

Laughter



The healing power of laughter
Let it out laughing to the rafters

Chortle cackle positive Bubbles
Titter, chuckle away your troubles

Joker, Jester be a comedian
Share the love don't be a tragedian

Precious escapes in your prime
Funny moments in time

Feeling your internal sun
Releasing endorphins of fun

Free emotions silly commotions
Happiness folly potions

No one can take away the joy the laughter bring
Keep laughing stay strong make your heart sing