenity....

And even in this chilly and misty fall morning
I could feel all the warmth that the sun was emitting
That was engulfing my spirit with its ebb and flow
Just like a melting candle spreading it's fragrance
I was feeling refreshed and tuned intensely with life
And once again I was getting ready to face bravely
And start another day with its twists and turns
So I prayed fervently for merciful God's support
In every step of the way as I was faithfully walking
Beside the heavy frost watching a miraculous view....

Have a blessed weekend and be grateful to Gracious God for the gift of life.

Seema Chowdhury
The Moment

The moment is charged when
Sighs and laughters
Tears and smiles
Sadness and delight
Are
All waiting to be touched
And
let out through
A powerful emotion
In
The final moment to show
Life needs to be
This important
All the time.............

Seema Chowdhury
The Moment Is Precious....

Each moment is precious
If we know
How to make
The best use of it
And only if
We can learn
To recognize
The true worth of it....

Always remember
That life is
A daring adventure
Where
In a moment
An outstanding accomplishment
Can be accomplished
When
We learn to do
Everything
With love and care....

Seema Chowdhury
The Moment That Is Gone

The moment that is gone
Is gone forever
For it can come back
In your life never

For each moment
That is gone my dear
Now becomes past
Of the year

So the best way
To lead your life
In which you are
Send to survive

Is to work your best
In all you do
So for you life can
Be honestly true.

Seema Chowdhury
Moments of pleasure
Is a great treasure
That brings joy
For all to enjoy
So share it all
Either big or small
And then in time
Or trouble's rhyme
Use it dear
With all care
For it is a treasure
That gives pleasure.

Seema Chowdhury
The Name Of The Game

Life is the name
Of the game
That we're playing
Without any saying
For we just get
Scenes all set
In which we perform
Our roles each morn
And then at last
We get very fast
Results at the end
As this is life's trend.

Seema Chowdhury
The Object

The image
That we perceive
The image
That we create
Remains unaltered
Through the years
But
The object...
In reality changes
All the time
And
It goes through
The phases of
Growth
And
change.........

Seema Chowdhury
The Only King

God is the only Lord and the king
He is the only who brings us spring
And he is the one who fabricated this earth
And filled it with things that're worth
He made for us the water in the sea
He made for us cool shade of the tree
He cleared for us the shadow of the cloud
Which mostly for us created the doubt
And he always listens to our prayers
And answers us all to tell he cares
And when I look at all these things
I thank God for being the only king.

Seema Chowdhury

Seema Chowdhury
The Only Universal Tongue

Kindness is the only
Universal tongue
That is heard by
A deaf ear
Seen by
A blind eye
And spoken by
A bumb tongue

Learn this art
And try to spread
Love and peace
Through out...

And remember
That love has the power
To conquer
Because
Love is patient and kind
And
It doesn't insist
On its own way.....

Seema Chowdhury
The Other Version

The other version of life
is full of
Charm
Love
And purity
I wish
If I can reach there
With the help of
Prayers and hope
So I can get out of sight
Of
Accidents
Troubles
And
Hurts and harms
Forever and ever.....

Seema Chowdhury
The Out Look Is Bright

When I see your smile
And I think of you
When I look for a while
For happiness true
Then everything looks
Nice and bright
And every nook
Shines with delight
Because you're dear
A wonderful friend
Who shows love 'n care
That has no end.

Seema Chowdhury

Seema Chowdhury
The Passing Of Time

The passing of time
Can never be stopped
The scenes life show
Can never be dropped
For everything happens
In the sequence they were fed
And we have to face them
Till we all are dead
So why not we just
Accept it with fain
And know that for us
God sends joy and pain
For we all must learn
In life to survive
And know on our own
We have to drag this life.

Seema Chowdhury

Seema Chowdhury
The Past Memories

Memories are treasure of yesterday's joy
And happy thoughts that nothing can destroy
Because it reflects the pleasures past
That once we did and faintly cast
For its the treasure that none can steal
And it also works as medicine that heal
The pain that sometimes compels to cry
And permits not another chance to try
So find a place to review your past
And then you'll discover the vast
And huge pile of memories profound
That'll force you to be happy on ground
And that's why I say that yesterday's joy
Is saved through memories from destroy.

Seema Chowdhury

Seema Chowdhury
The Peak Of Success

Don't let anyone take away your hopes and dreams. Move forward and try something new. Remind yourself we are all unique and amazing. We just need to pause and reflect and find our special powers. Try to connect with your inner self and find things you can do. Savour each moment and with each passing day learn to be more productive and improve all areas of life. Be more self-reliant and have a clear view, hope and optimism to succeed. Improve your attitude, remain calm during the crisis and know that we don’t always get what we want. Be open and understanding, build strategies to improve, create discipline and confidence. Learn valuable lessons, go after your goals and listen to your inner voice to touch the peak of success.

Good luck!

Seema Chowdhury

Seema Chowdhury
The Pearls Of Wisdom

Put on your thinking cap
And take happiness breaks and gaps
And try to follow the happiness guide
Then life will seems precious and wide

So pray for it is the greatest power
That takes you close to God's shower
And love for it is the God given gift
That gives you life a brighter lift

And think for it is source of power
That plucks for you the success flower
And work for it is the sucess price
That teaches you to become wise

And also be friendly for it is the way
Which leads you to where happiness sway
And laugh for it is the music of soul
And help you to reach your aim and goal

And when you'll follow this happiness guide
Then life will look bright and wide
And on life's path you will find more pearls
Scattered all around you in curls.

Seema Chowdhury
The Perfect Time Is Now

See the light of the day
And throw away bad thoughts
Look at exciting possibilities
And be creative in your shots

Know that it is time
When you plan where and how
You want to achieve it all
For the perfect time is now

So create a pattern of your own
With absolute faith and love
Look for the signs of God
And believe in heaven above

And know to understand life
You have to always arrange
And be positive in your life
Only then you can make a change

So be bold and come forward
To speak to your dreams my dear
And see the light of the day
For the perfect time is now here.

Seema Chowdhury
The Pieces Of Puzzle

the pieces of puzzles
Can never fall
In the right place
On the right time
And
Even if it does
Then
There will be
A bitter image
And a hazy sketches
Of
Cracks
On
And
In between
Them........

Seema Chowdhury
The Place Of Prayers

Anywhere where you can see
And get a chance to talk with free

Will and choice with the God
Who is the creator and the Lord

Is a place of prayer my dear
Where you can talk and share

All your secret joy and pain
And all your laugh and your fain

So whenever and wherever dear
You feel with God you want to share

Anything that is bothering you
And making you feel crazy and blue

Then go to him and seek for his love
And ask him to take you out of hard curve.

Seema Chowdhury
The Pleasure Of Rainfall

There must be something special hidden in the rain
That makes my troubled heart sing with fain
And takes away all sufferings and pain
And mends all distress that is twisted like a chain

Not always but mostly when I see clouds in the sky
I really wish to quietly just close my eyes
And forget all things that make me cry
And watch rain falling, I don't know why

It may be because when rain falls down
Things seem very bright and fresh in town
Even mud shows its original color that is brown
And sky starts shining like a splendid crown

And another thing that really attracts me you know
Is the sweet seven colors that appear as a bow
That brightens the sky and makes it glow
With the light of love, known as the rainbow

And I think falling rain is just like a treasure
And watching it for me is really leisure
That brings me tons and tons of pleasure
That even if I try I fail to measure.

Seema Chowdhury
The Power Of Faith And Prayer

Make your life rich
With the power of faith and prayer
And start anew
With a sense of purpose
And kneel down in front of God
To feel the gift of healing
That can release your past hurts
And listen carefully for the hidden answers
And mystical messages of God
That can take away the feelings
Of emptiness and desolation
And take you towards serenity and tranquility
And teach you to glide through life
Instead of trudging
So you can enjoy a life of joy and mirth
And a life that brims over with happiness

Make your life rich
With the power of faith and prayers
And drain out anger from your life
And simply let go
So your heart feels lightened
And you can plant trust and hope
Just know that God hears you
And he holds the key to your happiness
Who has the power to absorb your pain
To bring back happiness in your life
So just hang on
And believe in the power of faith and prayers.

Seema Chowdhury
The Power Of Thinking

1) Understand the power of thinking and each moment and learn to remove obstacles from the way.

2) Adopt leadership strategies to maximize your performance and efficiency.

3) Take action and be clear about what your perspective and inner believe.

4) Accept challenges and learn to communicate effectively to be successful in life.

5) Set goals that are inspiring, motivating and fulfilling, something that makes you jump out of your bed each morning.

6) Be responsible and accountable for your life and control your attitude and actions.

7) Rekindle the passion and stay optimistic even the most difficult time in life.

8) Think calmly and reflect upon your situation. Lead a focused and a meaningful life.

9) Ask the right questions to get the right answers. Find solutions for your problems and reward yourself.

10) Develop concepts that help you to be who you really are. Look for opportunities and always make an impact.

Good Luck!

Seema Chowdhury
September 7, 2018

Seema Chowdhury
The Precious Little Time

Enjoy in life each of your rhyme
For this very little precious rhyme
That is given to you dear
Is surely very novel and rare
For time and tide wait for none
So let things be quickly done
Before time skips and is gone
Into night for another morn
And learn to enjoy in it
Every little and tiny bit
Of joy that's hidden in time
And come to you as life's rhyme.

Seema Chowdhury

Seema Chowdhury
The Right Answer

There is more than one right answer to a problem
So don't be scared of using the undo and redo buttons

Delete unwanted events and replace them with the new ones
Remember you have a large variety of options to choose from

Don't be afraid, learn to take a chance to make a U-turn
So you can clear the clutters of life to find peace and serenity

Find the missing pieces of puzzle and put them together
And take some time to absorb what you see in front of you

There is more than one right answer to a problem
So always give time for healing and reflection

Then only a bright spot will appear to lighten your life
So don't live with constant pain or wrestle with your feelings

You have already seen the sad side of life and living
Now be brave and make your choice of happiness

Throw the barbed wire that is fencing your emotions
And don't be scared of using the undo and redo buttons

To delete unwanted events and replace it with new events
And remember there is more than one answer to a problem.

Seema Chowdhury
The Right Path

The path
That takes you
To your desired destination
Without
A glimpse of remorse
Or
A pinch of repentance
Is
The right path
In
My view....

Seema Chowdhury
The Right Track

Life is a road with curves and bends
Where trouble seems never to end

But don't feel bad or ever sigh
Just do your best and aim for high

And then surely one day my dear
Life will also be with you fair

And you will surely be glad and delight
To see in front of you track that is right

So don't ever mope just hope for the best
And then you'll pass easily life's test.

Seema Chowdhury
The Rising Sun

No one can stop sun rise to show
Even in the burden of cloud's row
So why do you think your troubles have no end
Only because right now you don't have a friend

Who can come and share your sigh and pain
And show you God's miracle even in rain
Just have all your faith in your Gracious God
Who will rise sun for you even in odd

And will tell you that right now my dear
You may think that no one really cares
But this is not right, neither it is true
For God is your creator and He loves you too

So all you have to do is to look at Him
And He'll help you dear with all His vim
And will show how much He really cares
By answering all your wishes and your prayers.

Seema Chowdhury
The Road May Be Long

The road may be long
The tune life sings may be wrong
But always remember my dear friend
When you will reach your life's other end
Then there you will see a pretty gift
Wrapped specially for your own uplift
That will carry for you a huge big pile
Of love and care, joy and smile
So don't mope if life's tune is wrong
Or walking road seems a little bit long
For when you will reach life's other end
You will surely see nice things dear friend.

Seema Chowdhury
The Roads

Enjoy the beautiful scenes
That is shown on the road
On the road of life
With an endless code
For they will not come back
Neither you can change
Any of these events
Nor you can rearrange
So try to see and learn
Whatever from it you can
For life is moving fast
Like the ride of a van
Where you are sitting in
And waiting for your stop
To come and let you get
Down and give you drop
And then your life will end
And it'll for you cease
And then you can lie
Forever in heaven's breeze.

Seema Chowdhury
The Roads We Have Covered

Wear a mask of humor and hope
And start walking on to the long path
Of healing and self discovery
And throw away the burden
Of disappointment
And the period of silence
For life is long and we have to cover a lot-

Relieve yourself of the uncertainty and fear
That throw you off balance
And try to bring back unending joy
And count opportunities to increase
Your capacity to love life
And face everyday battle
For life is long and we have to cover a lot-

And when you will learn to accept life
And embrace each present moment in it
Then difficulties will disappear
And obstacles will vanish
And the magical effect of happiness will appear
To bring joy in the world
So be prepared and carry on
For life is long and we've to cover a lot-

Seema Chowdhury
The Role Of Faith

Fate plays its role
For each soul
And then quietly tie
Without telling why
so whatevercomes out
Accept it without doubt
And know in life's trade
We cannot ask for shade
So sit near fate's gate
And wait to see your plate
And know that God's mill grinds
Slow, but sure and kind.

Seema Chowdhury
The Rope Of Hope

If today have brought you sorrow
And happiness path feels narrow
Then don't lose your little hope
And think there's no more scope
For life can surely show
Joy in each life's row
So don't think only blue
Things will come to view
Because life is a gift
Of time that slips swift
So try to hang around
To the rope of hope on ground
And wish to see tomorrow
Free of pains and sorrow
Where sun will shine bright
To make all things right.

Seema Chowdhury
The Scale Of Desire

My scale of desire is very long
My wishes and longings are very strong

I wish for love, peace and more
I wish everywhere there must be a store
of care, kindness and good feelings
With fairness and honesty in all dealings

I wish everywhere to see the tree
Of smile and cheers that must be free

Of the thorns and weeds of pain
That creates touchy feelings in the brain

And I wish this because I have a long
Scale of desire that is strong.

Seema Chowdhury
The Secret

I want to know the secret
Of the heavens and of the Earth
I wish to know my Lord
Why you gave us birth

I want to know and discover
All that is hidden and conceal
And wish to know my Lord
What’s good in life's deal

God please help me and
Shield me against all ill
Lord please show me the way
That leads me to your will

So I can be successful in my life
And can enter in the paradise's bowl
Where no troubles or any pangs
Can enter or touch my injured soul

And that is where I want to go
Far from this earth very far away
Where God Gracious is waiting with peace
To swap my dole with happiness day

Seema Chowdhury
The Secret Of Happiness

Believe in yourself and your dream
And know to enjoy life's beam

We all need to overcome dear
Our deep concerns and fear

And understand ourselves and all
And never lose hope or fall

For strength is a blessing my friend
That sticks with us till the end

And teaches us all to survive
In the middle of crisis in life

For life is difficult at times
So we need to sing joy's rhyme

And forget our aches and pain
And feel blessed to be same

For there will be better days
Ahead of us in life's race

When we will find the key
To the door of happiness tree

And enter in it with faith
With love, care's gate

And feel all blessed and fair
For discovering the secret of happiness dear.

Seema Chowdhury
The Secret Of Pain

the secret answer that I found today
About the pain that came in my way
Was really very amusing but true
And bright and shiny like a morning dew

Because best way to overcome your pain
Is to stop thinking of your losses and gain
And take one thing at a time
To flow with the tide of this world's rhyme

And see nice things alla round you
That's spreading pretiness taht is true
Because life is full of ease and sunshine
As if everything has drunken joy's wine

So try to count your blessings and cheer
And try if you can joyfully share
Happiness that comes from heaven above
To show you God's all care and love.

Seema Chowdhury
The Secret Password

I wish
I can find
The secret password
Or the secret code
To push the door
Of joy
And Happiness
For all....
And make this world
A better place
Where
Better tomorrow
Will come
To show
Happiness
Miracles
And kindness.....

Seema Chowdhury
The Setting Sun

the setting sun
When the day is done
Looks dull and low
As if in its flow

It has reached the end
Where sky is bent
And tired too
And is saying to you

Goodbye for the night
So stars all bright
Can appear to show
There beauty in row

So say goodbye
With joy in the eye
And let go or sun
As the day is now done.

Seema Chowdhury
The Setting Sun's Light

The light of the setting
Sun was dim
The smiles it was giving
Didn't have any vim
The thing it was trying
To do at that time
Felt very dull
In life's rhyme
Because sun was setting
Down for the day
And felt very tired
Walking in the way
And now it needs
A little bit of rest
To perform its duty
The next day its best.

Seema Chowdhury
The Sight Of Reality

Painful is always the sight of reality
And whatever is hidden in actuality
For the existance of a truth is a blow
That leaves us later in sigh and woe

For the grieverance that we feel after it
carries in it the disheartening kit
That not only breaks our own heart
But also gives another dull start

To a cheerless and a rainy day
That comes very often in our way
that is crushing not alone but severe for all
And bring loathsome worries along with this fall

So I wish for you dear if in life's taste
You don't get the chance to taste this bitter paste
Neither see what is hidden in actuality
For painful is really the sight of reality.

Seema Chowdhury
The Significance Of Life

Living in this world is a very tough test
So take it as a challenge with all your zest
Because not always you get what you think is best
So if you are upset just take a little rest

Because taking a little rest won't harm you
Instead it will help to clear your view
Just like dusty flowers are washed by morning dew
That afterwards reflect its beauty that is true

Because beauty is one half of what is life
Where thousands of things are present to survive
But don't think its thew destination you wanted to arrive
As another side of life that's hard is alive

Because second half of life is misery and pain
Along with troubles in an inter linked chain
Where not always you get a chance to gain
So don't feel moppy if you are in loosers lane

Because loosre's lane is not where you'll always stay
It's just a small path that doesn't come every day
So if you are feeling down, sad or gray
Just stop by to see Gracious Lord on your way.

Seema Chowdhury
A silent note can say so much
For it is like a magical touch
That tell so much without the words
And help everyone when things are curt
For the language of silence is a flower
That holds value and some power
That tell so much and easily express
Very truly when someone is depress
And that is why it is so much
That a silent note holds a magical touch.

Seema Chowdhury
The Silent Passage

The silent passage
Was given to me
To be read
In front of thee
Because no words
Could ever say
What I wished
In front to lay
I wish if you
Could understand
And lead me a
Sympathetic hand
That i can hold
To find some peace
So all my tears
Can there just cease.

Seema Chowdhury
The Silent Screams

The silent screams
That I heard
Out of my injured hopes
Out of my broken dreams
Out of my silent thoughts
All lead me
To the chain of tears
To the circle of memories
And to the ring of grief
From where
I couldn't hear
The voice of my laughter
The gestures of my grin
And the vision of my hope

Because...
I was too far
From the light of life
From the freshness of joy
And from the.....
Because I was lost
In the deep dug hollow
Of my hopes and dreams
From where
I could only hear
The wounded thoughts
And my silent screams.......
The Silent Strike

I observed the silent strike
Throughout the day
Throughout the night
And searched for the words
To calm me down
And walked alone
Beside the sea
Where nothing but serenity prevailed....

I walked and walked
And thought that WHY
I cannot stay
Happy and in peace
And then while walking
I got my LORD'S reply
That it happened because
I always ask WHY? ? ?

Seema Chowdhury
The Soothing Breeze

Through countless pains
And countless pleasures
Life moves on
With troubles and leisures

Where it crosses
Hills and streams
Filled with joys
Or sorrow's extreme

So learn to live
In it with fain
And practice the art
To overcome pain

So you can be
Called the soothing breeze
That made the wind
Of troubles to cease.

Seema Chowdhury
The Speaking Silence

Silence that speak
And tears that weep
Memories that dwell
And the stories they tell
In the coldest night
Under a dim light
Is actually what
Life's story that's hot
And it slowly reveals
Hidden things that're sealed
Which are some bad
While others are glad
All talk of painful look
That's present in every nook
And about the tears that weep
And quiet silence that speak.

Seema Chowdhury

Seema Chowdhury
The Speech Of Angels

Kindness shows love and care
For its the speech my dear

That angels speak to all
In words big or small

To everyone with love
In life's hard curve

As they are from God
And messanger of the Lord

Who make us feel good
In life's trouble hood.

Seema Chowdhury
The Strange New World

The day you walked
Into my life
The day you touched
My life's drive
Everything changed
And started
Shining
And glowing
With the gift of miracles
And then
This strange new world
Opened in front of me
And
Invited me to walk in
Into the world of
Dreams and joys
And
Added value and meanings
Into each second of my life
And became most important part
Of my private world............

Thank you sunny & A Happy New Year 2008

Seema Chowdhury
The Test In Time

Whent he going gets tough
And things around you rough
Then look all around
In God's ground

And know its a small
And it is all
A test in time
In life's rhyme

So face it with bold
Hopes and hold
On to your aims
In this life's game

And look to your God
For he helps all in odd
By answering to the prayers
To show us his love and care.

Seema Chowdhury
The Time Is Right

This is
The right time
The right day
The right place
To say
That
I'm thankful to God Almighty
For He has
surrounded my life
with the treasures
Very near to me and my heart.............

And for showing me
The spiritual path
Where I visit with all my worries
And find them all
Untangling
And all my wishes
Taking shape
And
All my negatives
Converting into positive power
only and only
If I look at The
All knowing and
All listening God---

For He is there to
Share all my smiles
And all my pains
With me and my soul............

Seema Chowdhury
The Tranquil Tides

the tranquil tides in the sea
Coming slowly towards me
To tell not always i'll get
Teary eyes that are wet
For one or on another way
Life will show me a pretty day
When sun will shine on the sky
And birds will gladly fly high
And sky will be free of clouds
And my day with all mistrust and doubt
But a way to get to that day
Is to wait and watch how in my way
I must hug and greet the fate
And believe that surely God is great.

Seema Chowdhury
The Tremendous Asset

Move with the time
And let by gones be bygones
For time is
A trememdous asset
Which
Depreciates
With each passing moment
And drags us in
The depths of
depression
Bitterness
And number agony....

Seema Chowdhury
The Turn Of Events

Let turn of events
Not bother you dear
Let it be for you
A pleasant surprise
And
Let it be
An opportunity to start
Mending
The shabby pieces
Of your mind
And heart...

Seema Chowdhury

Seema Chowdhury
The Turning Point

Follow life's story
From begining to the end
And boldly explore
The unexpected
And
The unchanted territory
And
Try to discover
The meanings of every line
For no line is unimportant
Just learn to defend your life
And find a better way
And a turning point
To add magic into it
And find the missing secret
To complete life's script
And then you'll be able to
Create your own reality
Through your
Thoughts
Beliefs
And feelings
And then you'll see
How wonderful this life is
And
How it can make you happy.....

25th march 2009

Seema Chowdhury
The Twists And Turns Of Life

• Stay in tune with your emotions and with the emotions of those people who are around you.

• Show your care and empathy. Be kind, sympathetic, and generous.

• Enjoy simplest things in life and be grateful for all the blessings.

• Accept changes, and don't fear the unknown. Ask for help and support when you need it. Give your full support when others ask for it.

• Use your intuition and gut feelings to lead your way. Make right choices in life.

• Find hidden opportunities to show your talents. Be creative and use your imagination.

• Be spontaneous, be bold and be independent. Explore the world around you.

• Learn to flow smoothly and bravely with the twists and turns of life.

Good Luck!

Seema Chowdhury
May 31, 2018

Seema Chowdhury
The Ugliness Of Life

The heart where painful memories dwell
Is the place where I wish to sell
The gift of joy wrapped with cope
Love, peace, sincerity, truth and hope

Where no one feels bad or torn
Or sees life's ugliness at dawn or morn
Because the path that goes to the door
Of negative views all life and more

Shall be ceased so no one can enter there
Where no glimpse of any love and care
Is present to stop the trouble's breeze
That doesn't let anyone to be at ease

I know whatever I'm saying now
Is hard and I don't know how
But this is the wish of my heart
That I want to take another start

Towards life so I can enjoy the song
Where ugliness of life and things that're wrong
Shall never be shown in the place I dwell
So there I can ring the happiness bell.

Seema Chowdhury
The Unknown Future

I wish
somewhere along the way
We'll meet again...
In life's walk
In life's street
And
In life's road.....
With
New ideas...
New expectations
And
New hopes
For the unknown future......

For life is
A game of fate
And luck
And
We
Do get second chance
Once in a while
So we should
Always be prepared
For it......

Seema Chowdhury
The Untold Story

What future holds
is still untold
For all the things
That movesa in a ring
Comes again and again
In life's lane
And brings with it
Some joy's bit
For the rest in life
Is the pain drive
That shows from far
That all of us are
An important part
In life's heart
Where God doesn't reveal
His secrets shield
And don't let us show
So what future holds
Is a story untold.

Seema Chowdhury
The Ups And Downs

The ups and downs
In our life's days
Should never come
To block our way
\For this is what
Make life's treat
And make it all
For us complete
\So when trouble's come
And block your way
Then with joy's smile
Make them go away.

Seema Chowdhury

Seema Chowdhury
The Valley Of Depression

Today I heard
A painful echo
Of
My injured screams
And my silent tears
When I was
Sitting all alone
In the Deep dug valley
Of my
Fears
And
Depression............... 
And there
My emotions cut loose
And embarrased me
As the tears poured down my cheeks
And
I couldn't resist
To the negativity of my life........

Seema Chowdhury
The Value Of Words

The value of words are rare
So use them all with care
And know that in this life
You have to joyly drive
The car of care and love
As they come from heaven above
And marks our life in it
And gives joy to all in bits
So learn this art and know
That in your life's flow
You have to use with care
For value of words are rare.

Seema Chowdhury

Seema Chowdhury
The Vicious Circle Of Trouble

The vicious circle of trouble is moving around
Let us wait till it touches the ground
And then every one will be given his share
Of joyfull smile or painful tear

But remember that when life seems blocking your view
And pile of trouble seems blocking your view
Then don't sit down in mope to sigh
Because life's flow both low and high

Come sin but then leaves the way
And give joy another chance to sway
So don't lose hope or let it fall
For life's troubles are both big and small

That comes around you to make you strong
So you can distinguish between right and wrong
And can know and learn the art to share
Vicious circle of trouble without any tear.

Seema Chowdhury
The Vision Of Hope

After an era of darkness
Will surely appear the dawn
Where things will be all bright
And will ahow us the glimpse of morn

So don't worry or feel blue
Neither fall in mope
For a day is near to come
That will show us the vision of hope

So hang in there with courage
And look to God for a while
And surely God will grant us
And will show us the sight of a smile.

Seema Chowdhury
The Voice Of Hope

1. Communicate your objective, be forward-looking and have strong ethical values.

2. Develop effective strategies and be prepared to take more responsibilities.

3. Be in command, overcome obstacles, move the organization forward to move higher in the organization.

4. Let your voice be heard, loud and clear and be the voice of hope and optimism.

5. Know your role clearly and plan ahead for the future in mind.

6. Broaden organizational perspective overcome communication challenges and enjoy your passion for work.

7. Spread peace and joy all around you and learn the simple art of living to be successful.

8. When you face a challenge in life. Remember the only way out it.

Seema Chowdhury
December 10, 2017

Seema Chowdhury
The Voice Of Joy

See what a beautiful world
You are living in

Hear the voice of joy
That warms and energizes your soul

Look at the rising sun
That spreads soft colors in early morn

And see how blessed you are
With all the answered prayers

That God Almighty has sent
For you to enjoy dear

And sing the song of faith
With all your zest and glow

And welcome the days of tomorrow
Where voice of joy awaits you

With a glorious and inspiring
Special moments to color your life

Where you can do somersaults
In the bright rays of sunshine.......  

Happy 10th Birthday Sameen jan.
Mama loves you a Lot.

Seema Chowdhury
24th Sep,2010
The Walk Of Faith

Surrender to the will of God  
And set yourself free to move on  
For He is your only protector  
Who will guide you towards a new dawn

Where you will learn to reach out  
And offer yourself to this bountiful life  
And take the walk of faith  
And learn to courageously drive

The car of passion and hope  
In God's kingdom of joy and bliss  
And learn to hold on tight  
God's fragrance of spring flower's kiss

Just learn how to walk on  
And show in this journey of life  
How to survive with love and care  
And courageously and passionately drive

The car of strange opportunities  
That will surely expand and grow  
If you learn to walk with faith  
And let your belief glow

For God promises us of hope  
And He listens when we cry  
And tell Him that we are hurt  
In this world of troubles dry

So do not ever give up  
Take your turn to talk to God  
For He is the only protector  
And our beloved Lord

Who will hold our hands tight  
And calculate best route to arrive  
When we learn to take the walk of faith  
In this bountiful blessings and life.
The Warm Words

May your future always shine
With your luck and the wishes of mine
And may you always win the race
That comes in your life's own pace

Buy keep one thing in your mind
If ever life doesn't seema a little kind
then don't lose hope or ever cry
Or feel tired of again to try

Just know with faith and prayers hem
You can win the last and the lost gem
So all you have to do is to try
And work hard for the victory's cry

And now I wish good luck for you
With sincere heart and wishes true
And hope you'll get the flying hues
In everything that you ever do.

GOOD LUCK! ! !

Seema Chowdhury
The Wasted Words

My words
Thoughts
And deeds
Went all in vain
Because
I waited too long
For
The perfect moment
To appear............
Without realizing
That this life is
A river of no return
Where these passed moments
Will not be compensated
And
I will be left alone to wonder
In the avenue of regrets and remorse...
Where I tried my best
But
No one was there to hear
What I had to say
In this race of
wasted words......

Seema Chowdhury
The Weight Of Care

What can I do
To let you know
How much I care
For you dear so
All I can
Do to show
My love for you
In each life's row
Is to do all good
For you in flow
And then to pray
For you in low
And ask my God
To help you so
You can again
In life smoothly flow.

Seema Chowdhury
The Wheel Of Change

Let the ever changing
Wheel of change
show us
The next scene in life
Full of
Insensitive
Spiritless
Untouched
Frigid
And dull comedy.........

Sometimes I feel
My life is filled with
The waves of pain
And I feel drowned
In the lost hours.............
Where
Hidden matters unfold
Every day and leave me alone
To suffer in the stream of mystery-

Seema Chowdhury
The Wheel Of Fortune

The wheel of fortune is moving fast
Just wait and see where at last
On God's green earth it will stop
And what will come in luck's list top

For whatever is in your luck's list
Will surely contain some of the mist
That will block and will sometimes dim
The paths of life that is skim

And I am sure by now you must know
How to handle joys and pain's flow
And cross both areas hilly and plains
And count your blessings and gains

So search for the pearls of wisdom on the Earth
And acquire its rareness and its worth
For the joy that you will find after it
Will really hold a value in its every bit

So don't feel that you're stuck in a mist
Just pray and wait to see your luck's list
What will come in the fortune's wheel
Fainly before God bow and kneel.

Seema Chowdhury
The Wheel Of Life

Take joy in living and look deep into your soul
For life has vibrant colours with the tint of dole

So be open to opportunities and wait for magical cure
Take your mind off fear and let emotions stir for sure

Control your thoughts carefully and handle things
Wind down your day with spectacular sunset ring

Find a real solution to celebrate everyday life
And lace rough edges with prayers lovely drive

Have a fresh zeal and fight back your falling tears
Be a pillar of strength and get encouragement share

Instil promising belief that you are an amazing star
And if you try harder you can heal all your scars

Just find a way to manage your anxieties, fear and pain
Then swap them all quickly with the joy and fain

This is how the wheel of life really moves around
Going slow and fast and breaking on the ground

Collecting all happiness, joy, sorrow and dole
So take joy in living and look deep in your soul.

Seema Chowdhury
The Wheel Of Past

The wheel of my past
is really moving fast
And is leaving atlast
My dreamland that is vast

taht gave me the time
And taught me the rhyme
Taht must be aligned
In the period of decline

I'm not losing hope
neither I nope
But it is just that like a soap
It is slipping through the rope

But still I'm trying best
To build up the hope's nest
Where I can take rest
In period of trial and test

So God please help me
And give me joys key
So I can feel free
Of the burden upon me

Because the wheel of past
Is really moving fast
And is leading me atlast
Away from dreamland vast.

Seema Chowdhury
The Wind Of Circumstances

The winds of circumstance not always blow
On the same wave length where you flow
So don't ever fall short of smile
For it heals your wounds for a while
And know that no one can ever find
Lasting happiness except for in mind
So keep good thinking 'n search for the hues
For only it can chase away your blues
And remember that you can come on top
If you'll learn never ever to stop
For winds of circumstance not always blow
On the same wave length where you flow.

Seema Chowdhury

Seema Chowdhury
The Wind Of Joy

May the wind of joy
Blows over your life
To teach and tell you dear
More life's tacts to survive
For life is like a sky
Where blows the cool breeze
Of care 'n affection my dear
And also love's air to cease
All bad things from your life
So you can have smile of fain
And you never have to see in life
Any glimpse of trouble and pain.

Seema Chowdhury

Seema Chowdhury
The Wine Of Love

Have you ever tasted such a wine
Which is made for thine and mine
Which not only tastes very sweet
But is surely a bliss and a treat
And know that dear this is right
If you want your life to be bright
Then move on and bring some of it
For it holds value in its every bit
And remember that on this God's earth
It's considered as a source of mirth
Because its something everyone deserves
Oh yes, surely its the wine of love.

Seema Chowdhury

Seema Chowdhury
The Wise Silence

Serene tenderness of the heart
Is surely a wise silence

For silent river of happiness
Flows on forever like bliss

For walking on hushed path is a pleasure
So enjoy life to its fullest measure

And know that wise silence is true
That passes moment by long day through

And ends the day on a quiet hush
After passing of a day of rush.

Seema Chowdhury
The Wonders Of Life

Enjoy each moment
And seek for the
Astonishing
Surprising
And amazing
Wonders of life
And learn to unravel a mystery
And the hidden meanings
That god has kept
In each and every shade
Of our lives
That makes it exciting
And full of
Actions and reactions...

Seema Chowdhury
The Words Of A Friend

Are soothing and nice
That gives us good
And caring advice
For friends are people
Who care and show
How much they care
In each life's row
So always have value
For the words of a friend
For a friend is the one
With whom you don't pretend
And shares all your distress and pain
And wishes to show you sunshine after rain
And pray for you and wishes your goodluck
And doesn't even expect in return any buck.

Seema Chowdhury

Seema Chowdhury
The Working Hands Of God

God rules on this world and earth
And proves all these things are worth

He shows the winter, the summer, the fall
That goes on and moves for us all

He brings beauty in the pretty spring
And fill music in these flawless things

He hangs on the sun, the moon, the stars
That twinkles for us from afar

And these things are not for only seeing
But prove God's presence and His gracious being

And tell us that there's the working God's hand
That can put miracle even in the tiny grain of sand.

Seema Chowdhury
The World

the world is like
A looking glass
Where it is
Very hard to pass
All the tests
That are here
That bring us
Pain and tear
And in this glass
We see views
That are mostly
Grey and blues
That doesn't
Let us survive
Peacefully in
This world's drive
And that is why
I always say
It's hard to pass
These life's days.

Seema Chowdhury
The World Of Unknown Peace

The place where I've longed to go
Whenever things were going kind of low
Is the world of unknown peace and love
And resembles a lot to the heaven above

Where darkness actually does not prevail
And everyone is given a chance to avail
And see his wishes shining all bright
Just like the twinkling star at night

And there I wish I can sit for hours
And on my return bring back the power
To face the troubles and reality of life
Which actually do exist and survive

For the line drawn on everyone's palm
is god's art done specially with charm
That decides all one's joys and sorrows
Their plans of all today and tomorrow

And specially gives me more courage to bear
Life's pain hidden in every layer
So that's why I pray God enlighten my soul
And help me to reach my aim and goal

So every new day begins with a smile
And the past memory in a special style
And ends on the hopeful tomorrow
And narrows the path of pain and sorrow

And takes me to the world of unknown peace
Where everything usually stays at ease
And shows everyone's wishes shining bright
Just like the twinkling star at midnight.

Seema Chowdhury
The World Through My Window

Bright sunshine and golden afternoon
Is what I see from my window at noon
Where tender smiles of the lovely clouds
All clear my life's pain and doubt

I learn to impose the rhythm of life
In all the moments and events that survive
When I let go all my past fear
And swap them fairly with faith and cheer

And I put my faith in Gracious God
Who holds my hands in every odd
And heal my wounds and my pain
To show me a glimpse of peace and fain

This is what I see and feel
When I learn to hold on life's deal
And re-establish my faith in life
Where I am bound to live and survive

Life opens the gift of bliss and peace
On my injured life with hopeful lease
Where I do somersaults in rainbow hue
And brighten my life with sun's warmth too

And this is what I see now dear
The world through my window with cheer
Where life smiles back with faith and hope
To show me new vision of life without mope.

Seema Chowdhury
Theme Of Dream

The theme of my dream
Was very simple and pure
But I guess
No one tried
To listen
Or understand.....
That's why
They called it
A dream of
Fading shades...........
That not only faded my dream
But also
The whole purpose of
My life and living...........

Seema Chowdhury
Theme Of Good Fortune

My theme of good fortune
Is when one stops complaining
Of past losses
And ceases
Expecting too much
From others...
Then only we
Learn not to hesitate
To do things you enjoy
And make heaven
A place on earth
With an optimistic spirit
Start a journey
Through time
And
Opportunities.....

Seema Chowdhury
Theme Of Life

Play in the splashing water
Sit under the setting sun
Sing the song of joy
Before your life is done

And know that now is the moment
For life to take a turn
So dig deep in each layer
And see from it what you can learn

For this is the magical moment
So drown deeply in its beauty
And know only with zest
You can amazingly perform life’s duty

So choose your theme carefully
And decorate your beautiful life
And learn to solve the puzzle
To overcome obstacles that survive

Just start the process of change
And grow and learn today
Before your life meets its end
Find plenty of encouraging ways

To take the challenge of time
And sit under the sun of joy
And sing melodiously with hope
And learn life's techniques to enjoy.

Seema Chowdhury
There Are Many Doors

• There are many doors in front of you, so knock on them one by one. The one that is meant to be for you will instantly open up.

• Wait for the right time and the right place, you will get what is stored for you.

• Find meanings in your life and your work and lead a simple life.

• Small things make a big difference over time, so take a new approach to life.

• Remind yourself every day, your choice makes all the difference.

So, are you bold, strong and courageous enough to knock on the door?

Are you ready to find out what is behind the door waiting for you?

Seema Chowdhury
May 18, 2018

Seema Chowdhury
There Has To Be A Happy Day

I wish to sing a happy song
For a day when nothing is wrong
Where I can quietly sit 'n talk
And I can freely rest and walk
I'm waiting for such a precious day
When everything will be calm in my way
Where I can quietly sit and talk
And I can freely rest and walk
I want to see the bright rainbow
I want to see nice sights 'n show
Where I can quietly sit and talk
And I can freely rest and walk
I know god has his own nice ways
So there has to be a happy day
Where I can quietly sit and talk
And I can freely rest and walk.

Seema Chowdhury

Seema Chowdhury
There is darkness and there is light
Life is sad and sometimes bright

Sun rises everyday and then sun sets
We lose in life and sometimes we get

Life is a difficult challenge each day
We try to balance it and carefully play

This never ending long game of lose and win
And find life's firm path sometimes in spin

There are too many questions and the painful Why
That we never get answers or satisfactory reply

Time goes too fast and we can not always hold
So we need to shun cowardliness and be bold

And despite all fears we must continue to learn
To live this life patiently and for us gracefully earn

Love, hope, care and a lot of light to share
And get rid of darkness, doubt and fear.

Seema Chowdhury
There Is Tomorrow

If you feel little down
And life feels cold and wet
Then don't lose hope dear
There's tomorrow don't forget
For life may show you things
That aren't all very glad
But it will not stay like this
Because life is not so bad
So wish and hope to see
And pray from god dear
To show you brighter morn
Full of love and care
But if today shows you sorrow
And life feels cold and wet
Then don't lose hope dear
There's tomorrow, don't forget.

Seema Chowdhury

Seema Chowdhury
There're So Many Reasons To Smile

1) Look around and find all the reasons to smile in your day.

2) Focus on what's important and clear negative energy.

3) Boost your faith, be mindful and turn the corner.

4) Get up at the crack of dawn and find spiritually and inspiration.

5) There's always something new experience to celebrate and to smile.

6) Be spontaneous, be flexible, bask in the sun, enjoy fresh air and smile.

Seema Chowdhury
March 9, 2019

Seema Chowdhury
There's A Time

There's a time to talk
And a time for silence
Depending upon
The level of dullness
Spread around you-
So try to conquer
That moment
And enter into the world of action
And try to catch with the time
For that's the ultimate challenge
You have to meet
To calm your fazzled nerves....

Seema Chowdhury

Seema Chowdhury
There's Always Something New

No matter where we are
No matter what we do
There's always something to learn
There's always something new

Just explore the world around
And challenge yourself anew
Then life will be more rewarding
And surely exciting too

Just give yourself a chance
And discover who you are
Be optimistic about your future
And plan to be a star

Whose light give out hope
And brings happiness to all
And save the world around
From deep and a bad fall

So get up and be strong
Motivate others and pick up the pace
And know you have to win
In this life's endless race

Where exits are not the end
But a new beginning for us to discover
That makes up the layer of life
One after another cover

And we must try again today
No matter what we do
For there's alwys something to learn
There's always something new.

Seema Chowdhury
There's First Time For Everything

Life is full of challenges, trials and tests
So if any time it becomes difficult to manage
Then be humble and ask for Merciful God's help
And His support in every step of the way
Bring positive and lasting changes into your life
And share your story to tune in and flow freely
Wipe your glistening and misty eyes and smile
And let the tender healing begin here and now
Calm down the rush of emotions stirring inside
And restore the blocks of hope to absorb sunshine

Don't sit with bitterness and regrets for too long
Remember there's first time for everything
So let go and free your soul of the burden
Bridge the gap between present and future
And let the future begin right here and now
With positivity, compassion and beaming spirit
Just learn to manage life with courage and ask for help
From Merciful God and support in every step of the way.

Seema Chowdhury
There's Much More To Live For

Don't put your life on hold or complain
When unexpected bumps on the road appear
Pause for a moment and get back on track
Fight tears of pain and cope with obstacles
Absorb in life's performance and erase doubt
Listen to your inner strength and trust impulses
Watch outside the window at the crack of dawn
And enjoy as the first ray of sunshine creeps in
Step forward and enjoy the buzz of happiness
Feel warm and blessed and hum a sigh of relief
Try to flash forward troubles and have peace
And remember there's much more to live for
Then the obvious things that we see all around
Don't feel emotionally trapped in mute silence
Find the traces of bitter reality and replace them
With crisp and compelling colors of creative life
So face your future with peace and gentleness
Step up and boost your faith, hope and grace
And remember there's much more to live for...

Seema Chowdhury
There's So Much To Smile About

Enhance your soul and purify your heart
Take a quick break and then again start
A journey of life with sunshine and smile
To find miracles and magic's tender style

Remember there's so much to smile about
So don't let problems or clouds of doubt
Change your thoughts or spread blue and gray
And turn happy moments into a rainy day

So blend in laughter of splendid time
Hold very tight and set your own rhyme
And find yourself a beautiful dream
By creating a kaleidoscopic view of gleam

Enter in new world through a fresh door
Bring back strokes of goodluck and more
And paint a magical picture with colors bright
And turn your life around with beaming light

Just remember you always have choices trail
So don't limit yourself due to mope's veil
Because there's tomorrow that can bring smile
And decorate your life with miracles tender style.

Seema Chowdhury
These Are The Moments

The moments when I feel little down
And don't wish to see life's sight brown
And hope for the sun of 'morrow
To brighten the path of pain 'n sorrow
These're the moments in which I find
My thoughts all mingled up in mind
And then I wish forever to stop
The confusing flow of mind to drop
For creating more life's misery for me
And showing bad things just for thee
'cause these're the moments in which I find
My thoughts all mingled up in mind.

Seema Chowdhury

Seema Chowdhury
Thine Happiness

My joys
My griefs
My hopes
And
My dreams
All rest in soft peace
Where
Every day adds
The pearls of morning dew
And
teaches me to be happy
In
Thine happiness..............

Seema Chowdhury
Things Are Looking Up

Things are looking up my dear
So avail this chance of life
And know that you can never get
Another chance in it to drive

The car of life that is wide
That shows dear to us all
Sometimes trouble and sometimes gains
That are all big and small

So try your best and in it gain
And take charge of your life
For you'll not get another chance
In it to ever survive.

Seema Chowdhury
Things Go Your Way

Just wait for a while
With hope and smile
And then you'll see
Luck waiting for thee
And then my dear
Things that are rare
Will happen in your way
And will make you all glad
And will change for you all bad.

Seema Chowdhury
Things That Can

Things that can change our lives
Things that can bring happiness drive
Things that can show we are cared
Is what is hidden beneath the layered
The layered heart that we have got
That knows how to arrange and sort
Sort out the kindness acts
That brings joy and realities fact
These things are a loving touch
That really means so much
And also smile and kind words
That we need to hear in curt
Because these things show to us
That in this life's riding bus
We are not just alone in the way
But there's many who share our days
Who always in their own style
Show us a path to a bright smile.

Seema Chowdhury
Think about what is important in life
And things that matter
For life is an interesting theory
Where at the end
It all ties in together
So don't give up
Deal with life...

Take part in this parade
And enjoy the carnival
That has come to the town
Shake things a little bit
To fix your problems...

Know that sometimes you get lucky
But sometimes you face unexpected loss
So don't give up
Just close your eyes and see yourself
In a warm and a safe place
And know things that matter...

Be less judgmental
Only then you will be able to
Fix your problems
In this cloud of streams
And ride on the light
To produce your own theory of life...

Seema Chowdhury
Things To Always Remember

1) DIY - Do It Yourself
2) Be your own cheerleader
3) Empower yourself and take charge
4) Do self-analysis every now and then
5) Reward yourself for achieving goals
6) Remember 'Tomorrow begins today'
7) Now is the best time to start and explore
8) Open the door to a new world and be in charge

Seema Chowdhury
March 18, 2019

Seema Chowdhury
Things To Be Remembered

Remember your hope not your blue
Remember your share not your dues
Remember your laugh not your tears
Remember your courage not your fear

Remember your gain not your vain
Remember your joys not your pain
Remember your smile not your cross
Remember your victory not your loss

And when you'll learn to remember all this
Then God's huge bucket of his bliss
Will fall upon you and your fate
To tell how much God is great

And always remember this little thing
That God's gift keeps on moving in a ring
So keep on counting my dear friend
For blessings of God has no bound nor ends.

Seema Chowdhury
Things To Be Thankful For

I thank God for all his gifts
That has given my spirit an uplift

For he has bestowed me with bliss
Of his love, his care and his kiss

I'm thankful to God for being nice
And for giving me the right advice

In time when I felt I was lost
In this frenzy world filled with frost

For God has given me so much
That on him I put my trust

And thank him for being my Lord
And caring for him as my God.

Seema Chowdhury
Think Again

When things are going down
And you're feeling brown

Then don't feel agony and pain
Just try to think once again

What you can do to
Start your life as new

And in that time of test
Do everything with zest

And hope for miracles true
That also exist in your view

And know that will come soon
A bright and a nice noon

Where dusk will be followed by
A dawn that will shine very high.

Seema Chowdhury
Think Bold

Think bold
Think bold
Don't feel cold
If joys are sold
Learn to make
And to bake
your own joy
For you to enjoy
And don't look
In every nook
To get it
In every bit
But learn to make
And to bake
Your own joy
For you to enjoy.

Seema Chowdhury
Think Differently

Do not miss the moment
Let your life gain momentum
That would lead to
New paradigm
To face the uneven pace
And a numb silence
To mend your fence
And cope with tough times
Amid uncertainty
And current obstacles............

Take a fresh look at doing things
Through the broad lenses
And look carefully
To the proposed theme
And shared solutions
And create a vision
During your journey
To reshape the world............

Break out of what you fear most
And do not let dark forces of time
To stop you by showing unique hazards
Find ways to add value
To control your pain and emotion
And be prepared to think differently
To improve the quality of life
With a sense of comfort and peace........

May God be with you today and always.

Seema Chowdhury
Think In Healthy Ways

brighten all your days
And think in healthy ways

And learn to enjoy life
With things in it that survive

And know that joy and sorrow
Complete our days and tomorrow

So don't let any moment go
Or simply flown ever slow

But learn to smile in it
And enjoy life's every bit

By brightening all your days
And thinking in healthy ways.

Seema Chowdhury
Think Of Another Way

If you fall once when you try
Then don’t just sit down to cry

But think of another way
To get up and pave the way

For hope and smile to come
And teach you how you can sum

All your joys and happiness dear
That in your life do appear

So you can feel good in the heart
And will give a chance to start

Another day full of hope and smile
Even in hard road of trial.

Seema Chowdhury
Think Of Ways

Think of ways to brighten things
Not for a long but in just an eye blink

And fill with colors the days of life
In which you’re sent here to survive

And know that no one but only you
Can find for yourself happiness true

So when you feel stuck in a trial
And around you see just trouble’s pile

Then turn around and ask gracious God
To show you ways to brighten things odd.

Seema Chowdhury
Think Of You

It's really a pleasure
To think of you
For you are a person
Who is nice too
Who knows how to
Bring others smile
And let others be happy
In all for a while
So it gives me pleasure
To think of thee
As your love is rare
And a gift for me.

Seema Chowdhury

Seema Chowdhury
Think Positive

Thoughts are the flower
Wishes are the seed
That grow in the heart
Like a wild weed
And give us joy
And some pleasure
That for us
Is a great treasure
So think positive
And have faith
Then surely things
Will end up great
And you will see
Joy and smile
Even in hard
Times of trial.

Seema Chowdhury

Seema Chowdhury
Think Well

Think well my dear
If you want to stay well
For life is a real story
That rings with a bell
Where everything changes
And bring you all new
where life only tells
Fables that are true
So try to conquer
This world's dawn
And make special
Your each morn
And try to think
Very nice and well
So you can always
In happiness dwell.

Seema Chowdhury
Thinking Of You

Thinking of you always makes me smile
And share all my trouble's pile

For not only a friend's sympathetic ear
What you want to tell is ready to hear

I'm glad I got a friend like you
Who helps me when I'm feeling blue

Whose presence always makes me forget
All life's trouble, pain and regret

I really don't find more words to say
Neither fancy phases in front to lay

To tell how much you mean to me
So all life's happiness I wish for thee.

Seema Chowdhury
Thinking Of You Danny Raja

I'm thinking of you
More than words can say
I'm wishing you joy
In every life's day
And praying dear son
May your whole life
Be filled with fain and fun
And happiness ton
So you don't have to see
Any cloud of mope
Neither any ray of pain
That you can't cope
And I'm wishing it all
So you can smile
And pass each day
Under love's shade's drive.

Love you Danny Raja

Seema Chowdhury
This Is A Tough Game

As I scribble
On a small piece of my life's paper
I need courage and strength
To face the challenges
That test my spirit and mind
For my soul is burdened
And I feel drained out
And see myself wandering in wilderness
Passing through storms and fear

For life is a tough game
And I need to strengthen my faith
And have courage to open my mind's eye
To see divine plan unfolding in my life's path
With confidence and grace.........

I need peace and solace
To restore my balance
To lessen my heartache
And soul's burden
And enjoy the richness of small things in life
So I can heal quickly
And get the ability to move on
And enter the door of opportunity
Where God's tender love is present
To move on and on

For life is a tough game
And I need to strengthen my faith
And have courage to open my mind's eye
To see divine plan unfolding in my life's path
With confidence and grace.........

Seema Chowdhury
This Is Faith...

Faith is the supreme force of life
That shows God's miracle for us to survive
And let us believe in things unseen
And God shown bright and dull scenes

It's the continous belief of reasonable reasons
That walks besie us in all life's season
And tell that in world whatever is on
Is surely reflecting God's beauty and form

And faith is when our troubles we pack
And put them in a box on God's huge rack
With the hope that he'll exchange it all
With joy to save our hopes to fall

It's surely a thing that teaches me to trust
On God when I see life's dawn and dusk
And remind me that God is my only friend
Whose gift of love and blessings never end.

Seema Chowdhury
This Is God's Way

Once I was talkign and praying to my Lord
When out of the blue something happened that was odd
That I couldn't believe and thought it was a dream
But it was surely very clear like a crystal of stream

I saw two kids who were playing in the meadow
Where huge mulberry trees were throeing their shadow
And under that shadow they were busy in their play
making mud pies and toys with the clay

Around them were a group of golden stars
That were glittering that could be seen from far
And those stars were shining and singing songs
And spreading cute smiles and dancing along

I didn't know so I asked my precious Lord
What as going on oh my precious God
God smiled then said yes my dear child
What you saw just now may semed wild

But that's the answer of all you have asked
You prayed and now I'll do my task
And will bestow you with all kinds of pleasure
Specially my blessings that you can never measure

Then further more he said and now I'll tell
Those two kids who're playing in the shell
Are Sarah and Danny who're gift for your sis
And were given to her from Me as My Bliss

And all those starts that were shining very bright
Are the stars of hope and are emitting hopes light
And are saying dear please stop the flow of tears
No one can hurt them, because God is taking care

And he has sent them in this world to bring
Love, hope and peace as in season of spring
And show his love and answers in his way
And tell people that He'll answer them today
And after listening to this I thanked my Gracious Lord
Who answered my prayers because He's my God
And promise to help me in all kinds of test
And will choose for me what he think will be best.

Seema Chowdhury
This Is Just A Beginning

Create surprise, passion and excitement
In your everyday living
With a rich list of options and ideas
To perk up your life
And spread smile
In your life's path

Make a dazzling garland of
Beautiful deeds and thoughts
And watch various episodes of life
Through the eyes of hope and courage

Walk proudly like a winner
And let everyone know
That this is just a beginning
Of a new image and a smooth ride
On the road of life
With passion and excitement......

Seema Chowdhury
This Is Just The Beginning!

1) Find peace and serenity in life and be your own sunshine.

2) Life is quite amazing so appreciate the present moment.

3) Set a motivating goal and stay focused and vigilant to succeed.

4) Make progress each day and accomplish what you have planned.

5) Celebrate each day and stay motivated, hopeful and positive.

6) Life is challenging at times, so be strong and fast to face it.

7) Reframe obstacles and see opportunities for growth and learning.

8) Reconnect with inner and outer self and believe in your dreams and determination.

9) Contribute to positivity, happiness and bring in joy and peace.

10) Turn negative events into a chance to shine a light on the darkness.

11) Generate a new path to walk on to reach the road to success and fame.

12) Develop skills that are necessary to master challenges and problems of life.

13) Be proactive, understand the complexity of every day and incorporate from lessons learned.

14) Learn to work in difficult situations with a fresh set of eye and mind.

15) Be ready to make a brand new start and remember this is just the beginning!

Happy Birthday Sweet Sister Sanober and many happy returns of the day!

Seema Chowdhury
November 22, 2017
This Is My Small Blessed World...

This is my small blessed world
Where everything is perfect and complete
Because my reality is clear and well defined
And it reflects miracles of God's existence

This is my small blessed world
Where wind rustles through the trees
And raindrops bring blessings of the Heaven
To clear the spiritual path so I can walk on

This is my small blessed world
Where I choose moments and matters
To eliminate the road blocks and hurdles
And expand my boundaries of hope and joy

This is my small blessed world
That I have built with faith and belief
Because I have learnt to trust my Gracious God
And know that He is always there for me

This is my small blessed world
Where I have embraced calmness and silence
And limited my wishes, desires and emotions
That have changed my expectations and perspective

This is my small blessed world
Where now I feel satisfied and calm
Because it is peaceful, pure and serene
And it reflects miracles of God's existence...

Seema Chowdhury
This Is Our Lives

Let us rejoice and be glad
Let us try to remove all bad
Let us be happy and not sad
For this is our lives so be glad

For life is swiftly passing by
And emotions are flowing high
So we must come forward and try
To catch hold of this life's sigh

And know that in our lives' way
There are no unimportant days
We just need to find and learn to sway
Happiness breeze that is present today

And gather some love and some care
For life has ups and downs but is fair
And learn to face difficulties my dear
And know negative emotions bring fear

And when we'll learn to enjoy life
And reconnect to it and strive
Then we'll enjoy this precious drive
And learn the art here to survive

And for that we must smile every day
And gather all laughs in our way
And collect the gift of life's spray
And we must enjoy it fully today

And let us rejoice and be glad
And let us try to remove all bad
And let us be happy and not sad
For this is our lives so be glad.

20th Feb, 2009

Seema Chowdhury
This Is Your Chance

1) Create your life's plans and learn to achieve your goals and dreams.

2) Simplify your life and pursue your ambitions and goals.

3) Bring in positive energy and don't miss any opportunity to learn and grow.

4) Visualize your future and train your brain to see the bigger picture of life.

5) Accept things as they are and as they happen, then pause and reflect on them.

6) Increase your focus and discover new and creative things. See how you can perform better.

7) Remind yourself that this is your chance to be someone's hero.

8) Do something special for others, encourage and support them.

9) Bring small changes, for someday they lead to big and wonderful things.

10) Focus on the present moment and take a big step forward with confidence.

Seema Chowdhury
March 20, 2018

Seema Chowdhury
This Is Your Moment

1) Take the first step towards your dream.

2) Start climbing the stairs of success through hard work and will.

3) Experience life and everything that comes with it.

4) Don't waste time complaining or procrastinating.

5) Move forward with hope and courage.

6) Write your own secret recipe of success.

7) Overcome fear and doubt of failure and defeat.

8) Always stay positive and radiate positive energy around you.

9) Don't miss the opportunity to learn, gain knowledge or grow.

10) Always be ready to act. Start your journey this is your moment.

Seema Chowdhury
March 15, 2019

Seema Chowdhury
Thought Pattern

Change your thought pattern
And learn to accept life
As it comes-
And as it unfolds infront of you
Otherwise you'll be pushed hard
Towards the edge of despair
From where you'll have no option
But to live life on the surface
And to see life happening from outside only
And learn not to be aggressive
Or else you'll be left alone
In the bay of stress to drown
Where frustration,
Frustration
And more Frustration
Will lead your way..............

Seema Chowdhury
Thoughtful Reflections

Today is a new day and a new beginning
With new opportunities to improve and care
With new hopes, dreams and wishes
And new decisions to make and live with

Opportunities come in different colors and shapes
And our dreams unfold bit by bit in front of us
Showing miracles and reality of the new beginning
Where time slowly dissolves into eternity

In this journey, life takes some unexpected turns
So in those moments don't panic, freeze or quit
Find peace and solace in silence and pray deeply
And ask your Merciful Lord to lead your way

Look carefully and say a gratitude prayer with a smile
Focus on things that you can change and improve today
Pass on kindness and love and it shall come back to you
Wipe tears and share smiles and you will never be alone

Always find ways to make a difference in someone's life
Learn to focus on today and live in the present moment
Find silver lining in the deep dark stormy clouds
And draw rainbow on the sky after the storm is over

Establish a strong connection with God Almighty
That'll give your heart and soul a spiritual uplift
Feel God's presence in your life and kneel before Him
Be gentle and humble in your words and deeds

Remember only Lord can take away your lingering pain
And can clear the mist that is melting in the morning light
Only He has the power to clear paths and remove obstacles
So bow before Him and ponder upon reflecting thoughts……

Have a Blessed Weekend!

Seema Chowdhury
Thoughtful Things

Do those little thoughtful things
That can swap autumn with spring

And can fill some life's road
With happiness and some fun's load

For nice and little kindness act
Can surely change life's facts

And can spread flowers in the way
To make it a perfect day

So whenever you get chance dear
Come forward with love to share

Someone's trouble in pain's hue
With kindness's brighter hue.

Seema Chowdhury
Thoughts Bright

Learn to lead your life
With joy in each day
And let you be the star
That shines even from far
And know that life my dear
Is a game of tears 'n cheer
So try to link this chain
With the smile of fain
And be like a strong string
That helps all to cling
To hope and thoughts bright
To bring happiness 'n delight.

Seema Chowdhury

Seema Chowdhury
Thoughts For You

May every day of the coming year
Be filled with nice thoughts my dear
Where you can have fun and joy
And everything else that you enjoy
For a birthday is a special day
That comes in your life's way
To remind you of all the deeds
That were shown in your hours of need
By all those who really love you
And want to really show it too
That they wish happiness for your days
In all nice and enjoyable ways.

Seema Chowdhury

Seema Chowdhury
Thoughts Of Friendship

Friendship is a noble task
Friendship is a flower's flask
That spread all over the smile
And give joy to others for miles
For thoughts of friendship is dear
As it is a passion so rare
That blooms the flower of joy
For all and let them enjoy
The sweetness that's hidden in it
And emit joy's rays bit by bit.

Seema Chowdhury
Thoughts Of Life

Do each and every thing in your way
Say what you mean and mean what you say
And then you will easily reach reach to the key
Of sucess in this huge life's sea

because to be honest and to be true
is the first and really the basic clue
that helps you to reach your goal
Of playing the successful winning role

Of an hosent person who is an aid
And provides help to everyone like shade
Specially in the bad hours of need
By showing all nice and kind deeds

So according to me int he period of gloom
The best thing that can bring you bloom
Is to follow strickly true thoughts of life
That I think is the rule of truth that survive.

Seema Chowdhury
Through Corridors Of Memories

When I walk
Through corridors of memories
I find
Pleasure and pain
During sunshine and rain
With gentle soft breeze
Across the sky
With happy voices
And beautiful dreams
And wind of hope
And the light of dawn
With the splash of delight
And warm moments
Of positive strokes
With speaking smiles
Of painted eyes........

And all these sweet bitter memories
Bring me courage and strength
To read the message of life
And play with those extra words
That spin around
And show me a life time of miracles
With the words of God
That remove my worries and fear
And replace them with faith
That flow in my life
And change my world
On a grand scale.......

Seema Chowdhury
Through The Colors Of Life

I want to shine the light of love
Into the darkness
And translate the beauty
That I see in my mind
Through the colors of life
Where no doubt and fear reside
On my life's journey today

I wish to flip through the pages
And hope to find a fresh start
Where I can find perfection, lasting joy and boundless love
And just the right combination of colors, blends and shades
To draw inside the lines of a preprinted life's picture

And I hope in this ever expanding journey
I will begin each day
With God's whisper of love, faith and prayers
Where new dreams and hope will be born
And I'll get a unique opportunity
To fill my life with sweet laughter and lovely sunshine
And translate the beauty of love
Through the colors of life.........

Seema Chowdhury
Through The Eyes Of Reality

Take in life a new turn
Try here whatever you learn
To utilize and remember it
For life drops in bit by bit
And donot curl up in pain
For life is a game of loss and gain
Where reality is bitter and curt
And leaves you in mud and dirt
And remember you ahve to face
Trouble's and trial's lace
When you set out to find
Where atleast trouble's will wind
And life has many different views
Some are joyful and some are blues
So try to see these realities dye
Through the awaken and real eyes
Then you'll find courage to face
And track life's rhyme and song's lace
That you need to learn to survive
In this never ending real life.

Seema Chowdhury
Through The Sand Of Time

Be positive and have a thoughtful attitude
And create a cheerful portrait for others to view

Learn the safe rule of life
And don’t view the world darkly

Develop your sense of self awareness
And flow as smooth as possible

Be flexible and open to new ideas
And learn to bounce back and forth like a yo-yo

Never give up in the middle
Search for ways to take a break

Close running program of life and play it right
Then you will learn to present reality

And discover a huge collection of paths
That you need to achieve the best answer

And have a genuinely cheerful outlook
So you leave marks and tracks through the sand of time.

Seema Chowdhury
Through The Years

Your smiles and tears
Throught he years
Have now become a part
And lives in your heart
For all of them
Are life's gem
Which decorates your life
And in it survive
So waste no time
Flow with its rhyme
And know through years
Your smiles and tears
Have become your part
And lives in your heart.

Seema Chowdhury

Seema Chowdhury
Till Dawn

From dusk till dawn
I hoped to see
A glimpse of morn
Appearing for me

That will carry
Peace with it
And will show
Joys bit by bit

From dusk till dawn
I hoped to get
A view so bright
That it can set

A mark for a
Brighter day
To wipe away blues
From my way.

Seema Chowdhury
Till The Dawn

Someone called me by my name
I thought it must be you
I waited and waited long
With desires all bright and new
I waited throughout the day
I waited throughout the night
I didn't even sleep
Or close my eyes right
But you were so much busy
And you were so much lost
In this frenzy world
That doesn't pay the cost
And all those drops of tear
I dropped in pain and moan
And in the state of hurt
Till the appearance of the dawn.

Missing You sunny

Seema Chowdhury
Time Is An Illusion

Time is an illusion
So do not run after it
Or else you will be disappointed
And you will lose faith

Try to turn sour into sweet
When emotional events occur
Laugh at yourself first
And then heal deep wounds of life

For time is an illusion
So do not run after it
Or else these long shadows
Will create fear and doubt

Learn to enjoy this road trip
Be prepared to enjoy your day
Let breeze carry you away
Towards a crisp and a bright morn

Try to find the path to joy
And choose happiness now
Believe in life's miracles
And bring hope into your day

For time is an illusion
So do not run after it
Carefully map out steps
To make life better

And remember that to be happy
You must learn to swim against tide
And turn reality of life
By approaching one day at a time

Seema Chowdhury
Time Moves On

Time moves on and drags us along
And push us deeper into a hole of struggle
Where we walk in the world of sorrow
And axis of suffering
With unexpected questions
In an empty and echoing hallway
Beyond the visible world
Where our emotions make us sick
And we don't know what is
Around the corner and up ahead
Where deep loneliness takes away our trust
And uneven strokes of pain
Fill doubts and fear in our journey
And trap our exhausted soul
In the whirlwind of life and living...

Seema Chowdhury
Time To Change

1) Work towards your goal and strip away negative feelings and thoughts.

2) Accomplish your purpose and plan to achieve your target towards a better future.

3) It is time to change; so learn and grow your mind and let your imagination let wild.

4) Write your own philosophy of life and feel positive energy flowing inwards and outwards.

5) Shape your thinking and open your mind to new experiences to perceive reality.

6) Set new milestones, stay focused and dream bigger with each step that you take.

Seema Chowdhury
December 15, 2017

Seema Chowdhury
Timeless Dimension

In this timeless dimension
Future is a question mark
Where one thing ends
And another begins in just a moment
Where unspeakable fear grip our soul
And reoccurring pain and trauma
Discharge our emotional battery
In the midst of noise
And confusion of everyday world
Where feelings of sadness and displeasure
Make us speechless
And give more reason to doubt and fear
And world looks like a blank paper
Ready to write another story
Of adversity and pain
Where in the chaos and hurt
We lose memories
Shed many tears
And walk on the wrong track
And run to catch
The shadow of a passing cloud
To discover how the next chapter
Will unfold
In the dismal dark...

Seema Chowdhury
Timeless Dimension Of Life

In this timeless dimension
Future is a question mark
Where one thing ends
And another begins in just a moment
Where unspeakable fear grip our soul
And reoccurring pain and trauma
Discharge our emotional battery
In the midst of noise
And confusion of everyday world
Where feelings of sadness and displeasure
Make us speechless
And give more reason to doubt and fear
And world looks like a blank paper
Ready to write another story
Of adversity and pain
Where in the chaos and hurt
We lose memories
Shed many tears
And walk on the wrong track
And run to catch
The shadow of a passing cloud
To discover how the next chapter
Will unfold
In the dismal dark........

Seema Chowdhury
Timeless Masterpiece

As you start a brand new journey today
Capture small moments in pieces of time
And take a leap of faith with courage
To improve your day at early dawn and dusk
Find peace and tranquility along the way
And add meanings to your wonderful life
Take a moment to enjoy the beauty around
And experience the magic of magnificent nature
Enjoy gorgeous glowing golden sunset
And believe that amazing thins will happen
See the mesmerizing reality of your life
And put your endless efforts to create peace
Look through the lenses of timeless masterpiece
Enjoy life's lessons you have well created
Remember this is your life and you're the writer
So write the best story as you start new journey....

Seema Chowdhury
December 11, 2016

Seema Chowdhury
Timeless Moments Of Life

This is the timeless moment
Of beauty and grace
In which we exist
Caught in the ebb and flow of life
And touch the roaring waves
That appears and disappears
Unevenly and roughly
And build a momentum......

This is the timeless moment
Of dreams and comfort
Where I can vividly hear
Call of the ocean,
Rustle of the leaves,
And even my silence is
Hummed with energy
And a new perspective is born......

This is the timeless moment
Of rejoice and celebration
Where there is no place
For 'What Ifs' or 'If Onlys'
And only thing that I want to do
Is to paint my life with rich colors
And fill it with fragrance
To welcome the fresh Spring of life.......

Seema Chowdhury
Timeless Question

In those simple moments
When the day's rush dies down
And events start reshaping time
And throwing away the burden
Of bitter sweet ending

I look at the waves
Dancing on the shore
With the long road of shadow
On lonesome path
And try to analyze
Every conceivable aspect of reality

Where nothing but
The empty sound exists in the silence
There I ask myself the timeless question
'When all this will end? ? ? '
Over and over again..........

In those simple moments
I look at the journey for the day
And feel lonely and hurt
But still try to tackle difficult tasks
That sends shock waves through
And change the game completely

I walk on the unlit roads at night
Where waves dance on the shore
With bitter sweet ending
And ask myself the timeless question
'When all this will end? ? ? '
Over and over again..........

Seema Chowdhury
Timeless Space Of Friendship

In the timeless space of friendship
We find
Lovely memories
Nostalgic Moment
Unique affection
Big hugs
Pat on the back
Love notes
Encouraging remarks
Wonderful whispers
Funny smiles
Important days
Careful thoughts
Shared secrets
And many
Small things
And
Big things
To tell you
That you're very important
For someone
Who cares alot
For you
And your happiness
And value your friendship
More than anything
In the world....

Thanks For Your Friendship Sunny

22nd Jan 2009

Seema Chowdhury
Timeless Tales Of Time

Teach others how to live
And how to cherish lovely time
Teach them how to survive
In odd and even rhyme
As people with positive outlook
Can bring real happiness wish
And show others the joy's path
To share God's love and bliss
For this is the time you can
Create a timeless tale
With meaningful life's experience
So you can never fail
Ever again in your life
And know how to lessen the burden
When loss out weighs the gain.

Seema Chowdhury
Times Are Tough

If times are tough
And things are rough
Then find your way
In each day
And don’t feel blue
For life brighter view
Will come for you
For it is due
So in such a time
Try to align
With joy and fun
Before this day is done.

Seema Chowdhury
Time's Language

Time is an endless song
Where everyone speaks
And hear
Spontaneous language
Of
laughter and mourn
Hurt and heal
Love and hate
War and peace
Sweet and sour
Swift and slow
And
Glee and dim
That gives us
delicate thoughts
to reach
The stairs of
Truth's imagination-

Seema Chowdhury
Timing's Everything

Hear bell toiling in the distant
And absorb eerie silence around you
See the waves breaking on the shore
And understand the complexities of the world
Don't let uncertainties drive decisions
Be strong and shift the gears
Explore new avenues and hit the road
And instead of fighting against the current
Be the builder of the bridge
And know that Timing's everything

Speed up your life to reach your destination
And put all noisy thoughts behind you
Think about positive things in your life
And let the sunlight come through the shade
Remember this chapter may be over
But life has a funny way of continuing
So look for big and exciting wins
And ride off into the sunset
And be the builder of the bridge
For you know that Timing's everything

Don't be stunned by the silence
Try to understand the complexities of the world
Hit the road to finish the unfinished task
Calm the indistinct and confusing shoutings
Use your wings to fly to write your story
For this is your moment and you are a star
Turn your thoughts around and don't hit the walls
Expand your perspective and shift the gears
And be the builder of that bridge
That prepares you, for Timing's everything

Seema Chowdhury
Tiny Drops

Behind the lashes of the eyes
Behind every pain and sigh
These tiny drops really rest
For they I think are the best
But one thing I'll surely remind
That they're i think so blind
For they just flow down and drop
From the eyes we cannot stop
For we get them when we're hurt
Or stuck in a situation curt
But they are the real thing
That i think can only spring
From the core of a painful heart
That needs a boost to once more start
A happy and a cheerful day
And wipe away tears from the way.

Seema Chowdhury
Tips For Self-Care

1) Sincerely take care of your mind, body and soul.

2) Enjoy a beautiful walk in nature and let off some steam.

3) Bask in the sunshine and feel refreshed and energized.

4) Drink clean water throughout the day and stay hydrated.

5) Get enough sleep every day to be productive and optimistic.

6) Eat healthy food full of nutrition and vitamins to give you energy.

7) Identify and change bad habits and replace them with good ones.

8) Read and learn something new every day to feel accomplished.

9) Hold on to your dreams firmly and hang them on the dream catcher.

10) Write something blissful in your gratitude journal and always smile.

Good Morning!

A beautiful and crisp day is waiting for you, embrace it.

Seema Chowdhury
January 20, 2019

Seema Chowdhury
To A Wonderful Daughter Samia

Enrich your life
With special people
Who love and care for you.....

Learn from your experiences
And look for untapped opportunities
And take a leap of faith.........

Keep pace with the shifts
And never give up
Learn to hang on and tie a knot.......

Remember you are very precious
So bring smile and joy
To the world and people around you........

And be a source of comfort and peace
Share your hope and joy with others
Unconditionally and unselfishly....... 

so when you analyze your life
It is full of meaningful and special memories
Joy of the present and dream for the future.......... 

Happy 15th Birthday Baby Doll.
Mama Loves You Very Much.

Seema Chowdhury
To And Fro

Many people come
And many people go
Life goes on
To and fro
Where we meet
And discover life
And many reasons
How to survive
So if something
That you expect
Do not occur
then don't regret
And do not shut
The door on you
For soon you will
Find things anew
And many people
Will come and go
And that's how life
Will move to and fro.

Seema Chowdhury
To Do List

First thing on my To Do List
Was to take off the mark
Of fear and uncertainty
From my life
And keep questioning
The What, Why and How
And
Change the world
And try to discover
The reason
Of sad episodes of life
And why I felt like
Life was peeling me
In layers
And cold wind in wilderness
Was crushing
Against my face
And I was struggling
To hold back my tears
In the most painful moment
Of life.....
And in the middle of all
I hoped to find
A brief moment
Where I could hear
My own words echo
The sentiments
And Increased Hope.......

22nd jan 2009

Seema Chowdhury
To Heal The Pain

I need a balm
That can calm
And heal the pain
That's making me insane
I wish to stop
And never to drop
Even a tear
In trouble's year
And that's why
I wish high
Balm once again
To heal my pain.

Seema Chowdhury
To The God's Road

If you feel
You have gone astray
Then look at
The mountains
The landscapes
The rainbows
The dew drops
The waterfall
The flowers
And then
Soon you'll find
Your way back
To the god's door...

Seema Chowdhury

Seema Chowdhury
To The Path

Today
I've participated
in
A risky game
By
Following the deep foot steps
Left by
The inflicting pain
And
The web of troubles
That will
Eventually lead me
Either
To the path of everything I want
Or
To the path of nothing at all....

Seema Chowdhury
To The World Of Fun

Enter joyfully to the world
Where lives adventure and fun
And seek for pleasure and joy
Before life's day is done

For good and bad
Here both survives
So learn to pick
For you good life

Because it gives to all
And offer to all the best
So now its up to us
How to appear in this life's test.

Seema Chowdhury
To Welcome 1996

I wish you joy
I wish you smiles
I wish you stay
Away from trials

I wish you luck
I wish you fain
I wish you stay
Away from pain

And I wish you always
learn to welcome
new year's days
And learn to sum

Joy and fain
In the coming year
And thank dear God
For showing his care.

Seema Chowdhury
To Welcome My Baby

I'm anxiously waiting
To welcome my baby
And provide her
A rich and fulfilling life
Where
No sort of pain
Can enter
And only pearls of joy
And beautiful visions
of real happiness
Is seen.....

Seema Chowdhury
To Welcome The Baby

A gift of God
A gift of love
A gift of bliss
From heaven above
Has been sent
By the Lord's hall
In the form of a
Lovely baby small
Please join with prayers
And share our joy
As God has sent
For us his toy
As a loving sign
Of His care's breeze
From the heaven above
From His bliss tree.

Seema Chowdhury
To Welcome You

With happy smiles in the eye
I'm wishing you joy that is a tie

That binds together all in love
That's gift of God's heaven above

I'm glad today you're coming home
For without you things seemed very alone

And everything appeared as dull and bad
And we didn't have anything to be glad

But now I'm glad because you're here
And just like before we can share

All our laugh, smile and sorrow
And dull and bright today and tomorrow.

Welcome Home Mother! ! !

Seema Chowdhury
To Welcome Your Baby

A baby is a God's precious gift
That is sent for this world's uplift
To fill with lots of joy and love
The life of parents who really deserve

May your darling little one
Whether its a daughter or a son
Bring real joy to both of you
And fill your hearts with happiness too

That will last through out the life time
And sing for the joyous rhyme
And will fill for you the bucket of smile
That will spread flowers in trouble's pile

And I'm really very glad today
That God showed you his blessing's way
By giving you a darling baby as a gift
Who is sent for this world's uplift.

Congratulations sadaf & Rashid Bhai! ! !

Seema Chowdhury
Today And Tomorrow

Learn to live
Today and tomorrow
For this will take
Away your sorrow
And will show you
New paths in life
To discover ways
In them to survive
And learn in life
To collect pleasure
And with joy and fain
Enjoy your leisure
Then you'll learn
how to love life
And how in it
With today survive.

Seema Chowdhury
Today Is The Day

1) Learn the tips and tricks of life to succeed and enhance your concentration.

2) Remind yourself that you have everything inside you that can help you to dream and grow.

3) Invest in yourself, upgrade your skills and reboot your life.

4) You have a potential for greatness. become fearless and unleash your talents.

5) Don't let obstacles stop or slow you down. Get started, today is your day.

Seema Chowdhury
February 6, 2019

Seema Chowdhury
Today Is Your Day!

Verbalize your thoughts and clear your mind of negativity
This is the moment in your life that matters most to you

Get your thinking cap out and let your hope shine bright
See the world around you with a different lense and focus

Learn to move beyond and navigate through challenges
Take advantage of the window of opportunity and be mindful

Be the beacon of hope and translate your positive thoughts
Map your mind and count on silver linings in the clouds

Remember pain takes long time to heal so don't give up
We can all relate to the painful experience so don't stop

Find real meanings and fulfillment in your everyday life
And start your journey towards learning and healing

Know that today is your day and it's yours to own
So don't let negativity get in the way, clear your path

Fill your sack with hope, faith, prayers and gratefulness
This is your day so enjoy and see God's hands in everything.

Have a blessed weekend!

Seema Chowdhury
Today You Are 2 Uzair

Two little laughs and two little smiles
Two little splashes of fain for a while
where all gathered together in one place
To spread joy and fun in your pace

Where birds are waiting to sing you song
Of birthday wishes for so long
And doves are chirping along with birds
And all those sounds can be clearly heard

Including your cute voice when you talk
In the path of life where you walk
Because all know that today my dear
You are under God's loving care

As you are growing and turning two
When your life will show things that're new
So all we wish for you sweetheart
Is a victorious and a successful start.

Seema Chowdhury
Today's Sunrise

The sunrise that I saw today
was so different in my way

As it showed me a glimpse of care
And looked to me very sincere

I don't know how to say more
But it opened for me the door

Of so much blessings of the God
That I accepted it as His reward

It had the shine so very bright
It's view was really a pleasing sight

That for those few moments I felt as a part
Of all these beautiful joys of my heart.

Seema Chowdhury
Together

I want to stand
And cheer together
My
Desings of tomorrow
Marvelous Blessings
Glamourous images
Colourful expressions
Leisure hours
heaven's wind
Gentle breeze
Good words
or
May be I should say
I want to share
Every second of my life
And myself
With you........

Happy Anniversary Sunny

Seema Chowdhury
Tomorrow Is A New Beginning

In the busy streets of life
walk on the footpath
Where high rise buildings
Overlook the town

Glance back on the rising sun
And step away far enough
To see the bigger picture

Join the parade of life
And enjoy the carnival
And know you must make connections
To live by

Shake things a little bit
And deal with reality
And when beautiful sun sets
And evening scene bring close to the day

Just stand in silence
To measure your pleasure and pain
And bring a warm look on your face
And smile gently and know it is the end
For tomorrow is a new beginning...

Seema Chowdhury
Tomorrow Is Another New Day

Let life flow through the array of time
And let good things come in the way
Keep believing and have firm faith
For tomorrow is another new day

We have to always prepare ourselves
To answer What, How and Why of life
So take carefully another point of view
And stay open to new possibility drive

Base your feelings on faith and spirituality
And bask in the sunshine of hope today
Absorb all the positivity, joy and peace
And connect through time's flowing array

You are not alone so don't fear or doubt
God is always there to love and protect you
Just believe that you are here safe and fine
And you will see healing will come too

Stay cool and calm to be effective dear
Then happiness will come your way
Keep believing and have deep faith
For tomorrow is another new day.

Have a nice and blessed weekend!

Seema Chowdhury
Tomorrow Never Comes

Tomorrow never comes
Because of the
Dishonest
And
Hypocrites
Who
Decieve you
And
Create hinderence
In your way....

Life is strange
At times
You feel lost and sad
Because of trusting
And not judging
People...

And then at the end
Echoes of the pang
From your past comes
To haunt you
And show
The hidden landscape
Of your life.....

Seema Chowdhury
Tomorrow Will Come

Tomorrow will come sooner than you know
Be open to possibilities and realize your dreams flow
Prepare yourself and be willing to learn and grow
For life is a journey and a gift with a big bow

Throw away broken pieces from yesterday dear
Try to understand every aspect of life's layer
It's time to tell your story to the world with cheer
For we play differently but with same hope and care

Believe in yourself and be smart and always strong
Follow your passion and reflect on events of daylong
Never be scared, be brave and things won't go wrong
And love the role you're playing in life and go along

Focus on life and see the world in a brand new light
Problems and darkness will fade away from sight
Just open to possibilities and realize a life of delight
For tomorrow will come sooner with hope bright

Have a blessed day!

Seema Chowdhury
April 17, 2018

Seema Chowdhury
Too Much To Ask

Why cannot life
Shows us
All we wish
All we hope
And
All we want
Or
Even just
One wish
One hope
And
One want
Is it too much to ask
And wish to be happy
And hope to live in peace
And want to survive? ??

Seema Chowdhury
Top On My Wish List

The message that I wish to share
The message for all whom I care

The message of love and peace
Is what I wish to send to cease

Any trouble or pain's tear
From the eye's of whom I care

I always hope and wish to see
The shining and bright face of thee

And wish may all that you wish
Be given to you through God's bliss.

Seema Chowdhury
Tough Task

Living in this world is a tough task
Where life is like flowers in a flask
That not only has fragrance and beauty
But carries with it thorns and duties
Where people are mostly selfish and mean
Who become source of trouble unseen
That blocks the road and mostly your view
Of beautiful scenes and lively hues
So try to live and take a start
With courage and hope and learn the art
And remember that living is a tough task
And to live here you have to wear joy's mask.

Seema Chowdhury
Tough Times

Tough times never last
So don't let mope to cast
The spell of grey and blue
'Cause it's very bad for you
And always remember my dear
That life is not only pain's layer
Troubles do come, but they return
Giving happiness its turn
So stick to hope and hold 'em
And with prayers each day hem
Your life's rough and uneven edge
And then let your luck judge
what should be given to you
In return of the gray and blue
Whether tough time again
Or should it return you fain? ? ? ?

Seema Chowdhury
Towards A Known Goal

Fill your mind with positive words
And start your journey of life
Let this life unfold itself
In ways that are clear that survive

And learn to handle trouble and pain
And move towards your goal
For many unknown images will appear
In this life's deep dug hole

But remember that nature is a healer
That helps us all through time
And then one by one we all learn
To sing same tune and rhyme

And save yourself in getting into
The endless loop of thoughts today
For it'll trap your thought and mind
And will hide your vivid way

Just know that life is a real test
That we all take one by one dear
And move towards unknown goals
To finally reach its end layer

So don't hide your fear or pain
Just pour it out all today
And find your real goal of life
With positive things in the way.

Seema Chowdhury
Towards God

Turn your heart to God
For He's your only Lord
Who understands everything
That is here in the ring
For all our joys and cries
And all our how and whys
Can only be answered by Him
Who loves us with a vim
And only He can fill with joy
The emptiness of our days
And can wipe the pain
And deep shadows of the rain
So turn your heart to God
And know He's your only Lord.

Seema Chowdhury
Towards The Sky

keep hope in your eyes
look up towards the sky
And ask help of dear God
who is your only Lord
And know that at God's door
You can always ask for more
And ask for His blissful rain
To wash away all your pain
And remember that only God
Has the power to broaden
Joy's path that's narrow
For you to dismiss sorrow
So always open your eyes
And look up towards the sky
With the hope of seeing God
Who is your only Lord.

Seema Chowdhury
Traces Of The Vague Mist

I peeped through the veil of mist
Over the vast and distant horizon
And saw bitter suffering and muffled sorrow
Staring at the faded rainbow
Standing on the edge of the
Ebb and flow of life
And crushing waves on the shore
With broken hope and unfulfilled dream
Appearing and disappearing
In the midst of the vague mist.......  

Where time stood still
And moon hid under the thick clouds
To conceal its shine and light
In the mysterious frost and fog of the darkness
Where everything seemed quiet and hushed
As if words have lost its meanings
And moments are empty and closed
And overwhelming scatteredness of life
Spoke unspeakable sadness of emotion
Under the burden of dwindled fortune............  

Seema Chowdhury
Train Of Thoughts

My train of thoughts is going away
Where bygone memories are ready to sway
And show all nice things of past
That're coming and going all very fast
It may sounds wierd, but that's true
Life is not always coloured with hues
There are many parts that are white
Which doesn't look good even to our sight
But still we have to cope with them
With care and hope and prayers hem
And know that one or in another way
This train of thoughts has to sway.

Seema Chowdhury
Trapped

Trapped in a web
Of
Real life-
Surrounded by
Nostalgic passions
And
Strange memories...
Life goes on and on
Without
A sight of happiness
Or
A smile of encouragement.....

Seema Chowdhury
Trapped Inside Myself

I am losing count of my long days
I am losing count of bygone years
I feel deeply trapped inside myself
And do not find peace anywhere

I feel like a prisoner alone and sad
Where lingering view shows nothing
But the opposite end of the spectrum
Reflects mingled memories crushing

I spend my days and nights searching
For the unfamiliar answers of my 'Why'
But nothing except for hazy sketches
Strongly infront of me just standby

Because no one understands
what I am going through
Even I don't know what to say
And how to smoothly get through

I never thought life will ever be
So cruel, so harsh and so hard
Where my fate will eventually hand me
Clueless hide and seek memory card

And I will remember nothing but
Jumbled up, bent and lost ways
And I will sit quietly but anxiously
Counting long and meaningless days.

*** Written for my beloved mother, who is suffering from Alzheimer***

Seema Chowdhury
Treasure

A smile is a treasure
That brings us pleasure
And gives us time
To flow in joy's rhyme
And enjoy all of it
And every fun's bit
So try to gather
And put together
Life's difficult road
And trouble's load
Glued all together
With smile's weather.

Seema Chowdhury

Seema Chowdhury
Treasure Of Friendship

Friendship grows dear and dear
with every passing year
And leaves behind
Memories all kind

That plays a part
Very important in heart
As it spreads love
That's a gift of heaven above

And leaves memories
To cherish and please
And brings pleasure
Of friendship treasure

And know my dear
That with every passing year
Friendship leaves behind
Memories all Kind

That bring tears in the eyes
And also smiles that are wise
And tell us that we are not alone
In this world of pain and mourn.

Seema Chowdhury
Treasure Of Happy Memories

Enjoy each second of your life
And learn to exist not just survive
And plan for each coming day
That comes passing by in your way
So each day that ends today
Can bring you some hope in a way
And leave behind it a great pleasure
Of happy memories that is a treasure
That colour your life with a colourful hues
And wipe away all your life's blues
So for that learn to collect this treasure
With happy memories to bring you pleasure.

Seema Chowdhury

Seema Chowdhury
Treasure Your Love

Treasure the precious gift of love
As love is the gift of heaven above

That is given to all from God
As his gift, as he is the Lord

For love is like a pretty flower
That blooms without not care's power

So show to all the care they need
By the act of care and good deed

And remember never to waste it dear
As this gift is surely very rare

That brightens the day and the night
And brings to all joy and delight.

Seema Chowdhury
Treasure Your Pals

Treasure your pals and think of them
As a rare jewel of your crown's gem
And know that they are the one
With whom you always have joy 'n fun
For friends always make you feel good
And they stand beside you like a wood
Whenever you are passing through trial
Or when life seems dull for a while
So whenever in life you feel bad
Or nothing seems even a little glad
Then you can always turn to them
For they're jewel of your crown's gem.

Seema Chowdhury

Seema Chowdhury
Treasured Things

All the things you treasured
And kept close in your heart
Will save your day forever
And will show you a start
During bad times of your life
When everything seems lost
And no one is there to share
The pain and the hurt's cost

For what goes around
Surely comes around
So paint your dreams
And colour day's ground
And seek the truth
And go for more
And wash away stress
And knock on hope's door

And then you'll certainly see
How healing touch of prayers
Will mend all the cracks
From life's broken layers
And how treasured things
From your past days
Saves your soul and heart
From pain and hurt's ray.

Seema Chowdhury
Troubled Heart

When you get
A troubled heart
That is full of gloom
And it again start

A dull day
Of tears and cries
And a collection of
Many many WHYs

Then don't ever get
Upset my dear
Just wait and hope
And you'll get all fair.

Seema Chowdhury
Troubled Thoughts

In the muteness zone
Of my dreamland
I met troubled thoughts
All scattered on the sand
That were thinking all
About my life
And how hard it is
In it to survive
I wish sometimes
To close my eyes
And lie down there
To sleep there to die
Where no one will come
Again with trouble or pain
Nor life will suffer
With fear in life's lane.

Seema Chowdhury
Troubled Way

I have lost my way
In this frenzy land
Where everywhere
Trouble's sand

Is spread out in
the way of mine
Where everywhere
In the line

I only see
pain and distress bar
Standing in the way
Both near and far

That blocks my view
Of a brighter day
That's why I see
Troubles spread in the way.

Seema Chowdhury
Troubled Way Of Life

Why troubles are more than joys?
Why we have less time to enjoy?

Why tears always dropp down?
And make us gloomy and brown?

I wish I can find the reply
Of all my troubled why

And can satisfy my soul
And joyfully then play my role

And wait for the appearance of a day
When free from troubles be the way

Where I can peacefully sleep
Forever never to wake, very deep.

Seema Chowdhury
Troubles

Troubles are like pebbles
And like weeds among flowers
That must be cleared out
With hope and courage's power

For there is always hope
That is waiting to be seen
For tomorrow is a new day
So start it and be keen

And just when life's things
Seems all falling apart
Then don't cry or ever mope
Just with a courageous heart

Remember to play your role
With hope and courage's power
And clear out all your troubles
Like weeds from pretty flowers.

Seema Chowdhury
Trouble's Hill

Life is full of hills
And trouble's mills
Where pains 'n agony come
To end your day and sum
The troubles it has given you
To block your joy's view
So walk carefully on it
As it holds distressful kit
That doesn't let you smoothly walk
On this trouble's way and talk
So try to find a road
Where no trouble's load
Comes in to block your view
Of joys 'n pleasures dew.

Seema Chowdhury

Seema Chowdhury
Trouble's Kit

Life is the most
Difficult test
Where its hard
To get things best

For living and being
Happy true
Is a difficult task
To perform too

So don't feel lost
Or tired of it
For life comes in
With the trouble's kit

Where each day
We learn a lesson new
On how to handle
Life's trouble's view

And over come them
To start with fain
Each new chapter
Of loss and gain.

Seema Chowdhury
Troubles Pile

No tears to cry
No joys to smile
I feel I am stuck
Under trouble's pile
Where I don't know
What to do
Where I feel lost
In trouble's blue
Where sky above me
Is dark and gray
And everything is full of
Doubts I will say
I wish just once
Again I can go
Very far from here
In my dreamland so
I can swap it all
In to things in fain
So I don't feel hurt
With this trouble's pain.

Seema Chowdhury
Trouble's Wall

Work on problems
When they are small
And do not build
This trouble's wall
Because life has
Both good and bad
And things that are
Both sad and glad
So own up your
problems in life
And learn with
them to survive
And find ways
How to share
Troubles and pangs
To show care
And work on problems
When they are small
And do not build
This trouble's wall.

Seema Chowdhury
Troublesome Life

Sometimes its hard to understand
Why life is troublesome on the land
And why can't we get to the place
Where we can sketch and trace
And create for us some smiles
That color our life for a while
I wish to get the hope's perfume
To wash away and clear the gloom
From the life of mine and all
And wipe away troubles even if it's small.

Seema Chowdhury
Troublesome Path

The strom and troubles
Of this world's life
Have snatched joyfull moments
For trouble's alive
And have left me all
Alone to walk
On the troublesome path
Where pain's rock
Are blocking my way
And the ride
Of smooth walking path
From every side.

Seema Chowdhury
Troublesome Things

Don't make ups and downs of life
Make you feel its hard to survive
And don't let these distress bring
You the world of troublesome things
For this is life and this is what
You will get in life's dot
So if you can't take it more
Then go to the prayer's door
And ask God to hold your hands
As he is the one who understands
And tell him to take you out
Of these troubles and doubts
And seek for his blessings way
To make perfect your life's day.

Seema Chowdhury

Seema Chowdhury
True And False

All true are false
All false are true
All the right and wrong
And the right is few

All the pro are con
All the con are pro
All the foes are friends
And the friends are foe

I don't know why
It is like this
I wanted to know
The answers of this quiz

And the weird answers
And its reply
Of the simple question
In which I ask why

Is because this is
True facts of life
And even if you hate
You still have to survive.

Seema Chowdhury
True Blessings

The echoes of the kind words
Are the true blessings of my God
Who is all knowing and all hearing
And helps us all in odd

Who greets us all in grace
And abundance of care and love
When we try to approach Him
For He is the king of heaven above

He unlocks the magic of joy
And warms our hearts and His bliss
So we don't feel left out
For whatever in past years we have missed

He promises to show us more
Lovely and happy days
If we approach him in hard time
In many blissful ways

And brings us close to joy
And remove all shadows of doubt
And show us the brighter side
Of hope and faith aloud

And He is the only one
Who bring true blessings for all
For He can unlock the magic
Of true blessings in our fall

Just approach God with faith
And let Him hold your hand with smiles
And help you to walk happily
In life long bitter miles.

Seema Chowdhury
True Colors Of Life

Life's painting is full of
Flowers of distant hues
Where thorn and bushes
Also come into view
Where dew drops shimmer
On the edges of leaves
And show us life's days
Some long and some brief
Where pain and pleasure
Clear sky and cloudy day
All follow each other
In many distant ways
And this is how we can
See true colors of life
And know in God's world
We're sent with them to survive.

Seema Chowdhury
True Feelings

Say what you mean and mean what you say
Don't let time to pass by your way
Just keep looking for the good luck's kit
You might get lucky 'n get a hold of it
And keep a loved one by your side
And don't try to ever hide
Anything that is good or bad
Anything that can make you glad
And always take time to rejoice
And listen carefully to your inner vioce
And have dreams 'n accomplish great things
For good and bad all moves in a ring
So avail every chance that comes in your way
And say what you mean and mean what you say.

Seema Chowdhury
True Friends Are Forever

True friends are forever
And that is true
Specially if I am
Talking about you

Because you gave
New meanings to my life
And showed me ways
To brightly survive

I really want to
Thanks you today
For doing everything
That you do and say

And hope very soon
For all your concern
God will reward
You in return.

Seema Chowdhury
True Gift Of Hope

A happy face with tons of smiles
That helps to brighten my day for a while
can surely be no one other than you
Who shows me life's brighter view

For you are a marvelous person my friend
With whom I don't need to pretend
Who always some how always know
How to brighten my days go

For very few people who meet us in life
Really knows trick in this world to survive
And can unlock this happiness key
The sad heart and set it free

And today I surely cannot find
More words that are nice and kind
that can tell what I want to say
And the nice things for you that I pray

For you are dear the actual source
Who taught me the happiness course
And showed me life's brighter view
With the gift of hope that is true.

Seema Chowdhury
True Joy Of Life

You can never reach the place of joy true
If you keep on putting off it too
For some future day of your life
And think without it you can survive
So try to be happy in whatever you do
And know that joy that is true
Is only found along life's road
If you can learn to press it's code
And know that true joy in life
Needs to be seeked 'n found in drive
In the drive of this life
Where we ar all bound to survive.

Seema Chowdhury

Seema Chowdhury
True Life's Gift

When dawn breaks a new
And life's colour seem true
When sun starts shining bright
And life's puzzle falls right
Then try in your own way
To spread happiness in your day
By bringing the gift of a smile
That'll help you to go long miles
And spin the prayer's wheel
And see if you can steal
Some joy and beauty and care
That's found in each layer
Each layer of this life
Where we all hopefully survive
And awaits crisp morning's view
To celebrate life's gift that's true.

Seema Chowdhury
True Love

True love withstand all tests of life
And teach you life more cheerful rhyme

To sing and pass the days of life
And learn newer ways to survive

For when we feel good about someone
Then we wish them lots of joy and fun

And care very much for their smiles
And help to carry their troubles piles

So refuse to settle for less than true love
For it surely is a great bliss in pain's curve

That God has made so pain could cease
And everywhere can shine the sun of peace.

Thanks Sunny for your true friendship! ! !

Seema Chowdhury
True Love's Hue

From dawn till dusk
And dusk till dawn
I waited for you
From night till morn
And thought of all
good times we had
And all nice things
That made us glad
I miss you jan
And love you dear
Without you there is
No joy, no cheer
And every life's path
feels like a stone
And there among them
I feel very alone
So come back quickly'
And once again with hue
Fill my life's days
With your care and love true.

Missing You Sunny dear

Seema Chowdhury
True Measure Of Success

Success is a journey
in the path of a test
Where we all hope
To always get the best

For God put us
In the test of life
And then take out
And give best to life

So don't ever count
Troubles in between
That arises in the way
For that's only the mean

Through which one can
learn to count
True measure of success
In his own account.

Seema Chowdhury
True Source

True Source
of happiness
Can only be achieved
If we can learn
To get a relief
From troubles of life
By thinking they're part
Of every one's life
In mind and in heart
So instead of feeling
Bad or blue
It's good to look to god
For hope's hue.

Seema Chowdhury

Seema Chowdhury
Truly Special

In quiet hours
I collect
The memories of you
That is hidden
Deep inside
My heart and my mind
Because
For me
You are truly special
And
Most important reason
To survive......

LOVE YOU SUNNY

Seema Chowdhury
Trust In God

Trust in God
And believe in him
Ans surely he will
Help with vim
For only He
Really understands
And lend us his
Helping hands

For God is the one
Who knows all
Things bothering us
Either big or small
And that's why whenever
We're in need of him
he surely come forward
And helps us with vim.

Seema Chowdhury
Trust In God With Your Heart

Trust in God with all your heart
And believe that He's always there
He knows what is your mind
And He surely loves us and care

He helps us to improve and grow
And is there to hold our hands
He helps us to plan our daily life
For He's the one who understands

He is there every step of the way
And He exists and rewards us all
He knows our weakness and mistakes
And He catches us before we fall

God Almighty is always there to listen
All our stories of trials and anxieties
He shows us in many different ways
How we can achieve His bliss and smile

Just go and know on His door
With trust in God's with all your heart
For he is merciful and all-knowing God
Who will help you with a blissful start.

Seema Chowdhury
February 11, 2017
Trust Your Heart

Trust your heart if you want to win
And love what you have
And believe that no one
Absolutely no one
Has a better life than you
And then you'll see
A unique sparkle
Will touch your life
And will give you hope
And you'll find
A positive outlook
And your own path
To walk on
To live your life to the fullest-

Seema Chowdhury
What is truth? It is not the reality but Its only a fact that appeals to us And then we accept it as a truth...

God has given us A gift of choice Where we must Learn to trust The flow of life And pursue carefully In the aisles

And believe that Truth is The seed of faith That spouts and flourishes With time and tide.............

Seema Chowdhury
Truth About Life

Where does it start and where does it end
Its the on going show thst is following its trend
And passing through the roads that're straight and bent
And do not give anyone the chance to pretend

Yoe oh dear that is what life is all
That takes you high but then cause to fall
Just like the small bouncing ball
That stops when its tired in life's ahll

So don't think that you'; ; always stay there
For this world is only a place my dear
Where people can stay till they can bear
This on going trend of life that is rare

So don't waste your time in this world and know
That life is like ahuge stage show
Where people stop by but then must go
Because when time comes they can't say no

So its better if you go to the door
Of God and then stay in prayer's floor
For that is where you can never get bored
Because God's love is rare and pure.

Seema Chowdhury
Truth Of God's Words

Forget the hurts and pain in your life
And listen to the truth of God's words
Ask for His mercy and His tender help
And don't give up, quit or feel stirred

Surely life is hard and bitter at times
But it also has beauty if you search dear
Where gorgeous day will appear with love
To bring you heavenly peace and cheer

Just don't give up and hang on to them
Unpack your worried and burden of pain
And maintain your trust and faith in God
By asking for His blessings and gift of fain

Build strong relationship with your Lord
And hold His hands when you feel alone
He will steer your boat out of the storm
And help you in twists and turns unknown

And will bring you smile and wipe your worries
With His tender blessings and delightful care
So you can forget all pressing pain and hurt
To enjoy heavenly beauty with peace my dear.

Seema Chowdhury
Truth Of Reality

Bask in the deep truth of reality
And find your own unique voice
Get swiftly ready to rise and shine
And know you have a say and a choice

Connect with people and find meanings
And keep moving forward with life
Give it one more chance to expand
And identify new ways to survive

Build blocks of hope and explore
Hidden paths and secrets of the day
For life is a worthwhile journey
Where you have many choices and a say

Just step in with confidence and joy
And learn to let go of the past
Move forward and make splashes
And know in this world at last

You can color powerful imagination
And can redefine aspects of your life
By finding your own unique voice
And basking in the truth of reality’s drive.

Seema Chowdhury
Try It One More Time

One more time
One more time
Try it one more time
Make it flow in life's rhyme

Don't ever lose hope
Or sit back just to mope
Just get up and open the door
And let faith enter in life's floor

For faith is that contagious shine
That brings hope and smile's wine
And show you beginning at the end
And straighten life's path when its bent

So hang in there and trust in God
Who is your ever loving Lord
And put your trust and hope in him
And he will hold your hands with vim

And will lead you towards the light
Where everything is shining bright
That will swap all darkness with the shine
Of faith and belief and love's wine

Just try it again one more time
With motivation to lead life's rhyme
And bring you back the message of hope
That teaches you to stay away from mope.

Seema Chowdhury
Try Once More

After ther on going course of your life
Search for new ways to survive
For nothing but only time can bring
Changes in your life's messed up ring

So don't feel down, bad or blue
Just try to seek for the happiness hue
And don't give up on your hopes
Just cling on to this happiness rope

I know it is easy to say than to do
For hope is just like a morning dew
That sooner or later fades away
Without waiting for what we have to say

But today I know if you'll try once more
And knock with the hope on prayer's door
Then God will answer you in this way
And will surely send more blessings for your day.

Seema Chowdhury
Trying Day

I'm
The prisoner of ideas
Where
All my unfulfilled wishes
Get collected
And
Then
In the end of the trying day
I
Hear my own voice
Crying
Sobbing
And
Mourning
For
The stumbling blocks
I meet
Everyday-
That
Over loads my brain
With
More and more
Negative thoughts......

Seema Chowdhury
Tune Into Life's Adventure

Know what is around the corner and up ahead
Respond to the world around you
And don't let any experience go unmarked
Acknowledge its significance..................

Then only you can find peace within
And will tune into an event
That is happening right now
For the signs that popup in our lives
Tell us whether we re on the right track or not.........

Jot down your impression
Of the outside realities and pick up the vibes
When life flashes back
For it will help you to come out of deep loneliness
And rebuild your trust..........

And know that there is one more step
That you have to take to tune in
Into life's adventure
And that is to crawl out
Into the fresh morning air
And learn to let go
And come forward and watch  silently
The significance of life..............

Seema Chowdhury
Tune into your feelings
And don't be hard on yourself
And don't give up if you don't win now
For there is always a next time
And a right way to live

Just try to flourish and see new beauty
Every season of your life
For life has endless possibilities
So don't let your dreams fade away
Take a moment to share and trust in yourself

And prepare yourself to bring back happiness
That has left through the front door of life
By lighting up your surroundings
And by celebrating life fully
And by tuning into your own feelings....

Seema Chowdhury
Tune Of Life

Compose a tune for your life
Here let only joys survive
And learn to colour your life's view
With happiness and fain true
And live in this world my dear
And look to bring love and cheer
And try to walk on the road
Of smiles by sharing the load
The load of all troubles and pain
That comes in the life of fain
Because that's how tune of life
Comes in and for you survive.

Seema Chowdhury

Seema Chowdhury
Tune Up With Answered Prayers

Unpack your worries and tune up
Look for God's miracles and His embrace
For only He can dull the oozing sorrow
That we feel in our aching heart and soul
Sit and rock gently to soothe your tears
And cling on to life's rhythmic movement
Don't be scared of the twists 'n turns of life
Just hang in there for God always help us
In our greatest time of need and despair
And only God can answer our prayers
And bestow the renewed sense of excitement
Where we can breathe freely in the cool breeze
And enjoy the golden light of the sparkling sun
To warm up our soul, mind and heart
And shun the negative thoughts that drift across
And unpack worries to tune up with prayers.

Seema Chowdhury
Turn A Life Around

Learn to dance in the rain
Learn to grab the moments of fain
And learn in here how to survive
Taking bitter bites of living and life

Remember that in your way
A simple thing can change a day
And can help you on God's ground
To turn a life of yours around

And make your smile a source of joy
Learn in pain how to enjoy
God Almighty's blessings and his love
That he sends from heaven above

And when you will learn to play
With life's pain and trouble's clay
Then you will see how one by one
Pain will diminish and bring you fun

Just try to stay away from mope
And generate with care some hope
And this will turn your life around
To help YOU and others on God's ground.

Seema Chowdhury
Turn Back The Clock

Turn back the clock
And let me knock
Again on the door
On my past floor

Where memories are sound
And is keeping an account
And carries n its arm
A gift of precious charm

Where neither pain nor sorrow
Is there to borrow
Any moment of joy
That's God's toy

Where no one keeps
Eyes that weep
Because they all unload
Their tear's heavy load

Then quietly go and sleep
In God's lap that's deep
Where happiness always dwell
And ring the joy's bell.

Seema Chowdhury
Our passion and desires make us who we are
So have good intentions and be a shining star

And find your source of love and light
So you can twinkle for others in dark night

Become a solid bridge and a very strong link
And don't allow troubles and distress to let you sink

Act brave and find your inner self my dear
And believe in the strength not your fears

Turn the page and read what will come next
And find the significance of this life's test

Search for a new beginning and a great start
Collect hope and faith for your own cart

And remember all the wounds will heal over time
So show gratitude and move on with your rhyme

Just get over bitter trials of pang and tears
Find your own smile and discard your fears

And turn the page to read what will come next
So you can find the significance of your life's test.

Seema Chowdhury
Turn To God Almighty

Turn to God almighty when you feel low
Turn to God when things are slow
Ask for his help and his love
And peace and bliss from heaven above

Just know that God has all the power
To give you strength and courage's tower
And fill your mind with thoughts bright
And show your his love and divine light

So do not give up or cry
Just hang in there and once more try
And hope to see a bright tomorrow
Filled with sparkling moments without sorrow

Where God will connect you with his love
And will send his blessings of heaven above
To set you free from worries and pain
So you can move on with fain

So cultivate your relationship with God
For he is your almighty Lord
Who can shower his miracle's show
When you are drowning in pain low.

Seema Chowdhury
Turn Your Life Around

Turn your life around
Before it touches
The ground
Of
Agony
And distress...
And learn to hide
Your pain
Under the deep dug
Curles of passion...
Where
We fail to produce
Expected results
And there
In this outside world
We are left with
No choice and options.....

Seema Chowdhury
Twists And Turns

Life comes with twists and turns
Where we start and then return
On new points at the end of the day
And learn life's lessons in a way

Where overwhelming scattered-ness of life
Teaches us lessons in this world to survive
And countless miracles of God appear
To show us how to overcome our fear

And we learn to listen to the whisper of our heart
To give each day a beautiful start
And let colors and images lift our soul
And teach us to overcome our sigh and dole

And as the days go by and flow
We play bigger games of life glow
And learn to tie our happiness bow
And present it as a gift you know

And pray to God to keep our spirit alive
And teach in the storm and snow to drive
This vehicle of life without any fear
With the help of God's miracles those appear

For life is a song that we must sing
While going through this endless ring
And live our dreams from start to the end
Till we overcome all twists and bends.

Seema Chowdhury
Ultimate Friendship

We spend our lives living life
Looking for someone
Who can make us feel
Special...
Cared...
Loved...
And wanted.....

Who can give us
Life's lessons....
A reason to hope
Infinite joy
And inner peace.....

Who's presence feels like
A soft breeze
A lover's whisper
Stars in the dark
And brings smile in the eyes...

And that is
The sign of ultimate friendship

And I'm lucky to have
Found a friend
A best friend in YOU
Who cares for
My happiness and smiles.....

Thanks and Happy Anniversary Sunny

Seema Chowdhury
Unanswered Queries

So many queries
Are still lying
Unanswered
And
Unattended
On the path way....... 
Where
I have to search
For my way
To
Get on with my life.............

Seema Chowdhury
Unarranged Strokes

I'm dabbling with colours
On the canvas of life
Searching for the right
Strokes to drive
The car of my hopes
All filled with hay
With unarranged strokes
Of black and gray
where I find no one
To bank in times of stress
Except for broken images
That have more or less
Covered my empty canvas
With patch work of blue
That shows betrayed hopes
And life's image and view
That wants to uncover
The veil from the face
Of harsh and cruel life
For me to bitterly taste.

Seema Chowdhury
Unavailable Peace

Peace is the most
Rare commodity
That is unavailable
And is stored in
An unreachable place
Called
Deep satisfaction of soul
Where only
Sailing clouds
Heaven's wind
And the flying thoughts
Of wonder
Can enter
And show you
Harmonic rhythms of life
And play
A perfect piano of joy for you....

Seema Chowdhury

Seema Chowdhury
Unaware

Sometimes I feel
In this life's deal
I don't know what
Is going on in a lot
And that is why
I feel its pain 'n sigh
Moving all around
On this god's ground
And feel very blue
And don't see a hue
To colour my life
Where I survive
But then from somewhere
Rainbow appears
And colour my life's days
In many different ways.

Seema Chowdhury

Seema Chowdhury
Unbundle And Untangle Worries

When life takes unexpected twists and turns
Don't harbor negative feelings deep inside
Express yourself and try to understand them
Don't let one bad thing cascade into another
Life is a long, challenging and a hard journey
And sometimes we are knocked off balance
So it is good to learn to untangle your thoughts
And feel the crispness in the air all around
Just have a plan in place for the daily battle
And pay attention to disentangle knots
Reflect on your feelings and face life head on
Cope with difficulty in the present moment
And catch up with everyday focused reality
Life is one big dynamic squeal of emotions
So accept them all as they appear one by one
Open the window and let sunshine in full
Absorb positive energy all around you
Smile with a radiant and an open heart
And move forward to unbundle worries.....

Seema Chowdhury
Uncertain Fears

Banish all your uncertain fears
For morning is bound to appear

that can add aglimpse of sunshine
To brighten and lighten the way of thine

Because if you feel blue or sad
And inside you feel torn and bad

Then everything will be gloomy to view
And you can never come out of feeling blue

So banish all your uncertain fears
And believe that morning is bound to appear.

Seema Chowdhury
Uncertain Steps

Sometimes
I feel as if
I'm walking on the path
Where
Fearful doubts
And uncertain steps
Are following me............

Where
Dark woods stretches
Down hill
And long
Stony
Bitterly cold
And
Broken roads
Are all scattered
Infront of me

And
At each cross road
I see
Breaks and hurts
And
Nostalgic diversions
waiting for my
Decision............

Seema Chowdhury
Uncertainty

I'll never know what
I'll never know why
I'll never know how
Why I suffer pain and sigh
Where a host of grievances
Amassing for years
Greet my life's alley
With abundance load and fear
with the load of disappointment
Frustrations and cramps
Soaking life's rigid walls
And leaving it broken and damp
And that's what makes life
Uncertain and astray
And leaves me to leap in the dark
with vagueness for the day
And that's why I try
To take that first step out
That'll tune my life's rhymes
And will clear all my doubts.

Seema Chowdhury
Unchained Wishes

My Wishes are many
But words are few
I hope and wish
A life for you
A life that is
Filled with care
And many other gifts
With all to share
And today I'm sending
Wishes for you
That're unchained dear
And are sincere and true.

Seema Chowdhury
Uncounted Sorrows

Sometimes
I feel as if
Soon
A time will come
When
My sorrows and hurts
Will not be counted
Easily...

Seema Chowdhury
Under A Cloud

Even under a cloud
With mist and doubts
Are present dear
Not just fear
So have a look
In every nook
And then you'll see
Hope coming to thee
From the silver line
That is align
Under the cloud
Of mistrust and doubt
Are the candles of hope
So never ever mope
And look with faith
And feel great.

Seema Chowdhury

Seema Chowdhury
Under God's Wings

God help me and hold my hands
And take me today under your wings
Help me to find love and peace
And enjoy happiness endless ring

Let me find my soul in deep prayers
So I can easily find my lost self today
And I can focus on the path of strength
To fight back tears that come in the way

God help me to wipe the sadness and grief
That is spread all around on this Earth
Please make me the source of joy and love
Where everything can sparkle and bring mirth

Where I can sit and recall memories
That are hopeful and lovely to make me smile
So pain can vanish like rain and bring back
Peace, solace and comfort for a while

God please help me and hold my hands
And take me today under your caring wings
Give me the wisdom and courage to celebrate
And smoothen the ride of happiness ring

So I can have a clear heart and soul
And I can recognise my emotions today
And clear my mind of the painful events
To find peace and solace in life's way.

Seema Chowdhury
Under Gracious Lord's Blessings

May your soul always rest in peace
May Heaven's cool and lovely breeze
Cover you forever from every side
Under All-Knowing God's blessings wide

May all your prayers and virtues speak
And take you to Heaven's highest peak
Where you always enjoy Lord's grace
And there mercy and blessings embrace

May the list of all your wonderful deeds
Help you there to plant happiness seeds
And bring you good wishes and lots of care
Where you enjoy with Lord's love my dear

Even though we love and really miss you
We know that you are with peace hue
Smiling under the shadow of Heaven dear
With the gift of your virtuous deeds care

May Gracious Lord be forever on your side
May Heaven's breeze blows far and wide
To cover you and bring you the gift of peace
Where all your sigh and pain forever cease.

Miss you Sumbul Apa & Saad
May God Almighty bless you both.

*Written on the Second Death Anniversary - June 15, 2017*

Seema Chowdhury
June 14, 2017
Under The Brilliant Blue Sky

Live a simple and a peaceful life
Be happy, at peace and start afresh
Absorb in God Almighty’s beauty
And enjoy the art of grace
Spread the brilliant colours of joy
See leaves dancing in the breeze
Capture the glory of your Lord
And strengthen your faith and belief
Be a part of something that matters
And seek the pleasure of your Lord
Express your gratitude and respect
And walk on the candlelit path
Make your life better and radiant
Truly trust in God for He’s your friend
Ask for His love and forgiveness
And to renew your heart and soul
So you live joyfully under the blue sky...

May The Lord guide your each step today and always.

Seema Chowdhury
March 27, 2018

Seema Chowdhury
Understand God's Grace

Be strong and courageous for life's race
Accept the gift of virtue and understand God's grace

Reconnect to the presence of your gracious God
Who loves you the most as He's your merciful Lord

Pause and reflect on important things in life
Add a new dimension to the perspective drive

Prepare yourself for the year ahead my dear
Make room for joy, happiness, hope and cheer

Start your journey towards healing and enjoy
Get over anxiety and stress to move towards with joy

Remember you have a lot to offer so sparkle your light
And with positivity always spread your energy bright

Pray to the Lord to direct and guide your way
Where you can walk humbly and don't go astray

So soak your soul, mind and your heart my dear
In Gracious Lord's kind words of love and care

And be strong as well as courageous for life's race
By accepting the gift of virtue and God's grace.

Seema Chowdhury
Understand Happiness

Happiness is what
Myself I asked
And thought to define
Is a difficult task

But when I thought
All about it
It came to my mind
With a thought swift

That happiness is actually
A great big power
That helps in our heart
To bloom joy’s flower

And to truly enjoy
What we must do
Is to understand happiness
With a heart that's true.

Seema Chowdhury
Understand Your Life's Plan

When suffering hits you dear
Don't sit back, quit or mope
Walk and pray to the Lord
And look for the door of hope

Feel all the joy and pain
But then quickly get over it
Do not let your heartbreak
Or give up just bit-by-bit

Be content with all that you have
Show gratitude to your gracious God
Draw your own life's roadmap carefully
To understand your life's plan with the God

Set direction for your own life
Change perspective if you have to
But never give up on hope and care
Always see this prospective new

There may come times of suffering
There may be some days blue
So just stand up and talk to thy Lord
He loves you and will listen to you

Seema Chowdhury
January 6, 2018

Seema Chowdhury
Undone Years

Save the undone years
Try to stop your tears
And instead of hunting wild
Be cool and calm and mild
Because right now the rhyme
Is all suspended in time
So learn to earn a ray
With noises of the day
The ray of the silence note
That always gives the vote
To save the truth dear
With things of far and near
And then with it you can
Learn to clear the ban
And save the undone years
Of your precious life dear.

Seema Chowdhury
Unending Trivia

Life is
A constant flow
Of
Unending trivia
Where
We cannot avoid
The bad
And
The unfavourable......

Where life's problems
spoil the moments
And
Flood your soul
With darkness
Worries
And fears.........

Seema Chowdhury
Uneven Strokes Of Life

On the huge and empty canvas
I threw some paints and colors
And then let it freely flow
Like blank and free verses

I came forward and silently watched
It crawling softly
Between the ups and the downs
And highs and the lows of life

They were all uneven strokes of life but significant.........

And then my life flashed in front of me
With outside realities of vibrant colors
That high lighted the signs that popped up
And left marked and unmarked tracks to follow

That led me to the water brook
Where I poured my soul
And all the troubles and worries
And there I learnt to seek life

And see around the corner and up ahead
To pick up the vibes to ensure myself
That I'm in the flow of life
In the right place, at the right time

They were all uneven strokes of life but significant..........
Unexpected Smile

An unexpected smile
Under trouble's pile
Feels good and nice
And looks wise
So try to smile
Even for a while
When troubles come'
And you are numb
With fear and rage
And stuck in a cage
For it is a bliss
And dear this
Really works great
And increases faith
And gives you strength
To cut down length
That is created by
Troubles and sigh
And shows you morn
With a bright dawn
That ends the night
Of troubles and fright.

Seema Chowdhury
Unexpressed Thoughts

Don't let thoughts go unexpressed
Let it help someone who is depress

And learn to say nice things dear
To make others feel happy and cheer

For words and thoughts and good deeds
Are the magical rare seeds

That spreads the crops of joy and fun
For all before the day is done

So let nice things meant by you
be expressed through thoughts all new

So it can brighten someone's way
And make it a fun packed day.

Seema Chowdhury
Unfinished Conversation

I lit the candle
And sat aside with nostalgic memories
In the corner of my world
With terrifying silence
where memories were alive
And the pain was apparent
As I looked at myself
In life's mirror........

Where I counted and uncovered
Hidden layers of loss
Accompanying darkness, suffering and despair
Where things I wished to say
Were never said
And things I wished to share
Were never shared before........

And over and over again
Time was interrupted
By unrelated popped up windows
That changed the course of the brook
And showed me the rawness of life
Some empty hopes
And the doubting voice
That never let me finish
My unfinished conversation
About disconnected pace of life
To express my pain and chronic frustration.......
Unforseen Reality

If you run into road blocks
And you are scared and alone

If you feel you cannot see past your sorrow
And your emotions are jumbled and colliding

If you feel walls are crawling on you
And you feel miserable and sad

If you are suffering with unfulfilled desires
And you feel tied and bound

If Unforseen reality of life appears
Meet you with disappointment and grief

Then don't give up or lose hope
Just take a short break from life

And focus on important things
With passion and understanding

And let out unexpressed wishes and desires
And zoom on the finish line

And write your own guiding philosophy
And take strong steps to organize your life

Don't hang on to the Unforseen reality
Overlook and ignore pain

And envision your world with hope
And rainbow twinkling all around

Where clear sense of direction
Will give you fresh and deep insight

And will get the happiness to flow
To nurture real smile to spring life.
Unheard Sighs

Im the victim of this world
Don't let my sighs go unheard

For I'm tired and extremely sad
And feel tired as things are bad

For art of living is never found
On this earth and on the ground

For life now has a bumpy ride
And sorrows path is now so wide

So its better that I accept it all
As trouble's gate, its bricks and walls

And enjoy sadness of this world
And let my sighs go unheard.

Seema Chowdhury
Unique Power

There is
A unique miraculous power
Hidden
In the sweet
And soft
Touch of love
That
Gather flowers
Of sweet fragnance
In
The garden of happiness
For
Everybody.............

Seema Chowdhury
Unique Ways

God has his unique ways
To bless and to give
God has his unique ways
To grant and to shed
God has his unique ways
To assign and to endow
Because
He himself is a unique being
Who has the power
And all the control
To shed his blessings
Upon us...

Seema Chowdhury

Seema Chowdhury
Unjust World

In this unjust world
Door of Opportunities
Closes
One by one
Without any warning
or regrets
Leaving me alone
Curled up with troubles
All by myself
Toying with
My imaginations
In wilderness.....

Seema Chowdhury
Unknown Chapters

In life's book
Many unknown chapters of despair
Appear
In the middle of no where
without
Any begining
Or ending
And then we're forced to suffer
And read them all through
Without any reason-
Atleast
Once in a life time-

Seema Chowdhury
Unknown Dreams

Unknown dreams
That I have seen
Through the years
With so much care
Is falling apart
And is taking a start
And is telling me
That for thee
Life is hard
And like a card
Where is written
My fate's mitten
And then at last
I followed the vast
Lines on my palm
With a mind cool 'n calm.

Seema Chowdhury

Seema Chowdhury
Unknown Magic

Dream of changing the world
And dance in the sunshine dear
Look for the beauties of life
And come out of trouble and fear

For the unknown magic will happen
That can change your world around
And will swap all bad with good
And take you to the merry go round

Where your love will surely grow
And exciting new ride will start
And happiness lesson of life will reveal
And you'll learn to play fain's part

And you'll see small victories coming
And burning the candle bright
And lightning your heart and soul
And fill it with colors bright

Just have patience and hang on
And wait for the magic to come
For that's what life is all about
It's an equation of pain and fain's sum

Where you're given opportunities to
Dream of changing the world dear
And close the door of disappointments
And enter in the world of cheer.

Seema Chowdhury
Unknown Test

Life is a series of unknown test
Where less chances are given to rest
So try hard and do your best
And then on god leave the rest
And don't you ever feel sad
And think that everything is bad
Because nice 'n things that are glad
Are present to be replaced by bad
So if you feel tired and blue
And you don't see any brighter view
Then ask gracious god to help you
And show you life's colourful view
And know that in this world unknown
Life is considered as a cone
That melts in the hands of your own
So lick and enjoy this vanishing cone.

Seema Chowdhury

Seema Chowdhury
Unknown To World

the soft breeze stopped
When
I pen my thoughts
About
The resentful and discouraged
And
Unresolved pain
Known as life
That follows
An endless changing pattern
Unknown to this world.

Seema Chowdhury
Unlighted Candle

Why is there so much dark?
Why're events leaving their marks?
Why is there no more joy?
And why am I like a toy?
I wish to come out of the mope
And become the follower of hope
And light the unlighted candle
And don't be scared of sigh's scandal
I want to bring sunshine into shadow
And want to pick flower from the meadow
And want to believe in this world's coy
That out of sorrow always come joy
I want to be helper to the helpless
And want to bring joy to the joyless
And want to light the unlighted candle
And don't be scared of sigh's scandal.

Seema Chowdhury
Unlimited

The limitless sky
Above me is spread out
That showers
Unlimited
Troubles
Agony
Distress
And pang
For me to bear......

No, please God
Take this all away
And help me to pass
Through this emotional journey
Called LIFE........

I want to turn the pages of life
One by one
And bring back
Exciting moments
Where I can dance to my tune
And make magical memory
And surprise myself
By finding comfort
In what has changed
And what is new............

Seema Chowdhury
Unlimited Horizon

Enlarge the dimension
Of your life
And
Widen the
Unlimited Horizon
And
Try to make
A better world
To live in
For life is full of
Opportunities
That are still
Unexplored
And uncovered
Just learn to
Listen
To your heart
And you'll see
That your inner self
Is there
To guide your way
To the brightness of life..................

Seema Chowdhury
Unlimited World

The lesson of life
That I have learnt
In this tiny life
In this unlimited world
Is to learn to express
Whatever you feel
For memories and experience
No one can steal

And learn to live
The noblest life
Do what you need
Here to survive
So when you die
And your days are gone
Then a host of well wishers
Are left to mourn

And life is hard
so learn to fly with wings
So you can survive
In winter and spring
And know how to say
A jolly goodbye
When its time to leave
And fly away high.

Seema Chowdhury
Unlived Life

S....
Shine more rays of inspiration and hope
And feel blessed and hopeful
And open up new vista of possibilities
And have a grand plan to welcome new year
And live your unlived life......

E....
Enjoy the soft color of early morn
And see the clear light of the day spreading
And look at the rising sun
For nothing can be as refreshing as nature's beauty
And live your unlived life......

E....
Each day brings another
Golden opportunity
To a glorious new day
To shine and spread its ray
So live your unlived life......

M....
Move towards a pathway to live up to your dreams
And play a bigger role in life
And see the real you and the beautiful world
You are living in
And live your unlived life.....

A....
Absorb the special moments
And open life's window blinds
And illuminate with a golden glow
That warms and energizes your soul
So you can live your unlived life.....

Happy New Year 2011

Seema Chowdhury
Unload My Troubles

I wish I can sit
In quiet and peace
Where troubles all
Seems to cease

So I can there
be all alone
And can unload
My troubles all known

So then no more
Can come the sorrow
Neither troubles can
Haunt my tomorrow

And I can be
Happy once again
And feel satisfied
In this life's game.

Seema Chowdhury
Unpack The Moment

Keep the channels to joy open
For that surely is the best weapon
That expose us to wonderful and new
Opportunities all hidden in blue

For life is a challenge and a test
In which we must do our best
And learn to decorate it with joy
And find the ways for life to enjoy

Where hope is needed everywhere
Even in the midst of storm and fear
We have to learn with lots of care
To unpack the moments of life my dear

And hold the world with strong hands
And make peace in sea and on land
And build the path to walk down
And find life's victory and its crown

To ride back proudly with cheer
Wiping troubles wind from everywhere
And unpacking moments of this precious life
Where we're all bound to survive.

Seema Chowdhury
Unpack This Moment

God show me your light and love
And help me to see what is right
Take this burden from my sore shoulders
For I'm physically and emotionally exhausted

God help me to crisp my dawn
For my mind is flooded with thoughts
Please hold my hands and save me
For I'm getting carried away in momentum

God give me a break and clear my mind
And teach me to be calm and enjoy life
Heal my wounds and this oozing hurt
And throw away the heavy anchor of expectations

God help me to unpack this moment
And give me courage to walk through
These doubts and fear with confidence
And leave unpleasant thoughts behind

God hold me close to your heart
And let me witness your affection and love
Give me courage to re-decorate life
And see what is worth and right

God life is not smooth right now
I feel as if I'm standing in a storm
That is making my world spin around
With confusing thoughts in my mind

God help me find the recipe of joy
And decorate my life with peace
And without any doubt or fear
Unpack this moment with faith.

Seema Chowdhury
Let me spin
The wheel of fortune
And
Find for myself
The treasure that is hidden
In the tree of dreams
And
Let the fortune's doorstep start
A new chapter
In my life
Of the unpredictable moments
Where
Waves of agony
And
Cruel twists of fate
Are waiting anxiously........

Seema Chowdhury
Unquenchable Zest For Living

Life is a blessing
That must be accepted
with
Pleasure
Satisfaction
And
Delight
And
We must develop
The unquenchable zest for living
For That's a way
To show our gratitude
To God Almighty........
And
Our closeness to God..............

Seema Chowdhury
Unrealistic Expectations

Feelings of
Pleasure
Happiness
And satisfaction
Is a rare commodity
And an unrealistic expectations...
Because
We live in the crowded hours
Of broken days
Of depressing life
That releases
Sorrow
Bitterness
And harsh words
In the craziness of
Life's transition-

Seema Chowdhury

Seema Chowdhury
Unrealities Or Realities

Value your pleasure
More than anything
And
Occupy yourself entirely
Like
A self absorbed person
Because
Even before you'll know
It'll end
And
The pleasure's vision
Will be swapped
with the trouble's sight
Leaving you to choose
Between
The realities
And
The unrealities? ? ? ?

Seema Chowdhury
Unrequited Love

Learn to reciprocate love
In silence
and through words
For
An unrequitted love
Is like a twisted soul
Captured in a storm! That has lost
Its image
Its shape
Its rhythm
Its purpose
And
May be also
The mere reason of its existance........

Seema Chowdhury
Unseen Delight

See things in a different light
For there are many unseen delights
Which can surely be full of pleasure
And can make things look like a treasure
And don't only look at the dark side
For world surely is very wide
So drink deep from the cup of life
And enjoy every minute in it that survive
And know if you'll work in your pace
Then surely in this world's race
You'll be able to overcome your pain
That's making you feel down 'n insane
So donot grieve in trouble's pile
For I always like to see you smile
And see things in a different light
For there're many unseen delight.

Seema Chowdhury

Seema Chowdhury
Unseen Treasure

I'm waiting anxiously
On the edge of this life
To see the treasures
That exists and survive
In each stage
Of this earthly life
where difficulties follow
My each drive
Where my soul's desire
Are hidden and lost
In this frenzy world
That doesn't pay the cost
To any precious tears
That dropp from my eye
To show their pain
In troubles and sigh
And here one day
I hope to find
the unseen treasures
of this anxious mind
So I can successfully
End this life
without feeling mad
For this wild crazy drive.

Seema Chowdhury
Unsettled Matters

Life is a series of
Unsettled matters-
With a huge burden of
Remorse
and a great pile of
Unwanted storms
Unbelievable queries
And
Undesirable journey
Where
Terrible twist of fate
Greets everyone
In the way
shattering their dreams
And
Showing dead end roads
To walk on-

Seema Chowdhury
Unsorted Fields Of Life

Sort the Unsorted fields of life
And pay attention to your surroundings
For life is very complex and difficult
So tune into the world and gain new insight

Don't be scared of darkness or thunder
For sun will shine through the rain
Just feel your way along the dark
And walk along the gravel ground

Try everything until the very end
And know that life is a precious gift
So wrap yourself in the laughter of joy
And reach out for life to embark on your journey

Just learn to sort the Unsorted fields
And unhinde your strength and courage
And don't give up or turn away in the middle
Pay close attention to your surrounding

For echoes bounce off subtly around us
So be humble in spirit and do not grieve
Just hang on and take protection in God alone
And seek help with patience and prayer.

Seema Chowdhury
Unspent Moments

Recently
We have been staying
so much apart
In
Different worlds
That now
When I think about
Those unspent moments
Your presence
Makes me feel
More alone
And there
I see myself
Laughing alone my own joys
And
Crying alone my own griefs............

Seema Chowdhury
Unspoken Desires

Know what you want and go for it
For desires hold value in its every bit
For everything that you ask from life
Is not what you get in reality's drive
So keep some of your wishes 'n desires
Wrapped in the paper of unspoken wires
And then quietly pray to god
To bestow his blessings as his reward
And give you all what you wish
From his greatness, as a bliss.

Seema Chowdhury

Seema Chowdhury
Unspoken Fear

Sometimes I feel
As if
In darkness
I'm
Left alone
To walk............
With
Some unspoken fears
Where
Even a small noise
Sounds like
A thunder.............

Seema Chowdhury
Unspoken Needs

There are needs
That are
Unspoken-
Not because
They are extensive
Or
Grand
And
Not because
They are insignificant
Or
Small
But only because
There are no ears to hear them
No eyes to see them
And
No time free to give them......

Seema Chowdhury
Unsure Feelings

Uncertain.....
Flickering....
Rambling...
Or
May be I should say
It is
Just a unsure feelings
Whether
I'm wanted or not? ? ?
whether
I'm cared or not? ? ?
Whether
I'm loved or not? ? ?
It makes
My whole life a mess-
And
makes me hide myself
In
The memories
Of
The silent crowds.....

Seema Chowdhury
Untangle Knot

Smile, smile, smile
For it brings sunshine
And shows you the path
Where you can dine
Each and every second
And minute of your life
With fain and happiness
And joy's drive
For smile is a magic
And it has got the power
To overcome troubles
And bloom peace flower
So do not feel upset
Or hopelessness in your way
Try to bring the light
And the happiness ray
By smiling through your troubles
And wiping away tear's array.

Seema Chowdhury
Until The Last Day

In real life
Everyday we graduate
Until the last day....
So expand your field of happiness
And don't walk away from life
And know life is a lot more fun
When we share good things with others

So renew your soul
And expand your horizon
And follow the light
When the sun comes up
And make time to meditate and pray
And watch your thoughts and emotion
And generate happiness
To light up your surroundings
In the world around you.......
Until We Meet Again

May sun rays shine on you
As God's gift that is true

May rainbow glows your way
And brighten your each day

May rain washes away your pain
And swap it with the fain

May love touches your heart
And show a bright new start

And may all this brings you fain
Until we shall meet again.

Seema Chowdhury
Death is not the end of life
It's just a brief journey and a drive
That takes loved ones to see the Lord
And meet with our compassionate God

So we must be prepared for that day dear
And tell loved ones not to dropp any tear
For everyone's life will flash before the eye
So we must work hard to make it a worthwhile try

For people who die only leave
To meet again one day after a brief
Pause and a break with joy, smile and cheer
And welcome others to live in heaven dear

I miss my dad very much everyday
But I know his prayers are always in my way
And all those moments when joy we gathered
By playing and praying and smiling together

I'm sending him my love and prayers today
And know he is basking in the bliss of God's way
And enjoying rewards from his good deeds bowl
For his kindness, greatness and for being a gentle soul

He spread so much love with his smile
He washed fog and mist all for a while
And always showed bright rainbow hue
To all whom he truly loved too

I miss him but know that he is there
His nice advice and his words of cheer
All guide my life and my way
Until we meet again in heaven one day.

(On My Dad's 1st Death Anniversary)
Unused Words

Why did you make these
Words that we cannot use?
Why did you send on Earth
All these different muse?
I love you God my dear
Because you're the one
With whom I can talk
About all my burden's ton
God why is that if we
Try to tell the truth
Then we're left alone
In the zone of hurt 'n truth
And we are told not to
Say anything unkind
Even though they are true
We have to keep it in mind.

Seema Chowdhury
Unusual Circumstances

Let
These ups and downs
Of the moment
Not bother you
Or else
You will feel
As if
You're drowning in
The dark deep sea
Of
Unusual circumstances..............

Just remember
That you are
A child of God
Who will not be left alone
Unattended
Ever in life............

Just erase your wrongs
And tie up your energy
And make peace with your past
Then you'll see
How blessed your life is.................

Seema Chowdhury
Unuttered Words

In the world of the muteness zone
I wished to see life's cone

Standing in the way of life
Where we all survived

I wished but couldn't say
Everything that in my life's day

Appeared one by one like a storm
And took over all peace form

I wished to wipe it all
Whether it was big or small

And hoped to gather courage's sight
To utter the unuttered words in white

But unfortunately I couldn't do
Anything to take away blue

That spread mope in my way
And washed all hope away

And brought sad episode of pain
That crushed the wave of fain

And stopped me from seeing sunshine
Spread in layers joy's wine

And showed life's scenes all curt
And forbid me from uttering a word.

3rd Feb, 2009

Seema Chowdhury
Unwanted In My World

I wish
If I can get a chance
To ignore
And elimate
Troubles
And
Problems
From my life's dictionary
And
Make them feel
Unwanted in my world.........

Seema Chowdhury
Unwanted Pang

I don't understand
Why
Unwanted pangs
Easily slips through
The narrow paths of joy
In our lives..........

And then we are left alone
To solve this puzzle
Known as life
Where there is alot of
Puzzling over
The meanings of living.....

Seema Chowdhury
Unwanted Surprise

When everything seems uncertain
And waves of pain
Comes as
A huge shock
And
unwanted surprises-
Then think of the golden moments
In the stream of life
And try to grasp
What has happened
And weep sincerely
And pour out your
Hurt
Anger
And fear forever
Then you'll be able to
Restart
And line up
To your dreams
And
Expectations.............

Seema Chowdhury
Unwrap The Pain

Life is a strange journey
With twist and turns
Ups and downs
Bitter and sweet memories
And dreams that reflect reality....... 

Where we walk miles after miles
To reach our destination
With new dawn and broad horizon........

Where time is sometime uncertain
And hangover thoughts
Make life moving and rolling......

Where things are defined by the moments
And we try to focus of good things
Instead of burning and painful feelings
So we don't feel the numbness or prick.....

And then we learn to challenge ourselves
And rediscover the passionate impulse
To lighten our emotional load
And remove the question mark
To pick ourselves again......

To unwrap ourselves from pain
Difficult drives
Potholes and puddles
And the burden of bitterness
To move in a new direction........

Seema Chowdhury
Unwrap The Present

Unwrap the present
With prayer of
Gratitude and praise
And try to turn your world around
And look for silver tint
In the clouds of doubt
And learn to open your heart
To innate joy and sweetness
And clear away the dust
From your hopes and dreams
And look for the healing words
To fulfill your life and happiness
And put the balm of hope
And feel your life and joy
And peep in carefully
In your inner and outer world
And throw away anger and fears
And when you will do all this
And let go of your troubled past
Then you will see
How present will unwrap itself
And how peace will flow in your life
And will turn your world around
To fill hope and happiness
And colored patterns in your life........

Seema Chowdhury
Unwrap Winter Joy

Satisfy the longing of your humble soul
Come out of your doubt, pain and dole

Make the most of every opportunity to enjoy
Then smile at Lord's gift and unwrap winter joy

Have a grateful heart and pray to your God
Who is your Merciful and Gracious Lord

Who sends on you His blessings everyday
And shows glorious miracles in your way

Look at the brilliant sky and clouds all around
Enjoy drizzle, wind, fog, and ice on the ground

Absorb the beauty of scattered snowflakes pure
And know Gracious God is on your side for sure

Walk on freshly fallen to crisp snow and enjoy
Make blessed memories of fun and lasting joy

Avail this opportunity to learn and spiritually grow
To engage more in life and easily go with the flow

Maintain a positive attitude and light up the way
Choose faith and hope and keep fear at bay

Make the most of every opportunity to enjoy
Then smile at Lord's gift and unwrap winter joy.

Seema Chowdhury
December 21, 2016

Seema Chowdhury
Use Today

Use each day
To find your way
And chances new
So dreams come true
To bring you the best
In each life's test
And give you a chance
In life in advance
To reach out to
Learn something new.

Seema Chowdhury
Use Your Wings To Fly

Use your beautiful wings to fly
Go up and up and very high
Explore new avenues everyday
And count life's blessings in your way

Flow smoothly with the magical current
Hold on tight to all lessons learnt
Hear bell tolling in the distant
And learn to justify your life's existence

Life has many good and bad sides
Where some are narrow and some are wide
So create your own fascinating story dear
And play this game all nice and fair

Use your imagination like a beam
Build your own amazing dream
Paint it with bright shades of love
To enjoy your flight like a dove

Be a source of harmony and peace
Do your best and don't fright or freeze
Know that God gave you beautiful wings
To fly high and enjoy all summer and spring

Be strong and kind my love, my dear
For nothing is stronger than a smile of cheer
And learn to use your wings to fly
To go up and up and very high.

Happy 14th Birthday Sameen
Mama & Baba love you a lot

Seema Chowdhury
Use Your Wonderful Ways

Be nice and kind in each day
And use with others your wonderful ways

And show to others how much you care
And how very much you wish to share

The pain and joy of their lives
In which mostly troubles survive

And give others the treat of smile
And walk with them with joy for miles

And try to be nice in each day
By using with others your wonderful ways.

Seema Chowdhury
Vague Fears

It was vague
It was cloudy
It was figgy
It was fuzzy
it was hazy
It was misty
It was indefinite
It was unclear
Because
It was indistinctly perceived
Because
Of my vague fears
I just don't want
All of my accomplishments
Even though it is less
To go in vain
Because
I don't want to be called
Unsuccessful.....

Seema Chowdhury
Vague Image

from side to side
From width to height
From sky to earth
From death to birth
From rain to sun
From sorrow to fun
From day to night
From pain to delight
From light to dark
From end to mark
There are just
Wild echoes
Unseen parts
And
A hot dry wind blowing
Creating
A vague image
of life.......
Vague Promise

The promises
That are made
With the intention
Of not keeping
is a vague promise
Because
It'll never get a chance
To reach its end........

Seema Chowdhury
Valley Of Moan 'N Doubt

Under the dim light
In the cold night
I'm standing alone
In the valley of moan
I don't know why
There is pain 'n sigh
Everywhere on earth
That takes away my mirth
I really want to know
That is why so
I'm standing here
Under sky's layer
And looking for my God
To even all my odd
And to take me out
From this valley of doubt.

Seema Chowdhury
Value Of A Friend

I really don't know what is the matter
Today dear Farah when I got your first letter
Since then I'm really feeling much better
And I'm thinking of things we did together

last year when I was there with you
At that time I really didn't know
That its hard to get a friend who is true
And who is nice and friendly and sincere too

But now I know the value of a friend
Specially like you who I think weas sent
With lots of qualities that will never end
And with whom I never felt to pretend

And you know how much I miss you dear
And I think if I'll say then it will be fair
that you're a friend who's special and rare
And who is not easily found everywhere

And now w eare far so all I can say
Is that may Lord bestow his blessings today
And always keep sorrows and pain away
And with joy and pleasure fill your life's way.

Seema Chowdhury
Value Of Life

Capture your life
with care-
Every moment
And
Every angle of it
And
Don't act like a soilder
Who is already wounded
Before the battle....

Just sit in silence
And try to find
True value
And lessons of life
And try to get out
And find relief
From anxiety and grief
Then you'll feel
Stress will melt away

And always remember
That hope is a dream
That shines through..
So don't chase the mirage
Find the truth
And admire enthusiasm
And put love in your words

Then you'll find
Space and time
And a special moment
When true value of life
will appear
Before you and your eyes......

Seema Chowdhury
19th Aug, 2009
Value Of Time

Time is precious don't let it pass by  
For once its gone, there's nothing but to cry

So be strong and hold some  
Give some and take some

Time is water, don't let it dry  
For once its gone, there's nothing but to cry

So be quick and keep some  
Use some and gain some

Time is money don't let it fly  
For once it's gone, there's nothing but to cry

So be wise and grasp some  
Give some and gain some

Time is precious don't let it pass by  
For once it's gone, there's nothing but to cry.

Seema Chowdhury
Value Of Your Day

Measure the value
Of your days
Measure them all
In all your ways
And see what you can
Collect in a day's time
That can bring you what
You're looking for in life's rhyme

For life has ups
And life has downs
And life has dull
And bright crowns
So don't feel disheartened
Just stick to faith
And hold on tight
To enter hope's gate

For life is precious
And is like a gift
That God has bestowed
For our soul's uplift
So collect and measure
The value of your days
And measure them all
In your ways.

Seema Chowdhury
Vanishing Band

Time and time again
I wish if I can gain
The secret code to enjoy
Where there are endless joy
For life is full of sorrows
And troubled tomorrows
Where every new day begins
Where we all have to pen
Our dreams in the sand
On the vanishing band
That disappears every day
Leaving memories in the way
And then we have to walk
Without it and any talk
And wish then once again
To seek and find and gain
The secret code to enjoy
Where there are endless joy.

Seema Chowdhury
Verbal Silence

In the darkness of night
In the brightness of light
In the silence of sight
In the violence of light
I heard my thoughts
Talking to me
In
The language of
Mute words
And
Verbal silence.....

Seema Chowdhury
Vibrant Colours

Today
I saw my life smiling
In its vibrant colours
Showing me the ways
To live with more passion
And teaching me the ways
To clear hurdles
That can cause
Complications
And can damage my life--

Seema Chowdhury
Vicious Circle Of Agony

Why can't things be
Smooth on my side?
Why I feel stuck
And lonely In this wide
Vicious circle of
Agony and stress
And inside my heart
Feel blue and depress?
I wish things could
Just change for the best
So I can take a break
And a little rest
A little rest from this
Frenzy stress of life
Where we are all
Bound to survive.

Seema Chowdhury
Vicious Cycle Of Failure & Pinnacle Of Success

No Training, no Growth
No Learning, no Growth
No Growth, no Improvement
No Improvement, no Innovation
No Innovation, no Motivation
No Motivation, no Productivity
No Productivity, no Success
No Success means Unsuccessful
Unsuccessful translates to
Ineffective
Unproductive
Fruitless
Pointless
Unprofitable
Loss-making
Empty and
Failed

This is the bitter truth.

Now let's reverse the cycle

Success translates to
Fulfilling
Profit Making
To the point
Fruitful
Productive
Effective

More Success, more Productivity
More Productivity, more Motivation
More Motivation, more Innovation
More Innovation, more Improvement
More Improvement, more Growth
More Growth, more Learning
More Growth, more Training
This is The Cycle of Success that can help you to reach at the top.

Now, tell me which one would you like to follow?

Do you want to be part of the Winning and Productive team?

Do you want to learn and grow?

Do you want to reach the pinnacle of Success?

If your answer is YES, then say YES to TRAINING!

Seema Chowdhury
June 14, 2018

Seema Chowdhury
Victim Forever

Why are we always
Stuck in the
Twisted rope of troubles?
Why can't we retain
Even a small portion of joy?
And Can stick ourselves to it?
So we can be called
A victim of happiness
Forever and ever...

Seema Chowdhury

Seema Chowdhury
Victims Of The World

We are the
Victims and sufferer
Of
Worries
Troubles
Unhappiness
Misery
Torture
Agony
And
Pain
In this world of
Bitterness and pang.....

Seema Chowdhury
View Of The Rising Horizon

As I move silently through the tired path at day's end
And try to untie and unload my worries of the day
I feel overwhelmed by the events and feel exhausted
I wish if I can sleep in the lap of peace and stillness
And let serenity absorb my agony, pain and doubt

So when I open my eyes to a new day and event
The spectacular views of the magical rising horizon
Change and engulf my surrounding with its colors
Where I feel my existence and presence to the fullest
And see the awarness and enlightenment in the moment

I visualize my life's roughness with changing events
And hope every breath that I take warms my soul
And shows me the light of hope and energizes me
So I can find opportunities of blessings and joy
To enjoy the eternal beauty of the rising horizon....

Have a Blessed Day!

Seema Chowdhury
View Of Tomorrow

Life is
Replete with upheavals
Where
We always run into obstacles
And then
A heavy fog of trouble
Just rolls in
To block
The view of tomorrow..........,

And in the middle of all this
If we want to save our souls
From nostalgic diversions
Then we need to
Learn to find
Joy and happiness
In the ordinary things of life

And when we'll learn
To pick the dropped stitches
To repair
The damaged
And broken parts
And life's links
Then the beauty
Will begin to emerge.............

Seema Chowdhury
View The World Differently

View the World Differently

Seema Chowdhury July 30, 2018

1) Have a unique perspective of things and view the world simply but differently.

2) Find new and innovative ways to overcome obstacles and make life worthwhile.

3) Never see bend of the road as the end, find short paths of happiness to walk on.

4) Don't miss opportunities in life, live life to the fullest and own it.

5) Make small but meaningful and positive changes every day and stop complaining about everything.

6) Act swiftly to change for the better and start doing it right now!

Seema Chowdhury
Visions Of Life

Time
Slips away
Like
Sand from the fist...
Leaving
Another unsuccessful chapter
In life's book
Untouched
And unopened
To show another
Vision of it....

Seema Chowdhury

Seema Chowdhury
Vivid Imagination

A vivid imagination
Of what happened today
Is
that I perceive
As
Bright and distinct
it was truly
Full of freshness and light

What I just experienced today
left
An evoking life Like
Mental image
Which I'll remember
Always and always
Till I'll die......

Seema Chowdhury
Vivid Spring Light

As the season changes
It brings with it
Beauty and hope
And the vivid spring light
And all that was hidden
Under the winter's dark gray clouds
And as it puts up
The show of brilliant colors
It awaken our mind, body and soul
With the soft breeze
And we discover
The magic of hope
And see a bright horizon
Unfolding in front of our eyes
That is gorgeous and breathtaking

And in that warm spirit of spring
We learn to weave together
A magical strength
And make a connection
Between life and living
And then in the middle of all this
We find lasting memories
And a new wave of life
To enrich and walk
On the pathway to freedom
With the promise of spring
In which we learn to
Clear our minds of negative thoughts
And see things from a positive perspective
With divine help and mercy
And the vivid spring light....

***5th poem in spring series

Seema Chowdhury
Voice Of Hope

Moon hath set
In the clouds
Creating so much
Darkness and doubts
I wish if there
Was something I can
Do to clear
There doubts of ban
For everyone feels
And wait for the voice
The voice of hope
To again rejoice
And everyone wants
To understand
The depth of air
That is before hand
I wish every eye
Can see the dawn
That will appear
As a morn
But for that with'
Hope we must wait
And go to the God
And pray at His gate.

Seema Chowdhury
Voice Of Sorrow

Dense clouds
Of despair and agony
Is covering my life
when
I'm unable to
Guard myself against evil-
The evil of
Hushed and dim thoughts
Where
My mind is caught
In the whirl wind of
Inseperable
And desperate words
That are ringing
A hollow voice of deep sorrow
In the air-

Seema Chowdhury
Voice Your Gratitude

Voice your heartfelt gratitude
And show it with your attitude
And thank for every little thing
That brings joy to you in life's ring
And know that gentle words 'n thoughts
Are the keys that can easily sort
Good and bad from poor and best
And make it distinct from the rest
So make sure when someone shows
How much they care for your glows
Then voice your heartfelt gratitude
And show it with your attitude.

Seema Chowdhury

Seema Chowdhury
Voice Your Hope

Do what you think and know what is right
And see how you can make your way bright
And cope with the changes that survive
So you can voice your hopes of life
Take things light and one at a time
And wish for the stroke of good luck's rhyme
And with praise 'n glory spice up your day
And make a fresh start in your way
And know that greater happiness 'n joy
Can be yours if you can focus to enjoy
So polish your image and do what is right
And see how you can make your day bright.

Seema Chowdhury

Seema Chowdhury
Voice Your Opinion

1. Do the right thing against all odds and enjoy the satisfaction of the deep sense of accomplishment.

2. Choose your battle carefully and stand by your principles.

3. Always look forward and set your direction to move on.

4. Voice your opinion, speak up and express your ideas and concerns.

5. Energize your life with enthusiasm and take the next step in your life to realize your dream.

6. Find your way in a fast-paced world and move out of your comfort zone.

7. Resolve conflicts inside you and choose when to hold on and when to let go.

8. Get off to a great start and don't put off things until the last minute.

9. Chase the right dream and keep an open mind about things that are happening around you.

10. Improve your critical thinking, analyze daily problems and find answers to complex questions of life.

Seema Chowdhury
October 13, 2017

Seema Chowdhury
Vow To Do Better

Each day that ends
Has another start
Each sorrow that comes
Has pleasures part
Each rain that falls
Has some sunshine
Just like this
Is the joyous wine
That vows to spread
Fain in the way
If you vow to do
Better each day.

Seema Chowdhury

Seema Chowdhury
Vow's Crown

Keep your voes
And learn to do
Whatever promises
You've made too
And always remember
That in life's show
you have to repay
Whatever you owe
So don't forget
Or ever let down
Your own words
Or your vow's crown
And learn to keep
And always fulfill
your promises my dear
Till the end of your will.

Seema Chowdhury
Wait

wait and never be tired of it
For good luck comes bit by bit
And look for soft warm breeze
That can surely for you freeze
For this is life's fact that's true
Any tears of mope for you
So wait and wait for your time
And let it move to the rhyme
Where your laugh seems to freeze
Like the still autumn breeze
That comes in bit by bit
To tell it is surely worth it.

Seema Chowdhury
Wait Till Tomorrow

Don't feel blue
If sorrows meet you
For sorrows and joys
Are like life's toys
With which all play
In land and in clay
So just have some hope
And now learn to cope
And know in life
Happiness do survive
But its path is narrow
So just wait till tomorrow
When sun will shine bright
And everything will be right
And then you'll feel glad
As things won't be any more bad.

Seema Chowdhury

Seema Chowdhury
Waiting For Magic

I'm waiting to see
A miracle
Or
A magic
That can change
Me and my views
And can take off
The veil of depression
From my eyes
Forever and ever....

Seema Chowdhury
Waiting For The Right Moment

I waited all my life
For the right moment to come
But today
When everything is lost
And I'm a complete loser
I regret for all the
Unsaid and unexpressed thoughts
And for all the unheard sighs
I wish just once
If I could have gathered
Enough strength
And courage
To say
What I have wished-
What I've felt-
And what I've dreamed-
For 'us'
And our lives.

Seema Chowdhury
Waiting Helplessly

Instead of waiting helplessly dear
Why don't you try to find
A path to lit a candle
Of hope and peace in your mind

Because no one else but you
Can find for you a way
To take trouble's burden and load
Off to brighten your day

So do it now for yourself
And give birth to courage in you
And then only you will see
How beautiful this life can be too.

Seema Chowdhury
Walk Along

Walk along life's road
And try to there board
Where you can find fain
Without any glimpse of pain
For life is a great hall
Where troubles are like wall
On which our life depends
And there it only pretends
That joys will be given to you
But we know its not really true
But just to make yourself glad
And put a veil on bad
walk along life's road
And try to there board
Where you can find fain
Without any glimpse of pain.

Seema Chowdhury
Walk away from troubles
And join into this walk
With the joys of life
And learn about them to talk
\And know that it is true
That life shows us bitter end
But we still have to cope
And smile on to pretend
For this is what is life
And this is what we get
In this on going phase
In which our fate is set
And know that in this life
We have to learn to pray
And accept whatever comes
And smile throughout our way.

Seema Chowdhury

Seema Chowdhury
Walk Away From Worries

Walk away from worries of life
And the stormy thoughts
Drop what drags you down
And learn to happily survive

And discover and look for miracles
And smile and enjoy all this
For life holds precious value
And is a gift of a cozy bliss

Count your blessings daily
And start on a happy note
Each day of your life
And for joy and praise always vote

And let happiness freely flow
Like a brook my dear
In your mind and soul
And don't block happiness care

Pat yourself on the back
And everyday sit for a while
Just to relax and watch
Unfolding God's miracles and smile

And let your voice sing
And dance freely like a rainbow
And see your soul walking away
Happily from worries and dole.

Seema Chowdhury
Walk In God's Footsteps

My Dear God,
Please cover me with your mercy and grace
Help me build a strong foundation and base
Give me this strength to look forward instead of my past
To boost my faith and belief so I can be steadfast

My Loving Lord,
Please re-shape my life and bestow your peace and love
Give me the courage to accept your will from above
Let me find answers that I'm looking for
And teach me to swim with the hope to reach the shore

My Gracious God
Please bestow your blessings and glory today
Send down grace and purify my heart's array
Show me your miracles and love my dream Lord
Hold my hands so I can walk in your footsteps, Gracious Lord

Seema Chowdhury
March 6, 2019

Seema Chowdhury
Walk On Smooth Roads

I wish may you walk on smooth life's road
which is filled with joy and an easy load
And may life's tumbling block of mourn
Be transformed for you into a stepping stone
I wish you joyful shinning sky
where everything is flying high
where no clouds of doubt or fear
Comes in the way to snatch your cheer
so always in your life you can live
And brighter touch to others you give
And be for others the shining star
That twinkles to give others light from far.

Seema Chowdhury
Walk On The Road

Why we have to
Walk ont he road
filled with mud
And trouble's load
In difficult moments
With a broken heart
Where quiet desperation
Is taking a start
To enter in the day
With a saddened eye
Where hot tears of mope
Is letting the hope to die
I wish if today I can
Walk on the life's road
Throwing and leaving behind
Broken dreams and trouble's load
And start my life a new
With assurance and care
And once again I can built
My castle int he air.

Seema Chowdhury
Walk The Talk

Walk the talk
And live the change
That you want to see
Stay focused
And look for the answers
That you are curious about

Live everyday
With peace and truth
And whisper your dreams
So when the going get tough
You can send a secret message
To yourself to be brave
And hang on a little longer

Remember most of the time
We learn things the hard way
So always speak the truth
And empower yourself

And know that in between
Ending and the new beginning
All the answers of your life are hidden
So read between the lines
And walk the talk
And live the change
That you want to see.

Seema Chowdhury
Walk Through Life

See the world
Through loving eyes
Learn to bravely
Walk through life
Ease your journey
And absorb reality's sight
And throw away your
Silent suffering fright

Listen to the words
your heart whisper's today
share joyful leads
With others in your way
For every trial we encounter
we learn a lesson wise
And that gives us courage
To give and take advice

Stop and listen
And be careful
For answers will come
From life's lessons
That we will see
Revealing in the open
Secrets deep and dark
To use us as a weapon

For life will give
You an edge to live
And will give you
A chance to excel
And find your balance
In giving and receiving bits
And discover yourself
While walking through it.

Seema Chowdhury
29th Oct,2009
Walk With Faith

We all experience life differently
So let faith play its role in your life
Time has all the answers we are looking for
Don't worry so much or overthink
Start listening to the message life is sending you
Be grateful for the present moment
Experience life one day at a time
Look at the fabulous surrounding
Have the courage to follow your heart
Push down hard so you can soar
Spread your wings and fly very high
Everyday life brings you fresh chances
Avail all opportunities and get what you want
Prove yourself that you are stronger and smarter
Don't quit when life hands over a raw deal
Choose your battles carefully and sincerely
There is always a fork in the road of life
Go forward and walk with hope and faith...

Seema Chowdhury
May 28, 2018

Seema Chowdhury
Wall Of Troubles

Why can't I wipe the fog from my eyes
Why can't I get rid of pain and sigh

Why can't I feel better like before
And can enter to get peace in the door

In the door of prayers and there walk
And then with God I can talk

And tell Him all that is bothering me
And is not letting my soul to go free

Sometimes I feel stuck in it all
And feel trouble is building a wall

All around me and is leaving me alone
To cry in pain and to sigh and mourn.

Seema Chowdhury
War Of Words

Yesterday
I lost another battle
In which
i fought
With
My thoughts
And
My reasons
Or....
Or may be
It was
Another
War of words

I don't want to lose hope
Or Give up
I don't want to suffer
Distress
And loneliness

I want to convince myself
To accept life
As it is
And want to learn
To hold on to it
Now
And forever.....

Seema Chowdhury
Ward Off The Blues

Ward off the blues
By looking at the hues

Of fun and joy
And learn to enjoy

All life's show
In all rows

Of smile and sorrow
Of today and tomorrow

And know very few
Are left life's due

So pay them all
Either big or small.

Seema Chowdhury

Seema Chowdhury
Warmest Thoughts For Eid

Specially for you I am sending
Cheerful words in the way
To brighten the precious moments
Of this very special day
Where bright sun shines through
And rainbow comes along
To lighten all your days
And sparkle all your morns
Where passing moments of the day
Convey bright thoughts all true
That is wished with affectionate care
And special warmth just for you.

Seema Chowdhury

Seema Chowdhury
Was It A Dream

The way everything happened
And
The way I felt
Was so real
And so true
That
I still wonder
Was it indeed in reality
Or
Was it a dream? ? ?

Seema Chowdhury
Watch The Magic Happen

When faith come knocking
On the door of your life
When peace and serenity
Show sign that they survive

Then don't slow your footsteps
Accept this gift of joy
And wish to get a glimpse
And the magic for you to enjoy

Just learn to live with gratitude
For all the blessings of God
And show what you do with them
And be thankful to the Lord

Who bestowed his love and hope
So hurt and pain would cease
And He opened the gates of Heaven
For us to enter with peace

And then open the eyes of belief
And watch this magic happen
For faith is the path to reach the God
And its surely a strong weapon

That gives us strength to live
And abandon our failures and fears
And cling on the rope of hope
To overcome troubles and tears

So just let faith walk in
In the aisles of your life
And show you the magic of God
In this world to successfully survive.

Seema Chowdhury
Waves of thought are floating
And mysterious winds are blowing
With
Aspiration
Fear
Desire
And hope
So don't feel exhausted
Wipe every spec of dust
And hold on to your life
With a desire to move on
And discover and experience
Every opportunity
So you can fill up on happiness
And generate enough
To light up your surrounding
To start a joyful journey
With feelings of happiness
That dwell in your soul
So you can celebrate everyday
Knowing that there are miracles
We just need to find them
To brighten our heart and soul
And surf bravely
On the waves of thought
And bounce into the world Of
Lovely light of desire and hope...

Seema Chowdhury
Way To Tomorrow

Look for a bright
Way to tomorrow
To walk in it
And banish the sorrow
For life is great
And full of pleasure
So learn to find
From it this treasure
And do it all
With faith on God
And he'll surely help
As he is the Lord.

Seema Chowdhury

Seema Chowdhury
Ways To Brighten Up Your Day

1) Design your life and colour in all shades of hope.

2) Keep a gratitude journal and be positive and mindful.

3) Listen carefully to your calling and receive each day as a precious gift.

4) Observe quiet moments to enjoy your life fully.

5) Achieve excellence in whatever you do and enjoy the words of wisdom and peace.

6) Brighten up your day by sharing your joy and happiness with the loved ones.

7) In the time of pain and sorrow don't give up, stay strong and make your way across to God.

8) Start your journey of life and keep your faith strong.

9) Listen to God's voice and see miracles unfolding one by one.

10) Write your own story of hope and reconnect with your inner self.

Seema Chowdhury
March 18, 2018
We Are God's Children

With all our imperfections
God loves us everyday
And to show us this
He send blessings in our way
And gives us opportunity
To enter in the open door
And discover his mercy
More than ever before

God loves us and always wants
To see us happy and smile
And learn to share the burden
And walk with joy for miles
He sends us all his love
To heal our distress and pain
And show us the right path
To walk and get to fain

God sends his beautiful words
To us in the magical layer
And wants us to understand
And ask for them in prayers
And he hold our hands
And teaches us how to cross
the ocean of trouble and pain
And make up for our loss

For we're all God's children
And he wants us in our way
To be happy and be glad
And add prayers in our day
And always look up to him
For he keeps us close and dear
And show in all his ways
His love, blessings and care.

24th March, 2009
We Are The Voyagers

We are the voyagers
Who are travelling
On the ship of life
Whose cargo is loaded
With the freight of
Unseen events
Unwanted troubles
Unwished crisis
Unwilling mess
Undesirous struggle
Unsolved knots
And
Much more.........

Seema Chowdhury
We Can Win The Day

Learn to handle new beginnings of multiple dimensions
Even if there is an unnatural swing of pendulum

Live in this diversed world and shape your view
Watch the sunrise and sunset and it's glow float by

Turn your agony into joy by healing emotional scars
And play with the ray of light before it fades away

Don't relive in the past start looking forward everyday
Come out of pitch darkness into the glowing light

Breath in deeply fresh air and break the moment of pain
And enjoy the cold air that fills your life and all around

Wipe away the tears that stream down your face
And try to put together different pieces of puzzle

Don't swim with the ebb and flow of tangled emotions
For good things will come just keep believing in yourself

And soon with your positivity you can surely win the day
So learn to handle new beginnings of multiple dimensions

Let God Almighty step in to bring you serenity and peace
For only He can help you to shape your view of the world

So you can move from darkness towards light and grace
And get answers of the unnatural swing of pendulum.....

Seema Chowdhury
We Miss You Sweety

I really don't know now
I can't explain you how
But in everything dear sis
Your presence is surely missed

Specially your lovely smile
Your excellent ways and styles
That reflects your sincere love
That's a bliss from heaven above

You're bestowed with a precious gift
Of hope that gives an uplift
To all who are stuck in a trial
And doesn't see things to smile

I remember teh days thta're gone
whenever i was down ot torn
I knew I could look at you
As you always shared my views

And today when you're not here
I miss you very much my dear
And pray taht wherever you stay
May you always spread happiness in the way.

Seema Chowdhury
We Must Admire

When we see something that is pretty and nice
We must admire it without thinking about it twice
Because everything that is attractive my sweety
Is actually reflecting its Creator's Beauty

Its creator who worked with all its dekight
And did very well to make things right
So nice things be there for us to see
that are all very charming for you and me

For all of us were created by God
Our dear God who is our only Lord
Who created not only the heavens and sky
But also small creatures who roam and fly

So when you admire anything that is nice
then we feel very good not once but twice
Firstly because we were given the chance
To see a thing that was fair and advance

And secondly because we made our God glad
By admiring His doings and the things He had
Because anything that is attractive my love
Is reflecting God's beauty from heaven above.

Seema Chowdhury
We Need Your Miracle God

God please help us and make things right
We need miracles to make things bright

For life is unpredictable in many ways
So please come forward and save the day

We feel stuck at some point of time
And need to hear your love 'n care chime

To hold up ourselves and our hopes
And save our hearts from dipping in mope

We wish to hear the peace and serenity song
And see things taking shape as we move along

And find answers to our unsettled thoughts
That can lead our way to miracles slot

Please God help us and save our soul
For we feel stuck and drowning in dole

And know that only YOU can help us today
To clear thorns of pain from our pathway

So we can find courage to face our fears
And wipe from our eyes the terrible tears

And be grateful to you for making things right
And showing miracles to make things bright.

Seema Chowdhury
Weapon Of Hope

In The beginning
Or in the end
In the smooth
Or in the bend
Do not ever lose
Your weapon of hope
Or else you will fall
In the ditch of mope
Just try to remember
And learn to find
Happiness for yourself
And a peace of mind
And then nothing
Will make you sad
And everything around
Will appear glad
So in the beginning
Or in the end
In the smooth
Or in the bend
Do not ever lose
Your weapon of hope
And save yourself
From falling in mope.

Seema Chowdhury
Wear A Smile

wear a big smile
On your face
And from there
Follow the trace
And reach there
Where you can find
Lots of love
And peace of mind
For with peace comes
Joy and fain
That can take
Away your pain
And change for you
Your world my dear
Where only exists
Joys and cheer.

Seema Chowdhury
Weave A Magic Spell

Spread sunshine
Through joy's wine
And know in life
Hard curves that survive
All come in your pace
So you can win the race
And stop growing pain
With the help of fain
Till you reach the code
That can unload
The burden and grief
And brings you relief
By shedding some tears
So in the coming years
You can weave a magic spell
In the place you dwell
By the magic of a smile
For all for a while.

Seema Chowdhury
Weave Your Way

Weave your way into life
And learn the art to survive

And find the reality's side
That can be filled with wide

Happiness and joy to talk
And on sunny road to walk

Because life is hard and bad
That shows no glimpse glad

So look with hope and prayers
To life that's a painful affair

And find things to fill your day
With joy and pleasure's way.

Seema Chowdhury
Weeping Joys

i'm looking
For
The hope's window
And
Fain curtain
In life's prison
Because
The happiness
That is given to me
Is just
The
weeping joys
And
Crying smiles.....

Seema Chowdhury
Welcome 1997

Build tomorrow on today
Throw troubles out of way
For troubles keep apart
Happiness from your heart
So learn in this time
To follow life's rhyme
And do it all with smiles
And know life is fragile
And now is the time to sum
Joys and fains to welcome
New year my dear today
That is just on its way.

Seema Chowdhury
Welcome A Quiet Day

Welcome a quiet day
In your way
Where you can
Drive the van
Of this life
Where you survive
In peace and quiet
To color white
The days of peace
Where trouble's cease
And shows you dear
Love and care
That can lead you in
The happiness bin
Where all your sorrows
And trouble's of tomorrow
Will be swapped with joy
For you to forever enjoy.

Seema Chowdhury
Welcome Ayra

A daughter is a gift of care and love
Who is sent from God from heaven above
To spread with her beauty and her smile
Laughter and mirth all for a while

She brings with her the gift of joy
That sparkles the world for all to enjoy
For she is a sacred treasure of God
That He bestows on us as a reward

A daughter fills our hearts with memories and hope
And makes joyful moments to cling on like a rope
And her presence is like a shining star at night
That is sent to swap darkness with the light

May 'Ayra' be a source of peace and love
May she spreads fragrance of heaven above
And fill your lives with laughter and smiles
And illuminate life's path all for a while

May God bless her with long and healthy life
And fill it with all happiness that survive
And may she be like the blooming flower
That has inside her the strength and power

To spread happiness, smiles and joy
For all around her to absorb and enjoy
And may she spreads cheerful rainbow hue
That fulfill all your dreams and hope true.

***Congratulations Sanober, Mahmood, Ariba & Aneeq.
written on the birth of my Niece 'Ayra'

Seema Chowdhury
Welcome Sunny

The moon that is shining on the sky
The stars that're twinkling so very high

The darkness of night that prevails
Are all joining me and are trying to avail

This opportunity to welcome you
And to send their best wishes too

As we all hope may you always find
All nice people around you who're kind

Who always pray and wish you well
And hope for happiness where you dwell.

Seema Chowdhury

Seema Chowdhury
Welcome Super Summer

The sun embraces us
In its hearty warmth
And shows us radiant and joyful moments
Where our souls bloom
In those treasured hope
And take us to a place of healing and joy...

Where fresh landscape
Laugh under the bright sun
And relationships grow
To thrive with beautiful words
That possess a sunny outlook
That shows us a pathway
To our dreams and a lasting happiness...

Of love and passion
Strength and courage
And energetic persistent
To see life in detail
And feel the over flowing positive energy
That helps to ease the journey as we go through
Little by little with lofty imagination in vivid colors...

Seema Chowdhury
Welcome The New And Amazing Dawn Sameen

Close your eyes to feel and taste real life
Feel the crispiness and the graciousness
Recall sweet-bitter memories with tender joy
Accept the changes happily one step at a time
See life unfolding opportunities in a new light
Get along and prepare for the race ahead today
Enter with confidence and get life on the track
Stay focused and become the fixer of all problems
Look beyond and learn to live life with your heart
Try new ways and amend some rules to move forward
Do something every day that will cheer you up
Don't make life more complicated than it already is
Hold on to things that are near and dear to you
Unlock your potential and live on the bright side of life
Don't let road bumps on the way to success, stop you
And today, as you welcome the new and amazing dawn
May you bask in the glory of well-deserved achievement...

Congratulations on your Graduation Sameen
We are so proud of you Sweetheart!

Seema Chowdhury
June 27, 2018

Seema Chowdhury
Welcome Tomorrow

Don't throw your tomorrow
In pain and in sorrow
Try to live in each day
And make for yourself way
And try to live with joy
And play with happiness toy
And fill it with lots of fain
And don’t let enter pain
Then life will be new and bright
And everywhere will be delight
And then you can welcome tomorrow
Without any fear of sorrow.

Seema Chowdhury
Well Done

I hope you will go
In your life very far
For world always welcomes
Someone as special as you are
Who knows the way
In life to express
New thoughts and ideas
To achieve success
I hope may victory
Kiss your feet
And many more laurels
Be given as treat
And all your paths
Be filled with success
And that's a sincere wish
That I wish to express.

Congratulations! ! !

Seema Chowdhury
Well Wisher

I wish you well
Wherever you dwell
I wish you aid
Of god's bliss shade
I wish you smile
All for a while
I wish you fain
In all life's pain
I wish you relief
In all pain and grief
I wish you the best
In all life's test
And I wish all this
Along with god's bliss
Because I carer
Very much for you dear.

Seema Chowdhury

Seema Chowdhury
Wet Pavement

When you come across
A pavement in your life
That is wet and wild
And hard to survive
Then don't stop there
Just to watch and wait
Or else you will be
In your life late
For everyone has to
Go through and survive
Through many types of
High and low in life
So don't despair
Or think to stop
Just try once more
And never drop
And look for laughs
And smiles to survive
When you come across
A wet pavement in life.

Seema Chowdhury
What A Day! ! !

A vague impression
An unfair trial
An unsolved problem
Accumulated troubles
And
Wide spread happiness
Is this all
That every new day
Begins and ends on
Then why? ? ?
Why should I be forced to enter
In this regimented prade
known as life---
And why should
I be forced to spend
Another day
In this distraughted
And lonely life? ? ?
Where
unfortunate
And insensitive
Trials and tribulations
Are awaiting
To greet my dawn? ? ?

Seema Chowdhury
What A Life! !!

a life where flowers of beauty grow
A life where smoothly life's boat rows

A life where sky shines very bright
A life where we're shown pretty sights

Is what I think is the best gift
That helps to give our spirit a lift

Where endless joys and endless fains
Come to us with happiness gain

I wish for myself and for all
For such a life where no wall

Of troubles get into block the way
Or make gloomy any of the day

So every one can just live with joy
And learn new art of life to enjoy.

Seema Chowdhury
What A Wonderful World!

Declutter, reorganize your life and always stay strong
Be ready for whatever life throws even when it's wrong

Realise your full potential and go out there my dear
To enjoy soothing, calming and gentle breeze care

Find new roads to walk to realize your sweet dreams
Go out looking for unique ideas and new concept beam

See what a wonderful world we are lucky to live in today
Enjoy life that's full of celebration and success stories array

Build your own dream world and stop wasting any time
Be the first one to know and win life's harmonious rhyme

Stay positive, powerful, productive and always be yourself
Start your journey of learning and in it sincerely delve

Remember there's a lot to gain beyond the gates of tomorrow
So don't mope, quit or sit back with sadness and sorrow

Go out enjoy soothing, calming and gentle breeze care
Know this is a wonderful world we are lucky to live here.

Have a Wonderful Day.

Seema Chowdhury
October 13, 2017

Seema Chowdhury
What Are Feelings

Something that we alwasy try to share
And some how from our acts it appear
And tell others how much we really care
Is what I I think is feelings my dear

Feelings mean to show our care and love
It shows how we feel from inside and above
And tell others in their time of harsh curve
We'll help because taht's what they deserve

Because when we have good feelings fro someone
Then we always wish that mej the bright sun
Always shines brightly on their love's den
Where even glimpse of sorrow is shown to none

And we must always try to prove in our way
How much we really care for them each day
And how much really we want today
That may fain and joy feelings always sway.

Seema Chowdhury
What Are Friends For

If you feel down hearted and need an uplift
Then look at a friend who is God's gift
Who'll help you to pass the phase of your trial
And will do things to make you smile

And one thing that really I think is right
That's clear as crystal before my sight
Is all the reason why I called you my friend
And looked at you when I felt cracked and bent

It may be because always in your style
You did nice things that made me smile
And gave me reasons to live and survive
Whenever I felt tired and bored of my life

And another thing that I really wanted to say
Is that may Lord spread flowers throughout your way
Because people like you are surely very few
Who are not only nice but sincere too

So today if you see any wandering smile
Take it if you're suffering from a trial
And know its a gift that was sent to you
From a friend who cares about you too.

Seema Chowdhury
What Are Tears? ?

Tears are summer shower to the soul
That are all stacked in your eye's bowl
Till you are very badly hurt
And you feel very bad and curt

And don't know how to show or hide
Or don't know which is the brighter side
Where you should look to get some relief
And what should you do to get away from grief

So in a time like this what you should do
Is to never stop tears that comes out of the blue
Because its hard to stop tears in the eye
And keep smiling when you know its a lie

So whenever you are feeling gloomy and brown
Give tears a way to swiftly fall down
Because tears are summer shower to the soul
That are all stuck in your eye's bowl.

Seema Chowdhury
What Defines You?

1) Your words, your actions, and your choices define you

2) Make sure you get them all right to make a perfect moment

3) Clean up the clutter from your life and take a deep breath

4) Choose the right and positive attitude because they also define you

5) Take initiatives, stay motivated till you reach your destination

6) Be aware of small details, think carefully and dig a little deeper

7) And somewhere along the way, you will create the right rhythm.

So, let's begin now

Seema Chowdhury
November 30, 2018

Seema Chowdhury
What Do I Wish

I wish I was born in such a land
Where angels and faries play on the sand
And build whatever they want for them
And with fain stitch they joyfully hem
Harsh edges of their painful lives
With the thread of joy to fainly survive

And there I wish I could play
In the land that is lying on the bay
Where birds sing and flowers bloom
And take away everyone's pain and gloom
So I could there freely lie
Beneath the trees, that are high

And there I wish I could smoothly drive
The broad vehicle of any life
On the dull and tedious life's life road
Where I could under God's shadow unload
The bar of my troubles and pain
To get rid of being called insane

And I pray God please, I really need
Your love and care, your blessings and lead
While I'm walking in life's hall
So don't let my hopes to ever fall
Or else my life will end on pain
And my life's story will all go in vain.

Seema Chowdhury
What I Saw In Patriata

Some times words aren't enough to express
Nice feelings inside us that we posses
And it is hard to show what we feel
For words don't know how with to deal
So its better that we just enjoy the sight
And see God's universe all decorated and bright
With flowers that're colored and grass that is green
In hills and plains and dales taht're still unseen
Along with pretty birds and the clear sky
Where beauty exisits in trees all growing high
And there everywhere the presence of God
Can be felt who is the fabricator and the Lord.

** PATRIATA is a place in Pakistan**

Seema Chowdhury
What I Want

I want to laugh
I want to smile
I want to be free
Of pain and trial

I want to live
In joy and peace
I want if pain
Can stop 'n cease

And life can show
A new path and a row
Where day and night
And hot and cold

Will come one by one
Till the day is done.

Seema Chowdhury

Seema Chowdhury
What Is A Mother's Love

A mother's love can never be purchased
Neither be shared nor be replaced
For a special feelings that we get out of it
Really holds value in its every bit

Her understanding ways and her gentle smile
Her loving sayings in troubles pile
All give our lives a brighter touch
That shows really how she loves us much

For she is the one who fills our lives
With fain's food that is needed to survive
And share our tears, agony and distress
And sits beside us when we're depress

God please bestow on her all your love
For she is the one who really deserve
As she appeared as bright chapter in the dark
And showed me always a significant mark

And gave me the gift of imagination's key
Which shows me bright things to see
Specially her love that can never be purchased
Neither be shared not be replaced.

Seema Chowdhury
What Is A Wedding

A bond that unites two souls together
In all life's good and bad weather

Where everything feels so good
And free of the trouble's hood

Is what really is wedding dear
That shows you all love and care

Where also sincerity is found
Covering all life's hill and ground

Where you feel secure and strong
And nothing there seems wrong

Because in everything is present love
That's God sent gift of heaven above.

Seema Chowdhury
What Is Best

When I got up in the morning
To study for my test
I was scared, crying and upset
And was looking for the best

And at the very same moment
From a near by park
A sweet little voice
Came echoing from the dark

That sweet voice seemed so familiar
That it put mo on hold
And I wished to go and see
Even though it was cold

And that's when I saw
A small darling bird
Who was singing a song
And that's what I heard

She seemed very happy
And was singing a song
To her cute little angels
Who were calling her mom

I went close to see
What was going on there
And that's when I heard
Something i needed to hear

She was telling her kids
To be happy and feel glad
And see things with bright eyes
Then nothing will seem bad

And furthermore shoe told
To never be scared of any thing
Because life is a loop
Of circles in a ring
Seasons follow each other
Like rainbow after rain
Spring after winter
And happiness after pain

So never let these problems
Scare you to survive
Because its a passing phase
That comes in everyone's life

And one thing that really
I liked at that time
Was her definition of best
That she was singing in rhyme

That what is good for me
May be best in your view
And better for me
Be best for thee

And after listening to that
I went to thank the God
Who knew and solved my problem
Because He is my gracious lord

And I thanked God for giving me
A chance to hear
Something extra special
To stop my welling tear.

Seema Chowdhury
What Is Friendship

friendship is a precious and rare tie
Where friends share all your pain and sigh
And do their best and always try
To wipe your tears that flow from the eye

So once if you feel your problems never end
And your life seems little cracked or bent
Then that's when you really need a friend
With whom you don't feel any need to pretend

So its good if once and once for all
You can catch all those bouncing balls
Then never let any kind of wall
To come in between, either big or small

As friendship is a canvas that's vast as the sky
Where people are paints on it you try
They leave their images that never die
Some strengthen with time while others just dry

And all those images that strengthen with time
Are the images of friends that never decline
And come along with only friendship's rhyme
Then leave their impressions forever that shine.

Seema Chowdhury
What Is Happiness For You

Open the next chapter of your life
And don't depend on others to make you happy
Know your worth and start anew
For life is made up of moments
That are some bitter and some sweet
But no matter how hard you'll try
It will never be perfect-

So throw away worries and leave behind
People or thoughts those make you sad
Move on and choose happiness over hurt
Count your blessings and learn to forgive
And enjoy freedom by mastering your thoughts
And defining your own meanings of life-

Life is never perfect so stop complaining
Wear a smile and walk away from negativity
Choose to ignore problems and pang
And take some time out for yourself
And tell yourself that there is hope and joy
So be happy and live in the moment-

Sit alone and reflect on your life
And have a moment with yourself
And for once ask yourself honestly
'What is happiness for you?'
And then listen to that tiny whispering voice
That comes from the depth of your heart-

Seema Chowdhury
What Is Happiness? ? ?

Happiness is when you make a deal
And know that in this life's meal
You have to chew bitter bites of pain
And drink the fortune's cup of gain

And once if you'll learn the art
then you will always be happy in heart
And you'll surely learn the magic
To overcome all your pain and tragic

And then it will teach you how to heal
Your agony and pain that you can conceal
And will tell you the ways to cease
And stop the ongoing trouble's breeze

So for that just once and once for all
Try to catch the bouncing ball
And learn the true and easy art
To keep happiness and don't it impart

Because happiness is when you make a deal
And know that in this life's meal
You have to chew bitter bite of pain
And drink the fortune's cup to gain.

Seema Chowdhury
What Is Hope

Hope is believing that scattered pieces of life
And hazy sketch of luck that do really survive
Will all fit together and appear in one place
In the form of God's love and his blessing's grace

So that's why I want to always hope for the best
But don't know why mostly I'm stuck with the test
In the test of life that is very hard indeed
Where the pile of troubles is spread like wild weeds

Then there mostly when I think I'm quite near
To get what I want I don't know from where
All of a sudden life's totally opposite view
Appears at once that makes me feel blue

Then for a long time I cannot really find
Neither any answer nor luck of any kind
That can take away if not more, but just one
And return me happiness in luck's path that's narrow

So I always try to take along with me
Not tons of happiness but just one love's key
That can fit easily in anyone's heart
And see if it can give a beautiful start

For a day that is shiny and very bright
Where no glimpse of pain is shown to our sight
And that day is saying oh my dear friend
Don't think in your life hope will ever end

Because hope is believing that scattered pieces of life
And hazy sketches of luck that do really survive
Will all fit together and appear in one place
In the form of God's love or in his blessed grace.

Seema Chowdhury
What Is Hope?

Hope is

When your heart is full of smiles and joy
When you have a sunnier outlook on life
When you try to make quality of life better
When you empower yourself with positivity
When you breakthrough plateaus to move on
When you gain momentum and find energy
When you colour the paths that are fading away
When you reduce stress and become mindful
When you find solutions that go a long way
When you cross path with pain and problems
You pause, turn around and proudly say

"I have hope with me, Today is my Day!"

Seema Chowdhury
November 27, 2017

Seema Chowdhury
What Is Important In Life?

1) Trust your inner voices and collect experiences, tools, resources and life's lessons from anywhere you can.

2) Learn valuable life's lessons, and create an exemplary life for yourself and for people around you.

3) Create a beautiful path to walk on; look outside and inside for inspiration.

4) Listen to your inner voice and trust your intuition. Make better decisions and shun fear and doubt.

5) Clear your mind of distractions and find the answers. Focus on being positive and discover your own path to success.

Ask yourself every day, "what is important in your life?"

Seema Chowdhury
June 23, 2018

Seema Chowdhury
What Is Integrity?

What is Integrity?

1) Integrity is doing the right thing, at the right time, in the right way.

2) Integrity is not thinking about your own benefit or personal gain from any decision or choice.

3) Integrity means to be honest, truthful, to stay firm, to stand strong and fight to defend the moral principles.

4) Integrity means following the path of truthfulness and righteousness.

5) Integrity means to be always sincere, be fair, be just, and to be honourable in all situations.

6) Integrity is reminding ourselves that there is no right way of doing the right thing, no matter how hard life gets.

Seema Chowdhury
December 1, 2018

Seema Chowdhury
What Is It That Life Wants To Show

i wish may life's end soon arrive
So i don't have to take more pain's drive
Or hide the troublesome looks from the face
That appears while I'm running in the race

And the race of life whose tracks are long
Where tears are present in sufferings form
That doesn't let any happiness bell
Ring in the place where I dwell

Where I dwell and then long to know
What is it that life wants to show
Why is it trying its best
To take away all of my peace and rest

My peace and rest that is very rare
And is not easily found in life's air
So its better if today I stop to claim
Any kind of joy or think of any gain

As happiness is really lying very far
And to get there I have to cross many bar
So that's why I wish life's end soon arrive
So I don't have to take more pain's drive.

Seema Chowdhury
What Is Life All About

Life is like an endless road
And a long winding bumpy board
Where some nice scenes come into view
For the rest is colored with painful hue

So when you reach a point where comes the sign
Which says enter in the cruel city of thine
Then know from there life's journey will start
And you life will be divided into different parts

For it is hard to live in this tricky place
Where less chances come that there will be pace
Of joy and love, care and smile
To let you live faintly for a while

Because nice things also comes into view
For life is filled with painful hues
And this is what life is all about
Where mostly comes scenes of mistrust and doubt.

Seema Chowdhury
What Is Love

Love is a friendship very pure
That has got the power to cure
The troubles and the turmoils of life
Where you are bound to survive
For love is a feeling that is fine
That works as a cooling wine
That has got the power to calm
And sooths the pain as a balm
And that's why I always think
And try to join this magical link
That is dearly created by it
And holds value in every bit.

Seema Chowdhury
What Is Love I Asked

I asked the red rose, Queen of flowers
What makes you look so fresh at this hour

She quietly smiled then softly said
I'll stay like this till I'm dead

As today I found a precious gift
That gave my life a brighter lift

And then she said in her bloom
That gift is LOVE when I'm in gloom

This made me look at her and feel strange
So after a while when things did change

I asked the queen of flowers what she meant by LOVE
She smiled and said Lord's blessings from above

That's nice and precious and seems so rare
That I feel its warmth under God's care

And then she added When I feel tight
I need something that can bring me delight

So at that moment what makes me smile
And share all of my suffering's pile

is surely another name of my love
That takes me out from trouble's curve

And then for hours I stood there and thought
What a lovely thing this flower have taught

So I kissed the Queen of flowers and said thank you
Who helped me a lot to clear my view

And surely another vision of LOVE
Is the blessings of God stored in heaven above.
What Is Planning?

PLANNING

P - Planning ahead so you can see positive and wise outcomes

L - Learning new things and being receptive to new experiences

A - Assisting others in planning, coaching and achieving success

N - Nurturing strength, wisdom, truth, light and knowledge

N - Networking is also important for connecting and understanding

I - Improving reliability by increasing speed and quality for producing

N - Novel, rare and creative ideas showing self-confidence by

G - Going faster but making no mistakes and getting better results through a great planning!

Seema Chowdhury
February 17, 2018

Seema Chowdhury
What Is Reality

Reality is hard, reality is curt
It let you gather bunch of words
All words which can come in mind
Where some are harsh and some are kind

And one phase of reality is smile
That washes your pain for a little while
So you can take things in life
Which you think let you faintly survive

But other phase of reality is tears
That gives you pain and agony my dear
And comes with the waves of mope
That turns off your candle of hope

And both these phases flow in the glen
In the glen of wishes of every man
And chases them throughout their lives
And gives way for reality to survive

But don’t let this keep you away
From enjoying your life in any way
For this little life that is given to you
Holds value like a morning dew

That is dancing on the delicate edge
Of life so it can swiftly wedge
Both crowd of smiles and crowd of tears
And that is what is reality my dear.

Seema Chowdhury
What Is This

I wonder why
Fair games are a rare sight
And
Happiness have swept aside
To give way
To the hot winds
To be absorbed
What is this? ? ? ?
Why no one realizes
The significance of life
And only nagging questions
Are on the surface
And robs us of our time.....

Seema Chowdhury
What It Really Is

What it really is
I cannot tell
I don't know
What is bothering me
And what is blocking my view
But I want to hang on tight
And
Give myself another chance
To study life
So I can learn to
Stay afloat in rough waters
And
Survive
Even when life curls inward....

Seema Chowdhury

Seema Chowdhury
What Makes A Family So Special

In this beautiful landscape of life
God gives us all a caring family to survive
Where we share our laughter and cries
And all our sorrows and unbearable tries

Where love flows boundlessly and for long
Where we all learn to sing the same song
And hold our hands firmly together
In all fair, snowy or stormy weather

Where amazing spring flowers bloom forever
And your family lets you down never
For they are always there without being mean
And lend their strong shoulders to lean

Where mom and dad, brothers and sis
Are always there and they never miss
Any opportunity to hug or kiss to heal
Your inflicting pain in life's deal

That is what makes a family so special dear
Where magic and miracles flow uninterrupted in layers
Thanks God Almighty for this lovely gift
Without which no soul can experience a lift

For with them we share our laughter and cries
And all our sorrows and unbearable tries
And we hold our hands firmly together
In all fair, snowy or stormy weather.

**FAMILY: Father And Mother I Love You**

Seema Chowdhury
What Makes A Woman Strong

Whispers of her soul and love in her heart
Smiles on her lips and tears that start

Courage that she shows and Kindness that she spreads
Playing with her children and baking cookies and breads

Taking kids to school and driving them around
Shopping for the loved ones in life's merry-go-round

Doing somersaults and planting flowers in Spring
Folding clean laundry and spinning around love's ring

Holding hands in pang and lending her shoulders to lean
Wiping falling tears and listening problems with keen

Helping everyone to finish their task with care
And as the day unfolds spread kindness, love and cheer

These are a few things that makes a woman strong
And in every life's step she brings happiness along

For her tenderness and kindness give a fresh start
That she wraps up at day's end with prayers in her heart.

Happy Women's Day 2014

***Dedicated to my wonderful Mother, who made me what I am today***

Seema Chowdhury
What Makes You So Special

Your smile, your love
Your wisdom and care
Your helping hands
In the trouble's layer
All tell me why I love you
And what makes you special too

Your calmness and peace
In the time of stress
And a strong support
During the time of mess
All tell me why I love you
And what makes you so special too

Your lessons on life
and handling of fear
You showing big dreams
And wiping away the tears
All tell me why I love you
And what makes you special too

Your way of easing
My troubles and pain
Your swapping bad times
With happiness and gain
All tell me why I love you
And what makes you special too.

Thanks for everything Sunny! ! !

Seema Cowdhury
29th Oct,2009

Seema Chowdhury
What Matters

What matters in life
Is what you want
what matters in life
Is for what you survive
So don't let any moment
Of life to expire
Without you adding in it
A whole lot or just a bit
For wins and losses
Will all come in your way
Sunshine hay and rainy days
Will all colour your way
So do something extravagant
And significant in your life
So when you're gone from here
You're remembered and missed dear
For all your good deeds
For all your encouragements
For all your compassion
And your character's attraction
And that's the only thing
That all really matters here
In your enriched and empowered life
Where with courage you survive.

Seema Chowdhury
What Moves Your Soul?

What moves your soul?
What takes away your dole?

What enlightens your heart?
What gives you a brighter start?

What awakens your spirit?
What gives you high merits?

What brings you inner peace?
What helps your pain to cease?

Be grateful for all these gifts
That brings you joy and uplifts

And calms your nerves and mind
And makes you caring and kind

And colors your world bright
Where you feel happiness light

Falling upon and making your day
And shining bright in your way

Just forget your fear, pain and dole
And look for things which moves your soul

For when your heart and mind are at peace
Enlightment will follow you with ease.

Seema Chowdhury
What New Year Will Bring

What new year will bring no one could tell
Whether tons of happiness or tears in eye shell
Because what will happen next, no one can say
So its hard to determine or say something today

So its good if just once you can learn in your life
Few rules of happiness to live and survive
then you will never feel ever alone or lost
In life's market where feelings don't have any cost

Because God tests his people and puts them in trial
Then carefully watches them closely for a while
To see whether they'll smile or sigh
And whether they lose hope or still they try

So even if life's most difficult phase comes along
And seems very crude, tough and long
Just promise yourself  never to lose hope
And stay away from the tears of mope

Because not now, not tomorrow but I know pretty soon
Your test and trials and period of noon
Will end and say once agian to you
New year's happiness is reserved for you.

Seema Chowdhury
What To Be?

To be or not to be
Is really a hard query
For no one can always get
Things in his mind that's set
For many things are considered in ream
As only our impossible dream
And then they're told to forget it
And pick something else from the kit
From the kit of our lifves
where we're bound to survive
And then again we come to the task
And 'what needs to be done' from us we ask.

Seema Chowdhury
What To Look For

If you want to reach the top of the hill
Then have both strong determination and will
And see in how many different ways
You can delete the words like can't and nay

For these are the words which stop you in life
From picking success flower in the way that survive
And don't let you reach your goal and aim
From which you can get both name and fame

So better look for a hopeful dream
Which can lead you to a successful scheme
So whenever anywhere you'll go you'll meet
Victories ready to kiss your feet

And remember to reach the top of the hill
You must have strong determination and will
So you can reach your goal and aim
From which you can get both name and fame.

Seema Chowdhury
What We Give

We make a living
By what we give
So learn this rule
In life to live

And give your love
Care and smile
To all who need
It for a while

And remember that
Its always true
That others will show
They care for you

When you will give
Your love to them
And will stitch the days
With prayer's hem.

Seema Chowdhury
What We See In The Rainbow

We see it only after the rain
We see in it a glimpse of pain
Where hope is there to show a way
When we feel very down and astray
When we talk about the pretty rainbow
There're so many things with it that show
That tell us to make the best of things
That moves around us in life's ring
It tells us the thing that is main
Is to watch out life in the fast lane
And tells us to only think positive
And stop thinking negative
And it tells us in this world asleep
Still water runs deep
So be careful and never sigh
And take encouragement from rainbow high.

Seema Chowdhury

Seema Chowdhury
What Winners Do

If you're stuck in troubles and pain
And doesn't see any glimpse of fain

Then don't ever sigh or ever cry
Just be brave and again try

And like the winner cling to hope
And never ever fall in the sea of mope

Then surely best will come to you
To greet with cherry heart that's true

Because that's what winners do
In troubles to see the hope's view.

Seema Chowdhury
What You Know

What you know
May not be true
What you have
May not have hue
What you wish
May not be good
Or as strong as
Hard faith's wood
So pray to god
To help you in
This trouble's phase
In trouble's bin.

Seema Chowdhury

Seema Chowdhury
What You Want

Whatever you want
Whatever you wish
Just think very hard
And work through bliss
For life will show
You sorrow and pain
And sometimes also
The way to fain
So stick to hope
And find your way
And solve life's querry
In each of your day.

Seema Chowdhury
Whatever Is Left Unsaid

Whatever is left unsaid
Unspoken
Or unrevealed
May carry
A huge world of meanings
And
Show the views
From the otherside
Of the veil
Which can
Unravel the mystery of life.

Seema Chowdhury
Whatever May Come

Whatever the storm
Or blizzard may come
Always stay cool
and try to sum

All your hopes
And dreams of tomorrow
And all bright
Views out of sorrow

And remember that none
can joy impart
For it is something
That springs from the heart

So remember this
And try to sum
And stay calm when
Blizzard or a strom comes.

Seema Chowdhury
Wheel-Barrow Full Of Faith And Hope

In the juicy and tender slice of life
If we can recognize
The right moment
And unlimited opportunities
To create new avenues
With a fresh perspective
And learn the timeless art of living
While travelling in our own territories
In the avenue of our choice
Then we can break through the clutter
And swap the rough and tumbling world
With a tremendous and exciting mega event
Where we can get opportunities to
Plan everything
Dream big
Think again
Smile warmly
And walk surprisingly
In the real fantasy life
With a wheel-barrow full of faith and hope..........

Seema Chowdhury
When I Look......

When I look
Around the world
I see
No spot free of lost time
No place
No excuse
And
No visionary notions
Or
A significant word
For
So many
Different things
Or
Perhaps weird things
Or
May be just unexpected things
Happened
To mess up
And
screw up my life.....

Seema Chowdhury
When I Will Meet God

Out of this world
Out of this land
In my very small
But
In my sweet dreamland
I wish to see
Happiness breeze sway
With air of joy
And rays of smile
Where bright sunshine
Emitts light of fain
And bright moon light
All smile in rain

Out of this world
Out of this land
In my very small
But
In my dream land
I wish to have
Stream of luck
Vision of hope
dales of wishes
Where I can play
With joy in sand
And call it my own
Sweet dream land

Out of this world
Out of this land
In my very small
But
In my sweet dream land
I wish to have
Friends who share
My smiles and teras
And show they care
And never let my teras to drop
And never let my
Smiles to stop

Out of this world
Out of this land
In my very small
But
In my sweet dream land
I wish to build
In quiet peace land
My grave covered with
The mud of hope
Where I can lay
Till the day
When I'll meet God.....

Seema Chowdhury
When The Out Look Is Cloudy

When cloudy is the outlook
And you don't see any nook
Where you can find joy
And play with happiness toy
Then don't ever feel sad
Neither feel bad
Just hope for that star
Which can take you far
Very far and far away
From this cloudy day
Where no glimpse of pain
Neither distress rain
Ever falls or flow near
Where you live my dear

Seema Chowdhury
When The Sun Will Go Down

When the sun will go down
Everything will turn into brown
As if they are in sleep
In the mid of vales deep

Birds will lie in their shade
Flowers seem as if they are fade
And there won't be any noise
Not even the fly's voice

Everything will be hushed and calm
Like the last penny on the palm
As if now decline will come
In this huge deep life's drum

Where sky also looks very pale
As if it is waiting to avail
last chance before it is drowned
To sleep on the bed of the ground.

Seema Chowdhury
When Words Have Failed

When you feel down and depress
And words have failed to express

What is bothering you my dear
And dropping from eyes your tear

Then go ahead and once more try
And with an honest cry

Take out all your pain and stress
that is making you depress

And then surely you will feel
Better inside and will heal

The wounds of your heart my dear
That made you cry with salty tears.

Seema Chowdhury
When You Are Lost

When you're lost
And feel upset
And your eyes are
With tears wet

Then don't lose hope
And neither cry
Just hang in there
And never sigh

And go to your God
And talk with him
And tell him your needs
And ask his help with vim

For then God will
Surely reply
By sending his blessings
To us very high.

Seema Chowdhury
When? ? ?

I wonder when will come
A day of peace and love
I wonder when will end
This painful twisty curve
I wonder when can I
Be able to sort out
And find the answers dear
To clear all life's doubt
I wonder when can I
Get replies that are worth
And solve this puzzle game
That is known as birth.

Seema Chowdhury
Where Friends Come

I have a special place in my heart
Where friends come never to depart
Because I think they're god's gift
Who are sent for my uplift
So I wish this world can be a place
Where I find in its every pace
A large group of sincere friends
Whose sincerity has no bounds nor ends
Who stay very close to me
And see only what I see
And know how to make a place in my heart
To stay forever and never to depart.

Seema Chowdhury

Seema Chowdhury
Where To Go? ? ?

No one knows where to go
When things in life are going slow
For what future holds in the flow
is a maze that no one knows

Sometimes I desperately wish
And hope to feel what I miss
That makes empty my whole life
In which I have to live to drive

The car of troubles without my say
To make complete my whole day
And then when at the end
I see paths cracked and bent

I feel tired and loath some
And wish i never had come
To live on God's green earth
Where ther's no joy or mirth.

Seema Chowdhury
Where To Start

This life is like a revolving door
Where every second someone exists or enter
Into a world of reality...

Where not only questions and more questions
But sometimes answer within an answer appears
So never lose grip or get stuck on hung over thoughts
At a moment's notice.....

Let your rambling thoughts turn
Your life's telescope around
So when the gray sky starts to move in
You can look away to the shining sun
Where slight cool breeze blows across.....

And take this opportunity to walk courageously
On the winding trail step by step
And comfort your soul
And don't let your heart to melt into the silent tears.....

Just visualize everything happening in the mind
And turn your thoughts into a good life's story
And know this is where to start from..........
Where To Stop? ? ?

Once
I start
Recollecting my memories
And
Counting my days
Then
I get so involved
And
drowned
That
I even forget to remember
The gleam and gloom
The to and fro
And
The in and out
And above all
Where to stop? ? ?

Seema Chowdhury
Where You Fit In The Big Picture

Keep hope within army's reach
And make sure you're on the right path

Don't nag with doubts and fears
Unfold the new horizon to realize your dreams

Rediscover the strength of faith
And rejoice in simple pleasures

Gear up for new challenges
And see where you fit in the big picture

Come out of the shadow
And explore additional possibilities

Channel negative emotions away from you
And do what makes you happy and peaceful

Remember that every challenge is an opportunity
So learn life's lessons for they are priceless

Appreciate every moment that you have
And accept the things you cannot change

Use your inner power to brighten the world
And see where you fit in the big picture

Lift the fog from your dreams and visions
And see through life's window clearly

Try to put scattered pieces together
And keep the wonderful memories alive

And when you'll work through your difficulties
You will gain new vision and perspective

So stay focused and seek the inner reality
And fill your life with faith and trust
And know that it's time to turn the page
So recognize your place in the big picture

And know with inner power and faith
You can rejoice and make a big difference.

Seema Chowdhury
Wherever You Go

Wherever you go
Whatever you do
I'll keep on praying
My dear for you
And pray that you never
Have to face
Any kind of setback
In this life's race
And hope that plenty
Sketches of joy
May come in the way
For you to enjoy
So that each step
You take in your life
Be filled with the success
And the good luck's drive.

Seema Chowdhury

Seema Chowdhury
Which Side Do You Want To Be At?

Achiever or an Anticipator
Believer or a Breaker
Communicator or a Complainer
Doer or a Dodger
Encourager or an Emphasizer
Fighter or a Failure
Giver or a Grinder
Holder or a Hider
Improver or an Insister
Justifier or a Jumper
Keeper or a Kicker
Leader or a Learner
Manager or a Maintainer
Negotiator or a Neglector
Organizer or an Observer
Performer or a Pretender
Qualifier or a Quitter
Realizer or a Refuser
Solver or a Slipper
Teacher or a Taker
Up-lifter or Unwilling
Valuer or a Varier
Winner or a Wisher
eXperimenter or an eXcuse-maker
Yielder or Yeller
Zealous or Zero

Seema Chowdhury
March 1, 2019

Seema Chowdhury
While The.....

While the sand of life is running
While the waves in the sea is cunning
While the sun on sky is shining
And life's car is still driving

Why not avail each moment of it
Why not enjoy its every bit
Why not see how you can fit
Pieces of life in the puzzle's kit

For life is just a test
For life is full of zest
For life is one of the best
Whether you stay in east or west

And I just want to tell a thing
And I just want to pull the string
And I hustle want to joyfully sing
And hold on tightly to hope's ring.

Seema Chowdhury
While Waiting...

In my life's journey
While waiting for you
I stopped many times
Just for a moment or two
To collect your memories
And take it with me
That are fresh and new
Everything about thee
so when I will reach
Towards my life's end
When my mind and heart
Will be tired and bend
Then I'll have something
To look back upon
And rejoice with cheer
Forgetting about my moans.

Love You Sunny

Seema Chowdhury
Whirlpool Of Agony

I'm stuck in the invisible bound
Of wishes
Desires
Fancy
Love
Relish
Aspiration
Ambition
Zeal
Want
Passion
And
Fascination
Where
Doubts
Wilderment
And
Uncertainty
Is creating barriers in my life
And is taking me
To the
Whirlpool of agony............

Seema Chowdhury
Whirlwind Of Pang

I feel as if
I'm stuck
In the whirlwind of pang
Where troubles are
Violently roatating
Like a tornado
Around me
And my journey into hope
Always
Ends on
Eyes welled with tears
And worst fears
Of my life....

Seema Chowdhury
Whirlwind Of Words

I feel stuck in the storm of life
In which I'm bound to survive
Where whirlwind of words are found
On each and every tears ground
Where host of grievances and sigh
Are blocking happiness way and tie
And terrible twist of fate my dear
Is taking its place and unfolding here
And in this world of mystery and wonder
I'm sitting alone in this thunder
And waiting for my turn to smile
To walk away for few long miles
And start a beautiful journey in the sun
where sun shines and rainbow spreads fun
And only loving words of passion and faith
Lets hope enters through blessings gate
And invites me into new world of hope
Where there is no space for sigh and mope
And then I'll be free to express my fay
In a special and in a unique way
So I can walkout of this storm of life
Where I'm forced and bound to survive
And no more whirlwind of words be found
On each and every tear's ground.

Seema Chowdhury
Whisper Of Breeze

Whisper of breeze
Cannot be ceased
For they just fly
On shy very high
And spread sunshine
With joyous wine
So if you wish
To hear God's bliss
Then listen with care
What's saying that is rare
Because it can bring
Us the spring
Which is filled with joy
For us to enjoy.

Seema Chowdhury
Whisper Of Words

Do not hide
Behind the silence
Have some courage
And
Try to hear
The whisper of words
And
See if you can
Figure out their meaning
Because
It is not the end
It is not over yet
Your whole life stretches
In front of you
waiting
To break the shell
And
Come out of
Silence bar....
The bar
That
Cuts your connection
with the outside world
And
The people around--

Seema Chowdhury
Whispering Echoes

I heard
The whispering echoes
Of my my past
in the life's gallery
All
Wondering alone
And
roaming eagerly
In distress
To be heard
To be answered
And to be attended...........

I wish to
Clean the fog
And the mist
Of
Mope
That is covering my life's layer
And is bringing
Tears in my eyes.............

Seema Chowdhury
Whispers Of The Wind

I heard soft whispers of the wind
And sweet bell ringing from afar
Where everything was so fresh
And doors of dreams ajar

Where life was colorful and clear
And all glittering and smiling bright
Where I found myself lost in dreams
In the dreams of reality’s light

Where I saw my dreams taking shape
And filling life's canvas with the strokes bold
Where everything was full of warmth and care
And nothing was bitter or cold

And there I realized how it feels
To see your wishes swapping place
With true and clear ideas
And take away veil from the realities face

And that is why I felt very lucky
And thanked my Gracious God
For let me dream and wish for things
And see it happening with the permission of the Lord.

Seema Chowdhury
Whispers Of Your Heart

Rock out of your misery, doubts and pain
And listen to the soft whispers of your heart
After a moment of pause and reflection get ready
The answers you are looking for are out there
You just have to look carefully and cautiously
Then accept that things are what they are
You have to learn to change, believe and trust
So you can cope with obstacles and reconnect
And readjust the rare view mirrors of your life.....

Erase any doubt from your mind and heart
And recount your experiences and opportunities
Life is certainly difficult and challenging at times
But you have to start journey towards healing
Just make up your mind and step out in fresh air
To absorb this mixture of sorrow and peace
It might be very dark and hazy outside now
But soon the glorious sun beams will fill your life
Only if you listen to the whispers of your heart....

Seema Chowdhury
White Marbles On Life's Floor

Every rose has its thorn
So wipe clean life's floor and start again
Stop staring out into the dark night
Just clear your mind to find the new road
That can point out to the right direction
Where world awaits with sunshine and celebration

Life is made up of many pieces of white marbles
That we work hard to fit together smoothly
From sunrise to sun down everyday
Where dark and light appear every now and then
To teach us difficult lessons of life's survival
Where we wipe the smudge of pang from life's floor

So learn to cruise along and be strong and brave
To steer your boat out of the hopeless situation
Into the world of joy, peace and hope
And find the best mix of smiles and tears
For only you know what is important for you
And how you can find new road to walk on

And search for the truth and find meanings of life
To make your life special, worthy and deep
With a lot of sunshine and celebration
And once you will learn to find the right direction
Then you will be able to fit all the beautiful pieces
Of the white marbles on your life's floor.......

Seema Chowdhury
i love tiny tears that roll from the eye
As they swiftly dropp down without telling anyone why
And I know they are honest, truly honest and don't lie
But still they don't want to tell anyone why

And I love cute smiles when I'm feeling blue
As they bring us happiness taht're all true
And color faded lives with joys that're new
And I know they are honest, pretty honest and true

And I love little birds those sing beside the bay
As they softly fly down and spread love; s ray
And bring us joy when we're feeling grey
And they spread love through tiny happiness ray

And I love all those friends who are caring and sincere
Who seek for a chance if they can really share
All my joy, all my smiles and all my cries and tears
And they do it all happily to tell me they care

And i'm lucky pretty lucky to have these things around
As I know if I ever feel scared or frowned
I can rely on them and surely I can count
And that's why I wish these things stay around.

Seema Chowdhury
Why

I wonder when will come
A day of peace and love
I wonder when will end
This painful twisty curve
I wonder when can I
Be able to sort out
And find the answers dear
To clear all life's doubt
I wonder when can I
Get replies that are worth
And solve this puzzle game
That is known as birth.

Seema Chowdhury
Why Are Things......

Why are things going upside down?  
Why is life loosing its glory and crown?  
Why does this world look frigid and cold?  
And why aren't these people any more bold?

I wish I can answer these questions and change  
That weird look that really seems very strange  
And wish if I can redirect world's flow  
And distinguish between all my friends and foe

Because sincere people are indeed very few  
Who still want to show me a brighter view  
And help to find out the way I had lost  
In this frenzy world that doesn't pay any cost

I know all this but still I try  
To go and ask the Lord of the sky  
To let me sleep forever in a place  
That terminates my life's on going race.

Seema Chowdhury
Why Can'T

Why can't joys shower
Can stay in power?
Why can't stay smile
In life for a while?
Why can't rainbow
Can show us its show?
Why can't pretty sights
Can stay and bring delight?
Why can't troubled tears
Can be ceased my dear?
I wish to know the answers
Oh my dear, MY Lord
For only you can show me
The path of peace my God.

Seema Chowdhury
Why Do I Write Poems?

A poetry is a picture without any hue
That shows my feelings when I'm glad or blue
Because when I sit down to write
Then all of life's views and sights

Starts coming clearly in my mind
And tell me ways to find
The answers to the troubles and joys of life
And the reason why I want to joyfully survive

And the causes of life's pain and sorrow
And my hope for the bright future for tomorrow
Because in my poems I never lie
I just tell how I feel in pain and sigh

Then I jot down all life's truth and facts
And start finding ways how on them to act
Because poetry is the musical thought of life
That shows me new ways on God's earth to survive.

Seema Chowdhury
Why God Made Brothers

When worl was losing the gift of care
And no one was left to wipe flowing tears
Then God thought for this world's uplift
He must send an angel as his gift

An angel on whom we all can trust
Who can wipe all world's flying dust
Who is honest and sincere and also kind
And can solve all problems with his mind

Someone extra nice who can bring us smiles
And can happily share our trouble's pile
And when we feel scared or alone
He can lend his sympathetic ears as a loan

So after all that what God thought was right
Was to send Brothers who can make things bright
And can share our problems and bring us delight
Where no glimpse of pain is shown to our sight.

Seema Chowdhury
Why God Made Dear Uzair

When world was losing its beauty and charm
And things were no more peaceful and calm
Then God thought of this world's uplift
He should send an angel as a gift

An angel who would be nice and wise
Who'll do his share not once but twice
Who's presence will really be the source of pride
that'll be strong enough to stop the flow of tide

An angel who would bring a gift of faith
Who'll finish bad words as war and Hate
And only with his one cute and sweet smile
He'll spread happiness and love in a while

And after all that what God thought was right
Was to make little Uzair who'll make things bright
And can always become a source of delight
That makes world happy, fresh and light.

Seema Chowdhury
Why God Made Little Danny

When toys and cars and bats and balls
Were standing quietly in a mall
Then God thought we need hands taht're small
Who can play these games not one but all

And thought in this world to bring some hope
Someone nice is needed who can sure; y cope
With all sorts of trouble and still won't mope
And who's aims are as strong as a rope

Who'll do his best to save this land
And will tie this world with love's band
And for that he'll always take a small stand
And when needed will always offer a hand

So after that what God think was right
Was to make littke danny who'll make things bright
And can always become the source of delight
That makes world happy, fresh and light.

Seema Chowdhury
Why God Made Little Sarah

When pins and clips and frills and bows
Were all standing quietly in a row
Then God thought for this world to glow
Someone nice is needed that we all might know

Someone extra special who's loving and kind
Who'll use her love and her mind
And in her own nice way she'll surely find
Ways to bring people together and closely bind

And someone who'll be happy with things
Who'll win the heart of both beggar and king
And can happily play with flowers and sing
To keep world alive both in autumn and spring

So for all that what God think was right
Was to make little sarah who'll make things bright
And can always become the source of delight
That makes world happy, fresh and light.

Seema Chowdhury
Why God Made Love? 

God made love in this world so
If ever in this life; s flow
You feel you are left in the row
Where things are going down and slow

Then you can ask God for bright spring
And tell him to show his miracle and bring
Not only joy but a lovely thing
That is free for both a beggar or a king

Yes this is what is love my dear
That brings you close to whom who're near
And then you show your care and share
With them all your smiles and tears

God made love so our dreams come true
And all our wishes that are new
Can work just like the morning dew
And can show you life's brighter view.

Seema Chowdhury
Why God Made Sweet Samia

When world seemed sad
And things were bad
When Earth looked blue
Then God thought of you

And thought to send
sweet Samia to end
This world's gloom
And in it bloom

The flower of love
From Heaven above
And that's why to show
His love and care's row

God have sent you dear
So take this world's care
And now with smile on the ground
Spread joy for miles around.

Seema Chowdhury
Why God Made Teachers

On this earth God has made many creatures
Out of them one most honourable is the teacher
Who not only teaches us how to write
But show us new ways that are bright

Dear teacher for us you're the protecting shadow
Who is standing right in the middle of a meadow
And is holding a bright candle and light
Of knowledge that is sparkling very bright

So it is hard for us to say goodbye
With a smile instead of tears in the eye
For the days that we spend int he shadow of your love
Taught us how to handle life's curve

And showed that life always has two sides
Dark and bright which both are wide
So there instead of just sitting in mope
We all must find out ways of hope

And today we all want to thank our Lord
For bestowing his gifts and his reward
By giving us his most precious gift
In the form of teachers for this world's uplift.

Seema Chowdhury
Why Is Change Difficult?

• Change means make or become different or to do something else. It is hard at times, some people fear the unknown and the period of transition, some hesitate due to lack of motivation and skills, some people don't want to come out of their comfort zone, some people want to know "What's In It for Me? (WIIFM)."

• Other reasons include: Narrow Vision or Tunnel Vision, lack of common ground, lack of trust in authority, lack of buy-in, lack of direct involvement with the organization, lack of interest and the fear of losing control, and other times it's only because people don't want to feel uneasy and uncomfortable because it gives them anxiety and stress.

Many People fear CHANGE; thus it may stand for:

C - Lack of Choices, Common ground and fear of Losing Control
H - Lack of Honesty, Involvement and Trust in authority
A - Lack of Appreciation, Vision, Relevant Skills and Buy-in
N - Lack of Negotiation and the understanding of WIIFM
G - Lack of Genuine Interest and fear of leaving comfort Zone
E - Lack of Encouragement, Inspiration and Motivation

Seema Chowdhury
January 7, 2018

Seema Chowdhury
Why Look Else Where?

Why not make friends with God dear
So we don't have to look else where

To learn on when we wish to cry
And feel tired of agian to try

For only God can give us a hand
And truly for us understand

From what we're going through
That make us feel extremely blue

And only he has got the power
To bloom even in rocks a flower

That can brighten things all around
That're present on God's great ground.

Seema Chowdhury
Why Lord Made Humans

Many weird things are making me mad
Many different thoughts that I really never had
And that is really not making me glad
And I wish to know the answers as I'm feeling bad

The foremost thing that is bugging me today
Is to know why we were sent to stay
In this horrible world that is far far away
And a place where problems are blocking my way

And the second thing that is really not fair
Is that if by chance happiness comes my dear
Then no one is free with you to share
Neither your smiles nor even a tear

And the third thing that is not fair in my view
Is whenever you're feeling down and blue
You need a friend who is sincere and true
But you won't get one as friends are few

And the only thing that is plenty for you to gain
Is the agony and troubles and all sorts of pain
That are all really interlinked in the chain
And are mostly found standing in the lane

And one last thing my fair and dear God
That I really want to know but I'm feeling odd
Is that why did you send me oh my precious Lord
Whether it was a punishment or was it a reward? ? ?

Seema Chowdhury
Why Me? ? ?

why is it me
Who always see
life's negative view
Which makes me feel blue
Where tears not smile
And trouble's pile
Always stand in the way
And takes me away
From the hope's door
Where no more
I wish to stay
In the pathway
And wait for the turn
In the river of no return
Where my life's wave
Will no more rave
And I'll quietly die
Without saying anyone goodbye.

Seema Chowdhury
Why Not God......

God why did you make girls on earth?
Who are considered as troubles since their birth
For words like liability and responsibility for them
Are used and attached throughout life's hem

Why God? why can't girls survive?
In happy atmosphere like boys in their lives
And why not they have the right to speak?
And why are all of them considered as weak?

God I'm sorry I know I should not ask
Anything about your plans and task
But please tell me one thing dear God
Why are girls considered as curse not reward?

And I wish God if I can as a girl
Survive in this world's troubles curl
And strongly cling on to hope
And won't feel bad or mope.

Seema Chowdhury
Why Not? ? ?

Why time can't be stopped
Why not? ? ?
Sometimes I desperately wish
If somehow
I can cease the moment
And can pause it
To
Discontinue the pain's cycle
And
Break it off................

Is it too much to ask for? ? ?

Seema Chowdhury
Why Only Me

Why is it me
Why only me
I used to ask
From God thee
Till I realized
In these lives' days
Everyone has to
Find his own ways
And learn to find
And clear trouble's road
And learn to bear
And share your load
For times of joy
And the times of pain
Are all written dear
And declared main
We have to learn
To bear them all
And save our souls
From depression's fall
So now I don't ask
Why is it only me
But I try to earn
Joy and happiness key

Seema Chowdhury
Why Stop The Tears

When you feel the tringe and little tears
Are ready to flow down my dear
Then don't ever let these stop
Give them way to swiftly drop

As only time when these tears want to drop
And you can't really make them stop
is when your heart is hurt or torn
And doesn't see any glimpse of morn

But don't feel bad or even hurt
I know these pains are really curt
But then the tears caused by it
Really holds value in its every bit

As they really carry a huge big pile
Of all our feelings for a little while
And then in just a moment or so
They explain it all in one flow

So if you are down and you want to cry
The go ahead and don't ever feel shy
Because its hard to stop the tears in the eye
And keep smiling when you know its a lie.

Seema Chowdhury
Why Worry

Worries will come and worries will go 
Nothing can stay forever you know 
Then why do you feel down, sad or low 
Just count on your friends instead of foe 

You may think it is curt in between 
And many people look hard and mean 
But don't feel bad and try to lean 
On the shoulders of dad who'll listen with keen 

And instead of feeling extremely blue 
Look at the soft morning dew 
Which spread its bright shining hue 
Like the love of mom that's surely true 

So whenever worries come and knock at your door 
Just tell it you don't need it any more 
For worries are like the clouds that roar 
But then in the form of rain they pour 

So whenever worries come make sure you know 
They'll surely come but then swiftly go 
So don't feel down, sad or low 
Just look at your friends instead of foes. 

Seema Chowdhury
Wicked Whisper

A wicked whisper
Of
The waking dreams
came
With a still voice
And
The water of tears
To tell me
To wait
For a morning
Without a sun
Where
I will be the first one
To fall
In the ditch of
Loneliness and silence.................

Seema Chowdhury
Widen Your View

1. Throw away your ego and be humble and kind.

2. Broaden your knowledge and widen your view.

3. Share your thought and process your feelings to grow.

4. Have a passion for the work and see your impact on different perspective.

5. Find effective solutions to your problem by looking at the different point of view.

6. Get along in daily life, recognize your mindset and make your life easier.

7. Expand your scope of decision-making and be future-oriented.

8. Have broader and deeper understanding of important issues of life.

Seema Chowdhury
December 7, 2017

Seema Chowdhury
Wierd World

This world is weird
And moving in haste
Where no one knows
value of joy's paste
For life is flowing
With gust and storm
And no one knows
The meanings of norm
And I feel here
Weird and wrong
And like a rolling stone
That just sweeps along
That doesn't know a thing
Or where to stop
And that's how my life
Is falling in a drop
I wish if this
All can end
And I straighten
My life's curved bents
And find a place
To peacefully survive
And lead a normal
And a happy life.

Seema Chowdhury
Wild Sounds

I don't know why
Everywhere around me
I hear
Wild sounds
Of crashes
And Clatters...
Or may be
Its the echo of
Mu injured screams
And
My broken soul....

Life can be
Cruel at times
And
can show you
The ugly and stressful sights
That is fearful and sad....

Seema Chowdhury
Wild Thorns

After the first death
There is no other
So
Do not be afraid
Of
The wild thorns
And
Lose hope
Or else
At the close of the day
You'll be left with only
Still hours
Of the losing game.....

Seema Chowdhury
Win It All Today!

1. Be Strong and Powerful to run the game
2. Be Positive and Energetic to influence others
3. Be Ready and Enthusiastic to start your Journey today
4. The fast-paced journey of Learning and Knowledge
5. Remember life will Leave you Behind if you just Waste Time
6. There is a lot Beyond Tomorrow and so many things to Learn
7. Create a Positive Image and Change your Outlook In Life
8. Drive out of the Darkness and Enter into the Light
9. Search for life's Meaning and Passion that Drives you
10. Always Challenge yourself and Push your Boundaries
11. Serve others, be Caring, Empathetic and Kind
12. Listen to your heart and Soul and try to WIN It ALL!

Seema Chowdhury
October 1, 2017

Seema Chowdhury
Win Life's Battle

Sometimes its hard to find right words
To help loved ones in the period of curt
The soothing words that can swiftly cease
The wave of grief like the summer breeze

That blow quietly and stop the pain
From which you're suffering in life's rain
For in life you have to fight the battle
Of trouble's war that's standing like the metal

And doesn't let you to joyfully smile
Not even for a moment or a little while
And I know all this so for you I pray
May God give you powers to strongly stay

And pass trouble's phase that comes for you
Bravely and with courage too
So you can win the battle of your life
That surely in life do exist and survive.

Seema Chowdhury
Win People's Heart

Be gentle and nice
be patient and wise
And then give a start
And win people's heart

For only people in life
Who know how to survive
Just smile along the road
To lift others load

And lend a helping hand
Specially in trouble's band
And show others life's sight
That is better and all bright

It may sound difficult now
But this is really how
You can give a better start
And win all people's heart.

Seema Chowdhury
Win Your Pain

Despite the pain, just smile
Let life brighten for a while
And learn once again to start
To empty sorrows from your heart
And learn to find your way
In this life's deep bay
And try to win your pain
Just by being happy again
And then only you will survive
By knowing true meanings of life.

Seema Chowdhury
Win Your Thoughts

Celebrate the gift of life
That God has sent
For you.....
And accept the challenges
Of the moment
And don't let
Thoughts of your fear
Be like a broken record
Get stuck in one place
And repeat it
Over and over again
In an endless loop......

Just be strong
And win your thoughts
And stop worrying
About how the world see you
Let peaceful images flow
Into your mind
And bring you peace
And take you out
From the pool of suffering
And face it all boldly
For boldness has
Power and magic
And it teaches you ways
To grow
And follow your dreams
To a new life.......

3rd June,2009
..

Seema Chowdhury
Wind Of Hope

Let's turn our faces to the sun
And enjoy God's bliss before this day is done
And know that the wind of hope is high
So we must enjoy it while it is dry

For these whistling winds are full of life
And bring fresh breeze to joyfully survive
As they show us bright moments of smiles
The smile that speaks to us for a while

Where perfect patterns of life is found
On God's green earth and on the ground
And words of love is spread in the air
That brightens the day and is light and fair

For these tender and warm moments of hope
Teaches us all to courageously cope
And it fills the heart with beautiful dreams
Those are soft and fluffy as a cream

And they appear as laughing stars at night
And shine very bright to bring us delight
And bring us fresh breeze of fain
That takes away all our dole and pain

So let's turn our faces to the sun
And enjoy God's bliss before this day is done
And know that the wind of hope is high
So we must enjoy while it is dry.

Seema Chowdhury
Wind Of........

Praise the vision
Of
The laughs with mirth
The joys with smiles
And
The hopes with life
Because
It will not last
And soon
It will be dozed
By
The winds of
Hopelessness
Wounds
And
Misty hours..............

Seema Chowdhury
Windy Land

The windy land of life
In which we all survive
Is where the wind blows
Of troubles and pains row
Where only few we see
The shades of happiness tree
Where there are just little
Joys in this life's kettle
Where usually we just get
Everything in a pattern set
That we can never change
Nor we can ever arrange
Anything in it to survive
In this windy land of life.

Seema Chowdhury
Wings Of Imagination

Make your soul like a shining reflecting mirror
And begin your spiritual journey calm and unrushed
Away from the complexity of life
Analyze your internal world of thought
Feelings, values, love and belief
And know that God gave you
The wings of imagination to fly
So listen to the inner voice of love
And take a trip alone with faith and peace
To find yourself and answers of your questions
Just be kind, generous and gentle
And remember that inner beauty never fades
So find your path of development
And look inside your dream
To feel it inside your heart
And cling to hope
To eliminate road blocks
And always be ready to listen to
The soft whispers of God
And surrender to His will and rejoice
To attain everlasting life of kindness
That will help to cleanse your soul
And shine your spirit...

Happy 17th Birthday Samia
We love you very much

Seema Chowdhury
Wings Of Time

Reach out and do good deeds
Have a courage to start
See past and present through new eyes
Banish unsettling thoughts from your mind
For life is an amazing race
And we are all flying on the wings of time

Share a moment of life
Step forward and gaze skywards
Put your life in perspective
And believe in the magic of life
For life is an amazing race
And we are all flying on the wings of time

Stay open to the possibilities and surprises
Find solace in the wonders and puzzlement
Enjoy a tender smile and a kind word
And banish the weight of pang and hurt
For life is an amazing race
And we are all flying on the wings of time

Look for the new beginning
Hold on to hope forever
Stay strong and carry on
Till life's evening comes to an end
For life is an amazing race
And we are all flying on the wings of time

Seema Chowdhury
Winners Never Quit

Quitters never win
And winners never quit
So learn in life
To appear and sit
For the review
Of the real life
Where knotty points
Do really survive
And learn to mend
The cracks and flaws
That appears every day
In life’s tough laws
So you can enjoy
The gift of life
And learn to with stand
The test and hard drive
That you have to take
In many different ways
From the first ray of dawn
Till the end of the day
And then only you will
Learn to bravely sit
For real life's test
From where you can't quit.

Seema Chowdhury
Winter Creeps In

In the dew drops
In the farm lands
In the smell
Of night's sand
In the sky
In the clouds
In the fields
It's spreading no doubt-

Time is changing
And bringing with it
colours of winter
Bit by bit
And cold wind brushes
Against your skin
Allowing winter
To creep in

And everywhere
You can see on the sides
Blanket of fog
Spreading wide
And telling us to welcome
As winter is now here
Spreading life and joy
All round and everywhere........

Seema Chowdhury
Everything is a miracle
Only if you believe in it
For life holds precious value
In each and every bit

So focus on the chase
And hang on in your life
And look all around dear
And absorb beauty that survive

For winter is now here
With its purity and all the truth
Spreading its peace and light
And displaying life's colorful ruth

So enjoy this blissful snow
And watch happiness ripple out
And let go of all the negative
Without any hesitation and doubt

And step in the world of belief
With all your faith and more
And see with the fresh fallen snow
What else is there in the store

For the cool and chilly wind
And the snowy waves and the breeze
Gives satisfaction of the heart
And let all your pain freeze

And show you how to dance
And enjoy this winter season
And tell you to count God's blessings
That He has bestowed for many reasons

For we are all God's children
And He loves us very much dear
And that is why He shows miracles
To fill our lives with joy and cheer.
Happy Holidays & Enjoy Winter Miracles.
(Inspired By The Winter Season Of Sydney, Nova Scotia, Canada.)

Seema Chowdhury
Winter Is Now Here

Now that chilly breezes are here  
We know that winter is surely near  
When nice and warm and sunny scenes  
And evergreen trees can be rarely seen  
Because winter season is here atlast  
And talk of summer is the thought of past

Now on hills, valleys and farms  
Winter spread its beauty and charm  
With wintery smiles and snowy sights  
Along with cold and frosty nights  
As season is quietly changing its face  
So winter can quickly take summer's place

And mocking birds with nightingales  
Are going back to their narrow vales  
And are singing cheerful welcoming songs  
For winter season is here atlast

Now lilies that will no more bloom  
Seem very sad and in gloom  
And are looking at the misty sky  
And saying dear summer goodbye  
As the weather is quietly changing its face  
So winter can quickly take summer's place.

Seema Chowdhury
Winter Is On Its Way

Welcome the winter
That is on its way
And let it come
To brighten your way
For everything that
Is present on Earth
Surely for us
Bring God's mirth
So welcome the cool
Blowing breeze
And let it show
The winds of freeze
And let yourself
Enjoy it all
For these are God's blessings
All big and small.

Seema Chowdhury
Wipe The Tears

Wipe the tears from your eye
And don't cry or ever sigh

Because no one but only God
Can help you when things are odd

I wish you luck in every test
I hope you'll surely get the best

And I hope may you see the sky
Shining with hope very high

So wipe the tears and hope to get
Whatever in your mind you have set

And pray to only and only God
As he can help when things are odd.

Seema Chowdhury

Seema Chowdhury
Wise Up

Lets take out some time to enjoy
Life's spread out fun and joy

And let nothing bad ever destroy
The feelings of fain to make us annoy

For life is just a small tale
Where realities are hidden in veil

And we have to work hard to avail
All flying opportunities that do prevail

So work hard and try your best
To do everything with joy and zest

As life is just for a day or two
Where not always only good view

Is given so take out time for you
To enjoy life's all flying hues.

Seema Chowdhury
Wishes And Dreams

Why is darkness all spread on the sky
Why is brightness never shown high
Why I see clouds of agony and mope
And not even a glimpse of love or hope
I wish and I really want to try
To remove clouds woe and the cry
And hope that soon very soon
I'll see bright sun and the moon
And the rain and the pretty rainbow
All decorated with the floral bow
Where tons of gifts of care 'n smile
Will be shown in the trouble's pile
And then pretty and the bright sunshine
Will be spread like the joyous wine
And then clouds of darkness 'n mope
Will be replaced with the smile of hope.

Seema Chowdhury

Seema Chowdhury
Wishes For 2009

This is the most joyful time
This is the season of love's rhyme
Where we can all enjoy love
That's a God sent gift of heaven above

This is the time when we can show
How to spread happiness row
One by one in our lives dear
To extend a branch of love and care

I wish and hope for all of us
May we can learn to board the bus
Of happiness and joy's sunbeams
And becomes like a candle and throw its beam

For life is only for a day or two
Where we have to accept challenges hue
And color every phase of it with a ray
To complete successfully our day

And hope in this new year dear
We all learn to spread cheer
And learn a beautiful lesson of life
To even with pain how to survive

And smile along our life's way
And sing fainly in each day
And thank Almighty Lord for his love
And for his bliss of heaven above.

Seema Chowdhury
Wishes For You

Wishes for you
Just for you
Is what I'm sending
With love that is true
For a lovely
Soecial day
That may bring
Joy in the way

And may sunshine be spread
Where you walk
And flowers there shed
Whenever you talk
And may every moment
Be wonderful today
Because I care
Very much for your day

Happy Birthday Baby Uzair! ! !

Seema Chowdhury
I wish I was a butterfly
Roaming and flying very high
Over the mountains and the vales
Over the beautiful glen and dales
I wish I had the magical wings
That would take me to the Spring
Where joyful surprises and shows
Will help me to be in life's flow
I wish I had the magnificent power
To roam and enjoy the beautiful flower
And extend my hands to touch the sky
Where almighty God is smiling high
I wish my life was only mine
Where I would bath in sunshine
And let my soul freely roam
And return with faith to my home
And then again start another day
In a joyful and a lovely way
And smile with others and show them sunshine
And celebrate to have a free soul of mine.

Seema Chowdhury
Wishing You Happiness

I hope you will enjoy
All life's joys
That will come for you
All honest and true
Because dear friend
Here comes the end
Of one more stage
In life's cage
And because dear now
You will learn how
To live joyously in life
And search for fain taht survive.

Good Luck! ! !

Seema Chowdhury
Wishing You Joy

May your hours be filled with pleasure
And your days be filled with love
May your life be filled with treasure
That is a bliss of heaven above
And that's why I am sending
These lovely prayers in your way
That brings you warmest wishes
More than words can ever say
Along with joy and kisses
For your very special day.

Happy Birthday Friend! ! ! !

Seema Chowdhury
With A Cherry Smile

With a cherry smile
And a shiny eye
With a loving care
And a bright tie

Look forward to all
To gain for you the best
And be prepared dear
To take this life's test

And learn in it to live
And try to live with hope
And know that surely dear
It vasts life's scope.

Seema Chowdhury
With A Courageous Heart

Pray to God to keep you away
From all sorts of trouble's bay
And learn to face these difficult tests
With Courageous heart wearing faith's vest

I don't know when and where to stop
And how to explain where to drop
The endless invisible emotion's tears
Without any pain, sigh or fear

I wish life was not too difficult so
I could have kept my promises row
And would have shared my joyful smiles
With love and cheer all for a while

For a huge gap is rolling down
And is forcing me to wear the crown
The crown of haunting darkness and fear
That's forcing me to dropp invisible tear

For everywhere and all around my dreams
I find bitter rain filling the stream
The stream of frustration, anger and pain
And leading life towards loneliness lane

God please help me and keep me away
My lonely soul from trouble's bay
And give me strength to face life's test
With a courageous heart wearing faith's vest.

Seema Chowdhury
With A Hope Of Another Day

Orange light fills the sky behind the mountains
Where I stood silently
Watching God's miracles unfolding amazing
Washing mysterious colors on the sky
Creating a perfect landscape
And spreading a sense of serenity and peace
With a warm glow that illuminates the sky
And gave it a refreshing look with a perfect scene
Of sun sinking slowly and quietly
And night proudly pushing its way in
To darken the horizon
And covering the soft colors
Under its bold hue
Where a blaze of rainbow color
Finally wave goodbye
And in the middle of all this
I felt God's presence very closely
And his bliss surrounding me,
Giving me strength to move on
With a hope of another day..........

Seema Chowdhury
With A Little Love

Just with a little
Touch of love
Things can be changed
As blessings above

For love and care
Are the precious gifts
That give the courage
And the soul uplift

For love is a passion
That shows to all
That even if its little
Or just a share small

It can surely
Bring joy and mirth
And fill with fain
God's green earth.

Seema Chowdhury
With A Thought Of You

What I just felt in my lonely heart
That showed my life a brighter start

Was really very nice and true
And came to me with a thought of you

For I see your smile when I close my eyes
And I feel your love's bond and tie

And all this makes me feel great
And increases on you my good faith

And I have never felt something before
So I don't know how to explain it more

But what I just felt was very true
And came to me with a thought of you.

Seema Chowdhury
With A True Hope

If you are feeling
Down and blue
And doesn't see any
Joy to view

Then don't feel bad
Or heavy in heart
Just look to your self
With courage to start

Another day
With hope all true
And know that many
cares for you

Who have faith
In dear thee
And surely one of
Them is me.

Seema Chowdhury
With Comfortable Silence

I need a place
Where I could escape
At least for a while
With comfortable silence
And raw emotions
And reconnect with my life
And see life in detail
And see what have I been missing in small ways..........

So little by little
And moment by moment
I can decide how my life will be
And how I'll rise above the pain
And nourish my soul
With tremendous hope for a better tomorrow..........

And acknowledge my feelings
With words, thoughts and emotions
And have a self talk
To overcome emotional struggle
And find peace and solace
In a quite corner
With comfortable silence..........

Seema Chowdhury
With Greatest Affection

Today I saw pleasure
With greatest affection
Where
Although it was pitch dark
Yet,
I felt my day just begun
Because
i saw a glimpse
Of miracle
Wishing upon my life.....

Seema Chowdhury
With Hope And Fear

Every dawn that begins each day
Holds in it a world in a way
For there are feelings so new dear
That includes both hope and some fears
I wish you a world of happiness
Where comes by god's loveliness
Where you can enjoy the sights
Of god's bliss that are bright
I wish and hope for you dear
A day that is free of the fear
Where you can open the eye
In peace without any pain or sigh.

Seema Chowdhury

Seema Chowdhury
With Laughter In The Eyes

Even in the period of pain and sigh
Look with laughter in the eyes

So things can look better and bright
And can clear mist from your sight

For life is a merry go round
That stops when it touches the ground

So learn to live in it with care
And be prepared for test my dear

Because that's what life is all about
Where all kinds of mistrust and doubt

Are spread along the way of life
In which we're all bound to survive.

Seema Chowdhury
With Love

With love i’m sending dear
A gift of care and cheer
That can for you brighten
All your pleasing sights
I wish you joy and fain
With no glimpse of pain
And hope to see you smile
Even in hard trouble's pile.

Seema Chowdhury

Seema Chowdhury
With Love For Danny

May flowers be spread
In the path of thine
For this is a deepest
Wish of mine

I love you dear
My love, my life
For you're the reason
Why I survive

For you're my dear
the first ray of light
That set all things
In there places right

And you're the hue
Of the rainbow high
That shines for all
On the bright blue sky

And that's why dear
This is the wish of mine
That may flowers be spread
On the path of thine.

Love you Baby Danny

Seema Chowdhury
With Love For Sarah

You're the princess
Of my heart's paradise
In the Palace of love
Where joy and delight
Liv in forever
And bring me smile
A carefree smile
Of a contented love
For life is a gift
Where you are the bow
That God has sent
To decorate each life's row
With love and smile
With joys for miles
And sunshine of gains
And a life without any pain.

Love You Baby Sarah

Seema Chowdhury
With Your Eyes And Smile

Say it all with your eyes
And your sweet smile dear
Show your love that is deep
And inspire me with your care

Speak with your soft heart
And show your passion and care
And say it all with your love
And a heart filled with care

Warm me up with your eyes
And the sparkle in it that is there
And spread with your mute breath
And send love's message with care

And lay your dream on my soul
And be sure to lead my way
And say it all with your eyes
And share it with a smile today.

Love You Sunny & Thanks For Everything! ! !
23rd march,2009

Seema Chowdhury
Within A Moment

Before it bends away
Try to here sway
Pleasant waves of time
To tune up life's rhyme
For within a moment or two
Life shows significant hues
To be enjoyed and be amazed
And to here with joy gaze
At never ending blessings of God
Who is our Gracious Lord
Whose mercy has no end
Who is always ready to lend
The shade of His bliss and love
within a moment from heaven above

Seema Chowdhury
Without A Fear

Without any fear
Without any tear
Without any gloom
Without any zoom
Go ahead
And find your way
And do it all
To brighten your day
And search for the door
And search for more
With prayers from God
Who is our Lord
\Who gives sunshine
In life's dark line
And changes all bad
With the rainbow glad.

Seema Chowdhury

Seema Chowdhury
Without Divine's Wish

I winder what the future holds
Why moving wind seems so cold
What is now that I'll see
What is future planning to show me

I never asjed I never did
Neither now nor when I was a kid
I never expected life to give me the best
Nor I asked for rest int he middle of my test

Then why is today that is land and sea
When I looked for happiness it eluded me
And I had to search for it in hills and dales
And look carefully in plains and vales

Then atlast when i was exhausted and bored
I sat down to rest on thje tranquil shore
There I saw happiness and then got its hold
But was disappointed to see on it a label of SOLD

Then I realized and thought that's why
Future seemed sad as of it will cry
Becaus eit knew that without the wish of divine
I can never ask happiness to become mine.

Seema Chowdhury
Without Regrets

Look at yesterday
Without regrets
And learn to give
yourself
Each day
In every way
And
Permit no negative
To enter in your life's picture
At any time.........
Or else
You'll suffer
Till life's end
For life is a constant test
One after another
Where we need the gift of FAITH
To help us to cope
With the struggles
And the hardships of life.........

Seema Chowdhury
Without Sorrow

Get bravely through the day
That is full of the pain's ray
And know that there is tomorrow
That can be without sorrow
So why waste it now
Thinking the why and how
Of everything happened today
And in your life's way
Just look with hope and cheer
And overcome your fear
And know that there's tomorrow
That can be without sorrow.

Seema Chowdhury
Without You Being Here

Happiness is stopping its flow
My life is now going slow
Lively colors are fading in the way
Because you are far away

Life is losing its meaning my dear
Without you being close and here
I don't know which path to walk
And with whom to freely talk

My voice is losing its magic
And around me I only see tragic
For fun moments are all on hold
And I'm feeling very weak and cold

In this emotional journey called life
I'm drowning and can't survive
For your absence is taking a toll
And I'm breaking down with a painful soul

I hope things will change soon
And I can see the shining noon
Where I can sing songs of cheer
And celebrate you being here.

Miss You A Lot Sunny

Seema Chowdhury
Without You Danny

My life isn't sunny
Without you my Danny
For dark gray clouds
Creates the doubt

And make me sad
And I feel bad
And think of the day
When in my life; s way

You came my love
As a blessings from above
And showed me the way
Where happiness sway

So now I pray to God
To strengthen this love's cord
And blow in your way
Breeze of joy to always stay.

Love You Baby Danny

Seema Chowdhury
Without You Sarah

I don't know how to let you know
I don't know how on toher's to show
The stock of love that I hold for you
Both in my heart and in my mind too

For my heart now feels incomplete
Without you sitting in its love seat
For your memory that I hold in my heart
Doesn't let me get from you apart

I hope soon dear pretty soon
Will appear that shining sun and moon
that'll bring for me the joy's ray
To fill with pleasure my life's day

And I surely remember your sweet voice
Your smiles, your laughs and your noise
That always brought the message of hope
For me to cling on to hope

So that's why I'm waiting for the day
When luckily in my life's long way
I'll get with you the chance to meet
For without you my life feels incomplete.

Love You Baby Sarah

Seema Chowdhury
Without You Uzair

Warm thoughts like these
Blow like spring breeze
And tell dear each day
You’re missed in every way

For your smile is like a flower
That give others the power
To lighten their hearts
And give a brighter start

For the next coming day
To forever smile and sway
And collect joys rain
So in the period of pain

They can still smile
Even in trouble's pile
And know that evern now
Someone can tell then how

To look at bright hall
Show in crystal ball
And let this spring breeze
Forever in their life to freeze.

Love You Baby Uzair

Seema Chowdhury
Wonderful And Worthy Words Of Wisdom

1) Be proud of yourself, your achievements and invest in tomorrow. Give sincerely from your heart and work with high spirit.

2) Prepare yourself to accept new challenges and enormous opportunities that are standing in front of you every day.

3) Have a positive approach to life and recognize the power of optimism, hope and cheerfulness. Spread positive energy and vibes.

4) Learn to manage setbacks and understand the complexity of the problems so you can find appropriate and timely solutions.

5) Your actions have an impact and things matter, so be careful and mindful of your actions and their impact on your life.

6) Life's a puzzle and everyone gets different pieces to solve. Don't compare your life with others because we are all different just like snowflakes, no two snowflakes are alike.

7) Make your perspective your reality to succeed in the tests of life. Plan your day ahead to avoid distractions and disturbance to upset you.

8) Focus on the bigger picture and create a nice strategy to follow every mindful of your surrounding and follow your dream.

9) Pursue your deep passion and take some time to pause and reflect. See things with a new perspective after adding a new dimension.

10) When you create a rhythm in life, you feel satisfied and refreshed. Don't let anyone disrupt your peace of mind, heart, body and soul.

11) Find a balance in your life and focus on important and interesting things to learn and grow. This is your chance to work hard and prove your abilities.

12) Inculcate good habits because they help to improve your creativity, productivity, effectiveness and efficiency. Be a role model for people around you.

13) Master the art of overcoming procrastination, learn to prioritize and acquire skills to improve in all fields of life. This is your moment to enjoy.
14) Follow a schedule so you can stay on track and use time wisely. Learn to manage your skills and improve your performance every day.

15) Remember we are all unique, so be curious about everything around and specialize in whatever interests you. Create your own magical moment in life.

16) Try to understand yourself, see who you are, what you like to do and what influences your decisions. Shape the future, create resilience and flexibility.

17) See how you feel in an unpredictable situation, make a quick decision and move on to learn more every day. Accept adaptive challenges and be positive in life.

18) Learn new skills that will help you to expand your horizon and achieve your defined goals. Create your own pattern of success and gain the winning edge by learning.

19) Always take a moment before making an important decision and review all your actions and consequences. Learn more about your abilities to manage changes.

20) Use your wide imagination to interpret your thoughts, emotions, and deepest feelings. Be compassionate, kind, humble and capitalise on emerging demands.

21) Find peaceful and harmonious solutions to your problems by carefully weighing all your for ways to contribute to success in new and innovative ways.

22) Speak up and take action, be inquisitive about the world around you. Take calculated risks and follow your dreams and see how things play out every day.

23) Help others whenever you can and let hope shine through. Face your fears and reach out to help others. Be a mentor and a friend who genuinely cares for others.

24) Help people through their rough time, many things change every day. Show compassion and understanding and be the guiding star in the darkest and starless night.

25) Focus on clarity and have an active mind. Show how unique and different you are from the crowd. Shape your future and develop a thorough understanding of life.
26) Be calm and relax to enjoy some quiet time every day. Try some new and interesting things and learn how to get along in different situations and win the game.

27) Redesign your life inside and out. Make it exciting and engaging. Transform every aspect and make life worth living. Be productive and engaged to be on top of things.

28) Develop a strong performance capability, energize your surrounding with challenging work and don't be afraid to try new things. Change your thought process and accept challenges.

29) Study yourself carefully and deeply. See what matters to you in life, what guides your steps and what brings you peace. Learn from them and move on to achieve success in all that you do.

30) Life is coming your way, so accept it, change your outlook and embrace the magic. Hold your head high and write your own story and lessons learned. Move up confidently and say 'Let's Do it!'

Seema Chowdhury
December 1, 2017

Seema Chowdhury
Wonderful Birthday

I'm sending a basket full of wishes
Along with my love, care and kisses

And hope that all your dreams come true
And that is my wish that is true

For dreams are your imagination's key
That let you look at this world's tree

All nice things that are present in it
That holds joy and fun in its every bit

And I also wish that may your day
Be fabulous and fantastic in every way

So you can remember it and have more fun
Till the appearance of the next day's sun.

Happy Birthday! ! !

Seema Chowdhury
Wonderful Fortune Smiles On You

I wish you luck
I wish you joy
I wish you learn
Each moment to enjoy
I wish you fain
I wish you smile
I wish you learn
To enjoy it for a while
I wish you success
In all you do
So a wonderful future
Can smile on you
That can change things
That are all bad
And show you nice things
To make you very glad.

Seema Chowdhury

Seema Chowdhury
Wonderful Luck

Let bright sun
Shows its rays
Let it brighten
All your way
And let it enter
In life's door
And bring you wonderful
Luck and more
For only lucky ones
In their lives
Can get this chance
That scarcely survive.

Seema Chowdhury

Seema Chowdhury
Wonderful Peace

Do not grumble
Do not groan
Do not sob
Or even mourn
For life is made of ashes
Weeds, cries and fears
That can only be cleaned
Through flood of tears
So try to clear
All your doubts
And your sufferings
That you've about
Everything that comes
In your way of delight
Where you are unsure
Of your cheers bright
And learn to make
In this life's wheel
A nice and joyful
Wonderful peace deal
So all your pains are
Swapped with joy's light
After which your life
shows only sunny sights.

Seema Chowdhury
Wondering Alone

Wondering what to look for
I started to walk alone
I walked and walked and walked
Till I reached the quietness zone
Where things were surprising
And forever they'll really be
Where In ignorable silence was
The only thing I could see
Where every where was present
The deep shades of the time
That was truly dark
And was not on the flow of rhyme
And there for sometime
I couldn't really decide
What is there to seek
What is there to hide
And then i came out
From that quietness zone
And started walking again
Wondering there alone.

Seema Chowdhury
Wonders Of Autumn

Warm up your soul and heart
And watch the season change
Enjoy the radiant glory of Autumn
And see how beautifully it arrange

The burning and bright colors
Yellow, orange, red and brown
And decorate with lots of compassion
Bright colors in the town

Enjoy these splendid moments
And the wonders of Autumn my dear
Find joy and beauty of this magic
To see how it stirs up life's layers

Color every inch of God's earth
With splendid colors for a while
By spreading its magic and sunshine
As leaves are racked up in piles

Watch shimmering golden on the tree top
As hope blooms when leaves begin to fall
With the blowing wind of the Autumn breeze
Bringing splendid beauty and wonders for all.

***1st poem in the Autumn poem series***

Seema Chowdhury
Wonders Of Life

Life has so much to give and take
Its not just like a hot piece of cake
But we have to do so much to gain
All life's joy to get rid of pain
I really want and hope for the best
For all whom I love in life's test
And wish and hope that surely one day
I'll spread joy's flower in life's way
And these're the sort of things that survive
That make life nice with wonders of life
And tell us that in this life's ring
We have to face all autumns and springs.

Seema Chowdhury

Seema Chowdhury
Woods Of Memories

Lost in the woods of memories
Wandering all alone
I found
My dreams that were broken
And
My visions that were cracked
All scattered
And
Rolling down hot tears
Of
Repentance
And
Remorse........

Seema Chowdhury

Seema Chowdhury
Wordless Law

The day that is
Bleak and raw
Needs for them
A wordless law
That can be
Followed in sorrow
For the help
Of bright tomorrow
For in the day
Of our lives
There are moments
Of Autumn's drive
Where we meet
Pain and grief
And only we see
Joy for brief
So for those days
That are raw
We need to follow
The wordless law.

Seema Chowdhury
Wordless Memories Of Life

Where the story starts
And
Where it ends
Nobody knows
Nobody can
For
The language of living
Is
Very difficult
Where
Always
Unexpected things happen
That
Lead you to create
Wordless memories of life......

Seema Chowdhury
Wordless Memory

Some pages of my life
Are
yet to be filled
With
Wordless memory
And
An echo
Of the prison cage
With a thrill
And
Silence in the heart...............
Words Of Advice

Don't expect life to be always fair
For that's a gift that's surely rare
So don't feel bad if ever in life
Bad luck passes where you survive
And neither feel down, depress or blue
For sooner or later you'll see the hue
That'll colour your life with hues bright
And then life will fall in its place right
So just hang in there with a ray of hope
And never let yourself fall in mope
And don't expect too much out of life
In which we're all bound to survive.

Seema Chowdhury

Seema Chowdhury
Words Of Care

The words of care
Has a magical link
That binds many
In love's link
For it shows us
How very much
we have love
And as such
It gives joy
And more fain
That pours with care
And love's rain.

Seema Chowdhury
Words Of Cheer

Do good in your way
And be at your best today
And say nice words of cheer
To show others that you care
And know that life is small
With many trouble's wall
So try to joyly survive
In this troubled life
And try to bring sunshine
And a glimpse of joy's wine
In someone's life with cheer
To show you do love and care
And do good in your way
And be at your best today.

Seema Chowdhury
Words Of Happiness

Look for the sweet words
That can produce
Happiness
Because
Tomorrow is controlled
By the song
You sing today....... 

Just carefully learn to listen
God's soft whisper in your heart
And you will feel
A renewed sense of
Hope and peace
For true hope has
No price tag on it.............

Seema Chowdhury
Words Of Insight

Words of insight
Feels so bright
And brings delight
And pleasing sights
To all who cares
And are dear
And wants a rare
Joy and cheer
For they are true
And take away blue
And show all view
Full of bright hues.

Seema Chowdhury
Words Of Support

Courage
Bravery
And boldness
Are the words of support
That help you
To pass the phase
Of
Distress
And
Can take you out
From
The whirlpool of agony............

Just have faith in yourself
And believe that dreams come true
For we are the Children of God
Who loves us and cares too.....

Seema Chowdhury
Words Of Wonder

I wish you blessings of heaven above
And a home filled with joy and love

I wish you blessings of worldly smile
And a joy filled heart all for a while

I wish you blessings of endless fain
Without even any glimpse of pain

I wish you blessings of all life's pleasure
without any moment not filled with leisure

And because today you're going away
I wish you whole world of joyous pray.

Seema Chowdhury
Work Like Winners

1. Work like winners and shake the world
2. Increase your influence and get smart
3. Get engaged in your work to improve performance
4. Develop useful skills and create a meaningful life
5. Enhance your logical thinking and learn to move on
6. Have self-awareness and master skills to develop yourself
7. Find your real passion and simplify things around
8. Follow your chain of thoughts and be proactive
9. Focus on the bigger picture in day-to-day life
10. Protect yourself from the pain and disappointments
11. Have a serene and peaceful life free of anxiety and stress
12. Be alive, positive and don't lose your personal touch ever

Seema Chowdhury
October 8, 2017
Work On Happiness

Work on happiness
At day in and day out
And remove from the way
All clouds of doubt
And have the power
And a will
To find a path
Where you can drill
A pace for joy
And happiness dear
Where you can invite
Love, care and cheer
To come and live
And stay with you
And color your life
And all paths with hue.

Seema Chowdhury
Work Out Through Life

Turn the wheel of life
And work out through it
For life holds value
In every bit

And keep trying hard
And never quit so
You can travel through the storm
To touch the rainbow

Let God be your guide
Your teacher and your friend
In every road block
And every tricky bend

And let him hold you
Very close to his heart
Where you find peace
To happily start

A life of peace
Of your mind and soul
Where you can swap
Your fain and dole

And soak your heart
With rainbow hue
To bring peace and solace
To live anew.

Seema Chowdhury
Work With The Time

Learn to plan ahead and work with the time
Do not go insane or flow against life's rhyme
For life is a beautiful puzzle that we all need to solve
And display our inner talents as our thoughts revolve

Walk out of the valley of troubles to enter in hope's door
Follow your dreams and heart to fill up the strength store
And bury your anger and sorrow deep down in your mind
To learn to possess sunny outlook to brighten and unwind

Lead your life on the long road with smiles on the bay
Banish worries of the past and throw them along the way
Tune into what's going on inside your mind and heart
And disconnect from negativity to happily forever start

Splashes of lovely colors to bring music in your life's way
With bright sunshine along vibrant and hopeful days
Where we reconnect with tender emotions that are true
And solve life's puzzle with sparkling and magical hue

So learn to plan ahead and work with the flow of time
To happily built and display life's inspiring rhymes
Where we can banish our worries of past in the way
And walk on the long road with smiles on the bay.

Seema Chowdhury
Working Hands Of God

God rules on this world and earth
And prove all these things are worth
He shows the winter, the summer, the fall
That goes on and moves for us all
He brings beauty in the pretty spring
And fill music in these flawless things
He hangs on the sun, the moon, the stars
That twinkle for us from afar
And these things're not for only our seeing
But prove god's presence 'n his being
And tell that there're working hands of god
That shows miracle in the tiny grain of sand.

Seema Chowdhury

Seema Chowdhury
World Of Darkness

The world is set in darkness
And everywhere on the ground
Clouds of trouble are spread
That make things merry all around
I wish and hope and pray
That soon it comes to an end
So things can brighten up dear
And things can be straighten from bend
Where soon will shine the sun
And will there spread for all
Joys that they wish to have
To break down the trouble's wall.

Seema Chowdhury

Seema Chowdhury
World Of Distress

Life is full of miseries and pain
And tons of trouble's lane
where sun shines are less than rains
And your losses higher than gains
Where it is hard to spot fain
And stay fit in between pain
'cause whatever you think is sane
Comes out to be wrong in the rain
Where all your plans go in vain
And shows you path in life's train
That is not only always from fain
But also full of trouble's insane
I wish if ever in life's lane
I get a chance to ever gain
I'll try not to expect and fain
In this world of distress and pain
'cause life is full of miseries and pain
And tons of trouble's lane
Where sunshines are less than rains
And your losses higher than gains.

Seema Chowdhury
World Of Emotion

In the world of emotions
Tears of sadness and joy
Are shadowed with dark patches
That lapse into
Prolonged periods of silence
where
Everything that needed to be said
Is said
Without words
because
That s lonely spot
Where
Your emotions take you
To the world of unknown.........

Seema Chowdhury
World Of Joy

You brought with you
World of joys true
With laughter, hugs and joys
For each day now begins
With wonder's magic pen
And each day now ends
On fain curves and bends
I thank my dear God
Who is my only Lord
Who gave me a gift rare
That shows his love and care.

Love You Samia & Sameen

Seema Chowdhury
World Of Reality

The world of reality
Is ugly and bad
Where nothing
Seems to be glad
For there are many
Hurting truths
That make us fall
In the ponds of ruth
And there also
Are present pain
Without even one
Glimpse of fain
And then from there
We cannot come out
And this is what
Reality is all about.

Seema Chowdhury
World Of Reality And Bitterness

In the world of bitterness
And reality
Wonderful gains of life
means
Burden
Load
Grievance
Wounds
And
Thorns
And
No one to bank on
In times of stress
And destruction....

Seema Chowdhury
World Of Solitude

Enter into the world of solitude
Where you can show your care
Where your thoughts and acts are free
So your pain with you they share

For life is a bucket of ashes
Where nothing but more of pain
Is shown to all the creatures
That makes them feel insane

So don't lose hope or cry
But remember this is life’s rule
That everyone has to follow
To bring life's troubles to cool.

Seema Chowdhury

Seema Chowdhury
World Of Tears

Don't let them go
Try to stop
From the eyes
Don't let them drop
For this is really
The world of tears
Where no one knows
The value of care
Just live in yourself
And do not say
Anything that's hurting
In your heart's way
For no one will listen
Or try to console
What is hurting you
In this tear's bowl.

Seema Chowdhury
World Of Tomorrow

I like the world of tomorrow
And hope it to be free of sorrow
where I see for myself
Joys and fains displayed in each shelf
Where I allow content and delight
To enter from each crack bright
And there only positive thoughts drive
The car of my never ending life
And there no records of the painful years
Are found in any dark layers
And the night of the injustice always see
A bright morn of sparkle's fee
So on the misty days of wonder
I know how to find my way out of thunder
And work hard to find smile and sunshine
And learn joyfully to drink life's wine
And here in the middle of all this
I count God's love, care and bliss
And make hope and faith my friends
Till my life touches its end.

Seema Chowdhury
World's Crowd

Locked and frozen in each eye
Sitting behind everyone's sigh
Is a thing known as a tear
That drops down with sadness fear
So don't feel bad or ever alone
As this world is full of mourn
But try to find more words anew
To see the reality of situation true
And know that in this life's board
Mankind face many crossroads
Where usually the path bears
Hopelessness and also despair
But even then learn to hold
All your tears and be bold.

Seema Chowdhury
World's Events

The injured
And
Hurtful feelings
Of
Hopelessness
And
Pessimism
Casts its shadow
Of sorrow
When
We enter
In life’s battle
With
An ill preparation
For
The world's events....

Seema Chowdhury
World's Greatest Dad

Thank you God for giving me a gift
Your most precious gift for my soul's uplift

The gift that is most novel and rare
And known as world's greatest dad dear

For he's the one who straightens life's bend
Through his affection that has no end

And thank you once more my Lord
For giving the wonderful dad my God

Who always shows new bright start
Whenever I feel lost and broken heart

For a father's love can never be purchased
Neither be bought, nor be replaced

Because his love is precious and rare
And full of over flowing affection and care.

Seema Chowdhury
World's Inn

This world is an inn
And a huge bin
That's filled with tears
Doubts and fears

Where every one
Is busy in the run
And is trying to get
His life's story set

For its very hard
For the fate's card
Is written for all
Some big some small

And then we follow
Written joys and sorrows
That is filled in the bin
Of this world's inn.

Seema Chowdhury
World's Market

In this world's market
Only
Empty wishes
Are available
That starts a day
With
A wrathful silence
And
The Autumn stillness
That is
Followed by
Luckless hours
That
Never ends.............

Seema Chowdhury
World's Slope

Try to solve the mystery
Go through world's history
And discover the clue
That's hidden in queue
And try to find the reply
And answers of the WHY
That come as to us in hope
Slipping through world's slope
And know that it is true
And hard to find the hue
That's hidden in an hour
That show us day's power
And tell us how to survive
In each moment of life
And now to discover clue
That is hidden in queue
Go through world's history
To solve this world's mystery.

Seema Chowdhury
World's Teacher

If you want to learn
Then make heart your preacher
For it teaches you alot
For it is a world's teacher
For there are many things
And this world is wide
Where almost everything
Appears with two sides
And out of that my dear
One is good for you
But other side is really
Bitter and hard too
So learn to face it both
And with courage all
Troubles will go away
without giving you a fall
Only if you will make'
Your own heart your teacher
And learn to handle joys
And tears like a preacher.

Seema Chowdhury
World's Way

This world has a way
That's surely rare
That sometimes show
That everyone cares
But sometimes it
Ignores us all
That gives our life
A painful fall
I wish if today
i can find
A way to change
This world's bind
So no one care
When they're hurt
And dropping tears.

Seema Chowdhury
When worries of sorrow
Comes in your way
Then don't get upset
Just learn to stay
calm and cool
To overcome them
And with courage
And virtue's hem
wait for good time
That is through narrow
But will surely come
If you wait till tomorrow
And leave some for
The future hours
For time has got
An excessive power
To heal the wounds
And all the pain
That gets in the way
Of everyone's lane
So with patience and hope
wait for the tomorrow
And try to cut on the
Worries of the sorrow.

Seema Chowdhury
Worrying about tomorrow
Will only give you sorrow

So just stop crying
And keep on trying

For life really holds
Nice things so unload

All troubles of the past
In joy's garden vast

And just for a while
Make a habit to smile

Then happy you will feel
As your wounds will heal

And then no more sorrows
Will be left for your tomorrows.

Seema Chowdhury
Worry Less

Come out of the mess
And worry less
And look for faith
For faith is great
And know in life
Bitterness survive
So don't lose hope
Or ever mope
Instead try to find
And make up your mind
And avoid mess
And worry less.

Seema Chowdhury

Seema Chowdhury
Worst Trap

Today in the faint morning light
I find proper words
For my feelings
To walk in my footsteps
To cope with
One more bump on the pathway
Because
Its horrible to watch dreams
A dream
That has been a part of my life for many years
Falling apart
And coming down....
So I just let the tears slid down the cheeks
And
Accepted it as one of
Life's worst trap
And then walked away
Because
I realized
I had a long way to go
Before the day's end.....

Seema Chowdhury
Worthwhile Achievements

Whenever life seems full of trials
And you don't see any thing to smile
Then don't feel down, bad or blue
Just seek for the way that has a hue
That can colour the days of your life
And let you sit on the seat and drive
And teach you how to fainly smile
And count your achievements worthwhile
And show you life's way that is bright
That can set things in their places right.

Seema Chowdhury

Seema Chowdhury
Worthwhile Living

Do things with will and smile
Then they will be worthwhile
And try to make your life sweet
And do things for people you meet
With joy and smile that is true
That can bring pleasure to you
For life's gift is given by God
Who is our gracious Lord
Who bestows us with mirth
And all joys present on earth
So try to live with a view
That is free of gray and blue
And do things with will and smile
And make living for all worthwhile.

Seema Chowdhury
Worthwhile Rules

Things that make
Our life worthwhile
Includes love, hope
Faith and a smile
For all these things
Show us the way
To walk on path
To make our day
So learn to achieve
All these four
worthwhile rules
More than before
So you can make
Your life worthwhile
With the help of love
Hope, faith and smile.

Seema Chowdhury
Worthy Deeds

Show care and kindness for all
And do nice acts even if it's small
For worthy deeds produce reward
And help when things are going odd
For a word of care is like a deed
That knows how to remove the weed
The weeds of any trouble and pain
And exchange it with a word of fain
So try to show kindness for all
Even if its an act very small
For worthy deeds produce reward
And help when things are going odd.

Seema Chowdhury

Seema Chowdhury
Wounded Memories

Flipping through the channels
The channels of my life
I met wounded memories
Through this painful drive
Where I found some crying smiles
And traces of laughing pains
All living idle in my world
In empty chambers of fain
Where I saw myself living
In the life of my dreams
Where troubles were all gathered
Around me in wondering stream
Where splashes of ending realities
Were vivid in my mind
And nostalgic memories spread shadow
And passionate waves of different kinds
And there I just stood quietly
And kept looking for some more
some more mysterious waves
To erase past memories from before
And there I found sorrows growing
And taking over moments of delight
And leaving uncertainty in my life
And turning off the happiness light
And then I realized at the end
This inseperable painful bends
Will never let me treat my wounds
Till I die and meet my life’s end.

Seema Chowdhury
Wounded Thoughts

Wounded thoughts and wounded mind
Does not always let you find
Right path, way or the road
On which to walk 'n share your load
For the path on which life takes you
Is surely neither always bright nor blue
So best thing at then to do
Is to pick what you think is true
So remember always to let your mind
Relax for a while 'n then find
Pretty path on which you can walk
Where you won't see any trouble's stock
To hurt your feelings and your mind
With wounded thoughts 'n wounded mind.

Seema Chowdhury

Seema Chowdhury
Written On The Sand

your pains and your gains
Are written on the sand
under God's care
And on his land
so get them all
Before they sway
Or get wiped out
From your way
For in life's journey
We get them all
So enjoy all of them
whether big or small
And know this is life
Where you will get
Everything in its place
Everything all set.

Seema Chowdhury
Wrong Side Of The Road

At times life seems like an endless journey
With closed eyes and cold feelings
Where there is not much to discover
Except for poignant moments and thoughts
That carry some terrible burden
Of intolerable ache and pain
With darkness forcing the memory back
And we feel like standing in the chill air
Unable to fight the tides of fear and endure screams

And then we find ourselves
Constantly walking on a tight rope
In a long and difficult journey
And driving on the wrong side of the road
Gazing into darkness of the unknown
Where river of tears pour down
With bottomless sorrow that tore our heart and soul

Where we feel helpless and lost
As we can only sit back and watch with awe
Memories unfolding in layers one after another
And we see ourselves stuck in this craziness
Waiting, wondering and asking difficult questions
For which there are no answers ever
As we are driving on the wrong side of the road....

Seema Chowdhury
Year After Year

In the bitter and sweet world
Where we live with trust

Each day passes very quickly
And year after year like a crust

where we meet our dreams and hope
And find our ways to ealk

Where griefs and joys are hidden
Beneath the passing of a clock

So we must try to seek for ways
That can show us the bright morns

Where life can be for the best
And wishes can appear like the dawn.

Seema Chowdhury
Year Of Even And Odd

No more tears or sadness
Just peace and love and hope
Is what I wish to see
In this new year's rope

Where every morn and noon
Is filled with joy and delight
And lots of smiles accompanies
My evenings and my nights

I want to start my dear
With love and care for all
Where bygone year's troubles
Can never give me call

Where rain is followed by
Bright and shining sky
And tears of losses are
Swapped with laughter's tie

So I can live in peace
And thank my dear God
For ending another troubled
Year of even and odd

And for showing me a begining
And a path very bright
To walk freely on it
To hug joy, happiness and delight.

Seema Chowdhury
Years Of Triumph

I wish you luck
I wish you joy
I wish in life
May you always enjoy

All sorts of
Victories and wins
That can give you
The gift of grin

And hope may years
That're on the way
May bring sunshine
For all your days.

Seema Chowdhury

Seema Chowdhury
Years Of Youth

The years that're passing by
Will never come back again
So enjoy this little time
Called years of youth 'n fain
And collect for you in this time
Nice memories of joys dear
To cherish and to remember
To bring you the gift of cheer
For life is like a river
A river of no return
Where no one gets another
Chance to ever turn
Turn back to any gain
In this life's small game.

Seema Chowdhury

Seema Chowdhury
*Yesterday's Findings*

Use yesterday's findings  
To solve  
Today's problems  
And find for yourself  
New paths  
To walk on  
Where  
Tomorrow is filled with promises  
And  
Unlimited reassurance  
That will let  
Fresh air into your life  
And will  
Carry forward  
Your dreams....

Seema Chowdhury

Seema Chowdhury
You Are A Caring Friend

Let me count the ways
In which I can think of you
Let me count the ways
In which I can assure you
That i'm a sincere friend
Who cares for you a lot
And think for the ways for you
To bring happiness and sort
And clear the path of joy
And bring in fun for you
As you are a caring friend
Who deserve sincerity too.

Seema Chowdhury

Seema Chowdhury
You Are Cared

Its good to know that someone from far
Cares for you just for who you are

And wants to share your joys and grieves
And be with you through life's days brief

Someone who sincerly believes in you
And wish for joy and happiness true

And hope for you all the best
In each life's big or small test

And that's why sometimes I feel so great
And put more and more on God my faith

And thank Him for showing His love and bliss
By giving me someone to share happiness.

Seema Chowdhury
You Are My Best Friend Sunny

You have made my dull and ordinary days
Very special and exciting in many ways

You have brighten my path and my life
You have shown me happy ways to survive

You have wiped my tears of pain and sigh
You have shared my smiles of joy high

You have held my hands when I felt lost
You have brought back happiness at any cost

You have transformed me with your love
You're my guide, mentor and a friend from above

I love you Sunny, thanks for playing your part
So lovingly and so beautifully with an art

Today we are celebrating our 21st Anniversary dear
I'm so grateful and overwhelmed with joy and cheer

May God Almighty bless our family and our lives
And shower his unaccountable love where we survive

Happy 21st Anniversary My Dear Sunny

Seema Chowdhury
July 27,2017

Seema Chowdhury
You Are Not Alone

Don't cry dear
Neither feel unclear

For you are not alone
So don't sigh or mourn

For life is very vast
So don't just cling to the past

But try to always end
These troubles that're sent

In your way to test
Your faith in god the best

So bravely face it all
Whether big or small

And smile along your way
To make it a perfect day.

Seema Chowdhury

Seema Chowdhury
You Can Always Come To Me

I just want to know and see
How much I really care for thee
And I really want to let you know
I want to share your sigh and woe

So please remember wherever you are
Whether you are living near or far
You can always come whenever you need
Or even if you are feeling down and blue

You can come for help and advice
You can come for a hug that is nice
Or even if you are feeling down and blue
You can come to me for I love you

So all I want you to know
Is wherever I may be in life; s row
You can always come when you need me
Because I care very much for thee.

Seema Chowdhury
You Can Do Anything

You can do anything you set your heart on

Challenge yourself towards greater excellence

Think big and go out bravely to face tomorrow

Never be afraid to speak the truth of reality

Let true love flows and direct your life's way

So you can celebrate your success in an array

Remain hopeful when things seem difficult

Practice often to overcome pain and hurdles

Always trust your heart and find new roads

Believe in your success and plan a wonderful life

Don't wander around in darkness, doubt or mope

Catch up with your thoughts and feelings to move on

When you feel your world is worn down from struggles

Get up bravely and face what is coming tomorrow

Impact the power with which you live in the world

Don't just stand in silence and watch irritating events

Remember you can do anything you set your heart on

So take each step carefully on an unfamiliar path

Let go of fear and live in the moment of peace and joy

And fill your day with brightness to reach excellence...
You Can Do It

Things may seem hard for you right now
And you may not think of a way to how
Solve troubles that're standing in the way
And are blocking sunshine to touch your day
But I know and believe and that's true
That with a little courage you can do
And you can handle your problems with care
If only you can learn to banish your fear
So have faith in you and on your god
For he can help when things are odd
And request him to grant you courage's kit
So you can know that you can surely do it.

Seema Chowdhury

Seema Chowdhury
You Can Make A Difference

Let's go and make a difference
And make life useful for all
Before our time is up in the world
And we meet our end and fall

Let's know that today is our moment
And we must light up other people's lives
And look to answer difficult questions
That we know for all survive

As long as we believe in ourselves
And know for everything there is a season
Similarly, we have to know for sure
That God made us who we are for a reason

So we must know that this is the time
When we can change it all
With our determination and hard work
Before we meet our end and fall

So let's start our day and promise ourselves
That we will do something good today
And wipe the tears of pain and sigh
That will come in our way

And believe that we are worth and rare
And loved very much by God
And we can count on Him forever
Because He is our gracious Lord.

Seema Chowdhury
You Can’T Fall

Hold on to your dreams
And don’t let silence scream

And try hard to break this wall
And don’t let yourself even fall

For life is hard and bad
Where very less comes glad

For mostly the road seems bent
And troubles never seems to end

But remember for yourself dear
To face it all with cheer

And then you'll break trouble's wall
And will never get a fall.

Seema Chowdhury

Seema Chowdhury
You Deserve Love

Free your burdened soul
From the shackles of
Insecurity
Mistrust
Doubt
And fear
And listen to the kind and encouraging
Words of our God
And feel the deepest feelings
To sing for joy
To stay positive
And know that you deserve love
For hatred leads to destruction

And find God in simple things
And know that to take a big step
You need few lessons from faith
To believe in the beauty of your dream
And find the light to follow
To calm down and appreciate
The good things around you
And know that you deserve love

Take a moment to remember
That the season will change
And green will return each year
With the rhythm of life
So turn your face to the sun
And be grateful for the warmth
And appreciate the spiritual moments
To recharge your faith
And remember that you deserve love.....

Seema Chowdhury
You Have A Lot To Do

Don't take rest
In life's little test
And never ever stop
Or ever try to drop
Or waste your time
Of life's rhyme
For there is less
Joys than mess
And for you
You have to do
A lot my dear
So take your care
And in it do
Nice things for you.

Seema Chowdhury

Seema Chowdhury
You Have A Lot To Offer

Put some joy and some pleasure
Add in it some laughter's treasure
Then mix it well with the spoon of care
So the mixture now can be called rare
Now put it in the pan of dream
Where kindness is flowing like a stream
And love is giving it a turn
And is giving it a perfect return
Now add it a pinch of smile
A carefree smile in your style
So this mixture can taste very sweet
For anyone who wants a special treat
And now when all this baking is done
Then top it with some joy and fun
And offer it all with the spoon of fain
Then count pleasure with it that you gain.

Seema Chowdhury
Young Hope Of Spring

Plant seeds of hope and joy
And let it blossom for you to enjoy
For it is a time for sun to shine
And for happiness to spread its wine

For spring is when young hopes bloom
And with it spread awesome perfume
Of warmth and love, kindness and care
And God's green earth get ready to share

Her loveliness and optimism of life
In this world where we all survive
Amid amazing colors of green and yellow
For all of us to share with our fellows

For spring is the time when young hopes bloom
And with it spread awesome perfume
As spring breeze takes over our heart
And show us a bright and a warm start

To open all windows of our mind
And let soft wind enter to remind
That it is time of freshness and light
To take over and cover with bright

Smiles and hope and delicate colors of shine
To bring us joy and happiness wine
For spring is the time when young hopes bloom
And with it spread awesome perfume.

***4th poem in spring series

Seema Chowdhury
Your Affection Is Returned

When you show your affection and care
For all those who're near 'n dear
Then not only in your joys and smiles
But also in your trouble's pile
They return your affection with fain
And try to wipe out all your pain
And bring you the message of hope
To take you out of falling in mope
So show your love whenever you can
And treat everyone like a nice man
And give them a portion of your care
To all those who're your near 'n dear.

Seema Chowdhury

Seema Chowdhury
Your Approach To Life

Let your approach to life be nice
Let you act in life very wise
For these are the things that can bring
A lot of changes in life's ring
So try to have thinking bright
That can bring pleasure to your sight
So you can live a happy life
And bring to all joys that survive
For not always it gives you smile
And not always it gives you trial
So learn to act and be wise
And have an approach to life all nice.

Seema Chowdhury
Your Day Will Come

Don't feel down
If life is blue
Don't let mope
To come into view
If you don't see today
Any happiness for you
For your day will come
And that is true
Just with hope
Hang in there
And look for joy
In everywhere
And then surely
You will see
Fain and smile
Waiting for thee.

Seema Chowdhury

Seema Chowdhury
Your Dream World

Create your own dream world
And let no one enter in it
Uninvited
Or
Unwelcomed
Or else
The prevaile dream
And
The tranquil peace
Will leave you forever..
To dwell in misery and seclusion....

Seema Chowdhury

Seema Chowdhury
Your Friendship Is A Blessing

Your friendship is a unique gift
That feels like an infinite blessing
And it's a gentle breeze of Heaven
Your love and care always show
And reflect your sincerity through
Your sympathy and endless patience
Portrait a happy life ahead my dear
That fills my world with boundless joy
And it's the sweetest gift of all.............

Your plant seeds of tremendous faith
In my beautiful life with shining colours
You add compassion and infinite hope
Through your unique strength and smile
You sprinkle magic in my everyday life
And take away all my fear and worries
You're my Angel of protection and comfort
And your friendship is a unique gift
And it's the sweetest gift of all............... 

Happy Valentine's Day Sunny, Thanks for being my best friend.

Seema Chowdhury
Your Future Happiness

Simple pleasures are always worth
So collect them for your own mirth
And know that good luck is in your way
So count the blessings of each day
And know that happiness and fain
Are the things that're hard to gain
So if you want to be happy and gay
Then count your blessings of each day
And know to have future happiness dear
You have to take joy's good care
Because even small pleasures are worth
And bring you joy, peace and mirth.

Seema Chowdhury

Seema Chowdhury
Your Inner Voice

Listen carefully to your inner voice
And then try to make a choice
Between what is good or bad
And between what is sad or glad
And know with positive word 'n deed
You can always sow the seed
Of love 'n affection 'n smile 'n care
And you can banish all your fear
So don't think how's life treating you
Just see what is false and true
And try to always make good choice
And listen carefully to your inner voice.

Seema Chowdhury

Seema Chowdhury
Your Journey

May your journey on the road
Be nice and smooth my dear
May you recover from your pain
Without any delay and fear

May each day that appears
Bring happiness in your life
And each flower that blooms
Teaches you to boldly survive

Just know that God Almighty
Who gives life to all
Has secret plans that are special
That doesn't let us fall

In our times of trouble and distress
And times of terrible pain
We just have to pray and hope
And it'll lead us to peace again

And know that we're all
Praying for you day and night
And soon you'll see everything
Falling in its place right.

GET WELL SOON BAJI & I LOVE YOU

Dedicated to my sister Sameena Mansoor.

5th March, 2009

Seema Chowdhury
Your Life

Don't let
Tears of hurtful words
To stream down the cheeks
Or else
Your life will become
An open book
For the whole world
To
Read and comment........

Life is too precious
To be wasted
Or to be ignored
Just have faith
And start it all over again.........

Seema Chowdhury
Your Memory

No moment passes by in my life's day
When memory of you doesn't come in my way
For you hold important place in my heart
From which I don't want to impart

You always shared me precious smiles
And showed me ways to solve trouble's pile
And always in one or in another way
You showed how much you care each day

And you always wipd my teary eyes
And tried to take away my pain and sigh
And always brought me the message of hope
And showed me ways with them to cope

And today I really want to tell
Your precious memories with me always dwell
And many good things for you I wish
For you're surely God's huge bliss.

Missing You Sister

Seema Chowdhury
Your Own Momentum

Run your life
On its own momentum
To create a circular effect...

Put aside unpleasant and worry some things
And enjoy the clear and sunny view
With fresh warmth of cool breeze
And run through time swiftly
And from the pile of hard stones
Pick your share of pebbles
And walk your way through life's crowd...

Just simply be aware of your surroundings
And push your emotional button
To live in the present moment
To smoother the texture of life
Under the right circumstances...

So recollect tender memories
To create a magic to cope
The precious gift of a safe journey
Wrapped with courage and laughter
To run your own momentum......

Seema Chowdhury
Your Share Of Load

Carry your share of load
And walk in life's road
With faith in your heart
To give you a start
For the gains of life
Where joys survive
Because true treasure
In life is a pleasure
Of hopes and smiles
All spread around miles
So learn life's rhyme
As this is the time
To share your load
And walk in life's road.

Seema Chowdhury
Your Special Day Sunny

I hope your special day
Is full of blessings and joy
I hope each passing moment
Leaves memories to enjoy

I hope each day brings
Excitement in your life
And gives you more reasons
To happily here survive

I hope your life's journey
Is full of amazing things
Where success and happiness
Moves swiftly in blessings ring

And I hope you know dear
How very special you are
As you are an angel of love
Who spreads happiness near and far

And as you celebrate your day
I wish, hope and pray
May God extends his care
And bless your special day.

Happy Birthday Beloved Sunny

Seema Chowdhury
Your Talents

Put your talents on display
while the sun shines, make the hay
And don't let anything to stand in the way
Where you can easily put on display

Your talents that is nice and bright
And put you on track that is right
For not always but once in a while
You're given a chance to pass through trial

With a pleasant smile instead of pain
So don't let it all go in vain
Just do your best and show to others
Your talents and then try to gather

Things that' are good for you
And give you chance to prove it too
So while the sun shines, make the hay
By putting your talents on display.

Seema Chowdhury
Your Thoughts

I hold the memory of you
Deep inside my heart
Where past memories of yesterday
Plays an important part

Where pleasures of happiness
And bitterness of any pain
Where experience of the hurts
And awareness of misery’s sane

Are all shared by thoughts
That works as a soothing balm
And your loving shade of care
That always helps to calm

In the very quiet moments
When solitude is all around
That tells me to ride in it
In the gloomy merry go round

But then after a short while
O forget about misery and pain
And once again in your thoughts
I start swimming in current’s fain.

Seema Chowdhury
Your Time In The Sun

Enjoy every minute
Of your time in the sun
Before comes the end
And your life is done
And look at it
With hope and faith
And then surely
Life will feel great
And learn to enjoy
All these bliss
Given by God's
Love and kiss
And know that soon
Your life will bend
So enjoy it all
Before this road ends.

Seema Chowdhury

Seema Chowdhury
Your Warm Feelings

Thanks for showing
Your love and care
That helps me to
Always share

My troubles and agony
Pain and distress
And takes me out
Of feeling depress

For your warm feelings
Is really a source
Of joy and mirth
For me ofcource

And that is why
For you dear
I wish and pray
May life be fair.

Seema Chowdhury
Your Warm Love

Your warm love has provided me the shade
The cooling shade of care as an aid

Whenever I need a hearty pat on the back
Or a loving shoulder to cry in life’s sack

You always showed me the brighter side
Of life full of trust and joy that is wide

And always with an encouraging smile
You shared all my trouble's pile

So that's why I say you are great
Just like the corner stone of my faith

So about you I'm proud to tell taht you care
For your love's treasure expands by years.

Love you Sunny! ! !

Seema Chowdhury
Your Way To Happiness

Pave the way for joy and smile
For these will take you far away miles

And will prove as your nice friends
With whom you feel happiness never end

So build a way for happiness dear
And know that its good to share

Your joy and fain and your fun
Before each day is through and done

And know and learn this my dear
That happiness in your way will appear

Only if it will get a chance
To show its presence in your life in advance.

Seema Chowdhury
Your Words

Your words and deeds are so rare
That brings me the gift of love and care
And makes me feel happy and glad
Even in hard trouble's bad
Thanks for being such a friend
With whom I don't ever pretend
Whose love feels so dear to me
That I always wish her to see
And hope for her a life of fun
Before our days of life is done.

Seema Chowdhury
You're My Wealth

I love you dear
very much my dear
For you're my wealth
As important as my health
For each day that goes
Brings me your love's glow
And I wish my kids
If again I can lit
The candle of my life
For both of you to survive
And can come to stay
Forever with you today
Because I love you
And that's really true.

Seema Chowdhury
You're Really Missed Ma

Your sincere love and your genuine care
The lovely smiles that you always shared

Your beautiful laughter and truthful advice
Words of wisdom all faithful and wise

Your endless prayers and cascading bliss
Are all sincerely, dearly and really missed

It is a long year since you've left us Ma
We really miss you and our dearest Pa

We pray and earnestly hope every day
We will meet one day in heaven's way

We hold special memories of both of you
Very close in loving hearts, pure and true

We are grateful for all sacrifices and pain
You two silently bore for our comfort and gain

Thank you both for your tender care and love
May God Almighty shows mercy in heaven above

And each day and night that we are apart
We think fondly and always pray in our heart

May Gracious and forgiving God forever release
His endless blessings in your aboard of peace

May your souls rest in peace as you're dearly missed
You will always reside in our hearts like cascading bliss.

May your souls rest in peace

***Written on the 1st Death Anniversary of beloved Ami.

Seema Chowdhury
February 19, 2019
Seema Chowdhury
Yourself

Know your own self
And who you really are
And try to find hidden
Facts of life that is far
Then only you will
Learn to handle life
And you will know
How in it to survive
For in this life we hear
Echoes of the scream
And a blank stare
We get in life’s beam
So make time my friend
And wait for your turn
And look what you’ve got
And gained in return.

Seema Chowdhury
Zest For Life

In the midst of change
A defining moment comes
When we look back
Through hazy nostalgia
And dig in through a huge bag
Of emotional baggage
Confused and bewildered
And force ourselves to walk
And stash away memories
So we can start new and fresh
And then we answer questions
Of the real and frigid world
And explore all around us
With an understanding approach
Slowly and humbly, step by step
So we can fulfill our dreams
And move to the new horizon
Where we can absorb in life
And soak our souls in excitement
To catch up with zest for life...

Seema Chowdhury
Zig Zag Road

In the zig Zag road
OF your life
Learn the art
To always drive
The car in it
With some care
For this is what
Life is dear
And learn in life
To always enjoy
All life's troubles
And swap it with joy
And try to collect
Some happy times
And in that sing
The pleasure's rhyme
So you can cross
The zig zag road
Without the feelings
Of burden and load.

Seema Chowdhury