

Poetry Series

lorissa cowan
- poems -

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lorissa cowan(31/10/1990)

i was born in mackay, i'm 19, i have four brothers and three sisters i'm in the middle. i love to write, read, sing and ect. i'm a friendly person to who ever wants to know me. i love writing poems cos it helps me deal with everything around me.

Beautiful Hearts Will Always Die (Lyrics)

The tears that shield,
Stain my cheeks,
With pain that wont go,
The cheeks are sad and lonely will never be unfold,

My eyes are full of sorrow,
That takes my breath away,
My pain will soon unfold,
It will take the earth away,

The beautiful hearts that surround me will always die,
The tears that stain my cheeks, will always be with me,
The bleeding is with me too, it comes with my heart,
The beautiful hearts that surround me will always die,

The rain hits the earth,
With a fiery after burn,
The ground begin to fall away,
With the fiery flames,

The sorrow and pain,
Has begun again,
With the rain,
And tears of shame,

The beautiful hearts that surround me will always die,
The tears that stain my cheeks, will always be with me,
The bleeding is with me too, it comes with my heart,
The beautiful hearts that surround me will always die,

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Broken Wings (Lyrics)

No body known's who I truly am,
I've never felt this way before,
Why do things turn out wrong?
With the way of this open door,

My broken wings were in my back,
Till I let them extract,
I'm flying through the air,
With my hair everywhere,

Why do people have to know?
What do they have to say?
Why can't they leave me alone?
From now till the end,

My broken wings were in my back,
Till I let them extract,
I'm flying through the air,
With my hair everywhere,

Why do I live like this?
It's like the world don't exist,
I and you were we at,
It's like the day is a fact,

My broken wings were in my back,
Till I let them extract,
I'm flying through the air,
With my hair everywhere,

No body known's who I truly am,
What do people have to say?
Why do they hide from me?
Are they scared of what they see?

My broken wings were in my back,
Till I let them extract,
I'm flying through the air,

With my hair everywhere,

lorissa cowan

Counfusion

I LIVE IN A WORLD THAT'S SO MESSED UP
BUT ALSO CAREFREE
AS YOU LOOK INTO MY EYES
YOU SEE PAIN AND HURT
PAIN THAT I HIDE
AND HURT THAT YOU WILL ALWAYS FIND
AS THE DAY PASS BY
THAT ARE THE SAME
OVER AND OVER AGAIN
I SEE PAIN
AS YOU LOOK INTO MY EYES
YOU SEE PAIN AND HURT
PAIN THAT I HIDE
AND HURT THAT YOU WILL ALWAYS FIND
AS THE DAY PASS BY
THAT ARE THE SAME
OVER AND OVER AGAIN
I SEE PAIN THAT'S IN THIS WORLD
IT'S THE WAY I AM
THROUGH THE WAVES
THAT KEEP ME FOM RIPPING
OUT MY CARING HEART
WHY CAN'T I LIVE IN A FAIRYTALE
WHERE EVERYONE IS SO HAPPY
WHY DO WE LIVE IN A WORLD
THAT IS SO CRAPY
THE CONFUSION OF THIS WORLD
IS MESSED UP
IT'S MAKING ME GO WILD
THE CONFUSION IN THIS WORLD
MAKES ME WANNA GO HOME
BUT WERE IS HOME
NO BODY'S HOME
I DON'T KNOW WERE I BELONG
WERE I LAY BROKE DOWN INSIDE
THERE NO PLACE GO
THERE NO PLACE TO
TO DRY MY EYES BROKE DOWN INSIDE
I JUST FELL I'M TRAPPED IN A WROLD

BUT ALSO WERE I'M FREE
THIS WORLD IS MOVING FAR TOO FAST FOR ME TO SEE
AND YET IT SEEMS SO SLOW
I DON'T KNOW WHAT I WANT TO DO
IN THIS WORLD
I MEAN MY LIFE IS SO CONFUSING

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Darkness

I'M IN THIS DARK ROOM
WERE ALL OF MY HORRORS COME TRUE
I TRY TO SCREAM
BUT NOTHING COMES OUT
I TRY TO TALK
BUT MY VOICE IS GONE
THERE IS NOTHING
NOTHING NOT ONE WORD COMES OUT
I SEE ALL OF MY WORSE FEARS COME TRUE
THE PAIN THE MAKE ME HAVE WONT GO AWAY
I WANT IT TO GO AWAY
I WANT TO CRY
BUT I CAN'T
THE TEARS I HAVE
JUST WON'T COME OUT
I WANT TO DIE
BUT I CAN'T
NO ONE WILL KILL ME
& MAKE THIS PAIN GO AWAY
PAIN I HAVE
WON'T COME OUT

THE PAIN I HAVE
WON'T GO AWAY
I ASK MYSELF
WILL THE PAIN GO
OR WILL IT STAY

I WANT TO SCREAM
I WANT TO GET OUT OF THIS HORROR
I TRY TO SCREAM
BUT NOTHING COMES OUT

I WANT TO LEAVE THIS EARTH
BUT NO ONE WILL LET ME LEAVE
I WANT TO DIE
BUT IF I DO
SOMEONE WILL BRING ME BACK TO LIFE

SOME ONE TELLS ME NOT TO BE AFRAID
BUT WHY CANT I BE AFRAID
THIS VOICE KEEPS COMING TO ME IN THE NITE
I WANT IT TO END
BUT IT WON'T
I WANT THE VOICE TO GO AWAY
BUT THE VOICE MUST BE TRYING TO TELL ME
SOMETHINH IF IT WON'T GO AWAY

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Did He Really Care?

I'm standing here,
As the world goes by,
My eyes are red and puffy,
From the tears I shield,

I whisper your name,
Into the sky it was dark and grey,
I look out...
The waves were dark and welcoming,

I walked towards the ocean,
Breathing in the sea air,
As the waves take me under,
I'm feeling free,

As the waves take,
Me deep within them,
I think back to where,
We once were,

And ask myself..... Did he really care?

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Dream

I stare at the sea,
Smelling salt and the sea air,
Waves hit the rocks below me,
As i'm standing on this cliff.

The sky is blue and grey,
Clouds makes face's at me,
My body is standing still,
As my sprit flys above me.

I stare at the sunrises,
With dolphins jumping through the air,
The site was magical,
It's something i'll never forget.

I heard movement behind me,
I turned an seen a little girl,
With blonde curls and blue eyes,
I start walking towards her.

But i didn't get there,
I start to feel sand under me,
I wake up to fine,
It was all just a dream

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Everyone's Hate

As my heart is pounding,
You walk away,
As the sun rises i hide away,
When the moon is full,
I stand clear of you,
That's why everyone hates me and you.

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Face Of Angels

I remember smiles and laughter,
The way the wind blew,
Eyes the colour of the sky,

Her face is everywhere i look,
She's in my dreams,
She is the Angel,

I see in the sky,
With beautiful white wings,
Butterflies fly around her,

People think i'm crazy,
Some even think i'm insane,
But there wrong.

The Angels face will be with me forever,
There are many faces,
Angels give us...

It just so happens,
That you grandma,
Were one of them..

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Friends

Friends we'll be,
Friends we'll stay,
Friends we'll be there day after day,
Friends will love,
Friends will cry,
Friends will never let friends die

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Ghost

HE FOLLOW'S ME AROUND
WHEN ON ONE CAN SEE
HE KEEPS ME SAFE
WHEN EVERYONE IS AGAINST ME

HE TALKS TO
ABOUT THINGS THAT ARE GOING TO HAPPEN
BUT I DONT UNDERSTAND IT
I DON'T WHAT HE WANTS ME TO DO

HE TELLS ME NOT TO BE AFARIED
AFARIED OF THE WORLD
AND WHAT LAIDS AHEAD
FOUR ME LATTER ON IN LIFE
I DON'T KNOW WHAT TO DO

I'M CONFUSED ABOUT WHAT'S HAPPENING
I'M CONFUSED ABOUT LIFE

HE TELLS ME NOT TO WORRYED
BUT I CAN'T HELP NOT TO
I CAN'T HELP BUT BE AFARIED
OF WHAT LAYS AHEAD OF ME

I CAN'T HELP BUT NOTICED
THAT EVERYTHING IS CHANGING
PEOPLE, ME, EVERYTHING
I DON'TKNOW WHAT TO DO OR SAY

SOMETIMES I DON'T TALK
SOMETIMES I LOOK ANGRY
SOMETIMES I LOOK LIKE I'M IN A DIFFERENT WORLD

BUT YOU KNOW & I KNOW
THERE IS SOMEONE WATCHING OVER ME
SOMEONE IS PROTECTING ME ALL THE TIME
HELPING ME THROUGHT LIFE.

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Guardian Angel

She the guardian angel,
Sent from the sky's above,
Her smiles, would bring people happiness,
Her love, Helped us over come our fears,

We share a love,
For the women who brought,
So much to each and every family,

We share the pain,
But everyone's pain is different,
Some keep it all bottled up,
Other's don't they show their pain through tears,

Everyone tries to put on a brave face,
But inside they're really dying,

But this guardian angel,
Will never leave,
Not if you don't want her to,
She will always hold a place,
In everyone's heart for now and forever...

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Have You Ever

Have you ever felt like the world,
Is crashing around you?
building standing tall?
Tree's blowing in the wind?

Have you ever felt like crying?
But stopped yourself before you did?
Because you didn't want to seem weak.

Have you ever felt like the world is moving?
while your standing still,
Have you ever felt like your body isn't your own?
Like something has taken over...

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He Cares

Rain pouring, wind blowing,
I'm walking down the street,
Tears are falling,
While i'm walking.

No Body can help me,
No body cares,
They don't know what it's like,
Walking the world alone.

The ones i love are gone,
Only one remains,
He meets the world to me,
Through all the pain.

It's him that helps me see,
That it's not just him that cares about me.

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Her Smile

her carefree smile,
With her long Flowing blonde hair,
Will leave us with a lot of heart ache and despair,

She may have left this world,
And left some broken hearts,
She'll always be with us,
In our hearts and soul,

Her giggles and laughs,
Will always unfold,
Around the world and families,

She brings tears,
To those that have lost,
But brings smiles,
To those who are down,

She'll always be in our hearts,
She'll always have our love,
No matter what happens,
Anais Morgan will be in,
Our hearts forever.

I wrote this for a little girl that die a week ago on saturday. she was a great little girl and i wish she didnt have to leave so soon

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Hidden Smile

You see me standing there,
Looking empty inside,
I'm holding a knife,
Against my wrists,

You tired to yell to me,
but I cant hear,
I held the knife harder,
Ripping it through my skin,

Blood went everywhere,
It's all over my clothes,
A smile comes across my lips,
As I fall from this world,

I'm laying there in this coffin,
Looking peaceful with that smile,

You remember when I was a little girl,
Smiling and being happy,
But that smile faded away,
When he took my life away.

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Lies

I stand there crying,
From the lies you told,
You made me feel heart broken,
As the lies unfold,

You stand there,
Acting like it didn't happen,
You say you 'loved me'
But I know it was a lie,

The heart breaks and promises
I've had more than my share,
Why do I have the feeling?
You never really cared?

The words you said,
Made me feel safe,
Were all but lies?

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Little Girl

I see a little girl,
Standing on the street,
She's crying and asking for help,

Her clothes are dirty and torn,
Her knees are red from a fall,
The tears stain her cheeks,

She pleads for help,
She's hungry and tired,

People walk past,
Pushing her to the ground,
She falls crying,
With tears of pain,

She tries to get up,
But fell down again,
They trend over her,
She screams for help,

But on one came,
I wake up to find,
I had a dream,
That little girl was me

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Lost And Alone

I feel like the world is a blur,
Nothing seems to make senses anymore,
I don't know what to do,
I feel lost and alone.

I try my best with everything,
But it seems it's not enough,
I wanna scream as loud as I can,
But what's the point?

Everything is still going to be there in the end,
I wanna hide away until it gets better,
But again what's the point,
I feel empty inside.

Like I'm not even me anymore,
I feel like someone has taken over me,
But I don't know for sure,
I wanna break down and cry.

But I know if I do I'll get to a place where I can't come out from,
It'll be dark and scary,
But I just want to be free.

Spread my wings and fly away.

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Love Lost

Tears fall blending in the rain,
The pain i feel won't go away,
Why did you leave,
And leave me alone.

Why didn't you come back home,
You said you wouldnt go,
But you got in that car and left,
Left me for dead.

Thunder roles lighting stricks
What did i do, to get such a life,
A life that has so much pain,
What can i do before i go insane.

I scream as they put you in the ground,
My body went numb as i said those words,
That i was dreaded to say,
'Good bye for now and forever.'

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Me

I scream your name,
Forgetting the pain,
I looked away,
As they take you away.

I sit by your side,
And take your hand,
I was in pain,
But I made it go away.

The doctors say,
I was in pain,
But I wouldn't leave you.

I was taken away,
To get rid of the pain,
But I knew it wouldn't leave me.

I stood there and sighed,
Knowing you were right,
If we didn't steal that car,

I would be still alive....

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Missing You So

I stare out into moonless night,
thinking about everything,
wishing I could hear your voice.

but I know I will never hear your voice again,
I whispered your name into the wind,
knowing I won't get anything in return,
I stare into the starry sky,
wishing for something that will never come.

I let the tears fall,
knowing I'll never see you again,
but I can't help but dream,
seeing you again; even if its in another life.

but I have to be honest with myself,
I don't know how I've made it without you there,
keeping me grounded when all I want to do is fall apart,
grandma you meant everything to me.

I want you hear,
but I know its not possible,
I guess I'm trying to say,
is that grandma I miss you

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My Fears

The dripping of blood,
The crying of tears,
What should I do?
To confront my fears.

The splash of blood,
The splash of wine,
What can I do?
To get away from the front line.

Gun fire....
And screams of pain,
What can I do?
I can't stand the shame.

I saw you die,
You saw me cry,
What should I do?
How should I live my life?

I cry for you,
You cry for me,
But I can't see.

I smiled to you,
You smiled at me,
But that must only mean one thing.

I look at myself,
And see all white,
I look behind and get a fright,
I see white wings.

I spread them and flew away

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My Happiness

I walk in the rain,
As I think about you,
Tears fall down,
As I remember what you said,

Love is a way of life,
Love is a way of heart,
Love is a part of you and me,
It's a part of everyone,

I walk around,
Thinking of you,
As my heart is breaking,
And bleeding from the lies you told,

The blood is dripping,
Down my clothes,
It turned my shirt from red to black,

I remember what you said,
As your screaming and yelling at me,

I never really loved you,
I really only used you,
I never wanted you,
I really only HATE you!

I slice my wrist I wanted it to end,
The blood drips on the ground,
Rain starts to fall,
The ground around me turns red.

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No One There

This heart is dripping blood,
All over the floor,
I ask myself,
when the pain will end,

I know losing you,
Is hard and not forgiven,
But you'll always,
Be in my heart,

The rain falls,
And hit's my white shirt,
I look and see its red,

The tears that fall,
Of losing you,
Leave red marks down my face,
The tears of blood,

Soaked my pillow,
As I lay there crying,
The white sheets,
Start going red and black,

I don't understand,
I hide under the sheets,
Just crying,
Hopping it will all end?

I wake up to see,
The pillow is red and black,
I look into the mirror,
And see no one is there.

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Reflection

I see someone staring at me,
There face full of pain and sorrow,
I try to touch her,
But she faded away.

What did i see?
Was it a ghost?
Or was it my imagetion?

I got out if the shower,
And seen someone in the mirror,
I wiped around and found no one there.

Who was it?
Why was she here?
What did she want?

I woke up at midnight,
And seen her again,
But something was different,
This girl looked familiar to me.

Her eyes were red from crying,
Her blues eyes looking sad and lonely,
But i couldn't fine what was wrong with her.

She forced a smile at me,
I did a small one back,
Than i realised the girl i've been seeing was me.

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Remember

Remember the time
That we were at the beach and
Pretending that there was a shark
We laughed so hard we started to cry

Remember the time
Me, you and MJ were playing with food colouring
And got it every where

Remember the time
When we drank soft drink and jelly crystals
We went so hype oh

I remember the time
I pissed you off
And you chase me
Around your backyard

I miss those days
Yes I do
If someone breaks your heart I'm here for you
I just want you to remember sis that I love you

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Screaming Out

I feel like screaming,
Until I lose my voice,
I'm over trying to please everyone,
I can't even be me anymore.

I feel lost and alone,
Like no body is there for me,
I can feel the tears falling,
But I didn't care.

Let them see how much their pain is killing me! ,
I walk alone along this road,
Wishing, hoping for someone to care,

I ask myself so many times,
Why couldn't he just be there for me,
But then I realize, I haven't been letting him.

I wanna curl up and hide,
But I know it won't work I've already tried.

So this is it I scream and let it all out,
But it makes me feel empty inside,
I have no strength to care anymore.

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Sea Shell

I stare at the moon,
Wishing for you to return,
I let the memories of you,
Flow through me,

I can feel the tears fall,
But I can't wipe them away,
Not like I used to,
I feel empty inside,

Like a sea shell,

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Sister

Your heart is full of love and hate,
As it beats within you,
I stand clear as you throw knives,
Around the room,

I love you the way you are,
It doesn't matter to me,
As long as you are you and I am me,
It doesn't matter what different the world has,

That's what makes us sisters in the end.

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Silent's

I'm sitting here,
As the world goes around me,
I stare at the sea,
The waves crash against the rocks.

I sigh looking into the sky,
It was dark and grey,
I look down,
The waves were black and murky.

The was silent's...
I stood there,
Looking down the cliff,
The waves were still and clam.

I took a step to the edge of the cliff,
Breathing in the sea air,
I took another step and slipped,
I was hanging there.

My hands slipped away,
I fall...
I looked up at the cliff,
As I fall to my death.

The waves hit me,
Taking my breath away,
As I sink to the dark depths of the sea,
I say one thing to myself.

Will they miss me?

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Solider

The sky is blue and grey,
With the cloud's dark and gloomy,
I'm standing there,
As the rain falls down around me,

I see you march away,
I ran after you and see,
But your not there,
You've marched too far for me to see,

I stopped trying to find my way,
But didn't know which way to turn,
I look around and see you there,
But when I get there you're gone,

I yell your name,
But got nothing in return,
I whisper your name,
And keep it close to my heart,

You're a solider for the army,
Marching off to war,

My tears roll down my cheeks,
The pain I have won't go,
I never got to say my good byes,
And it will always be untold

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Tears

The rain falls you look at me
As I'm standing there,
You can see
I'm crying
With tears of pain
Tears of joy
Nothing can destroy
I run away from the world
And you can see
The pain that I can see
The pain that I've been through
And it's still going,
You run after me
But can not get me
I run feather and feather away
I look to see where you are
But your not there
When I look around again
Your staring at me
You pull me into a hug
And say "everything is going to be ok, I'm here for you"
I stare at you
And see you're the face of the angel
Staring back at me

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Tears Of Blood

Tears of blood,
Fall freely down my face,
My heart is bleeding,
From such hard act,

As I walk in the,
Rain of blood,
I think of how,
It could all end,

As the world ends,
So does this heart,
As it's coved with,
Blood and sorrow,

A ask myself,
As I lay on the bed,
Will the pillow be white or red? ,
When I wake up I shell see,

I look down to see the pillow is wet,
But the colour is snot white or red,
In stand it's black,
My blood turned black over night,

Now I'm a monster,
Sent from hell,
Never to love,
Only to hate,

As I walk around,
The tears of blood fall,
With that I realise,
I'm the undead...

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The Fears

The tears of blood,
Stain my cheeks,
Making me feel,
Warm inside,

My white shirt,
Is blood red,
But starts to go black,

I see your face,
Everywhere I go,
The blood from,
Your skin, is on mine,

I run....

I run away from,
Everything and everyone,
I run as far as I can,

The rain falls to blend,
In with the tears of shame,

I felt arms warped,
Around me tight,
I look up to,
Find the face of angel staring at me,

That's when I realise I myself is dead....

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The Shadow Of My Life

I see him everywhere i go,
He's following me why?
No one can tell.

I walk in the dark night,
Wanting to get home,
and be free.

I walk and hear footsteps following,
My breathing got heavier as i walk,
I could hear even breathing from behind.

His footsteps walked with mine,
I turned and saw nothing,
Nothing was there but me.

I turned to continue walking,
And saw the eyes of my nightmar,
I screamed and realise.

The nightmare was me.

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Undead

I look around to see your not there,
I walk around as blood drips into my hair,
I look up and you're just hanging there,
The blood is dripping,

As your eyes just stare,
As nothingness is on your face,
I looked into the sky,
As the rain falls,

The blood from you,
Makes me go insane,
As it hit's my face and leaves red marks,
As I go insane anyways,

I scream as there putting,
You into the ground,
I run away,
From the hard act,

I run away as someone,
Pulls me into a hug,
I look up and see,
But my mine is playing tricks on me,

As I look into throughs just staring eyes,
I think I'm going insane,
From the shock of losing you,
I just start to cry,

You pick me up,
And fly away,
With that I realise
You the undead.

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Voices And Waiting (Lyrics)

I look up into the rain,
To see as far as I can see,
I look deep into my heart,
And see all the pain,

So
Here I am,
Waiting for you,
Here I am,
To see what you can do,

The stars shine bright,
And the moon is full,
What can I do?
To make you not go,

So
Here I am,
Waiting for you,
Here I am,
To see what you can do,

I stand there looking at,
Where we once were,
I look away as the,
Tears start to show,

So
Here I am,
Waiting for you,
Here I am,
To see what I can do,

Here I am,
The tears start to show,
Here I am,
I look up into the rain.

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Why?

why do I have to live
where everyone is so against me
I want them to leave me alone
but they wont

I want to leave this earth
but I'm scared
scared that everyone will be different
and they won't be the same as before

I want to scream
I want to die
but before I do
I just wanna know why? ? ? ?

Why does everything hurt
why does everything smell
why do I have to be around
why? ? ? ?

why does the earth
have so many things going around it
that no one knows about

its so annoying i just sit here
in this class room
while everything's is going wrong around me
why does this earth have to do so much

why does this earth do so little
but it's big in every way
why is the earth seems so little
but it's big

bigger then i could imagine
bigger then anyone could
it helps in so many always it can

some died to keep it

some died trying to over take it
some don't know what they want

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With Everything

With every rose I pick,
I say your name into the sky,
With that the stars start to shine,
With everything I do,
It's like I'm stuck to you like glue,
With every horse I ride I start to sing my favourite lullaby,
With everything you say I take to my heart dearly,
With that my dear sister I want to say I love you dearly.

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World

I'm sitting there,
As the world disappearing,
Everything is a blur,
It's as if I'm not seeing,

The cries,
The screams,

The world is a place,
I don't want to be,
The world is a place,
Were I just can't be,

Being left alone,
In the wicked and wretched place,
Being left alone,
To defend for myself,

The screams,
The blood,
The tears of pain,

Nothing in the world is not the same,
Why am I here?
Why can't I go?
Why can't the world just leave me alone?

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