Poetry Series

Michael P. McParland
- poems -

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Michael P. McParland(July 19 1983)

I owe all my poetry and inspiration to my best friend Kira Petranovich. If not for that wonderful woman I would never have been inspired and moved to write poetry. She truly is the most wonderful and beautiful woman in the universe.

A True Love (My Kira)

Such a sweet sweet beautiful woman my Kira.
So truly wonderful and fully desirable.
She is the sweetest and ever so kind,
I would give my life for her a million times over.
God bless my Kira a true love eternal.

She is a kind divine beautiful woman
my dear beloved Kira,
and without her my heart is broken into
a trillion pieces.
I screwed it up and I can not for give myself.
I just want her to know that she is amazing
and spectacular in every way I see her.

Kira P. is my true love the woman
I want to be with forever and ever.
I'm so sorry that I pushed her away like
the mental illness that I am dear.
Please forgive me and come let me hold you,
you are my only one and everything
and I only want you sweetie.

Michael P. McParland

Without My Sweet One

I am nothing without my one and only.
Ever since I screwed up many
months ago I have been lost and searching,
searching for a way to get through to her
and let her know how sorry I am.
To let her know the reasons behind my screwing up,
I don't know if she'll hear me
and my life will be even more worthless if not.

I am nothing without my one and only,
my heart aches and screams in pain.
I hope she will hear me and know
that I was in a very bad place sincerely.
She is my everything and I don't want
to be alive without her in my life.

God bless Kira my one and only,
and may she have peace of heart and mind
hopefully knowing that I still love her
just as deep and as hard as ever.
I feel so lost and meaningless without her,
God willing things can be righted once and forever.

Michael P. McParland

She Is The Only One

She is the only one for me.
She is all that I want and need.
An Angel from heaven,
a true Goddess of all women.
She is the only one for me,
a true hero and divine blessing indeed.

Michael P. McParland

When I Lost You My Dear

When I lost you my dear
I lost all my reason and will to live.
I have no reason to go on my true love,
because you've always been my only one.

I pray you'll come back
and fill my life with light again.
Kira you are my everything
and greatest reason to live.

Michael P. McParland

Lonely Tonight (Kira My Love)

Lonely tonight without my sweetie.
I love and miss Kira so much
and my heart is broken.
I cannot sleep without pills to help me,
and even then I have nightmares
of losing that beautiful woman.

I'm lonely tonight and I am longing
to be with her and snuggled up safe and securely.
My heart is aching and I feel like giving up,
because life without her is truly junk.

I'm lonely and I'm broken without my Kira,
God bless her sweetness she is an Angel.
May she always know that she is loved so,
and that I would give anything to heal
her precious heart and soul so special.

Without my sweet lady I'll forever be lonely,
I hope she knows that for her
I will always be here.
God bless you sweetie where ever you are.
You are the greatest and most beautiful lady.

Michael P. McParland

Even After All These Years

Even after all these years
it is you that I hold dear.
I'm sorry I hurt you and have caused you pain,
I'd give anything to do it over again.

After all these years and the many tears
I still love and want you in my arms dear.
God bless you my sweet you are a beauty,
and my heart and soul are yours for eternity.

I love you sweet sweet Kira and admire you deeply,
you are the only one I have ever wanted and needed.
After all of these years it is still you.
Please return and let's our bond renew.

Michael P. McParland

My Best Friend Hates Me Now

My best friend hates me now
because I made a huge mistake.
Now I've lost the will to live
because without her love there is no point.

I made a mistake and now I am paying so harsh,
losing the divine love of a woman so dear.
She truly means everything to me,
I don't want to go on without her you see.

My best friend hates me now
and I am so very lost.
Please God take me
and spare this pain that this loss costs.

Michael P. McParland

God Come Take Me

God come take me please.
I am weary,
I am broken,
I am a worthless man
who screws up everything he has touched.

Please take me and bring me
and those around me sweet sweet relief.
Please punish me no more with this Earthly life.

God come take me please
and end the lonely pain.
Please help stop me being
a joke of a man.

Michael P. McParland

I Would Give Anything

I would give anything
to have you here within my
warm, kind, true loving arms.
To give you comfort as I told you I love you
and I'll always be yours.
I would give anything to be with my one,
both of us comforted and our broken hearts calmed
in all of our eternal true love.

I would give anything to turn back time
so I could correct all of my mistakes and harms.
I would give anything to heal her gorgeous
soul and heart and see her smile again.
I'd give anything for her to not be mad at me,
to not feel the sting of resentments fire
and to prove to her all my love
and that I am worth the risk of pure loves kiss.

I would give anything to have her near
and show that all my loving care is sincere.
I would give anything to make all alright
so we could talk and fix the fights.
I would give anything for her to know
that she truly is my only one,
and that I love her more and more with each day
because she truly is my beautiful soul mate.

I would give anything to be with her and talk with her,
for her to forgive me for my mistakes
that I beat myself up for each and every day.
I would give anything for her to know my love is true,
and that to me she is my everything and universe.

Michael P. McParland

You Are My.....

You're my best friend.
You're my true love.
God knows you are my everything
and only one.

Michael P. McParland

An Aching Heart That Burns

An aching heart burns within my chest,
for the love who is the best.
I miss her so in all her perfect glow,
she truly is the perfect girl.

My heart aches like the tortures of the damned.
It throbs and yearns for her perfect
company and touch to return.
An aching heart that cannot be calmed
until her glorious return,
throbs inside me and burns like fire.

Michael P. McParland

No More Madness 2

What a perfect day to end the madness.
Make my return home on Christmas.
To finally end the torment and madness
that fills my heart and soul
like shredding pieces of broken glass.

No more madness my dear God,
take me up to heal and soothe these aching cuts.
I've had enough of the torment,
the pain, the dread in facing every day.
Make this all relent and stop the madness
that is me and my life.

No more madness in my heart,
mind, and soul.
Relieve the torment within me,
and give everyone in my life peace.
No more madness please.

Michael P. McParland

Life Is Worth Living

The road before you stretches long and wide.
So journey on with pride.
At times you'll hit a slide.

The crusade can be wild.
Give it all you've got,
and you won't have lost.
The risks are great.
The fruits of your labor
make the rewards even greater.
Life is worth living.

You've got to be strong.
Though it may seem a long way.
You'll find what you're looking for.
As you fight this war.

Remember who you are.
Treat all you meet
with love and kindness.
Don't be discreet.

At the journeys end.
Your wounds will mend.
You can say your life depends.
Caring for all the big and small.
You'll have shown that
adversity can't make you crawl.

So enjoy this life.
Get past all the strife.
It's worth all the
experiences that you'll have.

Michael P. McParland

Maybe One Day

Maybe one day God will have mercy enough
to clear our path and let us be together in peace.
Maybe he'll have mercy enough
to let the two loves he brought together
be together and enjoy their immense true love.

Maybe one day we will finally be happy and free
to do as we please and bask in the glow
of our never ending true love.
Perhaps one day God will be kind
and stop throwing obstacles that scar and blind.
Then we will have peace and know
what true contentment is as tension and fear
are finally released.

Maybe one day God will have mercy at last
and we will be the happiest couple
that's ever shared a true loving life.

Michael P. McParland

She Holds My Heart

A very very beautiful woman holds my heart.
She is amazing and brilliant to no end,
and she truly amazes me in all ways.

She holds my heart and fills it with light,
she gives this man hope and fills him with love,
she gives me reason to live and go on with my life.
She holds my heart and gives me reason to give.
She holds my heart and teaches me love.

A very very beautiful woman holds my sacred heart,
and it will forever be hers because she is my best friend.
She holds my heart and gives it reason to live,
it overflows with true love only for her
because she is magic and truly divine.

Michael P. McParland

Sweet Sweet Night

Sweet sweet night
by your side,
and in your arms.
Warmth and peace at last
as I look in your piercing eyes
and tell you you're the best
and I love you so very much.

Michael P. McParland

Losing Friends

Losing friends is a hard ordeal.
I lost a friend here on poemhunter that meant a lot to me.
She hates me now and thinks I'm trash,
how it breaks my heart that I'm no good
within her eyes or beautiful heart.

Losing friends is a hard ordeal.
Not knowing what to do because
you've lost a piece of you.
You'd do anything to correct the wrongs,
to figure out just why and how you turned to scum.
Losing friends hurts like raging fire from hell,
you'd give anything to stop the pain.

Losing friends truly twists the heart,
and when there's nothing you can do
you just want to cry.
Losing friends is losing part of life,
and in the end you are left
with utter heart break and a broken piece of life.

Michael P. McParland

My Heart And Soul Are Yours Forevermore

I surrender my heart and soul
to you my sweet true love.
For you are the one I've hoped for,
dreamed of, wished for exhaustively,
you are the one I've prayed for.
I give my heart and soul freely to you
because you are an Angel
and I love and adore you to no end
my divine darling and soul mate.

Michael P. McParland

Tramadol And Alcohol

Tramadol and alcohol help numb the pain I feel.
They are a wonderful protector
of my very heart and soul which ache
with loneliness, heartache, and fear.
They are just what I want and need
in these lonely days that are almost filled by tears.

Tramadol and alcohol can't make me forget a thing,
but they help dull the pains of
many things for which I feel.
Tramadol and alcohol help numb
that which will not heal.

Michael P. McParland

Narcissists

I see a couple poets that are so narcissistic,
touting how they are ever so brilliant.
Clapping each other on the back so consistent,
while cutting others down so ballistic.

They make me sick with their thick narcissism.
Saying nothing but negativity to those who feel different.
They need their egos put back in check,
and realize that they are no better than the rest.

Michael P. McParland

Elitism Is Disgusting

Elitism is a disgusting trait,
but one I'm seeing more of as of late.
From people I never ever expected
to hold themselves so high above others.
Tis' a bitter pill to swallow
watching so many wallow in belittling others,
spitting on their beliefs and dreams,
mocking all those have worked so hard to be.

Elitism truly is disgusting,
and it just shows the true colors of that person.
Arrogant, crude, snobbish, and classist.
Now we need no more of that.
Take your elitism and shove it up your back.

Michael P. McParland

I'm Sorry 4

I'm sorry my sweet love for all I've done wrong.
I don't ever want to hurt you or make you suffer,
you are the world's most beautiful woman
and I want to fill you with joy and make you smile.

I'm sorry sweet one for having hurt and upset you,
I only ever want to do my best for the sweetest Angel.
God bless you my sweet one I am so very sorry,
I'm sorry for having caused you such pain and grief.
I feel like a bum my precious sweet Queen.

Michael P. McParland

Snuggle Up So Safe

Lay right here with me baby.
Snuggle up and feel so safe and comfy,
and know that you'll never be lonely.
I want to comfort you in this time of need sweetie.
You truly are my only one and everything,
and I want to make you so very very happy,
help you to know you are the world's greatest beauty.

Come lay with me and snuggle ever so tightly,
you are the greatest thing that's ever happened to me.
Know that you are a special and magical woman,
whom I would give my life for in an instant.
Snuggle up and feel my heart as I bear witness
of your awesome excellence.
God bless you baby you are a blessing and a gift to me,
and I would move mountains for you if I could.
Snuggle up and feel at peace because you
truly are my everything.

Michael P. McParland

Needing Your Love

Needing your love so very much,
how I crave your soft loving touch.
To hold you so tight and say I love you
my sweet sweet Angel of light,
as I look into your piercing eyes
and my heart melts.

I'm needing your love my sweet Angel dove,
because you complete me
and make me feel safe and whole baby,
and I want to do all the same for you
my sweet precious rose of eternity.

Michael P. McParland

In My Loves Arms

I just need to be in the arms of my best friend,
warming each other with our true love.
My heart is broken and I am in great pain,
I need her loving arms around me
in the most serious way.
Where are you babe
I want and need you now more than ever.

Michael P. McParland

Just A Memory

I'm now just a memory.
Something insignificant that passes
through your beautiful mind from time to time.
I always hopped that I would be more,
but no, fate is cruel and fixed the score.
So I'm but a memory, something brushed away so easily.
I truly am heartbroken for eternity.

Michael P. McParland

I'm Sorry 3

I'm sorry my dear for all the pain.
It appears all I do is cause suffering in you,
I'm sorry for all that I do wrong
and for being such a stupid bum.

Michael P. McParland

Cutting

Such relief through a razor blade,
blood down my arms and down my chest,
now the emotional stress is not such a threat.
The cut of the blade and the red of the blood,
bring me back into sharp focus
and feels so very good.

Cutting is the best relief one can have,
as it opens you up in more ways than one.
See now that I can hurt myself worse than you jerk,
but I like the feel of this cut
as opposed to your scorn and words.

A nice methodical slice and I've got control,
at least I caused this pain you worthless trolls.

Michael P. McParland

Broken Man

Broken heart.
Broken soul.
Broken man,
I am nothing but a big black hole.

Michael P. McParland

So Tired 2

So tired I just want to eternally sleep.
This life has worn me down and out.
I'm so very tired and so alone,
I don't have my love she is so far away.
I just want to lay down and peacefully sleep,
leave this world and forget all it's creeps.
I'm so exceptionally tired and ready to fold.
Why won't God have mercy and let me come home.

Michael P. McParland

Dead End World

A world with beauty that surrounds,
flowers, birds, bees, horses, cats and dogs
such wonderful creatures are these.
Wonders that never cease.

All leading to the dead end street.
Nothing there,
nowhere to go.
A false illusion of beauty and hope,
all such a pitiful joke.

A dead end world that laughs at you.
No true beauty within a dead end world.

Although I'd like to believe.

Michael P. McParland

Quickly Sinking

Quickly sinking withered on the vine,
feeling more worthless all the time.

God have mercy take me now,
spare me wicked torment thou hast passed down.

No more, no more.
Please dear God no more on this tortured soul.

Michael P. McParland

So Tired Of It All

So tired of this life.
Endless sorrow, endless strife.
Constant weeping eyes always leaking,
just want it to end,
be deep in my grave freezing.

Michael P. McParland

Will The Day

Will the day ever come when all
the things I've believed in and fought for,
bear the fruits of which I've reached for?

The tears, the pain, the bitter scorn
from all the critics and bitter heretics have thrown.
Will the day ever come where pain's forbidden?

The aching pits of infernal hell within,
where and when does God relent the ceaseless pain,
and let the rewards of diligence and faith upon me rain?

Will the day never come when my soul is no
longer bound alone unwanted seen in only hideous form?
Or am I bound to forever suffer in mortal agony
forsaken on this earth alone?

Michael P. McParland

Pure Love Resides

Pure love resides within my soul and heart.
Pure love for the one I give my life.
Pure love in honesty, truth, servitude,
I honor her in the way that I give and I live.
Pure love for an Angel who holds my heart.
Pure love and deep caring for how she is feeling,
to show her that she matters and is appreciated so dearly.
Pure love in my heart and soul so she knows she's my everything.
God bless her she is the greatest my sweet Queen,
and I have nothing but pure divine love for the worlds
most beautiful woman.

Michael P. McParland

Country Gone Mad

It's a country gone mad.
I mourn all the madness,
all the sadness, all the deaths,
and all the losses we've suffered
as a nation and people.

Michael P. McParland

Sweet Sweet Kisses To My Sweet Queen

Sweet sweet kisses to my sweet Queen,
the most gorgeous and beautiful woman there's ever been.
Truly a Goddess my sacred Queen,
she is the reason my heart is still beating.
She gives me reason to live
and fills me with hope.
She is my bright shining star
so very very high in the sky.

Sweet sweet kisses to my sweet Queen.
The most perfect and beautiful woman there's ever been.
God bless her and keep her through all of time.

Michael P. McParland

Feeling Unstable

Feeling unstable and I want to escape,
leave all the loneliness and endless pain.
Feeling unstable I can't face the world,
my heart and soul are broken beyond all but ones repair.
I ache and I ache I just want to cry,
but no tears will escape from these eyes.
I'm feeling unstable I hope you understand,
I can't take this life alone without my ones hand.

Michael P. McParland

So Very Very Tired 2

So very very tired,
with a tortured mind
and heavy heart dragging me down even farther.

So very very tired
I need some relief.
Hopefully sleep comes fast
and brings me peace at last.

So very very tired
I'll just dream of my
true love and best friend.
Float away to her beautiful smile
and piercing eyes that see right into my soul dear.

I'm so very very tired
with my heart aching and throbbing.
I need some relief from this lonely torture.

Michael P. McParland

So Very Very Tired 3

So very very tired.
Come and snuggle my lady I love to no end.
Come join me and we'll warm each other up,
in body mind and spirit we'll feel whole.
Rest your head upon my chest
while I rub your poor aching back.
Just lay next to me and be at peace dear.
I'm so very very tired and you're the one
I need in my arms forever.
God bless you my true love sent from heaven,
you give me purpose and reason to live on.
So come snuggle up I'm so very very tired,
hold me close and hold me tight in return
and we will feel safe and be at peace in each others arms.

Michael P. McParland

Wind Across The Barren Land

Fierce and howling winds sweep across this barren land.
All dead and stationary things
are quickly buried in the sand.
The land is now in constant gloom,
the sun does not shine yet
you'll never see the bright bold moon.
It's just overcast and near to black,
but bright enough to see the death.

He stands alone in this wasteland of olden days.
A gunslinger here to fight on through,
dealing justice as he travels
somewhere far and somewhere wide,
Nobody knows where or why
just stay straight or else you'll die.
His nerves are steel his heart is cold,
Only filled with the justice,
needs, and goals he holds.

Wandering through a land so dark.
Yet still so hot this empty barren land does mock.
Calling, shouting, slapping you,
with the fierce wind that swoops and whips
with killing screams of tortured dreams.

This man lost all his home and love so long ago
He's been traveling now for ages gone by.
Who can guess?
He's never here but for food
and drink and a small fit of rest.
He only stays if justice needs dealt.
Then he quickly and quietly goes about his work.
Hanging up the meat of rotten stock.

He moves on to pastures far,
looking for what it is he tracks in valiant deed.
Never thinking of ending his quest.
To save the world?
You have a guess.

He wanders lonely thinking
only of the loses from his past.
What he could have done to change that hand.
In his misery he rides and rides
just dealing justice for in a way
it fills the void and gives him a purpose,
which he lost so long ago,
when he was robbed of
loving family, safety, and cherished home.

Through these dark waste lands here before us.
A nameless gunslinger rides forever deeply focused.
On he goes finally cleaning out the evil deeds,
by dealing justice full
to the men who set out to hurt, rob, and kill
the good people who work and strive
to live full lives of virtue
in honest dealings, truth, and righteous pride.

When he comes on through a new town
full of country folk.
They stand in awe and pure silence,
not a single word dare be spoke.
They've heard of him and can't quite believe,
the truth of the tales surrounding he.
They hurry to take care of all his needs.
For the horse goes feeding,
drinking, and a good thorough scrubbing.
The gunslinger himself is in
desperate need of food, drink, and a cleaning.

So now it's time to sit and eat drink some beers,
then head to bed he's eternally used up and quite beat.
The morning comes sheriff just what needs to be done?
Three men need to pay the toll of justice.
We'd much obliged if you helped
deal out this right before us.
A grunt and nod he heads out to center yard.
Where justice is felt and
no man put up there will live to tell.
Out their brought ropes put round their necks,

without a word he yanks the lever the trap door slips.
Another job of hanging up the rotten meat,
they're bad stock so not a tear weep.

He saddles up, his job here is now clean and done.
Ever onward in the darkwasteland he does move.
A legend of such epic proportions,
could not be true as so many have spoken,
without a pennies worth of brains or knowing.
He was real I know it's so.
Wandering around that barren
dark wasteland of days grown old.
Wind swept courage that knew nor
cared for one ounce of glory.

He stands today as a virtuous statue
of truth and justice we lack in these days,
so remember the good he carried out
to help the people filled with good
and kindness sharing throughout.

The lonely gunslinger with no known name.
He travels on beaten by the wind
in this hot barren lifeless land.
Trapped inside his mind with so many losses,
riding forth hoping to find all the
hope and pieces from which were taken from him.

Michael P. McParland

So Very Very Tired

So very very tired.
Time to rest,
and dream of the lady I love best.

Michael P. McParland

Thoughts Of You

Thoughts of you shining in my head
make my heart glow and sing.
Thoughts of you lift my spirit
and make me want to live.
Thoughts of you are why my heart beats
and why I try so hard to carry on.
You are the greatest,
you are the best.
You are so beautiful my blessed girl.
I love you deeply and I love you the best,
knowing that you love me too
keeps me going through the toughest times.
Thoughts of you are burning in my heart and soul,
God bless you my sweet precious jewel.

Michael P. McParland

I Yearn For Her

Yearning for your company,
yearning for your touch.
I'm yearning for the perfect woman
who makes my heart go a million miles an hour.

She is so very beautiful,
she truly is divine.
She gives me reason to live
and continue on when all seems bleak and done.
I yearn for her in every way
because she is a miracle.

I yearn for your embrace,
I yearn for your sweet kisses.
I crave you and your love
and give you all of mine.
God bless you sweet lady
you are so very fine.

I yearn to spend my life with her
and honor her every day we live.
I yearn to make her the happiest woman
who has ever lived.
She is a blessing and a gift
and I yearn for her to know that she's the very best.
God bless my sweet sweet fair lady,
I just yearn to hold her close.

Michael P. McParland

I Want To Wake Up

I want to wake up from this horrifying dream.
All the wretchedness
I want to scream.
Of what lessons from this could I glean?
What have I done to deserve
this humiliating degrading action
being forced and inflicted on me?
Trapped inside this hideous scene.
I'm raped and pillaged,
just like a peasant village.
Used for his drunken pleasures.

I want to wake up from this crack up.
I'm being held down, restrained like a prison lock up.
I'll never trust in the least again.
Taken advantage of and violated at his will
I just lay there crying through it all.

And for the fine beating at these hands
that were a trusted friends I cry aloud.
For what he's taken he should not be proud.
Then afterward feeling empty and broken
he laughs and jokes like it was all in fun
a mutual thing where no and stop were never uttered.
He doesn't seem to realize just what he's done
opening up old wounds.

I want to wake up and find it gone
all these feelings of dirty shame.
To realize it was just a dream,
a nightmare where I wouldn't be
looked at now as a toy to try and be used
for future wanton desires.
That I'm still whole, pure and clean,
not filled with deep embarrassment
and shame supreme.

Michael P. McParland

Silence

Silence surrounds me,
it's all there is.
No one talking, joking,
interested in how I am doing.
I sit in lonely silence
with only my thoughts
to bend and ponder.

Silence, silence all around,
loneliness runs abound.
Sitting in silence wishing
for my love and for old friends,
but knowing all I've done is failed.
Silence surrounds me,
silence curses me.
Silence it seems is here
for all eternity.

Michael P. McParland

Hail To The Buckeyes

Hail to the Buckeyes! ! ! !
Hail to the best.
Hail to the real victors
as they stomp over the trash.

Hail to the Buckeyes! ! ! !
March across the field,
attack in waves so fierce.
Show honor in your confidence
and how you play the game.

Hail to the Buckeyes! ! ! !
We are the very best,
we can't be stopped or beaten
because we are the perfect beast.

Michael P. McParland

The Writing Game

It's time to quit the writing game.
Even those who were once my admirers
and friends now find me lame.
They think that I'm a joke,
and they're right.
I lost my grip quite long ago.

I have no spark or brain to write this stuff,
in fact I think poetry's laughing in my face.
I am horrid as they'll let you know,
I'm redundant and completely moronic in supper sonic.
I'm no good and so I quit,
you're welcome my critics you finally win.

Michael P. McParland

The End

I can't believe this is the end.
Through my mind it slowly bends.
My stomach cramps as my heart descends.
All I see is blackness to the end.
I welcome deaths creeping hand.
A welcome escape from this dead end.

Michael P. McParland

Can It Be?

Can it be this tree of life has ceased to be?
The leaves have fallen, the core is dead.
The rest of eternity I fear and dread.

Can it be that all is gone?
Once this tree of life bloomed bright and strong.
I guess it's dead, I guess it's gone.
I guess there's nothing left to be done.

Michael P. McParland

I Stink (At Writing)

I stink at writing and I know it's true,
so shut your mouth and say nothing fool.
I've tried so hard yet still I stink,
I suppose I should just quit
and forget writing verse and prose.

I stink at writing yes I do,
there's not a soul here who'll
say that that's not true.
I stink at writing and at life
it's a joke all the strife.

I stink at writing yes I'm the worst,
even this piece is bad and worthless trash.
I have no brain and I have no class,
I stink at writing and am dead last.

Michael P. McParland

By Your Side

By your side I'll always stand,
to support and love the only woman
who has my soul and heart.
I'll stand with you through thick and thin,
through it all I'll be with you
because I love you through and through.

I'll fight for you and die for you,
I'll be your hero and your everything.
I am your man who loves you more than anything.
I'll stand by your side forevermore
giving you all I have and all I am.

By your side I'll always stand,
making sure that you have all you need.
I'll be right there anything and everything,
you are the one whom I give myself in full.
I'll stand by you because you are my all.

Michael P. McParland

Side By Side

Side by side,
hand in hand
with sweet you through all time.

You are my woman
and I am your man,
you're all I want my precious Queen.

Side by side,
hand in hand
feeling total bliss in each others arms.

You are the one my heart beats for,
you are the one that I fight for.
You are the one I give myself too.

Side by side,
hand in hand
you are a blessing and gift from God.

A special lady
and my bright shining star.
You are so far above the other girls.

Side by side,
hand in hand
only you will ever be the one.

Michael P. McParland

No More Madness

The pills are calling,
saying come take me, take me.
Then slip away into the darkness.
No more sadness.
No more madness.
No more loneliness.
Just peace and nothingness.

Michael P. McParland

Only With You

Only with you
my beautiful girl.
You make my soul glow
and my heart sing in full.
You are God's most beautiful Angel,
you are so special and so amazing.
You are all I'll ever really need
my gorgeous lady.

Only with you
my sweet Angel dove.
I want to marry you
and be by your side through all of time.
You are so perfect,
my greatest dream in reality.
God bless you
you are the greatest woman in history.

Only with you
my soul mate and hero so pure.
You are everything I want and need
through all time my Queen.
You are magic and so very fantastic,
you are everything I'll ever need
my little love bird.

Michael P. McParland

Aching (For My Best Friend)

Aching so deep in my soul and heart
missing the one who means the most.
I'm lonely and broken without my best friend.
What am I to do from here?

Aching so deep I miss her so much.
How does one stop the pain?
My aching heart throbs and my soul does cry,
the pain is something so surreal.

Aching so deep I miss her so much,
I wish I was perfect just like she needs.
I sit here and ache thinking of the ways
I could have done things right.

I ache so profoundly deep
and I hope that one day I can show
how much love for her I truly hold.
Until then though I ache and ache in my heart and soul.

Michael P. McParland

Hurting

Hurting so intensely bad,
missing the one I love.
I just want to lay down and cry
until I fall asleep
or until God takes me away.

Hurting ever so bad missing her,
I fear I've lost my best friend for good.
I do not want to go on without my one,
she is the reason my heart beats still.
I love her more than anything,
she truly is my everything.

I'm hurting so intensely bad
and I wish her all the best.
Hopefully one day soon all will come together
and we'll finally be with one another.
I hurt now though and wish that she were here,
I love her more than anything and I always will.

Michael P. McParland

I Hurt For You

Hurting for you my dear true love.
My heart is calling,
telling you how you are amazing.
I need your hugs,
I need your kisses.
Most of all I just need your company.

I hurt for you and yearn intensely too.
You are the greatest thing to ever
come into my life.
You are the best you are so grand.
I will be yours forever my little love bird.
I hurt for you because you're amazing you.

Michael P. McParland

Songs Of Love

Songs of love take me away on thier soft wings.
Songs of love remind me of the one that holds
my heart and soul so soft alike.
Songs of love fill me up with such emotion abound
Songs of love are almost as pretty as my girl.

Songs of love make me dream of the one,
they help get me along when I can't see her.
Songs of love help fill the soul and heart.
How I wish I had the talent to write such songs
for her and to make this a better world.

Michael P. McParland

Hugs

My best friends hugs are pure divine warmth.
They are what I crave in my hard times.
Feeling her next to me saying it's okay,
gives me reason to hope that this world
can be a truly better place.

My best friends hugs are so needed now
because she makes me feel like I matter
and helps me know that I'm loved.
Her hugs are so tight, so strong, and so loving,
she is divine that beautiful woman.

Michael P. McParland

Please Return Mee Too

Please return my awesome friend Mee Too.
I miss your awesome company
and all the awesome things we shared
and had planned for our futures dear.
Please return so I can apologize and show my heart,
show it in full to let you know the love I have.
Please return to me because I worry so
and I know that you hurt too in your lonely time.

Mee Too you truly are so very beautiful
and I can feel your awesome soul near every day.
God bless you for being the most wonderful woman you truly are,
please return so I can give you all I have
and all I am in every way in every day.
Oh my Mee Too/my best friend I truly do love you so.

God bless you my Mee Too you are a
blessing and a gift unto this world my perfect friend.
I truly do love you in full to no end
my sweet sweet Angel dove I give everything I have.

Michael P. McParland

A Hard Lonely Time

A hard lonely night spent all alone,
about to start crying because I am missing
my special best friend who is mad at me now.
I try so very hard to make my Angel smile,
and to let her know that she is the greatest ever.

It's a hard lonely night surrounded in silence,
and knowing I'm all alone.
I would give my whole life for just a few hours,
to help her realize that she is so special
and to just take her within my arms to lovingly snuggle.
She truly is all I have ever wanted.

It's a hard lonely night in which tears will appear,
my dreams will be of finally getting it right for her.
God bless you my best friend and lady,
you are so very very beautiful and you make my heart sing.
You truly are my only one and everything.

Michael P. McParland

A Simple Message (My Best Friend)

A simple message given in love,
can give such pure joy.
It can help heal a heart and soul
that have been aching in need for so long.

A simple message given in love
between two best friends is
the purest thing that there is.
I send this message to my amazing best friend,
I love you and want you to no end.

Michael P. McParland

Weeping Heart For My Woman

My heart is broken and aching.
Weeping for the woman that owns it.
How I miss her, how I adore her,
I lay back here crying wishing
for her words, her hugs, her gorgeous smiles.
My heart is broken into pieces,
it cries out into the midst telling her
I love and need her more than she can truly guess.

She is a gift, a divine sweet Angel dove.
God bless my little sexy princess and little love bird.
My heart sings out in endless want
and endless need of the peace and comfort she does bring.
The times we had and times we spent,
how I miss all the little things and big as well.
All meant the world when with her,
she is my best friend and soul mate
I care for and love in every single way.
I'd give my life to just be with her
snuggled close and holding hands like best friends we were and are.
My heart breaks though because she's not here.

So I lay back with my broken heart and cry hard babe
because I miss you deeply and yearn for you and your company.
You are the one I've loved since I could love,
and it will only ever be you my treasured pearl
I stand by, support, and protect forevermore.
God bless you dear you're my Queen and only one.
My heart is broken into pieces without you
and will not be healed until the day we snuggle up
giving each other our special loving smiles.
Sweet sweet kisses dear and endless warmth,
your forever man is right here for you no matter what,
no matter when because you are the one I fight for to no end.

Michael P. McParland

Not Feeling Well. I Need You.

Sitting back here feeling not well.
Not well in so many ways my sweet Angel dove.
I got my flu shot and am feeling a bit queasy,
along with a small bit of Concerta
adding to my deep anxiety.
At least the Tramadol and Norco
heal that as much as possible.
I miss you so much and wish you were here
my dear darling sweetie.

About to lay back and I just want to snuggle,
to share sweet sweet kisses and let both our tears go.
To talk and feel comfort with our dear best friend,
to just feel at peace knowing all is okay.
To know that you truly love me as you
touch my face and look into my eyes
with your divine piercing eyes I so adore.
How my dear I truly love you so.

So as I lay back not feeling so well
I send you sweet kisses straight from my
deep loving heart, mind, and soul.
God bless you my precious pearl
and feel my arms so tightly around beautiful you.
You are adorable and the one I long for,
I'll be dreaming of you as I get feeling better my Queen.

Michael P. McParland

To Lay Down And.....

I just want to lay down and die,
cry out my eyes as my lonely heart gives out at last.
I want to lay down and die
and never be a bother again,
to feel and give the relief that we all need.

So as I close my eyes with immense aching inside,
I pray for relief that the darkness brings.
I just wish to lay down and die
for the lonely pain that I feel overwhelms me
and has broken me totally and in full.

Michael P. McParland

In My Dream

In my dream I just held you
as we both cried and cried,
our aching hearts broken
as we have been again taken apart.

In my dream I just held you from behind,
your arms and hands up upon mine.
I just whispered in your ear
to reassure you of all my endless loving care.
We just cried from our need,
in our unconditional love,
and from uncertainty ahead out there.

In my dream we cried and cried
in our true love.
I held you tight and we said I love you babe.
So here I sit tonight crying wishing you were here.
Rest assured dear that I am here
and deeply ache to hold you now so very very near.

Like in my dream I want us to be so close.
To cry and laugh as we need my love.
To reassure you that I'm always yours,
even though I must be silent as you said you want.
In my dream I held you and whispered in your ear
that I wanted to be with you forevermore.
I could see your love and feel it now.
Like my dream I know that right now we cry and cry.

Michael P. McParland

Forever Your Michael

So lost without you my sweet girl.
Hurting so bad and confused,
I wish I were yours and that you would have me,
for I deeply love you more than anything.

I have been at a loss and had no words.
What does one say when he has truly lost
the most beautiful precious Angel in the universe?
I write just for you to tell you my love,
and to let you know I am forever yours.

I know not what to say because
I don't want it to come out the wrong way.
Jut remember that I love you and treasure you
my precious Queen.
I will forever be your Michael,
your hopeful hero and King.

God bless you truly and always
my sweet Angel dove so supreme.

Michael P. McParland

Tears Over You

Home now at last for the day,
nowhere more to go
no duties save a minor few.
So alone in my room I sit
with an aching yearning heart for my one,
the tears that I have held back
so the world won't see them flowing
now prick my eyes and fill them wholly.

The hot lonely tears how they burn,
missing my true love, my dear best friend.
I miss her so, I can't live without her sweet soul
and her giving me all that precious love I know she holds.
So often though the world has other plans,
so I now sit alone with my tears.
Soon with my head down on my pillow,
my music playing with dreams of us snuggling,
kissing, blissfully dancing,
a future I still pray will come in glory.
Lying here sending hugs and kisses.

These tears come from true adoration and pure love,
they come from having known a divine soul.
These tears must carry me to my slumber
for I ache inside nothing can fully soothe
or calm the longing and yearning I feel inside.
Forevermore I will love that gorgeous adorable
wonderful heart and soul, my little love bird,
and send all I have and I am to her each day
with the words I truly love you more than anything
and am here for you should you need your forever man.

Michael P. McParland

Mothers Day (Celebration 3)

Happy Mothers Day again my sweet dear,
and as I've gone through this day
doing things and resting some too
all the while I dreamt of you too.
I worked to honor my mother
and my amazing Kira so beautiful too.
I want to always celebrate you my dear darling
because like my mother you are the greatest woman I know.
It is you I want to marry
and spend eternity serving like a precious jewel.
God bless you sweet Kira for always being you.

As ever we come together on this day
to celebrate the ladies who are so amazing,
but for the most amazing and wonderful
one day is never enough I assure you.
I work to honor you with everyday that we go through,
and look into your gorgeous, sparkling,
piercing eyes and say Kira you are the best,
you are so adorable and I love you beyond all measure.
Along with your wonderful kids we will find
new ways and the old great ways to show you you're special.
Happy Mothers day Kira and feel my hand in yours,
because I always will be with you
letting you know in all ways you're the greatest ever.

Michael P. McParland

Good Mothers Day Morning 2

Good morning sweet love
and a very happy Mothers Day.
God bless you for being so selfless
and in your love so very pure.
From a man who's known the greatest
of a great mothers love
I can see that in you and I say thank you
for being beautiful and loving you.
I wish you a very good morning my sweet Angel dove
and wish I could be with you to honor in full.

A very good Mothers Day morning my only love
and if I were with you this morning
I would hold you so very close.
Giving you sweet and warm kisses
with all of my strength and deep appreciation,
to just let you know you are cared for
and very amazing.
I love you my best friend and pray for you,
to know that you are so loved
and your caring love is so meaningful.

Good Mothers Day morning my Queen so amazing
and I will always stand by you through everything.
No matter what and no matter when,
I am right here to serve you whatever you need.
God bless you my Kira I always strive to honor you,
and I pray that on this Mothers Day
your kids show you that you are so special.

Michael P. McParland

Dreams So Needed

As I was resting earlier dear one
I had the most beautiful dreams
of spending time with you.
Talking and laughing,
watching movies while holding hands
just smiling and feeling complete darling.
I have been thinking of these dreams
since I have awoken,
and they are so needed because
you are my most dear beloved hero and true love.
As we spent time I knew the world was good,
and since awakening thae part of me missing
is hurting so bad.
So my dear best friend you're wanted and needed,
because you are my dream come true
and Angel with whom I share a special bond
and with each day that passes adore more and more.
So as the night goes I ponder and long
on these need dreams dear,
and send all of my love with sweet kisses
as my heart tenderly sings Kira I love you.

Michael P. McParland

Love Note 591

A very wonderful
and beautiful good afternoon
to you my sweet best friend.
Though you may worry
that I no longer love you
and that I have left you,
I will never leave you
and for eternity will love you
so deeply with all of my heart
and my soul, I will love you
to no end with my everything right to my core.
You are a treasure,
a diamond I adore and I cherish,
you are the one I forever
want to be with,
these days are so very lonely
without my Kira I so miss.

So feel my arms around you
and my sweet sweet loving kisses
I give to no end all over you,
and know that your Michael
is right here for you
should you want or need anything
at any time ever.
I love you my sweetie
and am singing out to you,
so you will know always
that you are my one
and that for all eternity.
I want to marry you.

Michael P. McParland

I Care More

I care for you more
than you can possibly know now.
I care for you more than
anything here on this earth
and more than all in heaven above
and I would give all to see you happy,
to be with you now to have a great
Saturday evening snuggling
and sharing the greatest kisses and conversation.
I care more than you can truly know
and more than you believe
and forever I'll never leave you
because it's only you for me.

I care so much for you
and want to spend eternity side by side
hand in hand being each others rocks
of true loving support as we
take care of each other in every way
through everyday knowing our best friend
is right there to turn to,
having no fears of loneliness ever again my dear.
I care for you each day more and more,
I care for you my sweet Angel dove
because you are my only one
and you truly are the only one I want
to spend my whole existence with in true pure love.

Michael P. McParland

Longing Evening Desire

On this evening my darling
I long for, desire,
and want nothing more than to feel
all of your warmth and our
strong loving arms around each other,
that is my greatest desire to just
spend time with you as I try to get
feeling better in full finally.
On this evening my darling
I am longing for you my best friend
I so adore, appreciate and desire,
and I will be dreaming of you
as I go through it each and every minute.

Michael P. McParland

Love Note 590

Good afternoon my dear
sweet beautiful Angel Kira.
No matter how it may seem to you
right now I truly love you
more than ever my dear precious best friend.
You are my diamond in the rough
and the most beautiful woman
with a divine magnificent soul that fills
me with hope and warmth.

As I head out now to my therapist
I just wanted to say I adore you
and wish you could be here
to join me for a wonderful day.
God bless you my dear sweet one
I will through all time be yours,
for you are my soul mate, my hero,
my appreciated and cared for sweet lady,
and you mean more to me sweetie
than you know my fair Angel.

Michael P. McParland

Your Lips 2

I just want to sweetly kiss your lips
as we sit here spending time staying warm.
It's pouring rain outside my dear
and to sit back with you holding
on so tight would make this day filled with light.
I still feel so spent by yesterdays
migraine with arthritis that was insane,
so I just want to sit back and build
back my strength while comforting you
and sweetly kissing the lips of my one and only
divinely beautiful girl.

So as I sit back here dear I send sweet kisses
to shower over you and give you warmth
in all of never ending strength of love.
I wish that as I kissed your cheeks, your neck,
and then your lips I could look into your
piercing eyes and say beautiful Kira you're the best
and I love you more than all else.
So through this rainy day I can feel
all the light you give and feel all mine too
through the endless love we share.
One day soon we will hold each other through
the best of days no matter what they bring
and come each one I will kiss you oh so deep
and say thank you dear for your love,
being my best friend and only one.

Michael P. McParland

My Heart To You My Best Friend 2

My heart to you my best friend
through all space and time
because you are my Angel.
On this stressful Monday
I thought of you and whispered
to the winds and the birds to deliver
my message I so deeply love you,
and felt much better as I felt your love
as I lay feeling quite sick
to running out to get what I need.
My heart to yours my best friend,
the only woman I want by my side forevermore.

You are my best friend and have been so long,
and all of that time my heart and soul
have been and truly will always be yours.
You are the gift I've asked God for,
and my heart sings to you because
in every way you're so amazingly beautiful.
my heart to yours my dear best friend
I appreciate, care for, and dearly love,
I'm so grateful for you and want to spend
eternity holding, serving, honoring,
and giving all of my endless unconditionl
true love to only you.
My heart to you my dear best friend so good,
hear it sing out now in all of it's
yearning, longing, and deep caring love.

Michael P. McParland

Easter Good Morning

Good Easter morning my sweetie
and as the bright shining sun
hangs in the sky I think
of your smile, sparkling eyes,
and how gorgeous in whole that you are.
As this day starts I send you
big kisses with tight hugs and all of my strength,
may God give you the warmest
and sunniest ever of days.

I wish I could spend this bright sunny
Easter morning with you and give you
chocolates and massages to your hearts content.
To just spend the day relaxing
and spending time with the kids,
and look forward to a great Easter ham.
I wish you a great Easter morning
so very grand,
and send kisses so sweet with
smiles in the billions to shower upon you
to give you great hope and pure joy
in every bit of the true endless love I hold for you.

Michael P. McParland

Night Note 260

A very good night
and early Happy Easter to you
my sweet and beloved beautiful Queen.
I pray your evening was good
and you felt me right there with you,
as I had to lay down in the
late afternoon as my stomach
started bothering me quite bad again.
Now as I get up I wish I could be
spending this entire night with
sweet precious beautiful you.
As in a few minutes I get started
on doing part of the dishes,
I would love to have you here
beside me as I listen to your
divine voice as I listen to you talk
about all you're thinking and feeling
my best friend who's so grand.

Then a nice refreshing shower
to wash away all the headaches
and sick feelings that have
been overwhelming me
and holding up everything.
To just hold you close under
the warm water and tell you
how much you have meant to me
and see you smile.
I love you my sweetie
and just want to kiss you
as we hold each other
feeling whole, joy, and reassurance
that all will be okay
as we snuggle under the warm waters spray.

I love you sweet dear
and want you to know just how
important and appreciated you are.
I adore you best friend

and celebrate the great
unbreakable bond that we share.
Have a great night
and feel me right there holding you tight,
and know that for you
your Michael would do anything
including give up my life
if it was to save yours.

Michael P. McParland

A Busy Saturday

It's been a busy Saturday
my sweet girl and finally back at home
now I can sit back to relax,
mop the sweat from my brow,
and eat a little something
and remember so fondly that beautiful night
that happened 18 years ago dear,
April 15th 1999 su ch a beautiful night
that's never been equaled or come close
except for good times I spent with you.

It's been a busy Saturday my sweet darling
and to relax now I wish you could be here
with me to celebrate the anniversary
of the night I knew it was you
in my heart and you the holder
of my very soul through all eternity baby.
The night I believe and know
in the ways that I know that you fell
deeply in love with me also.
So on this Saturday before Easter
which has been so very busy,
I just want us to be holding each other
as we relax the rest of the day through.

God bless you my dear darling
and I hope above hope your day
has been filled with warmth and been amazing.
As I go about the rest of mine sweetie
I will be reaching out to hold you
and send big loving smiles as I take a shower
and then read my books and watch my movies.
I pray that you're okay and that next year
on April 15th you will be with me
so I can look into your gorgeous eyes
and tell you I love you so deeply
and I've always remembered that night
with the greatest fondness possible.
Then in celebration toss back a drink

or smoke up then I'll kiss your soft
pink lucious passionate lips as much as you want.

Michael P. McParland

Soon To Sleep

Very soon it will be time for sleep,
to the sound of soothing rain
and sweet dreams of you I will drift off.
With the whispers to the night
of sweet sweet Kira I love you so very much,
I would give all I have to spend it with you
falling asleep in each others arms
feeling truly whole and so very good.

Soon to sleep my sweet Queen
and a goodnight to you that your night will be good.
God bless you in warmth to be so happy
and feel safe in both his and my love.
I will send you sweet kisses
and my softest caresses.
Soon to sleep my sweet Angel where I will
dream of all the great times we will
be one day sharing together.

Michael P. McParland

Now Let's Hold Each Other

It has been a very painful day
my sweet sweet dear in many ways.
Starting off from long after I got up,
I got sick again while doing
my dishes and it took me
all the longer as I had to sit down
so very much and for so very long my sweet Queen.

Then afterward while lying down
all the arthritis kicked in
and the pain most especially in my
very badly aching hands went through the roof.
I'm sorry if you thought I was
blowing you off or ignoring you my sweet Angel dove,
for I love you so very much
and dreamt of you, your smile,
your gorgeous piercing eyes,
and everything joyful about you.

Missing you as ever though added
to all my pains dear as I ached
and longed so badly for your soft touch
and your passionate kisses I wait for.
I dreamed of kissing you all over
and on your soft precious passionate
luscious pink lips over and over
and I said thank you and I love you.
These particular pains within me
will not be ended completely
until I am holding you.

So now my sweet dear as the night's here
let's hold each other only if
we can only do so in spirit.
Feel my hand in yours and see my big smile
filled with pure love for only you.
The arthritis still bites but as I lay back
just a bit to read and finish my movie
I'll be dreaming of you and sending

all of my warmth, love, and strength too.
God bless you my Kira you will always
be my true love and my everything,
now let's hold each other
and so very soon be snuggling in reality.

Michael P. McParland

Your Piercing Eyes

Your eyes are so very piercing
and so exquisitely amazing
in all their endless beauty.
As I was looking at your picture
I realized how they pierce
in true love right to my very soul.
They see through my exterior
in a way no others ever have.
It makes my heart skip a beat
in all the beauty and truth I see within
they make me want to bear my soul
all the more and reassure so solidly
that I give myself in whole to you
and want to spend all time side by side
and hand in hand with my only one.
Close those gorgeous piercing sparkling eyes
to see all my loving looks and loving smile
and know I'm with you giving all my love
and right here with open arms
for when you come or should you
want or need anything at any time.
I love you dear I hope you see
with those beautiful piercing eyes
and feel all my strength and warmth surround
you totally my precious Angel
I love and want because you are you
the greatest Queen I've ever known.

Michael P. McParland

A Long Day, Feeling Ill

It's been a long day
spent in bed feeling quite ill
my sweet precious dear.
It's been such a long day
in a good deal of physical pain,
and emotionally too as I so wished,
dreamed, and was in such want of you here.
I have only started to feel better
within the very last hour,
and before all I wanted to say
I love you,
I love you,
I love you my Angel so amazing.

So as I now get up I wish I could
hear your voice or at the very least
read your words here in messages.
I can feel all of your love
which has helped me feel better,
but to see and hear from you
would chase away thje last of the sadness
and tiny bit of sickness I feel.
God bless you my Angel it's been
such a very long day,
but knowing you're there makes it much better
because you are such a divine gift and blessing.

Oh my dear darling do feel my arms
tightly around you and my hand within yours
and know that you are the most
treasured person in my entire existence.
You're all I've ever wanted
and I just want to hold you,
as we tell each other everything is okay
and I so deeply love and adore you.

Michael P. McParland

Love Note 589

A very good afternoon
my most beautiful
and treasured diamond in the rough.
I haven't been up long
and very shortly must head out
to go see the therapist,
and before I go
I wanted to tell you that
you truly are so very special
and the apple of my eye,
a bright shining star
who gives me more hope than you know.
Last night I had the most
beautiful dream of you and me
holding hands,
it gave me such a calm
I rarely have even in my dreams,
I could feel it in all reality
so I know we must have connected in spirit
to share our deep caring love.
I can still feel your hand within mine
and I hope you can feel my hand
in yours as I send you all
of my strength, my warmth,
and the love that overflows
from my very heart and core.
God bless you my sweet girl
and remember I'll never leave you,
and that when we reunite I will
dry all of your tears
as I reassure you that all is okay
and cover you with the most amazing,
divine, and adoring kisses
any man has ever given to
the woman he treasures and truly loves.

Michael P. McParland

Love Note 588

A very good late afternoon
to you my gorgeous beloved
beautiful best friend
I unconditionaly love
and adore to no end.
I hope and pray your day has been good
and that you've felt me with you
holding your hand telling you
everything will be okay
because I'll never leave you
as I am your forever man
who loves you so much
it overflows in every way.
I treasure you dear
and our most sacred bond,
I am so in want and in need
of my only one.

Thoughts of you through this day
have danced within my heart
and my mind and will continue to
as the evening comes and then
the entire night through.
My heart so deeply aches
and it yearns for the love
and joy that you always give,
to feel your soft loving touch
and to share the most tender kiss.
God bless you my Angel I so dearly miss,
for I truly love you
and want you to know you're not alone.
So please shed no tears
and know that you are the one
that I care for and love
in the deepest most true of ways.
I am right here should you
want or need anything dear,
and my arms are wide open
and waiting and ready

to wrap you up when you come
and give you deep comfort
in all of my never ending love and passion.

Michael P. McParland

A Great Big Morning Hug

Good morning my sweet Angel darling
and feel my arms around you so very tightly
as I send a great big hug,
the first of many today with kisses
and smiles to fill with cheer and my strength.
Yesterday was so stressful in so many ways,
I was so weighed down with many things
that when I lay down for a few I crashed out.
I would give all that I have to have fallen
asleep within each others arms,
to awaken right by your to give you
all of these smiles, kisses, caresses,
and candy with the biggest tightest of hugs.

So a very good morning my beautiful dear
and may God bless you to feel
all of my endless love and these massive hugs.
I pray that you will feel all of my prayers
that I say for you and that your
greatest wishes and joys will come true.
I can't wait my sweet dear to wake up
each day right here next to you
and give you a great big hug
and say I love you my beautiful babe to start
the day right in every way.
So I send you theses hugs which hold
every bit of my strength love and warmth
to give you a smile and have a great day
reminding you babe that I am right here
waiting for you everyday.

Michael P. McParland

Dreaming To Music

Sitting back on what is another
stressful and soon to be busy
Monday when I head out the door
to do all that I need as each week.
For now though I can sit and breathe,
listen to my music and dream
of all the beautiful things it helps me see,
bringing up all the feelings and passions within.
I'm dreaming of you my sweet dear
along with all other things and the dreams
of being with you through all of them
make me smile and long all the more
for your soft loving touch and company.

Sitting here dreaming to all my music
and I feel you, smell your soft pale skin,
your gorgeous hair, I can feel all of
your deep caring love surround me my sweet girl.
Dreaming as I listen to my exquisite music
and I send you all of my deep love
in return with the sweetest of kisses
and all of my strength to surround and fill you.
Dreaming of you and so many wonderful beautiful things
knowing I will share all greatness with you.
I dream of our deep bond and true love,
all the while I thank God for you my only one.
So as I sit here dreaming to my music my dear
feel my hand within yours and feel my love fill you,
never forget that you are my dear precious Queen,
my sweet Angel dove and that I'll stand
by your side through all of time
because you are the only one that I will
ever want and need through eternity.

Michael P. McParland

Night Note 259

A very wonderful and beautiful
good night to you
my gorgeous sweet Angel.
I sit back here right now
not feeling well at all,
and I wish you could sit with me
and hold hands as I lay back
and pray this sick feeling
and shakiness will pass.
Feel my hand within yours
as I reach out to give
all of my love and feel yours,
feel all of my prayers over you
for all of you joy, safety,
health, your life in whole,
and for you to truly know
how much you are appreciated,
cared for and unconditionally
deeply loved to no end.
This would truly be a good night
if you were here,
so that when I feel better
I could kiss your soft pink
passionate lucious lips,
and just enjoy this night
being close to my sweet sweet Angel
I have loved since before we met.

So feel me right there with you
for as I lay back to relax
while this sick shakiness lasts
I will be sending sweet kisses
and smiles to give you such warmth,
feel my arms around you
and all of my strength,
God bless you my Queen
you are my one
and everything that I need and want.

Michael P. McParland

Late Sunday Night, Sweet Love

On this late Sunday night
my sweet love my heart calls
and sings out all of my love to you.
After spending most of the day
sleeping to get away from all
of the lonely pain and in hopes
of beautiful dreams of you,
I send sweet sweet kisses galore
and wish I could just hold you
both of us feeling true and pure joy.
I love my Queen I adore you in full,
and no matter what you may think
or how it may seem I'll never give up
nor will I ever leave you my sweet Angel dove
and best friend.

We share such a great bond
and it has lasted through all
as it is so very strong in the true love we share.
I just want to hold you and close this
late Sunday night feeling so very good,
with my sweet love I adore and want
to be with side by side forevermore.
So as I go through my night I will send
all my sweet love to my dear and divine best friend,
and in spirit reach out to take your hand.
Have a good night and please don't ever forget
that you are my only one and the very best,
and I am right here with open arms waiting for you.

Michael P. McParland

Kisses For My Angel

Sweet sweet kisses for you
my beautiful Angel on this mid night.
I want to give them to you
to keep you so warm in my loving light,
feel all of my strength
and my arms surround you,
feel all of my love as I send these kisses to you.
I miss my Angel and just want you here,
to tell you you're wonderful, beautiful,
amazing, divine, spectacular too,
and love you more than you'll ever know.

I have these kisses for my Angel
that I give to you,
so please show me your smile
and light my night up in full.
I wish I could be with you just spending time,
to show you you're special with kisses so soft,
and to give you the kind loving words
that you need that you are amazing,
adorable, and that I love you for you
my true best friend and hero Kira.
You are my Angel atrue precious diamond,
and I send you these kisses straight
from my soul and heart to say all the
deep passionate thins that overflow from my loving core.

Sweet sweet passionate kisses to you
my sweet sweet Angel so very true and so good.
I send kisses so loving and passionate too,
to shower all over you to help you feel
so safe and so warm knowing I am with you,
and that I'll always be there
for I'll never leave because there is
no other soul that could ever have me.
I love you Angel and send you kisses
and smiles non stop from my soul and heart,
so smile my dear and know that your man
just wants you near.

Michael P. McParland

Love Note 587

A very good evening to you
my sweet beloved beautiful Kira.
I hope your Saturday's been good
and you felt all my love surround you,
as I was sending it in full
while I rested and deeply slept
most of it being so tired
from all of the meds and how
they wear you down in so many ways.
I dreamed of you my sweetie
and within heard your voice,
and in the few hours since rising
I've heard it ringing so great
and so true within my heart and head.
I love you sweet girl
and long to spend this evening with you,
from the moment after this
when I take a refreshing, calming shower
in which I could kiss you
and so tightly hold you,
to just watching a movie
and quietly reading,
all the while feeling so warm
safe and secure snuggling
and talking to the Angel
and best friend I endlessly love and adore
to the moon and the stars forevermore.

So have a good evenin my Kira I love
and feel your Michael with you
holding you tightly my hand in yours.
You are divine and the woman
I will stand with forever,
and as I step outside in a bit
I will look to the sky for my shining star
and smile so big for you,
so feel all of my love
and be filled with my loving strength.
God bless you my Queen

you truly are so very great,
and you will forever be the Angel
to whom my heart belongs to and sings.
You are so beautiful,
and that is Michael and Gods honest truth.

Michael P. McParland

Quietly Reading And Dreaming

Sitting down in this quiet,
a few candles lit for moods sake.
Just reading through my many books
getting lost in the stories
through which I try to calm my spirit and heart.
I either dream of us as the heros
and true loving partners of the story,
or just holding each other while we read together.
I sit here so quiet getting lost
in my books and the candles flames so brightly burning,
and they carry me away as they make me dream
of your gorgeous eyes so divine in their sparkling.
My heart needs the soothing as in my loneliness
I am so badly hurting and I read my books
before resting for a bit dreaming of you
my best friend and true love as I do both.
So I close my eyes now to see your sweet smile
before I continue quietly reading for awhile,
and then I will dream of you in all of your
supreme heavenly glory when I rest in a bit
and dream of you resting your head on my chest
as you held me so tight helping me to feel
accepted and safe.

Michael P. McParland

A Beautiful Afternoon With Sweet You

A very good afternoon my sweet girl
and finally feeling quite better
from feeling a bit ill yesterday
through to this very morning
I want to rise and spend it with you.
To first just sit and talk as we eat,
then hand in hand go for a walk
to and around the beautiful duck pond.
A beautiful afternoon with sweet you
is what my aching heart needs so very much
and feeling your love makes me smile
inspite of feeling so lonely my baby.
First a sweet beautiful walk
with gorgeous you on this afternoon
would be the perfect start to this day
so bright, sunny, and mostly warm.

God bless you my sweetie you're so divine
and I want you here beside me on this afternoon,
I love you so deeply and want to see your smile
as we go about the day kissing and talking,
then before dinner we will share candy
over and over as I thank you deeply
showing all of my endless care,
unconditional love, and appreciation
for my beloved and treasured sweet Angel dove.
I think of your eyes and float away
into space feeling intoxicated in your charming grace.
I so want and desire a beautiful afternoon
with my sweetie so rare and great.

So as I sit here reading my book
I will be dreaming of a beautiful afternoon
with sweet divine Queen Angel you.
In my heart I so yearn and in spirit
hand in hand I am right there with you,
and am right here should you need my beautiful girl.
I can wait for when you are ready
and we will spend beautiful afternoons together

enjoying the loving sun we provide for each other
and all of the joy there is being with your true love.

Michael P. McParland

Relaxing To Your Sweet Smile

I am not feeling well at all
tonight my sweet babe,
and now as I plan to lay back
I will dream of your sweet sweet
gorgeous smile to relax while I watch
some TV and maybe a movie.
Your sweet sweet smile in true
loving caring warmth envelops me,
I wish you were her so I could hold you
and tell you that you are so very beautiful.
To just see your bright shining eyes
as you rubbed my face and head
to help chase away this bit of a headache
and overall weakness and shakiness I feel.

I will be relaxing to your sweet smile my dear
and dreaming of your heavenly voice
just wishing we were talking and that
you could read to me from one of our books,
all of this I would ask kindly
for I would demand nothing from my dear sweetie,
but I know in your unconditional love
that you would do them because you are so good.
I will be relaxing to your sweet gorgeous smile
and sending you kisses so sweetly
while I reach out to hold you.

So as I am about to lay back now
I send all my strength and big smiles to my true love.
I will feel better as I dream of you
because I can so truly feel you
and I know the days will be here
and be awesome when we are spending
such beautiful time always making everything better
for one another as we have dreamed of.

Michael P. McParland

My Beautiful Sweetie So Fair

You are beautiful my dear sweetie
in every single way and you
take my breath away.
You are my bright shining northern star
so high and gorgeous in the sky,
you are my Queen so supreme
and you fill me with hope and endless joy,
if I could I would reach up to the sky
and gather all of the stars to present to you
in all of my endless appreciation and love.
You are my diamond in the rough
ever so precious and rare.
I love you my beautiful sweetie
and can't wait to have you here.

You are my beautiful sweetie dear Kira
and I will always share all of my world
with you because I trust you.
You are my hero and best friend,
my soul mate whom I've loved since we met
and I will always treat you like the gem
that you are my dear Angel so beautiful.
I adore you my sweetie and am right here
for you when you are ready
and am right there beside you holding your hand
keeping you safe and giving you all
of my deep loving strength.

Michael P. McParland

Night Note 258

A very good night to you
my sweet beautiful Angel,
I am so very tired
and inside greatly aching.
I long for your smile
and to have you right here
holding me just as tightly,
I long to lay with you so soon
as I go to bed where I will dream of you.
I can feel all your love
and smeel your soft hair and sweet skin,
I can see your eyes so bright
and sparkling in all of your pictures
I look at at feel deep yearning
in my heart, mind, and all things.
You are true beauty my sweet Angel dove
and I'll forever be yours because
you are the best and so very cool.

So I wish you goodnight
and to have a verygood night
my bright shining star of great light.
Feel all my love and my kisses so sweet
as I send them to shower all over you,
feel all of my strength and my deep warmth
as I reach out to hold you
and reassure you I'm there.
God bless you my Queen
you're in all of my prayers,
and I pray that you know just how much
you mean to me my only one.

Michael P. McParland

In Each Others Arms Tonight

Back from the doctors my dear
beloved sweetie I so adore and admire.
I miss you so much and have
so much on my mind I want to share with you.
I want to hear your sweet voice
as I feel your soft and tender loving touch,
I just want to spend this tired night
within each others arms both of us
feeling so very good in our safe soothing love.
I love you sweet lady and want you here
in your bright shining glory beside me.

I very soon will lay down and turn on
my audiobook to dream of us,
I will send all my love and in spirit
take hold of your hand to gently kiss.
In my aching heart I will feel some sense of calm
as I feel you my dear Kira within my arms,
I pray that so soon it will be for real.
So as I close my eyes for a few
I will see in each place beautiful you.
Soon my sweet love we will have every night
in each others arms and my heart calls to you
singing of all its love and how I wish
that tonight could be spent with only you.

Michael P. McParland

Waking Afternoon Smiles

Waking here just shortly before noon
and as I shook off the sleep
and the small stomach ache I had
I smiled thinking of you my sweet Angel dove.
So as I have fully arisen
and I get up to take a refreshing shower
before I head out in awhile to the therapist
I send you the sweetest of kisses
with great big smiles from my heart
and soul that you hold babe.
I wish you were here to give those kisses,
great big smiles and hugs to
as we spent time together doing everything.

So as I have arisen on this afternoon
my aching heart that yearns
will feel joy as it sends you all of my
endless and undying love just singing out
that you are the best and you give me
endless hope my bright shining star.
I will be sending you smiles so wide
with my arms open in spirit to take you in
and hold your soft loving hand throughout this day.
I love you sweet sweet Kira more than anything
so never forget that you are my smile,
my joy, my reason in so many ways to go on,
and I want to share it all with you
through this whole life and beyond
serving you and giving you all that I have
to give you deep joy and make you smile too.

Michael P. McParland

Night Note 257

A very good night to you
my gorgeous sweet Angel dove,
as I sit here and read
and then soon go to bed
feel my loving hand within yours.
I am will be with you through the night dear
and in spirit so tightly
and lovingly holding you near.
As I listen to my audiobooks
and or my music I will be dreaming of you
all the while sending the sweetest of kisses,
you are a peach and the apple of my eye
mysweet Angel Kira I forever
want right here by my side.
You are amazing and I want
to just end the whole day
and the whole night snuggling with you
my shining star and Angel of light so very bright.
Look up to the stars and see me smiling down
and feel the loving warmth of your Michael
totally surround you and fill you now.

Michael P. McParland

Catnap Dreams Of Beautiful Sweetie

Lying down for awhile worn out
a fair bit from my bad headache earlier,
and while catnapping I looked
at your gorgeous picture before my eyes closed
and I saw you smiling the whole time I dozed.
My heart now feels cheer in it's
ever longing wanting and yearning for you.
The butterflies of true passion
and adoration fill me to overflowing.
My heart shouts out in full voice Kira I love you
because you are so truly divine, amazing,
gorgeous, and supremely beautiful my dear best friend.

As I catnapped and dreamed I got my strength back
as I felt your loving care and strong arms around me,
I could hear your sweet voice while feeling
your soft amazing heavenly touch,
and I thought of our sweet sweet kisses
as I sent them with smiles to you.
You are so beautiful my hero and sweetie
and feel my soul take your hand as I say I love you.
God bless you my Queen I can't wait to be with you
serving you in all ways like I so want and need.
From cooking you meals to massaging your
aches and pains until you feel good,
these were my beautiful catnap dreams
of truly sweet and beautiful you.

Michael P. McParland

Needed Afternoon Kisses

Rising now dear my headache now gone,
as I earlier awoke and felt it hit bad
I looked at your picture
and felt joy through your smile,
now that afternoon is shortly here
I wantb to share kisses so needed by bothh of us.
I want to sit back with my baby
and watch my movie on the life of Falco,
I would give anything to have you join me
just smiling while snuggling so tightly.
Surrounded in the most divine celestial heavenly warmth,
feeling the fight that is within us helping
each other always in this world through
the true unconditional, undying, appreciative,
amazing, stupendous, pure love that we feel.

So I send you all these needed sweet
afternoon kisses to you my only one
and hope you have been feeling all of the ones
that I have been sending the entire time
as I have felt every last one of yours.
As I watch my movie before I do my chores Angel
I will be dreaming of sitting there
watching it with you and then having you by me
to talk as I do all I need to.
Please return to me when you are ready
and we will then share all the needed morning,
afternoon, evening, and nighttime kisses we've
ever wanted and needed forever.
God bless you my sweet girl you are a gift
and blessing so good,
I'll never be in want or need of another
as I always stand by you supporting you always.

Michael P. McParland

After A Busy Day My Dear Sweetie

After such a busy and tiring day
I am about to lay back on the couch
and dream of us in my audiobook.
I want to be with you holding you closely
just covering you in kisses and soft caresses all over.
After a busy day so filled with stress
and anxiety I just want my Kira,
the wonderful woman and my darling best friend
who makes me feel safe and truly completes me.

You are my heart and my joy,
my bright shining hope and northern star,
I miss you my sweetie and need you here with me
to just share everything that I have to offer.
After a busy day my gorgeous Angel so great
I just want to feel supreme divine peace
ans I feel the softness of your skin
as you touch me so kind and so loving.
Your love is exquisite as are you my darling so delicate.
I want to hear your heart sing as I feel its beat,
both yours and mine through all time in unison.
After such a day sweetie I will dream
of our fantasic days in the future
and those that have happened while I catnap.
I love you my Kira for in all ways you truly are
beyond all measure amazing, heavenly, and beautiful.

Michael P. McParland

Love Note 586

A very loving
and wonderful late afternoon
to you my dear beloved sweetie.
I hope your days been good
and you've felt every bit of my love,
as the whole time I was out and about
I held your hand in spirit
and sent you millions upon millions
of smiles and the sweetest of kisses.
I thought of you and felt
less stress and more joy for sure,
and I just wanted to tell you
I love you and thank you for just being you
for you are a blessing and gift I so adore.

You truly are so amazing and beautiful
in all ways my darling,
I could never ask for a better best friend.
Even after a small catnap when
I returned I still feel worn out baby
and want you here by my side in my arms.
You are the apple of my eye,
a true treasure I care for forever and ever,
I will never leave you because you are my Kira.
So have a good evening and know I am with you,
and that I am right here waiting
wishing I were with you
while dreaming of all the
wonderful things we will do.
God bless you my Angel feel all of
my loving strength fill you
and know that your Michael
will forever give himself to you only.

Michael P. McParland

Another Busy Monday

Another busy Monday lays before me here,
and how I wish above anything else
I could spend today with you.
To have all the stress, anxiety,
and complications a many go away,
to just see your smile as I hold your hand
and feel your lips on mine as we kiss
the day along.
Another busy here with so much to do,
and I just want to be with you
feeling all the warmth you give
and share the joy we share fighting for
each other as we always have.

It's another busy Monday babe
and soon I will run out to get all I need to done,
I will dream of you and send my love
because you are my hope and shining star,
I will dream of you and all that
is to come to help keep me calm,
I will reach out to hold your hand
giving you all the strength and love I hold inside.
I love you dear and I always will,
I wish I could spend this busy day with you
and then relax so peacefully and feel pure joy
as I held my only one.

Michael P. McParland

Holding You Sunday Evening

I just want to be holding you
as we sit back on this Sunday evening here.
To just talk to the one I adore and love,
to be with the Queen I miss
and want to be with forevermore,
just spend time and read to each other
from one of our books.
Holding you know is what we need most of all
to help heal our hearts and give us
the true joy we so need and want.
Holding you here on this Sunday eve
make my heart yearn to feel your soft touch
and see you smiling.
It fills me with those tinglings of pure
and true love I only have for my one.

I just want to be holding you right now
and so soon slip under the covers to tightly snuggle.
I feel a bit tired and just want to rest
hearing your soft voice as you tell me
about all you think and feel,
then to just put on an audiobook
as we sweetly kiss then you rest your head upon my chest.
God bless you my dear you are the best
and holding you would be the greatest gift there is.
So in spirit dear feel my arms around you
giving all my loving care and see my smile just for you
as you close my eyes feeling all my strength and warmth.
I love you dear and on this Sunday evening
I just want to be holding you
the woman I've loved sice time began
and let you know you're all I want forevermore.

Michael P. McParland

The Duck Pond

Such a gorgeous place to walk around,
the pond sparkling while the ducks quack
and geese honk wanting bread and all you've got.
They are beautiful as is this space.
A beautiful place to sit and think,
working out in your head all life's things
so very clear in the fresh air.
The duck pond is a heavenly place
to go sit under a tree while you read,
and to take a walk to feel so good.
I love the duck pond and all the life it holds,
it is so calm and soothing that my soul smiles.
It is a place you can take the one you love
and just sit and talk without one word.

As spring now is almost truly here in it's
best times weather wise I can't wait
to go out and sit with my book
while my head and heart are filled with dreams so bright.
The duck pond is solid gold
and in it I see and feel all Gods love.
I will be sending all my love
to those ones I care for most of all
hoping through my prayers while there
they will feel the beauty and the gentle breeze,
smile as they hear the quacks and honks
of the gorgeous geese and ducks.
The duck pond truly is such a precious space
and I hope it's something all have too
to help beautify their lives and world.

Michael P. McParland

Sunday Afternoon With My Sweetie

It is now Sunday afternoon here
my beautiful sweetie so wonderful and rare,
it is not so very cold but it is
overcast and a bit chilly for sure.
So what better thing could there be
in the entire amazing expansive universe?
Snuggling up with my Angel as I turn
the fan on and then hold you tightly
under my big fuzzy orange blanket.
A sweet April Sunday afternoon
with my diamond in the rough Kira
is what my heart aches for and calls now.

To just spend a wonderful loving
Sunday afternoon with divine you
would be heaven on earth and the most
special thing that there ever is.
From cooking you lunch to giving
you the most relaxing massage,
a Sunday afternooon serving my Queen sweetie
is the most perfect thing
because you truly are the entire worlds beauty.
God bless you my precious Angel
and feel me right there beside you
as you are my sweetie and I truly will
always adore and love you.

Michael P. McParland

Rubbing Your Back 2

It doesn't get easier as time goes on,
in fact the loneliness gets heavier
without my only one right by my side
so I can reach right out and take your hand.
The tears prick at my eyes as the butterflies
and tinglings of love call so strong
for you deep inside my heart, my mind,
my soul, and my loins, all of them
in pure true love ache for you.

I wish I could just sit with you
on this night hand in hand
while I look in your eyes to tell you
that you truly are so beautiful,
to let you know you are divine
and that I am yours alone forevermore.
Then just to have you lay down
on your tummy my sweet girl
and rub your badly aching back
up to your neck and right down to your legs and feet,
I want to spend the night with you held so tight
rubbing your back, talking, and sharing kisses oh so sweet,
I truly need you girl because you are my everything.

So through this night feel my hands upon
your back just massaging it as well
as my arms wrapped oh so tight to give you
great warmth and love to help you feel safe in all my strength.
Have a great night my Queen and know you're loved,
you will always be my one and I can't wait
to spend these nights holding hands
with my best friend I so adore and truly love.

Michael P. McParland

Gods Most Beautiful Angel

Gods most beautiful Angel shines above me,
she is my dear best friend I love,
a true gift and blessing I adore
and will be thankful for forevermore.
She is so very beautiful
Gods greatest work of pure
loving care and true joy,
she is amazing on every way
and I'd do anything for her including
give up my life if that was needed for my Queen.
Gods most beautiful Angel is a shining star
and she is my true love leading me
through the dark as my northern star
and gives me hope of a life spent
in kind and loving joy so few ever get.
She is the worlds beauty
she simply is the very best
and I truly love her more than anything.

Gods most beautiful Angel is so filled
with kind and loving light
it brings tears to my loving,
adoring, yearning eyes that see
only her in all the pure love we have and share.
She is exquisite truly terrific
a supreme lady that is my soul mate
and my hero whom I want to be with forever.
She is Gods most special Angel
and no one and nothing can take away
my unconditional and undying love for her
because she is the one I have always loved,
dreamed of, and prayed for in every way
since we met on that fateful day.
She is Gods most gorgeous Angel
and since before we came to earth
I know we were best friends who truly
shared a bond and loved each other.
So God bless you my dear best friend
you are the best, my everything,

and I choose you my blessed beautiful girl.

Michael P. McParland

Hitting The Moon And Stars (Magic Beans)

Reaching for the moon and stars
just losing myself in the music
as the magic beans hit me hard.
I feel alive, I feel the comforting heat
that they give to me.
I feel so safe while lost within their charm.
I can feel so deep the great musics beat
and I know of all that my hero Falco sings
from drugs and alcohol to the deepest love.
Along with Drahdiwaberl and some of my
favorite music stars I hit the moon
and rock along just dreaming in the warmth
of all my most beloved and favorite things.

I now feel the rush in whole
as it fills my mind and body
taking me to the moon and stars.
So by starlight I will sit and dream
as I listen to music, read, and watch a little TV.
I feel so much more control in the
intense boost of sensation now
and as the magic beans course through me,
I just want to escape into the beauties
that have always made my heart and soul sing away.
I am now among the stars as I sit
here feeling loving warmth on the moon
and smile down sending love to all those
people and those things I so adore.

Michael P. McParland

Flying High For You My Love

Flying high in the sky
I long for you as I dream
of all the times I pray will come.
I pray that you will always know
of my unconditional love that fills my soul,
flying high on the wings you give me
for you are my light and hope
and the dream of a joyful future
that I want as I serve my Queen
and knowing my best friend is right there with me.

Though I feel so very sad and lonely now
I am flying high on your exquisite
beauty that you are.
Having looked at your picture dear
and seeing you smile made my knees so weak,
my heart ache in longing need,
and yearning to just see you
and show my whole heart to only you.
Flying high with the last bit of life
these wings hold,
and they have life just because of you,
my Angel sweet, my Angel true.

So I dream of you the one I need,
the one I hold in my heart
and soul forevermore.
Through all my confused aching
that encompasses me now
I think of your loving smile
and holding you today all the while
as we dry each others tears
and say babe I've missed you
and so very deeply love you,
I will be yours forever and ever.
I fly so high to give you all
the sweet sweet kisses we both are needing.

So I spread my wings now to fly so high

and give you all the loving warmth
and strength for you I hold inside,
and ask God to bless you with joy now
and to know you are so cherished
and forever truly loved.
I am flying high my dear in spirit now
so you will know I'm there
watching over you giving all that
I have and all I can to make my Queen
feel so safe, cared for, and very warm in full.

Michael P. McParland

True Love For You

Forever through eternity
my heart will be filled
with true endless love for only you.
I hold you so dear as your soul
speaks to me and mine reaches forth
to take you wrapping you up
within my arms to hold you so very close.
True love for you fills my heart
and my soul endlessly forevermore,
and I will not leave my only one
no matter what because you are my Queen
my Angel so beautiful supreme and sweet.
True love and care is what I have
for you in full forevermore,
so please know you are appreciated
and adored and I pray for you all the time.

True love for you is all I'll ever know
because you are my soul mate, my hero,
my only one, a blessing and gift
I want to be with through all time.

Michael P. McParland

Wishing I Could Hold You

Sitting back now on this
late afternoon dear
and I am wishing I could be
holding you as the evening is near,
to share a good night
and to relax with each other
getting away from the worlds stresses and fights.
I'm wishing I could hold you
ever so tight.

I wish I could hold you and you hold me back,
healing each others aching hearts
that are in need of our love,
I just want my best friend
the worlds most beautiful woman
to talk to and see your gorgeous smile.
I adore you and miss you,
I need you because I so love you,
I'm so deeply wishing I could tightly hold you.

So my sweet love know I am with you
and that I so deeply hurt,
hunger for, and desire you.
You are appreciated in full
and I'll always care for you
because you are my true love and I'll never leave you.
I wish I could hold you
and so softly kiss you as I say
I love you Kira and I want to marry you.

Michael P. McParland

Night Note 256

A very good night
to beautiful you
my most beloved sweet Angel dove.
I pray you are doing well
and have received my emails
from the past couple of days,
you have been on my mind
and I hope you are okay,
my hand has been within yours
the entire time
and never fear because I am
right here and right beside you
through all time and space.
I have been deeply hurting as
I know you've been too
and I would give anything
to be holding each other
and both of us filled with
pure cheer.
I love you so much
and hate not being with you
right here to help each other out,
so my heart calls to you
in all of its love
telling you always just how great
and important you are.
My heart and soul are forever yours
and I only want you as
my wife and my Queen forevermore.

So have a good night love
and remember I'm with you
feeling my arms around you
in true care and love ever so tightly.
You are my best friend, my hero,
and you truly are so very amazing.
God bless you my sweetie
I'll never leave you
and an right here waiting

praying you'll come soon.

Michael P. McParland

My Divine Queen

I have been catnapping for a good while
on this night my sweet beautiful darling
and as I rise have some chores to do
as well as just wanting to read from my books.
Most of all though I just want my baby,
my sweet divine Kira who is my
Queen and amazing spectacular Angel forever and ever.
I am dreaming of my sweet divine Queen
filled with such desire to spend time
and feel your soft touch as we do so many things.
As I dream of you I feel those tugs of such
pure longing and yearning as I imagine
holding you while talking, laughing,
reading, kissing your soft lucious pin lips,
and just being so cozy all bundled up
in each others arms no matter what.

You are my divine Queen and I truly need you
my dearr beloved, beautiful, magical,
and bright shining star sweetie.
I need you because I love you
amd am so very lonely without the one I desire
and want to forever walk side by side
hand in hand with through all the planets,
moons, and stars in the uiverse,
I love you because you are special and I know
we have loved each other and been best friends
since before we came to earth.
So I just want and need my dear divine Queen
to share smiles with throught all of our lives
as we share ourselves and that there is in the world.
Two lost souls finally coming together
in the park where hope is fulfilled as we meet
our soul mate who will forever be our greatest hero.

Michael P. McParland

My Divine Angel 2

My divine Angel how great you are
to me in all ways and all means.
You are perfect in my eyes
and I want to honor you through
great service through all time
because you are my Queen who deserves
so very much better than you have ever gotten,
I just want to give you all of myself
with all that I have because you
are a divine Queen and Angel
who sets my heart aflutter
and takes away my breath in
true tender loving passion for my
only one the sweet and amazing beautiful Kira.
You truly are divine my sweet lady
and will forever stand by you
supporting you fully.

Michael P. McParland

Love Note 585

A very good late morning
to you my sweet and beloved
beautiful divine Queen Angel.
Before I now head out
to get my prescription
and God willing enough money
to pick up a few fun things
I wanted to drop in
and tell you I love you
while sending sweet sweet kisses
and a huge hug of pure
caring and loving warmth
to reassure you that you are
the most important person in my life
and I want nothing more than
for you to return so I can hold you
and give you everything that you need
through each day and through everything.
Before I now go may God bless
your sweet heart and your pure
precious soul.
Never forget that you're not alone
and that your Michael will forever
stand by you giving my full
loving support because I want
to be your hero and rock
just as you are mine.
You need have no fears and no worries
because I am dedicated to you
in all my love so tender
and will forever be the one
you can turn to as I will give you
anything and everything that I have
and I will be you knight
in shining armor who will take care
of and save you whenever you
you need me my sweet precious Angel.

Michael P. McParland

Good Morning Angel

A very good morning my dear Angel
and my your heart from afar feel mine beating.
It beats for you baby and it sings
feeling true love in all your deep beauty
as I send you sweet kisses and hugs
with all of my strength to warm you.
A very good morning my sweet gorgeous Angel
and you are the bright shing star
that lights up my whole world.
I still retain hope praying you'll come soon
and praying you are okay and know you are loved.
God bless you my Angel on this late winter morning
and know that your Michael dreams of
and adores you because you are my true love,
you are the one I've always prayed for
and wanted through all of this time.

A very very good morning to you
my Angel I hold so tight in my heart
loving so fully and completely through and through.
I just want to be here beside you
snuggling so tightly as we sip some coffee
and just know this day will be good
and I will feel stronger with less anxiety
about having to call the doctors
and then much later run out to get my prescription.
It would be a much better morning
with my dear sweetie Kira
and just give you kisses as I thank you
for being yourself such an amazing woman.
Have a very good morning my darling Angel
and feel my hand within yours as I send you
all of my deep caring apprecation and love.

Michael P. McParland

Late Sunday Evening

A very good late Sunday evening
my sweet beautiful dear
and soon the early nighttime will be here.
After a very long day of somewhat
restful sleep disturbed mostly
by bad and strange dreams
I want to spend this late Sunday evening
with you knowing the happiness and joy
of having my Kira here beside me.
There is always a loneliness when waking babe
and feeling your soft loving touch
while seeing your bright shining smile
would be the pure and magically organic cure.
Just see in my Kira who's my best friend
through eternity for sure is what my
heart and soul need as our bond is strengthened
by kissing, snuggling, talking and bonding.

It's late Sunday evening and all I
want and need is my true beautiful love.
The most amazing woman in heaven
or on the entire universe.
I would work so very hard to not bore you
and make you smile so big while feeling
ever so happy, appreciated, cared for and proud.
Through the whole night I would
just give you the sweetest most passionate kisses
with soft caresses while listening to you
and all of your thoughts and your needs.
It is late Sunday evening and you are the one
I so want and need,
because you are a blessing and gift
sent from God in heaven,
and you are my best friend whom I will cherish
and share a sacred bond with forever and ever.

Michael P. McParland

Night Note 255

Sitting back on this night
my darling so sweet,
so very beautiful,
and so very bright.
I have been mostly reading
to see us in the wonderful adventure,
as well as listening to my
audiobook which I see us in
as well dear.
Sitting back dear feeling
great many tugs of desire
as I dream of you wearing
that big beautiful smile
as I hold you and kiss you.
These tugs of desire are from
yearning and longing to just
be with my best friend
whom I love so purely.
The need to have you with me
and to just know your
soft loving touch will be so
very amazing and fulfilling
giving deep joy unequaled
is what makes these tugs
of true love so very powerful
as I dream of all the deep
and endless joyful love
I will forever strive to give you
in all arenas my baby,
and to all always serve you
my Queen so appreciated,
adored, and cherished beyond all words.
I dream of your smile
with tight snuggling
and kissing you on your soft
lucious pink passionate lips
over and over till you are just ready
for the rest of my kisses all over.
I want a good night with my Angel of light,

curing both of our aching
souls and hearts no longer being lonely
as we're no longer apart.
Right now though I am just left
with dreams of my sweetie
which leave me longing and yearning
with tugs of love and desire.

So have a good night my sweet dear
and feel all of my warmth
and sweet sweet kisses of light
that I send to my best friend.
God bless you my Angel
I pray you know just how much
you are loved and that I please you
more often than not
as I always strive and work hard
all the time to honor and celebrate you
my most beloved hero.
I will be sending my strength
and my warmth with big hugs,
so listen very closely for
my loving whispers in your ears
saying Kira I love you deeply
and I always will.

Michael P. McParland

A Night In Need

My sweet love awaking now from my catnap
and all I need and want is you on this night.
A night in need of your heavenly
voice and presence as we talk.
A night of need to see your smile
so bright as the shining moon and stars
whom one day we'll walk hand in hand among
sharing the greatest closest times.
A night in need of such closeness
with my dear Queen to thank you completely
and show you your great meaning and worth
to me by giving you all of myself in every way
which for no one else I ever will.

It truly is a night in need of sharing
and to find pure understanding.
A night in need of tight snuggles
as we share our many many thoughts,
our feelings, and our many life stories,
it is a night in need of finding ways
to forever be right there as we need
so we can support and help each other.
It is a night in need to just
be with my beloved and precious Kira
giving kisses and soft caresses
letting her know she's not alone
and need never worry of being so again.
It just is a night in need of you and me
helping each other and enjoying ourselves
just feeling joy, and contentment knowing
we have our best friend to share our hearts loves and cares.

So again my love for me it is a night
in need of you and all the joyful light
and endless loving hope.
A night in need for me to do for you
everything I can in all you want
and all you need because you are my Queen.
I want to give my Angel all I can

going above and beyond to give you pleasure
and to give you joy in every way I can.
It is a night for closeness with skin to skin
two great souls in true love knowing
each other in the most pure and sacred way there is.
It is a night in need to just hold you tight
before and after we have shared that light,
and just thank my best friend as we talk
about all our hopes and dreams to share
both in this life and through the next.
It just is a night to gaze into your gorgeous
sparkling eyes where to only you I will
let you see my open soul so you can truly see
what a wonderfully beautiful woman
you are and that I love you more than anything
in heaven or on this earth forevermore.
It is a night in need of spending time with only you.

Michael P. McParland

To Just Hold You Now 2

To just hold you now
would make this Saturday night
so joyus, warm, and truly great.
To just talk like we used to
and have fun doing things we enjoy,
I just want to be with you spending the night
and feeling your soft tender loving touch.
To just hold you now would cure the aches
we both feel in our soul and heart my sweet dear,
I want to hold you now and dry all of your tears.

To just hold you now would
would make this Saturday night
one of the greatest in the whole world.
I just need my Angel so I can
show all my love as I protect and serve you,
and share our whole lives always
supporting each other and never again
having deep loneliness haunt us.
God bless you my Kira I just want to hold you
and feel lost in the bliss that is my sweetie,
to just have you rub my face and head
while both of us drift away into our own world.
I love you dear lady and just want to hold you
feeling pure contentment with the woman
I've truly loved forever and ever.

Michael P. McParland

Love Note 584

Late afternoon is now here
my sweet love and I wanted
to start it off by saying
I love you so very much.
You are my best friend,
my true love, my sweet Angel dove,
and the holder of my heart and soul,
I just want to have you here
right by my side and within my arms.
I want you to know you are loved
truly and cared for by my family,
which you already feel like
as a wife and true mate already.
I love you sweet lady
and I need so much to show you
just how appreciated and cared
for you are are my sweet only one,
I am sending you sweet sweet kisses
galore with massive hugs
to let you know I am there beside you
and support you in all ways
because I am so proud of you in every way.
It is knowing you care for
and love me that gets me through
so many days.

So have a good rest of your Saturday
and please come so soon,
so I can give you all the love
you need and deserve as I serve my Queen.
You are my soul mate and I love
and adore you completely
and it is only you that I want to marry.
So feel my heart beat along with yours
and hear its song as it sings
all my favorites to you,
and never forget you're not alone
and I'll never leave you because
you are my universe and the worlds beauty

which gives me pure shining hope.

Michael P. McParland

Dreams Leave Me Longing

From mid evening yesterday
to the late morning here
I was in bed asleep
pretty much the whole time
my heart and mind weighed down
by the many stresses and worries
in many places of life I have going on,
including the heaviness in my
heart, soul, mind, and core
of missing you and worrying about how you are,
as well as being sure you're still angry at me
and I don't know what to do to take care of you
right from here like I want to when you
aren't talking so I can calm and soothe you
in the most special way when I know
exactly what is wrong with my Queen.
Those are the waking dreams that leave me longing,
of us first talking and then you being here
so we can hold each other feeling so good.

Then last evening when I finally fell asleep
it was most restless and filled with bad dreams.
Then after a number of hours the dreamscape changed
and you were there though first unreachable,
and then when you were you were upset with me
and mostly ignored me except to let me know
that you were so upset and hurting,
then not knowing what to do I began to
go on my way and turning back you were looking at me
as I said I love you so much,
and then you said I love you to and we
embraced and kissed over and over before
spending much time together.
Now being awake I am filled with such longing
and very bad aching that won't go away,
because you are still not here
and as of yet I don't know when you will be.
God bless you my sweetie you are my everything
and dear beloved Angel.

I miss you my Queen and I need you
because I so truly love you.

So my sweey dear never forget that you are
my dear beloved perfect dream girl
and I am in need to have you here
by my side where I can so tightly hold you.
You are a dream come true my pure
sweet Angel dove my heart holds dear,
and you are my Queen I so long for
and want to share everything.
You and your love truly are a blessing
and gift I am so thankful for,
and I just want to celebrate our great bond
for eternity as one of the few people ever
who get to know their true best friend
with a deep love that has no end.
I love you my Kira for you are my diamond
and I cherish you because you are a beautiful
and amazing woman.

Michael P. McParland

My Beautiful Woman 6

Oh my dear beautiful woman
what a long day and it has been
of longing, yearning, and aching.
Today early this morning after
paying the bills I lay back down
aching so much and feeling stressed
from so many things I just wanted to rest
and listen to my audiobook
in which I dream of me and you in that journey through.
My beautiful woman I fell asleep dreaming of us
and slept for so very long before I got
startled awake from all of my dreams.
I just wanted to sleep to see my beautiful one
and get a grip on my stresses and fears.

After I abruptly woke up my sweet girl
I was out the door to get the very little
shopping I was able to do done.
I thought of you while I was out
and sent all of my strength and love to you
while my aching heart sung out.
Feel my spirits touch and don't be sad
or upset because I am trying my best,
oh my beautiful woman you truly are
my sweet Angel dove and the very best.

So as the late afternoon has arived
along with me getting home
I send you sweet loving kisses galore
that are so very tender, passionate, and warm,
feel my arms around you and remember
I'm always yours and will never leave you.
God bless you my Kira you are so very beautiful
and truly amazing,
I just want to spend eternity sharing
all that the universe has to offer
with the most divine Queen God's ever created.

Michael P. McParland

Nighttime Hugs And Kisses

Nighttime hugs and kisses to you
my sweet Angel dove I so love and adore.
Sweet sweet nighttime hugs and kisses
to you because you are so missed and loved,
I wish I could have been lying here with you
as I catnapped for awhile,
I wish I could right now I could pull you in
so close to give you those kisses
and tell you your beautiful baby and the very best.
I want to only ever give my kisses to
you my divine precious Angel.

You are a gift straight from God in heaven
and I want to spend eternity giving you
day time and nighttime kisses galore,
I just want to let you know you are worth
more than all of the riches in the universe
and I would give up my life for you
to keep you warm, happy, and truly safe.
I send you sweet nighttime hugs and kisses
to give you all of my strength with comfort,
because you are my Angel from heaven
and I thank you for being you
and for being my best friend.
Sweet sweet nighttime kisses to you
my most treasured and cherished bloved Kira,
you are the only one I'll want and need forever and ever.

Michael P. McParland

Evening Note 128

A very good evening
to you my sweet dear.
I so long to have you
right here by my side
to just have a good one
free from loneliness
and all stressful worries
that weigh upon us sweet girl.
I just want to reach over
and take your hand
and pull you in for a massive hug.
I feel so worn out to
my very core from the many
stresses and worries I've had.
You are my rock and I will
forever be yours so we can
help each other through
all of lifes joys and all
of its hells.
I only want you to experience
all my adventures with
my beautiful and divine
sweet Angel dove.

So have a good evening
and know that I am thinking
of you as I sit back to
watch TV and do some good reading.
I will be beside you in spirit
and be holding you tight
my sweet divine Angel.
God bless you my Kira
you are a gift sent
straight from God in heaven
and I am so thankful
to no end for my beautiful
best friend, hero, and the bond
I share with my dear soul mate.

Michael P. McParland

Waking Touch

God bless you my sweet blessed darling
and now finally waking I long for
and want your sweet and soft touch
that will make this life so joyful,
fulfilling, and so very good.
I love you so much and as I wake
I want and need your soft loving touch,
and to see your sweet Angelic smile
which truly is heaven on earth.
As I awake my sweet dear I dream of gorgeous you
and just want to share our soft loving touches
to help each other feel so very warm, safe,
and filled with joy knowing everything is okay.
As I awake I so badly want to snuggle with you
and just thank you for everything
and once again tell you I love you
for just who you are.
God bless you again my sweet Queen for you
truly are my everything and as I awake
I want nothing more than your soft loving touch.

Michael P. McParland

Night Note 254

It is now time to get
in bed and go to sleep my sweet girl.
It has been a very lonely night
and in the last little bit
the aches and the stress
have taken their toll on me.
I wish you a goodnight
and wish you could clime
under the covers with me
so you'd no longer be mad
at me as we we held each other
feeling so happy and proud.
As I rest my head right now though
I am aching inside fiercely so.
I wish you a goodnight
my sweet Angel dove of pure loving light
and pray that you feel
all of my love and will return
so very soon so I can show you
and tell you that you are my divine Queen.
God bless you my sweetie
and feel my arms wrapped around you
ever so tightly showering you
in the sweetest of kisses
so tender and passionate.
If only you were here I would
share with you before sleep
the most wonderful candy
to make you smile
and show you you're loved
as I say it over and over
as I kiss your soft lucious
pink passionate lips
to show you you're special
and my beloved Angel
I'll give my all and myself to completely.
I am your and yours alone
forever and ever.
Goodnight my sweet beautiful Kira.

Michael P. McParland

My Heart Hungers Tonight

My heart hungers for you
on this night my sweet precious darling.
So both of us can bask and stay warm
within each others bright shing love,
I want to take your sweet soft hand
and place it on my chest so you can feel
how it beats for you in all of its love.
I crave and hunger for you
my gorgeos sweet Angel dove so very good,
and I want to just give you sweet
passionate kissesand the softest caresses
as we make the most wonderful love imagineable.
I hunger for you in all ways my sweetie,
your precious heart, your stellar mind,
your spirit so pure and kind,
and you beautiful body which drives
this man completely and totally wild.
I love my Kira completely because you are
my amazing best friend who's truly magical.

Tonight as all nights my heart hungers,
craves, and desires my true love
who I've adored and cherished since the beggining.
I want to serve you in all ways possible
just letting you know you're so very special
and a Queen who deserves deep caring love
and compassion more than you think you do sweet lady,
you deserve all the love that I have for you
because for such a cool woman I've loved
since we were kids I have all the love in the universe
and I want to give it to only you
because you truly are the very best.
God bless you my Queen my heart hungers for you
and if I had just one wish I'd spend it on you.

Michael P. McParland

Love Note 583

A very good late afternoon
to you my sweet lady
and sweet Angel dove.
Home from my appointment
and relaxing before the evening begins
and I start cooking dinner,
and I just wanted to say
I love you my hero
and if I could I would
fly over like Superman
to sweep you up
and fly you back here
to spend time and snuggle.
I wish I had magical powers
so al obstacles in our way
would be cleared now,
and then we could just
relax knowing everything is alright
and that we'll never ever
be alone again with each other
right by our side.

I love you so much
my dear Kira
and I hunger to have you with me
because you are perfect in my eyes.
There is no beter woman
and noone that I love better
and I just you by my side
forever and ever.

Michael P. McParland

Afternoon Kisses Before I Go

I send to you sweet sweet
afternoon kisses of true love and warmth
before I must head out in an hous or so.
I would give anything to have you here
to join me just holding hands
while smiling before my appointment
and then after as we enjoyed a nice ride
and a nice talk feel so fulfilled and good.
I send you these sweet sweet afternoon kisses
before I go to always reassure you
that I am yours and yours alone
and that I'll never leave you because
you will forever be my sweet Angel dove.
I send these sweet afternoon kisses to you
in endless droves because you are
a truly rare and precious diamond in the rough
and I want to be with you forevermore
feeling pure joy with my Queen I so adore.

Michael P. McParland

Good Morning Beautiful Kira Of My Dreams

A very beautiful good morning
to you my sweet sweet beautiful Kira,
feel my hand within yours as I
reach out in spirit to take it
so tight and lovingly to fill you
with all of my endless love, warmth,
and strength for my beloved Angel
I'll forever want and need.
I'm aching very bad physically as I wake,
from my arthritis and joints
creaking and rubbing so bad,
to the area of my minor surgery from Monday
burning and irritating a bit
with my sinus infection still flared up.
I know you hurt too so badly sweet darling,
both of us inside as well I know truly,
so I wish we could just hold each other
me taking away your pain as best I am able
and feel mine just fade with your love
even more so that the pain killers.
I want a good morning with my beautiful Kira.

So I wish a wonderful good morning to you
and wish you could be with me this day through.
From getting up and moving with some food
and my pepsi which is my get go,
then on to a nice refreshing and pain easing
shower which would be nice to just
hold you and kiss you making it all
the more worthwhile and enjoyable,
then later on to the therapist which
I really like Chris so I look forward
to my appointments which we talk about everything.
To start this day though I just want my Kira,
to worlds and universes most amazing woman.
I love you my sweetie and want you to join me
through everything for you are my heart beat,
my joy, and my dear best friend I adore.

So again I wish you the most beautiful morning
my sweet sweet beautiful and beloved Kira.
Have a good one and know I am with you,
because you are my hero and I want to
forever be yours,
I will always be the one you can look to
when in want or in need of anything baby.
You are so cherished, so treasured,
so cared for, and so appreciated
that it is only you I want to start and finish
every single day with through eternity.
God bless you my sweetie and feel me there with you
and never forget that I will never leave you
because you are the one I hold true
in my heart and soul eternity through.

Michael P. McParland

Love Note 582

A very good late afternoon
to you my most
beloved beautiful girl.
Now home from all my running
around to finish these chores
and before dinner as I sit back
to read and relax I will be
sending you kisses
and my heart will be calling to you
telling you that you are amazing
and I pray you'll return soon.
I hunger and crave my lady
who's so sweet and brave,
and I just want to share with you
all of these days
and all of each others worlds.
So have a good rest of this
late afternoon
and remember that I'll never leave you
as you feel my hand within yours
and my arms around you in reassurance.

Michael P. McParland

Running Chores With You

As I run out here shortly
to finally put a wrap on all
of the things so stressing from yesterday
I wish you could be with me
so for each other we could be close,
show our support, and holding hands
kill all the loneliness that has been there.
Without you the world has felt
so very much more cold and cruel.
so I just want to give you kisses and smiles,
and for you to be with me as I'm
running around out there getting chores done today.

Just a few mostly simple things to do
so we could just take a ride afterward
through the country side enjoying the beauty
that surrounds and fills us my sweet love.
I just want to be out and about with my only love
enjoying the life of which we both dream.
God bless you my Queen for you are supreme,
a truly divine woman whom I want to be with
and give all of the best
with all of my love forever and ever.
I love you my dear more than ever
and just want to spend each day with you
no matter what is going on or what I am doing.
I wish you could be there just running chores together
with so little to no stresses filling us in the least.

Michael P. McParland

Good Morning My Darling Baby

Good morning my darling baby
and I pray your night went well
and you got some good rest
with the most pleasant and happiest dreams.
I pray you felt me there in spirit with you
holding you close and letting you know
all is okay because you are not just
my number one but my only one
and I'll never leave you because
you're all that I need and want.
I'll never leave you my sweet Angel dove
and I so want and need a beautiful
good morning snuggling with my baby.

I finally was able to call the doctor
as soon as I popped out of bed
just shortly ago my sweet precious lady.
So now with all stresses from yesterday
soon to be wrapped up I pray all there goes well
and I just want to enjoy this day
with the universes most beautiful and wonderful lady,
I want you and need you here my sweet Kira
because you are divine, amazing,
a stupendous spectacular best friend,
a soul mate so exquisite any man would
dream of and pray for,
you are my hero so strong and courageous
and I want to spend this morning with you
because I love you more than anything sweetie.

So I wish you a very good morning my darling baby
and will be praying for you to feel so safe
and so warm as all of my sweet sweet kisses,
love, smiles, and strength shower upon you
the whole day as hand in hand I stand beside you
to let you know you're not alone and all is okay.
I will be saying my prayers for both us
to soon have our way brought together again
and for you to know how great and appreciated

you truly are my sweet precious babe.
Have great one and know that your man
is waiting here for you,
because it is you that I truly love,
long for and yearn for because you are the one
that my soul feel a bond withand wants
to spend eternity enjoying the universes
many great offerings.

Michael P. McParland

Evening Note 127

Oh my dear love
a very good evening to you.
It has been such a
very stressful day and one
problem that cannot be resolved
in full until the morning at least
my sweet Angel dove.
So as I attempt to relax
in this early eve
I just want you to be here
to relax so peacefully
in contentment with me.
I love thee sweet lady
and we both need each other,
and I want to forever be
your knight in shing armor
to help take away all of
your pains, your stresses,
your tears, and whatever distresses
my sweet gorgeous Kira.
I am right here for you
and want to smother you
in sweet kisses so passionate
and tender while saying I love you
and thank you over and over.
God bless you sweet lady
you truly are a sweet precious treasure
and I wish you were here
for a relaxing evening so very splendid.

I love you my sweetie
and need you because I love you
and so dearly want you,
I want to be with my best friend
giving you endless love
and true endless divine pleasure
as your forever man Michael.
I love you,
I love you,

I love you,
you are my Queen and true
blessed beautiful Angel.

Michael P. McParland

A Stressful Day

Oh my dear what a stressful day it's been.
Having to call around for the pharmacy
to get my prescription straight
and they still are messing it up.
I'm sorry sweet girl that I've not
been on more to say I love you so,
but in my stressed out manic mind
with racing thoughts it has been so hard
to focus in and keep things straight.
I love you so and wish I had you here
to help make each other smile
as we spent good times with little need
for stress or worry when we are with
our golden Angel.

Oh my dear such an anxiety ridden
and very stressful day
and I wish I could just kiss you
after all the dust has cleared and say thank you
babe for being here and understanding
just how difficult all these things can be.
It's been a stressful day and among all things
I've worried over you praying that you know
you're not alone and so truly loved
as I stand beside you always and now
hand in hand forevermore.
I love you dear and wish you could be here
to help take care of each other on an
exasperating and stressful day.
I adore you dear and am right here for you,
and again I thank you for being you
and all you do for me the man who truly does
love and care for you more than anything.

Michael P. McParland

Morning Note 219

A beautiful good morning
to you my beautiful beloved dear,
and I send many a sweet sweet
loving smiles and kisses your way.
As I lay down to lightly
catnap for awhile I dreamed of you
in all of your fine loving beauty.
Now as I prepare to do
the dishes and play some
video games I have not played
in a very long while
I wish you were here to talk to
and spend time with
truly making this a morning worthwhile.
I smile in longing
with a heart so filled with yearning
to just hold my dear Angel
and spend a great day doing
so many wonderful things together.

Again I wish you a good morning
my sweetie and pray that your heart
is okay and feels all my warmth
and deep love I have for you
my dear sweet one.
I think of you and pray that
you know you are appreciated and cared for,
and that your Michael wants
and needs you more than you know.
I love you sweet Kira and it is
because of you that I hold on
in my desire to share a great life
and give all the best
to the most wonderful woman
I've ever met and has ever
existed in heaven or on earth.
God bless you my Angel
you are the best.

Michael P. McParland

Soft Mid Night Touches

I have been up for a short bit
and my mind has been blank
except for being in a manic state
thoughts racing around so very fast.
My mind quickly filled with many memories,
and then my stresses and worries inexpliably,
with ideas that often come and go
so very quickly the one that remains solid
and is always there to make me smile
is soft mid night touches with my beloved Kira.
I so want you and need you beside me
to spend a good night talking about everything
we think and we love about life together
and all things we have experienced,
along with soft kisses and caresses
making this night so calm, amazing, and wonderful.

So since awaking my darling the one thing
that has been consistent in my heart and mind
is just wanting the soft loving touches
of care and affection to share with my Angel so fair.
All I have wanted was to feel your soft
and beautiful pale skin upon mine
before I get up to do my chores and before
we must face a long Monday ahead.
Soft mid night touches with Kira are what
touch my heart as I know it will happen,
I just wish it could be right now
as I told you I love you my sweet girl.
So have a good night my darling Angel of light
and feel my arms around you in spirit,
your soft mid night touches are what will
make life worth it all my dear darling,
because you are such a beautiful and amazing woman
whom is my dream in reality
and the entire worlds beauty.

Michael P. McParland

A Sunday In

A very good late Sunday morning babe
and I just want to spend this day in with you.
I just want to relax and rest
with the one I love the best,
and just share kisses as we
hold each other oh so close.
I want a Sunday in with you,
a whole day date for me and you.

I want a Sunday in to spend a good part
of the day in bed sitting up to read
and lying back while we talk
listening to music and audiobooks as well.
I longer for a Sunday in with the one
I so desire and adore helping you to know
just how much you mean and how great you are.
I want a Sunday in, a day long date with my only one,
and just share pure joy in all
the endless caring love we truly share.
A Sunday in with my sweet girl
is all I need and want more than anything there is.

Michael P. McParland

A Little Rest Now

I am feeling quite tired now
my sweet dear and I am ready
for a good rest to help cam my heart now.
Through all of the night it has
been hurting and aching so bad,
as I miss my sweet love who is my whole world.
I was hurting and aching as well
as feeling frustrated by many other things
weighing on my mind my sweet lady,
and it has all made me so tired
I am in need of a rest my dear one.
So I send you sweet kisses
and great big hugs filled with
peaceful strength for you,
and to tell you I love you
and just wish I could be snuggling
with my blessed Angel.

Michael P. McParland

Looking At Your Picture Tonight

After dinner sweet love I just
lay down and put on my audiobook
while gazing upon your beautiful picture,
and as I have awoken and am about to rise darling
I will be carrying the picture of
sweet beautiful you within my heart and mind.
From the moment I go in to shave my head finally
and jump in that shower where I will be longing,
yearning, and dreaming of holding you,
just wishing we could be sharing sweet kisses and smiling.
In my heart and mind through those things tonight
I will be looking at your picture in my heart and mind.

Later as I sit down to read more of the book
where I dream of you and me in the story
I will be keeping your picture at hand
to be able to look right over and see that
great big smile that makes my knees weak
and gives me strength and great tinglings.
It will give my a deep joy and reason to smile
as I look upon my dear best friend and amazing hero.
I will also take your picture and hold it
next to my heart as Isay I love you my darling,
you are my Queen and sweet Angel dove I treasure truly.

So throughout this night from shower, to reading,
and then watching Simon's Cat, YouTube videos,
or a really good movie I will be carrying
your perfect picture to look at and smile,
to say thank my sweet love as I feel
you so near and your loving arms around me.
I have been looking at your picture tonight my dear sweetie
and it just reaffirms as always you are
my bright shining northern star and only one
I truly want, need, love, and adore.
I want to spend eternity looking upon your pictures
aplenty we'll take together as I also look
upon beautiful amazing gorgeous you.

Michael P. McParland

Reading, Dreaming Of Us

I have been reading much today
my sweet beautiful darling,
and much like in the audiobook
I was listening to I see us both
in these stories I so enjoy and love.
I just see us lost in the adventure
being each others rock as we go along,
just feeling so close knowing we are
with the one we can and do truly trust.
It has set my heart aflutter and filled me
with butterflies as I dream of you
and me in the adventure while I read.

Always helping each other through
all of the dangers, unknown, and perils.
Sharing all of the joys and closeness
that true best friends feel for each other
as we stand side by side hand in hand
in full support and endless care.
As I am reading and simultaneously dreaming
my heart calls to you saying
I love you through and through
my sweet precious Angel so very good.
I am always dreaming of you in some way my dear
as I long for my dove Kira so beautiful and pure.

So as I continue through this evening
first attending to the cats,
then a nice shower before I'm back to my book
I will be dreaming of us in that story
and all the wonderful things we have shared
so far in life and of those things
that will come fulfilling all that we yearn.
I love you sweet Kira and you are my heart beat,
my smile, and my reason to go on.
So one day we can read and listen to these
stories together enjoying them all
in our minds as well as some in reality.

Michael P. McParland

A Quiet Saturday Morn

A beautiful late good morning
to you my sweet babe,
and a quiet one spent with you
is what I desire and need.
To lay back with you now
and kiss you with soft caresses galore
and just talk as we relax
spending a quiet Saturday morning
in each others arms feeling so close
and joy as we snuggle up with our best friend.

It is a quiet Saturday morning
and as I lay back to do a bit of catnapping
I just want my sweet Angel and your soft loving touch
to make this morning truly heavenly and amazing.
I just need a quiet Saturday morning with you
my sweet gorgeous lady to clear away
all of each others stresses, worries,
and loneliness by just holding
each other and saying it is all alright now baby.
Have a good late Saturday morning my beautiful Kira
and know that your Michael is right here for you.

Michael P. McParland

I Sleep So Much

I sleep so very much
and I sleep so very long
so much of the time
in great part to close my eyes
and see the most perfect picture
of my divine and beautiful only one.
I sleep so much and oh so long
to try and help ease the ache
of deep loneliness and missing you I feel.
I rest my head to feel your spirit
oh so strong right next to me
and send my love in full to my only one
who is my beloved gift and best friend.
She is a diamond in the rough,
a blessing I cherish and adore.

I sleep so much and so long at times
because I am very stressed and tired out
from so very many things.
I am worried right now about so very much,
which includes you and my prayers
that you are well and know you're not alone.
I get oh so tired from my meds
and need to sleep the exhaustion
of them, the stress, and the worries away.
I wish so much that I could lay with you
my pride and joy, my pure true love.
I many times sleep so much and sleep so long
to see you and our good times while I drift off,
to feel your hand in mine as I take it
and you in spirit within my loving arms.

I sleep so long and I sleep so much
and then many days I'm filled with guilt,
I get upset and feel even more deeply stressed.
Quite often I just meant a catnap
which turned into many an endless hour,
I'm so sorry dear please understand what has
been happening through most of these days,

I wish I could be enjoying all these hours awake
with my precious rose Kira, my delicate flower I admire.
I so often sleep so much from all these things
and I ask thee dear to understand and forgive me
if it has hurt or upset you in any way.
I love you more than anything
and want you to be proud and filled with joy.

Michael P. McParland

Night Note 253

A very good night to you
my sweet sweet beautiful girl,
after a long day of the most
lonely and longing sleep
I rise to the yearning desire
and want to be with
my beautiful one kissing you deep
and snuggling tight to start this night.
To sit back and talk with
as I cook a little snack
for both of us to enjoy,
it is such a pleasure to cook
and share with the ones I so love.
God bless you my sweet Queen
that after so many nightmare filled dreams
I want to be with you
helping to chase both all of our
fears away in pure loving warmth
and full care.

I wish a very good night to you
and pray you felt all of
my warming love and care throughout the day,
I pray you were not upset
and your tears wre none
and if there were they were to so few.
I miss you sweet lady and feel
so depressed sad and spent without
you here right now,
and my heart waits and calls
knowing that one day joy,
excitement, and the love of my life
will return with all of your light.
So as I get up to just go about
whatever I might I send you sweet kisses
and big hugs so filled with
all of my strength and love.
God bless you my Queen you will
forever be my sweet Angel dove

and I can't wait to give you
all of those things you've always
wanted and need to help you see
you are amazing and a gift
to this world straight from God up above.

Michael P. McParland

Morning Note 218

Sitting back here
on this morning
and wanted to wish you
a good one and say I love you sweetie
before I lay down to rest for awhile.
I will say a prayer for you
of deep loving strength to send to you
before I lay my head down,
I will be sending you sweet sweet kisses galore
and asking God to keep you safe
and to help you be okay
and know that you're truly loved.
I will be dreaming of you
and reaching out to take my hand in yours
so feel me right there by your side
the whole way each step of today.
Good morning my sweetie
and have a good day knowing
your Michael cares for and adores you
in every way and would give anything
to have you here and would give
my very life for you if I needed to.
You are amazing my sweet Angel dove
so very beautiful and I will
always be yours forever and ever.

Michael P. McParland

Dreams Of

As I was lying here catnapping
and as I now rise and through the night
will be doing my chores among other fun things
I will be dreaming of beautiful you and all the
wonderful things I hope we will share,
I dream of spending time with the
most beautiful woman in the entire universe.

Dreams of sharing with you all of my
most inner feelings, secrets, thoughts and loves.
Dreams of holding you and gazing into your eyes
as with your best friend you know you can open up.
As I do the dishes I will have dreams of
you sitting right there beside me to just talk
and drift away to heaven on your divine voice.
Dreams of telling you that you are beautiful
and to see the knowledge that you know it is true
and that you feel all of my strength and love
will fill my heart soul and head.

Dreams of our life from the start
and not a thought of an end when in death,
because why think of that sad part
when life continues and we will be in heaven together.
I have dreams of us married with
some type of ceremony we will have chosen,
and then just helping each other through
each day and all the motions.
I will be dreaming of us and longingly smile
sending out my love and warmth the whole while.

I will have dreams of us hugging and kissing
and just knowing joy is being loved
and in love with your beautiful best friend.
You are exquisite, a diamond in the rough
who is truly my everything
and when we are in heaven one day we will be
in our love the brightest star because of its pure power.
For now here on this earth though you are

my beloved and shining northern star
and I have dreams and intentions
of always honoring you to make you so happy and proud.

I will have dreams of you my marvelous lady
and kissing your soft passionate luscious pink lips,
and hold you close to me to tell you everything
will be okay because I am with you always.
I have dreams of you knowing you no longer need
to ever worry because you have faith in me
and know for sure of the truth that I'll never leave you.
I will have dreams of this and so very much more
because you are my Kira and I adore you
and will give you more in all ways than I would ever
give to any other being.
You are my sweet Angel dove and divine Queen,
and I only want you here by my side forevermore.

Michael P. McParland

My Dear Best Friend 4

My dear best friend I so truly
love and adore completely to no end.
I have been sitting up since waking
for the past little while
and trying to get my very deep aching
to calm and under control.
My heart is still hurting however
as I dream of my beautiful Kiras
sweet golden smile.
I love you my best friend and need you so bad,
you are the medicing to cure the loneliness
and all the aches in my soul,
you even help make the physical aches
feel better in so many ways.
I want to be able to do all of that for you
and truly hope that I do.

God bless you my dear darling best friend
and feel my hand within yours my sweet girl,
your Michael loves you and appreciates you completely,
you are a diamond in therough so truly amazing.
My heart still beats for you and I'll never leave you
because I've always loved you,
that's never changed nor will it ever.
I miss you dear best friend and just want to hold you
sharing our lives and giving all that I have
forever and ever my sweet Angel dove.

Michael P. McParland

Good Morning My Sweet Special Girl

Good morning my sweet special girl,
sitting here in the doctors office now
and am sending sweet warm kisses to you.
I just want you to have a great day
and the best, happiest,
and most wonderful loving life.
I give you all of my heart and my soul,
I give you all of myself my sweet Angel dove.
I just want you here to share all
that we have and feel just for our
eyes, hearts, ears, and all senses there are
for only you and me to experience and share,
they are ours and ours alone
and I want only you to know
the secrets my heart holds.
I love you sweet girl and wish you
a wonderful good morning in full
and just wish I could spend it with you
side by side hand in hand smiling all along.
God bless you sweet Kira with your
pure loving soul and heart of gold,
I only want and need you and am yours
and yours alone through all eternities time.

Michael P. McParland

Night Note 252

A very wonderful and beautiful
late good night to you
my beloved and treasured so adored,
I am about to lay down and
catnap for a little while
and as I close my eyes I will be
dreaming of sweet you
and holding you so very near.
As I lay down my head
and close my tired eyes
I am so filled with loving passion for you.
Feel my hand within yours
and my arms around you
to give you all of my caring strength,
and feel my lips upon yours
to tell you I love you sweet Kira
and will forever be yours.

Michael P. McParland

Tonight My Heart Calls

Tonight my heart as all nights
calls to you to fill you with peace
while in spirit I reach out to hold you so tight.
My heart calls to tell you I love you so much
and want to be with you to have a great one.
My heart calls and sings saying I hope
that you are so proud of me,
because I truly do want to give you
all of my best and always try to,
I don't want you to find me boring
and my heart calls to you to give you
all of my tender care and everything.

Tonight my heart calls as I so long for you
and just want to hear your sweet voice
as we share everything that we've both
wanted and needed so very much.
I send you sweet kisses with all of my strength
and hear as my heart tells you
you're the greatest and so very sweet.
I love you sweet girl and my heart calls to you
to let you know that I am right here
and I'll never leave you because
you are the one that I've waited for
and always wanted to share my whole life with
knowing that our true love and friendship
fulfill my soul and makes everything worth it.

Michael P. McParland

Waking Smiles Desires

Finally feeling fully awake my dear
and as ever I am just filled with
desire and smiles for beautiful you.
For you to sit beside me holding hands
while I eat and listen to you
about how your evening has been
and to help you through anything
that may be on your mind bothering you.
I want to make sure you are okay
first and fpremost above anything,
and then spend this whole night holding you.

I am so filled with waking desiers
and smiles for you wishing you could
be here as I eat first then relax for a short bit.
Then to jump into a nice warm and relaxing
shower I need for so many reasons my dear,
I want to just give you kisses while
we hold each other feeling so joyful and good.
I am filled with desire and smiles
to share that wonderful quality time with you,
to be gazing into your sparkling eyes
and saying I love you sweet sweet Kira,
you truly are so beautiful.
After that who knows right now
and we would care when we got there.
Right now I just know that I have awoken
filled with desire and smiles to be
sharing all of that with gorgeous you.

Michael P. McParland

Night Note 251

Sittin back right now
reading my sweet Angel dove,
and I am filled with such
a deep lonely sadness
I can't fully desribe.
A few other things still bother me,
and I am aching from missing
my sweet beautiful lady.
I just wanted to be curled
up and so cozy with my dear sweetie,
as I read a bit more and then
make nice snack for us to have
while finishing my film.
I need to hear your sweet divine voice
while I feel you soft delicate
loving touch as I tell you I love,
I will never leave you,
that you are safe with me baby,
and I wilstand beside you
holding your hand forever and ever.
God bless you sweet girl
you truly are a rare precious jewel
and I would do anything
to have you here by my side
to have and to hold right now.

So I will continue to dream of you
as I go through this night.
I will be sending you all of my warmth
love and strength to comfort you deep,
along with that will be the
sweetest ever of kisses to shower upon you
as well as huge hugs to help you
feel safe and so deeply cared for.
I miss you sweet Kira and deeply long,
ache, and yearn to have you beside me
to spend the whole night feeling so close
having a good time with my divine best friend.

Michael P. McParland

Tender Thoughts

Tender thoughts of you have filled
my dreams and my heart while
for a short while I catnapped.
Listening to one of the podcasts I love
I just dreamed of holding you
as I lay on my back,
I dreamt of rubbing your back
and stroking your hair while you cozyed up
in my arms and rested your head on my chest
both of us wearing the biggest smiles.
Tender thoughts for sweet you
fill me up to bursting,
and all I want to do is tell you
I love you while holding you near.

Tender thoughts of you my sweet
beautiful Kira fill my heart and mind
and give me tinglings and butterflies.
Tender thoughts of sweet kisses
and sharing touches so soft,
jusy giving you all of the love that I have
as we spend time catching up
from all that we were forced to miss,
tender thoughts of us just talking
and having fun set my heart aflutter
and reaffirm deeply that you are my only one.
As I go through the rest of this night my darling
I will be tenderly longing for you
and thinking of all the things we will do.
So hear my heart calling and feel my arms
around you to snuggle in spirit
and never forget that I will be yours
to end because you are my Angel and Queen,
the most amazing and beautiful woman
that there's ever been.

Michael P. McParland

Hold Each Other Tight

I so want us to be side by side
and holding each other so very tight right now.
I have something on my mind
about something else and even though
it isn't something very big
it is something I wish you could
help talk it through to just help
my mind be at ease with things
and then spend a fun night
holding each other tight watching some movies
as I cook us for a snack some delicious bacon,
and I can just cover you in sweet kisses
while listening to audiobooks and watching videos.
I just need and want my precious Angel so bright,
because I love you so purely and want to
give you all the appreciating love that you want.

I so want and need you to be here and talk,
not just about what is weighing on my mind
but everything that is on yours dear.
I want to hear your needs, and your worries,
your thoughts on things aplenty,
and help you through whatever you need my dear sweetie.
I want to spend the whole night
holding each other so very tight
telling each other I love you and showing
our best friend just how special they are
by doing and sharing so many things together.
Please come my sweet one and let me take you
into my arms as in return you hold me so tightly
and we will be at peace filled with such joy.
God bless you sweet Kira I just want to hold you
to help you feel peaceful and calm as your Michael
gives you all the love that I have.

Michael P. McParland

Evening Note 126

A very good evening
to you my beautiful sweet lady.
I thank thee for being so very caring
and so understanding while
I was out of it so long sleeping
and for realizing it was very much needed.
I wish I could thank you now
with sweet kisses and snuggles galore,
to kiss you on your cheek
and lightly on your ear while I say
thank you my dear and I truly do love you
with all of my heart, soul, mind, and body,
you are my everything and all that I want,
you are my sweet Angel dove and I hope
you are no upset and know how much
you are appreciated and loved
to my very core with overflows
with tenderness and eternal true love for you.

Have a good evening my dear beloved sweetie
and know that your Michael will be
dreaming about holding you closely,
and will be right here if you want me
or need me in any fashion.
I can't wait for you Kira to be here
and have us snuggling while talking
and kissing each other,
and as I go about my evening
eating dinner, reading, and watching
a movie it is doing all of
these things with you of which
I will be dreaming and smiling.
God bless you dear Kira you truly are
amazing, kind, so beautiful,
amazing and loving.
I miss you my darling and love you madly
and just want to be with you so soon
drying each others tears
and feeling no more pain and loneliness

ever again.

Michael P. McParland

Snuggle Up, So Tired

Snuggle up with me my sweet love
as I am in this late night getting so tired.
I want to wind down this time with my lover,
my amazing and beautiful sweet sweet Kira.
I am not yet ready for bed but want you
to be in my arms as I watch some more of my film
kissing your forehead, your cheeks,
your lips, with sweet passionate pecks on your neck.
Snuggle up dear and let me feel your soft loving touch
as I caress your cheek and say I love you so very much.

Snuggle up my sweet dear I am quite tired
and truly a little bit sad,
as I need to see you smile and feel your
lips upon mine as we sweetly kiss winding things down.
I want us to siy up and watch my movie,
and then read a bit before climbing
under the covers to snuggle, talk, and laugh
like the best friends we are so filled with trust.
Please come so soon my sweet one so I can
wind down each night holding sweet adoreable you
letting you know you truly are beautiful, beloved,
and cared for more than you can imagine
my sweet Angel dove.

Michael P. McParland

Night Note 250

A very good night to you
my dear beautiful sweetie
I so love, adore, and deeply cherish.
Are you okay my true love?
I so worry for you
and can feel that you are hurting
right now as well feeling alone
and longing for your dear best friend.
If I could I would right now
take you within my arms
and dry your hurting tears
and reassure you with kisses
saying it is okay my beautiful love.
God bless you beautiful Kira
you truly are my sweet Angel dove,
and I truly am concerned for you
and worry about how you are.
I am aching inside to share with you
all of these nights and all of our days
through all of time.

I wish you a good night
my gorgeous sweet love,
and I would do anything to be with you
and make you so happy and smile.
Look up to the stars and the moon
to see my big loving smile,
and to see the celestial bodies
we will one day take our
loving and peaceful walks along.
You are my Angel and so divine
I could never love another
because you truly are my shining star.
You are amazing and to you
my heart calls out in true pure loves desire
saying I miss you dear Kira
and want us both to be home
in each others arms so soon.
You are amazing and a rare precious diamond

and I am going to serve you
my sweet Queen and best friend
to honor you through all eternity.

Michael P. McParland

Longing And Yearning Tonight

Keeping myself busy tonight as best
as I am able to my sweet Angel of light,
still though I am aching and feeling quite lost
as I'm still right now without you
and I just long and I yearn to be with my only one.
I sit back to watch my shows on Hulu
and think the whole time of holding you,
I long so very bad to be able to tell you
I love you sweet girl while I gaze in your eyes
and get lost in all the beauty I hold inside.
I long and I yearn to be able to kiss and touch you
as we spend great time one on one forgetting the world.

I long and I yearn to be with you
to reassure you that all of my
loving care and dedication for you are true.
I so feel you are worried about
me standibg with you and are letting
doubts in when you need not worry my Queen.
I just long and yearn to start this life with you
and spend forever as we've dreamed
in each others arms sharing our best and everything.
I love you my Angel you are my Adored Queen
and I yearn wanting nothing more than
to be with my Kira the greatest
and most beautiful woman there is
and will be in my heart and soul forevermore.

Michael P. McParland

Lying Back Dreaming

I've been lying back here my sweet girl
watching some YouTube videos
and lightly dozing as well.
As I have done so I've dreamed of you
as I've felt all of your love and your touch
as I have sent you all of mine.
It's helped make me smile
and make this night wothwhile.
Lying back here and dreaming of you
is what I will be doing for a while more.
Feel my sweet kisses and hugs
and please send me your smiles
while both of our hearts sing together as one.
I love you sweet one you are my
dream in reality and my only one,
may God bless you and keep you peaceful,
safe, and filled with all of my loving strength
and deep endless warmth.

Michael P. McParland

Beautiful Evening Holding Each Other

After getting some very good sleep
after I arrived home from getting
my medications right after I wrote you
I have been awake for a bit
getting myself awake and going.
I am so sorry I dropped off like that
and did not write you first,
but I did not know for sure that I would
drop off so long and so hard.
Please forgive me and I wish that you
were here with me so we could hold each other so close
and have that beautiful evening fiiled
with all of the stuff that was missed in the day.
I so want this evening arm in arm with you
spending good time like true loves
and best friends do.

I ache so much inside to be with
my sweet Angel bride.
To give you all of the love that I have
and just reassure you that I'm always yours,
and to give you all the soft tender kind words
of love I hold in my heart truly for you,
and so you can tell me all the feelings
of pure caring love that you have
and I truly need to hear them my sweet dear.
An evening of fun and quality time
within each others arms makes my heart aflutter
and also ache at this time wishing so much
that I could reach over and give you
my soft loving touch.

An evening spent in each others arms
is everything that I want
because you are my best friend
and I truly do love you so much
and will to no end.
I'm thankful for our bond my diamond in the rough
I so truly cherish and adore,

and I will be yours by your side forevermore.

Michael P. McParland

Beautiful Morning With Kira

Good morning my sweet beautiful cutie,
as I awake after a few hours rest
I send you sweet sweet kisses and hugs
to help start your day in the brightest way.
This day will be good but not nearly as such
as if you were here with me to spend time
doing all the wonderful things we want and we must.
It would be a truly good morning
if I could sit with you as you drank your coffee
before we ran out in this cold winter
to go and pick up my prescriptions.

A beautiful morning with beautiful Kira
is all that I truly want and desire.
How else can I put it that I want and need you?
Because you are my sweetie and I love you.
I know not what else to do on this day
but if you were here we could play
some fun and wonderful games.
Trivial Pursuit with you would be a treat,
Yahtzee, Parchessi, Battle Ship,
whatever you fancy would be great.
To sit and write something new
collaborating with each other
which is something I've never done
and would only do with sweet you.
A beautiful morning with you my sweet Kira
is something I would so dearly treasure
and hope to soon do that forever and ever.

So a very wonderful good morning to you
my beloved and beautiful best friend
Kira I love and adore to no end.
I so deeply miss you but still will smile
because I can feel you with me so closely
and you give me hope eternally.
I thank you my sweetie and may God bless you
to feel all of my deep care and appreciation,
as well as all of my sweet kisses and strength

as in spirit I hold you so close.
Have good morning and a great day my sweet sweet
beautiful Kira I love you so much
and am always right here for ya.

Michael P. McParland

Night Note 249

A very good night to you
my sweet beautiful soul mate,
hero, and best friend
I truly love.
As I sit here doing random stuff
I am aching inside wishing
that you could be here
sharing your company
and your warm snuggles
as you sat by my side
helping me do these
odds and ends I've so wanted
and needed to take care of
for quite a long time.
I desire to hear you voice my sweet Angel
and feel your soft touch
as we held hands.
I so want and need your wonderful presence
so we can help dry each others tears
and feel our hearts beat together.
I love you baby because you truly
are my divine sweetie
and you are the holder of
my heart and soul forever and ever.
Feel my arms around you
as this night goes my true love
and feel the strength of my love
through the eternal bond
that we have always been sharing.

Michael P. McParland

My Dear Little Angel

I love you my dear little Angel,
you come in a beautiful package
so very small but you have the biggest heart
and the brightest pure soul.
I truly love and adore you
my dear little Angel for just who you are
and I love you from outside and in.
You are so sexy in the body you have
and it drives me wild because of the
wonderful woman who cares it around.
My dear little Angel I also deeply love
your heart and mind for they are so filled
with intelligence and loved so rare
and truly hard to find.

My dear little Angel I wish
you were here to let you know
you are special while I held you so near.
To just spend a wonderful
and amazingly fruitful night talking
andletting each other know we're so very special.
My dear little Angel you are a treasure trove
as you hold so many wonders and joy.
Kira I love you and truly know
you are my one and special Angel
and I want to be with you forever and ever.
My dear little Angel feel my hand within yours
as I send you sweet kisses and my heart sings
I love you.

Michael P. McParland

Happy Birthday Hans

Happy Birthday Hans 'Falco' Holzel,
you would have been 60 today
but depated so tragically 19 years ago
a week before your 41st birthday.
This world's not the same
as it lacks your very great art,
thankfully though we still have
all the wonderous things that you did
while still on this earth.
I miss you my man as do so many others
who adore you and your music to no end,
I look forward to seeing you in heaven
and hearing all the wonderful new things
that you have written.

You were a wonder from the beggining,
a prodigy a wuderkind.
Then as you grew older your talent
and genius only grew stronger
as you played bass with Drahdiwaberl
and were discovered when you wrote Ganz Wien
and were seen singing as Stephan Weber
was off stage changing costume.
From there you still worked with them on occasion
but quickly conqured Europe and then the world,
you have the only German language number one
in Americas history how great that is,
especially when it's nowhere near your best song.
Happy Birthday Hans you are now an Angel in heaven
going on ever so strong and I smile
whenever I hear your music because it is soul food.

So a very Happy Birthday dear Hansy
and I send my loving cheers to you up in heaven.
I will be listening to Eizelhaft your first album
which begins with my favorite song Zuviel Hitze,
with my second favorite song Pusher on your great
album Data De Groove which so sadly is out of print currently.
It is so sad that many of your albums

never got the appreciation of which they were deserving,
but people hear them now and they get it.
Even though you and your wife were estranged
I know you loved here till your dying days
and treasured your daughter above everything.
God bless you dear Falco and Happy Birthday,
you are so loved and missesd and me and my love
can't wait to sit down and hear all of your tales
and new music you've made.

Michael P. McParland

Evening Note 125

A very good eveningto you
my sweet sweet beautiful Kira
as I rise on this Sunday eve.
After getting some pretty good sleep
I just want to see your smile
while I snuggle so closely with thee,
and then to have a nice dinner with you
before taking a nice refreshing,
cleansing, and soothing shower so good.
All I need in this eve as I rise
is you my sweet dear right by my side.
You are my Queen and the Angel
I so adore,
God bless you my dove forevermore
because you are a gift straight from
the bright shining stars.

To start this eve I would
just like to listen to Falco
with you as we snuggled up
to help each other feel all of our love.
Today is his birthday
and he would have turned 60,
it's hard to believe he has
been gone now for 19.
I am so happy I have you to
appreciate his artistry
and the man with me,
music I adore and love so much
I will only share with those
I love and adore just as much
because as you know it is
a very personal thing for me my sweet girl.
That's what I'd love to do with you
as we snuggle so good,
and then later in the shower
just hold each other talking
and smiling as we listend to
his album Junge Romer.

So I sit up now here on this eve
thinking of you as I get myself going.
I truly miss you so much
and am in need of your kisses and hugs.
I love you sweet drear more
than you can ever know
and will stand by and fight for you
through all of time as your
faithful and loving Michael
who will give you my whole life
and everything in it.
You are my Queen and you are my Angel,
you are my best friend and soul mate
whom I truly love and want to be with forever.

Michael P. McParland

Holding My Angel

All that I want right now
is to be holding my Angel
of light so very tight
while telling her I love her so very much.
What more can I say than
I need her so badly right here in my arms.
I don't have the words to express
my passion for this amazing woman.
I am so tired and just want her here
to enjoy these night time hours with relaxing
as I hold her so closely letting her know
she is appreciated, adored,
and will never have to face this world alone
ever again because I am her man
who will stand by her side through all eternity
giving her true love and support to no end.
I just want so bad to be holding my gorgeous Angel
giving her all of the peaceful loving comfort
she wants, needs, and desires.

Michael P. McParland

Night Note 248

Finally near to feeling completely
better my sweet beautiful Kira
I am about to get up so I can
enjoy the quiet of night
in all of the best manners.
From a lot of reading to watching
more of the movie I started
before I getting quite shakey
I will be doing that and quite a few
other things to make this night
as good as possible.
Having you here though is what
would make it grand in total
as we shared all of these things
and more together.

So ai I soon get up
and not long after take
a wonderful shower
I will be dreaming of you
my sweet and beautiful
Angelic Kira.
I want us to spend time
and both of us be able to show
in full how important and special
to the other we adore and admire.
In just want this night with you
and every one after because you are
my Angel and best friend with whom
I share the most blessed and celestial bond with.
I know you're the one
and you truly are the only one
I forever want to be with.

I love you my Kira
you truly are and will be
my Angel Queen forever and ever.
God bless you my sweetie
for me there is no other

and I am so thankful to God
for helping to bring us together.

Michael P. McParland

A Great Saturday Night

Sweet sweet Kira you are my most
beloved and beautiful darling Angel.
I am starting to feel a bit shakey
and I do not know why,
I wish I could just snuggle up with you
while this shakiness passed,
to be with my precious Angel would
in all ways make this Saturday night great.
To just wrap up with you while I get feeling better
and then afterward when we can fully enjoy each other
is what makes this life worth living
and would make this Saturday night so very amazing.

A great Saturday night would be one
spent with my beautiful Kira sharing
many things in this we world we love
and enjoy taking part in.
It is only with you that I want to
and will share many of my loves,
my desires, and thoughts a plenty with only you.
So I just want a great Saturday night spent
with the most amazing woman that's in my heart
both as I get feeling better and then after
because I love you so deeply
and want to spend forever with you
my true Queen and Angel I so cherish,
adore, and admire because you are my best friend.

Michael P. McParland

Your Words Are Wanted

Your loving words are wanted
and needed so much my sweet love.
Your words and your thoughts
of great meaning and depth are wanted so much,
I just want the words of my best friend
on this afternoon as we spend time.
Your presence is wanted so we can talk,
because you are a treasure
and the woman I truly love.
Your words are wanted to help make
this day truly worthwhile
as well as bring light and joy
to both of our souls which long for our best friend
we so care for and adore.
We share a great bond and I just want you around
to sit and snuggle while sharing words
and thoughts so very meaningful.

Michael P. McParland

Waking Desires And Wants

Good afternoon my sweet love
and since I have awoken
a short while ago I have juse
desired and wanted so badly
for you to be here to spend a good day
and to talk to right now.
I just want your company
and desire to see you in all of your beauty,
I just need my sweet Kira to snuggle up with
and make this weekend amazing.

Since I have woken I could just smell
your long beautiful hair
and your soft pale skin as I felt you so near,
I just desire your soft touch
while enjoying the company of my true love
letting you know I love you so much
and that you fulfill my life to ne end
in all of the glorious light and true love you bring.
I awoke filled with such want and desire
for you my sweet Angel and I will continue
to feel both deeply as this day continues.

Michael P. McParland

Evening Note 124

Lying back now this evening
my heart aching so very bad
in its longings and yearnings.
I think of lovely you
and your gorgeous smile,
remembering the many warm
and tender loving words you have spoken.
So I just want to lay back now
for a while and dream of sweet you
while reaching out in spirit
to hold you and tell you
I love you more than anything
my sweet and beautiful Kira,
I wish you were here to snuggle up tightly
and be so very cozy as we listened
tomy audiobook and you rested
your sweet beautiful head upon my chest
as I stroked your hair and rubbed your back
letting you know you truly are
my Angel and the very best.

Michael P. McParland

Wanting To Wake To Your Smile

Finally waking fully from a good rest
from finally lying down in the early morning,
and I wish I were waking to see before me
the very thing I dreamed of and felt
comfort in as I drifted off for a light sleep.
I am wanting nothing more than to
wake with your bright shing smile,
with sweet kisses as well as we say our
I love yous my dear.
I ache deep inside to see that beautiful
heavenly smile of yours that fills me
with endless desire in my undying love.

Kira you are my smile onso many levels
and I want to see your big smile right now
as you sit with me while I still feel a bit tired,
my heart is hurting right now in actual
physical pain and it also is aching
to be with my darling Queen.
I long to be rising to your shing smile
and give you mine in return as I gaze into
your amazing sparkling gorgeous eyes
that take my breath away my sweet Angel so fine.
I need your smile my sweetie because
you are a beautiful woman and I truly love you
and want to spend eternity smiling at you.

Michael P. McParland

Early Morning With Sweetie

I am not yet totally done
with my major chore my sweet Angel dove.
I took a break half way through
to sit back and read watch a bit of T.V too.
If I had my choice and God would grant us
one very special wish I would wish
to have you here with me to snuggle and kiss.
I am starting to feel quite a bit tired
but I feel like I could stay up forever
as long as my dear sweetie wanted.
Then when you would be ready to get some
good restful sleep with your Michael
you could just rest your head on my chest
as in each others arms we fell asleep feeling so charmed.

I so want and need this early morning
with you my most beloved and beautiful sweetie.
For both of us to feel comforted and safe
just letting our best friend know
how very much we care for and appreciate them.
I need this early morning to talk with my sweetie
and be soothed by your divine voice I have so missed.
I am aching sweet lady and desire nothing more
than the woman I love to be yourself
and give me all that you want to and need.
I just want to spend this early morning
holding you my dear sweet one
forgetting all the pain of loneliness
that's haunted us both.

Michael P. McParland

Night Note 247

It's a very quiet night
here my sweet sweet beautiful dear,
and I wish you were here
to talk to right now
as I'm feeling a bit bothered
by something else that I saw,
and talking things through with you
has always helped me sort through
those things with much greater ease,
I love you dear sweetie
and want to be holding you
to make our aching hearts and souls
feel tons better as we spend time talking,
kissing, and doing many other
wonderful things with our best friend
and true love on whom we can always depend.

I hope you are having a
great night my love
and wearing a big shining smile
feeling all of my warmth
strength and deep endless love,
I just adore you sweet girl
and feel a bit tired,
but I have stuff I still must get done
and I want to read too.
Feel my hand within yours
as I reach out to take it,
and hear my heart sing
about all of your glory,
I love you sweet Kira
and ache for you dearly,
I pray so very deeply in yearning
that you will return soon
so I can hold you and we'll
both be at home in each others
kind loving arms.

Michael P. McParland

Tonight With You

I have caught a couple of
nice hours of rest my sweet one,
and now arising I want to spend
the whole night with my only one
just showing you how special you are.
To serve you in all of little important ways,
and never to forget the big ones as well,
I just want to be with you tonight
both of us filled with total joy.

Tonight with you would be so truly good,
to have you snuggle up tight
to stay so very warm while I read to you
and we both reminisce about our lives times.
Then to have you lay down while we
put on a film and I'll give you a massage
from your neck and shoulders down to your back,
and then your beautiful legs to your feet,
a wonderful and deep massage all over
to help release the aching, the stress,
and the many types of pain stored up in the body.
I just want to spend tonight with you,
a diamond in the rough and the most
beautiful woman in the entire world.

Then after that massage I'll make us a snack
to enjoy while the movie plays on.
Then to just sweetly kiss and snuggle
before bedtime comes to get us.
I just so badly want tonight
with the Angel I so dearly miss
because life truly is so empty and colorless
without you my sexy little princess.
So feel my arms around you and know
that your Michael cares for and loves you profoundly
and would do anything to have you here tonight
going the lengths to fill you with joy
giving you everything you want and need.

I just want tonight with you and forever,
the most wonderful woman I share a bond with
and is superbly beautiful.
Another night to get to know each other better
and strengthen the ties between two best friends.
I love you my sweetie and want to night to hold you,
because you need to be told by your man
that you truly are awesome and beautiful.
I just want to hug you and let you know
you are appreciated by just being by your side
and spending the night taking care of each other just right.

Michael P. McParland

Quiet Evening Desires

Dinner is now over my sweetie
and I am feeling that post meal
tiredness that one gets after a good one.
So in the quiet of this early evening
my dear sweet one I desire to curl up
with you sitting back on the couch
and spend time watching some good shows.
I just desire you my beautiful Angel
with you sweet hugs and kisses
while we relax on a quiet evening
with our best friend.

I am feeling just a bit tired my sweetie
but do not yet desire a nap my darling.
I just desire to get comfortablev with you
and let you know you are appreciated
and treasure more than you know.
It is a quiet evening my dear
and it is just filled with deaire for you,
your soft touch, your sweet kisses,
and your smile so bright.
I adore you sweet lady and love you mady,
I just deire to spend a loving evening
with my Kira so amazing.

Michael P. McParland

Love Note 581

Waking up now on this
afternoon my sweet sweet girl
and I wish a beautiful one to you
my most beloved and gorgeous
sweet Angel dove.
Last night and through most
of this day I clearly was so exhausted
and far far more than I knew.
I am sorry sweet love as I
never intended to go out like a light
but I closed my tired eyes
and my exhausted body, mind,
heart, and spirit went right along.
I was dreaming of you as I had
closed my eyes and the thoughts
and feelings of your sweet sweet love
calmed my anxious and sad heart
to be calmed and forget all
the anxiousness within.
I thank you my dear and can feel
your arms around me with your hand in mine,
and it fills me with the most
wonderful and loving butterflies
that there have ever been.

So my sweet sweet love know
that I am so very thankful
for you and all of the amazing
love among much that you do and give.
God bless you my sweetie I am
sending you all of my deep love
with warm strength to comfort you,
and feel all of my sweet sweet kisses
shower upon you to know
that your Michael will always
love and adore you.
I so wish you were here to snuggle up with
and I pray that so soon you will be
here to give all my thanks to.

Have a good day my sweet Queen
and feel my hand in yours
as I reach out to take it
and smile at you while saying
I love you my Angel.

Michael P. McParland

Longing Somber Night

Sitting back here on this night
so somberly longing for my dear Angel
who fills me with light and completes me,
I miss you so much my sweet Angel dove
and fear of you pushing me away
once again when I just want
to be sitting and talking with you
and then snuggling with each other so very soon.
It is a longing and somber night missing my one
with whom I want to walk among the rivers
that flow by the path of the moon and the stars.
I am longig so much for my divine Queen
who I give all of myself to forever.

It is a somber night here and will be very quiet
as I just sit, read, do my chores,
and think about just how much I miss you.
In my heart and my mind I will see
your bright smile and you in all of your beauty
which gives me butterflies and reason to live,
I will continue longing for my best friend
I cherish, treasure, and admire to no end
for you are a diamond in the rough
I appreciate and care for fully.
You are my Kira and you are amazing.

So look at the stars tonight darling
and see my big loving smile to fill you with warmth.
Remember that your Michael loves you
and you are my heart and souls crown jewels,
the most amazing and rare shining gems
anyone has every known my dear.
It is a somber night because we can't
snuggle up tight to feel comfort and warmth,
it is a quiet and somber night my sweet love
and I am longing to be with you
no longer feeling the worries in the world for awhile.

Michael P. McParland

Catnap, Rest Your Head

I want you to join me my sweet love
for a nice catnap here after dinner.
For you to just rest your head on my chest
after sharing the sweetest kisses
we could ever dream of and hope for.
I want you here beside me to snuggle so tightly
as we catnap and hold hands while
I rub your back and stroke your long beautiful hair.
I adore you sweet girl and need to
wrap up with you so tightly right now
because I am aching so bad from missing you
the beautiful woman I love, adore,
and cherish more than anything,
I need the woman who understands me
to talk to each other and listen
to heal each others hearts as we are drifting.

Michael P. McParland

Love Note 580

A very good late Afternoon
to you my sweet and beloved
beautiful girl,
I have just arrived home
from the therapist
and before I jump in my
long delayed shower I just
wanted to say I love you
so much my sweet one
and more than you can possibly know.
I am so very sorry I drifted off
on you last night like I did
but was so exhausted I closed my eyes
for just a few and ended up
drifting off until I had to
hurridley get up and get dressed
to head out the door for my apointment,
I wish you were here to make it up to
while giving you sweet sweet kisses
and hugs and have you join me
for a relaxing and refreshing shower
before I cooked us a dinner
so scrumptious, tasty, and good.
I just want to feel your soft
and pale skin against mine
while both of us kiss and smile
under the flow of water so fine.

I will be thinking of you
my sweet sweet beautiful dear
as I go about doing
all of these things I need to
and want to do baby,
I will be sending you the sweetest of kisses
with warm and tight loving snuggles
to give you comfort anf peace,
as well as millions upon millions
of smiles with all of my strength.
God bless you my dear Queen

you truly are so wonderful and great
and I would give anything
to be with you while both of
hearts sang and our souls felt deep joy
as they both touched and we felt
fulfilled and complete
just holding each other and sharing
the true love we feel and so need.

Michael P. McParland

I Want Your Nighttime Kisses

Waking up now from a nice
couple hours of rest filled with dreams
of my sweet whom is the very best,
and know all I want is your sweet
nighttime kisses while we're safe
and secure within each others loving arms.
I just want your nighttime kisses
with your glowing smile while I give
you mine both of us saying I love you.

As we lay here for a few minutes more
I want your sweet nighttime kisses
and I'll give you the candy we both
so want and need each minute more and more.
Then as we arise a nice warm shower
of comfort holding each other
under the flow of soothing water
while smiling at each other sharing those kisses
knowing all is okay and truly good
because we are with our best friend and true love.
You will see me wearing the biggest smile
that you ever have because I would be
with my sweet Angel dove who truly is
the entire worlds beauty.

I truly love you and want you more
than anyone in heaven or on this earth can know
and I want your sweet nighttime kisses
right now above all else while being able
to hold you so very close letting you know
you are cared for, appreciated, and the most
wonderful thing that's ever happened to this man.
So please come so soon and share each others
nighttime kisses that are out of this world
that only God, the stars, and the moon
can understand the power of the bond that we hold.

Michael P. McParland

Valentines Evening

It's Valentines evening now
my sweet beautiful dear,
dinner is done, I have taken care
of the cats in all that they need,
and if you were here we could
have the kids go do their own thing.
Then we could just sit back
feeling contented and good
living our dream and domestic desires
we've longed and waited for so very long.
It's Valentines evening and I want to
sing to you while feeling your soft loving touch
opening myself up in a way I would
do for no other ever in any way on any day.
You are my Queen and I will literally
give you my everything in more ways
than you may know and can imagine
my sweet beautiful girl I love more than anything.

Michael P. McParland

Valentine Love Note 2

Feeling a bit tired my dear
on this late Valentines afternoon
and before I cook a nice dinner
I want to sit back snuggling up
with my beloved beautiful lady.
I just want us both to feel
so joyful and special
with our everyday Valentine
we so adore and treasure,
I just want to serve my Queen
and my Angel letting you know
you are my everything
and my entire universe.

In my tiredness in this very moment
my mind is not fully working
to create great words for you,
so I just wanted to stop in
and tell you I love you sweet lady
and am sending sweet and soft tender
kisses with snuggles to you.
I wish you a happy and wonderful
Valentines day my gorgeous lady
and pray that you will be here
on the next one to celebrate.

Michael P. McParland

Valentines Day Afternoon

I am just wanting and needing you
my sweet Angel dove on this
Valentines afternoon to share our love.
In innocent kisses and snuggles with nuzzles
holding hands talking and laughing while reading
and watching fun movies.
To sharing the most passionate and pure
closeness between true loves and best friends.
I need you on this Valentines afternoon
to show you how amazing I find
and have both of us revel in our true
kindness and loving for one another.

I just so very want to spend a heavenly
Valentines afternoon with my sweet Queen
whom gives me hope, gives me reason
to fight on and live, as well as makes
my heart sing in joy in every way that there is.
I just want you and need you on this
Valentines afternoon darling to get lost
in each others eyes while I caress your cheek softly
reassuring you that I am yours through all time
and I will support you fully because
you are amazing, my love is true, and I deeply adore you.
I want you and need you to serve you,
comfort you and reassure you that you
are not alone and never will be.

So again my sweet love I wish you a great
Valentines day afternoon filled with
my pure care, appreciation, and unconditional love.
I truly need your soft loving touch
and to see your bright shining smile.
I want to tell you you are so beautiful,
I want and need you to tell me I am too my sweet lady.
I want to tell you I love you and then shower you
in sweet sweet kisses all over making you feel good,
and helping you know your Michael will always
fight for you, defend you, keep you so safe,

and stand by your side giving anything
and everything you'll ever need.

Michael P. McParland

Good Valentines Morning

A very good Valentines morning to you
my sweet and beautiful beloved Anngel,
I have been catnapping here for a short while
and have been dreaming of you
in many ways through our many times my dear sweetie,
I remember the posotive and from the bad
only the lessons learned so I will not
make them again and we will have Valentines day
together everyday through all of time.
I have dreamed of you and your beautiful
loving words as I have laid here.
I have thought of concerns you have voiced
and worries you have and how I want to
and will be able to comfort and reassure you.
I have dreamed of your smile and sparkling eyes
which give me tingling butterflies,
I just dreamed of you in all of your beauty
my beloved and treasured sweet Angel bride.

Godd Valentines morning my gorgeous Queen I admire
and what would truly make this morning warm,
amazing, and through the roof loving
is if I could hold you and kiss you so sweetly
while making love to you so sincerly and tenderly,
I just dream of all these wonderful things
as I have catnapped here baby
and I just want to show you on this Valentines day
and all others how beautiful, cared for,
and appreciated you are my most beloved best friend
I want to be with and serve forevermore.
You are so charming and it is alarming
to know that you have never been treated,
loved truly, and cared for in all of the ways
you have dreserved dear.
I want to make this a good Valentines morning
for the woman I love more than anything
and prove to you that you are so beautiful,
safe with me, and worth more than
all of the riches in existence.

So I wish a very very loving, caring, and beautiful
Valentines good morning to you my gorgeous girl.
I cherish you, adore you, care for you,
and love you more than you can possibly know
my wonderful gift and blessing.
I am so grateful for you my sweetie
and will always give you my best and my everything
and I am wishing so much that we could spend
this whole Valentines together spending time
healing our hearts and souls while celebrating
our true love, friendship, and great bond
we have shared and to be able to let you know
how much I treasure you and will forever
through eternity be your man.

Michael P. McParland

Valentines Longing

Sitting back reading on this
Valentine mid night longing so badly,
just imagining you and me within
the short story I am on currently.
It fills me with longing
and such deep aching yearnings
to be with my beloved Angel
and everyday Valentine
to be snuggling, kissing, talking,
and reading this nice story together.
This will be such a lonely Valentines day
without my dear sweetie
and I just long to see your bright smile
and be enjoying you in all your divinity.

I am longing for you in all of your beauty
on this Valentines mid night where I just
want to be with you sharing our time
helping each other to feel so very special,
to thank each other over and over
in our true love and great bond we have shared
for eternity even before earth,
to just help each other feel safe and secure
and know there is no reason to fear
ever being all alone again because we will
be right there for our marvelous best friend.
God bless you my Queen I am longing
to spend this Valentines mid night
and day with you the sweetest woman there is.

I am so filled with longing and yearning
on this Valentines mid night
my sweet precious darling
and I just want to hold you while reading
this short story and see you smile,
I see us within it and the closeness
of two people in its adventure
and I know it is you I want to share
all of this life and the next adventures with.

You are my Kira an Angel so good
and I long for you on this Valentines
to tell you I love you and reassure you.

I long to let you know that I'll never leave you
and that you're not alone because you are
my gorgeous best friend and everyday Valentine
I want to marry and forever be with.
I spend this Valentine mid night longing
and yearning for you because you are
everything I want and I need through eternity.

Michael P. McParland

Kira My Valentine 2

A very happy Valentine to you
sweet sweet Kira my best friend
and true love I adore above all,
I truly want and need you
more than ever right now.
As I lay here resting for the last
number of hours I drifted
in and out of sleep thinking of you
through all of that time wishing
for you snuggles and desired kisses,
more than ever I want to softly touch you
and give you all of my love
letting you now you will be my true Valentine
forever and ever.

Kira you are my beautiful Valentine
and I pray you know how much you are treasured
withing this heart and soul of mine.
You are their crown jewel of many
different precious gems I so love.
Diamonds, rubys, and emeralds so amazing,
filling me up with pure light from you
my norther star so divine,
Kira you are my Valentine
and all in the world that is good and right
and I want and need you more than ever
to share tight loving Valentine kisses
and snuggles filled with our love so soft,
so tender, so sexy and passionate,
and truly filled with joy just having our best friend.

Michael P. McParland

Afternoon Just Wanting You

As I am about to sit down and read
my thoughts go to you.
I just want you near me while you read too,
or perhaps read to each other
either way feeling so warm and contented.
I just want you dear because I love you
through and through.
What more need I say than I just
want and need you right here
to give sweet sweet kisses while spending time?
I am just wanting you on this afternoon
and will be thinking of you in my heart and soul
as I sit back and read right now.

Michael P. McParland

A Lazy Afternoon

It's just a lazy afternoon
here right now my sweet love
and soon enough I will have to
run out to pick up my prescriptions my dear.
So for now I just lay back on the couch
and dream of kissing sweet you
while snuggling so tight feeling good.
I wish you were here to spend this
lazy afternoon with to tell you I love you
and that I've missed you so very much.
Now here on this lazy afternoon I am
going to just lay back and close my eyes
to see you and your gorgeous smile,
and wear a smile myself knowing
one day you'll be here and I can at last
lay back and relax with you my beloved Queen
I so cherish, admire, adore, and truly love
more than anything in heaven or on earth.

Michael P. McParland

My Amazing Lady

My amazing lady how beautiful,
sweet, gorgeous, and adorable you are.
You blow me away and make my knees shake
with admiration and desire
as I'm filled with butterflies.
I just want to sit here with you
and hold you so very near
healing each others hearts and souls
while giving great reassurance and comfort dear
to the one we hold so near.
You are my amazing lady babe
and I would do anything to make you proud,
fill you with joy, and have you here right now
to kiss so sweet and let you know
you truly mean everything to me.

My amazing lady I love you so
and I'm longing to have you here right by my side.
To spend a morning oh so good
where I'll prepare your coffee and serve it to you.
Then just quietly and lovingly sit talking
and kissing too knowing this day will be so good.
I just want to let you know you are
amzaing, truly loved, and appreciated
while having the most wonderful time one on one
enjoying the friendship and the love we've alyaws shared.
I love you babe you are so good and I just want
to snuggle up with amazing you
and tell you I love you to no end my sweet Angel dove,
you are my only one and I will be yours forevermore
because you are my Queen and I want and need
no one else only you.

Michael P. McParland

Night Note 246

A very good night to you
my sweet beautiful Angel dove
I so truly love and adore
to no end because you are so wonderful,
amazing, beautiful, my hero,
my soul mate, and my best friend,
now having awoken and about to rise
I want you to know I love you so much
and wish I could at least talk to you
through messages here to have a great night
into morning and through the day,
even just a couple of hours with you
are worth all the treasure in the universe
and fill me with joy that can last
for more time than you might guess,
as I arise I would prefer to be able
to snuggle up tightly with you
but to be able to say our I love yous
through message would be so good
and comforting deeply.

So a very beautiful and good night
to you my most treasured and beloved
woman who's ever lived.
Kira I miss you so much and through
the rest of the night into the morning
my heart will be singing out
telling you I love you so much
and pray that so soon you will be back.
As I awake my body aches so
and as I wait for my medications
to take away the very bad pain
I want so much to wrap up with you.
God bless you my Queen I truly do
love you more than anything
and just want to be with you
spending a night in heaven
because that is you,
you are a gift and a blessing

and I want you to know
just how amazing and special you are.

Michael P. McParland

Night Note 245

Oh my sweet dear
how I truly and deeply
love you,
I will adore you forever
because you are my beloved
and beautiful best friend,
the most amazing woman
any man could ever have.
You truly are the worlds beauty
and I'll always tell you
over and over again,
you are a diamond in the rough
and shining star to this man.

You give me joy and you
give me hope,
and I pray you will come
very soon so I can dry your tears
while holding you close,
to just whisper in your ear
that I love you more than anything else
then kiss your sweet eyes
to take away all the dry
scratchy pain from your hot
painful heart broken tears.
I just want to be with you
healing our hearts and souls
while enjoying each others company.

So my sweet dear
the apple of my loving eyes
have a great night
and know I am here.
I love you so much
and am right here waiting
eagerly for my only one.
I will always be yours
and just want you to have and to hold
because you are my Queen

and my Angel magnificent,
amazing, spectacular, beautiful,
and gorgeous in full,
please light up my night
with that big bright
shining smile of yours.

Michael P. McParland

Catnap Audiobook Dreams

Catnapping here for a
little bit my dear
and once again listening to
the audiobook that gives wonderful
dreams of me and you having such adventure,
fun, joy, spiritual connection,
beauty all around and romance too.
I so want to share the stories
in this audiobook with you
and have all the amazing adventures
I know we'll share.
There catnap audiobook dreams of you
are so intoxicating and oh so cool.

Now rising from my catnap audiobook dreams
I just wanted to say I love you dear
and can't wait to have you here with me.
To share these times and stories
in all ways within our lives,
to hold you close and make you feel so safe
with endless comfort and endless joy,
I just want to hear your voice,
your sweet loving words,
and your soft touch I desire and adore.
These dreams and you help fill me with hope,
you are my northern star shining oh so bright.

So hear now as my heart calls out
and sings telling you all about
my catnap audiobook dreams
and what the hold, they mean,
and all the amazing so exquiste I know we'll have.
God bless you girl you are so rad
and among all the things I think you for
I thank you for these marvelous dreams as well.

Michael P. McParland

Tender Dreams And Desires

Tender dreams and desires fill me up
for you my beautiful and beloved sweetie pie,
I so want to be snuggling giving you
my soft and tender loving touch
seeing you smile so brightly
while you give me your divne loving soft touch.
Tender dreams and desires fill my heart
for my only one and I am so thankful
for you and all of your love.

Tender dreams and desires of you fill me
my sweet beautiful darling,
I dream of all the beautiful
things we could do and how I just want
to hear your heavenly voice while we sit and talk.
I love you madly and feel nothing
but the most tender and true love
one can ever have for another,
and I just desire to treat you so tender
serving you on this evening with massages,
candy, talking, reading,
and making a nice treat for us to enjoy
as we spend time feeling such joy
in all of our love.

Tender dreams and desires of you
fill up my aching heart and soul
with light and hope knowing they'll come.
I pray that you know just how desired you are
and that I would do anything to make you so proud.
These tender desires for us I want to fulfill
always making both of our lives happy and no longer dull,
I truly have such tender passion for you
my beloved beautiful girl.
So feel all of my sweet kisses as I send them
to shower all over you in my tender desire
and never ending flames of passion.
One day I can tell you all that's within me
and we will forever live all of our

tender desires and dreams we so want and need.

Michael P. McParland

Saturday Afternoon Desires

Lying back now dear just starting
to recover from a low blood sugar
attack that struck me while
at the library and got very bad.
So now as I lay back to let the last
of the shaking subsist
and all of the ickyness to go away
I want to be snuggling with you
while you held me so tight just saying
everything will be good and okay
my sweet man I love,
and then with a kiss I will say
I love you too.

I desire to soon after recovering
be able to cook you the nice simple dinner
I earlier found a recipie for.
I just desire to serve you my dear
and let my Queen know just how important
and appreciated she is,
and shower you all over in sweet kisses
before and then after our wonderful dinner.
I desire you on this Saturday afternoon baby
to just have so close and have both of us know
deep down that everything is okay
because we have our best friend right there.

Michael P. McParland

Morning Note 217

A very good Saturday morning
to you my beautiful sweetie,
and I hope you were able to get
some very good sleep feeling
all of my warmth, strength,
and true endless love surround thee,
I am always sending it all to you
with millions upon millions
of big smiles and sweet kisses galore,
I wish that right now
to start this day I could hold you.
There's not much to do on this day
my sweet dear so I'm going to go
through my cookbooks to find
a new a very intertesting meal
to cook for dinner this eve,
I wish you could be here to pick
with me and then later enjoy
the fruits of our work and deeds.

As I arise now to go do a few things
and then look through my books
I will as ever be sending you
the sweetest of kisses,
listen so closely for my voice
whispering in your ear
that I love you so much.
Kira you truly are a diamond in the rough
and a cherished Angel,
and I'll always be with you
because you are my everything
and I love you beyond any measure.

Michael P. McParland

Longing For Candy

I so want some beautiful candy right now,
to taste it's soft sweetness
that makes me so happy,
and I want to see you smile
and hear your moans and sounds of pleasure
as we share this most wonderful treat together.

I'm longing for candy so smooth,
soft, sticky wet sweet, and sometimes creamy so good.
The most wonderful candy there can ever be,
a candy I love to share with my lady
because it is a candy so beautiful,
wonderful, exquisite, amazing and dandy.
It is the most delightful candy and treasure
that I love to give and to share
with my most beloved Angel, hero,
best friend and lady.

I will forever share this candy
with my only lady and as I see her smile
and enjoy it I will always tell her
she is so wonderful, beautiful, gorgeous,
a marvel, truly to me the worlds beauty,
a rare cherished treasure whom I will
always adore and love forever and ever,
and I will enjoy this candy with her
whenever she wants it, craves it,
and desires because I will always serve,
pleasure, and give all of myself
to my true love, my best friend,
my gift of a divine Angel and only one
whom I want to be with sharing all forevermore.

Michael P. McParland

A Peaceful Afternoon 3

Morning catnaps are peaceful and fine
especially when dreams of you
are what's running through my mind,
I just wish you were here to have shared
a few nice restful hours with me
before spending a peaceful afternoon
with each other in joy feeling so good.

A peaceful afternoon with a bright sunny sky
the sun shing upon me and my lady divine.
A shower first to get nice and fresh
rather we go out or not just staying in
to talk and to kiss.
I dream of a peaceful afternoon with my Kira
so beautiful and amazing too,
just feeling hope in my heart as I know
one day these things will come true.

I so look forward to our peaceful afternoons
when all wounds and scars will be healing
and one day soon from our true love gone.
Days to just look into each others eyes
and drift away on a cosmic feeling of blissful love,
I adore you sweet girl and can't wait for this time
when I can tell you and show you in full
just how much I truly love you.

Michael P. McParland

Early Morning Snuggles So Calm

Early morning snuggles with you
on this morn would mean the world
to this adoring man.
Snuggles so peaceful and calm
as we watched some TV and had a snack
before a nice relaxing and refreshing
shower in a couple of hours.
I am longing and aching deep inside
for loving snuggles so calm
on this early morning with my beloved
Angel and only one.
I love you sweet Kira and can't wait
to have you here within my arms.

Michael P. McParland

My Dear Love 2

Oh my dear love how I adore
and miss you so very very much.
In my heart and my soul I so deeply long
to have you here now to spend the whole night
within my caring loving arms.
You are my Kira and my true hearts desire
and there is no other that gives me such joy,
light, hope, and that I want to be with forevermore.
You are so very loving and can be
the kindest woman there's ever been,
and I want to give you deep peace and joy
with a reason to smile and be proud everyday
that we are alive in this one and the beyond.

Oh my dear love as I arise now
I want nothing more that to sit with you
getting so cozy while I enjoy my meal.
I love you so much and you are as beautiful
as the divine moon and stars in the sky,
which one day when we can we will
walk among holding hands before sitting down
in the right spot snuggling tight
while sharing sweet kisses while they
smile upon us blowing there love
at two true soul mates God's blessed.
Oh my dear love you truly are the very best.

So my dear true love as I get up
I send you millions upon millions
of massive smiles with all of my warmth
and love which is undying and unconditional too.
Feel my arms around you as I send
my strength too to fill you with comfort
and to help dry your tears.
God bless you dear love I want to be with you
feeling pure joy through all of time
because you are a gift and a blessing
I love more than you know
and truly am extremely thankful for.

Michael P. McParland

My Hearts Song To You

Hear my hearts song as it
sings out to you now my sweet Angel dove.
Hear my hearts song in all of its
appreciation, deep care, and true love
for you my only one.
Hear its love songs and know that
to my very core the love that it sings of
is totally tender and true.
Hear my hearts song as it sings out to say
I am here for you babe forever and always.

Hear my hearts song as I pray for you
that you will know you are cared for, loved,
and truly never alone because I will
always be with you right by your side,
I'll support you and take care of you
always giving my everything
because you are a beautiful and amazing woman.
This is what my heart sings and asks
in pure hope that you'll soon return
so we can reunite fully and be filled
with pure pride and deep joy in each others
kind loving arms.

Michael P. McParland

Audiobook Dreams

I was just lying back my sweet dear
to get some good rest for a bit
and as I did I was listening to
the most wonderful audiobook
in which I saw both me and you.
It was and is so very exciting
and it sends my heart aflutter
as I so widely smile.
As I now I arise I wish I could
hold you so tight and tell you of these dreams
for any dreams of you are supreme
but this one was truly above them by far.

A wonderful dream full of anction and romance,
a bong between the charachters like I share
with my lady I care for and love
more than anything in the universe.
A wonderful dream of my lady supreme
that fills me with deep longing
and yearning to be telling you now
as we kiss, talk, and snuggle
through the nights many hours.
As I go through this night I will listen
more to my audiobook and dream of us darling
and whispering outloud Kira I love you.

Michael P. McParland

Late Afternoon Snuggles With Nuzzles

I have just arrived home my dear darling
from the therapist on this late afternoon
and soon to be a cold winter evening,
and at this time I just want to sit back
with my sweetie I so truly treasure
to snuggle with and give nuzzles
so kind, soft, and truly loving.
These late afternoons are made for
best friends and true loves to spend time together
just spending time while snuggling,
smiling, and nuzzling feeling so peaceful
and deeply joyful.

On this late afternoon my sweet darling
I just want to hold you and read from my new book,
then give you sweet and random kisses
with soft nuzzles throughout just
being swept away by your big smile
and gorgeous sparkling eyes which hypnotize me.
God bless you my sweetie I hope that so soon
I will be blessed to have your tight hugs
and blessed presence spending late afternoons
snuggling, kissing, and softly nuzzling
while doing so many things we have dreamed of
sharing with one another.

So my sweet love I send all of my prayers,
strength, warmth, pure and true
never ending unconditional love to you
to let you know as ever that I want only you
and that you're not alone because
I am only yours through all of time.
I adore you my Queen and always will forevermore
and want to be spending time with you
snuggling and nuzzling feeling complete,
proud, and filled with endless contented joy.
You sweet Kira are my only one
and life without you is totally wrong.

Michael P. McParland

Love Note 579

A very good afternoon
my beautiful sweet Angel dove,
I have just arisen
from my so called night time rest
and now immediately must get ready
to jump in the shower, brush my teeth,
and get ready to go see the therapist,
and right before I do all of that
I wanted to drop in and say
Kira you are the perfect woman
in my eyes and I love you more
than you can ever truly know,
I will be by your side hand in hand
through all time being your rock
and your man giving you all
of my loving support to no end,
you are my Angel and you are my Queen
and I want to spend all of eternity
with beautiful amazing you.

Michael P. McParland

Mid Night Smiles

Mid night smiles of true love
and deep longing to you
my beautiful sweet Angel dove.
Do you hear my heart calling
as I reach out in spirit to hold you?
It is telling you just much I need you
and truly love you,
along with those callings come
the most loving of smiles
to fill you with warmth
and give you all of my strength.

I send mid night smiles of pure
and true love asking you to
return so very soon
so I can hold and kiss you,
so I can catch and then dry all of yours tears,
and I want you to be the one to catch and dry mine.
I send you these smiles to fill you with joy
and to once again tell you you're my only one
and believe it or not you're all that I want.

So sweet sweet mid night smiles
to sweet sweet you my beautiful girl
and hear my hearts song
about just how special you are.
Know that I love you
and that you're not alone
because I'll never leave you,
and that I will forever be your faithful Michael
fighting for you and giving my everything.

Michael P. McParland

Needing This Night (With You)

I've been catnapping this evening
since dinner my dear
and as I have arisen I can think
of so many things I want to do with sweet you.
I still have the dishes among
a few other chores my sweet lady
and I just want your conversation as I go about them.
On this night as each one my Kira
I am in in much want and true need
of my beautiful Angel.

On this night as all others I want to hold you
and cover you all over in the most loving kisses.
Today I just got a new book my friend
needs reviews for and it would be awesome
if we could sit back to relax while reading it together.
I just need your company with your touch
so very loving and truly soft,
and to see you smile filling my night
with all of your true endless beauty.

I just want to be with you
spending a wonderful night with my Queen
because Kira you truly are my wonderful everything.
As I sit and read then go about my chores
I will be dreaming of you and wearing
the smile you give me my true love supreme.
I want you forever because you are
my wonderful best friend the amazing Kira
and I don't have a love like this in me for any other,
I only want you my dear darling.

Michael P. McParland

Holding Your Hand 2

Sitting here on this late afternoon
and I want to be holding your hand
while we wait for dinner to finish up now.
I just want to have you sitting right here
and for me to reach over and take
your hand within mine as I tell you I love you.
As I sir here now trying to get over
other things that are aggrivating
I want to be holding the hand
of my Angel of peace so divine, amazing,
and eternally beautiful.

So as I cannot sit here with you right now
I am reaching out in spirit to hold your hand,
to give you big smiles in all of my endless love
which is pure, true, and unconditional,
I am reaching out because I want you
and need you by my side forever and ever.
So feel my hand within yours as I hold it
tightly in pure tender love within mine
and be filled with the calming peace
of knowing I will forever be your my righteos Queen
I so endlessly cherish and adore.

Michael P. McParland

Waking Afternoon Joys

Waking now dear in this afternoon
feeling very much refreshed and rested
after a good and long sleep I so needed.
With all truth my darling it is
always in many different ways so very painful
to not have my sweetie either right beside me
or in the next room to give a waking smile
starting each day with our I love yous.
I do feel a joy though within my heart dear
feeling all of your love around me
and knowing that one day I can take you in my ars
and we'll have those days of pure joy
knowing everything is okay.

So I wish you a very good morning
on this afternoon my sweet beautiful darling
and send all of my strength and loving warmth
to fill and surround you in comforting peace,
I wish you were here to help start this day
as I shower you in sweet kisses galore
with tight and cozy snuggles of joyful loving.
I miss you my Kira and you are the reason I'm smiling
because I can feel you so near me
and I am dreaming of all those wakeful
kisses and snuggling I love you
I know we will enjoy forever and ever
my best friend and true love.

Michael P. McParland

Your Soft Loving Touch

Your soft loving touch my dear
I so deeply long for and crave,
we are both feeling quite sad, down,
lonely, and frustrated on this afternoon
from a couple of things around here
as well as myself,
and I so deeply need your soft loving touch
to heal this bad aching within my heart,
and to just be surrounded in your love
as you hold me tightly within your arms.

I want to feel your soft loving touch
as I give you mine in return
with tender kisses and the softest caresses,
kissing your soft lucious pink passionate lips
to your absolute fulfillment as long as you want it.
It has been such a tough and lonely time
without my dear Angel for whom I yearn,
and want to give everything to
to let her know she's a Queen in all of
her great worth.
To feel your soft loving touch now
and forever would mean the universe.

So my sweet dear as I sit here I know
that both of us hurt so deep in our souls,
and I know as well that we can heal
each others hearts from the scars and the cuts
sharing our soft loving touches
as we so tightly snuggle.
The thought of holding right now my dear sweetie
makes me want to shed tears for your hugs
and sweet kisses are what I'm so badly needing,
and to give my sweet kisses and hugs to you
too my beautiful Angel so good and so true.
I love you my sweetie and pray that so soon
we will be comforting each other
just feeling the hope and the joy
we've always felt with one another.

Michael P. McParland

Morning Wants And Needs

A very good early morning to you
my wonderful and beautiful sweetie.
I am feeling quite tired my love
but have phone calls to make
in a couple of hours,
so in the mean time I just want
and need your early morning kisses
and snuggles to help calm those nerves
and help both of us get so cozy and comfortable.
I just want you so badly on this early morning
to make it so warm and happy by being
in each others armms starting the week off
in the most joyful and loving way possible.

Michael P. McParland

Quiet Night Of Longing

It's a quiet night as I it here,
it's been a quiet and lonely night
since I woke up from catnapping my love.
It is so quiet and with movies
I try to fill the silence,
but it is the quiet of pain and yearning,
I so deeply miss you my precious Angel.
It will also be quiet when I start reading
and escape into the stories of printed word,
and I will be dreaming of you all snuggled up
as we read to each other just feeling
so very happy and so very good.

It is a quiet night in countless ways
my true love and I am hurting
in just as many ways too my sweet baby cool.
I feel so very empty and very confused
without my sweet gorgeous Angel
and all the things I don't know
and want to help you through everyday.
You are my other half and bright shining
northern star and I just want you to know
how beautiful and amazing you are.
What better way to help you to know fully
just how I feel than a quiet and joyful night
spent together feeling so cozy?

It is such a quiet night my Angel of light
and I am just longing to hold you so very tight.
To help reassure you and let you know
that I will always be with you,
that I will always give my best giving my all
to make you happy and proud everyday.
I love you my sweetie and my heart longs,
yearns, and aches for you on this quiet night
just wanting to be with you giving all of the love
I've always had for you and will forever and ever.

Michael P. McParland

A Fun Sunday Night

Well my sweet dear the big game
is now over and what a fun one
it was to sit through,
now that it's over I want to spend
a fun night with you wrapped up
so tightly having a good time.
I truly just need your sweet loving kisses
and to hold you so tightly saying I love you.
I want to spend a fun Sunday night
with my Kira before this week begins
just feeling so safe and cozy
as we talk, watch some fims, and read.
I love you my sweetie and want to be with you
forever and ever just having fun nights
like I want to and wish we could
on this Sunday night my sweet dear.

Michael P. McParland

Evening Note 123

A very good soon to be
evening to you my beloved
and beautiful sweet Angel dove.
I have been resting quite restlessly
through the whole day
so I could be wide awake for you
tonight and to enjoy the Super Bowl.
It would be so very wonderful
if I could be watching it with you,
and then afterward just have a night
filled with snuggles, kisses,
and fun with my only one.
I love you so much my blessed Queen
and to just be with you hand in hand
through everything is my greatest dream.
You are so beautiful my sweet blessed Kira
and you are my dream in reality,
you truly are the entire worlds beauty.

Kira you are my rock and my smile,
you are the reason my heart beats
and sings as it does.
I desire your love because you
are the greatest and you are you,
the most amazing woman I've ever known
and I have give my heart and soul
to hold in your loving hands
forever and ever because
I adore and trust you
my blessed shining northern star,
Angel, and Queen I love above all.

I love you my sweet sweet Kira
and it is of you I will be
dreaming of as I watch the Super Bowl
and as the night goes,
and I will be sending you smiles
with all of my loving warmth
with a great message of true love,

appreciation, and care for the sweetest girl
I've ever known and want to be with
forever and ever.

Michael P. McParland

Night Note 244

A very good night to you
my beautiful and most beloved
blessing, gift,
and sweet Angel dove.
As I have sat here through the night,
reading, watching a film,
and doing a few various things
I've thought of you and felt
very deep longings and aching
to just be with you
and holding you close
as we do all of these things together
and feeling complete
with my Kira so very sweet,
to be with my bright shining light
no longer feeling lonely and lost
as I let you know how much
I appreciate you and care,
I just want you here to be
spending time and doing so many things
for you my sweet dear.

I have so very much I want
to share with you and tell you
and try to get my thoughts straight
before I so very soon write you.
There'sso much though
that I want to share and am
unable to right now until
we are talking again,
that way there is no misunderstanding
just what was meant which
can lead to anger and very hurt feelings.
I love you my sweetie and just sit here
wanting to be with my Angel
and soul mate who is so very amazing.

So my sweet one know that you are forever
in my heart and soul which you

will forever also hold.
I just want to be with the one I so cherish
and have both of our lives
be the happiest ever.
God bless you my Kira you will
never be alone I promise you
because I will forever be your
hero, Angel, and faithful man
giving you all of my best
and everything that I am.

Michael P. McParland

Winding Down Saturday Night

After a good little catnap
from a nice heavy pizza dinner
I have just again arisen
and want to wind down this
whole Saturday night with my gorgeous Kira.
I know you are lonely as am I my dear sweetie
and I am so tired of being without you my darling.
I want to wind down this night with you
wrapped up so tight and cozy,
both of us gazing at each other so widely smiling.
I want to wind down this night and just talk away
the hours while reading too,
I want to keep you so warm and ressure you
as well that I'll always be yours right by your side.

God bless you my Angel hear as my heart
sings out to you all of its praises,
know that it beats for you baby
and it will be filled with dreams of you
winding down thins night as I hold you.
My heart soul and mind are so filled
with tender adoration for you
and I just wat to look in your eyes
and say Kira I so deeply love you
my amazing Queen.
I am filled with longing dreams of you
being right here with me.

I wish I could be winding down this Saturday night
with you by my side and I know fully
that one day we will feeling so safe, peaceful,
and calm down to our cores being with our
best friend and true love we deeply adore.
Feel all the sweet kisses I send to you
to shower all over you everywhere,
and feel all of my strength love and deep warmth
as I send it all to comfort you
my sweet Angel dove.
Please come so soon so we can reunite

and I can hold you so tight as we spend
great nights together and have each other
as we wind then down relaxing so happy.

Michael P. McParland

Saturday Evening With Sweetie

Up now finally my sweet girl
from a long day of much needed sleep.
All the medications, sadness, stress,
and worries for many things
including being worried about you
finally caught up with and exhausted me.
God bless you my dear sweetie
and thank you for being patient
and loving with your adoring Michael.

Now that I'm up I just want to snuggle up,
order us some pizza for dinner,
and then spend the most wonderful
evening together feeling so safe,
deeply comforted, and filled with joy
by being with our best friend
and true love we so deeply adore.
Again God bless you my dear sweet Kira
I just want to be with you spending
a good evening telling you my dear sweetie
you are my everything and I love you
more than anything ever.

I don't really have anything planned
my dear sweetie of what we could do
on this Saturday evening in each others arms.
We would find things and most important
is being together gazing at one another
sharing sweet sweet kisses and amazing snuggles.
Only with you do I want to be with forevermore
darling Kira my sweet Angel dove,
and I just want to spend a wonderful
Saturday evening side by side feeling
joyful and complete.

Michael P. McParland

In Need Of Your Snuggles

As this night winds down
and will soon come to a close
I am in need of your snuggles
so loving and sweet,
I desire them deeply because
they are from you my Queen so amazing
and deeply beautiful too.
I am in need of your snuggles
my sweet precious girl
to make this night grand and so very warm.

I am starting to feel quite tired my darling
but bought a nice treat at the store
which in a few hours I'm going to cook and enjoy.
I miss you so deeply and want you here
to share this snack and a nice night with each other
just snuggling so tightly and sharing sweet kisses
from our hearts and souls that are filled
with love immensely.
I need your snuggles my blessed sweetie
and just want both of us to feel
comforted and safe with our true love so close.

I need your snuggles my most beloved
and cherished sweet Kira.
As this night winds down I can
thgink of no other I'd rather be with
and I know truly within myself
you are the only one that I want to be with.
I love you my hero and just want
to be with you the woman I adore and admire,
and I just want you to love me for me
because I would do anything for you
and you truly are my everything.

Michael P. McParland

Love Note 578

Good late afternoon to you
my beloved and beautiful
sweet Angel dove.
Rather you know it or not
I truly do want and need
to be with you through all time
never letting each other go
and always being there for the one
that we care for above all
and love more than anything.
I adore you my sweet Queen
and as this afternoon winds down
I just want to be sitting back
with you so tightly snuggled up
as dinner cooks knowing
life is good and that
all of our nights will be warm
and wonderful spending them together.

There's not much to do
on this evening that's soon at hand
and I wish I could just spend it
with you reading our book
and renting a film,
maybe first go out and buy some treats.
It's Friday and a date night in
is what I so long for
and would be so wondeful with my dear Kira.
I will be dreaming of you
and sending you millions upon millions
of bright shing loving smiles
to warm and comfort you,
know in your heart that if I could
have anything tonight it would be
to have you right here by my side
both of us filled with joy,
sharing the sweetest and most tender
of passionate kisses galore.

So have a good rest of your Friday
and know that your Michael
would give anything to be with you
now and will forevermore.
You are the greatest and most beautiful woman,
soul mate, Angel Queen, and best friend
that there is and I will always
be yours and yours alone
because I only love you
my sweet beautiful girl.

Michael P. McParland

Aching Love

Love so very pure and absolutely true
fills my heart, mind, and total soul
for sweet beautiful you.
I love you so much that it pysically aches,
but only ever in the best of ways
as butterflies and tinglings
take over me in every single way that ther is.
I feel great aching love for only you
and need you more than you know my sweet Angel dove.

I have the bad aches though right now as well
as I miss you so much because you are not here,
nor are we speaking so I can read your sweet words
and hear your Angelicg voice like I so badly want
and so badly need throughout my days.
So as much I love the achings so good,
I have the bad achings in full missing my Queen
and also knowing you hurt as well.
I love you so much and of those achings like you
I am so very proud,
but the bad ones are pure hell because
being with out my Queen tortures my heart
and saddens my soul to where it weeps in full.

So I am filled with aching love for you
my dear beloved Angel and only one
and hope that you know how much that I care
and appreciate my my sweetie and Queen
I truly love and adore.
So as I now sit here I am filled completely
to the brim with both types of achings.
I think of you and am filled with proud light
smiling ever so bright seeing your beauty
within my mind, soul, and heart.
At the same time though I am filled with
the sad achings as well because
because I miss you so much and all of those things.
I still smile though because you are my Queen,
and you are a blessing and gift so supreme.

Michael P. McParland

Good Morning My Sweet Angel

Good morning my sweet beautiful
Angel I so truly love and adore.
I hope you were able to get
so very good and comforting sleep
and feeling all of my warmth and true love
while in spirit my arms were around you.
I love you sweet girl and was thinking of you
last night while I lay my head down
saying I miss you sweet Kira
and love you so much because you are
my everything and only one.

A very good morning again to you
my dear Angel sweet so very beautiful.
After a long night of very restless sleep
that was filled with bad dreams my sweet girl
I want like always to sit up with you
and hold hands and each other
before in a few I start to pay the bills
and then get on the few chores that there are.
I worry about you too and pray that
your night was not hell from bad dreams
that fill you with deep achings
over the pains you already has as well.
I hope that you truly know the depth
of great tender love that I feel
for my Queen and only girl.

So I wish a very good morning to you
my sweet beautiful Angel so fine.
Your Michael loves you so very very much
and I wish that after I pay the bills
and clean up the kitchen
and a few smaller things that I could
take you out to lunch on this payday
as well as out on the town
just keeping warm in the nicest of places
my sweet beautiful only one.
I'm sorry that I may boreyou right now

and I truly do try my best,
I love you my sweet Angel dove
and I know in all ways that you truly are
the best that there is and all that
I'll ever want and truly need.
Kira you are my gorgeous Queen and everything.

Michael P. McParland

Late Afternoon Kisses And Hugs

A very good late afternoon to you
and I am sending endless sweet
loving and tender kisses and hugs
to you my sweet sweet Angel dove.
Great big kisses and huge hugs
of pure comfort and warmth
to give you deep reassurance
and tell you you're not alone.
I send to you late afternoon kisses
and hugs straight from my soul
because I just want you here
to spend time right now.

I want you to join me for kisses, hugs,
and great big shared smiles
as we take a nice refreshing shower
before I cook us dinner,
I just want to look in your eyes
as the soothing water envelops us
saying Kira I love you
you are the greatest.
I am sending you great big late afternoon
hugs and sweet kisses because you are always
in my heart and on my mind,
and I just want you here in my arms
to go with it my darling.

So to you on this late afternoon
I send the sweetest ever of tender loving kisses
with great big hugs of strength too,
I send all of myself to comfort you
and let you know you'll always be loved.
God bless you my Kira for you are such
a beautiful and special woman
and I pray you'll return soon
so I can dry your tears and so tightly hold you.

Michael P. McParland

Morning Note 216

A very good mid morning
to you my sweet gorgeous Angel.
I have just arrived home
from the dentist and finally
all of my work is done,
still though I can't yet wear my top
partial denture because
they had to burn out a huge canker sore.
It feels good my sweet dear
to finally be through all of that
trial and pain,
now I just have the pains
of paying the bill.
It would be perfect if you were here
so tomorrow on payday I could
take you out on the town
and get a nice dinner
being able to have all of my teeth in
and chewing normally.

I hope my sweet one
that you have had a good morning
and felt me there with you
giving all of my kindness,
caring, and deep endless love.
Remember my dear that I'll never leave you
and am right here waiting
and in very deep want and need
of us to be talking, kissing,
and tightly snuggling,
I want us to be spending time
healing each others hearts,
souls, and minds as in true love
with our best friend help lift
all of lifes stresses and burdens.
I just want to be
with my sweet beautiful Kira.

So again I wish you a good

and beautiful mid morning,
and may God bless you my Queen so amazing.
Your Michael misses you
and so truly adores you
and I feel very empty in so many ways
without my sweet and divine
beloved Angel.

Michael P. McParland

I Want You This Evening

I have just arrived home
from the therapist my sweet precious love
and before I start cooking dinner
I want to sit back to snuggle with you.
To just hold you so close while we talk
and I read my book,
to just have my sweetie near looking
into your gorgeous eyes and see you smiling my dear.
I long for you sweetie and want you
right here beside me both of us feeling
reassured and safe being with our best friend and soul mate.

I want to cook a nice dinner for you
and enjoy it together as the evening comes in.
Iwant to spend this evening with you
havong a good time as we chill
and just finally be at peace feeling secure
telling each other that everything is finally okay.
I want you here beside me not just on this evening
but every evening through all of eternity.
I love you sweet Kira and ache for you madly
and will always be with you supporting you completely.

Michael P. McParland

Night Note 243

A very good night
to you my dear beautiful sweetie
I so truly love and adore.
What a night it has been
as mostly I have been
backing up files that I need to save,
and then thought I had lost two
that we important and very big,
in a panic though I finally found them
hidden in a wrong folder somehow,
so now as I try to transfer
them to the right one
I wanted to stop in
and tell you I love you so
before I sit back to read.
I hope that your night has been well
and that you have felt me
right beside you in spirit
giving all of my warmth.
I adore you sweet girl
and wish you were here
to give sweet kisses to
and let you know you are the best
and my everything my sweet Queen.

Michael P. McParland

Sleep So Much

I sleep so very much
and for so very long my sweet love,
I sleep all this time to escape
the lonely pain that's inside
from missing my beautiful only one.
I just awoke a short bit ago
from a very long rest starting in the afternoon,
and from all the depression and stress
I had so many bad dreams,
the one that sticks out the most
is from being in the hospital while we were in school.
I felt double the pain as I remember how bad
I missed you then mixed with the pain
of not having you right here and now.
It truly is dreadful missing my Kira
and all the more so when in my dreams too.

I sleep so very much to pass the time
where I am without my sweet Angel bride,
it gives me the chance to just close my eyes
and see my beautiful Angel I so want
and need through all space and time.
I lay down to focus on and feel
all of the endless care and deep love
that you send that wraps me up
and gives me endless light and deep hope.
I love you sweet girl and sleep so very much
so I can see you while sending
all of my strength, warmth, deep caring love,
with endless snuggles and the sweetest of kisses
for my most beloved Kira who is my true love
and Queen, my best friend, my hero, and everything.

Michael P. McParland

Morning Note 215

A very good late morning
to you my gorgeous sweet Angel dove,
I hope you are well
and have gotten some good rest
as I have tried to the last
few nights my dear.
I have been thinking of you
while sending all of my love and prayers
and just wishing you would talk
and then come so I could hold you so close.
I am feeling very upset from so many things
and I wish you were here to sit with
and talk them all through,
from all things about us
and all of the other stresses there are
and that we are facing my dear,
I know we will always fight for each other
and support one another
being side by side and hand in hand
forever and ever through all lands.
I love you sweet Kira
and am tired of being without you
because you are a diamond in the rough
and rare precious jewel I cherish completely.

Remember my dear that I have
no desire ever for yelling,
I don't like yelling at you
and seeing you crying,
I just want to talk
and I feel upset because
you just remain angry at me
and won't give me that chance
when I know from all that you've shown
and said that you want to
and love me just as deeply.
I am upset because I want to be
with you soon fixing everything,
healing each others hearts and souls

with the true infinite love that we feel.
Kira you are my Angel and the most
amazing woman and person I've ever known
along with my mother.

So a very good late morning
to you my sweet beautiful Queen,
and have a good day
just knowing that your Michael
is always with you.
God bless you my sweetie you truly are
so very amazing
and I want to spend eternity
with my gorgeous baby.

Michael P. McParland

A Sunday Afternoon Rest

I've been up for over 24 hours
now my sweet girl and I am finally ready
to laydown my head and try to rest.
As I close my eyes I will be seeing you
and I pray that this deep ache in my heart
will ease up a bit so I can sleep.
I wish you were here to climb
under the covers with me
because I want to kiss your soft tender
lucious pink lips to give us both smiles
and feelings of great cofort and joy.
I then just want to lay back with you
wrapped up in my arms to stroke your hair
and rub your back while you rest your head on my chest.

I have been up now for so long
and Sundays are the best for getting good rest.
So now my sweet one as I lay down
my heart sings to you as in spirit
I reach out to pull you in.
I love you my Queen you truly are
the greatest and supreme,
I just want to get under the covers with you
on this Sunday afternoon and feel peace at last
in so many ways because my sweet Kira
is right here in my arms.

Michael P. McParland

Morning Note 214

A very beautiful good morning
to you my sweet Angel dove.
I've been thinking of you
many times as I went about my chores
among other things in the early hours,
hoping you are okay
and truly know how much I love you.
I have been saying my prayers
and wishing you were here with me,
to spend a wonderful Sunday in bed
relaxing and resting with my best friend,
I've still not been to bed
and am feeling quite tired
so will soon head there
where I wish we both could
slide in under the covers to talk,
snuggle, laugh, and share the most
wonderful and tender sweet kisses
before in each others arms we fall asleep.
A wonderful Sunday with my precious lady
is what my dreams are made of.

God bless you my dear sweetie
and I hope you have a good day
filled with light and immense beauty.
I will be with you the whole time
holding your hand and giving all of my love,
feel my sweet kisses shower
all over you to keep you warm.
As I now try to finally finish my book
my heart will be calling out to you.
I miss you so deeply and just want
to be with my sweetie,
the woman I've always loved
and is my everything.

Michael P. McParland

Early Morning Achings

A very quiet early morning
and I am beggining to feel quite tired,
but I am not able to sleep
because I have a few things I need to do,
and even if I lay downI will not
be able to really rest as I found out last night
when I tried to catnap.
I ache deep insideand in my whole body too
to be with my Queen just spending time
in each others kind loving arms.

Just sitting back for a few minutes more
before I go take care of the chores I need to.
I think of my sweet darling Queen
and all that she means to me.
A glorious and beautiful woman I deeply cherish,
a wonderful diamond in the rough
who with her pure soul
and in all of her amazing love
shines so very bright and fills me with everlasting hope.
I ache this early morning to just tell her all,
about how much I love and adore her
because she is my hero and best friend,
someone so very special and incredible
beyond all words meaning and comprehension.

I wish I could be with her on this early morning,
both of us freed from all achings, tensions,
and lonely sadness.
I wish I were with her to hold her and give comfort
just reassuring her that I will be hers
and stand by her forever and ever.
I wish we could just lay in bed sharing sweet kisses.
I must go about my morning alone however
aching for the day we will reunite and be joyful,
I will hold onto the knowledhe that our time is coming.
I love you my sweet one and will be saying prayers
for you to be safe, okay, and happy,
I'll be saying prayers for you to feel all of my love

and my warm strength knowing you're not alone
and that you truly are cared for and appreciated.
I miss you my darling and am aching for you,
and I would do anything to be with you
spending this early morning both of us
so very happy as we snuggled up tightly.

Michael P. McParland

Night Note 242

A very good night to you
my most beautiful, wonderful,
special, amazing,
and deeply beloved best friend.
How hard the nights truly are
when you're not around
in at least some fasion my dear.
Rather passing the hours here
messaging each other
about all of our love
and how we miss each other,
to you being here in my arms
with us sharing sweet kisses,
tight snuggles, and the closeness
of best friends that are true loves.
It truly is so lonely and quiet
and as I sit here reading my book
among other odds and ends
I long for you to be here
just spending time
and to be gazing into your gorgeous
sparkling eyes with your bright shining smile.
The days and nights are so truly lonely
and no matter what you may think
or how things ever may seem
all I want is my sweet sweet Kira
right here with me through all things.
Through the good, the bad,
and whatever else there may be my sweet girl,
I just want you here by my side
hand in hand to have the grandest of times.

I love you sweet one
and though things right now are tough
I keep fighting along because
you are my shining star,
my northern light,
and my Angel of hope.
I continue to fight along

for Kira my Angel and Queen of true love
to prove to you that you are
appreciated, cared for,
and deeply loved beyond all measure.
I will keep fighting for you to prove
you are worth all the riches
and love in the universe,
and to show you you're not alone
because your Michael adores you
and will always be with you
and the Angel you want.
I love you sweet lady
and cherish you completely
for you are my hero and soul mate
I want to be with through all eternity.

God bless you my sweetie
and feel all of my love
as I reach out to hold you
while sending the sweetest of kisses
and deep warmth with strength
to fill and surround you.
Have a good night dear
and now I am with you
as well as right here waiting
to serve you and give you
all of the undying love
you have so deserved, needed,
wanted, and I have been dying to give you.

Michael P. McParland

Saturday Night In Each Others Arms

I miss you my sweet one
and need you so very much,
we need each other truly
and I want to be spending this
Saturday night wrapped up safe,
secure, and so very tight
within each others loving arms
which are our homes.
I love you sweet one and feel so alone,
I know you are too and I want to be
with my only one just hearing your sweet voice
while feeling your soft loving touch.
All I need now is my Angel of whom I'm proud
just spending the night having fun
within each others kind loving arms.

I just want you to be here to sit back with,
to share sweet tender and passionate kisses
for a good while with nothing else.
Then for you to sit back and listen while I read,
finishing the last of one book I'm about done with.
I just miss you so much and want you to return
so soon my bright shing star and love of my life,
to just spend endless time in each others arms.
I am dreaming of you in all of your gorgeous charms
just aching inside wanting to be with my beautiful
sweet Angel bride I love and adore above all.

I love you sweet one and miss you so much,
and it is you that I need by my side
hand in hand through all time,
we need each other it's true
and I just want to spend this Saturday night
in each others arms drying each others tears
and being filled with the light that our love gives.
I love you my sweetie more than anyone
can ever truly imagine and I want to spend
this Saturday night holding each other
and knowing that we'll never face anything

alone ever again.

Michael P. McParland

Dreams Of My Shining Star

Sitting back here my sweet one
on this quiet and relaxing Saturday afternoon
and in my heart mind and soul
I am longing and yearning for my shining star.
I dream of you and wander when you
will come and wrap me up in your arms
and give me your sweet kisses I want.
I am filled with dreams of my shining star
who gives me hope and reason to live.
I am dreaming of you and wishing I could hold you now
just reading, watch a good movie,
and later cook for.
I love you my sweet Queen you're my true love
and shinging star whom I want to be with
giving my all forevermore.

Michael P. McParland

Saturday Morning Kissing You

Good Saturday morning my love
and I have just awoken,
I have just turned on some good music
before I arise and wish you could
be here by my side to snuggle up with
so tight just spending a nice quiet
Saturday morning in bed shatring sweet kisses
and smiles while we relax and talk away.
Good Saturday morning to you
my beautiful woman I love and adore,
feel all of my warmth, love, strength,
with sweet sweet kisses and snuggles galore
as I send them to you.

I will be dreaming of you and how great
it would be to have you right here in my arms
spending this early Saturday morning in bed
sharing sweet kisses, telling you you're so beautiful,
and knowing there's a good day ahead of us
because we have each other and that's all that matters.

Michael P. McParland

Love Note 577

A very good late afternoon
to you my most beloved
and sweet beautiful girl.
I pray you are okay
and have had a good day,
and as I spent the majority
of this day reading with a bit
of catnapping and a movie
I have thought of you many times
and just wished you could be here with me.
To just spend time with each other
and share our worlds in all ways possible,
and to just have my best friend
here to give myself to
fulfilling all of our dreams finally.

I love you my sweet girl
and as I eat dinner then resume
my reading I will be dreaming of you
sending all of my loving care
with sweet kisses and millions upon millions
of smiles galore to shower upon you
and give you all of my strength and warmth.

Michael P. McParland

My Special Lady 2

You are my special lady
and I truly find you so very amazing.
All I want is to show you the great love
you've always wanted and been so deserving of,
and I just want to give and share with you
all the love I have in store and have
always felt for you and you alone.
You are my special lady an Angel I so adore
and I want to be with you right now
spending a wonderful day in each others arms.

You are my speacial lady and I love you
beyond all earthly measure or description,
there are no words for the pride
and elation I feel for you and about
having the love of my Queen.
You are my special lady and I want
to be able to reach up in the sky
to present you with the stars and the moon
on a silver platter just for you.
I adore you my special lady you are
a diamond in the rough,
a rare and precious gem so amazing and darling.
You are my everything and the only one
I'll ever need and be wanting.

Michael P. McParland

Morning In My Arms

I want to lay back with you
right now on the couch
to spend this early morning
with you in my arms.
To give you sweet and loving kisses,
and for us to just cozy up
with our best friend feeling comfortable,
safe, and protected in all ways.
I just want to spend this morning
lying back with you in my arms
letting you know you're cared for and loved,
and for us to just be happy and at peace
feeling as one.

Michael P. McParland

I'm With You Always 2

I am with you always my love.
Through all of my waking hours
through those that I rest.
I am always sending you all of
my endless warmth and deep love
with millions upon millions
of big loving smiles and sweet sweet kisses
to shower upon you filling you
with peace and deep comfort.
I am with you always my dear
because I need you in true love
and I know that you need me in true love as well.
I'm always with you because you are
my Angel and Queen I so adore and love
and I want to take care of, serve you,
and spend my life with you through all of time.

I am with you always my love
and will be beside you through all time
keeping you safe as I fight for and defend
my beloved Angel of true light, love, and grace.
I adore you so much my wonderful
and amazing diamond in the rough,
and I want to be holding you now healing your
soul and gold heart while drying your tears
and saying it is okay because your Michael
is right here for you and will be through eternity.

I'm with you always my love
and feel my arms around you as I reach out
to pull you in and cover you in kisses
all over to help make you smile.
You are my one and no matter what
I will always be yours always wanting you
and you alone.
Have a great night and feel me always
right there by your side wrapped up
and filled with my loving warmth
knowing I am so proud of you the woman I love.

Michael P. McParland

Restful Late Afternoon

Before I cook a nice dinner for you
and we spend a nice relaxing evening
spending time in each others arms
I want to spend a restful late afternoon
taking a short catnap with you.
I so badly need you here in my arms
and to share sweet passionate kisses galore,
and to give you some candy before we lay down
just wearing big smiles and feeling deep comfort within.
I want to be with you and share a restful
late afternoon finally feeling true peace and comfort
within each others arms.

Michael P. McParland

Dreaming While Reading

While I have sat and done
a lot of reading through the morning
and into the early afternoon
in which we are currently residing
I have dreamed of you much
and felt longing deep within
my soul and heart just imagining
how it would feel to have you in my arms
and be spending a wonderful time.

I love you my sweet Queen and wish you were here
to sit wrapped up so cozy and read to you
before cooking us a somewhat late lunch
after getting lost in our tales.
I want to give you sweet kisses while
experiencing our good times
and hear your sweet voice while you read me
some of your gorgeous works.
I will not read mine but just the books that I love
and we can just share a wonderful time
like I am dreaming of while I read my books
and short stories.

I am dreaming of you always my sweet precious Angel
because you are so beautiful and a precious woman.
I dream of your smile and your soft and tender kisses
with your loving touch that I so want
to feel and share forever and ever.
I am dreaming of you while I am reading
because it makes me feel better and helps me
escape from the aching pain of not
having my Kira right beside me to spend
a good time reading, talking, laughing,
and just sharing an amazing day together.

Michael P. McParland

Morning Note 213

A very good morning to you
my beautiful sweet beloved girl.
I am sitting here at the dentist now
ready to get the last of all
that I need done,
and I wish that I were sitting here
with you so we could spend the day
in each others arms just having a ball.
After a night of bad dreams
which made for restless and fitful sleep
I just want to be with my Queen
both of us feeling deep comfort
as we snuggle up with our
best friend who means everything.
I love you sweet Kira
and want to wish you the most
beautiful good morning
and wonderful days and know that
I am there right by your side
holding your hand and am right here for you.
God bless you sweet girl
you are a rare and precious jewel I adore
and only want you to be with you
through all space and time as
the most loving husband and wife
there's ever been through eternity.

Michael P. McParland

A Lazy Evening With Kira

A very good late afternoon to you
my beautiful woman I love and adore.
I have just arrived home from my therapist
and want to sit talking and holding you for a bit.
I just want to sit and spend time
before I get up to cook dinner for my only one
just seeing you smile and feeling your body next to mine,
to share sweet kisses galore so passionate
and tender filled with true and pure love.

So at last when the late afternoon is gone
and evening has come we could enjoy
a beautiful dinner just so very happy
knowing everything is alright because we have each other.
I love you my sweet girl and dream
of these great times we will one day share together,
a wonderful lazy evening wrapped up so tightly
just talking and reading to each other
feeling like we are in heaven.

I love you sweet Kira and wish you were here
so we could spend time and I could serve you
in all ways and all manners,
I want to spend a lazy and relaxing evening
with my only one beautiful Kira.
My heart aches for you and I am so deeply longing
and I will be dreaming of you sending sweet kisses
and huge hugs as I do the entire time through.
A lazy and loving evening with my beloved sweetie
would be the cure to our loneliness and hurting
we both are so wanting and needing.

Michael P. McParland

Just Being With You

Good late morning to you
my beautiful sweet Angel dove,
and now having returned from
picking up my prescription
I just want to be with you,
to sit back and relax while my stomach
gets steady in whole after feeling
just a bit off for the lat little bit.
I crave just being with you
and to look in your eyes and say
I love you sweet Kira you are so cool.

Just being with you now on this
late morning and then through the afternoon
makes my heart go aflutter when I know
that it will all come true one day my dear.
To just sit back and hold you now,
and then do the last of some light chores
while I cook us a delightful lunch,
and then not long after a nice
and beautiful shower together
to just sit and be warm sharing sweet kisses and smiles,
also to be nice and fresh for when I go to the therapist.
I am just wanting you my most beloved girl
to know all is well and let you know everything is okay
and as always serve my sweet Queen in the greatest ways
with everything I have and can to make you
so very happy and so very proud.

Michael P. McParland

A Tired Early Morning

After having been up the whole night
getting stuff done my sweet love
I am feeling a bit tired
but still have a couple of things to get done.
So after they are soon handled
and I can relax at last my dear sweetie
I wish I could lay back on the couch with you
to snuggle so tightly
and get some good rest for a short while.
Together regain our energy while sharing sweet kisses
and close our eyes before having to get up
and go out this afternoon for my therapist appointment
and a few other things my adorable Kira.

I am feeling quite tired on this early morning
my sweet and bloved Angel I'm in eternal love with,
and I will be thinking of you to give me
the strength finishing all that I must do.
God bless you my sweetie I will be sending
you all of the warmth strength and love that I feel
and just dreaming of the snuggles
I would love to be sharing while we're elaxing.
I love you sweet Kira and just want your company
as I finish doing everything,
and so then I could just hold you
keeping us both warm while feeling so cozy and safe.

Michael P. McParland

A Busy Night

It is a busy night my sweet love
with so much to do,
and when I do smile most often
it is because I think of you
and can feel all of your love as well.
As I get ready in a few
to get started on the large stacks
of dishes I have I wish I could
have you sit by and give me your company
just talking away all of the loneliness
we've both felt and had for so very long.
It is such a busy night my sweet dear
and I just want you here to hear your sweet voice
and hold you tight in my arms
when each little break comes
so I can hold you tightly within my arms.

It is a busy night my sweet love
and still with so much to do
I will be smiling as I think of you.
I will be thinking of your gorgeous smile,
and you in all of your beauty
with your kind heart and pure soul
which makes me feel special
when I think of and feel all of your love.
I will be thinking of our soon to be sweet kisses
and that is to come when we've reunited my love.
It is a busy night and I want to thank you so much
for being so wonderful and my only one.
I love you sweet Kira and know that is truth
because you are my Queen and the greatest there is.

Michael P. McParland

Night Note 241

A very wonderful and beautiful
good night to you my amazing sweet girl.
I have been up now after a long day
of sleep for a little while
but had to get something to eat
for my cramping stomach immediately,
all the while I was thinking of you
and my heart was calling out
singing to you of all my caring love,
and even though I was out of it
the whole day I was sending
all of my endless love your way
to fill you with comforting peace
and to let you know I was with you
and will always be by yours side
because you are my only one
and I'll never leave you.

I have so very much to do on this night
just catching up on what wasn't done
from last night and on this day my sweet love,
as well as try to clean up a bit
from some very old messes that built up
from when I had such a colassal breakdown
and never got going again.
I wish you were here to snuggle up with me
before I get started just watching
a bit more of my movie and having some wings,
and then to just have your company
as I get to work and hear your sweet voice
while I do all the things bit by bit
and step by step.
I love you sweet Kira and want to forever
be with you sharing this life
knowing that true happiness
isn't just possible but truly does happen.

So my sweet one have a great night
and feel me there holding you tight

giving sweet sweet kisses of pure love
and never ending divine lght
for you my sweet one.
Remember that you are not just
you Michaels number one
but my only one I appreciate,
cherish, and treasure to no end.
God bless you my Queen
please return so very soon
and never forget that I am always yours
and yours alone.

Michael P. McParland

I Love You My Sweetie (Dear Kira)

Kira you are my sweetie
I love and adore you.
You are my best friend
and true love who is my whole world
and as I woke up here
for just a few minutes
I wanted to tell you
that I love you so much
my beautiful sweet Angel dove
and you amazing my best friend
I want to be with forevermore.

Michael P. McParland

Passionate Kiss 4

Evening will soon be here my sweet dear
and to give light, joy, and hope
to your evening, soul, and golden heart
I send you this passionate kiss
of deep and true love with
a massive hug of pure comforting warmth.
I give you this passionate kiss
as I hold you near and dry all of your tears.
Please don't cry and feel not a fear
because you are my Queen
and I will always be here for beautiful you.

I love you my sweet Queen
and want to share with you this huge
and deep passionate kiss
of deep desire, appreciation, and total care.
I adore you sweet girl and want to
be with you now both of us knowing
everything is okay because our best friend is here.
I love you my Angel and want you to
know always you are my soul mate
and I am yours forever.

Michael P. McParland

You're Wanted And Needed

You are so very wanted and needed
my sweet and beautiful darling.
I need to feel your soft loving touch
as I see you smile so big,
I want and need your soft loving kisses
to help me feel better
and to give you mine too baby
so I can help heal your heart
and make you so very happy.
You're wanted, you're needed,
and you are deeply desired my precious lady,
you are my Angel and I need you badly
right here beside me sharing our company.

You are so wanted and needed
because you are my best friend, my hero,
and the most beautiful and amazing woman I've ever known.
I ache so badly and miss feeling
the great love and strength of our bond
as we sit talking, laughing, and sharing
our love with each other,
I can't wait to be holding you
giving all of myself and all that I have to you.
I miss you sweet darling and I need you
because I want you and love you.
You are so special and my heart will always
beat and sing for you because you are my Kira,
truly a divine Queen and Angel.

Michael P. McParland

Morning Note 212

Good morning my sweet
beautiful Angel,
I miss you so much and yearn
to be sharing sweet kisses
and very tight loving snuggles,
I wish I were here with you
keeping each other warm
on this cold January morning
feeling deep comfort and peace
as we lay back with our
best friend and dear sweetie,
just spending a bit of time softly talking
and sharing some good time together
before we get up to take on
this Monday before us.
I love you sweet Kira
and am dying to be right beside you
sharing our selves and this day
feeling so happy and safe.

I send you this morning note
with sweet kisses galore
to shower upon you
saying I love you my dear Kira
and care for you more
than you can know or imagine,
I adore you so deeply
and want nothing more than
to be with you on this winter morning
doing whatever we need to
and then wrapping up with each other
to snuggle in my big fuzzy orange blanket
and read a bit from one of our books.
I want nothing more than
my best friend I truly adore
and want to be with forevermore.

So have a good day
and stay warm on this morning

my sweet Angel dove so adorable,
feel my hand within yours
and remember that I'll never leave you.
You truly are such an amazing
and beautiful woman I treasure
and want to share my entire world
with you forever and ever.

Michael P. McParland

Soft Nighttime Touch

Sitting back reading and surrounded in quiet
and what I long for is your soft touch
with your sweet tender kisses,
to share our loving touches and warmth
would truly be magic because you are my Angel
and the only woman I crave and desire
to have right here beside me now.
Soft nighttime touches from you my dear sweetie
would make this night so perfect
and truly complete me.

Your soft nighttime touches, kisses,
and amazing caresses are what I want now
as we sit here and I read aloud
from whatever book we have both chosen to read together,
then I just want to give you my soft
tender nighttime kisses and touches
as I drift off to heaven listening
to your divine voice so beautiful and amazing.
I want to share soft nighttime touches with you dear
because I love you so deeply
and my soft tender and loving touches
will only ever be for my sweet Angel dove Kira.

Michael P. McParland

Sunday Evening With Sweet Girl

Good evening my sweet beautiful girl
and now that dinner is done
after a nice long rest on this day
I sit back and take time as always
to reflect on my sweet one I love and respect,
and yearn to have you here close to me
to share a sweet evening together
away fromm all the worries of the world.
I love you sweet girl and want to spend
a wonderful and sweet Sunday evening
reassuring, serving, and comforting you.

On this evening and the night
I plan on mostly reading
as on goodreads I have set a goal
for how many books I want to get done this year
as a motivation to get back fully
on something I truly love doing,
and I wish you were here to read with me
just sitting back holding each other
while getting lost in the beauty of
our true loves voice as they are reading.
This would be so very wonderful
to just be with you while sharing our company,
I miss you my Angel and just want to be with you.

So a very good evening to you my sweet girl
and know that your Michael loves you
and is with you always.
I will be dreaming of you as my heart
achingly sings out to you
telling all of my love and asking you
to please return home so soon into my arms.
I pray that you're okay and that you feel
all of my loving strength for you everyday,
and I pray for sweet Sunday evenings with you
to come for us soon and last for eternity
hand in hand in each others arms
feeling pure peace and deep joy.

Michael P. McParland

A Tired Sunday Morn

A very good morning to you my sweet love,
I am quite tired having been up
through the whole night watching some TV
but by far mostly reading,
I am not yet ready for bed though
as I still have a few chores to do
and things that I want to.
So as I go about doing all that I'm doing
you will be in my thoughts
and endless hugs and kisses I will be sending,
be filled with peace and deep contentment
knowing that your Michael loves you
and is right here for you.

I wish you were here on this tired Sunday morn
to give me your divine company
as I do my chores and then just shuffle around
doing the few things that I plan,
and I wish that you could be here
to lay down with me when in awhile
I catnap on the couch so I could hold you so tight
giving sweet sweet kisses of loving passion and light.
I wish you were here on this Sunday morn
making this tiredness in many ways diappear.

A very very good Sunday morn to you
my sweet beautiful dear
and I wish you the greatest of days.
You deserve all of the best
from the start of each day
to when you lay down to rest
and you are always in my prayers
sweet lady I so deeply miss.
I will be sending all of my love
and as ever dreaming of you
as my heart sings so loud
telling you that I am so happy and proud
of the Angel I so truly love
and will adore you through all of time.

Michael P. McParland

Angel My Angel

Angel my Angel how I so adore you,
miss you, and love you wholly.
You are amazing and so very beautiful
and all ways my darling,
and I just want to hold you through all eternity
giving all of my self and giving all that I have.
Oh Angel my Angel please hear
my hearts call and it's pleas to be with you,
hear all of the prayers to God it offers
for you to be okay always
and feel all of our loving strength,
oh Angel my Angel I will always be yours
forever and ever.

Michael P. McParland

A Beautiful Night With My Angel

Sitting back now ready to watch
the new cartoon of Simon's Cat I bought
and I'm wishing I were with you
to share the fun and the laughs.
To hold you so close and see you smile,
just stroking your hair while both of us
are filled with the comfort and peace
knowing our best friend is there.
A beautiful night with you
my Angel of light so beautiful and good
is all that I want and need as I sit here,
a wonderful night of sharing with you
is what my heart yearns for
because you are my true love
and your company is what I want more than anything.
I love you sweet girl and want to spend
a beautiful night holding and kissing you
my most beloved sweet Angel dove.

Michael P. McParland

Saturday Night With You

How I wish I could be spending
this Saturday night with you.
Preferably to have you here in my arms
watching movies, reading,
and snuggling while we lovingly talk.
I want to spend this Saturday night with you
my Angel of sweet love and great light
giving kisses galore and making you smile.

If at least though I could spend this night
talking by messaging each other here
I would feel happy just knowing you are okay
and to see your beautiful words.
I just want to in some way
spend this Saturday night with my best friend
both of us feeling so good as we shared
all of the love and time that we have.

So in spirit I am reaching out to you
and will spend this Saturday night
holding you in that way so very tight.
I love you so much and just want to give you
all of the loving care you deserve,
I just want to snuggle up with my only one
knowing that everything is alright.
So feel my sweet kisses and my arms around you
as in spirit I reach out and while I dream of you
send all of my strength warmth and love
to fill you up with deep and peaceful comfort.

Michael P. McParland

Love Note 576

Good evening my sweet Angel dove
I am now up after a long day
of sleeping off the tiredness
my medications give me
and feeling so tired from sadness I feel,
I am now up and I wish you were here
to give sweet kisses to
while I held you so close against me,
I want to look in your gorgeous eyes
and tell you you are amazing
and I truly love you my beautiful girl,
I want to just gaze in your eyes
while holding you close
so I can just be hypnotized
and drown in all of the beauty
I see within.

I hope that you had a good day
and felt all of my strength,
love, and deep never ending warmth
as I am always sending it to you
no matter what.
I dreamt of you and it was bitter sweet
because we were talking
but you were still so far away
and not right here.
So I'm left longing and yearning
as ever for my sweet Queen to be here,
I pray you'll come soon
so I can show you and help you feel
just how amazing and special you are.
I need you my Queen because I love you
and you are my everything,
and I have so much love to share
and tons I want to give
to my Kira so good and cool.

So my sweet one have a good evening
and don't forget ever that I'll never leave you,

I love you so much and only want you
within my loving arms,
because you are the one I so truly adore
and want to spend my life with
through all of time.

Michael P. McParland

Your Kisses

Sitting here listening to music
thinking of you and fun things
I love that I want to share
with my best friend and only true love,
thinking of all these things
and how I wish I were holding you tightly
while you gave me your sweet amazing kisses
and I gave you mine in return.
Just one amazing thing among many
I wish to share with my Queen
I so truly, deeply, love and adore.

I crave your sweet kisses,
to look in your gorgeous sparkling eyes
and tell you you're so very beautiful,
and to just look upon you
and be filled with the true love, butterflies,
and amazing tinglings you have always given me,
and so you can look upon me
with my loving looks and big smile
seeing all of the truth that I hold inside.
I just long for your kisses
and soft loving touch so amazing
because you are my Kira
and I so deeply love you more than you can know darling.

So as the night goes I will be
dreaming of your sweet kisses
and craving you my dear and beloved sweet lady.
You fill me with cheer
and make me want to go on to be able
to share our sweet kisses, snuggles,
and lives through eternities existence.
So feel all of my love with sweet golden kisses
knowing you truly are loved and deeply cherished.

Michael P. McParland

Simon's Cat

Simon's Cat is so cute and wonderful
it's where joy and laughs are at.
The best little cartoon that
will always lift my moods
no matter if I'm feeling up or down.
It is pure joy in all its truths,
both exaggerated or exact,
I love Simon's Cat where I just laugh and laugh.
Simon's Cat so lovable and a total brat,
his antics put pure joy within my heart.
Even though they are just animation
Cat and Kitten are truly beautiful and amazing.
Even as I think of it I smile big and wide
laughing to myself because it reminds me
of all my cats but most of all
my Pouncer who I miss so very much.
Thank you Simon's Cat you help so much
by giving me laughs when things are rough.

Michael P. McParland

Love Note 575

A very good afternoon
to you my beautiful sweet Angel dove
and God bless your gorgeous
heart of pure gold
and your wonderful loving soul,
you truly are a diamond in the rough
and apple of my eye.
You are my greatest reason to live
and for you I'd surely die.
I will always fight for
and defend you because
you are my Queen
and the one I truly love and adore
to no end,
I am yours through eternity
and will be your forever man.

I have finally just returned
from the store and picked up
a few very fun and nice things
along with gifts for my youngest
nephews special day just over a week away,
how I wish you could be here
to enjoy them with me
and read the book I've really
gotten into along with me
just taking turns to read aloud
while the other closes their eyes
getting lost in the story
drifting away on the voice
that gives us tinglings and shivers
and we feel is the best.
I love you sweet girl
and miss you so very very much
and pray that our day
will soon be upon us.

So have a good day my gorgeous lady
and know that my prayers

are with you as always.
Side by side hand in hand
I will always be with my Kira
the greatest and most beautiful woman
that there's ever been.
God bless you my sweetie
and know that your Michael loves you
and just wants to show you
the love and appreciation
you've always wanted
and are so deserving.

Michael P. McParland

Your Company This Morning

As I have been up on this morning
first getting my strength while recovering
from the headache I had going
I would have loved to have your divine company.
Then as I got up to take care of some chores
I just smiled as I thought of you
and wondered just how you are.
I wished and still do that you could be here
honoring me by giving me your snuggles,
sweet sweet kisses, and your divine company I so treasure.
I just want to be with you shutting out
the entire world looking into your eyes
and saying Kira I treasure, cherish, and love you.

I would love your wonderful company
on this morning as shortly I must head out
to get my youngest nephew some birthday gifts.
A nice chance to be with you
and keep each other so warm from all of the cold,
I want you and your company my only one
because you are my Angel and everything.
I sit beac here relaxing right now
and ache deep inside yearning
to be with you hand in hand enjoying
the quiet that is only filled with our voices.
God bless you my sweetie I pray that soon
you will be here sharing your amazing
and divine company with your adoring best friend.

Michael P. McParland

Early Good Morning Kisses

A very good early morning to you
my most beloved sweet Angel dove
and beautiful sweetie.
As I have been up for a little while
letting some medication beat off
the headache I was dealing with
I was dreaming of you and your gorgeous smiles
while sending you the sweetest of kisses
anyone could ever want to give
to their true love and best friend.
Now as I lay back to just let the last bit
of this dull throbbing subside
I wanted to tell you I love you
and want to be lying here holding you
while giving you these sweet sweet
early morning kisses saying thank you my Angel
you truly are thlight of my world
and fill my universe to the brim bursting with love.
God bless you my Kira you and your love
are the most amazing miracle I could ever
dream of and hope to have through all time.

Michael P. McParland

Early Morning Bedtime

A very good morning to you
my adorable and beautiful sweetie.
I have been up the whole night
distracting myself with various things
and catching up on some good reading
as for a good while I've wanted to.
The entire time you were within my heart
and in my mind a very good part of the time,
I'm always thinking of you rather
in my concious mind or just having that feeling
that something is missing without my beautiful Kira,
always thinking in all ways I wish you were with me.

I am now very tired my Angel of true light
and love I deeply and completely desire,
so it is now bedtime to get at least
a few hours rest for your adoring Michael.
I wish so damn much that you could be here
right by my side to snuggle up tight,
and then give the sweetest of kisses
with big loving smiles before you rested
your sweet beautiful head upon my chest.
It is bedtime for me now here on this morning
and I just want to snuggle up lovingly
with my best friend and true love.

So I bid you goodnight on this early morning
and I send you all of my warmth and deep love
with the sweetest of kisses to fill you with strength.
As my head hits the pillow and I close
my tired eyes I will be wearing a happy
and weary smile as I see you.
God bless you sweet Kira my divine and eternal Angel
and know that I will always be yours
wanting to give you all of the deep
tender care and true love I have in store just for you.

Michael P. McParland

Night Note 240

Sweet sweet kisses to you
on this winter night
my sweet beautiful girl.
I'm sitting here not doing much
at all right now and in a few
I will open up one of my books
and start reading as I love to do.
You have crossed my weary and taxed mind
many times on this night,
and you are forever in my heart
wherever I go and no matter the time.
I adore you sweet girl
and am so very lost and lonely without you,
I don't want you to solve all
of my problems but just be here
by my side as my rock like you've always been,
I just want you to be here with me
hand in hand and your arms wrapped
around me as we read whatever book
that we chose.
I love you my sweet one
and my heart calls to you
asking you to forever be my sweet girl
and to return home so soon in my arms.

A very good night to you my Angel so good,
and I can feel your golden heart
filled with true love and light from here.
Feel all of my love as I send it to you
and never forget that I am right here
yearning for my precious Queen,
her name is Kira and you are
the most beautiful and amazing woman
in heaven or on earth.
I love you to no end
my sweet Angel dove
and I will be waiting for you always
because I am yours alone through all of time.

Michael P. McParland

Nighttime Desires

Nighttime dreams and desires
fill my heart, mind, and soul
of being on a beautiful beach
with a big fire to keep us warm by the sea.
I am holding you so very close to me
telling you that you are more beautiful
than all the stars, moon, and sea before us
that we marvel at and see.
Dreams of sweet kisses as we sit there
on a blanket keeping so warm
feeling completely comforted, safe,
and content knowing that we will never again be alone.
Nighttime desires of you my sweet Queen
fill me up to overflowing and one day
we will be on that beach kissing and snuggling
sharing the most beautiful and loving night
anyone has ever known or imagined.

So even as we could not have that exact dream
on this night my dear sweetie so bold and bright
I am still filled with desire and cravings
to spend this night with you having a good time
just having you near.
To put on so very warm clothes and for a bit
stand outside looking up at our friends
the stars and the moon and feel all the kisses
they blow us as they always have,
and I'll tell them to shine extra bright
just for you and give you the biggest of smiles,
then just keep each other warm in the tightest embrace
of pure joy and true love.

I am filled with nighttime desires and dreams
of you my sweet beautiful Kira
because being with you is so truly magical.
To just sit and talk like with you I've always loved
is the most divine and amazing thing there's ever been,
to just hold you so close to me
and look look in your gorgeous sparkling eyes

sends my heart aflutter because after that
the most passionate and loving kiss ever.
I crave you my sweet and desire to have you
right here with me for an amazing night
of being together just spending time.

Michael P. McParland

Look Into My Eyes

Lay back with me my sweet dear
then just look deep into my eyes
and see all of the truth
of pure and true love that I hold for you.
See all its tenderness and all my deep care,
feel surrounded in all of my warmth
as with my smile I say I love you my dear.
God bless you my Queen your so special to me
and before I give you sweet loving kisses galore
look deep into my eyes and you will see
the great adoration, care, and loving appreciation
that I have for you my Kira so beautiful
and amazingly good.

Michael P. McParland

Keep Warm Together This Evening

A very good early evening to you
my dear beloved sweet I so adore.
I have just arrived home from my therapist
and picking up some items for a simple dinner tonight,
and first of all before other things
I wanted to send you sweet sweet kisses
and in spirit hold you closely
while telling you so tenderly and soft
that I love you so so very much.
I wish you could be here right by my side
to cook dinner for and give all of my love.

It's not a really cold evening here so far
and nor will it be the coldest of them all,
but none the less I want to wrap up with you
in my big fuzzy orange blanket and hold you so close,
I just want to get so comfy and cozy with you
the beautiful woman I love more than anything.
I miss you sweet Kira and need your sweet kisses
and then give you mine on your sweet and soft pink lips,
I want to give you deep comfort
and make you feel like the most important
and amazing woman that you are my sweet Queen and Angel
I love, long, and yearn for more than anything.

So please my sweet one and return to me so soon
so we can keep warm together no matter the season.
I want to see you so happy and always smiling
as I serve you in all ways and give you
all of my kisses with the tightest of snuggles.
I love you sweet Kira and it isonly you
that I want and desire because you are
my best friend, soul mate, and true love
I have cherished and adored since the start of time
and I know have wanted to be with as husband and wife.

Michael P. McParland

Love Note 574

A very good afternoon to you
my Angel so very beautiful and so very good.
I hope you are well and that my
not feeling good and not being on
has not been putting you through hell,
I am so sorry sweet one as earlier
still feeling so very tired from my migraine
I lay down after eating a small something
and only just got up in time
to shave my head and take a nice shower
before having to run out to the therapist.
So before I have to go in a few minutes
my beautiful darling dear
I wanted to stop in and tell you
I love you more than anything.
I cherish and treasure you
and will be yours forever and ever.
God bless you my sweet Queen
and will write you as soon as I arrive home.
Feel my hand within yours and all
of my sweet kisses so good
to fill you with all of
my deep loving strength and warmth I have for you.

Michael P. McParland

Morning Note 211

A very good morning to you
my sweet beautiful Angel
and I hope you were okay yesterday
and it was a good one for you.
I hope you felt all of my warmth,
strengthand love fill
and surround you wrapping
you up so very tight,
I got very sick yesterday
and was not able to write,
I hope that you felt my hand within yours
as I reached out to take it
and hold onto you so very tight
and give you deep comfort
in all of my love and deep care.

Now awake after a very hard day
and night of a sickening migraine
I am feeling most weak and a bit shakey to boot,
I wish that I could sit back with you
to get so comfy and snuggle
as I eat something to help rebuild my strength
and then in a bit join me for a refreshing shower
all before I go to the therapist
on this late afternoon my dear lady,
I wish I could sit back
and take it easy with you just getting
better in full through this day.
I love you my sweetie and it's
your company I want adn you here beside me
just resting up some more and fully relaxing.

Have a great morning my beautiful Kira
and know that your Michael loves you
and is right here dreaming of you.
I am praying your okay and that you feel
me right there beside you giving
all of my love and deep caring comfort
and that I would give anything

to be with you spending time
and making you feel so very good
in all of my endless love.
Have a good day and remember
I am right here waiting with wide open arms
and a wide open heart full of acceptance
and kindness for my only one.

Michael P. McParland

Dreaming Of Your Kisses

Lying back down very early this morning
because I was still feeling so tired
from my medications and I wanted
to close my eyes and just feel all of
the great warmth and love you were
and still are sending,
I just wanted to dream of your Angelic voice,
your soft loving touch, your tender kisses
I so deeply crave and want,
I wanted to close my eyes and see
my very beautiful, cute, and sexy Queen Kira
within my dreams seeing all of the things
I want to share with you so very very soon.

I just dreamed of your soft tender kisses
with the most loving caresses as I drifted
from light sleep to deeper states baby,
either way sweetie I dreamed of my dear cutie
and just want you to lay with me now
as I close my eyes a little bit longer,
I am going to drift off a bit more
so I can see my best friend and true love.
So as I dream of your sweet beautiful tender kisses
feel all of mine shower upon you as I send then endlessly,
feel my arms around you and remember your Michael
loves you and will never leave you.
I pray you will come soon so we can share these
sweet kisses each day just smiling at each other
as we snuggle the hours and minutes away.

Michael P. McParland

I Am Yours

Sweet sweet Kira I want you to know
that I am yours and yours alone
and I will be forever because you are my only one.
There is no reason to worry or ever feel jealous
because you're the only one I want to be with
through all of eternity,
I only need you my beloved and gorgeous sweetie
and I just want to be holding you here
right now and far beyond forever and ever.
I love you sweet lady and please be my baby,
please just love me for me as I love you
my beautiful lady as I know you do unconditionally.
I only want you and am yours forever without
any reason for you to doubt, worry, or feel jealous
because I am your Michael and baby through eternity.
You are my Angel, my Queen, my hero, my soul mate,
and my amazing best friend,
I want to be your Angel, your King, your hero,
your soul mate, and your best friend forevermore
as we walk side by side hand in hand
supporting each other feeling so very happy and proud.
You are my rock and the one I love and adore to no end
and I want to marry you being your forever man.

Michael P. McParland

Longing Smiles

Lying back catnapping off and on
and sending you loving smiles
as my heart sings out to you
telling you all about my love and care,
to give you deep comfort
and ask you to reach out to me as well.
I need you sweet lady and want you
to please stop being mad and have understanding,
I am sending you longing and loving smiles
to give you deep comfort and tell you
I love you deeply and more than you know
my sweet beautiful Kira I'm so thankful for.

I am so proud of you adore you
for the sweet Queen that you are
and want forever to give you all of myself.
I love you so much and never want
to be with anybody else because you are the one
I've always cared for and loved.
You are the one I want to be with forevermore
because you truly are my sweet Angel dove.

Michael P. McParland

Catnap Desires 2

I was feeling so very tired
before dinner my sweetie
feeling exhausted again from my medications
as well as all the stress and aching sadness,
so I decided to just lay back and close my eyes
for a long catnap and dream of my true love
and desired woman among other things,
you above all though and the conversations
I want to share with the tight squeezes
and sweetest ever of kisses.
I was fill with catnap desire which upon waking
are even stronger to be with you spending time talking,
kissing your soft lucious pink lips,
then snuggling with some good reading,
music, and a film both of our hearts and souls
healing together and on their way to being fixed
as they beat together giving us cheer that has never been equaled.

I so often catnap from feeling worn down
from the many things we've talked about,
but above all so very much to dream of you.
To see your bright shining smile
and feel your soft loving touch
with your tender kisses I want and need to have,
and to give you mine in return
with the softest caresses and loving whispers
of love you've ever imagined and known.
I feel those desires while catnapping dear
and as I said they are ever much stronger right now.
I just want your acceptance and to feel your true
unconditional love as you wrap your arms around me,
and to experience the love that soul mates feel.
These are my catnap desires because you are amazing,
but above all else these are my true desires
because you are sweet sweet Kira my dear Queen and Angel.

Michael P. McParland

Love Note 573

Good afternoon my sweet Angel dove,
I have just returned home
from picking up a prescription
and Target as usual was grossly
under staffed and the lines were horrible.
I thought of you as I waited
for my pills to be filled,
and while I was in the very long line
wishing you were there
to keep each other company
and to try and make you smile so big
while I made stuoid and cheesy jokes
just like I always did because
I love your laugh and making you happy
giving you light in your heart
and seeing your bright shining smile
and gorgeous eyes sparkle.
For you I am so deeply yearning, longing,
and horribly aching to be with you
letting you know you are cared for,
appreciated, loved in full,
and truly amazing,
Kira my sweetie my heart melts for you.

I love you my Kira and want to
be with you showing the fire
of passionate love that burns
for you eternally,
you are my bright shining star,
my northern light who helps guide me
giving me reason and hope to live.
I adore you my Angel
and hope that you realize
just how much you mean to me
because I love you more than anyone knows
and that includes you because
there are no words to describe
the immense joy and pride I feel
for my only one.

God bless you my dear I will always
be yours and yours alone
because you are my soul mate
and best friend I have loved
since the beggining of time
and wanted to spend existence with
feeling complete, safe, and whole
holding you so tightly within my arms.

Michael P. McParland

Next Season Is Ours (Buckeye Pride)

A crushing end to the year,
heart breaking and humiliating in full.
The offene died while the defense thrived,
but with no help got very tired
giving up 31 by the time the clock expired.
The fake fans continually blame
our QB JT my favorite Buckeye and my man,
but all season the line was young and somewhat weak,
and the WR's never had that true down field guy
or the one to rely on in the hard times.
Barrett, Samuel, and Weber were the only guys
we could truly count on and had their struggles.
Despite any bad we were still one of the greatest
in the entire land going 11-2 only looking terrible
in that heart breaking and humiliating playoff loss
to the eventual champion Clemson.

So as next season we return amazing talent
and this time with tons of experience
as well as great recruits who will contribute
I can't wait until next season when we will
get revenge and dominate all that stands before us.
Our team will work harder than ever,
the offense back on track in full
after that loser Tim Beck is no longer our coordinator,
we will be the machine we were in 2014.
I can't wait for next season when scars are healed
and the haters mouths will be sealed.
Hang on Sloopy because the Buckeyes are back
and will make us so proud forcing the will
of the scarlet and gray all the way
back to the promised land to lift the trophy high in hand.

Michael P. McParland

Winter Morning In Want Of You

A very good morning to you
my sweet beautiful girl I adore.
It has been such a hard time
for a good while now
and it never ever gets easier when I'm missing you.
It is another very cold Minnesota morning
and I am in want to be lying back with you
holding you ever so tightly saying
Kira I love you no matter what and I will always.
I am in want of beautiful you my gorgeous Angel
I adore and love so true,
I am in want of you on this winter morning
to be spending time both of us feeling so very good.

I am so tired as of late from so much stress,
depression, and sadness over a number of things,
I quite often have been feeling sick
and lay down to rest and defeat those spells.
As I lay down I just dream of you
and desire for you to be here holding your hand
and holding you so close to me.
I do not feel sick at all right here and now
but I ache so deeply inside missing my Queen
and feeling worried about a number of things,
I am worried about you and if you are okay,
and I worry about if I'll ever see you again,
and among those things problems that are
worrying me deeply in so many ways.
I am in want of you my gorgeous girl
to hold so very close and give you sweet kisses
both of us feeling so secure and safe.

Good morning my Angel and may God bless you
in all ways to feel all of my love
making you so warm and in all of his love
and mine make you so proud and happy.
I will be dreaming of you and sending
all of my strength, warmth and love
with huge huge and massive sweet kisses galore

to shower all over you covering you everywhere.
I adore you my Angel and my heart
melts for you endlessly daily
and I hope you know you are not alone
because I am right here waiting
and wanting to give my whole world in full
to my only one I ant to be with
side by side hand in hand forevermore.

Michael P. McParland

Winter Night Dreaming

Lying back on this winter night
dreaming of the woman I love,
desire, adore, and truly admire.
I am dreaming of you
and filled with such longing
to be wrapped up with you
under the covers keeping each other
as warm as if sitting next to the
most comfortable fire feeling
as comfy and cozy as could ever be possible.
Lying back here dreaming of you to keep
this winter night feeling less lonely
and to quell the aching so bad inside me.
I'm dreaming of you and sending you
sweet sweet kisses with big hugs of warmth
to give you deep comfort and peace
with all of my endless love.

It's a cold winter night and I miss you so much,
I am just lying back dreaming of your big smile
and feeling your soft loving touch.
I'm lying back here and speaking outloud
as I look at your picture sweet one
and saying I love you my Kira
and hope that you know that I care for
and appreciate you more than anyone
in this world can comprehend.
I'm dreaming of you with a silent prayer
that you are okay and that so very soon
our path will be brightened and cleared
to reunite and have all the joy we deserve.
I'm just dreaming of you as I lay back here
hoping you are alright and know truly
in your beautiful heart and soul
just how wonderful you are and are cared for.

I am just lying back now with deep aching,
and longing within me in full,
and as I am dreaming I yearn only for you.

To shower in kisses and just hold closely
feeling your body pressed up so tightly,
to be sharing our warmth in joy brightly smiling.
I want your love because you are amazing
and I just dream of all the things we will be doing.
For you I am filled with such endless desire and passion,
I am dreaming of you because you give me reason.
It's a cold winter night and I just want
my dear best friend right here by my side,
to share closeness and the most loving kisses
just keeping each other warm in body,
heart, mind, and soul as we give of ourselves
being there for each other and spending time.
You are the worlds beauty and my dream in reality,
so I lay here this winter night my heart singing out
saying Kira I love you for you are my Angel, hero,
and best friend so truly amazing.

Michael P. McParland

I Just Want To Be With You 3

I just want to be with you now
my sweet Angel dove,
to look into your gorgeous sparkling eyes
and be hypnotized just feeling my heart melt
as I drown on true bliss from all the beauty inside.
I just want to be with you now
seeing your bright shining smile
and being filled with the light and hope you give me,
I want to be with you now giving you
all of the endless tender and caring love to you
that overflows from my heart and soul
and I feel non stop down to my very core.
I just want to be with you now both of us
free and clear from all the loneliness
and the pain that it gives.
I just want to be with you now having dried
all of your tears and reassuring you
that everything is okay and I'm so proud of you.

I just want to be with you it is true,
I am yearning and longing so deeply
to have my beautiful best friend Kira
right here beside me snuggling, kissing,
and lovingly talking.
I just want you dear sweetie because you are my everything
and I simply adore you because I know
what a wonderful blessing and gift that you are.
You are amazing and wonderful and you fill me
to bursting with joy, hope, shining light,
and all of your kind loving strength
which makes my heart beat and gives me strength.
I thank you my Queen for being so great,
thank you for just being you
and I just want to be with you right now
and forever side by and hand in hand
to never part ever again.

I just want to be with you the one
I have loved since the start of time.

The one I knew completely through my soul and being
that I loved since I met you
and looked into your eyes feeling the connection
and bond that we share forming already
and was so strong before we realized.
I just want to be with you giving myself
and all that I have showing you
that you truly are beautiful and deserve
the best and endless love no matter what.
You are my Queen and sweet Angel dove,
and I love and adore you to no end.
I just want to be with you
and what reason do I really need
other than that I love and cherish you
and want to give you all the very best
always striving to make you so happy and proud
as I honor you my Kira so supreme and rad.

Michael P. McParland

Evening Note 122

Good evening my sweet
beautiful best friend
I love and adore unconditionally
to no end and is my hero,
I just arrived home from the store
to buy some birthday gifts
for my oldest nephew
all of them like you
I so dearly miss.
It was extremely crowded
and the lines at the register
were extremely long,
so now after taking some time
to let my anxiety calm down
I wanted to stop in and tell you
I love you so much
and more than anything.
I just want you here to enjoy
this very simple dinner I'm cooking
and then to spend time
snuggling up so good and tight
sharing sweet kisses so diving
and with deep tinglings
feel all the love in the air
that we so deeply feel
and share with each other
our soul mate and beloved best friend
that will always be there
providing true love and care.

I wish you were here
to make this Saturday evening
so warm and amazing,
you truly are a miracle
and so very stunning.
I miss you my sweetie
and will be thinking of you
in my heart, mind, and soul
as I go about this evening

getting done with everything I want to do.
I love you my Queen
and only want you
to spend the most pleasant
and wonderful evening
just holding each other close
knowing everything is alright
because I have my sweet woman
and Angel of true loving light
right by my side not just through
this night but as all time
together celebrating the most
pure and true love that has ever been known.

Michael P. McParland

I'm Sorry, Thank You My Darling

I was in such great pain
very early this morning sweet love,
my body still hurts quite a bit
but I will make it through
with all the kind and amazing
loving strength that you send.
I'm sorry sweet one I dropped off
for so very long and I thank you
for all of your understanding
for how I am feeling and I want
to thank you for all of your kindness,
your caring, and all of the deep and true love
you have for me and are sharing.
Thank you my sweetie I so deeply love
and adore you, I will always be thankful
for my amazing Angel Kira
who makes my heart sing
and in my northern star so brightly shining.

I am so sorry sweet love if
I have let you down today or failed you,
I am so sorry if you have been worried
and have been down wondering what is happening.
I am so sorry I am feeling very awful
and I want to thank you for being so awesome.
As I lay here in much pain this early morning
I truly could feel all of your warmth
and deep love fill and surround me.
Your shining light and deep endless love
filled me with such peace and joy to
be able to rest for awhile,
I'm just so sorry I drifted off for so long my dear Angel.
I wish you were here to hold and make it up to,
and with still so much pain throbbing
in my body I wish I could snuggle with you
to cure all of our achings as best as possible.

I am so sorry my best friend
so wonderful, amazing, and charming.

Thank you as well for being my rock
and my hero I adore and respect.
May God bless you for being such
an amazing person and for all of the
kind caring love you give to so many.
I love you my sweetie and am so thankful
for you in endless ways my dear Kira
and it will only ever be you
I want by my side to hold forever
sharing our lives and all that we have.

Michael P. McParland

Night Note 239

Lying back right now
my best friend and sweet love
as the arthritis has flared up
very bad tonight in my neck,
knees, hip, and somewhat in my back,
it's all giving me a bit
of a tummy ache
and lying here mostly awake
I dream of you and hope
you are okay and not feeling
any pain running through you.
I pray you are well
and feeling all of my warmth
and strong loving care,
and I just wish you could be here
by my side for sweet kisses
and snuggles galore.
I'm dreaming of you
and hope that soon you'll be here
so I can be kissing you all over
and holding you so very near,
I want to be kissing your lips
and then look into your gorgeous
sparkling eyes to say Kira you're beautiful
and I truly do love you so much.
On a night like this when the pain
in so many ways is so bad
I want you in my arms
to give each other the comfort
and love we both desire and need,
a peaceful comfort and loving care
we desire from each other.

Lying back now praying that soon
my stomach will be better
so I can get up to enjoy
the rest of this night as possible,
and as I do everything
I will be wishing I were with you

seeing you smile and know I could
reach out to take your hand
at any point either of us
so wanted or needed.
God bless you sweet Kira
and be filled with deep peace
knowing I'm always here for you
and can't wait to be with you
holding you so very closely
giving you the sweetest kisses ever
and thanking you over and over
for being such a beautiful
and amazing woman.

Michael P. McParland

A Wonderful Night Together

Up now my love froma good rest
and what I long for is a wonderful night
with the beautiful woman I love most of all.
To first just lay here for a bit under the covers
to snuggle up tight and share sweet sweet kisses
and soft caresses of pure care and delight.
I want to start this night off in each others
warm loving arms feeling all of the care
that we hold fill the air brightening
our hearts and our souls just making us smile so big.
I adore and love you sweet Kira so beautiful and good
and want to spend a wonderful night together
having such fun hearing your sweet divine voice
and spending the best quality time.

After lying here under the covers with you for awhile
I just want to sit up with you to read a book,
talk for a bit, and watch a fun film you have picked.
Just being with you and sharing such times and things
is what makes life so wonderful overall
and especially to share them with your Angel,
your soul mate, your Queen, your best friend and amazing hero.
I love sharing all the big and little things with you
because you truly are so amazing and special.
God bless you my Kira you truly are a rare
a precious treasure, a diamond in the rough I adore completely.
I want to spend this night with you making you smile
and to make you laugh because it is heaven
to be able to make you so proud and happy.
Again God bless you my sweetie I love you
immensely and completely,
I just want to spend a wonderful night
holding my guardian Angel of sweet shining light
and true love both of us feeling so safe,
peaceful, and completely warm.

Michael P. McParland

Wanting My Queen

Back now from the store my sweet girl
and I'm still feeling a bit stressed
from the big crowd that there was.
It is frigidly cold and later tonight
it will drop way below zero,
and I am just here wanting my beloved Queen
by my side and tightly in each others arms
keeping each other so happy and warm
in all of our true and pure love.
I'm just wanting my Queen as I am about
to sit back and have a nice pizza to fill me up.
I'm just wanting my Queen because she
truly is my only one and everything,
she is my greatest dream in reality
and I want to marvel at her beauty
while looking in her gorgeous eyes
telling her Kira I love you
and want to be with you as husband and wife
through all eternity.
She is my Angel and my hero best friend,
I just want my dear Queen to spend time with
and give the sweetest ever of kisses.

Michael P. McParland

A Peaceful Afternoon 2

Getting up now dear after resting
for a short bit to get rid of a
bothersome stomachache
I want now a peaceful afternoon snuggled up
with sweet beautiful you to stay warm
and share all of our wonderful caring love.
I will be headed out to the store
in a couple of hours my one and true love
and I just want to sit back with you
to give sweet kisses to and hold close
just feeling you soft and smooth loving skin next to mine.
I just want a peaceful and loving afternoon
spent wrapped up with you to chase away
all of the sad loneliness we both feel
on this very frigid winter noon.
I want both of us to be happy and so filled
with overflowing peaceful joy
as our hearts heal just holding each other
and knowing everything is okay because our best friend is near.
Kira I love you and just want to be with you
spending a dreamy and peaceful afternoon
with my hero and Queen I so truly cherish
and adore in full to no end forevermore.

Michael P. McParland

Morning Note 210

A very good morning to you
my sweet beautiful Angel.
I'm sorry I slipped off through
the whole night when I
had wanted and planned to
write you a long email
containing so many thing I want to say.
My alarm was set but I don't
recall it ever going off,
and I never sleep through
my one medicine like that.
I am so very sorry my sweet Queen
and I ask for your forgiveness
with the deepest, sweetest,
and most sincere apology,
I love you my darling Kira
so beautiful, amazing, kind,
caring and sweet with your
heart of pure gold and bright shining soul.
Please forgive me because
I would never hurt you
or blow you off intentionally.
You are my sweet Angel dove and everything.
You truly are the only woman
I'll ever want and need forevermore.

I will be getting up to go out
shopping very soon,
the shopping I could not
get done on Tuesday because of
the awful weather and roads.
I wish you were here to spend time
side by side hand in hand,
then I could pick up something
special for you and make
a wonderful treat and meal
for my beautiful Queen I so adore.
My heart truly does melt for you
every single day for you

time and time again.
My heart beats for you
and along with my soul
they are in your hands as my gift
through all time because it's only you
I want to have holding them.

So a very good morning to you
my sweet beautiful woman I love and adore.
Feel my hand in yours
as I am right there with you
in spirit holding you so close to me.
God bless you my adorable sweet Angel dove
for you are my true love and northern star,
if I were able and could
I would give you on a silver platter
the entire world as well as
the moon and stars too.
In my heart and soul I know without doubt
that you are one of Gods my beautiful
and special Angels he gifted to earth
and I am so thankful he brought you
into my life as my best friend
and true love I will cherish
and treasure forever
and I hope to have you as my wife
and I'll be the most faithful
and honored husband ever.
I love you my sweetie and hope
you are okay feeling all of my warmth,
strength, endless love,
and sweet kisses with smiles.
Have a great one and remember
I am always right here and there with you
because I want no other ever
and will always be yours my dear Kira
forever and ever.

Michael P. McParland

Keep Warm Together

Come my sweet one to be with me
and sit back in bed to get cozy
all snuggled up under the covers
while we spend some time talking,
reading, and watching a movie.
It's an extremely cold night here
in central Minnesota and I want to
keep warm with my beautiful and beloved
sweet divine Kira.

Come my dear sweet one and let's
get so close sharing sweet snuggles and kisses
and perhaps sing to each other
while so brightly smiling
and basking in the glow of our Angel
who we find so truly charming.
Come my dear Kira and let's stay
so very cozy and warm with one another
feeling so full of light and hope
in all of the joy we give to each other
and all the love that we've always shared
and unconditionally felt.
Come sit back in bed with me my sweet dear
for you truly do make my heart melt.

Come my dear sweet one for I only want you
to be here with me looking deep in my eyes
to see the truth of the love in my soul
as I share my whole world with you,
I want to gaze into yours and be hypnotized
as I share my whole world with you
and pray that you have the faith in me
to share all of yours as well.
I love you so much and want to hold you so very tight
just feeling so complete and cozy
with my dear soul mate, hero, Queen,
and best friend saying I love you my Angel
as we sit back and hold each other
feeling so safe and warm with the one

we have dreamed of forever.
Come my sweet dear for we truly do
love and need one another.

Michael P. McParland

Love Note 572

Good late afternoon to you
my sweet beautiful girl.
I hope your day has gone well
and that you have felt all my love
and been thinking of me as I've thought of you.
I've just been relaxing and watching
YouTube videos the whole time
wishing you could join me for the laughs,
entertainment and learning
while spending the most wonderful
and fulfilling time with my dear best friend.
I adore you sweet Angel
and just want to tell you
you're a peach and amazing,
you are the apple of my eye
and a precious rare diamond in the rough
shining so brightly above all,
you are my northern star
and you fill me with light and true hope
that there will be true joy in this life.
I can't wait to be with my Queen
feeling whole and complete
as I hold and serve you giving
all of my love and my everything.

As evening will soon enough be here
I wish we could be spending it together
from this very moment to when I cook dinner
and then a peaceful time holding
each other and so sweetly kissing.
A peaceful evening with my Kira
fills me with such longing and yearning
because I need my Angel who is my everything.
Just know that I love you so very much
and that I'll be by your side forevermore,
you are my most beloved and my favorite person
in heaven or on this earth.
God bless you my dear one you truly are
a divine and exquisite blessing and gift

I want to have in my life through all time.
I love you my Kira and am reaching out
to hold you so close in spirit,
hear my hearts love songs as in full voice
it sings out to you.
Have a great rest of your late afternoon
and evening my sweetie
and never forget your Michael is here
waiting to give you my all and my best.

Michael P. McParland

A Quiet Afternoon With Sweet You 2

After a nice hearty lunch
and feeling all filled up,
I wish you had been here to buy lunch for
and now to snuggle up tight on the couch.
To get so very cozy and so very warm
as we wrapped up in a nice big blanket,
together just be so very comfy
wuth our best friend and loved one
enjoying a nice peaceful and quiet afternoon
talking and relaxing with each other.
To so softly talk and then have you
rest your head on my chest while
I rubbed your back and stroked your hair
listening to some classical music or an audiobook.
I love you so much and want to spend a peaceful
and quiet afternoon with sweet beautiful you.
I adore you my Kira and just want to hold you
feeling your heart beat with mine while seeing you smile.

Michael P. McParland

Good Morning My Sweet Beautiful Kira

Good morning my sweet beautiful Kira
and I hope you slept well also having
some good dreams of us in each others arms,
I miss you so very much and ache so very much,
believe it or not you are my Queen
and the one I truly love more than anything.
I just arrived home from an extremely
early dentist appointment to take molds of my mouth,
and now I'd just like to sit back
with my only one and hold you so very close
while you drank your hot coffee,
I want to spend this early morning keeping each other
so very cozy and completely warm.

Good morning my sweet beautiful Kira
and I hope you have a sunny and amazing day.
I will be thinking of you as I truly long
and yearn for my one deep down in my heart and soul,
I hurt for you in more ways and for more reasons
than you can possibly know,
I wish I could be comforting and taking care
of you each and everyday right here.
As you go through this morning feel all of my strength
and remember that your Michael so very deeply
loves, adores, and cherishes you completely,
you are such an amazing and beautiful woman
I want and desire fully because you are you
and I am in love with the woman I've always known.
Good morning sweet Kira and may God bless you
to feel me right there beside you with my arms
wrapped around you so very loving
and giving you the sweetest most loving kisses
you could ever desire and imagine.

Michael P. McParland

Rest Your Head (So Cozy)

Come sit with me to spend
an extremely wonderful and beautiful evening.
Let's share some sweet kisses
and so tightly snuggle while you
rest your head on my lap, chest, or shoulder
getting so comfy and cozy as we wrap up together.
I love you sweet lady and just want to
be with you giving you deep reassurance
and peace as I hold you so closely
drying your tears a giving you all the love
that you've always wanted and need,
Rest your sweet head on my lap, chest, or shoulder
while I give you all of the love I have
my sweet precious Angel.

All I want is your company because you are my sweetie
and I truly do find you so simply amazing.
I want to make this night so special and cozy
being with my sweet beautiful Angel
as you rest your sweet head while I
stroke your long gorgeous hair and rub your back
always letting you know I so deeply care.
Come sit with me dear and rest your head on me
so I can tell you and show you how deeply
I love you while we get so very comfy and cozy together
just spending time with our true love
and best friend we find so very special.

Michael P. McParland

God Bless You My Queen

God bless you my Queen
so very beautiful, sweet,
and totally amazing.
You light up my life
and give me so many reasons as well
as a true desire to live.
God bless you my divine sweet Queen
I can't wait to hold you
and give you the sweetest,
most tender passionate kiss.
You are my bright shining northern star
and I want to join you among
the moon and the stars forevermore
celebrating our endless true love
as husband and wife through eternities time.
God bless you my dear Queen
you truly are such a blessing and gift
and I adore you to no end.
I love you dear one for you are a sweet Angel
so truly wonderful and divine
and I will be yours my sweet Queen through all of time.

Michael P. McParland

Love Note 571

A very good afternoon
to you my sweet beautiful girl.
Now that my headache is gone
I must get up and get myself
into the shower and then soon after
ready to leave for my appointment.
I have to leave very early
to pick up my prescription
and the roads are very icy and awful.
I wish more than anything
you could be here to join me
and have your awesome and blessed company.
I'm excited to wear my new Falco shirt
and just want to be with my Kira
who is my whole world.
So feel all my love as I reach out to you
and know that there is no other
I'd rather have with me
to share all our lives.
I love you sweet lady
and will be thinking of you and smiling,
so feel my hand in yours
and all the sweet kisses I send
in pure adoration and care.

So remember sweet lady
that I am here for you
whenever and for whatever.
I'll never leave you because
you are so beautiful
and so very special.
I can't wait to be with you
sharing each others worlds
and finally being with someone
I trust in full,
you are a diamond in the rough
and my best friend hero for sure.
I love you my sweet girl
and look forward to life with you forevermore

because you are the greatest
and my true hearts desire.

Michael P. McParland

Good Morning My Gorgeous Angel

A very good morning to you
my gorgeous wonderful Queen and Angel.
Finally arose around forty five minutes ago
and had to immediately get to taking care
of a problem that has persisted since yesterday morn.
I thought of you the entire time
just sending all of my strength warmth
and love to my beautiful only one.
My nerves are up as this problem
is still being taken care of
and I just want to be snuggling up
with my gorgeous Angel I love so very much.
I wish you a good morning sweet one
and hope all is well where you are
and I am sending you sweet sweet
good morning kisses to say I love you my dear
and hope your day is joy filled and supreme.

I wish you were here to make this morning so special
and just spend the day with each other from
snuggling right now so warm on the couch,
to taking a nice and warm refreshing shower
as soon as I get the info I need from the doctors office.
Then a nice day just spending time doing
all of the things that we enjoy and love
till I have to go to the therapist in the afternoon.
These dreams that I have of being with you
side by side hand in hand is what's helping
to make my morning good and get on top
of all my anxious nerves.
I wish I could be with you both of us smiling
while so lovingly talking making this morning good
with my divine Kira I adore completely.
Just feel my loving arms wrapped so tightly around you.

So a very good morning to you my gorgeous
Angel and Queen I so adore, cherish, and love,
I always will forevermore because you are
the lone desire of true love that fills

my heart and soul which you both hold.
Godb bless you my Queen you truly are
in every single one of my prayers
and I worry about you and hope you're okay.
I wish you were here so I could hold you so near
and make this morning so warm and good truly in full.
I love you my Queen and feel me there with you
through the whole day giving you kisses while smiling.
You are my hopes and dreams,
everything that I want and need,
and I hope that you know truly I'm always yours
because I love you so much and only want
you the most beautiful and amazing woman there's ever been.

Michael P. McParland

Night Note 238

A very wonderful
and warm loving good night
to you my amazingly beautiful girl.
I have been thinking of you
and wish you were here
to have been able to talk to
about all that's on our minds
and in our hearts,
and to have your help with
the small thing that's
really bothering me now.
I wish you were here to lay down
by my side as I held you
so tight in my arms
feeling so comfy and cozy
while kissing and listening
to one of my favorite podcasts
or new audiobooks I just purchased.
I want you and need you
more than ever my Kira
to just look upon to tell you
I love you my sweetie and thank you for everything.
As I lay here my darling
I will be dreaming of you
to help ease the aching I'm feeling
and will be sending kisses
and smiles while reaching out
to hold you so very tightly.
God bless you my Angel
please come home so soon
because I love you so deeply
and just wantt to be with you
keeping each other so warm,
feeling so safe and peaceful.

Michael P. McParland

Catnap Achings

I lay down earlier to take a rest
and have some sweet dreams of sweet beautiful you.
I always ache deep inside from missing
your presence, your conversation,
and the joyous company of my dear best friend,
I just long for my Kira a truly amazing,
magical, and beautiful woman whom I share
a wonderful unbreakable bond with
and I just want to be with you here
enjoying each other and the love we have for each other.
So I wanted a catnap to dream of my Angel
and from there send you my warmth strength and love
with sweet sweet kisses and huge hugs galore
as I dreamed them.

I dreamed of you as I lay here in bed
and felt burst of extreme pleasure and joy
as I held you in my arms and gave you
the deepest kisses and big smiles as I ever have.
I dreamed of our talks and of
so many great things I know are to come
until I fell asleep into those dreams I can't control,
unfortunatley I did not have many good dreams at all.
I had some very odd to quite bad dreams
that left me quite shaken upon awakening
though I thought of you through them
and knew all would be well if I were with you.
So now after getting my nerves calmed
and steady so I could write you
to tell you I love you so much
and want to be holding you both of us
feeling so warm and comfoted from each others
great big loving smile.
I am filled with such achings and still slightly shaking
and all that I want is my sweet lady Angel Kira.

I took a catnap to dream of sweet you
my sweet lady most rad so please
my dear Queen don't be mad.

I just want to revel in your divine
and amazing Angelic beauty
and share all my love with the most
sweet and adorable woman ever.
I love you my sweetie and can't wait to be with you
so I will see you in any way I am able
until we reunite no longer seperated
by such enormous distance.
I love you my Angel and truly ache for you
because you are my best friend and hero
whom means everything to me and is truly special.

Michael P. McParland

Wrap Up (Snowy Day)

Come my sweet one and wrap up
with me in my blanket to snuggle
keeping each other so warm
in our loving company.
It is a cold witer day
with tons of snow and very strong winds
blowing everything mightly around
so it's one to stay in and spend with your love.
Come wrap up with me and share a great day
in each others company away from the world
just enjoying ourselves and sharing all that there is.
Come wrap up my dear sweetie and keep warm with me
because I love you so much and want to be with you
passing the day feeling each others love
knowing that everythin will be just fine.

Michael P. McParland

Good Morning Sweet Kira My Love

Good morning sweet Kira my love
and I pray you had a goodnight
filled with good sleep being filled
and surrounded in all of my warmth and deep love.
Feel my arms around you and my sweet kisses
showering down to start your day bright
and to fill you with endless joy.
I wish you could be here to spend the day
first by together snuggling uptight
on this cold morning here
just talking so softly and loving,
then for you to just give me some company
as I get up to shave and then do the dishes.
Good morning sweet Kira I so deeply love you
and wish I could start this day right
by being beside you.

Good morning sweet sweet Kira my one
and only true and desireable love.
How I wish I were able to spend it with you
as you sipped your hot coffee
keeping me company while doing my chores,
and then to snuggle up tight for a short bit
wrapped up together in my big fuzzy orange blanket
looking out the window watching the snow
whild kissing so weetly and passionately my only one.
Then depending on of the roads are safe enough
go out to the store to get some groceries and snacks.
Being with you is what would truly
make this morning so very good,
just being hand in hand and arm in arm
with the most beautiful woman there's ever been.

A very wonderful good morning to you
my sweet beautiful Kira I adore and love forever and ever.
You truly are my hearts greatest desire
and I want to spend this day with you
sharing all things that we love and want to.
For you to come and spend time with my family

playing some games, talking, and watching movies.
Time with the kids there and doing our own thing,
and most important of all just quality time
for us to be with each other just having
our own time as we've always dreamed and wanted,
time just for us in our own world.
Good morning my Angel and may God bless you
for you are so amazing and beautiful,
I love you sweet Kira my heart truly does melt for you.
Have a great day and feel my arms around you the whole way
and in your heart and mind see and feel my
great big loving smile knowing I am waiting here
for you to give you all of my love
and all that I am because you are my everything
my sweet Angel dove.

Michael P. McParland

Please Talk

Please come and talk to me so soon my sweet love.
Please come sit with me and share all of the things
we both so want and need.
Come sit with me and give comfort
to each other my Queen
by pouring out all of our hearts and souls
sharing all that we think, feel, and care for.
Please talk to me and have not a fear
of rejection or laughter because
I care for you deeply yesterday,
today, and everyday forward.
I love you my dear sweet one
and am dying to hear your sweet voice and laughter.

Please talk my sweet one because it all
hurts so much without you around.
I know you hurt to and I want to help you,
take care of you, and serve you
like a man in true love does and wants to,
I love you my sweet girl and my heart still beats for you
because you are my one and beautiful sweet Angel dove.
God bless you my dove you are an amazing gift
and I just want us to talk and start sharing our lives,
I want us both to have our dream
and enjoy everyday the joy we bring to each other
in the deep and pure love we hold in every
single part of who we are.
Please talk to me because I want to share
with you all of myself.

As I sit here right now all I truly want
is to be with you and to simply talk.
I want to be holding you and sharing sweet kisses too
while we just share all those things
we've so wanted too through all the years.
So please talk to me and realize truly
that you are your Michaels everything
and the only woman I'll ever want and need.
Please my sweet love come talk to me

because I'm listening and just want
us both to be home in each others kind loving arms.

Michael P. McParland

Love Note 570

Good afternoon my sweet
beautiful girl my heart melts for.
How has your day been my only one?
I pray it's been good
and you've felt all of my warmth and love,
I've been dreaming of you
and long to be with you right here and now,
to be spending time just having fun
and while I held you so close.
I miss you so much
and ache for your love here in my arms.

I have just arrived home from
my prescription being filled.
It is snowing outside very bad.
What could be better now
than to wrap up in my big fuzzy orage blanket
together right now
and keep each other feeling
so safe and warm sitting back
kissing and snuggling while watching a film.
I just want to stay in with my beautiful girl
and enjoy this snowy winter day
just sharing all of myself
giving you all of my best
and all that I have.
God bless you sweet girl
you are my beautiful dreams
so very rad.

So continue to feel all of
my strength warmth and love
as I send it all to you in full
because you are the one that
I want in my arms through all of time,
it has always been you
and it always will be because you are
the most wonderful and beautiful
woman that there's ever been.

Please come so soon
and I will hold you so near
always working so hard to honor, serve,
and make you so happy and proud.
Kira my love you are the only one
for this man.

Michael P. McParland

Great Big Morning Kisses

Sitting back here thinking of you
and am sending great big late morning
sweet kisses to sweet beautiful you.
Great big kisses to calm you and warm you,
great big kisses to honor you.
Great big late morning kisses to let you
know you are appreciated so much
and deeply cared for beyond all measure.
I wish you were here to give these
great big late morning sweet kisses to you
while looking deep in your gorgeous eyes
and confessing all of the love and the thanks
for you I hold within my heart and soul.
God bless you sweet one feel my arms around you
as I send these great big morning sweet kisses
of pure and true love to wonderful you.

Michael P. McParland

Relax With Me

Good morning sweet darling
please come relax with me in my arms.
I have just called the doctors and left a message,
now I must wait for a good while for him to call back.
My nerves are up as usual from
having to pick up the phone and do that.
I would love nothing more than to
spend time with you because you always
help them calm down and I just want to be with my one
sharing a nice quiet January morning
talking, kissing, smiling, and doing fun things
while holding hands and each other so tightly.

Come relax with me my sweet Angel dove
and just feel the joy we always felt
spending time with our best friend.
Come let me hold you and let me feel
your soft and smooth pale skin
as you share with me your loving touch I need,
come relax with me and make this morning supreme
because I love you so much and you are the only one
I truly need and want here by my side through all of time.

Michael P. McParland

In Bed The Whole Day

I spent the whole day in bed
yesterday my sweet love.
I was so tired, so spent, hurting,
and very upset.
I just wanted to turn on my fans
and bundle up nicely in my bed
to get as cozy as I possibly could
to sleep off the tiredness from my meds
as well as just escape from everything while I could.
I was in bed the whole day sleeping
a great majority of the time
and even when I wasn't I was still out of it babe.
Even as my stomach started to so badly ache
from hunger and other things
I just stayed in bed to be away from it all and to sleep.

I'm sorry sweet love if you were upset or sad
but I had to do what I had to do
to help myself and feel better in any way.
You know I'm struggling, upset and sad
and I wish you had been here to talk
and lay with me for a little while.
I might have still been in bed the whole day
but then mostly just to sleep off all
the tiredness from my meds and having been
so upset at myself from my mistake on Saturday.
It would have been so much better spending
the whole day in bed if you had been here
with me to kiss so sweet and pull in tight
as we snuggled so joyfully
keeping each other so very warm
feeling the satisfaction of being with our soul mate and amazing Angel who's our best friend.
I spent the whole day in bed and as I rise I just want to be with you
my sweet Angel bride.

I was in bed the entire day and now as I finally rise I think of the things
I later have to do and I think of sweet gorgeous you.
I still feel a sadness so deep in me,

and I'm still feeling quite upset in many ways
but have not a desire to yell in any way.
I'm not tired right now in any way
but the meds may make me in a bit,
and no matter what through it all
I just want to have you right here by my side.
To sit and snuggle while we talk,
to just spend time this morning
sharing some good food as I finally eat something since 26 hours ago.
I just want to spend time with my only love
sharing all the things that we enjoy and love,
I just want to be with you taking on the world.
I love you Kira and I miss you so bad
and to escape the pains of missing you
I just stayed in bed sending you all my endless loving care,
I just lay there wishing you were in my arms
and that I was giving you kisses sweet kisses everywhere,
I dreamed of you so much and want to hold you now.

I spent the whole day in bed and I just wanted
to have you to love so tenderly as we lay there.
I have not left you and I swear I never will
because you are the world to me and my universe,
I overflow with true and gentle pure love for only you
and I want to give you all my world
for which you have the keys to enter when you please.
I want to give you all the love I have through all eternity
and receive the awesome love of my sweet Queen.
I dreamed of what I know can and will come true
so rest assured I'll always be by your side
in full support and the most loving pride.
God bless you Kira my sweet girl
and know that you are not alone.

I stayed in bed all day but still I prayed for you
and I hope that you felt all my warmth and love
knowing you're appreciated and cared for.
I love you Kira my only one
and if I had had one wish it would have been
to spend that whole day with you
just snuggling along and talking just like we always did.
I hope and pray that you are okay

and that you will return to me so very soon.

Michael P. McParland

Somber Night

A very good night to you my sweet dear
and as I have arisen from a good rest
I sit back feeling so tired so very deep,
as well as quite shaky and somewhat weak.
I am filled with frustrations
and overflow with many emotions,
it is a somber night and I just want
all things to be right in life,
especially those things with the woman I love.
It is a somber night and I pray that you are alright
and know that I love you so much and would give anything
to have you right here by my side the whole time
making it bright for each other and so very warm.
Don't worry sweet girl I'll always be right here for you
and the nights will be somber in so many ways
until you are here in my arms to enjoy this life
in every way sharing all that we have and all of ourselves.
It is a somber night and I just want my girl
to be here with me in our own world we've created so fine.

Michael P. McParland

Missing You Tons

Back from the theatre
and the store to do a bit of shopping
and the whole time I've been out
I have been missing you so badly.
I am about to run back out
to pick up some dinner sweet one
and I just wish you were here to go with me
and then return home to enjoy our good food
and a good evening in each others arms.
I am missing you tons and long for you
to be right here by my side hand in hand.

I am missing you tons and am beggining
to feel quite tired from running around,
and I threw away something I need
in the trash at the theatre on accident my dear.
So I just want to sit with sweet you
and spend a beautiful evening in after
coming back with dinner my dear
to enjoy each others company as we always did.
I love you sweet girl and wish you were here
because you are sp special and I want to hold you so near.

God bless you my Queen you truly are
my only one and everything,
I want to sit and talk with you
letting you know how much I care
and giving us both peace all the way through.
I love you sweet one and just want
a beautiful date night in
with the most beautiful and magical girl that there is.
You are miraculous and I love you so much
because you are so beautiful and marvelous,
and I just want to share all of this life
and existence with my Angel so gorgeous
and truly precious.

Michael P. McParland

Morning Note 209

Good morning to you
my sweet beautiful Angel dove.
I hope you slept well my dear one
and felt my arms around you
the entire night through
keeping you warm
helping you to feel so safe,
comforted, peaceful and not alone.
I pray you felt all of my love
with all of my sweet kisses galore
shower all over you helping you know
I'll always be yours and right by your side
because you are my best friend and all that I want.

So as I finally rise I wish you
were here to spend time with
as I first do the dishes,
to just have you be there and to talk to.
Then in a few hours when I go out
and see the new Star Wars movie sweet lady,
I would love more than anything
than to sit in the high row of the theatre
and just snuggle up with you to enjoy the movie,
I would love nothing more
than to spend a very cold Saturday
in each others arms at every place that we are
from bed here this morning, through the movie,
and then pick up some dinner after
to bring home and enjoy with each other.
Just the dreams of you spending
that awesome time with me
makes this morning feel better
in so many ways than it did before my sweet lady.

So a very sweet and beautiful
good morning to you my wonderful
and adoreable sweet Angel dove.
Have a great day and know your Michael's
with you as ever hand in hand

to support and give you all of my endless love.
Remember I am here waiting
and will be always because you are my one
and you truly are so amazing,
share these dreams with me baby
of being together and enjoying
a magical day together.
I love you sweet Kira
and may God bless you for you are
one of his most precious, divine,
and special Angels I know is a gift
from on high to help bless so many people.
Have a great day my dear sweetie
and I will be with you
and write when I am able,
I pray that so soon we will be reunited
sharing these Saturdays together
so filled with the joy
of being with the best friend and true love
who means the universe and holds your heart,
once again my sweet sweet Kira
I love you so much.

Michael P. McParland

Lying Down, Dreams

I'm lying down now my sweet girl
to rest for a couple of hours,
and since you are not here right now
to kiss so sweet and to tightly hold
I'll just have sweet dreams of beautiful you.
Of seeing you smile and feeling your
soft and smooth skin as we touch each other,
then you resting your head on my chest
after very sweet kisses on your soft lips.
I'm lying down now my sweet love
for a couple hours rest
so feel all of my warmth love and strength
as I dream of you and send it all your way
my sweet Angel dove who's so very great.

Michael P. McParland

Love Note 569

A very beautiful
and good late afternoon
to you my sweet beautiful
precious girl.
As I sat back watching one of
my new films I have thought of you
and have wished so very much
that you were here to spend time
and be within my arms.
I adore you sweet girl
and truly crave your touch
and your love
because you are my best friend,
my Queen, an Angel and blessing
sent from God up above.
I love you sweet one
and as I go to cook dinner now
and then go through the night
I will be dreaming of you
and sending all of my endless love
with sweet kisses and smiles galore.
My heart will be singing
and for you I will be praying as ever
so be filled with all of my
strength love and warmth
as I will be reaching out
to hold you so very close.
Remember I'm always with you
and will never leave you
because you are my dear Kira
and I will forever be your faithful
and endlessly loving Michael.

Michael P. McParland

I Just Dream Of You

I so often lay back to rest
to dream of you my sweet love,
to see your beautiful Angelic face,
to hear your sweet divine voice,
bask in the glow of your gorgeous smile,
and feel your loving kisses I so want and long for.
I just dream of you and no other my dear
because you are the one I'm attracted to
in every single way that there is
with no exceptions in any way.

I just laid down earlier and shut my eyes
to see beautiful gorgeous you
and dream of all the wonderful things
there have been and will be for us,
I just dream of you because you're the greatest
love and best friend I could ever want
and that I share the most amazing bond with.
I love you sweet Kira and just dream of you
because I want to be with you forever,
and I often rest so much just to see you
and hold you so tightly both of us
feeling whole and completed full of joy so amazing.

I just dream of you my sweet dear
and my heart is aching,
I just want to spend this day with you
taking you out to a late lunch
and then return home to watch one of my new movies.
You are my dream in reality and I want
all of these dreams to come true soon.
To dry your tears and tell you I love you,
and that all is okay because I'll always
stand by you never to leave you,
and give you all of myself sharing my world with my lady.
I dream of you and only you my preciou Kira
because you are a gift and a blessing,
the most beautiful woman there is and this man adores you.

Michael P. McParland

Sweet Sweet Early Morning Kisses

Sweet sweet good early morning
kisses to sweet you from me.
Kisses to say I love you dear
and wish you a wonderful and amazing day.
Sweet sweet early morning kisses
of pure and true love to tell you
I wish you were here to spend the whole day.
From a nice and warm shower in a few minutes,
running to the store in a few hours,
and watching one of the new movies
I ordered when I pick them up from the office
as I missed yesterdays delivery.
I send you sweet sweet early morning kisses
because I love and adore you
and just want to spend time with you
having a great day.
Sweet sweet early morning kisses to you
my dear Angel and hear my hearts songs
as it is singing out to you in full voice so strong.

Michael P. McParland

Waking Kisses With Snuggles

Finally fully awake now
and ready to rise in a few my sweet love
I want to be able to roll over and pull you in
so tight to me giving you kisses
so pure, loving, and truly sweet.
I want to share sweet sweet waking
kisses and snuggles with my only one
as I now fully awake and before I soon rise.
I want to give you sweet smiles
and see yours as well as I give you
deep passionate kisses and hold you as well.

Finally fully awake now and I am still
overflowing with so very many emotions
I just want us to softly talk
while we lay down snuggling in the dark.
Just keep each other warm on this
frigid morning where the weather is below zero
just feeling complete and safe with
our best friend sharing all
of ourselves as we talk, kiss,
and snuggle feeling ever so grateful to have
the true love so few find in this world.

So my dear sweet love as I have awakend
I want to and wish I could give you
sweet kisses with snuggles here in bed for awhile
and then as we sat back on the couch
on the rest of this quiet night feeling so happy.
God bless you my dear sweetie
I pray you are okay and will come back
to me so soon my sweet lady so we can spend
time kissing and snuggling while staying warm
and talking just sharing our lives through eternity my Angel.

Michael P. McParland

A Tired Late Morning

I am feeling quite tired my love
on this late freezing Minnesota morning.
I am quite tired from my medications
and mostly just broken stretchs of sleep
which are mostly fitfull and restless indeed,
now as I lay down for a bit more
I want you to climb under the covers with me
to snuggle and escape the rest of the world.
On this tired late morning I want to
stay warm with my best friend I truly adore
and just have you rest your sweet head
upon my chest as we are under the covers
feeling so peaceful, cozy, and truly good.
I love you sweet Kira and want to be holding you
giving both of us comfort being at home
in each others arms sharing our endless warmth and love.

Michael P. McParland

Good Morning, Longing Desire

Good morning my sweet beautiful love
and waking from a rest filled with
mostly dreams of sweet you
I just ache with longing desire
to be here in bed with you know.
To hold you so very closely
and give you the softest caresses
as I tell you you're amazing and I love you,
for us both to just be wearing big smiles
knowing this day will be truly magical
as it will be spent together hand in hand
sharing everything that there is like we've dreamed of.

Oh what a morning filled with such
loving desire and deep longing for my Queen
and gorgeous sweet Angel,
as I sit back in bed dreaming of you
as I write this I feel all your love
and that just makes me desire and long for you
so very much more in every way.
So feel all of my sweet morning kisses shower all over ypu
and my strong loving arms wrapped around you,
be filled with all of my strength, my endless love,
and deep warmth as I send all to you
withthe longing desire and hope you will come soon.

A very good morning to you my beautiful Angel
and remember that I will always be filled
with deep unconditional love and pure desire
for only you my beautiful beloved Kira.
I just long for your soft touch, your company,
and to hear your sweet Angelic voice
through all time as we stand side by side
as the best friends and true loves we are.
I love you so deeply and deire you
because in all ways you are so beautiful
and I just long to be here with you
seeing your smile and knowing everything
is okay and that God has blessed us in full.

Michael P. McParland

I Truly Love You 2

I truly love you my sweet girl
and will through all time
because you are my one
and the most beautiful girl
that there is in every way there can be.
You are the most kind hearted woman
so very patient and understanding
when you want to be.
You truly are so very caring
and truly love me deeply
even when you are upset and see red.
You are so gorgeous outside
from top to bottom
and you drive me crazy with the
most intense tinglings that can be felt.
I truly love you for just who you are
because you are my Kira the greatest
best friend, true love, and hero
I could ever want and have.

You are my sweetie and I desire your company,
I just want to feel your soft
loving touch that will bring peace
and means the entire universe.
I love you so much and want to
shower you in all of the immense love
that I have within me,
immense love I have saved
and want to share only with you.
God bless you my dear you are
the answer to my lonely prayers,
a very extra special blessing
and gift from God up above.
I truly love you so much
and you will only ever be the one
that I need and want
sticking by your side hand in hand
through eternities time.
I truly love you so much

and desire to be with my Queen
through the rest of time giving
all of myself and my very best
to honor you and make you
endlessly smile so happy and proud.

Michael P. McParland

Nighttime Catnap Desires

Waking my sweet love from a good rest
and as I dosed for the last couple of hours
I was filled with desire to only be with you
side by side here in my bed just snuggling away,
sharing sweet kisses with soft loving conversation,
to just be with you so very close wrapped up
in each others arms sharing all of the love
we have, we hold, and have so very much wanted
to share in every way with all that we have.
Nighttime desires of deep joy and happiness
are what filled me dear as I catnaped
to just relax, escape the aches that I feel,
and to dream of you my beautiful Angel dear.

Now as I awake from my catnap first thing
I wanted was to stop in and say I love you so much,
to tell you you're wonderful and it is you
that fills me with such endless desires
all in pure and true love that one
can only have for their best friend whom they
love and adore to no end heart melting over and over
in pure caring appreciation and adoration,
the kind of true loving desire that lasts
the ages through everything because you are
so very beautiful and so very amazing.

So my dear sweet one as I arise from my catnap
I am still filled with desire and dreams of my sweet one.
I feel the stirrings within me as I overflow
with deep and true tender love for only you,
I am filled with desire to be telling you
just what I think and how I feel,
to tell you I miss you and am sorry for all
that has ever gone wrong from the things that I did
straight through to those things of which
I had no part or control,
I am sorry that you were hurt because I love you above all.
I am just filled with desire to be with my one
haring all of our love and curing all of the pain

we have both been in while reassuring each other
it will all be okay and that we are here forever to stay.

Michael P. McParland

Love Note 568

A very good late afternoon
to you my best friend
and beautiful girl.
I am home now from the therapist
who is a great guy
and I know you would like him,
he is a Patriots fan
just like you my sweet lady
and making me one too,
just as I have made him a Buckeye
to cheer with us every Saturday.
I love you my dear
and wish you were here to enjoy
the rest of this late afternoon
and soon evening talking,
kissing, and snuggling away,
it would be perfection to bask
in the warmth of our best friend
and wonderful true love.

God bless you my sweet girl
and as I am about to cook a good dinner
I would love to be able to
serve you this wonderful meal
and see your enjoyment of it my fair dear.
To let you know you are appreciated
and so treasured in full,
when you look in my eyes
you will see just how much my heart melts for you,
you are amazing and so beautiful
that I would give my whole life
and all that I have for one
special day and great night
spent with you my sweet precious diamond I adore,
I would do anything for you
because you are all I want and need forevermore,
you are my hero and shining star,
a true gift and blessing sent
from God up above.

So my sweet love feel my arms
around you and my smiling
sweet kisses warm your entire
body and soul,
my hand is in yours
while my heart sings to you all of my love.
I will be thinking of you
as I go about cooking dinner
and doing whatever I do
saying Kira I love you
and I always will because you are
the most amazing, beautiful,
and magical woman there is.

Michael P. McParland

To Hold You Tight Right Now 2

A very good morning to you
my beautiful and most beloved sweet Angel dove.
It is an extremely cold winter morning
here in central Minnesota
and I am aching in my bones from the arthritis
and inside from missing you so very badly,
as well as feeling your lonely pain
from so far away send aching sadness through me so deep.
So as I sit here in deep quiet longing for you
I truly yearn above all to hold you so tight
right here and now to keep you warm
and let you know you're so deeply cared for and loved.

To hold you tightly right now would be the cure
to so many pressures that have built up within me.
To just hold you so tight would release
the weight of the world,
you are my sweetie and I want to hold you
talking and kissing so very sweetly,
wrapped up in each others arms chasing away
the frigid and freezing cold weather
of this January morning.
I just want to hold you so tightly feeling
your soft and pale skin against mine
with loving touches so fine.

Good morning my dear and to start this day
I send you the sweetest of kisses
with millions upon millions of big loving smiles.
I adore you completely and my heart
melts for you to no end my true love and best friend
and through all eternity I want to hold you so tightly
sharing all of myself, all that I have
through all of this life side by side hand in hand
giving you the sweetest of kisses all over
in the deepest most tender true love that has ever been known.

Michael P. McParland

Your Love

I just want and need your acceptance and your love,
both of which I know I have
and I need your understanding as well.
To see and know that I always do my best for you
and that I'll never give myself to another soul.
It's just you and your love I need and want forevermore
because you are my best friend, my Queen,
and only one through all eternities time.

I just want you to know how much
your loving acceptance and care means to me.
That I need to hear your Angelic voice
as we hold each other so very close.
I love you my sweet Queen and want to be able
to give every last bit every day right to you.
Your love and acceptance help brighten my entire world
and I just want and need all your understanding as well.
You are an Angel and my northern star,
you are my best friend and the most wonderfully
beautiful woman by far.

I just want to be here feeling all of your love
as we spend this very early morning in each others arms.
A loving and peaceful morning of sweet kisses
and passionate snuggles,
I just want us to be basking in the warmth of our caring.
God bless you my sweetie you are all of
my most beautiful dreams and great wishes
and I will be right here for you in true love
and full support forever and ever my sweet Angel dove.

Michael P. McParland

So Much To Say

Waking from a very long sleep
so wanted and need in many ways
I am ready to rise and I wish it was
with you my sweet Angel dove.
To hold so very close
and give the most deep and passionate
kisses we both so want and need,
and then smiling so big say
I love you sweet Queen please make love to me.
I wish that as I arise now I could
give you all of myself and all of my time
being so close in all ways that there are.

Oh my sweet love how I wish I could
talk to you now for there truly is
so very much to say.
Rather it would be waking up and holding you close
or being able to at least talking
through messaging each other right now
I want to just get lost in conversation with you
because there is so much to say
and more than a little to share.
I am overflowing with thoughts and emotions galore
as I know you are too and I want us to share.

I am frustrated my one with the deafining
silence that surrounds us right now
when I know we're both lonely and hurting
and want to heal each others hearts while
drying each others tears.
I love you so much and just want to share
because you are the blessing and gift I have prayed for.
I love you so much and want to tell you all
because you are my Queen and sweet Angel dove
with whom I want to share all.

Michael P. McParland

Somber Afternoon

Such a somber afternoon sitting
here in the quiet all alone.
Rising from a rest then going out
to get some Panda Express I wish
you were here to spend a great noon
first sitting here with me watching a film
and sharing some very good food.
Such a lonely time with such
deep longing, wanting, and need
for my best friend, only one and true love.

Sitting back on this somber afternoon
and dreaming of the most beautiful
woman in the universe.
Wondering how you are and what you are doing,
praying you are okay and feeling
my hand in yours with all of
the warmth and love that I send you,
to see my loving looks and big smile
that I only ever gave to you.
I love you sweet lady and want to be
holding you on this afternoon
making it no longer lonely and somber
as we spend the most wonderful
and loving time together.

Michael P. McParland

A Little Busy Morning

It's been a little busy morning
my sweet beautiful lady,
I just got back from doing some grocery shopping
and it was a frustrating one surely.
It is extremely cold and icy
almost falling down as soon as I went outside,
the car was a pain to scare free from
the hard ice that was on it
and then the store barely had a thing
that I had gone for.
Now that I am home my sweetie
and have put away all the groceries
I just want to sit back with you relaxing
and sharing the sweetest kisses,
just sit back with my sexy little princess
and enjoy a warm morning with each other.

It's been a busy little morning
and I'm feeling a bit worn out my lady.
I have so much on my mind
and have an aching heart and soul
for my best friend and only one.
So now I want to sit back and hold you very closely
just watching a good movie feeling
so joyful and so peaceful.
After a little busy morning there is nothing
more I want than to be with you my sweetie
just spending time and feeling whole
with my one and only true love I adore.

Michael P. McParland

Mid Night Longings

My headache now gone and out of
a nice calming and soothing shower
my stomach still feels slightly shakey
but will steady in a short time.
The only ache and pain I know
will remain is missing you
and longing to have you here in my arms.
To sit with to give kisses to
and snuggle so tight both of us feeling
so much better as our hearts heal.
I am so filled with mid night longings for you
and many other emotions as well
that they over flow and I just long
to be with my sweet Angel dove.

Sitting here now feeling so very refreshed
after a wonderful shower and I wish
you had been here to join me to hold you
while kissing and smiling under the flow
of the relaxing water,
and now to sit back and spend time talking
as well as doing this and that.
I love you so much even though sometimes
I know you doubt that but I promise you
my dear sweetie I'll never leave you
and wish I could dry your tears while holding you now.
I am so filled with mid night longings for you
because you are my Queen and Angel I so adore.

Oh my sweet precious diamond in the rough
you are my bright shining star
who fills me with hope,
my heart beats for you and I long for your touch,
and to see you brightly smiling while
your eyes sparkle at me looking deep in my soul.
I love you sweet Kira and pray you will
return so very soon so we can share our lives in full
and the happiest of days there's ever been.
God bless you my sweet darling Queen

know that your Michael is here and truly longs and aches for your joyus return.

Michael P. McParland

Night Note 237

A very beautiful good night
to you my sweet love.
I am sorry I was out of it the entire day
through the whole night my sweet Angel dove.
I was just so worn out from
so very much weighing upon me my only one.
So lying down a little while after
last writing you I collapsed
into what was first a very restless sleep,
then eventually a deeper one
and I dreamed of being with you
in the most wonderful and intimate of ways,
just holding you so close to me
and us talking sharing with you
all of my thoughts, feelings, and needs.
From my frustrations, my joys,
and so very much more, and then us sharing
very sweet kisses the entire time
us holding each other so very close
and smiling while I gave you caressses
so very loving, tender, kind, and soft,
I could feel all of your kind strength,
caring, and endless unconditional love,
I hope you felt all of mine while I was
sleeping my dear and feel all of it now.
I am sending you millions of smiles
with sweet kisses to shower on you,
along with all of my loving strength,
warmth and massive hugs,
I wish you were here to snuggle with now.

So as I have awakened and truied
to fully arise I have a headache
that is making my stomach turn.
So as I let the Excedrin work
I so wish I could lay next to you
having you very close while I wait
for it to majority pass,
then to sit with you after and eat some food,

then shave my head before the shower
I so very want and need.
I want and need you through this whole night
to feel your soft loving touch
and your sweet spirit with me.
I miss you my Kira and just want
to be here beside you and feeling so calm,
comforted, while we're relaxing,
and to just look in your gorgeous
sparkling eyes to tell you I love you.
So have a good night a feel me
right there hand in hand by your side
remembering always that I am your Michael
and will never leave you
because you are my true love
and amazing woman I want to be with
forever and ever.

Michael P. McParland

A Quiet Night 3

It's a quiet and lonely night here,
struggling because I just want you
to be here both of us so very happy.
Talking and laughing while making jokes,
sharing stories, and remembering old times
we shared together or just remember.
It is a quiet night and I hurt
wishing you were here with me and not mad anymore,
you know I am sorry and hurting too
and I just want us to fix everything
as I know we can and one day will.
Until then though the nights are so quiet,
lonely and long wishing my Kira was here in my arms.

It's a quiet night and not only my heart aches
but the physical pains are flaring up very bad.
I know you're in pain too both ways as well
and I just saw a video that brings up
the very problem you have with your back,
my heart twisted around and my stomach clenched
as I immediately thought of all the pain you are in.
I wish I could be with you spending
a quiet and happy night together
as I gave you a massage and all of my love
to make you comfortable and as pain free as possible.
I love you sweet Kira and cry and hurt for you
in more ways and more times than you think possible.

Such a quiet night my sweet precious Angel
and spending time with you letting you know
how special you are is just what I wish for.
To look in your eyes and confess my soul to you
in every single way possible,
then give you sweet kisses all over
in true tender loving passion.
It is a quiet night and it is my Kira I want
to forget the world together feeling as one
just sharing ourselves in the most wonderful time.

Michael P. McParland

Beautiful Dreams 2

Going through this night my sweet love
my head and heart are filled
with the most beautiful dreams of you and us.
I see your sparkling eyes and bright shining smile
and my whole body fills with butterflies.
I have beautiful dreams of all the beautiful
times that we'll share and spend
and I know all the more that it is only you that I want.
Beautiful dreams pf my beautiful Angel and Queen
are what keep me going and smiling so big.

Beautiful dreams of talking with you
and just sharing everything I think, feel,
and what I have within my world.
Beautiful dreams of completely getting to know
the most wonderful woman in the entire world,
along with beautiful dreams of all the closeness I want to share,
before during and after where we just snuggle
and feel so complete and peaceful.
I am just filled with beautiful dreams of beautiful you.

Beautiful dreams fill my heart soul and head
of all the good times we could have tonight
and all of the ones I know are to come.
Sweet sweet beautiful dreams of Kira
my most incredible Queen fill me with longing
because she is the one I want and need.
So as this night goes I will be having
beautiful dreams of you even as I email you
and feel all the light and hope that you give
and dream of all the things I want us to share.
All the while I will be sending the sweetest of kisses
while saying outloud Kira I love you and miss you.
God bless you my sweetie I pray you'll return soon
because I just want to let you know you are appreciated
and dry your tears while we bask in the glow
of our bond and true love.

Michael P. McParland

New Years Night Holding You

After a rough and sad new years eve
I want nothing more than to spend
this new years night just holding you.
Healing our hearts while our souls touch and glow,
a new years night with you is what is called for.
To spend time with my sweetie who is my eternal Angel
and together release all of the pain we've felt
as we snuggle and smile saying I love you my darling.
New years night with my Kira is what I want badly
and my heart calls to you saying I love and adore you
and want to be holding you forever and ever.

I can't help but smile my heart glowing aflutter
as I think of being with you all of our
scars and wounds getting better as I thank you
for being my best friend and always giving
me your strength and great love with caring.
You are such a wonderful and beautiful woman
that no one ever could take my love,
it is only you I want to be with.

So on this new years night as I go about
doing whatever I might I will be sending you
sweet kisses and huge hugs with all
of my loving strength and might,
I will send you such warmth
and revel in yours with all the love that you send
and smile both for you and myself
knowing that we love each other so much
and one day soon will be so close
able to share our whole lives.
Oh my sweet love how I wish we could spend
this new years night in each others arms
feeling so safe, content, and totally warm.
I will be dreaming of you in all your beautiful charm
saying Kira I love you my sweet Angel dove.

Michael P. McParland

New Year Love Note

A very happy new years
to you my sweet Angel dove
and may both of our years be better
and filled with so much more joy
than 2016 held for us in all ways.
May we reunite so very soon
and just hold each other
crying the happiest of tears
and drying each others sad lonely ones
away for all time my sweet Queen,
you are the brightest spot
of my entire life
and after a very hard night
you are my happy thoughts,
not just today but every single
day that there is through eternity.

A very happy 2017 to you my sweet Queen
and feel deep warmth in your
heart and soul as I send all of mine
with my strength and love to you,
feel all my sweet sweet kisses and smiles
shower over you to give you joy
and revel in them as they will
only ever be given to you,
and feel my arms around you
as I reach out in spirit
to take you in and say I love you my dear
in 2017 and every single year
behind and after it forevermore,
you are my only one
and will be my sweet Angel dove
I hope to have as my wife
side by side hand in hand
through all space and time.
I only want you my sweet Angel bride.

So may God bless you on this new year
and know that I am right here

and right there beside you forever and ever.
You are the one I am dreaming of
to make my hurt feel much better,
the only true medicine there could be though
is if we were kissing and snuggling
just spending time with each other.
I love you my Kira and want you to know
I think you are amazing and magical
and it is only you I want to
share myself with through all eternity
as your best friend, King, and husband.

Michael P. McParland

Another Year

Another year is now close
to a close my sweet dear
and how I miss you so much
and wish you were here to bring
in the new one so filled with cheer.
It has been a tough year in so many ways
and missing you has been the toughest of things.
Lying in my empty bed with only my pc beside me
I long for you to be by my side talking,
kissing, snuggling and feeling so very good
as I keep company with my beautiful girl.

In the new year that will so soon be here
I pray to see you again and hold you in my arms.
To look in your eyes and say your beautiful
my sweet Angel dove and I love you so much
that life without you is the roughest things get.
I pray that through this year and all other years
you have felt all of my warmth and love
knowing you are my Queen and only one.

Oh my sweet love as another year passes
and the next quickly approachs
I just want to be with you.
I am so tired and hurting quite badly
and only want you to snuggle with so very tightly.
Have a wonderful new year my beloved sweetie
and please come so soon because you are needed
in more ways than you know my beautiful Angel.
To serve you and love you just being here for you
and to know you are right there to hold whenever
is the greatest thing there could be in the new year.

Michael P. McParland

You're The Best Beautiful

You're the very best my beautiful one
because you are my shining star and best friend
I've truly loved and adored for so very long.
You have filled me with pure joy
since the day I saw you in math class in high school.
I was taken from the very start
feeling the spark of our bond as our souls
reached out to each other and touched.
My heart began to sing to you
and it has never stopped through all these years.

You are the best my beautiful Angel true
and I hope one day so soon I will marry you.
I want to have your hand and have you
for eternity within my loving arms
giving each other all our loving warmth
and feeling secure and truly safe.
You truly are my beautiful one
and I am bursting with pure love
and smiles for you.

You are the best and so beautiful
and I want to give you all.
I want you to see the abundance
of great care and love I have for you
of which I have no words to describe.
I want to show you how much you're appreciated
and that you're my Queen forevermore.
You are the best my beautiful one
and each day I love you more and more.
I just want to give you the world my love
and honor you in every way I can and will.

Michael P. McParland

Sweet Girl

Sweet girl forever it will be
you and me hand in hand conquering the world,
helping and supporting another through it all
never to be stopped by anything big or small.
Sweet sweet girl you truly are my only one
and everything I want.

Sweet sweet girl you truly are my best friend
and there is no one else with whom
I'd rather be with facing all this life and the world.
Sweet Kira girl you truly are so beautiful
and my heart overflows with such deep tender love
through all time for only you.
Oh my sweet girl as I sit here now dealing with
all the things I am it's you I want and you I need
right here by my side in each others arms
through the rest of time.

Oh my Kira the sweetest girl please
be mine forevermore and honor me as the
luckiest, happiest, and most blessed man
there's ever been to be with the one he's loved since
the start of time and the most beautiful amazing woman that there is.
Oh my sweet one so very cute how my heart melts for you
every single day that comes and goes.
With your pure soul and your heart of gold
I get the greatest chills and shivers with butterflies
everytime I hear your voice, when I close my eyes and see you,
and whenever I see you enter a room.
You truly are a shining star my beautiful one
I'll always adore and love
and I just want to give you all the very best I can
of myself my dear and all there is within this world.

Oh my sweet girl I so long to hold you now
and just shower you in all my endless love.
Give you sweet kisses to give you great deep warmth,
and the biggest hugs to fill you with my strength.
I love you for just who you are my sweet girl

from head to toe and to your very core.
Sweet sweet girl you truly will be the only one for me
because you are a rare and precious gem,
a diamond in the rough I cherish, treasure and fully love
to no end through all time my only Queen.

Michael P. McParland

Lazy Saturday Morning Dreams

Just lying back in bed my sweet one
having a lazy Saturday morn for a bit
before I jump in the shower and take care of things,
and I am just dreaming of you
being right here with me in each others arms
listening to my audiobook and sharing sweet kisses to.
You make me smile and these dreams of you
are so bright and wholsomely happy,
I can't wait for these lazy Saturday morning dreams
to become our exciting reality.
I can't wait to lay here snuggling with you
holding you as close to me as I can
saying Kira I love you more than anything
and I know that nothing else could ever
make me as happy or fulfill me the way that you do sweetie.

Michael P. McParland

Morning Note 208

Good morning my sweet
most beautiful Queen I adore and love.
I hope you had a good restful
night my beloved sleeping beauty.
How I wish I could wake you
with a big passionate
loving kiss and smile,
how I wish upon wish
I could snuggle with you
upon this Saturday morning
and then have a good day together
hand in hand playing games,
sweetly talking and finding so many things.
Then tonight with me you could
watch Ohio States playoff game.
I love you so much my sweet Gorgeous Queen
and want you to know you are my everything
and want to spend a bright beautiful
winter Saturday with you from a refreshing
early morning shower, through a fun loving day
through the end of the night
with a prayed for celebration.
God bless you my Angel so bright and amazing
I want to be holding you through all eternity.

I know you are mad at me
my sweet one as we start this day
and I wish you wouldn't be.
I was so sick, stressed, and worn down
through so much of yesterday
that after eating some dinner
I wrote you an email goodnight
and then truly collapsed in my bed
no longer having a bit of strength,
then when I awoke shortly ago
was struck with a stressful
and annoying problem I have yet
to be able to take care of.
So please my sweet one be understanding

of all of my needs
and know that normally I would never
be so out of it in so many ways.
So feel my arms around you
and all the sweet kisses I send
as I wish you were here to watch
some Simpsons with me before we took
a warm shower so soothing and comforting.
Remember my Queen I'll always be yours
and just want to let you know
I would give anything to be with you now
give you sweet kisses smiles and snuggles galore.

I love you sweet Kira and wish you
a very wonderful good morning
and send to you all of my warmth and love
to comfort and reassure you.
I will always be your faithful Michael
for I love you to no end
completely and unconditionaly.
My heart and soul are yoursthrough all time
and I will ache deeply until
the day that you reyurn to my arms.

Michael P. McParland

Love Note 567

A very good late afternoon
my sweet beloved beautiful darling,
back now finally from
getting my prescription
and checking out a new store
to do a small bit of shopping,
and after some medicine
I am feeling quite a bit better
but still far from totally recovered.
I am quite worn out and tired
from being sick and going out
for awhile but I will stay up
and stay strong for you my sweet one
as long as I can,
I will be thinking of you
as I feel your arms around me
and all the sweet kisses and nuzzles you give,
be filled with all of my strength
warmth and endless love as well
as I send you sweet caring and tender kisses
as I reach out to hold you so very close.
I wish you were here my sweet one
to snuggle so tight keeping each other
happy and warm as our hearts,
souls, and bodies healed in all
the energy we give and share.

If I had my way my sweet love
I would be holding you now
looking deep in your eyes
as we were about to share
the most wonderful evening and night,
to just be in the company of my Queen
who's always held my soul and heart,
to just spend the most meaningful
and wonderful quality time.
I so long for that because
you are the real medicine I need
not just now but forever my love

because you are my soul mate
and greatest best friend
who makes me want to live,
and for you I would die.
You are the woman I've loved
since the beggining of time.

So close your sweet gorgeous eyes
and see my loving looks
with my big loving smile
filled with true love for you my sweet hero.
Know that I dream of holding you
and spending the most wonderful
evening and night with you
just getting better while playing games,
talking, and so many other great things.
God bless you my dear sweetie
for you will always be the most beautiful
and amazing woman ever
and I love you so much I will
only be yours through all eternity.

Michael P. McParland

Your Morning Smile

Good morning sweet love
and I am in need of your bright shining smile.
My stomach had started to feel better
but has once again started down turning.
I so want to see your bright shining smile
then look in your gorgeous eyes to say
Kira you are so beautiful and I deeply love you,
you are the most amazing woman
and make everyday so amzing and joyful.
It is you I want to be with while
feeling fairly queezy snuggling up so very tightly
while I now wait to hear back from my doctor.

Good morning my sweetie and just give me
your bright shining smile to help make my morning
much better and a happy one.
Don't worry my darling for I know later
I will get feeling better so I just want you
to start this day smiling feeling all of
the sweet kisses and huge hugs I'm sending.
I love you my dear one and am dreaming
of snuggling with you while I rest here
sending you millions upon millions of smiles
to give you cheer in your gold heart
and reassure you that I am there with you
and will always be for you are my best friend,
my hero hero, my Angel, and eternal shining star.

Michael P. McParland

Late Night Stomach Ache

Sitting back my dear on this late night
with my stomach still aching a little bit.
I still have a few dishes to do
because I stopped halfway through
to sit down and hope some medicine would help.
The best medicine though that there
could ever be to help the rest of this stomach ache
and all the nervous stress I feel to go away
would be to have you here in my arms
to spend time with relaxing in pure joy.
To rest a bit with The Simpsons,
YouTube videos, and audiobooks
until I had to make my morning calls,
and then do the last of my work
before running out to pick up my meds
and get us a both a nice meal.

Oh my dear how this late night stomach ache
though quite better is still the worst.
It just sits below my longing aching heart
all of which would be cured by the company
of my beloved and beautiful girl.
I love you so much and want to always
be the reason behind your smile
as I give you all I have and every bit
of everything I can within this world
and then the next life as we walk hand in hand.
I love you sweet girl how could I not
love a divine Angel such as you in every way?
You are my hero and my best friend
and I wish I could lay back here
on the couch with you relaxing
as my stomach and nerves are on the mend.
I truly love and adore you dear more than anything.

Michael P. McParland

Sweet Mid Night Kisses

Sweet sweet mid night kisses
to you my sweet beautiful true love.
My heart has been singing out too
as I have been sending sweet mid night kisses
to warm and comfort you in all of my
loving strength and deep care.
Feel my arms around you as in spirit
I reach out to spend a warm loving night
showering you in sweet kisses of pure loving light.

I wish you were here to snuggle up with
and give these sweet mid night kisses to.
My stomach has been cramping and aching
and the best thing there could be
is if I could curl up with my sweetie
you rubbing my tummy while I rub your back
and stroke your hair giving sweet kisses
all the while my darling.
True comfort right now and is always
you to me my sweet Kira
and I want to be sharing sweet mid night kisses
and comfort with each other each night.

Sweet sweet mid night kisses of comfort
and light to you my sweet one on this night.
Sweet kisses to tell you I love you
and want to be with you right now
and every night in the future.
I am filled with such stress dear and am
worried about some stuff in the morning
and I just want us to be snuggling
giving great peace and comfort to each other.
So be filled with deep peace and reassurance my Kira
and never forget that your Michael loves you.
I will be thinking of you as I get up
to take care of some chores now
and your beauty will be what keeps me smiling.

Michael P. McParland

A Warm Night

I was just looking at your
beautiful picture and my heart went aflutter,
and I knew even stronger than before
I want to spend a warm night with you
both of us hand in hand holding each other.
To sweetly talk and so softly kiss,
to just pull you in and as we dry
each others tears tell you you've
been so badly missed.
What I so want more than anything
in the entire universe is to spend
a warm night of quality time
with my Queen Kira the most beautiful
and wonderful woman that there's ever been.

I long to spend a war night with you,
to wrap up in a blaket just holding each other.
I want you to rest your head on my chest
or my shoulder as we lay back on the couch
watching a movie and later relaxing
to a good audio book sharing sweet kisses
as we get lost in the story,
both of us feel comfort and joy being together.
I love you my sweetie and will be
dreaming of you and spending a warm night together
knowing that all is good and will be well
when you're in my arms and I am taking care
of my Queen who is my only one and everything.

Michael P. McParland

Love Note 566

A very good evening to you
my beautiful sweet Angel dove.
I know you are mad at me
for dropping off like that the whole day
and I am so sorry I did
my beautiful best friend I love and adore.
Some of the meds sometimes
just knock me out so very hard,
I am so sorry sweet one I was not
right here for you more through this day
and I promise I will be up
most of the night writing for you when I can
and will email you in a short bit.
I love you my dear sweetie
and now that I'm up I only want
to spend a splendid loving evening
with my Kira so darling.
To go out and buy us some burgers
for dinner and then return home
to eat, play some games,
watch some TV and a movie,
and do some relaxing reading
all throughout sharing sweet kisses
and so tightly snuggling
keeping each other so warm
and feeling joy with our beloved one.

Oh my dear one I am so sorry
if you have felt upset and alone
but I hope you remebered always
that I am yours my dear sweetie
and will never leave you
because you are my amazing best friend,
my hero, and my most beloved Angel
I want to be with hand in hand
through all of eternity.
God bless you my sweet Kira
and remember that I will always be
your loving, caring, supporting,

and faithful Michael
so please always keep faith in me
becaue I will always stand by you
smiling so largely in all of the
endless pride and joy that I feel
in my Kira I love.

Michael P. McParland

This Kiss To You 3

I send this deep loving kiss
to you on this late night my dear.
Mid night kisses of passion
and deep loving care.
I send this kiss to you to say
thank you my sweet Queen
for all the peace, happiness, and comfort
you give to me by just being you.
Do you understand how hard it is
for you to not be here in my arms?
And do you understand why it is
so hard my sweet Angel dove?
I love you sweet one and send these many
caring kisses your way to warm
and lift your sweet hear
as your Michael tells you he loves you
and will never depart leaving the woman
he loves stuck all alone hurting so much.
I send this loving kiss with smiles
to shower over you my Angel who's best
to give you deep reassurance and a smile
that shines bright and amazing.

Michael P. McParland

Looking At Your Picture 10

I am feeling quite tired
and worn out my sweet precious Kira
from all the depression and stress,
and right now though as I turned on my computer
and looked at your picture I was filled
with butterflies over my beautiful lady.
Butterflies of true love with tinglings all over
of the most wholesome and pure loves desire.
I look at your picture to renew my hope
and give me a smile as I feel your love.
I can feel you so near me and it makes me
so anxious for the day that you'll touch me
and we can say to each other baby I love you.

Looking at your picture because I so deeply miss you
and because you are so amazingly beautiful.
No one has ever filled me with such desire,
longing, tingling, and passion,
I look upon you and my heart skips a beat
and then doubles its pace in pure nervous pleasure.
I'm looking at your picture to help calm
and relax me because I know that my Queen
cares for me and loves me so deeply
like I love her in every way as my best friend and Angel,
I'm looking at your picture because
you are my northern star so brightly shining
and I adore you so much my heart melts for you darling.

Just lying back darling looking at your picture
and though I'm fighting the tiredness
you give me peace with that smile
and I am so calmed that like Monday night
I might just close my eyes and drift off.
I look at your picture and tell you
that you are an amazing diamond in the rough,
and then I just dream of you resting your head
upon my chest me rubbing your back
and stroking your hair as we snuggle up so warm and close.
I love you sweet one and will be looking at your picture

dreaming of when we wi come together again
when I will hold you so closely and break down my walls
to let you in and share my whole world.

Michael P. McParland

Love Note 565

Good late afternoon my sweet love
and I hope your day has gone well
and you have heard my heart
sing out to you in full voice
telling you that you are so beautiful
and truly deeply loved,
my heart has sung to you the whole day
and my soul has reached out
to touch yours as I was both sleeping
and then at the therapists.
I thought of you many times
and prayed you were okay
feeling all of my warmth
and deep caring love as I sent it your way,
I am always with you hand in hand
sending sweet kisses and smiles galore
no matter what I am doing or where.
I love you so much my sweet Angel dove
and I wish you could sit back with me now
to watch some Simpsons and share
my Subway sandwhich I bought on my way home.
I am longing for you and will be
dreaming of you as I sit down to eat,
so remember sweet one that you're not alone
and you never will be because I will
always be yours standing in full support
and true love right by your side.

So my sweet love enjoy the rest
ofr this late afternoon
and know that my heart beats for you,
I will always fight on because
I want to hold you so close
and give you all of the love you so deserve.
God bless you my Angel for you are amazing
and I just want you to see how beautiful,
wonderful, and Angelic you are to me
my sweet divine best friend I endlessly treasure.

Michael P. McParland

Night Note 236

A very good night to you
my sweet beautiful girl.
I so hope and pray that
you are doing okay,
I have thinking of you
and wishing that you were here
as this night has passed through,
to just sit and spend time
while having such fun,
to just look in your eyes
and tell you I love you
and am eternally thankful
that you are mine.
I simply love you sweet one
and ache to bw with you
seeing your smile which fills me with cheer
and to hear your divine voice
just feeling so calm and peaceful
in all of it's sweet tones.

I so adore you sweet one
and I am feeling quite tired,
so what better way to spend
a tired night than in the arms
of your best friend who means so much?
What better way to escape
all the depression and stress
than to be with your true love
being able to escape all that is out there.
I so want and need you my Queen
to spend time with because you are
the one that is my shining star
and gives me reason to continue in life.
Listen so close as my heart sings to you
and feel peace in your heart and soul
knowing I will always be here for you
giving all of myself and all that I have
for I want to honor you
and make you the happiest woman

and so very proud.
I will always be the very best man
for you that I can be my love.

So have a good night
and feel my arms around you as I reach out,
feel all of my love and warmth
with all the sweet kisses and smiles I give.
I love you so much and can't wait
to hold you and feel you soft loving touch
finally feeling whole and that life is so good.
God bless you my Queen you mean
everything to me and I will always be yours
standing right by your side
hand in hand supporting you in full
fighting for you.

Michael P. McParland

Nighttime Achings

I am filled with deep nighttime
achings to be with you my dear sweetie.
To sit next to and be so cozy
in each others arms wrapped up
in my big fuzzy orange blanket
keeping each other so comfy and warm.
I am filled with such bad nighttime
achings and longings to be with you
talking and spending good time.
I so want to talk to you to hear your
thoughts and advice on what's stressing me
and the deep depression I am in.
I long to talk to you so you can tell me
all that you hold inside and have been dying to say.

Such deep achings and longings fill me so deep,
the need to look in your eyes and tell you
you are so beautiful, wonderful and great,
I have such need to look in your eyes
and tell you I love you my sweet Angel dove,
I just ache to hold you so very close
and spend the whold night in each others arms.
I love you so much and ache for my Queen
who is my everything because you are the one
who I love above all and I just want to feel
the stress of the world melt away
as I pull you in and see nothing but you
right before me and smile so big.

Michael P. McParland

My Beautiful One And True Love

Good evening to you my sweet
beautiful one and treasured true love,
what a long night of no sleep
and deep aching just wanting you
it was the other night,
all through yesterday except for a few hours
my sweet Angel of true loving light.
I had so very much weighing on my mind
and my heart was feeling heavy as well.
So I was wore out from not having slept
and just suddenly crashed out my love.
I am so sorry I didn't let you know
because I hate to worry and upset you
my beautiful one and only true love.
I wish Icould just sit back and hold you now
reassuring you all is okay and that
I will always be your man and right by your side.

Oh my beautiful sweet one there were
so many strange dreams and many bad ones as well.
One in particular that tears at my heart and soul,
somehow I had lost you forever my dear
though I don't remember how,
you were not injured or dead thank God for that
but just gone and disappeared from my life to never come back,
and that you had very likely forgotten about me as well
would be my very wordt two fears come my sweet dear.
I needed the rest but I'm glad to be away from
those dreams from hell because even the though
of losing my beautiful one is the death of a broken heart
every being fears.

Oh my beautiful one and only true love
now that I'm up and I know you're not lost
I just want to sit back with you to relax,
eat some good food, and let you know
you mean so much to me for you are my universe.
You are my beloved beautiful one
and all that I need and want by my side through all time.

I love you sweet Kira you are the apple of my eye
and a darling peach and I will always give you
all of the best in the world that I can
and always serveyou in true love and honor
my sweet gorgeous Queen.

Michael P. McParland

Missing Mee Too

I'm missing Mee Too who was
and is such a good friend and sweet soul.
Someone I care for and deeply love.
Mee Too where are you now?
I so miss our talks and the ways
you lifted my spirits giving me hope.
I miss your good mornings that made me smile
and sending you loving good mornings
personalized in return.
I'm missing Mee Too such a wonderful friend
and I pray you are doing well
and will one day return so very soon.
I'm missing Mee Too who reminds me so much
of my best friend and only one
and I just miss looking forward each day
to our long talks about our best friends,
our hopes, dreams, and plans for our
futures with them,
and helping each other to understand
them better when we feel lost and baffled.
I miss you Mee Too and all the smiles you give,
so feel deep cheer in your soul
and catch all of the millions upon millions
of great big warm smiles I send.
I miss you Mee Too and that is the truth
because you brightened my days
and I always tried to brighten yours.

Michael P. McParland

Tired Evening, Get Cozy

I'm still so very tired on this eve
my sweet darling dear
and I want to curl up with you
in my big fuzzy orange blanket
getting so cozy with my dear best friend.
All that I want on this tired eve here
is for you to rest your head on my shoulder
as we get so comfy and cozy
feel content, safe, and peaceful
being with our beloved Angel.
I'm nowhere near ready to go to bed
so I just want to sit back with you
and get so very cozy keeping you warm
while sharing all of our caring love.
You truly are a diamond in the rough
and I thank you for always doing your best
to understand me and giving me
such amazing unconditional love.
Now in spirit curl up in my arms
to get cozy and warm and feel peace
in your heart knowing that soon you will be
in my arms for real snuggling the evening away.

Michael P. McParland

I Love You Kira 16

As I lay here the last number
of hours resting sweet lady
I dreamed of you as I ached, longed,
and yearned through my entire heart and soul.
I dreamed of doing so much of what
I talked to you about in my email
before I lay down to close my eyes
and rest after a full night of being up.
I dreamed of holding you so very tight
and saying I love you my Queen and promise
to always stand with you and treat you right,
I dreamed of telling you I am so sorry
for all I did wrong and all that went wrong
even for those things I couldn't control.
I dreamed of thanking you for being an
amazing woman I adore and treasure.
I dreamed of thanking you for being you
and all of your kind love and caring,
I just wanted to thank you so much
for so many things I can't begin counting.

I love you sweet Kira my dream in reality
and all that I dreamed of I know will happen.
I dreamed of us just sharing all that had
happened to fix everything through understanding,
and then sharing sweet kisses as we tore
down our walls for each other to share
our whole worlds with our inner most thoughrs
and feelings you want to share with your best friend,
things you would only ever share with
your Angel, hero, and true love who you have trust
and believe in.
I love you my Kira you are all those wonderful things
and so very much more,
you are the worlds beauty and the woman
I've loved and adored through all time.

As I was lying down and dreaming of wonderful you
I hoped and prayed that you are alright

and not sick or in very bad pain,
any sort of pain it may be because it kills me
to know you are suffering in any way.
I love you sweet girl and dreamed of those things
and such other wonderful things to share.
I dreamed of you and I could feel you so near
and it helped me rest better than I otherwise would've.
I love you my dear and I give you the keys
to my heart, soul, and entire world
because I only feel safe letting you in
and only want to share in full with you
sharing myself in full my sweet Queen
my heart melts for each day over and over for eternity.

Michael P. McParland

A Tired Morning 2

I am feeling quite tired my sweetie
after a long night of no sleep,
I am feeling quite tired but still
I cannot sleep and will be up for a good while
and I will be thinking of you at many points dear,
and at all points longing and aching
wishing you were here to relax and rest
in each others arms healing each others
hearts and souls from many wounds and scars.
I want to be with you wrapped in each others arms
on this tired morn reassuring you of
how wonderful and beautiful that you are
and that I am not leaving because I am yours
and yours alone forevermore,
I want to do all of this while I'm drying your tears.

I crave you sweet Angel and desire to feel
your soft loving touch which will complete me,
I just want to hear your sweet voice
as you tell me all that is on your mind
and within your golden heart,
there would be no better way to spend
this tired morning than feeling safe and secure
with my soul mate and only one.
I want to pull you in close while you cozy up
and have you rest your head on my chest
feeling all of our stresses lift for right now.

So on this tired morning my dear I will
sit back and relax the best that I can
sending you all of my love and warmth the whole time,
and when I do close my eyes either for
just a few minutes or to finally get sleep
I will see you my bright shining northern star
in all of your beauty my Kira so fine.
I will dream of us among the moon and the stars,
taking a walk in a rolling green field,
I will dream of us lying down on a blanket
under our tree by the rushing river.

I will see all of that and all the times
and wonderful things we will be sharing
when we have reunited sweet lady.
God bless you my Queen I love you so very much
and hold you so dear,
I would truly do anything for you
and to have you right here spending this tired morning
tightly holding each other being with our best friend
we so truly love, cherish, and deeply treasure.

Michael P. McParland

Good Morning Kira My Angel

Good morning sweet Kira my beautiful Angel,
it has been such a long night sitting up
and missing you so very much.
The nights with no sleep feel like an eternity
with deep aching, longing, and yearning
for my beloved and beautiful best friend.
What makes it tolerable though is the love
that you send me and all of your strength
and bright shining light fill me with hope,
all of that with your sweet kisses and hugs
help get me through because your love for me
lifts me up to the moon and the stars
making me smile and you keep my heart beating
my sweet precious diamond.
So in great thanks I wish you a very big
good morning filled with deep love and appreciation,
along with this passionate kiss to wake
my sleeping beauty the most beautiful Queen
to fill you with warmth and make you smile so big.

Good morning sweet sweet Kira my Angel
and after a long lonely night longing and aching
I want to snuggle with you and hide
my face in your shoulder just escaping
from the whole world except you for a little while,
a time in these early morning hours to be in our own world
just talking of our dreams, our thoughts and feelings
while sharing sweet kisses so deep feeling complete.
I wish you such a wonderful morning
my beautiful Angel and divine Queen Kira
and I hope you have a great day in every way possible.

Good morning sweet Kira and feel this passionate
tender loving kiss I send to you to start your day
filled with all of my strength love and warmth,
please give me that bright shing smile
that gives me butterflies and makes my knees weak.
I will be holding you tightly in spirt my sweetie
and will be sending all of myself as always

to you my precious darling.
Still even after a long night of no sleep
I will be up a good while more as I feel wide awake,
how slowly and achingly time goes when missing your true love
and it never gets easier without your best friend.
God bless you dear darling and have a good morning
and feel me beside you the whole day
holding your hand smiling and supporting you
in all that you do my dear Angel who is my everything.

Michael P. McParland

Night Note 235

A very good night to you
my sweet beautiful Angel.
I hope you are doing well
and feeling all of my warmth,
strength, and deep caring love,
I have been sebding it all to you
as this night has gone through,
I have been sending you sweet kisses too
to shower you all over and help reassure you
that I am there with you
to fill you with comfort and peace,
remember my dear that you're not alone
and you need not fear of it
because I'll never leave or abandon you.
You are my eternal Queen I wish
I were holding now just spending time
and sharing all of myself, my world,
and giving you all of the love
I have in store.

As I sit here I yearn for you dear
and wonder if you are okay,
I just long to be with you
telling you all is alright
and to do whatever I can
to help ease and take away all of your pains.
I just want to take care of you
and let you know you are appreciated
and totally cared for
because I treasure you above all
and just want to treat my dear Queen
as the supreme and amazing Angel you are.
I want you to feel all the love
you've always desired and deserve
and there isn't a day I won't
give you all of my best and all that I have
because you more than anyone deserve
true happiness and endless joy.
I will always strive to honor you

my sweet dear because I want to be your
eternal hero, Angel, best friend,
true love, and King,
I will always fight for you
with all that I've got because you are
the greatest my sweet Angel dove.

So I wish you a very good night
and feel my hand in yours
as I take it in mine,
feel my heart beat for you
as it calls out in full voice
all of my caring love
and deep admiration as it melts for you.
I just so deeply love you
and what better way to put it
then saying it straight my sweet Angel,
I want us to walk side by side
hand in hand through eternities time
knowing fulfillment and true joy
as I celebrate life and existence
with my only one.
God bless you my beautiful and sexy Queen
and close your sweet gorgeous eyes
and see my loving smile as I wrap you up
in my arms to fill you with all of
my strength warmth and unconditional undying love.

Michael P. McParland

Late Night Rest

Late on Christmas night after
I wrote you my emails I just lay back
to close my eyes and dream of being with you.
I closed my eyes to see your bright shining smile,
and to wrap up so tight in all of the strength
and deep caring love you have been sending.
I just lay down for a late night rest
and dreamed of you throughout.
My heart longs so deeo and I ache all over
for my precious Queen,
I still smile though because you are so beautiful,
and I look at your picture saying Kira I love you.

I wish you were here with me now
to wind down this night and spend a great time
doing all the wonderful things
within my dreams and that we both love.
A late night of relaxing reflecting on what
a wonderful Christmas it's been my beautiful darling,
and reflect on the love we have for each other
and how amazing it is to share such a love
with your wonderful best friend.
I love you my Kira you are the greatest
and when I close my eyes to rest it is you that I see
because you are my true love and mean everything to me.

So as I get up to read and do various other things
I will be dreaming of you and sending all of my love,
feel the endless sweet kisses I send shower upon you
all over to give you deep warmth and make you smile,
feel my arms around you and my strength fill you.
I dream of you sweetie because you are my
bright shining star and Queen so very beautiful
and I want to be with the woman I cherish
and my heart melts for forever and ever.

Michael P. McParland

This Christmas Night

This Christmas night will be
so very lonely without my sweet Angel of light.
Without you to hold and spend time
my heart aches and swells in the pain
of missing you so very bad.
I can feel all of your strength and love
and I thank you so much for that,
but it isn't as good and cannot match
actually being with you and feeling
your soft loving touch.
I love you dear one and there is a part of me
missing on this Christmas night and all around
because you are not here right now
and it is hell not hearing your voice,
having your loving words,
and holding you close to give a sweet kiss.

On this Christmas night when I am later
ready for bed I will just lay back
and close my eyes and see your big,
bright, shining warming smile
which is just one of the many things that melts my heart.
I will see you and my heart will call out
to tell you I love you so much
and that I want us both to return home
in each others arms feeling complete and safe
always fighting for each other through all.
This Christmas night will be lonely without you
but I have reason to smile because I feel you near
and your arms around me,
and I know that one day so soon we will be
in each others arms so filled with joy
spending a lifetime hand in hand with our darling best friend.

Michael P. McParland

Christmas Afternoon

It's Christmas afternoon
my sweet one and the ham
is almost done.
I have been playing yahtzee with my mom
just enjoying the new gift that I got.
I thought of you multiple times
and smiled with longing and yearning
deep within my soul and heart
knowing how much fun it would be
if you were right here playing with us,
in my minds eyes I can see your
big and bright smile and see you laughing.
I can hear your sweet voice as
you are laughing and having fun playing,
I can feel you throughout
all of my heart and soul from the great
caring love with deep strength
that you send to me with pure
and true love you have unconditionally
in your gorgeous soul and heart of gold.
You are amazing my Queen and Angel
and I'm longing for you on this
Christmas late afternoon.

God bless you my sweet Kira
and feel my arms around you.
I will be thinking of you during dinner
and sending you all of my warmth
and unconditional love with
millions upon millions of smiles
and sweet kisses galore,
I will be thinking of you
and wishing you were here to enjoy
a wonderful meal and later
some wonderful games, reading,
and snuggling up with films.
Being with you and your kids
is the greatest Christmas gift
I could ever hope for

just being with you my best friend
and true love.
You fill me with light,
and you fill me with hope,
you are the worlds beauty
giving it color and spreading loving joy.
So again my sweet one I wish you
a Merry Christmas my dear
and am sending you all of my love
and praying that next year you will be
here to celebrate with feeling
pure joy and cheer beyond the moon
and the stars in the bond
and amazing true love that we have always
and will always share through all time.

Michael P. McParland

Christmas Longings And Yearnings

Christmas afternoon and I am rising
from a very unsettled rest where
I could never fully relax.
I just so deeoply long and ache
yearning for you my sweet precious Queen.
To celebrate our love and the birth
of Jesus on this most holy of days,
it truly is a day to be thankful for so many things.
I am thankful for you and wat to show you
as we spend this Christmas day with each other.
I am filled with Christmas longings and yearnings
for my precious beloved Angel.

I got a couple of new board games which
would be so fun to play with you and the kids.
To just revel in the company of my best friend,
to give each other those soft tender looks,
and the smiles that say I love you without any words.
I am filled with such longing and butterflies
of yearning when I think of you baby,
I feel such desire stir within me
and want to share all of myself and my world
with my dear Kira who means everything.
I love you my fair lady so sweet
and I ache for you because I appreciate you
for all that you do and just who you are.
I long and yearn to have you in my arms
and feel your lips upon mine in all ways my dear one.
I just want to share life and Christmas
with my only one.

So a very good Merry Christmas to you again
my Angel I long for, yearn for,
want and need in my life side by side
hand in hand more than anything.
I ache for you best friend that I feel it
all through my body and my heart sweels,
I want to feel your body right next to mine
and feel our hearts beat together while we bond.

I want to gaze into you eyes and be hypnotized
just bareing myself to you in full
saying thank you my hero you are amazing,
and I love you so much my Angel and blessing.
Merry Christmas my beautiful Kira
now please snuggle with me and make this Christmas
so magical and amazing.

Michael P. McParland

Merry Christmas My Love 3

Merry Christmas my love and only one
and I hope you've had the greatest of mornings.
Now that the presents have all been unwrapped
and everything has been cleaned up
I am going to sit back and relax while watching
some episodes of The Simpsons from the seasons I got,
How I would love to be lying back on the couch
with you holding each other so very tight
while we did that and later read.
Then perhaps later a small nap
while listening to the new Mozart CD I recieved.
Merry Christmas my love and sweet Queen,
my heart is so deeply longing, aching,
and yearning for you.

What a true joyful Merry Christmas it would be
to have showered you with kisses and gifts
and be able to enjoy both throughout the day.
I love you so much my amazing Queen
and you with all of your true love
are the gift I'm most thankful for.
I adore you sweet one and my heart melts for you
so I just want you in my arms on this Christmas day here,
To show and tell you you are appreciated
and just serve you my Queen like I so want to.
Christmas with you would be so magical.

So a very wonderful and amazing Merry Christmas
to you my sweet love and fair lady.
Feel me right there beside you and hear my heart
as it calls out saying Kira I love you.
Have a great day my sweetie for all time
and know I am holding you so very tight.
One day so soon we will be sharing
the most wonderful Christmas
and we will be bursting with joy
being with our best friend
and the person we love most.

Michael P. McParland

Good Early Christmas Morning

A very good early Christmas morning
to you my treasured and beautiful sweet Angel dove.
What better way to start this Christmas day
than to wake my sleeping beauty
with the sweetest and most passionate kiss,
then as you open your sleepy eyes
I'll tell you Merry Christmas fair lady
I so deeply love you and am excited
to spend such a bright and holy day
celebrating true love with you and your kids.

Then as a family we'll go out to open up presents
and just have the most wonderful and loving
good Christmas morning feeling deep warmth
and all sharing hugs so big and caring
that are filled with appreciation.
As the kids open their gifts I just want
to snuggle with you and share some
awesome and deep sweet kisses
letting you know you are loved my precious diamond.
I am dreaming of you on this Christmas morning
and all of the wonderful things
that are one day coming.

A very wonderful early good Christmas morning
to you my beautiful Angel and may you have
the best of days feeling love and appreciation
from me and all those that you love and care for.
Feel all of my love strength and warmth,
feel all these millions upon millions of smiles,
sweet sweet kisses, and massive Christmas hugs
that I send to you my sweet Queen.
Feel my arms around you and this waking kiss
my dear sleeping beauty and please think of me
on this day and send me your hugs, kisses, and smiles babe.
I have felt you so closely and it has meant everything
because I love you sweet Kira more than anything
and I hope that soon we will be together
celebrating each day as if it were Christmas

because we would be with our best friend and hero,
our soul mate whom we both treasure so deeply and completely.

Michael P. McParland

Lying Here Resting With You

As the clock turned over to Christmas
just a while ago I spoke outloud
Merry Christmas dear Kira my best friend
and beautiful true love.
Now it is time to go to bed to rest for awhile
and I want to be lying here with you
sharing sweet kisses and snuggles.
To look in your eyes as I so lovingly soft
say Merry Christmas my Queen I so deeply love you.
Then just pull you in so very close
to give you a passionate kiss
as you then rest your head on my chest.
God bless you my sweetie you'll always be safe
with me because I am yours through all time.

Merry Christmas my Kira let's lay down
under the covers to snuggle and sleep now,
to softly chat for a few minutes
and have a few laughs too,
to feel comfort and peace as we fall asleep
in each others arms as I rub your back
and stroke your long beautiful hair so very fair.
On this extremely early Christmas night/morning
I want to be lying with you and resting
before we get up and get the joyus day going.
I love you my Angel and will be praying for you
and sending my loving strength as always,
so be filled and wrapped up in all of my warmth
feeling my kisses and smiles as well as my massive hugs.
I love you my sweet Angel dove and you are
the greatest blessing and gift I could ever have.

Michael P. McParland

Christmas Eve Dreams

Christmas eve dreams of sweet you
fill my heart, soul, and head
and give me such longing with cheer.
I feel the calm cheer in large part
because I feel you in all of your love
so very near,
and I feel deep longings and yearning
to share all of lifes Christmas beauty
with my Angel and Queen so very magical.
Tonight they are Christmas eve dreams
and I know that one day so soon
they will be happening and we will feel joy.

Beautiful Christmas eve dreams of you
fill me up with such shining light and cheer.
Dreams of us putting all the presents
under the tree,
just seeing your bright shining smile
as we watch a film as a family.
Sweet sweet Christmas eve dreams
of snuggling with you my sweet Angel dove
feeling so complete safe and content
as I reassure you that I'll always
be with you side by side hand in hand
because you are my hero and the only woman
whom I'll ever need and want through all time.

God bless you my dear Angel you are
a diamond in the rough such a truly rare
and beautiful treasure I so cherish and treasure.
I love you my Kira and I am filled
with these Christmas eve dreams to be with you
having the best night there can be
just spending time with those I love,
and then the most wonderfully awesome
Christmas day seeing all enjoying their gifts
and feeling all of the abundant love.
So have a good Christmas eve my precious Queen
and feel all these sweet kisses I send

as in spirit I reach out to warmly
and tightly pull you in.

Michael P. McParland

Evening Note 121

A very good Christmas eve
to you my sweet beautiful girl.
I have been thinking of you
my sweet one as I have been
going around doing a few chores
and been smiling as I can feel you
so close in all of your love,
you make me so happy
and right now my heart is aflutter
as I feel your arms around me
and I think of all the wonderful
times and things that we will
have and share one day so soon.
You fill my heart and my soul
both of which you hold
and I wanted to wish you
a Merry Christmas eve
and tell you my dear Queen
that I love you more than anything.
I adore you my Angel
and will be dreaming of you
through all this Christmas evening
sending you kisses and smiles
with hugs hugs of caring
telling you that you are amazing
and my greatest wish
is to be with you
my sweet Angel dove,
the very best.

Michael P. McParland

Christmas Eve Day

Good afternoon to you on this
sweet Christmas eve day my only one.
I pray you have had a warm wanderful day
feeling all the love and care in the air,
that you have wrapped up and been filled
with all the loving warmth, care, strength,
sweet kisses, huge hugs, and loving smiles I send.
I am always sending all of myself to you
and today is a day with some to do
but at a relaxed fun loving pace
just focusing on those for whom you love and care
and that's what I want to be doing with you on this day.

This is a day with all shopping done
and no reason or desire to go out at all
for us all to just sit in doing the last
of what we need like wrapping the last presents,
and cleaning up a little bit more.
All the while feeling all the loving warmth
surrounding us while sharing smiles
and all the love in our hearts.
It would be the perfect Christmas eve day
with you and your kids here to share this
loving beautiful season with hugs all around,
and sweet sweet kisses for sweet Angel you.

A very good and wonderful Christmas eve day to you.
It would be so wonderful if you all were here
so in a little bit when I make some cookies
we could all enjoy the fun of making them
and then eating in a bit as it is a new recipie
I have never tried, made or had.
What a way to make this day so very great
than to have all of those I so love around us
on this most loving season of them all.
I love you so much and hope your Christmas eve day
is filled with all the love and warmth that I send
and that this time next year I can hold you so close
while I look in your eyes and say Merry Christmas

my dear beautiful Kira, thank you for all of
your kind caring love and for being my Angel,
I want you to know everyday spent with you
is like Christmas because being with you is a gift
that I have always prayed for and wanted.
I love you my sweetie and want to be with you through eternity,
so now my dear have a good Christmas eve day
and know that I am always with you
and will be forever my sweet precious lady
because you are my soul mate and Queen,
the greatest gift and blessing there could ever be.

Michael P. McParland

Love Note 564

A very good late afternoon
to you my sweet wonderful hero.
I am lying down here right now
as a headache hit me from nowhere
and I want to try and get rid
of it before it gets bigger.
I have been listening to my audiobook
and dreaming of you being right here
smiling, kissing, and getting so cozy
and we curled up in each others arms
to rest and enjoy ourselves in the dark
while this headache will hopefully soon pass.
I dream of you and can get just
a small taste of how joyful
our future will be and in my deep longing
I speak aloud Kira I love you so much
and hope you are here so very soon,
I just want your company and all the
amazing love that you in free will,
friendship, and true in your heart and soul
feel as I do and give to me.
I am dreaming of you to feel better
and sending sweet kisses of true love and caring
to say thank you my sweetie for always
being there and for being my lady.
Feel all my warmth and strength
as I reach out to hold you so tight
giving you those loving and passionate
kisses all over so you will give me
that bright big beautiful smile.
Kira I truly love you
and my heart will eternally melt for you.

Michael P. McParland

My Sweet Queen 3

My dear sweet beautiful Queen
so wonderful, bright, and supreme,
you truly are my everyting
and to you my heart so loudly
and sincerly sings out my favorite love songs
to let you know you're cared for
filling you with warmth and strength
as I say I love you.
My sweet Queen I adore you
because you are a rare and precious jewel,
a diamond in the rough who shines
in pure great love above the rest.
You are like no other you're so unique,
I love you for you a large soul
who is filled with toughness and great strength
as shown by all the things you've oner come,
such a giant loving soul so pure
to go along with your heart of gold.

My sweet gorgeous beautiful Queen
you truly mean the universe to me.
You've given me so much hope and reason
to want to fight on living in this life,
you are my northern star
and have filled me up with shining light.
I miss you my sweet Queen
because you are my dreams come true
and the worlds beauty through and through.
I can't wait to hold you my sweet darling Queen
and give you all the love I have
while sharing this life hand in hand,
you are all I want and all I need
because you are my best friend
and my sweet Queen whom I'll love
through all eternity.

Michael P. McParland

Tender Morning Time Thoughts

Good morning to you my beautiful
true love and best friend I hold so dear.
After a mostly very restless night
I lay here in bed now awake,
and as I lay here I am filled with
the most tender loving dreams and thoughts
of beautiful you my sweet Angel dove.

Sweet tender thoughts and dreams
of you lying right here with me
to snuggle a little while more relaxing.
For you to rest your head upon my chest
giving you all of my warmth
to give you deep comfort and peace
both of us feeling so very safe.

Tender morning time thoughts and pure love
fill my head, heart, and soul
of being with you my sweet dear holding you
so very close for awhile before starting
this day in full which spent with you
would make it so beautiful.

Good morning to you my most beautiful dear
and the most wonderful tender thoughts of you
fill me because you are my eternal dream in reality.
I dream of the beautiful morning
I long to spend with my beautiful Kira
snuggling so tightly,
you resting your head on my chest while we talk softly,
to share very sweet kisses and soft caresses,
to just give the best gift there is
on this Christmas season which is being
with each other sharing our love and our company.

These sweet tender morning thoughts and dreams fill me
because you are my hero, my Queen, my true love,
and my best friend that means everything.
God bless you my sweetie and as I lay here

for just a short bit more feel my arms around you
as I reach out to give you all of my warmth
love and strength as in spirit I hold you.

Michael P. McParland

Night Note 234

A very beautiful good night
to you my adored sweet Angel dove
and as I go about my night
catnapping just now and a bit more
before wrapping more gifts
reading my books and watching my films
I have been dreaming of you
and wanted so bad to drop in
and tell you I love you my darling Queen.
I wish it could be your gifts
I was so joyfully wrapping
and then you could join me
to wrap some of the kids my dear sweetie.
Then to relax and kiss you so much
then you could rest your
head on my chest while we lay
on the couch watching a movie
and while I read you our book.
These are just some of the dreams
of this night because
I crave them so much,
but I dream of our future
as well as wondering if you are okay,
sending prayers the whole time
that you will feel all my love
and that you are doing alright.
I love you so much my sweet Queen
you will forever be my everything
and I want to be with you side by side
hand in hand through eternity
as the happiest couple there's ever been.

So have a very wonderful night
and know that your Michael
is right there holding you tight.
I long for you dear
and yearn for your touch and company
because you are amazing my best friend,
I so cherish the bond that we share

which I know is a blessed gift from God
just as you are.
I want you to always know you are beautiful
and to give you all of this love
I have within me.
God bless you my dear Angel
and send me your warmth and big smile,
I can feel you so near
giving all of your love and your arms around me.
I thank thee sweet lady
and am sending you my smiles
with the sweetest of kisses,
so be warmed as you feel them shower upon you
all over the whole night through
and know that so soon I will
be holding you closely letting you know
everything is okay and reminding you
that I'm never leaving
and never again will you be alone.

ILYF and ever KP.

Michael P. McParland

You're All I Want 2

You're all I want my dear Queen,
to be with now having you wrapped up
tight within my loving arms.
To look upon you babe and feel the butterflies
and stirrings inside that only you can give.
You're all I want tonight to give
all my love with all I have,
you're all I want for us to just spend
quality time in each others arms
sharing kisses and closeness
as well as so many things we cherish.
I love you dear and I just want you
my sweet Queen because you are my shining star,
my best friend, you are the woman
I want to be with me becase you are all my
greatest most beautiful dreams in reality.

You're all I want as my heart calls out
to touch yours and speak to it.
To tell you that you're truly loved
and you'll never be alone.
I've never stopped caring for or loving you
my only one and I swear I never will.
You're all I want because I want to serve
my Queen in everyway every single day,
you are the one I love more than anything.

I want to spend the night with you
knowing what heaven is like here on earth,
then fall asleep in each others arms
after a night of joy and fun.
You're all I want and all I crave
because you are amazing to me.
You're all I want because all I feel for you
is such deep and tender caring love
and I want you to recieve all the love
you've always needed and wanted more than anything.
You are my only one my Kira grand
and I pray you'll be my wife through all time.

Michael P. McParland

Bad Dream, Shaking

I have just woken so suddenly
my dear from a very bad dream
and has left me badly shaking,
the kind of dream where tears are threatening.
Please my sweet dear reach out to me
and hold me so tight in spirit as well.
This bad dream is just all apart
of how much I miss you and need to see your bright smile,
hear your Angelic voice, heavenly laugh,
all while spending time in each others arms
giving sweet kisses of all the pure love we have.
God bless you my Kira I need you forever not just now
because you are amazing my dear guardian Angel
and I want us to both be right there to turn to
for each other in moments like now and all others as well.
I am so very shaken my dear and I just want
so bad to hold you so near and hear you tell me
everything is okay.

Such a horrible dream my sweet love
where I saw you close by yet still far
and just couldn't reach you at all.
I saw you laughing, smiling, joking with friends,
and I felt the loneliness in me just widen so bad.
It was a dream that felt o real that as I
finally jerked awake after a torturous long time
I didn't even know for a moment just where I was.
I could see you, even hear you,
but could not shout out to you so you would see me.
The shakes are subsiding gradually my darling
but a dream like that sticks with you badly.
I makes my achings, my longings, and all my yearning
much deeper and stronger and I fight the tears
so you won't from far away feel their hot stinging.
I just want you here with me to share a great evening,
one where both of us can forever forget the
horrible bad dreams and killing loneliness.
A wonderful evening for two best friends,
and two lost souls who have found heaven

and true love within each other.

Oh my sweet Kira I hope and pray
that bad dream will never be real,
I pray that so soon I will hold you
and be able to make you so happy as I prove
myself worthy of my Angels true love.
That bad dream is still hurting
as I continue to fight of the shaking
and the tears that have threatened.
I love you sweet darling and ask for your prayers
and for you to reach out and hold me as well,
for you are my sweet diamond so beautiful and precious
and the most amazing woman I can't stand to lose
because to lose you in any way dear
would be the true depths of sadness,
misery, and madness.

Michael P. McParland

Beautiful Girl

Beautiful girl my heart melts for you,
my heart aches and yearns to be
feeling yours beat with it
as I hold you close to reassure
and comfort you that you're the best,
all I want, and that you are worth it
because you are my Queen I so adore.
Beautiful girl I just want to
lay back here now with you
and give you all my love while spending time
now that we can enjoy the whole day
with my dental work done and no more running around.

Oh my beautiful girl how I need you more
and more as each day goes because
my love has never stopped and never will,
it continues to grow even deeper and more tender
with all the time that passes,
I want to be your eternal husband
sharing life and all our passions.
Kira girl you are amazing and my beautiful
best friend who I've been in love with
since times begginings.
I need you dear because I love you so
and I know there is no better than you
because you hold my heart and soul,
something I would only gift and give
to the one who truly rocks my world.

Oh my darling beautiful girl I am truly
aching, longing, and yearning so much for you.
I want you to not be mad at me
and feel resentment in any way,
I want you to know you deserve tons
and tons of endless undying love
and for you to not push me away,
I want to give all the unconditional love
I have to you everyday.
I want you to see just how beautiful you are

and how much you mean to me.
I love you sweetie and you are my everything
my sweet precious Angel Queen.
God bless you my hero and best friend
I will always adore you and be your biggest fan.

Michael P. McParland

Warming Winter Morning Kisses

A very good morning to you my beautiful one.
As I wake and arise I am filled with such
stress and frustration from things
as well as just waking up grumpy
not wanting to go out and do what I need.
I wish that before I had to go to
the dentist so soon that I could get
mostly dressed and then just snuggle with you,
to give you sweet kisses so you won't be mad
at because I know you are and that
hurts and frustrates me this morning as well.
So to just start this day right and give us both
smiles so big and bright with warming kisses
so passionate and hot to melt all
of the winter ice and make the day great
as we would spend time hand in hand
in each others arms.

So I am sending you millions upon millions
of sweet warming winter kisses with endless smiles,
smiles to tell you that you are so loved as always.
I send you these warming winter kisses
to say Merry Christmas my Angel and I would
give anything to spend this whole holiday season with you.
To shower you in all of my love and presents,
and to give you the best day and best life
you could ever hope for and imagine.
I love you my darling you're such an amazing blessing
and I just want to lay here with you
giving sweet warming winter kisses galore
to reassure you as I always will
that I am yours and will never leave you
my sweet Angel dove.

I love you sweet darling and want you
to have a great day and start it off
with a wonderful morning of sweet kisses,
soft touches, and meaningful caresses.
You mean everything my lady and we both

deserve an end to all our frustrations
and sharing those kisses and our company
is the greatest way to do that
because we are best friends and true loves
with the most awesome bond anyone could ask for.
God bless you my Kira I will stand by you forever
and am right here waiting for you
while sending huge hugs and these sweet
warming winter morning kisses of deep comfort
and total appreciation.

Michael P. McParland

You're Always

You're always in my heart
and on my mind my sweet Angel dove so fine
and as I lay down to catnap for a few
I wish I could snuggle up so tight with you.
You're the one I always want and always crave,
it is for you that I am always having
the most wonderful butterflies and tinglings.
You will always be my Queen supreme
who truly is my everything
and I want to just lay here with you babe
and give you sweet sweet loving kisses galore.
You're always in my heart and on my mind
because you are the most wonderful, beautiful,
true love and best friend anyone could ever have.

You're always at the center of all my tender love
and I wish I could be with you right here and now.
To look in your eyes and give you thankful kisses,
to let you know you're treasured and appreciated.
I love you so very much and when I think of
anyone whom I'd love to be spending time
you're always the one my heart, soul, and mind
yearn for and call out to you in all my love.
You're always going to be my only one
and I want to give you all myself and all I have.
So as I lay down for a catnap dear
I'll be dreaming of you and as ever
sending all my strength and love care to you
becuse you're always my greatest dream in reality.

Michael P. McParland

Huge Hugs My Dear Sweetie

Good evening my sweetie and only true love,
to make yours so bright and warm I reach out
in spirit to give you huge hugs of love,
to fill you with peace and all of my strength,
to reming you as ever you are loved and cared for
beyond anything that there is my sweet hero.
You are my sweetie the most beautiful woman ever
and I am sending you huge hugs to tell you
that you are appreciated and I pray you are alright,
I hope that so soon I can give you these hugs in person.
You are the worlds beauty and my dream in reality,
so I send you sweet kisses with smiles
as I give you these huge hugs my most treasured
and beloved sweetie who truly is my best friend and everything.

I send huge hugs my dear sweetie to fill your
heart with deep cheer because you are amazing
and deserve to be happy and given the best love
that there is in endless droves,
I send you these huge hugs to let you know
you are worth it and that all others who hurt
and belittled you were pure idiots.
I send you huge hugs with every bit of my strength,
warmth, and undying love because you are my Angel,
my Queen hero and best friend who holds
my heart and soul within your soft hands.
I love you my darling and want you to know
that I am right here for you and can't wait to hold you
because you are the one who makes everything in life
worth fighting for to see your sweet smile
and be by your side through all time.

Michael P. McParland

Love Note 563

A very good late afternoon
to you my sweet beautiful Angel dove,
I am now back home from
seeing the therapist
and first thing wanted to tell you
I love you so very much and you're great.
I adore you my Queen and thought
of you first thing as I arose
and immediately had to go,
I sent you sweet kisses with all of my prayers
that would feel warmth
in all of my undying and never ending love,
I prayed that you are okay
and for you to feel my hand in yours
to reassure you I'm with you
and that you're not alone.

I so adore you sweet girl
you are my rock and my heart melts for you.
There has never been such a love as ours
and I want to forever be with you
holding you close, keeping you safe,
and giving freely in true love
all of myself.
You are so beautiful in
all ways my sweet darling
and I get the most wonderful tinglings
and butterflies over you my
sexy sweet Angel bride,
you are my Queen
the only one I want and need
and I'll forever be yours
because you are a blessing
and my diamond in the rough.

I love you sweet Kira
and am wishing so deeply
that you could be here to join me
the rest of this late afternoon

through the night in each others arms.
From shaving my head in a few
and a wonderful warming shower with you,
doing so many things we enjoy
with thebest friend we so love and adore.
I miss you my one and I will
always be right here waiting for you
because you are my hero and soul mate,
and the special bond that we share
along with you means everything to me.

Michael P. McParland

Tired Kisses And Longing

Feeling quite tired now dear
on this very late night
and before I go to bed in awhile
I want to be giving you kisses
so deep and passionate in every way.
Tired kisses on your forehead and cheeks,
sweet little pecks on your soft neck,
and the most passionate kisses on your lips
as I look into your eyes,
then pulling back to say Kira I love you
so so very much because you are the best,
then give you delightful kisses you'll love
on your soft passionate lucious pink lips,
it is only you and your lips that I ever want to kiss.

I am so deeply yearning and longing
to hold you so very close,
to snuggle so lovingly on a tired night such as this.
To see your bright smile and share kind words,
to tell you that you truly are beautiful
and so magical my dear Angel,
to let you know that you are appreciated
and to show you I'm giving my best for you always.
I am sending you these tired and very loving kisses
from my longing heart filled with infinite love
for you my sweet Angel dove.
I crave you my dear and all of the love that you hold
because you are my blessed best friend and everything.

So as I finish up wrapping presents
and reading a small bit before bed
I will be dreaming of you
and all the wonderful things I adore
along with the kisses I so want to share.
God bless you my Angel and one day I am going
to build for you my dear Queen a castle,
so you can always look down on the earths beauty
and enjoy all there is my dear one,
I will build you that castle because you deserve it my darling.

Then there in great comfort knowing my Queen
feel safe and so peaceful we will share
the sweetest of kisses rather tired or not dear.
That is what I so long for is just to be with you.

Michael P. McParland

Night Note 233

Sitting hear listening
to music on this night
and I dream of you
in all of your great wonder
and deep precious beauty,
my heart sings out to both you
and the great heavens
thanking you for being amazing
and thanking God for my
sweet precious Angel,
I will be yours forever
and want to be with you
hand in hand always standing up,
for, and by each other
through all time persevering,
I love you my Kira
and as I listen to each love song
my heart is singing it out to you
so warm and tender to comfort
and remind you that you're not alone
and that I am your Michael forevermore
giving all of my heart, my love,
and the keys to my world
for it is yours as well.
I love you my dear sweet sweet Kira
and never forget that you are
appreciated, cared for,
and truly desired for the
wonderful woman you truly are.

Michael P. McParland

Dear One 2

Dear one I was just looking
at your picture with you wearing
your big bright shining smile,
eyes so gorgeous and intoxicating
with the way they sparkle my Angel.
Dear one I wish I could just sit back
with you as we looked into each others eyes
while we talked, spent time,
and spent a cozy night holding each other
so very close sharing our worlds
and feeling so very good.

Dear one I thought of you many times
while I was out a bit ago Christmas shopping.
Things that I saw that I wanted to get you,
and to just smile while holding hands too.
Dear one and true love I so deeply miss you
and as I looked at your picture
my hearts longing and yearning grew ever deeper.
I so want to spend a cozy night with my Angel
just spending time sharing ourselves
and all that we love dear.
I miss you so much and want you
to be right here in my arms where I can
give you sweet kisses and thank you
as you deserve and as you would want
and hope for my dear lady.

Oh my most dear one I wish I were
looking upon you and your smile
not just in your picture
but as you were here in my arms spending time.
You are so charming and amazing dear darling
and I want to be escaping the world with my baby
holding each other so very closely and laughing.
I love you my dear one and will be dreaming of you
as this night goes saying outloud I love you
sweet Kira my onle one and true love.
Have a good night my dear one and feel me

right there always by your side
because you need not fear of being alone,
and feel all of my warmth love and strength
as I give it all to you in full.

Michael P. McParland

Snuggle Up Babe

Up now my sweet dear for a short bit
and as I shook off all of the
long deep sleep I had been in
I wish I could have snuggled up with you
to hear about your day, your feelings,
your thoughts, just everything
as I held you so near to me thanking you
as I kept you so warm and letting you know
that you are eternally loved.

I wish I could snuggle up so tight with you babe
right now as I listen to Falco's song Read A Book
which always makes me smile and think of beautiful you.
I would love to be snuggling up so tight
with you for a few minutes more before I must
go out with my dad to get all of my moms Christmas shopping done.
I just want to snuggle up with you my dear Queen
and say I love you my beautiful only one and everything,
then give you sweet sweet kisses galore my precious dear.

So in spirit my sweet one snuggle up so tight with me
as I embark out into the cold winter evening here.
Close your gorgeous eyes and see my big smile
which for you is always filled with pure
pride and deep tender love like you've always known
that is within me for only you my best friend.
Feel me there with you and snuggle up so tight
as I take your hand and wrap you in my arms.
Never forget that you are so loved and that
you are not alone because your Michael
treasures, adores, and truly loves you
beyond the moon and the stars
and that my heart melts for you everyday
because you are my bright shing Angel and beautiful Queen.

Michael P. McParland

Endless Love

Endless unconditional undying
love for you my Angel of light,
endless and tender true love for you
fill me up to the bursting point.
You are my beauty and you are my one.
you are my gorgeous Kira whom
I love and adore wanting to be with you
hand in hand through all of time.
I have endless love for my Queen
because she truly is so special to me
and she im my amazing best friend
whom I would do anything for
to fill her with joy and take care of her needs.

I have endless love and such
great reasons to admire and adore,
from all the desirable beauty with out
to all the desirable beauty within,
she is such a kind caring woman
whom I can trust and have faith in
like no other being anywhere.
She is my hero and Angel supreme
and she tries so very hard to understand me
and knows me as well as anyone,
she is one of the few that truly knows me
and I will share my whole world with her.
I am filled with such endless love
for the most wonderful woman there's ever been
because I have seen what is within
her heart and soul and they truly are filled
with pure loving care giving her all
and even more to help others and give them such good.

I am filled with such deep passionate
endless love for my dear and wish that
I could be giving her sweet kisses
while holding her near and thanking her
in full for the wonderful woman she is.
I love my best friend and I always will

because I gave her my heart which will
endlessly and eternally beat for her,
and I have given her my soul
because no other ever can light me up
just like she does because she is
a blessing and a gift,
a magical soul with such endless love
just like I have for her.

Michael P. McParland

Love Note 562

A very sweet afternoon
to you my beautiful one.
As I am about to head out the door
I wanted to tell you first
I so deeply love you,
I wish you could be here
to give each other company while out,
and to help keep each other warm
with kisses and smiles so wholesome and good.
I don't know just how long
I will be out with all the big crowds
but feel all of my sweet kisses
and smiles shower all over you
with my arms wrapped around you as well
to keep you warm where you are
and reassure you of your importance,
deep worth, and meaning to me,
my hand will be in yours
to let you know I am there
and forever completely in love.

So have a good day my dear Angel
and know that your Michael
true loves and desires you.
You are my best friend
and the most amazing woman of all time,
I pray that next Christmas
you'll be right here in my arms.

Michael P. McParland

Closing My Eyes

Closing my eyes I can see you
and I feel you so near.
As I rest for a few hours
before going out in this cold
to get some shopping done
I am dreaming of you
and wearing the biggest most loving smile.
Closing my eyes I see the Angel
I want to be with through all of time
and send all of my love
saying I love you my dear
and will always be yours because you are
the best friend and hero I always dream of and adore.

Michael P. McParland

Frigid Night

It is trully such a frightfully
frigid cold night my sweet Angel of light,
and after a very hot shower
followed by very good food to fill the belly
I want to just curl up with you
before I must clean up things my dear
and snuggle away all the shivers
on this frigid night here.
Kira you are my one and all my hopes and dreams,
and right now the part of my dreams
I want the most is to hold you my dream in reality
so very near, so very close,
keeping each other warm with kisses, with smiles,
by just spending time feeling so cozy
in our loving souls which are touching and holding each other.

Michael P. McParland

Night Note 232

A very good night to you
my most beautiful and beloved
sweet precious girl.
I am so so sorry I dropped off
and slept for so very long,
I was far more drained
and weak from being sick than I knew,
along with the medicine
I couldn't help falling away
from all of the waking world.
So as I arise I wanted to
aplolgize to you my most beautiful Queen,
and say Merry Christmas my one
I love you so much and wish you
were here to spend this time with me
so I could have the greatest gift ever
of seeing you to tell you I love you
and that I care for you in full,
to have you here is the gift
that I want so I can give you sweet kisses
and give you all of myself and my endless love.

Oh my sweet one it is freezing so bad
and as I arise I want to snuggle
with you as I wake up a bit more,
and then to be able to just give
sweet kisses to you and hold you so near
while taking the most cleansing,
refreshing, and warming shower
when seeing your bright shining smile
and giving you mine my woman so beautiful.
I just want to feel you right next to me
feeling so good and whole in a very close way
and then fall into each others arms afterward.

So my sweet love how I wish we could
spend a warm night together
chasing awaythe colds shivers and frights,
and just ignore the cold as long

as we can before having to go out
this afternoon to pick up my prescription
and get some Christmas shopping done.
I want to be with you so much
my one and true love and I will
be dreaming of you the entire night through.
I love you my Queen and I always will
so feel all of my deep warmth
and loving strength as I send it to you
with millions upon millions of sweet kisses
and smiles to shower all over you.
I love you sweet Kira and never forget
that I will always be with you
because you are my best friend,
my hero, and my true whom I want
to be with through all time.

Michael P. McParland

Rest Your Head Next To Mine

Rest your head next to mine my sweet Queen
and snuggle so tight as we catch
a nice nap on this cold winter day.
I still feel drained and quite weak from being sick
and I just want to lay with you feeling
whole, complete, and trully good.
Rest your head next to main and get so very cozy
as I hold you close while looking into your gorgeous eyes
telling you how much I love you and care
and want to spend all of eternities time
as your Angel, hero, and faifully loving man.

Michael P. McParland

Keeping Each Other Warm

A very good Sunday morn to you
my beloved and beautiful sweet Angel dove.
It is a fiercely cold morning
at twenty below zero and I awoke
shaking and freezing my dear.
Now in my robe and feeling quite a bit better
my only one I wanted to wish you a
good morning and tell you I love you so.
This is a day I want to spend with you
wrapped up together under a couple of blankets
keeping each other so warm and deeply happy
in our immense and shared love.

What a wonderful thing it would be to snuggle up
so tight and loving keeping each other so warm
while we are lovingly and joyfully smiling.
What would make this frigid arctic day
worth being up and feel so rad is us wrapped up
so tight keeping each other warm through this winter day.
I love you my darling and wish you a winterland good morning
telling you that I love you and want so much
to be snuggling up tightly sharing sweet kisses
and smiles while keeping each other warm
and being so comfy and cozy on an impossibly cold
witer day that has greeted us here.

Michael P. McParland

To Rest With Ease

I'm feeling quite sad
my sweet Angel of light.
As I now lay down to rest for awhile
I so want to be with my beautiful girl.
To look in your eyes as I hold you so close
and assure you that of all people ever
I love you the very most.
So as I close my eyes I wish I could
fully rest at ease having you here right beside me.
I so long to hold you and kiss you too,
to let you know in full that you are so loved
and cared for my dear.
We both truly need and deserve to feel at ease
getting some good rest tonight and all nights
holding each other so very tight.

Michael P. McParland

Evening Of Peace

After a nice rest my sweet Queen
I wish you the most beautiful of good evenings.
And now as I rise my sweet darling
I smile for you and send sweet kisses galore,
I want an evening of peace spent
together you, me, and your kids as well
all staying warm from outsides frozen hells.
I need an evening of peace serving my Queen
and spending time hand in hand in each others arms
sharing sweet kisses and smiles just spending time.

To begin an evening of peace I want to cook
you and the kids the nicest of dinners,
then us spending time talking and laughing.
I just want and need an evening of peace swith dear you
to forget the whole world and all of its ills
with the woman I so truly love and your sweet kids
whom I'll always treat as good as my own.
I so want and long for an eveing of loving peace
because I want to make you so very happy
as much as you have made me.

Michael P. McParland

Love Note 561

A very good afternoon
to you my sweet beautiful girl.
I have been thinking of you
as I've gona along getting
some stuff done that I've needed to.
I wish you could be here to spend
the rest of this day spending time
in each others company as I finished
up a few things that I need,
and then we could sit down my love
and get to wrapping some
Christmas presents to get under the tree,
then snuggle up tight
to share some sweet kisses and relax
while watching a film and snuggling tight.
I will be dreaming of all this with you
as I get back to my chores in a few.
I hope that next Christmas time
I will be doing holiday things
and so very much more with you
having a great time with the woman
I so truly love.

Michael P. McParland

Good Saturday Morning Sweetie

Good Saturday morning my most
beautiful sweetie I so love and adore,
God bless your kind loving heart
and your divine golden soul,
I thank you so much and in full
from the very depths of my soul
for all of the loving strength
that you've sent to me while
I have been sick and feeling down.
Good Saturday morning to you my true love
and thank you for always being my Queen
ever so Angelic and full of pure love.

A very loving and beautiful Saturday morning
to you my sweetie I endlessly love true
and am endlessly thankful for in every way.
I wish you could join me to help keep
each other warm while snuggling and sharing kisses.
I love you completely for just who you are
and lovingly thank you for all of your caring,
your patience, and love as I have been so sick my one.

I love you my sweetie and on this Saturday morning
I just want to sit back with you
holding you tight in my pure love and let you know
just how thankful I am and how much I love you
my dear Angel I adore because my heart melts for you
and I want you to know you are appreciated
and cared for through and through and will be
through eternity it is true.

Michael P. McParland

Keeping You Warm

As we fast approach evening here
I would love to be spending time
and holding you so close my dear.
Just keeping you warm on this
intensely freezing Minnesota evening,
protecting you from the shivers
that can even inside at times still get you.
I'd love to wrap you up in my robe
and then wrap us up on my big fuzzy orange blanket
so together we could be so very cozy
feeling so warm as we were snuggling.

I want to be holding you so close to me,
to keep you warm in mind, in body, in heart,
and in every way that you want and need.
I want to help keep you warm as it will
gett colder and colder through the weekend.
twenty two below zero on Sunday babe
and those are days unless you have to
you don't go out for anything.
So I just want us to wrap up
and since right now I am still a bit sick
give you kisses on your forehead, soft neck,
and rosy red cheeks both of us smiling so big.
I love you my darling and just want to spend time
and keep you warm in all ways because
you are my Queen and everything.

I just want to be close with you know
and through all of life keeping you warm,
to make sure you know that I am always
right by your side hand in hand
and that you can turn to me any time for whatever you need.
In the immediate though I want to be
holding you so very close and both of us
wrapped up so tight staying warm on this
very very frigidly cold Minnesota night
and weekend ahead.

Michael P. McParland

Afternoon Smiles Of Thanks And Love

Sweet sweet smiles of pure thanks
and true love to you my sweet Angel dove.
Rising now from my rest I am feeling
quite a bit better sweet love
and want to send you these smiles to thank you so much
for all of the love and the strength that you sent.
For putting your arms around me in spirit
and for giving me kisses so sweet
along with your gorgeous smile.
I love you my dear one and wish you could see my big smile
to warm your heart and your spirit
as I gaze in your eyes telling you you're beautiful.

On this afternoon my sweet sweet beautiful love
please feel all of my love and sweet kisses
shower all over you with my thanks in full.
Close your gorgeous eyes and see the big smile
of thanks that I now wear.
I thank you my one for all the comfort you sent
to help me get some good rest for a number of hours
to get feeling better than I have in days.
And though I am not yet better in whole
you're loving strength is helping to get me there.
I love you my dear one and will be dreaming of you
as I relax getting my health in order
and sending all of my smiles and thanks
my heart singing out saying Kira I love you forever and ever.

Michael P. McParland

A Morning Snuggle To Feel Better

Good morning my sweet Beautiful Angel
and after beeing up for a short while
I need to lay back down for a short while.
I so wish you were here to kiss me on the cheeks
and tell me soon everything will be better,
for you to rub my face and my head
as we so tightly snuggle,
to just so softlytalk and laugh while resting
to try and get feeling better all the sooner sweet lady.
Iwish we could share a morning snuggle
so loving and warm as I lay back down for a few
so my mind and body can repair and as ever we can have fun.

As I lay down I wish we could snuggle and be
so very comfortable as for a few you read to me,
and as I drifted off you could watch some TV
or do something you have wanted or need
while snuggling up so tight with me.
First to just look at each other and say
it will be okay baby because
we will always be here for each other.
I love you my Kira and so crave your arms around me
as you give me your heavenly company
and to to just spend a restful morning snuggling
while we both in so many ways get feeling better.

Michael P. McParland

Night Note 231

A very good night
and soon early morn to you
my beautiful sweet Angel dove.
I am truly so sorry I dropped off
on you yesterday but after
a little bit of being up I felt
so worn out from being sick
and I started to feel awful again.
Only within the last half hour
have I woken and gotten up
to drink a little something
and sit back feeling a bit better my Queen.
I wanted to write you as soon
as I could and apologize to you
and tell you I so wish you were here
to sit back and snuggle so tightly
and be cozy with,
to hear your soothing voice
and feel your soft touch as you rubbed
my face and head while I rubbed your back
and stroked your long beautiful hair
telling you you mean everything to me
and will forever be my Queen supreme.
I wish I could sit back with you
talking, relaxing, watching a movie
before I may need to lay back down
soon for a good while.
Maybe then you could read to me
as I found among all my kindle books
the perfect series for us to read.
I love you my sweet Angel Queen
and since I wouldn't want to give you
sweet kisses on you soft lips
lest I perhaps be contagious
I want to look in your eyes
and say I love you sweet girl,
Kira you are my everything
and then softly caress your cheek
while kissing your forehead,

your other cheek, then soft pecks
on your soft beautiful neck.
A very good night and soon early morn
to you my beautiful and beloved
sweet Angel dove whom my heart melts for.
Remember that your Michael is with you
and holding your hand while I
hold you so very closely.
I love you my sweet Angel and I will forever
because you are my best friend,
my hero, my soul mate, my only one
whom I've loved since the creation
of the stars when I met.

Michael P. McParland

A Restful Afternoon Sweet Love

Feeling a little bit better my Angel
and I thank you for all of the care,
loving, and strength that you send me.
Now that I finally feel able to sit up
I just want to listen to you read to me
if you would and then watch a DVD or Blu Ray
while snuggling so very closely sipping at
some sprite and ginger ale to help my stomach
feel steady and calm.
I want a restful afternoon with you my sweet love
because you are so precious and my best friend
who makes me feel better no matter how bad
I am doing in any way my true lover.

I want a restful afternoon hearing your laugh,
your divine voice, and seeing your Angelic smile
which shines so very bright and lifts me up.
I love you my dear Kira and want to spend
this sick afternooon with you just getting better
while feeling so peaceful and restful.
I love you my precious Queen and Angel
and am sending you all of my deep love and care
with huge hugs and all of my strength
to reassure you of all of my caring love
and to remember I'm always yours through all of time.

Michael P. McParland

A Sick Morning

Good morning my beautiful Angel,
I am still feeling so very sick
my intensely beloved Kira.
I am only now feeling well enough
to write my dear sweetie
and I wish you were here to lay down beside me.
I don't have the flu so it is not catchy,
I just want you here in this bed
beside me to spend the rest of the morning
and at least part of the afternoon.
I love you sweet sweet Kira and even though
I am feeling sick it would be a good morning
in total if I had you here to so tightly
and lovingly snuggle and see your bright smile.

Michael P. McParland

Please Be Calm 2

Please be calm and feel at peace
my beautiful and beloved precious rose.
Please be calm and remember I am with you
right by your side hand in hand,
I have not forgotten about you
nor will I ever my sweet precious dear.
I have just arrived home from the therapist
and before that I was lying down
trying to get feeling better,
so trust me sweet lady I was not ignoring you,
brushing you off, nit forget about you
because you were in my thoughts and dreams
the whole time my beautiful Angel.

Please be calm my sweet love and know
within your heart and soul that I would
give anything to be holding you now,
to softly caress your cheek as I gazed
into your gorgeous eyes and then say
Kira I love you more than anyone or anything
and will stand by your side supporting you
in true faithful love through all time,
and then pull you in for the sweetest
most passionate tender kisses
with all of my heart and soul to fill you
the woman I adore with all of my warmth and love.

Please be calm my sweet Angel dove
and please let's sit down and in each others arms
talk so very soon,
I want to be able to soothe you and reassure you,
I want to give you sweet kisses and let you know
I will always have my arms open for you
and that I will be your loving hero.
Please be calm my dear one and remember
I am always yours and yours alone
because you are my best friend
and I have loved you since day one.

Michael P. McParland

A Relaxing Morning With Sweetie

Still not feeling completely well
my sweet beautiful girl
and the best medicine there could be
would be to spend a relaxing morning
being cozy tightly snuggling with you.
Keeping each other so warm and curing
each others lonely aches and pains,
I want a relaxing morning with you
as I try to get feeling better this day.
I want a relaxing morning with you
my sweetie so good before I have to go to
the therapist this afternoon.

I want to spend a relaxing morning kissing and talking,
to watch some YouTube videos lauging and learning,
I want a relaxing morning seeing my sweetie smile
and know that everything will be okay
because she is right here by my side to take
into my arms and thank her for everything in every way.
A relaxing morning with sweetie is what we both need
because we need each other as best friends and soul mates.

I so want and need a relaxing morning
with my sweetie I so dearly love,
my stomach still aches a bit as does my head
and I just want to share smiles and kisses
to brighten this day.
A relaxing morning to conserve our energy
so we can go out and do all that we need later.
I just want a relaxing morning with you
my most beautiful Kira because I so truly love you
and want to spend time with my precious Angel.

Michael P. McParland

Morning Note 207

A very good morning to you
my gorgeous sweet Angel dove.
I truly am so sorry I dropped off
yesterday until just now
but after I lay down yesterday
for a few hours I woke up
with a pounding headache
and feeling so very very sick.
I have a sinus infection
that really blew up
and now waking up I'm feeling
much better but far from great.
So as I get up I wanted first thing
to tell you good morning
and that I love you my Queen,
so have not a fear because
I truly am here for you
and as ever sending sweet kisses galore
with huge hugs of strength and warmth
from my very heart and soul.
I am sending all of my tenderness to you
my hero and true love.

Most of my night was filled
with the most bothersome nightmares
and fever dreams,
until you came and lovingly rescued me,
and now as I get up to shave
and jump in the shower
I wish you were here to join me
smiling holding each other
under the flow of warm and relaxing water,
then I would just so lovingly
gaze into your eyes and tell you
allabout this great dream of which
I remember great parts of.
I would give anything to have you join me
to hold you so tightly as all
of the nights sickness washed away nicely,

and as I shaved my fuzzy face
to give you soft and smooth sweet kisses
of tender true love.

I love you so deeply my Angel
and wish you a good morning
of warmth as my warmth,
strength and love surround and fill you
to reassure you always I'm with you
and that you truly are
appreciated and loved.
you are amazing and a beautiful gift
I am so blessed to have in my life
and to soon spend my future with.
God bless you my sweetie
and remember that you truly are
ever so beautiful and one of his
most special and greatest gifts
he has sent here.

Michael P. McParland

Afternoon Smiles And Desires

Back now my love from Christmas shopping
and thinking of you fills me with smiles
and the deepest of great desires.
Desire to sit and have a chicken lunch with you
sharing the rotisserie one I bought at the store,
and then some tight snuggling with sweet kisses darling,
then slide under the covers for candy and closeness.
I wear a big smile for you and am filled
with deep desire to spend time with you
my beautiful sweet Angel dove who means everything.

After sharing sweet closeness I desire
to just snuggle up tightly both of us smiling,
just lay there for a good while holding each other
and lovingly talking,
then I desire to just spend the rest of our day
serving my Queen reading to you and giving you
massages to help ease all of your pain.
I love you my dear and desire this time with you,
close your sweet eyes to see my big smile
and listen so closely as my heart calls to you
saying sweet sweet Kira you are my best friend,
my hero, my only one, and I love you so much
my Queen and dear Angel supreme.

Michael P. McParland

A Busy Day Beautiful

It's a busy day my beautiful girl
as I run around with my mom
to help get my families Christmas shopping done
as well as to just get out of the house.
While I have been out and as I do
head back out in a few you are in my thoughts
and I am sending the sweetest of kisses
with all of my strength and my warmth.
It is somewhat of a busy day my fair one
and I wish you were here to join me
going along hand in hand.

As this busy day goes my sweet Kira
my heart will be singing to you
in full voice all of my favorite love songs
to lift you up and to make you smile,
just close your gorgeous eyes
and see my big loving smile to feel cheer
run through your entire mind, soul, and body,
feel my hand in yours and remember I'm yours forever.
I love you my darling and through all days
I long for your soft touch and hugs,
both of us enjoying the fruits of love
as the best friends we are.

Michael P. McParland

Night Note 230

A very beautiful
and good mid night to you
my sweet wonderful girl
I treasure and adore,
I hope that your night is going well
and that you know I am right here
thinking of you with tender love
running and overflowing from
every bit of my heart and soul,
I can feel all of your love as well
and remember you're not alone
because I am right here waiting
for you and will always stand up for you
holding your hand and supporting you
through and through for all time
my beautiful bright shining Queen.
I am so filled with true love,
excitement, butterflies and deep tinglings
just for you my sweet Angel dove,
you truly are the greatest gift
and blessing that there is.

So as I go about my night
I have such deep longing
and yearning that aches in my heart
to be with you enjoying life,
to just look upon your beauty
and into your eyes
letting you know you are the most
wonderful and beautiful woman there is,
and to thank you for being
in my life and all the
amazing love that you give.
So feel my arms around you so tightly
as I reach out to hold you
and feel all the sweet kisses I'm sending
shower down all over upon you,
be filled and wrap up in all
of my strength, warmth,

and eternal unconditional love
I send to you my sweet Angel dove.
God bless you my Kira I will
always be yours and in complete
love with you darling because
you are my best friend and hero
with whomI share the most amazing bond with
and I am so thankful for it completely.

Michael P. McParland

In Each Others Arms

Waking up from a good rest
and as I do my heart calls to you
and I want to spend a peaceful
and loving night within each others arms
sharing all of our love reassuring each otther
that everything is alright
because as the best of best friends
we will always there for each other like we have been.
I want us to be in each others arms
feeling so peaceful, so safe, and so joyful
surrounding in the amazing warmth of true love.

I want to just feel your softness
as you hold me so tightly and I tell you I love you,
I want to look in your eyes and say thank you
my sweetie before I so deeply kiss you.
I want a wonderful night in each others arms
just spending time kissing, talking,
and snuggling all the loneliness away hard,
I want to share myself with you completely,
and as the night goes along share laughs
and enjoyment watching YouTube videos,
reading, and watching movies we both want to.
I love you my Kira and want to spend this night
holding each other escaping the pain
and the outside world with my precious Queen.

Michael P. McParland

Softness

Your softness and your love envelop me in whole,
your softness in all your love
fills me with passion and deep joy.
I strive so very hard to give you
all you want and all you need,
I go so hard to give you all the joy in return
that all your soft loving care gives to me.
You truly are so wonderful
and so very beautiful in every way my dear.
Your softness and your total love fulfill me
and make me smile in the largest way
you can imagine my true love.

Your love and softness you have inside
keeps me going every day so very hard.
You fulfill my wants and needs for love
because you truly are my only one
and to have the softness and never ending love
of my great and gorgeous best friend
gives me zest for life and an excitement rarely felt.
I love you dear for the deep softness
that you have inside and so very much more
because you are a complete and wonderful woman in whole.
I will always go so hard for you
because your loving softness feels so good.

Your loving heart and soul and total softness
that you carry within your fighting soul
is what I dive into as I shower you in all my love.
I can feel all of your loving tenderness from here
and all of your softness when I close my eyes and dream,
I see your big loving smile as we will share
the sweetest kisses and the biggest hugs of true lovers,
you are a shining star whom I so love
and care about in every way.
What makes what we have so special babe is that
our love is equal and purely unconditional.
I love you dear and your softness will always envelop me
as I'll always pound so hard to do my best for you

give you joy, pleasure, pride, and big smiles too.

Michael P. McParland

Morning Catnapping

Just catnapping here this mornin
sweet lady and dreaming of all
the good times we have shared
since we were in school as teenagers.
I dreamed of your laughter,
your smile, conversations we had
and things we did together.
I dreamed of the old times
when we met and feel in love
as shy kids who didn't know
how to tell each others of our deep feelings
to know as adults and best friends
who are still just as deeply in love
and even more so.

Catnapping this morning sweet lady
and I have been dreaming of you in all of your beauty.
I long ever so deeply to see you
right now and share this cold winter day
keeping each other warm and so happy
from all of life's lonely storms.
I love you my dear sweetie
and wish I could hold you as I lay here
relaxing and catnapping as I still don't
feel very well my dear Angel.
So as I am catnapping this morning
feel my arms around you as I reach out to hold you
and remember that my heart sings for you
because your Michael so truly loves you.

Michael P. McParland

Mid Night Kisses, Smiles, And Snuggles

Waking up finally sweet love
from a very long needed and refreshing sleep
and I have a bit of a headache and slight stomach ache.
In this mid night all I would love to do
is smile at you and say I love you my beautiful dear,
and then pull you in for sweet kisses and tight snuggles
as we lay here lightly talking as this
headache and small stomachache pass.
To sit so closely togrther and spend time
drinking some gingerale and nibbling on crackers
as the medicine helps this headache go sonn.
Mid night kisses, smiles, and tight snuggles
to give you deep reassurance of all my belief,
love, appreciation, and deep care in you,
to just share a beautiful mid night together
felling complete, feeling whole, feeling so very good
with pure joy arm in arm.

I send to you my sweet Angel dove the biggest
and warmest mid night kisses, smiles, and snuggles
straight from my soul and my heart which as you know
overflow with such deep, true, and pure love
for you my beautiful Angel and jewel.
I send all of these to you endlessly to fill you
with all of my loving stregth and to dry your tears,
to let you know through all of my warmth
that I am right there with you,
I so wish you were here to lay by as this headache
and small stomachache pass by me because
you are pure gold my sweet Queen.
A mid night of sweet smiles kisses and snuggles
are just what I want with you because
you are my only one and true love I adore
and want to be with forevermore.

Michael P. McParland

A Great Big Sunday Hug

A very good Sunday morning
to you my sweet Angel dove,
and to start this day off perfectly
I send to you the most massive warm hug
to fill you with all of my strength and love.
Great big Sunday hugs of pure love
from our best friend are what we both need
and I send you millions with smiles
and sweet kisses as well.
I wish you the best of mornings my love
and send the biggest most loving of hugs
to tell you I love you and will always be there
right by your side as your loyal and loving man.

Michael P. McParland

Night Note 229

A very good night to you
my sweet precious Kira,
I am so sorry I drifted off
I have just been feeling so very
worn out and tired for many reasons.
As I have awakened I don't know
just how long I be up my sweet lady
and I wish you were here to hold
so very tightly and to sit with
enjoying the rest of this night
into the morn sharing some good food,
talking, and having fun
as we snuggled and kissed throughout
feeling so good and keeping
each other warm.
I so deeply long and yearn for you
throughout my entire heart and soul
and I would do anything to make
everything perfect for us
and have you right here to hold tightly
and look in your eyes to tell you
I love you sweet one and you make
my heart sing so loud and proud.
You make my soul glow my best friend
and will truly be my sweet Angel dove forevermore.

I love you sweet Kira and as I
get ready to get up and make tacos
I wish you were here to enjoy them with me
and then watch a bit of something
on Hulu and then perhaps a film
before we did some reading,
I so love you my Queen and you truly are
an Angel and most beloved
divine blessing who means everything,
there could never be a better gift
than to have you in my life
and to have all of the love that you feel
and give to me,

it truly is the greatest thing
in heaven or on earth
because you are the most beautiful woman,
a diamond in the rough,
a true bright shining star
that I'm am so overwhelmed with true love,
appreciation, and deep care for in every way.
I love you dear Kira and I always will
because you are one of Gods most special
Angels and creations and I adore you
more than anything and I want to always
take care of and serve you
my dear best friend through all eternity
as your man who will always
stand by you and support you
through everything.

Michael P. McParland

Looking At Your Picture 9

Just looking at your picture now
as I was finally able to sit down
and as ever seeing beautiful you
wearing your bright shining smile
made me smile in return
and butterflies of longing
like my deep tender love for you
fill me to the brim.
Looking at your picture now
I have no doubt that you're the one,
I never doubt that my Queen
but seeing you just makes me that much more sure.

As I look at you picture dear
I can't help but speak aloud
and say I love you babe more than
anyone or anything,
you are a gift and divine blessing
and having your love as my best friend
is the greatest thing that there can be.
I love you dear and my heart overflows
with deep desire for the one
who I have loved since the start of time.

Looking at your picture dear
and even there I can see you heart
and spirit that are so pure.
I feel overwhelmed with all my love
and my heart calls to you to return home
into my arms so I can give you
all you want, all you need,
and all this immense love I have for you.
You truly are so beautiful
and I want to always make you smile
like you are within your picture.
Your picture helps me so very much
and I can't wait to hold you close,
I love you babe the very most
and I hope that you look at my pictures too

and are filled with joy by the smile I wear.

Michael P. McParland

You Bring Light And Joy 2

You bring such true light
within my life and your love
in all ways fills me with hope and joy.
I live for your love and all
the shining joy you bring to me,
I live to make you proud,
to make you smile,
I live to serve my Queen and show you
you're loved, appreciated, and car for
more than you have ever trully known.
You bring true light and joy to me
my only one and I long to be with you
hand in hand through the rest of time.

You bring light and joy to me
and as I wake today you give me reason
to rise and to want to live.
To see you again and to give you
all the tender kisses to our hearts content
makes me want to fight on through
everything to get back to you my Angel true,
you are the light and joy that I need
because you truly are my hero and best friend
I've always loved and always will.

You truly do bring light and joy to me
my most beloved and beautiful Angel Queen.
You've had my heart my soul and all my love
since the very start my only one,
deep inside I knew it was you before
I even realized in this mortal mind.
Every time I gave you smiles
I was saying I love you just like yours said the same.
I love you my adorable one for you truly are
my pride and joy, my only one I cherish to no end.
So as I rise I reach out to you
and I pray you will return so very soon.

Michael P. McParland

A Cold Tired Morning

It's a very frigidly cold morning
here in Minnesota sweet darling
and after being up through the night
I am beggining to feel a bit tired.
Before I lay down for awhile
I would just like to sit with you and snuggle,
just talking as well as giving you
a massage to help relax you my darling.
It is truly such a very cold morning
and want to get warm and cozy
with my beautiful lady.

With it being such a very cold morning
and both of us aching and so very lonely
I just want to pull you in closely
and with the sweetest kiss tell you I love you
and I will always be your man forever and ever.
I am quite tired my dear and want you here
because you are my Angel and the best friend
that I need to share my world in whole
and share yours as well always doing my best
to truly make you happy and proud.
It is a cold morning and I am quite tired,
I wish I were just holding you
and spending a good time before we were to lay down.

Michael P. McParland

A Peaceful Night

With all my chores done
and feeling soothed and relaxed
from a refreshing shower earlier
if you were here I would just fall
into your arms and wrap you up within mine.
You are an Angel and I just want
to look upon you getting lost in your beauty,
to tell you I love you and you are my hero.
A peaceful night with my Queen truly would be
the most amazing thing as we snuggled away the hours
feeling such joy and truly complete.

A peaceful night of fun in each others arms,
to just sit back and relax doing whatever
we feel like to our hearts content.
It is you that I ache for and want by my side
because life is for sharing
with your best friend and true love.
I miss you my Queen I want to let you know that I care
and that I love you so much and want to spend
a peaceful night just with you kissing and snuggling
feeling so warm and good.

Michael P. McParland

Deeply Depressed

I've been so deeply depressed
without you around my sweet love
and I always pray we will reunite so very soon.
When going through so very much
it really hurts so much more when
I can't tell my best friend just what's going on
and get your reassuring encouragement
and deep loving words.
I have been so deeply depressed
because my better half is not here
to hold kiss and thank,
you truly are my dear Queen and the very best.

I always worry about how you are
and want to be drying your tears
and giving you so many reasons to smile.
So I get so anxious and very depressed
when I know you are deeply hurting and I can't help.
I worry so deeply and want you completely
to share this whole life with
and to take care of my Angel standing
right by your side giving all of my best
and always fighting along for you.

Oh my sweet love how I have been depressed
without you right by my side to talk to,
to spend quality time, and to hold tightly
giving the sweetest of kisses and softest caresses,
it is so hard without my soul mate and Angel
who is the best friend I could ever want and imagine.
I love you my darling and I am depressed without you
because you are the most wonderful blessing
and gift who always gives me pure light
and lifts me to the heavens with your divine love and caring.

Michael P. McParland

Love Note 560

A very good evening to you
my most beautiful and treasured
sweet Angel dove.
What a hard time it's been
from last night through just
earlier this evening sweet lady.
From a bad toothache on the teeth
that were drilled on
and after sleeping awhile
not long after to a bad migraine
and feeling very sick as well.
So now feeling much better
I wanted to write you right away
to let you know I am as ever
right here and that I have not
forgotten about you now will I ever
my sweet beautiful girl,
I'll never leave and abandon you
because I love you so much
right to my core
and you truly are my everything.

I thought of you much
and hoped you knew that I would
never leave you hanging intentionally,
I so hope you are not upset and crying,
just feel my arms around you
as I hold you so close to me in spirit,
feel all of my warmth strength and love
as I send it your way with
the sweetest of kisses and huge hugs galore,
sweet sweet Kira you are
my best friend and only one,
my true love I cherish and adore to no end.

So my sweet one have a good night
and remember I am right here for you
should you want or need anything,
and I am right there with you

hand in hand holding you tightly as well.
I will always be your sweet man
just as you will always be
my sweet lady I so adore
and feel supreme tenderness for.
I love you my dear and will be
writing for you so feel not a fear
and know everything is okay
because your Michael will always
give my all and take care of you.

Michael P. McParland

Evening Note 120

Good evening my
sweet beautiful Angel
and it has been a bit of a busy
evening where time has rushed by me.
I was thinking of you though
as I took care of all the things
I was up to and wished you were here
to have fun spending time
sharing with each other all the best things,
this evening truly would be supreme
if I were holding you right now
so close to me giving you kisses
all over that are so very sweet.
I love you my Kira and I ache for thee,
my divine Queen and everything.

I hope you had a good day
my sweetie so dear
and I pray you are having
a good evening so far.
Feel all of my warmth and love
as I send it your way,
and be filled with peace
and feel safe as I send you
within huge hugs all of my strength.
I will be thinking of you
as I go about all that I need to
and will send you sweet kisses
as my heart sings out in full
all of my favorite love songs to cheer you.
Remember always that I love you
and that I am your biggest fan
cheering you on always.
You truly are so very amazing
and so very beautiful,
you my sweet Kira are
a blessing and gift I have always
prayed for and will treasure forever dear love.

Michael P. McParland

Put My Head On Your Shoulder 2

Rising now dear from a nice rest
and my teeth that were worked on
are hurting a bit.
I am also still aching as well
and as the pain medication takes effect
I want to sit down resting my head on your shoulder
as I hold your hand and give you a smile.
I want to look in your eyes and say
thank you my sweetie forall of your love
and everything wonderful you've ever done for me.

As I start to get feeling a little better my darling
I just want to stop all of the aches we both are feeling.
I just want to hold you and your hand comforting you fully
abd rest my head on your shoulder saying I love you.
I want you my sweetie because you are truly
the most wonderful woman and beautiful miracle,
and I need you so much because you are my best friend and true love.
I just want to put my head on your shoulder
my dear darling and Angel because to just be
spending time with you is a blessing I pray for each day.

Michael P. McParland

Late Morning Longings

Back from a long appointment at the dentist
and after a night filled with very bad sleep
I am so tired and want to sit back with you
and just talk the best that I can through this novacaine
about anything and everything with you babe.
After a night of very bad sleep with tears
scattered throuout the night
I am so very very tired still and long to be
with my Angel so pure and good.

I long for you my beautiful lady and as I
sit back to relax I ache for you to be with me.
To hear your Angelic voice and see your divine smile
which gives me butterflies and makes my knees weak.
I long for you darling on this late morning upon us
because I just want to rest my head next to yours
as I hold you so close saying I love you sweet Kira
and it is all okay because you are safe and I'll
always stand by you fighting for you in every way truly.

I miss you sweet lady so very badly
and just long to share my time with you
as well as sweet kisses and the warmest of snuggles too.
I long for my Queen, my best friend whom is my Angel
to just be here beside me spending a good day.
I love you my sweetie and just want to be with you
giving my all and my everything to honor you
and make you so very happy.
I miss you my sweetie and pray that you're okay
and soon will be coming because you are my diamond
and I truly cherish and treasure you in all ways to no end.

Michael P. McParland

You Are My Rock 3

You truly are my rock my sweet one,
you continue as ever to fill me
with such amazing light and deep hope.
You give me such joy and many reasons to live,
because of you I know true love exists.
You are my rock and my beloved hero
whom I know I can talk to and trust
because you will always be there
to listen and help like the best of all
best friends do for those that they love.
You are my rock and I love you so much,
and I will always be yours to give you
all the loving strength and care that I have.
You can lean on me and always call upon me
because I'll always be here for you
as your rock my dear sweetie.

You are my rock and bright shining northern star
that helps give me light to have courage
and want to continue along all of lives paths.
You are my rock and my Angel who rocks,
I adore you my Queen and am truly so grateful for you.
I just want to take your sweet and soft hand
pulling you in so close to me,
to then look in your eyes and let you see
all of the tenderness, caring, and deep love
overflowing that I hold inside,
then tell you're beautiful and just how much
you are appreciated and how much you mean to me sweetie.
You are my rock and I want you to know that
and to never doubt that I will always be
yours as well because you're my only one
and I'll always be right by your side
hand in hand through all of time
as your loving and deeply adoring man.

Michael P. McParland

Gorgeous Eyes

You have the most gorgeous
sparkling eyes my sweet love.
They are windows of true honesty
a pure soul and a revelation
of a beautiful woman all the way.
You have the most gorgeous eyes
my gorgeous girl and I could just
gaze into them all day as I am
hypnotized in your beautiful love
and see your bright shining smile.
I want to hold you my sweet dear
and tell you're loved with
not just my words but with my big smile
and the deepest of loving looks.

You have the most gorgeous eyes
which I want you to close
for a few moments after my smile
and kisses on your forehead and lips,
I want you to close your sparkling eyes
so I can put some sweet little kisses on them
and take away all the scratchiness, dryness,
and pain you may feel as with my kisses
I take away all of your sad, lonely,
and aching tears.
So afterwards just look me right back in my eyes
so you can see all the loving truth that I hold,
so strong, so tender, and so very pure,
and I will look back into your eyes
to tell you I love you and you are so beautiful,
then with a soft caress on the cheek
I'll pull you in closely to me.

You have the most gorgeous eyes
and are the most wonderful and beautiful woman
I want to be with through all of time.
To be always able to catch all of your tears
and to make you smile so brightly
chasing away any clouds that may be hanging over you.

I want an eternity to hold your hand
and to tightly hold you and gaze into
your gorgeous eyes as I tell you
you are so beautiful and I deeply love you.
You my dear best friend truly are so magical
and I can't imagine anyones eyes being
so beautiful and sparkling so brightly,
there is no one my dear sweetie whose
hypnotizing eyes show such a beautiful
wonder and universe of a loving soul just like yours.

Michael P. McParland

A Lifetime 2

A lifetime of joy and of true love
is all I desire and seek with you.
For both of us to deeply feel
and to share all the loving care that we hold,
to help heal each other fighting
side by side hand in hand forevermore.
A lifetime of love is what I'll always feel
and it is what I so very deeply want to share with you,
I want to experience all the love that
you have for me as well,
the love of an Angel whom I so love and adore.

We've loved each other an eternal lifetime
and I know we always will because
we share a bong straight from heaven
and are the most loving and caring best friends.
I want to spend a lifetime together
on this earth my Angel
and then join each other on the next side
whenever we may arrive there.
A lifetime of safety, a lifetime of comfort,
a lifetime with my Kira the most wonderful
and beautiful woman ever.

A lifetime of eternal true love is what
my heart feels and it sings out to you
all the tender caring passion it holds.
I send to you all of my love strength and warmth
with the sweetest caring and loving kisses
to shower all over you with the biggest and tight hugs.
Being with you will be a lifetime of
great joy as we share our worlds, our hearts,
and our souls with our best friend,
our true love, our soul mate and Angel
we so deeply cherish and adore.

Michael P. McParland

Dreams Of You 3

Beautiful dreams of sweet you
fill my waking heart amd mind right now,
beautiful dreams with such deep
yearning and longing to have you
here with me as I rise just spending time.
To spend a small bit just holding each other
and sharing the sweetest kisses
as we continue to wake up fully.
I dream of your smile with your sparkling eyes,
I dream of you in all of your divinity
and pure wonderful beauty that so deeply moves me.

I dream of being with you and spending time
as I get up and get moving by first
shaving my head and then taking a wonderful,
refreshing, and cleansing shower.
A wonderful way to start the day and help
wake me in full getting ready to face
all that I must do on this day,
I so wish you were here to be with
and just talk to and hold while feeling
the warmth over the water and each other all around,
that would help start this day in the most
supreme waythere could ever be.

Good morning my darling and sweet dreams
of you fill my heart and head as I have awoken.
They give me smiles because of the beautiful
woman that you my dear Kira is,
and it fills me with such deep longing
and yearning that is intensely burning.
To just hold you and kiss you while sharing
all of our worlds and lives together,
to just share in the bliss we know is right there.
I love you fair lady and will forever be
your best friend and dedicated love Michael
because you truly are my only one and everything
who I'll always give my very best,
all of myself, and every bit of my world

because it is with only you that I want to share.

Michael P. McParland

Here For You

I am here for you always
my dear sweetie so beautiful and good.
Even if you don't hear from me
for a good stretch of hours
remember I am thinking of you
and reaching out to so tightly hold you my love.
I am always right there beside you
and right here for whatever you
may want and need whenever my beautiful darling.
I'm here for you always my precious one
because I want you to know you are loved and not alone.

As I fell asleep much earlier last evening
I saw your sweet smile as I drifted off dear,
and in those small and short bursts of waking
I wondered how you were and hoped that
you are okay feeling all of my love,
and for you to remember your Michael
is with you and right here to serve you
my precious Queen should you want me or need me.
I love you my Kira and will forever be here
when you are ready because I want so very badly
to give you sweet kisses and hold you so tightly.

God bless you sweet Kira and don't ever forget
that you are my Angel, my best friend,
and I will always be here and stand up for you
to defend and support you through everything.
I love you my sweetie and hope you will come soon
because I am right here waiting for the woman
I've always loved and adored more than anything.

Michael P. McParland

Love Note 559

Good afternoon my beautiful
sweet Angel dove I so deeply love.
I have just arrived home
from getting my prescription filled
and picking up a few things as well.
As I waited to get my stuff filled
I thought of you and wondered
just how you are and hoping
that you are okay and feeling my love.
I wish you had been with me to help
cool my temper down as the employee
putting my prescription in
took forever my love and people
kept almost running into me as well,
I promise though love I kept my cool,
I just wish I had been with you
to remain centered in full.

God bless you my love
and as ever I am right there
by your side holding your hand,
and I pray that so soo it will
be in person as we have dreamed,
I miss you my sweetie
and need you here to hold me
so close to you as I tightly
hold you close as well.
You're loving comfort
means more than the entire world.

I so deeply and tenderly
love you my beautiful Kira
and as I am about to read in a few here
I wish you could sit next to me
as we read to each other,
to share a wonderful time
as we always did and always will,
a splendid and loving time
in the late afternoon

leading to a great loving evening.
You are such a divine Angel,
the most wonderful gift and blessing
and I will always cherish you
my wonderful best friend forever and ever.

Michael P. McParland

Aching All Over

I am aching all over my sweet gorgeous lady.
From my arthitis, my psoriasis, my yearning
heart and soul on this cold December morning.
I am aching so much my sweet darling
and am dying for your company
to chase away all of each others loneliness
with great conversation, smiling and laughing,
kissing and snuggling, and closeness to keep
us so warm in all ways my darling.
I am aching all over and want to spend the day
wrapped up in a blanket holding each other
both of us feeling safe and contented
knowing everything is okay and splendid.

I am aching all over my sweet tender lover
and I want to wrap up with you
and with the power of our love help
relieve much of the physical pain we are feeling.
I know you are also aching in so many ways darling
and I just want us to both help warm
and heal all of our pains for each other.
I ache so much through my entire body
and deire to be with my Kira the most beautiful woman
and my most beloved Angel I adore to no end.

I am aching all over my precious darling
and I know you are too and I just want to hold you,
to look deep in your hypnotizing eyes
that brightly sparkle and say I love you sweet lady
and I will be yours and yours alone forever and ever.
I want to give you tender kisses so full
of caring and tell you you are appreciated
as we keep each other so warm snuggling tightly
in my big fuzzy orange blanket.

Michael P. McParland

Good Morning My Beautiful Angel

Good morning my sweet beautiful Angel
and now home from the doctors
I wanted to tell you I love you
more and more with each passing day,
and I wish you were here to curl up
within my arms getting so cozy
to stay warm together on such a very cold
December morning.
Good morning my Angel you truly are
so very amazing and I dreamt of you
through the whole night my only one and true love.

As I dreamt of you the entire night through
I ached so very much in my longing
for your soft loving touch and most tender looks,
yet I also smiled for I could feel all
of your love surround me and fill me up,
knowing you love me so much is the band aid
I right now need for my heart until we reunite.
I can feel all of your prayers and the deep
loving care that you have and it fills me
with hope for the better life with you
by my side that I so badly want.

So I wish you a very good morning
my beautiful Angel and send you huge hugs
with the sweetest of kisses holding
all of my strength, warmth, and true love in full.
You are a diamond in the rough I love so very much
and only want you to be my most loving wife.
You are my Queen and the most beautiful woman
that's ever been and I will always strive
to make you so happy and proud by honoring you
in every single way that I can.

Michael P. McParland

Loving Nighttime Smiles

I have a very early appointment
in the morning my love
and as I slide into bed I send you
the most loving and tender nighttime smiles,
smiles to tell you I so deeply miss you
and that I pray that so soon I will be with you.
To hold you so tightly and personally
give you these smiles along with the
softest of caresses with the sweetest of kisses.
I have for you as I lay down my dear
the most loving nighttime smiles
to tell you I love you and that you are
worth it all because you are so special.

Michael P. McParland

Beautiful Lady I Love You Deeply

Beautiful lady how I long for you
on this late evening,
to look deep within your gorgeous
sparkling eyeys to tell you you're so beautiful
and that I so deeply profoundly love you.
I long and desire you my beautiful lady
I find so amazing because you are my best friend
with whom I share the most amazing unbreakable bond,
I love you my beautiful lady and will through all eternity.

Beautiful lady I love you so very deeply
and yearn for you to be here with me,
So I can look upon you and admire
all the worlds beauty right before me,
I want us to hold each other
and feel your lips on mine as we sweetly kiss each other,
I want to be with you my beautiful one
so neither of us will be lonely.
To be with my best friend who is gorgeous
both with out and with in is what
I want and need more than anything within heaven
or on this very earth.
It truly is so bland and colorless without my favorite girl.

Beautiful lady I pray we'll be reunited
very soon to spend each day fighting along
together and always supporting one another.
I love you beautiful and you make my heart sing
because you are amazing more than anything.
I love you Kira and I will always be
your faithful and protecting Michael
because you are my only one and all I want,
you are my beautiful lady who is so great
and since day one it's only been you
my most precious girl.

Michael P. McParland

Late Afternoon Longing

Finally rising on this late afternoon
my beautiful sweetie and it
will be evening so very soon.
I long for you as I arise,
to pull you in tight and give you sweet kisses
so full of deep loving light.
To tell you you're special
and so amazing my darling,
my heart still beats for you
and aches right now to have you so near.
I long and yearn so deeply my sweetie
to be with you through all time
fighting along for each other.

I long so much for you the one
the holds my loving heart and soul,
I long for you the beautiful woman
who completes and makes me whole.
I long for you so we can have
such a good time my love,
and so I can show you how much
you are appreciated, cared for, and loved,
so I can serve you my dear Queen
in all of the ways that you need.

I love you my one and long so very much
to have you within my arms
to spend a great late afternoon
and evening honoring each other
sharing all of our strength and warmth
reassuring each other.
I am longing for you my dear sweetie
because I love you more than anything
and you are my smile whom I want to be with
beyond each day and night through eternities light.

Michael P. McParland

Climbing Into Bed 2

Goodnight my sweet love and as
I climb into bed I wish you were here
to lay down with me and wrap up
each other in our loving arms
feeling such deep reassurance,
comfort, with loving warmth
surrounding and filling us completely.
As I climb into bed I wish we could snuggle
and share the sweetest of kisses
as we fall asleep holding each other.

Goodnight my dear sweet love and as
I'm climbing into bed I pray I'll have
another beautiful dream of you,
where I'll look in your eyes and tell you I love you,
then give you the most passionate
and loving kiss you can imagine.
I am so tired and now climbing into bed dear
and in spirit I will be holding you tightly
because I so deeply cherish and love you.

Michael P. McParland

Evening Note 119

A very good evening to you
my most beautiful and beloved
best friend and only one.
Now that the dishes are done
and the cats have been taken care of
I want to just lay back
on the couch with you
giving tender caresses and sweet kisses
so deep and good.
A beautiful and relaxing evening
with my beautiful girl
is what would make this evening
the best in the world.
So as I lay back on the couch
and listen to my audiobook
I'll be dreaming of you
and all the great times to come.

Have agood evening my sweet Angel dove
and feel my arms around you
as I reach out in spirit to give you
all of my strength, warmth,
and pure undying love.
God bless you my Queen you're a gift
I so cherish and adore,
I want to be with you forevermore.
Never forget you are cared for
and loved because you are
a wonderful woman who means
so much more than the world.

Michael P. McParland

Beautiful Sunday Dreams

I am filled with beautiful Sunday dreams
of the wonderful woman I love
and who loves me just as much in return.
Beautiful Sunday dreams of her spending
a wonderful late afternoon listening to music
and watching The Simpsons laughing as I am doing,
and to also share some kisses, snuggles,
and the most wonderful conversation
are everything I'm wanting.

Beautiful Sunday dreams of you my sweet Queen
whom truly is my dream in reality.
Holding you and comforting you,
seeing your gorgeous smile as we enjoy
all of our special time together.
I love you my sweet and only lady
and dream of you because it's you I want here with me.
To find a good movie to watch together
and share the roast I'm now cooking for dinner,
to read and spend the time we want and need babe,
you fill my dreams because you're amazing.
I love you sweet Kira and you fill my
beautiful Sunday dreams so feel my hand in yours
and my arms around you as I reach out
and to you my heart sings all my favorite love songs.

Michael P. McParland

Waking Loving Thoughts

Waking up just shortly ago
my sweet beautiful dear
and the most loving thoughts of you
filled my head right away
because I had the most beautiful dream
of being with you.
The details are fuzzy and I only remember
that we were together spending time
having such fun and laughing.
Waking loving thoughts of you
have filled my head as always my precious lady
and it gives me reason and happiness
to face this day because you are my Kira
who so deeply loves me and that I love completely.

Waking loving thoughts of my beautiful woman
are the best that there are because you are magical.
I love you so much and long for your soft loving touch
because you are my Angel I adore, love, admire,
cherish and so deeply respect,
loving thoughts are not just what I wake with
but carry through the whole day and carry with me
through the whole night as I lay asleep.
Waking loving thoughts of my Kira fill me
and so very much more.

So my sweet love have a beautiful Sunday
and wear that big smile that so cheers your Michael.
For you I am always filled with the most tender
loving thoughts and the deepest of feelings.
You are my Queen and you are my Angel,
my best friend whom I want to be with forever and ever.
The most wonderful waking loving thoughts filled me
and will help carry me through this day
because you truly are so amazing.

Michael P. McParland

Lay Beside Me And Be Cozy 2

Goodnight my sweet dear
and let's go to bed.
Lay beside me now
and get so very cozy within my arms,
let's give each other sweet kisses
as we fall asleep smiling, softly talking,
and lightly laughing as we fall asleep
in each others loving arms.
Goodnight my sweet one I am so very tired
so lay beside me and be so very cozy
as I hold you tightly my amazing lady.
I love you sweet Kira and just want to hold you,
both of us feeling so safe and warm
with our dear best friend we love and adore.

So my sweet love please honor your man
and come lay beside me getting so cozy
as we curl up in each others arms so very tightly.
I want you and need you my Angel so beautiful,
because you are my true love and my heart
aches for your touch and company,
I long for the divine woman I've always adored
and loved more than anything in heaven or on earth.

Michael P. McParland

Night Note 228

A very good and wonderful
night to you my sweet Angel dove
and having been surrounded
and filled in all the loving strength
and care that you've sent
I am feeling quite a bit better
my sweet Queen so fair.
I hope you have felt all of the
loving warmth and strength that I've sent,
and that as it has filled you
it has helped you feel better as well.
I love you my dear and wish you were here
so we could cozy up together so near
and continue feeling better with every
snuggle and kiss that we share.

As I have sat here and watched
the football game and various things
I have thought of you your sparkling eyes
and you big bright shining smile
that makes me so happy
and fills me with tingling butterflies,
I have thought of you and so many times
said Kira I love you and want you here
to spend time enjoying the love that we share
among all of the things that were always
so special and made being together
in any and every way the greatest of things.
I love you my Kira you're my gorgeous Queen
and as I think of you I get so excited
for when I'll at last be holding you.

So have a good night my
sweet precious Angel of light,
and know that your Michael is holding your hand
and as ever right by your side.
I will always be yours through all of time
because you are my best friend and Angel,
the keeper of my soul and heart.

Michael P. McParland

A Restful Evening With My Sweetie

I'm still not feeling well at all
my sweetie so fair and just what I want
and just what I need is a restful evening
where it's just you and me.
I just want to cozy up with my beautiful one
and hold hands while we lay back
and spend the evening resting in so mamy ways.
I want you in my arms for us both to feel comfort
and just have arestful time to get feeling better.
A restful evening with Kira the one I am craving
is what I so long for and am aching for badly.

A restful evening with you just deeply relaxing
would help take some of this pain in me.
To hear your Angelic voice and to see you smile,
to just have you right beside me is magic my darling.
A restful evening with my sweetie is the cure
for so much of what ailes me and I just want you
beside me in each others arms chasing away all our harms.
A restful evening with my sweetie is what we need truly
because to be with our true love and best friend
is a blessing of healing that means everything.

Michael P. McParland

I Want You In My Arms 3

I want you in my arms right now
my gorgeous sweet Angel dove.
My stomach is aching, I'm not feeling well
and I would love it if you could
lay down beside me while I hold you near.
You could rub my aching stomach
while resting your head on my chest
getting some rest while it calms down.
I want you here babu to hold ever so tightly
and just be at peace knowing my Angel
is right here beside me to spend a good day
resting to get feeling better.

I want you in my arms to keep you warm
and to reassure you of how much you are loved,
I want to lay with you helping us both
get feeling so very much better,
I want you in my arms sweet lady
because you truly are my only one and everything.
I love you my sweetie and I want you in
my arms forever and ever because you are so beautiful
and the best friend I've treasured forever and always.

Michael P. McParland

Waking Wanting You

Have just woken about ten minutes ago
and about to rise my beautiful dear
I am not feeling well but have things to do.
I wish you were here to spend a good day
and to just spend time keeping each other
so happy and smiling not feeling alone
or like every task before us is a mountain
so hard to climb without our best friend
right there if things get too hard.
I love you my darling and want you right now
to spend such a good day hand in hand.

As I have woken my dear I long as ever for you.
I want you here to spend time and talk
while I do the few things that I need around the house.
Then you could go out with me to do
some Christmas shopping and have a good lunch out
at a place you wanted to go to,
it would be my treat for my Angel,
my hero, my beautiful Queen who means everything
and I want to shower with all of my love forevermore.

Then after my dear when we arrive home
get in our most comfy closthes and snuggle
wrapped up together in my big fuzzy
orange blanket from all the cold.
I so yearn for you as I wake, as I go through the day,
and as I go through the evening and day
wanting you here by my side arm in arm forever.
I love you my dear and want you here
to spend a good day so filled with cheer
because you are Angel and my pure joy,
you are my Queen and my shining star so bright.

Michael P. McParland

Lay Down With Me Sweet Girl

Lay down with me my sweet girl
for just a bit and get so very cozy
as we tightly curl up sharing sweet kisses
and feeling so very warm within each others arms.
Lay down with me my sweet girl
I want to relax with you now just feeling
so very safe and know everything is alright.
I want you to lay here in my arms your head on my chest
as I turn on a wonderful audiobook/radioplay
that will make us smile and laugh as we relax.
Come lay down with me girl, my beautiful Angel I so adore
and feel so comforted and cozy with the best friend
we so deeply, truly love and adore.

Michael P. McParland

Mid Evening Kisses

Before I head out to pick up
some Christmas gifts and a few snacks
I wanted to send you the very sweetest
of mid evening smiles and kisses
to fill you with all my loving,
strength, light, and peace.
I send sweet and passionate kisses to you
my Queen I appreciate, love, and adore the most.

Sweet mid evening kisses of comfort to you
my one and only precious darling.
Sweet kisses to tell you I love you
and fill you with all the warmth I have my sweet lady.
Mid evening kisses to tell you I can't wait
until I'm with you having the most wonderful
and loving evenings anyone can ever dream of.
I send you these sweet mid evening kisses
because you are so amazing and the most
beautiful woman I could ever ask for.

Sweet sweet mid evening kisses to you my Queen
and feel my arms around you oh so tight
as I reach out to hold you in spirit.
Hear my hearts song within these kisses
and feel my smile along with them darling.
I love you more than anything
and want you to know you are my shing star and everything.
God bless you dear with these mid evening kisses
that I send your way and know you'll forever be
truly loved because you're my best friend
and most precious girl.

Michael P. McParland

A Date Night In

As I just returned home from the store
it immediately struck me how wonderful
a date night spent in with you would be.
A chance for me to broil the big steaks I just bought
and sit there with you enjoying them
while admiring each other like we always have.
First though before all a nice shower
to get fresh for my lady so amazing
and be the best looking I can
for my beautiful Kira I adore deeply.

A date night in with my baby who means everything
so excites me my dear and really gets my heart beating,
it sings in cheer knowing that it will one day be real,
endless date nights both out and in
with my Angel best friend I want to be with through eternity.
Tonight though a date night in with my girl
cooking for her and then endless kissing,
snuggling, reading, and watching films among so many things.
A date night in with my Queenis what I
so yearn for and truly need.

Oh my dear sweetie how a date night with you
sends me soaring to the skies with all
of my hopes and dreams with me,
a date night in with my Kira my beautiful
dream in reality whom is my everything.
So as I now go into shower I will be
dreaming of you and all our date nights to come dear.
I love you my sweetie and will always
give you the best date nights when we are together
because you are an Angel, a Queen,
and truly divine and rare treasure I truly love
more than anything, anywhere ever.

Michael P. McParland

Love Note 558

Good afternoon to you
my precious and very beautiful
sweet Angel dove.
I know you are probably very
upset and worried since I haven't
written you since yesterday morning
but I assure you I was not
nor will I ever blow you off or ignore you,
I ended up lying down and fading off
deep into sllep the whole day
and have only just risen a short time ago.
I wish you were here to sit next to
as I now pay the bills and as it is payday
I could take you out later and have
the most wonderful night out at dinner,
then perhaps a movie or whatever else
you could think ofto your liking,
I wish I were with you now
to make you smile and reassure you as ever
that I am always with you
and will never leave you my beautiful
Queen I so deeply adore, love, and treasure.

So know my sweet love that you are not alone
and that I will always be with you
and only want you because you are
my only one and my best friend
that means everything to me ever no matter
what or when my sweet hero.
I will always be yours and yours alone
and all I want now, tonight, and forever
is to hold you so close to me
holding you tightly telling you
that you are my everything,
I just want to give you the sweetest
of kisses and dry your tears before
giving you the most loving
and softest caresses.
I love you my Kira and just want

you to know that you're so amazing
and that I'll always love you forever
because you are my soul mate
whom I adore and apreciate to no end.
I will stand by you forever my Kira
because my heart longs for you
and sings out to you dearly
telling you that you are so wonderful
and the one that fulfills me,
you are my Kira and my darling everything.

Michael P. McParland

Good Morning My Darling Sweetie

Good morning my beautiful darling sweetie,
now that the dentist is done and one of
my teeth that he worked on hurts just a bit
I have popped a Vicodin to get ahead of the pain
and now just want to lay down in bed next to you
for a short time talking and resting
for a very short while.
I could give you light kisses right now
and I surely would because your kisses,
snuggles and love are the medicine that I need.
Being with you is what would make this
morning good indeed.

I didn't get very good sleep at all
my darling through the night
and now after the dentist I just want
to lay down with you filling each others morning with light,
for you to give me that bright shining smile
that always gave me butterflies and tinglings
of pure love and desire for a great Angel.
I love you my sweetie and want to have a good morning
spending time in bed holding each other
because you my sweet Kira are the medicine
that I want and need that will cure all my pains
and take away the loneliness that I feel
and I want to take all of yours away as well
helping you heal in a way you never thought
was possible again.
Good morning my beautiful darling sweetie so good,
never forget you truly are my everything.

Michael P. McParland

Under The Covers, Goodnight

Goodnight my sweet love
and let's slip under the covers
to now go to sleep within our own world.
To just kiss for awhile as we tightly snuggle,
then say I love you babe and I will forever and ever.
Then I just want to look in your sweet eyes
and let you know you are appreciated and treasured,
so then feeling so peaceful you can rest
your head on my chest and we'll fall asleep holding each other.
Goodnight my sweet lady and let's slip
into bed under the covers to peacefully sleep
with our most beloved and treasured best friend.

Michael P. McParland

A Night Spent With You (All I Want)

A night spent with you
in each others arms is all that I want.
A night of good conversation
while I look into your gorgeous eyes
and see your bright shining smile,
just kissing and snuggling with my beautiful Angel.
A night spent with you would be
heaven on earth it is true
and it is all that I want
a night for just me and beautiful you.

Michael P. McParland

Sweet Snuggles 2

The perfect night now after
a small catnap would be to sit
up in bed with you my dream girl.
To pull you in so close to me
and snuggle tightly while listening
to a little more of this audio book
I am enjoying now.
Sweet sweet snuggles with you my only one
are what we both need right now
to heal our hearts and take away
every bit of our aching loneliness.

Sweet snuggles with you in our bed
would make this night oh so grand,
for after more of my audio book
I would get us some ice cream to enjoy
as we watched a wonderful film.
A time for us to laugh and hold hands
the fall into each others arms
feeling safe and secure with our best friend
we so truly love and adore.
I want sweet snuggles with you my dream girl
because you're all I want within my arms.

Swet sweet snuggles with my sweet sweet Kira
who is so pure hearted and adoreable
is what I want more than ever.
To read to each other as the night progresses
and just talk like true best friends
and pure loves like we always did
is everything that makes life good.
What more can a man ask than to have
the one he loves more than anything by his side
snuggling and kissing as lovers should?
I want sweet snuggles with you sweet girl
because you are my one and you truly are
a blessed gift from God.

Michael P. McParland

Sweet Smiling Kisses

Sweet sweet smiling kisses to you
my most treasured and beloved Angel.
Now after dinner is over I just want
to sit back with you to relax
and share sweet smiling kisses so magnificent.
I want to kiss you all over giving
both of us darling the biggest of smiles
feeling such deep joy and comfort
with our best friend and soul mate.

Sweet smiling kisses are what I want
to be sitting here sharing with you
as we talk and spend the greatest of times.
I want to be with you doing these things
instead of just putting my head back
and having to dream of these good times ahead.
I want so soon to be giving you
these sweet smiling kisses that we so need
and just enjoy our evenings feeling complete.

So I send you sweet smiling kisses
my beautiful Angel sent from God,
I miss you so much and want you to know
you are so cherished, treasusred, cared for,
appreciated, and loved more than you
can imagine or right now truly know.
You are my true love whom I want to be with
forever and ever so I send you these
sweet smiling kisses to shower all over you.

Michael P. McParland

Love Note 557

Good afternoon my sweet beautiful
Angel so bright and good
I pray you are okay and doing well.
As I sit here at the doctors office
I think of you and I know you are
upset with me and I wish that you weren't.
I love you so deeply and am doing
my very best for you always
because you are my Angel and the
most amazing woman ever,
you are my best friend and soul mate
whom I want to be with through all eternity.

I wish were there with you to
hold you so closely and dry your tears baby
because I truly do care for you
and love you more than anything,
you are my sweet gorgeous Kira
and you are amazing,
to me you truly are the worlds beauty supreme.

So before the doctor soon pulls me in
I want to tell you I love you my dear.
You are my true love and beautiful Queen
and you're all that I want forevermore.
I only want you right by my side
to walk hand in hand through eternity in pure joy.
I love you so much and cherish you
more than anyone can ever know
because you are an Angel sent from God
and so very much more.
I adore you sweet lady and my heart
melts for you completely
and I will always be yours forevermore.

Michael P. McParland

Tender Evening Thoughts

Sitting back and relaxing this evening
my dear while watching YouTube videos
and many of my thoughts drift tou.
I get lost in these dreams of you being here
holding each other and spending time
watching these videos together.
Then later to read and snuggle up tight
as we watch some more videos or TV.
My tender evening thoughts drift to you
and all that I want to be doing with you.

I sit here thinking of all our wonderful times,
I think of your laugh and your smile
which gives me mine.
Despite the fact that I am tired I stay up
to think of you and all of your beauty
as well as all of our time my sweet Angel dove.
I get lost in my tender evening thoughts
of you my sweet girl your sweet and loving
gestures and words that to me mean the universe.
I get lost in you because you are my one,
my most beautiful and beloved best friend
I want to be with forevermore.

As I sit back my dear relaxing on this evening here
my thoughts drift to you as I can feel you so near.
Remember my dear my hand is within yours as well
and I will always be right here for you,
my heart is filled with such tender love
and I want nothing more than to be with
my gorgeous sweet Angel dove.
I love you sweet lady and my heart and thoughts
are with you as always because you are
my true love and one and only through all eternity.

Michael P. McParland

Catnapping

Lying here my sweet dear
catnapping on this afternoon
and when I close my tired eyes
I see sweet beautiful you
wearing that big gorgeous bright shining smile,
I see you my dear sweetie and smile as well
because you are my dear Queen and Angel
whom my heart melts for and I admire.
I wish you'd been here to hold so tight
and closely talking and laughing as we catnapped together.

While I was catnapping my dear it was you
I saw in my hearts and my minds eye
which gave me the most true loving
tinglings and butterflies that one
could ever have for such a wonderful soul.
I just lay there smiling and spoke aloud
Kira I love you so much and so soon
want you right here by my side
to always fight for each other
and side by side hand in hand
spend the best of lives times together.

So my sweet beautiful love so amazing
you truly are my most wonderful dream in reality.
I always want to give you all of myself
and truly my very best to make you so proud
and the happiest I can my most beloved best friend.
God bless you my Angel I want you here so soon
so I can see you beyond my catnap dreaming.
You are so beautiful and truly amazing,
I love you my sweet darling Kira
the most wonderful woman and the worlds beauty.

Michael P. McParland

You Are The One 2

You are the one I hold so very dear
within my heart and deep within my soul.
I feel such gentle tenderness for you
and I've loved you since we met,
I know we knew each other long before this earth.
You are the one I want and need
because you are perfect in my eyes don't you see
and you are my best friend who I want
in my arms and by my side hand in hand forevermore.

You are the one I want right now
to spend time with and share all this life
has to give to two true loves.
It is you and only you I belong to through all time
because there is no other that can
measure up to the wonderful woman that you are.
You are my Angel, you are the one,
it is you I love and want eternity
in each others arms.

Michael P. McParland

Millions Of Morning Smiles

Good morning my sweet love so very beautiful,
and to start this day so bright, light of heart,
and right I send you millions upon millions
of the biggest, most joyous loving smiles
to melt both of our hearts as best friends
and true loves filled with such deep tenderness
for each other in every way imagineable.
I send to you my sweet Angel dove
millions of loving good morning smiles
with the sweetest of kisses to tell you I love you,
you matter, and are so appreciated my Queen I adore completely.

Good morning my sweet love and as I send you
these millions of smiles I wish you were here
so I could so tightly hold you before
I get up to do the chores that I need to.
To hold you so tight while I look in your eyes
filling us both with deep peace as we can see
openly all the love that we hold and with just
our big smiles say I love you my dear just like we used to.
I love you my fair one and send you millions of smiles
along with sweet kisses and all of my strength
to fill you and wrap you in all of my love and warmth.
Feel comfort my darling and deep reassurance
as I pull you in tightly in spirit.

So my sweet love I wish you the most beautiful
and happiest of good mornings with these sweet kisses
and millions upon millions of big smiles I send.
God bless you my cute one you are amazing
and I can't wait to wrap you up tightly within my arms.
To give you sweet tender passionate kisses all over
and to be able to look staraight in your eyes
smiling as I tell you I love you.
I can't wait to wake up beside you each morning.
You are my true love and best friend whom
I'll treasure forever and want to be with through all eternity.
I love you my Kira and so deeply crave you
to just be spending time with sharing

everything life has to offer.

Michael P. McParland

Wishing You Were Here 4

Having just arrived home my sweet love
from picking up some ice cream at the store
I so wish you were here to spend time with
reading, talking, and watching a film.
It's actually very warm in the apartment my love
but no matter how warm it is I want
to snuggle up with you anyway smiling so big.
I'm wishing you were here to tell you
you're loved and give you the sweetest kiss.

I'm wishing that you were here to give a massage,
to help put you at ease and take away as much
of your pain that I can in every way.
I wish you were here to feel at peace with my love
just beaing able to look upon my sweet Angel dove
and reassure us both that everything is okay.
I wish you were here my only one
because you are my everything and all that I want.

I'm wishing that you were here for no greater reason
that I just want to be spending time with beautiful you.
To tell you you're amazing and just feel your soft touch,
to just give you sweet kisses and let you know
once again that you're not alone and are truly loved.
I wish you were here and pray that so soon you will be
because you are my hero and best friend,
the greatest woman there is in heaven or earth.

Michael P. McParland

I've Never Stopped Loving You 2

I've never stopped loving you
my beautiful girl and I never will.
My heart and soul which you hold
overflow with such tender abundant care,
I will always be yours and yours alone
and I am feeling incomplete and so
very sad without you here.
I've never stoped loving you
because you are my precious best friend,
you are so beautiful and I just want you
here to spend time with and to hold.

I've never stopped loving you my Kira so good
and I just want to lay down right now beside you.
To just rest and relax with each other before dinner,
to just feel peace at heart with my beautiful lady.
I've never stopped loving you and I never will
because you are the apple of my eye
and a true peach I want to be with forevermore.

Michael P. McParland

Love Note 556

A very good waking afternoon
to you my most beautiful
and treasured sweet Angel dove.
I have been crashed out of it
and laid down since I last
emailed you yesterday.
So many days of struggling with good sleep
as of late as well as stresses
with other things as well
have left me feeling exhausted
and spent in so many many ways,
and nows as I wake I wish I were
rising to be able to go out
on the couch and sit with you,
to wrap up in each others arms
and just spend the most wonderful and loving
of days spending time doing
all of the things that we love.
I wish I were rising to you
to go out and sit with you on the couch
giving the sweetest of kisses to
and saying I love you so much my sweet dear,
I truly do love you more than anything.

So I wish you a very good
and beautiful afternoon my sweet Angel
I so truly love and adore to no end.
I wish I were with you to spend
a warm and delightful day
hearing your Angelic voice while
feeling your ever soft loving touch.
I love you so much and as I rise now
I will be thinking of you
as I go about doing things throughout my day.
I just wish I could hold you
while we talked and I gave you sweet kisses
so full of pure and true love,
for both of us to just feel so
peaceful and safe within each others arms.

So have a good day and feel my
hand within yours never forgetting
that I'll never leave you
and that I truly am forever yours.

Michael P. McParland

Please Come And Join Me 5

Please come and join me my sweet beautiful Angel
to have a wonderful Sunday spending time together.
To just sit and talk about all of lives things
and all that has been happening in our days.
Just share all of our thoughts and feelings
about anything and everything,
I just want you beside me both of us feeling
so joyful and peaceful spending a beautiful
Sunday together sharing and laughing.
Please come and join me to heal each other
from all the pain and the loneliness that we have been feeling.

Please come and join me so we can just share
all of our time, thoughts, emotion,
jokes, and so much more like we used to.
I love you sweet lady and long for your company
because you truly are an amazing Angel and blessing.
I have known since the beginning that you were the one I wanted to be with
through all time,
I could feel the bond that we share
so very strong though I was not totally aware.
Please come and join me to spend a good day
with each other feeling so great.
I love you my Angel and so desire to have you
right here beside me kissing and holding each other.
God bless you sweet Kira you are a treasure
and my heart truly melts for you over and over.

Michael P. McParland

Good Morning Sweet And Only Love

Good morning my sweet and only love
and may you have the greatest day possible
my gorgeous sweet Angel dove.
If only I were with you right now
to pull you in close to me,
first to kiss your forehead, cheeks,
and beautiful soft neck,
then sweet little kisses on your closed eyes
before with a soft caress on your cheek
I give you the deepest and most passionate kiss
upon your lips to start the day right.
I want to give my sleeping beauty light
and deep joy within your heart
as we snuggle a bit before we get up
and take on the world.

After a bit when you are ready to sit up
I will serve you your hot coffee
and put my arm around you while you drink it.
We can just sit and talk, or I will read to you,
we can listen to music an audio book
or watch a little something that you want.
Whatever you so desire would be perfect for me
my sweet precious darling because I would
be spending a wonderful Sunday morning
relaxing in bed with my sweet one
whom to me means everything.

So I wish you the most wonderful good Sunday morning my sweet one
and feel my arms around you so tight
along with all of those sweet kisses I would give you
if I were right there beside you and those kisses
so passionate, tender, and sweet I will give you
surely when we are together again spending
such beautiful and loving mornings together in bed.
I love you my sweetie and I am dreaming of those days with you my dream in reality.
Close your sweet eyes to see my loving looks
and great big loving smile,

and brighten my day as well dear by wearing
your bright shining smile as well.
God bless you my darling and have the most
wonderful and beautiful Saturday.
And wrap up in a blanket to stay warm in this cold day
as well as be wrapped up and filled with all of
my warmth, my strength, and never ending, undying,
unconditional love I hold for you my sweet Angel dove.

Michael P. McParland

Night Note 227

Before I lay down
for just a few I wanted
to tell you I love you
my sweet beautiful dear.
I wanted to remind you
that you're not alone
and that I truly am
only yours forevermore.
I will be wearing a big smile
as I close my eyes
because I will be dreaming of you
and your big bright beautiful smile.
You truly fill me with joy
and such awesome light,
I wish I could be lying beside you
spooning and holding you
so close on this night.
I will be sending you
the sweetest of kisses
so feel all of my warmth
and full strength surround
and deeply fill you.
You truly are my dream in reality
and I can't wait for all parts
of our dreams to come true.
I love you sweet lady
and promise you I will
never leave you and will wait forever.
You are my Angel and most
beloved Queen and I would
do anything to make you so
proud and happy as well as
for anything you want or need.
I love you sweet Kira for you
truly are such a rare and gorgeous treasure
and I fullly cherish and adore you
for the wonderful woman you are dear.

Michael P. McParland

Evening Time Smiles

Sweet sweet evening time smiles
of true and pure love to you my dear sweetie.
I love you so much and after a nerve
wracking game that went into two overtimes
I feel a bit tired and want to relax with you,
to just smile at you as I pull you in closely
and give you sweet kisses before I put my head on your shoulder.
I give to you sweet and tender evening time smiles
to fill us both with warming comfort.
I wish I were with you to spend the evening
have the most joyful time together
tellig each other I love you so much
and will stick by you forever.

Michael P. McParland

Gorgeous Girl

Good afternoon my sweet gorgeous girl,
I've shut off the game and now just wish
I could spend this Saturday with you.
You truly are so very beautiful
and in all the most natural ways which
makes you so unique and very special.
No makeup is needed for you are
the perfect work of fine art
and to add on any of that stuff would
be a mistake and ruin what's good.
I love you my gorgeous girl you are so great,
because you are so beautiful in every way.

You are so gorgeous sweet girl
and I want so bad just to hold you right now.
To tell you you're so beautiful
and in each specific way,
and to just reassure you that I'm always yours,
I just want to spend time with my gorgeous girl
who has the most wonderful bright shining smile
and deep sparkling eyes in which I fall,
my heart melts for you my gorgeous girl
and in so very many ways.
With long dark hair so soft and so beautiful,
soft pale skin that smells so very good,
and the most sexy body that there could ever be.
You are so gorgeous and I am taken with you,
but there is still so much more my gorgeous girl.

You are so gorgeous with such a brilliant mind,
intelligence is pure sexiness in my book my love.
The talks that we shared were always so good
because you have brains and get me thinking as well.
Your heart is of gold and your spirit so kind,
you have touched me so deep and profoundly
as you hold both of mine.
You are so special and truly so gorgeous
and you make my heart melt with all of your greatness.
I love you sweet Kira and I want to be with you forever

because you are my beautiful best friend
whom I want to hold and I want to marry.

Michael P. McParland

Love Note 555

A very good morning to you
once again my beautiful girl
and before the game begins
I wanted to drop in and tell you
I love you more than any words can describe,
I wish you were here to help
cheer on my team and just have
the best time spending this Saturday
hand in hand and arm in arms.
I love you so much and send you
sweet kisses to shower upon you
covering you all over.
Close your gorgeous sparkling eyes
to see my big loving smile
as I send millions upon millions to you
to light up your day,
feel all of my love, my warmth,
and my total strength
as I reach out in spirit
to put my arms around you.
Have a good day and know that
I'll always care for and love you
more than anything
and that I'll always be yours forevermore.

Michael P. McParland

Good Morning, I'm With You

A very beautiful good morning to you
my most treasured and cherished sweet Angel dove.
I know I was out of it for so long
but after I last wrote I struggled with
sleep for a few hours just aching so badly
to have you in my arms both of us feeling so peaceful.
Then finally falling asleep exhauted
physically, mentally, and emotionally
I went out for so long and only got up
to half awake eat something then back to sleep.
Remember my sweet one that you're not alone
and that I am with you as ever my arms around you
giving sweet kisses so loving and good.
Remember my Queen I'll never leave you
because you are my one and I only want you.

I wish I were with you right here and now,
holding you so very closely seeing you smile,
to look in your eyes and feel cheer in my soul,
to have a reason to rise immediately after a snuggle
and take a nice shower before facing this day together,
to have you to watch Ohio State beat down Michigan with.
Insted though right now I just want to lay down for a few more
listening to my audiobook and dream of you
for a short bit.
I wish I were with you to snuggle and kiss while
doing that too before all those other things I listed above.

So I wish you the most beatiful morning
my gorgeous sweet Angel dove and reach out in spirit
to put my arms around you reassuring that I am with you
and I always will be right by your side supporting you
in all of my love so pure and true,
oh my sweet one I so love and adore you so have faith in me
that I'll never leave or abandon you.
You are my Angel who means everything.
God bless you my Queen and please come so soon
so I can show you how much you are appreciated
and how much I care giving my best and my all,

please come so soon so we can both heal in full
in each others arms talking about everything in our souls.
I love you sweet one and wish you the best morning
to have with the sun to shine directly on you.
You are not alone because I will be with you always
admiring you, cherishing you, and loving you fully
because you are beautiful and truly amazing.

Michael P. McParland

Weary Smile 3

As I lay down here in a few
I will be wearing a weary
and oh so fondly loving smile.
A smile that I wear for you
and a smile that you give me.
It is a smile of true love
and thanfulness for my Angel.
And though I may feel oh so weary dear
I smile because I think of you,
I smile because I feel you near
and am surrounded in true warmth
from all your true pure love.
Close your sweet eyes to see
my loving looks and smile,
then feel my sweet kisses as they
shower over you to tell you
that I care.
You are treasured my sweet darling one
and I am forever yours,
knowing that I have your love
and that you are my best friend
makes me smile oh so big.
You are a diamond in the rough
the sweetest and rarest of souls,
and I cherish you as the blessing
and gift from God that you truly are.

So as I lay down in a few to rest
my tired body, mind, and soul,
I will be wearing a weary smile
as I lay my head on my pillow.
I'll say outloud I love you Kira
you truly are so grand,
listen closely and hear my words
as I take your hand in mine.
I wear this weary smile for
and because of you,
you are the reason that my heart still beats
and you are my northern star.

I love you more than anything
and I pray I make you smile now.
I always wish to honor you
and make you so very proud.
So as I lay down in a few
I'll wear my weary smile
as I dream of you.

Michael P. McParland

Tired Thanksgiving Dreams

As I sit back on this late
Thanksgiving night to relax
I will close my eyes for just a bit
while I listen to my music.
My head and my heart will be filled
with the most tender and loving dreams of you.
Tired Thanksgiving dreams of my beautiful
darling dear I so wish was here
to hold in my arms, talk to,
and give the sweetest kisses with the softest caresses.
All these beautiful dreams will be of you
and I will be sending all of my love too.

As I sit back I will be dreaming
of all of the good times we shared,
the smiles, the laughter, the beautiful looks
and the words, the joy that we always felt in each other.
I'll be dreaming of the love we still share
and all the good times that are coming,
with the laughter, the smiles, the kisses and snuggles,
the joyful sharing of life and experiences.
These will be my tired Thanksgiving dreams
of us my sweet darling Kira.
My heart, mind, body, and soul are filled with
longing, yearning, and true love for you.

So as I sit back to relax on this Thanksgiving night
I send my prayers ofthanks to God for so much.
I thank him for you and I thank you for
so very much endlessly for all of your loving care,
for your strength, for just being yourself.
As I close my eyes for just a bit
I will be dreaming of you while I send
the sweetest of kisses with smiles and hugs so very big.
Be filled with my loving strength my Queen so good.
I love you so much you are my dream in real life
and I want to live out our dream through all of time.

Michael P. McParland

Evening Note 118

A very good soon Thanksgiving
evening to you my sweet Angel dove
and God bless you, all of your family,
your golden heart, and sweet soul,
I so truly cherish and adore you
my beautiful diamond in the rough
and I can't wait to be with you again
sharing all of our warmth
and spending time having the best of days.

I pray your Thanksgiving day
has been so very good
and you have felt all of the love
and care I send to you,
I pray that you have been able
to share this day with people you love
and care for in so many ways.
My heart and thoughts have been with you
as they always are
and in spirit my hand is in yours
and my arms are around you as well.
Never forget my sweet one
I am so thankful for you
my most precious girl,
you are my Angel and my hero too,
you are my everything
and that is the truth.

Have a great Thanksgiving evening
my sweet beautiful darling
and feel all the kisses I'm sending
shower upon you all over,
close your gorgeous sparkling eyes
and see my big loving smile.
I'll be thinking of you
and with my love sending those
millions upon millions of smiles
to cheer you through.
I love you my Angel

and will always be here my Queen
to always serve you.
I am right here my sweet darling
should you want me or need me
for anything,
and as ever I am right there by your side
with my hand in yours
supporting you fully with
true and pure love.

Michael P. McParland

Aching For My Best Friend

I so ache to be with my best friend
on this Thanksgiving day,
to tell her how thankful I am for her
and share with her everything
I am so thankful for in heaven and earth,
then listen so closely as she tells me
all that is important, matters,
and is so meaningful to her.
I long for, ache, and yearn to share
this day with her feasting and being thankful
together in all of the love that we feel
and are deeply sharing.

I am thankful for you my darling best friend
and I miss you more and more with each day that comes.
I love you so much and ache to be in each others arms
just being together and spending the best of times.
You are my Queen and my beautiful Angel,
I treasure you baby and want to be with you
hand in hand forever and ever.
I ache for you deeply because you complete me,
you fill me with light and joy making me smile.
My heart and soul ache for you as they sing
and reach out to you darling so feel wrapped up
and filled with all of my loving strength and deep warmth.
I will always be yours and right here if you need me
to turn to for anything at all because I am
your best friend andI will alway be here to answer your call.

I so ache for my best friend on this Thanksgiving
to just be talking, snuggling, reading,
and cooking the meal together that we would
enjoy with the kids later.
I love you my best friend and want you to be here
so very soon so we can heal all our wounds
just holding each other, drying each others tears,
and reassuring each other saying it is okay
because I am never leaving and will stand
by your side supporting you fully forever and ever.

Michael P. McParland

Thanksgiving, Thankful For You

On this Thanksgiving day I am thankful
for you in every single way.
I am always thankful for you
but especially today as I count
each oneof my blessings through.
You are a gift, a blessing, my Angel true,
you are my hero and best friend I so adore too.
I love you my darling and wish I could
spend this Thanksgiving with you
sharing a special day and a great feast too.

I am so thankful for you and have been
saying my prayers of thanks on this Thanksgiving day,
to thank God for you and to give you blessings too.
I am so thankful for your love and to have
been able to partake in your sweet soul,
to have your sweet love is the greatest gift of all.
Thank you sweet darling for all that you do
and for all of the undying unconditional love
that you give to me my sweet Angel dove.
I love you so much and give you and God great thanks
because you are sweet you and you are so very great.

Michael P. McParland

Evening Note 117

A very good evening
my sweet beautiful Angel so good,
now after dinner as I sit back
to relax and read I wish
I were with you sitting by me
holding hands as we read outloud,
to just be with you spending time
is what my heart and soul
so deeply yearn for and long,
to be with my true love
and best friend is all that I want.

I just want to be with you
talking, snuggling,
sharing sweet kisses,
watching movies taking turns
on who picks, and reading from
one of my thousands of books,
I just want to be with you
sharing all that there is
and being right by your side
always supporting each other
through the best and the worst.
An evening of love
with my gorgeous Angel of light
is what would heal all the
loneliness and pains that reside.

So have a good evening my precious lady
and with me pray that those evenings
will so soon be upon us.
I am sending you huge hugs
and the sweetest of kisses my true love
because I want you to know
that I love you and ache for you deeply.
I want you to know that you
are truly cared for, cherished,
and appreciated my dear one.

Michael P. McParland

Yearning My Dear

Good afternoon my sweet dear
and as I rise my headache is now gone.
As ever I am yearning for you
and deep in my longing heart
I want to sit right by you
and snuggle to no end my dear love.
My stomach aches just a bit
but I am sure it will pass
and as it does I just want to be
with my sweetie I adore so very much.
I yearn for your soft loving touch
and to just look in your eyes
being hypnotized by all the deep loving beauty
you hold inside.

I yearn for you dear just to be here
by my side spending quality time,
stopping the loneliness that we both
feel inside without our true love.
I miss you so much and long to be kissing
you while we tenderly touch,
I just yearn for my Queen the best of the best
and so very amazing my sweet Angel dove.
I love you my sweetie and yearn
to be holding you so very closely
so both of can feel so joyful and peaceful.
Feel my arms around you as I reach out
to so very tightly hold you
and give you all of my love the best way
I am right now able.

Michael P. McParland

Lying Beside You 2

A bad headache has hit me my dear
and I wish I could be lying down
beside you here in my bed right now.
To hear your soft voice as you rubbed
my head and face to help me relax,
I wish I were lying beside you right now
helping this headache to pass so very fast.
I want my true love and Angel here with me
arm in arm because your love is true healing
and you're all I want.
I want to be lying beside you telling you
that I so deeply love you while we both are healing
and this bad headache is passing.
I want to be with my beautiful hero
because you are my light and eternal Angel.

Michael P. McParland

Good Morning (Your Warmth)

A very good morning to you
my sweet beautiful best friend and Angel
and I am so sorry as ever I drifted off
for so long I am just in so many ways deeply exhausted.
I am sending you the sweetest of deep kisses
and millions upon millions of the biggest smiles.
Please feel cheer my dear sweetie
and remember that I am right there by your side
and am yours and yours alone forever and ever,
your loving warmth is the most wholesome,
wonderful, and truly special, you are my
only true love and hero whom I adore and admire,
your warmth is what is so needed and I want
to give you all of mine forever and ever.

Good morning to you my sweet Angel dove
and I wish I were waking up next to you
so I could take you in my arms
to ease all of your hurts, and your worries,
so I could dry all of your tears saying it is all
okay my sweet precious dear,
I will never leave you because you're
the only one I want and need
and I will always do anything and everything for you
to make you so very happy and proud.
Sweet Kira you truly are among
the top priorities in all of my life.

In this morning my dear I give you all
of my warmth and I am in need of yours so very much.
The nightmares once again so badly haunting my sllep
and one in particularly that has shaken me.
So I need your hugs, your warmth, and your endless strength
to just shake off the last of those bothersome things.
I love you so much and it is your warmth that heals,
because you are my Angel and through our
special bond there is that special power
which only the two of us can understand.
I am in need of your warmth, your big smile,

and all of your endless unconditional
loving strength because you are the greatest
my hero Kira so amazing.

So I wish you a good morning and the greatest of days,
I am sending you huge hugs with sweet kisses
and smiles filled with all of my strength.
I am sending you all of my love and warmth
and want you to always know that I am there
holding you tight hand in hand.
I will be thinking of you and all the times
we will have with all of the things I know
that I so want to share.
You are a great one a special Angel from God,
and I know that you are a blessing and gift
I am eternally thankful for.
God bless you my Angel with your heart of gold
and may you always have the best of everything
because it is so well deserved.

Michael P. McParland

Afternoon Desires 2

Afternoon desires to see your
big and bright smile
and to hear your Angelic voice
as we talk and relax are what fill me up.
Afternoon desires to be with my Kira
escaping the rest of the world
are what I am filled with
and to just be with you enjoying life
is just what is wanted and needed
by your loving Michael.
I am filled with afternoon desires
to just be with you holding you tightly
as we kiss and talk among so many other things.

Afternoon desires and longings for you
fill me up because what more can a man
ask for or want than to be with his hero,
his best friend, and gorgeous soul mate?
You are so much of what makes this life great
and you are so much of my reason
to fight on and keep going my love.
I am just filled with desire for my beautiful Kira
because you truly are such a treasure
and wonderfully amazing woman I cherish.

So afternoon yearnings, longings,
and truly pure desire fill me on this
afternoon for my precious rose and diamond.
To just hold you, to serve you,
and spend time doing the things we love doing,
I just desire you dear because
you are so beautiful in all ways there are
and I want to give you all the love that I have.
I am filled with desire to share with each other
all that is within both of our worlds
because you are the one I truly love
and want to be with hand in hand forevermore.

Michael P. McParland

My Beautiful Queen 3

Kira my sweet one you are truly
my beautiful Queen I so deeply love
and fully adore.
It is you my heart sings for
and for whom I long to be with forevermore.
You are my beautiful Queen with a heart of gold
and a diamong in the rough who is so bright and bold.
You are so strong in so many ways
and you are a fighter making it through
so many tough things that would have beaten
many other souls.
You are my beautiful Queen I love, adore,
and hold so very dear, you are such
a blessing and a gift I'm endlessly thankful for.

You are my very beautiful Queen
and all I want to do is hold you so close to me.
To spend the most wonderful and fun times,
to hold you close while we sweetly kiss
and beautifully bond,
it is only you my darling one who
is my Queen suprememe and is so amazing to me.
It's only you my gorgeous girl that I love
so truly in such a pure way
and it is only you I want by my side hand in hand
and only your passionate lucious
soft pink lips I wish to kiss forevermore.
You are my beautiful Queen and I will forever
be only yours my gorgeous girl
because you are my best friend, my Angel,
and my hero I am so taken with
and you are the one I gave my heart and soul to
so long ago and they will forever like I
be yours and yours alone.

Michael P. McParland

Sweet Morning With My Sweetie

Good morning my dear beautiful sweetie
and I send sweet sweet kisses to you
my dear sleeping beauty.
As this morning now gets into full sing
I want to share it with you my sweetie so good.
I adore you sweet girl and want to share
every bit of each step on a sweet morning
with you my Angel of gold.
From shaving my head here in a minute
before a shower so refreshing and warm,
I wish I could share that time with you
kissing and smiling as I tightly held you.
A sweet morning with my sweetie
is what is needed sweet girl.

Then after the shower to just sit back
and so tightly snuggle,
a time to just lean into each other
and say I so deeply love you.
I'll make you your coffeeand help make you
feel so very cozy and comfortable,
I love you sweet Kira and want to be
spending a sweet morning with you my sweetie of forever.
So feel my hand within yours and know
I am there with you to give you comfort
and my strength to help you feel so very good.
I love you my Angel and I am dreaming
of all the wonderful sweet mornings we will be
spending together because you are my sweetie
and I know they are coming and I just can't wait
to be with the woman I love more and more
with each day that comes.

Michael P. McParland

Night Note 226

A very good middle of
the night to you my beautiful girl.
I am so so very sorry I was
quiet and gone for so very long.
Yesterday in the early noon
I was so very tired after finally
being able to pick up my medicine
I closed my eyes meaning to just lay down
for a few minutes to little while
and drifted off through the whole day
and night until just a little while
ago my Angel I so adore.
I am so sorry and feel just like crying
because I know you are upset, worried,
and possibly crying yourself
not sure why I have been off.
I have just been so exhausted my love
and I often sleep so very much
because I am so depressed and emotionally
worn out because I am missing you
so very very much and I always
hope to have a dream of my Queen
until I am able to see you again.
So please know my sweet one
I am so sorry I drifted off.
Will you please forgive me
my only one?

So I wish you a good night
and send you the sweetest of kisses
with all of my strength,
feel my arms around you giving you
all of my love and my warmth
as I tell you I adore you my diamond in the rough.
You are so precious and I just
want to hold you so close
while you nuzzle and rest your sweet head
on my chest hearing how my heart
beats for my Kira so great.

I love you my sweetie and will always
stick by you hand in hand
supporting you fully
because are my everything and only true love
who I want to spend eternity with
sharing all that I have
and giving you all of my true love
to show you you're cared for, appreciated,
and adored making you so happy
and proud forevermore.

Michael P. McParland

The Way You Are 2

I love you the way you are my special one,
I love you for you because you are
so kind, so loving, and so very good
through and through my one and only favorite girl.
You are an Angel, blessing,
and a gift from God on high made so special and unique
you smile, heart, and spirit brightly shine.
I love you the way you are because you are
my Kira the woman I have always loved
and always will through all of time.

I love you the way you are both beautiful
on the outside and the in as well,
I could never ask or be in want of more
because you are all the greatest things
I hope for and dream,
you are you and I find that supreme.
I love you girl the way you are
and I can't wait to hold you and tell you so
sealing all my loving care with a kiss so deep
and very passionate telling you you're oh so great.

I love you the way you are and would never
want you to change for some others prime ideals.
You are perfect as you are and all I hope for you
is as I would hope for all to strengthen
our flaws and weaknesses the best we can while remaining true.
I always though want you to be you because
you are so very good and truly beautiful.
I adore you for all your little quirks
and it is your flaws and all that make you
so very unique with the rest that make you you.
I love you the way you are and for who you are
so please always remain true because you are the greatest
my sweet precious girl and Angel I love more and more.

Michael P. McParland

Night Note 225

A very good night to beautiful you
my sweet Angel of love and light.
I'm sorry I would have already emailed you
a good while earlier but I ended up
going down the rabbit hole of
YouTube videos losing track of time completely,
I hope you are alright and not upset
or angry at me for my losing the time,
so I wanted to write you and let you know
you are loved and never forgot
and after a snack of buffalo wings to
calm my grumbling stomach babe
I will email you about all of the things
I want to share with my precious girl.
I love you my dear you are my essence,
my heart, and light of my soul,
you are the love of my life and I only want you.
So have a good rest of your night
and never forget I am your ever loving knight,
you are the greatest and most beautiful Angel
and I adore you completely my Queen of forever.

Michael P. McParland

Nighttime Smiles With Kisses

As I sit here alone through
this quiet night I will be thinking of you
wishing you were here to spend time with,
feel complete again, share big sweet smiles,
for both of us to be filled with joy supreme,
my heart continually aches for thee.
So as I sit here and go about other things
I will be sending you big warming smiles
with the sweetest of kisses to fill you
with all of my happiness and strength.

I miss you sweet one so very much
and send you these sweet nighttime
smiles with kisses to tell you I love you
and can't wait for you to be here within my arms
sharing the best of times forevermore,
for me to be able to serve you my sweet Queen
in all the most honorable ways as I always strive,
I miss you so much and send these nighttime
smiles with kisses because I love and adore you
more than anything on earth or in heaven.
No matter where it is anywhere it is true hell
if you are not there to share smiles, hugs,
conversations and kisses of all kinds.
It is truly empty and pointless without the one
who you care for and love and feels the same about you.

So my sweet one as I go about my lonesome night now
I send you sweet smiles with kisses so big and warm,
great big hugs and held hands to let you know
that you are not now and never will be alone.
I love you sweet girl my heart and soul are forever yours
because you are their holder and my beautiful one
whom I'll always stand by giving my best
and my everything because you are my Queen and the woman
I've always loved no matter what because you are
a rare precious jewel who shines above the rest
and I truly want you to be the happiest woman
who's ever lived because you are so wonderful

and amazing through and through.

Michael P. McParland

Love Note 554

A very good evenig to you
my beautiful sweet Angel dove.
I arose a little while ago
and would have written first
but had to eat something right away
as my stomach was upset from the emptiness
and then had to lay back again
for about 45 minutes to let my stomach
settle down in full,
so now that I am feeling better
I put on one of my favorite Falco songs
Helden Von Heute extended version
and write to you my true love and Queen,
my Angel who means everything to me.

I hope you got my email last night
that I wrote you before I crashed out
in my deep exhausted sleep.
I pray you had a good day feeling me there
by your side hand in hand giving you
sweet sweet kisses with all of my warmth and love.
I hope that when you needed a smile
you thought of me and mine
and looked at all the new pictures I sent to you
in my email yesterday,
I had you on my mind Friday night
when I took them and that is exactly why
I smiled so bright within them
my sweet Angel of light.

I so wish you were here to join me
through the night my sweet adored Queen,
to now go out and enjoy some ice cream
as I begin on the Simposon's 5th season,
I wish you were here to hold so close
to me and both of us know everything is okay
and give the reassurance that we'll
never be alone again feeling hurt
from the world around us because we are with

our best friend and most beloved soul mate,
I wish you were here to hold looking into
your gorgeous sparkling eyes and tell you
that it truly is okay because I'll never
leave or abandon you my sweet precious girl.
God bless you my sweet love and feel the sweet kisses
and huge smiles I send shower all over you
with massive hugs delivering all of my strength,
love, and deep warmth to tell you I love you
and care for you more than anyone can know.
Have a great night my dear Kira and know
that your Michael is right here for you
and the by your side in spirit.
Remember that you are always in my heart
and that it is only you that I want
hand in hand by my side forevermore,
only you because you are my Angel,
my Queen, a blessing and gift,
you truly are my everything.

Michael P. McParland

Tired Saturday Afternoon

The game is at half time my dear
and I am quite tired today.
I was up through the night
and only slept for just over an hour
before I got up for the game
and I wish you were here to watch it with me
and spend time relaxing together
through the rest of the day.
I am so tired on this Saturday afternoon darling
and I just want to have you in my arms
as I look upon your gorgeous smiling face.

When feeling so tired all that I want
most of all is to be with the woman I love.
to lean up against and feel safe in your warmth
knowing everything is alright.
I want you here beside me to rest and relax
regaing all of our energy as well as
helping each other heal from all the pain we've been enduring.
I love you my sweetie and am so very tired
I just want to be with you hand in hand
in each others arms relaxing completely.
I am sending you the sweetest of kisses
and will be thinking of you as the day passes.

Michael P. McParland

Good Morning My Sleeping Beauty

Good morning my dear sleeping beauty
and to give you the best thing
anyone could wish for as the wake
is a sweet loving kiss so full of warmth
and deep care I feel through my entire,
heart, mind, body, and soul,
I pray that you have a great day
like you so need and so want,
in spirit I will be by your side
holding your hand and so very soon
when we reunite everyday will be in person.
Good morning my sleeping beauty so wonderful
I love you so much you are my dream
in reality come true.
You are a gift and blessing I cherish
and adore endlessly in full.

See my loving smile as you arise my dear sweetie
and feel all of my warm loving hugs
and sweet kisses shower upon you my sleeping beauty.
Know that you're loved and adored as a Queen
and one of Gods most beautiful and special Angels from above,
you are appreciated and my love overflows
from my very core for you and is tender.
So I wish I could slide in bed next to you
and give you these waking kisses saying
you are so wonderful my sleeping beauty
and I love you immensely, more than anything.
If I could reach in the sky to give you
the moon and the stars I would my beautiful hero,
I can't do that though my fair lady but I promise
I will always give you my best in everything
to make you proud and so very happy.
Good morning my gorgeous and beloved sleeping beauty
and I send you these deep passionate loving kisses
to give you a smile and start your day
knowing I am there with you and am always yours
through all eternity.

Michael P. McParland

Night Note 224

A very good night to you
my sweet beautiful Angel of light
and I hope that you are having
a good one and I pray
as always that you are alright.
I hope you know that for you
I will always fight and give my full
support in every way that you want and need,
I will always stand right beside you
and you can in full depend on me
for I am right here and with you
for whatever you may want or need,
no matter what and no matter when
you can always count on me
because I care for and love you.
I will always be yours and yours alone
because I have given you my soul and heart
and they are forever yours just how I want.

I have a few chores to do
and beyond that just read my books
and watch a movie too,
all the while I will be smiling
thinking of you my sweet Angel darling,
I will be sending you all
of my strength warmth and love
with sweet kisses to shower all over you
with the most massive hugs.
I want you to have a good night
and to remember that your Michael
will never leave you and loves you so much.
Feel peace in your heart
and know that'll you'll always be safe
with me at your side,
for I'll always stand up for you
no matter what and no matter where.
Please give me that smile
as I give you mine my sweet darling
and feel my arms around you so tightly

as I reach out in spirit
to give you sweet comfort
and just share all the love I am feeling.

Michael P. McParland

Take My Hand My Best Friend 2

Take my hand my beautiful best friend,
I have just taken all of my medications
and will soon be so very tired and want to retire.
So I just long to spend these waking hours
with you my dear sweetie looking upon you
and hearing your sweet voice as we spend time
holding each other and sharing our loves,
just doing the things that we so love to
with our best friend who means everything.
Take my hand my dear best friend and feel all my care
as I send all of my loving strength and deep warmth
to you my gorgeous girl.

So please take my hand my precious best friend
and let's spend the night in comforting peace
feeling content and so grand.
You make me feel so complete, you give me light
and joy with which no one can compete.
My best friend you are so magnificent and beautiful
and I reach out to take your sweet hand
so please take it in return and wrap each other up
so tight in our arms to have a warm night
with a loving fire of true love and desire that
burns eternally inside us.
I love you my dear you are my best friend
so please take my hand and together for each other
make all of lifes worries and stresses lift from us.

Michael P. McParland

Friday Evening With Sweetie

I've been aching and so
very lonely my dear darling
as I know you have been as well,
so it is time for us to come together again
and spend the most wonderul Friday
evening spending time my dear sweetie,
to give each other sweet kisses all over
and show each other those smiles we adore
and that say I love you so much.
I want to spend this Friday evening with you
making you feel important and beautiful like you are.

First the most wonderfully refreshing shower
to wash away the stress and sweat of this day,
to just hold you so close to me under the water
so warm, soothing, and deeply relaxing,
to just smile at you, give kisses so pure,
and tell you I love you my little love bird.
Then after to just fall into each others arms
talking and laughing the evening away.
To just watch a movie and together read,
I need this Friday evening with my sweetie so bad.
I just want your company and to be with my amazing woman
because I love you so much and am nowhere
complete without my only one so beautiful and sweet.

Michael P. McParland

My Little Love Bird 2

Hey there my beautiful little love bird
come join me under the covers on this
very frigidly cold day in mid November.
Come my little love bird and let me here
your Angelic voice while I hold you so very close
and rest your hean on my chest
after some sweet kisses my Angel I love best.
Come wrap up with me and hear my hear sing to you
as it says you're my little love bird
and I so adore you and cherish you in full
to no end forevermore.

Please come my sweet one and join your man
as we climb under the covers to relax and snuggle.
So I can look into your eyes and tell you
I love you my little love bird and will never leave you,
I want us to be in each others arms forever and ever
because you are the holder of my heart and soul
and that's the way it's always been and will be forevermore.
Come sweet Kira you are my little love bird I adore
and I just want to wrap you up in my arms
after we have climbed under the covers and just
hold you close passing the day with the woman
whom means the very most to me.

Michael P. McParland

Love Note 553

A very good afternoon to you
my beautiful sweet Angel dove
and I hope that your day has gone well.
I had to get here to the doctors
well before I needed to
and wanted to write you to tell you
I love you my dear and you're
on my mind and in my heart
my most beloved one.
I wish I could be with you
spending a most loving and joyful Friday,
I long for you sweetie because
you are my most beloved and beautiful Angel.

I miss you so very much and I wish
right now that I were still in bed dreaming of you,
but even more so I wish that you were here
sitting with me talking away hand in hand,
I just want to be with you enjoying your company
and reveling in all the wonderful loving
light that you bring to me.
I love you sweet girl you are my everything
and I want to spend eternity treating you
like the gorgeous Queen that you are.
You are the greatest sweet girl
and I will always give you all of my
endless love and my very best in everything
In every way because you are my
best friend, hero, soul mate,
and beautiful Kira who means everything
to me in every way.

God bless you sweet one and I am sending
you sweet kisses and hugs
so very big and so very warm,
close your gorgeous sparkling eyes
to see my loving looks as well
as feel the millions upon millions
of massive loving smiles I send.

I love you sweet Kira and just want you to know
you are appreciated, cared for, and the greatest,
and your the only one that I want to be with
forever and ever because I love you
more than anything.

Michael P. McParland

Catnap (Aching Heart)

After a big hearty dinner my sweetie
it is time for a catnap to recharge my batteries.
So I lay down now to close my eyes
and it is with a longing, yearning,
and aching heart that I drift off with my dear.
I just hurt so very much inside wanting my girl
and I am physically aching as well.
I am filled with quite a few worries
and concerns like wondering just how you are
and praying that you are okay,
that is at the forefront of my mind
among other worries and stresses I have.
So I worry for you in my aching heart and soul
and want you here to hold so very close
while you tell me all that you hold inside and want to share.
I ache to have you here and rest your sweet head
upon my chest while we softly talk
and sweetly kiss as we catnap for a bit.

I am quite tired sweet love
and with this aching heart
I am in need of a wonderfully refreshing catnap.
I will be dreaming of you as I close my eyes
as I yearn for your smile and soft loving touch,
it is your lips I need upon mine as we share
the sweetest of kisses looking into each others eyes.
I love you my darling and wish we could ease
each others pains, worries, stresses and tears
as we held each other catnapping together
snuggling so tightly with our dear best friend
who love each other so truly and so passionately
through all eternity.

Michael P. McParland

Love Note 552

Back now from the dentist
and picking up a prescription
my sweet darling so precious
and I am feeling quite tired
with my rest this morning
being uncomfortable and very fitfull.
For you though I'll stay up dear
and write you the best I am able
to send you all of my love
so full of deep warmth and strength,
I wish I were with you
to rest my head on your shoulder
and say thank you my sweet Kira
for in every way being a beautiful person.
I wish I were with you to lift
all of our stresses and all of our worries,
to help each other feel safe
and so very peaceful.

So my sweet dear I now need
to find a way to relax my neck
for I was in massive pain as
I sat in the dentist chair my head tilted back.
I wish you were here to give it
a massage and then I would massage
you all over to relive all of
the pain you're so constantly in.
I love you my dear and give you my world
because you are my Queen so superb.
I adore you so deeply
and my love for you is great and tender
and I just want to hold you
and be by your side forever and ever.

I love you sweet girl more
than anyone can possibly know
so listen closely as my heart calls out
to you and sings in full voice
all of the love songs that I adore most.

Feel my hand in yours as I smile at you
and never forget I'm always yours
and will never leave you.
I love you my dear for you are the best
and my soul sees and feels yours
for the blessed gift that it is.
I want to spend eternity giving you
all that I have and all of my best
with every last bit of my love,
you are so beautiful and a rare treasure
I so cherish and I can't imagine
nor do I want a life with another.

Michael P. McParland

Early Morning Rest

A very good morning to you
my gorgeous sweet Angel dove.
I have been up the whole night
and I must now lay down to
get some good sleep because I have the dentist this afternoon,
I need some good sleep and will dream of you
my fair one so good so feel all of
my warmth and love as I send it to you.
Feel my arms around you with the
sweetest of kisses so tender too,
I love you sweet one and wish you were here.

It is time my sweet one for me to lay down
and as I do I wish you to have the greatest day
and remember I am right there by your side
hand in hand smiling saying Kira you're grand.
I love you sweet girl and will be seeing you
when I close my eyes and I will be praying
that you are okay, that you feel all of
my loving care, that you know you are appreciated,
and that you will be in my arms so very soon
sharing our worlds in pure loving joy.

Michael P. McParland

Sweet Nighttime Smiles

Just sitting here tonight reading
and as I do I have been thinking of you
my darling beautiful sweetie,
and as I do I send to you
sweet nighttime smiles filled with
deep and true love to fill you with
peace and comfort,
along with those smiles I send sweet kisses
and hugs to fill you with warmth.
I send all of these in endless droves
to give you all of my strength and love.
I send to you millions upon millions
of sweet nighttime kisses and smiles
to tell you thank you for all that you give and do,
I love you sweet one and thank you for being you,
and to tell you I adore you my diamond in the rough.
I have for and send to you sweet nighttime kisses
as I sit here to let you know that I'm near,
that I'm praying for you, and that I can't wait
for you to be here wrapped up in my arms
both of us safe from all pains and harms.

Michael P. McParland

My Best Friend 3

My best friend is my other half
and my entire world,
my love for her fills the universe
till at the seams it is ready to burst.
My best friend is so truly beautiful
and the one I truly trust,
she is so wonderful and the love I feel for her
is truly so great and tender it overflows
from my very heart and my very soul.
I adore my best friend and I want the world to know
that Kira Petranovich is truly the greatest
and I'd do anything to fulfill her life
and make her the happiest person in heaven or on earth.

I love my best friend with her golden heart
and she is the only reason I continue to write.
If she did not love it and I didn't have her
I would have very long ago quit.
But as I said she loves it so
and even though we both know
I am not very good she encourages me so.
She is my best friend and I adore her in full,
she is my Queen and an Angel so pure,
she is a blessing and a gift from above,
she is one of Gods most beautiful Angels
he sent to earth to spread peace and love.
She is my best friend and I don't ever want to see her hurt
because she is a precious rose whom I so dearly love.
She makes my heart sing and has touched my soul,
Kira is a wonderful woman and my treasured best friend.

I so dearly love her my best friend and sweetie
for she has enriched my life and is a shining star
who lights me up and fulfills me.
She is my other half and better one at that
and I will have no other within my life.
I can't wait to hold her telling her she's now safe
and I completely love her,
showing her everyday she's appreciated and cared for.

Kira is my dear the best friend and my soul mate
with whom I share a bond with
and I want to spend eternity in each others arms
fighting along for each other and taking care
of one another expressing and giving the true love
we hold and feel to the maximum.

Michael P. McParland

Catnap Dreaming 2

Catnapping for a short bit
after dinner sweet dear
and I had beautiful little dreams
of sweet beautiful you.
Dreams of you smiling and laughing too,
dreams of sweet kisses and snuggles so good,
catnap dreams of my Angel Kira so pure
which makes my heart hunger and long
to have you right here in my arms.
I wish you had been here to catnap with me
looking into each others eyes while I softly
and sweetly caressed your cheek.

While catnapping sweet dear I also thought
of so much of what I want to tell you
later when I write and later when we reunite,
I dreamed of you smiling among other things
and us just enjoying each others company.
Those catnap dreams of you helped fill me with cheer
despite the aching that remains there
and I will be spending my night dreaming of you
at most points reaching out in spirit to hold you close.
I love you sweet one and I truly look forward
to when those catnap dreams are real in full at last
because I won't feel complete until I'm in your
sweet arms sharing all that there is in this world sweet one.

Michael P. McParland

Love Note 551

A very good late afternoon
to you my beautiful darling so good.
I am so very sorry I was
out of it for so very long
but I aching so very bad yesterday
and profoundly tired I slept
for so very long and even now
still feel a good bit tired.
I ended up sleeping until
I had to get up and go to the
two doctors appointments I had in a row.
So now I have just barelly gotten home
from the second one and wanted to
immediately check in to tell you
that I love you so and am as ever
right here for you and in spirit
right there holding your hand
and giving you smiles galore.
Feel all of my warmth and deep love
and remember I'll never leave you
because I am always yours
and I wish above all else I could be
with you now holding you close
and giving you comfort
while drying your tears reassuring you
of our bright future ever so near,
I truly do love you so very much
and just longingly desire
to give you the most tender and loving
passionate kiss while I look
in your eyes and let you know
that you are the best.

So my sweet love as I go about
the rest of this late afternoon here
I am about to reheat my Chiese food
from my last nights dinner
and how wonderful it would be
if you were here to share with me.

I will be dreamingf of you
as I read and watch my movie
sending you millions upon millions
of the biggest and most loving smiles.
You are truly so adorable and beautiful
my precious sweet lady
and I just want to be spending time
with sweet you because you're amazing.
So my sweet love feel all of my warmth
and love as I say my prayers for you
and I pray we will be reunited so soon.
Life with you is truly so very much better
because to me you are the worlds beauty
and so very magical.
I love you sweet Kira you truly are
my best friend and hero
and I will never be in want of another
only my sweet Angel dove who holds
in her dear hands my very heart.

Michael P. McParland

Sweet Late Afternoon Thoughts

Sweet late afternoon thoughts of you
fill my heart an my head as I lay here
for a while more.
I'm just not yet ready to rise
as I have been stressed out by so very much,
so I just want to lay here thinking
of the most happy and beautiful things
of which you are the center of it all.
Sweet tender late afternoon thoughts
fill my head, soul, and my heart
of you in all of your splendid beauty
my sweet Angel dove.

So as I lay here my sweet love
on this late afternoon for awhile more
sweet tender thoughts of you fill my
heart and my head with the deep longing
and yearning that fill up my soul.
I just desire to to feel your soft loving touch,
and to hear your Angelic voice as we snuggle up.
I love you sweet darling and just want you here
to make our hearts and our lives so very much better
as I hold you closely and we fight for each other,
I will always give you my dear best friend
my best and my everything always.
God bless you my sweetie for you are amazing
and I so deeply love, cherish, and adore you
my wonderfully beautiful woman.

Michael P. McParland

My Precious Jewel 2

Oh my precious gorgeous jewel
how I so dearly miss you
and as I lay down to close my eyes
for a wonderful and needed rest
I pray I will have a beautiful dream
of sweet beautiful you,
both of us hand in hand smiling,
talking, and laughing away like we always did.
A beautiful dream where I can hold you
until I truly am able to in person my dear.

As I lay down to rest now my sweet
precious jewel I adore I will be
sending you all of my endless warmth and love,
with endless love and tender caring kisses
so full of loving passion and desire.
I love you for all that you are
with your heart of gold and spirit so pure,
you are a gorgeous and wonderful woman
because you are you.
So my sweet precious jewel as I lay down
to get some good sleep I so want and need
I will be sonding you all of my strength,
warmth, and deep love as I dream of you
smiling and resting your sweet head upon my chest
both of us feeling so safe and content.

Michael P. McParland

Tired Morning Desires

Done now with the few chores
that I had my sweet one
and as I sit back to read
and watch some good videos
I am so filled with desire to bewith you
on this early morning holding you tightly.
I am feeling a bit tired but not ready
to lay down and fall fast asleep into dreamland.
If you are so tired though I would give you
sweet kisses and tell you I love you my dear Angel,
and then you could rest your head on my lap
while I stroked your long hair, softly caresses your cheek,
and rubbed your back while you got some sleep.
I am so filed with desires a plenty
for my sweet Queen and dear Angel feeling such
deep wonderful warmth and comfort as we sit together
sharing great time together.

Sitting here my sweet love on this early morning
I so long for and yearn in my aching heart
to be with you fulfilling all of the desires
that we so deeply feel.
To smile at each other and say I love you my darling,
then just snuggle so tightly and share the sweetest of kisses.
I desire you my sweet Queen and beautiful Angel
and not just on this tired morning but forever and ever.
Feel all of my loving strength as I reach out in spirit
to take your hand and wrap you up in my arms,
never forget that you are loved, cared for,
and deeply desired because you are a wonderful,
amazing, and beautiful woman whom I so dearly loved
and is my best friend I adore and cherish in full.

Michael P. McParland

Night Note 223

Thinking about you my sweet love
as I have been reading,
watching a little TV,
and wishing I was holding you
both of us smiling at each other
and sharing sweet kisses
while I was in the shower.
So I wanted to drop in
and tell you I love you once again
and wish you a good night
my sweet diamond,
you are so beautiful and the light
that you radiate shines
and sparkles above the rest
so very brightly
and I deeply long, ache, and yearn
for you wonderful presence
right here beside me as we
hold each other so very tightly.
I wish you a sweet and wonderful good night
and feel all of my strength
warmth and love surround and fill you
because I am always right there with you.
I love you my Queen you are so special
and you are appreciated and worth it my sweetie.
God bless you my darling for you
my heart is so loudly and passionately
for you my delicate precious flower
and it is telling you how much
I treasure you and want to be with you
as your true loving and dedicated man
through all eternity.
I adore you sweet Kira and you will forever
be my only one and true love
who I know loves me too in the same way.
So please come so soon
my sweet Angel dove so I can look into
your gorgeous eyes and tell you I love you
as we spend endless good nights together

forever and ever.

Michael P. McParland

Holding You And Your Hand

How I would love right now
to be holding you and your hand
so tight and near to me
as we spent the night having having fun.
I just want to be holding you and your hand
as we talk and read stopping at times to
give you sweet kisses all over throughout.
I want to be holding you so close and tight
and holding your hand while I look in your eyes
and feel all of the weight of the world lift
from my heart and soul knowing everything is okay
because I am with you.

Tonight is a most perfect night to just
snuggle and nuzzle up so tight together,
to just hold hands as our hearts and souls heal
from and in all the love we give to each other,
it is always a perfect night to hold you
and have your hand in mine where ever we are my sweetie,
I want to hold you and your hand while
we share and do all of those wonderful little things
that I so cherish and miss,
holding the woman that is my true Angel while
doing those things would be heave on earth
my sweet Angel Queen.

So as I sit back to do some reading among other things
I will be dreaming of holding your soft hand
and holding beautiful you near as I send sweet kisses,
big hugs, and millions upon millions of smiles so grand.
Feel all of my warmth and love surround and fill you
and know I am right here waiting for you,
you can reach out to me should you want or need
and I will as ever do all that I can and give my best
and my all for you my sweet girl.
God bless you my dear I wish I could be holding you
and your hand right here and now because
you are my best friend and Queen, my true love,
my Angel, my everything and I love you so much

my heart overflows with pure tenderness.

Michael P. McParland

Love Note 550

A very good evening to you
my sweet beautiful Queen so good
and I hope you have had a good
Sunday and Monday feeling all
of my warmth and love and remembering
that I'll never ever leave you,
I will forever be by your side
hand in hand this I so deeply
and truly promise and swear
so I am sending you the sweetest
of kisses with all of my strength
in massive hugs to give you deep reassurance
and to dry any tears that you might have.
So please my sweet one
don't be upset or fear that I have left
for through all of my exhausted sleep
and moments of waking time
I dreamed of you my sweet Angel dove.
I could smell your long gorgeous hair
and I could feel your arms around me
as I smelled your soft and pale skin,
thank you my love for all of your love,
it truly is the greatest thing that there is.

So my sweet love as I rise now
I wish you were here next to me
wearing your big smile ever so sweet,
I wish you were here sharing kisses with me
making this night ever so fun
as we spent the best of time.
I'm in the mood to play Trivial Pursuit
and we would play the version
that is on my PS3.
I just want to look upon you
and tell you that you are so beautiful
my wonderful girl.
As I get up to eat I will be sending you
millions upon millions of smiles so sweet
and reaching out to hold your hand

in spirt to fill you with all of my love.
You are so magic and my heart continues
to long, ache, and yearn for my best friend
because you are so amazing
and I love you more than anything, anywhere,
ever my sweet beautiful Kira.

Michael P. McParland

Lying Down Aching

As I lay down now on this Sunday morning
it is with a deeply aching heart
that so longs for its Angel,
I yearn for my other half to be
right here beside me to rest your sweet head
right next to mine smiling as we
look into each others eyes.
I so long and ache for my only one
and as I lay down I pray I will have
the most beautiful dream of you in my arms,
of us spending time, just being with you
my sweet Angel dove.

So as I lay down feel all of my deep
caring love, warmth, strength, smiles,
and the sweetest of kisses raining
all over you endlessly from head to toe,
I so yearn for you and want to be holding
so close to me both of us feeling so safe and content.
I wish you a goodnight in this early morn
and remember I love you so much
and will be right by your side hand in hand
the entire day through because you are my
best friend and Angel who I care about
and treasure to no end.

Michael P. McParland

Long Lonely Night

It's a long lonely and aching night
here without my sweet Angel of light,
to not hear your sweet voice
and look into your deep beautiful eyes
which are windows to a pure gorgeous soul.
It's a long lonely night just sitting here
reading and cruising around the internet,
I just think of you and crave your company
and your soft touch as we snuggle tightly
within each others arms sharing sweet kisses
so passionate, caring, and tender
that express the profound loving care that we feel
and that we so freely share.
It's a long lonely aching night
with a heart and soul that so yearns to be with you
giving you all of the immense love that I hold
and you have so always deserved.
It is a long lonely night where I want nothing more
than to be spending time with you doing whatever it is
that we so choose to do.

It is a long lonely night where I sit in silence now
not really feeling like listening to anything,
it is all so colorless and dull without my sweet love
and the minutes and hours stretch out so very long,
I dream of your smile which helps lift my heart
significantly and more than you can imagine,
inside my head and heart I hear your laugh
and sweet Angelic voice and that helps give me a smile
as only you ever could my sweet Queen and Angel.
I think of your beauty in whole completely
and within me a stirring of deep desire,
a desire born of true love and tender caring,
a desire for the most wonderful woman ever.
It's a long lonely night full of longing,
yearning and aches, but feeling the love that you send
helps me get through because you are my rock,
hero, and most beloved best friend.

It is a long lonely night in which I reach out
to take your hand within mine and give you all
of my strength, warmth, and endless, undying,
unconditional love that fills me to overflow.
As I reach out my heart in its longing
and yearning is to you in full voice
singing all of my favorite love songs to reassure you.
It is a long lonely night and I have been praying
that you are okay and know you are cared for,
appreciated, and loved beyond all earthly measure.
I love you my sweetie and pray that these
long lonely aching nights will soon be over.
That they will be filled with our love and laughter
as we tell each other it's okay
and just spend the most amazing quality time
together knowing we will be there for one another
forever and ever supporting each other completely.

Michael P. McParland

Dreams Of You 2

Dreams of you fill my heart
and my head on this very late Saturday night.
Dreams of talking and laughing
as we are so tightly snuggling and kissing.
Dreams of reading our love poetry
to each other that express our deepest
and true innermost feelings.
Dream of you fill me up my sweet darling
as does deep yearning and longing.
Dreams of you my sweet gift and blessing,
an Angel from on high I find amazing.

Dreams of you fil my heart, my soul,
my being and mind on this late Saturday night.
Dreams of our future so very bright.
I dream of that smile so very bright
and those sparkling eyes hypnotizing me
with their depth to universes so magical and great.
I dream of you and hear that Angelic voice
and my heart is a flutter as my entire being
is filled with butterflies and tinglings.
Dreams of my true love take me away
to a better place and I just want you to be here
sharing a great night together.

I love you my Kira anf just dream
of all the wonderful times we spent together.
I dream of our great talks, our walks,
and our big smiles that spoke volumes
without a single word uttered.
I dream of you Angel on this Saturday night here
because you are my best friend and hero
I want to be with forever
and I would give anything to be with you
making these dreams into the greatest reality.

Michael P. McParland

Saturday Evening Smiles

The games is now over sweet love
as well as my second favorite team
whos game I watched the end of.
Both of them won and my nerves
are all jangled from the exciting finish
of the second one and I send you sweet smiles
to tell you I love you and wish you'd been here
to join me and enjoy each others company.
I am sending you sweet Saturday evening kisses
of true love and happiness,
as well as all of my warmth love and strength
to give you a sweet smile my Angel so great.

I send you Saturday evening smiles so filled
with the light and joy you give to me.
I can feel how all of your loving warmth
and deep care surround me now
and it makes my smile hat much bigger and brighter.
With those big smiles I send you sweet tender kisses
to shower all over you so feel them
on your forehead, your cheeks, your soft neck,
and soft lips I so long to kiss as I look
in your eyes letting you know you are so deeply loved
and deeply missed because you are my one.
I send you these Saturday evening smiles so big
because you are amazing and my goegeous best friend.

You are so very sweet my dear love
and I want you to know I'll forever be yours
and stand by your side giving my big smile
of deep loving support.
You have a heart of gold which radiates
its bright and pure truth for all to see,
you are so full of caring love and I hope
you see how that make me smile and adore you
even more so than I already do.
I love you my sweetie and my heart and soul
overflow to near bursting with how much that I hold,
so be warmed by these smiles I send

on this Saturday evening over and over
and never forget you are my most favorite
and important person to me through eternity.

Michael P. McParland

Love Note 549

A very good afternoon
my sweet gorgeous Angel dove.
I went to bed shortly after
I last wrote you and have only arisen
now just before the game,
so before it begins I just wanted
to drop in and tell you I love you
and wish you were here my sweet beautiful dear.
I wish you were to enjoy the game with
and to sit and talk with for hours,
I have so much I want and need to tell you
my most beloved sweet Angel dove.
So much to share with my only one
sharing smiles and kisses as we go along.
I love you sweet one so tough and strong
and I can't to be with sharing such wonderful times.

So my sweet love as the game now begins
feel all of my wrmth and love fill you
and wrap you up with my strength as well.
I will be sending the sweetest of kisses
with the most massive snuggles
so know that as ever your cherished
and never forgotten.
I love you my darling and want nothing more
than to be with you making you happy
as we share everything and al of our love.
God bless you my Queen for you are
a blessing and gift, my everything,
my hand is within yours
so close your sweet eyes and see my big
warm loving smileI wear for you.
Have a great day my beautiful girl
and know that I am with you
the entire way through.

Michael P. McParland

Night Note 222

A very good night to you
my sweet Angel dove
and as I had shut my tired eyes
for a little while I had
beautiful dreams of sweet you
among other things.
So I now wake with a deep longing
within my heart,
I so yearn to hold you close
and then pulling back just look in your eyes.
Tell you I love you with
both my words and big smile,
tell you I want you as mine
through eternities time,
then kiss your forehead, your cheeks,
your sweet and soft neck,
then deep passionate kisses
full of true love so sweet
upon your lips to fill you
with all of my loving warmth and strength.
As I wake now from a rest
I so long for my Kira,
the very best.

So as I now shake off this
last bit of sleep
I will soon pick up my book
and continue to read,
I'll be thinking of beautiful you
wishing you were here to share
in the adventure within.
I'll make it through though
with a smile my love
because I can feel you so close
in all of your massive and amazing love.
Knowing you care and will
one day be here helps me along
and gives me reason to fight and go on.
You are so truly amazing

and one of Gods most beautiful
and special Angels,
you are a gift I thank him for constantly.
So have a good night my sweet Queen
and Angel of light
and know that your Michael is with you
giving you kisses and holding you
so very tight.

Michael P. McParland

You Are Contentment 3

You are contentment and love
it is true and it is you
I want to be with right here and now.
To hold you so tight and give the sweetest of kisses,
to look in your eyes and share with you
all of my innermost thoughts and feelings.
You are contentment because you are my bestfriend,
any you are contentment my true love
because I can trust you with who I am.
I love you so much my heart and soul
are in your hands and I just want you to know
you are amazing to this man.

You are true love and contentment without a doubt
and to you my heart loudly sings out.
I adore you and worship your loving heart
and when I am near you all fear and loneliness
are far gone beyond all doubt.
You are contentment and I want you here now
to just sit back and relax with while
you are wrapped up in my arms contented and cozy,
you truly are so beautiful sweet lady.
You are contentment my Angel
and I so deeply love and care for you,
Ihope I am able to be all these things for you too
my gorgeous Angel.
You are contentment, true love, a gift and a blessing
and I will stand by your side for eternity
as husband and wife I pray so deeply.

Michael P. McParland

An Evening In Your Presence

An evening spent in your presence
is so truly wanted and need.
To just hold you so very closely
while I tell you I love you.
I would like to lay down on the couch
and then rest my head in your lap
as you rubbed my face and head
while I smiled at you and let you
know how much I care and will always be there.
Then to give you a full body massage
to make all of your aches and pains
go away as much as they can.
An evening in your presence I so deeply crave
because you my sweet Kira are my dear Angel
and beautiful everything.

God bless you my dear darling you truly are
the worlds beauty and amazing rare treasure,
I just deeply want and need a great evening
as this and through all time in your presene.
You make my heart sing and in its continued beat dance,
you love me so much you make me feel like a handsome man.
I love you so deep and tenderness fills me,
I just want you to know how wonderful
you truly are and spend each evening
letting you know you are my best friend, my hero,
and my one and only true love.
I so want to spend an evening as this
with only you sharing true closeness and very much more.
I just you my love forevermore side by side
and hand in hand fighting for each other all along.

Oh my sweet I want an evening in
your presence so very bad, to talk and to laugh,
to feel each others soft loving touch
that we both so want and need.
To just spend time with the one who makes us feel good.
I love you my darling and reach out to hold you
so tight in spirit to me,

to give you all of the warmth, love,
and strength that you so want and need.
I want to be with you knowing that you are okay and feel good,
I just need an evening in your presence
because you are my Angel and supreme Queen
I find adoreable and amazing.

Michael P. McParland

Go Out With You

Sitting here my sweet love
and shortly ago had to lay back down
for a bit because I wasn't feeling well.
As I lay down I dreamed of you
and knowing that I would be feeling better
I dreamed of how today I'd like to go out
and about with you to spend time and have fun.
Go out for a drive and enjoy all the beauty
that surrounds while enjoying the beauty of my special one.
All the beauty you hold inside and just what
a beautiful woman you are and how you drive me wild,
I want to go out with you and show the world
that I truly am the luckiest man allive.

I want to go out to dinner with you
and just share the most wonderful time,
whatever you would like is what I want as well.
Then perhaps some ice cream a little later my dear
just enjoying a great time out with my precious Queen.
Then after the most beautiful evening and day
spent out on the towns just sit back with each other
to share sweet kisses and snuggles on the couch.
Wrap up in our arms so very tight and read from a book
we have chossen to get lost in together.
I love you sweet girl I so treasure
and I want to go out with you tonight and forever and ever.
You are my best friend whom I've loved since the beggining
and I just want to show youyou're appreciated
and cherished more than anything.
I want to go out with you and give you all the love you desire
and show you what a wonderful and amazing you you truly are.

Michael P. McParland

Wanting You Here 3

Finally arising now my sweet darling
after twenty four hours plus in this bed
sleeping almost the whole time and getting
feeling much better.
Now that I have awoken I just want you here
to spend time with and hold sharing
sweet kisses and good times throught the day darling.
I just want you here to give deep comfort to sweetie
and reassure you as ever that you're not alone
and I am right beside you as yours forever and ever.
I am wanting you here to make this day
amazing beyond all measure sweet Queen.

I am wanting you here to sit next to me
as I get up my dear sweetie a hear your sweet
Angelic voice as you talk to me as I eat something
first after our snuggles and kisses so great.
I just want to hear all of your thoughts and your feelings
and how your day has gone baby to give me big smiles
and just let me know how you are.
So as I now rise my dear sweet one I long for
your arms to be around me so tightly
and share what's left of the morning together relaxing.
I am only wanting you my beautiful Angel.

Later this afternoon I just want to sit with you
and share the coffee and cream chocaltes that I have
while reading each others love poetry to each other my dear.
To smile and to laugh not in a bad way
but the laughing that true loves share in their care,
to maybe even shed a few tears from happiness
or even in the sadness when one or two were written
and we know how much the other was hurting.
The best of times though dear as we read our love poems
and share rich delicious coffee and cream chocolates
with our best friend and lover.

So my sweet love I am simply and truly wanting you,
to spend time with talking and snuggling,

sharing sweet kisses and nuzzling.
To just be with my best friend whom I so treasure
letting you know how much I appreciate
and care for you my God blessed Angel.
I am wanting you to sit with reading,
watching movies and TV, listening to Falco
and other great music with me,
to go on great walks and do things out together.
You are the one I am wanting and needing
because you are my true love sweet Kira
whom I will never leave and stand by forever.
I love you sweet Kira for you are so beautiful
and I will be your faithful and adoring Michael
forever and ever.

Michael P. McParland

Night Note 221

Such beautiful thoughts
of you run through
my longing heart and mind
on this night as I sit here now.
Soon I must lay down to rest for awhile
and then I will dream of you
and send you weary smiles
as I close my eyes.
I'll be wishing you
were here in my arms
as I listen to one of
my favorite podcasts and wishing
you could be enjoying it too.

I hope your night has been good
and you have felt all of my love
as in spirit I reach out
to take your hand and I hope you
have heard my hearts song
and felt its beat which is for you.
I love you my darling and would do
anything to have your sweet kisses
as we held each other right now.
You are my Queen so divine and charming
and I want you to look in my eyes
and see all the true caring love
that I hold as I open my soul completely.

God bless you my sweetie
and remember that
I am always here for you
should you want me or need me,
no matter what it may be
or what time you call upon me.
You are my true love
and my greatest hero
and I will always stand by you
supporting you fully
my best friend and Angel

I love undyingly and unconditionally
for you truly are my only one
and my everything.

Michael P. McParland

I Just Want You Here (Spending Time)

Sitting here on this night my sweet love
and I just finished watching a short
documentary on Falco I found.
It would have been so great had you been right here
to watch it with me and enjoy everything.
I just want you here spending time
and within each others loving arms
hearing your thoughts and feelings
through that Angelic voice,
I just want you here right by my side
winding this night down giving you kisses,
feeling your loving touch,
and spending quality time.
I jut want you here my sweet Kira to give
and to feel loving warmth all around.

I just want you here to read to
as I will in a few minutes pick back up my book,
to share in the adventure one of my
author friends just wrote.
A fun series of a science fiction story
involving so many things that make it fun and interesting,
I know you would like it because it has both
emotion and intelligence which is like you
my sweet beautiful Angel.
I just want you here because I want to share
and be with the woman I love and care for
and I want to give you deep peace and reassurance
that I'll be with you forever my sweet precious Angel.

I just want you here because you are my best friend,
you are my true love and hero whom I appreciate to no end.
You are so magic and an enchanting woman
and I could just sit there gazing into those
sparkling eyes for hours sweet lady.
You have saved my life and given me reason
and I just want you here to show and tell you thank you.
I want to give you my love and all of that
which you've always needed and deserved,

I just want you here because you are sweet you
a truly wonderful woman I love and hold dear.

Michael P. McParland

The Most Wonderful Thought

The most wonderful thought of you
just crossed my mind,
and what made it so wonderful was
that it was of you my sweet Angel bride.
Those thoughts and dreams are always so wonderful
because you are so special and beautiful.
For you my heart overflows with love so tender
and my entire being is so full of that love
it is close to bursting.
The universe can hardly contain all I feel
because you are my best friend and hero
I so truly treasure.
So now I sit here my heart aflutter
because of the most wonderful thought of you
my dear amazing woman.
Close you sweet eyes my fair lady
and see the big smile I'm wearing
that tells you I love you.

Michael P. McParland

Love Note 548

A very wonderful and beautiful
good late afternoon to you
my sweet beautiful Angel dove,
you truly are the one I want to hold
and want to be giving kisses to
right now and through the rest of time,
feel my hand within yours as I reach out
and feel my lips upon yours as I kiss you in spirit.
God bless you my dear my dear
I wish you were here to spend this evening with
just reading my new book to each other
and later watching a film
while I give you a massage for all of your aches.
I love you sweet one and for you my heart aches
just calling out asking for you
to come so very soon and saying you're great.
I love you sweet Kira my blessed soul mate
you are my best friend and all that I want.

As I was at the doctors my dear
you crossed my mind many times through.
I always smile when I think of you
and to this very day get butterflies too.
You are so beautiful and my adored love,
I just want to always know that
I will be coming home, waking up,
and at the end of the day be right next to you,
I treasure you fully
and desire you completely through and through.
You are my gorgeous girl
I so want, need, love, cherish,
treasure, and fully adore.
You my sweet Kira are a goddess and gift from above.

so my sweet love give me a smile
as I send you these sweet kisses
with smiles to shower you all over.
Never forget that your Michael loves you
and just wants you here to share

everything life has to offer.
For us to show our perseverance
as side by side we fight through
and support each other all that life throws at us.
You are so cherished and deeply appreciated
and I don't want to have a life without you
because to me you are amazing and magic.

Michael P. McParland

I'll Be Sending

As I soon head out my sweet dear
to my therapist appointment
I'll be sending sweet kisses to you
with huge hugs to comfort you.
Feel them shower upon you with millions of smiles
to give you all of my strength,
warmth, and loving care that is endless.
I will be thinking of you
and sending sweet loving kisses of true love as well
because you are my Queen and I want you
to always feel and be aware of all of my love
and that I adore you my gorgeous best friend.

You are my favorite person in this
entire world and that is in heaven as well,
so as always I will be sending you
my endless loving care.
Feel my hand within yours as I reach out
in pure love,
and feel deep peaceful comfort as you close
your sweet eyes to see my big smile
and loving looks I always gave you.
You are a treasure and my most divine Angel
and I can't wait for the time we will
be sharing sweet passionate kisses whenever we want to.
So for now I will be sending them
along with big hugs and huge smiles
to say Kira I love you because you are my true love
and my beloved everything.

Michael P. McParland

Waking To Your Smile

As I rise now in this late morning dear
I have been awake now for 10 minutes
or a little bit more,
I can still feel the tiredness of sleep
creak within me and an ache shoots through
my heart and soul as I wish you were here
to smile at and take by the hand.
I want to be waking to your smile babe
making the sun shine so much brighter
than it already is.
I want to be waking to your gorgeous smile
so I can say hey there my beautiful one
I look forward to another day with my shining star.

To wake to you by my side and seeing your smile
is what I am dreaming of and can't wait
for it to happen when you've come.
To pull you in tightly and tell you
I love you so much my sweet precious lady,
I want to spend eternity waking to your sweet kisses
and divine shining smile.
You make my life worth it and give me reason
to keep fighting on dear
and I just can't wait to see you again before me
as we both smile so brightly and just like
in the old days with only those smiles say
I love and adore you my soul mate and best friend,
you are so beautiful and my true love.
Our smiles to each other dear always said all
and I want to wake up each day giving them
so big and bright to one another my Angel of light.

So as I arise now to start this day
I dream of your smile so gorgeous and big.
I want to be sitting with you and talking along,
just you and me spending good time.
I adore you my Angel and to you
my heart will be so loudly singing.
I pray that each morning I will soon be waking

to your incredible smile and being able to tell you
you're beautiful, amazing, and I so truly love you.
I can't wait to be waking with you facing eacd day in hand
knowing that our best friend will stand by us through all time.

Michael P. McParland

Under The Covers 13

Come my sweet love and climb
with me under the covers
for some wonderful and sweet
kissing and snuggling before
finally sleeping.
It's been a long day into mid night dear
and I just want to relax with you sweetie
so come and let's snuggle under the covers
feeling joyful and so warm.
I love you my darling and want to
look in your eyes as I tell you that I care
then give you the most tender and loving kiss
that we want and crave.

So a very beautiful goodnight to you
my sweet dear and come climb under the covers
with me as we snuggle and get very cozy.
After those tender kisses so passionate and sweet
just rest your head on my chest
and we'll fall as leep in each others arms
as I stroke your hair and rub your back.
We'll just talk as we slowly drift off
under the covers in our own world.
I just want to be with you my beautiful girl
ending this night in each others arms.
So please my sweet one come join your man
and snuggle up closely in bed.

I love you immensely my only one
and as I sit here so tired it is you that I want.
To climb under the covers with me
as in a few minutes I go to bed
and just share all the special things with you
that we've always talked about and dreamed.
I am so tired and want you here to
cozy up with under the covers so very tightly.
You are my everything and my dreams in reality
so please my dear sweet one come and join me
under the covers to fall asleep in each others arms

feeling so warm safe and peaceful.

Michael P. McParland

Comforting Kisses

As we wind down this night
my dear Angel so loving and bright
I send comforting kisses to you
straight from my soul and heart.
Kisses so tender and full of deep care,
kisses I'll only ever give
to my lady so wonderful and fair.
Feel my arms around you and deep peace
with all of the loving strength and warmth I give to,
know that you are so loved and cared for
as I give you these comforting kisses
my sweet precious Angel.

I am so worried for you my sweet love
and I want you to know that I am here for you
and you are not alone darling.
So with these comforting kisses
I dry your tears and hope to make you smile,
I just want you to know that I am right here waiting
with a wide open heart and wide open arms
that will always accept you because
I love and treasure you for just who you are.
I adore you my sweetie and want you
to relax feeling ever so safe and peaceful,
so I send to you these huge hugs
and sweet kisses of comfort to help give you calm.
I love you my sweet one for you are my best friend
and I will spend an eternity giving you
sweet comforting kisses because you are the greatest
and my everything my sweet Angel so grand.

Michael P. McParland

So Very Beautiful 2

You are my sweet dear
and my beloved treasured Angel
and you are so very beautiful
in all ways beyond words.
I am filled with butterflies over you
because you are so wonderful
and so very good in all ways.
You are so very beautiful for just who you are,
an intelligent, kind loving woman
who truly always gives her best and all.
You are so very beautiful in full
with no need for makeupor any other junk
because it would ruin the true natural beauty
of my sweet gorgeous Kira.
I love you my sweetie you are wonderful
and in my eyes truly there is no one
more beautiful that you my sweet Queen and Angel.

You are so very beautiful and my heart
sings to you to tell you I love you
and that your beauty is true.
So many out there look beautiful
but lack the inner gorgeousness that you have.
You are a diamond out there shining so highly
and brightly above the rest.
You are so very beautiful and I truly adore you,
I just want to spend eternity with you
my most beloved Angel, hero, and darling best friend.
In every way you are so beautiful outside and in
it makes me tingle in the most pure love
and I truly yearn for and crave you.

You are so very beautiful and my only one
and true love whom I want to always
give my best and my everything to.
You are my beautiful Queen whom
in whole I give myself to and only
you my sweet precious darling.
My love is for you as you make my heart

beat and in love fully sing,
you are my beautiful soul mate and everything.
I love you my Queen for you are a beauty,
one of Gods greatest works and most special
Angels to ever be here on earth.
You are so very beautiful and I want you to know it
so I will always treat you like my true love
and Angel Queen that you are.

Michael P. McParland

Love Note 547

A very good afternoon my sweet love,
I have just returned from voting
which I rushed out and did
as soon as I arose.
I so pray that you understand
why I needed such a long rest,
and I thank for last night
with all the loving strength,
care, and peace that you sent.
I was able to just now
take care of the first part of that
very stressing problem
and have to wait two weeks
to totally get to the bottom
of the whole thing,
so I thank you again my sweet Angel dove
for all of your patience and endless care,
you truly are the greatest my Queen
and having your kind caring love
truly has made me the luckiest man.

So I hope you are having a
good day and good afternoon my sweet
beautiful Angel I love and adore.
Remember always that I am with you
no matter where no matter what
giving you all of my strength
love and warmth,
I am sending you sweet kisses galore
with huge hugs to fill you
with all of my endless, unconditional,
undying true love.
I love you so much my sweet one
and life without you truly is
so colorless, empty and dull.
You are my Queen and my everything
and I just want you to know
you are the greatest gift and blessing.
I feel so very lost without you

my beautiful Kira so wonderful
and so very good.

So have a good one sweet love
and as I now run down to Subway
for a sandwich I wish you were here
so I could get one for you to enjoy with me.
I will be thinking of you my sweet precious darling
and sending you millions upon millions
of the most loving smiles.
You are a diamond sweet lady
and crown jewel of my heart I so dearly cherish
so always remember babe that I love you
more than anything ever.
Feel my arms around you
and know that I am right there beside you
as I hold your hand to give you comfort
in endless pure love my hero and soul mate.

Michael P. McParland

Needing Your Loving Care

I am so in need of your loving care
and deep strength my beautiful dear.
I am so very anxious and stressed to the max
I just need to be in your arms
and talking it all out.
Working through all of my anxious feelings
and thoughts with my only one,
feeling your calm from your deep care,
sensible nerves and mind, and all of your love.
I am so in need of you my only one
to just look in your eyes and hear your sweet voice
as you tell me everything is okay
and share sweet kisses so calming and great.

Oh my sweet dear I am so anxious inside
and I feel so stressed out and can't relax at all.
Another problem arises from something
I thought was taken care of and my nerves
and manic mind set in motion have taken over,
I just want you to be here to hold me so near
and while I hold you too just feel so good
as youtalk to me about everything.
I so want you sweet lady to be here giving calm
and making the night better as we spend time together,
I need your loving strength and care
because your are my beloved and adored Angel from heaven.

So my sweet one please reach out and hold your best friend,
give me that smile that lights up my world,
share with me in spirit the sweetest ever of kisses
and know that your Michael loves you
and wishes I could be with you talking through
what it is that stresses me so.
I need you my Angel because I so dearly love you
and in all walks of life want you right here.
You are a miracle and a truly divine and beautiful woman,
know that my heart truly melts for you.
I love you my sweetie and so need you here
and all of your loving strength and caring beauty

because you are my rock and my hero,
my most beloved Queen who is my everything.

Michael P. McParland

My Beautiful Sweetie

You will be my beautiful sweetie
through all eternity.
My heart sings and soars for you
because you are so magic to me,
you are the worlds beauty
and my precious Queen.
You truly are so very beautiful
and I just want you to be with me.
I want to give you all the love
that you deserve all that love you need,
I will forever treat you like a Queen
because you are my only one and everything.
I love you my dear sweetie beacuse
your heart of gold and truly precious soul,
you really are so beautiful
and you don't even know how true that is.
You really are my everything
because you're my best friend and love me too.
You will forever be my beautiful sweetie
because since we met I knew I only wanted you.
You are a blessing and a gift
and I adore and treasure you.
I love you my darling dear and I always will,
you need have no fear because I'm always yours
and will always stand side by side with you forevermore.

Michael P. McParland

Love Note 546

A very good afternoon
to you my sweet love,
and as lunch cooks now
I long to be sitting back with you
and choosing out a film
for both of us to enjoy
while in each others arms,
to chase away my tiredness
and lonely anxiety as I sit with you
my dear one so very good
with a pure heart of true gold.
I just so want and need
the woman I love right here with me
hand in hand and arm in arm.
God bless the Queen of who
I am so charmed,
I am sending you kisses
and huge hugs to deliver you
this message that I love you so deeply
and want to be with you forever,
you truly are my only one,
soul mate, and beautiful best friend.

So my sweet love as I sit here
feeling ever so tired
I am fighting it hard so I can write you.
I wish I were with you
to just bask in the glow of your
divine and immense beauty sweet lady
and just spend good time
doing all of those little things.
I love you my sweetie
and in spirit am wrapping my arms around you
to give you deep warmth and full comfort.
I so long to just hold you
and give you all of the love
I hold and feel for you.
God bless you my sweetie
you truly are my gorgeous true love

and everything and I will stick
by you through all time
ever so happy that I have you
and that you love me just as much
as I love you dear crown jewel
of my heart and everything.

Michael P. McParland

Relax This Morning

Now out of a nice and refreshing
morning shower and I want nothing more
at this moment than to fall in your arms baby.
Very soon I have to make a few very annoying
phone calls and I just want to rest
my head on your shoulder until then.
Forget the anxiety and forget the annoyance,
just sit with my Angel talking
and feeling your deep love in the surrounding silence.
I just want us to be snuggling and deeply relaxing
feeling so peaceful and happy with our dear
best friend who means everything.

Still feeling just a bit rundown and tired
I want to hold you so tightly and relax with you,
then make these phone calls as needed
and be able to sit back down by my Kira
forgetting about those problems for the time being.
I just want to relax with you on this morning
seeing the worlds beauty as I look upon you.
I love you my darling and just want to
fall in your arms feeling your love
while giving you sweet kisses and all of mine.
I just want to relax with my beautiful one
feeling all worries and stress leave me now.

So as these morning passes through
I will be wishing and dreaming of relaxing with you.
My heart so longs for your loving touch
and to just sit here while talking to
my beautiful sweet Angel dove.
I will be sending you kisses with great
big hugs for you my dear Angel
as I just sit back and relax wishing
I were with you the woman I adore,
love and treasure more than anything anywhere.

Michael P. McParland

Early Morning Smiles

A very beautiful early good morning
to you my sweet sweet beautiful girl,
so many sweet kisses I send to you
with endless smiles of pure and true love.
After a long night of restless sleep
and not the best of dreams as usual
I turn to you in all ways which gives
my heart light and me a great big smile.
So needed in heart, so needed in spirit,
mind, and within my life is you
for you are my happiness and my smile,
so I send to you the biggest and most loving
early morning smiles to you my best friend,
my hero, my God blessed Angel, with all the love
in the universe in them.
Feel my big warm loving arms around you
as I give them.

A very very good morning to you my beautiful one
and close your sweet sparkling eyes to see
the big loving smiles with loving looks I always gave you
and that I wear right now sending all of my
loving warmth and strength to you my only one.
How I wish I were next to you now to give
these sweet smiles and kisses to in full myself,
I just want to wrap you up in my arms
and give you that reassurance I am all yours
along with all of these smiles for you.
So my sweet love with these smiles and kisses
have a good morn and know that I truly love you more than anything.
You are my heart beat and you are my smile
and feel the truth in that through all the love that I send.
I give you these smiles and I give you these kisses
because you are a treasure and you are my most
wonderful and beloved beautiful Kira.

Michael P. McParland

Evening Rest With You

I am feeling so very tired sweet love
and as I lay down for a few on this eve
I just want to snuggle up and rest with you.
Just pull you in closely and brush
your hair from your eyes completely
so I can gaze right into them
and say I love you so much my sweet Kira
and tenderly caress your cheek as I kiss you.
I am so tired and truly need this rest sweetie
so please just come wrap up with me
on this very evening.
I long for you deeply and need you my sweet lady
because you are you my wonderful Angel
and most beloved best friend.
So come my sweet lady and with me get so very cozy
to just share some sweet kisses and smiles
as we get some rest that we need
and feel ever so peaceful and safe with the one we so need.

Michael P. McParland

Sunday Afternoon Kisses

As I sit here this afternoon my sweet dear
I dream of siting back with dear you
seeing you smile while caressing your cheek,
just sitting and talking, reading,
enjoying good music and films
while I give you sweet kisses so full
and tell you how much I truly love you.
I am sending these Sunday afternoon kisses to you
to let you know just how much I care
and want you here in my arms to have and to hold.
I send you these Sunday afternoon kisses
to fill you with warmth and let you know
how excited I am for when you will be here in my arms.

So my sweet dear feel deep peaceful warmth
and all of my loving caring strength where you are.
Be showered in all of these sweet Sunday afternoon
kisseswith the millions upon millions of smiles I send.
I can see your smile and am comforted in this time
by all of your love you feel and send.
I can't help but dream of the kisses
I want to and will one day be giving you
because you truly are a blessed Angel.
I love you my best friend and pray that so soon
I will be with you giving these tender kisses
because you are my true love for whom I my heart sings
and I want to show you just how important,
wonderful, and special you truly are
my sweet Queen whom I know is a gift
and truly one of Gods greatest creations.

Michael P. McParland

Sweet Sunday Morning

A very beautiful and sweet
good Sunday morning to you
my dear beautiful sweetie I love and adore,
I am so sorry I dropped off like that
last night but these meds just keep knocking me out,
so I just want to wrap you up baby
and hold you so closely to me
giving you sweet kisses galore
and reassuring you just how much
I treasure you and how much I deeply care.
A very wonderful and beautiful Sunday morning
to you my sweet best friend,
I so wish you were here to snuggle so tightly with.

Such a very good Sunday morning to you
my sweet tender hearted love and soul mate.
As I rise and try to shake off the fog of sleeping
and all the tiredness from the medications
healing this infection I feel so awful
for drifting off last night quite sooner
than I had intended and could not write.
So I apologize to you and just wish
you could be here to wrap in my arms
giving the sweetest of kisses to
and just spend a sweet Sunday morning in each others arms.
I just want you my sweet Kira to always
have the best days and know you are cared for and loved.

So my sweet dear I wish such a very wonderful
and beautiful good Sunday morning to you
the sweet sweet Angel and woman I love
and adore above all.
As I now get up to read and finally enjoy
all of last nights planned things
I will be dreaming of you and wishing you were here with me.
As I am thinking of you I will be smiling
and feeling so happy too,
but I will feel a little bit sad in that
I know I let you down by not writing through the night

and because you are not here to join me just yet.
I will have a good morning though dear
because I know you love me so much and you care
and that soon enough our time will be here
and I will have the sweet Angel I love
here forevermore within my arms.

Michael P. McParland

A Good Night With You 2

Now that the game has been over
for a little while my beautiful darling
I want to just enjoy the big win
by sitting back and winding the night
down with you my sweet Angel.
To wrap my arms around you
and just hold you so very closely
while we eat a snack I've made for us
and watch a really fun movie.
I want a good night with you
sharing sweet kisses and just smiling
at each other so contented and peaceful.
Let's wind down this night together
sweet Kira and make it a great one
just by being with our true love and best friend.
I want to spend a good night with
my sweet Angel of light because you are
the reason that life is so great
and you make me want to keep fighting
through all of it.

Michael P. McParland

Evening Note 116

A very good evening to you
my sweet beautiful Angel,
I have finally arisen from that
badly needed stretch of resting
and my stomach is now feeling much better
and I am feeling quite rested
despite the many weird and bad
dreams that accompanied as usual.
So now I would love to sit back with you
and reheat some left overs for dinner
before we watched the game together.
I so long for my sweetie
and right now wear a big smile
thinking of you as I send sweet loving kisses,
I love you so much my beautiful Kira,
I pray that so soon we will be
spending these evenings together
feeling complete and so very joyful.

So my sweet love have a very good evening
and know that your Michael is thinking of you
and feel my loving arms so tightly around you,
I am sending you the ever most loving
and sweetest of kisses with all of my strength
to fill you with warmth and deep light.
I love you my Angel you truly are
such a divine and amazing woman
whom I will treasure and hold forever and ever.
I so appreciate and adore you
and want to spend this life and the next
with you my dear best friend and hero
so again have a sweet evening
feeling safe and secure as I reach out
and tightly take you in my arms
while I place your hand on my heart
so you can feel its loving
dedicatedbeat for you my sweetheart.

Michael P. McParland

Relax With Me Babe 2

Lay down and relax with me babe,
the medicines are making me tired
and upsetting my stomach just a bit.
So I just need to get some rest
and let all of it settle for me,
so please my sweet girl come cozy up
within my arms for a nice and peaceful
Saturday afternoon nap.
Both of us feeling wonderful in spirit
wearing big smiles as we just lay down
with our best friend who means everything.
I love you my Angel so please come
and relax with me for awhile
so in mind and in body I can get feeling better.

Michael P. McParland

Saturday Morning With You

Back from the store now my sweet love
and I will shave my fuzzy face first
before I give sweet kisses to you.
I also picked us up some nice stuff for lunch
but before that time comes a lovely
Saturday morning with you in each others arms
is what is called for because I just want
to be cozied up with my beautiful girl.

I want to spend this Saturday morning with you
talking and reading before any college football
begins at all and may become distracting,
Ohio State doesn't play until this evening
but still once it starts I would be looking.
So my sweet love this Saturday morning
would be just for us so as no distraction
can take away from our wonderfulness.
I just want to be with my Angel
on a wonderful Saturday morning
enjoying the sun, your smile, and divine voice
which takes me away to a place of heaven.
I love you sweet one you are so great
and I just want a Saturday morning spent
with my true love face to face.

Michael P. McParland

Beautiful Early Morning

How I'd love to be sitting
here with you now my beautiful woman
on this early Saturday morning.
Together sharing this shrimp cocktail
while watching this movie.
Just relax together for awhile
on this morning before in a little while
we would together run out to the store
so I could buy a new razor,
I am all out of blades and very
in need to shave my fuzzy face.
In all ways with you it would be
a beautiful morning just because
I would be with gorgeous you.

I wish you were here to sit by
and take so tightly within my arms.
To shower you in the most loving kisses
and feel at peace being with my Kira.
To just look at you and tell you
I love you my everything
because you are such a rare precious jewel
that shines so very brightly,
so amazing and loving completeing my wholly.
I love you sweet lady and am dreaming
of being with you spending a beautiful morning
because my heart longs for you
my Angel so pure and good.

Michael P. McParland

Night Note 220

A very warm and beautiful
good night to you my sweet Angel
I so truly love and adore,
I send huge hugs and very sweet kisses
to you my only one I want forevermore.
I am sorry sweet one I dropped off
last evening but I was so worn out
from this bad ear infection
and the headache that raged so bad
for a good part of the day,
even right now my ear aches quite bad
and my head is doing a bit of that dance,
but I've taken some pills for the ills
and I wanted to write you
and reassure you that I here
and I always will be for my Angel so fair,
always remember that I so deeply care
because you are my everything,
my best friend, and Queen.

Oh my sweet dear how I wish
that you could join me now as I get up
to sit back and read for a little while.
That if you are so very tired
you could rest your head on my lap
to sleep in the quiet,
I would just read by the light of my kindle,
or we could watch a movie
and share the sweetest of kisses
while I held you so close in true love and comfort,
just any way I could spend time
with my Angel would be magnificent.

I love you sweet Kira and once again
want you to know I am so very sorry,
I so wish you had been here with me
to snuggle, smile with, and share kisses
as the whole evening and night went.
I love you so truly much

and I will be thinking of you as I read
and sending kisses and hugs so sweet,
feel all of my warmth and love
as I send them to you with my strength.
You are a gem and the crown jewel
of my heart my precious one
and eagerly await the day
when we finally see each other again.

Michael P. McParland

Evening Note 115

A very good evening to you
my beautiful dear sweetie
and as I cook dinner
I just wanted to drop in
and give you a smile
telling you I love you
my only Angel.
I wish you and your kids
could join me for a wonderful evening
of spending time with great fun,
then later just me and you
in each others arms feeling so good.
I just wanted to say
thank again my sweet dear
for just being you and understanding
the best that you can all
that I have been facing and going through,
I thank you so much
for all of your kind caring love
and want you to know it means
so very much.
So my sweet dear have a
good evening and know that if
you want me or need me I am right here.
I love you so deeply
and want to be with you
spending time this evening and forever
because you are my Queen and Angel,
you are my everything my beautiful darling.

Michael P. McParland

Afternoon In Each Others Arms

Back now my love from the doctors
and having done a bit of shopping.
I know my sweet love it has been
a long day for the both of us
and now that all is done
I only want to sit back with you
and hold you so near while we have
a cold soda to cool down after running around.
An afternoon in each others arms
is just what's called for after a long
couple of days where talking has not been
as much as we'd like it to.

While I was out my sweet love after the docs
picking up food and some treats
I bought an old season on the Simpsons
on DVD that I would love for you to sit
here in each others arms and watch with me.
Now with my head feeling so very much better
I want to laugh with my beautiful woman,
to just look in your eyes while we both smile
is what makes life worth living because it is heaven.
Now back from the doctors and my bit of shopping
and all I want to do is be in each others arms
enjoying this afternoon.

So my sweet love will you please forgive
my mostly silence these past few days
as I did not feel weel and recovered
as well from being so very very tired.
Please forgive me because I so truly
love you and would not normally
ever in that way leave you hanging.
So now as all major duty other than cooking
is through my sweet lady I wish I could
sit back with you holding each other
enjoying this afternoon as true caring lovers.

Michael P. McParland

Warm Healing Snuggles

With a change of plans my sweet love
and my doctors appointment moved until later
I am now going to lay back down
to rest my head from this headache.
As ever I wish you were here for
sweet warm healing snuggles for a few hours
before for sure this time darling
I must get up and get ready to go to the doctors.
Now no worries of a taxi so I can relax
in full my darling sweetie.
I just so want your snuggles of warmth and healing,
the warm snuggles of an Angel I coukd cry for.

Oh my sweet love as I sit here with my eyes
slightly drooping and also shielding them
from the light to keep down the pounding
I send you sweet kisses and huge hugs
to tell you I love and adore you,
I am reaching out so in spirit we can share
warm healing snuggles and bring us together.
As I soon close my eyes I will give you
the biggest of smiles as my heart sings out
saying thank you my Kira and God bless you for being amazing.
I love you my Kira and just want to share
some warm healing snuggles.

Michael P. McParland

Morning Note 206

A very good morning to you
my most sweet and beautiful girl.
I'm sorry I had dropped off for
so very very long
but I badly needed that sleep
and now I wish you were here
to snuggle with me for the next hour
before I'll have to get up
and start getting ready
to go to the doctor,
I have a migraine so bad
from a bad ear infection,
I also must take a cab
and it is the first time
alone having to do that.
So I wish you were right here
my Angel to rest my head next to
and tell you I love you,
to thank you for all of you
kind loving strength and deep patience,
and to just pull in so tight
as we snuggled away the next hour
before I got myself up and moving in whole.

I'm so sorry sweet one if through
yesterday until now you were left
feeling upset, worried, or down.
After I last wrote you I closed my eyes
and drifted off so very deep into sleep,
as ever though dear I'm sending
sweet kisses and huge hugs to you
and feel my arms around you
as I hold you so tightly right now,
I am sending you millions of smiles
to fill you with warmth my beautiful girl.

So a very good morning to you my sweet one
and know always that your Michael
treasures you completely and in full,

as I lay here for just a short bit more
I will be dreaming of you
and wishing so much that you were here.
Feel all of my love my sweet girl
and I will write you for sure
before I go to the doctors sweet one.
I love you so much and thank you
for all the loving strength
that I know you'll send my way.
Have a good day and know always
that you are truly cared for and loved
and that your Michael only wants and needs you
because you are truly my only one.

Michael P. McParland

A Morning Under The Covers

I am so very tired sweet one
and feeling very quiet for the most part,
so I want a morning with you
spent under the covers escaping into
our own world and shutting out the rest
of it for a little while.
I just want to lay with you under the covers
resting our heads next to each other
while we talk a bit and tightly snuggle,
I so want and need a morning under the covers
with my precious Angel sharing some quiet
and some good conversation.
A morning under the covers escaping the world
for a little while together.

I love you sweet Angel and am feeling so very tired,
I only want to slip into bed and under the covers
with beautiful you to relax for a while,
I'm just feeling quiet today
and I want my lady here by my side to chase
the loneliness away for each other
as we hold each other while kissing and talking,
maybe read a book as well my sweet lady,
that would be great as long as I am with you
under the covers just spending time
with my precious Angel.

I am so tired my lady and not yet
ready to sleep though my dear darling,
I just want to snuggle up with you
under the covers on this very morning.
To talk and snuggle kissing when we feel like it,
reading, listening to audiobooks and music.
It would all be magnificent and relaxing
as long as I was with you my best friend and hero.
I love you my Angel and I wish you could be here
with me to climb under the covers
and as I sit back and dream of that
I will be sending you the sweetest of kisses

with millions of smiles to fill you with warmth
from all of my loving strength.

Michael P. McParland

Good Morning Soul Mate

Good morning to you my sweet soul mate
and to start your day right I wake you
with this tender and passionate kiss,
then as you wake your sweet eyes
you will see me giving you my big
loving smile so full of pride in you,
with loving looks that reveal all that I hold
with in my heart and soul for you
my sweet Angel dove and only one forevermore.

Good morning soul mate and will you
come join me sitting back on the couch
to just peaceful sit back and snuggle
as we start this day wonderfully together,
just softly taking while drinking our coffee,
just basking in the glow and pure joy
of having each other right there
to have and to hold.
Will you come and join me sweet one
on this morning here to sit and snuggle so cozy
feeling so very peaceful and happy?

So I wish you a very beautiful good morning
my soul mate and everything and take
your sweet soft hand in mine to hold
as we sit back and snuggle up so tightly and cozy.
I will be with you the whole day my love
so feel me beside you holding your hand,
giving all of my strength,
and always supporting in every way my sweet love,
I am always here for you my sweet Angel so rare.
Have a good day and send some sweet
and bright shing smiles to your Michael
while I send you mine with endless sweet kisses
for my soul, best friend, and hero dear Kira.

Michael P. McParland

Night Note 219

A very good night to you
my sweet Angel dove
and I hope you had a great
birthday yesterday so full
of deep love and joy,
I hope you felt all of my loving warmth
and sweet kisses as I sent
them to you with all of
my loving strength too.
I want you to always be happy
my beautiful dear.
So now as I sit tonight
waiting for paydays money
to be put in the bank
I sit here reading right now
and truly wishing that you were here,
to read together and snuggle up tight,
to just spend a cozy night
feeling complete and alright.
I want to spend the night
with the worlds beauty,
my Kira who is truly divine and amazing,
I love you my sweetie
and want to spend the night with you
having a good time through and through.

So have a good night my sweet
precious lover and Angel of light,
I will be thinking of you
as I go about whatever I might.
I will be sending sweet kisses
with all of my strength
for you with big smiles,
feel all of my warmth and love
through those things as well
as the big hugs as well,
never forget that you're not alone
and never worry my one
because I'll never leave you

or abandon I swear.
So my sweet love feel me in spirit
pull you in for a big hug,
and close those sparkling eyes
to see my loving looks and big smile.
I so adore you and want you
to be my eternal bride
because I love you and want no other,
only with you my beautiful Kira.

Michael P. McParland

Birthday Night Kisses

Now my sweet dear as the night
is winding down I just want
to take you in my arms
and say happy birthday again my sweet love,
then give you kisses so sweet and divine,
I just want to wind down the night
with you Angel of mine.

I want to sit back with you
with my arm wrapped around your shoulder dear,
reading to you from our book
getting lost in the story together sweet girl.
I want to give you the sweetest
kisses throughout and always tell you
I love you my dear sweetie without a doubt.
Sweet birthday night kisses for my
sweet sweet beautiful Kira who is my only one
and my shing star, a blessing and gift from above.

Now my sweet love as your birthday night
is winding down I want to sit back
with just you spending wonderful time.
I want to share great conversation
while gazing into your sparkling eyes
and giving you sweet birthday kisses.
God bless you my Angel for you are so magic
and I want to spend eternity holding you tightly.

Michael P. McParland

Your Birthday Evening

A very good evening to sweet you
my beautiful birthday girl.
Now that dinner is over I'd have you
go sit on the couch and put your feet up
while the kids and I cleaned up.
Then to blow out your candles on the
cake that I baked you and pray
is to your fine satisfaction,
then to give you the gifts from your kids
and other ones that I picked from the love
in my heart and soul and I hope that you love.
I wish I could be with you on your birthday evening
having a joyus time with my Queen so adoreable.
I miss you my Angel and hunger for you
because you are amazing and my best friend hero.

Then my sweet love to just snuggle and kiss
as we would enjoy talking as a family
and enjoying some of your gifts.
Perhaps watch a new movie I would have got you
or play a game that would bring us all together.
Your birthday evening is something
I hate to miss because you are my everything
and I want to be with you serveing you
and letting you know you're appreciated and the best.
Have a good birthday evening my dear sweetie
and feel all of your Michaels sweet kisses I am sending,
know that in spirit I'm with you and feel my
arms around you as I hold you so tightly.

Michael P. McParland

Birthday Love Note

A very happy birthday
to you again my sweet love,
I am so sorry I was quiet
a good part of this day.
Earlier not long after writing you
I was still so tired and lay down
to close my eyes for a bit and dream of
spending this birthday with you,
Then I fell so fast asleep
that by the time I woke up
I had my therapist so had to leave,
I am so sorry my Angel so sweet
and I send you these big hugs
of pure warmt to fill you
with comfort and all of my love,
and also feel all of the passionate heat
and deep caring desire for you
in all of these sweet sweet kisses
I send for sexy you as well
my one and only true love.
I hope you know just how much
to me you truly mean and that I will
stick by you through all eternity
doing anything and everything for you.

I am now after this about to cook dinner
and how I wish it was a special one
for you here on your birthday,
I'm also not great at baking cakes
but I would do my very best
to mak you one my Angel so great,
I wish I could cook a very speacial
dinner and desert for you
to give you pure honor and respect
on your day letting you know
just how much you are appreciated and cared for,
I miss you so much and adore
you to no end in full
and I pray you're having a good day

and I will be able to spend
the next one with you.

God bless you my sweet one
you are such a true gift
and very soon I will be getting on my knees
to thank him for you,
for him to help you feel all of
my true love and to know I'm dedicated
to you through all time
because you truly are all that I need
and all that I want.
Happy birthday again my one and sweet love
and I thank you for all of your strength
and kind caring love.
Feel me there with you and my arms
wrapped around you as I give you sweet kisses
and giant smiles.

Michael P. McParland

Good Morning Beautiful Birthday Girl

A very good morning and happy birthday
to you my sweet beautiful girl.
Today on this more than all I others
we celebrate you and your life
for the wonderful gift that you are,
it's all about you even more so
and I send you sweet birthday kisses
with big morning hugs,
don't forget to catch all of the millions
upon millions of big smiles I send.

I'd love to just start your birthday morning
by putting my arms around you so tightly
and looking in your gorgeous to tell you I love you
and am ever so thankful that you are my Kira.
Then I'd kiss you so sweetly and deeply
letting you know that you so truly matter
and that you really are my everything.
Happy birthday my most beautiful Angel
and feel my arms around you with the sweetest
of kisses all over in true love telling you
that I am so grateful my my most beloved diamond,
gift, and supreme blessing.

So my sweet love after some good snuggling
and sweet kisses straight from our tender
hearts and souls with true love overflowing
I will bring you your hot coffee as we sit up
either in bed or on the couch my sweet love,
whichever you choose and get so cozy together
just talking while we talk all of our plans for your day,
while you told me what you'd like
and without the kids around give you the special
little gifts I would have bought for you.
I wish I could spend such a wonderful morning
with you my sweet girl on your birthday here.

So a beautiful good morning birthday to you
my sweet and beloved beautiful birthday girl.

Feel all of the warmth and the love that I send
and know it goes deeply my sweet Angel dove.
I will be thinking of you and hear my heart
as it sings the loudest birthday
love songs to gorgeous you.
I love you sweet girl and I always will,
I pray that so soon we'll be spending
all birthdays and days together in great joy and cheer.
You truly are my sweet love my everything.

Michael P. McParland

Tired Afternoon Longing

I am now home from the doctors
my sweet precious darling
and with only a few hours rest
before going I am so very tired,
though not yet ready to lay down
my sweet lady I would love to sit back with you
to spend some wonderful time with my Angel
just peacefully relaxing and feeling
complete being in the arms of my lady,
I am so tired my dear and I am longing
for you and your company because you are amazing.

I am so tired my dear and I just want
and need to see your bright shining smile
to help make this day perfect and brighten my day,
I am so tired and just longing to feel
you pressed up against me as we so lovingly snuggle
just relaxing and enjoying a good time
with each other before we lay down to rest my sweet Angel.
I love you dso deeply and just want you right here
because you are my best friend and you complete me,
I just want my better half here to feel
so safe and complete in all the contented joy that you bring,
I want to hold you so close and tell you
everything is alright because you're not alone
and never will be again because I will forever
stand by your side and be your faithful,
loving, protective, and supporting man.

Michael P. McParland

Early Morning With My Angel 2

A very good early morning to you
my sweet beautiful Angel I treasure.
I've been up through the night
and have to be at the doctors
in about 4 hours so it is time to get
a bit of rest in so the day will
go by better and more smoothly.
So as I lay down sweet Angel
of my heart and soul please come and join me
by getting so close and cozy within my arms
which so want you and need you always.
Come rest your sweet head upon my chest
then close your eyes to relax
while I stroke your hair and rub your back,
come lay with me to catch some sleep
drifting off together listening to wonderful music
wearing the biggest smiles of true love
that we both feel so deeply for our best friend.

Please come my sweet Angel and snuggle up
with your loving and caring Michael
for I want to be with my beautiful,
kind, loving and caring Queen Kira,
the woman with a heart of gold and is a rare treasure.
This early morning will pass so very quickly
and I need some sleep before I must head to the doctor,
so please my dear Angel come sleep with me
and I'll hold you so close giving sweet kisses
before you rest your head on my chest.
A very early good morning to you my dear darling
and now let's lay down for some rest
because it is you the woman I love I want
right here by my side snuggling so tight
as we drift off to get some good sleep.

Michael P. McParland

Night Note 218

A very beautiful good night
to you my sweet Angel dove
I so appreciate, admire,
and truly adore,
I hope it has been a very good night
for you feeling all of my loving warmth..
I'm sorry if you've been wondering
why I was so silent and feeling
upset and sad thinking I just
went down for the night without
giving you kisses I promise I haven't.
I have my doctors appointment
in the morning sweet Angel
so I needed to jump into a wonderful
cleansing and relaxing shower,
then a small catnap for a bit more
than an hour,
aside from that transfering files
and saving them that I have so needed
to do but had not gotten to.
I promise though sweetie
I was thinking of you ever so fondly
and sending you the sweetest of kisses
with big hugs to keep you warm
and feeling deep comfort and peaceful,
I'll always be with you my darling Angel.
I'll never leave you because
you are my gorgeous best friend
and true lovewhom I will be with to no end.

So as I now go about the rest
of this night love feel cheer
and all of my deep care as I send you
millions upon millions of big smiles
to rain down on you with those
sweet sweet kisses all over
for sweet sweet beautiful you.
Feel my arms around you
and never forget that your Michael

adores you and would do anything for you
because you are my soul mate and my hero,
sweet sweet beautiful divine Kira
you are my essence and my everything.

Michael P. McParland

Sweet Night With My Sweetie

The day is done now now my dear sweetie
as is the evening as well,
time to sit back my dear sweetie
and have a sweet night as we wind it down.
I just want to snuggle and kiss
while we are talking,
also read to each other and watch
a nice relaxing movie.
It's time for a sweet night with my sweetie
the most beautiful woman who means everything.
So please my sweet one curl up in my arms
and get ever so cozy so we can spend
a beautiful sweet night enjoying each other,
I just want you here my dear sweetie
to give each other such deep loving comfort.

Now my dear sweetie the night is here
and I just want to gather you up in my arms
and say I love you my dear,
I want you forever as my wife you dear treasure
for I adore and cherish you fully my best friend and hero.
I want to hold you so closely
and just hold you for a long time as we
help heal each other wrapped up in the
true love, deep care, and pure warmth
that we have for each other.
I'm ready for a sweet night with you my sweet one
for you are my dear sweetie who I love
and want to be with through all eternity
hand in hand apm in arm in pure endless joy.

Michael P. McParland

Evening Note 114

A very good evening to you
my sweet beautiful lover.
Up now from a little rest
and about to cook dinner,
and before that I wanted to drop in
and say I love you dear darling,
you are a reasure and I simply adore you,
I wish you were here to hold
for a few minutes before I start cooking
and then to enjoy the tasty
tacos that I am making,
that would make the most wonderful evening.
Since it is halloween we could
put on a fun little horror movie,
I'd let you pick so it wouldn't
be to scarry for my sweet lady,
as my tastes swing from the light
to deeply dark and extreme
I want something I can enjoy with you
my dear beautiful Kira I treasure.
What a wonderful thing it would be
to spend a fun little halloween
evening in together.

So my sweet lady have a very
good evening feel all of these
sweet kisses and big hugs full of
all of my love and warmth I am sending
along with millions upon millions
of big loving smiles,
smiles filled with such love for you
my precious darling,
smiles of deep care and passion,
deep desire for you ever present
for you are my Queen and essence.
God bless you sweet Kira and I pray
that so soon you will be here to enjoy
these dinners together
and filled with personal time

so filled with enjoyment.
I love you my sweetie
and am reaching out to take your hand
in mine my sweet beautiful Angel.
I will always love you because you're amazing
and there is noone like you
my one and only.

Michael P. McParland

You Are My Dream In Reality

You are my dream sweet girl,
you are the dream of true love
always prayed for, dreamed of,
and sought out for true companionship
and true joy that completes me.
With you I have found the true love and care
that all people in this world
seek throught their life
and so rarely is ever foynd.
You are my soul mate and best friend,
a diamond in the rough of whom I dream,
you are my everything and I want to be with you
through the end of earth into eternity.

You are my dream and you are real.
How many can truly say they've found
true love, they one they dream of
and fills them with endless light?
How many sweet one can say they know
an Angel here on earth?
You are my dream here in reality,
you are not just a figment within my sleep
but a true Queen I see both in my sleep
and in my waking hours.
You are my dream for who I long
and want to lovingly hold within my arms forevermore.
I want to feel your arms around me in return
as I give you the sweetest kisses you could ever want.

Oh my dear sweetie you are my dream in reality,
a true beauty who doesn't even realize
your own immense beauty and true magic.
How did such an average man get so lucky
to have the love of such an amazing woman?
How lucky I am to have had such an amazing woman
come into my life and brighten it up in every way,
you have made me the luckiest man there is
because you are you and you love me truly too.
Kira you are my greatest dream and I love you

for you are a Queen and my hearts crown jewel.
God bless you dear woman I adore and know that
you are your Michaels dream and I only want
to be with you side by side and hand in hand forevermore.

Michael P. McParland

Beautiful Dreams

I had such a hard time getting to sleep
for hours on end Saturday night
into Sunday morn my sweet dear,
but when I finally did there were
quite a few bothersome dreams
that usually haunt me making sleep
hard, unwanted, and truly unpleasent.
You know how much the nightmares haunt me
and you know how bad they can be,
and you my sweet hero must have sensed it
from where you are my sweet darling
because you stepped in and saved me
and for that I so thank thee,
I can't remember clearly all of my dreams with you
but the few parts that are clear as a bell
are truly so beautiful and I want to share them with you,
I wish you were here to hold nd kiss while I tell
as I have finally risen from the peacefulness that you gave.

I remember so clearly being with you
and though in life these events would mostly be trivial
in dreams and in life I'd be with you
making them the most important and wonderful things in the world,
we went out to somebody elses to see a film
although I don't know just what it was my dear,
you looked at me too and said I love you
and then with such joy and light in my heart and soul
I said I love you too.
From there I just blurrily remember us spending time
wherever laughing and talking until later
lying in bed together where as we spooned
I so closely and comfortingly held you.
Even as I tell it to you now I am filled with such emotion
longingand excitement knowing this will happen.
Thank you again my dear Angel and best friend
for all of the beautiful dreams that you brought me
and I thank you so much for saving me from the nightmares.

Such beautiful dreams my sweet dear of beautiful you

and how I wish you were here my sweet Angel dove,
to have and to hold while spending great time,
to just give you sweet kisses with smiles
thanking you the entire time.
I so love you my sweetie and want to be with you
so very soon so I can dearly hold you,
and so I can serve you my sweet Queen
and show you how you are treasured and appreciated.
I love you my Angel and once again thank you
for all of your loving strength and deep kindness.
You are my soul mate and you are my hero,
I wouldn't have anyone else because you are the greatest.

Michael P. McParland

A Sleepless Night Longing

It's been a long sleepless night
my sweet beautiful darling.
A night where my mind won't rest at all
and inside I am aching and longing.
I long to be able to reach over to
the other side of the bed and pull you in
to hold you so tightly and cozy,
I just long to be able to fall asleep
as we are holding each other feeling
so safe, peaceful, and calm together.
It's been a long sleepless night
my Angel of true loving light
and as I lay here right now
I so yearn to hear your sweet voice while we talk
and share the sweetest of kisses we could ever want.

I am so very tired my sweet Queen I desire
and I want to be lying here with you
holding you so close to me telling you
that you are so treasured and deeply appreciated
as you rest your head on my chest
and I give you soft caresses as well
while I rub your back and stroke your long hair,
I want to be lying here with the Angel I adore,
the Angel who cares and loves me in return
just as much as I love precious her.
It's been a long night and all over I ache
in body heart and spirit,
I just so long to have you here with me
that even if I couldn't sleep still
I would have you my dear Queen right beside me
making everything better by the loving warmth,
strength, and caring that you give.

It's been a long sleepless night
my sweet Queen of delight
and I just long for my best friend
and diamond in the rough so very much.
I yearn to feel your soft, calming, loving touch

as you put your arms around me as well
when you rest your head on my chest.
To feel the electricity, passion,
and tender calming of your divine kisses
are that for which I am so longing.
To look in the eyes of such a divine blessing
and gift sent into my life is what I so want
because that will truly be heaven upon this earth.
To be with your best friend who is also your true love
is something unequaled and I could not ask for more.
So it has been a long sleepless night longing
for the woman who completes my soul, my heart,
and my life, and I want nothing more than to get
so cozy in each others arms next to you
feeling so good with the only woman I truly adore.

Michael P. McParland

Night Note 217

A very good night to you
my sweet beautiful Angel
of true love and light,
I'm sorry I didn't write
so very much sooner but I was
spending time watching a movie
with my parents.
I thought of you though and sent
sweet kisses, big hugs,
and loving smiles as well
to warm your sweet heart
and let you know I was there
by your side holding your hand,
I wish you were right here now
to hold so very close
and fulfill a night of our dreams,
the first of so very many
for you and me.

As I go through this night
it will be with a smile,
yes I am so very tired
but I will be thinking of you
my sweet Angel as my heart
reaches out and sings too.
You are such an amazing woman
and I pray that so soon
I can look into your sparkling eyes
and tell you you're so very beautiful.
I want to pull you in close
and share each others loving strength
and deep warmth knowing
all is right and so good
feeling calm, soothed, and peaceful
in the arms of our very best friend.
My heart is aching to hear
your sweet voice,
I am longing and yearning
completely in mind, spirit, and body

to feel you against me
as we share each night and day together,
I only want you through all eternity.

So have a good night my dear sweetheart
and know that your Michael
is with you and always will be,
I will never leave or abandon you
and am right here whenever you
want or need me for anything
whenever my darling.
I am thinking of you sending
sweet kisses, huge hugs, and millions
upon millions of big loving smiles to you,
feel them shower all over you
as I send them non stop
to you my dear Queen for whom my heart melts.
My hand is in yours and my heart
continues to call and sing out
saying I love you sweet Kira
you are my only one and everything
and I will always be your man
so proud of you and supporting you
in everything that you want
and need to do.
I am forever your Michael
my Angel so amazing, brilliant,
gorgeous, and divine.

Michael P. McParland

Please Come And Join Me 4

The game is now over sweet dear
so please come and join me in my arms,
let's spend a beautiful and quiet evening
having such fun as we share all the things
that we care for and love.
Let me serve you as I cook something
for dinner so very soon,
please come and join me my best friend
because I want you here to spend time with
talking, kissing, and snuggling so tightly.

Please come and join me my beautiful Angel
and in my arms curl up tightly to get so cozy,
just look in my eyes as I tell you I love you
and continue looking so I can get lost
and hypnotized in all of your beauty.
There is so much behind your eyes,
universes of true caring love that I want to explore,
I want to be with you letting you know
you are not alone, you are appreciated and cared for,
please come and join me my sweet Angel dove
and honor your Michael by giving me the gift
and blessing of your Angelic company.

Please come and join me because I truly love you
and I want to feel this bond with my best friend
grow ever stronger as we sit with each other.
I want to have fun doing so much and laughing,
and how I want and need to share closeness
with my most sacred true love and Angel.
Please come and join me for a beautiful evening
of reading, talking, movies, music,
kissing and hugging,
please come and join me my dear love
so we can bond like true loves coming ever
closer in spirit and help our love grow.
Please come and join me for I yearn
for my sweet lady to let you know
that I'll always stick by you and never leave you,

please come and join me so I can show you
just how much I treasure and adore you
as we spend a gorgeous evening spending a good time together.

Michael P. McParland

Love Note 545

Good afternoon my sweet love
I have just arisen and before
the game starts I wanted
to stop in and say
I love you so very very much,
I was dreaming of you
while I was lying down
and all those thoughts of sweet you
are making me smile.
I wish you were here to enjoy the game
watching my Buckeyes get back
on track against Northwestern,
A wonderful way to spend
our afternoon before a nice evening
for me and you.
I adore you my dear and will
always want you here to hold and spend time,
I miss you sweet love and want
you to be mine through all space and time.
So my sweet one as I get up
to watch the game now feel all of my
sweet kisses and huge loving
hugs that I send,
feel my hand in yours and see
my big smile as I give you my strength
to help give you comfort
and of my love deep reassurance.

Michael P. McParland

Early Saturday Morning Resting

After being up all night my sweet darling
I am ready to lay down and get some rest
for a good little while,
so I can be awake and alert this afternoon
for the game and spend an enjoyable rest of the day.
I wish you could join me as I lay down my head
and wrap up in each others arms as we close our eyes.
I will be dreaming of you and holding you near
as I listen to my podcasts and drift away.
I will be sending you sweet kisses with all of my strength
so feel all of my endless love and deep warmth.
I wish I were holding to tell you you're beautiful
as I pulled you in to kiss you and tell you I love you.
Here my sweet dear on this early Saturday mornng
I am so very tired from being up through the night
doing chores among other things,
so now I lay down and reach out to hold you
and tell you that you are amazing and so very wonderful.
I love you my lady and will through eternity
because you are my best friend and sweet Angel dove
I adore and admire to no end.

Michael P. McParland

My Beautiful Soul Mate 3

You are my most beloved
and beautiful soul mate,
that as I sit here on thhe fast
approaching morn I want to lay
next to you if you are sleeping
and kiss you on the cheek
as I so tightly pull you in.
And if you are not sleeping
but sitting next to me
I want to look into your eyes
and say thank you dear for all your love,
all your strength, all of your warmth,
and all the love you give to me,
then pull you in so very tight
to kiss you on the forehead first
and then your soft and tender lips,
you truly are my wonderful and beautiful
soul mate I adore complete and full.

I love you my dear soul mate
for in every way inside out
you are so beautiful,
we share a bond so blessed and strong
and it is a blessing that I met you,
you have been a gift within my life
and I want to be with you forevermore.
I don't particularly believe in fate
but I believe we were meant to be,
I know we knew each other long before
we came to earth and chose each other then,
I so want to be with you and give you
all my best and all I have,
I want to serve my beautiful Queen
who is a diamond in the rough.

You are my soul mate so beautiful and so great
and I just want to be holding you right now
rather it be in bed where you are asleep
or on the couch right here next to me.

I want to hold you so very close as you
have your head against my chest
to hear my heart sing and how it beats for you.
Each day my dear I love you more and more
and want to look in your eyes as I tell you so.
I thank you babe for being you and for
having been in my life supporting me,
you are appreciated and cared for more
than you can ever know.
Soul mate you are beautiful and I wouldn't
have it any other way I just want to be with you.

Michael P. McParland

Late Night Peace

What I want and need more than anything
is a late night of warmth, peace,
and being close spending time
with my Angel and best friend so fine.
To sit back and hold you
while you hold me too
would be truly divine and the time
that we so want and need.
A peaceful late night with my only Queen
is what I so long for and hunger,
it is what is needed in all times
including the best as well as ones of struggles.

A late night so peaceful is what I am dreaming,
to hold you so tight next to me as we
relax sitting back on the couch
reading to each other and watching a movie,
I yearn so very deeply for a peaceful
and quiet night with my beautiful Kira
who give me butterflies and tinglings
unequaled through my life because she is special.
I need a peaceful late night with that beautiful woman
because she is my shining star as well
as the worlds beauty and that is right in it,
I want you so much by my side my darling
to snuggle and kiss as share the greatest
of things with each other.

A late night of peace with my dear sweetie
is what I will be dreaming of
as I now sit back to do some reading.
I wish I were reading to her first
and then I could hear her voice so sweet
as she read after me,
then a nice snuggle as we turned on a movie.
I love you so much dear sweetie Kira
and I hope that soon we can spend
these quiet evenings getting lost
in the greatness of each other.

I so love and adore you and am dreaming
of you my true love for who I am longing
so listen so closely as my heart is singing
and always remember that I am here for you
and I will be yours alone forever and ever.

Michael P. McParland

Love Note 544

Sitting here watching
the world series my dear
and hoping my Indians can pull it out.
As I have been watching
my thoughts so often drift to you
and I wish you were here
to spend the night and make it so good,
after the game I have some chores
to do and it woul be great
to have you company while
talking and laughing while
I do them dear,
I will be wearing a smile
as I think of you
and can feel all pf your love,
I would love to be watching
the game with you
and spending the night
arm in arm having fun
after I am all done with my chores.

I love you my dear
and as I sit here watching the game
I send you sweet kisses and hugs
galore filled with all of
my strength love and deep warmth,
feel my arms around you
as I reach out to hold you
my sweet precious darling
and close your sweet eyes
seeing your Michael smile at you
ever so loving and brightly.
Have a good night my Angel
and know that I am right there beside you
to give all of my love
and comfort you peacefully.
I love you my darling
you truly are such a beautiful Angel
and I want to be with you forever

and ever my most treasured best friend.

Michael P. McParland

I Adore You My Sweet One 2

I adore you my sweet one,
you're so very beautiful
and so very loving,
you are a Queen among us sweet one
and what more could I ask for
or hope than to have you in my arms
looking into each others eyes
kissing and snuggling as I finally rise
from what was first a very long sleep
and then the most rotten headache,
I adore you my sweet one
and wish it was you I was lying here next to
for a short bit more before I get up to eat
and spend a great evening holding each other.

You are so very adoreable my sweet girl,
my heart melts for you everyday.
When I think of you, when I talk to you,
and most of all when I see you
and my knees feel weak and I'm filled with butterflies,
my heart melts for you my only one
because you are my adoreable diamond in the rough
I love more than anything and want to just
hold here in my arms spending time.
I adore you my beautiful one
and wish you were here now by my side
to spend the most beautiful evening and night.

I adore you my sweet one and as I arise
I would love for you to sit with me
while we enjoyed your art too.
To smile and laugh together as we enjoy
all the beauty that you have created,
you truly are so amazing my adoreable Angel.
I love you more and more with each day that passes
ad want to spend everyone making you happy,
watching you create the art that you do
and be the first to enjoy it,
be right there so we can always be available to talk

no matter what it may be my only one.
I adore you my sweetie and want you here
right by my side to spend a beautiful evening
feeling so happy safe and secure in each others arms.

Michael P. McParland

Beautiful Sweet Lady

My beautiful sweet lady
how I long to feel your loving touch
and be in each others arms
as here in a few I will be lying down
for a little while.
I want to feel your loving touch
and give you mine as well
feeling all the loneliness and struggling
pain within our hearts melt away.
Beautiful sweet lady I so truly love
and completely adore I want to have you
right here beside me in bed
resting your beautiful head upon my chest
enjoying each others company while we
drift off together for a little bit
while I rub your back and stroke your hairf.
My beautiful sweet lady you are my Queen
and I so want you my sweet Angel dove
here beside me now softly talking for a bit
as we close our eyes and feel complete
in each others very loving warmth.

Michael P. McParland

Passionate Kiss 3

I have for and send to you my sweet Queen
a tender and passionate kiss of true love
to fill you with all my loving strength and warmth,
I send to you this kiss to fill your heart
and soul with the deepest calm and peace.
Feel all of my love surround you babe
as my kisses fill you to the brim.
I have for and send to you this tender
and passionate kiss of true loving care
to let you know you are appreciated
and that I wish you were here to spend time
with me in each others arms.

Feel all my deep strength and true unconditional
undying love as I send them to you
with this passionate kiss sweet Kira I adore.
Be filled with secure warmth as you
feel the tenderness it holds for you.
I wish you were here to give it to
personally as I looked in your eyes and smiled too,
I wish I could hold you so very close
while I gave to you this passionate kiss.
Feel my hand in yours and my arms wrapped around
you so tightly my only one and give me
a big smile when you recieve this great big
tender passionate kiss for only you
my dear beloved Angel and best friend.

Michael P. McParland

Love Note 543

Good afternoon my sweet love
and I am now done with
the meeting for insurance I had,
and now that that's done I just
want to spend time with you
first taking a warm and relaxing shower
with my girl to chase all the cold away,
a nice refreshing shower
while I hold you and kiss you
seeing you smile.
That is how I want to start
the afternoon with my Kira
who's so very beautiful
it gets me excited and drives me so wild.

Then afterwards darling
I want us to fall into each others arms
as we sit back to relax before the kids
get home from school,
we can just bask in the quiet
as we give each other big hugs
and kisses all over,
I would serve you my Queen
by rubbing your back, neck,
and aching feet,
now that my meeting is over babe
I just want to have you
right next to me enjoying
the afternoon like we have
dreamed of for so very long.

I love you my Angel and will always
be your faithful man and protector
and I want us to be in each others arms
right now and forever,
I miss you sweet darling
and can't wait for when we have reunited
because you are my only one,
you are my everything, and my sweet Angel

I truly love you more than anything.

Michael P. McParland

Stay With Me Forever

Please stay with me forever babe,
stay with me today, tomorrow,
the day after and well beyond
through all eternities time.
Please stay with me and stand
side by side hand in hand with me
forevermore because I love you dear
for just who you are and you truly are
my only one and the one I want
to be with through all my life both
in this one and through the next on the other side.
Please don't push me away and talk to me
so we can always understand all
that is happening and going on within our lives,
I will truly always stick by you
and hold you so close to me
so sweet one please stay with me forever
so neither one of us will be alone.

Dear I have been struggling without you
and it never gets easier without you.
I feel so tired and in many many ways
so very emotional and I just want to
lay back with you in each others arms
and talk about anything and everything
just like we always have my one.
Please stay with me and love me forever
just like I know you do and always will
and keep each other so very safe and very proud,
I'll always stick with you my dear
this I truly swear with all my heart and soul,
so please my dear stay with me forevermore
because you are my diamond in the rough
and the only one I truly love more than anything.

Michael P. McParland

Early Morning With My Angel

A very good early morning
my swet beautiful Angel
and as I awake just enough
I want to reach over and pull you in
so very closely to give you sweet passionate
true loving kisses to warm you
and fill you with light and joy so very brilliant.
I want nothing more than to spend
this early morning in bed with
my beautiful Angel sharing sweet kisses
and snuggling while we drift away
resting together for a little bit longer.
I have been in very much pain
and so emotional lately I want and need
nothing more than to have us both in
each others arms healing together
on a morning like this being together
and telling each other I love you with the biggest of smiles.

A very beautiful good morning to you
my very beautiful Queen and sweet Angel,
sleep for the better part of weeks now
has been so very restless and I just want
to reach over this morning and pull you in closely.
To rest with you just a little bit longer
while sharing all those wanted kisses
while telling each other I love you,
to feel so warm, safe, and complete
with the best friend we so want and need.
So feel my arms around you as I reach out
in spirit to so tightly hold you
and feel comfort in all of the warmth love
and deep strength I am always sending you
my beautiful lady.

Michael P. McParland

To Have And To Hold 4

I want you here right now
to have and to hold my sweet dear,
I want to be with you always sweet one
to have and to hold you forevermore.
I want to look in your eyes and smile so brightly
while I hold you so closely
and tell you I'll never leave you
because I so deeply love and adore you.
I want to have you and hold you
feeling your soft loving touch forever and ever
because you are my Angel and you mean so very much.
You are my Queen and diamond in the rough
and I want to hold you and let you know
just how truly special you really are.

I just want to have you here to hold
and to spend time both of us giving our all
and making each other so happy my only one.
I want you to hold me so tightly
telling me that I am so handsome
while I tell you that you are so beautiful,
I need to hear your sweet voice deliver
those words to my ears right before
our lips meet for an incredible kiss.
I want you here my sweet dear to have abd to hold
giving each other such kind loving warmth,
I want my sweet Kira who truly is
so very amazing to have and to hold
while I give to share all the love that I have
with my sweet Angel dove whom I truly love and adore.

Michael P. McParland

Love Note 542

A very good afternoon to you
my sweet beautiful Angel dove.
I soon must be out the door
to my appointment sweet one
and before I must go I wanted
to drop in and say I love you a ton.
I was dreaming of you a good deal
through all the time that I rested
and was sending you huge hugs
with all of my warmth and strength
along with the sweetest kisses of pure love,
I wis we had been able to be
snuggled up tightly and now that
you were able to go with me
to get all these things done with sweet lady.
I will be thinking of you
and holding your hand in spirit too
as I also send millions upon
millions of smiles with those
sweet kisses to shower all over you.
I will be thinking of you
and smiling too because my sweet love
I truly can feel you so near
and that is a wonderful blessing
always to know that your best friend
truly cares for and loves you,
sweet Kira you are a gift
I am so thankful for.

Michael P. McParland

Morning In Bed With You Resting

Good morning my sweet beautiful girl,
after a night of extremely restless sleep
I just want to lay here in bed
for a good while more resting with you.
I need the rest because I have an
appointment with y therapist this afternoon
and I don't want to be exhausted during that.
I also want to spend more time this morning
in bed with you because then I'd be with
my gorgeous Angel I so adore.
Good morning sweet lady and get as close
to me as possible feeling cozy and loved
as I put my arms around you
and tell you I love you more than anything my sweetie.

Oh my sweet babe I just want to lay here
and look into your eyes before we close them
again to get some more rest for awhile.
I just want to hold you and kiss you
feeling so relaxed and comforted
as we just spend this morning in bed
together catching upon on our rest.
You bring me such peace and comfort
and I long to be with my Angel so ver magnificent.
It was a very restless night
and I need to sleep for awhile longer
and I want to be doing that while
I am in bed with you holding you ever
so tightly while we are wearing such
big and joyful smiles.

Michael P. McParland

Holding You Through The Night 2

I want to be with you holding you tight
through the entire night my sweet Angel of light,
first together just winding down for awhile
before we go to bed and fall asleep
under the covers in each others arms.
I want to be holding you through the whole night
giving you all of my warmth and deep love
while I am feeling all of yours.
I want to be holding you to reassure you as always
that I will be by your side holding your
sweet and soft loving hand forever and ever.

I want to have you by my side my sweet love
so I can be holding you so very tight,
to tell you I love you while giving you
soft cresses with the sweetest of kisses,
I want to be holding you because
you are my Angel and I want us both to
feel comforted and peaceful while we heal together.
I want to be holding through the night baby
because you are my soul mate and hero
who my heart melts for and I love completely.

So my sweet one if I could make it happen
for us I'd have you right here so we could be
in each others arms feeling so complete and filled with joy,
to just smile at each other like we used to
is what I will be dreaming of the entire night through
as in spirit I so tightly hold you.
I wish Icould be holding you as we wound down the night
and then be holding you while we're in bed
falling asleep in each others arms.
I want to be holding you because you are amazing
and the only woman I'll ever love, adore,
and want to be with through eternities time.

Michael P. McParland

Evening Note 113

A very good evening to you
my sweet Queen I love so very much
and it truly is one I want
to spend with you totally relaxed,
it is an evening to just take it easy
as we talk to each other
giving snuggles and the sweetest of kisses,
it is an evening to just rub my Kiras
feet, neck, back and shoulders
while we watch a good movie.
It is the perfect evening
to just relax with my Angel
and give you the sweetest of kisses
while I tell you just how
very much I love and adore you.

As I am now just getting up
from that fairly nice rest
it is you I wish I were gonna
be seeing first,
to wrap up in my arms and hold you
for a bit before I make us some dinner
that I will try to do good,
to see you first thing always
is what I want so I can see
your big smile while getting your hugs
and sweet passionate kisses.

So a very good evening to you
my one and only true love
and feel my arms around you as I'm reaching out.
Dream along with me of all
the relaxing evenings we'll have
as we spend time and do things
for each other like we always have.
Just close your sweet eyes
and see my big smile
and know that I love you immensely.
I will be sending you all of my warmth

within my dreams and showering
you all over in the sweet kisses I send.
I am so proud of you
and want you to know you are appreciated
and just wish I could spend
this even relaxing with my sweet Angel dove.

Michael P. McParland

Catnap Dreams Of Beautiful You

As I lay back here my sweet darling
ever so lighly resting
I wear a weary and happy smile
as I dream of you in all of your beauty.
I dream of holding you and all
of the good times that we will be sharing.
I dream of you my beautiful Kira.
As I lay back right now and lightly drift
I am reaching out in spirit to hold you so close
and give you millions of smiles with sweet kisses,
as I catnap right now I dream of you
the woman I adore and love,
I truly can't wait to be with you once again
enjoying each day hand in hand.

Michael P. McParland

Waking Hugs And Kisses For My Sweetie

It's been a slow process fully waking
anf getting ready to get moving and going,
now that I am my dear sweetie I have for you
the biggest hugs of pure warmth
and sweetest kisses of pure and true love,
all of them with millions of smiles
to fill you with my loving strength,
I have for you my dear sweetie
these waking hugs and sweet kisses
to show you I care and let you know
just how my heart melts for you.
Feel my arms around you and see my big smile
as with these waking hugs and kisses
I tell you I love you and you truly are appreciated.

You are my dear and beloved sweetie
so no matter what time I am waking
each night or day as my body's schedule is crazy
I want to be giving you those big hugs of warmth
with sweet kisses of pure and true love
that hold all of my strength.
I want to feel your soft touch and your body
pressed so tightly to mines as we snuggle along,
I have for you now and always will
waking hugs and kisses my sweetie so good,
you are so beautiful and I truly love you,
so I just want to be holding you now
holding you tight showering you in kisses
of pure loving delight.

Michael P. McParland

Goodnight My Shining Star 2

Goodnight my beautiful bright shining star,
come climb under the covers with me
to snuggle so tight and passionately kiss
for a good while before we go to sleep.
Would you share closeness with me?
I love you so much and want us to
fall asleep in each others arms,
I need the peaceful and calm loving light
that my shing star brings
and I want to do the same for you
my dear Angel my heart melts for
and is so very good.

Come my sweet one and let's climb
under the covers together escaping
into our own world.
To lay there and talk between the rest,
you resting your head on my chest
while I stroke your hair and rub your back.
Please just stay in my arms the entire night long
so I can make you feel safe
and reassure you that I'll always be with you
because you're all that I want and all that I need.
You are my best friend, my hero,
my soul mate, my everything
and I just want you to be here with me
in each others arms falling asleep.

I'll see you tonight my sweet one
in the land of dreams where it's just
you and me where no one can interfere or hurt us dear,
I will see you among the moon and the stars
where your gorgeous sparkling eyes
and dear smile will be the brightest thing of all.
First to just take a beautiful walk
hand in hand talking about whatever there is,
then to find a place to sit where we can
look into each others eyes and I'll tell you
that you've been so very missed then shower you

all over in the most tender, caring, passionate,
true loving kisses because you are my Queen
and you are appreciated and matter.
I'll see you tonight my gorgeous Angel
to spend a good time with my beloved Kira.

Goodnight my shining star so amazing and brilliant,
come climb under the covers with your loving Michael.
I want to hold you and kiss you as we lay here for awhile,
just talking and listening to one of my audiobooks.
Please come my sweet darling and join me in closeness
because it is only you I want to be with.
Goodnight my sweet Angel and feel all of my kisses
as the hold all of my warmth and strength
which I send you completely.
Goodnight my sweet dear and return very shortly
because I want to be falling asleep as we hold each other
so tightly and loving.

Michael P. McParland

A Tired Smile

I wear a tired smile so filled
with deep and true love for my Angel
as I sit here.
I am quite tired and wish that
right now I were with her
giving her my smile while seeing hers
feeling warmed and peaceful to my core.
I love her so much she makes my heart melt,
she is so beautiful in the best ways it makes me hurt.
I wear a tired smile wishing I could hold her
because she is the greatest and there is
nobody else I want to sit back with and hold.
I love her so much and as I sit back so tired
I am wearing the smile that she always gives me
because she honors me and makes me so proud.

Michael P. McParland

My Sweetest Dream

You are my sweetest and most beautiful dream,
you are the one that makes me smile,
feel joy, and gives me the most wonderful tingilings.
You are so beautiful, so loving and amazing,
you are my Angel and my sweetest dream,
you truly are my shining star and everything.
I love you so much and adore you in full,
I dream of you when I am awake and sleeping too.
You are my hero whom I would give my life for
because you are the greatest my treasured best friend.
You are a diamond and a work of art
and through eternity I will love you so much.
You are my sweetest and most beautiful dream
and forever and ever I will stand by your side
giving you my very best and everything.

Michael P. McParland

Put My Head On Your Shoulder

Making all these calls I've needed
to today my sweet darling
and have had to play phone tag withone thing,
it should be done now I pray
but might still have to deal with it one more time.
My nerves are on edge and completely frayed
and all I want to do is sit back with you
and put my head on your shoulder
while I hold your hand.
My anxiety right now is so very bad
and I want to relax with you hand in hand
in each others arms while I rest my head
on your shoulder my sweet Angel so grand.
I just want to push away the weight of the world away
by being with my Queen the beauty of the world.

Sweet dear I just now want to
put my head on your shoulder while we finish
the movie I started awhile ago darling,
I want to sit with you and see your beautiful smile
just feeling all the anxiety and stress
lift from my spirit and body.
Please come my sweet one and sit next to your Michael
and let me hold your hand while I rest
my head upon your strong and loving shoulder.
God bless you my beautiful Kira for you
truly are such a sweet, beautiful, and kind loving woman.
I love and adore you and just wish I could be
sitting back with you now and relaxing
because you are my only one and for you
my heart and spirit overflow with true tender love.
I wish I could sit back with you now
resting my head on your shoulder
and forgetting the outside world.

Michael P. McParland

Morning Note 205

Good morning my sweet
beautiful girl and
to start this day I will
dry the tears I fear and know
that are there because you worry
at times easily so and I know
that my silence through most
all yesterday has hurt you so,
so I dry your tears first my sweet one
and then pull you in for
atight hug as I give you sweet
little kisses upon your aching eyes
and then your forehead and cheeks
before a passionate kiss of true love
upon your lips,
then to just look in your eyes
and pull back saying sweet Kira
I love and adore you more than anything
and can explain why I was silent
though I'm not sure totally what happened,
have faith though my sweet darling
and know that I would never ever
intentionally hurt you so
because I love you more than
ayone or anything my sweet Angel dove.

Yesterday in the early afternoon darling
I was still feeling so very tired,
so as ever being hopeful and foolish
I lay down hoping it would be
for only a few little hours,
and I ended up sleeping through
the rest of the day and the whole night,
I guess my mind and my body were
still recovering from such a long week,
plus the pain meds making me tired
as you know and can imagine.
I am sorry sweet darling for I did not
mean to drop offfor so long and so deep.

I wish you had been here then
to wake me or snuggle sweet lady
and I wish you were here to hold tightly
and tell you thank you for all of
your loving understanding
and I am truly so sorry to hurt you
and worry you.
Please know I would never do that intentionally
because you are amazing my sweet hero,
best friend, true love and darling.

So a very good morning to you my only one
and I wish I could hold you
as I now got up to finally eat something
and make the calls that I need to.
I wish I could spend this day with you
giving big hugs and sweet kisses
as we were spending time enjoying each other.
I love you my Kira and never forget
I am always right there beside you
holding you and your hand ever so tightly.
Have a good dayand be showered
in the millions of smiles and kisses I send
for I truly love you my Angel
and I always will through all eternity.

Michael P. McParland

Sunday Morning (Wanting You)

A very good Sunday morning
my sweet beautiful Angel
and I wish I was seeing you
as I had opened my eyes this morning
and could have rolled over to kiss you
while I held you so very tightly,
I so want you here beside me
to spend this bright and sunshiny
Sunday fall morning.
I want and need my dear Angel who means everything.

I'm still feeling a bit down from last night
and being with my best friend and true love
talking, laughing, and just spending time
is the medicine I need.
I want you here to help brighten my day
as you always do and have,
and I want to brighten your day as well
my sweet Angel dove.
I want us to be here enjoying the day
cheering up each other and also having
a good time with your kids as well babe.
First though my dear it is you on this
Sunday morning I'm wanting and needing
because you truly are my everything
and so very very amazing.

So a very beautiful good Sunday morning
to you my gorgeous Kira,
I want you here because as my true love,
best friend, Angel, Queen and hero
you make my life so very much better.
Being with you and giving all of my love
with all that I have making you feel
safe, happy, and proud is part of what
helps make life so very grand.
I love you sweet lady and can't wait for
beautiful Sunday mornings with you sipping coffee
because a life spent with your best friend

and Angel is truly what makes it all worthwhile.

Michael P. McParland

Nighttime Beside You

Nighttime beside you is what
I am dreaming of, live for,
longing for, and so very anxious for,
I am excited for nighttimes beside you
as we sit back on the couch holding each other
spending time talking, reading,
watching a movie, listening to audiobooks
and the most fulfilling wonderful music.
Through the best times, the worst times,
the easy times and the hard times life has to offer
I can't wait and so want to spend nighttimes
beside you the woman I love,
my best friend and Angel knowing everything
will be alright because I'm with you,
I can't wait for those nighttimes
to always be there to help you
reassuring you that you're not alone
and never again will be because you are my Queen
and the most beautiful woman I so truly love,
adore and deeply treasure.

I want to spend this nighttime beside you
just wrapped up in each others arms
sharing our loving warmth.
Forgetting this tough week and just helping
to heal each others hurt hearts and deep scars,
I so deeply desire to have you in my arms
on this nighttime as I watch my movie
and at some point read to each other.
I am so in want of this nighttime beside you
because you truly are my most beloved Angel
and the crown jewel of my heart whom I fully treasure.
A nighttime beside you is what I so want dear
because you are peace and solace
and I want so much to give you the happiness
I feel over you my sweet precious Angel,
I want to know everything is okay
by being with you the worlds beauty supreme.

Michael P. McParland

Late Night Relaxing

Well my sweet love the game
has been over for awhile and we lost it,
I've just been collecting myself
for this little while in the pure quiet
going through the files on the external hard drive
to transfer what I amm keeping,
I have been thinking of you
and wanted to calm my nerves before I started writing
and now I just want to look at you
and share our big smiles as we got ready
to share a late night relaxing together.
A late night with my Angel is what I
so need after a fairly long and difficult week.

First just the most relaxing refreshing
and cleansing shower to forget the stresses
and other frustrations that have been surrounding,
just holding sweet lady and share some sweet kisses
and smiles under the relaxing water.
That is the start that is needed for a perfect
late night of relaxing with my gorgeous Kira,
that is what my heart and soul are deeply
longing, aching, and yearning for
to help end this week with the pure hope and light
with deep joy you give to me.

Then to just fall into each others arms
while we watch a movie and read to each other.
I always love talking to my beautiful Angel
and to gaze in those sparkling eyes
that hold eternal beauty,
oh my dear sweetie my heart melts for you truly.
A late night relaxing doing the things
we so love to do and share with each other
as we snuggle up on the couch feeling so peaceful.
Then to just close our eyes much later
and listen to an audiobook as we are drifting,
all of these things sweetie with you
are what would make this late night of relaxing

so very happy and so very good.
I love you my Angel and am dreaming of you
because you are the greatest and all of you love
is what's helping to get me through.

Michael P. McParland

Love Note 541

A very good evening to you
my sweet beloved girl.
Here now the game is at
half my sweet one
and it's not as great as I
had hoped it would be.
We are still winning
but playing sloppy my love
abd the thing that would make
the game and evening great
is if you were here.
I miss you my dear
and just plain want you near.
I wish you were here my sweet one
on this Saturday evening
and later night my dear
to spend quality time
enjoying each others company
with all the things that we love,
I so need to hear your sweet voice
my one as you tell me you love me
as I'm saying to you
my sweet Angel dove.
I so long for a beautiful
Saturday evening with my only one.

I love you sweet girl
and hope that you are doing okay,
that while I rested a bit earlier
you were feeling all of my warmth and love,
I adore you fair one
and only want to be with you
snuggling away after the game
because it is in your arms
I so want and need to be,
you are my Angel and my sweet Queen,
you are my universe and everything.
I love you sweet Kira
and am right here thinking of you

while sending huge hugs and the sweetest of kisses.
Have a good evening and feel me
there with you giving you smiles
while I so tightly hold you.

Michael P. McParland

A Big Warm Hug 4

A great big warm hug to you
my beautiful sweet Angel dove
to comfort and fill you
with all of my endless, undying,
and unconditional love.
I am still very tired
and I wish you were here with me
to snuggle up through the day
before tonights game sweet darling.
I want to just give you a great big
warm hug to let you know
you are worth it and so very special.
I have a big warm hug for you
my beautiful Kira because you are amazing
and so truly wonderful,
you are my darling best friend and hero
whom I want to be with forever and ever.
God bless you my Angel and feel deep peace
and comfort as I give you this big warm hug
of true love and adoration.

Michael P. McParland

Sweet Saturday Morning Kisses Sweet Lady

A very good late Saturday morning
my beautiful sweet Angel dove.
I'm sorry I slept so very late my only one
as the medications wiped me out,
so the first thing I would like to do
on this Saturday morning here
is give my sweet Angel the sweetest of kisses
and say my beautiful soul mate I love you,
I want to start this day holding
and kissing you to make it so very beautiful
with my beautiful fair lady I so adore.

A very very beautiful good Saturday morning
to you my sweet Angel dove and feel as I reach out
my arms wrapping around you in warmth.
Feel my sweet kisses of pure and true love
as I dream of you and wish you were here
with me as I get up to spend time with each other
and have the most beautiful morning.
I send you sweet Saturday morning kisses
hugs and smiles my dear in the millions,
and never forget that your Michael is with you
and truly loves you more than anything.

Michael P. McParland

Nighttime Kisses Sweet Girl

Sweet nighttime kisses to you
my sweet and precious beautiful girl.
Sweet nighttime kisses filled
with peace and comfort to warm you to your core,
sweet sweet nighttme kisses to
let you know your cared for and truly deeply loved.
I send to you my only one sweet
nighttime kisses endlessly.
I send them to only you my Angel
because you always have been
and truly will be forevermore my only one.
Now smile for me my darling one
as I give these tender nighttime kisses to you
from my very heart and soul which you hold my love.

Michael P. McParland

Evening Dreams Of You And Me

Back my sweet dear from the somber
affair I just attended in support
of a good friend and now all I want
to be able to do is fall into the arms
of sweet precious beautiful you.
To give you sweet little pecks of love
on the neck while I tell you
just how much I love, cherish,
and adore you my dear Queen because you are the best.
You are my gorgeous girl and I only
want to be holding you through all time,
nobody else.

So my sweet love as I right now
do not have you to snuggle up with
giving kisses to while we talk away
I will send you sweet sweet kisses galore
with huge hugs of warmth while
I dream of you as I sit back and relax
to some very good music or a movie
I haven't watched yet.
I will be dreaming of the Angel I miss
and just want so bad to look in your eyes
and give you kisses so sweet,
I will be dreaming sweet on this eve
of spending time doing wonderful things
just you and me.
I love you sweet lady and I always will
because you truly are my only one
and until you are here in my arms
I will be dreaming of holding you
telling you how much you mean to me
and just how wonderful you truly are.

Michael P. McParland

Love Note 540

Good afternoon to you
my sweet beautiful girl,
I am sorry I didn't write sooner
sweet love but I had to run
right out to the doctors after my rest
and pick up a prescription for pain
as my arms arms and neck
are really hurting again,
so first thing I wanted to do
was let you know I am here
always for you and I truly do
love you more my sweet one than anything.

I was thinking of you as I
was out my sweet dear
and was sending you the biggest of hugs
with the sweetest kisses to fill
you with all of my tender warmth.
God bless you my Angel you fill me
with such deep light, happiness,
and hope.
Oh my sweet sweet Kira you
are the one I'll always dream of
even when you are in my arms
and we're sharing the best of times galore.
Sweet Kira of mine
I will only ever be dreaming of you.

So my sweet feel all of these
sweet sweet kisses
and millions of smiles I send
shower all over you.
I truly love you more than anything
and will forever be your
Michael standing side by side
hand in hand,
I love you dear you are in my heart
and in my mind and I hope to
hold you close to me so very soon

because you're all I want
and all I need forevermore.

Michael P. McParland

Resting Next To You

After a long day sweet one
of not feeling well and a long night
of being quite sick sweet one
I am still quite tired and need to lay down.
I want to lay doe]wn next to you
and fall asleep in each others arms.
Juat rest your head next to mine
and snuggle away sharing the sweetest kisses
as we drift away to continue feeling better babe.
I just want to be resting next to you my only one
and tell you I love you sweet Kira
my beautiful Angel from above
and I want to spend eternity in each others arms
right where I belong and truly feel at home.
I want to be resting next to you feeling peace
and safe comfort fill me through.

Michael P. McParland

Waking Up Next To You

Waking up now my sweet dear
having finally been able to sleep
from not feeling well and then
to be so very sick for a good while,
I wish and hope that so soon I will be
waking up next to you to kiss my sleeping beauty
I so adore to see your sweet smile
as you awake and we look at each other
knowing our worlds are so good
feeling warmth through our hearts and souls
just spending each day with our most beloved
and treasured best friend.
I wish I were waking up nest to you my sweet one
after a day of not feeling well and a night
of being sick my sweet one.
I just want to wake up up next to you
giving you a glorious waking kiss and seeing
your bright shining smile to start this day.

Dear it's been such a difficult time without you
and I've been struggling even more so as of late,
I just want to wake up with you in my arms,
spend so much time throughout the day holding you,
and then go to bed snuggling so very tight,
the whole time sharing sweet kisses galore
that touch the heart and soul.
Sweet kisses that are only shared between true loves
that say with a smile and no spoken word
I love you more than anything and I always will.
I wish so much sweet one I were waking up
next to you because my heart and soul ache for
what only you can provide in true loving care.
I want to be waking up next to you Gods most wonderful
and beautiful Angel that I could ever dream of and ask for.
So as I get up now I dream of having woken up next to you
and having given my sleeping beauty a passionate
waking kiss to start a beautiful day to spend hand in hand.
God bless you for you are my Queen and I pray
that so soon we will spending everyday handin hand

in each others arms feeling peaceful, safe and grand.

Michael P. McParland

Longing Afternoon

Waking up now my sweet one
from a much needed rest my sweet dear.
I have not felt very well the entire day through
and oh my sweet dear on top of that
how I so deeply miss you.
As I now get up and get myself moving
getting myself ready for a refreshing shower
I wish you were here to spend time with and talk to.
I am longing so much on this afternoon
for my sweet Kira I love and adore so very much
tohave you here by my side to enjoy a shower with
and then a snuggle afterwards to rest
my stomach that is feeling upset.
I just want to curl up with my baby
and deeply relax.

Oh my sweet one I am not sick
but am not feeling well at all
and I so long for you to be right here by my side
spending quality time after a wonderful shower
and just sitting wrapped up on the couch
while you'd perhaps rub my stomach
and we talked away like we always loved to.
I long for you baby because you truly are
so very wonderful and so very special,
you are the one that I've prayed for
and you truly are my beautiful dream girl.
I love you sweet Kira and will be dreaming of you,
sending sweet kisses huge hugs and millions of smiles too
as I get up and get going on what I need to do.

Michael P. McParland

You're Always In My Heart

You're always in my heart sweet one
and I want you so badly here within my arms.
To snuggle as we spend a great day
and share everything we think and feel.
You're always on my mind and in my heart
my only one and I want you so very bad
here within my arms to share all that
is in this world and life has to offer as well.
You've always been in my heart my only one
and you truly are the only one I'll ever want.

Dear one you are always in my heart
and I so long to have you right here by my side.
To hold your hand while I look into your eyes
telling you how much I treasure you
and how much you truly mean to me.
I truly dear just want to spend this day
chasing away all the sad clouds that have
hung over us as we've been so alone.
I want to spend each day arm in arm
so those clouds of loneliness can never harm us again.
I love you dear you're in my heart forevermore
and I pray that so very soon you will be within my arms.

You've always been in my heart sweet one
and you always will be without a single doubt.
You are the only one I want and not having you
here in my arms, to talk to right now,
or look upon while we both smile makes my struggles
so very much harder right now my dear.
I truly love you so very much my only one
and I hope you know just how much I reasure
and care for you my only one.
I love you more than anything and I so truly
want you in my arms just like you are
in my heart forevermore.

Michael P. McParland

Morning Note 204

Good morning my very beautiful
and beloved treasure sweet Angel dove.
I was so very very tired stil
after dinner last night
and I am truly hurting so very much.
So I lay down and sank into
a very restles and nightmare filled sleep
and now as I get up I wish you were
lying here next to me to hold so tight
and tell you I love you my Queen of light,
please spend the whole day today
right by my side from the moment
I get up to eat, taking the cats
to the vet here in a couple of hours,
and then just spending time
being so close with each other
as we kiss and snuggle,
I just want to spend time with you
my treasured woman and true love
so very special.

Oh my sweet dove I am going through
such a difficult time right now
and I just want you here
to talk to, to hold, and to look upon you
in all of your beauty as you
so brightly smile.
I want to be able to help you
through the tough time
and sadness I know that you are
so often feeling.
I want to help you my dear best friend
and I know you would help me
because you truly are so very amazing.
I want you here beside me to hold
each other feeling so safe,
happy, and totally complete.
I need you sweet Kira every morning
to know life is truly good

when I am spending it with my hero,
the entire worlds beauty
which is you my sweet lady.

So a very good morning to you
my most treasured sweet Angel dove.
Feel my arms around you
as I reach out to hold you
and give you the sweetest of kisses
any love could give to another.
I love you sweet Kira
and pray that so soon you will
return to me my beautiful lady.
God bless you my Angel
and never forget that I am right here
for you with wide open arms
that just want to hold you.
You are a gift straight from God
and a miracle my Angel
and I am yours and yours alone
forever and ever.

Michael P. McParland

To Serve You

Now that I have arrived home
my sweet one from therapy
and picking up my old computer
with the external hard drive
that holds all of its memory from Best Buy
I want you to get changed into your
most comfortable relaxing clothes
and sit back so I can serve you
like you so need and I so want to do.
Relax my sweet one so your Michael can take care
of all your wants and comfort needs
so you can smile so big knowing you are
a Queen so truly care for and loved,
appreciated in full by your loving man
who loves and adores you above all.

First before I cook you a nice spaghetti dinner
I want you to put up your feet so I can
so lovingly and relaxingly rub them.
Then I will rub your neck and your shoulders
while you tell me how your day has been
while I was sleeping and recovering my strength dear,
I just want to tell me all about what you are
thinking and how you feel.
I want you to know you are so loved by your Michael
and that I want to serve and take care of my precious Kira.
I adore and cherish you my beautiful Angel.
Then my sweet one rest your head on my shoulder
as you put your arms around me and I will read to you,
I don't know so much if you like to be read to
but I do and here I want to read to you my only girl.
Just rest your head comfortably and drift off
to my voice into the story and enjoy being served
by your loving Michael who wants to give you
all the best in the world that I am able.
I truly want to give you the universe my precious Kira.

So then my sweet love to make you that
wonderful dinner and serve you while you are still relaxing.

I want to see you so widely smile as you enjoy
the meal have made for us to enjoy
and I just want to see you be able to feel
safe and secure as you relax knowing
I will always be by your side to help you
and support you through all of life.
I want to serve you and help you know that to me
you truly are the most perfect Angel and best friend
anyone could ever pray for or dream of having,
you are my one and I will always be yours and yours alone.
God bless you my Kira and I will always
be right here for when you are ready
and truly know that I will in true love always serve you
and give you all of my love with my best and everything.

Michael P. McParland

Aching Sleep

I have only now just risen sweet one
since I last wrote to you my sweet Angel dove.
I was aching so very bad when I wrote you then,
I even ached much in my sleep
and I ache right here and now.
I ache for my Angel Queen who I so love and adore
I ache to be holding you so tightly
right here and now giving you kisses
and telling you Kira I love you
and want us to be in each others arms forevermore.

I ached in my sleep my sweet one
because I would be so happy as I would see you
and then you would leave for something
and the lonely aching would return badly
my sweet precious darling.
Then later I went looking for you
and was not able to find you my dear,
all of this only in dreams I know
but the hellacious loneliness
was still there never the less.
I ache for you dear in all of your goodness
and want us to be holding each other
to make this day so good.

I want us sweet dear to be holding each other
so very close to chase away all of our
painful loneliness.
I want to look in your eyes and say
I love you sweet dear and want
to be with you side by side forevermore.
You are my one and with you I truly ache
so very bad and I send you sweet kisses
and huge hugs to fill you with
all of my warmth and to let you know
I am always there holding you close
to let you know I eternally love you and truly care.

Michael P. McParland

Closing My Eyes (Dreaming)

Now my sweet dear as I am about
to lay down and at last close my eyes
I will be dreaming of you here
in bed right next to me as we
softly talk while sweetly kissing and snuggling,
despite all the aching I feel
I will be wearing a weary smile.
I am tired my dear and ready at last
to lay down and try to rest,
I'd give anything to have you here
right by my side and in my arms
as you rested your sweet head upon my chest.
I love you sweet lady
and if I had the power I would come
and rescue you right now sweeping you up
in my arms to bring you back to my bed
where we could hold each other
kissing and resting for as long as we needed.
I'll be dreaming of you fair lady
in all of your endless wonderful beauty.

As I am now about to lay down my sweet one
and close my eyes to rest and recharge
I will be dreaming of us and all that
we have talked about that we want to do.
Our hopes, our dreams, the biggest
and smallest of things,
even those things we have not yet spoken about
yet somehow we know what the other wants.
I will be dreaming of us with the kids
and all the fun times out and in that we'll share,
I will always do my very best for you and them
because you all deserve the best especially you,
I will be dreaming of us and all the wonderful things
we will be sharing and be able to do.

So now my sweet love as I am about to lay down
and close my eyes for some rest and relaxation
I send you all of my warmth and love

with huge hugs and the sweetest of kisses
along with all of my strength
all of these my sweet lady just for you,
the holder of my heart and soul forevermore.
I will be dreaming of you and your beautiful smile,
I will be dreaming of you and your beauty
all around top to bottom.
I love you my Angel you are amazing
and may God bless you because you
are a truly great woman who deserves
the greatest heaven and earth have to offer.
I adore you my best friend for you are
the crown jewel of my heart and shining star
that gives me reason and helps guide me
and I will spend all eternity thanking you
over and over for being my beloved Angel Queen and hero.

Michael P. McParland

My Heart Is With You 2

As I sit here right now my sweet one
my heart and thoughts are with you.
I hope you are well and know
just how much you're cared for and loved
that you are cherished and appreciated
for all that you do,
all the loving strength that you give,
and for just being the wonderful person you are.

My heart is with you with all of my love
to fill and wrap you up in the pure warmth
of my unconditional and undying dedication and love.
I will always be yours as I stand by your side
ever so proud and in full support
of my sweet Angel dove.

My heart is with you and my soul reaches out
to touch yours and give you all
the light and hope you give me in return,
feel my arms around you as in spirit
I pull you in for the biggest of hugs
and sweetest of kisses to cheer your heart.

I love you sweet lady and my heart
is forever with you because you are
my soul mate who I cherish so very much.
You are my hero, my Queen,
and my best friend I adore to no end.

My heart is with you and it always will be
because I give it and my soul as a gift
for only you to have and to hold forevermore.
You my sweet Kira are my only one
and I will never leave you because you
are the only one that I need and I want
because you are the greatest blessing
and gift straight from God.

Michael P. McParland

Night Note 216

A very good night to you
my sweet beautiful girl
and I hope it has been
a good one for you,
I have been praying for you
my sweet darling to feel
all of my warmth and love
with my arms wrapped around you
and all my sweet kisses,
I have been praying that you will
be filled with all of the strength
I am sending and smiling
so brightly because you are amazing.
I pray for you always
and wish I could have you here
to spend time talking, kissing,
snuggling and so much more my sweet lady.
I pray you will so soon be here
my gorgeous sweet Angel dove.

My heart and soul are my gift to you
and I truly will forever be yours,
to take walks and dance with
each other under the stars
while they blow us kisses galore,
and then in the next life
take walks among them getting lost
in their beauty and the great love
we have always and will always
hold for each other.
I truly want to be with only you
as my companion, true love,
and wife through all eternity.
You are the woman I love
and you are my most treasured
and adored diamond in the rough
and beautiful best friend.
I could never ask for more
because you are an amazing gift

and divine blessing.

So my sweet girl and beautiful
Angel of my hopes and dreams
I wish you a good night
and so truly pray you'll soon
be here with me wrapped up in my arms.
Feel all of my love and warmth
as I send it to you
and trust me my darling
I care for you so very much
and I'll never leave you.
I love you my darling
and will be your man forever and ever
because I'll never be in want
of another because you are
my only one and my everything.

Michael P. McParland

Hurting For You 2

As I was lying down here on the couch
my sweet dear I was and am
hurting for you so very bad.
I hurt for your company and your loving words,
to hear your Angelic voice
and read your messages that to me
mean the world and so very much more.
I am hurting for you my sweet beautiful Kira
whom I love and adore more than anything.

I hurt so bad as I long to hold you
and share all the secrets I hold
in my world with you,
I am hurting to share all life has to offer
knowing everything is alright
because I have my best friend to reach out
and take her hand in mine.
I want to be able to wrap my arms around you
and so tightly hold you as I give you
all of the love you've so long deserved and wanted.
I'm hurting for you my sweet dear because
you are my diamond and bright shining
northern star I so truly treasure and cherish.

I hurt for you dear because we have always
shared so much that is beautiful,
warming, and truly joyus,
I want to have all of that back and experience
so much more of it all with my gorgeous lady.
I am hurting for you so I can apologize
for all that I did wrong and we can make amends
and help each other heal as we want to
while I hold you so close and dry your tears.
I am hurting for you because you are my Queen
and I want you to see just how beautiful you are,
I want you to know you are appreciated
and the very best by far.

I am hurting for you my sweet Angel dove

because I know that you hurt so very much too.
I want to give you deep comfort
as I give you sweet kisses and gaze in your eyes
saying it is okay because I am right here
for you my darling dear to no end.
I hurt for you because our deep love
and great friendship are true,
and life without you is living hell.
I am hurting for you and will probably
lay back down for awhile to dream of you
and try to ease all this aching.
I love you my sweetie for you are
the crown jewel of my heart and so amazing.
You are one of God's most special Angels
for whom I am so very thankful
and want to be with forever and ever.

Michael P. McParland

Sweet Smiles To My Sweet One

A very good afternoon to you my sweet one
and as I rise from dream filled sleep of you
I send you sweet kisses and smiles
to fill you with pure light and cheer,
I send you sweet smiles to say
I love and adore you my beautiful dear
and wish you were here beside me as I awaken sweet one,
I just want to be holding you
within my loving arms smiling at you
and telling you that you are so wonderful
and grand my best friend,
I want to be looking into your eyes smiling
and tell you that I could never ask for
or hope for more because you are my wish
and the only one I want to be with forevermore.
I send sweet smiles and kisses to you my sweet one
along with huge hugs of pure warmth and strength,
you are my Angel and adored everything
and my sweet Angel dove I want you here so close to me.
Sweet smiles and kisses to tell you I love you
and that you truly are deeply cared for and appreciated.

Michael P. McParland

Thoughts Of You As I Drift Off

As I finally lay down for awhile
on this early morning thoughts of you
will be filling my head as I am drifting.
I will be sending you the sweetest of kisses
with millions of smiles,
the biggest hugs with all of
my warmth and strength to give you peace
and to brighten your day.
I will be thinking of you and wearing
a smile too as I feel all of your love
surround and fill me as well.
I love you sweet girl I always will
and thoughts of beautiful you
will fill my heart and head
wishing you were here wrapped in my arms
as I drift off to sleep here in my bed.

Michael P. McParland

Honor Me My Sweetie (The Luckiest Man)

To me you truly are a pure Angel,
a blessing and gift God sent
into my life and I'll cherish forever.
I was filled with such joy
from the moment I met you
and it steadily grew into pure elation.
Kira you are my sweetie whom
I so truly love and dearly treasure
because you are a special woman
and we share a bond that is magic.
I love you my sweetie and I want
to spend this life and the next one
right by your side serving and treating you
like the amazing Queen I know you are.
You are my sweetie and I so adore you
and I want to give you all of the love
you've always deserved babe.
I hold so very much and have saved it for you
and I give myself only to you
complete and in full.

Kira you are the one I feel
such a true love for and you are
the best friend and hero I've always prayed for.
Please be my sweetie forever and ever
so I can always honor you by giving
my all and the best that I have.
I love you so much and would do anything for you
because you mean the universe to me
and I love making you smile.
Please honor me babe making me
the luckiest and happiest man in history
as we take each others hands
to share sweet kisses, snuggles, laughs,
and great conversations among many other things darling.
You are my sweetie a true gift and blessing
whom I want to be with in pure light
and bliss through all eternity.

Michael P. McParland

My Beautiful Queen 2

Here on an achingly quiet night
I long for you my sweet Queen and reach out,
to hold you so close so I can give you comfort
and give us both peace as we heal each others hearts.
You are my divine beautiful Queen
and to have you as my best friend
with all your true love brings joy to me
and fills me with the endless light you give to me.
I hope and pray I give you as much joy
my sweet adoreable beautiful Queen
because you mean everything to me
and I want to make you the happiest woman alive.
I want to always give you good reasons
to smile and be so very proud.
I want you to know you can always
have faith in your man to give you
everything and the best that I have.
I want you to rest assured that I'll never leave you
and that you'll never be left out in the cold all alone.

So my beautiful Queen what could I hope for
or ask for more than to just have
my best friend and sweet Angel dove
right here by my side hand in hand?
What more can a man ask for or hope
than to be arm in arm with his true love?
Not a thing my sweet love I tell you
because having my beautiful Queen here
is what I so wish for.
To look in your eyes and reveal my soul
while I tell you I love you, I care for you,
you're beautiful, I appreciate and adore you,
then pull you in closely for a sweet kiss
of true love and passion.
My sweet Queen here on a night of aching quiet
you are all that I want because you are
my Angel and true love whom I long for.
I need you my sweet one because I love you
and I want to be sharing all that we have

with each other through all eternity.

Michael P. McParland

Longing To Be Closer 2

I so long to be closer to you,
for all this quiet loneliness
to be here no more.
To be with my Queen feeling
all of the warmth, deep love,
and pure joy that you bring,
and to give you all of mine in return.
To show you that you are cared for
and so appreciated my dear,
I am longing to be closer to you
so we will both no longer be haunted
by all the loneliness and fears.
I long for you my dear shy one
beacuse you are so beautiful
and you are my true love.
I long to be with you to share
all of the best times.

I long to be closer my dear
because you make my heart and soul sing,
you are my bright shing northern star
whom I adore and admire.
I want to be serving you always
with all that you want and need my precious lady
because I always want to make you so proud and happy.
I long to be closer so I can share
all of our worlds witheach other
as well as the sweetest of kisses
and true lovers caring closeness.
I love you my dear long to have you closer
so we can always have the most wonderful times
with each other knowing that we can and will
always be able to turn to our true love
and treasured best friend.

Michael P. McParland

Sunday Evening Spending Time

Good evening my sweet love so beautiful
and now as I am about to eat dinner
and start the game I wish I were
sitting down with you by my side
to have a great evening spending time.
For you to be with me as we cheer on the team
and to have you wrapped up in my
loving arms after we are done with food.
After a day and a half spent in bed
feeling like complete hell I just want
to spend Sunday evening with you
spending time and having a good one.

I want noting more than to be
spending this Sunday evening in your
arms as well while I look in your eyes
and we both give each other big smiles
that say I love you dear one,
then just share the sweetest of kisses
and soft carresses knowing everything
is alright and that our future is the happiest.
Spending great time with you on this
Sunday evening is what I so want
because I long for and crave you,
I love you my Angel and just want to spend
this evening holding my baby.

So my sweet love as I now sit down
to eat and watch the game I will be
thinking of you and sending
all of my warmth, my love, my strength,
along with sweet kisses galore
and hug hugs of comfort and peace.
I love you my dear and just want you near
to spend this Sunday evening in each others arms.
You are my Angel, my Queen, my hero and best friend too
and I just want to be spending time with you.
For you my heart and soul overflow
with such tender love and I want nothing more

than you and your company forevermore.

Michael P. McParland

Love Note 539

A very good afternoon to you
my sweet Angel dove
and after a day and a half in bed
with a vicious migraine
and being sick from that,
and now finally up and feeling better
from all of that I wanted
right away to tell you
that it is all okay
and I am right here for you as always
my precious beloved dear,
so please do not feel
upset and down, please dry those
burning tears and know I would
do that for you if I were there,
I wish I could be there
to wrap you up in my arms
to tell you that all is well
and reassure you that I am there
while I rub your back and stroke your hair.
Worry not my sweet love for
I am always yours and will always
stand by your side in true love
and in full support always
so very very proud of my darling best friend.
God bless you my sweet Queen
for you are so wonderful,
truly beautiful above all,
and an amazing Angel I adore to no end.

So my sweet love as I now rise
I want to send you the sweetest of kisses
with the biggest of warm hugs.
I haven't eaten anything
in over a day and a half now
and need to before that makes me sick babe.
Then a nice shower to wash away
the sick and headache in full.
Then finally watch a replay of

Ohio States game which
I missed last night from beggining
through to the very end.
I wish you were here to join me
for all of these things my sweet dear,
your company is what I wish for,
if I had just one wish it would be
to have you here with me
in each others arms through
the rest of this day
into the night my sweet girl.

So my sweet one feel me there with you
holding you so very close to me
giving you those sweet kisses galore
with the biggest of smiles as well.
I will write you soon my sweet one
and I pray that so soon you will be
right here in my arms spending
the greatest of times.
God bless you my sweet Angel dove
you truly are the most rare
and precious gem,
a diamond in the rough I adore.
I love you so much and I always will
and when we have reunited
I will forever give you all
of my best and everything
while I serve and take care of you
like the wonderful Queen that you are.

Michael P. McParland

Night Note 215

A very beautiful and loving
good night to you my sweet Angel dove,
and thank you for all of the kind
loving strength, warmth, deep kisses,
and huge hugs you sent to me
while we both catnapped.
It so very much helped me relax
and before we get up to do
whatever we may I want to lay
here longer with you holding you close
while we still spoon
and I hold your soft loving hand as well,
as I lay here I can smell your gorgeous
pale skin and long beautiful hair,
I am filled with butterflies of pure love
deep admiration and care,
oh my sweet Kira I need to give kisses to you
with the softest of caresses as well,
I just so want and need to look
into your eyes and tell you
I love you so much my Angel of light
and my Queen whom is my everything
to me as well as what's good and right.

So my sweet Angel I wish you
a very warm and beautiful
loving good night
and I am going to lay here
with my eyes open a bit more
dreaming of spooning with you,
I will be sending sweet kisses
of true and pure love along
with huge hugs and big smiles of pure warmth.
Kira I feel such a tender
stirring in my stomach and being whenever
I think of you, hear your sweet voice,
and especially when I see you,
I have always known that you
are the woman I want to marry.

I want to be spending this good night
with you but I promise I will wait
until you are ready my sweet precious dear.
I pray it is soon because
you are amazing and I just want
to share everything in life with you
while I hold you so close
my beautiful one I appreciate and care for.
I love you sweet Kira
and want you to always have faith
and believe in me because
I truly have total faith in you
and believe in you completely
my sweet Angel dove
who truly to me is the worlds beauty.

Michael P. McParland

Catnap Together

The night is now getting quite late
and though I have only been up
since the late afternoon
I am tired enough that I need a rest.
So my sweet one please come
and lay down with me to get
under the covers a feel so cozy.
I will hold you so tight in my arms
as we spoon and I'll give you kisses
on your neck and cheeks with some
on your forehead and ears and always
tender kisses upon your lips.
Come and join me my dear one
and catnap for a bit together
while we are cozy and spoon.

I am tired my dear and need
a few hours of a good rest
and I want to smile at you
while I look directly upon you
and marvel at your immense beauty,
then say Kira my Angel I so dearly love you
please come join me under the covers
so we can catnap while before
we drift off I'll give sweet kisses
and we'll softly talk.
I want you with me as we catnap
and I will hold your soft loving hand
as we spoon and I will tell you
so softly in your ear how much
I care for, love you, and that you
are truly and deeply appreciated.
I want to help you feel so warm and safe
so please my sweet one come catnap with me.

Michael P. McParland

An Evening With My Amazing Woman

The computers are now mostly
completely set up my sweet darling
and I can take my time with what's left
to get installed and loaded.
So now my sweet love I want to
sit back with you and wrap you up
ever so tightly in my arms
and give you the biggest smile
while gazing into your gorgeous eyes
and tell you I love you.
I am so in want and need of a
beautiful evening with you
my beautiful and amazing woman so good.

I just now want to sit back with you
and slowly get all of my music
ripped over to ITunes.
I just want to sit with you
and give you sweet passionate kisses
all over filled with true love
while we also talk, watch a movie,
and read as well.
Just being with you is what would make
the evening so beautiful and filled with great joy
because you are my best friend,
my Angel, and my hero with whom
I share the most special and amazing bond.
I want to spend this evening
and all of eternity with magical you.

Now my sweet darling with all of
the hard parts done we can sit back
to relax holding each other this evening.
I just want to feel your soft tender touch
as I feel your body next to mine
while I snuggle with you so very close.
I want to get cozy with my only one
and continually reassure that
I'll never leave you sweet dear.

You are my hopes and all of my greatest dreams
and you my sweet darling mean everything to me.
I love you my Angel and want to
gaze in your eyes getting lost in your beauty
while letting you know you are appreciated
immensely cared for and deeply loved.
I just want to spend a beautiful evening
with beautiful you in each others arms spending time.

Michael P. McParland

Love Note 538

A very good late afternoon to you
my beautiful sweet Angel dove,
I hope your day has been good
and has been filled with sunshine
warming you with all of the
loving strength I send to you in full,
I love you so very much and want you
to always feel safe and secure
with no doubts about how much I adore you.
I will always stand by your side
my hand within yours smiling
so proud and lovingly at you.

During my very long and at points
restless sleep I dreamed of you
through most of it.
I could feel you so close
and all of you caring strength and lo
and it comforted me making me smile.
I thank you so much for all
of your deep loving care,
you truly fill me with joy
because of the wonderful person you are.

So my sweet love I am now
about out of the door to get my new computer.
Wish me luck my sweet one
that I'll find a good one.
I love you so much and will be
sending you sweet kisses
along with all of my warming strength.
I will write you as soon as I can
after getting my computer set
so know that I am with you
holding you so very close
and giving you the biggest smile
my sweet Angel dove.

Michael P. McParland

Nighttime Kisses

Now as it soon nears bedtime my love
I would love to sit here quietly with you,
talking along as we read to each other too,
but most of all I want to give you
nighttime kisses so good while I
hold you so close so you will feel
so safe and deeply loved.
Let's wind down the night as I shower
you in kisses my sweet Angel of light.
Big smiles with kisses while we hold each other
would make this the perfect night with my only one.

With light pecks on your neck
to start off then deeper kisses of
tender passion still on your neck
before I move up to your cheeks.
Then to just hold you while kissing
your lips would be so fulfilling and warming
giving us both such big loving smiles.
I love you my darling and want to
wind down with you by my side
spending time and sharing wonderful
and loving nighttime kisses throughout.
I want my Angel who fills me with
light and joy to sit and talk to
as well as just give you the most
tender and passionate kisses straight
from my very heart and soul.

Michael P. McParland

Tender Smile And Loving Looks

I have for you the most tender
smile and loving looks,
just close your sweet sparkling eyes
and see them as you feel
the gentle and passionate kiss I send as well.
Be filled with all of my warmth and strength
which they hold in full.
My heart overflows with deep caring
true love and deep tenderness for you
and I send to you this loving smile
with the most tender passionate kiss
and never ending loving looks
to say I love you sweet Kira
you are truly the very best.

Michael P. McParland

Catnap, Your Eyes

Right now my sweet one
before I catnap for a short while
I first want to look in your eyes
and be hypnotized by the wonder
and beautiful loving soul I see inside.
Your eyes are so gorgeous and as deep
as the ocean and I want to drown
in your beauty my precious Angel.
Before I lay down I just want to pull you in
and tell you I love you as I look
into your eyes revealing all of myself
for you to see as I get lost in your
divine beauty my best friend and true love.

As I am now about to close my eyes
in a few to catnap for a bit
I will be dreaming of you and sending
the sweetest of kisses with giant hugs too.
I will be thinking of all the things
I can't wait to tell you as well
as all the wonderful things I want to
spend time doing with you.
I just wish before I lay down I could look
into your gorgeous sparkling eyes
and tell you I love you as I get lost in them,
I would just love to gaze in your eyes
and give you the biggest smile before
I gave you the biggest kiss so very
tender and deeply passionate.

Michael P. McParland

Aching Quiet

It is another quite late morning here
and in the midst of being busy
the silence and loneliness are getting to me,
I miss you so much and my heart so
badly aches and I truly just long
for your company and your soft touch.
I long for your Angelic voice with
your loving wisdom filled words
and I long so much for our conversations as well.
I miss you my dear and I fiercely ache
to share a fine day with my true love
and tell you how much I truly love you and care.
You are a diamond in the rough
and my beautiful best friend I adore,
believe in, and trust.

I miss you so much and that makes
the quiet far worse,
one of the very few things that helps
is to just look at your picture and know
in the faith that I have I will see
your beautiful smiling face once again.
It helps ease things a bit because with it
as ever I feel all of your love, your care,
and deep warming strength fill and surround me
as well as your sweet kisses and hugs.
Still though the quiet is overwhelming
and I truly ache to be with my gorgeous lady.

I miss you sweet Kira and long to see
your bright shining smile as we talk
and snuggle together.
I love you so deeply my Angel everything
and I just want to share all that life
has to offer with you as we celebrate the best times,
supporting and helping each other
through the tough and challenging times.
You are so special and so truly wonderful
because you are you and that is

an amazing woman.

You fill me with joy and you fill me with hope,
you give me want and a reason to live.
I love you my best friend and yearn to be
holding you closely and serving you
in true love totally.
I miss you babe and I so deeply ache
because you are the greatest
and my love for you exceeds all words.
Just know that a huge part of me
is missing without you sweet dear
and I promise truly that I'll always stick be you
never leaving my beautiful darling.
We share such a strong and beautiful blessed bond
and I don't ever want to lose you
because to me you truly are the worlds beauty.
I love you my sweetie and will forever
because you are my soul mate
and the only woman I truly love, adore,
and want by my side forevermore.

Michael P. McParland

Good Morning (Your Touch)

A very good morning to you my sweet dear
and before I go get in the shower
I wanted to kiss you and give you a big hug,
ask if you would like to join me now
just holding each other kissing and smiling
as we held each other feeling relaxed
and comforted standing under the water.
I would love for you to join me first helping
to get my head shaved just giving this day
the perfect start together being so close.
I love you my sweetie and wake you this morning
with this sweet kiss and big hug
asking and hoping that you'll come and join me.

Dear I want and need your soft touch
to feel whole and complete.
It is truly only your touch that I seek
and want to start this morning off
feeling your beautiful soft and pale skin
right next to mine as we gaze into each others eyes
with big smiles that say I love you babe
without a spoken word needed.
I so very much want to start this morning
with my gorgeous Queen Kira
holding you so tightly to me letting you know
how much I care for and adore you
and that you are appreciated so deeply.
I am thankful for you my sweet beautiful Angel
and I give you this great big passionate kiss
with a huge hug to help start our day
so very bright and on the right foot.

So again I wish you a sweet beautiful
good morning babe with this big hug
of deep warmth and a huge kiss of pure love,
I want you to join me this morning
here in my arms and spending time.
I will be thinking of you as my heart
calls out and sings to you all of

my very favorite love songs.
I will be by your side the whole day hand in hand
because you are my best friend, true love.
and amazing hero whom I'll love in full
and want to be with forevermore.

Michael P. McParland

Night Note 214

Hello my sweet dear
and very good night to you
my gorgeous Angel so wonderful and rare.
I have finally risen from
my somewhat long rest
and before I must get going
on the last of things that I have left
I truly want nothing more than to
spend a short while in bed next to you
waking up totally and in full,
a nice snuggle with the sweetest of kisses
then a bit of food on my very empty stomach,
then my sweet love a refreshing shower
to wash away the last of the tired.
How I wish you could join me here
through all of it because I so long for,
want, and yearn for you my dear best friend.
I ache so much and my heart calls out
to yours to reassure you always
that you're truly loved.
I wish you were here so we could just
have a good time
talking, hugging, kissing, and smiling
while getting all that needs done
and then some relaxing.
Being with you is what would truly
make this a good night for sure.

So my sweet love feel my arms
so loving and tight around you
as I reach out in spirit to hold you
and give you soft caresses with the sweetest of kisses.
I would give anything to lay here
with you for awhile before I got up
and got moving on what I need to.
I love you my sweetie and never forget
that you are not alone and you never will be
for I will never leave and abandon you.
God bless you my Angel for you truly are

the most beautiful and sweetest of treasures
and I simply cherish and adore you to no end.
Have a good night and know that I am
smiling upon you so big and bright
because you are my Angel
and the most wonderful woman.

Michael P. McParland

Catnaping Off And On

I have been catnaping off
and on my sweet love as waves
of tired wash over me
and when I close my eyes I see you
which gives me a big smile
even though I am aching very bad.
When I close my eyes and see you
smiling back with that big beautiful smile
you always gave to me,
the smiles that to each other said
I love you my best friend and I always will,
then I wrap you up in my arms
To give you gentle and tender kisses so filled with care.
Catnaping off and on my sweet dear
and it is you that I see in my dreams,
it is you that will help give me the
motivation and strength tonight to finish
the rest of what I must do with all
the sweet love that you send.
So as I close my eyes again to catnap
a bit more I send to you millions of smiles
and sweet sweet kisses that hold
all of warmth, love, and strength.
I love you my sweet one and yearn
to have you right here by my side spending the night.
So as I catnap now I will be wearing a smile
and it is a special smile
because it's one that you gave me
my sweet beautiful and adorable lady.

Michael P. McParland

My Beautiful Shining Star

Oh my beautiful dear shining star
where are you and how are you
doing right now?
I truly do worry about you ever so much
and so very much need to know
how you are and if you're okay.
I want to be able to wipe away
all of your burning pain filled tears
while I just hold you so close
rubbing your back and stroking your hair
while I reassure you I love you
and that I am right there whenever you want and need.
You are my shining star so filled
with light and love and I worry about you
because I love you so much and you
truly are a special soul.

You are my shining star and you
make me feel handsome and so very special
and I want to make sure you always
know that you are so wonderful and beautiful.
I fear that you don't truly see just
how amazing you are my sweet lady
because of how others have so badly
mistreated and not appreciated you.
So I want to know just what a bright shining
star that you are and that you have
saved my life with your love
my best friend by giving me reason to fight on,
I will always fight on because
I want those special days with you
and to just make you happy and smile
everyday through eternity.

Kira my love you truly are my beautiful
bright shining star and I am so very concerned
always about how you are doing
and just how you are.
I know that your heart hurts just like mine

and I want to help heal all of your
cuts and scars that others have given you
along with the ones that I gave and am
so very remorseful for.
I love you my Angel for the amazing
person you are and how you have touched
my life, my heart, and my soul,
to me you truly are the universe.
I will always stand by you my shining star
because I adore you my lady
and want you to always know you're not alone
and that I would do anything you need
and want to be happy.
I will always be yours and yours alone
my sweet lady because you are my
beautiful shining star whom I give
myself to completely and totally.

Michael P. McParland

To Have And To Hold (Good Morning)

Once again my sweet love it is
such a cold morning outside,
to have and to hold you in my arms
as we start the day would
be truly perfect and amazing,
to start this day with you so cozyed up
is what would truly make this morning so good.

First to just talk and snuggle for a little while,
then to shave my head and jump into
a wonderful warm and cleansing shower,
to have and to hold you smiling at
each other standing under the relaxing
and refreshing flow of the water.
I just want you to be here to have
and to hold as we spend time together
and help each other with all that we need
as the day goes.
Seeing you as I awaken is what
would truly make this day and every
other one so very special.

So I wish you a very good morning
my sweet precious Angel
and take comfort with me in knowing
that our dream will truly happen.
To have and to hold you is what I am wanting
to always keep you safe, warm, proud,
and truly happy.
I love you fair lady and long to be
with my best friend through all eternity
to have and to hold always giving my best
and my everything will all of my
caring love letting you rest assured always
that you are cared for and appreciated
to no end in full.

Michael P. McParland

I Miss You Dearly My Angel

I miss you my sweet darling Angel
so very dearly and I long so much for you
I ache in my entire body,
to be able to sit with you and hear
your sweet voice as I look in your eyes
and am hypnotized by the beauty you hold.
I miss you my Angel so very much
and when I lay down for a bit in a few
I will be dreaming of you wishing you were
here in my arms wrapped up so tight
both of us feeling so cozy and comfy
knowing everything is alright.
I miss you dearly my Angel of light
and send you sweet kisses to let you know
that I love you so much and would
do anything for you.
I miss you my one and ache to feel
your soft loving touch as we slide
under the covers and I look at you
to say I will always be yours my sweet
beautiful Kira and will love you forever,
and then give you the softest caresses
as I give you the most tender and loving kisses.

Michael P. McParland

A Quiet Night Dreaming

It is a very quiet night here
my sweet precious Angel of light.
As I have gone about doing the things
that I need to and have relaxed as well
I have been thinking of your beautiful smile,
your sparkling eyes, and your Angelic voice.
I have been thinking of conversations
and good times we shared to help
make this night so less lonely
and to make me smile.
I have also felt you so near
being filled and comforted in all
of the loving strength and care that you send.
It is such a quiet night dear and I wish
you could be here with me
spending good time and enjoying ourselves
with the best friend we so adore and love.

It is so quiet my dear and I still have
quite a bit left to do,
but as I sit back right now to relax
for a few I just want to look in your eyes
and tell you I love you and you're the best
before I kiss you so passionately
and deeply upon your sweet lips,
I just want you dear and all the loving care
and great company you give
as I give you all of my loving care
and deep warmth as well,
it's a quiet night love and you are
in my many thoughts as I wish
you were here as I reach out in spirit
to say I love you sweet dear
and am right here waiting for you.
God bless you my Angel these quiet nights
will be perfect to spend with you
because being with your best friend
who you share such a strong bond with
truly is the best thing that one could have.

Michael P. McParland

Evening Note 112

A very very good evening to you
my beautiful sweet Angel dove.
I know you are probably upset and worried
wondering just where I have been
and I promise sweet one I have not
forgotten about you or have
been brushing you off my dear,
I could never forget my Angel so good
and nor would I ever brush off
my only one,
I was busy early on in the day
and then around noon lay down for a rest
and feel fast asleep until just a little bit ago.
I will never leave you my sweet dear
and please always remember that
is pure truth.

I still have a bit more to accomplish
my darling and I wish you were here
to just talk with me while I am
running around doing the last
of these things,
but first to just sit back and join me for dinner.
I love you my lady and want
your sweet company and you to hold
in all of your pure beauty so true,
a night to spend relaxing together
after I have finished up all that
I need to.
I long and yearn to be in the arms
of my gorgeous Kira and be holding you
in return my Queen so amazing.

So have a very good evening
my sweet precious dear and remember
that your Michael loves you more
than anyone or anything.
You are a rare treasure I so truly
treasure and cherish

because you really are an amazing
and very beautiful woman so very magic.
I see and can feel all of the love
and deep care you are holding,
and I truly adore and admire you
my sweet darling Angel.
I am sending you huge hugs with
all of my strength and the sweetest of kisses
so wrap up and be filled with
all of my warmth and love my sweet lady.
My heart sings to you as I go about
this evening doing all that I need to
so listen closely and feel comfort
as it tells you just how very much
I truly love you.

Michael P. McParland

Sweet One 12

You are my sweet one and so very special.
Without you around life is so
empty and dull the world in whole
by far is very less beautiful.
You are my very best friend and amazing Angel,
you are my shining star and cherished diamond.
You are my sweet one and I love you to pieces
because you truly are a gift from God
who's so incredible.
I adore you sweet one and long to be with you
through all time because you are
my true love and gorgeous hero.
You are my sweet one with whom I want
to give all my love and share everything
because you have touched my soul
and you make my heart sing.
You are appreciated my sweet one I promise
and you truly are worth it because
I truly love you unconditionally and undying.

Michael P. McParland

A Cold Morning (Warmth With You)

A very good morning to you
my sweet sleeping beauty I so adore.
It is a very cold morning outside
and to help wake you this morning just right
I lean in to kiss you so passionate and deep
as I then take you into my arms
and to help keep you warm hold you so very tight.
It is a very cold morning outside my sweet love
but inside our hearts, souls, minds,
and arms it is eternally warm
and I want to spend this cold morning in bed with you.

A very very good morning to you
my sweet beautiful one and the best cure
to a cold morning is being in the arms
of your best friend and only true love.
So I send you these kisses to shower upon you
with these great big hugs to snuggle in spirit,
I love you my Angel and want to just
hold you while talking on this very cold morning.
You are the greatest and truly my everything
so I just want you to give all my best to
and start this day right by once again
letting you know I'll always stand by you.

Michael P. McParland

Sweet One So Beautiful

Sweet one so very beautiful
and so filled with pure love,
if I could have just one wish right now
it would be to have you here in my arms.
To spend the whole night in the company
of the Angel I so love and adore.
Sweet one you are what's missing
that would make this night so very good.
Sweet one so beautiful I just want you to know
that I love you more than anyone
or anything in the whole universe.
If I just had that one wish it would be
to have you here in my arms
sharing sweet kisses while spending time.
Sweet one so beautiful you are my dreams
and your pure and true love
are such a blessing and gift I'm so thankful for.
I love you my sweet one and will always be yours
because I've loved you since
the beginning of time and all through
eternity I know that I will.

Michael P. McParland

Millions Upon Millions Of Smiles

I have for you my sweet one
millions upon millions of smiles
with sweet loving kisses
and I send them all evening and night
in full to shower all over you.
I send you these millions upon millions
of smiles with kisses so very big
because you are my Angel
and I have truly loved you since we were kids.
So wrap up in all these kisses and smiles
and be so deeply warmed by the
unconditional and undying love of your Michael.

I send to you love the millions upon millions
of huge smiles with passionate kisses
to say I love you my dear more than anything
and thank you always for all of your
unconditional undying love,
for your great care,
for always being your wonderful self,
and I thank you for being my beautiful hero
and soul mate best friend.
I love you sweet one to no end
and I send you these millions upon millions
of sweet kisses and smiles to shower
over you this whole evening and night
as well as all time.

Michael P. McParland

Love Note 537

A very good afternoon to you
my beloved and beautiful sweet Angel dove,
I pray that your day has been good
and you have felt me beside you
my hand firmly and lovingly within yours.
I love you so much and I always want
to feel all my strength and deep care
warming you because you are
so special and my best friend true love.
Please don't cry my dear Kira
because I am still here for you
and I always will be because you're
all I want and you're my everything.
You truly are the worlds beauty to me
and I just want you here in my arms
spending not just today with each other
but spending eternity filled with pure joy,
I want to be with the woman
I love and adore forevermore.

As I get up now and get moving again
on the things I need to do my sweet dear
just close your sweet sparkling eyes
and see the deep loving looks I always
gave to just you as well as my big
loving smile that you give me dear.
Feel deep warmth and strength as I send
it your way along with these millions of smiles
and sweet kisses I give to you all over.
Have a great day and remember my Angel
that you are truly and so deeply loved by your Michael
and I am right here for you
waiting to tightly hold you telling you
you've been so deeply missed
and that you are my only one and true love
as I give you the sweetest, most passionate
tender kiss.

Michael P. McParland

Night Note 213

A very very good night to you
my sweet love and I pray
you are smiling and doing so well,
as I am about to finally get to
doing some of my chores
I wanted to send you sweet kisses
and tell you I love you once again.
It is a very lonely night here
and no matter what I do to keep
my mind busy and entertained
nothing can match having your
best friend to talk to,
to hold, to just spend time with in full.
I am so in want of my beautiful one
to just look upon gazing into your eyes
showing you all I hold as I tell you
just how special and wonderful you are.
What a lonely night it may be for me
but I so hope it is good for you
as you feel all of my loving warmth surround
and fill you with my strength as well.
I love you more than anything
and want nothing more than for you
to be smiling in pure contentment
and true joy.

So my sweet one I wish a very good night
to sweet beautiful you
and want you to know that as I finally
get myself going here in a minute or two
I will be smiling as I think of you
my beautiful Queen so wonderful and good.
Know that I am with you smiling
and holding you so tight to me.
Kira you are are a gem and my everything
and there isn't anything I wouldn't
do for wonderful you.
Feel me so close and know that you can
always reach out because I am always yours

and yours alone forevermore no matter what
through all time because you are the
only one I'll ever need and want
my sweet Angel dove I truly adore.

Michael P. McParland

A Lonely Longing Night

It such a very lonely night here
my sweet sweet beautiful dear.
After dinner I took the shortest one hour nap
and now I just lay here on the couch
lost deep in thought and a tad bit of anxiety as well.
I am feeling so lonely sweet one
and just want you sitting here with me
holding hands before I finally push myself
to get up and start doing the few things I need to do.
I want your company and beautiful smile
to light up my night while I tell you
I love you dear.
It's a lonely night and I need my one
to wipe away the tears that have been poking
at the very corners of my eyes.

Oh my sweet dear it's not only
a lonely night but a lonely stretch of time as well,
time I want to fill sharing with you
sharing all the things we love,
healing each others hearts as we talk
and just reassure the other that we'll always be there
for one another through all time.
God bless you my sweet girl for you
are a gem and these lonely nights are made
for true loves and best friends to be
in each others arms giving and feeling
deep comfort only such a bond can give.
It is a lonely night here sweet Kira I so adore
as I lay here all alone longing
for your sweet kisses and warm hugs.
It truly is only you I need my sweet one
because you are the Angel I want and pray for
always and in every way.
You are my shining star whom I adore
and appreciate and I love you more anything.

Michael P. McParland

Please Come And Join Me 3

Good evening my sweet Angel dove
and please come join me for a wonderful
loving time in each others arms.
A Sunday evening and soon night
to share a late dinner and close time
talking, reading, watching a film,
and listening music we both so deeply love.
Please come and join me my sweet dear
Angel sent as a blessing and gift from above.
Come join your man who loves you so much
so we can be so happy as we escape
the world around us into our own
where true unscathed beauty exists
because of sweet loving you.

It is so lonely here my sweet one
as I have had no company
and yours is that which I truly want
and seek in its deep loving care and peace.
Please come and join me to share
this wonderful late dinner still in the oven
so I can see your joy as you partake
and you can take joyful peace knowing
you are appreciated and so deeply cared for.
Come and join me so we can both just enjoy
the company and loving warmth of the one
we so truly love to no end.

So my sweet one come join me
by cozying up so very close while I
wrap you up in my arms to just feel
your deep love as I give you all of mine.
Please come and join me my sweet Angel dove
because you are my perfect one
and all I want is to see you,
share your sweet kisses,
and feel your loving arms around me.
Sweet sweet girl you are all my brightest
and truly amazing dreams and I am yours

alone through all time because I only
have eyes and a heart for you.
Please come and join me so soon
because it is so hard without you
and it really is true that it never gets better
without your best friend and true love
right by your side to just be with through all.

Michael P. McParland

You Are My Beautiful Girl

You have always been my beautiful girl
and most treasured true love.
I adore you well beyond the ends of the earth
and want to forever hold you so very close.
Spending eternity as the most loving
best friends as well as husband and wife
is the greatest dreams that I have
because I would forever be with you
my dear precious Queen.
You are my beauty, my Angel,
my Kira supreme and to me you truly are
the most wonderful and shining beauty in everything.
I love you my dear sweet one
and adore you for being yourself my sweetest Queen.

You are my beautiful Angel, hero, best friend,
and by far my most beloved soul dear sweetie
and I want nothing more than to be with you
side by side hand in hand,
arm in arm through all eternity knowing
we're with the one whom we love most unconditionally
and loves us the same way in return,
that we're with the one who'll keep us safe
through all time my sweet Angel dove.
You are my beautiful girl and I want you
to know you are loved and adored to no end
for you are my shining star and only one through all time.

Michael P. McParland

Good Sunday Morning Sweet One

A very good Sunday morning to you
my sweet beautiful true love
and after only being able to achieve
but a very few hours of restless
and difficult sleep the first thing
I wanted to do after deciding to just rise
is send you the biggest of smiles,
sweet kisses, and warming comforting
Sunday morning snuggles that lift the heart.
Good morning to you my sweet Angel dove
and God bless your sweet heart of gold.

I would love right now to just spend
this time in bed with you wrapped up
in each others arms before I get up
and try to take care of a few things.
I am still so very tired and will soon enough
lay back down to try and get some sleep
that does the mind and body well.
For now though to just lay next to you
is what this man needs in every way
to make me feel whole again
and just filled with pure joy as I say
thank you Kira for everything you do
and give to me.
I truly am the luckiest man there is.

So my sweet sweet Kira so beautiful and good
I wish the most beautiful Sunday morning to you.
I am still so very tired and before I get up
I want to hold and kiss you talking for awhile,
then as I try to get a few things done
just share each others company,
then sit back enjoying a quiet Sunday
before I lay back down to get good sleep
with I pray you so tightly in my arms.
Have a great day sweet Queen
and know your Michael is with you
giving the most loving looks and smiling.

You truly are my everything and I love you
more than anything my sweet girl.
God bless you for being so good
and the amazing woman you are.
Good sweet Sunday morning to you my beautiful one
and my hand will be in yours the whole way.

Michael P. McParland

Goodnight My Beautiful Angel 2

I am so so very tired my sweet one
and am very much ready for bed,
please come and join me letting me
wrap my arms around you while you
rest your head on my chest
and I'll stroke your hair and rub your back
while we lay there smiling feeling peaceful and content.
Come my sweet one and best friend
get so cozy with me as we go to bed.

I am so tired but fighting sleep
because I just want you here next to me
and without you relaxing in full
can truly be so very very hard to do.
So please my sweet one come lay
next to me and we will wrap each other up
in each others arms feeling so loved,
safe, and in full warm as we snuggle and kiss
the rest of our waking hours away
being so happy with our Angel soul mate.

God bless you my sweet girl and know
tonight and while I sleep that your Michael loves you.
Know that I'm always yours and forever will
stand by your side holding you close
and holding your soft tender hand.
Please my sweet one come join me in bed
so we can both feel deep peace
and as we fall asleep say I love you babe
and I always will because you are my Angel
and my everything.

Michael P. McParland

Night Note 212

A very good night to you
my sweet precious Angel of light.
I closed my eyes not long after
I very last wrote all wrapped up
tight in my robe and dreaming of you
and I fell fast asleep for the last
number of hours my dear.
I am so very sorry I was so quiet
and I pray you felt all of my loving
warmth and deep comfort surround
and fill you for in my dreams
and no matter what I am always with you.
So now as I sit here and finally fill
with food and a few beers my fat belly
I wish you could be right here by my side
and in my arms to join me
as together on Netflix we watched
this comedian I love to laugh together,
as well as so sweetly snuggle
and share loving kisses.
I just want you here my sweet beautiful Kira
to spend time with and feel
so joyful and peaceful.
I just want to be arm in arm
with my divine Angel.

So my sweet Angel I wish a good night to you
and want you to know just how bad
I want you here in my arms
sharing sweet kisses, snuggles,
laughs, and a few beers as we enjoy
the night like we so want.
I love you so much and as I go about
doing the things I want and need
to do tonight I will be thinking of you
and brightly smiling,
feel all the loving light that I send
within your gold heart and know that
your Michael cares for you above all.

I love you my Angel and Queen of all
wonderful things and I can't wait
to hold you so close to me.

Michael P. McParland

Wrapped Up Tight Saturday Night

Wrapped up together so tight here
on a very cold Saturday night.
A night to spend in each others arms
not going out for sure and not getting up
out from each others arms and under
the blankets my dear unless we need to.
It is so cold and I want to wrap up
with you on this Saturday night
feeling so cozy and warm as I shake off
and get past the last of this sick.
To just lay back and talk as we relax
would help me continue to get feeling better my love.
A Saturday night wrapped up so tight from
the cold is just what I so want and need
with beautiful you the woman and best friend
I so truly love and adore.

Michael P. McParland

A Saturday Evening In

A very good evening to you my sweet dear
and now with the game done
what a wonderful thing it would be
to spend a Saturday evening in with you.
For me to cook dinner here for us shortly,
since as I got up part way through the game
I didn't have the chance to take out anything.
Then for us to sit back with a few beers
and watch some of the evening games
before cleaning up and then snuggling so tight
while we read and watch a film.
I want nothing more than to be with my Queen
spending a beautiful evening in.

After a night spent being quite sick
all I need is my Angel here with to spend
a good evening relaxing and smiling
as we feel so content and filled with peace.
The thought alone fills me with such
deep endless hope and pure light,
I feel elated for that day that will come
when me and my Angel will be in each others arms
spending great loving Saturday evenings in
spending time with the kids and just us.
In my heart I so deeply long and yearn,
my heart calls out to you sweet one
asking you to come so soon to spend
these evenings in each others arms forevermore.

So my sweet one as I soon get up here
to cook dinner and do all I need
I send sweet sweet kisses and huge hugs to you.
Have a good evening and dream with me
of the beautiful ones that will soon be.
The dreams of you and holding you close
are what are keeping me smiling this evening,
after being sick last night you're all I want
to make all things better my dear.
A Saturday evening in with you is the thing

of true beautiful dreams and heaven
and I want to spend them with you
the woman and diamond Angel I love
and adore more than anything.

Michael P. McParland

A Tired Friday Night

A tired Friday night my stomach is hurting
and I wish I could just curl up next to you
before we go to bed in a little bit.
I am still eating to keep up my strength
but still do not feel well and want nothing more
than to cozy up with you while we listen to music
and perhaps watch a movie while you
rub my face and head telling me everything is okay.
I just want to curl up next to you
on a tired Friday night to relax and feel much
better than I do right now and rest my head
in lap saying Kira you are my Angel and I so love you,
you are my everything and I want to spend eternity
with only you as your husband always so faithful
serving you.

Michael P. McParland

Love Note 536

A very good late afternoon
and soon evening to you my beautiful dove.
I hope your day has not been
to hard and above all I truly pray
it was a good one,
I fear though it was a bit of
a struggle as mine was yesterday
and I spent the whole day in bed recovering
from the bad anxiety and deeply
emotional state that bipolar
puts you in from time to time,
I wrote you as soon as I could
as first I had to get the cats their dinner
and get mine cooking since I
barely ate yesterday and my stomach
is very badly grumbling.
I pray that you remembered I am
always there with you holding your hand
giving you sweet kisses and all
of my deep endless warmth,
I hope you felt my arms around you
and heard my voice as I whispered
in your ear babe you truly are
my everything and I love you more than anything.
You truly are my hero, my best friend,
and only one who I cherish
and adore to no end.

I hope you have the most wonderful
evening my love and do look out
for the email I will shortly send,
I truly love you so much my darling one
and have struggled so hard
without you to talk to
and to have right here by my side
and here in my arms.
I wish you were here to join me
for the dinner that is now done
and a beautiful evening in each others arms.

I miss you so bad Angel I so love
and can't wait to have you here in my arms.
You are everything I want and everything I need
and I will always be yours waiting for you
no matter what no matter where.
I love you my Queen
and I always will.

Michael P. McParland

My Beautiful Sweet Angel

Sitting here my beautiful sweet Angel
unable to sleep despite the fact
that I feel so very worn out
and I am listening to Falco to
relax my heart and spirit with thoughts of you
as I also feel all of your loving warmth,
care, and deep strength surround me.
Still from all the exhaustion and anxiety
I feel like crying and want to be in your arms
as we pass this night.
How I want you my beautiful Angel I adore
and lovingly admire right here by my side
to see the light you provide on this night
and feel the endless joy and hope
you fill me with in all your unconditional love
that you hold within your golden heart.

My beautiful Angel you transcend
all words of which I can truly describe
my deep admiration, respect,
and true love.
As I sit here unable to yet sleep
there is no one else I'd rather have here
to talk to and reveal all my true feelings to.
My beautiful Angel you are a gift
and blessing so truly divine and good
and as I sit here right now trying so hard to relax
I think of you to feel calm and smile,
as I also reach out to you to say I love you
my sweet precious dear
and you are my beautiful sweet Angel dove
whom I will stand by forevermore
and be yours and yous alone for all eternity.

Michael P. McParland

Love Note 535

A very good evening to you
my gorgeous sweet Angel dove.
I am feeling run down right now
after the anxiety and before I lay down
in a while my dear I would just like
to sit back with to relax
and know everything is okay as we
are wrapped up in each others arms
and spending quality time,
I just want my Angel here to give
comfort to each other as we
hold each other so very near
and smiling at each other in pure
care, light, and deep tender love.
I am worn down and still trying to
shake off the last of my anxiety
and my sweet precious Kira
is the only one I want right here with me.

I long for you my sweet dear
and send you sweet kisses and hugs
so very big and deeply warm
for I want to provide you with as much
comfort as I possibly can.
I want you here with me
to spend a wonderful evening
chasing away all stresses, sadness,
and anxieties away for each other.
I want to always be your
hero and Angel as you have been mine
forever my darling and just dry
your tears while I hold you so closely
letting you know that I'll never leave you.
I am so worn down tonight my sweet darling
and I know that you are also hurting
and I just want us to be spending time
forgetting the outside world
as we enjoy ourselves while healing.

I wish you the most beautiful of evenings
my sweet beautiful and adorable Angel
and I wish we could be here together
tonight to provide deep peace
and full reassuring comfort for each other.
I so treasure you my beloved sweetie
because you are a diamond in the rough,
a truly rare and special treasure.
I've always loved you since the
very beginning and I know without a doubt
I will for all eternity.

Michael P. McParland

A Great Big Hug Of Comfort

I send to you my dear sweet one
a great big hug of pure love and warmth,
a great big hug of comfort for us both.
My anxiety is up and I don't know why
my sweet love so having you in my arms
and yours around mine will give me peace.
And I want to give you deep calm
and reassurance my dear that I am right here
and right there beside you.
I send a huge hug of strength and encouragement
to fill you with light and deep joy,
remember sweet one I'm always with you.

I send to you my dear sweet one
sweet kisses as well.
Sweet kisses of unconditional true love
I feel for you and I am comforted
knowing you feel the same thing for me.
I send these kisses and big hugs
full of deep warmth and comfort
because sometimes it is just needed.
I just want to tell you I love you so deeply
and send a great big hug of warmth
because I just want to hold you.
You are my Angel and I always want you
to feel safe, cared for, and looked out for
because I'll always be right there when you need me
to call on or reach out to.

So I send to you my dear sweet one
a big warm hug of deep love, warmth,
strength, and comfort.
I love you so deeply and want you
to know just how much you mean to me.
Tonight I am also in deep need of your comfort
and holding you while giving sweet kisses will help me.
You are my Angel and bright shining star
that fills me with hope and joyous reason
and I just want to share this big hug

of pure warmth with my true love and best friend.

Michael P. McParland

Longing Afternoon Dreams

As I have been lying down
and resting for a good while
I have been filled with longing
and loving dreams of you my sweet girl.
Dreams of sharing all that I want
to tell you and listening to you
as you share all you've held
and all you want to as well.
Longing dreams of all the fun things we'll do
as we just spend time like we both want to do.
As I dream of you I smile so big
and am also longing for the Angel,
true love, best friend, hero,
and soul mate I so adore and share a bond with.
I miss you sweet dear and long to
hold you so close to me reassuring you
of all my dedication, care,
and deep tender love as I give you sweet kisses
and the most sincere of loving looks.

I am filled with such longing dreams
even as I sit here awake for now
and I yearn so very much to read your words
and to hear your sweet voice.
I can feel all your love and it truly does
warm and comfort me so very much,
but it would be so much to have you
right here by my side holding each other
and spending time.
I long for you because I love you more
than anything and I just want to
give you all of my love
and serve my Queen just as you deserve.
I long for you darling because you are so special,
a true gift and blessing for whom I'm so thankful.

Michael P. McParland

Good Morning Beautiful One

Good morning my beautiful one
I've not yet been to bed
and wanted to wake you with
this sweet kiss and big smile,
I wake you with these to start your day
off so very bright with sunshine
and to say I love you dear one
more than anything.
Good morning beautiful I want to
start the day by spending the morning with you
by serving you your hot coffee
and then sitting up in bed while
I hold you so close and we softly talk
as you wake up.

Good morning my beautiful Queen
and seeing you is how I want to start every morning,
rather I have been awake through the night
or getting some good sleep hopefully
dreaming of us.
I want to see you first thing to say
good morning Kira my best friend
I love you so much.
I am filled with true joy to have you in my life
and I want to start everyday
and end every night seeing you smiling
right by my side so I can pull you in
for the biggest of hugs and the most tender
and sweet true loving kisses.

Good morning beautiful I hope that
your day goes great,
feel me there by your side hand in hand the whole way.
I wake you with these kisses
and big loving smile to fill you
with warmth and start your day with a smile.
I love you my darling and am sending you
all of my strength with all of my care
and deep loving warmth.

I would love to start this day
sitting up in bed snuggling with you.
I am dreaming of that as I sit here my love.
Again my sweet love I wish you good morning
and I am right here for you always
my beloved and divine beautiful Angel,
I will always be yours and yous alone
my fair precious lady.

Michael P. McParland

Mid Night Snuggles And Kisses

As I sit here sweet love on this night
I think of you while I'm reading
and long for my Angel of love and light,
I wish I were holding you as
we kissed and smiled,
just sharing time and nightmare conversations.
I am thinking of you and how great you are
and I am sending you mid night
snuggles and kisses of pure loving warmth.
I send them to you so you will
feel reassured and safe as I say
I love you babe and will never leave you I swear.
I will forever be yours because you are
my sweet Queen and the one I adore,
you're a diamond in the rough
so beautiful, precious, and rare.
I am sending you mid night snuggles
and kisses so very big and filled with my strength dear
so you will know I am with you holding
you and your hand so tightly and closely.
I love you my best friend for you are amazing
and through all eternity you will
my only one and sweet Angel dove.
God bless you my Kira
with your heart and soul of pure loving gold.

Michael P. McParland

Longing For My Best Friend

Sitting here alone on this night
and I can feel all your love
surround and fill me my sweet love,
I long for my best friend to be here
by my side spending time,
to share our company as I do my chores
and then afterward just sit back
and snuggle while we share some
great nighttime conversation
as well as some reading and a movie,
and perhaps my sweet love partake in some candy.
I just want to be with my Angel and hero
being filled with the endless joy.
light, and pure hope that you always give me,
I want to see your sweet smile
as we spend a great night together.

I so long for your beauty and yearn
to share with you all the loving care I am holding.
I want to kiss and feel your soft touch
as you share all that you think and feel
because I want to know all my sweet love
and hear your Angelic voice while I
hold you so very closely giving my warmth.
As I sit here alone about to take care
of my chores I just want so very much
to be with my beautiful best friend
the greatest woman there's ever been.
I love her so deeply and just want
and desire to be sharing each others company
and a close night together.
I just want us to share and enjoy
the light, happiness, and love we give,
feel, and share with one another.
I just long to be with my soul mate
whom I love and adore completely to no end.

Michael P. McParland

My Divine Angel

My divine Angel you are a shining star,
you light up my life and the night sky.
You fill me with joy and you fill me with hope
and I want to thank you so much
for being you, for all that you do,
and all the purely true love you give to me.
I adore you sweet girl and want
to just sit here and hold you now
as I dry your tears and heal both of
our hearts and souls as we smile at each other
and share sweet kisses so very good.

I love you my gorgeous divine Angel
and I want you to know for sure
that you are treasured and appreciated in full,
I so adore you because in all ways
you truly are so beautiful
and I give myself to only you because you are the best.
You are my hero, my best friend,
and soul mate sweet one whom I want
to spend eternity with.
My heart is yours as it always has been
and I will always stand by and serve my sweet Queen.
You are divine and you fill me
with endless joy and pride
and I only want you through all space and time.

You are my divine Angel my only one
and I am right here for you sweetie
with a wide open heart and wide open arms.
I will always give you all the best that I have
because I love you so much
and strive to make you so happy and proud.
I love you my dear and just want
to honor you and treat you as you are
a divine Angel and wonderful woman.
You truly are such an amazing treasure
and I truly cherish and adore you completely.

Michael P. McParland

Love Note 534

A very good early evening to you
my sweet precious beautiful dear.
Once again I am sorry I dropped off
for so very long and I am not sure
completely why I am so very tired,
but I know that it to a large degree
has made me quite happy as once again
I dreamed of you being with me.
I don't remember as much about
today's dreams but that your sweet smile
is making my heart sing,
and as ever how I so long to have you
in person right here by my side
to hold and to spend the evening
and night with having such
a good time sharing sweet kisses
and all that is wonderful.
I can feel though in spirit so close
my sweet one and it fills me with such
deep tender warmth
and I thank you my one for always
being right there and treating me
so very good.

I wish you could be with me sweet one
as I am about to head out the door
to go pick up something for dinner
at the store,
I would love to make something so
special for you because I love
doing special things for my Queen.
I love you my Angel and my heart truly does
long and hunger to just have you
by me and feel your loving touch
as you embrace me.

So have a good evening my gorgeous Angel
and know I am with you
feeling my arms wrapped so tight and lovingly

around you.
You truly are my shining star
and my wonderful hero and best friend.
I truly love and adore you so deeply
and if I knew how to be with you
right here and now I would make it happen.
God bless you my Kira for you are
truly beautiful and amazing.

Michael P. McParland

Deep Catnap Longing

Having been lying down here
catnaping my sweet dear
I am filled with such deep longing
and want to be with you
here in my arms as I hold you so near.
I am filled with such deep yearning
and longing as I dreamed of you
and I just wanted you to know
first of all before I do anything else
that I truly love you so very much
my best friend I totally believe in and trust.
You are my Angel and you are
the true beautiful dreams I so long for
and I want you to know I will forever be yours.
God bless you my Kira you are
everything I hope and dream for
and you truly are the most beautiful woman
and blessing I could ever hope for,
you truly are a gift my dear soul mate.

Michael P. McParland

Night Note 211

A very good night to you
my sweet wonderful love
and as I am finally about to eat
I wish you were here to enjoy
with me the meal I am cooking now.
To just serve my sweet Queen
with true tender love straight
from my soul and heart would
truly make this night so great,
and to see you enjoying it
would fill me with joy
you must see to truly know.
How I would love to start a beautiful
night this way with you.

A night of just coming together
and having such fun.
Watching a movie you have chosen
while we snuggle and kiss from time to time,
then read a bit more
and talk away like we always have.
Just part of the night
I would like to have with my
wonderful and adored best friend,
the best friend whom I've
always loved and will to no end.

So my sweet one as my food
is just about done
I will be thinking of you
sending sweet kisses and huge
smiles to you the entire night through,
be filled with deep warmth
as in spirit I wrap my arms around you.
You truly are so loved and cherished,
you truly are appreciated my
beautiful lady.
Remember I'm with you
and right here waiting for my only lady

because you are my everything
and the only one I'll ever
be wanting and needing.

Michael P. McParland

Missing You So Much

I'm truly missing you so very much
and as I sit here this evening
watching some TV as well as reading
I wish I were with you in each others arms
just spending time doing these.
I'd love to be sitting here and listening
as you read all your poetry,
stories and all works of art to me.
I'm missing you so much my dear
and my heart longs and aches to have you near.

I only want my Angel within my arms
giving you all of my warmth and love.
Sharing all there is to share
feeling peaceful and contented
as well as finally whole as I smile at
and give kisses to my beautiful best friend.
I miss you dear so very much
and each day my love for you grows
stronger in all ways there are.
I miss you babe and want to just
want to hold you close telling you
that it is all okay and you are the best.
I miss you dear and truly love you so very much
because you are the Angel I adore
and I will always keep on fighting for you.

Michael P. McParland

Many Beautiful Dreams

So many beautiful dreams of you and me
during my very long sleep.
I am sorry sweet one as when I lay down
I expected nothing more than a catnap,
I guess I'm still recovering from being sick.
I truly did have so many dreams though
once again of being with you.
We were having good times talking
and hanging out and that is making me smile,
you even got mad at me for a minute
in one dream for a dumb little thing that I did
but then we both laughed an went along.
So right now as I still rub the sleep
out of my eyes and shake it all off
I smile, laugh in happiness,
and cry just a bit in not having you here just yet.

I send you sweet kisses to share
the loving beautiful and joy of these many dreams,
I send you my kisses, smiles, and hugs
to make you smile as well over the
great warmth that they held
and to let you know how much I love you
and how thankful I am for you my sweet Queen.
They were such great dreams
and I know the beauty they held
will one day so soon be here.
I love you sweet lady and will be smiling
because of and for you as I get up now.
God bless you my Angel for you
are a dream come true and I just wish
I could be holding you comforting you r
fully right now.

Michael P. McParland

A Tender Night Kiss

A tender nights kiss I send to you,
a tender nights kiss to make you
feel so safe, loved, warm, and secure.
I send to you a tender nights kiss
because all of my kisses
are filled with true caring love
and they're only for you.
I love you sweet one and want you
to feel it with pure peace in your heart
so I send big hugs with these kisses
that are so passionate
and tender for my Angel so good.
A tender nights kiss the first of a ton
I am sending to you right now my dear one.
Wrap up in its comfort and feel me there with you
as all through the night I send you
tender smiles and kisses.

Michael P. McParland

Spending This Evening

It's been somewhat of a busy day my dear
and after a long weekend of some
frustration and being sick a relaxing
evening with you is just what I need.
To sit back with you in my arms
reading our book and watching a film,
a relaxing evening spent talking
and doing things with you is what
I so want and dream of my dear.

You are my Angel and very best friend
and after frustration and sickness
it is you that helps lift my spirit,
it is you that gives me hope and light endless
and I just want to spend this evening
with you my dear Queen relaxing.
I just love you so much and want to
feel your soft touch as we embrace
just spending a relaxing evening
in pure and total contented bliss.

Michael P. McParland

Smiling Because Of You

I am smiling today my sweet one
because of you and all the loving smiles you send.
They warm me to my core
with all the tender loving care they hold.
You are so very good to me
and I thank you dear for all you do
and all you give to me,
I thank you for being you
the wonderful Angel and Queen I so adore.
I am smiling today after a hard
and frustrating weekend because of you
and all the love you send to me.
You make me smile dear and it feels so very good
to be smiling from the divine love
one of God's my special Angels gives.
I love you babe and I always will
and I send you millions of smiles
with sweet kisses oh so tender
and massive hugs of warmth
to fill you with all my strength as well as
great comfort and loving peace.

Michael P. McParland

Love Note 533

Good afternoon my
sweet beautiful Angel dove.
I am truly so very sorry
I dropped off yesterday on you
and I know you are feeling very worried
and even perhaps upset at me
and I couldn't blame you but please don't be.
I finally ate yesterday right after
I had written you and within
an hour and a half I began
to feel so sick and was laid out
the rest of the day through the night
and after finally getting some good sleep
I am up now and checking in
with you the gorgeous woman I love.
So please feel so safe and secure
as I reach out to pull you in tight
and feel safe and secure always knowing
I am right there with you.

So as I get up to move around
somewhat slowly I have a few things
I must get to and I so wish
you were here to share your company.
To just be here snuggling and spending
such quality time doing things.
I so truly love you my darling
and I promise I will be writing
because you are my Angel
and I want you to always know
you are amazing and my everything.
God bless you my hero
reach right back out to me
and hold me as well through this day
as I try to accomplish all that I need.

Michael P. McParland

Love Note 532

Good afternoon my sweet
beautiful darling true love
and I hope you know I have been
with you the whole day
and felt me right there beside you
the entire way hand in hand.
I love you so very much my blessed Queen.

I have only just arisen from
a very long and very badly needed sleep.
I had many many wonderful dreams
of you that as I get up I feel happy
but want to cry as well because I can't
just reach over and pull you in tightly
right next to and give you all of these
sweet kisses I so want and need to give,
I want to cry in a way because I can't
pick up the phone and hear your sweet voice.
Those dreams though will help me
today though my dear to smile big
and accomplish what I need to.
For as I sit here right now my body
is in so very much pain I can barely
get up and move around,
but all of the loving strength that you send
will help me get through it all
just knowing you faith in me
the man that you love.

Well my sweet love I should attempt
to get up and move a bit right now
to get the cats their treats
and me something to eat as I
never ate at all yesterday.
Just know my sweet love that
I am right here for you
and right there holding your hand
as I smile at you the woman I love.
God bless you my Angel

and never forget you're so deeply
loved and cared for,
because you are my Angel
and the one who has saved my life
giving me hope and a reason to live.
I love you my sweet Kira
and I always will.

Michael P. McParland

Wanting And Needing You More Than You Know

Good afternoon my sweet beautiful
best friend and sweet Angel dove,
and as I sit here you can't possibly know
just how much I want and need you,
I am aching inside and feeling the stress
of some things and it is you
I want to sit with holding you so very tight
within my loving arms giving each other
endless deep comfort and peace.
I am in great need of you and your
sweet kisses and warm hugs that
give me true hope and fill me
with true joy because they're from you.

As I now sit in complete silence
here alone on this afternoon I just
want and long to hear your Angelic voice
and feel your soft caring touch
so full of true and pure love.
I need you more than you can truly know
and words alone cannot express
the tender true depth that I feel for you.
Just know that you're needed in so many ways
for so many reasons my dear
because you are truly appreciated in every way.
I so truly want and need you right now
to feel all of your warmth while
I give you mine and let you know
just how much you are treasured my love.

So my sweet dear as I continue
to sit here just feeling lost
and quite tired on this day
I will be dreaming of you
and finding comfort in all of the
deep loving care and strength you always send,
I can often feel you so very near
and it gives me butterflies
making me want nothing more than to hold you

so close showering you in kisses all over
saying how much I love you
and have missed you so bad.
I will find solace in the true trust I have in you
and knowing you love me so deeply too.
I love you my Kira and want as well
as need you more than you can truly know.
You are my Queen and most beloved
blessed Angel and I mean it when I say
you're all I want and will always be yours forevermore,
you truly are appreciated and I'm thankful for you
and I would give anything to be
with you right now so cozy in each others arms.

Michael P. McParland

Saturday Afternoon Longing

Sitting here on this afternoon
and enjoying the game my sweet love.
Ohio State is winning and the
one thing that would make this early
afternoon perfect would be having
my Angel, the worlds true beauty
right beside me enjoying each other
and all the things we'd be sharing,
I so long for you on this Saturday afternoon
to just be with you and hold you
making all in this world so much better
and far less stressful. Hear my hearts
call as it sings out to you.
Be filled with all of the strength that I send
as my soul reaches out to tell you
I love you and everything will be okay.

So as I sit here enjoying the game
I will be sending you kisses
so deep, tender, and passionate,
feel my hand within yours as I send
you deep peace and comfort.
I am just so sincerely longing for you
my only to just be side by side
hand in hand having the most
wonderful and loving of days.
I'm just longing for you and the
special lady you are my sweet Queen.

Michael P. McParland

Morning Note 203

Good morning my beautiful
darling sweet Angel dove,
I pray you were able to get
some good rest and felt deep comfort
in all the kisses I sent.
I've been reaching out to you
the whole time to shower you
in sweet kisses and all of my love,
my hand has been in yours
the whole way.

Oh my sweet dear my morning
two hours ago hit a big snag,
my computer just died out of nowhere
and I can't get it to reboot
so I am having to handle
all things on my kindle
and if it can't be repaired
I will lose so many important
and meaningful things.
Right now my sweet love I just
feel like crying and wish you
were here because you are my rock
and you always are there
to catch me at hard times.
I miss you sweet lady for
so much in so many ways
and I just want you here
to spend the day and these two weeks
just spending time hand in hand.

So despite the frustration
and sad worry I am feeling
I send you millions upon millions of smiles
with sweet kisses of light
and warm hugs of hope.
I love you my sweet Kira
and am here for you.
I will always be yours and am

always ready to serve and help
my gorgeous sweet Queen.

Michael P. McParland

Mid Night Kisses Of Love And Apology

Feel my arms around you in deep
peace and comfort right now my sweet one,
be filled with peace as I'm reaching out
to give you sweet kisses along with these snuggles
as I apologize to you for drifting off
last night so early and prematurely.
I guess I was so tuckered out from
this weeks frustrations, stresses, and adventures
that I was even more tired than I figured.
Still though my sweet one that is no excuse
for suddenly drifting off on you
and I send you these sweet middle night kisses
of deep strength, warmth, pure love and carry
to say I am so sorry my dear and apologize to you.
Will you forgive me my only one
and we can just continue to relax in each others arms.

Just rest your head on my chest my sweet one
and feel so comfy and cozy as I wrap
you up so tight and lovingly within my arms
that long to have you there,
just know that I care for and love you
as I rub your back and stroke your hair
while we softly talk as we relax.
Sweet love I truly am so very sorry and apologize.
So will you please forgive me my dear Queen?
I am sending these mid night sweet kisses
and warm hugs with all of my strength
and millions of smiles to reassure you
I'm always with you and will never leave you.

Michael P. McParland

Relax With Me Babe

Just sit back and relax with me babe,
I just need a night to wind down with my Queen.
To hold you so tight and look at your smile,
to just tell you you're beautiful
and an amazing best friend and Angel.
Come relax with me babe and do something
very low energy because my mind
is still so very weary.
Please just wrap up in my arms and get
so very cozy and we'll talk for awhile
before watching a movie and sharing sweet kisses
so deep, loving, and tender in their limitless passion.
Come relax with me babe and smile for me
as you rest your head against me
and I'll make you feel so safe and secure
as I reassure you of all my undying,
unconditional love, and that I will stand
by your side in true loving support forevermore.

Michael P. McParland

Love Note 531

Good afternoon to you
my sweet beautiful girl,
I hope you are having the greatest of days
feeling all of my love
and knowing I truly have trust
and faith in you.
Have not a worry or fear
because I will always be right here
for you and right by your side
fighting for you to help you
achieve all that you want
ans always assure that you know
you are cared for and loved.
Continue to smile for me my beautiful Queen
as I am still smiling for you.

I am sitting back now and sort
of relaxing as I also focus
on some tedious tasks,
now that I am done for now with
all that I had to do
I just want to decompress
and feel all the stress go away.
I have been thinking of you
and all the times I'd love to share
as well as the things I'd love to say
as we just spent time
together through the rest of this day.
I have no idea of anything
really specific I just know I want
to be with my Kira so magnificent.

So my sweet one hear my hearts call
and feel my souls touch
as I reach out,
I am so longing and in need
of my only one.
Life without my best friend
even in the best times is still a struggle

and though I am smiling for you
and because of your love
inside there still is a tugging.
I love you my Angel
and so long to hold you
to always peacefully end each night
and the weeks feeling safe,
whole, and complete.
I just want to give you all of my love
and truly make you the happiest woman
in the entire universe.

Michael P. McParland

Your Shining Smile Lights Me Up

Good early afternoon my sweet Angel dove
and I want you to know I am still wearing
the great big smile you gave me.
I am warmed and delighted as I can feel
your bright shining smile all the way here
and it lights up my world making me feel so very good.
I thank you my dear best friend for helping
to make this day go so well,
I thank you endlessly for all of your love
and for just being you.
I will spend all of eternity giving back
to you the best I can in full
striving to be as much of a hero and blessing to you.

Your bright shining smile and love that you send
light up my world and the strength that you give
gives me hope to keep fighting on.
You have the true and total beauty of a great Angel
and you are an amazing woman both inside and outside.
Just know that your smile is brightening my spirit
right now and lifting my heart to the heavens.
I thank you so much and send you sweet and big smiles
in the millions my darling.
Feel my hand within yours and feel peace
because I believe in you and have total faith,
I will always stand by you because I don't share
such a wonderful connection and blessed bond
like this with any other.
I treasure what we have and adore you to no end
and I just want to see your bright shining smile
everyday through all time,
that shining smile which gives me butterflies and keeps me warm.

Michael P. McParland

Good Morning My Beautiful True Love

Good morning my sweet beautiful true love
and I pray you slept well having dreams
of beautiful times of you and me,
I dreamed of you my sweet dove
and it is helping to give me the courage
and strength to face as well as take care of
all of the things I must do.
I love you my sweet dear and send you sweet kisses
so full of deep warmth and care.
Good morning my dear beautiful Queen
and remember I'm with you side by side
hand in hand the whole way,
just reach out if you need me no matter
for what and no matter when.

A beautiful good morning to you my gorgeous true love
and the most beautiful dream of you filled my night.
A dream of deep comfort and warmth,
a dream that soothed me and filled me with peace.
I am wearing the smile you gave to me dear
and I send it to you to light up your morning sky.
Good morning my true love and Angel
and the truly perfect start to this day
would be if I could sit beside you
while holding each other and tenderly kissing.
The opportunity for me to just look right
in your eyes and say I love and adore you to no end.
You will be my only one forevermore.

Dear as I get up right now and wish you
the brightest and wonderful of days
I will be wearing the smile you gave me
and be filled with all the loving strength that you send me.
Just close your sweet sparkling eyes
and see my loving looks with my big smile
to be filled with great peace and warmth
knowing I am there with you and care.
Please remember that I am working so hard
for you my sweet lady and will give you always

my best and everything to make you so proud and happy.
Dear I will be thinking of you as I send
endless sweet kisses and huge hugs as well
to help lift your heart up and fill you
with all the endless warm care that I send.

Michael P. McParland

Bedtime My Dear

Goodnight my sweet one I am so tired.
It is bedtime my dear will you come and join me?
I am so deeply yearning and longing
for my lady and Angel to just
spend time snuggling with and sweetly kissing
so loving and passionately before we go to sleep.
I want to cover you in kisses before I pull back
to look in your eyes so brightly smiling
to say Kira I love you and am yours forever.
I will always stand with you supporting you fully,
I trust you my best friend in a deep way
I share with no other soul anywhere.
Come my sweet lady and lay down beside me
so I can hold you so tightly as we talk
before we drift off.

It is bedtime my darling and I want to
wrap you up in my arms so you can get cozy,
then rest your head on my chest
to be soothed by my heart beat as it beats for you,
just be filled with deep peace as I rub your back
and stroke your long gorgeous hair
as I also give you all of my warmth and love.
As it is now bedtime the only things I am needing
are my music, audiobooks, and most important of all
my sweet Angel Kira so beautiful and wonderful.
I want your divine presence as I hold you
so lovingly within my arms.

Goodnight my sweet Angel I so long, yearn,
and ache to be with my star so brightly shining.
Will you please come and join me
my rare and cheished precious diamond?
Will you please come and snuggle with your Michael
making me the happiest and luckiest man in the universe?
It is bedtime sweet one and I love you so much,
I just want to hold you to give you peace
and healing through all the love you deserve
and all the love that I have.

Please come snuggle up my sweet one
and we'll hold each other giving all of
our comfort and peace to our best friend
whom we truly adore and love with all
of our hearts and souls to no end.

Michael P. McParland

Winding Down The Night Together

It's been a very long day
my sweet darling lady
and even with a long catnap
I still feel very worn out.
So I just want to begin the end of this night
with you curled up in my arms ever so tight
just winding down as we talk and laugh,
I want and need to be winding down
this night with my Angel and Queen
who brings me endless hope and light,
I just want to be with you so we both
can feel and know everything is alright.

As I sit back here my dear reading
to begin just winding down and start calming
I wish you could be right here beside me
so we could read together,
I just want us to get so very cozy
sharing sweet kisses while we sit and snuggle.
I am dreaming of you and reaching out as well
so feel my hand within yours and my arms wrap around,
feel my lips on your cheek and on your lips as well
as I also whisper to you I love you my hero and Queen.
I just wish you were winding down this night with me
before we go to bed and in each others arms fall asleep.

Michael P. McParland

Catnap Desires And Dreams

Just waking now my sweet dear
from fairly long catnap
and my heart immediately longs and aches
as to you it sings out.
My head and my heart are full of dreams babe
so beautiful and amazing they fill me with light.
I desire your touch and to kiss you soft lips
as I tell you I love you and share all my dreams.
I love you my baby you're so amazing to me in every way
and I so desire and want to be holding you tightly
within my arms sweet lady.

It was such a long day my sweet dove and Angel
with so many frustrations along the way,
so I needed a good rest to recharge my emotions,
my body, and my mental state, I dreamed of you
and all the good times we had and those that we will,
I desire you my sweet girl and to you my heart calls
singing all my favorite love songs
as it also reaches out to touch yours.
I love you my sweetie and you are the only one
that I so desire so it is only you that fills
my dreams catnap wise and all others.

Michael P. McParland

A Tired Afternoon

After a day spent running around
I am feeling so tired on this afternoon
my sweet precious love and I still
have two places to go.
Oh my sweet one what a tiring day
and when I get back and can finally relax
I just want to sit back with you
and cover you all over in kisses so good,
tell you how much you are loved
and just how much you have been missed
as I shower you all over in kisses
with the softest caresses while we are relaxing.

It truly has been such a busy and tiring day
filled with more frustrations in so many ways,
I am just so truly tired and I want only
after all is done to sit back with my Kira.
Just feel your sweet touch and soft skin,
gaze into your sparkling eyes as I
am hypnotized and get lost in your bright shining smile.
I love you my lady so great and I am
so very tired and aching as well,
I just want to hold you so near
and kiss you all over while we talk the hours away.

I am so tired my love and even though
I just arrived home I am just about
headed right back out of the door,
I just wanted to tell you I love you my dear
and am reaching out to hold you so near,
I want nothing more than to sit with you
spending time upon my return and share
the comforting peace we feel through our bond,
I just want to be with my soul mate
and Queen who truly means everything to me.
I truly am so tired babe and you're all that I need
to make me feel good and restore all the worlds beauty.
You are an Angel and a blessed gift
from God sent to earth and I treasure you

and will always be yours through all space and time.

Michael P. McParland

Love Note 530

Good early afternoon
my beautiful sweet love
and now after a nice catnap
filled with dreams of you
I must head back out the door
to fax the few things that
I have to my case manager
and then do the rest of my shopping babe.
So before I head out
I just wanted to say hello
and I love you so much,
I wish you were here to help
brighten this day up.
You are my smile,
you fill me with such hope and joy
so feel my arms around you
with kisses so sweet.
I so truly love and adore you
my gorgeous Kira and there
is no other ever anywhere
that I'd rather be with.

Michael P. McParland

Morning Kisses To Start The Day

Good morning to you my beautiful
and adorable sweet Angel dove
and after a night of so very much needed sleep
I want to star this day sharing kisses
with you so very passionate and deep,
I want sweet morning kisses with you
before I must start to deal with trying
once again to get this paper work that I need,
and I want to share these sweet good morning
kisses with you before I go out
to get some shopping done.
I love you my dear sweet one and want to lay here
holding you for a bit more while
I tell you how much I love and adore you
while giving you the sweetest of kisses
and softest of caresses.

Good morning to you my sweet Queen and Angel
I so dearly miss and long for you.
To share those sweet kisses and be filled
with courage to face all that I must as you hold me,
I just want to tell you thank you
while we both say I love you my best friend
with nothing more than the biggest of smiles,
I so want and need us to share good morning smiles
of pure strength and deep warmth
that fill us with happiness as we face all of
the worlds challenges together.
I love you sweet Kira and send you huge hugs
and sweet kisses with all of my love, warmth, and strength,
all of these to say thank you my love
and I can't get enough of you my dear babe.
I will always be your my best friend and hero
and when you are ready I will spend every morning
giving you all of my strength and warmth
with the most passionate and sweet caring kisses
of trust and faith.

Michael P. McParland

Sitting Back With You Tonight

After resting for a good bit
my sweet love my headache
is not totally gone but feels good enough
for me to now get up and do some stuff.
Maybe some food will drive away
the last of this pounding within my head
and while I do that I want to be
sitting back tonight relaxing with you,
just feeling relief with my special girl
feeling all of the frustration and stress
I have been having melt away
as my heart sings out to you
saying I love you because you are so beautiful
and so very great.

I need you so much my sweet love
to just sit and talk snuggling to be
so cozy next to you as well.
I want you to know how my heart beats
and melts for you as well
and just share this night and myself
with my dear Queen and Angel.
I just want to sit back with you
and relax because you are my happiness
and I truly love you so very much.
You fill me with hope and are my shining star
and I just want to be with my best friend
and hero forevermore.

Michael P. McParland

Needing To Be In Your Arms

Oh my sweet love what a frustrating day
as I am still dealing with trying to get
proof from my former job I no longer work there,
they are just giving me problems
just brushing me off to others
and it's frustrating me, making me depressed,
and has given me a headache.
I truly just want and need to be in your arms
feeling so calmed and soothed by your strength,
I just want to feel the peace and the comfort
you give as you hold me so tight
letting me know all will be alright.

I just want and need to be with you my dear
seeing your smile as I hear your divine voice
and feel your heart beat right next to me,
I just need your kisses and sweet wonderful
hugs and big smiles to remind me of
all the worlds beauty my sweetie,
I just need to be in your arms knowing
all will be okay as you hold my hand
and me ever so tightly.
I just want to be in your arms
until my tears have run out.

I love you my Kira you truly are
such a wonderful, amazing, and divine Angel,
you give me hope, peace, and true joy
which in this life are things so very needed,
you give me reason to go on and keep fighting
even in the times when I want to give up,
you are my everything and I want you to know that.
I just want and need you to hold me
my gorgeous hero because you help cheer me up
and fill me with great light,
you are a blessing I treasure so much.

Michael P. McParland

Love Note 529

Good afternoon my sweet
and adorable best friend.
Thank you again and as always
for all of your loving patience
and the strength that you send,
it helped give me give the relaxing
peace that I needed after such
a long busy and frustrating
day yesterday,
I was restless at first
but I could feel you near
and that helped calm me down
and get some good sleep.
I thank you my one you're such a gem
and I just want to hold you so near
as I lay here waking up in full
for a few minutes more,
I just want to lay here with you
as I soon must head out the door
for my appointment the the therapist
my sweet love and before I must go
I'd just love to share sweet kisses with you
telling you how much I so love you and care.

I love you sweet one
and so long to be rubbing your back
and stroking your hair
while you're resting your head on my chest.
I have at most 15 to 20 minutes
before I must get ready
and I would give anything
to spend it with you my sweet Angel.
So as I lay back it will be of you
that I'm dreaming sweet one
and sending sweet kisses with huge hugs.
Have a great afternoon
and feel me there by your side
hand in hand giving you all
of my loving support

my Queen so amazing and grand.

Michael P. McParland

Night Note 210

Sitting here my sweet love
just watching some YouTube videos
and reading awhile time has slipped
by so I haven't written you
as soon as I meant.
I love you sweet one and promise
I will in about 10 minutes.
Just remember my love
that you are so treasured
and deeply cared for
and I would give up anything
to be with you now.
Feel all of my sweet kisses
with these huge hugs and smiles
and feel my hand within yours
to give you reassurance and comfort.
Thank you my Angel for
everything you do
all the love that you give me
and the understanding you have.
I miss you fair lady
and am honestly badly aching
because I just want my dear Kira
my best friend, hero, and blessing.

Michael P. McParland

Restful Desires And Dreams

Good evening my dear and beautiful sweetie
and I pray your evening is going well
as you feel all of my warmth and love my best friend.
Feel my hand as it is in yours
and continue to feel safe and secure knowing
that I'll always be yours and never leave you.
As I was resting my thoughts, desires,
and sweet dreams were of you
gorgeous sweet Kira my one and true love.

As I arrived home in the afternoon after my meeting
I was feeling quite frustrated and somewhat defeated,
I just needed a nap because I was so very tired
and feeling cranky as well from everything,
so I lay down my head dreaming of you
and listening to soothing things,
and while I was still very restless at points
your loving care and deep strength helped me feel calm.
I thank you sweet Kira for everything
and you truly are all of my desires and dreams,
you are my divine sweet Angel dove and beautiful Queen.

I love you my dear soul mate who means everything,
I so long for you babe because you are beautiful,
so very cool, and you give me reason to go on.
I want to serve you in true and pure love,
I want you feel like the blessed Angel you are.
So as I was resting I dreamed of so many things
I want to tell you, share with you, and do as well,
you are a diamond in the rough and I adore you.
I was just filled as I am ever with desires, hopes,
dreams, and love for thee as I rested today
and forever I always am and always will be.

Michael P. McParland

Another Long Day

It's another long day ahead of me
my sweet dear as I have a meeting
in a couple of hours and I am stressed out
because my former job is now
causing me problems so I can't show
my insurance proof and I might lose it completely,
I hope that this meeting will be able
to help me fix it.
It's another long day my beloved lady
and I am in need of your loving strength,
please say a prayer for me that all
will work out and be set straight.

It's just another long day and I just wish
I could sit back with you and talk it all through,
just look upon beautiful you and feel
all the stress and frustration melt away,
you truly make this world so much better
because you truly are so strong and loving.
You are my best friend and most beloved hero
and I truly would do anything for you.
So I just wish on this long day
I could be with you as you brightened the sky,
my heart, and my spirit with your gorgeous smile.

It's another long day ahead of me babe
but I know all will be well because
I am surrounded and filled with your infinite love.
I adore you fair lady and I keep on going
and fighting along for the days
when we will finally be reunited.
Those are the days when stress will be less
because I will have you right by my side
hand in hand smiling and cheering me on,
I love you my darling and can hear you
cheering me now.

Michael P. McParland

Early Morning In Bed

Good early morning to you
my beautiful sweet Angel dove
and now lying here after a very restless
night of not very good sleep
I am aching and longing so very deep.
I am still quite a bit tired
and will in a few minutes just close
my eyes a little bit longer,
and I just yearn to be lying back here
holding you so very tightly
reveling in the bright shining star that you are
and feeling the comfort you always give me.
I need an early morning in bed with my Kira
just sharing some sweet tender kisses
before closing our eyes for some good sleep for a few hours.

I just need to be with you in this bed
on this early morning my sweetie because
I love you and that's what I want dear.
A chance to rest and relax with my Angel
who means everything to her best friend,
I just want to feel my best friend so tightly against me
and to see you smiling as we both feel
all the tension and loneliness leave forever,
after a night of bad sleep I just want
nothing more than to sleep with my baby Kira.
I just love you so very much and without you
this world is dull and my heart hurts.
So feel all my sweet kisses with huge hugs
that hold all of my loving warmth
as I reach out on this early morning
to hold you so tight and give you all of my strength.

Michael P. McParland

Goodnight Sweet One 6

Goodnight my beloved Angel sweet one,
it is so late and after a long day
I am so very tired and all I want now
is to have my sweet one by my side
as we slide under the covers
pulling them over our heads as we
escape into our own world to kiss and snuggle,
a time for us to just softly talk
and sing to each other as we drift off.
Goodnight my sweet one I am so tired,
aching, longing and yearning to hold you
as we fall asleep in each others arms.

Now my sweet one as we lay down
under the covers to give each other
the most deep fulfilling peace and comfort
rest your head on my chest
so you can feel and hear my heart beat
as it does in pure loving care for you
my sweet darling Kira
and I will tell you how much I care
and thank you for just being wonderful you
while I rub your back and stroke your long gorgeous hair.
Goodnight my sweet one you're truly a gem.

Goodnight my sweet one and feel
all of my loving warmth fill and surround you,
wrap up in my undying and unconditional love
that I will eternally feel for you,
know that I will forever be yours
and yours alone as I support and fight for you
standing right by your side forevermore.
Please join me my dear and get so cozy with me
as we snuggle to sleep sharing kisses so sweet,
come my dear one and join me under the covers
so I can feel your lovely soft and pale skin
as I feel your body right next to mine
as I hold you so close in pure and true love.

Goodnight my sweet one and I will
be dreaming of you as I feel you so close
and am filled with you unconditional
infinite caring love.
I am here waiting and am so excited
for the nights we will be snuggling together
and sharing sweet kisses under the covers,
I can't wait to be with you falling asleep
as we hold each other with me telling you
you truly are so wonderful and beautiful.
I love you my Kira and will forever and ever
because you are my magical best friend
and amazing adorable diamond in the rough hero.

Michael P. McParland

Evening Note 111

Good evening my beautiful babe
and after a nice rest
I just want to hold you
seeing you brightly smiling.
I just want to lay here
for awhile more feeling your warmth
and feeling so safe, peaceful, and good,
I just want to feel you
so close to me knowing all
is going to be wonderful and okay,
I love you so deeply
and want to have you right here
beside me to spend a wonderful,
fun, and relaxing evening.

First after a good while
of deep passionate kisses
and warm snuggling
I need to shave my head
and then a nice refreshing shower
to relax and wash away
the stresses of the day,
and how I wish I could be joined
by you to hold you so tight
and share closeness as well
if you wanted to dear,
I just want to share special time
that lights up my soul
and makes me feel whole with you.
I want to be with my sweet
and fair Angel which is you.

Then after our shower
wearing such big loving smiles
I just want you to fall in my arms
as we read from our book
enjoying the words that take us
into another world,
I just want a quiet evening

with my only girl.
I love you my dear sweetie
and want to hold you
so I reach out in spirit
with kisses as well.
You are my one and all that I want
and I pray that so soon
I will be with my one and true love.

Michael P. McParland

Early Evening Rest

It's been such a busy
and at a few points frustrating day
my sweet love I so adore
and I am feeling a bit tired
and just want to lay down in this soon
early evening just holding you.
A chance to just relax and snuggle
as we catch some good rest to recharge our batteries.
Just good quality time with my beloved Kira
hearing your sweet voice and just feeling
you so tightly cozied up beside me.
Dear I am feeling a bit tired
and just long so deeply to lay back
with you in my arms beside me.

I just want to look in your eyes
and feel all the deep comfort you always bring me.
I just want to kiss you so tenderly,
gently, and truly passionately,
I just want to be with you on this early evening
feeling so safe and peaceful as we are resting.
I love you sweet lady and am sending you kisses
as I lay down my head and dream of you
in all of your wonderful beauty.
God bless you my darling you're such a gem
and I will be holding you in spirit
during my early evening rest.

Michael P. McParland

Sweet Afternoon Dreams 2

After my beautiful morning walk
I returned home smiling
and feeling all of your love it has
helped me get through most of my chores.
So now as I prepare to finish them
as best as I can I am filled with
sweet afternoon dreams of me and you.
I am longing to just spend the day
spending such good times with.
As ever I just want to hold you so very near
hearing your sweet voice as we talk away.
I love my sweet one you're my hopes and dreams
and I would give anything to have you here.

Sweet afternoon dreams of you my sweet Queen
make me long and yearn so very much more
for you to be here in my arms having such fun.
I wouldn't care just what we were doing
as long as I could just hold and look
upon my gorgeous Angel.
So as I go about finishing my chores
my sweet diamond feel my arms around you
and remember that your Michael so deeply loves you.

Michael P. McParland

Morning Note 202

Good morning again my beautiful
and divine sweet Angel dove.
I just got up shortly ago
and the rain had stopped
and the bright shining sun was up.
I know that my sky is bright
and it is gorgeous outside
because you sent me your smile
with all of your loving care,
I still have many calls
to make today but before that
I am going to go out on a walk
to enjoy all the beauty and I will
be thinking of you and holding
your hand in spirit too.
Good morning my dear
and I thank you for all of
the never ending loving beauty you send.

I love you my dear and pray
all the sweet kisses with
big loving hugs and smiles
light up your day and skies as well
my sweet Angel so amazing.
I pray that you feel me there
holding you so tightly and tender
to reassure you I am yours forever.
I love you so deeply
and wish you could go on this
beautiful morning walk with me
just enjoying each others company.

Again I wish you such a lovely
good morning and will be right here
for you and right there beside you.
I hope that you know how deeply
I care for and adore you
and that I just wish I could hold you.
God bless you my sweetie

just reach out to me if you want me or need me
because I would love nothing more
than to sit and talk with my only one.

Michael P. McParland

A Rainy Morning 2

Good morning my beautiful
and most beloved sweet Angel dove.
It is a rainy morning here my sweet one,
my back is hurting and still feel tired
and I just want to wrap up with you
under the covers feeling so warm and good.
Sweet kisses with smiles while snuggling,
just talking along sharing so many things.
It's a rainy morning sweetie and I want
you right here so cozy beside me
filling this morning with the sunshine
of our true love that is amazing.

I just want to get so snug with you
on this rainy morning my dear
to feel so warm and safe and with you
feel so much of this pain disappear.
I want this rainy morning to just hold you near
and tell you how much you mean to me,
share so many of my stories and secrets,
all of the things you share with your true love.
I adore you sweet lady and want you in my arms
as we spend this rainy morning together
snuggling so happily under the covers.

So a very wonderful and loving
good morning to beautiful you.
As I lay here just a bit longer
I will be dreaming of you wearing a smile,
I am reaching out to pull you in tightly
and kiss you so sweetly in spirit.
I love you fair lady and would truly
give anything to spend this rainy morning
holding you tightly together under the covers.

Michael P. McParland

Goodnight My Sweet One 5

Goodnight my dear and beloved sweet one,
as I lay down now I truly long for
and ache so much for you.
To just hear your voice as we softly talked,
just snuggling and kissing so soft and so sweet
before we finally go to sleep.
I love you so much and just want your warmth
the most comforting thing from my Angel
that there is in the universe.
I am so tired my love and I just want to hold you
as I put on some music or my audiobook,
I just want my only one as we are filled
with pure peace and strength in our true love.

Goodnight my sweet one I so adore
and as I now rest my head I dream of you.
I am reaching out to pull you in
and let you know just how much I love you,
how much I want you, and how much I care
for my sweet precious Queen Angel.
God bless you my sweet Kira for you
truly are so wonderful and greatly beautiful
and I just wish I could lay here holding you
because you are my everything
and I so deeply, truly, and completely love you.

Michael P. McParland

Sweet Sweet Kira 2

Sweet sweet Kira how this day
would truly be so much more beautiful
if I could be spending it with you.
The sun came out for a little while
and I know it was because you smiled
and it warmed the air as well as my heart my darling.
Now though outside it's gotten so very
cloudy and quite cold
and I wish I could be here inside with you
wrapped up in each others arms
under our cozy blanket feeling oh so very good.
Sweet sweet Kira I hope you truly know
that you give me immense endless hope and joy.

Sweet sweet Kira I truly hope you know
that you are the most beautiful woman to me,
with a spirit oh so very sweet
with a heart of pure solid gold.
You are the crown jewel of my very heart
and a precious diamond in the rough,
I just want to be holding you so very tight
as I look into your gorgeous eyes
and tell you I love you so very much
before I kiss you all over,
I want to look in your eyes and just thank you dear
as we spent a beautiful evening which is soon here.
An evening for me to serve you in every way
to show all the loving care I feel.

Sweet sweet Kira as I will soon sit back
to do some relaxing reading I'll dream of you
and wish you were with me wrapped up
together in my big fuzzy orange blanket.
It truly is quite chilly and I just want
and need you so very near me,
I want to read with you and do so much
just feeling close to my baby.
I love you my dear blessed sweetie
and you'll forever be my Queen

and true love forever my sweet sweet Angel Kira.

Michael P. McParland

Love Note 528

Good Sunday afternoon
my sweet beautiful girl
and as I sit here listening
to beautiful music so heavenly
I long and I yearn as I dream
of divine you.
You are among the most important
and tops of my many many thoughts,
and as I go about this day
all a bit anxiously
I want to be with you talking
through all the things I think and feel,
your thoughts and advice always
help calm me down and center
me from spinning thoughts
and emotions that run all around,
you are my rock and the
crown jewel of my very heart,
I just want to be with you
as we hold hands and talk
as always sharing all of
our deep feelings and thoughts.
You my sweet one are the only one
that I trust with sharing these things
that I hold so close within me.

So I just wanted to reach out
and tell you I truly love you
so very much and amd sending you
sweet kisses and the warmest of hugs.
Listen so close as my heart sings out
letting you know that I'm yours forever
without a doubt.
I love you sweet one and feel my hand
so tight and lovingly within yours
as I smile at you and say
I'll love you forever to no end
my only dear.

Michael P. McParland

A Beautiful Time With You

Good late morning my very beautiful
sweet Angel dove I so adore and love,
visions of your smiling face
glowingly dance in my heart and head
and all I want to do is spend
a wonderful and beautiful Sunday with you.
It's been so rainy here as of late
but you in all of your beauty
and shining smile light up my world.
You are so gorgeous, a sight to behold
and beingwith you in my arms is all I want dear.
A beautiful late morning just sipping coffee
as we talk and read to each other.
I love you my sweet lady and send you sweet kisses
to help lift your heart and spirits knowing
I am always right there with you.
I just would love to sit back with our cups steaming
as we beging a beautiful time on this Sunday morning.

A beautiful time with my beautiful girl
are what keeps me going on in this world.
All the things that I can't wait to tell her
and share that I've kept in my world
away from all others,
how I want to spend beautiful times like today
sharing all that there is behind my walls
and being so overjoyed by all that she shares.
A beautiful time with my beautiful woman
is what I am now so deeply longing for and yearn.
I love you my sweet lady and just want to
hold your hand as we walk side by side forever and ever.

My sweet sweet Kira how I just want to spend
a beautiful time today and forever with you.
Be it us just laughing while building a puzzle
or one day hiking climbing mountains together
I just want to see my shining star smiling
knowing you're so very happy
and that I will spend the evening and night

rather at home or camping holding you so very tightly.
I love you my Angel and wish you a very
wonderful and beautiful late Sunday morning,
just feel my arms around you and remember
I'll never leave you and I can't wait for
all these beautiful times we'll share together.

Michael P. McParland

Early Morning Needing You

Lying back here in the early morning
my sweet Queen and Angel dove
and I am shaking a bit feeling way down
and possibly on the verge of a few tears.
The nightmares were truly bad
and very unnerving and my heart aches
immediately because I do not have you
to pull in so close and feel comfort with,
I love you so much and just need
the Angel I so truly lovingly trust
to give me sweet kisses and hold me close.

In this early morning my dear
I just want to hold you so tightly as well.
I feel like you had a long night
and I just want to comfort you
saying all is alright,
just spend some extra time snuggling
and giving our strength.
I need you my only sweet one
to be here by my side on this early morn.
I love you my Queen and want you
to cozy up so very tight with me
so we can comfort each other
and know that this day will be good
as we fight as ever so hard for each other.

Michael P. McParland

Tired, Aching, And Longing

I am so very tired sweet one
and I ache so very much inside.
I just long to hold you
and tell you how much I love you,
I long to pull you in close as we
climb under the covers and snuggle so tight.
I love you dear lady and miss you so badly
and just ache wanting you right here beside me,
and how I so worry about you and that you are upset at me.
I am so tired sweet lady and want you here
beside me feeling so comfy and cozy
as I pull you in and tell you I love you
and will always be yours my beautiful sweet lady.

I am so tired my darling and inside aching so badly,
as I lay down I long for you to be wrapped up in my arms
as you rest your sweet head upon my chest
and just softly talk as we drift off.
I love you so much and just want to give you the peace
and the love you so need and deserve,
come my sweet one and snuggle with me
under the covers as I hold you so close.
I am aching sweet one and need to know that
you are okay while I give you warmth,
and I need you to tell me that all is okay.
Please my sweet one come lay by me
and let me show you how much I care.

I am tired sweet one from a full day
and I just want to lay down with you,
to hold you so near and share a comforting rest,
I just long to be with the Angel
my heart beats for and sings,
come my sweet one and let's sleep in peace.
I love you my dear and am with you always no matter where.
Come my sweet one and wrap up with me
because there is nobody else I want to be with
and I need you my love both in my dreams and for real.
I love you my darling and ache for you now,

I just want to hold you so close
because you truly are my universe.

Michael P. McParland

Loving Thoughts, Miss You A Lot

Good late afternoon my sweet love
and as I arrive home after a long
and fun day at the game first thing
before all I wanted to say I so deeply love you.
I miss you a lot my sweet one
and I am filled with loving thoughts of you in every way.
I was sending you smiles and kisses
while I was at the game cheering,
all the while my heart and soul were so deeply longing.
I thought of you and wished you could be with me
as Minnesota beat Colorado State in
somewhat of a thriller.
I sure miss you a lot my sweet Angel dove
and am only filled with the most loving
and tender of feelings and thoughts.
You are my Angel and you mean so much.

Loving thoughts and feelings for you fill me up
and I miss my true love, best friend, hero,
and Queen Angel so very much,
I am so excited for your return and just
being able to hold you so close
while I comfort you.
To give you sweet kisses with the softest caresses
all the while thanking you and saying I love you.
I miss you my dear and while at the game
loving and longing feelings as ever filled me,
to just share such a good time with my only Kira
and to just see you enjoying yourself
wearing that big shining smile.
I love you my sweetie and so dearly miss you
and I am ever filled with loving feelings and thoughts
while I await you.

Michael P. McParland

Morning Note 201

Good morning my sweet precious Angel
and before I head out the door
to the game I just wanted to tell
you I so deeply love and adore you.
I'll be sending you the biggest
and sweetest smiles and kisses
from the game my fair lady
with huge hugs of warmth aplenty.
I wish you could be with me
and I will be thinking of you
as my heart beats in pure love,
so hear as it sings out to you
all of my favorite love songs.
God bless you my Kira
and feel comforted as you feel
my arms around you through
the entire morning
and always remember I am there with you
smiling so brightly
and holding your hand as
I fully support you and let you know
I am yours and yours alone
forever and ever.

Michael P. McParland

Middle Night Comforts

Middle night comforts for you and me,
middle night comforts like sweet kisses
and tight snuggles as I pull you in.
Middle night comforts as I smile at you
and you smile at me as we feel all
the pain and the misery chased away.
I love you my dear and miss you so bad,
I'm reaching out to give you kisses all over
as I hold you so tight and comforting.
I love you my Kira you're my everything.

I want to hold you my dear one
and just comfort you now.
I'm sorry I dropped off yesterday and was quiet
but in the noon the whole day went off.
I dreamed of you as I lay down
and was instantly surrounded in all you
deep strength and caring love.
I thank you my dear and want to hold you
so tight to me letting you know all of my love
and just how much I truly care,
I want to provide middle night comfort
and peace to you my only one.

Middle night comforts with my true love
are what I so long, yearn, and ache for,
these times are what are needed for both of us
my sweet precious darling and I can't wait
to just hold you for eternity.
Knowing you're hurting and at times
so badly crying twists my heart so very badly
and brings tears to my eyes.
I love you my sweetie and want to be
giving you peace and light as I hold
and comfort you on this middle night,
I just want to be your great hero
and knight in shining armor.

My dear beautiful sweetie I so truly love you

and many middle night comforts I so desire,
sweet kisses with snuggles as we are talking,
making the most beautiful and wholesome love
to Gods greatest work of art and Angel
all the while saying I love you my Kira
and thank you for your love and being so wonderful.
Middle night pleasures like sitting up
and reading to each other or watching
wonderful movies we enjoy with each other.
I so love you my Kira and need with only you
these middle night comforts knowing
life will be great with my Queen through eternity.

Middle night comforts and pleasures with
my only Kira are what I live for,
to finally have the greatest times my heart
and my soul have ever known with the
universes greatest woman, most beautiful,
and the only one I've ever loved truly
and do so unconditionally,
middle night comforts with the woman who
also loves and adores me.
So as I go about my night baby it is of you
I will be dreaming and so deeply longing as I
send all my strength, my love, and my deep warmth
to wrap you up tight to feel safe as it fills you up.
God bless you my Angel you are so darling
and I will love and adore you forever and ever.

Michael P. McParland

My Dear Angel 3

My dear Angel so beautiful,
you have a heart and soul so bright
made of gold it radiates and glows.
You warm me through with the love that you are
and you make me feel so safe and secure
as I know you'll always be there by my side
holding my hand supporting me and ever so proud.
My dear Angel you make me so proud
as you are the most wonderful woman
in all that you do and you make me feel
like a good man that is handsome and useful all around.
I love you my Angel you truly are so very grand.

My dear Angel do you feel my hearts beat
as it reachs out to touch you in love?
Do you hear my hearts song as it sings out in full?
I love you so much and just want you
right here in my arms giving all the love
that I have plus everything to my sweet Angel dove.
God bless you my Queen you're a diamond in the rough
and I truly adore you for you're a work of art.
I just want to look upon you as my heart melts
over and over while I show you my world
sharing all that I hold for the best friend I treasure.
I love you sweet Kira you are my dear Angel
and I only want for you all the greatest
that this universe has to offer.
I love you my hero and want to walk beside you
as wife and husband through all eternity
sharing joy to infinity.

Michael P. McParland

My Fair Lady 2

Come my fair lady so beautiful and bright,
come and lay down beside me to get
so very comfy and cozy in my loving arms.
I am now tired and ready for a rest,
and I want a rest with you as you lay
your sweet head down upon my chest.
I love you so much and want us to share
each others loving peaceful warmth
to feel so safe, soothed, and calmed
as we fall asleep in each others arms.

My fair lady I just want to hold you
as we catch a small and nice rest,
so then after we rise a nice little trip
to half price books to pick up a few
cheap things that peaked my interest,
and as ever a gift for my Kira so great.
So come my sweet one to get so comfy and cozy
in my loving arms and feel deep precious calm
as I say I love you babe and always will.
Then we'll drift off wearing the biggest of smiles
to get some nice sleep in each others arms.

Michael P. McParland

My Dear Queen Angel

My dear Queen and Angel
you truly are so beautiful and divine,
a blessing so wonderful and true,
I so truly love and adore you to no end
unconditionally forevermore.
As I sit here tonight eating some
delicious coffee ice cream I wish
I could just sit with my arm around you
sharing it because I know it's something you'd love.
I'd just love to be sharing my time
with the woman I give myself to in full,
the holder of my very heart and soul forevermore.
I just want to share my time, my movies,
my books, my feelings, my thoughts,
all my everything and all my best with my Kira
my best friend and only one through eternity.

As I sit back now to enjoy my book
and continue enjoying my delicious coffee ice cream
I will be thinking of you as well as I
send you sweet kisses, hugs, and smiles galore.
Hear as my aching and longingly loving heart
sing out to you all my favorite love songs
and messages of love to you about how
I'm waiting for you and am right here
when you want and need no matter the time
or what it may be.
Hear as it truly sings out all the love I feel for you
and my desire to serve you now and forevermore
showing you what a gorgeous Queen you truly are,
how I want to revel and bask in the proud smile
of my Angel so divine who is a gift I so love.
I love you my dear Angel Queen supreme and I am
here for you just wanting so bad to hold you near.

Michael P. McParland

Night Note 209

A very wonderful and beautiful
good night to you my sweet Angel dove.
I am truly so sorry I slept
so long but I felt so wore out
and feel a deep heaviness in my heart,
regrets of the job and missing my nephews,
I won't be going with my parents
next weekend to Arizona and see them all
and as much as I will in many ways
enjoy two weeks here all alone
I wish I could see them
but most of all I wish I could have
my dream and be with you enjoying
those weeks babde,
so part of that heaviness is missing you,
you don't know just how bad it hurts
and how much I long wanting
and needing my only one.

A sad aching fill my
soul and heart as I want you
here with me to spend tonight
and those two weeks.
I want you here tonight to enjoy
the simplest little of meals
and for me to just hold you
as we watch a film and perhaps
play a game of NCAA Football.
In the next matter of hours
I will want to lay back with you
and hold you so closely.
I am beggining to feel some relief
in a small way in my neck, shoulders,
and arms my sweet darling
plus the meds I'm still on
that make me quite tired.
I will just want to snuggle with you
the Angel Queen I so desire,
just talking along as I also

share the news that my dad
got tickets so Saturday morning
I'll be going to see the
Minnesota Golden Gophers play
Colorado State Rams in football,
how exciting it will be
and I wish you could be there,
I'll be sending you all of my sweet smiles
and kisses while I'm there
and through this whole night my sweet love,
and through those two weeks
as well as all of my most loving
and sexy thoughts which I am
always sending in true and pure love.

So my sweet one always remember
I am so filled with tender
loving care for you and in
that way you alone my sweet Angel dove,
you are my everything and I'd
give anything to have you here
with me listening to Falco
as we begin to enjoy this time tonight.
My dear you truly are such
a great work of heart, a blessing
and gift I love and adore to no end.
Have a great night and feel me there
by your side holding you so tight
my hand in yours as I shower you in kisses,
you truly are the love of my existence.
God bless you Kira for being
so loving, so great, and a hero best friend
I will always strive to honor and thank.
I love you my sweet Queen and will
to no end my Angel so supreme and great.

Michael P. McParland

Lay Beside Me And Be Cozy

Lay beside me sweet one
and get so very cozy as I pull you in.
It's been a busy one babe
and I am plain tuckered out.
I just want to hold you so close
while I close my eyes listening
to your Angelic voice and soothing music.
I just need rest my sweet Angel who's best
and I want you in my arms feeling great peace.
Darling dear I truly love you so very much
and ask you to lay down beside me
and get so very cozy as we snuggle and kiss sweetly.
I love you my dear and am reaching out
to hold you and let you know I so care.
Come my sweet one and cozy up right by my side
so we can rest feeling contented and whole.

Michael P. McParland

Love Note 527

Good late morning
my beautiful and beloved
sweet Angel dove.
I have arrived home at last
from getting the injections I need
and picking up a few things
for a nice lunch to enjoy the day,
alas though that is only
being done now with one part
of all I must do as I must make
the calls that I need to get
things in my livelihood straight.
Before I do those though
I wanted to stop in and say
I love you so much my beloved Queen.
I just wish I could relax
and hold you after I'm done with
the next few things that need doing
and serve you a good lunch from
the things I bought sweetie.
I will be thinking of you
and sending sweet kisses
with huge hugs as I do what I do
to warm you with all the
pure and true love I feel to my core.

Michael P. McParland

An Early Morning Snuggling

Good morning my beautiful
sweet Angel dove and I want to spend
this early one just seeing you smile
as we snuggle along sharing sweet kisses
from our loving hearts and souls.
I love you my sweet one and just want
to hold you before I must get up
to shave my fuzzy face, make my
important phone calls, shower,
and shortly go get the shots I need
in my neck and spine.
What a busy day it will be early
with stuff at a late point my dear,
I just want to spend a bit more time
in this early morning holding you my sweet Queen
and bright shining northern star.

Such a very sweet and beautiful good morning
to you my sweet beautiful girl and God bless
your sweet heart and soul to no end.
I'm not looking forward to a busy day
and would much rather be here reading,
watching a film and writing a nice email to you,
so at the very least if I could be lying here
in this early morning it would make
everything worth it sweet girl.
Lying here holding you would be the greatest thing
in the entire universe.

So my sweet one I so adore and love
have the best of mornings and feel
my safe loving arms around you
holding you so very close to me,
I'd give anything to snuggle with you
on this early morn before a busy day
and then spend every last bit of it with you.
I truly love you so very much
and I deeply crave your smiles, your hugs,
your kisses and very soft touch.

I love you sweet Kira I so adore
and want nothing more than to be
snuggling with you right now.

Michael P. McParland

Soft Loving Kisses

Home now my sweet love from
my appointment with my doctor
and maybe only one other place to go
on this evening.
Now before I must get started in a few
on a few chores around here I just want
to hold you so close and look deep
in your sparkling gorgeous eyes while smiling
before giving you soft loving kisses
so full of tender care and loving.
I long for you and my heart yearns
to just look upon you so I can say
Kira I truly love and adore you.
I ache to give you soft loving kisses
straight from my soul.

Here on this afternoon my sweet Angel dove
feeling a bit tired having not fully
woken up before I was out the door
I just want to sit with you sharing
sweet, soft, loving, passionate kisses
before I must finish my few chores.
I wish to just hold you so close
giving you comfort and feeling yours,
I crave you my sweet one and all that you are,
I just crave and desire you my Angel so grand
feeling your warmth in my arms
knowing your comforted and smiling.
I need your soft loving kisses so good
and to give you mine over and over again.

Soft sweet loving kisses full of care
to you on this late afternoon my sweet girl.
I truly adore you so much my beautiful Queen
and want nothing more in this universe
than to sit with you in my arms now
holding you close while talking
and sharing soft kisses before I must
get up and complete my tasks.

I love you so so very much and only want you
by my side hand in hand forevermore.
You are my diamond in the rough
with a heart of gold so loving and pure,
you truly are a treasure my sweet Angel dove
and through all eternity I will cherish you to no end.

Michael P. McParland

Love Note 526

Good afternoon my sweet beautiful one
and as I now arise and must
in a few head out the door I wanted
to send you these sweet sweet kisses
with huge hugs to say I love you
so very much my sweet Angel dove,
God bless you my beautiful girl
for being the most wonderful,
caring, kind, loving,
and understanding best friend there is.
Thank you my Kira for being
so beautiful without and in,
thank you for always being there
and so supportive of your loving man.
I love you so much my only one
and give thanks to you endlessly,
I will be thinking of you while I'm out
doing just what I need and I will
write you as soon as I return.
God bless you my Angel you
truly are a blessing, a gift,
and a fine work of art,
one of Gods most special and beloved Angels
so great.
I truly love you my Kira and so
simply adore you and can't wait
to everyday be so closely holding you.

Michael P. McParland

Resting This Morning With My Baby

A very good morning to you my sweet dear
and after a night of deep thought
and letting go of many stresses
I want to lay down with you on this morning
to do some snuggling and relaxing.
I want to rest before I must get up in the noon
and make a lot of phone calls before
I must be out the door to meet with the therapist.
Come my sweet one and lay down by my side
getting cozy with your loving man
to rest and feel whole for a few hours
with our adored best friend.

I love you sweet one and I am quite tired,
so before facing a fairly busy day
come rest with me my beautiful soul mate.
Come and kiss me so very sweetly
as I take you into my arms to hold very tightly.
You are the most wonderful woman and I need
the touch of your delicate soft skin,
I need your smile after a tough time.
Come rest with me baby and help build
each others strength before a busy day
snuggling and talking as you rest your head on my chest
and we drift off to fall asleep in each others arms.

Michael P. McParland

Nighttime Thoughts And Dreams

Sitting here tonight my sweet dear
and right now I am playing
NCAA Football 2014 wishing you were here
to sit next to me and cheer me on,
to just sit with and enjoy your company.
As I play babe I am filled with many
thoughts and dreams of many many things,
some very big and some trivialities
and I think of and dream of you right by my side
chasing away all the loneliness that's
hung around for so very long without
my Angel and beloved best friend.
I am so filled with nighttime thoughts and dreams
and I would love to be sharing them all with you
getting your thoughts and feelings as well.
I'd just so love to be with you feeling
all of the joys that you bring.

Sitting here my sweet love my head and heart
so filled with feelings and thoughts
and I just want to be with you sharing them all
as well as some good entertainment
with sweet kisses and snuggles.
So many thoughts and so many dreams
and how I can't wait to tell you all.
I love you sweet girl and so crave all the love
that you bring and give to me and the world.
You are my light and my dear precious Angel
and I will always be yours you gorgeous Queen so amazing.

Michael P. McParland

A Relaxing Night With You

After a long stretch of stressful weeks
are now at an end I just want to sit back
tonight and relax with you.
Feel all of the frustration melt off me
and just tell you I so deeply love you,
gaze into your eyes and say thank you
for being there for me and always supporting me,
I always feel lost without my best friend,
and now tonight I just want to relax with my Kira
reading, talking, and watching a movie
eating the snacks I have prepared and bought for us.
Please come sit by me and get so very cozy
as we spend a relaxing night escaping
the pain and stress together feeling pure bliss.

Michael P. McParland

Evening Note 110

A very beautiful good evening
to you my sweet Angel dove,
and what a very headachey
and frustrating day it has been.
I am so sorry I dropped off for so very long
and in about an hour and a half
I will email you and explain all.
The headache got much worse
and so very bad among a few frustrations
that I have yet to take care of.
Before I go take care of a major one baby
I just wanted to stop in
and tell you I love you so much
my beautiful darling.
You are my heartbeat and my hopes and dreams,
you truly all that is good
and the worlds beauty my dear.
I will write you soon after
I have taken care of this duty
and feel my arms around you
knowing I love you.

Michael P. McParland

Good Morning My Dove

Good morning my dove my darling of peace,
after a long night of mostly very restless sleep
I now wake with a fairly bad headache
and I wish you were here to curl up with
and listen to classical music while it passes.
I have taken some Excedrin and am smiling for you
despite the pain that is somewhat pounding
to tell you I love you and wish you were here
to snuggle with and nuzzle while we kiss so lovingly.
Good morning my dove and my Angel and feel
my arms around you in comfort this morning.

Good morning my beautiful dove and Queen
supreme so truly amazing,
as I put on some Chopin or a classical
album compilation to help sooth my head
and my longing heart which so wants you
I reach out to hold you so tightly.
I will be sending you smiles and the sweetest of kisses
while I lay here and dream of you the woman
I so want to marry and be with for eternity.
I love you my Kira and may God so deeply bless you
and I will write you as soon as I'm feeling better.

Michael P. McParland

Rest Your Sweet Head Next To Mine

Come my sweet one and cozy up
within my loving arms,
rest your sweet head next to mine
and show me that shining smile
as I tell you I love you
and then so sweetly and passionately kiss you.
Please just lay down beside me
and talk to me telling me all of the things
you are thinking and feeling.
I just want to hear your sweet voice with all
that you have wanted to share,
and I just want to listen to you learning
all that there is as I hold you near.
Come my dear lady and cozy up tightly
resting your sweet head next to mine
just sharing all of our warmth, our love,
and our deep caring strength for each other.
God bless you my lady and come lay beside me
so I can hold you so tightly and fill you
with deep reassurance that I so deeply love you.

Michael P. McParland

Holding Each Other Tight

Good evening my sweet Angel dove
I love more than anything in the universe.
Getting up now from a nice rest
where I dreamed of you in all gorgeous ways
I want you to fall in my arms right now
so we can hold each other so very tight.
I want to spend this evening holding you
forgetting the rest of the world
and enjoy the supreme beauty of my girl.
My dreams of you were so good and so beautiful
and now I want to look in your eyes
as I hold you oh so tight and say
Kira you are beautiful and I love you so very much.
Thank you for all your love and all you do for me
and I promise I will forever be right here for you.
After such a nice rest with gorgeous dreams
of you my gorgeous Queen I just want us to spend
the evening holding each other so very tight
for oh so long while sharing kisses so very deep and passionate.

Michael P. McParland

I Just Want 2

As I arrive home now from the doctors
and having done a bit of shopping
I now just want to sit back with you
doing some talking and relaxing.
The MRI showed I have a lot of
nerve problems up in my neck
between the disks in my spine
and I need to get a bunch of shots to
hopefully take care of it.
Mostly though besides being in pain
I just feel very tired and want to hold
my dear beautiful Angel.
I just want to hold you and give of my time
healing and soothing all the aches we both hold inside.
I just want you and to give all I have
because you are my Queen whom I so adore.

I just want you to know that to me
you truly mean everything
and my heart continues beating
because of all of the hope you give to me.
I love you my darling and send you the sweetest of kisses
which I wish you were here to give personally,
I just want to hold you so closely
and reassure you that I will always be with you
holding you and your hand so very tightly.
I love you sweet Kira and just want to give you
my all and my best forever always making
you smile as you will be so proud and happy.
Kira you are my Queen and you are my Angel
and I will be yours forever and ever.

Michael P. McParland

Morning Note 200

A very good morning to you
my sweet Angel dove
and God bless you for being
such a truly wonderful
and beautiful woman I so adore.
Before I head to the doctors
early this afternoon I just wish
I could sit back with you
continuing to get feeling better
and knowing everything
is going to be good.
I so adore you and want you here
by my side to spend time
and tell you how much you are loved.

Oh my sweet dear how I am
aching so very bad inside
and in body as well
and I just need you kisses and hugs
to make all the pain go away.
I love you my Angel
for you are my best friend and hero
and as I am about to get up
I just want so much to hold you.
You are needed my darling
and I want to be serving you
making you so very happy
because you deserve all the best
and I just want to give you
all the love I hold inside.
I want to give you all of myself
through all of time.

So have a very beautiful
and wonderful good morning
my beloved blessing and gift
straight from heaven
and remember you're not alone ever
because I am your Michael

and yours alone forever.

Michael P. McParland

Lying Here Lonely, Hold Me

Lying here in bed my sweet darling
and through this long night
I'm feeling ever so lonely.
Please my dear Angel come and hold me
ever so tightly and rest your head on my chest
as we drift off to catnap for awhile.
I just want to lay here smiling and talking
and escape into our own world with the one
who listens and loves me unconditionally.
I love you sweet lady and am feeling ever so lonely
and I only want you to come and hold me
spending time talking and catnapping together.

I love you my Kira and am lying here
feeling so very lonely facing this all on my own.
I just want you here to hold me and kiss me
while we lay back and listen to classical music.
You truly are so very amazing and magic
and my heart calls out to you singing
all of my favorite love songs to give us both comfort.
I love you my Kira and am missing you badly
and I am sending you the sweetest of kisses
with huge hugs and all of my care and warmth to say
I love you my sweetie and want only you forever and ever.

Michael P. McParland

Night Note 208

A very beautiful good night
to you my sweet Angel dove
and after a few more hours of rest
I am now ready to get up and move around.
I love you my dear and just want to
be spending it by your side
with you in my arms knowing all
will be well because you are right there.
I just want my Angel and Queen
to relax with in my arms
telling you I love you and cherish you in full.
God bless you my Kira you are a diamond
and treasure so very rare
and I want to look in your eyes
and let you see it all in my soul
shining so brightly at you.

First a delightful and refreshing
shower to wash away all the stresses
and sadness I have been so feeling,
I want to hold you so tightly
and give you sweet kisses while
watching you so sweetly smile.
I want to relax with you
doing everything together.
I feel so lonely
and just want my Kira
to fill me with all of the light
and hope she has always given me.

Afterward darling I just want
to fall in your arms and do whatever
you think would be so wonderful.
I'm low on energy and all that
I will request is some spooning
and catnapping a little later,
for right now though my darling
I will throughly enjoy whatever
it is that you are in want of

because you are my best friend
and I just enjoy spending time
with my Queen and Angel.
God bless you my darling
I love you so much and just crave
your loving embrace and company
knowing all will be alright
as we smile at each other
and share the sweetest and most
passionate ever of kisses.

Michael P. McParland

In Need Of Your Loving Care

A very beautiful good night
to you my sweet Angel of love,
hope, and pure light.
I am so sorry that on Sunday's now
I tend to sleep throughout the day,
it is so I will be rested for work as you know.
I did not make it in though tonight
because the depression, despair,
and stress are collapsing on me
harder and harder and harder my dear.
You are my true love and the only one
truly who understands and listens to me
and I just need to be in your arms tonight
surrounded in all of your deep loving strength.
I love you sweet one and just want to feel
my sanity come back in as much whole
as mines ever been by wrapping up so tightly
with you my sweet Angel so true.

Kira I just love you so very much
and so much is going on I feel like
I am slipping and losing my mind.
I just want to sit here and cry
and I want you my lady and rock to be right here
drying my tears and just talking away
to help make this night get better
and better as we spend time,
and I want you to be able to lean on me too
as I dry your tears as well,
just a night comforting each other
in our of the loving care we hold
and we share with our wonderful best friend.

So my sweet love just feel my hand
within yours and in spirit hold
each other so very tight making this night
so much better and filled with light.
It is only you I so need and so want
because you are my hero and Angel

that means more to me than the whole universe.
God bless you my Queen and remember
that your Michael so truly loves you
and wants nothing more than to share
all of this life and the next with you
my sweet and rare precious diamond
I treasure and cherish to no end.

Michael P. McParland

Exhausted My Angel

The game ended just a while ago
my sweet Angel dove and the great news
is that we won 45-24.
Now my sweet one I am so exhausted indeed
and I would love to celebrate with you
as we just slid under the covers together
to kiss ans snuggle for a little while,
then for you to just rest your head on my chest
and contentedly drift off while
I rubbed your back and stroked your hair
all the while listening to soothing music.
Goodnight my sweet love I am so exhausted
to my very core and I just wish you were here
to cozy up with me under the covers
feeling so good and complete with our
best friend and Angel.

Goodnight my dear Angel and feel all
of the sweet kisses and huge hugs I send you,
be filled and wrapped up in the strength,
love, and deep warmth they are holding,
feel me beside you holding you ever so closely.
I am exhausted my dear and I will
be dreaming of you as I know close my eyes
to rest for awhile so listen so closely
for my voice as my heart calls out to say
Kira I love you for you are the greatest
and the only one I want forever and ever.
God bless you my dear Queen and remember
that you're not alone and I'm never leaving
because I am yours and yours alone through all eternity.
I'll see you tonight my dear sweetie
in the land of dreams so beautiful and amazing.

Michael P. McParland

Evening Note 109

Good evening my gorgeous
sweet Angel dove and before
the game starts I just wanted
to send you sweet kisses and huge hugs
telling you I love you so very much.
Bad weather delayed the start of the game
and I rested a bit longer just dreaming
of you and me spending time
having fun and feeling so very good.
I love you my Queen you truly do
mean everything to me,
so feel me there by your side
holding you so very tight
smiling at you so very bright
giving the sweetest of kisses
with huge hugs so filled with strength,
true love, and pure warmth.
God bless you sweet Kira
my sweet Angel dove I will forever
love you so very much.

Michael P. McParland

Snuggle With Me 2

Come my sweet one and lay down with me
on the couch this Saturday afternoon
to snuggle and spoon while we catnap
for a bit just listening to soothing music
and talking for just a bit.
I need just a bit of a small rest
so I will be able to stay up through this night
and I just want to hold you while we lay back.
I want to give you all of my strength
while we share all of our love and warmth
and I want to see you smile so big while I kiss you
over and over in true love all over.
Come snuggle with me and make this day
so very good so I can look in your eyes
and say I love you my sweet Angel dove
for you are the greatest there is.
Come snuggle with me because I just want
to hold you so very close giving reassurance
and comfort to my divine Queen I so love
and adore completely and in full.

Michael P. McParland

Come Sit With Me 7

Good morning my sweet beautiful Angel
and come sit with me and cozy up
in my arms on this Saturday morning.
I will have already had your coffee ready
so you can sit and sip at it as we talk and snuggle.
I just want to sit with you as we get this day going
and softly talk with maybe a spot of reading.
I want to spend this day with you enjoying
as much as we can before I must rest for work
a good part of tomorrow so please my sweet Kira
come sit with me on this Saturday morning
and cozy up next to your best friend Michael.

I want to go for a walk in the park with
my best friend and dear Angel Kira today
if the weather is so permitting.
I want to watch some college football with you
during the day and then Ohio State beat
Oklahoma later tonight cheering them on together.
I just want to spend this day sharing
so much with you taking it all as it comes dear.
So first let's just start this morning
softly talking, tenderly kissing, and tightly snuggling,
come my sweet love and let's spend a loving Saturday morning
together smiling and feeling so joyful.

So a good Saturday morning to you my sweet
beautiful divine Queen I so adore,
come sit by me and snuggle up into
my wide open loving arms.
Show me that bright shining gorgeous smile of yours
that lights up my world and warms me up
to my very core with the worlds beauty
that you are.
Come cozy up my sweet one and know that you are
so truly cared for and deeply loved
and that I will always love and adore you to no end
always standing side by side hand in hand
through eternities time because you're all I want

my only one.

Michael P. McParland

My Angel 5

My Angel so truly divine and amazing
how I long to be with you spending time
snuggling, talking, and so passionately kissing.
I adore you my lady and am filled with
unconditional undying love for you
my sweet darling and I want to give you
all of the love I hold within me.
I love you so much a cherish you completely
my sweet Angel dove and I just want you
to know and realize how amazing you are.
You are so beautiful and a shining star
that gives me reason to fight on through everything,
and I will always be yours standing
right by your side supporting you
in true love because I am so proud of you
and love you more than anything.
You are my Angel a divine Queen and blessing
and I thank God to have known you
and receive all your love because you are
so very kind, intelligent, adorable,
and my hero best friend.
God bless you my Angel I will always be here for you
giving my everything because you are the greatest
and all I've ever wanted because you blow me away
in true love so great.

Michael P. McParland

Night Note 207

A very beautiful and wonderful
good night to you my sweet
beautiful and beloved Angel darling.
I am so sorry I drifted off first
after writing while catnapping,
than I woke with the most awful,
and stomach churning sickening
migraine headache where I was forced
to just close my eyes and let it pass by.
It made me so sick and I felt even worse
as I wanted to be able to write you,
I worried so much and still do
that you think perhaps I do not care
or am blowing you off which I will not do,
and then when the headache had mostly passed
I came to write and then the site was down.
I am so sorry my sweet Angel dove
and once again I thank you for
all of your kind patience, deep love,
and understanding of all that I'm going through.
I am so blessed to have such a wonderful
best friend, Angel, Queen, and hero
such as you who stands by my side
and listens to understand how I am feeling
and all of the struggles I'm facing now.
I swear my sweet one I will always do
the same for you and stand right by your side
supporting you in all ways that there are.
I love you so much and treasure you
for the wonderful Angel you are,
you are so truly amazing and a diamond in the rough
who shines so much brighter than all.

Dear I now have not eaten in two days
and I wish you were here to sit beside me
as I cooked us a nice little meal
to enjoy with one another.
Even though hungry I have just not felt
like eating or doing more than lying here resting.

You know I am just so very depressed
from so much stress and other things babe,
and I just want to be holding you close
hearing your voice as we talked and you
read to me all of your poetry
and the stories you write.
I want to escape into the beautiful world
of my gorgeous lady and share mine as well
as we make them into one together,
a beautiful world with my best girl
to forget the outside world while we snuggle
and kiss while we spend time.
Dear I just want and so need to sit back
with you feeling so cozy and enjoy
all the love that we share and we feel
for each other basking in the glow
of true joy with our dear best friend
we so adore and treasure to no end.

So my sweet love I wish you a good night
and I hope you feel all of my love, strength,
and warmth fill and surround you
as I send it in full.
Feel all my sweet kisses and huge hugs
give you peace and soothe you
knowing I so truly love you.
Kira you are so beautiful and life
without you is so incomplete and deeply troubled,
I feel so empty and lost without
my best friend and Angel who gives me hope
and keeps me going lighting my path,
I love you so much and just want
to hold you so close and kiss you so soft
saying thank you my love you are the best
anyone could ever have,
I will spend forever thanking you
and giving you all of my love
and the best that I have.
God bless you sweet Kira and know that
you are a true gift and blessing,
one of Gods greatest works of art
he sent to earth as a true sign

of goodness and beauty,
my heart truly melts for you
my divine best friend and dear Queen.
I'll love you forever and be yours
because you're all I want and so very special.
So remember I'm here if you want or need me
because I am right here for you waiting
so anxiously with wide open arms
and a wide open heart that will give you
everything you need and want.

Michael P. McParland

Night Note 206

Lying back my sweet dear
just reading and catnapping
while listening to my podcasts
and audiobooks and it is
you my thoughts and dreams ever drift too.
The most beautiful tender feelings
fill me for you as in every beautiful
adventure I hear or read
I see you as my wonderful partner,
and in every love song I smile
as I see you and in all feel you
so very much closer.
I am dreaming of you and long
to have you right here in my arms
spending the night arm in arm
hand in hand sharing sweet kisses and more,
I just want to be sharing this night with you.

So I hope you are having
a good night my love
as I send you huge hugs and sweet kisses
filled with all of my warmth and love.
I wonder how you are
and truly hope you are alright
and pray that so soon we will reunite.
God bless you my gorgeous Angel
of hope and light and always remember
that my heart and I are yours
and yours alone through eternities time.

Michael P. McParland

Catnap Desires

Waking now dear from a good catnap
and as I dreamed of you I am filled with desire.
Desire to hold and kiss you
while giving the softest caresses.
To just smile so widely and say
I love you my darling for you are
my best friend and hero so please
let be yours forever and ever,
you are my Angel and soul mate
and I want to marry you for you are my everything.
Waking from this catnap you're all I desire
to spend time with relaxing and feeling so good.
I love you sweet Kira you are so wonderful,
the most beautiful and amazing woman I so
truly cherish and treasure.

Michael P. McParland

Return To Me 4

Return to me babe so very soon.
I miss you and want you here in my arms,
return so I can give you all of the love
that you so very much need and fully deserve,
please come so soon so I can hear your sweet voice
and show you how much I care for and adore you.
Return to me my precious one so I can
hold you so close enjoying our days, evenings,
and nights just spending time having fun
sharing all that there is
and making love experiencing all the true beauty
there is together in this world.

Return to me dear I miss you so bad
and as I sit here I just want to pull you in
closely and lean on you now.
I just want to feel the sweet comfort
you've always given to me.
I just want to talk, watch a film,
and read with my beautiful lady as I gaze in your eyes
and give you sweet kisses so full
of passion and care.
Return to me baby for I know how lonely
you are and how much you are hurting
and I just want to help you feel better
healing all of our scars and hearts
so the hurts will be gone chased off forever
by our dear beloved best friend.
Please return soon my sweet love
and we'll be filled with true joy to no end.

So my sweet one please return to me soon
so on evenings like this we can hold each other
and with the kids have a great time.
Then after they are off to bed we can
just sit and talk while kissing along,
and read to each other from a book we have chosen,
an adventure we wish to share
and escape into together enjoying the journey.

Return to me dear as I have so much
I want to share with you and to endlessly give,
I want to serve you my Queen in true love
and make sure you know just what a beautiful
woman and Angel you truly are.
I love you sweet lady and pray you will soon
return to me so we can always be right there
helping and supporting each other through
everything that life has to offer.

Michael P. McParland

Love Note 525

Good afternoon my beautiful
and most beloved sweet Angel dove.
I pray you have had a great day
and felt be with you there,
I pray you have always felt my hand in yours
with all of my love and warmth
as I'm always by your side no matter what,
I love you sweet Kira and you make my heart melt
as I am filled with butterflies
of true love, care, and desire for you.
You are my everything and I wish
right now I could be holding you
and giving you sweet kisses and smiles
as I start my day.
I miss you my sweet love
and can't wait to hold you so very near.

I have only just arisen shortly ago
and I am so sorry my one I have been
this extremely tired so much,
and as I wake I am filled immediately
with all of my deep aches and pains,
inside as well as I long for you.
I truly wish I could lay here snuggling
with you as the meds set in and your loving
strength helped all of it ease off.
My back is in great pain a thing
you know all too well and the pain
you must endure breaks my heart my sweet one.
So I wish we could just be here
lying down and talking while it eased a bit.
I love you my sweet lady and you
are the best medicine for all things,
you are a miracle and the Angel Queen
I am eternally thankful for.

So my sweet one as I lay here for
just about another 10 minutes more
waiting for the meds to make things

more tolerable I reach out to you
and hold you close in spirit
with sweet sweet kisses galore
for my Queen so glorious and beautiful,
you are such a rare gem I'm so proud of you.
You are the greatest woman I've ever know,
so loving, kind, giving, and supremely beautiful.
Kira I love you and truly am so sorry
I was out of it for so long once again,
I have just been so tired and run down from things
and I would give anything to hold you now
and dry your tears telling you everything
is okay and reassure you that I'm
never going to leave you or abandon you
in the least because you are my everything
and I care for you above all.
Have a great rest of the afternoon
and feel my arms around you in comfort,
you are my Angel, my best friend, my Queen,
and I am yours and yours alone forever to no end.

Michael P. McParland

My Heart Is Aflutter

As I lay back now my heart
is all aflutter as I think of you
my dear sweet beautiful lady.
I think of you and longingly smile
as my heart yearns in true loves tenderness
to hold you so close and give a sweet kiss
as I confess all the love that's within myself
for you my sweet Angel dove.
In my heart and soul I so deeply long
and yearn for you as I'm filled with butterflies
in all ways as I lay back and dream of you
in all your beauty that is so very great.
My heart is forever yours and it calls out
to you right now saying I love you babe you are the best.

As I lay back now and think of you
my heart sings out all of the love songs
I love most to you so you will know
you're so cared for and deeply loved,
my heart is aflutter for only you
and I want you in my arms snuggling away
this late afternoon and the early evening that's here soon.
In my heart there is an eternal burning flame
that is for you in pure love and want to give you all.
In my heart and in my soul I just long and yearn
for you to be right here in my arms smiling,
talking, and just spending time enjoying all we share.
I love you sweet one and feel my heart touch yours
as it reaches out to give all my warmth and loving care.
I miss you Angel and as I lay back now
I am filled with butterflies because you are
so very beautiful and I love you more than anything
in the entire universe.

Michael P. McParland

Smile 2

Dear you are helping to make me smile,
even through all of the pain, tiredness,
loneliness and depression.
I can feel all of your love and your
sweet beautiful smile and it makes me
feel good as you lift me higher.
Dear you make me smile and give me strength
to go out and face the rest of this day
and I so want to thank you and tell you
I truly love and adore you.
Thank you my dear for being so wonderful and amazing,
you are a diamond in the rough and a true treasure
I so cherish and treasure completely.
I love you my dear Angel and you make me smile
for I am bursting with love for you
and you truly are the worlds beauty in my eyes.

Michael P. McParland

Love Note 524

Good afternoon my sweet Angel dove
and as I now rise from that
much needed rest after work
I send you sweet kisses and reach out
to hold you so tight,
I love you sweet one so very much
and thank you as ever for all
of you love, patience, understanding,
and great strength.
Kira you are amazing and my precious Angel,
truly the greatest gift from God in heaven
you are a blessing.

Dear my neck is still very much
hurting but I must get up
to shower and get myself going
as I have the therapist in a short while.
I wish so very much you were
right here to join me in all things
as I gave you sweet smiles, kisses,
warm hugs, and held you tightly,
I so want and need my beautiful
best friend right here beside me.
To hold as we were refreshed
and cleansed under the water
getting lost into our own world together
and just spending time doing
whatever strikes us and feel like doing.
I so love you sweet Kira
and will be with you and yours only
forever and ever because
you are my true love and hero,
my Queen so adorable and amazing.

So have a good one my sweetie
and again I so deeply thank you,
I hope that so soon we will be reuniting.
I just want to hold you and gaze
into your eyes saying Kira

my love and tender care for you
goes beyond all description
so I will spend all time doing my best
to show you its immensity.
As I have said I am yours and yours alone
through all eternity and I will
stand by your side fully in love
and truly supporting you.
You truly are the greatest thing
that has ever happened to me
and I don't ever want to lose you
my sweet Angel Queen.
You give me light and you give me hope,
Kira I love you so much
and will strive to always give you
the best in the universe.

Michael P. McParland

A Long Difficult Night

It was such a long and difficult
night of work my sweet Angel of light.
I worked so very hard doing so very much
very well and still they say I am
to slow and make me feel like a fat bum.
And my neck now is in so very much pain
I can barely move it at all
without lightning bolts shooting in fierce shock.
It was such a long and difficult night
I just want to lay down and rest right now
with you by my side and wrapped up in my arms.
I just am in need and want of my sweet Angel
of great beauty and brilliant light
to snuggle with so very tight
making everything so peaceful and right.

Dear after such a long difficult night
I am in very much pain and immensely tired,
and right now as I lay down to relax
and catch a bit of rest I wish I were
with you to rest my head next to yours
sharing sweet kisses as we snuggle.
I miss you my dear and want you so very much
so rest assured I'll never leave you
because I want to spend all of the best of times
and the hardest enjoying them
and helping each other get through.
I love you my sweet Angel dove and as I lay down
feel my hand in yours and my arms wrapped around.
It was such a long and difficult night
my sweet Kira so beautiful and my
Queen Angel of light and I just want to be
lying here with you saying I love you my dear
and thank you for all of your love
and all that you do.

Michael P. McParland

Holding You Before Work

A very wonderful and beautiful
good night to you my sweet beautiful girl.
I have just woken from a nice rest
and before I must get ready and go to work
I wish I could just lay here holding you
talking and giving kisses so sweet.
As ever my nerves are shaking
and I just want you to be with me
helping everything to be easier to deal with
and then maybe meet me to have lunch.
I just know that I want my Angel
and to be holding you so very closely
before I must get ready and going
because you are amazing and the worlds beauty
which comforts and soothes me.

I will be with you my sweet love
through my whole shift holding you tightly
to give you all of my loving strength.
I would give anything to do that
in person before work but right now
I must do it in spirit.
I love you my Angel and just want to be
passing this last little over an hour
with my favorite person in the universe.
I love you my Queen so truly amazing
and I want you in my arms
to give and feel such deep and amazing comfort.
You help get me through so much
and to see your smile would help make
this night filled with great hope.
I adore you my Angel and before work
I just want to hold you telling you
just how much I truly care and will always love you.
I so truly cherish you and my heart melts for you
and I just want to be holding you so tightly
right now and forever.

Michael P. McParland

In Need Of My Love

I am in need of my love,
I am tired to the bone
and feel so depressed and lonely
in so many ways.
She is my best friend and Angel so good,
she fills me with hope and with light,
the will to go on.
I am in need of my love and her
tight hugs with sweet healing kisses as well.
She is a diamond in the rough
a wonderful loving Queen so very rare
whom I cherish in full.
I'm in need of my love my only one
to just sit with and hold through the rest of this day
and be with the rest of time.

I need you sweet love it is a bit
of a hard day for me.
Not a bad one at all but a bit down
and I just want to sit with you talking along.
I want my sweet love my precious gem
because she is a miracle
and my heart and soul will always be hers.
I need you my love because you truly are
my beautiful sweet Angel dove
and I love you in full because you are you
a blessing and gift I am truly so thankful for.
I love you my dear my bright shining star
because you are so kind and so giving,
the greatest woman there is.

Michael P. McParland

Love Note 523

Good afternoon my sweet
beautiful Angel from above,
I hope you've had a good day
and been feeling all of my love and warmth.
I woke early this morning
with a headache and ended up falling
asleep until just a few minutes ago.
I am so sorry dear I was out for so long
and I thank you so much
for all of your healing love.
I send you sweet kisses and massive hugs
to fill you with all of my strength
and caring everlasting love.
I wish I could just hold you
right here and now letting you know
just how wonderful you truly are.

As I get up now I have some chores
that I need to do and I will
be thinking of you as you help
me feel good and you make the time fly,
I just wish you were here to talk to
and spend good quality time.
I love you my best friend
and just want to get lost in
one of our conversations
smiling and feeling so happy like we did.
I love you sweet Kira and feel
my hand in your hand
as I will be right by your side
holding you tightly giving all of my care.
I love you sweet girl you are
a blessing and I will always be yours
because you are so beautiful
in every way my shining star
and divine Angel.

Michael P. McParland

My Fair Lady

My fair lady you are such a precious rose,
you truly are so beautiful and perfect in my eyes,
there is no one I'd rather be with and hold
because you are my best friend and hero.
My fair lady I so adore please come so soon
so I can give you all I have and all the love
you've so longed for, needed, and deserved.
Fair lady I so love you and want to
be with you forevermore.
There is no other that I want because to me
my fair lady is all there is I want.

My fair lady, my dear gorgeous precious rose,
I long to serve you in true love through the rest of time.
You deserve all the best there is
and you've never gotten all that you have earned,
you are such a kind and loving being with so much to give
and I just want to treat you like the Queen you are
and make you proud and filled with joy.
I adore you love for just who you are
and am grateful for all you've done.
The loving strength you give and all of your support,
I will spend and this life and through the next
thanking you in every way there is.
My fair lady I so truly care for you
I'm bursting with tender true love and need to give,
it is only you I'll ever want because you are my Angel true.
Fair lady never fear because I swear
I'll never ever leave you all alone hurting so severe.

My fair lady and Angel I so truly need,
I need you because I love you so
and I want to give you all there is
as a man who truly loves his woman wants to
and always will.
You are my fair lady and my whole universe,
in my heart and eyes there is no other
and there will never be.
Please come my darling as I take your hand

and pull you tightly in,
feel my kiss so filled with love and know
that to me you truly are the best.
I love you dear and the thought of losing you
fills me with such fear.
I just want to spend all time hand in hand
side by side supporting you.
I am yours and yours alone for all time
because you are my fair lady I so truly adore
and fall for everyday without a doubt as my heart melts for you.

Michael P. McParland

A Quiet Restful Evening

A quiet and restful evening
with you is what I so want and need
my dear precious Angel.
Here so soon I want to take you out
to get some ice cream
and then just return home to spend time
sharing soft words of love with
all the thoughts and the feelings
we so want to tell.
A quiet and restful evening my love
is all I am craving with you my dear Queen.
I love you so much,
more than anything in the universe
and I just want to spend this evening
by your side with you in my arms.
You are so beautiful as well as being
such a divine blessing and miracle
and I want nothing more than to be spending
this evening enjoying the company
of the Angel I adore and my heart melts for.

Michael P. McParland

Love Note 522

Good afternoon my beautiful
and beloved sweet Angel dove,
beautiful thoughts of beautiful you
dance so wonderfully in both
my heart and head.
You truly are such a blessing
and gift and I just wanted
to stop in and tell you
I love you so very much.
I wish you were here to just
spend time and hold and kiss
spending the afternoon like the
two best of friends and true loves that we truly are.
Have a great day my sweet girl
and remember I am right there by your side
holding your hand and smiling so big
as I tell you I love you more than anything
and I always will.

Michael P. McParland

A Relaxing Morning Feeling Better

Good morning to you again my sweet one
and now that I am feeling fully better
I wish I could be spending a relaxing one with you.
To sit and relax while I give you thanks,
and to just get lost in your eyes
with all the mysteries and love you hold inside.
A relaxing morning to spend with you
not doing so very much but experiencing
the universe because I would be with an Angel
whom I love and adore so very much.
A relaxing morning with Kira would be the best.

First I need a shower to clean off the sweat
and all that general sick feeling,
then after just put on my robe and fall
in your arms as we snuggle, laugh, and kiss sweetly.
I don't know of anything I'd want exactly
except to just spend time with my Angel and diamond.
As long as I'm with you I'd be so happy
giving of myself to you totally and completely,
I love you sweet lady and long for a relaxing morning
now feeling better I just want to thank you
and hold you feeling so very happy
letting my Queen darling know she's amazing.

Michael P. McParland

A Soothing Good Morning

Good morning my sweet Angel dove
and I am so sorry my morning
write to you has be held up and is late.
I left work half way through the night
feeling so very sick and had a bad
migraine headache,
only now am I feeling well enough my sweet love
to open my eyes, get up and write you my love.
I love you so much and wish you had been here
to snuggle up next to and feel so safe,
protected and cozy when I had arrived home
and climbed into bed to get feeling better.
I could feel you though so strong in spirit
and it helped me get through as long as I did
and to help me rest to feel better.
Thank you my love you are so special
and I send you sweet kisses of pure loving thank you.

So my sweet love on this morning feel
my arms around you and me beside you
with a loving smile so very big.
I want to reassure you and soothe you
that I love you so much and will
always be there right by your side,
I'll never leave you and I want to be
holding you close every morning
saying thank you sweet Kira for being you
and for being so amazing and beautiful.
I love you sweet one and want to be sitting
back with you as I get myself going
after feeling so very sick and now worn out
I just want to sit with you and know
things are okay and it will be a good day
being with you my Angel so perfect.

Good soothing morning with sweet kisses
and huge hugs my sweet Queen and dear Angel.
I am your Michael and I truly will be
yours alone forever and ever.

I will hold you and take care of you
when you are feeling sick or just
in need or want of something.
I will always be your man giving
my very best and my everything.
You are so special and a miracle
and I truly want you to know it,
you are my Kira and my heart melts for you
because you are so beautiful,
so amazing in all ways, and so very kind
and so very loving in all ways.
Please send me your smile to help make
this morning so grand washing away the last
of that which ailed me last night.
God bless you sweet Kira and have a good morning
feeling all of my love for you and the smiles
I send to soothe,
you are the reason I fight on dear and you are
the reason my smile's still here.

Michael P. McParland

A Sweet Kiss Before Work

A sweet sweet kiss to you my sweet love
before I must go to work.
A sweet kiss to say I love you so much
and want to be with you here spending time
instead of at work or anything else.
I love you my dear sweet one and miss you
so very very much and I will be thinking
of you and reaching out the whole night.
God bless you dear you mean so very much
and feel my arms around you and my lips
upon yours with sweet hugs and kisses while I am gone.
I love you sweet lady and just wish I could hold you
to make this night so much easier.
A sweet kiss to you now before I must go
now be filled with peace and all of my loving warmth.

Michael P. McParland

Goodnight My Best Friend 2

Goodnight my sweet best friend
and dear Angel of light,
I am so very exhausted and lonely
I just want and need your company tonight,
and not just tonight but every night
to snuggle and kiss feeling so warm
and safe in my hero's arms.
I love you sweet lady and just want
to hold you so very tight saying
I love you my darling and thank you
for being my only one.
Goodnight my sweet lady now let's climb into bed.

Just cozy up my sweet one so very close
and rest your sweet head upon my chest
to feel at ease and relax
as I stroke your hair and rub your back,
us just listening to an audiobook
or some soothing music.
Feel my arms around you so tight my love
as I reach out in spirit to give you deep comfort.
Listen closely for my voice
as I tell you Kira I love you.
Good night my best friend and sweet Angel
I so badly need and want you here by my side
falling asleep in each others arms together.

Tonight I will see you in the land of dreams,
please come rescue me from the nightmares
that plague me so bad,
let's go sit under our tree in a grassy field
on my big fuzzy orange blanket
by the rushing river so magnetically calming,
and just talk, snuggle, rest,
and share the sweetest of kisses.
Let's go there and spend time my dear best friend
and pass the time there till we reunite in person.
I'll see you tonight I pray in dreamland
my dear sweet one because you help

make me smile and give me hope to go on,
I love you my darling and want to just hold you.

Goodnight my dear best friend and true love,
I am ever so exhausted and want to snuggle with you
sharing conversation and sweet kisses before bed,
and then to just fall asleep in your arms
all the loneliness healed and gone.
Goodnight my best friend you truly are my
Angel and Queen a diamond so grand.
I will always be yours and stand right by your side,
you're not alone because I am right here
for you and you can call on me babe no matter when.
I love you, I cherish you, I simply adore you,
and as I go to bed I just wish I could
look in your eyes and say goodnight my dear best friend
you are my everything and I want to spend eternity
sharing all of lives amazing journey.

ILYF KP

Michael P. McParland

Saturday Night Pleasures

This Saturday night my sweet love
is now winding down and the many
pleasures of it I wish we were sharing.
The most simple of pleasures
are immensely better when shared
and enjoyed with your best friend,
true love, and hero.
I want to be spending time with you
feeling better than we have in what
feels like forever.
Just snuggling and healing in our arms.

I am beginning to feel so very tired
and I want to sit back and read
with my beautiful and beyond intelligent lady,
your intelligence is just one of the
things that makes you so very sexy.
I want to watch a film with you
and you can choose which one it is
because you deserve to see what will soothe you
and make you feel so good.
And just kiss your soft pink lips
and sharing closeness giving all of
ourselves on this night before bed.
Saturday night pleasures a many
that fulfill us in many ways than can be stated,
I just want to be with you knowing all is good.

So my sweet love on this late Saturday night
I want to have the pleasure of your company
and your snuggles so tight,
I want to hear your sweet voice and feel safe
having you beside me and talking
as we enjoy a great time just giving of ourselves
in all ways sharing our time and lives,
Saturday night pleasures are just being
with each other and giving our love
in all the simplest of ways so happy and free.
I am thinking of you and how wonderful you are,

and I am dreaming of all the wonderful
Saturday nights I know we will share.
I love you sweet Kira and can't wait till then
because I will finally have my Angel
right back by my side where we will be sharing
and giving everything we have so wanted to do.
I love you sweet Kira and I always will.

Michael P. McParland

Love Note 521

Good late afternoon
my sweet beautiful love.
I hope your day has been going
so very good feeling all of
the warmth and love with sweet kisses
and huge hugs I send to you.
You have been on my mind
and I have been smiling as I feel
all of the love and warmth that you send,
your hugs and big smiles
light up my world.

The game has been delayed
by weather now for over an hour
and I wanted to stop in
and tell you I wish you were here
to spend time with and that
I so deeply love you.
I wish I could watch the rest
of this game with you
and then go out after
and have fun with each other.

So my sweet lady have
a great rest of this late afternoon
and soon coming evening
and know that I'm thinking of you
and reaching out to hold you so tightly,
I am right here if you want or need me.
God bless you sweet lady
you are so beautiful and truly a blessing
and I will always be yours
and love you completely
through all eternity.

Michael P. McParland

It Has Been And Is

It has been and is such a wonderful honor
and awesome thing having known you.
It has been so wonderful
to share all the wonderful things
with you that I have
and all the wonderful things
that I know we will.
I love you so much
and I swear to you that it has been
and is the most wonderful feeling
and thing that there is.
Having you in my life and as my hero true love
is all that I could ever hope for and dream
because you are my blessed Angel and divine Queen.
Kira it has been the best thing knowing you
and it still is and always will be my darling dear.

Kira it has been and is the most wonderful thing
knowing that you love me and care for me
just like you do and have.
You are the most beautiful and wonderful
woman that there's ever been.
With your heart of gold and your spirit
so very pure I am in awe and my heart melts for you.
You are a blessing and a work of art,
one of God's truly greatest achievements
and I just want to be with my sweet lady
who means everything to this man who loves her,
she has been and is all that I'm wanting
and needing through all time.
I love my Kira because she is amazing
and deserves all the greatest that is to offer.

It has been and is truly the greatest honor
having been able to know and love
my sweet beautiful Kira.
She has made my fight through life worthwhile
because with a best friend and love like her
life is always worthwhile.

It has been and is her that holds my heart
and my soul as it is my gift to her
and she will hold them through all time
which is the greatest honor for my Angel to bare them,
she truly is the most magnificent woman
and I will stand with her through all time.
Kira I love you since before earth
and I will love you dear into the next life,
you are all I'll ever want because you have
touched my life more than you can ever know.
I love you so much and will always work hard
to give you all that you need and want,
I am your Michael who will stand by your side through all time
supporting you through everything.
Loving you has been and is the most wonderful thing
and I am so grateful for you in every way,
I will always be yours and yours alone.

Michael P. McParland

Relaxing Late Saturday Morning

Home now from running around
doing a few things on this Saturday morning,
and now here at home ready to cool down
I just want to relax with you my sweet one.
Sit back and pull you into my arms
giving you sweet kisses while I gaze
into your gorgeous sparkling eyes,
and just say I love you my fair lady
and will be yours forever as long as you want me,
God bless you my sweet Kira you are amazing
and I want to be with you forever and ever
giving you everything that you truly want,
need, and desire.
Kira you are my Queen and my heart melts for you
in true love, admiration, and desire.

I want a relaxing late Saturday morning
just sitting back holding hands and each other
maybe watching one of the new movies I bought
while I was out at Best Buy.
Or something else that you'd like I'd get
so we could watch on digital.
It doesn't matter to me as long as I am
with my beautiful lady.
It would just be so relaxing and cheering
to be with my best friend whom I've loved forever.
Kira is a wonder and I am the luckiest man
that there is to have her love
and I just want to be holding her and her hand
while giving her sweet kisses and spending time.
I long for a relaxing Saturday in whole with her.

So my sweet love feel all of my warmth
and love surround and fill you overflowing
with sweet kisses and huge hugs as well.
I am reaching out to pull you in
and reassure you that I'm always there.
I wish we could spend a relaxing late
Saturday morning today together

but I know we will soon my special lady.
God bless you my Angel and never forget
how much your Michael loves you,
you're the only one I want forever and ever.
I will be thinking of you and wearing a smile too
because I feel all your love fill me dear.
Smile for me too and light up my whole world
because you are my diamond and sweet Angel dove
who gives me hope and makes everything feel better and good.

Michael P. McParland

Morning Note 199

Good morning to you
my very beautiful
sweet Angel dove Kira
I so love and adore,
I send you sweet kisses of comfort
with huge hugs of warmth,
I am reaching out to hold you,
I truly do give you all of myself.
I am so sorry again I was
so very out of it
but I know with your immense love
you understand since I explained to you
yesterday what my problem is
in my email and I will explain further
when I write the second part dear.
I love you so much and I am so sorry
if you were worried or upset,
I wish I were with you to pull
you in and dry your tears
saying I love you and I'm sorry directly,
and then give you the deepest kiss
of passion and love anyone
could ever give their best friend,
hero, and soul mate,
you are a diamond in the rough
and I want you to always know
I treasure you so very much.

I wish I could spend this
whole morning with you
starting off with a shower so
very refreshing and so very good.
I need to shave my head
and I would love to have your help
making sure I got everything in the back.
Then to just hold you and kiss you
under the flow of the water
would give this day the happy start
that is needed.

Then to just sit back for a bit
reading, talking, and watching a film
before we ran down to my job
to get my pay stub and maybe
pick up some things.
Just part of a good morning
and day with my only one.
I need you so much my dear Queen,
more than you can truly know.

I love you sweet Kira
and as ever you will be in
my prayers and I'll be thinking of you.
I so want to be spending
this time with you having fun,
feeling complete with my
beautiful Angel I adore,
and holding you so very close
letting you know that I care
and will always be there beside you
my sweet love so fine,
I will always be yours and yours alone.
I so long to spend today with you
watching Ohio State later this
afternoon and then take you out
on the town afterwards.
I only want you right here by my side
sharing all in this life,
enjoying the good,
and helping each other get through the bad,
you're all that I want
and all that I need.
God bless you my sweet Kira
and have a good morning,
remember your Michael will always
stand up, beside, and behind you
in full support and true love.
I am right here should you want me
or need me and I promise my dear
I am right here waiting patiently.

Michael P. McParland

Sweet Afternoon Snuggle

On this Friday afternoon
I want to share with you a sweet snuggle,
holding you so very tight as we
spoon on the couch relaxing
and chasing off this fatigue
that for various reasons bothers me,
be with my sweet lady who cures my nightmares
and makes me smile so big.
I just want to share on this afternoon here
a sweet snuggle while spooning
and giving you kisses of thank you.
I just want you my sweet lady,
my hopes, and my dreams.
You my sweet Angel dove,
my everything.

Michael P. McParland

Morning Note 198

A very good late morning
to you my sweet Angel dove
and I thank you for all of your patience,
your loving, and your sweet care,
I thank you my dear one
for I could feel all your strength
and it helped me as I rested
getting rid of that headache.
I thank you sweet love for
all that you give and do,
you are such a treasure and gift
I so love and adore.
You are a blessing sweet one
and the hero I'll always
so want and need
because I love you more than anything.

So my sweet girl as I get up now
I send sweet sweet kisses
to beautiful you.
Feel me beside you and have
a wonderful day knowing
I love you and seeing all of the beauty
that surrounds you.
I will have a good day knowing you love me
and knowing that you truly are
a diamond in the rough
and the worlds beauty I so adore and love.
I am right there beside you
hand in hand as ever
and I will be right here
if you want or need me for anything.
God bless you my Kira
and know that for you I truly am
so very thankful
and I want nothing more than to
fight along with you
giving my best and my everything.
I love you sweet Kira

and I will never abandon or leave you
because you are my Angel
and my best friend,
I am your Michael who wants to give you
the whole world and universe
my dear everything.

Michael P. McParland

Morning Headache

Good morning my sweet beautiful love
and I hope you had a good night
filled with rest and sweet dreams of us.
I have been so bowled over by a few
of these meds and the exhaustion
of pain and running around,
I am so sorry I keep falling asleep
like you on this.
It is not intended and I don't mean
to hurt or upset you in the least.
I wish I were with you snuggling up
and feeling so good,
I want to give you all the happiness
and greatness you deserve both in this life
and the next my sweet Angel dove and best friend
I so adore completely to no end.

So my sweet love as I have woken up
I have a headache which is not
particularly bad but headaches are a drag
as it stands any way that they are
and I wish you were here beside me
to lay my head next to as it went away darling.
I wish I could lay right here with you
snuggling up so very tightly
because I truly love you and miss you,
because I want to be with you
as I lay here waiting for this headache
to pass by me and then we would have the best day.
I love you sweet Kira and you are my Angel
and healer from all of the bad things
and the loneliness in life that haunt me.
I want to be with you and give you the sweetest
and softest kisses full of love any man could give you.

Good morning sweet Kira and you truly are
so very beautiful and so amazing,
I can always feel of all your love and I thank you.
I truly wish that as I beat out this headache

you could lay by me and rub my face
and my head while I would give you sweet kisses
of true love with thank yous to you for
being yourself and all that you do throughout.
I love you sweet lady and just want to rest away
this headache this morning and after spend
the most wonderful of times with my only one.
I love you sweet Kira and as I close my eyes
for a short bit more I will be dreaming of you
as well as sending all of my warmth and love.
Feel my loving arms so tightly around you
and remember you're never alone or forgotten.
I truly love you more than anything sweet lady
and I am craving your snuggles and your
wonderful company my sweet precious Angel.

Michael P. McParland

Tender Desire

Here now after such a busy day
and evening fast approaching babe
I just desire to hold you close
as we spend time with each other
feeling so good and I tenderly kiss you
all over telling you how important
and wonderful you are,
telling you what a beautiful woman you are
and how happy I am to have you as mine.
I just desire to be with my one
tenderly caressing, kissing, talking to,
and holding you as the afternoon ends
and the evening soon begins.
I love you my sweet girl
you are my hope, my dreams, and my tender desire
of pure and true love which comes
from my heart and soul which you hold.
I just so desire to hold you and tenderly kiss you
while we enter an evening of great time
just spent with each other our best friends
and our true loves.

Michael P. McParland

After A Busy Day

Now my sweet love I have
finally arrived home from all
of the things I had to do,
and after a busy day missing my girl
and just feeling flustered from all
the running about I just want to sit back
with you and enjoy this lunch that I bought.
It is much bigger than I thought it would be
and I want to share it with you
while we just sat back and enjoyed a film,
then a warm snuggle so very good
with Kira my Angel I so deeply and truly
love and adore.

After a very busy day my sweet dear
I am just winded and want to sit down
enjoying this afternoon with you.
I want to just lean up against you
as we sit back relaxing and give you
the sweetest of kisses and loving smiles.
I want to give you my free time now
that all todays business is over
and just enjoy doing whatever we feel like.
I love you so deeply and in all of your love
you relieve the stress, and the bad things my love,
you are the worlds beauty and I want
to be able to wind down all long times
of being busy and the days with my one and true love,
Kira I want to be holding you near
and decompressing after a busy day where I feel so winded.

So my sweet love after such a busy day
I just want to fall in your arms
kissing you so deep and loving telling you
about all that has gone on
and then ask for the honor of spending
relaxing time eating this lunch
and then snuggling along through the rest
of this afternoon giving all of myself

and sharing wonderful things with my most
wonderful and beautiful best friend
I so love and adore to no end,
after a busy day my sweet Kira I want
to be with you winding down and relaxing
sharing smiles and everything.
It's been such a day and it's time for relaxing
and there would be nothing better
than doing it with my special Kira.

Michael P. McParland

Love Note 520

Good morning to you again
my sweet beautiful one.
I am about out the door to get
my MRI and then meeting afterward
and before I go I just wanted to say
I so truly love and treasure you.
You are adorable and a beautiful woman
with a heart and soul of pure
precious gold and to me you
truly mean the universe.
I can feel you so close
and feel all of your love fill and surround,
I will be thinking of you
and smiling as I go through
all of the stuff I must do,
I will be sending sweet kisses,
big smiles, and huge hugs of pure warmth
to you the whole time my precious girl.
Side by side, hand in hand
through it all with my my beloved Kira,
my only one.

So as I head out the door
just close your sweet beautiful
sparkling eyes to see my loving looks
and my big smile with pride for you,
smile back for me dear and help
light up my entire world,
fell my loving arms wrapped so tightly
around wonderful you.
Have a great day and remember
you're not alone because
I am right here and in spirit right there.
You truly are such a beautiful
and amazing woman and I want
to spend eternity with you my sweet Angel.
I will always be your loving Michael
giving my all and my best
to make you so proud and happy.

Never fear my sweet dear
for I'll not abandon you
and I will never ever desire or crave
another because for me
you are all I want and need
because you are my best friend and hero
with whom I share the most amazing
and cherished bond with.

Michael P. McParland

Good Morning Sweet Queen I Adore

Good morning my beautiful sweet Queen
I so truly love and adore,
I'm so sorry I fell asleep like that
last night evening but I was so tired
and the medications are wiping me out
my dear precious Angel.
I woke up a bit earlier but I had
such a very bad headache,
I could feel all of your love though my dear one
and through the strength that you send
it has mostly left me now.
I thank you sweet one and you are always in my prayers
giving all of my warmth, love,
and endless thanks to you my diamond in the rough.
God bless you my sweet Queen
you truly are my only and true love,
you're my everything.

A very wonderful and beautiful good morning
to you my Queen and adored blessing.
In a few hours I must go to get my
MRI so we can hopefully find what
is wrong with my neck and spine.
I must get up and get ready and as I must
go through everything I will be
thinking of you to help me smile
and not feel claustrophobic in the machine.
Then not long after another meeting
making this a busy day I must take
one step at a time my sweet girl.
I wish you were here to spend time with
before I must go and then have by my side
as I go out to do all I must babe.
It will be a good day though my Kira so wonderful
because you are beside me and I am beside you
hand in hand fighting for each other the whole time.

So a good morning to you my sweet sweet
beautiful Queen and Angel who means everything

to me and I want to be with through all time.
It will be a fairly busy day
and I wish you were here to just be with
hand in hand smiling as we faced the world
as the best friends and true loves we are.
I love you my dear one and am truly so sorry
I fell asleep for so long on you,
it would have been perfect if I could have been
holding you and you holding me while
we both rested kissing and smiling the whole time.
I love you my dear Kira and want to be
holding your hand as we face together everything
because you truly are my Angel and hero,
the only one I want and need to be with
forever and ever.

Michael P. McParland

Tired Late Afternoon

Good late afternoon my sweet love
and I have just arrived home with dinner in hand,
it is time to just sit down with you
and enjoy the rest of this late afternoon
and the evening that will be here so soon.
I just feel tired for a number of reasons
and want to spend this time beside you
my sweet precious lady.
Finish the late afternoon with a nice little dinner
and then enter the evening holding each other
while reading, talking, and watching a movie.
I am a bit tired and just need the love
of my sweet beautiful diamond.
I love you my dear Kira and just need to
hear your Angelic voice while I feel your sweet touch
spending time in the evening to come.
Sweetie I am feeling a bit tired but would
give anything to spend the evening just
sitting beside you spending quality time
with my gorgeous Angel I so adore
and love with every bit of my heart, mind,
body and soul because you are my everything and only one.

Michael P. McParland

Love Note 519

Good afternoon my sweet beautiful love
and as I now wake from a long
weary nap filled with beautiful
dreams of you and us I wanted
to tell you I love you so much
and that I long to feel your
soft and tender loving touch,
after such a nice sleep filled
with the most wonderful dreams
I want to be in your arms
enjoying and reveling in the worlds beauty
my Angel Kira I so truly love.
I send you sweet kisses
my gorgeous best friend
and I will forever be yours and love you
undying to no end.

Very soon I must be out the door
for my appointment and before I must go
I want to send the sweetest
of kisses to you my dear one.
I just wish you could join me
to have your sweet company
and then take you out for a very early
meal after because I just want to treat you
to all of the best times,
I will be thinking of you as I send
all my love to you my sweet lady,
my diamond I treasure,
continue to be warmed by my millions of smiles.

So continue to have a good
afternoon and remember that I am
hand in hand right there beside you,
I can feel you so strongly
and it always helps me get through everything,
I love you my Queen you are amazing
and I would do anything for you
to make you so proud and happy.

So again sweet kisses and smiles
to you my true love to fill you
with all the passionate true love
and warmth I hold for you,
feel my arms around you
as all the while I reach out in spirit.
I love you sweet lady
and will always be your loving Michael
because you are all I want, I need,
and my darling everything.
You are my Kira, a miracle,
and a blessing.

Michael P. McParland

Loving Morning Smiles

Good morning again my sweet Angel I love
and I send you sweet sweet kisses
and the biggest smiles with hugs so filled
with loving warmth,
I adore you my lady and wish I were with you
to sit back and relax for awhile while
I was holding you seeing your smile,
I want to be looking in your sparkling eyes
my beautiful girl and get lost in the wonders you hold.
I send to you smiles so filled with love
and saying I love you dear you are the best.
Thank you for being you my Kira so good.

It is rainy, cloudy, and dreary here
and I would give anything to see your
shining smile to light up the world.
It's been raining for days with no sign of the sun
so I would love even more than the usual
to see your sweet smile my shining star.
I love you so much and want to spend time
with my girl before I have to go to
my therapist in the afternoon,
I just want to be spending time smiling with you.
Just feel me there my sweet one
for you're not alone.
Feel my arms around you and my lips upon yours.

I send to you my dear darling
loving smiles to make this a wonderful morning.
A morning of love and light hearted feeling,
a morning of warmth knowing we are safe
and secure being with one another,
just giving our true love and support
to our most beloved best friend and Angel.
I love you my Kira and send you sweet smiles
with kisses and hugs to brighten your day
and help you not feel so lonely,
I send you these loving smiles to let you know
that you are so treasured.

Sweet girl you're not alone and you never will be
so feel deep peace knowing your Michael
is forever beside you.
I love you my darling and send you these loving
morning tender smiles to brighten your day
and reassure you that I am there with you.

Michael P. McParland

Morning Note 197

Good morning my sweet
beautiful Queen and Angel
from up above and as I arise
I send sweet kisses of warmth
and true love to you
to give you a smile as we start this day.
I still feel a bit worn out
and will drag around for a bit
but I will be okay because
I can feel all of your loving strength.
I send you such deep and tender thanks,
I wish I could take you into my arms
and give you sweet kisses all over
saying I love you sweet lady
you truly are so very wonderful
and amazing.
I just want to spend this morning
sitting back with you
my best friend and true love
whom I so truly treasure
just snuggling and talking
while we prepare to face the day
and all of the chores held within it.

So I wish you a good morning
sweet girl and want you to know
you are the most amazing
woman there is along with my mother
and that I've ever known.
You are a truly rare treasure
and a diamond in the rough
whom I care for immensely,
to my core I have nothing but
the most tender, gentle,
and caring feelings for you
with true love overflowing,
I adore you my precious rose so very beautiful.
Have a great one and feel me
beside you hand in hand always

never leaving you alone
to face it all on your own,
I'll be your man and your rock
as long as you want my sweet Angel dove,
forever I am yours and yours alone.
God bless you sweet lady I love you
and am right here if and when
you want and need me
because I am right here for you
with wide open arms and a
wide open heart so anxiously waiting.

Michael P. McParland

So Tired My Love

I am so tired my love
and I just want to rest my head
next to yours as we lay down
to just spend time kissing
and holding each other in bed.
I am so tired and need to rest now
and I just want my sweet lady
wrapped up in my arms.
God bless you my Angel
for all of your kindness and warmth,
you are the most wonderful true love
and best friend I could ever ask for.
I am so tired and feeling quite lonely,
I just want to look in your eyes deeply
and say sweetie I love you.

Dear I am tired and long so much
to just be right here beside you
putting on some music you love
before we slide under the covers.
I love you so deeply and just want
to be holding you so very tightly
rubbing your back as I tell you
that I am so grateful to have you
as my lady and Angel who's so truly
amazing and very beautiful.
I love you my lady and I am so very tired
and I just want to be holding you
as we rest for as long as we needed.
I just want to be with my Queen always
through all eternity.

Michael P. McParland

A Sweet Smile

A sweet smile to you my sweet one
on this rainy September afternoon.
A sweet sweet smile of love and care
to fill you with all the warmth that I have.
I send a sweet smile to you because
I wear it for you gave it to me.
You are my heart and my smile,
my bright shining northern star in the sky
and I send a sweet smile to say
thank you and I love you.
God bless you my dear you are a true gift
and the worlds beauty I so adore and admire.
I love you my dear and want to be with you forever
so I send you a sweet smile to tell you this
and worlds more that my heart and soul in your hands hold.

Michael P. McParland

A Relaxing Afternoon With My Sweetie

Now after having heard from the doctor
and back from the post office,
as well as getting my prescription
I just want to spend the rest of this day
into the evening and night my sweet darling
relaxing and having a good time.
An afternoon just for us to get lost in
as we snuggle and talk away with the sweetest of kisses.
I need time to relax with you
my most beloved Angel and sweetie I love above all.

Now after a long stressful two days of work,
topped off with all these aches
and these pains that we both have and share
I just want to cozy up next to you
with you in my arms and spend a most
relaxing afternoon forgetting any and all
of the bad that has ever come.
I want and need a relaxing afternoon
with my beautiful sweetie so very good.

Sweet sweet lady I am sending sweet kisses
as I reach out to hold you so in spirit
we may share a relaxing and good afternoon,
feel my arms around you giving all of my warmth and love,
dream with me of all our days to come
when we will be the happiest best friends
sharing all of the wonderful things we did
and so much more beyond our dreams.
I just want and need a relaxing afternoon
with my sweetie oh so fine
and I can't wait to have you in my arms,
I feel you so near in all your love.
God bless you my dear one and have a great day
knowing your Michael is there with you
and right here with wide open arms
and a wide open heart for when you come.

Michael P. McParland

A Small Rest My Sweetie

Please come and join me my dear sweetie
for a small rest while I wait now
for the doctor to call me.
It will be within the next couple of hours
and I want my dear sweetie here in my arms.
To share some sweet kisses while we snuggle
and then you can rest your head on my chest
as we drift to some lovely classical
music for that little bit.
Please my sweet one come cozy up by me
and within my arms to kiss, snuggle,
and rest for a short little while
well you rest your sweet beautiful head
upon my chest both of us smiling saying
I love you babe forever and ever.

Michael P. McParland

A Long Night At Work

Good morning sweet love
and what a very long night it was at work.
My feet ache from these few nights
and later today I must call the doctor
because my back is in such pain from the
problems in my neck and spine,
a problem I know you are sadly to familiar with.
Above all though my darling it was
a long one because we are so behind
and it was just so slow in total,
as I went on my break my first thought was
that I wish I were with you to have lunch
and make the night so bright and good,
I just thought of your smile and how much
I wanted to sit on break holding your hand
so very tightly.

It was such a long and slow night
my sweet darling I thought would not end,
I even got off a bit later than usual.
Now after all of the frustration
and to help ease all of the aches we are feeling
I bought some muffins as I left work
that we could have as a nice breakfast together
after our refreshing and invigorating shower,
a breakfast in each others arms
smiling and knowing our day will be good
as we face it together doing what we need
and best of all having fun with each other,
after such a long night I just want to be
with Kira my Angel of light.
I truly love you so much my sweet precious darling
and I am reaching out to hold you so tightly.
Soon my sweet lady I hope each morning
after work I will be returning to you
because you are my best friend and hero
whom I want to hold so tightly.
I love you my Kira and I am right here for you
because you are my soul mate and Queen,

you truly are my only one and everything.

Michael P. McParland

I Need Your Smile

I need your smile tonight
so very much before I go into work.
I still ache somewhat bad both outside and in,
all I want is my one with your
sweet kisses and smile feeling
all of your deep comforting love
and giving you all of mine as well.
I need your smile and I need your hugs
both before work, during when we could share my lunch,
and then after when I fall into your arms
so happy to see you and know my few days are done.
I love you my dear sweet one and I need
your smile which brightens my night and brightens my soul.

I love you sweet dear and I need your smile,
I am struggling a bit and I am in need
of your deep loving strength.
I just want to hold you before I must go
and know that all is good in the world
because of my Angel whom gives me reason to go on.
I love you my darling and will be reaching
out to you holding you and your hand
as the night goes along,
I will be sending sweet kisses and smiles
to you my sweet precious lady,
I will be sending all of my love and warmth
to you my sweet Queen so amazing.
So my sweet love please make this night good
and send me that smile so big,
I am having a hard time and I just need my lady so good.
God bless you sweet Kira and through the night
smile for me as you feel my loving arms
so tightly in true love around you.
You are my rock and your are my shining star oh so bright
and it is you that helps keep me fighting along.

Michael P. McParland

Love Note 518

Good afternoon my precious sweet love
and in the very short bit I'm up
I wanted to tell you
I love and adore you so very much
and am in want of you to be
right here cozied up next to me
snuggling away these hours
ahead of us my sweet dear.
Tonight I must work
and don't know when I will be
getting up and I'd like it if you
spent time in bed next to me
as I drifted off.
I want my Angel, my best friend,
my Queen, I want the woman who means
everything in every great way to me.

So I send you sweet kisses
and huge hugs filled with my
never ending warmth and loving.
God bless you my Kira
and know that your Michael
is with you giving my loving smile
while holding you and your hand
saying I love you babe more
that anything because
you are an Angel straight from the heavens.

Michael P. McParland

Rest Your Head (On My Chest 4)

Rest your head upon my chest
and cozy up my sweet Angel dove.
I ache so very bad and am exhausted
from work my only one.
I just want to curl up with you now
and snuggle feeling so very good
and so very warm,
I want to snuggle with my beautiful Kira
and kiss you over and over before
we go to sleep feeling whole, soothed, and complete.
Cozy up my sweet dear and rest your sweet head
upon my chest and we'll take away each others
aches and pains as I stroke your hair
and rub your back.
I love you sweet one and long to have you
right here in my arms while you cozy up
and rest your head on my chest for the most
restful and peaceful sleep that there is.

Michael P. McParland

Aching, So Exhausted

Home from work now my sweet Angel dove
and I send sweet kisses and warmth
before all else my love.
Sweet kisses and huge hugs of true love
and care saying I love you sweet dear
and I wish more than anything
that you were to wrap up in my arms
and look in your eyes saying those
special true words of love
from my heart and soul before I pull you in
for the sweetest most passionate kiss
two best friends and soul mates can ever share.
A sweet kiss for my Kira on this
very aching and exhausted morning.

Dear my body is truly so badly aching
so as I now need and want a soothing
and relaxing shower I wish you could join me
to just both smile and hold each other.
Talk sharing the softest and most loving
kind words about how we are so happy to be together,
and just kiss so very sweetly
giving this morning the brightest
and happiest meaning and feeling that there is darling.
I love you my Kira and so long to hold you
this morning as we move through it
curing all of our achings physical, spiritual,
and emotional because we would be with our Angels
who truly are our everything.

Then after that shower sweet love we would snuggle
for a short bit just talking, kissing, reading,
and knowing all was so good.
You truly are the worlds beauty, my Queen and Angel,
and the only one I am needing and wanting,
so then after a short bit I would cook us
the steaks that I bought us before I left work,
a wonderful treat for me and my Angel
to take away the ache and a nice treat to fill us up

before we lay down for a while my darling.
I am aching and exhausted and it is you I want
to spend time with because you are amazing
and a truly great treasure I want to be with forever and ever.

Michael P. McParland

Love Note 517

Good Sunday night
my very beautiful best friend
I love and adore so very much.
I have finally gotten up and moving
and in a minute must start
getting ready for work.
I just wish I were with you
to spend this about 40 minutes
before I must head out the door
to complete this night.
I just miss you so badly
and at this moment am feeling very emotional.
I love you my darling
and I am so very sorry
that I wasn't able to write you more
through this day,
and I am even more sorry
I can't be with you in person
holding you so close in my arms.
I miss you my lady
and wish we could be snuggling,
kissing, and talking away.

Sweet dear please hold my hand
through this night as I hold yours
giving each other such deep
warmth and strength.
I am not ready in many ways
to go face this at all.
I will be thinking of you
and as ever you will be in my prayers
sending all of my love
and myself to you my beautiful girl,
I just want to be holding you
comforting us both to feel so good
and face this night ahead,
I just want to feel sweet relief and heaven
within you kind loving arms.

So now my sweet one I best
get up and get ready to face
this night of work for which
I am so not ready for.
Feel my arms around you through
this whole night my precious darling
and know that as ever your Michael
is right there beside you.
I so truly adore you
and my heart melts because of
how wonderful you are
and in true love.
Kira you are my Angel and it would
make the night tolerable if you
were here to hold before I go
and then if you came in to say hi during.
I love you sweet lady
and I will make it through
because of all the loving strength
that you send so please
give me that smile and know
that I am also there with you
keeping you warm and safe
soothing you in my arms
and giving thanks for all that you do.
Have a good night
and know that all will be alright
because I am your Michael
and I am always with you
holding you tightly.

Michael P. McParland

Return To Me 3

Return to me so soon
my sweet Angel dove.
Return so I can pull you
lovingly into my arms
and wipe away your tears.
Return to me to hold each other
while we help each other heal
always being there for one another
as our hero's and true best friends.
Return to me and we will
be back home,
because home is in each others arms
where true love lives and grows.
Return to me so soon
my beautiful only one,
because I love you more than anything
and I'm so lonely without you.
You are my other half
and my shining star
and I adore you more than all things
on this earth and in heaven combined.
You are a diamond in the rough
and a treasure oh so very rare
and I would give up my whole life
if that was what you need.
I love you dear and will always
give you my all and best of everything,
return to me my beloved Queen
and let me give you all the love
you'll ever want and need.

Michael P. McParland

Saturday Afternoon With You

Good afternoon my sweet lady
the game is now over and my Buckeyes
won 77-10 is was so wonderful,
now I would like to just spend
the afternoon with you having such fun
sharing all of our hobbies with each other
a so very much more.
I want you to be with me arm in arm
sharing sweet kisses and loving looks
on this Saturday afternoon upon us.
I love you my Kira and want to feel you
pressed up against me in comfort
and warmth as I hold you so tightly.
I just want to spend this Saturday afternoon
with you my most beloved beautiful lady.

I'd love to go with you on a nice walk
in the park where we could lay a blanket down
under a tree to sit and talk as well as read
from a book we have chosen,
I prefer though to read your poetry
and the stories you have written
because I know all of your works
will be so brilliant and lovely.
To spend an afternoon in the park with you
my dear darling would enhance all the beauty
and make everything perfect.
I want this Saturday afternoon with you
my fair lady knowing true peace and calm
as our hearts and souls are healing.

After the park I would love to take you out
and buy you some wonderful gifts,
take you out to a wonderful dinner
and just spend time in any way that we want.
It is only you and your company that I so desire
and to be next to you holding you
and your hand ever so tightly is what I so hunger.
You make my knees buckle with deep excitement

and my heart melts for you because
you are so gorgeous and truly magic.
I love you sweet lady and want to be with you
giving you kisses all over over and over.

So now the game's over and I wish
I could celebrate that with you this moment,
then just tell you I love you
and thank you for being you and all of
the great love that you give me.
I want to just hold you as we spent the day
and then night cherishing the Angel
that I am so blessed to know and have love me,
I want to be able to serve you
making you so very proud and very happy.
I am sending all of my love and sweet kisses
with huge hugs to soothe and to warm you,
feel all of my strength as I wrap my arms around you.
God bless you my Queen you are amazing
and I will always be with because you are
the only one I will ever be wanting.

Michael P. McParland

The Smile You Give Me

My sweet dear the game is at
halftime and has been very good so far
and I wanted to tell you I love you
my Angel so beautiful and good.
I'm wearing the smile you give me
every time that I feel you so near me
and I hope you feel all of its warmth
as I send it to you.
I send you sweet kisses and hugs
so tight and loving
as I am wearing the smile you give me
my sweet Angel dove so amazing.

Michael P. McParland

Love Note 516

Good morning again
my sweet beautiful Angel
and kick off to the game
is now less than an hour.
I am so very excited for this season
and I wish you could be with me
to watch the game cheering together.
To just spend the day with
my special lady would be everything
so truly wonderful,
you bring me hope and you bring me joy,
you are my Queen and you give me hope.
I love you sweet Kira
and I want to be with you
giving all that I've got
because you are the greatest
and you deserve all the best.
I will always stand by you
and serve you with true love
and deep dedication,
I promise sweet love I am always yours
and I'll never leave you
because you're all I want.

I truly hope that you have
the greatest of Saturdays
and feel my arms around you
as I hold you in spirit.
I am sending you the sweetest ever of kisses
and just close your gorgeous eyes
to see my big loving smile.
I adore you my lady
and I am thinking of you,
I just want to be here right now
so tightly holding you.
God bless you my Angel
my heart truly melts in true love for you
and I'm filled with butterflies
knowing you love me as much

as I love you my lady.
Feel my hand in your soft hand
and know you are in my prayers
as you always are
and never forget I am right here for you
no matter what, no matter when
because I will always
be here for my lady for anything
with a wide open heart
and wide open arms.

Michael P. McParland

Longing Saturday Morning

A very early good Saturday morning
to you my sweet precious love
and beautiful images of you
dance and swim through my heart
soul and mind making me long
so very much for you while I wear
a smile too feeling all of your love
surround and fill me as well.
Good Saturday morning to you my sweet dear
with tons of sweet kisses and smiles
which I send to you,
I so long to spend this morning with you
in my arms as we just sit back on the couch
talking so softly and sipping and some coffee.
You are my hopes and my dreams because you
truly do mean everything to me.

I'm longing to just look in your eyes
and get lost as I am hypnotized in the beauty
you have within and all the love that you give.
I just long for your warmth as we spend time
sharing all that we want and all that we have.
I just long and yearn for my Angel
who I have been blessed with and lights
up my life to no end,
I just long on this Saturday morning
to hold your hand feeling soothed and whole
and just being right here for you.
Good Saturday morning my sweet Queen
and dear Angel and just remember
that your Michael will always love you.
I want to start every single day with you
and then after a full day hand in hand
end it together as we slide into bed.
Good Saturday morning my sweet precious Angel
I truly love you with all of my heart and soul
because you are such a true treasure
and very rare diamond which I so cherish
with all that I am.

You are my best friend and I long for your company
because you make me so happy and you truly complete me.

Michael P. McParland

Warmth, Love, Hugs, And Kisses 7

Warmth, love, hugs, and kisses to you
on this night my sweet one.
A night where after a nice shower
I wish I could just snuggle with you
and watch some TV, read, and talk
while we relaxed lying back on the couch.
I wish I could just lay here with you
and feel my nerves calm as I lay here
with my Angel of light as we feel whole and complete.
I wish could just dry your tears
and softly kiss you feeling your warmth
as I so tightly held you
Warmth, love, hugs, and deep kisses to you
my Angel and Queen so beautiful and good.

I love you you my sweet tender Angel of light
and I am aching both in body and heart tonight.
I want to just lay back and relax seeing you smile
as we share our jokes and our stories
like we have always sweet lady.
I just want to feel complete and whole
and give you true reassurance that I am always yours.
Later I just with you want to catch a very small rest
so later together we'd be wide awake to watch
and enjoy Ohio States season opener together.
Just know that I want you to be right here with me
as I send all my warmth, love, huge hugs,
and deep sweet kisses to you my dear one.
Feel my arms around you and know I'd do anything
to be holding you because you are all I want
forevermore right by my side holding hands in pure care.

Pure warmth, true love, tight hugs, and passionate kisses
to you my beautiful Kira I adore and treasure.
Never ever forget that I am always your Michael,
I give of myself to you completely
because I want to always serve you in full true love
and always make you so proud and happy.
I want to fulfill you as you fulfill me

and know that you'll never be alone because I'm
standing with you supporting you always.
Warmth, love, hugs, and kisses galore to my
sweet precious Angel from above and never forget
that I'm always right here for you because
you truly are my only one.

Michael P. McParland

Night Note 205

A very beautiful good night
to you my sweet Angel dove
and I am so very sorry I was
out of it the entire day.
There was a problem early this morn
which kept it necessary
for me to go back to bed
and then thankfully it went away
while I happened to sleep
the entire day.
I will email you dear
and explain in full after
I have finally paid the bills
and have no more worries for my chores.
I love you my sweet one
and just want to be able to hold you right now
snuggling away a long day of
frustration for us both.
I love you my dear one and I am
always here because you are
my best friend and true love
who I will stick by through all time.
Kira you are my hero and I just want
to be with you right now
holding you close and spending time
because you are so beautiful
and such a rare precious gem
I adore to no end.

As I get up right now I can feel
you so close and am surrounded
in all of your beautiful love.
It makes me feel so safe and loved
and keeps me warm,
you give me hope where on a night after
waking up I felt so very anxious
and more than a bit sad,
I felt your great light
and it picked me up giving me strength

and desire to carry on
completing what I need to.
You are a blessing I'm so proud of
and I thank you my dear
for always being there for me
that man who would do anything for
his beloved Queen that means everything.
I love you sweet Kira and send you sweet kisses
of true love and strength to fill you up
and help make you smile so bright.

I love you sweet one and hope you
have a great night feeling all of
my great and never ending love.
I'm reaching out to pull you in
so feel my arms around you
and remember I'll never leave you.
I just wish I could hold you now
as we spent the night snuggling away.
I only want you because you are the one
and I've always cherished and adored you
since the start.
I love you sweet one you complete me
and give me peace in whole.
God bless you sweet one
and now feel my hand within yours.
Snuggle up so tight in spirit
and feel peace within
your entire heart and spirit,
remember I love you more than anything
on earth or in heaven.
I love you sweet Kira and am dreaming of you
as on my chores I get started
and I will be holding you throughout
saying sweet one I so love you
and will be with you forever and ever
giving you all of the best
of everything always that I am able.

Michael P. McParland

Kissing Your Lips (Goodnight)

Goodnight my sweet love I am so tired
and about headed for bed.
I just want to hold you so close to me
as we climb in and tell you I love you
and then so tenderly show you
as I hold you the night the through.
I want to just kiss your soft
lips over and over showering you
in all of my deep affection and passion.
I want to look in your eyes
to see that you know you are loved and cared for,
I want to see that you are truly
so proud and happy.
I want to kiss your soft luscious pink passionate lips
feeling true loving bliss as we snuggle in bed.

Goodnight my sweet beautiful Kira I love
and I want you to join me in bed
to share sweet kisses and snuggles before bed,
I want to kiss your soft lips and let you know
just how much I feel and have,
I just want to pull you in and make you feel safe
knowing I'll forever be your protective man,
come cozy up my sweet one inside my strong arms
and look in my eyes seeing all the truth I hold inside.
I am tired sweet love and I just want to be with you
here in my bed feeling whole and so good
while I kiss your soft pink lips
and then hold you so tight as in each others arms
we so peacefully with smiles fall asleep.

Michael P. McParland

I Miss My Sweetie

I miss you my dear sweetie so very very much.
I just want to feel your soft and tender
loving touch as I gaze into your eyes
and tell you I love you so much.
I miss my sweetie and I need to have
you near me because you are so very special
and you give my life such hope and meaning.
I just want to be holding you and kissing
you so passionate and tenderly.
I so miss you my dear sweetie and am dreaming
of our nights when we will come together.

I miss you my dear sweetie and I wish that
you were here to join me spending time together.
Tonight College Football kicks off
with a few games and I'd love to sit and watch
a few with you right by my side cheering
Minnesota on tonight as we wait for
Ohio State on Saturday.
I just want to spend time with you side by side,
hand in hand, arm in arm as I give my sweetie
who I miss all my never ending love.
I miss you my sweetie oh so much.

I miss you my sweetie and am reaching out
as I give you these many sweet kiss.
I love you dear more than anyone can truly know
and even at my happiest I feel so empty
with you not here to light up my world.
I want to see your smile and be the reason
that it shines so bright in it's beautiful light,
I want to look in those sparkling eyes
and just get lost in the greatest beauty that there is,
I just want to hold you tight and feel the softness
of your beautiful body and soft skin.
I miss you my sweetie and just want to be with you
through all time by your side as your forever man.
I love you my only one you are all I need it's true,
I miss you my sweetie oh so good and pray

that you'll return so very very soon.

Michael P. McParland

Love Note 515

I think of you
as the day goes along,
listen so closely for my hearts song.
I love you sweet lady
and am always here waiting
for there truly is no other
that my heart melts for.
I love you my Angel
not just today and tomorrow
but forever and ever.

Michael P. McParland

Sweet Kisses To My Sweetie 3

Sweet sweet kisses to you
my beautiful sweetie so very good.
Be filled with all of my love,
warmth, and strength as they shower
all over you.
I wish you were here my dear sweetie
to give these kisses directly too
over and over all over the day through.
I send sweet sweet kisses to you
because I love and adore you,
my heart melts from tender and strong
true love which I feel for you.
You give me wonderful butterflies
and that is the truth.

Sweet sweet kisses to you
my dear sweetie I so truly adore,
I want nothing more than to be
holding you and giving you sweet kisses
right here and now spending the day
by your side hand in hand,
I just want to hear your sweet voice
and see you in all your beauty so grand.
I just want my sweetie to be here with me
sharing in all of life's wants and needs.
She is my best friend, my true love,
she is my everything and for her I would
truly do anything to see her happy and smiling.
I send you sweet kisses to help you
know I am there and to feel all of my love.
I send you sweet sweet kisses my sweetie
because you are my hero and my blessed Queen.

Michael P. McParland

A Sweet Fulfilling Morning Snuggle

Now after having finally finished my chores
and gotten through the exciting end of my book
I just want to climb into bed right next to you
for a sweet and fulfilling morning snuggle
with the Angel I who holds my heart,
I just want to hold you my sweet love
while we lay down just spending time talking
and drifting off.
Now with some time open I just want to spend it
with my best friend and hero holding each other
and kissing saying I love you baby.

Michael P. McParland

Dear Love So Beautiful

Good very early morning
my dear love so very beautiful
and as I send you sweet kisses oh so warm
I wish more than anything that you were here.
To hold so close while we woke up
and softly kissed and talked,
and share deep special closeness too
with my best friend and only one.
Dear love so very beautiful
you are in my heart and on my mind
and I so wish I were with you in each others arms.

Dear one you are so truly beautiful
and to just look upon you know
and every morn is how I want to start my day.
To see the worlds beauty as I wake
would truly be the greatest thing
and just pull you in for that kiss as I say
good morning my gorgeous dear
I love you more than anything.
You are such a precious jewel I hold
within my heart and soul,
now hear as they sing out to you in all my love
saying Kira you are the best please be mine forevermore.
Dear one you are so very beautiful
and I will always be with you giving all
the pure love I have with my support,
I am so very proud of you because of who you are
and all the wonderful things you do.

Good very early morning my dear one
so very fair and very beautiful.
Before I must get up to finally complete
my chores I just want to lay here with you
in my arms sharing our time and ourselves
just like we want my Angel dove.
I want to gaze in your eyes and kiss you deep
telling you how much you mean to me,
I want to share closeness with my dear best friend

and just have you close to me before we
must start this day in full.
I just want to see the worlds beauty as I lay
in bed right here next to you.
I love you dear one and I truly always will
because you are my Angel and my Queen
the greatest gift and blessing ever received.

Michael P. McParland

The Luckiest Man 2

I truly am the luckiest
and most blessed man there is,
to have you in my life and have your love.
I truly am so lucky babe
and everyday I thank God for you.
Thank you dear for all your kind
and deep loving care,
you truly do mean everything to me
and I will always give you all the best I have.
I am so truly lucky babe
and thankful to have you
and I want to be with you through forevermore.

How could I have ever been so lucky
to have an Angel such as you?
You are so very beautiful
loving and caring all around.
You are so exceptional and I an average man.
I love you more than anything
and know I'm blessed in full.
You are so truly special babe
and I just want to hold you now.
I want to share sweet kisses oh so grand
and let you know just how much I care.
I really am the luckiest man to have
been blessed with you.

Oh my dear Kira I truly am so lucky,
for you are my best friend and hero
whom I hold so very dear.
I love you more than anything
and cherish the bond we have,
you have given me a reason to live
and you are the greatest one,
I want to be with you through all time
sharing all the great there is.
I truly am so lucky dear and I'll never leave your side,
I'll always be here for my only one
and you'll never be alone.

Each day I truly love you more and more
and know I am so blessed and lucky to have you
standing up and beside me giving your loving support.

Michael P. McParland

A Sweet Tender Passionate Kiss

I have just returned home my sweet one
and the first thing I have for you
is a sweet tender kiss of pure passion
and true love for my Angel so good.
A sweet tender passionate kiss
as I wrap you up in my arms and say
I love you so much you are the best.
I want to just spend this evening with you
snuggled up spending time by your side
feeling whole and complete with
my sweet Angel bride.

An evening filled with sweet tender passionate kisses
as I just serve you and show you in true loves
desire just how much I care for you.
An evening of massages, snuggles, reading,
music, and movies you've chosen,
all sealed with sweet tender kisses of pure
true love and passion I only feel for my
divine Queen gorgeous Kira.
I have for you sweet tender passionate kisses
with huge hugs I so long to give you.

I love you sweet Kira and just want you to know
that to me you are the worlds beauty
and the most wonderful blessing and miracle.
I want to share these sweet tender
passionate kisses with you and be with you for all eternity.
You truly are so very beautiful
and you are truly my amazing hero.
I want you to see you are precious to me
and give you all of the love you want and need.
I have for you this sweet tender kiss of passion
and care because you are so good to me
and I want you to feel safe and secure
knowing you'll always be cared for and loved
as I stand next to you my sweet Angel dove.

Michael P. McParland

Love Note 514

Good afternoon to you
my beautiful and loving
sweet Angel dove.
I truly am now just arising
from that very long sleep
and I want to thank you
so much for all of your loving,
care, and truly deep patience
and understanding with me.
I could feel all of your great warmth
and love surround me dear
and I was able to find the peace
that I needed to get all this rest
that my body and mind
have so badly needed,
thank you my darling so deeply for everything
I love you sweet lady
far beyond anything and everything.

I pray you have felt all of
my never ending warmth and love
with my hand in yours as I
am always with you.
Please my sweet one don't be upset
or or worry and if you have been
crying I would give anything
to pull you in closely drying
those tears away as I reassured you.
You are my Angel and I can't
possibly state here all the wonderful
comfort and joy that you bring me,
you are a miracle I always thank God for.
I love you sweet lady and am truly
always here for you because there
isn't anything I wouldn't do
for my gorgeous lady.
I will always stand by you
sweet one and fully support you
because I adore you and am so

truly proud of you.

So again my sweet one
I thank you in full heart and soul
and so very soon
I have to head out the door
for my therapist
and I will write you as soon
as I return.
I love you my darling one
and wish that as I had lay down
for all this time you could
have been next to me to kiss and hold.
I am sending you huge warming hugs
with the sweetest of kisses
my darling dear and remember
that your Michael is right there with you.
I love you my darling
and I always will because you are
the greatest and I want only you.

Michael P. McParland

I Want To Hold You 6

I just want to hold you right now
my beautiful dear as I lay down
for a little while.
I am so tired and still quite a bit aching
and all I want now is to listen
to my audiobook while I hold my lady,
I want to kiss you so sweetly
and snuggle so tightly as you rest
you sweet head upon my loving chest.
I want to hold you and give you all of
my warmth and love as I feel so safe
and accepted within yours.
I love you my dear and as I now rest
I truly just want to be holding you.

I wish I could be holding you now
instead of having to dream instead
but I know that it will happen my sweet Angel dove,
I can't wait for those days when
all of the stresses will melt away
as I take you into my arms and every single time
my heart will melt for you again and again.
I love you my darling and am reaching out
as my eyes are heavily drooping
to hold you in spirit and give you deep comfort.
I just want to hold you because you are
so sweet and because you are my beautiful Kira
and I need no other reason than I truly love you.

Michael P. McParland

Work, Another Night Done

Good early morning my sweet precious darling,
I have arrived home from work for
just about ten minutes and now with another
night in the books and down once again
I just want to take you in my arms
and kiss you so sweetly time and time again
saying I love you my Angel so let's
go get in a soothing and cleansing shower
so I can get cleaned up and refreshed
with my beautiful lady,
then after to just fall in each others arms
talking, and listening to a podcast or music.
Another night of work is done
and I just want to snuggle with my only one.

I am quite tired my dear precious darling
and I just want to spend this morning
feeling your spirit as we are snuggling,
I love you so deeply and want to give
you all of my deep loving comfort
reassuring you that your Michael
is always with you.
So my sweet one it is with you I want to spend time
because I truly love you more than anything
and it is only you my shining Angel above
I want and desire to be with forevermore.

Michael P. McParland

A Quiet Restful Afternoon

After a long and hard aching night
which continued on through a fair part
of the early morning light
I am so very tired my dear darling
and need to lay back for a good rest and recharging.
Please come join me and free all of our
longings, upset feeling, and all our tears,
come be with me my sweet one
and spend a quiet and restful afternoon
just feeling better as we heal together.
Please my sweet one come cozy up by my side
as I give you sweet kisses and smiles
before we rest and I tell you I so truly love you.

I need you my sweet Queen to spend
a quiet, beautiful, and peaceful afternoon
to feel complete and whole as I get
some much needed rest before work.
I want to hold you and show you
just how very much I truly care
because you are everything to me my Angel so fair.
I love you my sweet precious Kira
and all that I want is to be with you.
So a quiet afternoon with you in my arms
is what I'll be dreaming of and longing for
as I now lay down.

Michael P. McParland

Morning Note 196

Good morning my sweet
beautiful love and as I rise now
for a good while I thank you so much
for all of your love and deep
caring strength you have been sending.
My body is still very much aching
but I feel good enough now
I can get up to eat and take a shower.
I love you so much and thank you
so deep and intently for always
being so truly amazing.
I could just use this morning
to sit talking with you
as I relaxed to still get feeling
better before I must go back into
work tonight my sweet lady.
I so very need a beautiful
and very good morning with
my sweet precious Kira because
I need my dear one to make
all of my aches and pains feel better
as I just so tightly hold her
and sweetly kiss her
letting her know I'll love her forever.

So a very sweet sweet good morning
to you my most precious lady
and I am reaching out to so
very tightly hold you.
I wish you were here so in the shower
we could hold each other and I'd
have your help in case all of my
arthritis and cramping returned bad.
I would just love to be kissing you
and seeing you smile as we felt so
refreshed and better.
I love you sweet Kira and as I go
about these things I will dream of you.
You are my hero and there will

never be enough words or completely
the right ones to fully describe you
because how can I ever share with the world
what an amazing Angel and Queen you are
my beautiful lady.
My hand is in yours as it will
be forever so close your precious eyes
seeing my loving smile as you feel
every one of my sweet loving kisses.

Michael P. McParland

Aching Morning, So Very Longing

Having arrived home from work
my sweet one just a short bit ago
I can now write to you as my aching
body is coming under control.
Halfway through the night my arthritis
and cramps from dehydration kicked in so bad,
I fought threw the last two and a half hours
because I needed too and I thought of you
many times wishing you were right there
to turn to and help ease the pain
in every way that you do,
I am now reclining in bed and I am
so very longing for you to be right here
by my side as my body starts to relax
and I just fully rest.
I love you my sweet darling and I wish
more than anything that you were here by my side
helping each other to heal from all
of our various achings and longings.
I love you my dear and will forever just want you near
as I give you sweet kisses and hold you so near.

So I wish you a very early good morning
my sweet beautiful lady
and feel my arms around you in comfort
as I lay back to try and let all of my
various achings relieve just a bit,
I so long to see you and in my dreams
is all I can do currently
so I will close my eyes to see my Kira so good,
so beautiful, and my everything.
I just so ache on this morn and long to have you
right here by my side because you are the greatest
and I love you more than anyone or anything.

Michael P. McParland

Evening Note 108

Good evening my most treasured,
cherished, and beautiful Queen
I adore to no end,
I hope your Sunday's gone well
and you have been feeling
all of the endless warmth,
love, and deep strength I send,
my arms are around you as they always are
and I wish I could be with you
to wipe your tears away
and reassure you that you are so loved
and cared for more than you know.
I love you my sweet one and wish
that before work in a few hours
I could just sit back and be
relaxing with you in my arms.
To just read and catch a small rest
with my sweet lady would be the best.
I need and want such a relaxing
evening with you just feeling
the love and contentment you do.
You are my light, my bright shining star
and I would give anything
to be kissing you with you
right here now in my arms.

So feel all of the sweet kisses I'm sending
and feel deep comfort knowing
I'm with you so closely.
I will be thinking of you
and sending every last bit of my warmth,
strength, and deep loving as I am working.
I love you sweet lady
and take deep comfort in feeling all
of your love that surrounds me.
You are amazing and truly the greatest
ever of gifts and blessings.
Thank you my lady for always being
there for me and just feel deep comfort

in knowing I'll always stand with you.
Tonight feel my hand in yours
and be comforted knowing I am right here for you
and that my heart and arms are wide open
and ready when you are.
I'll never give up babe
and I'll never leave you because
my heart and soul you are holding
and I give the to be yours forever and ever.
I so truly love you Kira my Angel.

Michael P. McParland

A Sweet Sunday Kiss

A sweet sweet Sunday kiss of true
passion and love I send to my Queen,
a sweet Sunday kiss to show
and let you know just how much
you truly mean to me my beautiful Angel
I adore and with tender love
my soul overflows for.
I send to you this Sunday kiss so gentle
and full of caring just to you
my Kira ever so sweet and adorable,
I send it to you over and over
in the millions for you to treasure
in all the warmth, love, and care for you I hold.

I just sit here on this Sunday day
and so long to kiss your lips
running my hands through your long
gorgeous, luscious hair that I've always loved.
I just yearn to look in your eyes
and show you my world as I get lost in the
mysterious everlasting beauty behind yours.
I send to you this sweet Sunday kiss my Queen
because I right now I can't be there with you
to deliver it for real.
So please be wrapped up in all my warmth and strength
knowing that what you feel is true and real.
Feel me there with you as I always am
ad will be forevermore,
I can't wait until we've reunited and it is
in the flesh for eternities time.

I send to you my Queen this sweet sweet Sunday kiss
of infinite care and undying never ending love,
a love so pure and true I could only ever
feel it for an Angel such as you,
you are my hopes, my dreams, my hero,
and my shining star who gives me light
through each and every day as I go along.
I send you this sweet Sunday kiss in admiration

and endless thanks for being who you are,
for being there, all your loving strength,
and so very much more that you give and do.
I send you these sweet Sunday kisses in the millions
babe to just let you know thank you and I am
always yours through all time because I adore you
above all and could never dream of giving myself
or time to another because you are my true love
and the best there is.

Michael P. McParland

A Simple Sunday Relaxing

Good morning in the afternoon my sweet love
and as I now finally rise from sleep
I want to send you this sweet kiss
and say I am so so very sorry I have felt
so worn out and been sleeping quite a lot.
There are other reasons as well beyond
my medications and a part truly is
from missing you so much and feeling lonely,
and for today as I awake my dear lady
I just want with you a simple Sunday relaxing
before tonight I have to go in to work
where the feeling of being alone at least doubles,
and the I just wish that I had you to come home to.
Most of all baby though I just want to be able
spending this day relaxing beside you
talking, giving sweet kisses, and seeing you smile.

Just a simple Sunday of hearing your voice,
sharing the left over burgers from last night out.
To read and watch a movie with music too,
and then after dinner an hour nap to rest
before I must sadly get up and go.
I love you sweet girl more than you know
and I just want to have you wrapped up
in my arms as we share the simplest
and most wonderful day that there is.
I love you my Kira and need you so bad
to make these days good and because you're my everything.
I am dreaming and longing for a simple Sunday
filled with nothing but time and pure love
with Kira my truly beautiful Angel.

Michael P. McParland

Evening Note 107

A very beautiful good evening
to beautiful you my sweet one.
I have just arrived home from
a wonderful and delicious dinner
I would give anything to have been
with you enjoying a good time
with the best of food,
just being with my beautiful
best friend would have made it
the most wonderful night to have enjoyed.
I ate way to much and now
your fat man is overfilled,
a time to recline with you and read
from our book out loud as we relax
before a good movie we'd both so enjoy.
That would now be the perfect evening
with my perfect Angel I want now more than ever
hand in hand side by side
sharing sweet kisses so full of light
and endless loving pride.

So a most wonderful and beautiful
good evening to you my gorgeous
sweet Angel dove and Queen I so adore.
I am so full and truly wish
I could cozy up with you to
also cure the sad loneliness I feel,
I want your arms around me as we relax
and let our body's and spirits rest
with each other feeling peace and calm
fill us full while we smile
in pure love at one another.
I love you my sweet Kira and just want
to spend these evenings and all nights,
days, inbetween with you because
you are my most beloved Queen
and you mean everything to me.
God bless you my sweet one
and feel all my prayers with

my arms around you in spirit
giving all of my strength,
warmth, deep love, sweet kisses
and huge hugs to reassure you always of my deep care.
My hand is in yours as I am
beside you and just wish you were here
to share a beautiful evening
with each other in our own big world
that is for us, some for the kids
and only a few when we want my dear.
That's what I want tonight
with only beautiful you.

Michael P. McParland

Sweet Saturday Afternoon

As I sit here my dear love
this afternoon playing my game
NCAA Football 14 and listening
to my scary story podcast I think of you
and all of the times that we spent.
I ache and long in my heart
to be spending time as I do this right now
you right here by my side cheering along,
smiling as I win the game just for you.
I want a sweet Saturday afternoon
with my only girl knowing that you are alright
feeling safe and happy as we sit with each other
having a good time with the kids
and the one that we love.

This evening after our sweet and wonderful
Saturday afternoon I want to go to dinner
with only you.
To make your night special and make you smile,
to have the time alone that we have so wanted and need.
I love you darling and want you to be with me,
I long and ache deep in my heart to be
spending each day and night of my life with only you.
Then after dinner I want to come home with you
my sweet beautiful lady and as some of the
lower divisions of College Football have started their seasons
I would like to watch a little bit of that
with you as well as a movie.
I want to read with you and just pass the night through
before I have to work through the next two.
So a sweet Saturday afternoon, evening, and then night with you
is all I desire with my Angel so good.

Darling as I sit here right now with my game
and podcast going on I think of you
and long so very much to just have my arm
around you as you cheer me on,
to give you sweet kisses and my big smile
so filled with love after each Touchdown.

I so love you and truly always do my best for you
and I want to give you the best and most beautiful
Saturday afternoon of fun and quality time.
You are the greatest and you are my Queen
and I want nothing more than for you
to be right here hand in hand beside me.

Michael P. McParland

Morning Note 195

Good morning again
my beautiful blessed
sweet Angel dove.
As I am getting up now
to get moving in full the first
thing I wanted to do was wish you
a beautiful good morning
and say darling I love you,
it is a rainy and cool one here
and I wish as I now went about it
you could join me in everything.
Good Saturday morning my sweet
precious Angel and know that
your Michael is with you,
proud of you, and so deeply loves you.

First thing to do is shave my head
and with these cheap clippers
that aren't good at all I would love
your help to get the spots it screws up
and that I cannot possibly see,
and then a nice refreshing shower
to start off the day feeling so good
as we washed away all the stresses
that build and weigh down,
a nice shower just holding each other
kissing and smiling under the water
that feels so very good.
Then we would just see as the rest of
the day comes taking it step by step
enjoying our time.
I only want to be with my gorgeous Angel
spending good time and sharing everything
that we find so wonderful and amazing,
I want a great day with my hero and best friend.

So God bless you my Angel
and know I an thinking of you
as I reach out to give you big hugs,

I am sending the sweetest kisses
to give you deep warmth.
Kira I am always here for you
and just want you to understand
all the business and hard moments I'm facing,
I am giving my best and not trying
to ignore you nor will
I ever forget you.
Have a great one and know that soon
we will share all of these great times
because I am so waiting and will only
ever give myself totally to my great one.

Michael P. McParland

Saturday Morning In Bed

Good morning my gorgeous sweet Angel dove
and as I lay here fighting to come fully awake
I wish you could just spend this
Saturday morning in bed with me.
I need and want so badly to just talk,
kiss, and hold my most beautiful girl,
I just want to look upon you and revel
in the worlds beauty which you truly are.
I still just feel tired and depressed,
oh my sweet darling I love, miss,
and just want to have you by my side so very much.

Good Saturday morning my beautiful and truly
most beloved Queen I adore to no end.
I have so very much I want to share
and as I roll over right now I wish I could
just be wrapping my arms so very tightly around you.
To share my heart with you and all
of myself completely as a few tears may come
from all of the frustration that's been around.
I love you sweet lady and truly need little more
than a Saturday morning in bed with you snuggling
because you are my hero, my best friend,
my beautiful true love and Angel and I only want now
to feel your great warmth as we lay here talking
and just holding each other knowing that there
is hope and light in the world around us.
Good Saturday morning my beautiful blessing
and know I am right here waiting and praying.

Michael P. McParland

My Sweet One (Peace In Your Arms)

I have just arrived home my sweet one
from a frustrating trip out to the store.
Too many people getting in the way
and then almost hit by a horrible driver
as my mom and me were just about home.
A few other things and I'm feeling
a bit aggravated but mostly upset with me
and I just want us to fall into
each others arms to relax and feel peaceful
as we get away from the world and wait
for the dinner I bought to cook.
I want you my sweet one and the peace in your arms
because I need the safe solace to
release in your arms.

I love you my sweet one and it's been
not just a long day but in many ways
a very long and frustrating week.
I just want to spend this Friday evening
within your arms decompressing
from all the stress in the world,
I just want my sweet Kira by me now
holding me tighter than ever before
reassuring me all will be good and alright
as we just lay back here waiting for
a dinner so pleasing and very good.
I miss you sweet lady and just want you near
to be in each others arms and take peace
from the deep caring true love we've always shared.

Michael P. McParland

Love Note 513

Good afternoon my sweet Angel dove
and I truly hope and pray
you know that I am doing my very best
and it's because I love you more
than anything.
I feel and know you deserve the best
and immense amounts of true, kind,
caring, and fully giving love
because you have never been truly treated
and given all like the gorgeous Queen you are.
I wish you would not be angry at me
and know I will always be here for you
and right by your side to give you
all of my support and endless love,
I am having a bit of a hard day
and feeling frustrated, depressed,
and quite lonely,
I just want and need my beautiful lady's
understanding, sweet words, and support.
I just wish we could talk
and I could hold you so very close,
God knows I need your arms around me
as I hear your Angelic voice
and that gorgeous laugh as I tell you
little jokes and stories from my life
and that I've heard to cheer you up.
I want my sweet lady and need to
make you so happy as I feel joy
being with you knowing heaven on earth
is a truth and can happen.
I love you my sweet darling
and want to share the whole day
with sweet kisses all the way through.

So my sweet one I say it again
to reassure you.
I'll never leave you or break your
precious heart and leave you
abandoned in the freezing cold

that is the hell of your best friend
and true love just walking away on you,
I don't ever want to lose you
or hurt you in even the slightest way,
to torture you in such a way
I could never forgive or live with myself,
I just want you in my arms, by my side,
hand in hand through all eternity,
you are my hero and soul mate
and you being upset, angry,
or crying for any reason twists
my heart around in deep pain.
I'll always strive to do all the greatest
and my best for you my sweet Queen,
I so want to be the hero you'll
know you can always count on and turn to
because I truly will always be here
no matter what and no matter when
for my diamond so rare.
I'll always give my all
for the woman I love more than anything
or anyone on this earth or the heavens above.

So have a good afternoon my sweet girl
and feel my arms around you
as I reach out to pull you in
and give you sweet kisses supreme.
I know I'm not always the best at what I do
but for my sweet beautiful Kira
I will always give the very best
that I have because you are a blessing,
a gift, and divine Queen.
You are all I want and need.
God bless you my sweet one for to me
you truly are the worlds beauty
and I just want to share all in this world
and the life and kingdom after this
with you my dear love I so adore.
I will always be yours and yours alone
because you are my joy and the only one
I want to hold and would be happy with forevermore.

Michael P. McParland

Sweet Good Morning Kisses And Caresses

Good morning sweet lovely girl
and I send you sweet kisses of true and pure love.
As I now rise from another rest
I wish I could pull you in and reassure you
as I softly caress you and tell you you're best.
These meds plus my regular are making me
so very tired and I'm sorry sweet one
I keep drifting off in all of this exhaustion.
I just want to spend time and let you know
just how very much that you matter
and right now give you the sweetest good morning
caresses and passionate kisses.

Good morning sweet darling and my first thoughts
and desires are of you my sweet precious Kira.
I just want to see your smile as I say I love you
and that it is payday so soon out to lunch
or dinner I am going to take you.
Whatever you may desire and want is what I will
do for you my sweet Angel so amazing
because I just want to make you so very happy,
I want in all ways that there are to make you happy,
and to start that off I would make you your coffee
here in the morning as we sat back kissing,
snuggling, and sharing the softest caresses of
two great and caring lovers.

Good morning my sweet beautiful Kira
and I am sending you the most sweet deep and tender
passionate kisses with the most loving caresses.
I love you so deeply and just want to share
and give you all of that which you've
so needed and been truly deserving.
I long for your presence and to just put
my arms around you as I give you myself in full.
Kira you are an Angel who gives me hope
and lights me up,
you're a shining star and my sun in the sky,
you are a blessing I'll never deny.

I love you my dear sweet Queen and Angel
and I'm sending you the sweetest of good morning kisses
with sweet loving caresses as I reach out in spirit
to so tightly hold you and let you know
I'm yours forever.

Michael P. McParland

A Tired Night Yearning

I'm feeling a little bit more
than a little tired my dear
and I just yearn in my heart,
soul, and whole being to have you here.
To just gaze in your eyes
as I give you a kiss and say Kira
I love you you're truly the best.
I long for your voice and your soft
and tender loving touch.

I am just tired and I miss you
I yearn to have you right here in my arms.
You are my Angel and I'll continue to say it
because you are my beautiful best friend
I truly adore, respect in full, and admire.
I love you my dear Kira and need you to know it
because you deserve to be treated like a Queen
and so much better than you've ever gotten.
I long and I yearn to serve my lady
just always making you so proud and happy.

It is a night of which I am more
than just a little tired
and I am hungry as well are you my sweet darling?
I want to cook for you and see your
enjoyment over something I like doing
for my dear loved ones.
I yearn to see that bright smile
and your gorgeous eyes so brightly sparkling
as we just spend time doing whatever.
Listening to music and reading
while also watching more of one of the movies
I've started and haven't yet finished my lady.
I just long and yearn for your Angelic and loving company
because I love you more than anything
and you are my soul mate, my hero, and true everything.
I just want my Kira who loves me and accepts me
for the man that I am which is something
that means more than she can know ever.

I am tired my darling and quite a bit lonely
and you are the cure because you are my true love,
you are my prayers and a gift my sweet Angel dove.
I just yearn to hold you as I look upon you
and feel the greatest, most tender, and fulfilling
kiss and touch one could ever hope for.
I love you my darling and yearn for our time
to soon get here so I can tell you all the things
that I've always wanted to.
I love you sweet lady and will always be here
for you whenever and for whatever you are in need or want of.
I am your Michael and to just share are love
is all that I yearn for and am in want of.
God bless you my Angel and feel all of my endless
sweet kisses and huge hugs I'm sending,
be wrapped up and filled with my warmth
and feel all my true love.
You are not alone and you never will be because
I yearn most of all to share our lives and make you happy.

Michael P. McParland

Relaxing With My Girl

Oh my sweet girl I am so sorry
I keep drifting off and falling asleep
right now so very much on you.
These medications for my neck and right arm
are making me so tired that on my own
I feel so lonely and don't have you to
relax with, talk to, and spend
such wonderful quality time
that I'll close my eyes and fall asleep
for hours and hours.
I so wish you were here to sit by my side
and to have a good night doing fun things.
I am reaching out to you my sweet one
to wrap up in my arms and give all my love.

Right now I plan to sit back and play a game
of NCAA Football on my PS3.
I'll win it for you and would give anything
to have you here watching and cheering me on,
just one of the things I would love
to be doing with my sweet Angel dove
as we shared some sweet kisses after every Touchdown.
So many things I would just love to do
while hearing your Angelic voice as we talked along.
I love you dear and miss you more
than anyone can possibly know and I just want
to spend the whole night relaxing with my gorgeous girl.
I just want to have my beautiful and amazing
Kira right here to be in each others loving arms.

Spending the night relaxing with you
is what I so long for as we would just open
our hearts and souls sharing all.
A night of true passion as we just sat
so very close and shared all things
that we care for, enjoy, and love above all.
I want to know and to share all of my girl
that she wants to and is willing to show
the honor it gives to show the trust in me.

I just want to know that I make you feel safe
and give you the greatest feelings of peace,
I want to share a relaxing night showing
and helping you know I believe in
and have the greatest of trust and faith in you.
I love you sweet girl and wish I were relaxing with you
because are everything I want forevermore.

Michael P. McParland

Please Come And Join Me 2

Please come and join me for a good
and fun evening my dear so full of
sweet sweet kisses and big hugs.
A night of romance where I can soon cook you
a nice dinner so very good and we can
light some candles to eat and read by.
Feel the fireworks of true love
all around us and within as we look into
each others eyes and see the bliss and truth
of true love that we so abundantly hold.
Please come and join me and let me hold you so close
as we feel peace and calm fill our hearts
and souls as we are fulfilled being
with our best friend and other half we so adore
and want to be with living our dream.

Please my sweet dear come and join me,
my heart so longs and yearns to have you
right here by my side holding hands
enjoying ourselves in every way.
Rather we are talking away or sitting
in silence like we sometimes have
it still feels so good to be right by
my gorgeous Angel just feeling so
whole and calm looking over and smiling.
It feels so right and it feels so very good
so please my sweet one come join me for good.
I just long to give you my love
and always make you feel happy and special,
I just so yearn to serve you like the Queen
that you are and I so truly treasure.
Please come join me and let me give you my everything
because you deserve someone who will always treat you
the best that there is in every way they know how.

Please come and join me for I truly love you
more than anyone or anything.
You are so rare and a blessing I truly cherish,
a diamond in the rough that sticks out

in your pure greatness above everybody.
I know you and see you for the wonderful
person and Angel you have been forever and ever,
and I know the love and great friendship and bond
we have shared through all eternity.
I could never give up and leave you nor do I want to
as you are the woman I am such in great love with.
Please come and join me for a romantic night
of dinner, reading, and a movie by candle
while we also talk and share the sweetest of kisses.
You are amazing and I just want you to know
as I lovingly show it.
Kira you are so beautiful and my heart and souls
most beloved holder so I truly want to spend all time
with you the greatest gift of a true love
anyone could ever hope, dream of, and ask for.

Michael P. McParland

Catnap Snuggle

After spending a good while reading
and watching a bit of a movie
the thing I want on a tired
and quite lonely afternoon sweetie
is to lay down with you on the couch
and hold you so very tightly as we catnap.
I just want to kiss you on your neck and cheek
while whispering in your ear
I love you so much.
I just want to lay down on the couch
and spoon with you feeling whole
and complete while we smile and catnap
with our best friend for a little while
soothed and complete because we so truly love one another.

Michael P. McParland

Love Note 512

Good morning my gorgeous
and beloved sweet Angel dove.
I'm so very sorry I have not
written so much sooner but I have
been asleep the entire time
since I last wrote you my beautiful girl.
I was more exhausted yesterday than I knew,
and I thank you for all of your
loving strength and deep care
that helped me in all ways I needed my dear.
You are such a true blessing
and a diamond in the rough
so as I now rise I have a reason
to smile because I can feel you here
and know you are sending sweet kisses
just as I send them to you,
I adore you sweet girl for the gem
that you are and want to share with you
all that I have in my entire world
and I want you to share with me
what is in yours as we celebrate everyday
in complete and true love.

Tomorrow is payday my sweet love
and I wish as we sat back enjoying
each others company and the day
we could plan what you'd like to do
after a few smaller bills were paid.
All I want is to take out my sweet Queen
and give you the most beautiful
afternoon or night as you would prefer.
Today I would just like to sit with you
and enjoy music, movie, talk, and my book.
I just wish I were getting up to sit
and snuggle with you.

So as I now get up my sweet love
to get going about the few things I need
I just want you to know you are

my bright shining northern star
who gives me hope in all times
happy, sad, dull, excited, you are
my hope and true one in all.
So have the best of day and feel
my arms around you so tight,
side by side hand in hand
through all time my beautiful treasured one.
I will forever stand with you
as I love you more than anything
and I'm yours alone through all time.
God bless you my sweet Angel dove
and please smile for me as I smile for you,
you are such a beautiful gift and I love
to see you happy and bright.
Remember your Michael is always
here for you and wants nothing more
than to give you the world
so when you're ready feel not a fear
as I am waiting with wide open arms
and a wide open heart so full of
pure and true tender love
that is undying and completely accepting.
I will never leave you my dear one
because you truly are the only one
I want and need through all time.

Michael P. McParland

I Just Need You Now

I just need you now my sweet one
here with me to talk to and be with.
I'm so extremely tired and very depressed,
all stuff I could truly talk about
if you were right here wrapped up in my arms.
I just want you here in my arms
right now for you to rest your head on my chest
as we lay down and peacefully talk and then rest.
I just need you now because I truly love you
so very much and I just want my Angel
to share my time with to help each other
feel better and from all our hurts and scars
from everywhere heal.
I just need you now my sweet Angel dove
because you are the greatest and my only one.

Michael P. McParland

Love Note 511

Good late afternoon
my sweet woman I so love
and adore with every single bit
of my heart, mind, body, and soul.
After such a long sleep from
a physically taxing and exhausting night
I just want to sit back with you
before dinner to both talk
and read for a little bit.
I am so enjoying the book
that I am currently reading
and would love to share it with you
as we took turns reading it
out loud to each other.
I just so want to start
this late afternoon and soon evening
with the universes most beautiful woman
just seeing you smile
as I give you kisses so deep
and filled with the joy of our love.

As I have been up for only
the shortest of whiles
I still feel a bit tired and am dragging.
So I just need that beautiful
little while spent before
I get up and cook dinner for
my beautiful lady.
I so truly love you and want nothing more
than to just spend time
being in your arms feeling true
pure acceptance and love.
I just want my baby to enjoy
this tired night just doing fun things
and growing closer in our bond
as a loving couple.
I love you sweet Kira
and just want to spend eternity
holding and serving you

as the amazing Queen you are.
Just feel me beside you my hand within yours
and never forget that I am yours alone
because I am in no want of another.

Michael P. McParland

Resting My Head Next To Yours

I am exhausted my dear
and can barely keep going at all.
My eyes are drooping and I am
so missing you my sweet precious lady
and I just want to lay next to you
rest my head right by yours
sharing some kisses so good as I pull you in
so we can fall asleep in each others arms.
I miss you my sweetie and want a sweet kiss
from you right on my cheek as we both express
our love drifting off our heads next
to each other and us smiling so wide.
I love you my dear Kira and just want to be with you
as we are filled with peace our hearts
beating and healing together.
Goodnight in the morning my Queen so very beautiful
and remember always that I am yours through all eternity.

Michael P. McParland

Exhausted Morning, So Weary My Darling

I have just arrived home from
a long night of work my sweet love.
I am exhausted and I ache so very bad,
the first thing I want to do
is pull you in so very close
and say I love you so much my sweet darling
and then give you the biggest kiss.
Then after that the most soothing,
relaxing, and cleansing shower,
then to just fall in your arms as we relax
for a good while.
I'm so exhausted and weary my precious lady
and I just want and need you on such a morning as this
and all mornings no matter the mood or how
I am feeling because you are my Angel
and truly the greatest.

I just want to share with you everything
that went on and happened.
The frustrations I feel but far more important
share with you the things that I did
I feel so proud of so you can share in the cheer.
I just want to feel peace as you nuzzle with me
and share this exhausted and weary morning
sharing sweet kisses with your faithful and loving man,
and I just want to share this weary and aching morning
with the woman and Queen I love, cherish, adore,
and care for more than anything because you are
my hero and best friend who my heart overflows with
true tender love that is unending and undying
because your are my soul mate I've loved
since time began.
I just so want and need you here beside me sweet one
because you complete me and fill me with joy.

So having arrived home from work
so weary, exhausted, and aching to my very core
my greatest desire is you in total and whole.
I just want you to talk to and kiss,

to spend time sharing each part of life.
My heart so longs and hungers for your tender touch,
I yearn to see your smile and hear your
sweet Angelic voice.
I just need you so bad because you are the best
and as I will sit down after my shower
I just want to lean against you
and hold you so tight as we share all that
we think and feel laughing, smiling, and feeling so close.
I just want to spend time with the woman
and Angel I love the most.

Michael P. McParland

Holding Your Hand Tonight

As I get up now to get ready
for I must soon go to work
I want you to know how much I love you
and that I will be holding your hand
in spirit as I send sweet kisses
through the whole night.
I am so nervous and feeling stressed darling
and I know you are feeling so lonely
and just want to be held and comforted.
I am reaching out to hold you
and your hand through the entire night
to soothe you and give you deep comfort
knowing that I am right there always beside you.

As I get up now and get myself moving
very soon I must get ready and I am
trying so hard to keep my nerves
and over all self steady.
You are my rock and I feel your love surround me
and I thank you so very much darling
as it gives me strength to get through everything.
So feel my hand within yours as I am so grateful
and to show you all of my care my sweet precious Angel.
I will be thinking of you as I send my deep love
and I'll be holding your hand to help us both
feel better as we as always stick together.

Oh my sweet Kira I so adore you
and need for you to know how amazing you,
you are the most beautiful Queen and dear Angel
I could ever hope to have.
I will hold you so dearly with my hand in your hand
and listen through the night as I say
I love you my most beloved sweetie.
You are my dream and my only true love
and I just want eternity with you in my arms.

Michael P. McParland

Rest Before Work

I am tired my dear and need
to get some rest before I work tonight.
I will be dreaming of you
and holding you so very tight,
feel my arms around you
and my lips upon yours as in spirit
I so lovingly and tender reach out.
I would give anything to be snuggling with you
and sharing our warmth together
knowing everything will be fine and good.
I must now get a few hours rest before
I must get going and ready for work
and the most perfect thing on this earth
would be my Angel in my arms
jut resting your head upon my chest.
Know I am with you and that you're on my mind
because you are my everything my hero best friend.

Michael P. McParland

Love Note 510

Good afternoon my sweet Angel dove
and having just arrived home
from the doctors I wanted to
tell you I so truly love you.
I wanted to thank you for
being there for me
and as ever for all of your love
and just being yourself my sweet Angel.
I wish you were here to spend
the afternoon with me
having lunch and spending time
before I have to lay down
for a little while.
I need a bit of rest since tonight
I have to work so when I lay down
I also wish I could be
holding and kissing you.
I so want my Angel right by my side
today and forever seeing you so
very happy and smiling so widely.
I adore you my lady and want to give you
through this life all I am able
and make you feel like the special Queen
that you are my precious rare diamond.

So feel soothed and calmed
with all the sweet kisses
and huge hugs that I send
to fill you with warmth and deep strength
as well as every bit of my love.
You are adorable and the most
wonderful woman that's ever
existed anywhere.
I love you sweet Kira and just want
you to know that you are my most
beloved Angel I so adore, admire,
and want to be with because
you are my true love, my best friend,
and true hero I want to hold so tightly

to me and I will always be yours
showing you my care as I serve you
in pure love.

Michael P. McParland

Sweet Angel So Very Good

Sweet Sweet Kira my Angel so very good,
having waken up from a small nap
I would give anything to be waking
up in each others arms feeling so good.
To see bright gorgeous loving smile
and give you mine as well.
I just want to wake up next to you
curing a sad a stressful day
because you are my Queen,
a true gift and blessing I'm so thankful for in every way.
You are my sweet Angel so very good
and I just want to be spending time with beautiful you.

Oh my sweet Angel Kira so beautiful
and truly good.
I so long and yearn for precious you.
I think of all the good and fun times we shared
and they are one of the few things that makes me smile.
You've always been such a bright spot in my life
as I felt your heart and soul touch mine from the start.
On such a down day I want to look in your eyes
and tenderly caress your cheek before I shower you
in deep kisses of true love so passionately.
I love you my Angel and need your hugs and kisses
because you soothe all the aching
and for you I feel deep and great love overflowing.

sweet sweet Kira my Angel so very good
feel all of my sweet kisses and big hugs as I send them to you.
Feel all of my love and warmth which each one
holds within and I send you all of my strength
to help you know that I'm there.
I love you so much and am filled with tenderness
and I just want to hold you healing both of our hearts.
You are my sweet Angel I so adore and I will
stand by your side in full support forevermore.
I love you my Angel and yearn for your touch
which with you and your loving looks
is all that I need to cure an aching heart

and sad day because you are the best.

Michael P. McParland

A Sad Night (Needing You)

Waking up now from a very long rest
and all I want now is you by my side.
I am feeling so sad and depressed
and I just want to hold my Kira
and talk about all.
I miss you so much and I am sad from
not having you in my arms,
and I am depressed from so very much
that is going on.
I need you here to just talk and spend time,
I need you my sweet darling because
you are the one I so truly love.

It's a sad night my sweet one
and as I get up to eat a bit
and read for awhile I wish you were
right here to sit by my side
and just have your company while
I give you sweet kisses too.
I love you my Kira and I need you here
so I can see the worlds beauty
and be filled with such cheer.
I love you my darling and it is you
I just want to hold and be with
because you chase away all the sadness
and you make me feel so amazing.
I love you my beautiful lady
and want you to know you are my Queen and Angel
whom I so adore and want to be with forever.
You remove my frowns and make me smile
and you're all I want and need on a sad night
or happy night because it is you who makes them all perfect.

Michael P. McParland

Love Note 509

Good afternoon my most beautiful
treasured and beloved sweet Angel dove.
After a good and much needed long rest
I am finally up and going to
do my very best to make through
this long day,
I still feel so drained and am
feeling depressed,
I long for you babe and wish you
were here to sit by me now
and share the tacos I am about
to cook for lunch,
it is time to try and eat some food.

I love you sweet Angel
and for you and all that you do
in your endless loving care
I am so thankful to no end.
I am a loss for words right now
in all of the ways I want to express
just how wonderful I know
that you are and I just send you
huge hugs of warmth
and sweet kisses of true love
with all my strength.
Kira you are my Queen
and the crown jewel of my heart and soul,
I just want to hold you now
relaxing today as I regain my strength.
I just want my girl who I so adore
and in so many ways understands me
better than anyone ever in heaven
or on earth.
You are my best friend
and a diamond in the rough,
you are the greatest gift and blessing
I could ever have.

God bless you sweet lady

and remember I am always with you
because I am your Michael
and I so truly love you.
Bless your sweet heart
for you are so beautiful
my sweet Angel so great
and know that I am right here waiting
with a wide open heart
and wide open arms for the Queen
I so want to be with in joy
for all eternity.

Michael P. McParland

Holding You This Morning

Having rested for a little while
my sweet Angel so beautiful
I feel a bit better having felt you
so near and your love so very strong
fill me up around wrap around
like a perfect blanket of comfort and strength,
I just want to thank you my dear
and tell you I love you through
and wish I could just be lying here
this morning and be so tightly holding you.
I adore you sweet one and just want to be with you
on this early morn snuggling away
as I see you smile while I continue
to get feeling better.
You are an Angel and the most perfect
best friend and Queen anyone could ever ask for
and I just wish I could be lying with you
kissing and feeling so wonderful on this
early morning just felling better and better
in the arms of the universes most beautiful woman.

Michael P. McParland

Home Early, Cozy Up Darling

I'm home very early from work
my sweet darling dear.
I got very sick half an hour
after arriving there.
I was shaking, and freezing while
throwing up all the fluids I was drinking
to compensate for all of the loss
and stayed for two more hours
before I finally gave out.
I arrived home a short while ago
but felt so very sick I just had to lay down,
and now that I am feeling a little better
I just wanted to tell you right away
that I so truly love you.
I wish you could be here to cozy up
right beside me just snuggling and talking
while we were relaxing and my stomach got feeling much better.

First I just want to jump in the most
cleansing, refreshing, and soothing shower.
One to wash away the headaches and sickness
I've had to deal with the entire weekend,
wash away all the sweat with the dirt and stress
feeling better knowing after I can
just relax with my beautiful lady.
Afterwards I just want to relax with you
sharing sweet words and kisses in bed
as I get so cozy with you.
I just want you to curl up in my loving arms
and rub my big tummy to keep it feeling better
and for the day make it steady and true.
Oh my sweet Kira I so love you
and you are the medicine I forever need right by side,
you are a blessing and my beautiful Angel
and after a frustrating weekend I want to cry on your shoulder.

So as I am home early from work my sweet darling
having been so very sick and tried to fight through
I now just want the perfect shower

and then afterwards to cozy up with my hero and soul mate
who's a true gift and blessing.
I so need your sweet kisses as I pull you in
so very close to me and look in your sparkling eyes
saying Kira I adore you and so deeply love you.
You are the greatest and a very rare treasure,
you are the crown jewel of my heart and you keep it beating.
I love you so much and I need you because of that
and I want you to just be here and cozy up.
I will be dreaming of you as I lay here my dear
and sending you all of my warmth love and strength
so you will know I'm with you holding you tight.
God bless you my Kira you are a miracle
and there is no doubt I'll never be in want of another.

Michael P. McParland

Love Note 508

Before I head off to work
I just wanted to say
my sweet Kira I love you so much.
I fell asleep after I last wrote
and drifted off from
all of the drained weakness I felt.
I love and miss you so much
and will be thinking of you
while I am gone.
Feel my arms around you
and all my sweet kisses
and just know I wish I were
in bed with you holding you closely
just spending time and gently talking.

Michael P. McParland

Love Note 507

Good late morning to you
my sweet Angel dove
and I wish I could just hold you
as I lay here still.
Just give you sweet kisses
while listening to my classical
and look in your eyes
smiling as I say I love you my dear.
I miss you so much
and have been dreaming of you,
I truly wish I could spend
this whole day snuggling with you.
Have no worries of work
until I had to go
and just have the company
of my Angel so beautiful.
I'll continue to dream of you
as I lay here a little while more
and I'll be sending you
all of my love and warmth.
I adore you sweet lady
and just want you to be right here
arm in arm forever with me
because you are my best friend,
my hero, and beautiful everything.

Michael P. McParland

Sunday Morning Holding Each Other

Good Sunday morning my sweet precious Angel
and after a long day and part of the night
struggling with a migraine from hell
I just want to lay here with you
holding each other as I feel so physically drained.
I am wiped out after feeling so very sick
and I want to lay here with you for a bit
before I must soon get up.
I have to work tonight and my nerves are already
starting to get to me so please come spend
Sunday morning in bed with me holding each other
so tight and warm feelinmg comfy and good.

I wish you were here so I could thank you
as I build my strength back up on this day.
Just want to hold you as I lay here
right now for a bit more.
I just want to hold you so close as I put
some soothing classical music on
and give you the sweetest kiss and pull you tightly in.
I need this Sunday morning of us
just tightly holding each other because you
are the one that makes me feel whole
and after being sick with a morning of nerves
it is you that I want to be with as you
always make me feel so very good.
Good Sunday morning sweet Kira I love
and I just want to spend it in each others arms.

Michael P. McParland

Love Note 506

Good late afternoon
my precious sweet Angel dove.
I'm sorry I've been quiet
but a fierce migraine has been haunting me,
I have felt so very sick
and couldn't even manage to sit up
and I wish you were here
to hold me so close.
I feel a bit better
but it is still hanging
and as it's eased up
the first thing I wanted
was to tell you I love you.
Feel all my warmth as I
reach out to hold you
and give you the sweetest of kisses
any man could give to his Angel.
I adore you sweet lady
and am dreaming of you
as I lay here trying to feel better.
I love you my darling
and will write you
as soon as I am feeling much better
and know that I am with you
the entire while.
I'll never leave you
and am always here for you
because you truly are my best friend,
my true love, and amazing hero.

Michael P. McParland

Lying Down For Awhile

I am tired sweet love
and am going to lay down for a short while.
I miss you so much and wish you were here
to rest your head on my chest
while I rubbed your back and stroked your hair.
I just want to feel your soft loving touch
as we're lying down for a good rest.
You bring me calm and fill me with peace,
right now I'm aching so bad and need you
right here with me.
I'm lying down and will be dreaming of you
while sending all of my warmth and love
with sweet kisses too.

Sweet love I am lying down for awhile
before I need to get up and complete
a few chores and things that need doing.
I am reaching in spirit to hold you so tightly
so listen for my voice as I say Kira I love you.
You are the greatest and truly a rare treasure,
you're a diamond in the rough
and I want to be with you forever.
I'm now lying down and I wish I could hold you
because you are my hero and best friend,
an Angel I so love and adore to no end.
God bless you sweet lady you are a gift
and true blessing.

Michael P. McParland

Your Touch 2

I just want to feel your touch tonight,
being in your arms as I kiss you
all over time and time again.
I want and need your tender loving touch
because you are the only one
I hold within my heart and soul
and I only desire you.
I need your touch to calm all stress I've felt,
you are the Angel I've prayed for
and I'm blessed to have your love.
I just want to feel your touch
and experience heaven on earth,
I just want to have you near my Queen
I'm so in love with.

You fill me up with butterflies
and inside an eternal flame of love is burning.
You are the only one I've ever
had such feelings for
and I just want to hold you close.
I need your sweet and tender touch
to fill my night with light,
it would set off fireworks of immense pride and joy,
I need your touch my lovely one
because you are the best.
I truly love you so very much
and that is why I need and want your loving touch
because you complete me in full.
You have touched my very heart and soul
and need your physical touch as well.
I just want to feel your touch
and say thank you my beautiful dear.

I often dream about your touch
and in spirit I feel it too,
it fills me with such comforting warmth
knowing you are near.
I just want to pull you in and release
all I hold within.

Kira I love you so very much
and I want to feel your touch
as I hold and kiss you deep.
I adore you to no end and I want
to be with you forever side by side hand in hand,
I love you more than anything
and just want you in my arms.

Michael P. McParland

My Dear Best Friend 3

My dear and wonderful best friend
how I wish to be with you right now,
just spending time and having fun,
I want to hear your Angelic voice
while we sit staring into each others eyes
while we lovingly talk.
My dear best friend I just want to be with you
and not just right now or for a little while
but through all time side by side hand in hand.
My dear best friend you are so beautiful
and I want to hold you close feeling
your heart beat right next to mine.

My dear best friend you are my
shining northern star,
you fill me with hope so good and joy
whenever you're around.
You give me reason to go on
and a want to always try so hard,
because you have such a heart of gold
and I always want to make you proud.
I want to be one of the reasons
that you smile so very big,
I want to see that shining smile every day
and know that you're happy.
My dear best friend you're so adored
and I'll always care for you.
My dear best friend you truly are
my only one and I want to marry you.

My dear best friend I just want to hold you now
and spend this Friday evening arm in arm.
I just want to gaze in your eyes
while I give you all my love and thanks
with the biggest smile.
You are my Angel and my Queen who is my everything
and I just want to be with you
because you make life so good and colorful.
I love you my dear best friend

and will always be yours alone.
I love you my dear and beautiful best friend
and I will give all of myself and very best
to you forevermore.
You are my one and soul mate I adore
and I know you've been my dear
best friend since the start of time.

Michael P. McParland

Love Note 505

Good afternoon to you
my sweet beautiful Angel dove.
Not much is going today
and I just wanted to say
I love you sweet girl.
Thoughts of you fill my
head and my heart overflows
to near bursting with pure
unconditional love.
If you were here I'd just hold you right now
and let you know that everything
is going to be alright.
I love you so much and want you to know
that you are safe with me
and I'll never leave you.
God bless you my darling
you fill me with cheer
and without you around things are dim
and a huge piece of me is missing too.
You are my light and my Angel
a Queen so amazing
and I want to be with you
and only you as my partner
and wife through all eternity.
Have a good day and know I'm
right there beside you
as I always will be because
I am your Michael.
I love you sweet lady
because you are you
and you are so very beautiful,
so remember I am right here
if you want or should need me
no matter when and no matter what.
I send you sweet sweet kisses and smiles
endlessly in the millions
so feel all of my love and warmth
as they shower upon you
and I wrap my arms around you

to so tightly hold you.

Michael P. McParland

Sweet Morning Kisses And Hugs

Good morning my sweet Angel dove
and after a long needed sleep
I send sweet sweet kisses and huge hugs
to sweet beautiful you.
Now as I awake and am about to rise
you are my sunshine and I wish I could spend
this entire day in your bright glow
as we spent time hand in hand having a good time.
I send sweet good morning kisses and hugs to you
my hero and best friend I adore to no end.

It is payday today from my new job dear one
and I would like nothing more than to go out
and buy lunch or dinner for you.
It being the first it's not the biggest
but I want to spend it on my sweet girl
and shower you in all of my love.
I send you sweet good morning kisses
to let you know that I care and that
I wish you were here to share in all.
I love you so much and send all my strength
to fill and wrap you in warmth
knowing your Michael is with you as always.
I send you sweet good morning kisses
with massive hugs because I just want to hold you
and say I love you so much my only one.

Sweet sweet good morning kisses to you
with huge hugs my sweet Angel dove
and may God bless you to feel all my love.
I miss you so much and am anxious to spend
each day with you in my arms.
I wish as I rise now I were holding you
and that we could just spend a day on the town.
I love you my sweetie and long for your company
and will be thinking of you as I run out
to get my paycheck.
You are amazing and I live for the days
that we will be spending in true love together.

You are my hero and my best friend,
you are everything I've ever wanted,
so hear as my heart sings out in full voice to tell you
Kira you are an Angel and all I'll
want and need for all time.
I send you sweet sweet good morning kisses
with huge hugs because you are so beautiful
and I want you to know you truly are my most beloved.

Michael P. McParland

Wrapping You Up In My Arms

I'm wrapping you up in my arms
to fill you with all of my love
and comforting warmth as I now lay down.
Come and snuggle with me
sharing kisses so deep and sweet
before you softly lay your sweet head
upon my chest feeling so calm and safe
as I rub your back and stroke your hair.
Let's just close our eyes and softly talk
for a short bit before we put on an audiobook
and then drift off to sleep.
I am so very tired sweet one and about to fall asleep
so I'm reaching out to my true love
wrapping you up in my arms to give us both smiles
as we comfortably drift off feeling peace
and joy in our souls being with the best friend we so adore.

Michael P. McParland

A Sweet Tired Afternoon With My Beautiful Lady

I am so so very tired on this afternoon
and there could be no better way
to spend it than with my sweet beautiful
best friend and lady I so adore,
to just sit up with her holding each other
so very tight for this little while well I am up.
A sweet tired afternoon with my beautiful one
so filled with deep kisses and talk among
other things is all that I want,
a sweet tired afternoon with my sweet Angel dove.

First my sweet dear a late lunch for just us two,
as tired as I am I still want to cook for you,
to see the joy on your face as you eat the good food
and to see you smile as I make you proud.
Then afterwards just sit back so I can hold you tight
as I lean against my lady and rock,
to give you deep comfort as I'm filled with yours
is the contentment and solace I need right now.
I am so very tired and finally need some
really good rest my Queen darling
and I want to spend this afternoon relaxing
with sweet beautiful you.

I need a sweet tired afternoon spent with
my sweet beautiful lady I so cherish and adore,
to bring me such calm and make me smile
as I see hers and look into those sparkling eyes,
I want to just share sweet passionate kisses
while we pass a few waking hours
and then I will hold you so tight when we
lovingly slide under the covers.
I love you my Kira and am so very tired,
I just want to spend a beautiful afternoon
hand in hands arm in arm with you my sweet Angel
right here at my side.

Michael P. McParland

Love Note 504

As I about to head out
the door in a few minutes my dear
I wanted to let you know
I love you so very much
and have been dreaming of you.
I am just so very tired in so many ways
and have been in bed all of this time.
I'll explain all to you later
when I can email you dear
but right now I must get up and go.
I love you my sweet one
and I always will
because you are amazing
and my beautiful Queen I so adore.

Michael P. McParland

Sweet Late Nighttime Snuggle

Lying here my sweet love half asleep
during a night of mostly restless sleep
and I know you are lonely and struggling too
so I am reaching out to give you sweet kisses
with a late nighttime snuggle so good.
I just want to hold you and give us deep comfort
so we can feel the deep peace we're so deserving.
I love you sweet Kira and want to just
snuggle with you as I'm in so many ways
so very weary.
I know you are also deeply aching and struggling
so I'm reaching out to give you sweet sweet kisses
and a warming late nighttime snuggle because
I so truly love and adore you my gorgeous Queen of forever.

Michael P. McParland

A Lazy Evening Relaxing

After a long couple of days
my sweet dear and having just
arrived home from my appointment as well
my night is clear as is my schedule
until tomorrow just after noon
and you right by my side is what
I want and need to snuggle so tight
as we spend a lazy evening together
just wonderfully relaxing.
I need this evening to be with my Angel
just winding down from all of the stresses
spending time and relaxing as you talk to me
and I float away on your divinity.
I so want and need to be with you babe
spending a lazy evening just relaxing
and resting away all the tiredness I feel.
I love you my dear and just want to shut
my tired eyes and rest next to you
while I kiss you so soft and tender
telling you thank you my darling hero,
I just want to lay here pulling you in
to spend a lazy evening doing whatever
it is we so please while relaxing
and winding down releasing all the stress that we've felt.

Michael P. McParland

Love Note 503

Now finally waking sweet darling
with just a bit of spare time
before I must leave for my
therapists meeting I wanted
to drop in and say I love you sweet lady.
I thank you again for all of
your strength and deep loving patience
helping me to make it through
last night in peace and get
some good rest on this day.
I just thank you again
for being you and a lady so great
and true to your caring heart,
I love you my darling for you are
the greatest hero and best friend
I'd ever want.

So now as I must get dressed
and ready to go I send you
the sweetest of kisses and huge hugs.
Side by side hand in hand always
my sweet Angel dove,
I'll always be with you and right here for you
because I so adore you
and cherish you fully.
I'll be thinking of you as I'm
at my meeting and will
write to you upon my arrival home
my beautiful darling.
I love you fair lady
and just want to spend this evening
afterward spending time while I hold you
because you are my best friend
and a rare sacred treasure
who I can't get enough of
and I truly want to always
give my very best and everything.
I just want to be with you my sweet Kira
because you are so beautiful

and an amazing woman who's love truly is the greatest thing ever.

Michael P. McParland

Curl Up Under The Covers

Come my sweet one and curl up
under the covers with me
to catch some good and much needed sleep.
I am purely tired and deeply exhausted
and I just want to slip into
the world of our own that we have created
to snuggle and kiss ever so sweetly.

I just want to hold you as you
rest your head on my chest while we
drift of in joyous peace together
me stroking your hair and rubbing your back
as we fall asleep so contentedly
to recover our energy and heal our hearts
together with our best friend.

Please come my sweet one because I love you so much
and I want my beautiful woman to kiss
and snuggle with as we fall asleep
under the covers warmed to our very cores
by the true love we feel and share with each other
giving ourselves and our hearts fully in pure loving care.
God bless you sweet lady you are a miracle
and I will always be yours standing right by your side
giving all my love and support forever and ever.

Michael P. McParland

Morning Note 194

Home from work at last
my sweet love
and now all I want is
to wrap you up in my arms
as you hold me so tight as well.
I feel so very sore but my spirits
are up because I felt
and still do of all your
deep strength and love,
I know and could feel
your hand in mine as I pushed
on through the night
with a sense of calm,
a calm you sent me with your sweet
spirit and kisses so grand.
I thank you sweet lady
in great abundance and true love
to no end.
I adore you fair lady
and truly am the luckiest man
there's ever been to have such a love
and wonderful best friend.

Now home from work
the first thing I want
is my lady's sweet kiss,
then a nice cleansing
and soothing shower
as we just held each other
smiling and kissing under
the relaxing flow of the water,
that's what I want and will
dream of as I am in there,
that is the way I want to start
winding down my night my sweet darling.
Then afterward just get some
good food and curl up with you
feeling so very cozy
as we sat talking, reading,

and watching a small bit of a movie.
That's all I want on this tired
and weary morning,
I want my Kira a true gift
and blessing I want to be with
through all eternity.

So I wish you the best
of good mornings and know
I am with you giving sweet kisses,
I will be here dreaming of
all the good times that will be coming.
I love you my darling
and it is for you my heart is beating
and will continue too forever and ever.
You are a treasure and truly
a rare precious diamond
and there isn't anyone else
that could ever amaze me in such a fashion,
I adore you completely
and want to marry you
because you are my best friend
who literally is my only one
and everything.

Michael P. McParland

Hold My Hand Tight Tonight

Sweet dear as I now finally rise
to prepare for work will you reach out
to me and hold my hand so very tight tonight?
I'm reaching out to you as well
as I'm feeling nervous as hell
and I need your strength to comfort me,
I'm reaching out as well to give you
all my comfort too so you'll feel
all of my deep warmth as I go throughout this night.
I so need your strength and warmth as well
as I truly feel so overwhelmed.
Please my dear I love you so and let's help
get each other through with hands held tight
and the sweetest kisses too.
I need my best friend and always will
because you are my Angel and the real deal.

So please my sweet dear hold my hand
so very tight as I will be holding yours as well.
I will be with you as my heart sings
in full to you all my true and deep loving care.
I need your comfort to help calm my nerves
and keep me steady through this night,
I need my hero because you fill me up with light.
Please my sweet reach out to me and hold
my hand so very tight through this night
because you are the one I truly want and need
more than anyone or anything in the universe,
heaven, or on this very earth.
Kira please reach out and hold my hand
while through this whole night in true love
I tightly hold yours as well.

Michael P. McParland

Love Note 502

Good afternoon to you
my sweet beautiful love.
I have been resting through
the whole day since tonight
I have to work so I apologize
my dear one for being so quiet.
I am feeling so very anxious
and my stomach is twisting
on my nerves edge
and I just wish I could lay here
with my Queen Angel,
I just want to be with my perfect
and beautiful precious Kira
talking and feeling deep comfort,
I love you my dear darling
and just want to be with you
feeling at ease from all of these
stresses and problems,
I so truly adore you
my rare precious diamond.

So as I continue to lay down
for a little while longer
I'll be dreaming of you
as I send you sweet kisses,
just see my smile as you feel me
right there beside you
with my hand in your hand
forever and ever.
You are my rock and you
give me such strength and happiness
and I want to say thank you
over and over.
I love you sweet Kira
and I have forever,
I know I always will because
you are amazing and truly beautiful.

Michael P. McParland

Early Morning Desire

It's early morning my dear
and my only desire is to be
holding you here so very near.
To share some sweet kisses
as I look at you
and say good morning my darling
I'm so in love with you.
It is now early morning
and I'm filled with desire
to just be with my Kira
reveling in the warmth and fire
she gives me inside.
I love you sweet lady
and you are whom I desire
and if I could right now have a wish
I would be holding you in these early hours.

Michael P. McParland

Night Note 204

Oh my sweet love
I send you the sweetest
of kisses and pray you are
having a very good night,
I pray you feel all of my love
and know I would give anything
to be with you right here and now.
I wish I could hold you
when I soon lay down for
a light bit of rest
to give us both comfort
just healing with our very best friend.
I love you my daring
and long for your touch,
your lips pressed to mine
as we so deeply kissed.
It is your company I so dearly miss
and I would give my whole life
for just this one entire night.
I send all my strength with
deep loving warmth
and just close your eyes
remembering my smile and deep loving looks.
Have a good night my sweet Kira
you are the best
and never forget that your Michael
loves you so very much.

ILYF KP

Michael P. McParland

Holding You Right Now

Holding you right now
is all I want to do,
feel fireworks light up
my entire heart and soul
is the thing I need most of all.
Holding my best friend
would truly be the greatest thing
because she's divine and a gorgeous Queen.
I just want to be holding you
so close to me right now
as I kiss you deep and slow
stopping only to say I love you more
and more with each day that comes and goes.

Holding you right now
would be so very very good
and the cure for what's giving me the blues.
To be with the one I love
and tear down all my walls as I poured my heart out.
I just want to be holding you
right now and know that there truly is
good within this world,
I just want to be holding you
and be filled with cheer
as I gaze upon the worlds beauty I so adore.
Kira I just want to be holding you
and giving you all the love you so need
and truly deserve.
I just want to be holding you
and forget everything else outside of us.

I just want to be holding you
and feel such joy within my entire being.
I want to just spend time having fun
and knowing I am safe and not alone
as I snuggle with my sweet Angel dove.
I just want to hold you close
and share all I have and all I am
because you truly are my only one

and I want to spend eternity being close
and getting to know the most special,
beautiful, and important woman in the universe.
I just want to be holding you
because you truly are my best friend and everything.

Michael P. McParland

Love Note 501

Good evening my sweet precious darling
and as I have awoken from
another restless stretch of sleep
my sweet lady I am about to finally
head out the door to go get my prescription,
what a trial getting it filled has been,
and before I go I just wanted to say
a simple little message my dear
of I so truly love you.
As I have achingly rested so much
on this day it is you I have
dreamed of in comfort the entire way,
you are a miracle and a diamond of hope,
you fill me with joy and ultimate light.
I adore you so much and treasure you babe
because you are a joy in every way.

So feel all my kisses as I send them
in the millions with great big smiles
and warm hugs to make you smile.
You'll always be my true one
and the only one I am wanting.
God bless you sweet Kira
you are amazing.

Michael P. McParland

My Little Love Bird

You're my little love bird,
a wondrous work of art.
You're all that I desire
in your divine Angelic spark.
I love you more than anything
and give myself to you.
Kira you truly are so grand
and I just long to be with you.

You're my little love bird
and I truly love you so.
You lift my spirits with great cheer
and make it all worthwhile.
I give my heart and soul to you
forevermore because you make them sing and glow.
I miss my little lovebird
and want you here right now.
I am in need of your embrace
and the universes sweetest kiss.

Kira you are my little love bird
and I need you near me now,
I just want to give you all
the love I have with my best in full.
You are my love bird
and the only one I want.
I love you babe and always will
because you're the best around.
I'll always be there for my love bird
because she's made my life worthwhile.
I love her more than anything
and she's all I'll need for sure.

Michael P. McParland

Sweet Aching Kisses

Waking now from my rest my sweet lady
and I give you sweet kisses in true love
over and over,
I am aching quite bad in my body
and I just want to hold you.
I want to just spend some time
right next to my pure one
and give sweet aching kisses to cure all the pains.
I love you my darling and I'm
in many ways aching and the shining star
that's my Angel is the cure I want baby.
I love you my darling and send sweet aching kisses
and despite all my aches along are big smiles.
Kira my darling you are a miracle
and as I still lay here for just a short while
I wanted to send you huge hugs and smiles
with millions upon millions of sweet kisses to warm you.
God bless you my lady for you are worth more
than all the universes fortunes.

Michael P. McParland

Exhausted Morning Lying With You

I arrived home a bit ago from
my first night on my new job.
Now out of a nice refreshing,
cleansing, and comforting shower
I just want some food and my sweet precious Angel.
I want to lay with you my darling
and just share everything that happened.
I am so sore and aching from the
activity pushing on my arthritis and pains
so I just want to eat and snuggle with
my lady so great.
It is an exhausted morning my babe
and one I want to spend lying down with you.

I am exhausted and aching both inside and physically,
both which are cured by my Kira's sweet kisses.
I want to lay with you and just talk so softly
as I kiss you so tender and say I so love you.
Lying with you and feeling your comfort would
make my exhausted body and mind feel so good.
You are amazing and a total miracle
and I thank you so much for helping me get through.
I am so exhausted my sweet dear so would you now
please reach out and hold me?
I'm reaching out too to hold you so near
because it is only you I am wanting and need
on this exhausted morning to take comfort
and solace as I will rest soon.
You take the pain and chase it away,
I love you sweet Kira and will be dreaming of you
when I lay down and in spirit hold you.

Michael P. McParland

Love Note 500

As in just over an
hour now I must go to
my first night of work
on this new job my dear
I wanted to tell you I love you
and will be thinking of you.
I must start to get myself
prepared in full
and start by sending all of
these sweet kisses to you.
I will be thinking of you
and sending great cheer
as I smile for you
and say Kira I love you so much
and wish I could hold you
as soon as I'm done.
On my break I will go
right outside to smile at the stars
and send all my love through
the heavens to be beamed right down to you.
I miss you sweet girl
and wish that I had this last hour
to just sit and snuggle
with my precious Angel.
I wish I could just look in your eyes
and thank you for all of your
loving strength and deep courage.

I love you sweet Kira
and remember that I'm thinking of you
and can't wait till we've reunited.
You are are my Queen and diamond
whom I so treasure completely
and my heart is always singing
just for you darling.
So tonight be filled with great peace
and know that I am with you as always
hand in hand arms wrapped tightly around you.
I love you my Kira

and wish I could spend this
last bit of free time before work
and then all after with you
because you are my Angel
and you make it all worth it
my sweet Queen so amazing.
I'm sending endless sweet kisses
with all of my strength my sweet lady
so feel peace and comfort completely.
I adore you my sweet Angel
and my heart is hungering for you darling
so I will always fight on for my Kira.
God bless you always
and through the night feel me beside you
and please give me that bright
shining smile to help make my night good.

I so adore you and will forever stand by you
because I am your Michael,
your best friend who truly cherish,
loves, and totally adores you.
Have a good night babe
and know I will be sending my love
while I'm at work,
just be filled with peace
knowing I am sending all my love
and warmth to the woman I treasure
and love more than anything
and I will always be right here
for you with wide open arms
and a wide open heart ready for
Kira my true love.

Michael P. McParland

Relaxing With My Angel

How I'd like to be relaxing here
with the Angel I so love
in these last couple of hours here
before I must go to work.
I have been in bed all day just resting up
and now with a tad over four hours to go
I wish I could just spend the time with her
as I got ready and just tried to relax,
I want to be with my Angel now.
To feel her light and all her hope,
I love you Kira and want you here to closely hold.
I just want to spend this time with you.

How I wish I were just relaxing with you,
I miss you my Angel and all the time we would spend.
You love, your words, and all that you do
would help put me at such awesome ease.
You always helped me feel better
and you would soothe my shaking nerves
with all of you pride in me and confidence.
I so wish I were relaxing with my bright Angel,
feeling your glow as we snuggled
and both of us smiling as we were sweetly kissing.
I want to be relaxing with my Angel
in these last few hours before I go back to working.

I love you sweet Angel and will be
thinking of you throughout work.
I'll be sending kisses so warming as my heart sings
out I so love you sweet Kira,
hear as it sings out loud now,
I so wish I could just be with you dear
not feeling the strain of these nerves as time grows near.
I love you my sweetie and am reaching out now
to give you deep calm and feel yours as well,
you are my sweetie and the one whom I want
to be with through all eternity
and you are my most beloved best friend whom I want to relax with.
You are my Kira whom I give my all too.

I love you sweet lady and just want to be with you
fighting together through life for all the better,
it is only you dear I want to be with forever.

Michael P. McParland

Lay Down With Me Babe

Goodnight my sweet girl
and please come lay down right by my side,
please come snuggle up and share some
sweet kisses so good before
you rest your head on my chest
and we'll lightly talk as I stroke
your long beautiful hair and rub your back.
Come lay down with me babe and let's go to bed
I am quite tired and want to be with my Angel
as we end this night snuggling warmly.
I love you sweet lady and just want to hold you
as we end this night in each others wonderful,
loving, and ever meaningful company.
Goodnight my sweet Kira you truly are my everything
and I need you more than ever my precious darling.
Come lay beside me and let me show you
how much you mean to me darling
because it is only you I want to be with forever my dear,
it is only you I will ever if full give myself to.

Michael P. McParland

Night Note 203

How I wish you such
a good night and what I
wouldn't give to spend it
with you side by side.
I feel fine though still anxious,
I just want overall babe
to spend time with you
no longer lonely and having reason
to really smile as we just
spent time together.
It will be an odd night sweet lady
as I just sit here alone and anticipate
tomorrow night starting my new job.
I wish you were here to join me
for a cool shower to start the night.
A refreshing one washing away
all the days heat.
So I could just hold you and smile
as you smiled too.
A wonderful and re energizing
shower just holding you.

I just want a good night
so peaceful and calm,
one to just look in your eyes
as I say I so love you sweet one.
A good night of snacks, kisses,
and warm snuggles in front of the cooler.
That is what I want
with my sweet precious beautiful Kira.
I love you my darling and
am here reaching out to you
so feel your Michaels pure and true love
as I hold you in spirit.
Have a good night and know
that I am sending you the sweetest of kisses.
I love you my Kira
and miss you so badly
and a good night with you is what I

am so very wanting and needing.
You are the greatest
and the cure for my nerves
and I just wish I were with you
to spend the night through.
God bless you my Angel
and may your night be good
and always remember that your
loving Michael is right here for you.

Michael P. McParland

Saturday Evening Relaxing With You

It's Saturday evening now my sweet one
and I want to spend it relaxing with you.
To forget as best as I can about
the nervousness that surrounds.
I want to sit back and enjoy this pizza with you
not thinking too much about my new job tomorrow,
I want to spend this Saturday evening
relaxing thinking about just you and me
spending time, having fun,
and enjoying ourselves as we snuggle up.
I love you babe for just all and who you are
and I want nothing more than to spend
a Saturday evening relaxing with you.
I just want and need my sweet one
right here the whole night within my arms.

I just want this Saturday evening here
to relax with you,
to hold your hand and just talk away
all the nerves I feel.
I just want to give you all the time I have
as I give you all the love that you deserve.
I just want a relaxing Saturday night with you
because you're the one that helps me make it through,
I want to be with you and let you know I care.
I just need you so on this Saturday eve
because you are my only one.
I want to be with you the one I love because you matter most
and it always is the one you love who helps
make everything be alright.
I love you Kira my best friend and need you on this eve,
I just want to hold you close and know it's all okay.
I just want a relaxing Saturday evening with you babe,
and know that I can just sit and laugh because
all is well when you are near.

Michael P. McParland

In Need Of You

I am in need of you as I lay here.
I ache, I hurt, and I feel very nervous.
My stomach still slightly aches
and from what is coming I am so anxious.
I'm nervous for tomorrow nights first shift
and just want to sit with my lady
forgetting all of the stresses.
I am in need of your presence in all
of its infinite pleasance because you
are my true love and best friend who makes
everything so much tolerable and better.
I love you sweet Kira and am in need of you baby
because you make me feel good as you cure
all of my nerves and the bad things within your beauty,
Kira you are the Angel I adore so divine and amazing.

I am in need of you now and forever because
you complete me sweet one and give me such reason.
I'm in need of your company as I go get stuff for dinner
and later make us the greatest pizza.
I love you my Angel and am in need of your company
because just seeing you happy while I hold you
will so truly complete me.
I need you sweet Kira so I can be here to serve you
and let you know just how amazing you are,
I love you more than anything ever and I just
want and need my sweet beautiful Kira to smile,
I need to kiss you and with you through all experience heaven,
and I need to know that all is well my sweet one.
I love you my darling and am in need of you now
to just together have a good day feeling good spending time.

Michael P. McParland

Sit Here Beside Me (Not Feeling Well)

Please sit here beside me sweet dear
as my stomach aches and I feel a bit of a chill.
Please come sit with me so I can hold you
and just feel comforted and as good as I could
while being with the Angel who loves me in full.
Please come sit beside me and just rub my tummy
as we sit and talk just spending time
as the loving best friends that we truly are.
Please my dear sweet one come sit with me
and let's just wrap up so tight and relax for
awhile forgetting the world and all of its stresses.
Come my sweet one I'm not feeling well
and I just want to be with my loved one
feeling so safe and warm as these stomach aches pass
with your help so very soon.

Michael P. McParland

The Kisses Of An Angel

The sweet kisses of a sweet Angel
are the most wonderful divine things
and all I desire.
To hold you so closely while we both
smile so widely as we both lean in
to share that sweet kiss which makes
our spirit soar and on the milky way swim.
An Angels kisses make everything worthwhile
as we fight on together making
this life better and better with each little peck
and deep one of passion going along side by side
hand in hand the whole way in true love.
The sweet kisses of a sweet Angel
are my hopes and dreams because you are so beautiful
and my everything.

The kisses of an Angel come from a pure soul
filled with true love that just wants to give
the best to the one they so care for,
to let them know that they are so special
and that kiss from an Angel makes my heart melt.
I love you my Kira for you are my Angel
and I can't wait to hold you and let you know
how great you are to me in all ways.
I can't wait for my Angel to give her
in return all she deserves because her kisses
will be the greatest just as she is.
The kisses of an Angel transcend all the greatest
things on this earth and I just can't wait
to share them with the one I so love.
The kisses of an Angel are just why I live
because to share them with my best friend
will be the greatest thing that there has ever been
given to or experienced by any man.

Michael P. McParland

Love Note 499

A very good late afternoon
to you my most beautiful, prized,
beloved, and treasured sweet Angel dove,
I hope your day has been well
and you've felt all of my warmth
surround you as no matter
what I'm always by you holding you close
giving sweet smiling kisses
to you the great woman I so dearly love,
I am always there with you
and won't abandon my baby leaving you
so hurt in the cold because you're
all I want and to me your happiness
truly is everything.

I'm sorry sweet one you didn't
hear from me all through the night
and the whole day until now.
Last night not long after
I wrote you my poem I leaned back
and fell asleep as I dreamed
of holding you,
I was more tired than I thought
and by the dreams of you being so cozy with me
made me feel so cozy too
and I drifted off to sleep
flying on such gorgeous dreams
of gorgeous you my sweet wonderful girl,
I am so sorry that I was so tired
but I know that you understand
because you know the issues
I have been going through,
and the dreams of your smile
just made me feel good knowing
that I will see it again
and kiss you like a mad fool.
I love you sweet Kira and hope you know
that I will always be with you
because you are such magic

my only Angel.

So my sweet lave as I get up now
I reach out to you and pull you in
for the biggest and sweetest
kisses with hugs.
I want you to know you're the only one
I'll ever want and that I truly
need you because you are my
treasured best friend I adore
and cherish to no end.
I love you sweet Kira and right now
truly do want and need with
my whole soul to be holding you,
I need you right here to talk to
and forget the rest of the world.
I love, admire, and cherish you
so completely and deeply
and I will always be so thankful
you are my Angel because you are
the greatest blessing and gift from God
that has ever been given,
you are my Kira for whom my heart is singing
letting you know I am yours
and yours alone forever and ever.

Michael P. McParland

Rest And Relax Beside Me

Sit beside me here my sweet dear
and get so very cozy as I pull you in.
I know you are tired and feel very drained
so I just want to give you deep warmth
while you recover from fatigue
feeling all of my love.
I want to massage you to help ease your pain
and help all the tenseness your body holds
loosen up and release.

Come my sweet dear and cozy up right beside me
to rest and relax feeling so very good
while I hold you close kissing and smiling
to help you know you're cared for and so loved.
Rest and relax beside me now so we can just
share this night so filled with our endless
caring love be shared and felt completing
and healing our souls and hearts
which are so dedicated and emitting true love
to one another.

Michael P. McParland

Evening Time Thanks

I send great great evening time thanks
to you my sweet dear for your great
understanding of how I needed that rest today.
I thank you for all of your understanding
and caring of that and so very much more
and now as I rise this evening I send
sweet kisses to you from my heart and soul
which overflow with dear and true tender love
and endless gentle care.
I send you such thanks because you mean so much,
you are my Angel and true love whose worth,
wonder, and magic can be touched by nothing else.

I want to thank you so very much
for being the treasure you are,
so very beautiful and so filled with love.
As I get up I just long to hold you
so very close and say I love you
by bright blessed Angel from above,
I love you so much only God can understand fully
to the depths which it goes.
I promise though babe to always do my very best
to show you that i care and you are the greatest.
I want to give you all that you've so deserved
as I kiss you and work hard to make you so proud.
So just as one thing this evening I wish
I could be doing is looking you in the eyes
while I say thank you sweet lady
before sitting back to eat and do all the wonderful
evening things together just spending time.

So again my sweet dear as I now rise
I thank you in full and hope I am able
to help you understand and feel all the true loving
thankfulness that I feel.
You are a treasure so unique and amazing
I cherish you as my soul mate and hero.
You have meant everything and have saved me
as you give me reason by feeling your love

and wanting to give you mine filling you
with warmth, joy, fulfillment,
and just secure knowledge that you're not alone
and I'll never leave you because you
are the one I freely give myself too.
Thank you, thank you, thank you,
and I love you a zillion times over because you are
my Kira the most wonderful woman,
best friend, hero, soul mate, and treasure
any man could ever dream of and hope for.

Michael P. McParland

Lay Back Beside Me

Lay back beside me sweet darling
and let's just spend some sweet time
talking, reading and laughing
before falling asleep holding each other.
Dear I am so very tired and just
want to spend time with you
as I grab a good filling thing to snack on
as after I pull you in to begin
ending my night to get some sleep
with my only Angel.
Please my dear darling lay back beside me
and give me that smile as I so sweetly kiss you.

It's now so very near time to sleep my sweet dear
and I just want and need my only one
and true beautiful love to be right by my side.
To relax with as we read now and kiss while we're talking,
and to just be at peace being with my diamond.
Lay back with me for special time that's so cherished
and soon rest your sweet head upon my chest.
I just need your dear beauty because you are so magical
and it is just you I want to spend time with.
God bless you my Kira please lay back beside me
and just let me hold you and let you know
how much I love you and an thankful for you being
apart of my life and giving the love I so crave
and am proud of from a divine Queen and Angel.

Michael P. McParland

Night Note 202

Such a very sweet and beautiful
good night to you my Angel
of pure love and light,
now that I rise from my rest
I give this kiss and smile at you,
hear my voice so full
of sweet loving care
as I say I love you Kira
and wish you were here,
I wish you could just keep me
company as I go to get started
on these dishes stacked up before me.
Then afterwards sit and quietly
find something to do while spending time
so we can enjoy things with
each other before we went back to sleep
feeling ever so cozy and peaceful together.

As I wake here my darling
and get ready to get moving
I can feel you so near me
and smell you long gorgeous hair
and soft skin,
I can feel all your love and it
helps me in more ways than
right now you can know babe.
My heart overflows in true love
so tender and gentle and I pray
that you feel that as I fully send it,
I so adore you my precious Queen
so gorgeous and sexy.
I just want you to know
that you are worth more than all
the earths and the universes
riches combined together.

So a beautiful and sweet good night
to you my most treasured
best friend and hero for whom

without hesitation I'd give my life,
know that I'm with you
and right here so anxious and wanting
for your return so I can
give you the best of everything
within my life and to give you all
of the love you've always deserved.
I will be thinking of you
as I do my dishes and after relaxing
sending you the sweetest of kisses,
always look to the moon and stars
to see my loving smile shining upon you.
Be filled with deep warmth
and wrapped up in my strength
because I'm always yours
my sweet Angel so great.

Michael P. McParland

Rest With Me Lady

Though it is not bed time yet
will you come my sweet lady
and rest your sweet head upon my chest.
I still have yet a few things to do
butwant a small rest for energy,
I want a small rest with you while we talk
I'll be stroking your hair and rubbing your back.
Come rest with me lady and share
some sweet kisses and snuggle away
a short bit of time together so cozy.
I want a rest with my lady for just a short while
to feel your deep comfort as I give you mine fully.

Rest with me lady in these hours before bed time
so we can just bond with each other through
kisses, and snuggles with laughs while we're drifting,
let's just be close to each other before
I get up to do my last chores.
I want my diamond who I so truly treasure
to just give comfort and fulfillment
as you feel safe knowing I'm never leaving.
Please cozy up and give peace to your man
because you are my Angel and make me feel
so very complete and whole being with my lady.
Please come rest with me baby because I so love you
and I just want to know all is good because
I am holding you near me feeling together our hearts beat.

Michael P. McParland

Relaxing With My Lady

I am so weary my lady
from these last number of days
from stress, nerves, and training
and now with a free night from worries
and beyond dishes no real duties
I just want to be relaxing with you
feeling peaceful and calm as I am with you.
Snuggling, kissing, and staying cool
on this hot summer evening are all
that is needed being with Kira.
Relaxing with my lady is all that
would be needed for heaven on earth
because I so love her and find infinite
divine care, joy, and pleasure within her.
Relaxing with my lady is perfection in full
because she provides everything by her just
being the amazing person she is.

Michael P. McParland

Love Note 498

A very good and late
afternoon to you my sweet
beautiful Angel so divine.
I have just arrived home
and before all else wanted to check in
and say I so love you.
I am about to cook dinner,
something quite simple,
and I wish you were here to
eat with and enjoy it.
I just wish you were here to
look at and smile as I gazed
into your gorgeous eyes
letting you know you are
so wonderful and to me truly perfect.
I just wish I could sit here
and hold you as we crossed
over into the evening forgetting the heat
as we turned on the cooler
to then warm each other with
the sweetest most passionate kisses
shared between two true lovers.
I miss you my sweet Kira
and can't wait to be right there
in person beside you.

So my sweet love know always
that you are my true and greatest desire,
I want to be with you forever and ever
knowing I'm safe from harm
with my precious Kira as well as
always helping to keep you
so very safe, proud, and happy
giving me that bright shining heavenly smile,
you will always be my adorable
lady and everything.
I will always stand beside you
because you are my diamond in the rough
and cherished sweet Angel dove,

you are the only one I want to
and will share my whole world with
always holding so tight to me
as you shine your bright light
upon it making all of it
so joyful and happy.
God bless you my sweet lady
for you are an Angel, gift,
and divine blessing I can't get enough of
because you are amazing.

So as I head into now making dinner
and relaxing I think of you
and send sweet kisses so full
of strength and warmth,
feel the tenderness and deep care
within each one my sweet Queen.
I love you so much and I always have,
I'll always be right here for you
no matter what no matter when
for you're all I want.
I love you sweet one and listen
as my heart sings to you
to give sweet comfort, reassurance,
and soothe you knowing
your Michael cares and is so ready
for you with wide open arms
and a wide open heart so full
of acceptance and never ending
gentle, tender, loving care.

Michael P. McParland

Dreaming Of My Sweetie

Just getting up my dear beautiful one
as I soon have to go to my therapist babe
and the first thing on my mind
was my dear beloved Kira I so adore.
Sleep was quite restless but still very pleasant
because I dreamed of you throughout it.
I could feel your great presence with all of your loving
and it kept me so warm and feeling happy.
I'll be dreaming of you while I'm
at my appointment feeling so good as I know
that my lady loves me and that you know
I also love you so deeply.
I have been dreaming of you my darling sweetie
and can't wait to hold you here in reality,
it will be heaven and the greatest dream come true
because you are the Angel I've always waited for.

Sweetie I'm just wearing the smile that you
so wonderfully give me and I'm so very thankful
to have known you baby.
You are my true love and rare precious diamond
whom I give myself to forever so freely.
You fill me with butterflies so warm and fuzzy
giving me light, hope, and cheer in every way
that you can possibly imagine.
I love you my sweetie and truly always try my best
for you in everything because you are my dream girl,
my desire, and my greatest passion,
you are my best friend, my hero and true love.
I'll be holding you sweetie while I'm at my appointment
and giving sweet kisses so deep warm and passionate.

I'm dreaming of you my dear precious sweetie
and have been almost the whole day
wishing you were right here beside me.
I love you my Angel and will always stand by you
because there isn't a moment I don't adore you.
I have always known from the time that I met you
that you are my sweetie and all I am wanting.

I am meant for you baby and can't wait
to have each night and day right beside you
as I know that true joy is spent with my best friend
sweet darling gorgeous Kira.

Michael P. McParland

Sweet Kisses Of Sleep 2

I am so very exhausted
and now ready for bed my sweet dear,
I am ready to turn in after
a bowl of ice cream which I would love
to share with you.
So before I do that and then head to bed
I send you sweet kisses of sleep
and true love as in spirit I want you
to rest your head on my chest
while I rub your back and stroke your hair.
I send to you and give in full
sweet kisses of sleep to you my beautiful girl.

As I go to sleep I'll be dreaming of you
smiling because I know your love for me
is just as strong, immense, deep,
and as real as mine for you.
I will be dreaming of all the days that we'll share
so filled with joy and fulfillment
between the best friends there are.
I love you my darling more than the world
and would give you all the moon and the stars
if I could reach up and grab them in all.
I send you sweet kisses of sleep my only one
because you are the greatest and you are true love.

So feel me there with you holding you near me
and giving you sweet kisses of sleep
before bed as I eat my ice cream.
Then feel the deep warmth as I lay down my weary body
and give you my smiles so filled with caring.
I love you sweet Kira and want to be with you
sleeping here so shortly and then celebrating
the day when we wake which would be
just one of the very many happy days that are coming.
Sweet kisses of sleep to you my dear darling
and please smile for me on this early morning.

Michael P. McParland

Snuggle My Sweetie

Snuggle with me this early morning my sweetie,
I am not yet going to bed but I just want to hold you.
To talk and to kiss as we are so cozy,
to just let my sweet lady know I so love her.
Snuggle my sweetie with your dear Michael
so we can just feel so good and enjoy
this very early August morning together.

I love you my sweetie and so long for your company
because you are my Angel and soul mate who
I so adore and want to be with as my wife forever and ever.
Snuggle my sweetie on this early morning
because from true love I so need and want you
feeling true joy as we share everything we have for all eternity.
You are my Angel and Queen who I will
stand by forever.
You are my Kira who I so truly love, adore,
and completely treasure.

Michael P. McParland

Needful Kisses

Sitting here dear and needful
of your deep love and kisses so good.
I am aching and hurting
so badly my darling and it is you
as ever that I am needing and wanting,
it is your snuggles and kisses
that this man is needing
because you are my true love
for which I am yearning.
I need you my lady and I'll never leave you
because you fulfill me and I so adore you.
I am needful of divine kisses so healing,
I am hurting and lonely and I want the kisses
of my divine blessing Kira.

I have held back my tears now
for the better part of an hour
and been on auto pilot through most
everything that I've been doing.
I just dream of you and want you beside me
because you are my other half
and reason for being happy,
you are the reason I want to keep living.
I miss my lady and so need your sweet kisses
because you will be with me to give my time
and all of my everything.
I am so needful as I know you are dear
so I just ache so deeply wanting you to
realize, know, and believe that you are the one
and my everything whom I freely give myself to.

I am so needful of the most beautiful
kisses of my beautiful Angel
who does not always know or believe
just how much I truly love her,
she does not know how excruciating it is to miss her.
I know she hurts to which
makes me hurt more because to see
and to know my beloved hurts twists my heart so.

I am needful to give her my loving kisses
to comfort and reassure her that she is magnificent.
I love her so deeply and am hurting without her
and I just need her company as I hold her so tightly.
I pray to God to give us this mercy.
We both are so needful and madly in love with each other
and I would give anything to be right beside her.

So now sitting here so very needful
I do the best I can now and reach out in spirit,
I send you my kisses with all the strength
I have deep within me as well as my deep love
that is tireless, endless, and undying,
I send my warmth to fill you and wrap you
up tight in peace, reassurance, and comfort.
I love you sweet Kira and very soon will write you
so please have faith in me always because
I so totally love you.
I am needful of you and your sweet endless kisses
because you are my true love
and I want to marry you then spending eternity in pure joy
and deep endless light and pure ecstasy
never again knowing fear or pain because we'll
be with each other as we've always dreamed.

Michael P. McParland

Night Note 201

Such a very beautiful
and good night to you
my sweet gorgeous girl
and as I feel a little bit sleepy
but still plan to be up
for awhile I think of you
and send the sweetest of kisses
as I wish you were with me.
I give you massages
as we sat watching a movie,
read to each other
and did some talking,
I'd give you sweet pecks of love
on your soft neck while
telling you how much I adore you
my dear one
and then just hold you
as we sat back and drifted
for a short bit.
I just want my Kira
the greatest of all time.

I hope my sweet love
you feel all my deep warmth
and pure love as I send
it to you to no end.
I want to give you deep comfort
and help you to know
that I'll never leave you
and that if I could
I would right now at this moment
make all things so perfect
so we could be together
to fix all that we need to
and move forward into or dream.
I love you my Angel
and need you so deeply
because you are so beautiful
and a treasure I cherish.

So feel my arms around you
as I reach out to hold you
and give you my strength
to fill you with comfort.
I love you my Kira
and will always adore you
because you are the blessing I need
and have always prayed for.
You my dear darling
are who I live for.

Michael P. McParland

A Hot Humid Night

It's a hot and humid night here
my sweet precious dear and after
the last of my training's now done
it would be perfect to turn the cooler
full blast and wrap up in each others arms.
To eat the Arby's I bought for dinner
as we talked, laughed, and watched a movie
while we sweetly kissed.
It's a hot humid night to just stay in
and relax snuggling front of the cooler
as it goes on at full blast.
A hot humid night to fill so filled with light
as I gaze into the eyes of an Angel
ever so truly pure and divine.
A wonderful night to sit with my Kira
the most wonderful woman through all space and time.

It's a very humid night more than hot my sweet one
and now after finishing the last of my training
I want to wind down in the night with you in my arms.
To feel all your love while I give you mine
and to just let you know how much I care
and adore you my beautiful girl.
I want to beat all the stress of the world
and tonight's humidity by being right by my Queen
who truly is the entire worlds beauty.
I love you sweet girl more than anything
so what could possibly be better than
having my diamond spend each day and night
enjoying each hour being there for each other.

So my sweet one know I am thinking of you
and right there in spirit holding you close
giving sweet kisses so deep with care,
so full of passion and desire,
feel all of my strength with my arms around you.
I can feel all your love and I so truly thank you
for being with me now and through all my training,
and now that that's over and it's time to

sit back and relax on this hot humid evening
I wish I were with you to sit in front
of the blasting cooler sweetly kissing
and so tightly snuggling.
I love you my Kira you so truly are a gift
and my Angel sent straight from God in heaven.
I so adore you and can't wait to be with you
enjoying each day as we share.
So as I sit back now to enjoy my night here
I will be dreaming of you and what is soon coming
as I send you my love in all of its immense power.

Michael P. McParland

Love Note 497

Such a very good late
afternoon to you my super sweet
special girl and before
I must head out so soon
for my training that will last
through the evening
I wanted to stop in
and say I love you my one.
My heart and mind will be with you
the entire time as I send you
my loving warmth with all
of my strength.
I will take comfort and courage
in knowing you're with me and love me
which will give me a smile
to make it through every moment.
Remember my Angel that you are my reason
for always going on and fighting to make it,
you are so beautiful and the
greatest of treasures
and there isn't a thing anywhere
that could take away from you.

Michael P. McParland

Waking Wants

After such a long day yesterday
so filled with nerves, stress, worry,
and an evening of training my dear
I'm just having woken and getting moving a bit
and you're all I want as I get ready for stuff.
Before I must leave for another evening
of training in just over three hours
I want my Kira to sit with and give kisses so sweet
while we talk and snuggle enjoying each other.
My waking wants are my darling Angel
to bask in her glow making her smile
just like in the way she gives me the biggest smiles.

As I am about to fully get up right now
I so desire to have you right by my side.
To take a nice shower with lunch
either right before or right after
and then a quick call about a stupid bill
that the company messed up I didn't get to yesterday.
Then to just enjoy the afternoon with you
feeling calm with few nerves before
my last five hours this evening of training.
My waking wants are my precious girl Kira,
my diamond, my best friend, my Angel Queen,
and my great beautiful hero.
It is my Kira I so very want and need beside me
because she fills me with joy and hope abounding.

So I wish you sweet one a good afternoon
and know in your heart it is you that I want.
To just kiss and hold as I face this day
helping us both to know everything
hand in hand will be okay.
You are my wants, my hopes, and my desires,
you are my Kira I love and as I wake now
I reach out to you with a smile
to say thank you sweet lady I'm so happy I have you.

Michael P. McParland

A Cozy Goodnight

Oh my sweet dear what a very
stressful day of nerves and worry
it has been here and for you too I am sure.
I tried all day before I had to
go out and run my chores before
orientation for my new job to post
my poem for you from the morning
over and over but could not because of this site.
I was so worried you would think
I did not care and was ignoring
not thinking of you in the least way
when all the while you were on my mind
as I wished I could hold you and give you comfort.
So now so exhausted from a long day
and wishing I could dry your hurt and lonely
tears from your eyes I'm ready for a cozy goodnight
with my Kira snuggling and kissing so sweet
as we drifted talking and smiling.

I was so nervous as the day went
that I wasn't able to write much
but I did email my baby.
As I sat through the first part of my training
my heart was there with you as in spirit I was too.
I was reaching out to hold you giving strength in full
so you would know to your core just how much I love you.
What a long day my beautiful woman
and as I can now wish you goodnight and start to feel calm
I just wish I could lay with you and pull you in
as you rested your head on my chest and we both said
I love you so much my dear best friend.
I love you my darling and am dying in need of a cozy
goodnight with my only Angel sweet gorgeous Kira.

So feel comfort my sweet girl and never forget
that I'll never leave you,
you are my true love and soul mate whom
I adore to no end.
I want to be cozy reassuring you that

you are my beloved darling and I would
do anything to make you proud, happy,
and smile so widely.
So please cozy up so your Michael can soothe you
by telling and showing you how much
I love you and how much you matter.

Michael P. McParland

Come Sit With Me This Morning

Finally have been up and moving
for a short bit my sweet beautiful darling.
Up to take a wonderful refreshing shower
and make the first of a few calls
I've needed to my sweet darling
and still have to wait to hear back from that
doctor for a good while over an hour.
My stomach is still aching a fair bit
my sweet lady so please come and sit with me
to snuggle and kiss.
Come my sweet darling on this still fairly cool
morning to just spend some time talking and laughing
as we also read a bit and get lost in the love
we have for each other.
Come sit my sweet Kira with your loving Michael
and let me just hold you as we get this day going.

I love you so much my sweet diamond in the rough
and I just want to sit here with you
shoving aside all my worries and nerves.
I want us to both be there helping through
and give lift from all of our problems
as well as be there to help see all the beauty there is.
Please come my sweet Kira and sit with me
on this fairly cool August morning
so we can just snuggle and forget all the pressures
that await us out there in the world,
please just sit with your best friend who so adores you
and just share a smile with kisses
know all will be good because we are right there
for each other to no end.

Michael P. McParland

Love Note 496

Back from my job
orientation early my dear sweetie
and the first thing I wanted
to do was say I so truly love you.
I'm so sorry my dear lady
that there's been no word from me
on here since early this morning
but I had something written
and the page as I'm sure you know
was down in that area
and wouldn't let me,
I pray you got my email
apologizing and explaining
because I was so worried you
may have been thinking I didn't care
and was not paying attention.
Have not a fear ever sweet dear
because your loving Michael
will never leave or try to
harm you.
You are my Angel and most
beloved hero too.

So my sweet dear you were
on my mind as I learned
everything at orientation
wondering just how you are.
I wish I were there to dry your tears
and give you sweet kisses
so very dear.
As I wind down now from a nerve
wracking day love I wish you
were with me to cool off
from this warm day and watch
one of the new movies I had ordered
and arrived just today.
I wish I could look in your
gorgeous eyes and tell you
directly that you're the best thing

that has ever happened to me
and I truly love you more
than anything,
I would give anything to spend
this evening with you.

I love you so very much
my sweet darling and miss you
so very badly so feel my arms
so tightly around you
as I reach out to hold you.
I am sending you the sweetest of kisses
my dear precious sweetie
and never forget that
to your Michael you are
the brightest beauty of everything.
I love you my beloved best friend
so beautiful and I will always
be here and right beside you,
I so long for your kisses
and tight warm snuggles
that feel good
because you are my Angel
who makes life worth living.

Michael P. McParland

Early Morning Snuggle My Sweetie

Sitting up right here my sweet dear
after spending the last two days in bed
feeling nervous, sick, sad, and very lonely
missing my beautiful girl,
I spent almost all of it sleeping and dreaming
of being with you and I wish that right now
I could be sharing and early morning
snuggle with you still resting a bit
as my stomach still hurts, I am tired so deep,
I ache in so many ways and just want to be
holding you relaxing all nerves.
I love you sweet Kira and miss you so badly
and just long so deeply for an early
morning snuggle filled with comfort and true love.

Oh my dear sweetie I am so busy this evening
with orientation for my new job
and during the day some nerve wracking phone calls,
I could just use like you could a morning
in our true love and best friends arms
forgetting the worlds troubles with
sweet kisses so warm and so good.
I just want and early morning snuggle me sweetie
to see you smile and give me one through it,
I want to see your eyes sparkle as I
so tightly hold you and say Kira I love you
and will be yours forever,
you need not have a worry because I'll always be with you.
So as I reach out to hold you
hold me back ever so close and tightly
as we tell each other it will all be okay
my most beloved and beautiful sweetie I love.
Just be filled with deep warmth as I give you my love
and together we'll share and early morning snuggle
of comfort and peace forgetting for a bit
all the worlds stresses.
You are my sweet lady and Angel I'll love forever and ever.

Michael P. McParland

Resting With My Dear Sweetie

A day of nice peaceful rest
is what is so wanted and needed
just me and you my sweetie so good.
I need a good day of resting
from a very long week of being
so stressed and busy plus a whole day
being very sick which is all very draining.
I need a day of good peaceful resting
with my gorgeous sweetie because you make me smile
and feel comfort through your loving sweet soul.
I just want to lay here with you kissing
and snuggling because I so truly love you.

Michael P. McParland

Friday Evening Holding You

A sweet Friday evening holding you
is what I so crave right now my sweet dear,
to pull you in tight and tell you
everything is truly alright
and then with a smile give you a kiss
so very tender and lovingly passionate.
I so want to spend a sweet Friday
evening with you just spending time
holding you so very tight and loving in my arms.

To just spend this Friday evening with you
would fill my heart with endless joy
and overflowing love and pride,
you fill me with light and give me hope,
you are a truly great gift my sweet Angel dove.
So to just spend this Friday evening
holding you so very close would be such
a blessing and heaven on earth.

So on this Friday evening right now
I just want to lay back and dream of that,
I will be sending you endless sweet kisses
to help you feel all of my tender caring love
that fills you with tinglings and butterflies.
So feel all of my strength and warmth
as I truly do treasure you the very most
and always remember that I'll never leave you
because I love you sweet Angel because
you are my everything and wonderful best friend.

Michael P. McParland

Love Note 495

A very good afternoon
to you my sweet love
and as I sit here watching
my film I dream of you wishing
you could be here beside me
arm in arm,
I know you'd enjoy this movie
Serenity because it is so very good.
I just wish you were here
to kiss and spend time
being able to see your sweet smile
and joy in your eyes.
I just long to be able
to relax with my Angel
forgetting the world
and all of its stresses,
so I send you all of these
sweet tender kisses to tell you
that you are so loved
and you are the greatest.

As I dream of you though
I can feel your love surrounding me
and that helps keep me warm
with your divine glowing charm,
I adore you for just who you are
and that's why you're my Angel
because you're so loving and kind.
So I send you all of my strength
and loving warmth to wrap
and fill you up.
Be filled with peace and know
I am with you and yours alone
forevermore because I love you so much
my sweet blessed Queen.

Michael P. McParland

Sweet Angel Oh So Bright

My sweet Angel oh so bright
how I wish I could hold you tight,
to give you warmth and reassure
that I will forever be yours and yours alone.
You are my best friend and my Queen,
to me you truly mean everything.
Sweet sweet Angel oh so bright
how you light up my entire life,
if I could just have you here right now
to give all my care and love
it would be heaven on earth filling me with joy.

My sweet sweet Angel oh so bright
how I long sit here with you
holding you so very tight.
You truly bring such hope and joy
and I am so proud of you.
I love you more than anything
and I'll stick by you forevermore.
You are my sweet Angel oh so bright
because you are the rarest diamond in the rough.
I treasure you for being just who you are
a wonderful woman so full of love and care.
I adore you so and cherish you in full
because you my Queen my sweet Angel dove.
You are the one I have waited for
and always will because you are my only one
and I will always be right here for you
through all time no matter what and no matter when.
You truly are my Angel oh so bright
and to you offer up my soul, my heart,
my life, my whole self.

Michael P. McParland

Catnap Needs

Catnapping here on this early
morning sweet dear and all I want
and need is you right here.
To hold in my arms as we give
each other deep loving warmth,
for me to just pull you in close
for the sweetest kiss.
Catnapping here my sweet special dear
and you're what I need to make this day complete.

As I just lay catnapping here
I dream of you as I can feel all
of your love in all the ways that I do,
I can smell your long gorgeous hair
and very soft pale skin,
I feel your arms around me as you whisper
I love you baby.
Just lying here on this morning dear
catnapping and wanting you right here with me.

Just catnapping here my sweet dear
on this early morning so clear
and you're all I want and need forevermore.
I adore you sweet one and cherish you
completely in full to no end
and I'll forever be yours and yours alone
my gorgeous best friend.
So as I lay here right now feel all of
the sweet kisses and huge hugs that I send
because I want you to know that I love you
and will through all time my sweet Queen.

Michael P. McParland

Night Note 200

Hello my sweet love
and a very beautiful
good night to you as well.
I send you sweet kisses in comfort
and to let you know I am here.
I am sorry I was silent so long
but I truly was very sick
most all yesterday
and finally had to go to bed
for a bit in the late afternoon.
So I am sorry if you are
worried or very upset at me
but as ever have faith knowing
I'm doing my best my sweet lady.
I love you so much
and don't like coming up short
because you are my best friend
and true love I cherish to no end.

As I get up and will
shortly email you as I've wanted to
I just wish so much that I could hold you
while we dried each others tears.
I miss you so much and there
is a lot I'm stressing about,
and I want you to talk because
I know there is so very much
you are also dealing with.
We will help each other forever
because we have always loved,
cared, and been there for each other,
I just wish I could hold and kiss
you right now my sweet Angel.
God bless you for you are so beautiful
in all the right ways like a true Queen is.

So know I am with you
and be filled with pure warmth
as you feel my arms so tightly around you,

feel my lips upon your lips
as I give you sweet kisses all over,
never forget that your Michael
so truly loves you,
for you are a treasure so rare
and more than magnificently beautiful.
So as I now rise my heart sings out babe
and as I move around waking my brain
before I write you
just close your sweet eyes
and see my big smile knowing it's
for you and no other my Angel.
Have a good night and know
that I am reaching out
because I want you my dear best friend
to know that you're loved
more than anyone ever.

Michael P. McParland

Sweet Tender Afternoon Kisses 3

I send sweet tender afternoon
kisses of deep and true love to you.
As I go through this day I dream of you
and you're all I want here in my arms.
I want to just talk and get lost in your voice,
I want to look in your sparkling eyes
and be filled with great joy as you smile.
I love you sweet lady and send tender kisses
to say your the greatest and that I'm never leaving.
I send you sweet tender afternoon kisses
my sweet precious Angel because I just
want to tell you I so profoundly love you,
I send you these kisses so you will know
you are cherished more than anything.

Michael P. McParland

Sweet One So Fine

Oh my dear sweet one so fine
as I sit here dreaming of you
I feel all your love and am filled
with butterflies to the brim.
I love you so much for the great soul that you are
because you truly are my sweet one so fine.
You are so kind and filled with love
you give me hope and fill me with joy.
You are a miracle and work of art,
you are one of Gods greatest gifts on this earth.
I adore you my dear and give you always all of myself
because you are the Angel I've always prayed for.

Sweet one so fine I wish right now
I could pull you in to give you a kiss.
A kiss of passion and thanks,
a kiss of deep love that says you are the best.
A kiss of true care that reassures
letting you know I will forever be with you.
I love you sweet one in all ways
you truly are so very fine
and I'll always be your and yours alone.
I love you sweet one and am here waiting for you
and I will wait till you need because I so adore you.

Michael P. McParland

Good Morning, Holding You

Good morning my beautiful sweet Angel dove,
I am so sorry I was so silent yesterday
as the many stressful and busy ones before
finally all caught up to me.
I dreamed of you though and as always
was sending you every bit of my love and warmth,
I pray that you felt all of my sweet hugs and kisses
as I am always with you my sweet Queen so wonderful.
If I could have just one wish now it would be
lying with you and holding you near,
I just want to give you sweet kisses
and a snuggle so good on a rainy morning like this
just comforting and reassuring you I'm yours
and that you need never fear because I'm never leaving you.

It is pouring outside my sweet love
and before we did all the things we wanted to
yesterday I just want to stay in bed with you
through the storm snuggling and talking,
I just want to see you smiling and those
beautiful eyes of yours sparkling.
I want a good morning with my special Angel
lying beside you and holding you ever so tightly,
I love you so much and I just want to be with you
spending time with the most wonderful woman
in heaven or on earth.

So a very wonderful good morning to you my beautiful girl
and feel all of these sweet sweet kisses I send to you.
I wish I could be there holding you now
and I know that it will happen so soon my dear.
I love you so much for you are a diamond in the rough
and you are my best friend whom I adore and cherish to no end.
I love you sweet Kira you are the greatest
and I will always stand by you because you are my soul mate,
my hero, truly my everything and I just want
to be near you giving my everything.
So have a good morning and feel my arms around you
because if I could have just one wish this morning

I would be lying next to you holding you tightly.

Michael P. McParland

Love Note 494

Oh my sweet dear as I
continue to just lay back
here on this tired and very hot
summer afternoon I so longingly
ache for you as I drift in and out.
I miss your pure beauty
and seeing you smile,
I just want to be sitting with you
wrapped up so tight in front of the cooler.
I love you sweet lady
and wish you could join me
in just sitting back
on a restful afternoon in the summer.

So as ever I send you my sweet
loving kisses filled with
strength and deep comfort,
I'm reaching out to pull you in closely.
I love you my lady
for you truly are the most divine Angel
and I only want you to
give all the best that I have
while we will forever
snuggle and kiss with each other.

Michael P. McParland

Morning Time Wants And Dreams

Having arisen from a good morning rest
I want and need to say I love you first.
I lay back down earlier because I miss you so much
and just wanted to feel you so very close.
I dreamed of you my beautiful girl
and it is helping to get me through more than you know.
You are my want and my dreams because
you truly do mean everything to me.

Here in this morning time dear
I never did the things I meant to earlier
except pay a few of the bills
so I wish I could still do those
wonderful things with beautiful you,
to finish paying the bills and then a wonderful
and refreshing shower so good.
I just want you my sweet love to share all my dreams
and forever be right here with me.

So I send you all these morning time kisses
to fill you with all of my warmth,
peace, strength, and very deep loving,
I want you to know how much I so love you
and that you're not alone because you're my Angel.
God bless you sweet Kira I am right there with you
so just close your eyes and see my big smile.
I love you my darling and I dream of our time
because it will be the most joyous and wonderful
thing ever known to anyone.

Michael P. McParland

Late Night Comfort

A very beautiful and loving
good night to you my sweet Angel dove.
Awakening now from a stretch
of fairly restless but exhausted sleep
I just wanted first to reach out
and give you these kisses we both so want.
Late night comfort with you is just what I want
as we would just spend time as I got up.
Late night comfort for us two
as we snuggled and did fun little things
that warm the heart and soul.
I just want to have a late night of comfort with you.

First my sweet love after some hot
sunny days of the summer a loving
and shared refreshing shower.
To just hold you closely as I looked in your eyes
saying I love you, I love you, I love you
and then so sweetly kiss you,
late night comfort with my sweet Kira
is exactly what I so long for
and am yearning deeply in my heart and soul for.

So my sweet love know that I am there with you
and feel each one of my sweet tender kisses,
I want you to know fully the power within them
so you will be comforted by all the love that I'm feeling.
I love you sweet lady and want nothing more
than to be here sitting beside you,
to have a great night of snuggles and laughs
after a great refreshing shower that makes us feel good,
I just want late night comfort with you.
God bless you my Kira you are a miracle
and never forget that I am your Michael
and yours alone forever and ever,
you are the greatest my divine Angel.

Michael P. McParland

Rest Your Sweet Head

Come my sweet one and rest
your sweet head as we sit back
right next to mine.
Rest your sweet head so we can
just forget the world as we talk and laugh.
It is time right now just for us
to do whatever fun things we want.
My eyes are so tired I can't really
do any reading but we can listen
to a great audiobook together
and watch a movie.
Please my sweet one come rest
in all of your beauty right next to me
the man who so truly loves you.

Please my sweet one do come
and rest your sweet head upon my chest
as I'll hold you up so you are
comfortable right next to me.
Just rest your sweet head knowing
I'll always love you and everything is okay,
just give me sweet kisses to fill
us both with deep warmth because
I so love you, miss you, and need you,
I wish I could just be holding you.
Rest your sweet head upon my chest
and feel comforted as I stroke your hair
and rub your aching back to help you relax.

So please do come my sweet one
and rest your sweet head upon my chest
and also right next to mine.
I want to shower you in kisses
so very passionate all over to
give you all the worlds pleasures and biggest smile,
I just want to be with you
spending time for just us with no other.
So come my sweet one and rest
your sweet head next to me so I can take

all of your beauty in
because you are amazing my sweet Angel dove.

Michael P. McParland

No Need To Feel Fear

Good mid afternoon my sweet love
and once again a hectic day here
so I so truly apologize you did not
hear from me sooner sweet one.
With yesterday being a stressful one
I was so tired and slept very long
waking only in time to get to my therapy dear.
And then as I returned I got the greatest of news,
I have been offered the job on which
yesterday I was interviewed.
So my sweet love there is no need to fear
because I am always with you my heart singing in full.
I love you so much and adore you my love
because you are everything I so truly want.

There is no need to fear my sweet dear
so please don't let any bite into
and feed upon you my sweet dear.
I hate to see you in pain and know you are crying,
please always remember I'm doing my best
and that I truly am your faithful Michael.
I love you so much and will never leave you
so remember on these busy and hectic days
I am still with you as ever and thinking about you,
I truly love you and want to spend
all days right beside you.

So again my sweet dear I so want to thank you
and I apologize as well for not being able
to reassure you by writing sooner.
I so hope that so these hectic days will end
by me just sitting back and holding you,
to just say Kira I love you while sweetly
kissing you over and over with tender passion.
Please my sweet dear feel not a bit of fear
because I will always love you my sweet Angel darling
and I will be here for you forever and ever.

Michael P. McParland

Sweet, Tired, Restless

On such a very extremely
tired night where I am so restless
still having trouble typing from pain,
I just want so very bad to relax
in your arms sharing sweet words
and each others sweet loving warmth.
I want to just hold you and give you
sweet kisses telling you I love you
over and over.

I am just so very tired and restless
as I know you are too my sweet and sexy little princess.
I just crave to be with you holding
you ever so tightly.
I just want to wrap my arms around you
and lightly kiss your cheeks and ears
before the lightest of pecks on your soft
gorgeous neck.
Then to just look in your eyes and say I need you so much
because you are my Angel and peace
my gorgeous Queen since the beginning.

I am just so very tired my dear and as I
restlessly turn back and forth here
I love for you in all of your sweetness dear.
To just hear your voice and look upon
the most beautiful woman in heaven or on earth,
I just want to give you all of the
sweet caring love you've always deserved.
So as I lay back my sweet one feel
my arms around you as I reach out in full,
never forget that you are most important to me.
So as I lay here on a deeply tired and very
restless night I wish I could hold you
with us reveling in all of our sweets.

Michael P. McParland

To Lay Down With You Now

I want so much to lay down
with you right here and now.
This busy day is fully catching
up with me after dinner and I just want
to pull my lady in and tightly snuggle.
I want to lay down with you
my dear beautiful lady of wonder
just giving each other the most wonderful
and deep peace and comfort.
I just want to lay down with you
giving you all of my loving care
with my smile and sweet kisses too.
I just want right now to lay down with you
my most beloved and beautiful Angel
best friend.

Michael P. McParland

A Very Busy Day My Sweet Love

It's been such a very busy day
my sweet love and beautiful lady,
and nor is it quite over either
as there seem to always be little
hiccups along the way.
Above all though my dear again
I say thank you for all of your
loving patience, care, and deep strength.
I thought of you and great calming Falco song
to help keep me from being nervous
during my interview for this job opportunity.
Hearing the music while seeing you
made everything perfect and I can't thank you enough
for being such a spectacular lady.

It has been such a very busy day
my sweet one and I wish I could have
written for you so very much more.
Now I am just waiting out one last
stress to be taken care of,
then to sit back with a cold washcloth
draped over my head in front of the fan
while reaching out to hold and kiss you.
I need to relax after a busy day
so very hot and I would give anything
for it to be with the Angel I love so much,
to be with my Queen whom means the whole universe to me.

So what a very busy day it has been
my beautiful sweet love
and I wish I could be sitting back
to relax and cool down with you.
I love you sweet one and want nothing more
than to share all of life's great adventures with you.
Both busy and lazy are what sweet dreams
are made of fighting alongside the one I'm so fond of.
I love you my baby and for you will always
be so busy fighting along for because
you truly are so amazing and I adore you my Angel.

Michael P. McParland

Night Note 199

A very good night to you
my most beloved and cherished sweet dear.
I am in so very much pain
on this tired night here
and I just wish I could be
holding you as tight as I could.
Though I may seem so silent
trust me I'm dreaming of you
and sending all my warmth,
love, sweet kisses,
and huge hugs as well.
I am right there with you
as I always will be my dear.

Tonight my arm is hurting so bad
with an aching neck that
makes relaxing and typing
so very hard for me my sweet darling,
and I hurt from not having
my darling right here to curl up with
when so shortly I must lay down
so I can get up in enough time
to get ready for my job interview
being awake and refreshed in full,
I just want to snuggle up
with beautiful you.

So know that my sweet love
you are never ever forgotten
and as I lay down so shortly
I will be reaching out to pull you in.
I adore you my Kira and just want
to be with you sharing all
the worlds beauty with my only Angel
because you truly are
my only one and best friend
who is my everything.

Michael P. McParland

Sweet Tired Kisses Of Passion

I am still feeling quite tired my dear
but will be fighting so hard to stay up
to do some things I want to like reading,
playing NCAA Football 14, watching a film,
and writing for you my sweet one.
The one thing I wish I could have though
that would make things so truly rad
would be having you here to spend time,
to be giving you kisses of passion
with soft caresses while I held you tightly
is the greatest thing that could happen,
I love you sweet Kira and as I sit here
tiredly doing those thing I feel like doing
I just with I could be giving you
sweet tender kisses so filled with passion,
I just wish I could be smiling at you
as I told you I loved you and can't wait
to just be spending all of existence
with my divine Angel who helps life
worthwhile and make sense.
I just want to be with you giving sweet tired kisses
to the woman I'll never abandon
and I swear above all I'll always be your Michael
feeling so proud giving all my support to no end.
I send you sweet tired kisses my true love
and best friend.

Michael P. McParland

A Beautiful Sunday Evening 2

A wonderful good Sunday evening
to you my darling sweet beautiful lady.
It's been such a tired day for your Michael
and have only been up and shaking off
the fog of long sleep for a short while.
First thing as ever I want to send you
my sweet kisses, huge hugs, and loving smiles,
I want to say thank you sweet Kira
your loving strength means everything
and it so truly inspires.
I love you my baby more than anything
and want with you a truly beautiful Sunday evening.

I want to sit back with you getting moving
just a bit more enjoying your company
and you the sweet Angel I so adore.
Then to cook you a nice and delicious
Sunday dinner and I apologize it would be
on the middle half of the evening.
Either way I'd work so very hard
so you would so love it and afterwards
just to snuggle back giving you
the sweetest softest caresses and kisses.
I just want a beautiful Sunday evening
with my sweet and most beloved Kira.

All I know now my sweet one is just that
I want to be with you and the the kids
having the most wonderful and fun times
that we can ever hope for and imagine.
First now as your loving fuzzy face fat man
goes to shave before we relax and I cook for us all,
for us to watch a movie while we snuggle up close,
just a beautiful Sunday evening
surrounded by the people and things we so love.
I adore you sweet Kira and want an eternity
right by your side hand in hand
just kissing and holding you as we smile.
I miss you so much but keep on fighting

because I know that our time will come
and there's nothing more I'll ever
want and need more than my sweet sweet Kira
the most wonderful and beautiful woman in the universe.

Michael P. McParland

Night Note 198

A beautiful good night
to you my beautiful darling
and as I arise from a well
needed rest that has been so
very helpful and deeply refreshing
again I say thank you
and more than anything anywhere
I so truly love you.
Feel all these sweet kisses
I send you and be filled with
all of my warmth and deep strength
that I have for you.
I would love to spend this whole night
right beside you enjoying
all of the great things
that we would so love to.

As I am about to get up here
and do some good reading
and eat a good snack during my film
I just wish I could be
with my Kira snuggling so very cozy
seeing you smile and giving you mine
as without words we looked
at each other and said
you are so beautiful baby and I love you,
and then I could just pull you in
and kiss you so deep being filled
with all the hope and light
that you always give.
God bless you sweet lady
you are the greatest reason I want to live.

I love you more and more
with each days passing
my most sacred and precious lady.
I am so anxious and excited
in my longing and yearnings
to be with my Angel again

talking and spending time
feeling joy and true pleasure.
I so truly adore you and feel nothing but
gentle and tender love
for you my sweet sweet Kira so dear.
You are my hopes and my greatest dreams
and I will be thinking of you
as I go about my night enjoying
those things that I do.

Michael P. McParland

So Tired My Dear

I am so tired my dear
and want you to come lay down
so cozied up right beside me.
From the meds I am on I'm so very tired
and I want you so much on this very night,
to just hold so very close as we sweetly kiss
and then tell you I love you
as you rest your sweet head upon my chest.
I am so tired my dear and want to sleep with you
all curled up in peace,
please come join me my sweet love
to smile and snuggle while we listen
to a podcast or sweet and soft music.
I am so tired my dear and just want to hold you
feeling your soft touch so needed with the
softest and most ever loving kisses.

Michael P. McParland

A Lazy Saturday Night

A lazy, loving, and relaxing
Saturday night with my Queen
would be just right.
I was at the store earlier dear
and got some snacks that would be so good.
I am tired out from the meds
I was given for my arm and neck
so I just want to sit back with you
arm in arm laughing and having fun.
A lazy Saturday night just resting
our bodies and our minds is just
what we need as we kiss so sweet
and find fun things while pigging out on good food.

Sitting back here right now
I just want you tight within my arms.
I still smile big and bright though
even as I miss you so hard babe
because I feel your love in full
surround and fill me to its overflowing.
I can feel your want and need
for a lazy Saturday evening as well
spent with me just holding you.
How could we truly want anything more
that a relaxing night with our best friend?
I love you babe and you'll always be
the Angel I want, need, and adore forevermore.
So as I just recline back now I dream of you
and a lazy Saturday night in earthly heaven.

Michael P. McParland

Thank You So Much My Sweet Love

A very good late afternoon my sweet love
and once again I thank you for all
that you do and all the love that you give.
Early this morning when I came to bed
I could feel you right by my giving
sweet and sot kisses as you held me tightly,
having your gentle and strong tender love
helped relax me both inside and outside
so I could get past my pains and get
such needed sleep that they had prevented.
Thank you so much my sweet love
and those things are just a small start
of all that I am thankful for
from and about my sweet Angel dove.

Thank you my sweet love and as I wake now
I wanted to start my day by saying
you truly are so very special
and I truly love you,
there's still so many ways and so many things
that how could I ever name them all
in just one place and space in one day?
I will always thank you for all that you do
because you are so wonderful and beautiful,
I will thank you so much as I can remember
in each and every way as I go along,
just remember always I'm thankful to you
and forever right by your side.
God bless you sweet lady I'll forever be
your man and best friend because
you are my Angel and divine Queen.

So my sweet love as I have woken
on this late afternoon I wanted to
wish you a good one and tell you I love you.
I wanted to thank you again
for all of your love and the wonderful things that you do.
You are an amazing woman I would
do anything for including give up my life

if it was what was needed in some way.
You are my best friend, my everything
and I just want to be holding the woman I treasure.
God bless you sweet Kira and feel me beside you
giving sweet passionate kisses in thank you.
I love you, I love you, I love you, I love you
and can't wait to look in your eyes
and just say thank you so much my sweet Angel
so divine and beautiful.

Michael P. McParland

Nighttime Cravings For You

Sitting here my sweet love so very tired
in the middle of this night
aching both inside and out,
I crave to be with you snuggling tight
for a little while before I close my eyes.
To feel your sweet warmth as you're by my side
just talking and sweetly kissing
my sweet Angel bride.
I adore you fair lady and am craving
your divine company sharing soft touches
and just seeing you smile as we read our book
and watch a bit of a film while we snuggle
before going to bed where we snuggle
some more drifting off feeling whole.

I am filled with nighttime cravings for you
as my body aches ebbing to various degrees.
I just want to be holding you as we lay
back on the couch and with my good arm
that is not hurting I would rub your back
and stroke your hair while I gazed upon you,
looking deep into your eyes while
I tell you I love you and thank you so truly.
I just crave to be with the woman I love
and who loves me just as deeply.
I am just filled with these cravings
because I so miss you and you complete me
my best friend, true love, and divine hero.

So as I sit here just a bit longer before
I close my eyes in hopes of some good rest
I'll just soak in all of the love you send
and that I feel surround me,
I so crave to just share with you
such special night getting each other through
all the best times with the hard ones as well,
I trust you my sweet lady because you are my rock
and I know you'll always be there.
I love you sweet lady and you can

always count on me to be right beside you forever.
I crave you so much because you are my Angel
and rare precious diamond in the rough.
So as I sit here tonight I send you all my endless love
because you are the best and I'll never
be in want or need of anyone else.

Michael P. McParland

My Hearts Song

My hearts song to you
rings out so very very loud,
it's sings out about you
and how you are so loved.
I'm filled with hope and butterflies,
my hearts song is about the wonder of true love.
My hearts song is about my dear best friend
who truly is my only one and everything.
So as I sit here feeling so tired
from the pain I've been in I still smile
as my heart sings its song of only her.

My hearts sweet song my sweet one
is at full voice because I want
my Angel to know just how beautiful she is
and that I care more than anything,
my hearts song tells of all the tinglings
from the purest loving ways that you give me.
My hearts song rings out to tell the world
that Kira P. is the greatest girl
and the only one I'll ever want.
Only your hugs and kisses could ever mean so much
and superficiality with others isn't what I want.
I love you so my heart sings it out
forever celebrating the love and bond we share,
my heart sings to you because I treasure you and truly care.

Michael P. McParland

Evening Note 106

A very good evening to you
my sweet precious girl.
First off I want to say
I love you and thank you for all
the loving strength with great hope
you send to me in full,
I can feel your arms around me
with all of your sweet kisses as well,
it makes me feel so much better
easing all the pain I'm in.
You make me smile,
you make me so brightly glow,
you make this man dance and sing,
I so adore you
and give myself to you my only one
in full with unconditional
and undying love.

So my sweet love as I continue
to sit back and relax on this
evening here I just wish you were
here with me to read and watch
some film that I have not
decided on just yet,
I just want to hear your sweet
divine voice on which I float away
to the stars in heaven and the moon,
the voice of my Angel I need
to hear so soon as I hold you.
I am sending you the sweetest of kisses
with billions of smiles
so know as always that I'm right there
beside you giving you my company
and deep comfort.
Kira I love you and adore you
for just who you are,
an amazing and beautiful woman
I cherish and treasure in full.
Have a good evening,

I am dreaming of you
and eagerly awaiting for your return.

Michael P. McParland

Finally Relax

Finally having arrived home
from the doctor for a very short bit
and sweet sweet dear I am so
ready to relax with you.
My neck may possibly be in a serious state
and I just want to snuggle with
my best friend enjoying this day.
I just want to finally relax
and be stay cool with you on this summer afternoon.

I want so much to just cozy up by you
and finally relax feeling so good,
to give you sweet kisses and thank you in full
while I just let you know how awesome you are.
I have no particular plans for this day
in my mind I just want to spend time
with my Angel who's so very fine.
I want to relax just doing whatever
you think would be fun and best.
I just want to hold my Kira the greatest on earth.

So my sweet girl reach out and take my hand
as I also reach out to take yours as well.
I just want to relax with my most beloved woman
and hero best friend,
I just want to see you big smile as
I smile at you forgetting my pain
as well all the stresses in the world.
I want to finally just relax for this day
arm in arm because I love you more than anything.
Feel all of my warmth with sweet hugs and kisses
and know my sweet lady that I am with you
so happily relaxing.

Michael P. McParland

Good Morning My Angel

Good morning sweet love
and I hope you slept well
feeling me with you as ever my dear.
Since I have woken I've thought
so much of you and wished you could
be with me as I go to the doctors
this afternoon so after my appointment
we could go for a drive
just enjoying a relaxing time
as we take in all of the beauty that surrounds.
Until then my dear I just want
to spend this morning with you doing our thing.

So good morning my Angel and know
that to me you are the most beautiful.
As this day goes along I'll be
thinking of you praying you feel
every last bit of my undying
warmth, strength, and comforting love.
I'll be thinking of you as I am at the docs.
and smiling for you as well my Queen love.
I wish you good morning and want
to be with you more than anything
because you are so gorgeous and truly amazing.

Michael P. McParland

Your Comfort And Healing

How I would love to be with you
feeling all of your comfort, love,
and healing dear.
My arm is in such pain and I just
want to sit with you because
your company makes me feel oh so good.
My heart hurts from much ache as swell
because I miss you so much
and wand to give you comforting, love
and healing as well.
As I sit here trying so hard to relax
on this very night I bask in all
the love you send to feel so good
and feel as good as I can from all pain.

I have to go back to bed so soon
so I can get up to call the doctor early
so shortly when I do I wish I could
lay down with you feeling all
your divine comfort with great healing.
I want to be with you giving and getting
the greatest kisses of true love,
to just snuggle smiling and know all
the world can see us glowing.
I just want to heal with and comfort you
because I love you my dear Angel
so very beautiful and so good.

Michael P. McParland

Night Note 197

A very beautiful good night
to you my most beautiful girl,
I love you so much and am sorry
you have not heard from me
through this whole day,
I was so exhausted I spent
all but an hour or two
at the meeting I had in bed
with my hurt arm in a ton of pain
and sleeping from being tired
and stressed over so many things.
I love you so much
and as I get up still dragging
on this night I want you here by my side
to eat a very late and small dinner with
and just spend time doing things
and forgetting the physical pain
we both have and are in as we
enjoy all the best things
that to each other we give.
I long for you my sweet one
to be wrapped in my arms
snuggling so close while hissing so good.

So my sweet one as I finally
get up on this sluggish night
I send you sweet kisses of pure delight,
feel me beside you as I always am
and know always that you're never alone.
I love you so much and will write
you for sure my Angel of light,
always remember I am your Michael
who holds you so deep and high
within my heart.
Feel great warmth and comfort
as I send you my smile
and know that I would give
anything to be holding you.

Michael P. McParland

Hold Me Tight 6

Please hold me so tight
my sweet Angel right now on this night.
I closed my eyes a bit earlier
for a little rest and awoke
a little bit ago with anxiety and unrest.
Bad dreams were apart but else why I know not,
I just want my Angel right here by my side
to wrap me up in your arms and for us
to just bring in the calm by talking
and reading while I look in your eyes.
Please my sweet one come hold me so tight
and let your Michael take in your beauty
which always gives me such peace
and a big loving smile.

Come my sweet love and please hold me tight
and as I begin to calm we'll just have a good time.
I want to laugh with my lady like we always used to,
just share our thoughts and stories as we want to.
Come hold me dear lady so I can hold you
just as tight and closely as we kiss each other
and take in the all encompassing comfort.
Come my sweet lady and let's hold each other
sharing the love we both so want to share and feel
as we heal one another.
I love you my darling and just want to be near you
because you truly are my best friend and true love.

Michael P. McParland

Love Note 493

Good evening sweet love
how I want and need you here
right by my side.
My arthritis is throbbing
from all the rains humidity
and moisture so I would just
like to be holding you
forgetting the pain
as much as possible
and I am feeling quite tired
and talking with you
would help me stay up
with the greatest of reasons
because I would be with my true love,
it would as ever give me
a reason to shine and smile
having you here to feel
your soft kiss and touch.
I just want to be spending
this evening in our own world
we've created just for us.

So as I sit back to get
comfortable from the aching
in my joints and muscles
I'll be dreaming of you
to help make the evening
feel light and brighten a bit
and just think of all the things
we will talk of and share.
Please my sweet lady know
that you are my beloved Queen
whom I'm so in love with
and dedicated to,
you'll never be alone
because I'll never leave
my only true love.
God bless you sweet one
and please come back to me so soon

because life is very lonely
and empty without you
the Angel and Queen
I so truly love and adore
with all of my heart, mind,
body and soul through all eternity.

Michael P. McParland

Rainy Day Kisses

Yet another rainy afternoon
here my sweet precious dear
and the best way to spend those
is sitting back curled up with you.
Though my eyes feel just a bit tired
I would love for you to wrap
your arms around me getting so cozy
and warm as I put my arm over your shoulder
to pull you in as we read a book
and also watched a film.
I want to sit back my sweet darling
and share the most passionate
and deep sweet rainy day kisses with you.

On these rainy days my sweet love
you bring the light and make me smile
so very big and bright.
When I see your sweet smile and gorgeous eyes
sparkling ever so bright I see all
in the world that is beautiful and right,
I know that life is worth living
and there is reason to go on and fight,
because I will be able to snuggle with my Kira
sharing sweet kisses on rainy afternoons.
I know that I have the love of my best friend
and will share a lifetime of joy with her.

So on this rainy afternoon here
how I would love to look in your eyes
just getting lost in the beauty I see,
I want to be holding my Kira
while you snuggle with me.
Rainy day kisses are what I live for
because they will be with you
and all sorts of days that we'll be in.
I love you sweet lady and on this rainy day
I send you the sweetest ever of kisses
to tell you I care and will be your man forever.
I so long for your kisses and your company

because you are the Angel I am so very much
in love with and wanting.

Michael P. McParland

Do You? My Sweet Angel

When you wake my sweet Angel
do you hunger for me to hold
and kiss you so badly?
Do you hunger like me to be
with your best friend smiling
knowing the day will be grand?
I think you do because I can feel you
in all of your beauty and love,
it makes me feel so good
and I just want to hear you say the sweet words.
I just want to wake next to you
knowing my Angel will be there to spend the whole day.

Do you know my sweet one just how
very much I want to hold you in my arms?
Do you know that I just want to spend time
getting to know my sweet Angel
and all the things that you hold inside?
Do you know that I want to give you always
myself completely spending all of our day
so joyfully feel complete in pure loving safety?
Do you truly know my sweet Kira that
I only want you and forsake all other women?
You are my Angel, my desire, my passion,
you are everything I have ever wanted and needed.

Do you like I right now just want
to spend the afternoon talking and laughing?
Do you desire to spend it like I
kissing your best friend while
being wrapped in each others arms tightly snuggling?
Do you like I just want to be with
the one whom you share a bond with
and feel is your sweet loving Angel?
Because I can feel all of your love
and know you want me like I so want you.
I love you my diamond and I pray you know
you are my everything and only one
because you are sweet Kira and to me

that is amazing because you are
so very beautiful and truly magical.

Michael P. McParland

Fall Asleep In My Arms

Goodnight my sweet love
I am tired beyond all measure
and I want you to curl up
in my arms to rest your head on my chest
as you fall asleep in my arms
while I hold you so tight.
Goodnight my sweet Kira I love you so much
now please come be with your Michael
and make everything so special and right.
Come fall asleep in my arms as
I stroke your hair and rub your back,
let me give you sweet kisses before we drift off.

Goodnight my true love and I can
only truly find peace in being with you.
You're my Angel and true love
whom I give myself to
and I just want you to be curled up
as we are both being comforted in our true love.
So please my dear sweet one come be
with your man who's so exhausted
and give me your smile as we snuggle.
You are amazing my sweet darling Angel
and I want you to fall asleep in my arms
as I tell you just how very much
I truly care for and love you.

Michael P. McParland

Lay With Me 3

Come my sweet one and lay back with me,
wrap up in my arms to feel so warm
loved and deeply cozy.
I can so strongly feel your sweet love
fill and surround me as in spirit
I can feel you hold and kiss me,
I just wish you were here in person
to be snuggling as we lay back
to relax and enjoy this night so peacefully.
Come my dear sweetie and lay beside me
so as we talk I can see you smiling.
Lay with me baby and let's just
relax here knowing everything is wonderful
because we are with our true love and best friend.
Come my sweet lady and lay right beside me
curling up so tightly as I hold you closely
to tell you I love you and show you how much so.

Michael P. McParland

Only With You Forevermore

Only with you will I ever
want to be or give myself to forevermore,
only with you do I want to be.
Side by side hand in hand as the
true loves and best friends we are
living the greatest love story there is.
Only with you forevermore my sweet Angel dove
I so truly cherish and adore,
my heart truly melts over you
because you are the picture of perfection
I've sought out and waited for.
Only with you forevermore because
my heart, soul, and I are truly yours through all time.

Only with you forevermore my sweet Angel dove
because you are the most wonderful
and beautiful woman I've ever known
and that there is in the entire universe,
you are the one I'm drawn too
and I'm so happy God brought us together
and that you're the one I feel so connected to
with a blessed and sacred bond,
only with you forevermore my bright shining star.
It is only you because what I feel transcends
all earthly words and can only be shown through
kindness, loving deeds, and serving my Queen,
only with you because you are my everything.
Only with you because you're the one
I love with all of my heart, mind, body, and soul,
only with you forevermore because you are sweet Kira
and that's all I need to know because you are you
the only one I'll ever want and need through eternity.

Michael P. McParland

Tired Afternoon Desires

Having arrived home from my meeting
a little while ago my sweet love
I just wanted to come home to you
and sit back relaxing for a little while.
Here on this late afternoon darling
I am still a fair bit tired and dragging along,
my desire now is just to
spend time with you rest my eyes
while we talk and happily pass the time.
I am tired on this late afternoon
my sweet beautiful diamond
and all I desire is you in my arms
kissing and snuggling.

On this tired afternoon
I also desire to read the book
I just started last night as well,
but my eyes are to strained
to not begin hurting and would then
miss many things on the page,
I would be so grateful if you
would read to me because your voice
is so much of the heaven I need,
it makes me smile and fills me with light
as it lifts me away from all of my stress.
I love you sweet one and desire
for you to be right here at my side
just enjoying and relaxing on a tired
and late afternoon.

So as I relax here on this late afternoon
I desire your company and you
to be with me in all of your wonderful beauty.
To just look upon you and tell you you're wonderful
while I look in your sparkling eyes and smile.
Sweet girl you truly are all of my sweet dreams
and greatest desires because I love,
treasure, and cherish you my sweet gorgeous Angel.

Michael P. McParland

Love Note 492

Good afternoon my most
wonderful and beautiful
sweet Angel dove.
As I finally arise
and am about to head out
the door for a meeting sweet one
I just wanted to tell you
I love you and miss you
so very much,
I feel such a heaviness within
now having you here to sit with
and spend time like we so want to.
I just want to be with my Angel
both of us escaping the world
feeling so good.

So as I now go in a
minute or so just remember
I'm with you the whole way.
I love you so much
and my heart calls to you
in all of its caring beats
To let you know
you will always be my sweet Angel
and most adored only one.

Michael P. McParland

Night Note 196

Such a very beautiful
good night to you
my sweet precious girl.
Before I sit down to read
for a bit and wind down this night
I wanted to send you sweet kisses
and say I love you so much,
I would give anything to hold you so tight.
I am quite tired but not
ready for bed so I wish
I could be spending time
with my beautiful and divine best friend.
I adore you my darling
for in all ways you are so gorgeous
and my heart calls out to you
all of its caring love and desires.
Know I am with you
and longing so hard just to be by you
as the quiet of night
falls all around me.
I will be thinking of you
sending all of my warmth and love
to my gorgeous lady
so feel it fill you up
and wrap around you like a
comfy blanket.
I love you sweet Kira
and can't wait to be with you
because like this there is
a huge part of me so empty and missing.
You are my other half
my beautiful Angel.

Michael P. McParland

Tender Love 2

Tender love on this evening
with my love here would be
heaven on earth to me.
To just let the heat of the day
pass us by before we went out
to sit down and watch the sunset,
tender love is with my best friend
just enjoying all the wonders
in this life that out true caring love brings,
an evening of tender kisses and pure love
are just what is truly needed now.

All the tender love I have within
I want to share and give to only you,
I want to give you all the love
that you have wanted and deserve,
I want to share with you my entire world.
Tender care and accepting love
is all I ask of and hope for from you,
to talk to me about all there is
within our hearts, minds, lives, and entire world.
To share sweet kisses and hold me very close,
to just share a great life in pure joy.
Tender love with you in this evening
and beyond is what I really truly want.

On this evening I just want with you
to share tender love through spending time.
To look at you and tell you all
my heart and soul hold for you.
To let you see my soul through
my big smile and wide open eyes.
To just let you know your truly loved
as I feel every bit of yours.
Tender love so true is just what
there is with gorgeous you
and that's what I want to share for
eternity with the Angel who holds
my heart and soul and I'll truly adore forevermore.

Michael P. McParland

A Hot Day

It's a very hot day my dear
so muggy it takes all your energy,
it's a day to stay inside
and be lazy until sunset has come.
So I'd love to just sit back with you
sipping some cold lemonade, root beer,
or kool aid to refresh us my love.
I just want to spend it with you
arm in arm in front of the cooler
sweetly kissing you while we talked,
watched some TV and a film as well as read.

It is a hot day and I just want to
sit with my lady being so happy and lazy
just enjoying each others company.
It is a hot day and let's just
spend time relaxing and kissing
before a good dinner and perhaps walk
on a cooling evening,
it is hot dear as are you
and I just want to spend time
staying so cool and happily fulfilled
with divine beautiful you.

Michael P. McParland

Afternoon Desires

Good afternoon my sweet love
and having just gotten moving around
a short while ago all my wants
and desires are to you my dear love, '
I just want to look in your eyes
both of us smiling so big
so I can say I love you sweet sweet Kira
with all that I am,
you are my true love and wonderful best friend,
you are my everything giving me hope and joy
to no end because you are my Angel
so very divine and beautiful.

Dear I am so filled with afternoon desire
to snuggle right by the cooler
in this hot summer day were surrounded in.
I long and desire to kiss you
so deep and passionately to also
release the most wonderful tinglings
only my Kira has ever given me.
I desire to spend time with
my Queen and Angel letting you know
you are my most special and important
person ever.
You are my soul mate and I truly adore you.

I am so filled with afternoon desires
to just be with my lady spending time
while I kiss you sweetly and hold you so tightly,
I long to just look upon you in all
of your Angelic beauty knowing
true fulfillment and happiness as I sit
with my best friend feeling our bond grow ever stronger.
I am so filled with afternoon desire sweet Kira
because for you there is an eternal flame
of true love burning inside me.
I love you so deeply and have since you met me
and I will forever be your sweet Michael
here to love and serve you forever and ever.

Michael P. McParland

Goodnight My Sweet Love 5

Goodnight my sweet love
and now slide into bed
right next to me.
I've finished my movie
and I am quite tired,
all I want now is to snuggle with
my sweet beautiful Kira.
Goodnight my sweet love
let's snuggle and share some sweet kisses
as we now get so very cozy
to rest peacefully with each other.

Sweet dear I am so tired
and I just want to snuggle up
with my divine Angel,
to tell you I love you and let you know
you are treasured and cared for.
I want you to cozy up so very tightly
as you rest your head on my chest
and I wrap my arms around you in comforting peace.
I love you sweet lady and want
to lay back to drift off having
a few good laughs with you,
a bit of soft conversation
and then a funny comedy album.
Goodnight my sweet Queen come let me hold you
because you are contented peace and true love
and I so dearly adore you.

Michael P. McParland

This Quiet Sunday Night

Babe as this quiet Sunday night
starts to grow quite late
I wanted to blow you these sweet kisses
as I say I love you dear.
I wish that you were with me
to cozy up so tight,
then turning off all the lights
we could put on a film you picked
to feel so light as we laughed
and felt total fun and love from each other
as we spent the greatest joy filled time.
I miss you my sweet dear
and want this quiet Sunday night with you
my gorgeous Queen and only one.

As this quiet Sunday night grows
quite light my sweet dear
I reach out to pull you in so tight
and smile at you big.
I so long to share such special times
while I shower you in true love,
you are the one I adore and so long for
because you are my best friend.
I want to spend so many quiet Sunday nights
just feeling whole and good,
I want to spend all these nights
and lots more because you are my one
and I truly love you so very much.

Michael P. McParland

Sunday Evening

Awake now my sweet love
from a very long Sunday afternoon nap
to rest and escape this world,
a rest in hopes of a dream
where I'd see you to kiss and hold,
but alas I did not and it is
all the harder waking without you.
I just so long for and want
a great Sunday evening in your arms
sharing the most peaceful and loving times.
A night to just sit in the dark
with candle light talking
and snuggling reveling in the love we share
with our very wonderful best friends.

I love you sweet one and it
is still a quiet one to be in
a dim lit room or in the dark
and on this Sunday evening that's what I need
and I wish you were here to share with me.
To hold you tight and kiss you sweet,
but mostly just to have you there
in all your loving comfort feeling peace with my lady.
I love you darling and I want to be with you
on this here Sunday evening because
I need you my true love and Angel
and I need your shoulder to rest my head on.

How I miss you dear and want my Queen
to spend with me this quiet Sunday eve.
A very simple dinner tonight
so our cleaning would be small,
then dim the lights to just sit and spend time
enjoying all the little things
as we always did.
Kira you are my true love
and I love you more than anything,
so on this Sunday evening here it is
you I so want and need.

You are my one and my everything,
and I just want to be with you my hero,
soul mate, Angel, and best friend
spending this evening enjoying each other
and the bond we share just the way we always have.

Michael P. McParland

Love Note 491

Good Sunday afternoon
my sweet beautiful dear.
It's a very quiet day for me
and I just wish you could sit by me
as we just relaxed
and sat today mostly
in the peaceful dark listening
to music, audiobooks, and some comedy
to help brighten things up.
What would help lift this day
most of all would be having
my Angel right here in my arms,
to have you holding me
letting me know all is alright
and you'll always be here.

It's a quiet day dear
to just sit in the dark so quietly,
to sit with my thoughts
and also send you all of my love
with the sweetest of kisses
and massive hugs.
I'll be dreaming of spending this
quiet day with you.
Dear know that I love you
and am always with you,
close your sweet eyes to see
my loving looks and caring smile,
I just want you to spend
my time with enjoying life's goodness
for you are all of the worlds
most delightful and exquisite
divine beauty,
I want you here to spend
the quiet days and all sorts
my beautiful lady.
I love you my Angel
and as I relax in the dark here
I'll be reveling and feeling comfort

in your great amazing love
that you always send me.

Michael P. McParland

My Sweet Queen 2

My sweet sweet beautiful Queen
how I long on this night for you
to be here winding it down with me.
As time marches on I am growing tired
and I want to be with you as I now
finish my movie with a special
snack just for us two,
My sweet Queen is who I need here with me
to relax arm in arm enjoying ourselves
as we kiss and just spend time.
I long for my sweet Queen to be right here
beside me now ending this night
in the most comforting, fulfilling,
and peaceful way with our best friend and soul mate.

Then my sweet Queen after a wonderful
time of talking, reading,
and watching our film we'll climb
under the covers and snuggle away.
I want to just sweetly kiss as we
get ready to rest your head upon my chest
and I lay back to stroke your hair
and rub your back.
I want to listen to a comedy album
as we drift off with some laughs
to enjoy with each other as I like.
I want my sweet Queen to feel safe and warm
knowing that you are loved and my only one.
Sweet girl I long for you and your company,
to feel your soft touch as we spend time and relax.
To just be at peace and feel content.
I love you my sweet Queen and pray so soon
that you will be close to me each night
relaxing deep as it winds down.
It is only you I'll ever need and want
because you are my Angel and best friend.
I adore you my sweet Queen and I will be thinking
of you as I relax here,
I can truly feel you and your love surround me now

as always my faithful love.

Michael P. McParland

Beautiful Woman 6

Beautiful woman you are so good.
My heart jumps with joy over you
and sings out in love too.
To tell you you're wonderful
and my Angel true love,
it sings out to tell you you're beautiful
and the only one that I want.
As I sit here this evening
I dream of you and call out as well
I love you sweet one you are the greatest my girl.
I love you so much and are helping me
through a very tough day and night,
I love you my sweet one
and you'll be my beautiful woman
through eternities time.

Michael P. McParland

Saturday Longings

As I wake my sweet love
from this Saturday late afternoon
rest I needed so much
I long for you and an evening so good
filled with the things that couples do.
I have no money to take you out
to a fancy dinner but I would cook you
a great one with the things from the cupboard,
oh how I can imagine your beautiful smile
and hear your sweet laughter as we talk
and do such wonderful things together.
As I slowly awaken my sweet lady
I just want to be with you on this Saturday.

I so long for the approaching evening
that we would be spending as we
watched a movie and then read together,
it's been raining today so perhaps
not a walk in the sogginess surrounding
but a drive into the country
and talking while we enjoy the scenery,
that would be amazing and these
are my very deep Saturday longings.
I love you my darling and hate
these lonely times that are without you
and I so long to be with my Queen and Angel.
As I awake dear from my rest now
it is you my sweet best friend I so long for.
Feel my sweet kisses and share these dreams with me
knowing that they will soon become real.

Michael P. McParland

Waking Desire

As I awaken here my sweet dear
I am very shaken in many ways.
Many bad dreams filled my sleep
and the one beautiful one ended sad
I think I even cried in my sleep.
For so many reasons as I arise now
I need and desire my only one to be with me,
to hold so close and bring comfort
to these waking hours.
I desire you my beautiful one
to be here in my arms right here,
right now, and through all this day
just spending the best of times.

I adore and admire you my precious girl
and there is no one I'd rather have
at my side holding me as I start this day.
My beautiful dream is that you came
out here to visit me and you having
to leave for just that short while
was so very heart breaking in a way,
I cried in my dream and as I said
I may have in my sleep for real.
So as each day I wake I desire you
to be here to kiss and be with
but on days like this I need it more
my Angel Queen.
You are my desire and my wish
and there isn't anything I wouldn't do
to be with you here on this rainy day.

Sweet dear no matter how I would
feel this morning here you would be
my waking desire.
To be with my Queen sharing an afternoon
sort of breakfast and lunch,
to just sit back and snuggle on the couch.
To sweetly kiss and say I love you babe
and thank for just truly everything,

I want all this life and the next
to be by your side because you are
my gorgeous diamond in the rough.
I love you sweet Kira and you are my
pure and true love desire
and I want to start each day with my Angel
holding hands looking at you both of us
smiling brightly knowing that life
is fine with our best friend right beside us.

Michael P. McParland

Night Note 195

A very early good night to you
my beautiful Angel so very good.
I hope your evening was well
and you smiled for me
as I sent sweet kisses and huge
hugs to you my sweet Angel dove,
I'm now dreaming of spending this
night with you arm in arm
having the most beautiful time.
First thing for me after
an extremely hot day in the
very high 90's here a cool
and refreshing shower
to be in top shape
for my beautiful lady,
and then afterwards the best
of times as we sat and read,
talked, and watched a fun film.
A great night with my best friend
is what I desire as we just
make up for time healing
with each other.
I only want you my beautiful lady
because you are my true love,
my best friend, and blessed Angel.
I love you sweet Kira because
you are an amazing and special lady
whom I will adore and stick by
forever and ever as your eternally
loving and never ending adoring Michael.

Michael P. McParland

That Special Feeling

I love that special feeling
that you give me when I think of you,
when we talk or write,
and most especially when I see you
and we look at each other to say
I love you with the biggest smiles.
You give me that special feeling
that fills me with tinglings
and butterflies from head to toes.
I love you more than anything
and that's the greatest feeling that there is.
You excite me and give me endless hope,
you are my northern star and my heart
sings in full loving voice to only you.

I'm so filled with that special feeling
of pure and true love by beautiful you.
You are such loving joy and my heart
skips a beat over you every time.
I love you so much I'm filled with light
and for you I will always fight.
That special feeling that I feel
is indescribable in so many ways
and it is one I feel for only you.
I adore you my sacred love for just
who you are and I would give my life
if it was needed for you in any way.
You fill me with a feeling of such
immense and endless loyalty,
because you are the one I truly love
and I will always be by your side my Queen.

I will forever feel that special feeling
of tinglings, joy, butterflies,
and endless hope you make me feel.
I believe in you and I know so strong
you love and believe in me.
You are a treasure my only one
and I want to be with you forevermore.

You are a diamond in the rough who makes me
feel that special feeling I so love.
I cherish you my only one
and love you more than the entire universe.
You are my Angel and my gorgeous Queen
and I will forever be your faithful man
because I truly am only yours.

Michael P. McParland

You're Always On My Mind 2

You're always on my mind
as I go through every night and everyday.
I wonder how you are and pray you're good
as I send you all my warmth and love.
My hands in yours as I stand by your side,
you are my only one my sweet Angel dove
and you're always in my heart and on my mind,
you are the only one I'll ever want
because you are my best friend.
I've loved you since the start of time
and want to be your only man.
You're always on my mind sweet love
because I love you for who you are
and I am so thankful you are in my life
I could cry from sheer pure joy.

You're always on my mind sweet love
because you are my only one.
I know I've known you since the start of time
and I've always loved you my best friend.
I felt our souls touch right when we met
and my heart sang in joy,
you're always on my mind sweet love
because so few ever get to know such
a sweet and wonderful soul.
I love you to no end my dear
and want to hold you near.
You have been on my mind all day
praying you are well and knowing I care for you.
I love you babe and always will
and always think of and worry over you.

You're always on my mind because I want
and need my dear and beloved best friend.
I want to hear your sweet voice
and see your bright big smile
as we spend time and talk.
I always think of all the times we shared
and pray for forgiveness and another chance

for all those things that were done wrong.
I miss you babe and think of you
as I feel all the love that you hold too.
Babe I am your man and yours alone
and I always think of you,
because I truly am so thankful to have met
my Angel and diamond in the rough
and I thank you again for being you.
You are such a treasure and a gem
and I so dearly and deeply adore you my dear.

Michael P. McParland

Morning Note 193

Good morning my beautiful
and truly beloved sweet Angel dove.
I'm sorry I dropped off last night
without much of a word and I did not write you.
I had not been feeling well all
of yesterday in a couple of major ways
and it all finally caught up to me,
I closed my eyes at one point
for a few minutes and dropped off
the whole night until just a little
bit past my sweet darling.
I am so sorry if you are feeling
upset, down, and very worried
fear not my darling because I'll never leave you.
I wish more than anything that on
this aching morning I could
be holding you and telling you
it is alright my sweetie
for your Michael will be with you
forever and always.

Oh my sweet dear I know it is
going to be another tough day here
without my sweet love
and some of the other struggles
I'm at the moment going through.
I love you so much
and I can't live without you
that is the Gods honest truth.
I wish I were with you to feel the calm
peace and deep strength that you give me
and to give you the same things
because you are amazing
and through all of time I want us
to be eternally happy.

So my sweet love feel my arms
around you and my sweet sweet kisses
showering all over you as I get up.

Know I'll be thinking of you
as I go about doing all that
I am doing today and hear
me and my heart singing to you.
I miss you so deeply because
I so truly love you
and you fill me with joy
my beautiful Angel.
Kira you are amazing
and a true gift and blessing.
It truly is only you
that I'll ever be wanting.

Michael P. McParland

Sweet Evening Kisses 3

I have for you sweet evening gives
to fill you with my love to the brim,
I send you sweet evening kisses
to show you just how much with true love
for you I am overflowing.
Sweet evening kisses to say I adore you
along with huge hugs both being
of such intense passion they make you shiver
feeling so satisfied in joy,
sweet evening kisses that fill us
with hope and lightness.
I send to you sweet evening kisses
of endless deep caring for my only Kira.
Sweet evening kisses for my most beloved,
cherished, treasured Angel I so desire.
I send to you passionate and deep loving kisses
and huge hugs to you my gorgeous Kira.

Michael P. McParland

Oh My Beautiful Darling

Oh my beautiful darling
as I sit here and evening fast approaches
I send you the sweetest and most loving kisses.
I sing with my heart in harmony to you
all my favorite songs on earth to show you
all my caring love and immense trust
to fill you with deep soothing joy and confidence.
Confidence in the knowing that I would only
ever sing for you in such an open way
says so very much about my love and all the trust I feel.
Oh my beautiful darling as I sit here
I want to hold you near and tell you everything
I hold within my very heart and soul.
Oh my beautiful darling dear and sweet Angel dove
I only want to be with you through the rest of time.
You truly are my everything and my only love.

Oh my beautiful darling as I sit here now
with evening no fast closing in
my heart aches for you as we both sing.
We want you to know in full tonight and always
that you are so beautiful.
You are my Queen and my hero whom I adore total,
I love you my Angel sweet and want you to marry me.
You are the only one I want to have so near
so listen out as my heart and me so proudly sing.
I love you Kira it is you since the start
of time I have adored in every way to no end.
I will stick by your side as your faithful man
who is so thankful for you and the loving bond we share.
Oh my beautiful darling dear feel my warmth
as you hear my totally loving call.
I send sweet kisses with my songs in full
and want you to never forget I am yours
and yours alone all the way through eternities time.

Michael P. McParland

A Lonely Day

It's a lonely day here without
the Angel and best friend whom I adore.
It is so lonely and I feel so stressed
it all makes me feel tired I just
want to lay down and cry myself to sleep.
I miss you babe so very bad
and all I want is you right here by my side
to spend and time and lovingly talk.
I just want to be with you my only one
and feel all the comfort you provide
fill my heart and soul as you lovingly
hold me so very close.

It's a lonely day here my love
and my heart hurts as it misses you.
Listen as it sings out calling
on my only love to come so soon
so I can hold you close and kiss you sweet.
I want to heal all our wounds
as we sit hand in hand enjoying all there is.
However it is a lonely day and I hurt inside
as I deal with so much all by myself.
I love you dear and call out to you
let's end the loneliness and come back
together and spend this life as true lovers.
I miss you babe and love you more than anything
and the lonely days just seem to stretch forever
and I pray that each day is the day
I'll hear from you and soon see your smile.
You are beautiful and the one that I desire
because you are my Angel and best friend I so admire.

Michael P. McParland

Love Note 490

A very beautiful and loving
good beginning of noon to you
my sweet Angel dove and feel me
wrap my arms around you and pull
you in for a snuggle at the start
of my day here,
in exhaustion and sadness
I spent all of the last one
in bed and only now rise
though the tears still feel
like the want to come
breaking through and just flood my eyes
for time on end and I know
that you have been crying
feeling worried as well,
so come my sweet dear
and we will help cheer each other up
as we dry our tears just smiling
in the comfort we both want to give,
please come my sweet darling
and we'll no longer feel sad
because we'll have each other
right there to help brighten the day
as we sit and talk and spend time
as true loves do fighting along
side by side for each other through
all of life.
I'm reaching out to take your hand
and sending you sweet kisses and huge hugs
so very grand.

I miss you sweet lady
and as I am about to get up
for a cool, cleansing,
and refreshing shower
I wish you were here to join me.
To just stand there and hold you
as I sweetly kissed you
and to see you smile

at me as I smiled at you too.
Then after to make us a nice lunch
as we sat in front of the cooler
feeling so comfortable and at peace,
that's what I so truly want
and badly need with my lady,
my Angel, my Queen, I just want
my best friend and hero right here
with me feeling your loving arms
wrapped so tightly around me.
I love you my Kira and you are
my everything my lady supreme.

I love you sweet lady
and just feel so sad
as I get this day started.
Sad for a lot of reasons
and that I can't just talk to you
and enjoy this day in all of its beauties.
First to just hold you as we
sat under the water and then
that nice lunch and who knows from there.
I love you my darling
and am reaching out to so tightly hold you,
feel all of my kisses as I send them
to you in the endless millions.
God bless you sweet lady
and never forget I am right
there beside you because
you are my true love and everything.
I'll always be with you
and right here when you're ready
because my heart is yours darling
and I will be yours forever.

Michael P. McParland

Birthday Evening With You

Oh my sweet love how I long for
and wish I could be spending
my birthday evening here with you.
Just sit in front of the cooler
and snuggle so tight and close
while we watched one of the new
movies I got with my gifts.
And afterward sit and read
before we end the night talking
and kissing filled with peace.
I so yearn for you to be here with me
on this birthday evening arm in arm
filled with light as we heal in whole.

My sweet dear I so hope that next year
I will be with you spending a beautiful evening
spending time and having fun,
I am filled with hope and light knowing
that you love me too and that
you also have that want and dream as well.
Dear you truly are so very beautiful
and I want to be with you tonight
and forevermore hand in hand as man and wife.
I love you dear and want you here
to spend this beautiful birthday evening with me
because you truly are my only one
and my darling Angel everything.
I want to spend this birthday evening now
just you and me because you are
a gift and blessing I so truly cherish and adore.

Michael P. McParland

You Are My Sweetie 3

Good afternoon my dear sweetie
and how are you?
I have been sitting here just relaxing
and watching YouTube videos
wishing all the while that were here
with me to enjoy them too while
I held you so close to me.
You are my sweetie and beautiful love
and I would give anything to be with you.
To kiss you so sweetly while spending time
just feeling our hearts swell with happiness and pride.
You are my sweetie and you fill me with light,
you are a shining star that fills me with life.

You are my sweetie and my heart sings
out in full voice in pure love to you.
I send you sweet kisses with the biggest of hugs
because you are my hero and soul mate,
my best friend that makes me smile.
I adore you my sweetie and will always
give you all of myself and my best
because you are a treasure and I love you most.
You are appreciated for all that you do
and just who you are,
you are my sweetie and the only one that I want.
My heart quickens whenever I think of
or see you my beautiful Angel
and I am filled with tinglings and butterflies
over the beauty that encompasses you.
You are an Angel my dear sweetie and Queen
and for you I would do anything.
You are my sweetie and my heart is yours
because you are the greatest and I only want you.

Kira you are my sweetie the most beautiful woman
and I wish I could be with you here on my birthday.
To have your sweet kisses while we held
each other so closely would be the greatest
gift and blessing from you a true

gift and blessing from God and I am so thankful for.
I love you sweet lady and adore you so much
because you are my sweetie that gives me reason
to keep fighting through life.
I'll always be with you fighting for and protect you
because I'm only yours for I want no other ever.
You are my sweetie a truly gorgeous woman
and I love you so much because you are
my wonderful and darling Kira so magical.

Michael P. McParland

Love Note 489

A very beautiful and
good afternoon to you
my beloved sweet Angel dove.
It is my birthday and as I now
get up I wish you were here
to immediately take into my arms
and say I love you so much.
Then stand back just a bit
to brush your hair back
so I can look deep in your eyes
and then caress your soft cheek
as I kiss you with all the
tender passion I hold within
my heart and my soul.
I wish I could be with you
on my birthday today
because you are the only gift
I so truly want and need.
I love you sweet lady
you truly are my everything.

Throughout the day I will
be dreaming of you and sending
sweet kisses and huge hugs
constantly in the trillions.
Feel all of my love as I send
you my smiles and reach out in spirit
to hold you so tightly.
I love you my best friend
and you are the one I want to
spend this day with along
side my family.
You are my soul mate and I so adore you
and I want to be with you
forever and ever.

So here on my birthday please
send me your big bright shining smile
and reach out to take my hand

to make this day so very special.
I love you fair lady
and know I'll always be with you
because you are my beautiful hero
I so truly cherish and admire.

Michael P. McParland

Goodnight Needs

Goodnight my sweet love
I am truly so very very tired
and one thing I so need is my lady here
in my arms snuggling and kissing for awhile.
I want and need you here to end the day
to talk to and read with while I hold you near.
I so need you my one and only love
because you are my everything my sweet Angel dove.
I need you to give all my love to dear
and to give us both deep comfort
as we feel safe and deeply heal.
Goodnight my love I truly miss you so very bad
and I need you here to look in your eyes
as I tell you that you're rad.

Goodnight babe and know I truly love you
more than anything in heaven or on this earth.
I need you because you are my best friend
and true love with whom this bond
means more than all riches in the universe combined.
I need you to hold so close as I
lay down here and give you kisses oh so sweet.
I need to give you closeness sharing myself
to show you how much I truly trust my Angel love,
I need you because you give me hope and light
and all I want is to give all that to you too.
Goodnight babe I so love you and just want you here
to have and hold.

Goodnight babe I so need you because my heart aches
to have you next to me as I open up in full
and it sings so proudly just for you.
Goodnight dear I need you near because
I want you to know truly how great you are
and that you are so truly cared for and deeply loved.
You are beautiful a rare and precious jewel
I so admire and I just need you here
so you can have all the love you've so desired.
I love you babe and just want you here with me

so we can share the most wonderful times
together through the joyous life we've so desired.
I need you my precious darling because you are my Queen
and through my true love I want to serve you
making you so proud and truly happy.

Michael P. McParland

Warmth, Love, Hugs, And Kisses 6

I send to you all of my warmth and love
with the biggest of hugs and sweetest kisses as well
as I lay back this evening to rest a bit.
I send you these things to fill you with peace
and to comfort you through you whole mind,
spirit, body and heart,
I send these things to you so you'll know
that you're cared for and loved
and so you will know that you're not alone
and that your Michael will always be with you forevermore.

I send to you endlessly the most tender and caring
warmth, love, hugs, and kisses my sweet Angel dove.
I send them to you always because you are
my gorgeous diamond in the rough and I adore you so much.
I send them to say thank you for all that you do
and for just being you as you give me all
of your great friendship and beautiful pure love.
I send you all of my warmth and love
with the sweetest of kisses and biggest of hugs
to let you know you are the one and I want
to spend eternity with you as husband and wife.
I love you sweet one and as I lay back for a bit
I'll be dreaming of you all the while
reaching out to hold you and your hand
sending all of my warmth, love, hugs, and kisses
to let you know I am with you and will never leave you.
I send all of these things because you are my Kira
and I so truly cherish and treasure you.

Michael P. McParland

My Sweet Beautiful Woman 4

I miss you my sweet beautiful woman
and I'm longing to feel you hold me,
to share the sweetest of kisses
and most amazing of times with my Angel.
My sweet beautiful woman you truly are amazing
and I want to be with you giving my all
and best of everything.

You are a precious diamond and my heart
is calling out in complete and loving admiration,
I just yearn to hold you closely
and say I love you dearly as I so deeply kiss you.
I adore and long for you my sweet beautiful woman
because you are my best friend and I so truly
want to be with you forever.

My sweet beautiful woman you are the
greatest reason I still go on and my heart is beating,
I live for the days that I will be with you.
The days where joy will be and I will feel complete
knowing that my precious girl who cares about
and loves me in full is right there by my side forevermore.
My sweet beautiful woman I truly miss you so
and I just want to hold you near because
I deeply and tenderly love you more than anything.
I will forever be only yours and stand right by your side
because you are my hero and my only one,
you truly are the only one I'll ever need and ever want
because you are my sweet beautiful woman
I've always loved since the start of time
and will always love for eternity.

Michael P. McParland

Love Note 488

Good afternoon my beautiful
and wonderful sweet Angel dove,
as I finally get up to face
and take on this day first thing
I wanted to do was say I love you
so very much my beautiful dear.
I hope and pray you haven't been
worried, upset, or crying today
thinking maybe I didn't care
because I so do my sweet dear,
you are a diamond in the rough
and my only one,
I wish I were with you to kiss and hug
and I wish above all else you
would be here tomorrow to help
celebrate my birthday.
I love you sweet one
and adore you in full.
I just want to spend all time with you
side by side hand in hand
kissing your sweet and soft lips
over and over again and again.

So have a good afternoon my sweet love
and as I very soon jump in a cool
and refreshing shower to start the day
I wish you were here just to smile at
as under the water I held and kissed you,
and then in a bit when I head out
to the store I wish you could be with me
to walk hand in hand as we just had
a good time walking around
getting just what we need.
I will be dreaming of you
as I do all of these things,
I'll be sending sweet kisses and the
biggest of hugs so wrap up in all
of my loving strength and deep warmth.
I love you my Angel and you help

cheer me up giving me reason.
I love you sweet Kira
and want only the best for you
so always know I am with you
and will always truly give you my best
and my everything to make you
so truly proud with good reason to smile.

Michael P. McParland

God Bless You 11

God bless you my sweet one
to be reassured and know
always that you are so truly loved,
that you are cared for and being watched over,
to know that both God and I
will always be right there to protect you,
to know that you're not alone
and will never be my sweet darling
because you are my everything
and for you I have the most tender feelings.
God bless you my sweet love
you are truly an amazing woman.

God bless you my dear Angel
to feel my loving arms so tightly around you.
Never forget that I'm yours forever
and will stand by you fighting
along as your faithful and adoring partner.
God bless you my Angel for being so awesome
and I pray you'll return soon
because I so fiercely ache from missing you.
God bless you once again so you'll know
that you are my true love and care for you in full,
to know that I give you myself completely my dear.
I yearn for your smiles, your kisses and hugs,
I just yearn for my Kira I so deeply love.
God bless you to know that I want to
always make you so happy and proud
and to know that you mean the universe
to this loving man.
I know you love me and I ask God
to let you know of my thanks.

Michael P. McParland

Sweet Dreams Of You

Sweet dreams of you fill
my heart, head, and soul
on this afternoon.
I dream of you as I lay back
and relax just smiling all the while
as I see you smiling back.
I can hear your sweet voice
and your great laugh,
I remember our conversations
and jokes that we shared.
I dream of you to help me relax
and I want you all the more
because you are the best
and I love you so much.
Sweet dreams of you fill me up
and I send you sweet kisses
and big hugs as I lay here
longing for my true love
and sweet precious hero.

Michael P. McParland

A Lazy Sunday Afternoon

A very good afternoon to you
my sweet beautiful love
and as I finally get up now
my medicines having made me so tired
I just want to sit back with you
and enjoy the most wonderful
beautiful and lazy Sunday afternoon
with sweet beautiful you,
I want to give you sweet kisses
as we watch a film
and just spend time in each others arms
basking in the glow of our warmth and true love.

As we would start our lazy Sunday
afternoon here I'd first cook us lunch
a fun little treat,
then start the movie I have from NetFlix,
I just want to sit with you
making this day the perfect fix.
I want a lazy Sunday afternoon here
with my sweet precious lady
snuggling so tightly with sweet kisses divinely.
I adore you my darling and truly crave
your beauty and magnificent company.

I love you sweet girl and as I get up
all I want is to be with you spending
a loving and fulfilling Sunday afternoon.
To hear your sweet voice while kissing your soft lips
and holding you close,
I just want my sweet Kira here by my side
having the greatest times in this life.
I so truly adore you and want nothing more
than to please you and see you smile
because you are my best friend
and an amazing blessing I am so proud of.

Michael P. McParland

You Are So Wonderful

You are the most wonderful
and beautiful woman I so
truly love and completely adore,
it will only ever be you in my heart
my dear sweet Angel Dove.
You fill me with light
and make my heart glow
you are the most wonderful woman
that I've ever known.
You are so beautiful so loving and kind,
I admire you deeply and cherish you in full,
you are my heart and my hero
my only true love.

You are so wonderful you've
renewed my hope and life,
you are a diamond so pure and divine.
I love you my Kira and want you
so near to share all our lives
and the beauty within.
You are my Angel and treasured Queen,
you truly mean everything to me.
God bless you my Angel for
you are a blessing,
I am so thankful for you and the bond
we've always been sharing.
I love you my darling and am
so truly thankful.
Thankful to you for being you
my sweet darling
and thankful to God for bringing you to me.
I love you sweet Kira and will forever
stand by you because you are
my best friend and most beloved Angel.

Michael P. McParland

Evening Note 105

A very good evening
to you my sweet Angel dove
and first thing I wanted to do
as I have arrived home from the store
is to say I love you so much
my dear beautiful Queen
and I hope your evening has been supreme.
As I sit here now I achingly long
so deep in my soul and heart
want to be with you right now,
I don't know just what we'd
be doing but I also don't care
because anything would be good
as long as I were with you.
I am aching so bad to be with my Queen
and my best friend my beautiful Kira
I love and adore to no end.

Oh my sweet Kira how I want
to be with you on this evening here
just holding you closely
as we watched a film,
I want to hear your sweet voice
as we later read and as ever
had a great conversation
that is always so fun.
I long for you and yearn
for your kisses and hugs,
I just want to be with
my one and true love.
You are the greatest thing
to ever happen to me
and I want to honor you
in every way that I can
as we celebrate the bond that we share.

I love you sweet dear
and want to always let you know
because as humans we never

nearly say it enough
and I always want to
reassure you that you are my one.
Have a good evening
and feel all of my warmth
as I send you sweet kisses
and the biggest of hugs.
My heart is calling
as it sings to you
all of my favorite love songs
so be filled with cheer
knowing always that it is you
for whom it is longing.
God bless you my sweet love
and feel my arms around you
because I love you so much
and I just want to
hold you so tightly while
I passionately kiss you.

Michael P. McParland

A Beautiful Walk With You

It's such a beautiful day here
my sweet beautiful dear
and now that my stomach is feeling
so much stronger and better
I would love to take your hand
and go for a wonderful walk
enjoying your company and the fine weather,
not just a walk up and down the block
but to the duck pond going around
before we lay down my big fuzzy orange blanket
to sit on and enjoy the beauty that surrounds.
A beautiful walk on this Saturday afternoon
would be true heaven because I would be
hand in hand with my gorgeous sweet Angel dove.

I would like to sit with you
holding you closely talking
and throughout sharing the sweetest kisses,
to sit and read and share memories,
all of that while we sat under the tree.
I want to take this beautiful walk
and just drink in all the happiness that we share,
to know that the rough times have passed
and just enjoy the beauty of my Queen
as we walk hand in hand.
It's a beautiful day my sweet one
and I truly love you so much.
So in spirit my love will you join me
on this beautiful and exquisite fun walk?

Michael P. McParland

My Sweet Beautiful Girl

It's a beautiful day here
my sweet beautiful girl
and as I sit back and relax
I think of you.
My stomach has been going back
and forth just a bit.
Feeling just fine and then turns,
I wish I could just snuggle up with you
as my stomach firmed up and got good
then later we could go out for a walk
and find the perfect tree to sit under
as we read and talked.
You are my sweet beautiful girl
and I would love to sit and kiss
as we spent the perfect day in each others arms.

Oh my sweet beautiful one you are
a work of pure art, a true treasure
and I want to be holding you
as I sit back and continue to get feeling better,
I just want to be giving you kisses
while looking into your eyes saying
I love you dear Kira you are the sweetest
and the most beautiful woman in the universe,
I want to be with you giving my everything
for all eternity.
You are my sweet beautiful girl
and I wish I were with you to spend
a beautiful day just for us two.

I love you my sweet beautiful girl
and I wish I could be with you
and you could rub my tummy until it feels
one hundred percent and totally good,
I wish I could spend the most beautiful
afternoon here with beautiful you
and then in the evening grill dinner
for both us and the kids.
A beautiful day with my sweet beautiful girl

is just what we need to heal all our wounds.
I love you my darling am reaching out
to pull you in tightly,
be filled with my strength and all of
my warm care and loving.
You are amazing and the only one
I'll ever need or be wanting
because you are my sweet girl and I adore you
my dear beautiful best friend.

Michael P. McParland

A Cozy Saturday Morning

A very good morning again
to you my sweet love,
and now having been out of
a nice refreshing shower
I would love nothing more
than to wrap you up in my arms
as we sat back on the couch
feeling so cozy as we ate a bit
and I played NCAA Football 14 on my PS3.
I long and yearn for a super cozy
Saturday morning with you
sharing sweet kisses and smiling too.
I want to spend the most loving and cozy
Saturday morning here with you.

A cozy morning of pure and total loving comfort,
to just sit back and enjoy the moment
and place where we are holding each other,
not worrying about the rest of the day
until it comes right before us.
I just want to sit looking into your eyes
of pure loving peace and get lost
in the universe of intelligence and deep caring
I see within them,
I want to be hypnotized by your smile
so very bright and exceptionally shining.
I want to be with you all snuggled up
on a wonderful cozy Saturday morning.

So my sweet one feel my arms around you
as I reach out in spirit to pull you in,
I want to spend this Saturday morn
cozied up so very close with my only one.
To give you sweet kisses as on my game
you cheer me on all along.
I want to share this cozy morning with you
because you are my one and I adore you.
I want to share good times with my best friend
and know that everything is going to be okay.

I love you so much and send all of
my love and my warmth along with the sweetest
of kisses and big hugs.
Have a great day my hero and know that I'm with you
and can't wait to share the coziest
of Saturday morning always with you.

Michael P. McParland

Morning Note 192

Good morning my beautiful
and treasured sweet Angel dove
and I hope that you are doing well
not upset, crying, or worrying
that I've brushed you off in some way
for I would never abandon you
or intentionally do something
to make you feel low
and less than the amazing Angel you are,
I don't want you to ever
feel so sad and down
worried that you have been left alone again,
I'll never leave you sweet one
for you are an amazing woman
whom to me means everything.

I was just going to lay down
for awhile yesterday after i wrote you
to continue to recover,
I would never have guessed
that I'd end up sleeping
until this morning about
till 20 minutes past us.
I'm so sorry you were left wondering
and I wouldn't have done that
had I been awake baby,
I hope you still felt all
of my comforting loving warmth
as I am always sending it sweet one.
You are my beautiful lady
who I cherish in full
and I just want to be
holding you right here and now.

I had very many strange dreams
through my sleep dear
but I wanted you to know I had
a few beautiful ones too
and they all had one thing in them

that made them so good
and that is you my beautiful girl,
it was you that made me smile in them,
I just wish I could remember to tell you
how gorgeous they were.
What matters most though
is that you were there to kiss and hold
and spend time with like you soon
will be for real my dear love.

So have a good day my sweet Angel dove
and know that as always I'm right by your side,
hand in hand always as I smile
at you my sweet precious darling
and feel all of my sweet kisses
as I send them with big hugs straight to you.
I love you sweet lady and will
be writing for you so don't have a worry,
you are my best friend, my true love,
and my beloved Angel and I'll always
be right here for you whenever you need me.
You are my hero and a truly great woman
who I will stick by forever
because I so completely and truly love you.

Michael P. McParland

Morning Note 191

A very good morning
my sweet beautiful lady
and I pray you've gotten some good rest
with sweet dreams of you and me,
spending time while we're kissing
and so tightly snuggling,
beautiful dreams of our future life together.
As I have been lying here
continuing to recover I have
been dreaming of you in all of your wonder.
I wish you were here to spend
this morning resting with me
as from yesterday I'm still
so very tired.
It would be perfect to put on
an audiobook or some music
as you got so cozy
and I tightly held you.
It would be heaven because
I would be with you.

So as I lay back for awhile longer
to continue healing and getting
my strength back completely
feel me beside you hand in hand
as I am always in spirit my dear love.
You are a blessing I will always
be so thankful for and I can feel
your sweet love all around me my dear.
I'll be dreaming of you while
I send huge hugs and the sweetest
of kisses my Queen so be filled
with deep peace and strength
knowing that you're not alone
because your Michael is here
for you forevermore.

Michael P. McParland

Night Note 194

A very good night to you
my sweet precious Angel dove.
As I get my thoughts together
so I can try to remember
all I wanted to say when I
email you babe I first just
wanted to drop in
and say God bless you
and I love you more than anything,
I truly care for you
in every single way
and I want you to always
know that's truth and have total faith,
I'd give my life for you
if that's just what you needed dear
because it is for you I fight on
and my heart sings to in full,
you hold my very heart and soul
and I just want to have you near
spending eternity feeling complete and whole.
I love you oh my gorgeous one
and give myself to you.

So please sweet one feel
and hear my heart
as it reaches and calls out.
I love you so very much
and need your arms around me now.
You are my Angel and my blessed Queen
and you are the one who is my everything.
I love you Kira I hope you truly see
because I want no other only you
because you are my true love
who I gave my heart right from the start
because I knew immediately
of your golden heart and soul.
Kira you are so very beautiful
and you need to know that's true,
Kira you are all I want because

I cherish you and our bond.
I pray everyday for your happiness
and for your return.
I love you dear to my core
because for me it will only ever be you.

Michael P. McParland

Tender Late Night Kisses

Sweet dear on this late I wish
you were here to look in your eyes
and hold you so tight in my arms,
my mouth now feels a bit better
and I would love to share kisses
with you so sweet, gentle, and tender.
Deep kisses of passion on this late night
so soft and tender would be the perfect way
to wind down a long day filled with stress
and a surgery.
Tender late night kisses with my Kira
are just what I'm craving because
you are my Angel and so very beautiful.

Dear I just want to sit back with you
spending time talking, reading,
and watching a movie as throughout
we would share tender kisses so very sweet.
It is your hugs and kisses I so truly need
because you bring me peace and heal my heart
and everything else.
I want to give you deep peaceful comfort
along with my strength through
deep tender kisses with huge hugs as well,
You are my everything and I just want
to hold you so close as I give you
all of my love.
So I pray that soon you will be here in my arms
so I can give you sweet tender kisses
to reassure you I'll always be with you.
So feel all of my loving warmth
as I reach out to hold you and dream with me
of sharing sweet tender and gentle kisses
on this late night.

Michael P. McParland

So In Love

I'm so in love with you
that it carries me beyond
the stars and moon.
I'm so in love with you
it fills the entire universe,
it's bursting at the seams
trying to keep all things in.
I'm so in love with you
just for who you are
and I thank God each day
for bringing you in my life.

I'm so in love with you
and you've renewed all great
light and hope within my heart and soul.
You have taken my hand and helped
pick me up from the hopeless place I was.
Before I found you again I had
in so many ways given up from
so many many hard years alone
and not being accepted for who I am
and I'm so in love with you because
your heart and soul are pure,
I'm so in love with you for the bond we share
and I will never want another
because you truly are the entire worlds beauty.

I'm so in love with you and your gorgeous smile,
I want to spend eternity side by side
as I hold your hand looking into
those heavenly sparkling eyes.
I want to spend forevermore holding you so close
and making love to the Angel I love more
than anything in heaven or on this world.
I'm so in love with you because you're beautiful
in every single way,
I just want you to know how much you mean to me.
You are a diamond in the rough and a gem so truly rare,
I cherish you my sweet Angel dove and I always will.

Kira I'm so in love with you and want
to hold you close to me as we spend this night,
I want to spend everyday with you sharing
all our lives.
You have not been treated right by most
of all those that you have known
and I want to help make all of that right
by giving my infinite love to you.
You deserve the very best and true happiness
and I'm so in love with you I will always
give my all and very best to make you smile,
I want you to be fulfilled and proud
as well as safe knowing that I won't leave
and that you're not alone.
I'm so in love with you my only one
I truly adore you so,
so as I reach out to take your hand and you
within my arms please wrap me up as well.
You truly are my everything, my hero
and best friend, I'll forever be your
faithful and loving Michael dear
because it's only you I'll ever need and want
through the length of time.

Michael P. McParland

Lay With Me 2

Sweet dear I am quite tired
after that surgery and I would
be so happy and honored
if you would lay down with me.
I want to have you cozy up
and wrap up in each others arms,
I cannot give kisses right now
but I would love it if you gave me
some of your loving kisses I adore.
Please come lay with me my darling dear
while I rebuild my strength from the surgery.

Come lay right by my side and after
you have shared some sweet kisses
just rest your head upon my loving chest.
I'll just hold you so very close
while I stroke your hair and rub your back,
come lay with me my darling dear
because you are my Angel Queen
and you fill me with contented peace.
Please come lay here with your man
because I love you more than anything
and want to recover from this surgery
with you right here to talk to
and comfort me in full.
I want you babe because you are my best friend
and my only one through all eternity,
we share a bond I so adore
and I just want us to share our loving warmth
as we lay here arm in arm in contented soothing peace.

Michael P. McParland

Love Note 487

Good afternoon my sweet love
and I'm sorry you didn't
hear from me much sooner sweet heart.
I just arrived home from
two hours at the dentist my love
and in just about an hour
an unexpected journey
back to the oral surgeon again.
I never get scared
but this time I am
and I wish you were here
to sit with and calm my nerves.
I love you sweet one
and am sorry if I let you down
earlier today by not hearing
from me before I left dear
and I truly love you so much
for you are my Angel and only one.

I love you sweet one and ask you
to reach out and take my hand,
I will feel better and stronger
from all of your love and strength.
I know you are with me as ever
sweet one and I thank you so much
for being my best friend and true love.

So I must now begin to get
myself mentally ready
and say a prayer for both of us baby.
I want you to know that I'm with you
and that you're not alone ever
my sweet precious darling.
Remember that I am yours sweetie
and adore you completely
because you are my soul mate
and amazing hero.

Michael P. McParland

Give Me Kisses Sweet Lady

Come lay with me my beautiful lady
and give me sweet kisses as I
pull you in so loving and tightly,
I need you my darling and just want
to lay here and hold you,
come give me kisses my sweet
beautiful lady and then rest
your head on my chest as we drift
off for a little bit.
Please give me sweet kisses
and tell me you love me
and then I can give you sweet kisses
and say I love you too my sweet darling.
Please come my dear hero
and give your Michael sweet kisses
because I want to share this night
and my warm love with my best friend,
come cozy up and let's snuggle
while sharing the sweetest of kisses
because I love you so much and nobody else.

Michael P. McParland

Love Note 486

Good afternoon my sweet Angel dove
as I sit here today taking it
one step at a time I so deeply ache
to have you right here by my side.
I think of all the things I am
wanting to share and to say
while I open my heart
and whole world to you,
a place I'll only share
in its entirety with you.
I am longing for you
and to just gaze at my
beautiful Angel I so adore,
I love you sweet Kira
and need you here to
hold in my arms as I tell you
I love you and shower you
in kisses head to toe.

Dear I still feel so very tired
and am wishing for you
to be right here in my arms
so tightly snuggling.
I am struggling hard today
feeling deep pain
without you my sweet Queen
and I am sending you the sweetest
of kisses and huge hugs
to give you all of my warmth,
love, and deep comfort knowing
I'm with you as always.
You are a diamond,
a treasure so rare and I am
forever taken and in awe
of you my sweet dear.
You are my hero and amazing
best friend and I couldn't
ask for or hope for anything more
or better than you my sweet dear.

You are a gift and a blessing
and I want to be with you
through eternity my true love.

So dear have a great rest
of the afternoon and never forget
that I'll never leave you.
I am your Michael and yours alone
because you are my Angel
I've loved since the dawn of time.

Michael P. McParland

A Relaxed And Lazy Day

Sitting here my love
and still quite tired to the bone
after a night of very light
and restless sleep I would love
to spend with you a relaxed
and lazy day sitting in
or sitting outside on a blanket
under a tree enjoying the sunny day
in the coolness of the shade.
A relaxed and lazy day
just taking things as they come
one step at a time would be
a perfect dream come true.
A relaxed and lazy day
is exactly what I want with you.

As this morning grows late my love
I send all my love to you
as I reach out in spirit to hold your hand
and hold you close so you'll feel
and know I'm there with you,
darling you are the best
and a gorgeous diamond in the rough
and I want to spend a loving, relaxing,
and lazy day within your arms
as I serve you hand and foot my dear Queen.
I want to read to you and give you
a massage too as we sit and talk
laughing all the while as we share our jokes.
A relaxing lazy day with you is all I want
because you are my best friend and true love.

Oh my sweet dear as I sit here
still feeling tired from the bad sleep
I had through the night
I dream of you and the great times
I know we would have if you were here
and I dream of all the great times
and fun we will have when we have

reunited and are in each others arms.
I so look forward to those days
and long deeply for the joy they'll bring
because you are my Angel and my fair Queen
and you bring light that fills me up.
You are my one and my soul mate forevermore
and I am so grateful for this bond we share.
Feel so safe in always knowing that I am yours
and no one will ever take me from my darling.

Michael P. McParland

Big Morning Kiss And Hug

Good morning my sweet love
and I send this great big hug
and kiss full of pure and true love
straight to you to fill you with warmth
and start your day off filled with light.
I send this great big morning hug
and deep kiss to you because I love you so much
and want you to know I am here for you,
I send to you this big morning hug and kiss
so you'll know you're not alone.

Dear I miss you so very much
and as I get up I wish you could sit back
with me on the couch and cozy up
as you have your morning coffee
while we sat so quietly and softly talked.
I send to you this great big hug and kiss
so you'll me there with you holding you
and your hand so very tight.
I wish you a good morning with this
huge hug and sweet kiss because it's
you I want as I start this day
and to have you by my side as we
fight along side by side the entire way.
Be filled with total peace and loving warmth
as I send this great big hug and kiss to you sweet one.

I wish you were here to give this
hug and kiss as I softly caressed your cheek
and whispered in your ear just
how much you mean to me.
You are my true love and my everything,
you are my sweet Angel dove I adore
to no end forevermore.
I love you my sweet and your love
and company truly are a treat,
I miss you babe and so badly want you here
because my heart truly overflows
with gentle tender love just for you.

I send you this great big morning hug
and sweet passionate kiss because you
my one and truly the very best.

Michael P. McParland

Yearning, Goodnight

Goodnight my sweet love
I am yearning so very much
to have you here by my side
within my loving arms,
I am so tired and ready to go to bed
though I'm not sure just how well
I sleep tonight my dear.
I wish that you were here to snuggle with
and kiss so tenderly with all
the love I hold within my heart and soul,
I'm yearning for your presence
and your loving touch as we just hold
each other while I gaze into your eyes
and say I love you babe and always will forevermore.

Goodnight my sweet darling dear
and though you may not believe me
right now I love you more than anything
and yearn to have you here within my arms
as you rest your head upon my chest,
all the while we'll softly talk
while I stroke your long soft hair
and rub your aching back to reassure you
that I'll always be with you
and to help relax you.
Goodnight my sweet soul mate
and feel all my loving warmth as I
send all of it to you.

Goodnight my sweet love and always know
that I am forever yours alone.
I yearn for you my diamond in the rough
and pray for your very happiness,
I want you to return so soon
so I can give you all the love I have in full.
I love you babe more than anything
because you are my best friend and Angel Queen.
God bless you dear you are so beautiful
and now as I lay down I'll be dreaming of you

with deep longing and yearning for my only one.
I love you my sweet Angel dove
and just want your hugs and kisses more than anything.

Michael P. McParland

Evening Note 104

Good evening my beautiful
and truly gorgeous sweet Angel dove
and as I've spent such a tired day
mostly resting I dreamed of you.
I've dreamed of you in all
of your wonderful natural beauty
my heart melting from your
sparkling eyes and bright shining smile.
I've dreamed of all the
beautiful and wonderful times
we've shared together
and of all the fun and amazing things
I pray will be sooner rather than later.
So now as I get up to
sit down to dinner I wish you
were sitting next to me
and just have your presence.
I just wish I could look upon you
and smile so widely
as I said to you
Kira I so truly love and adore you.

Thank you my dear for always
being you the wonderful woman you are.
I'll be dreaming of you all through
dinner and afterwards wishing
that you were right here beside me.
To just spend time talking
and sharing all of our hobbies.
I love you so much my sweet
gorgeous diamond and you don't know
just how much I yearn for
your company and soft touch.
I want and need to hold you so tightly
as I am wrapped in your arms
knowing I'm loved and accepted.
I want to reassure you
that you're not alone
and that you're Michael is forever

right here and right beside you.
I love you sweet darling
and just want you here
because you are my best friend
and so very lovely.
You are amazing and to me truly magic
and there isn't anything
I wouldn't do to make you happy.

Michael P. McParland

Come Lay By Me

Come lay by me sweet one
one this tired summer afternoon,
please come cozy up as I catch
a few more hours of restful sleep,
come lay by me my precious girl
and make me the happiest man
in heaven and on this earth.
Come lay by me and fill each other
with glowing warmth as we snuggle away
all the loneliness that has so deeply
ached inside both of us.

So please come lay beside me now
my sweet Angel dove and blessing
from God above.
Let me hold and kiss you as
we listen to some soothing music
then fall asleep holding each other
so tight and loving like we long to.
I so truly love you my darling Kira
and just want us both to feel at peace
and so contented as we lay holding each other
as on this summer afternoon we drift awhile.

Michael P. McParland

So Very Tired Tonight

I'm so very tired tonight
my sweet Angel of love and light.
I'm tired in my heart and soul
as I am very deeply missing you,
and my body is so tired to
from the aches and pains
that fill it through.
I'm so very tired dear and I need you
to hold and talk while we sweetly kiss,
I just want to be with and spend time
with the woman I love best.
I'm so very tired dear and want to have you near
because you are a diamond in the rough
and my best friend I treasure to no end.

I'm so very tired dear on this night
and profoundly so as of late,
I need you to understand so many things
and to talk to you would be so grand.
I want to hear your voice and read your words
as you share with me all your life in return.
I am so tired and I want my sacred Angel
to have faith in me and know I love you,
I am so tired and very lonely
and I want to be with you forever
healing our hearts and souls together for each other,
I just want to see all the wondrous beauty
everyday that is my Kira and tell you
that you are so very beautiful.
I want to see your shining smile as I say
a million times a day I love you babe.
I am so tired my Queen so brave
and just want to hold you as you hold me.

I need you dear so very near because
I love you more than anything,
I am so tired and I want to sit back
with you snuggling for awhile before
we slid underneath the covers for bed.

I need you babe because my heart and soul
are forever yours just like I want
my sweet Angel dove.
I am so tired dear and I want you
to be able to know and understand it all,
I love you so much it overflows
and I am bursting in tender care.
I am so very tired dear and I pray
we'll reunite so very soon,
you are my hopes and you are my sweetest dreams
and I'll stand by you because
it's only you I want to be with hand in hand forevermore,
I want you to be in my arms as my wife
through all eternity my sweet beautiful only one.
I am so very tired and I just want to
sit back with you and for awhile forget the world.

Michael P. McParland

My Sweet Girl 2

My sweet beautiful girl
as I've sat here through
this evening and into the early night
reading a bit and then spending time
with my family playing a game
I thought of you at many points
and all the fun it would be
if you were here to join.
My sweet girl I want you here
because you fulfill me babe
and fill me with endless joy.
I wish you were here to spend time
and hold close to me as we enjoyed ourselves.

My sweet girl even the nights
where there wouldn't be much to do
would still be filled with light
and joy because I would be with you.
To just look at you and say you're beautiful
as I look into your eyes
and am filled with tinglings by your
big bright shining smile and the warmth
of all your endless love and strength.
I love you babe I so truly do
and you are the one I will continue on and fight for.
My heart and soul are always yours
and I'll stand by you forevermore.

My sweet girl as I go through everyday
I think of you and say please
come home so soon into my arms,
I love you more than anything
and not having you hurts like hell.
My sweet girl I so cherish you
and even on my most withdrawn days
I want to spend time just holding you.
I love you dear more than anyone can truly know
and I just want to share our lives
and everything important that we hold.

I love you dear and want to sweetly kiss
my sweet girl as we spend a fun night
hand in hand and arm in arm
talking away the many hours.

Michael P. McParland

Beautiful Woman I Adore

Beautiful woman I adore you
so very very much,
I love you endlessly to the greatest heights.
You are my only one my only best friend
and great true love I admire
in every single way.
I love you beautiful woman
and want you right here by my side forevermore,
you are the only one I want
because you are a diamond in the rough.

Kira you are the most beautiful woman
that there is within my heart, soul,
and loving eyes,
I just want to hold you close
and put your hand upon my chest
so you can feel just how my heart
beats for you and you alone
in such deep and pure true love,
then have you press your ear there too
so you can hear it sing to you.
Beautiful woman I adore you so
and want to be with you through eternities time.

Beautiful woman I want you to see
and have faith in me that
I'm always your and will stand by you
side by side hand in hand without
an ounce of waiver on my side.
I know that you're the one
and always have,
you're all I want and I promise you.
You are so beautiful and I love you
more than anything.
Kira you are my rock and my great Queen,
you are my sweet Angel dove
who's a gift and blessing from up above.

Michael P. McParland

Off To Bed 3

Goodnight my sweet love
and I'm off to bed
to dream of you again.
To hold you and kiss you in dreamland,
while we sit by a river
relaxing under our tree.
I'm off to bed to dream of the
woman I love and hold her so tight
while I kiss her so sweet and deep.

I'm off to bed my sweet one
and I wish you a beautiful
goodnight my gorgeous girl.
Feel all of my loving warmth
as I send it to you
and know I am with you always my dear.
I love you so much
and will be yours forever my Angel
because you are a treasure
I so truly admire, adore,
and will cherish forever and ever.

Michael P. McParland

In Pain

I'm in great pain here
so missing you.
I'm in great pain not knowing what to do.
I am withdrawn deep in my own world
at a loss of words near complete and whole.
I am in pain in so very many ways
and you don't know most right now
or see just how they are effecting me.
I love you babe though at times
you don't believe I do
when all I want is to be with you,
to tell you how I feel about everything
within the heavens and the earth,
to rest my head next to yours
and tell you of all the love I feel for you.
I am in pain and inside my chest
it all burns with need for you my only one.

I am in pain because I miss you dear
and I truly love you more than anything.
Outside my family you are my only friend
and you are the best one that I can dream,
I adore you so my Angel Queen
and I am filled with pain as I don't
have you close to me to feel your touch
while I hold you tight and kiss you sweet,
the pain is great when you are without
your everything and you can't share with them
everything you both have faced through life
and face each day hand in hand.
I miss you babe and need you here
because you're the one I love with
every single bit of my heart and soul forevermore.

I miss you babe and knowing
I'll get your good morning messages
that brought the sun right to my door
and sending them with smiles right back to you.
I miss your goodnights that helped me

not fear closing my eyes because
the nightmares came so little with your loving words,
and I miss sending you the sweetest ones
that I knew would help you smile
and know for sure you're not alone.
I'm in pain over not seeing those
and waiting oh so long to pull you in
and caress your cheek as I say I love you
more than anyone or anything,
I want to be right by you
giving you all the love I have with all my best
to always make you happy and so very proud.

I'm in pain right now dear from many things
but above all it's missing my most beloved
person on this earth.
You are my rock and you are my heart,
hear as it sings all my favorite love songs
to you in full voice to let you know
I'm always yours and right by your side.
I love you dear and life without
my Queen and hero is horrible,
you are the one I've prayed for everyday
since before you knew and I'll always
stay faithful to you my dear.
God bless you for the gift you are
and never forget I am right here for you.
I love you dear and I'm in pain without you near
because my heart is all yours and it will be through all time,
I just want my sweet Angel dove right here with me.

Michael P. McParland

Night Note 193

A very beautiful
and good night to you
my gorgeous sweet Angel dove,
as I sit here reading
and watching a film
I so deeply achingly long for you.
I adore you my Angel
and need you embrace badly,
I want to spend a
good night with you
relaxing and healing.
I send you the biggest hugs
and sweetest of kisses.

Feel my arms around you sweet one
as I reach out to hold you so tight,
I'll never leave you and can't
imagine a life without you.
I love you sweet Kira and long
for you deeply because you are
my diamond and rare treasure
I cherish completely.

Michael P. McParland

Sunday Evening Missing You

Good Sunday evening dear
and after a long sad day
of loneliness in bed I now rise
and first above all else
want to say I love you dear.
I miss you so much and ache like hell,
I just want to spend this evening
with you in every way.
Having fun as we talk and more,
just being close and strengthening the bond we share.
I want to be with you my only one
on this Sunday evening in which I'm missing you.
I want to have you near to me
because yearn to kiss you sweet and share with you
all that's good within this world.

I miss you dear and as I rise
there is a heaviness inside me babe.
I long for my best friend who fills
me with joy and light, endless cheer.
I miss my Angel who is my heart
and holds it with my soul,
I just wish I could be with you
on this Sunday evening now.
I adore and love you babe
and truly miss you so.
Please come so soon so can have
every Sunday into total bliss
sharing life just like we need and want.

Michael P. McParland

Night Note 192

A very beautiful good night
to you my most beloved,
beautiful and treasured Angel.
Yesterday was a sad one
as I missed you so much
and all of the fun that we shared
so I felt so very tired
and spent most of it
dreaming in bed
and now that I'm up
I wish I could hold you
so very close as we got ready
to spend a fun night
with each other
reading, talking, listening
to music, audiobooks,
and watching a movie.
I miss you sweet lady
and want you here to be with always.

I'm sorry sweet darling
as in my loneliness tonight
I am short of words.
I just feel quiet and withdrawn
without my sweet darling
so know that it is in no way
from anger or something personal babe,
feel all my love as I send
it your way and reach out
in spirit to hold you so near.
Kira you are my Queen
and my beloved everything
and I would do anything
to have you right here with me.

Michael P. McParland

Come Sit With Me Dear

Come sit with me my sweet dear
and just relax here on a quiet
early evening in each others arms tightly.
Come sit with me dear and just sit back
to stay cool as we talk and chase away
all of the tired loneliness.
Come sit with me dear for I need your kiss
and to feel your soft caress,
come sit with me dear because
I love you so much and you're truly the best.
I need your presence and your warm embrace
because you are my sweet Angel dove
and everything I'll ever want.

Michael P. McParland

Craving You

As I awake and get moving now
I crave your company and kisses too.
I want to be in your arms now
shaking off this sleep
and waking sad and loneliness I have.
I'm craving you and all your love
as we spend this time just snuggling.
I love you dear and want you now
because you fill me with light and hope.
I'm craving you so I can give
all my love as I hold you close
and say I love you babe.
I'm craving you in all ways because
you are my best friend, my hero,
my soul mate, and my sweet Angel dove
so very beautiful and oh so great.
I love you dear you are my everything
and I'm craving you because you are my dear Queen.

Michael P. McParland

Come Join Me Babe

Come join me sweet one
and let's cozy up to read
just a bit before we turn in.
I'm feeling quite tired
and want to sweetly kiss
while I snuggle and wind down with my baby.
Come join me dear one and wrap up
in my arms to get so warm and cozy
before we go to sleep.
Come snuggle dear and let's read
for just a short bit.

Come join me babe so as we lay down
and get under the covers I can
just look in your eyes and tell you
that I'll always be your loving man,
that you are my Angel and beloved Queen,
please come my sweet one and make me
the happiest man that's ever lived,
come join me my Queen so I can honor you
and make you the happiest and most
proud woman there's been since time began,
come snuggle up my sweet Angel dove.

Come now sweet babe and let me
pull you so tightly in.
I want to kiss you and read before we sleep.
I want to fall asleep in each others arms
feeling so very safe and completely secure.
I love you sweet one more than you
can possibly know and I want to be
holding you through the rest of time.
Come now my sweet babe to snuggle
and sweetly kiss your loving Michael,
I miss you so deeply and love you so dearly
and just want to fall asleep in
each others arms feeling so cozy under the covers.

Michael P. McParland

Night Note 191

A very wonderful and beautiful
good night to you my sweet Angel dove
and how I wish you were here
to snuggle so close while
I finish my movie before bed,
to also cozy up and do
a bit of good reading as well.
I need you sweet love
so near in my arms because
you are my treasured true love
and beautiful one,
I want you here because you
are so wonderful
and spending time with you
is truly so much fun.

I so hope you are having
a good night my dear
and that you feel me right there with you.
I'll never leave you babe
and that is pure truth
because you are my everything
and I can't bare to lose you.
Please come soon my sweet one
so I can hold and kiss you
through all time
and to help you feel safe
and secure as I'll always
protect and do for you
everything that I can for you
through all time.
I wish I were holding you right now
soothing and reassuring you
that I'll always be with you.

Sweet dear how I want to be
with you here before bed
to snuggle up tight as we
finish my movie and then read a bit,

I just want my beautiful lady
to sit and to talk
as I also give you sweet kisses
that fill the soul with pure light.
I love you so much and just want
to feel your soft loving touch
as I look in your shining eyes
and see your bright smile
as I confess my heart to you
about how amazing you are
and thank you so much
for always standing right by my side.

Michael P. McParland

I Want My One

I want you here my one
wrapped up so tight within
each others arms.
As I rise from my rest now my one
my stomach feels mostly better
my precious dear,
but once again the anxiety is here
and I want so much to be with you.
I want my one my Angel sent from God
to snuggle up with as we spend the night
doing all the things we love and want,
I want my best friend whom I hold so dear
within my soul and heart.

I want you my one a true blessing
whom I can share everything,
you're the one who cares and accepts me
for just who I am just as I love
you for you a wonderful soul,
I love you Kira and I want you here
because you are the greatest thing
that's ever happened to me.
I want my one my shining star
because you bring me such joy
with total peace and calm.

Michael P. McParland

Come My Sweet Soul Mate

Come my sweet soul mate
and snuggle up with me.
Dinner is over and it is time
to sit back and relax with each other,
come my sweet one and let's heal
our souls and hearts with
our most beloved one and soul mate.
Come my sweet one and cozy up
tight here with me so we can
just spend time relaxing, resting,
talking, and just having fun
as we want to do.
Come my sweet soul mate
because I so love you.

Come my sweet soul mate
and wrap up with me,
my stomach aches slightly
and I want you here next to me
as it will get feeling better,
I want my Angels arms around me
as we rest our heads next
to each others and speak
so very softly,
I want to put a light kiss
on your ear as I lovingly whisper
Kira I love you so much my gorgeous dear,
you are my everything and forever
I want you near to be able to share
a wonderful life and world with.
Come my sweet soul mate because
you are the one I want and need forevermore.

Come my sweet soul mate
and give each other deep comfort,
let's spend the night and evening
just sweetly kissing while holding each other.
You are my lady and greatest desire
and I just want to lay with you

while my stomach starts feeling better.
Come my sweet love and let's
snuggle so tightly just enjoying
the wonder and greatness
of each others loving company.

Michael P. McParland

Love Note 485

Good afternoon my very beautiful
and most beloved sweet Angel dove
and how I so truly hope
that your day has gone well,
I'm sorry I didn't write sooner
my adorable girl but I had to
run right out the door
when I awoke a few hours ago,
I had an appointment
with my new therapist
and it is you that gave me
all the strength that I need,
I pray that you felt all the
loving strength that I sent
with the sweetest of kisses
with my hand in your hand the whole day.
I'm reaching out to hold you
so tightly so never forget
I am always right there beside you.

I love you my Queen
and wish you were here to
unwind after that with me.
To sit back and read the
novella I am currently on
with me and just enjoy
the nice sunny afternoon that's going on.
I'll be smiling big as I
dream of you and feel all
of your love surround
as I always do my sweet love so fine,
I'll be thinking of you
and know that you're near.

So have a good rest of the
afternoon my dear darling
and know that your Michael
so truly loves you.
I'll always be with you

and right here if you want
or need me because I will
never forsake my gorgeous Kira,
my hand is in yours forever and ever.
I love you dear lady
and am so eager to have you with me
so I can always give you
my everything and just share
the best times with my only lady.

Michael P. McParland

A Sweet Goodnight Kiss

Come wrap up within my arms
so I can give you this sweet
and wonderful goodnight kiss to you.
Come snuggle and we'll both be
filled with peace as we now go to sleep.
Please sweet one come wrap up with me
so I can give you this kiss so sweet
and then look in your gorgeous eyes
and say I love you so very much.
Kira I have for you a sweet kiss goodnight
and want to give it to you
as I hold you so very tight
and just say that you truly are my everything
and you are the Angel that I love and want for all time.
Goodnight my love and feel me right the
by your side and know that I will
always be right there by your side hand in hand forevermore.

Michael P. McParland

Please Come Hold Me Tightly

Please come hold me tightly
my sweet Angel of true and loving light,
please come hold me tightly
as this anxiety of mine has taken flight.
I am feeling shaky dear and your
arms are those of which I need
as I also hold you so close to,
I need and want to hear your loving
soothing voice as I say thank you babe
and give you a tender kiss.
Please come hold me tightly babe
because you are my everything.

Please come hold me tightly dear
because I'm in need of my best friend.
You are the one that I adore
and fills me with peaceful love
I always thank you and God for.
You are my only one and it's just you
I want to be with as this anxiety hangs on,
being held by you while I hold you
and we talk too are the very cure
for all these awful nerves.
I love you Kira and I want to kiss you so
while we just sit and hold each other near
healing all the things we need
feeling safe and secure.

Please come hold me tightly dear
for after a very restless rest
it is hell to wake with all
of this deep anxiety.
I need you because you're you
and that's what I love is that you're true.
I love my Kira for who she is
and you soothe my very heart and soul
so please come hold me tightly dear,
I need you through all life by my side
because you are my rock and I want

to always be yours as well.
Please come hold me tight
and let me kiss you so very deep
and we just snuggle away all the things
that hurt inside and restore to each other
all of our deep and joyous pride.

Michael P. McParland

My Dear Sweet Kira 3

My dear sweet Kira how I adore thee,
you are everything I want and need
as you are the holder of my
very heart and soul,
a treasured gift I'd only ever give
to my golden one.
I love you so very much
and admire who you are.
My dear sweet Kira you're
a diamond in the rough I so treasure and adore.

My dear sweet Kira how adorable you are,
a kind, loving, and giving woman
so very gentle and beautiful.
Each day I love you more and more
and I want to marry you and be
the King for my Queen for eternity.
I love you Kira so tender and very deep,
I hope you see and know just how much
you do and always will mean to me.
You are the only one I so truly love
and want to hold you close
while I share myself and all I have in full.

My dear sweet Kira you are the Angel
I've truly waited for and sought out
through all these very years.
I've never given up and though I know
you won't either I still ask
that you never give up on me or our
very happy and comforting dream
which makes us the most joyous couple
that's ever been.
My dear sweet Kira I love you more
than anyone or anything and just
want you here with me because life
without you is a painful and dull thing,
I love you so much I want to give you the universe.
My dear sweet Kira don't forget

I'm here for you and will always stand with you
giving all I have because you are my Queen
and one true love.

Michael P. McParland

Return To Me 2

Return to me soon my sweet Angel dove,
return home into my sweet loving arm,
I am homeless right now not being in yours
and I feel so sad and lonely
without my only girl.
Return to me dear and let's work through all
because both love each other so very much.
I miss you sweet one and need your soft touch
as we just snuggle, kiss, and softly talk.

Return to me soon as on tired
mornings as these I just want
to lay here with you holding you close
and spending good time doing
so many things that help
revitalize and recharge.
Return to me soon because I want
to be with my Angel who's so very good.
I want to be with my eternal best friend
and that is you.

Return to me my sweet love because
I love you and have so very much
to always give you.
I want to be near you telling you
you're so very wonderful
and exceptionally beautiful,
I just want to share all those
wonderful things that we always used to.
I love you sweet one more than anything
in heaven or this world and on a
tired morning like this I just want
to lay with you feeling deep warmth.
Return to me darling for you're so amazing
and all I've ever wanted is you and your company.

Michael P. McParland

I Miss You (Tonight)

It's been a long day my sweet love
as are all days without my only one.
Add in the heat with a stomachache
and it's been a hard one in many ways,
I wish I could hold you as I feel
a good bit better my dear
because I so dearly love you
and miss you like hell.
I wish that I could hold you tonight
and spend such quality time
talking, kissing, and other things
that fulfill our souls.
I miss you my sweet love
and want to spend tonight in each others loving arms.

I miss you my darling and just want
tonight and all nights with my
only true love,
I just want to be holding my
beautiful and amazing best friend,
I love you sweet lady and want you for all time
because you are a great woman
that deserves so much more than she has gotten,
I just want to give you all of myself
and the immense love I feel for
my sweet Kira an Angel,
I just want to always know heaven as I am with you.
I love you sweet Kira and so dearly miss you
and just wish we could spend tonight
together in sweet throws of passion.
I only want you because you're amazing.
I miss you sweet darling and am reaching out
to hold you in spirit,
so be warmed and feel comfort as we both
think and dream of our beautiful future,
God bless you my Angel for you are the greatest.

Michael P. McParland

Love Note 484

A very early good evening
to you my sweet beautiful girl.
Not much goes on here
but I wanted to drop in
and say I so dearly love you.
I'm not feeling well
and wish I could sit
or lay back with you
while we talked or perhaps
you would read to me
as I rested a bit waiting
for these churning and aches
to stop at last
and we could then carefree
enjoy the rest of the evening and night.
I wish I could sit or lay back
with you while you rubbed my big tummy
both feeling safe and secure
with our best friend we so adore.

I love you my sweet one
and need you so near.
You are a goddess and Queen
to me and I truly want to
give you my best always
and strive so hard to make you
the happiest and proud
woman there is because
you are an Angel
and diamond in the rough to me,
God bless you sweet girl
for being so pure in heart and soul
and for being my everything.
I so truly love you more
than anything anywhere
my precious jewel,
I will always be yours
and yours alone no matter what
my sweet true love.

So my sweet love feel surrounded
in all my loving care
and know that as I lay back
waiting for my stomach to settle
I wish you were here to rub it
as we talked, passed the time,
and perhaps you would read to me
as I rested next to you so peacefully,
I love you sweet girl more than
anyone can truly know.
God bless you sweet girl
and feel all these sweet kisses
and huge hugs I send to you
for you are my best friend
and only one forevermore.
There will never be another for me
because you are my soul mate and magic,
you are a gift and blessing
I will not forsake because
you are all I ever wanted
my sweet Angel,
you are my Kira and that's the greatest thing
that I can ever dream of babe.

Michael P. McParland

Wanting You Here 2

As I have very slowly gotten up
and moving around this afternoon
my sweet love all I've been wanting
beyond a few other things
is you right here with me.
To have and to hold as this day
goes along and to just look
in your eyes and say I love you babe.
I miss you my dear and you are
the one I'm wanting here
because you are my love
and it feels so very good to talk to you
and sweetly kiss while I hold you near.
I am wanting you here because
you are my Angel Queen that fills me with cheer.

Kira you are my everything and my
sweet wonderful dear and I am wanting just you
to have so near to me,
to read and to sing because I love
and trust you in every way,
I am wanting you here as I start my day.
I love you my one in more ways
than can ever be counted my sweet Angel dove.
I'm just wanting you here to share everything
because you are amazing and I truly see you
as the perfect woman whom I so adore
and will always stand by giving my all an everything.
I will always be yours my sweet love
because you're all I'll ever be wanting
and needing forever my dear love.

Michael P. McParland

In Each Others Arms (Goodnight)

The hour is late and I am so tired,
I know you are as well my sweet Angel
and bright shining diamond.
Come now to bed and wrap up in my arms,
please my sweet love wrap yours so tightly
around me as well.
I love you my dear you truly are so beautiful
and I wish you a goodnight as we
fall asleep peacefully in each others arms.
I love you my sweet and just
want to give you all of my loving warmth.

Goodnight my sweet one and I send you
sweet kisses so big and full of deep love.
Let's wrap up so tight and revel
in our deep caring bond just knowing
that all is good because we have
each other through all time.
Come now my baby and snuggle so tightly
because I just want to end this night
with the woman who loves me
and I love so strongly.
So please come my sweet darling
and share goodnight kisses so sweetly
as we fall asleep contentedly in each others arms
feeling so happy.

Michael P. McParland

A Stormy Evening Snuggling

It has been a very stormy evening
here my sweet precious dear.
Heavy rain with severe lighting
and thunderstorms having passed mostly now,
it knocked out the power
for a short while and I would have
loved to be snuggled up with you
through it all and during this whole evening.
I would have loved to be with you
as it was all passing just snuggling tightly
and kissing so sweetly.

How I would have loved to be able
to hold you so tightly while
stroking your hair and rubbing
your back gently as we had just talked
and read from my kindle
as the storm passed by and on,
I would have loved to spend
this stormy evening with my dear beloved sweetie
in each others arms always feeling
so safe from all things in the world.
A stormy evening snuggling with you
would have provided a beautiful thrill.

It's been a hell of an evening dear
with the storms that have passed through here.
I thought of you through it all
and while power was out I sat back
and could feel you all around.
I wish you had been here to hold
in my arms and just be able to spend
a truly comforting time.
I love you sweet lady and wish we could
be here snuggling so tightly
because I miss you my Angel
and I just want to hold you
and kiss you for eternity sweet lady.

Michael P. McParland

The Sweetest Of Kisses

I send to you my dear Kira
the sweetest of kisses ever.
I send the sweetest of kisses
with huge hugs and a signed
love note from my soul.
I love you sweet woman
and send you kisses in the billions
because you are my Angel
and true love who means everything
to me and you are my universe.

I send you the sweetest of deep
kisses so filled with love
that they shake the earth
from all the passion they hold.
I love you my sweetie and so
want you near me that
since we can now do is in spirit
I reach out to hold you
while I deliver these sweet loving kisses
I am from my tender loving depths sending.

I send you my true love the sweetest
of kisses because I want to
fill you with warmth and honor you my true love.
You are so darling and adorable
beyond all earthly measure
and from day one I've just wanted
to wrap my arms around you and hold you so tightly.
Sweet sweet girl I send these
sweetest of kisses just to you
because I'll be yours through all time.

Michael P. McParland

You're My Everything

As I awake not feeling very good
and filled with such anxiety
in large part because I awoke
from a nervous dream where I was without you.
I was without Kira the one I love
more than anything in heaven
or on this very earth.
You are my everything my only girl
and the thought of not having you
within my arms is the worst
nightmare that there is.
You're my everything my Angel Queen
and I want to be with you right here and now,
you are the only my best friend so beautiful
and I need you more than ever my sweet dear.

You are my everything that fills
my heart and soul,
you are the beautiful best friend
and true love I've always sought
and waited for because you the perfect girl.
I miss you so very much because
you've touched my very soul,
yours sing and speak to me in every way there is.
You truly are my everything
and I will stick by you forevermore
because I want no one else
because I am yours alone.
I just want to hold you close
and give you all the loving thanks I have
and always give you all I can.
I love you babe you truly are my everything.

You're my everything and I want you
here next to me so very very soon.
It truly is so hard in very many ways
to go through each day that is
without my sweet one so great,
it is miserable without my beautiful babe.

You truly are my everything
and I need your arms around me dear.
We share a bond I truly am so happy of
and I adore you my beloved one.
You are the only one I'll ever need
or ever truly want because from
when we met I fell in love
and knew right then you would always be
my only one and everything.

Michael P. McParland

Dear Love 2

Hello my sweet beautiful dear
and a very blessed good night to you.
It is hot in the apartment my dear
but it has cooled down very well outside,
I would so love to just sit on a porch swing
with you so close in my arms
or to lay out on the grass snuggling so tight.
I love you my dear one and want you here
to be with me side by side just taking in
the beauty of our love and the world that surrounds.

Oh my dear love listen closely as
my heart sings out to you,
feel my arms wrap so tightly around you
in spirit with my many sweet kisses
as I reach out in spirit.
I love you dear one and feel such deep
and moving stirrings of passionate
desire for you.
You are the Angel I want to have near me
and just spend time with doing everything.
Dear love I so miss you and long for you deeply
because to me you truly are the entire worlds beauty.

Sweet dear love you truly are
all that I'll ever want.
You are a treasure and such a rare prize,
you deserve all the best that
there is and I will go my very lengths just for you,
you are my dear love and center
of my whole universe.
Kira you are my best friend I've always held dear
and there isn't anything that I won't do
to always give you all of myself
and my best to make you happy and proud.

Michael P. McParland

Evening Note 103

Good evening my sweet one
and it is still a fairly
hot one yet,
the humidity is murder
and sitting with you in front
of the cooler is still my sweet
beautiful dream of you
my gorgeous lady.
I just want to star this
evening time
by cooking for my dear lady
and doing some fun reading,
that is what I am planning
on doing and will be thinking of you
while sending sweet kisses
and huge hugs to fill you
with all of my warmth and
endless deep love.
Sitting with you on this still
very warm early evening
is everything my heart and soul
are wanting and needing.

So my sweet darling
have a good evening and know
that I am right there with you
in spirit.
Listen for my voice
as I whisper across the distance
I love you sweet Kira,
I will always be yours
forever and ever.
I will be sitting in front of the cooler
just dreaming of my sweet Queen Angel
and knowing those are the most
beautiful times for which I am ever waiting.

Michael P. McParland

Deep Love That Fills

For you deep love fills
my entire heart and soul.
There isn't a part of me
in any way that isn't filled
with deep endless love just for you.
You are my Angel and you are my rock,
no way would I ever leave you
because I don't want to lose my only true love.
You fill the void that only
a best friend and angel can
and I am filled with deep love for you
among so many other great things.

I am filled with deep care and admiration
because in so many countless ways
you are an inspiration to me.
I am filled with deep awe
and so very much deep and endless thanks
for all the loving care you give to me.
For you I am filled with deep love
that can only ever be known
for so very few.
You are my favorite person
I hope you know.

Deep love and care fills me up for you,
if only there was a way I could help you
know by feeling just exactly that which I do.
It fills every part of my mind,
heart, and very soul, it is in fact
overflowing sweet dear.
I love you so much because of
just who you are and I want
to be with you for the rest of time.

Michael P. McParland

A Hot Afternoon

It's turning into a hot afternoon
here my sweet dear and one to which
I would love to just spend in the house,
a hot afternoon in which to just
turn the cooler full blast and spend
it with you while we relax.
It's turning in to a hot afternoon
and the best way to beat that
would be spending time with in front
of the cooler with a cold soda or two
to share with beautiful you.

Darling it's a hot afternoon
and I would love to grill for me and you,
so together we could cook
and then inside enjoy such a good time.
I want to spend this hot summer
afternoon with you enjoying
those fun and good summer time foods
as we stay cool and do all
the things we love to do.
Darling it's a hot summer afternoon
and I wish I were with my Angel best friend,
I wish I could cozy up with you
as in front of the cooler we were so comfy dear.

Darling you are the holder of
my heart and soul and on all types
of exhausting days or ones that
leave one uncomfortable in any way
I want to spend with you,
you give comfort and help make all
things feel tolerable so on a hot afternoon
it is with you I want to stay cool
and enjoy the day in full.
We would enjoy our grilled lunch
and then snuggle up in front
of the cool blast keep each other feeling
that perfect warmth.

I love you my sweet and just want
you to be here with me sharing the
most loving day as like always
we give each other our everything.

Michael P. McParland

Good Morning Sweet Love 2

Good morning Kira my gorgeous sweet love
and how I so badly want and need you
my dear Angel and hero so we can
both give each other the comfort we've needed.
I love you sweet girl and want to start
this day in your arms kissing and smiling
and just being built by my beautiful lady
and all of the true love surrounding.

I just so wish I were with you
my sweet love to have a great day
and be able to forget all fears.
Sweet love I want this good morning with you
because you are my Angel and a blessing
that I truly am thankful for
and you need never worry because I'll never leave you.
I love you sweet lady and wish you
a beautiful good morning and to have
a great day where I will be with you
in spirit the whole way.

Michael P. McParland

A Comfortable Summers Eve

As I sit here my sweet dear
in this summer evening
I can see in my head so very clear
a perfect and comfortable
setting for you and me,
us lying down on a blanket
under the stars and the moon
while we just held each other
getting lost in the cosmic sensations.
A comfortable summers eve with
each other is what my heart
is achingly longs for
as we just get lost in the beauty
around us and the bold beauty we both
hold deep inside us.

A comfortable summers eve for just us,
a picnic under the moon and stars
on my big fuzzy orange blanket that's cozy.
A picnic with our favorite foods
and we'll be swimming in true love,
enjoying the depths of the unconditional
and never ending river that flows from our hearts,
after eating and enjoying that part
comes the best bit of closeness,
kisses, and great big smiles with snuggles.
This would be the perfect comforting
summers eve with my beloved Kira,
the perfect evening with the woman
I'll truly love forever and ever.

Kira my darling I so love you
and as it finally cools down a bit dear
I wish I could go out and lay down with you.
We would go to the park and just
spread out the blanket for us to lay
and then I would just pull you so tightly in.
That would be perfect and I dream of when
those days will be coming.

I love you my lady and can't wait
to have these comfortable summer evenings
because you are my Angel and you make
life worth living by sharing yourself
and time through such beautiful moments in life.

Michael P. McParland

My Dear Angel 2

Kira you always have been
my dear Angel I so adore,
and as I was filled with anxiety
as I woke from my rest shaking
I took comfort in all of your love
and steadiness has continued to fill me up.
Being surrounded in all of my dear Angel love
has as ever helped keep me afloat
and given me reason to hope.
You are my dear Angel so great
and my very beautiful soul mate.

You are my dear and beloved Angel,
you are my never ending hero
and beautiful best friend
and I thank you for sticking by me to no end,
I love you so much and wish I could
pull you in to sweetly kiss
and just hold you there till all
the anxious nerves have passed
and further on still just
letting you know how special you are
and that I'll be your man
through all space and time.
You are my dear Angel
and my heart is yours for eternities time.

You are my dear darling Angel sweet dove
and I am sending you all of my thanks
and my deep warmth,
I can't imagine or believe that there
is a better woman I could ever have
when there is you a true blessing
and gift straight from God in heaven,
with you I'll never be in want of another.
You are my dear darling Angel
and my sweet everything and I want to be
holding you forever and ever.
God bless you my Kira and remember

just how much I truly love you
and know that I will give you all that
you need and all that I have
when we have reunited in pure joy and fulfillment.

Michael P. McParland

Love Note 483

Good afternoon my sweet love
and as I sit here aching all around
a restful Sunday with you
is truly all that I want and need.
My body is hurting and I to move
is a pain and my heart is aching
for it to be just you and me.
So as I recline back now
to rest me eyes and body
I wish I were snuggling with you
while we listened to my brand new audiobook.
A restful Sunday with you
the woman I so love is just what
is needed in all sorts of times.
I love you my Kira and want
to be in your arms
sharing an afternoon so quiet
for just me and you before
a lovely evening for us and the kids.
I am hurting sweet darling
and need you here.

I love you sweet darling and need you
in this peaceful time
and place for a restful Sunday
because you are my Angel
and it is you that I will always
give myself too and always be
wanting and standing next to.

Michael P. McParland

A Restful Sunday

Finally up and moving on this
Sunday my sweet beautiful darling
and it needs be a slow moving
and restful one.
My arthritis is screaming
from all the humidity and I am in
pain my darling Angel.
It isn't just that that gives me want
for a restful Sunday my love,
I just want to spend the day at you side
feeling your love and giving you mine.
I just want a restful Sunday sharing things
and spending time away from
all the madness of the world in this time that is ours.

My body is aching sweet love
as I know yours is as well
and no doubt at all that our hearts
ache, yearn, and so deeply hunger
to be together.
So what could be better than
a restful Sunday together that's so filled
with sunshine and beautiful birds singing?
What could ever be better than sharing
a beautiful Sunday relaxing
with your most beloved and adored Angel?
I just want to be with you my amazing Kira.

A restful Sunday with you my dear Kira
would help make all the pain in life
and my body diminish greatly,
to just sweetly kiss and snuggle
while talking and doing so many other things,
those truly are the sweetest of dreams.
God bless you my Kira and I send you
millions upon millions of sweet kisses and smiles
and will be dreaming of a restful
Sunday with you in my arms.
Remember I'm with you and so dearly adore you

and can't wait till we have come back together.

Michael P. McParland

Evening Note 102

A very good evening to you
my sweet Queen I feel so very
winded and tired after
just getting home from
a bit of shopping.
Now the perfect fit for this night
would be to turn on
the cooler and curl up with you.
I would love nothing more
than to be with the woman
I so truly adore spending time
with each other nuzzling
and snuggling as we
wound down the day and night
together feeling better and better
as our hearts are healed
by the unconditional love
we share and hold for one another.

Sweet love I know I may say it
many times but it's because
I want to make sure you always know
I am yours and want you around,
I want you to know that you're not alone.
Sweet sweet Angel love of mine
I need you so much and just
want you here now within my arms,
this late evening and night with you
are just what is needed for you and me
two best friends in love
with hearts so in need.
You my sweet Kira are all of
my sweetest dreams.

So as I now sit back my dear darling
to catch my breath and cool down
from all of the running around shopping
I send you big smiles with kisses
so full of love and deep caring,

I will be dreaming of you
and all of the wonderful things
I can't wait to share with
my sweet beautiful girl.
I love you dear Kira
and want to have every evening
right beside you because
there isn't anyone anywhere
that I know would be better
to spend time with.
I just want to hold you
my Angel while giving you
the sweetest hugs and kisses.

Michael P. McParland

Take My Hand My Best Friend

Take my hand my best friend
as I reach out tonight and feel
all of my love as I hold you so tight.
I wish we could share this summer
evening my love just sitting on a swing
on our porch my sweet dear.
A few cold beers in hand while we
talked and read would be the most
magical thing there could ever be.
Take my hand my best friend
as I reach out to you and let's
share some sweet kisses
that feel even in spirit so very good.

Take my hand my best friend
and know you are loved by that I would ask,
it is your hand I want to hold
on this summer night as we would snuggle,
talk, and make out,
I just want my best friend here by my side
to share everything because you are my diamond.
I love you my best friend and want
to hold you and your hand while
we sit back snuggling in the sunset,
I can't imagine a nicer evening.
So take my hand my best friend
because to me you are the perfect woman
and Kira there is nothing else I want
but you and your amazing company.

Michael P. McParland

Sweet Saturday Kisses 2

Up now my sweet love from
a fairly refreshing nap
and soon I must get too my chores
and finally finish them up,
but while I wait for the irritating
moan and creaks of my body
to subside a little I wish
I could have you here beside me
sharing sweet Saturday kisses
with a big snuggle and nice snack.
I want to fill all this days gaps
with the sweetest kisses we'll ever want.

Sweet Saturday kisses with you
my beautiful and adored Kira,
to just be with you forgetting all stress
and feeling the weight of the world
lifted from my heart and soul,
I wish I could be sharing
sweet sweet Saturday kisses with gorgeous you.
So in spirit my love I send you
my hearts song along with all
of these sweet kisses so full of warmth.
I can't wait till the time
when we're sharing them whenever we want.

Dear I send you sweet Saturday kisses
to soothe your beautiful heart and soul.
There is nothing more in heaven
or on earth that I'd rather be doing
or have but you here in my arms just spending time.
You are my Angel and my treasured Queen
and I want nothing more than to serve you
and give you all that I have.
So as I sit here this afternoon dear
I give you big smiles along with
the deepest most passionate sweet Saturday kisses.

Michael P. McParland

Love Note 482

A very good afternoon
to you my sweet beautiful love.
I just finished a wonderful film
and I wish you had been here
to join me for that
and now this short afternoon rest.
My batteries seem to drop
so fast and easy so I am
in need my dear love of a recharge.
I wish you could just
wrap up in my arms for awhile
so we could peacefully rest
before I finish all the chores that I have.
So as I close my eyes
I'll be dreaming of you
and sending sweet kisses too.
I will be reaching out to you
to pull you in and give you
all of the endless love
I hold within.

So my sweet one please
be patient with me and know
I am feeling quite tired.
Come and wrap up in my arms
for a few hours in spirit
to just snuggle and share sweet kisses
as we drift together,
just feel all of my love
forever fill and surround you.
I love you sweet Kira
so rest your head on my chest now
and let's comfort each other
in all of our endless true love.

Kira you are my sweetie
and it is of you I'll be dreaming,
as I reach out my sear darling
grab my hand so tight

and give me your smile so bright.
I am longing for your company
and your loving soft touch
that will cure so many hurts
that this world's caused.
I hunger for you in all
of your divine love
and sweet presence.
I love you my one
and am dreaming of you
in all of your beauty
so as I now lay down
for a small rest come cozy up
here in spirit and let me
give you all of my deep loving strength
and endless comfort.

Michael P. McParland

Good Morning Sweet One 3

A beautiful good Saturday morning
my most beloved Angel and gorgeous girl,
after a night of long and such very needed sleep
I wish I could hold you right now
and say thank you my dear for everything
and I truly do love you more than anything.
I wish I could sit and hold you
on this Saturday morn as I pull myself together
and get ready to take on this day,
I wish I could take it on hand in hand with you.

Good Saturday morning my sweet love
and after so many tired and stressful days
I just want to spend this morning
and day in your arms.
Surrounded in the warmth of the one I so love
and want to be with giving all that I have
for eternity my true one.
Saturday morning with you is my big wish
for us both as we cling together arm in arm.

Kira you are my sweet one and I want
to see you, be with you, and give you
everything to make the perfect morning.
To start the day right with sweet kisses
like these ones that I send you,
I love you sweet lady and need every morning
and day to begin with you
because you are my Angel
and the crown jewel of my heart
who I adore so.

Michael P. McParland

Evening Note 101

Good evening sweet love
and what a long tired day
it truly has been.
I wish I could have spent
it with you having a good time
as we took it a moment at a time
to enjoy every one.
Now I wish you were here
to enjoy a sweet summer
evening as well.

So now as I sit here
on this Friday eve I long
in my heart so deeply for thee.
To sit and snuggle while
talking and kissing,
watching a movie, reading,
and writing sweet poetry for each other.
A wonderful eve for you and me
feeling full of serenity
knowing all is so good
as we are together sharing
ourselves and all that we have.
I love you sweet Kira
and wish I could be spending
sweet time with you.

So again my sweet love
I wish you a good evening
straight from my heart
that is overflowing with endless love.
I adore you so much
and am so deeply wishing
that you were here holding my hand.
I am sending you endless big hugs
and sweet kisses filled with
all of my warmth and deep love
so feel comfort in your soul
knowing I'm with you.

I love you sweet Kira
and an yours forever,
so have not a worry
for I'll always be here for you
ready for when you are ready
and always if you are in need
of anything.

Michael P. McParland

My Amazing Best Friend

You are my amazing best friend
my dear sweet one,
as I rise from my rest I wish
that I were with you to spend time,
I wish I could sit with you
and take in your warmth as the last bit
of my tummy ache goes away.
You truly are my amazing best friend
and I hold such gentle tenderness just for you.
I love you so much and want you here
by my side so I can always show you
in person just how great you are.

You are so amazing to me
in more ways than I can count at one time,
you are so amazing and I am in awe.
I am so sorry for the others
who have mistreated you darling
because you are an Angel and my best friend forever.
You are everything in bright shining glory
I can ever want to share my whole life with.
Sweet lady you are amazing
as well as a best friend and true love
for whom I am so thankful.
You are a blessing that my heart always sings for.

You are my amazing best friend
for and to whom I'll forever give anything.
I adore you more than you know
and every second away is pure aching hell,
I have loved you since the moment we met
and I can't imagine being with anyone else.
You are so lovely and have a spirit so touching
you took me away on your wings
straight to the heavens,
no other woman could be half as better.
I love you and thank you for always
being so good and loving me just as deeply
as I love you my dear.

Michael P. McParland

Away From The World

Sitting here my sweet one
and it's close to noon.
I am feeling quite tired and want
to be spending it with just you.
To snuggle so tightly as we talk
and listen to some good music,
I would like to spend time with you
away from this world just in our own
before we catch an afternoon rest
so fulfilled and relaxed.
I want to escape this reality with you
away from the world into our beautiful own.

I want to get away from this world
even though just emotionally
for a little while with my only love.
To soothe and heal each others souls,
and to spend time with your sweet kids as well.
A beautiful afternoon in our world
is what our hearts and souls need
to just be filled with the love that we give.
I love you so much and I truly want
to be with you feeling so good
in the world that your love provides
my heart and soul.
We share a great bond that exceeds this
whole world.

I want you my sweet one to be with right now
just escaping this world that surrounds us now.
I am tired and in want of your treasured company
and I just want to have you so near to me.
When we were talking or together the outside
world always disappeared and didn't really matter
and that's what I want so bad with my dear Angel,
escaping the world in which there is lonely danger.
I love you my darling and want you here
to get away from this world and into
our own wonderful world we've created so I can

just hold you and kiss you while we feel
so joyous and peaceful.

Michael P. McParland

A Day Out With You

It is payday my dear and now
knowing essentially how much money there is
I wish I could take you out
on the town this day to have fun
in so many different ways.
A day out with you the woman I love
would be supreme on this Friday at hand.
A day out with you here in the sun.

First a morning so quiet with peace
as I held you so lovingly close to me.
To just sit back and share our warmth
as we softly talked and sweetly kissed.
A morning of planning and just
spending a quiet time together
would be the perfect start to a
beautiful day together.

Then in he later morning just go out
for a nice walk,
then after a nice lunch at a place
you have picked would be wonderful.
My treat as ever my sweet precious darling.
A day out with you could be
so many things and all of them comforting
because I would be with my Angel,
my sweet beautiful Kira.

I wish I could have a day out with you,
I would give anything to have that gift dear.
To see you smile as we shared time together
and just felt complete, fulfilled,
and joyful together.
A day out with you would be so magical.
So feel all my sweet kisses and know
this is my dream for our future
as I will be yours by your side forever and ever.
I love you sweet Kira and am reaching out to hold you
so you will know you're not alone

and to fill you with comfort.

Michael P. McParland

Morning Note 190

Good morning my beautiful,
sweet, Angel so divine
and I hope you slept well
and had the most wonderful dreams
of holding you.
I send you all of my sweet dreams
so in great hope you'll never
have to face nightmares
that make you scared and sad,
I send you sweet kisses
to make your morning
so very beautiful
and so very good.

My stomach is aching
just a little but it will pass
and in that area I will soon feel better.
It is payday my lady and I wish
you were with me so after bills
I could take you out and spoil you.
Take my lady to lunch and buy you
some beautiful things you have
been so very wanting,
I just want to do and give
everything for my sweet precious lady.
I just wish I could spend
this day hand in hand with you.

So as I now go about doing that duty
I wish you a gorgeous good morning.
I love you my Angel and crave you
so deeply to be with me,
you truly are a diamond in the rough
and my treasured everything.
I love you sweet Kira
and am right here so eagerly waiting
because you are my Queen
and I want to hold and serve you forever.

Michael P. McParland

Beautiful Rest

I am quite tired my love
and now it is time to end this day.
A beautiful rest with beautiful you
is what would be best as I pulled you in
for a wonderful snuggle and kiss.
A beautiful rest with the one I love best
would be the perfect way to end this day
in each others arms to contentedly fall asleep.

I am so tired my love and I want
you here with me to snuggle so close.
I want to tell you that you are my Angel
and give you soft caresses as I kiss you so sweetly,
I just want you to know how I love you so
as I hold you close while together
we get some beautiful rest.
I love you my dear and just want to hold you
and your soft loving hand.

Dear I am tired and a beautiful
peaceful rest is in order
and it is gorgeous you that would
make it so beautiful.
So in spirit I take you in my arms to hold you
and I send you sweet kisses
to warm and soothe you.
I love you sweet lady and want to lay with you
rubbing your back and stroking your hair
while you rest your head on my chest
and we fall asleep in each others arms.

Michael P. McParland

You Are Contentment 2

Darling you are contentment
in my heart and eyes
and as I am about to sit down and eat
I wish you were here to share
this evening and good meal with me.
You are contentment made of true love
and you fill me with peace in all that you give.
You are contentment and I want you so close
so I can kiss you so sweet and thank you
for everything and being the best.

Sweet Kira my darling you are amazing
and you help soothe so much of the aching
that the world brings on to our shoulders,
I always know that you are there for me
and it helps me continue on fighting.
Sweet Kira my baby you are my lady
and you are the Angel for whom
I'm always longing.
You are a diamond so rare and so precious,
you are a blessing I'm very proud of.

You are contentment and I am thinking
of you as I am about to sit down for dinner.
I'm thinking of the love we have
always been sharing and I think
of just holding you now as well
as all the things we will be sharing my dear.
I love you my darling and feel contented, calm,
and fight on because you love me as well.
God bless you my darling you are my all
and I just want you to know your loving care
is the greatest gift that there is.

Michael P. McParland

Endless Sweet Kisses And Smiles

On this summer afternoon that
keeps changing from cloudy to sunny
I send you endless sweet kisses
and smiles so filled with passion,
I send you endless sweet kisses
with huge hugs and big smiles
filled to the brim and overflowing
with all of the true love I hold for you
my sweet beautiful Kira so good.

I send you my Angel all the light,
strength, deep comfort and peace
I have within me to fill you,
I want you to know you are
so cared for and loved,
I want you to know I do anything for you.
I want you to know that you're not alone
and that your Michael is here and right by your side.
I send you endless sweet kisses
with warm smiles so big because
I love you so much and would give anything
to be with you now tight in my arms.

Dear I send you all these endless
sweet kisses with smiles so warm
and every bit of loving care
I hold within my heart and soul.
So for me my sweet darling will
you give me that smile that is the worlds beauty?
I want you to be happy and know
that I am right here pulling for you,
feel all these sweet kisses and smiles
remembering that I'll never leave you.
I love you sweet darling and send you
endless sweet kisses with smiles
because I want to be with you through all eternity.
I send you sweet kisses and big smiles
to warm and comfort you.

Michael P. McParland

Love Note 481

A very sweet and loving
good afternoon to you
my beloved and treasured beautiful girl.
I apologize for it being
so long since I wrote you
but I fell asleep for the few hours
before I had to go to
the dentist and have just
arrived home from the drilling.
I wish I were with you now
to just sit back and do some relaxing
because after a stressful last week
my most beloved hero and soul mate
are who I truly want and need now.
It's only you my sweet love
that can give me all of the
peace and joy I so need deep in my soul.

I truly wish you were here
my sweet love because I know we are both
stressed out so much by many things
and are in need of the accepting
and supportive love we both have
and in full give,
i just want to be with you
holding tight in my arms
as I so deeply and completely comfort you.
Kira please never fear
for I am totally yours as I give
myself to you and only you in full.
I will stand by your side
as your loving faithful man forevermore.

So my sweet love have a
good afternoon and feel my arms
around you as in spirit
I reach out to pull you in
giving the sweetest kisses
there's ever been.

Be warmed and feel comfort in all
of the sweet kisses I send,
you are the one I want to be with
for all time because you are
my beautiful and adored best friend.
I will always be yours to no end
because I love you my Angel
more anything there's ever been.

Michael P. McParland

Your Sweet Warmth 2

As I now rise your sweet care
and loving warmth are just what I need.
The nightmares keep attacking
my heart and mind so very bad
and my dear loved one is always
the first thing I want and need to see
to make everything better
chasing all the shakiness away.
Your sweet warmth and endless deep love
I so crave because you truly are
my gorgeous divine Angel and everything.

I need your sweet warmth and to give you mine,
to start each day knowing and having you
right here by my side.
I my dear sweetie who touches my heart,
I want my dear Angel who makes everything alright.
Your sweet loving warmth is the cure
and deep comfort of my aching heart
and I want to cure and soothe yours just as bad.
I love you my lady and need you now
because things get so hard without my best friend.

I want your sweet warmth as I start my day
as I have the dentist ahead
and I just feel so overwhelmed in many ways.
I need your comfort through the company
you provide and just want to hold you so very tight.
I love you my darling and crave your sweet warmth
because you are my best friend I so love
and truly adore.

Michael P. McParland

Climbing Into Bed

I'm climbing into bed now to try
and catch some sleep my sweet one.
I'll be dreaming of you my gorgeous lady
and will be reaching out to pull you in closely
and give you sweet kisses in spirit.
I love you sweet darling and wish
I were climbing into bed with you
to snuggle in warmth and our true loving comfort.
As I climb into bed I am dreaming
and yearning while wearily smiling.
I wish you could be beside me ever so cozy,
I love you sweet Kira and send you sweet kisses
so deep and passionate to let you know
I am with you the whole time.

Michael P. McParland

I Want My Sweetie

I want my sweetie right here
and right now by my side.
She lifts my spirits
and always helps make the day so very good,
I want her here now to talk and spend time,
I want my sweetie because she is so very fine.
She is my Angel and she is my Queen,
she truly is my everything.
She gives me comfort and such warming peace,
I love my dear sweetie and just want her here with me.

I want my sweetie because she's my best friend
and the best way to spend time is within
the company and arms of the greatest woman there is.
I want my sweetie to show her she's loved
and that it's only her I'll ever need.
I love my dear sweet and want to forever
give her all the love that she needs
because I have an endless amount just for her.
I adore my dear sweetie and would die for her,
I would and will give everything
and do anything just for her.
My sweetie is an Angel I give myself to.

I just want my sweetie because she is my hero,
she is my soul mate that I am in awe of.
If I could master all arts I would do so
because I want to honor a beauty
with works of epic marvel.
She is my sweetie my soul and heart,
I love her so much and want her
as mine through all time.
I want my sweetie right here now in my arms
because I just want to have true love,
my best friend Kira, wrapped up in my arms.

Michael P. McParland

A Boring Day

It's a boring day here
my sweet darling dear
and I wish I were at least
able to be sitting here talking to you.
I miss those summer afternoon
conversations we shared not so long ago.
I would rather have you right here in my arms
but I would even truly love to be sharing
with you reading your words and making this
the brightest, happiest, and most fun days
as you my sweet dear would chase all the boredom away.

It's just a boring day here
and though I love reading
and watching movies what I
truly crave is your interaction.
For us to spend time talking,
reading, watching films, whatever it may be together
it would make the day special to be
with beautiful you my darling Kira.
You are my happiness and my deep joy,
you always brought excitement into my days.
So here without you it is quite boring
and I can't wait to have the pleasure
that your presence gives me.

Sweet girl it is a boring one here
and it feels so heavy without you
to talk to and be near,
you are so wonderful and beautiful too,
this boredom will be cured
when we are talking then soon reunited.
I love you my lady and miss spending time
in all the ways that we used to and want to,
I look so forward to great days beside you.
I adore you my Angel and reach out to hold you,
I wish we could at least talk and then
boredom would not be possible at all.

Michael P. McParland

Morning Note 189

A gorgeous good morning
to you my beautiful sweet Angel dove
and how I so wish I could
spend it with you.
I want and need nothing more
than a morning with the woman
I love and adore.
A morning where after
my shower I could just sit back
with you snuggling and sipping
at some delicious hot coffee,
that would be the perfect way
the wash and chase away
the last of the nightmares
that plagued my dreams.

So I send you sweet kisses
as I know rise for the day
and reach out to take
your soft loving hand.
I adore you my lady
and want nothing more
than to have you beside me,
to give you all of the love
you have always been deserving
and to have the love of
an Angel as you sit by my side,
I love you sweet Kira you are
my Queen and truly amazing.

I am longing so deeply
and aching to be with you soon
my sweet diamond and treasure,
I will be here waiting for when
you are ready.
My heart is yours and will be
through all space and time
as I stand by your side
in full support hand in hand

you truly are my everything
and fill me with hope to no end.
I will be dreaming of you
as I go about all that I need to
so be filled with the strength
and deep warmth that I send you.
Know that your Michael so truly
loves you and is here if you need me
and am with you in spirit
holding you so tightly
because I truly love you.

Michael P. McParland

Needing My Best Friend

Up now for just a short bit
my beautiful, wonderful best friend,
and I am needing you so very much
right here in my arms as I am about
to just close my eyes again.
I am lonely, I am sad, I am so tired
and missing you with all that I am.
I'm needing you my best friend
the greatest Angel there's ever been.

Darling I had the worst nightmares
waking on the verge of tears
and drenched in sweat,
almost none of that hangover of emotion
has passed my dear one.
I am still so very tired
and as I lay back down here.
I want and need my shining star
to lay down beside me as we hold
each other ever so tightly.

So as I lay down all I want
is my darling best friend,
the woman who means to me everything.
To just hold and kiss her
while taking comfort in the
loving strength that she gives me.
I need my best friend because
I so truly love her and she is amazing.

Michael P. McParland

Love Note 480

A very good evening
to you my sweet love
as I rise for a few minutes
from my restless sleep.
I just want to tell you
I love you and wish so very much
that I were right here beside you
holding you tightly
as you rested your head on my chest
relaxing and feeling soothed
deeply and completely.
I love you my sweetie
and need you so badly
because you are my true love
and my best friend.

So as I lay my head back down
I send you sweet kisses
with a big weary smile
saying Kira I love you
more than anything.
God bless your sweet heart
and may we soon reunite
because you are my Angel,
my shining star of life.

Michael P. McParland

Tired And Aching 2

It's been a long one for me
in so many ways and I am tired
and aching in a few ways
and I am ready for sleep
my sweet lady so great.
My body aches and needs the rest,
I just wish you were here to curl up with.
I am tired sweet lady and I ache quite a bit,
I want you here in my arms to help
all the tightness in my body melt away
with all the peace that you bring.

Dear I am tired and aching from
just how very much I so miss you.
Do you hear my heart calling
and feel the true love it is holding?
I love you sweet lady and long
so deeply for you as you are my best friend
and true love whom I share the greatest bond.
I love you my darling and deep inside me,
I wish you could curl up beside me
as we fell asleep for I am so very tired.

I miss you my darling and I truly am
so very tired and very much aching,
my body hurts and my heart
wants to feel the beat of yours,
I love you my lady and will see you
as I am wearily dreaming of my precious Angel.
I love you my darling so please come
so soon and lovingly hold your man
who is very tired and aching for his sweet one.

Michael P. McParland

A Peaceful Afternoon

Just arriving home from
doing some shopping sweet one.
My back is really hurting
and I am feeling quite tired,
now all I want baby is
to sit back with you
and enjoy a loving peaceful afternoon.
An afternoon with you in my arms
as we talk, listen to music and audio books.
All I want is to be with my Angel true
in each others arms surrounded and warmed
by all of our warm caring true love.

Michael P. McParland

All Of My Warmth 2

All of my love to you my sweet one,
all of my love on this day ahead.
All of my love to wrap you up
with all of my strength and deep warmth,
all of my love to fill you with comforting peace.
You are the one I care for so much
and I am there by your side
holding your hand and you ever so close.

I send you all of my loving warmth
so you will feel protected and safe,
I send it all your loving way
so you will feel in your heart
just how great I know you are.
I send all of my warmth with endless love
because you are my everything
my sweet Angel dove.
You are my Kira and I hold you so
high above all else in this world.

All of my warmth to you my sweet one
and never forget you're my only one,
I always give all my best and try so very hard
because I can't imagine another in my life.
I only want you through all space and time
hand in hand as we fight together through it all.
I love you so deeply and I love you completely
I just want to be your hero and husband
forever and ever.

Michael P. McParland

Waking Needs 2

Waking after a tired
aching and longing night
I just lay in bed feeling shaken
for a good little bit.
In one of my last dreams I had just lost you
and in my dream even I felt the
heart shattering feeling of losing my best friend,
and even though I know that it was not real
it still affected me deeply and sticks with me now.
So as I rise slowly and get moving
I need so badly your reassurance,
to just hold you so tightly and have us both say
I so deeply love you.
My waking need is my sweet Angel named Kira.

I need you my sweet Kira to sit with
after such a long sleep,
often restless and when not
filled with strange dreams,
I just need your company because you
are my everything.
I just want you with me because you are my Queen
so very beautiful and divine beyond all things.
As I have awakened and no rise my dear
I just wish you could sit beside me
and snuggle on a quiet morning so good,
I miss you babe and just need your love
as we cozy up just spending time.

I love you my lady and can't stand
any thought or nightmare of losing you,
I need you because I so truly adore you.
I want us to always be there for each other
fighting so hard to achieve all that we want to.
You are my Angel and guardian best friend,
you are everything I've always dreamed of and wanted.
God bless you my darling know you are cared for
and know that you're needed because I so love you.

Michael P. McParland

Bedtime At Last Sweet Love

It's bedtime at last my sweet love
and I send you sweet kisses with warm hugs.
Please come let me wrap you up in my arms
so we can fall asleep together with our true love.
I love you sweet lady and just desire
your company so come and get cozy with you loving Michael.
At last it is bedtime and I just want to be with you
because I love you so much and you are my one.

Michael P. McParland

An Angel 2

My sweet dear you truly are
an Angel sent from God to earth,
I admire and adore you so very very much.
I just want to hold you close
and spend my entire life.
I love you babe more than anything
and am thankful you've been in my life.
You are an Angel my dear love
and you're all I'll ever want.

You have lit up my whole life
and filled me with such hope.
What more could I ever want
than my only one?
I'm filled to overflow with all the
tender and gentle love I hold for you,
you are an Angel dear and my heart
sings out for you.
You are the one that I live for
and just want you by my side.

Kira you are an Angel like the northern star,
you don't just light me up but the entire world.
I love you for the wonderful soul you are
and want to give you my all,
I want to give you all the very best
with all the love you so deserve.
You truly are my greatest hope
and greatest love I never want to lose.
Kira you are the love of my life
and my best friend and I want to
be with you through all eternity
as your ever loving and adoring hero King.

Michael P. McParland

Tired And In Need

Having just shortly ago
finished up the last of cleaning
and organizing my dear
I feel so tired indeed with a bit
of a headache brewing
and I just want am in need to have you
right here with me spending time
through the night before I lay down
when that time comes.
I am in tired and in need of the woman
who means everything to me
saying you are my beloved Angel
and I love you so much,
please be with me through all eternity.

I am tired sweet dear and this headache
stands on the line of maybe getting
better or worse as the hours pass,
so I need your comfort before I
cook our delicious mid night snack
as you rub my face and head while
I lay down resting my head in your lap,
I am tired sweet dear and in need
of all the great love that you bring,
I am in need of you my sweet Angel dove.
I am quite tired and I ache in so many ways,
I need you sweet darling because
you are my true love,
you are everything in the universe I'll
ever need and I'll ever want.
Kira I love you because you'll
forever be my best friend and only one.
I'm tired and I need you so please come
be with me now.

Michael P. McParland

Night Note 190

A very beautiful and peaceful
good Sunday night to you
my sweet gorgeous girl.
I am so hot and worn down
from starting on the last bit
of cleaning and reorganizing
my movie shelves that now being done
with the dustiest bits
I am about to jump in a cool
refreshing shower and I wish you were
here to join me and hold
while we smile,
then afterward turn on the cooler
and snuggle for a bit before
doing the last few things that need doing.
I love you my sweet one
and wish you were here to cozy up
as we sat so near the cooler
after a cool and refreshing cleansing shower.

I have been thinking of you
the entire time through
and it helps lift my heart further
and higher than it would be
otherwise my sweet lady.
You are my Angel in such a hard time
and I want nothing more than
to be with my great shining star.
I love you sweet lady
and will be dreaming of you
as I go about all I need doing
and will be sending you kisses
so sweet and warming.
I adore you my Kira
and need you because I love you
for you are a diamond so rare
I truly cherish and treasure.

Michael P. McParland

Spend Time With You 2

Good evening my sweet love
and now after a long and mostly
restless sleep I send you sweet kisses
and huge hugs of warmth.
I want you to know I love you so very much
I want and need to spend time with you
more than anything through this evening
and through the whole night.
I need to spend time with my hero,
my true love, and my best friend
who I treasure and cherish to no end.

All I need as I awake my sweet one
is you in my arms side by side,
to talk to and have a good reason to laugh
as we tell our little jokes
and enjoy all that we share.
I miss you so much and you are a gem,
I just want to spend time
with my hearts gorgeous crown jewel.
God bless you my sweet one
and your tender heart,
know that your Michael loves you
and will give you that I have.
You are a diamond and my only true love,
I just want to be spending quality time with you.

Sweet sweet love all I ever want
is to have your love and your company,
to just hold each other to let the other
always know we are so cared for and loved.
I miss you sweet darling and just want
to hear your words while in your arms,
I love you so much and just want to spend time
sharing our lives and all that there is.

Michael P. McParland

Sunday Morning In Bed 2

Please come my sweet one
and spend Sunday morning in bed
with me the man you so love
and who loves you more than
anything in return.
Please my sweet one come curl up
in my arms and fall asleep
feeling good, whole, and complete.
Please my sweet one come and spend
Sunday morning in bed with me.

I need this Sunday morning in bed
with my precious Queen.
I am feeling quite sad and struggling
through much right now
and to just have her in my arms
feeling all of her loving warmth
would help soothe my heart
and make me feel whole and safe
knowing she's there to give all my love
and just have my rock right by my side.

I love you my sweet darling lady
and want to be with you forever and ever.
I need you to hold me and just share
your company as best friends
we celebrate true happiness together.
So right now please my sweet lady
come wrap up in my arms and share
sweet kisses before we fall asleep
just soothing each others hearts
and heal each other just as we want.

Michael P. McParland

You're Needed 3

You're needed not just now
but forever my sweet dear.
You're needed for all the love you give
and for the jewel you are.
You are needed for your hugs
and the sweet kisses that chase away the pain.
You're needed babe because you're great
and I would give anything to have you here,
to talk and laugh as we spent the night
just having quality time and knowing
all in our world is true and fine.

You are needed dear so I can give you
all the kind and never ending love
I hold inside my heart and soul for you.
You are needed so I can give you hugs
so filled with caring warmth
and tender kisses full of passionate love.
You're needed babe because I want
to take good care of you
and show my Queen just how wonderful
and cherished that she truly is.

Dear you're needed forevermore because
there is no one I love, admire,
cherish, and adore more than you
my sweet Angel dove and gorgeous Queen.
You are needed because you fill me up
with endless joy and pure hope.
I love you babe so very much
and will stand by your side as your
faithful man through all time.
I love you dear you are my everything
and you're needed because you are
my other and better half sweet girl.

Michael P. McParland

A Beautiful Saturday Evening

I'm still so very tired deep down
and going through a very rough time.
I'm fighting the urge to go back to bed
and I just want the loving embrace
and deep loving understanding of
my Angel best friend,
I am in need of a beautiful Saturday evening
with my gorgeous love I adore.

A beautiful Saturday evening spent with her
that makes all the worlds problems
and endless stresses melt away,
a beautiful Saturday evening so filled with love
that it's impossible for our hearts to hurt
from anything because for each other we're there,
a beautiful Saturday evening with my best friend
and Queen who is my heart and gives me hope.

I love you my sweet one and just need you
through this whole evening and night.
I miss you so much with your golden heart
and shining spirit so bright.
I need your smile and your words so soft
with your arms around me as we snuggle and talk.
I just want a beautiful Saturday evening
with the one I so love because I am so lonely
and you heal all my wounds and I want to heal yours.

Michael P. McParland

My Best Friend Kira 2

My best friend Kira is the most
perfect and wonderful woman,
she is the greatest best friend
I could ever dream of
and I can't wait to be to spend
each and every day with her.
Eternity is just what I desire
because even that will only be enough
to even come close to satisfying
how much and how long I wish to hold.
Kira is my dear best friend
and I so adore her.

As I have awakened and am about to rise
I wish I had my best friend here
to hold within my arms and kiss so sweet
taking away both of all our blues.
I wish that she were here to spend
such awesome time doing all the
things we love and want to share
as well as helping with things that
we need or so want done.
I love Kira she's my best friend
and the only one I want right here by my side.

Kira you are my beautiful Angel
and most adored best friend
and waking up is mostly always hard
knowing I can't hold you right away.
I can feel you though in all your
endless strength and love
and I thank you so very much.
I so wish you were here with me
this evening dear to snuggle up
by the air conditioner and enjoy our time,
I wish you were here to help me continue
organizing all my movies as well.
I just want to be with you
my best friend and hero.

Side by side hand in hand tonight
and through all time.

Kira is so very beautiful
and she is my beloved best friend,
there isn't anything I wouldn't do for her
I'll always give her all my very best.
I've always loved her more than anything
and admire her in every way,
she is a diamond in the rough
and a fighter who's survived so very much.
I love my best friend and can't wait
to see her all the time
because my heart sings out in full voice for here
and aches to feel her touch and strong embrace.

Michael P. McParland

Fall Asleep In Each Others Arms

Finally my sweet one It's time for bed,
after staying up too long I am beat to the bone,
so all I want now as I lay down is my best friend
by my side to snuggle and kiss as we
fall comfortably asleep in each others arms.
To just have you with me will give me
all the peace that I need and I just want
to fill you with all my loving peace as well.
Come cozy up because I love and want you so much
and let's just fall asleep in each others arms
in pure contented peace feeling our connection
and bond just grow stronger with our immense joy
and never ending tender love.

Michael P. McParland

Pre Bedtime Snuggle Of Warmth

Come my sweet one and let's cozy up
for a short while snuggling, kissing,
and wrapping up so tightly to just relax
and feel so complete in each others warmth
before we go to bed and the this whole night.
Come my dear love and share some
good quality time and just wind down
all of our energy while we read
and just snuggle up so comfortably.
Come my sweet one and let your Michael
hold you so close while telling you
I love you so much.
Let's share a tight pre bedtime snuggle
of pure loving warmth,
come my sweet one because I just want my Angel
right here by my side.

Come my sweet one and before we kiss
just show me that great big shining smile
and then I'll put my hands on your soft cheeks
and lean in for the most loving and passionate
of sweet kisses ever,
I love you sweet lady you are my best friend and Angel.
Come my sweet one and we'll take warmth
from our snuggle and reading together,
just curl up in my arms as we take in
the great beauty of the true love we have for each other.
So please come my sweet one for a
pre bedtime snuggle of pure warmth
and feel the safe contented peace we've always brought each other
and just take comfort in the knowledge we will
always be there for one another.

Michael P. McParland

Night Note 189

A very gorgeous good night
to you my sweet beautiful girl.
I'm just sitting here and binge watching
through the last season of a show I love.
I've been thinking of you
and wondering just how you are
and wishing you were here to enjoy
the night with me and the good
mid night meal I'm about to get up and make.
I love you sweet lady
and am sending you huge hugs
with the sweetest of kisses.
Feel all of my endless love and deep warmth
fill and surround you the whole night.

I just love and miss you so very much
and I wish you were here to read with me
while the good food cooks,
we could read to each other
between sharing tasks.
I just wish you were here
to share everything while spending time.
You are my diamond in the rough
and everything,
I'll be thinking of you
and smiling so big as I go about
cooking and all else that I do.
I'll be cooking with love in my heart
as I send you my love and reach out my hand
to take yours within mine.

So again my sweet one a beautiful
and wonderful good night to you.
I will be sending you those sweet kisses
and huge hugs to no end
and listen so close for my voice
as I say Kira I love you
you are the best.
I just can't wait to be with you

spending such quiet and loving nights
wrapped up together,
you are the only one I'll
ever want forever and ever.
God bless you my darling
for you truly are my eternal Angel
I love you so much
and you are the greatest best friend
anyone could ever want.

Michael P. McParland

A Good Night With You

A very wonderful and beautiful
good night to you my sweet love.
How I wish I was with you to make it
the perfect one.
For you to join me as we organized
my collection of movies getting
them how they belong and just taking our time
getting that area cleaned up and good.
I wish I were with you to spend time
doing just part of that before we sat back
and relaxed having the most wonderful
and peaceful night arm in arm hand in hand.

Kira what I want so very much with you
is a beautiful good night,
just you here in my arms as we spend
a great time.
To just have you near and lean so closely in to
as I tell you I love you my Angel so pure.
A good night with my true love who I so adore
and just want to be with forevermore.
Feel my arms around you as I reach out
to hold you and feel my sweet kisses
as I tell you I love you and miss you,
Kira I want an eternity of good nights beside you.

Oh my sweet love how I want a good night
with you right here by my side just spending time.
To look upon you and marvel at the miracle before me
and then just hold you ever so tightly.
I love you sweet lady and so long
to be with you just sharing everything,
and right now having a good night reading,
watching some TV and a movie,
and most of all talking
and laughing with my gorgeous Angel.
You are my hero and my Queen who truly means everything
so feel all my sweet kisses as I send them in millions.
You are a diamond and I cherish you to no end

and I just wish I could spend a good night with you
giving you the best of everything.

Michael P. McParland

Waking And Needing You So Bad

A very sweet and good evening to you
my most adored and beloved sweet Angel dove,
as I finally rise from my very long sleep
I only want you right here by my side.
I just to have your arms around me
as you rest your head between my shoulder
and neck while we snuggle and talk.
As I have just awoken just a very short bit ago
and now finally gather myself to get up
I am just needing you in your infinite beauty
and loving care right here at my side
within each others loving arms.

Waking up now I just want and need
to roll over and see you lying next to me,
or sitting up while you read or are
watching some TV and a movie,
or just know that you're in the house
and I can get up and find you to say
I love you babe and want you
and need you forever through eternity
because you are my Angel and Queen,
you are the most beautiful woman there is
and want to give you all you deserve
and just have the honor of being with you.

So now having woken up just a short bit ago
I just lay here at first and thought
of you lying here and holding me.
To share the sweetest of kisses
and great big smiles of adoration and love,
I just need you my gorgeous sweet Angel dove.
You are my hero and the only woman
I've truly held in my heart and had love for,
you are my best friend I share a bond with.
I need you sweet Kira because we share something
so very special and there is nobody else
I want by my side and in my arms forever and ever,
you are my only one my golden Angel.

Michael P. McParland

Cozy Up Sweet Angel

Cozy up my sweet Angel so close
and so very tight within my arms.
I'm very tired and about to go to bed,
I want you to snuggle up so close
as I read just a bit more from my book.
I want to feel my Angel next to me
as this late night comes to an end.
Please come sweet one and cozy up
so tight within each others loving arms.

After I have read my book
we can just so sweetly kiss
as we snuggle tight and then you
rest your sweet head upon my chest.
Cozy up my sweet Angel dove
and we'll fall asleep in each others loving arms.
Feeling so very safe and soothed in peace,
I just want to snuggle with my Angel oh so great.

So my sweet one come cozy up
and let's hold each other so very tight
within our loving arms in need of this.
Sit with me as I read and then kiss me sweet
as we lay down afterwards and snuggle
falling asleep in each others arms.
God bless you babe I want to feel
so cozy with you wrapped up with me
because you bring me hope, light,
and total peace because I truly do
love you more than anything.

Michael P. McParland

A Tired And Quiet Night Together

I am so very tired my sweet Angel of light
and I just want with you a quiet
and soothing peaceful night.
A night to relax and just bond as we spend
the most fun and quality time.
A quiet night to just sit and read,
then later do some nice talking
and watch a film that we enjoy and relaxes in full,
a tired and quiet night with you
is the food that our hearts and souls so very need.

As I sit here so tired on this quiet night
I feel tears wanting to come and pricking at my eyes
because I just want to spend it with
my sweet Angel bride so very beautiful and so very bright.
I love you so much and just want to have you
right here in my arms as I kiss you so sweet
and we both share all of the things we so very love.
A quiet night with my only one is everything
I truly so need and want.

I love you so much my sweet Angel dove
and as I sit here I'll dream of you the whole while.
Thinking of all the things we soon will be doing
and just wondering how you are and praying
that you are okay my sweet lady.
I miss you so much and am just so deeply tired
I wish you could hold me on this quiet night
spending a great time so joyful and peaceful
as we both sweetly kissed and smiled.

Michael P. McParland

Warmth In Your Arms 2

Warmth in your arms is just what
I need so very much right now.
To feel all of your love
as I reassure you of mine,
warmth in your arms as I profess
my eternal love and make you feel
safe and secure knowing you are
my hearts crown jewel
and that I'll never leave or abandon you.
God bless you sweet one I love you so much
and right now I just want to
feel all of your warmth while within your arms.

Warmth in your arms is what I desire
because I love you more than anything ever.
I adore you sweet lady and just want
to hold you ever so closely.
I love you dear lady and need you so badly
because you complete and comfort me fully.
You are the greatest and I just want
to share my whole entire life with you
from this earthly existence
through eternities distance.
I love you sweet Kira and just want
to share the warmth held between us.
Feel me there with you as I reach out and hold you
giving you the sweetest of kisses
while we snuggle so peaceful and lovingly.

Michael P. McParland

Today, Tonight, Forever

My sweet love I want and I need you
today, tonight, and without a doubt forever.
You are the holder of my very soul and heart
and the only one I so desire.
I want my Angel by my side today,
tonight, forever because you are my gorgeous hero.
I love you dear and you are worth more
than all the riches in the universe,
you are so divine and the Queen I serve.
Kira I need and want you by my side forevermore
because you are the one my heart sings for.

I am feeling so very very lonely and tired darling,
tired in the deepest ways that need your loving healing,
I am holding back the burning and stressed out
needful tears that I wish you could dry for me.
I need and want you so we can do that for each other.
I want and need you always baby because you are
my sweet Angel dove amazing.
Today, tomorrow, and forever I will be your man
and hold your hand as I stand by your side
supporting you completely.

Kira you are my true love and my heart is badly aching,
it aches to see you once again and feel your touch
as I hold you so close and next to me.
I need you in my arms and in my life through all time
because you are the one I so truly adore and love.
I want and need you today, tomorrow, and forever
because what could I ever do without my gorgeous Angel?
I am so lost right now without my one
and my heart is most often crying out inside,
I miss you babe so very bad and I need you
more than ever right now.
Kira I will always love you no matter the circumstances
and I will always want and need you
today, tomorrow, and without a doubt forever.

Michael P. McParland

Long Day

Oh my sweet dear it's already been
a long and fairly stressful day for me.
I am quite tired and in need of my lady,
sweet Kira it's been a long day
and I would give anything
for a snuggle and nap with my beautiful Angel.
I so adore you and you make everything
within and around me so very peaceful.
So please my sweet dear as I reach out to you
reach back out and hold me too.
It's been a long tiring day my dear Queen
and you are the one I truly want and need.

Oh my sweet Kira I so deeply miss you
and on days like this it's all the more
that I so need you and your loving arms
wrapped tightly around me,
to hear your sweet voice as you tell me you love me
and in return tell you that you are a treasure.
Kira I so deeply love you
and I want nothing more right now
than to just lay down here in bed
to drift off for a nice nap while I hold you.

Michael P. McParland

Love Note 479

Good afternoon my sweet Angel dove
and I have just arrived home
from my meeting for 15 minutes or so
before to the dentist I must go.
I wanted to drop in and tell you
I so truly love and wish I could
right now be with you
just spending time talking,
laughing, and doing all sorts
of fun things together,
you truly are my everything.

So my sweet one have
a great afternoon and feel me
right there beside you
holding your hand and holding you
so tightly to me.
I love you so very much
my sweet Angel so great
and Kira never forget you
are truly beautiful in every way.

Michael P. McParland

Curl Up In My Arms (Goodnight)

Come my sweet Angel dove
and curl up in my arms as we go to bed.
I'm tired to my very bones sweet one
and have to get up all too soon
for my meeting and the dentist too.
Come sweet one and curl up in my arms,
help me decide what we'll listen to
as we kiss and snuggle before we drift off
falling asleep in each others
warm and loving arms.

Goodnight to you sweet love
I adore you so very much,
I just want you to cozy up
so very very tight
and then look in my eyes as we
profess our love and kiss so deep and sweet.
God bless you through and through my sweet girl
and always feel me beside you dear.
Come curl up within my arms
and rest your head upon my chest
while I rub your back and stroke
your long and beautiful luscious hair.

Come my dear and lay down with me
as I am so tired babe and I'm sure
you are as well.
Let's end this night wrapped up so tight
listening to something soothing
and so very entertaining.
Just cozy up so very tight so I can kiss you
and say Kira you are the best,
I truly love you more than anything
and am reaching out to pull you in.

Michael P. McParland

Night Note 188

A very wonderful and beautiful
good night to you my dear Angel
so very pure and good,
as I just now am in the middle
of finally finishing my pile of dishes
I wanted to stop in
and tell you I so madly love you.
You are my greatest reason
to keep on going and hoping
because you are the greatest
and my shining star
burning so brightly.

I emailed you just shortly ago
and I wish you were here
to have told all the fun things
I wanted to share directly too.
So I could see you smile
so big and bright
and also hear about all that
you have going on.
So as I sit in front of the sink
I think of you reading my email
and wearing that big gorgeous smile,
I also wonder just how you are
and what you are doing.
I miss you sweet lady
and just want to be near you
holding you tightly.

So continue my sweet love
to have the most wonderful of nights
and feel all of my loving warmth
in the sweet kisses and big hugs
I'm always sending.
I so truly adore you
and am reaching out to hold you.
I love you my Kira
and can't wait for our bright days

so filled with joy as we share
everything.

Michael P. McParland

My Sweet Sweet Angel

Sweet sweet Angel you are
so very good to me,
I so wish you were here to spend
a few hours on this late night
snuggling with me.
To talk and kiss so very sweet
as we just sat back in pure content.
I love you so very much my gorgeous one
and will forever be your adoring man.

My sweet sweet Angel you truly do
mean everything to me my golden precious soul,
I just want to look in your eyes
and let you see up close all the
tender loving care inside.
Sweet Angel you truly are the holder
of my very heart and soul
and I give myself to only you in full.

Sweet Angel how I wish I could
just sit back and hold you now
feeling all the peace you give my heart.
I miss you so very much
and I can't wait to have you here
holding you so very close.
You are my one and I adore you dear,
you'll only ever be the one I want
by my side forevermore.

Sweet sweet Angel my eternal love and one,
you truly are a goddess in my heart and eyes.
You make my heart sing and bring
unexplainable tears of loving joy to me,
You are the Angel I've always loved
since we met when I was just 15
and I've remained true to you through my days.
You are my Queen, you are everything pure and supreme,
you are my Kira of whom I dream.
God bless you girl I will be waiting here

for when you're ready sweet Angel I adore.
You are the greatest and all I'll ever want and need,
I love you Kira my sweet Angel Queen.

Michael P. McParland

Thank You My True Love 2

Thank you my true love
for always being here for me.
Thank you always for all your kind support
and being the Angel that you are.
God bless you my darling one
and come snuggle up with me,
I love you more than anything
and am thankful to the moon and stars above.

Thank you sweet one as I lay here feeling you,
my stomach feels a bit upset and your comfort
means the entire world.
I adore you so very much and smile because of you,
thank you my only one and feel me holding you
as I lay here trying to feel well.

Thank you so much my true love and I can't
wait to have you here,
just looking in your eyes as I tell you
how much you mean my gorgeous darling everything.
I love you madly and send you all my warmth
as I lay here now saying thank you babe
and pray to get feeling better soon.

Michael P. McParland

Love Note 478

A very good late afternoon
to you my sweet Angel dove,
and as I sit back right here
not feeling so very good
and still feeling tired
I just wish you were here
to lean up against
feeling whole and complete
being with my soul mate and rock,
the only lady I hold in my heart.

So as I sit back here right now
I just wanted to tell you
I love you so very much
and that I can't wait to have
you right here in my arms.
I miss you my Angel
and am dreaming of you
to help keep myself settled
and make it through.

I want you to know always
you're the greatest thing
to ever happen to me
and I love you so much
my divine precious Queen.

Michael P. McParland

My Hand In Yours 3

As I have arisen sweet one
and slowly gotten moving
I reach out to take your hand in mine
and give you the biggest loving smile.
To say I love you dear and comfort you in full,
feel my loving warmth as my hands in yours
giving you all my endless strength and complete support.
I love you Kira for being so beautiful
and reach out to take your soft and loving hand
because I love you more than anything.

Kira my hand will be in yours forevermore,
because you are my soul mate and my best friend
who I want to be with through all eternity.
I want to give you all the love
that you have truly always deserved
treating you like the Queen that's so divine
like you truly are.
I'm reaching out to take your hand
because I want you to know you are my everything
and I will always give you all the best I can
because you are my Angel babe.

I'm reaching out sweet love to take
your hand in mine because I need
to feel yours in mine so very bad.
To just feel you close and feel all
of your deep loving comfort within my soul and heart.
I'm reaching out to take your hand
and pull you in so I can hold you close
throughout the rest of this afternoon my dear.
To let you know I so very deeply care
and that you are all I'll ever want and need,
I'm reaching out to you to let my Kira know
I'll be your Michael and yours alone through all time.

So sweet love just feel my hand in yours
filling you with all the endless
loving care I feel for wonderful gorgeous you.

I love you so much and want to forever
go the lengths for you giving everything
I have to give and will always give
with the great love I feel and hold in full,
Kira you are my soul mate and my best friend
and I reach out to take your hand
so you will know through all time
just how much I love and care for you
my divine and beautiful sweet Angel dove.

Michael P. McParland

Let Me Hold You Tight

Sweet dear please just let me hold you
tight as we go to bed on this night.
I just want to hold and kiss you
as I tell you how much I love you.
Kira I truly need you more than you
can possibly know or imagine.
Please come and cozy up
as I kiss you sweet and say thank you babe
for being you and all the accepting love
you give to me.

Please sweet one come and curl up
within my warm and loving arms.
Look me in the eyes and tell me
of all the love you feel inside,
then give me that great big smile
as you lean into me and give me
an Angels kiss that's ever so tender and very sweet.
Please come and in return hold me so very tight
because your loving warmth is a gift from you
and a divine gift from God.

Please my sweet one just cozy up within my arms,
I want to hold you close to me
and help us both feel so safe and fulfilled
in every single way there is.
I love you more than anything
and hope to be with you forevermore.
Come let me hold you tonight my sweet Angel
of true love and pure hopeful light,
let's snuggle up as we turn in
and feel the soothing care we both feel wrap us up.

Michael P. McParland

It's Hard Without You

As I awaken from a nap filled
with weird and nightmarish dreams
it's hard to know that you're not here
to wrap up with me.
It's just plain hard as it is
even with the best of dreams
to not have you right there
to get up and go out to sit
next to on the couch and then
look you in the eyes and say I love you babe.
Then just smile and kiss you very sweet
as I say you mean the world to me,
you are my best friend and total universe,
Kira you truly are the very best.

Kira it's so hard as you know so well
when you don't have your best friend
right there to reach out and take hold.
It's so hard not to hear your voice
and read your words you write to me
throughout the day from pre sunrise
to very late in the night,
I love you so and miss you for
the gracious gorgeous Angel that you are
and I would give my life
to spend this night with you
sharing conversation and sharing laughs,
just spending time with big smiles
as we sweet kiss and snuggle.

Kira it is hard without the one
you love more than anything in the universe.
I adore you so much and no one anywhere
can ever dream to measure up.
I've told you before you are the measure
by which all others must stand
and I want nothing in that way to do with them.
I miss our talks and the anticipation
in between just waiting to hear from and see you again.

God bless you babe you are my everything
and it's so hard with you in my arms.
I love you so very much and I will
be sending you as ever all my immense love and warmth.

Michael P. McParland

You Bring Joy 2

Sweet girl you truly bring joy to me.
Joy unequaled by anyone, anything,
anywhere at any given time.
You bring joy to me as the gift you are,
you fill me with joy because all the love you give.
I adore you to no end for all
you do and all you are my dear.
You bring me joy for all the good I see
both in the future and in you,
I just want to hold you close
and stand with you in full love and support forevermore.

Kira you bring joy to me because
you are a gorgeous soul.
I adore you because I know you were
the one I chose and who chose me
before we came to earth.
You are joy because you are a shining star
that I so love and guides the way.
Kira you bring me joy because
you are my hero and my best friend
I'll always love and always want to no end.
You are my one and my sweet Angel dove,
you bring joy my Queen because you are
a diamond in the rough.

Kira you are my everything and all
I'll ever want and ever need.
You are a gorgeous soul who soothes
and calms me deep in every way there is.
You are the crown jewel of my heart
and I just want to hold you close.
Kira you truly are the very best
and you bring me joy on this earth
and in my soul that truly is unmatched.

Michael P. McParland

Love Note 477

Good afternoon my sweet love
and I truly pray your day
is going so well.
Feel all of my warmth and love
as I send it to you
in endless waves,
feel all of these sweet kisses
I send with huge hugs
of pure strength and care.
Kira I love you so very much,
I don't care what my critics say
no matter how much it hurts
I will always do my very best
writing for you
my sweet Angel dove.

I wish you were here on this
afternoon to hold so very close
and give sweet kisses to.
To share a few beers
as we watched a movie
and rested before dinner too.
I miss you my sweet love
and long for you my darling so good.
I love you my sweet one
and just want to spend time
with my Angel who truly is
my everything.

God bless you sweet lady
for you are a gem
and I would give anything
to be with you now.
To hold you so closely
and kiss you so sweetly
and say Kira I love you
as I give the softest caresses.
I love you my darling
and ache for your presence

because you truly are
my hero and adored soul mate.

Michael P. McParland

You're Everything I Want 2

You're everything I want
and everything I need,
you truly mean the entire universe to me.
You are beautiful as a goddess is
and as kind and loving as an Angel too.
You truly are my vision of the perfect girl
and I want to be with you.
You're all I've ever hoped and dreamed,
I just want to hold you oh so close to me.

You make me feel like a truly
wonderful, special, and very handsome man.
You make me feel so good with
fireworks of pure joy and light within my soul.
You make and help me strive to
continue on in life and get back to you,
I love you babe I really do
and will forever stand next to you.
You are everything I'll ever want
and I'll always fight for you.

You are everything I'll ever want
and everything I'll ever need indeed.
You are my best friend and so beautiful in full,
I just want to give you all the love I have
and feel deep inside of me.
You are such a magic gift I know God sent
to grace my lonely life,
I hope you see me as a gift as well
inside your marvelous soul.
I love you dear and I always will,
you're all I want and all I need
because you are my gorgeous Kira Queen don't you see?

I love you more than anyone can truly know,
I could just spend days on end
with you hand in hand and in my arms never letting go.
I could just spend days with little alone time
as I just spent it all with you,

I love you babe you are my Angel Queen,
you're everything I want and need.
Kira you are beautiful and I want to spend
my entire life with you.
You're all I've wanted since we met because
you give me hope and joy in every way.
I love you dear I so truly and fully do.
I'll be yours through the rest of time
because you're all I want right here beside me forevermore.

Michael P. McParland

Sweet Snuggles With My Best Friend

A very loving and wonderful good night
to you my best friend and sweet Angel of light.
After a trip to the store to pick up a few things
I wish you had been here to join me for a nice shower.
Here it is hot and humid and after that cool shower
nothing would have been better than having you with me
to share a few cold beers with and tightly snuggle
as I told you I love you.
Kira you are so treasured and deeply admired,
I care for you fair lady and love you more than anything.

Kira you are my best friend and I just desire
to be in each others arms forever and ever to no end.
To just kiss you so deeply and give you
all that you need my sweet precious lady
is everything I am hungry for and so deeply needing.
I just want sweet snuggles with my best friend
the person who truly most matters,
sweet snuggles with sweet sweet Kira my true love.

Kira you are my best friend and the only one
I'll ever need in every way that there is,
I just want to snuggle and feel you so close dear
because I want to share with you what
the meaning and hope of life is.
I love you sweet lady more than anything
and sweet snuggles with you are what I so long for.
God bless you my darling and feel my loving arms
wrapped so tightly around you
and just feel deep comfort as I kiss you
and tell you that you are my everything
and I'll always be with you.

Michael P. McParland

You're My Best Friend 3

You are my best friend sweet one
and my gorgeous true love,
you are my greatest reason for
still wanting to live because
even on days like the last few
where depression hits so very hard
and death begins to bekon me home
I know I don't want to move on
without having shared this life with you
and knowing that I would have abandoned you
leaving you here without your one to reach out to,
and also having added on endless time
till we meet again.
Kira I love you and you are my best friend
a diamond a treasure and will stand by forever.

Kira you are my best friend
and on days like these few that have just passed
I just want to wrap you up in my arms now
and let all my tears loose.
Just let you see all that I'm holding
and lean on my rock.
I love you my darling and nobody could
ever ask for a better best friend.
You are so beautiful in every way
and my heart melts for you because you are
ever so pure and so very good.
You are my best friend and the person
I most cherish and treasure,
God bless you my Kira you are amazing.

Kira you are my best friend and I truly love you,
tonight all I need is your kisses and snuggles.
To just spend time and talk,
to read, watch a movie and some TV.
I just want you my darling forever with me
because you are a treasure and my everything.
I love you sweet Kira for you I'd do anything
because you are an Angel and blessing to me.

Michael P. McParland

Love Note 476

Good late afternoon
my sweet Angel and most
beloved best friend.
I hope that these last two days
have gone well for you
and been filled with smiles
and big laughs to no end,
I pray you felt all of my loving warmth
in all the deep care I send.
Kira you are my Angel
and I long so much
to be holding you close
and seeing you smile bright,
you are the most gorgeous woman
with the most beautiful smile
there's ever been.

I have just spent these
last two days in bed
struggling hard,
I miss you my dear and just wish
I could sit back with you.
I have been holding back
some tears since waking here
and am going to go get in a
cleansing and refreshing shower
to wash them away.
How I wish you could join me now
to shave my head
and then just hold under the
flow of the water there,
then just sit back and relax afterward.
I miss you my sweet Angel dove
and need you here in all
of your endless caring love.

So have a good rest of this
late afternoon my sweet love
and early evening as well.

Never forget that I'm always there
holding your hand and holding you near,
never forget I will forever
be right here for you
because you are my one and
all that I want.
God bless you my Kira
you are a treasure
and the only one I'll
wait for forever because
you truly are my best friend and hero.

Michael P. McParland

Great Big Smiles

I have for and send to you
great big smiles of deep love
and caring warmth.
I send you huge hugs as well
with sweet kisses too
to comfort both you and me.
I have and send great big smiles
to you the one I so love
because my heart is yours
and it overflows with tender care.
I love you so much and send
great big smiles in droves
because you are my everything
and I want you to know I'm right there with you.

Michael P. McParland

My Heart Melts For You 5

Sweet darling you are so very
sweet and my heart melts for you,
you are the most beautiful and gorgeous
woman I have ever known and you
give me butterflies through all my body.
Darling my heart melts for you
because you have such a gorgeous soul
and I would do anything for you.
I will forever be your only one
because I adore you to no end,
my hear melts for you because
you are my dear hero and greatest best friend there is.

My heart melts for you because
I love you in every way there is.
I just want to spend time with you
holding you so very near and close,
I want to share those special times of bonding dear
in the only way true loves and Angels can share,
I just want to be with you my Queen
because my heart and soul are yours
and they melt all over you.
You are a diamond in the rough
my sweet Angel dove and I send you the sweetest
kisses blessed from God so high above.

Kira my heart melts for you because
I've loved you and wanted you since the start of time.
I could feel that spark and feel us click
right from the very start.
I feel so lost and empty without you here
and just want to hold you and tell you
how treasured and cared for you truly are.
My heart melts for you because I love you
more than anything there's ever been.
So feel my hand in yours as I reach out
to take it and pull you in,
feel all my warmth as I hold you tight
against me now knowing that you are loved

and cherished above all.
I miss you dear and can't wait to be with you
because I am yours and yours alone forevermore
as my heart melts over your beauty and great charm.

Michael P. McParland

Love Note 475

Good afternoon my sweet love
and as I just go about my day here
I'm thinking of you
and sending all of my endless
loving care,
just let it wrap you up
and fill you with
all of my warmth and deep strength
knowing I'm with you the whole way.
I just wanted to send you
these sweet tender kisses
and big hugs to give you peace
and fully comfort you,
I just want to say I love you
my dear Angel so amazing
and I can't wait to hold you so tightly.
Kira I love you so much
because you are my hero, best friend,
and shining star,
I miss you so much and pray
for you in all ways my dear.
God bless you sweet lady
that you may be ever so happy
and remember that your Michael
is reaching out to just hold you
and give all my love completely.

Michael P. McParland

Good Afternoon Beautiful One

A very good Saturday afternoon to you
my sweet beautiful one and as I arise
I send you sweet kisses and huge hugs
to say I love you and hope you are well,
I wish I could spend this sunny
afternoon with you as we spent time
doing fun things,
like perhaps a very late lunch/early dinner
as a picnic in the park with the kids
grilling some food and playing games.
That would be the most heavenly thing
there could be as we would also snuggle
on my big fuzzy orange blanket
on the grass in the shade of a tree.
I love you sweet lady and a beautiful
Saturday afternoon with you would be so very good.

So as I now get up my sweet one
feel my hand within yours as I reach out
to take it in mine and shower you in kisses
as I so tightly pull you in.
I give you sweet kisses on your forehead,
hands, cheeks, little light tender pecks on your neck,
and the deepest and most passionate kiss
right on your lips,
and the I just want to hold you and look
into your eyes for the longest time
telling you and showing just how much you mean
to your loving man,
you are my hero and best friend whom
I'll always love to no end.
God bless you my dear you are
the greatest there's ever been.

Good Saturday afternoon my sweet one
and feel me there with you side by side
hand in hand the entire day through,
I'll always be with you supporting you
with all of my endless love

and I am right here for whenever you need,
I am waiting for you my sweet sweet Angel dove,
you are my diamond in the rough I so adore.
I love you sweet Kira and am so excited
for when we'll be reunited feeling
completed and whole once again
filled with endless light and deep joy.

Michael P. McParland

Thank You My Dear One

Thank you my dear one for always
being right by my side giving
all your loving support.
I am so thankful for you
and all that you do and just wanted to say
thank you sweet one and I love you so much.
You are true heaven on earth
and all that I want,
you are my Angel Queen
and my bright shining star up above.

Thank you my dear one now will you
please come lay down with me?
To snuggle and kiss as we rest just a bit,
to calm and soothe each others
aching and hungry hearts.
Will you come lay with me so
I can thank you in full as I look
into your eyes and say God bless you my dear.
Please come lay with me love
and snuggle so tight because I need
you beside me my sweet Angel dove.

So again just let me thank you sweet one
for always being by my side and holding my hand,
thank you for being the wonderful
person you are and always have been,
thank you sweet Kira you are a treasure.
So please come lay beside me so I can
hold you and kiss you saying Kira
I love you, I love you, I love you, I love you
because you truly are the most wonderful
and amazing blessing, gift,
and miracle from up above.
I will always be yours and yours alone forevermore.

Michael P. McParland

You Are Beautiful 3

Oh my sweet dear you are so beautiful,
you're more beautiful than all
the stars and the moon within the sky.
You are beautiful beyond all measure
that there is and I'm in awe of you
my sweet and precious Angel.
You send my heart into a flutter
and you make me smile in all your
magic which is very charming.
Kira you are so very beautiful
and I love you more than anything.

Kira you are beautiful and I am
smitten with you for being
such a gift and blessing sent from God
in all your divine strength and love
with a heart and soul made from pure gold,
you are beautiful in every way there is
and I just want to reach out and touch you
before I pull you in to hold you,
I just want to look in your eyes as
I kiss you sweetly over and over
telling you how much I truly love you.
Kira you are beautiful and you don't
even realize just how much you are
and I want to help you know just how much you are.

Intelligence is one of the most beautiful
and sexy things anyone can have and carry,
you my dear are as intelligent as anyone
I've ever known and that turns me on in many ways
because we can have such amazing conversations,
you can teach me things and give me new ideas,
you are artistic and that is something I so dig.
Kira you are a genius in my book
and that is something so very beautiful and perfect
in all I want and look for in anything.
Kira you are beautiful and I just want
to share such time with you getting lost

in the great person and spirit that you are.

Physically you are a goddess with the cutest
face, sparkling eyes, huge bright shining smile.
Long dark hair I just want to run my hands through
as I hold you so close to me kissing your
sweet soft lips that I know will feel so good,
and a body sculpted to perfection that drives
me oh so wild as you in whole give me
the tinglings of true love.
Kira you are beautiful in every way
and I want to marry you spending
all our lives and all time side by side hand in hand.

Kira you are so very beautiful
and since the day we met your heart and soul
reached out and touched mine right on the spot,
you made mine sing out in full voice
all my favorite love songs for you and no one else
and since that time it's remained the same
never changing for a single day.
Kira you are beautiful and I'm dying here
just to hold you near and treat you like
the precious Queen you are,
I long to give you all the love you've
so long deserved and need to fill you up.
I just want to give you all my best
and make you the happiest as I serve you
each and every day giving you everything
you'll ever want and need.
I'll never leave you babe that's for sure
because you are my only one
and you are so very beautiful.

Michael P. McParland

Struggling Without You

Sweet dear I am struggling
and hurting deep inside without you
here or to talk to,
I'm struggling so bad and it is so hard
to face each moment of the day all alone.
I miss you so much and long for
your sweet kisses and big hugs
while hearing your sweet voice
as we tell each other I love you so much.

Having just arrived home from the store
I feel exhausted and drained in so many ways,
I was hurting the whole time I walked around
just feeling the empty part of me
that you so brightly fulfill,
I felt so sad and just cried inside
as my heart called to you saying
I love you and please come so soon.
I ached deep inside wondering just how you are
and hoping that you are okay my sweet Angel dove.

So now I just plan to lay back down for awhile
as I just feel so very tired and I want to
get away from this deep pain that I'm feeling.
I want to see you in my dreams
and just hold you so close to me being closer
to the time it will be for real.
I love you sweet darling and feel my hand within yours
as I take it and kiss it so lightly my Queen Angel,
then just feel my arms around you
with all of my strength and loving warmth as
I give it to you fully.
I miss you my fair lady and will be right here waiting
because you are my everything and all
I'll ever be wanting and needing.

Michael P. McParland

Love Note 474

Good afternoon my sweet beautiful woman
and I am about to head out the door
to do my Fathers Day shopping now,
and before I went I wanted to stop in
and say Kira I love you so much
and more than anything.
I would give my whole life just
to be with you now spending
the rest of this day and through the night,
I'd give my whole life just for
that wonderful heavenly time
in your arms feel whole and complete
while full of pure joy,
I'd give anything to be holding you
and healing your heart that is pure
while letting you know everything is alright.

I just long for your company
and ache for your touch,
I ache to be with you my Angel
because you are the best.
You are so beautiful both outside and in
I can't imagine ever being with another
it's only you.
God bless you sweet lady
and never forget that I am your Michael
and will always stand by you,
you will always be my dear best friend
and hero through all eternity.
I just pray that so soon we will
be reunited because you bring
such vibrant color to life
and you are the worlds beauty.
I want to always be your hero
and everything and I will always strive
and work hard the give you my best and everything.
I love you sweet darling
and just want to make you so proud and happy
always being the reason for your

big gorgeous smile.

Michael P. McParland

Good Morning Sweet Love (I Miss You)

Good morning my sweet love and as
I get up right now for a minute or two
I wanted to say I so deeply and truly
love you and miss you more than anything.
Right now I am so tired and having
an exceptionally hard time
and wish you were here to lay back down with me
as I just listen to Mozart and drift along.
I love you and miss you so very much
my heart and soul just cry out to you
letting you know how much you're wanted,
you're needed, and how you're so badly missed.
God bless you my sweet darling you are
my sweet Angel dove and the very best.

After last night my sweet love when
that person criticized my writing
my mind has just gone blank on me,
it has just hurt my heart so much
and it shattered my confidence.
I know that you care about my writing
and love it so much and I'm sorry
that I am letting you down on many levels.
I know you would never hurt me like that
I thank you again and eternally for
all of your infinite and unconditionally kind love.
I love you more than anything
and truly always do my very best for you.

So I send the sweetest good morning kisses
to you with huge hugs of strength and pure warmth,
feel me beside you hand in hand
holding you ever so close with my lips upon yours.
I will be right here lying down on the couch
listening to Mozart and dreaming of you my only one.
I apologize again my sweet one for
all my weak points and where I let you down,
right now I feel so shaken and hurt inside
from a number of things.

I just miss you so very much and want to hold you
so very close and look into your eyes
saying Kira you are my hero, my best friend,
my soul mate and everything,
I love you so very much and want you to spend
eternity with me.
You are a blessing and gift from God whom
I adore and will always give myself to in full,
you are my Angel Queen and all I'll ever want
and need through all time.

Michael P. McParland

Night Note 187

Hello my sweet dear
and I want to say a beautiful
goodnight to you.
I haven't written as I've been lying
here in deep deep pain
and much tears.
Pain from the rudeness and sharp
comments of people on here
that make me feel so low,
I miss you my dear
and just need to be in your
loving arms right here and now.
I am so tired and want your
deep comfort as I cry a bit more
and close my eyes resting my head
upon your shoulder.
I need you my sweet one
because you are so caring, loving,
and accepting of me my dear sweet one.
You are my best friend and true love
who dearly means everything.

So as I wish you a gorgeous
goodnight feel my lips
upon yours and my arms around you
ever so tight,
listen close for my voice
as I say I love you sweet one,
you are my shining star and only one.
God bless you my dear
and please be my sweetie forevermore
because you truly are
my heart and joy,
you are my diamond in the rough
whom I truly love more than anything.

Michael P. McParland

Waking Evening Snuggles

I'm just waking now from a long nap
this evening my love and having had
sweet dreams of you I wish you could join me now
to kiss and snuggle while spending time,
so I could just gaze into your eyes
and reveal my whole soul straight to you.
Waking evening snuggles so warm and tight
would be the heaven on earth we so badly need.
I love you sweet lady and need your
tender and gentle caress to make me smile
and feel oh so complete.

As I have awoken I just want to tell you
of the beautiful dreams of us my sweet Angel.
As we just walked along holding hands
with each other smiling and talking
as we so long to.
Stopping along the path to just gaze at each other
and then sit under a tree to hold on so tightly.
I love you sweet lady and hope these will
so very soon come true because as I have
awakened I just want to hold you
and kiss you as we make plans of what we want
to do together on this night my sweet darling.

So as I am about to rise and get something to eat
I wish you could be here with me,
to share evening snuggles and great conversation,
to just spend time with each other,
I want to sit with you and read all
of your divine and gorgeous writing
just getting lost in its immense beauty.
I love you my darling and truly need
your deep loving snuggles because you are
an adorable diamond I will forever treasure and cherish.
Have not a fear my sweet dear because
you are my Angel and I will forever be your
sweet loving Michael.

Michael P. McParland

Reaching Out 4

I'm reaching out to you
on this afternoon for a snuggle
so warming and heavenly,
a beautiful snuggle with passionate kisses
that will make our hearts flutter
and fill us with butterflies darling.
I'm reaching out just to hold you
the Angel with whom I share a bond
that is sacred and blessed by God.
I'm reaching out to the woman I treasure
to just pull you in and let you know
just how much I truly love you.

Come my sweet one and rest your head on my chest
as together we just lay back to talk and rest.
I want to spend time with the one I love best
and just hear your soothing voice
and feel your soft delicate pale skin.
I'm reaching out because I love you so very much
and I just want and need you here by my side.
I'm reaching out because I'm aching so bad
to just be with my true love and share
sweet kisses and a warm snuggle so relaxing and rad.

Michael P. McParland

Love Note 473

Good afternoon my sweet Angel dove
and I send you the sweetest
of kisses and massive hugs,
I pray you are well and feel
all of my warmth as in spirit
I reach out to wrap you up
in my loving arms.
I am with you always sweet one
and my heart is singing as it aches for you.

To help cheer it up
I remember your smile
and your sweet voice from our conversations,
I remember your loving looks
and how through our bright eyed
smiles say I love you so much
a that makes me feel better somewhat.
Nothing though can completely cure
though the longings I feel
until you are here and I can
hold you so near,
I love you sweet Angel
and I always will.

So I send you sweet kisses
to reassure and comfort you.
You will always be my best friend
and hero and I'll always be yours
as well forever and ever.
I love you my darling
and appreciate you to no end
so just know I am with
and will forever be your loving Michael.

Michael P. McParland

Good Morning Beautiful

Good morning my sweet beautiful woman
and feel cheer as you wake for
my heart sings in full to you as I give you a kiss.
A kiss so passionate and deep
straight from my heart and soul
and filled with tenderness and true love.
Good morning to you my beautiful one
and feel all of my love and warmth as I pull you in.

I love you sweet one and just want to snuggle,
I have a meeting this morning that
I don't want to go to,
so I just want to be with my lady
not being stressed or having to think about it
until I had to go and sweat it out.
I miss you my dear and would love nothing more
than to spend a good morning in your my Angels
sweet loving arms.

Have a good morning my true love
and feel my sweet kisses as I send them in millions,
I will be dreaming of you as I lay here.
I love you my darling and the whole day
I will be hand in hand right beside you.
Smile for me sweet Kira and light up
the worlds sky because I need the lightness
and cheer with the beauty you give.
I love you so deeply and you help me keep going
because I want to be with you forever and ever.

Michael P. McParland

Lying Here Aching

I'm just lying here in bed
and aching so bad wishing for you.
To feel your soft heavenly skin
against mine as I hold you so tight in my arms.
To kiss your lips that are as soft
as the clouds in the sky so tenderly
and full of pasionate pure love.
I'm lying here aching to just see you smile
while I give you soft caresses
and we share the night just spending time
hiding in our own world under the covers.
I just ache for you my sweet Kira
my one and only best friend and true love Angel.

I'm lying here aching for all our good times,
I'm aching to just heal your heart
as we snuggle and nuzzle while I tell you it's alright,
to reassure you that I'm always yours
and always have been because you're the best.
I ache so bad to just have you rest
your sweet head on my chest and help you
feel safe and at peace so we can rest.
I just long for my Queen a truly gorgeous
diamond in the rough.

So I'm just lying here only half hearing
my podcasts as I dream of you
and ache so very fierce to be under the covers
kissing you, holding you close,
and telling you I want to get married
and have eternity to share all we've got.
I'm lying here aching for my sweet Angel dove
the most beautiful woman there's ever been
the holder of my heart and soul,
my best friend and hero who's a gift
and a blessing from God up above.
I love you sweet Kira and I'm aching so bad
to just have you right here by my side
so I could know that you are alright.

Michael P. McParland

Night Note 186

I just wanted to wish you
the most beautiful and wonderful
good night my dear
and say I truly love you so much
and more than anything.
Feel my arms around you
as I pull you in so very close
and be warmed by my strength
and sweet kisses I give to you.
I miss you so much
and am forever yours,
as I just sit back and relax
I dream of you.
Just remember my love
I so adore and appreciate you
and you are cared for more than you know.
I love you my darling
and just wish I could hold you right now
because you are my only one
and you are my everything,
Kira you are amazing
and a treasure I'm so in love with.

Michael P. McParland

To Just Hold You Now

I want to just hold you now
as we sit back on this night.
Arm in arm hand in hand just feeling
so perfectly peaceful and content.
I just want to hold you
while stroking your long hair and rubbing your back
kissing you ever so sweetly
and saying I love you my dear.
To just hold you now would be
heaven on earth because you are my Angel
and everything I want and need.
You are my best friend and my better half,
I love you so much you're my divine Queen.

Michael P. McParland

Longing For You 3

As I just lay here in my bed
I'm longing for you to be right by my side,
to feel your Angels touch that lifts
me to new heights,
to see that smile oh so ever bright
that makes the world so warm and right,
and to get lost in your gorgeous eyes
as they sparkle and hypnotize.
I'm longing for you my only girl
holder of my heart and soul.
I so deeply long for you
Queen of my kingdom through and through.

I'm just laying here thinking
of all the things I so badly want to say,
just how much I wish to share with you
all I hold inside.
To show my love through all my trust
to the one I love,
to tell you you're adorable and there is
nothing anywhere more beautiful
than my Kira oh so wonderful.
I'm longing just to look upon you dear
as I feel your soft and loving touch.
I just want to kiss you sweet
and let you in my world.
I so long to share with you
both of all our hearts.

I just lay here now and longing
for you so very much.
Your sweet spirit and your heart of gold
call to me as mine also calls to you.
I can feel its beat and deep need
and I just want to hold you close,
I want us both to feel deep comfort
as we give it true and full,
I'm so longing for my great Angel
the most beautiful and loving woman

in this whole universe.
I love and adore you so very much
and right now without you I'm hurting so very bad.

So I'm just now lying here wishing I
could talk to, hold you close, and kiss you sweet,
to experience heaven here on earth
as I spend time with you.
I miss you babe so very much
and am reaching out to pull you in.
Feel all my warmth and hear my heart
as it sings out in full voice.
I love you dear and I so long for you
because we share a bond so good,
I love you babe and long for you
because you are a perfect Queen
and Angel dear so divine from heaven up above.
I'll forever be only yours
because you are my one
and that's the way it's always been.

Michael P. McParland

Please Come Give Me Sweet Kisses 2

Please come so close into my arms
as I open them up and reach out,
come give me sweet kisses so full of true love
and we'll comfort each other as we spend time.
Please come give me sweet kisses
my Angel so grand and we'll just hold each other
so close being filled with deep warmth
as we just tell each other I love you,
I love you, I love you and so totally adore you.
Please my sweet one come and let me hold you
while we share sweet kisses forever.

Michael P. McParland

Love Note 472

Good afternoon my beautiful
and most beloved sweet Angel dove,
please don't feel upset or cry
my sweet one for I have not
forgotten you or disappeared in any way.
I was just in the midst of
a long slumber and much needed resting
and I had the most wonderful dreams
of you while I was sleeping.
Oh the longing and need I feel
so deep within me is so overwhelming
I feel like exploding,
I so badly just want to hold you
and tell you how much I love you.
Never forget you are truly treasured
and completely appreciated.

Kira I don't care how many times
it's been said because I'm going to say it
over and over because I want to
and I feel it needs to.
I love you so much my sweet Angel
and I'll always be with you,
side by side hand in hand
because you are a treasure I can't stand to lose,
I'll never leave you because
I don't ever want to hurt you
and you are my dream girl with whom
I want to spend all eternity,
you are my everything and I just wish
I could be holding you so tight
while talking and kissing you so sweet.
I love you my dear one,
you're love is a true gift and sweet treat
that cannot be equaled by anything.

So my sweet love as I get up now
to go about this afternoon
eating and completing my chores

remember I love you more than anything.
Feel all of my warmth and love
in the sweet kisses and huge hugs
that I send,
remember I'll forever be
your loving Michael to no end
and I am right here for you
whenever and for whatever you need,
I'm right beside you always
sweetly holding your hand
giving you all of my love.
God bless you sweet girl
and feel this extra special
sweet kiss full of adoration and care
and know that my heart will forever be yours
as I sit here right now and longingly
dream of you my sweet Angel dove.

Michael P. McParland

An Afternoon Beside You

As I lay here on this afternoon
my sweet lady I am so very tired
and I just wish I were beside you
holding you closely as we both talked and rested.
An afternoon beside you would be
so truly perfect as we tightly snuggled.
I would love nothing more than
an afternoon right beside my gorgeous Angel
kissing so sweetly making this day
so truly fulfilling and delightful.
I want an afternoon with my sweet beautiful Kira
the most magnificent woman that's ever existed.

I am just so very tired my sweet one
and I want to lay down beside you
and look into your eyes as I brush back your hair
and softly caress your cheek as
I lean into kiss you so very sweet,
I want an afternoon right beside you
sharing snuggles, sweet kisses,
and the most tender and passionately tender caresses,
then just have you rest your head on my chest
as we drifted off for a bit of sleep.
You give me such joy and butterflies galore
and I wish I were with you on this afternoon.

So even as I now close my eyes for a bit longer
I dream of you my sweet beautiful Angel
and I'm filled with tingling light
as I feel your spirit and think of you
in all of your divine beauty so great,
all around you a truly shimmering light
that fills me with endless hope,
I only wish you were here to share
my undying and unconditional love with you as well
because you are the greatest and my everything.
I love you my sweet one and just want
an afternoon right beside you
as I hold you so tightly

and tell you in full just how much
you truly always have meant to me,
I want an afternoon right beside you my gorgeous Angel
a Queen that makes me feel like a handsome King.

Michael P. McParland

Cat Nap Dreaming

Lying down here with a bit
of a headache my sweet dear.
Cat napping just lightly drifting
with the heavenly and divine
chords of Mozart and Chopin playing
to soothe the light pounding
in hopes that it will help in its passing,
along with that I dream of
my lady in all of your beauty
as I can also feel you so very near to me
and it helps make me smile
as it is so soothing.
Cat nap dreaming of you my sweet Kira
is making my headache feel so much better.

I see your sweet smile which I know
God spent extra time on to make
extra special as it doesn't just
light up a room but beams as bright as the sun.
I see those gorgeous eyes sparkling
and remember the depths that they hold
so I dream of just gazing into them
getting lost in the universes
of love and intelligence,
I dream of your beauty in its totality
your cute face, your sexy body,
to your intelligent mind to your sweet heart and spirit.
I just lay here cat nap dreaming of you
and it makes me feel better.

You are a treasure,
an absolute Queen and divine goddess.
You are the crown jewel of my heart
and I just want to get lost in your company.
These cat nap dreams are so pleasant
but can never come near the real thing
because no person or fantasy
can equal my Kira the entire worlds beauty.
So for now my dear sweet love

I'll revel in my cat nap dreaming so pleasant
while I send you sweet kisses
saying I love you sweet lady
and thank you so deeply for being truly amazing.

Michael P. McParland

Good Morning Sweet One 2

Good morning my sweet treasured love
and as I achingly wake if you were here
I'd so tightly pull you in
for a deep passionate kiss that would
help light up the morning sky,
a passionate kiss that would make us both smile
and give us the strength to face
the whole day together beating the odds.
I love you sweet lady to the point of bursting
and I send you the sweetest of kisses
to help warm and lift your sweet heart and spirit
knowing your Michael is eternally with you.
Good morning sweet lady you truly are the worlds beauty.

To face this day now as I wake I remember
the hugs and smiles of love that we shared.
They made my heart beat at an enormous rate
and made my knees and whole body quake
as I took in the beauty of an Angel on earth,
your beauty, smiles, and hugs transcended
all of my greatest dreams and still do,
that is so much of what helps get me through.
To know that heaven is coming when
I kiss and embrace you hearing Angels sing
in the sky as I so sweetly kiss you
and say Kira I love you.
These are the dreams of reality that for me
make it a good morning
and I share them with you so you will feel joy too.
You are true love and an amazing woman,
you are pure joy and my heart calls to you
to tell you how much I adore you.

Good morning my sweet one and feel
my hand in yours as I reach out to hold you,
just close your gorgeous eyes and see me smile.
When I think of you I do truly see
an Angel of light beaming so bright,
you fill me with hope and endless love

and I just long to give you the same
my sweet Angel dove.
You are my other half and my hero as well,
you are my best friend whom I adore to no end.
So have a good day and know I am with you
the entire way and I'll never leave you
not today or any other sweet Queen so dear.
I will forever be yours because I've loved you forever
and I always will.

Michael P. McParland

Lay Here With Me

Please lay here with me babe,
I just want and need you
here beside me now as I rest
for just a little bit.
I want you near because I so
truly love and care about you dear,
you are my best friend and only one,
you are my hero and my everything.
You are my Angel and my Queen
and I just want to be with you
through all time and everything.
Please just lay here by my side
and in my arms so I can kiss you sweet
and let you know how much you mean to me.
Please just lay here with me now
and please don't feel sad or mad in any way.
I adore you for just who you are
with your heart and soul formed from pure gold,
you truly are a diamond in the rough
and a treasure I adore in full and every way.
Please sweet Kira lay with me
because you truly are all I want
and all I need through all time forevermore.

Michael P. McParland

Night Note 185

Hello my sweet love
and I wish a beautiful
and lovely good night
to adorable gorgeous you my dear one,
as I've gone about my night
watching a film, reading my book,
and playing some games
I've thought of you and long
so hard to be by your side
just spending time sharing
kisses so sweet while in your arms.
I miss you sweet love
in all of your sweet charm
and want you to know
you're all that I want
through all time.
I love you so much
and just want to be with you
right now feeling your warmth
and giving you all mine
as we just looked at each other
and smiled so wide.

So as I go through my night
I can't help but so often
to stop and think
about all of the times
that soon will come.
To wonder just how you are
and pray you are alright,
and to just sit and smile
while thinking of your smile so bright
with your gorgeous sparkling eyes,
and just how much you
have always given
with the joys you've brought into my life,
God bless you my dear sweet one
I thank you so much
because you are a gift and I can't get enough.

You are the greatest thing
that's ever happened in my entire life.

So feel me beside you
as I reach out to hold you
and never forget
that I'll always stand by you.
I have always loved you
and I will forever and ever,
I just want to hold you so closely
and tell you everything
is alright and that I'll never leave you
because you are my everything
my beautiful Angel.
I send you sweet kisses
with huge hugs to warm and comfort you
so feel deep peace in all
the strength that I give you
and never ever forget
that I will forever be your loving Michael.
So please reach back out
and hold me so tightly
because I can't imagine
nor do I ever want a life lived
without you.
You are my Queen
and I can't live without
your sweet spirit around.

Michael P. McParland

I Just Need (Evening Snuggle)

I just want and need an evening time snuggle
with the most beautiful Angel.
To hold and to kiss feeling such bliss
as together our hearts melt and touch
healing together as one.
I just need my sweet lady who means everything
because she is my heart and keeps it beating.
I just want my sweet one so tight in my arms
bringing heaven to earth as she always has.

I just want and need an evening of peace
with my true love like so few have known.
I want to hold her and kiss her
in the passionate way that only true loves have given
and let her know I'll stand by her forever.
I adore you my hero and just need this evening
to look in your eyes as we snuggle so closely saying
I love you, I love you, I love you, I love you
and I will always work hard to make you so proud and happy.

I just want and need an evening of snuggles
because you help erase all of lifes troubles.
You are my darling and I just want to hold you
because I love you so much and want you to know it.
I just need your snuggles because you are my best friend
and what more could I ever ask for
than my most beloved and gorgeous Kira?
I love you sweet darling and just want to snuggle
while I give you the sweetest of kisses
and biggest of smiles.

Michael P. McParland

The Sweetest Kiss For You

I have here the sweetest kiss for you.
The sweetest kiss to transcend
all earthly words beyond the stars and the moon.
The sweetest kiss to fill you with light
and make you float on our wings of love.
I have here the sweetest kiss for you
the sweetest girl there's ever been.

I have here for you the sweetest kiss
because I love you more than anything.
I want to fill you with all my warmth
and all the love for you I hold
which fills the entire universe.
I love you so much my heart sings out
for and to you in full charming voice
telling you that you're my only one
and I'd give the world to you
if it were mine to give.
I have for you the sweetest kiss
to make you smile and light up the world.

I have for you the sweetest kiss
because you're my true love and my best friend.
I have for you love beyond all earthly bounds
and I just want to hold and kiss my Angel Queen.
You are the best and nothing anywhere
can measure up and I just want to give you all myself.
So I have for you history's sweetest kiss
to show you how much you mean
and make both our hearts sing out all our favorite things.

Michael P. McParland

A Quiet Lonely Day

It's a quiet and lonely day
my heart feels so forlorn.
I've been sitting back these last few hours
holding back my tears,
feeling their aching burn in my heart
and at my eyes as I miss you so.
I could not write as much I wanted
and so often tried,
it's a quiet lonely day and I don't feel well
I just want you here beside me dear.
It's a quiet lonely day feeling barren
as the dessert with its rolling hills of sand.
I miss you babe you are my everything
and fill my world with light in every way,
the ghosts of quiet sad haunt me today
and I just want you here to hold so bad.

It's a quiet, sad, and lonely day
where I need all the sun you always bring.
You cheer me up with your lovely voice
and your stunning beauty,
with all your loving looks that make
my knees weak and make me feel handsome and worthy.
How could any man resist an Angel
such as this and not feel sad when away
from the Queen he adores above all else?
It's a quiet sad and lonely day indeed
needing my sweet sweet Kira here with me.

It's a quiet lonely day here indeed
just longing for Gods greatest created beauty and sweet gift.
You're more gorgeous than all the flowers,
more gorgeous than the moon and stars
which have always delighted us my darling.
You are more beautiful than any woman through the ages
and I love you more than anything ever.
So I sit here in the quiet holding back the tears
that have been so harshly burning.
I've wanted to write but I couldn't as my heart

was so over burdned with the lonely quiet
and my mind felt so taxed it wasn't moving.
I love you dear and I reach my hand out to take
yours in mine and gently kiss it,
to give both of us such deep warmth and comfort,
come with me and let's together end the lonely quiet
holding each other very tightly
being overcome with all the love that we've been holding.
You are my gorgeous girl transcending
all the Angels and celestial symbols in the heavens.

Without you here it is so very lonely and very quiet
and I need my true love to cure the hurting,
Kira I need you because I love you.
You are my Angel and my hero,
you are the one who's always made it all worth it.
You are my reason to keep on going and for always living
and even through the sad and quiet lonely days
I know you're still there fighting
for me with all your strength and spirit.
I love you babe and I miss you more than a fat kid misses
his cakes and his candies,
you are so great and I want to be with you
feeling joy and true elation.
You complete and fulfill me on every single level
and on such a quiet lonely day
I dream of you to make it through
sending you the biggest hugs and sweetest kisses
filled with loving cheer my sweet Angel dove.

Michael P. McParland

A Rainy Morning

Waking up to a rainy morning dear
and my heart is aching so badly for you.
I just stared over at the empty
pillow at my side my love
and spoke aloud saying Kira my dear
I wish you were here to curl up
with me here in this bed
and just enjoy the soothing sounds
of the rain as we sweetly kissed
and snuggled away.
It is a cloudy and rainy morning here
my sweet precious dear
and I wish I could lay next to you holding you into me.

I just long so much for your company
as we do the things we love best.
To just talk and laugh as we face the day ahead
knowing all will be good because
we have each other there.
I love you sweet one and want you to
be here just holding hands
as we lay back and relax on this rainy morning
that is here presently.
I wish we were snuggling with each other
smiling to each other with the brightest eyes.

It's a rainy morning as I awaken here
and I just want to have you right next to me.
I long and I hurt to be with my lady
the only woman I love and have ever sweet one,
I just want to hold you and tell you
everything I feel for you baby
and for us to just talk about anything and everything.
I miss you my darling and on this
rainy morning I just want to hold you
while giving you the sweetest of kisses
and letting you know you're so very special.

Michael P. McParland

Holding You Close 3

As I lay here my sweet dear
not feeling well I look at your picture
to help give me cheer,
I wish I were with you now
holding you close and kissing you sweet.
I would give anything to be with the one I adore
feeling your comfort and giving you mine.
I wish I were with you holding each other
so very near as we lay here and talked
passing the day while feeling better all along.

So as I lay here now my sweet one
I just wish I could be holding you close.
To give you sweet kisses and nuzzles
while we snuggled away the pain and queasiness,
I just wish I could look in your eyes
and say thank you for always being my Angel.
I love you sweet Kira and thank you so much
for I can feel you here beside me in spirit.
I miss you fair lady and I wish I were
holding you in my arms on this late day.
God bless you sweet lady I'll always be with you
and right now I look at you picture
to take strength while I continue to get better.

Michael P. McParland

Beside You

I just want to be beside you right now,
holding you close while talking so soft,
closing our eyes to get some needed rest.
To just be with my loved one while
I don't feel well is all that I want
on this day right here.
I want to be with you snuggled so very close
feeling your warmth and kisses
so securing and safe.

I want to be with you as I rest for a bit
as the pain still persists and my stomach
feels uneasy and aches,
I want to beside my Angel who makes
everything better with your spirit so great.
I want to be beside you and just
rest my head upon your sweet shoulder.
Please my sweet love reach out
and hold your needing Michael.
I love you sweet lady and adore you
for being the wonderful beautiful lady
who's always so amazed me.
I love you, I love you and just want
to be right there beside you as I
kissed you and told you how much you matter.
I miss you sweet Kira and will be dreaming of you
and reaching out to hold you and kiss you.

Michael P. McParland

Warmth In Your Arms Today

Good afternoon my sweet love
and as this Sunday goes on
you are the one I so need,
I need to be in your arms more
than anything just talking and resting
while sharing laughs my sweet lady.
Warmth in your arms today my sweet lady
is what my heart and soul are so badly aching for.
To look in your eyes seeing infinite beauty
is just what I'm wanting and needing.

I've been holding back tears in many ways dear
and I just wish I could kiss you
and tell you what I am in full thinking and feeling.
I miss you sweet lady and want warmth in your arms
as you rub my face, head, and tummy.
I just want to snuggle holding you back
ever so tightly because you are my Angel
and I desire your comfort my Queen of deep comfort.

Warmth in your arms and giving you
all of my warmth as well is what is
so needed today.
I love you my sweet girl and just want
to hold the woman I love more
than anything in the universe.
I just want your warmth after all this pain
and sickness I've felt.
I want us both to have that after all
the sadness in life with which we've dealt.
I love you my sweet girl and want you
to know that you truly are the most beautiful.
I want no other ever just you forever
and today warmth in your arms
is the greatest gift I could ever get.
I love you sweet lady and may God always bless you,
I will stick by your side never to leave
my Angel Queen.

Michael P. McParland

Morning Note 188

Good morning sweet Kira
my beautiful dove and divine Angel,
God bless you for always being
so true and having faithful in me.
Thank you endlessly my sweet one
for being so patient and understanding
as I have recovered from this
surgery and other things I must go through.
I love you so much and you are my hero
I know there is no other even
a quarter as wonderful out there.

I'm sorry sweet girl I fell
silent as I did yesterday.
The pain came back up
and I also got so sick
that when it all passed I just slept
and slept only finally rising
just a short bit
and it has taken me a little while
to get myself together.
I am so sorry sweet lady.
Will you please forgive me?
I felt so sick to my stomach
when I realized how long it had been
and knew you would be worried
for so many reasons.
Please don't cry my sweet love
feel me reach out and take you
in my arms to give you sweet
morning kisses and soft words
reassuring you I'm always with you
and so deeply love you.
I'm sorry sweet Kira and wish
that for both of our sakes
in so many ways I could hold you and kiss you.
I love you sweet lady
and need this Sunday morning with you
locked up in our loving grip.

So now here my dear on this
Sunday morning at hand
I wish we could just spend it
together hand in hand
arm in arm snuggling away
all worries and pain.
I love you babe and just want to spend
this whole day with you
doing whatever it is we may do,
I just want to be able to look in your eyes
and say I love you my sweet Angel bride
and will always be with you
hand in hand side by side
because you truly are my everything.
I love you sweet Kira
and wish you now to have the most
beautiful of Sunday good mornings
knowing I'm with you and holding
you ever so tightly giving kisses so sweetly.
I love you sweet lady and just crave
your company and presence because
you are an Angel and my blessed
best friend and soul mate.

Michael P. McParland

Cozy Up Within My Arms 2

Come my sweet one and cozy up
today within my loving arms,
and please wrap me up in yours as well.
Let's just take it easy watching
some TV and some movies.
Come my sweet one and snuggle tightly
with my arms as I kiss you so sweetly
and tell you I love and cherish you
more than anything ever.
Come cozy up and hold me back
because that's what would make this day
and my life so truly beautiful and perfect.

Come my sweet one because it is you
and your awesome company that I crave,
you are so beautiful and supreme
I just want to sit next to you
and look in your eyes as I pour out
my heart and soul in full,
as I place your hand upon my chest
so you can feel just how my heart
beats for you and you alone.
Come cozy up within my arms
so I can show you just how much
and how deep you're truly cared for and loved.
Come cozy up within my arms
to share a bright day full of warmth and sun.

Come my sweet one and cozy up,
I just want to lay back here with you
on the couch and snuggle tight.
I just want to spend time talking
and laughing as I continue to get feeling better,
I just want to be with my gorgeous Angel.
God bless you dear for always being
so kind and loving to your man
and being the wonderful woman that you are,
come cozy up so I can thank you
directly as I want my love.

Come cozy up within my arms
and let's just spend the day forgetting the world.
I love you babe and I always will
because you are my everything
my sweet Angel dove.

Michael P. McParland

Love Note 471

A very good later morning
to you my sweet love
and as I have rested throughout
the morning I have dreamed of you
while sending all of my warmth and love,
I hope you have felt every bit
as well as the sweet kisses
and huge hugs I always send.
I love you so very much
and just want you to always
give you all of myself
and my endless love.
I wish right now I were with you
enjoying this day snuggled up close
and feeling so good.

I am still not feeling very good
but am getting up to try a bit of food,
I just wish I could sit right beside you
and lean next to you babe
just feeling all of your warmth
as we sat and also played my video game.
I just wish I was with you
the Angel who helps make me feel better,
I just want to snuggle up
tightly while all of my shakiness
and sick feelings pass by us,
then just snuggle in comfort
feeling pure peace and completeness.

So my dear darling remember
I so truly love you and am right there beside you.
Know that as I go about my day
resting trying to get better
it is you I do dream of and you are
the one I want to sit with,
lay with, and just all around
ride out all storms of life with.
It is only you I want to snuggle up to

and feel your arms around me
as I hear you say you love me too.
It is only you and it only ever will.
I love you sweet darling
and am right here for you
whenever you want or need me,
I will always stand by you as your
faithful, supporting,
and truly dedicated Michael.
I love you sweet Kira and I see you
as the most beautiful miracle
and I wish I were with you right now
and want to be with you through all time.

Michael P. McParland

You Make Everything

Good morning sweet love
and as I arise I send you sweet kisses
big hugs full of deep warmth
and all of my true love.
I wish you were here to wrap up with
and snuggle as I feel so very anxious,
Kira you make everything alright
with all of your endless beauty and pure heart,
you make everything bearable because
you are my rock and my hero.
I love you my sweet one and wish we could snuggle
to start this Saturday morning with my dear best friend.

Kira you are a miracle and the Angel
I've always dreamed of and prayed for.
You light up the skies and make my heart sing,
you enhance and bring out all the beauty in everything,
you music more vibrant and meaningful.
Kira you are my best friend and more,
you make everything worth fighting for.
Kira I love you so much and thank you in full
for being the most wonderful you that there is.
You make everything more beautiful
and worth fighting for because you are my Queen
the greatest of all.

Kira you make everything better
that even feeling you in spirit is helping
me get through the pain and right now
not feeling so well.
I can feel your arms around me
and your adoring looks which always
made my heart flutter and my knees weak.
I can feel your sweet kisses and it is
helping a great deal with this anxiety.
You make everything feel better
and I just wish you were here so I could
hold you and thank you in person as I want to.

I love you sweet Kira and I am so grateful
for you in all ways my lady,
you make my life better with the knowledge
of true love and deep care not only existing
but that you have it for me as I do for you
my sweet Angel and Queen, my hero and best friend.
You are the worlds beauty and so bright and good
I just wish I were with you holding you close
and kissing you so I could look in your eyes
and tell you all of this as I want to do.
You make everything good and I just want to be
right now snuggling with you.

Michael P. McParland

Love Note 470

A very good late afternoon
to you my sweet one
and I wanted to say
thank you again for all
the love and deep care that you give.
It means more than you know
to receive the divine love
from an Angel as beautiful as you.
I love you my dear sweet one
and I always will.

My stomach is not feeling
well and I wish I were with you
lying down and I could just tell you
how much I love you so
and deeply care while you rubbed
my tummy and we sipped at some ginger ale,
I just wish I were with you
my most wonderful and special girl.

So my sweet dear I ask you
to please reach out to me
and hold my hand as I reach out
to you and take yours to pull you in.
You truly are such a blessing
and gift to me I want you to know
that I am so thankful for you.
I love you sweet one
and pray that my stomach will
feel better so soon
so I can write you
the most beautiful poem
of which you're so deserving
and I want to do.
I will be sending you
the sweetest of kisses
and the biggest of hugs,
sweet sweet Kira I love you so much
and just want you to know

you are my shining star
so high above
and that I want to be with you
giving all of myself through all time
and the you will always be my
most beautiful and beloved sweet Angel dove.

Michael P. McParland

Beautiful Dreams Of Beautiful You

Beautiful dreams of beautiful you
fill my heart and head as I rest my dear.
Beautiful dreams as I feel your sweet soul
and spirit beside me in all your true love,
I have beautiful dreams of you
as I feel you in spirit hold me so near
and it makes me smile knowing that you are near.
I love you my dear and am having the most
beautiful dreams of Angelic you.

I dream of your smile as bright as the sun,
I dream of your sparkling eyes
and how they so wonderfully hypnotize.
I dream of you and the good times we've shared
and I dream of all the good times that I know we will.
I dream of you my Angel on earth
and it all helps me feel better and calmer as well,
I have beautiful dreams of beautiful you
the only woman I love and ever will.

As I rest here my sweet love I truly do
dream of beautiful you who I so adore.
I reach out to kiss you and tell you I love you
because in my heart and eyes you truly are the worlds beauty,
you are my hearts greatest joy
and it is because of our love that I need you,
I want you in my life because I treasure you
more than anyone or anything ever.
So as I rest more my sweet love I will
have beautiful dreams and wishing I were holding you.
You are the greatest and I will be your man forever
giving my all and everything to always
make you smile feeling loved, proud, and happy to no end.

Michael P. McParland

Big Kiss And A Smile 2

As I continue to just lay here
and rest on this afternoon
I send you a big kiss and smile
of deep loving thanks.
A big kiss and smile to say
I love you so much and thank you deeply
for all of your kind loving patience and care.
I send to you a huge kiss and smile
filled with all my love and warmth wishing you were here.

I love you sweet girl and want you
to know that I truly am so very thankful for you,
I wish you were here so very bad
to sit with, lay with, and just hold close.
I wish you were here because you are you
and that is the best gift that there is
so I send you these big kisses, hugs,
and endless smiles to wrap you up.
I love you sweet and would give anything
to have you here just snuggling away this afternoon.

Michael P. McParland

I Miss You 21

I love and miss you babe
for just the beautiful woman that you are.
I miss all our talks and the way
just seeing you, your words,
and hearing your sweet voice would make my day.
I miss you because you're great
and I adore you to no end.
I love you more than anyone can truly know
and I just want to be with you
holding hands and holding you.

Dear as I sit here I just wish
I could put my arms around you
and pull you in to sweetly kiss.
I feel so worn out and it's just with you
I want to kick back and relax
softly talking while playing some games
and watching movies.
I miss you dear and need to hold you near
as all the tired loneliness for both of us
passes, heals, and within each others arms
finally disappears as contented joy fills it in.
I miss you my sweet beautiful precious girl.

Kira I miss you and just want to be with you
for the rest of time because you are my hero,
my Angel, soul mate, and best friend.
I treasure you my dear love to no end
and want to share everything there is.
You bring such hope and joy into my life
and you are the beauty I hold so high.
I miss you dear and reach out now
to hold you near because you are my everything
and I just want you to know how much you mean
to me the man who will always love you through all time.

Michael P. McParland

Night Note 184

Hello my sweet love
and I wish you a very good night.
I hope you have been feeling
all of my love and warmth
even through all this time that I slept,
feel my arms around you
as I reach out to pull you in close
and just stroke your hair
as well as rub your back,
I'm in a bit of pain right now
my dear one but would still
give you the sweetest and gentle
tender kisses I was able.
I love you my darling
and I miss you so badly.
I wish you were here with me
to snuggle so tightly.

So as I will just sit back
and play some of my NCAA Football 14
video game I wish you could be
sitting with me cheering me on.
Your company is the greatest gift
I could receive right here and now.
I feel so drained and exhausted
but being with you my dear Angel
has always been the most wonderful medicine.
I love you my darling and want you
to always remember you are a miracle.
I promise I'll never leave you
because you are my hero and true love,
life has such little meaning
when I don't have my sweet darling lady,
I will always give you all of
my very best and everything.

So I wish you a great night
and send you sweet kisses and huge hugs
filled with deep endless warmth

and my true, undying, unconditional
endless love to help give you peace
and reassure you that I'm always yours.
I love you sweet lady
and just want you right here beside me
spending time and relaxing
helping each other in all ways
getting feeling better.

Michael P. McParland

Snuggle Up For Some Sleep

Please come join me my sweet one
and snuggle up for a bit of sleep.
I am so worn out from this day
and the pain from the surgery comes and goes.
I just need some sleep and so very
badly want to be curled up with you.
I love you sweet one and want to
be wrapped up so tight in each others arms.

Please my sweet one and snuggle up
so I can just hold you so close
giving us deep comfort
as you rest your head on my chest
and I stroke your hair also rubbing your back.
Come my sweet one and snuggle so close
with your best friend who loves you the most,
you are my best friend my dear
and I want to give you the sweetest
little kisses I can so tenderly,
your kisses will help make the pain better
because you are the most divine and beautiful Angel.

So please my sweet one come snuggle up
for some very needed sleep.
I don't know how long I'll be out
but I want to drift off with my Queen
right here in my loving arms
feeling surrounded and comforted in your warmth.
I adore you so much and just need
your tender loving touch.
You are so special and a truly marvelous treasure
I just love you so much and want to
snuggle so tight as I continue
to get feeling better and sleep for awhile.

Michael P. McParland

Feeling You Beside Me

As I sit back so peacefully
and take it easy to continue
getting better from my surgery
I feel such total loving peace all around me,
I feel you and it helps me feel
so much better as I smell your soft
pale skin and long gorgeous hair,
I can feel your arms around me babe
and it makes me feel calm and makes me smile.
I love you dear you are so great,
a true gift and blessing straight from God.
I thank you dear for all your loving strength
and reach out to you to hold you near.

As I just sit back here taking it easy
so I can get feeling better soon as I heal
I just want to thank you dear
and say I love you for all you do,
all you give, and just for being beautiful you.
I can feel you here beside me dear
and all the joy overwhelms me beyond words,
I truly love you so and can't wait
to look into those sparkling eyes to say
thank you straight to you and I love you too
before I kiss you so sweet with all my heart and soul.
I can feel you near and my heart almost bursts
with the overflowing joy and love I feel.
God bless you my sweet girl and feel my arms
wrap around you in return.

I love you babe with all my heart,
my mind, my body and my soul I truly do
and there is no way I'd ever leave you my Angel Queen.
You are my soul mate and best friend
whom I share the most wonderful sacred bond.
You are my hero, my Angel, my dear Queen and everything
and I could never stand to lose in any way.
You are my only one and feeling you here
by my side in spirit now has lifted this day in whole.

I love you my sweet Angel dove and thank you
billions of times over to no end.
So see my smile, feel my kisses, and feel my big hugs
because you are the best and I want to
always give you all my endless love and warmth.

Michael P. McParland

Love Note 469

A very beautiful almost
good afternoon to you my sweet girl
and I send you the sweetest
and most tender kisses
from my bed here,
how I would give anything
to lay here and hold you
as the breeze of my fans cools us
and we just rest here
my sweet lady so precious.
I want to be lying right
here with you as I recover
from my oral surgery.

I am still in a fair bit of pain
and it is hurting my stomach
and head a bit as well.
I wanted to check in though my dear
and let you know how I am
and that all will be well.
I wanted to thank you for
all of your prayers
deep loving care as I could feel you
before during and after
all of the work,
I knew you were with me
and that has helped so truly much,
I thank you and love you
my Angel so great for you are
the greatest and my rock in all ways.

So have a great afternoon
my sweet Queen from above
and know I am with you always
side by side hand in hand,
I love you sweet one and will
write you as much as I can
sending endless big hugs
and sweet kisses to you my dear one.

I love you so much
and your meaning to me
can not possibly be gauged
for you are the one
I truly want and give myself to
through eternities time.

Michael P. McParland

Curl Up In My Arms 7

It's storming again here my sweet love,
it stopped for the shortest of whiles
but is thundering and pouring again my dear darling,
come curl up with me under the covers
and I'll keep you warm while giving you sweet
kisses so reassuring.
Curl up in my arms my sweet darling
for a short while feeling so safe and secure
from the storm and just knowing that forever
you're not alone because I am your Michael.

Sweet dear I need a small rest before
I go to the oral surgeon,
a few hours of light rest and I want you to join me.
To calm and deep comfort as I hold
my sweet lady knowing everything will
be good and as I'm holding you is fantastic too.
I love you my dear so come curl up with me
the man who truly loves and adores you
more than anything.

Come my sweet one and curl up to me
so I can just look upon you and say
you're so beautiful to me.
I adore you my lady and you give me so much reason
to continue living and you are my rock,
feeling your strength has helped get me through so much.
I love you my darling and just want
you to get this short rest with me
as I hold you so tightly giving all of myself
to you as always completely.

Michael P. McParland

Rubbing Your Back

I wish I could just lay here with you
on the couch as I kissed you so sweet
and rubbed your aching back.
To just have your company as we watched
this cheesy sci-fi movie I've loved
for a long time baby would make
the perfect time here in my heart and eyes dear.
I just want to lay back with you
and help you relax giving all of my love
while rubbing your hurting back.

It's storming outside and I love storms my dear
but I know you do not and want nothing more
than to comfort you in all things that there are.
To help ease your fears and to help ease your pain
is the greatest thing I can give with all
of my love I hold inside just for you,
I love you babe and wish you were here
to lay back on the couch with me as I rubbed your back
and gave you the comfort and love we so both want.

I love you my sweet one and reach out to you
to hold you so tight in spirit,
I reach out because I want to be with you forever and ever.
Never forget that I'm always with you and never ever
want to hurt or lose you,
feel my arms around you as I whisper Kira
you are the greatest and the softly kiss you.
I'll always love you sweet Kira and of that
you should never worry.
I just wish you were lying here with me
as I rubbed your hurt back so very gently
letting you know I'll be your Michael always and forever.

Michael P. McParland

Night Note 183

Hello my sweet love
and I pray that your night
is going so good and you feel
all of my love.
I wish you were here to spend it
and eat some pizza with me,
I ordered some since tomorrow
after surgery it will only be
very soft foods for me.
I wish you were here to snuggle
while eating and kissing
as we talk and read.
I wish you were her because
you truly are my everything.

I love you sweet girl and though
I'm not very nervous right now
the anxiety of the surgery grows
as each hour passes by,
also I just want you near
because you are always my hero
no matter the reason,
you are my best friend and true love
sharing a bond so very sacred
and I just want to be with you
no matter the day or hour,
you are so special
and I just want to hold you and kiss you
saying Kira I love you forever and ever.
Kira you are the Angel I've waited for forever.

So as I sit here tonight
about to start a movie I wish
I could share with you
I send all my love and deep care.
Kira you are amazing and everything
I long for, wanting, and needing
and I promise always that I will stick by you
because life without you

is colorless and depressing.
I love you my Angel because in
every single way that there is
you truly are the most beautiful
Queen through the ages.

Michael P. McParland

Holding My Sweet Love

Hello my sweet love and a gorgeous
good night to you filled with sweet kisses
and big hugs filled with all of my warmth and love,
as I now rise from a long tired sleep
I wish I were right next to you
to pull in so close and caress your cheek
while looking into your eyes and then give a kiss so big,
I just want to be holding you true love
and sweet Angel dove.

I had a dream of us my sweet love.
Those have been growing more frequent
though as dreams do they don't always make sense
or even turn out in the happiest ways,
but in this one I do remember that we
saw each other and hugged for so long
and just sat and talked away my sweet one,
then you gave me a letter so filled with love
and it was a joyful thing for sure.
Now I wish I were with you to kiss and to hold
saying thank you for my sweet dream
and all the truth that it holds,
then pull you in tightly to show you my love.
I care for you deeply because you are my lady
and there isn't anyone anywhere ever
that I would consider choosing over my Kira.

So my sweet one as I have awoken
and before I very soon rise I wish
I could hold you so very tight,
to so sweetly kiss and tell you that
it is you in my soul and heart through all time
and that I want nothing more than to spend
eternity with you the perfect woman
in the entire universe.
You are so beautiful and my gracious hero,
I just want to be with you
holding you closely and sharing our worlds
while I so lovingly kiss you.

Michael P. McParland

Curl Up In My Arms 6

Come my sweet one and curl up in my arms,
after being up through the whole night
I am so very tired.
I want to lay down with you and snuggle
so tight and kiss you so sweet.
I am so tired and want you to curl
up in my arms resting your head on my chest
as I rub your back while stroking your hair
as we drift off to sleep.
Please come curl up in my arms
because you mean so very much to me my sweet love.

Please my sweet one come curl up in my arms
because I want to hold and kiss you as I
so quickly fade off from the waking world.
I want to tell you I love you and hold you so tightly
while I reassure you I'll always be with you
supporting you fully.
I love you sweet Kira so please come and snuggle up with me
because you are so truly loved and deeply needed.
You are my Angel and I just want to be with you
in total shared comfort giving to each other
all the true love we hold and feel in unconditional purity.

Michael P. McParland

Good Morning Sweet Angel

Good morning sweet Angel
of my soul and heart.
I greet you with sweet kisses and big hugs
I send your way to wrap and fill you up
with all of my endless undying love and warmth.
I miss you my one and can't wait to
be with you again in each others arms
sharing each day and what it holds as they come.
Good morning my beautiful Angel so very good
and let's snuggle for a bit before moving at all.

Good morning sweet Angel and know first
and foremost that I so fully love you.
It is you I want to wake up with
the rest of this life and right through the next,
I love you sweet Angel you are the best
and I send you sweet kisses to shower you
in the security and warmth of knowing
I'm always yours,
a man who's madly in love with my
sweet Angel dove.

So a very beautiful good morning to you
my treasured and beloved gorgeous Queen,
I love you so deeply and reach out in spirit
for the most loving of snuggles,
and right along the sweetest and most
wonderfully loving kisses.
I'm so in love with you my fair precious lady
that there couldn't be anything better
than lying here with you.
You are my hero and soul mate who's
such a blessing and gift to me my dear darling,
I'll never leave because you are my everything.
I love you sweet Kira and I will forever,
I'll also be your Michael for eternity.

Michael P. McParland

Sweet Kisses So Pure

I send to you sweet sweet kisses
so full of true and pure love,
sweet kisses to say I love you my dear.
Sweet kisses so pure because you're my everything
and I just want to be with you
through all time side by side always
giving my full support and everything.
I love you so much and send sweet kisses
so pure because you are my Angel of light
and the beautiful Queen I so adore.
I love you my sweet Kira and send you kisses so pure
because you're all I want and give
myself and life to you in full.

Michael P. McParland

Late Night Fun

As I sit here now and go about
this night at hand I think of you
and smile so very big my dear.
I think of all the late night fun
we'd have spending time talking, laughing,
doing many things that we both love,
holding on so very tight as we hugged and kissed
sharing everything about ourselves.
Late night fun in all ways with you
is everything I dream of and am looking forward to.

Late night fun looking into your eyes
and getting lost in the infinite beauty
you hold inside.
Late night fun as I just sit with you
even if just in silence as we both read
from our own books or play games on the kindle
and you on your phone.
Late night fun is just being with my darling one
and knowing that everything is alright because
I am with you.

Oh my sweet love I can feel you so near
and that helps me feel so very good,
I just wish though that I could look
upon you and caress your cheek
while I kiss you so passionate
and lovingly deep.
I just wish we could enjoy each others company
having in every way some late night fun.
I'll always love you my dear
and be waiting right here for you
because you are my Angel and the most
amazing beautiful woman ever.

Michael P. McParland

Come Sit With Me Please

Please my sweet one and sit with me,
as I finally begin to come out of
the anxious state I woke in a bit ago
it is you I've wanted here,
it is you my best friend and true love
who I want to have hold me near
with my arms wrapped around you as well.
Please come sit with me to softly talk
and sweetly kiss the last of all this
anxiety away and just spend time you and me.

Come sit with me please babe
and just let me snuggle so tightly up to you,
I dreamed of us as well sitting and talking
and other weird dream things
and it's so hard to wake and not see you
and be able to look right at you and say
I love you dear and you are so very beautiful,
then just kiss you over and over as we
smile at each other.
God bless you my sweet one please come sit with me
and share your divine spirit that shines forth,
please come sit with me because you are
the one I adore and would give anything to be with now.

So please my sweet one come sit with me
to just spend time in each others arms.
We'll chase away the anxiety, the pain
and lonely sadness that we feel,
just snuggle as our hearts calm
and sing to each other all our favorite songs.
I love you babe you truly are
so very great and all I want to do
is sit with you and snuggle throughout this whole night.

Michael P. McParland

Love Note 468

A very good afternoon
to you my gorgeous sweet Angel dove
and as I have just arrived home
from my meeting I wanted to
tell you hello and that
I love you so much first of all,
I would have written you
before I left but woke up
just in time to get straight out the door.
I'm sorry sweet one
I hope you know
and I send you sweet kisses
filled with all of my
true loving warmth for you.
God bless you my sweet love
for what a treasure you are
and I want you to know
you're my entire world and universe.
My heart overflows to bursting
with true caring love
so very tender just for you.

I am still tired my dear
but will be up as long as I am able
and I wish I could be with you
to just spend the day.
You could pick all that we do
because it doesn't matter so much to me
as long as I'm with you hand in hand,
I just to be able to look in your eyes
and say thank you for being you
and for all the loving care that you give,
and then give you a tender kiss
so passionate and deep.
An afternoon here with you
is just what my heart and soul needs.

So my sweet love feel my arms around you
as I reach out to pull you in,

listen close for my voice
as I lightly kiss your sweet ear
and say I love you my Kira
you are so beautiful and the very best,
I just want to be with you
through the rest of time
because only you touch my heart
and only you make sense.
I love you my lady and I adore you so deeply,
I truly hope and pray that you know
just how very much I care for you,
I need you because you are my hero,
my soul mate, my best friend,
and my true love, you are the one
I give myself to completely,
only you to I give myself freely.
Kira you are my Queen and so very amazing
and I want you to remember I'm
always yours forever and ever.

Michael P. McParland

You're The Most Beautiful

You're the most beautiful
woman there is in my eyes,
both spiritually and physically
there is no other that I'd rather have.
You are an Angel so gorgeous and fine
and I want to have you forever
as mine and all mine.
You're the most beautiful woman
there is in heart and soul
and I would give my whole life just for you.

You're the most beautiful woman I've ever known
and I would do anything for you my sweet gorgeous woman.
I just want you to know you're so cared for and loved,
I want to give you all the love you've always deserved.
I want to be the reason you smile
as each day I make you the happiest and proud
person that's ever lived.
I pray to God that you know I will forever be yours.
I love you Kira for you're such a gift
and I knew it from the first time we met.
You are my soul mate and my sweet precious gem,
you are my everything my hero so great.

You are the most beautiful woman in every way,
you make me tingle in spirit and body in whole.
You are the greatest and a blessing my love,
I am so happy for the bond that we share.
Please know that I love you and will
never leave you because my heart continues
because you are my reason.
I love you sweet Kira because you are so beautiful
and I will always be with you holding you closely.

Michael P. McParland

Night Note 182

A very good night to you my sweet love
and after a good shower and a small nap
I wanted to first before all tell you
I love you my Angel and wish you could
join me through the rest of this night.
I have no specific plans but would
love to be with you no matter what.
Just a good night with my Queen
who I truly love so very much.

I'm sorry sweet love that I
faded out there but I just lay
my head down after my shower
and drifted off,
I was dreaming of you and all
the good things I know will come
and it relaxed me in full.
I wish I were with to hold
and tell them in full,
I just wish I were with you
to do whatever we wanted
through the night here.
I miss you so much
and adore you in full,
I love you sweet one
and can't wait to hold you so near.

So as I sit here not sure yet
just what to do the night through
I first off wanted to say
I love you my dear,
you are everything I want
and I would give anything to hold you near.
To get lost in your eyes
and be illuminated by the brightness
of your gorgeous smile,
and to just caress your cheek and say
I love you my darling
as I then kissed you.

God bless you my Kira you are
the miracle that I've always prayed for
and I want nothing more
than to give you all of the love
I hold inside for you dear.

Michael P. McParland

Night Times With You

I dream of quiet nights just like this
to be spent with you my true love.
Quiet nights to just spend time and kiss,
quiet night times to sit back and relax
feeling joy and content to be
with the one I love more than anything.
I can't wait to reunite spending night times,
day times, evening times to no end my love.
I can't wait to be with you
my one and only true love.

I just want to spend night times with you
doing whatever we may want to do
or the few things that we need.
I wish you could join me in a short bit
my lady so sweet as I get into
a comforting and cozy shower,
again to just hold you and have you with me
as I look in your eyes and see you smile so big.
To share laughs and kisses while talking
is just part of what would make this night time awesome.
Night times with you are what I am so
badly wanting as we just talked, smiled,
kissed, and snuggled the entire time.

I just so long for night times with you
and all the joy that comes along
by being with my sweet Angel bride.
To have you right by me and hearing your voice
as we talk just like we used to,
to just pull you in closely and say you're the greatest.
I love you sweet lady and just want
these nights to give you my everything
because you are my Angel and I want
to be with you through all eternity.

Michael P. McParland

Love Note 467

A very wonderful early
night to you my sweet love
and I just want to tell you
I love you so much.
You are my greatest thoughts
and I can feel all your love
as I sit here going along
doing the small tasks that I am,
I so wish you were here
to have and hold
and I would give anything
to have you here in my arms.
I adore you so much
and just want you close
so I can look in your eyes
and say you are the best.
I love you sweet Kira
and I feel so blessed
to have your love
and know you are my very loving
best friend.

Oh my sweet sweet darling Kira
how I wish I were with you,
to hold and to talk to,
to spend time just being close to
as we read books, watched movies,
and shared all of our hobbies together,
how I just long to be with
my dear Angel I've always adored
completely and fully.
Kira you are a blessing
and truly the greatest
thing to me that has ever happened
and I'll always stand by you
forever and ever.
I love you my darling
and give you all of myself
for all eternity

because you're all I want
and I can't imagine an existence
without the only woman I've ever treasured.
I love you sweet Kira
and I swear I'll never leave you
because you truly are everything
that I'll ever need
because for you I have the most
tender and gentle loving care
within me.
I love you so much that there are no
words to describe,
just know my sweet love
that I'll be yours forever because
you truly are the most beautiful
and special woman I've ever known.

Michael P. McParland

Sweet Evening Kisses For My Sweet Lady

Good evening my sweet love
and as I awaken and get moving this evening
I wish it was with my eyes upon your great beauty,
saying I love you sweet Kira you are the greatest,
thank you, thank you, thank you
for being my best friend and Angel so very amazing,
God bless you sweet lady and then give you
the sweetest and most loving evening time kisses.

I send to you sweet sweet evening time kisses
sweet lady I hold so dear and love more than anything,
I send you sweet evening time kisses
with all of me via the amazing bond that we share,
a special bond blessed by God above
between best friends and true loves that are filled
with endless tender care for each other in every way.
I send you sweet evening time kisses because you are amazing,
you are the diamond in the rough for whom
I've always been wanting and waiting.

God bless you sweet girl to feel all of my warmth
and deep love as I send you these kisses so sweet,
I just wish you could be here to spend this evening with me.
I love you so much and just want to hold you
so close feeling your tender touch,
giving snuggles and kisses whose worth can't be measured,
I send you sweet evening time kisses
because I so love you and want you to know
I'll forever be your faithful Michael
giving my everything because you are my Angel so beautiful.

Michael P. McParland

Rest With Me 5

I am so very worn out
and tired babe,
please come lay down and rest with me.
I'm worn out and need your tight
loving embrace that feels so safe,
I want you know to lay here with me.
I love you so very much
and I just want to rest my head
right next to yours looking in your eyes
as I say I love you dear and kiss you
so sweet with all the love I hold in me.

Please my dear come now and rest with me
and we'll hold each other while we sleep,
I just want to feel your heart beat
right next to me as we relax
drifting off to see each other in dreamland.
Babe you truly are the best
and I will never need another to have and hold,
please come rest with me my sweet Angel dove.
I love you babe and I always will
and I just want to lay with you.
So come now babe and lay with me
feeling peace and comfort to our cores
and knowing everything is good.

Michael P. McParland

Morning Note 187

A very good morning to you
my sweet beautiful girl.
I send you sweet kisses
and big hugs galore
to greet you with love as you rise,
I want you to know how much
I care and to give you warmth
to give you such cheer
as the day goes along.
Good morning to you
and feel my hand within yours
as I stand with you side by side
the entire way through.

I still have not yet
slept a wink and have yet
a few more dishes to do
before I can lay down to sleep
where I'll dream of you
and holding you near.
I love you so much
and want you to know
that I and my heart are always yours.

So I now best get back to my chores
as I am so exhausted and worn down,
I will write you before
I go to sleep because I want you
to feel good in knowing how much you mean.
I love you my darling
and hope you have a spectacular morning
because you are amazing
and everything I am so badly wanting.

Michael P. McParland

Lying Here Just Wanting

I'm just lying here wishing that
I could be holding you so very near.
I can't sleep right now and just want
to be gazing in your eyes hypnotized
by all the beauty that you hold inside.
I love you dear and just want to tell you so
as I give you tender kisses everywhere.
I'm just lying here wishing I could be with you
both of us feeling total peace completely
in our hearts and souls being with the
best friend we so dearly love.

Lying here and I just want to feel
your touch and soft skin as you lay
next to me in each others arms and softly speak,
I just want to lean in and give you
the softest gentle kiss while I place
your hand upon my chest so you can feel
my heart beat in all its loving care,
I just want you lying here while
I stroke your hair and caress your cheek
letting you know I'm always yours
and will never leave.
I love you babe you're all I need.

So lying here right now and I can't sleep,
I don't know when I'll be able to
but I know this babe.
I just want you here to share my life
kissing, snuggling, sharing all our times,
I just want my gorgeous Angel Kira by my side
hand in hand through all times
making me the happiest and luckiest man.
I love you dear and just lay here wanting you
because are my one and my everything.
Kira I hope you know just how adored you are
because I'd give my life for just one night
and all your good health.
Kira babe I love you so very much

and I can feel all of your glorious love as well.

Michael P. McParland

Lay Down In My Arms

Come my sweet one and lay down
right by my side to curl up in my arms.
Curl up so tight to snuggle
and stay so very warm.
I tired and sad without my one,
I just want you here to lay down in my arms
and fall asleep holding each other
so very tight in love,
please come lay down in my arms
so I can kiss you so sweet
and tell you I love you babe.

Please come lay down and wrap up
so very close because I am in need
of the cheer and love that you bring,
I just want you to sweetly kiss,
hold, and softly talk to,
it is within your arms I want to drift off
and then see you some more in dreamland my dear,
please my sweet love come lay down in my arms
because my heart calls out in full
for the only woman I'll ever adore.

Kira I love you so very much
and you're all I truly want,
so please lay here with me
while I hold you ever so tightly
kissing you over and over
before we end the night snuggling
and so brightly smiling.
I love you sweet lady and just want you beside me
because you are my everything
and you truly complete me.

Michael P. McParland

Night Note 181

A very sweet and tender loving
good night to you my sweet precious darling.
I hope you truly know in your heart
just how much I care and want you near,
I hope that you feel all of the
love and warmth that I send
and the kisses, smiles, and hugs
as well to cheer you up.
I miss you so much and want you here in my arms
to just calm and soothe,
as I give to you every last bit
of love I have in me to share.
It's only with you I want to give
and share as I look in your eyes
and let you see and within
the walls that defend.
It's only you I give myself too.

I love you sweet Kira and wish
that I am now eating a snack here
and about to find something to watch
that I were with you to just snuggle
up with and feel comfort
as I were with my true love,
I always want to be with my Angel so good,
I just want to be sharing this night
and all others before us.
I just want to look upon you
and see you smiling so brightly
knowing that all in life
is alright and brightly glowing,
you are the Angel that
keeps my heart beating and singing.

So my sweet love know as ever
that I am there with you
giving sweet kisses as I
hold you so close saying
I love you,

I love you,
I love you and thank you
for being my gorgeous Queen
and sweet Angel.
I love you so much
I often want to cry over
how sweet and beautiful you are,
I love you my darling
and hope that soon I'll be holding you
because you are my Kira so very magical
and I promise you that I'll be your Michael
standing by you giving my all.

Michael P. McParland

Come And Join Me

Come and join me my sweet one
for a relaxing and fun night
spent with each other arm in arm,
a night of sweet kisses
and the tightest of snuggles
is just what would be perfect
and is truly needed.
Come and join me my dear
and sit here with me as we just
spend time talking among other fun things.
Come and join me sweet lady
because you are amazing and the only one
whose company I am so longing.

Please come and join me sweet darling
for a night of good company and fun.
I know I'm not always the most interesting man
but I love to talk to you and I know
you always loved talking to me as well.
I thank you so much for always listening
to me as I rambled on because it truly has
meant more to me than you can know,
and that's just part of what I want tonight
is to hear your sweet voice as we talk along.
Please come and join me for this night
and well beyond.

Come and join me my sweet one
to read to each other for a little while,
so we can take turns closing our eyes
seeing a new world with us as the hero's.
Come and join me to watch a movie
full of laughs and adventures,
please just come and join me so I
can so tightly hold you and say
Kira I love you.
Please come and join me because
I truly do enjoy and love your company.

So my sweet love I ask you to please
come and join me for a night of true love,
just one of the many many to come
from all the unconditional,
undying, and endless love that we've always felt,
please come and join your Michael
who loves you so much because
all that I want is my loving adoring Kira here in my arms.
I love you sweet lady and hope that
you will come to join me because you are amazing
and the only one I want and need with me.

Michael P. McParland

Please Just Lay With Me

Please just lay with me my love,
please realize that in so many ways
I don't feel well and just need
as well as want to lay down here.
I just want you to understand
and please my love don't be mad,
please just lay with me and help
soothe my soul and heart,
please just lay with me
so I can soother yours as well.

Please just love me babe and understand,
please just lay with me and snuggle close,
I just want to kiss you dear
and cry a little bit as I need,
I just want you here with me because
you are my Angel don't you see.
Please just come lay with me
and let me give you the best and greatest love
I know you so need and I want to give,
please my one come lay with me
right here and now.

So please my dear don't be mad
and just lay here right by my side.
Rest your sweet head upon my loving chest
and snuggle up so very close.
We'll just cozy up while I stroke your hair
and rub your back giving you light
tender kisses all the while.
I need you dear and that's a fact
and it is all because I love you so very much.
I love you babe you are the best
so please don't be mad at me
and come lay down to rest away the stresses that we feel.

Michael P. McParland

Evening Note 100

Good evening on this quiet
and relaxed Sunday my sweet Angel dove
and as I just lay out on the couch
still feeling wiped out
from yesterdays headache and the stresses of life
I long to be with my Angel so bright
sharing snuggles and kisses
while we so softly talk,
and for you to shut your eyes with me
shortly as I still just get myself whole
from that headache and heal from
the coldness of the outside world.
I wish I were with you
the one I adore most in the entire
universe and world.

On this evening and every other
sweet Kira it is you I am in need of
and it is because I so truly love you
and want to be holding you tightly
while I tell you I love you.
I just want to be with you
my loving golden treasure,
the most wonderful woman
anywhere ever.

I have no real plans tonight
except to in a bit continue
to rest my eyes as the thumping
in my head continues to feel
like it might again rise
and the stresses that have wiped me out,
I wish you were here though
to lay with and tell jokes.
I have so much to share
and funny little things I want to tell you,
I just want my sweet one
in my arms now to give kisses to
and hold so close

giving endless peace and comfort,
I just want my sweet Kira
who heals my heart and I want
to heal yours my sweet Angel of light.
I love you my darling and hope that you have
the greatest of evenings
while I send you the sweetest
of kisses so loving.
I'll be dreaming of you
and will write you after
I open my eyes and know
that I will always be yours
standing right by your side.

Michael P. McParland

Needing Your Kisses

Waking now my sweet one
from a long fitful sleep full of bad dreams
I wish that I could immediately
pull you in tightly and feel all
of your love surrounding as we share
sweet kisses both of us are so needing.
I love you sweet lady and I am missing you
in all of your beauty and wish
that right now I could just lay here and hold you.

As I just lay here now my dear one
I need your sweet words and kisses so bad,
just to help get this day going
and to have the comfort of my sweet darling Kira,
that's what I'm needing and wanting
is the kisses and company of my sweet Angel.
I just want to hold you so close
and give you deep tender kisses over and over.

So my sweet darling as I am now rising
I send you sweet kisses and big hugs
so very caring and warming,
you are the greatest and the only one
I want to forever be with and so closely holding.
I adore you sweet lady and just need
your snuggles and kisses because
it's only for you that my heart
continues beating and singing
in all of my endless true love and deep care.

Michael P. McParland

Gentle Tender Kisses

As I reach out in the middle of this night
to hold you so tight I give you sweet
gentle and tender kisses of true love
because you are my precious Angel
and there is nobody else I'd rather be with.
I give you sweet gentle and tender kisses
because you are beautiful and I so
adore you my best friend and hero.

Feel me wrap you up and pull you in
to give you these gentle tender kisses
and all of my warmth as I tell you
I love you and you are the best.
You are adorable and I just want to hold you
giving endless gentle and tender
kisses to my sweet precious Angel.
I love you sweet lady and find you amazing
so I reach out to snuggle while
giving you sweet gentle and tender kisses.

I love you sweet one more than anyone
can ever possibly know so I reach out
on this night to hold you so close
and just give you gentle tender kisses
of pure caring strength and deep love.
I love you sweet lady and you truly are
my only one and I'll be by you forever
holding you close and holding your hand.
I love you sweet lady you're such a gem
and I send you these sweet gentle tender kisses
to give us peace knowing I'm there.

Michael P. McParland

All I Want 4

All I want is to wrap you up
within my arms and give you all my love,
I just want to hold you close
and let you know I care because
you're so great with such a precious
heart and soul of gold I truly
find so pure and good,
all I want is you because you're you
the one I love through and through.
Kira you are my everything
and want to have you right here by my side
through all space and time.

You're all I want my only one
because you're so beautiful in all ways,
my heart beats so hard as it calls your name
letting you know you truly are
all I want and my everything.
All I want is special you because
you are a treasure and all I've wanted
since we met my only one.
All I want is to be able to spend the night
kissing, talking to, and holding you so very tight.

Kira dear you're all I want
and I pray that of me and my love
you'll never doubt.
I always try my very best
and always will for the one I love most,
I want you to know that I would
do anything to have you here to hold and kiss,
I want you to know your great worth
as I give you all I can ever give.
All I want is for you to be here with me
holding each other oh so close
because to spend time with the one I so love
is all I want and ask.

Michael P. McParland

Endless Love And Kisses

I send to you endless kisses
so sweet and true love so pure,
I care for you so very much
and for you there is nothing but
tenderness in my singing heart.
I send you such endless love
with all of my strength
because you are an Angel sweet dear
and all that I'll ever want and need.

I'm truly so sorry my love
as after I ate my headache returned in full,
it got bad enough that I had to lay down
and thankfully I fell off into
a light sleep where it went away.
So I'm so very sorry if you were
worried, upset, or thinking I might
have blown you off because I would never do that.
I love you so much and would have loved
to had you here right by my side
because you know how bad my headaches can be
and your deep and sweet comfort is just what
I will always need.

So endless love, thanks, and sweet sweet kisses
to you Kira my sweet Angel dove.
Sweet sweet kisses to you my one
and only sweet Angel dove.
If you could only be me for a moment or two
you would know the immense love I hold for you.
It is undying and endless and I want to
say it with the sweetest kiss,
while I hold you so closely so you can
see in my eyes and feel both of our heart
melt into one.
I love you sweet Kira and adore you
as you are because you are my Angel
the greatest of all time.

Michael P. McParland

Evening Note 99

Good evening my sweet love
and how are you?
I wish I could there
to hold you so near,
to give you sweet kisses
and hold you so near,
to tell you I love you my sweet darling dear.
My headache keeps ebbing
and flowing not deciding
if it's staying or going
and I would love nothing more
than to lay back on the couch
with my head on your lap
while you lovingly rubbed my face and head,
I would just smile at you
and say thank you my love
you are the greatest
there's no doubt about that.
You're everything I'll ever need
and I'll ever want.

I wish I were with you
to share a beautiful evening
in each others arms feeling so good.
I've not yet eaten dinner
and to share a meal with you
would be total heaven,
I'd eat what I could and then just
enjoy knowing that you were pleased love,
a beautiful evening with
my Kira so good is everything
I want and need forever my Queen.

I hope you have a good evening sweet love
and now I must go eat and hopefully
that will cure my headache,
just feel my arms around you
and my sweet kisses too,
I am in such need of our future

evenings my dear.
I love you sweet lady and pray
for you always
and I hope you know
that I am your Michael
and yours alone forever and ever
through all eternity.

Michael P. McParland

Sweet Waking Hugs And Kisses

As I now rise and slowly get
myself going with a bit of a headache
I send you sweet kisses and hugs
to get this late day
and say Kira my dear I love you so very much.
I love you in full and wish you were here
to hug and kiss while I see you smile,
I wish you were here to sit down by
and softly talk while I fully wake up.
I love you so my sweet Angel dove
and send you sweet sweet waking
hugs and kisses galore.

I love you sweet one and just desire
and long to be in your arms
giving you sweet waking kisses and hugs
on your cheeks lips and neck,
sweet waking kisses that make
the whole day here so very very good.
So as I know rise and pray this headache
will go away I send you sweet kisses
and my strength to warm you in whole,
I'm dreaming of you and all the good times
we'll have when you're ready dear.
I love you so much and just want
your sweet kisses right now
because you are a treasure
and the crown jewel of my heart.

Michael P. McParland

Lay With Me Sweet One

Come lay with me sweet one,
the night is just about through
and I stayed up longer than I meant to.
I am tired to the bone my dear one
and just want to lay down with you
in each others arms to snuggle away
the rest of these waking moments here.
Please come lay with me and kiss so sweet
as we drift away with big smiles on our face.

I am so tired my dear and I just want
to put on one of my podcasts or audio books
as I lay down with my precious girl
arm in arm lips pressed to lips
giving each other the sweetest kisses
any lover could hope to have from their one
and I want you kisses while in your arms,
the arms of a divine Angel and the greatest
woman that there is anywhere in the universe.
So please come lay with me sweet one
the man who adores you to no end.

So even though it now enters very early morn
I am so tired and say goodnight to you.
I ask you to come lay down with me
so I can hold you as I say I so love you,
then seal it with a tender kiss so very loving.
I just want you to be with me as we
give each other such deep comforting peace
and happiness that can't be found
anywhere else but with your best friend.
I love you babe and ask you to come lay with me
because you're everything I'll ever want and need.

Michael P. McParland

Night Note 180

A very beautiful and sweet
good night to you my sweet one
and I hope that you are well
and doing good feeling all of
my strength, warmth, and endless
undying true love which I send to you.
I pray that you know just how much
I care and wish you were here
to spend a beautiful night
in each others arms
feeling whole and good as we
snuggled so tight.
I love you my dear sweet one
and miss you so very much.

So as I sit here now having
been done with all my chores
and having enjoyed that nice shower too
I just want to sit back with my girl
and snuggle away until bed.
Just watching some TV while
we eat some good snacks
and just feel the deep comfort
we both so need and want.
It is you to be here for
which I am longing
so we can just spend time
together having fun and laughing.

So now as I sit here and wish
for your company I send you
the biggest of hugs and sweetest of kisses,
I love you my darling
and will always be with you
because I would never leave
my best friend who I'm so in love with.
You are the greatest and my divine Angel
who I just want to be with forever and ever.

Michael P. McParland

Relaxing Before Bed

I don't know just yet my sweet love
when I'll be headed to bed
but I know that it's with you through
the night that I want to relax
as we sit and lay back sharing kisses
so passionate, loving, and full of sweet need.
I just want to be relaxing with you
my Angel so beautiful and good.

So first my sweet dear I'll shave my head
and take a very cleansing, refreshing,
and relaxing shower that washes away all
the sourness of deep stresses
and the tears of deep sadness.
I wish you were here just to be with
while we smiled at each other
in the comfort we've always provided
and just enjoy relaxing in each others arms
under the flowing water.
That would be the perfect start
with you my sweet darling for a relaxing night
arm in arm hand in hand together
feeling so wonderful.

So my sweet dear though it may be awhile
before I go to bed I would love nothing more
than to spend a relaxing time with you
feeling so very good just holding you near.
I want you in my arms and to be surrounded
in all of your charms knowing that
life is so good and all will be fine.
I long my sweet one for a relaxing time
with you before bed and will be dreaming of
all the beautiful times to come with you.

Michael P. McParland

An Evening So Tired, In Need

A very good evening to you my sweet love
and I am truly so sorry it took me
so long after my return to right you my dear.
When I arrived home from shopping
I felt so very sick from hunger
and low blood sugar I had to lay down
until I could eat some dinner and recover,
I only now am feeling better
and how I so wish you could have lay down
with me and snuggled the entire while,
and now on an evening so very tired
I am in want and need of your smiling company,
to just snuggle and kiss while we spend out time
feeling close and having so very much fun.

I still just feel so very tired my dear
from stress and emotional stuff
and I just need you arms around me
and your head on my chest as we relax
for the evening and watch some TV,
read, and talk away,
I just want you my Angel so good
because you always brighten my
night and days giving me endless peace.
I just want you here on this evening right now
to hold each other forgetting the world.

So again I apologize my sweet lady
and just wish to be with you
on this tired evening enjoying each others company.
I love you so deeply and only
long to gaze upon you in your infinite beauty
telling you that you are my only,
to tell you I love you over and over
while I show and tell you how much you matter.
Again I love you sweet lady
and wish that on this tired evening
I could be with the Angel I'm so needing.

Michael P. McParland

Love Note 466

Good late afternoon
my sweet beautiful Angel
I so truly love, care for,
and deeply adore to no end.
As I now finally rise
from a long exhausted sleep
I send you sweet sweet kisses
to say I love you babe
and thank you as ever for your
kind loving strength, kindness,
and caring patience you give.
I love you my sweet one
and I always will.

As I now rise I am going
to the store to pick up some things,
I am still feeling tired from waking
and I wish you could join me
as we start the evening
and I get myself moving,
then upon our return I would
cook you dinner my darling,
I want nothing more than
a beautiful evening
with my sweet precious lady
who truly is my dear everything.

So my sweet dear I best
get going now
and I will write you something
beautiful upon my return.
I love you my lady
and believe me when I tell you
that you are amazing,
you're all I want
and missing you is one
of the biggest challenges
and struggles I am facing
because you are my gorgeous

and darling Queen Angel.
Feel me there with you
and my arms wrapped so tightly around you
knowing that I will always be
your supporting, dedicated,
and ever loving Michael.

Michael P. McParland

Middle Night Kisses While Holding You

As I am so very tired and will soon
lay down my head to go to sleep
I reach out to hold you so tight to me
while giving you middle night kisses so sweet.
I just want to hold you and comfort you
giving all of my warmth and love,
I want to help reassure you I'm always there.
I'll never leave you because you are so good,
with a heart and soul made of pure gold
I love and adore you.

I give you sweet middle night kisses my Kira
as I hold you so very tightly saying
I love you and thank you for everything.
I just want to hold you so closely
while I kiss your cheeks and lips
as well as light pecks on your neck,
I love you so deeply and desire only you
completely in all of your glory
I am reaching out to hold you
and give you deep comfort while I kiss you.

I send you the sweetest middle night kisses
and my prayers for you and us both
right along with them.
Feel my arms around you and my strength
filling and surrounding to feel peaceful
and know that by me you're always protected.
I love you sweet lady and so look forward
to our sweet and delightful middle night kisses,
you are my Angel and you fill me with
brightness so bright and hopeful.
I'll always be by your side hand in hand dear
because you are my best friend and true love
whom I adore and admire.
I will be your man forever and ever because in
my eyes, heart, mind, and soul there is no other
it's only you.

Michael P. McParland

Night Note 179

Sweet sweet kisses to you
my dear sweet Angel of light
and I so pray you are
having a good night.
I pray you have felt and been filled
with all of my care and loving warmth
as I have gone about my few chores
and sat here reading and watching a film.
All the while I've dreamed of you
and wished you could be spending
this night along side of me
just enjoying each others
fun, loving, and late night tired company
with you held so very close
as I kissed you so sweet
and told you that you are the best,
I just wish you were here
because I love you so much.

I just think of you and my heart
flutters in full remembering
your beauty and just how great it is,
it flutters in need of your big hugs
as we just stand together forever in love.
I miss you my Angel and long for you deeply
because you are my everything
and I long for your hand and to
be your man through all eternity my only love.
You are the one and I give myself in full
because you are my everything and I love you so much.

Michael P. McParland

Sitting Here Wishing For You 2

I love you my dear best friend
and as I sit here I'm wishing you were
right here beside me snuggling and kissing,
just spending time as this night
fully winds down talking and laughing
as we just revel in the loving bond that we share.
God bless you my darling I so wish you
were here sitting with me having such fun
and feeling so cozy with my dear special one.

I must soon get up and do the dishes
and I just sit here wishing that
you were with me to talk and share company,
not to help me with my duty
but to just be near and smile so big.
To be near and help soothe my soul and heart
as I would soothe yours my sweet Angel dove,
I just wish that I could hold you
and wrap you up so you would feel safe
in all of my endless care and deep love
and so I could feel safe just having you there.

So as I'm sitting here now
I wish that you were here to just
sit back with me and talk away,
to have and to hold my only one.
I truly love you sweet one so very much
and just pray that so soon I will be holding you close.
Kira you are my one forever and ever
and I swear as always I'll never leave you.
I want to be always with my adored Angel
because you are the reason I still believe
in true love and the beauty in this world,
you are my heart my dear sweet one
and help me to keep going.

Michael P. McParland

Late Evening Snuggles 2

Late evening snuggles with you
my sweet one are what's so needed tonight.
It's been a frustrating couple of days
for the most part my dear and you're all I want.
To gaze in your eyes and kiss you so sweet,
all the while saying I love you babe.
I miss you so deeply my sweet gorgeous Angel
and just want to have your sweet arms around me.
I just want to hold you so closely
and say thank you for being my everything.

Late night snuggles with you are what
I dream of to get through it all,
late evening snuggles and kisses
with my Kira I so adore,
sweet late evening snuggles to forget
the cold outside world.
I dream of these late evening snuggles
and can't wait for them to come true
making life so wonderful and full of deep joy.

I love you my sweet one and am right here for you
as I know you long for these late evening snuggles as well.
I love you my darling and it is only
your presence I am so needing and wanting,
you truly are my sweet and rare precious diamond.
You are worth more than all the worlds riches.

So my sweet love feel my arms wrap around you
as I reach out in spirit to hold you,
for now in this way we'll share
and enjoy our sweet beautiful snuggles
and on this almost late evening I need yours bad.
I love you sweet Angel I'm so glad
you're my best friend and I will be here
waiting for you to no end.

Michael P. McParland

Feeling You Here With Me (Sleeping)

As I lay here sleeping for the good
last little while after a nervous morning
in the dentist chair I could feel
you here with me in all of your loving care,
I could and can feel you near
and you are the brightest of spots
in what's otherwise a not very good day.
I was feeling you with me while I slept
and I can feel you now my sweet Angel of beautiful light,
I just wish so much I could talk to you
to share everything that there is.

As I earlier lay down to rest
I could feel you in spirit wrap
your arms around me so very tight and lovingly,
I could feel your lips pressed to mine
and my cheeks as you sweetly kissed me
and I could feel your soft caress
down my face and arm as you
rested your sweet head upon my chest.
I could feel you here with me and your big smile
and it felt so good my precious diamond I treasure.

I could feel you here with me
as I was drifting off and sleeping as well
and I want you to know it was the most
heavenly moment of my week in whole,
anytime I feel you I feel well.
It makes me long so very much
to be with you now snuggling and kissing
while I tell and show you how much I care.
I can feel you and hope you and feel mee too
as I so adore and love you in full.
Feel my sweet kisses and my hearts beating love
as it sings out all of my love songs to you.
I love you so much and feel you close
and I just want to be holding you right here and now.

Michael P. McParland

A Tired Afternoon With My Beautiful Girl

I have just arrived home from the dentist
sweet love and the tooth was worked on
hurts a fair deal and I'm tired as well,
I wish that you could be here with me
to sit back and relax watching a film
as I try to eat something when
the Excedrin has fully kicked in.
I wish you were here to share a tired afternoon
just spending time and later for
a small rest as well.
I only want to be with you my Angel so good.

So as I sit here and relax hoping the pain
won't somehow get any worse
I'll be dreaming of you my sweet dear
being with me spending a beautiful
and tired afternoon holding each other,
I'll be reaching out in spirit
to say thank you sweet Kira for everything
and I so deeply love you.
I miss you sweet lady and want you here completely
to just hold and spend a tired afternoon
so lovingly with each other.

Michael P. McParland

Night Note 178

Sweet kisses and a very
beautiful good night to you
my sweet darling dear.
It won't be very long before I go to bed
and first as I enjoy a snack and film
I wish you were here to join me
and spend some time,
time in each others arms
and so I could cook for you my Angel so good,
feel all the hugs and kisses
I send to you filled with all
of my love warmth and strength in full.
Know that in spirit I'm
right there with you.

I love you my dear and just
want you to know I can't wait
to be spending all of these times with you.
Kissing and snuggling feeling so very good
and just being with the ones
we love most of all.
God bless you my lady you are the one
and I just want to be with you right now.

Michael P. McParland

Late Night Snuggle And Kisses

I have just finished a wonderful
and very fun movie,
multiple times I thought of you
and wondered if you've seen it too,
it's been out for awhile
but I've just seen it now
and wish you had been with me to watch as well.
Sharing a good time while snuggling tight,
I just wish I had been spending time
with my sweet Angel bride.

So now I wish we could just sit back
still snuggling and kissing
while we just talked and then read.
Perhaps watch another film in a bit
and it would be one that you choose.
I just wish I could share with you here
a late night and kiss so filled with bliss.
A late night snuggle and kiss
is what is needed this night
as it would be just the two of us.

So my sweet dear let's so very soon
come back together to have wonderful
late night kisses and snuggles sweeter than anything,
I would give anything to be with you
winding this night down holding each other so tight,
to just spend time with our best friend
and enjoying our special bond.
I love you sweet lady and want to
be with you forever just knowing good,
never having to ever feel empty again,
I send you sweet kisses and big hugs galore
and just know I am there with you always my dear.
So as I now sit back I'll dream of you
and snuggling so tight because you are my Angel
so very wonderful and shining light.

Michael P. McParland

An Evening In Need

I am in need this evening
of your embrace and sweet kiss.
I just want to sit back with you my dear
and spend time quietly talking
as well as enjoying other things.
I am in need of my sweet Kira on this eve
seeing your sparkling eyes and your sweet smile.
I want to be with you feeling your brightness
lifting my heart and spirit to also feel Gods love.
I need you my sweet lady because you
are a true gift so amazing.

I am in such need of you my sweet love
because it is you that makes my world good,
you are the Angel for whom I so long awaited
and I want to just be with you holding you close
and sweetly kissing very loving and deep,
I miss you sweet Kira and just want you here
to share this evening cool and fare
knowing for once what it feels like
to truly be held by the woman I love
more than anything in the entire universe.

I love you my darling and on this evening
I'm so in need of holding each other
and just watching a movie,
to just sit and kiss you while gazing
upon your endless beauty,
to just be in your presence felling like
a King and Queen high above the world
marveling down upon it and upon each other.
I love you my sweet Kira and just want
to be with you holding you closely
both of us sharing our everything.

Michael P. McParland

Love Note 465

Good afternoon my dear love
and I still just lay here in bed
wanting my sweet one.
I feel so very tired
and am very stressed for so many reasons,
I just want to lay with you here
forgetting the world for awhile
while talking and resting,
I just want to be with my Kira
so beautiful and amazingly wonderful,
I just want you in my arms
to help make these days
bright and hopeful.

So feel all my sweet kisses babe
as I send millions upon millions
your loving way.
Feel me beside you with my arms around you
and never forget that I'll never leave you.
You are my special diamond
whom I cherish and care for
and I want nothing more than
to be with you because I so deeply love you.

Michael P. McParland

Waking Afternoon Kisses

As I wake from a long needed
and at points restless sleep,
on this afternoon I give to you
kisses so very deep and so very sweet
to say I love you and need you here with me.
To give those big kisses in person
and just snuggle with me as I
stay here in bed for a time more.
I want you here because I miss you so
and send you these sweet waking afternoon kisses
letting you know you'll always be
my sweet Angel dove.

I love you my darling and just want
to have your arms around me
as we share sweet waking kisses
that would help lift my heart
which feels so very heavy.
It's sad waking without you
and knowing that through the whole day
I will not see or talk straight to you,
my heart is heavy with tears
and I just so want to be with
the one I love to hold and kiss.
I send you these sweet waking kisses
to let you know I'm always with you.

I love you sweet lady and as
I lay here for a good bit
I'll be dreaming of you as I send
these kisses so sweet and so big,
just feel my loving arms wrapped around you
and my lips giving sweet kisses
my adorable Queen I so miss.
God bless you my dear and know that
you're truly cared for
because you are the greatest
and I will always love you
with all of my heart and soul,

no other I swear.

Michael P. McParland

Night Note 177

A beautiful and good
sweet night to you my dear love,
and as I now sit here
after trying to just rest
and relax my aching tummy
I wish more than anything that
you had been right there
lying down beside me
and not sitting back snuggling so tight.
I love you sweet Kira
and miss you so badly.
I hope you know I've been
praying for you to be feeling good
as well as feeling all my strength
warmth and deep endless love,
I've been praying for us to
be able to have our wonderful days
so very soon.

I love you my darling
and just want you to know always
that you are my only one and true everything.
I adore you so much and just
desire your company
and also your soft touch as we kiss
and snuggle each day and night.
I just ache to be with you my Angel of light,
I'll never leave you my sweet delight.

So my sweet love know as I sit here
I'll be dreaming of you
while I send sweet passionate kisses
with all of my loving warmth,
I want to only ever be with you
the one I love more than anything ever
my sweet Angel dove.
So please feel peace in your heart
and remember I'm only yours
from the very start through

every last second of time that there is.
I love you my darling and feel
my arms around you
because I just want to give you
deep comfort feeling so safe and protected.

Michael P. McParland

To Hold Each Other

I just want to be lying here
as we hold each other right now,
a peaceful night as we just lay here and talk.
I want to be here with you
forgetting such a stressful day
where I haven't felt well
and just snuggle away the time
feeling all of the endless joy that you bring.

I just want you here so I can
hold you so near and be held
by beautiful you in return.
I'm feeling down and a bit sad
on top of my stomach feeling off.
I just want my sweet Kira whom
I so dearly care for and love.
To just lay down with and feel comfortable,
to feel safe with my Angel.
I just want you here so we can be holding each other
in total peace and comfort.

Sweet love I just wish you were here
because you are the one that makes life
so very wonderful and fun,
I want us to be holding each other
forever through time.
I'm sending sweet kisses and hugs
so big to fill you with my warmth and loving.
I miss you sweet lady and can't wait
to be with you spending great days and nights
just holding each other enjoying
the greatness of being best friends in true love.

Michael P. McParland

Late Afternoon Snuggle

I just want to snuggle with you
right now my sweet love in this late afternoon.
I still don't feel very well
and am so very tired here,
I just want to hold the woman I love
while I drift off for a little while.
You don't have to lay with me the whole time
but I need you by my as I lay down.
To kiss and to tell you just
how very much I truly love you,
and to feel the deep safety and comfort you bring me.

So please come my sweet one and share
the most beautiful and loving late
afternoon snuggle with your best friend
who so truly admires and adores you,
please come be with me forever and ever.
I just want to be with you the one
who helps me know there is good
and I want to always give myself too.
Come my dear sweet one and snuggle forever
sharing a gorgeous late afternoon
together snuggling so loving.

Michael P. McParland

You're Needed 2

You're needed my sweet one
because you are so cared for and loved,
I want only you because you are my everything.
My Angel, my best friend, my hero,
and my beautiful treasured Queen.
You are needed my sweet one because
you bring true brightness and beauty
to not just my world but the world as a whole.
I so adore and love you and that's why you're needed,
because you're the Goddess of all I see.

You are needed because without you around
I feel so sad and like a piece of me is gone,
you're wanted and needed because with you
I feel complete and you make my world go round.
You're needed because you're you
and that is truly the most wonderful thing.
You give me support and strength all men need
but all to often never receive,
you are so very pure with you heart of gold
and you're needed because we share true love
that transcends all words.
You are needed so I can share with and give you
all I have and am at every single
point and turn there is in the road ahead.

You truly are needed sweet one because
I truly do love you more than anything
and I just want to hold you near
giving you all the love you want and need forevermore,
I want us both to share all of our
loves and favorite things of all time,
you're needed babe because I love you
and what's a man without the one he adores.
I love you babe with all of my heart and soul,
I love you with every ounce of what I am.
God bless you Kira for you are a gorgeous Angel Queen
and you're needed because you mean
the entire universe to me.

Michael P. McParland

Morning Note 186

Good morning sweet love
and as I only rise now
I send you sweet kisses and huge hugs
filled with all of my endless warmth,
I love you so very much
and wish I could just hold you now.
I am not feeling well
and have a meeting I don't
want to got to in just a few hours,
I paperwork still to be filled out
I haven't touched at all yet babe.
I just want to lay here and be with you
passing the rest of the morning
kissing, talking and laughing.
Good morning sweet Kira
it is only you I am wanting.

So as I now slowly get up
just feel me there with you
holding your hand and you as well.
I'll be praying for you
as I go about all that I need
and please say a prayer for me
that I will soon be feeling better
and this meeting will go good and quickly.
No matter what though my dear
I'll be wishing we were both
in bed snuggling and resting
as much as we were able.
I love you my darling
and will always be right here
and there for you.
You are my Queen and saving Angel
whom I just want to share life with
forever and ever.

ILYF KP to no end.

Michael P. McParland

Lying Beside You

I lay down earlier sweet one
ready to write you but feeling so tired
I closed my eyes for what I hoped
would be just a few minutes or short bit
and I am so very sorry my dear
for as we now see I went out like a light
for the last 5 hours or less.
I'm truly so sorry my dear
and now through the rest of this night
I just want to be lying beside you
snuggling ever so tight and kissing you sweet.

Lying beside you right now
and through the night as a whole
would be the perfect treat
for this man who loves you so.
I miss you so much and adore you sweet love
that I just want to hold you
and soothe you while you fall asleep babe.
To just have you rest your head on my chest
and I would stroke your hair and rub your back.
I'm sorry sweet love I fell asleep so very long
and just want to be lying with you
side by side kissing and snuggling ever so tight.

I wish my sweet love I could just be
lying beside you tonight.
You don't know just how much I am missing you
and pray to be sharing everyday
and every part of my life with you so very soon.
You are my Angel and desired bride,
I give my self and whole life to only you.
I wish we were snuggling because you
are my blessing and gift straight from God.
I love you my Kira and am longing to be with you,
tonight just lying beside you admiring your sweet beauty.

Michael P. McParland

Love Note 464

Good late afternoon my sweet love
on this bright and sunny one,
the only thing that could make all
even more beautiful is you
my sweet Angel dove.
You truly are the worlds beauty to me
and so very much more.
God bless you Kira so beautiful
pure and good,
I'll only ever want you.

I just returned a short bit ago
from a little walk around the duck pond
in the park dreaming of you
and the beautiful time we would have,
all the time I was sending you my warmth and love
I so hope you felt it surround you
with all of my strength and sweet kisses as well,
you made me smile as you always do.

I just wanted you to know as I go about
cooking dinner now I adore you so
and hope you know that I pray
for your happiness and return so very soon.
I love you my dear and wish you were here,
because you are my Angel
and all I hold dear.

Michael P. McParland

Resting, Dreaming Of You 2

I've been lying here for
the last little while
and I've been dreaming of you
my sweet precious Angel.
I've been dreaming of you hugs and kisses,
I've been dreaming of you sparkling eyes
and gorgeous smile.
I've been dreaming of you the one I so adore
because you are the woman I admire and love
in every way that there is.

While I rested here I dreamed of you
to give myself a smile,
thinking of my sweet lady Kira P.
gives me the greatest joys
even as my heart still aches to be with you.
You are my hopes and my joys both
on this earth and for heaven above,
you are everything I want because you are perfection
in my heart with all the love and kind caring
you hold within your golden precious heart and soul.
As I lay here resting I dreamed of you because
you are an Angel who loves me in return
and that is the greatest gift that there is sweet dear.

I love you my sweet one truly
with all I have and am through all time.
As I rest I always dream of our times
both past and in the future dear,
our talks and kisses, our snuggles
we are both in such need.
I just dream of you because I care
and want us to share all there is,
I can feel all your love and it is only
to you I'll tear down my walls and cry in front of,
all others will get only my shell or just below,
nothing like I'll ever give to the Queen
I hold so dear and rules the world
I cherish within both you and me.

I dream of you because you are such a special
gift and blessing from our perfect and loved God.

So know my sweet dear within your
sacred golden heart and soul
that as I rested I dreamed of you and me,
I dreamed of all there will be
because you are my everything.
I love you more than the world and universe
and fight for you in all ways I can,
I just want to be in each others arms for all time.
God bless you my dear and feel all
of my loving warmth as I send it to you
with all my loving strength,
know I'm holding your hand in spirit all the way
and won't forsake you ever babe.
I love you Kira so please soon return to me
because you are the only one for whom I long and dream.
You are the most beautiful and greatest woman there's ever been.

Michael P. McParland

A Sunny Afternoon With You

It's a beautiful and sunny afternoon here
and how I would love to spend it with you.
To go to a lovely park to share a picnic
as under the shade of a tree we held each other
so very closely and tightly my dear,
just lying down and sitting on the most
comfortable blanket we own.
It's a beautiful sunny afternoon here
and I wish you would come so we could enjoy
every single one smiling within each others arms.

A sunny afternoon I just want to spend
with the love of my life in the beauty of the world.
To grill some burgers just for you,
they wouldn't be really fancy but I want
to share such a lovely time with you.
So feel me there with you saying I love you dear
as in spirit I pull you so closely in
so in some way we are able to share this gorgeous day,
a day I wish I were spending with gorgeous you.

So here on such a beautiful sunny afternoon
I'll be thinking of you and holding you in my arms,
please think of me too sending all of
your loving warmth as I send you mine.
God bless you my sweet love as well as us
to find our way back so very soon,
you are the only one I'll give myself to
and I just want to spend all of these days
with you having such fun in our shared love.
So feel all of my sweet kisses
and the sun that I send you to feel all of my love
because you are my sweet Angel dove
and the only one I stand by forevermore.

Michael P. McParland

Longing For Your Morning Kisses

As I awake my sweet dear
I long for you and all the kisses
I can't wait for us to share.
I had some bad dreams and I want to hold you
forgetting them all and the lies that they are.
I had a dream of losing you to another man
and I know that won't happen
but I long for your comforting morning kisses so bad.
The comforting morning kisses
of my beautiful Kira an Angel so rad.
I long for you my only one.

So as I now lay here preparing myself
for this day mentally I reach out to you
for such comforting snuggles
and ask for your warm loving kisses.
To help both of our hearts settle
and just be peaceful knowing
that we'll always be here for each other
as best friends who have true love
and are faithful people.
That even with distance we still feel
such a bond and it's wonderful.
I can't wait to be with you
as I so want and need your comforting
morning kisses so sacred.

So my sweet darling feel my sweet kisses
as I send them with big hugs
and know that your Michael is as faithful as always.
I just want to be lying with you while
we are talking, reading our books,
listening to music, a movie or two.
I long to just be in bed here with you
sharing sweet sweet morning kisses galore.
I long to be with only you forevermore.
If only you knew how horrible that dream
of another taking you and your love from me.
I love you sweet lady and miss you badly,

so I lay here right now in need
of your sweet, loving, caring,
comforting morning kisses so divine and supreme.

Michael P. McParland

Please Lay Down With Me

Please lay down with me
right now my sweet dear.
I just feel so alone
and truly miss you so.
I just want to lay here side by side
kissing you so tenderly with all
the passionate love I hold for you.
God bless your sweet and tender soul
to know that your man truly loves you so.
Please never forget that I am here for you
just wanting to give you all the best
there is and all the best I have.
Please just come lay down with me
to share our warmth snuggling so very close.

Please lay down with me
and rest your head upon my loving chest,
we'll just softly talk while I stroke your
long flowing hair and rub your back,
please come lay down beside your Michael
who wants you for you and just that.
I love you babe you truly are my everything
and all I can say right now is you are the best
while I ask you dear to come lay down
with me because you truly are the only one
I want here with me through all time.

Michael P. McParland

Heaven 2

Heaven is being with the one you so love.
Heaven is spending time holding each other
and holding hands.
Heaven is knowing you're loved
by your only one
and I love mine and feel all hers as well.
Heaven is knowing you're cared for to no end
and that is a gift I share with my Angel
so good and true.

Heaven is snuggles with kisses of love.
Heaven is just spending time
with the one you so adore.
So for me my heaven is my only best friend
and her name is Kira the most wonderful
woman there is,
holder of my heart and soul
which only to her would I gift.
She is my joy and all that is good,
a gift and blessing from God so right here
on earth those that she touches
could feel that delight of heaven
and she has touched me so deeply
she is the most blessed of Angels.

Heaven is knowing you're heart
will forever be carried and cherished,
that you're most beloved will do anything to protect it.
I love my sweet Angel and would do anything
for her because she has given me
the gift of heaven through true love unhidden.
I love her so much and am thankful beyond measure,
I know true heaven because I know and love her.
She is the greatest and such a treasure
I thank God for giving me such a glorious gift
being able to know divine love from such a treasure.
She is my heaven and all I am wanting
as my wife and partner forever and ever.

Michael P. McParland

Evening Note 98

Good evening sweet love
and how are you?
I pray you are well
and truly know in your heart
from both of our prayers
and how much I've shared
that I love you so much
and deeply care.
I'll wait forever for you
because you're everything
in this universe to me.
You are so caring, kind,
and deeply giving.
You are the Angel for whom
I've always been waiting.

God bless you my darling
I so truly love you
and want to give you my everything
each day in all ways I am able.
I adore you sweet lady
and just want to hold you
right now spending
a delightful evening.
You are a rare diamond
so truly treasured
and i just want to be with you
forever and ever.

So do feel me beside you
as I am always
and know in your heart truly
that I'll never leave you.
Have a wonderful evening
sharing a dream of us snuggling
as I send you kisses endlessly.
I love you my Kira
and long to be with you
the woman, Queen, and divine Angel

I love more than anyone or anything.

Michael P. McParland

Quiet Sunday Afternoon

As I now rise from my needed
Sunday rest on this day dear
I wish you were here to be with sweet lady,
it's such a beautiful and warm
to hot day in Minnesota making it perfect
for us to turn on the cooler and snuggle.
I wish you were here to kiss and talk to
together spending a quiet and beautiful
Sunday afternoon so very peaceful and loving.

As I sit back to read I send you
these millions of kisses with all my strength,
huge tender hugs to wrap you up
saying I love you and giving you all of my warmth.
God bless you my darling and know
that I'll forever want you beside me.
Side by side hand in hand as we spend
so many peaceful, loving, beautiful days
together supporting each other as King and Queen,
I wish you were here my sweet darling dear
to spend such a wonderful time sharing
all the things that we love as well
as ourselves and time with our best friend
whom we truly love so very very much.

So as I now rise from my rest needed so bad
I send you this kiss and all of myself.
I wish so bad that you were here
so we could just spend the most beautiful
and loving Sunday afternoon.
I know it will happen and I'm eagerly awaiting
but in the mean time it is so hard without you.
I love you sweet lady and will never leave you
because you are so special and my heart
only wants the most beautiful woman,
I only want you my sweet darling Angel.

Michael P. McParland

Under The Covers 12

Come my sweet one and join me
this afternoon under the covers for a good rest
and the sweetest of snuggles.
Last night I didn't sleep great
and I just want you in my arms as I rest,
to share kisses and soft words before
we begin sleeping,
please my sweet one come escape this world
for just a little while with me.

Come my sweet one and together escape
into our own world away from it all
as we talk, kiss and laugh
snuggling under the covers feeling fulfilled.
Come join my dear as I'm in need of you
my darling Angel whom I love so true,
come my sweet dear and rest with me
as we find peace together like we always do.

So please come my sweet one
as I'm feeling quite tired and just want
you here in my arms to feel
peaceful and safe with my only one.
I just want to kiss you and hold you
while saying Kira I so deeply love you.
Come my sweet one and under the covers
we'll find the soothing solace we've needed.
God bless you my darling you are my dreams
and I hope you know just how much you mean.

Michael P. McParland

Waking Needs

Good Sunday morning my sweet one,
I pray you had sweet dreams and slept well.
I love you sweet one and on so many levels
life without you is pure hell.
Waking and not being able to see you
is always hard darling but eons worse
after nightmares as you know I am cursed with.
Especially bad are those ones
where I lose you again and again,
so my waking needs are just to be held
by my sweet precious lady
and to hold you so tightly giving you
supreme love and comfort you need as well.
I love you sweet Kira and just want to be with you
here on this Sunday at hand.

As I woke shortly ago I just lay here
in bed with my eyes closed for a little while,
to dream of my lady and all the good times we had
and to dream of the good our future does hold.
I love you my darling and just want you here
for a quiet, peaceful, and loving
Sunday morning, afternoon, evening,
and night of kisses snuggles and conversation.
I miss you sweet lady and need you
because it is you I am so deeply love stricken.

So as I have woken and will soon have risen
I wish you a beautiful good Sunday morning
and send you sweet kisses as I reach out to hold you,
to tell you I love and treasure you fully,
to just give us both comfort in the way that is possible.
I love you my Kira and so truly adore you
because you are my Angel whom I will always
give my all and everything.
I need you because I love you and just want to serve you
so please on this morning feel me there with you
as I give you kisses and snuggles so tightly.

Michael P. McParland

My Heart Melts 2

My heart melts for only you.
In all your beauty and all your love
it is you that I adore.
My heart melts because of you
because you're an Angel so divine.
I love you and want you near
because you are my only one.
My heart truly melts for you because
you're everything I hold so high
and I want to have within my life.

My heart melts for you
because I love you more than anyone can know,
You are my Angel and my heart
whom I want to hold so close.
God bless you dear you are my one
and all I'll ever need or want.
I love you babe and I always will
be right by your loving side.
My heart melts for you I hope you know
and I send sweet kisses and my loving strength
with endless warmth to you.

Michael P. McParland

Love Note 463

Good late afternoon my sweet love
and I apologize I was truly not able
to write sooner to you.
After I last wrote I was doing the dishes
and had a glass cup break
cutting part of my typing hand open.
So first I had to nurse that
my sweet dear and now typing
is slow going as well.
I truly am sorry and wish I
could have let you known
so you would not have to worry
or feel like perhaps you had been forgotten.
I was thinking of you as I
took care of myself
and as ever hoped you are well,
I love you so deeply
and you mean more than all the earth
that no matter my issues
I worry for you.
So I apologize now dear as
my typing is short
but I have a big bandage
around part of my hand.
It makes typing hard
but I want you know that overall I am fine.
God bless you my dear
and remember I'm always with you
because you are my everything
and my sweet Angel dove
whom I adore to no end.

Michael P. McParland

My Most Beloved Angel

You are my most beloved
and treasured Angel on this earth,
the universe, or anywhere my sweet dear.
You are my most beloved blessing
and gift from God in the pre existence,
this life here, or the next my sweet precious gem.
You are my most beloved Angel
because for each other we care
and are so filled with love as the greatest best friends.

You are my most beloved Angel and hero
though you may not always see it my love,
I truly do the best that I can each day as I go
and though some days may seem less
I promise you I'm always doing the best that I can
because it is you I want for all time.
You are the greatest and my most beloved
and I will always be right by you side hand in hand
giving my best to the woman I love.

Remember always my dear only with you,
I just want to have your hand in mine
as husband and wife so in love
feeling total joy as time goes along,
you are my most beloved person anytime anywhere.
I love you Kira with all of my heart and soul
and just want to be holding you forevermore.
I love you sweet one and pray for you
because I want you to have the greatest of joys
and to know how much I care.
I pray that so soon we will have what we need
because we are true soul mates in so much need
of what we give each other in each deed.

Michael P. McParland

Missing You So Bad Today

I missing you so bad right now,
as I go about little chores and tasks
I listen to so much music
from all the artists I most love
and it all tugs at my heart and soul
as in the best of ways it makes me
think of you and I miss you so much more.
I'm missing you so bad today
just like everyday I do.

I miss you in all your endless beauty,
I miss you as we talked and in the day
we sat so close next to each other,
I just miss as I could look upon you
in all my loving wonder and all the
wonderful tinglings that you give me.
I miss you my lady and can't
wait to be reunited kissing, smiling,
laughing, and relief filled happy crying.
I miss you and want to have you here with me
to spend the day feeling whole and oh so great.

I truly love you dear and am missing you so bad,
I just want to sit back and hold you near
as we share everything we have.
I love you and as we spend time just forget the world,
you are an Angel and a gift,
a true miracle from God in my life
I can't thank him for near enough.
I thank you as well for all your care and love,
I adore you and just want you in my arms.
I love you Kira and miss you more than you can know
because I love you more than anything
on this earth or in the entire universe.

Michael P. McParland

Good Morning My Sweet Soul Mate

Good Saturday morning my beautiful
most beloved and treasured soul mate,
how I wish you were here to share
the sweetest kisses and warmest loving snuggles
before the day gets started in full,
I truly miss you so very much
and can't wait till we're together again
to greet each other every morn
with smiles so big slipping into each others arms.
I love you my sweet one and will through all time.

Good morning my sweet soul mate
and to me you truly are so very great.
Often it is hard to rise when I know
I still must wait for everything to be right
and I will have you right by my side
holding hands to face every task each day,
I love you so much and knowing I will
be with you one day keeps me going
because you are an Angel and Queen to me,
you truly are my everything
and as ever I will be sending you
sweet kisses, strength, huge hugs,
and all of mu pure true love throughout the day.
I can feel you near as ever,
I can smell your soft beautiful pale skin
and gorgeous long flowing hair
and that helps me get through more than you can know.

A very good Saturday morn to you my most
treasured and cherished true love
and sweet soul mate I adore,
feel my lips upon yours and in my loving arms
so passionately kissing you
and letting you know how much I care,
know that I'm with you the entire way through
and would give my whole life just for you.
I love you sweet one and wish you were here
to curl up with me through the rainy day here,

I love you so much and need you forever within my life
because you are so wonderful and you are my life.
My heart and soul will forever be yours
and I just want to be with you in my arms here in bed,
I want to hold you rubbing your back and stroking your hair.

So have a great day my sweet one
as I am with you in spirit side by side
hand in hand through all time without waiver
because you are my only one whom I want
to be with everyday and night arm in arm.
I love you my sweet soul mate and send you
all the sweetest kisses and hugs so big,
know I will always give you all my best
and all I have because I love you best.
I'll be thinking of you and holding you tight
because you truly are my only one.
You are my sweet soul mate and sweet Angel dove,
so I wish you a gorgeous good morning
and pray you will return soon
so as the true and most loving best friends there are
we can soon be happy forevermore.

Michael P. McParland

Wrap Up For The Night

Come wrap up with me my sweet love
and let's snuggle and kiss for awhile.
I'm exhausted and tired as I'm sure
you are my sweet precious Angel
so let's go to bed feeling
so safe and secure as we fall asleep
in each others loving arms,
so come my sweet one and let's
wrap up for the night.
Come join me my precious one
because it's only you that I want
to have by my side through all space and time.

Come my most beloved sweet one
and wrap up with your sweet
and admiring beloved man.
I just want you here in my arms
to kiss and snuggle with
as this night goes along.
Come wrap up with me to fall
asleep in each others arms
because it is you that I love
and want to be holding as I drift along,
and it is you alone I want to wake to.
I love you sweet one and want you here by my side
so come sleep with me wrapped up so tight
in each others arms.

Michael P. McParland

Wishing You Were Here 3

I'm wishing you were here my sweet one
to wind down this night while
just holding you so sweetly
and tenderly within my arms.
I wish you were here just to spend time
drifting a bit as the hours go on.
I wish you were here to so sweetly kiss
and to say to you dear I love you babe.
I wish you were here to just hold
so very near sharing the love that both of us feel.

I'm wishing that you were here
because with you life is so good
and stresses are so very few.
I just wish you were here to spend
the entire night through
talking and laughing with other things too.
I love you sweet Kira I truly do
and want nothing more than to be with you.
I love you I love you my sweet precious Angel
and hope you'll return soon so I can
just spend wonderful time with you.

I love you my Kira because you're so wonderful
and all of these things I write
I am dying to say to you.
You are a miracle and an amazing Angel,
you're my best friend who I'd do anything for
my sweet precious diamond.
I love you sweet lady and wish I were with you
because I adore and treasure you
more than anything anywhere ever.

Michael P. McParland

Love Note 462

Good late afternoon
and almost evening my sweet one,
after a small rest
I wanted to check in first off
and tell you that you are the greatest
and my only one.
I love you so very much
and wish you were here with me
to just sit back and snuggle
as I came fully awake
and before I cooked us a wonderful dinner.
I love you my sweet precious lady
and wish for you to be with me
enjoying the upcoming evening.
I miss you my Angel
and all the joy your company
always brought me,
I just miss you because you are amazing.

I wish you were here
to cook dinner for and serve it to you,
I wish your kids were here to
for a fun night of movies,
and games just forgetting the world.
I have so steaks for us two
and I would make something great
for them as well.
I love you so much
and long for your presence
as we just spent time having fun.
You are my Angel and all of my dreams,
you are my precious rose
and a diamond so rare
I'll always adore and cherish you.

So as I soon will go about
this evening here dear
I'll be dreaming of you
and sending all of my love as well.

I await you my sweetie
and I will always be your
my beautiful lady,
feel all of the sweet kisses
and huge hugs that I am sending.
God bless you my darling
and know that I'm always with you
because you are my true love
and I'd never leave you
and hurt you making you
feel heart broken facing this world
alone and pain stricken.
I love you sweet Kira
you are an Angel
and I'll always stick by you
because you are my everything.

Michael P. McParland

You'll Always Be My Sweetie

You will always be my sweetie
my sweet beautiful lady.
You hold my heart and soul
which are forever yours as a gift
of pure loving trust straight from me.
I love you so much and just want
to feel your soft touch as you hold me
and I hold you as well so very close
giving kisses so tender, loving,
passionate and sweet.
You are my sweetie and I adore you in full
because you are my Angel my Kira so pure.

You'll be my sweetie to me with no end
because I have loved you since time began,
you are so gorgeous and a loving
selfless woman who I am in awe of.
You are the greatest and I'll
be yours forever because since
I met you here on earth no one's come near you.
You are my sweetie and I so badly miss you
and can't wait for our reuniting.
I love you sweet lady because you are amazing
and I will always be yours because you are my sweetie.

Dear you will always be my sweetie
because I love you for all you have done
and still do for me.
In so many ways you can right now possibly know
you have touched me and affected me for the good.
It is because of you I know what true love is
and how powerful it feels and can drive you along,
because of you I want to live and make you proud
smiling knowing you're cared for, protected, and loved.
You are my sweetie and that is so good
because there's no one else that is half as good.
You are my hero and I just adore you,
you will be my sweetie forever because you are you.

I love you sweet lady and just want you to know
that I am yours forever and yours alone.
No other moves me or truly interests me
when I've got my sweetie in my heart permanently.
I love you my Kira and can't wait to hold you
because you are my sweetie, my soul mate,
my best friend, you truly are everything and all
that I am wanting.

Michael P. McParland

Sweet Tender Afternoon Kisses 2

I send sweet tender afternoon kisses
to you my very beautiful sweet Angel dove.
Sweet tender afternoon kisses
to let you know that I care and always will.
Sweet tender afternoon kisses to tell you
I love you my adored precious Queen.
You are my only one, my everything
and I just want you to know that you're not alone.
You are my treasured hero best friend
and I'll be by your side to no end.
I send you sweet tender afternoon kisses
so you will know it's only you
I long and wait for.
I send you sweet tender kisses because I so love you
and I just want to be yours forever and ever,
an eternity of bliss shared
between best friends and true lovers.

Michael P. McParland

A Quiet Loving Afternoon

It's soon noon here my sweet dear
and I wish I could be spending it
arm in arm with you my dear love.
First I'd cook us a nice little lunch
because food is a gift to share
with the one you love
and it is a comfort as well.
So to see you enjoying my labor of love
and enjoying my company would be
the most wonderful thing I can imagine.
My cooking for you and all that
I work to are to thank you my dear
and tell you I love you.

Then to just sit back and relax
while watching a film
and some good TV shows we both love
while we hold each other so very close,
to talk and to laugh like we always have
and then read a bit before maybe
drift off for an hour or so.
I just desire and want a quiet loving afternoon
with the woman I love more than anything
there's ever been or will ever be.

So as noon fast approaches my dear
I reach out to you and pull you in
while sending you kisses and hugs
ever so loving and sweet.
A quiet loving afternoon with the one
I so adore and cherish in full,
the Angel I love and give myself to in whole.
I love you my dear one and am dreaming of you
because you're my diamond in the rough
and the most beautiful woman there is in the universe.

Michael P. McParland

Lay With Me This Morning

Lay with me in bed this morning dear,
I just want to be here holding each other
so very very near as we kiss
and talk so lovingly.
I'm just feeling down and don't want
yet to get up and move around.
I just want to be with you
to make this whole day good.

Lay with me this morning my most
beloved and wonderful dear,
just lay with me and look into each others eyes
getting lost in all the wonderful
love we feel, we share, and that we give
to one another endlessly
making us feel so whole and good.
Please just lay here with me
and put your hand on my chest to touch my heart
and make it heal this day.
Please my love just come lay with me
and lift my spirits like you always do
my sweet beautiful Angel true.

So please come lay with me
my most cherished and treasured Queen.
I adore you so very much
and without you my heart hurts
and the worlds burdens are so much worse.
I love you dear and just want your here
to hold so very close to me
and feel your warm loving arms around me too
as you kiss me sweetly on my cheek
and say it's alright now because you're here.
I love you so much my only one
and just want you here to kiss and hold.

So as I just lay here for awhile more
I'll be dreaming of you here by my side,
I can feel you near in spirit babe

but I am in so much need to see you now,
to kiss you on your soft lips
then pulling back to say I love you so very much.
I'll be lying here reaching out to you
sending kisses so sweet and dear
and saying my prayers for our day
and soon that we will have our reunited day.
I love you dear you truly are my everything
and I want nothing more than to lay with you
holding you so close to me.

Michael P. McParland

Sharing A Beautiful Evening

Here as the evening grows late
I wish you were sharing it with me.
It's been a long day with frustrations
and some anxiety along the way
and I want nothing more than to
be sharing a wonderful beautiful evening with you.
I just want to be with my best friend
and true love I so adore sharing
a relaxing evening in each others arms.

A beautiful evening where I just want
to mostly watch a film some light reading
though as well.
I just want to be sharing this evening with you
the most beautiful woman in the universe.
I love you my dear and just want to spend time
relaxing with you on this evening so fine.
I love you dear you're my Angel so true
and after a long one I just want to be
arm in arm with gorgeous you.

So as this evening grows late
and my tired mind has and is still
in need of stress free relaxing time
I wish I could be with you my Angel so fine.
Sharing this evening with you
would be perfect my love
and that is what I pray to have forevermore,
to just be with the Angel I love
who also gives me all of herself and love,
as well as giving me endless light and reason to live.
You are so wonderful and so full of care
I can't wait for the evenings we'll share.

Michael P. McParland

Loving Warmth

I send to you all of my
deep caring loving warmth.
I send it to you with all of my strength
to wrap you up and let you know
that you're not alone.
I love you so much and will forever
stand by your side because I want
you to know you're the greatest there is.

I love sweet one and send you all of my warmth
with the sweetest of kisses and the biggest of hugs.
I want you to know you're an Angel so bright,
for you I am filled and have nothing
but tender loving warmth.
You're such a dear and adorable too,
I send you all of my loving warmth
because you are my gorgeous best friend
who means more to me than the world.

I send to you all my loving warmth
because when I'm feeling down
it is your sweetness and loving care
that lifts me up.
I send you this loving warmth
to give you my thanks and letting you know
that you truly are my hero and shining star.
I love you my beautiful woman
I love you so much
and I want to be your sweet man through all time.
Thank you my lady for your sweet loving heart
because you have given me reason to live on.

I love you sweet lady and want you
to be filled with comforting warmth,
I want you to feel secure knowing
I'm with you always and forever yours.
I'll never leave you because you are amazing
and I just want you to know
that you are the only woman

I'll ever want or be needing.
I love you sweet lady and send you
my warmth strength and caring
to lift your spirits and start you smiling.

Michael P. McParland

Just Want You Here

I just want you here
to wrap up in each others arms
and snuggle away.
Now arriving home from the dentist
my adrenaline and energy
are now crashing down
and I just want my sweet lady
to be with and spend some time.
I just want you here my sweet one
to relax with through this afternoon
snuggling away the tiredness that I feel
and the let down from my energy
and the whole day so far.
I just want you here my Angel so pure.

I just want you here my Angel so rare
because I need you to talk to
and just have my love listen
while I talk about what I think and feel.
I love you sweet one and just want you now
because you are my dream, my Queen,
my Angel, my best friend, my hero
and everything,
I just want you here because you are
my whole universe in full.

Michael P. McParland

Love Note 461

As I will shortly head out
the door for my dental appointment
my sweet one I just wanted
to say I love you so much
and will be thinking of you
while I'm in the chair
feeling all of your strength and love,
please reach out and take my hand.
I truly love you so very much
and as I go about whatever
may be needed from the dentist
and then on I'll be thinking of you
and as ever praying for God
to be watching over and blessing you.
I truly adore you and want you to always
be so happy and well.
Know that you're Michael is always with you
and right here whenever you need
and for whatever dear.
I am here with wide open arms
and a wide open heart
for when you are ready
my one and only true love.
It's only you I'll ever want
and need my sweet dear.

Though I am not scared of the dentist
I always get nervous before
any and all appointments,
I wish you were here to hold
and to talk to so my mind could be
completely focused on my gorgeous Angel.
I love you my sweet one
and am reaching out to hold you and kiss you.
You are amazing and a true miracle
and I want to thank you
for always being my loving lady.
I will write you after when
I have returned home

to let you know how things have gone.
I love you sweet lady
for you are my cherished and adored diamond
and I will forever stand by you
giving you everything that I have
and all that I am.
You are my Angel and most beloved
and I am so thankful to God
for bringing you into my life sweetie
and I am thankful to you
for your loving acceptance
and caring that's never ending.
I love you sweet lady
you truly are an amazing woman.

Michael P. McParland

Morning Time Thoughts

Good morning my sweet love
and as I now rise this morning
and prepare for all the things
I must do today I think of you
and all of the beauty you bring and provide,
I think of you and wish you were here
to spend time with and enjoy
each others wonderful company.
I think of you and it makes me smile.

I think of you and know that
true loving care and Angels on earth do exist.
I wish you could be with me this afternoon
as I go to the dentist,
I'm not scared of the dentist at all
but might need further oral surgery again.
So I wish you were here with me
as I get up to take a nice shower
and just spend a wonderful loving morning
smiling and so tightly holding each other.
My morning thoughts are filled with all
I must do and filled with loving thoughts
of my Queen I so adore.

So good morning again my sweet Angel dove
and I wish you were here to kiss and snuggle with.
My one tooth is hurting a bit and I would love
to sit with you for a few minutes
before getting up to take my shower so calming and good,
I wish you could join me just to kiss and hold.
I love you sweet one and adore you in full,
how I wish we could be together spending time
through the whole day.

So as I now rise to get organized
I think of you and it gives me a smile.
There is always longing for you in my heart
and wishing I were with you to give
wholly and fully of myself.

I love you sweet dear because of
your golden heart and your spirit so bright.
I love you for you because you're a lady so great
and I want to be with you all of my days.

Michael P. McParland

Holding You Tight (Goodnight)

Goodnight my sweet one
I am exhausted and spent,
come curl up in my arms my sweet one
and I will hold you so tight
and kiss you sweet before
in each others loving arms we fall asleep.
I love you sweet one and as I now
lay down in spirit I'll be
holding you tight and sending kisses so sweet.
I love you babe you are so great
and may God bless you to feel
all of my love and warmth surround you in full
through the whole night.

Michael P. McParland

Wind Down Before Bed (Snuggle)

Before we go to bed let's fully relax
to wind down this night snuggling so tight.
Just lightly talk and so sweetly kiss
while listening to light music
and start up our audio book.
Let's just relax and snuggle
winding down the last of this night
smiling and feeling deep comfort
from each others loving warmth.

Now let's just snuggle my sweet one
so deeply relaxing as we revel
in the joy of being together,
Kira I just want to hold you
and deeply kiss you helping to show you
that you are my true love
and my sparkling diamond.
Let's just wind down my sweetie
and snuggle so tightly just spending time
in the waking before going to sleep with each other.
I love you sweet lady and adore you to no end.

Michael P. McParland

Holding You Tight This Evening

Now that dinner and dishes are done
what could be better than relaxing with you?
To just sit back with you on the couch
and hold you so tight while
watching some TV and kissing so sweet.
Holding you tightly my dear sweetie
is what I so long for on this warm May evening.
I want nothing more than evening with you
and some NetFlix while sharing sweet kisses.

So I reach out to hold you wearing a smile
as I tell you I love you sweet Kira.
I just want to snuggle while we watch TV
and feel each others souls touch my beautiful sweetie.
So come my sweet lady and hold me so tightly
and together feel blissful in the heaven
that's our love and deep spiritual connection.
Come my sweet lady so I can hold you so tightly
and we can both be wrapped in the peace of our
endless, undying, and unconditional true love
that will last forever.

So now after a long day and cleaned up
from a delicious dinner I just want
to sit back tightly holding my true love.
You are my true love and everything
I'll ever be wanting and needing.
So come my dear sweetie and snuggle
with your beloved and most loving Michael
to relax and first watch some Star Trek.
Then after my lady you can pick everything
because I want nothing more than to spend
this evening holding you my gorgeous best friend.

Michael P. McParland

Love Note 460

Good afternoon my sweet love
and before I start dinner
I just wanted to send all
of my sweet love to you
my sweet lady.
Feel my arms around you
and see my smile too,
know always that I'm with you dear.
I send you sweet kisses
with all of my strength,
God bless you sweet lady
you are my rock.
I'll always be yours
because you are the best
and you are my Angel
so blessed and great.
I'll always stand by you
because I love you so much
side by side hand in hand
you truly are all I'll ever want.

Michael P. McParland

You Bring Me Peace 2

You bring me deep peace
in all of your deep loving kindness,
your spirit and heart provide
deep tender guidance.
You are my light and you are my Angel,
for you I am so profoundly thankful.
I adore you sweet lady you are amazing
for in your divine love and care
you make all things for me so very peaceful.

You are a gift and you are a blessing,
how could I not feel peace and smile
whenever I am around you?
You are so beautiful your heart and soul
full of loving care always shine forth,
I love you my darling for you are an Angel
and I just want to hold you so tight against me.
God bless you my darling as I sit
back and dream of you in all your glory
and be filled with all the kind, caring,
loving peace you've always provided me.

Michael P. McParland

Wanting And Needing You 2

I am wanting to be with you
my whole life to share our true love
and share the good times awaiting us.
To hold you and kiss you
while looking into your eye
is what I am needing and seeing you smile.
I am wanting and needing you forevermore
because you are so very beautiful
and the greatest my sweet Angel dove.

I am wanting you so much as I go about
all the things needed doing today,
I've thought about you as I've gone along
wishing you were here to spend time.
Talking and laughing while smiling at each other
and in between tasks sit and share kisses
so sweet wrapped up with each other.
I'm wanting and needing to be
with my loving lady because you are my Queen
and my shining star everything.

I'm just wanting you to share my time with
because you always brighten my day
and make the burdens of the world easier.
You are my Angel and I'm just wanting
and needing your kisses and snuggles
because you are so very beautiful
and truly the most wonderful woman.
I am wanting and needing you
because I so truly love you
with a tenderness that transcends all words
my sweet lady so magical.

I am just wanting your presence beside me
because I want and need to give you
all the love you deserve and all the love
I have been holding for you dear.
I am wanting and needing that special someone
and you are the perfect lady my sweet darling.

I want you and need you because I so truly love you
and I swear my sweet lady you need never fear
of me hurting or leaving you.
I love you sweet lady and adore you completely
and I am just wanting and needing my heros
company hand in hand through all eternity.

Michael P. McParland

My Divine One 2

You are my divine one
so beautiful and good.
Your love and care for me
is so comforting and true
You are my hero, my soul mate,
my Angel and Queen.
You are my divine one
who truly means everything to me.

You are the divine one who's holder
of my essence, my heart, and my soul,
you are the divine one I give myself to in full.
I adore you my dear for all that you are,
I love you for you because you are my
Kira so beautiful and so fair in all.
You are my Angel a diamond in the rough
and I just want to give you all the very best.
You have brought me hope and you have brought me light,
you are the greatest gift that I could ever wish.

You are my divine one and I love you so much
please come into my arms so I can hold you so tight
giving kisses and smiles for all the ages,
so I can let you know that you are the greatest.
You are divine and I just want to be with you
each day and each night for the rest of time.
You are my Angel a dove so pure and true,
I could never ever love or want anybody but you.

Michael P. McParland

Waking Aches

As I awoke a short time ago
I ached so bad inside wishing
I were waking right next to
seeing your beauty as either
you still were asleep
and I could wake you with a sweet kiss,
or awake already smiling at me
and to each other say I love you babe
you are my best friend and everything.
I ached so bad right away missing you
my sweet Angel dove and only one.
You are my everything and it was so hard
to climb out of bed and in my aching anxiety
face this rainy day without my Kira so rad.

So as I now sit on the couch
writing you my sweet love
and going over the things that need done
I ache inside missing you
and wishing that you were here
to spend the day and spend time
right now just snuggling
and enjoying the rain storm outside.
I miss you dear and these waking aches are the worst,
I love you so much and just want to
sit here giving you kisses so deep and sweet,
I miss you sweet Kira and ache for you deep
because you and your love are such a treat.

So as I sit back wanting your snuggles
I ache so much that it's hard to get up
and get started on the things that I need to.
I will though shortly my darling because
I know you would want me to accomplish
what I need to and it will so honor you.
I will be dreaming of you as I shortly get started
and I will be sending sweet kisses
and huge hugs with millions of smiles.
I love you sweet Kira and miss your sweet smiles,

your hugs, and just spending time.
Feel me there with you in spirit holding you
so close to me sweetie
and feel all of the prayers I am saying
for you to have all you are needing
and for us to soon be reuniting.
You are an Angel and a gift straight from heaven
and these aches won't truly heal until you are with me.

Michael P. McParland

Come Lay Beside Me 3

Come lay beside me sweet one
and curl up so tight within my arms.
Dinner's now done and a rest with a snuggle
is what would be perfect right now.
A light rest before cleaning
with my precious lady
is what I yearn for and huger
right now my sweet darling.
Come lay beside me for kisses while drifting
and I'll pull you in so tightly
for the most wonderful and warming snuggle on earth.
I love you sweet lady so please come
lay right here beside me so I can
look in your eyes and just smile
saying everything with just looks,
letting you know I'll be yours through the ages.

Michael P. McParland

Love Note 459

Just arrived home on this
very hot late May afternoon
from a trip out and about
to just tag along with my mom
and as I sit down for a breather
and to cool down in front of my fans
I just wanted to say
I love you babe you are an Angel.
I thought of you while in moments
of thought a many of how I wished
you were with me to share
your precious company
and hold hands so lovingly.
I miss you my dear sweetie
and pray we'll reunite soon.

So as I sit back and read
while I cool off my dear
I'll be sending you kisses in the millions,
with huge hugs and kisses
as my heart for you is singing,
feel me there beside you holding
you ever so tightly
because I love and adore you
and will never be in want of another.

Michael P. McParland

You Are My Rock 2

You are my rock my sweet love.
You give me reason to fight
and keep going on.
Knowing that one day you'll
be in my arms helps give my aching heart
the hope and the reason to beat along.
You are my rock and even though
tears have pricked at my eyes all day
I have fought them back because
I know it hurts you so when I do.
I love you sweet sweet lady
you help keep me as drift,
you are my rock and I love you
because you are the best.

Sweet lady you are my rock
and I can't wait to be with you,
sharing our smiles with sweet kisses
that make us both happy and contented.
I can't wait to be with you my most beloved Angel.
You are a diamond so gorgeous and strong
and there isn't anything I wouldn't do just for you.
I love you my Angel, my Queen from above
and I will always give you the best
and everything that I have.
I love you my darling and want
nothing more than to celebrate existence with you
because you are so beautiful
and I truly adore you.

Michael P. McParland

A Hard Afternoon Missing You

I miss you my sweet dear so very much
and as I sit here on this early afternoon
I am struggling quite bad.
I read my books and watch my movies and TV shows,
soon I'll go shave and find random things to do.
One thing none of those things can do
is for one split second make me stop missing you.
Even though right now I'm having
a hard time eating I want to cook lunch
and enjoy it with my beautiful lady.
I want to see you smile and do things all over,
just little projects that need doing and some that
we so want to.
I'm having a hard afternoon missing my Kira
the most special and beautiful woman in history.

Even as I am immersed in my reading
my heart still cries out for you and your divine company.
To see your smile enhancing all the worlds beauty
and to just feel your deep warmth as we hold each other.
I think of being your fuzzy face as I am in need of shaving,
I think of your laugh and once again all of your beauty.
I miss you sweet lady you are a gift from heaven
and I just want you with me to enjoy everything
that there is we can think of.
I miss you my Angel and pray for you deeply
that you will feel me there with you and holding you closely.
I need you sweet lady for you are a comfort,
from the whole world which so often is an unwelcoming
force that is cold and hurtful.
We all need our one who makes feel so safe and happy
and you are my one my sweet gorgeous lady.

So as I reach out for you reach back my darling
and at least in spirit spend this day snuggling.
You are my everything and my whole reason
for having hope and feeling of cheer sweetie.
I want to marry you and spend all eternity
as your faithful husband King and hero

just as you are my Queen and hero and Wife I pray always.
I love you sweet lady and the days
are truly so hard without you
and I want you to know I hold nothing but tenderness
for my sweet precious darling.
God bless you my Kira and know that I am your Michael
who will stick by you always giving all that I am
and have in loving support forever and always.
You are my sweet Angel and I can't imagine a life
with any other.

Michael P. McParland

Sweet Morning Time Kisses

After a wonderful and refreshing
morning shower and a chance to just sit back
and enjoy the beautiful morning weather
I sat sending you sweet morning time kisses
with big hugs a smiles in the millions.
Sweet morning time kisses to tell you I love you
and miss you so deeply I just want to hold you.
To sit here and snuggle here on the couch
enjoying the beautiful morning time weather
and breeze as it comes in through the open window
and give you sweet morning time kisses
and soft caresses over and over saying
Kira I love you and will never leave you.
You are my everything and I just want to be
with you sharing everything good that this life has to offer.
I only want you my sweet lady so beautiful.

I send you these sweet morning time kisses
so filled with deep love and caring passion,
morning time kisses to let you know
I want to be holding you every morning through all time.
Sweet morning time kisses to start the day right
and just take this one step by step
at a time savoring every moment there is
within each others lives and arms.
I love you sweet Kira for you are a blessing
and the Angel I adore to no end.
Know that you're Michael is always with you
and feel the warmth of my embrace
and these sweet kisses I'm sending.
Please come so soon and let's find our way through
so every morning there is we can share
the sweetest of kisses and the tightest
of snuggles in pure joy through all eternity
as the two most loving best friends
God ever helped bring together sweet lady.

Michael P. McParland

Morning Note 185

A very beautiful and wonderful
good morning to you gorgeous Kira
my Queen and sweet Angel dove.
Please don not worry or fear
I'm not slacking off or abandoning you,
this is the first I have been up
since I wrote you last
because as I tried to say yesterday
I wasn't feeling so good.
Now I send you sweet kisses
with the most massive of hugs
and I wish you were here to
start off the day with massive
morning snuggles so good
filled with kisses and smiles galore.
I love you so much
and want you so close
to enjoy all these days together
and the bad one in life would then be so few.
I love you my sweet Kira
and just want you near
to celebrate and enjoy the
true love we hold.

I wish you then here to get up with
as I need a refreshing shower.
To wash away all the anxiety
and pain of injury I'm feeling
and has been there.
I love you so deeply and just want
to stand there and hold you
while we kiss and smile
feeling not a burden.
I would give anything to hold you
feeling whole and happy finally
as I sat and held my beautiful lady
under the calming soothing water.
Being with you would be the
most soothing and joyful of all things.

Then afterwards to get out
and wrap up in our robes
sitting back on the couch or even
lying back in bed for a short bit
snuggling and planning our day dear.
This is the way I want our morning to happen
just lying or sitting back together,
you are my Angel and most beloved woman,
a true blessing and gift straight from heaven.
God bless you my darling and remember
I'm with you always my sweet precious darling.
Feel me beside you smiling so brightly
while holding your hand and arms
wrapped around you,
I love you sweet Kira you are a miracle.
So as I get up and get moving
to take my shower and a few odds and ends here
know that I am dreaming of doing it all
with you dear.
You are my reason for still living
and my hearts continual hoping,
you are my everything my dear darling.
Never forget I am with you
and sending you tons upon tons
of sweet kisses huge hugs and smiles
to brighten your day and spirits.
God bless you my darling it's only you
that I'm wanting here in my arms forever and ever.

Michael P. McParland

Love Note 458

Good afternoon my most beautiful
and beloved sweet Angel dove,
I truly love you so very very much
and am missing you so achingly bad.
I have not been up long
but what I have I lay there feeling so
anxious and crying a little bit.
God bless you my one for
being so loving and patient
with me at these very low and hard times for me,
thank you sweet one you truly do
mean everything that there is to me.

I am so sorry sweet one you never heard
from me since Saturday evening
when I lay down for a rest
and fell asleep for the most part
until just a little while ago.
I was that tired my dear
and at one point I did get up
I tripped and hit my head on my bookcase
as more fell off and hit me in the
back of my head,
from there the tiredness and all
I just never got back up
for more than a few moments or two.
So please my sweet dear don't worry,
be upset, or cry out your beautiful eyes.
I am always with you holding you close
and giving you kisses galore,
I love you sweet lady and wish you were here
to just snuggle with me
as I continue to lay down and rest
my aching head and this anxiety.
I love you sweet lady you're my everything
and I'm sending the sweetest of kisses
and the biggest of hugs to wrap you up
in all of my care and deep loving warmth.
God bless you my Kira you're all I want

and I would give anything
to be here with you right now.

Michael P. McParland

Evening Time Rest With You

Now after dinner here the tiredness
from so little rest is catching up with me,
so I'd like it if you came and gave me
your wonderful company by curling up
in my arms even if it's just in spirit right now.
I want and need an evening time rest
and I just want it to be with you
the woman and Angel I so truly love.
God bless you my sweet dear and feel
my arms around you as I lovingly pull you in
for a warm and tight snuggle with sweet kisses
before sleeping.
Come my sweet Queen I so deeply want you
because you are beloved Angel Kira
and I am your ever loving Michael.
I love you sweet darling you truly are so amazing.

Michael P. McParland

Love Note 457

A very good evening to you
my gorgeous sweet Angel dove
and as I sit down to eat dinner
I wanted to first tell you
I love and adore you so very much,
I wish you were here to join me
for this simple little meal
and then be able to spend time afterwards.
I'm sending you the sweetest of kisses
and reaching out to wrap you up
so tight and lovingly within my arms.
God bless you sweet lady
and feel me there with you
knowing I'm smiling and telling you
I so deeply adore, admire.
and love you my sweet darling Angel.

Michael P. McParland

Warmth In Each Others Arms

Here in this late afternoon
let's find warmth in each others arms.
Let's just cuddle up so tight
which is what I so need today.
To hold and be held by my sweet Angel dove,
to share endless sweet kisses
with the softest and most tender caresses,
I need your loving touch my sweet lady
in hugs, kisses, and sacred needed closeness.
I will kiss you on your luscious pink passionate lips
over and over saying thank you my darling
for being my Angel and so very understanding
and accepting of this man so misunderstood,
thank you for taking the time to get to know me my dear
now let's just hold each other so close
and feel deep spiritual and total warmth
in each others loving embrace.

So my sweet dear on this late afternoon
let's sit back in bed and snuggle up so very tight,
it's what we both want and need so very much
to feel peace and pure joys comfort holding each other.
I love you sweet lady and need to have
your arms around me as I hold you so close
stroking your hair and saying I love you my dear.
You are my Angel, my Queen, my greatest best friend,
and my most beloved hero I'll stick with forever.
I love you my darling for you truly are a cherished treasure
now let's snuggle up and give each other total
loving and caring warmth.

Michael P. McParland

Sweet Tender Afternoon Kisses

I am sending you millions upon millions
of sweet and tender afternoon kisses,
kisses from an aching soul and heart
that say I love you so deeply,
I adore you sweet lady and just want
to be kissing you as I hold you so tightly
both of releasing tears and laughter
of great relief and deep love
as we're finally together.
I am sending you sweet tender afternoon kisses
from my heart and soul which are so deeply yearning
to be with the Angel whom I share a bond with.
I'll never give up on my woman because
she is my heart and what keeps it beating,
I send you these sweet and tender afternoon kisses
to reassure you that I will forever be your Michael.
Giving all of my endless support and true love
to you my sweet Queen I long to be with and serve through all time.

I am sending you these millions upon millions
of sweet tender afternoon kisses to
give you a smile and fill you with comfort.
You are my lady and I'll love you forever
so I'm sending the sweet and tender afternoon kisses
to let you know you're the greatest
and that I'll never leave you because you are my everything.

Michael P. McParland

I Just Want To Be With You 2

Sweet sweet love I just want
to be with you right now
lying here in bed as we talked and talked away.
I just want to be with you
giving and showing you all my love,
telling you you're appreciated for just who you are.
I love you dear and adore you so,
I just want to lay here in each others arms
snuggling, talking, holding hands,
and sweetly kissing my hero and best friend.

I just want to be with you giving
all the love I hold,
I hold it just for you because
you are my only one.
There is no other that will ever do
because of our special bond,
and I just want to hold you near
and say I truly love you dear.
I just want to be with you and share
all the love there is between us in every way,
I just want to be with you because you're beautiful
and a gorgeous diamond in the rough.

I just want to be with you and snuggle oh so tight,
right now I want to bury my face within
your shoulder to hide and escape the world.
I just want to be with you talking and laughing too,
I just want to be with you sharing what we love.
You truly are my only one and I want to kiss you deep,
you truly are my everything and I want to hold you near,
I just want to be with you because you are my Angel
and greatest woman that there is through and through.

Michael P. McParland

Come My Best Friend

Come my best friend and curl up
within my loving arms and wrap yours
around me so tight as well.
After a night of no sleep
and a very light morning rest
I just want to cat nap a little bit
and I want to have my best friend
beside me as I drift along.
Come cozy up my best friend
to snuggle kiss and nuzzle for a little while,
then just rest your head upon my chest
while we cat nap for a little bit.
I just want to be with you the woman that I love
pulling you in so very tight and close
feeling safe and at peace as we are wrapped up
in each others arms and drifting contentedly.

Michael P. McParland

A Beautiful Saturday Morning In Bed

Good Saturday morning my sweet precious love
you are so very beautiful I want you to know,
to greet the day I give you sweet kisses a plenty
and a huge hug telling you I love you so much.
We don't need to or have to get up
and get going immediately so let's spend
a beautiful Saturday morning in bed with each other.
Just spending time while doing whatever
would be just fine because I would be with you.

A beautiful Saturday morning to just sit up in bed
and we could snuggle away after I got your coffee,
then to just sit and do some reading,
then perhaps start a movie and afterward talk
and plan out some fun things to be doing today.
I want a beautiful Saturday morning with you
my precious lady just feeling total peace
and deep comfort as we spend a great morning
then day together sweet lady.

As we watched the movie and talked I'd have you
lay down on your tummy so I could massage
your aching neck and back to help as much as possible.
I'd give you a full body massage from head to toe
to relax you and serve you in full,
I want to treat my Queen like the amazing
woman you are by giving you all the love that I have
and doing everything I can think of
to make you feel appreciated and in comfort.
Then after to just sit back sharing snuggles
and kisses so passionate and sweet.

So I wish you a beautiful good Saturday morning
my beautiful lady and I'm reaching out in spirit
to hold you so closely and kiss you.
I know that we will soon have such Saturday mornings
and feeling you near keeps me going
and fighting along through all the lonely sadness that's there.
I love you my lady because you are a treasure

who truly is so very beautiful
and I promise I will stand by you forever
so we can share endless beautiful Saturday morning.
You are my Queen and you are my Angel
and there is nobody else I want to be with
just you my dear darling.

Michael P. McParland

Holding My Best Friend

I'm lying here now in bed
and about to close my eyes for a bit of rest,
I send you all my warmth and love
with all my strength and sweet kisses too.
I so wish you were here or I was there
so as we rested I could be holding
my true love, I could be holding my best friend
a blessed Angel from above.

Holding my best friend now is what I really want,
to give her sweet kisses and soft caresses
before she rests her head down on my chest,
then I'd stroke her hair and rub her back
as we lightly talked for a little bit.
Then play some Mozart to relax in full and drift.
Holding my best friend is the greatest gift
I could ever receive.
What more could a man want than to have
the love of the woman he adores and is his best friend?
What more could a man ever ask for than
to just have her in his arms feeling all the love
that you share and give?
I would give anything to be holding you my dear.

So as I am about to rest my head down on the pillow
and close my eyes for a little while
I'll dream of holding you my darling Angel.
Feel me so very close as I reach out
in spirit to pull you in for a snuggle oh so good.
I love you babe I truly do through all eternity
and I would give anything to be holding you now
my sweet Angel dove and best friend.

Michael P. McParland

My Hand In Yours 2

I reach out to take your hand in mine
because you are my best friend
who I love with all my soul and heart,
you are the only one I'll ever need and want
because you are an Angel so beautiful
and full of endless loving light.
I'm reaching out to take your hand in mine
so you'll know without a doubt
you'll never ever be alone again.

I will forever take your hand in mine
because I want to be your Angel hero
just as you are mine.
I want you to know I'll always be
right by your side to turn to whenever
you may be in need of anything at any time.
I'm taking your hand in mine to give you warmth
and let you know I'm right here for you
through all time and never wavering in any way.

I love you Kira I so pray you feel and see,
I would give my life for you if that
was what you needed of me.
I would take on all of your pains
and carry them myself so you could be free of them.
I'd give everything I have including
my whole life to be with you just one day and night.
I love you babe and reach out to take your hand
because you are appreciated and I want
to be the King to my sweet Queen as well as
your forever man.
I take your hand in mine to pull you into me.

So feel my hand within yours as I reach out
to hold and kiss it now.
feel my arms around you as I pull you in
for the biggest loving hug.
I love you so very much and send you endless smiles,
just close your sparkling eyes and see it

along with all my loving looks for you.
I love you Kira you truly are a blessed Angel
so feel my hand in yours as I reach out
to give you comfort,
I promise I'll forever be with you
because my love for you is infinite and unconditional.
I love you babe and will forever be your Michael
so please have faith in that and give me sweet smiles
and deep kisses in return as I take your hand.

Michael P. McParland

Night Note 176

A very good night to you
my beautiful sweet dear
and how deeply my heart and soul
longingly ache to be with you,
to be kissing and snuggling
while just spending time with each other.
To lay back in bed and rest
with your sweet head on my chest.
I wish you were here to enjoy
and share this night
because I love you so much
and you are my Angel
of pure love and light.

I am quite tired
but can't sleep my darling,
thinking of you though
always gives me a smile.
I achingly long though to
see you and look upon you
remembering and refreshing my view
of the worlds beauty.
I want to lay with you
and pull you in tightly
feeling you so cozy and snug
right beside and against me,
I just want to be with my beloved
hero, best friend, and sweet lady.
I miss you my dear Angel
and am thinking of you as I go
through this night doing little things
here and there.
I would give anything to be with you.

So I wish you the most
beautiful and loving good night,
feel me there beside you
holding your soft loving hand
and my arms around you

in pure unconditional love.
I adore you sweet lady
and can't wait for us to be reunited
because you are the amazing woman
and miracle I've always
waited for and wanted.
I love you sweet lady
and may God always bless you
so you'll know you are cared for,
appreciated, and reassurance
that I'll never abandon or leave you
because I am your Michael
and I am meant for no other.

Michael P. McParland

You Are Joy 3

You bring such light into my life,
you bring such endless hope,
through all the loving strength
you give and have for me.
You bring such joy and happiness
through just being you.
You are true joy my friend
and I love you through and through.

You are my hero and we share a bond,
a sacred bond blessed by God
that makes us true loves and best friends.
Life without you is a drag
and I want to be with you forever,
to talk and laugh while just spending time
is all I'm looking for.
To be with you my Queen of joy
who is my everything.
You truly are joy my dear
and the Angel I will stand by through all time.

You are joy my dear one
because you make me smile.
You accept me for just who I am
and love me for that
just as I love you just for who you are.
You are joy and happiness and I so
crave your loving touch.
To talk to you, to be near you,
to have you in my arms
is pure joy that can't truly be expressed.
Kira love you are my joy
and I want to thank you dear in every way I can.
You are my greatest dream and I would
give anything to be with you right now.

You are such true joy to me my dear
and I love you with all my heart and soul,
both of which are gifts to you

I gave so very long ago.
I love you babe and will stand by you
hand in hand through all time I swear to you,
I could never leave the one I truly love
more than anything,
you are the joyful partner that I've waited for
and searched so long and hard to get back to.
I love you babe you really are true joy
and I just want to be with you
my sweet Angel dove through all eternities time.

Michael P. McParland

Cozy Up Within My Arms

Come cozy up sweet love within my loving arms,
let's share some kisses so very sweet
before we rest for a little bit.
I'm in need of a small nap to make it
through the night to snuggle up with you.
Come cozy up my sweet true love
and hold me tight as well.
I just want us to softly talk
as we drift off to sleep for a little while.

Sweet love please come cozy up
and let me hold you tight.
I am feeling a bit tired and just want
you here so close to kiss and snuggle.
I want to rest a bit so I can be up
through the night and enjoy all the peaceful quiet,
to write to you with nothing to bother me
and to sit and read, watch a movie,
and play my video game.
Sweet love please come cozy up
and rest your head upon my chest
as you lay right next to me.

I miss you sweet love and just want
you here within my arms and spending time,
I just want to share sweet kisses
right now before we close our eyes.
I miss you babe because you are my everything
and I just want us both to be able
to cozy up with each other very close.
So please my dear cuddle with me
as I reach out in spirit just for you.
I adore you my Angel and love you
more and more with each days passing,
so please come cozy up and share a peaceful
rest and night with your Michael
who cares for you so very very much.
I love you babe and just want to hold you close
through all time and space.

Michael P. McParland

I Strive

I strive to be perfect for you in all ways
and in everything I do.
I will always give my all and best in everything
so I can make you proud and happy.
I want you to know that your man truly
loves you more than anything and will
do everything I can to give you
all you want and all you need so you will
know you are appreciated and feel fulfilled.
I'll always strive so hard for you
because you are the one I adore and love.

I strive each day to work on what I need
so I can be better for you than I ever was,
I just want to give you all the love that you deserve
and others have withheld.
You truly are an Angel dear and I strive
to make you feel like the Queen you are.
I swear my dear that I will stick with
and always be right there,
I want you to know you can turn to me
whenever you may need because
I support and love you totally.
I strive all the time to make sure you know
and to reassure you that it's true,
I understand why trust is so hard
and I will strive to prove that you have mine
and you can give me yours as well.

My sweet dear I will always strive
to give you all the best,
I will strive all the time to show you that you're loved.
You are my Angel and the very best
and I want you to know for me there truly
is nobody else.
You are my one and I will strive for you
to know true happiness.
I love you babe and always have
and will strive to show you I always will.

Michael P. McParland

Longing For My Queen Right Now

Sitting back for a bit longer
before I get up and go cook dinner.
I sit back right here wearing a smile
as I think of my dear Queen and Angel.
I think of all our jokes and good conversations,
I think of her in all of her beauty,
I think of all the things we'll
one day be sharing and how I wish
we could be doing those things right now.
In my heart I am so deeply yearning and longing
to be right beside her holding her tightly
and kissing her so very sweetly.

I feel so happy though because I know
that she loves me just as pure and true
as I love her in full and I am so blessed
because I can feel her near her arms
wrapped around me with her smile so big.
I am just longing to my core for my lady
because I love her completely and unconditionally.
She is my Angel and shining star so amazing
I just want to look in her eyes and say thank you
my sweet precious lady,
then kiss her so very sweetly.

I am so longing for my
darling Queen and sweet Angel
because she is my everything and I want
to be with her side by side hand in hand
through all eternity as her faithful loving Michael.
She is a blessing and gift God created
especially wonderful with beauty as well
as a heart and soul of pure loving gold.
I adore her so much and just want
to hold her so close in all of my love
because she is the woman I've always waited for
and will always give all the best
and everything that I have.
Above all I freely give her myself and my life

because she is my best friend, my Queen,
my soul mate and hero, she is the Angel
I want to take care of and be with side by side
hand in hand in full loving support through all time.

Michael P. McParland

A Huge Hug And Kiss

A very good afternoon to you
my most beautiful sweet Angel dove
and in loving comfort I send you
this sweet kiss and huge hug
filled with love and deep warmth.
I am sending you a huge hug
to wrap you up in all of my strength
to just give reassuring comfort
of all of my love and that I'll
forever be yours no matter what.

I am sending you this huge hug and sweet kiss
just in loving randomness,
to make you feel good inside and brightly smile.
I send you this huge hug with millions
upon millions of bright happy smiles.
With a song in my heart and my soul
glowing so bright and tender for you
I send this sweet kiss so passionate
and deep as well to make this the greatest of days.
I send you this huge hug and sweet kiss
full of pure loving passion
because you are my diamond I so treasure and cherish.

So my sweet love feel me right there with you
as I reach out and wrap my arms around you.
Feel my kisses all over as I shower you in
all of their deep passionate loving power
and just be filled with deep warmth
as you close your sparkling eyes and see my big smile.
Kira I love you truly and when we reunite
I am going to snuggle with you forever and ever.
Right now though in spirit I send you
these sweet loving kisses and huge hugs
to give you all of my strength and endless loving comfort.

Michael P. McParland

Curl Up In My Arms 5

I want you to be curled up in my arms
right now my beautiful sweet one.
I just want to feel your warmth
and your soft comforting touch,
to just give you kisses oh so sweet
as we sit and talk.
To gaze into each others eyes
while we just sit back and listen to our favorite music.
I just want you to curl up in my arms
giving us both such deep comfort
and total loving calm.

I just want so much to have you right here
by my side so very close to me.
I want to feel your soft and loving touch
as it is the only one I truly want,
you are the only one I can sit and hold for
a long time my dear and I just want to snuggle
with you my Angel and precious Queen,
you truly are my everything
and I just want to be with you spending time
not just right now but forevermore.

Come curl up so cozy within my loving arms
and just talk away about all you need and want,
I just want to hear your voice and listen to you
while you tell me all there is to share.
Please come curl up in my arms
and we'll just pass the time away.
Talking about anything and everything
as well as sharing things that we love to do.
To read and watch some films it's all good
as long as I'm with you.
I love you dear and just want to hold you near
and I'm praying that so soon we will
be presented the perfect way again.

So I can't wait to have you curl up in my arms
and just hold hands as we spend our days

enjoying all t6he love we share.
I can't wait to share our kisses and see your smile
as I gaze into your sparkling eyes.
I love you babe and just want to take you
in my arms and let you know everything
will be okay for us I promise you,
then with a kiss I'll say I love you dear
and am yours and yours alone forevermore sweet one.

Michael P. McParland

Holding Hands 5

Feel my hand within yours as I reach out
to take it and give you all of my
deep loving strength, peace, and comfort.
Close your eyes and see my big smile
as I lightly squeeze your soft loving hand
to say I love you babe,
side by side I'll always stick with you
giving you my support in full as I hold your hand.
I love you my only one and I always will,
you are so very beautiful
and I just want to be with you forevermore.
So feel my hand in yours as I take within mine
then feel my lips on yours as I lean in
and kiss you sweetly, passionately, and deeply
to give you all of my loving warmth.

Michael P. McParland

I Want To Hold You This Afternoon

It will be noon here in about an hour or so
and how I wish I could be spending it with you.
I would love to take you out to a nice lunch
but I'm out of money so I would cook you
the most wonderful meal that I could.
I would wait on you hand and foot doing
whatever it is that you would need and want,
then as soon as I was done with all of that
I would just sit down by you to wrap you up in my arms.
To just hold you and spend time through the afternoon
with my only one whom I always strive to make happy and proud.
I want to be with my one who always makes me
feel so happy and proud deep inside.

I just want to sit with you holding you close
as I express and show all of the tender love
I hold inside just for you.
I want to hold you and talk while we sweetly kiss
just smiling at each other feeling so warm and soothed.
I love you sweet darling and just want to be by you
as we spend such wonderful time doing things together.
I just want to be holding you while spending
this afternoon having fun and sharing all of the stuff
we so care about and love.

I just want to sit here and hold you after serving you
in so many ways on this fast approaching afternoon.
I just want to be with my Kira and make you feel good,
I want to make you feel loved and show you that
you are appreciated above all.
I just want to feel your touch and give you mine
as we sit so close together snuggling away.
I love you so much and just want to hold you my dear
to feel so totally safe and loved with my lady beside me at last.

Michael P. McParland

My Best Friend, My Angel 2

You are my best friend, my Angel,
and my most beautiful hero.
All of these things are so very wonderful
because you are the gift and blessing
I had searched for and waited so long.
You are the greatest and for you I am thankful
because you give me such love and deep strength
to continue to get through.
You give me such light in the darkest of times
lighting my path and giving me hope.
You are my Queen and my Angel whom I so adore
and you are my best friend so beautiful and bold.

You are my best friend with a huge loving heart and soul
made of pure gold and how my heart melts for you
because of all that you do and all that you give.
I feel such joy and lightness when in your presence
and I feel full of openness and trust when I talk to you.
You are my best friend and the most beautiful Angel
and I couldn't imagine ever being with another.
I'll always stand by you because you are amazing
and to you my heart sings endless love song confessing
all of my inner most care and tender loving.

You truly are my sacred Angel and I treasure
the unbreakable bond we share with each other.
It is amazing how fast it formed for us
and that's why I know the love is true between us.
When we looked into each others eyes
you could feel all of the care we held inside
and as we smiled we said I love you dear without words out loud.
I so truly love you and you'll always be my best friend and Angel
because you are my gorgeous Kira and I so
admire and treasure you in all ways.

I want to thank you for all of you wonderful
love and caring again and for always being
my wonderful Angel and best friend.
You can count on me always because I love you only

and I swear to you and promise I would
never hurt or abandon my very best friend
and Angel I so admire, love, and cherish to no end.

Michael P. McParland

Morning Kisses For My Sweetie

A very good morning to you
my dear sweetie so gorgeous and beautiful
and I send you sweet kisses of thanks
that say I so love you.
Thank you again for all of you deep
patience and understanding that I was in need
of so much sleeping from my headaches
and medications.
I thank you my sweetie for you truly are
the greatest of blessings.

I wish you were here to spend a wonderful morning
and day with me my precious lady.
Here in the morning a quiet time spent together
as I served you your coffee and a nice breakfast,
then a nice little while to sit and snuggle
while I sat and read to you and a little while
spent talking and laughing escaping into our world away
from the outside and all of its problems.
So to start a quiet morning just for us
and so quality time together.

Then later today I would love your help
to get all of my movies organized again,
they've become a bit of a mess and I keep
them in alphabetical order my dear.
Also I just opened an online account
where the movies with codes you can store
digitally in a cloud and I have many codes to go through
and I would love to spend time and have your help
doing all of that my sweet dear
I love you my sweetie and would love to just do
all of that with you while sharing sweet kisses too.
You are such a gift my sweet dear
and I want nothing more than to be with you forever and ever.

So again I wish you the best of mornings
my beautiful Angelic sweetie
and thank you so truly for all you have done for me.

You're such a true gift and amazing blessing
that in the next life I will bow before God directly
and thank him so much for bringing you into my life,
until I can do that though I will continue praying
because I want him and you to know I am so humbled
to have the true love of my best friend.
I send you these sweet good morning kisses
my beautiful and wonderful sweetie to fill you
with all of my love and warmth to no end.
Remember I'm with you and will be forever
because I am your Michael and I truly adore you.

Michael P. McParland

Love Note 456

Good afternoon my sweet Angel
so very beautiful,
I'm sorry if you are sad or upset
with me for resting so much
but I am in deep need right now.
I wish you were here to tightly
wrap up while I gave you sweet kisses
and tell you I love and miss you
so very much.
Kira I am aching fiercely right now
missing you terribly and wishing
you were right here to gaze
into your eyes while holding you so very close
I love you my darling so very much.

Again my sweet love I apologize
for being so tired and sleeping like this
because I fear you are hurting so bad
and crying from feeling upset.
Remember sweet lady that
I am always with you
and would do anything for you.
feel all of my warmth and love
as I reach out to hold you
and give you sweet kisses and smiles.
I love you sweet Kira and I
just want to be holding you
because you are my Angel so beautiful and perfect.

Michael P. McParland

I Just Want Your Company

Just arriving back home from
my appointment dear and tiredness
is taking over me immediately.
Before I would close my eyes though
I just want to spend time with you
and enjoy each others company.
I just want to hold you close
and kiss you oh so deep as we
talk and read then watch some movies dear.

Then after all of that I just want
to enjoy your company relaxing
as you rest your sweet head upon my chest,
I want to softly talk and reassure you
that I'm always yours and not leaving
you any all in any way,
I just want to enjoy your company
because you are my beloved Angel Queen
and I love you more than anything
my sweet diamond I adore.
I love you babe and just want
your company because you are the holder
of my heart and soul and you are amazing dear.

Michael P. McParland

God Bless You 10

As I get up now to get ready
for my meeting in a little bit
I first of all just want to say
God bless you dear in thanks for all you do
and all the love you give to me.
I will thank you deeply through all time
for the light you give and the hope
you have filled me with time and time again.
I love you so much my dear
and as God to bless you so you'll know
just how thankful I truly am in full.

May God bless you to know within your golden heart
that you truly are a Queen who deserves the best,
may bless you to know that you truly are one
of his most special creations and gifts on this earth.
May God always bless you so you will know
and realize your abundant worth which far exceeds
all the riches in the entire universe.
God bless you my Angel Queen and feel all
these hugs and kisses I send to thee.

God bless you to always know you are appreciated
in full for being the kind
and caring amazing woman that you are.
I am so sorry if I don't say it enough
because you are so very special and you deserve
to be told just how important you are
and how much you mean to me.
God bless you dear for how you've touched
my entire heart, soul, and life.
You truly are the very best
and my divine best friend I truly love to no end.

May God bless you to be in no pain
so you can enjoy movement in this life
just like you deserve,
may he help heal your heart
and may he help you know it is safe to let me in

so I can hold you close as we heal each other
from all past pains and scars.
I trust you dear and I want you to know
you can trust me my darling dear.
I would do anything for you
and never do anything that hurt you
because you are the one I will always
stand by and fight for.
I'll never leave you dear because I treasure you,
I cherish the bond we share just like I cherish you.

So may God bless you each day
in each and every way my sweet and darling Queen.
I truly adore you so very much
and just want you to know I care for you to no end.
You are my darling and my only one
and I will forever be your man giving
every last bit of love I have.
May God bless you to know all these things are true
and may he bless you to be filled with pure joy
which is exactly what you deserve.

Michael P. McParland

Missing My Angel 2

I am missing you so much my sweet Angel dove,
lying here listening to my audio book
with my eyes closed I dream of you,
I dream of looking in your eyes and seeing you smile,
I dream of telling you that you
truly are so very beautiful,
I dream of kissing you my only Angel
because you are amazing and I love you more than anything.
I'm missing you and all the little things
we ever did and shared.
I'm missing you my Angel true
because you are a blessing through and through.

I am missing you because you have always
touched my soul and heart from the very start.
I always knew you were the one and I wanted
to hold you so close to feel each others heartbeats,
so many days it was hard to resist just pulling you in
for the longest hugs on earth and to tell
you everything I held inside,
you've always been my sweet Angel bride
within my soul and heart which you hold as well,
you are my essence and gorgeous girl,
you're the only one I want to be with forevermore.

I'm missing my Angel here so very bad
and I just want to be lying down
right here with you now.
To share our warmth and deep loving looks,
to tell each other how we feel,
to just be spending time feeling at ease in pure peace.
I love you babe so very much to
my very heart and core that it overflows,
I'll never leave you because with you
I share such a wonderful sacred bond
and I adore you to no end.
I will always stand beside you my precious darling
because you truly are my everything.

Michael P. McParland

Looking At Your Picture 8

Lying back to relax on this morning dear
and not put any pressure on my aching back
and to let my aching head drift a bit
I'm looking at you picture to help lift my heart
and fill me up with hopeful light.
I'm looking at you picture babe to
help forget as much pain as possible.
I can already feel you so very close to me
and looking upon your gorgeous smile
helps make things even better.
I truly love you so much my dear
and miss you so very bad
and I just look upon your picture
to say hello at times and tell you
I hope that you're okay.

I just lay here looking at your picture
and it truly makes me smile,
I can feel you even so far away
and it makes all my pain feel much better.
So as I continue to lay here until
my appointment later my dear I will
look at your picture to lift my soul
and make me smile that much more,
feel all of my loving warmth as I send it to you,
feel me beside you holding you so close
and your soft loving hand within mine.
I love you babe and you truly help me
get through it all in so very many ways
and I just want to thank you through all time
over and over again as your faithful man.

Michael P. McParland

Come Sit And Curl Up 2

Come sit and curl up so close in my arms,
I have now just gotten out of the shower
and I want to snuggle with my Angel.
My back is still hurting very bad
and I just want to sit back with you
right now to snuggle talk and read.
I just want you to curl up next to me
within my arms and spend such sweet time.
I miss you my precious one and just want
to be with you no matter what no matter where.

I want you to come spend time and come
curl up next to me to help each other
feel better forgetting all our pains
both inside and physical.
Right now my back and head hurt so bad
and I deeply long as well as ache inside
to be with you to close my eyes while you read
and let your divine voice carry me away
with such gorgeous imagery.
I want to be with you curled up so tight
and snuggling with my best friend I adore.

I want to be comforting you in full
as I rub your back and whatever else
may be aching and need a rub down.
I want to hold you close and stroke your hair
just soothing you while you talk
and do whatever you want while spending time
resting your sweet head upon my loving chest.
Please come curl up within my arms
my dear hero and wrap up in our pure and tender love.

So my sweet love hear my hearts songs as it
calls out to you in infinite care,
feel it's beat as it is so strong because of you.
I love you babe and just want to be curled up with you
because you are a blessed gift from God I so love
and you are my best friend a rare gorgeous diamond in the rough.

Michael P. McParland

Night Note 175

I want to again wish you
a very good night my sweet Angel dove
and send you sweet kisses
full of deep care and all of my strength,
I wish I were with you first
to shower you in kisses and say
Kira I love you so very much
after each one,
I want to be looking into your eyes
and show you all that I hold inside
while getting lost in all the beautiful
universes of mystery and love
you hold within my sweet Angel dove.

Now as I finally get up
I will move so very slow at first
as the arthritis has eased off a bit
and my other meds will take
care of the last of it,
but I head still dully aches
and perhaps food is the key,
then after a refreshing and soothing
sower to wash away all stresses
and pains that linger babe
and how I do wish you were here
to join me holding each other
under a warm steady flow kissing and smiling
as we just hugged and talked about everything.
I wish you could join me right now.
I love you sweet Kira and just want
to give you sweet kisses so very good
while feeling you near.

So as I now rise I will be thinking of you
and sending all of my warmth and love,
I will be reaching out to hold your
soft loving hand as well as you my sweet dear.
I will write you shortly after
my cleansing and refreshing shower

with my head again freshly shaved.
So close your sweet eyes and see my before you
smiling with looks of love
and never forget I'm always with you
my sweet Angel dove
I admire and love to no end,
I will forever stand by you
my divine and gorgeous best friend.

Michael P. McParland

Sweet Love You're A Gem

Oh my sweet love you are such a gem
and I wish you the best of nights
straight from my heart and soul
which overflow with tender gentle love for you,
I send you the sweetest kisses
to thank you dear with huge hugs
to give you all my love and warmth.
You truly are the very best and I'm reaching out
to wrap you up within my arms
to snuggle tight while I lay here
waking up and waiting for this damn headache to fully go.

Sweet love I so truly thank you very much
for being so understanding of my needs
and how much I needed all that sleep
and how I know you understand how bad
my headaches can truly get,
I thank you babe you truly are so great
and I wish you were here to lay with me
as I wake in full and try to slowly
stretch out my arthritic pains
along with this headache that remains.
I wish I could just snuggle with you
and feel your deep warmth as you smiled at me
and lit up my entire world.
I miss you sweet love and just want you
right here by my side to feel your body next to mine
and you soft lips on mine as well.
I thank you my sweet love you truly are
the most rare and precious of all gems.

Oh my sweet sweet love you truly are a precious gem
whom I adore in every single way,
I can't wait to be with you holding you so close to me
and I would rub your face and head just
as I like to give you the calm and peace it makes me feel.
I truly thank you for all of your deep caring
and endless loving understanding,
I thank you for the unconditional love we have always been sharing.

So feel my hand in yours as I reach out to you
and feel me wrap my arms around you dear.
You truly are my only one and all I want is
to be with you side by side hand in hand through all time,
so let's right now in spirit snuggle oh so tight
while the last of these pains fade away my dear,
I so deeply love you babe I hope you truly know.

Michael P. McParland

Love Note 455

A very good sleepy afternoon
to you my sweet beautiful love
and I hope that you have been feeling
all of my warmth and deep caring love
as I've been sending it all to you
while I have been resting here,
feel my arms around you as I hold you so near.
I still feel so tired and sleep
has been most restless,
this headache has reemerged again
as well my sweet darling
and if you were here to lay by my
I would ask if you would so sweetly
rub my face and head for me
then I'd pull you in close
to tell you I love you
before giving you so many kisses
over and over before you rested
once again your head on my chest
and rested some more as I rubbed your back
and stroked your hair
as we talked ever so softly my only one.
My heart is yearning for you
and calling out that I'm only yours
and want you forevermore.

So feel my hand within yours
and close your sweet eyes to see
my huge smile and loving looks
I always have for you
and feel my arms around you in pure love.
I am so anxious to be with you
serving you always to the best
of all my abilities because you
are my Angel I love so very deeply
and I am so proud of the bond shared between us.
Kira you truly are a magical
and magnificent woman.

Michael P. McParland

Snuggle Up So Tight With Me

As I lay here dear so very tired
resting I dream of you and hope that
you are okay and not feeling sad,
I know how you feel because it is very hard
to be away from you as I exhaustedly
lay here and long to be with you
kissing and snuggling the hours through.
So in spirit snuggle up so tight with me
and share our warmth so wonderfully,
snuggle up so tight with me my dear
so I can give you all my strength
and let you know in full I'll never leave.

My sweet love as I now eat a little snack
before I close my eyes again
I just wanted to let you know I truly care.
Come rest your head upon my chest in spirit babe
and we'll drift away wearing big smiles
that are so filled with joy from being together,
please come and just rest your head upon my chest
so I can stroke your hair and rub your back
and throughout give you soft and tender
sweet kisses so amazing.

So please come my dear and share my little
snack with me and the curl up in my arms
to snuggle oh so tight as we listen to my audio book
and fall asleep in each others arms.
I love you my dear and want nothing more
than to be with you the woman I adore
more than anything in the universe.
So please come snuggle up with me so I can
keep you warm and soothe your heart through and through
because you are my Angel and I want to do everything
for you I ever can and that is possible.

Michael P. McParland

A Relaxing Morning

I so long for a relaxing morning
with you my sweet Queen I adore.
Between my headaches so bad as of late
and my sleeping schedule being way off
I just want to lay on this couch
and wrap you up in my arms
to spend a peaceful, loving,
and relaxing morning with each other
our darling best friend.

I so adore you and give you
all of my strength and endless loving warmth,
I want to feel your love wrap me up
and fill me to overflow as we sweetly kiss
and say to each other I love you babe and I always will.
Kira you are such a true and rare treasure
I cherish you deeply and wish we were
spending a relaxing morning together
lying here on the couch holding each other.

So as I now close my eyes for awhile
I will be reaching out in spirit
to so lovingly and tightly hold you,
I am sending sweet kisses galore
to let you know how much I do care.
I love you my dear and would give anything
to be with you snuggling and kissing
on a peaceful and quiet relaxing morning.

Michael P. McParland

I Want You In My Arms 2

First thing I want to do here
on this morning sweet one
is wish you to have the greatest of days,
then say thank you my love
for always sticking with me
and being right by my side giving
me all of you warmth, love, and deep
caring strength as we waited my headache off.
I love you so much and am grateful
for your wonderful magical touch
and I wish I was holding you right here and now.

I want you so tight in my arms so I can say
straight to you I love you my dear
as I kissed your cheeks, neck and ears
as I whispered all of my loving words into them,
then just gaze into your eyes as I brush your hair back
and caress your cheek as I kiss your soft precious lips.
I just want you in my arms to have and to hold,
to thank in full for being my very best friend
and my precious adored love in full.
I love you sweet lady and I always will
and I just want you in my arms spending time.

Kira my love as I get up and moving now
first I say thank you for all of your loving care once again
and sending me all of the warmth and strength that you do.
I am so grateful and it fills me with joy
that it brings tears to my eyes just how much you care.
You are a blessing I'll spend eternity thanking
you and God for over and over.
So feel all my sweet kisses and I send them in millions
along with these huge hugs filled with my warmth and loving.
I just want to be holding you snuggling and nuzzling
because you are amazing and I completely love you.

Michael P. McParland

Morning Note 184

Good morning to you
my beautiful and precious
sweet Angel dove,
my head still aches
in great pain and my stomach
churns around but I wanted
to tell you I love you my only one.
I am there with you
giving sweet tender kisses
and I just want you to know
you are the greatest.
So please hold me tight
as I still lay here
hoping that soon I'll feel aright.
Feel my arms around you
as I look in your eyes smiling
and say God bless you sweet Kira
you are my Angel and I love you so much,
I will forever be yours
and stay right by your side
giving all of my full
loving support as your Michael
and yours alone forevermore.

ILYF and ever KP

Michael P. McParland

Feeling Sick Sweet One

I am feeling quite sick my sweet one
so as I reach out to take your hand
please come and sit with me
and we'll enjoy each others company the best we can.
My head is pounding and my stomach
is badly twisting and turning
and as I lay here for awhile
I just want to have you right here by my side.
I adore you dear and just want you near
to lay by me and rub my face and head.
You are an Angel so very pure
and I love you so much I just want
to be with you right now
to help soothe and calm my aching stomach and head.
I love you babe I truly do
and I just want to be at my best and perfect for you.

Michael P. McParland

Night Time Snuggles Spending Time

Having now woken from a nice rest
I first wanted to say I love you babe
and send you kisses so sweet,
my rest was mostly light and I dreamed of you
most of the time.
I dreamed of us just snuggling and talking,
of soft caresses and smiles while kissing.
I dreamed of you and just felt you so near
wrapped in spirit in each others arms.
I love you my sweet darling ans want to be
sharing sweet night time snuggles with you feeling fine.

Through my thoughts and dreams I asked you
how you are and that I want to know if you are okay.
I want you to know I'm right here for you
no matter what you may need and no matter the time,
I dreamed of night time snuggles spending time
where I would read to you and afterwards
we would put on a film and I would give you a massage.
I can't wait for our snuggles while spending time
just feeling so warm in the loving strength that we share.
I love you my sweet darling and just want you near.

I just want to spend time to make you feel
so deeply loved and so very special,
I want you to know you are appreciated and cared for
because you truly are a gift and blessing.
I want to be sharing tight night time snuggles
spending time telling you how I know
we knew each other and were best friends in love
before we came to earth my sweet lady
and just tear down my walls for you
and show you my all and everything.
A night time of snuggles while spending time
with each other is the greatest thing I can dream of.

I want to be holding you while you open up
and tell me everything you want and need to,
I want to know all that there is about

my darling lady,
I just want to hold you to dry your tears
when you are crying and laugh along when you
are so very happy and laughing.
I want a life time of snuggles and nuzzles
as we're spending time as true best friends
so totally in love with each other.

So as I wake from my small slumber
and get up to read, watch a movie
and do whatever I will be thinking of you
and just spending sweet time as we snuggle.
Kira you are a dream that has come true
and I so fully adore you and just want
to be holding you ever so closely.
You are more than I could have ever dreamed of
and hoped for and I am so thankful to have you
and all of the loving joy that you give me,
I love you sweet lady and am sending you
the sweetest of kisses while reaching out in spirit
for a night time snuggle so warm, loving, and truly amazing.

Michael P. McParland

Come Snuggle Sweet Love

Come snuggle up beside me
my darling one and rest for a little while.
Just curl up within my loving arms
and wrap yours around me as well
to share sweet kisses so full of tender love,
expressing our passion as we stop briefly
to gaze into each others eyes seeing our smiles,
then sweetly kiss some more
before you cozy in so tight with me
then rest your head upon my chest
and we'll softly talk as I stroke your hair
while rubbing your back just drifting off for awhile.
Come snuggle up with me my sweet love
because you're all I need and all I want right here
beside me now.

I ask you to come snuggle up because you're wanted
for your company and big hugs which I crave,
to just have you near and kiss you dear
just being with you is all I really want
because you're my true love and only one.
I truly love you so very much
and just want to lay here with you
feeling oh so safe and secure.
Please sweet one come and snuggle up
because I just want to be with you
sharing all of our loving warmth as we drift off.

Michael P. McParland

You Are My Sweet One

You are my sweet one so very
bold and bright full of endless love
and wells of caring light
you my sweet one and I love you so very much.
You light up my path and give me hope
when things seem so very dark,
you fill me with pride and joy
by knowing you love me too and are my best friend.
I love you dear for you are grand
and there isn't anything I wouldn't do for you.

I want to give you all the love I have
in return to show that you are treasured
and cared for too just as you do for others dear.
I want you to know you are appreciated babe
and deeply admired as my Queen and Angel dear,
I want you to know you are my sweet one
and everything I want.
I pray for you every single day
to feel my loving warmth and that you
will be okay and not in pain.
I love you dear you are so great
and I just want to share myself and all
my endless love with gorgeous you.

You really are my sweet one and best friend,
my hero through all time and I thank you big.
You are beautiful both outside and in
and that is the most wonderful thing my sweet Queen.
You are the only one within my dreams
and the only one in the real world don't you see,
I love you more and more with each passing day
and I just want to spend my life with you
both this one and the next beyond heavens door.
You are my sweet one and I truly love so
and would give anything to be with you right now.

Michael P. McParland

Evening Note 97

Good evening my sweet beautiful love
and I am so tired on this early eve
and I would love to be spending
it with you as we sat back
and relaxed and probably drifting off.
You bring me such deep comfort
and peace I just want to
be with you snuggling,
I want to kiss you so sweet
and just be with you spending time.
Right now I just want to lay back
as you rest your head upon my chest,
I want to relax with my sweet Angel dove
whom I so adore and want to be with forevermore.
Just feel me there with you
as I hold you so close in spirit
rubbing your back and stroking your hair.

I am feeling quite tired on this eve
but I still would need to cook
dinner for you and me,
and still I'd want to spend time
together doing some fun things
as we were in each others arms
because I've missed you so much
and want to be with you talking
and doing fun things.
I just want my Queen beside me
sharing everything that there is
in this life right into the next.
You are a true blessing and gift
I am thankful for to no end.

So I send you endless sweet kisses
and am thinking of you as I go about
this evening doing whatever.
I will be thinking about you
and praying for you as always.
I thank you my darling

and truly treasure you
as my hero, my best friend,
and soul mate with whom I share a bond
that will last the ages.
I love you sweet lady and will
always stand by you
because you are a shining star
and my loving Angel.

Michael P. McParland

Huge Hugs To My Sweet Angel Dove

I love you so very much my gorgeous
sweet Angel dove from heaven above.
I'm sending you sweet kisses
and the hugest of hugs
because I am so thankful for you
and I want you to know.
You are a miracle and diamond so rare
I will stand by your side hand in hand forevermore.
You are my hero, my soul mate,
my best friend and only one
and I'm sending you all of my love, warmth,
and strength with huge kisses and hugs
my sweet Angel dove.

You are so beautiful and a blessing so good
and I can't wait to be spending sweet time with you,
I love you so deeply and cherish you completely
because you are my Kira the greatest lady ever.
I love you sweet lady and want to kiss you
so very passionately to express my tender
unconditional love for my amazing Angel.
I send you these huge hugs to express
all of my feelings because some are so strong
and so deep I have no words.
I truly love you and cherish your company
because you are the Queen I've always prayed for.

I send you these huge hugs my sweet Angel dove
to thank you so much for your loving strength.
These past few hours I've fought a headache
but I felt you near and now it's almost gone completely.
You are a miracle and my heart truly sings for you,
feel as both my heart and soul reach out
to touch and hold yours.
Feel my hand in yours as I take it in mine
and feel my arms around you as I pull you in.
I have waited for you and searched because you are the one,
and I will continue to stand by you through all time.
I love you sweet lady and give you all of myself

and all of my love through my free choice
because I truly love and adore you for just who you are.

I send you these huge hugs to tell you
I love and miss you so much
and I will be waiting for when you are ready
with wide open arms and a wide open loving heart.
I'll always be yours have not a doubt
because you are my Kira and I am your Michael
and only yours forevermore.
I love you sweet lady and what more could
I ask for or want than to spend eternity
with my best friend I adore.

Michael P. McParland

I'll Never Give Up

I'll never give up on you my only one,
you are my Angel, you are my Queen
and you mean everything to me.
May God bless you to know and feel me
right there by your side hand in hand
giving you sweet kisses in true caring love.
I'll never leave you my sweet one
because you are my entire universe.
You give me reason to still live
and keep me going everyday.
I love you my only one and I will forevermore,
you are my soul mate and my hero,
you are my best friend I adore in full.
I swear to you I'll never give up
because you are my only one,
you're all I need and all I want
because you are my gorgeous sweet Angel dove,
a gift and blessing from God up above.
So I swear to you my one and only true love
I'm never giving up on you.

Michael P. McParland

My Heart Melts For You 4

As I just lay down and rest
here in this late morning hours
I just think of you in all the beauty
that you have and the beauty that you are,
my heart melts for you my precious rose
because you are so good.
You're everything I need and want
because I cherish our sacred unbreakable bond.
I cherish you for just who you are
with your heart and soul of gold,
my heart melts for you my dear because
you are my Queen and sweet Angel dove.

I knew from the start you were the one
because you held such a special charm,
you truly are so beautiful,
you are the holder of my heart and soul
the greatest gifts along with all of myself
I could ever give to you.
You truly are my gorgeous one
and you make my heart beat so fast
and sing so loud as I become putty in your hands.
My heart truly melts for you because you are so grand.

I love you dear I hope you know
with every bit of who I am,
you truly are my only one and when I look at you
my heart melts because I see an Angel true,
my heart truly melts for you because
you are so pure and good.
I love you babe I really do
and will always do my very best to make you
so very happy and very proud.
I truly am your Michael forevermore
because you are my best friend, true love,
and soul mate who my heart melts for in full.

Michael P. McParland

A Calm Peaceful Morning

Good morning to you my sweet beautiful one
and as I now rise from my little slumber
I send you huge hugs and sweet kisses
to show and tell you I so deeply love you,
I am truly missing you and wish you were here
to spend a calm and peaceful one
feeling so joyful, fulfilled, and happy together.
I wish you were here for a calm
peaceful morning filled with so many
warm and loving snuggles and kisses.

I wish you were here so as you still slept
I could get up so quietly and make your coffee,
then when it was ready and prepared I'd bring
it in to bed but first set it down
to waken my sleeping beauty with soft caresses
and a deep tender and passionate kiss,
then smile at you and say I love you my Angel so great
and sit in bed next to you wrapping you up
within my arms while you sipped at your drink.
A calm peaceful morning sitting with you
my sweet Queen is just what I want to be doing right now.

I want a calm peaceful morning for us to just talk
and share all of our time as it does pass,
reading and listening to good music
and watching some TV and a movie,
and as the day got moving I want to share
your favorite things to do and fun hobbies.
I just want to spend time with you
beginning with a calm peaceful morning
spent so lovingly holding each other.

Darling hear my hearts call and all of its songs,
right now it is aching so bad to have you so near.
As I will close my eyes again for awhile
I will dream of you and our future
calm peaceful mornings snuggling and sweetly kissing together.
I am right here waiting for the lady

I've always cared for and been loving
so feel all of my hugs and sweet kisses
as I dream of and smile about these
calm peaceful mornings we both are excited for.

Michael P. McParland

Morning Note 183

Good morning sweet love
and as I open my eyes
from my short rest for a minute or two
I want to reach out to you
and pull you in so tight
to say I love you babe
as I kiss you so passionately
and very sweet,
I just want to lay with you
for right now before
we get up for this day.
I just want you in my arms
to drift and rest
a little more before
I get up to make your coffee dear
and share a wonderful,
loving and quiet morning with my love.
So feel my arms around you babe
and my loving kisses oh so sweet
as we lay down a little more
and listen closely for my voice
as I say Kira you're the best
and I'll love you with all I am
to no end forevermore.

Michael P. McParland

To Hold You Tight Right Now

I just want to hold you tight
right here right now on this night,
to just feel you curl up in my arms
as we lay down on the couch to catch
the shortest little rest.
I just want to hold you tight
and before we close our eyes
I'd kiss your hands, your fore head,
then your cheeks and lips
then as you went to rest your head upon my chest
the sweetest pecks and kisses
on your soft neck while I caress your cheek.
I just want to hold you here and now
on this night my Angel so bright, beautiful,
and purely sweet.

I just want to hold you tight
reassuring that all is and will be alright.
To feel contented comfort and pure peace,
knowing that we're true best friends
that we'll stick together to no end.
We share a bond I so adore
and I want to be with you forevermore,
right now though I just want to hold you tight
and know that all is right within the world
being with the one I love arm in arm,
side by side, hand in hand through eternities
precious sacred door.

Michael P. McParland

Feeling You So Strong

As I sit here on this night
I am feeling oh so strong right now.
It feels so good to know in spirit your near
and overwhelms me with such joyful
love and proud care.
I am feeling you so very strong
and I want to thank you for all
of your kind, tender, gentle,
unconditional love that means the world.
I'm feeling you so very strong
and I thank you for making this night good.

I can smell your sweet pale soft skin
and long gorgeous beautiful hair,
I can feel your strong loving arms
wrapped around me in such deep care.
I can feel you near and it makes my heart sing,
feel me and all my love as well
as I reach out to hold you near.
Feel my hand in yours and see my smile
as I now see yours.
You are such a blessing and a gift
may God bless you dear
and know that you mean so much and are of great worth.

I am just feeling you so strong
and I want you to know you are appreciated
and treasured my one and only love.
I am so thankful and you mean
so much very much,
with gratefulness and loving gratitude
my body begins to quake from all
of your endless loving strength.
You truly are so magical
I can't wait to reunite.

So catch all my sweet kisses dear
as I send them to you in full,
feel my arms around you and know I'm always yours.

I love you so very much and I know that you're the one,
so feel me there with you so strong
just like I'm feeling you my gorgeous Queen
and stunningly beautiful sweet Angel dove.

Michael P. McParland

Yearning For My Queen

As I sit here on this night my dear
I yearn for you my sweet Queen
I just want to be with now
and be holding very near,
I love you so very very much
and want to be with you through
all time and space.
I yearn so much for you my Queen
to be right here and just spending time.

I'm now just sitting here playing
NCAA 14 on my PS3 and would love
to have you playing with me or cheering me on,
either way would be such fun
because I would be with you my precious Queen.
I just long and yearn to be curled up
with you smiling and enjoying
all the time in the world there is.
Being with my Queen is truly heaven on earth.

I just yearn to be with you
as I do whatever it is I will feel like
as I go along my whole night through.
I just long to hold your hand
and talk along as I kiss you all over
time and time again saying all along
I love you babe and thank you true
for all you've done and all you do.
You're everything I want and need
and I pray to always make you happy
and immensely proud as I serve you.

I'm yearning for you my Angel Queen
because you're great and you make me proud,
to have your love is such a blessed gift
and to have you as my best friend
is the greatest thing that there is.
I yearn for you because I love you dear
and you are the Queen I will forever

give myself and all I have to forevermore
my diamond and beautiful only one.

Michael P. McParland

Night Note 174

First I want to wish
a very good night to you
my gorgeous sweet Angel dove
and let you know I truly
care for and love you so very much.
As I am about to sit back
and read for a short bit
I wish you were here to
curl up in my arms and we could
read to each other out loud
as we were holding hands,
I wish my sweet lady was here
to give you sweet kisses
while gazing into each others
loving and accepting eyes.
I love you my sweet Kira
you are the greatest woman there is
and I will always give you
every bit of my love and all that I have.

I just wanted to tell you
I love you babe and as I
go through my night
I'll be dreaming of you
sending sweet kisses galore
with massive hugs too,
feel all of my love and warmth
with my strength as it wrap you up
to fill you up with endless comfort and peace.
Feel my hand within yours
as I take it so firm yet soft
to show you the tenderness I hold.
I love you my Angel and crave your touch
as we just hold each other
in perfect bliss.

Michael P. McParland

My Sweet Girl

My sweet girl I so truly love you
because you're beautiful and you are you.
You're a gift from heaven I adore,
a blessing that keeps on giving more and more.
You're my sweet girl and I adore you so,
I can't wait to hold you near
and say Kira I love you I want to
be with you forevermore as your faithful,
loving, and supportive man.

You are my sweet girl and how my heart
sings to you in its pure true love,
it wants you to know you are the most
wonderful and perfect woman that
there's ever been in my life and anywhere,
you're my sweet girl and I'll never
get enough of you in any way
because you truly are my everything.

You are my sweet girl and Angel I adore,
you are a diamond in the rough
so beautiful, charming, loving and truly rare.
You're everything I truly need and want
through this life and all time,
you are my Queen and I want to give you
all my life and all my love because you are my only one.
I really truly love you so and will be
with you side by side hand in hand through all time.
I love you babe because to me you are
the greatest treasure and gift that there is
and I will always be your man
through all time giving you everything I am and have.

Michael P. McParland

I Can't Live Without

As I awoke my dear after I shook
a very thick sleep fog from me
I thought of thee and the smile that you wear,
a smile I don't want to live without
on my sweet woman I can't live without,
a beautiful Angel I adore in full
and wish to be with forevermore.

I don't want to live without all the
wonderful precious loving strength you bring,
I don't want to live without all
of your beauty constantly surrounding me,
I don't want to live without the woman
I love more than anything and adore
as my Queen for whom I will give myself
in full and everything I have
including my very life as well.
I can't live without my best friend
who is so precious to no end.

I can't live without the holder of
my very heart and soul which I gave
to her so very very long ago.
My heart calls out and sings to her
because she is so beautiful
with her heart and soul of pure gold
and in all ways it gives me butterflies babe.
I can't live without you because
you are the one and I sweet I'll
never leave you because you are my sweet Angel dove.
I love you Kira so very deep I hope you know
and I can't live without my Angel true.
God bless you dear and I am always with you
and right here for you.
You're all I want and all I need,
I can't and don't want to live without you babe.

Michael P. McParland

Morning Note 182

A very very early good morning
to you my sweet dear,
I hope you have had more success
than me at being able to sleep,
I have at best only been able
to drift here and there,
I wanted right now though my dear
to reach out and tell you
I love you so much
as I put my arms around you
and give you a giant kiss,
God bless you my darling
you're such a gift.

So soon I will lay back down
and try to get the sleep that I need
and I wanted to give you sweet kisses
and huge hugs before I do
my sweet Angel dove,
I wanted to tell you good morning
and wish you a wonderful day.
Feel me beside you as I hold you
so very closely and remember
that I am eternally your Michael.
Come my sweet lady and let's snuggle
giving each other deep comfort
as I try to sleep very shortly.

Michael P. McParland

Curl Up In My Arms Tonight

Come curl up in my arms sweet one
and snuggle with me for a few minutes before we lay down.
Snuggle with me and watch a bit of Star Trek
and then we'll go to bed to sleep
in each others arms feeling so comfy and calm.
Come curl up in my arms tonight
so I can look in your eyes and tell you
I love you my sweet Angel of light.
Come curl up in my arms and I'll sweetly kiss
away all of our lingering aches and pains.

Tonight my sweet love come and curl up
as I want to hold you so tight while
I watch just a little bit more of Star Trek
enjoying something I love with the woman
I love and adore completely in full.
Come curl up with me for a bit here
in front of the TV before we go to bed
to kiss deeply while we snuggle so lovingly.

So please come curl up in my arms
because I just want to be holding
and spending time with the woman I truly love,
I just want to be lying down side by side
both of us basking in our mutual true love.
Kira you are my Angel and I just want
to be with you holding you tightly.
So please come my sweetie and let me
hold you so near me to give you smiles
and kisses filled with all of my warmth and loving.

Michael P. McParland

Sending Sweet Kisses And Hugs 2

I'm sending sweet kisses and huge hugs
to you my sweet and darling true love
on this night so late.
I'm sending you sweet kisses filled
with all the gentle and tender love
I hold inside to my core for beautiful you.
Sweet kisses to let you know I'll be by your side
and have your back in support through all time.
I'm sending you sweet kisses and hugs
to let you know how much you're missed and loved
and that I know how much you love and miss me as well.

I'm sending sweet kisses and hugs to let you know
that I know you're in pain and feeling lonely,
to hold you in spirit and let you know
I'll hold you as long as you need and want
through all of time when we reunite.
I'm sending sweet kisses and hugs to let you know
you are my one and sweet Angel dove.
I just want to have you so near and be spending time,
being away from you is so very hard
and I send these sweet kisses and huge hugs
to give us both comfort as the best friends we are.

On this late night my love I want to
tell you just how beautiful you are
and how much you mean to me my dear Queen,
you are my soul mate I've forever adored,
my diamond in the rough so gorgeous and rare.
I treasure you darling and just want
to share our whole lives together
so I send you sweet kisses and huge hugs to tell you.

I'm sending sweet kisses and huge hugs as
the entire night passes while I sit here,
I write, or when I am sleeping.
I'm always with you because you are my hero
so very darling and amazing
I could never imagine a life without you.

I love you darling and am sending you
the biggest hugs and sweet kisses
to reassure you that I'll forever be your loving Michael.

Michael P. McParland

A Quiet Night 2

Sitting here my sweet love
on this Sunday night just watching a film,
and how great it would be if you
were here with me to enjoy it right now.
Just holding each other as we sat back
to enjoy a quiet night spending time
with the one we so deeply love.
God bless you my dear I can't wait to have you
with me spending a quiet night arm in arm
both of us smiling feeling fine.

So as I sit here just watching my film
and perhaps read in a short bit
I'll be reaching out to take your soft loving hand
and in spirit hold you to share this
dream of the future for you and me,
a quiet night spent together just doing things
and enjoying all the love that we feel,
a quiet night with you the one that I love
and my Angel best friend from up above.

Michael P. McParland

I Miss My Best Friend 3

I miss my best friend the most
beautiful woman in the universe.
She makes me smile when times are hard,
she gives me hope and reason to continue on.
I know that we will come together
once again and when we do it will be for good
sharing all the tender love we hold.
Giving hugs and sweet kisses too,
just spend time each day doing what we do.
It's just the waits so hard
and I miss my best friend more than anything.

I love my best friend more than anything
in this entire universe,
she in my rock and my rockin Queen.
She is so beautiful and so truly cool
and I've been taken by her for so many years.
She holds my heart and my soul
within her loving caring hands
and she has a heart of gold so loving and truly rare.
I love her so and want to be with her
through eternities time as King and Queen.

I miss my best friend and can't wait till her return,
to share our lives and our whole worlds
is what I desire and need.
I want to give her all the love I have
and all the love that she deserves,
I want her to know her awesome worth
as a blessed Angel on this earth
who's touched my life so deep and very much.
I miss my best friend and need her to know
of my love and care because how wonderful she truly is.

I love you my dear and true best friend
because you are a miracle to me my dear.
I adore you for just who you are
and want to give myself in full to you
through all space and time.

I've never wanted another dear
and I'll stick by you hand in hand.
I love babe and I truly always will
because you are my best friend
and that's the greatest thing that there is.

Michael P. McParland

Sunday Evening With My Best Friend

Good evening sweet love and as I rise
I feel a bit chilly and reach out to you
so we can snuggle so tight and get warm,
and so we can kiss so very sweet
as we get this evening going in full
to just spend time together both alone
and as well with the kids.
A sweet Sunday evening with my true love
who is my best friend is what I long for
as I rise this evening my only one.

Right now I just want to hold you and make us warm,
then to eat something because I'm hungry my dear.
Then to just sit back as you curl up in my arms
talking and reading as well as sharing other things.
Like our loves and hobbies and randomness,
and anything else that we want my sweet darling goddess.
A sweet Sunday evening with you is the best thing
I could ever have because it would be
with my beautiful best friend.

So as I put on my robe to get warm
and get some dinner for my rumbling stomach
feel my arms around you as I reach out in spirit,
feel my sweet kisses and smile remembering
I'm always with you my precious rose and dear Angel
and that I'll always stand by you never letting go
of my special lady and the blessed bond that we hold.
I love you my lady and would give anything
to be with you my best friend on this Sunday evening
because you truly are my Queen Angel and everything.

Michael P. McParland

Sleepy Kisses

I am now so deeply tired
and want you to come and snuggle
so before sleep I can give you
these many sweet sleepy kisses,
I want to hold you so close to me
as we drift away contentedly.
Come my sweet love and snuggle with me
as I give you these sweet sleepy kisses
that say in so many endless ways
I love you sweet Kira you are supreme.

Michael P. McParland

Holding You In The Very Early Morning

I am so very tired my sweet precious darling
but I just don't want to go to sleep yet
because I at the moment don't feel like it.
What I want to do though is reach out
to hold you in these early morning hours right now
to give you deep comfort and all of my love,
to give you sweet tender kisses of strength and warmth.
I want to be holding you in this very early morn
so we can be very near to each other feeling
so peaceful, safe and good.

I'm feeling so very tired but just don't feel like sleeping
but I'd give anything to be holding you tightly,
to just hear you breathe and feel our hearts beat together,
to just be beside you and smiling because my best friend
is with me fulfilling my heavenly wants and dreams,
I want to be holding you on this very early Sunday morning.
I love you sweet lady and as I sit up for a bit longer
I'm with you in spirit holding you tightly,
giving you smiles with endless sweet kisses,
feel all of my warmth as I give it to you.
You are my Queen my precious Angel
and I can think of nothing better than holding you
on this very early Sunday morning.

Michael P. McParland

A Quiet Late Night

I'm growing quite tired my dear
on this late night and I want to
just spend it so peacefully with you.
Just spending time while I hold you so tight
sweetly kissing and talking
as well as reading a book and watching a film.
A quiet late night with my Angel of light
is everything in this world beautiful and right.
A quiet late night with you in my arms
is what I am dreaming right now.
A quiet late night spent with the only woman
I'll ever love.

A quiet late night to gaze in your eyes
and let you know I'm forever yours,
a time to just feel deep caring and comfort
in all of the loving warmth we have for each other.
A quiet late night with my beautiful Kira
the most beautiful wonderful woman in history.
A quiet late night with you would be
so truly divine and charming.

Michael P. McParland

Night Note 173

A very beautiful good night
to you my sweet beautiful Angel so good.
I pray that your night has been going well
and you've been feeling me there
with you hand in hand as I hold you
so very close kissing you sweet,
you truly are my essence,
my heart and soul and there isn't
anything I wouldn't give or do for you
my sweet Angel dove.
You are my everything
and I wish you were here to spend
this whole night spending time
in each others arms.

I wish you were here to just
curl up in my arms as we softly talked
gazing into each others eyes
like two best friends in deep love
so very pure and true,
feel and hear as my heart reaches out
and calls to you about all of
my tender love and how I feel
all of yours to the depths
of my very heart and soul which you hold,
your love and deep caring
is so divine and refreshing in every way.
You are the light that helps lead my way,
you are the Queen I so deeply need.

My sweet love how I wish you were here
to kiss on the lips as I held you so near,
get in the shower with and just smile
as we held each other so dear
under the soothing water that helps
wash away all the worlds pains
and just the two of us remain,
I'll be dreaming of you and just
having you tight in my arms while there.

I just want to spend this night
and all time with you my Angel so good.
So I wish you a good night
and am reaching out to kiss you
and hold you tight as I go about
doing the things I will now
and know I will write you here
so very soon.
God bless you sweet darling
you are a diamond
and I will forever be your Michael.

Michael P. McParland

You're A Blessing Dear

You truly are a blessing darling
having been such a gift to me
in all ways you can imagine.
You are Queen, you are my Angel,
you truly are my best friend hero
and I want to thank you in all ways
showing my love over and over.
I will spend all time serving you
just like the divine woman that you are.

As I lay down two hours ago
till just 15 minutes past due to
my headache having come back hard and fast
I thought of you and feeling all your love
my stomach ache felt better first
and then the throbbing in my head dispersed.
I know your love and prayer has many times
helped me through and I so dearly thank you in full.
You are a blessing and my northern star for sure
I'll forever adore you my sweet Angel dove.

You are a blessing I hope you know
and you're appreciated deeply my only one.
I'm grateful to God for bringing us near,
able to be together as best friends on earth
just like we were before we came,
and I'm grateful for all the loving care
you give to me my dear darling best friend.
You are a blessing whose worth can't be summed up
in the slightest way because it is so much.
I love you my only one and want you to know
you are my blessed everything.

You are blessing dear nit just to me
but this entire world where you have
done so much good for those who's lives you touched,
you are a blessing I so adore and love,
I want to be with you forevermore
sharing life and our hearts in the most

caring loving ways we always have.
You are a blessing I'll give my best and all,
I give myself to you in full for all time.
You are a blessing babe and I'll always be with you
because the bond we share is so strong and true
I love you more than anything
I just want to be with you forevermore
and only you no other it is true.

Michael P. McParland

Evening Time Kisses

I send you sweet evening time kisses my love,
sweet evening time kisses so filled with warmth.
I love you sweet lady and also send the biggest of hugs
with the biggest of smiles to show you I care.
I send you evening time kisses so sweet and pure
to fill you with my strength and make you glow.

I send you sweet evening kisses
with all of my prayers so you will
feel all of my love and be in no pain.
I love you so deeply and cherish you fully
I just want to see you happy and smiling.
You are the greatest and my best friend
I love more than anything and I send you
these sweet evening kisses to tell you
I am right here waiting for when
you are ready and I'll forever be
yours my sweet precious lady.

Michael P. McParland

You're The Worlds Beauty 2

You're the worlds beauty in my heart and eyes.
When I look upon you I see a shining star,
you are my hope and joy in every way there is.
You're the worlds beauty because you are a true blessing,
an Angel sent by God and a special one indeed,
he took extra time creating you because
you're so supremely beautiful.
Both within and out in every way
it makes me want to shout how great you are
and that I love you so.

You're the worlds beauty to me without a single doubt,
you bring vibrant color, light, and joy to all around,
you make me want to live because true love is there.
I adore you dear and see Gods glory within you,
you're all I need and all I want
because I love you more than anyone or anything
and you're so very special babe.
You are so very beautiful and you make it all so clear,
you are the worlds beauty dear and I just want to hold you near.

You truly are a gift from God and I want to kiss you sweet,
I want you to know that you mean so much to me.
I love you babe and find life dull without you near,
you are so very beautiful you make it worth the trials,
I truly love you so very much and want you to know
I'll always be with you my best friend
who is the most beautiful woman that there is
in the universe.

Michael P. McParland

A Chilly Saturday, Let's Wrap Up

A very good morning to you
in the late afternoon my sweet love
and what a chilly Saturday it is indeed.
As I wake up in full and get rid of
this little headache that I have
let's sit back on the couch
wrapping up in my big fuzzy orange blanket
as we hold each other and kiss,
let's wrap up and smile at each other
as we say we love one another
while getting warm and cozy on this chilly Saturday.

I love you so much my dear and as I wake
a shivering from my slumber
on this late chilly Saturday afternoon dear
my heart calls to you singing Queen my darling.
My favorite band just behind my Falco in solo,
all my favorite love songs to tell you
that to me you're so very perfect,
it calls and sings to tell you that
I'd love to wrap up and snuggle with you
on this chilly day and just spend time with you
my gorgeous Angel true.

So as we just sat in my big orange fuzzy blanket
spending time reading, talking, and kissing
we could decide what I'll cook you for dinner
and how we want to spend our evening,
just being wrapped up with you would be a blessing.
I don't need any real reason to be curled
up with you besides I want to hold my girl
but on such chilly days it is double wonderful
to give each other all that loving warmth
that makes us cozy and comfortable.
Let's wrap up my dear and chase this cold away.

Good morning again my dear on this late
chilly Saturday afternoon here,
now as I wake in full and chase away

the last of this little headache let's sit back
on the couch and wrap up with each other to relax,
under the blanket I'll hold you and your hand
as I say I love you babe then kiss you
with all the tender passion that I hold,
to reassure you that for all time I'll be
right by your side in full support and true love.
So my dear let's wrap up and share our loving warmth
like the great best friends that we are
because I love you so very much and want
to be with you the entire day, night, and all time.

Michael P. McParland

Goodnight My Sweet Precious Angel

Goodnight my sweet precious Angel
I'm so very tired and long for you to be with me.
So please come and snuggle
and I will give you kisses so sweetly
while telling you I love you
my dear beautiful lady.
You are the greatest and my diamond so beautiful
I just want to lay here with you
in my arms talking before we close our eyes
and fall asleep feeling warm comfort in each others arms.

Goodnight my sweet precious Angel
and curl up so closely right by my side,
I'll pull you in tightly and kiss you so deeply
before you rest your head on my chest
for us to rest so very peacefully.
I'll lay there beside you just rubbing your back
and stroking your hair while I softly talk
to calm and soothe you,
with reassurance I'll confirm my love and care
and promise to you again that I'll never leave.
You are my Angel and adored Queen,
how could I ever dream of another one
when you are my greatest blessing and wish,
the only I'll ever want.
You truly are my beautiful sweet Angel dove.

I'll greet you and see you in dreamland my darling
as we walk tonight hand in hand through
the most gorgeous and majestic garden.
Flowers and trees common and rare aplenty
to compliment your divine beauty
is what we'll do tonight my sweet lady.
Then in the grass we will sit by fountain
and hold each other so very closely.
Talking and laughing as well as some reading,
just spending time as two best friends
in love enjoying each other.
Tonight my sweet love in dreamland

I will see you and hold you so tightly.

Goodnight my sweet darling precious Queen
and feel me beside you as I pull you in tightly,
to give you sweet kisses while we are snuggling.
So I can tell you I love you more than anything,
I adore you my Kira and will always stand by you
because you are the most amazing woman
I've ever known and I know is out there,
I want to spend my existence with my hero
and Angel best friend.
God bless you sweet lady your Michael loves you
and wishes you a goodnight as in spirit
we fall asleep holding each other
as the greatest of caring friends
so in love with each other.

Michael P. McParland

You're So Beautiful 13

Sweet one you truly are so beautiful,
I remember right away how I looked
across the room at you and was blown down
by the divine Angel that I saw,
I was so in awe of you as I felt
an instant draw to this wonderful girl
just one row over from me there in school.
You're so beautiful if you only knew,
I see it through and through in every way there is
and I want you to know just how beautiful you are.

Then as we first looked eye to eye
and began to talk my heart began to
beat so fast as it sang in joy.
Joy that such a beautiful girl would ever
want to talk to me and that I felt a connection
clearly click so very comfortable and quick,
and when I found out just how smart you are
your beauty just grew and grew within my eyes.
You're an Angel dear that I love so much
and adore you deep and full.
You are so very beautiful and for me it's only you.

That we can just sit and talk as with you
I feel free to open up and show my soul
is the most wonderful thing that there is
and I have it with only beautiful you,
you are my pride and joy and I want to spend
all time with you as we walk alone side by side
hand in hand forevermore fighting for each other
through everything all the way
to give each other all the best there is.

Kira you're so beautiful and I just want
to be there for you all the time no matter what it s
that you may need or want because I strive
always to make you so very happy and very proud,
you are a diamond in the rough and rare gem
I so cherish and adore for being you,

I just want to hold you close and heal our hearts in full
because you are a blessing straight from God
I know is perfect to her very core.
I love you babe and want you to know that you're beautiful
because you have a heart and soul of gold
and I could stare at you all day long in rapture
of the gorgeous girl that I behold.
You are beautiful my only one and you're
everything I need and want through all time.

Michael P. McParland

Night Note 172

Hello my sweet love
and I wish you the best
and warmest of good nights.
I wanted to drop in and tell you
I love you so very much,
I wish you were here to wrap up
in my arms as we spent the night together
just talking away, reading,
watching a movie after I cooked us
a wonderful night time meal,
I haven't eaten all day
and am so hungry and wish you were here to share.
Some fried chicken which I love
to share with the woman I love and adore.
I wish that I could be with you
giving kisses and hugs galore.

I don't know if you know
how much I worry about you
and pray that you are doing okay.
That you're not in pain
and you know you are loved,
and that you'll always know I have
nothing for you but deep tender warmth.
I worry about you because I love you dear
and just want to see you joyful and proud
and have the chance to share with you
the endless and unconditional love I have for you,
and I pray to experience the endless
unconditional love you have for me as well.
So feel me beside you as I hold you close,
and hold your hand while I kiss you so sweet.
Listen so closely for my voice
as I say Kira I love you you are the best.

So my sweet love I wish you
the greatest of nights
and hope you know I love you so much.
I'll always be yours my sweet Queen so amazing,

I wish you you were here to
sit with me enjoying each others company.
I know in my heart we will
one day come back together.
I love you my Kira and give my heart
and soul forever to you
and know that I'll forever be by you
because you are my hero, my Angel,
my Queen, my soul mate,
and most beloved best friend.
I promise you that I am always
your Michael to no end.

Michael P. McParland

Spending The Night With You

Sweet love spending the night with you
would be the most blessed and divine thing
there's ever been.
To hold you so close as we sat up in bed
just talking to each other and spending time.
To have this night with my true love
is that which I'm longing.
To forever be with my soul mate who is
so very adorable and deeply charming.
Spending this night with you
is what I'm longing for and dreaming.

I want to be sitting here with you
curled up in my arms looking into
those gorgeous sparkling eyes,
then brush your hair back and caress your cheek
as I kiss you so deep on your soft lips,
let us both sink into the deep
electricity of full and true love that flows
between us my Queen and best friend,
with that touch and kiss we'll light up
the world proving to it that true love exists.
We'll prove to them all that we can't be destroyed
because our souls are so deeply in love
as our hearts sing to each other in full.

I want to be spending the night with
my only true love,
the woman who means more than life itself
and the entire universe.
To be here to take care of and give her full honor,
to treat her as the Queen and dear Angel
she is as I serve her like I should.
I love you my darling and want to be holding you
as we sit here talking and enjoying each other,
just having fun sharing all that we love.
I want to spend the night with you
and give you the joy that you give
because you are amazing and I so adore you.

Michael P. McParland

Holding Each Other

Please my sweet one let's spend
this whole night holding each other so tight.
I miss you so much and the pain inside
from missing my Queen is excruciating at its worst.
I love you so very much and know
you are hurting just as bad my sweet girl.
Please let's come together so soon
and spend eternity holding each other together.

Over my last few hours resting
I just had terrible dreams of many sad things
of which I can't describe my beautiful lady,
I sat and cried in my dreams even over
missing you afraid you could ever be gone
and other stuff the mind does,
in my dreams I just cried and cried missing
my gorgeous sweet Angel bride.
I love you my sweet Kira more than anything
and I just want you here me holding you
while you're holding me.
God bless you dear one you're my everything.

So now I wake my sweet one with a headache
and just wanting to pull in my beautiful one
to hold you so close as we released all our tears
while we were holding each other in our loving arms.
I miss you so badly and just want to kiss you so sweetly
as I look in your eyes and tell you Kira
I'm so sorry for all of the pain and time we have lost darling,
I love you so deeply and am just filled with
such tender love for my only Kira
and pray that soon we will be holding each other.

I love you my sweet sweet Kira so darling and beautiful
I want us to be so very happy holding each other.
You are amazing and a total miracle
whom I give my heart and soul too forever and ever.
I'm sending you infinite kisses and hugs
so huge and loving to give you my warmth and strength completely.

I love you sweet Kira and please remember
that I'm always here and always there with you,
I swear on all good things that I'll never leave you
because you truly are the worlds beauty.
So please my sweet lady let's hold each other
and never again let anything hurt us.
I love you my Angel and will always be your protector
because you are my everything ant the only one I am wanting.

ILYF KP always and to no end.

Michael P. McParland

I Miss You 20

I miss you my dear so very bad
and I wish you were here to lay down
with me as we snuggled, kissed,
and dried each others tears.
I love you so much and feel so deeply sad
because you are not here tight in my arms.
You are the greatest and all that I want,
I miss you babe and yearn to be with you
with everything that I am.

I miss you my dear and am so tired too,
I just want you here with you curled up in my arms
and your head on my chest holding hands,
to so sweetly smile and kiss for awhile
before we close our eyes warm and contented
feeling so safe to our souls cores.
I love you sweet lady my diamond so rare,
I just want to be with you holding each other near.

I miss you and your sparkling eyes,
that big bright smile that lights up the sky.
I just miss you my precious one
and I would give my whole life
for just this one day to be spending time.
I'll be yours for eternity sticking
right by your side hand in hand.
I'll always fight for you my number one.

I miss you my dear so please come
and snuggle up so tight with me.
Feel my hand within yours as I reach out
and take it to pull you in for hugs
to give you my strength babe.
I love you so deeply and just want
to be with you enjoying the greatness
and warmth of the true love we feel
and give always to each other.
I promise sweet lady I am your Michael
and will never leave.

Michael P. McParland

Massive Hug To My One

I send a massive hug with
the sweetest of kisses to you
to let you know how much I love you.
I am so tired and just want to snuggle
with my dear precious Angel
I'll love and stick by forever and ever.
I send massive hugs a million
to my sweet precious beautiful Kira.

I send you such massive hugs
because I know you hurt
and yes for all the past wrongs
I continue to apologize.
I hurt as well and just want you near
because you are everything
I want and need through all time.
I promise I'll never leave you my only one.

I send you a massive hug and infinite more
to let you know I'm right here
and that I'm right there with you.
I am so tired and sad without my love
and I just want to hold you right now.
I love you my Angel I truly do
and I want you to know I always will.
Hear my hearts call as it reaches out
and know that I am yours alone
forever without doubt.

Michael P. McParland

I'll Always Love You (With You)

I'll always love you and be with you sweet girl.
You're holder of my very heart and soul,
I adore you in full and cherish you
for just who you are,
you'll always be my number one
and all that I need and want through all time.
I'll always love you and am with you now.

I love you so much and right now feel so lost,
you are my hero, my soul mate, my rock,
and without you I am so lonely now,
I am feeling confused by much of what
is going on and am hearing and seeing right now.
I love you so much and will never leave you
no matter what I will be here to serve,
you are my best friend I hold in my heart.

I'll always love you and will be right by your side,
I would give my whole life to hold you right now.
I miss you sweet lady and the loving light you provide,
I only want to fill you with pride and joy.
Remember I'm with you and right here waiting
because you are my Angel I love and yearn for completely.

Michael P. McParland

Goodnight My Dear Love

Goodnight my dear love
and I am sending you the sweetest
of sweet kisses with all of my loving warmth.
Come snuggle with me my only one
and we'll get so cozy feel content
in our true love and deep endless care.
I love you sweet lady and want
to be with you right now
as I lay my head down to drift into dream land
where I'll hold you so near.

Goodnight my dear love and feel me
right with you there kissing you sweetly and tender.
Come snuggle up and rest your head on my chest
so I can soothingly talk to you
while I rub your back and stroke your hair.
I love you my Angel you are a gem
so truly rare.
I would do anything for you
and just want to make you so very proud.

Goodnight my dear love and how I long for you now,
I am always yearning for your company.
You are such magic to me and eternity
is all that will do to be with you.
I love you so deeply and care for you tenderly
I want to give you all you've deserved forever and ever.
I love you dear lady and will always be with you
so I wish you goodnight and ask you
to come and snuggle so tightly.

Michael P. McParland

Night Note 171

I send you sweet kisses
on this night sweet lady
to wish you a good one while
saying I love you,
you are amazing and I wish I
were with you so tightly snuggling.
I miss you my lady
and want to be spending time
talking for so long
while sweetly kissing
and just doing fun things.
I wish you were here to enjoy
with me the bacon sandwiches
which I will soon be making.
I just want to be with my Kira
whom I adore, cherish, and admire completely.
You are amazing my beautiful Angel.

Remember my dear that I'll
never leave you because you truly
are so very special
and I can't imagine or bare a life without you.
Feel me right there beside you
holding you ever so tightly
my hand in yours as I kiss you sweetly,
and just tell you I love you
so listen closely.
I'll be dreaming of you
as I return to my movies
and read as well my sweet lady.
I will forever be yours
my dear darling Angel
and know I am right here for whenever
you want and need me for anything.

Michael P. McParland

Looking At Your Picture 7

Just as I was about to start a movie
I first wanted to look upon your picture.
To see your sparkling eyes and smile
filling me with deep desire,
to hold you close and kiss you deep,
to gaze into your eyes and say I love you dear
as I get lost inside the gorgeous soul
you have and hold within.
To just get drunk off the one I love,
looking at your picture fills me with pride and hope
because you're beautiful and all I want.

Looking at you picture always brings me
a feeling of heaven,
because I know with all my heart and soul
that I'm seeing an Angel I so adore.
An Angel I would give anything
to have near spending time with in all ways.
I see a divine Angel I'd do anything for
including giving up my life if that were the need,
I will give everything for the only one I so adore.
Looking at your picture girl
I say out loud I love you so and want to
be with you forevermore.

So as I sit down to watch my film
I wanted to look at you before I do
and wish you were here to join me dear.
It's a scary one so I would hold you extra close,
I have to watch one of my Friday the 13th's
since tomorrow is that day.
I'd just hold you close covering your eyes
if it got too much for you and then give you
comforting kisses afterward.
I love you dear and just want to look at
your picture a little more to calm my
aching heart and soul which want you near.

Michael P. McParland

Eternally

You are eternally within my heart and soul,
you will eternally hold both of them as well.
You are eternally my only love
and I want to be with you through the rest of time.
You are my best friend I so adore
and a diamond in the rough I cherish complete and full.
Eternally dear I am yours and will stand by you forever more.
I will love you eternally because you are my best friend
and beautiful sweet Angel dove.

Michael P. McParland

Come Sit With Me 6

Come my sweet one and sit with me
as I know rise from my long slumber.
I slept for so long because
I just feel so sad.
Without my lady who's my pride and joy,
I'm just sad without you my Angel so good.
Please come sit with me and cozy up
within my arms so lovingly
as we just spend time as the loving best friends we are.

Come sit with me and we'll talk away
th rest of this afternoon until I get up
to cook dinner for you and me.
Then we can talk while I prepare that
and serve you like the Queen that you are.
Come sit by me and snuggle so good
as we sweetly kiss and spend time
so comforting sharing the warmth and love
we feel for each other through all time.

So please come sit with me so I can be
with the lady I love more than anything.
Come and let me kiss you
tell you you're worth it and that I deeply love you.
Come sit with me sweetie and just spend time
healing our hearts together
with the people we love more than anything.
Best friends who should be together
always giving the cheer that we always felt
fighting together side by side against the worlds
obstacles that can hurt us.
Come sit with me darling because I know you love me
just as much as I love thee.

I love you sweet Kira more than anything
and just want to sit here and hold you
the rest of this afternoon to the evening
and through the night too,
I simply adore you and love being with you,

I'm closer to you more than anybody.
You are already just like my family
because you're the one I want to be with forever and ever.
Come sit with me Kira because I love you
and cherish you as my divine Queen and Angel.
God bless you my darling I'm always praying for you
to be so very happy and the happiest thing
I know we both want and need is each other
and to sweetly kiss while we spend time and snuggle.

Michael P. McParland

Spending The Night With My Angel

Sitting here darling after a nice
and refreshing night time shower
and now all I want is to be with you
as we spend time and snuggle
having a good time together.
I want to be spending the night with my Angel
the greatest woman ever, my best friend,
hero and true love.
The Angel I'll stick by forever and ever.

Sweet Angel as I now sit here about to read first
I wish I could put my arms around you
and read from whichever book we had chose together,
I wish I could just kiss you so sweetly
as you closed your eyes to escape into
the books world while I read to you darling.
Then a film of your choosing which I know
would be so relaxing and soothing
as we just held each other so very tightly.
I love you sweet lady and just want my Angel
to be with me always smiling and joyful.

I love you my Kira and want to be with you now
and forever as we just do everything hand in hand
side by side always supporting each other.
I want to be spending this night with you
my divine blessed Angel.
Know that as always I am right there with you
holding you tightly with loving looks and my smile,
feel all of my sweet kisses my Queen so desirable.
I love you so deeply and am dreaming
of being with you always because you are my Angel
and everything I want and desire.

Michael P. McParland

Night Note 170

A very big and beautiful
good night to you my sweet love,
I send you sweet kisses
with all of my heart
to make them the most loving
that you'd ever want.
I miss you so much my sweet Angel dove
and I truly love you more
than anything in heaven or on earth.
You are my true love, my soul mate,
and all that I want.

I have been lying here resting
fitfully for a good while
and I just wish you were here
to curl up in my arms.
I know that right now perhaps
you don't believe or worry
about the depth of my love
but I swear to you
I love you more and more
with each day that goes,
I just want to be with you
right now as I get up to read
and watch a movie,
to just spend time with my only lady.

I love you sweet Kira
and truly just want to make you happy
as we spend everyday
and every night together forever.
God bless you my lady
and that I truly just
want to be curled up together
as I sweetly kiss you
and vow to you that I'm yours forever.
Have a great night and feel me
beside you there holding you tight
my heart singing in love

as I give you all of my loving warmth.

Michael P. McParland

My Beautiful Best Friend

You are my beautiful best friend
and I love you so,
you are my heart, my essence, my soul,
my whole world and universe,
my heart still beats for you
because you are my best friend and hero
who I will stick by to no end.
I love you so much my only one.

You are so beautiful you move me in all ways
and I just want to be with you forever sweet one.
You are my best friend with whom I want to spend time,
you are the greatest and my heart sings to you.
I love you my best friend and want only you.

My beautiful best friend, my Angel, my Queen
you are the miracle for which I've been waiting.
Through all those years we were held apart
I waited and knew we would find our way back,
and through all of our trials and hardships we always have.
I love you sweet Kira you are my true love
and just as much important my beautiful best friend.

Michael P. McParland

Love Note 454

Loving visions of you
fill my heart and my head,
as I just lay here
I wish you were with me.
To hug and to kiss
just being together
having fun like the bestest of friends.
I love you my dear
and want you so near
beacause you are my Angel
and everything so very beautiful.

Michael P. McParland

Spending The Day And Everyday With You

As I wake and now rise through
the fitful sleep I had
filled with dreams both bad and sad
I just wish you were here to
reach over to and hug,
to pull in close to me saying I love you babe
more than anything there's ever been
or will ever be.
Last night I lost you in a dream
and I could feel the intense pain course
through me for real.
To feel whole and not shaken on this day
I want and need to spend it with you
including every day through the rest of time.

I just want to spend the day with you
gazing into your eyes and getting lost
inside all the beauty you hold within,
see your gorgeous smile as I give you mine.
to just and give you all my endless love
is what I want today and everyday forevermore.
I love you babe you are so good.
I just want to hold you close
and kiss you deep while our hearts and souls
touch and sing giving deep comfort in their harmony.

I just want to spend the day with you
because you are you and I love you true.
You are my Angel and my one
whom I'll stand with forevermore.
You hold my heart and my soul
a gift of true love I long ago gave to you.
I want to spend each day both of us
basking in the love we show and share.
I miss you dear and want you near,
I just want to spend the day with you
because I love you more than anyone or anything.

Michael P. McParland

Sweet Lady Come Snuggle With Me

Sweet lady come snuggle with me.
Come curl up in my arms I'm so very tired
and I just want to share kisses
and fall asleep with you by my side.
Come snuggle sweet Angel of mine
and well fall asleep in each others arms
feeling so contented, happy, warm and safe.
Please come my sweet one and cuddle up
within my loving arms.

Sweet lady come snuggle with me,
I can't live without you I hope you see.
You are the blessing and gift I've always
asked God for each day and night
as well as thank him for one so very great.
I love you sweet lady and just want to hold you
knowing I'm with the most beautiful woman,
I want to be with you and experience heaven
because you are a miracle so amazing are refreshing.

Sweet lady come snuggle
and we'll kiss so sweetly,
then just rest your head on my chest
snuggly and softly as I tell you I love you.
Kira I need you because you are
the most beautiful and amazing woman in history
and my feelings for you are tender and pure.
Come snuggle sweet lady for I so truly love you
and will yours side by side and hand in hand for all time.

Michael P. McParland

Night Note 169

A very good night my sweet love
and how I have been hoping
your night was good and you
felt me so near my arms wrapped
around you so tight while
giving kisses so sweet.
I've been thinking about you
while I sat and read
my new horror book
and was learning some new things
as well that I was curious about
and had wanted to know how to do.
Throughout it all I was thinking of you
while sending all of my love
wishing I was with you
spending time.
Now alas I see you are
mad at me and I just feel gassed.
It makes my tiredness crash
and the tears I have fought
come so very close.
I love you my dear truly
I want you to know
and am always giving the best that I have.
You are the greatest my love
and try so very hard to let you know
and make you so proud in all that there is.
I send you sweet kisses and huge hugs
with all of my loving strength and deep warmth.

So again I wish you a good night
my sweet love and will be dreaming of you
and having you in my arms
as I go back to one of the
books that I'm currently in.
I miss you my dear
and hope that you'll talk so very soon.
God bless you sweet lady
and know that I'm with you

because I'll never leave you
because it would kill me
to ever lose or hurt you.

Michael P. McParland

A Night Spent Snuggling With You

Up from my rest now my dear
and first thing I want to do
is send sweet kisses your way with big hugs as well,
along with that dear comes my warmth and love,
listen closely dear as I tell you I love you as well.
How I wish could be snuggling with you now
and the entire night through
as we just spent such wonderful time
doing whatever we felt like my Angel so true.

I want to spend the whole night
before bed sitting back with you in my arms
as we sat and talked, deeply kissed,
read and watch movies my dear,
and I would love some candy as well with my only girl.
I love you sweet lady and on this night
like everyone after I just want to
be with you holding you so very closely.

How I just want to spend this whole night
snuggling with you so tight by my side,
to look in your eyes getting lost
in all the gorgeous beauty you hold inside.
Then to give you sweet kisses and just tell you
how much your love means dear
and to make sure you know that you are so beautiful.
I love you my darling and just want to snuggle,
please my sweet dear come back so soon
so your Michael can hold you.

Oh my sweet dove how I wish you were here
and I was snuggling with you,
as I get up and do whatever it is
I may do I will be dreaming of you.
Feel me beside you and holding you tightly,
always remember that I am your Michael
and will be standing hand in hand right beside you.
I love you sweet lady more than anything
and I am with you always in spirit

and here when you are ready.
We will have our fun nights to snuggle and nuzzle
while sharing the sweetest of kisses.
So hold on my sweet lady and know I'm always faithful
because you are my dear Queen and Angel.
God bless you sweet lady you're a gift and a blessing,
you're all I want through eternities time.

Michael P. McParland

Come Snuggle Up 3

Come snuggle up my sweet love
for a short needed rest.
Come snuggle up and sweetly kiss,
to have you here with me is just what I need
spending time with each other in any way.
Come snuggle up my sweet Angel dove
and let's stay curled up together for a bit
catching some rest arm in arm hand in hand.

Come snuggle up and let me hold you sweet one.
I need a small rest and just want you here
by my side you my gorgeous Queen.
Then when we rise we'll just spend time
with each other having such fun.
I love you my Kira so please come and snuggle
sharing sweet kisses as we drift for awhile.

Michael P. McParland

Love Note 453

Good almost evening
my dear one and I just wanted
to let you know I love you so much.
I wish you were right here in my arms,
to sit right beside me
as we ate dinner watching a movie
and afterwards did some cozy reading.
I miss you so much and love you so strong
I will always give you my best and everything,
side by side hand in hand forevermore.

I feel so tired my dear for many reasons
and I wish you were here to talk to.
To wrap you up in my arms
and just feel relaxed and peaceful,
being able to give you comfort sweet lady.
I love you my darling and am dreaming
of you being right here with me,
so feel me beside you tightly embracing
and kissing you sweetly
because you are my Angel I'll
adore and care for through all eternity.

Michael P. McParland

I Dream Of You

As I go about my few chores
here on this mid afternoon
I dream of you and just how beautiful
you are my sweet dear.
I dream of our talks and the kisses we want,
the snuggles we need and companionship.
I dream of you my Angel true
because you are a miracle to me.
You are everything I want and need
and I'll forever be yours my precious girl.
You are the light of my life my northern star
and there will be nothing better in life
than when I'm kissing you and holding you close.
I love you my dear and dream of you
in all of your beauty being here in my arms spending time.

Michael P. McParland

Waking Yearning And Longing

As I woke a short bit ago
instantly deep yearning and longing
for you my dear one filled me in whole.
I miss you so much and just want
to hold you so close telling you I love you sweet one
and hearing you say it as well,
then just gaze in your eyes and tell you
that you are the best before I kiss your soft lips.

I'm just filled with such yearning
for my beautiful one that I don't want to leave my bed.
I want to be with you spending time
in deep joy and laughter,
I'm longing to see you and be with you
my beautiful darling Angel
you are my everything and just who I'm
wanting and needing beside me forever.

As I lay here now I just yearn
to be with you or at least talking.
To hear your sweet voice or read your dear words
as we talked about everything
including our future plans and the joys that we'll have,
I miss you sweet lady and am yearning so deeply
because you are my hero, my best friend,
my Queen and great Angel.
I just long and yearn to be with you
forever and ever.

As I lay here preparing myself for the
late day I'm now facing
I dream of you in all of your beauty.
A gorgeous heart and gorgeous soul
both made from the purest of Gods gold,
and physical beauty that makes me tingle,
I miss you and am filled with longing
and yearning to be spending time while I hold you.
Remember sweet dear that I'm yours forever
and will never leave you my precious darling,

for you alone I yearn and long for eternities time.
You are amazing and my only love baby
so please my dear soon return to your Michael.

Michael P. McParland

To Just Spend Time 2

All I want tonight sweet dear
is to just spend time with you.
I'm tired and worn down,
I just want to have my Angel in my arms.
To hold and kiss telling you
that I love you and you've been so badly missed.
I just want to be with you and spending time
kissing, talking, reading, watching films,
and relaxing as we gaze into each others eyes.
I just want to spend time with you my only one
and just forget the outside world for awhile.

Michael P. McParland

Evening Note 96

Good evening my sweet love
and I hope you have been doing well,
I closed my eyes after dinner
for a bit and have wakened
feeling quite anxious my dear.
I wish I could hold you
as stability restored
and I'm hoping a shower is the cure.
So before I jumped in
I wanted to tell you
that I am here so you don't worry
that I may have disappeared
and to tell you I wish you were here
to hold as we kissed and smiled
under the water
and then after we emerged.
I love you sweet Kira
you're an Angel so good.

I send you sweet kisses
and huge hugs so very warm
and deeply loving.
I'll write you shortly after
I have gotten out of my shower
and start to feel better.
I love you so deeply
and want to just
be holding you here as we spend time together.
I would give anything for my darling.
I love you sweet lady
and hope you know
that I find you amazing
because you are so beautiful
and my hearts true desire.

Michael P. McParland

Beautiful One 11

Beautiful one I just want
to have you here with me.
To have and hold whole I give you
every bit of love I have.
Beautiful one I just want to lay here with you
as the evening goes and we spent time.
To kiss you deep while I held you tight
and just gaze into your precious eyes.
Beautiful one I miss you so
and would give all I have to be with you
the one I love locked up in each others arms
while kissing you with all the passionate
love I hold inside for my only one.

Michael P. McParland

Feeling Your Love All Around

I am always feeling your sweet love
all around me and its deep blessings.
Just like as of today I woke and my legs
were in so very much pain
I could hardly walk and not at all
without holding onto things for support.
Now though my dear I can feel through your loving prayers
the healing they bring as the pain
is nearly completely gone.
Thank you sweet one you're such a blessing
and I thank God for the gift that you are
with your golden heart containing endless love.

I'm always feeling your love all around me
rather I'm lying in bed, sitting and reading
or watching TV, out in public it doesn't matter
I can feel you, sense you, smell your
soft skin and sweet hair.
It doesn't matter what I am doing or where I am
I can feel all of your love with big hugs
and sweet kisses and it is the greatest.
Your fuzzy faced man thanks you so deeply
and I want you to know that I'll love you forever
because you are my Queen and most incredible, gorgeous Angel.

So even as I now sit here my dear
I'm feeling your love all around me in full.
I still wish and will dream of an afternoon
here in bed just holding you tightly
because you are my beautiful true love
I just want to be with right here and now.
God bless you sweet Kira I so deeply love you
and again I thank you for all of your prayers
and being the most loving best friend
anyone could ever want and have.

Michael P. McParland

An Afternoon Holding You

As I lay in bed here my legs
hurting quite bad and my heart longing in full
I would love to lay here spending
the afternoon holding and kissing you,
an afternoon spent in bed
us just spending time forgetting all
of our physical pains in the fun
and erasing emotional pains of the past
as we heal each others hearts and souls
in the unconditional true love and care that we hold.

I would so love and do crave
a beautiful afternoon just holding you
here in bed as we talked and read,
watched one of my films here that you picked
or I would rent one you are interested in.
Perhaps even just close our eyes
for a tiny bit while listening to music
or one of my audio books.
An afternoon holding you so very close
is what we both want and will have soon.
I just so wish it was today
that I could feel you curled up so tight
right next to me.

So as I sit back here in bed
my legs hurting quite bad and heart longing in full
I still smile because of you.
I can feel you in spirit and know that
those afternoon will be splendid,
just having your love gives me great reason.
So feel my arms around you
and all of my sweet loving kisses.
I love you sweet lady and will be yours forever
where there will be so many afternoons
where I can just hold you saying I love you sweet Kira
as I just kiss you over and over.

Michael P. McParland

Morning Note 181

Good morning my beautiful
and most beloved sweet Angel dove.
I pray that you have not been worried,
crying, or upset my sweet one.
I was more worn out than even I guessed
from a Mothers Day yesterday
filled with many many emotions
of happiness for my mom and for you
ladies so very grand.
Then a sadness as well from
not being able to be with you
serving you in full and holding you near.
I miss you sweet lady but don't ever fear
because I'll never leave you
my precious dear,
you are everything I want and need.
You are my best friend and true love
I give myself to in full.

I was also with you in my dreams
and once again I only remember
that I was with you as we just walked
and talked with love in our looks.
I can't wait for those days
my sweet Kira so good.
Then when I woke my legs are
in very bad pain from the arthritis
and chronic pain,
I almost fell down as soon as
I stood up just before I wrote
and they are really screaming at me
so I'll just be lying here in bed
for a good while hoping the pain
will soon go away.
I miss you sweet love and wish
you were here to lay beside me
and talk away.

I love you sweet one and wish

you were here with me
all of the time.
I just want to hold you
and feel you so tight against me,
to hear your sweet voice
as we told each other I love you.
I just want to kiss you
over and over again
seeing you smile as I smiled at you.
God bless you sweet lady
and a very good morning,
just feel me beside you
and know that I'll always be yours dear.
You are an Angel I'm so happy
to have been blessed to be in love with
and you are the Queen I want to serve babe.
I love you sweet lady
and cherish you greatly because you
are so beautiful and truly magical.

Michael P. McParland

Sweet Night Time Snuggles 2

I am so tired my dear and worn out in full,
I have been spending time these last few hours
with my mom on this Mothers day evening
and now I want to lay down by you
sharing sweet kisses and snuggles.
I want to be with my darling true love sweet Kira.
Come my sweet love and share sweet
night time snuggles with me
my darling so grand.

I hope and pray you have felt all
of my warmth and love having a wonderful
and comforting Mothers day.
I wanted to honor both you and my mother
the most special women there are.
God bless you sweet Kira now please
come and snuggle while sweetly kissing
with your loving Michael.
I truly am so very exhausted and just want
to have my arms wrapped so tightly around you
to just look in your eyes saying I so deeply love you.
Kira please come and snuggle sharing this night together
as we wrap up in each others loving warmth
and fall asleep holding each other.

Michael P. McParland

Looking At Your Picture 6

I've been looking at your picture,
and even as I smile a tear rolls from my eye.
A tear of love and a tear of care,
a tear from just how beautiful you are.
A tear from knowing I'll one day hold you near
being able to show you all my loving care.
You are so beautiful in every way there is
and I just want you to know
I care so very much.
I look upon your face and dream of that perfect kiss,
I love you babe you are so deeply missed.
You are beautiful my all and everything.
Looking at your picture I burst with love so great.

Looking at your picture I feel so overwhelmed,
all the love I have and all the love I'll
always have I send to you.
You truly are adorable and everything I need,
I love you Kira I hope you see you are beautiful it's true
and all I want is to hold you near
and give in full myself to you.

Michael P. McParland

My Heart Melts For You 3

Sweet one my heart melts for you in full,
your gorgeous smile eyes and soft skin,
everything about you is so good.
I love you babe in every way
and all I want is to hold you near,
treating you just like the Queen you are
because to me you're a gift from God.
My heart melts for you because of who
and all you are a goddess created so
carefully by our very God.
I love you dear my heart and soul
is yours forevermore because you're beautiful
in every way there is my only one.

My heart melts for you and trust me my girl
that I would do anything to the ends of the earth
to see you happy and make you smile,
to see you proud of me and feeling oh so good
fills me with a joy I can't even describe to myself.
I just feel warm joy as I know you're
feeling very warm within my love
and you're knowing that I truly care in every way.
My heart melts for you my only one
because you're everything I find right and good
everywhere within this universe.

Oh my dear how my heart melts for you,
I can't wait to hold you near and let you know
just how much you mean to me in every way.
I know God brought you into my life
because you are such a golden gift
who has given me reason saving my life.
I know that together there is so much
that we can and will accomplish.
I love you dear and my hear will forever
be only yours,
so know I'm with you holding you so very close
because my heart melts for you my Angel true.

Michael P. McParland

Be Filled With Peace 2

As I rise from my rest the first thing
I want to say to you is be filled with peace
because I love you so very much.
I care for and love you more than
all people and things combined in heaven
and on this earth.
I will always be right here for you
with an open heart and open arms no matter what.
I promise I will stick by your side and be yours
through all space and time because you are my only one
and the only woman I want to be with forevermore.

Please be filled with endless peace
in the terms of knowing I'm always yours
and our time will soon come.
On this Mothers day at hand I think of you
with deep longing and yearning to be with you.
I want to give you sweet kisses and soft caresses,
to have candy over and over as much as you want to.
Be filled with peace my sweet darling
because you are all I want and my everything.
I love you sweet lady feel my arms around you
and my lips all over as I lovingly kiss you.

Please my sweet darling be calm and feel peaceful
because your Michael is always and will always
work so very hard for you giving all that
I have and am serving my Queen Angel,
be filled with peace because you are amazing
and need not have a fear of ever losing me.
So to you sweet kisses, big hugs, and smiles a billion
as I wish you a happy Mothers day and deep warming.
I love you my darling and know you're amazing
and I want nothing more than to be with
my Kira forevermore.

Michael P. McParland

Mothers Day Snuggle

Once again my sweet one
I wish you a good Mothers day,
and now on this afternoon I'd love
to share a rest and snuggle with you.
I am so tired and want to hold you near
giving you kisses and looks so deep and sincere.
Kisses so sweet and filled with soul,
a Mothers day snuggle with gorgeous you.

I just want to snuggle sharing all of my warmth
as I look in your eyes showing my whole inner soul.
Let's share a snuggle and a warm afternoon,
I just want to be so close to you.
I love you my Kira and want your Mothers day
to be so truly special.
Please come my sweet one and share a snuggle
because I just want to hold you so close
giving you deep loving care and comfort.

Michael P. McParland

Mothers Day (Celebration 2)

Happy Mothers day to you
my sweet Angel dove
and today is a celebration of the
most wonderful women just like you.
Who give in full of themselves
and all of their time taking care
of those kids who she gives her heart.
A wonderful day to pay tribute to you,
something I think should be done everyday.
You are a gift I hope your kids know
just as well as me.

So I wish you a happy Mothers Day
my one and only true love,
and even though I can't be with you
I will be here thinking of
and celebrating sweet you.
You are a treasure who's true worth
cannot be measured because you are
so special my darling.
Tell your kids that I tell them they are so lucky
to have a mother God created so special
and they should adore you like I do.
I love you sweet lady and wish you the best day
because you are so beautiful and everything
I find perfect in all worlds and I want to
be with you my sweet Queen forever and ever.

Michael P. McParland

Good Mothers Day Morning

As I rise this morning the first thing
I want to do is pull you in tight
to give you the sweetest kiss,
then gaze into your sparkling eyes and say
happy good Mothers day morning
my beautiful one,
I love and adore you so very much
because you're the greatest there is.
Smile big for me my Angel beautiful
because this day is a day for you.
A great woman and mother who I owe so much,
and so do your kids for a mother so great.

A very loving and beautiful
good Mothers day morning to beautiful you.
After a good long snuggle I'd make your coffee
and do anything else that you
could think of you are in any way wanting.
I will always be right here and with you to serve
because you are my Queen my sweet Angel dove.
God bless you in all ways my dear
because you are a gift and a blessing I'm so thankful for.

A very good and wonderful good Mothers day morning
to you sweet one I so truly cherish and adore,
you are truly all that I want in my life
as a great wife and a supreme mother
for the family that we may be able to have together my dear
and a wonderful life spent together with your kids.
You are so beautiful, loving and caring
you along with my mother are the greatest of women.
I love you sweet darling and wish you the greatest
of mornings with the sweetest of kisses
and millions of smiles.

Michael P. McParland

Goodnight Sweet Love 4

Good night my sweet precious love.
I'm so very sorry sweet one I drifted off,
all day my stomach being upset
I just closed my eyes and drifted off.
Please forgive me dear I feel your upset tears
as I sit here half asleep
and want to cry with you my only one.
Please come curl up in my arms
and let your Michael make things right.
Rest your head upon my chest and rub my tummy dear
while I rub your back and stroke your hair.
Let's both pray my stomach will be good
by the time rise on Sunday for your sweet Mothers day.

Goodnight again my sweet love
and please forgive you sometimes weak man.
I was just so tired and my stomach
all day feeling very rocky
I feel so terrible missing my goodnight
for my precious darling.
Please come sleep by me and let me show
fully just how much you mean to me,
please sweet dear know you are m everything.
I love you Kira you are my only one
so please come my Angel and honor your man
with your sweet spirit as we
fall asleep inside each others arms.

Michael P. McParland

Talking To Others When.....

I'm stuck talking to others
and in conversations that don't mean much
when all I can think of is you
and how I'd rather be sharing all of our
thoughts, jokes, laughs, feelings,
tears of sincerity like we always did.
I'm stuck talking to other when you're
all I want sweet one.
You're my best friend and everything
and all I want to do is talk to you
even if right now from far away.

On YouTube right now I listen
to Falcos unreleased song Angst
and feel the pain of missing you my dear.
I've been stuck in a conversation
on FaceBook for an hour I don't want
to be in and think of how I want to be
talking to you no matter where you are.
My heart and soul cry out for your voice
and your words in every way.
My God sweet girl you are so great and what
I need always no matter what.

So sweet dear I send all my loving
thoughts and feelings to you in every way.
I would give anything to talk to you
when you are the holder of my heart and soul,
truly the most interesting and one
of the most intelligent people I know,
God bless you my sweet girl.
I love you and all my thoughts
and heart are with you gorgeous Kira
and I wish I could be talking to you
because you are my only one and everything.

Michael P. McParland

Love Note 452

Good evening sweet love
and as I rise from my long nap
feeling dizzy but mostly better my one
I send you kisses so sweet
and smiles so big with these hugs
so very tight to fill you with warmth.
I love you my sweet dear
and wish you were here to spend
with me a lazy Saturday night.

My stomach still hurts
and I'd love for you to
rub it for me as I drank ginger ale.
I know it's not the flu or anything
just one of those aches we get my dear.
I'd love to share kisses and snuggles
while just sitting and watching some movies,
then if you wanted to read to
me darling because the sound of your voice
puts me in heaven.
God bless you sweet lady because
you are a blessing.

So please my sweet lady
always remember just how much I love you
and never forget that
I'll never leave you.
You are my hero, my Angel,
my best friend and soul mate
and I will stand with you in true love
forever and ever.
You are my dear one whom my heart
calls and sings to
so feel my arms around you
as in spirit I so tightly hold you.

Michael P. McParland

I Want To Hold You 5

Sweet love I just want to hold you close,
feeling all your warmth and love
as I give you mine.
I'm so tired dear and need a little rest,
please come curl up in my arms
and we'll sweetly kiss.
I just want you in my arms as you rest
your sweet head upon my chest.
I just want to hold you close
both of us feeling such deep and everlasting peace.
I want to hold you dear because you're my everything.

I just want to hold you near
because I love you very dear.
You truly mean so very very much to me.
I love you babe and want to hold you
through this entire day
because you are so very good
and all I find so good.
I want to hold you while we rest because
you bring such deep and caring peace.
I love you babe please come curl up with me
and rest away such a very tired lazy day.

Michael P. McParland

Serving You (My Queen)

I have just gotten home
from doing the last of my shopping.
So Mothers day will be oh so good
for my mother here.
I wish that you were here,
I'd go deep into debt doing everything for you,
to give you all you want and need my only girl.
Serving you both tomorrow and today
to see your glowing smile.
To know you're truly happy
and truly thrilled is everything I strive for dear.
Serving you in true love is what I want
and what I need because I love you more than anything.

I want to serve you in every single way.
To cook for you my dear because
I'm good at it and love to cook
and serve those I love my sweet Angel dove.
Giving you massages and whatever else
you are needing darling,
I would and will do it all for you
my sweet Queen I hold so dear.
I just want to give you everything
because you are my one and I love you so very much.
You've touched my heart and soul
and hold them within your hands
and that's how I want it for all time.

I so wish that you were here to serve,
I do it in pure joy from all the love I feel for you.
To hold you oh so near as we just
spent the day doing things and spending time.
As I just showed and gave you all my love
assuring you I am yours forevermore.
I love you my Queen and will always be your
faithful man and yours alone.
God bless your heart in all of it's
golden love and tenderness because you are great
and I'll hold you dear for all my life

in this one through the next.

Michael P. McParland

A Lazy Saturday Morning With You

Good morning my sweet beautiful love
and I send you these million upon millions
of sweet kisses, big hugs, and loving smiles
to you on this Saturday morn as I rise.
A morning of which feels lazy here early
and I would love to snuggle with you
a most wonderful woman and mother
on the beginning of this Mothers Day weekend.
A lazy Saturday morning to just hold you
and kiss you getting ready to serve you this weekend
treating you forever as the Queen I'm in love with.

I would love a lazy Saturday morning in bed
with you my sweet precious Angel.
My stomach is feeling weak as well at the moment
and very soon I have to run out
to get those last few things for Mothers day darling.
I've been mostly done for awhile
but had to wait till today to do the last of it sweetie.
So a lazy Saturday morning with a bit
of Ginger Ale and Sprite while we snuggled
would be the greatest and truly amazing.

A lazy Saturday morning with you
is what is needed today and everyday that we can.
Not all mornings could start there but
when we were able I always want to
because I'll never get tired of holding my Kira,
the most beautiful woman I love so very much
my heart always aches in hunger in its love over flowing,
I will stand by my Queen forever and ever
giving all that I have and my everything
because she is amazing.
A lazy Saturday morning with her
would be true complete satisfaction and perfection.

Good morning sweet lady I love you so deeply
and a lazy Saturday morning in bed
to honor such a wonderful woman and mother

at the beginning of Mothers day weekend.
Darling in my heart, soul and eyes you're truly perfection
and I just want to hold you forever and ever.
I adore you and cherish you
treasuring all about you,
you're a diamond in the rough so rare and beautiful,
I will always stand by and up for my Kira.
I love you sweet lady and as I lay here
listening to Falco while my stomach gets better
I'll be dreaming of you in all of your glory
my sweet Angel so gorgeous.

Michael P. McParland

Sweet Goodnight Kisses 2

Sweet goodnight kisses to you
my sweet precious girl.
Your Michael is exhausted and just wants his Kira
so please come curl up beside me.
I want to hold you and tell you I love you
because you are amazing and my sweet precious Angel.
I send you sweet kisses to calm you
and tell you I want you sweet darling,
just to have and to hold giving
my beat in everything and all that I have.
God bless you my sweet Angel dove.

Sweet sweet goodnight kisses to you
my most beloved and beautiful girl.
Come curl up beside your faithful loving man
and rest your head upon my chest,
I just want you to know that I care
for you so very much.
Come rest with me now and know I'm always yours.
I love you Kira and send you
this sweet goodnight kiss to give you
all of my true love and very best.

Michael P. McParland

A Sweet Nights Snuggle

A sweet nights snuggle with you
my sweet one would be the best
on this night right now.
To hold you and kiss you
while I softly spoke to you
telling you how much you matter
and I truly love you.
A sweet nights snuggle with my Kira
would be so wonderful sharing our warmth
as we just spent time together
as best friends in truelove.

A sweet nights snuggle with Kira
so fair and so beautiful
is exactly the thing which I long for.
To kiss you so softly and let you
know that I'm with you
to just cure your sadness and loneliness
is exactly what my heart yearns for.
I just want to hold you
and let you know that I'm always with you
because you are so beautiful
my goddess and Angel.

A sweet nights snuggle with my Kira
in the near future is what I hope for
just kissing you deeply
letting you know you are treasured.
I love you sweet lady and simply adore you,
please let's come together so soon
and share endless sweet night snuggles forever.

Michael P. McParland

Holding You On This Evening

Holding you on this evening
is the best thing there could be,
I want to just have you so close to me.
To kiss while we snuggle and nuzzle
would be true joyful bliss.
Holding you on this evening
to give you comfort is the greatest
gift I could receive and would love to give you.
I would give anything to be holding you
on this evening my sweet Queen so amazing.

I would give anything to be holding
you on this evening because I love you deeply
and I know you are hurting.
I just want to hold you so closely
letting you know I'll always be with you
and never again will you have to be lonely.
I'm missing you and hurting because you hurt my dear
and I would give anything to be holding you
right here and now.
I want to hold you every day and night
through all time showing you all the true love
you've always deserved.
I love you my sweet one and am reaching out to pull you in.

I wish I were holding you
on this evening right now
because you are the one I so deeply cherish.
Feel all of my love and know that I care,
I'll always stick by you my sweet Angel dove.
You are my best friend and a treasure to no end
and in spirit I'm holding you on this evening.

Michael P. McParland

Beautiful One 10

Beautiful one you have blown me away.
I love you more than anything.
Your strength of spirit and strength of heart
move me to my very core.
All that you have over come just makes
the tenderness and awe I feel that much more.
You are beautiful in all ways my dear,
you are everything I want to have
within my life forevermore.

Beautiful one I send you this great big kiss
just to fill you with all my love and warmth.
Feel my arms so tight in peaceful love
as I wrap you up in tender care.
You are beautiful both outside and in,
you are an Angel I adore to no end.
There are no words to describe in full
my loving admiration just for you.
So please just know that I hold you dear
and want nothing to do with another woman.

Beautiful one you truly are my best friend
and great hero whom I give myself to in full,
I want to share my whole life with you.
I love you dear and want you to know
that you truly are so beautiful
and in endless ways my only one.
I'll forever adore you my sweet girl
and always stick my Angel true.
Beautiful one you are my vision
of the greatest sweet girl
an I want you in my life forevermore.

Michael P. McParland

Sending Sweet Smiles

Sending sweet smiles to you
on this warm sunny afternoon here.
Bright sunny smiles to fill you with warmth
and to let you know I'm thinking of you.
I'm sending sweet smiles because I adore you
and to tell you you're the most beautiful woman
in this or any universe.

I'm sending sweet smiles and kisses to
to shower you in the infinite love that I feel.
I love you so deeply and love you completely
that you make me glow with all the hope,
love and care that you give.
I send you sweet smiles to let you know
that I will always stand by you
and I am yours forevermore.

I send you sweet smiles and reach out to hold you,
to wipe away all your tears and just tell you I love you.
You are my best friend and Angel so beautiful
I just want to give you all the love you deserve
because you are amazing.
I love you sweet lady and send you big hugs,
kisses, and smiles in droves.
You are my hero and perfect Queen Angel
and I want you to never forget I'll forever be
your faithful Michael.

Michael P. McParland

A Quiet Afternoon With Sweet You

Now having just risen from my small
and mostly light rest I send you sweet kisses
my Angel so great and want you
to know I love you so very much.
A quiet afternoon together is what I want
so very much as we held each other
so very tight and so very close.
I miss you my dear and this afternoon
with sweet you would be heaven on earth.

A quiet afternoon to just spend time with you
just spending time doing the fun things
that we love to do.
Sharing our jokes and laughing,
I'd cook you lunch and then you could just
keep me company while I'm cleaning up,
all part of a quiet afternoon with sweet you
my gorgeous sweet Angel dove.
A quiet afternoon with the woman I love.

Then to just sit and read as well
as watch a film.
Share sweet kisses and soft caresses
all before the kids got home from school.
A quiet afternoon so loving and bright
is the heaven on earth we both need.
I know it will come and so to help
the days bearable of them I dream.
I love you sweet lady you're my everything
and those quiet afternoons with sweet you
I am so excited for.

Michael P. McParland

Love Note 451

Hello my sweet love
and I hope your morning's been good,
I haven't gotten my chores done
as I just feel so tired
and I'm missing you bad.
So I've just sat and read
wishing I could snuggle with you
as we climbed back into bed.
My meds are making me tired
and I need a short rest,
I just want my lady
right here by my side and wrapped
up in my arms.
Kira I love you so deeply
and just want to hold you ever so closely
while we talk and drift
for a short while.

Please don't feel upset
or feel down my sweet lady
if you could see me you would
understand fully just how
tired I am because you
are understanding and kind hearted,
I will be up soon my dear darling
and I just wish you could
curl up beside me my beautiful Angel.

I'll be thinking of you
as I close my eyes
and will dream of you the entire time,
I just miss you so badly
my only one.
I love you my darling
and just feel my arms around you
because I am always with you
feeling so proud you're my
true love and best friend.

Michael P. McParland

Sweet Loving Good Morning Kisses

Having now awoken my first thoughts
are of you my sweet darling lady.
I feel an ache in my heart as I miss you so much
and I send you sweet loving
good morning kisses to say I love you babe.
I send you big hugs to wrap you up
and fill you with all of my loving warmth.

I wish you were here to snuggle
for another 15 minutes
before I have to get up to do
a few things I didn't do last night.
I want your company by just having you with me
talking and snuggling while
I gave you these sweet loving good morning kisses
saying thank you sweet lady for everything
and I love you so much my Angel so beautiful.

So as I start my day I reach out
to pull you in and say you are my everything.
Then as I gaze in your eyes
and tell you I love you so much
my sweet Angel dove I give you these
sweet loving good morning kisses.
Have a great day feeling me with you
and know I am smiling as I think of you.
You are truly a gift and great blessing
and I want you to know that for you
my heart overflows with true love
for you only.

Michael P. McParland

Goodnight My Angel So Beautiful

Goodnight my Angel so beautiful and sweet
I'm so very tired and want you to
come lay down with me to snuggle peacefully
and kiss so sweet as we share our loving warmth.
I'm tired dear and want you near
so come let's snuggle underneath the soft covers
smiling and kissing with some light
laughing and talking.
Goodnight my Angel so very beautiful
come curl up with me as we drift to sleep.

Come curl up so tight within my loving arms
and wrap yours around me my only love.
After kisses then just rest your head upon my chest
and I'll stroke your hair, rub your back,
and lightly massage your aching neck,
I know it often hurts you so and I want
to help relieve your pain the best I can.
So just feel my loving warmth through the night
as I hold you close my only one,
listen closely for my voice as I say
I love you Kira you're the best.
You are my only one and everything
and you mean so very much to me.
Never fear because I'll always be with you
because you are my shining star
whom I wish to be with forevermore.

I'll see you tonight in the land of dreams
where I just want to walk with you
hand in hand through a field
of lush green rolling hills where after awhile
we can stop to put down a blanket
and sit down.
Then just holding each other enjoy
the beauty around while kissing
and holding each other so loving and proud.
I'll see you tonight my sweet one
in our sweet dreams where it will be

just you and me snuggling and spending time
which so soon will come in the waking world.

So goodnight my sweet beautiful Angel
of true love and pure light.
I love you so much and want to
wrap you up tightly in my loving arms.
Not for just tonight but every night
because you are the greatest gift in my life.
Feel me beside you and my kisses upon you
as you rest beside me and give me a smile.
I love you sweet lady you are my Angel
so let's turn out the light to snuggle
and fall asleep holding each other.
Goodnight my dear Angel you are amazing
and I can't wait to be holding you through all eternity.

Michael P. McParland

A Relaxing Snuggle

The movie is now over sweet one
and before bed to wind this night down
a relaxing snuggle with you
would be the most wonderful thing.
To just have my Angel in my arms
so close to me while we softly talked
and together read,
that is truly heaven to me.
So my sweet love before bed join me
for a truly divine and relaxing snuggle
because I truly love you and want to hold you,
and I want you the most wonderful woman
to hold me because I know you love me just the same.
You are the greatest my Angel Queen,
so come share a snuggle with me.

Michael P. McParland

Tender Evening Dreams

Sitting here watch my new film
in these lazing evening hours,
and through it all I dream of you
being here within my arms.
Enjoying each others company
as we spend time hand in hand
as we snuggle cozily.
I'm filled with such tenderness and longing deep
as I dream of you in all your beauty dear.
Tender evening dreams of being with you
fill my heart, mind, and soul.
I send these sweet sweet kisses to lovely you.

Tender evening dreams of me and you,
I can think of nothing more I want
than what's within them all.
Far too much to cover here
but best of all of them is that I'm holding you,
sharing kisses oh so sweet and just knowing
that my Angel's there with me
fills me with the greatest hope and joy there is.
Tender evening dreams of what I know
will be real.

Tender evening dreams are what I have
of us sweet dear as I sit and watch my new film.
I dream of all the things we'll share
and how good holding you will feel,
I just dream of tender kisses and your touch
which I need so very much.
I love you dear you truly mean so much to me
and I can't wait to share these
tender evening dreams for real.
God bless your heart and feel my arms around you now
because you are my everything and all I want
so have no fear because I'll always be with you
no matter what no matter where.

Michael P. McParland

Sweet Pre Evening Kisses

Having woken early from my rest
my sweet lady I want first to say
I love you best above all else
and send you these kisses so sweet
here before the evening comes to greet.
I send you my Angel of true love
my soul and heart to hold forever as yours
along with these pre evening kisses so sweet
to tell you that knowing you is a treat
and I am so blessed to have this shared love
with my gorgeous best friend.

Now my sweet love as I rise from my rest
I send you these sweet pre evening kisses
to tell you you're best.
As I cook dinner and take care of the cats
I'll be dreaming of you and sending my warmth.
Feel all of my love as I hold you close
knowing I'll forever be yours and yours alone.
You are my Angel I fully adore
and I will never dream of wanting another
for me it's just you,
because you are my Queen and you are you,
the greatest gift that there is in my view.

Sweet pre evening kisses with the biggest of hugs
and know that I'm smiling for and because
of you my sweet Angel dove.
I send you these kisses with great wells of warmth
as the hugs that I send wrap you up.
I love you my darling and send these smiles
because you are so special
I just want to hold you and kiss you.

Michael P. McParland

Love Note 450

Good afternoon my beautiful love
and I send endless sweet kisses,
big hugs, and huge smiles to you.
I love you my sweet girl
and wish I were with you.
Back now my dear from a quick trip
to the store to get a few things
and now I'm all tired out
and want to grab a quick rest.
I wish you were here to wrap up with
and snuggle during this little nap,
so I could just kiss you
as I tell you I love you sweet dear,
please be mine forever
my Angel so pure.

So my sweet love as I lay down
for a short while feel deep warmth
and my arms around you,
always remember I'm right beside you.
I love you sweet lady and want to snuggle
and my alarms set so I will write soon.

Michael P. McParland

I Just Want (To Hold And Comfort You)

I just want to hold and kiss you
while I give you comfort,
give you reassurance that I will always
be your Michael standing right beside you
filled with eternal love for
my one and only Kira.
I just want to hold you and give
all my loving strength straight to you.
I just want to hold you and give you comfort
knowing I'll be yours forever and will never waiver.

I love you my sweet one
and just want to be there with you,
giving kisses oh so sweetly as I give you comfort.
Listening as you say all you want and need to tell,
and then sharing with you all you want to share.
I'll tear down my walls for you and tell you everything,
I just want to be right there to talk or listen
whatever you may need.
I just want to hold you close and comfort your dear heart,
I just want to kiss you so long and deep while you touch my heart,
I want you to feel how much it cares and loves you through and through.
I want you to know that it still beats for you.

Kira I just want to hold and comfort you
showing all my love,
you really are so very dear to me and the one I need.
I truly love you so very much
and I know you hurt,
I just want to hold you close and kiss you sweet
to help heal all its wounds and scars.
Kira you're my only one and that is pure truth,
because you are the Angel I adore
and I want to give you happiness.

Michael P. McParland

I Care For You So Deeply 2

Babe I care for you so deeply
because you're beautiful in every way.
You mean so much to me because
of all you've ever done for me
and you truly mean and are my everything.
I care for you because you're my Angel true
and there is no one else I'd give myself to.
I love you deeply my best friend
and care so much for you.
Life feels so very dull and colorless
without you to talk to.

In everything I see and do I wish
that I could share it all with you.
To talk about and share our thoughts,
to have our laughs and share our jokes.
I care for you and miss you very much
and just want to hold you very close.
I care for you my blessed Queen
and want to be with you so very soon.

I care so deeply dear and just want
to spend time to be with you,
to share all there is and learn all I can
about the woman who to me means everything.
I want to calm, soothe, and heal your heart
which the most pure and golden thing there is sweetheart.
I care so much because I love you deep
and want you to have the best
getting all the love that you deserve
and beating treated to your true great worth.

I care so deeply dear and would give anything
to have you near to show you all I hold.
I'll always work so hard for you to give my best
and give my very all.
You truly are my sacred Queen and the greatest
blessed gift I could ever have.
I truly thank God for you each day

and I pray that he'll help you know just how much
I truly love you and deeply care.
I always ask him to help you feel my great big hugs
with sweet kisses and loving warmth,
I care so deep that's just the tip.
I love you babe and always will,
I care so deeply about you in every way.

Michael P. McParland

Hold Me Tight 5

I wish you were here sweet one
to talk to and hold me very tight,
I have so very very much to say
and I feel like bursting
in all my love and need to share
while we wait for the time to be here.
I want you to know I've never lied to you
nor do I sweet talk or speak in false ways.
I know you know within your beautiful
heart and soul that I speak in the ways I do are just me
I truly do love you dear and want to hold you near.

Please come hold me tight my only love
as I don't feel well and I'm tired too.
Please come hold me tight because
it is you I truly want
and to just spend time even if it is just in quiet.
I love you dear more than anything
and just want to get it all right
so I can be your perfect man.
My heart is hurting without you
and these last weeks few have been a struggle bad.
It is always hard to get through
without your best friend and true love,
but as I know you know because you face it too
sometimes the weight is heavier than at other points,
you are the one I love and my heart sings to you.
Please come hold me tight and let's talk
for the longest time revealing our loving hearts.

I love you dear and just want
to be held so tight by only you.
I adore you in full and would never
lie about or make up such a heartfelt thing.
I could never play with your precious heart
because it is gorgeous in all its Angelic worth and truth.
I love you babe so very much and just want
you to come lay with me and hold each other close.
I am feeling very sad and right now

hurting deep inside.
I love you so and want to just be held by you,
God bless you babe you are the best
and hold my heart and soul.

Michael P. McParland

Morning Note 180

Good morning my sweet Angel dove
and may God bless your sweet
golden heart and soul
to feel of his loving warmth
and all of mine as well.
Feel my arms around you
and these sweet kisses too
as I pull you in for a tight snuggle
here on this early morn.
I love you my sweet one
and feel so very lost without you.
You are my everything
my precious Queen.

I've been lying here dreaming of you
and I can feel you so near,
I can feel your smile,
smell your soft delicate skin
and long beautiful hair
and it is helping defeat
the anxiety I had woken with.
You are my shining star
so high above them all
and I thank you so much my only love,
you are my everything
and helping me to get up and moving along.
I wish you were here to
come sit with me and snuggle
so tightly as we sit and read.

I just wish you were here
for a quiet morning
of reading and hot coffee
while tightly snuggling
and as I get up right now
and go sit down to read
while I eat some food
I'll be dreaming of sweet beautiful you.
I'm sending you all

of my love and warmth with
sweet kisses of care
and close your sweet eyes
to see my warm loving looks and smile.
I love you my dear
and in spirit I am holding you close,
I can't wait to hold you right here.
Feel cheer my sweet lady
and safe within your heart
because I'll never leave you
so feel my sweet kisses
and have a good morning.

Michael P. McParland

Curl Up With Me Sweet One

Come curl up with me sweet one
it's been a long day and I am done.
I want to snuggle up with you
as I now go to bed snuggling away
the rest of my wakeful time.
Come curl up with me sweet one
I love you so very very much
and I want to kiss you so very long and deep.
You are my soul mate and the only one
I'll ever want to share my life.
Come curl up with me sweet one
I truly love you so very very very much.

Michael P. McParland

A Beautiful Evening With You 3

Out of a nice refreshing shower
and now dinner is cooking.
What a beautiful evening
this would be for you and me
my beautiful precious lady.
A fried chicken dinner for my gorgeous Kira
just as a beginning to this beautiful evening.
An evening together just spending time
and feeling wonderful wearing smiles.

Such a beautiful evening with you my sweet darling
where we'll watch a movie while eating.
Then after cleaning my biggest desire
is to just hold you so closely
while we do lots of reading because
I want us both to read to each other
getting the chance to get lost in the visions
of that world in each others voices.
Lot's of reading and talking is what
I am dreaming of our wonderful beautiful evening.

Oh my sweet dear dream with me
of our beautiful evening,
just feel hope and joy in your heart knowing they're coming.
I love you my Kira and can't wait to be with you
sharing the most joyous of times together.
As I go about my time here I'll be dreaming of you
and thinking of the many beautiful evenings
I'm going to be sharing with you.

Michael P. McParland

Love Note 449

A very good beginning
of this evening to you
my best friend and sweet Angel dove
I send you the sweetest of kisses
and the biggest of hugs.
I have just returned from
a tiring shopping trip
and I wanted to send you
millions of smiles before
I sit back to catch my breath.
Then in short order
a refreshing shower where first
I can shave my head with
my new clippers,
no more getting my hair ripped
out of my head in the process.
How wonderful it would if
I could have you with me to hold
while we just kissed and smiled
enjoying each others company.
Than not long after
I'd cook you dinner.

We'll talk about that later
though my precious Angel
as right now I want to sit
for a few minutes and then get that shower.
Just feel me beside you
holding you so very tightly
as well as my kisses as I
tell you Kira I love you.
I'll be thinking of you the whole while
smiling because I know that
you love me just as much
my dear darling.

Michael P. McParland

My Dear Best Friend 2

My dear best friend within your hands
you hold my very soul and heart.
They are filled with endless tenderness for you
overflowing with true love that
threatens to make me burst in all they hold
and just how much I want to share
myself and life with only you through all time.
My dear best friend you are all I want
because your beautiful in all your light.
My dear best friend I love you so very much
and will always fight for you right by your side.

My dear best friend I truly adore you so,
your heart and soul speak and sing to me
as they reach out to give me warmth.
I feel comfort from all you are
my dear and precious Queen.
I truly love you so very much
and would do anything for you.
My dear best friend you are my everything
and I just want to be with you.

I love you my dear best friend
you are a precious jewel.
You really are the most beautiful
woman that there is in heaven or here on earth.
I love you more than anything and will always
stand by you.
I'll never leave you my dear best friend
and will forever and ever be yours alone.
Hear as my heart calls and sings such lovely songs,
my dear best friend you are the best
and perfect in my eyes.

Michael P. McParland

Thank You My True Love

Thank you so very much my one and true love
for all that you do for me and all that you give.
Earlier I felt quite overwhelmed with all
that I wanted and needed to do today,
but I felt you so near with all of your care
and deep loving strength it helped keep
me cool and focused to make it through all.

I thank you sweet love for being within my life
and giving me the greatest love any man could ever
hope to have from an Angel so great.
I love you so deeply and say thank you sweet lady
I will forever be yours and yours alone
side by side and hand in hand forevermore.

Thank you my true one I love you so,
and I want you to know you are my Angel
and along side my mother the greatest person
I've ever known.

Michael P. McParland

Love Note 448

Good afternoon my sweet girl
and you truly are my most beautiful one.
Before I go on I just want
to say I love you dear with the
sweetest of kisses to tell you I care.
I truly so wish you were here
to spend the day with
and perhaps you would help me
get a few things done that I need to do.
Having your help in even the
smallest of ways would help lift
enormous stress,
and I know your kind heart
you would do more than a little bit
and I'd have to stop you
from doing too much.
I'll get to that in a moment though
my only one.

I was woken earlier than I wanted
and even perhaps needed from my little rest,
I'm not sure what jerked me
out of it but hopefully it won't catch up
to me soon here in this day,
I will fight to make through
to the evening as far as I can.
These medications and sadness though
just keep knocking me down,
but for the both of us and my family
I will always do the best that I can.
I love you so much my Angel so fine.

First I wish you were here to sit with me
and help as I clean up part of my room,
it's such a mess and there's so far to go.
I begin to just let it all slip
in my major sadness awhile back
having lost you and being filled
with massive remorse, sadness, and regret.

I've never fully pulled my meticulously
and perfect orderly way back again
but I am trying for us my sweet Angel dove.
Just so much junk piled up
and order to be restored it feels overwhelming
when I look at it all,
and in many ways to others beyond
the dust and cat hair it wouldn't even seem
super bad but I always had stuff
so orderly the messiness drives me mad.
I just wish you were here to sit by and help
as you wanted and could to help keep my mind
relieved and know it would come.
I know you could help make a plan to help
do it all in an easily and orderly way
to keep me from stressing like you always have.
You are a blessing and Angel so good,
and I will always love you for just being you.

So my sweet love that is what
I shall be now going and doing
and then a call to insurance about
my dental work that needs doing.
I love you sweet lady and am with you always
holding you tightly and kissing you sweetly.
Remember sweet love that I am your Michael
and will alway be yours for all eternity.

Michael P. McParland

My Divine One

You are my divine one sweet love
and an Angel diamond in the rough.
Before I lay down for a few hours to
just lightly doze I wish that you
were here with me to eat a little food
and read with me from my new book
as well as our sweet one.
You truly are divine my dear
and I love you so very much.

You are my divine one who fills my heart
with true love and hopeful light,
you are divine as my Queen and Angel
that gives me reason to continue on.
You are divinely beautiful
and I would give my whole life for you
if needed without a moments thought or doubt
because you are my true love and faithful girl.
I love you babe for all of this
and so much more.
You are divine as the beauty of this world.

Darling you are divine being all I'll
ever need and want,
I just want to hold you close and let you know
everything will be alright as it's you and I
against the obstacles of the world.
You are beautiful and an Angel so divine,
I love you girl you are my only one
so please come curl up next to me
and enjoy each others loving company.

Michael P. McParland

Morning In Bed With You

Good morning to you my sweet love
and how I wish and need to spend it
with you snuggling in bed.
I woke up with anxiety and am felling
a bit washed out and sad.
I want a morning just spent in bed
with the woman I love.
This morning spent in bed with you
is the very heaven on earth that I need.

I just need and want a morning
within your arms as I hear
your Angelic voice in its heavenly tones.
I just want my Kira so beautiful and fine,
I just want the comfort you give
and to wrap you up as well in my arms.
I send you sweet kisses of love
and my loving looks so soft and sincere.
Kira my darling you're the only woman
I'll ever want and need.

I just want this dull morning
spent in each others arms,
feeling the love that we share
and giving each other warmth.
I love you sweet lady and as I get up for a few
I'll be dreaming of you and sending
my heart out as well.
I love you sweet Kira my only lady
and I promise I'll never forsake you
because you are my glorious Angel.

Michael P. McParland

Snuggle Up Sweet One 2

Come snuggle up sweet one,
it's been a long day
and now after dinner I am stuffed
so very tired and just want
to curl up with you side by side
in each others warm and loving arms.
Come snuggle up with me my only love
and let's sweetly kiss before we close our eyes.
I love you dear and miss you so very much
and want nothing more than to snuggle with you
as I drift off to sleep right now.

Michael P. McParland

A Peaceful Evening With You

Now as evening is soon approaching
and how I want nothing more than
to spend time with my lady and her kids
to defeat this boring day that has just passed
a peaceful evening spent with you
is all I want my precious girl.
A peaceful evening for us to relax
within each others arms feeling warmth
and love enjoying our splendid company
as the time does pass.

I would first buy us some pizzas for a nice
little dinner and good family time
while we watch some movies
and perhaps play some good games.
A good early evening for all
but later just you and me.
A peaceful evening for me
to just hold you close and stroke your hair,
massage your back and neck and your feet as well.
A peaceful evening to just spend time
with the woman I truly love more than anything.

So my dear after such a boring and frustrating
day these are the things of which I dream.
To just talk and read to each other from our book,
tightly snuggle and sweetly kiss as we watch
a film or listen to our music singing along.
These are the things I dream of to have with you
and can't wait until we do.
I love you dear for you are my Angel true
and I ask that you dream these things tonight as well.
See our future and feel so good,
feel my arms around you and my kisses too,
close your sparkling eyes and see my loving looks and smile.
You really are the greatest babe I hope you know
and have no doubt I will always
be your Michael and yours alone because you are
my only one and all I need and want forevermore.

Michael P. McParland

Boring Day, Wishing For You

What a boring day my sweet love
as I have sat here alone in the quiet
left to my own devices.
As you know so often that's how I like it
but not always babe and today
has been a boring and sad one as well.
I like these quiet days too far less
when I think of you and holding you close.

I'm wishing you were here to snuggle and kiss
while we talked, read to each other,
and watched some wonderful films.
These boring days of eternal quiet
are too much my dear when all I want
is to be with my lady as I sit here
dreaming of heaven,
that being you right beside me.
I love you my Queen and am wishing
you were right here with me.

Such a boring day my sweet darling
so terribly quiet and I am so tired out by it,
I wish you were here to laugh with while joking
and just spend time being close
as we hold each other.
I miss you my darling and your absence has made
so much around very boring indeed.
You are colorful and lively, a true joy
to know and be with always sweet lady.
I truly love you so deeply and miss you completely,
it's such a boring day and I'm wishing
I could be holding you so very close to me.

Michael P. McParland

Love Note 447

Good afternoon my sweet love
and I am sending sweet kisses
and huge hugs to you
filled with all of my loving warmth,
I wish you were here to spend
the day and snuggle up with
the whole time.

I have just been awakened
from a short nap and wanted
to send you kisses and say
I love you babe first.
I still haven't gotten one thing done
because my ride unannounced
has been off doing other things,
so I'm feeling unhappy
for a number of reasons right there.
I wish you were here to talk to
and go with me out on the town
to do those things needed
and this evening have fun.
I love you sweet Kira and miss you so much,
I'm thinking of you and sending
all of my love to let you know
you're never alone
and I am with you.

So my sweet love just remember
I'm right there with you
and holding you close to give you my care.
I'll always be with you
because you are my one
and you're all I want
my sweet Angel dove.

Michael P. McParland

Sweet Kisses To My Sweetie 2

I send sweet kisses to you
my dear beautiful sweetie so good.
I send you sweet kisses so full of love
and to tell you you're the greatest my only one.
I send you sweet kisses because you
fill me with hope and delight,
I send you sweet kisses because you are
the light of my life and northern star.
You are the worlds beauty my sweetie so bright
and I want to be with you for eternity
in true fulfillments bliss.
I adore you my sweetie and send you
these many passionate kisses.

I send sweet sweet kisses to you
my sweetie holder of my heart and soul.
I just want you to know that you mean
more to me than the entire world.
Your worth and your love are the whole universe
and I would give you it all my dear sweetie
if it were mine to give.
I love you so much you're a diamond in the rough
and I want to thank you for who you are
and all the good that you've done.
I send you sweet kisses my sweetie
and all of my love,
I'll stand by you as your faithful
and pure loving man through all of time.

Michael P. McParland

A Quiet Morning With You

A very good and beautiful morning
to beautiful you my dear Queen Angel,
I send you sweet loving kisses
and huge hugs to wrap you up
in the warmth of my heart and soul
which I hold for you to no end
in great abundance because to me you are magic.
I love you sweet lady and wish we could share
a quiet morning together snuggling
and sharing sweet kisses while sipping at hot coffee and talking.

A quiet morning together where we can relax
before on this payday we would have to get up
and start running all over town.
To do some shopping and random chores,
but in the middle of it all I'd buy you lunch
anywhere that you wanted my precious love.
With a somewhat busy day before us
what could be better than a quiet morning
spent arm in arm with each other.

So my sweet love dream with me of these mornings
that will come and stretch out before us.
That is what I do now to help me get through
this morning without sleeping or releasing tears.
Knowing I'll be with you feeling whole, safe,
cozy and immensely happy keeps me moving along.
I love you sweet Kira to me you are a miracle
and I just want you to know that you are
the most Amazing Angel anyone could hope for.

Michael P. McParland

Early Morning In Each Others Arms

A very good early morning to you
my sweet precious girl
and how wonderful it would be spending it
in each others arms snuggling tight
and enjoying the warmth we both
have for each other inside our souls,
how I long for this morning to be
spent with you in each others arms
sharing the sweetest of kisses too.

For some reason I'm feeling a bit sad this morning
and I just want to curl up with my lady
feeling so safe and relaxed holding
and being held by the worlds most beautiful Angel.
How I want this early morning just the two
of us baby to snuggle, talk, share sweet kisses,
and just close our eyes while we listen to music.
A morning in each others arms would be simple heaven.

Oh my sweet sweet darling how I love you,
so close your sweet sparling eyes
and see my loving looks and big loving smile.
I am sitting back to dream of you dear
and spending this morning holding you.
I know it will come but I wish it could
be on this morn as there is sad longing
to be with my Angel so pure.
Just feel me wrap my arms around you
and give the sweetest of kisses too
as at least in spirit we can enjoy
this little while holding each other.

Michael P. McParland

Night Note 168

Hello my sweet Angel dove
and I hope the rest of your day
yesterday and your night have gone well.
I'm sorry sweet love
but I had a feeling I would sleep so long babe,
I send you sweet kisses and huge hugs
to fill you with warmth
and reassure you that I'm always with you
giving you all of my caring love and warmth.
I love you sweet Kira and miss you
so very much.

It is payday my dear
and in a bit I'll pay the bills
and I wish that later you were here
with me to join as I go out
to get my shopping done
and maybe stop another place or two,
I would take you out to
breakfast or lunch whichever
you'd want wherever my precious love.
I wish you were here to
spend time and to be with as
I go about doing things
and so I could spoil my girl
with her favorite things
just like I've always wanted to do.

I love you sweet lady and wish
that you were here to snuggle
for a little bit longer before
I have to get up and do the bills
and get out of this nice bed
for a long while.
I just wish I were with you
to kiss and hold telling you
I love you more than anything darling
so as I lay here for a few more
that's what I'll be dreaming.

I love you sweet Kira and don't forget
that I'm right there beside you
hand in hand holding you tightly
and I'll stand beside you forever and ever.
You are my Queen and you are my Angel
and there is a thing I wouldn't do
to make you feel fulfilled, proud, and happy.

Michael P. McParland

Curl Up With Me

Come curl up with me sweet love,
the afternoon tireds have caught up.
Will you come lay beside me now
for an afternoon snooze so good?
Will you come cozy up beside me dear
and curl up in my arms?
I want to close my eyes lying down
with my beautiful only one.

Come curl up with me my sweet Angel dove
as I long so very much to be with you.
To feel your arms around me
and your soft sweet kisses so amazing,
come be with me and curl up tightly.
I love you Kira and just want to be with you
in all things that we do.
I truly love you babe you are my everything
and I just want you to come curl up right next to me.

Michael P. McParland

A Relaxing Afternoon With You

Now my sweet darling after a refreshing shower
How I'd love to sit back on the couch with you
and wrap you up for a relaxing afternoon spending time.
To read from our book and laugh at our old silly jokes,
and put on a nice soothing film we both love
to sit back and relax and let the time pass,
I vote for West Side Story sweet girl
but if you don't want that I have hundreds of more to choose.
Before that though I would cook you a nice lunch
and for me something to work around my canker sores.
I want a relaxing afternoon with my lady Kira
to pass the day by feeling so cozy and comfy,
a full day of smiles and sweet kisses while we
snuggle the entire while.

So as I sit back to read the book I bought
for us a few months ago darling as well as my new one
I'll be sending you my warmth and love
with sweet kisses, big hugs, and millions of smiles,
I'll be thinking of you and all the times that are coming.
I love you sweet lady so feel my arms around you
and feel my sweet kisses as I tell you I love you.
Kira you are my Angel and how my heart sings to you
because you are my best friend and amazing hero.

Michael P. McParland

Love Note 446

Good afternoon my beautiful girl
and I just wanted to drop in
and tell you I love you so.
You've helped keep my tears at bay
as they have still threatened
to come here and there.
I am soon going to jump in the shower
to try and drive away so much
of the sad emotion.
I wish you were here to join me
and just hold in each others arms,
to just kiss and smile at each other
as the two best friends and loves
that we are.
I wish you were here to just hold
nest to me under the wonderful water
our sign which is so beautiful
in the depth and emotion we share.
I'll be dreaming of you
and sending all of my love while
I am in there.

Afterwards I would make you
such a nice lunch to enjoy,
I'd find something to whip up
for my most gorgeous girl.
I'm still struggling to eat with
a few bad canker sores
but I would fight through as much
of the pain as I could to enjoy it with you.
I wish I could spend the afternoon
with my most favorite person
and Angel in the universe.

So I best now get moving
and will write you in a bit afterwards
to tell you how things are
and other beautiful things baby.
I love you sweet lady

and adore you completely.
God bless you my Queen Angel
you are amazing.

Michael P. McParland

An Aching Hearts Call 2

My heart calls to you sweet dear
in aching loneliness that surrounds.
I have finished my movie and my book
and I enjoyed both but the book so much more,
I can't wait until later this month when
the last part is released at last.
Having sat here though for just a bit
walking down old memory lane the quiet
is now too much and I miss my lady oh so much.
I've been thinking about all sorts of things
and I'd love you here with me to hear my ramblings.
My heart is aching and right now I want to cry,
my heart calls all its love to you my only one
and just wants you to know you're missed
and I want to hold you so very much.

I'm sorry dear I don't want to bring you down
I just want to say I miss you babe and wish you were here.
to kiss and snuggle while we talked and talked,
then shared our hobbies as we spent such fun time
with each other doing so much stuff.
I don't know what I'd cook for lunch or just what
I'd have us do on my turn to pick our thing for fun
but maybe just sit and read together instead
of me doing it all alone with no one to share my thoughts.
My heart aches to be with you snuggling up
and feeling you right there as we spent time
releasing all the years that we've been alone
into the air to disappear forever more.

Oh my sweet Angel dove how I want to have you near.
I'm fighting the lonely tiredness that makes
me just want to lay down and escape this
waking aching heart in the mists of dreams.
I'm fighting the tears that now prick
at my eyes as I know my tears also hurt your heart
and you don't like to see me cry.
I'm just bothered by the silence now
and memory lane gets hard to travel down no matter what,

I'm not even sure if I want to start my next book.
I love you sweet girl and as I go about my day
I'll be dreaming of you and writing too.
You're all I want because you are magnificent,
you are a diamond in the rough and you need
never fear because I will always stick by your side
as your faithful loving man.

Michael P. McParland

Warmth, Love, Hugs, And Kisses In The Morning

Warmth, love, hugs, and deep kisses
here in the morning sweet dear before
we would get this day for us going.
The kids packed up and ready for school
and now quiet time for just me and you,
we'll sit back and snuggle in quiet peace
as we kiss and feel complete.
Warmth, love, hugs, and big kisses
in the morning here with my sweet Kira I hold so very dear.

Warmth as you curl up in my arms after
I get you your coffee just how you like.
I love I give my smile with hugs so very giant
with kisses so sweet to tell you I love you.
A morning so pleasant and so very sweet
while just hold each other and talk soft and lovingly.
Warmth, love, hugs, and kisses with my only one
on a morning so filled comforting care.
A morning of sharing our hopes and dreams
and all we want to do throughout the day.

My sweet sweet Kira I send you warmth, love,
hugs, and deep kisses on this spring morn
to fill you with all of my loving warmth.
I love you, I love you, I love you, I love you,
and I can't wait to have beautiful mornings beside you.
I want your companionship for all eternity
and I just want to be with you because I love you so deeply.
I send you these big hugs and kisses to remind you
that I'm always with you and will never leave you
and that I'm right beside you my precious lady.
Warmth, love, hugs, and kisses on this lovely morning
and I send you this dream too so we can share it
and feel happy as in our minds we see it
and in our hearts feel the truth of its future nature.

Michael P. McParland

Very Early Morning With You

A very early and beautiful good morning to you
my most treasured and beautiful dear.
I have now finally risen and wish you were
sitting here with me in the quiet serenity
as I eat some of last nights dinner.
My stomach is grumbling and the canker sores
are screaming as I eat my sweet darling,
but I just want you here as my heart is aching
to have your sweet arms around me on this
very early morning which will only feel complete
when it has both me and you hand in hand arm in arm.
I love you sweet Kira and will through all time.

I'm reaching out to you in spirit to
wrap my arms so tight and lovingly around you,
to kiss you on you forehead, cheeks, and lips
and say Kira I adore you.
You're my diamond in the rough and my only love,
I want you by my side through all time.
So as I sit here still waking on this early morning
I'll be holding you in spirit and wishing you
were here while I finish my movie and read my book.
I love you my darling and to you my heart is singing
saying I am your man through all time and will
be here for you for all time my dear
and until you come I am right there as well.
I'll always be with you because you are the woman
I treasure more than anyone or anything.

Michael P. McParland

Night Note 167

Good night my sweet precious dear.
I'm sorry if you have been worried
or upset with me,
I can't believe I slept this long
my sweet Angel dove.
Early on I and throughout I felt you so near
and it calmed me so much.
I'm not yet ready to get up and move
but I wanted to tell you
I love you so so deeply my dear.
Come curl up with me
and let's relax together sweet one.
I love you so much
and want to be with you through all time.

Michael P. McParland

Come Curl Up 5

It is now after a most filling
Sunday afternoon lunch and my meds
are making me a bit sleepy dear,
come lay beside me babe and curl up in my arms
for a nice couple hours nap
holding each other so near
feeling cozy and safe with each other arm in arm.
Come lay beside me babe and curl up
in my arms for some sweet kisses first.
Just smile and feel so very close
as we close our eyes to drift for awhile.

I love you my sweet Kira and even as
my eye lids are drooping I wanted you to know
and to tell you I can't wait to
spend time like this in person.
I will be holding you tightly though
in spirit saying I love you while I kiss you.
Remember I'm with you and will always
be your Michael so faithful.
So curl up in my arms and feel all
of my loving warmth drifting away
on a loving cloud in each others arms.

Michael P. McParland

A Fun Little Afternoon

I love you my sweet one and miss you so much
and I wanted to tell you I wish you were here
for a fun little afternoon in each others arms.
To snuggle and kiss and just enjoy the company
in true caring love we provide.
I wish you were here to enjoy the little lunch
I just prepared as we watched a film
and then read from our book.
I love you my sweet one and miss you so dear,
I'll be sending you all of my love and warmth
with this dream of a fun little afternoon
with you and me and the kids too through
part before we enjoy time just for us.

Michael P. McParland

A Quiet And Peaceful Sunday

Yet another good morning to you
my sweet dear and I wish you were here
to spend a quiet and peaceful Sunday
side by side, hand in hand,
in each others arms kissing and snuggling
while enjoying the day and spending time.
I long to be with you feeling so relaxed
happy and good as we spent the day
peacefully doing whatever it is we want to do.

I have been sitting here this morning
just reading my book and struggling to eat,
I have a few canker sores that are quite bad
so eating is a bit hard at this moment babe.
I wish you were with me now to snuggle up
as we lay back on the couch and watched a film
that you picked and would love to watch with me.
I am still feeling tired as one of my meds
makes me feel so in a short bit after
a short wonderful nap with you.
I have forgotten my meds in the past two or three days
so it will affect me a bit more.

I just wish you were with me for a nice peaceful day
because this is one where I need you badly my dear.
Just to hold and to talk to while spending time,
and right now I think I'd more just like
to listen to you as you told me all of your thoughts.
I just want to be with you on a quiet peaceful day
feeling so good and whole with beautiful you.
I love you my Kira and will be thinking of you
as I go through this morning here
sending you the sweetest of kisses and biggest hugs
to fill you with all of my strength and warming love.

Michael P. McParland

Morning Note 179

Good morning my sweet Angel dove
I hope you slept well and felt
all of my loving warmth and arms around you
the whole time as well as my sweet kisses
and me saying I love you sweet Kira
you are everything I'll ever want,
you are so beautiful and truly divine.
I am so very sorry sweet one
please don't be upset with me
and I pray you are not crying
feeling worried that I am upset
or something has happened at all.
I am right here for you
and I always will be my precious dear,
I'm sorry I did not write later
yesterday like I promised
but I would have had I been awake
before just shortly ago.
I apologize dear and I send
sweet kisses to you my Angel dear.

When I last wrote you yesterday
I was resting and knew I would spend
the day in bed as it was the perfect day
to just rest and listen to my audio book
as well that I was supremely tired.
About an hour after though
I fell fast asleep and was out of it
completely until just a little bit
ago my lady so sweet,
then I started to panic and for a few reasons
felt like crying my darling
but then I felt you near and was able
over a lying back to calm down
so I could wake up and be clear headed to write.
So I apologize my sweet darling
or I would never have broken my promise,
please don't be upset at me
my most gorgeous darling.

Another reason I felt so emotional
upon waking was that I dreamed of us
being together spending time
just hanging out and walking along
talking like we used to
and will again but this time
hand in hand sharing sweet kisses
so loving and kind straight
from the tenderness we hold inside.
So it can be so hard to have to
be pulled away from you my sweet dear
even when it is in dreams.
I love you and want so badly
to be right beside you sweet lady.

So I now haven't eaten in over
24 hours and I need some food
my sweet precious darling.
I wish you were here to snuggle up
for a beautiful and quiet morning
but that's what I will be dreaming of
as I sit eating.
I love you sweet Kira and again
I apologize,
I wish you were here my precious lady
to spend the day enjoying
each other and all that we love together.
With the kids watch some movies
and take a walk to the duck pond
and so much time for us to get lost
in as we want.
I love you sweet Kira and can't
wait to be with you for all time.

Michael P. McParland

Love Note 445

Good afternoon my sweet Angel dove
and I hope your day has gone well
and as ever have felt me right there
holding you near in all of my love.
God bless you my beautiful one
you are such a treasure
I so completely adore.

I've just spent the day in bed
mostly asleep fading in and out
listening to my audio book.
I'm still half asleep
but wanted to tell you I love you babe
and wish you were here
to lay beside me and snuggle,
this is one of those perfect days
to just spend in bed resting
and listening to my stories
and having you here would be perfect
sweet lady.

So feel me right there beside you
with my hand in yours and my arms
wrapped so lovingly around you.
I will be dreaming of you
as I am resting sweet lady
and promise to write you later
my beautiful Angel so amazing.
I truly do love you more than anything.

Michael P. McParland

A Great Big Early Morning Hug

A very good Saturday morning to you
my beautiful and most beloved sweet Angel dove
I pray you slept well and felt my arms
around you giving you all of my warmth and love.
I hope you were comforted my precious one
because I love you so much my Angel Queen.
I send you sweet kisses and big hugs
to help start your day with a smile.

My sleep was a bit restless and my head
hurts a bit but I wanted to get up
to send you this great big early morning hug.
A huge hug of deep comforting peace
to give you all of my strength
and let you know I am with you no matter
where you are because you are my one.
I'm sending you this huge hug to
soothe your aching heart and reassure you
that I am here always and will never
judge, reject, or push you away my sweet darling.
I am here to give you my love and share my life
to the woman I love above all.
I want to help heal your broken heart
so I send you this huge hug
and as I lay back down for awhile
let's snuggle so tightly and kiss so very sweetly.

I send you this great big early morning hug
my sweet darling to just fill you with cheer
and to reassure you that I am right here
with open arms and an open heart.
It is only you that I will trust my
heart and soul to and can help me heal as well.
So let's hold each other as we rest for awhile
longer and just talk a little bit
as we drift off enjoying each others
company to no end.

Michael P. McParland

Rest Your Head (On My Chest 3)

It is late my sweet one I am exhausted
and spent my Angel so great.
Will you come join me in bed to snuggle
for awhile and share the sweetest kisses
while we gaze into each others eyes?
Will you please come and join me
my diamond in the rough and wrap each other up
in our shared warmth giving comfort
and peace to each other which we so badly need.
Please my sweet one come snuggle with me
and let me shower you in sweet tender kisses
all over while just telling you I love you,
I want to be with you through eternity,
and thank you for being my beautiful Angel,
and as important as everything else
tell you all is alright because I will
always stick by you giving my best and everything.

Then after giving you all of those sweet tender kisses
snuggle up so tight against me as I wrap you
up in my arms to make you feel all comfy and cozy,
then rest your sweet head upon my chest
to relax in full as I stroke your hair and rub your back,
softly caressing your cheek from time to time
all the while throughout when I'm so moved
to say Kira I love you and you are so great,
I hope and pray I have pleased you in many ways.
You are my guardian Angel and shining star.
Can I ever repay you and thank you enough?
God knows I'll always give you all that I have
to show you how much I love you and grateful I am.
Feel my arms around you tonight as you lay in bed
and my lips upon yours tenderly to tell
and show you the extent of my love.

I'll see you tonight in the land of dreams
where among the moon and stars we'll take a cosmic
journey and walk along the path,
just holding hands as we get lost in the

wonders of space and each other,
I want to be with you no matter where forever and ever.
After a bit we'll find a place to sit
and hold each other while the moon and stars
put on a wondrous show and blow us kisses all the while.
I'll see you tonight in that majestic scene
that is just for you and me.
I just want to hold you as we are softly talking
and I pray that so soon in real life
that will be happening.

So my sweet lady it is late and I am so very tired babe.
Will you come join me and snuggle so tight
sharing sweet kisses and some soft words?
Then just cozy up and curl up in my arms to rest
your sweet head upon my chest while I rub your back
and stroke your hair as we fall asleep in each others arms.
God bless you my darling and know the truths
and pure desires for you that my heart is singing.
I truly love you and want to give you all
that you have always deserved because you are my Queen
and you are my Angel and not one thing or person
can ever replace my beautiful Kira.

Michael P. McParland

I Love You (Don't Leave Please)

Sitting here feeling so very lost,
I miss my Angel so very bad
and am terrified I'm losing her.
I don't know what to do for she is my essence,
my heart and soul.
The beautiful woman I love more
than anything in heaven or on this earth.

I want to be with her and give her all my love
because she's so special and my diamond Queen,
I've loved her since I was 15 and I gave her
myself in full back then.
She is the only love I've ever had,
it is pure truth and tenderness in every way.

I love you babe you are my everything
and I adore you and cherish you my Angel Queen.
I'm terrified of losing you because
I've always wanted to spend this life with you.
I've always sworn that I'll never leave you
and will always stand right beside you
because I will always be your Michael
who truly cares about and loves you.
And I know you love me my precious darling
and that's just a small part of why
I can't bare to lose you babe.
You are such a gift and blessing I thank
God for everyday and I'm terrified
of losing my Angel and true love here on earth.

Michael P. McParland

Please Come

Please come my sweet one and lay
beside me now curling up within my arms.
Please come and be with me for I
love you more than anyone or anything
and I just want to hold you here
while I let you know just how much
I treasure you and truly care.
Please come my darling dear and honor me
with your divinity which I adore.
I miss you my sweet Kira and love you more
than anyone can truly know.

Please come lay with me and don't pull away
which is something I so deeply fear.
I love you so very much and do the best I can
everyday for me and you so we can have our dream.
I want to be with you through all of time
side by side hand in hand as the happiest
couple and best friends there's ever been.
Please come my sweet one and curl up
within my arms to share our night and our lives forevermore.

Kira dear my heart and soul will always
be yours and yours alone as they were a
true gift from me because you are my Angel,
my hero, and my Queen, the greatest best friend
anyone could ever hope to have.
I love you dear and just want to hold you near
so please come and we'll keep each other warm,
we'll share sweet kisses oh so passionate and very tender.

So please come join me my only one
I don't want to lose you ever my darling dear.
Come lay by me and curl up within my arms
so I can give you all of myself in full
just like I've always wanted to.
I love you Kira so very very much
and I will forever be your Michael no matter what.

Michael P. McParland

Evening Note 95

Good evening to you
my beautiful sweet Angel dove
and how I wish you were here
to just spend time and hold
each other so near wrapped up
in the glowing warmth and strength
of our true love as we gazed
into each others eyes just smiling
and getting lost in all the deep
loving care we both hold inside,
we won't need any words to say I love you babe
because we could always just look
at each other and smile saying
it all through the looks of love that we shared.
I wish you were here to spend
this evening with me so I could hold you close
and tell you everything is going to be okay
because I am here for you always
at any time you may need and for anything.
I'm always right here and right there for you
my sweet Angel dove.

I just wanted to tell you
I love you my dear and to have
a wonderful evening,
I'll be dreaming of you
and writing when I can.
I'm sending you the sweetest of kisses
and the biggest of hugs
so feel safety and comfort knowing
I'm with you babe.
God bless you my darling that you
will feel peace in your heart that is golden
and always remember that I will
be here when you're ready with wide open arms
and a wide open heart to give you
all of the love and kindness you've always deserved.

Michael P. McParland

I'll Wait Forever

Kira I will wait for you forever
because you are the woman I so dearly treasure,
I'll wait for you through all time
if that's what is needed dear.
Without a doubt and without waiver
I will remain true to you in full my only one.
You are the only one I hold in my heart and soul
which you carry in your precious hands,
you are my hero and best friend
and I'll wait forever through all time
to be with you and have you curled up within my arms.
Ill wait forever for my Queen and never
wander to another for any reason or anything.

I'll wait for you forever because I've always
known within my heart and soul that you
are the one for me and have been since the start of time.
I love you so very much and when
I think of you, when we talk, or just
communicate in any way I feel an electric shock
as our souls reach out and touch
in the familiarity of true love that's lasted oh so long.
I'll wait for you my dear through eternity
because my heart has chosen who and what it wants
and when I love sweet one I love for life.

So even though you are angry with me
I know you love me still and I pray will talk one day,
I'll wait through all time if I need
because you mean the universe to me.
I love you dear and I'll always stick with you
side by side hand in hand through eternity
giving all of my love and support to you.
You truly are my diamond in the rough
and beautiful sweet Angel dove
and I'll always be here for you
and have no fear because I want no other only you.

Michael P. McParland

You Are My Only Love

Sweet sweet Kira you are my only love
and it is true coursing through
my mind, heart, soul,
and entire being as I am filled with
deep tender passion for you.
You are my true love and only one
and I would do anything for my sweet Angel dove.

You are my only love and I just want
to hold you here in my arms stroking your hair
and rubbing your back as we snuggle
and so softly talk about whatever there is.
It doesn't have to be important or specific
because I just want to spend time with my gorgeous lady.
To share all our hobbies and do various things
is the bliss with you that I so want and need.
You truly are my only love and it is
as pure as anything that there is.

So feel all of my deep loving warmth
as I send it to you with the biggest of hugs
and sweetest kisses as well.
You are my Angel I so adore and I would
give anything to be with you now.
Hear my hearts call as it tells you its truth
and that I know you love me so very much too.
I can feel you my darling as you hold my hand
and wrap your arms around me and I thank you big.
I just wish you were here to kiss and look upon
so I could say directly to you
I'll always be with you my Angel dear
because I truly love you more than anything.
God bless your sweet heart and soul made of pure gold
and never forget I am your Michael and yours alone forevermore.

Michael P. McParland

My Beautiful Angel 2

A very good late morning to you
my beautiful Angel so pure,
I love you my gorgeous dove
and wish you were here to hold so very close,
to read to out loud from my book
and just talk away like we used to my dear.
I miss you babe and await your return
because you are my everything and Angel Queen.

You are my beautiful Angel and there is no one
in heaven or on earth that I'd rather be with,
today I'm feeling quite tired and I would
just like to sit back in bed with you
to relax feeling safe, happy, joyous,
fulfilled, and so very good.
I wish you were here my beautiful Angel I love
to just sit with and hold as we spent quality time.

Kira you truly are a magnificent woman
and there isn't anything I wouldn't do for you
because you are my beautiful Angel
for whom I hold such tender love in my heart and soul,
and I know that you hold such a deep love
just like that for me as well,
you are a shining light in my life in every way
and I thank God that he sent you my way.

I love you so much my beautiful Angel
I adore and cherish to no end,
I miss my best friend to whom my heart sings
in full voice all of my favorite love songs non stop.
You are a treasure, a blessing, and a gift
so very wonderful and you are my
beautiful Angel whom I'll stand by
hand in hand forever and ever.

Michael P. McParland

Love Note 444

Good morning sweet love
and I hope that you slept well
and felt all of the hugs and kisses I sent
to wrap you up and fill you
with all of my unconditional
and undying true love.
I miss you so very much
and love you more than you truly know,
I just want you here to have
and to hold spending time everyday
through the rest of time.
I love you so much and there is
lots of stuff both of us need
to help each other learn and understand.

I am not feeling well my sweet one
as I know without a doubt now
I hit my head and that is the cause of that pain
and I just feel so down and sad
missing you tons and I know you're
mad at me still and it is hurting
my heart and soul so that I want to cry,
I am trying my best and to stay angry
just hurts us both babe when
we're two best friends so in love.
I'm hurting because I'm not with you
talking while snuggling and sharing sweet kisses.
I just want us to talk and begin
our happy journey together my precious lady.
You are my diamond in the rough
and the only one ever I am wanting,
I always pray for you and all of your
wants and needs to be fulfilled.

So my sweet darling as I now go to
jump in a much needed shower
I will be thinking of you and wishing
you could join me.
To just hold and smile at each other

as we stood under the soothing water,
to just feel happy be close together.
Then afterwards I just want to read
my book for a little while.
I will write you not long after
and I pray by then you won't
be upset with me and angry,
I love you so much and need you here
beside me each day to just
bask in the loving glow that we share,
an unbreakable bond given to us
by God and I truly treasure.
I'll always stick by you
and never even consider leaving you
because you are my heart and my happiness
my precious lady.
Feel my arms around you as I stand there
beside you holding you tightly
and always remember that I am your Michael.

Michael P. McParland

A Long Sleepless Night

A long sleepless night just lying in bed,
a very light drift is the best I've
achieved as I close my eyes
and listen to my audio book,
I dream of my lady in all of her beauty
and how much I ache to be with her
curled up in my arms right next to me.
I miss her so badly and love her madly
I would give all that I have to right now
be with her sweetly kissing and snuggling
surrounded in our pure loving warmth.
A long sleepless night where I just want
my darling within my arms.

I can smell your soft and smooth skin
as well as your long precious hair,
I can feel you near but tonight
I just plain miss you so much
I need you here in my arms to kiss and to talk,
to share everything with you about myself.
I need my sweet lady so powerful
in heart and spirit she's great.
It's a long sleepless night
not having you here to give comfort to
and tell you everything is going to be alright.

I love you sweet lady and as I once again
close my eyes I send you sweet kisses
so full of love with big hugs of warmth,
I send you my heart and soul as they sing to you.
God bless you my darling and know
I'm there with you now and I will
be dreaming of you on this long sleepless night.

Michael P. McParland

Please Come Snuggle With Me 2

It is so very late my darling dear
and though I don't think I'll sleep well
I want to be with you while you're wrapped up in my arms.
Please come snuggle and share sweet kisses
saying to each other I so deeply love,
I want to look in your eyes and say thank you
just for everything and being my precious Angel.
Please come snuggle dear to share sweet kisses
oh so good and gentle words to reassure I'll always
be right here for you and by your side through all time.

Please come snuggle my true love and after
our sweet kisses rest your head upon my chest
so I can soothe you while I stroke your hair and rub your back,
I love you babe greater and more than anything
and I just want you here within my arms
to hold and kiss every day and night for the rest of time.
Please come snuggle my darling only one
so I can gaze into your eyes and see you smile
as I tell you I'm yours and yours alone
for all time my Angel Queen.

Kira it is so very late and I'm truly tired
though I don't think I'll get much sleep,
please though come and curl up in my arms
to kiss so sweet before we fall asleep,
God bless you babe you are so great and all I need.
I love you dear and just want you here
to spend time and feel so good with you in my arms
because you're my Kira and that's the greatest thing there is.

Michael P. McParland

To My Sweet Darling

I send all of my love with
the sweetest of kisses and big hugs
to you my sweet love,
I send my heart and soul to you
for eternity to have and to hold.
You are my essence and my Angel so pure,
I send all that I am my sweet love
straight to you.

To my sweet darling I give my whole life
as everyday my heart calls to her and sings in full voice,
for no other anywhere would it ever do that
because she is my Queen,
a gorgeous woman with a golden soul and heart.
To my sweet darling I'll always give
my very best and my everything.
She has been robbed for so long of the love she deserves
and I will give her all that I have and she wants,
I am her man and hers alone through eternities door.

To my sweet darling I just want you to remember
that I'll always love you and stick right beside you,
I want no other just my beautiful Kira
because you are amazing, my best friend, and Angel hero.
I give myself to you my sweet darling
I cherish and treasure you my rare precious diamond,
your heart and soul have touched mine
and nothing can ever compare to one so divine.
I love you my sweetie and am right here
waiting to hold you so tightly and give my all to my darling.
You are so special and I just want to share
this life and the next with you sweet lady
because you are my everything whose spirit shines brightly
and fills this world with endless beauty.

Michael P. McParland

Evening Time Dreams Of My Lady

Sitting here sweet lady on this evening
and dreaming of you in all of your beauty.
I'm watching the NFL draft just to see
how many Buckeyes are picked
and I wish you were here to sit and hold while we watched,
it would make things so much more
interesting and fun snuggling up with my only one
and as I am feeling tired you would help
keep me from possibly falling asleep.
Evening time dreams of you and me help keep me sane
knowing that one day they will come
and we will feel joy in each others arms.

I'm sitting here my sweet one and dreaming of you
and my God how beautiful you truly are,
I'm sending sweet kisses and the biggest of hugs,
make sure you catch them all and wrap up
in all of the strength, love, and deep warmth that they hold.
I love you fair lady you are so dreamy
and I pray that soon you will return to me.

Michael P. McParland

Deep Heartache (Wanting You)

Sitting here with my music babe
and my heart aches so bad as I want you here
by my side while I dream of you in
all of your beauty and that beaming smile,
I think of those sparkling eyes and cute face,
your perfect body that gives me tingling shivers
in the need to just hold you close to me.
Above all else though I miss your golden heart
and pure spirit that glow so bright and full,
I just plain miss you and my heart aches
to be with you just spending time
and holding you within my arms.

I just feel deep heartache being so far away.
Remember dear that you make me so very happy
and that's why I feel so sad being separated
by the distance between me and my gorgeous lady.
You make me smile and you make me laugh,
you help me feel safe from the jerks within the world
and other things that bother me so,
I love you so very much and miss you very bad
because you are my hero and my best friend
and it is so hard not having you around.

Kira please just know that I love you so very much
and would never lie to my precious rose,
remember that I'll never leave you babe because
I want to give you all the best
and endless love that you deserve just like
the Queen you are and my blessed Angel I adore.
I truly just miss you so much because you are you
and that is truly great,
you are the one I love and want to be with me forever babe.
Hand in hand side by side forever dear
because you are the greatest and my beautiful sweet.
I love you Kira and I am your Michael don't forget
because I am yours and yours alone through all time forevermore.

Michael P. McParland

Huge Hugs For My Only One

I have for and send to you huge hugs
of warmth and love my beautiful only one.
Such sweet kisses and huge hugs
to let you know I'm with you there
and that I so deeply care.
I send to you such huge hugs to tell you
that you are my only one and I love you truly
so very much to no end.

Oh my sweet love do you know just how much
my heart longs and aches to be with you?
I know that yours longs and aches so very bad as well
so please come so very soon so we can
hold each other close and soothe our hearts.
I send to you now these huge hugs to fill
your golden heart and soul with peace and calm.
Also listen so very close as my heart sings
out to you in full voice all my favorite love songs
which it will only ever do for you.
I have for and send to you such huge hugs
because you are my everything and all I want.

So feel all of my sweet kisses too
as in spirit I hold you now,
know that I am there right by your side
giving all my love as I always will.
I miss you babe and just want to
share your company because it is the greatest thing to me.
I love you dear and truly just want
to hold you near while we spend time in every way.
You are my Angel and you are my Queen,
you're my hero best friend I want to be with
through all eternity.

Michael P. McParland

Love Note 443

Hello there my sweet Angel dove
and first let me say I have
felt you near me all day.
I can still smell your soft and sweet skin
along with your long and gorgeous sweet hair
and it is one of the few things
that has gotten me back up today.
Thank you always for all of your prayers
as my stomach feels better my love
but a while ago that stabbing pain
in my left temple returned very bad,
I think I must have gotten up
in my sleep yesterday and somehow
hit myself in the head very bad
because it persists even now,
and then as I lay down a deep sadness
came over me from missing you
so very bad and just wanting you here
in my arms to sweetly kiss
as I held you so close
and told you I loved you so much,
a sadness that is stuck with me
even as I have gotten up
because I just want my sweet lady
here to spend time with me on this day here.
I just want to be spending time
with Kira my Angel so dear.

Truly though feeling you
here in spirit with me is helping me dearly.
It's just that having such distance
between me and you is one of
the most painful things that there is.
You are so beautiful and a gift I adore
so I would give my whole life for you,
I pray that so soon we will
be back together so I can take care of my Queen
for all eternity.
I truly adore you and I'll never leave you

because you are a diamond in the rough,
a true treasure I fully cherish,
I'll never never leave you
because you are the greatest
and I just want to hold you
and show you all of your worth my Angel.

So remember sweet lady that I am your Michael
and I am right here for when you need me
as well as beside you,
I pray everyday for your safety, your happiness,
and that you will return to me soon my fair lady.
I will never reject you, or judge you,
or push you away in the slightest
because you're all I want my precious diamond.
God bless you my darling and feel me
right there beside you giving my loving smile
as I say Kira I love you and will always be
right here beside you
to always give my best and everything.

Michael P. McParland

Sweet Early Morning Snuggles With My Best Friend

Sitting here my sweet love on this early morning
and my stomach is still rolling back and forth
between feeling alright to good and then feeling
a bit wonky and bumpy leaving me feeling unsure
about what it's going to do and if I'll be alright,
say a prayer for me love that it will settle down
and I will be able to enjoy my day as there
are a few things I want to do along with writing for you.
I love you darling you are the greatest friend
and I wish you were here to snuggle with while
my stomach straightens itself out in full.
I love you baby you're all that I want and need
and sweet early morning snuggles with you
would bed heaven on earth.

God bless you my darling feel all of my love
as I send it your way with the biggest of hugs,
feel all of the sweet kisses and be filled with warmth
as you are the most beautiful girl and my true love.
I wish you were here to share such early morning snuggles
because I love you my best friend and miss you so badly.
Feel me right there with you in spirit
as I hold you so closely and give you kisses so sweetly,
I will always be with you giving my big loving smile
and letting you know I'm so very proud of you babe.
You are an Angel and blessing so very special
and I wish you were here my best friend
so I could gaze in your eyes and say I love you sweet Kira
and I am glad you're here beside me on this early morning.

Michael P. McParland

Thank You My Sweet True Love

Good morning my sweet Angel dove
and before all else I want to say thank you
my one and only beautiful true love.
Thank you for all of your kindness and true understanding
thank you for all of your peaceful strength and total loving,
thank you for your warmth and all the peace you
have sent me for it helped give me the calm that I needed
so I was able to get to sleep and catch up on
near all of it that I needed.
Thank you my sweet true love you are an Angel
and I thank you to no end for being a true loving wonder.

I'm sorry my Queen or I would have written
a tad over an hour sooner when I had awaken
but immediately my head was throbbing and pounding
with a terrible headache and my stomach wasn't
feeling so very great either.
So I went to get a cold Sprite for my aching tummy
and the machine in the laundry wouldn't give me a thing.
So I took some Excedrin while sipping on water
sending you every last bit of my love to give you comfort.
It's mostly all better except for this somewhat
stabbing feeling in my left temple and that
feels like I fell down at some point and hit it.
I suppose that is possible as I have done it previous.
Thank you again my sweet lady for all of the kind loving peace
that you sent me and God bless you my lady I so deeply love you.

So again my sweet lady I thank you so deeply
and I am sending you the sweetest kisses and big hugs
filled with all of my warmth and deep love,
I wish you were here to sit back and snuggle
as in this early morning I plan to listen to Falco,
I'm reworking my play list on Spotify of his music.
I wish you were here to share sweet kisses
and kiss my left temple all better to get rid
of this stabbing dull pain that persists in it,
I wish you were here so I could look in your eyes
and say Kira for you I am so very grateful

and I love you more than anyone or anything ever.
Feel me beside you and my hand in yours as
I take it up now pulling you in for a big hug.
I love you sweet lady and I am always beside you
hand in hand always so very proud of my dear Kira,
I will always support you my dear Queen so amazing.
I love you my darling and again want to thank you
my only true love so very beautiful,
you are my shining star and diamond in the rough,
I treasure and cherish you my darling so great.

Michael P. McParland

Lay Down With Me My Beautiful One

Good evening my sweet precious lady
and before anything else let me thank you
by giving you my big loving smile
with the sweetest of kisses and huge hugs,
thanks to all of the loving warmth that you sent
and holding me so very tight in spirit
I was able to finally get a bit of sleep.
I wish you were here to look in your eyes
and say thank you babe while I caressed your cheek
and kissed you so very deep.

I am still so very tired my dear and up
just long enough to eat some food
so afterwards I am hoping my beautiful one
that you'll come lay down with me
to curl up in my arms and snuggle so tight
for the longest while,
even if right now all we can do it is in spirit
I just want to hold my sweet lady and give you
all of the same love you've given to me.
Will you please come lay down with me my beautiful one?

Kira you truly are so very beautiful
and want to be with you now and forever,
I want you to curl up in my arms
where awake I can see you and when I've
fallen asleep I can see you there to have and to hold
just like in the waking world.
So often is it normal for people to fantasize
or dream about other people than their partner
but even in my fantasies and flights of fancy
it is still my Kira my true love I am with in them,
so please my sweet one come lay beside me
so I can tell you you're truly gorgeous
and to me the perfect woman I want to be with forever.

So my sweet beautiful darling I thank you so much
for all of your loving strength which was so very calming
and after I am done eating will you come lay beside me

to wrap up in my arms giving you all of my comforting love
while we sweetly kiss before drifting off to the land of dreams
to be with each other the entire time.
I just love you so deeply and I will stand by you
hand in hand forever and ever because you my Angel
and best friend whom I've loved and adored
since the beginning of time when God created us.

Michael P. McParland

Love Note 442

A very good late afternoon to you
my sweet Angel dove so beautiful
to me in every way,
you truly are gorgeous in my eyes
and I could just gaze into yours
and get lost for hours
while also being captivated by your smile.
I love you my darling
and just wanted to check in
and tell you that you are
a true magnificent wonder.

So far here in my very exhausted
and weary state I've just been
drifting in and out,
I will be fine though as I am now
because I feel you so near my sweet dear
and dream of you as well.
I can just feel your loving spirit
as well as smell your long delicate hair
and soft skin,
then I can feel your arms around me
as in my dreams I pull you in so close to me
to say I love you babe and I always will,
I will be with you forever
and want you to be my wife through eternity.
I know that I will find a long sleep
because I feel your soothing love and prayers.
Thank you my dear it truly does
mean everything to me.

I love you sweet Kira and you are my Angel
so feel me there with you as I lay
back down to continue resting
in great hopes of sleeping.
I love you so very much my sweet darling
and I crave you and your company
completely because I truly
adore and cherish everything about you.

I'll be sending you the sweetest of kisses
and great big hugs filled with strength and warmth
to wrap you up in my tender care.
Know that I will be dreaming of you
and such fun times together
because you are my Angel and you make
everything so very much better.

Michael P. McParland

Come Lay Down With Me

Will you come lay down with me dear.
These last few days of next to no sleep
are finally catching up with me
and I'm so exhausted I'm about to fall asleep.
I just want to snuggle with you
while we fall asleep in each others arms.
Please come lay down with me so we can
both feel the peace we so deeply
want and need in each other.
Please come lay down with me because you are my everything
and each passing day I love you more and more.
I adore you my Angel and I am right here
if you should ever need me or just want anything,
no matter what no matter when just remember I'm here for you.
So please my sweet one come lay down with me
and bask in the glowing warmth of our love
while we sweetly kiss and snuggle as in each others
arms we drift off to sleep in contented peace.

Michael P. McParland

To Just Spend Time

To just spend time with you is all that I want,
to look into those magic and sparkling eyes
to say thank you for everything,
both those things that can be put in action and words
and thank you so much for the things that have
no description or direct outward explanation
but I can so deeply feel your loving care
and admiration and I thank you my darling
from the very depths of my heart and soul
which overflow with tender love and care for you.

I just want to spend time holding you in my arms
as we make up for all the lost snuggling time.
I need to hold you and just feel your body
right next to me as we talk and sweetly kiss.
I just want to spend time with you my darling Angel
to give you all of the care and loving attention
you've always deserved and I want to thank you
over and over for your kindness and tenderness
with a man who is often so difficult to understand.
I just want to spend time with you saying
I love you, I love you, I love you
in all of the ways I can show you my gratitude
with cooking, cleaning, serving you in true love
and giving my best and all that I can.
Then thanking you in the most special way
two best friends can ever say and show it in purity.

I just want to spend time with you my sweet love
reading to each other, writing together,
watching TV and movies, cooking all sorts
of different things to enjoy with the kids and ourselves.
I just want to spend time with you my sweet lady
because you are amazing and a blessed gift
whom my heart sings to in full voice.
God bless you my lady and feel me right there beside you
and remember I love you more than everything
in the world and heaven combined because you are my Queen
and the most important person within my life.

Michael P. McParland

Longing To Lay Here With You

Sweet dear I am here right now relaxing in bed
and in my thoughts and dreams I am holding you near,
I want to spoon so I can smell your long beautiful hair,
so I can give light little pecks kissing your neck
and your cheek as well as having your ear right there
so I can softly and lovingly tell you I love you
and give reassurances that I'll always be there
to hold you and to support you because I am so proud of you.
I'm longing right now to lay here with you
and just have you near so I can comfort you
in every way that you need my Angel so good.
I'm longing to be lying here with you
because I want my Queen right here in my arms
to spend some time together doing fun stuff and relaxing.

Sweet sweet darling just feel me beside you
with my arms around you and take faith
in knowing that our day is coming.
I know that waiting is hard but we have both prayed to God
and our love has remained solid and true with no waiver.
When that day comes I'm just going to hold you
and thank you over and over for all of you kindness,
your loving, and your endless strength, you truly are
my Angel, my hero, and beautiful best friend
and I'll always love you to no end.
I'm so deeply longing to be lying here beside you
because there's nobody else I'd rather be with.

Michael P. McParland

Forever Yours My Love 2

I will forever be yours my sweet one
because within my heart an eternal flame
of true loving care burns for you.
Nothing that exists anywhere can blow
or smother it out because it is an undying
flame of unconditional and eternal love.
I will forever be yours because that's
just how I want it,
to be with my Kira I adore and I know
loves me just as much in return.

I will forever be yours as almost always
I can feel your loving spirit near me
and feel you smiling so warmly
letting me know that you so deeply love me.
I pray that you feel me too so you can
receive the same comfort you give to me.
God bless you my darling I'll always be yours
because you are my Queen and Angel alone
and I want no other by my side only you.

I will forever be yours my sweet Angel dove
and I swear in full I'll never leave you.
In my heart and mind I can't even fathom
losing you and I could never live with myself
knowing I had broken your pure golden heart,
I will forever be yours because you're
all that I need and want and I love you so very much
I just want to spend eternity side by side
hand in hand always standing up
and fighting for each other through everything.

Oh my sweet love I will forever be yours
and feel all of my loving warmth as I pull you in.
I will always work so very hard to give you my all
and the very best that I have because
you are a Queen and you deserve the greatest in life
that there truly is.

Michael P. McParland

Love Note 441

Good morning my sweet precious darling
and to start off this day
I hope you don't mind this love note
at the moments as from a restless night
I just need a bit of time to shake off
the tired and take a very cleansing
and most refreshing shower.
Then afterwards I will write you
the most beautiful poem
because my head will be clear from
the soothing water and the great thinking
that often happens within that period.

Before any of that though I wanted
to send you the sweetest of kisses
and pull you in for a big hug
while saying Kira I love you
you are an amazing and wonderful woman
I'm so honored to know and have love me
unconditionally and fully in return.
I just wanted to say thank you
before I get going on this day.

I hope that you slept well and felt
surrounded and filled with all of
my warmth and love with all of my strength.
I hope that you dreamed of you and me
so very sweet as I held you so close
and kissed you so deep,
even though I was awake I dreamed of us
and all the times that we'll share.
I wish that you were here to join me
right now to just hold each other smiling
in the shower under the relaxing water
and then sit back and snuggle right after.
God bless you my lady and know I am with you always,
I promise to write not long after
I have gotten out and had a short bit to sit.
I love you sweet lady and can't wait

to be with you spending each day
hand in hand in each others arms.
I will always be with you and right here
waiting with open arms and an open heart
for my precious lady because no other will do,
you're all I want my sweet Angel dove because to me
you truly are perfect as you are.

Michael P. McParland

Night Note 166

Lying here my sweet lady
on this restless night
and as I think of you I wonder and worry
over just how you are and pray
that you are okay and getting
the rest that you need,
I am praying that you are feeling
all of the warmth and deep love I send to you
with the sweetest kisses and biggest of hugs.
Be filled with calm peace as I send you
millions of smiles and all of my strength
as I hold your hand to let you know
I am right there by your side
and right here as well praying for
and supporting you in unconditional love
undying and in full.
You are a diamond in the rough I cherish
and treasure and will give my best to
everyday through all eternity.

I've been lying here trying
to relax dreaming of you and the talks
that we've had and the ones that we will,
I've just dreamed of holding you
and giving sweet kisses in pure caring love
as well as going about other things
that have relaxed me before like my audio books
or my music that fits the mood,
but nothing as of yet my sweet Angel dove.
So in this time of waking before
I lay back down to again try and sleep
I just wanted to tell you I love you
my sweet Angel Queen,
you are my northern star and my
beacon of deep hope that there truly is
still beauty and good in this world
and I just want to share with you
all the kind, caring love you've always deserved.
Remember my lady that I'll always stand by you

because I want to be the Angel and hero
you can look to and know you can count on,
I will always fight for and protect you through all time.
I love you Kira and now get some good sleep
my sweet one and have not a worry because
I will be right here for you whenever
you are ready and call out to tell me.

Michael P. McParland

Let's Read Before Bed

Dear I truly am so very tired
but just like last night I don't know
just how much sleep I may or may not get.
So I am about to lay down to try
and get at least a bit of rest
but first come snuggle up
and share some sweet kisses before
you rest your head on my chest
and we'll read a bit from our book
before we close our eyes and try for some sleep.

Come my sweet darling and curl up
so very tightly and lovingly in my arms
so I can look in your eyes and say I love you,
please come and we'll share the sweetest of kisses
with smiles so big and caresses so very soft.
Come curl up beside me and we'll read from our book
right before I wrap my arms fully around you
and we fall asleep in each others arms
while we softly talk and I'll rub your back
while stroking your long hair so very gorgeous and fair.
I just want to feel your soft skin, feel your heart beat,
and listen to you breathe while we drift away
to meet in the land of sweet dreams.

So my sweet darling let's snuggle and kiss
right before we read and then go to bed,
I just want to spend time with my Angel so rad.
Kira you truly are so very beautiful
and I am filled with pure admiration,
I adore you fair lady and will always stand by you
giving my very best and everything.
So let's now have you curl up in my arms so very tight
then sweetly and passionately kiss,
then read from our book before you rest your head
upon my chest and we go to sleep in contented peace
feeling so happy and safe as we hold each other as we drift away.

Michael P. McParland

I Miss You Kira 3

I miss you sweet Kira my gorgeous Angel,
you are so beautiful and holder of my
heart and soul dear,
you are my essence and Angel so graceful,
you are the Queen I want to be with forever and ever.
I miss you my Kira because you are you
and that's so amazing because you always
remain true to what you believe in.
I miss you sweet Kira you're so filled with beauty
and I'll always love and adore you through all eternity.

Michael P. McParland

A Peaceful Evening With You My Sweet Lady

My sweet sweet Kira as I sit here having
finally gotten up to eat a little food
all I can think of, long for and dream
is you being here as we shared a peaceful
evening together with me holding you.
An evening for me to just hold you so very tightly
to give you peace and reassurance while
I listened to you let all that you need out.
Rather to laugh or to cry I will always
stick with you holding you tight in my arms
giving you the support that you need the whole time.
I want a peaceful evening with you
my sweet Angel bride.

A peaceful evening where I can give you a massage
having you lay down on your tummy and start off
with your neck which I bet is so sore and hurts bad,
gently yet firmly I'd work on it moving down
to your aching back going as you guided me
so I wouldn't hurt you by doing something wrong.
Then down to your legs to loosen up all
the tension that builds in the hamstring and upper thigh,
then down to the calves giving you a deep and soothing massage.
Then the point that for only you I would ever do
and that is massage your feet my sweet Angel so great.
A peaceful evening with you serving my Queen
would mean the whole universe to me.

Then for you to just curl up in my arms
as I read aloud to you or whatever it is
that you would want,
I just want to be with you wrapped up in my arms
snuggling and kissing with time to talk.
I dream of this now as I sit here alone
and I have been praying it will happen so soon.
I hope you have felt the comfort of my
prayers for you feel all of my love and warmth
wrapped up in my arms with sweet kisses too,
you are my everything and I want you to know

how much you mean to this man who cares about you to no end.
I am so honored that you love me too
and I want to say thank you my sweet Angel dove.
Sit back and see my smile while we both
share this dream of a peaceful evening in each others arms.

Kira I so want and long for these peaceful evenings
and I want them only with you because you're so special,
my heart is singing and still continuously beating
because of the unconditional and undying love
we have and give to each other.
I love you for you and want you to always
be my Kira the woman I fell in love with
because you are amazing and beautiful,
you are the Angel I have always adored,
loved, and been in awe of.
I will always be your loving and faithful Michael
standing beside you forever and ever.

Michael P. McParland

Love Note 440

Kira I just plain and simply
love you with all of my heart and soul
and I know you love me just as much
my sweet precious dear.
Please my sweet one I just want
to be lying here next to you
holding you close and opening my heart,
I love you so much and want us to share our lives.
You are my Angel and everything
and being away from you
is complete and utter pain.
I miss you so much and long for your touch,
I need your arms around me
and I want to share closeness
with you my best friend.

Kira I love you and want you
here by my side so very bad
because I want to share my whole life with you.
Please don't leave me or push me away
because you are my diamond in the rough
and even the thought of losing you
devastates me in full.
You are the reason I want to live
because you are true love
my only one.
I love and adore you
my precious girl
so please come back and let me know how you are.

Kira you are so magical
and I don't want to lose you
so hear my hearts call
saying you are an Angel and blessing
I so completely and tenderly
love you my dear.

Michael P. McParland

As I Rise (Longing Aches)

As I wake up from the rest I so needed
I feel so very sad inside my dear sweetie.
I'm so exceptionally sad because I so miss you
and you didn't read much while I had my eyes closed
like you usually do.
I know maybe you just had your eyes closed as well
but I pray you are okay and not upset
or crying and feeling like your falling apart just like me.
I am so worried for both of us my sweet darling lady
and I just want to be right there for you
holding you tightly and saying it's going to be alright baby,
I love you, I love you, I love you, I love you,
and I'll never let anyone or anything ever harm you.

Oh my sweet lady as I awake I'm not sure
I now want to rise from my bed and eat anything,
I just want to say my prayer for you and then close my eyes.
I pray everyday that you will be alright
and feel all of my loving warmth fill you up
so very strong feeling my arms around you and sweet kisses galore,
I always pray for you my sweet Angel dove.
Still though I worry because I know you're hurting
and I wish you would talk to me and tell me all that's happening
giving me the opportunity to be right there for you.
Do you have any idea how inside it is tearing me up
and killing me with the stress not knowing how my Angel is?
It is so hard when all I want is to be there to support
the woman I love more than anything
right by your side in person my love.
And as I awake now I don't want to rise because
remember my love it is not you that makes me sad
but missing you and being away from you is pure heartache my dear.

So my sweet one as I have awoken I will rise for sure
to say my prayer for my most beloved, my best friend,
my hero, my Queen and Angel whom I adore and share a bond with.
As I sit here I feel so very sad without you beside me
and I just look at your beauty as I take in your picture
and ask where are you sweet Kira? Will it be soon,

and are you okay my precious lady?
I feel sometimes as if I am breaking worrying
about how you are and wanting to comfort you,
I know that your pain is great and you need deep love
for your golden heart which others have deprived you of.
I promise I am right here and beside you as well
with wide open arms and an open heart just for you.
I'll never reject you, judge you, or push you away
because you are a diamond in the rough and perfect to me.
I love you sweet lady you're my northern star
and I will always be your loving Michael
through all eternity standing right by your side
hand in hand giving all of my support and so proud of you.

Michael P. McParland

Romantic Afternoon Kisses For My Sweetie

Waking up here for just a few minutes
to break up my nap for a short bit.
I just got up to tell you I love you
and you'll forever be my beautiful sweetie
whom I'm sending hugs and kisses too.
Kira you are my sweetie so dear and beautiful
and I am sending these romantic kisses
to soothe your sweet heart and fill you
with all of my warmth and love.
Never forget my sweet adorable lady
that to me you truly are the worlds beauty.

So here before I close my eyes again
for a little bit longer I send to you
my dear sweetie romantic kisses so filled with passion,
you are adorable and I desire to be with you
forever and ever as husband and wife
basking in the glow and sacred blessing
that is our unbreakable bond.
I love you sweet Kira and you truly are a beautiful woman
and please never worry because I will
stand by your side hand in hand through eternities time.
You are my sweetie I love to my very core
and I am so happy and in awe of how you love me too.

Michael P. McParland

Sweet Caring Kisses 2

Will you come and join me sweet lady
and curl up beside me as I wrap you up
in my arms so loving and tightly?
I want to give you sweet caring kisses
so tender, passionate, and gentle
before you rest your head upon my chest
and we will take a nap for a bit.
I'm so exhausted and need a bit of a rest
and I want to give you sweet caring kisses
straight from my heart and soul
while I hold you before we drift off.
Will you come and curl up by my side
so we can share a warm snuggle
and sweet caring kisses so touching and good.

Feel me right there beside you
because I'll never leave you
and I am so craving to give and share
these sweet caring kisses I hold in store just for you.
I long to be with you as we just spend
each day together doing whatever we want to.
Will you come right now though in spirit
and curl up beside me so we can share
sweet caring kisses before you rest your head on my chest
and I rub your back while stroking your hair.
I love sweet Kira and send these deep kisses to you
to fill and wrap you up in all of my loving warmth.
I pray that you'll be with me so very soon
so I can give you all of the love you've so long deserved
while I hold you and give you sweet caring kisses
all the while giving you my big loving smile.

Michael P. McParland

Morning Time Snuggles 2

I've been lying here my sweet dear
and I can't sleep one little bit,
I am so very tired but that missing part of me
is so deeply aching wishing you were here
to share sweet morning time kisses and snuggles,
so you could look into my eyes and see
just how much I'm genuinely in love with you.
Right now I feel as if you are upset at me
and I don't know why so I want to make that all better.
I wish I were with you to share the sweetest
and warmest morning time snuggles
with the woman and Angel who means more to me
than everything else in heaven and earth put together.

I worry about you and want you to let me know
just how you are and if you are in need
of anything and if you will let me help,
I love you and am right here to support you
and I just wish I could hold you and comfort you.
I just want to give you all of the love
that you are so deserving of and you can
still message me here as I hope in the very least
as a first step you will.
I love you so much and care for you so very deep
I just want to lay down beside you every morning
to share the sweetest of kisses and the warmest of snuggles.

Kira I love you and will always be with you,
I hurt when you hurt and want to be there
to support you always and forever
so please don't push me away my sweet lady so fair.
I would give anything to be with you now
pulling you in to say it's all okay my beautiful one,
I'm so very proud of you and will be by your side forever and ever.
I love you my darling and am reaching out in spirit
for those sweet kisses and morning time snuggles
so feel all of my loving warmth as I lay there beside you
giving you all of my strength and tender loving.

Michael P. McParland

Lying Down To Have Sweet Dreams Of You

Oh my sweet Kira as I lay my head down
and close my eyes to get some much needed rest
I will be lying here reaching out to you
to hold you tight and kiss you so sweet,
I will be dreaming so very sweetly of beautiful you
and sending you my giant loving smile
to fill you with warmth as well as all of my love
with deep passionate kisses of tenderness
straight from my heart and soul.
As I'm lying down I will be having the sweetest of dreams
of you and me my sweet Angel dove.

I am aching so much in how much I miss you
and long for your presence right here by my side,
to spend time and fight through life for each other
as we walk side by side hand in hand forever and ever.
I'll be dreaming of you and the days not far ahead
and I will be able to relax as I feel all of your love.
You are a blessing and gift I so cherish
and I wish you were here to so tightly snuggle,
you are my Queen who is truly amazing
and I treasure you and your love completely and totally.

So as I will be lying down I'll be sweetly dreaming of you
and in spirit reaching out to hold you so lovingly tight.
I miss you sweet Kira and want you to know I trust you
and I will always be right here for you if you
are in need or want anything,
and I am with you in spirit to give you everything
I am and you need to the best of my ability.
So I shall go see you know in my dreams
to hold you so tight while we talk and kiss,
feel all of my love and know you're so deeply missed.
I thank you now for all of your loving strength
and deep kindness as I can already feel you so close
in all of your warmth right here with me.

Michael P. McParland

From My Heart, Comforting Kisses

From the very core of my heart and soul
which is so filled with deep tenderness
and caring for you I just wanted to reach out
and send you these comforting kisses
and soothing hugs so very big.
From my heart and soul in true love
straight to yours I send you these kisses and hugs
as I reach out and take your hand saying
I love you my dear and I always will.
I'll forever stick by you with undying love
as your faithful forever man.

I know that you are hurting as well
and I just want to comfort you the best that I can.
You are so truly treasured and you are appreciated
for all of the love and strength that you give
from your golden heart and Angelic soul,
I want you to know that you're so deeply loved
and that I am here to support you and I am truly proud of you,
I will be here to dry your tears and take you into my arms
to give you comfort and peace when you are ready my dear.
From the most tender, caring, and gentle parts of
my heart and soul which overflow in pure love
I send you these sweet comforting kisses
and colossal hugs of pure soothing warmth.
I love you my darling and want you to know
that you're my only one and all that I want
because you are the most wonderful Angel
and blessing that God's ever sent into a mans life.

Michael P. McParland

Please Come Snuggle Sweet One

Please come snuggle with me my sweet one,
I feel so very tired and I am deeply aching
and all I want is to be with my Angel
to gaze into your eyes and to take in your beauty
so very divine and feel you touching my heart and soul.
Please come snuggle with me and let me hold you
so tight next to me so I can give you
all of my love and warmth helping you to be soothed
and feel safe,
please come snuggle with me my lady so great.

Please my sweet Kira just know that your Michael
so deeply loves you and I would give anything
to be right beside you kissing you sweetly,
to be talking and reassuring you that I'll
always stand by you hand in hand so very proud of you
because you are my hero and I'll always support you.
I love you sweet lady and so deeply miss you.

Please my sweet lady come curl up in my arms
and snuggle beside me to share some sweet kisses
before you rest your head on my chest
and we both relax while I stroke your hair and rub your back,
I am very tired but I don't know how much
sleep I will be getting as it is hard to relax in full
without my Queen to at least say goodnight to and hear from
and I know it is so very hard for you too.
So in spirit just feel my arms around you
as I pull you in to let you know I so deeply love you.
Kira you are my Angel and most precious everything.

Please my sweet Kira you are the lady I so very want
to have with me forever and ever as my precious diamond,
I want to marry you and be your faithful
and doting husband for all eternity,
I want to serve you in the endless love that is within me.
God bless you sweet lady for you are a blessing
and an Angel that is such a gift I am
thankful for each day and always.

I love you sweet lady and want you to come
snuggle beside me sharing sweet kisses
while I tell you I love you and how very proud
I am of you my sweet Angel.

Michael P. McParland

Evening Note 94

A very good evening to you
my sweet Angel dove
and may God bless you to feel
me beside you giving all of
my warmth and love as in spirit
I hold you so close,
you truly are my Angel so good
and I will give you all that I have
and the best of myself no matter what,
you truly are a splendid lady
so great and I want you to know
just how much you truly mean to me.

I'm sending you the sweetest of kisses
to let you know that I love you
and am forever right beside you.
I adore you sweet lady and wish
you were here to spend a beautiful evening
holding each other spending time together.
To talk and read then perhaps
watch some TV but for sure
share some sweet kisses so passionate and deep.
I will be holding you tightly in spirit
and kissing you tenderly and gently,
listen so closely for my voice
as I say Kira I love you,
then close your gorgeous eyes
to see my big loving smile.
Feel comfort and peace knowing
that your Michael will stand by you
through all eternity.

So do have a good evening
my one and only sweet lady
and I promise I will write you
at least once more before I turn in.
Feel all of my hugs and kisses
and remember I will stick
by you forever and ever because you are

my beautiful and divine Angel.
Never forget that I'll never leave you
and feel my hand within yours
as I gently yet firmly take it
to pull you in for sweet kisses and a warm
loving snuggle so tender and caring.

Michael P. McParland

You'll Never Be Alone

I swear to you my sweet dear
that you'll never be alone and out in the cold
having to face all in this life by yourself.
You'll never be alone my sweet darling dear
because I'll always be right here for you
and right by your side hand in hand
giving all of my loving support to my Angel so grand.
You'll never be alone my sweet one
because I love you so much and will always
stand up and fight for you through everything.
You are my Queen, hero, and gorgeous best friend.

Sweet one you're not alone and you'll never be
because I am your Michael who adores thee,
I only want you and to serve you in full
all in the unconditional true love I hold
and from all the unconditional true love I feel from you.
You are a blessing and my sweet Angel dove
and I promise that I'll always stand with you
and you're not alone now nor will you be ever again.

Michael P. McParland

A Beautiful Sunday Afternoon

First as I now rise just before noon here
I want to say thank you and I love you dear.
Thank you for all of your patience,
your love, your understanding,
and your endless strength,
all of these things which help keep me going
knowing that one day again I will see you
and be able to hold you as I look into
your gorgeous face and sparkling eyes as you brightly smile
and say Kira I love you babe and I'll
be with you forever because you are my best friend,
my soul mate, my hero and everything.
I'll forever be you Michael giving you all
of myself to you in full and all that I have
as your King to you my sweet precious Queen.

So as I get up here on this Sunday afternoon
I would first cook us the lunch I'm planning right now,
spaghetti a favorite of mine and something
I hope you'd enjoy very much as well.
I'd just want you to sit while I cooked
so we could just sit and so lovingly talk
and I would step over to give you sweet kisses at points
as well as we could talk about what we'd like
to do together today.
First though this wonderful lunch for you and me,
the perfect start to our beautiful day.

I would get so much pleasure from your enjoyment
and I would feel good doing something
so good for my lady and making you happy
then afterward do all the cleaning while you were relaxing.
Then after to just have you curl up in my arms
and share our loving warmth on this beautiful day,
I'd lean to shower you in tons of kisses
before we did whatever you wanted my sweet darling lady.
Whatever my Queen wants is what I desire
because I want to make your day special my beautiful Kira.

So feel my arms around you my treasured diamond
and know my sweet Angel dove that these days are coming,
I'll always be with you and never give up
on my most beloved shining light who gives me reason and hope,
I'll always stand with you side by side hand in hand
giving every last bit of my endless love and support.
So as this day goes share this dream with me
and feel happy of a beautiful afternoon on this Sunday.
I love you my Kira you are my sweet darling
and I'll always be here if you need me and when you are ready.

Michael P. McParland

Weary Sunday Morning Smiles

Still quite tired sweet one
lying here on this Sunday morning,
but I'm lying here dreaming of you
and wearily smiling sending you sweet loving kisses
with millions upon million of big hugs
and huge warming smiles.
I love you sweet lady and wearily smile
as I lay here dreaming of you
and I just wanted you to know you are my shining star
and a beautiful woman so truly wonderful.

Michael P. McParland

Night Time Snuggles 2

Here in these night time pre dawn hours.
I'm reaching out to you for a warm snuggle.
I love you so much and I feel your spirit
and the only thing that could make it all better
would be you right beside me in person.
Right now in spirit though I'll so tightly hold you
because I want to be with you in any way that I can
and tell you I love you.

I'm reaching out to pull you in tightly
and give you the sweetest kisses while I hold you.
Be wrapped up and filled with all of my warmth
and never forget I'm always with you
because you are my Angel and the very best.

Michael P. McParland

I Truly Love You So

Sweet lady I truly love you so
and want to hold you near.
I want to tell you how I feel
while I look at you,
I want to give you every bit of what I have
and in full of who I am
because I truly love you more than anything.

I want to soothe and heal your aching heart
while I dry the tears from your gorgeous eyes,
I want to be right by your side not just
in spirit but in person to be your rock to turn to
when you need immediate support.
I truly love you more than anything
and I just want to have you here with me.

Kira I truly love you so
and my heart is filled with deep tenderness for you,
I see your golden soul and heart and the
precious Angel that you truly are.
You are a blessing and a gift,
a diamond in the rough I adore and want in my life.
You truly are my soul mate and best friend
whom I'll stick by forever and love more and more
with each and every passing day.

Michael P. McParland

Longing Aching Night

Hello my sweet love my headache
was flaring back up so once again
I had needed to lay down for awhile
and the whole time I dreamed of you
and prayed you would feel all of my warmth and love,
I prayed that you'd know why I was silent
and that I would write you as soon as I could
because I love you deeply and don't want you to be sad,
I could feel all of your love and it helped so very much,
I could feel your tight hugs and your kisses so sweet
as I was soothed by the smell of your soft skin and long hair.
I pray love that you know I'm doing my best
because I strive to make you so happy and proud
in each thing that I do everyday.
I love you sweet Kira so very deeply
and I'm reaching out to so tightly hold you.

I am longing and aching to be holding you
as we spent the night doing whatever it is
that you would like to do,
if you wanted to snuggle while we watch a movie
or I read to you from our book or even my poetry,
or if you just wanted me to lay back in bed
holding you tight as we sweetly kiss
before you rest your head on my chest
while I rub your back and stroke your hair.
I'd just softly talk and reassure you
that I'll always be there right by your side
and right here for you to give my best and all that I have.
Smile for me dear knowing I hold deep tender
loving care because you truly are my everything.

Kira I truly am longing and aching for your very touch
and I want you to understand you mean so much,
you are so special and a diamond in the rough
and it is for you my heart sings and still beats for life,
I miss you sweet Kira and wish that you were here
to spend the night so we could do whatever you want,
I just want to be with you spending time

and my heart is aching through these hard times.
Feeling you in spirit does bring such comfort
but nothing can match looking into your eyes
and saying baby I love you.
You are a gift so amazing and special
and I am more thankful than at this moment than you can fathom.
I'll always stick with you because you are my Angel
and I hope that so soon you'll no longer be angry.
I love you my darling and I know you love me the same
and I can't wait till you have your arms around me.

So tonight as every other just feel me beside you
holding your hand and holding you tightly,
feel all of my kisses as I give them to you all over
and always remember that I am your Michael
and I'll always be yours I'm not for another.
I truly love you so deeply that my heart's overflowing
and I will be right here waiting my Queen
for when you are ready.

Michael P. McParland

Evening Note 93

Good evening my sweet Angel dove
and I would have written sooner
but after lunch my headache returned
and I was forced to lay down,
now it still lingers a bit and I feel
worn out from its pounding all day,
I wanted to write though and say
I love you babe and wish you were here
to lay beside me and I ask so nicely
if you would gently rub my face and head,
then look into your sparkling eyes
and kiss you to see you smile so big.
I miss you sweet lady because you are so rad.

I will try to get up for a bit this evening
and do a little bit of something
and if my head isn't killing me
I promise for sure that I will write you,
I may not write as much as of late
but I like to write for you
because you are my Angel, my Kira,
my best friend and everything,
I wish I could be holding you
right now rather it be here or right there with you,
either place would be fine as long
as I'm with my Queen Angel so divine.
I love you my lady and want forever
to be right by your side holding your hand.

So my sweet love I'm sending you
endless huge hugs and the sweetest of kisses
filled with all of my warmth and love,
remember that I'll never leave you
and am right here if you need me
no matter what and no matter when,
you are my lady and I love and care about you to no end.
You are a diamond I do deeply
treasure and cherish and I can't get enough
of everything that makes you so special,

I'll forever be with you supporting you fully
so feel as I take your sweet hand and pull you in tightly.
I am your Michael and love only you
my most cherished Angel and I want to spend
eternity with you making you so proud and happy,
I want to bask in the glow of your beauty
and smile forever and ever.

Michael P. McParland

A Beautiful Afternoon With Beautiful You

Good afternoon my sweet Angel dove
and what a long morning it's been
with a headache and bad stomach cramps too.
I was able to rest through it all
because I could feel you so near with all of your love.
It helped relax me so I could rest through the worst
and now I can rise and I wish you were here
to look in the eyes and say I love you babe you are the best
and I thank you for giving me all of your strength.
Then I'd get up to cook you a beautiful lunch
as we would spend a beautiful afternoon my beautiful one.

A beautiful afternoon with my beautiful Angel
just talking, laughing, and spending
quality time together holding each other.
I want a beautiful afternoon just being with you
sharing our jokes and all of things we've always wanted,
an afternoon with my beautiful Kira
is the perfect thing that could happen.
To first make you lunch and then read from our book,
talking throughout the day while we sweetly kiss.

How I long for the days to be here when we'll
have those beautiful days together snuggling
through straight into the evening so romantic and good.
To share our lives and true love through
everyday that's before us is the greatest
gift and blessing that I can imagine.
I love you sweet Kira and you are so gorgeous
I will stick by you forever as your man
and want you to be my wife because you are amazing.

Michael P. McParland

Sweet Morning Time Kisses To You

As I lay here on this Saturday morning
I send you sweet kisses of deep caring
true love my darling Angel,
I send you sweet kisses and big hugs
to fill you with warmth and tell you I love you
my only one.
I'm reaching out to take your sweet and soft
loving hands to pull you in and let you know
how much you're loved and I care.

As I just continue to lay here
on this Saturday morn I'll be dreaming of you
and looking at your picture too.
I'll be sending sweet kisses filled with comforting care
so please listen for my voice as I
tell you I love you more than the whole world.
You truly are special and so very beautiful
and I would give anything to be snuggling with you.
I'm sending you all of these sweet morning kisses
because you are my diamond I so truly treasure.

So my sweet lady I wish you a very good morning
and know as I lay here I'm dreaming of you.
Feel me beside you holding you tightly
as I am with you step by step hand in hand
always always my sweet precious lady,
Feel all of these sweet tender kisses I send you.
So as I now close my eyes and resume
listening to my audio book feel all of
my loving warmth as I dream of you
and send every last bit to you dear.
You are my everything and I'll always be with you
because my heart is yours just how I want it to be.

Michael P. McParland

Come Snuggle Up With Me Sweet One

Come snuggle up with me my sweet eternal love,
curl up as close to me as you can within my arms.
Please just lay with me as I still rest
and try to get some sleep.
Please come snuggle up with me so we can talk
and sweetly kiss enjoying quality time
with the best friend we've so deeply missed.
Come now my only precious love and snuggle up
with me so I can give you all my love and warmth
to help soothe your heart and help you feel so safe,
come be with me my only one because I need
to feel your tight and loving embrace.

Dear I am so very tired but can't relax completely,
I just want you here beside me to caress your cheek
while I look in your eyes and sweetly kiss you,
on your forehead, then your cheeks
to sweet light pecks around your neck,
then I'll kiss your soft hands before
I kiss you on your lips,
I'll be looking in your eyes the entire time
so you can see how my heart melts for you,
I'll keep them open so you can see what my soul
holds just for you.
Please come snuggle up my precious one
and let's just be at peace,
you truly are my only love and the only one I want
and I'll forever be your man.
So my dear come snuggle up
and rest your head upon my chest as I
wrap you up within my arms stroking your hair
and rub your back while I say I love you Kira
you are so truly dear,
I want to be with you forevermore
because you are my sweet Angel dove.

Michael P. McParland

Missing You So Very Much

Right now my dear I'm aching so deep
as I am missing you so very much,
I'm tired and yearning for your tender touch
and to just hold you hearing your Angelic voice.
I love you so deeply and miss you so much
I'm now going to lay down to dream of you
in all of your beautiful grace.
Feel me beside you as I wrap up in my warmth
and feel all of my love as in spirit I hold you so close.

Michael P. McParland

Dreams Of You

As I now rise from another stretch
of restless sleep I still feel so very tired
but I am still wearing a smile
because of you my sweet precious darling.
As I lay here through these last hours
mostly half awake to fairly deep drifting
I dreamed of you in all of your beauty.
Do you have any idea how my heart melts
for you my sweet treasured Angel?
I hope that I am doing a good job of letting you know
and I want to be with you to show it in full.

My heart though is still aching in its
longing and yearning to hold you tightly
as I gaze into your eyes so bright and sparkling
as well as be filled with warmth
by the most beautiful smile God ever created.
I miss you badly and just want to kiss you
as I dry your tears and reassure you
that I'll always stand by you and hold your
soft loving hand fully supporting you.
Dreams of you fill my heart head and soul
because you're all I want through all of time.

I love you sweet lady and am longing for your company
to share all of our loves and hobbies
as well as our lives and love for each other,
my heart is your because you're amazing
and it overflows with true caring love and tenderness.
I love you, I love you, I love you, I love you,
I am dreaming and yearning to be holding you.
You are my soul mate, my hero, my best friend so adorable
and my heart sings to you all of my favorite love songs.
Please come so soon so you can feel it
as it continues to beat for you my sweet Angel.
Please return soon so I can give you
all my love as we both so desire.

So as I now rise from my restless bout of sleeping

I still feel so warm because I feel you darling,
I dreamed of you and all of your beauty
and I can attest and swear in full truth
that I know completely that I'll always love you,
and I promise in full that I'll never leave you.
To me you truly are a dream in real life
sent straight from heaven,
a blessing and gift I thank both you and God for.
I truly cherish and adore you my sweet Queen so amazing
and you are my shining star whom I love more than anything.

Michael P. McParland

Morning Time Snuggles With Kisses

Good morning to you my sweet Angel dove
how I wish you were here to kiss and hold,
I didn't sleep well I was very restless
and I wish you were with me to rest and snuggle,
to just lay back with me here in
what would be our bed talking and drifting
in and out of good sleep.
Morning time snuggles with my lady so sweet
would be the greatest thing ever to me.

First though I'd get up and make you your coffee
so you could sip on it while we just sat back for awhile.
You curled up in my arms while we were talking
and sharing our time which would be so very special,
I would just gaze into your eyes and say Kira I love you.
You are so darling and truly amazing
and I would give anything to be holding and kissing
my sweet divine Angel.
Oh my dear lady you are my everything,
my best friend, my Queen, my hero and soul mate,
I treasure our bond for it is so very sacred.

So feel my arms around you as I reach out in spirit
to take your hand and tightly hold you,
remember I'm with you and will never leave you
because you are my lady and I so adore you.
As I close my eyes to continue resting
I'll be dreaming of you and your beautiful smile,
you are so gorgeous and a truly magical woman
and without a doubt I know that
I will love you forever and ever.

Michael P. McParland

Goodnight My Sweet Angel Dove 4

Goodnight my sweet Angel dove
I am so tired and quickly fading off.
Please come lay beside me and curl up in my arms
as I give you sweet kisses before
you rest your sweet head upon my chest.
I just want to hold you as we fall asleep
making you feel comfortable, loved,
and so very safe,
I just want to share every night with you dear.

I'll hold you so tight while stroking your hair
and rubbing your aching back to help
you feel better and lessen your pain.
I want to be with you hearing you breathe
and feel your heartbeat
because you are so special and a treasure
I want to be with me forever and ever.
You are the Angel I give my whole life
and myself to through eternity as your loving Michael.

Goodnight my sweet lady please come and join me
and after sleep we'll meet in dream land,
where I'll just hold you and kiss you
while we talk the whole time through
feeling so happy and whole like we
have always done for each other.
Come curl up in my arms so you can
feel all my love as you're right beside me
and I'll wrap you up in all my warmth,
love, and endless deep caring.

Goodnight my sweet Angel dove
I love you immensely and hear as
my heart calls saying I love you.
As I close my eyes I will see you
smiling as I pull you in closely
so feel my arms around you as I reach out in spirit.
God bless you my darling and know
that I'm always with you

so now let's go to bed snuggling and kissing
before we fall asleep holding each other.

Michael P. McParland

Snuggle Before Bed 2

Will you please come my sweet one
and snuggle with me before bed time?
Please let me hold you and kiss you
while I tell you I love you
and want to be with you forever and ever.
Will you come join me and just share
some wonderful time together
snuggling before bed as the best friends
that we are who will love each other forever?

Please come join me my Angel I so truly love
as I know you love me in the same way.
I can feel you so near in spirit and it's
helping to keep me warm and give me comfort,
please snuggle with me my blessed Queen Angel.
Oh my dear Kira I just want to hold you
and soothe both of our hearts making us smile.
I love you so deeply and desire your touching,
divine, unconditionally loving comfort
because you are a beautiful amazing woman.
So please my dear darling will you come and join me?
Please honor your Michael who so deeply needs you
and wants you right by me forever and ever
with your divine and appreciated company.

Michael P. McParland

You're So Beautiful 12

You truly are so very beautiful my love
that even as I sit here thinking of you
I'm filled with desire, tenderness,
and millions of butterflies,
you're so beautiful in every way there is
that I ache in true desire love and need
to be with my Angel who is everything.
I just want to give you all of who I am
and give you the very best of everything I have.

You truly are so beautiful
and I want you to know it's true,
you are so beautiful and gorgeous
in every way and I want you to know
just how much you mean to me.
I've loved you since the very start
because of your golden soul and heart,
to me your beauty always shined through
because you reached out right away
and touched my soul and heart.
You truly are so beautiful and my Angel true,
I will give you myself in free will and full
through the rest of time.

You are so very beautiful I desire you
to my very core,
I desire you with loving tenderness
and crave your company.
Never have I wanted or needed a persons touch
just like I desire yours,
it's because you are so divine
and the Queen I so adore.
Kira you are beautiful I truly hope you know
and when we reunite I'll kiss you so deeply dear
to show you I'm sincere,
I'll just hold you close and let you know
just how much you've touched my soul.

Kira you're so beautiful and I want

your return so soon,
to show and give you all that you deserve
most especially the love that is all yours.
You are so very beautiful and I will
stand by you through time,
I will always be your Michael and your faithful man
because you are my everything.
You truly are so beautiful and I love you to my core,
I just want to be with you because you are
so truly loving kind and divine.
I love you for you and just want your company,
you truly are so beautiful and I want to marry you
there will never be another for me because you are
so truly wonderful and a diamond I treasure, cherish, and adore.
You are all I'll ever need because you're beautiful.

Michael P. McParland

My Most Beloved One

Sweet darling you are my most beloved
and special one,
while I was out on a few errands
I thought of you and wished you were there
to hold hands and spend time with my
Angel best friend.
You truly are my most beloved one.

Now as I am about to cook dinner
I dream of you and wear a smile,
I still as ever feel deep longing within me
to be able to share a good meal with my lady.
Then later spending the evening
having a fun time together.
You are my sweet one and all I desire,
Kira I love you with eternal passion and caring.

You are my most beloved everything
so feel all my warmth as I hold you tightly,
I'll never leave you because you are amazing
and the only person I've ever wanted.
I love you sweet Kira so please return soon
because life without you is truly empty and lonesome,
you are the Angel I truly keep going for and living.

Michael P. McParland

Love Note 439

A very good afternoon
to you my sweet one
and I send you sweet kisses
so big with the tightest of hugs,
God bless you my darling
you're my only one
and I would do anything to make you happy
and smile so big.
I miss your sweet smile
and sparkling eyes.
I miss you my beautiful woman
because you are the Angel I so desire.
You have everything
I could ever want in a woman.

I've been up for a little while
just getting myself moving
and thinking of the beautiful dream
I had with the two of us,
I don't really remember specifics
but just that we were together
and it was so very wonderful.
You are an Angel from heaven
and the Queen I adore,
in the rough a true diamond.
I love you sweet lady
and dream of you always
just awaiting the day
I can hold you forever,
Kira sweet darling you are adorable.

I love you sweet Kira
and I will be holding you
in spirit as this day goes by us,
I'll be holding your hand
as I send you kisses
so please remember that
forever I will be with you
as your Angel and hero.

I love you, I love you
because you are so wonderful
and I could never ever
be with anyone other
than my gorgeous Kira.

Michael P. McParland

Goodnight My Sweet Darling Everything

Goodnight my sweet darling everything
and as I lay down with an aching heart
please come join me now.
To snuggle and give each other warmth
as we smile and sweetly kiss,
please come curl up in my arms to talk
for a short bit before we go to sleep.
You are my sweet one and everything,
please my sweet Angel come be with me.

Please come my sweet Kira and curl up with me
so I can deeply kiss you before I
wrap you up so tight and loving within my arms,
then just rest your head on my chest
so I can tell you how much I love you
while gently rubbing your back and stroking your hair,
then I'll read to you darling
just reassuring you I'm with you as forever
I promise will always be,
you truly are my beautiful lady and everything.
So my sweet one come curl up with me
giving your best friend and man the greatest gift
that I could want which is you with me here.

I'll see you tonight my sweet love
in the land of precious dream
and being with you is what is precious my dear.
Tonight a walk through many landscapes
as each moment we go where our hearts want.
The moon and stars, the rolling green fields,
to our tree by the river to snuggle underneath.
I will hold you so tightly and tell you I love you,
that I so miss my most beloved and treasured
diamond Angel from heaven.
I'll see you tonight my sweet Queen so amazing.

Goodnight my sweet darling everything
please come curl up beside me
and snuggle so tightly to soothingly heal

our hearts which are aching so badly.
I love you my darling and yearn for you deeply
because I truly adore you sweet lady,
God bless you my beauty I pray you will come soon
so you can see as I show you
how deeply you're loved as I give myself
wholly to my most beloved Kira.
Goodnight my sweet darling and now curl up
in my arms ever so tightly because you
truly are my everything and I love you more
than the entire universe.

Michael P. McParland

A Sweet Evening With My Sweet

After a long day of sleeping
and just sadly dragging
I want nothing more than with you
the sweetest, funnest, and softest of evenings,
To be with you only spending time
snuggling, kissing, talking, reading,
and watching movies as we spent time together.
A sweet evening with my only sweet lady
is what I am longing for and so deeply yearning.

A sweet beautiful evening where I could just hold you
after we've both enjoyed a dinner I cook you,
a savory treat for my favorite girl,
an Angel from heaven I'm so blessed to know,
having her love is the greatest there is.
Just holding you tightly as you hold me back dear
is everything that this man is wanting and needing.
A beautiful evening with my beautiful lady
whom I'll never leave or abandon.

A sweet evening my sweet one to just be with each other
cherishing the love that we so deeply feel and give to another.
I love you my dear one and ache for your presence
to share so many beautiful hours together.
I dream of this sweet evening because I feel you so near me
and it helps get me through till our dream has come true.
I send you sweet kisses to tell you I love you
and so you can share this sweet dream too.
Feel me beside you as I pull you in dear
and close your sweet eyes to see my big smile.

I love you my sweet one and can't wait
for our evenings so filled with love
as we spend time holding and kissing each other.
I can't wait to be with you as look
into your eyes and say Kira I love you.
So I dream of a sweet evening with you my sweet Angel
because you help lift me up and get through it all.

Michael P. McParland

Late Night Longings

Lying here darling filled with such
deep and desiring longing,
the same as the longing in days
where I just want you so near to me.
To just hold you so close while I let you know
that you are the best and all I want,
to have you so near and say I love you dear
as I look at you and kiss you deeply from
heart and spirit in full.
I lay here my dear and am truly filled
with deep late night longings and want
to have you here wrapped up with me.

So feel me so near as I reach out to you
to hold you so close and snuggle so dear.
Just rest your head on my chest
and please rub my aching tummy as I
rub your back and stroke your hair.
I love you so much and want only you
for the beautiful diamond you are
for your heart soul and love are so very pure,
I just want to give you all that I am.
I feel such late night longings for you love
because you are my one,
my Angel, my light, my Queen, my best friend
and all that I'll ever want in my life for all time.

Michael P. McParland

You Are Everything 2

Sweet one you truly are my everything
and as I sit here into the late hours
of this night listening to music I love
I dream of you my sweet Kira whom I love
more than anything and would give it all
to have you here right by my side spending time.
You are my only one and everything,
you're all I need and all I want
as I fight through each day praying for you in every way.

Sweet one you are my everything because
your spirit speaks and sings to me.
I can feel you near and back when I could
feel your heavenly glow as you were next to me.
I knew as I looked at you I was gazing upon
the most beautiful and sexy girl
that I would ever see so I had to stare,
my heart ached so bad to take you in my arms
as I saw the love you craved and how I craved
to just feel you next to me.
You have always been my everything
and I just want to be with you holding you so very near
letting you know your Michael's there and that I care.

You are my everything and you mean so much to me,
I love you more and more with all the time
that has come and has gone and I will
continue you to love you through the all of time.
You are my one and an Angel who I've been blessed
to have known and received your love.
You are my shining star whom I'm in awe
and I love you so much I want to be with you
through every place and all time as your only one my love.

Michael P. McParland

More Than You Can Know 3

Oh my sweet one how I truly love you so,
and even if you may not believe It
I am worried about you and all you're going through.
I truly love you more than anything
and that's a large part of why in many ways
I have come so apart and feel sad so very much.
You are my Angel and my one,
you're the only one I want by my side forevermore.

I love you more than now through this way
you can possibly know my sweet Angel dove.
I'm done and tired of sharing all in my heart
with this site and the world to know.
These words of heart and soul felt love
are meant for you and I want the world to know
that you're my love but so much is only yours.
I love you dear you are my one
and my heart aches so bad without Kira my best friend.

Kira I love you more than right now you can know
just as you love me more than we can see
through the Internets many confusing things.
I love you so much that I would give my life
for just one special night of holding you and spending time.
I don't say romantic things just to be a fool
or be sweet like some harlequin book,
what I say to you I mean in true and feel it
through my being in every way
and I know you feel and know everything I say is true.
I love you babe you're all I need
and I just want to share with you everything I have and hold.

Michael P. McParland

Spend The Evening And Night

Please my sweet one come and spend
this evening and night with me
the man who adores and loves you so much
I'd give my whole life just for one night,
to snuggle so tight and sweetly kiss,
to make love to the woman I give myself
and my soul to in full freely with no question dear.
Please come spend the evening and night with me
to just spend time feeling whole and complete
with our soul mates and true loves to whom we best
feel comfortable with and relate.
Please my sweet Kira come and be with me.

Please come be with me and curl up in my arms
while we watch one of the films Clue
or an old Tom Hanks one The Money Pit,
both so funny and Tom Hanks one heart warming in the end.
Come spend the evening with me and later we'll read
from my detective book which is getting very exciting,
please come spend the evening with the one
who adores you more than anything
and feels of the endless love you hold as well.
Please know you are my Angel sent from God above
and I'll never leave you as long as I exist
through all of time.

Please my sweet one come and be with me
so I can hold and kiss you to no end for you're
all I want and need through all time,
you're a diamond in the rough don't you see
and my heart calls to you in aching want and need
in all its love for a precious Queen.
Please sweet Kira come be with me to spend the night
and evening in each others arms feeling content at last.
You are my Angel, you are my Queen, my best friend,
my only one and I will love you through all time.
Kira please come be with me and let me show you the love
you've always deserved and need.

Michael P. McParland

Love Note 438

A very good late afternoon
to you my sweet Angel dove
and most divinely beautiful girl,
I send you these sweet kisses
and big hugs to let you know
I love you so much and I have
dreamed of you as I felt you so near.
I would give anything to have you here
snuggling, kissing, and spending time
as the two best friends so in love
that we are,
you are amazing and my Angel
of hopeful light,
I just want you right here by my side.

Oh my sweet dear I am so very stressed out
and I wish you were here to talk to
and be with to enjoy our sweet time,
I miss you so much and my mind feels
so jammed up with life I just want
you to hold me telling me it all is alright.
You are my true love and all I am wanting
as my heart and soul ache to be
with my gorgeous Kira.
You are my diamond so very rare and truly precious
and I would give everything to right now
be beside you.
you are my everything my best friend and hero
and I'll always stick with you
my sweet Queen so adorable.

Michael P. McParland

Curl Up In My Arms 4

Come my sweet one and curl up in my arms,
come spend time with me before bed.
To have a snack while we watch some TV
and perhaps read from our book,
I ask if you would read it out loud to me.
I'm on a new medication, I'm am quite sad,
and feeling some stress other things around me
which all together make me feel so very tired.
Please come my sweet one and curl up beside me
so we can spend time and I can see you smile.

I send you sweet kisses to tell you I love you
and that I so deeply miss you,
I'll never leave you and wish you were here
to just snuggle up with me,
you are my Angel and I so adore you.
God bless you sweet lady for you truly are
a divine gift and blessing,
you truly are so very amazing.
So please come my dear sweet one
and curl up in my arms so very tightly
so I can look upon you showing my everything
while I say Kira I love you
and want to be with you as your hero forever and ever.

Michael P. McParland

My Love My Love

My love my love you truly are my only one
and how I just lay here in bed crying out for you.
In spirit I can feel you so very very near,
I smell your hair and skin as I feel you hold me dear,
but I just want you here to hold to me
and give you all I have.
Oh my love my love I send all my self to you,
so feel me near with my arms around as I sweetly kiss you soft.
I love you babe you are my Angel and one
and I'd give it all to be with you.

Michael P. McParland

Wanting You Here

I'm just wanting you here to be with me
so I can hold you as we spend time having fun.
Ohio State has their spring game in just
less than an hour and though it's nothing more
than a glorified scrimmage I'd love to be with you
as we watched it together.
I miss you my darling and long for your snuggles
as I enjoy your company and always work hard
to give you the very best of me
even when I'm feeling sad and just need your caring.
I'm just wanting you here to spend a beautiful Saturday.

I'm just sitting here silent after a calm
refreshing shower and I just want you here
to drift off with as you sit beside me.
I'm tired and lonely and just want to see you
being with you and smiling as we do what we do.
To read and watch movies and just get some good rest in
and then later share some of your hobbies
because I so long and need to share them with you.
I'm just wanting my lady who I love so deeply
because you are my everything and it is so sad without you.

Michael P. McParland

Good Morning My Sweet Beautiful Love

Good morning my sweet beautiful love
I hope you slept well surrounded
and wrapped in all of my warmth and love
having the sweetest dreams of us
spending time and feeling so good.
I send you these sweet kisses my one
with the biggest of hugs to fill you with all
of my loving care on the day before us my dear.
I love you sweet one and long
to be in your arms hearing your Angelic voice.
God bless you my love for you have
the most precious heart and soul that there is.

Good morning sweet love and how I wish
so very much that I were wrapped up with you
snuggling and nuzzling while we sweetly kiss,
you are my everything and so deeply missed
I would give anything to be with you
gazing into your eyes seeing your gorgeous soul.
I love you so very much my beautiful one
and will always adore you and stand by your side,
please return to me soon so I can give all my love
and so we can share all our lives just like we want.

So my sweet love I wish a beautiful good morning
to you and know I'm right by your side
every step of the way holding your hand
giving support and love with all that I am.
I love you so much and wish I could be holding you now
and that's what I'll be dreaming of as I go through my day.

Michael P. McParland

My Most Beloved Best Friend

You are my most beloved and treasured best friend
whom I do anything for of which I can
and will give my whole life and everything for
forevermore the best I can because I adore
and love you for the treasure that you are.
God bless you my sweet girl as well as your
golden heart and soul which are beyond
all conceivable worth.
I love you and all that you are
and would give anything to be with you now.

You truly are my most beloved best friend
and only true love I want here by my side more than anything.
You are my Angel and northern star whom
I yearn and long for more than anything,
I ask you sweet one to return to me so very soon.
I truly love you my best friend and just want
to hold you so close to me,
I know you love me as I do you and want to help
heal your heart and help you see so much
of what you don't know or understand so you won't
be angry with me.
I know you won't when you see what I've worked on
and what it is that has so much troubled me.
I love you and know the Angelic heart and soul you have
and want to share all of our lives together for all time.
You are my one and I know what a gift you are my
most beautiful precious love and best friend.

Oh my dear and most beloved Kira you are my best friend
and you know that is no term I throw around.
I may call many the name friend but feel close to so few
and I feel closest to you my most faithful friend
and beautiful love I adore.
I must ask do you know how painful it is to be away
from you the only woman who I have let fully in
because I trust you and know your love to no end?
Do you know just how much you mean?
You are my Angel and my one,

my Queen and most beloved best friend.
Kira you are my everything and I will stand by you through all time
because you're all I want and all I need as one of
Gods most special Angels who loves me just as much
and cares for me just as I am.
You truly are a gem and I hope to help you
understand just what you mean to me your faithful man.

Michael P. McParland

My Dear Best Friend

Oh my most beloved and dear best friend
may God bless you to feel me there
by your side as in spirit I hold you close
giving the sweetest kisses with all my love and warmth.
You are my only one and everything,
you are my dear best friend who I want
here with my side by side and hand in hand
through all eternities time as two people
deeply and unconditionally in love like we are.
I love you my dear best friend and always will
because you're the only Angel I'll ever want and need.

Oh my dear best friend do you remember
like I 17 years ago tonight as kids
that fun and wonderful night we spent together?
We never declared it a date because we
were to shy and it was just a school thing,
but a date I guess it was,
and on that night I knew with no doubt
what I had already suspected,
that you were cemented in steel in my heart
and that I'd love you forever no matter what.
I knew at 15 for sure you were the one for me
and I've been yours since that date.
God bless you my best friend because you're
the greatest Angel Queen any man could ever
pray to know and have.

So my dear and most beloved best friend
you will always be treasured, adored,
cherished, and my gorgeous hero to no end,
you truly are my everything whom I'll never leave
because I just want to hold and kiss you
through all time to no end forever being
your Angel, King, and hero as well.
We're two best friends so in love
and it hurts like hell to be away from you.
I love you babe you're my best friend
and in my eyes the most perfectly beautiful woman

that there is anywhere.
I just want to give you all I have
and forever be your perfect man.

My sweet dear and best friend I so adore
I do have my flaws just like all
but you know I'll always give my best to those I love,
and I love you more than anyone in this world can know,
you are the most precious jewel that
I have ever seen or felt inside and you know
the sense of feel I hold in me.
You're all I want and all I want to forever hold
within my arms to sweetly kiss and give my love.
You're my best friend and only love
and I pray and ask that you'll return oh so soon
so we can dry each others tears and heal our hearts
which are so filled with care for the one we
both consider our best friend and true love
through a bond so blessed and strong that
it can't be broken but by us two
and I know we both feel so strong we deep down
don't ever want to see it go.

Michael P. McParland

Come Snuggle 10

Please come snuggle my sweet one
as I am so very tired and won't be up
much longer dear.
Please come snuggle with me my one
and let's feel so very warm in each others
calming love.

I'm so very tired dear and quickly fading here
I just want you so very near to me.
To kiss and hold while I feel your love,
please just come and snuggle with your Michael
that loves you dear.
You are my one and all I want
so please come be so near.
I love you babe and ask you please to be with me
as we relax and snuggle so lovingly and peacefully.

Michael P. McParland

Hurting Bad For You

Sitting here dreaming of you my sweet girl
and hurting so bad to hold you near.
I know you love me just as I so love you
and that's why I want all to be perfect
for best friends like me and you.
I love you so much with all of my heart and soul,
I just want to be perfect for you my only one.
I so adore you and you're so beautiful
I'm just hurting so bad for you my sweet one
to be here in my arms and giving you my best and all.

I'm hurting for you my sweet Kira
because I know you are hurting and lonely,
I would give anything to help stop your heart from aching
while I held you so close saying I love you baby.
I hope you know why I hurt for you darling,
it is because I'm so filled with tenderness,
caring, and true love for my Angel,
I just want to be with you giving caresses
and sweet kisses while we tightly snuggle.
Kira you are my Queen and only desired lady.
I love you sweet woman and hurt for you badly,
in so many ways that right here I can't even describe them.
Just know in your heart that I love you
unconditionally and madly.

So my Kira know that I'm with you
and always remember that I'll never leave you.
Hear my hearts call as it sings out to you
all of my favorite love songs in joy and sweet beauty.
Kira I hurt for you because you are my lady,
and I treasure you as a rare precious diamond
whose beauty is great and fine and makes my
heart ache with great admiration and loving.
Kira you are the greatest and I want
to be holding you tighter than anything.
I love you sweet lady and don't ever forget that
because I want to marry you to give you
the greatest love and attention that you

have always been so deserving.

Michael P. McParland

To Have And To Hold 3

Good afternoon to you my sweet love
and I wish so bed that I could be with you
holding you near to help you stop being mad
and to prove to you as I'm always trying
to show you just how much I love you
and how much I care.
To have and to hold you so near to me
is what my heart longs for and I so badly need.
Kira my darling why won't you stop being angry at me
when I give everything that I have within me?
I love you so deeply and love you like mad.
You're all that I want in heaven or on earth.

You're the one that I dream of and want by my side
and I just want you in my life each day through all time,
to hold and to kiss as I gaze upon you while I say
Kira I love you and adore you in full.
You are my everything and my precious girl
and I just want you to have and to hold
to show you how great that you are and your worth in full,
I just want to share all my love completely and in full.
God bless you my girl and know that I'm so in love,
now feel all of my warmth as I reach out to you.
I'm forever by your side and holding your hand
so please don't ever forget that I'm here for you
and only your man.

Michael P. McParland

Love Note 437

Good afternoon my sweet Angel dove
and I've been dreaming of you
as I've gone about doing things
for my moms birthday this this day
wishing you and your kids were right here
to enjoy and celebrate,
to enjoy the meal that I make
and perhaps later snuggle
as we watched one of the movies
that my mom will be getting on her special day.
How I wish you were here my special girl
to be with as I kiss and hold
just spending time feeling so good.

I'm sorry sweet one as I still
have much to do so cannot write long,
I wanted to stop in though and say
babe I so deeply love you
and would give anything to right now be with you.
God bless your heart and sweet precious soul
so you'll feel me there right beside you.
I love you so much and will always be yours,
Kira my love you are so perfect
and gorgeously good.

Michael P. McParland

Sitting Here Wishing For You

Sitting here darling eating a sandwich
while I drink my beer but you know
it comes from a sober heart and soul
when I say I love you so much
and miss you so bad,
I would give anything to be with you now.
To hug and to kiss while we spent such beautiful time,
Kira I'm sitting here sending you kisses
and wishing you were here right by my side
to see smile while I held you and cuddles so hard.

Today is so special in that it is my mothers birthday
and to have you here so I could be with my two
favorite and important women would be so very special.
Kira you are so loved and so very welcome
I so wish you were here with your kids to make this day
as all others so super special.
I love you sweet lady and long to be with you,
I crave your touch and sweet looks my gorgeous Angel.
So I sit here just dreaming of my Kira
so truly beautiful and Amazing wishing I could
be holding you ever so tightly while we talk
and I so sweetly kiss you on your lips looking into your eyes.

So my sweet Kira please don't feel hurt, worried,
angry or for any reason abandoned because
I dream of you always and will never leave you,
I sit here now with my beer and my sandwich
and wish that we could be sharing all of
this time together,
you know it is a sober heart and soul
that say you are my diamond and I love you Queen Angel,
I long for you deeply and I miss you so badly.
Feel my arms around you as I reach out to hold you
and never forget your Michael is right there beside you
more in love with you than ever my sweet precious Kira.

Michael P. McParland

Hard Days Without You

These are such hard days without my sweet love.
The hardest ever oh my one as I spend now
endless time in bed missing you so bad
and wish you were here within my arms,
longing to snuggle and so tightly cuddle
as I say sweet sweet Kira I so deeply love you
and want to be with you forever and ever.
I miss you babe and lay here somber
just trying not to go mad from sadness
in the hardest days without my Angel.

I know our day will come but this time alone
is so very painful and very hard when all I want
is to be with you and talk along,
it is so hard when all I want is my only one
to hold so close and kiss so sweet.
I miss you babe and love you deep
and want you to know you truly are my everything.
I love you dear and always will,
I'm struggling so very hard without you here
to give my smile and all my time as we share
everything we love and need within this world.

Kira these truly are the hardest days
without you here to hold right next to me.
Yes I feel you in spirit babe but I want you
here in person to look at me as we touch
and both say I truly love you more than anything,
these are such hard days being without you babe.
So as I just lay down again remember that
I'm never leaving you and will forever
be right here for you no matter what no matter when.
I love you so very much and eagerly wait your return.
I know you love me just as much and I know
you are hurting on the same scale.
Never forget that I'm yours alone and my arms
are around you wherever you may go.

Michael P. McParland

Please Come Snuggle My Sweet One

Please my sweet one will come snuggle?
Come snuggle with your adoring and loving Michael.
I love you so much and just want to have you
beside me here in my bed snuggling away
the last number of hours through the day.
To snuggle away life with you my Kira
so very beautiful and good.
Oh my sweet one please come join me
and snuggle so warm forgetting the rest
of the world and all of its pain.
Please my sweet Kira come snuggle with me
and let's spend some god time resting
and enjoying such fun things that we love.
Please come Kira my sweet one and snuggle
with your proudly loving Michael.

Please my sweet one come and snuggle up
as I want to just hold you so tight
and share my audio books while we rest,
I can't really talk because the sores are so bad
but I'd love to just sit and hear you my dear
because you are my most beautiful Queen.
Please come and snuggle because you are a treasure
and I adore you my hero you're so truly wonderful.

So my sweet Kira please come and snuggle
and show your Michael that shining smile,
just lay with me darling and I will hold you so tightly
and show you my truths while I gaze at you deeply,
we won't need words to say I love you baby
because we never did as we said it with looks only.
Please come and snuggle my Angel so wonderful
because I love you and miss you and I just want
to lay here kissing you sweetly while I tightly hold you.

ILYF and ever KP

Michael P. McParland

Love Note 436

A very good late morning to you
my sweet Angel so very beautiful
and truly good I love you so much
and miss you so bad and I wish you
were here with me to snuggle this day away.
I wish you were here to sweetly kiss
while I held you so close the entire day.

Right now my sweet love I still plan
to just lay here still resting from being weary
and dreaming of you my sweet Kira.
I'm still exhausted and my head is feeling
quite fuzzy from being so tired.
I wrote though because I wanted
to tell you I love you and wish I could hold you,
I want to be with just feeling your soft touch
and kisses so tender and caring.
I can feel you in spirit though dear
and I thank you for that is helping.

So as I'm sure you can see
my thoughts are not the clearest my dear
and I just need to continue to sleep.
remember though my sweet lady that
I so deeply love you and want you
to be here in my arms snuggling tightly,
feel me beside you holding you
and kissing sweetly.
Have a great day my dear darling
and I will try hard to write later my lady.
I just hope that you know how truly deeply
I love you and want you to be here with me
snuggling and spending each day
side by side hand in hand.
I am serious sweet Kira
you are my everything and I am so
completely in love with you my sweet lady.

Michael P. McParland

Oh My Most Beloved Kira

A very beautiful and warm loving
good Sunday morning to you sweet Kira
my most treasured and beloved sweet Angel dove.
I apologize my sweet one for this
will be a shorter message but I truly am
so weary and exhausted as I truly have slept
only a few hours in many days now
and did spend many hours this morning crying.
I miss you so much and I'm here to tell you
I love you and want you here to snuggle with me
as I close my eyes and listen to a very special
audio book to help receive peace from another source
to help me relax and be at peace and I hope
you wouldn't mind listening to it with me.
The Book of Mormon on tape as you know that's what I am
and I need the peace of Gods word
with my lady held tight in my arms as we sweetly kiss
and smile at each other and say I love you babe
I always will, Kira you are my Angel please
snuggle up with me and feel the joy that we both
give to each other in every way.

I love you sweet Kira and want you to come
snuggle with me because you are the greatest
and my most beloved and I just want to be with you
giving all of my love to you my sweet Queen
and receiving yours.
I love you my sweet one and as I am
quickly fading I want you to know you are amazing.

Michael P. McParland

Please Just Love And Hold Me (I Try My Best)

Please just love me purely and sweetly
just like I know that you do true
and unconditionally just as I do you,
you are such a true gift and your love
is what is still giving me hope and keeping me going.
We are true loves and best friends
and for you I truly always try my best
because you are my only one and all that I want.
Please just hold me so close as I hold you back
because we need each other in countless ways.
How can one ever truly feel complete without
their Angel that gives light and makes everything beautiful.
I just want to spend eternity with you
my sweet Queen giving you all of my love
with everything that you want and need.
Kira without you there is so little color, hope,
true happiness, or reason at all.
Please just love me like I know you do
and come hold me close.

Please just love me and tell me everything
within you as you hold me close and I plan to do the same.
Please stop being angry over things
you know I'm so sorry and devastated for,
it's hurting both of us babe and when we finally talk
I know we will work it through because
we so love each other and do have understanding,
please just love me with that golden heart of yours
like I know you do and just hold me so close,
I promise I am trying my best for my sweet girl,
I would give anything to be with you
snuggling so tight on what's been a difficult night
having a hard time fighting back tears of stress
and deep loneliness missing my Kira so bad
I just want us side by side hand in hand everyday
fighting along knowing we need not have fear
because we're right there for each other at hand.
I just want to be holding you as I tell you
how wonderful you are and how much you mean to me.

You've always been my beautiful sweet Angel dove
and you will be forever my treasured dear.

So my sweet love just remember how much I care for
and love you and that I'll always be yours
truly giving my everything and all because
you are my Queen and I just want to serve you in true love,
you're all that I need and want.
So please my sweet one just love me so
deeply and true as I know that you do
and I'll always be holding you with endless
and undying love giving my best and everything
to always make you so very happy and proud.

Michael P. McParland

Needing Your Arms Around Me

It's a hard one tonight my sweet love
and I just wish you were here to be with
holding me tight within your loving arms,
so I could feel your warmth and your
loving strength right beside me.
It's a tough one sweet love and I'm
needing your sweet loving arms around me
because you are just what I need
and even more so want right here and now.
I need you my dear because I love you so much
and you are my rock in countless ways,
you are my diamond in the rough and sweet Angel,
I adore and treasure you because there truly is
no other I crave for to have at my side
and be with forever and ever.
I so wish you were here to curl up beside me
as we snuggled and shared sweet and warm
reassuring kisses and conversation.
It is you and your arms around me
I am in need of because you are true peace to me
and so very beautiful in every way.
You are my Kira and everything
so truly know and feel through all of your heart and soul
all of the true tender love I hold for you
as my heart calls to you telling you
as ever that I am your Michael and yours alone
forevermore and I can't wait to be holding you closely
and kissing you so sweetly as our eyes
and smiles say everything of our love
without one word needed be spoken.

Michael P. McParland

A Comforting Saturday In Bed With You

I love you sweet one and how I miss you
so very much as I long to see you,
hold you, and hear you sweet Angelic voice
and as I sit here feeling so worn out
I couldn't help but think with a smile
how perfect this Saturday would be
spent with you and just you as we stayed in bed
just relaxing and resting while spending time,
not all sleeping by any means but enjoying
sweet time together while being able to forget
the worlds troubles for a short while.
I'm so very weary and would love to spend
a beautiful Saturday in bed with you while
we so sweetly kiss and tightly snuggle.

I just dream of wonderful comforting hours
of being with you while talking, reading,
quietly resting while smiling
and watching some good movies while
I give you sweet kisses and warm snuggles
with a massage to help ease the pain in your body.
A beautiful comforting Saturday in bed with you
for me would truly be heaven.
I love you my sweet precious Angel
and send you sweet kisses to give you sweet comfort
and to share this dream as well to cheer you up.
Please dream and smile of this with me my sweet love
for one day so soon it will be actual truth.
A comforting Saturday spent in bed
just me and you.

I truly love you sweet one so very much
it overflows from my soul and heart
and how I miss you with with every part
of my body and soul,
you are my dove and sweet diamond I love,
adore, treasure and cherish above all else,
you are my Kira plain and simple my beautiful woman
who's a true gift and blessing.

So I dream of this Saturday in bed beside you
as we just escape into our own world
which is only ours and no other will ever understand,
our bond of true love and being best friends is so very strong.
God bless you my darling always I love you so deeply
feel my arms around you as I reach out to hold you
and feel comforting peace fill you up
as I am with you now and will be holding you even tighter today
so in spirit we can share a beautiful and comforting Saturday
feeling surrounded in our shared true loving warmth.

Michael P. McParland

Night Note 165

Hello my sweet dear
and a very warm and loving
good night to you as I send you
sweet kisses and big hugs overflowing
with all of my loving care and deep warmth,
I am with you my dear holding you
ever so close,
being with you is all that I want
right here and now and through the following days,
but on a night so truly weary
and exhausted I just want you here to
talk to and spend time with.
Just being with you is all the comfort
I want and need my sweet Angel dove.

So my sweet dear I just wanted to drop in
and tell you I'm right by your side
holding you and your hand ever so tight.
I'm sorry my sweet Angel of light
as my mind is just too spent and tired
to think of things to say in a coherent way,
so remember I love you sweet Kira
and will always stand by you.
You are my best friend, my soul mate,
my hero and everything that makes
life and the world beautiful.

Michael P. McParland

A Tired Day Wanting My Babe

Good afternoon my sweet one
and I hope you have felt all of
my warmth and love I've sent to you,
I'm with you always because you are my one
and all I'll ever need and want.
You are my gorgeous diamond in the rough
and my better half,
you complete me sweet one and without you
I feel so very lost.

It's been a tired day and I can't quite
shake this malaise that hangs over me today.
I at least received a reprieve in one way though
as the vinyl copy of Falcos album Eizelhaft
I ordered a little under a week ago was delivered today.
So here I now play it and wish you were here
to listen with me and spend the day.
It's been a tired one love and I just want
you here in my arms to talk and spend time.

So my sweet love I sit here feeling tired,
dull, lost, and I just want you here by my side,
not to fix all my problems because I'd never expect
or want that but to just have you here
to talk to and be with being able to forget
the rest of the world for a bit of time
as I snuggle up with my Angel Queen.
I so truly love and miss you and will
always be here and right there beside you.
You are amazing and everything I find
perfect and beautiful to make life fulfilling.

Michael P. McParland

A Snuggle Of Sleep

Come my sweet love and rest your sweet head
upon my chest as within my arms you tightly curl up,
I so very weary and ready to try
and catch a bit of sleep my sweet beauty
and I want you here to so tightly snuggle
as we kiss so very sweetly.
Come my sweet one and share a deep warming snuggle
of comforting loving sleep.
Sweet one come be with me because I love you so much.

Come my sweet Kira I am so in need of you
and from the love that I feel as with you gone
a piece of me is missing as well.
So come rest you sweet precious head upon
my proud loving chest and curl up in my arms
for a snuggle of sleep.
Let me just hold you so tight as I stroke your hair
and rub your back while I softly speak
telling you of all of my love and reassuring you
that I will be by your side for all time as your only one,
I'll forever be an Angel and hero to my only one
because to me you are the universe and my world
and there isn't anything I wouldn't do
to make you happy and feel fulfilled.

So my sweet one come snuggle up
and let's catch some peaceful and loving sleep
wrapped up in each others arms
feeling so happy and safe knowing that
we have true love which we both give and receive
and we have such a gift the bond that we share.
Goodnight my sweet Kira I love you so deeply
so please come and join me for sweet kisses,
snuggling, and being surrounded in each others
loving warmth while we are sleeping.

Michael P. McParland

Evening Note 92

Good evening to you my Angel so sweet
and I so truly pray that your day was great.
I sent you sweet kisses the whole time
with the biggest of hugs to give you
deep comfort and make you smile,
I thought of you and sent all of
my love and my strength to help
cheer you up and reassure you
I'm not leaving you babe.

I just wanted to say I love you babe
and I wish I could snuggle
with you as we spent time
through the whole evening and night
but know I am with you my arms wrapped
so tight and lovingly as I hold your hand,
be filled with peace because
I'll always be with you and right here for you,
never feel or have fear to reach out to me
because I truly love you more
than anything and will never ever
judge or reject you,
I am your Michael your faithful
best friend and partner.

So my sweet one feel all
of my love and have a great evening
knowing I'm reaching out to hold you
as I dream of you here,
I feel all of your love as well.
So just close your gorgeous sparkling eyes
and give me your shining smile
as you picture mine,
soon we will be with each other
and have all the time that there is.
I love you sweet lady you are so truly missed
because you are my Angel
and my diamond in the rough.

Michael P. McParland

Afternoon Longings 2

A good afternoon to you my sweet one
and I hope that your day has been good
and you have been filled with all of
my warmth and love I so strongly send
with all of my heart and soul to no end,
I so adore you and long for your touch
as we just snuggle along as we so lovingly talk,
to get lost in one of our long conversations
and just spend time with each other
like we so want and need to.
I love you so much and long for the time
when I can look straight in your eyes and say
I love you sweet babe and pull you in
for a sweet kiss and the biggest of hugs,
as I sit here you're all that I want.

As I sit here sweet lady just reading and drifting
it is you I long for to have here beside me,
to talk and to serve and have the grandest of times,
I just long for and want to be with you
my most beautiful and precious sweet Angel dove.
So I send you sweet kisses full of deep loving passion
and huge hugs full of deep warmth and true caring,
I will always stand by you my gorgeous Angel,
I don't want to lose the greatest treasure from heaven.
I'm thinking of you and sending all of my love
because Kira you are the greatest and I just long to hold you.

Michael P. McParland

Early Morning Smiles With Kisses

A very early good morning to you
my most beautiful and precious
sweet Angel dove I hope you slept well
and had the most beautiful dreams of you and me,
I pray you felt all of my warmth and love
as I sent all to you and in spirit held you so close.
I want you to know how much I love you and care
and to start your day I send you sweet smiles with kisses
to make everything bright and so you will know I am there.
Early morning smiles with kisses my dear
because you are my Angel and I'm reaching out
to snuggle with you.

On this early morning sweet dear feel
and remember that I'm forever by you,
hand in hand with support so loving and full
Kira I would never dream of leaving you.
So I send you these smiles so big
beaming with all the love that I hold
and I send these sweet kisses with huge hugs
to give you warmth filling your gorgeous
heart and soul with reassuring comfort and peace.
Good morning sweet love you are my one
and I will always give my Queen the best that I have.

So feel me there by you as I wrap you up tightly
and close your sweet eyes to see my loving smile,
you are a treasure and a diamond so rare and great
I treasure you completely and fully my sweetie
so very beautiful and I want to be with through all eternity.
Sweet smiles and kisses for sweet you on this morning
because I love you, adore you, and cherish you.
I both need and want you to know that
because to me you are the worlds beauty
and truly my everything.

Michael P. McParland

Holding You Through The Night

How I would love to be with you
as you were curled up in my arms and we snuggled tight.
I would just hold you close as we softly spoke
all the while I stroked your gorgeous hair
and rubbed your aching back.
I'd love to be holding you through this entire night
knowing that you're right there within my arms
and me assuring you everything will be alright.
I'm dreaming of being with my Angel who's my gorgeous girl
and holding you so very loving and very caring tight.

Sweet one feel me there beside you as in spirit
I so lovingly and adoringly wrap my arms around you,
always remember that I'm your faithful Michael
and I will be only yours forever.
I want to spend every night holding you so close and lovingly,
I want to spend eternity free from fear and insecurities
as I serve my precious Queen fulfilling all of your
hopes and dreams in every way I can and giving
all the love that you have forever deserved.
I'm dreaming of my sweet precious Queen
and holding you while we kiss so very sweet.
I'm dreaming of holding you this whole night through
because you are my only one and everything.

So as I dream sweet one of you curled up within my arms
and holding each other the whole night just spending time
I send to you these sweet deep passionate kisses so divine
with the biggest hugs to wrap you up and warm you through.
I love you dear and always dream of being hand in hand
within each others arms sharing life with all its gifts,
supporting each other through this worlds trip
and then spend the afterlife as two Angels in true love
journeying in happiness through the stars in epic cosmic joy.
I'm dreaming dear of holding you and can't wait
till that time is really here.

Michael P. McParland

Night Note 164

A very good night to you
my sweet Angel dove
and I wanted to tell you
I love you and I wish you were here.
To spend time and snuggle
and so I could see you smile,
I miss you my darling
and I want to hold you.

I just wish you were here
to spend time with me
as I first jump in the shower
to be fresh for my girl,
you joining me would be even better
as we just sweetly kissed and smiled
as we so tightly held each other.
Then afterwards we would be able
to just lay back and so
lovingly snuggle as we went about
doing such wonderful things together
which we would decide as we went along
my sweet precious lady.

So before I go about
a cleansing and refreshing shower
I just wanted to tell you
I so truly love you and miss you.
I will be dreaming of holding you
and seeing your smile as I sweetly kiss you
as well as all the wonderful things
we would do together spending time after.
Remember sweet lady that I am your Michael
and I'll truly love you forever and ever.
I'm sending you sweet kisses
and hugs so big filled with my
love and warmth to wrap you up and fill you.
I love you sweet lady and am right there beside you
now feel as I tightly wrap
my loving and caring arms around you.

Michael P. McParland

Late Evening Snuggles

Here I sit now my gorgeous Angel so true
after a needed but restless nap full of bad dreams.
Now as I sit here it is of you that I dream
snuggling so tightly as we kiss oh so sweet,
Kira I wish I were with you to spend time and talk
while we snuggle on this late evening
surrounded and basking in the warmth
from our true and shared unconditional love.
I wish I were sharing sweet evening snuggles with you.

I send you sweet kisses to let you know that I'm here
and that I love you more than ever my only one.
I send you sweet kisses with the biggest of hugs
to reassure you I care and am always worried
and concerned over my gorgeous girl.
I wish I were with you to know you're okay
and so I could hold you to me and tell you it is.
Late evening snuggles with my lady so rare
are everything like her that is beautiful in the world.

I want late evening snuggles with you so soon dear
so we can sit and read, listen to music,
talk away like we used to, watch some TV and great movies,
and I'll cook you good food because you deserve
the ultimate Queens treatment being shown your worth
and giving you the ultimate comfort.
Knowing that soon I'll have
late evening snuggles with my only Kira
is so very much of what keeps me going.
She is my heart and why it's still beating,
a rare diamond in the rough so beautiful and loving.

I wish you were here for some late evening snuggles
to read with me my book, one that I have been waiting for a bit.
It's been one of my very favorite crime series novels
by a favorite author I discovered
in the last 3 or 4 years my sweet precious darling.
I've already started but would start again
because I want you to get all the joy from it I do.

That would be just part of our late evening snuggles
which I will be dreaming of as I go about reading.

Oh my sweet love as I sit here now
I truly long to hold you and just touch
your soft skin as I caress your cheek
and say I love you babe as into your gorgeous
sparkling eyes I gaze,
God bless you I'd say and have not a worry
or fear because I'll always be with you my dear.
The I would pull you in so we could begin
sharing our delightful late evening snuggle,
a time where I could and would just sit and hold you
as long as we both so very needed and wanted.
Remember sweet Kira that I so truly love you
and I will forever be only your Michael
and I am here waiting for when you are ready.

Michael P. McParland

Love Note 435

A good late afternoon
to you my sweet Angel dove
and I send you the sweetest of kisses
straight from my unconditionally
caring, loving heart and soul.
God bless you my Kira I love you so much
and am dreaming of holding you
so very close.

It was a day once again
of very restless sleep
and at a point very awful nightmares,
but as ever I felt you near
helping to make it all better again,
as also at those points
of very light wake I thought of you
and reached out for both of our hearts.
Kira you are my Angel
and so very special and I can't wait
to be with you forever and ever.

So arriving home after picking up
a prescription I need
I want to say I love you babe
and wish you were here to snuggle with me.
I feel so very weary in many ways
with all the meh sleeping
and I feel so weary from missing my baby,
I just want to be holding you as we
are talking and so sweetly kissing
as we also just spend time together
sharing everything we love and that matters.
So as I sit back now to read my book
for awhile and relax I'll be dreaming of you
my most wonderful girl.
I love you and am with you there
holding you close and kissing you deep,
remember sweet love that I am your man
and I am here waiting and holding your hand.

Michael P. McParland

Come Snuggle Up 2

Come snuggle up with me sweet love
and spend the night in each others arms.
First just talk and kiss before
we sit and snuggle tight while we watch a film.
Then as the night goes we will together
sweetly kiss as we drift off and fall asleep
in each others unconditionally loving arms.
Oh my sweet come snuggle up so your Michael
can let you know just how much you are
truly cared for and deeply loved.

Oh my sweet and beautiful Kira
come snuggle up so very tightly
and I'll just rub your back and stroke your hair
as we sit and talk so very softly.
I feel so very weary and soon may need
a wink or two to clear me of this sleepy feeling
and I want nothing more than to have you near me.
To feel your soft skin as you're gently breathing
and be in heaven as I listen to the Angelic voice
of my one and only gorgeous lady.
Kira please come snuggle with me because I need you
my true love and beloved Angel.

So sweet one come snuggle up and let me
just sweetly kiss you as I hold you close,
I want to have you near to me as I go through
each and every night and day,
I want you now to just gaze at so deep
as I say Kira I love you so much
and you're everything I'll ever need and want.
So my dear come snuggle up and let your
Michael show you in all ways I can
all the love I hold for you.

Michael P. McParland

Night Note 163

Hello my sweet love
and a very good night to you
my most beautiful and precious one,
I'm sorry you didn't hear from me
for so very long but I spent
the whole day in bed sleeping
somewhat well through apart
so I wanted to catch up on
somewhat peaceful sleep and the rest
so in half waking I could see
your beautiful face and spend time
with you as I kissed you so sweet
and saw you smiling,
and the other part just to forget
for a good while the stresses of the world.
And my sweet darling can you blame me
or get upset for the parts where I just
want to lay there and dream of my Angel
so great and fair?
God bless you my dear you are
the greatest and ever so rare.

I hope that your day went quite fine
and that you remembered that
I'm always with you my Queen so divine,
I'm always sending you kisses so sweet
as I hold you so tight to keep you
warm and knowing your loved,
I pray that you always remember
that I'll never leave you
because you truly are my only one and my everything.
I want to be with you by your side
through all eternity.

So my sweet dear I have spent a little while
getting myself going and moving
and as I am about to jump into a refreshing
and cleansing shower I wish you were here
to join me as we held each other

under the soothing water kissing and smiling,
I would just love to hold you
as we talked and I told you I loved you
and how thankful I am for your great
and true loving,
I would like so much to kiss you and make you smile.

So please excuse me my dear as I so soon
go do that and I will write you
a while after I have gotten out and relaxed.
Remember that your Michael loves you
and would give anything to
right now be with you
and feel all of my love and warmth
with these sweet kisses and huge hugs
I have just and only for you.

Michael P. McParland

Sweet Bedtime Kisses

Goodnight my true love
and I send sweet bedtime kisses your way,
come snuggle up as I so lovingly
reach out and rest your head on my chest
as we get some great and wonderful sleep.
Kira my baby I love you so deeply
and I want to lay with you as we drift off together,
you are my dream girl and the best friend I adore
and I send you sweet bedtime kisses
to say Kira I love you my Angel and you truly are
the very greatest.

Michael P. McParland

Cat Nap Dreams Of You 2

Still feeling so very tired dear
and plagued by much anxieties, stresses, and fears
I laid down to sleep a bit and lighten
up all the burden that they put,
I laid down to take a nap and dreamed
of you my only one.
I dreamed of you my beautiful one
and all the light you bring.
I dreamed of beautiful you my sweet girl
to help beautify and lighten my heart,
soul, and entire world.

I dreamed of you so brightly
and happily smiling as we snuggled so very close
and we sweetly kissed.
I dreamt of spending time as we just talked along,
all that really matters is that I dreamt of you
and even though those stresses and worries
are still there to be resolved
they are lighter and I feel better because of you.
I can feel all of your loving strength
with your hugs and kisses here,
I just want to say thank you babe and I love you so very dear.
You truly are my only one and everything to me,
Kira I love you so very much you are the worlds beauty
and all my hopes and dreams.
I love you so very much I just want you to know how much you mean.

Michael P. McParland

Sweet Afternoon Kisses 3

Sweet sweet afternoon kisses to you
my most treasured and beautiful Angel girl,
I slept fairly well here during the early part
of this day and as I rise I send you sweet kisses
saying I love you babe and wish you were here
to spend the day in each others arms
kissing and snuggling as we we're spending
time with each other just having fun.
God bless you sweet lady I love you so much
and I send you sweet afternoon kisses
to tell you you're the best.

I miss you so much my true love
and wish you were here to just hold
as I cooked us tacos for a late lunch
and then if you like you could finish
this season of The Walking Dead with me
as you curled up in my arms snuggling close
and I'd just stroke your hair and rub your back.
Kira I love you so much and I adore you in full
and I send you sweet afternoon kisses
telling you I miss you and wish you were here.

Oh my sweet sweet Angel dove feel
all of my warmth and love as I send it to you
with these sweet afternoon kisses
with the biggest of hugs full of strength.
Please come so soon because your Michael
truly admires, loves, and adores you
and I feel so lost without my best girl.
I love you so much and I want you to know
so I send you these sweet afternoon kisses
to let you know you will forever be
my only one.

Michael P. McParland

Night Note 162

Hello there my sweet Angel dove
on this night so very late
and as I sit here I think of you
my sweet gorgeous Queen
and how I wish I were holding you.
Only with you my dear
as Falcos song says,
I so truly love and miss you,
I adore you and want to so sweetly
kiss you while I say Kira I love you
and only you through all eternity,
I make no secret of that to anybody
because you are my soul mate and Angel,
my best friend and hero
to whom I give myself in full.
Please sweet one return so soon
so your loving adoring Michael
can hold you and heal our hurt hearts
as we need to with only each other,
the ones who hold the key to get through
such thick walls to the tenderness
inside we want so bad to share
with each other forevermore.

Kira my sweet one I sit here
just feeling so lonely without you
and want you to hold me too.
Do you know how bad I need your touch
as you hold me close?
You are the greatest and my everything
and I thank God everyday for you
my sweet blessed Queen
and I want to be with you through
all eternity.
I want to be with you spending time
because you are the worlds beauty
and pure joy.
Oh my sweet sweet Kira
hear your Michaels call and know

that I want only you through all time.

So remember my precious girl
I'm with you now as I always am
and am holding your sweet loving
soft hand in mine as I pull you in,
I'll never leave you my only one
because you're all I need and want forevermore.
So remember love that as I sit here tonight
I dream of holding you and kissing you sweet,
feel all of my warmth and love
as I send it your way,
close your sweet eyes to see my big
loving smile just for you
and know I am waiting no matter what my dear.
I love you so much and can't wait
to have your hand and you here
within my loving arms as we spend each
night and day in true loving bliss
giving each other every last bit
of ourselves and what we have.

Michael P. McParland

Snuggle Tight 2

Come snuggle tight with me
tonight my sweet Angel of light,
curl up in my arms to feel and share
each others warmth as we sweetly kiss.
Come snuggle tight and spend time
making everything in this world and life
so very beautiful and fine.
Kira I just love you so much and want you
forever in my arms and in my world,
so please come snuggle tight my sweet Angel
so beautiful and filled with light,
let's just spend time and have a
beautiful night in each others accepting
and unconditionally loving arms.

Michael P. McParland

A Sad Sunday Night

It's such a sad Sunday night my sweet one
as I sit here longing for your touch.
I am feeling tired as I suffer through bad sleep
and I wish you were here your arms wrapped around me
as you rubbed my face and head telling me
everything will be okay.
It's a sad Sunday night my sweet Kira
for so very many things weigh on me right now,
but most of all the fact is that I am missing you.

It's such a sad Sunday night as I just want
you in my arms telling you I love you
and that you make the whole world right,
to kiss you so sweetly and ever so deeply
as I look into your gorgeous eyes
and let you know you are the worlds beauty.
I love you my sweet Kira and I wish
that I were with you as we held each other
making this night truly beautiful.

I miss you my sweet darling and at a time
when over so much I am stressing
I need your embrace and sweet smile more than ever,
you are such an Angel and my pure hearts desire
and I truly want nothing more than
to be with you forever and ever my sweet soul mate and hero.
So feel me there beside you as I reach out
to give you such sweet kisses and hugs so warming
and never forget your Michael loves you.
God bless you my sweet darling and I will be dreaming
of you to help me through these struggles.
I love you Kira and will always be right here waiting
because you are my only one and beloved gorgeous darling.

Michael P. McParland

Holding You Tonight 2

As I sit here on this night
I want nothing more than to
hold you close while we are spending time.
To snuggle as we kiss and read
from our interesting and fun books.
To sit back and I'll hold you special dear
so as we watch a film you can rest
your sweet head upon my chest.
I send you kisses babe that are so very sweet
with hugs that are so very warm and big.

Oh my sweet one I want to be holding you so tight,
kissing as we talk and laugh and just enjoy
being with each other oh so near.
I want to be holding you on this night
and be comforting you as I feel yours.
I love you Kira my sweet dear
and just want to be holding you.

Michael P. McParland

Sweet Lady 11

Sweet lady it is you and only you
I so love, adore, and admire,
it is only you I want to hold so close
each day and night through all time and space.
Sweet lady Kira you're my one
and it is you I want to sweetly kiss.

Sweet lady to me you are sacred
and a blessing so perfect,
I love you deeply and am so very thankful
to God for you my sacred gift.
I love you deeply and miss you badly
and wish that we could spend this night,
in each others arms lovingly snuggling
and kissing so very sweet.
Kira you are my only one and my Angel hero
oh so beautiful and great.
I love you so very much my sweet lady
and hope you'll be here soon.

I love you my sweet lady and you are in my dreams,
as I go through this night it is to you
that my heart in full voice sings and sings.
I love you oh my sweetest girl and I need
to be within your arms,
because you are the worlds beauty
and all I need and want.
I love you Kira you're my only one
and my sweet lady fine.

Michael P. McParland

A Beautiful Saturday Evening In Each Others Arms

Sweet dear it's been a long day
of restless nightmare filled sleep
and it is hanging over into my waking hours.
Also the thought of this evening here now
are so sad and lonely my only one.
I wish I were with you to heal all our hurts
and share a beautiful Saturday evening together
in each others arms in bliss as we healed our hearts.
God bless you my Kira I love you so much
and I wish I could be holding you
and just open up about all that we think and feel.
Kira you are the greatest and my everything.

Kira I just want to be with you enjoying the evening
as we just talked for awhile while kissing and snuggling
while lightly caressing and touching.
I so need you my lady because I so deeply love you
and I just want so badly to be kissing and holding you.
A beautiful Saturday evening enjoying many things
as we spend time with our true love and best friend
reading our books and watching a movie and TV.
I love you sweet lady and crave your presence because
you are my Angel and blessed everything.

Oh my sweet Kira after a day of bad sleep
filled with bothersome night mares
that hang over into my waking hours
mixed with the loneliness of missing
you my sweet precious Angel
I just want a beautiful Saturday evening
of holding each other spending time
while we are talking and so sweetly kissing.
I love you sweet Kira and always remember
that I am right there so lovingly beside you,
God bless you my gorgeous Queen and dear Angel.
Always remember that I'll never leave you
and I want endless beautiful evenings of holding you.
Kira I love you, I love you, I love you, I love you,
and I will forever be your faithful and dedicated loving Michael.

Michael P. McParland

Night Note 161

Hello my sweet dear
I love you so and before all
I need for you to know,
you are my dear Angel
and my sweet pride,
you are my joy and my sweet Angel bride,
you are my Kira the greatest of all
and I send you sweet kisses
to let you know I wish you were here
to snuggle with me.

I have been up for a short while now
but before I wrote I wanted to eat
a bit of food while I read my book,
I almost started crying as I sat
in the dark and read through my book,
I barely held back the tears
as they started to hit
because my eyes are already weary and scratchy.
I miss you my Kira and want to
spend this night in the dark snuggling tightly
as we watch some TV and read
out loud to each other,
I miss you my Kira because I so love you,
I want you here for endless
snuggles and nuzzles.

I love you sweet Kira and feel
my arms around you as I hold you
and kiss you,
know that your Michael is always with you.
I love you sweet lady
and my heart sings to you in full,
feel deep peace and comfort
as I sit beside you and hold you tightly,
I'll never leave you my gorgeous Kira.
I miss you sweet Kira am here
thinking of you ever so lovingly
and I hope you know that you are magnificent.

I love you sweet lady and pray that
I will be holding you so soon
because I know we both miss and need our best friend
to hold and spend time through each day.

Michael P. McParland

A Beautiful Friday Night With You

A very good evening to you my sweet dear
and after having slept the better part
of these last two days that have passed
I wake up feeling so anxious and sad
because I miss you so much,
I love you sweet Kira and want to be
with you on this Friday night
to make it so beautiful as we relax
while we snuggle and kisses so sweet and deep.
Kira I'm dreaming of being with you
sharing a beautiful Friday night
hand in hand and side by side in each others
kind and loving arms.

A beautiful Friday night for us to just snuggle
while we sit and talk while spending time,
watching a movie and reading our book,
it will all be so good when it's us two.
Early in the evening time with the kids,
and then the rest just for us
doing our thing snuggling away like King and Queen.
A beautiful Friday night with you Kira
is what I'm so wanting so please come so soon
because I can't stand this loneliness anymore.
I love you sweet Kira and want you here.

Oh my sweet Kira I miss you so much
and soon I will lay back down to dream of you
being here for a Friday so beautiful and grand,
I'll be reaching out to pull you so closely in.
I love you sweet Kira and I so deeply miss you,
feel all of my warmth and love in the huge hugs
and sweet kisses I send to you darling.
God bless you my lady and always know that I'm with you
because your Michael loves you and is right here waiting
because I only want you and our great dream forever.

Michael P. McParland

Sweet Tired Kisses

I'm so very tired sweet one
and I need so very much to lay down,
please come and join me in spirit
where we can snuggle and share the sweetest of kisses,
I am so tired and I want my Kira
to help both of our hearts and souls
be deeply soothed and feel better.

I'm sending you sweet tired kisses
filled with such warmth and deep loving,
I'm sending huge hugs full of my strength.
I hope that so soon you will be here
or I will be there so we can hold
each other so very close for real.
So I can look in your eyes and say I love you dear
and I'll always stand with I'll never leave you.
I love you sweet lady and send sweet tired kisses
to give you comfort and deep peace
knowing your Michael is there holding you
ever so tightly in spirit.

Michael P. McParland

Missing My Angel

I love you my sweet Angel dove
and I miss you so very very much,
there is so much I want to tell you
and talk about in full.
I want to tell you that you're a treasured jewel
I so admire, cherish, and in all ways desire,
I want to give you all the love
that you for so very long have needed and deserve.
I miss you sweetie you are my Angel true
and I feel so very lost and confused
when I am without you.

I'm missing you because I love you
through and through,
I'm missing you because I love you
for who you are my diamond oh so rare,
I love and miss you babe because
you are so very great and my heart sings to you.
I miss you babe because you are my hero,
my best friend, and my soul mate so very good,
we share such a special bond and I am
so thankful for it as I am thankful for you too.
I love you babe because you are my everything
and I just want to hold you close and tell you
you are the very best.

I'm missing you sweet one because you
are my only one and shining star
that gives me light and hope,
you are the Angel that I pray for every day
and that I truly need so much,
I love you Kira that no words can express
and I just want to be holding you so close,
so feel all my loving warmth as I send you kisses
oh so sweet and hugs so tight and big
I'll never leave you my sweet Kira
I promise you in full because I want no other ever
I only want you my dear.

Michael P. McParland

Sweet Morning Kisses To My Sweet Lady

I send to you these sweet good morning kisses
my beautiful sweet lady I so love and adore,
I send you sweet morning kisses to fill you with warmth.
I love you so much and wish you were here
to sit and snuggle up while we kissed and we talked
ever so deep and sweet.
Dear I am still tired and want to be with you
to talk and to kiss while we snuggle and rest,
I want to hold you so close healing our hearts.
Dear I send to you these sweet good morning kisses
to beautiful you my sweet lady to let you know
that I'm with you and here as well that
I love you so much and truly care.

Michael P. McParland

Morning Note 178

A very early good morning to you
my exquisitely sweet beautiful girl
and as I just lay here until who knows when
I wish I could be holding you
in a snuggle so loving,
I'd give you kisses and tell you you're charming,
I'd give you soft caresses while
I said Kira I love you,
I so adore you and want to be snuggling
as we talked and rested
during this early morning.

It is so hard to get up
right now and face the day
when I don't have my baby to talk to at least,
your words and sweet spirit were
always encouraging and refreshing
and I would give anything
for us to at least be typing as we caught up
as well as we talked about our bright future.
So as I lay here I will be sending
I will be sending huge hugs
and sweet kisses in droves while I sit
and dream of my Angel beautiful you.
I love you sweet Kira my Queen so amazing
and have a great morning knowing
I'm right there beside you
and right here dreaming of sweet precious you too.

Michael P. McParland

How I Miss You So

How I miss you so my best friend and only one,
I miss your voice and your loving words,
I miss our talks that could last for hours.
I miss your smile and your eyes so bright and sparkling,
I miss you Kira because you are my Angel
and I want to be with you right now and forever.
How I miss you so very very much and just want
to be snuggling with you while we spend time
and sweetly kiss.

How I love and miss you so my true love and only one,
please come talk to me so very soon my dear
so we can fix all that we need and move on to our future babe.
I miss you so very very much and I promise you
I'll always stick with you hand in hand side by side
through all of space and time.
Oh my sweet dear I love and miss you more than anything
and I send you all my warmth and love with my strength
to reassure and fill you up with endless comforting peace.
I love you babe so very much and just want
to hold you close to me.

How I miss you so my best friend and only love
and I pray that you will feel me there with you
as I pull you in and hold your hand,
I pray that you will soon return so I can
show and give you all the love I hold for you.
Kira I just miss you so very much
and want you here within my life,
I want only you to see and hear these words
that are straight from my soul and heart.
I will always stick with you my Angel Queen
of pure love and sacred light and I'm yours alone
without question my hero and best friend.
Remember dear that I'm your Michael that adores you so
and I want no other ever it's only you I long for.

Michael P. McParland

Morning Note 177

Sweet early kisses to you
my sweet Angel dove
and may God bless your precious heart.
As I continue to lay here
trying to get some more restful sleep
I'll be dreaming of you
my sweet gorgeous Queen and Angel
of pure love and light.

Feel my arms around you
as I now close my eyes
and remember sweet love
I am your Michael who
loves you so much
and will forever be holding your hand
as I stand beside you
in full loving care and support.

Michael P. McParland

It's Only You I Want

It's only you I want my dear
and as I now head back to bed
it is of you that I will dream,
feel every last bit of my love and warmth
as I send it all to you in epic droves.
It's only you I want to hold and kiss
feeling you so close right next to me
saying I love you so much my beautiful lady,
it truly is only you that I want
because I love you so very much
and now as I lay my head down
to sleep again it is of you
I will so sweetly dream.

Michael P. McParland

I Need You (More Than You Know 3)

Babe I just miss you so very very much
and I need you so bad because you are the best,
you are a blessing and a gift,
you're my beautiful and precious best friend.
I love you sweet girl and I need you
more than you can possibly know.
I need you because you are you
my diamond in the rough so precious and rare
I just want to hold you and give you sweet kisses
while I feel your soft loving touch.

Kira I need you to come and talk to me so soon,
even if at first it's just through writing
that would be so great because I would
get your loving messages throughout each night and day
and I would be able to give mine right to you
as I want to do instead of you where the world can see.
Please sweet one come talk to me
so I can stop posting and write for you
in depth just like I want my dear,
I need you so very bad because I want to
hold you close and see you smiling.
Please understand why I just can't write here
very much anymore and know I need you
so we can share everything within our hearts and souls.

Kira I need you more than you can know
because I'm in such pain without you babe,
I have so much I want and need to share with you
and it would help you fully understand so much more
if I could explain right to you everything,
I need you dear so very bad and you can't know
right now just how much I want you near within my arms,
I need you because you are my everything
and I crave your presence here.

I need you more than you can truly know
because I have so much I want to give and share with you,
I want you to know just how much I care

and that I will give you my best and all
everyday we are here on this earth and then
in heaven walking side by side and hand in hand,
I need you more than anything because
I love you more and more as time goes on.
I need you bad because you are my one
and my shining northern star above,
I need you so much because you are
my beautiful sweet Angel dove.

Michael P. McParland

Miserable Night (Missing You)

It's such a miserable night my sweet Angel
of pure true love and everlasting light,
it's such a miserable night as most
all have been and will be until your return,
I'm missing you so very bad and just want
to have you here within my arms
as we snuggle, talk, and kiss so sweet
feeling great as one with our best friends.
I love you so my only one and it is miserable
without you here to hold
and not hearing your Angelic voice.
I want so bad to talk to you
and look in your eyes as I say
Kira I love you more and more each day
and I love you more than anything.

I've mostly just spent these days in bed
trying to escape the deep aching lonely pain
from missing you so very bad,
it is miserable without the one I love
and I long to see your smile while
I feel your sweet and soft loving touch,
I want to look in your eyes as I tell you
that you're the best and all I want
because we share such a sacred bond I'm thankful for
and I would give anything to be with you.
It is so miserable without you here
and I just want to be holding you
and kissing too.

I send you huge hugs and the sweetest kisses
with all my loving warmth to fill you up
and wrap you in the peace within it,
I want you to remember that I'll never leave you
because you are my Queen and precious diamond.
So as I again close my eyes for awhile
I reach out in spirit just to hold you
saying Kira you are the greatest and I truly love you.
Please return to me soon sweet lady

because my heart sings so loud in its cravings
to just be next to you snuggling each day while smiling.
I love you babe and the night's so miserable
without you here to rest with me
so please just know you are appreciated and truly wanted,
I'll stick with you forever my sweet gorgeous lady
because I am your Michael and you are my Angel
so truly gorgeous and very righteous.

Michael P. McParland

Love Note 434

A very good late afternoon
to you my sweet love
and don't have a fear for
I have never left you
but for good reason have stopped
writing for now,
I've had enough of those
that are rude and demeaning on here
and I feel beaten down and angered by them
as well as it is so
stressful to always write so very much.
I am not leaving though dear
please count on that because
I check in everyday to see if you wrote
and what poems you are reading my sweet,
you mean so much because you are my one
and I will never leave my Angel so good.
I will even be writing from time to time
but know I'm with you and right here
always for you my true love.

I just wanted to tell you
I love you so very much
and to not fear because my hand is in yours.
God bless you sweet Kira
my Queen supreme never forget
that your Michael's with you
and right here waiting for his special girl.

Michael P. McParland

Sweet Warm Early Morning Snuggles

Up for a short bit on this early morning
my beautiful sweet dear and I have a bit of a headache
and am still quite tired my sweet one
and how I would love to reach over and pull you in
for sweet warming snuggles so fulfilling and wholesome,
to just tenderly touch you and softly kiss you
as I then whispered Kira I love you
and close our eyes again as I gave you soft caresses
while I continued to kiss you.
How I would love to share sweet warm early morning snuggles
with my beloved and precious Angel as we drifted
for a few more hours in comfort.
Sweet Kira feel me right there beside you
as in spirit I hold you so tightly and kiss you
so loving, tender and softly whispering Kira I love you.
Feel me beside you where I am always holding you tightly
sharing sweet warm early morning snuggles and kisses
with my gorgeous best friend and Angel.

Michael P. McParland

Sleeping Next To You

As I am now about to lay down my weary head
I'll be dreaming of lying next to you
and us being in each others arms
snuggling and kissing as we smile so sweetly
and full of love at one another saying
I love you babe and want no other.
I dream of falling asleep within
each others arms wrapped up so snug
and filled with peaceful comfort by each others love.
Sleeping next to you would be a dream come true
and I send sweet kisses and big snuggles straight to you.

Kira dear I'm just so filled with love for you
and I can feel all that same love you have for me.
Feel my hand slip into yours as I pull you in
for the most wonderful snuggles while we turn in,
I know that soon as God wills we will be
sleeping side by side in each others arms
feeling oh so safe and knowing all is good.
God bless your heart of gold and your soul so pure,
remember that I'm your Michael and yours alone forevermore,
I just want to be lying here by your side
and falling asleep in the arms of the Queen I so adore.
I love you Kira so very much through and through for sure
and I will forever be here for you and by your side
because you are my only one and I want no other
because you are my gorgeous girl and everything.

Goodnight my sweet one I so cherish for just who you are
and please dream with me of falling asleep
in each others arms and feeling the safe content
we have always made each other feel.
I love you dear and just can't wait to have you here
to spend each night and day with each other
sharing everything and supporting one another through it all.
As I lay down now I dream of falling asleep
right by your side and within each others arms.
Feel all my warmth and love sweet one
as I send it to you with these sweet kisses

and warm snuggles in never ending tides of care,
I love you babe and just wrap up in its warm embrace.
I'm here for you my dear and just waiting so much
to hold you so very close.
So I wish you this sweet goodnight and know
you're in my arms and dreams as I hold you tight
and in each others arms we fall asleep.

Michael P. McParland

Pre Bedtime Kisses

Come my sweet love and curl up in my arms
to share some sweet kisses for awhile
before we head off to bed.
Let's just snuggle away while we share
some great pre bedtime kisses right now
with soft caresses so good.
Come my sweet one and sit next to me
so I can wrap you up in my arms
and kiss you as I say I love you babe,
Kira you're great, please spend all time with me
your Michael who truly wants only you
because nothing and no one else could ever do
when compared next to you and nothing can equal
all the love that you give and I feel.
Come my sweet one and share some sweet
pre bedtime kisses with me.

So please come my sweet Angel dove
and let me gaze into those eyes to relax
as I get lost the universes of loving care,
intelligence and all of the mystery you have inside you,
let me gaze into those gorgeous eyes
and confess all the tenderness in my soul
as I give you pre bedtime kisses throughout,
just curl up with your man who wants to
give you every last bit of love that I have.
Come my sweet Kira and curl up in my arms
because I love you so much and just want
to feel all of your loving warmth.
I want to share kisses so very sweet
as we just spend time together before bed.
Pre bedtime kisses are such a dream
so please my sweet lady come share some with me.

Michael P. McParland

Sweet Kisses To My Sweetie

On this early even I send sweet kisses
to you my dear sweetie,
sweet kisses of love and pure adoration,
sweet kisses to say I love you sweet lady.
I love sending you kisses sweet Kira
but I know I love giving them to you
in person a billion times more,
but until then I send you sweet kisses my sweetie
to say I'm yours forever because you are my baby.
I love you sweet lady you are my everything
and I send you sweetie to ask if you'll
be my sweetie forever and ever.
I send you sweet kisses because I want you and need you
and I want you to know you are loved by your sweetie.
On this evening I send sweet kisses to my dear sweetie
because I just love her so much and want her to know
she'll forever be my sweet Angel dove.
I send sweet kisses to my dear sweetie to tell her
she's beautiful and forever I'll be by her side.
I send you sweet kisses my precious sweetie because
I will always be with you no matter what,
I'll always be yours and yours alone and I just want
to send you all of my warmth and love with sweet kisses and huge hugs.

Michael P. McParland

Spending Time Holding Each Other

A very good late afternoon to you my sweet girl
and though my upper jaw still hurts a bit
that will ease off in good time I am sure
so right now I wish you were here to sit with
spending time doing fun things in each others arms,
I wish you were here and your sweet kids as well
to have an early dinner my dear and then
play a fun game of Trivial Pursuit,
I just wish you were here so we could be spending time
so lovingly in each others arms.

Oh my sweet one I don't have a ton of thoughts
on just what we would do but I know we would talk
and beyond that find such wonderful things,
just as long as I'm with you and we are
in each others arms I will be happy
because I will be with my Kira so great and amazing.
Spending time in each others arms
is heaven on earth with your best friend right there,
Kira I just want to be with you through eternity
holding your hands letting you know that I care.

I just want you here by my side my sweet one
to spend time having fun and enjoyment
so tightly in each others arms,
to just kiss you and say Kira I love you
is what I am craving in every way with my lady.
Soon though my dear I know we will be there
and we will never want to stop snuggling
or stop kissing except when we're talking,
I feel you now and know of all your deep loving
and I just wish you were here in person.
God bless you my Kira and feel all of my
warmth and love as I'm right beside you.
Have faith always my lady and feel my hand
in yours as I lovingly take it
and know that your Michael loves you and treasures you deeply,
I'll always stand with you because you are my everything
and I want no other only my Kira.

Michael P. McParland

My Darling Angel

I have just returned my Angel darling
from the oral surgeon and getting my prescription.
There were a few little things that
had to be gone back over to clean up a little
and a lot of the pain is just as much
from all of the work and as I begin healing.
I thank you my sweet one for all of your strength
and your endless undying love,
as always it has helped me immensely my love,
you truly are my everything and above all
my hero best friend.
Kira you are the greatest and you need to know that,
your Michael loves you so very much
and I'll always stick with you because I am all yours.

I just want to say thank you my darling Angel
again for everything and as I know sit back
to let the pain meds go to work
I'll be dreaming of you and smiling the whole time too.
You are so beautiful in all ways my dear,
your heart and soul are so pure
only with you dear will I ever stick by
because you are my blessing and gift from on high.
I love you Kira because you are you
and there is no better reason my dear,
I love you so much and wish you were here.
So feel my hand within yours and my arms around you
as I give you sweet kisses and my smile so big.
God bless you sweet girl you truly are my essence and soul,
heart my heart in full voice as it sings out to you.

Michael P. McParland

So Tired Sweet One

I am just so very tired my sweet one
and I want to spend this day in your arms
forgetting the pain and forgetting the world.
I must return to the oral surgeon
in a tad over an hour now and go through
who knows what to make sure nothing more is wrong,
please my sweet one reach out and hold me close
as I want to forget these other pains
inside of me too.
It's just a down day and so frustrating dear,
I am so tired and just want to lay next to you
and spend the day in each others arms
kissing and talking feeling so good.

I am so tired sweet one but I best get to
getting myself ready and together for this doctors visit.
Get prepared mentally and physically
for what I will face there,
please stick so close to me dear as your loving strength
is the greatest thing that there is to me,
I love you babe and would give anything to have you here.
I will write you on my return my precious darling
and please say a prayer for you adoring Michael,
that what may be wrong will be found quickly
and that they will give me something to help with the pain
and that all will go smoothly sweet lady.

I am so tired my sweet one and I just want to be with you
to forget the worlds pains each day for the times
that we can just sit and snuggle.
I love you and I miss you because you are my Angel,
I will be dreaming of you and holding your hand
while I sit and get jabbed among other things.
Feel me there with you and always remember
that your Michael loves you and will always stand with you
fighting for your divine honor.

Michael P. McParland

Morning Note 176

A very beautiful and good morning
to you my most wonderful and beautiful one,
I hope you have been feeling all of my
warmth and love in the sweet kisses
and huge hugs that I have sent,
I'm with you always sweet one no matter where
and no matter what because you
are my soul mate, best friend,
and sweet Angel dove,
you are my everything and all
that I'll ever need and want.

My morning and night have been
anything but good as I have been
in much pain as in and out
of very fitful and restless bursts of sleep
and other things that just have
me upset and angry,
not at you my sweet one but angry
so I was to flustered to write at all
for a good while and I am still in pain my dear.
I so wish you were here to help
me get better through
as I feel so depleted and down right now.
Please reach out my sweet one
and hold me so very close
to try and make things more tolerable today,
I want my sweet Kira with me always
and I especially want you here
to just snuggle with right now.

I love you sweet lady
and always remember I'm with you
because you are my beloved blessing and Angel.
I love you sweet Kira and am
here thinking of you always.
God bless you my diamond
and never forget that I will
forever be your Michael

because you are my true love
and the only woman I want to be with ever.

Michael P. McParland

Love Note 433

A very good afternoon to you
my sweet Angel dove
and I hope that your day has been
going well my beautiful girl,
I pray you have felt my arms around you
with all of my loving warmth
as I've sent it to you.
I'm always with you my dear
and dreaming of all I want to share,
wondering just where you are
and how you are hoping you're
doing good and knowing my heart
beats just for you.
I miss you my love and want you near.

I've just been sitting here
as my stomach has ached
almost the whole day
and I've wished you were with me
to just spend time and snuggle,
I feel so tired my dear
and just want to sit and talk with you
and do relaxing things too,
I just want to be with my Kira
so very beautiful and totally good.
I just want you here with me
to have and to hold.

Oh my sweet darling I'm sorry
I'm not feeling well
and if we were no separated by distance
I'd spend all my recovery
curled up with you
snuggling and giving gentle kisses,
I miss you babe you are truly magical.
Remember I'm with you
and I'll never leave you
and I pray that we will be together so soon.
I love you my Kira and just want to be with you

to look in your eyes and see the worlds beauty
as I hold you and we spend time together forever.

Michael P. McParland

I Just Want You In My Arms 2

My sweet dear I just want you here
and within my arms as we spend the day
with each other kissing and snuggling it away,
it is so lonely without you to talk to
and be with knowing that all will be good,
I just want you in my arms to look in your eyes
and say I love you babe,
to then just kisses you sweetly as I pull
you in so very tightly to give you all my comfort
and feel yours also fill me surrounding us
in total fulfilling peace.

I just feel so profoundly tired
and incomplete without my blessed
and beloved Angel right here with me.
I truly love you so and want nothing more
than to forever be with you.
Kira dear I just want you in my arms
because you truly are my only one
and I would give anything to be with you,
I just want you in my arms to show you that I care
and to show you that you are a Queen
who is loved by this man more than anything.
I just want you in my arms and to forget
the rest of the world as I bask in your
heavenly glow knowing that there really is good on earth.

My sweet sweet precious lady I just want you in my arms
as you talk to me and I get lost in your
heavenly voice and Angelic spirit while
I feel your soft and loving touch,
Kira I just want you in my arms because I love you so very much.
I don't know what more to say here than I have
to let you know that for all time
my heart and soul will be yours forevermore,
I only know from here just how to show
and I need your return for that my love.
I miss you dear and long so much to hold you near
because I want to spend all time with you

giving you such true and endless love,
God bless you babe and I just want you
to know how much you mean and the best way
I could do that would be by holding you
and giving you all I have within while I do so.
I love you Kira you are my Queen
and I just want to hold you because you are you.

Michael P. McParland

A Lonely Sunday Without You

Sitting here darling on this late Sunday morning
and I have been up for only a very short bit.
I'm still hurting a bit from the surgery dear
and I feel sad and lonely without you here,
I want you in my arms as we relax on the couch
watching TV and sipping some coffee as we
get ourselves moving for the day
and as we just snuggle so close as we want,
I know it will be hard to get out of
each others arms whenever we must
because we our true loves with a great bond.
Kira it is lonely without you and I wish you
were here to spend this bright shinny Sunday.

Kira it is so quiet and oh so lonely
without you my gorgeous Angel true
and I just want you here curled up within my arms,
you are my everything my sweet Queen so bright.
I'm about to cook a nice steak for lunch
and I wish I could share it with you,
for us to just sit back and enjoy a nice meal
is such a beautiful dream I have with you.
To cook for you darling is one thing I could do
while I sit back not feeling great and recovering.
It's a lonely Sunday without sweet darling
and I would give anything to be with you
spending time letting you know you are
appreciated so deeply and so very much.

I send you the biggest of hugs and sweetest of kisses
my Kira so very beautiful and so very good,
please know that I love you so much and I just want
us to talk and come back together in each others arms,
the place I call home as you would hold me
and kiss me as I held you and kissed you too,
it is so frightfully lonely and too quiet without you
I just want to be snuggling and sharing
all of life's experiences with you my darling Angel
as we laugh and smile always supporting

and helping each other through everything,
it is such a lonely Sunday because I so miss you my darling.
I love you my Kira and am sitting here wishing
I could be holding you and in a minute cooking lunch for you,
I just want to be with my sweet precious Angel.
God bless you sweet lady and always remember
that I am your eternally loving Michael
and I am always with you and right here if you want or need me,
I'll always be yours because I so adore you
and I want to forever be your shining hero
as you are mine my sweet lady.

Michael P. McParland

Warm Snuggles And Sweet Kisses

As it will be evening soon my dear
first comes dinner and on this one
I have no clue just what to do
but I would find something so nice
for me and you to enjoy while we sat
smiling at each other and feeling oh so goo.
Just how I'd like to start the evening
with you my sweet Angel dove.
A nice little quiet meal to enjoy
before a wonderful evening just spending time.

Warm snuggles and sweet kisses straight
from there my precious diamond oh so rare,
I just want to have you in my arms
while I'm in yours both of us feeling
so very safe and loved,
an evening with sweet kisses and warm snuggles babe
are everything we both so want and need,
an evening with my sweet Queen is what
I crave as we sit and relax just being
with each other feeling good.

Kira dear I so love you and as I
go about this evening dear I'll be dreaming
of warm snuggles and sweet kisses
with you my most treasured and beloved best friend.
I want you near and to hear your voice
as we talk and as we would read,
an evening with warm snuggles and sweet kisses
for just you and me.
That is my dream and hope so soon you'll return to me
because you are the greatest dear and all my only dreams,
I send to you these kisses oh so sweet so you
will feel me near and holding you.
Dream with me my only dear and know that these
warm snuggles and sweet kisses will be real in good time.

Michael P. McParland

Sweet Saturday Kisses

Good Saturday afternoon my sweet love
and I send you sweet kisses and huge hugs
so full of pure loving warmth straight
from my heart and soul which are yours,
I send you sweet Saturday kisses to say
thank you for being with me and so understanding
as I am recovering from my oral surgery,
I know you understand how sick you can feel
afterwards and how the medications can make it worse.
I send you sweet Saturday kisses to thank you my dear
and to say I love you so much as well.
Kira you are my Angel and I adore you in full
and I would give anything to be spending the day with you.

I want to be with you as we sit and snuggle,
all the while talking, reading, watching TV and movies,
sharing these sweet Saturday kisses so tender and gently
for as long as we need and want to
and just sharing each others hobbies as we take it easy.
Kira I want to be with you holding each other
and having the most beautiful day any couple can have sweet lady.
I send you sweet kisses to help brighten your Saturday
and to remind you I'm always with you and I'm never leaving,
God bless you sweet Kira to have faith in me.
I am your Michael who's never stopped loving and wanting you
and I never will because
you are my Queen who truly means everything.
I send you sweet Saturday kisses to give you a smile
so please light up the whole world as it shines
brighter than anything and makes me happy,
please smile for me baby and remember that
I want you here with me forever.

Oh my sweet Kira I miss you so badly
and just want to be with you so tightly snuggling.
I love you sweet lady and want you to know that
and send you these sweet Saturday kisses
to fill you with comfort and light,
you are a diamond and a divine Angel

I so want to be with through all eternity,
Kira you are my soul mate and best friend.
I love you so much and want to be with you
as we spent the day just doing what we want to
hand in hand in each others arms the whole way through.
Kira I send you these sweet Saturday kisses
to reassure and remind you that I am always here
giving you my best always because you deserve that
and I want you to know that you are worth more
than all the riches in the universe,
I'll always be with you and fully support and love you,
Kira I send you sweet Saturday kisses
because I so truly love you.

Michael P. McParland

Sweet Saturday Snuggles

Oh my sweet sweet Kira how I want
to be sharing with you sweet Saturday snuggles.
My stomach keep going between feeling okay
and then suddenly back to stages of queasy
so I fear I'll be in bed at least a good
part of the day and I don't want to be.
If only I were with you in each others arms
and from time to time you gently rubbed
my face and head so much of the pain would be eased,
I want to be sharing with you my dear Kira
sweet Saturday snuggle of true love and comfort.
Kira you are my Angel and I so deeply love you
so feel all of my loving comfort as I send it to you
while I lay here dreaming of us sharing snuggles
while we did many restful things together.
I love you sweet lady just as I know that you love me
so together in spirit let's hold each other through this day,
we'll both dream of our future together
and all of the coming sweet Saturday snuggles.
Feel me there Kira as I smile at you brightly
and kiss you so sweetly while I tightly hold you.

Michael P. McParland

Sweet Tender And Gentle Kisses

Good morning my most beautiful dear
I have for and send to you these sweet
tender and gentle kisses from the very core
of my heart and soul,
I send sweet tender and gentle kisses to you
to say I love you babe and I always will,
Kira you are my everything and my Angel so good,
you are my Queen and I would do anything for you.
I wish you were here to snuggle with
so I could just gaze in your eyes as we snuggled and kissed.
I love you so deeply and need you to know that
because I want you to know how much you are loved and cared for,
so I send you sweet tender kisses so gentle and loving
to fill and wrap you up in all of the loving warmth that I feel.

Sweet sweet Kira I send you sweet kisses
so tender and gentle to also again thank you
for all of your love and all that you do.
My stomach still hurts a little bit on this morning
but I can feel you so near with all of your love
and I know that you will help me feel better and get through,
in a few minutes I will try a bit of soup
and then close my eyes for a short bit to let
my system get it working through
and all of the while I'll hold you so close saying thank you my dear
while I give you sweet kisses so tender, gentle, passionate,
and loving through and through.
Oh my sweet Kira I send sweet tender and gentle kisses
of true love to you my sweet Angel dove.

So be filled with my warmth love and caring
as I send you gentle and tender kisses all morning,
make sure you get every last one because
I don't want you to miss out on one single kiss.
I so adore you and love you more than anything
and I wish you were here to snuggle so lovingly,
I miss you sweet Kira you truly are such a treasure
and I want you to know how my heart beats for you.
I love you my lady and can feel you here with me

and I want to say thank you and I love you
with all of these endless sweet kisses so tender and gentle
for my best friend and Angel so truly amazing.

Michael P. McParland

Morning Note 175

A very beautiful good morning
to you my beautiful sweet Angel dove
and I'm sorry that I was quiet through
almost all yesterday until now.
Please cozy up in my arms
as I wrap you up so tight in them now
and feel comforting peace
in all of these sweet kisses I give,
I'm sending you all of my loving warmth
to let know I am with you and have never left,
I'll never leave you sweet Kira
because you are my true love and best friend.
You are my everything and right now
I ache for you so bad
so please always have faith and know
I am with you to no end.

Yesterday after I very last wrote
I was still so very tired
and I ate some food to have with
the medications.
Soon after my stomach felt upset
and I was as tired as ever
just as I feel so tired right now still dear,
the surgery has absolutely knocked me over babe
and the pain persists as well.
So I was asleep from a bit after noon yesterday
until just about 15 minutes ago,
I am so sorry if you were worried
or felt upset with me,
I could feel you though darling
and it has helped me so big,
I ask you to please come snuggle with me.
I still feel so tired
and my stomach a bit upset
I just need your loving strength
as I go along here.
I love you my darling
and I so truly thank you.

Please come curl up in my arms
for some nice morning snuggles,
I love you sweet Kira and just want you to know
you are everything that I want in all matters.
God bless you sweet lady
for all of your kindness,
now let's snuggle up for a good while more
my sweet precious Angel.

Michael P. McParland

Waking Up With You

Waking up with you in my arms
and seeing you smile would be bliss right now
and will be pure heaven when our time has come,
waking up right now with you would be divine
so I could say I love you Kira babe
then gently and tenderly kiss you on your lips with a smile
telling you I'm always yours and I'll never leave,
I will stand by your side forevermore
in complete and total supporting love.
I wish that right now I were waking up with you
to spend a restful day just building up my strength.
I love you my sweet sweet girl and can't wait
to just hold you near and pour my soul out to you.

I just want to be waking up right here side by side
where I can softly caress your cheek while I
gaze into your gorgeous eyes,
I just want to wake up by my Angel everyday
and see the worlds beauty before I rise,
waking up with you is what I so very need and totally desire.
Kira dear my heart calls to you as I reach out
to hold you close and kiss you deep,
just feel me there with you giving all of my strength
with my warmth and love to you my gorgeous one,
feel my hand in yours as I take it firm in love
and say to you please return so soon
because a man truly needs his wonderful true loving woman
and best friend through all eternity.
I love you dear and I always will.

So as I still lay here I wish I was waking next to you
to just smile at each other as without a word
we say I love you so very much my only one,
please be with me through all time my adored and beloved best friend.
I want to be waking next to you because you truly are
a rare and precious jewel I will treasure forever through all time.
Feel my love as I say these words and send all I hold
to you my most beloved Queen I want in my arms
because I truly want and love you more than anything at all.

You are my shining star and true love and I want nothing more
than to be with you through all time.
I wish right now I were waking up with you because
that is how I want each day to start is with
my precious sweet Angel dove.

Michael P. McParland

Morning Time Snuggles

A very early good morning to you
my sweet darling dear as I've been nodding of
as I sit here am reaching out for a good snuggle
with so sweet kisses too.
Kira the tiredness is getting to me again
and I need to lay back down for a rest
and I want to be snuggled up with you
as I continue to recover and get feeling better.
I love you sweet one and am reaching out
to say I good morning sweet Kira I love you so much,
come my sweet darling dear and snuggle with me,
come my sweet Angel and share some morning time snuggles
with your loving and wanting Michael.

Please come join me my sweet darling Kira
as I reach out to so closely hold you.
I want to be with you as I rest on this morning
because I love you so much and want my Queen
right beside me as I rest from the surgery.
It is your comfort and warming love that I'm wanting
so please snuggle up so tightly with me.
I love you sweet Kira and I am so very tired
so as I reach out and hold you
be filled with all of my loving warmth and deep comfort.
Know that I'm with you and close your sweet eyes to see
my loving looks and big smile,
I love you sweet Kira and again I say thank you,
please cozy up so tight with your Michael
and together share comforting morning time snuggles.

Michael P. McParland

Night Note 160

Hello my sweet love
and how are you?
I hope that your night has been good
and you have been feeling all of
my endless warmth and love,
again my sweet one I thank you
for all of your loving strength and deep care,
just like you it truly means
to me everything in the world.
God bless you my lady you're so beautiful
and I'm reaching out to pull you in tight
and tell you I love you my Kira,
you are my Angel so very bold, beautiful,
and full of endless light.
You are so beautiful my best friend so great
and I would give anything
to be with you right now hand in hand
side by side.

I woke up very shortly ago
in pain again and now the right side
of my face is slightly swollen
so I wrote you as soon as I could
because I so want and need you
to know how deeply I love you.
I send you sweet kisses and huge hugs
to fill you with peace and all of my strength
along with my love and warmth
to give you that bright shining smile,
I wish you were here to hold
and kiss you so gently,
no matter how bad my mouth hurt
or was tender I could never resist
kissing my adorable Kira,
you truly are irresistible.
I love you, I love you,
I love you and thank you,
I so desire you my dear Queen
because you truly are an amazing woman.

So I wanted to wish you a good night
my sweet precious Angel
and I will be up for awhile
so feel no fears for I'm there with you as ever
and right here and I will
be writing for you my goddess so special.
You are my true love and the only
woman I want to be with ever
and through all time,
Kira I am your Michael
and I simply overflow with love for you
and just want to spend eternity
holding you and giving you all that I have.
You are a treasure and a diamond in the rough
I truly love and so cherish
so please let's talk so soon and come back together.

Michael P. McParland

Please Come Snuggle Up My Angel Sweet

My dear one I am so very tired
and extremely worn out from this long day
that has been so hard at points
but your loving strength has helped me through.
So please come snuggle up with me my Angel sweet
so I can gaze into your gorgeous eyes
and say I love you Kira more than anything
you truly are my beautiful Angel and blessing,
thank you so much my best friend and only one
for all your loving strength and all you do
right before I gently kiss you the best I can
with how tender my mouth is.
Please come snuggle up with me my Angel sweet
because there truly is nothing I want more,
I just want to be arm in arm with my Queen I so adore.

Please Kira my dear gorgeous one
come snuggle up with me so very sweet and get some sleep.
I truly love you more than anything and want
to fall asleep in each others arms
as you rest your head upon my chest
and I stroke your hair while I also rub your back.
I love you babe and thank you truly just for being you,
I've always loved you for the amazing woman that you are.
So please come snuggle up so tight my Angel sweet
so full of endless divine light and let's
just feel the warmth and love we share bundled up.
I love you dear and after a long day
it's you I want to be with and choose.
God bless you darling to know all the truth
held within my very heart and soul that you're the one,
so cozy up so tight as I pull you in for the night
and hear my voice as I tell you you are my light
and the only one I'll ever truly need and want.

Michael P. McParland

A Lovely Evening Snuggle

After a hard day my lady from
feeling so very sick yesterday
and today going through the oral surgery
I would love and want nothing more
than a lovely and loving evening snuggle with you.
Physically I wouldn't be able to give you
sweet kisses tonight but in looks
and in spirit I would shower you in their light.
I want a you to be within my arms and I in yours
sharing a lovely evening snuggle so comforting and warm.

I'm feeling quite tired and worn out deeply
from todays not so fun adventure
and I want to just relax with my awesome lady,
to just relax and be with hearing your sweet voice
as we listened to music and watched a movie.
My Falco double CD of extended mixes and rare singles
arrived today and I would love to listen
with you as we snuggled.
I love you so deeply and want us to share
everything we care for and love forever and ever.
Kira you are my sweet Queen and beautiful Angel.

Oh my sweet darling what I wouldn't give
for a lovely evening snuggle so tight and cozy,
I just want to hold you and feel your comforting
soft touch and sweet kisses so tender,
I just want to be with my Kira.
God bless you sweet lady and feel me beside you
as I just hold you so tightly the night through
rubbing your back as I stroke your hair too,
a lovely snuggle in spirit with my best friend and soul mate.
I love you my Kira and so lovingly long for and crave you
because you are amazing and my dearly beloved Angel.

Michael P. McParland

Sweet Kisses For You My Sweet Kira

I send sweet kisses for you my sweet Kira so dear,
I send you sweet kisses of thank you
and to say I love you so deeply,
because you are so beautiful, so amazing,
because you are my universe and my everything.
I send you sweet kisses my sweet Kira so amazing
because I would give anything to be holding you
and I want to be with you through eternity.
I send sweet kisses for you my Angel so true
because you make my heart sing
and along with my essence and soul it is forever yours.

Michael P. McParland

Thank You So Much My Angel True Love

Thank you so very much my Angel
and true love I do love to no end.
Thank you so much for your courage
and all of your loving strength to help me
make it through the surgery and pain.
You are the greatest and I want to start crying
as I now write this and not from sadness
but deep love and gratefulness.
Oh my sweet lady you are my hero
and in endless ways a true divine goddess.

In the beginning I just laid back
and dreamt of you before and as they went to work
but I was very conscious of them working too,
the surgery was going perfectly fine
and as fast as it could be as is.
Then at the end the complications began
as they hit the tooth with a twisted and crooked root,
even with all the Novocaine I was in pain
but I slipped deeply into my thoughts
and loving dreams of you and I truly could feel you
right there with me and all of your loving strength
through your prayers and true love for me.
Thank you sweet lady I will spend eternity thanking you.

That was not the end of the pain though
for before they could fill my pain pills
the deadener wore off and for the better part
of the last hour plus I lay here in agony
before I got the meds and a good while after my dear.
The pain is now almost completely gone
and I have felt your love the entire time,
the pain would have been worse without your strength
as I know from having bad pain after the dentist before.
Thank you thank you thank you my dear you are
a true diamond and jewel so loving, so rare,
and so very very cool,
you are an amazing woman and I so truly love you.

God bless you my darling Kira,
my best friend, my hero, my true love,
Queen Angel, soul mate and greatest love
that anyone can ever have.
I thank you my darling and just simply adore you,
Kira I love you and again thank you so dearly.
Please continue to always hold me
and feel all of my love as I always hold you.
You are a gift and such a divine blessing
and I swear to you I am your Michael forever and ever.

Michael P. McParland

Morning Note 174

A very good morning to you
my beautiful sweet Angel dove.
Before I get up and start getting
ready for the dentist
I wanted to say happy St. Patrick's day
and I love you,
as my name says it babe
I'm Irish so please kiss me so sweet
as I kiss you babe.
With those sweet kisses are huge hugs
to give you all of my warmth and love.
Feel me there with you holding you close,
I love you sweet Kira you are the best.

I don't know what will be done
in full at the dentist so it may
take me a good little while,
and after he may have me picking
up some prescriptions for pain
and possible other dental stuff
from whatever procedure,
I will write you when I return
my dear Queen and Angel.
So now I must hurry to dress
and brush my teeth
but most important to tell you
I love you my lady so great.
Feel my hand in yours and through
the morning squeeze mine to help me
feel you close at the dentist.
I just want to feel my precious Angel.
Have a great day my sweet lady
and remember how much your Michael
loves you and will always be with you
no matter what my true love.

Michael P. McParland

Come Rest With Me Sweet One

Come my sweet one and crawl into bed
to curl up so tight within my arms.
I have to get up in a little over two hours
to get myself up and moving
before the dentist in less than three
and I want you to rest with me.
To snuggle up and sweetly kiss,
smile at each other and say I love you dear
and then fall asleep for a nap
in each others arms feeling whole and very safe.
I love you sweet one come rest with me
while I hold you close and rub your back
and stroke your hair.
Come rest with me my sweet one
and snuggle away to sleep in each others arms.

Michael P. McParland

Snuggle Up With Me My Dear

Come snuggle up with me my dear so sweet
and spend some beautiful time with me.
With my dentist appointment so very early
I want to lay down in a bit for a nap.
So please come snuggle up my dear so close
and be with me both now and then.
Right now to watch some TV or a film,
also talk and read a bit.
Come snuggle up with me my only one
and don't be mad just spend some time.
To have some fun and just relax,
two best friend and true loves
arm in arm, hand in hand.

Please sweet one come and snuggle up with your loving man,
I'm not perfect dear but for you always
I try so very hard so you'll know how much I care.
You are my sweet dear and only one
and you're all I want my precious girl.
God bless your heart for how I know it hurts
and mine hurts too my Angel true.
We understand each other my precious dove
and I just want to hold you near,
please my dear come snuggle up
and enjoy time together doing things as we hold each other,
hold our hands and share sweet kisses from our souls.
Kira I love you because you truly are my everything.

Snuggle up with me my gorgeous dear
and just spend time before my nap my love.
I long so much to look at you and tell you how I feel
and just feel you next to me as I hold you lovingly and dear.
You truly are my only one and sweet Angel dove
and I would do anything for you my greatest love.
God bless your soul and also feel me there
as I wrap you up within my arms.
Kira I want to be with you forevermore because
I truly care for you and love you so.
Come snuggle up and cozy in till it feels right

because I want you here with me to celebrate
our true love each day and night my Angel bride.

Michael P. McParland

Soothing Time With You

A very good night to you my sweet one
with a very early happy St. Patrick's day too,
come kiss your shy loving fool Michael
while I kiss you too and we'll spend
a soothing time in each others arms,
all through the night smiling hand in hand.
I love you my sweet Kira and want a soothing night
with you in my arms so very tight.

I want to say thank you my dear
for I have felt your love and strength
surround me so strong and great
and it has helped get me through the first
part of this night without a tear and growing strength.
Kira you are a blessing and gift
I am so amazed by and I love you so much
for the gorgeous lady you are,
I want to spend soothing time with you
my sweet Angel dove,
I just want to hold and kiss you all of the time.

It's taken me awhile to get going tonight
my sweet Angel of light as I've had to let my strength
build up bit by bit but I smiled as
I felt you with me my sweet one,
you will always be my only love.
So I have not yet taken my shower
and I will eat a small sandwich first.
I just wanted to say thank you babe
and I love you so much,
I wish you were here to sit with and later
hold as we took a refreshing shower so good
kissing, smiling, and holding each other
like we so very soon will.
I love you my Kira and want to spend
soothing time with only you.

I send you sweet sweet kisses my love
with the biggest of hugs to fill you

and wrap you up in all of my warmth and love.
Being with you in any way was always
so soothing dear because you're my essence and heart.
I love you truly and long ago
fell for you completely,
you are my Angel and beautiful lady.
Always remember that I am your Michael
and will forever stand by you because you are my Kira.
I love you and adore you and want you for eternity
and I simply crave to have soothing time with you.

Michael P. McParland

Night Note 159

A very wonderful good night to you
my sweet one and I send the most sweet
and loving kisses to you.
I love you so much and just want to
bury my face in your shoulder and cry
for a couple of reasons my dear.
For one I know you are worried,
upset, and possibly crying
wondering where I have been the whole day
and I don't like or want you
to ever be worried or feel upset
because you are my lady and everything,
you are my Angel so sweet and loving.
I've been asleep both restful and not
the whole day and my equilibrium is off.
I woke up about 2 in the afternoon
and my stomach felt so very sick
and I felt burning hot I could
just lay here and rest in and out of sleep
with just odd dreams hitting me,
I am so sorry I couldn't tell you
because I just sick and could only lay here.
So my sweet lady I feel so very shaken
and just want to be holding you so very closely.
I need you dear lady my Queen and Angel
because you are my best friend and best dream,
you are my everything.

Oh my sweet darling I wish you were here
so we could hold and comfort each other
giving sweet kisses as we talked about
all that we think and all that we feel,
I wish you were here so we could spend time
with each other our true loves and best friends,
I just want my Kira so bad.
I soon need and want very much a cleansing
and refreshing shower to try and wash away
the yuckiness of feeling sick and the bad dreams,
plus I see the dentist at 7 in the morning

so I of course want to be representable.
First though my dear a bit of soup
is in order and while I do all I'll dream of you.
For you to be sitting next to as
I eat my pork flavored Ramen, my favorite kind,
and then as I get in the shower
I'll just dream of holding you tightly
and us smiling and kissing.
I just want to be with you sweet sweet Kira my Angel,
you are my beautiful lady and everything.

God bless you sweet Kira
and feel all of my warmth and love
as you remember I'll never leave you,
you are my woman and I long for you.
I'll write you shortly after
I'm done eating and out of the shower
and during all of that feel
the big hugs and sweet kisses I send.
I want to be with because I love you
and I trust you and that's why
I would let you see my tears.
I want to feel your arms around me
as I hold you so tightly
because Kira you are my best friend,
my hero, my soul mate, true love,
and amazing woman.
Kira you're great and I love you.

Michael P. McParland

Snuggle Up With Me

Come snuggle up with me my sweet one,
I am so tired and ready to sleep.
I want you curled up in my arms
as you rest your head on my chest
and I'll stroke your hair and rub your back
as we softly talk and share kisses
as we drift off to sleep.
Come snuggle up and we'll give deep comfort
in our true love for each other,
come snuggle up my sweet Angel dove
because I want to have you by my side
and feel all of your warmth and love,
I want you to snuggle up so I can give you
all of my loving strength in full as well.

Kira please come snuggle with me
because I just want to have you wrapped up with me.
To tell you I love you and just
tell you how much that I care,
I want to fall asleep with my only one.
Come my sweet darling as I'm so very tired
and curl up in my arms my precious Angel.
You are my hero and you are my true love,
you are my best friend and I long to snuggle.
So my sweet lady I ask you to join me
and snuggle together falling to sleep dear.
I love you so dearly and just want to be with you
so please my sweet Kira come and snuggle with your loving Michael.

Michael P. McParland

Feeling So Tired My Dear

I am feeling so very tired my dear
and have been nodding off a bit here and there
but don't quite yet feel ready to rest my head.
I want so bad to be with you my dear
and snuggle up so tight,
to just watch some TV while we wrapped up
in each others arms feeling safe and that all was right.
I'm feeling so tired dear and want to be with you
relaxing as we pass this night.

I'm just feeling so so tired dear
and want to snuggle up with you.
Feel my kisses and my hugs as I send them
in tons so very strong holding all my warmth and love,
know that I love you babe and want you soon within my arms.
I'm feeling tired dear but net yet headed to my bed
I just wanted to say I love you Kira my great Queen
and wish that I were with you snuggling tight
and kissing sweet.

Michael P. McParland

My Gorgeous Girl

Kira you truly are my beloved gorgeous girl,
for you my heart flutters with true loves desire
and I just want to hold you and kiss you
forever and ever saying I love you
and thank you for everything over and over.
You are so gorgeous in body and spirit
that you drive me wild with passion no matter the reason.
You are my gorgeous girl and I love you my darling
and I ask God everyday to bring back my Kira.
You are so gorgeous and an Angel so righteous
that I would give my whole life for just one day of your company.
You are my gorgeous girl and who I so long for,
you are my Queen I gloat over because you are wonderful.

Kira you are my gorgeous girl and so very beautiful,
I just want to be with you kissing you over and over.
A gorgeous soul with a gorgeous heart.
And why shouldn't I make it clear what a gorgeous face,
smile, eyes, and body you have?
You're the complete woman I want and need to have,
you are my Kira I adore to no end.
Kira you're gorgeous and it is you as you are that I want so bad,
I love you so deeply and I trust you completely.
You are my gorgeous girl and to me that is everything.

Michael P. McParland

Come Hold My Hand My Sweet One

Darling I love you so very much
and my hand is outstretched,
please come and take and hold it so tight
as I take you in my arms kissing you deep.
Kira you are my Angel and my gorgeous dove,
come hold my hand to give each other our warmth.
You are magnificent and such a gift,
come hold my hand my lady and tell each other how much we care.
Come hold my hand while we hug and talk
so we can finally be at peace with our admired true love.

Michael P. McParland

Sending Sweet Kisses 2

On this night my sweet Kira I'm sending you
kisses so sweet to tell you I love you,
you matter to me more than any other
and I would give anything to be with you.
I so truly adore you and just want to hold you
and I'm sending sweet kisses to show you.
You are my lady so robust in spirit
and so very beautiful with a gold heart so very loving.
I treasure you darling and want you to be
with me forever and ever so I'm sending sweet kisses
and big hugs to show and reassure you my golden Angel.

Sweet sweet Kira you are a treasure
and I want you to know that I truly admire you,
I love you so deeply and want you here with me
because you are my everything my gorgeous lady.
I'm sending sweet kisses because I have run out of words
and I know my sweet kisses will help tell you
that I know you're amazing and truly magical.
God bless you my Angel you are a great one.

I'm sending sweet kisses my lady to tell you
that without you I'm ever so lonely.
You are my true love and I just want to give you
my best always and all that I have,
I'm sending sweet kisses to fill you with my deep care,
Kira my lady please hear my heart as it sings big
and always know in your soul and heart
that I would never hurt or forsake you.
I love you my darling and am sending sweet kisses
to let you know that I love you so tender
and you truly are my Angel everything.

Michael P. McParland

Kira My Gorgeous Love

Kira you are my gorgeous girl
and my sweet Angel dove,
you are my true love and all I want.
To just hold and kiss you would be bliss
and I would give anything to now do this.
You can't know the aching pains I feel
each day as I long for you,
to just spend time as I see your smile and hear your voice,
to gaze into those divine sparkling eyes of yours.
I promise dear I don't sweet talk
when all I say is straight from my soul and heart,
Kira you are my true and only gorgeous love
and I pray that you'll return so very soon.
You are my Queen I so adore and each day since we met
I just need you more and more.
I am yours my dear and your alone
because I love you true and to no end.
Kira you are my gorgeous love
and I'm on my knees praying for you in every way
and praying to be holding you giving all my love
so very very soon.
I miss you dear you are my one
and you are my most beloved sweet Angel dove.

ILYF so much Kira dear.

Michael P. McParland

Love Note 432

Good evening sweet love
and I so hope you had a good day
feeling all of my warmth and deep love.
I slept better today than in the last few
but the last while was stricken with odd dreams
and the nightmares which I'm trying hard
to shake away.
Sweet love please say a prayer for me
that they won't hang over me,
and please take my hand to give me your strength.
I love you so much and wish that
right now I could just hold you as we sweetly kissed.
I love you sweet lady you are the best.

Sweet sweet Kira as I get ready
to get up and go about my evening
I send you big hugs and the sweetest of kisses
filled with my warmth and love
to give you deep reassurance and endless comfort,
to say Kira I love you completely
and please don't be angry.
I worry you're upset or lying there crying
worrying that maybe you've been forgotten
by your loving Michael.
While I promise sweet darling that I will never
in any way forget my baby
and I swear before God that I'll never leave you
because I want to hold you
and dry your tears for you because
you are my Queen Angel and hero,
you are my everything my best friend Kira.

So my sweet darling as I get up now
to go eat some dinner and fill my empty
aching tummy I'll be thinking of you
wishing we could be kissing and snuggling
the whole evening through,
I love you so very much so please
don't ever forget that and return

so very soon to your loving and adoring man.
Kira my love is so tender and deep
that there are no words but only actions
to describe and show it to you.
God bless you my lady because you're
all I want and you are an Angel,
a blessing and gift from God
sent to earth.

Michael P. McParland

Weary Morning Kisses My Angel

I wish you a good morning with
weary kisses my Angel dear.
I have been up so long as I struggle with sleep
and I'm about to lay down with what I know
will be a fight through restless rest
full of odd dreams and possible nightmares.
To calm myself though as I lay my head down
I dream of you and smile so wearily
as I listen to Falcos album Wiener Blut my dear.
Will you listen with me?
I dream of you to give me calm and help chase away
all worries and dread of the nightmares.
I smile this morning so wearily
as I dream of Kira my beautiful girl.

So I ask please my sweet one as I am nodding away
into a very tired state to reach out to me
and hold me tight as I restlessly sleep
and hold so very tight to me.
Give me your comfort so very sweet and kiss me
as I kiss you in return.
Kira my dear as I smile so wearily about you
please my sweet dear hold me as I hold you as I know you will.
I love you babe and hope you'll return soon
because you are my Queen and the most beautiful loving
woman there's ever been.

Michael P. McParland

My Sweet One For All Time

My sweet one I've been out of my shower
for a short while now and the clippers
did quite a number on my head from all
of the hair pulling they did.
Hurt like hell at many points
and though you now my vulgar mouth
I'm glad you didn't have to sit and hear me curse
as I did at each painful point.
My sweet one I so wish that we were together
right now so we could spend this night
in each others arms,
to snuggle and talk kissing throughout the time
as we had fun just like we always have.

My sweet one I will soon get up
to cook some food and that is one of
my skills I so long to share with you.
Even like tonight with something simple
as I will fry some Polish sausage.
To be able to help fulfill any of your needs
and then see you smile at me will fill my heart
with such joy and endless glee.
Sweet one you truly are my everything
and I just want to be with you
to show you how much you're loved and that you
are great and hurt by worthless jerks who weren't
worth the pavement on which we walk hand in hand.
Kira you are my sweet one and I would give anything
to have you here to spend the night just having fun
as I held you tight within my arms.

Kira you truly are my sweet one and want to be
with you right now wrapped up in my arms.
To say I love you babe and hear it back
from a sincere soul who doesn't make that stuff up,
I want to be with you kissing from our hearts and souls
feeling electricity run through us all the while.
Kira my sweet one I just want to hold you so very soon
giving my best and everything to.

I love you dear and want to always give you the best
in all you need the best I can.
You are my sweet one and everything I'll ever want and need,
Kira you are the best and my sweet Angel dove gorgeous and perfect.

Michael P. McParland

Night Note 158

Sitting here on this night
my sweet beautiful Angel of light
and right now I just listen to
my podcast as I dream of you
and wish I were with you to spend time.
I'm planning to jump in the shower
in 15 minutes or so and before hand
I would love having you help to shave my head.
I still have the old clippers that
tear out my hair if I angle just wrong
and I know your loving hands
would do perfect and fine,
and then to just have you join me
as we held each other so tight
kissing and smiling underneath
the flow of soothing water so good.
That would be such a nice piece of heaven
to be with you here on this night
and then afterwards snuggle so tight
as we watched TV and what not.
I hope that so soon we can be doing that.

Oh my sweet darling I have so much
to tell you and I want to know
how you are doing.
I can't say all that I'd like here
everyday when there's so much
that even when we're together
it will be hard to fit it all in like I want
but trust me that you and these things
are always on my mind.
I am dreaming of you now
and will be as I go about
getting ready for my shower
as well during and after
thinking and wondering in a million
different ways of a million things.
I love you my lady and want to be with you
just holding you tightly

letting you know how much you matter.
I'll write soon after my wonderful shower
where I will be dreaming of holding you
as I am in everything.
I love you my lady and treasure you deeply
because you are a diamond
and blessed Angel so amazing.

Michael P. McParland

A Good Night With You My Dear

Sitting here dear watching music videos
and dreaming of sweet beautiful you.
Dreaming of a good night with you here by me
curled up in my arms as I held you close
and kissed you so very sweet.
A good night with you just spending time
talking, enjoying music and a movie as well.
I love you my dear and wish you were here
to have a great night with arm in arm.

I wish a good night to you my sweet darling dear
and just wish so very much you were here
to spend it with me.
You are so charming and adorable sweet lady
I want to be with you forever and always.
God bless you sweet Kira because you are an Angel
and only with you do I want to be holding and kissing.
A good night with you is what will come
and I am so anxiously waiting for
because all I truly want is to be giving you all
of my love as I hold you so tight
and sharing everything that there is so wonderfully
in the world and our lives.

Michael P. McParland

You Are (My Beautiful One)

You truly are my beautiful one and most beloved,
you are everything I ache and hunger for
because you are my only one.
You are an Angel so very bright and very bold,
I admire and adore you my golden hearted one.
You shine so bright with a spirit filled with might
and you give such love as through all you persevere along
that in my eyes you are as perfect as any human anywhere.
You are my beloved and gorgeous one
and I would do anything you ever need to be helped,
to make you happy or anything else my only dear.
I love you so very much and just want to
give you smiles as I make ever happy and proud.
You are my beautiful one, best friend and true love
for whom I would give my life without question.

Kira you really are my everything and all I want
because I love and adore you so very much.
Hear as my heart calls and sings to tell you
that you are a heavenly and divine beautiful being,
hear as it sings all my favorite love songs to you
and in spirit I take your hand in mine
asking for eternity as the greatest bride of all time
because you are my hero, soul mate, Angel Queen,
best friend and adored true love,
hear as my heart tells you that you truly are the greatest
reason that I fight on through this hellacious bipolar and want to live.
Kira dear you are my everything and the beautiful Queen
I want to serve.

Kira you truly are the only woman ever I'll need and want
because you are beautiful in every way there is.
I don't know how now beyond all I've said but to
be able to show you in person each day as we live.
I'll keep doing what I can though everyday in every way I know
because you are my gorgeous one I so adore.
I love you Kira I hope you know and I swear before
God and on all I care for and love I'll not forsake you
my precious only love.

You are the one I need and more important one I want,
Kira you are my beautiful one and you are the perfect sweetest girl.

Michael P. McParland

Sweet Evening Kisses For Beautiful You

Sweet sweet evening kisses to you Kira
my most beloved and beautiful girl.
My dear Angel I send these sweet evening kisses to you
to tell you I love you, wish you were here,
and you truly are so beautiful indeed.
I want to send you these kisses so sweet
before I get up to go the chore of dishes I have.
These kisses are to tell you I wish you were here
to snuggle up so very tight after I have finished them
to talk and share kisses so sweet just like
I know we both need and want.
I send you these sweet evening kisses because
I know that you are the best and you truly are
everything ever that I want.

Sweet sweet evening kisses to you sweet sweet Kira my dear
because I so truly love and adore you as the blessing
and gift that you truly are and I thank God everyday
for the wonderful Angel of light he brought into my life,
and I thank you for all of your wonderful endless love.
How could any man ever ask or hope for more
when I have the woman I send sweet evening kisses to.
Kira I love you so deeply through and I want nobody else
only through eternity will you do.
Kira I send you sweet evening kisses because
I do so truly love you.
God bless you to feel all of my warmth and loving
and to feel me holding you as I sit beside you.
Kira you are the greatest and I always knew it
and I send you sweet evening kisses to help you know
just how completely I love and adore you.

Michael P. McParland

Love Note 431

Oh my sweet one how I love you
and I wish you a good evening dear,
I send you these kisses so full of love
because I love and adore you in full.
You are my everything and all that I want,
God bless you my sweet Kira
my blessing and gift straight from God.

Yet another night of no sleep
and a day filled with restless
and fitful sleep with odd dreams
that make it no easier to rest.
I am up now dear and wish you were here
to snuggle with, talk to and kiss.
I miss you so much because you are
my best friend and gorgeous true love.
Kira you are everything I love and I want,
you are so loving and so very sweet
and you are the reason my heart
continues to beat.
I just want you near to always give you
all of my love as well as feeling
yours in return as I hold you so near.
Kira I love you though you may not
always believe it is so from time to time
and with all the distance things
can get so frustrating I know,
I love you baby though I really do
and I would give anything to be holding you.

So my dear darling as I know get up
to get myself going and eat a sandwich
I want you to know that I'm with you always
and I love you so deeply.
I adore and admire you my precious diamond
and want to be with you holding
your hand through all eternity.
You are my Angel so beautiful and Golden
and you are my everything my Queen so

perfect in every way known,
I love you, I love you, I love you,
I love you because you are my Kira
and I want you to know that you will
be my lady forever because that's how I want it.

Michael P. McParland

Night Note 157

Sitting here now my sweet one
and eating the pork chops
that I want to be sharing
while still watching and laughing
at The Simpsons Tree House of Horrors
I miss you more than ever
and just want to be with you my darling.
I wonder how you are and hope that you're well
and just want to comfort you
while we are so tightly snuggling,
I crave you're presence and to just spend time
looking at you dear as we talk away
the many hours like we used to,
I spend this night just wishing
my Kira were with me to snuggle and kiss
as I cooked for and held you,
and to share all that I have with,
I so adore and love you my darling.

Kira you truly are so very amazing
and you really are my beautiful lady,
I just want to be with you forever and ever.
Feel all of my love as I send it to you
and be filled and wrap up in my warmth to.
I so adore you and just want to hold and kiss you
as I tell you I love you and care for you dearly.
Kira you are my best friend and truly my everything
and I want to be with you through all eternity.

Michael P. McParland

Hungering For You Tonight

Sitting here again on this late night
struggling with sleep after only
a 45 minute nap when I closed my eyes.
I wish that I were with you dear to snuggle with
and kiss so sweet and tell you how dear you are.
I wish that I were with you as I hunger
for your company and your arms around me,
I hunger so much for us to be kissing deep
and spending not just this night but every day and night
through all time in each others arms.
I love you babe you are my everything
and I just want to have you here within my arms.

I'm still struggling here with sleep sweet one
and I wish you could be here curled up within my arms
as together we enjoyed the collections of
The Simpsons Tree House of Horror collections I am watching.
Perfect for you and me as we can laugh together
like we love to do and so soon here
I will fry up the marinated pork chops I have in the fridge
that we could share as we watched the show,
I don't know if you like Bob's Burgers but I'd love
to watch that with you as well.
I hunger for you my only one and just want to be spending time,
you are my Angel and my Queen and to me you mean everything.
I adore you so and want you here and I would
give anything to be holding you.

Oh my dear as I sit here now I hunger for you,
to see you smile and look into your amazing sparkling eyes,
to hear your voice oh so sweet ring within my ears,
I love you babe and just want to spend this night with you
in each others arms spending time and having fun
as we also talked along,
I huger for you my gorgeous darling only one.
So do feel all of my loving warmth as I send sweet kisses
and big hugs to you filled with all my best,
I love you babe so very much and I am yours forevermore,
I miss you dear and want you hear as I hunger now

to just spend time as I hold you close and kiss you sweet.

Michael P. McParland

Winding Down The Night With You

As I'm siting here so tired now
and hoping that I'll sleep tonight
I wish you were here to wind down with
all curled up within my arms.
To pull in now so very tight as I sweetly
kissed your forehead and your cheeks my dear.
I love you oh so very much and just want
to be with you rubbing your back and stroke your hair.
I wish I could be winding down the night with you
as we snuggled close and kissed so sweet my only one.

I wish I were with you winding down this night my dear,
I love you so very much and miss you and all
your charms my sweet Angel bright,
you bring me peace you bring me light,
you are calm and I just want to hold you tight.
I wish I could be with you as we were winding down
I love you Kira because you are my greatest friend.
I want us both to be in each others arms
because it is home and where we belong.

Oh my sweet one how I just wish I were with you,
to share kisses and feel your calm as
I gave you every bit of mine.
Feel all my love and all my strength so it may
fill and wrap you in all my peace and warmth.
Kira you are my true love and everything
and I wish I could wind down this night with you
because I adore and love you so my Angel everything.

Michael P. McParland

Love Note 430

A very good evening to you
my sweet love and as I sit here
I just wanted to say
I miss you so much
and love you completely
my sweet Angel dear.
You are my true love and everything
and I just want to be wit you
my gorgeous best friend.
You are amazing and so beautiful,
you're a diamond in the rough I so adore.
God bless you my darling
you're my Angel so good
and I send you these kisses so very sweet.
Kira my darling my heart and I
are right there with you
so be filled with my warmth as I pull you in.
You are my true love
and I promise I'll never leave you
because you are an Angel
and the woman I want to be with forevermore.
I love you my lady and am
right here for you
so please just feel so safe
and reassured that I'm waiting for you.
You're all I want and all
that I need because you are my soul mate
and hero best friend,
you are so beautiful and I love you
to no end my sweet Angel so good.

Michael P. McParland

Sunday Evening Holding You

It's now Sunday eve dinner is done
and now after getting out of a refreshing
shower oh so good I just want to sit back
on the couch with you curled up so snug and tight
within my arms to spend this evening right.
A Sunday evening holding you would without a doubt
be a dream come true as I kissed you sweet
and looked straight at you saying
Kira you are beautiful and I love you more than anything.
A Sunday evening holding you is everything
I want to be doing right now my dear,
I always want to be with you because you are
my Angel and my gorgeous girl.

I'm feeling tired because of struggling with sleep
so I hope it would be okay that I don't want to read,
but I'd love to hear your voice if you wanted to read
from our book and let me just close my eyes to
see the scenes as I listened to your Angelic voice.
Then we could just sit and talk for a bit
as I held you and we shared throughout the sweetest
kisses oh so light and oh so deep,
a Sunday evening just you and me as I held you close to me.
Could there be better some may ask while I say no
because I would be holding my Angel who's the best.
I love you dear so very true and I just want
to spend this Sunday evening holding you.

Then in a bit I have very many movies dear I want you to pick,
and if you saw none you really liked tonight I'd
rent us one online to stream and watch while we sat back
and I held you while I stroked your hair making
you know that you are cared for and loved
as well as give you peaceful comfort dear.
I love you so very much and hope that soon my Queen
you will be here to curl up tight within my arms.
I truly love you so very much and want to be with you
each day and every night through all time in each others arms.

So now here on this Sunday eve I will soon sit back
and watch a film a dream you're here with me,
I am reaching out now though dear to wrap you up
so very close to hold you in spirit and give my love.
Kira I care for you so very much and send sweet kisses
and big hugs with all my warmth and love to cheer you up.
You are my girl and you truly are so very beautiful
and I would give anything to have you here.
Feel me beside you as I pull you in and know that's where
I'll always be is beside my Angel Queen.
I adore you dear and love you more than anything
and would love to spend a Sunday evening holding you
my only one I love so true.

Michael P. McParland

Sweet Sunday Kisses For Kira

A very good late Sunday afternoon to you
my sweet precious dear and I send to you
these millions upon millions of sweet passionate
and tender kisses I hold just for you,
sweet sweet Sunday kisses for Kira my sweet sweet girl.
I love you so much and adore you in full
and I wish you were here so I could give
you these sweet Sunday kisses in person as I held you so near.
Kira you are a treasure and I want to be
with you my beautiful one forevermore.

I'm sorry my dear I've been silent the whole
but the last few have been a struggle with sleep,
uncomfortable nightmare fueled hours
between light fitful sleep and being partially awake
and today it took me a half hour to get moving sweet dear.
So I send you sweet Sunday kisses to tell
you I'm sorry and that I so deeply love and treasure you baby.
You are my everything and my most beautiful Angel
and I wish you were here to share a snuggle so tightly,
I love you my darling and you are my true love
and sweet best friend and I send you sweet Sunday kisses my Kira
to say I would give anything to be with you right now.

I love you so much my sweet Kira and I send you these
sweet Sunday kisses to remind I'm with you always,
feel me beside you as I put my arms tightly around you
and whisper in your ear Kira you are amazing
and for you I would give my life if you needed,
you are my soul mate and hero and the sweetest Angel God sent,
I love you sweet lady and need to be with you
because my heart is yours and craves to be with you,
you are a diamond and now feel all of my
care and my passion as I sweet kiss you.
Kira I love you and I'll never leave you
and I send these sweet Sunday kisses to reassure you.

So my sweet Kira just close your eyes and see
my big loving smile as I reach out and take your hand within mine,

you are the greatest woman you know right along
with my mother and in my heart and eyes that is
the greatest honor no other woman but you could attain dear.
I love you so much and I want you to know it
so I send you these millions upon millions
of sweet Sunday kisses with huge hugs
to give you my warmth and love in undying abundance.
You are my Angel so bright and pure and there is
no other I'll ever want it's only you my sweet Kira dear.

Michael P. McParland

Night Note 156

I love you my sweet darling dear
and as I've sat here through this night
so tired babe I've thought of you.
I have not written so far sweet one
because my tummy hurts and my mind has
been blank of all ideas.
I apologize if my note is not great
I just want you to know
I miss you so I want to be holding you.
As I sit and watch TV I wish you
were curled up in my arms here with me,
to share sweet kisses as you rubbed
my fat belly because I know I'm not sick
it's just an aching tummy.
I love you so my only one
and I don't know if I will write
before I lay down.
I truly love you dear
and hope that you will return to me
so very soon.
You are the one that I adore
and my heart truly hurts without you near.
Kira babe I truly love you so
because you are my Angel
and I want to be with you forevermore.

Michael P. McParland

I Just Plain Miss You Dear

I fell asleep for a little bit
and as I wake I just want to cry my eyes out,
I miss you babe you are the best,
you are my Kira dear you are so great.
So beautiful and oh so cool,
you accept me for the fool I am.
You like to listen to me as I talk
and I love to listen to you as well.
You are so cute and I adore you dear,
I miss you babe and want you here.
You are my love and all I want
I just plain miss you babe
and want you here with me.
I love you dear where are you now
I just need to let you know I love you so.

I love you Kira you truly are my everything
and I know you're still mad at me and it kills me dear,
I love you so very much and all I want to do is show you that.
So please come so soon and let me hold you close
so we can dry each others eyes from all our pains.
We feel true love and are best friends and should
hold nothing bad when we know each others tenderness.
I know yours is just as deep as mine and it is
the deepest thing known to all woman and man in kind.
I love you dear you are my everything
and I just plain miss my Angel Queen.
You are a goddess and a great symbol
and example in so very many ways
and I miss my Kira oh so great.
I want to hold you close and kiss you deep,
Kira babe I miss you bad.

Kira babe I just plain miss you bad
and I love you so much I'd give anything
to hold you close and look in your eyes,
to say I'm sorry for all I did wrong
and I know you are sorry for how you hurt me,
so let's work through all our problems babe

and heal each others hearts as well from the jerks
that have hurt us both as well.
I love you deep and you love me so please my dear
take my outstretched hand.
Kira you truly are my everything and there isn't
anything I wouldn't do for you.
I love you sweet you are all I want
and I just plain miss you babe
because you are the Angel
I've always wanted and want to be with
for all time my darling dear.

Michael P. McParland

My Beautiful Lady 5

You are my beautiful lady and I love you so very much,
I long to be with you tonight wrapped up within my arms.
I want to gaze within your eyes and say I love you dear
and then kiss you so sweetly as I caress your cheek.
You are my Angel and my Queen,
you truly mean everything to me.
You are my beautiful lady don't you see
and I would give anything to have you here with me.
You are my gorgeous girl and only love
and how I just want to spend this night with you
snuggling and kissing while spending time.

You truly are my beautiful one and everything
and there isn't anything I wouldn't do for you.
I love you tons my Angel Queen and I just want
you to know how much you mean.
I love you so much you are my only one
and Kira I give you my soul and heart.
Please come so soon so we can share our lives
and be together hand in hand through all of time.
You are my beautiful one my precious love
and I'll stand by you forevermore.
I love you Kira my sweet girl
and I truly love and care for you more than anything.
You are my girl and you are my dreams
and I want my beautiful one here for all time within my arms.

Michael P. McParland

You're Not Alone 2

You're not alone my sweet one because I am always
thinking of you and right by your side.
I love you so much and care for you dear
I won't leave you all alone to face this world by yourself.
You are so treasured and diamond I cherish
I'll never leave you my precious Kira.
I love you sweet lady and will always stick by you
I just want to be with you forever and ever.

You're not alone I swear to you my only lady
just feel me beside you and holding you closely,
my heart calls as it reaches to tell you
that you are amazing and I just feel such tenderness
for my most beautiful lady.
You're not alone I swear my sweet Angel because
you are my sweetie and I adore you completely.
Kira I love you and just want to be with you sweet one
and I would never abandon my sweet one.
You are my everything and most beloved Angel
and I am beside you always my gorgeous one.

I love you sweet Kira and am always beside you
giving you sweet kisses of deep reassurance,
I'm always holding you because I so truly love you
and I am right here whenever needed.
I so truly love you and I treasure you baby
and I just want to spend eternity with
my only true love.
Kira you are amazing so just hear my hearts call
as it tells you I love you and want to hold you forever.
You are my best friend and only true love
and I'm in want of no other ever sweet one.

Michael P. McParland

Sweet Afternoon Kisses To You

I send you sweet afternoon kisses
my most beautiful precious Angel
to tell you I love you sweet lady.
You are my everything and I miss you so badly
and as I now rise to start my day
I wish I could just wrap you up in my arms
and kiss you so very sweet as we just
snuggled away the rest of this Saturday.
I send you sweet afternoon kisses
my only one to tell you I love you more than anything.

I send you this afternoon kisses to tell you
you're so very sweet and it is for and to you
that my heart sings my favorite love songs
to no end so you will know how much I care.
I love you sweet Kira you are such a gem
and I send you these sweet afternoon kisses
to say please come so soon because
I so truly love you and want to spend
eternity hand in hand.
Kira you are the greatest and I want to forever be
the King for my Queen.

I send to you the sweet kisses on this afternoon
because as I rise it is you I want to see,
to talk to, to snuggle and nuzzle with,
and just be spending time.
Sweet sweet afternoon kisses to you Kira
my sweet Queen I adore because you are the reason
my heart beats still my only one,
I just want us to be in each others arms
because you are so great and my heart overflows
with true love for only you.
Kira I would give anything to be with you.

Kira I'll never leave because you make life great,
I want to give you all the love that I have.
I want to show you what an Angel you are
and show you that you are a woman worth so very much,

I want to help heal the scars of those other jerks hurts
and help make my Angel the happiest in heaven and on earth.
I love you sweet Kira and send you sweet afternoon kisses
because you are my best friend, my hero, my true love and soul mate.
You are my everything and I love you so much,
I send you sweet kisses to give you comfort
and help you to know I am right by you.

Kira I send you sweet kisses to know that I love you
and so you will feel all of my warmth and my love too,
I love you so much it feels like death without you.
I want you to know just how much you mean
and I want to be able to show you as I hold you near me.
Kira you are my true love and you are the greatest
and I want to spend my existence with my pure Angel.
I send you these kisses to help make you smile
and to say I love you my sweet lady so beautiful.

Michael P. McParland

Come Snuggle Tight 2

Come snuggle tight my sweet Angel of light
and let's get some sleep in each others arms.
Come curl up close and rest your head upon my chest
and we'll fall asleep in total peace
sharing kisses oh so sweet.
Come sweet dear and snuggle tight
to fall asleep with your Michael who
loves you more than anything.
Come snuggle tight my only one and rest with me
in each others arms for at least a little while.
I don't know if I'll sleep the whole night through
but either way I want to be with you.

Come snuggle tight my only one and grace me with
your Angelic embrace and spirit I so need.
I love you Kira you are my everything
and I just want to be with you through all time.
Come rest with me and cozy up
because Kira you are comfort and I need you comfort bad.
Come snuggle up and now sleep with me
because I want to be with my sweet lady
whom I love and truly means everything to me.

Michael P. McParland

Sweet Night Time Snuggles

As this night winds down my sweet dear
and I grow tired enough to at least rest for awhile
in a short while from now I just want you
to curl up in my arms for a sweet night time snuggle
and nuzzle while we sit and spend time.
A sweet night time snuggle to watch TV and talk
just sharing sweet kisses so great throughout.
I want you to curl up and snuggle with me
before we go to bed to night to fall asleep in each others arms.

Come my sweet Kira my sweet Angel dove
and snuggle with me my beautiful one.
I just want to sit with you and feel so cozy and safe
as we sit here a while before bedtime and sleep.
I love you sweet lady for you are my soul mate
and I want to be with my best friend having the best times.
So come my sweet lady and curl up next
to me ever so loving and tightly
and we will share sweet night time snuggles of true love
with sweet kisses of caring.
I love you my Kira and want to snuggle with you
and see you smile so brightly.

Sweet Kira my darling let's snuggle so tightly
and enjoy this night together before bed time,
I just want to be with you and feel you in my arms.
I love you my Kira and just want to snuggle with you
as we share sweet kisses while talking
and just being together.
You are my Angel and all that I want dear,
let's share sweet night time snuggles and nuzzles
before we go to bed and fall asleep
so happily in each others arms.

Michael P. McParland

Sweet Kisses To You Sweet Kira 2

Sweet kisses to you sweet sweet Kira
I so cherish and love you no end,
as I sit here this evening I send you sweet kisses
straight from my heart to you my sweet one.
As I sit here alone I wish that you were her
curled up in my arms watching a movie with me.
I wouldn't be watching the scary one I am right now
as I know you don't like scary movies my dear.
The only horror movies I'd watch with you
are the cheesy ones that we could laugh at,
or if you insisted upon something for whatever reason you have.
Sweet kisses to you sweet Kira my dear
feel my arms around you as I pull you in for a huge hug
and a sweet kiss so filled with love,
you are my only one and everything and I want you here to hold next to me.

Sweet kisses to you my sweet Kira
my beautiful Angel I so cherish in full
and how I wish you were here to just snuggle with near
and tell you how much you mean my precious dear.
I love you so deeply and I love you so true
I want to spend eternity with you.
You are my Angel and the only one I so want
and I just want to hold you so tight,
to help you forget all the jerks who have hurt your sweet heart
and made you feel less that the greatness you are.
I know I have hurt you but we have talked of this dear,
we have both said mean words but in stupid anger of course.
The loving words are the true words
and you are a diamond my dear,
so I send you sweet kisses so full of true care.
I love you my Kira you are so beautiful
and I want to be with you forever and ever.

Sweet kisses to you sweet Kira my Angel so dear
and never forget your Michael is right there with you.
I love you completely and will never be in need
of another sweet lady and I send you sweet kisses
of pure comfort and caring.

I love you my Kira you are truly splendid,
I am your Michael and I'll always be with you
my truly cared for and beloved.

Michael P. McParland

Missing You So Bad

As I sit here sweet one I miss you so bad
and wish you were here to sit by me
and curl up in my arms to spend this evening
snuggling in each others arms smiling,
talking, sharing sweet kisses and spending time.
I'm missing you so bad because you are my Angel
and you mean everything to this adoring man.

I'm alone on this evening and I just want my Kira
the most wonderful, beautiful woman there's ever been.
Rather I be feeling, happy, sad, confused, or any way there is
I want to be with you my gorgeous girl,
the woman whom I so adore and my heart sings to in full.
I want my Kira who gives me smiles so pure,
her smile is the most gorgeous thing I've ever known,
along with her it cannot be beaten or out shined
because it is the most beautiful along with her eyes.
She is the most beautiful and loving woman there is
and I truly miss her so bad.

Kira I miss you so bad and just want to spend
this evening with you talking, kissing, and holding hands.
I just want to sit with you my most treasured girl
and spend time doing whatever it is we feel,
I miss you so bad because you are my best friend and other half
and you fulfill me my dear because you are
my everything and the very best.
I miss your sweet spirit and your tender looks
that said I love you Michael and I send you a sweet kiss.
I miss you so bad because we share a love
so very deep and high above the rest.

I love you sweet Kira and miss you so much
and I would give anything to be with you now.
I adore you so much and care for you dear,
I want and need to know how you are because I worry for you.
You give me sunshine and hope,
you are my northern light and Kira I just want
to be with you wrapped in each others arms so very tight.

I love you sweet one and I miss you so much
and as I sit here alone on this eve I dream of you my sweet dear
snuggled up here with me as I send you all of my
love and warmth with the sweetest of kisses
and the biggest of hugs to wrap you up.

Michael P. McParland

Love Note 429

A very good afternoon to you
my beautiful sweet Angel dove
and I hope that your day has gone well
and you have been feeling
all of my warmth and love fill
and surround you the whole way.
I love you so much and I long to have you
here to just hold so very close.
You are the best and all that I want,
you are my Angel and I just want
to look in your eyes and say
I love you sweet one more than anything.

I have just woken up
and I wish you were here
because I could use your comfort
in full right now my dear Queen.
Strange dreams and nightmares
for the last little while haunted me
and they were the type that
hangover with you to when you wake
sticking with you for a bit,
I hate how they throw off the day
and I want my sweet lady
to hold me until it all goes away.
I want my best friend and Angel
who means everything
and has always chased the storm clouds away,
that is of course Kira my most beloved
and beautiful only one that I'll
ever need or ever want through all time.
I love you my sweet Kira
because you are my everything.

I love you sweet Kira so very much
and I will be home alone on this night
I so wish you were here to join me
to spend time and talk,
to snuggle, share sweet kisses,

and do whatever seems fun my dear darling.
I would buy us both dinner
something simple and quick
and then we could just sit back snuggling so tight.
I will be dreaming of you and reaching out
the entire time wishing
I were with you.

So my sweet Kira as I now get up
to just get stuff in order
I tell you not to worry because
I am there with you and I will be writing.
Kira I love you so much that
I have been struggling bad without
my beautiful Angel I so adore,
you need never worry about
me leaving you because I never will.
You are my universe my sweet one
and I am dying to hold you
so very close.
I send you sweet kisses and big hugs
with my hearts call so as you hear it
be filled with my warmth and my love.
I am right there beside you
hand in hand holding you so very tightly
saying Kira you are my best friend and soul mate
and I want to marry you and spend eternity together,
all while I sweetly kiss and softly caress you
my sweet precious lady.
I love you my Kira and will write shortly
and know that I'll forever be with you.
Feel all my strength as I send it as well
and close your sweet eyes to see my loving smile.
God bless you my Kira because you truly
are one of Gods most special Angels
as well as a blessing and gift I am so thankful for.
I love you my Angel and can't wait to be with you
to just hold and be with sharing and enjoying
everything this life and the next have to offer.

Michael P. McParland

Sweet Tired Kisses Of Sleep 2

Goodnight my sweet love I am most tired
and I send to yo sweet kisses of sleep
as I reach out to wrap you up in my loving arms
for a snuggle so warm and tight,
I love you so much my darling one
I just want to spend this whole night with you in my arms.
I love you sweet Kira and want you here soon
so I can give you these sweet tired kisses of sleep
in person as I softly caress your cheek.

Goodnight my dear sweet one and please send kisses back
because I need the comfort that you give my love,
you are my Angel and the greatest of all time,
I just want to snuggle with you as we sleep the night through.
I love you my Kira and I so adore you
so may these sweet tired kisses of sleep give you peace
and help you to know and feel me there with you
the entire night through.
God bless you sweet Kira the most beautiful
and loving woman that's ever existed,
come snuggle with me as I give you these goodnight
sweet tired kisses of sleep that say Kira you are
the greatest and my only Queen,
I want to be with you forever my dear one.

Michael P. McParland

A Wonderful Night With My Beautiful One

I've been out of my shower for a short
while now my sweet one and how i wish I were
with you to spend a wonderful night
with you by my side and wrapped up in my arms
sharing sweet kisses and conversation
like I so want and long for.
I love you sweet Kira and I want you to know
you truly are so very beautiful.
You are my true love and who along with my family
I continue to fight on and live for.
You are my heart and truly why it keeps beating
and I want to enjoy with you a night so very beautiful.

A night for you to curl up in my arms as first
while I cook our nice treat am going to read,
I want you to get so very comfy and cozy on in
as close as you can and I'll read our book
for us and we can escape in its fun,
just the start of this wonderful one.
Then when our steak is ready and done
we can sit back and enjoy watching whatever you want,
be it a movie or something you love from TV
it will be great because I will be with my gorgeous lady
spending time getting lost in all that for which we have waited.
I love you sweet Kira and am sending my warmth
your way to fill you with the peace of these future dreams.

Then after that please a bit of talking while we are snuggling
and if you are so very tired I will just sit and hold you
until I am ready to go to bed where I will carry you
and rest your sweet head on my chest.
Oh my sweet darling before bed though I want a night
to be spent in each others arms so wonderful in our loving care,
a wonderful night with beautiful you.
Kira I love you and will be right here dreaming of a wonderful night
with you my beautiful Angel as I send sweet kisses and big hugs
full of my warmth and my love my sweet Angel dove.
God bless you with comfort and to feel so strong of my presence
as I'm right beside you holding you tightly,

Kira I'll never leave you because you are the greatest
and my true love
and I'll be right here when you are ready because
I treasure and adore you my beautiful fair lady.

Michael P. McParland

Night Note 155

A very good night to you
my sweet Angel dove and as I plan to
be up for a little while
I wish you were with me to enjoy it.
I miss you so much and I love you tons
and just ant to spend time with my only one.
I love you sweet Kira and wish you were here
to read and watch movies while I made snacks
for me and you to have while we snuggled
along throughout it all and shared
sweet kisses electric through.
I love you my sweet Kira
and wish you were here to spend
this night with hand in hand
in each others arms,
you truly are everything
I'll ever need and want.

First thing comes first
and to try and wash away some of
this tiredness and sadness that hangs on
a shower my dear so I can be all fresh and clean
for you as we snuggled the night through.
I wish you were here to join me
as I just held you so close
to me under the flowing water,
to smile and kiss and just talk away
like we used to and I so very want to.
I just wish you were here to
experience the whole night with.
I love you sweet lady and want to be
in your arms my sweet Queen.

As for the rest of the night we can
talk about after my shower,
we'll figure out some beautiful things
that we could do just you and me.
I miss you my Angel and will be dreaming
of you as I take my refreshing shower

and will write to you shortly after
I am out my sweet lady.
God bless you my Kira
and I am sending the sweetest of kisses
with warm hugs straight to you.
I love you my Angel and will always
be with you holding you tightly.

Michael P. McParland

Come Hold Me 7

I have just arisen my dear from a short rest
I ash if you will come hold your man,
I need you so very much and so very bad.
I love you my beautiful one
and I just want to spend this evening and night
within your gorgeous, kind, wonderful, and loving arms.
Sweet sweet Kira I so love you and want to
be within your arms and have you in mine my gorgeous one.
You truly are my everything and you bring me
joy and peace unequaled by anything.
I love you babe and want to be within your arms,
I love you Kira and want to spend time with you
having fun and feeling good.

I want you to sit back with me and put your arms
around me while I eat and we watch my show Earth 2
on NetFlix my sweet one I so adore.
Please come hold me my one I just want to be within your arms
because you are my Queen and woman I want with me forevermore.
Please come hold me and let's spend the night
snuggling and kissing all the while filling each other
with deep and endless strength.
Come hold me Kira and I hold you back because you are heaven
sweet one and I want to be with my divine one.
I love you dear and hope that soon you will be here,
I just want to look in your eyes and tell you how much
you mean and how much I care and so I can share my whole life with you.
Kira please come hold me near because I love
and miss you so very much and I just want to hold you back.

Michael P. McParland

Sweet Kisses To You Sweet Kira

Sweet kisses to you my sweet Kira
I hold so deep and tender within my heart and soul.
I will not be going out tonight as there
were already plans for other things while
I was asleep and out of it my love,
but if I were with you I'd still be treating you
to whatever you'd want to go get my precious dear,
I would take you out to get anything and everything that you want.
I love you sweet Kira and miss you so much
and I send you sweet sweet kisses in tons
straight from my very loving heart and soul,
a heart and soul which hunger for you.

Sweet sweet Kira I'm still sad and tired
and don't even know if I want to eat,
I just feel like lying back down and trying to sleep
in hopes of a dream with me and you
as well as to just escape this sad loneliness I feel.
I love you sweet Kira and miss you so bad
and I send you sweet kisses to tell you your great,
I miss our fun times and I just miss you so much
and I long to feel your sweet touch while hearing your sweet voice.
I adore you my dear and just want you to know
that you are my everything and only one.
I send to you endless sweet kisses to fill you with warmth
and just let you know you are my beloved Angel forevermore.
I am right here my darling with wide open arms
and a wide open heart to say I love you best friend,
and I'm right beside you feel my arms around you.
I love you sweet Kira you are so truly missed
and I send you sweet kisses because you're loved so very much.

Michael P. McParland

Love Note 428

Good afternoon my sweet beautiful Angel
I so truly adore, love, and miss
more than anything ever.
I love you so very much and for a handful
of reasons I've just spent the last
day and three quarters here in bed
and slept almost that whole time
sweet Angel I so deeply adore.
I send you sweet kisses and big hugs
with all of my love and warmth
to give you sweet comfort
and to help you know I am there
holding you close and holding your hand.
Kira you are my wonderful woman
and I love you so much,
I'll never leave you because you are the best,
you are my hero, my soul mate, my best friend,
universe and everything.
I love you my sweet Kira and hope you
can understand that it was for a lot
of different reasons I was out of it dear,
so please don't worry and come let me dry
your tears my sweet dear,
it was a lot of reasons many of which
I don't know how to explain here
nor will I even try because so many
are my private things which I will share with you
but only you in the most private ways my sweet dear.
I miss you my dear and wish you were here
to be with and hold sharing sweet kisses.
I wish you were here to take out to dinner
and for us to spend time doing things together.

Oh my sweet love how I so dearly miss you
and a part of my sleeping was
from how much I miss you and all of the
happiness we've always shared together
and I know we will when reunited,
I just want to be holding you

my sweet precious darling
and yes I would take you out to dinner tonight
wherever you wanted my Angel of light.
I'm planning to go out on this night
and I would like nothing better
than to be with Kira my true love and best friend,
I love and miss you and just want to spend
this evening out with my best friend,
an evening to spend with the greatest woman
there's ever been.

God bless you sweet Kira and never forget
how much your Michael truly loves you,
I'll never leave you because my heart
still beats and goes on just for you
and I want to be on this earth
and into the next life with my beloved woman.
Kira my Kira please come so soon
and we will share sweet kisses in millions
each day that we're living.
I'm here for you whenever you want or need
and I'm right beside you holding you tightly.
God bless you sweet Kira my beautiful woman
and never forget that your Michael
lives on to be with and fight for the woman
he treasures more than anything ever.

Michael P. McParland

Love Note 427

I send to you many many
sweet loving kisses of warmth and care,
I so very love and adore you
my sweet Angel dove and just want
to be by your side and hold you forevermore.
I send you sweet kisses with
unconditional, endless, and undying love
because you are my everything and only one.

Michael P. McParland

You Are My Only One

You are my only one so beautiful and good,
you are my only one and I only want you,
you are my only one and I love you so much,
please my only one return so very soon
so I can hold you so close.

You are my only one my sweet Angel dove
and I love you so much to my very core.
You are so beautiful and truly divine,
I will be by your side hand in hand
through all of time.
It will only ever be you because
I so cherish the sacred bond that we share.

You are my only one my sweet Kira
because I admire and adore you my dear,
you're truly all that I need because
you are my darling gorgeous Queen.
You truly are all that I want because
in my heart and eyes you are everything
I feel a partner should have and is.
You are so loving, you can be gentle,
you are so strong and you fight for what you believe in,
you are amazing I can't even list
all that I love about you I just need to look
into your eyes and show you while I tell you
I love you.

You are my only one and I want you here
so we can spend time and snuggle
while we share sweet kisses galore,
you are my only one and I so badly miss you.
Kira you are the best and my diamond in the rough
and I just want you to know you're of great worth.
I love you my Angel so very much and I want
to be with you hand in hand forevermore.

Michael P. McParland

God Bless You 9

God bless you my beautiful girl
to always feel all of my love and warmth
so you'll always know that I'm there with you
and I am right here with wide open arms
and a wide open accepting heart full of true love,
God bless you so you'll know you're not alone
and that you are so loved and treasured my dear.
God bless you with joy and all the best that there is
because that's what I want for you is true happiness,
I want that for you and to help give it in full.
I want to give you all of my love everyday that we live
both in this one and into the next.
God bless you my Angel because you are a gift
and you are a blessing I love and adore,
I love you so much and give you all of myself
and all of my life because my heart and soul
are yours to have and to hold through all time.
God bless you my Angel and don't ever have worry
because I will never judge or reject you
and I will never leave you for I am your Michael
and I will always stand with you giving
my all, my best, and my everything through eternity
because you are Kira my gorgeous sweet lady.

Michael P. McParland

A Beautiful Afternoon With My Angel 3

A very good afternoon to you my Angel so pure and good
I so wish I was with you to spend a beautiful one
with beautiful you in each others arms and holding hands,
I miss you my sweet one and love you so much
I just want to have you in my arms and be in yours too.
I love you sweet Kira you are my everything
and I sit here and dream of a beautiful afternoon
with beautiful you my sweet Angel dove.

A beautiful afternoon for you to curl up in my arms
and share some sweet kisses as I pull you in
so very lovingly and so very tight.
A time for us to watch movies and talk,
to read from our book and many other things
that both of us want.
A beautiful afternoon to just be with you
is something we both want and need so let's do it soon,
let's just come together and snuggle making time
for just the two of us to talk, snuggle, kiss,
and enjoy spending time and feeling closer.

Oh my sweet one I am longing so much
just to hold you so close as we spent a beautiful
afternoon having fun and good times with each other,
my heart is longing and aching as it calls to you
to tell you you're wanted and needed by me.
I love you sweet one and for the lock to my walls
and my heart only you hold the key,
only you my sweet one is how it will always be.
I love you my Kira and just want to be with you
forever and ever because you are my Angel.
I am right here my darling and I always will be
because you are my best friend and soul mate
who I treasure and always will forever and ever.

Michael P. McParland

Love Note 426

A very good almost noon to you
my precious and most cherished
sweet Angel dove,
and I thank you so much for all of
your kind patience, understanding,
and all of the loving peace and warming
you send to me so I was able to
get such a good amount of sleep.
Please my sweet one don't be upset at me
for I had no idea I'd sleep so very long
and I promise I'm not slacking off
in any way on you just as in that
my writing less in no says I love you
any less because the fact is
I love you more than ever sweet Kira of mine,
I only want to be with you
hand in hand side by side forevermore
because you are my hero, my best friend,
my Queen, and my Angel galore,
you are my everything and all that I want.

I wish you were here with me
to enjoy the afternoon and the nice lunch I plan,
first I have to go get some tomatoes
because the store I was at last night
didn't carry them of course.
Then when we returned home I'd make
bacon and tomato sandwiches for us my sweet lady,
to sit back and enjoy them while you were
curled up right next to me
is a dream made in heaven
and one that I can't wait to have soon.
I love you sweet Kira and want to be
spending time with you my true love
and I pray that soon we will be reunited.

So my sweet love please don't be sad
or be upset with me because I promise
I'll never leave you at all,

have faith in me my sweet one
because I love you more than anything ever,
you are such a sweet, rare, beautiful diamond
and I adore you to no end.
So feel all of my warmth and love
surround and fill you as I reach out
and take you in my arms
for a big snuggle with tons of kisses so sweet,
remember I am your Michael
and I have only ever wanted my sweet darling Kira.
I love you fair lady
and just want to be spending time
and forevermore holding you
because I just adore and treasure you so much.
Hear my hearts call as it is
singing all of my favorite love songs to you
and just feel comforting peace
and give me a smile.

Michael P. McParland

Let's Rest For A Bit

Come join me sweet one and let's climb
under the covers to snuggle and kiss for a little while.
I'm still a bit tired and need at least
a couple of more hours ans I want to rest with you
my sweet Angel falling asleep in each others arms
giving kisses before we drift off.
Come my sweet one and climb under the covers with me
to snuggle and kiss in our own little world.
Let's rest for a bit my special girl,
I just love you so much my beautiful Queen.

Come my sweet one and snuggle up with me
under the covers in a world of our own,
I just want to be with the one I so cherish and adore
who I know cherishes and adores me just as much in return,
I love you so very much my sweet one and I want
to get cozy with you to snuggle and share kisses so sweet
before we fall asleep so peacefully in each others
loving arms that are so accepting and undying
in there everlasting care and love,
come my sweet one and let's rest for a bit
after a wonderful snuggle and kisses so fulfilling.
I love you my Kira and just want to be with you forever and ever
because you are my true love and Angel
and I don't ever want to be away from my best friend
who means everything and is my sweet beautiful hero.

Michael P. McParland

Night Time Snuggles

I have just arrived home my sweet love
from having ice cream and a trip to the store.
We went to Dairy Queen so I just had
a large Vanilla soft serve cone,
it was delicious and I loved my Queen.
Then to the store where I think I finally got
everything I was not able or had forgotten before,
I thought of you the whole time and missed you
being there with me my sweet love,
I thought of you and sent all of my warmth and love
with the sweetest of kisses and big hugs.
I thought of you and wish you were here
to be by my side hand in hand spending time.

Now that I'm home I would like nothing more
than to sit back with you and share snuggles
so warm and so loving with caresses as well.
Night time snuggles with Kira my Angel so good
and kisses upon kisses as we watched some TV
and later before bed read from our book.
I love you sweet one and wish you were here
for night time snuggles of comfort
and peaceful in all of the true love we feel and share.
Sweet night time snuggles with my beautiful Kira I so adore.
I love you so much my sweet Angel dove
and I'm right there beside you pulling you in for the biggest hug,
I just so wish you were here to hold for real
because you are my only one and everything
and I want nothing more than to hold you so close to me
saying I love you Kira please marry me
and we'll spend eternity so very happy just spending time always
as we need and want forever blessed by our God.

Michael P. McParland

A Beautiful Evening With You 2

Hello my beautiful one I hope you are well
and after that wonderful refreshing shower
that gives life and health such a feeling of renewal
I'm ready to spend with you a beautiful evening
full of happiness, light, and the true love that we share,
I'm ready and I want a beautiful evening with you Kira
my sweet Angel dove I so adore and want to be with
forevermore hand in hand knowing true bliss
and fulfillment whole and pure.

A beautiful evening with you where here very shortly
we'll go get some ice cream while we just sit smiling and talking.
Coffee as well as cookies and cream are my favorites
and I don't know yours yet at this point for you've
never told me my dear,
so you see for as much as I do know there's just as much
I do not and I want to know all about my true love
so I can just know you like I would like
as well as be able to get everything perfect for you my sweet one.
How I would love to spend a beautiful evening with you Kira
my gorgeous Queen and only one.

Then after ice cream and before home
a possible stop by the store to finally get my few things,
I need ice for my soda and to just have
nice cold drinks in general as well as a few other things.
Then home to sit back on the couch and snuggle
together sharing sweet kisses and caresses so wonderful and good.
To just spend time with each other as we have wanted
and do whatever it is we feel like doing.
I miss you sweet Kira and I'm dreaming, longing, wanting,
and needing a beautiful evening with you my beautiful lady.
I love you so much and want you so soon
right by my side so I can hold your hand whenever we want.
I will be sending you all of my warmth and love along
with the sweetest of kisses and giant hugs.
God bless you my darling and remember I'm always with you
for I am your Michael and I simply adore you.

Michael P. McParland

Love Note 425

A very good evening to you
my sweet Angel dove and please
don't feel worried because
I am still here so I'm reaching out
to pull you in for the biggest of hugs
and give you the sweetest of kisses
while I dry your tears.
Always remember dear that I am your man
and I'll never leave you
this I so deeply and completely swear.
You're not alone because I'm by your side,
hand in hand always my precious true love.
Forever in loving support you are my
diamond and Angel,
my only one.

Last night was a struggle of mostly
three quarters of the way asleep,
struggling not getting comfortable
and just feeling emotional
from many things but so much missing you,
wishing you were here to snuggle
and share kisses with as we both
closed our eyes and drifted off.
Finally in the very late half of the night
I went out on the couch and fell
fast asleep which is how I remained
the entire day until about
half an hour ago and before writing
I ate something first.
I am sorry sweet love if you were
worried, upset, or felt like crying
and I am still tired but first need a shower.
I wish you were here to join me my dear
as we just held each other and kissed,
standing under the water and feeling
so happy and refreshed,
I wish you were here to hold my precious
Queen I so adore and I want here with me,

I love you my babe you are the best.

I love you sweet Kira and send you kisses galore
and I want to go take that shower right now.
I will write you after I emerge my sweet lady
and in a little while I am going with
my parents out for some ice cream,
how I wish you could join me for some delicious
coffee ice cream which is my very favorite,
I'll then write you again after I've returned from that
as I'll be dreaming of you while I'm gone.
God bless you sweet lady I so deeply
and completely love you.
Feel my arms around you as I reach out
to kiss you and hold you.
I love you sweet Kira and hope that so soon I'll
be able to look in your eyes and tell you
everything that I am feeling.
I miss you my Angel and am sending you
these sweet kisses so warming,
dream of me too my sweet lady
as I will be of just holding you
while I go take this cleansing
and most refreshing shower.

Michael P. McParland

Come Snuggle Up For A Rest

I'm so very tired my sweet one and need a rest,
come my sweet one so I can give you a deep
and loving passionate kiss as you snuggle up
so close and tight then just rest your head on my chest
so I can wrap my arms around you to just
stroke your hair and rub your back.
I'm sending you all of my love and warmth
to reassure you I'm there by your side
and I will be forever because you are everything
to me my sweet Angel Queen.
Come snuggle up so very close and rest with me
because I love you so much and I want you near
because you are my light and joy
and I give myself and my life to you always in full.

Come snuggle up with me my sweet one,
I'm so very tired and I'm missing you so bad
I just want to close my eyes and dream of you
as I drift off and then I hope to dream of you
as I sleep of us having fun and feeling so close.
Come snuggle up sweet lady I love
because I adore you and just want you near
to see you smile as we tenderly kiss
and I just hold you so close and say
I love you Kira my Angel you are the best
and I cherish you deeply and want to
be with you always through eternities time
as the happiest and most loving husband and wife,
I will always be with you hand in hand
because you're all I want my gorgeous diamond and Queen.

Michael P. McParland

I Miss You Tons

Sitting here on this eve and still
feeling quite tired but I'm fighting
the urge to lay down and close my eyes,
I love you babe and miss you tons
because you are my everything and best friend,
I've never ever missed anyone like I miss you
my beautiful sweet Angel dove.
I love and miss you so much and I just
want to hold you so close to me
and tell you how much I love you
and how much you mean to me my sweet Queen.

I miss you tons my sweet Kira and all
of the small things like our little sayings
and jokes throughout our long conversations my dear,
I miss your voice and beautiful face
as your would smile at me or when you weren't looking
I would sit and steal looks of admiring love
and passion at you as I felt the butterflies
stir within me because of your sexy beauty
and the pure love we share within our hearts and souls,
I miss you so very much because we share a bond
that is so very special and so very strong.
I miss you tons sweet Kira my Queen
and I truly love you more than anything.

I miss you tons and the pain is so much
as I just want to be with you to kiss you so sweet,
to look in your eyes as we tell each other
I love you babe without a word,
I miss you my Kira because you are
my diamond in the rough and Angel so good.
Kira I miss you tons and yearn to just
hold you so tight and close while drying your tears,
I love you sweet lady and I always will
because you are my soul mate and I choose you freely
because you are the best and you are you
my gorgeous Kira so beautiful and so good.

Michael P. McParland

My Treasured Sweet Angel

Hello my sweet treasured Angel and true love
and a good very late afternoon to you my sweet one,
I'm so very sorry that I have been so very quiet
as just before I last wrote you my sweet one
my stomach had begun to hurt just a bit
as did my body in whole begin to ache and feel worn down,
so I lay down on the couch to close my eyes
and give my body the rest with some soothing
classical music I love and though it was not very deep
or even that restful of sleep I have been out
since then my sweet love and feel well enough in time
to enjoy one of my favorite meals pork roast
which I managed to get in the oven before feeling
all wonky and ick,
I love you sweet one and wish you were here to give
sweet kisses in tons and big giant hugs
as I said thank you my true love and only one
while we sat down to eat this lovely meal
and I could see you enjoy it which would give me such joy
knowing and seeing I've pleased you and made you smile.

Kira you are my sweet treasured Angel
and I wish I could spend a gorgeous Sunday evening
holding you so very closely as we did something
fun that you wanted both with the kids
and then just you and me enjoying what you have picked
and then sharing sweet kisses and soft caresses so great.
You are my treasured Angel and I love you so much
I'll be dreaming of you as I go eat my dinner now
and I'll be dreaming of you my sweet Angel dove
and gorgeous Queen through the whole night
while praying within my heart that it will be soon
that we will talk and reunite,
I'll be dreaming of you my Angel supreme
as I send you sweet kisses and huge hugs filled
with all of my loving strength and deep warmth
to give you comfort and fill you with peace.
I love you my Angel and you are the best
so always know in your heart that I am yours alone

forever hand in hand through all time.

Michael P. McParland

Taking Your Hand In Mine

I'm reaching out to take your hand
within mine so gentle yet firm
with a squeeze of reassurance and warmth for you.
Feel my sweet kisses as I pull you in closely
to look in your eyes while I give them
and always know that your Michael loves you
and will be with you and right here forever,
I'm taking your hand in mine to express
my love through a simple yet sweet touch
to give you peace and give you comfort
as I say I love you with a gentle yet firm squeeze
of your soft loving hand as I tenderly
kiss you and place your hand on my chest
so you can feel how my heart beats for you
and it will always be yours just like me
through all eternity.

Michael P. McParland

A Sweet Sunday Morning With You

A very good and sweet Sunday morning to you
my beautiful Queen so adorable and kind,
I want to thank you for your understanding
and patience as I needed to lay down
for this headache before it got bad,
I am feeling fine right now my sweet one
and I thank you so much for all of
your loving strength and endless care.
I thank you my dear and wish I could
just hold you so close and give you
sweet kisses of true love and thanks.
I wish I could spend a sweet Sunday morning
with you in my arms.

A lovely morning where we could just sit up in bed
and I'd get you your coffee and serve it to you,
then gather you up in my arms to give you
sweet comfort and keep you so warm,
so I could look in your eyes and say
I love you babe and I always will,
I'll never leave you because I don't want to lose you.
I don't ever want to be taken away from
my sweet dear Kira again because you're my everything.
I wish I was with you to spend a sweet Sunday morning
just me and you spending time doing whatever we please.

I would hold you and kiss you for just a short bit
before having you get comfortable and lay down
on your tummy so I could give you a massage
to try and help ease the tension and pain
that your body holds and stores up.
I would gladly and lovingly rub your back and neck,
as well as your arms, legs, and the one thing
I'll only ever do for you massage your feet.
I won't mind touching yours because
I love you so and I know you're a clean person too.
I would love to give you a soothing massage
to help you feel loose and relaxed as much as I could.
I love you my darling and want to give you

all of my love by serving you in the most caring ways.
I want to do for you all of the things
a good man and King does for his precious Queen
to always show her he loves her and her worth.

Then I just want to sit back with you again
and snuggle while we watch some movies and read our book,
I just want a sweet Sunday morning with you
in each others arms surrounded in our
unconditional and undying love my sweet one.
I just want a sweet and beautiful Sunday
morning with you because I love you so much
and I want to be with you starting so soon and then through all time.
Kira I'm reaching out to wrap you up
so feel filled with all of my love and warmth.
I treasure you darling and am praying that so soon
we will be back together and sharing that first kiss
we've so longed for and wanted,
I pray that the way will be open so soon my sweet dear.
Then I will just hold you and open my walls up
to let you into my world so we can share it forever.
I love you sweet Kira and am dreaming of you
being with me and sharing a beautiful
and sweet Sunday morning snuggling,
smiling, laughing, and enjoying life as we spend time
together as we've so long wanted and needed.

Michael P. McParland

Morning Note 173

A very early good morning to you
my sweet one and I hope you slept well
feeling my arms around you
and I pray you had the sweetest of dreams
about you and me as we just
snuggles so tight and so close
forgetting the world and all
of the endless problems it holds,
I know we'll always find peace and deep comfort
with each other as we support
one another as we have always.
I send you sweet Sunday morning kisses
and reach out to pull you in
for a tight squeeze and snuggle.

I've woken up with a bit of a headache
so I'm about to lay back down
to hopefully beat it with Excedrin
and rest before it gets big,
I just wanted to tell you I love you
and wish I could be with you
before I lay down for a bit more,
I wanted to ask you to come
and lay by me to curl up in my arms
and snuggle awhile while you rest
your sweet head on my chest.
I just wanted to let you know
how much you mean and are missed
before I close my eyes for a bit.
Will you sweet one come and lay down
with me and just cozy up in each others arms?
I want to be with you sweet one
feel you right next to me
as we share our warmth and some
sweet kisses so fulfilling and wonderful.
I love you my dear Angel Kira
and hope you will snuggle with me
while I take care of this headache
in these early hours.

Have a wonderful early morning
my sweet darling Kira and feel all
of my warmth and love completely surround you
to fill you with peace and deep comfort
and may these huge hugs and sweet kisses
give you full reassurance that
you're not alone because I'm always with you.
Feel me wrap my arms around you
for this early morning snuggle
and rest with me for this little while,
I want to be with you even if
right now it can only be in spirit my dear.
So please send me some sweet kisses
as I know you always are and give me
a big shining smile of yours.
God bless you my lady and for everything
I want you to know you are appreciated
and I deeply thank you,
I so adore you my darling Queen Angel.
So come curl up in my arms
and we'll share some sweet kisses
before we once again close our eyes.
I love you fair lady for you truly are
my best friend and everything
and the greatest thing one can have
is the true love of their best friend
and especially when it's from you
that the love comes.
I truly am the luckiest man that there is.

Michael P. McParland

Goodnight Kisses To You My Sweet Angel

Goodnight my sweet precious Angel
and let's now end this night and go to bed,
let's just snuggle for a short bit
and softly talk of so much including our love
while we just gaze into each others eyes
giving the biggest and most loving of smiles.
Come my sweet one and we'll slide under the covers
burying our heads to escape into our
own world of our making where it's just us
and no other is allowed just us my sweet darling,
we'll just snuggle, talk softly, and share
the sweetest and most loving of goodnight kisses.
Feel all of my warmth and love my sweet Angel dove
as I wrap you up in my arms and pull you in
for so many goodnight kisses of true love
to fill you with comfort and peace
reassuring you that I will be with you forever and always.

Just curl up so tight in my arms and get cozy
as I kiss you goodnight before you rest your
sweet head upon my chest and relax,
I will hold you so tight stroking your long gorgeous hair
and rubbing your back while I softly
talk telling you everything is alright,
I love you sweet one and I always will
because I've known since the start that you were the one,
I wasn't looking for love when I met you
my sweet Kira with a pure heart of loving gold
but I fell so fast because our souls touched
and our hearts spoke and sang as one,
I've always known that you're who I want
and have never seriously been able or even wanted
to consider another person,
you are my best friend, soul mate, and hero,
I'm sending you these sweet loving goodnight kisses
of deep warmth to give you peace and tell you
I love you my sweet darling Angel I adore to no end.

I'll see you tonight in the majestic land

of our dreams where right now we can meet
and spend time as we wait for our reuniting,
I'll just hold you as we lay in our bed
wrapped up in my big fuzzy orange blanket
under the stars and the moon marveling
at their celestial beauty and our divine love,
we'll just snuggle feeling so safe and peaceful
as our friends in the sky send us their blessings
and blow us kisses,
we will just lay there together in the perfect weather
as it will be like a perfect late spring night
with the lightest and cozy of breezes.
Tonight my sweet love in our dreams I'll hold you
so close and tight as we gaze at the moon and stars
talking, laughing, kissing, and enjoying
our time together there until we are together for real.
I love you sweet one and can't wait to be with you
spending each day giving you all of my love
striving to honor you in every way making you
ever so happy and proud as a King should his Queen.

Goodnight my sweet Angel and let's slip
into bed to snuggle and share sweet goodnight kisses
and very soft loving caresses,
let's cozy up so I can tell you how
much I love you and want to spend eternity
with my most divine Angel.
It's always been you my sweet Kira so dear
and I'll continue waiting because I can't
stand the thought of a life without you.
Feel my hand within yours as I reach out to take it
and then pull you in for the biggest hug,
be filled with deep warmth and strength
that I give you in full,
please be at peace knowing I'm there.
I give you these sweet goodnight kisses
my dear beautiful Angel to say I love you my sweetie
and may God bless you and comfort you
knowing that I am your Michael and will never
reject you, push you away, and I'll never judge you in the least.
I'll forever stand by you giving you my acceptance,
support, and true love to no end,

now let's go climb under the covers and give each other
some wonderful and fulfilling goodnight kisses.

Michael P. McParland

Night Note 154

A very big and loving hello
to you my beautiful woman so very magical,
wonderful, amazing and good,
I hope your night has gone well
and you have been feeling my sweet kisses and hugs
making you feel warm and giving you smiles,
I'm sending you all of my love
which I feel so very deep and tender
to my very core just for you,
only you and no other will ever do
for your Michael who will always be true,
nobody else can ever compare
in the slightest to my diamond and Angel
so very precious and the one
I truly cherish.

I hope you have found some
fun things to do on this night
and that you thought of me and felt good
just as I thought of you and felt
your great light in my soul and my heart,
you are a shining star so very bright
and I am in awe of the beauty
and strength you project,
I adore you my sweet Angel I love and miss.

I was up to nothing important or special
as I spent what seemed like forever
going through my twitter to clear out
a bunch of accounts I don't want to follow
and I was nowhere near done when
I just plain got tired of scrolling through,
perhaps I'll finish later
but probably not in all honesty.
I think that I'll be resting, reading,
and watching some TV,
all the while dreaming of you
and wishing that you were here with me
to just hold and feel near

telling you all that you mean to me.
I love you sweet lady
hear my heart calling as it reaches out
to touch your sweet heart
and tell you that you are my dear Queen
and sweet Angel and I yearn to
be with you hand in hand for eternity.

So my sweet one before bed time
would you like to come and snuggle
as we sat back on the couch sharing sweet kisses
while reading and softly talking.
I would be honored and so very happy
my dear darling Kira if you would
come sit with me and curl up in my arms
getting so very cozy.
Please my sweet lady come snuggle with me
and let me comfort you with kisses
and warmth to wrap and fill you up.
Come my sweet Angel dove
and let's share this sweet time
together feeling the joy of our loving bond
and deep care.

Feel me there beside you
as I pull you in so very tightly
to just tell you I love you
and give you my kisses my Angel so good.
I will say a prayer for you
as I always do so you will feel all of
my loving strength and deep warmth
with reassurance that I am not leaving,
I miss you my darling and am right here
with wide open arms and a wide open heart
full of pure love to take you in
and show you all of the love you've
always deserved,
I am right here and I am so excited
to hold you and have you here
as we'll share our lives
and give each other always
the best that there is.

Michael P. McParland

I Miss You So Much My Sweet Angel Dove

I miss you so very much my sweet Angel dove,
I sit here aching and longing for you to be here
and so I can hear your sweet voice,
to hold you so very close and tell you
that you are the best and I will be with you
forever side by side hand in hand,
I'm yearning for you my sweet Kira and my heart is hurting
in wanting you here and missing you so very bad.
I miss you my sweet Angel dove and I just want
you to know you are so beautiful in every way
and I would give anything to just be with you
kissing, snuggling, and talking the hours away.
I love you my gorgeous and divine Kira from above
and I just to be with you through eternities time.

I just want your company and to feel your sweet love,
I am in want of nothing else like object,
or money, or some crazy thing,
I only want you because you are you
and you are sweet Kira the woman I love,
I just want the Angel I so adore to give my best
and everything to everyday of our lives,
I want to make you so happy and proud
seeing your gorgeous eyes sparkle and your
shining beautiful smile.
I miss you my sweet Angel dove because you're
my everything and my wonderful best friend.

I miss you so very much my sweet Angel dove
and I'm reaching out to pull you in for a big hug,
a big hug of warmth with a sweet kiss of true love
to tell you I need you because you are my soul mate
and I treasure our bond so sacred and divine,
you are a blessing and gift and I want to
show you your worth by treating you as the Queen that you are
and tell you that your cherished and appreciated every single day.
I miss you my sweet one because life is so bland
without my true love and you are the worlds beauty
my sweet precious lady and only one I'll truly

ever want and need through all time I know.

I just miss you so very much my sweet Angel dove
and I wish I could perform miracles and be where
you are at right now to pull you in close to me
and tell you everything is alright because
your Michael is here and I love you so much,
I miss you my sweet Angel dove and adore you
my rare diamond in the rough.
I love you sweet lady and just adore your spirit and heart
and you better believe you are beautiful my dear one
because you give me butterflies and tinglings
in every way from the whole person you are.
I miss you so very much and I promise you're not alone
because I don't want to lose you or see you in pain.
I cherish you deeply and can't even describe in full
just what you mean to me baby because there are
some feelings of love so very deep they transcend known words.
I'll always stand by you and am holding you
so very tightly so feel peace and comfort
as I give you my loving smile and just hold you in spirit
rubbing your back and stroking your hair to soothe
and comfort you with all of my strength.

Michael P. McParland

Sweet Evening Kisses With Kira 2

How I would love to be with you right now
my sweet love and be wrapped up in each others arms,
spending time talking and doing fun things together
and all the while sharing sweet kisses
of deep passionate hunger and fire.
I wish you were here and we were sharing
sweet evening kisses Kira my dear,
I wish I were with you my beautiful woman
who fills me with light and brings me cheer.

How I so wish I were with you to share
the sweetest of kisses while I tell you
and let you know just how important to me you are
and how my heart and soul overflow with tender love
close to bursting just for you,
I wish you were sitting so close to me
so you could look in my eyes seeing
and feeling all of the truth I hold inside
knowing for sure that I tell no lies
and will forever stick right by your side.
I love you sweet Kira and you're not alone,
I wish that I were with you right now
sharing sweet evening kisses with my Angel so pure.

Kira I send you these sweet evening kisses
to let you know my heart is filled with true love
and each day it is growing,
to let you know that you are my diamond in the rough
and I am yearning so bad to hold you so near,
I send you these sweet evening kisses with the
most massive of hugs to give you every last bit
of love, warmth, and strength that I have.
I love you my Kira and am missing you so badly
and can't wait for our kisses and snuggles,
feel me wrap my arms around you as I'm right there
beside you telling you I love you and giving deep kisses.
Kira you are my Queen and most gorgeous Angel
and I truly want to be with you through all eternity.

Michael P. McParland

Your Loving Comfort

Sweet love I just arrived home
about five minutes ago and my nerves
are still on edge quite a bit my sweet one,
it was so very crowded with people in my way
or almost running into me at every turn
I got so flustered I forgot a good handful of things.
How I wish you'd been with me
and I so wish you were here because I really need
and want your loving comfort as you hold me near,
I so want to hold you close and just feel
all of your comforting care and love.
I adore you so very much and just want
to be with you and enjoy the evening and the night.

Sweet dear I need to sit back and just calm
my nerves so please reach out and hold me tight,
I will as always hold you back because
that's just what I want to do as we talk,
your loving comfort is worth more
than all the worlds riches and the universe,
I just want to have you near and look
into your gorgeous eyes getting lost
in all the beauty you hold inside,
I just want to be with you feeling comfort
in your loving care and deep pride for me.
I love you babe and thank you so much for everything
and I will spend eternity thanking you
time and time again my sweet Angel Queen.

Michael P. McParland

Love Note 424

Good afternoon my sweet Angel dove
and as I've been here resting
the last little while I've been dreaming of you,
you are so very beautiful
and I love you so much
and I just wanted to dream of all
the beautiful times I know we'll share,
I just wanted to dream of you
my beautiful girl and all of the
kisses and snuggles we'll share.
I love you my sweet one and
yearn to have you here in my arms
feeling your touch as we gaze
into each others eyes and say
I love you babe while we smile.
I miss you my sweet one
and am reaching out to take you
up in my arms and comfort
both of our aching hearts.
I'm sending you sweet kisses
and hugs of deep peace and strength
to wrap you up.

I am heading out the door in a few minutes
my sweet Angel dove to do a bit of shopping
for a few random things,
I wish you could join me just so we could
be spending time with each other,
I just want you by my side hand in hand always,
I'll be thinking of you as
I go about doing my business.
I'll write you upon my return my sweet lady
and let you know that I'm okay,
I wish you would write me
to let me know how you're doing,
you know that I worry about damn near everything,
it's because I adore you so deeply.
I love you sweet Kira and please know
that I am here for you no matter what always,

I just want you here to give comfort and kisses.
So feel me beside you as I pull you in
tightly and close your eyes to see my smile,
I adore you my lady and you truly are
my most beloved and beautiful Angel,
I treasure you deeply and my heart calls to you
singing it love in full voice
about you my sweet lady.
God bless you and feel deep comfort
my darling knowing I will forever be
your faithful and loving Michael.

Michael P. McParland

I Miss My Friend Mee Too

I miss you Mee Too my dear and wonderful friend,
I miss the little things in all we shared,
I miss our laughs and conversations that would last,
I miss just knowing that you're there
and knowing that you would message me
each morning to wish me a great day
and at night to say sleep well and have sweet dreams.
I miss you Mee Too please come back
so we can work through those stupid fights.
Mee Too I miss talking and without you here
it is dull and so much is very painful.
Mee Too you are my treasured friend
and I miss you tons because you're great.
I miss you my dear friend and every time
I log on I hope to see you've messaged me,
I so truly miss my great friend and I always
hope and pray that you'll come back one day.

Michael P. McParland

A Kiss To Kira 2

I send this sweet passionate kiss to you
my sweet one so beautiful and so good,
I send you this sweet kiss with a huge hug
to say I love you so much my sweet Angel dove.
Please talk so soon and return to me
my dear one because you are my best friend
and my only true love,
you're all I want my blessed girl,
you are the one I thank God for each day that there is.

Kira I send you this sweet kiss full of
true love and a message of warmth
to tell you I'm with you always
and you're not alone,
I will always stick by you because I so adore you
and I just want to be talking while I hold you so closely.
Kira I send you this sweet kiss one of just many
to shower you in my pure love and one day
I'll give you kisses all over,
I'll kiss your soft luscious pink lips
as much as you need and you want
because I so want that as well my darling dear.
I will always kiss you on your forehead, cheeks,
hands, neck and lips.
I send you this sweet kiss and can't wait
to give you my kisses in I hope the near future.

I send you this sweet kiss to let you know
you are missed because I treasure my Angel so very much.
Feel all of my love and infinite undying warmth
within these sweet kisses and big hugs that I send.
I love you so much and need you so I can
give you all of my caring and tender love from my heart and soul,
Kira I love you and want you right here by my side.
You are the Queen I'm so dying to be with
and to serve in all ways in pure love
and I send you this sweet kiss to let you know that you're treasured.

Michael P. McParland

A Gorgeous Saturday With Gorgeous You 2

A very gorgeous good Saturday morning
to you my gorgeous Kira and I want to say
I love you with the deepest, sweetest,
and most passionate kiss my sweet Angel dove.
A very gorgeous good Saturday morning to you
and may God bless your sweet precious soul and heart
with the deepest of peace and warmth
as you feel wrapped up in my arms and all of my love.
Kira you are the greatest and all I want,
I'd give anything just to have a gorgeous Saturday
with you just spending time doing a few things I know
I want to do and then we'd find some things that you want my dear,
A gorgeous Saturday spent with gorgeous you is what
I know we both hunger for and so badly need.

To start this gorgeous day I would ask you to just
come out on the couch and sit back with me after
I had made your coffee so hot and fresh
and in the exact way how you like which I of course
do not know just yet but it will be one of the first
things I'll learn so I can always get you your coffee
no matter what time of the day.
So as I sat down after handing you your cup I'd want you
to just curl up in my arms so very close and so very tight
so we can keep each other warm and feeling safe,
the right start to a gorgeous day is us being together
and snuggling it away talking, reading, and a TV show
or movie that makes us laugh and is happy.
That would be a good start to a gorgeous Saturday
my sweet gorgeous lady where throughout it all
I'd look into your gorgeous eyes and get lost in their beauty
saying I love you sweet Kira and I will always be with you
because you are the greatest and you are my diamond,
there is no other that can ever have my heart my dear darling.

Here in the later morning hours I need to go to
the store to pick up a few things that I wasn't sure
if I was able or wanted to the other day
and how I would love you to join me.

I'd pick up those few things and some stuff for
a wonderful lunch and beautiful dinner,
hand in hand side by side just being with you
is exactly what I would like.
A gorgeous Saturday with gorgeous Kira
is what I so want and crave
because you are the one I cherish to no end in full.

When we got home and after lunch was made
I bought the Blu Ray of Ohio States bowl game against Notre Dame
the other day and I would like if you sat and watched it with me.
Just spend time with you doing those few things
I want and need to do would make this day wonderful my dear.
I want a gorgeous Saturday with you my sweet Angel so great,
I want to be with my Queen I so adore and is more gorgeous
with each passing day.

And throughout it all we can read our book
and I want you to pick a few things for us
to share and do as well my sweet love,
I want to share in all that you care for and love
as well my sweet Angel dove because you matter to me
and you are appreciated in full,
I want to share gorgeous days always with you.
I want to have a gorgeous Saturday here
with my gorgeous lady snuggling, kissing,
talking, and just feel our bond strengthen
because we are together and in love like
true best friends.
I am the luckiest and most blessed man that there is
because you are my best friend, my true love,
my hero, and my soul mate,
I am blessed because you love me just as much
and I thank God everyday that you are in my life.

So a very very gorgeous and wonderful good Saturday
morning to you my gorgeous Kira I love and treasure.
Come and spend a gorgeous day with your Michael,
I so deeply adore you and want you at my side
through all eternity as the happiest couple.
Remember my dear that I'll never leave you
and will always fight for and support you,

I wish you were here to hold and kiss on this very morning
and then to spend a gorgeous day with each other.
I so love you my Kira and pray that soon
we will be reunited and having great times together.
I miss you sweet lady and my heart calls out
and sings its love in full to you.
Feel all of my love and warmth as I send it to you
and reach out wrapping my arms around you
saying Kira I so truly love you and am yours forever and ever.

Michael P. McParland

Snuggle With Me Sweetie

Please come snuggle with me
my dear beautiful sweetie.
I love you and I need you here with me,
so I can hold you so close
and be held by you too,
please snuggle with me my dear sweetie
because you are my Queen and I love you so deep.

Please co snuggle with me so
I can kiss you so sweet
as I gaze into your precious eyes and say
Kira you are so great and I want you
to marry me and together spend eternity.
Come my dear sweetie and snuggle with me
because I am your Michael and I want you
and you alone through all space and time.

Please come snuggle with me my dear sweetie
and stay with me forever and ever my darling Queen,
I adore you so much and cherish you
to no end because you are my best friend,
I can't stand to lose you because
you are my beautiful one I share a bond with.
Come snuggle my sweetie and kiss me so sweetly
because I ache to have you right here with me,
I need your touch and your smile
so please come and snuggle my sweet precious Angel.

Please my dear sweetie come and snuggle
for you are in every way so truly beautiful.
I love you and I miss you and I just want to hold you
and I can't imagine a life without you.
Come snuggle my darling and know that
I so truly treasure and love you
because you are my soul mate and I so
truly care for you holding nothing
but true gentle tenderness to my core.
So come snuggle my sweetie so your Michael
can kiss you and just so tightly hold you

as we both are filled with deep loving comfort
as our hearts and souls touch and speak.

Michael P. McParland

I Miss You, Fiercely Aching

I miss you my sweet one and I'm fiercely aching,
I just want to cry and cry right now
because I miss you oh so much.
I long and ache to have you near and to talk to
for hours and hours to no end.
I love you babe and miss you so
and I'm fiercely aching wishing you were here
so I could hold and kiss you saying I love you so.
I miss you Kira because you are my only one
and I just want you to know you truly are my everything.
I love you back and I fiercely ache because
I'm here alone without my Angel to wrap my arms around.
I'll never leave you I will swear to this
time and time again no matter what.
I love you babe I hope you see and I ache so bad
because I miss you so much my only Queen.
You are my sweetie and only love and that's the way
it will always be my precious dove.

Michael P. McParland

A Lonely Night

Sitting here alone on this very night
and I miss you sweet one so very very bad,
I long so much to have you here or be there
with you and have you in my arms,
I just want to be with you because you are
my Angel true and my only one my best friend
who's so beautiful and filled with love.
I miss you sweet Kira I adore and just want you
in my arms and fill us both with comfort dear.
It's such a lonely night and you're all I want
to hold and kiss while we talk and fill our hearts
with cheer and joy so very bright.
I love you my Queen so pure and I just
wish that we could talk and I could hold you close.

It truly is a lonely night and though I try
to distract myself there is no escaping the deep
aches inside of wanting and needing my sweet Angel bride,
I send you hugs and kisses so you will feel safe and warm
knowing that your Michael's here and right there
beside you hand in hand with my arms wrapped
around you as I kiss you so soft giving all my love,
sweet Kira be filled with peace and know I'll never leave
because you truly are my only one and everything,
I would never ever break your heart in such a way
because knowing your in pain kills me babe
and I want to be with you and would rather die
than have to go on forever without you by my side.
I love you my blessed one because you are one
of Gods most special Angels and a gift from him,
you are a diamond in the rough and I cherish you to no end.

Such a lonely night among many lonely nights
without you right now my sweet Angel dove.
A lonely night where no matter what my heart aches
because I want to be with you in each others arms.
I can feel your spirit and it feels so good
but I want you here in person by my side
and I know you understand that and feel the very same,

I just want to hold you close and look in your eyes
as I say Kira I love you babe and I want to be
with you through all eternity,
I adore you dear and I truly always have
and I want no other and I never have.
Kira I miss you so and until we reunite each day and night
will be lonely ones because nothing can ever
fill that space where you belong my sweet Angel of pure grace.
I'm reaching out in spirit to hold you so very close
so we can in some way share this night,
I pray so soon I will be holding you as we sit
together spending time.
Remember dear that I'm always with you
and that I am your Michael and I am yours alone forever and ever.

Michael P. McParland

A Quiet Night Together

I have just arisen from a long
and much needed sleep my sweet love,
while never deep it was restful I'd say
and I want to thank you for all of your love
and your warmth which you send to me
helping to give me the peace that I've needed to sleep.
I feel such love for you in every way
and I just wish I could be holding you right here
and right now to give you sweet kisses and say
thank you my sweet darling dear,
I wish I were with you so we could spend
a quiet night together in each others arms
just spending time and giving each other big smiles.
I'm sending you sweet kisses and hugs filled
with all of my loving strength and warmth for you
to wrap up in and be filled with comforting peace.

I wish you were here with me to spend a quiet night
and just sit back as I reheat some pizza to eat
and we could watch a bit of TV while I stuff my fat face,
then afterward just sit and talk for awhile
sharing sweet kisses and the softest caresses.
What could be better than a quiet night with my Kira?
You know the answer sweet lady,
nothing could ever be better than being with
my precious Angel so very amazing
and I wish we could be spending a quiet night together.
I love you so deeply and am in want of you darling
to just be right next to me always and holding hands
no matter where we are or what we are doing.

After that I would want you to just lay down
on the couch resting your head on my lap
and I would read to you from our book
to relax you and I know you love the sound of my voice,
I love the sound of your Angelic voice
but I want you to relax and just close your eyes
to dream of the imagery within the story.
I just want to do for you my sweet lady

in every way that is possible.
I want to serve you because you are my Queen
and I so deeply love you.

Then if you are so very tired I will hold you
so you can rest your head on my chest and be comfortable,
I'll just stroke your hair and rub your back
while giving soft words of love and reassurance.
Tell you I love you and that you truly are so very special
and I will stick by you forever and ever
because you are my true love, my best friend, and my hero.
Kira I love you and I need you and want you
in my life because you are an amazing Angel,
you are the greatest gift and blessing I could ever hope for.
Know that I'm with you and feel my arms around you
as I pull you in so very tightly,
I love you sweet Kira and pray you will soon
talk to me and we can see each other again
to kiss, snuggle, smile, and celebrate our true love forever.
I appreciate you and treasure you darling
and I will be dreaming of a quiet night together
where I am holding you.

Michael P. McParland

I Just Want You Here In My Arms

I just want you here in my arms
my beautiful love and sweet Angel dove,
I just want you here in my arms
to give comfort to while sharing sweet words
of true love I hold in my heart and soul.
I just want you in my arms my dear Kira
because I want to spend time with the Angel I love.

I just want you here in my arms to snuggle with
and kiss as I close my eyes for a little bit,
for you to just rest your head on my chest
while I stroke your hair and rub your back,
I miss you sweet Kira and love you so much
I just want you here in my arms and for you
to trust me and talk.
I want to be with my Queen so treasured and revered,
I want to be with my Angel sharing our days
and further strengthening our bond.

I just want you here in my arms to have and to hold
through all space and time starting so very soon.
We have so much to share and want to give one another
and I want to soothe you and make you so happy.
I love you baby and just want to be holding you
ever so tightly and so very lovingly.
I adore you my Kira and send you these sweet caring kisses
to tell you you're amazing and that I miss you so badly,
I send you these kisses with big hugs to tell you
I just want to hold you because I love you immensely.

Michael P. McParland

Love Note 423

Good afternoon to you my gorgeous
and beautiful sweet Angel dove
please don't cry or be upset
because I am right here and right by your side
just step close as I pull you
into my arms so I can give you
sweet kisses and dry your tears,
remember sweet one to have faith in me
because I'll never leave you
and am always holding your hand
and you ever so tightly.
I love you sweet Kira ever so mightily,
you are the gorgeous girl
I treasure so fully as my sweet Angel
and best friend so amazing.

I have been asleep this entire day through,
the first part of the night my sleep
was restless and very disturbed with
the nightmares as well so then I
moved out to the couch and totally
relaxed and went out waking here and there
for no more than a few minutes at a time,
please my sweet Kira don't worry a bit
and always remember your Michael is here,
I'm so sorry if you were worried
of if my being silent upset you
I just feel such deep tiredness from
so very many things around me my darling
and I just wish you were here to
reassure and snuggle with while
sharing sweet kisses
and to spend the rest of this day together
doing many fun things
while talking and laughing
feeling so very happy.
I love you my sweet Kira and want
to be with you forever and always.

I am sending you all of my loving warmth
with the sweetest of kisses and great big hugs.
I'm thinking of ordering some pizza
for lunch and wish you would be here
to share and just watch a film with me.
Kira I miss you and I hate having
all of this painful space and distance
between us when I know we both so want
the happiness of being together
in each others arms and side by side
as each day comes and goes,
Kira I love you and just want to share
everything that there is.
As I get up now and go about doing
whatever this day has to offer
I will be dreaming of you
in all of your sweet divine beauty,
I'll be sending my love and saying
Kira I love you so listen so very closely
and perhaps God will help you
hear my voice clearly.
Feel all of my kisses as I send them so sweetly
and feel my hand tightly within
yours my gorgeous sweetie.
I love you sweet Kira because you
are you and you truly are everything
I want in this life and the next,
I miss you and so long to just hold you
and kiss you saying I am forever
your Michael and will never stop
standing by you fighting for you in all ways.
You are my Kira the one I so truly
treasure and cherish to no end.

Michael P. McParland

My Heart Aches

Sitting here now my sweet dear and my heart
aches for a few reasons sweet one,
confusion from one thing with another friend
and it would make no sense to try and explain it here,
just confusion when it always feels
like I am saying or doing the wrong thing
and that is leaving me hurting,
I so wish I were with you to hold and to talk to
as you are my joy, my smile, and you bring
such peace and happiness to me my sweet lady
and I so badly miss you,
that's why else my heart aches is from wanting
and needing the lady whom I love and care for so very much.

God bless you sweet Kira I just so truly love and miss you
and want to wrap you up in my arms and forget
the rest of the world as I just rub your back
and stroke your hair while telling you I love you
and am so very thankful for you my sweet dear.
I miss you sweet lady and I yearn to be holding you
while I'm wrapped up in your arms,
please my sweet love come so very soon and hold me
tightly and tell me it all is alright
because my Angel is with me and then just give me sweet kisses.
I love you sweet lady and miss you so bad,
I just need you because I love you so much.

So as I just sit back the one situation
hurts me so very bad and I am just confused
which also leaves me feeling so very stupid,
and you do not make me sad at all so worry not
about that for you are my smile and crown jewel
of my very soul and heart,
it's missing you that makes my heart ache,
I love you so deeply and just want to close my eyes
now and have dreams about you and me.
Feel my arms around you as in spirit I sit beside you
and give you the sweetest of kisses,
please reach out and hold me while I lay down my sweet one.

I love you so deeply and feel so very lost
without you my beautiful Angel,
you are my everything and a true blessing,
thank you sweet Kira for being such an amazing woman,
never worry because I'll never leave you.
I love you and miss you and just want you to know
you are appreciated and worth it,
I will fight for you always my sweet precious lady.

Michael P. McParland

Thinking Of You My Sweet One

Sitting here now after having arrived home
from the store a very short bit ago
and as always my mind heads in a million
different places both happy and sad,
my mind went some sad places which has just
piled onto the sadness I already feel
from missing you and needing you so very near.
I miss you my dear and just long so very much
to have you near and within my arms.
I love you my sweet lady and I'm thinking of you
to counter act the feelings of sad because
you make me happy and make me smile,
I can feel you so near and that is for sure
what is keeping me going today.
I love you and want you here my sweet lady
and may God bless you my beautiful Angel.

I'm thinking of you my sweet darling and wish
so very much you could join me tonight
so I could cook you dinner and afterwards just
snuggle up and watch the new Rocky movie Creed I just bought,
I haven't seen it yet and love the Rocky movies
my dear and you curled up in my arms as we
just sat and spent time is what I'm wanting
and thinking of because I love you so much
and just want to be with you sharing kisses
so sweet as we just snuggle up so very tight
feeling so safe and so comfortable
knowing everything in our world is good and right.

Kira I'm thinking of you and just want you
to know how much I love and admire you so,
I need your loving looks words and touch,
I just want and need you my sweet Angel dove.
I need you my sweet one within my life
because you are a beautiful and wonderful
woman in total and whole,
you are my everything my sweet Angel Queen.
I will always care for and love you

and I swear I'll never leave you
because I'm always thinking of you in feelings
of deep care, true love, and cherishment
for my best friend, my hero, my soul mate,
and my whole universe Kira my only one.

Michael P. McParland

I Just Want You 2

As I have now gotten out of the most refreshing
and relaxing cleansing shower I just wanted
to tell you I truly love you so very much,
I adore you in full and dreamed of you
and just holding you so very close as I gazed
into your gorgeous eyes and held you so close
while I just stood in the relaxing flow of water
washing away the sick feelings of yesterday
as well as many frustrations I feel,
I just want you my sweet one in my life,
in my arms, and by my side forevermore.
I just want you my sweet Angel dove because you
are the greatest and my blessed Queen from up above.

I'll be going out to the store in a little over an hour
and just want you beside me the whole time to walk
hand in hand forgetting the crowds and just enjoying
the company of my Kira so grand,
I just want you my sweet darling dear and I would
give anything to be with you my sweet one
I just want you because you are my shining star
and I want to see you smiling and be the reason you are.
I just want to make you so very happy and so very proud.

Until I head out the door I'm just going to lay down
and I wish you were here to curl up in my arms
and rest your head on my chest as we snuggled
while we lightly drifted and talked,
I want you in my arms to talk and relax
and just spend time with each other connecting
and feeling fulfilled.
Darling I'm sending you all of my loving warmth
with the sweetest of kisses and the biggest of hugs.
I so truly love you my sweet Angel dove.

Kira I just want you and am longing, yearning,
and hunger for your presence and touch
every single day of my life,
I'll never leave you and you know that is true

because I am your Michael and I belong solely to you.
You are my Angel I so truly adore
and a diamond in the rough so precious and rare.
Kira you are my life in so many ways
because you are my best friend and total soul mate,
I cherish you and the bond that we share
and I will always want and love you
because you are my Kira and truly the most wonderful
one of a kind person, heart, and soul I could
ever want and need for all time.

Michael P. McParland

Love Note 422

Good afternoon to you my sweet Angel dove
and I am sorry you didn't hear
from me a bit sooner than this,
after I last wrote I ate a small bit of food
and then closed my eyes and fell back asleep
only waking up about 10 minutes ago,
you were my first thought my sweet one
and I hope that you know I would never
make such things up at all,
I send you sweet kisses so full
of deep warmth and all of my undying love.
Please don't feel upset or cry
because I know that you know
in your heart and soul that I'll
never ever leave you,
you are my everything my Angel and blessing,
you are a gift from God I cherish completely.

I am now going to get up to take
care of that shower I am so in need of
and wanting so bad to wash away
the remnants of that I migraine I had.
I so truly wish you were here
to just hold and kiss sweetly under the warm water
and I truly would let you shave
my fuzzy face clean of my stubble
that needs to be gone,
I wish you were here to hold so close
and look in your eyes to tell you
you're beautiful and I love you so much,
I wish you were here because I need you babe.
So I will write you my darling after
I emerge and feel refreshed from
a cleansing blast of clean water
and I'll be dreaming of you and sharing
a beautiful day like I wish we could be doing.
I love you sweet darling and I hope
and pray that so soon we will be together,
I am missing you ever so badly

and my heart hungers to be holding you tightly.
God bless you sweet Kira and please
don't feel upset because I so truly love you
and tenderly care about you in every way.
Feel my arms around you as I reach out in full
and be comforted by these sweet kisses
filled with my true love in total.

Michael P. McParland

Weary Good Morning Kisses

Good morning to you my sweet Angel dove
and after yesterdays hellacious migraine
it is for me a weary one and you know how
it goes the day after with the fear that it could return
so I want to spend this early morning wrapped up
in each others arms snuggling and sharing sweet kisses
on this weary morning.
I just want to lay with you snuggling and giving you
weary good morning kisses so sweetly.

It is pay day my sweet one and soon I must get
the bills done and that will not take long,
then afterwards a very cleansing shower
to wash away the ickyness of the migraine
and the general yuck feeling being sick in any way leaves.
I wish you were here to join me just to hold each other
and share sweet kisses as we held each other under the water
and if you wanted to I'd trust you to shave my fuzzy face,
it's not super fuzzy at all and I would trust you
when I would never trust anyone else like that at all.
I wish you would be here to join me my dear
and I send you sweet weary good morning kisses
saying I love you my sweet darling Kira
and want to be with you forever and ever.

I would take you put for lunch later today
before we went and did all of my shopping dear
and when I head out much later I'll be dreaming of you
and being side by side the entire time just spending time,
I want to be with you all of the time feeling so safe and loved
as I am with you feeling complete and whole.
I love you my Kira and want to be sharing this morning with you,
I send you sweet weary kisses to give you a smile
and bright start to this day before us.
God bless you my darling and remember always
that I'm right beside you holding you closely,
so soon my sweet darling I know that our time is coming
and I just want you to know I'll always stick by you
my sweet Angel darling because you are my true love

and to me you truly do mean everything.

Michael P. McParland

You Are A Blessing

I love you more than the whole
of everything in heaven or on this earth,
you are the one I want to be with
and spend my life forevermore.
Kira you are my sweetie and my best friend galore,
I love you my sweet Angel dove
and would give anything to be with you
right now even if just for an hour.
I love you my beautiful Queen of forever
because you are a blessing and goddess
for whom I am so very grateful
and thank God for because you are the
greatest gift anyone has ever received.
I love you sweet Kira and will forever
be your Michael and nobody else's.

Michael P. McParland

Not Feeling Well, Lay With Me Dear

My sweet precious dear I've been lying here
for a short bit with this headache back in full force,
it's bordering now on a migraine in full
and before it can go there I wanted to say
I love you my dear and ask if you will come lay with me.
I also fear you're upset and I so truly don't want that
so come let me hold you and dry your tears
as we both start to feel better together sweet one.
I am not feeling well at all my Angel so dear
and want you to come lay with me.
I adore you so much and love you to no end my one
please come curl up in my arms and we'll comfort
each other so very deeply in our true love and care.

Michael P. McParland

Sweet Tender Evening Kisses

Good evening my sweet tender love
and having finished dinner the smallest bit
of my headache is still sticking around,
I can think of no better way to spend an evening
than snuggling with you and sharing
sweet tender kisses of true loving passion.
I want to just sit back and hold you so close
and share the sweetest and most tender kisses
while you watch my movie with me,
I'm watching Tron a fun Sci Fi early 80's movie,
I want and long for an evening with just you and me
with you curled up in my arms snuggling
and sharing sweet tender evening kisses of passion so deep.

Oh my sweet love how I just want to lay down on the couch
and rest my head on your lap while you rub my face and head
to try and continue getting rid of the rest of my headache,
to snuggle and kiss you my Queen the woman I love
more than anything ever in heaven or on earth in history,
I want to share sweet evening kisses so tender and sweet
while I gaze in your eyes and just feel all the butterflies
fluttering in my soul and body as I so tightly hold you.
I love you my Kira and so long to be with you
sharing sweet kisses and snuggling so lovingly.

Sweet sweet Kira feel me so close right there beside you
wrapping my arms so tightly around you
giving you all of my deep warmth and infinite loving comfort.
I miss you and want so badly to be spending this evening
with you snuggling so tightly and kissing so very tenderly
as we watch the movie and later do some reading
and as ever one of my very favorite things with you
spend some time talking about whatever we feel like,
I'm right there beside you in spirit to share
those kisses and snuggle so sweetly
and I'm here as well dreaming of the lady I want
to be with through all eternity.
I'll never leave you my sweet darling Kira and am
so anxiously waiting for the time I can hold you

and give you these tender kisses.
I am sending you such infinite love which
I hold within me and want you to know you truly are
my best friend, my hero, my Angel and everything.

Michael P. McParland

Great Thanks For Your Patience And Strength

I want to thank you sweet dear for all of your
loving strength with deep warmth you send to me
and thank you for your patience as I've spent
almost this entire day resting in bed with a
horrible headache that goes back and forth,
up and down, almost gone and then back in full force.
I think it is close now to fully gone
and I have eaten some food and my stomach feels fine,
I want to thank you so much for all that you give
and all that you do Kira my Angel I'm so deeply,
completely, and madly in love with sweet you.

To show you my great thanks I wish that I could
sit back with you as you curled up in my arms
and relax together as share some sweet kisses
and quiet conversation as the last of this headache
slipped into oblivion and could be forgotten,
and then here in a while take you out for
a very nice dinner to a place of your choosing,
whatever and wherever you like
because you are my Queen and I just want to
see you so very happy and smiling.
Thank you sweet dear for all of your loving peace
and deep caring warm patience and strength,
you truly are my everything and I will always be yours
ready to serve as I stand by your side hand in hand
giving all of my kind and caring love, warmth, and endless support.

I so truly thank you my Kira and want to just
be holding you and gazing into your eyes as
I kiss you over and over with thank yous
and I love yous between each tender kiss that I give you.
I so adore you and hope that you will soon
come and talk to me and our hearts can touch
each other as we are embracing,
so we can smile at each other just like we used to
and say I love you baby without a single word spoken.
I thank you my Kira and need to pour my heart out
directly to you to show you how much you mean

and are worth to your adoring Michael.
I need you sweet Kira because you are my best friend
and my heart just hungers for you and I need
you to know that you are appreciated my sweet one.
God bless you truly and feel my arms so tightly around you
as I send you sweet kisses and smiles so full of
true love and deep admiration.

Michael P. McParland

Love Note 421

Good afternoon my sweet love
and I am just rising from another stretch
of needed resting as literally after
I very last wrote you my headache
we nuclear and turned into
a full migraine quite quickly.
Knowing though that you were right there
with all of your deep care and endless
love so pure it helped me relax
and get some more rest and chase off
the great majority of this pain,
it still feels like a little bit more
but I wanted to check in to say
I love you so,
I adore you my Angel more than anything
that there is and will ever be,
you are the only one for me,
I love you so much and send you sweet kisses
and huge hugs of endless deep strength
and care from my very heart and soul.
God bless you my Kira and as I continue
to try and rest away this headache so bad
I will be dreaming of you
my best friend whom I so truly love
and adore to no end because you are the greatest
my beautiful girl.

Michael P. McParland

Beautiful Mornings With My Darling Queen

A very beautiful good morning to you
my gorgeous sweet Angel dove and I so
hope and pray that you slept well feeling so snug
wrapped and filled with all the loving warmth that I send
and I hope you were feeling deep comfort
with us snuggling in the land of dreams.
I love you sweet lad and wish you were here
for me to hold on this very morn so I could
gaze in your eyes and say I love you Kira my darling Queen
and I'm so glad you are right here with me,
I love you and wish I could be with you
to spend just one of the very beautiful mornings
a plenty that we will soon have.
Feel my arms around you as well as these sweet kisses
so caring and passionate that I send you.

My headache still lingers at points feeling
like it's ready to ease off almost completely
and then will feel as if it is climbing again,
so a prayer for me my sweet one that it will soon
go away as later this afternoon I have to go out
in this very cold winter day to do my shopping
in the already crowded stores,
I'm reaching out to take your sweet hand
so please grab mine back and we'll share our deep
loving strength that helps calm and heal so very much,
I wish you were here for a beautiful morning
to just spend time together reveling in the joy
of the bond that we share as true loves and best friends.
I can't wait for those beautiful mornings
when I can just hold you and give you massages
to help you not be in so much pain as the day comes and passes,
I am aching and longing for those beautiful mornings.

I need you for so many reasons first being
that I so truly and deeply love you completely,
and yes while I have needs for you that
I want help and support with I assure and promise
there is at the very least just as much

I want to give you and do everything that is possible,
I need you to give and share all of my love
and show you you're not alone and that
all the jerks who hurt you and rejected your love
are the biggest fools that there are
because they lost out on the most precious,
beautiful, and rare diamond in the rough
and sharing beautiful mornings are a large part
of sharing so much in the quiet waking hours
or with my strange schedule maybe quiet and sleepy hours,
beautiful mornings with my beautiful Angel
I so deeply yearn for and pray to God asking
that it will come so soon for two very faithful people.

So I sit back this morning and dram of a beautiful one
and the many to come spent with you in my arms
as I kiss you in true love all over saying
thank you for everything and I love you baby,
as I sit back here hoping this headache will soon be passing
I dream of you my beautiful Kira and send you
sweet kisses and huge hugs filled with true love and deep warmth,
know that I'm with you forever and always.
I love you, I love you, I love you, I love you,
don't ever forget my sweet Angel I adore you
and I love you.

Michael P. McParland

A Quiet Loving Early Morning Snuggle

It's been somewhat of a restless night
my sweet one as my headache never got better
and for a while got steadily worse,
it is still hanging around a bit
but I want to thank you for all of you
deep kindness and loving comfort because
you helped me rest and relax more than
I otherwise would have so I'm reaching out
to share with you a quiet early morning snuggle
as I close my eyes for a bit longer to try
and be totally rid of this headache,
I'm reaching out to hold my sweet lady
and give you sweet kisses also saying thank you,
I love you sweet Kira you're truly amazing.

So my sweet lady just rest your sweet head
on my chest as you curl up so tight in my arms.
I so truly love you and want to give you
deep peace and reassurance that I'm
with you in spirit holding you tight.
I'm giving you sweet kisses as I reach out
to so tightly hold you for a quiet early morning snuggle.
Never forget that I'll always be with you
and will never leave you because I so truly love you
and won't leave you hurting and broken hearted
to face this life and world all alone.
Just feel deep comfort and peace as I pull you so
close next to me knowing your Michael will always
stand by you giving all of my deep loving support
and being true to my only one and true love
Kira my best friend and soul mate with whom
I share the most blessed and sacred bond.

Michael P. McParland

Come Snuggle Sweet One 2

Will you come snuggle with me my sweet one?
I need to rest my head within your sweet arms
and ask you to rub gently and lightly my face and head,
another headache is setting in and I want
to lay down for at least a bit before it can set in.
I want to also just feel my sweet lady's comfort
as I close my eyes to relax and ease this throbbing
that is persisting within my head,
you bring me such peace my sweet lady so grand
so I ask you to please come snuggle with me
and softly talk as you gently rub my face and head.
God bless you my Kira I so truly love you
my darling Angel and I know you are right here
beside me holding me ever so tightly as I close my eyes
to dream of you my sweet lady as I rest to get rid
of this bothersome headache.

Michael P. McParland

Evening Note 91

Good evening to you
my beautiful sweet Angel dove
I so hope that yours is going well.
I am just sitting back and playing
my video game NCAA Football 14.
One thing that even when missing you
so very bad can help give me a smile
as I dedicate every win to you,
I know that it may sound cheesy
but I dedicate almost all the most beautiful
things to you my sweet one,
just you and my family my sweet Queen I adore,
I wish that you were here to play too
or just sit beside me watching
or reading if you wanted to.
A beautiful evening with my beautiful girl
is what we both so badly need
and deserve to have,
a time with our true love
and very best friend.

I also sit to look at your picture
for a short bit,
how your sweet smile always
melts my heart because it is
so beautiful like the woman who wears it
and the sight of those sparkling eyes
make me ache to just gaze into them
and get lost in the infinite beauty
and mysteries held inside,
you are my beauty and my heart shouts out
Kira I love you for you truly are
the very best and all that I want,
please come curl up in my arms
and let's just hold each other
so very long and so very tight,
I need you sweet lady and I know
that you need me as well,
we both need to hear the words

of true love softly spoken
as written words can never do
what we hold and feel true justice.
You are my Queen and I'll never leave you
because you are my everything
and entire universe.

Please just remember that I'm
with you always and have understanding
for me of why I am doing less writing.
I wish we could talk and I know then
that for you it would make full sense.
I love you just as much and as I've
always said each day my love for you grows,
I send you millions upon millions of
sweet tender kisses in droves.
I love you my Kira and will always
stand by you in true loving support
and deep caring as your loving Michael,
Kira I can't stand this life without you
and as you go about your evening
just feel me there beside you
holding you ever so tightly.
I adore you my dear and so anxiously
await to hear from you
and for the day I can hold you
so near and comfort you totally in full.
You are my Angel and my only true love,
please my sweet Kira have faith in me
and know that my love for you is undying
and there is no way it will ever run out.

Michael P. McParland

I Adore You My Beautiful Woman

Kira when I think of you I'm filled
to overflowing with feelings of such
deep and even overwhelming love
and I truly adore you so very much,
you are my beautiful woman and very best friend
and I want to be with you through all time and space.
I adore your sweet soul and your pure heart of gold,
I adore you my beautiful woman I so cherish,
treasure, and want to be holding giving all of my love.

I adore you my beautiful woman more than you
can possibly know and I hurt so bad to be with you
right now, later tonight, tomorrow and well beyond,
I adore you and want to be by your side
right now to take your hand and smile at you
while saying I love you truly my beautiful dear,
God bless you always to know and feel the truth
of my love and sincerity towards you
and then just give you a kiss straight from
my heart and soul on your inviting and loving lips.
I adore you my sweetie and need you so much.

I adore you my Kira and you truly are
the most beautiful woman in every way that I've ever told you
and I long for your soft loving touch
and to know my beautiful Angel in the most
wonderful and blessed way through true loving closeness.
I love and adore you my sweet precious Kira
and I want to snuggle with you right now
and later tonight as we just spent time together
reading our book, watching some TV,
sharing our music, and one of my most favorite things
just talking with you my sweet Queen of forever,
I just want to be wrapped up in your arms
because I so adore you my beautiful and gorgeous Kira.

I so truly adore you and just want to be with you
now with both of our hearts calm and filled
with deep joy as we just smiled at each other.

I love you so much and can't stand this life
without you my best friend and sweet Angel dove,
please come so soon so I can share with you
all of the love in full that I hold in store.
I only want you and just want to be in your arms
as I hear your sweet voice say that everything is okay.
I feel so painfully lonely in this world right now
and I just need my Kira to make me feel
loved and accepted because outside of my family
you're the only one in that way that truly matters,
I adore you my sweet one and am sending
the most passionate and loving kisses to give
you such peace and warmth through all of my strength.
Always remember that you truly are so very treasured
and that your Michael will give anything
to always make you so proud and so truly happy.

Michael P. McParland

Sweet Afternoon Kisses Of Comfort

Sweet sweet Kira I truly love and miss you
so very much and I know you are hurting just as much,
so I am sending to you these sweet afternoon kisses
of the deepest comfort and warmth to give you peace
and all of my strength,
I send to you these sweet afternoon kisses just to say
I love you my Queen and you're not alone,
you will never be again because I am your man.
I truly love you so dear and would give anything
to be with you and holding you so very close
as you were curled up in my arms my Angel supreme,
I send you these sweet afternoon kisses of comfort
to you my beautiful one to let you know
I'm right by your side and that you are so very loved,
to let you know you're wanted
and needed because I adore you in full.
I send to you these sweet afternoon kisses of comfort
with the biggest of hugs to let you know that I am
waiting right here for you with wide open arms
and a wide open heart of true acceptance for Kira
whom I so deeply care for and love.
I love you just for you my sweet Angel dove.

Michael P. McParland

Waking With A Longing Heart

I have finally risen from my long needed rest
and once again dear I wish you a good morning
with these sweet kisses and huge hugs
of true and pure loving warmth that I send,
I love you so much and my heart so longs and yearns
in the worst of ways to be holding my Angel so close to me,
as I have awoken and am about to get up
I am filled with such longing for you
in my hungry and deeply loving heart to be seeing you
right next to me my loving and beautiful diamond and Queen.

As I now wake my sweet dear I want to thank you so much
for all of your loving strength and tender deep warmth,
it truly helped me relax and find deep peace to sleep
and I wish I could squeeze you right next to me
and then kiss you after a great big thank you.
I want to put kisses on your forehead, your cheeks,
your hands, the lightest little sweet pecks on your neck,
and then the most deep and passionate kiss on your lips.
I am so filled with longing for you my sweet darling
and wish I could spend this whole day with you
just spending time together and snuggling
knowing everything is now perfect because
I'd be with my sweet lady whom I'm never ever leaving.

So I wish you the most beautiful and gorgeous morning
my beautiful and gorgeous true love sweet Kira,
feel my hand within yours as I take it so loving and firmly,
close your sweet eyes to see my huge loving smile
with those tender looks of love I have only for you,
always remember that I'm right there beside you
and I am right here so eager and longing wanting
to serve you and be with you always,
I love you so much my most beautiful woman
and so hope you will come soon and marry your Michael.

Michael P. McParland

Morning Note 172

A very beautiful and very early
good morning to you my sweet Queen
and beautiful sweet Angel dove,
I pray you slept well wrapped up
in all of my loving warmth and deep tender care
also having sweet dreams of you and me
snuggling in those green rolling hills
and pastures under our tree,
I was dreaming of you I assure,
I love you my sweet Kira so good
and wish I was with you snuggling
for a good while more on this early morn,
I miss you my sweet one
and am sending you kisses so sweet
with great big hugs so very warm.
Oh my sweet Kira I just want to
be holding you here in my arms.

It was a restless night of light
and fitful sleep as I truly lay here
just missing you so very much,
I was dreaming of you in my half
sleep half wakeful state
and listened to Falcos album Wiener Blut
to finally help me fully relax.
Quite a few songs on there to
in the greatest of ways make me think of you
so that helped immensely as well,
I just so miss you my dear
and being with you rather it here or there
would be heaven and bliss because
I'd be with you my hero, my Angel,
my Queen, my true love and best friend.
So I am still very tired on this early morning
and am reaching out in spirit
to so closely and tightly hold you
for a very warming and loving snuggle,
feel my sweet kisses with all of my warmth
because I'm right beside you as ever

giving you all of my true love
which overflows from my soul and heart.

So I wish you the most beautiful
and wonderful of good mornings
my gorgeous Angel I so adore
as I reach out to snuggle and share sweet
kisses with you as I rest for a bit more.
I so truly love you and hope
that so soon I can gaze in your eyes
and tell you I love you sweet Kira
as I get lost in the beauty
that you hold inside behind those eyes
and feel those tingling butterflies
from the true and complete beauty you are.
God bless you sweet lady
and remember that your Michael
so deeply loves you,
feel my arms around you as I pull you in
for this warm loving snuggle
and just feel peace fill you up
as I tell you everything is going to be alright.

Michael P. McParland

Goodnight Sweet Kira My Beautiful Queen

Goodnight sweet beautiful Kira divine Queen
and Angel of my heart and soul
I am so exceptionally tired and I'm ready for bed
and I ask you to please join me now,
to snuggle tightly and so sweetly kiss,
if you would so honor me that would be supreme happiness.
I want to be with my lady so fair
holding each other and just feeling our hearts
beating together as one.
Please join me my sweet Angel dove
and curl up in my arms as we crawl under the covers
to just snuggle, nuzzle, and kiss so passionately
as we get ready to fall asleep in each others arms,
goodnight sweet Kira my beautiful Queen of forever.

Please just come curl up in my arms and cozy up
next to me so close and tight where I can
pull you in so as close to me as I can
without hurting your poor neck and back,
God it so truly breaks my heart that you must
suffer and deal with such an ailment my dear
and if I could I would lift it from you
and take it upon myself to see you healthy in full
without a bit of pain that I know is so bad,
come my sweet love and curl up in my arms
and I will just give you my true loving kisses
for a good while until you are ready to
rest your sweet head on my chest and start to drift,
I'll just stroke your long gorgeous hair
and rub your back while we softly talk.
Listen for my voice as I tell you I love you sweet Kira
and feel all of my loving warmth as I send it your way,
God bless you my darling to feel all of my strength.
Tonight in spirit I will hold you so tight
and please let's so soon be together in person
holding on in true comforts calming peace
because I want to feel you right next to me
and I want to leave this place just giving you
and your eyes alone my messages of true love.

Only you deserve to see and feel all of the feelings
I pour out for you straight from my heart and soul.
I love you my sweet darling with your sweet
heart and soul of pure gold and for the Angel
divinely supreme that you are.

I will see you tonight within the land of dreams
where I just want to sit in our field of rolling
green fields and the most majestic pastures,
to lay on a blanket under a tree as I just held you
as we talked and snuggled for hours on end,
a time and place just for us and to hell with the world
because we deserve and have earned such
a beautiful time alone together in a beautiful
Eden that is all our own.
Tonight my sweet love in the land of dreams
that beautiful place with just beautiful you
and me the man who true adores and loves you,
tonight my sweet love I will just hold and kiss you
as we talk away just like we used to
and will again in the near future.
I love you my dear darling because you so truly are
wonderful, amazing, and I will be yours forever and ever.

Goodnight sweet sweet Kira my gorgeous Queen of eternity
and please come join me in bed under the covers
where we will be in a world that is ours and no others.
Come and just hold me because I need your warmth
more than you can know right now and than I can tell you,
you are a diamond and I so truly treasure you,
please come curl up in my arms and give me your kisses,
I am so truly tired and want to end this day
with my beloved best friend, soul mate, and dear hero,
I want to end this day and night with my beautiful Kira.
Goodnight my sweet Queen you are so beautiful
and I just want to be right beside you
because I so truly love you and you make me
feel safe and give peace like no other.
Please my sweet Kira hear my heart calling
and know that I will never want or pursue any other
for you are the only one I truly want and I so need you.

Michael P. McParland

Please My Sweet Dear

Please my sweet dear return to me
so very soon so I can just hold you
and tell you Kira I so truly love you,
you are a diamond in the rough
with a spirit and heart so very pure.
I love you so much and hunger for your
presence and loving touch.
Please my sweet dear hear the call of my heart
as it sings to you all of my tender love
through my favorite songs and all that
I love so I can share with you in pure
openness and trust my whole world
with you sweet Kira my best friend and eternal true love.

Please my sweet dear stop being mad at me,
if you only knew how badly it tears
at my soul and heart to know you are upset.
I love you so much and for all I did wrong
ever I am so filled with remorse and regret
and I know that being angry hurts us both in so many ways,
please know my sweet dear that I just want
to hold you so near and heal both of our
aching and very hurt hearts,
we are true loves and best friends who have always
stood up for and right by each other
so let's please so very soon come together
and begin our journey of happiness for eternity,
please my dear darling sweet Kira come
and let me show you and give you all of my
tender love forever and ever.

Please my sweet dear continue to always
believe in and have faith in your loving Michael,
always remember I am beside you and will never leave you.
I so adore you and my greatest fear is to lose you
and I will always give you my best and my everything,
I give you myself and my life in full freely,
God bless you sweet Kira I need you so badly
because I love you so deeply and more than anything.

Please my sweet dear know that you are my Angel
and you are the shining star that fills me
with light and gives me reason to live
keeping my very heart beating and you keep me going.

Please my sweet dear feel all of my true sincerity
as I send you sweet kisses and huge hugs
full of every last bit of my true love, warmth, caring,
and deep peaceful strength to wrap you up
and give you the reassurance you're needing.
Please my sweet dear know that I am also in deep
need of your comfort and warm snuggles so peaceful
so I truly ask you to come so soon and hold me.
I love you sweet lady and am right there beside you
so feel my arms around you as I pull you in tightly,
Kira please know always that you are a wonderful woman
and my very sweet Queen Angel whom I'll always
adore and treasure and want to be with for all eternity
as your most faithful, dedicated husband.

Michael P. McParland

Afternoon Longings For Gorgeous You

Sitting here on this afternoon I have
a bit of a headache and just wish you were here.
I wish you were here to sit by and hold
and just rub my face and head as I wait
for the Excedrin to take a hold.
I wish you were here just to spend time
while we talked, laughed, watched TV, and read.
I long for you and your endless love
and to give you all of mine in return,
I love you my sweet Queen so good and I long
to be holding you so very soon.

Sitting here on this afternoon and even with
this headache I cannot yet lay down
and rest my head to relieve this pounding stress,
I have to wait for the pharmacy to open from lunch
and see if my prescription will be filled today or not.
I've been so filled with anxiety as of late
and I wish you were here to sit with for the next
short bit as I wait to call which I hate,
and if they do fill it today I so wish you
could be there beside me to calm my nerves.
To be there to talk to and be able to focus
on Kira my true love I so deeply cherish.
I wish you were here to just be with no matter
where I may be because being with you
is just what I want and so long for.

So I sit here and dream of you my sweet
gorgeous Angel I so deeply long for,
I want to be holding you and spending time
snuggling and kissing as I wait for the stressful
things to pass by me and then just spend
the rest of this day with my lady for whom I'm so longing.
I miss you sweet Kira and love you so deeply
so feel all of my warmth and deep loving
as I send you these sweet kisses and huge hugs
of deep tender caring.

Michael P. McParland

Morning Note 171

A very beautiful good morning
to you my sweet Angel dove
and as I sit here just going about
various things I do dream about you,
I'm frustrated you're not here to hold
and to talk to as we start the day
talking in each others sweet arms,
I love you sweet Kira and miss you my dear,
I can't wait to spend each morning
with you so lovingly curled up
within my arms as we plan our days
and just talk about whatever we may.
A truly sweet and beautiful
good morning to you
and I send you the sweetest of kisses
and the biggest of hugs filled
with all of my caring love and deep warmth.
Remember sweet one that I'm always with you
hand in hand and I will never leave you
because you're my only one
and my eternal best friend.

I wish I could be spending
such a beautiful morning with you,
it would be beautiful just because
I would be with you spending time
with the one I so truly love,
I just want you here or there within
my arms as I gaze in your eyes
and say Kira my Angel you are the best
and I stick beside you forever
because I love you so very much.
God bless you my Kira and I'll
be thinking of you as I do
whatever it is I may want to do.
I'll be wishing you were with me
to spend time and share laughter,
Kira I love and miss you
and want you to come so soon so we

can share our lives together.
You are my diamond and I cherish you
in every way with all of my heart and spirit.
I want to be with as we heal together
and know that we are with the one
who will never do anything that would hurt us.

Michael P. McParland

Please Come Give Me Sweet Kisses

Please come my sweet one
and give me the sweetest kisses
from your sweet heart and soul of pure gold.
Come my sweet darling and curl up in my arms
so we can share the sweetest of kisses
and a big snuggle so warm.
Please come my sweet darling and share
this morning with me and give me your kisses
so very loving and so very sweet.

I love you sweet Kira and need you so bad,
I need you because I love you so much
and just want to be holding you so close,
to give you sweet kisses while you
give me yours too,
to spend time with my Angel I so truly adore.
I love you my darling and just want you near,
please come my sweet Queen and give me sweet kisses
I so crave and need,
come my dear darling I so adore so I can give you
sweet kisses too straight from my heart and soul.

I wish you good one my sweet one on this early morn
and hope you'll soon come to give me
those sweet kisses I so want, need, and crave.
Only your kisses my Kira are wanted at all
because you are my best friend and only true love.
I ache for those kisses and would give my whole life
for just one day to be snuggling and sharing
sweet kisses with my diamond so rare.
Please come my sweet darling and let's share
the sweetest ever of kisses
because I adore and love you like no other ever.

Michael P. McParland

My Hand Is Here 2

I'm reaching out my sweet love
to take your sweet and soft hand
of true love into my hand of true love,
please take it back and let's just
share our true loving warmth and sweet care
we so deeply hold and feel within our pure souls.
Please my sweet love take my hand of
loving need as I take yours and let's
comfort each other and our deep aching hearts.
Let's grab on and snuggle while sharing
the sweetest of kisses and nuzzle while we
just sit here together as you're wrapped up
in my arms and we tell each other I love you
and will stand by you supporting you in true love
and dedication forever and ever.

Michael P. McParland

A Beautiful Sunday With My Beautiful True Love

A very beautiful and good Sunday morning
to you my beautiful true love I adore
and sweet Angel dove.
God bless you my darling and how I wish
I could be spending this morning with you
and then the whole day and wonderful night
of sweet kisses and snuggling as well.
I love you my dear sweetie from heaven above
and I wish I could spend a beautiful Sunday
in each others arms spending a wonderful time.

A beautiful Sunday with a quiet morning to start
as we curled up on the couch together
after I made the coffee and we just snuggled up.
A time to sit back and think of fun
and wonderful things to do with each other.
To sit and watch movies and read our book
among your works and poems I so treasure,
and to just spend time talking and sharing our hobbies.
A beautiful Sunday with my beautiful true love Kira
is everything I am wanting and so truly desire.

A beautiful and wonderful good Sunday morning
to gorgeous and wonderful you Kira my true love
and feel all of my warmth and love as I send it to you,
I adore you sweet lady and truly can't wait
to snuggle with you as we live in true
harmony and happiness fully supporting each other.
I send you sweet kisses and huge hugs of deep tender caring
and wish I could be spending a beautiful Sunday
with my most beautiful Queen and sweet Angel
You are my diamond in the rough and always remember
that I'm by your side and will never leave you,
I am your Michael who so truly loves you
and wants to spend eternity as your faithful
and dedicated husband giving my best and my everything.

Michael P. McParland

Night Note 153

Hello my sweet precious love
and now rising again first thing I wanted
to do was say I love you my
sweet precious dear,
I wish you were here to snuggle and nuzzle
as you curled up in my arms
to spend the rest of this night
and the whole morning together,
I love and miss you my sweet
beautiful Kira and just want us
to be with each other so soon
giving and receiving all
of each others deep loving comfort.

My dreams are always restless now
as am I my sweet Angel and I just want
to sit back with you now and snuggle
while we share the sweetest of kisses
and watch a movie,
I just want to be able to sit back with you
while we talked about everything
that we wanted to ever my sweet darling dear,
I love you my sweet beautiful Angel Kira
and just want you to be happy in life
and happy with me as we share all of our days
sharing the best of times always
along with your kids.
Please come my sweet Kira I want to
be holding you here in my arms.

So my sweet Kira know that I love you
more than anything and that I'm
right beside you giving
all of myself with all that I am.
I adore you so deeply and just want
to curl up here right now with each other,
I'm sending you all of the sweetest kisses
with the biggest of hugs filled
with warmth love and caring,

I miss you my Angel and just want
to be enjoying your company.
I love you sweet lady
and don't forget I'm right there
beside you holding you tightly
because I will always be your Michael
standing up for and beside you
always supporting you in true love and caring.

Michael P. McParland

Sweet Late Night Kisses To Sweet You

Sweet late night kisses to you beautiful Kira
my most beloved and cherished sweet Angel dove.
I know that right now you think and are worried
that I don't care and am pulling away
but I care for you and love you more than ever
and will never ever leave.
I adore you my dear and am in such great pain
wanting to talk and spend time as we are
holding each other wrapped so tightly
in each others loving arms.
I am sending you the sweetest of kisses on this
late night at hand and I wish you were here
to curl up in my arms and be with me
the entire time I'm awake and then when I go back to sleep.

I love you sweet Kira my most beloved and beautiful Angel
and I send you the sweetest kisses wishing that
in person I was here or there with you.
Believe it or not I just dream of you that no matter
what I am doing and focusing on I still dream of you,
to just have you there sharing the fun
or be talking to you to ease whatever stress is hanging on,
and of course to be beside you through everything,
I send you these late night kisses of loving care
with huge hugs to share all of my loving warmth.
To let you know I am with you in spirit holding you close
and let you know I miss you so much.

I love you Kira believe it or not and I just
want to talk to you and begin sharing our lives.
I hurt and I miss you and want us both
to have peace as we snuggle each day and night.
Kira I love you and send these kisses
so full of true love and ever so sweet.

Michael P. McParland

Sweet Kisses Of True Love And Sleep

Oh my sweet sweet Kira I send sweet kisses
of true love and sleep to you.
As I now lay down for I don't know how long
come snuggle with me and share the warmth
of our shared pure care and love,
Come my sweet lady and share sweet kisses
and snuggles of true love and comfort
to fill us both with deep calm,
come and share sweet kisses and snuggles
to fill our aching hearts with pure peaceful
feelings of safety with each other right there.

Oh my sweet Kira I love you so much my sweet lady fair
and I just want you here to lay down at my side,
so I can pull you in and give you my warmth
just reassuring you I'm not leaving you
and that I'm always right here and there by your side,
come my sweet dear and lay down with me
so we can share a warm snuggle and kisses so very sweet.
I love you truly and adore you so deeply
and I want to be with you forever and ever.

Michael P. McParland

Night Note 152

Hello my sweet beautiful darling
I truly so cherish and love.
As I've sat here watching my shows
and playing my new video game
which they've made too difficult
unlike past versions for a dummy like me
I've thought of you and just wish
you were here to be with me
spending time and snuggling,
and you could help me through this game
which I'm disappointed that it is so hard
and makes me feel stupid in so many ways,
I just want you here by my side
in all ways because I love you sweet one
and as I get ready to watch
either a movie or more of my show
I want you here to curl up in my arms.
I know you're upset and think right now
that I don't care and you're worried
that I'm pulling back and leaving
I assure you that I'm not
pulling away or leaving today
or any other day my sweet girl
and I care for you more than anything,
I love you sweet Kira and need you
to understand that I just can't write
like that anymore for many reasons sweet one
and you'll have to talk to me to know why in full,
I won't live our situation
or my life on this stage for reasons
I know you would care for and understand.
I love you sweet Kira you truly are
my everything.

So as I go about the next number
of hours I will try eating a little something,
I'll be dreaming of you as I send
sweet kisses with huge hugs
and my loving warmth too.

Feel me beside you holding you tightly
as I tell you that you are
the best and so very good,
that you are my Angel I so fully adore.
God bless you and keep you warm
and with his love and mine feeling so peaceful.
I love you sweet Kira and please
stop being mad at your loving Michael
because I would give anything
for just one single snuggle.

Michael P. McParland

Snuggling With You Tonight

Waking up a while ago my dear
all I've felt is sadness through and through
with deep amounts of frustration too.
I just stayed lying here missing you
for the longest while,
feeling sad as I so long for you
and frustrated that I can't reach out and talk.
And now as I plan to get up I just want
to sit back with you and snuggle so close and tight.
I love and miss you Kira dear and want
to be snuggling with you tonight.
I love you so very much and will always be by your side.

As I get up to go out and sit and watch some NetFlix babe
I don't know what to eat or if I even will
because I don't feel like cooking right now at all,
plus all I crave is frozen solid just making sad frustration worse.
I love you dear and just want to hold you near
so we both can be happy and okay.
I am worried about you dear and I'm in despair,
I want us both to just feel happy and at peace
as we are snuggling through these nights.
I love and miss you dear my Angel true
and just want to hold you my sweet best friend
I hold so very dear.

As I get up to just go lay down on the couch
and try to enjoy my shows I'll dream of holding you
and us snuggling through this night,
I'll be praying in my heart for you to feel me there
with all my warmth and love,
as in spirit I hold you close giving kisses so sweet
and full of tenderness straight from my soul and heart.
I'll be praying that we'll be in each others arms so soon
because I have faith and trust in God,
and may he bless you so deep that you will know
that your Michael is pure and true in all my
dedicated faith, love, trust, and care for you.
I love you babe and miss you so because you are my Queen so good,

feel my heart Kira as it calls to you and know I'm always yours.

Michael P. McParland

A Beautiful Morning With My Beautiful Kira

A beautiful good morning to you
my beautiful girl and I hope that your night
was peaceful and that you slept well
with the sweetest of dreams on me and you,
with you wrapped up in my arms as we both smiled
and I gave you the sweetest kisses straight from my soul.
I love you sweet Kira and am always sending
all of my warmth and love straight to you
God bless you my sweet one and a beautiful good morning to you.

I wish you were with me to spend a beautiful
and quiet one in each others arms just sipping at our coffee
as we sat here snuggling and quietly talking to start the day off.
Then do some reading and just escape together
into other worlds of fun, laughter, and deep adventure,
and afterwards curl up so cozy and watch some amusing videos.
A beautiful and quiet morning with you my beautiful Kira
is what I'm dreaming of and so deeply long for,
to just be with you and knowing all within
the world and life is truly so good.

A beautiful morning with you my beautiful Kira
is what I so want as I begin to feel tired
and soon want to nap for hopefully just a short while,
to just hold you and kiss my darling Angel
and feel peace deep in my soul as I so closely hold you.
I love you sweet Kira and hope that so soon
I will be with you just looking upon you
as I say you are my best friend and soul mate
and I so dearly love you.
You are my diamond in the rough and my Queen
and I adore you to no end.
A beautiful good morning to you my beautiful Kira
and remember always that I am your Michael
and I am right here for you and right beside you
holding you ever so closely in true love and admiration.

Michael P. McParland

I Miss You 19

Now rising my sweet one from another
fitful stretch of sleep
I wake feeling so very sad
because I'm not right here next to you.
I love you babe and miss you so
what am I to do?
What are we to do sweet one two people so in love?
What are two best friends so faithful
and so very true to do without each other
holding hands right there at our sides?
I truly love you so my precious girl
and want to cuddle you.
I love you my fair one and want to
spend this night with you.

As I get up now to eat a bit since I haven't
eaten in a day or more I want to cook you
some of these egg rolls and snuggle up with you.
Share with you this interesting show on NetFlix
that I have been enjoying dear.
A Sci Fi show from the mid 90's called Earth 2,
I think you might like it babe but I'm not fully sure,
I just want to sit with you and spend time so close and good,
I miss you babe so very good and don't want to write
but literally be side by side laughing, talking,
having fun and just spending time.
I miss you my Angel Kira dear and want you here
and to be hold you and your sweet soft hand.
I love you Kira dear you are my heart and soul,
you don't call me crazy or laugh at me like so many here,
you love and accept me for who I am just as I do with you.
We share true loving care and I adore you dear.

So as I rise in full to go do those things I want
it is with a sadness that won't be gone
until I truly hold you near,
dear I am there beside you now and in spirit
hold you so very close to me,
I will never ever leave my Queen because

you truly are my only one and everything.
I love you babe and want you here because
my heart aches and even screams to have you by my side.
I miss you dear my beautiful girl because
we share the most wonderful sacred bond.
I long for you and miss you dear because
I love you more than anything.
So feel my sweet kisses and my big hugs as I
send them all to you and remember that your Michael
loves and cares for you because you're all I want and need.

Michael P. McParland

Love Note 420

Good evening my sweet girl
I so deeply love and miss you,
may God bless your sweet heart
and sweet soul to give you cheer
and help you to know how much
I adore you and care,
God bless you Kira my beautiful dear
because you a great person
and wonderful woman I give myself
to in whole and I would give up
my entire life for.
I send you sweet kisses and hugs
full of all my love and pure warmth,
may the fill and wrap you up
giving deep comfort and peace
knowing your Michael is with
and will always be.
You know I'll never leave you
because you are everything to me.

I've literally spent this whole day
in bed sleeping almost the whole time.
I went to bed last night not long after
I last wrote and then woke up very early
feeling very sick and throwing up
so just lay here until I went back to sleep
and only woke a short bit ago,
now I'll get up for just a short bit
and watch some TV wishing that you
were here with me to snuggle and talk
and just spend time with each other
doing whatever it is that we want.
I love you sweet Kira and care so very much,
I miss you my sweet lady
and just want you to curl up in my arms,
I just want my beautiful Angel to be with and hold.
I adore you and want to be sharing
sweet kisses and caresses with my only one.

So now I'm going to get up
and as ever I am sending you all
of my endless warmth and love.
Kira I miss you and dream of you all the time,
feel me there with you as I hold you so closely
and feel my lips upon yours
as I kiss you so sweetly.
God bless you my darling and never forget
that I love you so deeply
and will never leave.
Kira I am your Michael and will be forever
as I truly love you and will never
be in want of another.

Michael P. McParland

I Adore You My Sweet One

I adore you my sweet one believe it or not,
I adore you to the very depths of my heart and soul
because you are my Angel, my soul mate,
my Queen, my best friend and diamond in the rough.
I adore you sweet one because you are the best
and I agree my beautiful girl that words
here on this page are nowhere near enough
but until we reunite and I can give you all
of those beautiful things in person I want
I have only these words and have done as much as I know to do.
I adore you sweet one you and I always will
because you are my true love and fair one
and I will be yours to no end.
Kira you are my sweetie and the most beautiful woman
and I just want to be here with you holding you tightly.

I adore you my sweet one and just want you here
to curl up in my arms and be with me
as I am up for just a very short bit more.
I'm tired, I'm sad, and very lonely without my best friend
and you're the one I want to talk to
and spend such wonderful time with.
I love you my darling and adore you to no end
so please always remember that I am your Michael
and I'm right beside you holding you closely
while giving the sweetest of kisses
and telling you Kira I love you,
you will forever be my most gorgeous sweetie.

Michael P. McParland

Sweet Sweet Kisses To My Sweet Sweet Kira

Sweet sweet kisses to you sweet sweet Kira
my beautiful true love and gorgeous best friend,
I love you so much and just want to hold you so bad
because you're all that I want my Angel so rad,
I love you sweet Kira and miss you so much
and to let you know I am there with you and care
I send you sweet kisses so full of warmth
and endless tenderness to wrap you up.

I've just been sleeping all day to escape
the pain and loneliness I feel without
my sweet Kira I so love and adore,
I miss you so much and all of you sweetness my love.
I send you sweet kisses to say hello
and I miss you my only one and I hope that soon
you'll talk to me and we'll reunite
in our true love and best friendship
we both so cherish and treasure.
I miss you my sweet sweet Kira
and send you from my heart these sweet sweet kisses
to help lift your sweet heart.

Sweet sweet kisses to you my sweet sweet Kira
I so truly treasure and love to no end my dear,
you are my everything and whole universe,
I just want to hold you so close and give
these sweet kisses straight from my heart and soul.
You know I'll never leave you and I swear
I never will because I love you more than anything my sweet dear.
So I send you sweet kisses and feel me
beside you holding you so closely my love
because I do so truly love and adore you
and give you myself in total and full.
Kira you are my Angel and my true love
whom I will remain dedicated to through all of time.

Michael P. McParland

Love Note 419

Hello Kira my gorgeous one
and sweet Angel dove
and I so truly love you and hope you are well.
I know you're upset at me
and I wish that you weren't,
please don't be because I love you so much,
I need your understanding sweet one
because I feel so deeply stressed
and am uber depressed,
I miss you so much and need to talk,
there's so much to say
and it's all stuff I don't want to write.
Kira I'm tired from the writing and can't do so much,
it's stressing and it's tiring
and I don't want to do things this way,
I want you here by my side to hold
and to spend time because you are
my best friend and my true love,
I want you with me my sweet darling one
and I need you to understand
why the many reasons the writing
has just become to much for your man,
it doesn't mean I'm not going to write for you
it just means it's been too much
for far too long.
It weighs on me for many reasons
when all I want is my Kira to
talk to and give my private words.
I love you my sweet darling
and just want my Angel within my arms.

I've spent the past two days in bed
sleeping almost the whole time
and the other just listening
to the icebox radio playhouse audio books that I have.
A nice fun show from northern Minnesota
that is a podcast I love,
it's what I've needed as I lay there
trying to keep myself at one,

and you know I have been dreaming of you.
I love you my dear and miss you
so bad I just cried at times
and often do.
I know you're upset and all that I want
is my baby darling right here in my arms,
I love you sweet Kira please come so soon.

I've told you I won't leave you
and that is the truth,
I will always be beside you no matter what,
I will always be here for you
with open arms and a wide open heart,
I just can't keep going on the writing
on that kind of clip and way too much
personal stuff has been given
in a public way.
I want you here with me my darling dear,
like after this I wish you were here
to curl up in my arms after I cook up
some egg rolls I have in the freezer,
to fry them up and share with my Kira
nothing could be better as we sat
and watched a good movie.
I love you my Queen and want to be with you forever,
you're all I want and I need you beside me.

So my sweet Kira please understand me
and feel me beside you holding you tightly.
I'm sending sweet kisses and hugs of pure warmth a plenty,
I'll never leave you because I love you completely.
Kira I need you and I love you
more than anyone can ever know
or even come close to comprehending.
Know that I'm with you and await
anxiously for you to come and start talking
and know that I will be writing.
Feel all of these sweet kisses
and hugs I am giving
and remember I am your Michael
to no end for eternity.
I love you sweet Kira you are my everything

and may God bless you in every way
and to feel all of my love that I am fully sending.

Michael P. McParland

Love Note 418

Hello sweet Kira my true love
I miss you so much and wish
you were here to sit with me right now.
I just awoke about 15 minutes ago
and had to eat something right away.
Please don't fear that I've gone anywhere
or have just disappeared my sweet dear,
I love you deeply and will never leave you
I have been sleeping and out of it the whole time.
I love you sweet Kira and I need you so bad
as I just feel so broken right now
and I want to hold my Angel so bad,
I want to hold my Queen so close,
I'm feeling so sad and am going to
just lay back down on the couch
and want you to snuggle with,
I send you sweet kisses of pure loving warmth.

Kira I am not leaving
and I never will because I love you
deeply and want only you.
We need to talk and come back together,
we need each other to be with
and we both know that completely.
Please just reach out and hold me
and I will also be holding you tightly,
I need your love my sweet precious lady.
God bless you my Kira I so truly love you
and adore you.
I just want to talk and bein your arms,
come lay with me and be near me my sweet
precious Angel of forever.

Michael P. McParland

Sweet Kisses And Snuggles Of True Love

Good evening to you my sweet love
and I hope you are well and feel all of
my sweet kisses and huge hugs of true love and pure warmth,
I hope you are doing okay and wish I
could be with you spending the night
in each others arms snuggling and giving comfort
to each other directly as we just talked and smiled.
I love you sweet Kira and wish I were with you
to share sweet kisses and snuggles of true love
that would make all of our aches better.

I'm not feeling well at all my sweet dear
and wish I had my lady beside me to help calm
these aches and help relax me.
My head is aching a bit, I'm exhausted babe,
my stomach is bothering me and just a general blah.
I'm about to close my eyes again but I don't know
if I'll even be able to find real and good relaxation.
I just want to be with lying down talking
and feeling you here next to while I try
to beat down these icky feelings.
I want to be with you sharing sweet kisses
and snuggles of true love so goo.
Kira I want to be right here with you.

So my sweet Kira as I lay down I send you
sweet kisses and snuggles with all of my deep love,
please say a prayer for me that I will
get some good rest and sleep to feel better my dear,
please hold me so tightly as I hold you tight in return
and just share with me sweet kisses as well.
I love you my darling and will be dreaming of us
together spending great times.
I miss you my Angel and have nothing but deep
tender care and true love for you,
feel me there with you as I am ever
and feel my arms around you as I hold you so tightly.

Michael P. McParland

I Lay Here Crying For You

I lay here my dear having woken shortly ago,
feeling so anxious and so very sad
and very quickly started to cry.
Crying for you to be here by my side
because I love you so much and miss you so bad.
Crying because I need you to be with me
so I can see you're okay my sweet one
and so I can help you understand
so much of everything my darling one.
I lay here crying my dear because I so badly need
to be in your arms.
I love you sweet Kira and am crying out
to be with my lady and feel your comfort,
you are my Angel and I want you right now.

I lay here crying for you because
I'm scared my sweet one of so much,
I'm afraid of losing you for one
and I get so very scared that on days
like today and yesterday where I don't write much
that you are hurting and worried that I don't care
when the truth is I love you more than anything,
I want to talk to you though and have you here
to look at and hold,
I haven't known how to tell you that sometimes
all of the writing becomes to much to handle,
it is so stressing in so many ways
on so many levels to do day after day after day
and I'm terrified that I can't explain that properly
and you will feel hurt when I want to talk to
and write for you but I feel so overwhelmed my dear one.
I lay here crying for you because I love you
and miss you and am in need of you.
I love you my lady and please don't be angry
because you truly are my everything.

Oh my sweet lady I am just lying here
after all of that crying and I still feel such anxiety,
I love you so deeply and I just want to hold you.

There's so much I want to say but right now
I can't even pick apart things as it's in a jumble.
I lay here sweet one and just want to be with you.
You are my true love and I will swear to you always
that I'll never leave you and will always
be here for you and right beside you,
you are my Angel and best friend who I want to be with
and get married for all eternity.
I love you sweet Kira and I just want to be
with you giving all of my love so deep and tender,
my love for you is endless and unconditional.
Fear not my Kira I will still be writing for you
and I will write here a bit later,
I'm sending you sweet kisses of true love
and huge hugs of pure warmth.
I love you my lady and feel me wrap my arms around you
as I am always beside you.
I love you my Kira and truly adore you,
you're a diamond in the rough and only for you
would I ever drive myself so far and so hard
because you are my true love and heart
and I want to give you the greatest
always seeing you so happy and smile.
I love you sweet Kira and I will forever be
your true loving Michael.

Michael P. McParland

Love Note 417

Good afternoon my sweet Kira
and I hope you are having a good day.
I love you sweet lady
and truly hope you know it is
so very deep and pure,
I am always with you
and I'll never leave,
and I am right were waiting
and available if you want or need.
I need you sweet love
because I love you so much.
I'm so very sad missing you babe
and I'm extremely exhausted right now.
I wish you were here to snuggle with me
as I rested for a little bit.
Please understand my sweet one
and in spirit hold me so tight.
I love you my lady and feel
all of my warmth and love.
I adore you my dear and just
want you here to hold a give all my love,
please come so soon my darling one.
I love you sweet Kira so please
come snuggle with me and rest.
I love you sweet babe
you are the best.

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Michael P. McParland

Spending Time With You 2

A very good late morning to you
my gorgeous Angel dear I love you so very much
and wish you were here to be spending time with
and enjoying each others loving and joyous company.
I love you my sweet one and miss you so much
and I just wish I could be with you
to talk and to snuggle while we kiss.
To just sit back and watch TV feeling content,
for you to wrap up in my arms and get comfy
as we sat and read, and to just rest together
feeling complete safety and peace.
I love you sweet Kira and miss you so deep,
my heart is aching and I yearn for you to be here with me
to just be spending time with my Angel Queen.
I love you sweet lady and so truly adore you
and am sending you sweet kisses with huge hugs
to give you deep warmth and my strength.
I miss you Kira and truly love you so deeply
I just want to be spending time with you.

Michael P. McParland

Sweet Sunday Morning Kisses 2

A very wonderful and beautiful good Sunday morning
my darling and I send you these sweet kisses
so soft warm and loving,
may you have a great day and I wish we could
spend it together.
I send you sweet Sunday morning kisses
to tell you I love you and keep you warm in comfort.
I love you my darling and will be your man always,
God bless you sweet lady and feel my arms around you
as I reach out to hold you while give you these many
sweet Sunday kisses of true love on this Sunday morning.

Sweet sweet Sunday morning kisses I send you
as I have just arisen my darling,
feeling tired after I last wrote you
I was feeling quite tired and closed my eyes dear,
I fell asleep and have just shortly awoken
and wanted to send you these kisses
and so warmly wish you a gorgeous good morning.
I love you sweet woman and wish I could spend
it holding you so tightly.
Sweet sweet Sunday morning kisses to you my sweet Kira
just feel me there beside you holding you closely
in deep caring comfort.
Remember sweet lady I'll never leave you
because I so truly cherish and treasure you.
I send you sweet Sunday morning kisses
with millions of smiles.

Good Sunday morning my true love and I truly wish
you were here to spend it and share it
as we just talked and snuggled taking it slowly.
I love you and miss you sweet one
and am sending all of my love and warmth to you
along with these sweet kisses of care.
I love you my Kira my Angel so great
feel me there with you the whole day.
Sweet Sunday morning kisses to you my sweet one
and have a great day.

Know that you Michael is with you always
right by your side hand in hand.

Michael P. McParland

Nighttime Longings

Sitting back here my sweet love
on this quiet night the tiredness ebbs and flows.
First it was moderate then I felt good
with little more than a slight lag in my feel,
right now I feel a bit tired but one thing
that's not changed has been my dreams, thoughts,
hopes, wants and longings for you.
I may not have written dear but I have been with you
as I've sent all my caring warmth and deep love,
just as you've been with me as I've felt you close.
I love you so much and just want you here with me
to snuggle and spend time together.

Sitting here my sweet dear and I've just been
feeling so quiet and still am my fair lady
so please don't ever worry that you've been forgotten
as I can assure you and promise you'll not be,
I wish so very much that you were here with me to hold
here at my side as I watched interesting YouTube videos.
Rather you were awake watching with me
or you had your head on my chest as you got some good sleep
I would just be thrilled to have you here,
just for you to be in bed next to me within my arms
would be the greatest thing that there is
and a blessing as it would be heaven on earth.
Nighttime longings fill me up as I love you and miss you so much,
Kira my darling you are the best and I want you to know
that you are my best friend and true love to no end.
I want you here in my arms so very soon.

So as I sit here on this night where I am feeling quiet
I'm just thinking of you as I do what I do,
I long for your company and to see your sweet smile,
to hear your sweet voice of an Angel.
I long to share kisses and as I look into your eyes
say Kira I love you and am yours forever,
I long to give you comfort as I hold you
and we just sat back in bed here together spending time
and just being together.

I'm filled with wanting and longings for life as it happens
my sweet darling Kira and right now it is nighttime
and though we will sleep through most of those
there will be plenty like this and I wish you were here
to be sharing it with,
my heart is yours and I hope that so soon we will
be together rather it here or I am there with you.
Either place is fine as long as I'm holding my Kira.

Now feeling not quiet as tired still I am filled
with nighttime longs and reaching out to hold
and snuggle with my sweet gorgeous Kira,
feel all of my warmth and love as I just hold you
and give you the sweetest of kisses,
be filled with the deepest peace and pure comfort.
I am here my sweet Kira and I never stop
thinking of or wanting you with me,
I'll never leave you because I feel empty without you.
God bless you sweet lady and just relax as I hold you
and give you the sweetest most passionate loving kiss that there is.
I am right here my sweet darling and right there beside you
because you are my diamond in the rough
and I so truly love you sweet one.
I adore you my darling and sweet Angel dove
and will through eternities time.

Michael P. McParland

Night Note 151

A very good night to you my dear
and I so hope your night went well,
I have been thinking of you
and sending all of my love and care,
I love you dear and I hope you know
just how very much I do in full.
You are my Queen and my Angel
and I adore you my sweet darling of forever.
I'm sorry if I am so quiet
but that is just how I am
feeling tonight my sweet lady.
I wish you were here to sit by
and listen too while saying what
I'd like when I want to,
it's just not a mood or time
for writing so please my sweet love
don't fear that I'm angry or something
I'm just feeling quiet and a bit tired
but I think of you and long no less than ever.
I love you sweet lady
and want you to always know that
as well as I'm with you always.
You are my hero and soul mate
and I want to always be with my best friend.
Please just understand that
I'm feeling quiet,
I love you sweet lady and I am
still right here and right there.

So my sweet love know that I'm with you
holding you closely and will be
through the whole night stroking
your hair and rubbing your back.
I give you the sweetest and most loving kisses
as I say goodnight my precious Angel,
God bless you and know that I'll never leave you,
you are my true hearts desire
and I want to be with you always,
I will always stand by you my Kira.

So know that my heart, thoughts, prayers,
and spirit are with you even though
I am just feeling quiet
and I will be holding you tightly.
goodnight my darling and I will write
before morning to remind you I'm there
and to give you a squeeze.
I love you Kira and of that you can
always be certain because you've always
been and always will be the one
I feel so tender and true for.
Sleep well my sweet darling
and please know you're not alone
and never ever forgotten.
I love you Kira and am reaching out
to hold you so tightly,
remember I am your Michael
and I always have been,
have not a fear because I am all yours
and that will be the truth for eternity.

Michael P. McParland

A Quiet Saturday Night With You

On a Saturday where I slept through
most all of it and the few hours I've been up
have flown by so fast I can't believe it
I'm sorry sweet one if you've been feeling
so very lonely today and truly since I last
wrote you I was just watching videos
and time speed by as if it had been sped up.
I am sorry and the whole time I did think
about you and wondered how you would have liked some things
and wish you were here to join me.
I love you sweet lady and can't wait to share
a quiet Saturday night like tonight with you
my sweet precious Angel of light.
A quiet Saturday night with you the woman I love
and want to be with for all time.

A quiet Saturday night with my Kira so beautiful
and my best friend, the love of my life.
A quiet night to just snuggle and enjoy
the early evening to middle with the kids,
then later just us sitting and talking,
sweet kissing, reading, watching videos and movies,
just us spending time feeling happy
in the joyous love that we share.
A quiet Saturday night with my only one
would be the greatest dream come true right now.
I love you sweet one and I wish you were here
to spend time snuggling with me.

Feel my arms around you my sweet darling Kira
as I reach out and wrap my arms around you,
feel all of my love and warmth in these
sweet kisses of deep care and strength that I send.
I wish you could be with me enjoying
this night as right now I'm just watching
whatever video may catch my eye and my fancy,
I wish you were here to be next to and holding
sharing a beautiful quirt Saturday night.
I love you sweet lady and you truly are

never forgotten and in my thoughts always,
you are my heart and it is so filled with
love for you sweet Queen of my court.
I love you sweet lady and am with you as always
so feel me holding you tightly and see me
smiling so loving and brightly,
I know we will have our quiet and loving Saturday nights
and I truly can't wait to be with my Angel of light
whom I'll always stick by and love through all time.

Michael P. McParland

Love Note 416

A very good evening to you
my beautiful girl and
sweet Angel dove.
I'm sorry my love if you are
worried or upset because I've been quiet,
I've literally slept the whole day
as it took me a good while last night
to fall off to sleep
and I was already extremely tired and spent,
even as I woke up about 10 to 15
minutes ago I can still feel
a tiredness in me my love.
I thank you for your patience and kind love
and just ask you to please continue
being understanding.
There's so much that in this way
can make little to no sense
but when we talk it all will.
Please just remember that I will
always be faithful and never leave you.
You are my best friend, my true love,
and my gorgeous Angel.
You are my everything and I want
to be holding you at my side forever,
I want to be your sweet husband
with you as my sweet wife through eternity
always sharing sweet kisses
and being there for each other.
You are my sweet Queen and I could
never bare losing you
so trust me my dear that I'll always
be with you giving my best
and my everything.
Kira you are the greatest
and I adore you fair lady.

I miss you so very much
and wish you were here to be with me
and share the dinner I'm about to eat,

then just snuggle away the rest of the night
as we watched some movies and videos on YouTube,
read, as well as just talking
and sharing sweet kisses while
we enjoyed the peace that being together brings.
I miss you sweet Kira and wish you were here
because I love you more than anyone
can ever know.
Just ask God when you need to and he will
help you feel all that I have
as I have always asked him to do.
I love you sweet Kira and I will always
be with you because I want to give you
all of my caring love
and have both of us enjoy a life of fulfillment and joy
by being with our true love who truly care
and will always be faithful in every way.
I love you sweet lady and send you sweet kisses
and big hugs of deep love and pure warmth.
Feel me there with you because
I am always holding your hand and smiling at you
in pure love felt through and through.

So as I now get up to eat
and just do a few random things
remember I love you so much and feel it so strong,
feel all of my love and warmth as
I send it your way to wrap you up,
I send you sweet kisses and hugs full of deep strength,
you're not alone my sweet one
because you have me.
I love you my Kira and remember as well
that I will forever be your Michael.
I love you sweet one and so wish you were here,
God bless you my Queen
and just feel my arms wrapped so tightly
around you as I send my love.

Michael P. McParland

Sweet Goodnight My Angel Of Light

A very sweet goodnight to you
my Angel of light and let's now together
end this night in bed snuggling so tight,
let's climb underneath the warm covers
and snuggle with each other sharing sweet kisses
and words telling each other how much
we love one another.
Let's go to bed and just spend a bit
of time snuggling, kissing, and gently talking
my beautiful Angel of light.

A very sweet goodnight to you my Angel so bright
and just curl up in my arms and I'll pull you in tight,
rest your head on my chest and I'll
stroke your long hair and rub your back,
just cozy up my sweet one and feel all
of my loving care and deep warmth surround you
and fill you as I give it in full
to you my dear Angel so you will feel peace
and get some good restful sleep.
I'll be holding you sweet lady through the whole night
so feel my heart beating its love for you Kira.
Feel my sweet kisses and all their true love.

I'll see you tonight in our sweet dreams
my sweet Angel of love and light.
A time for us to just spend time with each other
and forget the outside world for awhile.
A time for us to just hold each other and kiss,
a time for us to just sit and talk
as well as getting lost in each other
and whatever fun we are having, be it on a walk,
playing a game, reading, or just watching TV.
Just as it will be in real life when our time has come,
we will just get lost in each other
and the joy of our true love as we just enjoy
each others company like we always did.
I'll see you tonight in the land of dreams
my sweet Queen and Angel of light.

I'll be dreaming of you as soon as I close my eyes.

A very very sweet goodnight to you Kira
my Angel of light and forever,
I wish you a sweet goodnight with sweet kisses
as I reach out to hold you and snuggle
so we can talk away feeling whole and peaceful
as we drift away to fall asleep in each others arms.
I love you sweet lady you're my everything.
So snuggle in tight and feel the deep comfort
of knowing I'm with you and will be always,
you're not alone and you'll never be my sweet dear,
let's go to sleep now my beautiful darling.
Again I wish you a goodnight so sweet
and with a passionate kiss say Kira I love you
and can't wait to be with you each day and night
holding you tightly.

Michael P. McParland

Snuggles Before Bed

Come my sweet one and join me for some
warm and loving snuggles before bed.
Come curl up in my arms so I can pull you in
looking so tenderly into those gorgeous eyes of yours
and tell you you're wonderful and that I truly love you,
that I care for you deeply and want
to be with you forever because you are my Angel,
that you are the one whom I feel that spark and connection.
I want to just softly caress your cheek as I
lean in and gently kiss you.
A soft kiss to express my deep feelings of tenderness.
Come my sweet one and curl up in my arms
for some fulfilling Snuggles before bed my sweet darling.

Come and let share some tight snuggles and just
spend time winding down as we talk and read
before we go to bed my sweet dear.
Hold me so tight as I hold you dear rubbing your back
and let's just share some conversation before we go to bed,
I want to talk to as well as listen to my
sweet lady I truly adore and love.
I send you sweet kisses of warmth and deep care
as we share snuggles before bed.
I love you my lady and am just longing
to hold and spend time with my beautiful Angel.
So come my sweet one and cozy up within my arms
and we'll just bask in the glowing comfort
of our true love and the peaceful contentment it brings.
Come my sweet one and I will just hold you
so close to me to soothe your hurt heart.
Snuggles before bed are what is needed so my sweet lady
just feel your Michaels arms around you
and know I'm always with you.

Michael P. McParland

You Are My Shining Star

Kira you are my best friend
and you are my true love,
you are my only one my sweet Angel dove.
I just want you to know that I love you so much
and you are my shining star who fills me with light,
you help guide me along with the undying
knowledge that there is still beauty and goodness.
You are my Angel who holds the candle burning so bright,
you are my shining star of true love and hope
that I will fight for and by through all time.
You are the worlds beauty and its brightest star
and I look toward you to say I love you my dear,
you are a divine blessing I so care for and greatly adore,
you are my everything my darling dear
you are the one who lights up my life in every way
because you are my true love and best friend for sure.
I send you sweet kisses of true love and thank yous
with huge hugs of warmth and strengths comfort,
I love you my lady and my heart sings to you
all of my favorite love songs.

Kira you are my best friend, my true love,
my Angel Queen so bright and loving to no end.
You are my soul mate, my hero,
and my beautiful girl I adore and admire,
you are my shining star who fills me with hope
and endless light.
I love you my darling and please for me always keep shining,
you truly are the worlds beauty to me my sweet darling
because to me you are the greatest there is.
I send you sweet kisses and hugs to wrap you up
and give you deep comforting peace as I wrap you up
my shining star for a warm snuggle for me to say thank you
and that you will always be my most beloved sweetie.

Michael P. McParland

I Need You 5

You are my best friend, my true love,
my Angel and my darling hero.
I love you sweet one and long to be with you
forever through all time holding hands while we smile,
talk, laugh, and just bask in the joyous days
of eternal love and youth,
I need you my dear and the reasons are more than a few
but a few are all I will now be able to do
but I hope they will show so very much
to fill you with warmth
and help you see how deeply I love and care for you
always standing by you giving my everything.
I need you sweet lady because you are the greatest
thing that's ever happened to me.
I love you sweet lady and need you to see how wonderful
and gorgeous you are deserving endless true love
in it's pure form of unconditional care
as much and more than anyone else my sweet Angel dove.

I need to just see you each day in all of your beauty,
to see that big smile that lights up my whole
soul, body, mind, heart, my entire life in full,
along with those sparkling eyes that hypnotize
and mesmerize as I get lost in their beauty
then through to the endless beauty inside.
I need to just see my gorgeous lady
and feel my heart melt in your presence
and show you how much you affect me my sweet one.
I just need to be able to see you
and take you within my arms and hold you so long.

I need you to see that you are so beautiful
and just help you to heal from all of the past harms,
not just from those mistakes I committed
but to help heal your heart of what other jerks did.
To show you how you should have been treated always
as a true Queen who a man with true love will serve her,
protect her, and always be there to provide comfort,
company and known stability that her King will

always be right there beside her and to turn to.
I need and want you to be treated as you deserve to,
like the rare and treasured diamond in the rough
that I so truly care for, cherish, and treasure
in true love to no end.

I need you because you're who I love
and we share such a special best friendship and bond.
I need to show you all of the endless
and stored up love that I have and feel,
love I saved and have to share with only you.
I need you because I want to give you in full
that love as I said before you've so truly
and so long deserved and I need you to see
that you are deserving of such abundance of love
and to quit downgrading yourself as not.
You are a beautiful woman and I want
and need you to know that.
I need you because you are you and I love my Kira
to no end with no conditions.
I need you because you are truly charming,
warm, and contentment to me.
I love you sweet lady and need you to know
just how much you mean to me.

I need you just to talk to and share
all that both of us have been longing to,
and to just share memories and thoughts
across topics of the world and universe,
I just need you to be here to talk to and listen
as well as in turn talk to me because I'm listening.
I need you to be here and share my world
because even though it may be hard at times
I want to share it with you and no other dear,
and I want and ask you to share yours with me as well.

As I come to my close I need you here in my arms,
just to feel your warmth and sweet comfort
as I feel your arms around me and your body against mine,
I need to share hugs and sweet kisses throughout each day
feeling a close bond in relationship I've never had.
I need my Angel beside me to give, show, receive,

and celebrate the true love that is held between us sweetie.
I need you my darling to realize that you are so spacial
and mean so very much that I would never leave you,
I need you to know I'll always stand by you and support you,
I am your Michael and I am yours forever.
I love you sweet lady for you are my guiding light and sweet Angel,
I just want you to always feel safe and secure,
I need you to know you're not alone and will never be.
You are a supreme Queen and diamond
and you truly are my universe and everything.

Michael P. McParland

Love Note 415

Good afternoon to you
my sweet Angel dove and true love.
How has your day been my sweet one?
I pray you are well
and feeling peaceful with
contentment at heart
as I send you all of my warmth and my love
along with sweet kisses
and huge hugs filled with deep tenderness.
I am sending my everything
and am beside you as always,
hand in hand forever my sweet precious dove
and right here if you want or need,
I'll always be here for
the beauty I so adore and revere.

I've just been lying here
for the last little while
cat napping, dreaming,
and letting my mind wander to various things
and as ever you are a major
part of all those many places
my mind and heart go,
all good and so loving my dear
so have not a worry,
they're always bright thoughts
aside from the worrying of how you are doing.
Beyond that just that beauty
that is Kira my love.

I wish you were here to be with
spending time and sharing our company dear.
I wouldn't be the greatest
company today I fear my sweet dear.
Back and forth between talkative
and then very quiet and withdrawn
so I'd be a bit boring.
I know though you would just
be thrilled to be with me

and talk to me though as you always were.
That means more to me
than you'll ever know to like
listening to my ramblings on
and not finding me boring really at all.
Just one more thing to love about you,
you truly are my perfect Angel my dear,
you're without a doubt the only one
that I'll ever need or truly want,
it is you that I trust my sweet Queen of true light,
it is you I'll let in behind my walls
and nobody else.

So I just wanted to say
I love you babe more and more
each and single day,
I've never wavered on my feelings
and knowledge that you are the one
I want to be with through eternity
just as there is no doubt
that I will always stand up for
and beside you to fight with and for
through all things in life,
literally no matter what it might be my love
because I will be your rock
just as you are mine dear.
Never worry that I won't be there
when you need me dear
because I give you myself
in full without any conditions at all.
I love and adore you in full
just as you are.

So please continue to have a good day
and close your sparkling precious eyes
to see my looks and big smile of love,
feel all of my warmth with that deep love
in all the sweet kisses, strength,
and huge hugs of pure care that I send,
I'm right beside you taking your hand.
You are so treasured and I'm praying that
so soon you'll be here right beside me

sharing our time each day in full
because we share a bond of true love.
God bless you my darling
and feel so happy and peaceful.
Know that I love you and that as I go about
doing this or that to stay busy
I'm dreaming of you and my heart beats for you too,
and remember if you just want me babe
or are in need at all I'm right here
and will do anything and everything that I can
because you are my Angel and true love
whom I give my heart, soul, and very self to for all time.

Michael P. McParland

I Only Have Eyes 2

I only have eyes for you my sweet one,
my heart only calls to and longs for you,
your soul is the only one that
from top to bottom in every way glows.
I only have eyes for you my sweet Queen,
I'll always remain true to my Angel so good.
You are my everything and my best friend for all time,
you are my soul mate and eternal true love
and I only have eyes for you my hero so solid.

I only have eyes and a heart for you
and I dream of you always my sweet precious darling.
I'm wondering how you are and dreaming
of all the beautiful things in our bright future.
I only have eyes for my Kira because she
is the greatest and so very wonderful.
I have seen her sweet heart and soul
and they truly are a marvel of divine beauty.
I only have eyes for my northern star
whom I will be with through all eternity.

I'll only ever have eyes for my beloved
because she fulfills me in a way no other has.
She is my best friend and fills the void
of what is so badly missing in life.
She's my other half and a gorgeous Queen
who truly means everything to me.
I only have eyes my precious sweet Angel dove and rare diamond
I'll never have a bond nor do I want one
with any other like I share with her.
A bond of true love and pure care that has
been blessed and given from heaven
and I'll only ever have eyes or desire to be with her
forever through all space and time.
I only have eyes for my sweet darling Kira I love.

Babe I'll only ever love you and you are
all that I need to fulfill me and make me happy
in matters of love.

I'll never need or be in want of another
because I am yours my sweet precious darling,
I truly love you more than anything
and I'll only ever have eyes for my gorgeous Kira
my sweet Angel bride.

Michael P. McParland

Sweet Tender Love 2

Sweet tender love so pure and true
fills my whole heart and soul just for you.
I adore you my Angel and have these many years,
I've loved and adored you because you are you
and I admire your courage and strength
as well as your fire.
I'm filled with sweet tender love because
you are a truly wonderful pearl
and I want to share all of my love with you.
Love you deserve because in and out you're so beautiful,
nothing but sweet tender love fills me my dear
because you are my soul mate and your heart
is so truly loving and soft giving so much
and I want to give you that love in return.

I am filled with sweet tender love
for my sweet tender dear and Queen I adore,
you are amazing and the one that I want.
I'll stick by you forever because
life without you is so truly empty.
Even if I were to ever be with another
my heart, thoughts, desires and all that
I am would still be with you.
Sweet tender lover for you is my soul and heart
and I send you sweet kisses of contentment and hope.
I send you my true love and deep care
as everyday to no end for you my heart melts.

Sweet tender love and deep caring warmth fill all
of these sweet sweet kisses and big hugs that I send,
feel peace and my strength fill you up as well as these.
Know that you're loved to no end.
Sweet tender love and pure desire to give you
all the best that you need is what I so want.
To share all of my love and show you the true care
you deserve as the Queen that you are is just one
of the many endless loving things I wish to share.
Sweet tender love my sweet Angel dove is all
you will see when you look into my eyes,

I want to spend eternity at your side.
I love you sweet lady and long for your company
so I can hear your sweet voice and see your bright smile,
then just look in those gorgeous eyes and let you
see my whole soul as I lean in to kiss you.

Michael P. McParland

My Heart 2

As I rise now on this morning my heart is filled
with pure love for you my dear darling.
Pure love of your heart and your spirit,
pure love for all of your beauty,
my heart is filled with pure love because you are my Kira
and I adore you just as you are my precious Angel.
My heart is yours as is my soul,
I will be yours and yours alone for all time
my sweet one because I love you so much
and my heart has no want for another and never has.

As I rise on this morning hear for my hearts call
as it sends you my eternal messages of true love
and deep tender care never ending.
Hear my heart as it tell you that to me
you are a blessing and gift so very special
I adore and treasure so truly,
hear as my heart reassures you that you're not alone
and I'll never leave you because you're my only one
and it's only you I'll ever give myself to
my sweet Angel dove.

As I rise straight from my heart and soul
I wish you a beautiful, wonderful,
warm and loving good morning with tons of big smiles.
I'm sending you sweet kisses and big hugs
to give you my strength and let you
know I am with you holding you tightly.
My heart is yours and it aches because
I want to be holding you here as the day starts.
My heart knows what a great woman and person you are
and I just want to be with the Queen I so love.
I love you sweet Kira and feel my hearts beat
of love for you as the day goes
and remember I'm with you hand in hand always.
My heart will be yours through all of time
because you are my Kira, my Angel, my Queen,
my best friend and my true love,
you are my diamond in the rough that shows me

there's still beauty in this world.

Michael P. McParland

Early Morning Snuggle Of Warmth And Comfort

A very early morning to you my sweet one
and I am still so deeply and profoundly tired,
nowhere near ready to get out of bed.
So I'm reaching out to pull you in
for a snuggle of pure comfort and warmth.
A snuggle with my only love who I adore,
I so miss you here as ever while I wake
and I just want to feel you here next to me.
A very early good morning to you my beautiful girl,
I love you so much so please cozy up
for a snuggle to provide us both with comforting warmth.

I love you my sweet Kira I want you to know
and there's a world more I want to share.
I'm tired and feeling my missing piece aching right now,
so as I close my eyes to rest a bit longer
I'm reaching out to pull you in for
a snuggle so comforting and warm on this early morn,
a snuggle to say I love you my babe and I always will.
An early morning snuggle of warmth and comfort
to help calm and lift our hearts and so they may touch,
I'm reaching out because you are the Angel I love so very much.
So I wish you a very early good morning
and am wrapping you up in my arms so very tight
to give both you and I deep comfort and warmth as I rest a bit longer.

Michael P. McParland

Goodnight My Beautiful Darling 2

Goodnight my beautiful and beloved darling,
it's been a long day now let's both go to bed
and together slip underneath the comforting blankets
and then find the true comfort wrapping
up together to snuggle and share the sweetest of kisses.
Please come join me my soul mate and beautiful darling
so I can look in your eyes and tell you I love you.
Come wrap up with me and let's make this night end
in true peace and comfort as we contentedly
fall asleep surround in our love together.

I am sending you all of my warmth and care
with endless deep love pure and unconditional,
just wrap up in my arms and I'll pull you in close
so you will be surrounded in all
of my warming strength to give your heart peace
and let you know I'm right there with you
through the night and through all of time,
just rest your head on my chest
and listen so close for my voice saying
I love you my darling and will always be with you
working so hard to make you proud and happy,
I'll be holding you closely and lovingly
just stroking your hair and rubbing your back
to calm both of our heart my sweet Angel of light.

Goodnight my beautiful darling I love and miss
and we'll see each other in our loving dreams,
I will be holding you closely and pouring
my soul out showing my care and love.
Feel my warm care fill your sleep and dreams
knowing your Michael is there holding you
and listening to you just as well.
In our land of dreams to give us good sleep
and lift our hearts,
I love you sweet one you are my Angel
and Queen the most precious diamond
that's ever been.

Goodnight sweet Kira my beautiful darling
and I truly cherish everything about you.
I adore my sweet Queen whom means everything.
I pray that so soon we will be able to
be turning in for the night together
to snuggle, kiss, and lightly talk before we sleep,
it's what I see every night as I close my eyes.
I love you sweet Kira you truly are so very beautiful
in so many ways and I just want to be with you forever.
So come snuggle with me and share each night
in true peaceful comfort being together
sharing this dream of ours and all of our others.
Goodnight my darling Angel so boldly beautiful and bright,
feel my arms around you as I pull you in
and kiss you saying I love you baby.

Michael P. McParland

Rest With Me Sweet One 2

Come and rest with me for awhile sweet lady,
a time before bed to just snuggle and close our eyes.
A time to just look at each other
and bask in the glow of our love
as I will also be basking in your beauty my dear.
Come cozy up and curl up in my arms
and let's just drift for a bit my gorgeous one.
Come lay down with me babe and we'll wrap up
so close and feel fine as we just rest for awhile
sharing sweet kisses as we snuggle and smile.

Michael P. McParland

Evening Note 90

Good evening to you my sweet Angel Queen
and I just want to drop in to
say I so very love you.
Your heart's that of gold,
your spirit is loving and bold,
and you are a beautiful woman
whom I cherish and adore.
You are my best friend,
soul mate and hero my only one
and I just want you to know
just how much you mean to me.
My heart calls out to tell you
that you are treasured blessing and gift,
I wish you were here to hold
on this evening sweet one,
to pull you in so very close
and just spend time with my girl
while I rub your back and stroke your hair,
just sit with my Angel
in divine and contented peace.
I love you sweet Kira
you truly are everything to me.
So feel me there with you
as in spirit I hold you so closely
and I will stick by you my sweet lady
because I want you to be my
gorgeous Queen through all eternity.

Michael P. McParland

Infinite Kisses 2

I have and send to you these
infinite kisses my sweet darling dear.
Infinite kisses of undying true love
and support from your man sweet one,
infinite kisses of tender compassionate care.
Infinite kisses for my best friend
and true love to say you are the greatest
and I only want you by my side forever.

I have and send you infinite kisses
of endless deep dedication,
infinite kisses to say I am yours
and will be with you forever my diamond.
Infinite kisses to tell you that you are the best
and you give me smiles and joy
that no one or anything can equal at all.
Infinite kisses of deep adoration and awe
for you my sweet Angel dove.

I have for you these infinite kisses
because my heart is filled with pure love
that I want to give and share with you through eternity,
infinite that say more than words as
you feel the magic and power within them.
I have and send you these infinite kisses
because I love you sweet lady
and want you to feel safe and peaceful
knowing that only you will ever receive
my sweet infinite kisses of true love.

Michael P. McParland

Take My Hand 17

Come and take my hand my sweet one
as I reach out to you and I'll wrap you up
in my arms and ever so tightly pull you in
to help you feel so safe and secure
and continue to reassure you that
you're not alone, that I truly care,
and that I'll stand by you forever
because I'm never leaving my Angel who's everything.
Come take my hand my sweet one
and I will hold you as long as you need
and as much as you need to feel
the deep comfort you need to
put your deeply aching heart at great ease.
My hand is ready to take yours within it
if you will just take my hand back
I will give you every last bit of love that I have.
I love you my darling so please take my hand
and let's just spend the evening in each others arms.

Come my sweet love and take my outstretched hand
so we can be at full peace once again
as we hold each other and feel our hearts heal
as they touch and talk to one another.
Let me take your hand so I can show you
my whole world and you'll show me yours
and together share them as true loves and best friends.
Just take my hand and I'll prove to you
my dedication and loyalty to my precious Queen.
I will always give you my best and everything,
there isn't anything I wouldn't do
to see my Angel of the stars so brightly glow.
So let's reach out together and take each others hands
and just hold each other as we fight along
through this life together.
Feel as I take your sweet and soft hand
and be filled with warm peace knowing I'm there.

So my sweet love my hand is outreached
to take yours and give you all of my best

and myself in full through all time and space.
I just want to be with you giving you all
the very best just like you deserve
my gorgeous diamond shining so bright in the rough.
Just take my hand and I'll always do
for you the very best that I can
because I am your Michael and I adore you to no end.
You are my Kira and I want you to know
true joy and fulfillment to no end,
I love you my lady and am here for you always.
Let's take each others hands and find
the right path so we can be happy together again at last.

Michael P. McParland

Love Note 414

Good afternoon to you my sweet love
and I hope that you are well
and feeling peace in your heart
knowing I love you sweet one.
Feel my arms around you as I pull you in
to give a big hug with sweet kisses of care,
I miss you sweet lady and wonder
as well as worry about how you are.
I truly love you my dear
with all that I am
for just who you are my sweet one.
As I just sit here in silence
I wonder if you're okay
and pray that you feel all my care
knowing I love you more
than anything that there is anywhere.
Hear my hearts call as it
sings to you about all that it holds.

There's not much to tell
about today my sweet one
as I truly am just sitting here quietly
just thinking of you
and various other things.
I just wanted to say
I love you babe and hope you
are having a good day.
I send you sweet kisses
and huge hugs to tell you
that you are my only one and everything,
I can't wait for the day
I'll be holding you close
and telling you I love you babe
and everything is going to be okay.

So remember my love
I am right here thinking of you
and reaching out to hold your sweet hand.
I will always be with you my number one.

Have a great rest of the afternoon
my sweet Queen and feel peace
in your heart as I send you
all of my care and love.
My heart is with you as are
my prayers my sweet one
and know with no flicker
of fear or doubt that your
Michael loves you so much.
You're not alone and I'll
always be with you because
I want to be with my best friend forever
because I love you my darling.

Michael P. McParland

Huge Afternoon Hugs

I have for and send huge afternoon hugs
of pure loving warmth to you my sweet one.
I send you huge hugs to let you know
you are my everything my sweet Angel dove.
I am there with you and I so deeply love you,
feel as I wrap my arms around you and kiss you so sweetly.
I have for and send you huge afternoon hugs
because I wish I was with you and want to
let you know you're so very important.
Huge afternoon hugs for my Angel divine
and I will stick beside you through all time.

I send you huge hugs with sweet kisses along
to fill you with peace that I am still here.
I send you hugs just to comfort your soul
helping you know you're not alone.
I adore you sweet lady and just want to hold you so closely
stroking your hair and rubbing your back
as we just sit and talk so lovingly dear.
I miss you so badly and I know that you miss me
and I just want to send you these huge hugs
and sweet kisses to give you comfort
and calm your heart that's so very tender.

Oh my sweet Kira feel surrounded in my love
as I stand beside you giving all of my love to you,
be filled with strength as I give a huge hug
to you my sweet precious lady,
always remember I'm with you sweet lady.
So feel these huge hugs and give me a smile
because I love you my darling
you are my Angel and shining star above everything.

Michael P. McParland

Afternoon Dreams Of You And Me

Sitting here dear as afternoon is almost here
and as I have been caught up in my reading
and a bit of a movie I've been dreaming
of us being right here together
holding hands and each other as we just spent time
talking and joking, laughing like we did always.
Now morning dreams become those of afternoon
and I can assure you I'll be dreaming of you
my sweet darling dear.
As well as sending all of my warmth and love
and all of my prayers.
Sweet afternoon dreams of you my beautiful one
I love and adore in full to no end.

Afternoon dreams of holding you in the contentment
you send with your warming love that I feel,
contented dreams knowing that soon
all of our dreams will become the beauty of real.
I love you so much and dream of all of the things
I so long to tell and share,
afternoon dreams of Kira my Queen whom
I am reaching out to to hold and to give
sweet kisses as I say I love you my dear.
Sweet afternoon dreams that I send to share
because you are my everything my sweet Angel Queen.

God bless you my darling at the end of this morning
that you will feel peace knowing I love you and am with you,
just close your sweet eyes and see my loving looks
with the biggest smile so full of tenderness and care,
I am right right there beside you holding your hand
and pulling you in for a snuggle as we share our afternoon dreams.
You are truly are the most wonderful woman
and I would never want to be with another,
you are so truly beautiful in person and spirit
and I love you purely because you are my Kira.
So until we are together I will dream of you here
snuggling as we share talk and sweet smiles
all the while sending you my love and warmth

to let you know I so truly care and to give you comfort.
Here my hearts call my sweet darling
and always remember it's only with you I want to be with.

Michael P. McParland

Early Morning Contentment

I can feel you so close my sweet love
and right here by me and it gives me
early morning contentment I need.
I thank you my darling and kiss you so sweetly,
I can feel you so near me and it is
helping to give me calm and contentment
on this morning we're in.
I love you my darling and adore you so much
and I am always sending you all of my love and warmth.

I feel contentment and I can think,
you are amazing my darling and I will thank you
forever and ever to no end sweet babe,
you are my Angel and you are my Queen
and you give me such peace my soft hearted dear.
I pull you in close for a big huge of love
to say thank you my best friend you are my hero for sure,
you are my everything and all that I want.
I can feel you here giving contentment so clear
and I pray you can feel me too right there by you
as I hold you close and say I love you my dear,
I always have and I always will because you are the greatest
and my wonderful magical woman.
You are so beautiful and you are so good
and I will always stick by you because you're my true love.

You are adorable with your heart of gold and loving spirit
as well as millions of other reasons.
You fill me with light and such endless happiness
and I want to thank you my Queen so very gorgeous.
I love you dear lady and can feel your arms around me
and the contentment it brings gives me a smile.
All that would be better is if we were in person
right next to each other but I know it will happen
because we share a bond so truly special and blessed by God.
You are the Angel I pray for non stop in thankfulness
and always for your safety and health,
so you'll know that you're not alone because
your Michael is with you and right here as well.

So my sweet darling feel contentment as well
knowing I am holding you and your hand.
I thank you to no end for your love and compassion,
you are contentment my sweet darling Angel.
I can feel your sweet spirit and it glows all around me
and that's proof as ever that you are a gift and a blessing.
You are a diamond so rare in the rough of the world
and I adore and love you because you are you,
you are contentment in this early morning
and I want to say thank you my Angel
and I so truly love you and will through the ages.

Michael P. McParland

Morning Note 170

A very beautiful good morning
to you my sweet Angel so true
and I pray that you slept so well
and saw me in your dreams as well,
I love you so very much
and am reaching out to pull you in
for a big giant snuggle of of pure love
and the sweetest of kisses to
let you know I am with you
and will always love you my sweet precious lady.
A very good morning to you
and feel all of my tender care
surround and fill you
as I send my full loving warmth.

I wish you were here to join me
and just snuggle in pure
content joy as when I get up in
a few minutes we could just sit
and enjoy the company of each other
as we fully wake to the day,
I'd love to be with you
as you were curled up in my arms
and we just so softly talked
and knew the day would be great
as we spent time with each other
just doing our thing,
I am right there with you
holding you ever so near
as I smile with my in my immense
and endless love
and give you sweet kisses
straight from my heart and soul.
I adore you my dear and can't wait
to so very soon be holding you,
I love you sweet one and I always will.
You are everything I'll ever want
and I'll ever need.

Hear my hearts call on this morn
and through the day as it just
wants you to know I'll always be yours,
I'll never forsake or leave
my Kira I so dearly love
and just want to walk with you
hand in hand and side by side through all time,
remember that and be filled
with peace as the morning and day go along.
I love you sweet lady
and can't wait to start each day
beside you giving the biggest hugs
and sweet kisses knowing
we our blessed by God in our bond,
in true love, and as best friends for all time.
Feel all of these kisses
and warmth I send my sweet Angel and diamond
and know you are treasured
and I love you more than anything.
I would give anything
to have you here on this morning
to sit next to me enjoying
our love and each others company.

So again I wish you a most
wonderful and beautiful good morning
and feel my arms so tightly around you.
As I now get ready to get up
and go about moving around
I will be dreaming I'm holding you dear.
As I get my mind moving I will
write you quite soon love
because I care about and love you my darling.
Your Michael is here and will always
give you my best and my everything,
I will always work so hard to make
you very proud and so happy,
I love making you smile my sweet Queen
and it is something I will always
be working to give you reason.
You are my lady and you are my Angel
and I would do anything for you

my dearly beloved dove of forever.

Michael P. McParland

Falling Asleep In Each Others Arms 3

Goodnight my most beautiful sweet Angel dove
and let's go to bed and wrap up
so very tightly in each others arms feeling
deep safety and comfort in the love we
both feel so deep and give in full,
we'll snuggle for a bit and sweetly kiss
before we fall asleep contentedly in each others arms.
I want to be beside you feeling totally fulfilled
and peaceful with the Angel I adore fully.
Come my sweet love and let's climb into bed
and snuggle till we fall asleep.

Just curl up in my arms and I'll pull
you in so close and tight and we'll
snuggle away our heads next to each other
as after sweet kisses we gaze into
each others eyes saying I love you babe
and softly talk as we drift way.
We'll fall asleep in each others arms
and just spend the night in the calmest
and deepest peaceful sleep.
Feel my arms around you sweet Kira
as I will be holding you the entire night through
giving all of my warmth and love to you in full.
I love you my darling and I always will
and we will fall asleep tonight in each others arms.

I'll see you tonight in the land of dreams
where we can sit together on a blanket
under a tree in a landscape of green rolling hills,
to just take in the beauty as we hold each other
as we as the peace and the love we provide
in full for the other.
A bright sunny time under that tree talking,
snuggling, kissing, and just feeling
the joy of being with one another.
The joy we'll soon have once again my dear darling,
I can't wait to do that and tonight
we at least have our sweet dreamland.

I love you my darling and can feel you and your hugs
with sweet kisses of true love and caring.

Goodnight again my sweet Angel Queen
and let's end this night in each others arms.
I want to give you the sweetest kisses
as we snuggle away before sharing some
wonderful and loving sweet conversation
and rest our heads right next to each other
as we we drift away holding each other.
A beautiful night falling asleep holding each other
and that is what I will be dreaming of
as I put my head down to sleep in a few minutes.
I love you my darling and I will be there
beside you forever and ever,
feel me wrapping my arms around you
for a night of deep comforting snuggling,
I'll never leave you or stop holding you baby.
So let's close our eyes and feel comforts
warmth from each other surround and fill us my darling.
Goodnight and remember that I am your Michael
and just want to be with you always serving you
and giving you all of my love because I adore you.

Michael P. McParland

Night Note 150

Hello there my sweet love
and beautiful best friend,
I hope your night has been good
and you've felt all of my loving
warmth and care surround and fill you.
I'm not yet ready for bed
and wish you were here
to curl up with me and wind down
before we went to bed
and fell asleep in each others arms,
I miss you so much
and just want to be next to you
so curl up next to me
my sweet one even in spirit my dear.
I love you Kira my beautiful girl.

I won't be doing much
but to sit here and read,
maybe watch a small bit of TV.
I'll be dreaming of you
the entire time and reaching out
to hold you and your hand
saying I love you the entire time,
feel me beside you giving my all,
you are my everything and only one.
So come curl up in my arms
before we go to bed
and let's relax in each others love.
I only want you and will always
stick with you.
I love you sweet Kira
and just want to hold you.

Michael P. McParland

An Evening Spent Together

With dinner tonight having ended
just shortly ago I sit down on the couch
and want you to come sit next to me
and curl up in my arms to spend
an evening together just doing the things
that we love and find so very fun.
To spend an evening together would bring
such total joy for both of us my sweet darling.
An evening spent together just knowing
that my lady is beside me would
make everything in life total heaven.

Oh my sweet Angel I wish you were here
to sit back with me and just snuggle,
to just sit and talk as well as doing
other things that we think of.
I would be so very happy as long as
I was with my most precious lady.
An evening together is the dream
I can't wait to get here because I will
have my most beloved Angel to hold forever.

I love you sweet lady and send you
tons of huge hugs with the sweetest kisses,
feel my arms around you as I sit beside you
in spirit and hold you so tightly.
Never forget I am with you always
and know I am dreaming of you here where I'm sitting,
I miss you my lady and am excited for
when our time is coming.
Feel all of my love and care as together in spirit
we share an evening so beautiful and filled
with the true love we hold for each other.

Michael P. McParland

Your Company Is Divine

A very good late afternoon my sweet love
and my it is hectic out there while running around
doing some shopping across a few places
and getting my prescription filled,
I was getting very very anxious by the end
and your divine presence with me would have been
the perfect thing to help calm me my dear.
You are an Angel supreme any you are divine to me,
you are a Queen above all and I adore you my only one.

Your company is divine no matter what
the place may be or what the time,
being with you is everything I love and want
because I so truly love and want you
in my life for all time as my wife,
you are my all and I adore you in full
my most gorgeous and revered sweet Angel dove.

Kira you are divine so your company is something
I openly want and crave and I'll sing it to the world,
you are the one who I loved since time started,
you are the one my heart has always sung to,
you are the one I want to be holding right now.
Kira your company is divine as truly are you
and I'll always be with you enjoying your company
because I so truly and totally love and adore you.

Michael P. McParland

Love Note 413

As I am about to head
out the door dear to get my
prescription filled and possibly
do a bit of small shopping too
I wanted to tell you I love you
and truly treasure you too,
you are so special and a
wonderful woman,
I'll adore you forever
and stand by you supporting
and loving my Angel.
I love you sweet lady
and want to hold you so tightly
just talking and relaxing
as we snuggle the whole day.

Remember my love that
you're all I want through
our days on earth and through
all time on the next side.
You're the greatest there is
and I truly love you more
than anything in heaven
or on this earth,
I will always stand by you
my precious girl,
I'll never leave you
because that would break
both of our hearts and ever knowing
you are in pain twists
all of my insides around
tearing my soul and heart apart.
I love you so much
and will forever my Queen goddess.

I will be thinking of you as
I am out and will write you
as soon as I have arrived back.
I so truly miss you and just want to hold you

as we spent so much time together
having fun and always
supporting and fighting for one another.
I'll always be with you
so feel all of these sweet kisses I send you
and close your dear eyes and see
my big smile as I tell you
Kira I love you and you truly are
so very magical.

Michael P. McParland

Afternoon Longings

Such a very very restless afternoon
my sweet dear and I'm having trouble focusing
so I truly apologize for my sparse writing
as I just feel so very restless and my mind
won't stand still for a good amount of time for me to focus
as well as I am feeling so emotional.
Emotional from missing you my darling dear,
and frustrated by things and people in the world.
I'm just longing for you and all of your peace,
I love you sweet Kira and I am truly sorry
if I'm right not not quite up to par
and you would understand much better if I could
talk to you and describe it in full.
I'm longing for you my Angel of light
and all the solemn care and contentment you have.

So my sweet dear I am truly so sorry
and I hope you aren't upset at me.
I can understand why when you have not been
knowing how overwhelmed I have been feeling my dear
and I am so longing to be able to just
share all the thoughts and feelings that fill me up,
so very many are happy as well but I have no one
around that I trust to share them with in
the odd quirky ways that I do
and I'm sitting here long for my trusted best friend,
I'm longing for Kira my trusted Queen, Angel,
soul mate, hero, and best friend,
the woman I will be by hand in hand through all time.

So I send you sweet kisses to tell you
I love you sweet Kira and I'm very sorry,
I long so very much for your great company.
You are amazing and I will never be leaving
or give up on you my darling forever diamond,
I will always be your Michael for all time.
God bless you and help you to know
always my deep commitment and true love
because you're all I want and I am longing

so hard to just be holding you right now
saying you are the great and my true one.

Michael P. McParland

Spending The Afternoon In Your Arms

A very good afternoon to you my sweet love
and sitting here alone ever so tiredly my dear
I think of you and wish we could be spending
the entire noon in each others arms
relaxing and talking among other things too.
Spending the afternoon in your arms
with you in mine too is what I am dreaming of
and my heart achingly calls for.
A beautiful afternoon with you by my side
would be the most wonderful thing that there is.

Oh my sweet lady how I miss you so much
and I want to be in your arms while we sit back and relax.
To watch a bit of a movie and some TV
and to read more from our book would be amazing,
but more amazing of all would just be holding you
and being in your arms as well as we spent some good time.
Both of us sharing good thoughts and memories
as we just snuggled up and held each other,
I just want to be in your arms and forget all
of the entire world and its stupid problems.
I want to be with my Kira who means everything to her Michael.

Oh my dear precious Angel how I just sit here
wishing to see you, talk to you, and be holding you
telling you that you are so amazing and special.
I just want you to be holding me telling me
that everything is okay and you are right here.
I want to hold you in person as I now do in spirit,
I pray that so very very soon we will be spending each day together,
I miss you my lady and need you beside me.
So for right now I will be here dreaming
of us holding each other so loving and tightly.
I will be dreaming of my Kira whom I'll love for ever,
feel all these sweet kisses and hugs I am sending
and always remember that I'll be your man.

Michael P. McParland

Sweet Morning Kisses For Sweet Kira

Good morning to you sweet Kira my love
and as I finally rise on this morning
I give to you sweet kisses expressing
my deep tender true love and give you
huge hugs to fill you with my warmth.
I love you my sweet Angel dove so very much
and send you sweet good morning kisses
to let you know I'm there with you
and care with every last part of my soul and being for you.

As I rise this morning my sweet one feel
all of my loving warmth as I send it to you
in the sweet kisses and big hugs I send to sweet you.
As I am about to get going I wish so much
in my heart, my mind, my soul,
and just every single part of me that you were here
to sit back and snuggle with through the whole day.
To be with me later when I have to run out
and get a prescription filled.
I send you sweet good morning kisses to let
you know that my heart wants you right here in my arms
and that I wish you could be with me to just spend the whole day.

I love you sweet Kira and truly wish you
the most wonderful and beautiful good morning
while sending you kisses so sweet and fulfilling.
Remember that no I am never leaving my lady
because I already feel broken with just this time
apart with the distance forced now so I could
never stand to lose you complete and in full.
I adore you my girl and just want to be
holding you forever sweet love,
I send you sweet kisses to calm your precious heart.
So sweet good morning kisses to you my sweet Kira
and remember your Michael is with you always my darling,
I treasure you and miss you so badly.
I will always be here and there with you
giving the very best that I can because you are
my everything and the only one I'll ever want

and need to be with through all time.

Michael P. McParland

Early Evening Snuggles

Here in this early evening dear
and it's a tired one still that has just
been so very sluggish and I miss you so very bad,
I just want to lay down in bed to put
on my music or podcasts and dream of you my gorgeous Kira.
I'm growing more tired and so the sadness
of missing you is heavier too,
it always hurts dear but as you so know
tiredness seems to make if feel so very much worse.
So as I sit here in my bed I just wish so much
were here right by me snuggling away.
Early evening snuggles with my only babe
is what I ever so badly want and need.

I love you sweet Kira and miss you so badly,
I just want to lay down and rest my head by yours,
I would ask if you would rub my face and head
ever so gently my dear,
I need your comfort my precious dear
and early evening snuggles with the sweetest kisses
are just what is needed my sweet Angel of beauty,
I just want to lay beside you and say
Kira you are amazing and I so very love you.

Kira my darling how I desire to hold you
and just be that way for the longest time
just talking, kissing and resting,
I'm just sitting here so tired and hurting
without my precious best friend and Angel
and just want to lay here and dream about you,
I miss you and long to just be beside you.
So feel my arms around you as I reach out in spirit
and pull you in closely to give you my warmth,
just hold me back as I lay here and dream of you.
I love you sweet Kira and truly can't wait to hold you
because you are the Angel I want to be with forever and always.

Michael P. McParland

Love Note 412

Good afternoon my most beautiful
and adored sweet Angel dove
and first above all I want to say
I love you so very much
and truly wish I could be spending
this day into the night with you
my dear one,
I wish you were here curled up in my arms
sharing sweet kisses so good
and spending time doing the things
we most love to do.
Only with through all time
my beautiful and treasured Queen
I adore to no end.

I'm just sitting here on
this slow and still tired day
enjoying some YouTube videos from
one of my favorite channels
and yes still my mind and heart
as always are with you longing
and hoping that soon
you will be here to watch them with me.
I miss you and just want to be able to share
all of the things that I am thinking
and love with my darling Angel
while sharing all of yours as well.
I'm having a good day
though slow and quite tired,
I just wish you were here to
share it making everything perfect.
I miss you sweet lady
because you are my true love
and best friend and I want to
be with you everyday snuggling,
talking, ad just having fun together.

I'm sorry dear that my mind
is just very foggy

but please don't forget that I'm with you.
I love you sweet lady and am
reaching out to hold you and kiss you,
I'll always stick by you
and give you my everything,
I want to be with you always
my guardian Angel.
So I send you sweet kisses
with big hugs to warm you
and remember sweet love
I so truly love you
and I have nothing but tenderness
for my Kira the greatest.

Michael P. McParland

Dreaming Of You 9

Sitting back on the couch this early afternoon
having eaten but wanting something more
but still too tired and sluggish to really
wanna do something halfway complicated at all.
And as I sit and watch my movie in bits
I also stop it to think of various things
which through all I dream of you.
In wishing you were here to share my ramblings
of thoughts mixed with memories and random things,
and just to be snuggling together spending sweet time.
I miss you my Angel and love you tons,
want to just be with you holding and kissing
each other in true warmth and love.
Please return soon my sweet Angel dove.

Sitting back on this early afternoon
and as my mind wanders it as well is always
centered with you as I dream of your beauty
and that I wish I was sharing this day with you.
I'm hoping your not mad at me knowing that
my mind today is just sluggish and slow as my body is,
and I so pray as well realizing how much
I love you so and would change the hurts
and mistakes of the past in a second flat,
as well as fixing every other thing that has
gotten in our way and hurt us and kept us apart.
There is so very much that is neither of our faults,
I am dreaming of you and when we will be together
and I can fix everything I've done wrong
and give all of my love to you completely and in full
just as I want and you deserve.

So feel all of my warmth and love as I
send it your way with huge hugs
and sweet kisses so caring with strength.
Know that I'll never leave you and am truly
doing my very very best for you my sweet darling Angel
and I love you more than anything.
I am dreaming of you wishing you were here

so I could share everything that there is
because I love you so much and you are
all I'll ever need and want because you
are my everything and the very best that there is.

Michael P. McParland

Morning Note 169

A very good morning to you
my most beautiful and beloved
sweet Angel dove and how I pray
you were smiling yesterday
and have been up through the whole morning
my Queen basking in the glow
and eternal warmth and love that I hold
and send to you always
no matter what I am doing
nd no matter where I am my sweet one.
I love you more than anything
and thank you so much for your
caring, strength, love, compassion,
passion, and understanding.
It means everything to me
my diamond and precious darling
I love you so much and wish you were
here to just hold and kiss
as I told you everything
in my mind and heart,
I'm feeling kind of hazy and foggy
right now in this morning
and would love to sit back with you
and snuggle away the time for awhile.
Oh my sweet woman say a prayer
this morning for me as a favor
to have God tell you how much
and how deeply I truly care for
and love you my sweet Angel dear.
You are my everything and I so
adore you my dear Kira Queen.

Please just bare with me this
morning dear as I may have a bit of
a slow start trying to shift gears
and I just ask you to please always
remember that some days are much harder
for writing than others for various reasons,
I don't use that as an excuse because

I want to always give my beloved and beautiful
Kira my everything and very best.
I just want to say that for understanding
and to assure you I would never
slack off on my gorgeous lady,
I do so very love you
and without a doubt I am not perfect
but I adore you completely
and will always stick with
and by you for all eternity,
I'll never leave you because
you are so wonderful and I love you
more than anything anywhere.
Please just let's take each others
loving hand and come back together so very soon.

So as I now get up to get
myself moving feel and be comforted
by all of these sweet kisses
and huge hugs that I am in full sending.
Remember always that your Michael
loves you and would never do
anything on purpose to hurt you,
I adore you and my heart is aching
so badly to talk to and hold you.
I adore you sweet lady
and promise I will always be with you
as you faithful King and hero,
you are my best friend hero
and you've been my Queen forever and ever.
So feel my arms around you
and know as I find something to eat
and watch for awhile I will be thinking
of you and wishing you were
curled up in my arms snuggling along,
remember that your Michael is here
if needed or wanted always.
I love you my lady and so
hunger, long for and yearn
in excitement for our reuniting
when I can just hold you
and tell you that I'll never leave you

and love you to no end my sweet Queen and Angel.
I will always be with you
holding your hand forever and ever.

Michael P. McParland

Sweet Tired Kisses Of Sleep

I am so exhausted and tired my dear
that I need to lay down now and sleep.
Come snuggle and nuzzle while
we share the sweetest kisses so tired.
I love you my Kira and so truly
miss you complete.
You are my Angel an best friend
and I send you sweet tired kisses of sleep
to give you warmth and say I wish you were here.

Michael P. McParland

Morning Note 168

A very loving and quick
good morning right here from me
my sweet darling dear.
I slept but it was quite light and restless,
the type of sleep where I
could still register my podcast
and most of the content in the background.
So the remedy for me is a
wonderful shower so calming and soothing
and then more of my dinner
I was never able to finish.
Then perhaps my sweet darling real
sleep at last.

I so wish you were here
to hold while sharing
a very warm shower on this
very tired and cold winter morning
and then after sit and spend time
snuggling as I watched something.
I'm afraid I couldn't talk much this morning,
then afterwards lay down
with each other feeling so safe and sound.
I want to be with and sleep
soundly with my lady here in my arms
because I so adore you my precious one.

I love you sweet Kira
and I hope you know I hate all
of this tiredness and sleeping
as much as you do.
I just wish I were with you
to bask in your comfort.
I am sending you sweet love and kisses
with huge hugs of warmth and caring,
feel me beside you holding you tightly.
I will write you my darling
before I lay down to sleep,
I so miss you my Angel you're everything.

God bless you so deeply
and know that I'm always with you
and love you more than
anyone can possibly know my sweet one.

Michael P. McParland

Goodnight My Angel Valentine

Goodnight my beautiful Angel Valentine.
I am so truly exhausted and after sitting
with you just a short bit longer
let's slide into bed under the covers
and just so lovingly hold each other
and share some sweet kisses before we fall
asleep in each others arms feeling safe
and content like the best friends in love that we are
and will be there for each other through all time.
Goodnight my dear Angel and truly beautiful
Valentine of forever and let's go to bed
and just hold each other and feeling whole.

Slide in right next to me closely
and curl up in my arms so I can so tightly
and lovingly hold you rubbing your back
and stroking your hair while you rest
your head on my chest as we softly talk
for a little bit longer as we drift off together.
I so truly want to wrap up in my blankets
beside you and just tell you I love you
and cherish you as we snuggle and kiss so gently,
just give you reassurance with all of my love.
I'm sending you all of my never ending
love and support with hugs of strength and deep warmth.
I love you sweet Kira my true darling Angel
I am there with you as are my prayers
my beautiful lady I truly cherish.

I'll see you tonight within the land of dreams
where I just want to lay on our great big
soft bed under the moon and stars as we hold each other
snuggling away and sweetly kissing.
I want to be with my gorgeous Angel
just spending the night resting together
with nothing to bug or distract us.
Tonight my sweet love we'll lay on our bed
under my big fuzzy orange blanket
and snuggle away the hours spending time with each other.

I love you my Angel I truly adore
and can't to spend those times with together forever.

So goodnight my gorgeous and beloved Angel
and Valentine through eternity and the ages.
Let's sit up together for just a bit more
and then we will climb into bed to snuggle
and kiss so sweetly, passionately,
and full of true love we share so deep and profoundly.
Just curl up in my arms cozying in ever so close
and fall asleep in each others arms.
I just want to be holding you and feel totally safe
having my darling here with me.
Good night my sweet Angel and I promise
so truly that I will be with you
always never abandoning the woman I so truly treasure.
Goodnight again my Valentine of forever
and never forget that your Michael is with you
and would do anything for you that was wanted or needed.

Michael P. McParland

A Valentines Night Snuggle

It's been quite the day my Valentine of forever
and I am deeply tired and very exhausted
but I don't yet want to sleep because I just want
to sit with my Queen as you curl up in my arms
and get so very cozy and warm.
I want a Valentines night snuggle with
my beautiful and adored Angel just spending time
talking as we reflect on the best memories
of which there are very many,
look to the future and all the things we
hope to be doing from small to big it doesn't matter,
as well as reading our new book and watching some
things that we so love.
I want a Valentines night snuggle with my gorgeous,
loved and so badly missed Kira.
Feel my hand in yours as I reach out to hold you.

So come my sweet lady and curl up to get so very
comfy and totally cozy with your loving Michael.
Come and let's enjoy the last few Valentine hours
together spending good time with sweet kisses and smiles.
Come snuggle with me my dearly beloved Angel.
I will always be here to hold you and keep
you feeling safe and reassure you from fears
and worries that you'll ever be lonely.
I'll always be here to take care of and give you
the best that I have in every way possible.
I can truly promise I'll never leave you because
you are the Valentine I waited and searched for
so we could both be fulfilled and happy
so come curl up in my arms and let's share
a wonderful and loving Valentines night snuggle.

So here in the last of this nights hours I want
to be curled up on the couch snuggling
with my true love and best friend I miss so very much.
I know it is coming and I truly can
so strongly feel you and I deeply thank you
and want you to know always you are appreciated,

I just wish I could hold you and feel
your body right next to me as we enjoyed an evening together.
So feel my arms around you and get so
very warm and comfortable as possible
and in spirit we'll share a wonderful and loving
Valentines night snuggle.

Michael P. McParland

Valentine Love Note

Sitting here now on this Valentine
eve and just wishing you were here with me.
To sit with as we read our book
and also the thing I so long for
to just look at each other and talk
for so long until our voices are gone,
to sit and listen to your
beautiful voice which is coming
from an Angel straight from heaven.
I could just listen to you
for hours and hours relaxing while
still fully engaged and involved
in the conversation,
I long to be holding and talking
to my sweet precious Kira.
My true beautiful darling and Angel
whom I'm so in love with
and I would give anything even for
just one night spent with you
being able to hold you and talk
and just have that bit that would
cure all of life's hurts.
I send you sweet kisses of true
loving care and deep warmth.

So on this Valentines I sit here
and read as well as organize
my play lists on YouTube.
A little mundane thing that actually
amuses and focuses me
and I am organizing things that have been bugging me,
but none the less why would I ever
want or choose to do that
when instead I just want to be
with my sweet darling Kira.
God bless you my lady and know I am with you
as in spirit I wrap my arms
so lovingly and tender around you,
be filled with peace and see my big smile of love

and remember your Michael so loves you
and will always be by you and yours.

Michael P. McParland

Early Valentines Evening With My Baby

It's now Valentines evening my dear
and I have prepared dinner for us
and am ready and want to serve my sweet Queen,
I have cooked us some steaks to perfection
my sweet darling supreme
and nothing would please me more than to see
you happy and enjoying a meal I cooked special for us.
It's just the start of the evening
and plenty of time before us to spend time
snuggling and talking while sharing sweet kisses,
and later come more kisses on your pink luscious lips
as closeness is shared between best friends in true love and care.
It's Valentines evening and I wish you were here.

Right now I just want us to enjoy a wonderful dinner
as we gaze at each other from where we are sitting,
smiling so brightly and sharing conversation
of so many things from deep thoughts to random.
Early Valentines evening my sweet Angel I'm missing
is what I dream of yet smile because I know
that one day so soon it will be happening
and it will be true joy and bliss as we are
fulfilled and feel peace in our hearts.
Smile with me sweet one because I know
that you also feel it within your golden spirit and heart.
So as I reach out to hold you reach back
my sweet darling and right now in each others
shared warmth and love just be happy sharing this dream
on this early Valentines eve.
I love you sweet lady and I'm holding you near
and believe me in full that as I eat this dinner I'm dreaming of you.

Michael P. McParland

Only With You (My Forever Valentine)

I will only ever be with you
through all time my dear as you are my one,
my only, my truly treasured and loved forever valentine.
Only with you will I ever give myself to
complete and in whole give my best and everything.
I love you my darling and I can tell you
with certain knowledge and not a doubt
in my being or soul I always will love you
my sweet Angel dove.
Only with you my forever Valentine will I
walk with side by side always hand in hand
giving my support in full without a doubt.
Only with you my Queen so divine
because are my everything and my shining star in the sky.
Only with you always my forever Valentine and best friend
because you are the greatest and my everything.

Michael P. McParland

Valentines Afternoon Dreams Of You

Lying here on my bed I just lightly drift
with no intention of sleep but just to dream
of my everyday Valentine through all of this life
and straight through into the next for eternity
my sweet Angel dove I so treasure and adore.
I lay here and dream both in cat napping
and waking of all the happiness we will feel
when we're reunited and have cleared through
all of the things that stood in our way.
I lay here and dream of holding you
on this Valentines day spending time
just doing anything that we please
and we would be happy because it would be you and me
with each other just snuggling and sweetly kissing
as we just slipped by through the hours
getting lost into and with each other.

Sitting back as well as lying here and having
Valentines afternoon dreams of you my sweet Angel dove.
I can feel you so close and that is why
I am able to sit back here and relax,
I just wish you were right here beside me
with the world right now but a mere outside annoyance and trifle
that is to be bothered with later.
Right now just us side by side cat napping together
and knowing that when we are done drifting
our dreams will be right there in our arms as we open our eyes.
Valentines afternoon dreams of my lady
and our awaited future and I give a weary smile
through all the tiredness I am feeling.
I promise sweet love that I won't soon be sleeping
I am just sitting back to have sweet dreams of you
my beautiful Angel Kira.

So here I am my sweet Queen and darling
and feel all of my warmth and deep love as I send
it your way to fill you with comfort and strength,
I also send you the sweetest of kisses
with the biggest of hugs to tell you I'm with you,

feel my arms wrap around you as I reach out to hold you
and take your hand to let you know you're not alone
and to tell you I love you my beloved beautiful girl.
You truly are so very treasured and cherished
as the only person I need in the capacity
of my best friend and true love for eternities progression,
you truly are a rare gem and diamond
and that's why as I lay here on this Valentines
I dream of my wonderful woman.

Michael P. McParland

Valentines Longings

Sitting here on this late Valentines morning
thinking of you and wondering just how you are.
I can feel you here with me and it makes me toasty and warm,
I'm even smiling as I long for you.
I just wish I could hold you while we talked for hours,
sharing sweet kisses throughout while gazing
so deeply and lovingly into each others eyes
remembering all those years ago when we first met
and fell in deep love from the outset.
I'm filled with longing to be with my Angel so true,
the most beautiful woman there is and the greatest there is.
I send you these sweet kisses of true love
and huge hugs of warmth so you will know I am
with you holding you tight.

I am sitting here on this Valentines thinking
of my most precious lady hoping that she is okay
and is feeling all of the love and smiles I'm sending.
I feel you sweet darling and truly it helps and is comforting,
still I am longing for when I will hold you
so I can look in your sweet eyes and say
Kira I love you and treasure you dearly
and I will be your man in good faith forever and ever.

Michael P. McParland

Sweet Valentines Kisses

Sweet Valentines kisses to my dear sweetie,
my one and only true love through all eternity.
I feel such deep tenderness for you
within my soul and heart which are yours
through all time as I gave them to you.
Feel the love they hold and emit in endless power
not just on this day but everyday forward.
You are my sweet Queen and Angel I so dearly admire,
I send you sweet Valentine kisses to fill you
and surround you in all of my loving strength and deep warmth
and to give you peace that I'm with you always.
Feel comfort and solace knowing that your
Michael will truly love you forever and ever.

I send you sweet Valentine kisses to give
you the hugs that I am right now not able to
and give you a lightness and joy to carry you.
I send you sweet Valentine kisses with loving comfort
so just sit back and think of my loving looks and big smile.
I so truly adore you my dove and my diamond
that my heart overflows near to bursting.
I send you sweet Valentine kisses because you are an Angel
and you are my soul mate I want to be with forever sweet lady.
You are everything I want and need because you are amazing
and may these sweet Valentine kisses make your day
so truly special filled with the and warmth I feel so strongly for you.

Michael P. McParland

A Beautiful Valentines Good Morning

A very beautiful Valentines good morning to you
my sweet Angel of love and light I so adore
and may the day be bright and wonderful for both of us
as we send and share all of our loving care
and deep endless warmth we've always shared and felt.
I wish I were there to greet you with kisses galore
and just hold you so tightly as I told you I loved you.
A very bright and beautiful Valentines good morning
to you my sweet Angel dove and God bless you
to know you are appreciated and loved
and to help you know you're not alone because
I'm right beside you holding you close hand in hand.
I love you so much and on me you can always depend.

A beautiful Valentines good morning to you
and I would just lay here in bed with you for awhile
sharing the sweetest of kisses as we just softly talked
and lay here drifting a bit and when you were ready
I'd make your coffee just as you like and present you
with some little token that I had bought or perhaps made or wrote.
A morning of joy with us spending it together,
a wonderful and beautiful Valentines day with my gorgeous lady.
A morning to sit and spend time doing anything you so wanted
snuggling away and spending such magical time together.
I send you sweet kisses filled with true loving warmth
and big massive hugs filled with strengths warmth.
I can feel you here with me giving me hugs and kisses
and I hope you know how much I truly treasure you so.

Kira a truly beautiful Valentines good morning to you
and there are many ahead everyday
for true soul loves and best friends,
I have no doubt that our time will come and as hard
as it can be remember my smile just like I do yours.
I miss you sweet lady and would give the whole world
just to be with you holding you closely as I poured my soul out
I will be thinking of you through this entire day
reaching out to my lady to hold as my heart sings to you.
Listen to my Falco, my Queen, and my Pet Shop Boys too

and then I truly know you will feel me so near.
Good Valentines morning and remember I'm with you
because I will always stick by my lady.
My Angel, my hero, my north star, my Queen,
my best friend, my universe and everything.
God bless you sweet Kira because you are amazing
and I will always stick by you because I am your Michael
and your alone darling through all eternity.

Michael P. McParland

Goodnight My Everyday Valentine

Well it's now past midnight my dear
and Valentines day is officially here.
Why don't we start these hours by climbing
into bed together so we can snuggle
and share the sweetest of kisses.
Then for me to pull back and brush your hair
out of your eyes so we can see into
each others eyes ever so clearly
as I say Kira I love you so very deeply
and I want to be with you forever and ever
and you aren't just my Valentine on this
one day of the year but you are my Valentine
every single day within my heart, soul, mind,
and every last bit of my being for all time.
You will be my Valentine today and tomorrow
and all of the days that come after
so let's wrap up and snuggle sharing sweet kisses
as bedtime is here and sleep fast approaches.

Come slide under the covers and curl up in my arms,
then just rest your sweet beautiful head upon my chest
and I'll pull you in so very tight to keep you
toasty, cozy, feeling so safe, loved, and warm,
I will hold you so lovingly through the night
Rubbing your back and stroking your hair
as I tell you I love you and how much I care.
Reassure you I'll be with you forever
because you are my Valentine forever
so I could never leave you.
I will be your hero and your Angel
just as you are mine my sweet love.
Come curl up in my arms for just one of many
Valentines snuggles to sleep there will be.

I'll see you tonight within the land of dreams
where I will have set a gorgeous scene for us to
revel in as true loves and the greatest best friends,
a seaside escape so nice and so modest like us,
we'll have time to sit and talk snuggling as well.

Time for our hobbies and kisses and just walking
hand in hand as we so very want to
and I will cook you a nice meal serving my Queen
as a King should and I want to.
A beautiful time just for us in our dreamland
which will so soon be here for us I know it my
sweet precious darling I treasure.
I know it is coming my rare diamond in the rough
and Angel I eternally and tenderly cherish to my depths.
I so love you my Kira and I will always
be here and right beside you,
I am your Michael and I'll not abandon our dream.
So I'll see you tonight for all of the fun things
and personal time for our Valentines date.

So I wish you goodnight my everyday Valentine girl,
you are so beautiful and I adore you in full.
I can't wait to hold you and tell you that
I've always so truly treasured you
because you are a wonderful woman so full of light
and completely magical.
I love you sweet Kira and I can't say much more
except I will always love you and stand beside you
because you are my best friend, my true love, my hero,
my everything whom I share a deep bond with,
and my everyday Valentine whom is a blessing and gift
I am so truly thankful for and I give my life to
and will stand by forever.

Michael P. McParland

Snuggle Up Before Bed

It's been a long day my sweet one
and I'm not just yet ready to turn in.
I want to snuggle with the one who holds
my heart and soul and I give myself to in full,
come curl up in my arms my sweet Angel dove
and snuggle up for a little while before bed.
To talk and to read and share sweet kisses
which make the heart and soul sing
and fill one with butterflies supreme.
Come snuggle up for a bit before bed
and let's just spend time feeling good and fulfilled
sitting next to each other quietly smiling
and knowing everything in the world
and in heaven is good.

I just want to gaze into your gorgeous sparkling eyes
and tell you Kira I've always loved you
and of that I swear before God up in heaven
because I felt comfortable and right
knowing that I could be honest and be myself,
and I could tell that you were comfortable as well
and I wanted to know you for you
and that's who I fell in love with my Angel sweet Kira,
right from the start you were so deeply cherished.
So come curl up in my arms and snuggle for awhile
as we share the end of this night together.
I want to be with the lady I cherish
and let you know before sleep time that you are the greatest.

So feel these sweet kisses of true love and comfort
with these big hugs of pure strength and warmth
to fully surround and fill you.
Let's snuggle up my sweet precious darling
because you are my Angel and diamond I will
forever stick by because I so truly love you
and just want to hold you.

Michael P. McParland

Evening Note 89

Good evening my truly beautiful
and beloved sweet Angel dove,
I hope and pray you had a good day
and felt surrounded in all of
my endless undying warmth
and loving strength.
I so love you, miss you,
worry about you and just wish
I could be holding and comforting you.
Both of us feeling so
secure and safe as we just snuggled
the hours away talking
and spending time like the two
best friends in true love
that we are sharing a blessed bond
I am so thankful for
and would share with no other
anywhere ever because you are
my dear gorgeous Queen and Angel,
a diamond in the rough like no other.
I cherish you to no end
because you are a shining star
who's a blessing and gift from God.
I'll stand by you forever
because you are everything
and all I'll ever need and want
through eternities time.

So I sit here on this eve
just doing little things here and there
and thinking of you wishing you were here
to talk to and spend time with.
My heart calls and sings to you
giving you reassurances of my
endless deep tender care
and promises that you're not alone
nor will you ever be again
because I am right here and with you there
and I'll never leave you all alone

feeling broken and cold,
I am your Michael and I will
forever stand up for and by you
giving my everything
because you are my gorgeous and
beloved Kira I'd give my very life for.
My heart calls out these things to give you
deep peace and comfort and to fill you
with all of my warmth and true love
that has no bounds or ending.
Kira you are a treasure
and I so respect, admire,
love and adore you.
You are my everything
and for your happiness, fulfillment,
safety, and to see you so
proud of me I would do anything.

So have a good rest of the evening
and feel me right there beside you,
holding you closely and your hand
so loving and firmly.
Feel all of my warmth and deep loving
as I tell you I love you while
rubbing your back and stroking your hair.
Never forget I am right here if you
need me to talk, listen, or help you
in some way,
no matter what and no matter when
I will be here for my Kira I truly love.
God bless you sweet lady
and give me a smile to light up
my evening my sweet Angel dove.
I so miss that smile shining
and those gorgeous eyes sparkling
and I can't wait to be holding you closely
and kissing you so sweetly
my darling so amazing and wonderful.

Michael P. McParland

I Miss You Beautiful 4

Good evening to you my sweet Angel dove
and how you are so much on my mind.
I miss you so deeply and dearly
and tomorrow is Valentines day I wish
you were here or I were there to spend it with.
To do little things for you throughout the day
as I want to on every one that there is
but I'd try to find ways to make it
even more wonderful and special for you.
I miss you my Angel and Queen and I would
give anything to be holding you so close to me.

I truly miss you so much my beautiful and treasured girl
because you are my best friend and true love.
I miss our great talks and deep loving looks,
that smile of yours that gives me butterflies
and makes my heart melt no matter what.
I miss that feeling when our spirits would touch
as we were standing together, talking on the phone
or typing to one another, I just miss you my precious darling.
I can feel you here with me and all of your
warmth care and deep loving but it's not the same
as all of those wonderful things in person
and I miss you my best friend because
you are my true Angel and I so dearly love you.

I truly miss you my beautiful and most beloved
soul mate and hero I so treasure.
I miss knowing that the most wonderful woman ever
is right there to reach out to when in need
or in fun, or to reach out to sharing good news,
to reach out to no matter the situation
because you are so wonderful and a rare diamond,
a diamond in the rough a truly rare treasure
and may God bless you for your golden heart
of true endless love and giving galore.
I miss my beautiful best friend I truly adore
and will always stick by forevermore.

I miss you my beautiful lady and can't wait
to be reunited in happiness and joy once again.
Knowing all is right in the world because
we'll remain side by side hand in hand always
standing up and fighting for each other my Queen.
You can live with no fear knowing you'll never
be alone again because I'll never leave you my darling dear.
You are so beautiful my most beloved Angel Kira
and I love you completely in every way my dear sweetie.
Have faith in your Michael and know that I am right here waiting
and right there beside you giving love and supporting.
I miss you my lady and I am truly yours forever
and never forget that your Michael loves you more
than anything because you are so special.

Michael P. McParland

A Huge Hug 4

I send a huge hug of pure warmth and true love to you,
a huge hug of deep comfort with all of my strength
to let you know that I care and love you more than anything.
A huge huge with sweet kisses too to let you know
that I am there with you holding your hand,
that I will be with you through all time by your side to no end.
I send you a huge hug of pure care and true loving desire
to give you all of the best this life and I have to offer.
Kira you are my Angel and hero and I want to always be yours
treating you as the gorgeous and wonderful Queen that you are.
I so truly love you and deeply adore you as you are
my diamond in the rough I cherish and treasure.
I give you everything I have to offer and I send you this
huge hug to fill you with warmth and the truth of my honor.

Kira I send you this huge hug and sweet kisses to show you
every bit of my caring and true love to give you reassuring.
I'll always stick with you because you are my dear one
and I can't imagine existence with any other.
You are my hero, my soul mate, and my darling best friend
and I just want to spend life and eternity with my only one.
I so truly adore you and want to give you all of my love
that you are so deserving of forever and ever
and I send you this huge hug so loving and tender.
Kira you truly are so very wonderful and you need never fear
of me leaving you or losing me.
I'll stand by you forever giving all my support and true love
and I send this huge hug and sweet kisses to give you sweet comfort,
tell you I love you and let you know you are the greatest.

Michael P. McParland

To Have And To Hold 2

I want you here my sweet one
to have and to hold today and forever.
To tell you how wonderful
I think you are and to just snuggle
with you and share sweet kisses with you for eternity.
I want you here to have and to hold
because I truly cherish you so.
I love you sweet Kira and want to be with you
hand in hand through all time because
you are my only one and my true love.

I just want to be with you forever
because of the wonderful, loving,
and caring bond to last the ages we share.
You are my best friend and Angel I treasure
and there is no one better to be with forever.
So I want to be with you always to have and to hold
in person just like we are both in spirit now.
You truly are all that I'll ever need and I'll ever want,
I love you sweet Kira and just want to be with you
to have and to hold for eternity as soul mates my sweet dear.

Michael P. McParland

You Are Joy 2

Kira my love you are my joy.
You are my smile and reason to live.
The thought of you brings me to tears,
not in sadness nor in pain but from
the overwhelming emotion of love,
tenderness, care, gentleness,
and a bottomless well of all the
love that I feel for my Angel so dear.
Kira you are my joy and my darling best friend
and I will stick by you to no end.

Kira you are my joy and I send you sweet kisses,
with millions of smiles and big hugs
to fill you with true warmth and great happiness.
Kira you are my light and you are my joy
and I want to walk by you hand in hand
as husband and wife through all time.
I love you immensely and can't
imagine life with any other.
You are my everything and only love I so care for.
I love you Kira and always do my best to express it
because you are my joy and my whole universe.

Kira you are my joy and I so adore you,
you're all I want and need my precious darling.
Always remember that I am your Michael
and I am right here and right there beside you.
You are a diamond and true treasure my dear
and never forget that I'll never leave you.
You are my diamond and joy through and through,
I adore you sweet Kira and completely love you.

Michael P. McParland

Love Note 411

A very good late morning to you
my sweet one so beautiful and true
and how I wish I could be
spending this Saturday with you.
I have a few chores to do
and how I wish you were here
just to sit by and talk to
as I did them quickly.
There aren't much to do
and they aren't large my dear
so I wish you were to snuggle with
and gaze in your eyes
as soon as they were through
seeing all the beauty in the world
and knowing all was right
as long as I am with you.
I adore you sweet Kira
and treasure you through,
I wish you were here with me
to enjoy and spend the entire day through.

So my sweet love as I go about
doing the few things I need to do
feel all of my warmth and love
fill and surround you in full.
I'm sending you sweet kisses and hugs
with smiles galore to light up your day.
Remember sweet Kira that
I'm right there beside you giving
all of my love and support to no end.
I adore you so truly and cherish you endlessly
you are my diamond in the rough
my sweet precious lady.
I love you my darling and will
never leave or abandon you
as you are my everything
and all that I want forever and ever.

Michael P. McParland

You Are My Sweetie 2

You are my sweetie not just for life
but for all time because I treasure you to no end.
You are adorable loving and kind,
you are everything I want and have ever wanted
my gorgeous sweet Angel divine,
you are my sweetie to no end because you
are a blessing and gift straight from God.
I so cherish you and want to be with you forever and ever,
you are my sweetie and Kira I love you.

Kira you are my sweetie and I want to be with you
through all of eternities time.
You are my sweetie and I truly cherish you to no end,
my soul and heart will forever be yours
because you are my sweetie and I want to serve you.
I will forever be there right by your side
to give you my all, my best, my support while holding your hand.
You are my sweetie and I want to be holding you
stroking your hair and rubbing your back
while telling you I so love and treasure you.

Kira you are my sweetie because my heart sings for you,
all of my favorite love songs in honor of my greatest girl.
I'll have to list them when we reunite because
my favorite artists and then just songs goes on and on,
just like my love for you an endless singing of songs
from my heart to you my beautiful Angel so very true.
Kira you are my sweetie and I'll forever be yours
because I simply love you my adorable one.
So feel me beside you as I pull you in tightly
and give you the sweetest of darling kisses
and great big hugs to tell you I love you.
You are my sweetie and you always will be
because I give you my life and will forever stand by you.

Michael P. McParland

Early Saturday Morning Snuggles

Oh sweet Kira my one and only true love
how I wish you were here to come sit with me
and snuggle closely on this early Saturday morn.
To sip at your hot coffee on this very frigid
Minnesota January early morning
while you were curled up in my arms.
To enjoy each others wonderful company
while just snuggling up so very tight
and enjoying so light talk and a bit of one
of our favorite and fun shows
Oh my sweet Kira my heart melts for and I so adore
how I wish you were here to snuggle and share
sweet kisses with on such an early Saturday morning surrounded in love.

Oh my sweet Kira my Angel and favorite person
anywhere anytime before we came to earth,
here now on this earth and in the afterlife
I so wish you were here to be spending time with
as you were curled up in my arms and ever so cozy my dear.
Early Saturday morning snuggles with my precious Queen,
early Saturday morning snuggles feeling
so full of deep comfort and safe with my cherished dear.
Kira my diamond in the rough wearing a bright smile
along with me hand in hand snuggling in peaceful comfort galore.

So my sweet Kira feel me right there with you
and have faith in your Michael that through
all eternity I'll stick beside you
hand in hand never to leave my sweet Angel Queen,
you are my everything and my beloved girl,
you are my diamond in the rough I truly adore.
So my sweet Kira close your sweet eyes and see
my loving and shining smile to you,
you are the only one who gets its full glow.
So since right now we can't in person
we'll share an early morning snuggle in spirit.
Remember I love you sweet Kira and am right here waiting.

Michael P. McParland

Curl Up In My Arms 3

Come my sweet one on this very early
Saturday morn and curl up in my arms
and spend some time together as we so want and need.
We'll snuggle while we read my dear
which is what I want to do right now most of all.
Just sit and snuggle with you as we read our new book
while sharing the sweetest of kisses to.
Come curl up in my arms and look in my eyes
so I can tell you I love you sweet Kira
you are my gorgeous diamond I so treasure and admire.
Come curl up in my arms and just snuggle with me
because I have so much I just want to tell you
about even memories I have from when I was younger
like I am right now.
They are good ones and I just want to sit and with you share them,
I love you sweet Kira please come curl up in my arms
and spend time with each other feeling so wonderful.

So my sweet Kira will you come sit beside me
and let me hold you ever so closely?
I know you will but I would still just like to invite you.
I first will go and shave my fuzzy face
and then we will read as you snuggle so close,
then before watching any TV shows or movies
just sit and talk like to loving best friends that we are.
I love you sweet Kira and my heart is hurting
to be with you sharing and snuggling.
Come curl up in my arms my sweet precious lady.
Please spend with me this early Saturday morning
and celebrate our wonderful care and loving with each other.
Come curl up in your arms and let's spend time
like we want to because you are my everything and I truly adore you.

Michael P. McParland

Night Note 149

Hello my sweet Angel of
pure light and love
and I know you are upset my sweet one.
Please don't be angry I know
that you will understand and I understand
completely feeling worried and sad,
I am here though my sweet Angel dove
and I always will be my beautiful girl
I love you so much and I miss you tons,
that is part of why I was silent my dear,
I love and miss you so much this
is only getting harder sweet one.
I want my darling right here by my side
snuggling, talking, kissing, and spending time.

Very shortly after my last poem to you
yesterday my sweet one I was so overwhelmed
with the sadness and depression I feel
from missing you my hero, my Angel,
my true love, and most wonderful best friend.
I just lay down on the couch to cry
my eyes out and as I'm sure you've had happen
after the tears stopped you just lay there
for a minute and all of a sudden you
are off sleeping my sweet precious Queen Angel,
I never even really woke up again
and only got up about 15 minutes ago
and started writing you as soon as I had
myself together my darling dear.
The sadness even hit as I awoke
and I'm struggling just a bit as we speak,
please my sweet darling don't be upset with me
as I know you understand where I coming from
and just how I feel.
I would give anything to be holding you
right here and now snuggling and talking
as we dried each others sad tears.
I love you sweet Kira and want you here
so we can comfort each other

and spend this early morning just reading
and watching some of my DVDs
and just snuggling while we both eat a little something.
I love you sweet lady you
are my everything and I just want
to be with you always doing everything
together and spending time as
the most happy and in love couple
there has been in all history.
We are true best friends and we will for sure be
the happiest and most loving couple
through history my sweet precious darling.

So my sweet darling please don't
be upset and remember your Michael
is so totally in love with you
and will never leave you all alone in the cold
or in a lurch against the world by yourself.
Your Michael is so in love with you
that I am depressed without you to talk to,
smile, laugh with and just spend such good times
in pure joy and bliss being hand in hand
everyday knowing all in the world
is good and right facing it as one.
Remember sweet Kira I'm always
right there with you holding you close
and saying Kira I so dearly love you.
So as I get up to fill my screaming stomach
feel all of my love and warmth as I send it
with the sweetest of kisses and the biggest of hugs,
I so truly love you my sweet Angel dove.
So as I sit here this morning and eat my food here
know that my prayers and heart are right there with you.
I love you so deeply and so completely
that there isn't anything I wouldn't give or do
just for you my dear one.

Michael P. McParland

Late Morning Snuggles

Late morning snuggles just you and me
in a quiet house talking and watching some TV.
some of our favorite shows on DVD or
streaming through some service my sweet lady supreme.
Reading our book and just spending time,
late morning snuggles with my Kira sublime.
I love you sweet lady and just want to share snuggles
so come curl up in my arms because I so love you.
Late morning snuggle with my beautiful Angel
so just get cozy my Kira and let your Michael
hold you so tightly as we share the sweetest of kisses
and the greatest of times with late morning snuggles.

Michael P. McParland

Sweet Good Morning Kisses 2

Sweet good morning kisses to you
my most beautiful sweet Angel dove.
I have a few little chores here to do soon
on this morning and I wish you were here
to sit with me talking and sharing sweet kisses
before I had to get up off of the couch to do them.
I wish you were here curled up in my arms my sweet one
as we snuggled and nuzzled enjoying spending time with each other.
I love you and miss you my precious lady
and I send you sweet kisses and big hugs of pure love
and warming strength my only lady.

Sweet good morning kisses to you my beautiful Kira
and feel me right there beside you,
I miss you so badly and am wrapping you up
in my loving arms so very tightly to say
I so deeply love and care for you,
sweet good morning my one and only beautiful Angel
and know that your Michael is thinking of and praying for you.
I am sending sweet kisses so bountiful
and great big hugs of warmth to give you my care.
Sweet good morning kisses to you
and God bless you my lady you are the greatest my dear.

Sweet sweet good morning kisses to you my only one
and my heart calls to you wanting to be in your arms
and have you here curled up in mine before I get up
to do my few chores and just have them done.
I feel like just letting a few tears while I hold you
and tell you how much I care and want you in my life forevermore,
I just want to get done with these few little chores
after a few more minutes of snuggling so then after
we could just wrap up and snuggle for so long through this day here.
I love you sweet lady and send sweet good morning kisses to you
and know that your Michael is with you and always will be
and I hope that so soon we will be here together
sharing morning kisses together ever so sweetly forever sweet dear.

Michael P. McParland

An Early Quiet Morning With My True Love

A very early god morning to you my sweet one
and I hope you are doing well surrounded and filled
with all of my deep loving warmth and care,
I so wish you were here to join me on this most early one
and as the business world starts to rise
but the kids most like have not yet my dear
I wish we had a few quiet hours to sit and relax
with each other sharing sweet kisses and snuggles so warm.
I miss you sweet lady and wish we could be spending
an early morning so quiet snuggling, kissing, and sweetly kissing
with each other brightly smiling knowing it will
be a good day ahead of us my beautiful Kira.

All I want is a beautiful and early quiet morning
with my gorgeous Kira whose heart of gold in love
envelops and overwhelms me and I just want to be
here on the couch snuggling and feeling so warm,
cozy, content, happy, and wrapped in our love
as she is curled up in my arms sharing sweet kisses with me.
I hope that so soon in reality our hearts
deep longings and yearnings will be fulfilled
and we will be sitting here next to each other
hand in hand in each others arms on an
early quiet morning with each other feeling so fulfilled and happy.
I love you sweet Kira you are amazing.

So my sweet Kira feel me there with you and close
your sweet sparkling eyes and see me smiling at you
as I hold you curled up in my arms as we share
an early quiet morning in peaceful charm,
I so badly want my Angel and Queen right here in my arms.
So remember my sweet lady that as sit here I send
you sweet kisses and big hugs of pure love and warmth,
feel my arms wrap around you as I sit beside you
giving all of my deep admiration and loving care,
know that your Michaels beside you and I always will.
Share with me a prayer my sweet Kira my dear
that everything will open up soon for us to be
with each other no matter where hand in hand,

share a prayer with me for peace to fill both us now.
Dream with me too of an early morning so quiet too,
I love you sweet Kira you are my Angel and everything dear.

Michael P. McParland

Night Note 148

A very good late night to you
sweet sweet Kira my Angel of light.
I wanted to just drop you a quick note
to say I love you so very much
and send you sweet sweet kisses
of caring true love and big hugs
of complete and pure filling warmth.
You are everything I want and need
not just within this world my dear
but the next my precious love,
when I think of you in all of your beauty babe,
how much I love you, how much I miss you,
how profoundly you've touched
my heart and life I feel like crying
rather from just one alone,
a mix of things or all together,
you are my everything my gorgeous lady
and I wanted to say I love you my darling
before I go to jump into a cleansing,
soothing, and hopefully brightening
shower for the spirit my darling.
I wish you were here to join me
as we would just hold each other
so sweetly kissing and talking
as we thought about many things
about whatever and thought about things
to do and share for the day.
I so wish you were here to join me in everything.

So after I have gotten out
and finished the last half of
the TV show I was watching
I'll write you about our early
and quiet morning to see from there
what we may be doing.
I love you sweet Kira and feel me'
there right beside you giving
you kisses while I tightly hold you.
I so truly and deeply want to have you

here with me to share everything.
I love you my Angel and hope soon
we will be together warm and snuggling.

Michael P. McParland

Night Note 147

Hello on this very late hour
my most treasured and beloved one.
Please don't worry because I have not left
and you know my sweet one I never will.
I know how easy it is to worry though dear
but please always feel all of my love and warmth
and know that your Michael cares for you
more than anything and just wants
to be holding you while rubbing your back
and stroking your hair as we both gain
reassurance from each others snuggles and kisses.
Kira I am with you always my dear
holding you close and holding your hand.

Kira I am so sorry if you are upset
and I ask you to forgive me and please not be.
I was watching one of my shows
when I fell asleep and it is from
so very much around and weighing down.
I miss you so much my sweet Kira
and I am horribly depressed
without you as it is always sad my dear lady
but right now I'm in the dumps completely
and I just want to cry my sweet Angel darling.
I just want to lay down so much
and dream of my Kira be it asleep
or awake.
I miss you my darling and am
really really struggling my sweet precious darling.
So please understand and feel my arms
around you as I reach out to hold you
and kiss you saying Kira you are my everything
and I so deeply, completely, and madly love you.

So as I get up to get some food
and watch a little bit of TV
and read our brand new book
be filled with peace knowing your
Michel is with you and will be forever.

Know that your Michael is holding
you tightly right beside you
and giving you kisses ever so gently
saying I love you my sweet darling Angel.
I truly do love you sweet Kira
with my all and my everything
and please never forget that
I'll never leave you.
God bless you my beloved Queen and Angel
and feel all of my love and warmth
with all of the sweet kisses and big hugs
I am sending you in tons
my sweet Angel dove.

Michael P. McParland

Love Note 410

God bless you my sweet Angel dove
and I am so sorry I fell
asleep lying down earlier on the couch.
Please come snuggle with me
under the cover my dear
and let me give you kisses of apology.
I am so sorry my dear
I miss you so deeply my gorgeous girl.
I love you sweet Kira and I always will,
please come snuggle with me
and just forget the world.

Michael P. McParland

Love Note 409

As we reach the later morning here
it's not a day of much to do
and I just wanted to say
Kira I so deeply and dearly love you
and wish you were here to snuggle,
read, watch one of my favorite
TV shows on DVD, I have a few
I will be going through,
as well as talking which with you
is one of my favorite things to do,
just to sit back and spend time
with you is what I want to do
and will be dreaming of.
I have a tasty little lunch in mind
of little pizzas on garlic bread
I bet you would like as well.
I wish you here to be with me dear.
So as we now come into the late morning here
I just wanted to say I love you dear
and send you sweet kisses and hugs.
I will write you shortly my dear
because I love you so much
and want you to know that I care.
Kira you are and Angel
and a perfect gift in my view.
I truly can't wait to be holding you.

Michael P. McParland

Come Sit With Me 5

Come sit with me my sweet one
and just hold each other and hands.
Let's just spend time talking
and keeping close as we spend a quiet morning
with each other snuggling and kissing so sweet.
Come sit with me my only one and just
lean in together ever so close feeling
so very cozy and safe being right there
with the one we so love and care for my dear.

Come sit with me my beautiful Kira so great
and spend time with me snuggling and just basking
in each others warmth and sweet kisses we need.
I truly don't know how long I'll be up
before a good nap where I truly want
to snuggle with you while listening to
the audio book I fell asleep too yesterday,
good and fun short stories my dear
but that isn't right now so please come sit with me.

So my sweet and treasured beautiful Kira
will you please come sit with me and curl up
in my arms to spend time and feel so cozy as one?
Would you honor your Michael by just spending time
snuggling and talking for a good while this morn?
I know you will but I want to ask and truly invite you babe,
So let's snuggle up darling and feel so safe and good
just being with one another as we want and need.
God bless you my Kira and remember that you
are the greatest and my most favorite person,
I love you my darling and I will always be
your Michael standing beside you because you
are my Queen and Angel who is my everything.

Michael P. McParland

A Quiet Morning 2

How I wish you could be here with me
my sweet one to snuggle up tightly lying
down on the couch together while in the background
the TV played one of our favorite shows
as right now I just have some tears I need to shed
partly because I miss you so bad but partly too
just from feeling depressed overall.
I'm sorry I'm bipolar dear and I just need
and want my lady right now to catch my tears
and to talk to as well.
I want a quiet morning with you to be so tightly
snuggled up with on the couch as you rubbed my head
and told me it is alright and will all be okay.
I miss you sweet one you are my beautiful everything.

I love you my sweet Kira and want you
to be here with me for a quiet and loving morning
where I'm with the person I trust to see my tears
and then share some kisses and you say it is okay.
I miss my Angel and am just feeling down
and you are the one whom makes everything seem light.
So as I reach out to tightly hold you
please hold me back my righteous and gorgeous Angel.
I just want a quiet and tired morning spent
wrapped so tightly with you snuggling on the couch
with my beautiful lady I so adore.
I love you sweet Kira as I know you love me too
and let's snuggle together on a quiet morning feeling the love.

Michael P. McParland

Morning Note 167

A very early good morning
my sweet Angel dove and I hope
you had a good day yesterday
and a good night of sleep
with the sweetest ever of dreams
as I caught up on so much very needed sleep.
I love you so very much my sweet one
and miss you terribly my darling dear,
please always remember I'm
right there beside you holding
you close and holding your hand,
I will never leave you my sweet one
because you are my girl
and all that I want within this world
and into the next when God rewards us
for a good life and we celebrate it
together as eternal man and wife.
I will never leave you sweet one
and I will always stand right beside you my dear
so please stop being angry at me
as I know you are right now,
I already woke up with a sadness
and nervousness working inside me babe
from weird dreams to end the sleep,
not having you right next to me
and I could feel your anger as I
woke more bit by bit my sweet dear
so please understand that I am
truly loyal and faithful to you
and just want to have you right here with me.
I swear to you I'll never
abandon you or leave nor will I ever
give myself in anyway to another
because it is only your love I want
and it is only your touch I want as well,
you are all I'll ever want and need
my sweet Kira within this world,
you are my only reason for staying in it
as it is my sweet one.

So why would ever hurt you so bad
in such a horrid way?
Why and how could I ever break my Kira's heart
in the most criminal and vile way?
It would kill me too my sweet one
so remember I'm always beside you
and always right here waiting and here
to serve if at any moment you need
or want me no matter when and no matter what.

I love you sweet Kira
and right now my stomach is yelling
at me and twisting around in want of food
so I need to go out and fill it up now,
Kira I wish you were here to sit next to me
as I could make your coffee as well
and then you could sit next to me
and we'd snuggle as I ate and watched
a movie or something on one of my
many Bely Ray's and DVD's,
I wish you were here just to be with always
and spend time because I miss my sweet queen
and all of our fun talks and times,
I love you sweet Kira hear as my heart calls
because you are my everything
and my Angel so pure.
I hope that our time will be ever so soon
because it is sadness without you.

So my sweet Kira remember I'm with you
hand in hand always and feel me right now
as I pull you so closely in giving
sweet sweet kisses of true love
and huge hugs filled with pure warmth.
Know that I'm always here too and will
never ever abandon you.
So as I go to eat and watch a little something
feel all of my love, warmth, strength,
and deep peace fill and surround you,
know that your Michael so truly loves you.
God bless you my Kira because I simply adore you
and my heart melts for you everyday

over and over for eternity.

Michael P. McParland

Night Note 146

Sweet lady of mine so bold and beautiful
I so truly love and adore you more than
anything in all of heaven
or on this entire earth and I miss you so much.
Now as I rest my head to try
and sleep for a little bit
I send you sweet kisses and reach out
to pull you in for a great big hug
and long snuggle through the whole night,
to share with you sweet kisses
and soft caresses while we just
smile at each other as we drift off together.

So take deep comfort and feel
surrounded and filled with my warmth
and deep love as I wrap
my arms around you so tight and loving,
feel these sweet kisses I am sending
and know my dear Kira
that your Michael so truly loves you.
God bless you my darling
and a sweet goodnight to you my sweet lady
now let's snuggle, kiss, and nuzzle
as we go to sleep at this very late hour.

Michael P. McParland

Snuggling Among The Moon And Stars 2

Lying here tired on this night but missing you
so very much and I can feel your sad aching as well
so I don't really want to sleep.
I want to be holding you so very close
and rubbing your back gently tell you everything
is alright and that your Michael loves you so very much.
I want to be comforting you and feeling deep comfort too
as I hold you so tightly reassuring you love,
please remember sweet one that I'm always with you
and you're never alone nor will you be again
because I love and care for you to no end.
I know you're aching just as am I
and I would give anything to be snuggling with you
and drying your tears then giving you kisses
telling you that all is well and all is good
because I so truly love and am yours for good.

So feel all of my warmth and love as I send it to you
and look to the sky and see us both in your minds eye
as among the moon and the stars we just sit and talk
about anything and everything no matter what.
We will be snuggling and kissing so tender and loving
as we share laughs of joy and happiness
while sitting and gazing into each others eyes
my sweet Queen I so truly care for and cherish,
we'll comfort each other so very deeply
and warmly with the peaceful love we hold, feel,
and will be sharing completely.
Look to the sky my sweet lady and feel my loving smile
as I reach out to take you soft and sweet hands
and pull you in for a snuggle so grand.

See us among the moon and stars as they smile upon us
and give us their divine and celestial blessings,
just feel the warmth that we provide each other
and the extra spark they are giving to make
our stay with them so very comfortable.
Snuggling among the moon and the stars is a gift
we will have for eternity in the next life

so together let's dream of being there on this night here,
snuggling among the moon and the stars
feeling so safe and at peace with each other my dear
and just expressing our love through looks,
words, kisses, and our hearts and souls speaking
as we hold each other so close.
So look to the sky and be filled with peaceful strength
as you see us snuggling among the moon and the stars
and one for sure we know we will.

Kira I can feel your deep aching and I am
so very sorry that you must be feeling it
as I am aching as well as I lay here in bed,
I miss you so badly and would give anything
to be with you holding you closely giving you comfort
to help your sweet heart feel so very much better,
to be stroking your hair and rubbing your back
as I tell you I love you and I'm never leaving,
everything is okay because you are my lady
and my precious Angel so truly amazing.
So feel my arms around you as I am always right beside you
and feel my sweet kisses as you look to the sky
and see us snuggling together smiling
and laughing in joy up on high with kisses as well.
Feel all of my warmth and strength as I send them to
because my sweet Queen I want you to know
that you're not alone because your Michael
stands with you and you are so truly loved
and cared for in every way my sweet Angel dove.

Michael P. McParland

Sweet Goodnight Kisses Sweet Lady

I am most tired my dear and ready for bed
so let's go climb under the covers
to snuggle and share some sweet and beautiful
goodnight kisses so very deep and passionate my dear.
Let's go climb into bad and talk softly
while we snuggle and kiss for a short bit.
I miss my lady and need you here bad
because I love you so much and want you here.
Sweet sweet goodnight kisses to you my sweet dear
while we snuggle in spirit and talk.

Come and curl up in my arms to gaze into
each others eyes as we say goodnight my sweet lover
to me you are the most wonderful and special person
and I simply adore you my precious Angel,
then share some more sweet kisses
before you rest your head on my chest
and I pull you in for a cozy night of first soft talk
and then light music or an audio book
while I stroke your hair and rub your back,
sweet sweet goodnight kisses to you my Angel bright,
I love you so very much and want to be with you
through this entire life and walk hand in hand
through eternities time.
My heart is overflowing to bursting
with love for you and I will always love
and adore you unconditionally to no end.
You are my Angel and my sweet Queen
and you truly are my universe and mean everything to me.

I'll see you tonight within the land of dreams
where I'll greet you with the biggest smile and hug
to tell you I've missed you and loved you so very much.
A night to spend on a beach in twilight
hours of last dusk by a nice fire
in a perfect and comfortable summer breeze
we'll hold each other laying on a blanket
talking, laughing, kissing, and in our dreams
there's always enough light for us to read

and we are provided any luxury we desire.
Tonight my sweet love on a beach by a big fire
snuggling and writing poetry for each other.
I love you my darling and send you these
sweet goodnight kisses of tender care and deep passion
to help soothe us and help us make it
until we are reunited.
I'll see you tonight my sweet Angel of true love
and pure divine light.

So my sweet one let's climb into bed
and end this day snuggling in each others arms
feeling so safe and secure as we share
sweet goodnight kisses of true love galore
along with tender looks and words from
the very core of our hearts and souls.
There's so much to tell you and share
and I want to look into those sweet eyes of yours
and tell you I love you my sweet Angel dove.
God bless you always and remember
you are deserving of all the love that I give
as you have been shorted to long by others
who are so selfish they don't know what love is.
You are a wonderful woman so filled with love
and you deserve to receive so much as well,
I want to be holding you and letting you know
how deeply I care for and love you dear.
I miss you so much my sweet Angel from up above.

So come and let's snuggle as we climb under the covers
and share some sweet and beautiful goodnight kisses,
I love you sweet lady and will always be here
and there right beside you holding you tightly.
I will forever be your Michael and I will never
leave or abandon the woman I treasure so highly.
Feel all of my love and warmth as I send it to you
and deliver it with this big snuggle, smile,
and sweet goodnight kisses just for the Angel I cherish.

Michael P. McParland

Curl Up In My Arms Before Bed

It will be bed time soon enough
and though right now I'm not sure just
how long I will be up I want you to just
come curl up in my arms and snuggle for a bit
before I wish you goodnight.
I want you to come sit with me as we watch some TV
and then read from our book for a bit.
Come curl up in my arms my sweet one
and let's just hold each other so close
sharing kisses and such as we
enjoy each others company before bed snuggling in warmth.

Come snuggle so close my sweet one
by curling up in my arms and getting as cozy as you can
then gaze into each others eyes and kiss
ever so sweetly for a short bit my dear.
Then just spend some time talking then
watching some TV and reading as I just want
to be with my lady in waking as well as sleeping.
I want to be holding you ever so closely so please
my sweet love come snuggle with me before bedtime my lady.

I miss you so much and just want to have you
right here curled up in my arms letting you know
that you are so truly loved and not alone,
I want to spend time with you soothing
and healing both of our hearts and souls.
I want to be with you forevermore
because you are my best friend and sweet Angel dove.

So before it is bedtime and I say goodnight
please come curl up in my arms to snuggle and kiss,
to just spend some time together as we read
and watch TV for a short bit and as ever
I want to talk and hear your Angelic voice.
I love you sweet lady because you are my Kira
and always remember that your Michael's beside you,
I love you so deeply and ache for you to be here immensely
so come curl up in my arms before bedtime

and let's spend time and snuggle for a little while.

Michael P. McParland

I Ache To Be With You

I ache so very much to be with you sweet one,
I want to be able to show you all of
my loving care and how hard I try with you right here.
I want to serve my sweet Queen as you sit
beside and before me in all your sweet beauty.
I just want to hold you and know you're okay
because I will be right there to hold you,
to protect you from anything and everything,
and take care of you like I want to.
I ache to be with you because I love and adore you.

I ache to be with you so we can both know
each others stories and worlds,
I want so bad to share mine with you
and I am so excited and long to share yours with you.
I want us to be able to hold each other so close
just talking, kissing, and spending time.
I just want to be with you and even in
the best of times I ache inside for my Kira
my beautiful sweet Angel bride.

I could tell earlier that you were upset with me
and I just want to be there with you so you can
understand fully and better that I don't
sleep a little longer or a lot longer on purpose,
I hate letting you down my sweet darling
and if I were with you in person we could just snuggle
and then you could have woken me sooner
to do something special you wanted.
I ache to be with you and I know you so love me
just I love you so very deeply so again
my dear Angel I am truly sorry please don't be upset
my dear darling just come curl up right within
my arms next to me and I'll dry your tears
while telling you how much you mean to me,
I care for you, I adore you, and how I want
to spend eternity with only you as my wife
because you are my everything my beautiful Angel so bright.

I ache for you baby because I want to see you smiling
and just be able to look across the room or right
next to me and see my gorgeous Angel I'm so in love with
and loves me too just as much and as unconditionally,
I ache for you so I can just reach over and hug you
saying Kira I love you and am ever so thankful
to have you in my life and your immense love
from your golden heart and then give you kisses.
I want to share closeness with my best friend
and soul mate the most beautiful woman ever in existence.
I just want to be near you in innocence doing
fun things while spending time with each other
reading our books, watching some movies,
listening to music and audio books,
and sharing our favorite hobbies and things we so love,
and spend time doing fun things with your kids
so we can all have such fun and be a family sweet one.
I ache to be with you my Angel so good.

Kira I truly adore you and want to hold you so close,
I want to write love letters to give straight to you everyday,
I want to look in your eyes as I kiss you and say
Kira you are amazing and so truly great,
I love you baby you're my everything,
please marry me and spend eternity with me.
I promise I'll always stick by you and I'll never leave
because I love you so much
and you are my smile and joy I want you to know,
you are my heart beat and happiness because
you give me light and through our deep bond great hope,
I ache for you Kira because I love you so much
and I will stand by your side hand in hand through all time
because I am your Michael and you are my best friend and only one.

Michael P. McParland

Holding You This Evening 2

How I just want to sit with you on this
evening here and hold you so close to me.
To reassure and comfort you that I
am here for you and always will be dear,
to reassure you that you aren't alone
and need have no worries that you will be ever again.
I want to hold you this evening through
just to give you peace and make you smile,
to dry your tears and give you kisses
all to reassure and comfort you.

Kira I just want to spend this evening
holding you so very close to me
so I can just stroke your hair and rub your back
while we softly talk and read our brand new book.
I just want to hold you close my dear
and reassure you that I am with you my sweet Angel dear.
So feel my arms around you now as I reach out
to pull you in and feel these kisses I give to you,
I want to spend the evening holding you
to give you total comfort through and through.

Feel all of my deep and very caring love and warmth
as I send it all to you with my concern for how you are,
I wish that I could be holding you right now,
giving sweet kisses and reassuring words
to calm your soul and heart to let you know
you have no need for fear for I will stick with you
forever and always my sweet precious Queen.
I wish I could be holding you just to calm
our aching hearts as touched and sang as one,
I love you Kira dear and just want to
be holding you through the rest of time.

Michael P. McParland

Late Afternoon Kisses 2

A very good late afternoon to you
my beautiful sweet one and I send to you
in true tender and caring love
these sweet kisses and great big warm hugs.
I love you so very much my sweet Angel dove
so feel my arms around you as I reach out
to pull you in so very close.
You truly are such a rare gorgeous gem,
my diamond in rough I adore.

I'm sorry my dear that my cat nap turned out
to be a bit longer than expected to be
so I send you these sweet late afternoon kisses
to say I am sorry dear and please don't feel
worried or upset in any way.
I know you're probably concerned that I
fell asleep for the rest of the day
but feel me drying your tears as I am awake
and right here as well as right by your side
holding you close and giving kisses so sweet.

Above all though my dear in this late afternoon
I pull you in for this hug to give you sweet kisses
because I am thankful for you and want you to
know it in all of its truth my sweet Queen,
I give to you these late afternoon kisses to say
Kira you are so great and I truly love you in every way,
you're not alone and you will never again be
because I am your Michael and I stand hand in hand
right beside you in full loving protection and support.
I love you sweet lady and want you to know it
so feel all of my warmth and love in the sweet late afternoon
kisses and hugs I have and give to only for Kira
my sweet precious Angel so beautiful.

Michael P. McParland

Love Note 408

Good afternoon my sweet one
I hope your day is going well
and you are filled with all of my warmth,
feel theses sweet kisses I send
on your cheeks and lips
with soft and light pecks on your neck.
God bless you sweet lady
you're simply the best,
you are so beautiful
and I love you so very much,
I miss you tons and long
for us to be in each others arms.

Having finished my lunch
and watching some TV
I need another cat nap my sweetie.
I know it won't be long
and I don't want to be alone.
Will you come snuggle
so tightly sweet one?
Will you come share some sweet kisses
and rest your head on my chest?
I want you to come join me
because I love and adore you
so very much and want to
have you right next to me
for everything and right now
this little cat nap.
I need you sweet Kira
totally because I truly love you.

So feel me beside you
and remember I'm always there with you,
you are my Angel and I'll
never abandon you baby,
I want to be with my Queen
forever and ever because
my heart melts for you.
So please come lay with me for

a short while sharing some kisses
and the light talk and resting,
please come join me sweet lady
because I so love and miss you.
I will write you as soon
as I have risen my lady
and remember always that
your Michael loves and will always
be right there beside you,
I'm holding your hand while
looking at you and with love smiling.

Michael P. McParland

Cat Nap Dreams Of You

Just getting up from a little cat nap
and in a way I don't want to
because as I listen to my classical music
and drift from a light state to medium one
I think of and dream of you and us being together
hand in hand and in each others arms.
I think of us talking and think of
the conversations and how they will go.
Cat nap dreams of you are so great
and help pass the time until you are here.
Cat nap dreams are so beautiful just like you
my sweet Angel I love.

I wish you were here to snuggle with now
and give kisses to after all of my
cat nap dreams where we do so many things.
I'm thinking about going out to Burger King
to pick up some lunch and it would be
a great car ride together just sharing it all.
I love you so much and want so bad to share all,
I miss you sweet one and until we reunite
I will see you in my afternoon cat nap dreams.

Oh my sweet Kira how beautiful you truly are
and you are helping to keep a smile on my face always.
You are amazing and a wonderful woman
and these cat nap dreams of man have me
yearning more deeply than ever as I long
to see you and hold you my beautiful lady.
My cat nap dreams were amazing and I hope you
felt my arms around you with my warmth surrounding,
I'll always be with you giving sweet kisses.
So I will be thinking of you as I either run out for lunch
or as I stay here my sweet one.
Either way I wish you were here Kira my one
and only Angel, Queen, best friend, and true love
because I so love and adore you my only one.

Michael P. McParland

A Beautiful Morning With My Sweetie

Good morning my beautiful sweet Angel dove
and I send many many sweet kisses to you of pure love
and great big hugs filled with pure warmth
to you my sweetie so good and true,
I send sweet sweet kisses to Kira my sweetie
from heaven up above,
a true gift and blessing I'm so thankful for.

How I wish you could be here to spend
a beautiful morning and entire day with,
to snuggle and kiss while we sipped at coffee
and just talked like we used to
and I know we will again.
A beautiful morning for me to hold you is what
I want and need with Kira so beautiful and my sweetie for good.

As we would be up I'd already have your coffee made
so when I brought it to you on the couch
you could just curl up in my arms and share
a few kisses while it cools a bit
and just think of some fun things we could do for the day.
Share our favorite hobbies, movies, music, and books,
I want to share everything in life with you,
you are the greatest gift in my life
and I will always rejoice thanking both God and you
for all of your love and being right there.
A beautiful morning with you my dear sweetie
is the dream that I share with you.

So my dear sweet one close your gorgeous eyes
and see my big smile as I reach out to hold you so tight,
feel my sweet kisses on your cheeks and lips
and know that I'll always be with you
because you are my true love and dear sweetie,
you truly are the very best.
I am so excited and just waiting for all of out
wonderful beautiful mornings just as I know you are my sweet lady.
So know and remember that I'll never leave you
because there is nothing that could ever make me

lose out on or miss beautiful mornings
and a beautiful life with my gorgeous sweetie I so dearly love.

Michael P. McParland

Sweet Early Morning Kisses And Snuggle

Here in these very early morning hours
before you get up my sweet one
I want to slide into bed next to you
and not for me to sleep at all
but to wrap my arms around you
and give you sweet kisses galore
with a good long snuggle too.
I'll just hold you and softly talk
telling you that you are so beautiful
and that I truly love you
and tons of other stuff while you drift and sleep
both of us feeling deep and wonderful comfort.

So my sweet dear feel me slide in beside you now
and be filled with peaceful loving warmth
as I wrap my arms around you ever so tight
and give you sweet kisses to tell you
how much I truly care and to be with you forevermore.
I want to share sweet early morning kisses
and snuggles with my special one
who I miss so bad and my heart truly aches for.
I love you sweet Kira and I always will
so I'm sliding into bed next to you not to sleep
but to just hold you and kiss saying
I so deeply love you my gorgeous Angel.

Michael P. McParland

Looking At Your Picture 5

Starting to feel tired as I just sit
and watch my movie so I've decided
to play a video game I bought in November
but have just never gotten started
and first wanted to write and once again say
I love you sweet Kira and I will be ready
when you are ready and please don't feel
as if I am pushing and rushing
because that is not my intention
and I'm sorry if has come off that way at all.
I just miss you so much and want to express
how much I long for my precious girl.

First thing I saw though as ever when
I turned on my computer was your beautiful
smiling face which I just stopped and looked at
for more than just a few moments.
You are so very beautiful and I can't wait
to hold you and tell you that you are so gorgeous.
And then just give you so many kisses.
I love you my lady and looking at your picture
has as ever filled me with butterflies aflutter.
You are so beautiful and I simply adore you
my sweet Angel so wonderful.

So as I go to start my game be filled with
all of my warmth and strength by these
sweet kisses and big hugs I send.
You are the only woman I'll ever want and need
because you are magnificent my dear sweetie.
I'll always be with you and stand right beside you
because I am your Michael so full of love
and deep caring for his beautiful Kira.

Michael P. McParland

Night Note 145

Oh my sweet love it is a
good night mostly if not only
because I can feel you so near
and so very very close to me.
As I sit and go back and forth
between reading and watching a movie
I just dream of us together
and snuggling while you are
curled up in my arms
feeling so very warm and so very cozy.
How I would give anything
to have you here beside me in reality
I know though that it will happen
because in my daily prayers
when I ask God about it I am
filled with such calming reassurance
and I just want it to be sooner
and not later because
I miss that gorgeous smile
and crave that electric first kiss
of pure passions fire
and I truly do just want to hold you
and know that everything in the world
is good because I am with my perfect woman,
and this is what I dream of tonight
and it keeps me smiling
so filled with light as well as that
I can feel you right now
and the happiness and goodness overwhelms
but in the best of ways
and I want to say I love you sweet Kira
and can't wait to be spending
both this life and the next
through all eternity.

So feel me so close as I
send you all of my warmth and love
knowing I'm right beside you
holding you tightly and kissing you sweetly.

Just feel the deep comfort in
all that I am providing as I want it to
my sweet precious diamond.
Remember always right here
my one and only true sweetie
and I'll never spurn or reject you
because you are my Angel
and I truly adore you.
So as I back to my movie
and doing some reading
remember always that your
Michael so loves you
and will stand by
your side forever and ever.
I love you immensely and I
always will my sweet Queen and Angel
because you are my everything
and my heart truly melts for you.

Michael P. McParland

A Night Of Snuggling

Hello my sweet love and with you
I hope all is well and you are feeling
all of my love and warmth as I send it to you.
I hope that you felt my arms around you
as I read our book and then watched
some videos on YouTube while I lightly snaked.
I lost track of time in all that
and wished the whole time you had been with me
enjoying it all too and so I could see your
bright and gorgeous smile that makes my heart melt.

So now how I would just like to sit back
and spend the whole night snuggled up with you on the couch.
I want to read a bit more and watch a movie as well
and if you are so very tired my dear
just rest your head on my lap or snuggle in tightly
and put your head on my chest and I will
support you so you remain comfortable.
I want to snuggle with you through the whole night
and then spend a beautiful morning as well.
God bless you my Kira I love you so much.

So my sweet lady curl up in my arms
and snuggle so tight because your Michael
loves and misses you so very much
and wants to be with you through all time.
Even if you are tired tonight and need sleep
I will be happy to hold you rubbing your back
and stroking your hair to give you deep comfort my dear.
A night of snuggling with you is all that I want and need,
feel my arms around you Kira my dear
and remember I'm always with you right there.
God bless you so deeply and never fear because I am yours
and I'm never leaving so come curl up closely
and let's spend the whole night tightly snuggling sweet one.

Michael P. McParland

Let's Snuggle And Read

So now my sweet one on this late night at hand
after a small bit of food and a very
refreshing shower indeed while all the while
dreaming of you with us talking and kissing too
I wish you were here to spend a beautiful night
in each others arms just relaxing and having such fun.
I miss you my darling that you could be here with me
to snuggle up and do so many things.

First thing my darling I would so like
and am craving to do is wrap you up in my robe
so you will be so toasty and warm
and then have you curl up in my arms to snuggle
while we sat back on the couch and read our new book.
I'm not a fast reader so it may take some time
to work through this whole book but thankfully
it is a short one as well.
So come snuggle up my sweet one and we'll sit back
feeling so good in each others arms and read our book
for a good little while.
I love you sweet lady and can't wait for these days
when we are able to do this at last.
I miss you my beautiful lady and I long for your touch,
your kisses, and your presence right here.

So come and get cozy in my nice fuzzy thick robe
and then curl up in my arms to snuggle and read,
then perhaps afterwards discuss what we think and feel
of everything we just went over which is something I like to do
and from there we can decide later as I just want
to talk to my most beloved and beautiful Kira.
I love you sweet lady and just want to sit here
and read with you while we so comfortably snuggle.
I know that you are the only person I can touch
for long periods of time without trouble
and I want to snuggle with my gorgeous Angel Kira
the most wonderful person on earth or in heaven.
So my sweet darling let's now sit back and wrap up
while we read our new book and never forget

that your Michael is with you and loves you more than anything
my sweet beautiful Queen of forever.

Michael P. McParland

Sweet Kisses To Sweet You 2

Sweet kisses my darling to sweet beautiful you
as I rise from my very very long rest
and I apologize my sweet one I had no idea
I was still that so very worn out and would sleep like that.
If I would have known I most certainly
would have given you warning so once again
I want to say that I'm sorry and thank you so much
as always for your strength and understanding.
You are amazing and I send you sweet kisses
to let you know how thankful I am and just
how very much I love you sweet one.

As I rise I again send you all these
sweet kisses of true love with the
biggest of hugs filled with pure warmth,
may they fill you with peace and deep comfort
knowing that I so deeply love you
and that your Michael is always with you.
Remember sweet love I'm always beside you
holding your hand and I'll never ever leave you my darling one.
Sweet kisses to you my beautiful girl
and God bless you in full my precious one.

As I first rise I need some food and you wouldn't
want to snuggle with me until our shower time,
the medications make all the sweating and odors much worse.
So some food for your Michael and then a shower
of pure refreshment and renewal my dear.
I wish you were here to join me just to
hold each other and kiss under the warm water dear,
my face is all fuzzy and might scratch just a bit
but I'll shave for you later my precious dear.
I miss you babe so very much and my heart is longing
to have you right here in my arms.

So my sweet lady as I rise at such a late hour
I want to say I am sorry I was out so long,
thank you for all of your loving warmth, strength,
kindness, and understanding which have helped calm me,

and I love you, I love you, I love you my beautiful diamond
and you are making me smile as I get up to do things.
I will write you right after that wonderful shower
where I will just be thinking of holding and kissing you.
Have a good night my darling and feel me right there
holding you ever so tightly.
I adore you sweet lady and admire and love you,
sweet kisses to you my sweet darling
and feel all of my smiles to warm and comfort you
my sweet Angel dove and Queen darling.

Michael P. McParland

Night Note 144

Hello Kira my sweet Angel dove
and first and foremost let me thank you
for all of the loving care and peace
with your strength as Saturday night
I had barely slept in days and I was even
more physically worn down and exhausted
than I realized myself.
So first I sat back and started
our brand new book for a short bit
and then wrote you my goodnight
reading a bit more before I lay down.
When I got done reading a bit more
I knew beyond all terms it was time to lay down
and get some much needed sleep
though I had no idea for exactly how long.
I knew somewhere from a source both within
myself and something without
that classical music
is what I needed to relax
so I sat and looked through my
endless options and landed on perfection
in Mozart's Requiem which
gave all of the tenseness and stresses
stored in the mind and body
a relaxation that melted all of that away,
and after that a very very long collection
of the most romantic pieces
in classical of all time.
And so then I slept and slept
waking at moments long enough only
to focus on that one tiny thing
or just realize I was still
deeply exhausted and go back to sleep,
and so here I am up for a tiny bit
to get some food in my stomach
and now write you to say.
Thank you my darling for how much
you truly love me and care,
thank you for your understanding and kindness

I so deeply appreciate and need
and thank you for you being you
the greatest thing that there's ever been.
Thank you so much my dear Kira
and always know that your Michael loves you.

I was planning to get up
and go take a much much needed shower
and be refreshed to start
but I'm realizing my body needs
at least a few more hours
before I can really get moving
as I am running out of breath
and my body is giving just walking
across the apartment
and we don't need my legs
and body in there to suddenly go out.
So would you snuggle with me
as I rest a bit more my darling?
No way will it be like yesterday
our for the entire day.
I would just like to either
put my classical back on
or an audio book (Star Trek) :)
and snuggle with my lady in comfort.
I send you sweet kisses with big hugs
and I promise to write you
when I get up my sweet precious Angel.
God bless you my darling you are amazing.
Remember I'm with you and holding you
ever so closely giving you smiles
because I so love you and treasure you fully.

Michael P. McParland

Goodnight My Most Treasured Angel

Goodnight now my dear and most treasured
and beloved Angel I so adore and let's
finally slip under the covers and pull
each other in for a snuggle of comfort and warmth.
Let's share some sweet kisses as we
just look into each others eyes
and without any spoken words tell each other
just how deeply our love goes and what we feel,
just as back in high school we told each other
every single day with big smile and our eye
open so wide revealing more than we knew.
Let's go to bed now my dear Angel I treasure
and snuggle while kissing and softly talking.

Just snuggle up so very tight as within my arms
you curl up and we smile at each other so bright,
I'll stroke your hair and rub your back
as you rest your head on my chest and settle in.
I want to make you feel so very safe
and know that with me you are and completely loved,
if you would like I'll read a little bit more
of our brand new kindle book.
Whatever you need to relax in full
and settle down for some good sleep my gorgeous one
and as you lay or sit down where you are
feel all of my loving warmth as I send it your way
with the sweetest kisses and giant hugs
saying I truly love you babe you are my everything.

I'll see you tonight in the land of dreams
and for tonight a time to dance under the moon
to both of our favorite music and songs
from medium to fast and down to slow,
just wherever the mood takes us it's up to us,
I will sing for you and hold you out
in the center stage of where it is just you and me
as we sway to the music we love as we please
and then when we tire we will sit down
on a soft blanket in the perfect weather

to just lay back and snuggle while we talk
and kiss and just enjoy the bliss of each others company.
Tonight we will dance under the moon
feeling free from all the worlds pressure
and enjoying what we've so wanted
spending time together and we will pray that
it will happen so very soon because we
are true best friends who have been so very faithful
and through all still love each other without waiver.

So again I wish you goodnight my beloved
and treasured Angel I so adore and care for in full,
feel me reaching out to hold you so very tightly
and give you sweet kisses telling you
that you are so very precious and truly gorgeous.
There is nobody else I'd rather be with
because we have known each other since the beginning.
So let's slide into bed and curl up
for a snuggle together my dear before we fall asleep,
let's just enjoy some time in our shared warmth
feeling deep comfort within our souls.
Goodnight my most beloved and treasured Kira
and never forget that I am right beside you
giving you a tight squeeze and sweet kisses
to help give you comfort filling you with strength and peace
as you rest your head to now sleep.

Michael P. McParland

Let's Snuggle

It's getting late my sweet love and in good time
once again I will try to get some good sleep in.
You know I'm not an NFL fan
but I still wanna watch the Super Bowl
so a few hours at least would be a big help.
However I only shortly ago finished up a good
part of cleaning out my computer files and am
not yet ready to close my eyes babe.
I am so missing you but I had the perfect idea to help,
come my sweet dear and curl up in my arms
while I sit up in bad and we snuggle so tight,
I just bought a new kindle book and together
we can sit back and cuddle while I read it out loud
for us to relax while stopping at points
to sweetly nuzzle and kiss.
I'm missing you dear but a snuggle while reading
seems tonight like the perfect thing for the heart
and a happy idea.

So my sweet Kira before it is bedtime
come curl up in my arms while I sit up in bed
and you rest your head on my chest while
I read out new book to feel content,
feel all of my warmth and love as I send it to you
with sweet kisses, gentle nuzzles,
and tight hugs while saying thank you my darling
I so totally and purely love you and want
to be with you forever and ever,
come my sweet one and curl up in my arms
here in bed and let's read for awhile
before we go to sleep.
I treasure you deeply and I can feel you
so near me my precious Angel so please
know I am thankful and in love with you.
Feel me beside you and holding you
as in spirit we share such a beautiful thing together.

Michael P. McParland

You Are Not Alone

Kira I swear to you that you are not alone
because I so truly love you with all
my heart and soul and I will always
be here for you and right by your side no matter what.
I gave you my word that I would never
abandon you and suddenly leave breaking your heart
and hurting you in the most unforgivable way.
I will stand by your side giving full loving support
so you know you're not alone and have a friend
and true love you can turn to when you want and need.
I will always stand up and fight for you
and help out with whatever because you are my Angel
and I want you to know you are not alone and truly cared for and loved.

Kira you are not alone because my heart, thoughts,
prayers as well as warm kisses and hugs are
with you everyday as I ask God to bless and watch over you.
I thank him every day for bringing you into my life
and giving me a chance and opportunity to know true love,
I will always thank him for you my sweet Angel dove.
So know that your loving thankful man is right here for you
when you need no matter what, no matter when because
you are my true love and Angel Queen.
Hear as my heart sings for you my darling dear.

Kira you are not alone and I just want to always
be that person you know you can turn to at any time
because I know you've so rarely had that person in your life
and you should not have to carry all the weight
of the world and within your life all by yourself,
We all need someone and it's usually a very special friend
and as best friends and true loves
I need you to know you're mot alone,
I'm right here for you because I so truly care
and love you with all of my heart, my soul, my body,
my mind, and truly everything I am and have.
Remember babe you truly are not alone because
your Michael loves you and will be there no matter what
because I love you through and through with tenderness

and I will always stand by and support my loving Queen and goddess.

Michael P. McParland

Evening Note 88

Good evening Kira my beautiful one
and true love only holder of my soul and heart.
I pray your day went well
and you felt me beside you there.
I've been sending you all of my
love and warmth with my endless
thoughts and prayers,
I love you my sweet Angel dove
and miss you more than anything.
I would just love to be holding you
telling you that every thing's okay,
that I am with you and will never leave
because you are my sacred Queen.
I just wish I could be with you
rubbing your back and stroking your hair
as I softly spoke and reassured you
to give you peace within your heart and soul.

Do you have any plans of fun
things this evening darling
which to me means even staying in
to have fun with your interests and the like.
So do you have anything
you're set to do my precious dear?
I'm just trying to go through some
files on my computer to delete
what is no longer wanted or needed.
Not hard work and not all that boring either,
it helps me avoid social media
which I'm in no mood for currently,
so tedious tasks are perfect for this night
as I also dream of all we'll have
and all we'll share as we go
through the years fighting for
and standing up for one another
not letting anything defeat us
because we never have been run down by anything.
I will always fight for you and I know
you'll always fight for me

my true love and best friend I so adore.
I'm reaching out to take your hand
when you're ready and I'll be here
with an open heart and open arms,
you need have no worries that
I'll disappear and leave you in the cold
because I give you my word
I'll stick by you.

So have a good evening and feel
and my love warmth and strength
in these infinite hugs and kisses that I send,
feel the tender love that they contain
and they will tell of how committed
I am in true love to you.
You are my Angel and my true love
and best friend and I will adore you
through all time because you
are my gracious gorgeous Queen.

ILYF and ever KP

Michael P. McParland

Come Curl Up This Evening

Come sit with me this evening sweet darling
and curl up in my loving arms as I pull you in
so you get be so very cozy and warm.
Come curl up beside me my sweet Angel dove
and let's share some good conversation
and each others company for which we so long.
I can feel you here darling and I know
that you are aching and longing as well,
feeling you though does help comfort me though
in many ways and I truly pray that you feel me too
and you are comforted by my spirit as well.
I just want to make you as happy and filled
with loves light as you do for me
and I want you to always remember you don't make me sad
it's the distance and missing you that creates the ache.
Whenever I'm near you or we're even talking
the pain is not there because my sweet Angel dove is right near.
Come my sweet dear and curl up in my arms
and we'll spend an evening snuggling and feeling so happy and good.

Come my sweet Kira and curl up beside me
because I just want to sit here and hold you
feeling so very content and very cozy.
I just want to curl up with my sweet one at my side
talking and reading without much TV,
I'm not sure about you but tonight I'm not in the mood
for the noise it creates,
I just want the soothing Angelic sound my Kira's voice
with some music as well.
Us just curled up together talking and reading
while listening to whatever you'd like
but I want some classical as well.
Please just come curl up in my arms and see
the tenderness within my soul and heart.
I know that you know it is there
but I've never truly gotten to show you it's depth in full.
Please come curl up in my arms and sit with me
getting lost with each other not noticing time.

Come my sweet darling and curl up beside me
spending a cozy evening feeling complete
and in joy together finally.
We'll just share some kisses with innocence
of talking, reading, snuggling,
and then in bed falling asleep holding each other.
I just want you to curl up in my arms
while I hold you during a wonderful evening.
I love you sweet lady you truly are so very magical
and I want you to know that there is no other like you
or could surpass you and I am yours and yours alone
forever and ever because you are amazing.

Michael P. McParland

My Best Friend Is 2

My best friend truly is the most wonderful
and beautiful woman with a heart of gold there is,
she truly is perfect within my eyes
as her soul shines so brightly forth
and I can feel it reach out and take my spirits hand.
My best friend truly is the most wonderful
woman that's ever lived in my eyes
and I adore her to no end.
I want to be her man through all time
walking side by side hand in hand in true joy and pride,
I'll never leave her and that is true
I want her to know she is truly loved and not alone.

When I am feeling down I think of her and
her sparkling eyes with the most adorable and shining smile,
my heart melts for her because she is my Angel
and I would do anything to make her proud and happy.
I'm so in love with her she is a diamond in the rough
and I'll always treasure her through all time
because my heart and soul are hers forevermore.
They are a gift from me to the greatest friend to me
and the best sweetie any man can ever truly have.

My heart keeps beating and I continue fighting
because I know our time will come
and I don't want to miss those walks and kisses
with all the snuggles and the joys being with
my adored sweet Angel dove.
And I also don't want to leave her behind
and hurting down here feeling like I lied to her.
I don't want to leave her in pain in any way
because seeing her sad or crying tears my heart out
and the thought of my Queen being here on earth
feeling all alone makes me so very sad.
I won't do that to my best friend whom I've sworn
I will stand by giving all my love and full support,
I am her Michael and my word to her means everything.

My best friend is the one I cherish the very most

and I long to hold her close sharing kisses
while we snuggle and I can look in her eyes at last
and say I love you babe you are the very best,
you are my Queen, my hero, my Angel,
and my best friend I've been so blessed with,
my best friend is Kira a gift from God so truly great and good.
She is my soul mate and the only woman I'll ever want
because she is my best friend and that's the greatest
thing I could ever dream, hope for, and ask of God to have.

Michael P. McParland

Love Note 407

Good afternoon my
sweet beautiful darling
and I have been sending out
all of my prayers with my
loving warmth to comfort you
the entire day.
Hear my hearts call and feel
its big beat as it continues
to beat just for you.
I love you so much my sweet darling
and wish you werehere
to spend a beautiful afternoon.
I am here all alone and I
would love your sweet company
more than anything.

I have no plans for this day
except to probably just sit back and read,
watch some TV and just think
and reminisce about so very much,
and most of it will be the good times
between us which I will
continue to pray will be here so soon.
I can't wait to have you in my arms
and just sharing my messages
with my lady alone and being able to
add in all the things I just want
between you and me.
God willing and bless that it will
be soon because the waiting is hard
and heartbreaking in so many ways by itself.

So feel my hand in yours
as I'm right beside you
and never forget that
I'll never leave you and hurt you,
I so dearly treasure you
my cherished and most beloved Angel
and I will stand by your side forever and ever.

So I'm reaching out to take
your hand in mine and feel the soft
yet firm reassuring squeeze that I give,
I am right there beside you and right
if you want or need me.
My wells of tender love are bottomless
and boundless and will
never run dry that I promise.
I adore you my sweet one
and want to hold you forever and ever.

Michael P. McParland

A Beautiful Saturday Afternoon With You

As I am going about this early afternoon
there isn't much that I have to do today
except vacuum the floor and that is really all
and I'm thinking of how if you were here
I would rush yet do a good job so we could
sit back together and share with each other
a beautiful Saturday afternoon holding each other,
kissing, talking, reading, listening to music,
watching YouTube video and some movies
as well as sharing each other loves and hobbies.
A so long for a wonderful Saturday afternoon
along side you be it here or there with you
because I want to be with my Angel having a good time.

I don't know just what we would beyond snuggling
and talking along with sharing sweet kisses my darling.
I just know for absolute sure I want to talk with my lady
I so deeply love and adore nor does the talk
have to be about serious stuff and big issues,
we can set time aside for those talks which
we do need to have but a beautiful afternoon
truly is just for thoughts about anything and for fun.
I long to talk to my lady who has the most
intelligent brain that there is.
I miss you sweet one and want to spend time
holding hands and snuggling the hours away.

A beautiful afternoon where I want you to
lay down on your tummy and I will massage all
of your aches and pains to try and relieve them
as best that I'm able so you can relax
while we are reading a bit after.
I'll rub your neck and back which you will
have to guide me through so I don't put on
too much pressure making things worse.
Then massage your legs to release all that tension
that builds up in those muscles and last
but not least I would massage your feet
which I would never do for anyone else.

Just you my sweet lady because I'm so in love,
I will do anything to make my Queen happy.

Than I want you to just lay down and rest your
head on my lap and I will read to you from our book,
such a beautiful Saturday afternoon for me and you,
a beautiful day with my true love, my Angel
and my sweet Queen just surrounded in our
shared loving strength feeling fulfilled and safe.
A beautiful afternoon with my gorgeous woman
who holds my soul and my heart which are hers
as am I forever through time.

Oh my sweet darling Kira how I wish you were here
for a treasured beautiful Saturday afternoon together.
I so deeply cherish you and will always stand with you,
side by side hand in hand forever and ever.
God bless you my darling and feel me right there
beside you holding you ever so tightly
and in spirit will share this afternoon together in spirit,
listen so closely for my voice as I tell you
Kira you truly are all that I want
and will forever be right here with open arms
and a wide open heart because I so truly love you
and want to give you all of y love forever and ever.

Michael P. McParland

To My Special One 2

I send to you my special one these
great big hugs of pure warmth and total love.
Hugs with the sweetest kisses to fill you
and wrap you up in total reassurance and deep peace.
I send to you special one my heart and soul
for you to have and hold forevermore.
They are your because I am too and I want
you to have them because I trust you in total love.
My heart melts for you and I'm filled with
butterflies over the depth of tender gentle love I hold for you.

I send to you my special one all my warmth and love
with endless smiles to in hopes give you a smile
and make your gorgeous eyes brighten up and sparkle,
I so long to look within your eyes and let you see
my whole soul as you look in mine giving each other peace
as we see and bask in the glow of our shared and mutual true love.
I adore you babe I hope you just how much
and I give to you this great big hug as in spirit
I sit next to you and hold your hand while giving kisses
and smiling at you as I say I love you dear.

I send to you my special one all the special
and wonderful things I have and can right now
this way babe because you are my Angel Queen and everything
and when we reunite I'll you my very best
and all I have each and every day on earth
and into the next life spent with God.
I want to be with you giving everything through all time
because you are the most beautiful woman there's ever been.
I love you Kira and you truly are my special one
and I will stand by you through eternities time
standing up with all of my support and true love
walking side by side hand in hand.
I love you dear I so dearly truly do and I give
my whole life to you because you are my diamond in the rough sweet one.

Michael P. McParland

I Wanna Be Perfect (For You)

Kira you truly are my only one
and the woman I completely and truly love,
I want to be perfect for you in every way I can
because you deserve perfection and abundant love
and I want to give you all I hold.
Kira I wanna be perfect for you
because you are my perfect Queen and perfect best friend
and I never mean to bring or put you down in any way there is.
I think I miscommunicated yesterday because
it is of my own worries that I feel I may
be letting you down in some ways.
It is nothing you said or did because you treat me very good.
I just hold myself to such a high standard for you
because you deserve the most perfect love I have to give.
I wanna be perfect just for you because you are the best.

Kira I want to be perfect for you and never hurt
you in the slightest way there is and I apologize
in the ways I have in our fights and I know
there must be ways and things I don't know about
because as humans we can cross a line and not know we did
so I apologize for those as well and hope you
can tell me what they were one day.
I need to make up for them because you are my Queen
and I will strive to be as perfect as I can,
I want to be perfect just for you
because you are the Angel I adore and you deserve
so much more than you have received.
Kira babe please help guide me there so I can give you
constantly everything you truly need.

I wanna be perfect for you because you are
perfect to me as a blessing and a gift from
God in heaven up above,
you are perfect through the bond we share
and I adore you to no end.
I know I will still make my mistakes but I want
them to be so few and very very small.
In the beginning please remember that

I will be brand new to a relationship
and I ask your patience as I learn and there are
things you will need to teach me.
I love you dear and just want to be perfect
in every way because you are my Kira
and you are the greatest gem and gift there is
anywhere within the universe.

Kira I wanna be perfect for you and please
know that is the complete and honest truth.
I adore you dear to no end and I always have,
you truly are so very beautiful
and your spirit speaks to mine.
You glow so bright and oh so strong
that I can't help but be pulled toward my one.
Kira I wanna be perfect in full because
you truly are all I need and all I want
and I'll stick next to you through all time.

Michael P. McParland

Please Be My Sweetie Forever

You will always be my sweetie
within my heart and soul
and I'm hoping and asking if you'll
be my sweetie hand in hand forevermore.
I adore you babe you are my only one
and you are the greatest sweetie
any man can ever truly have.

Kira please be my sweetie for eternity
because you are my precious Angel
and you are my gorgeous girl
whom I completely cherish and treasure,
please be my sweetie for eternity
because each day I love you more,
please be my eternal sweetie
because I want to share all the
universe has and God offers with only you.
I love you Kira and I truly hold you oh so dear
so please be my sweetie through all time
because I want to give my very best
and self in whole to you and you alone.

Michael P. McParland

Morning Note 166

Good morning my beautiful
and precious sweet Angel dove,
I love you so very very very much
and first thing I want to tell you
today is that I never want to hurt you in any way,
you are my Queen and most
treasured true love and spirit
there's ever been,
please hear my hearts call
and know its truth because
I want you to be happy
and give you everything I have within me.
I'm never trying to hurt you
or make you angry in any way
because I only want to share
my life and heart with you
my precious Angel I so admire.
Please feel these hugs and kisses
that I send you and please snuggle
with me my darling so kind and tender.

I have been very lightly dozing
in these last few hours
listening to a Star Trek audio book,
I know I am a nerd so let's both smile.
My neck is hurting a lot and
I think that's why the headaches
are here sweet one.
I am just struggling without you dear
and I don't mean for that
to bring you down and I'm sorry
if it makes you sad or brings you down.
I just want to show you my trust
and my heart like I've said I would
and always wanted to.
I send you the sweetest hugs
and send you sweet kisses
as I forever stand by your side
giving all I have to my sweet Angel bride.

Just close your eyes and see my smile
and feel it's love surround you.
God bless you Kira you truly are
such a blessed treasure
and rest assured I never ever want to hurt you.

So my love will you come and snuggle
with me for a bit longer sharing kisses
so very sweet after I take some
Excedrin for my neck to feel better?
Will you come and let your Michael
hold you to tell you how very much I love you?
Please feel all of my warmth and love
as I send all of its tenderness to you
and feel me there holding you my gorgeous
and treasured girl.
Let's snuggle for a bit and feel
each others warmth on this
early Saturday morn
and truly know your Michael
cares for and loves you dear
and will never do anything to hurt you
because you mean everything to me sweet one.

Michael P. McParland

Holding Hands And Snuggling

Getting so very close to the earliest
parts of the morning dear I'm reaching out
to take your sweet soft hands in mine
and smile at you saying I truly love you dear.
I adore you so very much and want
to be your forever man as I will
stick by your side through all time.
Then I'll pull you in for a tender loving kiss
and we can snuggle through these last
late night hours and into the early morning ones.
I want to be here with you holding hands
and sharing kisses while snuggling with
the Angel I so love and adore to no end.

Michael P. McParland

I'm Missing My Angel

I'm missing my Angel and best friend so very bad
to the point that even though I'm extremely
exhausted and fatigued restless sleep is the best
that I get for very long stretches of time.
I miss my Angel worse than I've ever missed anyone
and I just want to wrap her up in my arms
and tell her everything is going to be alright
because she needs and deserves so very much love
and I have tons upon tons to give
and I want to give every last bit just to her.
I'm missing my Angel so very bad because
I love her more and more everyday,
she's my diamond in the rough a true precious jewel.

I'm missing my Angel and lately I've been doing
so very much crying and asking God to help
her know just how much I care for and love her,
to help her feel my arms around her with sweet kisses
and my loving strength and warmth fill her more than usual,
I have been crying while trying to sleep
asking him to bring back my most beautiful woman
and blessed best friend and Angel.
I'm missing her so badly that I'm not even going
to try and sleep anymore now because it's impossible.
I'll just get up and read imagining she is right beside me
while I send her all of my deep love and tender caring.
God bless that woman my precious Queen I share
a deep spiritual bond with.

I miss her so much and what's not to miss
when you know she is the most beautiful and very best.
It's so hard and painful having to wait for
those sweet kisses and hugs God has promised,
I hope she knows that I will stick to my promise
and stick by her forever and ever,
I'll never leave her because she is my everything,
I'm missing my Angel so very badly
that sometimes all I can do is lay down
and turn on my audio books and music doing nothing.

I miss that gorgeous woman more than anything
and love her above all else in heaven or the universe.

I'm so so very tired but no sleep will come
because my heart seriously hurts
with how bad I miss my Queen a truly magical
woman of immense mystery whom she reveals little
to many but has let me in in the same fashion
I am and have done for her and it means everything to me
that she has as it makes my heart sing in true joy,
she is my precious Angel who I'm missing so badly
and feel the most tender and caring love so very deeply.
I want her to know just how much she means and important she is
so baby I send you these kisses of true love
with great big hugs of pure warmth to wrap you up
in my peace and strength to help reassure you
I'm with you and will be forever as well as help
you get some good rest with us together in your sweet dreams.
God bless you my Angel I so deeply love you
and completely miss you and am here waiting with an open
heart and open arms for my sweet beautiful lady.

Michael P. McParland

Evening Note 87

Good evening to you my sweet dear
and how I wish I could talk to you
and we would snuggle if you liked my dear.
I know I want to kiss and snuggle
and I hope you do as well
because I so want and need to have you near.
I'm exceptionally tired and in pain right now.
I'm missing you already and my heart
is intensely throbbing in deep longing
to see and be with my gorgeous Angel,
I want to gaze into your eyes
and both of us can release it all.
I want to share my entire world with you.
And then the pain of being called crazy,
I don't mean you of course but you know
how deeply that one cuts me babe
and I feel deflated after that.
I'm so very tired, I miss you bad,
and being called crazy is easy
for some to shake off but it's hard
for me my sweet Angel dove.
It puts my heart in pain so very bad
and I wish you were here to hold me close.

So my sweet dear as I reach out
to you please reach back to hold me too.
I miss you bad and want to be with you.
I'm so very sorry but I can hardly
keep my eyes open now and want you to know
that I will always be with you hand in hand,
feel me beside you holding you close.
Let's give each other much needed comfort
and share some kisses as we rest our heads
right next to each other in total comfort.

Michael P. McParland

I'll Never Leave You 2

I'll never leave you babe
because to me you are a treasure,
a diamond in the rough I want to hold
forever and ever.
You are all I'll ever need and want because
you are so very beautiful.
You are my Angel and my Queen
and I'll never leave you because I truly love you.

I'll never leave you Kira dear because
that would break both our hearts
and just the thought of it makes me know
how deadly that would feel,
I can't take the thought of you all alone
crying and feeling betrayed because when you cry
I die inside as I hate to see
my sweet Angel dove in any pain at all.
And then the thought of totally losing you
is a fate so unbearable I can't even
envision it truly my sweet dear,
I think I would break completely
because a life without you is something I could not
comprehend and tolerate within.
I've already fallen apart in so many ways
that if I lost you in full I'd surely lose my mind in full.
I'll never leave you Kira my sweet one
because I want us both to be happy and totally fulfilled.

Kira I swear I'll never leave you, push you away,
or let go because you are my only one,
I adore you so very much and have nothing for you
within me but true, caring, and immense tender love.
I only want you my sweet Angel bride
because you are my Queen and I will stand by you
through all time giving all I have because you're the best.
You are the one who holds my soul and heart
and I'll never leave you because you are my soul, my heart,
my very essence through and through
my sweet Angel so very good and right.

I'll never leave you Kira this I swear because
I am your Michael and yours alone through all time
dedicated to you and no one will ever be able to take my love away.

Michael P. McParland

Longing So Much 3

A very good late afternoon to you
my sweet Angel dove and I truly wish
with all of my heart and soul that you were here
to spend time I each others arms before
I get up in a few minutes to cook dinner.
I'm longing so very much as I think of you
and just looked at your picture to have you right here
giving kisses and hugs in the deepest and most profound ways.
I am longing so very much to just sit by you
kiss your lips, cheeks, and soft neck
telling you I love you so very much.

I'll be cooking spaghetti for dinner
so I hope that is something you like my sweet lady
and it is an easy clean up so afterwards
we could just snuggle and watch a movie together.
I'm craving some time with my Kira
and I am longing so hard to finally see you
and be with you just holding you closely.
I am yearning with a deep throbbing
to just snuggle with you kissing, talking,
reading and just spending time doing whatever.
I'm longing so much to be with you
on this late afternoon and through the whole evening
eventually sliding in bed together
to fall asleep with your head on my chest
as we hold each other so very close.

Sweet sweet Kira how I am longing in my souls tiredness
to be with you my soul mate and best friend so treasured,
my Queen and Angel whom I give my everything
and will stand by forever and ever never leaving
you all alone feeling broken and abandoned
because I love you so much and it tears
me apart knowing that you are hurting.
I love you sweet Kira and am longing to be with you so very badly
so just feel me in spirit right beside you
giving sweet kisses and holding you and your hand
ever so tightly.

Michael P. McParland

Love Note 406

A truly beautiful and good afternoon'
to you my beautiful Angel I deeply adore
and how I so very wish you were here
to sit with me in each others arms right now.
You wouldn't want to watch the YouTube
video I and because it's a very long one
on true life horror stories so we would find something
more to your liking so we could both enjoy.
I miss you sweet baby and wish you were here
to snuggle up and hold hands while we
watched the videos and sat and talked.
Darling I want to make clear
and reassure you that I am not saying
that you are making me feel like I'm failing you,
I'm not saying that at all and remember
if something doesn't make sense please
ask me to explain instead of worrying
or over thinking the situation,
it is me through my own worries and fears
that is afraid that I may be letting you down,
I'm saying you are so good to me
and it just hurts when I know you are upset
just as I know you hurt whenever I have yelled
and been upset,
please don't feel down because I was just saying
I hope I give you deep comfort as well
as I send all of my loving warmth with
deep strength and immense care.
I hope I am doing for you in your heart
and soul as much as you do for me.

I love you my lady and you truly mean
more than anything else to me,
I want you right here to hold so very bad
that my heart is aching fiercely
my sweet Angel and diamond.
I so long to be with you giving my everything
and quite often like now
I feel the tears at the surface

because both of us are so hurting,
Kira I want you more than anything
and to just write my messages
and poem in the dozens each day to give
to you directly because I want
only you to see so much
of the deepest things
I am thinking and feeling,
I just want to share with you my dear darling Angel.
So hear my hearts call as
it sings out in full voice
and know that I'm so truly proud of you
and would give anything to be with you forever and ever.
Kira you are my soul mate, my hero,
and my God blessed Angel and my heart melts for you
every day over and over,
I will always stand by you and be
your dedicated and loving Michael
because I so truly adore and love you
my rare gem and diamond.

Michael P. McParland

Waking Within Your Arms

Oh my sweet love after a very restless night
of very bad sleep I tried to lay out here on the couch
in hopes that it would be more comfortable
here in the day to get some better sleep
and to some degree that was true my sweet precious you
except it was very restless at points too
because the cats were bothering me big at points my dear,
especially Caesar the little 5 year old kitten in spirit
who's 17 pounds of pure muscle and mischief
and he kept waking me over and over until
I've now gotten up because he will keep doing it
and I want to talk to my darling
and I wish I could be doing it while waking fully
in your arms so truly strong and loving in every way,
I'd love to be waking in my best friends arms
sharing kisses oh so sweet and good.

Sitting back here on the couch as I have risen
and I feel not so much tired but groggy
from the sleep I have just come from
and would love to shake off in full within your arms
while looking in your eyes and saying
I love you babe you truly are so good to me
and if you feel the same about me
I'd really like to hear it because I worry so much
that I am failing and disappointing you.
It's not anything you say or do except when I know
you are mad at me it is almost 99% my worries
that I am not doing good enough and failing my sweet Angel dove,
So I would like to spend this afternoon waking
within your arms as we comforted each other
and our hearts and souls.
I wish I were waking in your arms because you are
my Queen and true hero best friend.
Kira you are my universe and everything.

Kira I hope you'll come soon so I can sit here
and wake within your arms as we kiss so sweet
and hold each other close,

I miss the woman I love more than anything
and for whom I'd give my very life
I want to be waking in your arms because
you are my gorgeous girl and diamond in the rough
and I hurt so bad to have you by my side,
I don't want you here just in spirit but to hold and have
as the wonderful woman and soul mate I've always wanted.
So feel me there beside you as I am waking
bit by bit within your beautiful arms of your spirit
and giving kisses we both so need and are craving.
I love you darling and you are the only one that
I am craving and hope so soon that we will
be granted the wish that we've so been needing
and very badly wanting.

Michael P. McParland

Morning Note 165

A very early good morning
to you my sweet precious dear
and I hope you got some good sleep
also seeing me in your dreams.
Snuggling and kissing while talking
knowing all is okay because
we are with each other.
I adore you sweet lady
and in spirit I am holding you
and wish I could be in person.

It was an extremely restless night
for me and I've not gotten one bit
of really good sleep and am going
to lay on the couch and watch NetFlix,
listen to music, or one of my audio books
and dream of you being with me
holding each other so tightly.
An early morning snuggle with
my beautiful best friend Kira,
my Angel so very special.

I don't know how long I'll
be sleeping and maybe just napping
but remember I'm with you
my Queen of light of whom I'm so adoring,
feel my arms around you and
my sweet kisses covering you all over
in passion and true love of pure delight,
please my dear darling please, please,
please come so soon because I love you,
I love you, I love you and want
to be holding each other so very badly.
God bless you my darling
and feel me right there with you
the entire morning because you are my everything
and eternal Angel I so adore and am fond of.

Michael P. McParland

Middle Night Snuggles With Kira

Waking here my sweet one in the middle
of a very restless and deeply tired night
I just want to be able to reach over and pull you in
for a very tight and warm snuggle while
sharing kisses so very kind and sweet,
I want so bad to feel you next to me
and just snuggle here in the middle of the night
with my gorgeous Kira my Angel of true love
and light I so adore and want to be with forevermore.

It's such a very restless and tired night
my sweet and precious diamond in the rough
and feel my arms around you as I reach out
to pull you in and give you kisses of deep comfort
and reassurance to remind you that I'm never leaving,
feel my hand in yours and see my loving smile
and gaze into each others eyes knowing that
when we are together everything will be okay and better.
I love you babe and want to share a middle night snuggle
because my heart aches so very bad to be with precious Kira,
my true love and only Angel who I would give my life for
no matter what the reason because she is so very wonderful
and my amazing woman.

So my sweet sweet Kira how my heart reaches
out to you for so very many reasons
and most of all to comfort you because
I want to know just how you are,
you don't know the depth of my longing sadness
and worry I feel for you and I just want
to hold you close so bad and let you know you're safe,
I want to give you all of myself in complete
and total free choice,
I want a middle night snuggle here with my goddess
and my beloved precious Angel.
I send you many many sweet kisses and a snuggle
full of pure and loving warmth
and never forget your Michael will stand by you
through all time never to depart.

Michael P. McParland

I Love You Kira 15

I love you sweet Kira,
you are my sweetie and precious jewel
my heart calls out to you.
You are my everything
and my only one,
Kira I love you because
you are the greatest,
my Angel, and my very best friend
whom I adore to no end.

Michael P. McParland

Goodnight Kiss 21

I send to you this goodnight kiss my sweet one
with great big hugs full of all my warmth and love.
A sweet goodnight kiss to say I love you
and care so incredibly much.
I can feel and know you're mad at me dear
and I do not know why when I'm just being
open with you about all that I think and feel.
I love you so much and just want to hold you so close
spending every day of our lives side by side
hand in hand as the best friends that we truly are.

So I send you this goodnight kiss feeling
a bit sadder knowing you are upset
when I love you so very much and would
give anything to have you here for kisses and snuggles.
Feel me beside you giving all of my caring and loving
and feel me holding you and your soft tender hand so caring
and be filled with my strength, peace, and loving warmth.
I love you Kira and you truly are my sweet Angel
and I send you this goodnight kiss
so full of deep caring, want, and longing.

Michael P. McParland

Lying Here Longing For You

Lying here sweet babe and my neck is hurting,
the arthritis is slightly popping,
and the headache is just right there
under the surface and I'm praying it won't be returning.
All the while I am longing to have you here
to kiss and hold giving my best and all.
To just gaze into your eyes and say I love you babe,
Kira you are my Angel, Queen, and most beloved
and dearly treasured best friend.
I'm just lying here so very tired dear
trying to find the perfect thing to listen to
in hopes of soothing me a bit all the while knowing
I'll keep longing for my only dear.

Just lying here my sweet one and longing
to have you within my arms snuggling
and kissing like two best friends in love.
I'm missing you and as I lay here in pain
I'll be dreaming of you to help it
seem lighter and not as bad.
I love you my Angel and will stick by you forever
so have no worries because your Michael
truly loves you and is holding you forever and ever.

Michael P. McParland

A Prayer For My Love 4

Dear God almighty above all
I come bow down before you now
to ask these things for and to help my Angel Queen,
to reassure her of so very much
and help her know truths within
her golden precious heart.
I ask thee dear God for these things
and thank you now for I know
you will do them and help
your very special and beautiful Angel Kira out.
I know you created her so very special
and before all else help her to know
just what a beloved Angel she truly is.

Dear God I do not list in order
of any importance over the other
but just as they come to me and ask you to help her.
Please help that special woman to know
that she truly is so very beautiful.
Both within and out and please help
her to see that to help lift her confidence.
She has such a gorgeous heart and giving soul
that I truly treasure so very much.
She has such gorgeous eyes and a beautiful smile
and is just wonderfully pretty in all ways.
Help her to know that her Michael adores her so
and finds her so attractive and wants to hold her near me
giving kisses and endless hugs everyday through all time.

Dear God please help her
to truly know she's not alone
because you are always with her as am I.
Help her to know and accept all the love that
she is given knowing she deserves it as much
and more than any person.
Dear God help her to know that I've also
through the many years been so alone
and I have so very much love to give
and I want to give it all to her with pure intent,

help her to know I will always do my best
because I want to make her proud as my Queen
and as the very best.
Help her to know she's not alone and that
I'll never leave because she is my diamond
in the rough and I adore her in full so very much.

Dear God please help to relieve her pains
in every way there is both what I know
and what I don't, physically, emotionally,
and mentally, all the stress that she carries,
please help her to know I am right here to talk
and want to hold each other healing both our hearts.
Please dear God heal her body so she will feel
free and good to run and be able to walk
and move freely just as she feels and wants.
Please just help lift her burdens
in all things and if needs be I will carry them
because out of love I hate to see her suffering
and I want to see her free and happy of all pains
because she's my Angel and my everything.

Dear God please help her to know just how much
I truly love her so and that I hurt so bad
because I'm filled with tender caring love
and miss her more than anything.
Help her to know she is my hero, my Queen,
my best friend, my Angel, and the greatest woman
I share such a blessed bond with.
Please help her know that I adore her in full,
miss her, and want to spend eternity by her side
because she is my universe and great sweet Angel bride.

So dear sweet God almighty as I wrap this up
please just bless that woman to know
in every way that she is so special and truly loved.
Help her to know she is treasured and cherished
by not just me but her kids and others whom I don't know,
she is a gorgeous woman with a gorgeous heart and soul
and please always watch over her,
help her to know I'm always by her side
holding her and her hand giving kisses and endless

support which I always will.
Dear God please help soon to present our path
to eternal happiness because I miss her so very much
and without her I feel I am breaking apart.
Please bless my Kira dear to help her know
that her Michael will always be with her forevermore.

Amen.
ILYF and ever Kira my sweet Angel dove.

Michael P. McParland

An Aching Hearts Call

I have an aching heart that's so in love with you,
an aching heart that calls out and sings
all my favorite love songs in full.
I reach out to hold you close and hold your hand
and to also put your hand upon my chest
to feel my hearts living beat for you.
You are the one I love so much and want
to look in your eyes as I hold you so very close
and say I love you babe you truly are the best.
Oh my Kira love I truly miss you bad
and in my hearts very painful ache
it calls to you and say I love you
please come back and hold each other while we talk,
kiss and spend our lives forevermore
in complete and total bliss.

Michael P. McParland

An Evening Holding You 2

It's now dinner time here my sweet dear
and I wish you were here to join me my babe.
My mother cooked dinner tonight
and she is a wonderful cook my sweet Angel dove,
I would love to sit with you and enjoy our meal
and afterwards I would just hold you near.
We could read to each other and share
the sweetest ever of kisses
and find a good movie to rent or buy
that we can enjoy together.
An evening spent holding you is the magic I want
and feel so very calm and safe with my Kira
whom I share a treasured and sacred bond with.

Literally an evening spent holding you as long as you want,
just curl up in my arms and get cozy my dear.
I so adore you and treasure you I need you with me
and I want to give you all of the love
you've always wanted and need.
Don't you dare think that you're not deserving
because you deserve all that love as much
if not more than anybody and everybody I know,
You are so wonderful and amazing and I want
to give you all of myself freely in full
because you are my Angel and treasured blessing from God.

Kira I want to spend an evening with you in my arms
and many many more holding each other and taking
much needed separate turns.
I am a man that has no problem admitting that
he needs to be held by his darling woman,
the macho posturing of other men is stupid,
pathetic, and totally not me as you know.
I want to spend an evening holding you
and you holding me because you are my hero and Angel Queen.
God bless you my darling and in spirit feel me
put my arms so tightly around you as we
share kisses so sweetly and I give to you
my heart and soul ever so freely.

Michael P. McParland

Just Missing You So Very Very Much

Kira dear I'm just missing you
so very very much because I hold you
so very dear and near within my heart.
Even though it's been so long since we actually
saw each other face to face in so many ways
with how comfortable I am with you
it feels like no time had really passed at all.
I miss our conversations on the phone
and through email and typing anywhere we pleased,
I just miss you so very very much and my heart
and soul hurt so bad to see, talk,
and be with you my beautiful Angel Queen.

Kira I did lay in bed last night extremely tired
and in deep aching pain from missing you
my sweet Angel dove,
I lay here crying until I finally fell asleep
and it was restless as in my dreams again
I didn't lose you in any way but I felt
your absence and it is a feeling so very bare,
remember dear you don't make me sad
not having my Angel who is my best friend
is what is so painful babe.
I miss you so very very much that quite often
sometimes in my sleep I either lose you
again in my life in some way or I just
feel empty without you there.
I miss you babe and will be sad in a profound way
even on the happy days until you are
here with me in each others arms sharing sweet kisses
while smiling and gazing into the others eyes.

Kira I'm just missing you so very very much
and I don't know when I will cry again
but I know it will happen because I am not with my Queen,
rather they are the dry type where you
have all the feelings that you are
but no major wetness comes to your eyes,
or be it just light tears running down,

and sometimes outright weeping and sobs
I will cry because I miss my babe and to you
I'm not ashamed to admit I do or even show
that side of me because I trust you and you've
always understood knowing I don't reveal that
unless I feel a deep friendship
or like with you a deep and profound love
I can't bare to ever lose.

I'm just missing you so very very much because
you are my only one and diamond in the rough.
I adore and treasure you and give to you
my entire heart, soul, and very life,
I want to give you the love that you may not realize
you deserve but you truly do and I want
to give all the love I hold to you,
I will always stand by my Queen who means everything to me
and I will hold close and keep safe
through all time forevermore because you are
all I want and all I need to fulfill my life.
Kira you are a blessing and a gift
and I will never stop loving you because you are
my Queen and the very best there is.

Michael P. McParland

A Beautiful Mid Afternoon With My Beautiful Angel

Good mid afternoon my beautiful Angel
and most beautiful and adored best friend
and I pray your day has been going well
and have felt me right there by your side,
I love you so very much and am always with you
everywhere giving you all of my loving support
no matter where and no matter what.
You are my guardian Angel and I am yours too
and I will be there for my best friend and true love
all the time no matter what through and through.

I want to thank you as ever for your care
and loving understanding to be patient
and help me through a very painful migraine.
Thank you for realizing how much I needed the rest
from the headache and the heartache from missing you as well,
but we can talk about that later when I return from the store,
never to yell or make you feel down but just to share
how I feel and right now the deep sadness
and tears from the deep sadness to despair of missing you,
just as I will always share my abundant happiness too
though that will come when you are here
and I wish you were here to spend a beautiful afternoon
first going to the store and then sitting with me
for some snacks when we arrived back.

I will write you very shortly probably even
right after I arrive home to brighten both of our days
with the love that I feel through kisses, hugs,
and loving words to soothe the heart and soul.
Remember I'll never leave you or hurt your heart
because you truly are everything I need and want,
I am your Michael and you are my Kira an Angel so good,
I ask and hope that will not leave me
and please don't keep pushing me away,
I want you in my life for eternity every single day.
You are my Queen and that's the greatest thing there is to me,
I will keep standing by you because you are great.
I love you Kira so please hear my heart,

it will only ever be to you that it calls.

Michael P. McParland

Love Note 405

Kira babe as I lay here
with yet another pounding headache
I want to say I love you babe
even though you may not
believe it right here in this moment.
I truly don't know why
they've been hitting me
so very bad and I wish
you were here to lay
down by my side as I beat them out.
I truly love you dear
and am right beside you
holding you so very close
hand in hand giving you
the sweetest kisses that there are.
Feel all my warmth and love
as I send it all to you.

I love you Kira oh so
very much though you may
be upset and hurting now,
I hurt just as bad as I did last night
and wish you were here to lay
with me and then afterwards
go go get some shopping done
I so truly adore you you
my gorgeous precious one.
So feel my hand in yours
and all the sweet kisses
and big hugs that I send
and remember you're not
alone because I will always
be right beside you
my gorgeous sweet Angel bride.

Michael P. McParland

Tired Snuggles And Tears

As I lay here so very tired and worn out
my pillow is wet from a long session of crying here,
I miss you so much and my heart badly hurts
I wish you were here to snuggle with
and gaze upon as I told you I love you,
want you, and need you forever and ever.
In these tired and lonely tears
I just want to be with you holding you near.

I am so tired and remember sweet darling
it isn't you that's making me sad
it is missing you that's so horribly bad.
You make me happy and feel so very good
and I pray that I make you feel that way too,
I love you my darling I truly do
and I want to just lay next to
and release these tears in front of the woman
I know understands and would never make fun of me
or say cross words when I'm showing my softer side in front of you.
I just want to be here holding you darling
because these lonely tears are so suffocating.

Tired and lonely tears which can only be stopped
and healed by snuggling with my lady
and sharing sweet kisses that soothe the heart
as both of ours as well as our souls reach out and touch.
I can tell my tears are not done tonight
until probably when I fall to sleep.
So I need a good story on audio book
and I wish it was your voice I would be hearing
reading your gorgeous works.
You're all I want and to look at and smile
knowing all is alright in the world.
So my sweet darling feel all of these sweet
precious kisses I'm sending and in spirit
hold each other so very tightly.
You are my Angel and goddess supreme
and I just want to have you here to help stop
these tired tears that come from missing you

my most beloved Angel and Queen.

Michael P. McParland

Love Note 404

Sitting here with sweet
thoughts of you
and sending sweet kisses too,
feel all of my love
and all of my warmth
as I reach out to wrap you up.
Know that I'm with you
and am not letting go
because I am your Michael
and you are my sweet Angel
forevermore.

Michael P. McParland

Tired And Aching

Sitting here dear and feeling so very tired
aching so so very badly to be with you,
I don't even know how to describe or explain
just how badly for you I ache and yearn,
to just hold you so tight
and not just for me but to comfort us both,
to look in your eyes and tell you
everything is going to be okay from now on
and everything is alright.
I love you sweet Kira and am so very tired
as I am aching, longing, and yearning
for my only one.

Sitting here thinking of your beautiful face
as you smile at me and your eyes so brightly beam.
I'm sitting here and I can feel you so close
and that is the only thing keeping
me together right now and not falling apart,
in the tiredness I feel it would not be hard
to just start crying non stop.
I thank you sweet one for all of your
loving care and deep strength that I feel.
I hope all of mine provides you as much peace
my sweet darling dear,
I hope knowing I'm with you hand in hand
giving kisses so sweet and holding you tight
to give all of my loving warmth helps you
at least just as much.
I love you my Angel and strive so very hard
to make you happy and proud giving my best
and my everything in full.

I miss you my darling and just want to hold you
to help heal your broken, scared, and aching heart.
Together we can and we will help heal
with true acceptance and unconditional love
each others aching and longing hearts.
We are best friends and in need of each other,
I am so tired and miss my baby.

I am so tired and want my dear Angel Kira
the woman I've known and wanted forever and ever.
I love you my darling and want you to
lay with me kissing and snuggling.
I need your touch from innocent hugs and kisses
to that of true best friends and lovers
with a strong bond that will never be shattered.

I am so truly tired and aching my sweet Queen and Angel
and I would give anything to be right beside you,
I can feel you and smell you and it is so lovely
and it is what's keeping me calm my precious lady,
I hope you can feel me just as strongly.
I miss you my Angel and am so filled with
need and true want to be with you
and I don't know how to describe or explain it.
Just know that I love you and surely will never
leave you because you are my divine Angel and hero
whom I want to be with through all eternity.

Michael P. McParland

These Sweet Kisses

Sweet sweet love I send you these
sweet kisses of deep loving longing and yearning
to be with you and be wrapped in each others arms.
To spend a quiet evening talking, reading,
watching movies and all the while kissing
and letting each other know how in love we are,
I send to you these sweet kisses my sweet and darling Kira
because I so long to have you in my arms
to help you know you're truly not alone.

I send these sweet kisses to you because
I want to spend every day and night holding you
so very close to me as we spend time
and just get to know each other better and better
as we share our entire lives.
I's for only you that I want to tear down my walls
and share my world with you complete,
total and in full.
It is only you that my heart aches and hungers for,
I send these sweet kisses to my Angel dear
because you are my only one.

I send to you these sweet kisses
of deep and caring love,
feel me there beside you as I so tightly pull you in.
I adore you so very much
and I hurt so bad to have you close,
Kira I send to you the sweetest kisses
because you truly are the best.
I want to spend my life with you
and will never break your heart,
I will never leave you all alone
because I adore, respect,
and love my Queen and best friend so very very much.
I send to you these sweet kisses
so full of caring love
because you are my everything
and my sweet Angel dove.

Michael P. McParland

I'm With You Forever

Darling I'm with you right now in spirit
and I will forever be in spirit, mind,
and the tender depths of my very heart.
I'm with you because you are the one I love
and my heart melts for you as everyday
my love and dedication grow for you.
I'm with you and you are my one
as I give you myself and my life in whole
my gorgeous and treasured sweet Angel dove.

I'm with you forever dear this I swear
because even the thought of losing you
shatters my very mind and heart.
You are all I need and want and want
to stand with you side by side
hand in hand through all eternities time.
I adore you babe you are a treasure
in the deepest and most profound ways
and I love you so very much my Queen
and divine diamond in the rough.

Kira I'm with you and I just want to hold you near,
I hope you know you are the only one
I'll ever give myself to and share in any
and all special ways because you are my Angel
and I so truly treasure the bond we share
as best friends and great soul mates,
I'm with you because I'm your Michael true
and since the start I knew it was you I wanted dear.
I'm with you because you are the one I truly want
and the only one I crave for and desire,
I'm with you because you are a gift and total blessing
and I thank God everyday to have such
a gorgeous woman and divine treasure give me her love
in return and completely unconditional.

Michael P. McParland

Beautiful Afternoon Dreams

Sitting here eating my lunch as I write
you my dear as my stomach was screaming
at me about how it needed food
and after paying almost all of my bills
except the few I'm waiting for
I'm pretty much cleaned out for the month
except for maybe a few little things
I can get here or there and if you were here
with me babe I would still buy you your robe
because another very cold stretch is coming through
and I want you to be so cozy dear
and right now my afternoon dreams are of you
curled up in my arms as we spend a beautiful and quiet
mid afternoon in each others arms kissing
and spending time doing so many things
reveling in the warmth and bond that we share.

Afternoon dreams of just holding you
and looking in your beautiful eyes
getting lost in the depth and universes
of pure, true, and endless kind love that you hold.
Caress your cheek as you brightly smile
and I tell you I love you and never again
will you be alone because I will forever
stand right by your side hand in hand
giving all of my love in the very best ways
that I always can because I just want to make
you my sweet Angel so very happy and so very proud.
I want to give you all the happiness and love
that you have always deserved.

So my sweet love feel all of my warmth and love
as I send it your way with millions
of kisses and big hugs of pure loving warmth.
As I sit here continuing to eat my lunch
I will be dreaming of me and you spending time
side by side and hand in hand,
then after I am done being a pig just
snuggling with you on the couch holding you ever so tight.

Dreaming of all the beautiful afternoons
I'll be sharing with beautiful you,
feel me beside you as I pull you in so very tightly
and feel my hand in yours as I give you these kisses so very sweetly.
I love you dear Kira you are my everything
and never forget I am your Michael through all eternity.

Michael P. McParland

Love Note 403

Good afternoon my sweet Angel dove
and thank you for all of your patience
today my sweet one.
After a night of completely restless sleep
and the wrote you about morning snuggles with me
I lay down my head and felt your loving strength
and warm caring so extra strong that
I fell asleep until about 10 minutes ago.
I had to shake off the groggy sleep
and wake up a bit more here so I could
clearly write you.
I love you so much and hope you
can feel it as I send it all
with my warmth straight to you,
feel all of these sweet kisses
and big hugs of pure loving warmth too.
I love you my sweet Angel so good
and I wish you were here to sit with me
and join me as I sit and figured the bills
and had a late lunch while I snuggled with you.

I hope your afternoon has gone so very
well and you have truly felt me there beside you
holding you so very close my hand within yours
as I gave you my smiles of true love
that are just for you,
God bless you sweet darling and I apologize
if you are feeling down and sad
and again I truly thank you for
understanding my need to sleep.
I now just wish you were here to snuggle with
and forget the world for a little while.
I just want to spend time with my Queen
who truly matters,
I want to be holding my Angel
and sharing the sweetest
and most meaningful kisses.

So my sweet one I shall now do my bills

and before my lunch I will write
you again to let you know how
all goes and fares for me,
know I am with you always and right beside you
giving you kisses while holding
your hand and holding you so very tight
and close to me.
Feel the thankfulness within my spirit
as you close your gorgeous eyes
and see my loving looks and big smile.
Remember you're not alone
and that I'll never leave you
because I am your Michael
and I so deeply love and adore you
my precious sweet blessed Angel.

Michael P. McParland

Morning Note 164

A very early good morning
to you my beautiful one and I hope
and pray that you felt all of
my warmth and love getting some good sleep
as I was with you in spirit
holding you close and giving you
the sweetest of kisses with my
deepest and most tender caring thoughts
to go with it.
I pray you hears me saying many times
Kira I love you and you are truly
amazing and so very deeply special.
I love you sweet lady and miss you
so deeply.
I wish that I could reach over
and pull you in closely
to look you in the eyes deeply
and say thank you for being here
and being my precious lady,
thank you for being my best friend,
my Queen, my hero, and my blessed Angel.
I will always strive hard
and give my best to be and do
just as much for you.

It was an extremely restless night
of not very good sleep so very light
tossing and turning with still
so much on my mind my sweet one
so I'm going to lay down again for
just a bit more before getting up
to eat a bit and do the bills,
then be up a bit longer writing to you
and perhaps I can afford a new movie too
then cat nap in the afternoon.
Those are thoughts and worries
for later though as right now
all I want is to snuggle and nuzzle with you
sharing kisses as we comfort each other,

an early morning just lying in bed
holding my lady.

So my dear darling I wish you
an early good morning
and feel me wrap my arms around you
giving the sweetest kisses
and big snuggle as I lay beside you
to give you all of my strength
and tender love,
just feel me beside you my Angel
holding you so very close
in my longing need to just
have you beside me knowing
that all in the world is right and good.
I love you so very much
and just want to spend a bit longer
right here in bed as I cuddle my Queen
and let you know just how very much
you mean to me.

Michael P. McParland

Goodnight Sweet One Come Curl Up

Goodnight sweet one and come curl up
within my arms and share a few sweet kisses
before we fall asleep.
I am so very tired and it might be a busy day
because I get paid and have to do the bills
and if weather permits run around a bit
so I want to snuggle in with you
sharing some kisses so very good and then
have you rest your head upon my chest
while I pull you in and stroke your hair
and rub your back while we listen to
an audio book or some classical music
it would be your pick.
Goodnight sweet one I am so very tired
so come curl up within my arms
and we will both feel comfort in the love and warmth
that we will give each other.

I will hold you tight through all the night
so feel me there right by your side,
I'm sorry for this shorter message
but my eyes are drooping and I need
to and want to be as fresh as I can
so I don't mess up on my bills and can be focused,
I wish you could go shopping with me
and I would buy you your own robe
matching but of a different color
so we could wrap up together.
I miss you babe and I also want to sleep
because my heart is badly aching
and I want to see you sweet one in a dream.
I'm so in need to have my Angel near to me.
So I wish you a beautiful goodnight
and I will write you as soon as I have risen,
God bless you my gorgeous woman
and feel me beside you because you'll
never ever again be alone.
I adore you dear and my heart will
through the night sing to you

so take comfort in all its songs because you
are all I want and my darling Angel only one.

Michael P. McParland

Lying Down Together Before Bed

Come my sweet dear and let's lay down
together and snuggle before bed,
I want to share sweet and soft tender kisses with you
and just feel the warmth of our shared
caring love as we gaze into each others eyes
wearing smiles so truly comforting
expressing joy and pride.
Come my sweet one and let's lay down together
snuggling before bed time and sharing sweet kisses
so passionate and tender.

Come my sweet darling and curl up within my arms
and lest we should fall asleep rest your head
upon my loving chest so I can hold you so close
and rub your back while stroking your hair,
I'm going to try not to fall asleep just
here and yet at this moment we're in
but if I should I want you to be so closely
tucked in next to me feeling all of
my warmth and love as we just snuggle away
all loneliness and any lingering fears.
Come my sweet one and let's snuggle and kiss right now
because I want and need to feel my Angel beside me
and all of your loving warmth and deep strength.

Oh my sweet sweet Kira how I long to have you
right here in my arms seeing you smile
and feeling your lips upon mine,
I just want to be holding you as this night winds down
letting you know through my words, my looks,
and my snuggling kisses how much I love you and care.
You truly are my sweet precious darling
and it is for your presence and love
I am so strongly starving.
I love you my darling and please come
so tightly and closely snuggle with your loving Michael
because I want for both of us to feel comfort
knowing that we are right there with each other
wrapped up so very tightly and lovingly.

Michael P. McParland

Looking At Your Picture 4

As I just had to restart my computer
when the desktop came up there you were
with that gorgeous smile and sparkling eyes
that always bring me to a stop.
A stop of longing and a stop of love,
a stop of want and need for my only one.
Believe it or not you truly are so beautiful
and I wish I could so gently take your face
around your soft cheeks within my hands
to say I love you babe and kiss you to show you
and help you feel all the love and tenderness I hold for you
my sweet Angel dove I so adore.

Oh my sweet dear there are times in those
very tough and lonely nights where
I'll just look upon your picture and talk awhile.
I don't care if to anyone it sounds nuts,
most think I'm crazy anyway and I know
that you can sense and feel my loving warmth
and it helps me in some manner in some way
to look upon you and say you are beautiful my Angel dear
and I love you more than anyone can ever know.
Kira you truly are my sweet Angel Queen
and I'll be beside you everyday through all time
hand in hand holding you within my arms.

Kira you are beautiful and I don't know
how you don't see that you are with
the entire person that you are,
you know most of if not all the ways you drive me wild
and to look upon your picture helps
give me some peace to know that one day
I will closely hold you and deeply kiss you,
I'll get lost in your eyes as I tell you
that I love you and show you my soul
as all my walls tumble down just for you my dear.
So as I look upon your picture my heart feels a joy
but also a deep aching longing to be
with you right here and now.

You are the only one I'll ever want and need
and I just want to hold you near right here with me.

Michael P. McParland

Sweet Evening Kisses Just For You

Evening kisses straight to you
my precious darling dear,
evening kisses just for you
my Angel I so adore.
I wish so much you were here
curled up within my arms
so I could look into your eyes and say
Kira you are my everything and I truly
love and treasure you.

I send you evening kisses
because I adore you deeply so,
everyday my heart melts for you more and more.
I truly cherish you my diamond in the rough
because you are my best friend and my only one,
I am the luckiest man that's ever lived
to have my treasured one,
I truly love you so very much
and send sweet evening kisses just for you.

Michael P. McParland

My Beautiful Angel

You my sweet lady are my beloved beautiful Angel,
the crown jewel of my heart and an absolute treasure.
I adore you my darling and long to be with you
holding you so very tightly to thank you
for your prayers and loving strength as I beat off
the last of this headache that without your
prayers and loving warmth could have been
much more painful and excruciating my darling.
You are my beautiful Angel for whom I am so grateful
and the bond that we share is truly the most
wonderful thing along with you that I've ever known.

You are my beautiful Angel I continue
in so very many ways to live for.
Knowing that one day soon I'll be able to hold you
and go for walks, sit with you,
just doing whatever as I hold your hand
and give you sweet kisses straight from my soul.
You are my beautiful Angel I can't get enough of
and I treasure you deeply as the blessing
and gift from God that you are.
I am so in awe of my sweetie so gorgeous
and I want to spend eternity both of us
side by side never parting ever except to
go out with friends and family for a little while.
I'll never leave you because you are my sweet,
gorgeous, precious Angel and I just want to
hold you forever and ever.

You are my Angel so very pure and so very beautiful
and I'm reaching out to take your hand
so very kindly, so softly yet firmly, so caring,
and so reassuring in its pure intent and deep loving.
When we've reunited just look in my eyes and see
all of the love that I am holding
and then feel it fill you with peace and complete safety.
I will forever be with because you are my lady
and you truly are my deeply cherished and beloved
beautiful Angel.

Michael P. McParland

Sweet Snuggles

Lying here on this afternoon listening to Mozart
trying to beat out this headache that's hanging
around the border of a migraine
and along with my classical it is you I dream of dear.
To be holding so very close to me
as you rubbed my head and face to help relax me
and make the pounding go away.
To just lay beside me and hold me very close
as I held you as tight as I could in return,
so you could give me some sweet and light kisses on the head
and lips and just tell me it will all be okay.

As I lay here on this afternoon listening
to my beautiful Mozart albums trying to beat
all the pounding in my head I dream of you
and sharing snuggles oh so sweet.
Kira feel all these hugs and kisses that
I send your way and feel me there with you.
I so adore my sweet Angel dove the beautiful woman that you are
and I want nothing more than to be snuggling
with you right now because I love you babe
and your comfort my Queen is the best there truly is.

Michael P. McParland

Sweet Caring Kisses

I send to you these sweet caring kisses
of complete and total loving warmth.
Sweet and caring kisses to tell you you're the best,
to let you know I miss you so very much
I wish I could be holding you so very very close.

I send to you these sweet caring kisses
because you are my best friend and gorgeous Angel
and I want you to know how very much you're loved.
Make sure you catch them all because
I want you to be filled with the warmth of every single one.
I send to you these sweet caring kisses
because you're all I need and want through all time forevermore
my beautiful and precious sweet Angel dove.

Michael P. McParland

Love Note 402

Good afternoon my sweet Angel dove
and I am so sorry it took me
so very long to write you my love.
I still felt so tired this morning
after I wrote you that I laid my head
back down and thinking of snuggling with you
along with feeling all of your loving warmth
and deep strength I fell back
asleep until just now.
Please forgive me sweet one
I apologize and now I've got a bit
of a headache as well.
If I take some medicine before
it gets bad I should be able to beat it out.
I love you my darling
and apologize again
I feel so terrible and like I let you down.

I'm sending you all of my warmth
and deep love with these billions
of sweet kisses and massive hugs.
My heart is hurting so bad for you
and I am aching worried about you.
I am worried that you may be crying right now
over any number of things
my sweet Angel dove,
remember I'm here if you need anything
no matter what and no matter when,
as well as I'm right beside you
holding your soft loving hand,
you're not alone my darling Queen.
I adore you so much and my heart
is singing out
remember sweet one I'll never leave you
have not a doubt.

I apologize again my sweet one
and as I get rid of this headache
and try to get going I will write

you much sooner I promise.
Feel me beside you holding you
ever so close because you
are a diamond in the rough.
Feel all my kisses and great big hugs
of true loving warmth
and be filled with the peaceful
strength that they hold.

Michael P. McParland

Good Morning Gorgeous Girl

Good morning my gorgeous girl with
great big hugs of warmth and sweet kisses of true love,
a truly beautiful good morning to you
the most beautiful and kind hearted woman that there is.
God bless you babe you're such a jewel
and even on the hardest days there are to rise
it is worth it knowing you are there
and feeling you in spirit with your loving strength so very near.
This is not a hard one though because I can
feel you so very strong and smell your long dark hair
and your soft pale skin.
A truly good morning to you my gorgeous girl
and let's snuggle in bed for just a bit before we get up.

I have dishes to do right off the bat
and a few other little chores I want out of my way
so I can sit down and watch my movie and read my book
dreaming of a gorgeous morning with my gorgeous girl.
So right now I just want to lay here for a few more
and hold you in spirit my best friend,
I want you to feel me so very strong as
I send you all my warmth and love in full
with the sweetest kisses and the biggest hugs.
I love you babe and I always will and I would give
anything to have you here beside me now
snuggling away some morning time.

A truly gorgeous good morning to you
my precious beloved Angel and gorgeous girl
and how I treasure you with all my heart and soul,
I adore you with all I am, all I have,
and all I can and want to give.
Feel me there beside you dear as I hold you close
to kiss you so very deep as I then
look into your eyes and say I truly love you babe,
you are all I want and all I need and I just
want you right now to lay right here with me.
I'll never leave you this I swear because
you are my true love, my hero, my soul mate,

and my beautiful Angel best friend.
Feel me beside you as we just snuggle for a while
and feel my sweet kisses my gorgeous girl as
I tell you are great and that I so truly love you.

Michael P. McParland

Goodnight My Precious Angel

Goodnight my sweet precious Angel
of truly profound love and light,
now let's go to bed together slipping
under the covers and just snuggle away
together sharing the sweetest of kisses,
gazing into each others eyes and smiling
and telling each other how much we love the other
and have so badly missed all the beauty
that as best friends and soul mates we always treasured.
Come my sweet Kira a truly beautiful
and precious Angel let's go to bed and snuggle
sharing sweet kisses and being filled with deep comfort.

Just curl up in my arms as tight as you want to
and as close as you want to and I'll
pull you in to hold you the entire night through,
I'll just rub your sore back and stroke you hair
as I give you all of my endless warmth and love.
Come snuggle up and just let me comfort you
and give us both such deep peace
as we lay back and talk for a bit
as we slowly drift off wearing smiles
knowing all is alright as we are with each other
holding on so very tight.
Feel my arms around you sweet one
and listen closely as I tell you I love you
my Queen and sweet Angel dove.

I'll see you tonight in the land of
majestic land of dreams where we can sit
by a big camp fire on the beach
or in a truly serene scene out in the woods.
I want you to be sitting in my lap
as you have your arms around my neck
smiling as we talk and just holding each other
as we both so very need and so very want.
I just want to talk and kiss you
and together we will just make our own poetry,
just a time of true happiness together

where with you I can be myself
and with me you need never worry because
I want you my sweet Kira to be yourself.
So tonight my sweet love in the land of dreams
a beautiful time with my beautiful lady
watching your eyes and smile shine
as we sit by a fire so cozy and warm.

Goodnight my beautiful and precious Angel
I so adore and my heart always melts for,
I send you sweet kisses and hugs
of pure strength love and warmth.
I send you my heart and soul as ever
overflowing to bursting with my tender love.
I miss you my darling and I am
starving inside and in all ways to be with you
and just have you within my arms.
You are my hero, my best friend,
and my darling Angel with whom I share a bond,
I love you so much and will always
be right by your side hand in hand
never making you face this world alone,
I'll never leave you my sweet Angel Queen.
So come slide into bed my sweet precious Queen
and let's just snuggle and kiss for a bit
before you rest your head upon my chest.
I love you so much and want to hold you so tight,
remember sweet Kira that I am your guy
and your loving Michael will never
hurt or abandon you in any way.
I'll forever stand by you because you are my girl.

Michael P. McParland

Sit With Me 3

Come sit with me sweet one
before we go to bed.
Come sit beside me and curl up in my arms,
let me look into those
precious gorgeous eyes that melt my heart in love,
let me look into your loving eyes
to know that everything will be alright,
sit with my Angel Queen and get so cozy
so we can forget the world for now
and it will just be you and me
with nothing and no one to bother us for a while dear.

Come sit with me and let's read a bit for now,
come sit so I can give you kisses
on your lips, your cheeks,
and the softest most gentle kisses on your neck.
Sit with me because it is what we need,
I need to say I love you deeply babe
and I need so very bad to hear you say it too.
Please come sit with me before we go to bed
and snuggle perhaps you will share some closeness
with the man that cares for, adores you,
loves you more than anything and I want to
show and share it with you in any and every way I can.
With sweet soft kisses on your lips
while I caress you showing you all of my heart,
come sit with me and curl up within my arms
so I can tell you just how special you truly are.

Come sit with me for awhile before we go to bed
and listen to some light music while we snuggle and talk,
curl up in my arms and get so cozy as I pull you in
so we can read and give each other kisses
while we listen to the other when it's their turn,
please come sit with me my gorgeous girl
for I am in such need for my Kira a gorgeous Queen,
my diamond in the rough a blessing and gift supreme,
an Angel sent from God to share myself and life with forevermore
if you'll have me my darling one,

come and sit with me while I take your hand
and place it on my chest so you can feel how
my heart beats on and on just for you.
Come sit my darling one and sit with me before
bed time has finally come.
Come and sit with me and let me tell you
just how very much you mean because I love you dear
and see your smile as I give you all these kisses
I've wanted to for so long on your forehead,
on your cheeks, lightly on your closed eyes
to heal the scratchiness from those heart breaking tears
that tear me apart inside when you have cried,
kiss you on your cheeks with light pecks upon your neck
then finally saying Kira I love you babe and always will
and to lose you would kill me I know for sure.
Then with a caress upon your cheek give you a deep kiss
of true passionate love upon your lips.
Kira please come here and sit with me because
you are my life and hope and my heart cries out for my only one.

Michael P. McParland

Evening Note 86

Good evening to you
my gorgeous girl and sweet Angel dove
and I hope your evening has
been going so very well
and you've felt me at your side
giving you sweet kisses
while I hold you so very close
and your soft loving hands.
I love you so much
and just want to be holding
you so very closely and tight
right next to me dear,
you're not alone and you'll never be
because I am your Michael eternally.

I've just been here taking
care of the cats and watching
some YouTube videos and cleaning
out the deleted videos from my play lists.
Not much going on and soon I will read
all the while thinking of you
and wishing you were here
curled up in my arms feeling cozy and safe.
I want to always make you
feel so warm and safe always knowing
that I will stand up for and by you
to defend and protect through anything.
I want you to know that I will
always stand by you through thick and thin.
You are my Kira my universe and everything,
God bless you my darling you're
my gorgeous girl and diamond in the rough
to no end.

So hear my hearts call as
it sings to you all of my favorite
Falco, and Queen love songs to you.
Feel my hand within yours
and my arms wrapped so tightly around

and feel all of my loving warmth and strength
with the sweetest kisses and hugs of pure love.
I love you sweet lady and promise
that I'll never leave you
because you hold my heart and soul
and truly are the entire worlds beauty.

Michael P. McParland

I Miss You Babe 2

As I now sit back on the couch my dear
having rest my eyes for just a bit
to help this medicine knock my headache out
I still as ever just feel the ache within my heart
and think about how much I miss you babe.
I miss your eyes that are so gorgeous
and sparkle oh so very bright,
I miss your smile that can light up
not just a room or house but the sky
and heavens up above.
I miss looking upon your entire gorgeousness,
your cuteness and your sexiness that even
in memory and thought make me tingle and smile wide.
I miss feeling our hearts and spirits as we stood side by side
reaching out to one another to speak and touch.
I miss you babe you are the best and I so truly
long and yearn to take you in my arms
and tell you how much I love you and you truly mean.
I miss my Angel and my great best friend,
I miss you babe my only one.

I can feel you all around me here in spirit
and I can smell your pale skin and long dark hair
and it is very soothing to my heart and soul
but can never match having you right by me
and feeling your warmth and love as it reached out
or the electricity flow through me
as we would brush against each other
or when we hugged those times we did.
I miss looking in your eyes and feeling the pull
from within both of us to embrace and break past
our shyness and our fears and finally share a kiss
telling each other how we feel and need each other every day.
I just miss you babe because you are my Queen
and so truly great.
I miss you because you hold my soul and heart
and it is your love and my love for you
that past overflowing fills them up.

Kira I just miss you babe and want to share
with you our whole lives while I give you
all of myself in every way to no end through eternity.
I want to make you proud and make you
happy and always smile.
I want to make sure you know you're not alone
and never ever will be again my sweet Angel dove.
I miss you babe because of how you make me feel
but also because I want to make you happy
knowing you're so truly loved and I want to
hold you and your hand as we go about our happy days.
I miss you babe because you are my Queen
and I only hold tenderness for you within my soul.
I miss you Kira you are my universe and everything
and I hope that so soon you will return to me
because I love you more than anyone or anything
there's ever been in heaven up above or on this very earth.

Michael P. McParland

Sweet Kisses Of Love And Thank You

I send to you sweet kisses of true love
and thank yous full of smiles and true gratefulness.
Thank you for all your prayers and help
which have helped so very very much
and I love you for the Angel that you are
and the Queen I so truly love and deeply adore, .
I send sweet kisses of true love in full to you
and thank you dear for every bit that you do for me.
I love you babe you are my everything
and I will always give you all my best
because you are my best friend and Queen
and there isn't anything I wouldn't do to
make you so very happy and truly proud.
I thank you dear in all my tender caring love
and send you these sweet kisses so deeply tender with pure care.

Michael P. McParland

Sweet Afternoon Snuggles

Out of a cozy and soothing shower
my head is not hurt and I am feeling mostly better.
Having had to call the doctors again
to call into the pharmacy that was a bit stressing
and now I wish you could curl up in my arms
and get so very cozy and together
we would in each others arms get so very comfy.
We could spend this mid afternoon
just talking and snuggling as the stress melted away
for a bit before we had to go out to pick that up
and figure out something new for dinner
because what I had planned has not thawed at all.
I wish you were here for afternoon snuggles
with sweet kisses and nuzzles and tons of smiles.

Sweet afternoon snuggles are what I will
be dreaming of as I sit here watching a movie
and possibly going about a few small chores.
I'll be sending you all of my hugs and kisses
filled with love and warmth straight from
the tender depths of my heart and soul dear.
Sit back and dream also of your Michael
so tightly and lovingly holding you close
giving you my loving smile and loving looks
with big kisses so sweet and passionate filled with true love.
Thinking of this afternoon filled with sweet snuggles
so good are what's keeping me afloat in this winter day
that I must be spending without you.

Oh my sweet Kira feel me so strongly
right there beside you giving you my big hugs
of deep warmth so very tightly and my
sweet kisses of pure love so very deeply.
Know that I'm with you forever and always,
God bless you my darling and remember I'll never leave you
because I want with you and eternity
of the sweetest and most loving snuggles.
See and feel my sweet looks and let them
truly touch your sweet precious heart

and never ever forget that your Michael
is beside you to never part.

Michael P. McParland

Love Note 401

Good afternoon my beautiful
sweet Angel dove and may God bless you
that you'll have a great rest
of the afternoon and have been having
a great one so far feeling all
of my warmth and love with the
millions upon millions of sweet kisses
and hugs I've been sending your way.
I hope you've been seeing
my smiles I send to you.
You are my true Angel
and admired gorgeous girl,
I wish I were holding you
right here and now.

I've been on the phone with the doctor
about getting a fill on a prescription
because of my ankle and these
headaches I have been getting
and am now waiting for the pharmacy
to get their butts moving.
So I am going to jump in a soothing
shower after I shave my head
to wash away the ugh feeling
that headache has left and to hopefully
wake myself up and make myself
feel better a bit,
I wish you were here to snuggle with
both during under the water
and then afterwards as I tried
to be patient with the pharmacy to get done with it.
You would help give me the patience
I am so very much needing
in this situation and give me
your soothing touch that
gives such peaceful living.
I love you sweet lady
and wish you were here to be
holding and giving sweet kisses.

So my dear darling I best
get up and get my butt moving
so I can get feeling better from
a very calming shower.
Feel all of these kisses I'm sending
and feel me beside you
hand in hand holding you tightly.
Remember sweet love that I'll
never leave you and I am your Michael
who will always give all of himself
to make his Queen and Angel
the most happy and proud woman
that's ever lived anywhere ever.

Michael P. McParland

Sweet Kisses Of Peace

I send to you these sweet kisses
to fill you with total loving peace.
I send to you these sweet kisses to give you calm
and comfort knowing I am here and there with you
giving my all and very best.
I send to you these sweet peaceful kisses
to comfort your kind and precious heart.
I send to you these sweet kisses of peace
so I can dry your tears in spirit
and say I love you my darling and only one.

My sweet dear I want to send you these
sweet kisses of my true undying love.
I adore you babe and want you to know you are my everything,
you are the one I give myself to in each and every way,
you are the one I would die for if it was needed
under and circumstance there is.
You are my Angel and my Queen a blessing and a gift
and I want to send you these sweet kisses
non stop to fill you with knowing peace.
You are my truly treasured one and my hero to no end,
I truly want to marry you and be with you through all time.

Kira I send to you these kisses of complete
and total loving peace so you can feel my heart,
you're all I want and all I need because you are my true best friend.
My heart melts for you and I truly feel you near
in all your strength and love.
I just want to be with you through all time
and want you to know I'm there holding you so tight.
Kira I will always stand by you because I love you very much
and so I send to you these sweet kisses of
complete and total peace from my heart and soul.
You truly are my only one and my heart continually melts for you.

Michael P. McParland

A Beautiful Morning In Each Others Arms

As I rise from that headache sweet one
I want once again to say good morning to you
sending millions upon millions of sweet kisses
of true love with great big hugs of pure warmth
my gorgeous sweet Angel dove.
I love you tons and before I make any food
I want to sit down with you and be so close
as we hold each other and nuzzle while we also kiss.
A beautiful morning in each others arms
is what my heart longs for and is calling out to you
asking you to come join me soon.

My darling dear I just want to sit here
getting lost in the beauty of your sparkling eyes,
caressing your cheek and neck also
running my hand in comfort over your back
also up and down you soft and strong yet always
feminine arms I want to tell you I love you
my Angel of good heart, spirit and mind.
Then just pull you in tight for a snuggle
so close in each others kind loving arms.
A beautiful morning with my beautiful girl
is what I sit here and dream of the morning through.

My beautiful Kira how I miss you so
and wish you were here to spend this bright morning
in each others arms.
To talk as you drank your coffee and just share
our hearts souls and thoughts,
to just be with one another as we both want.
Feel me beside you as I hold you so tight
and give you sweet kisses of pure caring,
love, and utter delight.
I miss you badly and can't wait to have you right here beside me
giving you kisses and caresses so very sweetly
as we share endless beautiful days and mornings together
holding each other so very tightly.

Michael P. McParland

Morning Note 163

A beautiful good morning to you
my very beloved Kira sweet Angel dove
and as I lay here finally awake
I wish you were lying here facing me
so I could pull you in close
and say good morning sweet lady
you're my everything
and then still looking in your gorgeous eyes
give you the biggest and deepest
kiss straight from my heart and soul,
then just pull you in so close to me
to snuggle for a bit before
we got up so I could fix you
your coffee and cook us some light breakfast
for energy on this early day.
I love you my darling
and wish so very bad that you were
here to hold so very closely
to give kisses while we snuggled the morning away.

I'm sorry sweet love that
I fell asleep so early yesterday
and drifted away into dreamland
for so very long but this never ending tiredness
that I know in so many ways is deep sadness
is just getting to me and part
of this sadness is missing you
my best friend and Angel so very badly.
I just want to feel you in person
right beside me seeing you smile
while feeling your embraces and kisses,
I just want my Kira to be able to take care of
and help heal my headaches like
I am feeling this morning.
Nowhere near a migraine thank God
in the heavens but any headache
is a bother and annoyance
as you are aware of as having had
problems with them too my sweet Angel.

I wish you were here just to hold
and to softly talk to
as in your beautiful graces
it would fade off soon and we would
be able to sit back to a beautiful
and quiet Monday morning in each others arms.

So my sweet Kira I wish you a beautiful
good morning full of the sweet kisses
and big hugs full of my loving warmth
which I am so lovingly sending.
Remember and keep having faith
that I'm never leaving because
I want out dreamed of future
just as much as you do
and I want to be there for you
forever and ever giving my loving support
as I am now to no end.
I miss you sweet lady and hunger
to be with you here in bed
snuggling right now with both of us
giving deep comfort to one another.
I want to spend this morning
just holding you and feeling the last
of this headache slip away
with the love you've provided.
I wish you a very good morning
my sweet precious Kira and will
write you when this headache's departed
and I am up eating a little some.
I love you my Angel and may God
so truly bless you,
feel deep warmth, peace,
and loving comfort knowing your
Michael's with you and will never stop
being your loving best friend and Angel.

Michael P. McParland

Sweet Sweet Sunday Afternoon Kisses

Sweet sweet Sunday afternoon kisses
to you Kira my sweet Angel dove
and with the softest tissues there are
or even my softest favorite shirt
I dry your sad tears because I know you hurt
just as bad as I do and want to be snuggling
while we spend time doing so many things
while smiling and feeling happy in so many ways.
Sweet sweet Sunday afternoon kisses to you
my Angel so gorgeous, pure, and totally good.

Sweet sweet Sunday afternoon kisses to you
and if you are worried I'm mad I promise I'm not.
It's so much around and the distance and silence
frustrates and makes me so sad,
for you I'm just filled with such tender love
and I care for you deeply my gorgeous girl.
So feel my arms around you with these sweet kisses so big.
Kira I cherish you and I so profoundly love you
that I just want to be holding you
and giving you in person these sweet sweet
Sunday afternoon kisses to my dear Angel in pure adoration.

Michael P. McParland

Love Note 400

Good afternoon my beloved Angel
and treasured beautiful girl,
I hope you are feeling all of
my deep and immense care
with all of my loving warmth
with the endless sweet kisses and hugs
I am always sending your way
to give you deep comfort and peace
knowing I love you so very much
and am right there beside you
holding you so very close.
I do love you sweet Kira
and am always doing my best
though it may not always be evident
when distance can make
so very much so hard to know.
Feel my tight squeeze in hug
and as I reach out to take you and your hand
and know that your Michael
is yearning and aching for you
so very bad.

I know you're upset with me
and that just makes me feel deathly tired
and sad to the saddest lows that there are,
I wish you were here to cook lunch for
it's nothing big or fancy
just something I've always liked
and was craving.
I wish you were here to curl up
in my arms as we watched my movie
and I could talk to you personally
while we looked into each others eyes
seeing and feeling the softness inside.
I love you sweet darling
and would give anything to have you
right here beside me
so I could look in your dear eyes
seeing your bright smile

and tell you I love you
while hearing your Angelic voice
as you told me you loved me so deeply.
That's what I need is to be holding
my dear Queen while we just shared everything
that there is to be sharing.

So my sweet Kira I send you these
sweet sweet kisses of infinite
and unconditional love
that is forever undying.
I want you to know I'm right beside you
hand in hand giving you
my all and everything.
I love you so deeply and so very immensely
and I want you to remember I'm never leaving you.
God bless you my diamond
and one whom my heart truly melts for
and never forget you are
the only one I'll ever love and truly fall for.

Michael P. McParland

A Sweet Kiss And Warm Hug 2

A very sweet kiss and warm hug
of profoundly deep tender and caring love
on this Sunday morning we find ourselves in.
I miss you my best friend and want to
give you these sweet kisses and warm hugs
of deep caring and immense love
because I care for you so very much
and just want to have you here right by my side
and here in my arms to snuggle with
and watch a movie while finishing the last of my tacos
which I would love to share with you
and then afterwards talk so softly and tenderly
to the one who will just listen while I talk
about how much I love you, the deep stresses I feel,
and other things that interest me or are making
my heart sad as I tell the stories of whatever it may be
and then you would give me your thoughts on what I want and need,
I just need your tender ear to listen like I will
listen for you and then afterwards read from our books
while relaxing and smiling feeling deep peace and calm.
I love you my beautiful precious lady
and send you sweet kisses and warm hugs of pure and true love.

Kira I send you this sweet kiss and very warm hug
to help you know just how deeply I care
and that I love you my Angel so very much.
I may not be the most handsome, the most smart,
the one who makes the most sense in so many ways,
but I love my great woman and Queen with all
of my heart and soul and I know you can feel it
and never doubt it in the deepest parts of your soul.
I understand in that human part we all have our fears
but your heart is pure and knows more truths
than even you realize or anyone knows,
you are the Angel I truly adore and I send you
these sweet kisses and warm hugs that go on and on
and I want you to sit here with me my blessed Angel from on high.
God bless you my darling to feel those sweet kisses
and warm hugs as I sit there right beside you

holding you so tight and ever so closely.
I love you baby and want you to know I'll be with you forever
because your Michael will never stop loving and adoring
my precious Kira.

Michael P. McParland

Sunday Morning In Bed

A very good Sunday morning to you
Kira my most beautiful sweet Angel dove
and though I have now woken up
I am nowhere near ready to actually get up.
I want to spend this early Sunday morn
just lying here a little bit more
reaching over to wrap my arms around you
and pull you in to look in your gorgeous eyes
and say I love you my true love, hero,
Angel and most beloved best friend,
please love me and stay with me forever my only one.
Then give you the biggest, sweetest,
deepest and most passionate kiss
before I pull you in tightly to me
and just hold you for a good little bit.
I may be awake but I don't want to get up
I just want to spend this Sunday morning in bed
holding you ever so close listening to
my classical music I love and softly talking with you
about everything in the world that there is.

A very beautiful good Sunday morning to you
my gorgeous girl I so very cherish and love.
Feel all of my warmth and love as I send you
theses sweet kisses of giving and need
right along with these big hugs of comfort
that will fill us both with deep peace.
I so adore you and am filled the deepest
yearning and pains of longing to be with you,
I wish I could just spend this Sunday morning in bed
with you holding you ever so closely
and just releasing some of the tears
I am holding inside me.
I just want to spend this Sunday morning in bed
holding my gracious Queen Kira the most
beautiful Angel there has ever been.
I love you my lady and I want to be right here
with you sharing the most loving kisses
while I hold you so closely and just spend

a little while this way.

A very good Sunday morning to you
my sweet Queen and treasured hoped for wife Kira
and I would give anything to be here beside you.
To look into your eyes and caress you soft cheek
as I told you I love you my most beloved Angel sweet
then gave you a light kiss on your forehead,
neck, cheeks, and finally lips afterwards
pulling you in to spend awhile holding you in bed.
Never have worry because I will always be here
to hold you, kiss you, reassure you,
and give you all the love that I have and everything.
I love you baby and wish I had you
right here beside me to spend a morning snuggling,
I am sending you all of my hugs and sweet kisses
and never forget that your Michael is going to be waiting
with an open heart and open arms for his beloved Kira.

Michael P. McParland

Saturday Night Snuggle 2

Sweet love it's been a long day
full of not the toughest chores
but full none the less and another
hard day of deep aching as I miss my lady so great,
now that dinner is over and the cleaning
is not my issue on this very evening
I want to just sit back with you
and so tightly and lovingly snuggle in warmth.
I want to for a short bit so softly talk
and as I lightly drift hope you would read to me aloud.
I want to hear your heavenly voice and just
conjure the images of the story in my mind that you paint,
I want to snuggle with my Queen on this eve
knowing everything around me is peaceful and good.

Kira then we can just lay down with each other
and rest your head on my chest as you curl up in my arms,
we'll share some kisses and sweet words of comfort,
I'll hold you so tight through the night
rubbing your back and stroking your hair.
Kira I'm so very tired and I love you,
please come snuggle with me my beautiful Angel.
I adore you sweet Kira and love you so deeply
just feel me beside you holding you so very tightly.
I miss you so much and will be looking for you in my dreams
and feel all of my warmth and love because
I'm always with you my precious darling so great,
you are the most beautiful woman and I cherish you sweetie.

Michael P. McParland

Join Me My Best Friend

Would you honor me my best friend
and come join me for dinner
and then a lovely evening in each others arms?
I am about to cook a nice meal
of which I wish you could be here to join me.
I long to serve my sweet Queen
and just let you know how much you truly mean
to me your Michael who loves you more than anything.
Would you come join me Kira my best friend
and honor me making me the luckiest man
as we sat side by side enjoying
each others company and I can make you
ever so proud and happy.

Please come and join me my best friend
where after dinner we can sit back
and hold each other talking and reading
just passing the hours with one another.
I admit my sweet darling I am already
feeling so very tired and I want to drift
to the Angelic voice and in the arms of you
my most beautiful cherished woman.
I hope you will understand how much I just
want to close my eyes and drift hearing
you read a wonderful book.
Will you come join me my darling,
I need my best friend right here beside me.

Please come and join me my best friend
and let me do for you by cooking
and spending time before I know
I'll drift off afterwards.
I want to drift off as we kiss and snuggle
like the two best friend in true love
just like we've always been.
Please hear my hearts pleadings and grant me
the honor of your heavenly grace.
May God so truly bless you and let you know
how much I treasure and long for you darling.

Please come join me not just tonight but for all time
because I adore you sweet Kira
and everyday over and over my heart melts for you.

Michael P. McParland

Love Note 399

A very good afternoon to you
my beautiful and beloved sweet Angel dove
and I pray yours has gone well
and you've been feeling all of
the sweet kisses and big hugs I send
being filled with all of the
loving warmth that they hold within.
I got caught up in my movie
while I ate my lunch and it was
one of the rare times in such a long while
that I was totally absorbed,
the end annoyed me greatly
but that would take much explaining
otherwise though I really enjoyed it
and made the afternoon feel quite light.
I thought of you many times throughout
and wished you were in my arms
enjoying our time.
A good lunch of tacos with a fun movie my dear,
a quiet Saturday afternoon with Kira
the Angel I cherish and treasure in full.
I send you sweet kisses to make you feel good
and to give you that smile
that melts my heart and I so adore.

So one more little chore
to vacuum the floor and then shave
my itchy and scratchy fuzzy face
for both me and you and then
how I wish I could just nuzzle with you
as we snuggled away the late afternoon.
I miss you my Angel and am
fighting through some sadness
and through a bit of tiredness
and I wish so very much that
you were here to hold hands with
and talk winding away the long hours.
I love you my lady as you truly are
such a wonderful gift and profound blessing,

my heart is calling in it's want
to be with you.
God bless you so much my sweet darling
and know I am holding your hand right beside you.
Hold tight to me darling and in spirit
with me enjoy the rest of this afternoon were in,
I'll write you before I start our great dinner.
I love you so much and am thinking of you
as I finish up my things and relax.
I miss you my Kira and can't wait
to be with you holding you closely.
You are my everything and my beloved
Queen and Angel for all eternity.

Michael P. McParland

A Quiet Saturday Afternoon With My Queen

Well my sweet love it is Saturday afternoon
and a good majority of the chores are done
and now here it is lunch time and all I
would like to do is spend a quiet Saturday afternoon
with you my sweet Queen making you lunch
and then afterward snuggling for awhile
watching a movie and then afterward read
for a little bit with my sweet Angel Queen.
A quiet Saturday with you my sweet Kira
is everything I so truly want and need.

A quiet Saturday afternoon for me to cook us
tacos for lunch here which I've been craving
for a few days and I'd like to make my tacos for you.
I want an afternoon to sit and hold you
and start a movie and read a little bit before doing
those last few little touch ups to end the chores
and then shave my fuzzy face for you
before we fully relaxed and snuggled away the
late afternoon and going into dinner time
when I would cook us some delicious pork chops
I have marinating right now.
That is for later though my sweet one
and right now I want a quiet afternoon with my sweet one
whom I will never leave and will stick by through all time
holding and kissing as I tell you I love you
and thank you over and over through all space and time
eternally telling you that you are my gorgeous sweet Angel dove.

Kira I send to you all of my warmth and love to fill
you with peace and share this dream of what I wish were
right now and what I know will be soon,
A beautiful quiet and happy Saturday afternoon
in each others arms smiling and kissing
as we talk and spend time so needed and in want.
I love you Kira and am smiling at you
and want you to know how much tender care I have within me.
God bless you sweet darling and feel me beside you
and know I am holding you and your tender hand of true love,

I will always be with you and right here waiting
in deep and great anticipation because you are my Angel
and the Queen I so deeply want to be spending time with and serving.

Michael P. McParland

Looking Into Your Eyes

As I sit back and relax for a short bit
between the chores that I have
I'd like to just hold you while looking
into your gorgeous eyes.
Taking all the gorgeous Angelic
beauty within to make my heart feel light
and make my soul soar in true delight.
I want to spend this time looking into
your gorgeous sparkling eyes and feel heaven
overtake me in this space and know what
heaven is in its divine grace.

Kira babe how I just want to sit here
in these few minutes holding you
and recharging my heart and spirit
to continue on through my chores until noon
when I could sit down with you to snuggle
during a good lunch and share some kisses so very sweet.
How I just want to stand and relax for
a few minutes babe looking in those gorgeous eyes of yours
and get lost in all the beauty you hold within.
I want to be with my Angel now as from more
than a few things my heart is aching and I want to hold you near,
to look in those eyes and see heaven and true love inside
feeling calm and your loving strength fill me up.
I love you babe and just want to be looking in your eyes
and know that everything is going to be alright.

Michael P. McParland

A Quiet Saturday Morning Snuggling

A very good Saturday morning to you my sweet one
and before we must get up to do the chores that there are
I want to be able to just spend a quiet morning
with you snuggling on the couch in each others arms.
I can't seem to beat this tiredness that is just
staying within me and right on the surface
and I would love to just close my eyes here this morning
and quietly talk with you while you were curled up
in my arms and drinking your coffee.
A quiet morning to just snuggle and kiss before
I have to get up and go do the dishes which I'm
going to do in halves because I have to take things
one bit and one step at a time.
I want a quiet Saturday morning to just sit and snuggle
before this day must start in full and then we'd
have to wait until the afternoon ton relax with each other.

Oh my sweet Kira I want and so badly need a quiet
Saturday morning with my gorgeous sweet Queen.
A quiet morning to look in your eyes and let you see
all the deep truths within mine,
to say without words how we love each other
and our hearts melt each time we see each other,
a quiet morning before the kids rise to just
enjoy the fact that we our together because
God has helped open the way and we have eternity
to bask in the glow of what we have and feel.
A quiet Saturday morning with my blessed
goddess and Angel is what we are both needing
to feel so happy, content, and completed.

A quiet Saturday morning with my gorgeous Kira
is what I will hold onto as I go through this morning,
as I get up to do part of the dishes and take care
of a few other things before in a little bit
I will sit down to write you and let you
know how I am doing and then sit back to watch
more of my movie so longingly wishing
I could be holding and kissing you.

A quiet Saturday morning with my beautiful woman
is the greatest thing I could be sharing right now
with my most beloved Angel,
a quiet Saturday morning just knowing you're beside me
sharing our warmth to give peace and happiness.
I love you sweet Kira and feel my arms
around you and all these sweet kisses as we share
the most beautiful and gorgeous quiet Saturday morning
in spirit right now my sweet lady.

Michael P. McParland

Morning Note 162

Good morning to you Kira
my sweet beautiful Angel dove
and please I hope you are not hurting
or upset feeling sad and crying,
or angry at your Michael,
I love you so very much
and know you will understand,
please my sweet love don't feel upset
and in spirit I will dry your tears.
I have only just awoken and gotten up
and filled with anxiety
of how you are doing dear,
I love you so very much and just
want you here with me.
I want to talk to my gorgeous Queen
and truly know that you're okay
and have us just tell each other
everything that has been going on
and soothe our aching souls and hearts
through the contact that we had.
If you only knew how bad I missed my Angel love
you would know how very badly my heart
is hurting in my body dear.
I love you babe and you are my only one
and as time passes being away from you
isn't getting easier it is indeed getting harder babe.
I send you these sweet kisses of true love
and these great big hugs of warmth.

I never even ate my dinner last night dear,
I was home all alone and in tired sadness
lay down on the couch,
I felt as if I might cry after sending you my kisses,
I want to give those right to you
as we both are so very deserving to be sharing.
I just wanted to snuggle with you my dear
and feel our arms around each other
and before I even realized it I had fallen
off to dream land and sadly all there

were was nightmares waiting for me,
thankfully none of those that devastating
where I lose you over and over,
just the usual ones that really stink
but I can shake off somewhat quickly.
I am so sorry babe if you were hurt or worried at all,
the sadness of missing you with those few other
factors are making me so tired.
I love you Kira I hope you know how much
and am reaching out to pull you in,
I adore you so very much and hope to hold you soon.
Remember that I'll never leave you
and am right beside you holding
your loving and soft hand
giving all my endless support and undying love
because you are my Angel Queen I would surly give my life for,
feel me pull you in so tight and hear me
say I love you babe so very much.
Kira dear please don't be mad or worry
crying which breaks my heart.
I love you truly so very much
and want to be with you.

So my sweet Queen please feel
your heart lift in happiness and peace
as I send these kisses and theses hugs,
let them fill you with all my loving warmth
as I give my loving smile and looks to you,
I adore you babe and I always will
because you are my everything.
You are my diamond in the rough
a rare and precious jewel
and I just want to snuggle through this morn
reassuring and comforting darling you.
Kira I wish you were here to sit
and watch a movie with me
as I finally cook and eat my dinner,
you could share my steak with me
if you liked that my precious Angel,
I just want to see you smile
knowing you're happy with me darling,
I am your loving and dedicated Michael

who will always stand beside you.
So have a very good early morning dear
knowing I am here and right beside you,
you are my only one and everything
and if you are crying I will dry them in spirit
the only way I can right now.
God bless you my darling little Angel
and know your Michael loves you,
feel my hand in yours in true love
and my arms around you tight
as I pull you in to say you're
the greatest babe and I just want to be with you forever.

Michael P. McParland

These Sweet Kisses To You

A very wonderful late afternoon to you
my sweet beautiful Angel I love
and before I start on dinner in a few
I wanted to send these sweet loving kisses to you.
Sweet kisses of care and sweet giving kisses
of all the loving warmth that I hold.
Sweet Kira my heart is so filled with
tender love and true adoration for only you
that I want to send these sweet kisses
to let you know that I truly want only
you my sweet Angel dove and that my heart melts for you
every single day and will well beyond
our days on this earth.

Michael P. McParland

I Long For Your

Oh my sweet dear as I have now returned
from the store which in many ways gets
more frustrating every time I wanted to write
and let you know I love you dear before
I go to put everything away where and how it goes
so it is done and I can relax thinking of
and feeling the love of my precious only one.
Kira you are my Angel and my Queen
and you are peaceful contentment in whole to me.

Oh so frustrating dear in that everything
I like and want now always seems to be disappearing and gone
and then at every turn someone in my way
or almost running into me.
So after all is put away I just wish for and long
for your embrace sitting back and snuggling
and feeling all the aches and stress within my body
start to fade and melt away as my lady says it's all okay.
I just long to feel your arms around me here
and snuggle away some good amount of time
as together we talked about what you would like
for me to cook for dinner and enjoy.
I long to just hold you so near and feel the stress
go away so I could be focused on cooking our great meal.

I long to feel your deep and loving sweet kiss
while we sit and snuggle and relaxing in great peace,
I long to see your gorgeous smile and feel its beam
as I gaze into those deep and sparkling eyes
getting lost in the universes of depth and love
you hold inside and just say I love you babe
and can't stand this life without you by my side.
I long to feel your touch, your embrace, and your sweet kiss
to feel the worlds stress and loneliness slip away
and just know that with my gorgeous Angel all is okay.

Kira I just long to feel you right here in
your gorgeous heart and body right next to me
in your embrace and with your kiss so good and right.

I long to feel my best friends tender loving arms
around me and mine around you as well.
I can feel your loving strength and spirit
and it is so good as well as I know you feel
and appreciate mine too.
It's not the same though as that tender caring touch
and I long to look at you as we both feel that.
Kira dear I just long to have you close to me
because you are my Queen and very great.
I want my diamond in the rough to touch her lips to mine
and share a deep kiss with the tightest snuggle that there is.
So feel my arms as I reach out and pull you in
and know that soon you will be with your Michael
as we both long for and need.
I love you dear and will be here waiting with
an open heart and open arms for my only lady I adore.
Kira I will never leave you and I'll always
hold you as that is what I want and long for,
you are my best friend and Angel and I'll always
be with you hand in hand giving you my loving smile.

Michael P. McParland

Love Note 398

Sweet dear as I am about to
get dressed to head out the door
and go to the store to pick up
a few things with my mom
I wanted to say thank you again
and I love you so much
and more than anything.
I don't think right now with
this distance it is possible to know
just how deeply and how much I truly care
so as I reach out feel my hand within yours
and my arms wrap so tightly around you
pulling you in for a massive hug.
I love you sweet Kira and treasure you
more than anything that there is,
feel all of these sweet kisses so good
and know that your Michael
is there right next to you.

I wish you were here to join me
as we sang Falco together on the way
to the store,
Data De Groove and Junge Romer
if you want to jam with me where you are.
I can feel your big smile right now
and it gives my heart reason too
because you are in every way so very beautiful,
I wish you were here to join hands
as we went along and picked up
some small odds and ends.
I miss you sweet Kira
and hope that so soon you will be here with me.

So my sweet darling Kira as I
am about to head out I send you
these sweet kisses and hugs of warmth,
I will write you as I return home
and right after I get things settled.
I love you sweet darling and remember

I'll never leave you or abandon you
leaving you hurting all on your own,
I will stand with you through all space and time
because you are my Kira
the most beautiful woman there's ever been
and I want to be with you
hand in hand in each others arms
never parting again because we are true love.
Feel all my warmth and all of my love
and hear my heart as it sings to you,
I will return soon and write to you
my cherished and beloved best friend
and may God bless you to know I am there
because are my everything and only one.

Michael P. McParland

Waking From A Cat Nap

Waking from a light cat nap just now
my special beautiful dear I could feel
and smell you all around me right here
and it makes me feel so very good.
I want to thank you so much my dear
because my nap was beginning to be filled with nightmares,
but I could smell you first and then felt
your presence and your loving arms around me dear
and I want to thank you so very much
for giving me such deep comfort.
You are the best my Angel grand and I give you
all the sweet tender kisses from my heart and soul
to say thank you Kira and you are the greatest woman.
I love you so very much and am stricken by the
greatness of your wonder.
I love you babe and thank you in full and give you endless kisses.

I was lying here my dear right on the couch
taking a cat nap with my cat Max lying right on top me,
and then my dreams for the last half an hour I guess
were just getting very bothersome when I could
start to feel you my Angel Queen right beside me here
as first I could smell your hair and pale skin
as I told you the other day with a sort of lotion,
soap, or shampoo you use but through a million other senses
tells me it is you, I think it is in the comfort
I can feel along with it as you pulled me in your arms,
and then you helped me lightly drift awake to full
so it wouldn't scare me in sudden.
Thank you babe you truly are my gorgeous everything
and I want to thank you by holding you so tight,
so Kira dear feel my hand in yours as I take it tight
and feel me take you in my arms and whisper in your ear
Kira you truly are so great,
you are a diamond in the rough and your Michael loves you
more than anyone can know.
Kira you are my goddess, my best friend, my Angel, and my Queen,
and I will spend eternity thanking you because
you are my adored hero and everything.

Michael P. McParland

Morning Note 161

A very beautiful good morning
to you again my sweet love
and I am just sitting here in the quiet
after watching a bit of an
old TV show I quite like even possibly love
and just think of you and your beautiful
eyes and smile and even just how beautiful
you are in total and full.
I so wish you were here to sit with
and talk snuggling the whole morning away
and then as I may possibly go shopping
this afternoon with my mom
you could be with me to walk hand in hand
and spend some time out with each other
walking around.
Right now though I feel so frustrated
and stressed from so much
including this distance and silence
that there is with us and I just want
to be holding you and listening
to your Angelic voice as you talk,
I send you sweet kisses my love
to warm you up and let you know
that I'm with you holding you tight.
Kira please know that I love you
and so truly long to be holding you,
to give you my all and my very best
because you are my Angel so very great,
I ache so much and miss you babe.
I love you sweet Kira and am sending you hugs
with all of my warmth and deep caring,
know that I'm with you the whole time.
Have a great day my dear Kira
and know that I'm with you hand in hand
my beautiful woman because
I want you to know you are truly cared for
and loved and I'm never leaving
because you are the greatest
my gorgeous Queen so perfect and marvelous.

Michael P. McParland

Spending A Beautiful Morning Holding You

Good morning my sweet love and how I hope
that it has been a good one for you so far
and that as I send you these sweet kisses and hugs
you will be filled and surrounded by all of
my loving care and endless deep warmth.
And as I sit here now having just finished eating some food
and was just watching some videos online
I can feel you're upset from being lonely
just the same as me and I am so sorry both of us
are where we are so far apart feeling so alone.
and I wish you were here spending a beautiful morning
with me holding you curled up in my arms
and feeling so very close as we stared into each others eyes
smiling and sharing kisses so sweet as we said
I love you sweet babe to each other and feeling so very
joyful and calm being together and in each others arms.

Oh my sweet Kira how I wish you were here so I could
make our fresh and hot morning coffee to sip at
and prepare my sweet Queens to serve you as you
were wrapped up in my robe so very tight and warm
and on payday next week I would buy you your very own,
the same exact type but a different color so we wouldn't
get confused on whose was whose but for this beautiful morning
you would be wrapped in mine feeling so very warm and so very good
as I brought you your coffee just how you like it
my sweet beautiful Angel I can't wait to be holding
every morning that we will forever have and give you sweet kisses
straight from my heart with deep tenderness to give you my all.
And then after getting situated and comfortable
you could just curl up in my arms and spend the morning
holding you ever so lovingly and closely within my arms.
I want my beautiful Kira right here for a beautiful morning
spending sweet time in my arms.

A beautiful morning sweet Kira with you in my arms
to sit in the quiet for a while talking and kissing
like the two best friends in true love that we are.
Just close your sweet eyes and see the sweet loving

looks and big smile I'm giving to you my sweet Angel dove,
see yourself with me and feel my arms around you so very tightly.
A beautiful morning with my gorgeous woman so good
is what both of our hearts ache for and so badly need.
I love you sweet Kira and know that these dreams will become true
as long as we keep having faith in God to work
in the things and ways that he needs to.
I'm still holding on as I know that you are because
I'll never give up on seeing and being with my darling Kira.
So feel peace in your heart as you imagine this beautiful morning
with you curled up in my arms holding you
and know that your Michael loves you and will forever stick by you
giving my all, my best, and my everything for the most
wonderful woman I want to be with forever hand in hand to no end.

Michael P. McParland

Night Note 143

Hello there my sweet love
on getting close to the tail end
of the very late night
and I send you these sweet kisses
of true love and these great big hugs
of pure warmth to say thank you
for all of your patience and understanding my one
and to fill you with all of my tender care
and to give a great big smile
to share along with mine as I think
of you and feel your arms around me
and all of your love as I get up
and get moving around for the day,
I will fight through as much of it
as I can for both you and me.
I love you sweet one you are my everything
and I wish you were here because I miss you
so very bad and just want to start the day
with you in my arms sharing sweet kisses
as we just snuggle so tightly on the couch
while we both sipped at some coffee
and I ate some light food,
what I'm craving will have to thaw out for a bit.
So while I sit here my dear fell my
arms around you as I reach out in pure love
taking your hand in mine and I put
my arms around you to pull you in for
the biggest morning snuggle and hug
you could ever want and imagine.

Thank you so much again my sweet one
for your patience and understanding
of why I needed and wanted the sleep
and for your patience and understanding
even if it doesn't totally make sense.
Sometimes the medications make me more tired than others
and I have been so very deep in the pits
of sadness and to despair missing you
my sweet precious dear and even this morning

I am feeling a bit sad as the last few hours
of my sleep were very restless indeed
filled with strange nightmares that
throw you off when you finally get up
because even through the restlessness
you can't quite wake up and get up
as much as you so very want to and would like.
I had a dream of us though and it was us
like the one sitting in a big grassy field
but you weren't playing with a butterfly this time,
I just remember you being curled up in my arms
with your head resting on my shoulder
with both of us smiling and our hearts
filled with joy being with our Angels, best friend,
and true love knowing all was good and fine.
I love you babe and wish you were here
to today make that dream real.

So my sweet dear I am now going to get
something to eat and fill my stomach
grumbling and empty here as we speak
and get that hamburger for tacos
out of the freezer to thaw for awhile.
Feel all of my love and my warmth
as I'm right next to you giving
sweet kisses and hugs while
whispering in your ear Kira I love you sweet dear
and can't wait to be with you
right here arm in arms gazing into
each others eyes and feeling your lips upon mine.
My heart aches in longing, craving, happiness,
and a million other things when I think
of that picture of us in deep joy together.
I love you sweet Kira and I will write you
very shortly with much joy and trying
to still get my brain going
at full to my liking.
God bless you sweet Kira and remember
I'm always with you and never leaving.
Sweet kisses to you with big smiles
of tender love too from me your Michael
so deeply in love with you.

You are my Queen and my Angel
who I am so in love with and deeply adoring
and I want you to be here so soon
so I can give you my everything
if full everyday to make you proud
and I can see you always smiling
as I give you all of the love that I
have inside just for you my darling so very beautiful and cool.

Michael P. McParland

Come Rest 13

Come rest with me my sweet one
as I am ever so tired and need it now.
Will you come snuggle with me
and share some sweet kisses before we do?
Then just rest your head upon my chest
and curl up in my arms for me to
pull you in close rubbing your back
and stroking your hair as we drift off
listening to the podcast which never fails
to make me smile and laugh.
Come rest with me my sweet one
and also feel me with you where you are
with my arms around you and my lips on yours
and me saying Kira I love you sweet one.
Come rest with me my sweet one and know
that I love you with all of my heart,
mind, body, and soul.
Will you come snuggle my sweet Angel dove
because your Michael wants wrapped up
with me ever so lovingly right beside me.

Michael P. McParland

I Miss My Best Friend 2

I miss my best friend who truly is
the most gorgeous and wonderful woman there is.
She gives my heart, stomach, soul, just all of me in full
fits of awe and wonderful need to be
holding her so close to me giving sweet kisses
and telling her how much I care.
I miss my best friend and just want her
to be right here in return holding me
and feel joy and deep peace gazing into each others eyes
and smiling so wide and bright.
I love my sweet Kira my dear Angel bride
and I will miss her every second of every day
until she has returned because she is my best friend and true love.

Kira I miss you my best friend because to me
you are the worlds beauty and my everything
and as I sit here right now I just
want you beside me wrapped in each others arms.
I am truly so sorry that my mind isn't
working as sharply as I'd like it
to give so very many more reasons
just know that I wish we could talk before
I lay down to rest in a little while
and that when I did that we could so warmly snuggle.
I love you sweet Kira and miss you so deeply,
just feel me there with you and know I am holding you
and truly hear and feel my hearts beat for you
my one and only diamond and sweet darling Angel,
I send you sweet kisses my dear Queen.
Kira you are my best friend and I so dearly miss you,
remember I will always be here with open arms and heart
ready to take you right in and listen never letting go
or leaving at all.

Michael P. McParland

Love Note 397

Good afternoon my sweet Angel dove
and may God bless my gorgeous girl.
As I sit here on this noon
and watch The Walking Dead
I just wanted to drop in and say
I love you babe and I wish you were here
just to spend time with and hold.
I'm typing on my kindle here
and you know that's a pain
so just a short message right here.
I love you so very much
and my heart sings out to you
so just feel my hand in within yours
and my arms wrapped around you.
Kira I send you sweet kisses with hugs
and mega tons of all my love too.

Michael P. McParland

A Beautiful Afternoon With Gorgeous You

Come sit with me my gorgeous one
and share a beautiful afternoon with me
snuggling, talking, sharing sweet kisses,
and just spending time together feeling so good
and feeling so contented and safe
as we have a beautiful afternoon in each others arms.
Come and sit with me and let's just hold
each other so close and feel joy within every bit of ourselves.

Soon I am going to cook up some bacon of mine
and we could have BLTs or bacon and eggs if you wanted,
I want to cook lunch for and serve my Queen soon
and see the happiness on your face as I do.
Then after have you curl up in my arms
for us to read and watch a movie after that
while we just cozy up so very tight.
Come sit with me my sweet one and curl up in my arms
to share a beautiful afternoon together dear,
I want to be with my gorgeous girl feeling so good
and feeling so very happy and whole as I feel
the warmth of my Angel right next to me.

So please come sit next to me beautiful Kira
my beloved blessing and gift from God,
come let me cook you lunch and then curl up in my arms.
I know it's technically still late morning
but time to me is all off and with you
I want a beautiful afternoon together,
I want to give you sweet kisses while reading
to each other and watching a movie which
you will pick because I want you too
and I'm in that sort of foggy and sad mood where
everything just sounds okay at my glance and I can't pick
but I know when I start watching what Kira chose
I'll feel so very happy and love it
just like I'd be so very happy to be with you
snuggling and kissing making a beautiful afternoon
so wonderful with my gorgeous Queen.
Kira I love you and want to have you right here beside me

so please come curl up in my arms and we will
share the most wonderful and beautiful afternoon
we could ever hope for and imagine.

Michael P. McParland

Beautiful Dreams Of Us

During my very long sleep from very late
yesterday morning to todays early hours
I slept so very long from deep tiredness,
sadness, missing you, and wanting relief from it all.
I wanted to escape in hopes of having dreams
of you and us sharing great times
like I pray we soon will
and I was blessed to have a few
and though I remember but a few details really clear
let me tell them to you to help you see
why for one I would not want to leave sleep if I could
and to also give you a smile and fill you with cheer.
I love you sweet Kira and my heart hurts so bad for you
and I give you these sweet kisses of true tender love
while I do my best to recount our times so good and fun.

In the first one I just remember you being
here at my house and us lying in my bed
and just innocently smiling at each other
snuggling and caressing each others cheeks
and heads sharing kisses while we talked away
like we always did and it felt so very good,
I wish beyond telling each other how much
we loved the other what we had said
but I can't remember sweet one but
I remember looking into your sparkling eyes
and that is a dream I need here right now
because I am crying inside from so many things.
Can you see how such a dream when you are already
exhausted and need sleep would keep you there
for much longer in hopes to see your Angel so great?
I just wanted to be with you as long as I could.

The other dream I'm afraid is very much hazy
and all I remember is us in a sort of crowded room
but we were holding hands and smiling
as we looked into each others eyes and talked
telling each other I love you and have missed you my dear.
I'm surprised I remember that last bit my love

but that is all I can pick out for you
but I'm glad I had some time with my beautiful girl.
Right now Kira if that's the only way I can
be right beside you touching and holding you
I'll sleep three quarters of every day if I must
until I can at least talk to my goddess so great.
I miss my best friend and endlessly ache
because I need my soul mate my Kira so gorgeous and great.

So please my sweet Kira I know you can understand
and see that part of my very long sleep,
I also was just so tired beyond what I even knew
and when nightmares are a constant to have fun dreams
is the most wonderful thing in your sleep,
the only thing better that can never be equaled
was seeing my Kira I adore and admire,
my gorgeous Kira I would give my very life for.
So my sweet Kira feel all of my warmth and love for you
as I send you these hugs and sweet kisses
and never forget I am with you side by side
and hand in hand as I smile so lovingly at you.
You are my Angel and hearts true desire,
I am your Michael and want to marry you.
God bless you sweet Kira and know I will
be giving you my best as this day goes.
I love you my darling and am dreaming of you as I sit here,
feel me reach out taking your hand and you
within my loving arms to just hold you so close
and let you know you're not alone and you're loved.
I miss you Kira and can't wait to hold you,
you are my everything and my heart is singing
all of my favorite love songs to you to let you know
you'll forever be my only sacred and gorgeous Queen.

Michael P. McParland

Morning Note 160

A very good morning to you
my beautiful sweet Angel dove
and I know you are mad at me already
and I am so very sorry and sad that you are,
a somber start to a morning
after such very very very needed sleep.
I'm sorry truly I ended up sleeping
so very much longer that I had ever
intended or thought that I would
but it's been such a deep tiredness within me
and I had some beautiful dreams
of you and me spending time together hand in hand,
arm in arm and just talking while doing fun things.
I know you would never want me to miss those
or lose out on seeing you to share
kisses so sweet and snuggles so warm
so it really hurts inside waking up
and knowing you're so mad at me
that I just want to bury my head and cry.
Please my sweet lady don't be upset
and please don't leave me
just reach out and hold me my sweet Angel so good.
I love you sweet Kira
and hurt the very worst inside that there is,
I just want to be holding you now
to tell you about my beautiful dreams
and I send you these kisses so sweet
and these big hugs so tight
to surround and fill you with all
of my deep care and infinite loving warmth.
Kira I love you and will never leave you,
just have faith and remember you can't
understand everything when you aren't seeing
what is happening with everything over here
and remember some of my medicines
make me so very tired,
and I miss you so much please just
reach out and hold me back my sweet dear one.
I need you so very badly because you are

my beautiful golden hearted Queen and Angel.

I will write you of my dreams later
after I have gotten some food
on my badly grumbling stomach
which cannot wait very much longer
and would be distracting and hurt
the telling of somethings so very beautiful.
I do not remember them in the most
perfect detail but beautiful moments
that I hope can illustrate their depth
and touch you as they touch me dear.
I will write these shortly
after my system has calmed with food
and I hope and pray you won't be mad at me.
Kira I love you so deeply
and my heart hurts and hungers to have you here with me.
You are my everything and I truly do try
and work so very hard for my beautiful lady
and I just want to cry though
right now they are just the dry tears,
I love you Kira and you are my dream
above all other people and things.
Please give me sweet kisses and a tight squeeze
because I need your love and for you to not be mad at me.
I start to shut down when my best friend
is upset with me and I just want us to snuggle and feel good
doing our best to understand for each other
what is not always to when we don't
know everything about those things.
I love you sweet Kira and give you these kisses
of a man who loves his dear Angel
with everything and all that he is.

Kira remember that I love you
completely and ever so deeply
and that I will never abandon or leave you.
I am here for and beside you
hand in hand forever and ever.
I was literally in bed from when
I last wrote you in extreme tiredness
and also having beautiful dreams

of us with each other and also
just some other fun dreams that for once
weren't horrible nightmares
frightening me and depressing me.
I don't remember what they were
but I remember they were fun for once,
please don't be mad my sweet one
because you are my everything and only one,
feel me beside you now as I
pull you in for a tight squeeze
and feel the tears of my love to
as they are coming too.
Sweet sweet kisses to you my Angel so true
please just reach back and hold onto me too.
Have a beautiful and good morning
my love and I will write you a poem
about those beautiful dreams here in a bit.
Remember I am your Michael and yours alone
and I will always stick by you my Queen,
you are my soul mate and only best friend,
please just take my hand back as I take
it right now within mine.
I love you Kira and send all of it to you
with all of my warmth.
God bless you sweet lady and please
don't be upset or angry
and know that you're Michael is with you
and loves you with my all and my everything.

Michael P. McParland

Love Note 396

A very good late morning
to you my sweet Angel and Queen,
I love you so much and inside
my heart is aching and crying
to be right here with you
holding each other so very close,
I miss you sweet lady
you're my beautiful girl
and I long to be looking in your sweet eyes
as I tell you just how beautiful
you truly are and that I love you
more than anything in heaven or on earth.
I love you sweet Kira and as
I am for a few hours about to rest
my head wish you were here to be snuggling with
and sharing sweet kisses so warming and good.

Kira my love my head still feels
a bit fuzzy with tiredness for one
and also stress and deep sadness
and I apologize that it is making
it so very hard on my writing,
I promise you babe I am giving my best
and I want you to know that
because I want you to know always
how much I care and miss you my dear,
I want you to know always that you are
my whole universe and world.
Please forgive me sweet Kira
and understand if for right now
I'm not going very fast.
I love you so much and always
try to deliver the best that I can.
My heart and soul are in your hands
and I want you to know and feel
just how important and special
you are to me.
You're my diamond in the rough
and my Angel so wonderful

I can't get enough of.

I am feeling quite tired
after some food and some TV
and I just want to nap for awhile
my sweet precious darling.
I'm hoping if I lay down here
early enough that I will
get up by the mid afternoon
and enjoy the evening.
I also want to lay down
and escape the pain of missing
my beloved and gorgeous Queen
and perhaps see you in a glorious dream.
Will you come snuggle with me
and share kisses so fulfilling and calming,
will you come join me
sweet Kira my gorgeous lady?
I am feeling quite tired
and just want to nap
and within a dream see my most
beloved Kira to whom my heart calls and sings
and I want to be with through eternity.

So my sweet Kira feel all of my
warmth and love as I send it to you
and never forget I'm right there with you,
I am beside you pulling you in
ever so tightly for kisses so sweet and deep,
know that I'm here and will always
do anything you may want or need,
I love you sweet Kira come snuggle with me.
My best friend and darling
I truly miss you so very deeply
and want nothing more than to be with you
holding you tightly.
Come lay next to me and we'll rest for awhile
just feeling content as our hearts
and souls meld and talk.
I love you sweet Kira you are the best
again please come and snuggle
to with me feel so warm and safe.

Just curl in so tight and rest your head on my chest
and I'll pull you in to stroke your hair
and rub your back as we drift off.

Michael P. McParland

Sweet Good Morning Kisses Of True Love

Having climbed out of a very refreshing shower
a little while ago and about to eat
the food I cooked right afterwards I wanted to send
a bright wonderful good morning to you
with the sweetest kisses of deep tender and true love.
I wish you were here to sit with me all the while
just snuggled up as we were spending time with each other
talking, snuggling, sharing kisses and more.
Sweet good morning kisses of true love to you
my precious sweet lady and only one.

Very sweet good morning kisses to sweet beautiful you
of deep true and caring love my dear one.
I feel a bit better after my shower
but still ache for you so very deeply and want
to hold you so near me telling you that
you are important, special, and truly beautiful.
I send you sweet kisses to brighten your morning
and let you know that I am there with you
and holding you to give you such peace and make you happy.
I send you the good morning kisses just to tell
you I love you and miss you and wish you were here
to sit right beside me and share kisses and our time
on this winter morning on which I don't feel cold
but you might because I know you get chilly dear
so I would wrap you up so very tight and lovingly
with tender care in my robe and then have you curl up in my arms
to snuggle away while we did our thing.

I send these very deep passionate and tender
good morning kisses of true love to you
and want you to know how truly wonderful and special you are.
You are my lady and most gorgeous Angel
and I just want to be with you forever and ever.
Feel all my love as I send it your way
and be filled with warmth from those sweet kisses
and the big hugs I send along.
I love you sweet lady and wish you were here
to snuggle with me as we both very need.

I love you sweet Angel and send you these kisses
so full of true love and deep care for you.

Michael P. McParland

Morning Note 159

A very early good morning to you
my sweet Angel dove and I hope
your night has been good
and you have felt all of my warmth and love.
I am fighting my tiredness
and the sadness I feel
and am about to jump into
a cleansing and refreshing shower
to maybe help me feel better
in body as well,
I'm not feeling sick at all
but just sort of blah,
and as ever I wish you could join me
so we could just hold each other
sharing sweet kisses and smiles
with each others company,
I miss you sweet lady and wish
you could be there holding me
as I so tightly held you.
Feel all of my loving strength
fill and surround you.

I wanted to wish you
a very beautiful early good morning
and tell you I love you.
I wish you could be here to share
a beautiful and loving morning
spent snuggling, talking, and kissing
all the way through the shower and after.
I just wish I could spend time
with my beautiful one
and feel so comfy, safe, soothed and calm
being right here next to you.
I pray that soon we will be able too.
So I send you sweet kisses
and big hugs or warm love and caring
and never forget I am right there beside you
so feel my hand in yours
and my arms wrapped around you.

God bless you sweet Kira my delicate Angel
never forget I'll never leave you
and that your Michael is here
longing so very hard to hold you
and be with you forever.

Michael P. McParland

Wishing You Were Here 2

Sitting here in the middle of the night
and as I sit watching a fun little documentary
I think of you and miss you so much.
I'm not feeling completely good
and my heart is heavy wishing I were with you.
I wish I could be holding you closely
as we just sat together snuggling
and feeling so very cozy.
I wish you were here so I could look right at you
and say I love you sweet lady and you are amazing,
please don't ever leave me because you are my Angel,
my Queen, my hero, my best friend, my soul mate and everything,
you are my only true love whom I want to
be with through all eternity giving of myself in full
to you my sweet Kira the most beautiful woman there's ever been.

Sitting here fighting fatigue and sadness I wish
you were here to sit and give kisses,
to just spend time with and share our whole lives with,
Kira I wish you were here just so I could hold
and give all of my love to as I've always wanted
and within myself know you've wanted too,
please my dear darling let's make it so soon.
I adore you my darling and am longing so strongly
to just be with my woman and spend time together
doing everything and nothing as long as it's together.
I love you sweet lady and miss you so badly,
please never forget I am right here as well as beside you
and would do anything you wanted or needed,
you are my hearts truest desire and I want you to come
be my sweet wife forever and ever knowing true joy together.
So as I sit here I'm sending you sweet kisses and hugs
of pure love and warmth and want you to know I wish you were here.
I love you so deeply and just want to hold you so closely and strongly
to let you know that you're loved and I miss you so much
and will stand by your side through all time no matter what.

Michael P. McParland

A Night Spent Holding You 2

As I know get up for a little bit my dear
I'm still feeling tiredness cling to me
and the sadness of you not being here.
I wish you were here with me as I sat
back on the couch and you could curl up in my arms
and spend the night with me holding you ever so tight.
I just want to spend the night holding you
my sweet Angel of loving light.
I want to spend the night with you in my arms
just having you close talking, sharing kisses,
and feeling secure and safe with each other so very close.

At first I need something so very badly to eat
so you could just curl up so cozy right by in my side
and we would smile at each other and feel
everything around us lighten and brighten,
then afterwards I would just wrap you up
and give you the biggest kiss saying
I love you Kira you are the sweetest and greatest there is,
you are my Angel and gorgeous Queen,
you truly mean everything to me.
I miss you sweet Kira and am aching for you,
I love you my darling and want to spend the night
holding you next to me and knowing everything is okay and will be.

A night spent holding you while first
I sit up for awhile to eat, read, and watch some TV,
and while you were awake just softly and lovingly talking.
Then when you were so very tired just lay
your head on my lap and sleep ever so peacefully.
Then after I'm tired and ready to get some more sleep
again my sweet love I'd scoop you up in my arms
and carry you to bed so I could wrap you up in my arms
and continue holding you my sweet Angel dove.
I love you so much and want to spend time with my lady so fine
that I want you to sit with me so I can be with you and hold you
and then lay down together feeling so fulfilled and cozy.
Come sit with me Kira so I can hold you right near me
and let's spend the night with you wrapped in my arms

as we share our love and our time,
I love you Kira and I want you here so badly by my side
and within my arms and I'm reaching out to pull you in for a snuggle
with kisses ever so sweet.
Feel me beside you and please come sit as I will be holding you
in my arms so lovingly with care through the whole night.

Michael P. McParland

Night Note 142

Hello my sweet beautiful love
and a most wonderful good night to you.
I have only just woken within
the last 15 minutes my dear
and I just feel sad as I wake up sweet one.
I feel sad from missing you
and just a general sense of being sad
from a few other things too.
I feel though like you might be mad
and that just makes me want
roll over and cry my eyes out.
I love you so much and just want
to be with you holding you so close
and I'm so lonely without you my one.
I send you sweet kisses so full of true love
and great big hugs full of pure warmth.
I love you sweet Kira and miss you tons,
you are my beautiful woman
will you please hold me back.
I just need your loving strength
as I lay here right now.
I'm sorry sweet love if I have upset you
or none of this makes any sense.
Just know that I love you so very much
and that my heart is hurting so very bad
as I am away from you
and facing so much here alone.
I need you sweet Kira you are my lady
and you are my rock
and I know you'll always stand by me
I love you sweet Kira and I know
that you love just as much and just as strongly.
Please right as I lay here
put your arms around me and let's snuggle
giving each other deep strength and peace.

Oh my sweet darling Kira how
I so deeply love and miss you
and wish I could wrap my arms around you

and just so tightly hold you.
I feel like I am about to start crying
from just feeling so very lonely
and stressed as I lay here in bed.
I miss you sweet one and that you know
just how deeply and truly I care.
I'm always with you holding your hand
and am wrapping my arms around you
to give you kisses and hold you so close,
my heart is hurting bad Kira
please hold me back,
you are my Angel and I need your smile
and I need your loving soft looks
with the sweetest of kisses I know
come from a pure and loving soul.
I miss you so much and need
to be in your arms as you are in mine,
I love you sweet Kira and I want you
to dry my tears as I dry yours too.
Please come my sweet darling so very soon.

So my sweet Kira as I continue to just
lay here for a good while I send you
all of my love and my warmth
with great big kisses so sweet
and massive hugs of pure caring peace,
I love you sweet lady you are my everything
and I am hurting so bad not being able
to hold you right here and have you
lying right here by my side so you can
rest your head on my chest
while I stroke your hair and rub your back,
I need my sweet Kira the most beautiful
woman and Angel there's ever been,
I miss you sweet Kira and love you
please don't be mad.
I just want to be with you sharing
sweet beautiful passionate kisses.
I love you my darling and will write you
as soon as I finally get up
and get moving and please let's
hold each other and snuggle while I just lay here.

I miss you sweet darling and just want to be with you
giving everything I have and at my best
am truly able.
I love you sweet Kira you truly are
my sweet Queen and Angel and I'll always
stand by you giving all my support
and true love unconditional,
Kira I'll never leave you because you are
the only woman I'll ever live and die for.
You are my only one and most beloved hero best friend.

Michael P. McParland

Come Rest And Snuggle

I am so very sorry sweet one
but the tiredness has crashed down
so very hard upon me
and I need to lay down for awhile
please come rest and snuggle with me.
I want us both to be in each others arms
so I can give you some kisses and say I love you dear
right as we rest our heads.
Kira please come rest and snuggle with me
because I miss you babe and just want you here with me.

Come rest and snuggle sweet Kira please,
I just want to be with you as I for awhile fall asleep.
I want to be in your warmth and feel
deep loving care with deep peace.
I just want to hold you as I put my head down
to get some very needed sleep right now.
I miss you so very much and just want
to be with my Angel whom I love and loves me very much.
Please come snuggle sweet Kira and rest
for awhile with your loving Michael.

Michael P. McParland

Late Morning Dreams And Longings

Hello my sweet dear and I hope you
are doing most well and feeling
all of the loving warmth that I send
and feel cheer with all the sweet kisses
and big hugs I send along.
I have been thinking of you and am longing
to have you here in my arms to spend
the rest of this late morning
and then afternoon in each others arms spending time.

I'm about to head out to Burger King
to buy some lunch with a gift card
I got for Christmas and haven't used yet.
I wish you were here to run out with
and get us both a good meal
then come back to wrap up closely
by each other on the couch and enjoy
it while being together feeling peaceful and whole.
Tiredness is again catching up with me a bit
so I'm feeling more quiet but would just love
to sit next to you and hear you talk
or watch a movie sweet love.
Late morning dreams and longings for you my sweet dear
are what I am having and feeling here.
I love you sweet Kira you are my true love
and I miss you.

So feel all of my love for you and feel
my arms now as I wrap them around you,
I am about to go out and grab lunch
and as I sit down to eat I'll be dreaming of you,
I'll be longing to have you right there
by my side enjoying the food and late morning as well.
I adore you so much and want to have you
right here in my arms,
I want to be giving you kisses and have snuggles
many times through each day that we live.
I miss you sweet Angel and know I'm with you
because I'll never leave my beautiful girl.

I love you so deeply and will be thinking of you
as I go about my afternoon meanderings,
I love you sweet Kira you are my Angel
and I would give anything to be with you
right now my sweet precious darling.

Michael P. McParland

Super Sweet Kisses For You

I have these super sweet kisses
of deep true love Kira just for you.
Super sweet kisses of true love,
super sweet kisses to reassure you
that I am right here and by your side.
Super sweet kisses to say you're great
and that I truly love you babe and always will.
I have for you these kisses dear
because I want you to know you need have no fears
because I always with you and will never leave,
I have for you these sweet kisses because you are
my Angel and you are beautiful.
I have these super sweet kisses because I miss you
and I send then now to fill you up with all my love and warmth.
I send to you these super sweet kisses of true love
because sweet one it will only ever be you for me
because I adore my Kira and want to be with you
for all time side by side hand in hand,
I send these super sweet kisses just to you
because my heart calls and wants you to know
you truly are my everything and I want and need.

Michael P. McParland

A Quiet Morning Holding Each Other

A quiet morning here my sweet dear
and the tiredness still hangs over me.
I have no plan to lay back down
I just wish so much that you were here,
to be within each others arms
as my head and all still try to clear.
I am so very much missing you and want to hold you near,
I love deeply my sweet darling one
and just want to spend this quiet morn
chatting with my divine Queen
while we snuggle away the early hours
in each others arms.

A quiet morning here right now with just you and me
is exactly what I would like right now
as we gazed into each others eyes.
I just want to snuggle with my only one
and see your beauty as I relax and feel your soothing touch,
a quiet morning feeling all your love
as we held each other very close is everything I want.
Kira my sweet only one feel these kisses I send right now
and feel my arms tighten right around as
I pull you so close in.
I just want a Quiet morning with my only one
and that's where my minds at now.
I love you so much my only one and join me
in spirit my darling one,
and oh so soon please come to me for many
quiet mornings spent within each others arms.

Michael P. McParland

Early Morning Sitting With You

Very early morning and after a long
needed sleep and just trying to get going
and regain my strength I have gotten out of
a very cleansing and refreshing shower
which I wish I had shared with you
just kissing and holding each other.
Since you were not here to join me
I put on a podcast that always makes me laugh
and sang as well though couldn't very loud.
It helped give me some pep and now out
of there and I would love to have my food
and just sit up in bed next to you
taking and snuggling with my Kira
I love and am so missing very bad.
I love you my dear Angel so beautiful and very good,
I hope that you will be here soon.

Not left with much energy just a grab
of food that is quick to build my energy.
Some aged Irish cheddar cheeses with roasted garlic hummus,
some garlic stuffed green olives, get your kisses
in before I eat I think my sweet dear
and some pizza rolls a fast microwave cook.
Enough to able to sit up in bed with you
and just pick at small portions so I don't
push my stomach to fast,
all that to east with my favorite Kool Aid as well.
How I wish I could then just be sitting by you
as I try to put myself back together a bit.
I'm missing you so very bad it's pulling me
apart more and more the longer I'm from you.
I miss my gorgeous Queen Kira the greatest woman
and sweetest Angel that's ever been.

So now I sit here with my food feeling
better in a few ways for sure after that shower.
Amazing how sweaty you get from just sleeping right?
And how I wish you were here to sit with and talk
giving kisses so sweet and snuggling right through.

I want an early morning here to sit with you
and just feel you so near while talking,
reading, listening to audio books and music,
with my movies and some TV, with so much more
that we both love but most of all
on an early morning trying to get feeling better
and being in deep pain missing my Kira
I just want to be sitting here talking.
I just want to be with you feeling good
as we hold each other.

I love you so very much my beautiful Kira
and if you only knew how badly I hurt for you.
Feel all these sweet kisses of passion and love
with these great big hugs of pure warmth
as they are for you forever and only you,
Those are the kisses and hugs of that special love
that only you shall ever receive
just as I have those hugs of love that only
my nephews and parents and your kids if they like
will ever receive because that's all that I need.
I just want to be sitting here with my Kira so dear
and never forget I am with you sweet one,
I'll never leave you my sweet Angel dove
and will always stand by your side hand in hand
giving you all of my support because you are my true love
and I want to be with my diamond in the rough
and best friend for eternity my beautiful woman.
So feel me there with you as I hold you closely
and let's both feel this dream now of us sitting
together kissing and snuggling on this early morning
surrounded in our true love and God bless you
my sweet Queen and beautiful Angel Kira.

Michael P. McParland

Night Note 141

Hello to you my darling Kira
I hold so very deep, tender,
caring, and unconditionally loving
deep within my soul and heart
for which you hold and carry
forever being yours and that's just what I want.
Please forgive me dear
as I struggle so hard right now
to get myself up in whole
and moving right now.
My head still feels extremely foggy
on anything near the finer points
of execution in detail
or memory in whole.
I just know without any haziness
or confusion at all
that I miss the woman I so
truly love in the most intense pain
that in many ways I know there is.
My heart just burns in need
to hold you near and give you kisses
that will put out all of our
worries, our fears, and our longing needs,
Kira it isn't just for me
that I am so in need to be with you
but because I want to comfort you
and reassure you how deeply loved you are.
I just want to give you happiness
and so much deep and caring love.
I hurt so much just to talk to you
and give you all my care and love
while holding you so tight within my arms
and holding your hand in love.
Let's get to that stuff later though
more when my head has somewhat cleared.
Just remember dear that I love you
more than anything and more than
anyone can ever know.

Please my Kira I hope I am
not asking too much as I rise now
I need your loving strength.
First thing that I must do
is a shower that cleanses and rejuvenates.
I have eaten since Sunday when I
laid down but I don't remember
exactly when or just what it was my dear,
I was in a deep sleepy fog
so I need some help in strength,
I also wish you were here to hold
while we were in there too.
I might have some tears to shed
or I might not I don't know for sure,
I do know that I want to
smile at you and give some kisses too,
I need my Kira bad because
she's my hero and my best friend too.
I often fear you may be embarrassed
or disappointed in me my dear
but I do give my very best,
and I understand and am ashamed
because I know I can be embarrassing.
I wish though that you were here
to join me and enjoy the cleansing
and waking flow,
and I know that you accept me for who I am
and I get the feeling you wish
that you could join me too
to share those kisses while we smile
and be holding me to catch those
maybe tears.
I am sending you my dear all
my strength warmth and love
and feel all these hugs and kisses
saying I love and thank you babe.
You truly are my everything
and all I want and need.

After a cleansing shower of waking
and renewal food is so badly in need
while you share a good morning with me.

Let's focus on that babe as just
getting that first part right now
needs focus and energy itself.
So please just wrap your arms
around me and we'll together
just hug each other strong.
Find our way together as we always have,
I need my Kira always no matter what
because you are my Angel and true love,
you are the one to whom
I give myself in full and non stop babe,
you truly are my everything.
So as I get up and probably
slowly move about I send you all of
my caring love and want you to know
just how much you mean to me.
Kira I am always by your side
and I'll never leave you dear.
I can't take or stand our time here
apart and just want you in my arms,
so know that no matter what
I am forever yours and I'll love you strong
because you are my only one.
Kira I will write you in short
after my shower and let you know what's going on.
Until then know I'll be with you
and thinking of you here,
and feel all of these endless kisses
of deep and caring love
that I'll be sending non stop.
Feel my arms around you
in deep comfort and endless love.
Kira I miss you my darling Angel
and pray for our time soon,
I love you so very much and want to be holding you.

Michael P. McParland

Love Note 395

Kira my one I love you so much
and send you these sweet kisses
of deep need and deep care.
I have been sleeping this whole time my dear
except for a few where in a fog
I ate some food.
I just want to know now though
if you will come lay with me
and just snuggle for right now.
I love you so very much
and still need your comfort here.
I'm not yet ready to rise
and it may not be long from now
but I am not sure.
Please just come snuggle with me
because I need my true love
and heros comforting arms around me now
and I want to be holding my best friend
the most beautiful woman in the world.
I love you Kira you are the best
and my everything
please come snuggle dear and share sweet kisses too.

Michael P. McParland

I Love You My Sweetie

I love you Kira my sweetie
and am so desperately tired
and miss you so very bad,
please come lay with me
and we'll hold each other so very close,
I need you sweet one within my arms
to give comfort to and receive from.

Kira you are my sweetie and everything
and I need your loving strength with me
and around me right now and I just
want you to be here with me snuggling
and not mad me.
I love you Kira my treasured Angel and sweetie
and I more than need you here.
I want you here to hold so close
and tell my love and have help me
through these struggles hitting me.

I love you Kira my darling
best friend, Queen and Angel sent from heaven
and I want you and only you to be
the here by me as I lay down in extreme exhaustion
and a very stressed mind.
I love you dear Kira you truly
are my adorable sweetie I treasure
and I hope you are okay and will wrap
your loving arms around me
and please don't be mad at me for anything.
I love you my darling and just want you
here because I miss you and want
the good times hand in hand for all time.
Kira you are my sweetie and I'll
always love you and be right by
your side holding you close.
God bless you sweet lady I love you so very much.

Michael P. McParland

Relax With You

I just want to lay back with you
wrapped up in my arms and you snuggled in,
I just want to lay back and relax with you
feeling peaceful content because I am with you,
just be able to enjoy the feeling
of being safe by having the one you love
right there beside you in you arms,
I want to lay back with you and relax
in the feeling of being accepted and loved in return
as I look into your sweet sparkling eyes
before giving you the biggest and sweetest kiss
of true that you can dream of or imagine.
I love you sweet Kira you are amazing
and I need you here with me so very much.

I miss you terribly my sweet precious lady
and I just want to lay back and relax
getting used to and enjoying the feel
of having my Angel in my arms beside me,
I just want to relax with you and feel
all stress melt away and be gone.
I just want to lay back and relax
enjoying time and all that I have with my sweet Angel dove.
Kira I love you so much
and what would make me the happiest man
on earth right now would be to just lay back
and relax with you feeling peaceful
and content enjoying the great feeling
of being with my true love and holding her close.
I just want to lay back and relax with you
holding you close and just revel in the
contented joy and fulfillment of having you
right there in my arms.
I love you sweet one and just want
to hold you forever in true love and warmth
my sweet Angel dove.

Michael P. McParland

A Day Spent Holding You 2

It is a quiet day here my sweet dear
and has the general feel of quiet
all around as I sense it from where I am.
And on such a day I would love
to spend it holding you so close to me
and giving you sweet comfort
while we talked and I rubbed your back.
A day to just hold you and let you know
that you are so truly cared for and loved,
a day to hold you and neither of us
would be alone and filled with an aching longing.
A day spent holding you and feeling
all was right in the world because my lady
would be in my arms for me to give
loving comfort and care too
feeling safe and whole as I hold her so close.

A day spent holding you would be a dream
as we could just sit and talk
while sharing sweet kisses so good
and we'd just be spending time
healing our wounds and getting to know each other better.
A day spent with you in my arms
is what we so need to
make up for lost time sharing our loving warmth
in snuggles so soothing and healing.
Snuggles of joy while we just
smile at each other and take in the
reality of you being in my arms
kissing and just spending time
with each other feeling deep peace
in our hearts and souls from finally
being able to be with the one we love
and have been waiting for.

A day spent holding you and being
able to give comfort and reassurance
is something that will happen
and I can't wait to be able to

wrap you up as tight as you need
and just help you to know I am always with you
and I'll always be holding you
so very close am never leaving you.
A day spent holding you to help
so many of both of the scars of time heal.
A beautiful day to just spend
in joy and contentment being with
the one we so truly love.
Kira you are my Angel and my gorgeous lady
and I will spend a day just holding you I promise
and I will as always hold you today in spirit,
so feel deep peace and love fill you
as I wrap my arms around you.
You are the woman I want to hold forever
through time because you are so adorable and I love you.
Feel all of my loving strength as I send
it to you and be filled with great warmth.
I love you so much my sweet lady and
am right there beside you holding you tightly.

Michael P. McParland

A Beautiful Sunday Morning With My Beautiful Lady

Good morning to you Kira my beautiful lady
and gorgeous sweet Angel dove and as I rise
from the little rest I took from our earlier snuggle
I give you more tender morning kisses of true love,
feel all of the warmth and love I hold for you
as I pull you in close a great big good morning hug.
How I wish you were right here to share
a truly beautiful Sunday morning in each others arms
feeling such peace being together and just
being able to get this day started just as we wanted
in every way possible because it would be our
beautiful Sunday morning together
and we want to enjoy it to the fullest.
I so love you Kira and you are my beautiful lady
and I truly adore you.

Today my sweet Kira we'd just sit up in bed
while you curled up in my arms and had your coffee,
a nice lazy start on a beautiful Sunday morning
just holding my lady and talking as we wake up
and share very loving Sunday morning kisses,
a perfect time to just sit back with each other
and truly enjoy the reward of how far we've come
and over come to finally be with each other
and have our dream of a beautiful lifetime together.
I love you Kira my beautiful lady so good
and I know that we will soon have that beautiful Sunday morning
together and an eternity of more.
I so want to share this beautiful Sunday morning
with you my beautiful Angel.
It is so lonely and empty without my Queens company,
I know though you are with me in spirit
and I can smell you and feel you when you are very close,
I smell a type of shampoo, lotion, or soap
that you use and I just know in the way it triggers
a million senses and I can feel all of your love
instantly and that is a wonderful magical gift
of our true love and blessed bond,
I just want to be holding you in person so bad

and be able to start having the beautiful times
with you my sweet one right now.
Feel all of my love and warmth as I send you
these kisses of strength and deep caring peace.

Kira I send a very sweet good morning to sweet
gorgeous you I so love and adore and crave
to have with me at my side through eternities time.
Feel my arms slip around you in spirit now
as I hold you so close to share a beautiful
Sunday morning with my beautiful lady
in the way that we have.
I am sending you many sweet kisses
and close your gorgeous eyes to remember and see
my loving looks and big smile so full of love
for you my sweet Angel.
Just know I am with you and will never leave you.
I'll be there beside you the whole day
hand in hand giving sweet kisses with all
of my loving care.
Good morning to you my sweet beautiful Kira
and may God bless you in every way
and have a marvelous day.
Remember sweet lady that I am right there with you
and right here always if you want or need.
I love you sweet Kira and am holding you so tightly
in spirit.

Michael P. McParland

Early Morning Kisses

I send to you my sweet dear these early morning
kisses of deep comfort and warmth,
early morning kisses to go along
with a tight and cozy warm snuggle.
I send you these early morning kisses
because I so truly love you
and I deeply miss you.
I send you these sweet early morning kisses
just because I want to and can.

I so love you sweet Kira and just want
to be with you giving all that I have,
I love you so very much and just want
to feel your warmth around me.
So I'm reaching out to pull you in close to me
and give these many kisses before
you rest your head on my chest for
a good snuggle so warm and fulfilling.
I love you sweet Kira and send you these tender
early morning kisses of true love and warmth
so you will know and feel that I'm there with you
and to give your day a beautiful start.
I love you sweet lady completely and truly.

Michael P. McParland

My Best Friend Eternally

My best friend is my true love
I totally admire and adore.
My best friend has the biggest heart
and most loving soul so filled with light,
she is my Angel and northern star
and helps give me direction and hope
even when she doesn't know it.

My best friend truly is the most beautiful woman
and is one of if not the biggest reasons I'm still
on this earth and continue to fight through
all things both big and small.
My best friend is my true love
and I still carry on because of her,
she truly is a loving Angel I adore
and want to be with hand in hand forevermore.

I love my best friend so deeply
and will forever stand by her side
giving all of my care and unconditional loving support.
I will always give her all that I have in true love
to honor her and treat her like the sweet Queen
and Angel that she is.
I love and adore my sweet best friend
and want to make her proud and happy.
I am dedicated to her eternally.

My best friend is Kira
and in my eyes she is perfect,
I love her completely and know that she is
a truly wonderful and amazing woman
I'm blessed to have in my life
as my sweet Queen, my Angel,
my soul mate and everything who loves me just as much.

My best friend truly is a very beautiful woman
and she doesn't even realize just how much she is.
She is my gorgeous girl I so love and adore
and I want to be with her forevermore

basking in the glow of her sweet loving spirit
and wrapped up together in our dedicated
true love in pure comfort like a big blanket.

She is my hero and has saved me in many ways,
she is the reason my heart continues to beat
and she is the center of many reasons
for why I keep on fighting through everyday.
I will always fight for her and work so very hard
giving my best with each breath and step.
I'll love and stick by for eternity
hand in hand side by side giving my full endless
loving support so she'll feel safe and assured
knowing I'll never leave or abandon her.
I am her Michael and I'm dedicated to her in every way
because I love her so very much
and want to spend our whole lives together
feeling true joy in the love that we have and share.

My best friend truly is just such
a wonderful and beautiful woman
I'll love and stick by for eternity.
and the only one I'll ever give myself to
completely and in full because
nobody else can ever be the holder
and crown jewel of my heart and soul.
She is my Queen and sweet Angel
I want and no other can ever provide
all of the loving care that she does
and make fountains of endless tender and caring love flow
within me like that gorgeous girl has,
she is an amazing and special blessing
I am so thankful for and I just want to hold
and cherish my Angel who truly is
a diamond in the rough and rare gem.
She is my best friend and I love her
and I want to spend eternity at her side
as husband and wife.

Kira is my wonderful best friend
and soon I will be holding her
while sharing sweet kisses.

She truly is the most wonderful woman
and has touched my life in countless ways
I am so thankful for and will
always work hard to show her how much I care
and always treat her as the Queen she is
giving her all of the love I hold within.
Kira is my amazing Angel and best friend
and I love her truly to no end.
I will stick by her forever
giving all that I have.
Kira you are my true love and best friend
and there is nobody else I'd rather be
with through eternity than beautiful Kira
my gorgeous sweet Angel dove I can't get enough of.

Michael P. McParland

Love Note 394

Hello my sweet Kira
and I wanted to say
I love you my dear
and send you these loving kisses
so sweet to fill you with
my caring and never ending
loving warmth which
is so immense and boundless
for you my sweet one.
My heart is close to bursting
with the infinite tender love
that I hold for and give to you.
I adore you so much
and my heart melts from your
divine beauty and loving soul and heart.
I am yours forever sweet dear.
I am yours without a single doubt
forevermore my dear one.

So I just wanted to drop
in with this quick note to
tell you I love you my gorgeous darling
while I sit here with music
and working my brain for a
new wonderful poem for you.
I wanted to give you
these sweet loving kisses
and big hug of deep warmth
so you will know I am with you
and holding your hand,
I will be by your side
with endless support always my darling one.
I love and adore you to no end
and could never see anyone but you
as my wife and spending eternity
in divine bliss.
I love you truly my sweet beautiful Kira,
you are my Angel and truly the best.

Michael P. McParland

Night Note 140

Hello there my sweet dear
and first things first I give
to you theses sweet tender kisses
of true love and warmth.
I wrap you up in my arms to
give you sweet little kisses on your
cheek ear and sexy soft neck.
Then pull back to lightly
caress your check and brush your hair
completely clear of your eyes
so you can see the deep caring gentle
passion in my eyes as I tell you
sweet Kira that I do truly love you,
you are everything I hope for,
you are all that I want and there
is no need in any way for you to
have a fear or doubt about that.
It truly is you my sweet Angel dove
because I am attracted to you so deeply
in every way that there is and I mean that
beyond even the skin level and have
not a doubt there as well as my eyes are
only for and on you my beautiful Kira I love,
and you truly are the one I need
because we share an unbreakable bond
that defies all attempts to destroy it
and I am so truly happy and proud that we have it.
It is you that I need because
I love you and adore you completely.
I love you sweet Kira and am yours
and yours alone as my heart melts for you.

And as I've looked into your eyes
to tell you this I hope you have been filled
with peace as I give you all of my love,
I hope it has filled you with the
immensely comforting warmth
of reassurance and I hope you
are filled with joy and hope

I was able to help you see how
very special to me you are,
and then I will lean in to give you
the deepest passionate kiss
you can imagine because,
I want you to know that you are
my sexy lady and a true beautiful woman.
I just want to give you reassurance and
comfort sweet Kira while letting you know
how much I care for and love you.
I want to make sure you are comforted
and calm tonight knowing and feeling
all of my love.
I wish I could be holding you
right here right now looking at you.
So I could tell you I love you
and adore you to no end.
Kira you are my everything
and I want you to be doing good
in every way that there is.
So feel all of my warmth
as I send you my deep love
and care to give you sweet comfort
and tell you that I love you so much
and will be with you forever.
Kira you are my soul mate and true love
I adore and respect to no end.
I love you Kira my best friend
and feel me holding you tightly as
I give you kisses so sweet and passionately.

Michael P. McParland

Tender Goodnight Kisses

Goodnight my sweet lady and though I'm
not ready just yet for bed I want to lay
down with you in my arm to snuggle for awhile
and give you kisses so very tender
to express my love and hunger for you
in its infinite adoring care.
Come snuggle sweet one and share tender kisses with me
that heal and soothe the heart
in the true loving care expressed through
the gentleness in them.
Come my sweet darling and let's
share some tender goodnight kisses as we snuggle.

Please come curl up in my arms
and don't be upset or angry over anything,
I love you so very much and am going
to hold you so very close the whole night
stroking your hair and rubbing your back
giving you the sweetest kisses
with tender looks into each others eyes
so you can see all of the truths I hold inside
and the deep loving care and desire I have for you.
I am just going to hold you so close
and give you all of my love and warmth
to comfort your soul and heart
softly talking telling you I love you
and treasure you so very much
and that I don't want to ever lose you
the woman and Angel I love more than anything.
Feel my soft loving touch, tender kisses,
and arms around you in pure love as you rest
your sweet head upon my chest and feel
peace knowing I'll never leave you
and be right by your side hand in hand through all time.

I will see you tonight as together
we'll meet in the land of dreams
and be able to spend time and we need
just light unique fun sometimes too

in a place so majestic and no boundaries
and just a simple thing as sitting with you
while building a puzzle would be heart warming
because we will still find time to
hold each other and share sweet passionate caring kisses.
Just to be with you is a wonderful
thing in itself and a time of simple fum
with each other puts a smile on my face and heart.
I'll see you tonight my sweet precious
Angel of love and light.

Goodnight my sweet Kira I truly
find and see as so very adorable
and without a doubt you are so beautiful,
please come join me in bed for a tight
snuggle of caring warmth so I can
give you these tender kisses so filled
with true love and care in their gentleness,
share with me these tender kisses in return
and just feel the love that I have
and let the strength and deepness of it
reassure and strength that which you know,
I love you Kira so very much and do try
so very hard always because I adore you
and love making you smile because you are proud and happy.
Just feel the depth of care and truth
in these tender kisses and feel peace in your heart.
I will never abandon you or do anything
to hurt you sweet lady.
You are my Queen and Angel and to me
the most important and wonderful person there is.
Now come and let's lay down in bed
and share some tender goodnight kisses
so full of deep, gentle, true love
that only two soul mates and best friends
can ever truly hope to have.

Michael P. McParland

A Few Simple Needs My Dear One

As I sit here sweet one I am thinking
of you and sending sweet kisses
and huge hugs with all of my loving warmth.
I am missing you so very bad
and right now outside of you I'm very much feeling
very alone with no one that's
a truly solid friend or confidant
anywhere else that I go or talk to at all.
And I just ask for a few simple needs
on this night my dear one to help
me feel your love ever so strong
and know that things are okay.

A few simple needs my sweet dear
like please just help me to feel
your acceptance and now it
as the feeling runs through me.
Help me to feel your care
which I know is there but
I just need reassurance on this night.
Please don't be angry at me.
Just the simple reassurance to know
that you like me as well as love me too.
Help me just to know so very strong you are there
and holding me near.
Just these few needs my sweet dear
would mean everything to me.
Coming from the woman and Angel I love
it means more than it possibly could
from any other source that there is.
Essentially I am just in need of
extra loving reassurance
from my precious lady,
the one whom has the greatest and most
wonderful love within her
and I know will always be there.

I love you my sweet one
and just want to be in your arms

while I hold you too.
You are the amazing woman I love
and I will stand by you for all time.
I adore you my dear
and treasure you my Queen
and I know that you love me as well
because I can feel it my dear.
It's just a night of needed extra comfort
and I truly thank you for everything.
I love you so very much and will
forever give you every last bit of myself
as I strive to always make my Queen happy and proud.
Thank you again my sweet Angel dove
and feel all of these kisses I'm sending
in true loving gratefulness.

Michael P. McParland

Snuggling Kisses, Peaceful Comfort

After drifting off again on you
for about an hour my dear
I first want to say I am sorry again
and then just reach out and wrap you up in my arms
just get close and snuggle,
also just talk and share the sweetest
and deepest kisses to give each other
a deeply wanted and needed peaceful comfort
that goes straight to the soul
soothing and relaxing us both in full.
A peaceful comfort that leaves us both feeling
truly safe knowing without doubt
that we love each other totally and so much
and will always be there for each other without doubt.

Let's spend this evening just snuggling
and sharing our loving warmth in full.
It is a night that I so very much
want you in my arms to give comfort too
and feel peace by just being right there
with my sweet Angel lovingly wrapped up in my arms
and I also in yours.
Let's share snuggling kisses of peaceful comfort
to be close to each other and take in
the feeling and knowledge of truly being safe
while just holding, kissing, talking,
and spending time with the person you truly love
and that you know in your very heart and soul
truly loves you too to no end.

So my sweet darling Kira feel filled and surrounded
by my entire pure loving warmth as I reach out
to pull you in close to me and say Kira
I truly love you more than anything
and I'm falling apart without you sweet one,
Just snuggle with me and we'll share sweet kisses
while we talk and just take in the feeling
of peaceful comfort that we so need and want
for ourselves and each other.

Just bask in the glow of knowing we're
in the arms of unconditional love and acceptance,
take total peace in the comfort of peace.
Kira my love please snuggle with me
and enjoy a deep peaceful comfort
of true and pure reassurance.

Kira I'm reaching out because I
just want to hold you so close
and know that as I am holding my beautiful lady
it is helping give you pure total
peace and reassurance in your heart and soul,
I want to know above all that you are okay
and know for sure that I'll never leave you
or abandon you in any way.
I want to make sure you feel just how truly
loved that you are by me.
So my sweet darling just curl up so tight
as I hold you with pure love and give you kisses
while we sit and talk.
I love you my Kira and just want to share
sweet snuggling kisses with my gorgeous Angel
surrounded in peaceful comfort
that I am so truly loved in return
and we can both smile so happily
as we enjoy the evening in each others company.

Michael P. McParland

An Evening For Us

What we so very need and much more deserve
is an evening just for ourselves
to be with each other being able
to shut out the outside world for
a number of hours at least
and even better the whole night
so we'll have no distractions or worries
as we just spend time together snuggling
and having fun doing whatever we desire
or catches our fancy.
An evening where we can just lose track
of the hours and all other things
as we enjoy our company and do as we please.

An evening where we'll have time to
sit and talk just asking questions,
giving thoughts, and from me of course
long running ramblings.
An evening doing something I've so missed
with the gorgeous woman I love and have missed
so very badly.
We need and deserve an evening just for us
and not just one evening but an eternity of them
in each others arms feeling true joy
and contentment in our hearts and souls
by being with our true loves.

Evenings to share all that we like,
enjoy, care about and truly love.
So many evenings to learn something new
while having fun with each other the whole time.
Warm sand loving evenings spent with you
Kira my sweet Angel dove and true love,
we deserve and need time to just
spend with each other for so many reasons
and because we want that.
Evenings through life spent
with my Angel I so deeply adore and want
right now to be sitting with snuggling

and giving the sweetest kisses.

Kira I wish this was an evening just for us,
I really do just want to hold you
and I need to give you those sweet kisses
of true passionate love so very bad.
I ache fiercely to just give you my kisses
and feel yours in return.
I want right now an evening of
sitting back with my lady
and just spending time with each other
and feeling true happiness
as we snuggle and give each other our
loving warmth.
I love you sweet Kira and wish
I could spend this evening with you
in my arms and letting you know
I'm not going anywhere ever because
I truly do care for and love you
and want to be with you through eternity.

Michael P. McParland

Love Note 393

Good afternoon my sweet beautiful love
and saying that I give you
these many sweet kisses of pure love
and hope that you are not angry or upset
or over thinking little worries.
I also wrap you up in this
enormous hug to fill us both with
deep need warmth as well as comfort too,
and an extra squeeze to let you know
I so need you and your immense love
from your soft heart,
a squeeze that is also a needed sign
that I ask from and because
of my love for you which is so deep and true.
I have no doubt in your faith
and belief in my love and pure intent
for you and all you hold dear
but it is a pride I put on myself
to prove and show to my lady
my true and loving intent.
So I give that little extra squeeze
in my hug and a small peck
of a kiss on the forehead
to let you know that I love you truly
and need you because you are my Angel
and a blessing and I believe and trust in you.
I know you will always help
catch me when I fall and the likes
of which happens to us on earth
just as I will always be there to catch you
and give you endless help and support
with true loves strength mighty and great.

It was maybe just an hour after
my good morning message this morning
that I was hit by a massive wave
of deep tiredness and fatigue
and fell asleep very quickly
as soon as my head hit the pillow

and my eyes closed.
That is the largest part of why
you have not heard from me sooner.
Then when I awoke a little while ago
it was in the very deepest pits
of sadness and despair.
A lot of things in a way really,
missing you and needing your company,
touch, words, just you in whole
has been the hardest
but there are other struggles
and frustrations that add on as well
like my constant companion
bipolar as you know and a few other
small things I'm sure we've talked about,
there are those you don't know though
simply because the chance or
right circumstance has not presented itself.
So I had to shake that off
before I could operate at all
and then just before beginning this
and up through trying to eat
with a mouth full of canker sores.
So I apologize for my long silence
and not being here my dear,
also I am writing very slow.
My usual speed is not clicking right now
but I will as I always do write for
and to you because you are my soul mate
and hero I so adore and I will never give up
on you or what matters anywhere
because with you my true love,
diamond in the rough, and sweet Angel dove
I have a reason which then gives more.
I love you sweet Kira and will always
stand by your side in true love eternally
with my divine one.
I will always fight for and defend
the woman I placed on high as my Queen,
a place that only Kira could have ever claimed
because you truly are my everything.

So I now close this note of deep love
and much emotion please have
a good evening and remember
I am right here and not leaving,
I will be there with you in spirit
holding tightly and giving you kisses
of deep warmth love and caring.
I will write as best as I can
and the pace right now will be slow
I'm afraid my sweet dear and apologize for.
Feel reassured and have peace in your heart
because your Michael will always
strive hard to make you so proud
because I adore your beautiful smiles
and love seeing you happy
so I always give my best for my sweet fair lady.
Remember sweet lady that all
I feel for you is deep tenderness
within the true love I hold for, carry, and give you.
I just wish to and want
to honor you always for and as the
wonderful woman I know that you are
and I so adore in every way to no end.

Michael P. McParland

Good Morning My Dear One

Good morning my dear one and I send
you these sweet kisses to give light,
happiness, and all of my love
to start your day here
and carry on through the day as I will
keep sending more hugs, kisses,
light, with all of my loving warmth.
Good morning Kira my dear one
please give me that smile that makes my heart melt
and brightens up my entire heart, soul,
universe, existence and life.
Smile for me babe and then I think
I'll be able to too.

I wish you this good morning with
the wishes in me that you were here
to be with through the rest of this morning
and then through the day just spending time
like the best friends in true love that we are.
Just holding each other and hands
as we went about any chores there may be
helping each other to make the job easier
on one another.

Then later go to the routes of reading
and movies with fun and loving talking,
but only here in the last few lines has
it occurred in my thick head that you may
have many interesting hobbies as well
as skills at arts and crafts or millions
of things which I recall you having mentioned
but am unsure where you are on those things
and the ones of which I'm fully unaware.
I am excited to see and hear about all
and will be thrilled to join me if you'd like.
I am so sorry my dear and feel like a selfish pig
for not having thought of that clearly sooner.
I truly do not intend to make it seem or be about just me,
I care for and love you so much in every way

and I want to listen, learn, help,
respect, and give the love that I have and wish to share.
I send you sweet kisses and hugs of deep apology,
please forgive me sweet one and know
that I care about you in full and truly want
to listen and learn about all that you love
and all of the deeper stuff too when those
conversations arise.
You are my lady and my Angel so bright,
I want to learn and know everything about my divine one.

So again I wish you a good morning my dear
and send you sweet kisses holding my love
and my great big hugs to wrap you up
in my warmth and give you reassurance
I am standing right beside you always
hand in hand supporting you in full
with endless true love and care.
I love you sweet lady and will
never leave you I eternally swear.
I couldn't take losing my Kira again
so truly rest assured that your Michael
is dedicated to you in true loves bond
that you are my Angel and Queen
and I'll always give you my very best and everything.
Have a great day my sweet love
and feel my arms around you as I pull you in
for a tight loving squeeze saying I love you babe.

Michael P. McParland

Sweet Kisses Of True Loving Peace

Well my sweet love it took me a long while
to be able to and finally do the few things
I needed and wanted and now out of
a most cleansing, refreshing, and relaxing shower
I wanted to tell you I love you
and send these sweet kisses of true loving peace.
Peace from my heart and soul to help
give you peace to be at ease.
I send to you sweet kisses of true loving peace
with deep tenderness flowing for you
through my body in full.
Sweet sweet kisses to sweet beautiful you.

Darling come lay down beside me and let's snuggle
as I am fading from wakefulness very fast.
My body is growing heavy and the slow down
in full is coming on.
Please come snuggle with me my darling
so we can fall asleep in each others arms
feeling so very happy, safe, and content.
Come snuggle with me my precious lady
and rest for awhile and I may finally crash
and be out of it for a very long while.
So my sweet Kira please come and snuggle
so I can give you many sweet kisses
of true loving peace before I drift off.
I love you Kira with all that I am
and I truly do always try my best for you.
Now come and let's snuggle and I'll hold you
so very tightly in loving comfort
as we fall asleep dreaming of each other.

Michael P. McParland

My Heart To You My Best Friend

A very beautiful hello to you with sweet kisses
in the middle of this night my best friend.
I've just about gotten all of the energy
and lift in the many ways I needed
to get up and finally go take a cleansing,
soothing, and very refreshing shower.
So many benefits from really a simple thing
as it helps with more than just physical health
but helps with ideas and thought
and everybody becomes a star singer while in there.
I know you just smiled and laughed my sweet one
and I wish you were here to soon join me
and I would just hold you and give you sweet kisses
filled with all of my warmth and love never ending.
My heart to you in true love my best friend,
my heart to you for all time my sweet Angel dove.

It's been slow going to build my energy as
the canker sores are in full force
on the right side of my tongue and the strategic
few placed just right to make
painless maneuvering impossible.
And I truly would have written sooner
but time is slipping by me as if I were
almost at a stand still it seems
and I was writing a review for a book I
very much enjoyed and my mind just
could not find the words I wanted and needed
in a good click of time or at all
then just being slow constructing it dear.
I am so sorry sweet love and wish
I knew how to make that up in some way.
I so truly love and adore you
and my heart to you my beautiful best friend.
My heart to you my Queen and dear Angel Kira
I so deeply care for and love.
Feel my arms around you as I pull you in
for a great big hug of deep warmth and passionate kiss.

So I continue on trying to do what
I need and want my sweet dear,
your loving company would be the most
wonderful thing I could have to
get all wrapped up and done
and I will be thinking of you as
I go about it all here.
I love you sweet Kira and my heart to you
for all time and eternity I want us
to spend together hand in hand my beautiful best friend.
My heart to you in true giving love
with a trust I would give no other ever.
My heart to you my best friend because
I want you to feel within you that
true love, admiration, caring,
and endless depth of tenderness I hold for you.

Michael P. McParland

Night Note 139

Hello the my sweet love
and hope you are okay and doing well,
I hope you know just how much
I love you and truly care,
I want you to know and feel in your heart
that your are important
and special and you have a man
who will always love you and care
sticking right by you the whole way.
I want you to know you are important to me
and I want to be with you forever my dear.
I want to be with my beautiful Kira
enjoying the days and seeing the beauty.
I want us both to be able to breathe
easy each day knowing that there
is someone right there giving true love
and support and will be present
and able to help or give help to
if and when needed.
I hate not being right there
to help you in those bad moments we all suffer.
I miss and ache badly when I'm
having a tough day or just
a few hours and I can't put my arms
around you or hold your hand.
I love you and want to be with you
through all the good things
and stand by you through the
tough and bad times.
I want to be with my lady
and just closely hold you
to give us both deep needed peace and comfort.
I need to tell you I love you
with you hearing my voice.
I need to hold you with you
being in person in my arms.
I love you and miss you my only one.

So my sweet love I know it

is most likely my worries and paranoia
but I want to make sure you
don't forget, worry, or feel any doubt
that I will never leave you
be right by your side forever my love.
I am your Michael
and always have been even before
you knew it and you realized
my deep love very quickly
so I'm sure your soul felt right away
that I was yours from that moment on.
I could never leave you behind
feel abandoned and broken
and I can't imagine a life
without my most precious Angel and darling Kira,
the woman I love more than anything.

I am not yet going to sleep
and once again I swear I will not
miss our goodnight.
I'm not sure just yet how long I'll be up
as even though I am completely tired
and exhausted I could not sleep
and I am in needs of a shower
for the soothing sake
and just that of being a human
but I must try and gather the energy
and I'm not sure at the moment
how long that could take.
Worry not though my dear one
because all will be handled
and I will continue writing you and keeping you posted,
I so adore you my beautiful lady
and now please just sit back
and relax reading, resting,
watching TV or whatever it is you may need
knowing I am right here and there for you.
Feel peace in your soul knowing
my heart is calling to and singing for you
because you are an Angel of light
whom I adore and I want to be with you forevermore.
You are my soul mate and only best friend

and my love for you has no end.
I will forever stick by you
and give you my best in all that
you will ever need and want.
You are my Queen and sweet precious diamond
and there isn't anything
that will take me from you
or be able to change how I feel.

Michael P. McParland

A Night Of Great Aching

I am aching so very badly my dear,
I feel so very lonely without you
and though I do feel your warmth and your sweet spirit
I am lonely to finally see you in person
hearing your voice and feeling your touch
as we kiss and hold hands.
The weight in the press of your body against mine
as we just hold each other gazing and getting lost
in each others eyes feeling joy and excitement
that finally it has all happened.

I am sitting here trying so hard to read but cannot
because my heart is aching so very bad just for you.
It pulls all my thoughts in my need for you,
to be spending time with my sweet Angel dove.
I sit and wonder just how you are.
I wonder if you are okay and if everything is alright,
I ache because I don't know and worry.
I ache because I'm not right there to hold you
and give direct comfort when I know you've been crying.
I am aching so bad because it is true hell
being so far away from my Angel so good
and the woman I love more than anything anywhere.
It is a night of great aching for my one
and I would give anything to be in each others arms
feeling content and peaceful in each others loving warmth.
I would give anything to be spending time
with each other and enjoying each others company.

Kira I miss you and my heart that overflows
with true love for you is in pain,
it is calling out just to tell you you're loved,
wanted, and needed by your man.
I am aching tonight for my sweet Angel
I long to hold and open my entire heart.
I am aching and longing because you are a jewel
and I treasure you so much I just want to be with you
knowing your happy and alright and that both
of our hearts are in peace as we wrap up so tight.

Kira I love you and am aching for you
just as I know you ache so badly too,
I want us both to have this dream and happiness we so want,
I want to be holding you and letting you know
that everything is alright and will be for good.
Feel my sweet kisses and my arms wrapped around you
so tightly to let you know I love you and am with you.
So as I continue to sit here trying to be busy
feel my warmth and love because I'm sending it
all to you and I will be thinking and longing to
have my sweet Queen right here with me.

Michael P. McParland

My Angel, My Queen

Thank you so much my sweet Kira for all
of your kind love, patience, giving,
and understanding in so much my dear.
Your loving strength helped me get through
that patch of anxiety before it got bad
so I was able eat and soothe with my music
to balance out the best that I can.
You are my Angel and you are my Queen
and I adore you sweet lady to no end.
You give such love that fills me with light
and I want to thank you and with
so much more than the words I put here,
I want to and will always treat you like
the amazing and beautiful Queen that you are.
I wish you were here to give kisses
and pour my heart and soul out.
Please come so soon my sweet Angel and Queen.
There's so much to tell and so much to share
and I ache during this waiting in time.
I want to be holding my precious beautiful Kira right now.

You are my Angel whom I fell in love with
eons ago as just spirits before coming to earth
and God blessed us by bringing us together down here.
My hand, my heart, my life and my soul are eternally yours
as my soul mate, best friend, true love and best friend
who is above all my beautiful and blessed Angel.

You are my Queen because you are the
holder of my very heart and its crown jewel as well,
you are the only one whom I will submit
in any number of ways and things
and you are my Queen because I adore you
and wish for all eternity to serve you.
I want to always make you so proud and happy
giving my best and everything. I want to give you
all of the love and the best that there is
as you so deserve as a wonderful woman
who's given so much and had little returned.

You are my Angel and Queen simply because
I truly love you.

Kira you are so beautiful in every way possible
and you love and accept me as me
just as I do with you my sweet dear.
You are my Queen because I want you to be,
I would not accept or allow anyone I felt
was laughing or mocking me or had
designs to recreate me as their wanted toy.
You are my Angel and Queen because we share a bond
and love each other as the people we are
completely and unconditionally.
Kira you are my Angel and incredibly gorgeous Angel
and I want nothing more than to be with you
sharing all the best and happiness in life
because you are the greatest and I so cherish and love you.

Michael P. McParland

You Are Loving Contented Peace

You truly are loving peace my sweet one
and you help give me calming contentment
when that is needed within or by me in any way.
Your loving strength help me stand up
and give me that support to continue
fighting through be it a big deal or small.
You are loving contented peace and I am so thankful
for you and the loving woman you are
and I love you completely with all of my
heart, soul, body and mind.
You are a blessing I am endlessly thankful for
and may God bless you sweet one for the jewel that you are.

You help give me the strength that
is needed in any random situation.
Even like now which is a small one
and soon being taken care of will stay small and be gone soon.
It's just low blood sugar mixing in
with the small bit of anxiety I've had
and together they can make life complete hell.
From the loving warmth that you send
and I can so strongly feel it is giving me the
calm and peace that I need to make it that small bit more
without shaking and having things seem much worse.
You my sweet darling are true contented peace
and I thank you for the strength that you send
and I thank you for being an amazing Angel I love
and adore completely to no end.

You truly are loving contented peace
and I wanted to let you know I love you
and am so thankful for a woman so deeply beautiful
in every way that is imaginable.
I wanted to let you know how you have
effected me and touch my whole life.
I wanted to thank you and tell you
in the moment the peace that you give
so you could see what a blessing you are.
I adore you my Kira and can't wait to

be able to list the ways I am grateful
and love you looking you face to face.
You are amazing and truly a gorgeous divine Angel,
I love you my darling and will write you
as soon as my body and mind have balanced back down.

Michael P. McParland

Love Note 392

Hello there sweet dear
and I hope your afternoon
has been going well and had faith
feeling me there with you
giving all of my loving warmth.
I wasn't busy here at all,
I've had my twitter account
for ages now but other than posting
my poems as well as random and odd things
I rarely more than scan
through some of the timeliness of people I follow
so today I just sat and scrolled
through Ohio State news
and a ton of the players
to just take a look at what
may have been interesting.
And how could I not suck up
to my favorite Buckeye JT Barrett
while I was on there so long?
I feel stupid and embarrassed
but all will be perfectly fine I am sure.

I thought of you at many
points throughout hoping you are alright
and know that I miss you
and long for you so very much.
I thought of you as I looked
through love quotes I retweeted
at times or the accounts that I follow.
So many of them are perfect
in how the state the feelings
and emotions of true, total,
and pure love I hold for you.
You're always on my mind
because to me you truly are
the worlds beauty making everything
so much brighter, happier,
more colorful and vibrant,
just happier in whole

and I thank you sweet Kira for
your sweet heart and soul and all that you do.
You are an amazing woman and blessing
and I thank God for you in every way.

So now as the evening
does quickly approach I sit here
clueless of what I will be doing,
I know though for sure
I will be thinking of you
and wishing you were here in my arms.
I will be sending you sweet kisses
of deep and true love with great big hugs
of pure warmth to fill you with peace
and deep joy in your heart knowing
I'm right beside you and will be forever.
I will be sending my prayers
as well.
God bless you my sweet darling Angel
and know that your Michael so truly loves you.
I am aching so badly to have you in my arms
and telling you how much I care
as I look in your eyes.
Feel all of my love and know that
you have nothing to fear.
Our time is coming and I will always
treat my Kira as the Queen that she is
always giving you my best in all
and everything.

Michael P. McParland

A Quiet Afternoon With Beautiful You

Hello my sweet love and I hope
you're having a great day.
After finally finishing the dishes
I rested for 45 minutes or just over
and feel a bit more rested and better,
now as I sit here eating lunch what I truly
want is a quirt afternoon with you my beautiful woman
and just spend time with each other.
Just sit and snuggle so we can continue
forever as I know we will talking sweet lady.
I truly believe by now we'll never run out
of things to say to each other and talk about.
I often fear that I'll run out of stuff to say
or carry on even a slightly interesting conversation.
With us time has proven we'll always have stuff
to talk about and laugh, ponder in wonder,
or learn something new from each other.
Talking to you is one of the most wonderful
and fulfilling things I've ever had in my life
and that is one on the many ways I would love to
spend this afternoon with you.

Today would not be one for reading I think,
my mind feels like it would not fully absorb
and retain the information or take it all in
so we would both be on track the next time.
Of course there are always very short stories on kindle
and that I think I could handle.
Maybe a light movie or one I've seen
a million times where I don't have to give all my focus.
I just really want to take in that I'd be with you
sharing caresses and kisses so soft and sweet.
I'd be more focused on the joy and fulfillment
I'd be feeling sitting right beside you.
I guarantee though that there would be
no lapse in focus or have distraction
while we were talking.
You would be my main focus because I would
be doing everything that I could to make you comfy and happy.

A quiet afternoon with my Kira is what
I so crave and desire.

Dear I am still feeling quite tired but just like
as if you were here to be in my arms spending
a quiet, joyful, and romantic afternoon
I will stay up so I can write and give you my all.
I love you so much and my heart aches
in its longing desire and need to be with you
and spending time having fun.
I ache so very hard and I yearn to share
with you a beautiful and quiet afternoon
with you my gorgeous Angel I truly adore.
I will be dreaming of this as I reach out to hold you
and feel one of my hands in yours as the other
holds you so very close lovingly rubbing your back.
feel my warmth and love as I send it all to you
my dear darling so good.
I will always be with you sweet darling
and I hope that our time is soon arriving.
I love you my Kira and am sending you the sweetest kisses.

Michael P. McParland

My Shining Star 3

Kira my bright shining star
I can feel you so strongly all around me right now,
I can smell your hair and skin
and it is such a wonderful feeling
knowing my Angel is with me and giving
all of your warmth and deep loving strength.
You are my shining star and for all that
you give and do I thank you so much.

Kira you truly are my shining star
and a supreme Angel who gives me such hope and light.
I just want to be with you thanking you right now
as I look in your eyes and tell you
and show you what a miracle you are.
I adore you sweet one because you are my one,
you are so beautiful and I send you sweet kisses
and big hugs of pure loving warmth.

Kira you are the woman I love
and just want to spend time with each day.
You are so wonderful and I deeply cherish you
and want to just be right beside my shining star
feeling good and that all is alright.
I need my shining star because
you make the days good and give reason too.
You make the days special because
they are with you.

Kira I love you and please send me
the most brilliant light with your gorgeous smile.
Thinking of that and knowing you are
is the very thing to make this day good.
My Kiras smile is so beautiful
and fills me with tingling butterflies too.
Smile for me my shining star.

Kira you are the one I am reaching for
to wrap my arms around and give kisses to.
To share my whole world with in full

because I love and trust you so very much,
you truly are the hope that is my northern light.
I truly love you my darling sweet lady
and feel my hand within yours as I take it
within mine to give you all of my
loving care and warmth right now.

Michael P. McParland

Precious Lady 3

Precious lady please come back so soon to me
so I can hold you and know true peace
in my heart and soul and know it truly
exists on this earth even if just
between two people so truly in love.
Please my sweet lady so deeply precious
come and we will take each others hands
smiling at each other as we embrace
and begin to erase all of the pain.
I love you so deeply because you are
my best friend hero and beautiful Angel.
You are a wonderful lady so precious
as a rare diamond in the rough.

My precious lady I hope that you realize
that you truly are the only love in this way
I hold within my soul and heart.
You are the holder of both and so it
will be through this life and eternity.
In my heart and soul it's always been you
that I held so very precious
and remained faithful in my heart
because I knew we would come back together
as you were the one I felt a divine
bond and connection.
Precious lady I so deeply treasure
I just want to be with you sharing
everything that there is and we want
our entire lives through both on earth
and beyond in our celestial home.

My precious one I just so long for you
because I'm tired of being alone with the
distance between me and you.
Even when with others I'm still alone
because it is not you with whom I'm sharing
beautiful and precious time.
I just want to be with you because you're divine
and it is with you I know I can be myself

by sharing my world and my thoughts,
the things that I love and admire in life.
It is you I know I can trust and you
can trust me too my Angel of light.
I love you so much my precious lady
and if I had to walk through this life without you
I'd see no point to it because I
would be without my other half and the one
I truly believe in to stick by me,
support me and the one who truly is my everything.

Michael P. McParland

Longing Good Morning Kisses

A very sweet and loving good morning
to you my dear and I send you these kisses
so full of love with longing as well,
I also send you great big hugs
of pure loving warmth to fill your
heart and soul with light and joy
knowing how proud I am of you.
I wish you a very good morning
filled with such longing.

I am still shaking off the fogginess of sleep
and would love nothing more than to have
you right here sitting up in bed next to me
talking and holding each other and our hands.
I would give anything to be with you dear
and feel your loving boost as right before
I lay down last night I remembered
I had the dishes and now have to get right on them.
I would love the joy and lift
from your sweet cheerful kisses
which would make the chore pass by much faster.
I will be thinking of you though and be feeling
your deep love and care.
Feel all of mine as in spirit I wrap
my arms around you to give you all
of my strength and the love I hold within.

So my sweet dear as I now must push myself
up and out of bed to assure I get going
I send you these sweet good morning kisses
of pure love and deep longing,
I hope your day is so truly beautiful
and wonderful with you feeling me beside you.
I love you sweet darling and care for you
more than anyone can truly know my sweet Angel.
You will be in my thoughts and prayers
as my heart sings its love out to you.
I send you these sweet good morning kisses
with a longing need and desire to have you right here.

Michael P. McParland

Goodnight My Beautiful Angel Of My Hopes And Dreams

Goodnight my sweet beautiful Angel Kira
holder of my heart and soul as well as
all of my greatest hopes and dreams.
I am extremely tired and ready to slip into bed,
Come and join me sweet lady under the covers
and share a warming and loving snuggle
with the sweetest and most reassuring kisses.
I just want to hold you
and feel your arms around me as well.
I am in need of my sweet lady's comfort
from the sad weight I feel from so badly missing you.
So in your warm loving arms with your
sweet words of comfort and sweet kisses
will help lift that weight and with you begin relaxing.
So come now and let's snuggle sharing some sweet kisses
before we close our tired eyes to drift away
with peace and contentment in our souls and hearts
from having each other no matter what.

Come and curl up so close and tight within my arms
and I will keep you so warm and cozy
the entire night through helping you feel safe
and at peace knowing I'm with you
giving you all of my warmth and love
as you rest your sweet head upon my chest
and I'll give you deep comfort
by rubbing your back and stroking your hair
and softly speaking giving reassurance
that everything is okay and I will
be with you forever as I am right now.
Yesterday was just odd from when I awoke
probably because of the very restless sleep.
There is nothing to worry about or be upset over
because it was just one of those days that turns out to be strange.
I love you sweet lady and my hand is in yours,
please have faith and be filled with peace and calm
because I will always be standing beside you.

I will see you tonight within the land of dreams
where on the waking side here I'm so very tired
and my only desire is to sit down and hold you
so I say let's make that the plan for
time tonight by finding a beautiful place
to lay down a blanket and lay down with each other
then spend our time snuggling, kissing,
talking and just spending time together.
The simple things are what I long for my dear
so tonight just a relaxing time with each other
snuggling and enjoying each others company.

Goodnight my sweet beautiful Angel and Queen
of my greatest and brightest hopes and dreams,
you are my universe and my everything
and I can't wait to be here lying right next to you.
Feel all of my love as I send it
with the sweetest kisses of comfort
and the biggest hugs of strength and warmth.
God bless you my lady that
your night and sleep will be ever so peaceful.
As I am now quickly fading
again I want to say that I love you
and will be here when you wake up in the morning
and every single one after that
because I love you my Angel and best friend.
So come curl up in my arms and let's end
this day that has passed and now this night.
I love you sweet lady and adore you endlessly
so always remember I will give you my best
and would never do anything to hurt or betray you.
You are my soul mate and we share a bond of true love
which I cherish just like I do you
and I would never do anything that would destroy it
and all the wonderful blessings we hold if that were to happen.
I will always fight for you and stand up
to defend and support you.
Goodnight my dear Angel and feel deep peace in your heart
and remember I'm with you holding you tight.

Michael P. McParland

A Sweet Snuggle Of Loving Comfort Before Bedtime

Come my sweet love angel beautiful Angel Kira
and let's snuggle for awhile before
going to bed and ending this day in each others arms.
Come join me right now for a snuggle of peace and comfort
that we will as always provide for each other.
I am growing most tired but my mind is far
from the calm state for relaxing.
It's nothing bad or wrong I assure you
it's just the manic speed is slightly
up and running right now making relaxing hard
when your mind and thoughts are flying so fast.
So please come and snuggle and share some sweet
caresses and kisses as we talk and even
just at points lay in silence enjoying the warmth
that surrounds us from our shared love.

Please come my sweet Kira and I hope you
are not upset at me for anything.
I want to snuggle for awhile before we
maybe do something for a short bit then go to bed.
I love you sweet one and miss you so bad
so come and let's curl up in each others arms
and enjoy the company and great joy
that we bring each other.
Let's just snuggle and be filled with peace
as our spirits and hearts touch and talk to each other
bring us total calm.
Oh my sweet Kira I just want you to hold me so
very tightly as I will hold you as well my sweet lady.
Let's lay down for a snuggle of loving comfort before bed
and share the sweetest kisses and let our hearts feel content.
I truly love you my sweet darling Kira
and I really am lost without you.

Michael P. McParland

Just A Slow Day

It's just been a slow day here for me dear,
one of much longing and a weighing heaviness
from missing you badly and all of this waiting.
And then other concerns from other corners
people and things going on in my life.
Just a slow day where I want to be comforted
in your warm loving arms.
I need your sweet comfort and calm to give
this night the full peace that I want.
You are the cure and I miss being able
to at least speak to you.

I so just want to sit with you
and pour out these many things I have been thinking
and so many feelings from life as it's happened.
It is you I want to share with and no other
and I think the slowness today is that
my mind was spinning with thought
and without my sweet Angel dove to say
those things having an understanding ear and mind
I feel lost in a way
and I so long to be with you feeling your warmth
as you tell me that everything is going to be alright.

I'm sorry sweet love for my wired mental ways
it's just been a slow day not even really sad,
just one of needed comfort and someone
who understands and when they don't tries
with all their might to and that was what
I so needed this afternoon.
My Angels arms around me as I just rambled on,
just to be with my Queen and only one.
Worry not though my dear for I am fine
and there are no tears.
It's just an odd and slow night where I would
give anything to curl up in your arms and get cozy
giving you the sweetest kisses all over.
So feel peace in your heart and know I'm alright
and that I am still right beside you holding you

closely and ever so tight.

Michael P. McParland

Tender Evening Desires

I just spent a bit of time drifting my dear
and I didn't realize till now just how long it had been.
I am sorry sweet one for not writing sooner
but I was also dreaming of you as I
had my eyes closed and I shut myself off
to the world just a bit to in peace dream of you
and be able to feel all of your warmth and love
and presence without even the noise of the cats
or my parents moving about.
I dreamed of you and sent all of my love and warmth
with great big kisses and hugs as well.

As I sit here now shaking off the haziness of rest
that always sticks with you I am as always
filled with feelings for you of deep love and tenderness.
A joy and pride in my heart that can only
be felt for those few in this life we so truly love
and usually those people are family
and other souls we have known since the beginning of time.
I love you sweet Kira and just want to hold you
and share sweet tender kisses of deep and complete passion.

So as I have woken an am getting ready to grab my dinner
I'm just filled with the tender desire to
be with you and holding each other as we spend
such wonderful and happy time as this night goes by.
I long to be with you giving you kisses
and deep reassurances that I will always be with you.
You are my Angel and to ever lose you would
be hell and heart break in the most devastating way
because my heart and soul are eternally yours.
I cherish you deeply and want to give you my whole life
by choice freely spending it all together my sweet one.
I love you my darling and am filled with such tender longing
and want you to know I am with you holding you closely.

Michael P. McParland

Love Note 391

A very good afternoon to you
my sweet Angel dove and gorgeous Queen
and I hope you are having a wonderful day
and feeling all of the loving warmth
with sweet kisses and huge hugs
I send your way to give you deep
reassurance and peace that I am still here
and will not go away.
I love you sweet lady and want
to be with you now just talking
and snuggling as we somehow pass the day.
We would find fun and interesting
things to keep us busy and challenge our minds.
I just wish it were now
on a tired and somewhat somber day.
I am feeling so lost and partly
empty without you my other half.

For the last hour I've just
been getting lost in my music
and that always lifts my mood at least a bit
and the Pet Shop Boys released
their first song from their
new album called Super to be released
in the beginning of April.
So a few positives here and there.
The thing though that makes me
the happiest is that I was able to
write you that piece I wanted to
so I could express so very much
that I think and I feel.
All the wonderful things I see,
know, feel, and have experienced with you
and I hope so very much that
it has touched you and helped.
I love you so deeply my sweet lady and Angel
and I will stand with you forever.

As the rest of this day goes

it is aimless at large
just trying to stay occupied and busy.
I will be writing for you though
my darling one and you know it.
I truly am always trying to find
the best ideas in the best ways that I can
because you truly deserve the
very best my sweet Queen.
You are a true treasure and
everything to me.
So feel all of my love and all
of my prayers as I hold you near.
I am right here my sweet lady
if you are in need or want anything.
I will always drop everyone and everything
to be right there at hand for you.
I just want to make you so proud and happy.
God bless you my darling
and feel peace in the strength I am sending
and never forget that I am only your Michael.

Michael P. McParland

A Quiet Afternoon 2

It's a very quiet afternoon here my sweet dear
as I am sitting in silence with memory and thought.
I am so missing you and long for your touch,
just to feel your embrace and your lips against mine.
To just spend time with each other
reading or watching a film,
and even though I am feeling kind of quiet
I always loved talking to you my sweet lady
and I'd be just as happy sitting and listening
to everything you had to say because
I love your voice and want to hear everything you have to say.

It is a quiet afternoon so I apologize dear
if my writing is a bit slower today.
It's not like anything has happened it's just
a day of memories and reflection
as well as deep longing for my precious Angel.
A day full of memories of all the good things
we shared and we said,
there is far more of that and it outweighs
all the bad things in fights and hard times.
Plus as we both know and have told each other
the words of anger were that and had no meaning.
The words of compassion, passion, true love
and caring warmth are the ones that are real
and the ones worth remembering.
The good is what is truly inside us.

It's a quiet afternoon my sweet love
and feel all of my love strength and warmth
as I send it your way to surround and fill you up.
Know I'm beside you holding you closely,
I love you Kira you truly are wonderful and amazing.
Know that you are my thoughts as I sit here
and do this and that on a quiet day
remembering the beauty you are and looking
forward to our bright future together.
Kira I miss you and want you to know
that you have always been my true love

that I waited for because I knew I would find you.

Michael P. McParland

In The Flesh

I can't wait to see you
and finally give you sweet kisses
and hold you so close in the flesh.
Finally together with all sad
and painful longing finally over
and our hearts can begin on the road
to truly healing with each other
as through our pure love we work together
providing all of the true acceptance,
support and unconditional love we've so wanted and needed.

I can't finally wait to be with you in the flesh
where true happiness begins when we smile
looking into each others eyes
and say I love you my sweet one and have so deeply missed you
and now I am here and will be forevermore.
You are the one that I choose and want because
you are my Angel and best friend
and I can't imagine and I know in my heart and soul
that there is no better person to love and be loved by
spending eternity side by side anywhere. that there is now
or will ever be as the universe expands.

I love you so very very much my only one,
you are my soul mate whom I adore and will
walk with hand in hand through all time.
You are my diamond and my Queen
who's beauty shines so brilliantly above all
and I can't wait to see that smile
of pure loving light again
with you beautiful face and shining eyes,
to see you again in the flesh
as the work of art that you are.
I can't wait to hold you so close
and tell you that I so adore you
and will never leave you because you
are my Queen and my beautiful precious Angel
because I could never live with myself
having hurt you and there is no such thing

as life without you.

Michael P. McParland

Sweet Good Morning Kisses To My True Love

Sweet sweet good morning kisses to you
my one and only true love as I rise
from a rather restless night of sleep.
Just one of those nights where the body
refuses to fully settle down.
I wake up with brightness though
in my heart mind and soul
as I am thinking of you and have Falco playing in my head
and all things with you are so truly beautiful
as is his music and together they make a good morning for me.
I send you sweet kisses and great big hugs of loving warmth,
I wish you were here to give them directly my dear.

I can't wait and long for the days when
I will wake next to you smiling and say I love you dear.
You are the greatest blessing I've
ever received from God in the heavens.
You have completed me because were the piece that was missing.
I smile and feel warmth as I think of it
but there is also heaviness because of the waiting,
but I feel your love strongly and know
that our time is soon coming and because of
and for you my heart will keep beating
and through it all I will keep on fighting
because I just so want to be with my darling Angel.

So as this day now begins to go I want
to tell you I love you with all of my
heart, mind, body, and soul and will be
standing beside you for all time.
Feel me beside you as you go through this day
as I will be with you step by step hand in hand,
i will never leave or abandon you I so swear.
Have a good day and may God richly bless you
and remember that your Michael is here always
and so deeply cares for, adores and loves you
to no end in every way that there is.

Michael P. McParland

Goodnight My One And Only True Love

Goodnight sweet Kira my one and only true love,
it's not just been a long day past but
the last few have been long in their own ways
and I know we're both very tired and longing
to slip under the covers together and spend the night snuggling.
Let's just wrap up together so close
and so tight saying I love you my darling
and then share the sweetest kisses of loving light.
We'll just snuggle for a short while
sharing loving words so soft and quiet
as we kiss as well before closing our eyes
to sleep in deep peaceful comfort.

Curl up in my arms and please cozy up ever so comfy
and I'll hold you as tight as you need and want
to help you feel so secure and just know that I'm there.
I'll always give you reassurance sweet dear,
I'll be holding you through the night
rubbing your back and stroking your hair.
I will be giving you all of my love
and warmth in full to you right from here.
I love you sweet lady you are my true Queen,
you are the one that I want forevermore.

I'll see you tonight in the land of dreams
where I'll meet you at the entrance to hug you
and tell you I love you and miss you
and then give you my arm to escort you
as we walk for awhile among natures beauty
and then after awhile come to a little place
that is ours and no one else is allowed,
a place for us to sit and snuggle and just
spend time doing stuff together,
the moon and stars are our protectors
and will make sure nothing disturbs us.
A wonderful place my sweet lady
a modern day Eden with nothing
to harm us and there is no forbidden fruit to outcast us.
It's a divine place for two people who have

fought through so much in so many ways
always remaining faithful in our true love.
Tonight my sweet one and soon our day will come.

Goodnight sweet beautiful Kira my one
and only true love through all time
and now let's go to bed and snuggle
sharing our warmth and feeling pure peace.
Come curl up in my arms and let me
give you the sweetest kiss you've ever had
because I love you more than anything
and it grows everyday.
You truly are such a wonderful lady
and I will always work hard to be
worthy of my sweet Queen and Angel.
Kira I truly am yours forever and ever
and nothing can change that I promise.
So again a goodnight to you beautiful one
my heart will be singing love songs to you the entire night long.

Michael P. McParland

Night Note 138

Hello there sweet dear and
I am so very sorry if I worried you.
I didn't forget our goodnight
nor is there anything wrong
you need worry about.
The last piece I wrote was just
draining by releasing all my
thoughts and emotions of how much you mean
that I was doing something else
to build my energy back up
and lost all track of time.
i truly am so very sorry sweet one
and send you these kisses and hugs
of love warmth and apologies to you.
I love you so much my beautiful one.

I am quite tired my dear but still
not quite ready to lay down my head.
I am in much need of food and am
going to watch a small bit of TV while I eat.
I promise my dear I will not
go to sleep without letting you know
I am drifting off to dreamland.
Feel comfort and peace in your soul and heart
knowing that I will be here for you forever
no matter what.
You are the Angel I adore above all.

So please now my dear sit back
and relax knowing all is alright.
I am still right here for you
and right there by your side.
I love you so deeply my sweet Angel dove.
Now I best go get the food I am needing
because I can fast feel sleep approaching.
God bless you sweet lady
and feel me right there holding you tightly.
Kira you are amazing and truly
the most wonderful and beautiful woman.

Michael P. McParland

Remember

Remember sweet Kira that you are so deeply loved,
you are so cared for and treasured
and you are not alone now nor will you ever be again.
Remember that you are a gift and a blessing
and one of Gods most beautiful and special Angels.
You hold such love and hopeful light
that I know through your many selfless actions in life
you've saved not just me but more than a few others as well
and I guarantee that even though they maybe poor
at showing their loving gratitude
they are so thankful I feel it inside.
You are so very beautiful and these are some things
God wants you to know and so do I.

Remember I'm here and you I will never abandon,
I will stand by your side hand in hand
giving all of my endless support and love.
Never forget that if you want or need me
at any time I am right here to help you,
talk to, or do whatever it is you want and need me too
and it doesn't matter what time that you call.
Always remember your Michael is here.

Remember you are my hero and I want to
be yours as well my best friend,
you don't have super powers and that's what makes
you so very stupendous and wonderful.
It's the way that you've fought through so much
with your iron will mixed with steel and determination.
You've told me you're not tough but I've seen
the great power you're made of and that's just one part
of why my heart, soul, and me as a whole are in awe of you.
This isn't worship but my releasing my depths
of care and feeling with my thoughts added in
as I tell you to remember that you are so special.

Others have mistreated you and taken your love
while giving so little and as you described it once
mostly those bits of love you get in the night

which with so very many is a selfish act.
Remember I love you and hold so very much love
I want to share with and give you.
I have never been loved myself in such a way
as I've spent my life alone so I know your pain.
I also know that you love me just as I love you dear
and I would never have it from any other woman, man,
or something if I had a choice.
I only want you remember that dear
because you are my Angel and beautiful sacred Queen.

Kira I know you've seen and been through some
harrowing struggles both internally and externally as well,
and while I know next to no details
I have my intuition so strong and I know
how you feel and some of what you've faced more than you know.
Remember my dear I'm here to help and listen,
I will never judge you or cast you down
in anyway as a beautiful woman and person.
You will always be my pure Queen so completely
wonderful and gorgeous.
I'm here to help you and listen.
Remember your Michael just wants to be with you
giving you the best of my everything.
I want to help you heal all of the wounds and scars
that you have taken.

Remember sweet Kira that I am so deeply and truly sorry
for any and all harms I have ever caused you.
From harsh words and actions to you in fights we have had
to lashing out at others that you care for and love.
To know I have so badly hurt you and made you cry
has made me wish I could just die as it makes me feel
so very sick, sorrowful, and to the depths of despair inside.
Remember and know my sweet one I beat myself up
and hate myself in those deeds because you truly are
my only love and everything.

So as I close this dear remember these things
that you are a diamond, a jewel, a rare and precious gem
among the often ugly and cruel rough of this world.
My words are heart and soul felt

and things I want to tell you as you need to hear.
I adore you my darling and I always will
and please remember I want to be your faithful,
dedicated and ever loving husband for eternity.

Michael P. McParland

Longing So Much 2

As I sit here in the quiet tonight
I feel your love and all of your warmth,
I feel your arms around me and the sweet kisses you give,
I feel the comfort and peace you are
sending me with all the love in your soul and being,
but still I long so very hard to have you
right here beside me in my arms.
To see your sweet smile and hear your heavenly voice,
I just long to spend time doing even nothing at all.
I just long for my lady the one I so love
because I am incomplete without her.

Kira I love you so much and am longing for you,
I need your touch and embrace to feel
true peace in my mind body and soul.
I know you are hurting and I want to help you
find an end to every pain that you've ever had.
I long to be with and know life is so good,
I want to be with my Angel that is so very good.
I miss you my darling and my heart is yearning
for the days of our time to be so soon in coming.
I dream of you always and of all the happiness
that we will forever be sharing.
Kira my darling you are amazing.

I'm longing to be able to show you my heart,
to be able to truly show you my trust.
I want to be sharing everything that we have
and I want to just be holding you and your hand.
Feel me there with you as I send you my kisses
and feel all of my warmth as I lovingly hold you.
I miss you sweet lady and am so longing
because I truly love you.
God bless you my darling you are a blessing.

Michael P. McParland

Evening Note 85

Hello my sweet darling
and a most wonderful good evening to you,
I hope your day went quite well
and I pray your evening is now.
I'm feeling frustrated as I sit here
right now because I have an idea
for a beautiful write
but just can't get the right start
with the words so I can't get my flow.
I know that you know how frustrating that is.
I know what I want within its inner works,
the message and essentially most of the words.
I just can't get that right start
that feels right and good.
I know though my dear that
it will all piece out in my mind
and eventually come so I can't
let frustration sit or inspiration
stays clear.

So now as I sit here eating dinner
and writing you my sweet dear
still through this day into evening
I think of and long for beautiful you.
I just wanted to say you are my Angel,
my hero, my best friend and true love
and I will be ever writing for you.
I am still working so hard and giving my best
and for you my sweet dear I always will
and for us both.
Right now I wish I could be
holding you ever so close
to let you know all is alright.
Your Michael is with you
and here for you all of the time.
You are my best friend I so adore.
Kira you are my everything
and I will forever walk by you hand in hand.

So I should now finish my dinner
before it goes ice cold my lady
and know in your heart and soul
that I will write soon
and I pray it's the piece I so want to give you,
I know though that my mind
will work that through before bed time.
I am sending you endless kisses
to give you a smile and help you
feel peace in your heart
knowing you're in the arms of your Michael.
God bless you my Angel I so deeply
love you and can't wait to be with you.
Feel all of my love and warmth with my strength
as I now and always send it to you.

Michael P. McParland

Early Evening (You In My Arms)

As I now wake up from my much needed
late afternoon rest I send to you my sweet one
these most loving and caring kisses,
and right along with them great big hugs of pure warmth,
I love you sweet lady you're my only one.
You're my sweet Angel dove and I wish
I could be holding you now so close in my arms
in this early evening that greets us now.

I just want to sit up and hold before dinner
comes round and distraction is here.
I just want to share our deep warmth
so filled with love that others can see
there's something so special about us.
I miss you my lady and as I awake am dragging,
I just want to be with you as we start the evening.
Just gazing in your gorgeous eyes as I say I love you
and then pull you in for a kiss so sweetly pleasing.
An early evening holding my lady is the
right way to get a great evening and night going.

So as I have awaken and before I get up
and totally going feel my arms around you
with sweet kisses to warm you,
feel all of my love and caring fill
and surround you knowing I'm always with you.
As I am going about doing the little things that I must
feel and hear my hearts call saying you are the best.
My thoughts all the while will be with you
and though physically I will be working
in my mind, spirit, and dreams I'll be in bed
holding you on this early evening.

Michael P. McParland

Come Snuggle My Sweet Darling Kira

Come snuggle with me my sweet darling Kira
so very beautiful whom I love and miss.
I need a small rest and want to hold you close,
I want to give you sweet kisses and tell you
that you are so very special.
I want to rest in the arms of my beloved woman.

Come snuggle my sweet darling Kira I am feeling so tired,
I just want you to curl up in my arms
and rest your head on my chest as I pull you in
and just lay together listening to my audio book
while I rub your back and stroke your hair.
I love you sweet one and want you to come rest with me
and snuggle away as we drift to sleep.

Michael P. McParland

A Day To Snuggle 2

This is the perfect day for us to sit and snuggle.
I can feel that you're sad as am I
because we so badly and deeply are missing each other.
We need a day and many more to just sit
and snuggle while talking, kissing,
crying the tears to wash away our sad loneliness,
a day just to snuggle and enjoy the presence
and touch of each other to heal our hurt hearts
completely together.

This is a day to just snuggle my Angel
so feel my arms wrap around you as I reach out to hold.
Feel my sweet kisses and my warmth
as it fully surrounds and fills you.
I will also be holding your hand while I say
I so completely and fully love you my precious diamond.
You are the most wonderful amazing and beautiful woman
and I just want to hold you forever and ever.

Kira you are so loved and I want to
give you such reassurance in every way possible
and today is a day to just sit and snuggle
while I stroke your hair and just listen,
talk, or sit in pure silence to give you that
which you so need and want.
We need a day to just hold each other
and forget the whole world as we make up for lost time.
I love you sweet lady you're my hero and best friend.

Kira I am always there with you so let's snuggle in spirit,
give each other the comfort that's so very needed.
I miss you, want you, and need you because I so love you.
I want to give you everything that is possible,
my heart is yours as is my soul and if you
didn't know my whole life is as well.
So Kira my darling let's spend this day in spirit
so tightly and lovingly snuggling with each other
and just know in our hearts that soon
we will be snuggling in person.

Michael P. McParland

Sitting Here Thinking Of You

Just sitting here today dear
and feeling quite bored and sad.
I'm bored as there's not much that sounds good to do,
and I'm feeling quite sad missing you
and all the good times we had and things we shared.
I'm sitting here though and I still
smile at random times because of cute,
beautiful, funny, intelligent things that you said.
I still smile because I feel you here.

I've been reading a short story off and on
that I'm not really liking but because it is
quite short and I'm over half done
I'll push right on through it.
I won't even write a review for it because it's just lame
and it makes me think of how I would like
to be reading your writings instead.
I'm just sitting here missing my Kira
so very beautiful and very good and I wish
you were here snuggling and spending time.
I miss you sweet one you are the best
and no matter what we were doing we were having fun.

I'm sitting here missing you so very bad
but feeling you near still makes my heart glad.
I am sending you kisses so sweet and so loving
with great big hugs so big and warming
to give you all the loving care I am holding.
I love you sweet Kira you are amazing
and I can't wait to be spending afternoons
doing things that we've so wanted to.
I miss you sweet Kira and so deeply love you.

I'm just sitting here darling
and thinking of you and your smile,
I'm thinking of all the things that make you special.
I love you Kira and am holding you ever so tightly,
God bless you my lady and feel me there with you,
be filled with my love which is unconditional and undying,

be filled with deep peace and warmth knowing
that my heart is yours forever and ever.
I love you sweet Kira and I am thinking of you
and excited for when I will see you
because you are my best friend and my sweet Angel
who gives me great joy to no end.

Michael P. McParland

You're All I've Ever Wanted

From the moment I met you and we very first talked
my heart and soul knew you were the one,
I felt between us a click and a spark.
I knew there was something so special inside me
about this girl I'd just met.
I felt comfortable around you right from the start
unlike others which I never do.
There was a connection as I felt your sweet soul
and it filled me with light.

Very quickly I fell in love
so very deeply and since then it's been you that I've wanted.
It's you that I've longed to be with talking
and laughing as I held you so closely.
Sharing with you my whole life as I gave you my heart
and wanting to learn and know everything
about the woman I knew I'd always love.
I've always wanted to be with you holding hands
side by side everyday.
Kira it's you I've always wanted to give myself too
because you are the most beautiful woman I've ever known.

You're all I've ever wanted because I can feel your true love,
you are a wonderful woman with a heart of gold.
When I see you smile my heart melts with true love,
Kira you are my blessed Angel from above.
You're all that I've ever wanted and will ever need,
I'll always stick by you because you are my best friend.

Everyday constantly I can feel you so near me
and I know that you love me just as deep and just as strongly,
no matter the obstacles, the distance, or the long time
that we were out of contact our love remained true
and I only ever wanted you.
I knew in my heart and I knew in my soul
that our time would come because I could feel it so.
I gave you my heart and soul to have for all time long ago
and I know even now you take the best care of them.
I know that you treasure them and me

just as I treasure your heart and soul and you in full.
You're all I've ever wanted my sweet Angel dove.

You're a diamond in the rough and a gorgeous gem
so very rare and so pure and I'll stand by you forever
I swear my sweet dear I'll never leave you.
Our love is sacred and our bond is so pure,
Kira I love you and want to hold you.
You are my Angel and the one I adore and I know it is you
I want and am meant for because you're my soul mate and hero.
Kira you are a blessing and the greatest gift that there is
and I would never want the love and companionship of anyone else.
You are amazing and one of Gods true works of art.
You're all I've ever wanted because we love each other
and you are the best.

Michael P. McParland

Early Morning Snuggles And Kisses

Good morning my sweet Angel dove
and as I have now woken and right now
just lay here in bed I wish you were beside me
to snuggle with and share sweet kisses for a bit.
Not go back to sleep but lay here and talk,
I want to share early morning snuggles with my only one.

Early morning snuggles holding each other
so very tightly as we gaze into
each others eyes so brightly shining,
wearing big smiles and filled
with the warmth of true love around us.
Sweet early morning kisses with snuggles
with my sweet Angel Kira.

As I lay here this morning feel me
wrap my arms so tight and lovingly around you
as I pull you in saying Kira I love you,
I can't wait to be with you forever and ever,
I'll never leave you and will snuggle with
and give you sweet kisses always.
How I long for and desire to be right here beside you
sharing early morning kisses and snuggles
of true love between two dedicated people so caring.

Kira as I lay here in bed on this very morning
I'm not going back to sleep at all but just
dreaming and longing for sweet snuggles and kisses
with my Queen and dear Angel Kira on this very morning.
To just sit and talk about anything and everything
and so I can tell you you're beautiful.
Just hold you so close while our hearts and souls
continually speak and sing to each other.
A gorgeous morning with my gorgeous lady
spending time with each other.

Feel my sweet love filled with all of my love and warmth
as I send it to you and give it in full.
Feel my arms around you and my hand within yours

and dream of the future mornings with me
of such sweet kisses and snuggles of the purest love.
Days that will come and will be heaven on earth
like you so truly divine.
I can feel all of your love and your sweet kisses and hugs,
I love you Kira with all that I am.

Michael P. McParland

Come Snuggle So Tight Love Of My Life

I am so very tired my Angel so bright
and it is time for bed my beautiful one.
Come and let's slide under the covers
and for a short while snuggle and share the sweetest kisses.
Then curl up so close in my loving arms
and rest your sweet head on my chest
as I pull you in ever so tight saying
Kira I love you so much and I'm thankful you're mine.
I'm ever so thankful for all your sweet love
and all that give me and all that you do.
You are my everything I hope you know.

Come my sweet Kira and curl up in my arms
and let's drift off to sleep holding onto each other
never again to let go in any way that there is.
I love you so deeply and ever so truly
that I want to be with you for all eternity.
I love you sweet Kira and say goodnight my sweet darling,
now let's snuggle away to sleep my true love of all time.

Michael P. McParland

I Want To Be Holding You

I want to be holding you my sweet one,
I want to be holding you tightly
and so close to me right now.
Rather right here where I live as I sit on the couch
or it be where you live us sitting back on your couch
I just want to be holding you and telling you
I love you right now.

I want to be holding you and stroking your hair,
I want to be holding you while I kiss you so deep.
I want to be holding because I love you my dear,
and I want to be holding you because you're my everything.

As I begin to feel tired and will soon go to bed
I want to be holding you while talking and rubbing your back.
I want to hold you because you're my Angel.
I want to hold you because you're so beautiful,
Kira my darling you are a treasure.

Kira you are a diamond and one I so cherish,
one so very rare out in the rough that is the world around us.
I want to hold you so you know you are special
and I want to hold just because I so love you.
Kira you are a trued blessing and I thank God
so very much for you,
you are a gift that is so wonderful.
I so deeply adore you because you are a truly
amazing and beautiful loving woman
and I want to hold you because I do truly love you.

Michael P. McParland

My Beautiful Girl Forevermore

You are my beautiful girl I so truly love,
bearer of my heart and soul as well
as all that is good and right.
You bring me hope and you bring me light,
you have given me a new lease on life.
I want to take you up into my arms
and shower you in kisses so sweet and charmed.
I adore you my dear you are all that I want,
you are my beautiful girl my Angel so right.

You are my beautiful girl and I so want you here,
to talk to and share life with everyday.
You are true love in every way,
I truly love you just as you truly love me.
You are an Angel and supreme Queen
whom I want to be with and serve everyday.
Serve you in love as I give my best,
I want to make you the happiest person
in heaven, on earth, or in the entire universe.
You are so wonder and so very magical
you are my beautiful girl and may God always bless you.

You are my beautiful girl and will be through all time,
you are everything that this man ever needs and wants.
I long and yearn for your company and to have you
touch hug and kiss me,
that would be the greatest honor I can imagine my sweetie.
You are my beautiful girl and I'll stand with you forever
because you are the greatest Queen and Angel
and I will eternally love you.

Michael P. McParland

Night Note 137

Hello my sweet love and I can
feel you so near as I sit here.
It helps keep me calm and soothes
my sad heart as you give me the biggest,
warmest and contented smile.
I so wish you were here as in
just a few minutes now I am going to get up
and go shave my head before getting
in a calming and refreshing shower so good.
These clippers are getting old
and I need new ones bad.
I wish you were here to help me
with them so it wouldn't rip out parts
of the hair that is there.
I do great on my own with a great
set of clippers my love but these
ones I could use help with because
they are leaving spots behind as well.
And then I wish you could just join me
under the wonderful water so very warm
as we just held each other kissing,
talking, and smiling so big.
Kira I just want to hold you so close to me.

Feel me so close to you
as I send my loving warmth total and in full,
feel these sweet kisses of true love
with great big hugs of warmth I send in full.
I love you so much my only one
and I wish you were here to join me for
a gorgeous night after the shower.
Cozying up as you curled up in my arms
and we shared sweet kisses so full of love.
Kira you are the greatest there is.
So before I went about my little duties
I wanted to say I so deeply love you
and will write you so shortly
after I have sat back and gotten comfy.

Michael P. McParland

A Beautiful Night With My Beautiful Babe

Having risen now dear after a small rest
I so wish you were here to sit back with me
and enjoy a few good hours of this night.
My heart is heavy and feeling sad without
you here to hold and to touch.
I wish you were here babe for a beautiful night.

Time to sit back and put something in my grumbling stomach
and watch some TV before in a little
over an hour jumping in a soothing, wanted, and relaxing shower.
A chance to just sit back right now
giving sweet kisses while I so tightly hold you.
A beautiful night with my beautiful Kira.
I so long for you sweet lady and am sending all of
my endless, undying, and unconditional love to you.
I love you sweet lady and wish you could join me.

So feel me beside you as I take you hand lightly
and pull you so very close into me,
remember always that I am there with you
watching over and smiling at my only lady.
I love you so deeply and when you are here
I'm going to hold you forever.
I wish you were here for a beautiful night dear
because you are my Angel.

Michael P. McParland

Night Time Snuggle With My Angel

Come my sweet Angel and share a warm
night time snuggle and rest for an hour or two.
A snuggle of the sweetest kisses and passion,
a snuggle of warmth to recharge for awhile.
I so want a night time snuggle with my sweet Kira,
she's the most beautiful woman that's ever existed.

Come my sweet Angel and curl up with my arms beside me
and I'll pull you in for the most loving cuddle.
I just want you here to kiss and talk to,
to rest here for a few hours.
Come snuggle and together keep so warm and comfy.
I love you my Angel please come and snuggle.

Michael P. McParland

An Wonderful Evening With My Sweet Lady 2

Now that dinner is done my sweet one
and the food has been able to settle
together we could clean up making it
both quick and fun so we could curl up
together on the couch in a blanket
and I know how cold you can get
so you in my robe as well
and we could go about our evening snuggling away
I so want a wonderful evening with you
my sweet beautiful lady so good.

I sent you all of my love and warmth as I ate
but started to feel this heaviness in my heart,
one of such longing to have you here in my arms.
A yearning to look in your eyes between
the sweetest most passionate kisses and say I love you dear.
I so badly want to hold you and my moods sometimes
shoot around even more than usual.
Fear not because it's not in anger hardly ever
and when it is it's not at you but the people
and things that have gotten in the way and hurt us.
Mostly though it is the joy of knowing you love me
but also knowing that our time is coming.
The sadness is missing you so very badly
and that like right now on this evening I wish
I could have served you that dinner and now
be snuggling warming up each other.

As we sat there snuggling at first I'd just want to talk,
gazing into those sparkling eyes and getting lost.
I just want to hear your voice and your interesting thoughts,
talking to my lady is one of my favorite things.
Then after a while do some light reading
passing the book back and forth taking turns reading,
I want to share books of knowledge, adventure,
and all sorts of stories with my gorgeous lady.
Then to begin winding down the whole night
a sweet movie you've picked watching it
while holding each other so tight.

A wonderful evening with my lady so sweet,
nothing could be better I know it.

So my sweet Kira grab onto this dream and let's share it,
smiling along as we feel each other in spirit.
I'll always be with you both right now and when you get here
because you are the Angel I hold so dear.
I love you sweet Kira you are my dreams
and my hopes so filled with great light,
I'll never give up on or leave you.
Kira I will be with you on this very evening while
dreaming of the most beautiful one spent together.
I know it will happen because we so love each other,
Kira I can't wait for us to have heaven together.

Michael P. McParland

An Wonderful Evening With My Sweet Lady

A very good late afternoon/early evening my dear.
I returned home from the store a small bit ago
but needed to get going on the last few things
for the wonderful dinner here I wish I could share with you.
I miss you so much and wish you were here to
share this wonderful pork roast as I served you
and afterwards we snuggled so warm and close.

As I'm getting close to finishing it now I would
just have you sit down so I could bring
it all to you at the table where we would sit
side by side and at time hold hands.
I miss you so much and when we reunite
we will have such a feast to celebrate our true love
and tonight as I eat this good meal
I will be thinking of you and sending my love and warmth.
I'm sending sweet kisses as well with great big hugs too.

I would love to gaze in your eyes as we partook
in this delicious bounty.
I would tell you I love you sweet Kira,
I'm so happy to be serving my Queen so very beautiful
and I can't wait to snuggle you my gorgeous Angel.
I would be so happy and can't wait for that time together,
I so deeply miss you and love you my gorgeous Kira.
Our time is coming I so truly know it.

As for the rest of the evening while we'll
worry about that after dinner
but for now just let us dine on this dream
that we both wish was now but we know is coming.
I know it sweet Kira as we both have faith and believe it.
Feel me there with you giving sweet kisses so deep
and big hugs so very warmful,
I will never ever leave you I promise.
I love you sweet lady and am holding your hand
and you ever so closely.
Kira you are so beautiful and truly my everything
and only Angel.

Michael P. McParland

Love Note 390

Kira my one the doctor has
finally called as I am about
out the door to get my prescription filled
I wanted to say I'm so
totally in love with you.
You are perfect in my eyes
my sweet Angel dove
and my heart and soul are
forever yours my beautiful girl.
I so adore you that I cry in bed
on so many nights waiting for our glorious time.
I can't wait to hold you so close on my arms,
you are all that I need and I want.

So wish me luck and say a prayer
that my ankle will not hurt so very much
as I go out in this frigid below zero air.
Kira I love you so deeply
and I will write you so shortly
and remember that your Michael loves you
and will be with you forever.

Michael P. McParland

Come Snuggle Sweet Kira 3

Come snuggle sweet Kira I'm so very tired,
it's time for a nap so let's slide under the covers.
We'll share some sweet kisses as I hold you closely,
I miss you sweet lady and want you here with me.
Come snuggle sweet Kira I love you so deeply
and just want to hold you while we rest so easy.

Michael P. McParland

My Hand Is In Yours

My hand is in yours as I stand by your side,
it will be in yours forevermore.
I love you so much my sweet Angel bride
and I want to be with you through all space and time.
Feel me right there as I hold you so close
giving you kisses and saying I love you the very most.
You are my Angel and you are my Queen,
you truly are everything to me.
I love you sweet Kira and my hand is in yours
and I promise it always will be because I'll never leave you.

Michael P. McParland

You Are My Angel 2

You are my Angel of true loving light,
you are the northern star that lights up my life,
you are my Angel who give my heart and soul hope.
You are my Angel so bright beautiful and bold,
you are my Kira the greatest and most gorgeous Angel of all.

Kira you are my Angel I so adore
and I want to be with you forevermore.
Through both this life and into the next
I want to walk by you hand in hand.
Trust me my dear when I promise I'll stand by you forever.
Why would I ever want to abandon, lose,
harm and break the heart of soul a beautiful soul?
I would never damage both of our hearts
by throwing away the true love I share with my Angel so dear.

Kira you are the Angel I hold so dear in my life,
you are the holder of my heart and soul
and you are held within them.
I so adore you and totally love you,
Kira you are my Angel and I want to marry you.

Michael P. McParland

Sweet Good Morning Kisses To You

Sweet good morning kisses to sweet beautiful you,
sweet good morning kisses to my sweet Angel
I so admire and adore.
Sweet kisses to my sweet Kira the best that there is,
sweet kisses to you my sweet Queen how I wish you were here.

How I wish you were here to sit back with
on this extremely frigid Minnesota winter morn
and just bundle up on the couch in my big fuzzy orange blanket
and snuggle the cold away my sweet one.
Together warm up my ankle which the arthritis
has in tons of bad pain.
We'd heal it all with sweet morning kisses
that drive away all aches and frowns.
Sweet good morning kisses to my Kira of whom I'm so proud.

Sweet sweet good morning kisses to you my sweet one
and feel all of my warmth and love as I both send it
and in spirit sit holding you.
I know that soon I'll be sharing sweet good morning kisses with you,
I love you sweet Kira and remember I'm always with you.

Michael P. McParland

Come Snuggle Tight Sweet Angel Of Mine 2

Goodnight my sweet precious Angel of light
and as I now lay down come snuggle with me
ever so tight as you curl up in my arms
and rest your sweet head on my chest.
Before we sleep though let's share kisses so sweet
while I say Kira I love you so deep.
You are everything through all time
that I'll ever want and all I'll ever need.
Some come curl up so tight
and together we'll snuggle in warmth.
I love you Kira my Angel you are the best.

Michael P. McParland

Holding You Here

As I stay up just a bit longer my Angel
I so wish you were right here next to me
and I was so closely holding you.
Snuggling away while you sat here and rested
and I just read and watched some of a movie.
I love you sweet Kira and will soon be holding you.
I just wish I were holding you here
right now as I start to tire a bit.
I wish I could be holding you here
because I love and adore my Angel Kira to no end.

Michael P. McParland

Kira You Are My Everything

You are all of my greatest,
sweetest hopes and dreams.
You are all the sweetest kisses
I ever hope to give to and receive from you.
You are all the biggest warmest hugs of strength.
Kira you are my everything because you're great.

You are the brightest moon and the brightest stars
giving guidance on all the darkest nights.
You are true beauty both in and out
in my adoring and loving eyes.
You are everything I want and need and ever hope to have,
Kira you are my everything and I cherish you in full.

Kira you truly are my only one
and my favorite person that there is.
I'll only ever need you, your kids and our future ones I pray,
my parents and my nephews and I'm set for good.
You are my Angel and my Queen the one that I adore.
Kira you are my everything and my God I so love you.

Michael P. McParland

Night Note 136

Sweet sweet kisses to you
Kira my sweet Angel dove
and as I rise from my rest I wanted
to tell you I love you
and miss you so very much.
That as I get up and get going
on this very night for a bit
I wish you were here with me
to snuggle and nuzzle
while snacking and finishing
the film that we started before.
I love you sweet Kira
my dear darling Angel.

Kira I miss you so very much
and just want to wrap you up
in my robe and on payday we would
get you one of your own at Target
just like mine so we could have
matching comfy robes of different colors.
I want to just wrap you up though
and sit back for awhile to watch our film
before I get up and prepare our food.
I just want to snuggle with you
my wonderful woman so very good.
Kira you are my Queen
and I would do anything to have you here
holding you right next to me.

So my sweet darling in spirit come
join me as i read for a very short bit
then resume the movie we started last night.
Feel all of my love and warmth
with great big kisses and hugs to fill
you up with my caring strength.
Feel me beside you holding you close
and always remember I'll never leave you,
Your Michael loves you more than
anything in the universe anywhere.

You are my true love and Angel
so divinely beautiful.
I wish you were right here with me
holding each other as we snacked,
enjoyed the film, and enjoyed the night
with each other arm in arm.
I love you sweet Kira and wish you were here
but as I sit back I'll be
smiling while thinking of you
and sending all those smiles to you.
God bless you my darling I know our time is coming,
and I can't wait to have Kira
with me as we both go about doing
everything that we want and we need to.

Michael P. McParland

Come Snuggle Sweet Kira 2

Come snuggle with me my sweet Kira
and come climb underneath the warm covers.
I need a nap and pray that like last night
will only be a couple of hours maybe a bit more.
Come snuggle sweet one and curl up in my arms
sharing sweet kisses so deep, so loving, and so very good.
Come snuggle sweet Kira my sweet Angel dove.

I'm sorry I've been so very tired and I wish
I knew why I were so I could help both of us understand it.
I just know that my body and mind feel so very worn
and missing my sweet Queen and Angel stresses me deeper.
I love you my lady my sweet precious everything,
come snuggle sweet Kira and snuggle so warmly with your loving Michael.

Michael P. McParland

Sweet Kisses To Sweet Kira 2

As I have arrived home from the vests
where the whole time sent you all of
my warmth and loving thoughts
and now before I start on dinner here
I wanted to send you sweet kisses so good,
sweet kisses of true love just for you.

Sweet kisses to you my sweet beautiful Kira,
my sweet Angel dove I so long for and desire.
I want to be with you forever and ever
celebrating true love holding hands walking together.
Sweet kisses to you my sweet darling dear
and know that your Michael is with you holding you closely.

Sweet sweet kisses to you my gorgeous Angel
and Queen sweet sweet Kira divine.
I love you so deeply and I love you completely,
you are the only one whom I yearn to be with forever.
Sweet kisses to you my sweet beautiful Kira
and feel me beside you holding you closely.

Michael P. McParland

You Are Warmth

You are warmth that fills my heart and soul,
you are deep warmth that defines hope and love.
You are the warmth that I want and need.
You are my Angel and pure warmth to me.

You are my true love that gives me true love,
you are the Queen for whom I feel it in return.
Our love is pure and unconditional too,
Kira you are true warmth and I want to hold you.
You are true warmth and my sweet Angel so good.

Kira you are the warmth that fills up my soul.
You are the warmth that keeps my heart beating on.
You are pure warmth and the one that I want,
Kira you are the greatest thing that's
ever happened to me because you are a blessing.
You are a gift from God that gives me such reason
and I want to give all my warmth and love to you for eternity.

Kira you are true warmth and the woman I love,
I want no other in life just you my sweet dear.
You are amazing and you are so deeply astounding,
you are true warmth and I love you more
than anyone or anything in heaven or on this earth.

Michael P. McParland

Love Note 389

Good afternoon my sweet Angel dove
and I am so very sorry I slept
so very very long.
Nobody ever woke me because the cat
doesn't go to the vets until
5: 20 this afternoon and I didn't
think by any means I would sleep this long.
Smile for me though my sweet Angel Queen
because I send you great big sweet kisses of love
and great big hugs of complete and pure warmth.
And I had the most beautiful dream of us my sweet one.
The part I remember most clear of all
was us sitting side by side while
you played with a bright and beautiful butterfly,
and then as you released we both
looked at each other and smiled
snuggling and nuzzling the entire while.
I know there was more and it was so wonderful
but as dreams tend to do
they get fuzzy and are not describable.
I know you are smiling and I can feel it
with all of you caring love and deep warming,
you are the greatest my sweet precious Angel.

So again I'm sorry my dear I slept
so very long and I know you remembered
I am with you always holding you and your hand.
I am always sending you all of my
endless, infinite warmth and love.
Kira you are my Angel and northern star
and I can't wait until I am holding you here
so close to me forever sweet dear.
So as I get up now to eat a little bit
of food and check on the cat a bit more
I want to tell you I love you sweet one
and will definitely write you
before I must go off to the vet.
I love you sweet Kira so very much
and never forget you are all of

my greatest dreams and hopes.
You are my everything and my only one,
grab on to the faith with me dear
I know our time will come.

Michael P. McParland

Sweet Snuggles With Kira

Come slide into bed next to me dear,
after a night with a refreshing shower
and some filling Chinese food after
I am most tired.
Come snuggle with me my beautiful Kira
and share the sweetest kisses as we go to sleep now.

I just bought a new audio book
and am excited to hear the stories on it.
Come curl up in my arms and rest your head on my chest
as I pull you in close to stroke your hair and rub your back.
Snuggle with me my darling dear and share some sweet kisses
as we start to drift off to sleep.
I love you Kira you are my everything,
come my sweet Angel and snuggle staying so warm with me.

Michael P. McParland

A Very Late Night Snuggle

Now out of a very warm and refreshing shower
wrap up in my cozy robe my sweet love
and go sit on the couch and get comfy
while I go put our Chinese food in the oven for us.
Sure just a simple little prepare
of 20 minutes my dear but it good sweet and sour chicken
to snuggle and dine over sweet one.
Let's sit back on the couch and start a wonderful movie now.

I have NetFlix and Amazon Prime so there is much
for you to choose from my darling so divine.
I will be thrilled with your choices
because I'm thrilled with you my sweet Queen
so truly beautiful and gorgeous.
Just curl up in my arms and watch until
our food is ready and done then I'll get up
and take it out of the oven for us to enjoy.

So after the food is ready I can't wait to cozy up with you
enjoying our chicken and the movie you've picked out too.
A good time with Kira is everything I've ever wanted.
Feel all of these kisses with hugs of love and warmth I am sending,
feel all of my loving care fill you up and surround you too.
Feel me beside you holding your hand.
I know it will happen let's just keep praying to God,
ask for his help that it will come soon.
I love you sweet Kira and so deeply love you,
in spirit share with me this late night cozy snuggle.

Michael P. McParland

Night Note 135

Hello my sweet love and as I rise
from a good bit of sleep more
I wanted to say I love you dear.
I love you so very very much
and as I still feel so very sad missing you
I wish you were here to snuggle with
and to hold as I am up for a bit.
My first order of business is a cleansing shower
and I wish you were here to just
kiss and hold as we stood under the water.
Because of course in the winter
even in a shower so warm
it gets cold outside of where the water hits
and we would keep each other warm.
Just share some kisses as we stood there
and smiled at each other.
I wish you were here to snuggle with
my sweet precious lady.

Then after our refreshing shower
I would let you use my robe
to stay so warm and toasty.
I would cook us some good food
while we watched a movie,
even if we didn't finish it
it would be fun to snuggle under
my big fuzzy orange blanket and get it started.
But let's think of all that
when I have stepped out of the shower.

I love you sweet Kira and so
just want to hold you and talk to you.
We can both let the tears go
that we have needed to.
I love you sweet darling
you are my everything
and I will write you my Angel
after I have taken this shower
I so wish we could be

sharing and holding each other together.

Michael P. McParland

Love Note 388

I love you sweet one
so very much and send
sweet kisses and hugs your way.
Come curl up in my arms
and be filled and surrounded
in all of my love.
You are my Angel and you are my Queen.
Kira you are my best friend
and mean the universe to me.

Michael P. McParland

Please Come Snuggle With Me

Please come snuggle with me my sweet Angel dove.
Don't be mad at me like I'm afraid you are.
I'm so very sad without you love and want to lay
with you here holding you so close to me.
I love you so very much and to think you're upset
makes me want to bury my face and cry.
I love you dear and want to snuggle here.
Please come slide under the covers with me
and listen to an audio book you choose.
I love you so much and am in pain,
please come snuggle close with me.

Kira you are my only one and everything
and I ask you to please understand
how much I'm hurting and want to lay down.
I love you babe I truly do
and hope you will come here to snuggle close to me.

Michael P. McParland

Spending Time With You Snuggling

Oh my dear how I just want
to spend time with you laying here tonight.
I want to spend time snuggling
while we listen to an audio book.
I want to spend time with you
as you curl up in my arms to keep warm
on an extremely frigid winter night
as I closely pull you in to rub your back
and stroke your hair as we're bundled up
underneath the covers to totally escape the cold together.

Kira I just want to spend time with you
laying here talking, kissing, snuggling,
escaping the entire world which I want to do right now.
I just want to be in your arms snuggling
and looking in your gorgeous eyes as we
listen to an interesting audio book that you have chose.
I need you dear and miss you very bad
because you're all I need and all I want
my sweet Angel dove.

Come spend time with me and snuggle my only one,
I am so very tired and I am extremely sad
without my beautiful precious Queen.
I love you Kira you are my sweetest girl
and I just want to hold you near.
Please come snuggle with me and curl up in my arms
to share kisses from our soul.
I love you babe and I always will and I want to
spend time with the holder of my heart and soul forevermore.

Michael P. McParland

Love Note 387

A very good late afternoon
to you my beautiful sweet Angel dove.
I ask you to please not be
upset with me on this day.
I only just rose 45 minutes ago
and I am so deeply sad missing you.
I was even far more tired
than I realized my love as I
quickly fell asleep last night
and just slept and slept
feeling so extremely tired and also
so very sad missing you my sweet Kira
and only true love.
I'm missing you so bad
that my heart throbs so bad.
That's why even waking up 45 minutes ago
I needed to take time to clear
my sad head and heart as much as I could.
I felt despair as I awoke
knowing you're not here to hug
and I don't know when I will be able
to pull you in for a snuggle with kisses so sweet.
I ask God why this keeps happening to us
and please make it soon,
be merciful to two people so faithful and in love.
Kira I miss and so sometimes I sleep
to cope with the pain that's inside me.
Yesterday and today exhaustion
finally got me and I slept long.
Kira I miss you, I love you,
I want you, and I need you.
You are my universe and everything.

Kira I love you so deeply
and now that I'm moving
I need to get up and take care of a few things.
My one cats hurt his foot
and soon I must shave
my fuzzy face.

I will write you I promise
because I so love you.
My heart longs and aches
for my sweet gorgeous Kira.
I love you so much and again
please don't be angry,
I always strive to give you my best
because you are my Kira
my great beloved Angel.

Michael P. McParland

Come Snuggle Tight Sweet Angel Of Mine

Come wrap up with me under the covers
my sweet beautiful woman and I will pull you in
so close next to me and we will spoon
and softly talk while we drift for awhile.
Come snuggle so tight my sweet lady
and stay warm with each other on this winter night.
I love you sweet lady and want to spend it
holding you so very closely.

Michael P. McParland

A Quiet Evening

Kira I so want and need a quiet evening
sitting back in bed with thee.
To find a movie we could see while
you curl up in my arms so close to me
and I just hold you so tightly
to keep you so very warm and so very comfy.
I want so very bad a quiet evening with Kira
my sweet Queen and gorgeous Angel who means
everything to me here dedicated and loving Michael.

Then after the movie share some sweet kisses
for about 5 to 10 minutes and then
I want to snuggle up so tight and spoon
with my sweet lady of light.
I want to hold you while we sit
smiling, spooning, and talking.
A quiet and beautiful evening of delight
with my Angel Kira holder of my soul and heart.

I just want to spend a quiet evening
letting you know I care and that I'm here.
I truly always try my best to give you
all that you need and I am so very sorry
if I am falling short at times dear.
I wish you were here for a quiet night
where you could curl up in my arms
while watch a film and then share kisses
before talking and spooning feeling close and content
as we just spend time with each other.
I love you sweet Kira and am dying for
a quiet evening because I just want to hold you
and give you reassurance while we are both soothed.

Michael P. McParland

You Are A Treasure 2

Kira sweet love you truly are a treasure
in my heart, my eyes, my soul, my entire life.
As I now rise from my rest I thank you
for all of your understanding and your prayers.
You are a treasure I so cherish in full
and my heart sings to you everyday.
You give me such love and I return mine in full.
Kira you are a treasure and I so deeply love you.

Kira you are my true love whom I so admire
and I want to be with you forever and ever.
I can't imagine spending all time with another
because I so adore you and want to marry you.
Kira you are a treasure my sweet precious Angel
and I want to give you everything that I have
and am able.

Kira you are a treasure and feel my arms around you
as I am right there next to you hand in hand in spirit.
You are my Queen Angel and the crown jewel of my heart
so taken by you my beautiful Angel.
Kira you are a treasure in my heart, eyes, mind,
soul, life, I so deeply love you
and I want the entire world to truly know it.

Michael P. McParland

Love Note 386

Good morning sweet love
and you are so very beautiful.
God made perfect beauty
when he created you.
So truly gorgeous in all
ways that there are.
Kira I so love you
and want through all time
to have you in my arms.

I want to give you kisses
as you smile and
your eyes so brightly sparkle.
I want to tell you I love you
as I look at you directly.
Good morning love
and I truly mean it
when I sat God created perfect beauty
when he made you my Angel darling.

Michael P. McParland

So Sad Missing You

I am so very restless and sad
as I lay here missing you
and knowing you are upset and mad.
I feel so very sad because
I love you babe and you are my everything.
You truly are so very good to me
and right now I just want us to be in each others arms.
I have so very much love to give you dear
and I want to share it all with you.
Kira babe I feel so very sad missing you
and my heart is aching bad because
I want to caress your cheek while I look into
your eyes and say I love you Kira dear you are my everything.
Then I'd kiss you and pull you in to just
hold you for the very longest time
and through eternity.

Michael P. McParland

Late Night Snuggle 4

Feel my arms wrap around you as I reach out
to pull you in for this late night snuggle of peace and warmth.
You truly are my Angel and Queen of loving light
and I just want to hold you so close and kiss.
My heart truly is in a lot of pain tonight
and I miss you my Kira so very very much.
You truly are the only one I want
and I will stand by your side forevermore.
Hand in hand and step by step the whole
way through my sweet Angel dove and northern light.
I adore you babe and want to be with you through eternity.
I'm reaching out to pull you near and look you
in the eyes as I say Kira I love you so very much,
then I'll give you a long and deep kiss of true love
before we snuggle the whole night long.

Michael P. McParland

Goodnight My Sweet Beautiful Angel

Goodnight my sweet beautiful Angel
and how I miss you so.
Will you come snuggle with me before we go to sleep?
I can see and feel you're mad at me
and that makes me hurt so bad.
Please come snuggle with me and share some kisses dear.
Goodnight my sweet beautiful Angel of
my very heart and soul and my heart aches
and longs so very bad for you.
I love you so very much please don't be mad at me.
I love you mega tons and want you to come
lay beside me dear.

Come curl up within my arms and I'll give
you a deep and passionate kiss before you
rest your head upon my chest.
I will pull you in so tight and hold you
throughout this entire night,
I will talk so soft to you while
I rub your back and stroke your long soft hair.
I am sending you all my love and warmth
with the sweetest kisses with great big hugs of strength.
Please forgive me babe if I shed some tears
because I'm missing you so very bad
and just want to have you here.
My heart and soul ache and yearn for my only one.
Listen so close for my voice as I say
I love you my sweet Angel dove.
You truly are my everything and my only one.

I'll see you tonight within the land of dreams,
I just want to lay with you on a blanket
beneath the shade of a tree by a babbling river.
So very soft the scenery and relaxing too
I truly love you Kira and do my best for you.
Tonight in the land of dreams I just want
to hold you, talk, listen, kiss and drift
to rest with my only one.
I so ache and yearn for Kira my sweet Angel Queen.

Goodnight my sweet beautiful Angel and come
curl up so cozy within my arms.
I want to hold you so very close and share
sweet kisses with my gorgeous only one.
I so adore you my golden hearted one,
you are so filled with love and I have so much to give.
I just want to snuggle dear and I trust
you enough to cry in front of,
Please don't be mad at me because I love you very much.
Goodnight my beautiful sweet Angel and if
I cannot sleep I will write to you I guarantee.
I love you so much I give myself in full to you,
Kira you are my sweet Angel dove I love and adore you to no end.

Michael P. McParland

Snuggle Before Sleep

Kira my dear let's share a snuggle
before we sleep.
I am so very tired but I ache so very bad.
I need your comfort dear as someone
else just upset me bad.
I just want to hold you close to me
and feel your comfort now.
I miss you dear and hope so soon we can
talk because I want to be so near to you.
I love you babe you are my everything
and I want to hold you before I drift off soon.

I love you Kira dear and beside my family
you are the only one who understands me.
I miss you so very much and I need your
very deep and caring comfort.
I love you babe and before we sleep
please snuggle with me my darling dear.
I promise I won't miss our goodnight
I just want to snuggle with the one I love
and feel comforting calm within my heart and soul.
I want to soothe you as well because
you are my gorgeous sweet Angel dove.

Michael P. McParland

Night Note 134

Hello my sweet Angel
and I hope that your night has
been going well and you've been feeling
all of the kisses, hugs, and loving warmth
that I have been sending to you.
I miss you my sweetie and want
to know if you will come snuggle
with me for awhile.
I'm hurting very bad right now
in my heart and i want us both
to be in each others arms.
I'm aching and yearning so bad
that my heart is physically
hurting inside of my chest.
I love you my Kira and miss you
so very much and I am
sending sweet kisses of true love
and great big hugs of deep warmth your way.
I adore you sweet one and want to know.
Will you come snuggle with your Michael right now?
We'll both give each other deep comfort
and share the sweetest of kisses.
I love you sweet Kira please come
and snuggle with me.

Michael P. McParland

An Evening Of Snuggles With My Angel

As I sit here and watch a film
and am finally getting my movie shelves organized
I'm thinking about you the entire time
and how I wish you were here to help
me organize my movie shelves because
it really is quite tiring when there's
over 500 there to push around while sorting through the new.
I wish you were here not so I could make you work
or something like that but t6o sit and talk
while you handed me the movies alphabetically.
I miss you dear I hurt so bad to be spending time
next to you as we do the things we like to do.

I wish you were here to sit back with me here in bed
and snuggle as we watched this film.
It's a scary one so you might not want to watch it,
it's The Visit and we could definitely find something different.
Just as long as I'm with you my sweet Angel dove
to share evening snuggles and evening kisses.
I want to just have my Kira with me.

An evening of snuggling while sorting
and watching movies with our hearts
feeling fine and so content,
right now my heart cries out for you
because you are my only one and I want you in my arms.
I want to snuggle and hide my face
within your shoulder dear as I hide
for a bit from the cold world.
I know my Kira will always care and be right there
to talk to and let it all go.
I miss you babe and long for snuggles on this evening here.

Kira you truly are so very beautiful
and I just want to be with you snuggling
and smiling as we shared kisses through the film.
A time where we can forget the rest of the world
and just enjoy each others company as we really want.
An evening with my darling dear who I

give my everything and would even give my life.
I wish that you were here spending a beautiful
evening snuggling and kissing as we did many things.
I hope that soon we will be able to have
our evenings, our days, and our nights
snuggling away the hours feeling happy and complete.

Michael P. McParland

Love Of My Life

Kira you are the absolute and true
love of my life through and through.
There were time throughout the years
when we had no contact that I felt some love again
but as soon as we started talking I knew
that for those others there was no love there.
You are the love of my life
and my Angel through and through.
I don't want anyone else ever only you my dear.

Kira you are so very beautiful and I loved you from the start,
even in high school I would lay in bed at night
longing and aching for my one.
I've always wanted you right by my side my love,
you are my only one and everything my sweet Angel dove.
You are the love of my life and I truly treasure you,
you are everything I need and want through eternities precious time.

Kira dear my only one it's only ever been you
because even when I was trying to ask out other girls
it was you that was on my mind.
I felt like it would have been a betrayal to both of us
and just like I was cheating,
you are my true love and only one Queen of all that's good.
Kira you are my sweet Angel dove and the greatest woman
that there's ever been,
feel me beside you as I put my arms around you and pull you in.

Kira you truly are the love of my life
and the one I so adore,
I promise I will stand by you through
all time and forevermore.
I love you so very deep and it has no bounds,
you are the one I truly love because you're truly great.

Michael P. McParland

Evening Note 84

A very early good evening
to you my beautiful one
and I so hope that you are okay
and doing quite well.
I'm missing you so very much
and am sending you sweet kisses
and big hugs of loving warmth
by the tons,
I wish I could be holding you right now
and here in a few minutes
when I start cooking dinner
I would be cooking a pork chop
for you as well.
I wish we could spend an evening
in each others arms talking,
reading, smiling, kissing,
and watching a movie.
I just wish I could spend time
with my sweet and gorgeous beautiful lady.

Oh my sweet darling Kira I will
be sending all of my loving care to you
so feel me there beside you
with my arms wrapped around
as I snuggle and give you kisses to no end.
I will always be with you my sweet Angel dove
because I love and adore you to no end.
I just want to hold you
as we talk along sharing both of our worlds
with each other the whole time.
I love you so very much and my heart
both aches and yearns.
I love you sweet Kira you truly are
my sweet Angel, Queen, best friend,
and everything.

Michael P. McParland

You Truly Are 3

You truly are the most beautiful
woman in the entire universe.
You truly are my greatest hopes and dreams,
you truly are my Angel Queen
my only one and everything.
Kira you truly are the only one I want
because from the start to each other
our hearts reached out and spoke.
You truly are my gorgeous girl
and I want no other only you.

Kira you truly are my last thoughts
as I drift off and go to sleep
and most usually are my waking ones as well
wondering if you're okay and how you are.
You truly are the biggest reason for
the majority of my smiles
and I adore you my beast friend and gorgeous Angel.
Kira I truly hold tender and gentle thoughts for you
and want to marry you and hold your hand
as through all ti me we walk side by side.

Kira you truly are the one I crave
and want to share sweet kisses with only you.
I miss you so much and want to
be with you right now within your arms.
Sweet darling I swear to you
that you'll truly never be alone
because I am your Michael and will forever
stand right by you in full support and love.
Kira you truly are the one I adore
and I want to be with you my sweet Angel dove forevermore.

Michael P. McParland

Love Note 385

Good afternoon my beautiful
sweet Angel dove and I send to you
all of these kisses and great big hugs
to fill you with endless warmth.
I love you so very much and am missing you bad,
you are my gorgeous Queen and I wish you were here.
I just want to hold you so close
and snuggle while we kiss.
I miss you sweet Kira because you are the best.

Feel my arms around you
as I am right there by your side
giving sweet kisses with all of my care
and never ending loving warmth.
I want so very much to spend
my life with you both this one and the next.
You are such a beautiful woman
in every way that there is and I want
to be there with you all of the time
serving my gracious Queen.
I love you sweet Kira
you are an amazing woman and if
you only knew just how very much
you mean to me.

Kira I send you all of these
sweet kisses and hugs of reassurance
to remind you that I'm never leaving
and you're not alone.
I am your Michael and yours alone
and I want you to know I am always here.
I pray that it's so soon
because I want to hold you so very close.
God bless you my Angel
holder of my soul and heart.

Michael P. McParland

I Miss You So Much Babe

Good afternoon my sweet Angel dove
and how are you on this day here?
I pray you are well and feeling all of
the warmth and deep caring love I send your way.
I send you the sweetest of kisses to
to let you know that I care more for you
than anything else that there is.
Kira I miss you so much and want to have
you here so tight in my arms.
I love you my darling one that sometimes
the tears will just come just as well
as the smiles remembering the good things we shared.
I miss you sweet lady you're my everything
and I pray that soon I'll be holding you here.

I miss you babe because even feeling your spirit,
smile, kisses, and nuzzles across the distance it feels
so very comforting and so very good
and I hope and pray so very much that I am providing
that same type of comfort just for you.
You are my Angel so sweet like a dove
and you are my Queen so beautiful and high above everyone else.
My heart aches for your presence to have you here sharing kisses,
you are the only person in heaven or on this earth
who I will ever want to share closeness with.
You are the woman I so adore and I want to spend
my life with you hand in hand forevermore.

I love you sweet Kira and miss you so bad
and I truly strive always to honor you
by giving my all and very best.
I want to always make you happy and proud
because to make you smile and beam with joy
makes me so happy knowing your heart and soul feel so good.
I love you Kira my heart and soul are forever yours
because you are my true love and my eternal sweet Angel dove.

Michael P. McParland

Late Morning Kisses

A very good late morning to you my sweet one
and I'm sorry that while we were snuggling
I fell back asleep.
It's just that when I feel your warm loving strength all around
and your arms around me with kisses and nuzzles so sweet
it gives me such deep calm and peace
and I thank you for that my only one.
Please don't be upset because you should
even take it as a compliment of just how much peace that you bring.
I love you darling you're my everything
and I thank you so much for all that you do.

A very good late morning to you and truly sweet one
please don't be upset with me as I try so hard to please you.
Let's go sit down on the couch now and snuggle the rest
of this morning away sharing sweet kisses and smiling the whole time.
I love you babe you truly are my everything
and I want to spend the whole day in you wonderful and loving arms.

As soon as you're ready for lunch my dear one
I'll get up and make it special for you.
You are my beautiful Angel and I want to give you the world,
there isn't anything I wouldn't do for you because
you are my Kira so very beautiful and good.
So let's go sit back on the couch and snuggle away
these last late morning hours with kisses so sweet,
feel me there with you and know that I so deeply love you
because I am your Michael and I totally adore you.

Michael P. McParland

My Sleeping Beauty

Now as the day begins I approach my sleeping beauty.
Before I do anything though I stop and admire
what a truly charming beauty she really is.
Then before I lean in completely to
kiss my gorgeous girl I say I love you babe
you truly are my soul mate and only one.
You are my sleeping beauty, gorgeous Angel, and best friend.
Then with the lightest kisses I kiss her cheeks,
her forehead and her hands,
then to wake my sleeping beauty from above
I kiss her on the lips so passionately
until she opens her eyes and smiles.

Then I pull her in so close to snuggle for a little bit
and say I love you babe,
you are my sleeping beauty and I'm glad I'm waking next to you.
You are my gorgeous girl, my adored Angel and precious Queen,
you are my sweet darling Kira and that means everything to me.
You are my sleeping beauty and now let's snuggle for awhile,
we'll share some sweet kisses
and some smiles to start this day off right.
I love you babe you are the best, you are my everything,
I love you Kira my sleeping beauty
and I want to have you right next to me always and forever.

Michael P. McParland

Come Lay With Me Babe

Come lay beside me babe and share
some sweet kisses as I try to get rid
of this little headache before it turns bad.
It's annoying that it has returned
but all will be well with my beautiful
Kira lying right by my side.
I love you dear you truly are my best friend
and Angel everything.
Babe come lay with me to snuggle and kiss
as this headache passes and help make this
so relaxing and me the luckiest man
in heaven or on this planet.

Michael P. McParland

Feeling You Here With Me

Just sitting back here and listening
to a podcast right now
and I can feel your warmth all around
and filling me up in full.
I can feel your arms around my neck
and you resting your head right up there as well.
I can feel you and all your loving warmth
and it makes me smile as I feel so safe
and it's helping me relax as this headache is coming back.
I love you babe you truly are the best
and I'm sending you all these sweet kisses
as I send you all my loving warmth in return.

Michael P. McParland

Night Note 133

Hello my sweet love and I
hope you are feeling all of my warmth
and love as I send it to you in full
with the sweetest of kisses and hugs.
I still have not started a film
because I'm not sure what to watch.
I have a few of my horror films I just bought
but I have been struggling with
the horror films for awhile.
You know how they would only scare me
a tiny bit from time to time
but I'd get over it quick.
I've not told you yet because I'd not
wanted to do it in a public way
and wanted to tell you personally
but I'll tell you now.
I ran across something horror wise
at the end of last March
that terrified me so bad
I'm still getting over it in some ways.
It may sound funny to some but
it wasn't because I even had to
sleep with the light on for two weeks
so at some points I still get really scared.
Nothing that actually happened to me
personally and I could only really
explain it in personal conversation.
So I'm trying to decide out of
my many other options what
I would like and please
don't worry so much about
how any of that stuff bothers me at all,
April and into May are where it
really affected me.
I just have moments of getting scared now.

I wish you were here to hold
and not because of that but because
I want to curl up with my lady

and gaze into your eyes.
Share some sweet kisses while we softly talk
and watch a good calming movie
preferably one that would make us laugh.
I just want you to curl up in my arms
as we spend the night snuggling
through the hours and when you
got tired could rest your head
on my lap and go to sleep feeling
safe and comfortable.
I just want to be with my lady
and I am worried about you
and want to know how you are doing.
I love you my lady and just want
to spend time snuggling,
reading, watching movies, and listening
to audio books or music.
I just want to be with my beautiful Kira,
my sweet gorgeous Queen and dear Angel.
You are my best friend
and I truly would give anything
to be spending time with you darling
and please feel me beside you holding your hand
and know I will never do anything
that would harm or upset you.
You are my everything
and I strive to make you so proud and honor
you completely and in full.

Michael P. McParland

A Night Spent Holding You

Kira how I wish I could spend this night
sitting back and holding you so very close.
Find a movie on Amazon or NetFlix to watch
while you curled up in my arms
getting cozy and we just sat and kissed before it starts.
I so hunger and long for you kisses
my only one that I often dream of us just
sitting back and sharing them.
I know they'll be so passionate and very nice
I wish we could share some before the film starts.

I wish I could just sit back with you tonight
and pull you in so very close telling you
that you're the best and I'm never leaving you.
I just want to hold you near and rub your back,
I long to feel your touch and give you mine.
I crave your love as I know you have so much to give
just like I do and I want to give it all to you.
I love you so much Kira and I always will
and I want to spend this night holding you.

I so want to spend this night holding you
while we watch a film we have chosen together.
I wouldn't pick something scary or that you didn't like
because I want to see you enjoy it and happily smile.
I love you Kira and want to hold you on this night
just sharing kisses at random points,
you are my Angel and you are my hero and nothing
in heaven or on this earth can equal you my darling.
I want to sit back and hold you on this night
because I miss you Kira and that makes my heart so badly hurt.

Michael P. McParland

Sweet Kisses Of Comfort For Kira

Sweet kisses of deep comfort to you
my sweet beautiful Kira.
Sweet kisses to let you know I am here
and to fill you with peace.
I love you so much and want you to
always remember and know that I'll never leave you
and am holding you close.
You are my Angel and my only one
and I want you to feel my hand in yours
as I pull you in for a kiss and a snuggle
so full of care and loving warmth.

I needed an hour and a half of more rest
to chase of that headache splitting my head
and making my stomach so sick
and I've just arrived home from getting my food.
I wish you were here to join me in my
fattening Wendy's so good
but then again I don't know if you like them or not.
Feel all of my strength warmth and love
as I send it all to you and these many kisses of comfort
as I now plan to watch this movie with my parents.
I will write you so soon I promise dear
and remember your Michael always strives
at his best just for you.
I love you Kira and send you these sweet kisses of comfort
and feel my arms around you as I pull you in for a loving snuggle.

Michael P. McParland

Love Note 384

Good evening my sweet Angel dove
and please don't feel upset and worried
that I've been so very quiet today.
The fatigue caught up with me
completely and I have been sleeping
and now I have woken to a bad headache
splitting my head open.
I'm sorry sweet love if you have been worried
and I need a bit longer for
this Excedrin to get working.
I love you my darling and send you sweet kisses,
I could never be angry at you
my sweet Queen and Angel.
I hope you are not upset and crying
my darling and I send you these sweet kisses,
hugs, and smiles in the millions.
I will write you after my headache
is gone and I have run to Wendy's to get some food.
I will write you as soon as I get
home from bringing the food home
and remember your Michael so loves you
Kira my sweet Angel dove.

Michael P. McParland

Just Lay Here With Me

Kira will you just keep lying here with me
snuggling the hours away?
I can feel all of your warmth and love
with your arms around me as well as your
soft kisses on my cheeks, neck, and lips
with the sweetest nuzzles so purely wholesome and good.
Kira please just lay here with me some more
so I can give you my sweetie even nicer kisses than before
so very sweet, tender, passionate and gentle.
I love you so very much and just want
to wrap you up so tight within my arms
to tell you that you are so very beautiful
and that I truly love you.
Kira will you just keep lying here with me
and we'll help each other soothe our aching hearts?
I just want to be with you forevermore
and relax with you tonight as I try to
work past all this exhausted fatigue that has a hold of me.
I love you babe you are my gorgeous Angel true
and I want nothing more tonight than to be lying here with you.

Michael P. McParland

Come Snuggle And Nuzzle 2

As I just had to restart my computer
I saw your picture as it is my desktop back ground
and as always I am struck by your beauty sweet one.
I want so bad to pull you in and hold you near,
to give you sweet kisses while I say I love you dear
and you are so beautiful don't you see.
Your eyes and smile shining oh so bright,
a body that I can't even talk about my excitement right here
and a heart and soul of an Angel so very bright and pure.
Please come snuggle and nuzzle with me so I can
give you kisses straight from my heart and soul,
please come snuggle and nuzzle with your Michael
who hurts so much and is over whelmed
just wanting to hold my best friend near
and bury my face into your shoulder for just a little bit
to hide from the world around.
I love you Kira please come lay with me for awhile
snuggling, kissing, and nuzzling while we relax and talk
just like the best friends so in love just like we are.

Kira you are my gorgeous lady and I want
to lay here in bed holding you and telling you
just how great you are and how much you mean to me.
I want to gaze into those eyes and just get lost
in the universes of loving thought within your soul.
I want to just kiss you and nuzzle and in my exhaustion
I apologize because I may even shed some tears.
You are everything I want and need within this world,
I adore you to no end my precious girl.
Please come lay down my beautiful one and snuggle,
nuzzle while sharing kisses with your Michael.
I truly want and need you by my side
as I crave you and am aching so very bad.
I love you babe and just want you to lay here with me
where I can tell you that you truly are so beautiful
and that you mean the universe to me as you are my Angel and everything.

Michael P. McParland

A Quiet Evening With My Lady

As I am about to finish my dinner up sweet one
I am going to sit back and start a movie afterward
and I wish you could be here to wrap you up in my robe
and have you curl up in my arms to spend
a quiet evening holding each other feeling comforted
as we watch the film in peaceful quiet around us.
A quiet evening with Kira my lady is what I so want
to help soothe both of our aching hearts.
I am hurting quite bad and feeling so very sad
as I long for my lady Kira my Angel.
I so wish you were here to hold close to me
as we watched a movie on this quiet evening just you and me.

I want to have you close as we spend this evening
in each others arms and share some sweet kisses
throughout the movie.
A movie where we can laugh together and one
with good thought that we could discuss afterwards,
it doesn't matter what type of film you have picked
because I would be spending time with you
and we always found something to talk over.
I miss you sweet Kira and wish you were here
to spend a great evening snuggling so tightly together.

I will be sending you all of my warmth and love
along with sweet kisses and hugs straight from my soul and heart,
I am so longing for you and just want to be with you
holding you my sweet Queen and Angel ever so close.
I really am aching and crave your sweet and soft touch
and want to share with you my entire world and life,
as well as getting to know my hero and true love
Kira in every way that there is listening
intently to you Angelic voice and holding you so very close.
I love you my baby and am dying to be with you
on a serene and loving quiet evening.
I love you sweet Kira and am right there beside you
holding you ever so tightly in spirit
letting you know you're not alone and I will
stand by you through all eternity as your ever loving Michael.

Michael P. McParland

Warmth, Love, Hugs, And Kisses 5

I'm reaching out my sweet on this late afternoon
to just hold you so close and give you deep warmth.
A snuggle to let you know that I care and will always
give you my very best because you are my Queen and you are supreme.
I'm reaching out for a hug and snuggle of infinite warmth
because you are the Angel I truly so need and want.

As I hold you so close I give you these sweet kisses
to say I love you sweet one more than anything.
I kiss you on top of your head, your forehead,
caress your sweet and soft cheek as I place
very soft and gentle kisses on your closed eyes.
I kiss your cheeks, your soft delicate hands,
and at last a very long passionate kiss of loving warmth
upon your luscious lips which I can't wait to have mine upon.
Warmth, love, hugs, and kisses with my sweet Kira
is what I want to share on this late afternoon.

I'm reaching out my sweet one to wrap you up in my arms
to give you a big hug and snuggle of deep care
along with kisses that say I love you my dear.
Feel all of my care as I'm right there with you
telling you I'll never leave you my dear.
I will stand by you hand in hand for all time,
you are my soul mate and Angel I so adore.
Warmth, love, hugs, and deep kisses for you
my sweet Kira the only woman I'll ever want and love in such a way,
you truly are my best friend and everything.

Michael P. McParland

Millions Of Smiles

I send millions of smiles just to you my sweet one,
millions of smiles that without a word
say I love you my Queen, my Angel, and my best friend.
I send you millions of smiles to give you deep warmth
and to fill your heart with all of my strength
and so very much more.

I send you millions of smiles because you are my hero
and I send you millions upon millions of smiles
to you on every hour.
Feel all of the care that they hold within
and give me your gorgeous smile in return.
I send you millions of smiles because I love you sweet one
and so you'll know that your Michael
will stick by you through all time.

Michael P. McParland

Love Note 383

Good afternoon my sweet Angel dove
and how I wish I were with you
rather it be here at my home
or there with you at yours.
I just want to be with you spending time
talking and reading from one of the books
we would have chosen to read together.
I just want to snuggle with you
and today especially just lay back
and rest my head on your lap
if you were okay with that.
The fatigue and exhaustion
is just catching up with me
and I wish I was snuggling with you
and sharing sweet kisses as we smiled
and felt filled with joy just
spending time with each other.
I miss you sweet Kira and just
want to be with you side by side
hand in hand forever and ever.
You are my best friend
and sweet Angel dove and nothing
can equal you my darling dear.

I am sending you all of my warmth
and love and I pray that you feel it all,
I'm also sending you all of my strength
to give you peace and know the tender
gentleness I hold within just for you.
I can't wait till we are together
so I can serve you in the
greatest of ways every single day.
I will always strive to make you
so very happy and so very proud.
You are my everything my darling dear.

I need to go get something to
eat now my dear as I am getting
a low blood sugar attack and it is

twisting my stomach around while I shake.
Have a great afternoon my sweet Queen
and hear my heart as it sings to you
all of my favorite love songs my dear.
You truly are the greatest woman
I know and I want to be with you
for all time because I love you
so much and each day it grows
more and more.

Michael P. McParland

Great Big Kisses 3

Great big kisses of caring and loving
warmth to you my sweet Kira on this afternoon.
Great big kisses of true love and passion
to let you know I'm right by your side
and that I so deeply care.
Great big kisses to you my sweet Kira
because I love you so much
and I would give anything to have you
right here by my side snuggling away
this afternoon as we spent time
just having fun with each other
as the couple in true love like we are.
Great big kisses to you my sweet Angel dove
and know I am right there beside you
holding your soft loving hand.

ILYF and ever Kira my sweet Angel dove.

Michael P. McParland

You Are My Everything

Kira sweet one you truly are my everything.
You are my best friend, you are my soul mate,
and you are my hero who I share the deepest
and most special bond with.
I love you Kira with every bit of my heart and soul,
Kira you are all that I need and want through
eternity because you are my Queen and Angel
whom I give my whole life and I want you to know
that I admire and adore you so very much.

Kira I hope that you are not upset at me in any way
and I hope that you know just how very much you mean to me.
I am in awe of your complete beauty,
you are a gorgeous woman both outside and within
and my heart melts for me as you drive me
so very wild with desire.
I crave to be with you as your dedicated loving husband
forever and ever.
Kira you are my everything and I wish I could put
my whole heart in you for awhile so you would
know in full and total just how very much
you mean to me you Michael so filled with unconditional
and undying love for his beautiful Kira.

Kira please know that you truly matter to me
and mean everything because you are my Angel.
I give myself in full and my whole life to you,
I can feel all of your love for me
and know when you are sad, upset, and smiling big
and right now I fear you are both sad and a bit angry at me
and I am so sorry for whatever it is I have done.
You are my Angel and I want you to be proud
because you are my everything my sweet Angel dove.
Feel all of these kisses as I take your hand
and pull you in for the biggest hug,
remember sweet Kira I am always beside you
and give you my word that I'll never leave you.
I love you my darling because you are my everything
and I am the luckiest man that there is

because I am in love with my best friend who loves me in turn.

Michael P. McParland

A Lazy Morning With My Sweet One

Good morning my beautiful hero and best friend,
as I get up and slowly move about this morning
I give you sweet and passionate kisses
with a great big hug of warmth to fill you with comfort.
Come join me on the couch my sweet dear
and sit back on this lazy morning at hand.
Would you mind if I lay back and rested my head on your lap
as I get myself going this morning for a bit.
I want to lay back and just look up at my lady
as you rubbed my face and head while we were talking.
A lazy morning with my precious lady is the
ideal way to star such a day talking, smiling,
and as ever laughing together.

A very beautiful good morning to you my sweet love
and thank you for all of your kind understanding
of how tired I was and haven't slept well the last couple of days.
Thank you as ever for being such a kind loving soul
and I wish you were here to spend a lazy morning
just snuggling with each other and if it
was okay with you just laying back and resting
my head so cozily on your lap and looking up in your
eyes smiling as we softly talked.
I could use your sweet comfort as I am still
hurting inside from those few things I wish
I could talk to you about privately
and I just miss you so badly and want to give you
deep reassurance and comfort as well,
a lazy morning spent with each other would be the
perfect way to start the day helping each other smile
and feel okay inside being filled with uplifting light.

Kira I so totally love you and wish you
a beautiful, warm, and wholesome good morning.
I want to spend many many lazy ones with you
starting so soon in the future.
Mornings where we sit up holding each other
with morning where you lay back resting your head in my lap
or me resting my head in yours if either

one of us is in need of extra loving comfort.
I want to be kissing you right now my sweet Queen
and beautiful woman I so truly treasure.
Feel me there holding you and showering you in kisses
as I send you all of my loving warmth and strength
to give you peace and deep endless comfort.
Lay back my sweet one and just see me there with you
as I lay back and we sit together on this lazy morning
talking and laughing as we share deep loving looks and kisses
straight from our souls that are deeply connected.

Michael P. McParland

An Early Morning Snuggle With My Best Friend

Good morning Kira my beautiful best Angel and best friend
and I hope you got some good sleep and had beautiful dreams.
I hope you saw me and we held each other so tight
and snuggled away the hours talking and kissing
like we so need and want.
I love you baby my Angel and best friend and will
you snuggle for a while longer on this morning?
I haven't slept well in these past few days
and want to spend another hour or two resting
and just holding my beautiful lady
with my audio book on in the back ground.
I love my stories but those are
what have been putting me to sleep lately.
Come share an early morning snuggle with me and rub my
face and head for comfort while I hold you close
rubbing your back and stroking your hair.

Good morning Kira my beautiful beast friend
and will you please join me for a few more hours
of an early morning snuggle with sweet kisses and nuzzles.
No way will I fall asleep for the whole
I just need a few more hours of rest so I can
enjoy the rest of this day writing for you
and I have a DVD I want to watch with my family.
I love you sweet lady and promise as always
that I'll never leave you and I am right here for you.
Come and we'll hold each other so tightly,
I want to be with my hero, Angel and best friend
forever and ever to no end.
I want to hold you and kiss you on this
early morning as I recharge my batteries with
a few more hours resting and snuggling
with my beautiful lady who means everything to me in the universe.

Michael P. McParland

Sweet Middle Night Kisses For Kira

Hello my sweet lady and how has your night been?
Mine has been restless never falling more the
three quarters of the way to sleep,
and even wandering around the house literally
in a half sleep daze just sitting down
here and there drifting off for a short bit.
I pray you are resting better than me
my sweet Angel dove so go food and pure
and I'm reaching out to pull you in
and give you these sweet kisses just
to say I love you babe and hold you close
to comfort both of us. I am still hurting deep inside
from a handful of stuff and I know you're hurting too.
Please reach back and wrap your arms around me as well
and we'll share sweet kisses of so good and calming
for me and you.
I love you Kira so very much I truly do
and send these sweet middle night kisses with a snuggle
to my gorgeous best friend Kira the greatest woman there's ever been.

Michael P. McParland

Goodnight Kira My Greatest Love

Goodnight sweet Kira my greatest and only love
I am so truly exhausted I am ready to just
collapse and crash into sleep.
Please come snuggle with me and gaze into my eyes
so I can look right at you and say
I love you sweet Kira my only dear,
I care for you so very much and just want you here
to hold and to give every last bit of my love,
to share every bit of my life with you
making it so happy and grand.
Goodnight Kira my greatest love and come lay
beside my so we can snuggle and kiss
as we fall asleep in each others arms.
I so adore you my darling one and just want
to be with you forevermore.

Come curl up so tight next to me in my arms
so I can hold you close while I rub your back
and stroke your long beautiful hair.
Just give me some kisses and then rest
your sweet head upon my chest and we'll
keep on listening to an awesome audio book
as we drift off to sleep contentedly in each others arms.
Kira I am sending you all of my love and warmth
with supreme love and care from my very core.
I adore you so much and listen for my voice
as I reassure you that I'll forever stand with you
never leaving or abandoning my only Angel.
You are my true love and everything
and I want to be with my best friend for eternity.

Goodnight Kira the greatest woman there's ever been
and I will see you in the land of dreams.
To take a walk in a green pasture of rolling hills
where you don't have to worry of allergies
and holding hands we'll enjoy all the beauty
and each others voices and company
as we spend time with one another.
Then after a while we'll lay down a blanket

and lay down to snuggle sharing kisses so sweet
spending time with each other talking and laughing
among other things tonight in the land of dreams.
I love you sweet Kira and can't wait to be holding you
and sharing our entire lives with each other.

Goodnight my sweet precious beautiful Kira
and I hope that so soon you will talk to me.
I'm not trying to push but just voicing
what I hope for and wish and you are
my greatest wish as my Angel and Queen
to share my world and myself in full.
To lay with you and snuggle on tired nights such as this
to give each other good mornings and goodnights
giving great starts and ends to the day
with so many loving messages in between.
And eventually in good time reuniting
when I just hold you so closely saying I love you
sweet Kira over and over because I
have such tenderness within me for you.
You don't know how much I'm aching for everything
that is shared between two soul mates in true love,
only purity is what I hold within me when I see you.
Goodnight Kira my greatest and only love so amazing
and feel my arms around you giving all of my strength and comfort.
I love you my darling and so very soon we will come together
because you are the Angel I'm so longing and aching for
each day as my love grows greater and greater.

Michael P. McParland

You Are My Sweetie

You are my true love, my beautiful lady,
and my treasured sweetie.
I can feel you here beside me
all curled up and cozy.
I can feel all you loving strength
and warmth fill me up and surround me now
and I want to thank you and say
I love you as I feel your kisses on my face.
You are my sweetie so full of pure
Angelic grace and I send you all of
my warmth, love and endless strength.
You are my sweetie and I will always
adore you as my heart melts from your
golden heart and spirit filled with loving grace.
Kira you are my sweetie and I can't wait
to have you here within my arms.
I love you babe you truly are my everything
and most of all you are my best friend,
my hero, my sweetie and great soul mate.

Michael P. McParland

Come Curl Up 4

Come my sweet one and curl up beside me
here in bed as I just lay back and listen
to my audio book and check out some random
things on the Internet like stuff on Amazon.
Will you give me the honor of snuggling with
you my sweet dear feeling so cozy and warm?
Come curl up in my arms and we'll just
gaze into each others eyes and share
some deep and sweet passionate kisses
as we get lost in the story.
Come curl up beside me and let's just
cuddle and snuggle for a little while.
I want to be with my lady feeling
the warmth of your spirit and body
as we share some sweet kisses and snuggle
while listening to a great book on audio.

Come my sweet Kira and please give me the honor
and make me the happiest man on the planet
as you slide into bed next to me and curl up
in my arms getting so very cozy
as I look in your eyes and say Kira I adore you,
you are my best friend and Angel and so truly love you.
I will never leave you sweet one
this I eternally promise over and over,
I don't want to lose you because you are my everything.
Please come curl up in my arms and give each other
kisses as we find one of my tons of audio books
to listen to and get lost in.
Come curl up beside me because I want to spend
this evening just getting lost
in the love that we share with each other.
You truly are such a gift and blessing my dear
and I want to hold you and tell you
how truly wonderful you are to me your
ever loving and dedicated faithful Michael.

Michael P. McParland

Evening Note 83

Good evening my sweet Angel dove
and feel my caress on your cheek
as I push back your hair to deliver
this loving and passionate kiss to you.
I love you so much and have risen
from my very light rest and I thank you
for all of you kind, caring, loving
strength and warmth that you sent.
I was very restless at first
but I felt your arms wrap around me
with your soft kisses and nuzzles
and my body, spirit, and heart
relaxed enough for me to get
a light rest for awhile.
Thank you again my sweet love
and how I wish you were here
to join me for dinner here in a few minutes.
I want to just lean in close to
my Angel and eat then afterwards
snuggle on the couch as
we watched a movie you have picked out.
I so long to spend time
with you my sweet Queen so hear
my heart tonight as it sings out to you
saying Kira you are the greatest
and truly so cool.
I adore you my darling and I'll
forever stick by you my sweet dear.

I love you sweet lady and so wish
that we could just sit and talk,
read from our books, watch some movies,
and share sweet kisses while
listening to some audio books.
Kira you truly are such
a very special person and a supreme Angel
and I would give anything
to hold you and just rub your back
and stroke your hair as I

softly spoke giving you reassurance
that I'll stick by you forever and ever.
Be right there so you can look in my eyes
and see the deep wells of loves truth
and deep care I have for you.
I'll never leave you sweet Kira
and will stand by your side
forever and ever giving my love
and support endlessly while holding you close,
feel me beside you right now
as I take your hand.
I love you sweet lady
and promise I am right here for you
and will write through this evening
and let you know with a goodnight
when I go off to dreamland.
Kira you truly are so very amazing
and I want you to know
I love you and my heart
continually melts for you my gorgeous Angel.

Michael P. McParland

A Beautiful Afternoon Snuggling With You

Sweet sweet Kira will you come and join me
and make this the most beautiful afternoon
snuggling and nuzzling while sharing sweet kisses.
Please don't be upset at me in any way.
It may be because I am so tired that my
nerves are making me worry you're mad
but I fear and feel that you are a little mad at me
and I want to apologize for whatever it may be.
Come snuggle with me so I can make it right my sweet one.
Come snuggle and nuzzle so I can hold you close
and we can talk as we drift for a little while.
Will you honor me sweet one on this beautiful afternoon
and lay down with me to snuggle and nuzzle for a few hours?

I don't even think I'll do more than lightly doze
and I just want to hold you sweet Kira
Angel and Queen of my greatest dreams.
I so adore you and my heart is singing to you
letting you know how special to me that you are.
Please my sweet darling come spend this
afternoon in my arms making it a beautiful one.
God bless you my darling and know I am always
right here for you my sweet Angel dove
because I am your Michael and my heart truly melts for you.
Please my sweet Kira come snuggle with me
on this afternoon so very beautiful
because I want to give you deep comfort
and share sweet kisses with the beautiful woman
I so adore and want to be with forever and ever.

Michael P. McParland

Your Picture 9

My sweet darling Kira as I lay here
I can feel all of your warm loving strength
and everlasting and unconditional loving
and I brought up your picture to see you smile.
It lifted my heart with all of your love surrounding me dear
and looking upon you with that gorgeous smile
and your sparkling eyes helped give me a ray
of light in my day and I want to say thank you sweet one.
You are such a treasure and gem and I hope
you aren't upset and feeling down in any way.
Earlier I was feeling so down from a couple of things.
I miss you so bad and I ran across something
that hurt my heart so very bad,
not caused by you but it made me need your comfort
so much more my sweet dear,
and I truly am so very worried about you.
I love you my darling and want to know how you are
and I do long and ache to talk to you.
You are my Angel and darling soul mate
and I want to tell you directly I love you
and thank you for just who you are and all that you do.

As my heart was aching sweet one I could feel
all of your warmth surrounding me
and I looked at your picture and said
hello Kira my sweet precious dear.
You are so beautiful and I truly miss you,
I ache because there's so much I want to share with you.
Please don't feel down or think I am mad at you
because I am not it was something that hurt from outside
as well as the pain and worry from missing you.
And I said you are my hero and best friend
and I adore you to no end and I wish I could talk to you
my wonderful Queen whom I want to have walk
beside me hand in hand through eternity.
I love you sweet Kira and you truly are the most
beautiful woman both inside and outside.
You are lifting my heart with your love
and gorgeous smile,

thank you sweet darling for you truly are so very amazing.

It may sound crazy, funny, or strange to some
that I would talk to your picture but it helps me
sweet darling in many ways to feel better,
I hope you know just how much I adore you
and want to give you so much and make you proud and happy.
Kira I want to be the best that I can for you
and give you all of the love you've been deserving,
I want you to know that I'll never leave you
and want to spend my whole life with you and make a family.
You are my greatest dream and your love means the
entire universe to me.
I wouldn't have anyone else's love because you are supreme.
I thank you Kira and so deeply thank you
and send you these sweet kisses to tell you I love you
with great big hugs of warmth to reassure you
that I am your Michael and will always stand by you.

Michael P. McParland

Beautiful Lady 11

Beautiful lady I love you so much
and I send you sweet kisses
with great big hugs of deep warmth
from the most tender
and gentle depths of my heart and soul.
I love you my dear and I always will
because you're my beautiful Kira
and I truly adore you to no end.

Michael P. McParland

Hurting For You

Kira I miss you and am hurting for you a lot,
my heart is aching so bad and I yearn
to see your smile and hold you so close.
I want to be your forever man
and just have you curled up in my arms
while we tenderly and passionately kiss.
I have so much to share and am hurting
to look into your eyes as I let you into my world.
I'm aching for you because my heart and soul
are forever yours and I just want to be with you
giving fully of myself and serving my Queen in true love.
For you my heart melts and overflows wit true love,
Kira I'm hurting for you and just want to have
have you right here lying down by my side.

Kira I'm hurting for you because you
are my sweet Angel dove and it is
so very hard to go through
most of my days without the woman I love.
I send you sweet kisses and these
hugs of complete and pure warmth.
Kira I love you so much
and am hurting to hold you so close
telling you how much you mean to me
and your infinite worth.

Michael P. McParland

A Sweet Morning With You 2

A good morning to you again my sweet dear
and now having climbed out of a cleansing
and refreshing shower of which I wish you had
been with me just to smile at each other and hold
I now send you sweet kisses and the biggest hugs
of pure and complete loving warmth,
and now how I wish you could sit back with me
on the couch you wrapped up in my robe
and both of us in my big fuzzy orange blanket
with you curled up in my arms snuggling away
this cold winter morning right here.
They did finally get the heater fixed though
so it's not freezing in here like it was yesterday.
I love you sweet one and wish we could be
spending this morning together in each others arms
because my heart melts for you to no end.

As ever sweet one I would fix your coffee just
as you like it and I will learn how that is
as soon as we have reunited,
you may remember that I usually prefer mine black
and sometimes with sugar and cream to change it up.
Then we could sit back and snuggle while you
sipped at your coffee and I drank my Pepsi
as we just watched some TV or talked
softly and lovingly for a bit.
I long to hear your sweet voice again
as it is so heavenly and it always gave me butterflies
my beautiful Queen.
How I want to hear it again and just listen
intently to you as you talked about all that
you wanted and needed to.
I love you my darling and I want to hear all of
your tales of your life as I hold you so very close
to give you comfort and reassurance through everything no matter what.

Then to help you start the day with as little pain
as I can help you with I'll give you a kiss
and put on an audio book as you lay on your tummy

and I massage your back and neck with you
directing me just how much pressure you want and can take.
Then I'll massage your arms and then legs
ending with your feet and I pray that
would help you be loose and free from a good deal of your aches.
I want to do everything for my Queen that there is
and afterwards snuggle again sharing sweet kisses
Then rest your head on my lap as you lay down
and I'll read aloud to you from our book.
A sweet morning with sweet Kira is a treat that I long for
and can't wait to have my sweet precious darling.
I love and adore you and just want to hold you
letting you know that your Michael so loves you
and that never again will you be alone my beautiful diamond.

So feel all of my love as I reach out to you
and pull you in and ask if you are okay..
Feel all of my loving warmth as I send it to you
with sweet kisses and hugs a plenty to fill you
with all of my strength and comfort to soothe
your sweet precious heart.
I love you sweet Kira and just want to be with you
giving the endless and unconditional
love that I hold only for you my Queen and Angel.
I know that one day soon we will have these mornings
and they will be the happiest we've ever experienced.
Please my sweet Kira let me know how you are doing
because I care so very much for you.
I'll be by your side the whole day hand in hand
as we fight along together defeating the obstacles.
I will forever stand by you as your Michael
and you need never fear of losing me to another
or anything because you are my best friend and beautiful Angel.

Michael P. McParland

A Sweet Morning With You

A very sweet good morning to you
my beautiful sweet Angel dove
and as I now rise I send you sweet kisses
of pure and true love with endless warmth.
I love you so much my sweet Kira
my hero, my soul mate, and my best friend so great,
a beautiful good morning to you
sweet lady for whom my heart melts.

As I now rise my first order of business
is a wonderful cleansing and refreshing shower.
I wish you were here just to stand with me
under the water holding each other and kissing
just feeling comfort as we held each other.
That's all I want and need is personal time
with my sweet gorgeous lady smiling and kissing
as we stood under the flow of warm water
holding each other and taking comfort in snuggling.

Then from there my sweet love I would
give you my robe to wrap up in
and I would grab my fuzzy orange blanket for
us to wrap up in while you had your coffee
and I had my Pepsi,
from there my sweet love we would decide
all the wonderful things we'll do together.
I so love you my darling and will write
that poem for you after I have stepped out
of the shower with the sleep cleared from my mind
and a cleansing feeling in full.
I love you my darling and feel all of the deep
caring love and warmth I am sending
and know that your Michael is there with you
holding you tightly and loves you so deep and immensely.

Michael P. McParland

Morning Note 158

An early good morning to you
my sweet Angel dove and let's
not get up just yet my beautiful one.
I just want snuggle with you
and share some soft and sweet
kisses as we rest a bit more.
I love you so much and just
want you here in my arms.
So rest your head back upon
my chest as I send you all
of my loving warmth
and I'll pull you in for
an early morning snuggle
of pure caring and tender love.
Snuggle and cozy up my sweet Kira
because your Michael loves you
and just wants to hold you
as we lay here a bit longer
on this morning of need and longing.

Michael P. McParland

Lightly Dozing (Thinking Of You)

I'm just lying here lightly dozing
as I listen my audio book.
One I've started before but have always
fallen asleep during or my mind has wandered.
It's a collaboration between one of my
favorite authors John Sandford and the fellow
who wrote The Bone Collector.
It's a short story in an anthology of writers working together.
I am paying attention and catching the story
but I'm also thinking of you and wishing that you were here.
To hold so very closely and reassure you
that all is well and that I love you so much
and will always stand by you because you're my Angel.
I'm just lightly dozing and I'm reaching out
to pull you in and so tightly hold you.
You are an amazing woman and I want you to know
I care for you to no end my sweet Queen and Angel.

Feel all of my love and my hand within yours
as I take it so firmly yet gently and place it
on my chest while still holding it.
Feel how it beats for you my darling hero,
I so admire and cherish you and just want to hold you
so as I lay here lightly dozing listening
to my book on audio know that I love you
and feel my hand within yours and my arms around you
as I pull you in so very tightly to hold you so tightly
giving you comfort and peace you need so very badly.
I love you sweet Kira you are my Angel
and I swear to you I'll never forsake you.

Michael P. McParland

I'm So Worried About You

Kira my love I'm so very worried about you
and how you are doing overall.
I'm just so very concerned and I can't sleep
as I just lay here hoping that you are okay.
I know I don't do a great job always
of communicating and telling just how much
I want to be there for you and listen
helping to heal all of your wounds
and I am so very sorry for that my sweet dear.
I worry because I know you are hurting
and I need to know if you are okay over all.
I am so very worried because I love you so much
and I care for you deeply with all of my soul,
my mind, my body, and my heart.
You are my Angel and diamond in the rough
and I just want to hold you and tell you
I am with you always and forever and everything is okay.
I love you Kira and can sense so many things
you are feeling and I hope you can feel that
same connection as clear as I can.
I believe that you do and I can feel all of
your immense deep love and infinite caring
and I'm sending you all of my love and warmth
to give your heart peace and deep comfort.
Kira please remember I am here for you
and I give you all of myself in true love
so pure and truly trusting.
I love you Kira and believe in you fully
as the wonderful and beautiful woman you are
and I just want you to know how truly much that I care.

I love you so much my sweet Kira and I worry for you,
I pray everyday that you will be okay
and be filled with my infinite, unconditional,
and undying love for you my sweet precious Queen and dear Angel,
I pray to God that you will come back
so I can dry your sad tears and kiss your eyes,
your forehead, your cheeks, your hands, and your lips
to help you feel better and begin the process of healing.

I worry about you Kira and am so so sorry
if I haven't made that clear and let you know
that enough my sweet darling dear.
I love you so much and I know that you hurt
and I just want to help you and hold you so very close.
When you cry I cry with you dying inside
because your being in pain is torture to me,
and when you are smiling and laughing the world
is the brightest I could ever imagine.
I love you Kira and pray that you are doing okay,
I pray that you know your Michael will always
stand with you fighting to protect you
and help you through everything.
I love you sweet Kira and am reaching out to
hold you and kiss you in reassurance and most likely
I won't sleep so if I do not know that I'll write you.
Come snuggle though dear and let's rest a bit,
I love you my darling and I worry so much
because I do love you in full and I care with all
that I am right to my core.

Michael P. McParland

Goodnight My Gorgeous One

Goodnight my gorgeous sweet Angel dove
and though I'll probably be awake for
a short bit please come snuggle with me.
I'm so in need of your touch and to feel
your embrace as we sweetly kiss.
I want to give you deep comfort as well
letting you know you're cared for and loved,
that I will give you every last bit of myself
and always do for you everything in every way that I can.
Will you come snuggle with me before
we go to sleep and make me the luckiest
and most happy man that there is?
Please my sweet love come and share kisses
because I want us both to have comfort
in the warmth that we share.

Let's slide into bed and under the covers
I want you to curl up in my arms
getting so cozy and feeling every last
bit of my love warmth and care.
Rest your sweet head upon my chest
and hear how my heart beats for you
while I rub your back and stroke your hair,
I love you sweet one and want to
talk to you so very bad because
I do love you so much and miss you more
than anyone or anything has ever been missed.
Feel my sweet kisses and listen for my voice
as I tell you I love you baby
and I'll forever be yours.
Please be mine forever too and please promise
you won't push me away.
I love you more than anything and I just want
to share my whole life with you giving my all
the best that I can.

I'll see you tonight in the land of dreams
where in a special place it's always
spring and summer for you and me.

We'll just lay down in our big comfy bed
holding each other underneath the heavenly
moon and stars in our own earthly heaven.
Gazing into each others eyes smiling,
kissing, snuggling, and just gently talking,
all the while carried away by the wonders around us.
I'll see you tonight my sweet one and hold you
so very tight just as I pray we will
soon be doing my sweet Angel of true love and light.
I want to hold you and know what it feels like
to hold the person you most love and to
just feel the energy that flows.
I've never had anyone love me sweet dear
and I am so happy that it is you that does dear.
I just want to hold you and thank you sincere
as I say Kira I love you so much
and will forever be with you right by your side.

Goodnight my gorgeous only one and sweet Angel dove.
Will you please honor me and come snuggle
so close and tight as we share some deep kisses
before you rest your head on my chest and we sleep?
I need you my dear and want you to know
I would never expect you to carry the entire load,
I love you so much and want to do things as equal
and loving partners as we help each other
along through lifes many obstacles.
I love you sweet lady and just want to see you
so truly proud and deeply happy.
I love you darling and before we now sleep
I want to kiss you and snuggle.
Goodnight my sweet lady and gorgeous Angel
now just feel me wrapping my arms around you
as we curl up so tight under the covers
to end this long day and night warming each other.

Michael P. McParland

Evening Note 82

Good evening my sweet Angel dove
and I send you sweet kisses a many
on this late one here,
feel my arms around you as I give
to you this massive hug of pure warmth,
feel my hand in yours as I hold you
in spirit now and just share this dream
with me of a quiet evening together
with you curled up in my arms.
I miss you sweet lady so very bad
and I wish you were here to tell you
I love you my gorgeous Queen,
you truly my only one and everything.

I'm just sitting here tonight
watching the National Championship
between Clemson and disgusting and hated
Alabama I so detest,
they'll probably win but it's already
disheartening this year because
Ohio State isn't playing for it.
Too many reasons to go into here
but it doesn't matter either right now.
It would be great if you were curled
up in my arms watching it too
or if you wanted to watch something else
that would be great too.
I just want to be with you
and hope it will be soon
because you are my lady and I treasure you.
You are so beautiful and I admire you,
I hope you know that you truly are
the greatest there is.

So my sweet love feel my hearts beat
and hear its loving call,
feel me beside you as I hold you close
and give you kisses all over
to fill you with warmth.

I miss you baby because you are
my Angel and my exquisite Queen.
The one whom I want to be with
through eternities time.
You truly are the one I adore
completely and in full
and there isn't anything I wouldn't do for you.
Feel all my love as I always
send to you in full
and always remember that your Michael
truly loves you and will never leave you.

Michael P. McParland

I Miss You And Need You

Darling I miss you so very much
and I need your sweet precious beauty within my life,
all of this loneliness makes me so very tired
and all that I want is the soft touch
and to spend time with my beautiful Angel.
I adore you so much and I miss your deep class,
I need you sweet one because you are my hero and true love
whose worth exceeds everything to me in heaven or on this earth.

I miss our conversations that would go on for hours,
I miss your sweet smile as we would just look at each other
and then without a word say I love you my darling
and I know that I will forever and ever.
I miss you Kira and my heart is hurting
because I need you in my arms to give you sweet soothing,
I know that you're hurting and in need of true loving
and I just want to hold you giving both of us
that needed satisfaction fulfilling the longing.
I love you sweet Kira and I miss you, need you,
and above all else you're my best friend so I want you.
I miss you sweet Kira because in all ways you're beautiful
and I need you because you are my sweetest Queen Angel.

I love you and miss you and just want so
very much to hold and kiss you spending
a quiet evening snuggling together.
I love you Kira because you are so special
so please know you are treasured by your loving Michael.
I miss you my dear and send you sweet kisses and hugs
of complete loving warmth,
feel me beside you holding you ever so closely.
I adore you sweet one and will forever be there by your side
because you are my Kira and I cherish and love you to no end.

Michael P. McParland

Each Day 5

Each day sweet one I love you more and more.
I think of you and smile knowing you're the only one,
my heart sings out to say I love you babe
you are my best friend, hero, and soul mate,
my love for you grows each and every day.

Each day sweet one I long for you
to return so I can hold you close
and let you know just how I feel.
Each day I long waiting for that sweet first kiss,
I miss you babe and want to tell you
everyday I love you so my Angel Queen.
Kira you are beautiful and with each year
you grow even lovelier my dear
and each day I just want to hold your hand and tell you so.
Each day my heart burns to be with you.

Each day my dear my love for you truly grows
and I want to look into your eyes and kiss you now
to let you know how great you are.
I love you Kira and I want to spend each day
with you just spending time.
You are my heart and soul my very essence
complete and in full.
I love you babe and I always will
as each day I send to you my love and warmth
telling you I want to hold you now and forevermore.

Michael P. McParland

Love Note 382

Good afternoon my sweet Angel dove
and I hope that your day has been going well,
my heart has been singing to you
and I hope you've heard all of its
love songs and it's made your heart sing too.
I love you so much and I am hurting inside
from missing you and knowing that
on some level you are upset.
I just wish I could hold you and make
everything that there is alright.
I just want to make you happy and proud
and give you sweet kisses and tell you
how much you are worth.
I want my sweet Queen in my arms
so we can both release all that we feel,
both the tears of pain from the past
and the tears of joy that we feel
being together at last.
Please my sweet dear don't be angry with me
and know I truly am trying my best
and I love you more than anything
in heaven or on earth.
You are the Angel I long to have
right here by my side forevermore.

So my day from various things around
has been a bit up and down.
I never bother anyone truly and of course
you know how it is when on FB or anywhere
you just state an opinion and can be attacked.
I'm just tired of all of that
because truly I leave everyone alone.
You are my rock my sweet one
and I just want you to be here
so I can hold you so tight in my arms.
I truly crave kisses with you today,
kisses upon kisses on end because
you are my true love and I know that
would give us both smiles.

I love you so much and just want
to have you so tightly within my arms.

So my sweet love feel not a fear
because I will be right here through
the rest of this day and through the night
writing the deep truths of love that I hold.
I feel not a bit of anger within me
so if you are ever worried please don't be.
You are my Angel and treasured lady
and I want to give you the best of everything.
Feel me beside you holding you closely
and I pray so soon I will be
here holding you tightly for real physically.
You truly are my sweet gem and diamond
and I want you to know
I love you sweet one with every last bit
of my heart, my mind, my body, and my soul.
You are my only one
and you will forever be my sweet Angel dove.

Michael P. McParland

My Beautiful Soul Mate 2

Kira you are my beautiful soul mate
and I wouldn't have it any other way.
I admire and adore you wanting to
hold you forever and ever.
When I see you upset or angry
no matter about what inside it breaks me.
I love you so much and want to see you happy
for all time as we walk along hand in hand
always standing up and fighting for each other
giving our undying support.
Kira you are my Angel and eternal love,
my best friend and soul mate whom I've always loved.

I've told you before that here on earth when we met
I loved you right away and didn't even know it.
Your heart reached out to mine and mine reached right back
and since then they've been one with no desire to turn back.
You are so beautiful and the one I adore,
please my sweet Kira soon talk to me and then
we can come back together holding and kissing each other forevermore.
You are my soul mate and very best friend,
you are my true love and that is the greatest thing.
I want to hold you forever and say thank you my darling
and I need to hear your sweet voice say I love you Michael.
I know that you feel it as I can feel you send it
but everyone needs from time to time to hear it.
I know you are one that doesn't say it as often
and I understand that truly my one and you show it in many ways
that it shines through so that it can never be questioned
and nor do I question it my lady because I know you
are true to your very core and within your sweet essence,
but it is something I hunger to hear my darling
and I promise I'll never push you to say it more than you want to.
I hope you are okay that I'll say it a lot though
because that is something I want and need to do.
I love you sweet one and you are my beautiful soul mate
and Angel I've always craved to have by me.

Kira you are my soul mate and the most beautiful woman

and I want to be with you forever and ever,
I so adore you and want to be kissing you so
tenderly, sweetly, caring, and lovingly.
Kira I just want to hold you and say thank you,
I love you, and you truly are so very beautiful.
You truly are so adorable and my heart and soul
are calling and singing to you my sweet darling.
You are my soul mate and I love you because
I truly choose to because you are a wonderful woman
whom I find amazing and want to be with
through all eternity.

Michael P. McParland

An Afternoon Of Much Kissing And Snuggling

Oh my sweet I am so longing for an afternoon
to just be sitting here having you curled up
in my arms us just snuggling and sharing sweet kisses
so loving, so deep, so passionate, and spiritually
as I tell you I love you and thank you for being so great.
I long for and want an afternoon of sweet kisses
so passionate and loving while snuggling with
Kira my beautiful Angel I so love and adore
and want to marry spending our lives and existence
together hand in hand forevermore.

So as I sit here this afternoon feel
all of my love and warmth as I send it to you
with these endless kisses I'm dreaming of sharing with you
and will give you over and over when you are here.
I so wish we could spend this afternoon snuggling and kissing my dear
because I so crave and hunger to be right
next to you feeling your touch as I kiss you
and tell you I love you so much.
Kira please share this dream with me as you sit back
and close your eyes feel my arms around you
and my lips upon yours, your forehead,
your cheeks, your neck, and your hands
as I shower you in my endless love.
Kira I adore you in full and just wish I could
hold you and kiss you giving my endless love in full,
you are my Angel and so very adorable and beautiful
and I want you to never forget that I am
your Michael forever and ever and yours alone.
I love you sweet lady and send these kisses to you
to fill you with cheer and all of my loving warmth
because I adore you in full and I want my best friend to know'
that I am thinking of you and right by your side holding
you so very close and holding your hand.

Michael P. McParland

A Quiet Morning Holding You

Good morning to you my sweet love
and please give me a smile and let
me see those gorgeous sparkling eyes.
You are so beautiful and you lift my heart,
I feel like you are angry and I don't want that to be so
because I am already hurting and feeling frustrated
from the whole rest of the world around me.
I love you sweet lady and truly am working
so hard doing the best I am able.
I just wish you were here so I could hold you
and we could spend a quiet morning so beautiful.
I miss you sweet lady and am hurting so bad,
I send you sweet kisses galore to give you all of my love,
and with a great big hug of warmth to tell you I care.

I want a quiet morning to wrap you up in my robe
and then have you sit back with me and curl up in my arms,
I just want to hold you and let you know that you are my world,
my universe, everything truly I'll ever need and want.
Life is a struggle without the one I most love
and I know you're struggling too my sweet Angel dove.
I know my mental illness is tough to deal with
and I am ashamed of it my Queen I so cherish.
I do my best though I promise and love you all the more
because you've always worked so hard to understand
and deal with it as any love has to deal in their
own way with their partners hurting,
I thank you sweet one for all of you kind loving and understanding.
How I wish we were spending a quiet morning holding each other
while I softly spoke reassuring you that I'm right here
and will always stand by you because I deeply love you.
God bless you sweet Kira for being my lady and being so very loving.
My heart is hurting from very much around me sweet one
and I wish you were here to hold and just spend glorious time.

I would just have you sit back my love while I prepared
your coffee just how you like it and do any other
little things here and there to make everything perfect.
Then just hold you so close as you warmed up

and I would give you the softest and sweetest kisses
to make you feel comforted and safe,
sweet sweet kisses to make you smile and know
that I'll always be here for you and let nothing
harm you or make you sad.
A quiet morning with my beautiful Kira is just what I want
and what my heart needs to light up this day.
I love you sweet lady and want you to know that you
are the greatest thing to ever happen to me.
You are my Angel and true love and I just want to hold you
and give you the sweetest kisses right now over and over.
You are so beautiful and I hunger to just tell you
and kiss you many times saying Kira you are the greatest
and I truly love you to no end.
Please spend eternity with me side by side hand in hand.

Oh my sweet Kira please do not shed any tears or be upset with me.
I so truly love you and want you to know that
you are the most wonderful and special woman I've ever known.
You are my Queen and the one I wish to serve forever sweet one,
I give you myself because I care for you and want you
to be the happiest woman who's ever lived as I give
you all of the love you've ever needed and truly deserved.
Oh my sweet Kira I just wish you were right here with me
to share a quiet morning so filled with love and care,
a quiet morning so I could tell you just how much
you are worth in every way and that with you and my family
my life is complete in most every way.
That with you and your kids I have so very much to work for and give
and I will always give my best because I am already
filled with so much love and it will continue to grow.
I love you sweet Kira and wish you were here to spend
a deeply loving and quiet morning.
Feel me right there beside you as I pull you in
and hold you so tight while giving sweet kisses of deep tender love,
just feel all of my warmth fill and surround you in full.
I so adore you and can't wait to be with you forever and ever
because you are a diamond and gem whose beauty and worth are unequaled my dear.
I love you sweet lady and will always stand by you
because I am your Michael and I will always love you and no other.

Michael P. McParland

Morning Note 157

Good morning to you
my gorgeous sweet Angel dove.
How was your Sunday
and how has your morning been?
I pray you are well and you were
there first thought that I had
as I climbed out of bed
and I dreamed of you much through
this last day and a half that I snoozed.
I thank you so much my sweet love
because I could feel all of
your warmth and loving understanding
that I was so very tired
and I could feel your sweet faith
in me knowing I'll never leave you
or just disappear.
You truly are such a gift to me
and I thank you so much again
for the precious diamond you are.
I'll now explain the best that
I can the last few days.
Not much to tell really but
I want you to know so you can see
for my comfort as well that I
was not just fooling around.
I love you sweet one and want you to know
that I was super super tired
as well as that headache
and fatigue through the roof,
nightmares as well full of intensity
sweet one.
Thank you again my sweet love
and I will say kit many more times
as well as I love you sweet one
you will always be everything
in existence I need and want.

I am sorry sweet one I slept
for so super super long

and was in turn quiet during that time.
Saturday morning I had that miserable
migraine as you'll remember sweet one
and it was a sickening one at that my sweet dear
passing just in time for me to be able
to go to the movie and dinner with my family.
A blessing from your prayers
for which I thank you and a blessing from God because
migraines that bad usually last all day.
Thank you for all of your loving strength
and I love you for all of the care
and the giving you show to me.
Feel of my warmth and these sweet kisses
I send to you in the greatest of gratitude my love.
Kira I adore you so much and
truly pray that so soon you will be here
for me to thank and hold as I
look in your eyes letting you know
you truly are my best friend and universe.
I was STOL exceptionally tired at the
movie my dear that I almost fell asleep
at the very beginning.
The concession line was so long I couldn't
even get a drink because I would have missed the start
and you know how very thirsty I get.
As I told you before though
the movie was good as was my club sandwich at dinner
and I though of you and longed to be
holding you so many times.
I miss you more that you know my sweet Angel dove
and wish I could be holding you
right here and right now.
Although you might not want to be right here
per say because it's well below zero outside
and it feels like they've just about turned
the heaters all the way down in here,
I'm even more thankful for my robe now
and will finally get my blankets washed today,
if you were here though I would give you
my robe so cozy and warm and just hold you so close
to keep us both completely filled
with each others loving warmth.

On the way home from dinner I just thought
of your cute as hell picture and smiled
writing to you about all of it
when I got home my sweet darling
and from there closed my eyes relaxing
and thinking of you my sweet precious darling.
It made me feel so warm and smile
and it was the last smile I would hold for the
rest of that night because the nightmares
hit me so hard and these ones were not
of losing you but a recurring one
I can't give the actual details until
we are talking so it will come together,
a dream though of being haunted
and when I awoke a bit I just hid under my covers
scared most of the night until
I finally fell back to sleep.
It may sound funny to some others
but it's a bad dream and ghosts and spirits
scare the hell out of me so I was frightened
continuing the deep fatigue I felt further.
From there my sweet dear I really just slept
with wired dreams mostly and a few nightmares,
you were in some of my dreams and it was a
good one in the manner that you were there darling
because I was in the hospital for some reason
and you came and visited me.
I know that is strange and that's all I have
regarding that dear and I know you would
visit me if I were ever there for a reason come down.
So my sweet love that's all I really have to say
on that stuff is that I was so fatigued
and just slept and slept until about
30 minutes now passed.
And again I thank you my love for all your
kind understanding and loving so grand.
It means everything to me my Angel
and beautiful Queen.

So again my sweet dear I am truly
so sorry I so quiet for so long

and I am sorry if I worried or upset you.
I promise in full everyday
that I'll never leave or desert you my precious dear.
You are my soul mate and true love
and adored best friend I want
to be with through all space and time.
Just close your beautiful eyes
and remember my loving looks and smile.
Remember that I am right there
beside you holding you so very tightly
and that I am in want of only you
and no other ever my sweet dear.
I will be writing you through this day dear
and right now I need to
get some food into me.
I'm sending you all of my loving warmth
with sweet kisses to let you know that I care.
I love you Kira and wish so very much
that you were here so I could hold you
and tell you you're great,
I truly just want to hold you my darling dear.
So grab onto your faith and hold tight with me
as I reach out and take your hand in mine.
We will make it sweet love I know it's true
because I know you truly love me
and I your Michael truly love you too.
I will always stand by you and give you my all
because my sweet Kira you are
my beautiful sweet Angel dove.

Michael P. McParland

Tired Longings

Just lying here in bed my sweet one
listening to my audiobook a very old favorite.
I lay here half asleep and dozing knowing
that having you right here in my arms
would make everything heaven.
So I just wanted to tell you sweet one
that I so truly love you and miss you
and that I would give anything to have you here beside me
sharing kisses and smiling ever so sweetly
as we both drifted listening to my books on audio.

Michael P. McParland

Love Note 381

As I am about to head out
the door in 15 minutes or so
to go see the film I wanted to tell you
I love you sweet one so very much
and send you sweet kisses and hugs
of true loving warmth straight
from my soul and heart.
As I turned on my computer here
the first thing I saw as always
was your beautiful picture
and that gorgeous smile with sparkling eyes
and I felt the flutter of all of
those butterflies as I said
Kira I love you so much
and miss you tons.
I wish you were coming with me
to hold as we watched the movie sweet one.
And I wish you were here for
dinner afterward my sweet darling dear.
God bless you Kira and feel
all of my love as I'm gone
and remember I'll be right there
beside you the entire time.
I truly love you and my heart
aches so very longingly
because you are my sweet beautiful Angel.
I hope and that so soon
God will open our path because
we both need each other.
Sweet kisses and warm hugs
in plenty and I'll write you when I return,
I love you sweet Kira you are
the greatest woman there's ever been.

Michael P. McParland

Afternoon Greetings (I Love You)

Good afternoon beautiful Kira my sweet Angel dove
and finally my head is feeling better most of the way.
Thank you sweet one for all of your loving strength
and for being here in spirit holding me close.
Just a little bit of this headache remains
but I think some food will take care of that last bit.
I think low protein and blood sugar are the curse there.
Truly my dear thank you, thank you, than you
for all of your kind loving care and I so
hope and pray you aren't feeling upset in any way.
Not sad, not worried, not angry because you know
I will never leave you and I would not intentionally hurt you.
I truly was in such pain it felt like my head would explode.
I love you sweet Kira you are truly my sweet darling Queen Angel.

I thank you as well Kira for your loving strength and help
because later I have plans with my family as well.
We're going to see the new Star Wars film and then
go to dinner which is such a rare treat.
I wish you were here to be with us my love
and I will be thinking of you sending all of my love,
I don't know when we are going but I will write you
as much as I can before going and of course after returning.
I do it because I love you sweet lady and I am
truly missing you something so terrible.
I truly just want to hold you and give you sweet kisses
letting you know just how very much I love and care for you.

So my sweet Kira if you are feeling upset in any way
just feel me wrap my arms around you and lightly
kiss your eyes as I dry your sad tears.
I will forever be right there with you and right
here for when you want and need.
Kira you are my hero, my best friend, my soul mate,
my diamond in the rough and everything.
Let peace fill your heart as I take your hand
and give you these kisses so very sweet.
You are the woman I want as my wife and to be with
side by side through all time.

You are my true love and the amazing woman I admire
and will always give my best and everything to
to make you so proud and smile.

Michael P. McParland

Morning Note 156

Good morning my sweet Angel dove
and I hope your morning is good
and you are feeling well.
I woke with a very bad migraine
about an hour to an hour
and a half ago and I'm only just
barely to the point that I can open
my eyes to write and let you know.
I'm sorry sweet love and I think you're
upset at me please don't be my dear.
Please just wrap your arms around me
as I try to get past this migraine
that is pounding so hard in my head.
Please just hold me so tight
and rub my face and head
and quite possibly my tummy as well.
I love you so much and am doing my best,
I wish you were here to snuggle
and share some sweet kisses
while I wait for this to pass.
Kira my dear I'm sending you
all of my care and loving warmth,
just feel my arms around you
with all of my care filling you up.
Please lay down with me dear
and help me to get through this awful migraine.
I love you babe and thank you
so much for all of your loving strength
and ask you to come lay with me now.
I love you sweet Kira my Queen and Angel
and I am right there beside you
forever and ever because I truly adore you
and want to be your eternal husband.
Again my sweet darling please
come and lay with me and hold me
as I get past this migraine of misery.

Michael P. McParland

Sweet And Sleepy Warm Kisses

As I wake for these few minutes my dear
I reach out to take your face so gently
and tenderly in my hands caressing your
right cheek while I give you a sweet and sleepy kiss.
Then giving you a weary and happy smile then
say to you I love you Kira you are my Queen
and for you there isn't anything I wouldn't do.
I just want to spend my life with you
both this one here on earth
and through eternity in the next.
Please be my baby forever and ever
and promise me you'll always give me
the sweetest kisses every morning when we're waking
and rest your head upon my chest
as we go to bed each night my precious darling.

I love you so very much and want to give you
these sweet sleepy kisses then pull you in
for the most wonderful warm and fulfilling snuggle
with you my Kira the greatest woman I have ever known.
You truly are my sweet and amazing lady Angel
and I thank God for you because you
truly are a gift and blessing.
Kira I love you, I love you, I love you, I love you
and I just want to be with you because you truly
are so very beautiful and supremely special.
I give to you these sweet
and sleepy kisses with this snuggle
as we relax and fall asleep
my sweet Angel dove I deeply treasure.

ILYF my sweet gorgeous darling Kira. I will forever and ever.

Michael P. McParland

Please Sweet One

Oh my sweet one I am so exceptionally tired
and feeling stressed to the Max by it.
Please understand that right now I am
so in need of this rest and I don't want to
or mean to let you down by not sticking it out.
Please my sweet one snuggle with me
as I need to be in your arms so very badly.
I'm missing you so very badly and more than you know.
Please my sweet one please come so soon
so I can hold you too because I know both of us
need that so bad.
Please know and understand that you are my Queen
and my heart aches to be with you giving
and sharing my all.

Please my sweet one don't be mad at me anymore,
I am so truly sorry for everything I ever did wrong
and I am filled with remorse and just want to dry your tears
as I kiss you and tell you that you are the greatest
and mean everything to me,
please my sweet one let's hold each other as I now lay down
so I can give you all of my loving warmth
as I whisper in your ear I love you sweet Kira
and I want to be with you forever and ever.
My heart is aching to be with the only woman
I've ever loved and loves me truly in return.

Please my sweet one truly know that you are my one,
know that I would give up my life just for you,
know that you are my universe.
Please my sweet one come hold me now because
you are my Angel and I want to feel you
right here next to me having our hearts speak to each other.
Please Kira my sweet one know that you're all I want
and I would give anything to have you here by my side
because I love you so much and want to bask
in your beauty which is truly divine.

Michael P. McParland

Love Note 380

A very sweet good afternoon
to you my sweet Angel dove
and how I wish so very bad I was
lying right here next to you
as we shared kisses so sweet
and then you could rest your head
on my chest as we closed our eyes
for a bit before we ate dinner.
I have bad indigestion
and have to wait for my acid reflux
medication to get to work
so what better way to wait
than snuggling with Angel I want and need
right by me for eternity.
You're such a beautiful woman
and I wish I were more handsome for you,
you love me for just how and who I am though
and that is a gift that can
never be measured it's wonderfulness and love,
you my sweet Kira are the greatest woman
that there is.

I'm sorry sweet one that I didn't
write a bit sooner but I was
watching The Walking Dead with my mother.
Will you watch it with me
when everything has come together?
I know you don't like scary things
and I wouldn't want you to be sitting
there frightened even though I'll
always protect you.
I just want to spend time with
the most amazing woman
I so deeply admire and treasure.

Oh my sweet love how I wish
I were lying here kissing you
and giving the softest caresses.
How I just wish I could spend this

tired evening talking, laughing,
reading, and watching movies
with sweet beautiful Kira.
Just feel me there with my arms
wrapped so tightly around you
with tender gentleness abound.
I'll never abandon or leave you my Queen,
I'll forever be your Michael
remaining true standing by you.
So my sweet dear before we eat dinner
in a few let's close our eyes
while my acid indigestion goes down.
I just want to hold you and give you
all the love I am holding
because you are a magic and amazing woman
that I'll always love forever and ever and ever
my Angel sent from above.

Michael P. McParland

Sweet Kisses To Sweet Beautiful Kira

I send to you these sweet kisses of true love
sweet beautiful Kira eternal holder of my soul and heart,
I love you so very much and as I sit here
sleepily I think of you which lifts my heart
and I smile so big and wide know I'm loved
by the woman I so admire and love.
It's the greatest blessing there is and I am so
thankful to God that in my life I have you.
I send sweet kisses filled with pure love
to you sweet beautiful Kira I'm so truly in love with.
Sweet sweet kisses to sweet beautiful you
the woman I want to be with and hold for eternities time
in everlasting true love, care, and joy.

Michael P. McParland

A Tired Afternoon Holding Each Other

An early good afternoon to you my sweet one
and what a day it has been with frustrations
around every little bend it seems.
I so wish you were here to just sit back on the couch with
and snuggle away this afternoon so I didn't
have to really move and continue fumbling around
dropping things on myself and spilling things everywhere.
I even dropped half of my lunch in the trash.
One of those days where I want and need my love
to just hold me close rubbing my face and head
quietly giving me soothing words that would also
take away this feeling of being a grumpy old man.
See you just smiled because we know that's
exactly just how I can be.
I wouldn't be yelling at all my dear I assure you and promise,
I'm grumbling at myself for being so clumsy.
It's just a tired afternoon I want to spend with you
my beautiful Angel and Queen.

Say a prayer for me love that my balance and brain will
clear and straighten out and because I am in pain
from dropping stuff and the arthritis is bad
the pharmacy will give me my pain pills today.
They are ready right now but you know how doctors
and pharmacy's are,
it's always some little hang up of course.
Either way my sweet one it will all be okay
because I feel you near with all of your love
and it is giving me strength to make it through.
I thank you sweet one and love you with all that I am,
I am sending you all of my loving warmth as well.
How I wish we were snuggling so I could personally
give you these loving kisses.

Oh my sweet one how I wish on this tired snowy
afternoon I could be sitting here snuggling with you.
I just bought two movies digitally to stream
but they're both very scary and I know you wouldn't like them,
I would buy us a movie that you loved that we could

enjoy together laughing, smiling, crying if it was that way,
no matter what a quiet afternoon with my diamond in the rough.
I so love you sweet Kira and wish that I could
just sit here and so closely hold you.
Feel me there with you and remember I'm always beside you
and in spirit with me spend a tired afternoon
holding each other and sweetly kissing.

Michael P. McParland

Morning Note 155

Good morning my sweet Angel dove.
I hope and pray your day was
well and good yesterday
and today has been a good one so far.
Mine was restless yesterday for the first part
that even after I lay down I
wandered from room to room half asleep
trying to find the perfect thing
to relax and then fall asleep on.
My blankets and bedding still haven't been washed
because the machine that puts money
on your laundry card here is broke.
So I have no money to clean
my most cozy and comfy things.
Then since this early morning
so restless a tiny bit up but mostly
down lightly sleeping sweet Kira
and now I've been up for about 45 minutes
and would have written so very much sooner
but when I got in the freezer
to get food for eating a corner caught
bring a package of hot dogs and a few
sausages frozen solid crashing down
on my big toe.
It's been one of those mornings
where I'm hurting myself no matter what I do.
So still slightly tired and in pain now as well,
oh my God my sweet darling I so wish you were here
to sit by my side holding me as I eat my pizza rolls.
I love you so much and thank you
so wide and deep for understanding yesterday
and today my tiredness and very serious
need to sleep and I promise I'll make it
as very far today as I can possibly go.
I miss you, I miss you, I miss you sweet one
and send you these kisses to remind you
I'm there and you're my only one.
I wish you were here with me to snuggle
as I find a movie to watch and try to muster

some energy to get up for a shower.
I am so drained my sweet one
and miss you my true Angel and love.
Please come so soon and be with your Michael
who adores you in full to no end.

So please have the best of days dear
and know that your Michael's right there
with you my only love and only friend,
feel my arms around you as I give you kisses
and whisper in your ear I so love you dear
and want you here with me for eternity.
I want you in my life and will be thrilled
to have your kids in my life as well
giving them just as much loving care
as I would my own.
Kira you are the greatest woman there is
and hear as my heart sings in full voice
my very very favorite love songs to you.
Remember I'm here if you truly want or need
anything at anytime no matter what
it could possibly be.
I'll never forsake or leave my beautiful Queen.
Kira I ask you to pray with me that
God will soon hear us and know right now that
he does because I hear the birds chirping
in intensely freezing weather,
I see a sign right there my lady,
pray with me though that so soon
we'll be reunited here in an earthly heaven.
God bless you sweet lady and always
remember that I am your dedicated
and eternally loving best friend.
I love you sweet lady and will always
give you my everything and the best that I have.
I want and need you forever sweet lady
because you're one of only a few
who I know and trust as well as
truly believe is good to the core of your sweet soul.

Michael P. McParland

Goodnight Sweet One In The Morn

Goodnight sweet love here in the late A.M.,
I'm so very tired and inside my heart feels heavy,
and please don't think that's any fault of yours.
It's just that I miss you so very bad
and a handful of other things.
I truly wish you were here with me to hold
as I close my eyes and feel like letting loose some tears,
if I do though they'll be dry because I'm dehydrated bad.
Just know I miss you babe and can't even begin
to tell you just how truly bad it is.

Goodnight sweet love here in this late morn
and through this day feel all of my loving warmth,
I'll be with you holding you so very close.
So as I now lay down my head and close my eyes
I send to you sweet kisses and great big hugs of total care.
I love you dear to the greatest depths there are.
Kira my sweet Angel dove you are a beautiful woman
and I hope you know just how very much you mean to me.

Michael P. McParland

A Quiet Morning Spent Next To You

As I sit here just leaning up in bed
on this morning checking through some
random things on the Internet
and am finding nothing of real interest.
I wish I was spending a quiet morning
right here next to you talking and listening to music.
I wish I were with you plain and simple
spending a quiet and simple morning resting
just feeling you there and perhaps in a bit
you would read aloud from our book.
A quiet morning with my lady is all that I want
being able to spend time before I eventually fall to sleep.

As I put my head back for a few minutes
and close my eyes before finally rising to
get nourishment for my body
I will just dream of you being here to
take in this morning with me surrounded
in quiet caring love that fills us.
As I rest my eyes for this short bit
feel all of my warmth and love as I send it
to you in endless flow.
Feel my arms around you and my hand within yours.
A quiet morning today with next to nothing happening
other than laying here talking just you and me.
That what I want on a day so tired and feeling down
is just to lay with my Kira taking in the deep beauty
that is our love and friendship on a quiet morning
holding each other with not a single distraction.

Michael P. McParland

Sweet Good Morning Kisses Longing For You

Good morning to you my sweet one
and feel my arms around you as I give you
these kisses of deep love and caring
wishing you were here to just lay with me here
spending the morning in bed trying to rest.
It was a tough night and I wish I could be with you
on this morning snuggling and softly talking.
I'm longing for you on this cold winter morning
so we could both give and feel deep comfort
as we calmed and soothed one another just
being right there and giving reassurance with care and soft words.

I send you sweet good morning kisses so you can
start this day knowing I so truly love you
and would give anything to be with you
my sweet special Angel because I so miss you.
I love you so deeply and want nothing more
here this morning to be laying right next to you
gazing into your bright sparkling eyes
and get lost for awhile in the vast
expanse of universes of deep thought and love
you hold within your glorious spirit and mind.
A morning to lay with you caressing your cheek
and stroking your hair knowing I could tell you
what's on my mind and eating at me.
Such a longing morning for you my sweet lady
but I will always have the sweetest of kisses
to try and make yours bright with endless care and loving.

Sweet sweet good morning kisses to you my sweet Kira
of true endless warmth with caring and love.
I will never be able to express adequately
just how very much you are worth to me
and have meant in my life and I would give anything
to be with you and holding you to thank you so much.
I just want to hold you through all eternity,
I want to always be with my Angel who is a true treasure.
So I wish you a good day with these endless kisses
and remind you again to remember I am right there beside you.

Hand in hand the whole way and I will never
stop loving, leave, or abandon you because you are
my Kira the most wonderful true love and best friend
a man can ever pray for my dear.
Sweet good morning kisses with deep loving devotion
and if you get feeling lonely just close your eyes
and see me looking at you so very lovingly
smiling and saying Kira I love you.

Michael P. McParland

A Needed Middle Night Snuggle With Kisses

I'm reaching out to you my sweet Kira
here in the middle of this night
to wrap my loving arms around you so very tight
and ask you to wrap your sweet loving arms
tight around me as well so we can both share
a needed snuggle of comfort with kisses of warmth.
A middle night snuggle to be washed over
in the deep comforting love and deep care that we share.
Let's hold each other ever so tight in spirit
my sweet beautiful Angel of light.
I need your deep caring and loving so badly right now
and I know you need mine just as well.
I'm reaching out with nothing but love
to let you know that you are so special and truly loved.

I am reaching out just to say that I love you.
Kira you truly are so very magical
and I'll always love you because you are spectacular.
I truly want to be with you forever and ever
and I pray everyday for that wonderful miracle.
I know it will happen but I am aching so deeply
as I sit here waiting for our day of heaven.
I love you sweet Kira and will never let go of you
because I know and see what a wonderful blessing
and woman you are completely.
You are my best friend and I adore you completely.
Feel my arms wrap around you as I reach out
to take ahold of you and pull you in
for this middle night snuggle so deeply needed.
Kira I give you all of my love and deep warmth
with these kisses so sweet straight from my soul and heart.
Please take and feel deep comfort within them
knowing your Michael wants you to be okay and rested.
I love you my dear and feel nothing but true love
and deep gentle tenderness for you my dear Angel.
I'm reaching out in the middle of this night
to say that I love you with a snuggle of comfort
and deep caring kisses of pure warmth.
I love you sweet Kira.

Michael P. McParland

Goodnight My Sweet Beautiful One

Goodnight Kira my sweet beautiful one
and I am so very tired so let's now go to bed.
I want to snuggle with my gorgeous Angel
and feel peaceful warmth as we share sweet kisses
so very passionate and caring with meaning so deep.
I'm being hit by a bit of anxiety here
at the end of this night and nothing
could make it better like snuggling with
my sweet beautiful woman.
I love you sweet Kira and miss you so deeply,
there is an ache in my heart calling
telling you I just want to hold you.
Will you come snuggle with me now that the day's through.

Please just rest your sweet head upon my chest
and I'll pull you in so close to rub your back
and stroke your hair while we doze off.
I just want to softly talk to you for a
short bit if that is alright.
I assure you it is nothing serious
I just want to talk to my beautiful Kira
I so love and adore and each day I love
and miss more and more.
Just feel my arms around you as I hold you
so warmly with pure loving care.
Listen so closely for my voice as I whisper
in your ear Kira I love you and you are
the most wonderful and special woman I've ever known.
I am right here for you if you are in need of anything
and in spirit I am always right there beside you.
Feel me holding your hand and know I will
be with you never to part, abandon, or leave my true love.

I will see you tonight in the land of dreams
where hope is always bright and it renews
our faith and courage to continue going
knowing that soon our time is coming.
I will always be your man Kira.
Tonight I'll meet you at the front gate

to take you in my arms and kiss you so deep.
Then ask how you are and tell you I hope you're okay
and I've missed you so bad.
Then a beautiful walk down a path by a field
of flowers and after rolling green hills.
Such sights, smells, colors and wonders,
then to sit down in the shade and snuggle the rest
of our few precious hours away.
A time to tell my lady what a wonder she is
and just bask in the wonder of our shared loving care.
I love you sweet lady and will see you there
where there's never enough time to spend time with you.
I pray so very deeply to God to bring our time here.

Goodnight my sweet beautiful one and come
curl up beside me so I can wrap my arms around you
while you get so warm and cozy.
Feel all my warmth and love as I truly send
every last bit within me to wrap you up
in its infinite and undying caring.
I so wish I could hold you and my heart
grips in deep pain in all of this waiting.
I truly love you with all of my being
both physical and spiritual my precious darling.
Feel me there with you and know that
through the whole night I will be there
holding you tightly.
You are my true love and I won't leave you lonely.
Goodnight my sweet beautiful one
I can't wait till heaven has been delivered to us
here on earth finally as I get to hold and serve
my sweet beautiful Queen and Angel.
God bless you my darling and feel all of the loving care
and deep warmth inside these sweet kisses and hugs
I am sending.
My heart is truly forever yours and I just
want you to remember and know you are the Angel
that lights up my heart and gets me through the confusing dark.

Michael P. McParland

A Tiring Hour Or More Sweet Love

Oh my sweet love what a tiring last hour
or perhaps it was even more.
Tonight I've been going back through my
older poems to revise a bit looking for
bad grammar, misspellings, of course using a spell checker,
places that can use minor improvements
to even greater treatments and better formatting.
And of course trying so hard to find those ones
where my mind was doing it's own thing
and they ended up not making sense in part
or in whole even to me the mad one.
In the course of this some have needed retooling
while others will just benefit from it
and I just finished a major rewrite that
was quite draining and tiring but I am happy with it.
When you go to read it I hope it makes you smile,
I hope it makes you happy and beam with pride
because it is one that honored you and I built it
to the best piece that was possible and I hope
you adore it my sweet Angel as I cherish and adore you
my beautiful sweet Angel.

I have no idea just how long it took
and as I can recall it hasn't been read in forever.
I hope it's new version is truly pleasing
because I'm sure you can tell I am ecstatic.
I'm sorry my love for being so excited
I'm just proud of it and I'll delay no further
so if you want to you can go read it.
I'm Listening is the piece and I posted it
sometime in late December around Christmas 2014,
though that is not when I originally wrote it.
I can't remember when I first penned, typed it,
as for awhile I lapsed in dating my writings.
I just know that I am so very proud of it
and am so anxious that you are honored
and cheered in your heart and your soul by it.
I send you sweet kisses and warm hugs of true love
to accompany it.

Oh my sweet Kira I truly hope that you so adore it
and it touches you deeply.
This is a piece from my deepest and tender
of heart and souls.
So if you would like to please go enjoy it
and remember always that your Michael loves you
and is right there beside you holding you tightly.

Michael P. McParland

I Will Strive (Honor You)

I will always strive darling to honor you in full,
to pay respect to you and treat you as
the beautiful Queen and Angel you are.
To always open my world top the only person I trust,
To always share my life and open heart
with the woman I so truly love.
I promise I will never lie or hide anything from you.
I give you my self and I give you my world
I want to share our whole lives as I give all my best
to honor my sweet Angel dove to no end.
I'll always stand by you to support and love you,
I want to always reassure you you're not alone
and I'll never leave you.
I strive to honor you your golden heart so very tender,
I'll never do anything that would harm or hurt you.
I truly adore you and want nothing more than
to hold you each night and day loving you fully.
I will always strive and work hard to make you so proud and happy.

I will always work hard letting you know
I am so truly proud of you,
I will always be telling you that I am so thankful.
Be prepared to hear over and over that
you are so truly beautiful as I shower you in kisses
saying I love you sweet darling.
I will always give you all of my infinite loving
because you need to know just how deserving you are
and that those who took you for granted have lost out
on the most wonderful woman with so much to give.
I will always strive to make his woman feel
truly loved and cared for just like a good man should,
I will always do it in the deep tender love of
pure truth I hold in my soul and heart.
I'll always work my hardest to give you that which you need.
I will always strive Kira because I simply adore you
and I love you completely and could never be in want of another.
You are my best friend, my hero, my soul mate and true love
and there isn't apart of me that doesn't want to work hard
to honor you always making you feel safe, secure, deeply happy,

and wearing a big smile knowing you're loved completely and fully.

Michael P. McParland

Love Note 379

Good very late afternoon
into almost very early evening my dear.
How has your day been my sweet one,
I hope and pray that it has been well
with you feeling all of my warmth
and love with sweet kisses
and great big hugs of deep and true loving warmth.
I have felt all of your endless loving
care and deep strength and within
the past twenty minutes it's been
so very needed and I thank you my dear.
I will explain here next my sweet Angel
please just know that you are
the most wonderful woman
and I truly adore you so to no end.

I was back looking at many of
my much older poems and ones uploaded first
and ran across one of a deep and painful
experience we've talked about
that I saw could be made so
very much better and fleshed out
to be more detailed, full, and longer.
Not an easy one to have to
go through but I know I needed to.
It wasn't the hardest to go through
but had to detach myself just a little
and truly knowing I have your
loving support helped me.
Thank you sweet one to you
my heart is shouting and singing its thanks.
Now let's move on from that.

I truly send you the sweetest kisses
of true love and comfort
and I am perfectly fine worry not.
I am concerned about you
and if you are doing alright.
I pray that you are feeling me there

holding your hand and pulling you in
for the biggest of hugs.
I'll never leave you my sweet Angel dove,
I am as dedicated to you
as anyone can ever be
because I adore you so much
and cherish you completely.
You are an Angel so truly divine
and you are the Queen that for eternity
I want to be with and serve.
You are my Kira,
a treasure so rare and needed in this world.

Now after working on that taxing poem
I need to sit back and rest my mind.
Feel all of the deep love and warmth
that I'm sending and do not worry my lady
I am fine and just need to rest my brain.
Never ever forget that I am there with you
and feel as I slip my hand within yours.
I am holding you closely and giving you kisses
so full of true love and deep caring.
I am here Kira if you are in needing
and always remember and feel
that your Michael is here for you
with open arms and an open heart
just waiting to hold you and tell you you're loved.

Michael P. McParland

A Great Big Hug Of Warmth

I have for you a great big hug of warmth
to let you know you're great and truly loved,
a great big hug of true love and warmth
just to say I thank you dear for being you.

I have for you a great big hug of warmth
because you deserve the most and greatest love.
I give to you this great big hug of warmth
to let you know I care and truly love you
with all of my very soul and heart,
and with this kiss I thank you dear for
all you do and give to me.

I give to you this great big hug of warmth
because you truly are so beautiful in every way,
I wrap you up in my undying, unconditional loving arms
to let you know you are a diamond in the rough
and you are my entire universe my divine and beautiful
sweet Angel dove.
Kira may your heart be filled with all
the light of true love I feel for you because
no other can ever equal how great you are.

Michael P. McParland

The Best Thing To Me 2

Kira the best thing to me is having met you,
to have you as my best friend and only true love.
To know such an Angel that has touched my heart
is the best thing that could happen
in heaven or on this earth.
Knowing you love me and accept me unconditionally
for just who I am.
You are so beautiful and truly a gem,
you are the best thing that's ever happened to me.

Kira you are so beautiful both outside and in
you have such a precious heart that deserves
to be given the purest love.
You have a soul that shines above all.
You are a sweet Queen whom I want to
always give my very best and all.
You are the best and my heart and soul are yours
and yours alone as am I for all time.
I love you to no end my sweet Angel dove.

Your sparkling eyes and sweet smile to me
are the most gorgeous and wonderful things,
they light up the world giving true beauty.
You are a beautiful woman who makes my heart sing,
you are my hero and Angel who I adore to no end.
I love you Kira you're a true diamond and gem,
and I cherish you because you're a wonderful woman
who's filled with acceptance, loving and care.
Kira I'll always stand by you to no end.

Kira the best thing is that you are a blessing
so truly rare and I love you more and more with each day.
You are a gift for who I'm so thankful
and I want you to know that you are my beloved Angel.
I could never imagine a life with another
because I've met, know, and love the most wonderful woman.
You are the one for whom I give myself to
and there is no doubt you are the best
and I will forever stick by, honor, protect,

and treat as my divine Queen forever and ever.

Michael P. McParland

A Beautiful Good Afternoon To My Beautiful One

A beautiful good afternoon to you my sweet one
and I hope your day is going well
and is as beautiful as you.
I wish you were here to curl up with and spend quality time
I am just sitting here wishing I could hold my Angel so near.
I send you sweet kisses and a big hug of warmth,
my heart yearns to see your smile and feel your soft touch.
To spend the afternoon talking and doing fun things
while your curled up with me keeping cozy and warm.
Feel me next to you right there holding you so very close.

I'm sitting here watching movies and mostly bad ones
and would love it if you were here picking some good ones.
You'd pick the best to make this afternoon great
and I can't wait till that time is here so we can
enjoy fulfillment and joy.
I can feel you so near me though and that makes me feel good,
you are helping to ease the silence and loneliness
with all the loving strength that you send.
I thank you my dear and say good afternoon to beautiful you
and I am sending all of my loving care with sweet kisses to you.
How I want to hold you so close and give all that I have,
how I want to hold you so close so to reassure you
that never again will you be alone.
That I will stand by you giving my all.

I truly wish you a beautiful good afternoon to
fill you with light and all the strength that I send,
give me a smile to light up the world so I'll know you're okay.
I truly care for you completely and totally
and worry that you are okay praying you are not sick or hurting,
to you my heart is forever calling saying I am yours
my sweet Kira forever and ever.
Know that I'm with you and am holding your hand
and you ever so tightly and that I will never leave you.
Please have a great noon my beautiful lady,
and remember your Michael is forever right here if you need anything.
I have an eternal wide open heart and wide open arms
for you to no end because I will never push away,

reject, or turn away from my beautiful Angel and best friend.
I wish I were with you sitting here holding you so very closely,
God bless you sweet Kira and feel my loving arms so tightly around you.

Michael P. McParland

Tired Day Longing For You

Sitting here in the quiet my dear
still focusing on my little tasks to help
the rest of the morning pass through
and my mind inevitably always wanders to you
and I sit here longing to spend time talking
and laughing as we pass the time.
Just forgetting the world as outside it passes by,
just time for us to relax with each other.
It's a tired and longing day for my sweet
and beautiful beloved Angel.

I want to hold you so close seeing your sweet smile
as I make my stupid jokes to make you laugh,
to sit here intently as I listen to everything you are saying
in your stories and jokes, your intelligent thoughts,
and always answer the lots of questions you have.
I like answering your questions because they're
never stupid ones that make me roll my eyes.
They're deep and thoughtful rather they are about
getting to know the person you're talking to
or an interesting subject you want to know more.
I just want to sit here and cuddle spending time talking
and listening to my beautiful lady that my heart eternally melts for.
It's a tired and longing day for my beautiful lady
I so miss and adore in every way that there is.

As I sit here in the complete quiet alone doing
the tedious little tasks that I actually like
it is to you that my heart and mind drift.
Can you feel all of the warmth and the love that I send,
can you feel my arms around you as I sit with you there,
can you feel my kisses as I take your hand in mine?
Can you hear my hearts call as it sings to you?
I love you Kira and though I am feeling quite tired
I stay awake for you so I can keep on writing
and be here ready in case you are in need of anything.
You are my hearts reason to beat and inspiration
and you are everything that I want for all time.
I long for you Kira for among the rough you are a diamond,

you are the one I treasure and cherish to no end.
I send you these smiles with sweet kisses and hugs
of profound warmth and deep love,
Kira you are amazing I hope that you know that.
It is for you that I'm longing because you are
such a pure gift from God and true blessing.
Kira I love you and will always stand with you because
I am your Michael and you are my soul mate and best friend.

Michael P. McParland

A Beautiful Good Morning To Beautiful You

A very early and beautiful good morning
to you my sweet Angel dove and to start it off
I give you sweet kisses with the warmest of hugs.
I wish you could join me here on the couch
as we sat here so quietly as you sipped your coffee
and I held you so close.
It's a quiet morning her where I am
as I do tiny little tedious tasks
and I wish you were here to sit with me talking away.
I miss you sweet lady and wish that here on this morning
with you I could start the day.

A truly beautiful good morning sweet dear
and I send millions upon millions
of smiles with all of my loving warmth to you.
For you my heart is singing morning tunes
to give you a sweet smile as you get up
and get moving on this day.
I truly so wish you were here to spend time
though just of what we would do I have
no ideas or plan,
we would find something even if just for hours
on end like we used to talking and talking.
I just want to hold you my sweet one and tell you
what a wonderful and beautiful soul that you are
and that you do deserve the greatest and sweetest love
that there is on this earth or in heavens width.
I love you sweet Kira and smile at you,
feel its loving power as it is the smile I save just for you.

A truly beautiful and gorgeous good morning
to gorgeous you Kira my precious dear
and feel me there beside you through this whole day
hand in hand step by step the whole way.
You are my true love and the only one I desire
and I give you my whole life you precious Angel.
I would love nothing more than to spend this whole day with you,
just spending time reading, watching movies,
and listening to wonderful music.

I know that it will happen my love as we will never
give up on each other or our bright dream,
God has blessed us with a bond so truly special and strong.
I love you my darling and through the whole day I will be holding you,
Kira I am your Michael and there isn't a thing that could ever take me from you.

Michael P. McParland

Early Morning Snuggle Of True Love

As I climb out of the shower
and have gotten dressed on this early morning
here I softly climb into bed right next to you
and pull you in for a soft gentle kiss,
for a snuggle so loving and warm.
For an early morning just holding the Angel I love.
Kira my dear feel as I reach out to you
taking you lovingly in my arms and pull you in
saying I love you dear and I always will,
never forget that you're not alone.
Your Michael loves you and I am right here,
and then with a soft kiss pull you so close
for an early morning snuggle of true loving warmth.

Michael P. McParland

Night Note 132

Sitting here thinking of you
on what is just a tired night.
I don't understand all this
tiredness myself my sweet one
and my stomach is aching a bit,
but I will fight through for both
me and you.
I soon need to shower and wish you
were here just to join me under
the calming and soothing water.
I want your company so bad
my sweet darling lady.
To snuggle and snooze with,
to talk, smile, and share
the sweetest and deepest passionate kisses.
To just spend time doing stuff with,
I just want to be with my lady
that's all dear.
Feel my arms around you
as I pray you are getting some good sleep
and I hope that so soon
I will be holding you through each day.
Kira you are a gift and a blessing
and I can't wait to be holding you
so I know you are okay.
I worry about you and want you
to know you are so loved and deeply beautiful.
I want to know true closeness with my Angel,
what it is to be connected on the deepest
levels to the supreme partner.

So as I go through more of my night
feel my arms around you with the love that I send,
I so truly adore you and hunger
for the fun that you bring,
and from me you know that's
innocence in the great majority.
I would never use you or view you
as something or someone to be used.

Feel my heart Kira and the flame
that burns for you,
know that true love is all I hold true.
You are an Angel and you are my Queen,
Kira you are my only one and everything.

Michael P. McParland

A Cold Winter Night Holding You Tight

How I wish you were here on this cold January night
to wrap up so cozy in my robe and come out to the couch
and sit with me as I held you so tight.
As you are probably so very tired you could lay down
and rest your head on my lap comfortably
as I wrapped you up in my arms and under my blanket.
To just have you with me while I finished my movie
would be a delight so beautiful and unmatched.
To just give you sweet kisses and then stroke your hair
as you lay there drifting then sleeping is everything
I am longing for and aching.
To be with Kira my lady on this cold winter night
holding you tightly is what I want so very strongly
because you are my Queen and my Angel and I adore you completely.
My heart continues to melt for you daily.

How I wish I could be with you holding you tightly
just softly speaking and reassuring you,
giving sweet kisses and the softest caresses.
Always remember sweet Kira your Michael is with you
and loves you so deeply,
I'll always stand by you supporting you fully.
So feel my arms around you so very tightly
and all of the warmth and love I am sending,
I adore you my Angel and am missing you so badly
and as I sit out on the couch tonight lonely
finishing my scary movie eating my hamburger
I'll be thinking of you and send the sweetest and deepest
most passionate kisses from my heart and soul
with the greatest and biggest hugs of warmth.
God bless you sweet Kira to know and feel how much
I care and love you my beautiful woman because you are
my everything and I want to be holding you and your hand
for all eternity as the most loving best friends.

Michael P. McParland

Love Note 378

Hello my sweet love as I wake
and now try to rise very soon.
I'm sorry I slept so very very long,
I had hoped maybe 8 hours at most
and now this bothersome headache is here.
It's not really bad but headaches
are never fun and waking up
the aches of missing you hit so very hard.
First though dear let me thank you
for all of your sweet understanding
and your loving strength to
help me get the sleep I needed.
It means more to me than you can know
just as do you.
You're my best friend and Angel true
and I'd be so completely lost without you.
I send sweet kisses and great big hugs
of pure and total warmth to fill you up,
feel all of my love my sweet Angel dove,
my heart and soul will forever
be only yours because you give me such
overwhelming feelings of love and light
I cannot possibly describe.
You're my gorgeous girl I so adore
and give to my entire life.
Kira you are everything and all
I need and want forevermore.

Again I thank you dear
and am going to take some headache pills
and let them go to work for half an hour,
then I'll get up and get some food
letting you know just how I am.
So starting to write in 30 minutes
give me 45 or a tad more to get it posted.
You are my Angel and the one my
heart sings to as it adores,
you are the most amazing woman there ever was or is.
I love you Kira and hope you know

just how much I truly do.
You are my diamond in the rough,
my treasured and cherished precious jewel.
Feel my hand in yours as I pull you in
for the biggest tightest hug.
Thank you my Queen for being such
a truly awesome one and always know
that your Michael will not abandon you
always standing by your side
and always waiting right here for you.
I love you babe you are truly
grand and supreme.
Kira you are everything within
my most beautiful dreams
and I can't wait to have you right here with me.

Michael P. McParland

Come Hold Me Tight My Sweet Angel Of Light

Oh Kira my sweet Angel of light
please come lay beside me right now
and hold each other so very close and tight.
I'm struggling as I now wake up with
missing you so very bad and with a headache on top of that.
My heart is aching for you so very hard
and very deep and all I want is to lay with you right here
and say I love you dear.
Then give you kisses and pull you in
just feeling you here right next to me.
Come my love sweet Angel of light so I can hold you close
and you can hold me back.

Come hold me tight my sweet precious Angel
of true love and total light.
I just awoke and the aching sadness of not having you
right here beside me to roll over and hold onto
hit me so hard I just want to curl up in a ball.
I miss you babe and long to just look in your eyes.
To tell you what you mean to me
and what a beautiful woman you truly are.
I long to feel your soft skin and our lips meeting
throughout the day as either one of us need that kiss.
I want you here for times like now to lay with as this headache
gets at me and we could just lay in each others arms
softly talking and feeling true comforts peace as it goes away.

I know you're hurting too and that sometimes is worst of all
because I don't know if I've ever helped you truly
see and know that it kills me when you're hurt in any way.
I want to hold you close and comfort you so your heart
will be calm and still with the loving peace I give.
I miss you so much my sweet Angel dove and want you
here so close within my arms.
Come hold me tight my sweet best friend and Angel of pure light
so I can also hold you back.
I'm missing you because I love you totally through and through,
feel these kisses I send to you and be filled with warmth
by these great big hugs of true love too.

I love you Kira I so very truly do and I can't wait for the days when I am holding you and drying your tears in total loving care.

Michael P. McParland

So Tired. Come Snuggle?

I am so very tired sweet love
and at this moment physically spent.
Would you honor your man and come snuggle
for a little while well I get some sleep?
I want nothing more than to be holding you
as you rest your head upon my chest.
Share some sweet Kisses before settling in
so I can look in your eyes and caress your cheek.
Will you come snuggle in total warmth while we both relax?
I pray so my sweet Kira because I am so very tired
and I love you like mad and just want to hold you closely
stroking your hair and rubbing your back.
I am so tired will you come and join me because Kira
you are my Angel and beautiful everything.
Will you come snuggle because my sweet Kira I simply adore you
and want to give you sweet kisses while holding you
and telling you you're so very beautiful.

Michael P. McParland

Come Sit With Me 4

Come sit with me my sweet one
on the later half of this morn.
I'll wrap you up in my robe
and you can curl up so tight in my arms.
Come sit with me and share some sweet kisses
while we watch TV because soon my sweet love
I'll need to rest my head and eyes for awhile.
The hours are weighing on my body right now
and I want to sit with my beautiful one.
Come sit with me my gorgeous girl
and curl up in your Michaels arms sharing deep warmth.

Come my sweet Kira and sit with me dear,
I want to smell your sweet hair while I stroke it
and smell your soft skin while I tenderly kiss it.
Come sit with me and spend such splendid time
before we rest our heads to sleep for awhile.
I so love you sweet Kira and want to hold you so near me,
I want to look in your eyes as I say
your Michael profoundly and eternally loves.
Come sit my sweet lady I just want to hold and spend time with you
because you are my amazing best friend and Angel
and I truly adore you.

Michael P. McParland

A Quiet Early Morning Holding You

An early good morning to you my sweet one
and as I returned from my early morning shopping
a bit ago I needed to get stuff put away
and catch my breath,
and now I wish you were here so after you had rested
a bit longer I'd get your cup of coffee ready for you
and then wake you up to come out and sit up with me.
To have you curl up in my arms and hold you so close
while you warmed up drinking your coffee and taking in
all of my loving warmth as I held you so tight.
A quiet early morning with you is what would be
so perfect and good on this tired one here.
A quiet early morning with you sharing kisses so deep
is just what we need in this space to feel true cheer.

A quiet early morning just gazing at you
in the deep wonderment I feel as I think and marvel
over the deep love and friendship we share.
A quiet morning smiling as I hold you near and softly
tell you I love you and am so very thankful you're here.
A quiet morning just to feel so fulfilled and good
knowing my beautiful lady is in my arms
and I'm helping her feel so safe and warm.
A quiet and beautiful morning to just sit here
and hold you as we talked, dozed, and woke up.
A quiet morning with Kira snuggling so close
as you drank your coffee and I sat here enjoying your
just being here wrapped up in my arms so very cozy.

Feel all of my love and warmth as I send it to you
with these massive kisses and hugs too.
Know sweet Kira that I'm thinking of and praying for you,
God bless you sweet darling to know I'm right beside you
giving you those sweet kisses in spirit and holding you.
Feel deep comfort inside you knowing I'll never leave you
and that I won't ever stop supporting you.
I am your Michael and I so adore you.
We will have these quiet mornings and when your heart is aching
in need or even those moments of worried doubting

just reach out your hand and take mine and we'll pray together,
to ask God for his deep and strong reassurance.
I love you sweet Kira so just close your eyes seeing
my loving smile and this quiet morning.
My arms are around you and I am giving you kisses so very passionate.
Please my sweet Kira you are my Angel and feel
assurance inside you that I'll never give up on or abandon you.

Michael P. McParland

Love Note 377

Good morning to you my beautiful one
and as I turn on my computer
I see your sweet smile on your gorgeous face,
a picture that so takes my breath away
and gives me a big smile at the opening
of this cold January day.
It helps warm me inside and gives me
the courage to go out and brave the cold
as I head to the store for some early
morning to beat the crowds,
perhaps have time to sit and think
for a minute without feeling pushed
and I will be thinking about you
wishing you were with me to spend time
on such an early morning chore.
Though it should be a quick one
you can never really know.
So I send you sweet kisses
and big warm hugs as in a few minutes
I head out the door.
Feel all of my loving warmth
as I send it to you and I will write
very shortly after I return.
I love you sweet Kira and all that
you are and hold to me is so very magic.
So feel all my admiration and love
as I smile for you and know
that your Michael cares immensely in full.
You are my Angel and my heart melts for you,
Kira you are a blessing totally and for sure.

Michael P. McParland

Holding You Tight Middle Of The Night

While I am not laying down to rest or sleep
I'm reaching out to pull you in so close to me,
to give you comfort and warmth on a winter night so cold
and on a night where I just want to hold you tight
and say Kira I love you babe.
You are a diamond and precious gem,
one so very rare and I treasure you to no end,
you are my best friend with the most gorgeous soul.
You are everything I need and want that is all.
I am in want of nothing but you,
I would never ever dream of expecting you to carry it all
and wait on me as a fat selfish king
because you are my gorgeous girl I so adore.
You are my beautiful Kira I love to no end,
you are my everything my Angel Queen.

So I'm reaching out here in the middle of the night
to hold my beautiful one so very tight.
To give you sweet kisses and soft words
telling you that I so deeply adore you and miss you
my sweet adored woman.
Feel all of my love as with my warmth I send it to you
and let you know that I'll never leave you.
Kira you are so special,
a diamond in the rough shining so brightly
and I will forever stick by you because I love you deeply
and want to spend eternity with you more than anything.

Michael P. McParland

Sweet Night Time Kisses 2

Come sit with me on the couch my sweet Kira
and wrap up in my arms as we wrap up in my blanket,
not my big fuzzy orange one as it's still
in the hamper to be washed but another favorite
I've had since 2008 or 2009,
my mind feels so tired and hazy still I can't remember for sure.
Come wrap up with me though and we'll leave a hall light on
so I can gaze in your sparkling eyes and say
Kira I love you and worship everything that you are.
I adore you sweet one and want to share
these night time kisses to fill you with warmth and comfort,
sweet night time kisses to tell you you're beautiful,
sweet night time kisses for my true love and hero
whom I need more than she knows.
Sweet night time kisses with sweet beautiful Kira
on her lips, her forehead, her cheeks, and sweet neck.
sweet night time kisses for Kira the gorgeous and wonderful woman
I so truly love, adore, and respect.
Sweet night time kisses for Kira the Angel
who holds my heart and my soul.
Will you come wrap up in my arms as together we wrap up
in my blanket so cozy and warm.
I have sweet night time kisses for you
the greatest best friend anyone's ever had and I'll ever need or want
because you are true love and warmth
in a world that can be so very cold.
Sweet night time kisses to you sweet beautiful Kira
my sweet Angel dove.

Michael P. McParland

Night Note 131

Hello my sweet one
and I'm so sorry I drifted off there.
I laid back on the couch
a good while back and then my
white cat Caesar jumped up by my head
and he's a purring machine
which relaxed and took me away.
I am so very very sorry babe
and send you sweet kisses and warm hugs
praying you will forgive me
your loving and remorseful man.
I love you sweet Kira and wish
I could just hold you so very close
within my loving and caring arms
so I could just softly
reassure you while I rubbed your back
and stroked your long beautiful hair.
I wish you were here to sit with me
as I get up for a little while
to just watch some TV
and you could curl up so very cozy in my arms.
I love you so very much Kira
and just want you to know
what a very special person to me that you are.
You are my Queen Angel and beautiful hero,
you are my best friend and soul mate
and I can't wait in person to wrap
my arms around you and kiss you.
I adore you sweet Kira
and my heart melts for you over and over.
Will you forgive me sweet lady?
Please understand I hate how this tiredness
has hit me and I am sleeping.
I am so very sorry and worried you're angry,
come sit with me for a little while
my beautiful Kira.
I would love nothing more than
to be holding you as I get up for a few hours.

Sweet sweet kisses to you
my sweet beautiful Kira
with a great big hug of warmth too.
Remember that your Michael
so truly loves you and will forever
stand there right beside you
and I will be right here waiting
with an open heart and open arms when you're read,
I just hope it is soon my precious lady.
My heart hungers and aches for you
so very badly and I just want to
just take you up in my arms and say
Kira you are beautiful and I love you,
I want to marry you and spend eternity
serving you with my all and my everything.
Kira my dear there's nobody better
you are the one for me.
God bless you sweet lady and feel my arms
wrap around you as I reach out to hold you,
feel these sweet kisses as they shower you.
I so adore you and hope you will come sit with me
as I get up for awhile.
I love you Kira more than anyone can ever imagine
and I hope you can forgive me and understand
as I do feel awful for falling asleep.
I love you baby and send these
endless waves of sweet hugs and kisses
and be filled with peace as I send
all of my love and warmth to wrap you up
like a big blanket of pure comfort and care.

Michael P. McParland

An Evening Holding You

A gorgeous dinner with you on this eve
would be the perfect start as I pampered
and served my beautiful Queen as you deserve.
Cooking you the pork chops I bought as you would
love them most of all along with sauteed mushrooms and onions,
I would be thrilled and so deeply fulfilled
seeing you enjoy them my dear.
Just the start of a beautiful evening with beautiful you,
and after eating our meal I would hurry and clean
so we could spend the rest just spending time.

Afterwards we could just sit back on the couch
and I'd have you curl up so very cozy in my arms,
and you could wrap up in my robe or I'd spread
it out on top of us,
either way I would love as long as I was holding
my only one sharing deep warmth and smiling
with sweet kisses of passion and care.
What could be better?
Nothing I tell you because I would be with you
feeling so cozy and safe without a fear in the world.
I'd like nothing better than an evening with you
holding you close and helping you know you are loved.

Beautiful Kira how I would love to spend
this evening holding you and talking away.
Not really about anything important,
just fun stuff and deep thoughts on stuff like we used to.
Just rest our eyes and drift a little feeling
such comfort spending time with our best friend
while I occasionally dipped down to kiss my beloved Angel.
An evening full of talking, joking and laughing
with my sweet Queen so adorable is what
I dream of this evening and send to share with you.
Oh my sweet Kira what a blessing and gift you are
and I can't wait for the times we'll have together.

Just feel my arms around you this night
as I sit beside you and whisper I love you babe,

in spirit we'll have this great night my dear
and I'll say a prayer for you and our to soon be right here.
I love you my darling and want nothing more
than to be holding you closely spending and evening
wrapped up so tightly and warmly gazing at each other.
feel me there Kira and share this dream with me
knowing that we will soon live it for real.
An evening spent holding you is why I will continue to fight through
because you are the Angel I want to be with forever and ever.
Kira I will never leave you and forever stand by you
and can't wait for these evenings of holding you
because more than anything there's ever been
or will be I love you my precious sweet lady.

Michael P. McParland

Longed For Your Touch

Oh my sweet love I just arrived home
from the very crowded store
and what a very tiring chore with so many people there
and frustrating when so much of what I wanted
to get was gone or no longer there.
I could feel all of your loving strength though
with that great big smile of yours
and it helped me troop on with a smile of my own,
just how I deeply longed to have your hand in mine
and have you right there marching by my side.
And now how I wish you were here eating with me
the special treat that I bought.
A shrimp seafood salad I know you would love.
I love you sweet Kira and long for your touch
of kisses and snuggles with endless smiles.
I long for you Kira because you're
my sweet Angel dove and the loveliest Queen there's ever been.

I truly am so thankful for you and as I walked
through the store I looked upon things
and tried to think of a special meal.
They didn't have what I wanted for ham steaks
with sauteed mushrooms and onions in a garlic and herb butter dear,
but I'll do pork chops for my lady instead.
A grand meal for my Kira so good.
I truly work to honor you by giving my best
in everything that I do
and I send you sweet kisses and hugs to fill you with warmth
my sweet Queen and Angel I adore to no end.

Kira you are my world, my universe, my true love,
my best friend, my hero and everything,
and as I walked through the store I longed
for your touch as everyday I want your hand in mine.
To pull you in close as I look in your eyes and say
I love you sweet one you are all that I want.
I need you because I love you and want to
give you everything that I am and I have.
I thank God for you everyday that I live

and I want to show you through all of my looks and deeds
just how very much you mean to me.
I longed for your touch and do right this second
because I want to hold you and tell you you're the greatest.
I love you sweet Kira and send you the deepest most passionate kisses
and you can count on me tonight writing you
as I hold you in spirit ever so tightly.

Michael P. McParland

All I've Ever Wanted (You're My Greatest Love)

Oh my sweet sweet Kira please don't
be upset and please don't be sad,
I hope and pray that you know
your Michael loves you more than anything
in heaven or on this earth.
I love you so very very much and all I've
ever wanted was to hold the sweet woman
named Kira Petranovich so tight in my arms
giving kisses so sweet while I tell you
you're beautiful and that I care for and love you so much.
All I've ever wanted was to help you know
what a special soul that you are
and to make you happy and proud.
I love you your wonderful soul and all I want
is to look in your eyes while we smile
and say I love you my best friend,
you are my soul mate and my only one,
God bless you sweet Kira you're magical and a blessing.

As I head to the store to do my shopping
I'll be thinking of you and sending sweet kisses galore
with all of my warmth and love just for you,
I'll wear a smile as I can feel all of your love.
Will you wear that gorgeous smile of yours
just for me my sweet Angel dove?
I'll be holding your hand as I stand right by your side,
I love you Kira and I hope I have helped
you understand just what a special soul that you are.
All that I've ever wanted was to show you
that you are a beautiful woman that each day I love more and more.
All I've ever wanted was to hold you and give you
every last bit of this love I hold in store to you.
I hold so much to drown the world it feels
and I want to give it all to you sweet beautiful Kira I love.
All I've ever wanted was to make you happy and proud
and to know what a wonderful miracle you are.

Kira I'm not angry at you in the slightest of ways,
I love you, I love you, I love you you see.

All I've ever wanted was to spend each day with the one I adore
and Kira my heart melts for you and I adore you more than anything.
It so hurts and upsets me when you are upset at me
because all I've ever wanted was to make you so very happy.
You are my best friend and my heart and soul
will forever be yours,
I pray to God that soon I can see you and tell you
just how very wonderful that you are.
As I'm at the store I'll pick us up the most special meal
and wonderful of snacks and even though you aren't here
I hope that it will be special that I make them for us.
All I've ever wanted was to show you my love
because I want you to know how wonderful you are.
I'll write you as soon as I return my sweet love
and I want to tell you more of how special you are.
God bless you sweet Kira and I send you
this massive hug of deep warmth
and these sweet kisses of true love.
Please know your Michael loves you
and send some sweet kisses in return.
All I've ever wanted was the very very very best for you.
I love you sweet Angel Kira more than anyone knows.

Michael P. McParland

Love Note 376

Good afternoon my sweet Angel dove
and as I have finally risen from that long sleep
I want to say thank you for all
the peaceful calming strength that you sent
so I was able to rest.
I could just squeeze you so tight
in my arms and shower you in kisses
of such deep loving thanks.
I know you are angry though too
and that sinks my spirits and heart,
a smile right to an aching frown.
I'm about to go shopping and
get that all done and I was so happy
to just tell you thank you
and say I missed you so much.
I wanted to thank you for understanding
why I have been so very tired
and say I wish you could be with me
to just hold hands and spend time
as we went along smiling so widely
and knowing all was fine in the world.
Now I'm just tired again.
I love you Kira I so truly do
and all I want and need is your
patience and understanding too.
I love you so deeply and send you sweet kisses
and hugs so warmly.
I'll write you soon my sweet love
when I have woken again.
I miss you so much and love you
with every ounce of who and what I am.

Michael P. McParland

A Warm Middle Night Snuggle

As I slip back into bed for a few
more hours of restful and refreshing sleep
I reach out to you my beautiful one
to pull you in for a warm snuggle
of pure comfort and love.
A warm middle night snuggle to soothe and calm
both of our aching and lonely hearts
that have shed so many tears longing for the one
we love and need above all else.
I'm reaching out to you Kira my best friend
to hold you in these middle night hours
to tell you I love you, miss you, and need you so bad.
I love you my darling and long for my Angel,
Kira my sweet Queen I so cherish.

With a sweet kiss full of such deep passionate love
I pull you in my sweet one for a snuggle for full of care.
Take peace my sweet one and know that I'm there
because Kira my darling my heart melts for you in full.
I love you so deeply and truly want and need thee
because you are the most gorgeous woman
that God has blessed to this earth I assure you.
Kira my sweet one feel my arms wrap around you
as I give you a sweet kiss and pull you in for
a middle night snuggle of warmth while saying
I love you Kira and I want to be with you forever and ever,
you are the greatest my gorgeous Queen Angel.

Michael P. McParland

Night Note 130

Oh my sweet sweet Kira
as I sit back here on this night
I miss you so very much
as tiredness begins to strike me again.
I really was much sicker last week
than even I realized at first my dear
and as I watch TV my eyes are
bothering me again.
Although from tiredness or more I do not know
and all that really matters is
just how very very much I love
and miss you Kira my Angel true.
I miss you so much that often enough
my tears may be dry or not physical
they are there because I miss
and long for my darling dear.
Do you know why I sleep so often
at times my sweet love?
And i mean that as I question
since I'm not sure if I've explained it
truly right or good enough.
You know some of my medications
make me very tired and sometimes weak,
and I'm waiting for one lab result
and I may be going back on the lithium.
I sleep so much sometimes because
in that drifting state the spiritual veil
is most open and that's the strongest point
sometimes I can feel your kisses and your arms.
Yes I always feel your love
but somehow God makes it open strongest there
and I smile and say I love you dear
as I'm floating there feeling your smile
and your nuzzles and there is never
room for doubt of what the spirit
sings and shouts,
then the hopes of dreams galore until
we reunite in real life to snuggle,
talk, and hold hands as we rejoice in the gift

that God has blessed.
I love you Kira you're the best
and I'm thankful you are my Angel,
true love, and great best friend
and I want to share my life with you
you gorgeous woman.
I send you sweet kisses and hugs so big,
never forget your Michael's here
and right by you and will never
leave you high and dry crying
all alone facing this cruel world without your loving man.

So as I sit here on this night
either to watch more episodes
of the original seasons of the Simpsons
or watch a film for my eyes
won't take the strain of written word
I think of you and hunger for your
touch as we snuggle tightly on the couch.
I know that you would need your sleep
so rest your head upon my chest or lap
relaxing while i stroke your hair,
caress your face, and rub your back.
Feel at peace as I just give you
all my loving strength.
Kira feel my love and have no doubts
that my heart and soul are yours in full,
I pray that soon you will be here
and we will snuggle on nights like this
as I have you wrapped up in my arms and robe.
I love you babe and I always will
so feel me there holding you so very close.
You are my true love and the one I adore
so come sweet Kira curl up in my arms
and snuggle closely for awhile before
I lay back down to sleep a little longer
to heal my body, mind, and eyes.
I love you baby you are my Angel.

Michael P. McParland

Late Night Snuggle 3

As I now rise for a little bit
my sweet Kira would you like to come
out with me to the couch and sit?
I'll wrap you up in my cozy and thick
new black robe I got for Christmas to keep you warm.
My big fuzzy orange blanket needs to be washed
after all the sickness that's been.
Who needs old germs hanging around?
Will you come curl up under my arms for a
late night snuggle sweet one?
I'd love nothing more than to give you my robe
and have you in my arms as you dozed or ate
a little something with me while watching TV.
A late night snuggle with you is just what we need
just you and me with sweet kisses too.

Let's have a late night snuggle where
as we share a bit of food you can watch
the very early seasons of the Simpsons with me.
Then I'll find the perfect movie for us
or even read if you like as I hold you close
giving you kisses on your cheeks, head,
lips, and soft neck with little nibbles
of love with smiles and laughs.
Then just rest your head into my chest
and drift off a bit as I read and talk to you
and watch some movie a bit.
It won't be scary so you won't be bothered.
Come sit my sweet darling and share a late night snuggle
with your Michael who loves you more than anything
in heaven or this whole world.
Come my sweet Kira and let's enjoy this time
kissing, laughing, talking, and enjoying each other.
I love you sweet Kira and miss you so badly,
please come wrap up in my new fuzzy warm black robe
and in my arms for deep comfort.
Come my beautiful Angel and let's have the most wonderful
and peaceful loving late night snuggle.

Michael P. McParland

Love Note 375

Sweet sweet kisses to you Kira
the beautiful woman I so love and miss.
Please don't be angry or cry,
please don't worry that I have
left you or am somehow angry inside.
If you could only see and feel
these tears that escape my eyes
right now as I worry about you
you'd know the anxiety and sadness I'm filled with.
I need the rest from being sick
but I promised you I'd rise sooner
and I feel so sick that I did not manage
to at least rise to tell you
I was still so very tired.
sweet sweet kisses to you my Angel Kira
please forgive me and feel all my love.
Feel my arms around you
and let's snuggle so tightly right now.
I love you sweet Kira you're my everything
so please don't feel upset and I'll dry your tears.
Come my sweet Kira and rest with me a bit longer
so I can hold you so close and reassure you in warmth.
I love you sweet Kira and I'm aching inside
and I just want to hold you
because I know that you do too.
Come my sweet Kira and join me under the covers
to snuggle and feel comfort as I hold you tightly
speaking reassurances so very softly
while rubbing your back and stroking your hair.
I love you sweet Kira more than anything
there is darling so please never feel fear or worry
that I've gone anywhere or left.
Come join me sweet Kira so I can give you sweet kisses
and stop both of our tears I know are flowing.

Michael P. McParland

Sweet Snuggling Kisses Sweet Kira

Oh my sweet sweet Kira I'm so sorry
I fell asleep this whole day.
I set my alarm and when it went off
I sleepily reached up and shut it off.
I am laying here shaking feeling
awful I want to cry.
I send you sweet kisses of apology and sorrow
please come snuggle with me.
I love you sweet Kira more than anything,
feel me wrap my arms around you in deep comfort with a kiss.
Come my sweet Kira and lay here beside me
where I can give you sweet snuggling kisses
while telling you I so deeply love you.
Oh my sweet Kira I feel so awful and like
I have again failed you.
I'm so filled with anxiety and I just want to hold you.
I'm sorry sweet Kira and I truly mean that
please come rest with me a bit longer and share sweet kisses while we snuggle.
I so truly adore you and love you like no other.
I send you sweet kisses sweet Kira
so let's snuggle sweet lady my Angel I just want to hold you.

Michael P. McParland

Come Snuggle 9

Come my sweet Kira and snuggle with me
on this early Sunday morning we're in.
As I continue to improve from the sickness
that hit me so hard I am in need of a small rest.
I thank you my dear for all the strength that you've sent
and how I've felt your arms around me
as I sat up and got a bit of food in my gut.
I am still feeling but the tiredness has hit me now
and I would like you to join me for this small nap.
Will come nuzzle with me in each others arms
as I catch a small rest so through the day
I'll have more energy?
Also say a prayer that it won't turn into all day.
I love you sweet one and want to feel your sweet kisses
as I turn on my audio book and close my eyes.
Come snuggle sweet one and feel all of my love.
Kira my dear you are my everything
and I want you to be with me because I love you in full and only you.

Michael P. McParland

My Heart Hungers

Sweet sweet Kira how my heart hungers for you.
I hunger to be with my special woman
who fills me with such love awe and wonder.
How my heart hungers to have you here
with your hand on my chest feeling
as it beats and sings for you in pure emotion.
Oh my sweet Kira how my heart hungers
to just have you here holding you closely
while I give you the sweetest of kisses
and tell you that I want to be with you forever and ever
because I adore you and in the purest and most
loving ways only for you do I deeply crave and hunger.
I love you sweet Kira and for you I ache so badly
because you are my Angel and for you I would give anything.
I love you my lady and send you sweet kisses in the trillions.

As I sit here bit by bit feeling better
I'm finally watching Ohio State beat Notre Dame in the Fiesta Bowl
and at the same time all the while thinking of you
and wishing you were right here beside me cheering along.
Sure I already know the outcome but it's still exciting
and to be here with my Kira would make me smile even wider
because you're a blessing and God send,
Kira you're everything I long for and to no end
because you're a special Angel that shines above all.
I love you sweet lady and hunger for you badly.
To sit and spend time with just talking, reading,
watching TV and movies, snuggling and resting.
Kira you are the most precious person that I've ever known
and I hunger to hold you so you'll know how special,
loved, and cared for you truly are my best friend.
I love you sweet Kira you are the greatest.

Kira I hunger for you because you are you
and that is the most special and wonderful thing
to me your ever dedicated and loving Michael.
I can't imagine a life spending time everyday
by another woman caring so deeply and truly
wanting to know in depth everything,

going out and gloating about her to everybody.
Only you my sweet Kira can I imagine these things
and so much more than I can even think of.
I hunger for you because you are so gorgeous with a good soul,
I hunger for you because you are my dear one
and I'll always treasure our bond and our friendship.
True love begins with respect and deep care of friendship
and we are the best of friends my sweet one.
Kira I love you and as I reach out in spirit to hold you
feel the deep aching of my hearts want, need, and hunger.
You are a treasure I so deeply care for and cherish
and I want you to know I will never waiver or diminish
in my commitment and caring for my greatest Queen Angel.
I truly love you sweet Kira and will
stick by you through all things and forever.

Michael P. McParland

Sweet Early Sunday Kisses

A very good early Sunday morning to you
sweet Kira I love with all of my heart,
mind, body, and soul.
After these few days of being stuck in bed
and now that all the bills are paid
come sweet lady and sit with me.
We'll share the sweetest kisses while
smiling oh so big.
Come sweet Kira and sit with your man
who wants to have you here with him
and share a sweet Sunday morning
in each others arms and hand in hand.
Come sweet Kira and see how I smile right now
because of and for you,
come sit with me because I want to thank you
while we sit and spend some time by each others sides
which is where I wanna be through all time.

Come sit with me my sweet Kira dear
so on this Sunday morning here before anything else
I can look into those eyes of yours
and say thank you dear for all you are,
for all you do, for just being you Kira
which is a special thing you know.
Thank you sweet one I love you so
and please just sit here with me while I kiss you sweetly
and we just talk awhile.
I miss you so and want to forever spend my life with you,
not just this one because it's not enough
but eternities time because only then can I be satisfied
I'll get to know my Angel through and enjoy existence as I'd like.
Come sweet dear and curl up in my arms
as I give you sweet Sunday morning kisses so divine.

Oh my sweet Kira come cozy up for
a sweet Sunday morning of true loving warmth.
I'll try to wrap my new fuzzy robe
I got for Christmas around the both of us
or lay it on top to keep us warm while we kiss

and just do some stuff while snuggling close.
I missed Ohio States game while I was sick
and perhaps if on YouTube you'd like to watch that with me?
Or a film that you would like I'd rent
or buy on Amazon digital right now.
Or to sit and read our book would be just great,
just a sweet morning with sweet you is all I want my precious one.
Sweet Sunday morning kisses with Kira oh so good.

So a very very early and sweet good Sunday morning
to you my sweet Kira so beautiful and good.
You are my Queen and I just want to be with you,
come sit and share some kisses so fulfilling and very good.
Kira I truly love you so and more than anything
and hope you know I'll always fight for you.
I'll never leave you girl this I forever swear.
I want to marry you and give you all of myself
in true love and trust because you are the one.
Come sit with me my precious love and share some kisses
to keep healing the mind, the heart, the body, and the soul.
Kira dear I love you truly with everything I am and have,
come be with me so very soon and I will give you
everything I have and all I am everyday with all my best.

Michael P. McParland

Love Note 374

Hello my sweet love
so truly beautiful that
I care for in every way
and am thankful for just as much as well
I send all of these sweet kisses
of deep pure love warmth and care
to you to help reassure you I'm here
and always by you my Kira so good.
Please never worry that I have
left you alone in the cold or that I will
because I can assure you I won't
my beautiful Queen I adore.
It's been a difficult past few days
of physical health and some mental as well
and I will try to explain
the best that I can and just ask that you
understand the best that you can.
I love you so much and thank you
for all of the kind loving strength
that you send.
It means so much to me my darling dear,
especially in vulnerable times
where I feel it harder to face and get through.

Oh my sweet love how my heart
truly is longing and aching for you.
The other morning when I wrote you
I was completely and utterly exhausted
and you know about my eyes which
had been bothering me, they are fine now
a blessing and perhaps was just the strain
of intense exhaustion and allergy,
my ears were aching which I still have
medicine left from the doctors a few months previous,
and you know how bad my tongue was hurting.
It was causing me so much pain
and not long after writing you last
my whole body began feeling so sick.
My mom had to go get me the strongest

oral medicine there is to try
and give me enough relief to relax
and it helped enough that soon
my body gave out to sleep and I slept and slept
until late into the first and still
felt so very ill just resting
until I had to get up
and take care of myself and shower
going extremely slow and then catching
my breath before I wrote you.
I thought of you dear and prayed you knew
that I cared and had not gone anywhere,
I felt so awful I just wanted to hold you
and have you with me to help the shivering
and sadness of both my body and mind
go away.
All I wanted was my Kira I so truly love
and want forever with me.
I love you darling you're my everything.

Oh my sweet love then through yesterday
again I just slept and slept
and it was filled mostly with the dreams
that feeling sick brings.
Wired and sad in so many ways,
at many points I lost you again and again in them
which the very few times I did wake
I was in tears and sat there like that
until I would finally fall back to sleep.
You know how dreams in that state are
are so real in a way and hurt in an extreme way.
Finally I woke up clear enough last night
to write you and ask for that snuggle
and nuzzle which I needed so extra badly my dear
and I want to thank you so much
for sending me that love and strength
as after I got a small drink
I lay back down and could just feel your
arms go right around me
as you just nuzzled your face against mine
and down into my neck with
a few kisses so divine and I was able

to relax in full and have lightly
drifted through the night
knowing you're there and having the sweetest dreams
of you and me talking and spending time.
Thank you, thank you, thank you
my sweet Angel dove I love you so very much
and can never tell you just how much
all that you do means to me.
I love you Kira more than anything
and I pray so deep and hard
that soon I will be holding you close
because that is exactly what I need and want
more than anything else that there is.

I love you so much my dear Kira
and want you to know I would never
just disappear on you or leave you
out of nowhere.
I'm so so sorry I was so quiet
and would never be like this
without such reason as being so sick and unable
to write my sweet love.
I am truly so very worried that
you are in tears and very worried not knowing
just what's going on or how I am.
I assure you my dear I am always there
with you no matter what
because you mean so very much to this man.
Kira I'm reaching out to pull you in
for the biggest snuggle and hug
for the longest while to give you deep
comfort in all my love.
I'm still not feeling super great
but am going to get up for at least a short bit.
I have bills to do and just want
to get my body slowly readjusting.
Just feel all of my love as I am right here
and right there beside you
giving you all of my love my sweet Angel
so truly beautiful and amazing.
I promise I am going to write you
as I go about doing things ever so slowly.

Truly my Kira I am ever so sorry for
any sadness or worrying that befell you
and thank you so much for the cuddle and nuzzles.
I still feel your face against mine and my neck
with the most gentle loving rubs
and kisses so sweet.
God bless you sweet Kira my heart hurts
for you so much and today as I go
I hope to illustrate to you
how thankful I am and how deeply within my heart
I love you and want you here by my side.
God bless you again my sweet Kira
and please say a prayer for me
that my body will hold up and continue
to improve as I move around slowly this day.
I will write you as I go about
doing my bills and other things.
I love you sweet Kira and I hope you know
just how immensely and deeply it goes.
I love you Kira and am sending you hugs and kisses
so sweetly.
Kira you truly are so very amazing
now hear my hearts call as it gives you
it's all singing the most loving songs.
Think of all the Falco, Pet Shop Boys and many others
because my heart is in full voice
for my gorgeous Kira I so totally adore
and that my heart everyday melts for
in true love.

Michael P. McParland

Come Snuggle And Nuzzle

Come my sweet Kira darling
and lay here next to me.
I've been sleeping through this sickness
the entire day through.
Only waking up from moments here and there
and I so badly want and need you my precious dear.
Come snuggle and nuzzle with your Michael
I so need you my precious dear.
I send you sweet sweet kisses of my deepest love
and just want to have you near.
Please sweet Kira come and lay by me
to look into each others eyes and say I love you dear.
Come snuggle my sweet precious Queen
and please understand all that has been going on.
I love you Kira I so truly do and want to have you near.
Come snuggle and nuzzle with me my precious love
and help give me calm and help in healing what makes me sick.
I love you Kira in full and to no end
and I want to be with you through all time my dear.

Michael P. McParland

Sweet Kisses And Warm Comfort

I have and send such sweet kisses
and warm comfort to you Kira my dear.
I am so sorry I've been so very quiet
but have been sleeping most of the time
and all those infections finally went
full blown sickness on me not long after
I last wrote you my dear and even now
am wrapped up and shivering.
I got up about three hours ago
but needed a shower and had to take
my time at every step catching my breath.
Only now have I reached enough energy
so I could write you this note.
I love you sweet Kira and wish you were here
so very badly to wrap up in warmth together
and soothe both our hearts and our bodies.
I miss you sweet Kira you are my Angel
and I have been praying for you
in my moments of clarity that you
would not be worried and know that
I was right there beside you holding you tightly.
Kira I will never leave you so please
never fear or worry that your
Michael will disappear or anything.

So my dear as I lay here still
shivering and missing my sweet precious Kira
I send you sweet kisses of true love
and warm comfort straight from my soul.
I love you so much and wish you
were here to sit with me as I made it through.
I love you Kira and my mind is too
disorganized right now to give you the honors you deserve.
I truly love you so much
and miss you so bad my sweet Angel dove.
So come lay with me dear and hold
my hands within yours as we rest a bit more
to recover from this sickness and just
bask in the presence of our best friend and soul mate.

Michael P. McParland

So Very Very Much My Sweet Dear

Sweet sweet Kira please just come lay down
beside me as I need your loving care
and support very strong.
I've been sitting here in the quiet dark
of my room on the bed with endless thought
and emotion running through me
so as I tried to start writing you my thoughts
it all just came out with no sensible
or comprehensible train of thought to go on.
i know what I think and feel my sweet Kira
and the solid core that is forever
is that I love you so very very much
and forever my sweet dear and I need you here
because I care about and love you that's reason enough.

I am struggling to an immense level tonight
my sweet one and need to just lay down.
Would you come and join me in spirit?
I am sending you all of my warmth and love
with great big kisses and hugs.
I love you so very very much my sweet darling dear,
and just pray that soon all will be well
as we spend every night in each others arms
and find the peace and happiness that is meant to be ours.
God bless you sweet lady and I truly
am and will be right there beside you holding
you so very closely in spirit.
I love you sweet lady and I mean that sincerely
from my hearts very center.
I love and adore you sweet Kira
my heart melts for you anew each day that arrives.

Michael P. McParland

Hold My Hand Tightly Sweet Dear

As I reach my hand out to you
in this hour between late noon and early evening
will you please reach back and take
mine so very tightly within yours.
I just need to know and feel you there
to help me get through this sadness
I'm feeling over a number of things
including not having you right here in person
to hold hands and snuggle sharing sweet kisses.
I'm not sure many kisses I could deliver
or just good they would be because my mouth
is in such radical pain from the canker sores
I can barely talk for a sentence or two
before it gets overwhelming.
So I would just write you little messages
and see if you could guess what I'm thinking and saying
through the looks that I give you.
You are such a dear and beloved Angel
because even in the smallest of ways you
helped make things better sweet dear.

Please my sweet dear as we both reach out
to each other hold my hand so very tightly
and I'll pull you into my loving arms
to give each other deep peace and comfort.
I just want to spend this evening that right now
for me seems off center somehow.
Please hold my hand tightly and I will hold you
telling you I love you on whatever way I am able
and the best that is possible.
Please reach back and take my hand tightly
for comfort as I reach for you and hold hold
you in my pure, infinite undying and caring love for sweet you.

Michael P. McParland

An Aching Awakening

Sometimes I so dread the sleep my sweet dear
even when I am in great need of the rest.
Not always bad dreams as lately they have been few.
It's that sometimes the lonely sadness swings
above you as you sleep steadily descending
just as in Poe's The Pit And the Pendulum
so when you awake all of those feelings come pouring out
hitting you at the time you're least ready
to cope or be prepared.
That was the story as I awoke an hour ago
and was aching so bad I just lay in bed
waiting for it to ease enough that I could get up
in good enough mind and get a few things in order
before I wrote to you sending all of my true love
and warmth with the sweetest of kisses and hugs of strength.
I will make it my dear it's just one of those things
that when it comes and hits it knocks you down.
I love you sweet lady and am here I wanted to
let you know as soon as I could get myself in good enough shape.

Just a very bad awakening of intense
overwhelming emotion and sadness
in how much I miss you and that I am not with my love
right here by my side spending everyday hand in hand
spending time sharing the things that we love.
Such a very deep sorrow for those things that went
wrong and that I know everything with patience
and understanding through our true love can be fixed.
Deep longing from the distance is an extreme
weight to have dropped upon you as you wake.
I love you sweet lady and am fighting along trough it,
I can feel of your loving strength and it is helping
to lift me a lot and give my heart and soul brilliant light.
Thank you sweet lady you are a beautiful Angel
and am amazing woman I'll spend serving and thanking forever.

Then other various hurts and concerns
of varying weight dropped along with it all.
Nothing really to cover here as

they if to be mentioned at all would be
written of in immense detail in a work
of their own.
So don't worry about it now my sweet dear
because you can have pure faith in your heart
and soul that I will stick to my promise
and solemnly sworn word that these walls
will be torn down and only you will get admittance
to my whole world my sweet Angel dove.
A world to share with my Queen where we can express
everything to each other freely.
Have faith my sweet darling your Michael
is not leaving you or slacking off because
you are my true love and Angel I strive to give my very best.
Feel all of my warmth and love sweet Kira and feel me holding you
in deep infinite care so you will know you're not alone.

Michael P. McParland

Come Snuggle My Angel Of Love

The tiredness has hit me hard
in these last 10 minutes my dear
and I do need a few hours rest.
It should only be a few and then I am up again
and here for you if you need and to write
from the depth of my heart, mind, and soul
of all that I feel for you and whatever
may be taking my notice at the time.
I continue coming here for you because
you like and enjoy what I write
and I want to share with you all that is me
the best that I can whenever my dear.
Come snuggle with me my sweet loving Angel
and share some sweet kisses as we wrap up so tightly
to feel comfort and warmth on a cold winter day
and just warm up and soothe each others hearts.

Come snuggle with me my sweet Angel of love
and rest you head on my chest as we drift
into sweet peace in our hearts and souls
just being together spending some time
and for a short bit talking.
I am so sorry my sweet Angel this tiredness
right now is knocking me down
and my mind is cutting in and out.
So please come my sweet darling so I can hold you
as we contentedly rest for a few hours
holding each other contentedly
and feeling the deep peace and warmth
that only being with the one you truly love
can bring.

Michael P. McParland

The Legends Of Notre Dame Football

The legends of Notre Dame
have come and passed through the decades,
now all have become but glimmering memories
remembered as far better than realities outcome
and the echoes are silenced eternally.
Notre Dames greatness forever gone,
their legend and program just dust in the wind.

Michael P. McParland

A Morning In Need Of Your Thoughts (In Your Arms)

Good morning my beautiful sweet Angel
and I give you sweet kisses and big hugs of warmth
to begin this part of the day.
I didn't write a bit sooner because of two
very good reasons,
first I wanted you to get more of the rest you've
so needed praying you'd feel deep peaceful calm,
I suspect you did not rest though so I worry
about your health and know you drive yourself
to far and hard when your body says stop.
Please my sweet lady take care of your health
as you are so precious to me and this world.
I love you sweet Kira and want you to be around forever.

The second reason most likely a foolish dream
and flight of fancy in a very good idea.
A thought of a good poem inspired from two
different songs but in the same vein
of thought and critical take of selfish ignorance around us.
I don't want to give more than right now
incase I so decide to go at it after all.
I have no real talent though and this would
take a lot of meticulous structure and detail at many points
and you've read some of my pieces where it
was there making sense and layed out perfectly
and then reading it after it made no sense
so I even forgot what my point was.
So I wish that here on this morn I was talking to you
so I could get your thoughts,
those of a gifted and intelligent writer.
Then I'd just like to be in your arms because I love you
and want to hold each other.
A simple reason yes but we don't need more reason than that.

I wish you were here this morning because I love you
and need you to curl up in my arms because I just want
you to know and feel that you're loved.
I wish you were here for your thoughts on it
because I would explain all in detail to you

sitting right by my side without critical ears
or those hungry to feast on my idea.
I know your thoughts and help would make something
relevant and good.
So I wish you were here to share thoughts, feelings,
ideas, and techniques on something that is
too intimidating and large at this very moment
to put my mind in and around.
I wish you were here just to sit and enjoy
sweet passionate kisses while spending time with each other.
I just wish you were here because I so deeply
love and miss you immensely and I just want to be
with you going about our needs and pleasures
through the day hand in hand giving smiles
like we used to that said everything that we held
within us without a spoken word.

Michael P. McParland

Taking You Into My Arms

As I finally have risen from that very needed rest
that lasted longer that I expected and have gotten going
a bit though a tad and off center a bit
I'm reaching out to take you in my arms
to assure you I'm here for you and there by your side
to always give you all of my loving care
and concern which I hold for you to no end.
You are my sweet Angel dove and everything
that I cherish and hold dear.
Kira feel my arms around you and all of the
tender and gentle immense true love I hold
for you in all of my heart, mind, body and soul.
You are an amazing woman my Angel Queen.

Even though right now at this point I am not tired
I want to slide into bed next to you to give
all of my warmth and care to fill you up
with reassurance and peace that you're not alone
and I care for you so very much and would
give you the whole universe as a gift of true love
and a trust within it knowing you'd give
all within infinite care and love with happiness to spare.
However it is not mine so I give you my whole world
to share in and explore forevermore.
I unlock the gates of massive defense
around my tender heart to let only you in
to see and feel everything that I do my dear
and I hope and pray that you will do the same for me.
Sweet kisses and deep hugs on this middle night
to give you the comfort you so need and deserve
within your precious Angelic heart of purity and gold.

Sweet sweet Kira my one and only true love
there hasn't been more than maybe three days
in the now fast approaching 17 years since we met
and I'm amazed honestly that there's one
because there's never been a day my heart
didn't feel yours across the distance
and they spoke above any silence,

everyday I worried if you were okay
and how you were doing and where you were,
you've always been my bright center of
loving light within my heart and soul I hold so very dear.
I love and adore you sweet Kira
and am reaching out to take you
in my arms to give you sweet kisses of true love
and big hugs of deep strength and warmth
so you'll know I'm here and that you
have support through all things as I stand by your side.
Kira I so deeply and completely love and adore you
and I will be your forever man because my heart melts
for you my most treasured and cherished best friend and sweet Angel.

Michael P. McParland

Come Snuggle Sweet One

Come snuggle with me my sweet one,
my brain has been slow tonight and the ideas
don't quite form or don't come together
so you will know what I mean and am saying
so I'm truly sorry my dear that you didn't hear
more from me up to this point.
I need to lay down for a short bit
to rest my weary body and mind.
I don't think I'll end up going to sleep
for the night and I will write to you as son
as I get myself together and am able to think.
Come snuggle my darling and share
the sweetest of kisses.
I want to be with you sharing life
because that is truly everything
and I want to have everything with my beautiful Kira
so wonderful and deeply charming.
Come snuggle my sweet one and just rest your head on my chest
feeling deep comfort and care.
I will hold you so close and make you feel safe.

Come snuggle sweet one I so want you by my side
in each others arms feeling so warm, close,
and truly protected and safe in the love you
show and give me with every ounce of your heart and soul.
Come snuggle with me my sweet Angel dove
while I take this short time to give my mind rest
and become clear so I can write for you
and be able to accomplish some other things.
I love you sweet Kira and truly miss you so badly,
please come snuggle my sweet one
so I can finally know and treasure in every way
what it is like to be holding the person you love the most
feeling loving peace fill your whole body.
Come snuggle my sweet one and I'll hold you so closely
to tell you your special and important.
Kira I love you so much I am close to bursting
from it's immense depths.
Come snuggle sweet Kira and feel all of the

unconditional and undying love I have for you in my heart and soul.

Michael P. McParland

An Evening Spent Snuggling And Talking

Evening is here now my dear and through
the whole day I dreamed of holding you
and talking as we just spent time with each other
sitting up in bed and snuggling
as you rested your head on my shoulder
while I rubbed your back and stroked your hair.
A day spent sitting in bed relaxing with you
and now as evening is here I still dream
of us snuggling here and enjoying the evening
talking, reading, watching a movie,
laughing and smiling all the while with
my beautiful Kira I so adore and my heart truly melts for.

I would love to be spending the evening with you
so I could tell you about the things that I'm feeling
and are on my mind in many ways,
an evening spent where you'll have someone
who truly cares and wants to listen.
I want to know everything my lady to share in the joys,
be there to hold you as you let go the sorrows
and help you to feel safe when you are ready to share your fears.
An evening spent snuggling and talking feeling
peaceful content as we give
our trust in true caring love to each other.

An evening where after we've talked our selves
out for awhile we can sit back with a movie
that you have picked out and the hours
can just drift and pass into the night
as we just got lost in the joy and magic
that we have together sharing a bond
so very strong and has lasted through so very much
and I have not a doubt it will
continue to be there growing even stronger
and stable as we continually work
for and through things together.
I love you sweet Kira and wish you were here
to be spending time with on this evening.

I long for you Kira and yearn to
have our sweet time together in pure joy
feeling fulfillment and always giving
our everything and all to each other
supporting with all of the true love
and devotion we hold inside us.
In spirit tonight my sweet Kira I will be holding you,
I will continue to fight those patches
of tiredness that have hit at times
and I have beaten them so I could be here for you.
At times it's what's slowed down my mind
and made getting ideas difficult my love.
I'm sorry about that but will write you
when the ideas come clear through.
I Ewan to tell you I love you because
it is something you need to hear
and it's something I need to do and say often
so I can feel peace not worrying I'm leaving you hanging.
I will be here for you my sweet lady
and right there beside you holding you
tightly and lovingly.
Soon my sweet love I know that we will have
our time of joy in each others arms.
Hold onto the faith and the hope and feel all these
sweet kisses of true love and big hugs of strength
to give you reassuring warmth to give you peace.

Michael P. McParland

Passionate Kisses Of Deep Care

I send such passionate kisses of care to you
Kira my gorgeous and beloved sweet Angel dove.
Passionate kisses of deep longing to be with you
spending time talking and holding each other
so close and tight sharing our infinite warmth.
I send you such deep passionate kisses of deep care
because I fear you are aching and feeling down.
I send such passionate kisses of deep care
to reassure you that you're not alone
and that if you are in need of anything
no matter what I am right here and will drop everything
to help you with anything.
Such deep passionate kisses with that in my heart
and soul which I'll only ever share and show to you.

Kira I care for and miss you and I hope and pray
that you know truly within your sweet heart
that I always give you my very best.
Even if I am upset, brooding, hurting
or going through and of my 5 trillion mood swings
I want to make you happy and proud
and will never have a desire to hurt you
because the things that have been said and done
to cause you pain burn in my mind, my heart,
my soul, and the pitts of my stomach making me sick everyday.
You are an amazing woman who deserves
the care of infinite true love and the best of the world.
Kira I send you deep passionate kisses
of deep care and warmth to give you peace
and calm your dear heart with the love that I send.

I send you such deep passionate kisses of
true love and care because I want you to have
ease in your soul so you can relax in true
confidence and faith that nothing bad will happen from me.
I won't suddenly disappear or turn on you
becoming something that I despise and would harm you.
I send you these deep passionate kisses
of true love and warmth because you need and deserve

the peace of mind and heart to get your deep needed rest.
Never forget Kira that through all these years
I waited for you and our time because it's you that I want.
I truly treasure you and wish to be with you through all eternity
honoring you as the Queen I adore and admire.
Kira I send you these deep passionate, caring, warm,
and tender kisses to you because you are my Angel
and the greatest woman there's ever been.

Michael P. McParland

Love Note 373

Good afternoon my sweet love
and how are you my dear one?
I pray you are well and wearing
a great big shining smile for me.
Sorry I was absent for a bit,
after a calming, relaxing,
and refreshing shower I struggled along
at eating a bit of food.
Canker sores all over my tongue
and a few else where too,
and while fighting through that
I started talking to other Ohio State fans
on Facebook about Fridays games.
Yes I am scatter brained and easily
distracted today.
I am sorry my dear and send you sweet kisses
to cheer you up and know
I'll never ever forget about, ignore,
or abandon you my dear and treasured precious best friend.
You are always in my heart
and on my mind because you are my Angel
and eternal true love.

I am thinking and dreaming
of a day with you in each others arms
surrounded in complete warmth and love
that we feel, carry, and give to each other.
Rather it would be here where I am
or at your house wouldn't matter
as long as we were spending a gorgeous day together.
In spirit I am holding you ever so tightly
and even though the tiredness is hitting
me very hard at points I am and will fight along,
I want to truly be perfect for you in every way.
You are my northern star who fills me with light
and when I disappoint you I get so angry at myself.
I will always fight hard for you
giving everything in every way.

Feel all of my warmth and love
as I send it to you and walk by your side
hand in hand always to no end.
I just want to live a life of true happiness
with my true love supreme
and best friend who loves me just the same.
I love you sweet Kira
and will be here and right beside you.
Feel comfort and peace within
your heart and soul knowing your Michael
will always be yours and give my whole life
freely and in choice because I adore you
and my heart melts in the immense love that I feel.

Michael P. McParland

A Late Morning In Your Arms

We're now here in the later half of the morning dear
and I wish I could spend not just the whole morning
by your side in each others arms but the whole day as well.
To mostly just sit up in bed relaxing after a fine
shower I need to wash away this tiredness
and sick that has been afflicting me.
Afterwards just sit up by each other and listen to music,
it's all I've wanted to do these last days
and what better than to listen to ones favorite music
than with your Angel and one true love.
A late morning in your sweet arms and through the day.
Kira you are my dream and sweet one and I want you forever
to be holding me while I hold you back
never thinking of letting go or pushing away.
A late morning spent in your loving and caring arms
my sweet Angel dove.

I wish you a truly wonderful and bright
good late morning Kira my gorgeous one
as I send you sweet kisses with millions of smiles
with the warmest of hugs for your heart and soul
so truly precious in their tenderness so rare.
Smiles, kisses, and hugs to say I love you so much
and long for a late morning and entire day
in each others arms snuggling, relaxing,
and doing a few light things,
to be with you on this late morning is what
I want and need to make all liefs stresses seem small
and to snuggle with after a shower of refreshing power.
I love you my lady and send kisses so passionate and deep.

So just close your sweet sparkling eyes my dear love
and see my loving looks and smile and feel all
the deep caring tender love as it floods your heart
and fills your body and soul.
Remember in all of your instincts and senses that
your Michael loves you profoundly
and would do anything to see you happy,
protect you and just see you proud and smiling.

I am your man filled with pure loyalty
because it is true love for thee my dear Queen.
It always has been and will always be.
So just share this dream with me and the deep feelings within
of a late morning through the whole day
in each others arms just spending time because it is love
and that's what we want.

Michael P. McParland

A Peaceful Morning

A wonderful and loving good morning
to you my precious sweet Angel dove
and I pray that the snuggle in spirit
as well as all the warmth and love that I send
helped you relax this morning and get
any extra rest and calm that you've needed.
Feel light and joy in your heart
as I hold your hand in mine and you so close to me.
A gorgeous good morning to you Kira
the woman I so deeply love and my heart melts for
over and over everyday that there is.

This morning would be perfect to sit
in a peaceful feeling with you curled up in my arms
as you drank your morning coffee which
I would have had prepared and ready as you like
right for when you woke up.
A peaceful morning sitting up in bed with you
would be the most wonderful dream come true.
Just having you in my arms snuggling
sitting up in bed as we woke up steadily
talking before the day had to get moving.
A peaceful morning in my Angels arms
is keeping my heart glowing and calm right now
as I'm also surrounded and filled with
warm loving care that you send.
A peaceful morning spent with you is the dream
and prayer that I'll keep in my heart
as the morning hours pass.
A peaceful morning with my Kira I so long to be with.

I send you such deep caring kisses to you
on this morning sweet one with great big hugs
of comforting warmth for you to wrap up in
and feel all of my strength and loving care
as you go through this day.
They hold this hope and dream of our peaceful
mornings that will come and how happy we'll be.
God bless you sweet Kira to have cheer in your heart right now

and to knows that I love you eternally so.
Feel me beside you smiling so lovingly
and holding you tightly.
Kira a peaceful morning with you is one
of the many things I can't wait for.
Let's share that sweet dream together now
to make it easier to pass these morning hours.
I love you my darling and am so longing for your company,
feel all of my warmth now as I reach out
to so warmly and lovingly hold you.
Have a great morning my dear darling and feel all
of my loving strength surround you in deep tender caring.

Michael P. McParland

Morning Note 154

A very early and wonderful
good morning my love to beautiful you.
I send you sweet kisses
straight from the most tender
and loving centers of my heart and soul.
I send them to you with
great big hugs of true and deep
loving warmth to start
your day with a smile knowing
you are so cared for and loved
right from the start.
A very early good morning
to beautiful you my Angel
I so love and adore.

An early morning right now
where there is no rush so I wish
I could just lay beside you
pulling you in for a deep kiss
and a snuggle of deep warmth.
Just a morning to snuggle and rest
while you rest your head on my chest
while I rub your back and stroke your
long beautiful hair just relaxing
and lightly talking telling you
you are so special to me and you
are a blessing I'm so thankful for.
I love you sweet Kira you are a treasure
and I want to be with you forever and ever.

So a very good early morning
to sweet beautiful you.
I wish you were here so we
could snuggle in together
for a little while longer.
I would give anything to be with you
and holding you tightly my one
and feel my arms around you in spirit
holding you as I can right now,

I'm sending you sweet kisses
as well to give this early morning
the best possible loving feel.
You my sweet Kira truly are
so very wonderful and beautiful
and you truly are my everything
and why I got up on this day.
Feel my hand within yours as I take it
so lovingly and firm
and be filled with deep reassurance
that I will stand by you
and be only yours for the rest of time.

Michael P. McParland

Middle Night Kisses Of True Loves Warmth

A very wonderful and warm good night
to you my sweet dove in this middle night hour.
I've been up for a bit but I had to work hard
and wait to get my head clear and in gear.
I was so exhausted that my mind got lost while I was asleep,
it took me around half an hour laying in bed
trying to remember and figure out where I even was
or just what was going on.
All clear though now my dear and as ever
my heart turned to you to call out and say
I love you my sweet Angel dove
and you will always be my crown jewel.
If you were worried that I had disappeared
I can always assure you I never will.
Even when you are mad or upset with me
I will be here and right by your side holding your hand.
I send you these middle night kisses of
true loves warmth to give you deep reassurance
and comfort that I am forever faithful.
I'll always remain dedicated to you my gorgeous Angel.

As soon as my mind got clicking again I
reached out to you in spirit so you would know I was there,
I was sending you the sweetest kisses
right away because I worry about you
and want you to have peace and comfort always.
I love you sweet Kira you are so very
dear and important as my true love and best friend.
I always worry and wonder about how you are doing,
you are my Angel and I love you to no end,
you're everything through all time that I want and I need.
You are my best friend and to share true love with you
is the greatest gift anyone can receive from God.
I send you this great big middle night kisses
of true loves deep caring warmth and pull you
in for a snuggle for pure peace and comfort.

Please my sweet Kira just know that I truly love you
and will always stand by you giving

unconditional love and infinite support.
You are my beautiful soul mate
and I always do my best to make you happy
though I often screw up.
I assure and promise you though
that my wants and intentions are pure.
There is just true, pure, tender, and gentle
love for you within my heart and soul.
I adore you sweet one and long for your hand
so we can spend everyday together having fun,
fighting for each other and growing as better people.
Feel my deep love as I send you these middle night kisses
of true loves acceptance and warmth and feel
true comfort and peace as I pull you in to snuggle
the rest of the night through.

Michael P. McParland

Love Note 372

Good evening my sweet love
and I hope yours has been well
and filled my deep loving warmth.
I am in pain and frustrated
with a few things so mind
is spinning around in one of its
direction less loops
so I'm sitting here trying to do
little things that calm and relax.
I love you so much and wish we could talk,
I feel so very lonely and just want
to feel your warmth and love.
To feel your armed around me
as I closed my worn out eyes.
I truly send you sweet kisses
of all the deep caring love for you
that I will be eternally feeling.
Open up your sweet arms
and hold me so tight my sweet one.
Please rest with me as I close
my painful and hurting eyes.
I truly love you and pray
that so soon our sweet dream will be here.
I adore you sweet darling and for you
my heart is aching and melting
in my infinite care and true loving.

Michael P. McParland

So Very Beautiful

You my sweet darling truly are so very beautiful
which in a universe of ways fills me
with burning passion and tingling.
You are so very beautiful on the outside and in that
it is so very hard just where to begin.
I'm not sure what I noticed and took me first when we met,
the gorgeous being before me or was it
the spirit, heart, and mind that so truly shined forth.
Even now I'm not really sure I just know you're
so very beautiful and I love you so much.
You are a beautiful woman I want to spend my life with.

You are so very beautiful and you need to realize it
because it tugs at my heart and makes me feel sad
when I have heard you say or you've written
that you are not beautiful,
it hurts my heart because I see in every way
what a gorgeous woman you are.
A true golden heart so filled with love
but you have put up walls because you have been so hurt.
Don't you know and see I understand that completely?
You have the soul of an Angel that is pure
love and light and I know that because it touched mine
right away when we met and I trust my reads at the start.
I knew I had met an Angel and precious beautiful soul.
You are so very beautiful my sweet Angel dove.

Your intelligence is a major point of admirable
and source of tingling beauty.
Looks and no brains is not attractive
and you've got good looks and intelligent brains in your head.
There's almost nothing sexier or alluring
than a woman with her own thoughts and opinions,
one who can form deep thoughts on their own
and seeks knowledge freely in every way when she can.
You're so very beautiful and you're missing
so many of the things a decent and smart man looks for.
You have personality so bold, beautiful and diverse,
it jumps out with such depth most can't comprehend.

Kira you're so very beautiful and you are amazing.

I've said it before and I'll say it again that you have
a natural beauty that blows me away,
makeup on you would be a sin and makeup covers up
true beauty and hides it so much of the time.
You shine forth as you are and I so love that about you
because I always get to see my beautiful woman
as she truly is gorgeous to no end.
Big sparling eyes that keep wonders I can only
begin to imagine and dream,
a bright smile that fills me with warmth,
long hair I just want to run my hands through
as I kiss your soft lips while holding you,
and you have a beautiful body that makes me feel
filled with excited butterflies.
You are so very beautiful and the only true Angel
I so want and desire in every way imaginable in existence.

So as I sit here in the quiet thinking of you
and writing these feelings and needs within
I just want you to know in point
that you are so very beautiful
and you are the sweetest most amazing woman
whom I want to be with forever and ever.
So feel my arms around you and my body against yours
as I hold you so tightly telling you that I love you.
I simply adore you and my heart melts completely
whenever I think of just being with you.
I love you sweet Kira my sacred Queen
and remember that you truly are beautiful
and you are the only one I have eyes for.

Michael P. McParland

A Warm Snuggle 2

As my heart calls out to you on this afternoon
I reach out as well to pull you in
for a tight hug of true loving warmth,
so you can just rest your head on my shoulder
and release anything you need or just relax.
I'm reaching out for a warm snuggle
of deep loving and peaceful comfort.
Hear my hearts call and feel its solid beat
all the way from here just for you.
I'm reaching out to tell you I love you
and share a long snuggle of deep love and caring.
I love you sweet Kira and I want you
to know that truth completely in your precious heart.
Come my sweet darling and curl up in my arms
sharing a sweet afternoon of tenderness
and deep satisfaction as we just sit together snuggling tightly.

Michael P. McParland

Tired Afternoon Hugs And Kisses Of Warmth

As I rise from that desperately needed
sleep this afternoon my dear I send you
tired and warm kisses with hugs full of infinite love.
Tired and caring afternoon hugs and kisses
with a deeply aching heart so in want
to have you here in my arms to spend the day
together in lightness and joy.
I send you these tired afternoon hugs and kisses
so filled with care and love so you will know
I haven't gone anywhere and I'm not going to.
I am by your side forever my dear and I ache so much
to be holding you and feeling your loving touch.

I woke up a short while ago but needed to just
lay here for a short bit with my music.
My eyes are not clearing up and I just miss
my one and true love Kira my beautiful and adored
sweet Angel dove whom I share such a deep bond.
I send you these tired afternoon
hugs and kisses of warmth to say I love you,
to let you know that I miss you my sweet tender Angel.
I dreamed of you while I was sleeping
and it was just spending time and talking with you my true love.
That's all I want on this day and to tell you
the things I can't and will never say here.
I wish you were curled up in my arms as we shared the whole world.

A very tired good afternoon to you my sweet Angel dove,
I love you my Queen and truly do try my hardest and best for you.
I want you to be happy and fulfilled always,
I want to be giving and deliver the love to you
that you deserve every second, every minute,
of everyday through all time.
I will always be there for you my blessed Angel from above,
I get enjoyment from serving you in the giving of love,
and seeing you receive true enjoyment and pleasure
above and before me is wonderful.
I love you sweet Kira more than anything
and I'm sending you these tired afternoon hugs and kisses

so full of warmth with true loving care.

Michael P. McParland

Come Lay With Me This Morning

Come lay beside me sweet one on this morning here,
I am so tired but doubt I'll fall asleep,
and even if I do I doubt it would be for long.
My eyes are hurting and my vision is partly blurry
and I just want to lay in the comforting arms of my lady.
I just lay in bed holding each other
while I rest my head on the inside of your shoulder
as we talked just a bit so calm and loving my dear.
Please come lay beside me so we can just hold each other
feeling deep warmth and reassurance.
Kira please come lay with me this morning
because I just want to be in your sweet arms
feeling all of you caring, love, and deep strength.

Michael P. McParland

Morning Note 153

Good morning my sweet Angel dove
and I pray you felt all of my loving warmth
last night to give you deep peace,
I hope you felt my arms around you
to give you sweet comfort as you slept.
I send you sweet morning kisses
and hugs of deep loving warmth
to start your day off with a smile
and so you'll know as ever
I'm right there by your side
hand in hand my sweet dear
as I hold you close and say
Kira I love you so much
and I do my best,
I've promised I won't give you
any less because you are my Queen
and best friend whom I give
my whole life to and everything.

If you are upset or angry
at me I'm sorry but I just couldn't go on,
I didn't sleep well but I need
to lay down at least for a long while
and my eyes are killing me sweet one.
They're hurting and still tearing up at times,
I think I may have double pink eye
and I can't make it to the doctor
so I'll just have to tough through it.
Please don't be upset I've promised
you I'll always stick by you
forever and ever and never abandon you.
I love you sweet Kira
and hope that so soon we'll be reunited.
So we can wake up on each morning
and smile at each other saying
I love you my darling and I am so grateful
for you and all the time we'll have together.

A truly good morning to you

my sweet Angel dove and feel all
of these sweet kisses, smiles, and warm hugs
I send to you.
Feel me there with you
and please have faith and believe in me.
I love you sweet Kira
you are the only Angel I want to be with forever.
Feel all of my love as it fills you up
and never forget your Michael
is loyal to you and will fight for you
in every way with total pure and true love.

Michael P. McParland

Sunday Night Dreaming Of You

Sitting back in bed on this Sunday night
and I am thinking so very much of you my sweet dear,
how I long to be beside you just feeling you near
and to share all the things that we hold dear.
I've spent the better part of the day making
play lists of all of Falcos albums if you would be interested.
I've gotten through the first five including
all the rare tracks, singles, and B sides I could find.
I just wish you were here to share everything
spending time with each other coming closer together.
I miss you sweet Kira and am spending this night dreaming of you.

I'm just sitting here still feeling so very weary
with my eyes not doing as badly but still not well either.
I just want to lay back with you
and snuggle up in you deep comfort
unleashing and feel your tight squeeze around me
as you hold me so close as we kiss
all the while sharing smiles of joy and bliss.
A Sunday night beside you feeling your touch
is what I need so bad in my soul and heart.
To just feel your hand touch me and a deep kiss
that just says I love you is what I am aching for all over.

So I sit here on this Sunday night so very tired
and longing for the woman I love and admire,
worry not though my lady because you give me a smile
and making those play lists for you makes
me happy to be doing something to show you my love,
even if you don't want them that is okay because
I know our love is not changed and just as supreme.
I love you Kira and hope that you're feeling
all of my loving care and feel me in spirit holding you close.
You are safe and not alone in the least,
I am here for you always my darling and I will
do anything to make you happy.
You are my lady and darling sweet Angel
and don't forget your Michael will never let anyone or thing harm you.
I will forever be your King, Knight, and humble

loving faithful hopeful husband.
Fear not my sweet lady and may God bless you
because you are a sweet soul that deserves the best rewards.

Michael P. McParland

Love Note 371

A very early good evening
to you my precious sweet darling.
I'm sorry I was silent for a good while
but I lost track of time
when I found something interesting
I've been wanting to find for awhile.
I found a site that had quite a few
English translations for Falcos music
and I was copying them over
and never looked at the clock
or put much conscious thought to what
surrounded me love.
I did think though dear how awesome
it would be to share them with you.
Unfortunately no translation
for my second favorite song I adore,
oh well all good things come in time.

How has your day been my sweet one?
I hope you heard and felt the beating
call of my heart as it sent you my warmth.
I hope that you know and take peace
in your heart with mine and Gods
reassurance that I'll always be here
and stand beside you.
I hope through your whole heart,
mind, soul, and body that I am your Michael
forever and ever.
You are my beautiful Angel
and if I ever lose you my dear
I know I'd lose my mind fully and couldn't handle.
How could anyone ever move on
or truly along if you lose the greatest love
and most important person you've ever known?
I am right by you forever
because you are a blessing, a gift,
and my Angel best friend sent straight from heaven.
I want to celebrate life with the most
beautiful woman for eternity.

So my sweet dear feel all of my
loving warmth and care as I send it your way,
feel my arms around you giving sweet kisses.
Right now my eyes are still doing well
and I'm going to read dreaming your beside me
snuggling away.
I'll still be writing you as we
go along through this night and evening.
God bless you sweet Kira
you are my true love whom I desire
in every way with the purest intentions
and I want to tell you that you are my everything.

Michael P. McParland

Warm Kisses And Hugs

I send you very deep and loving
warm kisses and hugs to you on this Sunday noon
my beautiful and treasured sweet Angel dove.
Right now my eyes have cleared and are working fine
so I wanted to write you right away to send
you my sweet kisses of care and true love.
I would give anything to be holding you now
as I've just sat here and listened to music all day,
which is one of my favorite things to do
and I would love to be doing it with you.
I send you sweet kisses of love
and big hugs of pure warmth.
Know that I love you and am concerned
and wondering just how you are.

I am thinking of you sweet Kira and reaching out
in spirit to hold your sweet hand and pull
you in for a snuggle of care that fills me up
and has not an end.
I'm sending you sweet kisses and hugs of
true love and pure warmth so you will know
always the sincerity of my heart and words.
I pray to God daily always asking that he keep you safe
and always assured that I am your man.
I ask him daily to bring us to our needed path
so we can reunite and have joy in our hearts.
I love you Kira and am sending sweet kisses of caring love
and massive hugs of pure warmth to wrap you up
in peaceful reassurance that your Michael so loves you
and will forever stand by you as your faithful King and Angel.

Michael P. McParland

Sweet Sunday Afternoon With You

How I wish you were here my sweet dear
to spend this afternoon in each others.
I for sure have a cold or double eye infection
because my eyes won't stop watering
and I would love to just sit with you talking
and today I would need you to read
as my vision is blurry somewhat around the edges.
I wish I could spend a sweet Sunday afternoon
in your arms just relaxing feeling comfort and safe.
I pray that soon those days will be here
because I miss you so much and so many days
seem so bleak without my Angel in person right by my side.
I wish you were here my sweet Angel dove
to kiss your forehead and cheek so in case it's a cold
I wouldn't pass it right on to you.

A sweet Sunday afternoon with you is what I so want,
to just hold you so close and be surrounded in love,
to be with you today is exactly the calm I want and need,
to just rest my eyes as we snuggled so calmly.
I need a sweet Sunday noon relaxing in full
with my only best friend and true love.
I want to spend time with my lady
the most beautiful Queen and Angel in history.

A sweet Sunday with you is what I will be dreaming of
the entire afternoon, into the evening
and through the night too,
I promise I will write as my eyes permit,
they clear up for awhile and then
go haywire and wonky again.
Remember I am right there beside you giving
you all of my infinite love warmth and comfort.
A sweet Sunday together though is what is so truly needed
and I will always fight for you and never
give up on you or our dreams my sweet Angel.

Michael P. McParland

Morning Note 152

Still trying to get fully moving
on this weary morning my darling
and am slowly going about it,
it would be the perfect morning
for you to be here with me
just sitting next to each other
feeling so warm and cozy as we held each other.
As we just talked and sat silently
taking in the love that surrounds us
and makes us so happy.
A weary morning to just sit back
and slowly wake up would be
the greatest blessing and gift.
I love you sweet Kira you're so very missed.

I'm about to get in a nice
refreshing shower and perhaps
that will wash away the last of
last nights feeling sick
and this tiredness that sticks.
I pray it will give back
some of my strength.
I wish you were here to hold
and spend time with afterward
to sit back and read or just close our eyes.
How wonderful it would be
to just hold my lady.
So I shall now get done what I need to
and write you soon afterward.
I love you my darling
and feel all of the warmth and love I send you
because you are amazing
and I want you to know you are my Angel,
universe, and everything.

Michael P. McParland

An Early And Weary Good Morning

A very early and weary good morning to you
my beautiful sweet Angel dove.
I didn't sleep well and think I'm getting another cold
but I'm going to fight through the day
the best that I can and be here for you.
I promise I'll give you my best as I always do
because I love you so much and want you to know
that I care so much I'd give nothing less.
Sweet good morning kisses to you my sweet dear
with a great big hug of deep loving warmth
to start your day off knowing I'm right by your side.

As I sit back this morning trying to wake up
I'm listening to Falcos album Junge Romer
for it's a smooth one that still carries kick.
The perfect side kick for this weary hour,
as well as your loving warmth with your memory which make me smile.
I reach out to you to hold you so close
while saying I miss you sweet one and want
to be snuggling with you right now.
It's early morning and I am still so very tired
but I wear a weary smile thinking of and feeling you
my sweet darling Angel Kira.
Feel my hand within yours as I take it within mine,
I stand with you always because you are my woman
so truly adorable and amazing.

A very early and good morning to you
my sweet and truly beautiful precious Kira.
Think of me this day as I will be thinking of thee
carrying a prayer in my heart as it sings.
Give me a smile so I'll see my sweet Angel shining,
you're not alone my dear darling.
I love you my lady and hope soon you will be here
because I so long for the joys that will be shared
with my partner, my best friend, and my soul mate.
I can't wait ti spend each day with my Queen and Angel.

Michael P. McParland

Goodnight My Sweet Kira Angel Of Light

Goodnight Kira my sweet Angel of love and light
I'm still not feeling totally well from
my hypoglycemic spell and ask if you'll
come join me right here in bed.
I want to snuggle and nuzzle sharing sweet kisses
so very deep and tender filled with true love
we both feel and share in abundance.
Come lay down with me darling and get
some sleep that's so deeply needed.
I want to hold you as this day has ended.

Come curl up in my arms so I can hold you
so close and tight through this whole night,
I truly need your loving warmth on this one.
I miss you sweet lady and for a number of reasons
I'm feeling quite sad and like a bit of a failure.
I want to hold you and tell you how much I love you,
just stroke your long hair and rub your back
as you rest your sweet head full of such wonders upon my chest.
Goodnight my sweet Kira Angel of light
I will be with you through the whole night.

I'll see you tonight in the land of dreams,
I want nothing fancy just a place for you and me,
to sit and relax pondering our wonderful future,
focus on the light and none of the dark.
I want to sit by you holding your hand
and with my arms around you.
Tonight my darling in our sweet dreams of light
where I can be with you my sweet Queen
over whom I delight.

Goodnight Kira my sweet beautiful Angel of light
and I ask if you will come lay with me on this night.
I'm so in love with you and want to spend
each day of the rest of time with you.
Feel my arms wrap around you as I tell you I love,
I'm right there beside you forever and always
so feel deep and true peace as it fills you.

Goodnight Kira my sweet blessed Angel
curl up beside me so we can fall asleep holding each other.

Michael P. McParland

Come Lay Beside Me 2

Come lay beside me my dear,
not to sleep but relax together for awhile.
I just want to lay with you and feel you so close,
just be surrounded in the glow and warmth of our true love.
We share a bond so very special
and nothing so far even we in our worst times have broken it,
and I know it's because of the care that we hold.
I love you sweet Kira more than anything
and I know with no doubt you love me too
and just as much.
come lay beside me so I can hold you and talk,
Kira I want nothing more than to be apart
of a wonderful woman's life.
I hold no outrageous demands or expect you to carry the load,
I just want to have you by my side as we fight for
and support each other the whole way.
Come lay with me darling and curl up in my arms.
It's not yet time for sleep but snuggling
with the one we so love.

Michael P. McParland

Evening Time Thoughts

As I sit here still trying to in full
get feeling better I my hearts calls out to you
as I send all of my loving warmth and care
to wrap you up in reassurance and peace
that my heart, soul, thoughts and prayers
are with you always my dear.
I of course think of other things through the day
as like other people I get busy
and my bipolar mind will often run
a million different ways a million miles an hour.
However there is always that piece of my
thinking of and holding you as I stand by you in spirit,
I never leave you in any way fully.
Even when life is hectic and I am struggling
with my many mental conditions I feel deep care
and gentle tenderness within me as I send out
all of my love the best that I can.
I want you to know that I care and I would never play
with yours the sweetest heart that there is.
These are just some of my evening thoughts.

I feel such deep and overpowering love
that it so overwhelms me at times.
I'm tired of being called crazy by others out there
and I can't always just ignore it.
You accept me and try so hard to understand me,
when you want to be you are the most loving person
that I have ever encountered and I love you
for your strength and so admire your courage,
to me you truly are an amazing woman and inspiration.
I love you sweet Kira and I wish I could hold you
here so very close on this evening
and help you understand so much to you
the very best that I can,
and I pray you would open up to me.
Only when you're ready sweet dear
I would not push you and reopen old wounds
that are not ready to be shown.
Just some of my thoughts my sweet Angel

on this evening around us.

So I sit here in my many thoughts
as they mostly just wander between this and that.
The one thing though that always remains
so very strong and set in steel central
is the love that I feel for my dear lady
and I know that you are my soul mate.
I ask always for God to bless you
because you need and deserve to know
that you are cared for and loved so very deeply
and that you need to realize you're not alone
because I your Michael will always stand by you.
I believe in you darling and have infinite faith
in your strength and deep care of all encompassing loving.
I love you sweet Kira I'll never abandon you
or do anything intentionally to hurt you.
You are my sweet Queen and my blessed Angel,
I love you my dear darling and in spirit I am holding you.

Michael P. McParland

Love Note 370

Good evening my sweet Angel dove
and I'm so sorry I was quiet for so long.
Please don't be upset I sat
and worried about it over the last little bit.
Earlier I closed my eyes for a while
and got a bit of and rest
but when I woke up I almost
immediately went into a very bad
hypoglycemic and low blood sugar state
and I've been spending the last
hour to an hour and a half
waiting for my body to come back together,
I'm still feeling a bit shaky
and I'm worried you're upset
in some way maybe thinking
I don't want to write for you
or those other things that over thinking
can bring about.
I love you sweet darling
and you shouldn't worry
because I'm always with you
giving you warm caring smiles
and sweet kisses.
I'm sending you all of
my love and warmth my sweet Angel.

Please feel no fear and not
a worry in you sweet precious heart
my darling dear,
please just give me another half an hour
for the last of this shaking to stop
and for my mind to come back together
as much as mine ever can.
I love you so deeply and in spirit
I am holding you closely.
Please have faith and believe always
in your Michael because
I'll always believe and have faith in you
my sweet beautiful Kira.

Michael P. McParland

Sending Sweet Kisses

I'm sending sweet kisses with big hugs of warmth
to you my sweet love on this afternoon,
I'm sending sweet kisses to say I love and miss you.
I can feel your love here as you send it too
and I thank you my dear as it helps give me some calm.
I send you sweet kisses to fill you with warmth
knowing you're not alone because I am with you.
I'm sending sweet kisses because you are the best
and I just want you to know how I feel.

I'm sending sweet kisses with big hugs of warmth
so you'll know and remember your Michael's right here,
my heart longs and aches to feel your sweet touch
as we just hold hands and snuggle or lean against each other.
I pray that so soon you will be in my arms
so I can tear down the walls and share my whole world.
I love you my darling and hope you know
I will never push you away, reject you,
judge you, or treat you as anything less
than the Queen and Angel for which I see and adore in you.
I'll never leave you or intentionally hurt you
because are so special and I want to give you
the best forever and ever.

Michael P. McParland

Longing On This Afternoon

As I sit back here in my bed reading
I long so very much to have you
sitting right here beside me.
Just to have you right here and feel your warmth
as we just enjoy this lazy day
hand in hand in each others arms.
I long so much for you and to hear your voice,
to be in your arms and just share the day as it goes along.
I miss you sweet one and want you near
because you are the one I hold most dear in my heart,
your sweet soul is the one I feel strongest above them all.

I yearn for your company and to see your sweet smile,
I long and yearn to see your sparkling eyes,
eyes that when you feel safe and want to
reveal such universes of thought, love, deep feeling,
so many wonders inside you my sweet woman.
I miss you so deeply and all the love, light,
intelligent conversation and thought that you brought.
And I so miss the tenderness I felt as I stood with you
and then suddenly we'd look up at each other
and say I love you sweet Kira and I love you sweet Michael
with the biggest of smiles.
We've been in love here on earth since the day that we met
and many millenia before we came to earth.
I miss you my Angel and long for you caring presence right by my side.
I'm longing for you because you are my Queen
and I adore you in full.

I love you Kira more than any human can comprehend,
I can't even describe and illustrate
in a single way just how I do.
Just trust and have faith that my heart and soul
will forever and ever be yours to no end.
I long for you darling because you are my true love
and my best friend and I need no other friends
outside of you and my family,
as long as I have my sweet one I will be so fulfilled and happy.
Everyday working my best to make you so happy,

I want you to always be proud of me.
You have so much love in your heart that people have stole
and I wish to show you such love that you have in return.
I love you my darling and long to be holding you closely,
know I am with you and will always be supporting you
with true love and care unconditionally.
I love you Kira you are my everything
and I want to be with you through all eternity.

Michael P. McParland

Good Saturday Morning My Sweet Angel Dove

Good Saturday morning to you my Sweet Angel dove
and I pray that you slept well and are having
a bright, warm and loving morning.
I pray you felt surrounded by all of my warmth and love
as I was sending it and holding you the entire night long.
I miss you so much I just layed here for awhile
wishing you were here and wondering just how you are.
I love you so deeply and want you here by my side
so I can just reach out and hold you when you need
and at random times.
I want to give you sweet kisses so full of kind caring love,
I want you here to give you all of my love.

Good Saturday morning my sweet Angel dove
and how I wish you were here to spend the day with.
There isn't anything happening it's just
a lazy one,
the perfect day to sit and talk, read,
and watch movies with my only one.
I wish you were here because I want to talk,
not about anything serious just what's going on
in the world and in our lives.
These days are so empty without you sweet one
and I would give anything to be spending them with you.
You are my Angel and a being of true joy,
I love you sweet Kira I so deeply miss you
and wish you were here.

A good Saturday morning to you and I can feel
all of your loving warmth and sweet care.
I thank you my dear because in so many ways
it helps me get through,
you keep my heart beating with hope, light, and joy.
Kira you are everything, I want, need,
hope and pray for in my life.
True love is a blessing and amazing gift
and I don't want to lose you because
you are my everything and truly the best.

A very beautiful and loving good Saturday morning
to you my beautiful sweet Angel dove
and as ever remember I'm right there by your side.
I'm sending you all of my warmth and love
and as ever I'm holding you close rubbing your back.
I'm sending you smiles and endless sweet kisses,
Kira I love you and feel me holding your hand
because you're not alone and I'll never leave you.

Michael P. McParland

Curl Up In My Arms 2

Goodnight again my sweet love
and come curl up so cozy and tight in my arms.
Let's share some sweet kisses before
we close our eyes to sleep.
Come my sweet lady I love you so much,
just rest your sweet head on my chest
and I will hold you so close
giving you all of my love and warmth.
Come my sweet Kira I want to hold you tonight,
I want to hold you every night with you in my arms.
I want to be with my lady forevermore.

Come my sweet love and curl up in my arms,
I want to give you comfort and deep reassurance
that you're cared for and loved.
I feel for you so very deeply
and dream of spending this life with you my dear sweet Queen.
I want a true partner that is my best friend
and you my darling Angel are that wonderful woman.
My heart sings your amazing praises
and it calls to you nightly saying God bless you
I love you so deeply.
I want to hold you and give you sweet kisses,
I want to share my entire world with.
I love you sweet Kira please come curl up beside me
because I want to feel the deep warmth and love of my beautiful lady.

Michael P. McParland

Goodnight On This Christmas

A beautiful goodnight to you my beautiful dear
after a warm and loving Christmas day.
Though I'm not yet ready for sleep
come slide into bed next to me
so I can pull you in for a snuggle
so pure and good filled with true care and love.
I love you so very much and want nothing more
than to end this Christmas night in your arms.
Sharing sweet looks and sweet kisses
wearing big smiles.
Goodnight to you Kira on this Christmas night
and come snuggle with me while I look in your eyes
telling you that you have a heart and spirit so bright
and that I want to be with you through all time.
I know you're the one I want and am meant for
my sweet Angel dove.

Come snuggle up so close and tight in my arms
and I will pull you in giving you all of my
love and warmth to give you comfort and help you feel safe.
I will just talk to you as we share conversation,
all the while stroking your hair and rubbing your back
to give you true deep and contented relaxation.
I'll read to you too as I just give you all of my love,
snuggle up tight and listen close for my voice as I say.
Kira I love you and will forever stand by you,
I promise I'll never leave and abandon you.
You are my everything and my precious Angel,
I've always loved you and I will forever and ever.
God bless you my darling have faith in
and count on your Michael
because I just want to make you proud and happy.

I'll see you tonight in the land of dreams
where we will walk among the stars
and tonight's Christmas full moon.
We'll be amazed by the wonders of the divine lights
and the divine love we hold for each other
as we walk along holding hands talking and smiling.

Later we'll sit in a prime spot of observation
to watch the wonders of the show space puts on for us.
I'll just hold you and kiss you my splendid darling.
Tonight my sweet love a full Christmas moon
and in our sweet dreams I'll see you there,
just you and me celebrating what our hearts hold and feel.

A goodnight to you on this beautiful Christmas
and God willing I pray next year we will have
our first one of many together.
I love you so deeply and want to snuggle with you
sharing sweet kisses for awhile.
Feel me beside you holding you ever so closely
giving you deep kisses of passion with a big smile.
I am yours and your alone forever and ever
so feel no a fear and have no worries,
I love you so deeply and feel no such love for another.
A good Christmas night my sweet beautiful Kira
now come slide into bed so I can hold you closely
and gaze into your eyes as I tell you I love you.

Michael P. McParland

You Are A Shining Star 2

You truly are a shining star to me
and in my life.
You light up my heart,
you light up my soul,
you light up the path giving me hope.
You light up the darkness that can be
bipolars lonely hells when no matter what
you feel angry, or sad, alone,
or all things at once driving you mad.
You are a shining star my northern light
and I want to be with you forever
thanking you and giving my best.
I love you so much and feel all your pure warmth,
you are an Angel from God I so adore.

You are the light of my life and true love,
you are my best friend and hero in full.
I give you myself freely in full
because you are the most wonderful woman there is.
I love you so deeply that my heart aches
with all that I am holding
and I want to give it to you completely and all.
You are my lady so sweet and a true beauty,
I adore you my Queen I want you to know
that I love you and won't make you face it all alone.
I'll always stick by you in my infinite caring
because I want to do for you through my love
all you've done for me my sweet one.

You are a shining star and the most gorgeous one of all,
you shine brighter than all others combined,
you have lifted my soul and you have lifted my heart
and I would for you give up my life.
Forever and ever I am all yours by my choice
because you're my Queen and my heart sings for you.
I love you sweet Kira you are so truly great,
you are a shining star made so special by God.

Michael P. McParland

Holding You This Evening

My heart longs and aches for you right now
and I wish I could be holding you so close
next to me and telling you how much you mean to me.
I want to be holding you on this evening here
and just hear you breathe and feel your heart beat.
I wish you were here with me just to be close
feeling so warm and safe.
I wish I were holding you because you're the one
I'll always want and need.

I wish I could be holding you because
without you here I'm missing apart of my soul.
I miss your smile and your adorable loving looks,
I miss your touch when our hands would brush.
I miss the butterflies and electric shock
I would get by seeing you and hearing your sweet voice.
I want to hold you very close because my heart
is yours and you are the love of my life.
I wish I could hold you close tonight
because you are my best friend and you are the best there is.

I truly wish I could be holding you on this eve
because you are my only one and everything.
I want to just rub your back and stroke your hair
as I whisper all I hold inside in your ear.
I wish that I could gaze into your gorgeous eyes
and see the wondrous universe of beauty you hold inside.
I wish I could be holding you because you deserve
and need to know how much you're loved.
I care for you in every way and would go the lengths
of the earth to always make you proud.
I love you so much and want to have you in my life,
I wish that I were holding you because you're
my beautiful true love it's true.

Michael P. McParland

Christmas Evening

This Christmas evening with you
would be the perfect way to wind this way down.
To sit back on the couch in each others arms
snuggling and watching some of the new films we got.
I want to be with you holding you tightly
as I give you kisses saying I love.
You are the greatest and I just want to be with you,
you are my Angel and I truly adore you.

I will be thinking of you on this Christmas evening
sending you kisses and big hugs full of caring devotion,
I miss you so deeply and care for you completely
I'm sending every ounce of my warmth and loving.
I wish you were with me on this Christmas evening
feeling you care and seeing you smile right by me.
I feel you so closely as your loving warmth surrounds me
and it is helping give me strength and make me smile,
I send loving thanks and just wish you were here
with your kids to spend the evening with me and my parents,
then later just us where I would hold and kiss you so much.
I love you Kira you're all I want.

I truly love you sweet lady and feel such tender
care for you within my heart and soul which you hold,
I pray that so soon we will be together
sharing our lives everyday in every way my sweet Angel.
Feel me beside you on this Christmas evening
as I hold you and give you sweet kisses,
please keep the dream same as me because I know it will come
and I promise to never give up on you my sweet Queen.
You are my best friend and you are my darling,
you are my Kira so beautiful and charming.
I just want to hold you and show you that you're loved,
Kira my Angel I'll stand right by your side through all time.

Michael P. McParland

Love Note 369

A very good afternoon to you
on this Christmas day
my sweet Angel dove
and in spirit I put my arms around you
to give you all of my love and warmth
with sweet kisses of care
and true pure love,
I would give anything to have you here
cooking Christmas dinner
and enjoying each others company with the kids,
sharing all of our new shiny gifts.
I love you sweet lady you are the best
and I'll love you forever no matter what.
Please come so soon so we can
share every bit of our lives and ourselves,
you are my true love
and I adore you so much.

Feel me beside you as we go
through the rest of this day
I'll be holding sweet you and your hand,
I am your Michael
and by your Angelic side I'll always stand.
God bless you sweet lady
you're my beautiful girl
and there isn't anything I wouldn't do for you,
take my hand tight within yours
as I take it in mine
to help you feel safe and secure.
I pray that next year we'll have
Christmas together
and so very much sooner all
of our days forever and ever.
I love you my lady and you'll
forever be my darling Kira,
I love you sweet lady you are amazing.

Michael P. McParland

A Christmas Snuggle

As I rise my sweet one from a much needed rest
I wish you were here to wrap in my arms
to share the sweetest Christmas snuggle with.
To kiss you so deeply and passionately on the lips
and then looking in your magic and sparkling eyes say
Kira I love you you are the best
and then just pull you in close to rest your sweet head
upon my chest I wish you were here for a
sweet Christmas snuggle not of sleep
but just loving warmth as we sit/lay back in bed.

I just so want to hold you giving you all of myself
and in this case I just mean my spirit and love.
I wish I could hold you while rubbing your back
and stroking your long beautiful hair.
I wish I could lay back with you on this Christmas
just talking the hours away.
I miss you my lady and I want you in my arms,
A sweet Christmas snuggle with you is what I so want.

To have little presents I could give you throughout the day
giving sweet kisses with each one as I do,
I wish I could hold you and share our deep warmth.
I want a tight and sweet Christmas snuggle
with my best friend I so adore.
I want a Christmas snuggle with Kira the most beautiful woman
in the entire world.

I love you sweet Kira and send these many kisses,
God bless you and keep you to feel how loved you are.
I'm holding you in spirit and in person I pray next year,
I want to hold you because you are my true love,
I want to hold you just because you are Kira.
I love you my darling and I'm right there beside you
so in spirit we may share a sweet Christmas snuggle.

Michael P. McParland

Sweet Christmas Kisses

Beautiful passion filled sweet Christmas kisses
to you beautiful Kira so good.
Sweet Christmas kisses because I love you.
I send you my warmth to wrap you up
in eternal peace and caring from the depths of my soul and heart.
I love you sweet lady in my life you are
the greatest and brightest part.
Sweet Christmas kisses to you because I love you so much.

Sweet Christmas kisses to you the most beautiful woman
in the entire universe my sweet dear.
Sweet Christmas kisses and I wish you were here
because I want to hold you and be held in return.
I want to hold you and I send you kisses so sweet
because you are my Angel on earth and you're such a gift.
I thank God for your presence and sending you as a blessing,
sweet Christmas kisses for my sweet beautiful Kira.

Sweet sweet Christmas kisses to you sweet Kira my dear
and remember I will be right beside you the whole day.
I love you so very deeply and I love you completely,
Kira my love I hope you know that
I'll be your Michael forever and ever.
I send you sweet kisses and I hope you know
that I love you and miss you,
Merry Christmas my darling I send you the biggest of hugs
and the sweetest kisses of all time.

Michael P. McParland

Good Christmas Morning Sweet One

A wonderful good Christmas morning to you
my sweet precious love with kisses so sweet
and big hugs so very warm to you
my sweet Angel dove.
God bless you and may you have the brightest
and most loving of days.
You are a blessing and to me the greatest gift of them all,
I love you sweet Kira and miss you so much,
I wish I could spend the day with you
but will be with you in spirit, heart, and mind.
You are such a gorgeous Angel and I adore you so much.

A very warm and loving good Christmas morning to you
my sweet Queen and sweet Angel dove
and before opening any gifts I wanted to tell you
I love you so very much.
I'm laying here listening to my beloved
classical music while I nurse this small headache
but needed to tell you you're so very precious.
I woke to a dream of receiving a letter from you my sweet darling.
I woke as I opened it but I know in my heart
it was the most loving letter and that it was full
of the most touching words anyone's ever gotten.
Merry Christmas my sweet love and remember your Michael loves you,
God willing we'll celebrate together next year.

A very Merry Christmas to you my sweet darling
feel me there holding you ever so closely.
I send you sweet kisses with all the love
and warmth I have in my spirit and body,
you truly are my only one and everything.
So have a great day my beautiful Angel
and know I'm thinking of you and right there beside you,
hear my hearts call as it says Kira I so love and miss you.
I so dearly miss you and will be praying for you darling,
I love you so much you are Gods greatest and most awesome child.

Michael P. McParland

Goodnight My Sweet Angel Dove 3

Goodnight to you my beautiful sweet Angel dove
on this Christmas eve,
come slide into bed with me dear and let's
snuggle in the warmth of shared safety and cheer.
Goodnight to you my Kira so beautiful and good
come lay beside me and hold each other
while sharing sweet kisses too.
I love you my darling and wish you were here,
feel all of my love and warmth as I send it to you.

Curl up so tight in my loving arms
resting your sweet head upon my loving chest,
I'll hold you so tight holding you through the entire night.
And before you fall to sleep while
stroking your hair and rubbing your back
I'll softly read to you from our book,
then give you sweet kisses full of true caring love
telling you Kira I love you you're everything
I want and need forever through time.
Snuggle up ever so close my beautiful one
and snuggle with me my sweet Angel dove.

I'll see you tonight in the land of dreams
where we will meet by our future Christmas tree
of our most beautiful hopes and dreams.
We'll sit beside it talking as I hold you
and kiss you with warmth and comfort.
I'll see you my darling holding you
so very tenderly and lovingly
I just want to hold you forever.
I love you sweet Kira and tonight
in our dreams I will see you there.

A beautiful goodnight to you Kira
my most treasured and beautiful sweet Angel dove,
you are my Queen so gorgeous and I wish
you were here on this Christmas eve
to hold close and kiss with passionate love.
You truly are the person I love most

and I want to marry you and everyday give
you my whole self and best,
I want to be with you because you hold my heart
and there is no other person I want my soul to be for.
Goodnight my sweet Kira please come and snuggle
because you are my everything and I truly love you.

Michael P. McParland

Merry Christmas My Sweet Angel Dove

Merry Christmas my sweet Angel dove
how I love and miss you so very much.
My heart will be with you the whole time tomorrow
as will I be in spirit,
holding you and your hand so lovingly
and reassuringly so you will feel warm and cozy.
I love you sweet Kira and wish you the best,
I pray that next year we'll spend it together in cheer.

A wonderful bright and beautiful
Merry Christmas to you my sweet Kira,
may you have the most joys day tomorrow
with the sweet kids you so love
and I hope they realize what a wonderful gift their mother is.
I love you so deeply and would give anything
to be with you in true bills and joy.
Merry Christmas dear Kira my sweet Angel dove.

A truly wonderful Merry Christmas to you
and as ever I'll be sending all of my love and warmth to you,
feel me there right beside you holding you so very tightly,
feel all the sweet kisses I will be giving you.
I miss you my darling and hope that next year
we'll be wrapped up with each other so charming.
Merry Christmas sweet Kira and remember I love ya,
You're Michael will always stand right beside you.

Michael P. McParland

Evening Note 81

A good evening to you
my sweet and beautiful one,
I send sweet kisses and hugs to you
so very warm and in the tons,
I wish you were here
my sweet Angel dove to enjoy the night
keeping so warm in each others arms.
Dinner is done and all is clean
and how I wish you could just sit back with me,
curl up in my arms as I held you so close
giving you kisses while we watched
the perfect movie tonight.
I miss you my lady and want to hold you,
this Christmas just isn't as good
without my Angel so true.
God bless you sweet Kira
and know that I so truly love you
feel me right there beside you
holding you tightly
telling you I love you and you're
the most wonderful woman in existence.

Michael P. McParland

Good Evening Kisses

As I rise from my rest my sweet dear
I send kind and loving kisses to you.
Good evening kisses to fill you with cheer,
good evening kisses to say Kira I love you,
good evening kisses from my heart and soul
to tell you I'm with you and you're not alone.
I love you sweet Kira and I always will,
I send you sweet kisses to ask if you'll
come and join me as I go about this evening
doing some relaxing and fun things.

My sweet darling Kira I send these evening kisses to you
because you truly are my most beloved and beautiful girl.
I truly love you ever so deeply and wish I could hold you,
from right now as I about step in the shower
right through bed tonight and into Christmas morning.
I send you these good evening kisses to tell you
I'm sending my warmth and love to you as you keep my heart beating.
I pray that next year we will be by the tree kissing
as the lights shine upon your beautiful face.
I love you my Angel and send these kisses your way,
God bless you my Kira you're my everything.

Michael P. McParland

A Sweet Kiss And A Snuggle

A sweet kisses to you Kira my sweet dear
and after eating a bit I am so tired
for a few hours I need to lay down.
Come snuggle with me under the covers
my beautiful dear sharing laughs and sweet kisses
as for a few hours we drift off.
I want to be in the arms of my lady
as I close my eyes for a little while.
Let that be my Christmas eve gift
snuggling with my Kira I so deeply miss.

Come my sweet Kira for a sweet kiss
and snuggle under the covers,
your Michael so very wants and needs you.
I want to feel your deep comfort as I rest
for these very few hours so with a fresh mind
I can enjoy my evening and write for you
with a fresh mind and body.
Come snuggle with me my beautiful lady
and know that your Michael loves you
and is dreaming of kissing and holding you tightly.

Michael P. McParland

Love Note 368

Good afternoon my sweet Angel dove
and I hope with all of my
heart and soul you're having a great day.
Feel all of my warmth and love
as I send it to you in full.
I miss you so much and wish
you were here to spend a good day
in each others arms.
I'm feeling a bit tired but
will fight through the day.
I just wish you were here to
read with and watch some fun things.
I so miss our talks and will
have an empty space tomorrow
on Christmas in my heart.
I will be holding you in spirit though dear
giving you kisses so deep and sweet.
So have a good day my beautiful dear
and remember I'm right there with you,
I love you so madly my beautiful Kira.
I send you sweet kisses
and warm hugs so big and loving.
I pray so very soon my darling Kira
because I want to be with you soon
and then forever and ever.

Michael P. McParland

Merry Christmas My Love 2

Merry Christmas my true love and only one
how I wish you were here to enjoy
this Christmas eve with me and then
tomorrow on Christmas such a warm and loving day.
A day spent in each others arms
with big smiles as we basked in the glow of
each others true tender, kind, and caring love.
Merry Christmas sweet dear and God bless your heart
so wonderful and beautiful in every way.
I love you my sweet one you are my everything.

Merry Christmas my sweet one and how I wish
you would be here tomorrow to have and hold.
To get up so early for kisses and then presents a plenty,
I would shower you in gifts and my love
not letting up one bit through the day
or any other sweet one.
A Merry Christmas with my beautiful Kira
is everything I want and wish I could have.
Merry Christmas my one I love you so much.

Merry Christmas my love and as the day went along
we would enjoy each others company and all
the new things that we had received,
to share myself and everything that I have with you
is something I so very want to have and to do.
Merry Christmas to you my sweet one
and may we have next year to be together in joy.

Merry Christmas my love and later that day
the most wonderful meal.
It will be ham and how I would love to cook it for you,
no glaze though my dear Angel because it ruins it all.
A time to sit with you and the kids smiling,
laughing, and filled with the greatest fulfillment and joy.
Merry Christmas sweet Kira I wish I were with you
to just kiss and hold through it all.

A truly very Merry Christmas to you

and bask in the glow of the loving warmth that I send,
feel me beside you saying it is alright as I hold you,
we will have our time I promise.
I'll never give up on you my beautiful Kira.
Have a very Merry Christmas my dear
and remember I am always here.
I love you sweet darling and I am your Michael
right beside you forever and never parting.

Michael P. McParland

Good Morning My Sweet Angel Dove 2

A very beautiful good morning to you
my beautiful sweet Angel dove
and as I woke up this morning my first thought
and wish was how I wished I was waking up
right next to you.
To pull in for the tightest and sweetest hug and kiss
saying I love you sweet Kira and a
happy day of Christmas Eve later tonight.
I love you sweet lady and wish you were here
to snuggle with and watch some Christmas shows.

I'll be thinking of you as I do some reading
and later on watch the Garfield Christmas special.
I'll be sending you kisses and my warmth and love
with great big hugs to blanket you in my caring.
A beautiful good morning to you
and feel me there beside you holding you close
as you close your eyes seeing my smile and looks of love.

A beautiful good morning to you
my beautiful and treasured sweet Angel dove
may God bless you to have a good one
and feel all of my love.
I wish I had woken right here or there beside you
to pull you in saying Kira I want to be with you forever and ever,
then give you a kiss as we snuggled for awhile
so I could say many times I love you and thank you
you truly are an amazing woman.
Have a great day and I will be with you through
everything hand in hand my sweet darling.
I am your Michael faithful to you through eternity,
I love you sweet Kira you are my everything.

Michael P. McParland

Goodnight My Beautiful Sweet One

Goodnight Kira my beautiful sweet one
and now let's get into bed slipping under the covers
to kiss and snuggle a bit before sleep
overcomes and carries us to the heavens.
Come snuggle with me my gorgeous Angel
and share some sweet kisses with your Michael
as I so tightly hold you and tell you I love.
Goodnight my beautiful Angel
I miss you so deeply and can't wait to have you
in my arms forever and ever.

Just rest your sweet head upon my chest
and feel deep peace and comfort as I hold you
through the entire night
stroking your hair and rubbing your back.
Come wrap up with me and give each other
all of our loving care and sweet warmth.
Goodnight my sweet Kira I love you so much
and want to fall peacefully asleep
contentedly in each others arms.

I'll see you tonight in the land of dreams
where we'll sit on a cozy blanket
in a warm sunny day among green rolling hills,
we'll just talk for hours as we hold each other
kissing as well feel fulfilled
as we smile at each other and just laugh in pure joy.
I'll see you tonight my sweet one
and give you amazing kisses straight from my soul and heart.

Goodnight Kira my beautiful sweet one
and never forget I'm right by your side,
feel me there with you holding you tight.
I am so tired and want to kiss you
and hold you before we fall asleep,
God bless you sweet darling for all
you do for and give to me.
I love you so deeply and adore you completely
goodnight my sweet Kira you're so beautiful

and I will always stick with thee.

Michael P. McParland

Relax Before Bed 2

Come curl up and get so cozy in my arms
before we go to bed sweet one.
Come cozy up and sit with me while we watch a film,
I want to hold you close and kiss you deep.
Come relax with me my Angel oh so sweet,
come relax with me while I give you all my warmth.

Come relax with me and I'll have you lay down
on your stomach while I give you a calming massage
as we watch the film that you've picked out.
Come relax so I can rub your aching neck and back
so when we go to bed they will feel loose
and you can rest your head upon my chest
feeling comfortable in full.
Come curl up in my arms and share sweet kisses before bed.
You are the one I so deeply love and want
to spend the entire night within each others arms.

Come my dear and relax with me before we go to sleep,
curl up so tight and drink some eggnog with a smile.
I put no alcohol in mine and never have,
I just want to share a glass with my Angel so beautiful
with endless charm and class.
Come my dear and let me hold you near just enjoying
each others company before we sleep.
I love you dear and just want you here to hold with cheer,
I truly adore you my sweet one and just want to relax with you in my arms.

Michael P. McParland

Evening Note 80

Good evening to you my sweet dear
with a big smile with hugs and kisses for you.
I've been sitting here watching
some videos and a film
and I hope your evening has been going well.
I pray you've been filled
and surrounded by all the love
and warmth that I send,
wrap up in it like a big blanket
of peace and comfort my dear
I've been thinking of you
and wishing you were here to share
this time and sweet kisses
of true and pure love.
I miss you darling and hope that
soon you will be here.
I love you so much you're
my gorgeous Angel Queen.

I wish I were with you
as I grow tired on this night
and my body now begins to ache,
I wish you were here to snuggle
and I could rest my head on your shoulder
saying Kira you're wonderful
and I so deeply love you,
I want to be with you forever and ever.
I wish you were here as I watch
a few more videos and some TV,
I just want to spend time with you my sweet lady.

So feel me there with you
holding you close and tightly,
giving sweet kisses as I truly
love you so very deeply.
God bless you my darling and know
I'll always be with you
in wonder and awe.
I love you my darling and I will

be with you through the night snuggling,
feel my love strongly
and know it's eternal,
I'll never stop loving you
Kira my Angel.

Michael P. McParland

Come Sit And Curl Up

Come sit by me my sweet one and curl up
within my warm and loving arms,
I want to feel your loving warmth beside me dear
as we smile laugh and kiss.
Come sit beside me my sweet one
and enjoy a cozy evening with you loving man.
I want to spend the night and evening
with my only one curled up in my arms.

Come my sweet love and sit beside me
while I cook you dinner here quite soon.
Then after curl up in my arms as I read to you,
I'll read as long as you want and I can
as I hold you oh so tight,
come sit with me my precious one and give you
the best of myself and times.
Curl up in my arms so close and I'll keep you warm and safe,
come sit with me my Angel Queen and snuggle the time away.

Kira please come sit with me so I can gaze into your eyes,
let you see into my soul which I'll let no other do,
come sit with me and smile big to give this night such light,
come curl up in my arms so I can enjoy time with the one I love.
Come sit with me my beautiful one because I love you so,
come sit by me and curl up in my arms because you're
all and everything I'll ever need and want.

Michael P. McParland

Take My Hand 16

Take my hand sweet one as I put mine out to you,
let's wrap up in each others arms and keep warm
on this snowy winter day we're in.
Come join me for a warm snack that I want to share
with my beautiful lady so great with not a thing that lacks,
come sit with me and cozy up my one.
Take my hand my love because I want to be with you,
take my hand and spend this afternoon just basking
and bathing in the glow of our deep and caring love.
Take my hand Kira so truly great to me,
because I love you oh so much and you are my sweet Angel dove.

Michael P. McParland

I Want To Hold You 4

I want to hold you so very much my sweet one.
For us to hold hands as I must go out to get
my prescription filled and possibly pick up some things.
I wish you were here to hold when I got back
as we just sat on the couch watching a film.
I wish you were here to help me wrap the gifts
I never got to my sweet one.
I just wish you were here because I want
to hold you so close, tight, and near.
I love you so much my darling dear
and just want to hold and kiss you in tender love the whole day through.

Kira you truly are the holder of my soul and heart
and there's nothing but tenderness within them for you.
You are my dreams and my greatest hopes,
I give my whole life to you and want to serve you
as my precious Queen everyday that we live
both in this one and the next.
I'll build you the greatest mansion on the other side
for you and all of our kids and I count among them
your sweet kids too.
I want to hold you forever my sweetest girl.

I want to hold you Kira though so very bad right now,
I want to spend the day with you as I go along
doing all these little tasks I need to do
and I would help you with all of yours too.
God bless you girl you'll always be the sweetest Angel
that there's ever been on this earth or in heavens midst,
you are everything I'll ever need and want.
I love you Kira truly so very very much
and I hope soon that we will reunite.
I just want to hold you in my arms and let you know
that you are the one I hold within my heart and soul.
Just feel my arms around you my darling one
and my hand as I hold it with pure love and care.
You truly are my everything and my only one,
feel all my love and warmth surround and fill you up
as I send it all to you my sweet Angel dove.

Michael P. McParland

Love Note 367

Good afternoon my sweet Queen
and beautiful Angel who means
everything to me
and I hope you've had the most
beautiful day by far my sweet one
and have felt all of the loving warmth
I have and send always to you,
I have just risen about 15 minutes ago
and I send you the most sweetest
and tender kisses to fill you with light and joy.
God bless you my sweet Kira I love you so much
and I wish you were here to hold
on this December day that's upon us.
I miss you so much and long for your touch
as we just snuggle away the days as they go.
I love you sweet Kira you are the best
and you only deserve that in return,
to be treated as the Queen that you are
and be given all of the endless love
that you've always needed and deserved,
Kira my darling I wish I could spend Christmas with you.
You would be the greatest gift of them all,
hearing your sweet voice and seeing you smile,
feeling your sweet lips against
mine as we kissed and your loving arms
of such care and warmth wrapped around me.
If we could even just talk I'd be filled
with infinite joy and glee,
Kira you truly mean everything to me.
I'm sending you all of my loving warmth
with endless sweet tender kisses and big hugs
full of true care and love.

Kira my darling just feel me there with you
and my arms wrapped so tightly around you.
I promise I give you my best everyday
because I know that's what you deserve
my sweet gorgeous Queen.
I hope you know just how much

you are worth and mean to me.
You are the love of my life and an Angel
sent from God as a gift and a blessing on high.
I so adore you and want to be with you
through all time,
Kira my darling I'd rather die
than spend this whole lifetime without you.
Hand in hand always you'll never
have to do this alone my sweet darling
because I am your Michael fighting along
always right there beside you.
If you're feeling lonely just close
those sparkling eyes and see my loving looks
and big caring smile full of support
and acceptance for my Kira so amazing.
Feel me there with you and have a great day.
I love you my Kira and always remember
I will never leave you,
I care for you so very deeply and more than anything
and I can't bear to see you hurting.
I will be here for you the whole day
and right there beside you,
I love you sweet Kira you are my everything.

Michael P. McParland

Night Note 129

Oh my sweet love and Angel
I hold deep within my soul and heart,
Kira I wish you a beautiful goodnight.
I'm very tired but don't know
how long it will take me to fall asleep,
one of those nights with a lot
on my mind but could fall to sleep easily
or be laying here awake an hour from now,
thankfully I'm listening to
a wonderful and enthralling audiobook
that will help keep my mind soothed.
I wish you were here to lay by my side
as I held you so close and kissed you so deep.
I'll be dreaming of you my Angel sweet Kira
and sending my warmth and love to you
my gorgeous and sweet fair lady.
Feel me there with you
and know I am dreaming of holding you closely.
You are my Angel and want so badly
and need so very deeply,
God bless you sweet Kira to sleep deeply
and have the sweetest of dreams
of us snuggling, kissing, talking, and laughing.
I love you sweet Kira you are my everything.

Michael P. McParland

Goodnight My Sweet Angel Dove 2

Goodnight Kira my sweet Angel dove
and though I'm not yet ready to go to bed
let's snuggle and share the sweetest kisses for awhile.
I just want to be with my lady and relax
feeling deep peace surround us
and fill us up giving such warmth.
I miss you so much and love you in full
come snuggle with me before we drift off to sleep.
Goodnight my sweet Kira and come lay beside me
my dear and let me hold you so tight
and reassure you in full that I'll always stick by you.

Snuggle up so very tight and curl up under my arms
and I'll hold you so tight through the whole night
stroking your hair and rubbing your back.
Feel all of my love and warmth as I send it your way
with the biggest of hugs and sweetest of kisses
filled with gentle tenderness and true love just for you.
God bless you my darling and know I'm with you,
feel my big loving smile and listen for my voice
as I whisper in your sweet ear Kira I love you,
you are my Angel and the Queen of my dreams.
I'll always stick right beside you because you are my everything.
I love you and want you as my wife forever,
Kira you are my woman and I am your Michael.

I'll see you tonight in the land of dreams
where we can lay on our soft cozy bed
wrapped up with each other under the stars
protected from the freezing cold of the winter
under a gift from God of warmth to surround us
and the warmth we give to each other snuggling
under my big orange fuzzy blanket.
To just marvel at the wonders above us and
the loving care we share with each other.
I'll see you tonight my sweet beautiful Angel
in our sweet loving dreams as I protect you from the cold
and hold you so close and lovingly in my arms.

Goodnight sweet Kira my beautiful sweet Angel dove
and come snuggle with me for awhile before sleep.
I want to hold you and give you deep comfort within my arms
as we share such sweet loving kisses from our hearts and souls,
you mean everything to me and I just want
to be with you forever because you are my best friend.
Please so soon come and I will take
your sweet soft hand and pull you in for the biggest hug.
Feel all of my loving warmth as I hold you tonight
because I love you so much and want you to feel so content and safe.
Good night my sweet darling and know that
I will forever be your Michael dedicated and tenderly loving.
Sweet Kira my dear you are my only one and Angel so beautiful.

Michael P. McParland

Sweet Kisses To My Sweet Angel Dove 2

Sweet kisses to you my beautiful Angel so true,
sweet kisses to you Kira holder of my heart and soul,
God bless you my sweet Angel dove that you be filled
and surrounded by all of the loving warmth I send to you.
Feel me holding you ever so close as I kiss
your forehead, cheeks, lips, and neck saying
Kira you are my Angel and I love you best
I'll be your Michael forever and ever my sweet darling
ever so majestic and magical in my eyes.
Sweet kisses to you my sweet beautiful Angel
you are everything in this life and through all time
I'll ever need and want.

Michael P. McParland

Evening Note 79

Good evening my sweet love
and I so hope you are doing well
feeling all of the love and warmth I send,
as I've just moved about so far
on this early eve I've thought about you
and ached to have the chance
to be spending it in each others arms.
I haven't cooked dinner and I
don't know if or when I will
I have gift wrapping to do
and just want to watch so
NetFlix and Amazon streaming,
I'll be sending you sweet kisses
from my heart and soul
which will forever be yours,
feel as I take your hand
and pull you in for the biggest
and tightest hug of true loving warmth.
Just think of me and sharing
some eggnog as the night goes along.
I'm honestly not sure if you
like the stuff but if not
you could have my coffee ice cream.
I love you sweet lady and feel
my big loving smile,
feel me beside you giving kisses so loving.
I adore you my darling
and pray that so we will be
spending times together so charming.
I love you Kira for you truly are
my sweet Queen and Angel
and there isn't anything
I won't ever do for you.

Michael P. McParland

Tenderness In My Heart

I hold such true love and tenderness
in my heart for you my Kira so beautiful,
kind, loving, sensitive, and bold.
I hold such tenderness within my heart
because you are my sweet Angel and the one I truly love.
I miss you so very much and I long for your embrace,
I love you so much sweet one I'm filled with tenderness.

As I woke about 15 minutes ago from my long rest
my heart just ached so bad inside and anxiety filled me up.
I miss you so very much and I miss my sweet ones voice and words,
I hope that we will reunite so soon so I can sweep you up within my arms.
This tenderness within my heart and soul are weeping just for you,
they weep to have you here to heal your heart and pain,
they weep to have you here so we can talk and fix everything being happy again.
I have such tenderness for you within my heart and soul
and I would do anything to see you fulfilled and filled with joy.

Oh my sweet darling Kira how I love and miss you so,
as I awoke my heart called out to you in infinite endless love.
I so adore you oh my righteous one and long to hold you close,
I want to spend my life with you and right into the next.
You are the one I truly love and hold such tenderness,
Kira hear my hearts call and feel all my love and warmth.
Remember I'm right beside you there and giving you kisses sweet,
I love you my only one and want to hold you tight.

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Michael P. McParland

Your Warmth 4

Come lay beside me sweet one
and wrap up so tight and lovingly
in each others arms.
I'm so very tired and I'm feeling sad,
I just want to lay by my lady
and snuggle an hour or two away.
I need your warmth such a wonderful and wholesome thing,
the most wonderful thing than can fill me with
hope and give me a smile today.
As I lay down for a bit of a rest
it is you and your warmth I'll be dreaming of.

Come my sweet one and lay down with me,
feel all of my love and warmth as I give it to thee.
I need you sweet one right here in my arms,
I want you my darling and the fulfilling comfort you bring.
Come lay with me Kira of my heart and dreams
and let's hold each other to bring joy to this day.
I so truly adore you and forever want you here beside me,
I love you sweet Kira and feel my arms around you
as in spirit I pull you in so very tightly.

Michael P. McParland

Beautiful Good Morning My Beautiful Angel

A very beautiful good morning to you Kira
my beautiful Angel I so love and adore,
God bless you to the high heavens
my gorgeous best friend and may you have the greatest of days.
I just got back from the doctors where
I had to have some blood drawn
and I am so very tired I wish you were here to snuggle.
My brain feels so foggy and weary,
it's a morning and day I wish you could just relax with me.

A very beautiful good morning to you
my very beautiful sweet Angel dove.
I miss you so badly and I just wish you were here every morning,
to help give the days the right start
as we woke by each other and gave kisses so sweet,
I love you sweet Kira and send you all
of my love and warmth,
feel me beside you holding you tight.
I will be with you there the whole day right by your side.

A very truly beautiful good morning to you Kira
the most beautiful Angel in the entire world.
I send you sweet kisses and the warmest of loving hugs,
just close your sweet eyes and see my big smile
and my loving looks to you.
I wish you were with me on the most tired of days
because I love you so much and want you here in my arms.

Michael P. McParland

Come Snuggle Sweet Kira

Come snuggle with me my sweet Kira
and let's end this night in bed together.
I am so exceptionally tired and want
to hold you so tight as we drift off together.
Come snuggle my sweet darling Angel
and share some sweet kisses before sleep comes upon us.
I love you so deeply and want you here forever with me,
Come snuggle sweet Kira and sleep here beside me.

Michael P. McParland

Love Note 366

A very good late evening to you my sweet one
and tons of warm kisses with big hugs to you.
I pray that your evening has gone well
and you've been filled with all of
the immense warmth and love I was I've sent.
I was out for the last hour
and I was thinking of you wishing
you were with me hand in hand
through all the chaos out there,
and now I wish you were back in with me
as I am about to sit down for a snack
and watch a movie,
I don't know what just yet
but I'll be sending you kisses
and holding you so tight in spirit.
I love you my darling
and hope so very soon it will be us
talking and laughing again,
then not long after in each others arms.
God bless you my darling
and feel me there with you
holding you so closely as I watch my movie.
I love you so immensely
and I care for you my darling Angel completely.

Michael P. McParland

Sweet One 11

Sweet one so very beautiful and good
how I wish you were here this evening to kiss and hold.
To watch one of my movies or rent online,
to just sit back and enjoy a beautiful time.
Sweet one so beautiful how I miss you so,
I send you sweet kisses and hugs
with all of my warmth and love.

Sweet one my darling I hope our path
will become clear so soon.
I want to spend every night and day with you.
Smiling and laughing as we carry on
just doing whatever we want and what needs to be done.
I want to be with you feeling peace and fulfilled.
I adore you my sweet one I truly do.

Feel me there with you as I hold you close
and let you know that I love you the very most,
I adore you my darling and need in my life
your deep beauty forever and ever.
I love you my sweet one you are my everything.

Michael P. McParland

My True Love And Light

You are my true love and light
and I adore you to no end my Queen so bright.
You are the Angel I give my whole life
and will always stand by in full support.
You are a blessing of which most could just dream,
you are my only one and everything.
I want to be with you through all space and time.
Kira will you marry me and be mine all mine
my sweet Angel dove and northern star.

God bless you sweet Kira and your tender heart,
you are as tough as they come but you have
the most sensitive and caring of souls.
I love you so much and I care for you so deep,
there isn't anything for you I wouldn't do or give.
You are my true love and the light of my life,
Kira my dear I want to be with you forever.

You are my true love and you are my light,
you are everything in this life I need and want.
I will have no other because you are my dreams,
you are my Angel and you are my Queen.
God bless you again sweet Kira my dear
and remember your Michael loves you
and will always stand by you
and be here for you when you need
and when you are ready with wide open arms
and an open heart.

Michael P. McParland

Sweet Kisses To My Sweet Angel Dove

Sweet kisses to you my sweet Angel dove,
sweet kisses of pure love and warmth.
Sweet kisses to say you are the best.
Sweet kisses to say you're all I want.
Sweet kisses to you for a Christmas so good,
and sweet kisses to say I want and need you.

I love you Kira more than anything
and I just want to hold you so close to me.
I have a gift for you I got in June,
it was when I was in Utah for my Grandpas funeral,
it used to be my Grandmas and I'm saving it for you,
I just wish I could give it to you
on this Christmas with kisses and hugs too.
I love you so much if you could just feel
the very very depths of my soul,
you would see how my heart melts for you.

Sweet sweet kisses to you my sweet Angel dove
with all of my love and warmth I send to you.
I love you so much and hope soon we'll reunite,
I need you so bad because you're the love of my life.
I long for you and your pure hearted soul,
I see you for the wonderful woman you are.
You are my best friend and the one I admire,
I love and adore you sweet Kira,
you and no other.

Michael P. McParland

Love Note 365

A very wonderful good beginning
to the afternoon my sweet Angel dove
and God bless you and your kind heart
and I thank you so much for all of
you wonderful loving and understanding
of me my sweet gift and blessing from above.
I'm sorry I missed our goodnight
and haven't written until now.
I fell asleep on the couch last night
watching a film and only woke up
about seven thirty this morning,
and then still half out of it
I only got up and got a drink
before wandering off to my room
and climbing into my bed fell asleep
until about 15 minutes ago.
Since I've been trying to shake
the cobwebs from my head and take care
of a few minor things.
I'm sorry sweet lady I know though
that you understand.

My stomach is still ever so
slightly hurting but I think a small bit
of it is from hunger.
Say a prayer for me that my stomach
will not get upset from the food
I will soon be partaking.
I so miss you sweet Kira and wish
you were here to spend the day with me.
I love you my lady and just want
to be with you forever and ever.
Please forgive me as well
if my writing is not the best
on this early part of my rising.
My head is feeling quite foggy
and my stomach is complaining to me.
I wish you were here for me to hold you
and for you to hold me as well

my sweet Angel I so adore.

Remember sweet Kira that I'll
never leave you and that I am
always right there beside you
holding you ever sol closely
saying you are my sweet Queen and Angel
and I love you ever so deeply.
I'll never hurt or abandon you
because you are my everything
and I am fully committed to you.
I will forever be your faithful Michael.
I believe in you Kira and I have faith
and trust in you as my best friend
and true love forever and ever,
so always have faith and trust in me
my sweet Kira so beautiful.
I'll never betray you I promise.
I love you more than anything
my sweet darling so precious.

So my sweet lady I will now
get up and try to eat something
and wrap some Christmas presents
which need doing,
I will be sending you sweet
hugs and kisses a plenty
to fill you with all of my warmth and loving,
just feel me there holding you.
Hand in hand my sweet lady the whole way
to no ending.
Michael loves you sweet Kira
you are my everything,
and this Christmas will be so sad
without you here to join me.
I love you sweet lady
and God bless you my Angel.
Please reach out so soon
and let me know how you are doing.

Michael P. McParland

Sweet Sweet Kisses To You

Sweet sweet kisses to you
my beautiful woman so good.
sweet sweet kisses to you in true love.
In the many tears I've cried on this day
I've just reached out to you
and your infinite warmth and love.
I adore you so much and love you complete
I send you sweet kisses to say thank you
and I miss you babe.
I love you so deeply and I love you completely
and I just want to hold you so tightly beside me.

Sweet sweet kisses to you my gorgeous one
and just remember always I adore you in full.
You are my soul mate and true best friend
I love you so much and want to be with you
forever my dear love.

Michael P. McParland

Sunday Evening In Each Others Arms

It's Sunday evening my sweet love
and after a wonderfully refreshing shower
I couldn't help but lay down to relax
for just a short bit.
I'm still unsure of just how my stomach
will stand up but I plan to get up
and eat just a little something
and I so wish you were here to join me
and hold each other through this evening.

A sweet Sunday evening in each others arms
snuggling and smiling as we watched a movie.
I'm still feeling very emotional
and if I have any more tears to let go
I wish I was with you my loving lady
to cry on your shoulder.
A sweet Sunday evening with my beautiful lady
is what my aching heart wants and longs for.
To be snuggling with my darling Kira.

Then later no matter how my stomach
would be feeling I'd want to lay down on the couch
and rest my head on your lap while you read to me,
be it from our book or your gorgeous work
to just lay there relaxing and hearing your voice
is what my most beautiful dreams are made of.
Thank you sweet Kira for your Angelic heart,
love, and entire being.
I would give anything to be spending
a sweet Sunday evening in the arms of my beautiful Kira.

You truly are my true love and only one,
I send you sweet kisses of very deep love and caring.
Just feel me there in spirit beside you
saying Kira I am your Michael and my heart and soul
will forever be yours because you are the greatest.
You are my Queen and most sacred Angel.
I'll be dreaming of you as I go about my evening
and thinking of a beautiful one with you.

I love you Kira and you truly are so very magical,
I adore you my darling you will forever be
the only woman I'll ever love.

Michael P. McParland

Love Note 364

A very good late afternoon
my most beloved Kira
and as my stomach is feeling
ever so slightly better
I wanted to say thank you
for all of your kind caring and loving.
Once again it means everything to me.
I am still much filled with
tears and I am getting up
to take a nice refreshing shower
in hopes that that will
help me feel that much better
and it is the perfect place
to release any tears that have built up..
I wish you were here to just
lovingly stand with me
in each others arms under the water
and you could help wipe away
the tears that come my way.
I miss you so badly
and would give anything to have
you here with me.
Christmas will be a somewhat
sad affair without you
my sweet darling so beautiful
and amazing to me.
I love you sweet Kira
you truly are my everything
and I love and adore you my sweet Angel
completely.

I will write you here
ever so shortly my sweet
diamond darling and let you know
how I am doing.
Just remember sweet Kira
that your Michael loves you so deeply
and that I am always there with you.
Feel my arms so tightly around you

because I promise I'll never leave you.
You are my Angel and I want to
be with you forever and ever.
God bless you sweet Kira
and feel these sweet kisses I send you.
I will always be your loving Michael
because you are my everything
and I in no way will ever want another.

Michael P. McParland

I Miss You 18

I miss you Kira so very much,
I love you more than anything
in heaven or on this earth.
I miss you so bad and just feel in pieces
today as I lay here my stomach aching
and my heart even more.
I miss you sweet Kira so very bad
and today is a day I just want to lay here with you.
I miss you so much and I just want to lay here
with you in my arms as we snuggle this
sad Sunday away sharing our warmth and our love so very deep.
I miss you Kira and I want you here
because you are my Angel and I love you completely
my sweet Angel Queen.

Michael P. McParland

Love Note 363

Oh my sweet lady as I am about
to head out to the store real quick
to get some medicine for this sickness
I wanted to say to you
I love you so much my beautiful darling.
You truly are my everything
and I adore you to no end.
I'm sorry if I am so silent
and anything else.
My stomach is hurting so bad
and I am just really struggling
missing you.
It will be Christmas on Friday
and I wish I could be spending
it with you my sweet Angel
I love more than anything.
I miss you sweet Kira
and thank you for being my sweet darling lady,
I thank you for your love and kindness
it truly means everything.
I will write you a bit later
after I have gotten home and this
medicine has had time to take effect
and get to helping me feel better.
I love you sweet Kira and truly
want and need you with me forever.
I so adore you and will always stick by you
because you are my true love, sweet Queen,
and dear beautiful Angel.

Michael P. McParland

Come Snuggle 8

Come snuggle up for deep comfort my sweet love.
I tried to eat a little something
and it's upset my stomach and body again bad,
and emotionally I'm struggling quite hard.
Please my Angel Kira and true love
let's wrap up so tight in each others sweet arms
and just snuggle for a bit to find warmth.
I love you my sweet darling and need you,
I'm not feeling good and just want to snuggle with you dear.
You are my true love and best friend,
you are my everything sweet Kira I adore to no end.

Come snuggle with me my sweet love
and help ease the struggles we feel on this hard day.
My stomach hurts as do both of our hearts
and I just want to cozy up with my Kira.
I love you sweet lady and miss you so badly
so please my sweet Angel come snuggle with me
today and forever because this life is empty
and pointless without the person you love most
and I just want to be with you celebrating each day
as two people and soul mates that have found each other
and are fulfilled and happy in the deepest of ways.
I love you sweet Kira you are the greatest.

Michael P. McParland

My Sweet Beautiful Kira 4

My sweet beautiful Kira I love you very much,
you are my everything and I will always stick by you.
There isn't anything for you I wouldn't do
because you're my best friend and Queen.
Kira I love you so very much and I'll always
give you all my best and everything.

My sweet beautiful Kira I'm reaching out to you,
to take you in my loving arms and let you know I care,
I am reaching out with hugs and kisses
to tell you you're the best.
Oh my sweet beautiful Kira I so truly need you here.
You are my true love and my best friend
and I want to be with you.
I am hurting very much being so far away from you,
Kira dear you are so beautiful in every way there is
and I want to spend all time with you because you are the best,
I love you so very much you're all I need and want.

I love you Kira and I need you bad because
not having your love everyday truly is the worst.
I miss you so very much and just want to go back to sleep,
I miss you dearly and long for you because you
are the greatest Angel there's ever been.
I love you my precious one and just want to sit and hold you now,
you are the most gorgeous girl I've ever known
and the greatest love and friend.
I love you Kira you are the greatest and I miss you so,
you are so sweet and beautiful and soon my dear I pray.

Michael P. McParland

Love Note 362

Good morning Kira my sweet Angel dove,
please reach out and hold me with
all of your kind and caring loving strength now.
I'm so sorry I have been so quiet babe
but on Friday all the fatigue
caught up to me and yesterday I felt
so very sick my sweet dear.
I have only just awoken here v
my sweet lady and the anxiety
is hitting me very badly.
I just ask for you to be so understanding
and please reach out
with all of your loving
to help calm me and help me
get feeling totally better.

I love you Kira you are my true love
and I just want to hold you
my sweet precious Angel.
I send you sweet kisses
and hugs of immense warmth,
I love you Kira you are all that I want,
please reach out and give me
deep comfort on this morning
my sweet love.

Michael P. McParland

A Sweet Kiss To You

A sweet kiss to you my sweet Angel dove,
a sweet kiss of pure warmth to say I love you dear.
I'm not feeling well and am in much pain
so I lay here looking at your picture while I rest.
I love you so much and I need you dear.
I thankj you so truly for all that you are and you do.
A sweet kiss to you my Kira so good
come lay with me dear while I get feeling better sweet one.

Michael P. McParland

Love Note 361

Good afterenoon my sweet Angel dove
and many many sweet kisees of true love
to you my gorgeous one.
Please my dear one I am not feeling well
at all in many ways and ask that
you'll reach out and hold me close.
I need you and your loving warmth so very much.
I miss you so bad and I need you dear,
I love you more than anything.
Please reach out and hold me so close
because you are my Angel
and I love you my dear.

Michael P. McParland

All Of My Warmth

Sweet love I know how I would like
to spend the perfect day with you,
a full day giving you all of my warmth
and myself in full as I spent time with you
attending to your wants and needs
in anything and everything that you could want,
a day for me to serve you my Queen
and show you how much I care
to give you deep comfort.
The perfect day my sweet dear would be spent with you
giving in full of myself and all of my warmth
to show you how much you're cared for and loved.
I send you all of my warmth and love
to give you a smile and know I am with you hand in hand.

The perfect day would e spent with you
as I gave you all of my loving warmth
while we just lay in bed snuggling throughout the day.
Reading, watching movies, talking,
and resting together as well as sweet closeness.
I just want a day to give you in full
of myself and all of my warmth as I spend time with you
and serve you in so many ways.
I send you all of my warmth to fill you
with all of my love so feel my arms around you as I hold you close.

I would cook you breakfast and lunch
while you stayed cozy under the covers
and I would serve you my Queen
so you could just spend the day in complete comfort.
You'd get to pick all the movies and music
as well as reading whatever you want.
Just a day of your pleasures is what I am craving,
I will be happy just because I would get to
spend time with my sweet precious Angel.
A perfect day giving you all of my warmth
treating you like the special lady you are.
I long and ache for a day where we can
just hold each other in bed sharing sweet things.

I send you sweet kisses my dear I love you so much.

As we would be relaxing I'd have you
lay down on your tummy so I could massage
your aching neck and back to loosen up
as much of the tense pain that I could.
Then rub your arms legs and feet
to relax you in full so we could have a nice rest
as we snuggle away the afternoon.
My perfect day would just be spent with you
giving you all of my warmth
giving to you the attention you need and deserve.
Serving my Queen in such a way is what
I crave so deeply and then to hold you so close
seeing you truly happy as I tell you I love you.

Kira I send you all of my love and warmth
my sweet Angel dove and feel my arms around you
as I pull you in for a warm hug and kiss
of deep care and peace.
I miss you sweet lady and to just spend
days like that serving you my sweet one
is what I am aching for because you mean so much.
God bless you sweet lady you are my everything
and I can't wait for those times to be here
just spent with you in each others arms
feeling true love and peace fill and surround us.

Michael P. McParland

Morning Note 151

A very early good morning to you
my sweet Angel dove,
the sun is only just starting
to light up the sky
and while it's still comfortably
peaceful and dark I'm reaching out
to give you a hug and a sweet kiss.
I miss you sweet lady
and wish you were here to snuggle with me
here in bed for a bit longer.
I want to spend this early morning
in bed with my true love Kira
both of us feeling so safe and warm
in the deep comfort of our true love.
A very early good morning to you
and I'm reaching out to pull you in
for a big hug and a sweet kiss of loving warmth.

I'm too fatigued to even cry
my sweet darling my heart
is just feeling heavy as I lay here in bed
so very tired and missing you
with all of my soul and heart.
I just long to have you in my arms
and to share our deep warmth
and care as we soothe each other
and help one another heal.
I want to help heal your heart
with my loving spirit and my loving touch
as I do for you everything that I can
to lift the burden you feel
and to heal the wounds
and the scars that you carry
so you will feel whole and happy.
I want to give you the loving
compassion and comfort you're so in need of
and that you're so deserving of.
As I lay here in bed this morning
I wish we could be wrapped up

with each other feeling so warm and peaceful
as we shared the sweetest of kisses,
and I hope it doesn't upset you
for me to say I wish we could also be here
sharing sweet closeness just as much for the soul
as it is for anything else.
I wish I were holding you
so I could tell you fully that
I so truly love you and want to be with you forever.

A very early good morning to you
again my sweet precious darling
and feel all of my warmth and love
as I reach out and embrace you
in true love so full of care and compassion,
I wish that you were here to snuggle
and rest with me for a bit longer.
I love you my darling and I am
with you right there as always
and as ever if you start to
feel those pains of loneliness nagging
just close your eyes and see my looks of love
and warm smile that says I love you sweet Kira.
I will be up soon
and I'll write to you when I do.
I love you sweet lady
you truly are my best friend and Angel
and to have your sweet love
makes me the luckiest man there's ever been.

Michael P. McParland

A Goodnight Snuggle Of Deep Comfort

Goodnight my sweet Kira and please come
slide into bed with me for a snuggle
of pure love and deep comfort.
I'm so awesomely tired and exhausted completely,
I just want to lay down with you
and hold each other so loving and caring.
I want to share some sweet kisses
before giving you a weary and loving smile
then say goodnight my beautiful darling Kira,
I love you more than anyone can ever know
and I'm so very thankful for you.
You are the greatest thing to ever happen in my life
and without a doubt the greatest blessing
I could ever receive.
Then give you another deep and long
passionate kiss before we rest our heads
next to each other and fall asleep
in complete comfort and peace holding each other
and feeling whole with no worries
because we both know that we'll still be there
for each other come morning
and we will stick by each other through all eternity.

Michael P. McParland

Love Note 360

Hello my sweet love
and sweet kisses and warm hugs to you
in deep loving care.
I was just looking back
at some old conversations of ours
and how beautiful they were
and how great they felt.
Now my heart aches and longs
at least twice as much
for you my dear.
My main reason though for
writing this was just so I could
say I love you dear with all
of my heart and soul.
I will be forever yours because
you are everything I need and want,
you are my sweet Angel
and my dear best friend.
As I read your words and just
read our loving back and forth
my heart cried out in great need for you.
I love you Kira and I miss you
so very badly and I'll be right here
for you my dear when you are ready
with wide open arms and open heart
to just wrap you up and we can
both feel the deep comfort of home
that is within each others arms.

Michael P. McParland

Come Curl Up 3

Let's not go to bed just yet my sweet dear,
come curl up in my arms and we'll just
sit back and snuggle for awhile.
I am aching so very bad as I know you are too
and all I want to do is feel your warmth
as I hold you close and hear your sweet voice as we talk.
Come my sweet one and curl up within
my loving arms and give soothing calm
to both of our longing and aching hearts.
Come curl up beside me where I can give you a kiss
then look in your sweet eyes and tell you
how very badly I've missed you
and then caress your cheek softly and say
I love you Kira you're my wonderful Queen and Angel,
I adore you so deeply and want to be with you through eternity.
I will always stand by you in true love and support
my sweet darling.
You are my everything and I feel so lost and empty without you
I pray you'll marry me and be my gorgeous bride forever.
So come curl up next to me my sweet precious lady
and feel deep comfort and warmth as I wrap my arms around you,
I truly mean everything that I say because I love you
more than anything and I would never hurt you on purpose my Angel,
seeing you in pain is true torture.
I love you deeply with my entire being and I would
give anything to be with you now giving you comfort
and drying your tears.

Michael P. McParland

A Relaxing Night With My Lady

A wonderful and early good night to you
Kira my beautiful one and I hope it is
going well and you are feeling deep comfort
in all the warmth and love that I send,
Just feel my arms around you as I tell you
it is okay and soon my sweet love in my heart I know it.
I just wish we were together right now
sharing a relaxing night in each others arms.
I want these lonely times to end
and I can be with the woman I love
just spending time and bonding as souls.
Coming closer together all the time
as soul mates, best friends, and people.
A relaxing night with my sweet precious Angel.

Just feel me there with you to fill you up
with all of my strength and love to give you comfort
so you can relax and in spirit we'll touch
and share a beautiful night.
I love you Kira and miss you so much
and I just want to give you all of myself
sharing my world through this whole life
and right through the next.
I want countless relaxing and loving days,
evenings, nights and everything with you my sweet one.
An endless time of true love, care, support and fun,
I only want you my sweet Angel dove
and I'm reaching out to take your sweet hand
and pull you in for a snuggle as we share
a relaxing night in spirit my sweet Queen so darling.

Michael P. McParland

Longing For You On This Evening

Still just lying here my dear after my rest
and I'm so filled with longing aches
to have you here in my arms talking and laughing,
I'm longing so very much to be spending time
with you on this evening my dear
just holding each other and our hands
having a good time doing some fun things.
I long for you because you are you
and that's a magical thing.
A true gift and wonder of which I have no words
to describe or explain this overwhelming
love, care, and joy that I feel.
I love you and long to be spending time
in each others arms doing so many things.
I long to be with you my sweet Angel dove
because you truly are everything I need and want
within my heart and soul without a doubt.

I just want to sit back with you to watch
a film or some TV and reach over wrapping
you up in my arms to hold you so closely
and know I am important and giving you comfort
giving you all of my strength and making you feel so safe
as I hold you so lovingly next to me.
Making you feel happy and whole will
make me so happy and help heal my heart
because I love you so much and making you
feel good and pleasing you is one of the things
that's most important and I want to do.
I want to give you my best in everything
my sweet Angel Queen because you deserve nothing less.
I want to give you all of this deep and abundant
love that I hold because you are so deserving
and in need after being taken for granted and used for so long
I want to treat you as the Queen that you are
every minute of everyday through the rest of time.
I'm longing so deep and hard for you my sweet one
and wish I could be with you on this evening at hand.
I just want to look in your eyes and give you sweet kisses

while telling you I truly love you
and will stand by you through all eternity.
I long to be with you and just snuggle so closely
feeling deep comfort surround us with my only lady.

I'm longing for you my sweet dear because
you make everything so fun and good.
Your conversation with your intelligent
thought and deep words,
the silly things we both thought and shared,
just doing anything with you was always a blast.
You hold such a pure heart and carry
a great and golden spirit and once again
so much of these feelings there's no way to describe
or explain just what it's moved and stirred in me.
I just know that you're special
and I want to be with you forever and ever
because I so truly love you with every part
of my soul and person.
God bless you sweet Kira for being such
a wonderful and amazing Angel
and how I'm so longing to be with you on this evening.
I can feel you in spirit and that is helping
lift me and warm me so deeply,
but nothing can compare to being with you in person
and I pray so very deeply that God will soon
grant us the way to this joy we both long for
and want with every ounce of our hearts and souls.

Michael P. McParland

Come Snuggle 7

Come my sweet darling and lay down with me,
let's snuggle and rest for the shortest of whiles.
I have not slept well the past couple nights
and I need a bit of time to rest
and recharge my batteries a little.
I promise sweet love I won't be falling asleep
through the whole night.
Just a bit of rest for my weary body
and mind that need a bit of time to cool down.
Come snuggle with me my sweet dear
I want to be in your arms feeling your soft skin
as I drift off for a bit and I want you in my arms
giving you comfort and peace with all of my love.

Please my sweet dear come snuggle with me
as I close my eyes because I want and need you
my sweet Angel dove.
I want to rest my head by you and tell you I love you
as I lean in to give you a deep kiss
of passionate desire.
I want to hold you knowing all in the world
is right and good and that God truly cares
as I hold my Angel so near to me.
I love you sweet Kira and want us to always
support and give endless loving care and comfort to each other
so please come and join me because I want
to help soothe your heart my sweet Queen and Angel.
Come snuggle with me my only darling
and let's catch some rest so tonight we can have energy
and feel so refreshed.

Michael P. McParland

Love Note 359

Sweet kisses to you
and great big hugs of warmth
to you on this afternoon
my sweet Angel dove.
My heart sends a message
just saying I love you dear Kira
and you are the most amazing Angel
earth has ever known.
You're a beautiful woman
who's so very kind and full of love,
you are so kind and giving
and I want to thank you
and always do for you just as much.

Sweet sweet kisses and great big hugs
of complete and total warmth to you
on this afternoon Kira my sweet Angel dove.
Hear my hearts call as it delivers
this message to you.
I love you Kira you're my only one
and there isn't anything
I wouldn't do or give for you.
You are my soul mate and you're
my best friend.
You are the most beautiful woman in my eyes
and I want to spend eternity
right by your side.
I love you so deeply
want to marry you my sweet lady,
God bless you my darling
and through this afternoon
feel my arms around you
as I hold you so closely giving you
comfort and deep reassurance.

Michael P. McParland

A Beautiful Afternoon With The Most Beautiful Woman 2

Sitting here in the quiet of my room
my sweet Angel dove just trying to keep myself busy
and while I do I dream of what my heart
is so longing for and yearns to have soon.
A beautiful afternoon spent with you
the most beautiful woman curled up in my arms
spending time talking, reading, watching a film,
and laying back together resting and feeling good.
I so long for and dream of a beautiful afternoon
here or there spent with you the most beautiful
woman and Angel there's ever been through history's run.

I want to spend a beautiful afternoon just sitting back
with you snuggled up next to me in my arms
as I read to you from our book or if you would like
I'd read you my poetry which you so truly love.
I'd feel embarrassed sweet one and blush the whole time
but I'd happily read it aloud to you to make you happy
and see you smile.
Just a couple of things we could do on a beautiful afternoon
just spending with our true love and best friend.
You are so beautiful my dear and I wish I were with you
doing all of the fun things that we have planed and hope to do.
I want a beautiful afternoon with beautiful you
the most gorgeous woman in the entire world.

Oh my sweet love feel all of my loving care and warmth
as I send it to you with big kisses and big hugs
of deep care and true love to fill you up with all
of my strength and all of the peace that it holds.
Feel my arms around you as I pull you in
for the biggest hug anyone could ever hope for my dear
and together in spirit we'll sit down together
and share a beautiful afternoon in the best way we can
until we are reunited sweet darling.
I love you my lady and want to just hold you
and make you so happy,

I want to make you feel like the Queen you are
as I serve you each day with all the true love that I hold.
I adore you my darling and wish we could be spending
an afternoon so very beautiful because you are my lady
and you are so beautiful and I want nothing more
than to spend time with you just having fun doing whatever
and share conversations so good just like we used to.
Sweet kisses and hugs to you my sweet Kira
never forget that your Michael so truly loves you.

Michael P. McParland

Are You Okay? 2

Are you okay my dear?
Please let me know because
I truly am worried and concerned for you.
I know you're hurting deep inside
from loneliness and I want to talk to you
and be able to hold you so very close
while you let out everything you need
and then I will dry your tears
because I love you so much.
Are you okay my sweet Angel dove?
Please let me know soon
because I worry oh so much for you.

I truly fear and worry that you
are hurting much more than I know
because sometimes I can sense it my dear
and I would give anything to make
it all go away so you could be happy
in my arms as we shared our days and nights.
I will always be here for you dear
and I am worried sick in so many ways.
Please my dear tell me how you are okay.

I'm worried and concerned about your
neck and back and if you've had to
get more work done and if the pain
is so bad that you just have to lay in bed.
I think of all the pain you feel
and my heart just cries out in sadness
and righteous anger that my Angel has to suffer this.
I worry about your knees and other
things you've told me give you troubles
and deep pains,
I'm worried that they're getting worse.
Are you okay my precious one
because I'm so very worried and I need to know
just how you are.
I love you more than anything and want to do
everything I can for my Angel Queen.

How is your tummy and are you eating?
Is it remaining true and steady
or giving you waves of sick rebelling?
Are you sleeping and getting the rest
your mind and body is in need of?
Please sweet love tell me that you are
so your health will be as good as it can.
I worry dear so much for you
and I feel worried sick about how you are.
Are you okay my love?

I worry so much about your precious heart
and about all those things I know nothing about.
Are you being hurt or being left alone?
Are the jerks still harassing you at every turn?
I don't know what's going on and I'm
so worried for you my only one.
I care for you more than anyone and I want to
be there protecting you and making
everything alright for you.
I'm worried babe I hope you know
because I love and care for you in every way.

I truly am worried about your aching heart
and want to help heal it so very bad,
I just want to hold you very close
and stroke your hair saying everything is alright my love.
Your Michael's here for you in every way
and I will be by your side forevermore.
I just want to be there to give you all of my love
and give you everything you need.
I'm worried Kira in so many ways.
I love you babe you are my soul mate and my best friend
and I want you to be okay and feeling good.
So please my dear just soon talk to me
and we'll take things step by step.
The first thing though that I want to know
in no uncertain terms is.
Are you okay my sweet Angel dove?

Michael P. McParland

Your Loving Strength And Warmth

As I lay here in bed last night my sweet one
I was not feeling well and was struggling
in many ways aching deep inside,
then I wrote to you a piece of how I knew
we were both hurting and said let's
snuggle dear to comfort one another
in this time of struggle.
I wanted to hold you close at least in spirit
and feel you holding me in comforts calm
and not long after I knew that you had read it
because I felt such peace and calm
overcome me as you sent your loving strength in full to me.
I thank you dear and feel so touched
and overwhelmed once again by all you do for me sweet one.
I'm so thankful my sweet Angel dove I'm almost
moved to tears and I love you so much,
I pray I did the same for you.
I pray that you were filled with all my love and warmth
giving you a peaceful calming night.

Even though I didn't sleep very good overall
without your loving care and strength
I would have seen none at all
and I truly hope you know how much
you truly mean to me my love.
I truly hope and pray I was able to provide you
with calming peace as well so you could relax
and find some rest that you need.
Thank you dear for everything
and I'm sending you big warm hugs of true love
with sweet kisses of pure care
right along with all my loving warmth
to let you know I'm there and holding you
and thank you so very much for all of your
kind loving strength which has touched my
heart and life in so many ways.
God bless you Kira and your precious loving
soul and heart because you truly are a gift to this world.
I love you Kira more and more with each day that comes

and I will always work to honor you my sweet Angel dove.
I thank you dear truly for being such a precious soul
and I will always work so hard for you and give my best
to make you proud.
You are my Queen and crown jewel of my very heart
and I will cherish you forever to no end.

Michael P. McParland

Morning Note 150

A very early and loving
good morning to you
my sweet Angel dove
and as we lay here for a bit more
I just wanted to say I love you dear
and send you such deep
and passionate kisses of true
from the very depths of my heart and soul.
A very beautiful good morning
to you my beautiful one
and I hope you have a wonderful day
so full of warmth and wearing a smile
so truly bright and gorgeous.
Smile for me my sweet lady
and help brighten the worlds day
because my heart melts for you
and when I see you smiling
I become putty in your arms my love.
Those sparkling eyes and big beaming smile
are the definition of true beauty's grace.
You are so beautiful my Angel Queen
and I will be sending you all of
my warmth and love the whole day.
I'll be right beside you hand in hand
the whole way as I continually
give you all of my loving support
everyday because I care for you
completely my dear.
A very beautiful and loving
good morning to you with great big
hugs of deep warmth and kisses so sweet
to fill you with cheer.

If at any point you start
to feel an ache in your heart
and a lonely tug at you dear
just close your sweet eyes and see
my big loving smile and looks
of true love that said everything

without a word.
God bless you my dear
and just feel me there now
holding you so lovingly and adoringly dear,
let's just lay down and snuggle
for awhile longer and take comfort
in the true love we hold and give,
let's just lay here and rest a bit longer
as we both reach out and hold each other,
I love you sweet Kira
my sweet Angel from heaven I truly treasure,
I love you more than anything
and it fills me with such honored joy
to know that you love and accept me in full too.
Having your love is the most wonderful
thing that I could receive
and I just want to be with you everyday
thanking you for everything.
A very beautiful early good morning
to you my beautiful Kira I love
and let's just snuggle up so close and tight
and enjoy a bit longer in bed.
Sweet kisses and smiles to you
my sweet Angel bride.

Michael P. McParland

Sweet Middle Night Kisses 2

Lying here in bed tonight my sweet love
just drifting in and out of light sleep.
I'm not sick but I'm not feeling well
and I long so very much to be with you.
So I'm reaching out for a middle night
snuggle to give us both comfort
and to give you sweet kisses
that say I love you darling
you are so truly cherished and beautiful.
I'm reaching out with all of my loving warmth
to say I love you sweet Kira with a snuggle
of strength and calming peace,
with sweet kisses for you sweet Kira
my Angel and best friend I completely love and cherish in full.

Michael P. McParland

Goodnight Kiss 20

As I slide into bed next to you
I look into your magical sparkling eyes
to say goodnight my dear I love you so very much,
without you I'd be forever alone
because only you will do.
Then feel my arms around you dear as I
pull you in so close to give you
the sweet, deep, and passionate goodnight kiss
of true care and loving warmth.
Now let's just snuggle my sweet as we go to sleep.
I love you dear and miss you so
and want to spend every day and night
right by your side giving you everything I have.
I give you this goodnight kiss to say
Kira you are my everything and you truly are the best.

Just feel me there beside you as I hold you
so close to me in true loves care and comfort
the entire night through while I gently
rub your back and stroke your hair
as you rest your head upon my chest.
I love you Kira and I'm sending you
all of my love and warmth
with this big and caring goodnight kiss.
I truly do adore you darling
and I want nothing more than to
be with you sharing our life's journey.
No expectations my sweet lady
I just want to be with my dear Kira
the woman I fell in love with many years ago.
I love you and want to hold you close
to let you know I truly care and you're so loved.
So as I slide into bed right next to you
feel deep peace and warmth as I wrap you up
in my arms for a loving snuggle
and give to you this kiss that says
I so truly love you my sweet Angel
and I want to be with you forever.
Goodnight Kira my northern star of brilliant light

you truly are everything I'll ever need and ever want.
Have not a fear within you dear because I swear to you
I'll always be with you hand in hand through all things
giving you all my endless loving care and support.
I'll always stand by you my diamond in the rough.

Michael P. McParland

Come Snuggle 6

Come snuggle with me my sweet darling
for a good while so we can just take deep comfort
as we spend time talking and holding each other.
I'm having a hard night and just want
to be with my sweet Queen and Angel.
I want to be with sweet Kira
the who gives me such light and reason.
I want to be with sweet Kira and give you
deep comfort and reassurance.
Come snuggle with me for awhile sweet one
because I love you so much and I just need
to hold you and be held by you tonight.
Kira you are everything in this world
that is good and right and I just want to snuggle with you
my Angel of pure love and light
whom I adore and treasure to no end.
I love you Kira and I always will,
so come snuggle with me and help make each others nights good.

Michael P. McParland

Love Note 358

Sweet sweet kisses to you
on this late eve
sweet sweet Kira I so love.
Feel my arms as I wrap you up
in them to hold you close to me
and give you endless comforting peace.
You truly are the apple of my eye
and the greatest woman there has ever been.
You're a peach and and the sweetest
woman that there is,
you have a heart of gold
that's oh so rare
and you truly are so gorgeous girl.
I love you more than anything
in heaven or on this earth sweet dear.
I love you and want to give you
all my love and everything
while doing my best for you at all times.
You are my Angel and my best friend
whom I adore to no end.
God bless you my sacred Queen
and I will forever be your faithful man.
I love you Kira more and more
with each day that passes by
and I want nothing more than to
spend each day with you
holding hands and having fun
as we work together to make the life
we both have dreamed of and so longed.
I love you Kira my sweet Angel dove
and there isn't anything that
can ever take away my love for you.

Michael P. McParland

I Want To Hold You 3

I just want to hold you within my arms
and say I love Kira my beautiful one,
I adore you so very much
and I've missed you so bad unlike
I've ever missed anyone before.
I love you Kira and just want you here
within my arms where both of us
can feel at home in comfort.

I just want to hold you so very close
because I need to feel your loving touch,
to just feel you right next to me
as we embrace so lovingly.
I just want to hold my darling dear
because I love you so much
and that is exactly what our hearts need.
I long, yearn, and deeply crave within
my whole soul and being to just hold you
so very close within my arms and tell you
how much you're loved and that I'm always here.
I love you Kira my darling dear
and I just want to hold you my Angel true.

I ache so very bad and holding you
would be the needed cure,
to give you comfort and all my love
would make me the happiest man.
I truly want to please and comfort you first my dear
because seeing you happy and doing well
makes me feel better in a huge way.
I just want to hold you dear to soothe your heart
and help calm your soul.
I want to hold you close because I truly
love you so very much.

My sweet darling dear I hope that our time
is soon almost here because I need
to hold you next to me and give you kisses
so very passionate and deep.

I want and need to express my love to you in full
of how I feel inside and I need you
here in my arms to give and tell you
everything I need and want to share with you.
I just want to have you in my arms
so we can finally start our lives together in deep joy.
It's what we've wanted and what we've dreamed
and you truly are everything to me.
I want to hold you everyday and every night
through the rest of our lives on earth and into the next,
I want to have you close to me through all eternity
because you are my Angel and my Queen.
I just want to hold you so very close
because I truly love you the very most.

Michael P. McParland

Evening Note 78

Good evening my sweet one
and a big hug of warmth for you
my gorgeous Queen.
I love you so much
and as I have been lying here resting
I've been dreaming of you
and just about us talking
and holding each other so near.
I feel so tired but am
trying to fight through
so I can be right here for you.
I wish you were here though
to snuggle up with and rest
while I hold you so close
and give you sweet kisses of true love as well.
I miss you so very much
my Angel of pure light and love.
I love you tons Kira
you truly are my sweet Angel dove
and only one.

Feel me there with you in spirit
sweet dear holding you so tight
against me giving all of my strength,
comfort, and deep loving warmth.
Always remember that I am
always with you right by your side
hand in hand every step of the way.
I love you so much and don't want you
to think you're all alone
when I love you so much and will
always give you all of my loving support.
I care for you so much
that I would give up my life
just for you.
There's no hesitation in that
because you mean more than the world
you mean the universe to me my sweet one.
Have a good evening and feel

all of these sweet kisses I send to you
and be filled with warmth
as I wrap my arms around you,
I'll never leave you my dear
because I love you truly
and feel so very lost without you in my life.
I'll always be yours because
you are my best friend and soul mate
that I've loved since before we were born here on earth.

Michael P. McParland

The Best Thing To Me

You are the best thing that's ever happened
to me and come into my life.
The gift of an Angel with the gift of true love,
how I miss you so much and all the
special things we shared in seriousness and fun,
I miss it all because I miss you my only one.
You truly are the best thing that has
ever come into my life and I can't wait
until we reunite.
I love you so much and my heart fiercely aches,
I just want to hold you close to me
and tell you everything I hold within my heart and soul.
You are the greatest thing within this world
and I love you more than anything my sweet Angel dove.

Michael P. McParland

Come Sit With Me 3

Come sit with me sweet love
and curl up within my arms
so I can give you all my love and warmth
to fill you with comfort knowing
I truly care and love you so.
Come sit with me my sweet Angel dove
and I'll hold you as we talk away the hours
as they come and go.
I love you babe and want you to know it's
always true so come sit with me and curl up
in my arms so I can gaze into your eyes and say
Kira you truly are all I want and need,
you are the best and the only one for me.
I love you deeply with all of my heart and soul
which I freely give in full to you.
I want to be with you through all of time
supporting and fighting for each other
as a great team.
I want to be your forever faithful man
that will stick by your side through everything.
I want to be with you through eternity
because I love you more than anything.

So my sweet darling come sit with me
and curl up close within my arms
so I can give you reassurance and deep peace,
so we can talk openly.
So I can just hold you and calm your aching heart
and let you know you're not alone.
Come sit with me my sweet Angel Queen
because I love you deeply and can't stand
to know that you are hurting deep inside.
Come sit with me so I can dry your tears
and tell you all the things I need to say
about how I've missed you and what you mean to me.
Come sit with me my sweet precious gem
because I love you so very much
and we need each other in our lives.

Michael P. McParland

Love Note 357

A very good afternoon to you
my sweet love and give me a smile
to brighten the day.
Your gorgeous smile is a glorious thing
and a true wonder of beauty
that makes me feel so very good.
You are a beautiful woman
my sweet Angel dove
and if I were an artist
I'd paint a picture to honor you.
I have not an ounce of talent
in that respect though
so I do my best to honor you with my words.
I love you sweet one
and my heart swells with pride
over you.
I'm so proud of you dear
for being such a tough
yet kind loving Angel
who's fought through so much.
I love you Kira you're the greatest there is.

Feel my hand in yours as I
reach out and take it
and then place a light kiss upon it.
Just feel my arms around you
as I wrap you up in them
to give you a hug of immense love
care and warmth.
Just feel at peace knowing
I'm with you always sweet one
just as I take deep peace
in knowing you're with me
holding me close so tight against you,
I love you Kira and thank you so much.

Have a great day my sweet Angel Queen
and if you want to or need
please never hesitate to reach out to me,

you're not alone and you don't have to be,
I'll always support you with infinite love,
I care for you deeply and don't
want to see you struggling on your own.
I love you so much and worry about you
Peace be upon you and God bless you
my darling to feel all of the
love and warmth I am sending.
Hear my heart darling as to you
it is singing and calling
telling you that I truly love you
and you're all I want.
Peace be upon you and know
that our time is coming
and it's hard for me too
all of this waiting.
I just want to hold you
and give you deep comfort
and give you all of the love you'll ever want
forever and ever my sweet Angel dove.
I'll treat you like the Queen that you are
and give you all that I am
everyday through the rest of time.

Michael P. McParland

Sweet Afternoon Kisses 2

Sweet afternoon kisses to you
my sweet Angel dove.
Sweet kisses of care
and sweet kisses of passion,
sweet kisses to say I love you sweet Kira.
Sweet kisses that tell you I miss you
and cherish you darling
because you are my best friend and Angel
I so adore and admire.
Sweet afternoon kisses to you my sweet love
to give peace to your heart knowing
your Michael is there holding you
and loves you more than anything else.

Kira I send you sweet afternoon kisses
to thank you because you do so much for me
and your love is unconditional,
such a rare thing here on this planet.
Your love is so pure and undying
and it fills me with light and joy
for which I'm so thankful.
I love you Kira and I want you to be happy
and I will always give you my best and everything.
God bless you sweet Kira my his love and mine
fill you with warmth and comfort.
Sweet afternoon kisses to you my sweet lady
just feel me there with you holding you tightly.

Michael P. McParland

A Day Spent Holding You

Lying here in bed babe with an aching heart
and how I wish I could just hold you close,
to give you comfort too my dear
because I know you ache and want me near.
I love you so and just want to be with you
and spend a day of healing and happiness
in each others arms drying each others tears
and talking right along about what we need to
and just what we feel like.
I want to spend the day holding you so very close
so I can look you in the face and say I'm sorry dear
for all the wrong I did and I love you so much my Angel dear,
and thank you truly for all the love you have and give
as well as everything else I'll go over as time comes.

I'm aching very bad right now my precious one
and remember it's not you that makes me sad
it's missing you my pride and joy that hurts so much.
Missing my Angel is as a great a pain as there is
and I just want to hold you the whole day through
to heal both our hearts and be with my one true love.
I want to spend the day with you and caress your cheek
and give you kisses while I stroke your hair and rub your back.
I want to spend the day with you in my arms
while I listen to you talk about everything you need and want.
I just want to hear your voice
and I need to hear everything you have to say
about everything and anything there is.

Oh my sweet Kira dear I truly just want to be with you,
I miss our conversations and sitting so very close,
even when we sat in silence on the phone it felt okay
because it was you I was talking to and it felt good
just to know you were right there and I could hear you breathe,
and then you'd speak and your voice would get my heart to beat in joy.
I so want to spend the day with you in my arms
because my heart is yours and it melts for you in pure love.
I want to give you all my loving care and that which you deserve
because I love you so very much and you deserve to

be treated like a Queen my sweet Angel dove.

I'm longing and aching so very bad for you my dear
and that I can feel you here in spirit is why
I have the strength to get out of bed and keep working
for you and me so I can be my best for us,
I love you Kira and I want to be with you forever,
you are my Queen and my precious Angel.
I'll stand by you through all time and be your
Michael that you can trust and have faith in always dear.
I love you Kira and I choose you because you are the best,
you are a wonderful woman with a gorgeous soul
and you truly are so very beautiful.
So feel this kiss I give in true love
and feel me wrap you up in my arms as I hold you close
in spirit to reassure you of my undying unconditional love
to comfort you in such a trying time.
I love you babe you are that I want through all eternity.

Michael P. McParland

A Beautiful Morning With My True Love

A very beautiful good morning to you
my beautiful Angel and sweet kisses aplenty
to get this day started and to say I so love you.
I miss you Kira but I can so strongly feel you
and that helps ease the aches that I feel.
I just wish you were here to share a beautiful morning
sitting together and feeling so cozy
snuggled up right by each other.
I love you sweet lady you are my true love
and I am right there with you holding you closely
and giving you kisses to give you a big smile.

A beautiful morning where you could sit back
as you wake up and I'd make your coffee,
get it perfect for you just how you like it
and then as I sit down by you you can curl up
in my arms and I would hold you so snugly
while we sat and talked, watched some TV,
or I read from our book to you.
Just a relaxing morning with you
my beautiful one would make the perfect morning to be in.
To be with Kira my true love is everything
that I want and long for.

To just sit and spend time with my lady
is the ideal beautiful morning
where I can look in your magic and sparkling eyes
seeing you smile so brightly as I tell you I love you
and just say thank you my dear darling for everything,
and then just pull you in and hold you so tight
with both of us feeling peace and content
feeling the true love that we share surround us in full.
There could be nothing better right now
than a beautiful morning with Kira my true love.

Feel all of my warmth and love as I send it to you
and feel me beside you holding you and your hand,
I'll be right beside you the whole day
giving my full support and love always.

Just close your eyes and see my loving looks
and warm smile and know that I still
wear them for you my sweet precious darling.
Never forget that I'm here if you need me
because I love you Kira and for you I would do anything.
You are my true love and my sweet darling Angel
and I just long to be with you making you
so proud and so happy.

Michael P. McParland

Morning Note 149

A very early good morning
to you my sweet darling dear
come cozy up so close to me
and I'll hold you so tight
as we lay here in bed for awhile.
I wanted to tell you I love you
in these early morning hours
and give you sweet kisses
while we lay here and snuggle.
Let's just softly talk
while we rest a bit more
and bask in the glow
of our loving care and warmth.
A very early good morning
to you my sweet Angel
and may God bless you
to feel all of my love and warmth
that I am sending and as
I hold you in spirit.
I love you sweet lady
and find you simply amazing
and I can't wait for the day
that we will be holding each other
as we just lay in bed on a day
like this morning.

Michael P. McParland

Night Note 128

Lying here on a night
of mostly just light resting
and I'm thinking of you my dear
and how you are doing.
Are you okay my sweet one?
Are you doing okay
and not in too much pain?
It kills me not knowing
just how you're doing
and being able to help you through it
if you are in need of a helping hand
or just an open ear.
Remember dear I'm always here
for you with open arms,
never forget you're not alone
because I love you babe
and won't leave you in the cold.

Lying here my dear catching
just mostly light rest
and I'm reaching out to pull you in
for the tightest hug
of loving peace and warmth
to calm and soothe both of our
aching longing hearts and souls.
Just feel my care and love fill you up
as I hold you close and through this night
and feel my passions burn with this
deep kiss of true love and desire
I give to you my gorgeous one.
Just feel peace within yourself
as I reach out and pull you in
for a snuggle of total love and care.
I love you Kira and I am concerned.
Please let me know just how you are
and if you need anything
I'll always do everything I can for you.

God bless you my dear Angel

and blessing sent from up above.
Never forget that you are cared for
and so very deeply loved.
I adore you dear and with each day
my love does grow.
I can't wait to share each others worlds
complete and whole,
I want to know the one I love
in every way because you
are special and you are interesting
but more important you are
my best friend and true love.
I want to know you because
I love you so.
So as I now close my eyes
to rest some more
feel my arms as I wrap them around you now.
Feel all my love and warmth
as we snuggle through this winter night
and feel my burning passions with
this kiss of true love and desire
I place upon your lips.
I love you babe you truly
are my precious Queen
and I promise I will stick by you
through all of time.
You are the best
and all I'll ever want and need.
And now with one last kiss
let's go to sleep.

Michael P. McParland

Sweet Dreams My Sweet Queen 2

Goodnight Kira my sweet Angel dove
and have the sweetest of dreams my sweet Queen,
may we see each other there to just embrace
for the longest time telling each other
how much we've missed the other
and shed the last of our aching lonesome tears
then drying them for each other.
Sharing sweet kisses in abundance
and talking away like we used to.
Sweet dreams my sweet Queen
I'll see you there and tell you I love you
while holding you tightly against me.
God bless you my sweet lady
you truly are wonderful and amazing.

Goodnight my sweet Queen and through
the whole night I'll be holding you so
lovingly and tight,
I'm sending you all of my love and warmth
with great big kisses and hugs.
Just feel me beside you as you rest your head
upon my loving chest and hear my heart
as it beats for you my sweet Angel so good.
I'll hold you forever and I'll never leave you,
have faith in your Michael
because I truly love, admire,
and adore you my precious Kira.
You are a rare precious gem that I treasure,
you're a diamond in the rough I so cherish.

Goodnight my beautiful true love Kira
and sweet dreams to you my gorgeous sweet Queen,
come slide into bed and snuggle with me
as we share some sweet kisses before we sleep.
I want you beside me and I need you
because I so truly love you,
I want no other just my beautiful Kira
so come and let's snuggle the night through.
Goodnight and sweet dreams my sweet Queen and Angel

it is you I want to be with forever and ever.
Just know that I am here waiting for when you are ready
with a wide open heart and wide open arms
ready to accept and pull you in to give you
all of the love that I have to give
and all of the love you've deserved and needed for so very long.

ILYF and ever KP.

Michael P. McParland

A Pre Bed Time Snuggle

Come join me sweet love
and before we sleep just lay here
holding each other and talk.
Relax while spending time and listening
to each other go on at length
about whatever there might be.
Come join me sweet one for a
pre bed time snuggle
because I love you so very much
and just want to hold you
and hear you talk.

I just want to lay here right now
and enjoy the presence and company
of my gorgeous lady.
Come join me my dear
and share some sweet kisses
so deeply loving and pure.
Come my sweet lady and join me
in a warm and loving pre bed time snuggle.
I love you sweet lady
and need to lovingly hold you,
you give me peace and make me feel safe.
I love you sweet lady and want you here with me
so I can tell you you're wonderful
and the most amazing woman ever.

Michael P. McParland

Home Is

Home is being in your arms wherever you are.
Being in your warm embrace of true love
is pure comfort and peace in every way
and that is exactly where I want to be.
Home is wherever you are my sweet Angel dove
and it is being within your sweet
unconditionally loving arms that give me peace,
hope, and reason to live.
I love you sweet Kira so very much
and I hope soon we will both be able
to return home into each others arms forever
never to part again.

Michael P. McParland

When I

When I think of you I feel such
light and joy within my heart and soul,
when I think of you I smile
because you are a rare and gorgeous precious jewel.
You are the Angel I adore
and want to be with everyday through all of time.
When I think of you and the
looks and times we used to share
I know within my heart and soul that
all I feel is true and that you are the only one.
I love you babe I truly do
and when I see you again I'm going to wrap you
up so tight within my arms and let you know
how much I care and all I feel.
When I think of you my heart jumps for joy
and knows there could never be another only you.

When I go to bed at night all my thoughts and dreams
are of my Queen and northern star,
I think of all the things I will say to you
and all the times and things we'll share for good.
I dream of you and that gorgeous smile,
I always dream of you my beautiful girl.
When I think of you I feel such longing in my heart
as to you my soul calls out in pure love with no doubt.
I love you Kira and I've always known that you're the one
because when we met our souls touched
and said hello I've been missing you.
We knew each other before we came to earth
and I know we shared true love since the very start.
When I think of you and all the love we hold
I smile big and say out loud in a whisper
I love you Kira and want you so,
you are my one and I want only you.
You're all I want and all I need,
Kira dear you are the perfect woman for me.

Kira you truly are such a gift and blessing
to me my dear and when I pray

I thank God for you in every way,
I ask him to let you know I love you very much
and to feel me holding you so very tight,
I pray that you will be okay and feel no more pain,
I pray for him to make things great
and soon present the way for us to reunite.
I love you babe with all of my heart, soul, mind,
and body in full and when I think of you
my knees grow weak and I tingle in every way there is.
In the joys of love and that special way,
in excitement knowing that one day soon I'll be with you,
just knowing that my Angel adores and loves me too.
When I see you again my dear I'm just going to
hold you for so long and dry all your tears
as I lean back with you still in my arms
and say I love you Kira you precious soul
and I swear I'll never leave you my gorgeous one,
I'm here to stay because you are all I want
and my everything.
So feel no fear and smile for me because
your Michael loves you and isn't going anywhere,
my love for you is permanent and unconditional
and nothing anywhere can make me give up on my Kira
whom I truly love and adore with every fiber of my being.
You are my Angel and you are my Queen and everyday
I'll give you my best and everything.

Michael P. McParland

My Beautiful One (I Love You)

I truly love and miss you
so very much my beautiful one.
I adore you to no end and just want you
here in my arms tonight to sit by me
as I just read and watch some films.
I would let you pick all of the movies we watched
and I would cook you dinner as well.
Then I'd just want to lay down and rest
my head in your lap as you read aloud from our book.
I love you my beautiful one
and can't wait to hold you so lovingly in my arms.

As I sit here this evening my heart aches and longs
for you my sweet beautiful one.
I can feel your arms around me and my arms around you,
I can smell your pale skin and beautiful hair
and I just want so much to look into your eyes
and say I love you dear,
you're everything that is right in the world
and I want to be with you forever my Queen.
You are the worlds beauty and you make my heart beat,
I love you babe you truly are my everything.

You are so beautiful and I could just marvel
over you for hours and hours,
you have a heart of gold and a soul
that is so bright and full pure light,
it makes my knees shake the perfect Angel you are.
You are my beautiful one and it makes me so proud,
that you love me to is the greatest thing there is.
I love you my dear and just want to be by your side
holding you and your hand and give you a kiss on the cheek
and tell you you're cute.
I adore you so much and need you forever in my life.

I love you my beautiful one and can't get enough
of the gorgeous person you are,
I'm addicted to you in all the best ways
because you are my hero, my soul mate,

my true love, and my gorgeous best friend,
there isn't anything I wouldn't give you.
I love you sweet Kira and dear God do I miss you
and always remember I am right there beside you.
Feel these sweet kisses as I send them endlessly
and feel my arms around you as I embrace you so warmly.

Michael P. McParland

Sweet Kisses 2

Sweet kisses of passion,
sweet kisses of true love,
sweet kisses to you my sweet Angel dove.
Sweet kisses of warmth
and sweet kisses of care.
Sweet kisses to Kira
my one and only true love.

Michael P. McParland

An Afternoon Snuggle Of Deep Comfort

Good afternoon my sweet love and as I sit here
watching a film I think of you also
and wish we were holding each other feeling
all encompassing deep comfort.
I love you my darling and miss you so much
I just wish you were in my arms and I within yours
feeling your true love as you were right here,
so I could lean in and kiss you then looking
into your sparkling eyes say Kira I love you
and thank you for being so truly special
and my wonderful woman.

I long to share such a wonderful and loving
late afternoon snuggle with you my sweet Angel.
To just be right next to you sharing our comfort
while spending such wonderful time enjoying each other.
I so long for and crave to have you in my arms
giving you kisses and caresses a many.
I love you sweet lady and can't wait to be with you
having many afternoon snuggles each day.

I can feel you so near me and in spirit
sitting right by me holding me tightly
and it is the one thing helping me get along immensely
and I thank you so deeply my sweet precious lady.
I'm sending you all of my warmth and love
and want you to know I am with you always.
I just wish we were together in person
holding each other in the sweetest afternoon snuggle
of deep love and true comfort.
I miss you so much and can't wait till our time at last comes.
I love you Kira for you truly are such and
amazing woman and miracle and I will always
stand by you and give you all the best that you are deserving.

Michael P. McParland

You're All I Want

Kira you are my best friend
and the love of my life.
You're all I want when it comes to love,
you are the missing piece and I want to hold
onto you forever my sweet dear.
You're all I want and all the I need
because you are my Angel and I adore you completely.
You make my heart sing and you keep it beating,
without you I feel empty and lost and want to go home.
Kira you're all I want because I love you completely
and I know that you love me too and that makes me feel
so very good.

You're the only woman I want to marry,
you're the only woman with whom I want to have a family.
I welcome your kids into my life and would love them like mine,
I know you are the most wonderful mother there's ever been.
You're all I want and will give you my world,
I trust no other like you because you are my Angel so true.
I love you Kira you are my hero and soul mate,
you're all that I want and you are the greatest.
I love you Kira and I will always be with you.

Michael P. McParland

Love Note 356

Good afternoon my beautiful sweet love
I hope you are doing so well
and I am very sorry I have been silent
through all of this time,
I am not feeling well at all and I
will explain why my sweet one.
I pray you're not mad at me,
I love you so much and I send you sweet kisses
in droves my sweet Angel dove.
God bless you my beautiful one
that you will feel peace and joy
in your sweet golden heart
and know that I truly love you so very much.

Yesterday morning after I last
wrote for you about sharing
a very warm and peaceful snuggle of comfort
needed by both I could just feel you
wrap your sweet arms around me
and give me all of the love and warmth
that you have which is immense.
I had been up since very very early
Thursday morning with nothing more
than some stretches of okay sleep
and most all of that on Friday.
I felt such deep peace from all of your care
that I began to drift right away
and within an hour and a half
I was gone fast asleep
and never rose to do more than
those human things and get a quick drink.
Thank you so much my sweet Angel of light
for giving me all of that understanding
and comfort of true deep love that you hold,
it means more to me than you truly know.

Then I woke up at six in this morning
and had a raging migraine
and doubled over as the worst stomach pains

ravaged my body.
So until just recently I've been curled up
in a ball on my bed and when I wasn't
getting some sleep I just prayed for God
to make that pain go away and that you
would be okay as well knowing I was with you
and that I cared so very much and will never leave you.
I just sat there saying Kira come help
me please I love you so much
and I just want you to be here with me.
So my sweet love that is why I have not
written until now.
My stomach still hurts a bit
and in all honesty I have been
struggling so hard without me my sweet love.
I miss you so much and just want to hold you
so tight and close in my arms as
I thank you for being my girl and for
all the wonderful things that you've done and do,
and most of all just thank you for being you.
Kira you are a special person and soul
and I love you more than anything that there is.
I love you so very much and I will always
be right by your side hand in hand
giving you all of my loving care and support in full.

I love you Kira and just feel me
wrap my arms so tightly around you,
feel this sweet kiss of true love
that I give you with a big smile.
I miss you my lady and know that our time is coming,
I struggle so hard though with all
of the waiting and just want to hold you
telling you everything within me,
I want to hear your sweet voice while
you talk to me at length about everything.
Feel me there with you as I hold your hand dear
and I promise I will write you more as the day goes.
Say a prayer for me that I will soon
get feeling completely better.
Oh my sweet Kira just know that you are
my best friend and I truly adore you,

you are the only woman I love and want
to spend eternity by you.
God bless you sweet Kira and remember that
I am forever only your Michael
because no other can do when I've
already found my Angel of true perfection.

Michael P. McParland

A Needed Snuggle

Reaching out to you on this very restless night
and pulling you in close for a snuggle of comfort
so badly needed by the both of us.
I just need to hold you feeling you wrapped
up in my arms right next to me knowing
I'm giving you comfort and helping you feel safe.
I'm reaching out on this restless night
to hold you so close and tight
giving you a sweet kiss as I tell you I love you
and need you forever in my life and by my side
because you are the most wonderful woman
there's ever been and that I could hope for ever.
Just feel my warmth as I hold you so close
and feel deep peace as I tell you I love you
and give you a deep gentle kiss.

Oh my sweet Kira it's such a restless night
and I'm reaching out to hold you so close
in a snuggle of comfort that is truly needed by both of us.
I just want to hold you and my first concern
is that you are okay and feel so safe in my arms.
I just need to feel you next to me
so tight and close as I give you strength and comfort
while I hold you and give you reassurance.
I'm reaching out to share a snuggle of comfort
that is so badly needed by both of us.
I love you Kira and need to know how you are
and I want to be there to make everything okay.
You are my Angel and the woman I care for completely.
So just feel such deep warmth and comfort
as I reach out in spirit for a needed snuggle of comfort
and listen closely for my voice as I say
Kira I love you and to me there is nothing more important than you.
I am here for you darling with infinite love unconditional
and I want nothing more than to be with you
forever celebrating and basking in the glow of our true love.

Michael P. McParland

Falling Asleep In Each Others Arms 2

Goodnight Kira my sweet precious dear,
I am so exhausted and weary and hope you will
come join me in bed for a nice snuggle
with sweet kisses before we close or eyes
to drift off peacefully to dreamland.
Come snuggle with me my sweet dove
and give each others hearts peace in our
shared warmth and love.
Come join me my dear for the sweetest of kisses
and a wholesome snuggle before we rest our heads
so happy and peaceful falling asleep
in each others arms so contentedly.
I love you my darling and long to end this night
wrapped up in each others arms drifting to sleep
knowing everything is alright at last.

Just rest your sweet head upon my chest
as I send you all of my warmth and love,
feel my arms around you as through the night
I hold you so close stroking your hair and rubbing your back.
Let's just softly talk as we drift
because I am dying to hear your sweet Angelic voice.
I long to feel your soft skin and loving touch
as we just lay in bed snuggling away.
I love you babe and am longing so bad
to be with you right now.
You are the one that I'd give my whole life for
and you are the Angel I want to be with for all time.
I love you sweet Kira and just snuggle up
resting your head on my chest as I pull you in close
to keep you warm in all my loving strength through the night.

I'll see you tonight my sweet one in the land
of sweet dreams where it is just you and me
with no one and nothing to bother us
as we spend time with each other in so many ways
and tonight in our dreams I want to lay down
together on a soft bed that is ours
and hold you so close opening up my entire world.

I just want to talk to and hold you
my sweet Angel dove and revel in the beauty you are.
I'll see you tonight my sweet one in the land of dreams
where I will hold you so tight and give you
sweet kisses of pure delight.
I love you my darling and I can't wait for
it all to be real.

Goodnight my sweet Kira so beautiful and good
and let's just wrap up so tight
under my big fuzzy orange blanket and snuggle
sharing kisses until we fall asleep
so contented and happy in each others arms.
Feel all of my love my sweet dear as
I send it to you completely in full
and feel my arms wrapped so tightly around you.
God bless you my darling and know
that I am right there beside you
and as I lay down and close my eyes
I'll be seeing you smile and dreaming
of falling asleep in each others arms.
Goodnight my sweet Kira and hear as my heart
calls out in soothing tones to you
to help give you peace and relax you.
I love you so deeply and I treasure you
my sweet darling Angel.
I miss you Kira and will always be waiting here for you.
I only want you to share myself and my life with
because you are my soul mate and best friend
and I know in my soul you truly are so very
special and a wonderful woman sent by God as a blessing.

Michael P. McParland

Sunday Evening Snuggle

Come my sweet darling and cozy up
next to me and curl up in my arms
for a warm Sunday night snuggle for us to
just lay back and relax while spending some time
with each other feeling so good and warm.
A Sunday evening snuggle giving us
peace and comfort we've so needed and want.
Contented peace within each others arms
the perfect place to be each day and each night
for the rest of time.
Come my sweet lady and get so cozy as you
curl up in my arms for a warm Sunday evening snuggle
so filled with love and beauty.

Come snuggle with me my sweet darling Kira
and share some sweet kisses so caring and deep,
let's just rest our heads as we talk
and listen to some soft soothing music
or one of my audio books.
I just want to feel comfort as I snuggle with you
my sweet Angel so gorgeous and true,
my heart longs and aches to just
have you here in my arms so anything would be good
as long as we were sharing a warm loving snuggle
on this Sunday evening.
I send sweet kisses to you and a big hug of warmth.
Kira I love you and miss you so much.

Come my sweet Kira and just curl up in my arms
and get so close until you are comfy and cozy,
let's just climb under my big orange fuzzy blanket
and snuggle away a few hours talking, kissing,
and doing a little bit of resting.
I need you my darling and I know you need
the deep comfort as well.
Come join me my lady for a beautiful and warm
Sunday evening snuggle where I can just
hold you so close rubbing your back and stroking your hair
while I softly speak reassurances to you.

I love you Kira and I am yours and yours alone for eternity,
I'll never leave you and never again will you
have to face the cold of the world by yourself all alone.
I so deeply adore and cherish you my sweet Angel dove
and I love you to no end because you are my Kira
a gorgeous Queen and blessing I'm thankful for to no end.

Michael P. McParland

My Best Friend, My Angel

My best friend is my Angel
and she is a true gift and blessing.
She is so very beautiful and I know
without a doubt that God made her special
taking extra time to create such a divine heart,
she is a gorgeous woman that I love with all of my heart.
My Angel is my true love and best friend
and there isn't anything I wouldn't do to see her happy
because she is the reason my heart continues beating
and that I keep marching on everyday that comes
because I know our time will come and I want
to be with my Angel feeling true joy.
I love that woman in every way and she is my Angel
so truly great and supreme to no end.

I so adore my best friend and Angel
that at times I want to climb the highest mountain
and shout to the world that I am in love with sweet Kira
the most beautiful woman that's ever existed,
I want to shout that my best friend is the
greatest thing to ever happen to me
and is such a blessing that is continually giving.
I love my best friend and Angel and want to
be with her hand in hand for eternity.
She is such a rare treasure I cherish and admire
and I can't even bare the thought of losing her.
She is the only one I will ever give myself to in full
and she is the only one I can see myself with.
No other will do just my Kira for me
because she is my Angel and she is the holder
of my heart and soul forever.
She is my best friend and they are a gift I long ago
gave to her to take care of and treasure forever and ever.

I love my best friend and Angel she truly is
so very beautiful in every way and she
truly is so very awesome,
she brings hope and joy into my life
in a way no other has done or could do,

in my loving eyes she's the worlds beauty
making everything so very much better.
My best friend is my Angel and everyday
I will give her my best and everything,
she is so deserving of immense and true love
and I have so very much I want to give her.
I will always work hard for my Queen and Angel
because she deserves the best
and I only want to make her happy and proud.
My best friend is my Angel and I so truly
love and adore her for the magnificent woman she is
and I earnestly pray that so soon she will
honor me by making me the happiest and luckiest man
throughout history by giving me her sweet hand in blissful marriage.

Michael P. McParland

All I Want Sweet One

All I want sweet one is for you to know
what a truly wonderful and beautiful woman you are,
I want you to know that I love you so very much
and long to share my whole world with,
something I would do only for you and no other
letting you see and know all of my innermost
secrets and tender feelings,
all of my vulnerabilities and true joys,
all of my angers and all of my pains.
Only to you would I expose myself in such a way.
I want to do it because I so truly love you
and I trust you in a way like no other.
I treasure and cherish you my sweet Angel
and all I want is for you to know the truths
I hold within my heart and soul
and for you to know I've never lied my sweet dear.
All I want my sweet love is you right here by my side,
to have and to hold as I give you sweet kisses galore
telling you how truly wonderful and special you are.
I love you Kira and you're all I want in this world
right into the next sharing ourselves for all time.
I truly love you more than anything
and all I want is to make you happy and proud
knowing I'll always be with you giving my all.

Michael P. McParland

Kira I Love You So Very Much

Kira I love you so very much
and each day it gets harder without you
here by my side to look at and smile,
to reach out and take your hand,
to just wrap my arms around you
and say I love you dear right to you
and seal those words with a sweet kiss.
Kira I love you so much and ache so very bad
to see you again and just hold you so lovingly
within my arms and hear your sweet Angelic voice.

Kira you are my beautiful soul mate and best friend
and I treasure you completely for just who you are,
there is nobody else I would ever want to be with
because you are my Queen and I am so blessed
that you love me too and cherish me in full.
I love you so very much and just long to
have you right here by my side so very soon
to spend our lives on earth together forever
and then right on into the next side
spending eternity in our true love as husband and wife.
Kira I love you so very much and my heart
is longing and aching for me to pour out
and open up to you in full.
I want to share all of myself and my world
with you my sweet Angel dove.
I want to be with you forever as my sweet Angel bride.

Kira I love you so very much and am reaching out
to pull you in so very close for a big hug of
deep loving warmth and a sweet passionate kiss of true love.
Kira I miss you and want you to be here right by my side
and forever being apart of each others lives.
I so deeply cherish you and want to give you
all of my immense care and deep love serving you
my sweet Queen and giving my best each day that there is.
Kira I love you so very deeply and completely
and I just want to hold you forever giving you
all the wonderful love and cherished honors

that you have always deserved but selfish people took you for granted.
Kira I love you so very much and I just want
to be with you as yourself because I hold no expectations,
I love you my Kira as Kira and I would never want
you to become something other.
I love and cherish you the woman I first fell in love with
and I will always stick by your side in good faith and true love.

Michael P. McParland

A Quiet Sunday

Just a quiet Sunday sitting here
all on my own about to get up
and take a soothing refreshing shower.
I'm feeling so very weak and weary my darling
but I can feel you near and all of
your love surrounding and filling me up
and it gives me the strength that I need
to accomplish these things and I thank you sweet lady.
I wish you were here to sit back with me
before I get in and then be able to join me
to just hold you and smile gazing into your eyes
as we stood under the soothing flow of water.
Then afterwards just be able to lay back with you
and relax taking this day mostly for ourselves.
I love you sweet Kira and as I sit here alone
on this quiet Sunday I send you all of my warmth and love
with the biggest of sweet kisses and warm hugs.
Feel my arms around you as I pull you in
and I will be dreaming of you and sending
all of my loving care as I go about this
soothing, calming, and relaxing chore.
I miss you sweet Kira and wish you were here to join me
in the relaxing warmth of the shower and love
that we feel in each others arms as we just held each other
kissing and smiling gazing into the souls of each other.
I so deeply and truly love you my dear Angel.

Michael P. McParland

Come Curl Up 2

Come my sweet one and curl up beside me
so close and cozy in my arms.
Come and feel all of my love in its immense warmth
as I send you all of my strength.
Come curl up beside me and be reassured
that I so deeply love you and I care.
If you are worried that I'm upset in some way
have not a fear because I am not my sweet dear.
Come curl up beside me and let me hold you so close
as I give you sweet kisses of warm reassurance
and tell you I love you my dear.

Michael P. McParland

Love Note 355

A very good late morning to you
my sweet Angel dove and after
a very refreshing shower
I wish I could just lay back with you and snuggle,
I wish you wouldn't be mad at me
and we could just talk the day away
just feeling contented and peaceful
in the love we are holding and sharing.
I wish I could snuggle with you to see you smile
while I tell you I love you,
I wish I could just hold you
and stop the aching in both of us
because I love you so much
and I just want to spend time with you
doing anything that we feel.
Right now though I feel very weary sweet one
and I just want to lay back and snuggle with you.
I just want to kiss you my sweet Angel dove
and look straight in your eyes to reveal
my entire soul as I tell you
that you are the most important person
in my entire life and my love for you
is so big it stretches the universe.
I'll always be with you holding you tightly
and giving you all of my love and support completely.

A very lovely and good late morning
to you my sweet Kira and I wish
I could spend this Sunday relaxing with you.
I miss you so much and I hunger
for your presence right by my side,
to have and to hold while talking,
reading, watching movies, just spending time
as the best friends we are so very in love.
I miss you Kira and love you completely
forever and ever and I promise to you
that I will never leave you
because I am your Michael and I care
for you so much and can't imagine

or stand a life without you in it my dear.
I'll always give you my everything and best
because you are my Queen
and making you happy and proud
makes my heart and soul glow
in complete and pure joy.
I love you Kira you are the only woman
I want and I need through all eternity.

Michael P. McParland

A Sweet Sunday Morning Holding You

A very good morning to you my sweet Kira
and I hope you slept well and felt such
comfort and warmth as we shared that
sweet snuggle of comfort and care.
I love you so very much and wish that
right now I could just sit up in bed with you
and share a sweet Sunday morning
with you in my arms as we just spent time
waking up with each other sharing smiles and kisses
while sipping at some fresh hot coffee.
A sweet and beautiful good Sunday morning to you
and feel all of my love and warmth as I send it to you.

A very sweet good morning to you Kira my dear
and just feel my arms wrap around you as I reach out
and pull you in to hold you so close and give you
kisses of true love as we spend a sweet Sunday
morning together in spirit,
I can feel you so near and your love is heaven.
I pray that so soon though my darling
we will be lying in bed for real next to each other
sharing endless sweet kisses of caring passion.
Relaxing with each other on a sweet Sunday morning.

Sweet sweet kisses to you Kira my dear
on a sweet Sunday morning longing for you.
I will be with you there in spirit my dear
holding you closely and letting you know
that you are so very important to me,
just feel my kisses and hands within yours
as I hold you so very close on this sweet Sunday morning.
I love you Kira and my heart and prayers are with you too
asking God to give you sweet peace and help you
to know and feel all of my deep loving care.
I will be with you always my dear and right here waiting
with wide open arms ready for you.
A beautiful and sweet good Sunday morning to you
my sweet Angel dove and hear my hearts call as it
sings to you in full voice all of my favorite love songs.

Michael P. McParland

Morning Note 148

A very sweet and early good morning
to you my true love and I hope you've slept well,
I hope you saw me in your precious dreams
where I held you so close and gave
you sweet kisses while professing my love.
I pray you felt all of my
warmth and love through the night
as I sent it to you.
God bless you sweet one and feel
me put my arms around you
for a good morning snuggle with a big kiss,
I love you so much and just want
to hold you while lying here.

I'm not yet ready to get up my dear
I just wanted to reach out
to take your sweet hand and pull you in
for a very early Sunday morning snuggle.
I want to just lay here and hold you
giving you deep reassurance and comfort,
to give you my strength and all
the peace held within it.
I just want to snuggle with you
for awhile and am reaching out
to hold you so close and give you
a deep tender kiss.
Listen closely for my voice
as I tell you Kira I so truly
treasure and cherish you
for the wonderful woman you are,
I'm so thankful for all of
your endless love and caring
and just want to make sure that you are okay
and know I'm always with you
and will never leave you.
You're not alone my sweet Angel
because I so truly love you
so just squeeze my hand as it is in yours
and take deep comfort knowing

I'm always with you and right here if you need.

Kira let's just snuggle up
so very warm and tightly
on this Sunday morning and get some
more rest and take comfort in each others arms.
There is no other place I'd rather be
than right next to you gathered up
in your loving embrace.
I truly love you sweet Kira
and so deeply adore you
and shower you in deep passionate kisses
of true love all over.
Just snuggle up and feel all of my
great love for you my sweet Angel
and remember that your Michael
will be with you forever and always.

Michael P. McParland

Goodnight My Darling Kira 4

Goodnight my sweet darling Kira and now
let's turn in for the night and just
hold each other so close and tight as we
wind down from a long Saturday
and relax together as we give each other
a sweet loving smile and then kisses
so deep and loving expressing our passion.
Let's go to bed and I want to
hold and kiss you so very bad.
My heart is aching for you
and I want to kiss and snuggle
afterwards falling asleep together in the arms
of my beautiful, sweet, and beloved Angel.

Goodnight my darling Kira and feel my arms
around you as I'll be holding you tightly
against me through the entire night.
Just rest your sweet head upon my chest
as I send you all of my loving warmth
to wrap you up in its caring contentment and peace.
Just feel me there holding you rubbing your
back and stroking your hair while
softly talking and reassuring you of my immense love,
reassuring you that I'll always be with you
through everything because you are my true love
and the one I adore to no end.
I love you sweet Kira and wish I was there in person
to give you sweet comfort as I dried your tears
and gave you sweet kisses and loving gazes.
I will prove to you always sweet lady
the depth and truth of my deep care and loving
because I want you to know that for me it is you and no other.

I'll see you tonight my sweet one in the land of dreams
where we will lay under our tree on a blanket
by the river on a beautiful spring day holding each other
as a calming breeze blows through the grass and flowers.
A time just for us to snuggle and talk, rest,
read, or any number of things.

I most of all just want to hold you and tell you
I love you so deeply and want to be with you for eternity.
I love you sweet Kira and in the land of dreams
I'll be seeing you to take you up in my arms
and give you sweet kisses telling you thank you
and you are so truly beautiful.
God bless you my lady for you truly are a blessing.

Goodnight my sweet darling Kira and snuggle up
so tightly beside me and give comfort
so very needed to each other.
I miss you deeply and ache for you fiercely
because you are my Angel so very special.
I send you sweet kisses with hugs so warm and massive
to fill you with all the peace of my love.
Goodnight my sweet Kira and feel me right there beside you
as I hold you in true love the whole night through.
I love you my darling and will always stand by you
giving my best and everything to honor you in the greatest manner.
You are my Queen and cherished sweet Angel
and I want to give you all of the love
you've so greatly wanted, needed, and dreamed of.
I adore you dear Kira my sweet Angel dove
and I want to always make you so very happy and proud
because I love you so much and I want you to know
that you are so deeply and truly cherished and cared for.

Michael P. McParland

Sweet Kisses For Sweet Kira

Before we lay down to go to sleep my
beautiful one let's just sit back
and snuggle enjoying each others company for awhile.
I just want to talk to my Angel
and hold you so close in my arms.
I want to look in your eyes and see that
divine spirit as I say I love you Kira
and then pull you in to give you these sweet kisses
so full of warmth and deep care.
Sweet kisses for sweet Kira before bed,
I just want to be with my lady
holding you ever so close in my arms
letting you know how much you're loved.

Sweet kisses for sweet Kira my beautiful
sweet Angel bride who I want to be with for all time.
I know what a treasure you are and I
want you to realize it as well.
I have so very much love to give
and you deserve the most of all people I know
and I want to give all of my love to you
as well as receive the great abundance
of beautiful cherished love you have to give.
Sweet kisses to you my sweet Kira
and let's just snuggle up for awhile
before we rest our heads for the night.
Come curl up in my arms so I can give you
all of my warmth and the sweetest of kisses all over sweet dear.
I love you my Kira and just want to be with you
spending time and doing whatever,
because as long as I am with you it's great times my dear.

Sweet sweet kisses to you my sweet Angel Kira,
you are the most beautiful woman there is
and I just want to be with you by your side
everyday through this life and into the next.
I love you sweet lady because you are the best,
I miss our talks and all the fun that we had
and I just want to reunite and start

our bright journey and future so soon.
Come my sweet darling and let's snuggle for now
while I give you sweet kisses of true love.
Come cozy up my sweet beautiful Kira
your Michael so truly loves you
and will always stick by you.
Come curl up in my arms and share this sweet night
as I give you sweet kisses while we spend quality time.
I love you and miss you and so long to be with you forever and ever,
you are my best friend and beautiful Angel,
you are the woman I cherish and live for.
I love you Kira with my entire being
so come snuggle with me before sleep.
Sweet kisses and warm hugs to you my sweet Kira
and know in your heart that for me there's only you.

Michael P. McParland

God Bless You 8

God bless you my sweet Angel dove
that you may have peace and contentment fill your heart,
God bless you to know that you are so
truly special and matter to many my dear
even if you don't see it apparent I know it's true.
You matter to me in more ways than can be counted,
I love you completely with all of my being.
In my heart and eyes you are a gift and blessing
straight from God,
an Angel made specially and supremely.
God bless you dear and feel my arms around you
as I pull you in for a big hug and a sweet kiss.
I love you sweet lady and I always will,
I want to spend eternity with you.

God bless you sweet one to know that you're not alone
because he is with you always as am I.
Until in person I'm beside you in spirit
walking hand in hand and always holding you.
You mean everything to me my sweet lady
and God bless you to know that you are important,
and not just to me but think of your children.
God bless you to feel all that deep care and loving
because there are those of us out here
that are lost without you.
I love you sweet lady and miss you so deeply
and would give anything to be holding you
letting you know how much I adore you.
God bless you my darling to be filled with
all of my strength, love, warmth and caring.
You are my darling and I love you immensely.

God bless you truly sweet Kira and feel my arms
so tightly around you as I pull you in closely,
I truly love you so very deeply
and the bond that we share is so very special,
I wouldn't give that or you up for anything
because you are the Angel I've loved through all time
and I want to walk by you side by side

through eternity as husband and wife.
God bless you Kira to give you deep peace and comfort
and to be reassured that you are so deeply loved,
cherished and cared for.
You mean a lot to a lot of people and you
are an amazing woman who's worth can't be equaled.

Michael P. McParland

My Best Friend Is

My best friend is the most beautiful woman
there is in heaven or on this earth.
My best friend is the most wonderful woman
with a heart and soul of pure gold.
She is so kind, she is so giving,
and she is one of the two most loving people
I have ever known.
My best friend is my hero and I so adore her
and I will love her completely forever and ever.

My best friend is my true love
and she is my Angel,
there isn't anything I wouldn't do for her.
I'd give up my life if that was
what was needed because she is
a miracle and blessing for whom I'm so thankful.
I love my best friend because she is perfect
and I'll go on loving her forever and ever.
I love my best friend and will always stick by her
because she deserves to be treated
as the Queen that she is.
I will always give my best friend
all the loving care that I have.

My best friend is beautiful
and she truly is a divine Angel,
I adore her completely and cherish
her fully for the amazing woman she is,
I'll never stop caring for that wonderful woman.

My best friend is Kira and she truly is
the greatest woman there is along side my mother
and I will forever stand by her giving
all my support and deep caring.
My best friend is true love who holds
both my heart and soul,
I would neither give nor trust another
with such a precious personal gift.

My best friend is a miracle so truly wonderful
and I love that beautiful woman more than anything.
Kira is my best friend and she loves me too
making me the luckiest man in existence
and I want the world to know how blessed
it is to have her.
I love my best friend because she is
an Angel supreme and amazing
and I will be by her side as her Michael
without waiver through all time.

Michael P. McParland

An Evening Snuggle 3

The tree is now up and decorated my dear
and as evening fast approaches I feel
a longing ache within my heart and soul
to have you here in my arms to share
a warm and wonderful loving snuggle.
I want to spend a warm and content
evening just holding each other
and for neither one of us to have to
sit all alone.
I'm longing for and dreaming of
an evening snuggle with you my beautiful darling.

I don't know just yet what I'll be doing for dinner
but if you were here my sweet Queen I would
find something wonderful just in your honor
and serve it to you while you were relaxing.
I want to give you all the love and respect
of which you are so deserving and I would
do for you whatever you needed and wanted.
I miss you sweet Kira and love you so deeply,
I wish you were here to snuggle with on this evening.

I wish you were here to talk to while
you cozyed up in my arms and to watch
a movie that you have picked out,
and later to read from our books
and after if you would so honor me
read me your poetry and gorgeous short stories.
That would be heaven my lady
as we just snuggled together while you read me
your beautiful and I know brilliant writings.
I can't wait to experience all the art of my lady.
How I long for and wish you were here
to share a beautiful and warm evening snuggle with.

I can feel you in spirit and that does give me comfort
but I so deeply miss you my sweet darling
and wish you were here to hold in person,
I ache for and crave your soft touch

and need to be in your arms sharing a kiss.
I know it will happen but tonight I am aching so badly,
I love you Kira and miss you so badly.
I wish you were here on this evening to snuggle so tightly.
Feel all these sweet kisses I send you my darling
and feel my arms so tightly around you,
take comfort my Kira in knowing your Michael loves you
and that I will always be with you
and right here waiting with open arms so full of true love and acceptance.

Michael P. McParland

A Fun Winter Afternoon

How I wish you were here to enjoy
a fun winter afternoon here with me,
finally I'm about to set up the Christmas tree
and what a joy it would be if you were here
and with your kids to all decorate it
together and have the greatest time.
How I wish you were here to be with me
and have a fun afternoon putting up Christmas stuff
all together and feeling all of our warm love
surround and fill us in full.

I miss you Kira and wish you were here
to enjoy this tradition with you and your kids
along with us as we just had a joyous time together
decorating the tree and then sitting down after
in each others arms taking in the beauty
of what we just did.
I wish you were here for a fun winter afternoon
and I will be thinking of you sending all
of my warmth and love as I go about this fun thing,
I'll be thinking of you and sending my tender loving care in full.

I wish you were here my sweet one so we could
just talk away as we have such fun
smiling at each other as we do.
I miss you so much and my heart aches and yearns
to have you here spending time and holding you.
Feel all of my love as I send it to you
and feel my hand in yours as I reach out to hold it
and pull you in for the biggest hug.
I will be with you sweet love the whole time.
I love you so deeply and wish you were here to join me
just having fun on this winter afternoon.
Soon my sweet darling I know our time will come
but I wish so very much you were here today
to help set up the tree and then snuggle after were done
as I thank you so much and tell you I love you to no end.

Michael P. McParland

Love Note 354

Good afternoon my sweet love
and I send such sweet tender kisses
of true passionate love
with great big hugs of warmth to you.
I hope you're having a good day
and wrap up in the comfort
of those hugs and kisses I send,
let them fill your heart with cheer
feeling my arms around you
and my hand in yours.
I will always stand with you
my sweet Angel dove,
my heart and soul are forever yours
because you are my best friend
I so deeply love and adore.
You are my Queen and guiding
northern star who brings light to my life.
Sweet kisses to you with great thanks
because you are everything
I desire, crave, want and need.
I love you Kira and want to be with you
through eternity.

I just wanted to say that I love you
and I hope you're okay.
I wonder and worry about you everyday.
I love you so much and want
you to be well and not knowing
just how you are twists my heart around.
I want so very bad to be with you
giving you comfort and drying
any tears that you have,
I want to make you smile and help
your heart heal and stop aching.
I just want to be with you
so you know how much you are cared for
my sweet precious darling.
I'm always thinking over you
and wondering how you are doing.

Kira I love you more than anyone
or anything and I mean that.
You are the woman I so
cherish completely.
I crave to just have your arms around me
as we spend the day talking.
I just want to be with you
forever my beautiful darling.

My prayers are with you as
I send all my warmth, strength,
and endless love to you.
My love is truly unconditional
and undying because you are Kira
and that's why I love you.
You are a miracle and amazing woman
and my greatest drive is to
always do right by you.
I have so much love to give
within me and I want to
give it all to you Kira
my sweet Queen and Angel.
I love you my darling
and I want to give myself to you
and you alone in full.
Kira I am your Michael
and yours alone and I will
always stick by you because
I love you so deeply with my entire being.

Michael P. McParland

Tenderness 3

I have such tenderness for you
within my heart and soul in full,
I hold such tender love for you
my sweet Angel so true.
I have such tender love for you
in my entire heart and soul
because I adore you
and love you truly my sweet Angel dove.
I hold such tender care for you
throughout my being and I just want to hold you
and tell you I love you while rubbing your back.
I just want to hold you so close and let you
look in my eyes to see all the truth that I hold
right before I give you a deep tender kiss of true passionate love.

I hold such true tender love for you
with your great personality,
the beauty you exhibit so humbly and modestly,
as well as for you heart and soul
so very tender and beautiful on their own.
I love you Kira and hold such deep tender care.
I just want to share with you all the deep
and undying unconditional love I hold for you.
I just want to give you all of myself
and my best through all time serving my Queen,
I just want to make you happy and proud
by giving you all of my tender loving care
each day letting you know that I care
and you have such abundant worth.
I love you my dear and will forever be with you
because you are my Angel I hold so dear.
I have such tenderness for you throughout
my whole soul and being.

Kira I have such tender love for you
because you have touched my heart,
soul, and whole life so very deeply in so many ways
and I want to thank you for the love
that you have and that you give.

I want you to know that I'd give my whole life for you
because I love you so much and care for you
completely in every way.
I'm sorry if I don't always do a good job
at describing it and letting you know
just how deep and tender it is
but I promise I do love you immensely
and am doing my best for you that I can.
I love you Kira with such tenderness running throughout me
and I will always stand by you giving my everything
while holding you closely supporting you completely.

Michael P. McParland

Longing And Aching For You

Kira you truly are so very special to me
because you are my hero, my best friend,
and my soul mate through the special
and blessed bond that we share.
I am so thankful for you and love you
more than anything or anyone
and I'm longing and aching to be with you
wrapped up in each others arms sharing kisses
and loving looks with smiles so big and sweet.
I love you Kira and miss you so bad
and wish you were here so I could talk to and hold.

I'm longing and aching to look in your eyes
and just get lost in their beauty
and drown in the soul I see inside.
My heart melts for you and the special
divine soul that you are.
You are a blessing and gift straight from God
and I treasure you so because I love you dear.
My heart and soul are yours which I what I want
because I adore and trust you in full.
I'm longing and aching to be holding you
telling you all of these things and thanking you.
I love you Kira you're my everything
and I miss you so much because you are amazing.

I'm longing and aching to hear from you
because your words are worth more than others my dear.
I always knew the loving words were pure truth
and they were and still are worth more
than all the riches on earth,
they are a gift straight from your soul
and my heart melts over the joy of their memory
my sweet Angel dove.
I miss you my darling dear and I'm aching
and longing to have you near because I love you so much
my sweet Queen from on high.

I'm longing and aching to see your sweet smile

as I directly give you my words of how much
I truly treasure, cherish, and love you.
I'm aching and longing to just be right near you
and hold your sweet hand and tell you you're beautiful
and remember my dear that the loving words
are and always were the truthful,
please don't dwell of the negative things
that we're said when we were fighting
because words of anger were that and not true one bit.
I love you sweet Kira and and aching and longing
to just hold you so closely and say I'm so very sorry
please forgive me and thank you sweet lady for your
kindness, your caring, your loving, and your understanding.
You are my everything and I am so thankful you are my lady.

I love you Kira you truly are so very special
and I'm longing and aching to talk to and hold you,
to just be spending each day together celebrating
our bond and true love that we are so deeply holding.
I love you my lady so deeply and profoundly
that there aren't even words for so much of my feelings
I just need you to look in my eyes so it can truly
be seen by and shown to you.
You are my Angel and best friend and the only one
I want and need for all time.
I love you Kira and just want to be with you
holding hands and holding you so closely within my arms.
I love you sweet lady and I truly want
to be with you through all eternity
and I'm aching and longing to just be with you sharing
our lives completely and fully with the only
woman and Angel I so completely and truly treasure.

Michael P. McParland

I Love You Sweet One

I love you sweet one more than anything
and I swear that to you before God
and all that I hold sacred and dear.
I love you sweet one more than anything
and I would never ever lie about that.
I hold you so very dear within
my heart and soul which long and yearn
so very bad for you.
I love you sweet one and want you
right here by my side where
I can hold you so close and let you
look in my eyes to see my whole soul
which I would never ever allow another to do.

I truly love you sweet one more
than anyone can possibly truly know
and I am aching so bad to have you near
so I can hold you and let you know
just how very much you mean to me.
I truly love you and need you so very bad
because you are my soul mate and best friend.
I love you Kira you are my Angel true
and there isn't anything I wouldn't do for you.
I love you sweetie and just want
to give you all of this love I am holding
and forever make you proud and happy.
I love you sweet one completely and totally
and I will always remain faithful
staying right by your side so you will know
I truly love you and that you are cared for
and not alone.
I truly love you sweet one more than anyone
or anything in heaven or on earth.

Michael P. McParland

A Sweet Saturday Morning

A very beautiful and sweet good morning
to you my sweet one and I pray you slept well
feeling all of my warmth and love
as I held you so close through the night
rubbing your back and stroking your hair.
I pray you had the most gorgeous dreams
of you and me spending time in each others arms
just feeling deep peace and content.
Now a sweet a beautiful good Saturday morning to you
with sweet kisses galore straight from my heart
to start the day off so full of loving light.

I'm reaching out my sweet one to just take
your hands in mine and pull you in close
for a big warm Saturday morning hug
to tell you I love you and help fill your heart
with sweet joy to start it off.
I wish you were here to spend this morning with
as ever just sitting back while you cozy up
within my arms drinking your coffee and we
just spend time with each other while we get ourselves going.
Or if you wanted breakfast in bed I'd
so happily make it for you and serve you
while you just rested.
Feel my arms around you as I reach out for a hug
and send along these sweet kisses so full of love
How I wish I was spending a sweet Saturday morning
with you my best friend and true love.

A truly sweet and beautiful good Saturday morning to you
and I truly pray you have the most wonderful and gorgeous of days.
Just feel me there with you holding your hand
and giving you all of my love and if at any point
you begin feeling lonely just close your sweet eyes
and see my looks of love as I smile at you
and be filled with warmth as then you'll feel
my arms so snuggly around you in infinite love,
feel the truth and faith in your heart that our time
will come soon and when it does I'm going to hold you so close

and dry your tears while I thank you so much for
just who you are and all that you give and do.
I love you Kira I truly do and I'm sending all of
my unconditional and undying loving warmth straight to you.

Again my sweet dear a very good and beautiful
Saturday morning to you and I will be holding you
through it the whole time my dear as I share this dream
of having you here with me just sitting in peace
while you're curled up in my arms as we smile and talk away.
I love you babe and truly can't wait to have you here
sharing our love in the most beautiful of ways.
You are my Angel, you are my Queen,
and you are all of my greatest most divine dreams.
God bless you sweet Kira and have a wonderful morning
knowing your Michael is with you and so tightly
and lovingly holding you next to me.

Michael P. McParland

I Love You Kira 14

Lying here in bed as the very early morning
hours will soon be here at hand
I dream of you and send all my warmth and love.
How I wish that you were here within my arms
snuggling and listening to my audio book.
I love you Kira and I long for you
because you are my Angel, my true love,
and my beautiful sweet best friend.
I love you Kira and wish you were here
just snuggling away the final nighttime hours
in peace and warmth with your head upon my chest.

My headache now is just about completely gone
and I thank you for all the healing strength
you send and give within your awesome wholesome love
it truly means so much to me that you
my Angel cares in such tremendous ways.
I love you babe and truly mean it when I say that you're the best
and I want to have you by my side through
all time as my gorgeous wife.
I love you Kira and to you my heart calls out its care
saying Kira you are so truly cherished and special in my eyes
and I can't imagine you not being in my life.
I wish you were here right now lying by my side
where I could just rub your back and stroke your hair
snuggling away these final nighttime hours.

Oh my sweet sweet beautiful Kira how I love you
so very much and wish you were right here now by my side.
I just want to kiss your soft cheek
and hold you close to me while I softly with
so much love and care whisper in your ear that
you are my Queen and you mean everything to me,
that I want to serve you through this life
just as a King should his precious wife
and give you all the love you've so deserved.
I wish I could be holding you here right now
giving kisses so sweet and proud.
I love you Kira you're my diamond in the rough

and you truly are a loving treasure of a person
so very rare and filled with kind loving care.
I truly love you to the depths of my very heart and soul
and that has never changed and never will.
I love you Kira and will stand with you through all of time
hand in hand giving my full support my darling dear.
I love you Kira and I'll keep telling you because you
deserve and need to know that you are truly cared for
and will never be abandoned and left all alone
because I am your Michael and I cannot stand to know your hurt
or face existence without you my only one.

Michael P. McParland

A Warm Mid Night Kiss

Sweet love as I rise up here for a few minutes
with a bit of a headache in his very late night
I reach out to pull you in for a warm snuggle
and give you a warming kiss of comfort
that says thank you sweet darling and I so deeply love you.
I want to hold you to help this headache
pass so very quickly and just to give us both comfort
being right next to each other.
Feel all of my warmth and love surround you
as I reach out and hold you giving some sweet kisses of caring.

Sweet sweet Kira I truly love you so very much
and I give you a warm mid night kiss of comfort
to let you know I am right there holding you
and that I care for you more than anything,
I'm reaching out to hold you because your loving care
will help this headache heal much faster
with all the peace and calm that you give
and I just want us both to feel deep comfort
looking into each others eyes as we say I love you babe
and then I give you this warm mid night kiss of comfort
before you rest your head on my chest.
A warm mid night kiss of comfort to you my sweet Kira
and a very tight loving snuggle as well.
I am holding you darling in deep infinite care
and just feel all of my love as I tell you
I love you Kira my Angel and I could just stay
like that with you forever.

Michael P. McParland

Evening Note 77

A very wonderful good evening
to you my sweet dear and I hope
you are having a good one
and feeling me so very near with all
of my warmth and love surrounding you.
A relaxing and restful evening with you
would be the most perfect thing
on earth to have and share right now,
I'm still feeling ridiculously tired
and as I lay back down to rest some more
I wish I could snuggle up so very tight with you.
I'm missing you bad and just want to feel
your loving touch and your lips upon mine,
Kira my dear I'm reaching out to pull you in
for an evening snuggle and hope
you'll join me for a bit of rest.
I love you my dear and best friend
and just want to lay in bed
holding you so close to me
and look in your eyes before catching
a bit of sleep to say I love you darling
and I'm so thankful for you
and that you're here with me.
God bless you sweet one now snuggle up
so close to me and rest your head on my chest
as we contentedly and feeling peaceful
get a nice rest with the one we love most.

Just feel me there with you sweet darling
smiling as I hold you closely,
please never forget how much I love you
and am always there with you
giving all of my loving comfort.
You are my diamond truly so very
special and bright and I cherish you deeply
my sweet Angel dove just feel my loving hand
within your soft loving one
taking strength and comfort knowing
I will stick by you forever.

So come join me sweet Kira for a
relaxing evening in my arms
getting some very badly needed rest.
It's just you I want darling
and that's how it will always be
because you are my best friend and true love
and in my eyes there is only you
the Angel I so deeply adore
and want to be with for the rest of time.

Michael P. McParland

I Am Right Here For You

Feel not a fear and have not a worry my dear
because I am right here for you always my love,
I want you to know that you're not alone
because I love you so very much
with all of my heart and all of my soul.
I am right here for you and I'll never
leave or abandon you breaking your heart in pieces
because to see you hurting shatters my heart
and you are my other half
and life without you is so incomplete and bereft.
I am right here for you my darling Kira
and will stick with and by you through all eternity.

Just feel my arms so lovingly wrapped around you
and know that I am there with you as always,
feel these sweet kisses given in deep
caring reassurance and be filled with warmth
knowing your Michael loves you and will never
leave you alone in the freezing cold
feeling broken and empty inside all alone
because I want to be with you through all time
and knowing I ever broke your heart in such a way
would kill me my dear,
I literally couldn't live with myself
knowing you were in such serious pain.
I love you Kira so very seriously
and I am right here and right there beside you
always my dear without waiver.
You can reach out to me for anything
whatever, whenever it doesn't matter
because I will always be right here for you Kira.

Kira my darling just feel my arms around you
with all of my warmth and love as I send it to you.
When we are reunited I'm just going to pull you in
and tell you I love you while drying your tears
and then so gently kissing your eyes to heal
the scratchiness that they bring
and to help restore the brightness in them back to full

before kissing your forehead, your cheeks,
light full lipped kisses on your neck
and then the most passionate and loving kiss on the lips.
Kira I promise I am here for you always
because I love you and truly want nothing more
than to be with you serving my Queen
and giving you all this immense love I have
and hold inside which you are so in need and deserving of.
I love you Kira undying and unconditionally
and I will always be here for you and hand in hand right beside you.

Michael P. McParland

Sweet Wakeful Kisses

Good afternoon to you my sweet love
and as I finally rise from a day of resting
and having such wonderful dreams of being with you
I send you sweet wakeful kisses to say
thank you as ever for all of your kind
and warm loving understanding
and I love you so very much my sweet Angel.
I send you sweet wakeful kisses to make you smile
and let you know I am with you holding you near.
I am always there at your side hand in hand
giving mt undying loving and support in full.

As I now rise and give you these sweet wakeful kisses
I want you to know I could feel all of
your abundant warmth and caring love surround
and fill me up so very strong and it makes my heart sing
saying thank you and I love you immensely.
Sweet wakeful kisses so deeply sincere
and full of true love to you my soul mate
and gorgeous best friend I adore to no end.

Sweet wakeful kisses to you Kira my only true love
and it's hard to get up when the dreams
I'm having of you are so very good,
talking to and holding you while snuggling,
watching movies, going for walks, reading,
and a trillion other things together sweet lady
and with these kisses I again say thank you for understanding
and that I can't wait to be with you when the time comes.
I love you immensely and so very deeply
because you are my Queen and I so cherish thee.
So with these sweet wakeful kisses feel me there
holding you so very tightly smiling at you
as I let you know that I am your Michael
and yours alone forever my fair lady.

Michael P. McParland

Love Note 353

A very good noon to you
my sweet Angel dove and I send to you
sweet sleepy kisses straight
from my heart and soul.
Just a bit longer of resting my dear
and then I must truly get up
to do a few things.
So would you honor me and snuggle up
for just a short bit
to share some sweet time and kisses
with me my dear one?
Would you do me the honor
of just letting me hold you
and sharing our warmth?
I love you sweet Kira and want
to rest for just a bit longer.
So with sweet sleepy kisses
and a weary loving smile
I ask you.
Would you come honor me
and snuggle so closely?
Kira I so truly love and adore you
and I want nothing more than
to hold you close while spending time
with my sweet Angel I'll
love and stick by through eternities time.

Michael P. McParland

A Relaxing Day

I'm feeling tired here in this morning my dear
and as I lay back with my eyes shut
I just dream of you being here in my arms
to spend a relaxing day shutting out the world
and having fun spending time with each other
doing everything and nothing all at the same time.
A relaxing day with you my sweet Kira
is what I have been dreaming of as I lay back
this morning just silently resting.

A day just lying in bed together snuggling
up so warm and tightly sharing sweet kisses and smiling,
just softly talking as we gazed into each others eyes
and shared soft caresses and felt so safe and peaceful.
A day to do lots of reading from the book or two
that we've chosen to read together.
Just a relaxing day for whatever as it doesn't matter
because as long as I'm spending it with my Angel
it is a day so truly special and magical.

As I lay here sweet love on a tired morning
I just dream of the times that we will be having,
both busy days and those for relaxing
and on a morning of resting I choose to dream
of lying here resting along with you.
Feel all of my warmth and love as I send it to you
with millions of smiles and warm hugs with sweet kisses.
I love you Kira and I am there holding you
so just close your sweet eyes and share this dream
of a relaxing day so very happy with just you and me.

Michael P. McParland

A Beautiful Morning Holding You

A very beautiful good morning to you
my sweet Angel dove and to give you
a bright star I give you a smile
as I sweep you up into my arms
and give you the biggest and sweetest kiss of true love.
A very beautiful good morning to you
my beautiful sweet Angel dove and just sit beside me
and I will hold you through these early hours
enjoying each others company in the peace and calm.

Just come sit beside me and curl up in my arms
while you drink your coffee I will have prepared.
I just want to hold you and share some
beautiful sweet conversation just being in heaven
as I listen to you talk about whatever
it is you are thinking, feeling and have been needing to tell me
or just clear your beautiful mind in general.
come snuggle up with me so we can spend a beautiful morning
with me just holding you and sharing personal time
we so crave and long for.
I love you sweet Kira and want to be with you
just holding you and letting you know I truly love you.

A very truly wonderful and beautiful good morning
to you my sweet gorgeous Kira and in spirit
I am right there so tightly holding you,
just close your sweet sparkling eyes and feel my hand
within yours as you see me give you my big loving smile,
feel these sweet kisses that express the deepness
of all that I have within me and am feeling.
Just cozy up in spirit my love and we'll share
a beautiful morning with you in my arms.
I love you so much and I know our day will come
and when it does I'm going to gather you up in my arms
and just let you know how thankful I am
and appreciate you for all of your love and all that you do
and let you know how much I care about and fully love you.

Michael P. McParland

A Warm Snuggle For Your Comfort

Lying here on this night darling
drifting between waking and sleeping
and I can feel you so very close to me
and it's helping me get through this night
and I thank you so very much,
I love you sweet Kira and I want you to know
that you are the most amazing woman
in heaven or on this earth
and I send you sweet kisses with all of my love and warmth.

I love you Kira and I want you to know
I understand that you're hurting and longing inside
and I don't want it to ever seem that I
think it is all about me because I worry for you
and get concerned for how you are doing and feeling
so feel my arms so lovingly wrap around you
as I pull you in for a warm snuggle of comfort
to let you know that I'm with you always
and care for you more than anything.
With a soft tender kiss I let you know this
and want you to rest your head on my chest
as I just hold you and lovingly rub your back and stroke your hair.
Just feel my love as I hold you now for
a warm snuggle of comfort and reassurance
because you deserve and need to know you are
so deeply appreciated and cared for.
Curl up so tight my sweet love to where you feel cozy
and I will just hold you in a true warming snuggle of comfort.

Kira I love and miss you so deeply and I can
feel all of your loving care as well as your aching need
and I'm reaching out to just pull you in
for a warm snuggle of deep loving comfort
so you will know I'm right here and there with you
with all of my unconditional love and undying care,
so my sweet dear just curl up and get cozy in my arms
as I give you a sweet kiss of care
and then rest your head on my chest.
I'll always stick by you because I love you so madly

and I hate to see you in pain and crying.
You are my best friend and the only woman I want to be with,
so feel all of my warmth as I so tightly wrap you up
for a warm snuggle of comfort and say I love you Kira
I care about and appreciate you to no end.
I'm so thankful for your love and that we will have our time.
God bless you my darling and always remember
that I am your Michael and no other woman can ever have me,
I'm yours and yours alone for all eternity.

Michael P. McParland

Goodnight My Beautiful Darling

Goodnight sweet Kira my true love and beautiful darling
please come and join me my dear I am aching
so very bad to snuggle with you and share sweet kisses
straight from our hearts and souls expressing in full
the deep and immense love that we feel.
I ache for you sweetie please come join me in bed
to just hold each other so tight before we fall asleep for the night.
I love you Kira my darling so very much
and want nothing more than to fall asleep with you in my arms.

I am sending you all of my warmth and love
with endless sweet kisses and big hugs of strength
to give you deep comfort and peace in your aching heart
which I wish to help calm and heal,
I will be holding you tight through the whole night
so feel me there right by your side rubbing your back
and stroking your hair as you rest your sweet head upon my chest,
first though the sweetest most deep passionate kiss
and caress of your cheek as I gaze in your magical eyes
and say Kira I love you my dear and you mean everything to me,
God bless you my darling and may he give us peace
by soon presenting our path to reunite in true bliss.
Goodnight my beautiful Angel and darling
my heart sings to you in true loving passion.

I'll see you tonight within the land of dreams,
I'll greet you at the gate so I can give you a big hug
and then a kiss before offering you my arm
to escort you as we take a walk among the moon and the stars
getting lost in each other as we walk down the path,
then after awhile find a prime place to sit down
and just hold each other and kiss while we watch
the amazing light show from the moon and stars that surround
and they will be shining extra bright my sweet one just for you.
Put your hand on my chest and feel how my heart beats for you,
I love you my darling you are the most wonderful woman
there is in this world and whole universe.
I'll see you tonight my sweet one in our sweet dreams
and I'll hold you so tight in spirit until

we reunite and I hold you in person.

Goodnight sweet Kira my beautiful darling and Angel
come join me tonight and let's ease our aching
with a long and warm loving snuggle.
Let me tell you how much I love you and will
always be with you as we share sweet kisses,
let me reassure you that I will give you
my best and my everything because you have
not been given all the love and rewards you've
been so in need of and deserving.
I want to treat you like the amazing Queen that you are
making you proud and happy each day we're spending
with each other through all eternity.
I love you sweet Kira and so deeply ache and long for you darling
and can't wait to be closely holding you
and so tenderly kissing you saying thank you
for everything my precious darling.
Goodnight Kira my beautiful darling
and God bless you to feel calm and peaceful.
Just feel me there with you as I hold you so tightly
and know that you're Michael will forever stand by you.

Michael P. McParland

Evening Note 76

Good evening my sweet love
and I'm sorry I was so silent.
I closed my eyes for a few minutes
and feeling your love and comfort so strong
all the tiredness sunk in
and I drifted off for the last couple of hours.
I can feel you so near
and can smell your beautiful pale skin and hair
and it is making me smile,
I dreamt of you through the entire while.
Just holding you closely
as you sat in my lap with your arms
so trusting and loving around my neck.
I can feel your sweet comfort
and I'm so thankful for that.
I love you sweet Kira you are the
greatest blessing and Angel
I could ever hope for and have
have not one doubt about that.

I am right there beside you
holding you so tight and closely
giving you kisses so sweetly all over,
just feel all my warmth
as I tell you I care for and love you
and will always stick by you.
I adore you sweet Kira and I truly
want to be with you through all eternity,
I've always wanted to have you
as my wife since the very beginning
and I pray each day that you will so honor me.
God bless you my darling
and know that I so deeply care for and love you,
I truly cherish you and our bond
my sweet precious Angel.
So close your sweet eyes and see me smiling
as I take your hand and kiss you so tender.
I love you Kira with all of my heart,
mind, soul, and every fiber of my being

and I will always be with you
because you are my everything
and you are all that I want and need
my sweet divine Queen.

Michael P. McParland

Your Loving Touch

How I crave to feel your tender loving touch,
from innocence to closeness the thought
of any of it just takes my breath
and my heart skips a beat before speeding up.
I so long for and crave to feel your loving touch
that the waiting physically and emotionally aches.
I love you babe and it is only your
loving, caring, Angelic tender touch that I'll ever want.

To just have you next to me holding your
soft hand as we smile and kiss
will be true happiness and bliss to me.
To hold you in my arms and feel your
kind loving warmth even right now in sweet dreams
makes my heart leap up and sing
knowing when the time comes I will feel complete
and it will be heavens true beauty on earth
as I am there in the arms of the most beautiful woman there is.
I so long for and crave your loving touch,
that of an Angel I desire in the purest of ways
and hope to have for eternity as my wife.

There is no need to go on here about closeness
because it is too special to be spoken of here.
Just know that your touch is the only love
that I need and want to ever share.
You are my everything and I am yours and yours alone
my beautiful sacred Queen.
I cherish you fully and adore you completely
and I send you sweet kisses of true love and honor
to fill you with my deep love and caring.

I just long to feel your loving touch
with hugs, with kisses, from our souls
as we just gaze deeply into each others eyes
while I stroke your hair and caress your cheek.
I long to feel your sweet loving touch
as I take your hand and place it upon my chest
so you may feel how my heart beats for you

as I say Kira I love you and I always will
and I will be by your side forevermore
because I only want you and I am just yours
my sweet Angel dove,
I am your Michael and for nobody else.

I just long, crave, and desire to feel your loving touch
as we just snuggle and talk about everything
under the sun stars and moon as we always have.
I just want to hold you next to me knowing
true love and feeling safe as I give you all
of the love you need and deserve with all that I have.
I love you Kira and can't wait to be with you
in your arms feeling your loving touch and knowing true peace.
You are my Angel and you are my Queen,
and you are my cherished true love and best friend,
I'll always stick by you my darling dear
because you are my Kira and I love you sincerely.

Michael P. McParland

My Beautiful One 3

I so truly love and miss you my beautiful one
and I would give anything to be holding you
right here and now just telling you how much I care
and sharing a long conversation with you
just like we used to.
I miss you my beautiful girl and all of
the wonderful things that we did
and all of the wonderful things that you are.
I love and miss you my beautiful one
and long for our time to soon come.

My beautiful one only you
can ever know just what's in my heart,
only you my beautiful one will I
give myself to completely and full.
You are my Angel with a soul of pure gold,
you are my northern star and it is to you
that my heart sings knowing you are the one.
My beautiful girl I love you so much
because you are the most beautiful woman
in every way that there is.

My beautiful one I pray you'll honor me
with your soft, sweet, and precious hand
standing by me as my treasured wife for eternity.
You are adorable and I cherish you in whole
because you have touched me so deep
and my heart and soul are forever yours.
Beautiful one each day I love you more and more
and my commitment to you only grows more firm.
You are my hero and gorgeous best friend
and I'll stick next to you through all space and time.

My beautiful one I can't imagine a life without you
because you are my other half and complete me in full,
you make me happy and you bring me joy,
you are a diamond in the rough so precious and rare.
I hope to show you and hope you know just
how deeply I love and care for you my darling dear.

You are my Angel and the woman I want for all time
I love you my beautiful one you my sweet Angel bride.

Michael P. McParland

No Better Place

You are my sweet one and I know
there would be no better place
than to be right next to you
in your sweet arms right now my dear.
There could be no better place
than in the arms of the woman I truly love,
there could be no better place
than right by your side through all space and time.

On a day so wet and rainy outside
there could be no better place
than within your arms feeling such
love hope and warmth filling my soul
while wrapping you up in mine
and saying God bless you sweet one
I love you so much and am so glad your mine.
There will never be a better place than
within your Angelic arms.

Kira I know in my heart there is no
better place than being in your
sweet golden heart and accepting arms,
there could be no sweeter feelings or words
than receiving from you those golden ones
Michael I love you,
every time that you've said them my heart
has sung higher than ever with true love and joy.
Kira there is no better best friend
and soul mate than you my sweet one
and there could be no better place than in your arms.

I so wish I could be in them right now and today
but I can feel them around me in spirit right now.
I can't wait for the day when we'll finally be
in that most warm loving space sharing kisses so sweet.
You are my Queen and you are my Angel
and I am so excited to be in your arms
telling you Kira you are amazing and I truly love ya.

Michael P. McParland

Love Note 352

A sweet kiss to you dear
as noon approaches so quick
and how I wish you were here to snuggle up
with me as I take a short rest
for an hour or two.
I'm feeling quite tired
and just need a nap to recharge my batteries
and I so long to hold and kiss you
while drifting awhile.
To look in your eyes and tell you
I love you then caress your soft cheek
and so deeply kiss you.
Remember I'm with you
and holding you tightly
always giving my love and warmth fully.
So my sweet darling will you
join me in spirit?
I love you my Angel and I am
reaching out to wrap you up
and hold you so close and tight
while we catch a rest for a short while.

Michael P. McParland

A Relaxing Morning Snuggle

Oh my sweet darling after returning home
from my trip to the doctors I feel
tired from being up since 1: 30 to 2: 00 in the morning
and I would love to be able to sit back
while you drink your coffee and I have my Gatorade
and share a relaxing snuggle so comfy and cozy
with you my precious lady and just close my eyes while we talk.
A relaxing morning snuggle with you is what
my body, spirit and mind so very need.

Oh my sweet lady how my body and soul ache
to have you next to me holding each other while relaxing
and what better time than on a morning
after getting home from the doctor feeling winded and tired.
How I would love to sit back with you
and just rub your back and stroke your hair
while I hold you on this morning feeling your love
as you sit by me and hold me just as tightly.
A relaxing morning with Kira is what I so long for
and I'm reaching out for you darling to give you
sweet kisses and the warmest caresses.
God bless you my darling you are the bestest.

I can feel you here with me now my sweet darling
and it truly is so warming and comforting
and I send you all of my endless warm love
to say I love you my sweet dear and you are
helping to make it a peaceful relaxing morning,
I just wish you were in my arms and I know soon you will be
my dear darling and I will so deeply kiss you
and say thank you sweet love for being my gorgeous dear
and everything I treasure and need to have,
I can't wait to look in your eyes and share a relaxing
morning with you so full of bright cheer
and it feels so good feeling all of your warm love right now.

So I send all of my warmth and love to you my sweet one
as in spirit I share a relaxing morning with you
and in my heart and mind see it as I sit back and close my eyes,

a relaxing morning holding you so very tight
and kissing you so sweetly and full of joy.
I love you my Kira and may God always bless you,
so just feel me right there beside you giving kisses
and holding you so very close and lovingly.

Michael P. McParland

Morning Note 147

Good morning my sweet Angel dove
and sweet kisses to you in pure love
to start the day with smile so bright
and hug so very warm to say
Kira I love you and want you to
know I am with you holding you close
giving you all of my caring and warmth.
I hope you slept well and had
the sweetest dreams of us as I held you
and gave you sweet kisses letting you know
that you are the best and I am so thankful
that you love me too and are apart of my life.
Sweet good morning kisses to you
and the biggest and warmest of hugs too.

I will be leaving for the doctors
in about an hour and I wanted to let you know
that I'll be out for just a short while.
I wish you could be with me
just to spend the time talking and holding hands
enjoying the love we have for each other
as we went out and got this little chore done,
and perhaps later go back out quickly
to grab a much needed prescription.
Again my sweet dear say a prayer
that it will get filled today and not tomorrow.
I wish you were here to spend this day
and every day here after going about
whatever things that we needed or just wanted
to go about doing,
but soon my sweet lady I know our time will be here.

Have a great day my sweet Queen and Angel
and may the sun give you kisses
like mine so warm and tender.
Just close your sweet eyes and see me smile
as I give you looks of love and grab your hand
in true love to pull you in.
Just give me a smile as I pull you in closely

to hold so very tightly while I tell you I love you.
I'll be there beside you the whole day
holding your hand and you so very closely,
I'll never leave you my true love and darling.
Good morning my Kira and sweet kisses
of deep true love and passion,
I love you sweet lady you are my soul mate,
best friend, and Angel and I'll always
so deeply treasure, cherish, admire,
and love you because you are the woman
that I adore completely.
I love you my darling and I am your
Michael who will be yours alone for eternity.

Michael P. McParland

Sweet Pre Dawn Kisses

Sweet pre dawn kisses to you Kira
my sweet Angel dove as I pull you in
for an early morning warm snuggle
so full of deep care and deep immense love.
Feel all of my warmth as send it to you
with these sweet pre dawn kisses of care
to give you peace in your heart and a big smile too.
Sweet pre dawn kisses to you the Angel
I love so very deeply and so very true.

Sweet pre dawn kisses to give you such cheer
so when you rise you will feel all of my love
knowing I am right there holding you near
and so that your day will be filled with light
knowing I love you more than anything
and that I care for you so deeply and need
your sweet heart and spirit in my life forever too
because you are the Angel I hold so very dear.
Sweet pre dawn kisses of true love and passion
to you my sweet precious Kira I love immensely and in full.

Sweet sweet pre dawn kisses to you my sweet dear
as I reach out and pull you in for a snuggle so good,
sweet kisses and a snuggle to say I love you my dear
and will forever stick by you in pure faith
and love that will never leave,
sweet pre dawn kisses and a snuggle to say Kira
you are my best friend, soul mate and everything
and I want to be with you forever my dear,
you are the woman I truly treasure in my heart and soul.
Sweet pre dawn kisses of true warmth and love
to you my sweet dear and just feel such deep
peace and comfort as I pull you in and relax
just knowing your Michael is with you
holding you so tightly in all of my warm loving care.

Michael P. McParland

Holding You On This Night

How I would love to just be sitting back
tonight and holding you so tight
and lovingly while you peacefully sleep
just stroking your hair, rubbing your back,
and caressing your cheek as well
and giving you very soft and sweet kisses
while whispering I love you babe
and am so very thankful for you.
How I would love to be holding you
on this night while you peacefully slept
and kept you so safe and warm through all of your dreams.
In spirit dear feel me there as I'm
holding you tight softly rubbing your back
and giving sweet kisses of true tender love
saying you are so special to me
and I'll be here forever my beautiful dear.
I love you so very much you are everything
I'll ever need and want.
Kira you are my Angel and best friend so beautiful
and I'll be your Michael alone forever and ever.

How I wish I were holding you while you slept on this night
so I could just give you all of my loving
strength and peace to help you get all the deep rest
and true love that you are so in need of and deserve.
I wish I were there holding you so I could
look on my Angel and give you the most tender and gentle
kiss on the lips saying I love you sweet Kira
and I am the luckiest man to be with the most
beautiful and wonderful woman the world has ever known.

Michael P. McParland

Night Note 127

Warm and sweet greetings to you
on this night my sweet love.
As I wake up now I'm still feeling quite tired,
so let's just snuggle right now
as I continue to wake up in full.
I'm reaching out to pull you in close
and give you a kiss so full of true love
while whispering in your sweet ear
I love you Kira and feel not a worry or chill
because I am right here to give
you all of my warmth,
I will be holding you tightly
through the whole night to help
you feel safe and know that
you're not alone because your Michael
is there giving you kisses
and holding you closely with all of my care.
Let's snuggle a bit while
I try to wake up a bit more and get moving around.

I have a doctors appointment
very very early in the morning
and I wish as always could go with me.
It won't take long I just wish
you could be there to sit with me
and pass the time waiting talking
while waiting for the appointment,
and them possibly later pick up
a prescription.
Pray that fill that one today
and not tomorrow as it is for
the chronic pain and my body's been
screaming at me as my head has been.
Those are worries for later though
so let's just share sweet kisses and snuggle
reveling in the warm love
we have so deeply and profoundly
for each other and has not an end to it ever.
Just feel me there with you

as I feel you here with me
and be surrounded in all of my warm loving comfort.
I love you my lady and feel
such true pleasure and joy
knowing you truly care about and love me.
I'll always be with you
because my best friend you truly are
such a beautiful and gorgeous treasure
and I can't imagine this life or the next
without you and never ever spent with another.

Michael P. McParland

Come Snuggle Up

Come snuggle up with me my sweet one,
I am so very weary and tired to the bone.
I need a rest bad and want to
have you right here by my side
in each others arms.
Come snuggle up my sweet one
and share some sweet kisses
as we drift off for awhile.

I'll be sending you all of my warmth and love
as I lay my weary head down smiling
and filled with sweet thoughts of you.
Just holding my Angel and the conversations we'll have
feel so happy and fulfilled in the life that we'll share.
Come snuggle up my sweet one in spirit so near
and share peaceful time of rest with me here.
I love you Kira and want you right here next to me
in each others arms feeling so happy and free.

Come snuggle up my sweet beautiful Kira
and just rest with your tired and loving Michael.
You are a miracle and my sweet goddess Angel
and I just want to be with you forever and ever.
So feel my arms around you as I so tightly hold you
and just snuggle up and share some sweet time with me
because I want you my darling and I truly love you
more than anything my darling Kira.

Michael P. McParland

Worn Out My Love

Back from my very long shopping trip
and my love I am plain worn out.
I'm winded and tired I just want to lay down
but if I do I'll be out the rest of the day.
I'm so worn out from so many things
and I'd give anything to be with you
just sitting back and relaxing with each other
side by side and cooling down.
I'm worn out my sweet love and I'm planning
to sort of sit/lay back and drift into
the sounds of blissful music and heavenly thoughts
of you the woman I love and want to have in my arms
through all space and time.

I'm plain and simply worn out my sweet one
and just want to relax with you right here by my side,
I couldn't snuggle right now as you know
how very over heated I get at times
and right now my body is producing heat in overdrive
but we could share light kisses just
sitting/laying here contented and relaxing.
I'm worn out my sweet love and am planning
soon to close my eyes to the sweet sound of music
and dream of being here with you.

Oh my dear love I am so tired and so worn down
and soon I know I'll most likely need to lay down
and when I do I'll be sending all of my warmth and love
while I dream of you being right here by my side.
I love you so dearly and can't wait for that time
when I can hold you so near and close to me
being able to relax and smile feeling truly happy.
Dear I'm worn out and my mind needs a breather
right now and a short bit of rest,
I will write you more later I promise.
I love you Kira because you are the best
and I send you sweet kisses and hugs so full of warmth.

Michael P. McParland

Love Note 351

Good afternoon my sweet Angel dove
and as I should be heading out
the door shortly I wanted to
tell you I love you and miss you so dear.
Please give me your hand my sweet love
as I need your support very much so right now.
As I told you about just within this
last week of some people trolling me
they gave my love note to you
on your birthday a 1 vote and inside
it is killing me.
I know it's best to ignore them
and I just cleared all the votes
but I've done nothing to them
and that especially was and is
such a deep personal note and it
twists my heart around in so many ways.
Please just reach out and take ahold
as I so need your comfort my dear
and feel my arms around you
as I reach out to take your hands
and pull you so close into me
and give you a kiss of deep comfort and need.
I love you Kira and just am so tired
of the jerks in this world.
I'm sorry I am so upset
but it hurts deeply as it is also
an insult to you for them to be so very rude.

I will be thinking of you
and sending my warm, kind,
and eternally caring love to you
while I'm gone with millions of
sweet kisses so deep and strong,
just squeeze my hand back
as I take yours in mine
and give me a big smile so bright
and sweet as yours always is.
Just feel me there with you

holding you so very tight
my hero and Angel my hearts
wants and needs forever and ever.
Know I am right there with you
and right here for you whenever
you want or need my sweet darling Kira.
I love you so much and always
worry about you and hope
you are okay and know I'm concerned
in my infinite, unconditional,
and undying care and true love for you.
Sweet sweet kisses and big warm hugs
to you my dear Kira.
So squeeze me back my sweet lady
as I so tightly hold you
and I'm so sorry that those jerks
bother me so but just understand
how and why it cuts at my heart bad
as it is from the most tender depths
of me as and who I am and in my view
they are hurting and insulting you
my most beloved and precious Angel.
God bless you my darling
and know that from you I'll never be parting
because I love and adore you,
and in full trust I give my whole self
to you through eternity my sweet darling Kira.

Michael P. McParland

Spend The Afternoon With You

It will soon be noon here my sweet dear
and how I wish I could spend it with you.
In an hour and a half I will finally go shopping
and pick up most of the last of my Christmas items
as well as some groceries to be able
to fill my medium to just over medium sized belly
and perhaps but unlikely go to lunch too
and how I wish I could spend all of that time with you
walking along hand in hand feeling cozy and warm.
I wish I could spend the afternoon with my love
ignoring the crowds and not worrying about anxieties hells.

How I wish I could spend the afternoon holding hands
and just looking at you both of us smiling away,
sharing the looks of love that I remember
and feel so very well deep down in my heart and soul
and taking in all the joy that you my dear Angel
bring into my life and the lightness I feel.
I wish I could spend this afternoon with my
very best and beautiful friend just having fun
while getting some necessities done.

I will be with you though is spirit
and filling you with warm reassurance,
praying that next year we can do this Christmas
shopping together and spend our afternoons
happier and more complete than ever
sharing kisses and forgetting the world around us.
I wish you were here my sweet darling to
be with right now kissing and snuggling
and very shortly hand in hand shopping.
I will be thinking of you and sending all of my warmth and loving
so listen closely for my hearts loud and clear callings.
I love you Kira and can't wait for our time
of true happiness and calming where I will just
give you kisses, hugs, and smiles telling you thank you my dear
you are the most beautiful blessing and Angel
I could have ever dreamed of and hoped for.

Michael P. McParland

Sweet Tender Good Morning Kisses

Sweet and tender good morning kisses
to you Kira my sweet darling dear
and with a big smile I tell you
I love you dear you're my everything.
Sweet tender good morning kisses
of loving care just for you
and with a great big warm hug
straight from my heart and soul.

Such deep and tender good morning kisses
of true love to you sweet Kira my dear one
and I am sending you all of my endless deep warmth,
feel my lips upon yours and my hands taking yours
as I pull you in to hold you so tight
and just rub your back and stroke your hair.
Sweet tender good morning kisses to you
because my heart is singing it's praises in full,
sweet tender good morning kisses to Kira
my Queen and Angel so beautiful and eternally young.

I love you sweet Kira more than anything
and that's why each day with pure love from
every part of my entire soul and self
I send to you the most sweet and tender kisses I have,
I want you to feel safe and secure every day
knowing I am right there by your side
holding your hand and never again shall you be alone.
I love you Kira you are my everything
and I truly want to spend eternity at your side.
Sweet tender good morning kisses to you
and remember your Michael is smiling at you
and walking along hand in hand the entire way through.

Michael P. McParland

Morning Note 146

Good morning my sweet dear
and before we begin this day
in full having to get up
and do what we need to do
let's just enjoy a sweet snuggle
basking in the comfort and glow
of each others kind loving warmth.
Just feel me wrap my arms around you
and give you the sweetest kiss
as I say Kira I love you
and adore you so very much.
Just hold my hand as I
hold you next to me so loving
and giving all of my tender care.
Sweet Kira my love you are
the most wonderful thing
that's ever happened to me,
so let's snuggle in these early hours
and enjoy the weight of
our true love and bond everlasting,
I love you my darling
and want to spend eternity
just being with you and forever
caring for each other.
Good morning sweet Kira
and may God always bless you,
now let's just snuggle for awhile
and start the day right
with a kiss and I love you.

Michael P. McParland

Sitting Here (I Love You)

Just sitting here reading my book
and I can feel your arms around me
and your sweet loving spirit
and I am in heaven knowing your
thinking of me as I hear your heart sing
and I wanted to say thank you sweet dear
and I love you more than anything.
Sitting here reading and sending my love
I just want you to know my heart is filled
to overflowing with such immense love
and you are my everything, Angel, soul mate,
and greatest most beautiful best friend.
I'm just sitting here reading feeling you
and all of your love sending mine as well
and I just want you to know
I love you babe and I always will.

Michael P. McParland

A Cozy Night With You

Now after a nice soothing shower
and gathering up some much needed food
for my hungry and needing body
I wish I could just gather you up
in my arms and give you a big
thank you kiss for all of your wonderful
care and loving gifts over time.
Understanding, acceptance, and just being
the most wonderful Angel and blessing there is.
I wish you could be here to curl up in my arms
and spend the most cozy night as I looked
into your gorgeous sparkling eyes and said
thank you Kira for being the best,
I love you and you are the greatest gift
that there's ever been I swear in full truth
because you are my true love and best friend
and I will stick by you giving myself in full to no end.

How I wish you could come curl up in my arms
for the most cozy night spent with Kira
my true love and best friend whom I so
adore and admire and want to be with forever and ever,
I know you are probably most tired
and want to sleep but that is okay just curl up
so tight in my big orange fuzzy blanket in my arms
and I'll hold you so tight while you sleep
just quietly reading and watching some movies.
A cozy night with my love no matter what
is what this heart of mine needs more than anything else
on this entire earth,
and when you got up I would have your coffee ready
and we would just sit so snuggly holding each other and talking.
And if you decided to stay up that would be great,
just being with you on a cozy night would make me the
happiest man in the universe my sweet Queen.
I love you dearly and being with you is everything
I keep on going and living for because you are the most
beautiful woman and I would give anything to
just be spending time with you anywhere.

Just feel my arms wrap so tightly around you my sweet Kira
and feel me pull you in for a cozy night and just
close your eyes seeing me watching movies that
you have picked out like you know we will do
and see me just sitting here reading while holding you.
Feel all of my warmth and love as I send it to you
with the biggest of hugs and sweetest of kisses too.
Know that I am with you and here thinking of and always
praying for you to feel sweet joy and peace
in your heart and soul and to be able with me
just hang in there tough knowing our time will come.
God bless you my lady and feel me holding you
so close to me and say Kira I love you
so feel not a worry my dear.
In spirit let's share the most cozy of nights
and remember my hand is in yours and I will forever
be right there by your side giving all of my endless
support and true love.

Michael P. McParland

Night Note 126

Oh my sweet love what can I say?
I feel so anxious and upset
in so very many ways
and I just wish I could be sitting here
holding you close and talking
away all these maddening nerves.
Please sweet dear believe that
I am so sorry and just
accept me into your arms.
Sit and snuggle with me for
a few minutes before I finally
get a few things done.
I love you so much and your
comfort is everything I need.
Come sit and snuggle oh my
precious one and help me find some calm.

I'm sorry sweet one that I fell
asleep the whole day through again.
I had so much that I wanted and needed to do
and I feel so awful my dear.
I had shopping and a few other
little things that I feel stressed
over and am anxious about now.
Most of all though I just wanted to be up
so in part I could write for you
and just do many simple
little things like read or
whatever I might come across.
I also still haven't set up the
Christmas tree and that is bugging me.
I'm so very sorry my Kira dear
please forgive me my beautiful one.
I just want to feel your hugs and kisses
as I get myself moving.
I love you dear and miss you so
please come and snuggle for a few
and help give me the strength
to get up and at it all.

Oh my sweet dear a small snuggle
and then first a shower.
Some soothing water flowing over me
to wash away the nerves while
I listen to some soothing music too.
I wish I could just sit under the
waters flow and hold you next to me,
just feel the love of the worlds
most beautiful woman while
my heart and spirit heal.
To just hold you close and feel
relaxations bliss being with my girl
and letting all the anxieties just wash away.
I wish you were here Kira for that
and the rest of the night to
snuggle up and relax.
After that a bit of food at last
and then we'll see from there
right now though dear just a few
more minutes snuggle to pick up strength with me.
I will never leave you this I
will forever promise and I am right there
with you my Angel.
Just feel my arms around you as I
pull you in so very closely
and enjoy this night with me sweet lady
as we go about it always hand in hand
supporting each other in every way
that there is.
I love you Kira and for having
disappointed you I am so sorry,
please grab on so tightly
and just feel your Michael giving all
his love and warmth to you
know that I'll forever stick right by you
as your faithful best friend and true loving man.

Michael P. McParland

Please Sweet Lady

Please sweet lady I ask with this kiss
just reach out and hold me so very close.
I'm struggling bad and it's you
the woman I truly love that I want.
Please sweet lady reach out and squeeze
in for a snuggle so very tight
because you're all I need and all I want
in every way my precious one.
You're all I need and all I want
so please come snuggle up right now with me.

Michael P. McParland

Love Note 350

Sweet love please come curl up with me
because that is all I want and need.
You in my arms in this time so very hard
and in which I'm extremely tired.
Please my sweet one come and snuggle close,
I love you my sweet Kira
and want you here within my arms.
I will always be with you my sweet Angel dove
so feel my arms around you.
I love you oh my tender one so
come hold me in your sweet and loving arms.
Come my sweet Angel dove and let's
wrap up in peace and comfort now,
I miss you so very much and need
your warm touch bad.

Michael P. McParland

Love Note 349

Oh my sweet love how
I wish I were with you so
very tightly and lovingly
in each others arms sharing sweet kisses
and just snuggling away
these late night and early morning
hours fast coming.
I wish I were with you my sweet lady.
I can't seem to get up and get
going quite yet my loving Queen.
I am in much pain and just can't
seem to shake the fogginess and
last bits of tiredness.
I can feel your sweet spirit
and it is helping me keep
a light heartedness that I
would not have otherwise and I thank you.
Soon I must get up completely
for a soothing shower and how I wish
you would be there to just cozily stand there
and hold under the flow of calming water
and afterwards just sit back and enjoy
a warm drink and snuggle on the couch.
I love you sweet dear and wish you were here
to just snuggle up with through everything.
I miss you sweet Kira and know that
I am right there with you
and that I am giving my best.
Now let's snuggle back on the couch for
a bit more and enjoy the warm
embrace of each other before getting up
and doing other things of need and such.

Michael P. McParland

To Spend The Night

I would love nothing more than
to just lay down on the couch
with you and snuggle up so very tight
and put on a lovely relaxing film
to which we could just relax to and feel good.
I just want to spend the night
holding you so very close and just
feel peace being with you.
I want to spend the night with my Kira
just snuggling away the hours
chasing off the sadness I feel
and knowing that my Angel's right there
to rest with and give kisses to.
I just want to spend the night with you.

Kira I just want to wrap up together tonight
on the couch and watch a movie we'd both like,
so I could just hold you and give you
all my warmth and comforting care,
I just want to wrap up with you my sweet dear.
To just lay back and feel you right here
and all of the love that we both give.
Kira I want to spend this night here with you
and as I put on a film I send these sweet kisses to you,
I love you sweet darling and for you
my heart is so mightily calling.
You are my sweet Angel and the only one
I'll ever need and desire.
Kira I love you and feel me there with you
because all I want is to spend the night with you.

Michael P. McParland

Night Note 125

Sweet love before I start
explaining things as I reach out to
hold you so tight and very close
please just hold me back and
take peace in each others warmth.
I need your loving care and kisses
so very bad and I know you need mine as well.
Let's just hold each other as
I tell you why I've been so quiet
and I am sorry sweet one
that there hasn't been a word.
I love you Kira and I know you'll
understand so please don't be upset
or feel angry in any way.
I love you babe and trust me
I wish I could have been with you
the whole time because I feel so much
like breaking down in tears,
I just want to hold you near
and let you know how much you mean to me.

I can't possibly tell you how deeply
exhausted I was when I last wrote you on Sunday morn,
I could hardly keep my eyes open
and couldn't even get up and move around,
I was literally spent my sweet dear
and when I wrote to you for a snuggle
to give each other such deep loving peace
I felt your presence strong and not long after
my body released and I fell asleep.
Dear I did not awake unlit late morning
yesterday and I was still so foggy
I just a ate a tiny something and went
back to sleep until just about within
the hour and have been trying to get
myself somewhat together.
As soon as I awoke all emotion
came crashing down because I had been
with you in many of my dreams

and though no real specific remains
I was spending time with you
and I know we were having fun and feeling very good.
I miss you darling and love you beyond the stars
so when I fully awoke to not have
you near broke my heart and I'm trying
to keep it all together my Angel bride,
my heart cried out and I just want you to know
that I'm still here and want to
snuggle up so tight because you are
everything in the world that is good and right.
I love you Kira and miss you
like nothing else.
Sweet kisses toy you my Angel of
such brilliant care and light.
I'll never leave my sweet dear
because you are everything that is worth
fighting for and living for.
I just want you my precious dear.

So sweet Kira let's just snuggle
here for awhile because I know
you need my comfort and I needs yours
to my sweet God given blessing darling.
Let's just snuggle for awhile
and take such comfort being gathered up
in the arms of the one we truly love
and who loves us unconditionally in return,
just snuggle here with me my sweet one
and share sweet kisses so divine.
I love you Kira and I am so sorry
if you were upset and worried,
I wish I could have been curled up with you
and just held you close.
Please don't be angry sweet one
and just hold me close,
my heart is struggling bad right now
and after this I'm going to curl up
and let out my tears from missing you.
God bless you my sweet girl and remember
that I'll always stick by you
with all the care and true love

I hold just for you.
I miss you Kira and I love you more than anything,
so again I apologize and say let's just
lay back and snuggle so I can hold you
for awhile to rub your back and stroke your hair
just letting you know everything is okay.
Sweet kisses to you my sweet dear
and have no worries because your Michael
loves you more than anything and I will
stick by your side without a bit of waiver
through all time because I love you Kira
and want to be with you in true joy
never knowing loneliness and its fears again.

Michael P. McParland

A Tired Mid Night Snuggle Of Comfort

I am so deeply weary, exhausted and tired my dear
and I'm reaching out to wrap you up in my arms
for a snuggle of true comfort and peace with you
my sweet Queen and Angel,
feel all of my care and loving warmth as I pull you in
and give you a kiss for a very tired and longing
mid night snuggle of comfort with you my sweet Kira.
I love you my darling and to be with you my true love
in hopes of fully relaxing for some good sleep
that will be very refreshing as a needed blessing.
A tired mid night snuggle of true love and comfort
with you my darling beautiful Kira.

I have only lay here drifting off a fair bit
as my sleep has been very erratic and irregular my dear
and I want to share a sweet peaceful mid night
snuggle with you as we both took such deep comfort
laying down next to each other and said I love you
and share some sweet kisses,
I'm reaching out my sweet darling to pull you in
for a tired and truly loving mid night snuggle.
To just lay down holding you and to be held by you in return
is such a truly comforting feeling I'm wanting and needing.
So feel my arms so warm and lovingly wrap around you
as I pull you in closely and feel peace in your heart
as I kiss you so sweetly and say
share this sweet and so very tired mid night
snuggle with me Kira because I so deeply love you
and just want you to be here beside me,
you are my Angel who gives me deep peace and comfort
and I want you to be filled with those feelings to
so I will be holding you tightly against me in loving care.
God bless you sweet lady and feel all of
my loving warmth fill you up as we rest our weary heads
for a tired mid night snuggle of deep loving comfort and care
just basking in the warm glow of the true loving care that we share.

Michael P. McParland

A Tender Nights Kiss

I send to you my sweet one
this tender night kiss to give you
deep peace and warmth through your heart and soul.
A tender night kiss to just say I love you
and I wish I were lying right next to you
holding you closely just sharing the sweetest
and most loving conversation.
I send to you my most beloved darling
a tender night kiss filled with pure and true love
to let you know that I am right there
and giving my very best to the woman I cherish
and want to be with forevermore.

Sweet Kira my hearts only true love and reason to beat
please don't feel upset and just feel this tender night kiss
I send to you so filled with my deep and true love,
a tender night kiss to give you comfort and peace
so you can lay back and relax even if not to rest,
a tender night kiss from my heart and soul
to help ease all of your aches and pains,
feel my hand within yours as I lay next to you
and pull you in for a snuggle to soothe.
My sweet darling Kira I send a tender night kiss
to wrap you up in it's tender care and let you know
that I so truly love you and want for you to be happy
and fulfilled in every way.

Sweet Kira my one and true love I so cherish
I send you this tender night kiss to help chase away
the stresses that are bothering you and to
give you all of my warm loving strength,
a tender night kiss to just I love you
and I miss you and in spirit I am so tightly holding you.
A tender night kiss to you Kira because
because both of our hearts are aching as we wished
we could be snuggling and need it so bad
so I wanted to send you this tender night kiss
to give you peace and comfort as I reach out to hold you
and say I love you Kira and just wish I could right now

curl up in bed with you and snuggle so tight.

Michael P. McParland

Saturday Night Dreams

Sitting back in bed here alone
on this late Saturday night
and I'm feeling your sweet strength and love
fill me up and all around me
and it helps lift my sad and aching heart
knowing you're with me in spirit.
I miss you so much and wish you were here
to talk to and hold just feeling true peace
knowing that everything will be okay.
Saturday night dreams of so much
I want to say to and do with you.
Saturday night dreams of what will be
and how I wish I were with you right now.

Just sitting back on this late Saturday night
writing for you to let you know I'm thinking of you
sending all of my warmth and love
with endless sweet kisses to say I love you dear
and I am with you no matter where you are
with my arms so tightly around you.
You are the gorgeous Angel I adore
and would give anything to be with you right now
and to never have to face parting again.
Writing for you on this late Saturday night
while dreaming of beautiful you
and just holding you near as I look in your
Angelic and heavenly eyes getting lost in the most beautiful soul
with the most beautiful smile there's ever been.
Late Saturday night dreams of sweet you
while sending all of my deep loving care and warmth to you.
God bless you my beautiful best friend Kira
and just hold my hand back so tight as I take yours within mine.

Saturday night thoughts and worries
as I wonder how you are and pray you are feeling okay,
wishing I was there to dry all of your tears
and just hold you so tight giving sweet tender
kisses on your cheeks and head while
I rub your back and stroke your hair in comforting love.

Saturday night dreams, Saturday night thoughts ans worries,
A quiet Saturday night alone just plain
missing you and wishing I could hold you,
talk to you, heal all of your hurts and pains
that are making you suffer.
I hate knowing you hurt because you mean so much to me
and to see you in pain is heart breaking
and sickening for me because you deserve
to be happy and that's what I want most for you.
A Saturday night with a head, heart, soul,
and mind full of things and for you it's just
pure tenderness with true love so very deep.
I love you sweet Kira and miss you so bad.

Sitting back here in bed on this Saturday night
sending you all of my very best in every way
and dreaming of when we will be together
and as I hold you just let you know
that you a treasured gem and Angel
I will always fight for and defend every single day,
to just give you all of my love
in full every single day serving my Queen
and giving you the kindness and courtesies
you as a gorgeous woman have always deserved
but ungrateful ones never gave.
I love you Kira and will give you
every single bit of myself everyday at my best.
A Saturday night writing for you
to let you know that I love you and
just how much I care and want to do for you.
A Saturday night thinking and feeling so many things
but most prominently and above all else
is that I truly love you and would do anything for you
including give up my life if called for.
You truly are so precious my dear and there's nothing
I want or need more than to just be with you
forever basking in and celebrating our true love
that is such a truly sacred and blessed gift.

Michael P. McParland

You Are My

Kira you are my true love and best friend,
you are the one I feel attached to
and know in my soul that we have been
the closest of people since time began
and we were just spirits yet to be born.
You are the woman I've loved here on earth
since I was 15 and through all of the time since then
it's never faded or wavered.
It's only grown stronger my dear
and you are the one I want to be with forever
knowing true bliss sharing unconditional love
and acceptance complete.
Kira you are the one I give my heart and soul to
in all of my true love and trust because you are
my Angel of complete love and light.

Kira you are the one who gives life so much meaning
because you fill me with true boundless joy
and excitement to just be with and talk to,
you fill me with love that has no bounds
and no depths and I would do anything to make sure
you're always happy and fulfilled.
Kira you are my greatest desire in that true way
filling me with the strongest tinglings you can imagine.
You are the one with whom I want to
celebrate life with each day as we work together in everything.
I love you Kira you are my soul mate
and the only one I'll ever give myself to completely.
It's only you because you are a blessing
I admire you to no end and only wish to honor.

Kira you are so very beautiful and I would
just love to hold you with our heads held back
so I could look in your eyes caressing your cheek
and stroking your hair while I just took in
and admired the beauty you are,
then give you the most tender kiss and tell you
how beautiful you are on the inside as well
with your tender heart so full of love

and your giving and strong spirit which will not
be conquered by anything.
Kira you are my beautiful girl and I can't help
but smile and feel butterflies when I think of
or see you because you have the pure beauty
of an Angel as God created you so very special.

Kira you are so wonderful, fun, and an inspiration
because you are so very intelligent and think for yourself,
I love to talk to you because we can discuss
the most deep and thought provoking things
to just silly little conversations that aren't dumb
but just light and fun.
You are so fun to talk to because I can be open with you
and I know that no matter what I will learn something
and you like to listen to me babble and that feels good.
Kira you are everything I want and I love you so much
and just want to be with you through time.

Kira you are my true love and best friend
that I share a bond with I'm so thankful for
and I'm so thankful to know you and to share a love
that is so complete and so rare.
Kira you are my other half and you fill me up
with hope and light that through hard years had been lost.
You are my northern star and the one I adore,
you are the one I treasure and cherish to no end
and hope you will honor me with your sweet hand.
Kira you truly are a gorgeous Angel in my eyes
and I know that there is no other for me,
I will stand by you forever my Queen.
God bless you and feel me there with you
just giving you kisses as I hold you so tightly.
Kira you are my true love and I am and will be
your Michael forever holding your hand
giving my full support
and undying love that fills me up.

Michael P. McParland

Love Note 348

A very warm and good
late evening full of true love
to you my sweet Angel dove
and first thing as I rise from my rest
is to tell you thank you so much
as always for all of your
warmth, care, and endless love.
I love you my sweet darling
and cherish you as my Queen and Angel
who my heart glows and beats for
and I want to be with forever and ever.
I love you sweet Kira so deeply
that thankful tears of deep love
are coming up to my eyes.
Sweet sweet kisses to you
my tender hearted Angel
I give myself to in full forevermore.

I am shaking with hunger my darling
and must get up and scavenge
to fill the pit in my stomach
but as soon as I'm stable
I'm going to write you the most
beautiful thing I am able.
I want to honor you while always
letting you know that I care for
and love you because you are the worlds beauty.
These are my gifts from the very
core of my heart and soul to
reach out and show you that you
are the greatest blessing and best friend
that could ever be dreamed of my dear.
I always give the best that I can
because you my sweet Kira deserve
the very best as well as all
the love in the world,
I'll eternally give all that I hold
to you my Angel true.

So my sweet love I send sweet kisses
and warm hugs to you and am right there with you
and after the food shakes are gone
and my mind is settled I'll write you
my dear I promise,
just feel my hand in yours
with all pf my loving warmth that I send.
God bless you sweet Kira
I love you to no end.
You are the greatest and again
I truly thank you for being
the sweetest loving and most beautiful
Angel that any man has been loved by.

Michael P. McParland

An Evening Snuggle 2

Come my sweet darling on this early eve
to lay down and snuggle during
a very much needed rest at this time.
Come so we can hold each other so very close
and relax in true contentment and peace
as we deeply kiss and then close our eyes
for a short rest of which I'm in deep need.
I love you sweet darling and want
to just lay in bed holding my sweet precious lady
to kiss and feel whole with as
I rest to regain my strength.
Come snuggle with me on this early eve
because I just want to feel your heart beat
and your touch as you lay here with me.
I want to just be with you and snuggle
as we rest in the early part of this evening.

Michael P. McParland

Tired Afternoon Kisses

On this tired here I send you
sweet kisses of true tender passion
with great and big tight hugs of warmth
to let you know I am thinking of you
and right by your side smiling as I hold your hand.
I send you sweet kisses and warm hugs
to give us both comfort in our
aching and longing hearts.
I send them to you because I love you so much
my sweet Angel dove and want you to
always feel the love I have and am giving
so you will always know you are cherished
and not alone for a second.
Sweet tired afternoon kisses to you my sweet Kira
may you feel so deeply peaceful
knowing your Michael will always cherish and love you
standing right along side you forever.

Sweet sweet tender kisses of true love
and desire to you my dear one this tired afternoon.
I send them just to say I love you my darling
and to know I am with you and want you
to be happy wearing your bright heavenly smile.
I send you these kisses just to say I care
and that you are the most beautiful woman there is
and as I sit back on this tired day
while resting my eyes during reading breaks
I'll be thinking of you and let
my heart be filled completely with your loving light.
Sweet tired afternoon kisses my darling
as well as big and tight hugs of pure warmth
saying I love you darling and you are my everything.
You are the Angel I cherish and long to be with
for all eternity as husband and wife.

Michael P. McParland

A Sweet Saturday Afternoon 2

Having just risen on this Saturday afternoon
from a good stretch of fair and much needed sleep
it was for and to you that my heart so loudly cried.
It's crying out in longing need as I think of you
and see your beautiful face and imagine you standing
before me and smiling I start to ache because
I want to see you so bad taking you in my arms
to say I miss you Kira you are so truly special
and I love you sweet Angel and want to always be with you.
I feel that aching and want nothing more
than to spend a beautiful Saturday afternoon
talking to you and being together.
I can see and feel you so clearly and my heart
is aching and yearning for you my dear darling.

As I woke from that sleep it is complete truth
that you were the first thing I felt and saw
and I want nothing more the to be with you
on this Saturday afternoon just talking
and snuggling away many hours.
I feel so truly exhausted and spent in many ways
my dear darling and I ache and desire to just hold you
and know everything is right and beautiful.
A beautiful Saturday afternoon with sweet you
would make the world right in this space
and I could just sit with you while we talked and talked
which with you is one of my favorite things to do.

I can see you so very clearly my dear and I feel you too
and I long so very much to be able and reach out
wrapping my arms around you to pull you in close
and give the sweetest and most loving kiss.
I wish I could reach out to just hold you right now
and sit back and enjoy a beautiful Saturday afternoon
with my sweet Angel dove I so truly care for and miss.
Feel all of my love Kira as I send it to you
and feel me there holding your sweet hand.
I can so clearly see you and I also feel you
so very strongly and I long so very much

to be with you sharing a beautiful one with beautiful you.
That would be heaven on earth because
I love you so very much and to be with my sweet Queen
and Angel is the best thing there could be.
I love you sweet Kira and remember I will always be
your dedicated and loving Michael and there's nothing
I want more than to be with you for all time.

Michael P. McParland

Morning Note 145

Good morning to you
my sweet Angel dove and I send you
these great big hugs
of immense warmth with sweet kisses
to wish you a gorgeous and beautiful
weekend filled with comforting peace
and endless light,
I'm sending you all of my love and warmth
with all of my strength,
I will be with you sweet dear
through the whole day right by your side
holding you and your hand every step of the way.
Feel all of my love and hear my hearts call
telling you that you are my only one
and there's not another soul
that could take your place.
You are my Queen and through eternity
I will always give you all of myself in full.

Have a great day my sweet dear
and I pray that the sun will shine
so very brightly upon you
and give you a very special kiss
that I send to remind you that you are
truly a diamond in the rough and precious jewel,
a special kiss to try
and describe all of the love
I feel and hold so deeply for you,
a special kiss of reassurance and truth
to let you know that I'll
never leave you because to
truly lose you would be the
shattering in full of my heart.
Because to know you would be
so deeply wounded and hurt
would twist me around in deep pain
and to ever lose the woman
I truly love and always have
would be the death of true hope for me.

So receive this most special
and precious kiss and take
peaceful comfort knowing the truth
of all the deep feelings it caries
and may it make your day
so extra special my beautiful dear.

So a bright and beautiful
good morning to you my beautiful true love
I cherish and want to be with forever
and feel my arms around you
and these sweet tender kisses I give
on your forehead, your cheeks,
your neck, your lips, and your hands
to say you are so truly my sweet lady
and I love you forever because
you are my truly wonderful and adorable Kira.
Have a good day and just remember
and feel through your entire
heart and soul that your Michael loves you
and that I would do anything
you wanted or needed because I will
in true love and desire serve my sweet Queen
with all of my love and power
because I want you to be happy
and I want you to be proud of me.

Michael P. McParland

Goodnight My Sweet Angel Kira Of Light

Goodnight my sweet Angel Kira of love and light
and I am so very tired and think I'll now be able to sleep,
come slide into bed with me and let's
snuggle and share the sweetest kisses for a short bit
before we finally put our heads down to
peacefully sleep in deep comfort as we hold each other.
Goodnight my sweet Kira and come slide into bed
with me so I can look in your eyes and tell
you I love you while you see the deep wells
of truth and care in my soul and you can be touched
by it's power in full as we snuggle for awhile
before we rest our heads to peacefully sleep.

I have been doing some very deep reading
and that my sweet dear is why it's been so long
since my last message as I finally had
to force myself away because I know you might be worried
that I am upset in some way or fell asleep.
Just a very lengthy short story my dear
and I will finish reading it while you cozy up
and rest your head on my chest.
I'll hold you so close and tight in all of my love
so feel my immense warmth as I send it to you
to give you deep comfort and peace.
Please my sweet dear never worry that I am gone
because I am your Michael and I will always
stick by you and be yours through all time.
I am here for you dear and give you these
deep passionate kisses of true love to set you at ease
and to help give you the rest that you need.
Goodnight my sweet Angel Kira of light
feel my arms around you to give you deep strength.

I'll see you my dear in the land of dreams
to just be with you and hold you
and exactly where doesn't matter
because I just want to be with my lady
snuggling and enjoying your company.
So tonight my sweet dear I just want to meet

and I will see you sweet one
in the land of dreams so majestic
and truly without bounds it is endless.

Goodnight my sweet Angel Kira of hope,
of light, of reason to fight on and live
I love you so much and I hope you know
to even a degree just how very much
because from me it overflows in the greatest way
I treasure you dear and want to be with you
and holding you every single day.
My heart and soul are yours because
I wish it so and present them to you
because I trust you and know you will take
such sweet loving care of the complexities they hold.
Those are two things that no one could ever steal
and I so treasure you I want you and you alone
to have them through all time.
You are my Angel and my northern star
and for me there's nobody else my sweet Kira I love.
You are my soul mate and best friend
and I would never intentionally harm or cause you the tiniest pain
because you are the one I truly love more than anything
and I will be right there beside you always my dear.
Goodnight my sweet Angel Kira of light
God bless you this night with deep peace of heart
and feel my arms around you giving you all of my love and warmth.

Michael P. McParland

I Miss Your Goodnights

Lying here in bed my sweet dear
but not yet ready to go to sleep,
I'm just sitting here reading short stories
to keep myself occupied from the anxiety
attack that's suddenly come over me
and I'm thinking of you and your Angelic voice,
sparkling eyes, heart and spirit of gold
and that gorgeous smile to help stay the nerves.
I'm just lying here and missing you in so many ways.

Right now what I'm missing so much
are your beautiful and touching messages
saying you love me and goodnight,
to get some good sleep and share the dreams
we had had of each other and how we hoped
we would dream of each other again as we slept that night,
and there were always other various tidbits
and it was so soothing and touching
and I miss your sweet words in your good nights
that helped make all bad go away
and for you I was and will always try to do the same.
I miss you Kira my beautiful one.

I'm just laying here sweet dear with so much
running around in my mind while at the same time
it feels slow and empty which makes me feel stupid.
I'm just lying here trying to beat this anxiety
that has creeped up on me and is a true difficulty
but feeling your love and warmth helps make it
far more bearable than it would otherwise be,
without you my dear I would most likely
be crawling out of my skin.
Thank you sweet one once again
and when we've reunited I'm going to thank you
over and over in the most special ways that I can.
It's just that right now the one thing I really miss
is your sweet goodnight message to me that was
a truly divine and celestial blessing.

So please my sweet dear will you come
snuggle with me and hold me so close for awhile
before we fully turn in?
Will you just reach out my dear and take my hand
to give that extra strength that I need?
I know I ask so very much and I often
feel so ashamed of how much you must put up with,
but I truly love you my darling and right now
I so very much need you and know I can come to you
and trust you which I do.
Reach out my sweet darling and help me on this very night.
I know you can't and I understand but I truly wish
I could have that treasure I miss which was your message
of goodnight, true love, and spiritual well wishes.
Things that I know you still send me in full
but I just miss reading them so very bad.

I miss your bright sparkling eyes,
I miss your shining smile.
I miss your beauty that you are in total,
a cute face and wicked body,
a heart and soul that are so pure
and well beyond almost everyone else that I know,
no one can surpass my mother by
but you my sweet
darling are right up there with her.
I miss your goodnight messages simply put
because they were you in a way my sweet dear.
They summed up in the best way it could
the love and compassion with true understanding
you have within you my darling dear.
They were a direct touch from you
that without the momentary possibility of being physical
was so very personal and deeply thoughtful.
I miss your goodnight messages because I miss you
Kira my sweet precious darling and I am so excited
for when the time comes that I can hold you so close
and just let you know that you are the one I love most
and you mean more than everything else.
I love you babe and I always will
because you are my beautiful sweet Angel dove.

Michael P. McParland

A Peaceful Evening 2

Sitting here alone in the quiet my dear
and have such a deep burning and longing
within me to be with you and to talk,
to just snuggle and hold hands feeling true comfort
and peace as we are just sit together sweet you and me,
a peaceful evening of calm to just sit and read
and talk about everything and nothing throughout.
A peaceful evening for just you and me
is what I so long for and need.
A peaceful evening with my dear lady who means everything.

I long and yearn as I sit here alone
in this silence that surrounds to be with you
just sitting back holding each other and holding hands.
A peaceful evening with my lady
and even a great and fun night with the kids.
That is true fulfillment and solace being with
the one who you care for and love
and cares for and loves you the same in return.
A peaceful evening together is what I ache for so bad
and just want you to know I love you my dear.
I can't wait to be with you and in each others arms.

What a wonderful time it would be to just
be with you and your kids just spending time
and getting closer as we do fun things,
a peaceful evening my darling and Queen,
all I want is to be with my best friend
and I send you sweet kisses to let you know
how very much I truly worry and care.
I can't wait for those peaceful evenings
so I can know how you are and that you are okay,
peaceful evenings to just bond and share.
That's what I yearn for my love
is to know you're okay and spend time everyday
getting to know my sweet Angel dove in every way.

So as I sit here sweet love I think of you
and have a prayer in my heart because

I'm always concerned that you're doing okay
and hoping everything is going smooth and safe,
I love you my darling and that's why I worry
so that's a big part of why I'm so deeply
aching and longing to spend peaceful evenings
just sharing talks and kisses while snuggling.
To be there for my Kira and caress your cheek
so I can look in your eyes and tell you I love you,
that I cherish you deeply and want you to be
forever happy receiving the love you've been deserving.
To just be with you in complete and full comfort
finally having a time with no need to fear or worry
because we will be with each other sharing
the most divine and beautiful peaceful evening.

Michael P. McParland

Love Note 347

Good evening sweet love and sweet kisses to you,
I'm sorry sweet one for the long time
of being quiet here in between writes
as from the night of restlessness
I fell asleep and only just 5 minutes ago awoke,
I'm sorry sweet love for dropping off
and I promise I am still here
giving my best as I always will.
God bless you my darling for all of your
strength, love, caring, and understanding.
I would be lost without you
and no other could ever live up to
and be sweet precious you.
I adore you sweet Kira and want to be
with you forever and ever.

I am as ever sending you all of
my warmth and love and right there by you
holding you close.
Give me some time to get moving
and eat something and I will write you
the most beautiful and wonderful
thing that I am able.
I want to give you these gifts
from my heart to give you deep comfort
and as a symbol of my appreciation
and deep never ending love for you my sweet Angel dove.
I truly want to give you the best
in everything that I do
because you are my Queen
and in my loving eyes only
the best can do for my Kira so good.

Once again my sweet darling just close
your gorgeous and sparkling eyes
and see my loving looks and my big smile
as you feel all of my warmth and deep care
surround you and wrap you up
in a blanket of peace and comfort,

feel all of my strength as I send it your way.
I so truly do cherish and treasure you
and I feel so lost and miss you so badly
but I will remain strong and keep going
because I will see you again
and hold you as my only one,
that gives me reason to keep holding on
because you are my best friend and Angel
I've loved since time began.
Feel my arms around you and my immense love
fill you up with pure peace
because I am right here for you
my sweet Angel darling
and when you are ready my heart and arms
are wide open and 110% ready and accepting.
I would never shun or turn on you
because you are the greatest thing I know
and that has ever happened to me.
God bless you my darling
and know I am with you.

Michael P. McParland

Holding You Close 2

I'm reaching out to take your sweet hands
and pull you in to hold you so close,
to give you reassurance and comfort
and to help ease the ache in your heart.
I'm holding you close so you'll know
and feel that you are cared for and loved.
I'm holding you close because I cherish you
and want to take away all of your pains and see you smile,
I'm holding you close because that's what we both need
and so very want.

I'm reaching out my dear and wrapping you up
in my very warm and loving arms
to let you know you're not alone
and to tell you I love you so very much.
Take peace my dear within your sweet heart
and know that your Michael's right there at your side,
feel peace in your soul as I hold you so close
knowing I love you completely in every way that there is
and I will stick by you in true love through eternities time.

Michael P. McParland

A Sweet Good Afternoon To Sweet You

A very sweet good afternoon to you my sweet love
a my heart, my prayers, and me have been with you all day,
I hope you've had a good one so far
and have had many many reasons to smile.
I've had one my sweet love and that reason
is the best in heaven and the whole world.
I've been smiling sweet love because
I've been thinking of you and can feel you so near.
I can feel all of your love and remember
all of the wonderful sweet things about you my one
and that makes me smile from ear to ear.

A sweet good afternoon to you my dear one
and I wish you were here just to be with,
I have not a clue of anything exciting to do
I'd just be happy to be with you spending time
kissing, snuggling, talking, and just whatever
we found to do together.
I miss you sweet dear and wish you were here
to spend a beautiful and sweet afternoon
just spending time doing whatever we'd do.
A sweet and beautiful good afternoon to
sweet and beautiful you my darling dear.

Just feel all my love and continue to let it
lift your sweet heart and brighten your day,
I'm right there with you all of the way.
As long as we have our true love we will
be okay my sweet one and make it.
We have the will and have through the years
proven that it and our bond will not be shaken.
We have always fought for each other
and will continue too
and when we've come back together just let
the walls open and tumble for each other
so we can understand everything that's been around us.
I'm with you my darling and holding you closely
so let's in spirit have a great afternoon together.

A sweet afternoon my sweet dear to sweet
and beautiful precious you.
I'm sending my love and sweet kisses to warm you
and give you all of my strength and deep reassurance.
You are a blessing and miracle in my eyes sweet lady
and I'll eternally be thanking you
for all that you have put up with and given.
My hand is in yours and I'll be by your side forevermore.
Your Michael loves you and is always
here for you if wanted or needed.
Have a great afternoon and my prayers and heart
are right there with you my sweet Queen and Angel.

Michael P. McParland

A Beautiful Friday Morning With You

As I sit here sweet dear on this quiet morn
I dream of a beautiful one once again with you.
I long for it now but I also dream of it too
so I can always feel peace knowing it will soon come.
I dream of a beautiful Friday morning with beautiful you
just sitting here on the couch in each others arms for awhile
before we had to get busy on any chores or tasks that need doing.
A calm and peaceful steady paced Friday morning
just enjoying some time with Kira my beautiful and special lady
I truly cherish and treasure as my blessed Angel.

I dream of a beautiful morning with you my sweet Angel
because the peace, joy, light, and hope that you bring
keeps my heart beating and gives me a reason to keep on going
because I know I have a true love that loves and cares for me
just as much and we're something special my darling,
I love and accept you for you and you love and accept me
for just who I am and for that I am so very thankful.
And soon we will share these beautiful mornings feeling so calm
and so very peaceful without a single shred of fear, doubt,
or anything negative within sound or sight.
Just a beautiful Friday morning for us.

oh my sweet I sit here now in peace feeling your love
strength and care surround me now and I give you
a big smile because I love you darling.
I look forward to those peaceful mornings
and in spirit lets right now treasure and cherish it
because I'm always with you and so tightly holding you
so let's just sit back where we are are bask in the
glow of loving warmth and peace we are sending,
just sit back my sweet dear and listen through
all the silence for me telling you I love you
and you are the most precious and special person to me ever.
I will stick by you forever and ever and be here
to support and provide everything for you I can and am able.
You are my true and sweet darling Angel and I will forever
be your dedicated and faithful Michael.
So sit back my dear and feel my arms around you

and let's both take in a beautiful and peaceful Friday morning.

Michael P. McParland

Morning Note 144

A very good morning to you
my sweet Angel dove and I pray
that you felt all of my warmth and love
through the night and slept well.
I hope you had the sweetest of dreams
and saw me there so I could hold you close
and hold your hand as we went along.
I love you sweet dear and give you
these kisses and warm hug to start the day off.
You are so special and my biggest reason
to keep getting up everyday.
I can't wait till I can roll over
every morning and see you there
and give you a kiss as I say good morning babe
I'm so glad you are here
because you are my Angel and I love you so deep.
Feel all of these kisses and hugs
I send to you as they hold every bit of my love.

The night of sleep was restless for me
as I didn't feel well throughout the day
and it just lingered a bit my dear.
I thought of you though the whole time
as I could feel your loving strength
fill and surround me in full
and again I thank you my dear for all that you give
and all of your sweet loving care,
it helped me get through the night
and into this morning here.
I love you my dear and no matter what
I'll always be right here for you
and stand by your side hand in hand
fighting for you with all of my strength
and giving my full support,
hear my hearts call as it sings to you
about how much you are worth and mean to me.
You are a rare and precious jewel I so cherish
and I'll protect you with my life my sweet darling,
there isn't anything for you I wouldn't do

because you are my soul mate
and awesome best friend.
You are the woman I'll stick by through all time.

Have the brightest and most beautiful day
within your sweet heart and loving soul
and remember I'm there holding you and your hand
so just close your sweet eyes and
see my big loving smile as I wear it for you,
remember the tenderness you saw in my eyes
that said I love you my darling
just as you did every time we looked up
and just began to smile.
Remember and take comfort in those
as I do when I think of you
and I know soon we will be in each others
arms my sweet dear kissing
and pouring out all of the sadness
as the joy pushes it to fill us anew.
I love you darling and I always will,
I am your Michael and I'm just for you
so feel all of my care and loving
as this day is passing.
I'll be thinking of, praying,
and writing for you my sweet dear
so feel not a worry or doubt because
I'll always give you my best and work
so very hard to make you so very happy and proud.

Michael P. McParland

Sweet And Soft Mid Night Kisses

Sweet and soft kisses of comfort to you
on this restless night full of uneven sleep,
sweet kisses so soft and so full of love
to fill my sweet lady with peaceful warmth.
Sweet kisses so soft to reassure and confirm
that I am there holding you and going nowhere.
Sweet and soft kisses of true and pure love
I send to you on this night my sweet Angel dove.
God bless you and keep you my lady so tender
I will be with you always because I am your Michael.

Michael P. McParland

Goodnight My Sweet Love 4

Goodnight my sweet love and let's go to bed,
it's been a long week and I just want
to lay down in your arms and give you a kiss,
then just look in your eyes and say you are the best,
I want to spend eternity by your side.
I love you my darling and treasure you fully
now let's share some sweet kisses and snuggle
before we go to sleep feeling contented and peaceful.
Goodnight my sweet love so truly gorgeous
let's go to bed and hold each other.

Come my sweet one and curl up so tight,
just rest your head on my chest
and I'll hold you so close in pure love through the night,
I'm sending all of my love and warmth your darling way
and I'll be right there with you softly
talking to you rubbing your back and hair too.
Just listen so closely for my voice my sweet dear
as I tell you I cherish you immensely
and reassure you that I'll always be with you.
Feel my presence sweet darling as in spirit
I tightly and lovingly hold you in comfort so closely.
be filled with the peace of knowing I love you,
goodnight and sweet kisses to you my dear darling.

I'll see you in the land of dreams my dear one
in our special place to just be with each other
and take walks among the moon and the stars,
and in fields of flowers,
to do as we fancy in the place that is just ours.
I will be there at the gate to so warmly greet you
with the softest loving looks and a big smile too.
I'll hold you so tight and tell you I've missed you so much
and that I love you with a big kiss,
then give you my arm to escort you back to our house
where we can just sit and visit as we both want.
I love you my sweet beautiful darling
and I'll see you and hold you right there.

Goodnight my dear Kira sweet love
let's go to bed now to snuggle and kiss
for a short bit before you rest your head on my chest
and we both close our eyes for a peaceful
and truly restful sleep feeling so safe
and complete as we just hold each other so tight,
I'll so softly say I love you my Angel
and life is so dreary without you,
thank you for being my best friend and soul mate,
I thank you and God for this blessing of true love.
Goodnight my sweet darling it will
only ever be you I kissing, needing, and fully wanting,
it will only ever be you for me through eternity
because I so truly love and adore you my sweet precious Kira.

Michael P. McParland

Come Snuggle 5

Come my sweet darling and before bed
let's just sit back and snuggle right now,
we'll just spend some sweet time
holding hands in each others arms snuggling away
a bit of time before we lay down to sleep,
we'll just spend some time reading and talking away
so my sweet darling come snuggle with me.

I'm still not feeling great but I just want
to sit with my lady in peace feeling
whole and fulfilled having you near,
just snuggling and feeling the beats of our hearts
would be the perfect way to begin
winding down this day.
Come snuggle with me and share kisses too,
you are divine my sweet love and I want
to be in your arms feeling so warm.

Come snuggle with me and spend time
just enjoying the best company we can
before we go to bed and fall asleep.
I want to hear your sweet voice and feel your soft touch,
I want to feel you so close to me
as I say thank you my dear for all you do
and I am so grateful for you in every way.
I love you my darling and I always will,
I cherish you completely my sweet Angel dove.

Come my sweet darling let's just snuggle for awhile,
I miss you and need you my heart and soul ache so bad.
I want to hold you and give you comfort
and heal your heart darling with both of ours touching.
I love you immensely and expect absolutely nothing
because both of our love is unconditional.
God bless you my dear I just want to hold you near,
so come snuggle my darling while reading and talking
because there's nothing else I'd rather be doing
than spending time in the arms of my lady.

Michael P. McParland

We Need Each Other

We share a bond of true love and friendship
that's so very strong and has lasted so very long,
we share a bond that has been tested many times
by many things and it has lasted these many years.
We share a bond I know in my heart that has been
blessed by God and we need each other
because we carry such deep feelings for one another.
We need each other because there is something missing
when we're not together and both of us feel so very empty.

We need each other sweet Kira because
we can and do open up in a way like with no other,
we need each other because we've always stood up
for one another to fight for and defend in true honor.
We need each other because our hearts want each other
and our souls can constantly feel the other.
We need each other because we fell in love
long before coming to earth here.
We need each other because there is a completeness
that cannot be described or spoken.
We need each other and it can be seen dear.

Even through the fights we've had I still love you
and care for you so deeply and completely.
We've made it through them my darling
and we will make it here too.
I know you still love me because I can feel it
and in so many ways you have told me.
We need each other because we are so sad without dear
and we are so strong and so happy when we're together.
I love you sweet Kira and I happily tell you
I need you my darling just because I so love and adore you,
and you love and adore me just as deeply.

We need each other because best friends and soul mates
belong together always working through and along
those things difficult and easy together.
You are a true treasure and I long to please you,
to make you so proud and see you smile.

I need you just because I so deeply love you.
We need each other and it doesn't all have to be seen why now
because as long as we're together fighting along for one another
we'll remain strong and will never be stopped
by anything that tries to destroy us or hurt us.
We share a bond that is so strong and will last forever my dear
and we need each other because we are in true love
which is the greatest gift from God in heaven.

Michael P. McParland

Come Lay With Me 2

Come lay with me my sweet dear,
I'm beginning to feel quite unwell
and I would love to have you next to me
hearing your soothing voice
and feeling your soft loving touch.
Come lay with me my precious dear
and give me comfort in this time of need.
It with only you I want right here with me
as I lay down from feeling quite unwell.

Come lay with my sweet Queen and just
be with me for awhile while I lay down.
I'm feeling most unwell and just want
my Queen here to give and feel my love,
come lay with me my sweet Angel dove.
It's you I want to sit with me
and soothe through the time,
it's only you I want my sweet love.
Come lay with me and hold me through this time
because it's the one I truly love
I want and need right now.

Michael P. McParland

I Cherish You In Full

I cherish you in full my darling dear
for the sweet Angel you are
and for all the love that we share.
I cherish you darling because you are you
and that's the most important thing in whole.
I cherish you my sweet Kira because you are cool,
Kira I cherish you in full because you are
the Angel I truly love and adore.

I cherish you because of you giving
and loving heart so very big that never stops,
I cherish you because you are tough
and have persevered through so very much.
I cherish you because you still maintain
such a soft loving core that has not hardened and turned cold.
I cherish you because you are so good
and I love you sweet Kira my Queen so bright and bold.
I cherish you in full and you're my best friend.

I cherish you my beautiful one
because I feel you near all of the time
and your loving strength helps keep me going,
you are so beautiful it makes me ache
and you are beautiful both outward and in.
I cherish you for just who you are
and I give you all of myself and my love
my only one.
I cherish you in full my sweet Angel dove.

I cherish you my sweet dear and love you more than anything,
I want to spend eternity with you my dear precious Queen.
I adore you so deeply because you are amazing
and you truly complete me.
I cherish you and will always stick right by you
because you are my lady and I cherish the beautiful
person and soul that you are in full.

Michael P. McParland

A Great Big Hug

A great big hug of warmth and love
for you my sweet Angel dove.
I give you great big hug of true love
to give you peace in your precious heart,
I have a great big hug for you
because I love and miss you so much
and want you to know I'm thinking of you
and holding you close.
A great big hug of true love for you
my best friend so true.

A great big hug or reassurance and love
because we both need to feel comfort
in each others arms dear,
a great big hug of true love to tell you I'm here
and to remember I'll never leave.
Just a big hug to say hello
because I truly love you and care for you
so very much.
A great hug of warmth so very big
because it is for you and is us wrapped up so tight,
a great big hug for my darling and true love
whom I treasure to no end because she is my Angel.

Michael P. McParland

Cozy Up, Cold Day

It's a very cold winters day outside
my sweet love so let's sit back today
and cozy up just snuggling and spending time,
let's just sit back and snuggle up
chasing away the world and all its cold
as we wrap up in my big fuzzy orange blanket
and in each others arms.
Let's cozy up on this cold day
and spend time with each other and your sweet kids.

We could play games like Trivial Pursuit my fav,
or watch some good movies that everyone would love,
build a puzzle or just sit and talk along,
let's just cozy up on this cold winter day
and forget all the troubles that are in the world for now.
Let's cozy up on this cold frigid day
and just revel in the warmth and glow of our true love.
Come curl up with me my precious one and
be filled with all the warmth I have.

Let's cozy up my dear on this very frigid day,
cold winters days were made to snuggle up
feeling warm and safe within your Angels arms
and I want us to spend this day with that sacred charm,
I want to be with you all cozyed up
forgetting all the pain.
I want to be with you my love feeling warm and good,
I want to cozy up on this cold day
because I love you very much.

Kira babe let's cozy up and spend time
just you and me and some with the kids.
Chase away the cold outside and revel in the joy of love,
this time will come I feel in dear
and I can't wait my sweet precious Queen.
So today my love in spirit cozy up and feel my love,
have peace inside and know I'm right there beside you now.
I love you babe and am cozyed up
so feel this kiss and be filled with total warmth.

Michael P. McParland

Adorable You

As I rise here in this late more
closing in on afternoon my thoughts turn straight to you.
I hope you are well and feeling good
and feeling strength and comfort in all
the loving warmth I send.
I love you babe through and through
and wish you a good day my sweet Angel true,
I want you to know I'm there and feel all my love
my adorable one.

God bless you my adorable one and I
wish you were here to spend the day.
I still don't feel well and wish
I could just sit with you spending time
doing so many simple little things
and both us feeling comfort in each others arms.
Adorable you how I wish I could just
sit and talk with you and snuggle
while I get feeling better here.
The best way to get healthy love
is being with the one you so adore.

I truly love you adorable you and will be
thinking of you the whole way through,
I'll be by your side hand in hand
and holding you giving sweet kisses to.
Have a great day my adorable girl
and don't forget I'm right here for you,
I'll never leave your side or give up
on the wonderful blessed things we hold.
I love you dear and wish so very much that you were here
but I know that time will come and until then
I'll hold you in spirit and send all my caring love.
I will be here my dear when it is time
and I will take you right up into my open arms,
I'll never let you go my sweet dear precious one
because I love you so much my Angel Queen.

Michael P. McParland

Come Curl Up

Goodnight my sweet Angel dove
it's time for bed so come curl up with me
and share some sweet kisses before we fall asleep.
I want to hold you and sweetly kiss you
caressing your soft cheek and tell you I love you.
Come curl up with me my sweet dear
and snuggle together giving true peace
and solace to each other our true loves
before we go to sleep.
Goodnight my sweet Kira come curl up with me.

Come curl up with me so I can hold you
close to me the whole night and just
give you sweet kisses and tell you I love you.
while I rub your back and stroke your hair.
Just help you feel content knowing I'm there
and that I'll forever be right by your side
because you are the Angel I adore in all ways.
Come curl up with me and together feel complete and safe
as we just snuggle the night away
knowing we'll forever have the true and sweet love
of our treasured best friend.
I love you sweet Kira and will be holding you
so very tight to help your heart heal with mine.
You are the greatest my sweet Queen so bright.

I'll see you tonight in the land of dreams
in the most special place that's just for you and me.
A place of true peace and of true comfort,
a place where right now we can meet in our dreams
and then create for real when we reunite
here on earth to celebrate the love we have shared
since time began and we first crossed paths.
Tonight my sweet lady I'll see you in our dreams
to just laugh and cuddle while talking and doing whatever.
I'll see you tonight and give you the biggest kiss
my sweet darling Angel of light
and tell you I love you Kira so truly beautiful and cute.

Goodnight my sweet beautiful Kira I forever want
and come curl up in my arms and snuggle
while we kiss for a little while.
Let's enjoy some comfort before we sleep
and just smile at each other as we feel complete,
then rest your sweet head upon my chest
curling up so very close and so very tight,
come snuggle my Kira and then go to sleep.
I miss you my sweet Angel so cute and neat,
I'll forever give myself to only you
because you are I need and want forever dear,
you are a blessing that I'm so grateful for
and I'll never forsake you my precious dear.
God bless you sweet Kira and come now
and curl up so close with me for a peaceful night
filled with comfort so happy.
Goodnight my Kira and I promise I am right there beside you
because I love you and want you to know
you're so truly loved and I want you as mine for eternity.
Goodnight my sweet Kira I truly love you
and you really are so very special.

Michael P. McParland

A Peaceful Night With You

Oh my sweet love as I took a warm
and very soothing shower than sat and ate some late dinner
all I could have wished for was for you
to be here sitting with me enjoying a night
so very peaceful and so very quiet.
A peaceful night with my Kira my delightful Angel
who makes my heart sing and my soul glow.
A peaceful night with my Kira talking, watching movies,
and just snuggling together feeling so truly cozy.

Oh my sweet love and darling Kira I wish you were here
for a peaceful night to just read and snuggle.
To just sit next to you as we both read from
your works would make my heart sing in a way
that it hasn't in what seems like forever,
not since I last talked to you and read
your sweet precious words from your golden soul.
I wish I were have a peaceful night right here with you
so I could just kiss you and hold you close.

I can feel your love and spirit so very strong
and so very near my sweet dear helping to
make this a peaceful evening in a way that
it would not otherwise be and I say thank you my dear
I truly appreciate and treasure everything you do.
I just wish you were here to look at and hold
while rubbing your back and stroking your hair.
To just give you kisses and drift for awhile,
I want a peaceful night with my lady
and feel completely good and alright while I'm getting better.

Oh my sweet darling Kira I know we will
soon in good time be coming back together
it's just that I ache so very bad to talk to
and be with you right now,
I miss you so much and am anxious for our times in the sun.
Simply put Kira I love you so much
and tonight I really want a peaceful time with you
just talking and seeing your gorgeous smile.

A peaceful night to kiss and hold you.
In spirit my dear though I promise I am
and as I am up for awhile I will be in full
sending you deep kisses and warmth to show you
how much I truly love you, long for you and care,
I'll be holding you tight for a peaceful night.
I love you sweet Kira more with every beat of my heart
and I give you all of myself because I love you best.

Michael P. McParland

A Sweet Kiss Of Comfort

A sweet kiss to you my true love,
a sweet kiss of comfort to give you
deep and endless peaceful warmth.
Peace to feel and know that I love you
so very much and will always be with you
and here for you no matter what.
A sweet kiss of comfort to you Kira
my one and only true love.

A sweet kiss of comfort as I rise now
to take a refreshing shower and then
eat something in hopes that it will help me
keep getting stronger and feeling better.
A sweet kiss of comfort to ask if you join me
just holding each other under the soothing water
and the get cozy on the couch so very tightly
and relax with each other?
A sweet kiss of comfort you my sweet darling,
a sweet kiss of comfort for my blessed Angel so sacred.

A sweet kiss of comfort to you my sweet Kira
and feel me there so close beside you
holding you in peace and contentment so tightly.
I love you sweet lady and I'm feeling you
so very strongly and it is helping me
get up to do a few things so I hope and ask
if you'll join me my love with this sweet kiss.
You truly are so very beautiful and so amazing
and I treasure and cherish you deeply sweet lady.
A sweet kiss of comfort I give you which
is always needed by everybody and a sweet kiss of comfort
to just reassure you and give you happy tingles.
A sweet kiss of comfort for my sweet lady I miss.
I love you sweet Kira and will never stop giving you kisses
from this way now through forever when we've reunited my darling.
A sweet kiss of comfort to you my sweet Angel
and just feel so peaceful as my arms are around you.

Michael P. McParland

A Warm Evening

As I lay here in bed my sweet dear
just slightly drifting while resting
and hoping soon to get feeling better
I just think of you and sharing sweet kisses
as we just held each other.
I know that is our future but I just wish
I could have you right here in this moment and then forever
to share a warm evening of complete peace and comfort.
A warm evening with my beautiful Kira
is everything that's wanted and needed by me my sweet lady.

As I lay here sweet Kira I want to thank you
because I can feel you so closely and it is
helping me so immensely,
you're keeping me from crying and you're
as always keeping me and my heart going.
I love you my sweet Kira and wish you were right
here in person so I could just tightly hold you
and say thank you and I love you my Angel over and over.
I want a warm evening where I could just
lay here and hold you so tightly and drift off to sleep
feeling that all was finally right because I'd be with you.

God bless you sweet Kira and I so deeply
and completely love you,
I wish I could just lay here and hold you
giving sweet kisses so deeply and telling you
how much you mean to me.
A warm evening with my sweet lady Kira
is what my heart longs for so deeply and truly.
A warm evening with you my sweet Kira
is what I am dreaming of as I lay here recovering.
I love you sweet lady and my arms as I wrap them around you
with all of these sweet kisses and hugs,
let them fill you with the warmth that I hold.
I so truly treasure you and I fully cherish you
and I just want to hold you right now
and share a warm evening of peace in our true love.

Michael P. McParland

Love Note 346

A very beautiful and wonderful
good late afternoon to you Kira
my sweet Angel dove and with all
of these kisses I send I say
I love you dear
you truly are the best that there is
and I wish you were here
to just snuggle up with and give a kiss
as I smiled at you and knew
all was finally right in the world.
I love you my darling
and can't wait to be holding you near.

Once again dear I want to thank you
for all of your wonderful love and understanding
and I wish I could just hold you
lying here in bed together and tell you
while we just took great peace and solace
in the warmth of each other.
As I said earlier I'm not feeling sick
but I'm not feeling good either
and would just love to snuggle with
my true love as I lay here
hoping soon I will start feeling better.
I miss you sweet Kira and send you
sweet kisses so you'll know
and feel so strongly I am right there
beside you holding you tightly.
Sweet kisses my lady and let's
snuggle up in the covers so very tightly.

I love you sweet darling
so very much and as I lay here
I am sending you all of my loving strength,
be filled with warmth and in spirit
come snuggle with me while I just
rest these lingering blahs away.
Come snuggle with me my only one
because you are the best

and each day I truly do love you more and more.
Come slide into bed next to me
and keep each other feeling so very safe,
so very warm, and truly happy being
in the arms of someone who accepts us
just as we are and loves us for that,
come snuggle with me Kira my dear
because I love you deeply
and I want to just recover in the arms of my lady.
You are my Angel and a true
heaven sent blessing,
and Kira there's nobody else
I'd rather be with forever and ever,
it's only you my sweet darling.

Michael P. McParland

Loving Afternoon Kisses

Come lay down beside me my dear
and let me wrap you up so tight
within my arms to give you these loving
and deeply grateful afternoon kisses of true love.
Come lay beside me and share some sweet kisses
of love on a very very tired afternoon
where I need your sweet comfort and you need
mine as well.
I have endless loving afternoon kisses for you here
that I'm dying to share.

Come my sweet Kira and lay next to me
so we can just snuggle some time away
like we so very much need,
sweet loving afternoon kisses to you
my sweet Angel dove and a warm snuggle to,
I just want to hold you so close
and give you a kiss while I stroke your hair
and say Kira my Angel I love you dear
and just want to lay here right now
feeling the comfort we both are in need.
I love you deeply and want to share kisses so very sweetly.

Come and lay next to me my sweet Queen I adore,
I'm not feeling sick at all but overall just not
feeling very good and I want you to hold me so tight
lying here for awhile while I hold you back
giving loving afternoon kisses and just thanking you
for all of your loving patience and understanding,
reassure you that I'm always yours and never leaving,
that I am your Michael and you are my everything.
So come lay with me my precious darling and I will
give you the most loving afternoon kisses
while we snuggle away a few hours together so needed by we.

Michael P. McParland

A Sweet Kiss For Kira

A very beautiful goodnight to you babe
and a give you this sweet kiss for sleep,
a sweet kiss for you my sweet Kira
to say I love you dear and as I lay down for bed
in spirit I will be holding you
so close rubbing your back and stroking your hair.
Goodnight my sweet love with a kiss
straight from my heart and soul.

A sweet sweet kiss to sweet you
to tell you I love you so very much
and will be thinking of you as I close my eyes
and will be sending all of my warmth and love.
God bless you so much my beautiful girl
and know in your heart and soul
that I and my heart will always be yours.
A sweet kiss to you on this here good night
and remember sweet lady and Angel
that I love you so very much.

Michael P. McParland

More Than Anything 2

I love you more than anything
in heaven or on this earth,
you are my Angel and true love
and I give you freely
and completely all of my life and self,
I love you more than anything
and I want you to know you are my life.
You are an amazing and wonderful woman
whom I want to be with through
all of time as husband and wife.
Kira I love you more than anything
and I will forever stick by your side
as your faithful and loving Michael
so filled with pride and joy
to be with his Kira he truly loves.
I love you more than anything
because you are a true gift and blessing from God.

Michael P. McParland

Love Note 345

Good evening sweet love
and I'm so very sorry I've
been silent the whole day
after my morning greetings and note
I was so exhausted and overwhelmingly
and totally felt your loving warmth
that I fell asleep very quickly
and only woke about 20 minutes
or just short of it and just had
to slowly work my way out of
that fog of extended sleep.
Thank you my dear for all the love,
kindness, and understanding
you give and have it really means so very much,
I felt your love and care
so very strong I had put on an
audio book of a story only
16 minutes long and I fell
asleep about when it would have been
half done.
I hope you are smiling
in a good humored and loving way
as I am because you know
I never fall asleep so fast just like that.
I feel very emotional right now
my sweet love but because of you
I am smiling so very big.
I love you dear one and thank you
so much for being such a blessing
and Angel to me so very pure.

As I said my sweet dear
right now I'm feeling very
emotional indeed and still
I can't seem to catch my breath in the least,
and my sinuses are super
dry and sore which is annoying for sure
so my sweet love come sit with me
in spirit as I go out to sit

on the couch and drink some broth,
come and let's wrap up in
each others arms and softly
talk while I sip at my soup.
Nothing more on this earth would
make me happier than sitting
with you wrapped up so tight
warming each other
and being warmed up with soup.
I love you sweet Kira
please come sit with me
and snuggle the late evening away.

Oh my sweet Kira I truly
love and miss you so very much
and just wish you were here
to to talk to and snuggle with always
in bad times and the much more good,
I want to be with you through it all.
Right now I don't know that
I'll be up very long
but I will be holding you and sending
you all of my loving warmth,
feel these sweet kisses
I give to you now and the whole night through,
I will write you before
I lay back down my sweet one
and again I thank you so much for
all of your kind love and understanding,
it means more to me than you can imagine.
So come sit with me love
and snuggle so good as I sip
at my hot soothing soup
and let's talk.
I love you Kira more than
I can possibly tell or describe
and I hope you know
that you are truly my only one
and best friend who I'll
treasure forever and ever
because you are the most precious diamond
that this earth has ever known

in my eyes my sweet Angel of heaven.

Michael P. McParland

Morning Note 143

Good morning to you my sweet Angel dove
and God bless your precious heart,
I send you sweet kisses and warm hugs
so big and tight to start this day
right with a shining ray of loves light,
you are the greatest and sweetest my Kira
and I am so thankful for being
my amazing best friend, true love,
and Angel supreme.
You truly are my everything.

It is a day to just spend in bed
resting off and on the best that I can,
I literally can't manage
to catch my breath and feel winded non stop
and am just fatigued to the bone
and beyond it feels.
I wish you were here to snuggle up with
and get as cozy as possible
feeling your deep loving peace
as you held me and read me
your writings and stories.
That would be heaven my dear lady,
to rest and relax in your arms
while you shared your exquisite
and deeply gorgeous art.
Just the thought of that act
makes my heart glow with
true love, longing,
and hope my sweet dear.
I wish we could spend today
that very way having each other
and our very deserved peaceful contentment.

I will be with you my darling
holding your hand and you
so tightly as ever,
I'll always stand with you forever and ever
have not a worry fair lady.

I promise I will write to you
through the day as I can
because I'm here for you my sweet dear,
even here in days of complete
needed rest I'm thinking of you
and giving my best as I send you
all of my loving warmth.
Will you please hold me so tightly
in spirit as I rest through
this deep tiredness and pray
that whatever reason I am out of breath
constantly will soon pass?
I know you will darling
and I think you forever and now.
So have a great day my Kira
so truly beautiful
and see me the whole day
giving you loving looks and a smile
because am sending you millions
with endless sweet warming hugs and kisses.
Good morning sweet Kira and as
I spend this day resting
it is of you my best friend that I will be dreaming.

Michael P. McParland

A Warm Night In Your Arms

Oh my sweet love I am only just getting up
in a manner of speak from my very unrestful rest,
I caught not a single wink of real rest or sleep.
It gave me the chance though to just
lay down and close my eyes to think of you
and all the things I hold within my heart and soul
that I so wish to tell you and will do so in full
when we have come back together again.
The rest was not good but the dreams were divine
because we were together spending such loving and peaceful time.

So as I continue to just lay back on this night
I dream of a warm night wrapped up in your arms
and mine around you as you rested your head on my chest
and we just talked while we relax and rest.
A warm peaceful night in the arms of Kira my Angel
sharing sweet kisses and from the world
feeling finally safe and protected being surrounded
in your immense and never ending loving comfort.

Sweet dear I'm so very tired and miss you so badly
and just want to give you my messages and poems
directly just like the gifts they are my darling,
I want the world to know that I love you
but so much of that is the most tender parts of me
and I want that to be always just for you my sweet dear,
I wish so very much that you were here
to hold each other and share a warm night
just snuggling and talking.

A warm night in your sweet and loving arms
is what I will be dreaming of as I lay back again
while I wrap my arms around you in spirit
sending all of my immense warmth and true love undying.
Close your eyes my sweet love and lay back as well
so together we can share this dream
that will come and be so very special.
Feel me there with you my sweet precious Angel
and know that your Michael is holding you

so very close and lovingly saying I love you sweet lady.
So together we'll dream of a warm night
in each others arms and send
our loving care and warmth to each other
feeling so deeply peaceful.
I love you sweet Kira very deeply and truly
and I wish right now I could be with you
spending a warm night just snuggling with my only Angel.

Michael P. McParland

A Rest And A Dream

Hello my dear darling and I send you
the warmest of hugs and sweetest of kisses
to fill you with cheer and warmth.
To help you know that I am here for you dear
and have been thinking of you
sending all of my loving warmth too.
I am so very tired my dear and I
don't believe I'll sleep long
I am just in need of a rest where
I can dream I'm with you having the best time
just being in your loving arms.
A rest and a dream of my lady
is what's so badly needed on this very evening.

I'm so very tired my dear and want
to escape to dreamland for a while
in hopes that I'll see you there
and I'll be dreaming of you as I drift off
to the light sleep I will get.
A rest and a dream of my Angel so great
is what I need so badly right now.
So I send you sweet kisses
with tons of big smiles warmly
hugging you and telling you you are wonderful,
Kira my darling I so deeply cherish and adore you.
So a rest and a dream right now for me
and throughout all feel me holding you closely
lovingly rubbing your back and stroking your hair.

Michael P. McParland

Evening Note 75

Good evening my sweet dear
and I am just spending this
tired evening sitting back
and relaxing,
I wish you were here beside me
snuggling feeling each others
deep and peaceful comforting warmth.
It's just a quiet evening
and I long for the Angel
I so deeply love, cherish,
and fully adore.
I miss you sweet darling
and can't wait to just
lay beside you holding you tightly.

I hope and pray that your evening
is going happy and well
and that you are feeling deep comfort
in all the loving warmth that I send.
I hope you are smiling and know
that I am beside you holding you tightly.
I miss you my beautiful darling
and I just want you to know
you're so appreciated and matter.
I'd give everything to have you here
because my Angel is my best friend
and the one who means everything.

I am once again sorry
I'm more quiet tonight but my brain
is just really lacking
for the physical movement and words,
but listen closely and feel
the deep beat as my heart
calls out to you in poetry and song
everything that it holds.
My heart is doing everything
that it can to help you know
I am right here and that you are

so deeply cared for and loved.
My heart is my voice
in so many ways tonight
so just listen for it and feel its touch
because I'm always sending my love
in any and every way that I can.

I hope you are having a good
evening my dear and just feel
and remember I'm right there by your side
and you can always reach out
to me here or all the other
places we talked, had, and still share,
I love you sweet Kira and I always will.
I promise I will still
write you tonight as I am able
and I guarantee a couple.
Now please my sweet darling
give me a smile and let your eyes sparkle
because your Michaels heart
needs that beautiful picture of glory and perfection.
Have a good evening and do
take care my sweet dear
I love you deeply and I'm always here.

Michael P. McParland

Butterflies Of True Love

From when we very first met to this
very day the mere thought,
the very mention of your sweet name,
the memory of your sweet voice
and the memory of you still gives me
butterflies throughout my whole body
of excitement and joy,
of being with my Angel so good.
From when we first met to this very day
you still give me butterflies and blow me away.

Every time I would see you I wanted
to just drop everything and run to you
and just hug you and say how happy I was to see you,
but I was so shy awkward and young
and I was afraid I'd embarrass you and make you uncomfortable,
so I would calm and contain those butterflies
as much as possible to be composed and normal
but I know you always saw through me,
hearing and seeing those excited and nervous
butterflies all through and around me.
That makes me smile and still even now
gives me the happiest butterflies in my heart.
From when we first met to the day I write this
and well beyond it I'll love you sweet Kira
and get butterflies wherever you are in anything.
I love you my darling and want to show
and celebrate those butterflies with you forever and ever.

Kira from the day I even first saw you
there was a stirring and fluttering as there
was something special about the girl
in the next row over in math class,
I didn't know what just yet but the wings
of butterflies true love had begun to flutter and flex
sensing something special ahead and ever since
you have given me butterflies filled with true love
every single day of my life and I want
to spend eternity getting that feeling by seeing you

and holding you as my beloved wife,
I want you to know and see these butterflies within me.
Kira I love you so very much and you fill me
with such light and joy,
you give me hope in a world so very dark
by sharing your loving light and kind heart.
I can't imagine how life would have been or how
it could be without you to reach out to and take hold,
life would be empty without these butterflies within me.
Kira I'm sending you some of these butterflies
bearing sweet kisses and warm hugs filled with my love,
I'll always adore and cherish you and I promise my love
I'll forever stick by you and be you faithful loving Michael.

Michael P. McParland

Resting, Dreaming Of You

Oh my sweet darling today I haven't
gotten a single thing done.
Being so drained and exhausted I rested
my head for a minute a fell into a restless sleep,
one in which we were together though
just talking and enjoying time together.
Discussing some of the things we so badly
want and need to tell each other
and that's why I was so silent here is because
I was resting and dreaming of you
until my cat Caesar meowed in my ear and woke me up.

I am truly sorry my dear that I was so quiet,
if only you knew just how tired I was
and still am and needed that rest
which with a God send I dreamed of you
and us spending time holding hands
and I was able to look directly at you
and say Kira my darling I truly love you
and want to be with you forever and ever.
I was resting and dreaming of you my sweet lady,
I love and miss you so very deeply.

Oh my sweet darling Kira I just wish
you were here to sit back and hold
to get through our rough times together
and just talk and laugh like we used to.
That's what I was so wonderfully dreaming
and I know it will happen but I want it to be sooner.
To just be holding and kissing you
just like I was dreaming and being able
to see your bright and beautiful smile
as I looked directly into your sparkling eyes and said.
I truly love you dear Kira and I so adore you,
will you give me the honor of walking right by my side
hand in hand as my Angel for all eternity?

Michael P. McParland

Love Note 344

Hello my sweet dear
and I pray so deep in my heart
that you are smiling and your
morning is going well,
I miss you so much
and for so many reasons
and I just want you to hold me right now.
I'm trying to get moving
on a few things around here
but am so tired and stressed
I can't get going a bit.
I have to though my sweet one
because they need to be done.
I love you my darling
and am longing so hard for you.

I'll be thinking of you my sweet one
as I try to get moving along
sending you all of my warmth and love.
Feel arms around you as
I tell you I love you my sweet Angel bride
and will forever stick by your side,
you are my only one
and I just want to be able to
share all my poems and messages
solely with you because that's
who they are meant for as a gift
from the deepest wells of my heart and soul
so it's killing me when people
criticize, trash, or bother me
about what, how, and how much that I write.
It is so hard to take
when these are the words I give
to the woman I love giving
the very best that I have
even if they aren't the greatest
of all artists through time.
Those words are a present
I know you will truly cherish

and I want to give them to you
myself and in person.
To look in your eyes and say
I love you sweet one
and here is so much a part of myself,
only for you the woman
and Angel I so adore and love.
I know you treasure them dear
but to have others tear down in any way
crushes a piece of my soul
and I just wish you were here to hold
as right now I'm holding back tears.
I love you my dear and can't wait to have you here.

So my sweet darling dear
feel me beside you there and holding
your soft Angelic loving hand
and know that your Michael
is with you and loves you
more than anything.
I'll always stand with you
and be here if and when you may need me.
I love you sweet darling
and now must try to get moving
or I'll never get done with anything.
Sweet kisses my sweet lady
and I will be writing I assure you and promise
and in my heart I'll be praying for you.
Hang tight my sweet love
and feel me sending my love with
every bit of my might
because you are the Angel
I want to be with through all existence.

Michael P. McParland

Deep Good Morning Kisses Of Passion

Good morning sweet one and to start your day
full of light and joy I send you these
sweet kisses from my heart and soul of true loving passion.
Deep good morning kisses to say Kira I love you
and will always be right here for you.
Deep good morning kisses of passion
because I truly adore you and want you to feel safe
knowing you're not alone and I'm always by you
and am yours and yours alone forever.
Deep good morning kisses to you my sweet Kira
filled with all my warmth and loving.

Deep good morning kisses to you to express
the depths and bounds of my undying love for you,
sweet and deep good morning kisses of passion
for my dear beautiful Kira who I want to be with forever
because I so deeply love and cherish you.
Deep good morning kisses of passion
to express that to you in the most spiritual way possible.

Deep and very passionate good morning kisses
to you my sweet precious darling who means everything.
As I sit here and send them to you I'm feeling
you and my love for you so very deeply as I
listen to Falco and his song that makes me
think of you most especially and feel happy.
Sweet good morning kisses of deep loving passion
because you are my Angel and best friend
and to me that is the greatest gift and blessing of all time.

Endless kisses to you my sweet darling of deep passion
and I wish you a great day and good morning
just close your eyes and see me looking at you
with love in my entire being and a big smile,
feel my hand within yours and my arms around you
to help you greet the day with the greatest feeling
of loving peace two people can share.

Michael P. McParland

Night Time Kisses Of Comfort 2

As I lay here in bed not really sleeping
I reach out to you in loving concern
to give you deep kisses of comfort.
Kisses to reassure you I'm always beside you
and to help you know always that I'll never leave.
I'm reaching out on this night to
hold you so tight and give you sweet kisses
to comfort your heart and soul as I say
I will love you eternally my darling dear.
I will always stick with you because are
my true love and darling Angel.

Here on this sleepless night feel my arms
wrap around you so very tight to give you
my warmth and love with the sweetest of kisses
to give you peace and give you comfort
through your heart and soul,
night time kisses of deep loving comfort for you
the only woman I love and want to be with through all time.

I truly love you so very deeply and want
you to have endless faith in that knowledge,
I care for you more than anything
and that's why I reach out to give you
these comforting night time kisses
with abundant warmth and loving caring.
I want you to know that you're not alone
so I reach out to you to say I love you my dear
and I am right here to make you feel better and dry your tears,
I give you these sweet night time kisses of comfort
because you are my darling Angel to whom
I will forever remain faith.
God bless you sweet Kira a true gift and blessing
and feel me tightly and lovingly holding you
as I give you these sweet sweet night time kisses of comfort.

Michael P. McParland

A Quiet Day And Quiet Night

It was a very quiet day and quiet night
my sweet love.
One in so many ways where my mind was
just distant in it's aching pains
and a quiet day to myself was what was needed my dear.
I'm sorry and I hope you will understand,
it was just a quiet day and quiet night
just for me to be by myself.
Please understand that my dear I thought of
and was with you the entire time sending my love
and sending my warmth.
I'm still here my sweet dear I'm never leaving you
this I swear to you over and over again.

It was a quiet day where in writing I just
didn't have any good ideas in my head for you
and I truly want to give you my best always.
Just a quiet day feeling somber and lost
and wished so many times we could have sat and talked.
I was sending you sweet kisses the whole time
and praying you weren't worried and upset
and that you were receiving all of my loving warmth.
Just a quiet day with so much going on inside of me.

Then as a quiet late afternoon turned into
a quiet and lonely night I just sat
and played my video games for hours and hours
and you know I'm by no means a gaming fanatic.
It was something on which I could focus
and I was enjoying it.
I hope and pray you understand that it was just
a quiet night and a quiet day.
I will always love you my Angel so dear.

Just a quiet night and a quiet day like we all need
to just crawl into our shells and just be,
I love you no less and I mean what I say
when I tell you I love you more and more everyday,
I truly did fall apart when I lost you,

you are my diamond in the rough
and Queen who means everything to me in every beautiful way.
You are my gorgeous Kira and I love you so much
my heart is full and about to burst.
Feel my arms around you and all of this loving warmth.

It was just a quiet day and quiet night
my sweet dear and I truly am missing you so very much.
God bless your sweet heart and remember you're loved.
Your Michael will stand by you for all of time.

Michael P. McParland

Love Note 343

Good afternoon my sweet love
and I pray you're doing well
and feeling all of my warmth and love
as I send it in full endlessly to you.
I love you so much and want
you to know so that's why I'll
never stop telling you so.
My thoughts and heart are with you
as am I holding you near.
God bless you sweet dear
for the wonderful Angel you are.

I'm still feeling down
right now my dear but have been
trying to keep my mind busy with
one of my video games.
It's keeping me focused on something
and it's an old one I love,
it would be awesome if you were
here to play too or sit with me
just snuggling up.
I feel you here with me though
my sweet love and that is helping move
this Sunday right along.
I love and miss you
my gorgeous one.

Just feel my arms about you
as I give you sweet kisses
and tell you I so deeply love,
I'll never leave you my Angel
and am always beside you.
Hear my heart singing across the distance
and remember I'm here for you always.
God bless you again
my sweet Angel diamond
and I'm right there so tightly holding you.

Michael P. McParland

A Somber Sunday

It's a somber Sunday here my dear,
I feel so tired and worn out sitting
here in the quiet all alone.
As I go about doing really nothing
I wonder sweet one how you are doing
and hoping you are having a good day and smiling.
I hope you are my sweet Angel because I want
for you to always have a reason to feel
so splendid and peaceful.
I'm having a somber Sunday but am sending you
every last bit of my warmth and loving.

Just sitting here my sweet dear and wondering
if you are okay and know I'll be with you
by your side everyday all through time.
I'm praying that you know how much I appreciate you
and cherish you as my Queen and my Angel.
I pray that you do not have tears streaming
and that there is no reason for you to be crying.
I'm just having a somber day and am feeling so
sad and lonely inside.
Know that I love you and I'm always here,
I miss the sound of your sweet Angelic voice
and the softness of your beautiful face.

It's just a very somber day my sweet dear
and I'm so badly missing you,
just feel my hand in yours to give us both comfort,
I adore you so much and wish I could hold you close.
I'm thinking of and praying for you always my dear
and please reach back sweet one and help
give extra comfort on this somber day.

Michael P. McParland

Come Sit With Me 2

Come sit with me on this early Sunday
my sweet beautiful darling
and just hold hands while we talk to each other.
As I've said so many times I miss
so very much talking to you as we passed the time.
Talking with you is one of the best things
in this life to me there is to enjoy.
Come sit with me please and just hold each other
while we so loving and joyously spend time together.

Come sit with me and let me look in your eyes
to just marvel at the Angel I adore and admire,
to just have the honor of sitting next to the Queen
my heart eternally loves and desires
and let's just talk and do things together.
Come sit with me Kira and let's just share everything
that we can think of and has been happening.
Come sit with me so I can kiss you
and look in your eyes as I tell you I love you.

Please just come sit with your Michael
as we so closely and tightly hold each other,
I miss you and your sweet loving words
and voice that reached straight into my heart
and gave it awesome light and hope.
Come sit with me on this Sunday morn
and cozy up tight next to your man.

Sweet darling I would love nothing more on this
Sunday morning to be sitting with you talking
or even just enjoying our company in silence.
I would just love to be with my Kira.
Come sit with me soon my dear darling diamond
and let's fill our souls once again with such happiness.
I am missing you so very badly and just
want to be next to you daily.
So come sit next to me here in spirit
and we can just relax holding each other so tightly.

Michael P. McParland

A Sweet Sunday Morning

A beautiful and sweet Sunday good morning
to you my sweet dear and to start your day
with tons of love and light I send you sweet kisses
so full of care and deep admiration
with gentle tenderness straight from my soul and a heart.
A beautiful and sweet Sunday morning to you
my sweet dear.

I am thinking of you my darling and so deeply longing
wishing you were here as this day gets started,
to just sit back and relax with no hurries before us
and just drink some coffee while we tightly snuggle.
I'm thinking of you and sending all of my love and warmth too
so you will know I am right there with you.
I always am my darling dear and am holding you near
so in spirit you'll feel so safe and calm.
So you will have contented peace in your heart.
A send a good morning so sweetly to you on this Sunday
and to have a good day as I walk along hand in hand right beside you.

I wish you a very beautiful and gorgeous
sweet Sunday morning my sweet gorgeous Kira
and soon we will be able to share them all together
where I hold you so close and tight as we first rise
and then I'll make your coffee and cook you breakfast
as we start moving about the day.
Sweet Sunday morning with my sweet Angel and best friend
is just one of the greatest things there could be.
I love you Kira and wish you a sweet beautiful Sunday morning
and feel these sweet kisses as I send them to you.

A sweet sweet beautiful Sunday morning to you
and if you're still tired just rest your head and
dream of my sweet loving looks and smile as you feel
my arms around you to fill you with my warmth and love.
Get the rest that you need and when you rise
I promise I still will be here because you are my darling Angel
and Queen I'll stick by forever and ever,
I'll be right here holding your hand.

So a sweet and beautiful good Sunday morning
I love you darling and can't wait to have all of these with you.

Michael P. McParland

Early Morning Kisses And Snuggle

A very early good morning to you my sweet darling
and I'm reaching out to give you the sweetest kisses
as we so closely and warmly snuggle in this early hour.
I love you so deeply and miss you so badly,
I ache and long for you you even when I am sleeping
as I yearn to be in your arms and have you right next to me.
I'm reaching out for you on this morning
to give you sweet kisses and snuggle to give us both
such deep warming comfort.

Sweet sweet early morning kisses to you my dear darling
as I pull you in to say I love you sweet Kira,
you are my Angel and I truly want to forever hold,
hear as my heart sings to about all of my passion,
feel it's beat as it is for you while I so tightly hold you.
Sweet kisses and a snuggle on this very early morning,
I love you Kira you are my everything.
So before we get up and fully going lets just snuggle
in peace here my dear precious darling.
I'll always be with you and give you my everything,
Kira I truly love you and feel all my warmth
in these early morning kisses and snuggle.

Michael P. McParland

Without You I Fell Apart

Sweet Kira my dear I truly am missing you
because I do love you more than anything
and the reason I have so much to do
and a huge mess that is taking time to clean
is because without you I fell apart so very bad.
For a long time I fell apart and could never
get myself back fully on track
because I was and still am broken hearted without you
but right now am trying to pick back up the pieces
for both me and you.
I'm hoping you'll come back so very soon
and I'll have most everything in order to give you
the best that I can my sweet darling.

After our devastating fight in early 2011
I collapsed physically and in spirit,
some of which you know but in other ways don't
and one day I will tell you all.
Just know that I fell apart almost
completely and in full when at that time I lost you
because I love you so much and I feel
incomplete without my Angel so good and pure.

Then last year as everything was coming together
and becoming so happy and bright
outside things tore us apart and led to
another devastating and heart breaking fight
and once again my heart shattered and I fell apart
even though I never gave up on you
or fully lost hope and I never will,
but I fell apart and around me life's junk piled up
and that is the biggest part of why it is there
because without you the woman I love
I fell apart and am trying so hard to get it all
going right for both of us.

I fell apart without you sweet Kira because
my heart only wants you my sweet lady I desire,
it sings only for you and calls out

to tell you I love and adore you and want
to forever be with and stand beside.
Without you my dear I feel so empty inside
and that is why I now am catching up on so much.
I love you dear Kira and will always give you my best
because you are my Angel and I love you the most.

Michael P. McParland

Tired Night In Your Arms

It is a tired night my sweet dear
and it's one I would love to spend
snuggling in your loving arms.
Not to sleep my sweet dear but to just have you near,
just be with you in your arms on a tired night
were I feel sluggish and slow and want nothing more
than to just spend it in your arms.

A tired night my sweet dear to just curl up
in bed and watch a movie resting your head next to mine,
or for fun like young kids blow up a big
air mattress in the living room in front
of the TV and watch a film and read.
It is a tired night and I want to
spend it with you holding each other so tight.
A tired evening where I want my Kira
and am lying back wondering if you are alright.

It is such a tired night and I want to be
in your arms and hold you in mine,
a night of complete comfort given and felt
by each other as we lay back and relax.
A tired night with sweet Kira I love
and just want us to be in each others arms.
I am truly sending you all of my love and comfort
and Kira my dear I will be holding you
giving you kisses of total caring and loving passion.

Michael P. McParland

Saturday Evening Winding Down With You

Sweet sweet Kira it's been a long and tiring day
and how now returning from a long trip
to the crowded store I would love to sit
down for a few minutes holding each other
relaxing before I got up to make us dinner.
I so very much want a Saturday evening
winding down with my sweet beautiful lady
and rest our aching bodies and enjoy each others company.

How I wish my sweet lady I could spend
this Saturday evening winding down holding you closely
while for a little while watching a bit more
College Football which is in the large part
in it's last major weekend of the regular season.
A Saturday evening to cook you dinner
and wind down relaxing sitting together
and through the night watching movies and reading together.
A relaxing Saturday night winding down
and so lovingly holding each other
feeling so very safe and so very peaceful.

Sweet sweet Kira I so deeply love and miss you
and as I go through this evening I'll
be thinking of you and sending sweet warming and loving kisses
to let you know that you are the most important,
to let you know that your Michael will always
stick by you and support you in true loving passion.
I'll be dreaming of and sharing with you
this dream of a sweet Saturday evening with you relaxing
because you are my Angel and the most amazing woman
that drives this man and gives him reason to keep going.

Michael P. McParland

Love Note 342

Oh my sweet love how
I wish you had been here to
watch and enjoy the game with me,
as it was going on I thought of you
as I could feel your loving warmth
and watched my boys win.
42-13 and through you and the team I love
my heart has been lifted above where it was
and I pray you felt all of
my loving warmth as through the
morning, afternoon, and the game I sent it to you
I love you so much and send you
great thanks for how much you care
and giving me such wonderful
and abundant warmth.
Kira I mean it in full when
I say you truly are the very best,
there is no other I want to hold close.

I wish you were here with me
as I'm about to head out the door
and pick up a few Christmas gifts at the store
and then your fat man will
pick up some food.
Give me a smile my darling so good,
I can see it's sweet shine from here
and it gives me butterflies all over in joy.
I'll be thinking of you the whole time
and in spirit I'll be holding your hand,
I am with you my dear and adore you
completely and totally through.
God bless you sweet Kira and I will
write you as soon as I arrive home.
I love you sweet Kira and for you
my heart is in full voice singing
telling you that I truly love you
and you are the most wonderful
and amazing woman.

Michael P. McParland

Tired And Longing

It's a tired day my dear and I feel frustrated too,
it's been a bit of a stretch where it feels
not much has gone as I want and need around me
and I'm longing so hard to just talk to you
and lay down together and fall asleep in your arms.
I long and yearn to feel loving comfort and protected
as we snuggle close under the blankets
giving each other sweet smiles and deep kisses.
I am so tired and deeply frustrated and I long
to be in your arms holding you close as we pass the time.

It's a tired and longing day so far my dear
and I feel frustrated by a number of things
but with all of your warmth and love it all
may improve and it will for sure help
me feel more comfort than I otherwise would.
I'm just tired and longing so bad
and wish that I could hold you while we talked.
I'm longing and yearning so deep in my soul
to have you right here holding my hand
and helping me know everything is alright.
I'm tired and longing and missing you badly
and I want to hold you so very closely.

I'm tired sweet one and I truly long for,
want you, and need you deep in my soul,
you are the Angel that gives me hope and I so adore,
you are the Queen I bow before with tears in my eyes
and say I love you dear please forever be mine
for I give you myself and everything that I have,
I love you so much and will forever be yours.
I'm tired sweet Kira and long to feel you next to me
while we so sweetly kiss and talk and together
release all that we hold inside.
Dear I'm tired, frustrated, and so deeply longing
so please come into my arms and hold me so tightly.

Michael P. McParland

A Gorgeous Saturday With Gorgeous You

It's about to be getting late morning here
my sweet dear and I am cooking some bacon,
I wish you were here to make you a sandwich as well
and we could sit arm in arm and eat here
as we waited for the start of the game
and just talk while the volume on the pregame was low
and it would be the beginning in full
of a gorgeous Saturday with gorgeous you.

I would love to spend the begging of a gorgeous Saturday
watching what will most likely be Ohio States
last game of the regular season and the biggest my darling
as we face our hated rivals Michigan.
I would love to spend with you that exciting sliver
of todays time and win or lose you would be here
to move on through the day with and have.
A gorgeous Saturday with gorgeous you would
be the light that this life needs.
Gorgeous timers always with gorgeous you.

After the game my dear I have but one idea
and that would be to go out and do a small bit
of Christmas shopping and something very nice
to cook you my gorgeous Queen for dinner.
A gorgeous time out with you sounds so wonderful
and lifts my heart to the heavens my fair one
and I wish I could spend this whole day just holding your hand
sharing a gorgeous Saturday with my sweet gorgeous Kira.

How I just want you by my side spending endless gorgeous days,
days to just serve you and be there for you,
to give you all of the love I have and you've been deserving.
Gorgeous days with your kids as we all become
a family is you would like that as in my heart I do my dear,
Gorgeous days with gorgeous you are what I long for and want.
Oh my sweet Kira how I wish you were here for a gorgeous
Saturday in each others arms but all of my love and warmth
with sweet and great big kisses and hugs are being sent your way
because I love you immensely my Queen I adore completely

and I want you to know just how very deeply.
So feel my hand within yours and know that I'm there
because I'm yours forever and will never leave you I swear.

Michael P. McParland

Morning Note 142

Good morning my sweet Angel dove
and I apologize for being
out of it for so very long,
I just awoke from that long sleep
and am about to get moving bit by bit.
It was a busy day yesterday
my sweet dear and a tiring one for me
with still a bit more to finish.
The dirty part of cleaning
thankfully of this part is over
and it's just getting
organized and put back together.
A task to finish early before
Ohio State plays evil Michigan.
I wish so very much you were
here to sit with me as I finished working
and then I'd cook you some breakfast
a bit before the games beginning.
I just wish you were here
to be with and spend this Saturday at hand.
A good morning to you
my Angel I love and adore to no end.

Remember my sweet love I am
right there with you all of the time
holding you and your sweet hand
giving you kisses while
I tell you I love you,
I so adore you and I want
to be with you forever and ever.
I'll be by your side hand in hand
the whole day every step of the way
to give you my love and support you.
I adore you sweet Kira
you truly are my only one and everything.
I need no other woman,
just you and your kids
with my family too.
I only want you my sweet beautiful girl,

I adore you so much
my heart will forever be yours.

So as I now get going about this day
to get done with and accomplish
the last of this cleaning task
I want you to remember how much
you mean to me and I'm with you there,
you are the most gorgeous woman
in the history of earth
and I can't wait to hold you so close,
feel all these kisses I send to you
and fill you with warmth,
close your sweet eyes and see
my looks of love and smile that says
I love you Kira you are the very best,
I can't get enough of the Angel you are.
God bless you my darling
and I'll be thinking of you as I'm
cleaning and brightly smiling.
I love you my gorgeous one
and am excited for the days we will
in the future be having
because I truly love you sweet Kira
and will forever give you my everything.

Michael P. McParland

Sweet Sleepy Kisses (Goodnight)

Goodnight Kira my sweet beautiful dear,
it's been a long tiring day and I'm
pooped my sweet one,
come snuggle with me and go to sleep
and I'll give you sweet sleepy kisses
as you rest your head on my chest
and then we drift away to the land of dreams.
I'll see you there dear and hold you so near
as we lay on our soft bed under the stars.
Sweet sleepy kisses to you
and now my sweet dear come snuggle with me
and we'll drift off to sleep
with your head on my chest listening to
some new radio play podcasts I found today.
Sweet sleepy kisses to you my Angel so good.

Goodnight my sweet Kira and let's tightly cuddle
I miss you so much and I am hurting,
you are my Angel and I want to feel
and give you all of my deep comfort.
come wrap up in my arms and I'll give you
sweet sleepy kisses to give you such warmth.
Goodnight my darling I truly am so deeply
and intensely tired and I give you
sweet sleepy kisses to tell you I love you.

Michael P. McParland

A Hectic Day

It's been a busy and hectic day my dear
and I am sorry I have not written more for you.
Busy and hectic from when I woke up
having the Thanksgiving dishes to do
and just a few small messes too.
It's been a hectic and draining day
my sweet love and there is still more to go.

Then my dear from busy to hectic
as that pounding headache laid badly into me
and I had to lay down to get rid of it.
With your love and comfort though
I got some sleep and was able to beat it
and I send you sweet kisses to thank you.
A hectic and draining day and I feel so tired
but it isn't over quite yet.

Then my sweet darling marching on in
due diligence to keep going with the cleaning
that's so been needed working on,
a tiring but satisfying feat and I'm
not done with it in full or even tonight.
Thinking of you though gives me a smile
and you are one of the biggest reasons I'm getting it done.
A hectic and tiring day and I'm sorry love
that I've not written you more but I'm
working so hard and sending you all of my loving warmth.

Oh my sweet love it's been a day so very hectic
but in many ways so very satisfying in accomplishment,
I feel so very sad though and worried dear
that you may think I am mad or slacking off.
Please forgive me dear I promise I'm not
it's just been a tiring, hectic, and busy day
and I thank you for all of your loving strength.
I love you my darling and I am with you
holding you closely so just feel me beside you
giving sweet kisses and saying Kira I love you.

Michael P. McParland

Sweet Love 8

Sweet love how I love you so,
each day in my heart and soul
I adore you more and more.
You are so very beautiful and have a heart of gold,
I just want to hold you close and tell you
that you truly are the best.
I get butterflies throughout my body when I see you dear,
you give such special tinglings in body and in soul,
I can feel yours speak to me and reach out
in pure love.
Sweet sweet Kira you are my Queen and in love I bow to you.

Kira my sweet love I want to marry you
and walk by your side the eternities through,
you are the one my heart beats for
and the one I long for and yearn.
You are the only one whom I'll give and share
myself in every special way.
I love you Kira you are my sweet one
and I'll always stand by your side.
Kira you are my sweet one and in joy
your pure Angelic beauty makes me want to cry.

Michael P. McParland

Love Note 341

Good afternoon my sweet love
and I pray your day is going well.
I've been doing some very late
fall cleaning,
a work in progress my dear
that has built up over
a few years here and there
and now I'm working so hard
getting it all in order
my darling dear,
I'm now covered in dust
and about to go get
under the water and let it
all wash of and feel good.
Be cleansed from the dirt of cleaning
and I wanted to tell you
I love you real quick
and later I'll share why all
the build up of clutter.
I love you sweet Kira and
I'm sending kisses,
I love you my lady
you are the bestest.

Michael P. McParland

Your Healing Love

Your love helps me through and heals
in so very many many ways
and I thank you my dear for being an Angel
that cares so very much for me
and loves to no end.
Your healing love is so grand and it
means everything to me my sweet Angel dove
and I thank you so much for all that you do
and I love you because you are you
my best friend and hero to whom I give everything.

When I lay down just over three hours ago
I'd had another headache attack me and create
a horrible pounding within and I asked for
your comfort so warming and caring to help
me rest and get through it fast,
and as I lay down and put my shades over my eyes
I could feel your arms wrap so tightly around
and I felt your lips on my stubbly cheek
giving me the warmest and most loving kiss
and it helped me get some sleep and defeat
the headache that was hurting me
and I thank you my dear you're healing love
is to me everything in the world.

Your healing love though has done so very much more
like given me hope and in so many ways healed my heart
and though it often still has many cracks
and often aches so very bad you've healed it
well beyond what else would and it will be healed
in full when I take you in my arms and look in your eyes
saying Kira I love you and thank you to no end,
I will always be here to serve my Angel Queen.

Kira my Angel over you and your love I feel so emotional
and just want to say thank you over and over
as your endless love gives me such comfort
and heals me again and again time and time over.
Thank you my love for your healing comfort

and I send these kisses to thank you sweet lady.
I love you Kira and you truly are so very amazing
and I want you to know I'll always love and stick by you.

Michael P. McParland

Another Headache My Dear (Your Comfort)

Another headache has stricken me dear
and within the last 45 minutes
has begun ringing and pounding quite bad
and hope you will reach out and hold
me so close while I put on my eye shades and close my eyes.
Hopefully with the Excedrin with your
immense comfort will beat this bad pain
much sooner than later.
My darling dear will you please hold me?
These headaches are quite the annoyance
and sometimes unbearable.
Reach out dear my arms are open and with your
deep Angelic loving comfort hopefully soon
I will pass through this discomfort.

Another headache my darling and I long for your comfort
because it is you alone that I want to be with me,
to calm this pulsing head with this pain
and calm the tension in the body it builds.
Please reach back to me my sweet darling
as I reach out with this headache for comfort
and help give me the peace and relaxation my body needs.
I love you Kira and these headaches are
so sickening and annoying and I'm hoping you'll
hold me in spirit to help give me the comfort to
relax and sleep for a bit to defeat it.

Michael P. McParland

Sweet Early Morning Kisses To You

I send sweet early morning kisses
to you my sweet dear to fill you with warmth
and all of my loving care.
I wish I were there to pull you so tightly in
and just snuggle with you for a good while
while we lay there in bed.
I wish I were with you to give these sweet kisses
as we snuggled for a few more hours before we had to rise
and get going on this day here at hand.
Sweet early morning kisses to you and I am
reaching out to hold you so close.

Sweet sweet early morning kisses to you
my sweet Angel dove and I send you all of my warmth and love,
I so wish I could be there to hold you
and so softly and with care tell you
all of the ways and how much I love you.
Sweet early morning kisses to give you peace
and to help you rest for a bit longer in ease.
Sweet morning kisses to you my sweet dear
and know I am with you snuggling so near.

Michael P. McParland

Night Note 124

A wonderful very late good night
almost good morning to you
my sweet Angel dove and I pray
your day was good yesterday
and you have slept well with the most
beautiful of dreams.
I pray that you saw me and I
was holding you tight saying
Kira I love you my Angel of light,
you are the worlds beauty
and all that is right.
Even as I was sleeping I was
right by your side holding you close
giving you all of my love and warmth
and giving you kisses so very sweet.
I'm always with you my Queen
so very beautiful and supreme.
You're all that I'll want and need
through all eternity.

I still have last nights
Thanksgiving dishes to do
and before I go about it I wanted
to say I so deeply love you.
Today on black Friday
by all means I shouldn't be going out
so I will be here for you
my Angel so great,
I miss you my darling and wish
that you were here to spend the day
just doing wonderful things
spending time together as I can't wait to do,
and I wish that you were here
to snuggle with for about
20 more minutes before I get up
and do the bothersome dishes.

I love you sweet Kira and feel
me there wrapping my arms around you,

I am holding you so loving and closely.
Feel all my warmth as I give it
and remember you are my sweetheart.
Kira I truly love you and am
waiting and so excited,
so feel these sweet kisses and the
peaceful excitement they're holding
and remember your Michael's
right here if you need me.

Michael P. McParland

Come Snuggle 4

Come lay down and snuggle with me
my sweet darling Kira.
I am so very tired from this day
that has been here and is mostly behind us
and I want to hold you so closely and snuggle
while I lay down to listen to my
radio plays again over and over.
I'm just really enjoying them and I want
to snuggle with you sharing the amusement I feel
and snuggle while we rest away.
Come snuggle my sweet darling Kira
and share some sweet kisses so passionate and tender.

Kira I am so tired and may go out like a light
and I want you here to share our sweet warmth,
to feel safe and protected and deeply contented
come snuggle with me my Angel so cherished,
I want to hold you while I am drifting
and quite possibly sleeping,
I want my Kira so close in my arms snuggling.
So come lay with me Kira and snuggle so cozily
because I love you deeply and want to hold you
so close and give you my warmth and deep loving.

Michael P. McParland

Thanksgiving Evening

It's Thanksgiving evening now my sweet dear
and the feast is done and the dishes all cleared
and I wish now I could sit back and snuggle with you
and rest our tired and full bodies just cozyed up
so very close and feeling peaceful content.
It's Thanksgiving evening and I want to have you
in my arms as we just relax and rest for a bit.

It's Thanksgiving evening and as this day winds down
I wish I could sit back with you and snuggle so close,
after we rested awhile we could read our book
and then watch some TV feeling so good.
It's Thanksgiving evening and Kira I wish I were with you
just so cozily snuggling and feeling so good.
I love you Kira and in spirit I'm reaching out
to pull you in for the sweetest kiss.

Michael P. McParland

Thankful For You

My sweet darling Kira I'm so thankful for you,
I'm thankful for the beauty you are
and for all the beauty you hold.
I am thankful you love me and are still there,
I am so thankful because I know you always will.
I know you'll stand by me and defend me,
I know you'll always accept me.
Kira I'm thankful for you and all that you do
and I love you completely because you are you.

I'm so thankful for you and will always
stand by and up for you,
I will always give you my best and my all,
I love you sweet Kira and am so thankful in full
and when I look in your eyes you'll feel it all.
I am sending all of my warmth and love
to say thank you dear and I love you so much.
I am so very thankful my Queen and I will
spend eternity serving you as your King.
I adore you my dear am truly thankful
more than anyone can ever know.

I am so very thankful for the Angel you are,
you are a blessing I cherish and care for,
I'm thankful I know you and we love each other
and we share a bond that can never be broken or shattered.
I love you so deeply that my heart sings
to tell you I want you forever and ever.
I am so thankful that you're my best friend
and I swear my sweet love I'll not abandon you ever my dear.
God bless you my Angel and give your heart
peace in my warmth.
I love you Kira and am holding you ever so close.

Michael P. McParland

Warmth 4

Sweet dear as I was just taking a short and light rest
once again the nightmares came and haunted me.
Thankfully I finally awoke from one and feel
shaken a bit my love will you reach out your arms
and hold me tight while the shivers pass?
I'm still feel shaky dear and want to hold you near,
I'm reaching out sweet love to pull you in so close
until these icky hanging feeling let me go.
Then we can just snuggle up in warmth
and watch a film or read.
Kira dear your warmth means the world to me.

Sweet Kira will you wrap me in your warmth
while these nightmares fully pass?
Your warmth is so Angelic and fills me with such light,
my heart beats with such hope and overflowing love,
Kira dear your warmth is the most loving
thing and power I have ever known.
I'm reaching out to hold you close and beat
all the nightmares down.
I'm reaching out because you are the best
and the Angel I adore.

Kira I can always feel your deep loving warmth
and I'm so thankful that you're there,
but at times like this I need that extra bit and
I ask if you'll hold me close.
Comfort me from these nightmares that are hanging over
I know you know just how bad they get.
Kira I need your warmth it is the best there is
and I'm reaching out to take your hand because
I know you'll hold me tight.
I love you Kira and all your warmth the most
cozy and loving thing there is and it will help
these nightmares pass because you are my Angel strong.

Michael P. McParland

Thanksgiving Afternoon With You

It would be truly divine to spend this
Thanksgiving afternoon with you spending time
doing whatever comes to mind as we waited
for our feast to cook and you could see your
fat man mannerly pack down the food.
It would be divine to spend this Thanksgiving
afternoon with the divine Angel my heart belongs to.

An afternoon to play some fun board games I have
or some video games too,
either way as long as I'm having fun with you.
A time to cuddle up on the couch and watch
a heart warming movie that gives us smiles.
To spend a wonderful Thanksgiving with Kira
is everything my heart so desires.
A divine afternoon to share the most wonderful
and sweetest kisses that our souls can deliver.

A beautiful and divine Thanksgiving afternoon
to give thanks for and to you,
to look in your eyes and show you my soul
as I tell you I love you my sweet Angel dove
and to just let you know how special you are.
A Thanksgiving day where I'll treat all to
all of my abundant and giving love
to show how much I care.
A beautiful Thanksgiving with my beautiful Kira
is the most wonderful thing I right now desire.

Michael P. McParland

Love Note 340

Good late morning to you
my sweet Angel dove and I pray
your Thanksgiving is so very warm,
loving, and going well.
I pray you are feeling and filled
with all of the loving warmth
and care that I send.
My heart is so filled with joy
in that which you do
and I say thank you my dear
and I love you too.
Everyday is so special
having a woman like you
with a heart so loving and tender.

I've been finally cleaning up
some of the messes of junk
that have piled up in my room
and I am now dusty and have cats fur
all over me and am headed
to the shower my dear
and before I jump in I wanted
to check in and say I love you sweet one.
I adore you my dear and wish
you all were here to enjoy the day
playing games and talking away.
I love you sweet Kira
and to you my heart is singing
saying I can't wait to be with you
and no matter what time of the year
when we reunite we will have
the biggest and most wonderful Thanksgiving
all as one together.

Michael P. McParland

My Queen 9

Oh Kira my sweet Queen how I adore you,
you are the one I bow down to
and take you're sweet hands to kiss
proclaiming I love you and am thankful
for all that you are and how I will only
ever love you my sweet Angel I miss.
Then rise to my feet and pull you in
to give a sweet kiss and hold you so close
saying I love you my dear and thank you sweet one
for letting me be your man that wants
to give you all of his love and spend eternity
by your gorgeous side.

Oh my Queen Kira you have the heart and soul
of an Angel so very pure and so very good
and you fill me with light pride and joy
that sends me to the moon and stars
where if I were able I would gather them all
and present them to you as a gift from my heart.
You are my Queen and i so adore you my dear
and I love you so very much and will forever
stand by you giving my love and support always and in full.

Kira my sweet Queen feel all of my loving warmth
as I send it your way on this morning at hand
and may it fill you with peace and surround you
in deep loving peace,
wrap up in it's care and feel safe knowing I'm there.
I'll never let anything hurt or harm you my sweet Queen
because to see you hurting or in pain tears my heart out
and it breaks me in half to know you're in tears.
I would hurt anyone that ever hurt you.
I am here for my sweet Queen and that is you.

Kira my sweet Queen no other will ever do
because my heart is yours as I long ago
gave it with my soul solely to you.
I hold for you such admiration and pride
and I'm so proud of you in a trillion different things.

You are my Queen and I will always be here and there
just for you.
Kira I love you and you are my Queen.

Michael P. McParland

Eternally Thankful For You (Thanksgiving)

I am eternally thankful for you my sweet one,
I am eternally thankful for the beautiful woman
with the beautiful heart and soul that you have.
I am eternally thankful for all the love that you give
and you are my everything my sweet Angel dove.
I am so thankful for you and send sweet kisses
and hugs to say I love you sweet one and thank you so much.

I am eternally thankful to God for bringing us both
into each others lives to form a bond of true love
that has lasted through so very much.
I am eternally thankful for your kind and loving
patience and understanding to the best that you are able
when situations with me can be so confusing.
I'm eternally thankful for your deep love
and I love you so very much and will forever stick by your side.

I am eternally thankful for the love I have for you
and that I saw the beautiful Angel you are,
I am eternally thankful to have met the love of my life
and that I share a deep loving bond with my very best friend.
I am so thankful and eternally so that I know
in my soul our time will come and it will be the best of all.
I am so thankful for sharing a love with a woman so pure
and I am eternally thankful that it is you.
Thank you my darling I so deeply love you
and I am eternally thankful for you my Angel Queen.

Kira I'm eternally thankful for you it is true
and I'm am so thankful that you are you,
I'm thankful that you are beautiful both outside and in
and I am eternally thankful to God for you are a blessing.
I love you my darling and I'm thankful we met
and I knew before I realized that you were it.
I'm eternally thankful that you are the one
and I so adore you Kira my Queen.

Michael P. McParland

Night Note 123

A good late night to you
my sweet one and I hope you have slept well
and had the sweetest of dreams
of me holding you so very close
and giving sweet kisses in the place
of dreams created for just you and me.
I'm sorry dear if I dropped off
earlier than both of us would have liked.
It was a quick dinner and afterwards
I was so tired I just dropped off.
I fought so very hard for you my sweet dear
and I feel sadness in my heart
because I know I upset you and I'm sorry love.
You have a right to be upset
but please don't feel hurt the times
I drop off just like that are because
I'm so soothed and calmed feeling your spirit so strong
and I could hear your voice reading
poetry and stories and that made everything
around me feel so very peaceful,
and those times I cannot sleep I still
feel all of your loving peace but other things
will be keeping me up or if I know
you are angry I get very stressed and scared
because then I wish so very much I could
talk to and hold you to fix it right away.
You are an Angel and miracle so very rare
and here in the early Thanksgiving hours
I want you to know above all I'm thankful for you
and will write poems of thanks for you today.
I love you babe and I always will,
you are my Queen and I cherish you.

I awoke about 45 minutes ago
and had a very bad headache indeed
and it's still pounding quite bad
but I wanted to rise just long enough
to say I love you and tell you you're rad.
Smile babe I love to put in funny

little things just for you.
So I'm going to rest a bit more
and listen to my radio plays while this
annoyance in my head goes away.
I am reaching out to pull you in
and have a late night snuggle so
very good and very warm.
To give you sweet kisses and say
sweet Kira I so badly miss you
and I love you, I love you, I love you
and can't wait to once again see you and hold you.
So feel my arms wrap so tightly
and lovingly about you as I rest to
get rid of this headache.
I love you my darling and you truly are
the Angel for who I'm so thankful
and for eternity I promise I will stick by you.
You are my best friend and only lover
and I adore you my beautiful Kira.

Michael P. McParland

My Beautiful Woman 5

Oh my beautiful woman how I long for
and wish you were here to snuggle with on this evening.
I've not yet cooked dinner and I'll
be up to do that in a very short bit
but until I do I wish I could just sit with you
and you could curl up in my arms and snuggle
so very close while I rub your back and stroke your hair.
Oh my beautiful woman I am so tired and wish here
in this early eve I could share kisses and snuggle with you.

Kira my sweet beautiful woman I wish you were here
on this evening just to sit beside me,
right now I feel to tired to read but I would
love to hear your voice reading the stories you've wrote.
I know they'll be lovely and paint a picture so real,
I know they'll grab my heart with joy, sadness,
hope, and all of the things your characters live.
You are an artist and I would love to snuggle so tight
or lay down resting my head in your lap
while you read your writings and I get lifted to heaven
hearing your voice read your beautiful works.

Oh my sweet Kira how I wish I were with you
on this eve to snuggle and nuzzle while relaxing together,
how I wish I could hold you and kiss you
being your warm comforter like a blanket and hero
doing everything that you needed like cooking dinner,
I wish you were here to so lovingly snuggle.
God bless you my dear darling Angel and one day soon
we will have such gorgeous evenings together.
I love you my beautiful woman and want to snuggle
and curl up with you forever and ever,
so feel these sweet kisses as in spirit I hold you
and remember my lady that I'll never leave you.

Michael P. McParland

Love Note 339

Good afternoon my sweet love
and Angel a true gift from God in heaven
and to you I send the biggest hugs
and sweetest kisses of warmth
to say I love and adore you
my sweet Angel dove and forever
I will stick right by your side.
Tomorrow is Thanksgiving and first
thing I want you to know is that for you
I am so very grateful and thankful
that you are my lady so special
and I will try to count
so many ways throughout poems
for you tomorrow.
Thank you sweet lady for all you have given
and I will spend eternity thanking you
over and over in every way I can think of.
I love you so deeply and strive
to give you as much and more if possible
because you are a Queen that deserves
the highest rewards and love known.
I give you my life and everything
within me and that I own.
I give it all to you in my thanks
and desire to serve.
I love you my Kira and will always
be here for you and right by your side
hand in hand every step of the way.

Feel all of these kisses as I send them
to greet you and say thank you sweet lady
and know that your Michael is eternally
grateful and forever faithful,
I'll be thinking of you the whole day
and wishing I were with you
and that you and your kids could join
me and my parents for a good meal.
I pray you'll feel all of the
warming love that I send and we can

share a sweet smile so big.
Kira I truly am so very thankful
that I know and love you
and in return have your adoration.
You truly are my sweet everything
and I will forever be here to serve
and support my sweet Queen.
I love you Kira you are amazing
and I take your hands to
pull you in for a tight squeeze
and let you know that my heart is yours
and for eternity yours alone.

Michael P. McParland

I Miss You So Badly 2

I miss you so badly my sweet Angel dove,
you are my shelter from the jerks of the world
and all of the rain that comes tumbling down.
You are my solace and you are contentment,
you are my hope that there is better.
I love you my darling and I miss you so bad,
I wish you were here to hold so very close in my arms.

I miss you so badly sweet one
and I am so tired from this world,
I am tired of mean jerks that bother you
for some odd reason like is happening to me out of the blue.
It makes me so tired and cry inside
and I just want to snuggle with you
and hide my face in your shoulder and cry.
I miss you so bad and want you here by my side,
I love you Kira and miss you so bad.

I miss you Kira and am so frustrated inside
and I just want to be able to talk to you.
To remember there's good people and light in the world,
to give you the love I hold inside and that you deserve,
I love you Kira and miss you so bad
feel all of these kisses so sweet as I send them your way.
Now please forgive me as I let some tears go
because I am hurting from the jerks of the world.
God bless you my dear for your precious heart
and remember I love you so deep within my heart.
I love you Kira and miss you so bad
please reach out and hold me while I cry out this hurt.

Michael P. McParland

An Afternoon Snuggle (Relaxing On The Couch)

I would love to spend this afternoon
on the couch snuggling with you.
To just spend time with each other
enjoying our love and company.
An afternoon snuggle with you curled up in my arms
feeling so contented and peaceful
as we talked, smiled, and shared the sweetest of kisses.

An afternoon snuggling on the couch where we
could watch a movie as we ate lunch.
Nothing fancy today my sweet dear but a sandwich
but I know you would be happy and love that
and that's just one other thing that makes you perfect
because if it's done in love you know it's true
and you feel thankful my dear like so few.
I love you sweet Kira I truly do.
I have a few ideas for our movie but we
could pick out together to have the best time
just eating our lunch and together snuggling on the couch.

A beautiful afternoon snuggled up so closely with you
watching our movie and feeling deep warmth
surround us completely and in full,
a beautiful afternoon snuggling with you.
To watch our film and afterward talk and read,
and then together collaborate on some poetry.
Nothing could be better than being with you
just snuggling and spending time in a beautiful afternoon.

What I wouldn't give my sweet one to spend
this afternoon with you curled up in my arms
as we just snuggled away the time,
to just be with you is a divine dream
I know will so soon come true and I will
look in your eyes and say Kira I love you
and thank you for being my lady so very
beautiful and understanding of me.
It is the medicine for my heart and soul
and you are the divine Angel I want to be with through eternities time.

So feel my arms around you as I
pull you so very close in and know I am
there with you my dear one giving you the biggest
and most loving smile anyone has ever given.

Michael P. McParland

In Your Arms 3

Being in your arms right now
is the most beautiful and loving place
I could dream of and ever hope to be.
To be in your loving arms right now
truly is just what I want more than anything
and it's what I need to forget this
tiredness I feel from the world around
that gives such frustrating anxiety.
Being in your arms is the warmest
most beautiful loving place I could be my Angel sweet.

Being in your arms whenever is being
in the arms of a gorgeous loving Angel,
being in the arms of my Kira is what
my heart so deeply and truly desires.
To hold you back within my arms
and give you kisses while I say I love you.
To be in your arms and have you within mine
would truly be supreme and divine.
To be in my Kira's arms is the most warm
and loving place I could be in any space.

To be in your arms right now or any other time
would truly be the warmest and most loving place,
to see your smile and your eyes so bright
makes my heart melt with true love so deeply felt,
I want to be within each others arms forevermore.
You are my Angel and you truly are my light
and to feel your warmth within your arms
would make all within my life feel good and right.
Being in my Angel Kira's arms are what I
forever want through all time.
You are amazing and you are divine
and Kira I am forever yours and yours alone.

Michael P. McParland

Sweet Kisses To My Sweet Angel

Sweet kisses to you my sweet Angel
so very very beautiful and so good,
sweet kisses to you on a cold November morn
to fill you with warmth and all of my love
which is endless for you.
Sweet kisses to you my sweet Angel I want
to be with forever because I love and adore
you to no end.

Sweet kisses to you sweet Kira my
sweet beautiful Angel on earth
and feel my hands in yours as I take them
to pull you in for a warm hug and the biggest kiss,
I love you so much and my heart sings for you.
Sweet kisses to you my sweet Angel
because you are my soul mate and best friend
and I will stick by you to no end.
Sweet sweet kisses to you sweet Kira I love you so much
and you are a diamond in the rough and my Angel
who means more to me than anything else in heaven or on earth.

Michael P. McParland

A Quiet Loving Morning

Oh my sweet darling Kira having just
gotten out of a soothing and relaxing morning shower
how I would love to just sit back
on the couch with you curled up in my arms
for a quiet and loving morning with you
the woman I treasure, cherish, and will love forever,
my sweet Angel dove Kira who gives me such comfort
and reasons to keep bright hope and going.
A quiet loving morning with my darling Kira
is what I most long for with the woman I cherish.

A quiet and loving morning with you so cozyed up
and curled up in my arms while you drank your coffee
I will have gotten ready and I drink my pepsi
and we eat a little something for energy.
A quiet morning where hopefully where
the kids are still in bed and the house is just ours.
A quiet and loving morning for us to just talk
and then read from our book or perhaps two.
A quiet and loving morning with you
all snuggled up so cozy and feeling so very good.
A quiet morning feeling so warm in our loving with you,
that is the dream I want in this life forevermore.

A quiet and loving morning with you is just what i want
everyday with you my sweet Angel Queen,
to hold you so tight and share kisses of such light,
spend time with each other and the family around,
I want to welcome a life with you and your kids.
A beautiful life of such kind caring bliss.
A beautiful life with the Angel I so love and miss,
A beautiful life with my Kira so good
is everything I want through eternities time.
Holding you in my arms for a quiet and loving morn
and through the rest of the day holding your hand.

A quiet and loving morning with you curled up in my arms
is a dream I send to you to share to give you such warmth and a smile,
I send to you with all of my love to feel my arms

around you with sweet kisses too.
A quiet and beautiful loving morning with beautiful you
fills my heart with light hope and warmth
i pray and know you will feel too.
A life and many loving mornings with you.
I love you sweet Kira and hope to spend so many mornings
holding you in the shower so sweetly under the flow
of calm soothing water and then sitting back to sweetly snuggle.
A quiet and peaceful time to always enjoy the love
we share with each other the people we treasure.
I so love you Kira and am sending you kisses
so feel all their warmth these hugs so very tender.
I love you Kira and you are my only true love and woman
and I can't wait to be with you spending quiet times aplenty
so very loving and completely fulfilling.

Michael P. McParland

Love Note 338

An early good morning again
to you my sweet Angel dove
and I pray you are not upset with me.
I pray you felt my arms
around you for that early morning snuggle
so very warm and so very good.
I love you sweet darling
and always will.
You are my Angel and I bow
down before you to take your hands
and give them sweet kisses
as I look in your eyes
and say thank you my darling
you are everything I want and need,
sweet sweet Kira you are so beautiful
and I can't wait to have you here
with me or to be there with you.
I just want you by my side
no matter where it may be because
you are the Queen I so cherish
and honor in every way that
I know how and can.
You are my Kira and I cherish you
to no end.

As I now get ready to jump
in a cleansing and refreshing shower
I wish you were here to just
join me and hold under the calming water
and then sit back on the couch after
and snuggle away the very early hours.
I miss you sweet Kira and remember
when you are ready and I will be here
waiting for my sweet precious lady.
I just wish you were here to
hold so close to me in a vulnerable state
I would never share with any other,
I wish you were here to hold
under the flow of calming water

and then just sit and snuggle
after we were both refreshed and smiling.
I am going now here in a minute
to wash away my frustrations from
the world around me and just think of holding you
afterwards and feeling the love that
you are always sending.
I love you sweet Kira you are amazing
and I hope to have your sweet hand
in marriage one day my dear lady.

SO feel my arms around you
and all of my comforting love and warmth too
for I am there with you giving
you kisses aplenty,
I am holding your hand and saying
in your delicate ear I so love you
and look forward to all the days
I'll be near you.
I can't wait my dear lady to give you
all of the love you've needed
and been so deserving,
I can't wait to share happiness with each other.
I love you sweet Kira and hear
as my heart calls it's deep admiration
and love to you my sweet darling,
your Michael loves you and longs so very deeply.
I am right here waiting and will never be leaving,
you are my Angel and I so deeply
care for and love you and I want to be with you
for all eternity in true loving care
and contented and fulfilled happiness.

Michael P. McParland

Love Note 337

Hello my sweet love and I hope
that you had a good day yesterday
and I am sorry I went silent
on you out of nowhere,
after the Chinese food I had for lunch
that made me feel more tired
than I already did and laid down
on the couch for a short rest
and as you can see I didn't wake up.
I'm sorry sweet love and please
don't be upset,
I promise right now I'm doing
the very best that I can
and I am so angry with myself
and some stuff around here,
I'm not angry with you one little bit
I promise my dear I just miss you
like hell and wish you were here
to hold so very close and talk to
each other about all our frustrations
and all of what's making us happy.
I love you my sweet Kira and want
to be with you so near holding your hand
and drying each others tears.
I'm afraid that you're angry at me
and I wish there was a way I could explain
why I'm so tired and why I'm frustrated
with me and other things.
I miss you sweet Kira and am send sweet
kisses and hugs of deep warmth your way.
I adore you my dear,
my sweet Angel dove.

I love you sweet Kira and am
reaching out to you to take your
sweet hands and pull you in for a good
and warm late night approaching early morning
snuggle before I go in to take
a refreshing shower to wash away

the last of the tiredness and maybe frustration.
I promise I don't stink,
see you just smiled my sweet darling,
so a snuggle of true warmth and care
to let you know that I'm there
and I'll give you sweet kisses on your
sweet and soft cheek and I apologize
if my very short stubble scratches just a bit.
I love you sweet Kira and am
reaching out for a sweet snuggle right now
to give you sweet warmth and reassurance
that your Michael is here
and will always stick right by your side.
I promise to fight so very hard
to stay up through this day just for you
as long as I can.
Kira my dear I will fight so very hard
because I love you more than anything.

A very very early good morning
on this very very late night
just approaching the morning and I
give you sweet kisses of light,
I am sorry sweet dear I've been sleeping so much
but know that one day soon
I will help you understand when
I am able to explain what's going on.
I love you my darling one and don't want
you to feel worried, upset, neglected
or anything bad at all.
I love you my darling one and I'm
reaching out to take your hands
and snuggle with you before I get up
to take my shower to wash away
all the sadness and frustrations
that I feel from what is around
and inside of me and I promise
I will fight my tiredness today
to stay up just for you.
Been planning all week to go out with
my parents to lunch but right now
that is a solid joke so that

and maybe being forced going to the store
are the only places I would be going.
I love you Kira and will always be here
just for you so let's snuggle now
and just bask in the loving warmth that we share,
and later when I jump in the shower
I wish you would be here to snuggle with
after I got out or even join me
not for sex but a refreshing time
to just hug under the water as we
stood there holding each other.
I adore you sweet Kira you are the best
and remember your Michael will
always be here and right by your side
to give you all of my support and undying love.

Michael P. McParland

A Sweet Kiss And Warm Hug

A sweet kiss and warm hug so very big
to you on this afternoon my sweet one.
A sweet kiss of love and a warm affectionate hug
to tell you you're beautiful and mean so very much.
A sweet kiss on this afternoon
with a great big hug of warmth too.

A very sweet kiss and a hug of enormous warmth,
I wish you were here my sweet dear
to join me for a wonderful lunch.
To hold hands and smile and afterwards snuggle,
to enjoy a day full of love so full of magic and wonder.
A sweet kiss so tender and a big hug so warm and gentle
I love you sweet Kira you are my Angel.
A sweet kiss and a warm hug of true care
I can't wait to hold you and spends beautiful days
in true caring love serving you.

Michael P. McParland

A Beautiful Afternoon With The Most Beautiful Woman

How I would love to spend a beautiful
afternoon with the worlds most beautiful woman.
Kira my dear how I wish I could spend this chilly
afternoon coming in each others arms.
A beautiful afternoon here shortly just
spending time enjoying each other doing the things
we most want to do and wholly love.
A beautiful afternoon with the most beautiful woman
I've ever known and she is the woman I truly love.

My sweet dear here in the late morn we could
sit back and read together while we try
this new snack I bought at the store
and then watch one of the many many
movies that I own and I'd let you pick sweet one.
And then around noon I'd cook for lunch the
Chinese food I picked up at the store.
Admittedly it's frozen and is an easy prepare
but I'd want you to relax while I took care of it.
A beautiful afternoon with the most beautiful woman
in the entire world is everything that I want
my sweet Angel dove,
a beautiful afternoon with beautiful you.

Oh my sweet darling Kira I so adore you
and I love you more than anything in heaven
or on this earth to my very core.
I love you so very much and want to spend endless
beautiful mornings, afternoons, evenings,
and nights with sweet gorgeous beautiful you.
A beautiful afternoon like the one fast coming up
today where we could just do so very many things.
A beautiful afternoon with the most beautiful
woman in the entire world is what I so long for
because I love you so very much and want you
by my side curled up in my arms.
I love you Kira because you are the best
and a beautiful life with you as my wife gives
me hope and reason to keep going on in this life.

ILYF KP

Michael P. McParland

Love Note 336

A good morning to you again
my sweet Angel Queen
and as I have risen from
my morning rest I thank you for
all of your kind loving warmth and care.
I'm sending all of mine your
way as well so feel my arms around you
and all of these sweet loving kisses too.
I love you, I love you, I love you
sweet Kira so good and I can't wait
to hold you so close and say
it straight to you as I gaze
into your gorgeous sparkling eyes.

Sweet sweet love as I head out
the door so I can get my shopping
done with and over early today
I say I love you sweet dear
and wish you were here to just
hold my hand in true love as we
walked around to get these few things.
I'll be thinking of you and sending
all of my love with the biggest
and warmest of loving hugs.
I might be going out to lunch
with my parents today or one
more odd out of the blue place but
on the whole maybe not and
will the whole time be here for you.
Just giving my plans so you will
know just where I am and what's going on
and no matter where I will be wishing
that you were there to give
kisses and hugs so supreme.

I love you Kira and in spirit
I'm holding you so close to me
as I give the sweetest kisses
and smiles so big.

I will be with you the entire day through
and remember sweet Kira
your Michael truly adores you.

ILYF KP

Michael P. McParland

Morning Note 141

A sweet and beautiful early
good morning to you my sweet one so good
and let's share a beautiful one
as you sit curled up beside me
while I eat my soup,
and then after I'll take you in my arms
and we can sit back and with
some sweet kisses just close our eyes
and enjoy the loving warmth
that surrounds in the joy that we share.
Good morning to you my beautiful one
and let's share a quiet one
together just quietly talking and resting
getting fully ready and charged
for the day ahead so full of love
as we stick together hand in hand
the whole way.
A gorgeous early good morning
my sweet Angel dove,
I truly love you so very much.

Feel all of my warmth and love
as I send it to you and as you close your eyes
see my looks of love and big smile,
I will be with you the whole day
and feel my arms around you so tight
in this early morning rest.
Feel these sweet kisses I send your way
and know that I'll never leave you
my woman with a heart of gold.
I'll be your man all the way
through eternities door.
I love you Kira and sit back with me
and let's just close our eyes
and talk on this morning
of pure loving warmth with each other
the ones we love the very most.

Michael P. McParland

Snuggling Kisses

Late night snuggling kisses with you
my beautiful sweet Angel dove.
Sweet kisses and a warm snuggle
in the middle of this night with beautiful you.
Releasing all the sadness and longing
we both feel so deep sharing sweet kisses
in the tiredness while we snuggle
so late on this night.
Sweet snuggling kisses with sweet precious you
make my heart feel good and give me comfort as well.
Sweet snuggling kisses with my Kira so fair
and a reason to smile because I feel you.

Sweet snuggling kisses with Kira the woman I love,
sweet snuggling kisses with moments so
warm and fulfilling gazing into your eyes.
Sweet snuggling kisses and I love you so much,
sweet snuggling kisses on this late night
with my Angel on earth and the woman
I adore to no end and want to spend eternity with.

Michael P. McParland

Night Note 122

Hello my sweet dear
and I'm so sorry I let you down again.
I really didn't expect to fall
asleep like that and only woke
half an hour ago and realized
almost right away what time it was
and that I had fallen fast asleep
earlier so deep and had let you down again,
I just curled up in a ball
and yelled at myself and cried.
I'm so sorry dear and please forgive me
for falling asleep again.
I just feel so sad and tired in
my mind, my body, and my soul right now
and I'm reaching out to pull you in
and snuggle tight with the sweetest kiss.
I love you Kira and I'm so sorry dear.
Can you forgive your man who truly
wants to give you the very best?
Can you forgive me please and try
to understand why even though I don't know
just how to explain why I'm feeling
so very tired and very down?
I love you Kira and I know you will
because you're the most wonderful
and sweetest woman that there is.

Oh my sweet beautiful woman feel
me put my hand in yours and pull so
close right in by you and give a kiss
so full of true love and care.
Here me whisper in your ear
I love you Kira and I always will,
I love you more than anything
and I want to be will you through all time.
Kira love I hope you know just
how much you truly mean to me
and that I'm always there with you.
I love you Kira and right now I'm

so angry at myself and worried that
you're mad at me.
I'm truly sorry babe and I'm pulling close
to hold you tight and stroke your hair
and lovingly rub your back,
now just rest your head upon my chest
and remember that your Michael
loves you so very much.

I'll be sending you all of my loving warmth
and holding you so very tight as
here I do a few things that I need to do.
First and most like shave my fuzzy face,
smile for me now my sweet babe and just
get to work and cleaning up a big mess.
I'll be thinking of you and feeling
all your loving strength.
I truly love you babe and am
so very sorry once again.
I send sweet kisses and big hugs
of pure warmth your way.
Kira I truly love you more than anything
and can't wait to have you right
here next to me so close within each others arms
just sharing kisses and the best of times.
May God bless you that you'll feel
such deep and peaceful calm now fill you up
and all my loving care surround you now.
God bless you babe you are everything
I truly want within my life
and feel my arms around you now as
I give you the sweetest kiss and say
I love you babe so very much
and I always will because you are the very best.

Michael P. McParland

Come Snuggle 3

Come snuggle with me my beautiful lady,
I'm not so much tired but as I just
want to lay in bed at the moment
and listen to the radio plays
the local troupe up north does
a couple of times a month.
Come snuggle with me and I'll hold you
so very close to give you comfort
and all of my loving caring warmth.
Come snuggle with me my dear and just
feel free of all strife on earth.

Come snuggle with me sweet one so I can
just be close to you and look in your
gorgeous eyes as I say I love you,
come snuggle with me and share a kiss
as we just lay back for a short bit
and enjoy these radio plays so very fun.
Come snuggle with me Kira I so love
because I adore you through and through
and just want to spend time with you
by my side and right now within my arms.

Michael P. McParland

Late Morning Kisses To You

Late morning kisses of pure affection
and passion to you my sweet Angel dove,
sweet sweet kisses to you sweet Kira
the one I truly love and trusted holder
of my heart and soul which I give to you.
Sweet late morning kisses to beautiful you
the most beautiful woman there's ever been.

Sweet late morning kisses thanking you
for all that you've done and all that you do.
Sweet late morning kisses of loving warmth
filled with affection I want to show you.
Sweet late morning kisses so tender
to say you are my best friend and I
want to marry you and spend eternity
by your side as your forever man.
Sweet late morning kisses for my sweet Angel bride
I love you immensely for you are a gorgeous soul.

Sweet late morning kisses to my only Kira
filled with such passionate affection.
I love you truly my woman so good
and in spirit I'm so tightly and warmly holding you.
I love you so deeply and can't wait to
have you right here beside me.
Sweet late morning kisses to you
and a sweet soft caress on your sweet soft cheek.

Michael P. McParland

Later Today

Later today my sweet this sadness
that's stricken me might very well pass.
As I carry on my mental state may switch
back the other way I tell you now with a smile.
With all of your loving strength it will
make things much easier to overcome
and once again dear I love you so very much.
I love you sweet Kira and I always will
and God bless you for being my Angel I truly adore.

Michael P. McParland

A Beautiful Morning With Gorgeous Kira

I want a beautiful morning with you
my wonderful gorgeous lady Kira,
a beautiful morning to lay down
on the couch and rest my weary head on your lap
while you rub my face and head
and we just quietly and lovingly talk.
A beautiful morning with gorgeous you
showing your smile to me and lifting my heart
from the sadness this morning it feels.
A beautiful morning with gorgeous you
the Angel I love more than anything.

Oh my sweet beautiful darling Kira just put
your hand on my chest and feel how it aches.
It aches for you to have your arms around me
and just sitting here on a beautiful morning
we me resting my head in my lap while
you softly speak reassurance as I cry out my eyes.
I'm sorry sweet one I'm mentally ill and have
such mood swings brought on so fast and hard,
I'm sorry sweet one and I would change it all
just for you if I could.
I love you sweet Kira and wish I could share
a beautiful morning here with you.

A beautiful and gorgeous morning with you
the gorgeous woman who makes me smile
and gives me hope in dim times in the world.
A beautiful morning with gorgeous you
just sitting here talking and later watching
a movie from when I was younger to have a quiet
and cozying day with my only lady.
A beautiful morning sweet Kira is what your
Michael needs as you sit on the couch
and I rest my head in your lap.
I adore you sweet one so very much
and you truly are my sweet Angel dove.
So feel my arms around you as I now reach out
and feel my warmth as I give you a kiss.

I love you Kira and all I want is to
spend time with the gorgeous woman I miss.
A beautiful morning with Kira so fine and supreme
is just what this man wants and needs through eternity.

Michael P. McParland

Morning Note 140

Good morning my sweet Angel,
sweet love, and true hero.
I love you, I love you, I love you
and thank you for everything
my sweet precious darling.
You are amazing and I simply
and truly adore you because
you are my Kira and a true blessing
and gift from God in heaven.
You with my mother are the
greatest women I have ever known,
I know right now you are unsure
of my family but when we are
reunited and you have spent time
with them I know in my heart
and soul that you will love them,
believe me that they already love
and care about you my precious darling.

I am having a hard time so far
on this morning but your loving warmth
helped me relax while I continued
lying down for a bit over an hour
and has helped me face getting up
to right now eat some soup,
it's what I need and want at this moment
and they do say it's what's good
for the soul right,
and your loving care will help me get some
things done I need to sweet one.
Thank you again for all that you do
and being such a kind, caring,
and loving Angel that gives me everything
and is always there for me.

I have so very much I want and need
to tell you sweet lady but please
don't feel rushed or hurried
because I realize and know that you

also have needs and your Michael
doesn't want to be selfish and make you think
that I only care about and think of myself.
I'm always thinking about
and worried for my sweet beautiful Kira
so feel my arms around you as
I hold your hand and give you all
of my love and warmth with infinite support,
I'll always be here for you my sweet Angel
so precious and abundantly cherished.
I love you and I will be with you
forever and always giving you my bestest.

Have a good day my sweet Angel
Kira and feel all my warmth as I
walk along right beside you
giving sweet kisses.
Close your beautiful eyes and see
my loving smile so loving and caring
and know that your Michael
is right here waiting and will
greet you with the biggest smile
and so closely hold you.
I love you Kira and things aren't the same
without you.
I cherish and adore you
and will always pray for and stick by you.
God bless you Kira you are the most
beautiful Angel and I can't wait
to be with you again celebrating a love
specially blessed nd ordained by God
in his infinite caring love.

Michael P. McParland

Please Come Hold Me Tight

My sweet sweet Kira I love you so very much
and want to know if you'll please come hold me
so very tight and give me all of your
loving and comforting warmth.
I'm lying here in bed on this early morning
having slept almost straight through
since my last write and I'm shaking,
feeling scared, alone, and trying to hold back
many tears that threaten to spill.
Please come hold me tight my sweet Queen
and dear Angel of loving light.
I love you completely and want you forever by my side
and I need you so very bad right now.
I love you Kira and need your loving warmth
so very much.
Please come and hold me tight and share sweet kisses
that soothe the aching that is within us both.

Michael P. McParland

Come Curl Up With Me (Goodnight)

Goodnight my sweet one and come curl
up with me and I'll hold you so close
while we go to sleep in total comfort and peace.
Goodnight my sweet lady and I want to
relax at the end of this night with you by my side
snuggling while you rest your head on my chest
and I lovingly stroke your hair and back.
Come curl up with me and together end this late night
feeling so safe in each others loving and accepting arms.

Come curl up with me and I'll hold you so tight
giving you all of my warmth, peace, and full strength.
Wrap up in the comfort they provide and feel
all the love within knowing I'm with you
and my arms are wrapped around you ever so tightly,
I'll be there with you the whole night
giving sweet kisses of reassurance and just
holding you so you will feel all of my caring love.
Listen closely for my loving voice as I say
across the distance I love you my darling
and it is you my sweet Angel I'm so in love with and missing.
I'll always be with you because I want to
celebrate our true love together through
all eternities existence.
It would be boring and droll with no point
if I'm not with you to rise everyday and greet it.

I'll see you tonight at the gates into
the land of dreams and I'll give you my arm
so I can escort you to our spot so
very special and beautiful built by our imaginations.
A home of sorts where for now you and me
can retreat to in our dreaming hours
and escape everything else to see and be with each other.
A place of true bliss that is ours
until we have a place on the side of wakefulness
which I know we'll have and we'll make so beautiful
for us and your kids to all
feel and be peacefully safe within.

Tonight though my dear I'll be waiting at the gates
to give you my arm to take and escort you
to our magical and majestic place.

Goodnight my sweet Kira and come curl up with me
and rest your head on my chest while I pull you in
to fully relax in peace while we go to sleep.
Come curl up with me because only you
the woman I truly love,
Kira my sweet Angel dove will do in my life
and I want to spend every night with you curled up by my side
where I can look upon you so sweetly and say
I love you Kira and I'm so blessed and happy
to have you in my life right by my side,
and then give your cheek a caress and you a deep kiss,
come curl up with me my sweet Angel Queen
so as we go to sleep I can hold you so close.
I love you you Kira the very most and I want
to be able everyday to give you my very best
and give you all of the infinite love you deserve.
Goodnight my sweet darling I am so badly missing
now come curl up with me and let's find sleep
in the most wonderful feelings of safe and contented peace.

Michael P. McParland

Goodnight My Dear One I So Cherish

Goodnight my dear one I so deeply cherish
and I reach out to you to take your sweet hand
and say I am exhausted and done with this day
so let's go to bed and snuggle away
all gloomy sadness that's hanging around
and share some sweet kisses as we go to sleep.
Goodnight my dear one I so cherish and miss
now let's go to bed and put an official end
to this long and off center Saturday that's just passed us by.
I love you my darling and hope you will join me
in bed to snuggle and talk before we sleep.

Goodnight my sweet one and I am sending you
all of my loving warmth to wrap you up
and fill you with calm reassurance on this
cold November night that is in full force.
Come cozy up and rest your sweet head upon my chest
and I'll stroke your hair and rub your back
while we talk a little as we drift to sleep.
Feel my arms around you as you close your eyes
and feel my lips upon yours for this goodnight
kisses I am sending to thee.
I am so tired and physically beat
and I just want you to lay next to me
as I get some sleep.
I love you my darling and I will forever stick by you
giving you all of my best and everything.

Goodnight my sweet love I so cherish
will you join me now by going to bed
and feel sweet comfort and peace within
each others arms while we go to sleep?
Will you join me my Angel so full of light?
I love you my darling and just want
to be right beside you.
Goodnight my sweet dear I so cherish
I truly love you and send you these sweet kisses
so deeply from my very soul that
are filled with tender wells of love just for you.

Michael P. McParland

Tender Night Time Thoughts

Sitting here on my bed in complete quiet tonight.
Writing various things and trying to
keep my mind busy from my teams loss today
and the craziness that's ensued as I watch
both the fans and a number of players
act like big babies throwing ridiculous tantrums.
The loss stinks for sure but I'm not angry at all,
but maybe because I just had a feeling all week
that it was the end of our 23 game winning streak.
And it's not the end of the world because
we are Ohio State and we always bounce back.
Just one of the things that brings about
so many thoughts on a quiet night just like this.

My tender thoughts as ever mainly focused
on my beautiful lady and how I just wish
I could be spending time with you
holding each other while talking or doing
some other fun thing we have chosen together.
My tender thoughts are for you
the woman I love and I know is hurting
and how I wish I could heal all of your pain
both outside and within and when you are here
and feel ready to totally trust me
I'll be listening closely with open ears
and not a bit of judgment will come
because I love you and am here to give all
of my loving support and help.
I will be here to listen and hold you close
as I dry your tears my Angel so dear.

Tender thoughts of my darling and how you are doing.
Worried if you're okay and hoping the pain
is not overtaking you as I know it has.
Tender thoughts and concerns for you my sweet Kira
and I want you to know I am always right here
at any time if you need me for anything.
Even if just to talk on a rough night.
I'll always stand by you because I hold such

a tender and gentle love for you inside me.
Tender thoughts and feelings for my true love
and sweet Angel Kira.

Tender thoughts which are too many to count
but in the front of my mind how I wish I could
talk to you before bed and snuggle for awhile
to help wind the stress down.
Tender thoughts of all I would tell you
although if you were to write me right now
I'd most likely forget in my immense excitement
but I would still think of so much and say
so many things I needed like apologizing
and just letting you know I've missed you terribly
and love you so very deeply
and thank you for being a wonderful woman.
These are just some of my tender night thoughts
and I send them to you to feel their warmth
with sweet kisses and hugs so very big and warm.
Tender thoughts on this night to you my sweet one
and God bless you dear to give you deep peace and calm.

I love you Kira and you are at the very core
of so much tender care within me now and forevermore
and feel deep comfort within you as I take your hand
and give you the sweetest kiss in spirit.
Feel my arms around you as I hold you
to keep you company.
God bless you sweet Kira that you will feel my
loving care within your tender heart
and we will soon be together I can feel it.

Michael P. McParland

I Miss My Beautiful One

I miss you my beautiful one and all
the joy that you brought when I knew
that we would close every night with a beautiful talk,
when I knew that no matter what was going wrong
it would melt away when we started talking
because if it was important you would want me
to talk about it so you could either just
be there to listen or help me out if there was
ant help or advice needed
and I was always here to give you that same
loving and understanding service.
I miss you sweet Kira and our conversations
which were a blessing from heaven.

I miss you my beautiful one and the bright
hope and joy you always brought with you,
you always brightened my day and I always
tried to brighten yours by showing you
how much I loved you and cared
and by being there when you needed my dove.
I miss you my beautiful lady and being able
to tell you directly how much you mean to me
and how I treasure you deeply.
I miss my beautiful one and the talks that we had
opening up our whole lives and hearts
as we planned our future so bright
and I am excited and can't wait till we reunite.

I miss you my sweet beautiful woman
and long to be with you snuggling away
the lonely aching that fills us right now.
I miss you beautiful and want to see your smile
as I tell you I love you my Angel Kira
and then give you a kiss straight from my heart
to express the deep love and care within,
I miss you sweet one and can't wait to just sit
and apologize for all that I did wrong,
I miss you beautiful Kira and can't wait
to just hold you so tightly and dry your tears

until they have stopped running.
I miss you beautiful because you are so wonderful
and I truly love you and I want to spend eternity
walking beside you knowing true joy and fulfillment.

Michael P. McParland

An Evening To Sit With My Lady

So now has come evening and the core
of the day has now ended and I want nothing more
right now than to sit with my lady and decompress.
Just forget the outside things that stress
and bask in the glow of that which
truly matters and is important,
spending time with the one you love
just doing the things you enjoy and bring you closer as one.
I want an evening to sit with my lady
I so cherish and adore and want to be with forevermore.

An evening to just sit with you in each others arms
reliving the old times as we talked and talk
about our dreams and plans for the future,
just holding each other and talking would be a pleasure.
An evening to just sit with my lady in splendor
and get lost in the magic that is her.
An evening to sit with my lady just spending time
with each other feeling content and peaceful
as we hold hands and each other.

I love you sweet Kira and wish I could just
sit with you on this evening talking for a bit
and as it went reading and then watching a film.
A splendid evening with you is all that I crave
and I long to feel the deep comfort it would bring.
I long and yearn for an evening with you to just sit
here and snuggle enjoying each others company.
I want an evening to just sit here with you
and hold you so close and give you sweet kisses,
I want an evening to just sit here and spend time with you
because I love you sweet lady and I adore you in full,
I want nothing more than to be with my Angel
spending quality time that is so very precious and treasured.

Michael P. McParland

Love Note 335

A very good late afternoon
to you my sweet Angel dove
and I pray you're having a good one
and feeling all of my warmth and love
as I send it to you with these
kisses so sweet and these
great big loving hugs of pure warmth.
God bless you sweet Kira
and feel my arms around you
as I wrap you up so very tight
to tell you I love you
and that I cherish and appreciate you
for all that you do
and for being in my life.
I love you sweet lady and can't
get enough of your special spirit,
your laugh, your beautiful voice,
your sparkling eyes, your beautiful face,
your beauty of being, or your loving heart.
Plain and simply my dear
I just can't get enough of you
because you are my Angel and I adore you
completely and in full.

I wish you were with me to just
sit by and watch the game with,
it's a nerve wracking one dear
and it is very rare I ever yell at the TV
during the games,
I just tend to be quiet as I am right now
and I would just love to have you here with me
to make things feel smooth and calming
and give me a reason as I looked
over at you to broadly smile,
a smile that tells you I love you
like the smiles we shared in high school.
I just wish you were with me
because I want to be with you
and I miss you so very badly.

I love you sweet Kira and will make
up for lost time when we've made
it back together and are holding each other.

Sweet love my heart is calling to you
and singing its love in full tune,
feel peace and comfort as it reaches you
and give me a smile to light up
the sky so I'll know you're receiving it
and feeling my warmth,
Kira my dear I miss you so much
and just want you to know I'm always here,
and I'll never leave you
my sweet Angel Queen.
I love you completely and I am yours forever,
I'll never give myself to another,
I take your hand in mine
to show you my full support and dedication,
I'll always stand with you
my sweet Angel Kira
because I love you with all
of my heart and soul
and I want to spend eternity
celebrating our true love.
So God bless you my lady that your
heart will be lifted and you will feel happy,
feel all of the love I am sending.
Take comfort in knowing that I truly
care for and love you
and I will always stick by you
through the eternities.

Michael P. McParland

My Sweet Angel 6

My sweet Angel Kira I truly love
and miss you so very much and wish I were
with you right now rather it would be here at my place
or together at yours either way would be heaven
because I would be with you.
I love you sweet Kira my Angel so true
and I miss you completely and the wonder that's you.
I wish I were with you my sweet Angel
spending sweet time together feeling closer
as people as we just spent time doing things.
I miss you my sweet Angel and I love you completely.

I wish I were with you sweet Angel and together
we could both be getting excited to watch the game,
I hope you'll always watch Ohio State play with me
because it's something I treasure and I want
to share all things I treasure with my sweet darling Angel.
I miss you sweet Kira and all through the game
I'll be thinking of you and sending sweet kisses,
I'll be sending all of my warmth and deep love and caring.
Oh my sweet Angel I miss you deeply and can't wait
to be holding you opening up myself to you completely.

Oh my sweet Angel I am wearing I smile though
because I can feel all of your love and your arms
around me holding so tight,
I am smiling for you because you are my light,
give me a smile too because it is the most
beautiful smile in the entire world.
You are my sweet Angel and the one I so fully adore,
I love you Kira and wish I were with you.
So feel my hand in yours as I will be with you
and holding you tight all through the game
giving sweet kisses to give you deep warmth.
I love you my sweet Angel so truly wonderful
and I am working so hard on what I need to.
I love you sweet Angel and I'll always stand by you
because I love you truly and want to be with you through all eternity.

Michael P. McParland

A Sweet Saturday Afternoon

Sending sweet kisses to you my sweet darling
on this fast approaching Saturday noon,
I wish I were with you to make you a wonderful lunch
and then just clean up together before we
sit and relax snuggling in the few hours
before the game starts just taking time for ourselves.
A sweet Saturday afternoon with sweet you
is the most wonderful thing I could have today.
A sweet and beautiful whole day with you
is what I can't wait for and crave in my soul.

A sweet Saturday afternoon just feeling your spirit
as I am now which is so warming and brilliant
but it would be so much better to be beside you
to wrap up within it and your arms together
as we just did some reading as we snuggled.
A sweet and beautiful afternoon spent with you
first cooking you lunch and then spending time
in each others arms and doing some other
favors as well.
A beautiful Saturday noon basking in the glow
of my sweet Kira's loving warmth.

A sweet Saturday afternoon where after we've
eaten and cleaned up I'll have you lay down
on your stomach and I'll massage your aching body
as long and as much as you need and want.
For you I'll even rub your feet which
I won't do for anybody else but for you
I would happily do it from love and to know
that I was helping all aches and pains go away.
I'd give you a very relaxing massage to help
relieve the pains you are in as much as I could.

A very sweet Saturday afternoon with you
my sweet beautiful lady so very good
just being with you is the most wonderful
thing that there could be my sweet Angel dove.
To just spend time with you while holding

you close and holding hands fills my heart with joy
and anticipation unequaled my dear
and knowing it will happen makes me wish all the more
that it could be happening today right now
but know I am with you in spirit my dear
and feel all of my warmth and love surround you in full.
God bless you sweet Kira and give me a smile
because I love you so deeply and these days
will come I know that for sure my sweet lady.

Michael P. McParland

Holding Hands 4

I want to spend everyday holding your hand,
not constantly per say but most of the time
everywhere that we are and go I want
to be holding hands to feel safe and announce
to the world this is the woman I love and
I'm so very proud of her.
I want to hold your hand to show you
I love you and care through that sign of affection.
Something to give us both warmth and comfort.

Even when we're just sitting on the couch,
sitting up in bed or lying down reading
or watching TV perhaps resting awhile
I want to be holding your hand
and feel contented peace in my soul and heart.
I want to hold your soft hand and
hold you so very close and tight because
you are amazing and my northern light.
I want to hold the hands of my Angel
each day and night feeling true loves
electric current run through our bodies and souls.

I want to hold your sweet hand and kiss it so soft
and then just hold it as we sit and talk,
I want to hold your hand as we go about
doing whatever the task is ahead.
I want to be holding your hand so the world
knows I am yours and yours alone forevermore
and so all will know you're the woman I love.
I want to be holding your hand throughout
our many days stretching ahead because
it's another way I can tell you I love you
and also feel so very safe and connected
to my precious Angel to whom I am eternally dedicated.

Michael P. McParland

A Gorgeous Saturday Morning

A beautiful good morning to you
my sweet Angel dove and I pray that you
slept well and had the sweetest of dreams
with us holding each other sharing sweet kisses supreme,
I pray you felt all of my warmth and love
and it gave you comfort and peace through the night.
Feel my hand within yours now as I pull you in
for a tight squeeze of warmth and give you
sweet kisses of pure love to lift your heart
and to give you a smile that lift my spirit up.
Good Saturday morning to you and may it be
a gorgeous day for both me and you.

As I now rise from a rather light and restless sleep
through the night I wish I could just sit with you
curled up in my arms having a gorgeous morning together
just doing our thing and talking away.
I could read to you from our book while you drank your coffee
and rested your head on my lap or shoulder
just resting a bit more on a lazy Saturday morning.
I wish I were with you reading and talking
just enjoying a gorgeous morning with my gorgeous lady.
I can feel your loving spirit though dear
and that is a gorgeousness all on it's own.
Thank you my dear for the endless loving care that you send.

I wish I could just spend a slow paced Saturday morning
with you sitting by me curled up in my arms,
reading, talking, watching TV and a movie,
or even just sitting there quietly and sharing
the occasional sweet kiss so touching and deep.
A gorgeous morning with you my sweet Kira is
what I so long to have with the Angel I miss.
A gorgeous Saturday morning with Kira
the true Queen of my heart which she holds.
A gorgeous morning with my one and only true love.

Ohio State doesn't play until late in the afternoon
so the morning would be free for us through

my sweet Angel dove to do as we pleased,
a gorgeous morning for you and me.
Sweet Kira just close your eyes and share this sweet dream
and feel my arms around you holding you close,
feel my hand in yours and see my big loving smile,
I'm right beside you my Angel I love so wild,
I'll be holding you tightly today giving sweet kisses
to you and reassuring you by giving my loving warmth.
Just close your eyes and feel me there with you
as we share this dream of what's to come.
I love you sweet Kira and I know we'll have what
we so desire and need and then we'll be so
full of joy feeling happy, contented, and complete.
I love you Kira and dream with me now of our future
gorgeous Saturday morning and be filled with warmth
as I whisper to you I adore you my darling
and I truly love you more than anything.

Michael P. McParland

Sweet Late Night Kisses 2

Laying here my sweet darling in this late night
and I haven't been sleeping and just barely drifting,
I'm missing you so very deeply and to give
us both comfort I'm reaching out to hold you
so tightly and give you sweet kisses that will give us both smiles.
I'm reaching out to snuggle with my sweet
darling lady and give you sweet kisses to calm
our hearts and calm the loneliness inside.
I'm sending sweet late night kisses to you
because I love you my dear and I want you to know
I am with you holding you close in all of my love.

Sweet one I am just laying here on this late night
and I'm so very tired but I can't get to sleep for some reason,
I am truly longing for you and to just look in your eyes
and open up my whole world for you to see,
I want to share all with you because you are my best friend
and I trust you in full knowing you truly
love me and care for all that I am.
I know you would never hurt me intentionally
and for that I am so thankful and it makes my heart sing
in full voice the sweetest love songs.
Sweet late night kisses to you with a big warm
snuggle to share too.

Sweet sweet late night kisses to you my sweet Angel dove
and feel as I take your hand and pull you in
to just hold you so close and tell you I love you
as I give you these kisses so full of warmth.
I adore you my Kira and want so very badly
to be right next to you always.
Sweet late night kisses to you with a snuggle too
because Kira I truly do love you,
you are my best friend and very hero
and I want you to know I'll always be right there beside you.

Michael P. McParland

Falling Asleep In Each Others Arms

Goodnight my sweet Angel dove and now
let's climb into bed and I'll give you a kiss
before we snuggle up and fall asleep
in each others arms feeling complete peace
and contentment in our hearts and souls.
I love you sweet Kira and want to
go to bed and fall asleep in each others arms
with a sweet Kiss and saying I love you babe
you are the best and I'll be right by your side
through everything no matter what.
Then just close our eyes heads resting
right next to each other so close
and fall asleep in each others kind and caring loving arms.

Goodnight my sweet love and I will be holding
you throughout the entire night stroking
your hair and lovingly rubbing your back.
I'm sending you all of my warmth and love
with great big endless kisses and hugs of pure warmth,
feel the peace that they hold and wrap up
in it ever so tight knowing you're not alone
and your Michael adores you to no end.
I love you sweet Kira and want to fall asleep
in each others arms feeling safe and secure
both of us with the one we so truly love.
I want to fall asleep in each others arms
and enter dreamland together hand in hand.
I want to fall asleep in the arms of the woman I love
that is my Angel from so high up above,
a true gift and blessing from God.

I'll see you tonight in the land of dreams
where once again we'll sit under our tree
and just hold each other while we talk away,
that's what I want with my lady so fair,
to just sit and talk while we smile
yours lighting up the whole world with
its great big beautiful brightness.
Tonight in our dreams just you and me

in a beautiful scene enjoying
each others loving company.
So soon my sweet lady it will be for real.

Goodnight my sweet Angel dove and now
let's climb into bed and I'll give you
the sweetest and deepest passionate kiss
to express all that I hold within.
A great passionate kiss for my Kira
the woman I tenderly love and greatly desire,
a kiss to tell all through it's electric
passionate power I release from within
and then let's snuggle up and fall asleep
in each others arms as I say Kira I love you
and I want to be with you forever and ever,
I am your Michael and yours alone for eternity,
I am faithful to you and no other will do,
I love you sweet Kira you are my Angel.
So once again I wish you a gorgeous goodnight
and now let's climb into bed and after this kiss
cozy up ever so close and peacefully
and fall asleep in each others arms so very kind,
loving, caring, and warm.

Michael P. McParland

A Peaceful Snuggle Before Bed

Come my sweet darling and curl up in my arms
and we'll share a sweet snuggle and nuzzle
with kisses before we go to bed.
Let's enjoy another hour maybe two
before we turn in and go to sleep my sweet one.
Come and join me and cozy up in my wide open arms
and I'll pull you in close for a kiss.
Then we can sit that way and talk for a bit
just feeling content and peaceful my dear.

Come join me for a peaceful snuggle my dear
before we head to bed and just relax
and feel good in each others arms.
I want you to join me because I love you immensely
and I just want to hold you and heal
your sweet heart by giving you all
of the comfort you need and want.
Come join me sweet Kira for a peaceful snuggle
because I so long and yearn for my incredible Angel.

Michael P. McParland

A Relaxing Night

A relaxing night with my lady is
what would be the perfect thing right now.
I'd prefer you here by my side
snuggling and kissing while doing
many things that we love and enjoy.
Just having you here by my side gazing
into your precious sparkling eyes.
I wish you were here for a relaxing night
surrounded in our loving warmth that we feel.

It would even be a relaxing and beautiful night
if we were just here writing to each other right now,
our night time conversations I miss
and were so wonderful to have until we can reunite.
It would make a beautiful evening if we could talk
and I could say right to you in private
I love you Kira my sweet Angel bride.
I love you so much and for you I will
always give my very best and keep trying
to always be the best man you could ever want.
I'll stick by you forever because you are
the only woman I desire and want.
That would make a beautiful evening too
my sweet Angel dove because you are magnificent
my beautiful Angel I love.

Still it's a beautiful evening because
I can feel you and all of you caring love
and it fills me with light so very peaceful and calm,
I can feel you right here and it feels so very good
and I give you sweet kisses with big hugs of warmth
as I send all of my loving warmth to you,
feel my arms wrap around you and pull you in
for a snuggle so warm and full of contented calm
I love you sweet Kira and you make every night a beautiful one
and I just can't wait to actually be spending
them with you in my arms right by my side.

Michael P. McParland

You Truly Are 2

You truly are a beautiful woman
and I adore you sweet lady.
To me you truly are a sweet Angel
and I thank you so much
for all the kind and caring love you've given me.
You truly are my sweet Angel dove
and I love you so much Kira
because you are my darling and loyal best friend.

Michael P. McParland

Beautiful Evenings With You

Sweet Kira my dear how I want to spend
so many beautiful evenings with you.
Holding you close and cooking you meals,
rubbing your back and aching neck,
serving you in any way that I can
because I want to be with my Queen I so love.
Beautiful evenings with you
are what I so long for and crave.

Beautiful evenings with you snuggled up
and cozy within my arms as I give you all
of my strength warmth and love.
Having you curled up next to me
while I hold you so tight sharing sweet kisses
while I stroke your hair.
Beautiful evenings where I'll dry your tears
until they're all gone and you can dry mine as well.
Beautiful evenings with beautiful you
are what I so want and need here right now.
I miss you so bad and ache so intense,
I love you sweet Kira you really are the best.

Beautiful evenings where I would read you
my poetry because it is almost all for you
and it is all about the love I am feeling,
I would read you my poetry because you
so love it and it would make you happy.
I would feel embarrassed my dear but
I would do it for you because I love you my dear.
Beautiful evenings with beautiful you
is what I am longing for so hard and deep.

Beautiful evenings spent talking with you
which is something I truly miss so very much.
Beautiful evenings with you in my arms
as I look into your sparkling eyes
and see your amazing smile and let you
look right into my soul where you can see
my love in full and unbound,

look into my eyes and see the admiration
and love that have no words to describe.
I love you Kira and want beautiful evenings
with you by my side hand in hand
and wrapped up in each others loving arms.

Beautiful evenings with beautiful Kira
is true heaven on earth with bliss and fulfillment.
I love you so much and miss you so bad
I just want you in my caring arms for all time.
I adore you my Angel and completely crave you
because you are truly pure and wholesome.
I admire you my sweet Angel so darling.
I want beautiful evenings with you my sweet Kira
because I truly love you and there is no other person
I'd rather be with.
I want beautiful evenings with beautiful Kira
because you truly are my sweet Queen and Angel.

Michael P. McParland

I'll Always Be Here For You

I'll always be here for you
my sweet Angel dove.
I'll always be with you
right by your side.
I adore you and love you
for just who you are
and I couldn't bare to
leave you and lose you.
I couldn't live with myself
knowing I hurt you.

I swear to you sweet lady
I'll always be here
and right beside you
because I so truly
love and adore you
my sweet beautiful Kira.

Michael P. McParland

I Want To Hold You 2

I want to hold you so very close
and just give you all of my strength
and loving warmth while I pour out my heart
and say I love you Kira you are my world,
I love you more than the universe can hold
and it's bursting at the seams trying to hold it within.
I love you sweet Kira and want to hold you
because you are my best friend and hero
that I adore to no end.
I want to hold you and give you sweet kisses
because I love you sweet Kira and pray
that one day soon you'll be my Mrs.
I want to hold you and deeply reassure you
that I am right here and I'll never leave you.

I love you sweet Kira and I want to hold you
because you are so beautiful and adorable
and I deeply treasure you.

Michael P. McParland

You're So Beautiful 11

Kira you're so very beautiful
and I truly adore you.
When I see you I know I am
without a single doubt looking upon an Angel.
You are so very beautiful and you
don't even know it and I want to
help you see it because you truly
are gorgeous to me and a beautiful woman
with a big heart and has so very much to give the world.
Kira you are so beautiful and I adore you
through and through to my very core.

Kira my dear you are the most beautiful woman
to me that's ever existed in history.
A natural beauty that needs no aids,
you don't mess it up with make up
and I am so thankful for that because
it would ruin perfection and I would hate that.
You are so beautiful and anyone who's
told you different is a mean jerk who's
only ambitions were to hurt,
you are beautiful my dear and that's
just one of the many reasons I love you so much.

Kira you are so very very beautiful both
inside and out and I just want to hold
you so close and tell you I love you sweet one,
I want to tell you you're beautiful
then give you a kiss,
I want to look in your eyes so you can
see the truth of my words in my soul
and know everything is true and real.
You are so beautiful and I want you to know
I'll always stick by you my sweet Angel dove.
You are so beautiful in heart, mind, body,
and your precious soul and I treasure you my dear
and I love you so much my sweet diamond in the rough.

Michael P. McParland

Love Note 334

Hello my sweet love
on this late morning just
short of noon and I hope you've
been having a good one feeling all
of my infinite love and warmth.
Sweet kisses to you my sweet Angel dove
and a big hug of warmth to calm your sweet soul.
God bless you my sweet Queen
you are the greatest a true blessing from God,
no greater gift has ever been
given to any man.
Your love means everything my sweet one
and I am so thankful for you.
You are everything that I want
in this life right into the next.
Hand in hand by your side
giving my everything to my sweet Angel bride.
I adore you my dear and will stick
by you through all time I swear.

How I wish you were here
to spend time with and talk to my dear,
just catch up on everything
that's been happening both big and small,
I would just love to see your
sweet smile as I heard your sweet voice,
I just wish you were here
to be with and hold.
I know it will come but I wish it were now
because I miss my lady
so gorgeous and bold.
I miss my sweet Kira
I so dearly love.

Feel me right there beside you
as I hold you so tightly
in my undying love for you
the woman my heart calls to
in loves true symphony.

I adore you my darling
and want to be with you through
all eternity.
I love you sweet darling
and will always be faithful and serve you.
I am your Michael
and yours alone forever and ever
and I'll never stop caring about
or loving my only lady.
I love you sweet Kira
and I wish you were here
to hold in my arms ever so closely,
to tell you I love you
as I looked at you directly.
So remember I'm with you
and feel my hand in yours ever so firmly,
I'll always stand by and up for you
supporting you fully
because you are my Angel
I give myself to freely.
I love you sweet Kira and I find you amazing,
God bless you my darling
and I will be right here
and beside you forever and always.

Michael P. McParland

Sitting Back With You

I sit here on this quiet morning by myself
I wish I were sitting back with you
within my arms holding you so very close
while I just rubbed your back and we kissed and talked.
I wish and long to just be sitting back with you
and smiling in contented peace feeling free
from all the lonely sadness that's plagued us
in our separated state.
I'm smiling now though dear because I think of you
so please smile for me too
and share this dream of sitting back with me
and sharing of ourselves while we do so very many things.

Sitting back and reading a book we both want
to read aloud to each other and share,
just snuggle up and watch some TV or a movie.
Get up and dance or snuggle up and kiss
while we listen to our favorite music,
or build a puzzle which I'm not great at
but with you it would be tons of fun I know it's so.
Together work side by side to get
all the chores around the house done
talking along to make it seem like fun.
Just sitting back with you spending time
while we did our thing is what I want
my sweet precious Angel Queen.
I want to be holding you my precious jewel
and look you in the eyes and say
I love you babe you are so cool.

My sweet Angel dove as I sit here all alone
on this quiet morning now I wish as always
that I was with you holding you so very close
curled up tight within my arms.
I'm smiling dear because I think of you
so please give me a smile too.
So many things through so many days
in the future we will have and we will do
and I can't wait to look you in your sparkling eyes

and say I love you Kira dear you are my everything.
So in spirit right now come sit with my my precious dear
and curl up in my arms where I can hold you near.
Feel my hand within yours now as I pull you
close within to give you a kiss.
I love you dear and through all time I always will,
I'll stick by you because you are my one.
So feel my warmth and all my love as I share
this dream of sitting back with you.
I love you babe you truly are my everything.

Michael P. McParland

A Quiet And Beautiful Morning

How I long to spend a quiet and beautiful
good morning with you just wrapped up
in each others arms feeling complete and pure warmth.
A quiet and beautiful morning with
my beautiful Kira is what I am dreaming of
and send to you with these great big
sweet kisses and hugs.
I love you sweet lady and I have no doubt
that our time will come and we will spend
many quiet and beautiful mornings in each others arms.

A quiet morning where after we have gotten the
immediate done we can just sit back in beautiful bliss
and when you curl up in my arms we will just kiss.
I'll make you your coffee and have a bit too,
I'll make yours special just how you like it my dear,
you still have to teach me but I'll learn it quick
and then I'll just hold you close while we sit back
and sip from our hot cups.
A quiet and beautiful morning with my beautiful girl,
the perfect start to what will be a beautiful day.

A quiet and beautiful morning which I want
to spend with you wrapped up in my arms,
just hearing your Angelic voice as I forget
the rest of the world.
Feel your soothing and healing spirit as you sit next to me
and feel all of the aches and pains melt away.
A quiet beautiful morning showering each other
in our true and pure shared love is the greatest dream
that I right now have, share, and crave.
A beautiful morning with beautiful Kira
surrounded in quiet loving peace.

Oh my sweet love just sit back and smile for me
as I share with you this beautiful dream
that one day I know will come true.
Mornings so very quiet where I'll just gather you up
and hold you so close while we do what we want to.

I'll make you your coffee and breakfast if you want it,
I'll do everything to make your day perfect.
A beautiful morning with you my beautiful Angel
is what I desire forever and ever.
So my sweet Kira feel the magic within I am sending
and feel your heart lifted with the great big
warming hugs and kisses along with it.
I love you sweet lady and these mornings are coming
and in every one of them I'll have you curl up
in my arms so I can smile right at you and tell you
it's these moments with you I've waited so long for,
I love you dear Kira and I will forever stick by you.
You're my Angel, my hero, my best friend and true love,
you're all I've ever wanted and all I've ever needed,
Kira you are the greatest and I am yours for eternity.

Michael P. McParland

Sweet Early Morning Kisses

Sweet early morning kisses to you
my sweet beautiful dear while I wrap
my arms around you for a snuggle of warmth.
Sweet early morning kisses to sweet you
my Angel so good and pure.
Sweet early morning kisses to Kira
the woman I love more than anything in heaven or on earth.

Sweet early morning kisses to you
and just curl up in my arms and feel
all of my warmth as we snuggle a bit
before you have to get up and go about
all you must do on this day.
Just snuggle up to soothe both of our hearts
and help us feel peace and hope for the day ahead.
Sweet early morning kisses to you
my sweet Angel dove.
Sweet early morning kisses to reassure you I'm there.

Sweet early morning kisses to you my sweet Kira
to dry your tears and just help you feel
all of the love that I hold and long to
give to you in full to show you your worth
and treat you like the Queen that you are and deserve
to be treated as my only one.
God bless you sweet dear and I send you sweet
early morning kisses from my soul and heart.
Sweet kisses to you my sweet Kira the
most beautiful woman in the history of earth.

Sweet early morning kisses to you to help
us both through this lonely feeling that's here,
sweet early morning kisses to you
so you'll always know I'll never leave you
and that you will always be safe with me.
I miss you my darling and my heart is hurting
without you here by my side or to be able
to just reach out and talk.
I love you sweet Kira and want you to know

that you are everything I'll ever want.
Sweet kisses to you because you are so cool,
sweet early morning kisses to you my sweet one
because you are my soul mate and best friend
and I will stand by you through all time to no end.

Michael P. McParland

Night Note 121

Oh my sweet darling Kira
hello to you my dear one
and here in the middle of the
November night I pull you in
to say I love you so much
and I am right here forever
with you my sweet Angel dove.
Sweet kisses and hugs in the millions
and more just for you.
I love you sweet Kira and feel
my arms around you as I wrap
you up so tightly to give you
all of my loving warmth.

After I wrote yesterday afternoon
asking you to come and snuggle
I closed my eyes only meaning to rest
for a few right before dinner,
but I knew as soon as you read it because
I could feel even stronger
all of your warmth and comfort
and your loving arms wrap around me
and it calmed and soothed me immensely
so all the tiredness I still felt
overtook me and I fell asleep
until about half and hour ago my sweet lady.
Writing to you here is one of
the first things I wanted to do
so I could say thank you, you're wonderful,
you're so very beautiful, and I love you.
Kira my heart sings your praises
and I send you kisses from the high heavens.
Thank you my Angel for all of your
kind caring and loving
and I'm sorry if I had you worrying.
You just gave me the comfort
and peace that I was so needing
and I thank you sweet darling
and trust me my Angel you truly are

so very amazing.

Oh my sweet Kira as I get up
and do a few things feel my arms
so tightly around you and feel all
these sweet kisses I am sending
with all of my warmth and loving.
I miss you sweet lady and my heart is calling
letting you know that I am faithful to you
and will always stick by you my dear.
God bless you my Angel
and may he see it fit to soon reunite us
my sweet northern star that guides me.
I love you so deeply, totally,
and completely I feel so very lost
without you here to hold and talk to.
I love you sweet Kira and I
promise I am forever your Michael.
So sweet kisses to you on the
middle of the night we have right here
and I will be holding you the rest of it through
and into the rest of time too.

Michael P. McParland

Snuggle 38

Come snuggle with me my sweet lady
on this late afternoon and just
talk away these many hours
feel complete and contented.
Come snuggle with me and share some sweet kisses,
come curl up in my arms so I can give you
all of my loving warmth as I look in you eyes
and say Kira I love you and nobody else.
I love you so much and want to be with you for all time.

Come snuggle up with me my sweet Angel dove
on this late afternoon and just
shower each other in kisses so sweet and good.
I just want to be with my lady and in each others arms,
I want to make you feel safe and let you know
that you're truly and deeply loved.
I just want to share each others worlds
and feel your immense love as you sit next to me dear.
Come snuggle so close and curl up in my arms
because I love you sweet Kira and miss you so much.
Come snuggle with me and together block out the world,
I want you sweet Kira and need you more than you know.
I want to be with you through eternity my sweet Angel bride.

Michael P. McParland

A Truly Beautiful Afternoon

What on earth could be better than
being with you enjoying a truly beautiful
afternoon with sweet beautiful you?
nothing my sweet one, nothing at all
and that's why I wish I was with you
just holding each other and hands.
I wish I was sitting right now with you
as I watch YouTube videos.
I love you and miss you and I am dreaming
and longing for a beautiful afternoon with you my sweet lady.

I'd have you just put up your feet
so I could rub them and your legs
getting all of the soreness I know you feel out.
I'd have you lay down on your tummy
and tell you to fully relax while
I rubbed your back arms and neck
to help ease all the pain that is there.
a very beautiful afternoon with very beautiful you
serving my Queen as I want to do.
I miss you sweet lady and can't wait to
give you all of these things and so much more.

A truly beautiful afternoon with kissing and snuggling,
just talking and talking with lots of laughing.
A truly beautiful afternoon with
my gorgeous sweet diamond Kira,
what a wonderful time it will be when we've come back together.
Just peaceful loving and laughter with
the woman my heart and soul so desire.
I love you Kira and long for a beautiful
afternoon just spending time with you.
To give you all of myself and serve you as you so deserve.
I miss you my sweet Angel dove and inside of me
for you there's an eternal flame that burns.
I can't wait to be with you at last my sweet one
and know what it's like to have your true love
wrapped up so tightly in your arms.

Michael P. McParland

Love Note 333

I love you Kira,
you are my northern star,
my Angelic light,
you help guide me by
lighting up the path.
I reach out to you
to pull you in close.
I love you sweet Kira the very most.
You are my Angel and my sacred Queen,
I adore you sweet Kira
to me you mean everything.

Michael P. McParland

I Love You So Very Much Sweet One

I love you so very much it is true,
I love and care about you through and through
and as I've said before and I'll swear
to it again and again I'll never give up,
leave, or abandon you, I have no expectations
for my Kira to change into someone or something else.
I just want you to be the most kind and beautiful
loving woman that I know you are.
I love you so very much my sweet Angel dove
and I miss you so bad and it hurts.

I love you so very much and I will
always stand up for you and right by your side,
hand in hand my sweet Queen all the way.
I just want you here in my arms to share
such beautiful days doing beautiful things.
Snuggling and reading, watching movies we love,
sharing our favorite music, and best of all
doing one of my favorite things with you
that I so deeply miss,
having talks about everything from deep seriousness
to pure lightness always filled with warmth.
Kira I love you so very much and miss you mega tons.

Kira I love you more than anyone or anything
in heaven or on this green earth,
I miss you so much because my heart beats still
for the Angel I so cherish and miss.
I love you so very much and I just want to
hold you so close and share both of our worlds.
I love you so very much and want to do all
the little things of true love like
cook you nice meals and rub your back when it hurts.
I love you so much and I miss you so bad,
Kira you're my sweet Angel dove and I
give you my heart and soul and my life in full.

Michael P. McParland

I Hurt 4

I hurt my dear because I miss you bad.
I hurt my dear because you're mad at me.
I hurt and I want to talk to you
so all can be understood.
I hurt my dear because I love you so very much
and you're not here wrapped in my arms.
I hurt my dear and I'm throbbing deep inside.
I hurt because you're mad at me
and that twists my heart around in knots.
I love you dear and want to look you in the eyes,
I want to see your big bright smile and kiss you on the lips.
I love you Kira dear and I hurt
because you're not here and we aren't talking right now.
I hurt my darling dear because I miss you so damn bad.

Michael P. McParland

I Miss

I miss you babe and the special one you are,
I miss all of your beauty my only one
and I long to have you back again.
I miss you and all the talks we shared,
I miss the laughs we had from all the little jokes.
I miss you my precious one you are so beautiful.
I miss you Kira dear because I love you very much.

I miss the few friends I had on here
and one in particular who mostly tried to understand.
I don't know really what I did wrong
and I've tried to write a few times to say hello
but my messages were never even read.
I promise it wasn't anything like a fight at all
I guess it was because I'm nuts.
I miss talking to them though and I talk
to almost no one at all ever now.
I miss those few friends that I had on here
and wish I could tell you all.

There is a lot in life that I truly miss
but Kira I miss you most of all.
I just want to hold you close and release
all the tears I hold inside,
I want to hold you close and say I love you so.
I miss you Kira and I want to pick you flowers everyday.
I miss you my darling dear and want to snuggle now.

I miss you Kira I hope you know
I want to forever be your man.
I love you dear you are my diamond in the rough
and I cherish you for who you are.
To me you are the perfect girl and I long
to have you within my arms.
I love you Kira dear and I want to marry you.
I miss you oh my darling dear and my arms and heart
are wide open waiting for your return.

Michael P. McParland

Morning Note 139

Good morning my sweet Angel dove
and sweet sweet kisses to you on this morn.
I know you're upset at me
my darling one but please don't be.
I am sorry I was out all day yesterday,
I know though you understand
I was so very tired and I do also
understand why you feel upset.
I know it's because you miss me so much
and want to hear from me my dear.
I promise to dear as always
I'll never leave you I'm always right by your side,
feel my hand in yours as I pull
you in close to give you a big warm hug
and the sweetest kiss.
I am sorry babe and please understand
after I explain which I know you will.
I love you sweet Kira you are
my diamond and I treasure you
my sweet gorgeous beautiful woman.

Sweet love there is just so
much going on inside of my head
and inside of me and I miss you so much
and when I can finally sleep
I will so at least in a dream
I can see and hold you.
Can you blame me my dear?
I still inevitably end up
with my nightmares but
that doesn't matter.
As long as I get some time with
my sweet Queen and Angel
I get a bit of time to be truly happy.
That's partly why my sweet darling
and the other reasons I
will tell you but not here my sweet Angel.
I love you sweet lady and
I so deeply miss you and want

to be right beside you.
Even today is a day to just
lay down and put on an old
comforting movie or my audio book
and rest away these hours before me.
I promise I'll write but also ask
for your kind hearted understanding.
Sweet kisses and hugs to you
my sweet precious lady I'm ever adoring.

Remember sweet lady I'm right there
beside you because I love you so much
and never for a second will I give up.
I am your Michael and I want
all eternity to be with you as your husband.
I want to hold you in my arms
through eternity so very close to me.
I love you sweet Kira and will stand
up for and fight for forever.
I'm never giving up on my only lady.
So come sit with me Kira
while I hold you and kiss you.
God bless you sweet Kira
I so truly love and miss you.

Michael P. McParland

Morning Note 138

A very early and sleepy
good morning to you my sweet Angel
and as I plan to spend a bit longer in bed
I just wanted reach out to you
and put my arms around you pulling you in.
To just snuggle in deep and true love
on this morning in late fall
just helping each other feel
protected and peaceful wearing big smiles.
Feel my arms around you sweet dear
and feel me right beside you so close
rubbing your back and stroking your hair
while giving kisses so sweet as well.
Good morning my dear I love you
so very deeply and truly completely
so as I just rest for awhile longer
here on this morning I reach out
to take you up in my loving arms
to share a sweet and warm snuggle
filled with peaceful strength
and deep comfort in the pure love that we share.
I love you babe and want you
right next to me snuggling
as we get a bit more rest and sleep.
I love you truly my sweet Angel dove
and I just want you my dear Queen
right next to me feeling so very cozy and complete.

Michael P. McParland

A Longing Goodnight

Goodnight to you my sweet Angel dove
and I long for you so very deep and hard.
I'm extremely tired to the bone and I wish
I were with you as for the night we retire
to just share the sweetest kisses while we snuggle,
tonight my dear I need your soothing comfort
as I close my exhausted eyes once again
to at the very least get a good rest
and I pray a night of truly wonderful deep sleep.
Will you just rub my face and head so lightly dear
as we softly talk while we drift away to sleep?
Will you give sweet kisses too on my fuzzy face?
Now I'm smiling because it is you who
gave me that little name and from you it is so cute.
I hope you're smiling too my precious dear.
Goodnight my dear I so long for you to lay
right by my side and in my arms as you rub my face
and head as we go to sleep.
I love you Kira dear and can't thank you enough for all you do.
So very soon I'll kiss you on your soft
and luscious passionate pink lips to thank you as you deserve.
Goodnight dear I truly want to be with for all time.

Goodnight my sweet Angel dove and I'll be
holding tight through this longing and achy night
sending all my loving warmth to you,
tonight even in the land of dreams I'll
probably be tired so let's just find a cozy place
to sit and hold each other while we talk.
The exact thing I'm dying inside to do for real,
to be with my Kira whom I love more than anything.
Now on this longing night of need let's just snuggle up
and get such very needed rest and sleep.
Kira feel me right there beside you as I give you
warm and toasty kisses with ever so sweet caresses,
feel my love as I send it to you in full force
to wrap you up in its caring strength.
A longing goodnight to you my sweet Angel dove
whom I love with all my heart and soul.

I truly can't wait to have you in my arms
and it's what I dream of always as I go to sleep.
So please my dear so very soon so I can
finally release and give all this love within me just to you.
To finally give you all the love you've always deserved
and I want to give it to you soon because I know
we both so badly need to give our love and receive it.
Goodnight my dear I so truly love and deeply long for you.

Michael P. McParland

My Hearts Call To You

My hearts call to you right now
is just to say I love you dear
and just want to hold you so very near,
to just kiss you and smell your hair
while I rub your back and whisper in your ear
that I love you so very much
and I want to be with you forevermore
as your forever man because I will
always be your dedicated best friend.
My heart calls to you just to say
you're beautiful my gorgeous girl
and let's just lay down for a while
and you can rub my face and head
while we hold hands and share our warmth.
My heart calls to you my sweet Angel dove
just to say that you are the best
and I want to be with you my true love
through this whole life and into the next.
It calls to you because you truly
love and care about me as well
and it's thanking you in full for everything you do.

Michael P. McParland

A Quiet Evening With You

A quiet evening now within your arms is
how I would so very much like to wind this day down.
A quiet evening with you curled up
in my arms as I rubbed your back and stroked your hair,
as we both felt safe and loved being protected
by each other from the outside world.
I'm tired of it and the pains it causes
and I want my lady so we can both help heal
the wounds and scars upon us left by it
and take special care to repair those pains we caused each other.
A quiet evening with you in pure love
is everything in my heart and soul I truly need and want.
To the universe I say is that too much to ask
to have my love beside me spending time?
A quiet evening with you my dear is all I want
for you and me right now to talk away the hours.

A quiet evening with you just doing whatever
it is we wanted to taking it step by step as we go,
just do as we like as the time goes by because
spontaneity with you was always fun,
you make me smile my darling so very wonderful
and you excite me in so many ways from innocent
fun like kids to those tinglings between
a gorgeous woman and the man she loves
and he madly loves in return.

A quiet evening with my only one would make my heart
so very happy now and give us the comfort we so need.
Serving you is something I want so bad,
I have so much I want to do for you and I long
to give all of it to you to see you very happy and very proud.
I love you dear and I always will because
it's you I want by my side through all time.
You are my best friend and precious jewel
and right now I want nothing more than a quiet evening
spent alone with you curled up in my arms
and telling you how much I care and that you
truly are so very beautiful and magical,

you are a blessed gift from God in my view.

Oh my dear a quiet evening now is all I want with you
my sweet Angel bride and I pray it will come so soon
because I love you dear and I have so much inside me
I want to give and I want to give it all to you alone
my sweet lady I've loved since the start of time.
I want to give it just to you because I am yours
and yours alone for eternity my only one.

Michael P. McParland

God Bless You 7

God bless you my sweet dear through all time,
may he bless your aching heart as well as mine.
May he bless you to know how much I love you
and fill you with the warmth I'm always sending,
may God bless you that you'll have peace
within you here through this very night.
God bless you that you'll feel my arms
wrapped around you in true caring love,
God bless you with the knowledge that my heart
is open and I accept you for just who you are.
I fell in love with sweet Kira and that's
what I want forever and ever so if there has
ever been a perception I want different I'm sorry dear
because I just want you for you.
God bless you dear you'll know that's true.

God bless you truly my sweet Angel dove
because I care so much for you my only one
and I appreciate and worry about you all the time.
You don't tell me how you are so I never know
and it turns my guts around inside out.
I know you're hurting and so am I and I
express my love so you'll know you're not alone
and to help cheer you up with reassurance
that I won't rebuff you or push you back.
I write because I want you to know
how much I care for you my dear.
God bless you that you'll know this truth
and be filled with its warmth through and through.
God bless you dear I love you truly so very much.

God bless you Kira to give you everything
you'll ever want and need both in this life
right on through into the next
and I hope I'm right there to share your smiles and your joy,
I just want to see you happy dear
because you mean so very much to me,
I cry when you cry and I laugh along when you
are laughing filled with great joy,

I'm right beside you all the way my dear
and I always will be this to you I swear.
God bless you dear I hold within my heart so tenderly
that you will feel the kind and comforting
love I hold for you within myself
and that it will give you peace throughout the night.
God bless you babe I love you truly in every way
and I pray to have you as my wife for all eternity.

Michael P. McParland

Love Note 332

A wonderful and good late
afternoon to you my precious sweet Angel dove
and as I rise from my rest I want
to thank you so much for all of
you kind loving care and warmth,
I could feel you so close holding me tight
and I was able to relax and get
a bit of fairly good rest.
Thank you sweet one and I pray
as always that you're feeling my
love in full as well.
Sweet kisses and hugs to you my sweet one,
sweet kisses and smiles to you
my beautiful sweet Angel dove.

As I've gone through this day
and now head into the evening so close at hand
I hunger for you to be in my arms.
There is so much in me I can't
even explain or describe just what it is
I just know that it's there
and it is for you that I so
deeply love and so deeply care.
Does that make sense my sweet one
that there is so much I can't describe?
Do you have those same feelings to
that you can't grasp a description of?
I'm just wondering if it's me
or if you have that as well.
Either way my sweet love it overflows
from my heart and soul and I
can't wait to give it all and share it with you.
I can't wait for you to see
and to show me your smile as we
kiss and embrace,
I can't wait to once again dear
hear your heavenly Angelic voice.
I can't wait till we share our
whole lives as we stand side by side

fighting together to beat all the odds,
fighting together to beat the jerks down.
I love you Kira and see my big smile
and feel my sweet kisses to
turn any frowns of sadness, worry,
or loneliness upside down
because your Michael is here to
give you everything that I have and I am.

There truly is so very very much
I want and need to share with you
as I tear down the walls of defense just for you,
stuff I want to tell you but not
one bit of it can I ever or will
I ever say here in these public poems,
I've already shared more than I
normally would just for you to let you know
that I will stick by you and trust you,
to let you know that I'll
never leave and abandon you and I'm
happy to let the whole world know
that I love you and so very soon
I want to share with you these
special things in true private
letting the woman I love see totally inside me.
I miss you sweet Kira and want you beside me
because I love you completely
my sweet gorgeous Queen and everything.
You are a treasure I cherish completely.

So feel my arms wrap around you
so tightly now as I pull you in
for a big hug of warmth to fill you
with all of my love and great peace,
I'll be with you all night
with my hand in yours so feel me
right there in spirit beside you.
I love you Kira and will forever stick by you,
I promise that you are safe with me
and I'll always fight for and protect you.
I'll never let anything happen to
my sweet Queen and Angel because I adore you,

so once again just feel me beside you
and giving you comfort because
you are the woman I so truly love
and treasure completely and totally forever and ever.

Michael P. McParland

An Afternoon Snuggle

Sweet love Kira will you come and join me now
for an afternoon snuggle and a short rest?
Come rest your head upon my chest
and I'll pull you in for an afternoon snuggle
so full of love and warmth that feels grand.
Will you join me now my precious dear
and close our eyes for awhile while we
snuggle away a few afternoon hours.
Will you honor me my darling one
so I can hold you very close and give you
all my loving strength and peace?
I love you babe and want you here with me,
let's share an afternoon snuggle and a rest
because I want to be with my lady who is the best.

Come and join me dear here in bed for awhile
so we can snuggle and rest in peace
with our hearts content and fully healing.
Come cozy up with me because it's with you I want to be,
I want to feel you in my arms and against my body,
I want to see you smile and hear you say
I love you Michael,
and then I can look right back and say I love you too,
then we can just close our eyes and softly talk as we drift off.
Come my dear and let's on this afternoon so tightly snuggle,
please come and join me dear for some needed resting.
I truly love you so with all my heart and soul
and one of the best ways I know how to show you
is by holding you and giving you all my warmth,
I want to hold you close and release myself,
I want to show you my love in this one way I know how.
So please my dear come and snuggle on this afternoon
and rest with me for a little while.
I trust you babe and love you oh so very deep
and that's why I can hold you next to me for so long,
I want to give you all my love with that one sign
and many more to come.
So let's snuggle now and catch some rest feeling happy
with the lady of my heart I love best.

Michael P. McParland

My Hand In Yours Forevermore 3

I take your hand within mine now
and kiss it so very softly as I
look into your eyes and say sweet Kira
I love you even more today than I did yesterday
and tomorrow I'll love you even more my only one.
My hand in yours holding on in true love forevermore,
my hand in yours because you are the one I adore
and a diamond in the rough I treasure and cherish
in every single way there is.
You are so very beautiful sweet dear
and I love you with all of my very heart and soul.
A heart and soul which I give to you to hold
forevermore because I love and trust you like no one else.

My hand in yours forevermore to give you
all the peace and strength you want and
each and every day from me.
My hand in yours forevermore so you'll know
in your very heart and soul that you're not alone
and that I'll not abandon you and break your heart.
My hand in yours forevermore because we
need each other with all the love we hold.
My hand in yours forevermore because
I cherish you my sweet Angel dove.
My hand in yours forevermore because you are
my best friend who I have a deep connection with,
a bond so very strong that's such a gift.
My hand in yours forevermore because you're you
and for me that is enough.

Feel now as I take your hand in mine and pull you in
to kiss your forehead, then your cheeks working
down toward your soft smooth neck planting kisses
all over as I then work my way to your luscious lips,
my hand in yours forevermore because I cherish you my dear,
I hold you in my heart and soul in the most
tender sacred parts where you belong.
My hand in yours forevermore my one
because I want to be with you through the rest of time.

I love you dear and deeply so because you are the Angel I adore,
my hand in yours forevermore as I stand by your side
giving all my endless loving warmth and full support.
My hand in yours forevermore because you simply
are the best there is and I want to spend my life in bliss with you.

Michael P. McParland

I Can Feel

I can feel your deep love
and arms so tightly around me right now.
Can you feel mine as well
my sweet precious dear?
Can you feel all the loving warmth
that I send surround you now?
I pray so because I can feel
all of yours and I want you to feel mine too.
I can feel you dear and it
truly feels so very good.
I love you babe and I always will.
I thank you for all you do and give
and I can feel the love you want and need
and I give you all I have as I can
in this way now and when we reunite
I will give you more than enough to heal your heart
and I will always work and strive at
my very best to make you happy and very proud.
I can feel you dear holding me
right now and it feels so very good,
I thank you love for just being you
the one I hold so very dear and deeply love.
I'm sending all my loving warmth
to you as well so wrap up in it
and take comfort in it's strength.
I'm with you always my darling dear and only one,
you're all I want and all I need.
I love you Kira and you are the greatest
to me I hope you see,
I love and adore you to no end
and to my love there truly is no end.

Michael P. McParland

Gentle Morning Time Kisses

Good morning to you my beautiful precious dear
and to start your day with a tons of love
and a beaming smile I give to you these gentle kisses
to fill you with cheer and to know that I'm still here.
Please have faith in me forever dear
because I'm by your side hand in hand holding you.
You are my best friend and I'll stick by you every day
giving all my support and endless love.
Good morning my darling dear and I send these
gentle kisses of deep warmth with great big hugs of loving warmth
straight to you to start your day with
all the strength and peace of mine they hold within.

Good morning dear and I truly wish that
I was there to pull you in so very close
and give you these gentle kisses while we just
lay there snuggling and talking for awhile.
I am with you though my dear in spirit strong
so feel all my loving warmth and care surround,
just feel my hand in yours as I squeeze it now
to let you know I'm with you while I say
I love you dear with these gentle kisses I now send,
feel my arms around in the biggest hug
and feel my strength fill you up.
I love you dear and whenever you may want and need
I'll forever be here waiting for your call.
Sweet and gentle morning kisses to you my only one
remember your Michael loves you more than anything.

Sweet and gentle good morning kisses to you
my only love and darling dear I love you so very much
and want you to have the greatest day,
just feel the endless hugs and kisses that
I'll always be sending your loving way my dear
and close your eyes to see and feel my smile
with my looks of love for you so very deep and strong,
gentle morning kisses to you of true pure love.
Gentle kisses to you sweet Kira my only one
and feel me now as I take your hands and pull you in

to just hold you close and tell you this.
I love you truly Kira you are my only one
and for you there isn't anything I wouldn't do,
you are my soul mate and the Angel I adore.
I love you Kira and I will forevermore,
sweet gentle morning kisses filled with truth
I send to you to give you all my loving warmth.

Michael P. McParland

Middle Night Snuggle Of Warmth

Hello my sweet love here in the middle
of this very night,
I've mostly just slept very light
fading in and out not really awake
yet not really asleep,
just that strange place in between
but that's okay because I've been
thinking/dreaming of you.
It's a bit of both in that state in between
no matter though how it's described
I'm smiling and feeling deep warming comfort
thanks to you my precious dear.
You give me peace to rest and such sweet dreams
and I send you all of my love too
and I pray it has kept you warm and given peace.
I thank you dear and am pulling you in
for a hug of thanks with kisses and a snuggle of pure warmth.
I'm pulling you in so very close to thank you dear
and I say I love you more and more with each day that comes.

As I prepare to close my eyes again to get some sleep
I take your hands and pull you in for a kiss
and snuggle so we can share our deep love and warmth,
a snuggle to feel each others hearts as they
beat together in the true love we share with each other.
A warm snuggle that says I am here for you forever
because I truly love you my sweet Kira,
I am your Michael and I have no want or need for another.
So feel my arms and all my warmth as I
pull you in so very close for a
late night kiss and snuggle of pure warmth.
I love you Kira my sweet Angel dove and I will
quite often hold you close when I wake up at night
when we have come together once again,
a snuggle of reassurance and deep peace so
you'll know you're safe in your sleep.
I love you babe and am always there right by your side
and I'm now pulling you in for the sweetest kiss
and a snuggle of deep and caring loving warmth.

ILYF and ever KP

Michael P. McParland

Sleep Well My Sweet Darling Dear

Goodnight my sweet darling dear Kira
and let's slip into bed and cuddle for awhile
and share some sweet kisses so very good
before we go to sleep,
I want to end this night as every other night
in your arms my sweet darling dear of true love
and just snuggle away the twilight hours.
Come my sweet dear and let's climb into bed
and cuddle sharing passionate kisses
that make our hearts and souls sing to the heavens.
Let's slip into bed my darling dear
and just snuggle while I whisper in you ear
so very softly and loving I love you Kira
to me you are magic.
Will you marry me and be mine forever?
I love you sweet darling because you are my Angel
and I will always honor you with the best I have in me.
I will give you all the love you've been deserving
and serve you my Queen so very faithfully.
I honor you in true love my dear darling
now let's share sweet kisses in bed while we snuggle away.

Goodnight my sweet darling dear and after
we snuggle and kiss for awhile
just rest your head upon my chest and I'll
pull you in so very tight to rub your back
and stroke your hair while we talk until we fall asleep,
or if you would like I'll read to you
your favorite pieces of my poetry.
Only to and for you my sweet dear will I read it aloud
and there will be a private collection just for you.
So as we lay down feel all of my loving care and deep warmth
and feel these sweet kisses I send to you.
I'll be watching over you as I always am
and I'll be giving all of my love to you my sweet Angel dove.
A sweet and precious goodnight to you
my dear gorgeous Queen and Angel of light.
I love you so deeply and miss you so much,
just rest your head upon my chest to give us both peace.

I'll see you tonight in the land of sweet dreams
where we'll take a walk along the path
of the brilliant moon and bright stars,
getting lost in their magic as we sit down
after a while to cuddle, talk, and picnic.
Tonight my sweet love a cosmic journey
on the rocket ship of our love along the moon and the stars.
There's nobody else I'd rather be with than you
the woman I love with all of my mind, heart, soul,
and body to my very core.
I love you sweet Kira my divine northern star
and in the land of dreams tonight I'll see you
and hold you so very tight among the brilliant
moon and stars that for you will be shining so very bright.

Goodnight and sleep well my beautiful and wonderful
darling dear whom I hold and cherish above all,
my heart calls out and sings to you all
of my most favorite love songs to give
you comfort and peace within your heart and soul
that are so very beautiful and pure,
just feel me wrap my arms around you and pull
you in for a tight snuggle with kisses of love
so very full of true love so pure,
I'm taking your hand and holding it all of the time.
Goodnight and sleep well sweet Kira my beautiful
and amazing darling dear.
I'll love you forever and remain dedicated to my only lady,
I'm here for you Kira and I always will be
because you are my hero, my soul mate, and my
most wonderful and treasured best friend.

Michael P. McParland

Quality Time

What I want my dear is to have
and spend wonderful quality time alone with you,
time to just sit and talk while we laugh,
time to sit and pour our hearts out
just like we need and want.
Quality time to sit and read together
rather it be out loud from the book we chose together
or just sitting side by side cozyed up
while we read silently from the ones we're reading privately.
I want quality time just you and me to share
our favorite films and TV shows.
I just want quality time by your side and within
each others arms each day and especially right now
for a good while before we head to bed.
Quality time with my babe is what I crave in full and need.

I'll always need my personal time and that
will never change and I know you understand that
like so few ever would and I thank you
so very much for your knowing what I need and why I do.
With you though I want much less of that space
and want to be with you so very very close,
it's always been that way and it always will.
Even back in school days were bland and bad if you weren't there,
I needed to be close to you and you were
the brightness of my day because we shared
quality time just being near each other feeling
all loving warmth and care that we have always shared.
You were the reason I liked to go to school
and would walk past your first hour class to see
if you were there at your desk and if you were
my soul and heart would brighten up
and when you weren't my heart would drop.
You have always been my Angel and star so bright
and endless quality time is everything I want.

Quality time is what I want and crave with you
my dear and precious best friend I love,
quality time filled with such bright and warming

peaceful love that heals the heart and soul
and helps one see and remember all the beauty in the world
and to me my diamond in the rough
you are all the worlds beauty and what's good and right within,
I love and adore you to no end and want you
here within my arms where I can give you all my love
and tell you how truly wonderful and beautiful you are.
Quality time with you in so many ways is what I crave
because I love you babe in indescribable lengths and ways.
So my dear when the time has come I'll spend much less
alone time because I want to be so close to you my Angel bride,
I want to be with you having quality time
with the one I love through eternity forevermore.

Michael P. McParland

Evening Note 74

Good evening sweet dear
and tons of love and sweet kisses
I send to you with warm caring hugs,
I wish you were here to be with me
enjoying the evening and night
and to sit here with me as I watch
YouTube videos about various things,
I miss you sweet love but smile
for and because of you my Angel of light
I just wish I were with you
to hold you so close and so tight.
I can't wait to be with you
spending great times each day,
each evening and each night.
I can't wait to be with you
being accompanied by the worlds
beauty and light.
You are my rose of such beauty
and all of your kind caring love gives me delight,
God bless you my sweet Angel dove
and may he fill your heart and
entire being always with my warm and caring
wholesome love.
I can feel yours and it's so
cozy and toasty inside it gives
all the comfort I need.
Thank my love for all that you do
and thank you for being just who you are,
it means the universe to me
that you love me too just as much.

Here on this eve at hand my heart
is singing and dancing just for you,
I'm filled with your love that you send
and I'm sending all of mine straight to you,
just feel me right there holding your hand
with my arms wrapped tightly around you
holding you so very close while I smile
so loving and warm saying Kira I love you

and will stick by you through all time,
I'll never abandon you I swear before you
and before God because I am your man
and your Michael so full of care,
I love you sweet Kira and I'm always here,
I'll always be giving sweet kisses
and all of my supporting strength,
I'll watch over and protect you always my dear.
I'll be right beside you from
here on this earth right through eternities door.
I adore you sweet one and love only you.

Oh my sweet Kira how I wish I
were with you here on this eve
as we just sat together so cozy
with you curled up in my arms
while watching some videos
as well as talking and laughing,
I love you so much and can't wait
for those things to be happening
and I will wait just for you
my sweet Queen and Angel
because I love you so much and this
dream is the greatest thing there can
be in heaven or on earth,
I can't wait to be with you sweet Kira
because you are amazing,
I can't wait to be with you and hold you
because Kira I love you
and you make me the luckiest man
by having the love, devotion, and kindness
of his best friend who one day soon
will be with his woman who he truly
loves more than anything.
Kira I am your Michael and
I am yours alone for all time,
I love you so deeply and so completely
that no other person can ever
take me away from you my Queen Angel.

Michael P. McParland

Smiles For You

I have great big hugs of warmth with
millions of smiles just for you
and right along with those I give sweet kisses to.
You give me smiles everyday and
more than you truly know,
I need to tell you more just how you make me smile
just as I do to tell you you're appreciated.
So I send to you all my smiles so you will smile too,
your smile melts my heart and makes me smile too.
You truly are adorable and so very cute,
I love you Kira and have big hugs of warmth
and smiles just for you and right along
with those sweet kisses from my soul.

Millions and millions of sweet kisses
I send to you to cover you from head to toes,
millions and millions of sweet smile
to make you smile too,
millions and million of great big hugs of warmth
all to lift your heart high up
and to let you know I'm right there
and that you're truly loved.
Millions and millions of all those things and more
because I give you all I have and everything of myself.
I love you dear and my heart is always yours,
I adore you my sweet Angel dove
and I want to serve you through all time.
Infinity of sweet smiles just for you my love.

Sweet sweet smiles with great hugs of warmth,
feel me as I wrap my arms around you now
and feel my passionate lips as I place them upon yours,
feel the smile that I wear as I kiss you deep.
Endless sweet smiles to you dear because you are my one,
sweet sweet smiles hugs and kisses dear
because you truly are the greatest gift from God.
Sweet sweet smiles Kira as I say these words
I love you Kira and I will forever through all time,
it's you I want and not another soul,

you truly are my everything and the most beautiful
and gorgeous woman in the entire world.
I love you Kira more than anyone can ever know
and I send these sweet smiles to you
to fill you with all my loving warmth and care.

Michael P. McParland

Sweet Afternoon Kisses Of Passion (I Love You)

Sweet afternoon kisses of true passion.
Sweet afternoon kisses to say I love you madly.
Sweet afternoon kisses to tell you I want you.
Sweet afternoon kisses to tell you you're beautiful.
Sweet afternoon kisses to ask if you'll marry me.
Sweet afternoon kisses for Kira my sweet Queen and dear Angel.
Sweet afternoon kisses because I adore you.
Sweet afternoon kisses of passion for my best friend,
my soul mate, my hero and my everything.
Sweet afternoon kisses and big hugs of warmth to you
my sweet Kira because I so deeply love you
and want to be with you forever and ever.
Sweet afternoon kisses to so deeply warm you
and reassure you that I am forever right there beside you.

Michael P. McParland

Holding You Sweet One

I'm holding you now sweet one
stroking your hair and rubbing your back,
I'll always be holding you because
you are my sweet lady and I love you very much.
I am holding you my sweet one
so very close and very tight because
I don't want to ever let you go again.
I love you dear and I always will
and I will hold you just as long and as tight
as you want and need.

I'm holding you in spirit dear until
we reunite and I can have you in my arms for real,
I'll give you the sweetest kisses and caresses
while I speak to you so very kind and softly
saying I love you babe and it's just
for you that I have been waiting,
I'll stick by you forever because I adore you,
I want to give you all the love you need
and that you are deserving.
I love you babe and I have my arms around you
holding on so very tightly just kissing you
with tenderness so deeply and gently.

I truly love you more than the whole universe
because you are my Angel Queen and dear everything,
I deeply love you babe and can't get enough
of the gorgeous person that you are
with your bright and glorious heart and soul,
I love you so very much it's for you
that my heart and soul sing in full voice.
I have loved you since the day we met
and I will love you well beyond this earthly life,
death cannot part us or take away our love,
what we have is a great gift from God.
I am holding you my dear so very close and very tight
so just feel my loving warmth and care
surround you now to wrap up in.
I love you babe you truly are superb

and when we are back together I'll hold you close to me
and serve you in true love as you deserve.

Michael P. McParland

A Day Of Snuggling

How I wish we could make today a day
together with you here or me right there
to tell the world to go away and we would
just lay in bed or sit on the couch
and snuggle it away just talking, reading,
watching TV and movies having fun.
A day of snuggling with my only one
is what I crave and that dream I now share with you
fills me with such anticipation and great warmth.
A day of wholesome snuggling with you my dear
is exactly what I really need and want.

A day of snuggling where I can just look at you
and admire you for the beauty that you are.
A day of snuggling where I tear my walls down
and give all my secrets and what's within to you,
a day of snuggling hearing you gorgeous voice,
a day of snuggling sharing sweet kisses
with the beautiful wonderful woman that I miss.
Feel those kisses and my arms around you sweet one
and see my smile as I give it to you now.
A day to snuggle and just spend time is what we'll
have so very soon and it will be heaven
just because I'll be with you.
You are my Kira and you are the Angel
that I lovingly adore through and through.

So sweet Kira just sit back when you can
and feel my arms around you as we share this
dream and vision of what we will have and will be,
a day of talk and snuggling as well as
me cooking you a wonderful meal and us reading
and watching some films picked by both you and me,
a day of snuggling which we've so craved and longed
for in every way we will satisfy in each others arms.
A day of snuggling my only one and even now
it fills me with warmth and makes me broadly smile
and I pray that you can feel it all as well
my precious Angel I adore,

a day of snuggling with Gods greatest blessing
and most beautiful gift on this earth.
I can't wait to just hold you close and look you in the eyes
and say to you Kira I love you dear my heart
and soul truly are forever yours,
to me you truly are the very best and nothing anywhere
can ever take me away from my Queen who's best.
I love you so and I always will because I'm dedicated
just to you my precious dear.
So God bless and keep you dear and your precious soul
and with me today just share this dream of what will be
a day of snuggling just you and me.

Michael P. McParland

Feeling You (Holding Tight)

Between all the chores I have to do today
I just lay down a while ago to close my eyes
for the shortest rest and I could and still do
feel you so very close and I pray you're
feeling me holding on so very tight.
As I drifted I just said I love you Kira
and I always will because you're the best,
you're so very kind and the most beautiful
woman God has ever blessed to the world.
Kira I can feel you so very close and I
feel so very warm and blessed,
I smiling because of you my dear and I hope
you can see and feel that too.

I'm feeling you so very close my dear
and it truly is the greatest feeling that there is.
My heart is lifted with such joy
and my stomach is filled with calming butterflies,
I'm filled with happiness knowing that
I am in your arms right now as you're in mine,
you've made my day my sweetest one
and I send you kisses oh so sweet to cover you from head to toe.
I love you Kira you truly are so beautiful
and can feel your loving care as well
you make this life so truly wonderful and bearable
and I want to thank you my true best friend and Angel Queen.
I'm feeling you and holding you tight in comfort too
because I truly love you through and through.
God bless you Kira and feel me there and holding you
because you're the one I truly love and
I'll love you as long as all time standing by your loving side.
I'm feeling you and it is the greatest feeling that there is
so sweet kisses in the trillions I send to you my darling dear
and feel your loving Michael take your hand and pull you so closely in.

Michael P. McParland

A Loving Morning With You

Oh my sweet love having just gotten out
of a most wonderful and refreshing morning shower
the most perfect thing there is on this earth
and would be heaven is a loving morning
having you within my arms sharing the sweetest
kisses and the biggest smiles.
A loving morning with you is what I want
right now to make the world a perfect place
within this very place and time.
A wonderful morning with my Kira the
gorgeous woman whom I love and cherish,
the most beautiful woman God has ever created.

A loving morning with you right here curled up in my arms
while you drank your morning coffee and I drank
the root beer I am right now having.
A loving morning with your big beautiful eyes
and smile brightly shining as we shared looks of love
just like we used to do that filled us up
with loving warmth that felt very good.
A loving morning spent with you feeling so fulfilled
and dreaming of it now knowing it will come
gives me smiles and such joy I send to you
so we can share the ecstasy within.
A loving morning spent with you curled up in my arms
as we talked away sharing kisses from the heart and soul as well.
A loving morning with my Angel Kira is a dream
which will soon be for real and on this earth a heaven.
I love you my sweetest one and I can't wait to have you in my arms.

Kira I send this lovely dream and all my loving warmth
to you so we can share and you can take joy within as well,
just feel yourself curled up in my arms
and close your sweet eyes to see my looks of love
and my big loving smile.
Dream of this loving morning and with me have a prayer
that God will soon grant us the way to
our great dream and wish so we can always snuggle and heal,
so we can have such joyful loving mornings

just like this where we will smile and be fulfilled,
loving mornings that will heal our hearts
forevermore just being with the one that we so truly love,
loving mornings filled with peace and giving hope
that can't be matched by any other thing
I love you babe and can't wait to spend these times
with you curled so cozily within my arms.
So join me now within this prayer and then smile for me
as you curl up so tight within my arms.
Our day will come I know it dear and then we'll have
such beautiful loving mornings for sure.
So feel my hugs and my sweetest kisses
I love you dear and you truly are the very bestest.

ILYF KP :)

Michael P. McParland

Morning Note 137

Good morning my sweet one
I hope your Sunday was fun
and went well topped off with a
good night of sleep and sweet dreams
of us snuggling and kissing with tons of laughs.
I'm sorry from all the silence
from me yesterday but after my last write
I was so very exhausted from the days of travel,
the little hurts and frustrations
that had popped up along the way,
which I assure you I perceived nothing
wrong from you at all as hurtful,
we've both made that mistake with each other before
and I want to assure you I never thought
you did anything anywhere wrong,
all you did was give me loving comfort for which
I am so thankful and I love you for even more.
I was so exhausted from missing you
and the family I just had to leave again,
I was exhausted from so much crying
and I wish you had been here to hold
throughout all of that,
between just tears and outright sobs.
I miss you so much and from all of that
pure fatigue and exhaustion
I could feel your arms around me
and your kisses so sweet which
gave my spirit peace and I fell asleep
until a short while ago.
Thank you my dear I truly love you so very much,
you are a diamond in the rough
and I treasure you to the heights.

I'm sorry I didn't write sooner
after getting up but I was so hungry
and wanted to get my head clear from
the deep fogginess of sleep and the very
strange dreams I had been having.
I love you babe and I was thinking of

writing you from the moment I got up
and started shaking off as much
of my aches and pains as I could.
I have so much to do today my sweet dear
and I wish I could just lay down
and snuggle with you before I
have to get to work on all that stuff.
I still haven't unpacked from my trip
and have a big mess in my room to clean up,
I'll be thinking of you all the while
to give me strength and make me smile,
oh my sweet lady I can't wait to be with you
sharing kisses so sweet and knowing
that all in the world is good and right.
I need to shave my head which I haven't
done now in three weeks and get in the shower
to feel and be refreshed and also shave
my very fuzzy face,
see you just smiled as did I
my sweet Angel dove.
I love you mega tons and you will
as you always do help give me strength
to make it through.

I love you babe and wish you
the sweetest good morning dear one
and send the sweetest kisses
and big warm hugs to you,
may the sun shine right on you
to give you its warm loving kisses too.
God bless you sweet one for you
are a treasure unequaled and I cherish you
to no end my sweet Queen,
feel me there beside you holding you close
and holding your hand as I
walk right along beside you
in true loving support.
Remember I'm always beside you
and right here for you just as well.
I love you more than anything and I always will.
I love you Kira I truly do
and will be sending you all of

my loving warmth and care,
feel it surround you sweet one
and give me a smile so I'll see its shine from here.
I love you babe you are all I want
and I'll wait for as long as you need.
God bless you and all that
you care about and love,
Kira you are my Angel and I kiss you so sweet and deep
and want you to know you will always
be my best friend and true love.
I hope that soon we will have our day
and I promise you I will always give only my best and full
to you my sweet Angel dove because
you are my beautiful one and I strive to
always make you so very happy and proud.

Michael P. McParland

Comforting Morning In Your Arms

A quick message just for you on this
morning at hand my sweet Angel dove
of kisses so full of passion and love just for you,
sweet kisses of care to say I love you dear,
sweet kisses to ask will you hold me dear?
Sweet kisses to ask for you to hold
me so very close in your kind warmth.
Having mostly just laid here with tears
on and off leaking and flowing
with not a bit of real sleeping
I just want my Angel Kira to hold me.
I want you to get cozy in my big fuzzy orange blanket
with me and share sweet kisses of comfort.
Will you snuggle with me my sweet Kira?
Do you know in your soul and heart
just how much I care for and love you?
I think you do and I just want to hold you too
so please my sweet lady come share
a sweet Sunday morning of comfort with me
as we just snuggle away the time
in total peace to get some beautiful sleep.
I love you Kira and right now I need
a comforting moment with you my sweet dear.

Michael P. McParland

More Than Anything

Kira I love you more
than anything or anyone
and I said I'd never leave
you and I never will.
I'm only retiring on this night
in which I feel such lonely
and longing pain.
I miss you so badly and
I feel so very broken.
I send you sweet kisses so deep
because I truly love you.
I want to hold you
and tell you how deeply I love you,
I want to be with you forever and ever.

I love you sweet Kira
more than anything
and I wish you were here to hold me.
I love you, I love you,
I LOVE YOU my only darling
and I must cry my eyes out
because I feel so broken without you.
I love you sweet Kira
and need to cry myself to sleep
because I so madly miss you
so please don't be angry at me.
I'll never leave you
and even now I'm right there beside you.
I love you sweet Kira
please come so soon and hold me.

Michael P. McParland

Goodnight My Eternal Love

Goodnight my sweet Kira
and I send to you these sweet kisses
of true love that is unending,
I'm so very very tired and am
going to now retire my darling.
I love you and just want to hold you,
goodnight my eternal love and feel
as I wrap my arms so tight and loving around you
and just feel my warmth knowing
I truly love and miss you.
Goodnight my true love I send you sweet kisses
as I go to bed now and for awhile
hide under the covers.
I'm with you forever and always without waiver
my sweet Angel of all days.
Goodnight my sweet Kira my eternal love
I adore in all ways I hope you know
how much for you my heart aches in true care,
I love you my darling and will always be here.
Goodnight my sweet Kira you are amazing
and as I slip under my blankets
I send you these soul filled kisses
of love so enormous lasting eternal.

Michael P. McParland

You Are Divine

Darling you are divine in my heart,
soul, eyes and mind with all of
the loving light that you bring and hold.
You are divine my sweet Angel dove
and here before bed I want to
snuggle the hours away in peace with you
my sweet divine Queen.
Will you snuggle with me so we can feel
happy and warm as we lay here in bed?
You are divine and the most wonderful woman
in the whole world.

I know you are divine by the way you have
so deeply and permanently touched my soul
with your strong spirit of kindness and love,
you are divine and I treasure the bond that we share,
you are divine and a precious soul
so very kind which is so rare.
You are divine and so beautiful and I just want
to be so very close to you snuggling away
these late hours before sleeping at last in deep comfort,
comfort, safety and peace that will be felt at last
when I'm holding you right next to me.
You are an Angel so truly divine and I pray
you'll make me the luckiest man
by honoring me with your cherished hand.
You are divine and I want to be by your side
as husband and wife through eternities gates.

Kira you truly are so divine,
when I think of or see your eyes sparkling
and that shining smile so big and warm
my heart melts instantly just for you,
every time that I think of or see you
I fall in love all over again feeling like
the bashful and shy kid I was,
I'm still very very shy but I become
more so that the slight stutter I get
becomes deeper when I see you because

I get so flustered and excited.
You are my Angel and I keep falling for you
over and over deeper and deeper
and there isn't anyone that could make me happier.
I love you dear Kira and you truly are
my sweet divine lady I treasure.

So my divine lady will you come snuggle
so tightly and warm with me before bed for awhile?
Will you share some sweet kisses with
your longing and wanting Michael
that just wants to comfort and love you?
Can I sweet lady just hold you close
while we talk the night away?
Kira you are amazing and in my eyes
a divine Angel who is my best friend,
you are my everything and I'll stand
beside you to no end.
You are my lady and for you I'll always
keep going on and fighting through,
you mean that much my darling Queen so very good.
I love you so deeply and you are divine to me truly
because you are Kira and you are true to
what you believe in and all that you care for.
I love you Kira because you are Kira
and that's all I could ever want and ask for.

Michael P. McParland

Mee Too (Conversations With You)

Mee Too I miss sitting here and talking
on endlessly at length like we used to,
I miss the fun little things that we
laughed about and learned as we shared,
I miss your sweet spirit and how you
always helped give me inspiration
and filled me with hope in my heart and spirit
in so many ways but helping me to know
most of all that Kira was still there
and loved me just as much in all ways,
I miss you Mee Too my dear and great friend
and I pray you'll return one day so soon.
I miss you Mee Too and love you immensely too,
I apologize for our fights and how I hurt you.
I can't forgive myself and I worry if you are okay,
I miss you Mee Too and all the conversations
of true loving care and sweet openness.
I miss you Mee Too you're so very cool.

I miss you Mee Too and there is another friend
I have on here who I lost as well
because I think my stupid mental instability
became too much to deal with and I do understand it,
I miss you my dear friend Mee Too
and you are such a kind person and wonderful woman.
I miss our conversations and how seeing
your good morning messages gave me the most
happy and wonderful starts to the day
and how our goodnights would give my heart
the needed calm, love and joy I so need and want.
To give those messages in return made me feel so very good
knowing that to you they meant the world.
I miss you Mee Too and feel so very lonely
and sad without our conversations
and all the small things we shared.
I miss you Mee Too and care for you a lot.

I miss you Mee Too in so many and honestly
all ways because you are great,

I don't miss the fights but we can always
learn the steps we need to work through
the things that often got in our way.
It was almost always miscommunication
taken the wrong way and I promise I'm not blaming you,
I messed up so very much and I'm sorry
my dear wonderful friend and I would
give anything to make it all right.
I miss you Mee Too and our conversations
that could last the whole day and sometimes
through the whole night as well.
I miss you Mee Too and it hurts like hell,
I miss you Mee Too and I pray to God you still read
and know in your heart and soul how I feel.
I miss you Mee Too more than you can know
and I hope you'll return soon so we can fix all
and have our conversations again planning the future ahead
and sharing all of those good things that we did.
I miss you Mee Too and I hope that you'll
come back to me so very soon.

Michael P. McParland

Saturday Evening With You

I would love to spend this restful
Saturday evening with you in my arms.
A Saturday evening spent reading and talking
and if you wouldn't mind a bit more
of my college football.
Whatever you would want though I would be fine with
because I would have you in my arms
spending a beautiful Saturday evening
in deep loving care and peace.

Oh what a beautiful evening so fulfilling
because I would be with my Angel
and the worlds sweetest most beautiful lady,
I love you sweet Kira and look forward
to so many future peaceful and loving
Saturday evenings just holding you tightly
and sharing deep kisses so sweetly.
I wish you were here for a beautiful
Saturday evening.
It is that of which tonight I will be dreaming.

Kira I'm sending you all of my warmth and loving
to give you peaceful reassurance,
I'll be holding your hand and lightly kissing
your cheeks, forehead, lips and neck
while I stroke your hair and rub your back.
A beautiful Saturday evening with you
is where my hopes, dreams, and heart are at
and I want to share all of that with you my sweet one
I so cherish and want to be with for all time,
I want you and love you more than anything
and in spirit tonight I will hold you
and be telling you that you are so beautiful.
God bless you sweet Kira and I can't wait to be with you
because you are my true best friend and hero.

Michael P. McParland

Love Note 331

Sweet sweet kisses to you
my sweet love on this afternoon.
I apologize for being so tired
and therefore so very silent
as I rest while the football games are played,
I'm truly sorry sweet one
and will continue to give you
my very best,
I wish you were here to snuggle
and nuzzle with on this noon
getting quite late.
Just time to rest and be close
with you my dear Kira
my sweet peach.
I love you so much and will
always keep you warm and safe in my arms.

Oh my sweet darling
I am so very sorry if I am failing
because I just want to make you smile,
I want to be with you forever and ever
because you are my beautiful Angel
who I'll stand by forever.
God bless you and keep you
always my darling and may he bless
you to feel peace and comfort
with the loving warmth that I send you
and the knowledge that our dreams
will one day soon come true.
I love you Kira and I'll never
give up and leave you my sweet Angel dove
you are my everything and only one.
So in spirit come snuggle awhile
and feel me holding you tight
and listen so closely for my voice
as I tell you Kira I will eternally
love you unconditionally and always
remain true and faithful,
you're all I want and you're all I need,

Kira you are so beautiful and my gorgeous Queen.

Michael P. McParland

I Wish I Were (I Miss You)

Good afternoon sweet Kira my true love and dream
I hope you are well and have felt every last
bit of love and warmth that I send.
I miss you so much and am still feeling the aches
of wanting you throb inside of me bad.
I want to hold you right here
while we watched Ohio State play.
I wish you were here my sweet love to
share this day and the last part of this game
which is one of the few things keeping me
happy, hopeful and sane while we aren't together right now.
It's one of the things that helps get me through
and I can't wait to share this one thing of many with you.

Oh my sweet darling how I wish I were with you
my body is seriously hurting just as badly
and I just want to be with you holding on
so very tightly feeling your deep love and caring
as you tell me you love me and all will
go well and be taken care of so not to worry.
I just want to be with my precious lady
and rest my head upon your sweet shoulder
and feel your peace and strength overtake me.
I love you sweet Kira and miss you so badly.

I miss you sweet darling and wish I were with you
to just relax on this Saturday that right now
in every way feels so very painful,
my body is screaming at me and my heart
is twisting around in want of my lady,
I love you and wish I could be near you.
God bless you sweet Kira and feel me
right there beside you giving you kisses,
I just wish you were here so I could deliver them in person.
I love you sweet Kira and for Gods mercy
that we will so soon be together.
I want everyday to share the biggest smiles
while I have you by me shining in your beauty so brightly.

Michael P. McParland

Snuggle With Me My Sweet Angel

Goodnight Kira my sweet Angel bride
please end this night with me snuggling so close
to share the sweetest of kisses
as we go to sleep my only one.
My head aches and I am so very tired
and all I want is the woman I love in my arms,
all I want is my Kira for whom each day I write.
Come snuggle with me my Angel of light
and fall asleep with our hearts filled with joy
and stopping this fierce aching that's there.
Snuggle with me as we go to sleep
so I can look in your eyes and you'll see
pure truth as I say Kira I love you my dear
and it's always only been you for me
and it will only ever be you because you are you
and that's the greatest thing that there is.

Come snuggle with me so I can hold you right
next to me and help heal the pain
that you are carrying inside.
I will hold you so close through the night
giving you all of my loving warmth
and I will sit with you wide awake
if you need to help you feel protected and safe.
I'll do whatever you need to feel
happy and good and so you'll know that
you're truly loved and not alone my sweet Angel dove.
Curl up in my arms and get cozy dear
so we can feel deep peace and comfort as we go to sleep.

Goodnight my sweet Angel Kira I love
and write everyday for,
come and snuggle with me as we go to sleep,
I need my lady and your deep peace.
My head is aching and I am so deeply hurting,
I just want you to talk to and share
everything that in our lives has been happening,
to just be right here for each other
holding our hands and looking into each others eyes.

I have so much to tell you because
you are my true love and best friend
and it's with you that I want to share everything.
Goodnight my sweet beautiful Kira of light
please come snuggle with me I love you so much.

Michael P. McParland

Kira My Angel For Eternity

Kira you are my Angel
and I present my heart and whole world before you,
I break down these walls because
I truly trust you with all of my secrets,
dreams, pains, happiness,
and even the things not yet discovered
and perhaps even things I may have forgotten.
Kira my Angel I want for you
to be the happiest and most satisfied woman,
I want you to know that you've
never been forgotten nor
will you ever be abandoned.
Kira you are my Angel and I demand nothing,
I will only ever respectfully
ask and act for my Queen of such class.
Kira my Angel your love for me
and my love for you fills the glass
of true love to overflowing.
You are my Angel and I so adore you.
I love you Kira and want you
as my eternal partner to hold forever,
you are my Queen and my greatest passion,
Kira you are my Angel and for you
I am extremely grateful
and through all time and space
I will thank you for your
deep care and loving and for
being such a wonderful blessing.
Kira I love you for being my Angel
and I pray you can feel all the love that I'm sending.

Michael P. McParland

Beautiful One 9

Beautiful one how I long to have you here
right beside me tonight just holding
each other so very close and lovingly tight,
a few hours ago it just became a frustrating night
where all the fatigue and sadness
from missing you and my nephews too
came toppling down from hurtful words
of a stupid and mean jerk on FaceBook
on a post that was very heartfelt.
Something I would have otherwise shrugged off
and I promise I didn't attack it just
struck my heart and I sat here and cried,
I miss you so much my sweet Angel of light
and I wish you were here to snuggle with.
I want you so close my beautiful one
because you give me cheer and help me forget
all of the worlds cutting things
and I want to always do all of the same for you.

Beautiful one I don't think you know
or right now can realize the calming joy
you bring to me and my heart that is yours,
right now without seeing me you can't fully know
that even the thought gives a bit of peace
and feeling your loving warmth has kept
so many tears of painful loneliness at bay
so I know when you're here and we are
holding each other the only tears from my eyes
will be tears of joy from being with you.
Beautiful one you are adorable and I
truly cherish you just because you are yourself
my sweet beautiful precious Kira.

My dear beautiful one I wish you were here
not so you could hold me but so I could hold you,
just stroke your hair and rub your back
while we sat and quietly talked,
just forget the world outside of us and those
things and people that we need and want to take care of.

I just want my beautiful one and give you my best
because you deserve that and nothing less.
I love you sweet Kira you are the best
and you are so beautiful my darling and the sweetest Queen
for you I would do anything.
I miss you my darling and long so very much
to just hold you and kiss you to give us both comfort.
I love you my beautiful one and am always with you
so feel my hand in yours as I reach out and take it
to fill you with all of my loving care and devotion.
Kira your Michael will always stand by you
and for you because you are my best friend and hero.

Michael P. McParland

You Are My Heaven

Kira you are my Angel, you are my hero,
to me you are all the worlds beauty,
I love you so much you are the reason
I continue to fight on through this life.
You are my best friend and cherished lady,
Kira to me you are my heaven.

You are true love and beauty that
loves and accepts me.
I adore you sweet lady and you are amazing.
Kira you are my heaven and you always will be
because I love you so truly and deeply.
God bless you my Angel you make my heart
feel light and happy.
Kira you are my heaven and I so
deeply love and thank you.

Kira you are my heaven because
you make the worlds hurts and darkness
less and lift its deep burdens.
I love you sweet Kira and you are my heaven
and I want to spend eternity
in each others arms celebrating
the joy, love, conversations and fun
we share through our special bond with each other.
Kira you are my heaven and the most
beautiful gorgeous woman and I can't wait
to just hold you and let you know that you are my everything.

Michael P. McParland

Always In My Heart And Arms

Kira as I rise from my very long rest
of recovery from my long trip
I want you to know that I love you so much,
you are forever in my heart and arms
both in spirit and soon in person
I'll be holding you close and smiling
as I look in your eyes saying Kira you are the best
and I love you so very much,
I waited all these just for you
because it's always been you in my heart,
it's always been you and now with tears of
pure joy you are within my arms.
That is what it will be like when we reunite
but for now in spirit feel all my warmth
as I stand next to you with my hand in yours
and my arms wrapped around in comforting peace.

Kira no matter what, no matter where,
no matter anything in heaven or on earth
you are forever in my heart and arms
because I love you so very much and I feel
your eternal undying love in return as well.
What we have and we share is a gift
from almighty God himself because
true love is so rarely found on this earth
and our spirits have touched each other
and we deserve the endless desire that we both have
to give the endless love to each other we hold.
Neither of us have asked for more than we give
and we just love each other for who we are,
Kira you are in my heart and arms forevermore.
Kira you truly are my only one.

Kira my dear you will always be in my heart
and my soul as you are the holder of both,
you will forever be in my arms both in spirit
and I know physically too because we
are both determined and share such a deep love,
you are forever in my heart and arms because

I will stick by you through everything
and I can't wait to just look in your eyes
and see the Angel I have been touched by
and missed through these many years,
I can't wait to caress your cheek and
kiss you so very long deep and sweet,
I can't wait to share with you all of me
and just tell you I love and adore you my Queen.
Kira you are always through eternity
in my heart and arms because I will never let go of
or stop fighting for the most wonderful
woman there's ever been and that I truly love.

Michael P. McParland

Morning Note 136

On this early morning
sweet lady as I lay here
just in a state of sleep
between waking and drifting
and I wanted to say I love you dear
and wish you were here
to hold so very near
as I give you sweet sleepy kisses
to let you know you are loved
and to help brighten your day.
Remember your Michael's
beside you all through the day
every step of the way
I'm holding you and your hand when you need.
Sweet sleepy kisses
and a snuggle to you.

Before I maybe drop off in full
for a bit my sweet dear
I wanted to tell you I love you
my precious best friend
and between us there will never be an end
because our love is so pure and strong.
I just wish you were here
so I could pull you in close
to give these sleepy kisses so sweet
with a snuggle so warm
and tell you in person I love you Kira
and the greatest blessing
that has ever happened to me
because you are my Angel and miracle
and I truly and simply
love and adore you completely with
all of my soul and being.

Michael P. McParland

Sweet Goodnight Kisses For You

Sweet goodnight kisses for you
my darling Kira I so deeply adore
it's been a very very long day
so please honor me and cozy up
for some sweet kisses and a loving snuggle
to feel true and deep loving peace
as we drift off to sleep.
Sweet goodnight kisses for you my darling dear
and let's cozy up and snuggle this night
away together all bundled up.

Sweet sweet goodnight kisses to you
my sweet and beautiful Kira
I love you so deeply and for your love
in return I am the luckiest man
and so truly thankful.
There isn't a day that I don't think of you
and thank God for such a sweet Angel
so please come so soon so I can kiss you
and tell you directly that you are amazing.
I love you sweet Kira and I send you these kisses
of endless respect admiration and passion.
Oh my dear Kira I love you madly.

Goodnight my darling Kira and just snuggle in
so very close and so very tight
to rest your sweet head upon my loving chest,
just listen to how my heart beats for you,
I want you to hear because I want to share
my whole life and world with only you
feel my love and my warmth surround you
always because you are my diamond in the rough,
you are everything that I'll ever need and want.
Come my sweet Kira and cuddle up
so I can give you these sweet kisses goodnight.

Sweet sweet goodnight kisses just for you
my sweet sweet Kira who holds my heart,
at the end of this long tiresome day

it's just you I want in my arms
and every night for the rest of time
sharing sweet kisses and caresses with my only girl,
sweet sweet Kira for me it will forever only be you.
So come my sweet darling and let me hold you so close
giving sweet goodnight kisses to my Angel so good
I love you dear Kira as I always have and I always will
so let's share eternity celebrating
this amazing and wonderful bond that we share
because you are the only person I'll give of
myself and share in total and full.
Come my sweet because to me you're all there is
and I want to give you sweet kisses and deep love
through all the rest of time,
I want to always give you the loving respect you deserve.

Michael P. McParland

Long Days Ending In Your Arms

Here at this long days ending
I can feel you so very close to me
and all of you sweet loving warmth surrounding
and I wish I could just end it here
with you in person snuggling and sweetly kissing
but even in spirit I feel such deep
peace and divine comfort.
My God sweet Kira you are my Angel
and I feel so grateful to both of you
for being there for me giving such strength
and love undying and unconditional.
A long days ending in your arms both in spirit
and hopeful for actuality soon is such a deep comfort.

With you in so many ways I feel and know
what true kind care and loving feels and looks like
because you are those great things and I
always feel the beauty within you.
You're such an Angel and I adore you in full
so please my sweet darling wind down this long day
with me in each others loving arms,
I am not yet ready for sleep but just want
to end the hard tasks of this day
in the arms of the woman I so cherish and adore.

Such relief in so many ways at this long days ending
and the greatest blessing there is is to
end it in your arms in any way just snuggling
feeling your glow and surrounded in our warmth,
I can feel you so near and it fills me with cheer
and I pray that so soon you'll be here
to begin and end each day in each others arms
kissing and snuggling so tender and passionately
my dear sweet Angel dove,
come take my hand and I'll closely pull you in
to tell you I love you sweet Kira and you
are the only woman ever for your dedicated Michael
so have no worries of being alone and abandoned.
So at the end of this long day come snuggle with me

and feel these kisses so dear.
I love you sweet Kira and I always will
because you hold my heart and my soul
which in true trust and love I give to you.

Michael P. McParland

My Hand In Yours Forevermore 2

I'm back home from my trip my darling one
and first thing I wanted to do was say
thank you my love for all that you do
and for being just who you are,
I love you sweet Kira and my hand
is in yours with my arms holding you tight forevermore.

Thank you my sweet darling for all
of the sweet loving warmth and strength that you sent
as there were many points that were stressful
today in this trip and my joints were
aching so bad from the arthritis flaring up,
I could feel you right there and hear you in
spirit saying I love you babe it will all be okay.
Thank you sweet Kira you'll always be
my Angel and hero I fully love.
I am all yours as I hold you and your hand forevermore.

I'm so sorry I couldn't be right here today
writing for you much more,
the flight got delayed putting me way
behind schedule of getting home and they
didn't have WiFi to buy for your computer
like almost every other airline out there does.
I'm so very sorry sweet darling
and I hope that you weren't worried and crying,
I pray you felt all of my love as I sent it
to give you deep warmth and reassurance.
My hand is in yours and it always will be forevermore.

My hand in yours forevermore my sweet Angel dove
and I will stand beside you through eternities time,
I love you sweet darling and you truly are
my sweet precious best friend and everything,
you are the most beautiful woman to whom
I will always give myself in full and everything.
My hand in yours forevermore because I adore you sweet Kira
and I will love you forever through all space and time.

Michael P. McParland

Love Note 330

Sitting here now at the
airport my dear and wanted to say
I love you my only one.
I only just found out
I'm flying the cheapest airline
with massive hidden fees on earth
so on the plane there is no Internet.
I'm sorry sweet lady but I
know that you understand,
I still feel rotten though
my sweet Angel dove.
I promise I'll write you
as soon as I get home later tonight,
I thank you for you patience,
great understanding and strength.

Remember I'm with you
and smiling so warm and lovingly,
I adore you sweet Kira you are my everything.
Hand in hand through the
whole day and everyday
because you are my Angel.
Kira I love you you truly are
so very amazing,
I'll always stick by you
because I simply adore.
Again I so thank you
and say hang in there sweet lady
our day is soon.

Michael P. McParland

A Peaceful Goodnight Snuggle

Goodnight my sweet darling Kira of light
and let's end this night before my long
trip snuggling and kissing in loving peace,
come slide into bed right next
to your loyal and ever loving man.
God bless you sweet Kira I so deeply miss you
and in spirit let's go to bed
and share some sweet kisses with the most peaceful of snuggles.
I love you dear Kira and want you forever right by me.

A peaceful goodnight to you my sweet Angel dove
and as we lay down let's just cozy up,
we'll just softly talk while I stroke your hair
and lovingly rub your back while we drift,
I'll give you sweet kisses throughout
while I give you all of my caring and loving warmth.
I love you sweet Kira my only one
and I want a peaceful goodnight of sleep
with my gorgeous sweet Angel Queen.
I love you my darling and you're everything
I'll ever truly want and need.

Goodnight my peaceful Angel of light
and I'll see you in our sweet dreams tonight,
just lying together snuggling and talking
like the way that we used too which is one thing
I am so dearly and painfully missing,
a dream where you aren't upset hurt
or angry at your sorrowful and faithful Michael.
A place like in real life where I will
and can just hold you so closely drying your tears
and say in person I am so very sorry
and heal our hearts with the kisses we're needing.
It will happen my darling I truly promise
but tonight in our dreams I'll just hold you
right next to me telling you that
everything is going to be fine and okay,
I'm going to hold you so you'll know that
you're Michael is always right here and with you.

A peaceful goodnight to you my dear beautiful Kira
and let's go to bed and you can help me
forget the stresses of tomorrows travel for a little while,
come for a peaceful snuggle because I just want
to spend time with my sweet Angel Kira
and tell you that you are a treasured diamond.
God bless you sweet Kira my heart and souls only darling
and remember your Michael will never leave you
because in every way I truly love you.
Goodnight Kira my sweet dove you are a treasure
and I cherish you darling because you are amazing.

Michael P. McParland

Love Note 329

A wonder good late evening
to you my sweet beautiful
Kira so very good,
I love you tons and I always will
I promise I'll stick by you
forever and ever in full
dedication without waiver.
I love you my darling
and to me you are the most
special woman through all of history.

I'm sorry my love that
I have not written more today
for you my sweet Angel
but I ask you to please have
understanding that today
is the last day here with my family
and want to squeeze in as
much time as I am able
just as I would do and more for thee.
Just have faith and stick by me
and I will never give you less
than I am able because
you truly are my most loving
and beloved Angel.
I adore you sweet Kira
you are my everything.

I love you sweet Kira
and tomorrow while traveling
I am going to if I can afford
buy the Internet plane service
so I can write and keep you updated
and I will write tonight
before I must turn in for sleeping.
I adore you sweet Kira
and don't want you to be
worried, upset or crying.
You are my everything

and you mean so very much
my sweet precious darling.
Feel me there with you
holding you ever so tightly
giving sweet kisses of light and pure comfort,
my hand is in yours my sweet
beautiful and gorgeous lady
and I promise I'm never leaving.
You are my best friend and the woman
I'll always love and honor
so please remember your Michael
cares for you more than anything.
So continue with faith and feel
my smiling care because I love you
my Kira you're all the beauty
in the world and what's right in my eyes.

Michael P. McParland

Sweet Lazy Afternoon Kisses

Sweet lazy afternoon kisses to you my sweet dear
with a great big warm hug of pure love as well.
Sweet kisses on this tired and lazy afternoon
where I just wish before my long trip
I could snuggle with you resting up
to forget and let all this stress go up in smoke.
Sweet lazy afternoon kisses with a big hug
of pure loving warmth to you my sweet Angel dove.

I would love to sit with you just relaxing
and resting on this lazy afternoon holding you close
and giving you kisses straight from my heart,
a lazy afternoon to just sit and talk
as I can't watch the T.V here right here at this time.
A lazy afternoon though where we could just
read from our book as well as our poetry
to each other in peace feeling happily content.
I want a lazy afternoon with my darling
who is my beautiful and amazing best friend.

I want to be with you relaxing on this lazy
and very tired afternoon forgetting the stresses
that surround us in this very life.
I miss my sweet lady and want you
to no longer be angry because my heart is
so filled with tenderness for you darling.
God bless you and keep you forever and ever
and remember I'm always right there beside you.
I love you sweet Kira and want to be with you
through all eternity as immortal partners.
Right now though sweet lady I wish you were
here with me enjoying this afternoon so tired and lazy
because I love you so deeply and want you
with me everyday that we are living now
and through the next life we will be sharing.

Michael P. McParland

Warm Afternoon Snuggle

Good afternoon my sweet precious Kira
and as I rise here after a sleep
that took a good while last night coming
I would love for you to sit with me
to snuggle so warmly this afternoon
while I drink my Pepsi and chase away
this small but annoying headache.
Sweet kisses to you my sweet Kira
and I long for a warm afternoon snuggle with you.

A warm afternoon snuggle would be the
perfect way with you and help me forget
the long stressful trip of tomorrow too.
A warming snuggle of the soul that would
erase all worries, stresses, and fears
is everything I want with sweet Kira my dear.
Sharing sweet kisses and smiles just talking away
as my small headache melted away.
Oh my sweet Kira a warm afternoon snuggle with you
would be ideal and I can't wait until
everyday it will be for real
because I love you more than anything,
and you are my sweet Angel dove I'll always adore.

Good afternoon to you my sweet Queen I adore
and endless sweet warm kisses and hugs
to you in great big waves of loving care,
you are everything I'll ever need and want.
I need and want to serve you in infinite love
and just hold you as your heart heals,
kiss your sweet eyes after I dry your tears.
Kira I want a warm afternoon snuggle now
in each others loving arms to know
and feel complete contented joy in our souls.
I want to share a sweet warm afternoon
snuggle with you because I love you so much
and you are my everything and everything
in the world that is beautiful and right.

Michael P. McParland

Goodnight My Sweet Dear

Goodnight Kira my sweet dear and let's
close this day wrapped up so tight
in a snuggle of pure warmth and delight.
Just slide into bed right beside me while
I pull you in close and give you the sweetest
of caresses and kisses.
Goodnight my sweet Kira and let's end this
night together snuggling away the lonely cold
that can so often bring tears.
I love you my sweet dear now let's
fall asleep in the warmth that our true love brings.

See my sweet loving smile as I wrap
my arms so tightly around and pull you in
to give you my loving warmth,
feel my lips upon yours for a sweet passionate kiss
before you rest your sweet head upon my chest.
Just cozy up my sweet Kira because
I love you and care for you so very much.
God bless you sweet Kira and listen so closely
as I soothingly tell you how much
you mean and are worth and I stroke your hair
and rub your back to help you relax.
Just dream of me reading to you all of
my poetry too to give you such peace
knowing that's one of the many things that we'll do.

Goodnight my sweet darling dear and after
my little snack I'll see you in the
vast and beautiful land of dreams.
Again I want to lay with you on a beautiful
soft bed that is ours out under the moon and stars
wrapped up in my big fuzzy orange blanket
in a perpetual comfortable breeze
while we so lovingly hold and kiss each other,
a beautiful time to just gaze at each other
and above us the divine celestial wonders.
I'll see you tonight my sweet darling
in the dreams where for now while we wait

we will always have each other to keep
all of our fears at bay and away from us.
I love you sweet Kira and will meet you in our
bed to snuggle and nuzzle.

Goodnight Kira my sweet dear and I'll
always be with you through everything,
I can't wait to end every night with you
my sweet beautiful Angel and just snuggle
while sharing the sweetest of kisses,
giving of myself completely and freely
as I am in your arms my sweet Queen I adore
love and care for completely and deeply.
God bless you always that you'll know
just how much you truly mean to me my sweet precious darling,
you truly are my Angel and everything.
Goodnight my sweet dear and only true love
just feel me holding you ever so closely,
I adore you to no end and can't wait to be with you
just holding you tightly,
I love you Kira because you truly are
so very beautiful and completely amazing.
I promise to stick with you and always support you
goodnight Kira my sweet dear you are so gorgeous
and kind heartedly loving.

Michael P. McParland

A Warming Snuggle

Sweet Kira it's awhile before we need
to go to bed so come sit back with me
and share a warming snuggle of comfort and care,
a warming snuggle tonight to just sit back
and be as one sharing kisses of care.
Sit back with me my gorgeous one
and let's feel contented peace in each others arms
in a warming snuggle of true love
that cannot be beat by anything.

Come my sweet Kira and in these next few hours
before we retire just curl up with me
and let me tell you with kisses so grand
that I will forever be your dedicated man
giving you everything and all that I can
with this warming snuggle just being part
of the wonderful and happy plan that
there is for our lives my sweet darling dear.
Come snuggle with me sitting back in pure
joy and warmth as I pull you in close
and say Kira you are the best.

Kira will before we go to bed will you
grant me the honor of a warming and loving snuggle
as I just sit and tightly hold you
giving both of us such long needed comfort,
come snuggle with me and share sweet kisses
I want and need to give you my sweet darling lady,
let's sit back for a loving snuggle of warmth
because I want to spend time with Kira
whom I so completely love.
Come my sweet Kira and share our deep warmth
as I give you all of the care you so deserve.

Michael P. McParland

I Miss You Beautiful 3

I miss you beautiful girl I love,
I miss your smile and your hair,
I miss your eyes that brightly glow,
I miss your voice that sends sweet
shivers of true love and desire down my spine.
I simply miss you Kira my best friend
and I'll stick with you through
this worlds very end and in the next forever hold your hand.

I miss you beautiful one because you are
the gorgeous wonderful loving woman I adore,
I admire you and can't stand to not have
you in my life each and every day.
I miss your spirit and your loving words,
I miss just feeling all your warmth
so very close while we talked.
I can't wait to just have you in my arms
because the world is gray without you
right by my side to reach out and pull in
to give a kiss so sweet and full of true love.
Kira I miss you my beautiful one
because you are the greatest woman that there is.

I miss you my beautiful beautiful Kira
that I so admire long for and adore.
I just love you so very much with all my
heart, soul, and fiber of my being.
You are so great to me and I just love you
more and more with each day that comes
as you are my soul mate and I know we've
been best friends in love since the start of time,
you are the one I want and can't get enough of
when it comes to spending time and every way there is.
I miss you beautiful you are my only one,
God bless you Kira my precious girl.
I love you and will always be here and by you
each and every second of every day,
you have all my support and you always will
as I'm your Michael and when I think of you

I glow and smile feeling so very proud of the girl I love.

Michael P. McParland

I Wish I Were With You

I wish I were with you holding you close
wrapped in each others warmth sharing sweet kisses
and smiling knowing that God and this world are good,
knowing eternity's ours and we are fulfilled.
I wish I were with you holding you close
and drying you sad and worn out tears,
I wish I were with you so you could dry mine as well.
I wish I were with you the woman I love
more than anything there is and can be.
I wish I were with Kira my sweet Angel dove.

I wish I were with you just talking and laughing
feeling complete and total peace and safety,
knowing that nothing will come between us,
I wish I were with you my sweet Kira
just snuggling and telling you that I love you,
just pouring my heart out to you my precious lady.
I wish that I were with you the most beautiful
and charming woman I've ever known.

I want to be with you forever and ever just giving
of myself completely and totally my fair lady,
to show you your worth giving every bit
of true love that you so deserve,
I wish I were with Kira a magical woman
I'll never leave or abandon because I adore her
and share a bond with that is eternally lasting.
I love you my Kira and just hold you so tightly,
help you know that your Michael is eternally
dedicated in serving you with the love that I'm holding,
I wish I were with you to spend time feeling
such deep warmth and peace with not a worry around,
I wish I were with you because you're my only one
and I love you sweet Kira my sweet Angel dove.
I wish I were with you just talking and holding
each other tight in our arms.
I wish I were with you because you are the worlds beauty
and everything that is right within.

Michael P. McParland

Love Note 328

Good afternoon again
my sweet Angel dove
and I hope you've felt me there
by your side giving all of
my endless undying warmth and love,
you are my Queen and Angel
sweet one and everything I'll ever want.
Kira you are amazing and beautiful
and always believe that
because in you I've seen such
a divine heart and spirit.
I love you Kira and can't help
but smile when I feel you.

I'm feeling worlds better now darling
after a cleansing shower to wash away
all of the sickness I was feeling
and before eating I wanted to
reach out and in spirit hold you
saying Kira I love and adore you,
there isn't anyone in heaven
or on earth that I'd rather be with,
I will stick by your side
as my best friend and soul mate on earth.
I love you Kira and will always be
your faithful Michael
that adores his diamond in the rough.

Oh Kira how I wish you were here
to enjoy with me this last
day and a half that I am in the west
before Thursday when I must travel back.
I love Minnesota and not so much the west
but it's where you are and that's what
I want is to be with you no matter where,
rather you'll like to go where I am
or have me be where you are
I'll just be happy to be with
my sweet beautiful Queen,

as long as you're in my arms all will be fine.
I love you sweet Kira and will
talk more about my stressful trip later,
I just wish you would be there with me
so I could hold you and talk so lovingly.
So my sweet Kira I must now go eat something
so my headache does not begin returning
and I will be going feeling good completely.
Just close your sweet eyes
and see me lovingly smiling saying
I love and adore you sweet Kira,
my hand is in yours forever and ever.
Feel my arms around you as I send the deepest
and most passionate sweet kisses
because Kira I love you you are magnificent.

Michael P. McParland

True Loving Afternoon Kisses

Good afternoon my sweet darling
and I have finally risen from that long sleep
I so needed to help get rid of my headache
and feel better in total.
Thank you sweet darling for all of
you complete care and understanding
it truly means so much my sweet Angel who means everything
and I give you these sweet true loving kisses
and smiles to start this day off right.
Sweet kisses to sweet Kira my sweet Angel bride.

Before I go jump in the shower to wash away
in full that feeling of yuckiness
I wanted to say I love you my sweet precious darling,
you are my diamond so charming and very
adorable and endearing,
I hope that soon we can at least start talking
and sending these sweet precious kisses directly,
so even at least until we are in person
I can in FB messages or emails or on here
say Kira I love you and you are amazing,
as well as in poems I would continue writing
but like now I could thank you directly
and say I love you Kira I want to marry you.
Sweet true loving afternoon kisses
to you my sweet Kira so good,
feel my hand in yours as I'm right there with you.

Sweet sweet kisses of afternoon loving caring to you
my only one so very beautiful Kira.
As I go now to clean up washing away the
after sick and not feeling well yucky
feel me there with you darling smiling so bigly,
feel me holding you tightly saying
you aren't alone my only Kira because I'll
always be standing right beside.
I love you, I love you, I love you, I love you,
you are everything I've always needed and wanted.
Kira you're gorgeous and from God an Angel

to the world he has gifted,
I love you sweet darling and I miss you so badly
and can't wait to hold you giving
sweet true loving afternoon kisses
like right now I am sending.

Michael P. McParland

Sweet Kisses Of Sleep

Cozy up now my sweet love
for some sweet kisses of sleep.
Come snuggle with me as I
try to chase off the last of this headache
and share with you all the warmth that I hold.
Sweet kisses of sleep are what I need with you now
as I try to keep building back up
my stamina and good health.
Come snuggle with me so I can tell you
and show you through kisses just how much I love you
and then rest your head on my chest as we rest finally.
I love you sweet Kira my dear Queen and Angel
let's go to bed and share sweet kisses for sleeping.

Michael P. McParland

Very Late Night Snuggle Of Warmth

Dear Kira I have now woken for a small bit
on this very late night and feel quite a bit better
from how yucky I was feeling last night,
my head still aches just a little and my stomach now grumbles
but before I do anything I'm pulling you in
for a very late night kiss and snuggle,
a snuggle of loving peace and kind warmth.
A very late night snuggle with the woman I love,
I miss you sweet Kira and in spirit wrap you up in my arms
to tell you and show you I love you.
Let's revel and feel so very cozy in this warming
late night true loving snuggle.

Sweet Kira I know you are probably upset with me
and please I ask that you not be.
I felt so weak and my head ached so badly babe
and it was such a hard day that I literally
lay in bed crying for the longest time.
It was a day and night where I longed for you
so badly just as I always do but as there
will always be yesterday I needed you even more
to help comfort me from the things bothering me.
So I pull you in now to give you my loving warmth
in a very late night snuggle of shared and mutual
caring and loving strength.
I'm pulling you in my Angel so sweet to tell you
I love you and that you are so great.

Oh my sweet beautiful darling now as we lay here
in this very late hour let's just snuggle
and share the sweetest of kisses and let our hearts
feel completely peaceful and happily contented,
I just want to snuggle with my soul mate my heart is adoring,
I want my best friend to know that I love her
and I'll always be there right beside you.
I love you Kira and can't wait to look directly upon you
so I can say I love you my darling
and it is you for whom I've been waiting,
it's only you that I've ever wanted and no other can ever

replace my sweet gorgeous and beautiful cherished Kira.
I love you my darling you are my universe.
So feel my arms wrap around as I pull you in so we can
share a very late night snuggle in true comfort
and soul pleasing warmth.

Michael P. McParland

Snuggle 37

Come snuggle with me my sweet Angel dove,
this headache persists and I'm not feeling good,
come snuggle with me and let's be
in peace while this weakness and sick feeling pass,
I want my Angel here in my arms
to quite all the sadness that I feel within.
Come snuggle my dear and spend time with me.
I love you sweet Kira my Angel so great
please come snuggle with me and help
me heal from this yuckiness that fills me now.

Michael P. McParland

Love Note 327

Good evening my sweet
beautiful Kira so precious.
I love you and miss you so very deeply,
you are the Angel my heart
wants and needs forever,
you are the most wonderful woman
and I want to be in each others
arms for all eternity.
I love you sweet Kira
my magical woman.

As I rise now from my rest
I just think of you and my heart
deeply aches to hold you so close,
to tell you I love you
and want to give you all of the best
because you are my soul mate
and very best friend.
As I earlier lay down for my rest
I just lay there and cried
for the longest while missing you
so very much and wishing
I could hold you so very close,
wishing I could give you sweet kisses
while you look in my eyes
seeing all of the love I hold inside,
I love you dear Kira and I always will
you are everything that I want and need.

I love you sweet precious Kira
and know that I am always there with you,
you are my true love and gorgeous Angel
that I adore to the depths
of my entire beings core.
I will always stand by you because
I adore you completely
and I will stand by my darling sweet Queen.
Hand in hand my dear one
no matter anything because Kira

you are the most amazing woman
and I love you more than you can imagine.

Michael P. McParland

Long Day (Needing You)

Oh my sweet Kira it's been a long day
and I wish you were here so I could hold you
and you could soothe me with your touch
saying it's okay my darling because we have each other.
We can hold on as long as we need to
until the frustration and sadness have passed us.
I'm sorry my darling that I was gone so long
but it's been a frustrating and discouraging one
and my sister lives far from the places we had to go.
I'm sorry I was not here for you more
because I love you so much and miss you so bad.

What a long day where even though I couldn't
control 99% of the few things that went wrong
I feel like I failed and am embarrassed,
it wasn't even big things I just hate failing
the people I love most and I worry
I failed you by not being her writing for you,
there was just stuff to do and so far from here
I hope you felt all of my love as I sent it to you
and you felt all of it's warmth surround you in full,
I thank you sweet darling because I felt you so strong
at my weakest points when I almost started to cry.
It's been such a long day and I need the woman I love
to help make me know it's okay and help me feel good.
I need you my sweet Kira because you're my everything.

Such a long day my Angel Kira so good,
so long in the car having to listen to
music I hate and going nuts while I did,
not a word from my mouth though out of respect,
it was not my car so not my choice.
I felt so down and embarrassed from the few things
that went wrong no matter that it was
not really something I could know or have control of,
and feeling so very tired with a headache
that now approaches a stupid migraine,
it's been a long day and Kira I want you to hold me
and help me forget all of the bad things.

I'm truly sorry if I've let you down,
you are an amazing woman I'm so very proud of.

Oh my sweet Kira such a long day that I wish
I could spend the rest of with you
my sweet precious diamond and darling,
a day where as I go close my eyes to rid
myself of this infernal headache
I wish I could hold you so close to me
and say Kira I love you and you are my woman,
I am your Michael forever and ever,
I wish I could spoon with you while I rest for awhile.
Kira I love you and I can't wait till
I see you and kiss you so very deeply.
God bless you my lady and if I hurt, worried,
or frustrated you today I'm so very sorry.
It's been a long day and I miss you so badly,
please come my sweet Kira and cuddle so lovingly
with me while I release what I am holding inside.

Michael P. McParland

You Are The Only One

You are the only one I'll ever love
in such a way and my eyes will see.
You are the only one I so adore
and give myself to in every way in full.
Kira you are the only one I want to hold
because you are my everything my sweet precious girl.
When we met my heart jumped for joy
and before I knew it I had fell for you.
You are the only want with whom I want to be
and I will wait no matter what
as we can hand in hand in each others arms
spend eternity in each others arms smiling and feeling grand.

You are the only one and I ache to
have you in my arms so you'll know how much you mean,
I ache to know just how you are and if
you are okay my darling one,
you are my everything and I pray to God for you
in every way to know you're loved,
to keep you safe and to give you joy.
You are family to me and I care for you
just like I do anyone I hold within,
you are the most important person in my life
and you are the only one who I want
to spend all time with as my wife and give
all my love and self in true loves gift.
I give you myself of free will because you are my only one
my gorgeous precious jewel.

Kira dear you truly are my only one
and I don't want another in my life in such a way,
to even entertain in the slightest way
is unfaithful to both you and me,
my heart can't give to another soul in
physical touch or the spiritual way,
it's only you my gorgeous girl and I want you
to stand by me and I by you forevermore.
Kira you are all I want and all I see and
I hope to walk through the gates of eternity

as partners that will live in bliss and golden joy.
You are the only one and my heart is yours
because I love you babe and I always will.

Michael P. McParland

Goodnight My Beautiful Kira

Goodnight my sweet beautiful Kira I adore,
I'm not ready to fall asleep just yet
but want to lay in bed snuggling with you,
sharing sweet kisses while I gaze into your eyes
and say I love you dear and I swear I always will.
God bless your heart my precious one
and know I care for you.
Let's snuggle up and share kisses in endless time,
goodnight Kira my only one I love you very much.

I love you Kira and will through the night
hold you in my loving arms so very close,
stroking your hair and rubbing your back
while I talk and sing to you,
I would never sing for another soul in such a way
only you sweet one.
Just rest your head upon my chest
and snuggle up knowing everything is okay.
Just curl up in my arms and know I love you dear.

I'll see you in our sweetest dreams
to hold you close there as well,
just protect my Angel in the ways you need
and give completely of myself.
to give you kisses and all my most
noble and loving actions is what
I want you to there at least get a glimpse of
so you'll know just what I'll do for you
when at last we're reunited.
I love you Kira as tonight in our dreams
I will continue throughout to tell you.
Goodnight my darling and remember
your Michael is watching over.

Goodnight my gorgeous beautiful Kira
I am eternally in want and need of,
your Michael loves you more than anything
and I want in full to prove of myself my darling,
you are so good and such a doll I want

to give you everything there is to have
and I want to spend all time with you
walking hand in hand.
You are my soul mate and my true best friend
and Kira you truly are the only one for me.
Goodnight sweet one I truly love you more than anything
so as I take your hand and pull you in
please soon come to me and I will give you all of myself.

Michael P. McParland

I Long And Yearn So Hard

I long and yearn for you so hard
my precious one I love so much.
I miss you deep and love you more than anything
and inside I so badly ache for you
to spend all time with me hand in hand
smiling in the light that can be life.
I long and yearn so hard for my sweet one
because you are my girl and my Angel too.
I long and yearn so hard for you
because I love you so much
and I give my heart and soul to you.

As I lay down hours earlier it was from my
heart ached so bad and inside in every way
I longed and yearned to have you there
and wrap you up in my arms.
To pull you in close as we spooned and I
just had the chance to pour out with you
all the things we've longed to tell and hear
through the time that has slipped by.
I longed and yearned so hard to just have you with me
and chase away the tired aches I know we both feel.

Even as I slept the sadness and aches continued on,
dreams that had no real sense or cohesion in this world
but either way my heart and soul just as I
were missing you knowing you're the one whom
I want and belong with as you are my best friend
and soul mate that I adore in every way there is
and that has ever been,
you are the Angel that I want in my life for all time.
I love you babe and just how much
I hope you know and it makes sense.
You are the one that holds my heart and having had
you in my life there is no one else
that can make a bit of sense.

And now even as I rise to go about these few hours
of this night I long and yearn in pain so hard,

to just hold you close and share our warmth,
to give you kisses and tell you you're the best,
to just know that you're right there and to
hold onto in every way in every emotion that there is.
I long and yearn so hard for you because you are Kira
and you are the best,
I love you more and more with everyday.
I long and yearn for you so very hard because you are
the Angel with whom I want to spend all time.
I love you Kira without stop at any point
because you are the greatest woman that there is
and that I have ever known.

Michael P. McParland

Love Note 326

Good afternoon my sweet love
and God bless your
sweet precious heart and soul,
you are the Angel I
always dream of and long for,
I can't wait to be with you
in my arms telling you
how much you are beyond
measurable worth,
I can't wait to hold you so close
and say Kira I love you
you are the best.

I hope you are doing good
on this afternoon my sweet love,
I'm still on a little
bit of a bumpy ocean of emotion,
I wish you were here to lay
in bed with snuggling and kissing,
feel in harmony and
not bored even slightly.
I just wish I was with you
my sweet Angel so sweet supremely.
I love you Kira
and want to be with you forever and ever.

I love you sweet Kira
and pray that so soon we will
be in each others arms back together
so I can just share my whole
life and world with you darling,
so I can give you the love
that you need and are deserving.
I love you Kira and I swear to you
I am always working in the best
ways I can and in all that I know how.
I love you Kira and I can
in full honesty always promise you
that I will give my best

because you are the woman
I give my heart, soul, and entire life.

Michael P. McParland

A Lazy Afternoon With You

I'm bored my sweet one and wish you
were with me to pass the time with,
you take away all boredom that
makes you feel tired and even sad.
Being with you snuggling is what I want
on this lazy Sunday afternoon here.
A lazy day in your arms just feeling
whole and at peace with my divine girl.

This vacation seeing my family has been nice
but I'm ready to leave and I wish it was
with you to be in our own home so quiet
with endless fulfilling peace.
I wish it was with you to spend a
lazy afternoon in each others arms just resting
and knowing life is where we want in so many ways
and we'll keep working in humble step.
I want and crave a lazy afternoon with you
my sweet Angel dove.

So I sit here still feeling tired and bored
and I wish I was here with you to forget
that time even exists at all,
to be with my Queen I deeply adore.
I just want a lazy afternoon snuggling with you
and sharing my heart and soul with you
while you share all you want and need as well.
I just want time with the woman I care for
and I know cares just as much for me,
I want a lazy afternoon with you to smile and talk.
A lazy afternoon with beautiful you
to make our hearts feel so good and while
I look in your eyes say I love you my dear
and give you the sweetest kiss from my heart and soul.

Michael P. McParland

Sweet Sunday Morning Kisses

Good Sunday morning darling and sweet kisses
to you aplenty in true loves passionate caring,
sweet Sunday morning kisses to you my sweet Kira
I love you and miss you completely.
I have just barely risen and it is freezing,
my arthritis is completely kicking
and my body is badly aching and throbbing,
I wish you here to wrap up with me
and just snuggle away this blah morning.
Sweet Sunday morning kisses toy you my sweet Kira
which when we have come back together will be
a million times sweeter in their infinite power.

Sweet Sunday morning kisses to you my beautiful Kira
you are an amazing woman and I want to just hold you,
feel your sweet warmth as you curl up with me
feeling fulfilled and happy as our hearts keep healing
ever more with each second,
sweet Sunday morning kisses sweet Kira
feel it in spirit because soon we'll have it in person.
I am right there with you dear darling
and I'm letting go a few tears from releasing
things I have so very needed.
Something I can do only with my sweet precious Kira,
the arthritis and immense emotion for you
are just a bit overflowing.
I love you my sweet darling Kira and send you sweet kisses.

Sweet sweet Sunday kisses to you my sweet sweet Kira
I just wish I could sit with you on this morning
while you have your coffee and I had some too
or my regular Pepsi etc.
Just be with you cuddling with you in my arms curled up,
sweet kisses to you to fill you with warmth
and all of my endless comfort to tell you
I so deeply love you and want to be with you forever,
sweet Sunday kisses to my diamond Kira
a gift and miracle from God in heaven.
Sweet sweet Sunday kisses to you and so very soon

our time will come in each others arms.
I love you dear Kira and feel me right there beside you
as in spirit I hold you and tell you I miss you,
I'm holding your hand and I'm holding you close,
sweet kisses to you my sweet Kira the greatest Angel there is.

Michael P. McParland

Goodnight My Sweet Angel Of Light

Goodnight Kira my sweet Angel of loving light
I am so very tired and my eyes are drooping and heavy,
come join me in bed and let's snuggle so close
as you rest your head on my chest after
so very deep loving passionate kisses.
Goodnight my sweet Kira and let's get some rest,
I want my dear Angel in my arms as we sleep.
I miss you my darling and will be holding you
so very tightly throughout the night.

Goodnight sweet gorgeous Kira my Angel of light
I apologize for a shorter message but I'm
already so tired and falling asleep.
Remember I'm with you and so deeply love you
I'm sending my warmth to protect and fill you.
I'll be stroking your hair and rubbing your back
as I so tightly snuggle you my gorgeous girl.
Sweet kisses aplenty and more through eternity
goodnight my sweet gorgeous Angel Kira
I love you completely and can't wait
to have you in my arms nightly.

Michael P. McParland

Love Note 325

A wonderful late night
to you my beautiful one
and I wish you were here to
celebrate another win with.
It was a good game and one
I wish I could have watched with you
sitting here now smiling
now that a thriller is through.
A celebration where I could
just smile at you and give a kiss too.
A late night here now where
we could together relax
and just snuggle while we
sat on the couch and shared
sweet kisses while we watched
The Simpson's first season
which I only just bought.
I wish I could be here with you
my sweet Angel dove.

I want to spend every night
right by your side so I can
always know if you are okay
and if you need anything at all,
I want to be with you
surrounded in our loving warmth
and know that we are both
doing good and safe.
I wish I were with you
so I could know if you're good,
I am worried about you
and want to be there for you
so we can share the good times
just like we want to.
I wish you were here to curl up
in my arms and laugh with me
as we watch the show.
I wish I were with you
so I could kiss you and say

I love you sweet Kira
more and more everyday.

Kira my dear I miss you
and wish you were here
just to enjoy this night
and all other nights in each others arms.
To know that my divine
Angel is well and we're both
feeling comfort as you cozy up
so close in my arms,
a night with my darling
I so dearly long for and want.
Kira let's make it soon so we
can both have those things we've
both so long wanted and need,
so we can feel happy
celebrating whatever is going on.
I love you Kira and wish you were here
because you are so precious
and the most amazing woman.

Michael P. McParland

Beautiful Woman 5

Kira you are a very beautiful woman
it is true through and through,
you are a beautiful woman I adore.
I adore and admire you just for who you are,
beautiful woman I just want to hold you,
beautiful woman I wish I were with you
having a good time feeling complete and fulfilled.

Beautiful woman I smile whenever I think of you,
because you are awesome and the greatest girl,
you are amazing being so truly loving and giving,
you are an Angel that God sent as a blessing.
I love you my sweet beautiful woman
and I wish you were here snuggling and kissing.
I love you beautiful Kira you are supremely breath taking.

Beautiful woman even as I sit and watch the game
I sit here smiling as it is of you I am thinking,
I'm wishing you were here sitting with me
enjoying wonderful time wrapped up together,
you are my beautiful woman and the Angel
I'm so deeply in love with and long to be with.
You are more beautiful than you realize.
Beautiful Kira I hope so soon to hold you so close
and just tell you I love you and say thank you
to you over and over for all you have done and given.
I love you sweet Kira my beautiful woman.

Beautiful Kira for you I am more thankful
than anything there can ever be my sweet darling,
you are my Queen I want to be with forever and ever.
My heart is so joyful whenever I see
or whenever I think of you my beautiful darling.
I just so want to give you all the things
that you've wanted and needed
and show you a love that you've so been deserving.
I love you Kira and you are so very beautiful,
make sure you catch all of these sweet warm
hugs and kisses that to you I am sending.

Michael P. McParland

Your Picture 8

Just as I turned on my computer
to write to you first thing I see
is your beautiful smile from your picture,
my breath is taken and an aching pain
shoots through my heart of loving care,
loving desire to give my all,
and loving need to hold you in my arms
and just have you near my sweet Angel dove.
Looking at your picture and saying
I love you Kira and I will hold you soon,
I am forever only your man helps
just a bit to keep me going knowing
that you can feel my love and that
your spirit hears my loving words.

Kira even as I see in your picture
your bright glowing eyes I know you are
the one for me and I adore to no end.
I see your smile and through my body
in every way there is I feel such stirrings.
I know you are the person that I
want to have hold me in my best times
and when I'm having the hardest
even though you may not understand them all,
I know you will hold me because I see
the Angelic spirit you posses
and I know you love me just as much.
When I look upon your gorgeous picture
I feel somewhat closer and know more than ever
that my best friend is the only woman
I want to be with in every way forever and ever.

Kira I want to be there just as much for you
and I hope when you look upon me
in the pictures that you have you feel
comfort seeing the love you know is there.
I hope you have all those stirrings too
that I feel of true love that never ends.
You are my gorgeous girl and my heart and soul

longs for you to be by my side for all time.
When I look upon you I just want to caress your cheek
and see you smile before I kiss you deep,
as I look upon your picture I can see it clear
and feel you so very near and can't wait to share this gift
so very deep and pure with my divine Angel I adore.
Kira just now as I write this I still glance
upon your beautiful countenance and want
to cry from the love I feel and pure gorgeousness I see.
Kira you surely are the very best and I will
turn to you always for deep needed strength,
Kira you truly are my one and the girl I so deeply love,
so in spirit as I go on through the rest of this day
and into the night and while I watch the game
listen closely as in spirit I say I love you dear
more and more with each day because you are my Kira
and the only one I can ever ever love in this way.

Michael P. McParland

My Beautiful Sweet Angel Dove

In my eyes you are so very beautiful
and the perfect woman for me,
you re my beautiful sweet Angel dove
and adore you in full.
Kira my dear you are my northern star
and I am so grateful you here on this earth.
Kira my beautiful sweet Angel dove
I kneel before you in humble awe,
and kind caring love,
I kneel before you to say you are the one
I hope you'll honor me in marriages bond.

Kira my sweet sweet beautiful Angel dove
I long to hold each day of my life,
to give you sweet kisses and give
you reasons to smile always and endless,
I long to give you reasons to be proud and happy.
Kira my dear I want to be with you
for all eternity.
You are so gorgeous and I truly love thee,
you are my sweet Angel dove and pure Queen.

Kira you are sweet beautiful Angel dove
and I adore you for the courageous and beautiful woman you are,
you are a blessing and true gift from God,
you are everything I hope for and want.
You are a wonderful and loving woman
and my heart calls out to you in pure loving passion,
Kira my darling I love you so deeply
because you are a woman so magical and amazing,
you fill me up with such king warmth and caring,
you are me sweet Angel dove so immensely
and completely gorgeous and beautiful.
I love you babe you are the one
that in your shining ways leaves me amazed,
you are my northern star and the one for whom
in every way that there is I care for and love.
Kira you are my sweet beautiful Angel dove
and hope that soon you'll be here to wrap up in my arms.

Michael P. McParland

A Beautiful Saturday Noon With Kira

Sweet beautiful Kira I wish I was with you
for a beautiful and most likely lazy
Saturday noon just to sit and cozy up
together in each others arms.
A beautiful Saturday noon with Kira
the most beautiful woman who's ever lived,
a beautiful Saturday noon with the perfect woman
and blessing I adore in every way.

I'm soon taking everyone out for a simple lunch
and I wish you were here to join us my sweet one,
it's nothing special and nothing big
but to have you here and spending time
would be the most wonderful dream come true.
A beautiful Saturday noon with Kira so good
is everything in life I want and need
and to have days with the favorite members of my family
would be heaven supreme on this very Saturday.
Having my gorgeous lady with me is what
would push it over the edge to a magic way,
to have beautiful you at my side is what
would make it the perfect time.

A beautiful Saturday noon curled up with you
under my arm is what I want most while reading,
watching a movie or two, and watching
some college football with you.
Dream with me on this day of that beautiful
afternoon and feel all of my warmth as
it surrounds you in full and fills you with love,
feel me holding your hand and holding you close
to keep you cozy and feeling deep peace,
feel safe knowing that I will stand for you
and by you in each place that you stand and go.
Feel hopeful and happy knowing that
your Michael is faithful and loves you.
So let's have a beautiful Saturday noon
my sweet precious Kira and pray that it will
be so very soon that it will be in body and spirit,

I want you to be with me forever and ever
because Kira I love you and you truly are so very beautiful.

Michael P. McParland

Morning Note 135

Good morning my sweet Angel dove
and many kisses to greet you
on this day here.
I'm sorry I missed our goodnight,
the Internet here was giving me
problems off and on last night
and went out before I could write
and post my sweet lady so great.
I truly do apologize and it was on my mind
worrying me before I finally fell asleep.
I love you babe and you
are my everything and I feel I
let you down and I hate doing that my dear.
Sweet kisses and big warm hugs
to you my Angel of so good.

A true and beautiful
bright good morning to you
my sweet Kira so gorgeous
and wonderful and how I wish we
could spend this day together in so many ways.
Ohio State doesn't play
until tonight so we'd have time
to do plenty before sitting down
for that love and enjoyment
of mine with you I want to share
so plenty of other things to do my dear.
Maybe play some games with my moms and nephews,
go on a walk and get lost
among the houses that are around,
or just lay down on my nephews bed
which I'm on to cuddle up
and enjoy each others warmth.
A beautiful day with beautiful you
is a dream no matter where.
You are all I want my gorgeous girl.

Remember my sweet darling Angel dove
I'm with you all the time and everywhere

holding you close and holding your hand
giving sweet kisses on your forehead,
cheeks, neck, lips, and hands giving
you smiles of pure love to say
I love you babe and want to marry you
and spend my life giving all I have
to make you proud and know
that you're not alone and will not
be as long as I exist in any way.
I love you Kira complete and full.
So a gorgeous good morning to you
my gorgeous girl so bright and good
you are a diamond in the rough
I treasure deep in every way,
feel my kisses and feel the happiness
to me you've given and know
that for you my love truly is
completely unconditional and infinite.
You are my girl and you are my one,
Kira I love you from here to the moon and stars
and well to infinity my dear.

Michael P. McParland

Snuggle With Me

Come snuggle with me my sweet darling
as we just sit back and watch
TV for a bit before we head to bed.
Let's snuggle my darling as I pull you in
giving you sweet kisses and smiling.
Snuggle with my darling so grand
because I love you so much
and want to spend time in each others arms.

Let's snuggle on this late night my dear darling
and as we just sit back holding each other
we'll just revel in the love that fills
us completely in joy and unity,
we'll just cuddle with you curled up in my arms
while you put your head on my shoulder.
Kira please snuggle with me and let's
fulfill just one tiny part that means worlds
of our dreams.
Come my sweet Kira and join me in glee.

Oh my sweet Kira Angel I just want to snuggle
with you at this somewhat late hour
giving sweet tender kisses so passionate and sexy
saying I love you my baby.
Just rubbing your back and letting you know
that there is nobody else and you are the best,
I just want a night snuggling with Kira so good.
Oh my sweet Kira so adorable and amazing
come here in spirit and let's so tightly snuggle.
I miss you so deeply and just want to hold you
making both of us feel so very happy.
I love you Kira and you are my everything,
come and let's snuggle so I can look upon you
and say Kira you are truly the greatest
and I want to be with you as my wife through all eternity.

Michael P. McParland

Relaxing With My Angel Queen

Now that dinners done and the nephews
are doing their jobs cleaning up
there is nothing on this earth I'd love more
than sitting back and relaxing with
my gorgeous Angel Queen a gift on earth
sent by God.
Babe I love you so very much and want
a peaceful relaxing evening with you.

I want a relaxing evening here with you
my sweet beautiful Angel Queen
listening to music while we sit and cuddle
kissing all the while content in our warmth,
a relaxing evening while I just
serve you my Queen and do whatever you want and need.
A relaxing evening to just have
you curl up in my arms to reassure you
that I'll stick by you through all time,
just hold you and tell you it's all okay.

Sweet sweet Kira my Angel Queen a relaxing evening
would be just seeing you content and happy
while I rub your feet and massage your
sore legs as well as your aching neck and back,
to s=make you as comfortable as I can
and just fill you with my warmth of love.
To serve you my Queen reading the book
we would choose to share and though my voice
is far from good I would sing if you wanted that my dear.
I just want a relaxing evening with you my babe
and reassure you that your Michael knows
you're the best and will give you everything I have.
I want a relaxing evening with my Angel Queen,
an evening with you wrapped up in my arms
knowing life is good and all is fine.
Kira I want to have this evening here with you
because you're the best there is and I love you
more than anything my Angel Bride.

Michael P. McParland

Love Note 324

Good afternoon and close
to early evening sweet Kira I love,
once again it's about time
to prepare dinner and I wish you were here,
a stir fry for you my girl
so beautiful and so very good,
I know you would love it
because it would be special for you.

Sorry I didn't write again
a bit sooner my darling
my nephew was using my computer
to practice his typing.
I was as always send my
warmth and deep loving
to give you a smile so bright and shining.
I love you sweet Kira
you are truly amazing and gorgeous,
I want to hold you in my arms
forever and ever.

A good late afternoon
and almost early evening
my sweet darling and precious Kira
I wish you were here
to have fun talking
while we prepare this dinner
and then give me the honor
of seeing you enjoy it.
Doing those little things
for my Angel will make me most happy,
seeing that you know at last
that you're truly
and unconditionally loved
and just knowing I've made
a perfect woman so very proud.
Those are the things I long for
and want.

Kira please believe it
that in my eyes and my heart
that you are the most beautiful woman
and only abusive jerks
that like to hurt have said otherwise,
when I've shown my family
and few friends I have trust in your picture
they say with sincerity
she is very beautiful,
I know I am blessed to have you
as my best friend and I pray
future wife my dear darling.
So as I go about this business
of preparing a dinner I wish
you could enjoy here
feel all of these sweet kisses and love
I am always sending.
I love you Kira my precious darling
it's only you I can ever
imagine or want to be with.

Michael P. McParland

You're Everything I Want

You're everything I want
and everything I love,
Kira you are so very beautiful
and I adore you just for who you are,
you are a goddess in my eyes
and an Angel sent from God.
Kira you are everything
I want and need because
I love you so very much.

Kira you are everything I want
and everything I need,
you are the woman I adore
and you are my true best friend,
you are my gorgeous darling girl
and my one true love.
Kira you are my everything
and the one I want to be with for all time,
You are all I want as that special one,
you are my everything
and my Angel pure hearted through.

Kira you're everything
I need and want for all eternity,
Kira you are my soul mate
who I feel so touched by.
I love the bond we share
and treasure you my darling dear,
you are everything I want sweet one
because I love you more than anything.
Kira you truly are my everything
because I know you are the one for me.

Michael P. McParland

A Beautiful Afternoon With My Beautiful One

Good afternoon my sweet beautiful darling Kira
and after my long morning of sleep
I just want to be with you enjoying a
beautiful afternoon with you my gorgeous darling,
a beautiful afternoon with sweet darling Kira
talking and laughing like we should be doing,
a beautiful afternoon on the couch warming up
by snuggling while I drink my Pepsi.
I just wish I was with you anywhere my dear darling
sharing a beautiful afternoon giving sweet kisses so good.

A beautiful afternoon with you my sweet darling Kira
where I can look directly upon your sparkling eyes
and not just your picture my dear,
a beautiful afternoon where I can look in
those magical eyes at my magical girl
and tell you Kira you are beautiful
and I love you so much I feel like death
when you aren't directly in my life,
then see that beautiful smile and give you a kiss.
I want a beautiful afternoon with the
Gods most beautiful Angel I love and miss.

A beautiful afternoon where as I've gotten up,
looked in your eyes, we've both given loving smiles
and then said I love you babe forever and ever
I just want you to curl up with me on the couch
and as I drink my Pepsi just rest your head on my lap,
while I stroke your hair and rub your back
we can just sit and talk as we always
did and find so much to go on about,
rather important or just flight of fancy
I would be thrilled because you'd be with me,
a beautiful afternoon with beautiful you.
Let's make it happen so very soon.

I just want one of many beautiful afternoons right now
with the woman I love more than anything,
I'm getting antsy and feeling sadder and sadder

without my beautiful lady to just spend time with,
there is so much to say and share with,
so much I'll never say here as I've already
said more than for any other I ever would,
I do it because I love you and want the world to
know that it is so deep,
but there are private things to say and beautiful
times of true loving beauty to share
and I want to share every one of them with gorgeous you,
and right now a beautiful afternoon curled up with you
just feeling so warm and loved in every way.
A beautiful afternoon feeling safe with my loving babe,
a beautiful afternoon with beautiful you.
Kira I want to share my life and all times with you
because you are my best friend, my soul mate,
a gorgeous woman I adore greatly.
Most of all Kira what matters above all
is that I love you so much with all of my soul and heart.

Michael P. McParland

Night Note 120

My sweet Kira I sit here
on this night watching a movie
but still with so many things on my mind,
I feel stressed at the moment
in various things
and I wish I could talk to you
because you're the only one
I can talk to about some of these things,
I sit and wish I could
talk to you because
I want to share.
I sit here wishing we could talk
just because you are my one
and I miss you so much.

Sitting here on this night
and hoping you are alright,
I wish you would talk to me
and tell me how you are doing
every day and each night,
I want to talk to my lady to be
right here for you to reach to
and tell you I love you sweet darling
because I love you and will
always stick by you.
I just think of all the things
that we would share and say
helping each other out of
these stressful thoughts
that can drive one so mad.
I miss you sweet Kira and in spirit
I am right there holding you,
I just wish it were real in person.

I miss you sweet lady
sitting here on this night
as I feel so stressed and worried
about so many things.
I wish I could hear you

and tell you all is alright,
I just wish I was with my Kira
so very good and bright.
I love you my darling and send
all of my love and warmth to you.
I truly love you sweet Kira
let's come back together so very soon.

Michael P. McParland

My Beautiful Girl 2

Kira my beautiful girl I so hope you are well,
I laid down after dinner just to rest my eyes
and fell dead asleep for the longest while.
I hope you understand just how needed it was,
I love you so very much and pray you
felt me there holding you close giving all of my warmth.
I love you my beautiful girl
and for you I truly and deeply care.
You are my everything and I adore you in full.
Please don't be upset or worry that
I'm not with you my dear
I always am because I love you sweet girl.

Kira my beautiful girl you're always
in my heart and on my mind,
there isn't a day I wouldn't give everything
to be able to see you smile and hold you near.
I know you may have times where you
don't completely believe me but you
truly are the greatest woman on earth
and everything that I need in my empty and lonely life,
You are fulfillment and my other half
Kira you are perfection and I adore you so much.
Beautiful Kira I love you so much
and want eternity in each others lives.

Sweet Kira my beautiful girl just close
your sweet eyes and feel my love surround you in full,
know I will be with you all the time
and everywhere that you go because
my heart is yours and I want to give you
all of myself and all of my love.
Kira I want to be with you forever through time
and be your dedicated forever man.
I'll always stick by you and give all of myself
to make you the most proud woman in history.
Kira you are my beautiful girl and I simply
treasure and cherish you completely and totally,
you are my diamond and most special one,

come so soon my sweet Kira and share each others worlds.

Michael P. McParland

An Evening Serving My Queen

Just got back from the store my Queen
to pick up a few things for the tacos
I'm getting ready to make
and making dinner for you is just one way
on this evening I'd love to serve you.
Making dinner for you is one of
the most wonderful ways I can't wait
to do for my Queen while serving you
in true love the way a man should.

Cooking and serving you dinner would
just be the first step of serving you
on this evening to make you so happy and proud
knowing you're cared for and loved in every way
that there is and that you're Michael
will always be there for you to give you my best.
I wish I were with you to serve you
and make you the happiest woman on earth.

After dinner I would clean up and anything
else you wanted and needed from me,
I would massage your feet and rub
your aching hurting back,
I would serve you just by holding you close
and breaking down my walls giving you
exclusive access to my world which
I give to you.
I'd sit and just talk and listen to you
as you poured out what you wanted
and needed to feel better and know that
I won't reject you for anything proving you're loved.
I want an evening serving my Queen
the woman I truly want and love.

An evening serving my Queen in true love
is what I long for and need to prove
to you how much I care and to heal your
sweet loving heart in the ways that it needs,
to let you look into my wide open soul eyes

so you can know the full tender truths
I hold inside for you and so you can see
as I share with you all of my hopes, my loves,
my worries and my deep pains,
I'll share it all with you my sweet Angel Queen.
I give myself to you in full because
you're so adorable and I love you in full.
So soon my sweet darling and Queen I'll spend
every day and night giving all of my love
serving you as a man should for the woman he loves.
Kira you are my best friend and supreme Queen
and I love you more than anything my precious one.
I love Kira my dear Queen and I'll stick by you
for eternity I swear to you.

Michael P. McParland

Holding Your Hand

Holding your hand and holding you
to give you comfort and warmth
while I show you my loving care.
Please be calm in your heart
as your Michael sends you his soul and heart,
please feel peace and calm in yourself
with the knowledge will soon actually
be in each others arms kissing so sweet.
So feel my hand in yours as I take it mine
and pull you so close saying I love you babe.

I love you sweet Kira and I'm holding
your hand through everything no matter what,
I am all yours and I love you so much,
I will always give my best and stretch
my limits to give you all that you need and you want,
I love you sweet Kira and will stand by you for all time
because you are my Angel and northern star.
I am right by your side hand in hand
giving you my full support in every way.
I love you sweet Kira and will hold you through all time
because you are my soul mate and true best friend.

Kira I am holding your hand all the time
and all the way because I don't want you to
feel like you are alone when you aren't
my dear love and sweet friend,
I hate to see you suffering in pain
as it hurts me as well.
Seeing people I love hurting inside makes
me curl up in deep pain as well.
Kira I'm holding your hand because I love you so dear,
I'm holding your hand because I don't
ever want to lose you in any way.

Kira I'm holding your hand because I know
how much love that you need and crave,
I'm holding your hand because I have
so much to give and crave to give it all to you,

I adore you sweet lady and crave your presence here
because I want to give you myself in every way.
I love you sweet Kira and will share
myself in every way only with you,
in little activities and very deep
emotional closeness I'm yours alone my sweet Goddess.
Kira I love you and miss you so badly
and I'm holding your hand to show you
that you are the greatest.

Michael P. McParland

Love Note 323

Good afternoon my sweet love
I miss you so very much.
I'm sorry and promise you
I wasn't avoiding you this morning
in any way at all,
I was just sleeping so very long
and you're the first person
I'm writing and talking to at all,
that's how I want it be through all time,
I want to wake up by you and say
hello my sweet Angel dove
I love you so very much
and will always be here for you,
I love you my sweet Angel dove
I'll be with my love hand in hand for all time.

Good afternoon my sweet love
and I just miss you so very much,
when I wake up quite often
even in the tiniest of fashion
knowing you're not right there
and that you're beautiful words
and voice I most likely won't be hearing
I just sink back down quickly
in hopes I'll see you so I can
so closely hold you and kiss you.
I can't stand these many day
through this life without my beautiful Angel
because you are such a wonderful
and beautiful woman.
I love you sweet Kira
and I hope you understand that
that is one reason I spend time
resting so often because I miss you deeply
but a lot of my other maladies
make me so very tired.
Psoriasis is more of a nightmare
than people imagine and I have
a severe bad case my darling

so please be so understanding
just like I know you can be
and so often are my sweet lady,
I just miss you so much
and it all is a perfect storm so very often.
I love you sweet Kira
and I am always right there beside.

Sweet love Kira just feel me
tightly holding you
while kissing you in true love
over and over to warm and reassure you,
never ever forget I am
dedicated to you my gorgeous Ange
and need you in my life
because you are my best friend
and our bond will always be there,
I don't want to lose you
and I'll never leave you,
please let's soon repair these
hurts as we can and we need to
and give each other the peace that we need
in our dreams we have together.
I pray for you everyday my dear darling
and hope you feel its loving comfort,
I so care for and adore you
as my guiding light and sweet Angel.
So feel me so closely
and remember I'm never leaving,
I love you sweet Kira
you literally are my only true love
and my dear everything.

ILYF and ever KP.

Michael P. McParland

Goodnight My Angel So Dear

Goodnight my Angel so dear
and God bless your heart that you will
feel peace through your body and soul
and feel all of the love I hold for you.
God bless you sweet Kira my heart calls out to you
saying come snuggle my dear and I send
the sweetest of kisses to you.
Goodnight Kira please come so soon so
each night together we can snuggle our way to sleep,
goodnight my sweet Kira my Angel of light
I am sending you all of my loving warmth.

Goodnight sweet Kira my Angel so very dear
I'll be holding you so tight in spirit
stroking your hair and rubbing your back,
I just want to give you deep peace
through all of my understanding and love
which is infinite my dear on both of those fronts,
I want to show you I'm here through it all
no matter what my sweet precious darling
I will give my support in all of your
needs, ventures, feelings, and endeavors.
I'm here for you sweet lady and I always will be
because you are my everything and I want
to give you all the loving safety that you are
in need of and craving.
Wrap up in my warmth and comfort just like a blanket.

I just pray for a dream where we will
be sitting and talking enjoying each others
loving smiles and company.
I will be with you there in spirit always
to protect you even in dreamland
because I don't ever want you to suffer from
the nightmares like those that haunt me,
I will be there always in spirit even if
it's not one where we're blessed directly
to see each other I'm there to hold you and protect you
because I hate to see my beautiful Angel

suffer from the types of nightmares I've faced always
so I promise to protect you and pray
that tonight I will see you and give you
the warmest hugs as kisses you can imagine.

Goodnight Kira my Angel so dear
I hope that so soon you'll talk to me
because there's so much to say in pure love
about everything that there is,
even discussing the hard times we've as
we work them out I have such loving things
to share with you my sweet Angel true,
I have nothing but love even in the deepest of wounds
because I adore you my precious jewel.
So please my sweet darling let's in person
snuggle sooner than later because
you are the bringer of peaceful calming
but tonight in spirit is how we will give it.
Goodnight Kira my sweet Angel so gorgeous
I love you so deeply only God understands it.

Michael P. McParland

Late Night Enjoyment

Kira how I wish I was there with you
sharing a night of enjoyment in each others
arms snuggling before sleep time arrives,
rather in bed on the couch or some little
space in the house we've made for ourselves
I just want a late night of enjoyment
my sweet Angel of light.
A late night of enjoyment with the Queen
I give myself in pure love and heart.

A late night of enjoyment and fun
would be just holding you so close to me
as we read to each other, talked,
or watched a movie and some TV.
A late night of enjoyment is that
as well as possibly bonding and then
all of that as well just feeling so close
but tonight it's the innocent
I want most as I just hold you close before sleep
and say Kira I love you so deep
you are the Angel whose heart I treasure and need.
Kira my dear you are the one that I love
and not another person has ever had so much effect
upon this heart and soul I give to you.

I just want a night of enjoyment with you
right where you are at this very time
to hold you so close and look in your eyes,
I want to see you smile as you look into mine
and realize again that all that I've said
is totally true and that I completely love you.
I just want a late night of our honest love
playing games and having such fun
like we always did before torn apart by things on the outside,
I want a late night of bonding through words
and having a good time with laughs that will last,
I want a late night of excitement with Kira
my sweet Angel dove of pure light,
I want a late night of excitement knowing the world

is finally right as I hold my lady in pure love
so very close and so very tight in reassurance and care.

Michael P. McParland

A Relaxing Evening With You

All I want right now is a relaxing evening
with you my sweet Kira in your dear arms,
feeling your warmth and feeling your love,
hearing your Angelic voice to soothe my heart,
to look in your eyes and say Kira you're great
please be with me forever so I can hold you tight.
Kira I love you and want to give you my life,
my heart and soul are already forever yours.
All I long for right now is an evening
so relaxing and good in each others arms.
Sweet sweet Kira my love all I want is you.

Michael P. McParland

Super Sad Missing You

I've just woken now from my long
and much needed tired nap
and even in my dreams I felt scared and sad
just wanting you within my arms
to give you my warmth and feel yours in return.
Even as I slept in my dream
the sad loneliness I feel without you
was overwhelming and I need you
because I love you so much.
I miss you sweet Kira you are my girl,
I'm super sad missing my Kira my Angel and best friend.

As I finally awoke to cook dinner for
my mom nephews and me the super
sad loneliness hit even harder where I almost cried,
I just lay there wishing you were by me
to give me that beautiful Angelic smile
and we could say I love you babe to each other,
it's alright my darling because I'm
never leaving and going to stick by you
for all eternity.
I love you Kira and I so deeply miss you,
I am so sad without you here my sweet darling.
I miss you sweet Kira and I so completely love you
and feel sad in deep longing to just hold you so closely.

Kira I'm so super sad without you here
for me to cook dinner for you as well
then sit down and watch one of my favorite
little YouTube cartoons Simon's Cat,
it really makes me laugh and I want to share it with you
and I'm super sad and deeply missing you.
Just feel my arms as I tightly take you in
as I give you my loving warmth to show you how much I care,
I love you sweet Kira and I'm yearning so
very hard to just be looking into your eyes as I
see your smile then give you a kiss of passion
straight from my heart and soul so filled with pure love.
Please believe me sweet Kira that I'm so madly in love with you

and miss you so much wanting to hold you
and give all that I have to you.
I truly am so very sad and missing you super bad
because Kira I love you my sweet Angel dove.

Michael P. McParland

Snuggle 36

Come snuggle with me my beautiful one,
I'm tired, I'm hurting and I'm sad
just as you are my sweet Angel bride,
come snuggle with me and share our deep warmth,
come my sweet Kira and snuggle
with the man who gives you his life,
come snuggle with the man who for you would do anything.
I miss you sweet Kira and I crave you so much,
come snuggle with me and give peace
to our badly aching and hungry hearts.
Come snuggle with me and rest your sweet head
so lovingly on my chest to comfort your soul and heart.

Come snuggle with me and just feel
all the love that I have surround you in full
while you look in my eyes seeing my soul
and how much and how deeply I care,
come snuggle with me because I need your comfort too,
come snuggle with me so I can give you
such passionate and complete comfort in full.
Snuggle with me Kira you are my only one
and I want you here to heal each others hearts.
You are adorable my precious lady
and there isn't anything I won't give you.
You are my darling and I so completely love you,
Kira come snuggle because we both need
time in peace and loving care alone together.

Michael P. McParland

Love Note 322

Good afternoon my sweet love
and I'm so sorry this morning
was a quiet one indeed,
another wonderful migraine visited me
as I opened my eyes around
an hour and a half ago.
I'm sorry sweet love and I know
you're upset and worried my dear
but please know and understand
that no matter what
I'll never leave you
and will give my very best.
Always have faith I am standing
beside you giving all of
my loving warmth and endless support.
I love you Kira you truly are
my sweet precious Angel of light.

Good afternoon my
sweet Angel dove I know
you miss me just as bad.
I love you my darling and it is
a feeling that is mutual
and we will forever be sharing,
I long for you Kira and it is
your caring love I will
always be needing and it is mine
that to only you I'll only be giving.
I love you sweet Kira you are
my whole universe and everything
and I want to just hold you
so close and tight telling you
I love you sweet one
and that everything is alright.
Kira you are a miracle
and true beacon of light.
I only want you as my special love in my life.
I'd rather be lonely than
there be anyone else.

You are my best friend and soul mate
who I want to be with forever through time.

Good afternoon my sweet precious love
and feel me hold you so tight
as I give sweet kisses of the
purest and deepest love ever felt
for anyone,
I know that's a love you hold
for me too and it means the universe.
Sweet kisses to Kira the woman
and Angel I ache for so bad,
sweet kisses to Kira
the only woman I'll ever want
and hope to marry.
So feel me beside you
while I hold you and kiss you.
I love you sweet Kira
and you are the most beautiful
person or thing that
God has ever sent here.
Have faith that I care for and
want to make you the happiest woman.
You are perfect my darling
and it hurts how badly I miss you
and just want to be with you forever and ever.

Michael P. McParland

Night Note 119

Sitting here so very lonely
in the middle of this night,
I've been laying here thinking
and just wishing for my special lady.
I am deeply longing and aching
through a time of very deep struggling,
struggles I know you're having too
and I wish I could give you
the entire world and help
heal your sweet heart right now
with all of the deep love I hold.
I miss you so much
and just want to give you the best.

I sit here so very tired
my heart so fiercely aching
for you my sweet Angel
and I am there with you giving
all of the warmth and love
within me.
Don't think for a second
that I've forgotten about
or given up on you.
So as I now go back about
trying to sleep through this aching
remember sweet Kira that to you
I am faithful and will stick by you
Forever and ever.
You truly are my one and everything
and I so deeply treasure you
my beautiful sweet Queen and Angel
you are the greatest.

Michael P. McParland

Sweet Snuggle Of Sleep

Goodnight my sweet Kira so good and kind
now let's end this day with a sweet snuggle
wrapped up so close in each others arms
as we drift off to sleep feeling as one.
Goodnight my dear Kira I'm so very tired
and ready to rest in your arms feeling peaceful
as we get away from these struggles we are feeling
and just having sweet comfort so perfect
with our best friends in a scene so very perfect.
I miss you sweet Kira and want you
so badly to make your life so very happy.
Let's go to bed and have a sweet snuggle so warm.

Goodnight my sweet Angel and both in spirit
and our dreams I'll be holding you ever so tight,
once again I want you to take us away
where your most beautiful dreams of
a place for us lay so you can relax in full
with your Michael just giving my all.
I want to see your special and beautiful place
where you will feel most happy and comfortable
to share all that you want while I hold you close.
Feel me holding you tight both as you lay
there in bed awake and as you drift off into sleep.

Goodnight my sweet beautiful Kira
and come snuggle with me as you rest your head
so lovingly and happily on my proud chest,
come spend the night with me as I give
you soft kisses as you get ready to drift.
I'll just lay there and give comfort
as I lay with you my sweet lady.
I just want to find true relaxation
with my lady whom makes me feel so great,
I want to be with the lady who finds me
so very good and handsome,
I want to be with you my sweet Kira
so please come and sleep with me snuggling
and feeling completely peaceful.

Goodnight my sweet Kira I so deeply miss you
but for know until reunited just feel me
holding you my precious and gorgeous Queen Angel.

Michael P. McParland

Late Night Snuggle Of Need

Come my sweet lady and before we fall asleep
let's just share a late night snuggle
we both so long for and need.
Let's share a late night snuggle of love
just sharing our warmth and words of love,
I want to gaze at my Kira while
I hold you so tight and tell you how great you are.
Before we sleep now let's share
a late night snuggle of need to soothe our hearts now.

Come my sweet lady so very beautiful and good
and please snuggle with me my heart
is in so very much need,
I adore you and love you completely my dear.
I miss you so much and want to be in your arms,
I just want to hold you so bad
while I caress your cheek and kiss you so sweet.
I long for a snuggle so tight with
the only Angel there is in these loving eyes.
A late night snuggle to give you
and show you how much I care.

Will you honor me my lady and give me
such needed warmth, love and deep fulfillment,
I am so in need of your loving arms around me
giving such deep feelings of safety and comfort.
Come join me for a late night snuggle
so very beautiful that leaves us feeling
so peaceful and contented.
I so deeply love you my precious darling
and tonight I am struggling and need
your love and deep satisfying comfort,
I need the reassurance because I'm having a hard night,
please my sweet Kira come hold me and share
a wonderful late night snuggle of true lovers
because you are my Angel and you light up
my night and give such needed lightness to my aching heart.

Michael P. McParland

Thankful Kisses

I have and give you these thankful kisses
my beautiful sweet Angel dove
your strength and your caring have
always gotten me through and mean so very much.
Thankful kisses to you my sweet one so cool,
thankful kisses to you Kira my one and true love.

Sweet thankful kisses to you my sweet
beautiful adorable girl.
You've helped lift my stresses
and helped me relax and feel calm,
thank you sweet Kira you are the bomb.
Sweet thankful kisses to you my sweet love
I'm so very happy to have your sweet love
and I'm so very honored and happy to give you mine.
Sweet kisses to Kira my best friend for all time.

Thank you truly Kira my dear for helping
to lift my stresses and anxieties on this night,
I still feel so tired but for you I will fight
to stay awake a bit longer write for you
my sweet diamond so bright.
Thank you my Kira with so many kisses
I love you my darling my sweetest most wonderful Angel.

Michael P. McParland

Love Note 321

Good evening my sweet precious dear
I only just arrived back
from a long time running around.
It was quite stressful
and I'm so very tired
but before I eat dinner
I wanted to say I love and adore you.
Hang in there sweet lady
I'm still right here
and not for a second will I ever leave you,
my heart mind thoughts
and prayers are always there with you
as I hold you so close
and give you all of my warmth.
I love you sweet Kira
I'm so tired and stressed
give me a hug and hold me so close.

Oh my sweet darling I so deeply miss you
and just wish you were here
to relax and snuggle after dinner,
I'm so in need of your calming
spirit and smile and I am always
so very thankful for all of your loving,
you truly are my sweet Queen and Angel.
So as I now go to eat my supper
I want you to know I so
exceptionally love you
and ask you so kindly in love
if in spirit you'll hold me
and comfort me.
Help me to release all of
this stress and tension
from the anxieties around me.
I know you will so I send you
a great big thank you right now
and I will write to you shortly
when I am put back together and in order.
Thank you again my sweet love and Angel

I truly love you you are the greatest.

Michael P. McParland

Afternoon Kisses Of Passion

I send you these sweet afternoon kisses
of true loving passion to you
my dear and true Angel Kira.
Kisses of passion to show you my love,
kisses of care so you'll know I am there,
kisses of peace and strength
so you'll know you're not alone.
Sweet afternoon kisses of pure love
and passion to you Kira my gorgeous dear darling.

Kira I send you these sweet passionate
afternoon kisses because I know you are
so lonely and deeply hurting
and I want to reassure you that I am never leaving,
I want to give you my warmth
my beautiful rare and precious diamond,
I want you to know that you're loved
and the most special woman that I've ever known.
I give you these sweet passionate afternoon kisses
to tell you you're beautiful
and in every way there is deeply desired.

Kira I send to you these deep loving
passionate kisses to show you that
I'll never give up on you because I only want you,
sweet kisses of caring that only true love brings,
sweet kisses that tell you you are my everything,
sweet kisses that say I love you my darling
so very deep and passionately and there isn't
anyone or anything that will ever make me
give up on you and I swear I'm not going anywhere.

Michael P. McParland

Please My Dear Darling

Please my dear darling come so very soon
so I can just hold you and show you
how very much I care for and love you.
I hurt so very bad to be with you
and just share all that I hold inside
for you alone my sweet precious Kira,
please come so soon because for both
you and me I need you so bad.
Please my dear darling talk to me so very soon
and lovingly as we always have we'll
work through obstacles that there are.

Please my dear darling just love me forever
as I know you will but so soon I need to give you,
I feel so very sad inside and frustrated,
no I'm not mad at you but the many things
and other people that put us in this situation,
people and things that have so confused me
and I feel so useless and painful because
in spirit I'm with you but in person I need to be
to protect and hold my precious lady.
I just feel so very tired from missing my sweet Kira
that so often I just feel like sleeping
or from numbing up I'll for many stretches
of very long times through days I'll stay up.
I miss you my sweet Kira and want to hold you
so lovingly within my giving arms
just as I want to be held within yours.

I love you my dear darling Kira and I know
you love me just as much in your heart and your spirit
and I so thank you my sweet precious darling
for how you accept me with all of my
imperfections and follies,
you are my best friend and Angel for whom I'm so very thankful.
I know I'm not the most handsome man that
there has ever been and I know there have been those
that we're much more beautiful than me in your life
but in your eyes I'm so very handsome

and beautiful and that means everything to
this man that forever stands by you.
I am bipolar and you can't always know
and predict where my emotions and reactions will go
because honestly my sweet dear quite often
neither can I and it frustrates and embarrasses me
so I know how hard it is for you
but you do your best when you can and that's
almost always all of the time.
I love you sweet lady and hope that soon you'll be coming.
I pray my sweet darling that we
will be together so my sweet Queen I can serve you.

Please my dear darling just come so soon
so I can hold you so closely and you can
hold me so close in our love in sharing feeling.
Please just love me forever and never leave me
because you are my dream and I truly love you,
I will give you all that I have my precious darling.
Please understand and know that I am always
doing my best and doing for you all that I know
and I will always work so very hard for you.
I will always treasure my Kira giving my heart and soul,
I will always stand by my sweet Kira
as your loving man taking your hand.
Please my dear darling your Michael loves you
more and more than anything with each passing day.
Please my dear darling let me break down my walls
just for you so you can step in and be apart
of my world for all time as I give it to you
as the Queen to your King and with free will
I give it all just to you.

Michael P. McParland

Beautiful Good Morning Gorgeous

A beautiful good morning to you my gorgeous girl
and I give you a huge hug in pure loving care,
I miss you so much and wish you were here
to be with waking up next to
so we can give each other a smile and say
I love you my darling as we share the most
sweet and loving kisses.
A beautiful good morning to you my gorgeous Kira
I love you my darling and send you
these great big hugs of love to deeply warm you.

It's very very windy here this morning
in northern Arizona but at least it is sunny,
i wish you could sit here with me in my sisters
front room in the light wrapped up in a light
blanket and so peacefully snuggling.
My brother in law and sister are now on vacation
and my nephews are in school so it is so quiet
and my mom could do her own thing while we
just enjoy our own time so very quietly snuggling
in the deep love that we share and are feeling
all around us inside ourselves and through the air.

A truly wonderful and bright beautiful morning to you
my sweet Angel Kira dove you are such a
magnificent woman I truly and completely love.
I miss you and would give anything to have you
in person right by my side where I can hold you
so close and give kisses of pure love that
I am in such deep need of sharing with you.
I am in need of giving everything that I have
to you Kira my sweet Angel dove through every morning
day and night through all of time.
A beautiful good morning to you my gorgeous girl
you are a diamond in the rough I so deeply adore.
I love you sweet Kira you are the best that there is.

A beautiful good morning to you my beautiful dear
and I am always with you no matter where,

my heart and soul are yours and yours alone
because you are the precious woman I cherish alone,
you are the Angel I know God sent as a gift
to the world and the ones that you love
and give honestly in full in return.
I love you sweet Kira and I always will
and I so miss you everyday that I live.
So on this good morning just feel me hold you
and all the sweet kisses I am giving you.
Soon my sweet darling we will have this sweet dream
have a beautiful morning my gorgeous one.

Michael P. McParland

Goodnight My Beautiful Birthday Girl

Goodnight Kira my beautiful Birthday girl
and let's bring it to an end with
you resting your head on my chest
while I hold you so close and read to you
my poetry that I know you love.
I would never read it out loud for another soul
so as one more birthday gift we'll share some sweet kisses
then snuggle so tight as I read you
my poetry out loud feeling happy knowing
you love it and it makes you glad.
Goodnight my beautiful Kira and I hope
it's been a wonderful day for my only Angel.

Goodnight my beautiful girl and just know
always that your Michael is holding you near
giving my love to give you deep warmth
and all of my strength to give you peace.
I adore you my lady you mean so much to me
and I want to be with you through everything,
through the hard times and good I'll stick next to you,
you are my Angel and I give you myself in full.
God bless you my beautiful Kira you are the best.
Just feel my arms around you and rubbing
your sweet face and back as I read to you
and tell you so gently that I truly love you.

Through this whole night as you are both
drifting and then fully sleeping just
feel my arms around you and take us both to the place
you feel so very comfortable so we can
just snuggle talk and share sweet kisses of love,
take us away on this night and I will just
hold you and give you all the love that I hold,
sweet Kira my dear just feel me with you
and feel all the peace that I give to you.
I truly love you more and more everyday.

Goodnight my beautiful birthday girl Kira
I am sending you all of my true love

with the sweetest ever of kisses and snuggle
just curl up next to me with your head on my chest
and I will rub your back while I read
my poetry to the woman I love for all eternity.
Just climb into bed with your Michael
who wants and needs you in every way.
Goodnight my sweet darling and may God always bless you,
sweet birthday kisses my darling
and I pray that next year we'll celebrate with each other
and if you will honor me be married.

Michael P. McParland

Night Note 118

Sitting here in a moment
of silence reflecting on you
and all the memories with
the happiness of love that we share,
I hope that you had a wonderful Birthday
and how I wish I was there
to serve you as the Queen that you are.
To just hold you so close
and let you know that I care.
I love you sweet Kira
you're my beautiful Angel so good.

In this moment of silence
I just wonder about you and sweetly smile
feeling the love that you feel
and all that you send.
I send mine in return and hope you are well,
I sit and wonder all the time
how you are and if you're okay,
I hope you can feel my hand within yours.
I sit here and am filled with
the knowledge of feeling and truth
that you are the one that
I want and am meant to have in my life,
you are the Angel I
so desire to marry and have eternity with.

Kira I truly hope you had
the most wonderful Birthday
feeling my warmth and knowing I love you.
I pray that next year we will
have our time finally together,
I can't stand living much longer without you.
Kira my diamond I give
myself complete and total
I am forever only your you loving Michael,
I can't stand being away from my Angel.
Kira sweet dear I truly
so love and admire you

and I want you to know
I love you so much because you are
the most beautiful and wonderful woman
that exists my sweet darling.

Michael P. McParland

Birthday Longings

Here in the early evening of your dear birthday
I long to just be with you so closely.
To share our sweet love as we share sweet kisses
and the most warm and wonderful snuggle.
Just lay in bed snuggling while I gaze
in your eyes sitting there talking
caressing you cheek and kissing you over and over
saying thank you sweet Kira for being my baby
and I love you so much you're a treasure.

I have these birthday longings to just
be with you to share my care and my love
while I shower it upon you and serve you in full.
I long to give you even extra extra special
service and care that in energy I have saved.
I just long to be with you on your birthday
and spend time making my lady so proud and happy,
I just long to show my sweet precious Kira
how very much I deeply love you.

Kira you truly are so beautiful and adorable
and I wish I was with you to give you
my loving care and sweet service to show you
that you are so very special,
and then to snuggle and hold each other so tightly
as we release our tingling's in the most
pure loving closeness where I'll
give you all of my most centered focus.
I just long to spend time with you to
show you how special you are and that you are most important.
Kira you are truly the most amazing woman.

Happy Birthday my dear sweet darling Kira
and remember I am forever right there with you
holding you closely stroking your hair
and rubbing your back gently yet firmly
to reassure you that I will not leave you or hurt you,
I pray to God that next year for both of
our special days we will be together in true joys clutches.

So I'll light a candle on this very evening
to just sit and think of you so very lovingly
and you do the same my sweet dove and Angel,
I love you more than anything.
I love you sweet Kira and hope you've had
the most wonderful Birthday and that I have helped
make it in some way so very special.

Michael P. McParland

Love Note 320

A good and beautiful late
afternoon to you my sweet Angel dove
and I pray your special day
is filled with love and wonderful.
I love you my dear
and wish I was there to give
you the greatest day you could dream of.
I miss you sweet Kira
and want to serve you with love
just like you truly deserve.
I'll hold you forever
as my only one.

As I now go about
preparing to cook this good dinner
I wish it was for you i was cooking,
to see you smile and be pleased
with the things you are
receiving and have been deserving,
you are such a great woman
that I know is in need and
I want to give you the wells
of true love for you I am holding,
I wish I was with you to give
tons of love and gifts to,
gifts like sweet kisses with things
no matter what that you have been wanting.
I love you sweet Kira and seriously
need you to help heal each other.

A good late afternoon with
a big warm hug of love with sweet kisses to
because you are the woman
I adore and dream of,
you are the woman I want
to be with forever through all time
and I celebrate this day yours of birth
when God sent a sweet Angel to earth,
Oh my sweet Kira what a wonderful gift.

Your Michael truly loves you so much
and wants nothing more than to spend
existence with you as my wife
so I take your hand and so closely
pull you in to say Kira I love you
because you are my beautiful best friend
who's so truly amazing.

Michael P. McParland

Happy Birthday Sweet Lady 2

Happy Birthday sweet love
you truly are a diamond and gem.
Your heart is of gold
and you are amazing.
Happy Birthday sweet lady
you are a miracle that gives joy,
Happy Birthday sweet Kira
I love you so much.

Happy Birthday sweet Kira
you truly are so beautiful
cool and most kind,
I'm so taken with you
and adore you so much.
You shine forth so bright
and in full so good
I want to spend eternity with you.
Happy Birthday my Kira
I wish I were there with you
feel these sweet kisses and hugs
in strong love so pure I send to you.

Happy Happy Birthday my Angel Kira
so gorgeous, beautiful, and adorable too
have a great day knowing
in spirit I celebrate with you.
Feel joy and hope in your heart
as we work towards celebrating
each others special days together
for real within the next year.
Feel joy and warmth as
I hold your hand and give you
all of the love that I have.
Happy Birthday sweet lady
you are so magical,
I love you sweet Kira
and I forever will.

Michael P. McParland

A Sweet Birthday Afternoon

I wish I could spend this afternoon with you
to have a sweet Birthday time with you.
To hold you and give you sweet kisses,
to cook you a nice lunch that would want me too.
A sweet Birthday noon to be with my sweet Queen and serve her.
I wish I could spend time with you my sweet darling
where it would be just you and me together.
Where you live would be heaven and you know
I'm a homebody and it would be heaven to have you where I am,
but it will truly be heaven when we are together
living our dream where I will make everyday special
but shower upon you even more gifts on your special one.
I love you sweet Kira you are a miracle I am so very thankful for.

Happy happy Birthday to you my sweet precious dear
and I just wish you were here to tell you
how beautiful you are and that you grow more
lovely every year and my love grows more and more everyday.
I so adore you and want you right by my side
as forever as my bride we walk lovingly side by side
and hand in hand through all time.
You are such a beautiful woman I'm totally in love with
and I hope you realize how spacial and appreciated you are
on your special day which to me is a holiday,
it's one of the greatest days there is and has ever been.
Happy Birthday my sweet lovely Kira I love you so madly and deeply.

Happy Birthday truly my sweet precious Queen and Angel
and on this afternoon I wish I could be there
to make yours so very wonderful, complete and beautiful.
Just share a snuggle and give you the sweetest of kisses,
cook you lunch and serve you as a Queen should be.
Let you know that your Michael is your faithful King
who gives you everything he is and has.
I love you sweet Kira and so have a wonderful birthday
because though right now not in person
I am with you holding you so very tight in spirit.
You are my Angel and golden Queen of the ages,
I love you sweet Kira have the happiest of birthdays.

Michael P. McParland

Sweet Birthday Morning Kisses

Good morning to you my sweet special dear
and Happy Birthday have the greatest of days
I send you the sweetest of kisses to start your day
to make you smile that smile that lights up
the entire world sky.
Good morning my sweet Angel dove and Happy Birthday to you.

Sweet Birthday morning kisses to you
my precious sweet Queen and dear Angel
I so wish I could be there to hold you so close
and keep you warm as ever in both soul and body.
I love you sweet Kira and want to be with you
there so I can honor you and serve you
making you feel truly loved as you are
and help you know that you are the one I love more than anything.
I will always be right there by your side
both in spirit as now and soon in person my darling one.
Sweet Birthday morning kisses to you
and feel my hand in yours to have a great day.

Sweet sweet birthday morning kisses to you
and a tight snuggle of warmth as well.
I love you so much and I hope you know
that your tender love and happiness mean so very much,
I want to be there for my beautiful girl
and always give you all that you need and want.
I wish I could be with you here on your special day
and shower you in gifts all through the time,
but I want you to know that every day that there is
I give you the gift of my heart and soul
because I want you to have them and they're always yours.
Good morning sweet Kira and great big sweet Birthday kisses
I love you my lady and feel all my warmth as I am there with you.

Michael P. McParland

Goodnight My Only Love

Goodnight Kira my only love let's
got to bed and snuggle feeling as one,
let's nuzzle and share kisses so sweet
my darling I hold so dear in my heart and soul.
Goodnight my only love you are a treasure
I truly cherish and admire
so let's go to bed and snuggle with sweet kisses so beautiful.

Goodnight my beautiful girl I am
sending you every last bit of my strength
with my unending warmth and love,
wrap up in its peace knowing I am holding you
ever so lovingly and tight knowing
what I share with you is 100% pure and right,
just rest your head on my chest and give you
the comfort we both need from that
and we'll chat for awhile my sweet lady so great.
I am holding you close and saying I love you sweet lady
you are the most important person in my whole life.

I'll see you tonight in our sweetest dreams
where we'll just lay on our bed under the stars
and moon where I hold you so close and say
happy birthday my dear as it is just arrived
here in our dreams,
I love you so much and you're so special to me,
this dream will right now be my gift
as I give you sweet kisses and my smile
while I hold you close stroking your hair and rubbing your back,
then just tell you I love you so much
because Kira you are the most beautiful woman
and purely the best.

Goodnight sweet beautiful Kira my only love
and it's just a short few minutes now until your birthday,
I truly wish you the most magical of days
and as we now go to bed let's climb into bed
and I will hold you so close and heal your heart,
your Michael loves you so much

and adores you in every way just for who you are,
you are my Kira and I give myself freely in full
a big happy birthday my dear I so deeply love you.
Goodnight my Kira and only love feel these
sweet kisses I send to you,
we will have our day soon I know it my darling
and I will spend every one making you happy
because you are the most amazing darling.
So close your sweet eyes and rest your beautiful head
now upon my chest let's go to sleep
as I pull you in close for a snuggle of pure love.

Michael P. McParland

I Hurt So Bad For You

As I sit here babe in this piece
of silence that comes for a moments time
I just wish even more that you were
here within my arms as I gave you all my love
through my warmth and kisses so gentle and very sweet.
I've hurt so bad for you through the entire night
and as I think of all the happiness you give
I just long and hurt for you more and more.
I hurt so bad for you my precious one
and I just want to be with you sharing the sweetest time.

As I lay in bed earlier on this night
for the smallest rest and time to reflect
I began to cry with all the feelings of love,
need and memory I hold for you,
I cried such hurting tears as I thought of
all the things I want and need to tell you
my sweet Angel dove.
I hurt so bad for you because you are my best friend and only one,
I hurt for you because you are my precious jewel
and for all time I gave my heart and soul to you.
Kira I hurt for you because you truly are
the most special person to me there has ever been.

I truly hurt so bad for you because
you are the greatest there is and will be for all time,
I hurt for you because I want to hear
your sweet voice and words as I look into
your eyes and see you brightly smile
showing all your shining pure true love in return.
I hurt for you because you are a doll
and a gorgeous one at that,
you are my precious one so pure and good
and I'll never ever be in want of anyone but you my dear.

I just love you so much with all
my soul and heart and it hurts for you
to be so far and without any word at all.
I worry about how you are and if

you are okay or not and that makes me hurt
hoping you are doing well but knowing you truly
are in so much pain both deep within your
heart and soul with loneliness and others hurts
inflicted on my precious girl and that your body
is so often in deep pains.
I hurt for you just because I want to be with you
everyday serving you hand and foot.
I hurt because I want my Queen within my arms
to give my best and whole self everyday.

Kira I just hurt so bad for you because
my heart still beats to be with you again,
it beats to help you see you're loved and cared for
in the deepest ways and show you that you are so great,
it still beats in the pure love we share
because I want to share all existence just with you.
Kira dear I truly long and hurt so bad for you
because I truly love you dear to my core.
I truly love you babe and that is in full for sure.

Michael P. McParland

Love Note 319

Good evening to you
my beautiful dear I so hope
you are well and that you were here,
I'm feeling tired after dinner
and I wish you were here to just
snuggle with on the couch
while we watched the movie The Burbs
with my mom and nephews
that would be heaven my sweet Angel dove.
I wish you here to just
relax with in each others loving arms.

A very good evening to you
my sweet dear and
feel all of my loving warmth
as I send it to you and hold you
so very lovingly tight in my arms,
I just wish I could hold you right here.
I so truly love you and can't wait
to just spend time with you
every day as my sweet Angel bride,
we'll always be the greatest of lovers and best friends.
So I send all of my everlasting
undying love to you and give you
these kisses so very sweet.
I love you sweet Kira
and so very soon I know
our dreams will come true,
so remain strong my Angel and Queen
because I'll stick by you forever and ever,
I know all will work out
and I am going to marry you
so I can serve my true love and Queen
forever and ever.

Michael P. McParland

Your Special Day

Tomorrow is your special day
and inside my heart feels so many different ways.
The first feeling is the greatest joy
that you were born and are here on this earth
so I could meet and know falling in love
with the most beautiful woman there's ever been.
I feel such wonderful joy knowing we'll
come together again and this time celebrating
all the love that we have and we hold.
I feel so happy and joyful inside dreaming
of my gorgeous sweet Angel dove.

I also ache though in the most longing
hole inside of me wishing I could be there with you
celebrating and making the greatest of times.
Give you sweet kisses and tell you
Kira you are so wonderful and I love you so greatly.
I ache and long to be with you so I could
give you tons of presents and make you a dinner
and dessert that is your favorite and are craving,
just a day where I would serve you from start to finish
working as hard as ever to show you my love and make you happy.
I ache because I long to be with my sweet
Queen and Angel on her wonderful birthday.
It is your special day and I want to be with you.

Tomorrow is your day and I wish I could be with you
to make it the most special of your whole lifetime
but it will be a quiet day here and I'm going to
work at my best to write poems as my gifts
my special and beautiful woman.
I'm going to do the best that I can in this way
and just send you my love and my strength
so very strong and so very warming.
I will work so very hard to make your day beautiful
because I'm so in love with.
I miss you my darling and wish I could be there
to make your day extra special.

I truly love you so very much my beautiful Kira
and I wish I could be there to make
everyday so extra so extra beautiful and special
but especially tomorrow my beautiful Angel.
I want to give you everything you want, need,
long for and hunger,
I want to be with you because I love you my best friend
and I want to shower you in my love with
everything I know and can give you.
I just want to be with you forever and ever.
So you have the most special of days and feel
me there with you and have faith in that I'll never leave you.
I love you sweet Kira and will have those gifts
for you tomorrow I promise so I send you sweet kisses
and hugs in endless waves of true love
I adore you sweet Kira and will forever stick by you.

Michael P. McParland

Sweet Sunday Kisses Of True Love

Oh my sweet sweet darling I send sweet kisses
to you on this Sunday of true and pure love,
I am here for you my darling I swear,
I always have been and I always will,
I am right there beside you holding your hand
saying Kira I love you you're my only one.
I love you my Kira and give you these
sweet Sunday kisses straight from my heart and soul.

Sweet Sunday kisses to you my true love
and I apologize for not talking to you sooner today
but please understand I do not see
my family often and so far it's been
a morning and noon to spend time doing things
and don't worry for a second that I
wasn't thinking of you because you were
on my mind in my heart through every bit of it
and I send you these sweet Sunday kisses
to help reassure you and I promise I was
sending all of my loving warmth too.
I love you Kira you are the best thing to ever happen to me.

Sweet sweet Sunday kisses of pure care
and tenderness to you my true love sweet sweet Kira
please never worry or doubt that I am
here, there, always by you and dedicated to you
because it is you my sweet Angel
that I want so very much to spend my whole life with,
both this and the next can only be filled with you in it.
I love you so much being away is so very painful
and I am so lost in my life without you.
Even in good times like now with my family
the smallest things almost bring me to tears
without my lady who deeply supports me,
I feel so broken and empty without my gorgeous Kira.
So sweet Sunday kisses of pure and true love
to you my gorgeous dear because I love you completely
and you truly are my everything.

Michael P. McParland

Goodnight My Gorgeous Girl

Goodnight Kira my gorgeous girl
and each day that goes I truly love you more and more
so let's just snuggle the night away
in each others arms sweetly kissing
and feeling whole complete and safe.
Goodnight my gorgeous Queen I truly miss you
and want you here through all time within my arms,
goodnight my dear and come rest with me
while we share our loving warmth.

Goodnight Kira you will always be
my gorgeous girl and Queen
so look to the stars and be filled with
my loving warmth as you see my smile.
Know that I am with you now and we will
soon be together here on earth for real.
I know it babe and I won't fail you
my only Angel Queen and true love.
I will always stand by my gorgeous one
and hold you tightly within my arms,
so feel me there lying down beside you
now and rest your head down on my chest.
I'll just stroke your hair and rub your back
to give you soothing loving peace.
Never forget that your Michael here
adores you more than anything
so come my dear and snuggle with me for all time.

Goodnight Kira and in our dreams we'll
mingle among the moon and stars where
we belong as the brightest and truest loves there are.
Feel me as you lay in bed and feel my warmth
as we share this dream knowing I am holding you
within the dream and right there within my arms.
I am holding you because I love you babe
and want to spend all time with my Angel
among the moon and stars with the brightest
and most beautiful of them all.
Goodnight Kira my gorgeous girl

I truly love you more than anything
so slide in bed so close to me and let me
hold you close to fill you with warmth.
I hope you know deep inside your soul
just how deep I know you love me and that I love you too.
Kira you are such a wonderful, beautiful,
precious dove and I want to spend eternity
as your faithful, supporting, loving man.

Michael P. McParland

A Sweet Saturday Snuggle And Nuzzle

It's been a long day in so many ways
full of many emotions and that is tiring
I wish you could join me now here on this
Saturday night to snuggle and nuzzle
with sweet kisses and smiles.
A sweet Saturday night snuggle
is what I so truly long for and we both need my darling.

I just crave a sweet Saturday night snuggle
and nuzzle with my dear and only Angel,
I just want to hold you and give us both comfort
so right now feel me put my arms
tightly around you giving sweet kisses
and saying Kira I so deeply love and adore you,
let's in spirit share a sweet Saturday night
snuggle and nuzzle because I long so much for
my woman so amazingly special.

Kira it's been a nice day in so many ways
but here to wind down now I wish that
I could be with you sharing the sweetest
kisses and amazing snuggle while we nuzzled
just feeling so fulfilled and peaceful,
snuggle and nuzzle giving you my loving smile
while I just tell you you are my everything and wonderful,
I love you sweet Kira and could spend
forever just holding you tightly.
So please my dear soon let's come back together again
so we just just snuggle and snuggle while
we tell each other how much we've missed
and love one another and nuzzle.
So right now in spirit we can come together
and let's do that now because we truly love and need each other.

Michael P. McParland

Needing You Forever

Just woke up from a long nap
and as I rose slowly up from the sleep
I was thinking of you and felt all
my aching need rise to the surface
and overtake me in every way.
How much I want and need you forever in my life
as the woman I adore and want as my wife.
I felt the fears I have of losing you
and how it fills my heart with aching sadness
and great fears of the emptiness it would bring.
I just felt so much as I awoke and above all else
it comes to at its core is I love you
more than anything and am needing you forever
as my Angel and my girl.

As I rose from my long nap I just feel
the longing ache to hold you close within my arms,
to give you kisses and feel your warmth
surround me as I say I love you.
To feel your soft skin as I brush my lips
against your forehead and beautiful cheeks.
To just feel the full lusciousness
of your lips as we snuggle and I say
I love you babe more than anything
and need you in my arms and life for all time.
I just feel such love for you through all of me
and I ache for the happiness we will have.

I just want and need you to be with me
because I want my best friend in my life
both in this one and the next,
I want to share such gorgeous things with my gorgeous one
and know I am with the person who will
always have my back and be there for me
with true love and pride in her dedicated man
and I want you to know you are with someone who
gives you their all and would never let anything
harm you in any way because I stand up for and by you
in true love as everything you want and need.

I love you Kira and ache for you,
you are my Queen you precious jewel.

I love you girl I truly do and just want
to heal our aches in each others arms,
you are my most treasured and beloved northern star
and I want to thank you for who you are
and all you do because you are so good to me
and you are a wonderful loving soul that deserves pure joy.
I love you Kira with every part of my heart
and soul in every single way because we share a bond
of true and pure love that surrounds us
even in the air.
I love you Kira and I so ache for you
because I love and need you more than you can truly know.

Michael P. McParland

Love Note 318

Good afternoon to you
my sweet Angel dove
and I have just arrived back
from a few hours out to
the store and just bumming around
and first of all
I wanted to say I love you sweet one
and you are a wonderful woman
whom I totally adore.
You truly are my everything.

Even when enjoying myself with
my family I think of and long for you
wishing you were there with me
talking and laughing
enjoying the fun and quality time.
I always think of you and wish
you were there holding my hand.
I want my beautiful Kira
with me in every way and everywhere,
you are my lady
and my precious jewel.
You are my everything and universe.

As I now prepare for a late lunch
I just wanted to say I love you my number one,
remember I'm with you and feel me
there ever so close giving my love to you,
I'll never leave or hurt you darling
I promise you.
I am your man forever and ever.
I wish you were here with me now
as for lunch I try to find something
and I could just hold you
as we watched a movie or some random
college football,
Ohio State doesn't play today sadly.
Just know that I'm with you
and am so tightly holding you,

I love you sweet Kira
my Angel so beautiful and darling.

Michael P. McParland

A Cozy Saturday With You

I would love to spend a cozy Saturday
wrapped up so tight in each others arms
and and blanket with you curled up in my arms.
I just wish I could hold you near
and say I love you dear you truly are my everything.
A cozy Saturday with you in my arms
spending time with those I love is the greatest
dream there is and I always want to have.
Let's soon have cozy Saturdays in each others arms
sharing kisses and our loving smiles.

I would love it if we could spend a cozy Saturday
with you curled up in my arms early in the day
firstly quietly talking and then spending time
with everyone just doing whatever is going on
and enjoying the peace we feel being with each other
surrounded in pure loving joy.
A cozy Saturday with you my only girl
and the Angel I so love and adore in every way.

Later we would find ways just to be alone
and do our own wonderful and fun things.
Read our book and listen to sweet music
while we would lay in bed and snuggle to
just feel close together.
I so long for a cozy Saturday with my
sweet beautiful gorgeous Angel.
A cozy day with you curled up in my arms
feeling whole and peaceful like we've so wanted and needed.

A cozy Saturday is what I want with my Queen
and sweet Angel dove.
To just look at you and say my love without
a single spoken word and see yours as well,
A cozy Saturday with the most gorgeous girl,
woman and Angel I will ever know and want
to be with for eternity as my bride.
I adore you dear and want to spend my life
giving all myself and all I have to you.

A cozy Saturday we can still and will share
as I will in spirit hold you close my dear.
I love you babe you are my one
and I will always be there right by your side.

Michael P. McParland

Good Morning My Sweet Angel Dove

A bright early good morning to you
my gorgeous and darling sweet Angel dove.
It is a very chilly morning here
in northern Arizona and my sisters house
I wish you were here wrapped in this blanket with me
snuggling so tight and drinking some coffee.
I'll be wrapping you tight in my arms in spirit
giving you sweet kisses and saying I love you.
Good morning my darling and I truly adore you.

I miss you so much but I'm smiling this morning
because I can truly feel your love around me
and in me in every way.
Thank you sweet darling I especially need
your smile this morning and today.
Your love is a gift I am so grateful for
and I thank you for everything my sweet Angel dove.
I love you sweet Kira and miss you tons
but we'll spend a good morning snuggling in spirit right now.

Good morning my most beautiful and precious
Kira my sweet Angel dove it is so chilly
and I wish you were here on this couch wrapped
in this blanket snuggling with me.
I adore you so deeply and want to be with you always,
have a good morning my beautiful lady
and be warmed by these sweet kisses and hugs I send thee.
Good morning my Kira I love you with
everything that I am and will be,
you are my universe and my entire life.
Kira I love you because you are my best friend,
you are beautiful, and you truly are the very best.

Michael P. McParland

Sweet Sleepy Kisses And Snuggle

Goodnight babe and sweet sleepy
kisses and a snuggle with you.
I love you sweet darling now
come rest your sweet head upon my chest
and let's fall asleep with each other
in wonderful loving peace.
Sweet sleepy kisses and a snuggle
goodnight my sweet precious Kira
I'm so deeply and madly in love with you.

Michael P. McParland

I Will Always 2

I promise dear I will always stick by you
I do my best to give you all you want and need.
I will always keep my word with you
and never wavier in my dedication and promises
I've made in full so I can show you I truly care.
I will always be the man you can trust
no matter when, no matter what, no matter where
you can turn to me when you want or when you need.

I will always love you Kira dear with all
my heart and soul and I'm serious when I say
to me you are so gorgeous and beautiful in every way.
So often I could just gaze upon you
in awe and just get lost in your deep beauty
both inside and out as we, ll within your gorgeous eyes,
your smile captures me every time and I swear to you
I will always be here for you to take ahold
because you can count on all the love I hold.

Kira I promise I will always be your man
because I care for you in every way.
I adore you dear and I always will
have faith and trust that I'm never leaving you.
I will always be the one that loves you more than anything
and I will always be here with my hand
reaching out to take ahold of my only one.
I love you Kira and I swear I always will
because you are my best friend
and I treasure you and the bond we share.

Michael P. McParland

Evening Note 73

A good early evening to you
my beautiful sweet Angel dove,
I just woke up from a long
nap so very needed and I'm
slowly waking up from
and the first thing I wanted to do
was tell you I love you babe
and wish you were here.
It's chilly in this house
and I miss you bad and want
to pull you in for a warm snuggle
and deep loving kiss to get
this evening started in the right way.
Also a plan or two with my nephews
I wish you could join to have fun.

I miss my sweet Kira so good
and I feel you in my heart constantly
and just ache for you.
I wish you were here to enjoy
this little vacation here
and be with me everyday for all time.
It's my nephews local high school
last football game of the season
and even though they are awful
it would be fun to be with you
wrapped up enjoying things together,
I just want to experience all things
at last like we've been waiting as a couple,
I'll be thinking of you through
everything I do because I so deeply
and completely love you.

So a good early evening to you
with a huge warm and comforting
kiss and huge straight from my heart.
Remember sweet Kira to me
you are the most gorgeous important
woman that has ever existed

in every way that there is.
I so deeply love you and will
forever stick by you,
hand in hand my precious darling
no matter what forever and ever.
So feel my arms as I wrap them
around you and so long and tight
just lovingly hold you.
I will be with you the whole night
and evening as I will be forever
because I love you Kira
for you truly are my precious
diamond and Angel that I give
my whole life for all time completely.

Michael P. McParland

I Crave So Much With You

I love you so very much and crave so much
of you in every way there is.
My appetites long to be fulfilled by you
in every way that there is.
I don't just mean sex so please don't take it
as I mean it just that way although
making love is something I greatly crave
and want to share with you.
There are so many things in many ways
I crave to have and share with you.

I crave to spend time in each others arms
just snuggling away the days with sweet kisses
and feeling complete and whole wearing smiles of pure joy.
I just crave to have you right next to me
feel safe and peaceful all the time everyday,
I just crave to give you all the love
you deserve and need forever dear
and I just crave to serve my gorgeous Angel and dear Queen.

I just crave you for the gorgeous Angel
and pure jewel you truly are,
I crave the diamond in the rough
I truly cherish and adore for being
a loving, caring, loving sweet one.
I crave you dear and I always will,
my heart and soul are yours for all time
because you are the greatest there is by far.
I love you babe and I always will because you're my one,
I love you my sweet Angel dove you truly are my everything.

Michael P. McParland

I Miss You Babe

I miss you so badly babe and just wish
I could spend time with you in every place.
I wish you could be here in Arizona
right now spending time with me
and the part of my family that is here.
I wish that until we could permanently
move in together you could be in Minnesota
for so many snuggles and adventures just
like we would do when I visited you.
I miss you babe you are my everything.

It is cold in the northern part of this state
and I wish I could wrap up in a blanket
with you my sweet one and cuddle through the rest
of this chilly morn both in bed and on the couch.
I miss you so bad and want to give you kisses
while we talk and snuggle so very bad.
I miss you and wish we could just spend time
with each other my mom and my nephews
before we could go out this evening.
I know you would enjoy this time as well.

I miss you babe and no matter where
and no matter what I want to share this life
and the next with my true Angel oh so rare,
I want to spend it all with Kira
my only one whom I so deeply care for and adore.
I miss you babe and want you in my arms
because I love you more than anything.
You truly are a rare and precious gem
and I cherish you in every way,
you will forever be my sweet Angel dove
and I want to have you for eternity in my arms.

Michael P. McParland

Sweet Morning Kisses And A Snuggle

Good morning to you my sweet Angel dove
and as in spirit I pull you in close
for a sweet snuggle I give you the biggest
kisses of true love from my soul and heart.
Sweet good morning kisses and a snuggle
with my sweet Angel dove.
Kira I truly love you so very much.

A sweet good morning to you
my precious Angel from above
and I wish I could just hold you so close
and give you the most fulfilling kisses there are.
Sweet morning kisses to you my sweet one
I an right there holding you ever so close.
I'll be right by you the whole day
holding you giving sweet morning, afternoon,
the evening and night time kisses galore.
I love you sweet Kira now snuggle with me.

A sweet good morning to you my sweet girl
and I just want to spend every morning
early and late right by your side.
In spirit feel me put my arms around you
and share an early morning snuggle at this time
while sharing sweet kisses so wholesome and good.
Good morning sweet Kira I love you so true
so share a sweet morning snuggle with me
and sweet fulfilling kisses too.

Michael P. McParland

Goodnight My Sweet Beautiful Kira 2

Goodnight my sweet beautiful Angel Kira
and God bless your precious loving heart.
Your loving Michael is so very tired
and I just wish you were here to snuggle
with me sharing sweet kisses from the wonderful
bond we share in our hearts and souls.
Let's snuggle so tight in spirit tonight
as I very soon head to bed to rest
my weary body and mind.
Goodnight my sweet beautiful Kira so fine
I love you my darling you are divine.

Goodnight my sweet beautiful Kira
and I thank you so very much in so many ways,
I could feel you so many times today
as I was traveling and dealing with mind
scattering stresses I was forced to face.
Thank you sweet Kira you will forever be the very best.
I love you babe and I pray you felt me
with all my loving strength as well.
God bless you always dear Kira
my sweet Angel dove.
Sweet kisses and hugs for you my dear darling in endless droves.

Goodnight my sweet beautiful Kira and I'll
be holding you in our dreams tonight
and I'll be holding you tight in spirit so very close,
just snuggle up and rest your head on my chest
and feel comforted and cozy as I stroke your hair
and so gently rub your sweet back
I love you baby so very much.
Your Michael is tired and just wants you here in his arms
so come snuggle and nuzzle with me my only one.
We'll share such sweet loving kisses as we drift to sleep
and listen all night for my voice as I say I love you babe.
Hand in hand by your side through each night and day
goodnight my sweet gorgeous Kira come hold your dear man.

Michael P. McParland

Love Note 317

A wonderful good evening to you
my beautiful sweet Angel dove
from my current neck of the woods.
My time is all off from
the time change and busy day
and I just want you to remember
you're loved more than anything.
I will always be here for you
and stand beside you,
you are my true and only gorgeous lady.
You my sweet Kira are my everything.

Feel my sweet kisses as I
hold you so tight in my loving arms,
I'll never leave you or ignore you
in any way.
You are amazing and my sweet precious lady
and I want to be with you forever and ever.
Kira I'm with you always sweet lady
and adore you more than anything.
I can't wait to be with you
everyday is sweet joyful ways
finally knowing everything is okay.
I love you Kira and I always will.

I promise you lady I am
striving so hard and giving you
my very best always,
you are my dream and true Angel,
so feel my sweet kisses and know
I am so tightly holding you.
I love you Kira and promise
I'm here for you
and will never leave or abandon you.

Michael P. McParland

Always My Dear

You can always have faith in me my dear
because I promise I will always be here for you,
I will always keep my word to you
and prove myself and dedication in every way.
I love you babe and I always will
because you truly are my only one and everything.

It's been a long and at points very
stressful day of taxing traveling
and I just got to my sisters about within the last 10 minutes,
first thing I wanted to do was say
Kira my babe I so deeply and truly love you in full.
I promise you can always have faith in me
to give you my all and my everything.
Have faith and trust because for you I want
and will always give my best.
You are my best friend and true love
and I will stick by you forevermore.

You can always trust me my dear to be by you
and always give you all of my very best and self.
Kira you are my Angel and my only one
and I promise you I won't let you down.
I am so very tired and worn out I wish you were here
to wrap up in my arms for a snuggle and a kiss.
You can always know that I am there by you
because I love you so very much and I always will.

Michael P. McParland

Goodnight My Gorgeous Angel

Goodnight my sweet gorgeous Angel
of my deepest soul and heart
you are my everything and mean so very much.
As I turn in early for my early rise
come snuggle with me my darling dear,
come share sweet kisses of joy with me
my sweet Angel dove and feel pure peace
throughout our hearts and souls
wrapped up so content in each others arms.
Goodnight Kira my sweet gorgeous Angel
and let's snuggle now before we go to sleep.

Goodnight my sweet gorgeous Angel I'll be
holding you ever so tight through the night
giving you all of my warmth and love
while you rest your head on my chest
and I'll just stroke your hair and rub your back
occasionally lifting your head to lightly
kiss your sweet and soft cheeks saying
I love you sweet babe and I am your man for all time,
I will hold you so close through this life
to always help you feel safe in my strength.
I love you sweet Kira you truly are my everything.

I'll see you tonight in the sweet land
of our shared beautiful dreams,
I love the vision of us on a soft bed of our own
under the moon and stars in perfect weather
wrapped up so peacefully and cozy
in each others sweet loving arms.
Feel my hand within yours the entire night long
as I hold you so tight and give you sweet kisses
of pure love and delight.
Listen for me so closely as I tell you
I love you more than anything Kira
and I want to spend eternity with you.
You are my sweet gorgeous Angel and I truly adore you.
I'll see you tonight in our dreams snuggling
under the moon and stars in our future soft bed.

Goodnight my gorgeous Angel I so
deeply and truly love you,
you truly are a rare and precious diamond
I cherish and value above everything
and I just want to give you my everything.
You are the most wonderful and magnificent
woman and my heart completely melts for you.
So come snuggle with me and share sweet kisses
so wonderful and lovingly before you
rest your head upon my chest so gently.
I'll always stand by you because I so
throughly and completely love you.
Goodnight my gorgeous Angel and feel me always
there right beside holding you ever so tightly.

Michael P. McParland

Feel My Hand In Yours 2

As we go through the rest of this night
and through the long day tomorrow
feel my hand in yours and know I'm beside you.
Feel all my loving warmth as
I stand beside you with my arms
so tightly wrapped in pure loves comfort.
As we go through th rest of this night
and through the long day tomorrow
feel my hand in yours and all the kisses I give to you.

As we go through the rest of this night
feel my hand in yours knowing all will be alright.
My flight is so early in the morning hours
and I'll need to sleep soon my precious darling
but I promise I'll not forget our goodnight
kisses with our tight snuggle.
I want to share that with you forever
and especially tonight since I'll not
be able to write so long through the morning
into the afternoon some time.
Just feel me there beside you with my hand in yours so tightly,
I adore you my sweet Angel and I'm always
at your side holding you so close and tight.

Through all the time babe feel my hand within yours
as I watch over you to give you all my strength,
even though I won't be able to write for half
the day I'll still be with you in every way.
See my smile as you feel and hear my heart as it calls to you,
just be surrounded in my warmth as I send it all.
Just feel my hand in yours because I love you so
and will not ever leave you all alone.
Kira feel my hand in yours because I love you
my sweet Angel dove and want you to always feel that peaceful care.

Michael P. McParland

My Beautiful Queen

All my thoughts are with you
as I send you my love and warmth.
In spirit and true love I wrap you up
in my caring loving arms.
You are my beautiful Queen
I so adore and deeply love.
Kira you are my beautiful Angel Queen
sent from God up above.

You are my beautiful Queen who
I want to be with for all time.
You are the beautiful Queen that
gives me butterflies.
My soul and my heart will forever be yours
because I will always love you my
beautiful Angel and Queen forevermore.

Michael P. McParland

Early Evening Kisses

Though it's just a short bit away from evening
I want to send and start early sharing
sweet early evening kisses with sweet you.
I want to spend time before dinner with you
so close and cozy within my arms
while I gaze in your eyes and smiling
while I caress your soft cheek saying
I love you babe you are so great.
Then share some sweet early evening kisses
from the soul and heart.

My sweet sweet lady what a busy day
and still so much busyness to go,
right now before I would cook you
a fried chicken dinner I just want to
sit with you and snuggle sharing early
evening kisses with the most beautiful Angel,
sharing sweet early evening kisses
with my gorgeous precious Kira.
So before I start cooking within the next 10 minutes
feel my arms so tightly around you.
Giving sweet kisses of true love and comfort,
sweet early evening kisses of strength for each other.

So my sweet lady on this very verge of early evening
just feel the brush of my whiskers as I kiss you
ever so sweetly on your neck cheeks and tender lips.
Share with me a snuggle and sweet early evening kisses
with you the one I adore and cherish.
I am here for you my sweet lady so good
and I will forever stick right by you.
I love you sweet Kira you're my beautiful girl
and want to share sweet early evening kisses with you.

Michael P. McParland

Love Note 316

Sweet darling Kira
as I continue to get ready
and prepare for my trip
I think of you and send
my loving warmth with sweet kisses
to wrap you up in comfort and peace.
I think of you to give me a smile
and help give me calm and strength
so I won't be nervous and stressed
about the parts that are the most.
I send you my love so you'll
know I am with you holding you close
giving my love in every way that I can
to give you the greatest comfort there is.
I love you Kira and I'm holding your hand
so remember you're not alone
your Michael is forever by your sweet side.

Sweet darling as I continue
to get ready and prepare
there is a tug at my heart because
I'll be closer to you being back west
and I will struggle more than usual
knowing that we are that much closer
but I pray you will feel
my love that much clearer and stronger,
I love you darling you are my Angel.
I just wish you could be there
to spend time and talk with me
while we held each other.
You are my everything my beautiful Kira,
but thinking of you is helping me smile.

Sweet darling remember that today,
tomorrow and everyday I am beside you.
I won't be able to write you as much tomorrow
but I promise I will be able to
and I swear to you and before
God that I will.

I want you to feel comfort
in my undying love that is unconditional
and remember you can reach out to me
still through here or my email.
I'll never leave you without
my hand, arm, and full support,
I love you sweet Kira and I want to be
your forever hero.
So feel me beside you as I
grab you and hold you.
Kira I love you deeply
and am here for you completely.

Michael P. McParland

My Special Lady

Kira you are my special lady
who I adore and best I believe there is,
you are a sweet and bright shining soul,
the most beautiful woman there is
anywhere and I want to spend my life with you.
You are my best friend and an Angel
who is a true gift and blessing.
You are my special lady and I wish
I could just hold you so very close right now.

Kira my special lady you are such
a loving and calming force and I wish
you could be with me on this coming trip
for many reasons which most of all
would just be spending time with you.
To snuggle on the planes and even just see
the few parts of Arizona where we would be,
I just wish I could spend time with my special lady
and I know soon one day we will.

Kira you are my special lady and to ever lose you
would be the worst thing that could happen,
I just want you to know how wonderful
to me you truly are my sweet Angel.
My heart truly beats just for you and I can't wait
to just have you here forever in my arms
just both of us complete and basking in the glow.
I love you babe you truly are my one
and for eternity I will always love
my special lady Kira who I treasure and adore.

Michael P. McParland

Come Sit With Me

Come sit with me in this mid morning
and rest your head upon my shoulder
after I give you the sweetest kiss.
We can just sit here in peaceful silence
taking in the beauty of this time
we would have wonderfully together,
or just talk and talk like we always did.
It seems like we always had something to talk about
no matter what it may have been about we
could just go on at length branching off
in a million ways.
Come sit with me my peaceful dove
and we'll just bask in the love that surrounds us
from our hearts and souls.

Come sit with me and rest your head within my lap
and we'll just talk while I stroke your hair
and rub your back to keep it calm and loose through the day,
come sit with me and just relax knowing
that I am forever here and everything is okay.
Just come sit with me where you can feel safe
and know you're loved in every way there is,
come sit with me and just let me take care of you
in every way you need and that there is.
Come sit with me so I can serve my Queen.

Come sit with me my Queen and let's just snuggle
so close together in our shared loving warmth
feeling content and safe sharing our combined strength.
I just want to sit with you and forever have you near
for you are my beautiful precious one
whom I'll always adore in every way there is for all time.
Kira babe come sit with me while I hold you close
and give you the sweet kisses there have ever been.
I love you babe and I always will
and I can't wait to have those times that you
just sit with me and curl up within my arms
no matter where it may be rather in our house
or out for a walk.

It will be grand no matter what the place or time
because I'll be with you my Angel so supreme.

Michael P. McParland

Sweet Morning Kisses For My Angel

Good morning sweet love and millions
of sweet morning kisses and hugs
of endless love and care to you.
I'm sorry that I fell asleep last night
but as I told you I could feel you
so strong and you give me such peaceful comfort
I want and need.
Thank you my love for the care you provide.
You are my everything my sweet Angel bride.

I woke up about an hour ago but was sidelined
by another bad headache again my sweet dear
and had to rest it off.
Thank you for your understanding and in true
loving and thanks sweet good morning kisses to you
my beautiful Kira I love so much and care for.
Sweet morning kisses to you my Angel so pure.
I'm pulling you in for an early morning snuggle
to cover you in kisses and say I love you babe
over and over again.
Sweet morning kisses to my sweet Kira
an Angel blessing and gift I so dearly love to no end.

Good morning my Kira I truly am so thankful for you
and I send these sweet kisses with all of
my kind and caring loving warmth.
You truly are so special to me and feel my arms
as I wrap them around you and pull you in
so close in pure love right next to me.
Feel my sweet kisses as I put them on your cheeks,
ears, forehead, neck and then lips.
I send you sweet good morning kisses straight from my heart.
I love you sweet Kira you are my everything
and I can't wait to spend every morning giving
my sweet Angel sweet kisses because I love you baby
and I always will.

Michael P. McParland

A Late Night Snuggle

A late night snuggle with my beautiful Kira
is what I am so in need of and craving,
just sitting on the couch with you in my lap
and your arms around my neck while mine
are so comfortably around your back would be a beautiful thing,
us resting our heads against each other
talking while we laughed and laughed.
A late night snuggle with my gorgeous
and beautiful Kira is what dreams are made of,
dreams yet to be fulfilled but I know will be.

My sweet sweet darling Kira I so just want to
sit with you for a long late night snuggle
telling you I so deeply love you
and just gaze upon you while I nuzzle
with you my sweet precious Angel.
I so crave and need a snuggle and nuzzle
with you my deeply beautiful Kira
and I can't wait to share such beautiful times with you.

My sweet Kira I so want a late night snuggle
where life on earth with you is pure heaven,
just holding each other close while we rest
our heads next to each others in peace
is all I truly want and need.
I want to always snuggle with my sweet Queen and Angel
especially at night to feel cozy and comfy.
Kira you are amazing and my precious Queen
and I love you so much as I right now relax
I dream of a late night snuggle with my only one.

Michael P. McParland

Love Note 315

Babe as I head out the door
to pick up a few more things
for my Thursday trip.
I wanted to say I love you so much.
I wish you were here to
join me now as I go to the store
and I wish you would be
with me for the entire two
weeks of my trip.
I adore you so much
and just want to be with you
my sweet Angel dove.
I can't wait to hold you
and say I love you Kira
you truly are the very best
there's ever been.

Michael P. McParland

I Just Want To (Right Now)

I just want to lay in bed and sleep with you
right now and through the entire night.
I don't mean sex though that desire for you
fills me up in every way there is.
Right now I just mean being in your arms
and us both feeling whole and loved
as we lay there in each others arms snuggling
with sweet soft kisses and soft caresses
on each others faces backs and on our arms.
I just want to lay my head next to yours
and sleep with the Angel to whom I belong.

Right now and through this night I just want
to feel your warmth and share mine with you.
I want to hear your sweet words as you
rest your head upon my chest and I stroke
your hair as well as rub your back.
I just want to sleep and snuggle with
the Angel to whom I give my life
and feel completely safe and loved truly
in my lady's arms for once and all.
I just want to hold and sleep with you right now.
I just want my Kira by my side because
I treasure you my sweet Angel bride.

Right now my Kira I just want to lay
with you so near and dear within my caring arms
and be within yours as well.
It's getting harder all the time without
my only love and I pray to God for your
heart to be calmed and feel all my love,
I pray to God that you'll talk to me soon
and to know I would never push you away or turn on you.
You are my love and you are my one
and I love you so much I just want to lay in bed
with you right now and fall asleep in true peace
in each others kind and caring loving arms.

Michael P. McParland

A Huge Hug Of Pure Love 2

A huge hug of pure love to you
my sweet Angel dove.
I truly care for and love you
so very much and give you my heart and soul.
A huge hug of pure love I give
to you along with them because
I trust you and love you more
than anyone or anything anywhere.
A huge hug of pure love to you
because you are so beautiful
and my heart aches in infinite ways
when upon you I so lovingly and longingly gaze.
A huge hug of pure love and sweet kisses too.
because you my sweet Kira are the gorgeous Queen
that I want to serve for all time.

A huge hug of pure and total love
because I do want to take away all of your pain,
believe it or not my heart aches
with pure love for you in so very many ways.
It aches with the immense depths of purity
and immense joy which I will always
be so very happy to carry with me.
It aches with how much I miss you
and my need to hold you and open my soul
to the only woman I'll ever love and give myself too.
It just aches with the hopes and the needs
to give you my whole world and spend eternity
in each others arms and by each others sides.
A huge hug of love because I know you hurt
and so do I and I just want us to heal each other
wrapped in safe trusting love we have for each other
in our deep precious and sacred bond.

A huge hug of pure love to give you comfort
in the knowledge that your Michael
will never ever stop caring or abandon you.
A huge hug of pure love because you need
and deserve to know there is a man who

truly cares and loves you and would never ever
intentionally hurt you emotionally
or lay a hurtful hand upon you.
I will only ever put the most tender, loving,
and gentle caring hands of pure love on my Kira
and I want to hold you to show you that
you deserve the love that is given the greatest woman,
I want to show you that there is a man
who has saved himself for his Queen and true darling
and will forever and ever no matter what happens.
A huge hug of pure love to you my sweet Kira
because through it all and no matter what
you are worth everything and I love you so very much.

Michael P. McParland

Love Note 314

Good afternoon my sweet Kira
so good and pure in your heart and sou.
I've just risen from a nap
I never intended and I am sorry
I never told you or asked you
to snuggle so tightly with me.
If you were worried I promise
I am in no way angry at you.
I am not angry at you in any way
it's just tiredness catching up
with me in so many ways.
I miss you sweet Kira
and love you so deep.
I'm sorry if I disappointed you
and I wish I hadn't fallen asleep,
at least until after I had asked
if you would come snuggle
and share sweet kisses with your Michael.
I love you sweet Kira and want
my arms around you forever and ever.

I'm still trying to wake up
my sweet precious diamond
and I have such beautiful things
of truth from my heart
as soon as I am able to get going,
I like telling you how special
you are to me and I just wish
I could do it with you right here
while I so tightly hold you.
I so love you my sweet darling Kira
and never forget I a right there
holding your hand beside you
giving sweet kisses of all my desires,
not just physical but also spiritual
to remind you that I will not leave you
because I want to always stick by you.
Again my sweet darling I am so sorry
that I let you down and fell asleep

without asking you to join me.
I am here for you babe because
you are my Angel and I love you so deeply
and I will writs the truth of my feelings
once I am able to get going.
Your Michael loves you and so deeply adores you
and I will give anything and everything
just for my Kira.

Michael P. McParland

I Am Forever Yours

My heart calls to you my sweet love
in its longing ache and wanting need for you
saying sweet precious Kira
I am forever yours because I love you so very much.
Believe it or not i just want to hold you
in my arms so very bad and release all the tired
tears that I have inside because I trust you
to understand where they come from
and understand how they feel in every way.
I just want to hold you while you give me
sweet kisses on my face and tell me it is okay.
I am forever yours because my heart is yours
in the deepest of ways believe it or not.

My heart calls to you telling you I love you
and I am yours my sweet Angel dove
because you mean everything to me in my heart and soul.
I just want to hold you while you release what's inside
while I dry your tears and kiss your sweet face.
I know you have a very hard time trusting
as do I my sweet love but if you will have faith
and trust me you'll see a heart that is only for you
and will go the lengths of all space to give
you its love and everything you need and want.
I am forever yours and I just want to hold you so close
to help you heal from all the hurts you've carried alone
inside for too long in your life.
I am forever yours and give you myself, my heart and my soul,
and everything about me that there is.

I am forever yours and I feel so tired
and am aching inside for the woman I love more than anything,
my heart is aching and calling to you saying
Kira you are my diamond in the rough
and I love you so very much.
You are a miracle and gift to this man
that sees you as a gifted Angel God sent to earth.
I adore you so deeply and just want to hold you
so we can feel comfort and safety at last.

So we can lay down and rest or just sit and talk,
so I can finally tell you things in private I need
and so you can share with me as you feel ready
with each step and each day.
I would never push you to tell me those painful things
before you would be ready because I know how it is
and it makes things even more painful.
Kira i am forever yours because you are my sweet precious lady
who I trust and love and my walls are ready
to come tumbling down as I share with you my whole world.
I love you so dearly as you are the greatest,
my heart calls to sweet you saying I am yours my darling dear
forever and ever.

Michael P. McParland

A Quiet Morning In Bed With You

Good morning my sweet little Angel Kira
and how I wish long and desire I was in bed
right now next to you my sweet Angel dove
and not next to my computer and having
to only look at your gorgeous sweet picture,
I'm so glad to have it but I want you
to be in its place my dear darling.
I long for a quiet morning in bed with you
my sweet Angel my heart is always adoring.
I love you sweet lady and just want to snuggle
with you here in bed on a quiet morning for awhile.

A quiet morning in bed with you my sweet darling Kira
who is my best friend, soul mate, and true everything.
I just want to lay here in bed with you curled up
so tightly in my arms while I stroked your hair
and rubbed your back saying baby it's going to be okay
because your Michael is here for you always sweet one
and I love you more than anything there is including God himself,
I love you sweet one you are the best there's ever been.
I just so wish we could have a quiet morning in bed
together in pure comfort and peace before we have to rise soon
because you are my light and peace and I pray
I help lift your heart too because you are my gorgeous
sweet Angel bride and I love you more and more everyday.

A bright good morning to you my sweet Angel
I so admire love and adore and feel my arms
as I wrap them around you in pure warmth,
remember that your Michael loves you so much
and can't wait to have you in my loving arms
and I can't wait to be within yours.
I just wish and desire for a quiet morning in bed
with you the woman who I give my heart and soul to
forever and ever.
I miss you Kira and love you to the high heavens,
when we are back together I'm going to hold you forever
because I love you so much and need to tell you and show you.
I love you sweet Kira forever and ever.

Michael P. McParland

Goodnight Angel I Miss

Goodnight my sweet beautiful Angel I miss
I'm so very tired and just want you
to join me in bed to snuggle the night away
sharing sweet kisses and feeling totally
warm and complete in your arms feeling
the true love we share surround us in full
giving comfort and peace that has been
lost for so long in this life.
Please my sweet dear come share a sweet
bedtime snuggle with me where I can kiss you
and say goodnight my sweet Kira I love you
and have so deeply missed you..
Let's snuggle forever especially at night
to have the comfort of true love with
the one you so deeply love and care for.

Goodnight my beautiful Angel who is my whole life,
I'll be sending you all of my love and warmth
through the entire night and holding you close
as you rest your sweet head upon my chest,
in sweet caring love I'll be stroking your hair
and rubbing your back while I shed some tears
of loving need while I softly speak telling you
that you are my everything and I love you so deep.
Listen so closely as once again I promise you
that I'm always by you and I'm never leaving,
I love you sweet Kira you are my sweet Queen and Angel.
You are the most wonderful woman
whom in all ways I truly want and desire.

I'll see you tonight in our sweetest dreams
where I will hold you and you can see
everything that is inside of me
that I want and need you to see so clearly.
We're going to lay in our future bed
under a clear sky of stars so truly
soothing and calm with the moon
in the perfect weather that will be just cool
enough yet warm for us to wrap up

in my orange fuzzy blanket and snuggle in peace.
What a splendid night that would be
just you and me in our future bed
so comfy and cozy as it should be
and us under the stars and moon relaxing
and wrapped up in each others arms.
In our beautiful dreams tonight my sweet Angel dove
I'm going to hold you and give you
everything that I am and I feel for you my sacred Queen.

Goodnight my beautiful Angel I miss
and feel my hand in yours as I pull you in
so very close to snuggle while we fall asleep.
I truly love you so very much
and desire to be with you forever through time.
You are my greatest dream of sharing true love,
I want to be with the wonderful woman
who has so deeply touched my soul and heart,
I want to be with the woman that I give those too
because I trust you and know you'll
treasure and cherish them just as I do you.
I desire to be with you forever because
you are my best friend and hero
and I hold a love for you that is beyond measure.
Goodnight my sweet Angel Kira and remember
I'll always stand up for and beside you.
I love you sweet lady you are a diamond and treasure
and I'll never stop caring or being your loving Michael.

Michael P. McParland

Tender And Gentle 2

I wish I could spend a tender and gentle
night with you holding you close and kissing you deep.
I wish we could spend a tender and gentle
time just holding each other and talking
away about everything we want and need.
I adore you my dear and feel so tender for you,
I wish I could hold you so tightly yet gentle
showing you all of my heart and soul.
I wish I could share with you a tender
and gentle time just near each other and feeling close.
A time we could gaze into each others eyes
seeing the tender and gentle love we hold.

I wish we were together sweet babe so I could
tell and show you directly the tender and gentle
love for you I carry in my heart and soul.
I just want to be with you always in kind loving peace,
I want to share tender and gentle times
from the depths of tender loving care within
our souls and through the bond that we share.
Tender and gentle times in each others arms
are what we have needed and waited for
and I want nothing more than to spend an eternity
of tender and gentle times with the woman I love.
I want to share infinite tender and gentle times
with you Kira my sweet Angel dove because it is you
I truly do and will treasure and cherish forevermore.

Michael P. McParland

Evening Note 72

An early good evening
to you my sweet one
and I hope you feel good
and wrapped up in my never ending
loving warmth.
I am sending you kisses so deep
and sweet to give you
big smiles that brighten the world.
I love you Kira you're my special girl.

I just got back from
the store about 10 minutes ago
to pick up a few things
and snacks before Thursday
when I take my flight
to see my two nephews I really miss.
Just like I miss you
my sweet Angel Queen
and I wish you could be there with me.
To meet another part of my family
and just have time to spend
in the odd place talking and laughing.
So in the Arizona sunset
I could say Kira I love you
and then kiss you over and over.
I miss you my darling
and I will be writing you the whole time
from as soon as I get
to my sisters house and am settled.
I love you sweet Kira
and can't wait to be with you
most all of the time that there is in our days.

My sweet darling Kira
just feel me here with you on this evening
holding you close giving sweet kisses.
You truly are my beautiful everything
and I can't wait hold you
and gaze upon you saying

Kira you are a magical blessing
and I'm so very thankful.
I love you my darling
and feel such deep care and compassion.
I am here for you Kira
and I will forever stand by you
as your dedicated and unconditional
loving Michael.

Michael P. McParland

Sweet Kisses To Sweet You

Sweet kisses to sweet beautiful you
on this afternoon my sweet baby so good.
Sweet kisses to you of eternal warmth
and sweet kisses to you of dedicated care.
Sweet kisses to you my sweet Kira
because you're my best friend and I love you so much.
Sweet kisses to you because in all ways
you're so beautiful.
Sweet kisses to you on this afternoon
because I miss you so much and wish you were here.

Michael P. McParland

A Sweet Afternoon With Sweet You

As I here now in complete silence running
through many things in my mind of
both importance and nothing I come back
to the fact and the core thing which is
that I just want sweet beautiful you here
or me there for a sweet afternoon in each others arms
having fun and surrounded in love.
A sweet beautiful afternoon with beautiful you
where life is fulfilled with my Angel I love
more than anything there is in heaven or on earth.
A sweet afternoon of many ahead of us in true bliss
doing whatever it is we want to do.

As I'm about to cook lunch I think of
and dream how I wish you were here to enjoy
all of the work I'll put into it and the extra
love and work I would put in it just for you.
Special tacos just for my girl because you are the best
and truly deserve the best always that there is
in this world or on the other side.
I can't wait for these days to serve you my sweet Queen
as I pour my heart and soul out for you
in all that I do to make you happy and proud.
I love you my sweet darling and I always will.

I so want endless beautiful afternoons with
beautiful gorgeous you who holds my heart and soul
forevermore because you are a treasured
and cherished love in my heart I want to
spend all time with because I know that being
with my best friend is the greatest fate and truest
happiness that there is in any way ever anywhere.
Oh my sweet darling Kira how I wish you were here
and feel all of the love I send to you strongly
through the bond of steel that we share
and know inside you that this is the future we soon shall have.
I love you darling and am ready for you,
A beautiful afternoon with beautiful you is the dream
we should share and smile for right now.

Michael P. McParland

Love Note 313

A good and wonderful
late morning to you
my sweet Angel dove and
a million sweet kisses to you.
I miss you so much and wish
you were here to sit and
talk to me as I prepare to do
the last of the big pile
of dishes I have to do
which I only finished part of yesterday
and got a small portion done
in the last hour here.
I wish so very much
that you were here to sit and talk
while and did them
and then a little bit later
cooked us tacos for lunch.
A time we could share watching
a movie you picked which
would be far happier, better,
and less depressing than the one
I've been watching the slowly
the last couple of weeks.
I just want to sit with you
and share good times and good food,
you are the greatest my babe
and I can't wait to spend times like that
feeling whole and complete
once again with my Kira so grand.

Many many sweet kisses, hugs,
and huge smiles to you on this
late morning here my sweet Angel dove
and Queen I so dearly adore
and remember I'm right there
by your side hand in hand
smiling so big at you
and giving my looks of love
which are the greatest truth

and straight from my heart
to you my beautiful one,
I'm right there with you
always giving my total
love and support for my Kira
so beautiful pure and good.
I love you more than anything
there's ever been
and will ever be.
I don't want to be without you
anymore in any way
because you truly are my everything,
you are my Kira a precious diamond
who I am so truly proud of.
Have a good rest of the morning
and I so wish you were here to sit with me,
I'll write you though before
I make the tacos I wish I was sharing with you.
I love you my darling
and feel me holding you tightly
kissing your cheeks, neck, hands,
forehead and lips to fill you with warmth
and to wrap you in all of my strength and love,
I cherish and adore you sweet Kira
for all time and in all ways.

Michael P. McParland

You Are My Angel

You are the woman I so deeply
and truly love on every level there is,
you are the woman I truly want and need
for all time by my side.
You are my Angel and my best friend
and I promise to stick by you for all time.
I always have and I always will,
I love you so much and I don't want you to be hurt
and leaving you abandoning suffering alone in the cold
would hurt both of us beyond words
and I won't do that I swear.

You are the woman I have always loved,
even in the time that was forced on us
being apart without word I felt you
and knew I would forever love you
and deep down inside me I knew you still loved me too.
We share the deepest and strangest connection
but strange in a good way in that we can't
explain just how we know what the other
is thinking and feeling and can so truly
send our love and our warmth so the other will feel it.
I have always loved you my sweet Queen and Angel
and I know you've always loved me my sweet darling Kira.

Kira you are my Angel and I reach out to you,
I reach out in pure love so you will know
that I am right here and you aren't alone.
I promise you Kira I'll never leave you that way
because you are my beautiful Angel and everything,
I adore you so much and feel your spirit by me,
feel mine beside you as I hold you close.
You are my Angel who I love and care for the most,
you are my best friend and I just want to give you
all of myself for eternity as my mate.
I love you sweet dear for you are my one,
I love you sweet Kira you are my Angel so pure and good.

You are my Angel whom I can't get enough of,

your smile, your laugh, your sweet face,
and just beauty throughout your small frame.
You are larger than the illnesses and the
earthly restrictions than mortality has given,
in spirit you are the biggest so strong and so bold
and in the next life you will be rewarded
by God for your kind heart and loving giving
that I so admire and adore.
I love you sweet Kira you are my Angel I behold
and you are a blessing and gift I want more and more of.
Kira you are my Angel and only true love,
I want to spend eternity as Michael the husband you adore too.

Michael P. McParland

Good Morning To The Angel I Miss

Good morning to you my sweet beautiful Kira
the Angel of my heart and soul I so dearly miss.
Sweet kisses a plenty to you to give you a smile
and great warmth as I rise now with heavy lidded
eyes that still have a bit of sleep trapped within.
Good morning to you my beautiful Angel
I so truly adore and please curl up in my arms here
while we just sit back for a few and cuddle
so close feeling the love that we have surround us in full.

Good morning to you Kira my sweet Angel dove
and how I wish I was waking up next to you
every morning instead of my other pillow and computer
which I play my music and audiobooks on every night.
I can't wait until it's you I open my eyes to
and I can smile seeing my sweet Queen and Angel beside me
in your perfect and gorgeous beauty.
I can't wait to wake up next to you and give
you sweet kisses directly to start the day properly.
Good morning sweet Kira and in spirit right now
feel my arms so tightly around you and telling you
Kira I love you so much you are everything I need and want.

Good morning sweet sweet Kira the Angel
so dear to my heart I so deeply adore and miss.
As we both go about this morning getting up
and moving about feel me there by your side
my arms around you keeping you warm
and giving sweet passionate kisses to show you
all of my love and how much I love you and care.
Feel my slight fuzz on my face as my whiskers
are coming back in lightly right now while I give
you the sweet kisses on your forehead and cheeks.
Just feel me there with you holding you close as this day begins
and never forget that to your Michael you're
the most important thing in heaven or on earth.
Good morning sweet Kira you are the Angel
I so deeply and dearly miss.
Sweet kisses to you with my big smile too,

I love you Kira and I always will.
Please reach back to me so soon so our dreams
will be here as we hold each other so close
and say I missed you babe and love you more than anything that there is.

Michael P. McParland

Snuggle 35

Come snuggle with me my sweet Kira
here on this Sunday eve.
Come snuggle with me in the warmth
that we feel and in each others arms need.
Come snuggle with me because I need you
and I know you need me too.
I want to lay in bed here with your head on my chest
while I hold you so close rubbing your back
and stroking you long and soft beautiful hair.
Please my sweet Kira come snuggle with me
and we'll forget the rest of the world
just enjoying the true wholesome love we have
and need to share in full in each other arms.

Kira I'm tired so deep inside from
missing you so bad and breaking inside last week,
though mentally restructured for the most part
physically I'm still so badly worn out.
I'm sad and just want you here in my arms
to snuggle with the beautiful woman
I so deeply care for and love in every way that there is.
come lay here with me and snuggle the
evening and maybe night away too.
Please my sweet Kira please understand and feel
all the deep loving care within me and snuggle right now.
Please come while I hold you and tell you
how wonderful I know that you are.
Come snuggle sweet Kira I love and need you so bad.

Come snuggle sweet Kira you are so very
beautiful and cherished completely.
I would never ask you for more
than I would myself give to you
because you are my Queen so very sacred.
I want and need you sweet Kira so please
come and join me.
I just want you to lay here and snuggle
as I tell you I love you
and want to be with you through all eternity.

Michael P. McParland

A Quiet Evening Together (Peaceful Healing)

How I just want to spend tonight all night
in your arms so peacefully in each others arms
healing in the love that we feel.
Healing our hearts from the hurts that our
fights have caused and inflicted
and I know we can and will work through
with the bond that we have and the true love we feel.
I want a quiet evening in each others arms
in quiet peace just healing and feeling happy
to be together again and very much more this time.
I love you Kira and want a peaceful evening
in each others arms in our living room
dimly lit yet bright enough so I can gaze
lovingly upon my beautiful Angel I so deeply adore.

More importantly I want a peaceful evening here or there
in your arms to heal each other from the harms
and the scars of the world in the care that
only the true and pure love we have for each other
can truly provide in its infinite unconditional caring.
I am aching and dying for a peaceful evening
so we can heal with each other drying the tears
that have flowed so freely and immensely from our eyes.
I want to dry your hurt tears my sweet lady
and I want only you to dry mine because you are my Queen
with infinite love who holds my soul and my heart,
you are my diamond and light and I want a peaceful
evening of quiet healing in each others arms
finally knowing that everything will be good and alright.
I want this evening in Kira's arms
the woman I so deeply cherish and love.

I so want a quiet evening of peaceful healing
not just in your arms but serving you in the ways
that I want and those fun little innocent things
that I know others would make fun of but you would not
and I want to do with you because it is from my heart,
a heart that sees just you because you are my darling so good.
I want to cook for you and see you enjoy it,

I want to read together a book that we'll
enjoy so very much through the adventure
as if we were living it hand in hand together,
and I want to watch a peaceful and quiet movie of
your wonderful loving choosing while we sit
in each others arms so peacefully and lovingly
healing and feeling safe with each other completely.
I want a peaceful evening of quiet healing
with you my sweet precious Kira my Queen and my Angel.
I want to be with you wherever because you are my everything
and I want to be with you in our endless love forever and ever.

Michael P. McParland

Spending Time With You

Spending time with you is all I wanna do,
holding you in my arms while we talk.
Reading a book with you while we sit
up in bed or on the couch so close.
Watch a movie which you love or I love,
one we love together just sharing and spending time together.
All I want is to sit with you
my sweet precious beautiful Kira I adore and love.
I just want to spend time with you because
you truly are my universe and everything.
I just want to be spending time with you no matter what.
So my dear will you come sit with me
while I do all these dishes I have and spend time with me?
I just want to spend time with you no matter what
so just come sit and then snuggle so close, warm,
and very tight afterward before dinner sweet one.
I love you Kira and want to be with you everyday
spending personal time in true happiness with my Angel
who I so deeply love and miss.
Kira you are the best and spending time with you is all I want.

Michael P. McParland

Love Note 312

Sweet afternoon kisses to you
my sweet precious dear
and I truly love you
more than anything
My heart aches for you
as my wide open arms of love
do too.
You are my sweet Angel dove
and I want to hold you
as my wife through
all space and time.
Sweet kisses to you
my Kira so beautiful and good
I love you so much and I always will.

Sweet afternoon kisses my dear
and I promise I do and always
will give all of my best to
and for you.
You are my Angel and hearts
true desire to have in my life
and celebrate true love for all time.
It hurts so very bad to
not have you here or
for me to be there holding
you close say Kira
I love you so much you are the best,
I just want to be right there
beside you to look in your eyes
and gently push back your hair
and the caress your cheek
before I kiss you so deep.
It hurts because I long
to dry your sad tears of hurt
and I want you to dry mine
because you are my baby
and the love of my life.
Sweet afternoon kisses to you
my sweet love because you are the best

and my sweet Angel dove.
I love you my sweet Kira
my beautiful girl.

Sweet afternoon kisses to you
the only woman I'll ever love
because you are a sweet and soft peach,
the bright shiny apple of my eye.
I adore you so very much
and can never get enough.
Kira you are my best friend
and that means more than
literally anyone on this earth can know.
Only God himself who
can see into a heart and soul
understands what it means
to me for you to be my
gorgeous best friend.
I love you sweet Kira
you truly are my everything.
So please always remember
I am right there beside you
holding you close
because you are my treasured lady.
Hand in hand always
I promise I'll never leave or betray you.
Sweet kisses to you my sweet Kira
because you truly are
my Angel and soul mate
and I'll stick by you
and love you for all eternity.
Kira Petranovich I am your Michael McParland
and I want to be you forever faithful
dedicated husband.

Michael P. McParland

Sweet Sunday Dreams

As I laid down and had a long nap
I had a sweet Sunday dream of us.
A sweet Sunday dream in a beautiful place,
a place almost as gorgeous as you
and we just sat and talked and talked
while I held you tight as you were
curled up in my arms and you just kept
lightly touching my face and I would kiss your hand.
It was a sweet Sunday dream of you and me
sharing a beautiful day in pure
happiness and peace smiling ate each other.

I am still very tired just having woken
but this dream is getting me moving
because I wanted to share with you
this beautiful vision of us being together
gazing in love and sharing sweet kisses
feeling peaceful and whole as we just
enjoyed each others loving company.
A dream which I can't wait to be real and come together.
I love you my sweet lady and this dream
will soon be reality,
a sweet Sunday dream of talking so
lovingly and peaceful like we always did and will again.

This beautiful dream of beautiful you will
help keep me moving on more through the days
because I can't wait for this beautiful
Sunday dream of true bliss to be real.
To hold my sweet Kira and look in your eyes as
I say I love you my Angel I'm so glad you're here
to hold and to look at and just give you my love.
I cant wait to tell you just how much you mean to your Michael
who cares for you more than anything that there is.
I love you Kira and it was a beautiful
Sunday dream and it is a dream so truly wonderful
that we'll share soon my only one.
It is a dream with you that will be true heaven on earth
because it will be with you an Angel that

has been given as a true blessing and gift.
It will be with Kira the most beautiful woman there's ever been.

Michael P. McParland

A Quiet Sunday Morning

How I want to spend a quiet Sunday morning
here with you curled up in my arms
as we just sit back in the medium light
in the room that is so relaxing and peaceful
making for the perfect comfort while we
get moving on this Sunday morn
and I'll just hold you close while we drink our coffee
softly talking and smiling at each other
as all the time in the world marches on.
I want a quiet Sunday morning with my babe
to just relax with you and forget today
that there's a world outside our door.
It will be just you, me, and our family.

So my sweet love even though right now
we can only have our dream in spirit here
grab your coffee and curl up in my loving arms
for me to keep you nice and warm while we
just revel in the love we have and feel so deep
and we share so openly because we are proud
of each other and the things inside we keep.
Let's sit back on the couch and snuggle away
a quiet Sunday morning filled with bliss because
you'll be curled up in my arms in true love.
Kira I want a quiet Sunday morning spent with you
so right now let's both sit back and I'll
wrap my arms so tight around you as you curl up under them.
I love you dear and want every one with you
and to be peaceful and beautiful as we live in heaven as a couple.
So just sit back along with me and feel my warmth
as I pull you in and say I love you dear you truly are
the very best there is.

Michael P. McParland

A Sweet Sunday Morning Snuggle

Sweet beautiful Kira I want to share
a sweet Sunday morning snuggle with you.
I just closed my eyes last night for a moment of rest
and fell fast to sleep so I missed
our late snuggle and goodnight so I want to
just lay here now and hold you so close
for a sweet snuggle with you my sweet Angel dove.
Let's share a sweet Sunday morning snuggle
my sweet precious beautiful Kira.

Just curl up so close and tight in my arms
while I give you sweet comforting kisses
of true passionate and tender love straight
from my heart and soul to beautiful yours.
Let's share a sweet Sunday morning snuggle
just wrapped up with each other because
I want you, I need you, I love you so much
and want to give you all the loving peace
for you that I so deeply have.
Let's snuggle sweet Kira on this early
Sunday morning and share some sweet kisses
and looks that warm the whole soul for each other.

I'm reaching out on this Sunday morning my Kira
to pull you in for pure warmth to share
with each other in our true love as we so sweetly snuggle.
So tightly curl in and rest your head on my chest
and I'll just hold you and softly sing or talk
if that's what you needed or wanted.
I just want to be with you snuggling on this
very late October Sunday morning us both
cozying up so closely while resting a bit more
before we get up to spend a beautiful morning.
Let's share a sweet Sunday morning snuggle of comfort.

I'm reaching out babe and pulling you in
so feel all of my warmth envelop you
and my arms around you as my loving care fills you up.
I so deeply and truly love you my beautiful Kira

I cherish and adore more than anything
and I want to spend some sweet time snuggling
with you wrapped up so tight in my arms
while we share some sweet kisses and you rest your head
so comfortable and loving on my chest.
I want you sweet Kira here in my arms now and forever
so here today let's share a sweet Sunday morning snuggle
of true care and love for each other.
I love you sweet sweet darling Kira and I'll never
stop having this immense feeling.
So I'm reaching out to hold you so close and tight
for a sweet Sunday morning snuggle of pure delight.

Michael P. McParland

Deep Kisses Beautiful One 2

My beautiful one how I would love
to just lay down in bed with you
and share deep kisses of healing and true,
to just lay in bed softly talking
in each others arms as we shared deep kisses too
feeling contented peace knowing that everything
is okay holding each other and feeling
at home snuggling and sharing deep kisses
of true and pure love from our hearts and souls.

How I wish I could just lay down with you
in our bed in the dark while I made up
for all the things I did wrong with
deep and meaningful apologies and deep kisses
to show you the depth of my love and sorrow
and how much I want to heal your aching heart.
I just wish I could lay with you in
our bed in the dark holding you close while
I gave you deep kisses of love and told you
I'm sorry sweet one and love you so much.
Please forgive me my dear and let me show you
just how truly much you mean to me
and that I will give you my all and everything
because you are my sweet Angel Queen
and my heart and soul are yours alone for all time.

Beautiful One I just want to hold you
and forever share my whole life with you
and share yours as well as you are the woman I love,
you truly are my everything and I adore you sweet one
more than anything because you are so good
and I adore all of your beauty outside and in,
I just want to give you deep kisses so sweet
from the tender care and love that for you I so deeply hold.
Kira my dear I just want to lay in our bed in the dark
and so softly lovingly talk about everything that we want
and then share deep kisses so fulfilling and good.
Kira my beauty I just want to be with you
sharing sweet snuggles and kisses forever because

you are my best friend and Angel
and I'm going to love you forever and ever.

Michael P. McParland

Sweet Evening Kisses 2

Now as dinner is done and right now
it's a half hour before the game begins
I give you sweet kisses of love and calm.
Let's just sit back and relax in each others arms
before all the excitement begins
and we'll share sweet evening kisses
of peace and true care.
Sweet kisses for you and me as we just smile
and relax feeling whole and as one.
Sweet evening kisses to you my sweet Angel dove
come curl up so close and tight in my arms
so we can relax for a short bit of time.

Sweet evening kisses to you the sweetest
and most beautiful woman that's ever been.
As game time approaches I just want to relax
and feel calm snuggling with you for awhile,
an appetizer as it were for the snuggle we'll share
after all of that is said and won.
A little treat of sweet kisses and peace
with my lady so truly good and full of light.
Sweet kisses and a snuggle we both so want and need
and I can't wait to enjoy a whole night
with two things I so love.
Watching my team and though right now just in spirit
sharing sweet kisses and a snuggle with you.
I so truly treasure and cherish the love that we have
and can't wait to spend these times in your arms.
Sweet evening kisses to you my Angel of loves greatest truth
I so deeply love you and can't wait to have you
curled up in my arms sharing sweet kisses all of the time.

Michael P. McParland

My Beautiful Kira 3

Oh my sweet beautiful Kira I have
so many thoughts and dreams of what
I want to do with you when we have come together.
I know most of all I just want to hold you close,
especially at first so we can feel the warmth
of healing all around us as we talk
and let it all out in tears of shedding sorrows
and the now tears of joy that we feel
as we have found our dreams and as a team
will make it work side by side hand in hand.
I love you my beautiful dear and can't wait
to say it right to you and thank you too.

My beautiful Kira whom I adore and care for
more than anything I wish you were here
to spend this evening with me as I cooked
once again another wonderful meal for you.
Spaghetti for dinner such a delight
and I would love for you to sit with me
as Ohio State plays Rutgers and it will be fun,
it would be even more fun though to have you
my sweet dear right beside me here watching
my team march up and down the field.
I wish you were here my gorgeous one to cook for
and be with as we watch the game.
These are the times I look forward to and can't wait.

My beautiful Kira I just want you to be with
every day and night finally having a love
to be with and feel safe and warm,
and that it will be with you my true love
and best friend is the most special thing there is.
To be with Kira the most gorgeous loving Angel
that has been such a blessing and a gift.
I love you dear and always will.
Beautiful Kira I just want to hold you near
and relax as the days and nights come and go.

My beautiful sweet Kira after all this day

I just want to spend the night with you.
After the game just cuddle up and watch a film,
you can choose from what I have or I'll rent
just what you want because I'll do anything
and everything for my lady that I can.
A beautiful night with you in each others arms
watching a movie and reading our book,
that a night spent in your arms bonding in true love.
Beautiful Kira you are my one and I want you
in my arms to just feel true comfort for all time.
Kira dear I want to be with you as my wife
and have you by my side forevermore,
you are beautiful and I cherish you to no end.
Beautiful Kira we'll soon have our day and I'll
stand right by you holding you close to me.
Beautiful Kira I so love you and will share
such gorgeous days and nights for all time with only you.
I'll be sending you all my warmth and love through
this whole night with sweet kisses of pure light,
feel me there supporting you and know I'll never leave
and you're not alone.
Beautiful Kira my precious dear you are my only one
and I truly love you more than anything.

Michael P. McParland

Sweet Kisses To My Sweet Babe

Sweet kisses of true and deep love to you
my sweet babe I so deeply and dearly adore,
sweet kisses of pure adoration for you
my sweet beautiful Kira an Angel from so high above.
I love you more than anything in heaven
or on this earth which you give beauty so great.
Sweet kisses to my beautiful treasured and cherished babe
whom I love so very much and truly is my universe and everything.

Michael P. McParland

A Gorgeous Afternoon With Gorgeous Kira

I would love to have a gorgeous afternoon here
with you my sweet gorgeous Angel Kira.
An afternoon to spend together just sharing
our loving warmth that is bigger than the world,
it fills the universe as it's a blessing straight from God.
A gorgeous afternoon spent snuggling away
as I did some special things for and with you
my beautiful Queen Kira so pure and good.
A gorgeous afternoon with you my sweet Angel dove.

On this gorgeous afternoon I would cook you a wonderful lunch
as at the store I picked up some wonderful steaks.
I will love cooking for you my sweet Queen
serving you the best that there is as that's what you deserve.
A gorgeous afternoon with each other sharing
our loving company and good food that fulfills many needs,
a gorgeous afternoon with my gorgeous girl
is the things that dreams are made of and in real life lived.
A gorgeous afternoon with my gorgeous Kira
who I adore and cherish in every way that there is
and always will for all time as my soul mate and hero best friend.

A gorgeous and loving afternoon where afterwards
I would have you lay down while I cleaned up
for you my sweet Queen and you could rest knowing
everything would be taken care of just for you
by your Michael who wants to make you happy and proud everyday.
After cleaning up I would snuggle with you
and we could just sit and talk like we always did
and I know we always will.
A gorgeous Saturday with gorgeous you knowing all
in life is so happy and good.
I wish I was with you and send all of my
loving warmth to give you a smile and peace at heart.

I can't wait for our gorgeous days my sweet Kira
so beautiful and good in my eyes,
I can't wait to hold you close and tell you
I've always loved you so much and knew it

since high school that it was you I wanted as my eternal wife,
I can't wait to just hold you and finally know
what it's like to be with someone you truly love
and feels such immense love for you in return
and knowing we will have it and in words I can with you share it
makes this a gorgeous afternoon in some manner
with gorgeous you my darling Angel
and I promise to you I will always do my best
to make your days and life forever gorgeous because
I love you so much and you are my gorgeous best friend.
I love you Kira and you truly are so very gorgeous
and I want to spend all my life and existence in gorgeous
times with my beautiful precious Kira.

Michael P. McParland

Love Note 311

Good afternoon my sweet love
and millions of sweet kisses to you.
I'm sorry I didn't write you
a lot sooner but a chaotic
couple of hours I know you'll understand.
Frustrating but saw some nice
things around St. Paul
and annoying adventure in the store
because they moved literally
everything around.

I went to take some cans
to the recycling plant
a chore that was supposed to go quick
but then got lost and couldn't
find it winding around
into the mazes of downtown
St.Paul where the streets
go all over with no pattern it seems.
Then stopped by the store
on this crowded Saturday
and the whole place had been
rearranged oh what fun
so I sat there looking at my watch
the whole time worrying that
you'd think I'd forgotten you
and I promise I haven't.
I never will my sweet darling dear
because I love you so much
and wish you were here to share
these adventures all over in fun.

So my sweet love I'm sorry
you were kept waiting and feeling so blue,
I promise I'll always
be here and there in support
right beside you.
I love you so deeply
and I love you so dearly

and I'll always give you my best
my sweet precious Angel.
I am here my sweet darling
and will keep writing always
and more today for you.
I love you sweet Kira
and forever I will.

Michael P. McParland

A Beautiful Saturday Morning With My Darling

Good morning my sweet beautiful darling
and as I move about at a medium pace getting
myself moving and together I think of you
to give myself a smile and send all of
my loving warmth to you to give you a ray
of sunshine and make you smile too.
A beautiful good Saturday morning to you
and sweet kisses to you my sweet Kira
for all that you do and just for who you are.
Sweet kisses and hugs to you because I love you
so very much and treasure you like nothing else.

A beautiful Saturday morning with you is the
dream that I have in my heart and mind and am
sending to you to give your heart light and peace
and so you'll know that I'm with you giving my love in full
because I want to always be with you as
my only partner in life to share everything with.
To be with a family of our own and to enjoy
things with our families in so many ways.
A beautiful Saturday morning dream of being with you
as we sit on the couch drinking our coffee
with you curled and cozied up in my arms
and we talk about all of the charms in this life
that we have and hope to share.
A beautiful Saturday morning with my Kira so fair.

A beautiful morning filled with sweet snuggling and kissing
as we just bask in the glow of the eternal love
that we are always enjoying and feeling.
A beautiful morning of good coffee of your choosing because
that's one of your many areas of expertise over me
and I know that you know the greatest stuff.
Snuggling while just softly talking and then maybe
even another book we've chosen along side the other
but is lighter for beautiful mornings spent together
smiling and rejoicing in the life we share and treasure.
Oh a beautiful Saturday morning with my beautiful Kira,
I can't wait for these days I'll sop deeply cherish.

A good and beautiful Saturday morning to you
my sweet precious darling Kira
and rather it will be here or there it doesn't matter
because beautiful mornings with you will be
everything that truly makes me happy and matters.
Beautiful Saturday mornings with beautiful Kira
the woman I stand by and give myself to forever and ever.
The woman that I will stand up and by for defending her solely,
My beautiful Kira who is my universe, soul mate Angel and everything.
So I have this dream and send it to share with you
of a beautiful Saturday morning in each others arms,
a beautiful Saturday morning with you the woman I
so deeply treasure and love to no end because you are my best friend.
God bless you Kira to feel my warmth and my love
and to feel it so deep share with me today and always
this beautiful dream that we'll live when we come together again.

Michael P. McParland

My Sweet Beautiful Kira 3

Good morning my sweet beautiful Kira
and again I thank you so much for
you immense patience with me as I
come back together inside and repair
whatever broke in me.
I love you so very much for you
kind loving care that you give
and I love you sweet Kira for being you
because that's the best thing about you sweet one.
I love you Kira you are the greatest
person of all time.

I had a handful of nightmares throughout the night
but you my sweet beautiful Kira came
and rescued me every time.
You are my hero and only true love,
I thank you so much for all that you do.
I love you my beautiful Kira and I give you my life,
you are my essence holding my heart and soul.
I love you sweet Kira from head to toe,
you're the sweetest most beautiful woman there is.

My sweet beautiful Kira I thank you so much
once again for holding me so close in comfort
these last number of days in healing
and I promise you I am always here and there
as well to give you maximum comfort and loving
for whatever you need my sweet girl.
I'll never leave you or do something to hurt you
because I love you and care for you more than anything.
You are my hero, my soul mate, and my beautiful best friend.
I give you all of myself in full because I adore you
so much and want to marry you having you
as my eternal wife and serving my Queen as your
noble dedicated husband that would do anything for you.
I love you sweet beautiful Kira and I always will.

My sweet beautiful gorgeous Kira I love only you
and I am going to try so hard to stay up

through this whole day and I swear before God
to you that as always I will give you my best,
I promise I always do because disappointing my Kira
is something that hurts me too.
I love you so much and when we are together again
I'm going to look into your beautiful eyes
and say I love you beautiful Kira my best friend
and then thank you again and again and again
because you are my sweet Angel dove bride and Queen.
I love you my beautiful Kira to no end and more than anything
and I can't wait to hold you so close for eternity.
I adore you babe to my very core because you are you
my beautiful Kira so good.
God bless you in full for all time because you are
an Angel and gift unequaled and pure.
Again I love you sweet beautiful Kira because you are my everything.

Michael P. McParland

Love Note 310

As we sit here on this late afternoon
my sweet love the tiredness
has struck me again so
I need to lay down for awhile,
come snuggle with me
in our warm wholesome love
and smile in peace as you
rest your head on my chest
and I hold you so close.
Come lay with me and as we
begin to drift we'll share
the sweetest of kisses
and tell each other about
all of the things we've missed
and are so grateful to have now.
Come snuggle with me my sweet one
so I can show you my smile
and gaze upon my beautiful Angel
I adore so deeply in full.

Come my sweet lady
and we'll snuggle ever so close,
hopefully I won't fall asleep
and stay that way for a long time
but no matter what remember sweet one
I'm always with you holding you close,
with me my best friend
you'll never be all alone.
I'm holding your hand and giving
my endless love and support.
I am all yours and will
stick beside you for all time.
I adore you my sweet Angel dove
and love you more than anything
because you are a diamond in the rough.

Sweet lady as I lay down
for this rest come snuggle with me
and let's bask in the peace.

You are my Angel I want and need,
I want to spend eternity
getting to have experiences
of pure gold with my Queen.
I want you beside me
because there's nobody better
than beautiful Kira,
you are my sweet precious lady.
So let's snuggle so tightly
sharing kisses so sweetly.
Kira my darling I love you deeply
and you are truly the worlds greatest lady.

Michael P. McParland

Sweet Kisses To You 2

Sweet kisses to you my sweet one
from the man who loves you more than anything.
Sweet kisses of true warmth to give you peace
and contentment to give you that gorgeous smile
that makes my knees weak and puts
butterflies in my stomach.
Sweet kisses to you my beautiful Kira and Angel
from up above and so adore.
Sweet kisses to you in droves because I love you babe
and want you to know you are the most
wonderful and important person in my life.
I love you babe and send you sweet kisses
to shower you in my never ending care.

Michael P. McParland

Beautiful One 8

Beautiful one just continue
to cozy up and snuggle with me
on this beautiful afternoon that we share
even though right now it maybe
just in spirit across an expanse of land.
Let's still just cozy up within our love
so I can say your are my beautiful dear
that I hold so deep within my soul and heart.
You are the best thing that's ever happened to me
and I thank God for you everyday my sweet Queen.

Beautiful one just curl up within my arms
and we'll spend the day in total warmth.
Just enjoying all the time with each other
and feeling peace knowing that we have forever,
beautiful one just cozy up with me
and enjoy the beauty in true love we share,
you truly are so fine and fair and I dream
of the beautiful things we'll have and share
greatest of all will be being with you my beautiful one.
So let's just sit in the loving peace we share
and know that soon together our future we will be okay
and feel all my warmth with sweet kisses that I send.
I love you so very much my beautiful one
and feel my arms around you tight as I whisper in your ear
that everything will soon be alright.

Michael P. McParland

A Beautiful Afternoon With My Angel 2

After a long mornings rest I now rise
wishing I could have a beautiful afternoon
with my beautiful Angel so good and pure.
I'll be thinking of you Kira and sending my love too.
A beautiful afternoon with you is what
I can't wait to have everyday when you are here,
beautiful afternoons with beautiful you
my best friend hero and Queen.
Heaven on earth with my lady so true.

A beautiful afternoon with some late day
coffee to get moving as good as I can at this time
and then just sit back on the couch
and with you peacefully relax while we watch
a movie and a few TV shows I've been finishing.
To sit back and snuggle with you today
would make the most beautiful afternoon
where everything would be good and right in the world.
I can't wait to spend so much time feeling safe
and at peace here or there with you in my arms
telling you how beautiful and wonderful
you truly are.
Everyday will be a great one in heart no matter what
because I'll have you in my life for all time.

It's too cold and cloudy outside to go sit
so we could just stay inside holding each other
while we did tons of stuff.
Find something so nice for lunch while we watched
our movies and shows,
then sit back and read to each other in peaceful
quiet with nothing to bother us.
It would be a beautiful afternoon no matter
what we would do as long as am with beautiful you.
To just gaze upon you while you rest and read,
and to be able to look over at you as we watch TV.
A beautiful afternoon with my beautiful Angel
and best friend so very cool.
A beautiful afternoon with Kira the greatest girl.

As I have risen from a long and needed late morning rest
I send to you this beautiful dream of us.
So we can both have and share with each other,
so we both have something to make us smile.
So we can bask in the glow of our warmth and love
as we shot it back and forth in its great and powerful flow,
as we feel the true joy of all that there is
and will be in the bond that we share.
I love you Kira just as you so love me
and I am so blessed that you do because you're
everything I'll ever want and need.
For me it's just you because Kira you are you,
for me it's just you because you are the holder of my heart and soul.
So a beautiful dream of beautiful you sharing
a heavenly beautiful afternoon.
Just snuggling together as we do what we want to.
What could be better my dear than being together?
Nothing because you are my happiness and my Angelic best friend.

Michael P. McParland

A Beautiful Morning With My Best Friend

A beautiful peaceful morning with
my best friend Kira is what's in my heart
and on my mind right now.
Just laying in bed holding each other so close
in a snuggle of pure loving comfort.
Surrounded in pure warmth and love
and feeling truly safe as we lay here.
A beautiful morning with my beautiful
best friend Kira is everything in existence
that is wanted and needed by this man.

A beautiful morning here with my best friend
in bed just snuggling and getting a few
more hours of deep needed healing rest
is what's in my mind and heart making me smile
knowing in spirit it's true and soon
in person it will be too.
A beautiful morning with Kira just resting
and talking while we hold each other
is what I want now and forever.
Beautiful morning with Kira my best friend and true love.

Sweet Kira let's spend this beautiful morning
together for a few more hours just snuggling
and resting while getting to feeling better.
Just wrap our arms around each other
and feel deep comfort and warmth provided
by the love we've always felt for each other.
Let's just spend a beautiful morning
telling each other I love you and feel true peace
as you rest your head upon my chest
and we drift off for a few more hours of healing need.
Let's just grab onto each other and squeeze.
I love you Kira and that's what we need
so come slide into bed next to me
so we can have a beautiful morning with our
true love, soul mate and best friend.

Michael P. McParland

Morning Note 134

A very early good morning
to you my sweet dear
filled with sweet kisses
as I hold you so very near to me.
Thank you once again
for all of your endless loving care
and how you've helped me
through this rough patch at hand.
You are an amazing woman
I adore and cherish in all ways
to no end.
Sweet kisses and hugs to you
in endless rain all over you.

As I slowly but surely move around
this morning I am aided
and cheered by the fact
that you are there and send
your caring loving heart out to me.
You help me get through
so many things and I thank you darling.
Let's just sit back and snuggle
here on this early morning
as I continue to recover
and give my sweet love to you.
Sit with me my sweet lady
as I still eat my food slowly
getting my strength back
and I say thank you
my sweet lady Kira.
You are my only one and everything
and I want to be with you
celebrating our true love for eternity.

A sweet early good morning to you
my sweet sweet beautiful Kira.
As I sit with you here on this
slow early morning eating
and through your love putting

myself back together feel
my arms around you and the sweet kisses
I shower upon you.
Feel the immense and true love
I have in my heart
and give to you without condition
because I love you for
just who you are.
Close your sweet eyes and see
my loving looks and smile
that were and are always just
for my only Kira.
Feel the warmth from my soul
as I am always with you.
I love you sweet Kira
my dear blessing and Angel
I promise I'll always
in my undying love stick
right beside you and support you.
Sweet kisses of love to you endlessly.
I am with you my darling,
and I am sitting with you here this morning,
sweet kisses sweet Kira
and I thank you so deeply.

Michael P. McParland

My Sweet One 2

Kira my sweet one I so deeply
love and thank you my dear for
standing by me and understanding my needs.
You are my true love and Angel
and I adore you greatly and am so very grateful.
Kira my love I send you great big kisses
and hugs to surround you in my loving warmth.
Kira my sweet one I'm pulling you in
for a tight snuggle on this early morn.

I was in such need of that very long sleep
and the kind loving warmth and care
you provided me helped give me the calm that was in need,
Kira my sweet one you are a true beautiful
gift and blessing to me.
You are everything both in this world and heaven
that I'll ever want or need.
You truly are my universe filled with light
hope and love.
You are my everything my sweet Angel dove.

Thank you so much for your loving patience,
whatever it is that broke went hard
and I promise my babe is coming along.
Just have faith and continue holding me
so very tightly in your loving arms.
I am always there with you my dear as well,
we'll always help get each other through
both the best times and those of hell.
We have stuck close together in love
and we always will.
Thank you sweet Kira you are truly the best.

Kira my sweet one I love you so much
and I'm going to always thank you and give you my best.
As I get up this morning here and try
at last to eat something good and solid
I'll be holding you so tight in spirit.
I love you sweet Kira you are my only one

and true everything.
I'll always stick with you because you are
my true sweet Queen and dear Angel.

Michael P. McParland

Love Note 309

Good afternoon my sweet love
and it is time for me
to just completely relax
and catch some more sleep.
Come join me sweet one
for a tight loving snuggle of comfort
and healing in so many ways needed.
Oh my sweet Kira come
and so tightly hold me while
we listen to beautiful and soothing music.

Remember babe I'm right
beside you always holding you tight
in sweet loving warmth.
Just feel all of it around you
and wrap up in it like
my cozy fuzzy orange blanket.
Sweet babe as we rest
feel my hand within yours
and see my smile as it's for you.
I love you Kira,
and in that special way
it will only ever be you.

Sweet kisses to you
my sweet Angel dove as
I lay down to rest.
You are my everything
and the very best.
Kira you will forever be my dear one.
Kira I love you
and can't wait to be
holding you here.

Michael P. McParland

My Beautiful Soul Mate

Kira you are my gorgeous hero
and soul mate that's a blessing
and a gift of great worth from God above
and I'm so very thankful that
he put you here on earth so I could
give my love and receive the love
of an Angel so supreme.
Kira you are beautiful and my best friend,
no better soul mate does exist.

My sweet sweet Kira with a heart of gold
and soul of diamond oh so rare
I just can't wait to hold you close
and have real comfort around me directly in my life.
You are my sunshine, stars,
celestial guide northern light and I need you
because you are true love within my eyes and heart.
You are everything that there is that's right.
My sweet Kira you are my sweet soul mate
and I wouldn't have it any other way.
I love you girl because to me you truly are the best,
you are my soul mate and true best friend
and to me that's all that matters in this world.

Michael P. McParland

My Sweet Sweet Kira 2

My sweet sweet Kira you're so beautiful,
an Angel, saint and Queen in full
to me your Michael true.
I love you more than anything and want you here with me,
I want us to be within each others arms
feeling true loving warmth every single day.
My sweet sweet Kira so pure and good
I want to marry you.

My sweet sweet Kira I need you in my life.
Life feels so empty and no good
without you there to talk to
and feel true love that bathes me in its grace.
Life feels so very bleak if there's
no future dream becoming real with
you and me in true bliss building something great.
I know it will come it's just that
it would be so barren if you weren't
in my futures path and view.
Kira you are my everything and I adore you dear.

My sweet sweet Kira you are my essence
and you hold my heart and soul,
they're filled to overflowing with
true pure love for you.
Sweet sweet Kira oh my girl your love
is my liefs breath and entire truth.
I love you Kira babe and can't wait
to have our dreams come true in our near future life.

Michael P. McParland

My Beautiful Kira 2

Good morning my sweet beautiful Kira
I love you and miss you so very much.
It's been a very difficult last few days
and your loving support, understanding and care
have truly meant so much
and I thank you babe for being my
wonderful rock of support and championing
me on through all of the strife.
I love you babe you are my universe.

I'm sorry you didn't hear from me yesterday
sweet love and I hope you weren't
worried to feeling sick or in tears.
I slept almost the whole time
and the very small bits I was awake
I was just able to eat some soup
and cried a good part of the time
and wished you were here to snuggle with
and just have comfort in your sweet warmth.
I love you Kira my sweet Queen
of pure loving good.
I hope you're here soon to give full thanks to
and so we can heal each other in all that we need.

Still please be patient with me my dear
for another day or two because something
inside of me broke and it's getting back together
but may take a few more.
I will write more today my sweet lady
this I assure you and promise my love,
but I will still be doing much sleeping
and just laying here listening to my audio books and music.
I'll be dreaming of you and sending sweet kisses
of pure loving warmth for you my sweet Angel.
I'll be holding you close and saying I love you dear
you're the most wonderful and important person
in the entire world to me my sweet one.
You're all that I want and need Kira my only one.

I'm now going to get up and slurp down some soup
and clean up a bit and I'll be helped
by all the loving strength that you send
and your warmth which so deeply fills me up.
Please stick by me close and continue
to be patient with me.
I love you more than anything and will
thank you again and again when you are here.
Feel me beside you and my arms wrapped so tightly
around giving my love in every bit that I have.
I love you baby and will give you my everything,
I love you Kira the greatest Angel of all time.

Michael P. McParland

Night Note 117

Hello on this night sweet love
and let's both pull each other in
tight for a warm loving snuggle
of peace and comfort so badly needed
by both of us with each other.
I love you my darling
and need you and your loving
body and soul within my arms.
Kira I want and need you now
and for all time hand in hand
side by side.
I adore you and I need my best friend
to fight along with for eternity.

Thank you again my sweet one
for all the loving care and warmth
you provided me yesterday
and I ask again to just take me
tightly in your arms and comfort me
as I continue to recover
in a handful of ways.
Please sit with me and hold me close
as you talk to me, read to me,
and just sit by me.
I'll talk as much as I can
with these very painful
canker sores throughout my mouth.
I love you and need you warmth
and loving arms around me.

I got so very weak and sick
yesterday from not being able to eat
but finally feel into
an extremely fitful sleep
then woke up awhile ago
feeling like hell
having to force myself to eat.
It was painful and at points
even excruciating my dear.

So now I am going to lay
back down in hopes of good sleep.
Come ands let's snuggle
and feel warm peaceful comfort.
I love you darling and need you here.
Please be patient with me
and know I'll write you as I can
and just need you here holding me.
I love you sweet Kira you are
my soul mate and sweet Angel dove.
Feel my hand in yours
and all of my loving warmth
as I so tightly hold you.
I miss you sweet Kira
and right now ask you to please
be with me and hold me so close and tight.

Michael P. McParland

Love Note 308

Good late afternoon my sweet love
my heart and thoughts are with you
as always as in spirit am I.
I'm thinking of you to give me comfort
and strength along with the loving
care that you send to help make
it through this day of not feeling well.
Thank you sweet love
for being there for me.
I appreciate it and am so truly
grateful to you and wish
once again you were here
so we could hold each other
and help takeaway any and all
of the pains both of us feel.
Oh my sweet Kira I need you dear.

Thank you again my sweet Kira
and I wanted to say I love you dear,
because of the cankers I can not eat
and my stomach is barren and empty
so I'm feeling worse physically,
so I wanted to tell you if
I happen to get to sick to write.
I so deeply love you my Angel of light.
As always feel me right there beside you
putting my arms around you
holding your hand and smiling
as I kiss you so softly with tender care.
Feel my loving warmth as I send it to you
and feel peace within your heart and soul.
I love you Kira and can't wait to be close
to you holding you tight and giving
you all of myself as I say I've
missed you sweet lady and
I love you my beautiful one
because you are the worlds beauty
and all that I want.

Michael P. McParland

Your Caring Loving Spirit

Thank you Kira my sweet Angel and best friend,
while I still feel exhausted, starving and ache
feeling your caring loving spirit with me
and giving me all of your deep warmth and support
has helped cheer me up considerably my sweet one.
Thank you so much and I wish you were here holding me
so I could look in your gorgeous eyes and thank you
in voice straight to your face so your ears
could hear the deep thankful sincerity and love in my voice.
I know you know and believe it's there
but I want you to hear it and smile right before me.
I still need you here holding me close
but my mood has improved and through your loving care.
I thank you my dear and send you sweet kisses
of true gratefulness, deep love and thanks.

Thank you so much my sweet Angel dove for
as I've felt your arms and deep caring love
fill me with warmth my mood has improved
and I don't feel anymore like I'm about to break down.
Your support is a true gift and blessing from you
and I'm so very grateful for all of your
deep concern and caring love.
It's getting me through more than you can possibly know
and I'm so thankful for you my beautiful Kira.
My love for you will never end because I have
such deep indescribable feelings of attachment
in a loving care, sense of protection,
I can't totally understand or describe.
I just know that it's there and losing you
is like being torn to pieces and missing
so much of myself in a million ways,
and I'm glad it's you that I feel that way for.
Thank you so much for all of your help
and loving care today and everyday that there is.
Our love is so strong with a bond that I
truly believe has a reason to be there and help
us make it through all we have.
I so love you Kira and please still so tightly hold me,

I need you my dear you are my Angel and you keep
my heart beating and give me hope that there is still
a reason to hang on to this life because we share a true
love that I could never ever throw away.

Michael P. McParland

I Need To Be (Your Arms)

I feel completely and totally drained after
over two days of no sleep my sweet dear
and having only nibbled on a small bit of food
over the previous 24 hours behind.
I finally got a little bit of sleep and ate some
soup but I still feel so icky my dear
and I need this day in your arms
to make me feel at peace and be able to
relax and to be able to sleep.
I still can't really eat because canker sores
again haunt my entire mouth.
Hold me sweet darling I'm in need of you bad,
wrap me up in your arms so I can have peace and relax.

I'm struggling today my darling one as I
almost always am now and I need your
sweet loving spirit and unique help.
Come wrap me up in your arms and rub my
head and face telling me everything will be alright.
Just talk to me and tell me stories
of your life and what's on your mind.
If it hits your fancy make up a fictional story,
that would be awesome and you being here
holding me would be so deeply healing.
I need you sweet Kira so please come
and so tightly hold me and talk to me.
I need you my sweet Angel because you
are a healer with your great loving heart and spirit
and I love you my lady and want the one
I adore to hold me in her arms as I
lay here in bed hoping so soon I'll feel better.
I need you sweet Kira and I need to be in your arms,
come wrap me up my sweet Queen and through the day
talk and rest with me please.

Michael P. McParland

A Sweet Good Morning To My Sweet Love

A sweet good morning to you my sweet love
and I so very wish you could be here this morning with me.
A day that I could just use and would
love you to be here to keep me company
in your tender loving arms with words
and snuggles to reassure.
I love you sweet Kira and a bright good morning
to you with these millions of kisses and hugs
I give to you from my heart and soul.

A sweet good morning to you and feel my arms
around you as I'm pulling you in to
hold you close for a while on these early morning hours.
I'm pulling you in close and taking your hand
to fill us both with comfort and peace,
to share a tight hug which is so often needed out of the blue.
Feel me there by your side as I hold you
so close and so very tight to get a warm start
as this day is now getting ready to swing into full.
I smile for you and say Kira my dear
I'm lost without you and wish you were here
to help keep me company through this day.

A very sweet good morning to you my true love
and close your beautiful eyes and know
I'm with you truly all of the time,
see my big loving smile as I send it your way
and remember the tenderness in my face and my eyes.
I am with you sweet dear and I am here
when you decide that you may need me.
I'm here for you always my precious gem and beauty.
May the sun shine upon you and may you
have the most wonderful day with those that you love
and I'll be here thinking of you and writing when I can.
Good morning sweet Kira I love you so very much.

Michael P. McParland

Early Morning Kisses From The Soul

I send sweet kisses with messages of warmth
and true love to you here on this early
morning and every one that there is.
I've been thinking of you the entire night through
and I just feel tenderness and desire to
make it all right and have you in my arms
healing as we work along to higher planes.
I just have tenderness in my heart for you
my sweet Angel dove and I send kisses to you
straight from my heart and soul to reassure you
and give you peace and calm within your heart.
Sweet passionate kisses of true loving support to you.

So many warm and sweet kisses of true love and warmth
straight from my soul I send to you on this early morn.
Right now my sweet Kira all the words I know
to say and give you is that they are and deliver
the greatest most sincere truth straight from my heart and soul.
I love you and want to be right there in person
so we can help each other pick up so many pieces
from various areas of hurt and being broken in our lives.
Give support to each other in full because for me
having your support and backing is one of the
most important things in the world.
I want us to come together and fix the issues that led to hurt
and as we move on one step at a time
we will discover more and more with each day the life that we dreamed.
A life with each other in understanding and harmony,
a life just filled with the love that we share
working for each other and what we need.
I love you sweet Kira and in true tender love and care
from my soul and heart I send to you sweet kisses of reassurance and warmth.

Michael P. McParland

Goodnight Kira My Hero And Soulmate

Goodnight Kira my hero, soul mate, and Queen
and I know this is a late one but I
wasn't going to miss it for anything.
Goodnight my dear one and let's snuggle up
in full peace and comfort as we get ready to sleep
and recharge our batteries.
Goodnight Kira my hero, my soul mate and only one,
please come and join me in my warm arms.
Let's snuggle and share some sweet kisses
before you rest your head on my chest
and we peacefully together fall asleep.

Goodnight my sweet darling Kira and I'll
be there with you holding you tight through the night.
I'm sending you all of my love and warmth
and my strength as well to give you peace.
I love you sweet Kira and I've now been awake for well
over 40 hours without a bit of rest.
I need your comfort and love so very bad
and just want to curl up by you
feeling safe and at peace being with the Angel
I love and gives me reason and strength.
Please hold me so very close and give me
reassurance that everything is alright and will be good.
Feel my arms around you and listen closely
for my loving voice as I say I love you sweet Kira
to me you truly mean the very most
and I want you here to spend everyday
feeling whole and having fun in happiness again.

I'll see you tonight in our dreams of shared delight
where let's just stay at home and in bed
where we'll always be most comfortable
in each others arms snuggling and kissing
while talking and listening to music.
I just want the most comfy place even
in our sweet dreams where we can be
totally relaxed and feel free of distraction.
Let's just stay in our bed and snuggle so close

sharing sweet passionate kisses just as we need.
I love you sweet Kira you are all
that I desire and crave in this hour
and through most of everyday.
I miss you babe and I hurt so terribly.

Goodnight sweet Kira my hero my soul mate
and my sweet Angel Queen I'm there with you
holding you close to give you deep comfort
of the heart and soul knowing that you're not alone
and that I love you completely in every way to no end.
I'll always be here for you my darling one
to wrap you in my arms and give you
my love directly giving the true power of meaning
to everything that I'm promising and saying.
I am your man and your Michael forever to no end,
I just want to be the one you can turn to
and help you through all the pain that you feel.
I love you Kira and am reaching out
to give you all that I have and all of myself.
Kira I give you my trust and you know
how much that is worth for me.
I love you my darling and I will stand by you
through all time giving my endless love and support,
I'll never leave you and I'm reaching out
so please take my hand and have faith
because your Michael is here and I will
stand up for and protect you and help
pick you up from these painful downs which
I am all to familiar with.
I'm right here my sweet darling with my hand reaching out
and all you have to do is reach back.
Goodnight Kira my soul mate, my hero, my best friend,
the woman I love in every way
and my sweet Angel dove who holds my heart and soul.
I am with you holding you close giving you
all of my endless warmth so take solace and feel peace
because I won't abandon you or let anything bad come upon you.

Michael P. McParland

Looking To The Stars 2

I look to the stars and I see you there
shining the brightest and you're the most beautiful,
I look to the stars and see your gorgeous smile.
When I look to the stars I see divine
and glowing celestial beings and while we're
not celestial yet while here on this earth
you are divine and so truly amazing my old friend.
You shine forth in your love and your care
and it touches my soul.
I look to the stars my sweet Kira and I see you there.

I look to the stars and you are my northern
giving me hope and lighting the way through the dark,
I look to the stars and see a reflection of you.
An Angel so pure with a heart and wings that are hurt
but can be fixed if you'll let someone
who loves you with all of their heart and soul in want
to wrap you up in their arms and give you pure love
with no expectations of anything.
Someone who's heart truly aches for you
and would give anything to help you through
including give up their life if they needed to.
I look to the stars and see my Angel of light
and I wave saying Kira I'm here so reach out if you need,
I love you baby and will drop everything just for you.

I look to the stars and I know that's where
it all started for you and me before we came to earth,
we fell in love as young spirits
and formed a deep bond we brought along with us.
a true blessing and gift that is so well deserved,
and I know I'm in love with the most wonderful
woman in the entire universe.
You are the brightest star and the most beautiful,
a soul so unique and deep you're a rare diamond.
You are a treasure and one I so deeply treasure
and I want to give you the love you are so in need of.
I know you are special because in you
I've seen and felt such truly marvelous things which

very few can ever perceive or pick up on.
You are an Angel and an example of leadership and courage to many,
you shine so brightly it is amazing.
So when I look to the stars I truly see you within
as you shine forth so bright giving beauty, guidance and hope
to so many people and things, more than you know.

Kira I love you and you are my shining star
and I adore you immensely my dear.
I send you this kiss in love and comfort
with a deep feeling of warmth to give you peace
and heat you up so you will be happy and feel me there
holding you close and giving you my love completely.
Don't feel empty inside my dear because
I am there filling you up to give you support
and give you a loved one to lean on if you so want.

Michael P. McParland

True Love In My Soul And Heart

True unconditional love is what I
carry for you completely in my soul and heart.
A love with no bounds and no end
exists for what I carry within.
True love for the woman I so adore
and cherish beyond words
is what I carry in my heart and soul
and I give those to her in true trust and faith
for the wonderful loving woman she truly is.

True love brought on by the Angel I saw
and got to know as she touched my soul.
A woman I admire and want the best for
so she will forever be happy and fulfilled.
I am always here for her and right by her side
so she'll know she's not alone and that
she's loved in the greatest way that there is.
I carry true care and love in my soul and heart
for the most beautiful and greatest woman there's ever been.

I know and feel that she carries the same for me
and feels just as deep and strong as I do for her.
I know she'll stand by me and for me
accepting me for the person I am
and she loves me for the man that she sees
and I'm so grateful for and to her that
she's there for me giving endless love
unconditional and undying.
She is a jewel and there's nobody better than her.

I carry true love for a wonderful woman
who I have loved for a very long while,
I've never wavered in my feelings and dedication.
I'll stick by her always because she
is my best friend and hero.
She is my Angel who's rescued me in so many ways
that I can't even begin to list them here.
I love her completely and unconditionally
because she is am amazing lady with a loving heart

and a pure soul that shines so very bright.
She's a wonderful woman who deserves the world
and while I can't give her that
I will share with her mine and the infinite love
in my soul and heart that is there only for her.

Michael P. McParland

Love Note 307

Good early evening my sweet dear.
How has your day been so far?
I pray it's gone well and you've
felt all the smiles, kisses,
and hugs of loving warmth I've been sending you.
Deep love and care that is
for the one who means everything to me.
True love for my Kira
who also feels such love for me.

My days been kind of odd with
a frustration along the way.
They shut off the water
while I was half way done with the dishes
so there's still a few sitting there waiting.
Odd in what way I can't explain,
just a feel is all it is.
Partly from so badly missing you
and nothing sounded good
or interesting for awhile.

I spent the last two hours
writing you a letter pouring
out so much of what I want and need to say
to you when you're here
but I had to release it
in a way today right now.
It's a letter just for me
but one I wrote to you
from my heart with all my love
and expressing how much
you mean to me and your abundant worth.
That's why I didn't
write you a whole lot sooner
because I had so much to say
and pour out within,
and even though you most likely
won't see this one I can
promise you when we're reunited

you'll know everything that is within it
because it is my heart
and how much I care for you,
how much I love you in every way.
One day I can and will share
everything it says now and it will say
as I'm not done with it just yet.
I just had to stop
so I could say I love you dear
and that Kira you truly
mean so much to me and without
a doubt it's only you I see.
As I was writing I could feel
it so strong and flowing inside me
and it just reaffirmed what
I already knew that my heart is yours
and it always was and always will be.
You are my Angel whom I adore
and give myself in full.
I love you Kira and I want
to share my whole world and self with you,
my world is yours when you come
and I will give you everything I am
in true faith, trust and love.
I will be yours and yours alone for all time
because you are my one
and my blessed Queen sweet Angel dove.

Michael P. McParland

My Beautiful Woman 4

My beautiful Kira I so deeply adore.
It's a tired afternoon here and
I'm thinking of you wishing
we could talk while I held you close.
My beautiful Kira an Angel of gold
I would give anything to be with you
and lay down together in bed just cuddling
the rest of the afternoon away in our warmth
and hear your sweet voice as we just talked and talked.
My beautiful woman I miss you so much
and can't wait to have you back in my life.

My beautiful Kira I'm feeling quite tired here
but am going to fight through it just for you,
to write and be present if you need some support,
my beautiful woman I always strive hard
to not let you down feeling worried upset and sad.
I am right here for you and want to give all the best
that I have for my number one.
I adore you my love and just want you to be proud.

My beautiful Kira so precious and rare
I send such big kisses and deep warmth to you now.
Just feel all of the comforting peace within
and let it calm your aching heart
as you feel my love fill you up and wrap
around you like a blanket of safety and strength.
My beautiful Kira I miss you so bad
and want you to know in any way that there is
that I will always be here and love you so deep.
My beautiful Kira I wish I could hold you and kiss
you right now but hopefully so soon God
will bless us and grant us the way
and we will be able to celebrate our future ahead.

Michael P. McParland

Sweet Kisses, Smiles, And Hugs

On this very late morning just shy of noon
before I finish the last of my one chore
I send smiles, kisses, and hugs to you
in the zillions to shower you in all
of my warm and tender love.
I send them to tell you I care and I'm
right here always for you if you want or need
anything ever my dear no matter what and no matter when.
I am your man and so happy to give myself to you
in full in every way that there is.
Sweet smiles, kisses, and hugs in the zillions
to brighten your day and give you peace.
I send them all because I love you so much.

On this late morning my precious one feel
my hand in yours and my arms around you
as I send you these zillions upon zillions
of sweet smiles, kisses, and tight hugs
in true love for you the woman who loves me
just as much in return.
I adore you my dear and my heart melts for you,
you are an Angel so good I admire and respect you in full.
I love you my Kira you're a true diamond in the rough
and forever my sweet Angel dove.
So forever I send you zillions of passionate
and deep loving sweet smiles, kisses, and huge hugs
for you my Angel Queen of true light and true love.
I am forever yours faithfully right by your side.

Michael P. McParland

A Love That Lasts

What we have is a love that lasts
through all the distance and the tests,
love that lasts through the road blocks in the way
and lasts through the times other people
have interfered trying to ruin the beauty that we have.
We have a love that lasts because we're still here
with all the love we've ever felt within
us now and it just keeps getting stronger all the time.
We have a love that lasts and that's true love
at its best to show the world that it exists
and as true loves who care so deep we cannot be beat.
We have a love that lasts and I'm so proud of that,
I'm proud to have you as my true love and best friend.

We share a love for the ages and it's something
that comes along all to rarely.
We share a love and a story that can teach
so many if they work hard for each other,
show they can make it and save some things that are so very sacred.
We have a love that lasts and one that has been
so rarely seen outside a cheesy movie script.
We're not cheesy though because we've faced very
harsh realities of pain and loneliness
when we have fought and then suffered even worse when we're alone.
We're not bad for each other we just
need better communication and forever savor what we have
in this beautiful gift from God a true love that lasts
and can't be broke because no matter what in many
ways we haven't let it and I know we won't.
We have a love that last and a love that will last
the ages as a symbol of two souls who are connected
and truly love and care for one another.

We have a love that last and that it's with you
I am so truly proud and filled with joy.
There is no other soul I'd rather share such
a gift and blessing with for all time.
To share it with an Angel is such an honor
and I can't help but feel elated and deeply honored

that you love me back and adore me.
What a true gift it is to have from you and it
moves my heart and soul which I forever give to you.
We have a love that lasts and true love like ours
is something so very few ever get to find within
their lives or within this world.
I know that you're the one and I always have my dear
because our souls touched when we spoke to each other
our first words in random conversation.
I felt a connection like I never do and
I fell in love with you right then and there.

We have a love that lasts and I hope soon I'll
get to hold you very close to give you a deep and loving kiss.
I hope soon that we'll reunite and once again have the happiness
that we always shared and be fulfilled in every way.
I love you Kira just as you do me and it will forever last
because it's true and we will always care with all our hearts,
all our souls, all of ourselves in every way.
We share a love that lasts and that it is with you
is the best I could ever dream and ask.

Michael P. McParland

Good Morning (In My Arms)

Good morning dear I love you so
and I hope you slept well with
dreams of you and me spending time
hand in hand in each others arms.
I was sending you all my love and warmth
and I pray you felt it and it gave you peace and calm.
Now come sit next to me and let's start the day
with our coffee and you curled up lovingly
within my arms so I can comfort you and
give you all my love as I hold you close.
I love you deep and want you to feel it as
you sit next to me curled up in my arms in trust and love.

Come curl up in my arms on this morning here
and start the day off right by spending time.
The best way to start the day is with the
one you love so you'll be filled with all their light
and what immense love they hold and give to you.
I so want to start and end each day with you
because you are the one who I'm connected to
and love more than anything there is.
Come curl up in my arms and share sweet kisses
full of true and caring love.
Come curl up in my arms to continue healing our aching hearts
which is best done when we will be close and
giving off our energy right to each other with loving touch.
Please come curl up in my arms my dear I love you
so very much and want you forever in my life.

Come my dear and curl up in my arms so I can
give you all my warmth to soothe your soul
and soothe your aching hurting heart.
Come curl up in my arms and share a quiet morning
so softly and lovingly talking about anything we want.
I just want you in my arms so soon
and need you here so I can help you dear
and I need your help too because I also deeply hurt.
A wonderful morning with you in my arms
is what would give this day a truly bright and sunny start.

Come curl up in my arms because I miss my Angel
who I adore and love in every way.
I miss my best friend who I trust and want
to tear down the walls for and give my world and secrets to.

Good morning dear lets just sit and drink our coffee
while you curl up in my arms and feel all
the love that we share surround us in the air,
it was always like that dear even when we
just talked on the phone or online the love
was so thick around me dear I was drunk on you
and all the love I felt and all
the love you gave to me.
Babe come curl up in my arms and let's share kisses
making this a beautiful morning leading
to a gorgeous day spent hand in hand throughout.
Good morning dear and I love you more each passing day,
come curl up in my arms so I can kiss you to start the day
then we can just sit and talk and feel such loving peace.
You are my Queen and everything and I'll stick
by you through eternity because I truly care
for you in every way and support you with all my being.

Michael P. McParland

Morning Note 133

Good morning my sweet Angel dove
and let's just curl up together
and snuggle for awhile longer
before getting up on this
cold Monday morning.
Let's just bask in the warmth
of our love,
take solace and peace
in the deep bond that we share,
just reconnect and feel
our hearts heal as we
just snuggle for a while
longer here in bed on this morning.

A sweet and beautiful good morning
to you my sweet lady so good and pure,
let's not get up just yet
and let's just lay here and snuggle
feeling whole and complete.
I love you sweet Kira and in
your arms is where I long to be
so let's hold each other
for a good while longer.
I promise I'll hold you
forever and ever and I will
honor you in the greatest ways possible
for I cherish my sweet Queen and Angel.
I'll always be with you
my sweet darling Kira.
So let's curl up in bed
with each other wrapped up
so snugly in each other arms so loving.
Close your eyes my sweet lady
and feel my loving warmth
as I send it and see my loving smile
as I right now for you wear it.
I'll be holding you tight
in spirit my dear and whispering
I love you Kira my beautiful one

and giving you kisses again and again.
So let's wrap up and snuggle
for just a bit longer,
I love you Kira you are my
Angel, my best friend, my Queen,
you truly are my everything.

Michael P. McParland

A Prayer For My Love 3

Dear God I come before you again
to ask these things in pure love
from my heart and my soul.
I ask for these things to help Kira
be at peace with happiness galore
and to help bring us together again.
Dear God please clear the path and help
us both see the ways we need to go and to do.
Dear God I love her so much and want
to be with her forevermore.

Dear God please help to give Kira deep
comfort and warmth within her heart and soul.
Help her to know I'm always with her
and help her to know the truth of my words.
Help her to know the sorrow I feel
not just for my follies but all the follies
of others that have been put upon her.
Please give her comfort and peace
also helping her know my immense love
and desire to give her the love she needs and so deserves.
Give her the solace she needs as soon as you can.

Dear God please help her to know what a
beautiful woman she truly is
and help her to know she's a wonderful
gorgeous soul that is so worthwhile
and wonderful that it shines so bright
to those who have opened their eyes.
Please help her to know her great worth
and help heal her heart because it's one of gold.
Dear God please be with her and bless her
non stop everyday as she goes and help her
know I am there by her side hand in hand everyday.

Dear God please help heal all of her pains
and give her the health she truly has earned.
Please take away the ailments that she suffers
because yes she is tough but does not deserve this,

I would carry them all just for her
including give up my life if that was the cost.
Dear God please grant her reprieve from these
horrible pains that she courageously faces everyday,
grant her the health and happiness your gift
and Angel you sent so deserves.

Dear God please help her to know that she's not alone
because her Michael is here with wide open arms and an open heart,
let her know I'm not angry or holding any grudge
because I love her and just want her here to have and to hold.
Help her to feel my loving strength and to
be wrapped up tightly within its warmth.
Dear God I love her so much please help her to know
that that is the full truth.
I love her so much and just want her to be happy
and have joy through all time,
help her to know that I care and will always give my best for her.
No matter what though God always watch out for her
and protect and comfort her always my lord.
She is so precious and my heart melts for her,
dear God please just help her to know that she is so good
and she is an Angel that is so deeply loved.
Help her have peace of mind and of heart.
Dear God watch over her and bless her,
and please soon give us the way so we can be
fulfilled in our true love through all time.

Amen.

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Michael P. McParland

Night Note 116

I'm pulling you in
for a kiss and tight squeeze
to wish you another
beautiful goodnight sweet one.
I'll see you in your dreams
where I'll hold you all night
and softly talk to you
about everything you want to know
and even more,
we'll share sweet passionate kisses
and tender caresses.
I'll see you in your dreams
my sweet lady.

I'm reaching out to pull you in
for a deep kiss and tight squeeze.
Now rest your sweet head
upon my chest and close your eyes
to get so peaceful sleep.
I'll be with you the entire night
and I'll be with you always
my sweet Angel of light.
I am your Michael your
dedicated man for all time,
I love you sweet Kira
and I'll forever be yours.

Michael P. McParland

Goodnight My Only One 7

Goodnight my sweet Angel dove and only one
I'm sending you all of my love and warmth
to give you deep peace and help you feel good,
give me a smile so I know that you are.
I love you sweet Kira you're simply the best
now feel as I curl up beside you
and pull you in so close to me
giving you the sweetest kisses you could ever dream.
It will always be just you and me
in our bond of true love that no one can cut.
I love you sweet one and I always will.

Goodnight sweet darling Kira my precious love
and I promise you truly I'll forever
stick by your side and give all the best that I have,
I want to always make you so happy and proud
because you are worth everything and pleasing
you makes me the happiest man on this earth.
To serve my sweet Queen in true love
is an honor I feel and I'll always serve you my dear.
We both know not as a slave but as a man
who truly love his sweet one,
I love you baby you're simply the best
and for eternity I'll be holding you close.

It will be a long while before I go to sleep
but I'll still be holding you tight
stroking your hair and rubbing your back.
I'll be praying for you as I always do
and I'll send you sweet dreams of you and me,
sweet dreams of us doing wonderful things
that we talked about and things I will share.
I'll be with you all night my sweet love
giving you kisses and telling you
that I love you so.
Feel all of my care and my warmth
as I wrap you up in my loving arms.
Please hold me back as tight as you can
so I'll feel your warmth as I go through this night.

Goodnight my sweet Kira and only one
my heart melts for you time and time again.
You are adorable and so deeply beautiful
that when I see you I'm going to hold you
for a long time until we're both satisfied.
You are my one and I yearn for you so,
you are my beautiful best friend and my shining hero.
You are my everything with your loving heart
and caring soul.
You're everything I need and I want in this world
and into the next.
Only you my sweet love because you're the best.
Goodnight my sweet Queen and darling so pure
I love you completely and I'll never get enough of you.
I'm right beside you forever holding your hand
and you ever so tightly.
Kira my dear I am your man for all eternity.

Michael P. McParland

My Darling Kira

My darling Kira I so deeply
long and yearn for you,
your sweet soul and beautiful smile
always brightened my days even the worst.
Your sparkling eye and big loving heart
always made me feel special and deeply loved
and I've always tried to show all my love
in return for you.
My darling Kira you're so wonderful and good
and I can't wait to hold you
and tell you how much I've missed you.

My darling Kira my heart flutters
and wildly speeds at the thought, the sight,
the sound of your voice, or hearing your name.
I'm so in love with you because
you plainly are the most wonderful girl.
You're everything I'm looking for and want.
And do you know what is that I want
and nobody but you has?
I want my sweet Angel dove Kira and only you are her.
My darling Kira your Michael loves you
and I'm deeply yearning and aching
to be with you for all time.

My darling Kira I'll forever be here,
I'll never leave you I swear.
I want to protect you and help your heart heal,
I want to give you all the love
that you crave and you need,
I want to be the hero you look to
when you are in need.
My darling Kira I want to be your everything.
I love you so deeply and am yearning so hard,
my dear darling Kira I am forever yours.

Michael P. McParland

A Peaceful Snuggle

Let's curl up together my beautiful darling
and enjoy a warm and peaceful snuggle,
let's not yet go to but just sit here
and snuggle in comfort together.
I love you babe and what I long for
right now is for us to be in each others arms
indulging in a late night peaceful snuggle.

I just want to hold you and tell you
how very much I love you
and look in your eyes while seeing you smile,
my heart melts just at there mere thought of you
and I'm so deeply in love with the one I adore,
I'm so madly in love with gorgeous you.

Let's not go to bed just yet but sit here
a peacefully snuggle and talk,
I'll tell you how much I've missed you
and how I think less than 10 days
in the 16 years since I met went
that for whatever reason I didn't think,
even then it may be less than 5.
I just know it's been constant and I love you my darling,
now let's just curl up together and share
a deep and loving peaceful snuggle.

A snuggle of true and pure deep content
feeling such deep peace and truly safe
as we just sit here together holding on as true lovers,
I miss you sweet Kira and just want to hold you,
let's share a long peaceful snuggle with tons
of sweet passionate kisses expressing our souls desires.
A peace snuggle with you is everything I want right now
because I love you so much and with you
I feel complete and fulfilled.
So let's curl up together and share a wonderful,
peaceful, true loving tight snuggle.

Michael P. McParland

Love Note 306

Good evening sweet love
my true love and apple of my eye.
How are you doing tonight?
I've keeping myself busy
arranging my YouTube play lists
and have been thinking of you
while I go about doing.
Seeing videos that I know you'd like
and hoping maybe you'll
find my channel on there
and check out my lists,
that would be awesome
and in a way make me feel closer to you.
I love you sweet lady
I truly do.

I so wish we were together
spending this night snuggling
and doing fun things of whatever,
I just want to spend time with you
and be happy knowing you'll
never be gone again.
i miss you sweet love
and I want to make everything alright again.
You are my dreams and hopes
so big and extremely happy,
Kira I love you and I always will,
this bond that we share
is so very special
as are you.
I want to hold you and tell you
all that I feel.

Here on this night as
always I send you kiss
with my warmth and love too,
feel my arms around you
and let it fill you with peace,
I'll always be here and beside you I swear.

I am yours for eternity
and that's the full truth
because Kira I love you
and only want you.
Kira my dear I'll always be here
because nobody else
is as good because they aren't you.

Michael P. McParland

A Beautiful Sunday Evening

Another Sunday evening is here
and as dusk now settles in
all I can think about is how I wish
you were here to hold so close
with you curled up within my arms
as we shared a beautiful Sunday evening
sharing such wonderful loving company.
So soon my love I pray that we'll
have that blissful time at hand.
A beautiful Sunday evening where after
such a long day I know you must be sore
and in a lot of pain,
so I would have you lay down on your tummy
and I would give you a massage to
relax and loosen those tight muscles
and just help relax you in full so you
would feel peace throughout your body in whole.
I'd rub your back and neck so gently
yet firm enough so you could enjoy and it would help,
I'd massage your feet and help rub away
all the stress that builds up there
and your legs which I know get so tired.
I love you babe and would do anything for you.

An evening where we can once again just sit and read,
I love to hear your voice and would sit
so relaxed and enraptured by the story and your Angelic voice,
I'd stop to give you kisses throughout because
I won't be able to resist my ladys greatness there.
An evening to just rest and snuggle feeling
safe and content holding tightly onto each other.
An evening filled with love and contentment,
an evening with the woman I intend to marry.
An evening with my true Angel whom in
every way I truly love and desire.
That's the beauty I can't wait to have here.

A beautiful evening with my sweet Kira
is what I dream of always,

to be with you finally knowing what it's like
to be loved like a boyfriend and be held
within a great and perfect lovers grip.
I've never been anyone who called me there own
snuggling and kissing me time and time again
and I can't wait to share that with such
a wonderful Queen and rare diamond.
A beautiful Sunday evening with my Kira
is everything that is wanted and needed by your Michael,
to just have you near as we share everything we have within.
To feel your warmth as you're curled up
beside me and in my arms,
to look in your eyes and see true love
that is unrestricted and completely unconditional,
I need that and so do you my sweet precious Angel
and I'm so anxious and excited for that time.
I love you so deeply and I'm missing you completely,
so please let's work things out soon
so we can forever enjoy beautiful Sunday evenings
in each others arms feeling fulfilled and as one.

Michael P. McParland

A Big Warm Hug 3

I give a big warm hug with kisses too you
to fill you up with all my loving warmth
and to give you comfort in these
very hard and lonely times.
I understand and know what you're going
through on that part my dear
and I know it hurts like hell.
So a great big warm hug for you
with endless kisses too.

A great big warm hug with comforting
kisses for all the things you're
struggling with that I don't know about.
I may not know the circumstance
but I know and feel you're hurting none the less
and I want to give you comfort
and deep reassurance that your Michael
is right here and there with you for all time.
A great big hug of warmth and sweet kisses too
to say I love you dear and I always will,
please come so soon so I can marry you
and we'll be together through eternity.

I'm sending endless great big hugs of warmth
and deep kisses of true love from my heart and soul,
a heart and soul you hold and are all yours.
A heart and soul from a man who adores you
to no end and would die for you.
A man who's always known he loved his
best friend and wanted to be with her
till the end of this earthly time
and then spend eternity by you loving side.
A great big hug of warmth and endless kisses
to you my precious only one.

A great big hug and sweet kisses for you my dear
because I want to heal your aching heart
as well as mine and doing that together
is the only way there is that I know how,

it's all I want my beautiful one
and I can't bare this life without you here.
You're everything I want and need
and I will always be here for you with
an open heart and open arms.
I'm yours alone my precious one because
I want no other only you,
we have a bond that's made of steel
and this bond to me is everything just as thee.
I love you Kira as you also feel such love for me
and I can't see a life without us giving
all our love to each other everyday,
I love you dear and I always will.
So a great big hug of deep and endless warmth
and sweet kisses of comfort for you dear.
My hearts with you as I always am
and I'll never leave you my darling one,
I won't abandon you leaving you broken and suffering all alone.
I love you babe to no end and I will never do anything
that hurts or damages you I swear.

Michael P. McParland

A Beautiful Sunday Afternoon With You

What would be perfect right now and make
everything well and good in the world is
a beautiful Sunday afternoon with you,
an afternoon to sit and snuggle,
to do things with each other.
to just hold hands while we watch a movie,
to have you curled up in my arms while we're reading.
A beautiful and perfect Sunday afternoon
with beautiful and perfect Angelic you.

I've been wanting to play Trivial Pursuit so bad
and we would play that if you like for sure.
To have brilliant competition would make
things so perfect and exciting.
Playing a fun game with you of trivia,
or maybe some video games on my PS3,
I don't have many but maybe some NCAA Football 14
or NBA 2k13 would be supreme.
We'd get a lot of laughs and tons of fun.
Nothing would be better than
a beautiful Sunday afternoon with you.

A beautiful day to put on our jackets
and sit outside while we do some talking,
about this and that and see just where
things go because you know how
I babble on and branch off a million ways.
A beautiful day to sit outside under a tree
and just hold each other while we chat away.
A beautiful Sunday afternoon with my love
is exactly what we need and want.
Sweet Kira my precious dear I hope so soon
that you'll be here.

A day where we could just sit and kiss,
oh what magic wholesome bliss,
I dream so much of those shared kisses
we will have and they will feel so good
and when I dream of them and you

I just miss you even more
because you're my best friend and I love you so,
you're my sweet Angel dove and everything
that is truly beautiful within this world
and that is why I want to spend everyday
as a beautiful Sunday afternoon with only you
my sweet peach so very sweet.
I want to be with you for eternity
because you make me feel whole and complete
I want to be with you to give you
all my love and all I have.
I want to be with you for all time because
I adore you so and cherish all you are.
So feel my immense loving warmth as I send it all your way
and share this dream with me of a beautiful
Sunday afternoon in each others arms feeling good.

Michael P. McParland

To Just Hold You 3

To just hold you now would be
so brightening, so fulfilling,
soothing, and so very satisfying.
To just hold now is what I so crave,
to have you right here curled up in my arms
and together watch the movie I'm about to start
is everything that this day needs now.
I love you sweet lady and I want to
just hold you and tell every thing's alright.

To just hold you now while we watch
the movie would help cure my hearts constant aching.
I think you would like it it's
a political thriller.
I've never seen it but it seems interesting,
you like things that involve thinking
which is one of the things about you
that I am so fond of and I find a turn on.
I just wish I could hold you and tell you
Kira baby I love you.

To hold you not just today but everyday
through all time is everything
your Michael here so needs and wants
and I know you do too my lady of truth,
I know we both need that closeness of
being together each day that we live.
I don't mean closeness that way
but closeness in holding each other
while we just talk and enjoy each other.
Sweet Kira my dear I just want to hold you.

To just hold you right now is what
I so deeply crave my beautiful dear
and to just share the day as true lovers do.
To look at you and smile as we laugh
while we talk and give of ourselves.
To be fulfilled and happy as I spend
a beautiful day with my beautiful lady.

That's what we need my sweet beautiful Kira,
to be with the one we so love completely.
I just want to hold you my Kira
because I truly love you
and being with you has always made life worth it,
you are everything that is good and beautiful.
I love you Kira and just want to hold you
and feel all these sweet kisses I am now sending you.

Michael P. McParland

Sweet Tender Kisses For You

Sweet Tender kisses to you my sweet on
on this beautiful Sunday morn.
Sweet tender kisses full of true love
to you my beautiful only one.
Sweet tender kisses of pure warmth
because I love you so.
Sweet tender kisses to reassure
and comfort you that I will always be with you.

Sweet tender kisses beautiful one
and feel me holding you.
You are all I want and need
and you are my universe.
I love you madly my sweet one
you are my best friend so good.
Sweet tender kisses for you my Angel
I can't get enough of you.
Sweet tender kisses for all time
because I love you very much.
Sweet tender kisses for my Kira
your Michael is just for you.

Michael P. McParland

Good Sunday Morning

Good Sunday morning my beautiful one
and millions of kisses and hugs to you
to start this beautiful day of true love
that exists between you and me.
We're best friends and true loves,
the greatest gift and blessing
from God anyone can receive.
Good Sunday morning to you my sweet Kira
I love you so very much.

What would be better than A Sunday morning snuggle
on the couch while we drink our coffee and wake up.
I like mine black as you know and sadly
how you like yours is one of those few
little things that right now I do not,
but when we're together again I will learn
and I'd have you sit on the couch curled up in our blanket
while I got it all ready for us.
Then we could snuggle for the early hours
while we just snuggle away and drink the delicious
coffee that you buy.

A good Sunday morning to you my beautiful one
and as the day went on there's so much fun we could have.
Even though I'm not a big NFL fan I know you like it
and I still have the Browns.
So if you wanted to watch I would sit there with you
and cheer your teams on just with me
you do for my Ohio State teams.
Just as long as I'm spending time with my one
I'll be the happiest man alive my sweet dear,
as long as I'm with you I'll be fulfilled.
A good Sunday morning my Kira
your Michael so deeply loves you.

As the day went on from there we
could sit and read to each other from something
as a couple we've picked.
On my kindle there's over a thousand books,

we would find something for sure.
I just want to sit with you and to get lost into
a good story together would be the perfect time.
Then what part we read afterwords,
what we thought and what we felt,
I always love to know what you think and feel
my sweet one as your take is always so unique.
A sweet Sunday with Kira would be so truly great.

A good Sunday morning to you my sweet one
and it will be a beautiful day,
for as it goes on I'll write you many poems.
A few more like this and as other ideas come to me,
I love you Kira and I am with you everyday
hand in hand holding you close
giving sweet kisses to fill you up
with all of my sweet loving warmth.
Close your sweet eyes and feel me so close
and see my loving looks and smile just for you.
I love you Kira and have a great day,
your Michael is thinking of and sending his love to you.

Michael P. McParland

Morning Note 132

Good morning sweet lady
and I am still here as always,
have faith my sweet one
I'm never leaving you.
I'm sorry I was so silent
but in the peace I felt from
your deep care and love
I fell off into sleep
and slept until 20 minutes
just past.
I had to eat something first
because I was shaky and weak.
I am sorry my dear
if you were upset and worried
I truly was so tired
I didn't get wake up at all for anything.
I also missed Ohio States game
and hope I can catch it somewhere on replay.
Hopefully an upload on YouTube.
I would have written you for sure
if I had ever been up.
I am sorry my dear and I love you so much.

I send you sweet kisses
of love and apology.
I care for you deeply
please have faith and trust in me.
I love madly you are
my greatest love and desire.
Kira you are amazing
and I want you by my side.
I adore you deeply
and in every way.
Kira my love soon please talk to me,
I need your sweet spirit
and words in my life every day that there is.
I love you sweet Angel and I always will.

Have a good morning Kira

and soon I'll write an even better
good morning message for you.
Feel my arms around you
ever so tightly,
and if you haven't gotten good rest
please go do that right now.
Fell my sweet kisses as
I give them in droves,
hear my words as I whisper
them lovingly into your ears.
I love you sweet lady,
I'm always here,
I'll stand right beside you
forever my love,
hand in hand always
no matter where,
you have my support
in full loving care.
Close your sweet eyes
and see my big smile,
remember my looks of love
and please give me a smile.
Just feel me there with you
and feel my love surround,
be filled with my warmth as I give it to you.
I am sorry sweet Kira
and I so deeply love you,
again I promise I'll never leave you.
You are my Angel
and my reason to keep
on living as each day goes,
you are the lady I want to
spend my life with,
you are the Angel I want
to spend eternity with
and I'll give my everything
to prove that I mean this.
Kira my dear you are my true love
and I'll always stick by you,
you are my everything
and I'll always love and adore you.

Michael P. McParland

Morning Note 131

Good morning sweet one
there's nothing more wonderful
than waking up and seeing
your smiling face,
right now it may just be your picture
but one day soon I know for real.
I love you my darling
and can't wait to have you
so close and tight within my arms.
I can't wait to be with you
everyday through all time.

Let's just rest a while longer
and we can just snuggle in peace.
I'm still so tired
from all the emotions inside
and when I feel your spirit
and love so very strong
it relaxes me deeply
and I can rest easier finally.
So let's stay in bed
my dear darling and just
rest while we're snuggling,
first sharing sweet kisses
before we start drifting.
Kira my dear I'm sending you
all of my love for peace,
strength, and warming.
Don't ever forget that
I'm here to help you and listen
my Queen.
I'm serious when I say
you are my everything.
I can't even describe
the depths and intense flow
of all that I feel.

So my sweet Kira
wrap up tightly with me

and snuggle, snuggle, snuggle
the whole morning away.
Feeling comfort and peace
and having true happiness
with my favorite person in history
let's snuggle and rest for awhile
sweet Kira because I love you my darling
and you bring such joy and peace to my life.
I want to just rest and snuggle
for now with the Angel
who loves me just as much.

Michael P. McParland

Sweet Sleepy Kisses

Here at 3: 41 A.M and I'm so very tired,
only drifting in and out lightly
but staying sane with my dreams
of us being together,
all the joys and smiles we will be sharing
and the many wonderful things ahead.
I'm so very tired but knowing you're there
keeps me hopeful and going.

So I now reach out to you my sweet darling
and gently wrap my arms around you
pulling you in so close to me as I look
in your eyes and say I adore you my sweetie
and I'm going to love you for all eternity.
Then I'll give you the sweetest sleepy kisses
as we lay down together in bed to snuggle
and sleep for awhile.
Sweet sleepy kisses for you my sweet Kira
and I truly will love you for eternity.
Now just feel my warm and my hearts
steady loving beat as I hold you close
for peaceful snuggle of sleep.

Michael P. McParland

Goodnight My True Love And Best Friend

Goodnight my true love and best friend
I'm so very tired and will attempt to sleep,
I don't know if I can though so
as I reach out will you reach back
and slide into bed with your man?
Will you snuggle with me Kira my best friend?
Will you share sweet kisses
of love my beautiful woman?
I'm truly aching so bad and want you here
to feel and give comfort as sleep
may not come for awhile.
I love you sweet Kira my best friend
please come join me for a snuggle.

Tonight my sweet dear I just need to bury my head
as close as I can right next to you.
I need to comfort of being right next to you
while we talk and enjoy the things that we do.
Tonight my sweet dear I need to bury my head
right next to you as we hold hands and nuzzle
feeling complete peace and comfort
giving sweet kisses that feel right
because they are filled with true loving.
Just listen for my voice as I say
nuzzle up so close my sweet one
because Kira I love you so much.
Your are true comfort and happiness,
you are my Angel for who I am thankful
and I want to be close to you forever and ever.

Goodnight Kira my true love and best friend
and as I struggle through these lonesome aches
I'll be dreaming of you to help keep them at bay,
to bring beauty through you into my night,
I'll be dreaming of you my sweet Angel dove
and I'll be sending you all of my warmth and love,
feel it surround up and wrap you up,
take solace and peace within all of my care,
feel the tender gentleness that is held within.

Kira my Angel there isn't anything
I wouldn't do to see you happy
and I'd give every part of myself in any way
to see you fully happy and healed
in both body and heart and anything else.
I would give up everything to see you fulfilled
and through the love we share I want to
be there for you in whatever you need.
I have so much love inside me to share
and I want to share it with you my beautiful best friend.
I want to give you the love and attention you deserve
because I love you sweet Kira more than anything
in heaven or on this earth.
Goodnight my dear best friend and sweetest of dreams
feel all my warmth as I hold you so close to me.

Michael P. McParland

Comforting Snuggle

Come my sweet dear and join me
for a comforting snuggle.
Something we both badly need,
a snuggle of comfort with my dear Kira
would be beautiful peace on this night.
I love you so much and am
in much need of your loving warmth,
I'm hurting inside and feel so alone
because I miss you sweet lady
and want us to wrap up so tight
in each others arms.

Please join me sweet one for a snuggle
of pure warmth a loving comfort,
I need you my lady you are my soul mate,
you are my best half and best friend
and life feels so very empty without you,
I just want to snuggle and nuzzle
with my beautiful woman.
I want to just talk softly
as we feel total contentment.
Come share a comforting snuggle
because to me you're most important
and I just want to be with you
spending my life.
I want to be with my best friend for all time.

Come join me sweet Kira for a comforting snuggle
and share our peace and warmth
as it envelops us in whole together,
feel such peace as we smile with
sweet kisses aplenty.
Come my fair lady we're both in need
of such deep comfort and contentment,
I love you dear Kira now let's share a snuggle.

Michael P. McParland

Love Note 305

Sweet love I so miss you
and want you here in my arms,
to give comfort and kisses
as well as receive them.
I need you in my arms
to give you the love that
you want and need,
you are worthy of such
tender caring love and
after all you have been through
it is what you deserve,
love that is undying
and has no end,
and that in equal wants to receive.
I miss you Kira and so want
to hold you.
I love you baby you are amazing.

It will be awhile before bed
and in spirit at least
come snuggle with me,
let me fill you with warmth and peace,
give you sweet kisses
that we both so need,
just let me hold you
even if right now just in spirit
because I adore you my love
you are my only one
and it will only ever be you for me
my sweet Angel dove.
I only want to be with you
hand in hand for eternity.

Michael P. McParland

My Heart Overflows

My heart overflows with true love for you
and I would do anything to help you right now.
You have my endless support and undying love,
I'll stick beside you through all time,
I'll be holding your hand letting you know
that you're loved and I'm there.
My heart overflows with passion and care,
my heart is yours my sweet Angel dove.

I care for you so very much
and I keep writing so you'll know
I've not gone anywhere and to have
some form of contact and telling you
what's up and how I feel.
I do it because my heart overflows
and I'm trying to tell you as much as I can
to prove my trust, faith within you,
I do it in true and pure love my Angel so good.
I will write on the best that I can
to show you how much I care for you
my dear lady.
My heart overflows with all the love that I feel.

Plain and simply I care for
and love you more than anything,
my heart overflows to help you to heal,
to give you all that I hold
and receive all the love you have to give.
My heart overflows and my heart is yours,
I know you'll always treat it so good and well,
with your tender care and sweet love
of an Angel sent from above.
I know my heart is in the perfect hands,
in the hands of the woman
that its love is filled with,
the love that overflows and show with pride.

Kira my heart overflows with true love for you
and there's nobody else I wanna be with,

you are special and beautiful,
a heaven sent blessing and Gods gift.
I treasure you darling and am filled
with the need to give and to receive,
a need you have as well my sweet Angel Queen.
I love you my darling and my heart is overflowing
and I tell you all this because I know you are lonely.
And I want you to know I'm always here
and my heart over flows with true love just for you,
you're not alone because your Michael
is waiting with open arms.
I'll stick by you forever because you are my lady
and I adore you so much my precious beauty.

Michael P. McParland

A Tender And Gentle Kiss

A tender and gentle kiss of comfort
for you my sweet dear I love and need,
a tender gentle kiss to tell you I care
and I feel your deep pains all the way here.
I can feel the deep hurt and the tears
as they run down your cheeks.
I can feel it all
and I'm sorry you do hurt
my sweet Angel dove.
I send this tender and gentle kiss
to wrap you in my loving warmth.
I send you a tender gentle kiss
because I love you so much
and it's ripping my heart out knowing
you're going through such a rough time.
A sweet tender gentle kiss for my Kira
who I would give anything to just make you happy and smile.
I send you a tender and gentle kiss
so you will feel me there with you
and you will know that you are so deeply
cared for and loved.

Michael P. McParland

Right There With You

I'm right there with you my sweet one
holding your hand and holding you close
giving you all of my loving warmth and strength,
I'm right there rubbing your back
as I hold you so close and whisper
I love you my darling I'm right by you forever,
I'll never leave or abandon you my Angel so true,
I'll never do anything that I know would hurt you.
I love you sweet Kira and I always will,
I'm right there with you to help you feel safe,
I'm right there drying your tears.

I'm right there with you though now just in spirit
believe me though dear I can feel all
the needs, longings, sadness, and happiness you have
and I'm right there with you holding you tight,
I'm right there with you giving kisses
my darling sweet Angel bride.
I'll always be with you no matter what and no matter where,
you'll always have all my support my sweet Angel dove.
God bless you my dear I love you so much.

I'm right there with you so feel deep peace
and warmth fully surround you,
I'm holding you close stroking your hair
and rubbing your back to give you
total soothing comfort,
I'm giving sweet kisses to cheer your sad heart up
and telling you softly how much I care for you.
I'm right there my Kira because I so love you
and soon it will be real God will make sure it happens,
I love you Kira and I want to be with you forever
because you are my best friend and the
most wonderful woman in existence.

Michael P. McParland

Peaceful Times With You

I long for and want peaceful times in your arms,
to just shut out the world while we
get lost in each other and our love,
peaceful times spent with you are everything
I long for and crave through my whole life.
To be with you at my side as man and wife
walking along hand in hand all of the time.
Peaceful times with my babe is everything
that is wonderful and beautiful in my mind.

Peaceful times spent with you talking and kissing too,
snuggling each day as our love grows
bigger and stronger with each passing day,
peaceful times where we can get away from it all
and have each other to talk to when
the world reaches in and causes us pains.
Peaceful times fighting for each other with endless support,
peaceful times spent together knowing true love.

I long for and want peaceful times with my Angel,
to sit talking and holding my darling Kira,
to kiss you all over and tell you I love you.
To satisfy those deep tinglings with
true and pure loving closeness.
I want peaceful times with my sweet Queen and Angel
that to me means everything.
I want peaceful times with this wonderful woman
a gift and blessing from God I so deeply miss.
A gift and blessing from God I so
deeply adore and love in sweet bliss.

I long for and want peaceful times with you Kira
because in my eyes, heart, soul and mind
you my dear darling are happiness,
you are light and joy and I miss your sweet soul,
I miss you my sweet lady and want you here in my arms
where both of our hearts can heal
and where we can look into each others eyes
and say I love you from our souls without a single word,

peaceful times in your arms my sweet Angel dove
would be heaven on earth and immense healing in itself,
peaceful times with you will be the very best.
Kira my love you truly are all that I want
because I love you just for who you are.
You're an amazing woman and a bright beaming soul,
I love you Kira because you have the biggest heart
that is so pure in its intents and desires.
You are kind and giving and so very loving,
plain and simply you are supreme and amazing.
I long for peaceful times with you my sweet lady
because you will forever be my everything.

Michael P. McParland

My Heart And Soul Are Yours

My heart and soul are yours
for all time.
I place them in your hands
and in your sweet care.
I love you that's why
and I trust you to treat them
with all of your kind loving care.
I know you will treasure them
as I treasure you.
I know you will love me forever
just like I love you.
My heart and soul are forever yours
because I choose in true love
to share them with you.

Michael P. McParland

Good Friday Morning

Good Friday morning my sweet Angel dove
and I send millions of sweet kisses
and smiles to shower on you,
good Friday morning and I send
all of my loving strength and warmth
to you my dear one.
Feel my hearts beat as I hold you so close.

Good Friday morning sweet dear and as I get up
I wish you were here to greet with the day
and be with along the way spending time
and having fun as we get things done
both important and things just for fun.
I wish you were here on this Friday
morning before us so we could get moving
slowly together after any things that
would need quick taking care of,
and then quietly sit drinking some coffee
while enjoying each other so silently
or softly speaking and smiling.
A quiet Friday morning that would be so good
with you in my arms as we got it going leisurely along.

A Friday morning that we could take our time
getting done those little things that need doing
and just help each other to make the tasks easier,
to give our loving support and just be
able to be with each other which is what
we've so very long wanted and needed.
No need to rush through what needn't be hurried
because we would work together sharing our love,
it would feel good no matter the task because
I would be spending the morning with my sweet Angel dove.

A wonderful and good Friday morning to you
and as the day went working together
the chores would be done fast as ever
and then we could put on our jackets and go for a walk,
or snuggle up in our bed or our couch

watching movies, reading books,
or resting to music and audio books.
Perhaps even find somewhere to go just for fun,
no matter what everything withing would
feel fulfilled and complete because
you would be with me just laughing and sharing,
you would be in my arms and we'd be feeling such warmth.
I wish you were here but never forget
I am with you in spirit as you are with me.
So we're not truly alone and we'll soon have each other
to be with on Fridays like this in real life.
I love you Kira and beautiful Fridays and every days
with you are what keep me going.

A good Friday morning to you Kira my sweet precious darling
and I'll be dreaming of this on this morning
as I get a few chores done and will dream of it
still as my day goes along.
I'll be sending you smiles and hugs with sweet kisses so big
to brighten your day and fill you with strength,
feel the suns warmth and let it fill you
a in it's symbol with all of my love,
close your sweet eyes and see my smile so big
and so full of love just for you my Kira so pure.
Feel my hand within yours and me by your side
as I put my arms around you to hold you so close.
I'm with you Kira and out to you my heart calls,
sharing these dreams and all my warm feelings
so you will smile and light up the world.
I love you Kira and I'll always be here.

Good Friday morning my sweet darling Kira
and one day soon we'll be spending them together
holding each other and drinking our coffee,
starting the day with sweet kisses so deep
and straight from our souls truth,
we'll have each other this I promise you.
Good Friday morning and please smile for me,
I love you sweet darling and feel my arms
as I give you a big squeeze.

Michael P. McParland

Tender Touch And Kiss

As I wake for a few on this very early Friday morn
I reach out and take your soft hands in mine
and gently pull you in close.
I look into your eyes so lovingly as I
gently caress your soft and beautiful cheek.
Then say I love you my dear and give you
the most tender of kisses to give you warmth,
to fill you with light and to fill you with joy.
A tender touch and kiss with a snuggle
to savor before we have to get up
and truly moving in a few hours.
A tender touch and sweet passion filled kiss
for the Angel from above I so dearly miss.

In this short period of waking on this early morning
I wanted to tell you I love you my darling,
so I'm reaching out to hold you so close
and to tenderly kiss you in true pure love on the lips.
An early morning of tenderness with my Angel
that fills me with light and bliss.
A tender caress and a tender kiss,
I love you sweet Kira and before we must rise
let's snuggle and feel peace in our massive warmth.
A tender kiss to you my sweet Angel dove.

Michael P. McParland

Goodnight My Beautiful Angel

Goodnight my beautiful Angel I love you,
come slide under the covers with me
and let's wrap up together and snuggle
in our shared and infinite loving warmth.
We'll share some sweet and deep passionate kisses
before I so tightly pull you in
as you rest your head upon my chest
to hear my heart beating for you as we go to sleep.
Goodnight Kira my Angel so beautiful I love you
and let's snuggle forever and ever my precious lady.

I'm sending you all of my love and warmth
with the biggest and sweetest of kisses and hugs,
I'll be holding you tight through the whole night
to give you comfort and peace to soothe your heart.
You matter to me so very much and if
there are tears I'll dry those as well,
read you a book and sing you some songs.
Whatever you need my sweet dear I'll do for you,
I love you Kira and I always will,
hand in hand through all time I'm right by you,
I'll keep you safe and support you through all.
Kira my dear I won't abandon and hurt you,
I adore you my love and will back you in whole
through all space and time.
Feel my arms around you as I rub your back and stroke your hair.

I'll see you tonight in the land of sweet dreams
where we will lay in that field under the moon
and stars shining so bold and bright,
I'll be looking at you just as much
as they shine upon you and light up
your beautiful smile, eyes, face,
and entire gorgeousness.
We'll just lay under the moon and stars talking,
snuggling, kissing and laughing
like we've always hoped too,
and like we will soon do my Angel
for whom I'm so deeply grateful.

I'll see you tonight my divine one
where I will hold you so tight
as we watch the divine lights.

Goodnight Kira my beautiful Angel my heart
calls to you in full love and care.
I want you so soon so I can give you my love
and so you no longer feel like you're going mad
with the loneliness I know you feel inside,
I know how you feel because we feel the exact same,
we both know we're not alone as we're there for each other
but at the same time we feel haunted and sad
by the immediate loneliness around us.
I want to hold you so I can cure that,
I want to give you the love that you have deserved,
I just want to spend each day with you by my side,
I want to end every night snuggling
and kissing my beautiful sweet Angel bride,
I want you my sweet Kira in my whole life.
Goodnight my dear Angel you truly are so very beautiful
and I'll tell you that everyday my sweet darling.
I want you to know that that is the truth
because I love you my lady and want you to know your great worth.
I want to give you all of myself to make you happy and proud.
I want to spend eternity in ecstasy as husband and wife.

Michael P. McParland

Longing So Deep And Hard

I'm longing and yearning so deep within
to talk to and see you again,
I long and ache so very hard to have
you so close within my open arms.
I'm long and yearning so deep and hard
to just be with you my sweet Angel dove,
to just be with you no matter where.

It doesn't matter to me if it is here
or if it is there just as long
as I'm able to be with you my sweet dear,
I'll be more than happy to travel to you,
all I want in the end is you in my arms
and us side by side holding hands.
I long so very deep to look in your eyes
and marvel at my sweet Kira
I so desire and love.
I crave you my dear darling
because you are the one that I love.
I miss you sweet Kira and I long for you so deep and hard.

I long and ache for you because
you are just very good
and I miss feeling the full strength
of our bond as we sat and talked,
and when we stood together it was electric.
You could literally feel our love in the air
and I long for that darling
because you are the Angel that gives
life color and taste.
Life is so empty without my best friend
who I give my whole self.
I miss you Kira because you are the best.
I long and year so hard and deep
to just be with you doing everyday things.
I long and yearn so hard and so deep
to do couple things in all ways there are,
I just long, yearn, and ache so hard and deep
to be with you Kira my sweet Angel Queen.

I just want to be with you no matter where,
nothing has to be on my terms at all
because that's not how I want it all
and that's not how it works,
I just need you to talk and to give me help
because I want to be with you for all time,
I love you Kira and I want you as soon
as possible to be right by my side,
so I can take your hand and look in your eyes
confessing my love as you look in my soul,
so I can hold you so close and we can release all we hold.
Kira sweet love I long so deep and hard
to just be with you and give my all,
I miss you so much and want to be with you now.
I long and ache so hard and deep
and it's you that I want to bright life back to good.
I love you Kira and I long for you love and your touch,
I crave your spirit and being in your sweet arms.

I truly long and yearn so very hard and deep
to be with my Angel serving in every way,
to give you the love that you so deserve,
to heal your heart while I give you kisses and hugs
and everyday standing by your side
giving non stop my loving support.
I want to be there to help take care
and help keep you safe,
give you endlessly all of my strength.
I love you Kira and deeply I long, yearn, and ache
to be there for you in true love
celebrating our bond each and every day.
I just want you my sweet love no matter where
because as long as I'm with you I'll be happy my dear.
I love you with all that I am and for eternity
I want to share with you all of myself.
God bless you sweet Kira you're all that I want.

ILYF and ever KP

Michael P. McParland

Relax Before Bed

Let's sit and relax for awhile before bed my dear,
sit back on the couch in each others arms
and watch some T.V, read, or just softly talk.
As long as your by me all would be fine
let's not go to bed yet and just relax.
Sweet Kira my lady I love you so much
and want to be with you as much as I can.
I just want to have you here in my arms
to spend some time before we go to bed.

Just sit with me dear and we'll relax before bed
just sitting up on the couch snuggling
and sharing sweet kisses while we do
whatever it is we decide that we want.
I just know I want you here in my arms
and to hear your sweet voice while I look at you smile,
get lost in your eyes and show you
my whole soul while you look in mine.
I can't hide anything from you and nor do I want to,
I want you to see your man in full and total.
My whole world is yours my sweet precious Kira
so let's not go to bed and just relax for awhile.

So let's just sit and relax having fun with each other,
just talk, read, watch T.V, or write some poetry
for each other or even collaborate on some work together.
I never work with other people but with you
it would be such an honor,
to see you at work and to partake in the creations of a
beautiful artist would make me the happiest man in this universe.
To spend time with you darling would mean everything to me
so let's just relax for awhile sweet lady so wonderful.
I love you sweet Kira I so deeply truly love you
and I just want to hold you and kiss you over and over.
So will you just sit up with me for awhile
and relax my sweet darling?
You are my everything and being with you is my greatest dream.

Michael P. McParland

Snuggle Under The Moon And Stars

Let's snuggle underneath the moon and stars
here upon this quiet evening here,
just you and me in a large green and lush grassy field
lying on a blanket in each others arms.
Let's snuggle oh so close within
our shared loving peace and warmth
beneath the moon and stars and kiss away the loneliness.
Let's snuggle through the night
and talk away the hours as they pass away.

Let's snuggle wrapped up in my big orange fuzzy blanket
and in each others arms taken in the moon and stars enchantment
as well as ours and our true caring, loving passion.
Let's just talk, kiss and snuggle in the celestial light
that the moon, stars, and in our love we emit.
Let's snuggle and heal our wounded hearts and scars
within each others loving, accepting, caring arms.
Let's talk and snuggle through the night underneath
the moon and stars in a giant and green luscious grassy field.
Let's just kiss, talk, and snuggle you and me.

I know we will feel fulfilled and so happy dear
as I always was when you were near,
I hope I gave those feelings to you as well
sweet precious Kira I so adore.
Let's snuggle just you and me through the night
underneath the moon and stars where we can kiss and talk.
I just want to be with you my precious one,
I want to spend the night snuggling underneath
the moon and stars with my sweet Angel dove.
I want to snuggle in divinity with my Queen
and Angel a gift and blessing from on high.
I want to snuggle with you my Kira
underneath the moon and stars.
I just want to snuggle with you while we talk and kiss
because I love you dear and want to be with you for all time.

Michael P. McParland

The Most Gorgeous Woman

I was just looking at your beautiful picture
and though I've said it before I'll say it again
you're beauty blows me away every time I see you my dear,
you're the most gorgeous woman in the world today
and in my eyes you're the cutest and most gorgeous
woman in heaven or on earth in history.
Kira you're gorgeous and you take my breath,
I love you so much because in all ways you are gorgeous.

You are gorgeous in heart mind and soul,
a gorgeous body, face, eyes and smile
that give me goosebumps and shakes,
you fill me with excitement and love
because you're so full of grace.
I adore you sweet lady you're my gorgeous one,
I love you so much for all that you are.
You are gorgeous sweet Kira believe it or not
and you are my northern star that shines oh so bright.

You are the most gorgeous woman I have ever beheld
and I adore you so much my diamond in the rough,
you are supreme and a cut above all others my sweet Queen
and I want to be with you for all eternity.
I love you so deeply and I love you completely
you're gorgeous sweet Kira and I mean that completely.
Inside and out you're a sparkling jewel,
in every way I see an Angel so clean and pure,
I see a dove I truly treasure and love.
You are gorgeous sweet Kira and you are
forever my sweet Angel dove.

Michael P. McParland

Beautiful Kira 7

Beautiful Kira whom I so adore
my thoughts are with you as is my heart
and as am I.
How many can say their dream is on earth?
How many can say their best friend
is their wonderful soul mate?
How many ever really get to meet
the one of their greatest dreams?
Not many I think and that's why I'm the luckiest man
is because Kira you are my soul mate, my hero,
my best friend and true love.
Beautiful Kira you truly are my universe.

Beautiful Kira I so cherish and admire,
you blow me away in your loving kindness.
You are so brilliant in so many ways
I don't know if you see just how
intelligent you are in full.
I see the brightest woman I've ever known
and I adore you for that my sweet Angel dove,
for I could never be with anyone
stupid or dumb and that you are so beautiful,
kind, intelligent and loving makes you the perfect one.
Beautiful Kira I am in awe and I love you in full,
beautiful Kira I'm going to marry you.

Beautiful Kira I so wish you were right here with me
to hold so very close on this evening,
to just sit and talk and revel in warmth.
To bask in the glow of our true love,
to be with my best friend who I so adore.
Beautiful Kira my love I wish you were here,
beautiful Kira I want to kiss you
and share a sweet night of true love
in all ways.
Beautiful Kira I so deeply want and need you.

Beautiful Kira I'll always be there right next to you
standing hand in hand giving all my support.

I love you so much and hold you so dear
I love you Kira you are my wonderful best friend.
I admire you deeply and treasure you so immensely,
beautiful Kira please come here so soon
so I can kiss and hold you.

ILYF and ever my sweet beautiful Kira.

Michael P. McParland

A Peaceful Day

How I would just love to spend
a peaceful day in your arms
lying in bed snuggling while we read,
listened to music, watched some movies,
and spent lots of time talking.
I want a peaceful day with you my sweet one,
I want today to be in your loving arms.
I want everyday to be carried away
by your magical charms.

I just want a peaceful day with you
to rest my head next to yours as we kiss,
just be in your presence and feel your warmth.
A day to forget the world and all of its harms,
I want a day of peace with my sweet one,
I want a peaceful day with my darling Kira.
I want a day like today in your arms,
I want a peaceful day together
because I so love you.
I want you in my arms sharing our strength,
I dream right now of us sharing a
peaceful day kissing and snuggling.

Michael P. McParland

I Need Your Kisses

My heart is in need of healing too
my sweet precious jewel
and what I need is sweet beautiful you.
I need your sweet words both written and spoken,
I need your sweet arms around me
giving warmth and peace in abundance,
and I need your kisses so full
of true sweetness and passion.
I need you my darling to be complete once again,
I need your kisses to feel whole and as one.

I need to hear your sweet voice everyday
as I bask in the glow of your smile
and drown in the depth of your sweet eyes.
I need to hold you each day
and say I love you sweet Kira
will you forever be my Angel and babe?
I love you so much and my heart melts for you,
I need you with me every day from here on through.
I need you in my life because I so adore you.

I need you in my arms to give and receive love
in the way only a touch can have,
I need you in my arms to finally be held.
I've never snuggled or cuddled my whole life,
and I want and need you in my arms
because you are the one I love most
my sweet Angel dove.
I need to hold you and make up for lost time,
I need to hold you and be held
because you are my Queen and sweet Angel bride.

I need your kisses because I know they will
be the most fulfilling and best.
The connection we share will be electric
shocks of true love shooting through our whole souls.
I need your kisses because they are yours,
I need your kisses because they will
be filled with true love from you.

I need my Kira because you are you,
I love you Kira and I want you as my bride.
I need your kisses because you are my everything
my only sweet Angel dove.

Michael P. McParland

Morning Note 130

Good morning sweet love
and sweet kisses to you
with great big hugs.
I send millions of smiles to you
to give you cheer on this day.
I love you sweet Kira
my Angel so good.

I'm about out the door
to take the cats to the vet,
just their annual check ups and shots.
Before I went I wanted
to tell you I love you and to have a great day.
I will be holding you close
and be at your side the whole way.
I'll write you as soon
as I return from my chore.
Just close your eyes
and see my big smile
and feel all my warmth
as I send that and my full love to you,
I so adore you my precious Kira
and one day soon I'm
going to marry you.

I love you sweet dear
and my heart and I are
always there with you.
You are so precious to me my sweet darling
and I want you to know
you are my true everything.

Michael P. McParland

A Mid Night Snuggle

A night of very restless sleep
feeling sad with no relief.
I ache for you and sense that you're upset,
over what I know not but I can
feel your distress and I just want to hold you close.
A mid night snuggle with you would be so good
so I am reaching out to you to pull you in
for a deep comforting kiss with a
tight snuggle oh so close.
I miss you dear and love you the very most,
a mid night snuggle is what is wanted now.

A night where I just can't in full relax
and lay here no more than three quarters
of the way asleep,
I miss you so bad and want you here by my side
to feel your love and feel your warmth
as I stroke your hair and rub your back
and perhaps you could lightly rub my face and head.
A mid night snuggle with my only Angel
is what my heart is crying for my sweet lady,
I'm reaching out to take a hold of you
and give sweet kisses too.
I love you dear and want you here
to kiss and snuggle till we fall asleep
the whole night through.

A restless night with no good sleep
and I'm feeling sad with my need to have you by my side,
so I'm reaching out to pull you in to give
us both such peace and warmth,
Kira dear I love you so very much
and just want to be with you for all time,
please don't push me away and just let me hold you close
and tell you everything is okay.
I love you dear more than anything,
I always have and I always will.
You are the one I want and need within my life
each and every day and night.

You are my best friend and I know
what I feel for you is truly good and right.
I love you dear and am reaching out to give you a kiss
and snuggle here in this middle night,
to give us comfort, to give us peace,
so you can cry with me if that's what you need,
to give you strength from all I feel
I'm reaching out to take ahold of you.
A mid night snuggle here to finally feel safe and relaxed
I love you dear and that's a fact.

Michael P. McParland

Goodnight My Special One

Goodnight my special one I love you so very much
I wish you were here to climb into bed
and snuggle with me sharing sweet kisses
so very passionate and so very deep.
I want to snuggle with you each day and each night,
starting the day right within your sweet clutch
then ending it there engulfed and surrounded in warmth.
Soon my sweet darling I'll be holding you
and we'll snuggle and nuzzle forgetting the world.
Goodnight my sweet dove I adore you so much.

I'll be holding you ever so tight through this night
and I'll be talking to you in my sweetest thoughts,
I'll share them with you the best that I can,
I'll be sending them with my love and my warmth.
I love you sweet Kira and I can't get enough,
I crave you and your love I crave you for just who you are
my sweet Angel dove so good with a pure heart.
Feel all of my love as I send it to you
with sweet kisses so big and full of true love.
I miss you sweet Kira and will till you're here,
I just want to hold you so close and in spirit
tonight I promise you I will,
rubbing your back and stroking your hair
as you hear my heart beat resting your head on my chest.
I love you sweet one you are the best.

Sweet Kira sweet Kira I'll see you in our dreams
where we'll walk along the path of the moon and the stars,
marveling at the wonders around and marveling
at each other as we walk along hand in hand,
I love you sweet darling and that's where we'll be
with our friends in the sky just you and me.
You will be the brightest star of them all
even more than the moon,
that's how wonderful you are in my loving eyes.
Tonight my sweet love in our beautiful dreams
I'll hold you and kiss you as the moon and stars sing.

I will one day soon spend every night with you
holding you close and giving you peace
but for tonight I send you all of my
strength and all of my peace to give you
such comfort in a blanket of warmth.
Be filled with my love and tonight be content,
get some good sleep as I'm holding your hand
and giving sweet kisses straight from my soul.
I love you sweet lady and I'm always there,
I promise I'll stick by you through all of our days,
I love you too much to just run away.
I couldn't live with myself having broken your heart
and I can't live without you because I love you that much.
So feel such deep peace and be soothed tonight
your Michael cares and he always will.

Goodnight my sweet special woman
and let's climb into bed and snuggle forever,
I want you here in my arms with never ending
contentment and caring endless loving,
let's go to bed and snuggle so tight with each other
and share such sweet kisses before we start drifting,
I love you sweet lady and you are so needed.
Goodnight my dear one and feel me reaching
out to give you these hugs and deep kisses,
I plan to share those with you for all eternity,
I plan to share myself and my world with my only Angel,
I plan to give my whole life to you my beautiful Kira.

Michael P. McParland

Sweet One So Kind

Sweet one so kind and so tender
you have an Angelic giving spirit,
so full of love and so full of care
it's easy to get hurt giving so much of yourself.
People take advantage and use you
or take for granted and never repay you
it makes me sad and angry to see
how those people have betrayed you.
Sweet one so kind and so tender
I'm here for you with endless true love to give.
Endless true love through which can heal.

Sweet one so kind and so good
I truly love you and want you to be healed,
I want to restore your faith in love,
the love you've been robbed of your whole life.
You know it exists but you're afraid you won't have it
but I promise you love I'm here to give it.
I've had the same fears and similar circumstances
and we're two special people meant for each other,
we've been through the tough times so we appreciate
our true love more than any others,
we share a bond so sacred and awesome
and I want to share with you all that is inside me.

Sweet one so kind you're my greatest dream
I want to spend eternity holding you tightly,
in happiness and joy we'll find fulfillment
because we feel a pure love that's lasted so long,
sweet one so kind you are so beautiful
and I want you here to give deep passionate kisses.
To share closeness in true love and the
most fun and innocent things.
Sweet one so kind I love you so deep.

Sweet one so kind I'll always be here,
with an open heart and open arms
you're not alone I'm right beside you.
Hand in hand for all time as we give our sweet love,

sweet one so kind I'm so fond of you,
gentle tenderness fills me up for gentle,
tender, gorgeous, beautiful you.
Sweet one so kind I adore you so much
and I long for you to be my eternal wife,
you are my Angel and very best friend
I love you sweet Kira because you are so sweet,
beautiful, loving and kind.
You are everything that I'll ever need and want
through all time.

Michael P. McParland

Love Note 304

Sweet love it's your
Michael here to say I love you
my sweet precious dear.
My rest is over
and now I must go cook dinner
I wish you were here
to enjoy such a good meal.
All the while I'll dream
that you are here.

Sweet love this is your Michael
to say that I love you,
you are a peach and a diamond
so luscious, precious and rare.
I adore you sweet one
and dream of you here.
I'll take care of you always
my darling dear.
You Michael so loves you
most of all,
you are the apple on my eye
my sweet Angel dove.
So feel me there with you
surrounded in my warming love,
I adore you sweet Kira to my very core.
You are everything in this world
that is so beautiful and good
and I love you my darling,
I always will.

Michael P. McParland

Resting And Relaxing

Come rest your head on my chest
and relax with me for awhile,
just close our eyes and hold each other
feeling the love and warmth that we share.
Relax for a very short while
and I promise get up to enjoy the night
giving to you my everything including writing.
I love you sweet one now come rest your head on my chest
and we'll relax with each other in total peace.

Michael P. McParland

Sit With Me 2

Come sit with me sweet one
and curl up in my arms.
I want to sit and talk with you
about anything that comes to mind.
A few things that I need to say
and I promise dear not one thing bad at all.
Just the sweet things I feel
and have so long felt the need to tell
because I deeply love you dear.
Come sit and curl up in my arms
and share sweet kisses before I start.

Thank you dear for loving me,
you can't know how much that means to me
to be loved by you a woman so very good.
I've never felt like this for anyone
nor have I received this kind of love before.
It has such depth with true and good pure intent,
undying and unconditional I thank you dear
and it means so much I hope you know.
Thank you dear for loving me because it
is what I want and what I need.
I only want your love my sweet Queen.

Thank you dear for saying I am
so handsome and very beautiful to you my dear.
I've felt so ugly and plain at many times
and been called such bad things before.
I was once used by a girl as her example
of what she said was not sexy in a man,
right before she said those things
and though I didn't like her it still hurt.
I thank you dear for all your love
and for thinking I am so wonderful.
To me it is the universe that you believe in your
heart that I am beautiful.
You are beautiful my dear and I thank you deeply my sweet one.

Sit with me and curl up in my arms

so tight and near to me my dear
I just want to have you close and thank you so very much,
break down these walls and share with you
just like we both need and want.
Come sit with me my dear and I will
let you in my whole world to share,
my whole world is here just for you to share
because I love you dear and trust you in full.

Please come sit with me and curl up
in my wide open loving arms,
I just want to have you near so
we both can enjoy the comfort that we bring,
I want to bask in the glow of
my darling Angel Queen.
I just want to share this day with you sweet one
and every day from here on.
Come sit with me and curl up in my arms
because I love you completely Kira,
I always have and I always will.
I will be your man for all time
and without a doubt you will forever be
my sweet Angel dove.

Michael P. McParland

A Beautiful Afternoon With You

I so wish you were here to spend the day
and share a beautiful, peaceful, and happy afternoon.
A day filled with light and love just us two,
a day where we would feel fulfilled and warmth within our hearts,
a day where would feel at peace and feel completely safe.
I wish you were her to spend the day,
A beautiful afternoon with beautiful you
is exactly what I want.

A beautiful afternoon where we
could just sit back and talk.
That is what I really want is to hear my Angels voice
while I hold you in my arms and thank God you are here.
I just want to talk to you and hold you very close,
sharing sweet kisses throughout the day
on a beautiful afternoon with you my sweet Angel from above.
I love you my dear you are my sweet Angel dove
and I just want to sit with you
and share a beautiful afternoon.

Today I just want to hear you speak
and tell me of your life,
share with me your hopes and dreams
and all you like and want to try.
A beautiful afternoon with you is what I dream of dear,
a beautiful afternoon of peace within each others arms.
You truly are my everything and I want to be with you,
I love you Kira my true one and you are the best
in heaven or on this earth.
You are the greatest girl there's ever been
and I love you very much.

A beautiful afternoon where I just want to talk,
sit back on our couch or lay down in our bed,
either way is fine with me as long as you are there.
I just want to hold you very close
and let our wounded hearts begin to heal.
I want to feel so safe with my Kira near,
I love you and want you in my life for all eternity.

I love you oh so deep and want you as my wife,
first off though a beautiful afternoon here
with you is what I want and need.
I adore you so and pray so soon that you'll be here
because you are my one and my true love.
I care for you in every way and need you in my life.
I love you babe and always will
and beautiful days and nights are everything I want
with my Kira oh so good and right

Michael P. McParland

Morning Note 129

Good morning again my sweet love
and how my heart aches solely for you,
to hold you and kiss you as we lay in bed
where I could gaze in your eyes and say
I love you sweet Kira you are the best,
God bless you my dear all of your life,
you are the one I adore to no end.

Kira I know that you trust me
when I say I love you,
I can feel the belief in the precious
heart that you have and carry.
A heart that's been wounded
and needs such kind, deep and true loving.
A love that I want to give forever and ever,
Kira you are my sweet lady
and for you my heart and soul are so tender.
I want you as my wife through all eternity,
my love for you is unconditional and unending
just as yours is for me
I can feel it through our sacred bond and connection.
I'm so grateful for you and all of
you kind, caring, loving affection.
I thank you and God everyday for being
in my life my dear one.
I don't want to lose you
I know then I would lose my full mind.

Feel me beside you as this day goes through,
I love you so much and will not abandon you.
I'll be holding you close and so very tight,
hand in hand my sweet love as I stand right by your side,
feel my loving warmth and all my support.
I give you all of myself my sweet Angel of light,
I love you sweet Kira so very much.

Feel the sun shine upon you
and see my big smile,
remember the looks of love

that we were always sharing.
Feel my heart singing and calling
to you my sweet lady
and remember your Michael will
always be right here and right by you
giving all of my love.
You are so special to me and my heart is yearning,
it is aching and longing for my precious lady
and I so want to hold you
and tell you directly that I deeply love you.
You're my sweet Angel dove
and you'll never be equaled.

Good morning sweet Kira
and it is for you that my hearts beating continues.
You are the reason I live and get
out of bed on these many days
knowing I'll be with you
by my side once again.
I get up out of bed hoping
I'll hear from you everyday.
I love you sweet Kira and I always will,
you are a diamond in the rough
a unique woman I love,
Kira I treasure and cherish you
for just who you are.
I want to spend my whole life
as your husband and you as my wife.
I want to spend eternity
with the woman I love because
existence without you has not a bit of worth.
You are the reason I smile and laugh.
Kira my love I so adore you
and eternity with you
is what I dream of each day.

Michael P. McParland

Sweet Good Morning Kisses

Sweet good morning kisses to you
Gods Angel and the sweetest woman there is.
God bless you my sweet darling
I truly and deeply love you.
You are my everything and there isn't anything
I wouldn't do just for you.
Sweet good morning kisses to you,
sweet kisses for Kira always my dear.

Sweet good morning kisses to you
because I love you truly through and through,
you make me smile with all of your
inner beauty that helps get me through,
you make me smile with your outer beauty too
because you shine with true natural beauty
and that's the best kind that there is.
Sweet good morning kisses to you
my Angel of love I so adore.

Sweet good morning kisses while I hold you so close
stroking your hair and rubbing your back,
whispering in your ear I love you Kira
you're simply the best that there is
and you are the brightest and best thing in my life.
You are my girlfriend and future wife
and above all else you are my soul mate and best friend
and that means the most.
Sweet good morning kisses to the Angel
who in full I give myself.

So smile for me as I give you these
sweet good morning kisses to cheer up your soul,
feel all of my strength as I give it to you.
Kira my dear you're my universe and my heart
overflows with the endless love I feel for you.
I truly adore you and love you so much,
sweet good morning kisses to you
my hero, my Queen, my Angel and best friend.
I'll love you forever sweet Kira

and give you sweet kisses endlessly my sweet dear.

Michael P. McParland

Big Early Morning Smiles

Great big early morning smiles to you my sweet love,
great big early morning smiles with kisses
to fill you with great warmth.
Big early morning smiles because I love you so much
and I want to snuggle with you in these early hours.
Great big early morning snuggles and smiles to Kira
my only true love.

Great big early morning smiles from my soul
hear my heart sing for you now my sweet love.
It sings my favorite songs and ones I write too,
song of true love I write only for you.
I love you sweet Kira and send you big smiles,
feel all of my warmth in the loving kisses I send as well,
great big sweet morning kisses and smiles
all for my Angel who I adore and admire.

Great big early morning smiles and a warm snuggle.
What could be better on a chilly fall morning?
Sweet smiles and kisses to you my sweet love,
one day soon we'll spend every morning this way.
I love you dear lady and want you here,
to kiss and to snuggle while we smile so widely,
great big early morning kisses to you my sweet Kira
I so deeply love you and you are the reason I sit here and smile.

Michael P. McParland

You're So Good To Me 2

You're so good to me sweet one
with all the kind, loving understanding you give.
I send you millions of kisses in thanks,
I love you Kira you simply are the best.
You're so good to me and I'll never
be able to thank you enough.
Through eternity I give you all my everything
to show you all my thankfulness
and that I adore you in your sweetness.
I love you just for you because you are a jewel.

You're so good to me in endless ways it's true,
you always try to understand my quirks
and all my joys and fears,
you treat me like a good and strong man
and I thank you endlessly.
I love you Kira totally because you are so good,
so filled with love and very kind
how could I not want to give myself.
You are a diamond in the rough
and I adore you my special one.
I send the sweetest kisses now to you my only one.

You are so good to me with all your loving looks,
your smile beams and says I love you Michael just as much,
you're so good to me and in happiness I almost burst.
I love you Kira and I send my thanks
in endless kisses and tight hugs.
When you're here I'll just hold you close
and in tears of joy give my deepest thanks.
Kira you're so good to me and I'll always love you too.
Kira you are the greatest thing to ever happen to me.
I give you thanks my precious one you truly are so great.

Kira you truly are the best to me and
I thank God every day just for who you are.
I hope that you soon will honor me
by marrying me here on earth,
then spend the rest of time in this life

by my side right into the next.
I love you Kira dear you truly are the best.
I am so thankful for you my dear
and how good you are to me.
I want to spend all time giving back to you,
you are my pride, you are my joy,
you are my sacred gem.
I love you Kira oh my dear
and I thank you for how good you truly are.
I send sweet kisses in the millions your way,
again sweet one I love you dear
and always will stick by you my one.

Michael P. McParland

Thank You Sweet Love

Thank you sweet Kira for all
of you kind and understanding sweet love.
That was a migraine that just wipes you out
and I thank you for the love and warmth that you send,
after I told you what's up I could
feel you sweet giving love all around.
i felt your arms around me so I could relax.
Thank you sweet love for all that you do
and I'm sorry that if the day you were worried my dear,
I just couldn't do anything but close my eyes
we both get these migraines and they really stink.

Thank you sweet love for your help over the last
of these struggling hours.
It took a few more for the migraine to go
and when it did it was like a fever breaking
I felt a bit better but still oh so weak
and feeling your loving power I was able to sleep,
thank you sweet Kira i love you so deep.
You are my Angel and I would be fully lost without you,
Kira my dear I send kisses of thank you over and over.
You mean everything and I'm sorry sweet one
that I was not able to make yesterday better.

Thank you sweet Kira for all of you endless helping
I was finally able to get up and eat a little something,
I still feel quite week and am slowly moving
and I wanted to thank you for all of you kind caring
and warm loving which helped me make it through
the pain and the sickness.
Thank you sweet Kira I so deeply love you
and am always here for you too.
I'm so thankful for the love that you give me
and I will spend eternity showing how you make me happy.
I love you sweet Kira and again I thank you
by sending big hugs and kisses with all of
my loving warmth and strength to surround you.
I do love you Kira and you so amaze me,
soon I will hold you and be able to tell everything,

I can't wait to see you and tank you my sweet Queen and Angel.

Michael P. McParland

Love Note 303

Good evening sweet love
I'm sorry you haven't heard from me
so far on this day here.
Yesterday in exhaustion
I felt your caring love
and understanding surround me
and I dropped off to sleep
till very late on this morning
waking with another bad migraine.
The type that you can't do
anything but get the bucket
and lay in complete darkness.
I'm sorry my love
because I knew you were worried.
I sat and thought about you
so you would feel me there with you
and to help calm my head down.
Even now I am fighting the last of it off,
I so needed to tell you I love you sweet Kira
and I promise I've not gone anywhere.
I will write for you a lot
as soon as I am fully better sweet one.
You are my everything and I so adore you,
say a prayer that I'll soon be better my darling
and feel me giving sweet kisses
so deep and caring,
I love you sweet Kira and always
giving you all of my loving.
I'll write you when my head is feeling better
to give you endless kisses and sweet comfort
I'll always be with you my sweet Angel so tender.
I'll always love you forever and ever.

Michael P. McParland

Snuggle 34

Come snuggle up with me in bed my sweet one
while we close our eyes for a bit.
I'm sorry I have not written more today my sweet one
I am truly exhausted and beat and my mind is
super foggy with want of sleep.
I have been thinking of you and sending
all of my love and warmth.
Kira I just want to hold you and kiss you
while drying your tears.
I promise I will do that for you.
I adore you so much and want you here in my arms,
come snuggle with me on the mid afternoon.

Come my sweet love and slide under the covers with me
and I'll take your hand in mine and take
you up so firmly with love in my arms,
come snuggle and get some much needed rest.
I'm so in love with you and I want to show you
in all of my words and all of my actions,
I want to hold you and give you the
sweetest ever of kisses.
I miss you sweet Kira and want you here to
lay with me right now.
Find comforting peace in each others arms.

Sweet lady I'm so very tired and I think you are
so let's lay down together and snuggle
beginning our inner healing.
Feel our hearts and souls touching
and together singing and glowing,
come my best friend for a rest and snuggle.
I truly need you so very badly to just have you near me,
to love and support you in the ways that I want to,
to be able to hold your hand every tome that I want to,
to be able to snuggle with and to kiss you.
I love Kira so very madly and each day my love
grows exponentially so please come snuggle with me
and share some deep kisses because I just want us
to be one and forever have peace in our hearts.

I just want to be with the woman that I truly love.

Michael P. McParland

Love Note 302

Just short of noon
here my sweet love
and I send you great big
kisses and hugs from my soul,
I so want to just
lay in bed with you and hold
you so very tight and close.
So exhausted and in
want and need of you Angel.
I just want to lay my head
right next to yours and talk
to relax in full my sweet dear.
I love you my sweet Kira
and just wanted to say that to you
and let you know I am forever here.
You truly are my best friend,
Angel, and blessing.
I truly adore you dear one
and will stick with you
by your side hand in hand for all time.
I love you dear Kira and forever
want you to be mine
and for me to be thine.

Michael P. McParland

Looking At Your Picture 3

Good morning sweet dear and as I sit here
groggily still feeling over half asleep
I'm just looking at my computer screen
because my desktop background is your gorgeous picture
and even though I feel so tired
your smile makes me smile and your
sparling eyes never fail yo light up a room.
Kira you are so very beautiful
and looking at your picture renews my hope
everyday and helps me relax to sleep.

As I look upon your picture I speak
and hope that in spirit you hear me
or in some way God touches you with the words I use.
I just often say I miss you Kira
and I so deeply and truly love you.
I hope you are alright please let me know swoon
and then we will talk soon.
I say Kira you are so beautiful
even if you don't see it in yourself.
I see a beautiful woman with whom I want to share my life,
I see a gorgeous girl still from when we were young
and I very first gave my heart to you.
Looking at your picture helps me dear
at I can't wait to just look upon you for real.

Sitting here having got such restless rest
and still so tired here but looking at your picture
I am filled with light as I feel you sacred love,
I adore you Kira my true best friend
and just want to hold you close and kiss you all over
my sweet sweet Angel dove.
I just look upon your picture and feel a spark
of good and right within my life,
I know we will have our time because of
true and never ending eternal love.
I know Kira you are the one and I won't let go I promise you,
I love you to much to leave you suffering in the cold.
I love you Kira I really do and until

I can look at you and say those words I'll
look upon your picture and send them in spirit with my warmth.

Michael P. McParland

Monday Morning Snuggle And Kisses

Good morning sweet lady and let's
start this day in the best way there is
with snuggling, nuzzling, and sharing sweet kisses
that warm up our souls and help make
a Monday more tolerable by sharing our love
as we slowly wake up on this Monday morn.
Good morning my dear and let's snuggle with kisses
before we must get up and going.

I will be holding you all day today Kira
in a spiritual snuggle while holding your hand
and giving you kisses so big and grand.
Sweet Kira my love feel all of my loving warmth
and see my smile in your beautiful soul
and minds eye with my loving looks.
You'll never be alone I swear this to you
so before we have to get up let's
just snuggle and kiss for a bit.
It's Monday and we need an extra big boost to start.
What better way than to hold my sweet Kira
the woman I've loved since the beginning of time?
Not a thing my dear because you are divine.

Good morning my sweet precious Kira
and let's just stay under the covers for
a good while longer on this Monday before us
and just snuggle sharing sweet passionate kisses.
My darling dear I truly miss us and
just want to hold you for a long time
so let's share a snuggle on this Monday morning.
The perfect way to start any day is with your true lover,
I hope so soon everyday can be started with you
truly making the morning good
because if I am with my sweet Kira everything
will be good, bright, and totally better.
So a good morning to you my sweet Angel so good
I love you so deep and true and I want to share
sweet kisses and a warm snuggle with only you.

Michael P. McParland

Mid Night Snuggle

Here it is 3: 17 in the morning
and I'm exceptionally tired and exhausted,
sleep has been restless but in this
case and time I don't really mind it
because I can feel your sweet spirit
and your sweet warmth envelop me.
With a weary smile I say thank you my Angel
and as I reach out to hold you
I say I love you Kira let's share a mid night snuggle.

A beautiful mid night snuggle with
the woman I love and adore beautiful Kira,
feel my arms around you as I reach out and hold you.
I love you so much my dear Queen and Angel,
you're such a sweetie and I'm so happy you love me,
I can feel you so near and that makes me so happy.
It has helped relax me on this restless night of light sleeping
and in this mid night snuggle I hope it will
give us both that last bit of needed comfort to drift off,
oh my sweet beautiful Kira I thank you
and want so badly to hold you.

My sweet sweet beautiful Kira I truly am
so very thankful and filled with joy over you.
I just want you to know you mean so much to me,
feeling you and your loving warmth is so
very soothing and calming and I thank you my darling
I just want to share some sweet mid night kisses
and a snuggle with the woman I long for.
I truly love you my darling and will do anything
to show it to you and make you smile, fulfilled, and forever happy.
Kira you are my pride and joy now let's snuggle
my darling because I truly love you my sweet dove and pure Angel.

Michael P. McParland

Goodnight My Sweet Darling Kira 8

Goodnight my sweet Kira so beautiful and darling
and let's end this weekend tonight by snuggling
up together so close and tight and sharing
sweet kisses of true love and celestial light,
just feel our sacred bond strengthen as we
snuggle for bed and share the sweet kisses we need.
Goodnight my sweet darling Kira so good and beautiful,
let's slip under the covers and so closely hold each other.

I'm sending you all of my love and warmth
for you to wrap up in like my big fuzzy orange blanket
which we'll one day share and feel true
peace and comfort surrounding you in
my hearts true adoration and
dedicated love for you my sweet lady,
now come rest your head on my chest as I hold you
so close and tight through this night
to give us both peace and comfort and getting some good sleep.
I love you sweet Kira you are so beautiful and classy.
How could I not love a great woman so truly fantastic?

Goodnight my sweet beautiful Kira my heart melts for you
and through eternity it always will forever and ever
I'm so tired and I'm having a hard time keeping my eyes open
so hopefully as I fall asleep I will soon have
a very beautiful dream of you and me in each others arms
just being cozy and snuggling up somewhere majestic,
only the best for my darling Kira.
I truly love you my dear darling and I know that
you know that and feel it in your heart as I can
feel your deep unconditional love for me.
What we share is so pure and true and I just
adore you my sweet precious jewel and being
with you for eternity is my greatest desire and dream.
To be beside my hero, my soul mate, my best friend,
and so very much more would be the greatest gift
anyone could ever receive,
you my sweet Kira mean everything to me.
Goodnight my sweet beautiful one I am with you always,

with sweet kisses and a snuggle of great warmth
let's go to sleep my sweet Angel dove.

Michael P. McParland

Pre Bedtime Snuggle

Oh my sweet Kira before bedtime
let's just share sweet kisses and snuggle for awhile,
though I'm still tired and I know
you are as well I want to stay up for a bit
and enjoy some personal time with you.
Snuggling with each other and inside
of ourselves feel the flame of true loves
fulfillment and wholesome desire.
A pre bedtime snuggle for me and my Kira.

Let's just cozy up under a few light covers
and first I'll look in your eyes and say
I love you Kira you're so sweet and beautiful,
what I feel for you is truly magical
so let's share some sweet kisses and snuggle.
That's what I want on this night before we retire
is to just share time with my woman snuggling,
to be with my beautiful Kira
because I so deeply, truly, and completely love you.

Michael P. McParland

Love Note 301

Sitting back on my bed
tonight with beautiful thoughts
of gorgeous you dancing in my head,
as I just surf around the net,
listen to music, or watch YouTube videos
I smile thinking of you
and holding you close.
In spirit I can feel you
so very strong and I can smell
your beautiful pale skin and hair,
Oh my sweet Kira I so adore you
and love you more than anything.
In spirit I am holding you close
and sending the sweetest of kisses your way.
I love you Kira you truly are
the very best and I want you to know
I'll be right by you through all of time.
You are my soul mate and beautiful best friend,
you will always be my sweet Angel dove
through eternities door and all time.

Michael P. McParland

Drying Your Tears

Darling I'm so sorry for all the pain you're in,
I understand it in so many ways because
I feel that pain and share many of the reasons
and experiences just as you.
I will one day soon though dry your tears
and kiss you after I say it's now all okay,
I love you dear now let me dry those lonesome tears.
Kira dear I love you and miss you so,
I'm going to dry your tears one day soon and make you smile.

I'm sorry for the pains I've caused
and beat myself up everyday for the ones I know,
I'm sorry for the ones I've caused that
I am unaware because we all say or do things
at times that we don't know have hurt the ones we love,
I am so sorry love for all those pains
and I send you kisses filled with remorse and love,
kisses to say I'm sorry dear and I care for you so much,
kisses to say you are a jewel and I treasure you.
Kira I will dry your tears one day soon
and hold you close for so very long.

Kira I'm just so sorry that you are hurting
in any way at all and it tears at me
to know you're feeling such deep throbbing pain,
I would do anything to take it away
and I wish God would transport me there
so I could be with you for the rest of time.
I would dry you tears and then lightly kiss your closed eyes,
forehead, lips, hands, and then your eyes again.
I want to make you the happiest woman
for all time and dry your tears of lonely pain.

In spirit dear I am with you holding you
so very close and kissing you on your cheeks and neck,
feel my arms around you and my lips as
I give my strength to comfort you,
I am doing my best to help dry your tears right now
and when God has cleared our path

I swear to you I will dry them for real,
I love you Kira and can't stand to know you're in pain
because you are my best friend and everything.
So feel my hand in yours and my sweet kisses on your eyes,
Kira I am here for you and one day soon
I'll be drying your sad tears for real.

Michael P. McParland

I Miss You 17

I miss you my sweet darling Kira,
you're the most wonderful
and beautiful woman there's ever been on this earth.
I promise that I'm not exaggerating
or overstating that because in my view
there is no better than you in this world
or in heaven that anyone could ever
hope and ask for.
I miss you Kira so very bad because
you are the one I truly adore and love.

I miss you and your sweet smile and glowing eyes
and even though we never got to share that many hugs
I've missed those in the worst of ways.
My heart melts for you and my legs
always felt weak and shook when you were around.
my stomach filled with butterflies
and my heart began to race every time without fail.
You still make me feel all these ways no matter what
and I miss you because I love you truly dear,
forever through all time I just want to have you near.

I miss you dear and our long talks of true love
and intelligent thought contemplated from within,
I never had to dumb things down at all
because you understood and know what things are,
even when you didn't know it was easy to explain
because your brilliant mind caught right on.
If anything I sometimes felt stupid compared to you
and that only made me feel proud for you
because I know I'm not dumb and you are so damn smart
and that's just one part that makes you the best.
I miss you dear so very much and want
to kiss you while I hold you close.

I just plain miss Angelic you and all
the things you do and ways you make me feel,
you are a blessing I so truly feel
the greatest things for in every way.

I would do anything for you because
you are so very good and I love you to my core without a doubt,
you're so beautiful and it makes me
feel so good that you think I'm handsome,
I miss you dear because we have such
a true and shared loving passion.
I miss the woman that holds my heart so tenderly
and gives me the greatest love there is in any fashion.
I love you Kira and I miss you more
than a fat kid misses cakes and candies.
I miss you dear because you are the greatest woman,
I miss you plain and simply because
I truly love you and want to be with you non stop
through all time as we celebrate our love as man and wife.

Michael P. McParland

Amazing Woman 3

You are am amazing woman who's
touched my very heart and soul
and made it brightly glow.
You've renewed my life and given me
such endless cheer and hope.
When I am sad it's not because of you
but because I'm missing you.
You don't make me sad because you are
amazing dear in every way there is.
You are a miracle and I want to marry you.

Kira my Amazing woman you don't see
within you all the greatness that I see.
I seed a true fighter who's beaten
so much tough adversity,
I see a woman that still deeply cares and loves
about people all around when many others
would be cold and callous after all you've gotten through.
You are an Angel and a saint
and I so admire you.
Kira my amazing one my heart melts all over you,
you are a treasure and a jewel and I adore you so.

Amazing Kira you are beautiful in every single way,
I know that you can feel my love
and do have faith and trust in me.
I can feel it dear and it makes me feel so good,
we both just struggle with this distance here
and trying to do all our best.
We work so hard for each other and it is so great,
it feels so good to know you're there
and support me in full too.
Kira you're amazing and I want to hold you near,
Kira you are my best friend and I want to marry you.
You are amazing and I love you to no end,
Kira you are my sweet Angel dove and my everything.

Michael P. McParland

Sweet Sunday Afternoons

Sweet Sunday afternoons in my Kira's arms
are the dreams that fill my waking head now,
to just hold you so close on the afternoons filled with sun
would be heaven on earth and strengthen our sacred bond.
Sweet Sunday afternoons in your arms
just feeling at peace is the miracle we both want and need.

Sweet Sunday afternoons snuggling and kissing
while quietly talking about everything that surrounds us.
I want to spend sweet Sunday afternoons
just you talking while I am listening.
I know that you need to talk and share just as much
and I truly want to hear all that you say,
if I have ever not seemed in want to listen I apologize.
I want to learn about you in whole my sweet dear,
I want to learn all of your thoughts and feelings
about the world, books you've read, places you've been
and would so like to see, music you love and want to share with me.
Sweet Sunday afternoons so beautiful through
with sweet Kira my dear is what I want right now.

A sweet Sunday afternoon watching movies
and reading fun books.
We'll read our own books but pick out
ones to share an read together as well.
Sweet Sunday afternoons getting cozy as you
curl up in my arms and I'll read out loud.
A sweet Sunday afternoon just me and you
saying to our loved ones we love you
but this is our time so please leave us alone.
Sweet Sunday afternoons with sweet beautiful you.

A sweet Sunday afternoon holding my Kira
and telling you that you are so beautiful.
you are appreciated and valued my dear
and I just want you to know how much I care
so when we have reunited we'll set times and dates
aside just for ourselves,
we've been robbed of our time long enough

and maybe I'm selfish but no matter what
I need times with you my sweet Kira just to myself
and sweet Sunday afternoons sound great
even if they're in the middle of the week.
To talk and to laugh just coming closer together
as we strengthen our loving bond both
physically and spiritually which I don't just mean sex.
I just mean spending time with you Kira the woman I love
in sweet Sunday afternoons feeling fulfilled.

Michael P. McParland

Morning Note 128

Good morning sweet love
ans a Sunday morning I wish
was spent in your loving arms,
let's snuggle for a while sweet one,
I'm still so deeply tired
and would like a few more hours
in the arms of my Angel so beautiful
sharing some sweet kisses
and just a soul warming snuggle.

Good morning sweet Kira
and let's spend this Sunday morning
just drifting so calmly
for a few more hours.
Your love brings me peace
as I hope I do for thee,
I love you sweet Kira
now come snuggle and rest
a bit more with me.

Michael P. McParland

Goodnight Sweet Sweet Kira 3

Goodnight sweet sweet Kira
and after I give you this true loves kiss
rest your head upon my chest
and wrap your loving arms around
my chubby stomach as I pull you in close
to just snuggle in warmth as I
rub your back and stroke your soft face and hair,
maybe you'll be relaxed as I am
by having your face so lightly and lovingly rubbed,
I'll give you sweet kisses by first
kissing my hand then rubbing your beautiful face.
Goodnight my sweet sweet Kira
and come rest your head on my chest.

I'll be giving you all of my warmth and love
as well as my strength to comfort you
is reassured peace.
I will make you so cozy holding you tight
and pulling my orange fuzzy blanket
up to your chin or where for you it's most comfortable,
I want to surround you in loves
calming warmth where to the very depths
of your soul you will feel safe and calm.
I'll be holding you close and saying
I love you dear you are the best.
You my sweet Kira are all I want
and you are my universe.
God bless you sweet one and you have the greatest worth.

Tonight my sweet love rest your head on my chest
and let that be our sweet dream as we drift,
then I'll be looking for you in my sleep
where we can sit so peacefully under a tree
and just softly talk so lovingly.
You once wrote a poem of us finding
a beautiful little corner of space to talk
while holding hands and then each other.
I think of that so very often and get butterflies
filling my mind, stomach, and entire body,

it's such a happy image I so desire
and until that is real I'll dream of that too
because I truly love you and want that picturesque time
to happen with only you.

Goodnight my sweet sweet Kira so bright
and full of true loves light
I send you sweet kisses from my soul and heart,
I give you kisses of love from my very core
because you are the one I cherish and adore,
I love you more than anything
and you are the best thing to ever happen to me
so let's go to bed snuggling
while on my chest you rest your sweet head.
I just want to be with you forever
in pure love as my wife,
I want to be your husband who gives his very best
as a man who truly just wants to make you happy and proud,
as a man who adores you for just who you are,
as Michael McParland who's always known
he treasured, loved, cherished, and fully adored you.
I want to be your strong hero who you will always look to.
Goodnight my sweet sweet Kira so beautifully bright,
I love you sweet lady let's snuggle up tight.

Michael P. McParland

Night Note 115

Sitting here on this late
Saturday night and watching
a documentary on service dogs
for the disabled and know
that you would so love it
and I long even more
to have you here to snuggle up
and enjoy something informative,
touching and cute.
I can't wait to share
these wonderful moments
with sweet beautiful you.
I love you so much and
can't wait for these magic times.

As I sit here on this
late Saturday night I
yearn for you my gorgeous one.
I hope you are smiling
and feeling all of my love.
Feeling cozy knowing
I love you truly and so deeply care,
I need you to be well and feel my deep warmth
because I can't stand you being in pain.
Kira my dear in spirit
I am always with thee.

So on this late night
feel my arms around you so tight,
I love you my lady
and will never leave you,
I want to spend eternity
as husband and wife
kissing and snuggling all the time.
Dear I'll soon send you
my goodnights of love
from my adoring heart,
have not a fear my sweet love
I am still here.

I love you my Kira
my sweet and best friend
I am so very longing
for you because you are the best.

Michael P. McParland

Gorgeous Lady 2

Gorgeous lady I would do anything
to have you here within my arms
giving the sweetest kisses
full of passion and oh so very deep,
to look you in the eyes and say
I love you dear you are magical
and the very best.
Gorgeous lady you are adorable
and I will always give you all my very best.

My gorgeous one know that I am here
and in spirit now I hold you tight within my arms,
I adore you so and will always be here
when and if you need me at any time.
No matter what no matter when
for you my dear I would drop everything,
you are my Angel whom I respect
and would do anything for you
because I know you would only ask for the best of things,
you are loving and would never ask
for something that would put me in trouble,
if you need protection though or
just need me by your side for anything
I'll be there for you my only dear.
Gorgeous lady your wonderful and I give
you this kiss as I firmly pull you in.

Gorgeous lady I can't wait to hold and kiss you
everyday through our lives together oh so wonderful,
I can't wait to share my love
with the only woman I've truly loved since the start of time,
you are my girl who my heart beats for
and I know that you are beautiful
and anyone who's ever said otherwise is evil
in my eyes that see far better than theirs.
Gorgeous woman I love you so and want
to be with you through all space and time,
I want to marry you and be your forever man,
I love you Kira my dear best friend and know

that you are the one I want to have with me for all eternity.

Michael P. McParland

Sweet Saturday Evening Kisses

I want to share sweet Saturday evening
kisses with you my sweet Angel dove,
just holding you in my arms while we
spend personal time just for.
Send everyone else out of the house
or just sit in our room
and not answering the phone or letting anyone in,
we'll just snuggle and kiss no matter
what else we may also be doing.
Sweet Saturday evening kisses with my only Kira
are the dreams that keep me going
because when it comes and happens
sweet Saturday evening kisses
with you will make life worth living.

Kira sweet Saturday evening kisses
while we sit and talk or read to
ourselves and each other is what I hold onto,
knowing a sweet life that's so good
with my sweet Queen and Angel gives me the light
I need to hold on because being with you
is what my heart and soul need and want
forever and ever.
To be with my best friend who's so very beautiful,
my sweet woman who I want to know can trust
and have faith in me to always be there.
To give you the love others have not showed
because they are stupid and took a divine woman for granted.
Sweet Saturday evening kisses should be shared
between to very good people and true lovers.

Sweet Kira sit and dream with me of
sweet Saturday evening kisses,
don't let the sadness of the longing get to you,
please feel the light of knowing it will come true,
feel the warmth and the touch of sweet
kisses and caresses that I so strongly send you,
see and feel the smile i have for my true love.
Kira my dear I so deeply love you

and share this dream with you to lift your
sweet beautiful heart and to make you smile,
please my sweet Kira dry your eyes and feel
your dedicated and loving Michael so tightly hold you,
feel our spirits share sweet Saturday evening kisses.
Kira my dear please send me your smiles so I know
if I am helping my beautiful Angel,
please share with me a sweet Saturday night snuggle and kisses
because I so deeply adore you and my heart will
forever melt for my sweet beautiful darling Kira.

Michael P. McParland

Evening Note 71

Good evening sweet love
it's a late dinner tonight
and I have been getting it ready
with beautiful you in my mind
and thinking of how
I would be making yours special
with the deepest of love
behind my wants and intentions.

The pizza is in the oven
cooking as I sit here writing
to yell you I love you and miss you,
that I wish you were here
to enjoy this good meal
and then after we'd clean up together
readying ourselves for the most
relaxing and loving of evenings,
and evening spend snuggling
and reading, watching movies,
and softly talking and laughing.
I love you Kira and you are
truly so very special.
My diamond and Angel
I so truly cherish and treasure.

So as I sit here this evening
and eat and afterwards do various things
including writing for you
I'll be sending you all
of my endless love and warmth.
Feel my sweet kisses as
I send you the beautiful
dreams that I have
and will write them
down for you the beast that I can,
feel my hand in yours
and my arms so tightly around
as I pull you in for
a hug so tight and big.

Oh my sweet Kira you are the best.
I am with you sweet love
and I promise I'll never leave you my dear,
my dedicated love for you is eternal.
Kira my darling feel as I take your hand
and smile for you,
then listen closely as I say now
Kira I love you there's no better my dear.
So soon I want to marry you
and have the greatest of times
as we will forever be at each others sides.

Michael P. McParland

Serving My Queen

I long to serve my sweet Queen
tonight and every day that we live,
I long and yearn to serve my sweet Queen
for all time through the next life.
I want to stand by and give my everything
serving my Queen in true love with all means.
I love you my dear and want to serve you
because you are so wonderful and I truly love you.

Serving my Queen does not mean
being a servant or slave because
she's such an Angel she would never want that
or treat me in the smallest of ways.
Serving my Queen is by giving all
my loving a true support that I have within,
serving her is giving of myself in whole and full
because I want to give all with the love that I have.
I want to serve and treat her as the Queen that she is,
I want her to feel the love she's always deserved
and know that she's special and I'm always here.
I love you Kira and through this whole life
I want to hold and serve you as the beautiful Queen that you are.

I wish you here my sweet Queen
as I cook dinner tonight I'd make
a special pizza just for you that you most like.
I know my always cooking dinner
I mention a lot and cooking for those I love
means something so special and close to my heart,
so cooking for you would make me happy my dear
and would be one of the greatest ways I could serve you,
I wish I could make you a pizza you'd love.
So special for you and you alone,
only you would get that special preference made just for you.
Serving my Queen through life will be fulfilling
and eternally make me smile.

Serving my Queen means doing everything I can
to always make her so very happy and proud,

to show her total undying and unconditional love,
it's by letting her share my entire world
by breaking down my thick protective walls.
I'll honor and serve her because I will do that
only for her and nobody else.
I will serve my sweet Queen because she truly is the very best.

My Queen I would hold you each night and day
giving the sweetest kisses you'd ever need or want,
I'll serve you in love by always
having you lay down on your tummy while I gently
rub your sore back and hurting neck.
Rub your feet which is something I'll only
ever in regular everyday life do for you
and rub your sore legs as well as whatever you need.
My sweet Queen I'm here to serve because
my heart and soul are yours in true love.

Through my true and pure love I'll serve you my Queen,
I'll stand by you forever holding you close
and giving you all my support,
I'll fight for and protect you forever and ever,
you my sweet Kira I will adore through eternity
and as my best friend and soul mate give of myself
working hard to make you proud and smile,
I love you Kira my Queen and I'm here to serve you,
I'm here to snuggle, and in serving you true love
I send you warmth in these millions and millions of sweet kisses.

Michael P. McParland

A Quiet Loving Talk

The game is now over and the TV turned off
and I would just like us to sit up in bed
and quietly talk for hours.
I just want to look in your beautiful eyes
and have both of us smile as we snuggle
while sharing sweet peaceful kisses.
then sit and quietly talk about
all of our feeling and thoughts.
Quietly talk from the depths of our hearts and souls.

To just sit up in our warm bed and snuggle
while you share everything you want and need to my dear,
be it all of your thoughts and feeling on me
or about your life which I want to know all
or just about your thoughts and feeling
of what you see in the world that surrounds,
I just want and would love to sit and quietly talk.
I want to sit with my beautiful woman
who means everything to me in this world.
Let's quietly sit up in bed and snuggle while we quietly talk.

Let's quietly talk my sweet one and sit up in bed
snuggling and share some sweet kisses so deep and warm
then ask me any questions you want or need to know
and I will lovingly answer them all in truth and pure care,
you know how I can babble on and I love that you love it
and am so thankful you do and don't tell me to shut up.
I would love just to sit up in bed and quietly talk
as I shared my various thoughts with you
as they pin balled around and around in my head.
I love you sweet darling and talking to you
is one of the most wonderful things I am missing.

now that the game is over and we have quiet around us
I just want to sit up in bed and be close together
snuggling ever so warmly and tightly,
give you soft kisses while we talk so loving and gently.
I want to sit and quietly talk with my
Angel and sweet beautiful lady sharing what we

are thinking and feeling so deeply,
we'll share this dream my sweet Kira and take comfort so warmly
because we will be able to have this soon
my rare diamond of exquisite and divine beauty.
God will reward us for our struggles and being so faithful,
I can feel it in my soul and we just need to hold on.
I love you sweet Kira and let's through our souls
sit up and feel each other quietly talk
and just feel deep comfort having this peace,
we'll be in each others arms soon and I'll
always be here sweet Kira preparing for that time.

Michael P. McParland

Endless Beautiful Saturdays

I love you Kira my Angel so pure and true
and even as I sit and watch the game
on this early Saturday afternoon
I think about the endless beautiful Saturdays
I hope to and want to have with you
this entire life through.
Endless beautiful Saturdays
with eternally beautiful you.

I want eternal beautiful Saturdays
where like right now we could sit and watch the game,
it's half time now and with you the first half
would have been one hundred times more fum.
Endless beautiful Saturdays with my precious one
are what I think of through the weekend days
thinking of such fun things we could do in each others arms.

A beautiful Saturday where after the game is through
we could bundle up and sit outside under the fall sun
and hold each other very close,
just sit and smile knowing peace and cozy content as we
talk so softly about the many things
that we have needed to for so many years.
Not serious per say but the things we've so needed
and wanted to let the other know and can finally tell.
Oh the many things that we could do my precious one.
Endless beauty in your arms is truly everything
I want and need within this world.

Saturdays where when it is cold we can just
wrap up in my fuzzy orange blanket and snuggle up
giving kisses oh so deep and sweet,
listen to our favorite music and just
sit back on the couch never moving until we must.
Endless beautiful Saturdays in each others arms
are what we need and we truly need them soon.
Let us pray that God will soon open up our way
so we can have our life and have our dream.
We deserve beautiful Saturdays everyday we live.

Dear as this day goes by I will be writing you
and dreaming of the things we would do,
I'll write those down as the best ideas
within me come together and best form.
I'll help us both see such beautiful things
that will be and you write me too what you can see,
endless beautiful Saturdays with my lady fair are everything,
holding you so close and saying it's alright
is a gift I want to give to you,
to look you in the eye and see you smile as I say
I love you dear you are the best,
Kira I'm so happy and fulfilled that you're here.
The knowledge of knowing that we'll have these days
will keep me going through the saddest times
because you are my one and shining star
and through it all having you will makes all troubles
in this world seem so very unimportant and really small.
I love you Kira and through eternity I always will.

Michael P. McParland

Morning Note 127

Good morning my darling Kira
I hope you slept well
and had the sweetest of dreams,
I woke but 10 minutes ago
and before I turn on
the Ohio State game
I wanted to tell you
I love you so
and wish you were here
to sit with me and
enjoy the day.
First the game and then
random things.
Being with you is what
I want to be doing
every day through the rest of time.
Kira you are my Queen
and I adore you so much.

I'm sorry sweet one for the
slow start on this morning here,
just one of those nights
I slept so deep and long,
please feel all my warmth
and love as I send it your way
and wrap up in its comforting peace,
Kira you are my darling
and I want you to not feel alone,
I understand how hard things are
and I want you to know
I am with you sweet one.
I'll be holding you extra
tight today for even more comfort to you.
I love you Kira and hand in hand
I'm right beside you.

Have a great day my sweet Kira
and feel the warmth of the sun
shine in whole upon you,

feel it as the sweet kisses
I plan to give you,
feel those sweet kisses
all over you,
you are my beautiful girl
and when you are here
I'm going to kiss you
and hold you for the longest of times.

Sweet Kira sweet Kira
if you're in need please reach out to me,
I am here for you love
and I always will be.
You are my Angel so pure
and my best friend that
is my soul mate too.
I'll never leave you sweet girl,
I'll take your hands gently
and today I'll hold you ever so firmly,
I love you Kira and I want
to always make you so proud and happy,
I will always be here to
take care of my sweet precious Kira.

Michael P. McParland

Goodnight My Sweet Beautiful Kira

Goodnight my sweet beautiful Kira,
I adore you so much and just long
to do everything right and hold you tight.
I want to snuggle in bed with my Angel
so pure and good as we fall asleep
feeling safe and at peace.
I love you sweet Kira please come snuggle with me,
let's reunite in our true love and talk,
I just want to be the best man for you that I can
and right now I feel so confused
about many things before me and at hand.
One thing though I am not confused over
is that I love you sweet beautiful Kira,
you are adorable and I miss you.
Let's snuggle each night as we share kisses
in love as we go to bed feeling cozy.

Kira it makes me happy and smile when I know
that my poetry and my letters make you feel good
and smiling warmly on the inside,
I truly hope you realize there is not a negative tone
intended in a single thing I have wrote
and if it's ever seemed that way I apologize,
remember as we discussed with each other
that loving words are truth and reality,
I don't have a poem posted that I can think of
that has a single negative I meant in it.
Just loving tones and words for you my sweet Angel,
so as you read any before bed just feel the softness
of which I mean and intend.
Gentle and tender goodnight kisses to you my sweet dear.

Goodnight my sweet dear and through this night
I'll be holding you ever so tight
giving you kisses so sweet with my love and warmth
I always give thee with my strength,
sweet Kira my dear my heart is yours
and as you rest your head on my chest feel its strong beat,
that beat is for you and you alone,

please feel its sincerity and deep love for you
my sweet Angel dove.
Hear it's sweet songs that it writes for you
and feel one hand in yours and my other
rubbing your back gently and stroking your hair,
listen as I tell you I'll never hurt you Kira
I don't like you in pain and I love you more than anything.
You are an amazing miracle and blessing I'm so thankful for.

Goodnight my sweet and kind beautiful Kira
please don't cry and come let me dry your tears,
I have them too from missing you
and I just want to hold you so close to me.
Tonight in my dreams I pray that I'll see you
and we will spend time like we want to,
just like I soon hope we will do my only Angel,
I love you and want to always be with you.
Why does God have to make it so hard
for two people so dedicated and faithful?
I love you Kira and as I go to bed
I'm longing and aching for a sweet snuggle
with the Angel I'm dedicated to forever,
I want to share kisses with sweet beautiful Kira.
At that my sweet one I wish you beautiful dreams
and a peaceful goodnight I love you Kira
with all of my heart, soul, and might.
I'll be with you always my Angel of light,
so sweet kisses and snuggles to you my sweet one,
I'll never give up on you because you are my one.

Michael P. McParland

Love Note 300

I love you truly sweet one
believe it or not,
you are the greatest thing
and brightest hope
and spot within my life,
my heart calls to you
in true loves need because
I adore you dear
no matter what and through everything.
You are the Angel I so adore
and through each day
I love you more and more.
I just wish I could
hold you close and kiss
you deeply my dear darling and only one.
I wish you weren't mad at me
and I could smile at you
with my loving looks
just like we used to share.
I love you Kira
you truly are a jewel so very rare
and I love you deeply just for who you are.
I want to spend my life
right beside your beautiful side
going hand in hand for all time.

I truly love you Kira dear
the women I feel close to
in truly every way,
I wish you knew just how much
you truly mean to me
my precious and sweet Angel dove,
I wish I could look you in the eyes
and let you see my soul
and everything I hold inside,
I'd hide nothing
and all you'd see is truth
in the pure love I hold for you.
Believe it or not

I know you're scared and so am I,
for a host of reasons for both of us,
it's losing each other though
that really scares us most of all
and I can't handle losing you once again,
Kira love you are a treasure
that has meant everything within my life,
I love you completely it is true.

I love you Kira more than anything
and that's the truth
just pray and ask God himself,
feel my heart as it beats
for you and sends its vibrations
with my loving warmth your way,
feel me kiss your forehead
hands and cheeks right before I kiss your lips,
in my heart for you I hold
such gentle tenderness of love
so few can and will ever feel,
the love we share is so deep
and unconditional in our souls depths,
I love you Kira as you love me back,
I know what we have is real
and I want the woman
who's so beautiful and completely perfect,
I want my Kira which right now
my life completely lacks.
I want my Angel here where
I can hold her and have her back,
I want to give you myself
because I; m grateful for who you are.
I love you Kira you are my one,
you are my best friend who
I want to spend all space and time,
you are the one my heart will always
go on for through everything.
I love you Kira you are so great
and for you I will always give my all
and do everything to make you fulfilled
and happy through all time.

Michael P. McParland

I Love You Kira 13

I love you Kira more than anything,
I treasure our friendship and our loving bond
having you as my best friend is
the greatest thing on this earth.
I could spend each day hold hands
and talking with you to no end,
I want to give you sweet kisses so very deep
and just look at my Angel and marvel
at the amazing love we share.
I love you Kira you're the best.

I love you Kira you give me warmth
and I want to return that same felling back to you,
I care for you and you make me proud,
I want to give you reasons to be proud
and smile every day through our lives sweet one.
I love you Kira my sweet one
and just want to hold you here within my arms.
You are my hero and my Queen and for you
I would do anything.
I love you Kira my sacred jewel,
you're a diamond in the rough and nothing
can compare to you beauty or your worth.

I love you Kira and without you
my heart is just so very very sad,
I want to pull you in so close and just say
my darling dear you are the best and have been deeply missed,
I want to just pull back and give you true loves kiss
and then break down all the walls as I have
so often tried and let you inside.
I love you Kira and you are my Angel bride,
you are the only one with whom
I want to share this earthly life and be with in the next,
I want to spend eternity with Kira
as the Angel I am partnered with in the afterlife
and be in joy through all time.
I love you Kira more than anything there's
ever been or will ever be.

You are a blessing and a saint and you are my best friend
which to me means the most.

Michael P. McParland

More Than You Can Know 2

Sweet darling having literally just arisen
from a fairly sad sleep of loneliness
I wanted to tell you babe I truly love you so
and more than you can right now know.
Being so far away I can't show you
all the things I hold and have in store.
So far away you can't look in my eyes
and see that I am full of Gods loving truth
and I would never lie to you.
I love you Kira more than you can know
and I want you to see just how deep and real it is.

I never want to hurt you dear or put you in pain,
I would not do that intentionally ever
and I'm so sorry if I am.
I hurt so bad too being away from you
and I'm not playing any false facade
I promise because you're the one I trust
and you're everything I need and want.
You are the one I adore and give myself to you in full,
to see you hurt makes my pain worse
and I hope you would never think I lie
and try to make your heart pound with pain so bad.
I would never hurt my sweet Angel dove.

I want to hold you so badly that my heart
feels like it's being shredded that I cannot do it,
I wish I knew the miracles to go and get you
because I want to be your hero that
is able to give you everything right away and make you smile.
I want so bad to hold you and I hurt
sitting here not knowing what I'm supposed to do.
I love you Kira more than you know
and I know you love me too and that's why
I'll sit and cry so many days and nights
because I don't have my best friend and true love here
to hold and kiss through the days and night.
I miss you Kira and love you very much.

I love you Kira and have presented to you
only the greatest truths of my very soul.
I would never even reveal a quarter of
what I have on here except for you
because I love you so very much
and want to show the depths of my
heart and souls loving care.
I love you Kira and that is true,
please talk to me and you'll see
all that's there within me dear.
I love you and I know you hurt,
I hurt too and want to end this hurtful state,
us being alone and apart is the worst thing in my life
and I've so often contemplated suicide
because the pain I feel is so extreme I can't stand
how it weighs on me without you here to share my love.

I know you feel alone even though you don't at the same time,
I feel the same way and I want you by my side
inside my spirit just screams and screams,
I don't need you to save me but just hold me
and let me know you are right there for all time.
Reach out so we can kiss and tell each other
how much we've missed this time apart.
I hurt just like you and love you
more than you can know in how things are right now.
I love you Kira and just want to give my best,
I adore you my one in every way and want you in my arms.
I love you Kira so damn much in every way
and I just want to look you in the eyes
and say it every night and every day.

Michael P. McParland

Close Our Eyes 2

Let's lay down for a little while
my sweet Angel and recharge
our batteries so we can have energy later.
The medicine from being sick
is making me weary and I need some rest
and I want you here by my side to give a kiss
and pull in to hold so very close.
Let's close our eyes my sweet one and rest for awhile.

I love you my sweet one from the very depths
of my heart and soul and I care about you
completely my dear sweet Angel dove.
Come lay with me and get some rest
while sharing sweet kisses that feel so warm and right,
I want to feel good with my Queen laying beside me
for real and have you smiling us being fulfilled,
at one and whole again my sweet Queen supreme,
come lay with me and will close our eyes for some good rest,
I'll snuggle with you my who is the very best,
I'll stroke your hair and rub your back
as you rest your sweet head upon my loving chest.
Hear how it beats for you beautiful Kira
whom I give my whole life.
Come lay with me and we'll close our eyes for some rest.

Let's close our eyes my sweet one and get
a bit of such needed rest,
I want to kiss you and talk a bit as we drift,
just let you know that my heart
swells with love for my girl I adore
and want you by my side forevermore.
I love you my one and that will never change
because you are the one I cherish above anything.
You are the Angel my heart calls for each day
come my sweet Queen and let's close our eyes
and see each other in the sweetest of dreams.

Michael P. McParland

Deep Kisses Beautiful One

Deep kisses for and to you my beautiful one,
I have some dishes to do and then
I'm going to dream of sweet you while
for a little bit I close my eyes
so I can be more refreshed and make it through the whole day.
So I can write for you with a fully
functioning mind not dragged down by being so tired.
Deep kisses of true love to you my beautiful one
I give myself and entire life to.

Deep kisses with big smiles too because
my heart glows when I can feel your spirit here,
I feel you so close and your love fills me up,
you'll help me get through this medium sized task
and to relax so I'll get that refreshing rest.
Deep kisses to you and I would like it
if you would rest peacefully with me too.
In my arms in spirit giving you warm comfort,
stroking your hair as you rest your head on my chest
and tell you I love you and you are the very best.
Deep kisses my one who brings me hope and the sun.

Deep kisses for you my sweet love filled with burning passion
and gratefulness for being such a wonderful woman,
deep kisses to you as I can feel you here
and I put my arms around you so feel me right there,
feel my big smile of loving care and say I love you my dear,
come and join me so soon so I can show you
how much you're loved and that you are my Queen.
Deep kisses to you my beautiful one and feel how my heart
beats so long and so hard just for you,
hear its sweet songs of true love just for you.
Deep kisses of deep love for my only one,
deep kisses for a loving spirit and heart so very pure,
I love you my dear and I always have,
I love you for eternity my beautiful dear,
you are the Angel I so want to be with through all time
and send deep kisses of true love to my only one
the Queen of all that is truly good and fine.

My sweet beautiful Kira whom I want to give kisses forever and ever
all over again and again saying you are the greatest my dear
and I love you more than anyone or anything.

Michael P. McParland

Good Morning Beautiful Kira

Good morning beautiful Kira
my sweet precious Queen,
I was just looking at you picture
as the computer came on and my heart
jerked a little with such longing and joy.
There is always joy in my heart
when I look upon you and see that smile.
I can feel you here and smell your
beautiful pale shin and hair right now
and it gives me such wonderful calm.
Good morning sweet Kira you're so beautiful to me.

Good morning my sweet Kira so beautiful
and loving in every way,
I just wish I could rest my head
against you well we spent a quiet and somewhat
slow morning just waking in full and getting going.
I would just love to lean next to you
and rest a bit while you drank your coffee
and we would just sit and talk with
beautiful quiet around us and fulfillment
just spending time one on one.
I love you sweet Kira I can't get enough
of talking to you and hearing your voice.

Good morning my beautiful Kira and as this day goes
I'll be sending you smiles with my loving warmth,
when I close my eyes in a bit I'll be dreaming of you
and sending you those sweet thoughts where we
go and do everything we dream of hand in hand,
I will send all to you so you'll smile too.
I'll need to lay down because these meds and being sick
are making me so very tired but sleep is sparse
and I promise you I'll write you before
and want disappear the whole day,
I won't let you down because I hate how it hurts you,
knowing your hurt makes my heart hurt as well.
I promise my dear I will be with the the entire day.

A beautiful good morning to you my sweet beautiful Kira
and God bless you my sweet Queen and darling,
feel my arms around you as I am so tightly holding you,
I'll be walking beside you the whole day through
and give you my love and support always my sweet one,
feel the sun as it shines upon you giving
you all of my passionate care and deep love,
close your sweet eyes so you can see and feel
my ever loving looks and smile,
feel the warmth of my heart as I think of you always.
Know that your Michael loves you always,
you are the Angel that gets me through things,
you are the blessing I've always waited for
so have a good morning and remember I'm right here if you need me,
I love you sweet Kira and have a beautiful day
as I stay forever faithful to my only lady.

Michael P. McParland

A Tender Early Morning Snuggle

How I long for a tender and gentle
early morning snuggle with you my sweet Kira.
To pull you in close and give you
sweet and soft kisses while stroking your hair,
both of us shuddering in passion
and the warmth that is generated by true love.
A tender early morning snuggle
highlighted by to most tender and gentle soft kisses
as we felt fulfilled and peaceful
resting a little while longer before the day starts.
I yearn for that my sweet one
and I long for it to be with you and you alone.

A tender early morning snuggle my sweet one
can you imagine the sweet comfort
and cozy safety we'll feel together?
I get a longing smile and burning inside
just imagining it here where I sit,
my heart calls out saying Kira this would be
the greatest you are just who I want for this,
I want a tender early morning snuggle everyday with my Angel.
I send you my warmth and this dream with kisses supreme
so you will be happy and smile too.
So soon my sweet love tender and gentle kisses
while we rest and snuggle in the earliest of mornings.

A tender early morning snuggle sweet Kira.
Another part of life I want to share with you
my sweet beautiful Angel,
another part of myself in both need and want to give
I can share with only you because my heart is yours,
you know I can't touch very much or very long
but with you my dear one I know I can.
To give and receive such love innocent and pure
in all ways no matter in what way we touch
is the dream and truth of true love,
that's what we have in the bond that we share,
a connection that neither of us fully understands
but we have and are thankful for in every way.

I want a tender morning snuggle with you.

A tender morning snuggle and days filled
with real loving joy are what I know
I can and will share with you,
the most amazing woman there is in heaven
or on this earth.
A miracle and blessing I'm so thankful for,
I just want to be worthy of the greatest girl
and share sweet and tender snuggles with gentle kisses
each and every morning for eternity.
I want to prove my true love to thee,
I want you to see I will always be here for you
my sweet Queen and true beauty because
I do love you deeply and together I want us
to be forever happy.

Michael P. McParland

Night Note 114

Sweet kisses and big hugs
to you my beautiful sweet Angel dove
and I'm reaching out
to pull you in for a snuggle
as you are the brightest Angel
there is and the woman I so adore,
I give you my tender
and loving smile because
you make my heart happy
and whole once again.
Sweet kisses so passionate
you you over and over again.

Sweet Kira my one
on this night where I try
to get some odds and ends done
I call to you to feel
all my peace and warmth
and let it wrap you up
like in a blanket giving
you cozy comfort so you
will know that you're safe,
I'll be with you always
standing beside you
giving pure love from my soul and my heart.
I'll be giving sweet kisses
as I hold you so close
and saying softly
in your sweet ear
I love you my darling
and for a while let's forget the world
and just relax with each other
feeling so whole and good.
I love you sweet lady
and you are supreme.

So my sweet lady
curl up beside me
and let me tell you

how extremely important you are
to this man who adores you,
how you are my best friend
and I truly love you.
Let me release so much inside me
because I need my trusted one
right now to be right here
and hear all the things that
I'm thinking and feeling
about my dear Angel and everything,
to kiss you and hold you
feeling your love surround me
and give you comfort
by giving you everything.

Sweet Kira my lady as
I go about the rest of this
night before me I'll be
sending my love so deep and true,
close your sweet eyes
and see me smiling at you,
know that my heart and soul
are forever yours and yours alone,
feel my sweet kisses my sweet Angel dove
because for eternity my kisses
and myself in full will
only ever be just for you.

Michael P. McParland

Holding You Tonight

I'm holding you so very tight tonight
my sweet love of true light and I care for so much,
you are such a wonderful woman
and I love you so very very much.
I'm sorry I'm bipolar and sick because
I know how difficult it is for you
and how much it can hurt even when
I'm not trying to do anything to give pain.
I wish so much I could heal it
just for you so you could have the perfect man.
I love my perfect woman here and I'm holding you
so very tight and near to give you peace within my strength.

I'm holding you so close and tight to give you warmth
and help you know in full that you are loved,
with kisses on your cheeks and head I say
I love you oh my precious one and my heart is yours forevermore,
I give you my whole life and strive to make you proud
everyday in all I do because you are the one
whom I so deeply adore and cherish in every way.
Sweet Kira I am holding you and gazing in your eyes
to let you know the depths of my loving care
within my very heart and soul.
I'm holding you to take away your fears that you're alone.

I'm holding you tonight because I know you need the
loving warmth that I have and you are a special
person whom I adore in every single way,
my heart melts for you and I miss my one
who gives me butterflies and weak knees.
I'm holding you to help ease the physical pains that we're both in,
your back, your neck, and there is more I know
but not exactly sure in full though I
believe your knees are just as bad as mine.
You help ease my knees, the arthritis that's gotten
so very bad indeed I can't write with pen or pencil anymore
and some days typing hurts a bit,
my neck and shoulders with my feet in tow
and two days ago I fell and cut my head,

it is not bad and I was sober dear but it stings none the less.
I hold you close so in our warmth the pain is less.
I love you my precious one and my heart gives everything for you it's got.

I'm holding you tonight to soothe our heart
and I just want you to know that you are loved,
you need to know what a beautiful precious woman that you are
and how I love you so very much.
I adore my Angel and I have from the very start,
you are my Queen and shining star who needs to know
just how much you truly mean to me so I tell you
by holding you and saying Kira you are so dear
and I love you more and more with each passing day,
I want to marry you and spend all our lives here and in the next,
I want eternity by your side to end all sad tears,
I want to hold you through all time just like in pure true love
I do on this night and every one my darling dear.

Michael P. McParland

I Need You (More Than You Know 2)

Oh my sweet dear I hope you are alright,
I know you're angry at me now
and I'm sorry please don't be,
I need you so much and I want to
just fill you with pride because
I truly love you so very much.
I need you my darling and I will do my best
to explain how much you mean in so many ways.
Kira you are a miracle and my every thing,
you are a God send and diamond that shines
through all dark giving such hope through all dark.

After I wrote you last night telling of
my pain and distress and telling you
that I wish you were here to hold and kiss
which I feel no matter the deal
I lay down my head and began to cry
for a little while from the hurt inside.
I thought of sweet you and your smile so good
and not long after the tears I fell asleep
my sweet dear until 10 minutes ago.
I am sorry sweet dear and you did help stop the tears
sooner than they would have alone.

I need you sweet dear because otherwise
I would be all alone without the woman I love,
I'm hurting already with you so far
and us not hearing each others voices right now,
I'm sad and hurting that I can't share
news and happenings with you either way.
I'm hurting and struggling without my Kira
so adorable, caring and full of true love.
Your love is unconditional as is mine
and I need the most wonderful woman
to reach out and touch, to look at when I want,
to say I love you my darling every day and night.
I need you more than you know my sweet Angel dove.

I need you because I love you and you make burdens lighter,

I can talk to you because even when I'm not
making sense you try to piece together by helping
me slow down and I don't feel stupid giving my meaning.
I'm tired of being hurt by others and it really
only matters if I can share with you anyways.
I need you because I want to remember what true beauty is
and true beauty is you my precious girl,
you are the worlds beauty my Angel so pure.
You help stop the awkward pains of the world,
you don't look at my ailments as a burden too.
I appreciate all that you do and you being you,
I need you more than you know.

I need you more than you know because I
want to be here just for you and show you are loved.
Kira you're not alone and I'll never
push you away for any reason there is.
No matter what fear you have I will listen
with open ears and full understanding
even in those things I do not I will try diligently.
Kira I need you because I care for you
and hate the pain you are feeling,
you need to know that you have someone worth trusting
and will never do anything intentionally to hurt you.
I need you more than you know because
so few in this world ever get that true love
and losing you would take all hope away.
You are my Angel and Queen and deserve everything,
I want to give you the love that Kira deserves.

I need you sweet Kira for a host of reasons
but all that really matters is that I love you
deeply, truly, and completely.
The need is my lady to be by you and giving
all my support and tender loving,
the need is fighting together as true
and dedicated lovers forever.
The need is to tell you Kira I love you
while I give you sweet kisses over and over.
The need is to share with you my whole
heart and soul forever completely sweet one.
I need you more than you know because

you are my best friend and have totally touched me
in the most special of ways with a sacred bond
that we share for all space and time.
I'm thankful for you and that is something
so very true that you need to know and feel.

Michael P. McParland

Love Note 299

Good late evening sweet dear
I truly hope and pray
you are doing so well,
I'm hurting right now
from other people and the
stuff that goes on here.
I wish you were here to hold
and help all this pain go away,
to help dry the tears
that are on the verge of breaking free.
I miss you my sweet love
and wish so bad that you were here
to just spend time with
and have you tell me
everything is okay.

I am sending you all
of my deep loving and caring
and I miss you so very painfully,
I wish you were here
to hold me tightly
as I let go the sadness
and tears I am now so deeply feeling,
I need your comforting my sweet lady.

As ever I'm sending you kisses
and am with you my Angel
I love and care for so deeply,
you truly are my heart and souls holder
that I need because I so love thee,
I just want to do right
and am tired of hurting.
I feel good when I make you smile
and proud,
I love you sweet Kira and I always will.

I'll write you later
as now I'll bury my face
to cry for awhile.

I so love you and wish you were here
to be close and talk to.
I love you sweet Kira
because you give me light and you are my Ange.
So as I lay here
pouring out these tears that are needed
I'll be sending you my sweet love
and warmth which for you I'm always feeling,
feel my hand in yours
and my arms wrapped around so tight in care.
I wish you were here because
you will always be all I want and need.

Michael P. McParland

Sweet Evening Kisses With Kira

I dream of giving and sharing
sweet evening kisses with my dear beautiful Kira,
as we sit and watch fun videos
I would just hold you so close
and give you light kisses on your
forehead, cheeks, and soft beautiful neck,
then turn your head to me smiling and say
I love you my beautiful Kira you are the best,
then passionately kiss you on your sweet lips.

As I sit here watching videos also doing
other little odds and ends I just smile
and dream of sweet evening kisses with Kira
the most beautiful woman in heaven
or on earth and I so madly love.
Sweet evening kisses while inside me
the intense flames of passion and true love burn on,
sharing sweet kisses that give the tingling
from and of the only person on earth
or in heaven I want like that and would give of myself.
Sweet evening kisses with Kira my soul mate
and treasured best friend.

Sweet evening kisses my dear Kira will come our way,
true happiness in our souls and grand times
celebrated with our families on both sides
and felt so deep and fulfilled with each other my dear,
right now though in spirit sweet evening kisses
with sweet beautiful you whom I cherish,
I love you Kira my Angel I treasure,
eternity is the place that true happiness
after this life is what I want with you after this one,
fulfillment and happiness here and there with my dear one
as we share forever and ever sweet evening kisses
so deep and meaningfully beautiful.

Michael P. McParland

Beautiful One 7

My sweet beautiful one I'm here
trying to get moving on some things
I need to get done by first gathering up my strength.
I've been smiling thinking of you
and the little things you do that make me smile
and the little things that make you
so very adorable and really cute.
Those little things are what add up
and make time and life with a special person
the very best there is on earth
and I'm praying that with you in the next life.
Beautiful one you've given me a smile
which today I can and will build upon.
Thank you darling one you are beautiful in every way.

Beautiful one as I sit here eating just a bit
before I get up to do my few chores
I wanted to let you know you are so beautiful
and that I just love you so much,
my chores aren't but a few and I wish
you were here to eat the fried chicken dinner
I've planned tonight because I know
you'd love it and for my lady
I'll roll out the red carpet and greet my Queen
on my knee to present all my world to her.
Your fat man wants to give you everything
he has to give because my heart overflows
with admiration respect and unconditional never ending love.
My heart swells and melts for my beautiful one
that I would give my whole life for.
Beautiful one soon we'll have everyday in our hands.

Beautiful one how could I not adore you so?
I tell no lie or exaggerate when I say
you're the perfect woman in my eyes
and that I could ever want or see.
Beautiful one anyone who has you in their lives
is the lucky one and like me should
get on their knees and thank God

he's sent you in their life to give
such loving friendship through all things.
Beautiful one I truly do than God for you
as an Angel, as a gift, as a blessing
that is a diamond in the rough.
Beautiful one I can't wait to spend each day
with you in my loving arms.

Beautiful one as I go in a few to do
my small chores that won't take long
I send you kisses and my loving warmth very strong.
I wish you were here to just sit with me
and chat while I did my work.
I wouldn't want you to do more than just relax,
your company would be the greatest treat.
To look across at my precious one
would heal my heart time and time again,
beautiful one my heart swells with such pride
and joy even over the smallest glimpse of or dream of you.
Beautiful one I plan to marry you and be
the greatest man you can ever want or need,
you are my everything and you make me happier
than I've been in so very long because you are a joy.
Beautiful one I love you so and I always will,
remember dear I am here for you because you are
my beautiful one I hold so tight within my heart and soul.

Michael P. McParland

I'm Sorry Babe, Thank You

Good late afternoon to you babe
I'm so sorry I was in a sense away
for a long time today as I only just woke up
about 10 minutes ago from that very long sleep
and I thank you first for your peace
and love that you sent or I otherwise
would never have been able to fully relax
and I thank you for understanding
such a deep need and always always
for the loving you give to me.

I'm sorry sweet one if you were worried
or thought maybe I was somehow upset,
not at all my darling one but in
a state of very deep sleep which
I'm still trying to shake off in full
and thank you always for being right
there for me to take grab onto and take your hand
rather in spirit right now or when we're together again.
I love you sweet Kira and you are the best,
remember sweet one I'll be at your side for all time.

Oh my sweet love I am truly sorry for
any worry you had and wish I could
gather you up into my loving arms right now,
to give you sweet kisses and tell you don't worry.
That I'm sorry sweet one and I so deeply love thee,
thank you for always being so caring and loving,
being so truly understanding and supporting.
I promise sweet lady I'll never be abandoning
because you are my lady so full of light and hope.

I'm sorry babe and please give me a smile,
I promise I'm with you always holding you tightly,
I'll never do anything I know would hurt you
because you are the Angel who my souls connected to
and I say thank you for loving me too.
You and your care mean everything my sweet dear
and I want you to know you're one of the

few things that still gives me true bursting cheer,
I'm sorry for ever hurting you and worrying you today
and I thank you always for the wonders you do,
I love you and when you are here I'll list them
and thank you in full.
I'm sorry my babe for having been so late today
and thank you for all of you kind and caring loving peace.

Michael P. McParland

Goodnight Snuggle With Kisses

Goodnight my sweet Kira so beautiful and divine,
let's now slide under the covers in bed
and snuggle like the two true lovers we
always have been in our souls and hearts.
Let's snuggle with sweet precious kisses
and smile so brightly to each other like we used to.
To bask in the glow of your love
has always been the most wonderful thing there is
and to snuggle with sweet beautiful Kira
under the covers sharing loving kisses
is how every night should begin to end.
Goodnight my sweet Queen will you come and join me?

Goodnight Kira my sweet Queen and despite
that these meds for being sick and the headaches
are making me so very tired it's making sleep erratic
so I'll most likely be up and down between sleep and wake
I promise you though dear I'll be holding you tight
through the whole night rubbing your aching back
and stroking your hair while you rest your head
peacefully on my chest taking peace in my warming care.
I'll not leave you alone or without the blanket
of my peaceful strength and love to
help you feel cozy, comfy, and safe withing.
Listen closely as I tell you I love you
sweet beautiful Kira I'll be by you forever my dear.

Tonight my sweet love I'll see you in our dreams
both in my waking, sleeping, and in between.
I'll be there to hold and protect you as always,
however in our dreams it will be just you and me.
We'll lay on a blanket in the vast green field
that in our dreams we found together and go to,
we'll lay down a big fluffy blanket
and together wrap up in my big fuzzy orange blanket
snuggling tight under the dazzling moon and stars,
oh my sweet Kira one day soon I know
and there will be no looking back
because we are best friends and soul mates

and I am truly your my sweet lady.
Tonight in our dreams sweet kisses and hugs just for you.

Goodnight my sweet darling Kira and now
let's slide into bed under the covers
for snuggling and nuzzling with the sweetest kisses.
My sweet beautiful Kira I promise you
truly my all and everything.
I treasure and cherish you as the greatest woman,
now let's go to bed where we can rest
in peace healing together
I love you sweet Kira for you are my Angel.
So a sweet goodnight to you my dear Queen
I'm now pulling you in for pure comfort
my sweet Angel dove a true blessing and gift from above.

Michael P. McParland

My Sweet Beautiful Woman 3

My beautiful woman I send such sweet
and tender kisses of passion to you.
Come snuggle with me for a short rest,
please don't be upset I'm tuckered out
and just need to close my eyes for a bit.
I want my sweet beautiful woman I miss
to be here to get under the covers with
and snuggle feeling so comfy and cozy.
I miss you my Angel and deeply need you,
sweet and gentle tender kisses to you my dear best friend.

My sweet beautiful woman I'm missing you so bad
and I'm struggling with this painful yearning for you,
to hold my beautiful one to show my love
and feel all of your love in return.
Come snuggle with me my precious one and in spirit
fill each other with deep caring comfort
chasing away a bit of the aching we feel.
My beautiful Kira you're a spectacular woman
and I don't know if you realize just
what an amazing blessing from heaven you are.

My sweet beautiful woman come rest with me,
you are my best friend and everything.
You make me happy and give me reason of light,
you are my pure and precious soul mate
and even though right now just in spirit
I want to be with my sweet beautiful woman,
I send tender kisses of my heart and souls passion,
let's help end this longing pain in each other.
I love you Kira my sweet precious beautiful woman,
please talk to me and we will soon come together
having fixed everything and we can begin our eternal journey.

Michael P. McParland

Curl Up In My Arms

Come curl up tight in my arms
and let me just wrap you up close
to give you sweet comfort in my loving arms.
I want to know that you are safe
as I hold you near and that you feel true peace,
I want to give you true calming
love to just fill your soul
and to know I'm giving you something
you so very want and need.
Please my sweet lady curl up in my arms
and I will give you sweet kisses
as you feel safe comfort and unwind in my arms.

Come my dear one and curl up in my arms,
bury your face if that's what you need
and cry away all the things you hold inside.
I understand and will be there the whole time,
you can feel safe when I am around,
just hug me back as you curl up
and rather we laugh, cry, sit in silence,
or just smile and kiss I am right
by your side my sweet dear,
come curl up I know you need the warmth
and I will give you all that I've got and more.

Come my sweet dear and curl up so tight
within my arms so you can know
and feel you are totally safe.
I just want to stroke your hair and rub your back
and let you release all that you need,
I just want my lady here beside me.
I need you just like you need me,
I miss my best friend and I can
also feel the deep pain you are in.
So please my sweet dear and come so very soon
curling up in my arms as I support and protect you.
I love you immensely and right now
my heart aches and hurts so very badly
and my greatest desire is to hold you so closely

and help you feel safe, truly loved,
and for you to know you won't ever again be lonely.
Come curl up with me my sweet lady and Angel,
you are everything I want and need forever and ever.

Michael P. McParland

To My Special One

To my special one I send sweet kisses
so full of love and and true care,
I wrap you up in my arms with acceptance
from true love of just who you are.
My special one I send to you all of my warmth
and can't wait to hold you seeing you smile.
To my special one I send such caring love
and all of my strength to wrap you up
in total comfort and caring peace.

My sweet special one I send this message to you
letting you know from the bottom of my heart
and deepest parts of my soul I wish you were here
to so tightly hold and let you know you are loved.
To just heal your hurt heart and start
the process of building our life together
by first patching up the misunderstandings that were worst,
the miscommunication is what broke us apart
and I know we can fix that because of our bond,
we share such true love and have never let ourselves be stopped.
To my special one I send the warmth of my heart
and its loving pleadings in need to be with you forevermore.

To you my sweet special one I so love
I truly want to spend my time with you talking,
laughing, reading to each other and watching T.V.
I know some of the things I want and would enjoy
may sound cheesy but in a lot of ways
I still have the heart of a boy that wants
sweet innocent things with my one as well
as those things of a man.
I would only share all these things with you
and to you my sweet love I send my heart
in this message so sincere in my love.

To my special one I say I love you so very much
and to only you I open my heart,
because even through our hard times and fights
I know you would never want or try to

intentionally hurt my emotional heart
nor would I try to hurt yours my precious one.
I've closed pretty much all other doors
because I can no longer take the pain
and you are the Angel who I will let in,
you are my Kira I so deeply adore in every way,
I love you my dear and that won't stop for anything.
So to you my special one I give my soul, my hand,
and my heart and whole life.
I trust you sweet one and will let you in all the way.

Michael P. McParland

My Heart To Yours For Eternity

My heart to yours for eternity my sweet one
I love and adore you more than anything
and there I strive to always make you proud and happy.
My heart to yours for eternity
because my heart, my essence and very soul are all yours.
I love you my darling and with true love for you
my heart overflows pure rivers of gold.
You are the most precious thing in this world,
you are it's beauty and in joy that makes me cry.

My heart to yours for eternity because of
the most special and sacred bond that we so deeply share.
Could you feel its power to when we first met?
I think you could but must ask,
I think you did because we are both so very shy
and in so many ways opened up to each other
that with others we could not or would dare not,
all that kept us back was that last bit of shyness
which kept us from saying our love directly,
when we looked at each other though everyone could see it.
It was mentioned to me so very often
and I've always known you are who I cherished and wanted.
My heart to yours for eternity because you
are my Queen and sweet Angel.
You are so darling and my heart melts and sing for thee.

My heart to yours for all eternity because it aches
so very much when you aren't near to me
and when we are not talking.
Even now when I'm smiling I ache and yearn
for the beautiful woman I adore and love,
I pray you are not angry even though I don't feel that you are,
my heart longs to give you sweet kisses
and hold you so close sharing sweet warmth.
My heart to yours for eternity because
you are my dream and only true love,
I want to marry you and be with you for all time.
My heart to yours for eternity because you are my light,
you are my hope, you are my northern star and a diamond in the rough.

My heart is yours and forever it shall be to no end,
My heart to yours singing my favorite songs of love
and writing poetry just for you through eternity my dear.

Michael P. McParland

I Want You In My Arms

I want you here in my arms my sweet one
to give you such sweet love and heal your
hurt and and aching heart with soothing
words and actions in the many ways
a man should and does show the woman he loves that he cares.
I want you here in my arms my sweet one
because you are my everything
and mean so very much to me.

I was just lying down for a few hours rest
and another nightmare struck me
I feel so very close to hurt tears.
You did not hurt me nor did I hurt you
but I could feel the hurt that you hold
as you told me how hard things have been
and how others have so badly hurt you.
I remember no specifics other than
the pain held by my sweet darling Angel
and it wrenches my heart because
I know that you truly carry that deep hurt,
and I made it worse at times through
my hurtful actions that stemmed from various reasons.
I want you in my arms to help heal you
by showing you caring love so very peaceful.
I want to be the man who let's you know
you are so worthwhile and a gift
that anyone would be the luckiest to have.
I want you in my arms because you
are the best thing that has ever happened to this man.
I know you hurt and I want to cry.

I want you here in my arms because you
are my sweet and dear only one,
you have touched my heart and soul
more than you can truly ever know.
I want you here in my arms where you can feel safe
and have a trusted love to whom you can turn.
I want you here in my arms so you'll know
that never again on this earth will you be alone

and that I will be with you for eternity on the other side.
I thank God for you everyday my beautiful woman
and I want you in my arms to give you my everything.
In my dream I truly could feel so much of your pain
and my heart for you is hurting intensely and insane.
I love you sweet Kira and will always protect you,
I want you here in my arms so I can tell you
that you are important and give the most caring kisses
to my darling sweet and beautiful Angel dove.

Michael P. McParland

A Beautiful Morning With My Beautiful Lady

Here in this early morning sweet one
I reach out and take you in my arms
to say good morning and I love you so much,
you are my special one so very dear
and I'm going to hold you in my heart for all time,
that heart which is yours my sweet Angel dove.
Even though right now in spirit
it's a beautiful morning with you my beautiful one.

Even with right now so far away it's a
beautiful morning with my beautiful lady
in my sweetest thoughts and sweet dreams,
I can feel you so near and I hope you can feel me.
I send all my warmth as I hold you ever so close,
a beautiful morning I will have with you no matter what
because I know our great time will come.
Kira my dear feel my heart from even afar
and know you are the one to whom I belong.
I want no other just you for all time.
I'm dreaming of a beautiful morning with my beautiful one
and reaching out to take your hand and kiss you again and again.

A beautiful morning where I know we would
just sit together holding each other drinking coffee
and so tightly holding one another,
smiling those smiles that say I truly love you.
I really do painfully miss that sweet smile
from the woman I love and admire,
please bring that back soon so I can kiss you
while you smile so big and look into my eyes.
A beautiful morning with beautiful you
just sitting here together feeling so good.
I adore you sweet one and my heart melts just for you.

A beautiful morning with my beautiful lady
and all these thoughts give me so many tingling feelings,
of hope so clean and pure, of sharing myself with you,
of spending time talking and playing games,
taking walks and enjoying our families and those we care for and love.

I dream of being there for you and to help
with those kids you already have.
I would feel not a burden learning a new life
and challenges I've never known.
I'll forever be happy if I can have my beautiful mornings
with my precious and pure beautiful lady.
To just sit and hold you talking and talking.

A beautiful morning with my beautiful lady
is what I know will be one of many things
so very meaningful, important and special,
I dream of it now and send my warmth in abundance,
feel my arms around you as I shower you
in sweet passionate kisses for my future Mrs.
You are the most important person my heart
yearns for endlessly because I love you to pieces.
A beautiful morning with you my beautiful lady
though now just in spirit is something
we can both smile over knowing
we truly care for and love each other
and one day our dreamed as will we come together.

Michael P. McParland

God Bless You 6

God bless you and your precious heart my dear,
may it be filled with peace and you know
how much you are cared for and truly loved.
God bless you my sweet Angel dove I adore you so much
and my heart melts for you my soul mate and best friend.
God bless you sweet Kira a true gift from God,
you don't realize just how important
and special you truly are and I want to help you
realize just what a miracle of joy that you are.
God bless you sweet Kira I love you so much.

God bless you and your pure and tender loving soul,
I want to hold you so close to me in true loves
closeness and passion to feel the power
of a pure Angels heart beat and a soul so loving and strong.
God bless you for the person you are
and I love you so much and I honestly swear
on all things I respect cherish and love
that my love and intentions for you are true and pure.
God bless you my sweet Angel dove
I pray you feel the warmth that I send
and hear the joys of love my heart sings to you.

Oh my sweet darling I want to put your hand
on my chest so you can feel how my heart
beats just for you giving reason for my life to go on.
True love for you has given me hope to push through
not just for me but for you too,
to give you the love you so need and deserve.
Sweet precious Kira God bless your heart and soul
and when you are here press your ear to my chest
and hear how it sings to the beat of my favorite
love songs just for you.
God bless you my sweet Kira you are the best.

God bless you for all you've fought through and survived,
I know some but not all yet I know there
has been so very much that was extremely difficult
and oh so tough that would have broken so many but you.

You are a diamond in the rough being so very tough
because you won't break yet you're so tender and caring inside
with endless love even though you will hide it sometimes.
I understand because I have had that pain,
God bless you though for the wonderful
woman and great miracle you are.
You are a magnificent person for just who you are.
God bless you eternally my precious one.

God bless you my dear so you will know
just how much I truly love you and care.
That you will know I'm always here and to have
the knowledge that I'll never turn you away for anything,
I don't care about the rest and what they think
as long as I'm gazing at my beautiful lady
saying God bless you sweet Kira I so deeply adore you
and want you beside me for all eternity,
I'll be your man who will stick beside you
and never abandon you.
God bless you my hero who I share a bond with,
God bless you sweet Kira I'll love you forever and ever.

Michael P. McParland

Night Note 113

My sweet love I pray
you are sleeping well
and having the most beautiful of dreams
feeling my arms around you
and all the warmth I give.
Truly my love please forgive me
for any and all mistakes
that I have ever made.
I feel I need to let you know
how sorry I am and hope
you can forgive me.
A feeling I have tonight
of what I need to say.
I love you and never
want you to hurt my sweet one.

A few hours light sleep here
and a tiny headache lingers
so I will rise for awhile
and take my antibiotics and
headache meds the doc gave,
perhaps with a bit of food it will
finally clear.
All of your love will help me too,
it always does my sweet dove
and I adore you to no end.
I send sweet kisses
of true love to you
my sweet Angel dove.
I'll be thinking of you
as I go about the things
I will do.
You are everything
and my universe my sweet dear.
I'm always here and holding you.

So I send you sweet kisses
on this late night here
and pull you in tight for

a snuggle so good and right.
I'll never leave you feeling cold
and all alone,
your Michael is here just for you.
With kisses and delicate
caresses I love you sweet lady
and my heart melts
over you no matter what
every single day.

Michael P. McParland

Come Hold Me Tight 5

Come hold me so tight my sweet Angel
that I long and yearn for each day and night.
I'm so very tired from being sick
and I'm still running a fever
from the sinus and ear infections that are truly quite bad.
I don't want you to worry
I just want you to come hold me tight to
chase away the slight chills I feel
and hold me to make me feel safe from the whole world.
Come hold me tight my sweet one to
help me find peace from this tired fever I have.
I love you sweet one and want to be in your
kind and loving arms giving me warmth that I need
from only you.

Come hold me tight and let me hold you as well,
I want to give you comfort in your heart and soul too.
That will help me feel better to let you know
how deeply I care and that you are loved.
Come lay with me and hold me so close
and let me just talk to you as I drift off.
I need my woman's sweet tender care and love
that's so deep pure and true.
Don't worry about me being sick
please just come and hold me ever so tight
so we can feel peace and I can show you I care.
Please come hold me tight to chase away
this fever and infections that are a bother.
Come and let's hold each other so tight
because my sweet Kira I love you so very much.

Michael P. McParland

Goodnight My Best Friend

Goodnight my best friend and true love,
my Angel of pure love and light
let's slip into bed and now snuggle
sharing sweet soul kisses so deep,
I love you my darling and want you here next to me.
Please join me sweet Queen
and forever be with me snuggling
through eternity as two people
and Angels in love forever.
Goodnight my best friend I'll
never stop loving you because you are the one.

I'm sending you always all my love and warmth
and after we share these sweet kisses so deep
I'll pull you in to rest your head on my chest,
while I stroke your hair and rub your back
I'll tell you how much I've missed you
and always knew I would once again find you
so I could sweep you up in my arms
and give you my loving and charming smile,
feel my heart melt as at yours I so marveled.
I love you sweet Kira and will so tightly hold you,
listen for my voice as to fill you with peace
I'll say Kira I love you and forever I promise
without fail I'll remain faithful.
You are an amazing woman whom my heart belongs to.

I see you tonight in our sweet dreams my fair lady
where under our tree in sweet twilight
wrapped in a blanket I'll so tightly hold you
and by the rushing river give sweet kisses
as we just talk and catch up.
Bask in the warmth and light of our true love,
I want to just let you see in my eyes
the whole and full truth so you'll know
I have never lied to you my precious darling.
So you'll be reassured as you deserve
that I'll be by you forever,
tonight in my dreams my best friend and Queen.

Goodnight my dear best friend I love to no end
come snuggle with me as we peacefully wind down,
feel my arms around you and my lips upon yours.
We will make it I promise because true love
cannot be defeated between souls who are
so deeply dedicated to each other.
I'll hold you so tight forever and ever,
you are my best friend who I've known
and loved since before time on this earth started.
I'll hold your hand and be your rock of a man
whenever you need that because you complete me
and I want to be the best for my only lady.
So goodnight my best friend and true love so splendid
let's go to bed and snuggle the night away.

Michael P. McParland

Sweet Healing Kisses

Sweet healing kisses to you my sweet love,
for your heart and your soul
I send such deep healing kisses and hugs to you.
So you'll know that you're loved and cared for
and that your best friend Michael
is here to support you with unconditional
and infinite tender and caring love.
I send sweet healing kisses to you the one I adore.

Sweet healing kisses for us as in spirit
I hold you so close tonight
and soon in real life when we reunite.
Sweet healing kisses to my Angel of light
whom I will stick by for eternity
because she is my soul mate.
Sweet kisses of love for you my best friend
and sweet kisses of healing to no end.

Sweet dear kisses of love to say
I'm sorry for all the wrong that I did,
I kiss your sweet lips to kiss your sweet heart,
please feel the peace I long to give
then let your heart heal as I say I love you.
Sweet healing kisses for Kira so good,
sweet healing kisses for me and you.

Sweet Kira sweet kisses for you
I want to be your knight and hero to,
give you such love like you have deserved,
take care of you and your kids
and the family I pray we have.
Sweet healing kisses straight from my soul
I love you Kira and I always will.
Sweet kisses of healing to a true
beautiful blessing and gift from God.
Sweet kisses of healing and tight hugs
to you my sweet one and I promise in full
I'll always stick right next to you.

Michael P. McParland

A Sweet Snuggle

I would love to share such
a beautiful and loving sweet snuggle with you.
I'm am feeling quite a bit better
and this headache is just about defeated,
your loving care has helped get me through it
and I want to say thank you with a kiss
and hold you so tightly giving you
my great big loving smile I hold for you.
A sweet snuggle with my only lady
is what I desire because you are my Angel.

A sweet snuggle with you is everything
I want and need on this night my Queen Angel,
spending time with you as I get better
and resting off the rest of this headache,
fever, sinus and ear infections.
Spending such sweet time with you Kira
my dear beautiful lady is what I need forever.
Sharing kisses and caresses is what I want forever and ever
as well as just sitting and talking.
I want to know my dear best friend in all of your glory.

A sweet snuggle my precious one
so very beautiful and to the eyes delicious
in a way that gives me loving shivers,
I just want to hold you and give you endless kisses,
just tell you how you are so very important
and I've loved you since the very beginning.
Not just on earth but since time began
I know you are my soul mate for how we are connected,
I love you so deeply and your soul speaks to me.
A sweet snuggle feeling you next to me
would be so very soothing and help me
feel completely better on this night.

A sweet snuggle with my sweet precious Kira
is what I want as it would in all ways
help me feel better and give me light.
You take my heartaches and headaches away

my sweet Angel and diamond from God.
You make life worth living because you are there
and I know for sure that we'll have our time.
Kira I love you so deeply and you are my essence
and a sweet snuggle with you every day
and every night would make things better and alright,
you are my hero and I love you for just who you are.
So please come so soon so I can hold you tight
and heal our hearts which need the love
that for each other we both provide.

Michael P. McParland

My Sweet Beautiful Kira Forever

My sweet beautiful Kira
I'll love you forever and ever,
you hold my very heart and soul
and no other could ever do.
You're all I want and everything
in true love that I have.
My sweet beautiful Kira my essence is yours.

My sweet beautiful Kira so good and pure
I am and will forever be yours,
you are a gift who's presence
in my life I've been incredibly blessed.
You are the answers to a lonely mans prayers,
you give my heart a true love
which from a woman I've never received.
You accept me in full for just who I am
and there is no better or other woman
I would hope for or choose to share this bond.
I choose you my sweet beautiful Kira
because you are a diamond and truly special woman.

My sweet beautiful Kira I find divine
I can't even describe totally just what you mean,
my heart feels so tender for you
and I am protective that I can't even
handle the thought that you have been hurt.
When I think of your pain and those
that have caused it I get so angry at them and cry for you.
My sweet Angel and dear I overflow
with such loving care because you are my one,
you are my best friend are everything.

My sweet beautiful Kira I'll always stick with you,
I'm here to show you the love you've needed
and been so unjustly missing,
I'm here to protect a woman so truly magnificent
and I will give you everything that
you have needed and desired.
My sweet beautiful Kira I love you so deeply

and will be by your side hand in hand forever and ever.

Michael P. McParland

A Long Afternoon

Good afternoon my sweet one
and how it has been a long one.
To the doctors where I find out I am sick,
running a fever with a temperature
not very bad but still there,
then do my last bit of shopping
and still waiting for another hour or two
for my prescriptions to be filled.
A long afternoon indeed my sweet one
and a bit farther to go.
Thinking of you and feeling the love you send
is helping me continue to push through.

A long day and trying to fight
this annoying tired and headache I feel,
I want to get my medicines to be better
and also be here just for you.
To write and be ready should you call
needing some help or just to talk.
I am here for you love even through
the longest and hardest of days,
I'm holding your hand in true love
because my heart and soul will forever be yours.

Truly a long afternoon my sweet love
but I am always here just for you,
you give of yourself sending your love,
your warmth and strength have given me light
to push along through this tiredness I feel.
This long afternoon means nothing
in comparison in my care to you
and standing by your side in pure support and love.
It's been a long afternoon but it matters not
for as long as I have your love I'll
keep pushing along and make it through.

Michael P. McParland

Love Note 298

Good afternoon my sweet love
I pray you feel all
the loving and caring warmth
I eternally send to you.
I am holding you close
and rubbing your back
as I tell you it is okay
for you I am always here,
I'll never leave or abandon my only one.

As I prepare to run out the door
in 10 minutes or so
to see the doctors about
these headaches I have
I wanted to say
I love you sweet one and I always will,
I adore you my love
deep down to my core
and can't wait to hold you so
tight and near.
I love you my sweet Kira
you are my soul mate
and beautiful best friend.

Feel me there with you
as I'm always holding you
and giving deep looks of love,
close your beautiful eyes
and see my loving smile
as I so firmly take your hand,
I'll always stand by
and support you no matter what
because you are my lady
I give myself to in full,
even when I don't feel good
I am with you my dear.
So I'll write you
when I arrive back from
the doctor and remember I love you

my sweet and soft hearted
love and best friend.
Feel and hear as my heart calls you
saying I love you sweet Kira
you will forever be my Queen Angel.

Michael P. McParland

Your Care And Loving

Your care and loving sweet one
to me truly mean everything.
I can so often feel you with me
giving such warmth and true depths
of real and pure love.
I can feel you smiling and the kisses
ever so sweet you shower on me.
Your care and loving are two of
the most important things to me.

My headache is not gone but somewhat better
and it's so much because of your comfort,
I could feel you laying here
holding me so close to you my sweet lady
and it's given me enough energy to get up
to shower and eat before I must leave
in a little over an hour.
Thank you sweet love for your care and love,
you are a gift and blessing from God
I'll be eternally thankful for.

Thank you for all of your deep care and loving,
when we are once again together I'm going
to kiss you so deep and thank you over and over
telling you how precious you are and that
I so deeply cherish and love you.
Tell you I want you as my wife for eternity
because you are the most wonderful person
I've ever known and cared for.
I love you dear woman and am ever so grateful,
your love and care light up my life
and get me through the toughest of times.

Michael P. McParland

Morning Note 126

Good morning my beautiful one,
I hope you slept well
through the night and saw me
in your sweet dreams as
I held you so close.
Sweet kisses to you my precious dear
as I pull you in for a snuggle
on this cool fall morning
and to hopefully get
feeling better soon.
Another headache for me
and a trip to the doctor
this afternoon to see what is wrong.
I wish you were here
to kiss and hold while
we listened to soft
and soothing music
while wrapped in our warmth.

Feel my arms around you
and pull you so tightly in
as I close my eyes a bit longer
to help this headache go away
and no longer bother,
I can always feel your sweet love
and know it will be helpful,
I'll wrap up in the covers
and feel your loving arms around me.
Oh my sweet Kira you're
so very beautiful and special
and I truly thank you.
You are a miracle.
So I'll see you here in
my half waking dreams
as this headache now leaves me,
I adore you sweet Kira
and love feeling you and your
loving warmth surround me.
Sweet kisses to you

and hopefully this headache
will pass so very soon,
I love you sweet one
and very soon my love
I'll so caringly snuggle with you.

Michael P. McParland

Looking At Your Picture 2

Lying here as the night winds down
and I was relaxing looking at your sweet picture
marveling at your sweet beauty.
I have my fans on turned to high
and wrap up tight in the blankets
and feeling the warmth you send underneath.
Looking at your sweet picture and feel
so deeply relaxed as I say I love you sweet Kira
you are the best.
The most beautiful woman I want to hold and sweetly kiss.

Lying here feeling so deeply relaxed
as I look at your picture and in spirit reach out
to take your soft and sweet hands pulling you in,
giving you kisses and saying snuggle with me
my dear precious one.
Just look in my eyes and smile for me,
that's a big thing that your man so very needs.
I look at your picture feeling peace
and say these things knowing our souls are touching
and you hear these things.
I love you Kira you are a brilliant woman
and soul in every way.

Lying here my sweet Kira and looking at
your dear and beautiful picture,
I'm so sorry if I drift to sleep dear
but with my music and your gorgeous smile
I feel so peaceful and am sending you
my loving warmth and essence,
come snuggle sweet one I'll try to make it
as I lay here though I'll keep looking at you
and your dear and pure beauty saying
so many things I have needed and wanted.
Feel my arms so tightly around you,
feel the sweet kisses I send you and be peaceful.
I love you my dear Kira you truly are so very beautiful,
I'm lying here looking at your beautiful picture
and smiling because of my dear darling Angel.

Michael P. McParland

A Relaxing Monday Night

A relaxing Monday night here with you
is what I long for and smile over now,
after shaking the nightmares that hung
over me for a little while I just think
of spending time with you in each others arms.
Doing nothing really but feeling
peaceful and calm with the greatest lady
I'll ever know and the only one I'll ever love.

A quiet and peaceful evening with you
my sweet Queen and dear Angel,
I'm still slightly tired but not enough
that I would fall off while we
lay there together talking and enjoying
the great company of each other.
A quiet Monday evening my dear
with you right beside me smiling and glowing.
I adore you my lady and want you
with me for eternity.

I want you to be here on this Monday
evening and night to just sit with me and hug,
watch YouTube videos where I'm
entertained but also learn
while we just sit and share our deep warmth,
a quiet evening with my sweet Angel dove,
sharing sweet kisses because Kira I love you so much
and I want to be with you almost all of the time
except when I need those times alone,
otherwise always with you because I adore who you are
and I feel the connection our souls have.
I love you Kira and wish you were here
to share a quiet Monday night holding you.

Michael P. McParland

My Hero

You are my soul mate, my best friend,
my hero who fights for me and defends,
even in my dreams you rescue me
if I'm having the worst of nightmares
filled with my worst fears and frightening things.
You are my hero and I thank you my one,
you saved me my Angel and you are the best.

You are my hero my darling so good
as you saved me from the ugliest of nightmares
while I napped for awhile to recharge myself.
You saved me from the ugliest dreams
that are still bothering me
when I know you reached out and shook me awake.
You are my hero my Queen
and I adore you for everything my sweet Angel I love.
Kira you are a true diamond in the rough.

You are my hero, my soul mate
and my darling everything.
I love you my sweet Kira and wish
I could hold you to thank you
and shake away the last of these
nightmares out of my body and mind,
but I know my hero will help chase it away.
Kira you are my true love and hero
and I say I love you my darling
and thank you over and over.
If it weren't for you I would be lost dear
you are my northern star that helps get me through.

Michael P. McParland

Love Note 297

Good afternoon my sweet love
my heart and mind are with
you as ever my sweet Angel dove,
it doesn't look like I'll
be getting out of here
any time soon.
I wish you could snuggle with me
for the shortest of naps
and relax for a short time
chasing away the tired
and aching loneliness.
I wish you were here to hold and kiss.

I love you sweet one
I truly do and feel my arms
wrapped so tight and lovingly around you,
feel my strength and warmth
as I say I love you Kira,
you are the best and my only one,
no other will do
because you are a jewel
so beautiful and rare,
then give you a kiss and pull you in.

I love you sweet one
and wish you could join me
for a snuggle and small nap,
I'm so very tired
and want to give you a kiss,
I am with you though holding you tight,
I'll never leave you
or let you go
because you are the Angel
I give myself too.
I love you Kira and I always will,
you are a miracle
I treasure and cherish
every way in full.

Michael P. McParland

I Miss You Beautiful 2

Sitting here feeling tired my love
and fighting that feeling very hard,
I need to go out shortly and pick up some things.
Wish you were here to go with me,
I wish you were here to rest my head
in your lap and take a short nap
before we then went.
You would help get me going and give me that reason,
to spend time with you would be heaven.
I miss you beautiful you are my everything.

Missing you my beautiful one as I sit here
tiredly and wishing I could take a small nap with you,
just hold you close and tell you I love you
my beautiful one and spend eternity hand in hand.
I want to lay with you under the covers and laugh
just like when we were kids doing dumb things
and talking seriously but about lightness
and love in the bond that we share.
I miss you sweet one and want to lay
with you here for a light nap before we would go out
holding hands and feeling the glow of our love.

As I sit here on the couch playing
my NCAA 14 college football game i would love
to have you sitting here watching and cheering,
that probably sounds cheesy but having
my lady beside me is everything my heart
needs and is aching for and longing.
I miss you my beautiful one and want you
here in my arms to stay warm, to feel loved,
to give love and see beauty in this world.
I miss you beautiful one and hold to hope
praying that soon our time will come
because I love you Kira my beautiful one
and I miss you so much life is incomplete
without Kira my soul mate and greatest best friend.

Michael P. McParland

Sweet Monday Morning Kisses

Sweet Monday morning kisses to you
my sweet precious love I adore,
Monday mornings can be the worst and droll
so I give you extra sweet kisses
to lighten your heart soul and day.
Sweet Monday morning kisses my babe
I'll be holding you tight throughout the day.

Sweet Monday morning kisses to you
my sweet sweet Kira so very beautiful
and am with you by your side
every day all day because I love you
and want to always support you.
Extra big kisses today on this
Monday morning that we face right now.
Sweet kisses to you my Angel so good.

A truly good morning to you my dear
from my heart that beats only for you,
you are the light that guides
me on and so very right,
and as much as I hate the song that I'll quote
it is true that you are the wind beneath my wings,
you my sweet Kira keep me afloat.
Sweet Monday kisses of love to you
my soul mate, gift from God and only one.

Sweet sweet Monday morning kisses to you
my sweet precious Kira I love and adore.
Through eternity I just want to hold you close,
to look at you and say I love you,
to kiss you so deeply in true loves passion.
To take care of you and give you everything
to the best of all my abilities.
I'm not the most special man there's ever been
but I want to give my all and best to you
the most special woman there's ever been.
To give you the love you've so long deserved,
to just nurture and make happy my precious Queen,

sweet Monday kisses to you on this day.
I love you my darling and feel all my warmth,
close your sweet eyes and feel my hand within yours,
I adore you my beautiful Kira and I always will,
just keep your eyes closed and see my glowing smile for you.
You are the magic and diamond I've always loved
I am here with open arms and an open heart just for you.

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Michael P. McParland

Morning Note 125

Good morning sweet one
and I just wanna pull you in tight
and give you sweet kisses
before getting up for a little bit.
Just whisper the sweetest
words of my true love to you
while we snuggle up
under the covers for a while longer
and feel peace on this morn.
I'm pulling you in tight
in spirit for extra
snuggling warmth on this morning sweet one
for extra time with you
in my dreams and in
the close spirit energy
that we feel this way.
I love you Kira so sweet
and forever in my heart.
One day soon my best friend
and only love I'm going
to spend every morning
with you in my arms giving
the sweetest kisses you'll
ever need and want
because I truly love you so very much
my darling Kira so pure and good.

Michael P. McParland

Goodnight Snuggle 2

Goodnight my sweet love
I'm exceptionally tired
so let's got to bed and with a sweet kiss
cozy up tight in a snuggle
and go to sleep.
I love sweet Angel and feel so worn out
and want to drift off with the woman I love.
Say thank you with a deep kiss
then as you rest your head on my chest
I'll gently talk to you and rub your back.
Feel my arms around you so very tight
and the warmth of my love as it surrounds you in full.

Goodnight my sweet Kira and I'll see you
and hold you so tight in our dreams,
as in real life so soon I'll snuggle with you.
Please rub my face and head for
I need your comfort in spirit, real life,
and in our sweet dreams.
Help me to sleep to drive away this deep
exhaustion that haunts me right now
and I'll give you sweet comfort too.
In each others arms heal each others
hearts and souls with a goodnight snuggle of true love,
being with the ones, each other,
that we love so deeply and the most.
That's what we need my sweet Angel dove,
you truly are everything I need and want.
Goodnight my sweet Queen and let's now
slide into bed with each other and fall asleep
in a tight and warm snuggle.
I love you Kira and can't wait to spend my life with you,
you truly are a dear Angel and so very beautiful.
I adore you my love and don't ever want to hurt or lose you.

Michael P. McParland

Late Sunday Night Snuggle

Before bed tonight my sweet one
I would just love to talk and snuggle with you,
share our sweet warmth in each others arms
as we felt so happy in peace and fulfilled.
A late Sunday night snuggle before bed with you
would be the most beautiful thing
with beautiful and gorgeous you right here and now.

A comforting late Sunday night snuggle
with the Angel I adore and so deeply treasure
is what I want to share before bed my sweet Kira,
talking and kissing while I tell you
that I'm so in love with you my beautiful woman
and just smile in love like we used to.
I love you sweet Kira and long for
a late Sunday night snuggle holding
you so very close and tight next to me.

So my sweet dear let's share the most beautiful
late Sunday night snuggle in true loves warmth together.
I know it sounds stupid but will you
tell me I'm handsome when you say you love me?
Something an average man like me so very needs at times
and to hear it from you would make me the happiest man,
snuggling and talking with my gorgeous Angel bride.
A late Sunday snuggle with the woman
who gives me tremors or nervous joy and butterflies.
A beautiful late Sunday night snuggle with Kira
the greatest woman that's ever existed.
So let's lay down my sweet one in each others arms
and snuggly pull in for a beautiful time.

Michael P. McParland

Beautiful Sunday Night

A beautiful Sunday night with you Kira
my sweet Angel of love and Angel of light
would be a true heart and soul delight,
A beautiful Sunday night snuggling
and reading, watching a movie
in peace and tranquility.
A beautiful Sunday night with beautiful you
Kira so very pure and good.

A beautiful Sunday night Kira
to quietly sit for awhile just talking
about old times our future and working out things
so lovingly and understanding.
A beautiful night to just kiss you so deep
and tell you I love you and always have.
Tell you the things I was scared to
when we were so young
and tell you what I thought and felt
in all those painful years apart.
A beautiful Sunday night to sit
with my Angel so bright and hold you close feeling good.

Oh my sweet Kira how I wish right now
that I could just hold you and kiss you
whispering in your ear that I love you
and it is okay because I'll never leave you,
a beautiful evening here with you
would be all the true beauty I can imagine,
I adore you sweet one and so deeply love you.
So my sweet one feel all my love as I send it
and think also of a beautiful Sunday evening
knowing I'm here for you through eternity,
you are my one and everything.
So let's share this dream of sharing this Sunday evening
as I'm smiling for you and thankful
for all that you do and that you are you.

Michael P. McParland

Sweet Kisses To Sweet Kira

Sweet kisses to you my sweet one
before this dinner that I will
partake of and wish you were here.
Sweet kisses of love from my very soul,
sweet Kira I send these kisses to you,
feel all the love and warmth that they hold
and wrap up in the peace and strength I give to you.

Sweet kisses to sweet Kira so beautiful and good,
sweet kisses of true love on this early evening here at hand,
I wish you were right by me to eat dinner and then
hold so close to me while watching Star Trek.
Tonight I get to pick and that's what I want,
I want to watch Star Trek with my beautiful one and snuggle up.
Sweet kisses to you on this evening now here.

Sweet kisses to you my sweet precious dear
and I will be holding you in spirit sweet one.
I will be thinking of you and holding your hand
while I send you my love and all these
beautiful moments and dreams.
Close your sweet eyes and see yourself here with me
snuggling and watching the movie,
feel the sweet kisses I give to you over and over.
Feel my heart beat as it calls to you its love and adoring care,
remember I love you and wish I could
be with you holding you near me.
Sweet kisses sweet Kira my Angel so dear to me,
feel all of my strength as it fills you because
I'll always be here for my sweet Queen and Angel.

Michael P. McParland

Beautiful One 6

Sitting here on a lazy Sunday afternoon
my sweet one and will start cooking dinner soon.
A good one I wish you were here
to enjoy too and be with your fat man that loves you,
I know that made you smile as that stupid joke
made me smile too.
Making you smile and laugh is a pleasure
that seeing is something I truly miss.
So soon my sweet love I hope to hear
and see that again.

Sitting here my beautiful one
and trying to decide what I want to do
until I get up and get to work on the food.
Should I read, or play my NCAA 14 football video game?
Or maybe a movie that I haven't seen.
I don't care for the NFL in large,
you know my reasons though not that big or important
I just wish you were here to look upon
spending time and holding you next to me.
Beautiful one you are the company that I need
everyday here with me sharing kisses and caresses.
You are the Angel that makes my life worth living
and it is our future of which I am dreaming.

So right now I sit here sweet one
and watch funny, informative and spooky YouTube videos,
I would love to share the ones that you'd like,
that would be the best my sweet Angel
so very good and the best,
a lazy Sunday with my beautiful one I so adore and respect,
my beautiful one that gives me bright hope
that life is truly beautiful and good.
I want you to know you're not alone and I'm here,
I love you sweet one and am holding your hand.
Beautiful one I want you to spend this life with me
and have many happy lazy Sundays
feeling the sun and the happiness that we deserve.
Kira my beautiful one I want to share my sweet love

only with you and sit close together knowing true peace,
beautiful one I so deeply miss thee.

Beautiful one I truly love you with
all of my heart and all of my soul,
it is for eternity I want to be with you.
We share a bond I'm so thankful for
and you are my soul mate and true best friend
and as I sit here my beautiful one
on this lazy Sunday I'll be dreaming of you.
Kira you are a diamond so precious and rare,
Kira my dear you are everything
that is beautiful in this world.
So remember I love you and am sending sweet kisses
and feel me beside you holding you ever so closely.
You are my Angel and I promise I'll never leave you,
you my sweet Queen are so precious and beautiful.

Michael P. McParland

Love Note 296

Good afternoon my sweet Angel dove
and I pray your day has been
lovely and beautiful so far,
I send you sweet kisses of
true and pure love,
feel my arms around you
as I hold you so close
and hold your soft and sweet hand.
You are such a beautiful
Queen and Angel my darling dear.

I woke up around an hour ago
but dealt with another headache
and had to beat it down.
I'm getting tired of them
and wish you were here to read
me your poetry while
I had to lay down and wait those out.
Hearing your beautiful voice
and Angelic words of true love,
your thoughts and feelings
of the world that surrounds
would be the perfect medicine
to soothe such rotten things.
I'm sorry sweet one that
I didn't write and I know you'll understand,
you've had to deal as well
with so much of these pains.
I thank you my love
for always be there and listening to me.

I love my darling one
and want you to have a great day
knowing I care and
I'm with you always all the way.
I'll never leave or abandon you
my Angel so good,
I'll always support and defend you
giving all of my love

to my sweet beautiful Angel,
oh my treasured lady I so adore you,
close those beautiful eyes
and see me lovingly smile at you,
my heart is yours forever and ever
and I want you as my wife for eternity.
Kira my darling my heart will never
stop singing and calling to you.
You are my universe and everything
and I want you to know
my love for you is overflowing.
Kira my dear I'll be your man forever
and when you want me and are ready
I'll be here for you my dear Angel
because you're everything
I want and need because
you are my soul mate and eternal best friend.

Michael P. McParland

Goodnight Snuggle

Goodnight my beautiful woman
and let's slide into bed
kissing and snuggling for a good while
before we fall peacefully asleep
so lovingly in each others arms.
Goodnight Kira my beautiful one
and let's snuggle now as we go to sleep
feeling content in our warmth and fulfilled.

Come rest your head on my chest
as I pull you in tight saying
Kira my darling you are the best,
then just stroke your hair and rub your back
while I'll sing you some songs
while you drift away to sweet dreams
feeling all my loving peace.
I'll whisper to you how much I adore you
and how I'll always stand by you
giving sweet love to you my sweet darling.
I'll hold you so close and give you my strength
as I will forever through time in full.

Goodnight my sweet Queen and let's
snuggle now my true Angel supreme,
I'll see you tonight in our dreams
where we can go beautiful places
and do random things,
as long as I'm with you I'm happy sweet one.
I'll see you in my dreams
until this world so cold and cruel
warms up at last and gives us the sun
we want and deserve at last.
I bask in the glow of true love with you
in our beautiful dreams where happiness blooms.

Goodnight my beautiful Kira will
you grant me the honor of goodnight
kisses and a beautiful snuggle?
Will you rest next to me and forget

the whole world for awhile?
Please let me see your gorgeous smile,
I need your comfort my beautiful Angel.
Please never forget how much I love you
and cherish you so very deeply.
Remember your are my soul mate and best friend
who I so desire to marry,
Kira my dear you are my adored hero
and I love you more than anything.
Goodnight my true precious beautiful darling,
I would do anything to make you so proud and happy.

Michael P. McParland

Saturday Evening In Your Arms

A late Saturday evening snuggling up
within each others arms would be
the perfect way to wind this whole day down.
Being wrapped up in your warmth
and pushing out the rest of the world,
being with the Angel I hold so dear.
Saturday evening here in your arms
would be the greatest thing right now.

A late Saturday night to just curl up with you
so tight and close on the couch
as we decompress from various stress
and just bask in the light and joy
of the deep love that we share.
I so want this Saturday night bliss
of being in the arms of the one I so miss.
I love you my Angel and am longing
for all the things that I hope soon
we can have together each day and night.

A late Saturday evening in your loving arms
is what I need so very much right now,
to lay my head next to you and close my eyes.
Just feel the comfort of my Queen
I so deeply respect and treasure,
a Saturday evening holding you tightly
and having peace of your presence fulfill me.
A late Saturday evening is everything that I'm needing
to escape the frustrations of the outer world
and other people.
I just wish you were here to hold and relax with me.
Sweet Kira you are my bright dream on this evening.

I so long for Saturday evenings in your
wonderful loving arms,
to celebrate things or cry them away,
to just open up about what we think and feel,
to watch movies T.V and the late games.
I want Saturday evening with you my sweet babe,

feel my warm and sweet tender kisses
and know I am there with you
holding you tightly in all the love I am feeling.
I'll send you my warm tender dreams
of us on a wonderful Saturday evening
so you can feel warmth and with me be smiling.
I want this sweet dream my dear Angel Queen
where we will soon be having a wonderful
and calming late Saturday evening feeling peaceful
as we just lovingly relax together.

Michael P. McParland

Evening Note 70

Good evening sweet love
my game just ended
and my nerves are frazzled,
it came way too close for comfort
but we won and that's what matters.
I wish you were here
to sit with and help me decompress.
I need your soothing voice
and loving spirit
to calm down my nervousness
and spending this Saturday night
would be the ideal way
of any night here.
To watch movies
and read books with my babe.
I love you Kira
and wish you were here.

Sweet lady my nerves
are still on end
and I need to relax them,
dreaming of you will help that
along with beautiful music.
I wish you were here
just to snuggle and relax,
enjoy peace and quiet
together on this September night.
I love you sweet Kira
and miss you so much.
I'll write you later
as I need to let my nerves calm,
I'll be sending you all of
my warmth and loving.
I'll calm down by dreaming
of you my sweet lady,
I wish you were here
to cuddle while kissing and smiling.

Michael P. McParland

Feel Peace

Feel peace in your heart and soul my sweet one
because I am with you always my dear.
Holding you close and saying it is alright
my sweet one because I love you so much.
Feel peace my sweet one fill you up
as I am with you hand in hand holding you close
and saying I love you Kira you are the best.

Feel peace my sweet one because you're not alone,
close your sweet eyes and see me lovingly smile at you.
Never forget that Michael loves you so deep,
Kira my dear be at peace because you are the Angel
I'll keep in my heart and my love will not cease.
Be at peace my dear one as I send you this kiss,
I love you my Queen and I always will.

Michael P. McParland

Beautiful Woman 4

Beautiful woman of my brightest hopes and dreams
I truly love you more than anyone or anything.
If you could see within my heart
you would see a pure and perfect diamonds glow,
one just like the pure and perfect diamond that you are.
Beautiful woman I so deeply treasure and adore
I want you here within my arms to deeply kiss and hold.

Beautiful woman I so treasure the great bond that we share,
it means so much to me being connected
to a great soul mate I treasure in every way,
I want to celebrate existence with you by my side.
Eternity is lonely without the one you most love,
I want my best friends love through all space and time.
I want to be with you sweet one everywhere we are,
I want to be by your side hand in hand always in true love.

Beautiful woman I always send sweet kisses straight to you,
I hold you in my arms in spirit and soon hope
to hold you very close for real,
you are beautiful in every single way and I want
to give you everything you want and need
including myself in full.
Beautiful woman you are a jewel and I treasure you,
beautiful Kira you are my only love and I cherish
you just for who you are.
Kira you are beautiful and that I know for sure.

Michael P. McParland

Love Note 295

Sweet one so beautiful
through and through
I send you sweet kisses
so passionate and good.
As I head out the door
just for a few
I wanted to tell you
I love you Kira my babe.
I'll be thinking of you
and wishing you were here,
I'll be sending my warmth and full love.
Kira you're everything
this man will ever need and want.

So sweet kisses to you
on this beautiful
Saturday afternoon
and feel me beside you
holding your hand,
I'm with you each day
the entire way
and I will stick by you
all the time.
I love you my darling
and I wish you could join me
but fear not my sweet lady
I'm sending you
all of my loving.

Michael P. McParland

Saturday Afternoon Snuggle

Come my sweet beautiful woman
and we'll share a beautiful Saturday
afternoon snuggle.
Rest for an hour or two
to be able to make It the whole day through
and just have my beautiful darling near.
Hold you tight in my arms
and surround you in warmth.
A Saturday afternoon snuggle with Kira my babe.

Let's share a beautiful Saturday afternoon snuggle,
I just want to rest comfortably with
my sweet and wonderful precious lady,
just pull you in for a kiss and then in my arms,
snuggle with you and chase away these light chills,
just share some time with my Angel so good.
So come my sweet lady and slide under the covers
into my loving and accepting arms.
I want to snuggle and nuzzle with you the woman I love and adore.

Michael P. McParland

Sweet One 10

Sweet one I so adore,
I wish you were here to snuggle with
and watch the games with me.
I know college football may not be your thing
but for some reason I'm still so tired
and just want to be with you snuggling on the couch
or pull out an air mattress to lay upon.
Sweet one I wish you were here to snuggle with
oh so close today.

We wouldn't watch games all day,
Ohio State doesn't play until late afternoon.
We could just rest awhile or watch movies
or some comedy I love and want to share with you.
Though you might find me silly and dumb
for some of what I like,
but you can pick it out my precious one.
I also bought Psycho on Blu Ray
but I know horror's not your thing.
Just a day to relax with you watching
Ohio State and bits of other games
relaxing in each others arms
and also enjoying lots of other stuff.

Sweet one I would just love to have
you here wrapped in a blanket in my arms,
a sweet time to bask within our love,
as I go about my day this I'll dream.
I'll be with you all the time
holding you and your hand.
Listen close as I whisper in your ear
I love you Kira you're my everything
and then kiss you on your forehead lips and neck.
You my Angel truly are the very best.

Michael P. McParland

Good Morning Smiles

Good morning sweet love with
great big smiles and kisses for you,
despite feeling perpetually tired
this morning I have a reason to shine and smile.
It's because of you my sweet Angel
as it always is my sparkling diamond.
Sweet kisses and smiles to you
on this bright Saturday morning.

As I spent the last hour in bed
gradually waking I put on a play list
of beautiful nature sounds.
Scenes of true joy came to my mind
as I saw us in a great big majestic field
of green grass so soft and lush,
where we just sat down next to each other
ever so close and held hands,
smiling and talking we just passed the time.
One day soon my sweet dear we'll
find such a place to sit and be as one.

Such a beautiful dream and I have
such sweet kisses and smiles for you,
I send you this dream so you will smile too,
so you can take comfort in the love that I feel.
See my smile so big as I hold you so near,
sweet kisses to no end for you sweet Kira my dear.
I would send you sweet flowers I could my dear
and in your minds eye see them
as you feel all the kisses I send.
Such a beautiful dream with the gorgeous woman I love,
Kira you are the best and I truly love you so very much.

Michael P. McParland

Goodnight My Sweet Queen 5

Goodnight Kira my sweet Queen,
after a late snack I just looked at
you picture and felt longing pain in my heart
to just kiss and snuggle as we
turn in for the night.
Feel comfort together as we end
this week so long and tiring.
Goodnight Kira my darling Queen
and let's snuggle and kiss passionately
as we go to sleep and sleep in
on Saturday morning so lovingly in each others arms.

Goodnight Kira my beautiful sweet Queen
I'll be holding you tight
through the entire night softly rubbing your back
as you rest your head on my chest.
We'll just softly talk as we drift
about wonderful things we dream of, need and want.
I'll just hold you so close
and give to you in full of myself
saying I love you sweet Kira you are the best,
life without you is bare and bereft.
I just want to be with you for all time and space.

I'll see you tonight in our sweet dreams,
just you and me under the stars
wrapped up so tight in my blanket
and each others arms,
just talking and kissing feeling at peace and as one
saying the hell with the world my darling so good.
Just the perfect way I want to be,
wrapped up with my lady I want and need.
The sweetest lady there's ever been
and totally has me as her own.
Sweet beautiful Kira my Angel so pure.

Goodnight my sweet Queen and I love you so deeply,
I hope you will come soon and hear me.
I want to look at you and say I'm sorry,

I want to look at you and tell you I love you.
I want to look at you and ask you to
no longer be angry and explain everything in me.
Tell you what I could not before for various reasons,
I want to hold you closely and know
you'll be there forever from then on.
I want to snuggle with you every night for all time.
Goodnight my sweet Queen and Angel so dear
I love you so deeply and I always will.

Michael P. McParland

Love Note 294

Sitting here alone
on this Friday night
dreaming of it being
just you and me wrapped up
in my big orange blanket
so warm, fuzzy,
and toasty cozy
as we just cuddle
and watch something funny
on the T.V.
A cozy night with
my beautiful Angel of light
wrapped up and filled with peace.
A night of warm delight
as we feel whole and happy
once again in each others arms
smiling content and feeling calm.

Sitting here alone
on this night and sending
all my warmth and love
to my soul mate who I adore,
with kisses and hugs galore
to cover you with
my heart and souls deep love.
I wish that you were here
to hold and give all my love
but as always dear I'm there with you.
So feel my arms around you
so very tight and feel the kisses
I give in passions light
I am yours now and forevermore,
Kira you are the only one
and I want to spend every night
through eternity in your arms
because you are a diamond in the rough
and I truly love you so very much.

Michael P. McParland

A Beautiful Afternoon With My Angel

Just arriving home from my afternoon
shopping getting some odds and ends,
it's a gorgeous day my sweet one,
almost as gorgeous as you except
that nothing ever is or will be my dear,
it's a beautiful day I wish I could
spend with you outside holding hands
with you in my arms basking in the sun.

Outside it's light and breezy
where we could still go outside
with out jackets feeling nice and easy,
while we sat in the sun if you felt cold
I'd just pull you in and hold you tight
to make you cozy feeling nice and warm.
A nice afternoon to sit and talk
with the one I love for all time.
A beautiful day with the Angel I adore.

In the evening we could make some sandwiches
and sit out with each other on a blanket
huddled up together keeping warm
in the love we share and feel within
ourselves for the other complete and through,
just smiling and feeling whole
on a beautiful day in Minnesota
with my sweet babe I treasure more than anything.
A beautiful one with my Angel
so beautiful pure and good.

At last my dear a beautiful night
wrapped up in a blanket together oh so tight,
snuggling, kissing and for once
knowing life and the world are right,
being with my love is what my heart
and soul truly need and this beautiful
day and night with you help light the way.
You are the jewel that sparkles bright
and helps guide me through the dark,

you are my Angel and it's with you I want to spend my life.
A beautiful afternoon into the night
is what I long to have here with you,
I love you Kira and I want to have eternal
beauty everyday spent with you.

Michael P. McParland

Love Note 293

Sweet love as I head out the door
I wanted to say I love you
sweet Angel from above
I so admire and adore,
I wish you were here to join me
as I go out to get my shopping done.
My heart will be singing to you
and as ever I'll be thinking
of you and by your side
hand in hand all the way.
You're not alone
and I am holding you
within my loving arms,
I miss you so much
and wish you were here
to just spend time with
and add such joy and fun
to a rather mundane chore.
I'll be thinking of you
and sending all of my
warmth and love.

I truly love you sweet dear
and want you to carry that
with you throughout the day
and everyday that comes
my sweet Angel dove
for even when you are in doubt
I am right there with you
giving my support
holding your hand.
I am yours for all time
and I'll never leave you
in the cold all alone.
Kira you are my one
and I give myself to you in full.
So stay strong for me dear
and have not a fear,
your Michael cares and will

take your hand so you won't fall
because I love you so very much
and through all eternity
I always will.

Michael P. McParland

Missing You On This Afternoon

As always I'm missing you on this afternoon,
I feel so alone and sit here bored
even as I play my NCAA Football video game.
I wish you were here to play with me
while we sat and laughed fooling around.
I wouldn't take it serious unless you wanted me
to push down on the gas and play my best.
I smile as I think of how that would be fun,
I'm missing you on this tired and lonely afternoon.
I love you babe and hope you'll be here soon.

Relaxing here with you and talking,
who cares about what as long as it's
a loving peaceful time with you.
To just sit and talk about all the things we've missed
and how we want to make up for all of it.
Work through those deep hurts and tenderly talk them out,
then just hug it out and kiss like we need
my beautiful Angel Queen I miss.
I'm missing you on this afternoon and want you here
with me through all time.

I'm just missing you my special dear for who you are
and all we have for each other still,
such deep love and good times in ourselves we can see,
such abundance within that we can feel.
A need for the one that we truly love and need,
A desire to have the Angel we know holds
such love that is unconditional in every way there is.
I miss you dear and just want to hold you near,
I love you more than anyone can ever know.
It is you Kira that I truly love and always will.

Michael P. McParland

A Quiet Morning

Good morning sweet babe and on a tired
morning here I wish I could spend it
dragging around the house with you.
Maybe rest a bit more while we snuggle up
or just silently sit with some gentle talk
while drinking coffee with light music on.
A quiet and peaceful morning with my only one
would be ideal on this lonely morning right now.
To just wake up with you is what I want right here and now.

It's payday today and the bills are already done
and to now spend the morning with you
relaxing would be the perfect thing.
Not worry about money too much as most
of the bills are now paid.
Just sit here and quietly think of
some fun things we could do on this noon.
A quiet morning my babe while I'm holding you
would be the ideal dream I want to have
this entire life through.
Quiet mornings with you just thinking
of loving and fun things to do.

I won't be going out shopping until
much later today and I wish you could spend
this quiet morning as we figured out just what we would need,
in our house together with a family so beautiful,
Kira my love a quiet morning with you
drinking coffee on the couch smiling
and snuggling while we plan out the day
is something I can't wait to share with you my darling so true.
Quiet mornings kissing and snuggling with my precious jewel,
nothing on earth could be better my sweet Angel so good.

So sweet kisses to you on a quiet morning
my sweet Angel dove.
Right now I'm alone here but hope I'll soon be with you,
to snuggle and wake up seeing you smile,
knowing I'll be warmly loved within your beautiful arms.

Knowing I'll be giving my all making
my Queen the happiest woman of all.
A quiet morning right here is what I will dream
and I'll send it to you for peace to feel good.
I love you Kira and hope you know how deep,
I want for you to spend loving and quiet mornings
for eternity with me.

Michael P. McParland

More Than You Know

I love you more than you know
sweet woman of my heart and soul,
I need you because you're the one
I truly love and trust with what I hold inside.
I've said more here for you than
I ever would for another soul
because I want you to know how much you mean.
I want it clear for all to see
that Kira is the one I love in every way
but there's lots of private stuff to say
and I'm dying to tear down these walls
and to you give it all away.
I adore you more than right now
you can know because you are the woman
I want in my life forevermore.

I want to be with you more than you can know,
to just spend time as we sit and talk,
to go out for beautiful walks side by side
holding hands and seeing the beauty that surrounds,
i want you with me while I watch Ohio State
to cheer them on with me,
to go out and eat or whatever we think
would be good for us that day.
I want to have you here with me more than you know
in every way my sweet Angel dove,
you brighten up and complete my soul
and I so badly want to be here for all your needs.
I love you madly Kira can't you see?
I know you do and can feel it too,
please come so soon and have no fear.
This man is on his knee and ready to do everything
he can and needs just for you my sweet precious jewel.

I love and want you more than you can know
right now sweet Kira so good and pure,
I want to kiss your lips and hold you close,
I want to share closeness with the only woman
and only soul I trust to give myself in full,

I want to snuggle and just feel safe
in finally being able to touch someone for an extended time.
I trust and love you more than you can know
and want to give you all the love that you deserve,
I feel so tired and very broken with how things are,
if I don't cry I quite often feel like it.
I miss my Angel who gives me reason to
feel good with hope and have a smile.
I love you Kira more than you can know right now.

I miss you and want to share my heart
and feelings just with you and not on here,
I want to build a life with a woman
so beautiful and truly great.
I want you here within my arms more than anything.
I just want to look you in the eyes
and let you see the love and truth I hold inside,
I want eternity with you as my Angel bride,
I want to give my Queen everything
great and wonderful that she deserves.
I love you more than you can know right now
and when you come I'll let it out
and give you myself in full.
I love you Kira and deep down I think
you know just how much I really do
because through our bond we know each other
in the most wonderful deepest ways.

Michael P. McParland

A Peaceful Evening

As I return from the store
with the items I need to make
a wonderful dinner I think of
and long for you to be here to join me
for a peaceful evening enjoying
each others good company and good food.
I long for and look forward to
a peaceful evening with you my sweet dear.

A peaceful evening with you in each others arms
while dinner cooks and comes to the perfect point,
watching a bit of light T.V and gazing
at each other smiling in pure warmth from our hearts
saying I love you my dear while we kiss
and from lightness of soul just laugh.
A peaceful evening with my one is everything
in the world I need and want.
A peaceful time with my girl so very beautiful and pure.

A peaceful evening with my sweet lady
for whom I would share a wonderful dinner,
then clean up for you and we could just sit back
and relax chilling out from the world and its stress.
A peaceful evening with you I look to God
and say is that too much to ask.
A peaceful evening of true love with the one I love best,
a peaceful evening with Kira the greatest Angel
and blessing for me that's come to pass.
A peaceful evening with the woman I want
for eternity as my beautiful wife.

A peaceful evening and night my dear Kira
are what I so badly need and want,
to cook for you and please you in every way,
see you smile as you feel and know
you are so truly cared for and loved.
To see you glow as I hold you and kiss you
so deep from pure love.
May God have mercy soon one day

and see fit to let us finally have our bright days.
Peaceful evenings with you are such a bright dream,
peaceful times in each others arms are what we deserve,
we've both been through a lot and have earned our
time of happiness in true love.
A peaceful evening is what I'll be dreaming tonight,
I love you Kira because for me you are
the worlds beauty and brightest light.

Michael P. McParland

Sweet Afternoon Kisses For You

Sweet afternoon kisses to you my sweet love,
how I want to snuggle with you
in a bed and a home that we share and is ours.
I wish we were sharing sweet afternoon kisses
snuggling in our own bed and home
as man and wife sealed for all time.
Sweet afternoon kisses to you in true
hope and prayer that it will be soon.

As I sit here and lay here on a day
so very tired frustrating and blue
I know you're mad at me and I wish
we were in our own home so I could
hold you close and give you sweet kisses
while I rub your back and stroke your hair.
Sweet afternoon kisses to you my lady fair,
sweet kisses to you all night and day.

Sweet afternoon kisses my Kira
and I so long for you,
to snuggle and kiss my sweet Angel and dear,
sweet afternoon kisses in our own
bed and own home,
a dream I hold and feel so deep in my heart.
Sweet Kira my love such deep and sweet
afternoon kisses to you.
I adore you my darling and I always will.

Sweet afternoon kisses so deep
to you my dear Queen
and be filled with all the loving
peace that they bring.
I love you so dearly and want
to begin our true lives together.
Sweet afternoon kisses my Kira so beautiful,
you are a jewel and the greatest woman in existence.

Michael P. McParland

Love Note 292

Good afternoon my sweet love
and as ever my heart
calls out to you.
Such a long day feeling
frustrated and blue.
These days stretch so long
and are so hard without you.
I just want to sit by you
and hold your hand.
Watch some T.V or watch
videos on YouTube.
A bit of music would do as well,
sharing great music with you
is a real dream.
I wish you were here to sit with me
as I go through my day.
Have the light of my Angel
shining on me.

Sweet love I am with you
in all ways that I can,
in spirit I'm holding you
saying don't worry
I'm with you, I love you
and it is okay.
I never abandon the one that I love,
you have my support
through everything,
side by side hand in hand
the whole way my true love.
Just reach out when you need me
I am always right here.
Massive sweet kisses and hugs
to you my sweet Angel dove.
You are a diamond in the rough
and I treasure you so very much.

I love you sweet Kira
and so wish you were here with me,

I miss talking and want
to hold you so near.
To kiss and to snuggle
while we feel at peace,
I love you my dear
soon please come to me.

Michael P. McParland

Good Morning Smile

Good morning sweet love and a big
bright shining smile of love for you,
I adore you so much my only one
and give you this smile and kiss to start the day.
Feel the warmth of my love as I send it
to wrap you up in its strength and support.
A good morning smile with kisses and hugs just for you.

A bright good morning smile to show you
how much I love you and care about my beautiful one,
A big smile so you will feel cheer
and show me your beautiful smile in return.
I love you my sweet one and when you
are in need of peace, strength,
and full warmth just close your eyes
and see that smile with my deep looks of love.
A smile and deep morning kiss for you my great one,
a deep kiss of pure love to you my Angel Queen.

A great big glowing good morning smile
to you Kira so beautiful and good,
feel my hand in yours and I walk by you
giving my endless love and support to my only one,
feel my arms around you as I so tightly pull you in.
You're not alone my sweet dear and you never will
as I give you sweet kisses the entire day,
big smiles for you because no matter how
I am feeling you make me smile my dear,
you are the Angel I so deeply adore and want to
be with you every day for all time.
Sweet kisses and smiles to you my dear one.

A big good morning smile for you
my only one and don't forget
I'm always here just for you.
With a smile and a kiss I say
I love you Kira my dear
I'll never forsake or abandon you
because you are my soul mate and best friend,

I'm sticking by you to no coming end.

Michael P. McParland

Early Morning In Your Arms

An early morning spent in your arms
and you within mine is what
I sit here now and dream of.
Looking in your Angelic eyes as we both smile
and share kisses of true and pure love
is everything I want here in my bed.
An early morning holding you
my sweet Kira so good is what I need
giving all the love I feel to you.

Early morning in your sweet arms
is what my soul needs to shake
these fears and nightmares.
Having you in my arms hearing you breathe
and feeling you beautiful heart beat,
that would reassure me that there
is good in this world.
Reaffirm faith that I have lost
in so much that surrounds.
Early morning spent snuggling
with my Angel now is a soothing thought
that I hope will come soon.

Early morning before we must rise
in your sweet loving arms
and you within mine kissing and basking
in each others glow and warmth
is all that I want because you are the one,
I love you sweet Kira and crave you
because you are so beautiful and good,
I've lost my faith in this word
except for you and another few,
you are the beauty I still know is real
and I want every day in your loving arms
my sweet Angel dove.
I want peace with each other for all time my dear.

An early morning snuggle sweet one
in each others arms is the beauty

within such a world that I need and want.
Looking at you and caressing your cheek
while lovingly smile and then kissing you
as we feel the electricity of true love,
every morning, every day, and every night.
Kira my dear that's what I want,
I love you so much with all of my heart and soul
because along with me they are forever yours
and yours alone.

Michael P. McParland

I Miss You 16

I miss my sweet beautiful Kira
so kind, wonderful and divine,
I miss you dear more and more all the time.
I miss my Kira and I want you here
within my loving giving arms.
I miss you darling more and more all the time.

I miss you my darling and it is a throbbing
aching pain with my chest that feels horrible.
Every night now I have nightmares
of being somewhere wonderful with you
and all of a sudden you disappear
without a trace and I lose you again.
Tonight that haunted my dreams once again
and it gets worse with every night
that comes to pass.
I miss you Kira please come so soon and fast,
I love dear and want you in my arms for all time
my dear Angel I adore and must have.

I miss you my Kira my bright and Angelic northern star,
I'm truly lost without you my beautiful one so good.
Please come and let me hold you close,
let me kiss you oh so deep and look you in the face
so I can say I love you babe you are the best.
Kira I want to have you forever in my life,
you are my dream and the person I love the most,
I miss you babe and I need you because of that true love.
I miss you Kira and I want you to know
it is forever just you I want for all time.
With our families and the one we build
I want to spend eternity surrounded in that love so pure.

Michael P. McParland

Relaxing Late Afternoon

I wish you were here to spend
a relaxing late afternoon with me
my sweet lady so dear,
just lay here and snuggle for
a short bit before dinner.
A small nap with my Kira would be perfect
sharing sweet kisses to relieve some stress.
A relaxing afternoon with you my dear Kira
would be the best.

Relaxing late afternoon is what I need
with only you my darling one,
to lay back and talk while in each others arms,
a peaceful and soothing time to melt away
all the frustrations I have been feeling,
to look at you and smile saying Kira I love you.
I want a relaxing late afternoon with my Angel
now feel my arms as I wrap them around you.
My Queen you are amazing and I adore you
and I just want you here to snuggle up
and feel comfort and warmth with.
You are a miracle and a blessing,
sweet Kira my darling let's snuggle and start relaxing.

Michael P. McParland

Beautiful Days With You

Thoughts and dreams of beautiful days
with you my Angel true are what fill
my heart and head through and through.
Your loving heart and soul fill me up
and make me glow with hope.
The beautiful days with you will come
and I can't wait for you to be in my arms
and for us to spend all that time holding hands.

As I go about some chores around the house
I dream of us and all the times we'll have,
I am feeling stressed and quite a bit on edge
but these dreams and feelings of us
just being in each others arms and smiling
is helping lift my heart to make it through
this day and through the dark.
Beautiful days with my precious one
are everything that makes this world worth staying in.

Beautiful days with you are what I'm striving for
and are keeping me going through these
many frustrating and tiring days I can have.
Knowing that one day soon I can be in your arms
while we talk and I can let go and cry
gives me the will to move along so I can see you again,
bask in the glow of my Angels smile and know
true closeness in true love with a precious soul.
Beautiful days with you are what I look forward to
and to give myself in full to you.
Beautiful days with a rare jewel that shines right through.

Beautiful days my one so soon I hope will come
so I can gaze in your eyes and stroke your hair,
rub your back and caress your cheek,
kiss you on your forehead and sweet delicate lips
and say I love you Kira you are great.
You are my hearts life beat and it will
keep on going just for you,
feel how it sings in glory and true love just for you,

I love you dear you are my Queen and deepest care
and I'm so overjoyed for endless beautiful days with you.
I love you dear and always will,
from within your beautiful heart, soul, and loving arms,
I'm so filled with light through your endless charm
and I'm thankful for this blessing of beautiful days
through all time with the Angel I so adore in every way.

Michael P. McParland

Morning Note 124

Good morning my sweet Angel dove
and millions of sweet kisses to you
and may the sun shine upon you today
so very bright and warm
filling you with all my love
as I send it to you.
I adore you sweet one
and tenderness fills
my heart and soul just for you.
God bless you sweet Kira I love,
I will be with you
holding your hand and giving
you kisses whispering
I love you babe you are the best.

I love you Kira
and so soon hope you'll be here
to start everyday with
by my side in bed so it will
be a bright one non stop
and I can see your smile
to start with a bright morning ahead.
I want to start each morning holding you
and having kisses so good.
God bless you sweet Kira
and I hope it will be
so very soon.

Have a great day my one
and you're not alone,
feel my hand in yours
and feel my loving smile
and looks upon you as well,
feel joy in your heart
and my strength in your soul.
I'm here for you darling
whenever you need.
Just take my hand as it's
right there and out for you.

Kira my dear I'll
never leave and abandon you.
Feel the warmth of my love
as it strongly surrounds you
my Angel of light.
I adore you because
you are my best friend
and I want to spend eternity
with you as your only man
and you as my only woman,
I love you Kira and want
each day to be with you hand in hand.
Kira my daring I want you
to be my wife forever and all time
because I love you fully
for just who you are,
you're a wonderful woman
that is my true northern star.

Michael P. McParland

Sweet Morning Time Snuggle

As I lay back down for a little more rest
let's share a sweet morning time snuggle my dear.
With you in my arms there will be peace,
feeling you next to me as we share our warmth.
A sweet morning time snuggle with you
is just what I want.
My sweet Kira in my arms would be the best thing on earth.

So my sweet darling let's curl up so close together
and snuggle for a few more hours this morning,
feeling content and safe with the most important people
we feel this kind of love for
we'll have a peaceful rest and snuggle so early this morning.
I so want to hold you and have my dear Angel with me,
I love you sweet Kira come join me for a sweet early morning snuggle.

Michael P. McParland

Night Note 112

Sweet love going about
doing a few things on this night
thinking about
and missing you so very much.
I'm sending you kisses
with all my warmth and love.
I'm still trying to shake off
the nightmare I had
of losing you.
You didn't leave me
but had just gone away
and never told me,
the dream playing on my fears
of being left alone and abandoned.
Losing you at all
is the worst thing that's ever happened.
I can feel your sweet love though
and it is help soothe and relax me.
Thank you my darling
it means so much to me.

I'll be laying back down
in a couple hours
for a bit my sweet one
and I just want to snuggle with
being wrapped in your loving peace.
Now after some food
and a soothing shower.
I feel a bit calmer
and just want to be in the arms
of my true and only lover.
Feel our hearts heal
as you rest your head on my chest
and we snuggle to rest.
I miss you sweet dear
and want to kiss you
deeply my Queen.
You truly mean everything my dear
and I want to spend eternity with you.

So feel my arms around you
and all my warm love to
as I sit next to you,
know I am true to only you
my sweet Angel beautiful.
I'll always be with you
all the way through
and I'll let you know
when to join me as I lay down,
I want you close in my arms.
I love you sweet Kira
and dream of you on this night,
feel all their happiness
and bright light.
It is you for eternity
I want in my arms.
Kira it is you I so want
and nobody else.

Michael P. McParland

Beautiful Kira 6

Beautiful Kira you take my breath away,
you are an Angel and a goddess in my view.
So very beautiful in every way there is,
both outward and within you drive me wild
with desire I can hardly bring myself to contain.
You are a gorgeous soul and I want to marry you.

Beautiful Kira you are so wonderful,
I want to have you here with me so I can hold you close.
I desire you for you are a precious soul,
I know I've known and loved you deep
since the very start of time,
you truly are my great best friend and you are my everything.
Beautiful Kira you are my Queen and my only one,
I give you kisses oh so deep and full of pure true love.

Beautiful Kira how could I not love you?
Because I know even when you're upset
it's because you're worried and you care,
no matter how you're feeling your love
is always completely there.
You show such care and full concern
from your precious heart and soul,
I love you beautiful Kira and I give myself to you.
Beautiful Kira you are the best it's true,
I want for you to be my wife and be with me forevermore.

Michael P. McParland

Sweet Late Night Kisses

Sweet late night kisses to you my sweet dear,
as I still sit here shaking with a few tears.
I reach out to hold you and say I love you
sweet Kira I hold so very near and dear in my soul.
I adore you and want you here with me forevermore,
sweet late night kisses to you my only one.
You are everything in the universe that I want.

Sweet sweet kisses to you beautiful Kira so good
and I just wish you could understand everything
going on within me and over here.
I'm not brushing you off or taking you for granted
as you are the most wonderful woman that's ever existed.
I cherish and desire you in every way,
sweet kisses to sweet Kira my Angel of light.
I want to hold you every night and everyday,
you are my hero, best friend and soul mate,
I worship you as my Angel bride so great.
I love you Kira sweet late night kisses to you.

I love you Kira please talk so soon
so can share with you all that is me
and celebrate all that is you,
I want to hold yo so close and give sweet kisses of love
just like the ones I send to you now.
Sweet kisses my dear to the most beautiful woman
in all ways that there are.
Let's snuggle sweet one and share sweet kisses so pure,
I love you Kira my darling better than gold
you are the most perfect woman there's ever been.

Michael P. McParland

Nightmares (Losing You)

Just waking up to the worst
nightmares there can ever be,
losing you unexpectedly.
So sitting here shaking
and I just want to cry.
Such wretched nightmares straight from hell
where I lose you my sweet dear.
I wish you were here to hold
and chase away these shakes and near tears.

Waking up now shaking and about to cry
from nightmares of losing you in my pointless life,
losing you would be the very worst,
even in just a dream it breaks me right in half.
Nightmares haunt me almost every night
but these are the worst.
I love you Kira my sweet dear
and I can't keep losing you my dear.
You are the only one I want in my arms
and it's a living nightmare without you,
please wrap your arms around me in spirit dear
while I now bury my face and break down.
The tears from the nightmare are here
and I really need you bad.
I love you Kira dear you really are my everything.

Michael P. McParland

Afternoon Snuggle

Come join me sweet one this afternoon
for a sweet snuggle so very peaceful and calm,
I'm so very tired and sore and want to
spend some time in your warm and kind loving arms.
A afternoon snuggle with the one I adore
is everything I need and want within this world.

I'm so very tired my love so please
come snuggle and nuzzle with me my beautiful girl.
Though right now just in spirit
I will be so proud to feel you arms
wrapped around me in such deep true love.
Come snuggle with me sweet Kira I adore
and want within my life forevermore.
Let's have an afternoon snuggle of rest
being with the ones that we love best.
You are the Angel that knows me best
and I just want to feel your love as I peacefully rest.

So my sweet love come slide into bed with me
and let me wrap you up within my arms
to keep each other feeling safe and warm,
then rest your head upon my chest as we
smile and sweetly kiss feeling contented peace,
put on my audio book and drift away
on a story so interesting yet with
a British narrator whose voice is soothing.
All the more just snuggling with my lady
helping sooth my aching heart and soul
are the medicine I truly need.
So please sweet Kira come and snuggle my dear so good
I love you more than anything and I want you here
to hold and complete and together at one.

Michael P. McParland

You Are (Sweet One)

You are my sweet one near and dear in my heart.
I would do anything for you including
give up my life.
I adore you sweet one and have such abundance
in my heart for you of love and joy.
I want to marry you sweet one
because I am enamored with you,
you are my Angel sweet love and a beautiful jewel.

You are my sweet one and I love you my dear,
feel and hear my hearts call
as it is just for you.
My heart is yours and it forever is.
I adore you dear Kira you are my sweet one.

Michael P. McParland

I Miss You Dearly 2

I just got back from shopping
about 10 minutes ago
and while out I thought of you
very very many times
and a few I wanted to cry
because I miss you my dear so very much.
I want you to be with me everywhere
spending time hand in hand.
I miss you dearly sweet one
and want you right here in my loving arms.

I just thought of you and how much
I want you to be there by my side
as we walked around picking up
what we need and stuff for fun
and how I wish you could be here
to enjoy the pizza I'm making for lunch.
I miss you dearly sweet one
and want to look you in the face smiling
and say Kira I love you
you are so great.

I miss being able to just look up at you
and as we smiled saying silently
I love you my dear.
I miss knowing I could just reach over
and give you a hug even though
being so young I was to scared to.
I wish I had and been able to say
I love you so much.
I know though you saw it in my looks
and felt our spirits lovingly touch.
I miss you dearly my Kira,
I miss my sweet Angel dove I adore so very much.

I miss you dearly sweet Kira
and wish you were here to spend time
putting away the groceries we bought
while listening to fun and good music,

then just sit down till lunch
and hold each other so very close
sharing sweet kisses of true love.
I know you're with me and that feels so good
and I'm with you too my Angel of Gold,
I just wish you were here to safely hold.
I miss you my one you mean more than the world,
I miss you dearly sweet Kira
and will until you are here in my arms.
I love you my Kira so beautiful and pure
and I'll never abandon you you have my word.

Michael P. McParland

Morning Note 123

Good morning my sweet Kira
ever so beautiful and good
I send endless passionate kisses
of true love to you.
I know you are mad I just
want you to understand though
why I have been so quiet on this end.
I have been so tired and
am doing the best that I can.
I love you dear woman,
you are my everything
and I would give anything
for your beautiful hand.
I wish you were here
to see all that is going on
and how I feel.
I wish you were here just to hold
and give everything I am and have.
Kira I adore you sweet one,
I love you deeply
my sweet Angel dove.

Do have a great day
sweet Angel I need,
I will be by you holding you
as you want and need
giving you kisses
so pure and deep,
hand in hand my sweet dear
giving you all my support.
Feel all my warmth and love
as it surrounds you in full.
Kira you are my Queen
and my heart is tender for you
no matter how angry you feel,
it hurts when you are
and I hope you'll see there
are no excuses from me
because I adore you in full.

I've just been so extremely tired,
stressed and burned out.
I love you darling
and just want you here in my arms.
I want the Angel I love
to hold me too because
it's that comfort right now
I need most of all.

I'm out the door in two minutes
for some early shopping this morning
and I wish you were here to join me.
To spend time with my darling lady
but I will be thinking of you
and sending my love,
be filled with its hope and warmth
on this early morn
and know I am with you
my sweet precious one.
Be filled with my strength
and peace.
I love you Kira please smile for me.

Close your sweet eyes and see
me smiling at thee with
all my looks of love just for you,
love overflows from my soul
for sweet beautiful Kira I love,
feel my hand in yours and arms around you.
Never forget it is you
that I truly love.
Kira my dear you are the one
to me who matters most
and I send to you
millions upon million
of kisses and hugs,
feel all of the love and warmth
that they hold.
I adore you my sweet Kira
as you are my only one.
I just want to be with you forever in joy
my sweet Angel dove.

Michael P. McParland

Wishing You Were Here

I wish you were here to share
this tired and lonely day.
To brighten it with your glowing face
and spirit so bright and full of love.
I'm wishing you were here to hold
and so I could be held by the Angel
I deeply love and who cares.
I wish you were here so life would be good.

I wish you were here to talk to
about everything and help ease
the frustrating pains that I feel.
You are the one that's always helped
ease the pains in my soul and heart,
you always made me smile and laugh
and miss you my dear and all of that.
I wish you were here to help catch the tears
and drive them away with your hopeful cheer.

I wish you were here just to sit with
hand in hand in each others arms spending time,
no walks right now as I am in pain
and my right leg is dragging on me.
I just wish you were here because I love you dear
and you are everything I want and need.
Kira sweet love I wish you were here
because you are the one I adore and makes everything good.

Michael P. McParland

Morning Note 122

Good morning sweet love
and millions of sweet kisses and hugs
I send you way.
Let them fill you
with peace and comfort
knowing I'm here for you
and always will be.
I love you immensely
my sweet Angel dove.
You are my universe
and a miracle I adore.

I'm sorry I dropped off yesterday.
I was so exhausted from no sleep,
and then so filled with
contented peace having those
beautiful dreams of you and me
and I was filled with all of the love
you send to me and I fell to sleep.
I'm sorry sweet one
and I truly love you
my beautiful pure Angel so good,
please understand though
I feel so burned out from so much
and I will as always give you my best.
I'll be writing you as always today
please give me understanding
and time because my mind
is moving slow and my body is in pain,
I will be here though I swear.
I love you my lady
and don't want to let you down.

Sweet kisses to you
my sweet dear and have
a bright sunny morning so clear.
Feel all my love as it surrounds you
and feel my big loving arms around you,
know I'm right beside you

giving you my full support and love,
see and feel my big smile
and deep tender looks of love.
You are my Angel and I adore you so much,
you are the dove of peace in my heart.
You are the reason I go on
because otherwise I'm ready
to completely give up and go home.
My love for you is truly that strong
and I want you to know
how deeply I care and how great that you are.
I love you Kira and want
you to smile for me.
Have a great day in all of my warmth
and don't forget I am with you
holding your hand.

Michael P. McParland

Love Note 291

Good afternoon to you
my sweet one,
I truly hope you're
having a good one
wrapped in the loving warmth
and sweet Sunday dreams
I send your way.
Sweet kisses to you
my Angel so good.

I'm so very tired
from my sleepless night
but will not lay down for awhile
because I wish you were here
to slip under the covers
and snuggle as we fell
to sleep dear.
I miss you so much
and want us to
both be in comfort and healed.
I love you sweet Kira my dear
and I'm holding you tightly
smiling within my sweet Sunday dreams.

I will be with you
right by your side holding you,
giving my love in full
complete and unconditional.
I'll be there for my Queen
no matter what.
I love you sweet Kira
you are the best.
So feel all my strength
as I send it your way
and be filled with peace
for I love you so deep
and I'll stand beside you
forever my sweet
Angel so deeply adorable.

You are the one
whom in full I treasure.

Michael P. McParland

Sunday Dreaming 2

Sitting here on this Sunday near noon
and feeling very tired from not sleeping
the whole night before
so I meditate on sch beautiful dreams
of you and me spending this day
in each others arms.
I'm dreaming of just being with you
my sweet Angel dove.

I'm here Sunday dreaming about
us just spending the day leisurely
as we rest a bit and just
enjoy the day together ever so close
forgetting the world in this window we can.
I'm just dreaming of being with you
and having no specific plans.
Just to be with each other and snuggle
sharing sweet kisses while talking.
My mind wanders over every subject
and that's how we always went about it.
I'm Sunday dreaming of having time with my precious Angel.

On this Sunday now my sweet one I dream of you
being here in my arms and send you
these dreams for cheer with all of my warmth and love.
Feel peace my sweet dear and know
my hearts with you as it always is
and I'm holding you close in my loving arms.
I'm dreaming of what I know will be the future
if we just talk and grab it.
A beautiful Sunday relaxing with the woman
I love with everything I am.
Sweet Sunday dreams where the smiles are real,
sweet Sunday dreams where you we are at one.

Sweet Sunday dreams my dear one and I'm not letting go,
I'm sticking by you my only one,
my heart is yours and I adore you so
and I'll sit back now and drift into these dreams

where we are snuggling the whole day
talking and laughing as we want and may.
I'm dreaming of you my sweet one
because I long to be with you through all time
and I love you immensely my sweet Angel dove.

Michael P. McParland

Good Morning Kisses Of True Love

Good morning sweet love on this fairly
early Sunday morn and to start it of
I give you deep kisses of true love
to fill you with warmth and deep reassurance
that I care for you and love you so much.
I give to you on this day so new
good morning kisses so sweet filled
with everything I hold in my heart and soul for you.
I love you sweet Kira and wish you were here
to spend the day and just have a good time with me.

With these deep kisses of love I also wish
that here on this morn we could just
lay in bed and snuggle for a little bit more.
A good way to start each day would be in your arms
gazing into your eyes and saying I love you my dear
and thank you for being here with me.
It means everything in the universe to me
to have the sweet Queen I so deeply want with me
here in my arms and my life to share everything with.
I wish on this morn we had just a few extra hours
in each others arms.

Good morning to you my dear one and I kiss you
so deeply and ever so proud with all the love that I give.
To spend this morning with you would be grand,
to just take it slowly and have you beside me
would make the sun so much brighter
and it's warmth ever greater.
Sweet good morning kisses to you my dear one
and in all ways I am there holding you close,
stroking your hair and rubbing your back,
softly speaking to you of how much I care
and will stick by your side through thick and thin
no matter what because I love you completely
and give you my total support.
With sweet morning kisses of true love
I swear it to you.

Have a good day my precious one
and may the sun shine so brightly upon you
and God bless your beautiful heart and soul.
Feel my hand in yours and see my smile
and deep looks of pure love.
Take strength my darling for I send mine to you
and take comforting peace in these kisses
I give from my very core to you on this day.
I love you dear and feel it all as it
surrounds and protects you.
Have a great day for I am with you always
hand in hand every step of the way.

Michael P. McParland

Sweet Sunday Morning Snuggle

It's early morning Sunday sweet one
and there's no reason or need to get up
so let's just roll up tight under the covers
and have a sweet loving snuggle
of peace and warmth with each other.
Let's share a Sunday morning snuggle today
and just kiss away our aching longing pains.
I'll pull you in my sweet one
for a Sunday morning snuggle so fine.

A sweet Sunday morning snuggle
with my sweet one is what is
so very needed and wanted.
Spending time in the arms of my one
on a Sunday morning so very young
is the things of divine dreams I've had.
Come my sweet one into my arms
and let's snuggle away this early Sunday morn.

I love you sweet one and on this
very early Sunday morning I reach out to pull you in
and give a sweet kiss of pure
as we get ready to share a sweet loving snuggle.
I want to wrap up with you and forget the world
for awhile and lay here in peace snuggling
with my sweet precious Angel.
Hold me back tight my sweet one
and heal each others hearts.
I love you babe and I want nothing more
right here and right now than to snuggle with you
my sweet Angel dove.
So let's curl tightly together under the covers
and share the most wonderful and loving sweet Sunday morning snuggle.

Michael P. McParland

Night Note 111

Trying to keep myself
busy on this sleepless night
and thinking of you
and hoping you are alright.
Sending my prayers
with all of my love and warmth.
I have such deep tenderness for you
and hope you know how much I care.
I'd give my whole life just for you my sweet one,
anything for you my sweet Angel dove.

Not much to do on this night
and in spirit sweet one
I'm giving you kisses
and snuggling so tight.
I just want you to feel peace
knowing you're loved
and I so wish you were here
to show in full and share mine.
You're not alone my sweet one
and I'll dry your tears as soon as I can.
You are a beautiful Angel
my lady so grand
and you deserve the best that there is.
Sweet kisses to you my Angel Queen.

So on this late night
my sweet Angel of light
take comfort in knowing
I'm with you holding your hand
and feel endless peace in your soul.
You are deeply loved and cared for
and on this sleepless night
I think of as always
and keep a prayer for you,
just reach out if you need
I'll always stand by my lady.
So with a sweet kiss
let's snuggle in spirit my dear

because I just want
to be with my lady I hold so dear.
I love you sweet Kira and I always will.

Michael P. McParland

I Ache

I ache for you always my darling one,
to be with you and hold you here in my arms.
To spend time while talking
or just sitting together in quiet peace,
I just want to be with you
because I love you my dear.
I ache for you because you are special
and mean so much to me.
I want to spend my life with you by my side.

I ache my darling for what I feel in my soul
by that I know you are the only one
and not having you near hurts so very much.
I ache to have you in my whole life,
I ache for you Kira because I want you as my wife
and to spend eternity with you as my Angel bride.
I ache for you because you're so good,
Kira my one I love you deeply
and being away from you hurts immensely in every way.
I ache for you because I love you for you
and miss my sweet darling one.

Michael P. McParland

Sleepless Night 2

A sleepless night sitting in bed
with so much on my mind and heart.
I'm worried about me,
I'm worried about you,
and I'm worried about what we're gonna do.
I'm worried sweet one you're mad at me
and I'm worried about when I'll see you again.
I miss you sweet one and love you true,
I wish you were here to hold and talk to.

A sleepless night where I wonder
and worry if you are alright.
I wonder and worry if you are mad
and what more I can do for you
and if I've failed you again.
I worry you're hurt because I know you are
and I am too my sweet one
and want to be there for you.
I'm worried for you because
I love you my dear.
I'm worried because I can't be there for you.

A sleepless night where I wonder and worry
over how lonely life is
forever would be if I completely lost thee.
I worried for so many reasons
I can't even state them in the slightest
except that I'm truly worried
that I'll never get to tell you how much I love you
and how much you have meant to me darling.
I'm just worried at all the time that we're missing.
It's a sleepless night and that won't be changing.

It's a sleepless night and I hope you know
I love you truly because you are an Angel sweet one
and I am not crazy.
I know what I know deep in my very soul
because you have touched me so deeply.
I love you sweet Kira you're truly amazing

and I'm sending my love to you my dear lady.
Feel it wrap you up on this very night
for as I sit here awake I'll be praying for you
to feel all of the truth that I hold.
I care for you immensely and worry it's true.
I love you sweet Kira and I'm here
with my heart and arms wide open in love.
In spirit feel me holding your hand
as I sit here on this sleepless night
sending you all my eternal warmth and love.

Michael P. McParland

Goodnight Sweet One 5

Goodnight sweet one I love
now let's go to bed
and share a long and warm snuggle
sharing sweet kisses of true love
that's so deeply felt between us.
I want you my dear right beside me
as I hold you near and tell you I love you.
Goodnight my sweet one and let's
go to bed and snuggle tonight away.

Just rest your head ever so lovingly upon my chest
and I'll hold you so tight through the night.
I send you all of my strength and comfort
to fill you with peace knowing I love you,
wrap up in my love and warmth so you will
feel safe knowing I'm with you.
I'll be holding you close stroking your hair
and rubbing your back as I softly speak
telling you how important you are
and what you deeply mean to me.
Listen for my voice as I say Kira I love you
and you are the best.
A diamond in the rough who shines brighter than the rest.

I'll see you tonight within the land of dreams
where we will walk in the park
under the moon and stars hand in hand
just talking and enjoying our time as one,
then after a bit I'll hold you while we
just sit down and relax for awhile.
Just giving you comfort and peace
in your heart and soul.
Tonight we'll walk in the park
in the land of dreams.
Under the moon and the stars my sweet one
one day for real.

Goodnight my sweet one I love very much
and I send you these millions

of great big kisses and hugs,
feel my arms around you as I pull you in
and now let's go to bed and snuggle sweet one.
Feel peace and comfort within
you beautiful loving heart
and God bless you in all my sweet little one,
know I am with you always my one.
I love you deeply and utterly completely
Kira my dear you mean everything to me.
So come take my hand and let me show you,
goodnight my sweet one I completely
love and adore you.

Michael P. McParland

Night Time Conversations

I miss you dear for who and all you are
and I can't wait till you're here again
to just feel your glow and bask in it's
hope and warming joy.
I miss you dear in full because
you are my Angel oh so good
and I miss our conversations most of all.
They were filled with all our feelings,
all our thoughts and all our souls.
Our night time conversations were the best.

It felt good to end the night by talking
and sharing everything with my Angel bright.
I was so soothing, calm, and relaxing
to just unload to each other all the while smiling.
Talking about both big and small.
Sharing emotions, happy, sad, upset,
or a mix because we both listened and that helped
by giving our support or advice.
We gave what was needed because we feel true care
and love between us dear.
Our night time talks were the best
and I miss those dear because I miss you.
You are the one I love more than anything.

I miss our night time talks because
I could feel you close as I read or heard your words.
I would be filled with hope and endless joy,
talking to you made my whole night good.
Our night time talks were the best
because I was talking with my love
as we gave our trust and deepest selves.
I miss our night time talks where we
would wrap the day in each others loving words.
A way to help get through the days
until we come together once again.
I miss talking to my true love right before I go to bed.

I miss you dear because you're my one

and I want to talk to you every day and night.
Profess my love time and time again
and just have us share what's in our hearts
and on our minds my only one.
I love you dear and so soon want you here
to hold within my arms.
So we can talk and look into each others eyes,
glory in the glow of both our smiles.
Feel the love within the air
as what we share grows each and everyday.
I miss you dear and I love you so,
I truly want to talk to you
and share with you everything there is to give.

Michael P. McParland

Sweet Thoughts 2

Sweet thoughts of sweet you
as I sit here wishing you were
by my side and in my arms to hold.
To look in your eyes and say I love you dear
you are the best and beautiful my one.
Sweet thoughts of you fill my heart,
soul, and head as I long to have you near.

Sweet thoughts of all we'd do
as we walked hand in hand the whole day through,
no matter where we were or how we felt
we'd be holding hands in precious love.
I want to have you in my life sweet one
because it's you that holds my heart.
Such sweet times I know we'll have
because we share a bond of true and solid love.
I know our time will come and I'll give you
all the best I ever can.
I show my Queen all the love that she deserves.

Sweet thoughts of kisses short and sweet,
sweet thoughts of kisses so long and deep.
Sweet thoughts of you and me as we
go along through our lives together
held in love so strong.
Sweet thoughts of you my sweet one.

Sweet thoughts of us my darling one
and all the good times we've had.
The talks, the laughs, the smiles
that came with loving looks.
Feeling your eyes look through me
as I was scared but still wanted you to see
through to the core of me
and feel all the things I had to share.
Sweet thoughts of wanting to know
my sweet Angel dove in full.
Sweet thoughts of you my dear sweet one.

Sweet thoughts of you and how good you are.
Sweet thoughts of how you're the one I adore,
sweet thoughts of what a blessed gift you are.
Sweet thoughts of you sweet Kira my only one
and how I love you and want you as my bride.
Sweet thoughts of you and you being in my arms,
sweet Kira my Angel Queen I love you please come so soon.

Michael P. McParland

Evening Note 69

Good evening sweet one
Ohio States game is over
and of course we won.
I thought of you many times
and wished I was with you holding hands
and snuggling close on the couch.
I miss you sweet one
and long for your touch.
To feel you next to me
as I hold you close
and the personal touch
of your personality and quirks.
Those are the things I really miss.
My sweet Angel it's
you in whole that I miss.
Seeing your smile as you make the room glow
and hearing your voice
just saying sweet things.
I miss you dear and my heart is with you
as am I my sweet one.

Not much to do on this evening
here my sweet dear
so I'll just be picking
at odds and ends.
I wish you were here
to snuggle close to
and just share the evening
being silly fools.
I know it will come
but still I wish it were now.
I long for you darling
and deeply yearn.

I'll be sending you
my all of my warmth and love
along with kisses and hugs
ever so big and thinking
of things that we could do,

I'll share those dreams
and send them to,
for comfort and with a smile
so we can feel close.
You are my dreams
my sweet Angel Queen.
You give me reason to hope
and shine on.
Take peace my lady
I'll never be gone.
I'll be holding you tight
the entire night long
saying I love you Kira my only one
I promise I'm with you the whole way.
So have a good evening
and as always you will hear from me.
I love you sweet lady
and adore you so,
I'm reaching out to hold your sweet hand.

Michael P. McParland

My Heart Melts For You 2

My heart melts for you in full,
with the love that you give
and all the love that I feel
my heart melts for you
and your beautiful heart and soul.
I love you completely for you
my sweet Angel dove.

When I look in your eyes I see an Angel,
I see the woman I've known
and truly loved forever and ever.
I feel a connection that's been there
since times start.
My heart melts for you because you're my soul mate,
my heart melts for you because you are beautiful.
My heart is yours forevermore.

My heart melts for you my sweet Kira,
I knew you were the one when we first met.
You touched my soul in the deepest of ways
and my heart melted in your tender hands.
You are the Angel that speaks to this man,
my heart is yours because you are the one.
My heart melts for you my precious dear,
I love you forever and stick by your side.

I send you my song of sweet loving care
because even through my heart melts
over your tender love and caring.
I feel it all the way here and
it is true my sweet one
my heart melts for you because
I love you completely just for you.
You will always my sweet Angel and Queen.

Michael P. McParland

Love Note 290

Sitting here this afternoon
and thinking about you
as always sweet one.
Wondering where you are
and hoping you're alright.
Wishing you were here
to spend this afternoon
and whole Saturday with me.
To sit and watch the game
when it comes on
in just half an hour.
Or I'd even turn it off
and sit and talk just for you.
Go for a drive or for a walk.
As long as I was with you
I'd be having fun and feeling good.
I miss you my precious one.
I love you my sweet Angel dove.

I love you dear and my
thoughts, heart, prayers,
and I are with you all the time
and I hope soon I'll have you
here wrapped tightly in my arms.
I hope you feel just
how deep and wide my love flows
as I send it all with my
abundant warmth to you.
I'm thinking of and calling
to you oh my one.
I hope you are okay
and doing good.
I fear your hurting though
and I can feel it too.
I love you though
and you know it's true.
You're my everything
my sweet Angel bride.

Sitting here on this afternoon
I'm sending all my love
and prayers to you
and soon I know I'll be
able to show you all the love
that you deserve.
I'll give my Queen
all the best I have and could.
I'm going to treat you like
the saint you are.
Kira my dear you are my one,
you are my soul mate and best friend.

I wish that you were here
but I'll be right beside you dear,
hand in hand giving all my support.
Remember love you're not alone,
Michael here won't hurt
his cherished one because
I love you completely with all I am.
I am here dear when you need
so please don't fear to grab out for me
and I am by your side in spirit
in true love and want to give.
I love you Kira my sweet dear,
I'll never give a single inch
on my standing by your side,
you are the one I love the most
and eternity is what I want
with my Angel I adore.

Michael P. McParland

A Big Warm Hug 2

A big warm hug for you my sweet one
to say I love you and you're not alone.
You are beautiful my dear in all ways there are
and I care about you my sweet Angel dove.
My heart is so filled with true love
it overflows close to making it burst.
My soul shines so bright in your greatness dear,
you are the light that gets me through.
A big warm hug to you my sweet dear.

A big warm hug of true love and support,
please don't be sad or upset.
I love you darling and truly give you my best,
you're everything in this life I need and want
you are the one I feel close to,
you my sweet one are my hero and best friend
and we share a bond so strong and I'm thankful for.
A big warm hug to the wonderful lady I love.

Feel peace in your heart and comfort in your soul
I'm right here my sweet love and I'm right here for you,
I'm not going anywhere because I love you so deep,
I care for you immensely and give you all of myself
A big warm hug of pure love for you my sweet one,
a big warm hug because I love you completely
with all of my soul and my heart.
A big warm hug my sweet one to give you peace in your soul,
remember and feel all that's within me my sweet Angel dove.
My heart and soul are all yours for all time.

Michael P. McParland

Sending My Sweet Love

I'm sending all of my sweet love
to you in full my sweet one
to fill you with warmth
and give you deep reassurance
that I'm there with you hand in hand.
I'm sorry sweet one if I've in any way fallen short
so as ever I'm sending all of my sweet love to you.

I'm sending all my sweet love to you
because I adore and cherish you my dear,
I want you to always know how much I care
and treasure you my sweet Angel dove.
I'm sending my warmth as well
to wrap you up in its protective warmth.
All of my sweet caring love
to you my sweet one.

I love you dearly and so tenderly
and I want you to feel that securely,
that's why I send it and say it daily.
I love you my Angel so sweetly
and I know you love me too
and it touches me ever so deeply.
Kira my love you are my everything
and I give you my heart and soul freely.
You are my Queen and I say that proudly.

So today and everyday before and here forward
I'm sending my sweet love to you darling,
bask in its glow as I do yours
and know that there is no fleeting in its truth
as it's all for you my sweet Angel so true
and it has no end because it is for you
you're my greatest truth in the deepest love that there is.
I love you Kira and send it all strongly to you,
I love you darling and I always will.

Michael P. McParland

Sweet Saturday Morning Kisses

Sweet Saturday morning kisses to you
my sweet precious dear.
How I wish you were here to hold
and spend the day just relaxing
and enjoying time with each other.
Sweet Saturday morning kisses to you
my sweet darling Kira.
A sweet Saturday I wish I could spend with you.

A Saturday morning I wish you could
spend here in bed with me sharing
sweet kisses while snuggling.
A Saturday morning just lazing around
and talking about everything we want.
Sweet Saturday morning kisses to you
my lady so good and beautiful.
Sweet Saturday morning kisses to you
Kira my one and true love.

Another Saturday where I wish you
could be here with me this afternoon
to watch Ohio State play and win again.
I'll be thinking of you the entire time
and wishing you were here while
I send you all of my warmth and love.
Sweet Saturday morning kisses to you
Kira my sweet Angel dove.

Sweet Saturday morning kisses to you
and have a great day my only one,
I'll be there with you by your side
forever hand in hand.
You're never alone my Angel Queen
and I'll be holding you close my dear one.
Close your sweet eyes and see my smile,
I wear it for you my true best friend.
I'm always with you my sweet one,
sweet kisses to you my Angel Queen.

Sweet Saturday morning kisses to you
and I love you my one.
I can't wait to give you sweet kisses
everyday no matter the times.
Feel the warmth of the sun as I send it your way
and by its warmth be filled with my love
as I send all of it to you.
Sweet Saturday morning kisses my one
I love you Kira and always will.

Michael P. McParland

I'm Always With You

I'm always thinking of and praying
for you my precious dear.
I'm always here for you if and when you need,
and I am always by your side in full support
so you'll know you're not alone
at that I truly love you so.
I'm with you in spirit at all times
until we can be together again as one.
I'm always yours sweet one and yours alone.
I'll never leave you this I swear.

I'm always thinking of you
wondering and worrying if you're okay.
I'm always praying that you are well
and that you'll know and feel all of
the loving warmth I have for you
and send to wrap you up in comforts strength.
I'm always sending prayers for you
so you'll know that I'm with you
and that you'll always have the best of days.
I'm always wondering over you
with tender feelings so true and pure.
I'm always hoping and praying you are well
because I love you more than anything.

I'm always working on those things I need
so I can do my best to not stumble there again.
I always work so hard because I want to be
the perfect man for my perfect one.
I'm always giving you my best my dear
this to you I deeply swear.
I'm always working hard and giving you the best
I can because I love you deeply my treasured one.

I'm always by your side my precious one
hand in hand my love and care are never done
I'll always be your loving faithful man.
I'm always with there holding you so close to me.
I love you dear and I always will,

you're my Angel and my Queen the most important
and beautiful woman there is to me.
I'm always with you my sweet dear.

I'm always here for you my dear
and I will be to no end.
I support and love you in every way there is
and I just want to spend this life with you
and journey through to the next.
I love you Kira you're the best.
I'm always here for you when you need
and I swear to you I'll always be.
I love you babe you truly hold my heart,
I love you Kira and I'm always here
I swear to you I'll never part.

Michael P. McParland

Saturday Morning Snuggle

Another early morning Saturday has come
and here it is a rather chilly one.
What better way to greet this one
than to lay in bed with my lovely one
and snuggle away in each others warmth?
Nothing sweet one and I wish I could spend it
in bed with you so close within my arms.
A Saturday morning snuggle with you Kira
is what would be perfect on this early Saturday morn.

An early Saturday morning sharing sweet kisses
and smiles so big and filled with the joys of our love,
a snuggle to just focus on each other before the day starts.
An early Saturday morning snuggle with my darling Angel
where I can just wrap you up in my arms and say you are wonderful,
say that I love you and I'll never leave you.
A joyful early Saturday morning snuggle
with my beautiful precious Kira.

It's early Saturday morning and here it is quite chilly
and I wish I could snuggle with you just wrapping up
in each others arms and our endless love.
Get prepared for the day by just getting lost
in each other and the love that we share.
Kissing and talking a little while resting a bit more,
a Saturday morning snuggle with my only one
is what would be best right here and now.
That's what would always be best with you my sweet Kira.

A Saturday morning snuggle with you is what
I dream of sweet one as I send all my loving warmth to you.
As I sit here this morning with not much to do
I wish it was spent snuggling so sweetly with you.
Soon my sweet dear I know it is true
and then each Saturday morning and all
I'll spend snuggling with you so just feel my arms now
as I wrap them so warm and tight around you
and hear my voice as I say Kira you're great
and I love you more with each day.

Let's snuggle this morning in spirit and soon my sweet Kira
I'll have you here giving endless snuggles and kisses.

Michael P. McParland

Reaching Out, Snuggle Up

Reaching out on this late night
to pull you in for comfort and warmth,
to give you a kiss and say
I love you babe you are the best.
I just want to hold you in my arms
each night and day through all time.
I'm reaching out for you to snuggle up.

I'm reaching out for the one I love
to dry your tears and fill you up
with all my strength and love I hold.
The love I hold for you is unconditional
and infinite so come snuggle up
and let me give you peace of heart and mind.
I'm reaching out to snuggle up with you
and give you all the love I've got
to wrap you up inside it's care.
Let's snuggle up and forget all the cold,
I'm here sweet one so take ahold.

So come snuggle up my precious one
I just want to have you here within my arms,
to give you my love and feel all yours too.
So we can both delight in the kindness
that we both feel, have and share.
I'm reaching out for you my beautiful one so good,
let's snuggle up and feel some cheer.
Let's snuggle up because I love you deep,
I'm reaching out sweet love because you're the one
and I'll never want to snuggle up
with anyone but Kira the woman who holds my heart and soul.

Michael P. McParland

Night Note 110

Waking up ever so slightly
anxiously wishing I was
next to you my precious sweet lady.
I truly love and miss you immensely,
and just want to snuggle
so tightly with you.
I adore you my lady
and this small waking anxiety
will pass ever so quickly.
I just wish it could be
in the arms of the universes
most beautiful Angel.
The woman I adore who's
named Kira.
I you you my darling
more than anything
anyone can imagine.
To me you are the most important person.

As I lay here shaking off
this little anxiety
I send you sweet kisses
of tender love and desire
with hugs of strength
to fill you with my warmth.
Oh my sweet Kira remember
my big smile and feel safe.
You know I'll forever be
here to protect you,
I'll always be here to give
you endless love, comfort,
and deep affection.
I love you Kira
you are my greatest
and good addiction.
You keep me going and living.
I love you sweet lady
you are my everything.

As I seem to be done
sleeping in these present hours
I'll get up and take
a most refreshing shower.
Perhaps that will wash away
the last of these pains
in my body and help
renew me in many ways my darling.
I thank you so deeply for
all of your love and caring.
I'll be thinking of you
and sending all of my love
as I push myself
through this little bit
and take great strength
in the knowing and feeling
that your immense love
is always giving.
Sweet Kira you are amazing.

So on this night
my dear lady as I get ready
to go about getting
a few needed things done
I say to you
I love you my dear one
and thank you deeply
for all of the wonders
in your love and caring,
thank you for being there
and sending me such
powerful loving.
I adore you sweet Kira my Angel Queen.
I'll be think of you so
sweetly and smiling so greatly
as I send to you my love,
warmth, and full caring.
I give you kisses and great
big hugs of peace and strengthening.
I love you Kira you are
a miracle and I thank you endlessly.

Michael P. McParland

Goodnight My Sweet Queen 4

Goodnight Kira my sweet Queen
I'm still so tired and sore
come wrap up together tight
and let's go to bed.
Rest your head upon my chest
and snuggle up with some sweet kisses
and go to sleep.
Kira my sweet Queen let's go to bed
and snuggle this whole night away.
I only want you in my arms
as we peacefully drift away.

Goodnight sweet Kira I'm so very tired
and I just want to hold you and kiss you.
Now let's just drift off to sleep
as we talk ever so softly.
I want to hear the sweet voice of my Angel
as we are surrounded by the warmth
of our souls sweet loving.
Goodnight my sweet Queen it is of you I'll be dreaming.
I love you Kira and can't wait for you to be here
you are my beautiful woman and I truly do
cherish and treasure you.
Goodnight my sweet Queen and I am right there with you.

Michael P. McParland

Cozy Up

Let's sit back just now sweet one
and cozy up in each others arms.
Believe it or not I'm still so tired
and my body achs from top to bottom
so I just want to cozy up
with a contented peaceful smile
with the woman I truly love.
Come sweet Kira and I'll hold you close.
Let's cozy up in our shared
true loving warmth.

Oh my sweet Kira I love you so
and I just want to feel cozy right by you.
In your arms so loving and so warm,
the perfect place to feel loved.
My sweet Kira let's sit back and cozy up,
I want to hold you close so you'll
know and feel how much your loved.
Let's relax and just take peace
in the caring love we share.

Sweet sweet lady and my true love
come cozy up in my loving arms.
I am so in need to give and recieve
all the love we share.
I want you here to hold and give all I have,
I just want to snuggle and tell you that you're loved.
I want to feel peace here with you in my arms,
I just want to be with you all the time.
Kira come cozy up because I want you to,
I love you deeply and you give me peace
in all your caring loving warmth.
Let's cozy up and feel happiness in
our contented and peaceful caring warmth.
I love you Kira the very most.

Michael P. McParland

Love Note 289

My dear sweet Kira
I love you so very much.
This morning while lying here
in all that pain both
inside and out I felt you there
holding me and giving me
the sweetest kisses of love
and I was able to relax
and fell back asleep
for the longest time
until about an hour ago.
Since then I just laid here
crying awhile in thankfulness
but because I wish you were here.
I ache for you sweet Kira
my Divine Angel of earth.
Please forgive me for where
and how I have fallen short.
I love you deeply with all
of my soul and my heart.
Kira you are the reason
that I keep on going
because a love like ours
trancends earthly meaning.
I won't leave you behind
broken and freezing alone
my sweet lady.
You truly are my everything.

My dear sweet Kira
I know you are hurting
and I promise I will hold you
forever and ever.
I'm dedicated to the only woman
who I love so very deeply
and so very special.
I won't let you go
I solemnly promise.
So my sweet love

even though I am still in pain
all over come join me
in spirit as I get up a bit
to finally eat something
in close to two days.
Sit with me and hold each other
so very close.
I'll give you a smile
as I always happily say
Kira I love you
my precious one.
I need you because
you are the one.
Kira my darling life is nothing
without my northern star.

My sweet darling Kira
I truly love you so much
feel all of these kisses and warmth.
I'm holding you tightly
and thank you so kindly,
sweet Kira as we now get up
feel my hand as it's in yours
and take strength from
your Michael who will
always give you his everything.
Thank you sweet Kira
I love you immensely.
Come and let's hold each other
as we go about this night
together in spirit and soon
in person my sweet Angel so splendid.

Michael P. McParland

Early Morning Snuggle 3

Come and let's just snuggle this morning
my sweet Angel dove I adore.
I need your comfort so badly right now
and I know you need mine as well.
An early morning snuggle with my love
is needed for I am in pain
all over my body and inside I ache
for the one I love truly.
An early morning snuggle is what I desire.

I miss you so much my sweet Kira
and love you so deeply I just want to hold you
and tell you that you mean so much to me,
I want to feel your healing as you hold me,
snuggle with me here on this morning sweet love
and give each other comfort
I love you sweet Kira and want you to join me
in a truly peaceful and loving early morning snuggle.
Kira you are the cure for all the sadness and pain
that is hitting me right now.
I adore you sweet one and want us to be in each others arms.

Michael P. McParland

Love Note 288

I love you sweet lady
and I'm sorry I was gone so long,
I feel asleep from
all the exhaustion
and only now just got up.
I'm still in a lot of pain
and am going to just lay here.
I feel like crying
from missing you and
how bad I hurt all over.
I love you sweet Kira
and wish you were here.
I just want to give you
sweet kisses while I hold you.
I want to talk to you
and help you see everything
that is within me.

Sweet lady I'm still here
I promise and assure you
because you are the
greatest reason from and of love
that I still live.
I love you more than anything.
I'm still in such pain
my sweet Angel dove
and I'm going to just lay here
with some audio book.
Feel all my love as I send it to you,
please sweet Kira reach out
and hold me so tightly too.
Your love is what I truly
want and need.
I love you my lady so
very tender and sweetly.

Michael P. McParland

A Small Rest, Aching And Exhausted

A small rest my dear to
help escape the pain for a few
and hopefully clear up
my somewhat foggy head.
A small rest to recharge a bit
and hopefully feel refreshed.
I need a small rest my sweet lady
and promise I'll soon be back up.
As I close my eyes I send you
a great big hug and kiss.
I love you Kira and I always will.
A small rest now for this exhausted aching man.
I'll be dreaming of good times with you.

Michael P. McParland

Feeling Your Loving Comfort

Sweet lady as I'm lying here
in pain and not feeling well
my thoughts and mind were wandering around
and suddenly I could feel
all of your loving comfort and peace
fill me up and ease some the pain,
your sweet loving comfort has helped
me to relax a bit more,
I love you sweet lady and from my soul
I say thank you.
Your sweet loving strength is a
God send and blessing as are you my dear darling.

Michael P. McParland

Good Morning Sweet Love

Good morning my sweet beautiful love
and to start the day I send you this kiss,
may it fill you with all my loving warmth
to give you a bright happy day.
Feel my warm loving smile upon you
through the suns shining rays.
Let's just snuggle for a few more minutes.

I'll be in bed for the next two days
most likely sweet one,
I'm in pain and not feeling well
but I'll be sending you all of my love
and as always in spirit I'll be by your side,
you're not alone I promise sweet one,
I'm always with you no matter what
and though mostly confined to bed
I'll still be writing for you,
I'll be singing to you in full voice my love
and I'll let you know how all here goes.
I am here my sweet Angel just for you.

Have a truly blessed and loving warm day,
close your eyes and see me looking at you
as I always did so tenderly and feel me near,
sweet kisses all over always my dear.
If you start feeling lonely or hurting
think of my face and even reach out.
I'm here for you darling no matter what.
I love you deeply my sweet Angel dove,
you are a peach and the apple of my eye.

So good morning sweet Kira and sweet kisses so deeply
truly do have a great day and that my true love
surrounds you in its strength love and deep caring,
feel peace in your heart and feel comfort
within your gorgeous heart and soul.
I love you sweet Kira and you deserve a great day,
so as you do start it give me a big shining smile
and remember you're loved and needed because you are important,

you're appreciated, deeply cherished, and a true treasure.
Have a great day my Queen Kira the whole time I'll be with ya.

Michael P. McParland

My Desire

My desire sweet Kira is to just be with you,
the one I adore and love in full
sharing our lives giving everything.
My desire is to be with my Queen
as we live in and celebrate true caring love.
My desire is to give and receive love
I know is unconditional and real
and I feel that for you and I know
you feel that for me.
My desire is to spend my life and all time
right by your side holding your hand.

My desire is to spend time with you
doing fun things we want to
and just sit and talk as we used to.
My desire is to work through all things
in this life with the woman I love
and give my undying endless support
and in return I know I'll always have theirs.
We've been there for each other sweet Kira
to give confidence and our love.
We've always supported each other no matter what.
My desire in life is to have the one I trust,
to spend this life and the next.

My desire sweet one is you as you are
because I know what a beautiful
heart and soul you have,
I know and see just how gorgeous you are,
Kira my love you are that great desire
and the overall great desire to be with the one
who touches your soul and lights up your world.
My desire is you my sweet Kira
because I love you deeply and want us
to always work together for the happiest life
in the pure and true love we share.
My desire is to be with my hero,
my best friend and soul mate,
my desire is to be with my beautiful Angel.

Michael P. McParland

A Middle Night Snuggle Of Warmth

A few hours of light and somewhat fitful sleep
and in comfort and love sweet one
I pull you in for a warm snuggle
and sweet kisses filled with light.
Something to help warm us and make
us feel happy and light here tonight.
I'm wrapping my arms around you ever so tight,
a weary yet happy smile for you on my face.

As I wake up here for a little while longer
I want to lay here first and so tightly hold you,
then give you a kiss and say I truly love you.
I want to be here with you like this forever my darling,
middle night snuggles and kisses with my sweet beautiful Angel.
Knowing contentment and peace because I am with you.

A middle night snuggle with you
even in spirit fills me with such deep endless comfort,
it helps bring lightens of beauty
in all things before and around me.
A middle night snuggle with my sweet Queen Angel
is what makes everything else in this life tolerable,
to have the love of the woman I so adore
in every fashion helps wash away all other tensions.

After a few hours of light fitful sleeping
I reach out to you for both of our comforts
and wrap my arms around you so tightly
for a comforting and loving middle night snuggle.
Sweet kisses as well with a smile so big,
I love you Kira and you are the greatest woman
and I adore you in full.
Soon my sweet late let's do these snuggles for real.
I want us both to have comfort and the
loving peace we've been deserving.
We deserve to be happy with each other our
best friends and true loves.

Michael P. McParland

Goodnight My Sweet One 4

Goodnight Kira my sweet one
I am so very tired let's go to bed
and share a few kisses as we snuggle up.
A few sweet kisses of deep love from the soul and heart
and then cozy in to get a good night of sleep,
or the best I can manage on this night.
come snuggle with me and we'll find
true loving comfort with the one we love.
Goodnight my sweet one I love you so much.

I'm sending you all of my warmth and love
with tender looks and deep messages
of true caring love from my heart.
I'll be holding you so tight through this night,
just rest your sweet head upon my chest
and together in deep comfort
find peaceful sleep in contentment together.
Snuggle to me so very tight
I need to feel you so close tonight
my dear sweet Angel of light.

I'll see you tonight in the land of dreams
where no matter what we can always meet,
tonight just to lay on a blanket in the grass with you
smiling, snuggling, kissing, talking, caressing
and to our deepest cores feeling so good.
Tonight my darling in our sweet dreams
I'll be with you and I just want
to hold you and feel your sweet warmth.
I love you Kira my only one.
This man misses his best friend
and wants her to come back,
I need you so much to stop this aching need
that throbs within my soul.

Goodnight my sweet one I adore you my love
come and let's snuggle to sleep.
I want you so much to know what you mean
and hope you'll very soon talk to me.

Goodnight Kira my sweet one
my heart in full sings out
Kira I love you and you are the brightest thing,
the brightest hope and the most wonderful
blessing of love in my life.
I hope to have eternity with you as my bride,
the most beautiful and wonderful woman
to this man in the history of the world.

Michael P. McParland

My Beautiful Woman So Good

Kira my beautiful woman so kind and good
let's just hold each other right now.
Just gaze at each other in our loving truth,
share some sweet kisses being filled
with divine healing peace.
My beautiful woman so wonderful it's true
come hold me and I will hold you.
Let's find the comfort we need in each others arms.

My beautiful woman I'm so thankful for
I just want to gaze into your sweet eyes,
show you the truths of my inner soul
as I say I love you sweet lady
you're my only one.
My beautiful woman I truly adore
let's just wrap up right now
for awhile in each others arms.

My beautiful woman so true and good
let's just lay down in each others arms,
just talk with each other and passionately kiss,
personal time in your arms is what I want,
I need to hold you my dear beautiful one,
I just need to feel you right next to me.
Let's snuggle sweet Kira a let our hearts
find peace and so they will stop hurting.

My beautiful woman come and let us just snuggle
sharing this time that can be just ours,
let us lay down just smile in bliss,
smile at each other like old times saying I love you,
just get lost in the magic that's us
let's lay down my beautiful sweet woman.
I love you and forever want you to be here
by me the man who will honor and protect you forever and forever.

Michael P. McParland

Tender Evening Time Thoughts

Tender evening thoughts and feelings
for you my sweet darling special one,
gentle and tender loving thoughts
of being with my adorable one
I so deeply care for and cherish.
My heart aches and yearns in pure love
just for you my sweet dear.
It calls out wanting you right here in my arms.

Tender evening thoughts of you and I
just laying here side by side
feeling content knowing that this life is ours,
that we will work it all out
and show the whole world what true love can do.
Sweet tender thoughts I feel
in your dreams as well.
Tender evening dreams that will one day be real.
I'm thinking of you sweet Kira my dear.

Tender evening feelings and thoughts
that I send to you for joy and warmth,
to reassure you I'm here and will never leave you.
Sweet evening thoughts of the Angel
that I never in the slightest way forgot.
Tender feelings and thoughts for the woman
I'll give all I have through this life too,
for the woman I treasure more than anything.

Tender evening thoughts for I will share with you,
for when I tear down these walls and in full
truly give myself in trust to you,
sweet tender thoughts of a love
so few on earth have ever known
and how much I treasure the woman I share it with
through all space and time.
Sweet tender evening thoughts for my Kira so good.

Tender thoughts my sweet love
of just you and me laying here talking,

just sharing our thoughts and our feelings,
it may be about something and it may be about nothing.
Who cares though because we would
be together and we would be happy.
Tender thoughts and feelings for my Angel so regal,
gentle love and care in my heart
for the woman I want to marry.
Tender thoughts and feelings of such
deep caring and loving.

Tender thoughts my sweet lady as I lay here
longing and yearning so very strongly.
I just want to be with my lady
and give you all this love that I carry,
I feel such deep tender joy and need
to have you and to give all to you.
Tender feelings of true love for my only lady,
tender thoughts on this evening of all
that we'll do and happiness that we'll have
when our time soon arrives,
tender thoughts on that
I truly love you Kira without a doubt.
You are a treasure and a star so brightly shining.
I send to you as a shared gift
these tender thoughts this evening.

Michael P. McParland

Love Note 287

I call to you my treasured one
and send to you all my
deep tender love,
feel the strength of its warmth
as it wraps you up.
I love you sweet lady
so beautiful and good.

I'm sending you kisses
straight from my heart,
the very heart that is yours
through the rest of time.
I treasure and cherish you
my sweet darling Angel.
I just want to hold you
forever and ever.

I love you my darling
and through the evening
will be holding you closely.
Know that I am with you always,
I'll be right by your side
lovingly holding your hand.
I'll be smiling at you
giving sweet kisses of love,
Kira my darling you are my one.

Kira you are an Angel
and a true saving grace.
I adore you so very much
and want to be with you each day,
I want to spend eternity
as your forever man.
I want to spend eternity
with you as my wife.
God bless you my darling
and more poems will be coming.
I love you sweet Kira
my Queen so amazing

Michael P. McParland

Lying Here Dreaming

Lying here in bed and dreaming you're with me,
as I relax to the soothing chords of Mozart
I still feel the ache in my heart
and the deep need in my soul.
I'm dreaming of you being right by my side
holding each other in peaceful content.
I'm dreaming of what needs to be real.

I'm lying here longing in these soothing sounds
wishing you were here to enjoy their divine chords.
I'm dreaming of lying here with my lady
feeling comfort and peaceful holding you so very closely.
This is the thing I'm in need of.
It's the thing we're both in need of.
Time with each other to just heal and feel good,
time to just kiss and relax while we talk and rest.

I'm lying here dreaming of being
with my sweet precious lady,
the Angel I cherish above all else.
I miss you sweet lady and need you so badly
my heart aches deeply even when I'm feeling happy.
I need you because I truly love you
and I dream of you always.
Even more so though now as I feel
so exhausted and spent and it's true
at this very moment more than ever
I only want you,
I just want to here you voice and feel your skin,
be surrounded in your caring warmth
while we just lie here and talk.
I dream of you because you are the best.

Lying here dreaming and reaching out for you darling
come snuggle up close to the man that so loves you,
feel the sweet tender kisses I so gently give you
please come so soon so our broken hearts can be mended,
I'll do everything in my power to give you
all the love through this life you've been deserving.

Kira my darling it's always been you I've been dreaming,
you are my Queen and my Angel,
from the very start I cherished and adored you,
I love you deeply and have so much to give you.
You deserve the best this world has to give you.
So feel all my warmth as I lay here for awhile,
I'll be dreaming of us and all of our future smiles.

Michael P. McParland

To Just Hold You 2

To just hold you now is what I need
and everything that I want.
I'm so exhausted and struggling to stay awake
and feeling a bit down today
missing you so very much
and wanting to just talk and hold you,
that's what I want and need so very bad.

To just hold you right now
and share our warmth in loving peace
would be the perfect cure for the day.
To just hold you so close
and say Kira you're so great
and I love you so truly deep.
Please don't be upset forever my love,
I just want to give you all that I have.

To just hold you now
would be all the comfort in the world,
I miss you sweet one and want you
here where I can kiss you each day.
To just hold you and tell you
that I love you most,
to just soothe the ache in our hearts.
To just hold you right now
would cure so much of the deep seeded ache.
I love you Kira and just want
to hold you right now.

Michael P. McParland

My Sweet Angel 5

My sweet Angel I adore you so much,
I just want to hold you close
and be surrounded in your love.
A love that heals and a love that is pure,
true love that's unconditional from a great heart.
My sweet Angel I love you so much,
my sweet kind darling Angel I want to be with you now.

My sweet Angel there isn't anything
I wouldn't give you,
I just want to be there for you through eternity.
You hold my heart which is filled with pure love,
a pure love so clean and true just like yours.
My sweet Angel on earth I miss you so much,
sweet Angel my dear you are the best.

My sweet Angel Kira you are so beautiful
I truly just want to hold you
and feel your spirit so near me.
I just want you near because
you are sweet Kira.
You are my sweet Angel and I so truly love you.

It's you my sweet Angel Kira I want in my life,
I miss talking and laughing and knowing
you're just a phone call or message away,
I miss you my sweet Angel you always brightened my day.
I just want to be with you in every way,
just a day in your arms would be heaven on earth.
My sweet Angel so good you are the best.

My sweet Angel Kira I just want to share our whole lives,
support each other in love that's so very true.
I want to give you all the best that I can,
you are a great woman who deserves endless love,
I love you completely with all that I am.
Sweet Kira my Angel may God bless your heart
you are the woman that I want to be with forevermore.

Michael P. McParland

I'll Be Thinking Of You

As I go about the few things I need to do
I'll be smiling sweet one and thinking of you.
You make the day brighter with the sweetest smile,
you make the colors more vibrant with your loving spirit.
You make everything better because
you are my Angel and I so deeply love you.
I'll be thinking of you because you lift my heart
and you make it shine and sing.
I'll be thinking of you my sweet Angel Queen.

Michael P. McParland

You're An Artist

You are an artist my dear and I always saw
the gift of God given divinity in you,
you are an amazing talent and I am in awe of it,
truly not one bit jealous.
Well just the tiniest bit but I love you so much
and just feel pride in your talent and work.
Kira you are an artist and I applaud it,
you are a craftsman and I adore it.

Though I have never seen most of your works
I know they are there and I can't wait to see them,
to marvel in the beautiful creations
and visions of my divine Angel.
To get lost in the heart mind and soul
of the mysterious woman I've always treasured.
Kira you are an artist and a magnificent woman.
How could I not love you you're perfect?
I never pay lip service so you know that I mean that.

You draw, and you paint, and you write many things,
I know sweet lady love that you even write songs.
All stuff I've know but didn't know what to say
until this poem hit home.
Just how matters not now I just want to
tell you how wonderful you are
and how proud that I am for the artist of love that you are,
how proud that I am in my fearless Queen.
Fearless because you take on what is there,
not fearless just because it isn't there.
True courage is going along no matter
how strong the fears,
and you are a courageous one my dear.

You are an artist and that's just one of
the aspects I love of my soul mate,
and truly I promise I feel not jealous,
just proud and joyful over the woman
I deeply love and care for,
the woman I want to be with seeing her art

forever and ever.
Sweet Kira my love you are an artist,
and you are amazing and so very talented.
I love you my lady and look forward
to seeing all you have created.
Sweet lady my artist it's you I so deeply admire and cherish.

Michael P. McParland

Morning Kisses Of Light

Sweet good morning kisses to you my dear one
and may today be filled with sunshine for you,
I'll be sending you kisses while
smiling just for you the entire day through.
Good morning kisses of light to you my sweet one.

I'm still lying here resting wishing
I were holding you near.
I feel exhausted and just want to
spend awhile snuggling in bed with you.
Feel total peace and comfort to relax in your warmth,
to be fully at ease before I get up myself.
I send you sweet kisses my dear.
Feel the suns early warm greetings and smile for me.

Have a great day my Angel and remember I'm with you,
hand in hand as the day goes I'll be right beside you.
You'll be in my arms just like you always are,
I love you sweet Kira and feel peace on this morning,
I'm sending you kisses and hugs so big and warming.
Take strength my sweet Angel in all that I send you.

Sweet good morning kisses my sweet darling Angel
as I rest a bit longer I'll be dreaming you're here,
just snuggling and relaxing a little bit more
so feel all of the loving warmth that I send.
You are amazing and so important to me,
you're my special Queen and true everything.
Sweet good morning kisses my one
I love you so deeply and so very much.

Michael P. McParland

My Hand In Yours Sweet Love Forevermore

My hand in yours forevermore
my sweet precious Angel of love.
I'll stick by your side as your only one
and I'll hold you in my heart and soul just the same.
You are my true love for whom
in my heart burns an unquenchable flame.
A flame of compassion and tenderness,
a flame that gives me such happiness.
A flame of eternal passion for the
woman I love and so deeply miss.

My hand in yours forevermore my sweet one
because I can't imagine existence
without you by me too.
I can't imagine just how truly sad that would be,
you are my Angel and everything.
I'll fight for you just as you will for me
making a life so very happy being fulfilled
My hand in your hand forevermore,
you'll have my sweet love for eternity
as I know I'll have yours.

My hand in your hand my sweet love forevermore
because I truly adore you for just who you are.
You give me such reason and make me happy so deeply,
I want to give you such complete happiness too.
I want to give you the love which you've so deserved,
my heart and soul are yours forevermore,
with sweet kisses of love and gentle tender looks.

My hand in yours with true love at my core
it's unconditional in this bright flame that burns.
I want to be with you and I want to share with you,
I just want to be by you as your hero and man,
living as equals giving total love,
I'll stick by you forever because I love you so much.
My hand in your hand my sweet Angel dove,
I cherish you deeply my sweet Angel bride.

Michael P. McParland

Night Note 109

Sweet one I love
I hope you are sleeping so well
and feel and the warming
love and care that I send.
I hope you're reveling
in that sweet dream of
love in our future time,
I pray you feel the freedom
of pure hope and just like me.
I smile at you my sweet one
because you are my Angel
and everything.
You are amazing
and a miracle to me.

My heart sings to you
on this late tired night.
It sings to you
the songs of love
that in all the best ways
remind me of you.
My heart calls out
saying Kira I love you
and you are the best.
I so adore you
sweet lady I so deeply respect,
I can't wait to hold you
and share all of myself.
Tear down the walls
and show you all that is there.
I trust you sweet one
and it's you my heart calls to
as it will forever be yours.

Sweet Kira my lady
continue to sleep ever so sweetly,
rather awake or resting
I'll be here when you're waking.
I'll stick by you dear

forever and ever.
True love never falters
even when we hit the hard times.
I'm here for you
and in spirit right beside you,
and so very soon
I'll be by your side
to give my full loving support in person.
I'll be sticking by you
to give you the love and attention
a Queen should always be given.
I love you Kira
feel peace in your heart
as I so tightly hold you.

Michael P. McParland

Goodnight Kira My Only One 4

Goodnight Kira my true Angel of light
let's wrap up so tight and share
some deep and sweet kisses of true love
from our souls and hearts.
I want to be near you through my whole life
and end every night in the arms
of Kira my sweet Angel bride.
Let's share some sweet kisses
before we drift of to sleep.
Sweet kisses and a snuggle of true warmth and peace.

I'll be up a while but I'll
be holding you so very tight.
I'm sending you all of my warmth and love
my sweet Angel so good and right.
I'll be with you always to give
you all my comfort and strength.
Sleep peaceful sweet lady because you are with me,
just rest your head gently upon my chest
and we'll softly talk while
I stroke your hair and rub your back.
Feel true contentment in our shared love
as you so softly drift off.
I'll be giving sweet kisses
and saying Kira I love you so much.
You are the beauty of an Angel both awake and asleep.

Tonight I'll send you a dream
where we'll sit by a fire out in the woods
just so quietly and peaceful together.
I hold you so closely and keep
you warm there the whole time.
A sweet dream of just being with my sweet Angel lover,
a beautiful dream to look forward to
when all has come together and it's you and me.
Have faith my sweet one
I know we will make it.
True love like ours will not be defeated,
so feel the warmth and happy peace

of this beautiful dream.
I'll never give up on you my beautiful one.

Goodnight Kira my one and true love
I send you sweet kisses and these great big hugs.
I'll be right there with you
snuggling up so close.
I'm here for you Kira if you need me at all,
no matter when no matter for what
I'll stand by my lady so proud
giving you all my support.
Just feel my hand as I take hold of yours
and feel safe peace and comfort
in your big beautiful heart.
I love you so deeply and treasure you
as the rare diamond you are
I want to be with you for eternities song,
you're everything that I need and want.
Goodnight my sweet one and take
strength in your heart
because your Michael loves you and he always will.

Michael P. McParland

Sweet Snuggle, Sweet Kisses

Let's not yet go to bed sweet lady I love,
let's just wind down in bed for now
snuggling and spending time with each other.
Just listen and talk while sharing sweet kisses,
just feel close in our warmth as we
just hold each other in comfort.
We'll wait for goodnight and just snuggle
as we lay here in spirit together.
I love you sweet Kira and will forever.

Let's just share a sweet snuggle with sweet kisses
of deep caring passion.
I need time with my lady I so deeply
care for in all fashions.
I just want to be near you and admire your beauty,
you are the picture of beauty's perfection,
I so deeply adore you and will always give you
my full and undivided attention.
I could just talk to you and listen forever.
Come my sweet lady for a beautiful snuggle.

A good long snuggle each night before sleep
is what will always be perfect to me.
We've come through so much and such things
I want to make up for lost time with my Angel Queen.
So a sweet snuggle sharing kisses and talking,
let's not yet say goodnight my sweet one
and hold each other so tight.
I love you Kira and need you in my arms.

Michael P. McParland

You're Special To Me

You're special to me in every way.
There isn't anything I wouldn't do
just for you.
To make you happy or keep you safe
including give up my life.
To dry your tears and takeaway all your fears,
to heal all your hurts both physical
and those that bleed deep inside.
You're so special to me I want you to see.

You're special to me because I
truly see all of your beauty.
Your love and your care with so
much deep love to give.
A true Angel to me my sweet lady so fair,
with beautiful eyes and a smile that shines.
You awaken true deep desire of love
and I feel sweet passions burn.
You're special to me in every way that you see,
and in so many ways only spirits can feel.

With a connection seems old as time
we weren't looking for love but found each other.
You are my best friend and true soul lover,
you are special to me because I feel your spirit,
I feel its strength and its caring
and right now its deep down hurting.
You're special to me and I want to heal it.
You are my everything and I truly mean it.

You are special to me in ways I can't describe,
earth does not have the words descriptions I need,
only actions can work and I want to give you
the most selfless acts of true love anyone can.
Show you that you're the most important
person in heave or on earth.
I will prove it to you my special one.

You're special my dear because you're great I know,

you are a wonderful woman I admire and adore,
I just want you to be you
because I feel in love long ago with my special one.
Just know that you're special and so truly loved,
I'll be there right beside you through all space and time.

Michael P. McParland

Wonderful Woman 3

Wonderful woman I want you here
just to hold and share our sweet love,
I want to just be with my Angel
I hold so very dear.
Wonderful woman I send sweet kisses
and warmth to you from my heart.

Wonderful woman you're all I need and want,
I just want to have peace at each others sides.
I want to have true love with my sweet one
beside me through all space and time.
Wonderful woman you're the apple of my loving eye,
you are amazing and a treasure I hold so high.
You are the Angel my heart calls to
and lives for.

Wonderful woman I so long for you,
I want to sit here talking with you.
As we hold each other and just relax,
share the sweetest kisses feeling
the gentle love we hold inside.
Wonderful woman you're all that I want.
I love you sweet lady and send you
all of my warmth and my love.

Michael P. McParland

Big Kiss And A Smile

A big kiss to you my sweet one
with a big smile filled with true love.
True love for my lady who I find so grand,
with a big kiss and smile to give you my warmth.
A big kiss to you with a smile of joy
sweet Kira my love I so deeply love you.

A big kiss of comfort to you my sweet one,
a big smile to brighten your day.
Sweet kisses and smiles because you are my one,
Kira you are the most beautiful woman on this whole earth.
A big kiss and smile filled with pure love.
You are the Angel I truly care for and love.

A big kiss and smile to say I love
and miss you so much.
A big kiss of peace to soothe your sweet heart.
A big smile for you so you'll always know
that I am here for you darling no matter what.
That I am faithful to you in every way.

A big kiss my darling just to
give us both smiles.
You fill me with sunshine and so many feelings,
I adore you sweet one and will through life
give you endless kisses.
I love you sweet Kira please smile for me.

Michael P. McParland

Your Sweet Warmth

Your sweet warmth envelops me in whole
it makes me feel so good and loved,
you give me comfort and you give me peace,
sweet Kira your warmth helps steady me,
my Angel your warmth is a gift I so truly love.

Your sweet warmth fills my whole body
and soul with light and love.
I feel whole content and complete
whenever you are around and share your smile.
Kira your warmth is a blessing
I thank you for and in return
I give you mine complete and full.

Your sweet loving warmth
makes me want to hold you so close
and show you the love you truly deserve.
Just comfort you and heal your aching heart,
show you I'm here to listen
and to give you everything I have got.
Your warmth gives me a reason
to still believe there's beauty and good
in a world I feel far apart.
Kira my dear you're the love of my life.

Your sweet loving warmth is the greatest
and with you all that I want,
eternity in true caring love with my righteous Queen
giving of ourselves if full as we always have.
Your sweet loving warmth and true beauty
are the greatest my dear.
I cherish you deeply for just who you are.

Kira your sweet loving warmth is a true gift from you,
and you my sweet lady are a true
blessing and gift straight from God.
You are the most wonderful person
he ever brought into my life
and your sweet warmth has given me endless strength.

I'll thank you forever for all of your giving
I love you sweet Kira and I will forever.

Michael P. McParland

Love Note 286

Sending sweet kisses
to you my sweet one
and holding you near.
Feel all my love as I
send it to you
for peace and comfort
I know you need.
I'll be with you always
my dear.

Sweet kisses to you
on this afternoon.
Oh my sweet Kira
I so deeply love you.

Michael P. McParland

You Are My Light 2

You are my light, you are my joy
and without you it's all gone,
it only returns in any way at all
when I can feel your spirit strongest surround.
You are my light and I love you so much,
you are my everything Kira
please come back.

You are my light who cuts through the dark.
I've said it before but all of my love
bares repeating again and again.
I want you to know that you matter
and just how much you mean.
You are my northern star
who illuminates everything.
You are my light and I miss you so much.

You are my joy that makes me smile
so very big and proud.
You make me happy because you are who you are,
I feel cheerful to bursting when you're around.
You are the joy in this life I have found,
Kira you're an Angel so truly divine.
Kira you're amazing and I want you to be mine.

You are so beautiful Kira and the woman I love,
I don't have the words or descriptions
beyond what I've used to tell you how much
and just why I do.
Just know that I adore you and give my life to you.
Kira you are my Angel and I want
to spend eternity in true and pure love with you.
You are my Queen sweet beautiful you.

You are my light, and you are my joy
sweet Kira my dear please come to me now.
I drop on my knee to the only person I ever would
and ask thee sweet Kira will you honor me?
Will you give me happiness through eternity?

I'll give you my all and everything.
You are my Angel that lights up my soul,
I love you Kira for you are my joy.

Michael P. McParland

Morning Note 121

Good morning sweet one
I hope caught all the
beautiful dreams I sent to you
and to start the day right
I send great big kisses
of deep passion and love.
May your day be the brightest
and happiest its ever been.
Sweet Kira my one
i love you more everyday.

I hope you felt me
there with you the whole night
holding you close and ever so tight,
with those millions of comforting kisses
I'll never stop giving you.
Kira my love I'll forever
stay right by you.
You're the Angel that gets me
through each day that goes.

I'll be sending all of
my endless warmth and love
as the day goes.
I'll be right by your side
hand in hand.
If you start feeling lonely
just close your eyes
and see my endless loving looks and big smile.
Then say my name
and hear me whisper
I love you Kira you're my everything,
you are my sunshine
and Angel so good.

Have a great day my love
and remember I am here waiting
I love you deeply
and will always protect you,

you have my support
through anything and everything.
You are my lady so truly amazing.
So sweet kisses to you
on this morning here
and I'll be sending you more
as this day passes and goes.
I'll be here praying for you all the way,
I love you sweet Kira
and await your Angelic word.

Michael P. McParland

Early Morning Snuggle 2

Still a few hours before needing
to rise in these early morning hours.
A perfect time to just snuggle
and stay ever so warm with my beloved one.
A perfect time to just hold you close
and give you soft gentle kisses
my sweet Angel dove.

Still hours sweet one before we must rise
so give me an early morning smile sweet one
and then a sweet kiss as I pull you in.
An early morning snuggle to feel
true peace, comfort and warmth of the soul
in the arms of my precious darling only one.
An early morning snuggle with the only woman I'll ever love.

Michael P. McParland

Sweet One Of My Dreams

Sweet one of my dreams,
I smile tonight on your memory.
Sweet kisses and big hugs to you my only one,
soon in real life sweet kisses all over you,
sweet one of my dreams my Angel so good.
Sweet Kira my sweet one I so truly love you.

Michael P. McParland

Night Note 108

Hello my sweet love
and I pray you are
peaceful and resting well
on this night.
I have been with you
and sending those beautiful dreams.
Have you felt the warmth
and the love within?
I know in my heart
you are smiling and calm,
I hold you so tightly
each place we go.
No matter what way
it always feels good
just to be with you.
I hope in real life so soon
you'll be next to me
here in bed where
I'll give you sweet kisses so big,
I love you Kira
you're my everything.

As I keep fooling around
doing nothing much tonight
I'll still be sending you dreams
and snuggling so tight.
You are the Angel
that brings light to my life.
I'll always give you
the best that I've got.
Sweet Kira, sweet Kira
I so adore you,
you fill my stomach
with butterflies
my Queen so truly wonderful.

I love you truly
Kira so sweet
and as I give you another kiss

let's go right back to sleep,
I still am here and holding you
closely right next to me.
I'll always be here for you
and will one day marry you.
I show you my Queen
the loving life you both
deserve and need.

Michael P. McParland

Sweet Dreams My Sweet Queen

As you lay your head down
and close your beautiful eyes
know I am with you
and so widely smiling.
Sweet dreams my sweet Queen
I love you so very deeply.

Feel my arms wrap so tightly around you
as I kiss you so sweetly on the temple.
Feel the warmth that I give you
as I say sweet Kira I love you.
Sweet dreams my sweet Queen
I'll never leave thee.

I'll be with you ever so strongly
as I just hold you so close
so we'll both feel the comfort.
I'll be watching you closely
smiling and so happy
as I watch my sweet Angel dream ever so sweetly.
Kira you are the true image of beauty's perfection.
I'm lucky to have you my sweet little lady.

Sweet dreams my sweet Queen
you so fill me with passion,
one day soon my sweet love
we'll celebrate out attachment.
I love you deeply just for who you are,
I love you sweet Kira because you are so beautiful.
I love you for your loving passion,
it is the greatest and you are only attraction.

Sweet dreams my sweet Queen
I am here for you always.
Please talk so soon I just want to hold you,
I want to give you everything a man should.
I just want to be with my Queen forever,
give my Angel the best that she's dreamed of.
Sweet dreams my sweet Queen feel

my arms wrapped tightly about you.
I'll always stand by you to support and protect you.

Michael P. McParland

Goodnight Kira My Only One 3

Goodnight Kira my only one
let's lay down in bed and snuggle
and kiss for the longest time.
I just want to be with my lady
I so adore and forget the whole world.
There will be times we must face it
but why when we don't.
Let's just focus on each other for now,
and never forget the loved ones we have.
Come my sweet Kira and join me in bed.

I'll probably be up the entire night
but in thought heart and spirit
I'll be cuddling with you,
holding you so tight in my loving warmth.
You'll feel me there with you
smiling and giving such loving looks.
Listen so closely as I say
Kira I so deeply love you throughout the night.
Feel my hand in yours and the kisses I give,
I'll also write you poems in case you wake
and so you will have them in the morning light.
I love you sweet Kira my Angel of light.

Since I will not be sleeping I'll
send you the most wonderful of dreams.
I'll take you along and hold you
in whatever beautiful scene in my mind
I think we should and would like
to in this life visit together.
I'll be holding you tight while
talking to you and listening too
so we will have the greatest of times.
Be prepared for a journey in our shared dreams.

Goodnight beautiful Kira my only one
and Angel so truly bright.
I love you deeply and want you
right here by my side.

I want to hold each day and each night.
You are everything before God that I want
both in this and the next.
You are the Angel I adore non stop,
I could not forsake such goodness and love
when it is so truly and clearly before me.
Oh my sweet Kira I simply to my core love thee.
So goodnight my dear one and feel
all of my love and me right beside.
I'll never desert or abandon My Kira so supreme and right.

Michael P. McParland

Night Time Kisses Of Comfort

Night time kisses of sweet comfort
to you my most beloved and beautiful Kira.
In spirit feel as I just take your
soft and loving beautiful hands
and lightly kiss them as I smile.
Night time kisses of comfort for my only one.

As I pull you in for a great big
tight hug of puree love
feel all my warmth as I wrap you up.
In your sweet ear I whisper
you are the greatest my dear.
I love you deeply and I always will
because you are beautiful
and have a heart greater than gold.
I love you sweet Kira my Angel so very good.

Then another big smile filled
with gentle and tender love
of which I am so filled
I kiss your forehead and cheeks
then straight on the lips many time
for comfort and happiness on this late night.
Kira my darling I send you kisses of passion
and kisses pure sweet delight.
I send you kisses right now and forever
to express my deep feeling love.
I send you the kisses for total
warmth and comfort this night sweet one.

Michael P. McParland

A Quiet Weekday Night

Here on a quiet weekday night
I sit back now sweet one
after getting a few chores done
and taking a refreshing renewing shower so good.
I sit back now my love and in everything
that I do I dream of you.

I dream of holding you and giving
full reassurance in warmth
to the woman I so truly love.
We all deserve warm loving reassurance
at various times and right now
I would just hold you in my big arms.
Kiss you ever so sweetly and gently my dear,
just tell you I love you so much
and I'll always be here.
A quiet weekday night with my only one.
Oh my sweet lady let's make it so soon.

A quiet night just to snuggle up with you
to show you all of my admiration and love
as I regain my strength.
I love you sweet lady and you are the greatest
dream that could ever be had in real life
or in fantasy.
Kira my love you truly are everything
and a quiet one here with you
is everything I want and need.

A quiet weekday evening
and I don't ever care what we are doing
just as long as I'm here with the Angel
who keeps my heart in true love always beating.
A quiet weekday evening with my Kira
is what makes it worth it to know
I'll once again see her and have endless
quiet evenings where I just hold her
and talk to her feeling the power
of true endless love for and through

an Angel so good.

Michael P. McParland

Love Note 285

Sweet love who I treasure so much
I hope your night is going well so far
and you are feeling all of my
endless warm love.
I can feel yours
and it's helping me as I pull
out of this strugglinh hole.
I know it may not make sense now
so you understand but it all will
when I can explain it to you I swear.

As I get up now to do a few things
and clean myself up
I want you to say I love you
and miss you so much.
I'm concerned for you too
and hope you're okay.
I just wish I could snuggle with you
through the rest of this night
after I'm done with my things.
I just want to sit on the couch
with my only love and forget
that the world even exists,
Kira my love you are the best.

So as I get up now to do
these few little things
I love you sweet one
and feel all of the warmth
that I send.
I am with you all the time
by your side hand in hand.
I love you sweet Kira my only one.
You are the Angel
I'll always keep living on for.

Michael P. McParland

Come Soon, Snuggle

Come so soon my sweet Kira
so I can take you in my arms
while we just lay down
and snuggle for the longest time.
I just want to snuggle with you
my sweet Angelic beautiful one.
Snuggle and make eveything
good and alright.

Come soon my sweet precious Kira
and snuggle, snuggle, snuggle with me.
I just want to hold you so close
and softly say I love you sweetly
Kira my beautiful only one.
I want to feel good in this world
where that will be is right in your arms.
Come soon Kira babe and snuggle with me.

Michael P. McParland

Sweet Kira My Darling

Sweet sweet Kira my darling
I love you and am thankful for your love.
I'm sorry you didn't hear from me
for so very long,
I slept and slept and slept
for the longest time
and then when I got up I felt sick
and had a few problems.
I'm so sorry I didn't write you
but I truly felt so very awful
I had to just close my eyes.
Then fell asleep again until now.

I'm so sorry sweet Kira my darling
and I feel awful I couldn't let you know,
I want to cry worried that
you are upset and worrying
or somethingelse that
I just can't think of right now.
I love you sweet Kira
and you to know everything
is okay and I wish I
could lay here in bed and hold you so close.
I still feel so drained from it all
and I want my Kira the most.
I love you sweet lady
and I truly am sorry indeed.

Sweet Kira my darling I miss you so bad
that as I lay here right now
all I can think about is how
I want and need you so much.
Sweet Kira my darling you are the greatest I know.
I send you these millions of kisses
and big giant hug squeezes.
I'll never leave you sweet Kira
this I eternally promise.

Michael P. McParland

Rest For The Weary Sweet Lady

I'm so very weary sweet lady
feeling tired through my entire body,
now after being up for a very short while
I'm ready to close my eyes once again
and I wanted to say I love you
and goodnight once more before I do.
It's time for us the weary
to go to bed smiling as we feel
the loving warmth from each other.
Rest for we the weary who will find
at least enough comfort to make it through
sharing our connection to dream together
there feeling all of the loving power.

Just a few funny videos on YouTube
as I struggle to eat this little bit of food
that I knew I could fight on through and handle.
Then I'll find the book that I want to put on
and smiling close my eyes to dream of you and I
snuggling this night in peace and comfort.
I love you sweet lady and send you sweet kisses
to help we the weary find the peaceful
and refreshing sleep that we need.

Michael P. McParland

Sweet Middle Night Kisses

It's the middle of the night my sweet lady
and I managed to catch a few hours
of light and somewhat restless sleep,
still feeling out of it and will
go back to sleep shortly.
To help myself smile it's of you I am thinking,
how I wish I could reach out to
pull you in close and say I love you my darling,
then give you the sweetest kisses on
your forehead, cheeks, then sweet luscious lips.
That dream makes me smile and I share it with you
hoping it will make you feel better also.

Laying here and still feeling so very tired,
trying again to find what I want to listen to.
Did you feel the sweet happiness I sent you
when I found the perfect place for us
to snuggle in my happy dream?
I sent you my warmth and love right away
so you could feel peaceful
and be filled with my loving strength.
I send you these sweet middle night kisses
so you will know I am here and thinking of you.
A tight hug of comfort and kisses of love,
I'll always give those to you
as a sign you are the Angel I adore and want.

Somewhat restless sleep a few hours,
I want to get more and very soon will.
Food would help to quell the empty
ache in my stomach coming on,
I can't eat though because I have canker sores severe.
Eat something for me sweet lady
and share your enjoyment with me.

I'll soon close my eyes to find
the solace of sleep land once again,
but for now I'll quietly sit here thinking
of giving you sweet middle night kisses

while I tightly hold you.
Dream of looking right at you and saying
you're so very special and a truly beautiful woman,
I love you immensely and want to be with you always.
Being able to say as I look in your eyes
I love you sweet Kira you are an amazing miracle.

So deep and sweet passionate kisses of love
to you in the middle of this very night,
and before I truly lay back down for sleep
I'll say goodnight again.
I can't tell you enough what a treasure you are
and that I would give you the universe
if it were mine and not Gods.
I can promise though to always give you my best
and work to keep you happy in every way.
I love you deeply and will always give all
the very best things that I can.

Michael P. McParland

A Sweet Nights Sleep

Goodnight my one and it's time for
a sweet nights sleep to recover from
the tiredness and exhaustion we feel.
Let's go to bed my sweet Kira and snuggle
so very tightly feeling comfort
in each others kind, loving, and reassuring arms.
I miss you sweet lady and being with you
will be my heart and souls recovery.
To just snuggle with you through the nights
is something only you'll understand
and will help heal both of our hurting hearts.

It's time for a sweet nights sleep
and I don't know what to put on and listen to.
Nothing sounds truly moving or good,
I just need that tiny escape
being here in bed all alone.
If you were here by my side I'd just
pull you close and listen to you talk or read,
anything would be okay as long as it's
your soothing calm voice.
It's time for sleep and I need something
that will take me away to the right place
where we are happily snuggling in each others warmth.
Feel the happiness I send to you
when I shortly find it.
You will know it when I do as I will send you
the peaceful happiness so you can smile with me.

Goodnight my dear one and it is time
for a sweet nights sleep,
I promise I will be with you in spirit.
You'll feel where I'm at and then just snuggle close in,
rest your head on my chest as I so
very tightly in comfort and love pull you in.
Know I'm always with you
and my God bless you my sweet little Angel,
my Angel with the biggest heart so full of light and love
and you deserve to receive all of the true love I so long to give.

Please don't push me away again
just know you deserve and can have true happiness to,
I so long and want to give it to you,
I'll always stand by giving my full loving support.
A sweet goodnight and I'll send you my dream
of us snuggling so we can share its brightness as one.
I'll be holding you close giving sweet endless kisses
as we share caresses saying I love you sweet dear from heaven.

Michael P. McParland

Saturday Night Snuggle

Sweet darling Kira I so truly adore
I dropped off for awhile from the
fatigue and exhaustion I have built up,
I'm still so very tired and struggling
with my need to see you and hold you close.
I'm hurting tonight and feel ever so tired,
I wish I could be with you to spend the night
in complete comfort and peace as my lady
lays next to me.

Sweet beautiful Kira I have but one
small chore in front of me
and it won't take long at all
but the motivation lacks and I just want
to lay here in bed listening to my book
dreaming of sweet beautiful loving you.
I want to snuggle tonight with my sweet Angel dove.
I would get everything set up
so beautiful and nice just so we could
be surrounded in perfect beauty as we embraced.

One chore to do and if snuggling with you after
was something I could look forward to
I'd be done with it in 10 minutes flat
so I could be right back beside you again
looking into your eyes and smiling
as I kissed you so tender and sweetly.
A Saturday night snuggle with you
is not too much to ask.
I know you would come in a flash if
you were able my only one.

A Saturday night snuggle is what I'll
dream of as I lay back down here
after my small task is wrapped up and done.
I'll be sending you all of my care
and endless loving warmth.
Sweet Kira please let's solve everything soon,
I can't describe the love that I feel,

the ways that I've crumbled in the last year.
Just how much I treasure and cherish you my sweet dove,
that you are my dream and the person
who I can feel my soul connect with.
I love you Kira my only darling
and a Saturday night snuggle with my
sweet precious lady is what my heart and soul need.
Receiving your comfort and giving you mine
in complete and total contentment so good.

Michael P. McParland

Sweet Soul

Sweet soul before me you shine so bright,
sweet soul before me with your loving heart.
I call out to you how great that you are
and how much love for you I have.
Sweet soul before me your the guardian Angel
of my very essence and heart.
Sweet soul before me you are so truly beautiful
and loved beyond all description.
Hear me sweet soul as I call to you.

Sweet soul so good I see all the love that you hold
and I want to give you as much in return.
Sweet spirit you are such a sweet girl
and I want to hold you in true loves embrace.
Sweet soul before me you've touched my heart
and from you I cannot stand to part.
I'm to connected and in love
I would collapse if I ever lost you.
Sweet soul my heart is full of tender
and gentle loving care for you.

Sweet soul you know just who you are
and I see an Angel who's rescued my heart.
My sweet Angel dove I adore
and would go the lengths to see you happy
and smiling through your whole life.
A gift I hope to present within myself.
Sweet spirit you're golden and I treasure you truly,
I love you sweet one and shine on
in your kind, and loving light which shines on
from your pure soul and heart.

Michael P. McParland

Total Warmth To You

I send my heart to you in total love
and total warmth to give you peace.
Know that I'm still here and so deeply care,
as my game now comes close to its end
I wanted to let you know my whole
heart and mind have been with you through it all.
A bad game for sure though we won
but I just truly wanted you here by my side.

I send my total strength and love to you in full
because you mean so much to me
my beautiful and sweet Angel dove.
I admire you and want you as my wife
because you are the one that gives me reason
and makes my heart beat for continued life.
I send my total love and total warmth to you
so can feel at peace on this September night.
So you'll know I'm right there by your side
supporting you in all you do
and for the Angel you truly are.

I send to you my total love, my total warmth,
my total self so you'll know my love
and promises from my very soul are real and true.
I want to give you all the best
within my life and within myself
so you will be happy and at last receive
the accepting love that you deserve.
I want to give my Queen those things which
you have not been given in the proper ways
when you have given of yourself time and time again.
Kira I send to you my total warmth and my total strength
because each day my love for you grows in every way.
I send to you myself in full because I want
to be the man you can turn to no matter what at all times.

Michael P. McParland

Sweet Kira So Precious

Sweet Kira so beautiful loving
and truly precious you are
absolutely my very essence.
I crave you to be here
so tightly and loving
within my kind and accepting arms.
Sweet Kira so precious
your love truly moves me.

Sweet Kira is a true precious treasure
so truly beautiful and rare
within this all too often cold and dark world.
I can attest from experience that she
deeply cares about the people and world around her.
She's filled with love and wants so much to give
but like me has been so hurt before
she has in need of protection
put up walls so very thick.
Those who truly know her though know and see
the bright Angelic soul within her.
She deserves deep giving love in return
and better than she has received.
I want to give of myself because
despite my mistakes and hard falls I know
just who she is and have worked to be worthy
of her bright precious heart.

Sweet Kira so truly precious I've
thought of you through this whole game,
it's not a good one so far but that doesn't matter,
no matter the flow or excitement within
I just wish you were here holding my hand
talking about whatever comes to mind.
Sweet Kira so truly beautiful I truly feel
and know the kind caring love in your heart,
I know you have been hurt and need someone to trust.
I want to prove myself as that worthy man,
I want to share my whole life just with you,
supporting each other hand in hand.

I want to give my lady all of my dedication and love.
Sweet Kira so precious you are the Angel
I want to be there for everyday
having fun and feeling true love through all eternity as one.

Michael P. McParland

Love Note 284

Before my game starts
my sweet one I wanted
to give you a great big
kiss and hug of pure warmth.
Feel my love deeply as
it strongly surrounds you
in the energy I send.
I love you so deeply
and today I need you in my arms
and to be in yours.
My heart is with you
and my hand so tightly
gripping yours for support.

Before my game starts
I want to let you know again
you will always have
my never ending support.
I give to you this great big
kiss and hug filled with all
of my loving warmth.
God bless you sweet Kira
I love you so much.

Michael P. McParland

Missing You Badly Today

I'm missing you so very badly today
my sweet one and nothing helps.
I just miss and want you
and it so deeply hurts right now.
It hurts everyday but today
I feel it more in every way.
I miss you badly and I need you so much
because you are my Angel and my light.
I just love you is all there is to say,
I'm missing you so very bad and I want you here
just to sit with me and hold hands
relaxing and chasing off the stress.

I'm missing you so very badly
and there's no one around to understand
a number of the things I feel and face.
It's only you I could open up to
and have understand so much of what I say.
I miss you so bad and don't know what to do,
it's a hard day struggling as you know I do.
Not a bit of anger because that's not always there,
just longing need and sadness to have my one right here with me.
To have you near while I lay down on the couch
and rest my head on your lap.
Then maybe you could rub my face and head to
help me relax and have peace.
I miss you so bad and feel lost today my dear.

I miss you so bad and I am reaching out
to take your soft and loving hand.
Just to know you're close and help you feel me as well,
I'm struggling today and just want my Angel
who gives me kind, tender, loving peace.
I miss you my dear and want you to know
I love you with all my soul and heart
and I want to hold you forever by my side
going hand in hand for all eternity
as my wife I'll truly treasure and cherish in every way there is.

Michael P. McParland

My Beautiful Woman 3

My beautiful woman I just love you so much
I wish I could show you right now
in a few ways.
Through tender words with true depth and meaning,
through holding you tight and letting
the spirit and power of my heart and soul
bare witness to you in the message they share.
My beautiful woman I am filled with tender
and deep loving care and I just want you
to see and know all that is there.
My beautiful woman I love you so
gentle and kindly with all that I am.
I just want us to share with each other
the greatest love that there is
and that is the love we have for each other.

Michael P. McParland

A Quiet Afternoon

All I want is a quiet afternoon spent with you,
in your arms while we spend time
just feeling our bond fully reconnect and grow,
becoming even stronger than it's been before.
I just want a quiet afternoon with you my love
to just have you near and do something simple
hand in hand in each others arms.

I wish you were here with me to watch the game,
and if you didn't feel like that we would
find something else like reading to each other,
watching movies, or playing games both video
and board where there is a great choice.
Only for you my love would I miss Ohio State
and that's because my woman makes up
all the important parts of my time and life.

I just want a quiet afternoon with
my babe so truly bright and good.
Just be with you and look upon my Angel
I adore in every way there is,
just hold you close to say I've missed you dear
then place a soft kiss upon your lips
of true tender care and love.
I just want a quiet afternoon with you
because I want you here
and I love you more than anything there is.

Michael P. McParland

Good Saturday Morning 2

Good morning sweet love and I hope
you are having a bright morning smiling.
I'm sending you kisses to help make it brighter
and fill you with love so you can
find reason to be happy and have sweet wholesome laughter.
I want you to be happy and fun on this day,
I want you to be happy and whole everyday
and I hope so soon I can share that with you.

A few hours light rest here my sweet love
but I woke with a headache and still feel exhausted.
I will march on though my darling
so I can be here for you and watch
Ohio State play this afternoon.
Both things are important but if you called
just to talk or needed me in some way
I'd drop the game right away to be with you
in any way no matter what it would be.
You are the most important person and thing in my life
there will ever be.

I hope that a bit of food and a small little rest
will be the answer I need to cure this headache.
Soup is my go to and I hope it will
adequately fill me to chase away this low protein
attack that is getting my head.
Say a prayer for me dear that it will
be the answer and cure that I need
so I can be up doing all the things I want and need.

I will be holding you tightly and sending my prayers,
asking God for the miracles and help we need,
I ask him to help you know I'm holding your hand
and always right by your side.
To help lift your heart and make sure you know you're not alone
and that I'll never give up on my sweet Angel dove
because you are everything I want and need,
you are the Angel in this life and my brightest dreams.
You are a truly wonderful sacred Queen to me.

So close your sweet eyes and feel the sun
shine so very brightly as it gives
you my endless warmth of deep loving passion.
Feel my loving looks and accepting smile,
just remember and feel that to my very core
I truly love you and I always will.
You are amazing and the one I adore.

Michael P. McParland

Tender And Gentle

Sweet dear in a minute or two I'll close my eyes
to try and get some rest that I'm not sure will come,
I'll think of you though and your tender love,
that bright shining smile and glowing eyes
that were always so full of care
and showed the gentleness you had for me.
I'll think of you and ignore the persistent ache
just so I can focus in full on your
tender gentle soul and heart.
It's what will get me through this night.

Gentle tenderness is what I hold inside for you,
it fills me up in every way and I just want
to give you all of what I hold inside,
to show you the love you deserve
treating you like the precious Queen you are.
I just feel tender love throughout
my entire heart, body, mind, and very soul.
The gentle care I feel for you I can't describe
I just know it's there and I'm truly grateful that it is.
I'm so thankful for how our souls connect
on the deepest levels that we can't understand.
I'm thankful it is you I love and have in my life,
I wouldn't want anybody else.

So as I now finally prepare to close my eyes
and attempt to get some rest I'll let
the gentle tender love that we both share
fill me up and surround me in a blanket of pure peace.
I'll think of you and all your gorgeous traits
from both in and out and how I just want to hold you close,
I send sweet kisses your way my only love
and know sweet one I'm filled with only true and pure
gentle tender love for you.
My sweet Angel dove my heart is yours forevermore
in its infinite undying love it beats for you.

Michael P. McParland

A Sweet Goodnight In Each Others Arms

I wish you a sweet goodnight my sweet Angel dove
now let's wrap up together in each others arms
and go to bed kissing and snuggling before we fall asleep.
I so truly need to give you my deep and gentle affection
to show you how deeply I care and love you so.
Affection tonight not in closeness that way
but being close which is another way I can show you my trust.
You know I have troubles with touching and you know the story
so to be able to hold you giving and accepting
affection is a great way of showing how much
I give of myself and truly need you in trust.
A sweet goodnight my dear lady let's snuggle together
sharing kisses that our hearts and souls have so needed.

Just snuggle up close tonight and rest your head on my chest
and I'll stroke your hair and rub your back
while we listen to one of my audio books.
Stories I would love to share with the lady whom I truly care,
just having you in my arms feeling our warmth
as we both smiled in contented peace.
I'll be holding you ever so close in spirit
telling you that to me you are so very important.
That I would give anything to have you in my life
forever and ever as we experienced it all side by side
taking on all challenges as one.
I'll be giving you kisses and surrounding you in
my loving strength and warmth.

Right now I'm not sure if I'll sleep
so I'll send you such special dreams from
my soul and heart where I'll hold you so close
looking into your eyes and just telling you
about all of my love and how I need you because
I so truly, deeply, and sincerely care.
Our love is not mistaken for other things
as so many peoples are in this world.
We need each other out of desire to give
in our true and pure love.
We need each other because our souls have bonded

on the deepest of levels.
I'll send you these special dreams tonight my sweet Kira
so we can feel closer together as I hold you
so tight and so close revealing my soul and true spirit.

A sweet goodnight to you my sweet Angel dove
and know I'm watching out for you
and am here if you need me I'll be right there
as fast as I can to give you all the help and support
you need in anything and everything my sweet precious lady.
I truly love you with no limitations,
my loving care is unconditional.
You are a true Angel I admire and give myself to,
I want to be your man and true hero forever and ever,
just as you are my hero, best friend and sweet woman.
I desire to give you as much as you've given me,
I want to always make you so proud and happy.
A very sweet goodnight to you my sweet Angel of light
and feel all of the love I carry and shower on you.
An eternal flame burns inside of me just for you
because you are the Queen I give myself to in full.

Michael P. McParland

Night Note 107

Hello my precious darling
I promise I have not forgotten
about you and to say goodnight.
I've been so caught up in the last
few hours organizing some stuff
that I've needed to get to forever my dear.
Still not quite there
but a good chunk is done.
So have not a fear or
doubt in your heart
as I'll never forget you my sweet Angel dove.
In fact as of yet I'm not even
ready for bed.
So let us just snuggle awhile
while I rest my eyes from the strain
and we can just talk
winding a bit of time away.
Let's just snuggle for now
because I want to spend time with you
and feel your love surround me.
Together share our warming
depths of true love from our souls.
Right now let's not go to sleep
because I just want to hold you
while you tell me how you've been doing.

I want to know if you are okay,
the worry and not knowing
has been sitting on my heart and mind
so very heavy.
I can't stand the thought
that on the inside you may be
brutally hurting in a fashion
I'm familiar with and know its hell.
I'm worried that your eyes
are filled with tears
and you worry that I'll forget about you.
I promise sweet love I never will
and the time will come

I'll hold you close healing your heart
and drying your tears while
giving sweet kisses saying
Kira I love you you are my everything,
life without you is constantly
hurting with a vicious sting,
but I am here now to hold you so tight
give me a smile because Michael is here.

I promise I'll do that when
our time hopefully soon
comes to pass.
I'll just hold you so close
until you feel safe and at peace
just enough so I can pull back
and kiss you so deep.
Now my sweet Kira it's not yet time to sleep,
please come join me for a snuggle
so very passionate and warm.
I just want to hold you and talk for awhile.
I love you Kira and I won't miss
our sweet goodnight,
I'll never forget you because
you are so very important
and my beautiful Angel I so deeply adore.

Michael P. McParland

My Beautiful Angel I Love

My beautiful Angel come sit with me under the moon,
it's been a bit rainy since last night and a little earlier today,
so we'll lay a blanket down to sit on
while I wrap you up in my arms to hold you so close
while we snuggle up under my light fuzzy and cozy
orange blanket to give us the proper warmth.
Come my beautiful Angel and let's sit under the moon
on this night being so close in each others arms.

As we sit there being enchanted by the moons light
we can just open our hearts and in full trust
freely share what we feel and talk.
I'll have not a fear of sharing everything that I hold
with my sweet Angel I so dearly love,
I trust you sweet one in a way I never have
with anyone ever before and other than you
I never will again.
I want to sit under the moon holding you
and pouring out my life's secrets while
sharing sweet soul passionate kisses.

Join me sweet Angel and don't feel forced into a thing,
take it a step at a time as you truly need.
Just share what you can while I hold you in comfort
to reassure you that I'll never judge you.
I'll always love you no matter any circumstances,
you are my Angel and I love you so deep and passionate,
just take your time for I will be patient
in the knowledge that you love me just as deeply.
I'll always be ready to listen when you feel safe to be open.
Come my sweet Angel and let's cozy up in the blanket
getting lost in the moons magic and each other.

My sweet Angel you truly are so very fantastic
and I'll hold your hand through everything,
no longer going it alone we'll face all things together
giving our support and our courage for one another,
always standing tall because we'll have each other once and for all.
Kira my dear you are my sweet Angel and I so deeply love you,

I want to be holding you everyday through eternity.
So let's start tonight even though just in spirit
wrapped up in a blanket under the moon
so sweetly kissing and holding each other.

Michael P. McParland

Big Hug 2

I'm taking your sweet soft hands
and kissing them so softly
as I pull you in for a big hug
and to hold you for a good while.
I can feel your need just as I need it too,
so I give you a big hug
and hold you tight stroking your hair
and softly telling you it's alright
because I am here and I love you so very much.
Feel the warmth and love within
this big hug I send to you.

Michael P. McParland

Evening Note 68

Good evening my sweet
precious love
and crown jewel of my very heart,
I pray your day was well
and you felt all of my strength
with my warmth and love.
I was holding you the whole day
as I will be doing right
through this night.
My heart beats for and calls to you
in its deep love for my Queen.
You are so beautiful
and gorgeous to me.

Not much to do on this
Friday eve except watch
the new movie I got and try
to focus a while so I can read.
All the while though I'll be
thinking of you and how
things would be better if you were here
to sit and spend time with.
Be it reading, movies, talking,
or quietly holding each other
I'd be happy and peaceful
being with my precious sweet lady.
I adore you my Angel
and can't wait to hold and kiss you.
Spend many evening having
fun with each other and losing
track of time as it goes by like lighting.
I'll be dreaming of you
as I'm already yearning and longing.

So on this evening feel me
right there holding you,
I am concerned that you are
truly deeply hurting
and I want to dry your tears

even if just in spirit right now
because soon enough I will be able
and then kiss your forehead
and cheeks then kissing your eyes
that I will have dried to
take away the sadness in them.
My hand is in yours and my arms wrapped around,
my darling Kira I am right here
and I will be ready as soon as you are.

Michael P. McParland

My Best Friend 2

My best friend is all that's
good, beautiful, and right
within this world.
She makes it brighter
making the beauty on this earth
so much bolder and alive
in all the loving care she radiates and gives.
She is my northern star that
guides me through when the days are dark
and I need help down the path.
My best friend is so truly great
and I love her more than anything.

My best friend is all
I could ever hope for and dream of
in this world where true love
is so rarely found and shared.
Our souls touched and spoke
right from the very start.
It's like we knew each other since the start of time.
She is my soul mate and beautiful,
loving, kind best friend.
My Angel and my hero to no end.

My best friend truly is a diamond in the rough,
a rare treasure that is unique
because she's never fake and remains true to herself.
A heart and soul so truly kind and loving standing bold,
my best friend is my true Queen and
I'm so very proud of her.
I send hugs and kisses to no end to give her comfort
in my everlasting and undying love.
My best friend Kira truly is so grand.

I truly am a very lucky to be in love
with my true best friend and have hers in return.
A true love that only me and her will ever understand
fighting for each other through all time
with pure support hand in hand.

Kira is my best friend and she is my everything,
I love that woman to my core with all I am
and I will always stick by her and give
of myself complete and full.
She truly is my Angel and my only one.

Michael P. McParland

Always (Trust And Faith)

I will always love you dear
and stay true standing by your side
hand in hand through all time.
Have trust in me that I will work
and strive to give my best and never let you down.
Have faith in me that I'll always fight for
and defend my lady in every way there is.
i won't let anyone or anything harm
or hurt you in any way sweet one.
I swear to you on my life,
and if anyone ever did they would pay a price so truly high.

Always have trust and faith in me
that I will not betray you dear leaving
you all alone feeling completely broken in the cold.
Trust me that I could never hurt you
in that way and continue living with myself.
Have faith in that because I truly love you
deeply and so very very much.
I would never hurt you my sweet one
because to see you wounded and in tears
breaks my heart knowing you're in pain
and I'll always do my best to take it all away.

Always know that you can trust me to be there for you,
to pick you up if you fall down and need help,
to hold you close and speak loving words if you feel down.
Just have faith that I'll always be there for my Queen,
to show you how great you truly are and how
deep my loving admiration and true care really go.
Just to have a happy life with my only one.
Please have faith and trust that I'll always
give my very best at all times to never let you down
and make you truly proud.

Please just have faith and trust in what
you know I feel through my entire heart, mind,
body, and very soul.
Have faith and trust that I would do anything

for you including give my life just to save yours.
Feel the truth in the loving warmth I send to you
and have faith that your man Michael
is dedicated to Kira his sweet Angel dove
and gives you always my full support.
I love you dear and you can have complete faith in that,
trust me Kira that I'll show it's great abundance everyday
through all time and eternity.

Michael P. McParland

As I Drifted Off

As I drifted off to sleep
for my nap I sent a prayer to you
so you would feel at peace and all my loving warmth,
so you would know I was there and you're not alone.
Then as I lay down I put your lovely picture
up on my computer screen.
It is my background and locked screen all the time.
I began to smile feel lightness in my heart
as I looked upon your glowing eyes and shining smile.
I thought to myself and I know it is the truth
that there is no one as beautiful that exists.
Neither in heaven or here on earth is there
a sweeter woman for whom I would ever give my heart.
You are beautiful within and out and you bring me peace
my little Angel of great worth.

As my eyes began to grow a little heavy
with the peace your picture and beauty brought to me
I then felt your presence as you wrapped
your loving, caring, accepting arms around
my stomach as you rested your head upon my chest.
I could feel your smile and awesome overwhelming love,
It made me smile in joy even more,
pure peace and comfort filled me up
and I was able to rest a bit at last.
As I drifted off I thanked you dear and said
Kira you are such a hero to me,
you are the Angel who looks out and
protects me from so very much.
Thank you my one you are my everything.

As I at last awoke about 15 minutes ago
I was still wearing that awesome smile you gave to me,
I could still feel the love you brought with you.
As I opened my eyes I just turned again
to look upon your lovely picture of perfect you again,
I said Kira you truly are the most perfect woman
and so beautiful I want to hold you all the time.
You make the earth quake in all the loving power

that you bring with you in your heart and soul,
you are the only Angel and Queen I will
forever give myself freely to.
You are all I want within this world
because I love you dear and you are a treasure
that I cherish in your unique beauty in every way there is.

Michael P. McParland

Rest Your Head (On My Chest 2)

Come join me for a needed afternoon nap
my sweet lady I love so very much,
I never slept last night beyond
a short period of light drifting off.
If even in spirit please my sweet one
let me wrap you up in my arms to fill you
with all of my warmth and love.

Come slide into bed and snuggle so tight
right up against me so I can hold you close,
then rest your head upon my chest as
I softly talk to you reassuring you
that I am here forevermore in total love.
Sing you some songs and read from a book
of poetry if that's what you want.
I want you to relax and be at peace first
and then I'll tilt my head down to be near yours
and get some peaceful rest in this afternoon nap.
Come my sweet lady and let's give our hearts needed peace.
We love each other so very deep and there's no need
or good reason to not have the happiness of our dream
that we so deserve.

So slide into bed with me Kira and cuddle so close,
rest your head upon my chest as we share some sweet kisses,
then I'll rub your back and caress your cheek
giving you comfort and peace that I'll always be here.
I need you as well my sweet lady
and just want us to be in each others arms.
Please come have an afternoon nap with me
because I love you so very much
and crave the company and caring love
of my precious sweet Angel dove.

Michael P. McParland

Kira My Sweet Angel

Kira you are my Angel
and I love you so much,
you are so truly divine
and beautiful I give you my life.

You are my Angel
and my best friend supreme,
I love you sweet Kira
you truly mean everything to me
my beautiful and gorgeous Queen.

Michael P. McParland

Sweet One So Divine

Sweet one so very beautiful and so divine
my heart is yours forever in time.
No matter what happens or wherever you are
my heart is yours in pure love forevermore.
It beats for you and gives everything it has
in true love for my Angel true.
Sweet one so beautiful I love and adore you.
I wish I could show you all that I hold
within my kind loving soul.
I want to give it to you my kind, caring,
and divine woman I so truly love.
I want to share it with the only one
I'll ever give myself to.

Sweet one so beautiful with a divine heart and soul
I would and and will do anything for you.
I'm right by your side with a pure loving heart,
I give you myself because I love you so much.
I give you my heart because it is a gift
that is meant for only my Queen,
the most beautiful woman that's ever lived
and I truly love without a shred of doubt.
I love you sweet one you're divine in my heart.

I pray for you dearly and pray for our future,
I pray that you know and feel the truth of my love
ever so comforting and deeply.
I pray that you'll know you're not alone because
your man Michael who loves you so much is always here.
I want my Angelic and divine Queen to know
she truly is everything to me,
I am yours Kira whenever you want and need
because I care for you deeply
and feel such tender and gentle love for my sweet Angel dove.

Michael P. McParland

Sweet Morning Kisses To You My Sweet One

Good morning my sweet Angel dove
and to give it the proper start I have sweet kisses
just for you my sweet one straight from the heart.
I love sharing sweet morning kisses
with my Angel and only true love.
How I wish you were here to give them to
straight from lover to lover and to have a while
to just sit here on the couch and tightly cuddle.
Sweet morning kisses for my sweet loving lady.

I love you sweet lady and sweet morning kisses
in each others arms are the best way the
day could ever be started.
Mornings can so often be a bit of a struggle
for any number of reasons beginning with just
having to get out of bed when you are so comfortable,
but no matter be it good or bad and whatever you're facing
the way I want to start them is by giving sweet kisses
to my precious sweet lady,
telling her I love and treasure her so very deeply.
I want to end every night and start every day
smiling at you and kissing so deeply and sweetly.

My sweet Queen and Angel I'll be with you each
step that you take everywhere through the day,
I'll take your hand and stand by you as your loyal man,
you'll have my caring support through our whole lives.
With sweet kisses I give you strength and want to see
your sparkling eyes and bright shining smile,
please light up my heart and world with
that God given Angelic smile.
Help make today so beautiful by being in it
and helping me know that you feel my loving spirit.
I'll close my eyes to feel yours and lighten
the load on my heart and soul.
You make me happy sweet one,
you truly are my everything.

Sweet morning kisses to you my sweet one

just close your eyes and see my loving smile and looks
to fill you with comfort and warmth,
that's what I do is think of you
and the random yet connected looks we would share
back in high school so filled with loving care.
True loving care that for both of is still there,
I'll never leave you because you mean everything,
you are the whole universe to me.
I love you Kira and to start this day off with a smile
of true peace and happy serenity
I give you sweet morning kisses to you my sweet one.

Michael P. McParland

My Heart Is Forever Yours

My heart is forever yours my beautiful one.
I still lay here aching and longing just for you.
The nights truly are the hardest time
because that's when all is pure quiet
and I know you should be here in my bed
as I hold you so close and near.
To watch you sleep and give light kisses
on your soft forehead and cheek,
and softly speak in the silence that surrounds
saying I love you Kira you are my only one,
a gift from God and my greatest dream.

My heart is forever yours because you
are the woman I adore in every way.
You know my need for personal time and space
and understand why it is there,
but with you I need less time alone
because I just want to sit with you.
I want to hold you tightly in my arms.
I am a man and human being so I
truly want and need that closeness dear,
but in love not base desires drive,
and more than that I just want to be with you
holding hands and snuggling too.
Gentle innocence is also a thing I crave
because you're the one I want and need.

I know how you feel in so very many ways
and more than you may know my dear,
you know I get such strong feelings that I trust
and the bond we share makes the power even more.
I understand yet in not all ways
I also worry if you are okay.
I need to see you everyday and be there for you
as my Angel Queen and eternal bride.
Eternity truly is a strong word and a long time,
but I swear to you I would never promise that
or give it up to another soul.
Only you my sweet Angel dove.

My heart is only yours forevermore.

Oh sweet Kira I truly love and miss you very much,
I can so often feel your tears as I know
you quite often can feel mine too.
I need you babe to take care of you and all your needs
making us both feel good and happy being complete.
You give me light and the biggest smile,
my heart and soul swell with loving pride over you.
Please just reach out and say hello
and we can take it step by step from there,
I know the fear that comes along because
I was so scared earlier this year.
I can't handle losing you my dear
because you are my everything and
I truly believe I would collapse
if I ever lost you complete and full.
I hate life without my Kira dear.
I love you deeply in a way that only
you and God can truly understand.

My heart is forever yours my sweet Kira love
and I want you to know just how
very much I care for you my sweet Angel dove.
Feel my heart as I send its beating love
and power out your way and feel warmth
and strength in its total care,
it is yours forever babe
because I love you Kira in the
biggest and most awesome way.

Michael P. McParland

My Beautiful Lady 4

Kira my beautiful lady
as I lay here in bed winding down
my heart turns to you as it always does.
I'm so very proud of you in so many ways
and my heart truly longs for the woman I love.
Tell me truly do I do a good job at
communicating how much you mean to me
and how much I care?
I often fear I am falling short at showing
how much I adore you and want to do for you always.
I fear that it may sound like I'm only
focusing on myself when I'm trying
to point out how wonderful you are in my eyes.
I worry though that as I so often do
I am not saying it right so you know
I care just as much about you and I'll
always be there to help you out and give my best.
I love you beautiful lady and I don't
mean for it to ever seem as if I am
the main focus of everything.
You are my jewel and I want to learn just as much about you
and have you tell me everything in your heart.
I could sit and listen forever as you
just poured your whole heart and mind and soul out.

Sweet lady as I get ready to soon close my eyes
I just want to tell you I love you so much,
you make me feel special and I want to
show you just how wonderful you are,
you are a Queen who deserves better than you've got,
including from me when I have fallen down.
I want to show you my beautiful Angel
just how much you are worth by being there always
with true love and cheer in my heart.
I want to give you all of the love that I have
and share myself with you in full.
Sweet beautiful Kira I need to be held and so do you,
I want to be with you forever through all time because
I love you so deeply and cherish you.

You are the brightest and my northern star
I'll truly love you always my sweet beautiful Angel bride.

Michael P. McParland

Goodnight Kisses For You

I have so many goodnight kisses for you
so let's slip into bed and in each others arms
to share these sweet kisses I have for you
my precious sweet Angel dove.
Let's snuggle in comfort and share
our deep passion in kisses so deep
from our souls and hearts.
I love you sweet Kira and have tons of kisses
for you in pure love.

Millions upon millions of sweet goodnight
kisses of true love and strength to you my sweet one
feel all the warmth and the love that I send.
Before we lay down though lay down on your stomach
and let me massage you legs, neck and back,
help release all that tension that I know
must feel like absolute torture.
I'll help relax you that way to begin with
and then climb into bed to hold you
and so sweetly kiss you.
Feel my arms around you and my hand within yours,
listen for my voice as I proudly tell you
I love you Kira and I always will,
you'll never be lonely because I am your man.
I would never even dream of hurting my Angel
because you are my lady and true love so very special.

I'll see you and hold you tonight
in the land of dreams riding
a shooting star that has been
specially given to us for a romantic ride
of warmth and discovery,
we'll just hold each other and be amazed by the sites
and as always amazed by each other
sharing sweet kisses and smiling.
I'll see you tonight on our majestic ride
to hold you and kiss you through the whole night.

I have endless goodnight kisses for you my dear one

and every night through all time I want
to snuggle and share them with you.
My heart and kisses are for no other soul,
they are only meant for sweet Angel you.
My heart is not in want or need of another love,
it's always known what it wants in you my true love.
I'll be holding you ever so tight in comfort
through this entire night,
God bless you sweet one that you will feel safe
and all of his and my love.
You are a special Angel and a true gift from God.
Kira I love you and want you forever by my side.

Michael P. McParland

True Comfort With My True Love

True comfort in this world for me
is spending time with my true love
no matter how that may be.
Seeing each other was always best
and when it happens again
I'll cry out in joy and say I love you dear
I'm so truly happy you're here.
I know in my heart and soul it will happen,
I pray sooner than later.

Sitting and talking rather in person,
on the phone, or on the computer
was always bliss in a manner because
I was spending time with my dear Angel.
We were sharing ourselves and our time
not even noticing it as it flew on by.
True comfort here on this earth is time spent
with my Queen and Angel I so treasure in full.

I treasure all the love that you give me
because even now I feel its comfort
from so far away in its strength to cross the distance,
I'm sending you mine and I hope it gives
you comforting peace as well.
I love you sweet Kira you are all I want
in this life and into the next.
You are my Angel and best friend,
my righteous Queen and you truly mean
everything in the universe to me.

You are true comfort sweet Kira and I thank you dear,
so soon I want to hold you near,
thank you so deeply as I hold you closely
and tell you I truly love you and will
always be here my sweet precious Kira.
You are true comfort in this often lonely world,
Kira my Angel you're the greatest there is.

Michael P. McParland

Late Night Snuggle Of Comfort

I'm not ready for bed yet my sweet Angel dove
so let's just lay down together to snuggle
in pure peace and comfort while we softly
play some light music and talk to each other.
I just want us both to have a peaceful
and warming night with each other
feeling peace in our hearts and souls
the pure comfort which only we can provide and share.
Let's lay in bed for awhile talking and snuggling.

I'll be awake for our goodnight I promise,
I just want to hold you right now
and maybe write you another poem before
sleep comes and finds us.
I just want to share this time with my lady
even if just in spirit,
I want to feel all of your love smelling
your beautiful delicate hair and skin.
Let's have a late night snuggle and smile together,
I want you in my arms forever and ever.

Come my sweet lady as I take your hands
and guide you to the comfortable bed,
let's share a sweet snuggle in these late night hours.
Just talking and laughing like we always used to,
just shoot the breeze on everything we feel and think.
Oh my sweet Kira I love you so wide and so deep
I want to talk with you and snuggle so tight and long,
let's just snuggle my sweet one and feel comfort all around.

Michael P. McParland

Sending You All My Love

Every night I'm sending you all of my love and warmth
but tonight I send it to you even stronger
with every bit I can muster,
I can feel and know that right now you need a little bit more
so I send you all the strength I have
with all my endless warmth and love.
Feel my hand in yours and my arms around you
as I pull you in for a tight hug and big reassuring kiss.
I love you dear and I am here to give my support.

I am watching over you in every way I can
and standing by your side holding hands.
Feel my strength and warmth as it surrounds
and fills you up with calming peace.
Know that I am there to hold you close and dry your tears,
I love you so very much and I don't want
to see you worry over anything
or feel sad in any way.
I am here to hold you up and give you my support,
I'll take your hand and walk along standing tall
and fighting along side my only one.
I'll never leave my sweet Angel dove to face
this harsh life all alone.

My darling dear feel all my love with these deep kisses
as I send them to you with my warmth and hugs,
remember I am here and with you no matter what
and no matter when you can call on me and you'll
have me in full as I'll drop everything else that's in my way.
You have all my love and you always will.
Kira I can feel you need that extra bit of warmth and love tonight
so with my strength and smiles I send you every bit I've got.
I love you dear and don't you fear I'll ever leave
because I love you my Queen and will always be with you
to give my very best to you and everything.

Michael P. McParland

My Heart To Yours (Gentle Love)

My heart calls to yours in pure gentleness
and true caring love.
It calls to you to tell you I care
and I will always be here.
It calls out to say you're a good woman
and I know that is true.
It calls out to say you're beautiful too
in every way.

My heart calls to yours in true
caring gentle love that is so rare in this world,
It calls to yours in it's admiration and
need to have you near so we can feel
each others hearts lovingly beating together.
My heart, soul and I want you to know
you are the most important and beautiful woman in this world
and that life is incomplete without you here
to talk to and share everything with.

My heart calls to you in true gentle love
to let you know again that it is always yours,
it was from the start and I want you to keep
and cherish it through this life and into the next.
I want you to cherish it as I cherish you
holding you so very close In my arms
giving sweet kisses to my sweet Angel dove.
My heart is yours and it calls to you
so you'll always know.

I call to you my sweet love with my heart
so full of pride and true love for you it overflows,
it fills the universe to near bursting in
it's immense gentle care and loving ways.
I just want to be with you and take care
of all our lives needs.
I want to help heal your heart and mine while we snuggle
and bond in the most wonderful of times.
I want to be with you everyday
through the rest of space and time.

I love you sweet Kira and my heart calls to you
in true and pure gentle caring love.

Michael P. McParland

I Cherish You

I love and cherish you now
more than I ever have before.
My heart melts and my knees go weak
at just the thought of you sweet one.
My heart overflows with admiration
and pure love I want to share with you.
You are a precious jewel so rare
and I treasure you for who you are.

I cherish you my dear for all the
good times we've had with each other
through it all.
Despite the lessons that have been learned
I don't focus on the bad because
it does no good to let that stuff in.
I choose to remember that shining smile,
to close my eyes and hear your voice so Angelic.
To just reach out my hand and take yours
to pull you in and squeeze in spirit.
I treasure you and feel so good
when I am with or talk to you.

You are a rare and gorgeous diamond in the rough
and I love that you will not be pushed.
You stand for what you believe and know is right
and I cherish that you won't back down.
I love that you stand tall for those who need your
true kind and caring loving help.
You look out for those who need a helping hand,
I cherish you because you've helped me in
true kindness and giving love
and I've tried to give as much as I can back to you.
I will always give you everything I have in me,
I cherish you dear and love you deep.

I cherish you because of the strong bond we share
and all the deep love I feel for you,
you are my sweet Angel and great Queen
and for you I'll do anything.

I cherish your heart and spirit so truly big,
I cherish the loving that you share.
I treasure you my only one
because I love you Kira my only
sweet Angel dove.

Michael P. McParland

I Hope (You're Appreciated)

I know I haven't said it enough
or maybe ever at all and shame on me
if I have not let you know
I appreciate you because you are so good,
I appreciate your love and all you do.
I love you for you and appreciate
that you are in my life and love me too.
It truly means everything to me
and shame on me for not saying it enough
if I have at all.
I love you dear and am so grateful you are in my life
and I appreciate the blessing that you are.

I hope your family sees and knows
just how wonderful you truly are
and appreciate the daughter
and great sister they were blessed with.
If they do not see and understand
taking you for granted in every way
I say shame on them and I truly pray
that they'll soon see and feel it one day soon.
I hope your family knows that they have been blessed
with a beautiful and loving jewel
right there that loves them in full.

I hope your kids that are now here on earth
and I hope for us to come will see the
wonderful mother and woman that
God has sent them too.
I hope they know just what a gift they
have been presented in this often cold life.
I hope they see and know what a warm
and loving soul they have been given in this world.
A loving parent and smart teacher
to show them right from wrong.
I hope they appreciate all you've done
and all you will do.
I pray sweet Kira that you will get
your loving dues.

I truly love you dear and shame on me
for not telling you how much you mean,
for not saying that you are so appreciated
and treasured in my heart by me.
I'm so blown away and thankful in every way
and for me to be so absent minded is not okay.
I truly appreciate your beauty both
outside and in.
I truly appreciate all the kind loving care you give.
I love you dear and appreciate just who you are,
Kira you are everything I find right within this world.

Michael P. McParland

Love Note 283

Good afternoon my sweet one
and I have just arrived home
from my few chores.
It's muggy outside from
all the rain and I'm
hot and sweaty which is annoying.

I've been thinking of you
and how much I love and miss you
because there's so very much with you
I'd like to share.
Tell you everything about my life
and what is going on in my day.
Just share with you my various thoughts
and my feelings on them.
Even more so I want to
hear your thoughts and how your day's gone.
I want you to share with me
just how you are feeling
and if you are doing okay
or feeling different.
If you are sad I want to make you happy
and have a reason to smile,
if upset or angry I'll sit and listen
then do everything I can to fix it.
I am here for you darling
and want to give you everything
you'll ever need to be
complete and happy.
I want to be with you
hand in hand forever and ever.

I'm thinking of you my sweet lady
and sending sweet kisses and hugs
filled with epic desire and love
just to you for comfort and peace.
I'm holding you tight
as I am right there by your side,
listen closely as I put my lips to your ear

and say I love you Kira
my sweet Angel Queen,
I can feel you so close and all
of you precious love in the bond that we share.
I'm so thankful for you
and all that you are and you do,
when we are back together
I'm going to thank you over and over
as I tell you Kira you are the greatest
and a true heaven sent blessing.

Michael P. McParland

You're My Best Friend 2

You truly are my best friend and only love,
I have no connection with anyone just like I do you,
you make me feel so very happy and you make me feel
like a good and worthwhile person.
I only wish to give my very best to you
because you are my best friend and I want
to see you happy and your life fulfilled.
Kira you are my hero and best friend and I want
you here to give a kiss and hold so very close.
I am the luckiest man to have the love of
my true love and best friend.

You are my best friend and there isn't a thing
in heaven or on this earth I wouldn't do for you,
to see your eyes shine and that happy smile
makes me glow inside knowing that you are shining.
I love you my best friend and I will give
you everything in this world I can and have.
I will honor you in every way because
I'm filled with respect and pride for precious you.
I love you Kira and I truly always will.

You are my best friend and I will stick with you
through this life to its very end and then I'll
join with you right on the other side.
Eternity with you is everything I truly need and want,
I can't imagine time itself without you there
right by my side to hold hands and share warmth with.
I will always stand by you my sweet Angel dove,
I will be your man who protects you with
all my strength and all my genuine care.
I will be with you through all time because
you're my best friend and I truly love you Kira
through all time to no end.

Michael P. McParland

Morning Hugs And Kisses

As I now awake on this rainy morning here
I give you sweet hugs and kisses to brighten the day,
sweet morning kisses to you to warm everything up
and to give us smiles as this day begins.
I love you sweet lady and am sending you
all of my love and warmth to help give you
all of my strength to face this day.
Sweet kisses and hugs to give you that beautiful smile
I so love that you have.

A few things to do here shortly my love
and perhaps after wards a quick snuggle together
climbing under the warm covers.
To just smile and laugh while we talk away,
I so want to hear your Angelic voice again,
I miss it so much and I miss you babe.
Perhaps later a snuggle under the covers
on this cold and overcast rainy day.

I give you these sweet morning kisses and hugs
to help give the day a shining start,
to give us both strength and to remember
we're always by each others sides hand in hand.
When we both need we'll close our loving eyes
and remember those beautiful smiles and looks
that showed nothing but acceptance and true love,
I will be with you sweet Kira as I know
you'll be with me,
so sweet hugs and kisses to you on this rainy
morning my sweet Angel dove.
I love you Kira you're simply the the best.

Michael P. McParland

Wakeful Kisses

Waking up for just a few minutes
in the late hours of the night,
I just want to pull you in
and give you these kisses
of sweet and pure true love.

I give you these wakeful kisses
as I now go back to sleep.
I love you Kira you truly are
the one that makes happy and complete.
Sweet kisses to you every hour
my dear Angel true.
Sweet kisses to my Kira
I truly want you near.

Michael P. McParland

Sleep Well My Sweet Kira

Goodnight and sleep well
my sweet Angel Kira so beautiful.
I'm sorry I drifted off for awhile
and am still so very tired,
your love though has given me peace
which had been gone for so very long.
Please return to me soon so we can snuggle
every night as we go to bed.
Will you come join me in spirit
to share sweet passionate kisses
and hold each other so tight?
I love you sweet Kira and everything about you
just feels so fulfilling and right.
You are my Angel and you make me whole and complete.

Sleep well my sweet Kira I'm
truly just so very tired.
Come rest your head upon my chest and we'll go to sleep,
first though sharing sweet kisses
and I'll sing some songs to you my sweet one.
Let's just snuggle before we go to sleep,
I want to hold you forever nonstop.
I love you sweet Kira and eternity
with you truly is everything I want,
sleep well and goodnight my sweet one
I'll see you tonight in our
dreams to hold you there too.

I love you sweet Kira and I'll
forever be right here for you.
I'll never stop giving you
my full support and true love,
you truly are my everything and all that I want.

Michael P. McParland

Love Note 282

Lying here in bed resting
and dreaming of giving you
sweet and deep passionate kisses,
it makes me smile but makes
my heart ache as well.
I want so badly to be holding you here.
I love you Kira my sweet Angel dove
and I'll always treat you
like a divine Queen.
You are amazing and the woman
I truly admire.
I love you Kira and in all ways
you fill me with epic desire.

Michael P. McParland

Kira My Darling

Kira my darling I was once again
looking at your picture
and I had to say aloud
Kira you truly are so very beautiful.
You blow me away every time
and butterflies flutter in my stomach.
Kira my sweet darling you truly
are so very beautiful
and I an average man
who may not even be handsome
am truly honored to have
the love of an Angel.
I love you Kira my darling
you truly are so very beautiful.

Michael P. McParland

You Are My Rock

You are my rock my sweet lady,
you help me to keep going when I feel
ready to just lay down and quit.
Your love has helped me so much through the years.
You are my light that gives me true hope,
you are my northern star that lights the path.
You are my rock that so often keeps me
upright and steady and I thank you
sweet lady for everything that you've done
and you're doing.

I strive to give you all the same gifts,
I hope I have and strive to I always will.
I will forever give of myself straight to you
because I love you so much and care immensely too.
You are my Angel and Queen so very true
I want to light up your precious life too.
I want to give you all that you need
because you are so truly beautiful and special to me.

You are my rock and I can't thank you enough
I will always give you my support too,
side by side hand in hand through all time
I know our true love will get us through.
You truly fill me with light giving endless hope
I love you Kira and about that I would never joke.

Michael P. McParland

Restful Evening In Each Others Arms

What would be perfect tonight
would be a restful evening in each others arms.
Eat dinner here very soon
and then lay down together on the couch
in each others arms and close our eyes
for a short while.
Chase away the last of this tiredness together.
A restful evening with you is what
I so truly want and desire.

To be with you is the most peaceful
thing there is in this world for me.
To hear your sweet voice and smell your skin and hair,
to just feel you next to me would help
all the tension melt away
as my heart melts for you in total love.
Oh my sweet darling Kira let's pray to God
that so soon you will be here or I there.
I just want us to be in each others arms
feeling pure comfort and warmth.

As we were relaxing tonight we could watch a movie,
you know I have a huge collection so you could
pick out which one you would like us to share,
just lay on the couch getting lost with each other
in the story that it is telling.
Feeling safety and peace being so close together.
A quiet evening in each others arms.
What could be better my sweet precious lady?
Nothing I say because being with you
is the ultimate blessing and prize I could hope for.

I want a quiet evening in each others arms,
the perfect time with my only love,
to lay on the couch wrapped up with my Angel
my sweet Angel dove is the most peaceful thing there could be.
To share kisses and smiles with tender looks
of pure love from the soul.
I love you my sweet Kira and want a quiet evening

in each others kind, loving, and accepting arms.

Michael P. McParland

Love Note 281

Good afternoon my sweet one
I pray you're having a good day
and getting some good rest as well.
I'm sorry I haven't gotten
much writing done but this tiredness
has struck me hard today,
I promise though sweet one
I'll do a lot more as the day and evening go.
I love you so very much
and don't like to let you down
I send you these great big
kisses and hugs so sweetly
with all of my love and warmth.
You are my Angel and my
love and care for you is immense.

All of my dreams have been of you
and all the beautiful things
I'll tell you and we'll do when
all comes together again.
I will pour my soul out
to show you my trust
and to just give myself in full
to my sweet one and only love.
I can't wait to hold you
and I hope have a wonderful family.
You will make the perfect wife and mother,
I know in my heart and soul
there can be no possible better,
I've seen and felt
your heart and soul
and I know all the loving care
that they hold.
You are a saint in so many ways,
you are my Angel and sacred Queen.

As always I'm right there
with you by your loving side,
feel my hand in yours

and my arms around you
as we go along,
I'll never abandon you
because you mean everything,
I adore you sweet lady
and want you in my arms for eternity.
I love you sweet Kira
and I just want to give you
everything you deserve
in this life with all my
abundant love that
wants to give you the best.
You are amazing and a blessing
straight from God.
Your love is a miracle
that I will always thank
both of you for.

Michael P. McParland

Lying Here With You

How I wish I was lying here on the couch with you,
there's not a lot of room but that's okay
because we could just squeeze together and be close,
holding you so near and feeling your heart beat.
I wish you were lying here with me resting away
all the tiredness and loneliness we feel.
Just feel safe and peaceful as we lay here holding
each other so very tight and close.

I just wish you were lying here with me
because I want to be with you sweet lady.
I want to have you in my arms healing each others aching hearts,
I know we're the ones that can heal each other right,
I know that we can make through it all
with the bond of indestructible steel we share,
I know we are meant to be because we have such true love
and respect for each other deeply and in every way.
I love you Kira and wish you were here lying
on this couch resting with me.

I wish you were lying here with me so I
could give you deep passionate kisses
and look you in the eyes and say I love you Kira,
I want to be with you forever and ever.
I want to share myself with you
and maybe have the sweet treat in another
poem of which I speak.
Just be close to you and feel complete through and through.
Kira I wish I was lying here next to you,
I wish that you were to hold so close and say
I love you babe you are the best.

I just want you here next to me to give
you everything you'll ever want and need,
I want to make you so very proud everyday
we live on this earth and right into the next.
I want to make you happy and feel complete,
I just want you here with me.
I truly love you so very much

and holding you close is what I want,
you are the one I so adore,
Kira you are my sweet Angel dove.

Michael P. McParland

Yearning For My Angel

Lying here on the couch resting
I lost track of time as I dreamed of you
and am yearning and longing to hear from you
and feel the touch of my Angel true.
I'm yearning because you're so special to me,
a true diamond in the rough,
a rare jewel.
I'm longing for you because you
are amazing and I truly love you.

Just lying here resting and felt so relaxed
from all the deep caring love you are sending,
I thank you sweet lady because I am so sleepy
and just need the rest for a little while.
You give me true peace and that is why I am yearning
to have you here where I can see my Angel everyday
and give you that sweet loving peace in return.
I love you sweet Kira you truly are my everything.

Lying here dreaming of you and my heart
longs and yearns in full for you,
just to talk and hold you.
Just to see your gorgeous heavenly smile,
just to feel safe with my sweet precious lady.
I yearn just because you are you
and that's what I truly love.
I love you Kira because you are you
and that's all I'll ever want and need.

Michael P. McParland

Morning Note 120

Good morning
my sweet Angel dove
and to start the day
I give you a great big shining smile
with a deep kiss and a tight hug.
Saying good morning to you
helps give the day a fairly
good start when you are not here.
It would be perfect if I could
look in your eyes and say
good morning sweet Kira
I'm so thankful for you
and my love for you grows everyday.
Then put my arms lovingly around you
and give you sweet kisses so passionately.
One day my love and God willing
and if he has mercy it will be soon
my sweet Queen and Angel.

It may be time to get up
not that I have anywhere important
to be but I want to write you
and be up in the hopes that maybe
I'll hear from you.
If you were here though I would
just lay here a while longer
and hold you so tightly
just gazing in your sweet eyes
and smiling so brightly.
You are the worlds beauty
and you make so happy.
I want to be with you
through all eternity.

Remember sweet dear I'll be
right there with you
the whole day through step by step
hand in hand the whole time.
You have my full support

and my absolute love.
There isn't anything
I wouldn't do for you
my sweet Angel dove.
You're not alone and my heart
is all yours,
close your sweet eyes and see
my loving looks and smile,
my heart yearns to have
you right here in my arms.
Take care through this day
and I'll be right here
if you want or need,
I love you sweet Kira
and I long so much
for your glorious return.

Michael P. McParland

Snuggling Under The Covers

I've just been lightly drifting
and sleeping so far my sweet lady,
happy thoughts of you are running through me.
I'm dreaming of what we'll talk about
and just holding you close feeling you in my arms.
I'm thinking of how you look right now
looking so beautiful as you're peacefully sleeping.
You're always beautiful but that thought
just makes my heart widely smile.
The picture of my beautiful Angel
looking and feeling so peaceful.

Sweet lady if you're awake or asleep
in spirit come tightly snuggle with me.
We'll slip under the covers hiding together
from the rest of the world in our own,
just smiling, talking, and laughing
like we always did.
You make me so happy and I want to
share time snuggling and kissing
under the covers with my only lady,
then just rest our heads close together
and drift off to sleep holding each other.

So far my sweet lady just lightly
drifting and sleeping but happy thoughts of you
fill me up and make me happy.
I'm sending you kisses so sweetly
and am hoping you'll come and snuggle with me
under the covers ever so sweetly.
I want to be with my Angel both of us smiling,
I love you Kira come join me under the covers
and feel peace in each others arms.

ILYF and ever KP

Michael P. McParland

Goodnight Kira My Angel

Goodnight Kira my Angel and sweet
endless kisses of pure love to you.
Let's go to bed and snuggle the night away,
let me just gaze into your beautiful eyes
as we share kisses so sweet from our soul.
I want to see you smile so brightly
as we end this night feeling so
peaceful and cozy in each others arms.

Goodnight Kira my Angel
and feel me there holding your hand
with my arms wrapped so tightly around
telling you how deeply and truly I love you.
I hope you don't mind as you rest your head on my chest
and I rub your back if I just release
and let some tears go as I feel your spirit
and your kind and abundant love.
I feel safe crying in front of you
because I trust your heart and I know
you would not make fun of me and say cutting things.
I just want to hold you close letting go
and give some release.
I love you so much and trust you the most.

Goodnight my Angel sweet sweet Kira
from high up in heaven
I'll see you tonight in dreamland
where we can always be together.
Until we are reunited that's where
I can hold you and smile feeling
complete and happy for a little while,
I can see you there my sweet lady and kiss you so deeply
which is what I'll do tonight as we
go on a journey with the moon and stars
as they carry us through the universe.
A special trip just for two true lovers,
hold on tight my sweet lady and feel
all of my loving warmth.

Goodnight Kira my one and only sweet Angel
I am with you forever and always,
I'll be holding you tightly giving
you kisses as I reassure you speaking softly.
Never have a fright or doubt that
I am right here to help you out,
I'll drop everything if that's what you need,
I will give you my all and everything
because I want to be with you for all eternity
making you so very happy,
I will give you the love of which you're so deserving,
I love you sweet Kira and I'll never leave you,
I'm dedicated and faithful as you are my true Queen
and my true love.
You will forever be Kira my sweet Angel dove.

Michael P. McParland

Snuggle 33

Will you come snuggle for awhile sweet one?
Not go to bed just yet but rest here
while we so lovingly hold each other
feeling peace and comfort.
Will you come snuggle and nuzzle with me
my sweet Queen and Angel?
I want to hold you close and give you comfort.
I need you too my sweet lady.
You are to me the whole worlds true beauty.

Will you come join me so I can give you
all my warmth and love filled with comfort?
Please my sweet lady I need you next to me
so I can feel peace and return it to thee.
I just need to know right now that you love me,
to give you kisses and feel safe and needed.
Please come join me so I can give you comfort.
I love you Kira and want to give you
all the love that you've needed making you happy
and smile again.
I miss you my darling and want to hold the woman
who truly means everything.
I want to hold the Angel I long to be with for eternity.

Michael P. McParland

I Care So Deeply

I care so deeply for you
and I wish I could just reach out
and take your hand right now
to pull you in for a hug and hold you
while you just released and let everything out.
I can feel your sadness, anger and hurt
so very strong and I want to give you all of my love.
I want you to be able to bury your face
in my chest or shoulder so you can tell me everything
and cry if you need to,
cry as long as you needed to while
I just sat there with you stroking your hair
and rubbing your back softly reassuring you
that I care and I'm there and I'll never leave you my one.
I care so very deeply and I just want to hold you right now.

I care for you so very deeply and I just want
to lay here in my bed with you,
feeling so close but not through sex at this time.
Love making can wait because talking
and gentleness are what's needed right now.
Looking at each other and sharing sweet kisses,
breaking down the defenses that have
gotten in the way and hurt us.
I want to share my whole world with my lady
because I so deeply care and I trust you.
I love you sweet Kira and I care immensely.

Kira I care so very deeply and I want to be
here for you freely forever.
You are my Angel and best friend so beautiful,
you are the only one I want to be with,
my sweet darling Kira I will always stand by you
fighting for and defending you.
There isn't anything I wouldn't give or do
to see you smile and make you happy.
I love you sweet Kira and I care so very deeply,
my sweet Angel dove I want to be with you for all eternity.

Michael P. McParland

You Are The One

You are the one
and I love you so much.
With a smile I kiss you
and caress your cheek.
You are amazing
and a miracle to me,
Kira you are the one
and I love you immensely.

Michael P. McParland

Tender And Delicate

A tender and delicate kiss to you
my sweet Angel dove.
A tender kiss filled with deep endless passion,
a delicate kiss to show the
deep care I feel for you my dear love.
Millions of tender and delicate
kisses will be given to you by me
through all eternity.

A tender and delicate kiss
to my best friend and soul mate.
Feel the electricity as it flows
deeply and freely between us.
My heart melts completely for you my sweet one
as I truly and fully adore you.
Sweet tender and delicate kisses for you my dear Kira
because I love you completely
and I always will for all eternity.

Michael P. McParland

Love Note 280

Sitting here my sweet one
on this late afternoon
thinking of you and wishing
you were here in my arms.
I can feel you so close
and smell your sweet skin and hair
but I still wish I was
kissing you right here and now,
I miss you deeply
and I ache so very much
to see you and hold you
so near.

I can feel your loneliness
here as well and I wish
I could hold you
and say everything is okay.
Just massage your back
while we lovingly talked,
just close your sweet eyes
and feel all of my love as it
completely surrounds.
Feel peace and comfort
knowing that I'll never waiver
and I will always be here
and I'll never leave you.
I love you sweet Kira
and so deeply miss you.
I'll be waiting for you
as long as is needed.

Michael P. McParland

Reaching Out To You 2

I'm reaching out to you
to take your hands in mine
and pull you in for a tight and tender hug.
To give you all my warmth and love
and to reassure you that I am here for you.
You are not alone sweet one
and I'll never leave you feeling
broken, cold and scared.
I love you too much and so deeply care,
to know that you hurt truly is burning hell.
I'm reaching out to hold you tight
and say I love you dear.

Michael P. McParland

I Just Want You

I just want you in my life,
I just want to be with you all the time.
I hold no expectations for more,
I just want your love and support,
those things which you've always given me before.
Sweet sweet Kira my only one
I just want to be with you because you are my one.

I just want you because I love you
so very much and deep within my soul.
I don't want something like money
or to get other things.
I just want you and all the joy that you bring,
you give me loving support and that's all I want.
I just want to have the woman I love
right by my side hand in hand for all time.

I just want you and to give you all my love,
I truly do have so much love to give
and I want to shower all of it onto you,
my heart melts for my sweet sweet Angel
and I want to give you all that I have.
I want to be there for my Queen,
my sweet Angel dove.

I want to be there to give you
all of my kind and caring loving support.
I want to be by your side to help heal your heart,
I just want to hold you so close,
I just want you my precious one.
You're a diamond in the rough and a gift from God,
I just want you my only love.

Kira I just want you because
you alone are the greatest prize there is,
I love you for you and expect nothing more.
I don't want you to morph or change
because Kira is the one I love and always have,
I just want you because you're worth more

than all the riches and other women in this world.
I just want you because you are the one,
I love you because you are my soul mate and best friend.

Michael P. McParland

The Best Thing

I'm still quite tired my dear
but feel it's time to get up anyway.
I woke up to the very best thing
and do you know what it is sweet one?
It was your picture on my computer screen.
It was you smiling and being happy
which helps me feel good and happy in my heart
as I get up to face this day.
Seeing your picture was the medicine I need,
the only better thing would you being
right here next to me to kiss and hug
saying right to you I love you Kira
you are my sweet Angel and only one.

You are the thing to ever happen to me
and the person in this world you see.
I love you my darling dear
and send sweet kisses to you my only one,
waking up to see your picture was the greatest thing
because seeing my beautiful one
is everything in the world to me.
The only better thing is when I'll
be able to hold you close and feel your skin next to mine.
I love you deeply dear and I always will.

Kira you are the perfect one for me
and I hope you know just how much you mean to me.
As you go about this bright day
feel me there along with you as I hold your hand,
my arms will be around you too as I whisper
in your cute ear I love you my Angel oh so true,
you are dynamite and I can't get enough of you.
You're the best thing in this all too often
sad and bleak dark world,
you give me light and you give me hope.
I want you to be my bride and be together through all time.
Kira you truly are my one and starting
everyday next to you would be the greatest thing.

Michael P. McParland

Restless Rest

Lying here tonight restless,
I'll drift off a bit then wake again.
Beautiful thoughts of you
fill my heart and mind,
then the longing need to hold you begins.
Remember dear it's not you that makes me sad,
it's the not being with you
and you being so far away that hurts me.
You make me happy while the circumstance
often makes me so sad and weepy.
I miss my lady so good and classy
I just want to hold you and kiss you.

A restless night of rest because
I wonder how you are doing
and I can feel your aching
and lonely need to be held within you.
We both so need to hold each other
and it hurts all this distance.
I love you my dear darling and you are my Angel,
I want you to look in my eyes
and see all the love that is within me.
I want to share my whole life with the woman
who's more important than anything
in heaven, on this planet, or in the universe.
I just want to lay here and hold you
talking and resting in peaceful contentment.

A restless night of rest for both of us
and I'm sending you all of my warmth and love
to help you feel safe and protected,
wrap up in my strength like a big comfy blanket
feeling so relaxed and deeply cozy,
knowing you're okay will truly help me
because as long as you are okay
that's all that truly matters.
I love you sweet Kira and I am right there with you,
I'm holding you close giving sweet and deep
yet gentle loving kisses.

Let's rest our heads together and end this night
of restless resting comfortable and peaceful
sleeping in fulfilled harmony together.

Michael P. McParland

Close Our Eyes

Come my dear one and let's slip into bed,
we'll share a sweet and deep kiss
then rest your head upon my chest
as I tightly pull you in to give you peace.
I love you sweet lady now let's close our eyes
and talk a little bit as we drift off to sleep.
I will be with you holding you tight
so feel my deep comfort and not a single fright,
I love you sweet Kira you're my sweet Angel dove
and only one.

Come my sweet one and join me in bed.
As you rest your head on my chest
hear how my heart beats for my lady so sweet.
I want you and need you so let's
keep on working to be closer together,
I love you so much my beautiful Kira
now let's close our eyes so we can
go to our dreams and see each other.
Let's talk so soon for real
because you are my dream and I want to
be with you forever to no end.

Michael P. McParland

Smiling Because Of You (Goodnight)

Goodnight my sweet one and sleep well,
I'm wearing a smile right now
because I'm thinking of you and feel all your love,
you truly are amazing and make me
feel just like a good man and King.
I will always strive work and aspire
to be a great King for my divine Queen.
I'm smiling because of you
and I say goodnight with these endless kisses of love.

Goodnight my sweet Queen and let's go to bed
snuggling up so tight through the night,
sharing sweet kisses of admiration and passion.
I want to spend every day and night
with my gorgeous Queen and Angel.
I want to hold my sweet darling Kira
forever and ever through eternity.
I love you my darling and can't make it without you,
I'm smiling because I so deeply love you
and I know you love me because I can completely feel it.

I'll see you tonight in our sweet dreams
where I want to see your beautiful smile,
where I'll show you mine forever
while I tightly hold you and sweetly kiss you,
sitting under our tree by the rushing river.
I just want to talk with my lady
snuggling and sharing sweet kisses.
Soon my sweet one in reality
tonight though I'll see you and hold you
in the sweet dreams we share together.

Goodnight my sweet love and because of you
I am actually smiling feeling the lightness
in my heart and soul your love provides me.
What would I do without my northern star
and sweet precious Kira?
I'd be more lost than I already am,
I love you so much and I want you near.

Remember though darling I'm by your side always
and I'm always here whenever you need me,
no matter when and no matter what
my sweet Kira matters the most.
Goodnight my sweet lady and know I am smiling,
feel its bright shine within you.
It's because of you that I wear it
and I love you each day more than ever.

Michael P. McParland

Missed You A Lot

Back home from the baseball game,
the Twins won 7-1,
it was a good game and mostly fun,
I missed you though and I longed
for you to be there to hold.
I missed you a lot and always do
because I so deeply care and love you.

At many points I could feel you near,
I could smell your delicate skin and hair,
it moved me so much that I wouldn't
be able to focus on the game.
I would just give a smile and say
hello Kira, I love you so much
and I miss you tons,
I wish you were here my only one.
I missed you a lot and ache for you now.

I thought of you at the game
and sent you all of the warmth I carry within,
I said I love you sweet dear
and gave a smile to send your way.
I missed you a lot and wish you had been there,
I love you Kira and want to be with you
forever and ever.

Michael P. McParland

Love Note 279

As I get ready to
head out the door
to go to the game
I wanted to say I love you babe
and I will be thinking of you
the entire time wishing
you were by my side
and I was holding you.
I love and miss you so much
and not having you here
part of me is missing
and it hurts.

I will be sending you
all of my warmth and love
so close your sweet eyes
and just feel me in spirit
and see yourself there.
I'll be sending sweet kisses
and holding your hand.
I love you my Angel Kira
and I always will.

So as I now go
remember I am right by your side
always hand in hand.
Feel my arms around you
ever so tight.
You are a beautiful woman
who I care about and love
with my whole body and heart
you are my special lady now
and forever you always will.

Michael P. McParland

Aching And Longing

I'm aching and longing so much
to have you here in my arms
and to just show you how much I care.
I know if you just looked in my eyes
without me hiding a thing
you would see it all and feel such peace in your heart.
I ache so much and so bad
to just have you near and hold you so close.

I long for you sweet one
because I care so very much and want you
to be here to rest your head upon my chest
and listen while I stroke your hair and rub your back
to just how for you my heart stays alive and beats.
I ache for you my sweet Kira and to have you
eternally in my loving arms.
I ache and I long to show you just how wonderful
I know you are.

Kira you are amazing and my only best friend
and I long so much to sit here and hold your hand,
you are so beautiful and so very kind
I pray you'll soon return so I can
give you all of my sweet love and kisses in return.
I love you Kira and an eternal flame for you
inside me brightly burns.
I love you so deeply and yearn for you always and now.

My sweet Kira I long and I ache for you so very bad
and just wish I could hold you right now,
to see your smile and your sparkling eyes.
I want to look upon you in love for the longest while,
I want to say I love you through my eyes and smile,
I want to say I love you with the tears of joy I would be crying.
I ache for you sweet one and I need you here my dear Angel.

I ache so often and sometimes so bad that
all I can do is lay in bed.
I dream of you and giving sweet kisses,

I send you all of my love with everything I hold for you.
I miss you sweet lady and I long in pure passion,
I want to give you everything that I have within me.
I love you sweet Kira and I ache to see you and touch you,
I need you so badly because I love you so deeply,
Kira my lady I ache for and long to hold you so badly.

Michael P. McParland

Sweet One 9

Sweet one you are my Angel so very bright and true,
this life would be so empty if I had never met you.
You are my light and you fill me up with hope,
I love you sweet one and I always will.

Sweet one my heart is always yours,
it beats just for you because you're a gift from God.
I truly lack the words to tell you how much I care,
just know sweet one I love you and I am always here.

Michael P. McParland

Holding You Forever

I'll be holding you forever sweet one
rather it be in spirit or in person,
I'm never letting go because
you are the one I completely and truly love,
I'll be holding you forever because you are my only one.

I'll be holding you forever to keep you safe and warm,
to give you endless peace and feel comfort in your heart.
I'll hold you when you're tired,
I'll hold you when you are asleep,
I'll hold you when you are wide awake,
I'll hold you when you're sad and need me bad,
and I'll hold you when you're happy just wanting
to have me there.
I'll be holding you forever because you're my beautiful one.

I love you madly Kira and I want to hold you now,
give you kisses oh so sweetly on your lips
and just kiss you in passion everywhere.
I want to whisper in your ear I love you
and that you are the only one who I want forever.
I'll hold you always my sweet one because
you are the greatest Angel.
I'll never let you go because you are the one I love.

I'll be holding you forever because you're my only Queen,
I want to give you everything you truly want and need.
I want to heal all your wounds and scars,
I want to help you forget the jerks that took you for granted
and badly hurt your soul and heart.
I'll be holding you forever so you'll always know you're beautiful,
I'll be holding you forever because I truly love you.
I don't want to let go or ever lose my Angel,
you are my everything and I want to be right by you.
My heart is yours as is my love and soul completely,
Kira my sweet one I'll be holding you forever because
I need and want only you completely.

Michael P. McParland

Love Note 278

Good afternoon my sweet love
my heart and thought as ever
are there with you.
I'm right by your side
hand in hand giving a loving smile
with tender eyes just for you
my sweet Angel dove.
Feel my arms around you
as I pull you in tightly
for the biggest of hugs.
Sweet kisses as always
to you as well.
I miss you so much
and just wish we could talk.
I hope that so soon
I will be able to hold and kiss you.

Tonight I am going
to the Minnesota Twins
baseball game
and I so wish you could
be there with me.
To enjoy the open air
with each other
and just have a special time
as two people so in love together.
I want to be with you always
and I would give anything
to share such a fun thing
with my dear sweet Angel.
I love you sweet Kira
and want you to be with me
more than anything.
I'll be thinking of you
while I'm out there
and sending extra warmth and love
to you my sweet special lady.

It will be hours yet dear

so I'll still do plenty of writing,
I just wanted to share
such a fun thing
with my sweet darling Angel.
Just close your eyes later
and see the sun and smell the sweet grass
as I send you my energy.
I just wish that through
everything you could come
along with me.

Oh my sweet Kira
I so truly love you
and hope that so soon
I can see you and hold you,
I hope that even sooner
we will be talking and laughing
also planning our future.
I miss seeing your words
and hearing your voice
a true treasure of heaven.
I miss you sweet Kira
a blessing from God directly,
you are truly an amazing woman.

Feel all of my love as
we go about this bright day,
know that my hand is in yours
and I'm here to stay.
You'll never again be alone
because I am your faithful man.
Kira I will always give you my everything,
you are all that I want
and all that I need.
Kira my darling you are
so truly amazing
and I want to be with you
forever and ever.

Michael P. McParland

My Best Friend

Kira you are my best friend and soul mate.
The other friends I had here hate me know
though I honestly know not why.
I promise you it's not because I lost my temper
or said things that I am filled with regret over.
I guess my mental state and twitches just
got to be too annoying and not worth understanding.
You are my best friend and I miss talking and sharing
everything that has happened and does happen
with my special woman.
I adore you and all your loving care and understanding.
You are my best friend and hero and I so deeply miss you.

Kira you are my best friend and I wish I could
just sit here or lay down and hold you.
There is so much I have in my heart and soul
I want to show and tell you.
You are my sweet precious diamond and I trust you,
I trust you so that I can share with you
things I never have with another and things
I would never share with anyone but you.
You are my sweet Angel and I want to give you
all of myself and life.
You are my best friend and the one I truly treasure.

You are my best friend and without you I'm filled with pain,
I miss your loving voice and seeing you
giving me such abundant joy and hope.
I miss giving in full of myself and knowing
that so very soon it would be for life.
I know it still will be but I want it to be now
and I miss my best friend more than anything.
I miss you Kira like a fat kid misses
his donuts when he needs them bad.
I miss you and long to have you here holding your hand.
You are my best friend and I love you more than anything.

Kira I love you and everything about you in every way,
you are my greatest friend and I wouldn't

have it any other way.
I want to give you all the best that you deserve
and I want to give my whole entire existence to you.
My heart and soul are yours through all time
because I want you to have them as my Queen
and pure Angel so very true.
You'll be my best friend through all time
and I'll always love you more than anything.
I love you Kira it is so very true
and no matter what through it all I'll stick by you,
you are my best friend and hero in every way,
you are my soul mate and you are the one I want
to be with through everyday through this life
and the rest of time.
Kira you are my best friend and I'll stick by you to no end.

Michael P. McParland

My Shining Star 2

You light up my life and world
Kira my shining star
and I love you more than all the
other stars in the sky combined,
you are the brightest and most special
giving me hope and direction
when it feels both are gone.
Kira you are my shining star
and I love you more than anything
in heaven or on earth.

I love you so much my beautiful shining star
and I give you my whole life,
you are everything I'll ever need and want
so I give you everything in and of myself
so I can do my best to make you truly happy.
I want to see you smile and shining
everyday that we live and then through eternity.
I love you Kira so truly amazing,
you are my shining star and I love you more
than all the other stars put together as one.

Kira you are my beautiful gorgeous shining star
and I hope to feel the warmth through all time
of your abundant love while always sharing mine.
Our light combined will light up the universe
as an example of true love for the whole world,
but they'll never have what we do because
we hold a bond so very special and true.
You are a shining star of immense joy
and I so deeply love you.
Kira you are my shining star and I give
myself in full only to you.

Michael P. McParland

I'm Sorry Sweet Love

Good morning my sweet Angel dove
and I truly do love you so very much.
I am sorry sweet one that you
didn't hear from me for so very long.
I was so exhausted yesterday
and fell asleep for the whole day
not long after noon.
I've only been up for a little while
and am waiting out the last of a migraine.
I love you sweet one and am sorry
if you were upset and worried,
remember my dear that I'll never leave you
and I'm always holding your hand no matter
where I may be or what I am doing.

I am sorry sweet love and please don't be upset
I was so exhausted and wish you had been here to hold,
I promise I will always give you the best I can
and I hope this headache is gone soon my sweet girl.
I love you so much and worry that you you have been crying
feeling worried or thinking I have skipped out.
Not a chance my sweet lady I am here for you always
because I love you so deeply in every way that there is.

Good morning sweet lady and today's a new day,
I am truly sorry if I upset you in any way.
I will be with you this entire day through,
I love you so much and I always will.
I hope this headache passes so soon
for I have a small piece of exciting news for you.
Not important at all but still fun none the less,
I love you sweet Kira and I'm holding you close.

Michael P. McParland

Softness In My Heart

Such softness and love for you
course through my body in whole.
Such abundant hope and light
with joy and love so pure.
I adore you dear and than you
for all you do.

I have such a softness and deep well
of love for you and it overflows in full.
The softness that I feel for you
will never have an end,
as an Angel and a gift from God
I'll always be in awe.
As a blessing I adore I'll be thankful for all time,
and as a woman so very kind and loving
and beautiful in every way
I'll feel such a softness of love through all eternity.

Michael P. McParland

A Sweet Morning Kiss

I rise for a few minutes sweet one
from my sleep just to pull you in
for a tight morning snuggle
and to say my sweet darling Kira
I so deeply love you.
With all of my heart, all of my soul,
all of my mind and body to my core.
You are an amazing woman
and I'm so happy that you love mee too.

My sweet darling Kira I rose
early for this moment to give you
a morning kiss and snuggle so special.
You are my lady and I would do anything for you,
I'm right here for you always,
nothing would please me more than
on this Sunday morning with you to share a sweet snuggle
because I love you Kira and I want
to make you the happiest woman
so here is a present just for you my dear lady
a sweet kiss to give you warmth and comfort
with all of my love so early here in the morning.
With this kiss I pull you in tight for
a most comforting snuggle.

Michael P. McParland

Love Note 277

My sweet Angel dove
I once again close my eyes
to try and get some sleep.
I will dream of you
and be sending all my love.
Feel its warmth and peace
and know I am not upset.
I feel such deep tenderness for you
and would give my life
for just 10 minutes to
talk to you and hold you close.
I will dream of you
and think of all the loving words
I want to say and how
I will show my love to you.
I love you my sweet Kira
and send all my endless love.
You are such a treasure dear
and I truly cherish you.

Michael P. McParland

Late Night Kiss

A late night kiss for you my dear,
one of true love and total care.
I miss you so bad and I fear that you are mad,
I wish I could say I'm so sorry right to you
because I love you more than anything
within heaven or this world.
I want to hold you close here in bed with me,
not sex right now but just having you oh so close
feeling you right next to me feeling peace and safe.
If you only knew how scared I feel and I don't
know how to explain it all this way.
I just want you here beside me where we can share everything,
I want my Angel to be able to see all the love I hold within me.

I send a late night kiss because I want comfort
for the Queen and love I so deeply miss,
I want you to know my heart is filled with so much love
it overflows and melts for you because
I adore you immensely in every way
I can't even describe the depths of loving admiration
I most sincerely and deeply feel.
I just wish I could hold you near and kiss you deep
so through that touch it would all be known.
I love you Kira, I so truly deeply do,
please accept this late night kiss from me to you.

Michael P. McParland

Snuggling Among The Moon And Stars

Goodnight my sweet darling dear
come and join me sweet one
to snuggle and be at peace
among the moon and the stars.
Sharing sweet kisses as we lay on a blanket
by a cosmic and majestic blue lake
we'll drift away into dreamland
holding each other in pure peace and comfort.
Join me sweet darling and we will snuggle
so tightly in comfort with the moon and stars
shining a calming ambient light to give us calm.

Goodnight my sweet precious Kira and through
the whole night in spirit I'll be holding you in my arms.
As I stroke your hair and rub your back
gently rest your head upon my chest and together
we'll drift off to sleep and meet in that dream.
Among the moon and the stars getting lost
in each other and the enchantment all around,
both we together as well as the moon and the stars.
As you are sleeping feel my sweet kisses
and caresses of love.
Be filled with all the warmth I send to you,
feel comfort inside as you hear my voice
saying Kira I love you you're my everything.
You are a blessing that I thank God for everyday,
I than you as well for just being you
and all the love that you have,
you just blow me away.

With millions of kisses and hugs that I am sending
let's rest now my dear and meet in dreamland.
I want to hold you in that ambient scene,
laying down on a blanket and wrapped up with you
by a clear blue majestic lake getting lost
in the wonder that is you.
To look in your eyes and hear your voice,
to kiss you at last how my heart longs and aches.
One day soon in reality I'll hold you close

but tonight my sweet love we'll be
with the moon and the stars in our sweet dreams.
So goodnight my dear sweet Queen my heart calls to you
it is saying Kira my Angel I so deeply love you
through and through.

Michael P. McParland

Snuggle Up Sweet One

Come and let's snuggle up so tight sweet one
filling each other with total peace and warmth,
let's just spend this tired Saturday night
relaxing in each others loving arms.
I truly need to feel you close giving you my love
and receiving your pure true love as well.
We give equally sweet one because
what we feel is completely real.

Come snuggle close with me sweet one
so I can give you kisses
and tell you how much you mean to me.
I want to show you while you look in my eyes
where you can see the depth and truth within.
Let's snuggle oh so close on this night
because it's you I need the most.
Kira I love you and want to just hold you
in my arms and give you all the love
that you deserve and have not been given.
You deserve true love more than any other soul I know
and I want to give you all I have
so come snuggle with me and rest your head upon my chest
while I reassure you that I'm here in every way.
Kira you are my only one and I truly love you so,
God bless you in every way
please come snuggle with me my sweet Angel
who I care for and about more than anything there is
in heaven or on earth.

Michael P. McParland

My Only Love

You are the only one I'll ever love
in that special way that is in the soul,
you will always be the only one
I will give myself away to in full.
No other will ever see my entire world,
I'll only ever give that key to you.
You are my only love and I so badly want
to share all time with you.
I want to have your hand and give you mine
as the most loving man and wife.

You are my only love and I give my heart to you,
I just want to hold you close and know
what it's like to be loved like that
and feel complete and total peace.
I feel your love here right now
but I've never shared a relationship
and I so long to be with you here to share,
you are my only love and only you will do
my sweet precious Angel dove.

You will always be my only love
because you are a true gift from God,
I am so in awe and filled with love for you
it overflows and I at times get overwhelmed.
I just want to have you here to
hold so close and kiss at those times.
You are my only love in that special way
and we share the most special bond.
You are the only one to whom my heart belongs
and you make me feel safe and that's
more important than you can know.
You give me peace and calm my racing mind
that the bipolar gives to me.
You are my only one so very special because you're kind
and I want you to know I'll love you
through eternity because you are my only one
so very true in every wonderful thing there is.

Michael P. McParland

Kira My Angel

Kira my Angel you are so truly beautiful
and on a tired evening like this
I just want to sit back and so tightly hold you,
tell you I love you and so deeply adore you
and that I thank God every day to have you,
to tell you you're a diamond I treasure
and I'll never leave you.

Kira my Angel I just want to look in your eyes
and show you my world in whole through mine
as I open my soul to you my sweet one.
A world that is mine and I'll never share it
with anyone else but my Angel and sweet one,
I long to sit back and give you sweet kisses so deep
and just hold you through the whole night.

Kira my Angel on such a tired evening
at the end of a difficult week
I long for nothing more than to be in your arms,
having you gently rub my face and head
to relax and feel peace in full.
So I can massage your back neck and feet,
any part of your body that so badly aches.
Relieve the pain in our hearts as we just sit
with each other getting lost in our talks.
Just like old times feeling the love,
it is still there my sweet one and it will never go away.

Kira my Angel I just so deeply adore you
and want to tightly hold you,
let you know that you; re not alone because
I love you so deeply and will always be present.
I just want to drift lightly in sleep
feeling total comfort with my Queen and my Angel.
I love you sweet Kira and just want to wrap up
with my sweet Angel dove.
She is so special and her name is Kira.

Michael P. McParland

Gorgeous Lady

Gorgeous lady how I wish I could
have you here to hold within my arms,
to sit and watch the game in peace
with my only one.
To cheer and talk laughing along the way,
gorgeous lady you are my hopes and dreams
and I send this kiss to you.

Gorgeous lady my heart sings so loud for you,
it beats continuously because you love mee too.
I feel such pride and light from the hope you give
when I look into those eyes I know what true love is.
The looks and smiles we were young
said more than we knew,
but on the deepest level of our bond we
knew we were saying I truly love you dear.
You are my gorgeous one and my heart melts for you.

Gorgeous one what can I say
but you're everything I need,
you're the only one I'll ever want
standing next to me.
I will hold your hand and hold you close
through the lengths of time.
Kira you are my gorgeous one
and my heart's forever yours.

Michael P. McParland

Sweet Saturday Afternoon Kisses

As I rise from a Saturday afternoon nap
my first thoughts are of you and a sweet kiss.
I send all my love and warmth within my heart to you
with endless smiles to give you peace within your heart.
I'll be thinking of you as I watch the game
and will be wishing you were here to watch It with me.
I just want to be with you spending time
with my Angel in my arms.
I send sweet Saturday kisses in the afternoon
to sweet wonderful, beautiful you.

So as I rose from a rest I needed much
my first though was of my love and how I care so much,
I wish I could sit with you and heal our aching hearts
but remember I am there with you and will never ever part.
You are the Angel whom I give myself in full,
I know our time will come and I'll just hold you all the time.
We will watch the games together and do so much more as one
I love you my precious Kira and I send you kisses in bunches
of a million and one.

Michael P. McParland

My Adorable Love

My adorable love so many days I don't know how
I make it through without you
by my side or at least to talk to.
It feels so empty at certain times
I can only curl up in a ball and try not to cry.
It's because I miss you dear and want
to be with my love who is so adorable.
My heart melts for who you are
because you are a ray of sunshine and my northern star.
You are everything I need and want.

My adorable one I want you to know
just how important you truly are
and that you've touched my heart in the deepest way.
I'll never stop loving you
and couldn't even if that was what I wanted dear,
but it is not because I love loving you
and giving my heart in full forevermore.
My adorable one I don't know what to do
without you right now being separated in most every way.
Adorable one my heart calls out and sings to you
because I want you to know I'm always here
and that you will always have my support.

My adorable one I truly care and want to hold you near
to reassure you that I'll never hurt and abandon you.
I want to let you know that those who hurt you in the past
are right there and I am here to last
because I would give my life to have just one night,
I will give everything I have to be with you
for all time and give my best for my Queen.
I love you adorable one and I want you to know
in all senses just how I feel
because there is nothing that exists that is more real.

Michael P. McParland

Good Saturday Morning

Good Saturday morning my dear
and many sweet kisses and hugs to you.
With a nice cuddle and smiles
let's start this day
and share a beautiful weekend ahead.
With millions of kisses and a cuddle
good Saturday morning my one
I love you so much.

If you were here we could spend
a little while in bed snuggling and talking
while kissing as well.
Then get up and I'd cook you some food
massaging your neck and feet as you would eat.
Then sit outside in the sun and read for a bit
cozy and up close while we both felt complete.
Good Saturday morning my love as that would
just be the start.

We could just take our time lounging
through the whole morning
as it would be our time together no one
to push us or hang over us now.
Then as the noon came I'd cook you a nice lunch,
to give my lady the finest there is
is a dream I so want I can feel it so bad.
I wish you a good Saturday morning
so filled with love.

As we went through the noon
I'd ask if you wanted to sit with me
and watch Ohio State as we played Hawaii.
Watching my favorite team with my
best lady would make cheering them on
a million times better.
I want to spend the day with my Angel
because it is you that makes this earth heaven.

We could take on the evening as the day came

and up through that point just take it slow
enjoying the whole time being together.
Basking in the loving bond we share together.
A good Saturday morning to my only lover
and sweet Queen and Angel.
Endless kisses to you my darling so special.

A sweet and good Saturday morning
my sweet Kira I treasure
and I will be with you holding you tightly
feel the warmth of my love as it
completely surrounds you,
close you sweet eyes feeling and seeing
my loving looks and big smile.
Smile back for me and share a kiss with me
you are the one who will help get me through things.
Feel the warmth of the sun and know it's
only half as bright as the love I hold for you,
I love you sweet Kira and I wish you
the greatest Saturday morning.

Michael P. McParland

The Beauty Of An Angel

I woke up not to long ago in just
a random waking in the middle of the night,
still being so very tired I needed
something to help calm my nerves
and relax me with a smile.
So I brought up your picture and my heart
felt so much lighter even in the longing I feel.
Gazing upon the beauty of my Angel makes me smile
and I just want to have you here within my arms.
Every time I look at you my heart and stomach flutter
filled with butterflies.

I looked upon your picture with that shining smile
and I said aloud Kira you are so beautiful
and I love you so very much,
I miss you more and more each day
and I want to feel your tender touch.
Just to feel your embrace and hold your soft and loving hand.
To caress your soft pale cheek
and savor the moment leading to that first kiss.
Just stroke your hair and be amazed by your eyes,
you are so beautiful like an Angel
I truly love you fair complexion and pale skin.
Pale in the most beautiful way with long dark hair,
my God you are an Angel how does an average man
receive the love and admiration of a woman so divine?

You truly are a beauty I hope that you can see,
it is natural and you need no enhancement
and I'm thankful you don't ruin it with make up
and accessories witch would cover up perfection.
I so deeply love you dear and your Angelic beauty
of truly breath taking and tingling perfection.
Every part of you both within and out
you are a beautiful woman I can't live without.
I long and ache to hold you close as I smile now,
it may seem crazy but I do talk to your picture
so I can say what I feel to you in some manner and some way.
You have the beauty of an Angel and my heart calls out to you.

As I now relax and close my eyes again
I thank you dear for all the love you send.
You amaze me dear all the time and I'm in love with you,
oh my dear Angel you truly are divine.
I can't wait to hold you close and cry my tears of joy,
I love you Kira my dear fair Angel
nothing in heaven or on earth can compare to you.

Michael P. McParland

Love And Kisses From The Stars

As I say goodnight sweet one
I send you all my love and sweet kisses
from the stars that shine upon you oh so bright.
With a smile so very big and filled with love
I send down my abundant depth of love
and as I reach out to pull you up
I also send you sweet kisses and tight hugs.
Eternally I send you all my love
with endless kisses from the stars.

I reach out dear to bring you up with me.
Will you join this man who wants
to be with you for all eternity?
Can I hold you among the stars
as this night rolls along and I'll
make sure you feel warm without a fright?
Will you my Angel grant me my greatest wish
to hold you in the stars great brightness
to give you kisses and hold you close?
I want to take your hand and spend the night with you.

Look up to the stars and see my loving smile
I'm reaching out to take your hand,
to say I love you dear and want to have you near,
hold you so tight within my arms so you
can feel how just for you my heart beats.
From the stars my love shines so bright on you
and the infinite stars represent my kisses to.
I'll be holding you the whole night through
so feel my warmth and my arms wrapped around
to give you total strength and peace.
My sweet Kira I am always here for thee,
I swear to you I will never abandon my sacred Queen.

Goodnight my one and only love
and I gaze upon you in awe from the brightest stars,
I adore you immensely in every way
and hope you'll join me forever to be near and stay.
You are a jewel so rare and I crave

the pure and true love you bring.
I only wish to give you my love and treat you
as my righteous royal Angel Queen.
I want to kiss you tenderly.
I just want to be your man for all eternity.
So feel my warmth as it wraps you up
and always know I love you more than anything,
it will always be you I love the most.

Michael P. McParland

I Just Want To Spend My Life

I just want to spend my life
with you so close and in my arms.
I just want to spend all time
with the woman I so truly care about and love.
I want to give you all I have
and all the love you need.
I just want to spend my life giving all I have.

I just want to spend my life
with the Queen I hold so dear.
I just want to be with you knowing peace without fear,
I just want to give you all my love
and be right by your side.
I want to walk with you everyday
giving my full support always hand in hand.
I just want to give you love
and show you're not alone.
I just want to show you I'm a good man
and will be the best for you.

I just want to look upon your face
everyday I live and well beyond this earth.
I want to make true love to you
and share my soul in full.
I just want to give my Queen what no other can ever have,
I want to tell you everyday that you are so beautiful
in each and every way,
tell you that I'm the luckiest man that's ever been alive.
I just want to spend all time with my sweet Angel bride.

I just want to spend all time being filled with pride,
the pride of being with the greatest girl
that God ever created with his hands.
I just want to spend my life healing all our scars,
I want you to know and feel all the love that you deserve.
I just want to spend my life with my true love and best friend.
I just want to be with you because with you I never feel alone,
you never look at me as a freak and you are so intelligent my one.
I'd give my life up for you if it was needed now.

I just want to be with you because you are my hearts crown jewel.

I just want to be with you because you are my one,
I adore you deep in every way and you complete me my sweet dear.
I just want to see you smile and know that you're okay,
I want to take care of you because I worry so very much.
I worry for my true love because I know you're sad,
I just want to heal your heart and give it all my love.
I want to give you peace with
endless sweet kisses and the tightest hugs,
I want to rub your back and all your aches
and give you comfort that you need.
I just want to be with you because without you I'm incomplete.
I just want to be with you because you are my everything.
I love you Kira more than you can know and want
to show you through eternity how much I truly care.

ILYF and ever KP.

Michael P. McParland

You Get Me Through

With all the love you have for me
and all the love you send
you get me through the stressful times
when my temper makes me want to bend.
The strength that you send me so grand
helps get me through the nasty stress
that sometimes I must face just like today.
I thank you dear for all you do
you truly get me through.

With that smile and those eyes so bright
I can feel them even now from so far away,
they help light my path and give me heart
so I can keep along the path and keep my head
most of the time except when I let it get away.
You help get me through and pick me up when I fall,
I adore my special girl and want to thank you dear.
I wish I could hold you close and say you are the best.
I wish I could hold you near and say I truly love you dear.

Thank you dear truly for all you do for me,
you helped get me through a frustrating hours few
where I wanted to lose my cool.
Remembering your precious smile and feeling you
helped calm my frazzled nerves.
I will thank you deeply dear when you are here
and just hug you tightly too.
I love you dear and care for you through and through
you don't know just how much you truly do.

Michael P. McParland

You Are My One

You are my one true love
and holder of my heart and soul.
You are my one true love
that I am taken with and give myself in whole.
You are my one true love that
I will share myself in every way.
You are my sweet Angel dove
and I adore you more each and every day.

You are the woman who I've loved since we were young,
you are the only girl I've ever truly loved
and you're the only one I ever will.
I gave my heart to you as the greatest gift,
it's one of the most cherished things you can give a love
that is a pure part about yourself.
You are the only one I'll ever want to be with for all time.
You are the only one it is true that will ever mean
such a great and wonderful thing.

You are the only one I'll ever have such love,
you are the only one that gives me light and joy
to want to carry through.
You are the only Angel I feel such depths of care,
I have pure tenderness and nothing else but care.
Kira you are everything I've ever dared to give up
all my hopes and dreams.
You are the only one I'll share my whole world with.
I love you dear and want you near because I truly care,
you are my diamond in the rough and it's you who
I hold so very high.
You are my Queen and blessing and I thank God for you.

Michael P. McParland

In Your Arms Today

To be in your arms is all this man wants.
In a day where the tiredness won't melt away,
I would love to lay in bed both of us
wrapped up so tight in each others arms.
To be in your arms and close my eyes
would be bliss in comforts warmest kiss.
I want to have you in my arms as well
while we lay here in each others arms.

To be in your arms today would be the thing
that would help me forget a tough week.
To feel your soft skin and kiss you on your cheeks and lips
would be a treat my heart would heart so needs,
to give my love to you widely smiling
is how I want to spend this day with you.
To be in your arms and feel your love
is everything I want and need.
I so love you and want to give the safe
because peace and comfort feeling so complete
is what we'll find as we snuggle up in true loves bond.

Michael P. McParland

A Good Morning Smile

A good morning smile sweet one
just for you to give a bright one,
a smile of strength to give you deep warmth
and to say I love you in full in so many ways.
A good morning smile sweet love
because I adore you so much
and with a sweet hug and kiss.

A good morning smile to fill you with light
and to give you all of the strength I hold inside,
a good morning smile because I think of yours
and it will help me face the day to get through
the most frustrating and stressful of chores.
A sweet good morning smile and kiss because
you truly are so deeply loved and missed.

A good morning kiss my diamond I miss,
you fill me with light and bliss
and I want to give you all that loving hope,
to give you the light and the hope I receive,
to show you how much you mean to me.
A good morning smile of pure loving care
for the lady I hold so very high.

A good morning smile and kiss
and I'll be with you the whole time today.
I want to give you my courage and protection dear,
I give you my heart and life in total and full.
I adore you sweet one and wear this smile
just for you.
I love you sweet lady and send the sun just for you,
in it feel the warmth of my smile and total love,
close your sweet eyes and feel me there.

Michael P. McParland

A Tired Morning

A tired morning my dear I want to spend
for a little while here in bed
held within each others loving arms.
A few hours of kind and caring loving peace,
the things of hopeful dreams
would be you here with me.
A tired morning with my beautiful woman
sharing kisses a few more resting hours
is what I long for and desire.
Looking forward to waking and saying
I love you Kira now let's rise
and face a bright new day together.
Everything is renewed, bright and hopeful
with my true love and only Angel.
Let's snuggle here for a few more hours
then face the day so strong knowing
we cannot be beaten standing so very tall together.

Michael P. McParland

My Sweet Angel 4

My sweet Angel Kira how I wish
that you were here to lay with me
just holding close looking at you and smiling.
You are my smile and everything
and I want so much to have you near to me,
I wish you were here to feel your heart beat
and listen to you breathe.
My sweet Angel I so wish you were here right next to me.

My sweet Angel you are so good to me
and I wish you were here to snuggle peacefully.
To dry each others lonely tears
and feel complete and whole once again.
I just want to know peace within each others arms,
I just want to comfort you while you comfort me.
My sweet Angel I want to give you everything,
I just want to hold you close and rest for a long while,
feeling contentment and solace in my Angels loving arms.

My sweet Angel how I long to share this life with you,
how I long to have your light here
and feel your love so bright and pure.
My sweet Angel you are all that beautiful and right within this world,
you are all I want and need sweet one
because with all my heart, all my mind, and all my soul
right to my very core I love you more than anyone can truly know.

Michael P. McParland

A Sad Night

Waking up but half an hour past
and all the stresses and sadness of yesterday hit.
Woken up at seven at night by
something that I believed to be taken care of
but doctors tend to be incompetent andon them you can't count
so the worries and the stresses of doing it
all over again on me so heavily sit.
I'm sick of all this junk and worst of all
I don't have you here to just hold, talk, and kiss.
I just want to cry in this overwhelmingness.
I miss you sweet lady and you always helped
talk me through it all.
It's a sad night from all of it and I just want
you here to talk and hold.
You are the Angel I adore and I need your strength right now.

It's a very sad night my dear and I am stressed in full,
I just wish I could talk to you to gain my nerves
and straighten out my thoughts and mood,
then we would just talk about everything and forget the world.
You are the medicine that brings beauty to this world,
you are the Queen that keeps me going on.
If it weren't for all the love we share I would give up
and finally leave it all,
but you and your sweet soul I can't leave behind.
I want to be by you hand in hand always helping
each other right along here on earth and through eternal time.

It's a sad and stressful night within my mind and heart
and you're all I need and want within my loving arms.
At times like this you are the only beauty
in this cold and ugly world.
I just want to look you in the eyes and thank you deeply
for all you do and say I love you dear,
you are so wonderful and truly special and everything to me.
I love you Kira and you're all I need
and I want to give you all the things so good and bright
within this universe that you so deserve.
I love you Kira my sweet Queen and I just want

to hold you close and have us both be filled with peace.

Michael P. McParland

A Deserved Rest

A well deserved and needed rest for me my sweet dear.
Will you come and join me for a snuggle so sweet and near?
Will you honor me with your sweet spirit and open arms?
Can I hold you dear and feel your peace surround me now?
I need this rest and some wholesome sleep,
I so want you here and have you next to me.
I want to hold my one and say I love you more each day.
Kira you are my Angel Queen and I need you in my arms.

It's a well deserved and needed rest my dear and Angel true,
a deserved rest and snuggle for the
both of us and I want to hold you near.
Come sweet one and look me in the eyes,
I will caress your cheek and rub your back as I give you all my love.
I want to surround you in all my warmth as we close our eyes.
I love you so my only one and want to sleep with you,
not sex my dear but peaceful holding now.
Come rest with me my only one you're all I want and need.

Michael P. McParland

Sweet Afternoon Kisses

On an afternoon where I'm so very tired
and have had to be on the phone
dealing with frustrating doctors
I wish that now that part's over
I could just sit with you relaxing
snuggling so very tightly,
sharing kisses of deep comfort to chase away the stresses.
I just want to be with you to forget
the world that gives me chills.
I want to be with the Angel who cures the pain I feel.

Sweet afternoon kisses are what would heal my heart,
sweet kisses with the Queen and Angel
who truly listen and understand.
Holding my sweet lady that helps me forget the world,
the sweet lady on whose shoulder I could cry.
I love you oh my Angel and I wish that I was with you,
life seems to be more impossible each and everyday.
I just want to be with you and relax this afternoon.

I just want to be with you to hold and give all my sweet love,
I just want to be in your arms and know that it's alright.
I just want to look at you and say thank you dear
I truly love you so, then give the sweetest kiss
a man could ever give the Angel that he loves.
I love you dear and want to hold you near
to feel peace and forget the world.
You are everything and the cure for this hurtful world.

Michael P. McParland

My Sweet Beautiful Angel

My sweet beautiful Angel
I'm so tired on this morn
but I'll be up yet a while longer
and I'll smile as I dream of you
sending all my love and warmth,
sweet kisses and hugs as well
to fill you with the strength and peace
you so deeply truly deserve.
My sweet beautiful Angel I am here for you.

My sweet beautiful Angel I adore you so
and would give anything to have you here,
so tightly wrapped within my arms
and sharing sweet kisses in our caring love.
My sweet beautiful Angel I give my heart,
my soul, my whole life to you.
My sweet Kira you are so very good,
a diamond in the rough and a jewel so very rare.
My sweet beautiful Angel I want to marry you.

My sweet beautiful Angel all my sweetest dreams
are of me and you.
I just want to hold you close and comfort you,
soothe and heal your aching heart filling you with peace,
I want to show you how much you're loved
and how I truly care for you.
My sweet beautiful Angel I would give up my whole life
just to take care of you in every way because I love you so much.
My sweet beautiful Angel I just want to have you here.

My sweet beautiful Angel I send all my love to you
and I hope to have you in my arms so very so.
To give you kisses oh so sweet and feel your
love as you're near to me.
To give you all my endless love and treat you like my Queen,
my sweet beautiful one I just want to have you near
because each day I love you more.
My sweet Kira so very beautiful you're all I want and need.

Michael P. McParland

Sweet Good Morning Sweet Love

A sweet good morning to you my sweet love
and I wish you the brightest of days.
With a sweet kiss I remind you that
I'll be with you hand in hand all the way.
You are my only one and I'll never leave you
feeling sad cold and broken
because I adore you in every way.
You are my sweet Angel dove and I give you my whole life.

A sweet good morning to you as I hold you so close
in these chilly early morning hours to fill you with warmth.
If you start feeling lonely today remember I'll
take your hand and put my arms around you.
Then close those sweet beautiful eyes and remember
the loving looks and smile I always gave you
full of adoration and pure love.
I will always stand by your side in full support.
I will stand and defend my Queen for all time.

Feel the sun this day as I send it to shine on you,
let it's warmth remind you of the deep and abundant love
I hold just for you my sweet Angel dove.
My heart and soul are forever yours through all time
and I long to have your hand as my gorgeous wife.
Kira you are the best and I love you so very much.
A sweet good morning to you my sweet love,
never forget that I am always here just for you my precious jewel.

Michael P. McParland

Longing For A Beautiful Day (With You)

I long for a beautiful day today with you.
To start this morning in your arms
snuggling on this chilly morning keeping each other warm.
I long to be here with my only one in bed
side by side feeling the true love that we share.
I long for a beautiful day with the Angel
who holds my heart and soul in every way.

I long to spend the early morning hours shaking off
the rust and dullness of sleep holding hands
and doing whatever various things we do with you.
I long to just sit at your side and see the brightness
of your smile and eyes.
I want to see the bright lights of life with you
as you light the world no matter the weather that's outside.
I want to spend a beautiful day with my Angel bride.

I long for that beautiful day to soon come
when I just spend endless time with you.
No matter what we do it will be filled with joy
as long as you are by my side.
Walks and talking having lunch,
cooking for my sweet one her favorite meals to please.
Reading and watching movies that we love,
giving myself to you in whole and full.
I love you dear and want our days in full so soon.
I long to spend this beautiful day with you.

My sweet lady I can't wait for each day
that I can hold you close telling you
about how I feel and adore you.
To share beautiful days and nights in each others arms.
You are what I want and need for all time,
I truly love you more than anyone or anything.
So come my dear and let me give you all I have,
I long for beautiful days with you as my bride.

Michael P. McParland

Night Note 106

Sweet lady holder of
my very heart and soul
how I wish you were here
to lay beside me on the couch and hold.
Snuggle so tightly
while I still sit here
tiredly awake.
Just to be near you
and have your company
as I watch some movies.
I so want you here in my arms
to keep us both warm
feeling totally of peace.
Oh my sweet Kira you
are the woman that makes up
the substance of beautiful dreams.
You are the woman for whom
my heart truly beats.

On this late night
I wish I was with you
cleaning up the house
to surprise you.
Mostly though just lying
with you at my side
as I held you giving sweet kisses
to my only Angel bride.
Feeling your warmth
and the deep love that you hold.
Oh my sweet Kira
my sweet Angel dove.
One day we'll be sitting
and holding each other so close
and can't wait to be with you
to say I love you Kira
and give you a kiss.

Michael P. McParland

Late Night Memories

As I slowly go about the few chores
tonight while I'm up for a short bit
I think of you my special one so good.
I think of all the happiness to me that you are
to help get me along and give me
the little smile I'm right now capable of.
I think of you and all your beauty
and though I ache for you it makes me feel good too.
I love you Kira and you're everything
I need in this cold and cruel world.
You're all I need to make it beautiful again.

Late night memories of your beautiful face
and beautiful smile and eyes.
Memories of that beautiful woman in whole
that drives my manly senses wild.
Memories of tenderness and loving care.
Memories that invoke and intensify
all those feeling that are still there.
I remember it all my sweet Kira dear
and I focus on the loveliness
because the moments of badness were not the realness.
We just have bad tempers that have gotten away from us
and with all the true loving tenderness
we can and will overcome this.
I love you sweet Kira so truly wonderful,
I want to marry you and have forever in our arms so full of bliss.

Late night thoughts of the Angel I give myself up,
the one who fills me up with light and hope
stopping the great majority of my deep hurts
and over time I know would cure them all.
My sweet precious Angel for whom I want to do the same,
my sweet Kira who I love more than anything.
My sweet Kira who I want to be with for eternity,
you fill up my heart and mind on this night
just like every other my precious gem.
I love you and want you here forever by my side hand in hand.

Michael P. McParland

Goodnight My Sweet Queen 3

Goodnight Kira my sweet Queen
I love and miss you dearly,
come join me in bed so I can closely hold you.
Rest your head upon my chest
while I just rub your back and stroke your hair.
Oh my sweet Queen come to bed and snuggle with me,
I want to hold you and fill us both
with peace that's needed the most.
I love you sweet Kira my Queen come to bed
and snuggle with me.

Goodnight my sweet Queen and I send you
all of my loving warmth with kisses of peace.
I just want to join you for life with you as my wife
hand in hand for all time beyond earth.
I feel broken and sad without you
to give all my love everyday.
Oh my sweet Queen my heart is yours in every way.
I'll be holding you tight
through the entire night giving you kisses
so tender and sweet telling you that you are great.
I'm with you always my sweet Angel of love and light,
I'll be with you gently rubbing your back.

Goodnight Kira my sweet Angel
remember that I'm always here for you my dear.
I love you more than anything there's ever been,
you are the woman I give my entire life to.
I'll be by you always no matter what it is true.
I love you sweet Kira you are everything
I want and need for eternity through and through.
So please come to bed with me and snuggle straight through.
Goodnight my sweet Queen and Angel
it will only ever be for me sweet sweet you.

Michael P. McParland

Sweet Snuggle With My One

Come snuggle with me my sweet one.
I need you so very much in my arms,
I'm having a hard time and I want
to just be with my lady here in bed.
I want the woman I love to help
give each other peace and calm.
I love you sweet lady and want to be with you.
A sweet snuggle with you is all I want
because you are the Angel that gives me light.

Michael P. McParland

A Kiss To Kira

A kiss to you my sweet Angel dove,
a kiss to you my sweet beautiful Kira.
I am still here for you my sweet one
and I thank you for all the peace you have given.
I thank you so much and send this sweet kiss to you.
I love you sweet Kira I give my whole life to you.

Michael P. McParland

Rest With Me Sweet One

Rest with me sweet one as I lay down
for a little while.
From the nightmares I still feel tired
and want my lady by me as I rest awhile.
I want to feel your soft loving peace
and have you here with me.
I love you so very much and want to hold you close.
I want to feel the comfort of my only love
as we snuggle the morning away.

Come rest with me my only one and lay your head on my chest,
I will just stroke your long dark hair as we lay in peace.
Listen to my audio books and drift off peacefully,
feel the comfort in our souls as we hold each other near.
Come rest with me my only one and let mt comfort you,
come rest with me my Kira dear because I love you very much.
Come rest with me my only one because it's only you I want.

Michael P. McParland

Early Morning Snuggle With My Love

Good morning my precious dear
and as I sit here I long foe you.
To start this morning in each others arms
is the dream I have this whole life long.
To snuggle with you as we share some kisses
and say good morning my love with you it will be a good day.
You make everything okay.

An early morning snuggle with the lady I love
would make everyday worth getting up for,
it would give me something to look forward too
when we would snuggle to end the night too.
Right now though my love in this early morning
I would give anything to be snuggling with you.
To hold you so close and say I love you babe,
Kira you are everything I'll ever want and need.

An early morning snuggle before we had to get up
is the dream and need I have in my heart.
To be with the woman who holds it so close,
I want an early morning snuggle with my sweet Angel dove.
I want to snuggle with Kira the woman I love,
I want to be forever in your loving arms
and have you forever in my loving arms as well.
I'll never let you go because you are so beautiful in every way.
I can't wait to snuggle with you my sweet Kira so good.

Michael P. McParland

My Sweet Beautiful Kira 2

My sweet beautiful Kira how I treasure you.
I feel asleep again and I feel I have failed you.
I missed our sweet goodnight and telling you
that I so deeply care for and adore you.
I missed my goodnight message that I love you more than all.
My sweet beautiful Kira with a kiss I say I'm sorry.
I love you so very much and miss you so very deeply.
My sweet sweet Kira of my dreams I so badly want to hold thee.

Sweet beautiful Kira my Angel so brightly.
I had such nightmares and you came and rescued me.
You came into the last one and you helped wake me,
and the thoughts of you and surrounded in your love
helped quickly cure my anxiety.
I thank you love and kiss your cheeks
in the greatest thanks there is.
My Kira so Angelic I adore you oh so deeply.
I just want to hold you close as I sit here on the couch
and share the rest of this night with you.
Share the food I'm about to cook and then relax in each others arms.
My sweet Kira oh so good I want to be with you.

My sweet Kira I treasure you so very much.
Can you feel how deep it goes when I send it all to you?
I'm sending all my warmth and love right now
so wrap up in its cozy peace.
I love you more than anything and I want to be your King.
I want to hold my Queen so close each and every day,
I want to kiss you on your lips each day
and say I love you Kira dear.
You are my everything and all I want I give my life to you.
I love you Kira my beautiful one and I cherish you so much.

Michael P. McParland

Late Night Snuggle 2

Here at the end of this night
I don't want to go to sleep again just yet.
Snuggle with me my sweet Kira dear,
let's just lay in each others arms and feel cheer.
Let me give you a smile and a kiss from the heart,
let's just lay here right now talking tonight.
I love you sweet Kira and need you here in my arms.

A late night is what I crave with you,
to share our sweet love and surrounded in warmth.
I miss you sweet Kira and want you here to give comfort,
let's share a late night snuggle here dear.
I love you sweet lady and need to heal your heart too.
A late night snuggle sweet one is what I long for with you.

Michael P. McParland

I Love You Kira 12

I love you Kira more than anything,
you are my one and everything.
I love you more than anyone can know,
I love you Kira because you are my Queen.

I love you Kira and that is the truth,
I love you oh my Kira and I want to be with you.
I love you my sweet lady and I want you to be mine,
I love you sweet sweet Kira and I will for all time.

Michael P. McParland

A Kiss For My One

A sweet kiss for you my only one.
A kiss of true thanks and love
as I continue to lay down.
I can feel you here with me
and all of your wonderful love.
A sweet kiss for my lady,
my sweet Angel dove.

A sweet kiss to you my Angel so true
and I am holding you so close in my arms.
I need your love now as I struggle today
and I thank you so much for all that you give.
I send all of mine right back to you
with a kiss of true thanks and pure love too.
A sweet kiss to my love whom I give my life.

A kiss to my one whom I love more and more.
I wish you were here to give this kiss to.
I want to hold you while we just lay here.
I want to hold you and say I love you dear,
you are everything I hold so precious and near.
A kiss to you Kira because I love you too.

Michael P. McParland

Beautiful Kira 5

My sweet beautiful woman I adore
how I wish you were here to kiss and hold.
To just lay here in bed talking away.
I want my beautiful Kira here everyday
to brighten the world in which we live.
I want to be with you no matter
what it is that we do just as long
as I am able to hold you so near.
So I can look in your sweet eyes and say
beautiful Kira I deeply love you.

On a day like today where I've slept it away
and find no reason to get up and out of it right now
I so wish you were here to lay down with and hold.
It's a little coolish outside and I'd open the window
and turn the fans onto high,
that way it would be a bit chilly and together
under the covers we could keep each other so warm.
I love you sweet Kira you are my Angel so charmed.
I wish you were here because you're my everything.

Beautiful Kira I so deeply adore you
and the longer things go the more that my will to live goes.
You are the light on which my hope grows
and it gets so hard without my beautiful Kira to hold.
I adore you sweet one and want to be near you dear one,
I want you here laying with me to hold close.
Beautiful Kira you are amazing and I would
give anything to be with you because I truly love you.
Beautiful Kira you are my Angel and I'll be here
for you no matter what my sweet lady.

Michael P. McParland

Snuggle With You

As I have waken for the shortest time
my first and biggest thoughts are of you
my sweet lady who I want and miss
and how I love you so much.
So I reach out in spirit and with a big kiss
I pull you in for a comforting snuggle.
Feel my arms around you as I kiss you
so light and so sweet on your fore head dear.
I just want to snuggle with you
and help both of us feel complete and good.

I just want to snuggle with you
and get rid of this lonesome gloom.
I just want to hold you so good and say I love you dear.
I just want to snuggle with you
and feel the glow of our hearts
as I look into the eyes of my Kira I love.
I just want to snuggle with you
and have the pain healed that I feel inside.

In this short wakeful moment my first thought was
of my one and only true love Kira
and that I so deeply hurt and miss her,
and that I know you hurt and miss me.
So in spirit I reach out in love and comfort
to give you this kiss and snuggle.
I love you dear Kira and so very desire to hold you,
so let's rest here in deep peace and snuggle together.
Oh my sweet beautiful Kira I truly can't live without you.

Michael P. McParland

Goodnight My Angel 3

Goodnight My Angel Kira
now let's snuggle up and go to sleep.
Just rest your head upon my chest
as I pull you in and let's feel at peace
being with the one we truly love.
Goodnight my sweet Kira I miss you so much,
now let's snuggle so close for a sweet kiss
and then in pure warmth go to sleep.

Goodnight my Angel and know that
my love for you is the truest there is.
I would give anything to have you here with me,
I'll be holding you tight through the whole night
giving you kisses so sweetly and rubbing your back.
Oh my sweet Kira I love you so much,
I am so tired and want you to be here.
To have peace in our arms as we go to sleep.
I miss you sweet Kira my Angel for real.

Goodnight my sweet Angel and feel as
I now pull you so tightly in.
I'm giving you sweet kisses and hugs
to fill you with my never ending warmth.
Kira my Angel you are everything
I need and want,
you give me the peace and calmness I need
and I want to give you that greatness too.
Kira my Angel I'm so thankful for you.
Goodnight my sweet Angel Kira
you are the greatest gift within my life.
I'm there with you always and will be holding you tonight.
With sweet kisses and caresses a sweet kiss
I plant right on your lips.
I love you sweet Kira you're purely the best.

Michael P. McParland

Sweet Kisses Tonight

Let's not got to bed just yet my sweet one
and just lay here snuggling for now.
We'll share such sweet kisses of true love
and fell safe and secure within each others arms.
Let's just snuggle right now sharing sweet kisses
that we both so long for and need.

Let's not go to bed to sleep
but let's just snuggle and talk
while sharing kisses so deep and sweet.
I want to spend time with my lady
in her kind and accepting loving arms.
Let's just snuggle for awhile
so sweetly kissing and talking.
I miss you sweet Kira and deeply love you.
Let's just snuggle for awhile
and feel the warmth of each other spirits.

So come my sweet lady and just lay here with me
so we can snuggle and share kisses so sweetly,
just lay here and talk to me.
Sorry my whiskers will scratch at you as I haven't shaved
but I just want to be with the woman
I gave my heart to.
So come and snuggle sweet Kira because I truly love you
and I want to snuggle while giving you sweet kisses and talking.

Michael P. McParland

Love Note 276

Sweet kisses of passion
and tenderness to you
my dear one as you're
all I want in this world.
I wish we were snuggling
and kissing here in bed right now.
I'd turn off the game
just to be with you.
I love you sweet Kira
and want to just hold you forever.
You are everything
that is wanted and needed
in my life forever.
Always feel it and never forget
my sweet darling Kira
that it is only you
I'm truly in love with.
It's only you
that I want to be with.

Michael P. McParland

My Sweet Beautiful Kira

My sweet beautiful Kira
I love and miss you so very much.
I fell asleep yesterday not long after
my last poem and stayed that way
until earlier tonight.
I'm sorry for worrying you
my sweet Angel dove.
I send you sweet kisses of comfort
and hugs to keep you warm.
My sweet beautiful Kira I'll never
leave you all alone.

My sweet beautiful Kira
I wish I could just lay here
in bed now and snuggle with you.
To give us both comfort
and joy feeling each other so close.
I need you darling and I know
you need my love too.
I wish so very much we could be
snuggling in each others arms now.

My sweet beautiful Kira
please know that I am always with you.
Feel the warmth of my arms
and my hand tightly in yours.
I'm giving you sweet kisses
straight from my loving heart.
My sweet beautiful Kira
you are so very special and the greatest woman
there has ever been.
I love you so much and want to spend
eternity as your loving man.

My beautiful sweet Kira
feel not a fear or chill
as I am here and will hold you always my dear.
I wish we could snuggle tonight
right here in my bed and in spirit

I'll just hold you as I continue to lay here.
I love you immensely and I love you completely.
My sweet darling Kira you are my everything.

Michael P. McParland

Rainy Day

It' a rainy day here my love
making it a perfect one to stay in.
I was already just gonna spend the day resting
and wishing you were with me and dreaming.
Now all the more if you could be here.
The perfect day to stay in bed snuggling
with my sweet lady so rad.
A great day to stay under the covers together
in each others arms listening to the rain.
Just spending time with each other again.

A rainy day outside sweet one
but inside with you it would be sunshine
because we would have another reason
to hold each other to keep warm
and chase the clouds away,
and being in each others arms
all clouds would be defeated and gone.
It's a rainy day dear and I wish I could
spend it with you just snuggling in bed.
I'd be smiling at you the whole time
in happiness so content.

It's a rainy day my sweet one
but in no way am I sad.
I feel your love for me so very strong
and as I lay here today I can feel you
in spirit right by my side.
So as I rest today I will smile
feeling you and dreaming it's true
and knowing it will be so very soon.
Our day will come and we'll be able to
do everything to our hearts content
rather a day to go out or a day like today
where we just stay in bed buried under the covers
snuggling in comfort on a rainy day.
Oh my sweet Kira I love you and can't wait
to be with you forever.

It's a rainy day but it won't dampen
the happiness I feel in all of your love
that is surrounding me.
I smile for you and am in spirit holding you too,
feel all of my warmth and love
and share todays dream with me of us
just snuggling in bed to beat the rain.
Know that I'm with you just as you are with me,
let's bask together in the light of this dream.
I love you Kira and you are my reason for living,
I so deeply appreciate and cherish you
and my sweet Angel dove I'll spend eternity thanking you.

Michael P. McParland

My Sweet Angel Kira

I have been up for a short while
from another stretch of restless sleep
and now that I am more or less put together
I wanted to say good morning
my sweet Angel Kira I so deeply love you.
I wish more than anything you were here this morning
for a long and warm snuggle.
I want my beautiful woman here in my arms
to make the day great with your charms.

I'll be resting throughout this day
though there's much I'll be awake
so fear not my sweet dear I'll be here for you
and writing you poems when the mind
gives me the right idea to express what
I am thinking and feeling for you.
It's mostly a day though of resting in bed
and regaining some strength and health.
I love you my sweet Angel Kira
I wish I could hold you so close.

My sweet Angel Kira I will be with you
holding you near me as the day goes.
You won't be alone I promise you,
with sweet kisses and hugs I assure you
I'm not going anywhere.
I'm gonna be here for my lady for eternity,
you are my soul mate and I adore you my lady.
I want so badly to have you here with me
resting this Sunday in peaceful personal time
for us both as we need.
My sweet Angel Kira so adorable indeed.

My sweet Angel Kira I so want to see you happy
and need to know you're doing well.
I want to take care of you and give you
everything I have and all the loving care that I carry.
I love you my sweet Angel Kira.
and when you are here I'm just going to hold you

and keep you warm with my care and love forever
with no conditions or expectations.
You are my everything and being with you is a blessing.

Michael P. McParland

I Wish I Was

I wish I was there with you right now.
I would love to hold you close to me
and just kiss you sweet and tenderly
while I gaze into your perfect shining eyes.
Kira you are a dear and I long to be
with you everyday through all time.
I just want to spend time with the woman
I find so truly beautiful and divine.

I wish I was able to in some way
talk to you so we could pass the night
talking just like old times as we
shared our hearts and souls,
everything that had happened,
how we felt and what we thought.
I miss you dear and want to talk to
the one person whom I felt close enough
and had the trust to give so much of myself.
I wish there was some way my one.

I wish I was able to in some way look at you
and say that over the years my love for you has grown
as you have become more beautiful
and you are stunning as a fully grown woman.
I was so in awe and ached for the girl you
were when we were young just more than kids.
Now I truly am stunned and yearn for the
beautiful and gorgeous woman you've become.
I wish I was able to take your face softly
within my hands and say you are an Angel
oh my one and your beauty truly is divine
as I caress your check the give a sweet kiss.

I wish I was able to just reach over
and wrap my arms around you lovingly
and sit that way for awhile in perfect peace
just taking in a special time
with the only woman I so love.
I wish I could just reach out and touch your hand

saying Kira dear your all I want.

I wish I was with you right now.
I know our time is going to come
but I hate the waiting and I feel
that we have fought so hard and been patient.
We deserve to have the love
that is in our hearts expressed in perfect
embrace each and every day through time.
I wish I was holding you right now.
Know though dear my hearts with you
and my prayers are too.
I'll never give up on my one,
I am always here to give all my support.
I love you Kira my sweet Angel dove
I truly wish I was there with you to see you smile
and just lay down and rest in each others arms.

Michael P. McParland

Sweet Kisses For Sleep

It is late my dear one and so very soon
let's pack it in and go to bed.
There I will hold you and give
the sweetest kisses to fill the soul
with happiness and content.
Sweet kisses to you my sweet one
so we can sleep peacefully
together being so close in each others arms.

Goodnight my sweet love and
I give to you all of my loving warmth.
Tonight let's just cuddle up
and share sweet kisses that bring
tiredness through contented fulfillment.
I'll just hold my lady as we
share sweet kisses so deep and then
as we rest and fall asleep.
It will help both of us find
a true calmness that hasn't been there
without each other to be there.
Sweet kisses for sleep my Angel Queen.

I miss you my dear and feel so lost
without my Angel I treasure and need.
Come join me and let's go to bed
sharing sweet kisses from our hearts
so filled with kindness and love.
Just bask in the light of true love
as we kiss and snuggle so very close.
Sweet kisses to help give us peace
and give us comfort for peace.

A snuggle so longed for with sweet kisses to
because Kira my darling I so deeply love you.
I want to end this night in bed with you
my dear precious only one
snuggling and sharing sweet passionate kisses
from our hearts and souls.
Sweet kisses of sleep that give that needed security

knowing we'll both still be around when we wake.
Kira come join me because I love you deeply
and I just want to snuggle giving kisses so sweet.

Michael P. McParland

A Cozy Saturday Night

A cozy Saturday night with you
my sweet love is what I'm dreaming of.
I'm sitting here smiling thinking of us
being together with no more reason for crying.
Just feeling cozy and peaceful
holding each other at the end of a late summer Saturday.

Just holding you while we relaxed
I would have you so close and just
stroke your hair giving sweet kisses
on your cheek and lips.
A cozy night just talking and watching
the last of the games as they finish tonight.
A cozy Saturday night from heaven
in each others loving arms.

I love you babe and it's this dream tonight
that will get me through and help me
till I can actually sit and hold you.
Say I love you sweet Kira not just yesterday,
today or next week,
I'll love you forever because
you make my heart swell with
the ultimate light of true love.
Kira you are my sweet Angel dove.

So I dream and wait for that perfect
cozy Saturday night with my soul mate
knowing that happiness is just being
with the Angel who gives your life reason
and for you I'll always keep working and improving.
So my sweet love I send this sweet dream to you
so you can smile for the happiness to happen as well.
My heart is with you as I am in soul,
I love you Kira because you are perfect in my eyes.

Michael P. McParland

My Sweet Love And Angel

Kira my sweet love and Angel
how I so deeply wish you were here
to hold onto and share a snuggle.
I just have the need to be near you
and have your true glorious love surround me
as we hold each other in full peace and comfort.

Kira my sweet love and Angel
I so deeply adore you for you are a reassure.
You bring me such peace and give
me comfort by just being you no matter what.
My sweet love and Angel Kira
I would give you the universe if I could.

I just awoke 45 minutes ago from a long nap
but it was restless racked with nightmares
that left me wanting to cry when I woke.
I needed to compose myself before
I wrote you a poem so I decompressed with some songs.
Still my sweet love I wish you were here
to hold for awhile helping the beauty
that there is in this word can return
back to me in full.
You are the worlds beauty in my adoring
heart, soul, and eyes.
You are the Angel for whom I would die.

Kira my sweet love and Angel
I can never tell you enough
just how much you mean to me.
A rare treasure of loving caring beauty
and a diamond in the rough who is amazing.
I just want to show my Queen
what a true gift and blessing she is.
I love you Kira my sweet darling Angel,
I am thinking of you and holding you tightly in spirit.

Michael P. McParland

On Every Star

On every star there is within the sky
I'm dreaming and wishing you were here.
Just to look upon so tenderly
and give you a kiss as I hold you close.
On every star in the I wish for and ache
to feel your soft tender touch.
Just to be right next to you
and feel your love as we are in each others arms.
So I could give you all of mine
as we found peace in each others arms.

On every star there is I see and there is within the sky
I pray and wish that we will be together soon
so I can hold you and help heal your hurting heart.
To be there as you need and give those things
that will stop the pain and fill you with happiness
by providing everything I can.
I wish upon every star for us to be free from
the pain of being separated this way.
I just want to hold you close and show you my love.

Kira I wish upon every star there is
that we will be together soon.
I want to hold you and just gently
talk giving tender words and actions
to restore All the happiness we deserve.
I love you immensely and want for you
to always succeed and be fulfilled.
I wish and want only the best for you.

On every star there is I pray
that tonight you will feel at peace
and feel all the love I hold for thee.
I pray and wish that I will be able
to soon see you and give kisses straight from the heart.
On every star there is out there
I wish for happiness in each others arms to be soon.
I wish for the thing which would complete my soul
and that thing is having you by my side for all time

sharing kisses and sweet personal time.
I wish on every star there is just for you my sweet love.

Michael P. McParland

Up And Down Day

It's an up and down day my sweet dear
in quite a few ways.
I'm up and about with stretches of resting
that I can manage to get because
I am so exhausted and worn out.
So up for awhile and then down for a bit.
That just one example of it being an up and down day.

In what may seem silly to some it's an up day
because it's the first Saturday in full
that the College Football season has begun.
One of the greatest things and time on earth
so that is a reason to be up.
It's down though having to watch everybody else
get to play today and having to wait until
Monday night for Ohio State to take the field.
Waiting stinks for sure my dear one.
Another example of an up and down day.

It's up and down in the sharpest way
though because I miss you and you're not here.
Whenever I think of you with that gorgeous smile
I go up and feel good in so many ways,
but without you right now it also makes me sad
because I can't tell you directly that I love you
any you make me so very happy and greatly proud.
It's a mixed feeling of up and down
and also will cut each way in full dramatically at times.
I will be so up with joy knowing you love me
and thinking of all the joy that you bring
and knowing our future will be grand.
Then I will crash because I don't have you right here
to hold so very close and give sweet kisses of true love.
It's so up and down and I miss you like a fat kid misses his candy.
I love you sweet lady for you are the best and my everything.

So it's an up and down day here
and I just want you to know that I love you
and that you so truly matter.

I care for and about you so deeply
that I would give anything to just talk to you.
To see you and your sparkling eyes that set
my heart and soul on fire.
See your cute face and breath taking beauty
with that divine smile that lights up the world.
You bring me up sweet one and make my spirit
feel light with happiness and contented peace
feeling all of your comforting love.
It's not having you here or to talk to right now
that brings me down.
It's not you that makes me sad my sweet Angel dove,
it's the missing you and missing a huge piece of myself
without you here as my other half.
You are my happy thoughts my precious dear.
I love you deeply and I always will.
You are my amazing best friend and soul mate,
I'm so very lost without you.

So my sweet love just an odd up and down day.
I still give smiles though because
I give them for you the light of my life.
You are the Angel that helps get me through.
I love you Kira and you will always be
that special one that I care about and truly love.
You will always lift my spirits with your
Angelic soul and loving heart.

Michael P. McParland

Naturally

Naturally my dear it would be you
I fell for so deep and in every way.
It's because you're such a
rare and special treasure.
You are an Angel and I so deeply
love and care for my only lady.
In so many ways it was just natural
that we would find each other
and that true love would fully blossom.

Naturally dear it would be with you
on this earth I would love and forge
to share my life's path with.
How I feel and know it in my heart and soul
is through a belief of both feeling soul
and an intellectual learning in my life.
Not something that I can explain
to make full sense here but it will
when I am holding you and explain
it so you can fully see.
I know it was a natural friendship
and love that grew so fast just like
we had been in each others life's for many years.
A natural touch of familiarity between our souls.

I know we knew each other long before
we came to this earth.
As just souls yet to be born I know
that we were friends from how I felt
and was touched right from the start.
I believe we were best friends filled with love
a millennia before we finally met on earth.
It was a natural connection because
you felt familiar and you made me feel comfortable.
You know how awkward I am most of the time
and with you a natural feeling came
that I could be myself.
You have been my best friend and love through all time.

Naturally it was you my sweet Angel dove.
You are so good and kind and when you want
you are truly the most understanding person.
You give such great warm kind love
and you are sincere in every way.
There truly is no lying or false fronts within you.
You have such moral courage I admire
and you inspire me my love.
You are everything that I look for and want.
You are the worlds beauty in my eyes.
I adore you because you're true
to who you are and you so truly
beautiful and loving my sweet one.

I love you for all those things
and so much more that through the years
I will try to give and explain them all
but right now I'll say I love you
because that's how it comes is true and natural.
A pure mountain spring that flows into
a deep clear massive lake.
My love for you is natural because
I love you for who you are
and our souls share a bond and touch
in a deep way neither of us can explain.
It's just natural the love I feel and hold for you.
It's pure tender gentle love of giving
and kindness for you in my soul
and I know it's what you hold for me as well.

Michael P. McParland

Taking Your Hands (I Am With You Dear)

Sweet one be filled with strength
as I dry your tears and then take your hands.
I'll just pull you up close by me
so I can kiss your soft cheeks and forehead
and then your weary eyes that
are hurting tired from all of
the lonely and aching crying.
I'm taking your hands in mine
to let you know I'm there with you
and to show my support
and give you my warmth and love.
I'm taking your hands to give you peace.

I love you deeply and care for you more
than anything there is anywhere.
I want you to know that you're not alone
because I will stand with you
as the man who loves you
and will fight for and protect you
no matter the situation.
I want to show you that I will stick by you
because you are so dear and amazing.
I adore you my sweet precious Angel.
Be filled with peaceful warmth
as I take your hands gently yet firmly
and look lovingly in your eyes as I say
I love you sweet lady and I'll
never leave and abandon you.
I couldn't live with myself crushing
such a beautiful heart as yours,
and I can't live without you because you are my one.
Being away from you is literal pain.

I am taking your hands in mine
my sweet and pulling you in for a kiss of
deep and true love from my very heart and soul
then I will just hold you so long
and so very tight.
Just let us take in the comfort of being

with one another finally in each others arms
just basking in the glow and joy
of the bond that we share that's so filled with love.
I'm taking your hands in mine because
I love you my sweet Angel dove.
I want to be with you and show you great love,
I want to spend time with you every day.
I want to show you how important you are to me.
You truly are my sweet Angel and everything.

Michael P. McParland

Late Night Wonderings

Having again woken not long ago
from another stretch of rest need
I now sit here in bed my brain
is to occupied with thinking
to accomplish any reading.
I wonder how you are doing
and if you would come and be in my arms
to so tightly hold you and snuggle
if God granted a miracle and could bring you.
I believe you would so I just wonder
what if God would show mercy
and deliver us right to each other.
What if God would give us that chance
to be in and feel peaceful loving comfort
as we just lovingly held each other.

I just wonder if you my sweet lady
are doing okay and not suffering
from such pains that give endless tears
which feel like the loneliest things
so full of bite and burning.
I worry you're crying and feeling
deeply hurt with throbbing so fierce.
I wonder if you are just having
those life's troubles that can
bring us down and feel tired and beaten.
I worry because I'm not there to help you.
I wonder if you know just how
deeply I care and love you.
I would do anything you needed my Angel.

Late night wonderings run through my head
as I want to know how my sweet lady is.
Wondering when the night's here when
I can just reach over a lightly touch you
saying sweet Kira I so deeply love you.
Then just pull you in holding you
in true loving peace feeling whole
and as one being right there with you.

I long and ache for that time.
Just late night wonderings and memories
of my beautiful woman I love so very much.

So I lay here praying that you are okay
and are feeling the love I send to you.
I wonder when I will be able to hold you
and comfort your aching heart.
I just want to make every day and night
of your life special by giving you
my everything to make you proud and happy.
I want to just see my Angel
to give you a kiss and say I love you
and you are so very special.
I wonder in dreams that are happy
just what it will be like when it all finally happens.
So my sweet love know I am here and love you
with all of my soul and heart.
Feel all the loving warmth that I send
as I sit here thinking and wondering
praying for the well being and happiness
of my only love and true best friend.
I'll never desert you my sweet Angel dove.
My heart is eternally yours.

Michael P. McParland

Gentle Thoughts And Feelings

Gentle thoughts and feeling
of and for you fill my heart,
my soul and my mind.
I love you sweet one and miss us
as best friends having fun.
I miss us everyday knowing
you would be there so we could talk
and share everything there is
that's on our minds and in our hearts.
Discuss anything because we
would just listen and feel good
for having such a special bond and thing.
I have such gentle thoughts and feelings
for you my kind and dear only one.
Tenderness for you fills me up
and I just want to show you the love that you deserve.

I just feel gentle love for you
with a truly tender loving soul.
Gentleness for a heart that wants
nothing more than kind, caring,
accepting love and has given so much
not getting back and being shown
what a wonderful precious woman she is.
I just have the most gentle feelings
and needs for you my dear,
and so many of my needs are what
I want and pray to do for you.
My needs to have you are not just about me
but all the things I want to give
and the gentleness that's been given to you
in such little doses and not enough.
Gentleness and acceptance are in my
soul, heart, and entire being for you sweet one.

Gentle thoughts and feelings are what
fill me up for you my darling dear.
I want to feel and share the love we hold,
I want to give and share myself in full

with the woman of my dreams.
I just want to hold you close and share
such gentleness in closeness that is true love.
I just want to share sweet kisses
with the lady I care about so deeply.
I just want a life filled with the gentleness
we've always had and held for each other dear.
I love you tons and sincere gentle tenderness
is all I have and want for you.

Michael P. McParland

Missing My Sweet One

Missing my sweet one so very much.
I miss the sweet woman that she is.
So beautiful and with a heart filled
with care and love I could feel just being near her
and it overwhelmed me with affection
and true love for this Angel.
I miss my sweet one and would give anything
to have her here and hold her.

I'm missing my sweet one who means so much
and I want to talk to because even
just by listening she made things better.
Knowing my sweet one was there to
pour out my heart to was always
happiness, love, and relief.
I miss her and her caring, loving,
helping soul being there.
I miss her because she means everything
and truly is so great.
I miss my sweet one that for eternity
I want to be with never parting ever again.

I'm missing my sweet Angel dove
for whom my heart has continued to beat
through many years to find
the life within our true love we've always dreamed.
I miss her deeply and want to hold her
just giving comfort and reassurance
that I'll always stick by her.
I want to just have her close
and feel the light of her soul and heart
as her smile brightest up my path of life.
I'm missing her because she's my sweet one
and I treasure her for the great woman that she is.

Just sitting here and missing my lady
who is so very good and sweet.
I hope she feels all the deep true love I send.
I want her to feel the peace knowing

I'm by her side hand in hand
to watch out for her in every way.
I want her to know that she's the one I adore.
I'm missing her because I love her
so very deeply as only someone in true love can.
She is treasure and Gods finest creation
that has ever walked this earth.
I'm missing her because she is so beautiful
and it hurts not being able to be close to her.

Michael P. McParland

Felt You

Sweet dear and love of mine
I have finally risen from a badly needed rest
and my first thought and tender feeling
were of you my Angel so sweet and good.
Of your smile and kind caring concern
I know and feel you have for me.
I felt your love and strength
which helps me in so many ways
I will be able to tell you about in full
when you are here in my loving arms.

As I now sit here listening to Falcos
album Data De Groove that's so sadly out of print
I think of you and send all of my loving care
wishing you were here to lay back with me
and enjoy the music of an album
sadly has been mostly forgotten
but I would love to sit and share with you
I can feel you though and your smile
and that makes me smile too.

I felt you and your deep felt care and love
as soon as I woke up and needed to say
thank you dear and I love you too.
You are my Angel who watches out for me.
You fight for me and I'm so happy and honored
to have this Queens heart giving such
a joyous gift to me.
I adore you sweet one in every way there is.
I wish I could hold and kiss you right now.

I felt you and I still do
and it is the light in my life right now
knowing you are still there and deeply care.
Your love is a truly wonderful thing
that nothing in existence can equal.
You truly are an Angel that God gave
as a gift so beautiful in every way.
I love you dear and send all of it to you

every single moment every night and day.

Michael P. McParland

A Sweet Kiss 2

A sweet kiss to the Angel
I so dearly love and miss.
I smile just for you
and in spirit wrap my arms around you.
Feel all the love I hold
and always send to you.
I would give anything for you to be
right here with me.
I love you Kira you're so special
and truly one of a kind.

I send this sweet kiss to you
because I am thinking of and yearning for you.
I want to know how you are
and if you are alright.
I miss you my Angel of light,
I need you to still feel there is
good and light in this world.
You are the beauty that wipes away
all the ugliness that there is.
You are a wonderful gift I am
truly thankful for.

A sweet kiss to you my Angel I
so deeply adore and miss.
There will be millions more too.
I want to shower you in all the love I feel.
You truly are amazing in every way
and I want you to know
I'll always love and treasure you.
You are everything in this world
that is good, beautiful, and right.

Michael P. McParland

My Heart And Soul

In my heart and soul
I carry such deep and immense love for you.
They ache and yearn for your return
so we'll once again be happy and whole.
Though I may not always make it clear.
I am just as concerned for you
and all the lonely longing pain you feel.
I know you hurt like me and I want
to heal you just as much if not more
because I want to see you smile
and know you are happy in your precious soul and heart.

In my heart and soul I carry
a loving care that stands just for you.
I strive to be a better man in every way
so we can have the best and succeed.
My heart and soul cry for thee
and want to have you here with me.
Even now across the space I can feel you near,
I can smell your skin and hair
as if you were right by me here
and it feels so very good,
but I want you here within my arms
to give you kisses and showing all my love.
My heart and soul cry out in their need for your touch,
the hunger to have you right next to me.

My heart and soul truly belong to you.
It's for you they sing and glow
and have any real hope at all.
I adore you my precious one so good,
I just love you dear and that's the perfect phrase.
I love you Kira and it's with everything
I am and hold inside.
My heart and soul long and ache to
feel and share your special presence.
They long to have your loving acceptance
as I rest my head on your shoulder
and finally tear down the walls and

pour out my whole heart and soul to you.
The ache to be set free in true love to you.
No other will ever see those things
which I've kept just to me because
I can't share with them like I want to
and can with my Angel Kira who's my only one.

My heart and soul truly need you
and more important so they want you
because you are a Queen so beautiful and good.
I love you because you are you
and that is just how I want it
because you are perfect for me
my saintly soul mate and Queen
who means everything to me.
My heart and soul send out my love
and say to you Kira you are the best
and I want to give you myself through
this life and all time.
I love you dear you truly are divine
and supremely good within my eyes.

Michael P. McParland

Holding You Close In Love

Holding you close not just today
but everyday through time in pure love.
I'm holding you close in every way
to show my love and give it to you
in all the best ways I know how,
and holding you is one of the best
ways I know to give you comfort
and help you know I'm always here for you.
I'm holding you so very close
in pure and total love.

I hold you close within my heart
and I hold you close within my soul.
You provide a true hope and light
to continue on in large part
because I love you so very much
and will fight for you in every way.
I adore you my precious one
and hold you close in spirit
till we are together once again
and I can hold you in my arms.
I will always truly hold you close
in pure love and tender care.
I love you my sweet Angel dove.

I am holding you so very close
to let you know I care and give you
all of my love and myself.
You are the woman I can't help but love.
You are so precious and as cheesy
as it may sound you are so cool
and I'm in awe of you and honored by your love.
I hold you close because everything about you
is worth more than all the riches in the world.
I cherish you as the woman you so truly are.
I hold you close in every way there is
in true love and to give you
through my support a true comfort and peace.
I'll hold you close for all time my sweet Angel Queen.

Michael P. McParland

Good Morning Sweet One

Good morning sweet one and as the day greets us
I give you this kiss of endless peace
and deep loving warmth.
Give me a smile to light up the sky
and to let me know you feel a comfort
in the endless love that I send you.
Give me your glowing smile
because it helps me to make it
a little bit farther knowing I'll see it,
and with you as my northern star
it helps light my path.

I wish here this morning as I do
every single one that I rise
that before we truly had to get moving
I could spend time in bed with you.
Kissing and snuggling getting our fill
of our love the best that we can
to face the whole world and make
it back to each other as soon as we can.
I wish I could spend this morning with you
and every one after kissing, snuggling,
and some mornings a bit more passion.
I want to start every morning holding you darling.

Good morning and bright skies of
love and hope to you my dear.
My heart and I will be with you
hand in hand by your side every step of the way.
I'll be with you wrapping you up in my arms
giving you my support so you'll know you're not alone.
You are my Angel and I will always be yours,
I will always stand up for and protect you.
You are my Queen and I adore you.
If you start dragging and feeling sad
and need my hand it is there and I'll take yours.
Close your sweet sparkling eyes
and know I'm smiling just for you with
my deep looks of love I give only to you.

I'll never leave you feeling cold and abandoned
because you are my everything.
So truly sweet one have a great day
and remember I love you more than anything.

Michael P. McParland

Night Note 105

Sitting here on this night
doing whatever little
thing comes to mind
to occupy myself
in this late hour
in which I find myself.
I long to just have my love
with me to even just
sit by me or be there
sleeping next to me
as I read or do something quiet
so you won't be disturbed.
I would just look at you
and smile at your beauty
and the peace of heart and mind
I'd have with you here.
I sit here now and dream
of such a thing.

I sit here now at this late hour
and send you all my love
to give you peace and warmth.
I sit and wonder how you are
and hope your tears are very few
and the time between is far.
I adore and cherish you
so I worry over how you're doing
and how everything is going.
It worries me deeply not knowing
how things for you are going.
I hope and pray for you everyday
that you are well
and feel my hand as I take yours.
I pray you feel my arms around you
pulling you in for strength
and reassurance of my dedication.
I hold pure love for you
my sweet Queen and Angel.

So on this late hour
remember that my thoughts,
my heart, and my prayers
are with you complete and total.
I'm always with you to give
true support and comfort.
I will always be here for
whenever my Queen may need me.
I give you everything
that I hold high and dear
and have within myself.
You are my everything
my sweet Angel dove.
Now feel these kisses as I send them
in bunches so big to you.
I love you Kira
I truly deeply do.

Michael P. McParland

Goodnight Sweet Angel I Love

Goodnight my sweet Angel I adore.
I'm far from ready for bed
but I want to give you this greeting
and sweet passionate kiss.
I'll lay down with you darling and snuggle
caressing your cheek so softly
as I smile at you and say
I love and adore you sweet one.
I want to be with you forever
because you are a beautiful woman
I cherish and want as my wife of gold.
You are everything I will ever dream of and need.

Goodnight my Angel of love and light
I'm sending you kisses so big
with all of my warmth and love.
May they fill you with the comfort you need.
I want your heart to be at peace
in the knowledge that I love you true
and will always be by your side
to support and protect the crown jewel of my heart.
Kira sweet one you are an Angel from heaven
that is so very good and has a big heart.
I will always be holding you and taking your hand.
I will always strive to be the perfect King
for my treasured sacred Queen.

I'll see you tonight in dreamland
where it will be just you and me
walking through a field of flowers
made up of bright colorful stars
as we walk among the moon
and regular bright shining stars.
The perfect way to spend time
in a magical place with the lady
I dream of all night and day.
After our walk we'll sit down and snuggle
basking in the glow all around
and within us.

In dreamland tonight I see you
and give you a magical time.

Goodnight my sweet Angel Kira
I love and adore so very much.
I'll be holding you so very close and tight,
snuggle in close and rest your head upon my chest.
We'll talk so softly as we lay there
while I rub your aching back.
Share random kisses so sweet and smile
from the happiness they bring.
Kira you are a miracle and I so admire you.
The bond that we share is the most
special thing to me there is beside you,
it has given me a true love for the greatest woman.
I can't wait to be with you holding you
ever so tight and closely.
Crying from happiness and relief,
crying from shedding the built up grief,
crying because of the miracle of being with you.
The woman I love and the Angel who shines,
I love you sweet lady you are so very fine.
Goodnight my sweet Angel and feel my arms around you
as we end this part of the night
and I give you all of my heart and love
as a true gift that only you can ever have.

Michael P. McParland

A Huge Hug 3

A huge hug of pure warmth and love
for you my sweet precious one.
A huge hug to say I'm thinking of you,
I'm right there with you
holding you close and saying
I love you sweet Kira you are the best.
My heart is yours through eternities
time never ending because you are divine.
I give you this passionate kiss
to express my heart and souls depth.

A huge hug to you with all of my love
to wrap you up in a blanket of
its strength and peace.
I'll love you eternally.
Take comfort my one and never forget
that I will always be here.
I'll never give up or stop loving you,
you are my everything and I want to marry you.
A huge hug my sweet lady and a deep kiss
given so very sweetly.
I am holding your hand and standing always
right by your side.

Michael P. McParland

I Miss My Best Friend

I miss my best friend
the most important person to me
in the entire world.
I miss her sweet spirit as we
would spend time with each other
just talking and sharing everything
we felt and thought.
I miss my best friend who holds my heart.

She truly is a gift and wonder
for whom I am truly so thankful.
I would give anything to see her
and hold her just being surrounded in her glow
as I looked in her eyes
and was hypnotized by the most beautiful smile.
I love my best friend
and I miss her more than anything.

My best friend is my soul mate and Angel
and I am so taken with her because
she is unique and an independent thinker.
She is so beautiful and I want to
be with her forever and ever.
She is amazing and she is my hero.
I miss my best friend because
she truly is my everything.

I miss my best friend because she's my other half.
She completes and fulfills me in every way.
She gives me hope and she gives me light,
she gives me a reason to keep on living
and facing everyday that comes on.
My best friend is my inspiration
because I love her deeply and she truly is amazing.
I miss my best friend and I know
that she is the woman for me.
I pray so fervently that she'll soon return
so I can show my whole world to her.

Michael P. McParland

My Special Angel

My special Angel I miss you so very much
and want you to know love overflows
for you not just from my heart but my soul
and entire being because you are truly amazing to me.
My special Angel I adore I wish you knew
just how deeply I feel true pure love for you
and the depths of sorrow I have within
my truly loving heart for what went wrong.
I apologize on my knees for all I did wrong
eternally with tears flowing from my eyes.

My special Angel I so wish you
weren't still upset and feeling reticent.
I understand for I have my own fears
in my minds way of over thinking things.
My special Angel though I know
and feel such overwhelming love
between our hearts and souls.
That unbreakable bond that's got us through before.
We have a true righteous love
and I know we can make it through.
We both love and care for each other
just as much as the other.
Our love and care is equal because we feel it
throughout our beings giving all we have equally.

My special Angel I treasure and adore you.
You are my special diamond that I cherish
because you are a kind and tender loving woman.
I've seen and felt that tender heart
that has been so badly beat and hurt
and I know the gorgeous spirit and woman
that is kept within because you are beautiful
my Queen and Angel so very cute and adorable.
You are a magnificent woman who gives so much
and I want to give you all the love that you so deserve.

Oh my special Angel if I could just let
you see what I hold within me

so you could see my truths sincerity.
I am not perfect and I mess up quite badly
at times sweet one.
Often from my manic minds spinning confusion
and I've hurt you and others and I feel
such deep and painful sorrow.
I hate the hurt that I have caused
my one true love who means so much.
I fear messing up again though I truly try
and give my very best.
I just want my special Angel to come
be here with me to lay down for a while
and rest her head upon my chest while we
feel peace and warmth as our hearts heal
and we reconnect.

My special Angel I give myself to you
each and every day for all eternity.
You are such a gem I respect and admire
for just being you and pushing through your pains.
My special Angel I so love you
and can't help but feel broken and incomplete
without you here or at least talking every day.
You truly are amazing my special dear.
You are my Angel and I give my heart and soul
to you forevermore as a gift in total love.

Michael P. McParland

My Beautiful Girl

My beautiful girl I just want
to let you know that you truly
are so very beautiful
and you've touched my heart
in the deepest way.
My beautiful girl you are the best
and I wish I could hold you
and release all this emotion within me.

My beautiful girl so Angelic
and adorable to me I just want you
to know that I see a gorgeous
girl before my eyes and my heart melts
in true pure love for my best friend.
You are my beautiful girl who
is perfect in my eyes and I'm
so proud of for so many things.
I love my soul mate because my
soul and heart feel hers and are attached.
She is truly a kind and loving woman
with a tender caring heart.
She is my beautiful girl
and I miss her so painfully
because she is beautiful and wonderful
and she is the girl I care for most
within this life, the next, and through all time.
I love my beautiful girl and I cherish
her for who she is.

Michael P. McParland

My Beautiful Kira

Beautiful Kira I wish that you were here
so you could see the true sincerity
and love I feel for thee.
Be able to hold you close and spend time
with the one who matters most.
The most beautiful woman who I adore.
I wish you were here so I could hold and kiss you
showing you how much I love and have missed you.
My beautiful Kira I truly feel
true love through my whole body just for you.
I want to give you happiness
and the abundant love I hold in full.
My beautiful Kira I'll be here when you want to talk
and I'll be your man no matter what
through all time.

Michael P. McParland

Adorable One So Good

Adorable one I care about in every way
if it weren't for you and the hope
I've always carried for us in the love
I know within my heart and soul we hold
I would have lost the battle long ago.
The love I hold for you
and the love I know you hold for me
has gotten me through.
Even in our toughest times I knew
our love could not be defeated
and was not dead.

Adorable one you cannot know
how my heart melts for you completely.
I can't tell you all of what
I hold within my heart and soul
because as much as I want to in every way
there are no words to describe
the emotions and depth I feel.
How can one ever hope to verbalize
an emotion and admiring love
held so intense, immense and deep.
Adorable one you are a perfect gem to me.

Adorable one how I long to just hold you
close to me giving both of us peace
and comfort that we've been deprived.
I long to show you all the loving care I hold,
I want be the perfect man for my perfect Queen.
Provide true support and never ending love
for my true sweet Angel dove.
You are a gift and miracle I cherish
and treasure in every way to no end.

Adorable one hear and feel my hearts call
for I would never think of giving
myself to another soul.
You are my best friend and I care for you
so much I'd do anything to protect you

or that you needed to be happy and smile.
Adorable one there is nothing in this world
or anywhere else there is that I want more
than to be by your side forever hand in hand.
I love you more than anything there can ever be.

Michael P. McParland

In Need Of Your Strength

I'm in need of your
deep loving strength today my dear.
I'm just feeling very weak
and in need of your stabilizing
care and love.
I just ache both in body and in my heart.
Please my love send me some extra
loving strength to make it through
a difficult day so far filled with clouds.

I have not cried but feel on the edge of tears.
I just need an extra dose of the great
strength and love you have and give to me.
You know how I will have such days
and I ask for your help because
you are so truly good and kind inside and good to me.
We love each other so profoundly
and it has helped get us both through
tough times on the caring support
that we give in truth from our hearts.

I am in need of your loving strength because you are
the Angel I adore and find so truly great.
You've helped lift me up on the darkest days
and light my path as my northern star
through some of the most painful and darkest times.
I ask for your help with you to wrap me up
today with all your precious loving strength.
You mean everything to me my dear
and I pray you know how much I love you too.

Michael P. McParland

Your Picture 7

Lying here in my bed looking at your picture.
It helps me feel in some way a bit closer to you.
Looking at your glowing smile and your eyes so bright
it helps soothe my aching soul and heart
in the slightest bit.
I miss my only one and today I just want
to lay in bed and dream of you.
Your picture helps calm my heart
because I get to gaze upon your
Angelic face and countenance.
I lay herewith your picture on my screen
so I can feel you watching over me.

Lying here in my bed and how I wish
I could hold you close to feel fully calm
and just rest my head right next to yours.
Give you kisses so sweetly from my heart
just look at you and fall into
that special place of calm you always brought.
Just to feel your soft skin against me dear.
I just want to have my Angel in my arms.
Your picture helps me feel like you're
a little closer and I can lightly smile.
I look at it and say I love you Kira,
I miss you deeply with all there is
within my heart and soul.
It's only you that can fix my aching heart.

I look at your picture to pick back up
that little bit of strength that I have left.
It gives me hope that you'll soon return,
that I'll be able to share with you
everything we both think and feel in every way.
Your picture helps give a bit of light
because in some way I can look at you.
Say the thing that are in my mind and heart,
smile at you saying of you I'm so proud,
here's a kiss to keep you safe and warm.
You are my hero and best friend

with whom I share a special bond.
So I lay here now within my bed
looking at your picture and sending all my love.

Michael P. McParland

Good Morning My Dear

Good morning sweet love
and I truly love you so very much.
I'm sorry I missed our goodnight.
I was so very tired and I fell asleep,
I feel awful dear one please forgive me
for not sending my kisses to end the day.
I send you ten times as many
sweet loving kisses and hugs right now.

Good morning my darling and have a good day,
remember I'm with you and holding your hand.
Feel me give yours a squeeze to show my support
and my loving dedication to my sweet Angel dove.
I'll stick with you always my one
because I love you deeply and want you to know
that you're not alone because Michael
will always stand up for and protect you.

I wish you were here with me
so here in the early morning you could
lay in bed and cuddle with me.
Whisper assurances and reaffirm
that I'm always here and I love you so dear.
I wish you were here to cuddle
and give the day the start that it needs.
I love you sweet lady and am so
truly grateful for you my sweet love.

Close your eyes if you're feeling lonely
and remember the warmth of my adoring smile.
Feel all of the love I send to you my fair lady,
feel the sun as it shines on you
delivering the message and warmth of my deep love.
Don't fear anything my sweet dear
because I am here for you always and whenever you need.
I love you my Angel and give you my solemn word.
Take strength my sweet lady and feel
my arms as I put them around you.
I'll be right by your side always supporting you.

Michael P. McParland

Sweet Thoughts Of You

Sweet thoughts of you my sweet one
and all of the fun we will have.
Taking beautiful walks in the park
and finding a soft shaded spot on the grass
to sit and talk.
In the evening lay down a blanket
and hold each other as we watch the sun set.
Sweet thoughts of you my Angel
I hold so deeply in my soul and heart.

Sweet thoughts of you and the beauty you hold,
how I could gaze upon your features
for hours in total rapture.
I just want to kiss you over and over all over
as I tell you I love you and you are amazing.
I wish you could be here so I could hold you,
lovingly stroking your hair as we lay back
and listen to beautiful music.
Sweet thoughts of sweet things
with my only sweet lady.

I adore you my Angel and long for you badly,
I would give anything to be spending time with you.
I wouldn't care what as long as I were with you
and giving you all of my best and all of my love.
Almost all of my sweet thoughts are of you
and your beautiful wonder.
I truly love you so deeply and my heart aches
to have you so close to me.
I want to share my whole life with you
giving myself freely.
Kira my dear you are amazing.

Sweet thoughts of my one who is so sweet
herself in every way.
I cherish her totally and thank God that he
created and sent her as a true blessing.
I love her completely for she is the greatest.
Those that have missed what a beautiful person she is

have lost out on getting to know an Angel so good.
She is my soul mate and true heart felt best friend.
My heart is hers as a sweet gift and thought
through all space and time.
She is the only one I give myself to.

Michael P. McParland

A Beautiful Evening With You

A beautiful evening spent with you
would be a wonderful thing
to have on this night
and every one we could grab through our lives.
Spending time enjoying all in life
that is wonderful fun and fine.
A beautiful evening with my one
is what I would like to have right now.

Cuddling up and kissing on the couch,
giving passionate kisses that show our love.
Caressing and holding each other in
needed comfort very close.
Sharing our special bond between ourselves,
smiling a feeling fulfilled peace.
Being and feeling closer than we've
been able too up to now.
A beautiful evening with my soul mate,
my best friend is the one who makes life great.

A beautiful evening as I hold you close
stroking your long dark gorgeous hair
as I softly speak to reassure you
of my dedicated soul and heart to you.
Look into your eyes to show you the truth
within my kind caring loving soul
filling you with peace as I say
I love you dear and I'll be here for you forevermore.
You are the only one whom I want
to spend all time and hold so near.

A beautiful night with my best friend,
my only love, and my future wife.
How I long to be with you
each and every day and night.
In your arms and feeling all your love
as I look at you and smile before
I lean in to kiss your soft lips.
I want to be with you and forget

all the lonely longing pain that grips.
I love you dear and you are everything
I'll ever want and need.
A beautiful evening here with you
would be an awesome dream come true.

Michael P. McParland

Eternity In Each Others Arms

Eternity in each others arms
is the greatest dream I hold and have.
To be with the one I love by my side
for all time is the most wonderful thing
anyone could ever hope to have.
An eternity of true love is a dream
I long and hope to share with you.

An eternity in each others arms
as we gaze into each others eyes
smiling all the time as our souls touch
and we feel peace within us as we feel the sun,
enjoy the stars and moon,
going on endless walks across the cosmic stretch.
Eternity in each others arms is everything
I hope to have and share with you.

An eternity in each others arms
with total endless understanding,
always being there for one another.
No one and nothing that can interfere
and hurt us in the way they have on earth here.
An eternity with my Angel who I give
myself to in total with no expectations
or demands for anything in return.
An eternity with the one I'll always love.

An eternity with the most gorgeous woman
with a bright and loving gorgeous soul.
Sharing all our warmth forevermore,
knowing that all we have is safe and secure.
Nothing will ever part us in that realm,
death no longer a lingering fear.
An eternity with the one I hold so dear
giving everything I hold within.

An eternity in each others arms will come
but first let's spend our earthly lives
together conquering all fear.

Working together to achieve our goals,
never giving in to anything that aims to hurt our bond.
I love you dear and want to spend this life
and all eternity within your Angelic arms.

Michael P. McParland

Late Afternoon Kisses

Late afternoon kisses to my sweet lady
to deliver and fill you with all my loving warmth.
Feel the endless admiration and love
I feel through my whole heart and soul for you.
As I pull you in to give these kisses
put your hand on my chest and feel how it beats.
It beats for you in my infinite love.
Late afternoon kisses to you
my sweet Angel dove.

Late afternoon kisses of pure joy
giving light to both our hearts.
Feeling contented peace within each others arms
even though just in spirit right now.
Soon my dear I pray I'll be near to you
giving kisses and hugs so sweetly
whispering in your ear that I love you dearly.
Oh my Angel deep passionate late afternoon kisses
and smiles I reserve just for you.

Late afternoon kisses to give us the
comfort and peace we both right now need.
Feel my hand in yours as I give you my heart and soul
even though it may be across distance right now.
I cherish you in every way and want you near,
I hold you so very sacred and dear my sweet Queen.
I love you more than anyone or anything,
sweet late afternoon kisses to you
because you are my everything.

Michael P. McParland

Eternally Yours

I am eternally yours because
I love you deeply with all my soul and heart.
You are my everything
and all I'll ever want.
You are an Angel who has opened up my heart,
you have given me a reason to live
and feel abundant endless hope.
I am eternally yours to keep
because you're a precious soul.

I am eternally yours because you are my only one.
I've loved you from the very start
and have always been yours alone.
I've not had many chances through my life,
but I turned away the others that there were
because I knew you were the one.
I want to be with you through all time
and have you as my beautiful loving wife.
I am eternally yours because you matter most.

I am yours forever oh my one
because you are my sacred Queen.
I bow to you in my true love
to confess all the things I feel.
I would give up my whole life
if I needed too.
I am yours forever and eternity is ours.
I love you my dear lady
and I long to be with you.

I am yours eternally because I love you so very true,
I want nothing else in this life than to be with you.
To hold you in my loving arms and be in yours as well,
to experience a love so true and real
a very rare gift known by so few.
I am yours eternally because you are my best friend
I adore and can relate.
I am yours forevermore because you are so great.

I am yours eternally because you are so good,
I can feel your heart and love all the way from here.
You are such a wonder and a blessing so divine,
I thank God everyday for a gift of light.
I am yours eternally because my love for you is pure.
You are the only one for which I yearn
and I love you more than anyone can know.

Michael P. McParland

Feel My Hand In Yours

Feel my hand in yours
as I stand beside you all the time
and everywhere you are and go.
You will have my support for all time
as I look at you at give a loving smile.
Feel my hand as I take yours
and give it a squeeze of true love.

Feel my hand in yours as I give
a loving look of true treasuring care.
Feel my hand as I grab yours
to pull you in for a hug to define an age,
as I give you a kiss that transcends
all time and space.
We share a love that cannot be justified
in some fairytale book way.
Feel my hand in yours and take strength.

Feel my hand in yours so we can feel
each other close and near.
So we can bask in the warmth of our love.
Feel my hand in yours as I'm always yours,
you are everything and the one
for who I'll always stand.
You are my Angel and my best friend,
my soul mate sharing a bond that has no end.
Feel my hand as I take yours in mine,
remember dear I will always be there by your side.

Michael P. McParland

Eternal

I hold eternal love and admiration
for you my sweet Angel true.
I hold eternal respect and love
within my heart and soul it is true.
I'll love you through all time
and hold you close.
I hold eternal need to be with you
side by side for all time.

I have an eternal flame
burning inside of me
for my only one who I've always loved.
I have such eternal need to be
with you here on this earth to spend our lives.
To share all we feel and all we have.
I have eternal hopes and dreams
that you will spend all time with me.
I love you so and am enamored in true love.

I hold such eternal adoration
within my loving heart and soul.
I just want to give you all
the endless love that you deserve.
Give you all the tenderness that has been
with held from you by jerks so cold.
I have eternal want to heal your heart
and fill it with the light of my true love.
I want you to be my eternal bride.

I hold eternal love for you
within my very heart and very soul.
I truly cherish my special Angel
in every way there is my only one.
I want for you to be my wife
so we can forever be with one
who truly cares and will give all they are.
I love you dear and I always will.
I hold eternal adoration to my very core
for the only woman I'll ever love.

ILYF and ever KP

Michael P. McParland

Deep Morning Kisses

Deep morning kisses to you
my special true love.
Deep morning kisses to give you light
and hope to feel happy today.
I love you sweet one
and wish I could snuggle with you
a bit on this morn.

Deep morning kisses to you my sweet one
to fill you with all my love and warmth.
So you'll know that I'm with you
and holding your hand.
I'll always stick by you my Angel so good.
Deep kisses and hugs of immense
compassion, caring and love.
Deep morning kisses to you my only one.

I love you sweet lady and for you I'll be watching
all the while sending deep kisses in the morning
afternoon and in the nights of needing your presence.
I love you sweet lady with all that I am
with complete heart and soul.
Deep morning kisses to you because
your my Angel so pure.

Michael P. McParland

Late Night Thoughts

Lying here in bed about to close my eyes.
I think of you and feel my love
for you fill my heart and soul.
How I wish you were here to hold
and snuggle with.
Give sweet kisses as we smile in joy
and feel complete and total peace.

Lying in bed here so late at night
and thinking of my only one.
All the good times we had
both talking and in person.
I love you so very much
and I miss you mega tons.
I smile here thinking of my special one
and send my heart to you.
Sweet kisses and tons of hugs
in true loving care and warmth.

Lying here about to close my eyes
and sending all my love.
Kira you are all I want you are the very best,
I want to hold you close
and let you feel my dedicated beating heart.
I love you deeply and I want you by my side forevermore.
I long to look in your precious eyes
and tell you that you're great.
Lying here and wanting you
because you are my Angel true.

Michael P. McParland

Goodnight My Sweet Darling Kira 7

Goodnight my sweet darling
and God bless your tender heart.
I send you these kisses and hugs
filled with all of my loving warmth.
Feel it surround you in soothing peace,
and feel my arms around you as we
lay down together to rest and have comfort
within all the love that we feel.
I love you sweet Kira and I want you to know
I love you so much and be serene
feeling everything I hold for you within my being.

I'll be holding you ever so tight tonight
as I do every night my sweet Kira love.
Giving kisses as I stroke your hair
and rub your back so lovingly
whispering I love you sweet Kira my soul mate,
I will always be by your side
giving my eternal support and love.
You are everything to me and I thank God
for you and your love every single day.
I cherish you in every way sweet lady
of my brightest hopes and dreams.

I'll see you tonight in the land of dreams
where we will walk along the beach
beneath the majestic moon and stars.
Sharing kisses and and talking while holding hands,
then build a fire to sit by while
I hold you and keep you warm.
Tonight my sweet love in our dreams so sweet
I'll see you and hold you closely
while I watch the flames dance
so sweet and bright within your big
beautiful eyes.
One day my sweet lady this will be real.

Goodnight my sweet darling Kira
the woman I so deeply treasure and cherish.

I love you so immensely and want you here
to snuggle with daily and nightly.
You truly are my everything.
I'll be here whenever you need me
as I'm always with you sweet lady.
I can't imagine a long future
without you forever in it.
You are so truly the greatest
and my only Angel.
I fall down on my knees to tell you I love you.
Goodnight my precious sweet darling
and remember my sweet one
I'll be holding you giving total reassurance.

Michael P. McParland

I Miss You 15

I miss you and that perfect smile.
I miss waking up and seeing messages
from you to have a good day.
I miss giving you those messages too.
Whoever woke first we gave those messages
to greet and give a smile to start the day.
I miss my lady who made everyday
a special one to get up and face.
I miss you dear you are the best.

I miss you and the heart you have.
So full of love and tender care you kept me warm.
I miss the woman who I know really cares,
I miss the woman who I truly love
and care for in every way there is.
I miss knowing that we would talk soon
and just get lost in all the things
we thought and felt within our love.
I miss you my special one
because my heart and soul belong to you.

I miss you because I'm incomplete
without the one my heart feels connected to.
I miss you because you are a great woman
so very beautiful in every way there is.
I miss you because I love you more than anything
I want to hold you close to me
and show you that you're loved
and treasured so very specially.
I miss you sweet one because you're you.
You are Kira and that is cool.

I miss you Kira because there isn't
anything I wouldn't do for you.
I admire and respect you through and through.
I cherish all you are because
you're the best and an Angel in my eyes.
I miss you because I love you best.
I miss you Kira because you are my hero

and I want to spend my life with
the only one with whom my heart feels rest.

Michael P. McParland

An Evening Snuggle

How nice it would be to have you here
to share an evening snuggle with me.
To hold you near as I stroke your hair
and say sweet lady you are so wonderful
and I want to be with you everyday
for all time lying under the moon and sun.
You are my dream and I want you here with me.

My stomach still continues to ache
into and throughout this day
and I wish I could just snuggle with you
as it works its way on through.
I'm not sick it just persistently aches
and being with you would make it tolerable
in its annoying wake.
I wish I could share and evening here with you
snuggling and feeling your arms around me
comforting those things that bother me.

I wish I could share an evening snuggle
with you my precious dear as I rested my head
right next to yours giving kisses oh so dear.
I love you dearly with all my heart
and I long to be with you so very close.
To just have you here within my arms.
So very soon my dear I know it will be here
the day we can snuggle as we please.
I'll never ever let you go
and I will always give completely of myself.
I love you Kira and wish I could snuggle with my Angel.

Michael P. McParland

You Are Beautiful 2

You are beautiful in every way there is.
You make my heart and stomach flutter
with uncontrollable nervous glee.
You make me so very happy
and fill me up with light
when you look me in the eye
and give a loving smile.
You are beautiful my only one
and I want to hold you close and tell you so.

You are beautiful in heart and soul
to no end it's true.
You give of what you have to make
others burdens light.
You are such a precious jewel
I want to give you all I have.
I want to show you how much you mean
to this very bashful man.
I want to break the walls that I have kept
and give to you myself in full.
You are beautiful in every way
and I love you my sweet Angel dove.

You are beautiful in your features too
a true monument to everything I find
so truly delicate in many ways
you are a goddess in my eyes.
Your eyes and smile that hypnotize
and make me smile big.
A lovely body that drives me wild
I just want to hold you near
and kiss your soft cheeks and lips.
Plus inside a big brain of worth
full of intelligent thought
a truly sexy thing.
Kira you are beautiful
and I love you so very much.

You are beautiful no matter what you think,

you are so truly wonderful I want you as my wife.
You truly are so kind and good
with a heart that's worth more than gold.
You are a true woman who deserves the best
you are my high held Queen.
I want to be with you and give you all of myself
for all eternity as your man.
You are beautiful and I love you dear
because you are a diamond so very good and rare.

Michael P. McParland

I Ache For You 2

I ache for you because you are beautiful.
You are beautiful in every way
a man or anyone could ever want and need.
So beautiful and fair in features
so breath taking it gives me pause.
You're a beautiful woman that I want
to hold so tight within my arms.

You are so beautiful in heart and soul
and when you want to be you are
the most tender woman with understanding care.
Only my mother is the other person I
have known that is so caring with a heart so pure.
Kira you are beautiful with a righteous soul.
I love you darling because in every way
there is you truly are so beautiful.

I ache for you because our bond is there
and I feel so much of what you do too.
I feel your love, I feel your pain,
and I can feel your anger quite often too.
It all touches me deeply in different ways.
Can you feel all the things I hold in me?
Can you feel my aching love to have you here?
Can you feel and do you know that though
I may get upset at times I am not angry with you dear?
I am not angry I truly love you so
and I ache to look in your eyes and hold you close.

I ache so very bad for you
because you are my Angel and you make me whole.
I would give anything for you my dear.
You are everything I treasure and hold dear.
I want to share our lives in full.
I want to talk to my beautiful woman
who knows me better than almost everyone who's ever lived.
I often cry in bed asking God to bring you back.
I ache for you because you are so good,

I truly love you with all my heart
and I ache for you to see it in its full and open state.
Something I won't do for another soul
because I adore you oh my precious one.
I ache to give you what no one else deserves to have.
Only my best friend who gives me reason to still live.
I ache for you because you are the one I truly love.

I ache for you to show you that you're truly loved,
so I can show you that you're understood
and not alone.
I ache to treat you like a Queen like you deserve.
I ache to heal your heart from a hard past you don't deserve.
I want to help you forget those fools who hurt you bad.
I ache to give you a happy life.

Oh my Kira how I ache to give you all the best
and snuggle with you every night as
you rest your head upon my chest.
You can hear how my heart beats for you through life,
then walk hand in hand forever in our next life.
I just want to hold you for all time
as I make you proud and make you smile.
I ache because I truly love you so.
Oh my darling Kira I so ache for you.

ILYF Kira my sweet dear lady.

Michael P. McParland

Love Note 275

Good afternoon my sweet darling
I miss you so very much
and love you immensely,
you are everything I'll ever
need and want.
You are a dream I adore
in every way there is.
I want to hold you
and tell you how much you
have always meant to me
and that I love you with
all of my soul and heart.
You are everything to me.
I am forever by your side
hand in hand holding you so close
to reassure you I am there.
I love you sweet Kira
you are my best friend.
I'll never stop loving you
because you are my Angel
and I want you forever as mine.

Michael P. McParland

Dance With Me My Dear

Dance with me sweet one
both under the moon and under the sun.
Look into each others eyes
and get lost in the connection of love
that with one another we so deeply share.
Dance with me sweet one and let's forget the world.
Dance with me because you're my only one.

Dance with me sweet one around the fire
as our eyes glow in burning love.
Dance with me as we tell each other
about all our yearning love.
Dance with me so I can soothe your aching heart.
I love you Kira oh my one
so dance with me all the time.

Dance with me sweet one
under both the moon and sun.
I want to see your eyes sparkle
and your smile shine beneath
the majestic lights of the sky.
I want to see your beautiful face
light up beneath the celestial lights.
Dance with me sweet one and share a kiss of truth.

Dance with me sweet one
so under these lights my heart
I can confess.
I adore you dear because you are the best.
I love you deeply and I love you true
no other lady can ever do.
So dance with me my precious one
both right now past our weddings time.

Michael P. McParland

Goodnight My Precious One 4

Goodnight my precious one
and God bless you soft loving heart.
Come and let's snuggle sharing a few kisses,
then let's wrap up with each other
and drift off peacefully in the love
we hold so deep for each other.
My stomach is still aching
and I would love nothing better
than drifting off on the arms of my Angel.

Goodnight my precious one I am holding you
lovingly oh so tight.
I love you sweet Kira being with you
is what I want and is right.
You are the woman I desire for your
loving spirit and heart.
You are everything I'll ever need and want,
I adore you my Angel so good and right.
I send you kisses straight from my heart.

I love you sweet lady and will see you
in the land of beautiful dreams.
There I'll hold you and kiss you so dear.
I love you sweet Kira and miss you so bad,
I wish you were here to snuggle
and make my tummy pain go away.
I wish you were here so we could help
each other feel better.
I want you here to help make you feel better.
Goodnight my sweet one and feel my arms around you,
Kira you are a blessing I thank God for
to no end.
You are everything I want and I love.

Michael P. McParland

Late Night Kisses To My Only One

Late night kisses of love
to you my only one.
To fill you with comfort
and warmth from my soul and heart.
For me to say you're amazing
and I love you so much.
Late night kisses to you my only one.

I send late night kisses
because I care so very much
and want you to know I am here.
I'm holding you tight is spirit
whispering in your ear
that you are so special to me.
I send late night kisses to you
my only one because you are the greatest
that I have ever known.

Late night kisses of pure and true love
to you my only one
because I miss you and want you
to know you mean everything.
I cherish you deeply
and love you immensely.
Late night kisses to you
in complete and total love from my heart and soul.

Michael P. McParland

Crying For You

Lying here in bed missing you
with all of my soul and heart.
I'm crying wishing you were here
to hold so very close.
To look in your eyes and say
Kira I love you babe.
Then give you a kiss
pulling you back in smiling.

My stomach is hurting
and I wish you were here to rub it
while I ate crackers and drank ginger ale.
I wish you were here just to curl up with
making me feel better with your special soul.
I'm lying here crying because I badly miss you,
I miss my lady who holds my heart and soul.
I'm crying because I miss
sweet precious you.

My heart is aching for the one I adore.
I miss you so badly my sweet Angel dove,
you are amazing and a beautiful treasure.
I'm lying in bed crying because I want you here.
So we can both hold on so tightly
and say it is alright.
Share such sweet passionate kisses
from our souls and hearts.
Just smile and snuggle while we rest.
I love you sweet Kira you are the best.

I'm lying here in bed crying for you
and I don't think my tears will fully stop
until I hold you here.
To tell you I love you and cherish you dear,
to tell you I'm sorry for all the wrong that I did.
To look in your eyes and say you deserve better
than all that you've had.
I love you Kira and I'll always be here.
I love you Kira my Queen so beautiful and good.

Michael P. McParland

Pure Love For You

I have pure love for you
within my soul and my heart.
Pure tenderness within me
for the woman I love.
Kira you are so special
and I adore you for all that you are.

I have pure love for you
because you are my everything.
I adore you sweet lady
because you're beautiful in every way.
I love you sweet Kira
you are my only one.

I have pure tender love for you
my sweet precious one.
I want to be with only you forevermore.
I so deeply adore you
and cherish your heart.
I love you Kira and I have from the start.
Tenderness fills my whole body through,
I hold such pure tender love only for you.

Michael P. McParland

Love Note 274

Sweet lady I'm so tightly
holding you.
I love you so much
and feel all of your
sweet wholesome love too.
The most comforting
and sweet thing there is.
I treasure you sweet lady
for you are the best.

As I head out the door
in five minutes or a bit more
to do some shopping I need
I send sweet kisses and hugs
to you my only one.
You are amazing
and my heart is all yours.
I'll be thinking
and in spirit holding your hand.
Feel all of my love
as it comes to you and surrounds.
You are so special and
important to me.
I'm by your side aways
my sweet precious lady.

May God bless your heart
and keep you filled
with my warmth.
I love you Kira
my sweet Angel so
good and fine.

Michael P. McParland

I Love You 7

I love you more than anything.
I love you and want to give you everything,
my whole life and all I own.
Within myself and all that I have,
you are the woman I adore.
I love you Kira my sweet Angel dove.

I love you like nothing there has ever been.
I love you with all my heart and soul
which I give in full to you.
You are everything forever I'll
ever truly want and need.
Kira you are everything I find beautiful
and ideal.
I love you Kira my only one.

I love you for who you are,
you are such a beautiful woman
I so respect and admire.
We share such an awesome bond
and through all time I want to share myself
with only you.
You are my best friend and the woman
whom my heart beats for in every way.

I so love you and want to hold you close.
Tell you that you truly mean the most.
Kiss you your cheeks and kiss your lips
always giving you every part of myself.
I want you within my life as my wife,
I want to give you all the love you deserve.
I love you Kira my precious one,
please come so soon so we can
be complete within each others arms.

Michael P. McParland

Beautiful Kira 4

Beautiful Kira I adore you so very much.
You are a dream come true in a world
so full of dark and is often very bleak.
Kira you are my Angel who gives me hope
and helps guide me through depressing days
where I just want to lie down and give up.
Beautiful Kira you are everything
I want and need, because of you I still hold hope.

Beautiful Kira I just want to hold you close
and softly speak to you while I stroke your hair.
I just want to be with you and feel the love you give to me,
I want us both to have the peace that we deserve
within our hearts and souls.
Beautiful Kira you are everything this man
truly loves and needs.
Beautiful Kira I love you my Angel so very good.

Michael P. McParland

My Sweet Darling Kira

My sweet darling Kira
I love you so very much.
I have just risen from a long
two days in bed.
Fatigue finally got me
and I just feel so sad.
I want to hold you tightly
my sweet Angel dove.

My sweet darling Kira
I miss you so much
that a few times when I woke
foe a few minutes stretch
I began crying and fell
back asleep burying my face
to release my tears of pain.
I love my sweet darling Kira
and want to say it straight to your face.
I love you my darling and miss
you specialness here with me.

My sweet darling Kira
you are my everything.
You are my sweet Angel Queen.
I just want to lay here and hold you
telling you how much you mean to me.
I love you sweet Kira
you are a gift and a miracle
I'm so truly in awe of
and thankful for.

Michael P. McParland

Late Night Snuggle Of Sleep

As I now fully lay down to close my eyes
come and join me sweet dear.
Let's kiss and snuggle for just a little while
fulfilling a need we have held and we need,
just sweetly kiss and snuggle
before you rest your head on my chest
and we go to sleep in each others arms.
Come my sweet lady and snuggle with me.

I'm ready to fully lay down and close my eyes
and I would like nothing better
than to be with the lady who truly matters
to snuggle with as we kiss then hold each other
as we happily, contentedly, and peacefully fall asleep.
I love you sweet lady come snuggle with me
and set our hearts free to sing with each others.
Come and snuggle with me for kisses and sleep.

Michael P. McParland

I Love You Dear One

I love you dear one so very much.
Without you I am broken and lost.
You are my Angel and northern light,
I adore you immensely and miss you so much.
I would give anything to hold you so close
and give you kisses all over warming us both.
I love you dear one and I know
you love me as well.
I can feel your love around me in full.

I love you dear one with all of my heart and soul
both of which eternally belong to you,
I'm so in awe and filled with affection
for my sweet Angel dove.
I love you my darling and in spirit
I'm pulling you in to hold you so tight
giving kisses of comfort to give you peace of mind.
I'm not angry with you nor any negative thing,
I love you dear one and am filled with nothing
but the most tender of feelings.

Michael P. McParland

Goodnight My Sweet Darling Kira 6

Goodnight my sweet darling Kira
I love you so much I'm sending you
all of my love and warmth.
Feel its protection surround you
and wrap up in its comfort.
I want you to feel contented and peaceful,
give me a smile so I know you feel it.
I will always love you sweet darling
I truly mean it.

I'll be holding you tight through the whole night
stroking your hair and rubbing your back.
I'll give you sweet kisses of comfort
with deep kisses of passion.
I want to be with my only woman.
Listen closely as I tell you I love you,
I need you, I want you, and you are a miracle.
I promise I'll always be here for you.

Goodnight my darling Kira and tonight
in our dreams I just want to snuggle,
talk, and kiss my sweet Angel I miss.
Just share the warmth of the love
and bond between us.
I love you so much and want to
be with you always.
So we'll snuggle so tight in our
sweet dreams tonight.

Oh my dear Kira will it be soon?
I still feel that you're angry at me.
That wrenches my heart because
I want to show you all the best
you deserve and all of my love.
I treasure you like nothing else
in heaven or on earth.
You are my best friend and hero
I so deeply adore.
Kira I love you so very much.

Goodnight my dear darling
feel my arms around you,
I send zillions of great big
kisses and hugs to you.

Michael P. McParland

I Miss You Beautiful

I miss you my beautiful one.
I miss everything about you in whole.
I miss your smile and sparkling eyes.
I miss just looking at you and admiring you.
I miss just watching you walk in the cute way you do.
Plain and simply my beautiful one
I miss you.

I miss the talks that we had.
I miss the loving smiles and looks that we shared.
I miss sitting and sharing a smoke.
I miss just sitting by you in peaceful silence
taking in your beauty and spirit.
I miss you my beautiful one
because you truly are an amazing one.

I miss opening up my heart and world to you.
I miss getting to know my Angel so pure.
I miss my Kira who holds my own heart.
I miss sweet Kira because she is the best.
I miss you beautiful woman
because there isn't anybody who has all that you do.
I miss you sweet one because you're my soul mate.

I miss my best friend who's so good and kind.
I miss giving you the love that you so need.
I miss feeling your warmth as you talked to me.
I miss my precious cherished sweet lady.
I miss beautiful Kira who is so great.

I feel your spirit with me and it feels so very good
but I want my beautiful woman here in my arms.
I miss looking in the beautiful eyes
and feel our souls looking eye to eye.
I miss being close to you and giving a hug,
I miss everything about you my sweet Angel dove.
I love you immensely and I love you so true
beautiful woman I so dearly miss you.

Michael P. McParland

Saturday Night In Your Arms

Saturday night in your arms is the heaven
I dream of and long for right now.
To feel the calming peace of your love
and feel the beat of your heart.
I want to have you in my arms
while I tenderly say I love you Kira.
I want to be with you forever and ever.

A Saturday night in your arms is what I now dream,
the whole evening together just you and me.
Kissing and talking and watching a movie
tonight in your arms would be everything I want.
To be with you when we are reunited at last
will be a dream come true as I so tightly hold you.
I love you my darling and long for your company,
I miss you sweet lady you are my everything.

Michael P. McParland

Aching Badly 2

I'm aching so badly to have you here with me,
to talk and spend time with each other.
To hold you in my arms and kiss you so sweetly,
to see your beautiful eyes and gorgeous smile.
To see you in full and be taken in by your power,
I love you sweet lady and I ache so very badly.
I would give anything for us to be together and happy.
I miss my sweet lady oh so badly.

I ache and long to talk with you once again.
Spend hours upon hours getting lost in each other
just like we used to.
Discussing everything under the sun,
we were both so very happy at those times.
I miss you my darling and await your return,
I ache and I long for my Kira my only one.

I ache so very much to have you back in my life,
to be with you forever as my beautiful wife,
I cherish you know and when we are married
I'll cherish you even more.
I treasure you Kira you are my Queen alone,
no other could ever hope to replace you my dear.
You're everything I'll ever want.
I ache so badly to have you here in my arms.

I love you sweet Kira and I ache with the loving need,
to see you and talk to you and find out if everything is okay.
I worry about you my lady because I know you're in pain,
I want to help heal your heart and make you feel
like the gorgeous Angel and Queen that you are.
I want to make you smile and glow like I remember,
I want to give us both peace and comfort.
I ache so badly to see you so soon,
I love you Kira and I need my only one.

Michael P. McParland

Beautiful Saturday

I long for a beautiful Saturday
spent with my beautiful lady
spending time doing whatever we want.
Be it a walk in the park,
going out to lunch,
going to the Mall of America to walk around,
or just staying in to watch movies, T.V,
listen to music or read it wouldn't matter to me
because it would be a beautiful Saturday spent
with my precious beautiful lady.

A beautiful Saturday spending personal time
that has been so missed and needed for a long while,
I yearn to have my sweet Angel here
to share a beautiful Saturday holding her,
enjoying the sun on this summer day
just admiring her beauty under its rays
and tell her how gorgeous she is
and that I love her.
I so want a beautiful Saturday to spend time
talking and getting to know her better and better.

A beautiful Saturday where we would have
a very simple lunch because that night
I would cook your favorite dinner out of love,
then watch a movie you pick while we
lay down on the couch spooning.
I just want to be with you and make you so very happy,
as I lay down for a short rest its of these things
I will be dreaming.

A beautiful Saturday where we could just
sit and talk after our simple lunch
as I have you lay down on your tummy
so I can massage your aching back.
I'll massage you wherever you need
from the pain you suffer so strongly.
It tears at my heart though to know that you hurt,
in body, spirit, and heart I hate seeing you hurt.

I would take it away and carry it for you
if God would grant that wish.
I would sit and rub your back as long as want.
I long to be able to do that on a Saturday like this,
a beautiful Saturday with my only lady is my greatest hope.

I so long to see you, to talk to you and hold you,
I want to be with you spending endless
beautiful Saturdays with my beautiful lady
doing whatever it is that takes our fancy.
Just being with would make it beautiful alone
so doing fun things is just a bonus.
Any day with you is a beautiful one
because I love you and cherish you so very much.
A beautiful day is one spent with you in some way,
I adore you sweet Kira and want to hold you always.

Michael P. McParland

Morning Note 119

Good morning my gorgeous one
I hope you got some good sleep
and saw me in your beautiful dreams.
I sent you my loving warmth
through the whole night
and my arms were around you
so very tight.
I love you darling
you are the greatest Angel
anyone could hope for.
You are a gift and a blessing
to earth sent by God.

Have a good day and feel
the warmth of the sun
as it fills you with
all of my love.
I'll be right beside you as
always walking hand in hand.
I'll never leave or
abandon you my precious one.
You're never alone
because I am your man.
I love you so deeply
and will stick by your side,
have faith in me
to give you all that I have.

If you start to ache
or feel lonely at all
just close your sweet eyes
and remember both my smile
and looks of true love.
I gave them to you all the time
as a symbol and showing
of everything I still hold inside.
I've never stopped loving
you and I never will.
Over time it has grown

and will continue to I know.
I love you sweet Kira
my sweet Angel dove.
Have a good day and feel
my arms around you,
I'm right here if you need me
or decide you want to talk to me
my Angel and Queen.
I'll always be here
for my treasured lady.

Michael P. McParland

Early Morning Snuggle

Here in the early morning before we have to rise
I would love to share an snuggle with you
smiling, feeling ever so peaceful safe and warm.
Nothing in my mind would be better right now
than an early morning snuggle with the woman I love.

An early morning snuggle with my only Angel
would be so peaceful and helpful
before having to face the days tasks, chores, and struggles.
An early morning snuggle with you would
help give me that extra strength to make it through
and being able to cuddle up to you after
all of it was done would give me something to look forward to.
How I wish I could be here with you snuggling
and feeling so very good.

Oh my sweet darling we'll share so many snuggles
when we have finally come back together.
I hope I won't annoy you with how much I want to hold you,
I just won't be able to get enough of my precious woman,
my Queen who I treasure more than anything.
I love you sweet lady and will always be with you
and longing for the next time we can cuddle.
I so wish here in this early morning
that I could be with you giving kisses and having a snuggle.

Michael P. McParland

Late Night Kisses 2

Late night kisses for my sweet cherished Angel,
I send them to you from my heart beating so strong,
beating always for you precious treasured love.
Late night kisses to you singing loves sweetest songs,
I love you sweet lady and I send sweet kisses
because I feel it so deeply.
I truly treasure and admire my Queen so pure.

Late night kisses to you with the biggest hugs,
my arms are wrapped around you and my hand within yours.
I'll hold you forever to keep us both warm.
Give us both peace and comfort we both
so badly need and deserve.
Late night kisses to you my sweet Angel dove
with pure love so true and an eternal flame
burns inside of me just for you.

Sweet late night kisses to you my fair one,
I love you so much and wish you were here,
to give you my life and myself in full.
I want to share all time and eternity with you.
Doing the things that we love and visiting
family and friends,
always having each other is the most important thing.
Late night kisses to you and a big smile too,
I love you sweet lady you are so totally cool.

Michael P. McParland

Night Note 104

Sitting here tonight
watching videos on Youtube
and playing games on the kindle
to try and distract from
the aching I have in my heart.
It aches for you to
be here in my loving arms.
It aches so very bad
to be in your loving arms as well.
To be with the sweet woman
I so deeply love and adore.
Feel all of my love
and warmth as in spirit
I send you deep passionate
kisses and pull you in close
for a snuggle.
I miss you so much
my sweet Angel dove.

I sit and think
of all the good times we had.
I don't dwell on the bad
except the lessons I learned.
I focus on those so I won't do
them again.
I want to get everything
perfect as possible
so we will be happy at all times.
I wish you were here
to hold and tell you
Kira I love you mega tons.
I adore you so much
and can't get enough of your love.
You are a wonderful woman
who's so far above everyone else.

I love you my sweet darling
and my heart aches for you.
I long so deeply to have you next to me.

To hold and to cherish
for happily everafter,
to feel contented and safe
as I give you everything
and my life doing everything
always the very best that I can.
Seeing you smile and proud
gives me so many reasons
to beam with happiness and content.
I want to give you all the love
that you deserve and haven't got.
I want to always hold your hand
just so you'll know that I'm there.
I'll never leave you
and you're not alone.
I love you Kira you're all that I want.

Michael P. McParland

Sleep Well Sweet One 3

Sleep well my sweet beautiful woman
and even though I am not ready for bed
I will lay down with you to snuggle
and nuzzle kissing while we do.
I want to be with my lady and feel
all of the comfort that you so lovingly give.
I adore you sweet one and want
to be in your arms for the rest of time.

I will be holding you ever so tight
and giving all of my warmth and love in my soul.
I'll rub your back to relax you so sweet,
and just stroke your hair while you rest
your head upon my loving chest.
I love you so much and am sending you
kisses and hugs with my loving warmth.
Listen for my voice as I say
I love you Kira you are the best.
I'll never leave you because I adore you so much,
you are the most beautiful Angel
and the love of my life.

I'll see you tonight in the land of dreams
where we will just hold each other and talk
laying down on a soft blanket under our tree.
Cuddling and kissing just feel complete for awhile,
I want to be with you wherever I go.
Tonight my sweet love I will see you
and hold you so close in the land of dreams
where nothing and no one can bother us at all.
I love you sweet one and hope that so soon
I will see you and hold you for real and never lose you again.

Goodnight my sweet beautiful Angel of light
I wish you were to hold and cuddle with
and make each other feel so warm and safe.
You are amazing and I love you so much,
you are a sparkling bright diamond in the rough.
I miss you immensely and it often makes me cry,

you are the greatest woman and my heart beats for you.
My heart is a gift which I give to you,
you are my soul mate and I know we will get our time.
I pray to God that it will be so soon.
Goodnight beautiful Kira and God bless your heart,
I love you so deeply and want you to be my wife.
I will be with you always through all walks of life,
you are everything this man will ever need and want.

Michael P. McParland

Holding You Close Tonight

Holding you close tonight for comfort
and peace and so we can just
bask in the glow of our love feeling good.
I'm holding you tight tonight
giving sweet kisses of pure love and light,
feel my arms around you as I send all
of my warmth and love to you my sweet Angel so right.

I'm holding you tight tonight and every night
because I love you so much and need your
love and warmth as well.
I want to feel you next to and just
smile being with the woman who my heart
will always beat and sing for.
I'm holding you tight to keep the tears
of loneliness from flowing.
You give me a smile and contented heart.

I'm holding you tight and whispering
in your ear Kira I love you my precious dear.
You are everything I find beautiful
and good in this world,
I want to marry you and be as one for all time.
I'm holding you tight because you bring me peace
and you give me reason to go on and live.
I'm holding you tight because
I love you so very much and want you to be
here in my arms forevermore.

Michael P. McParland

Precious Jewel

You are a precious jewel
so truly beautiful and very rare.
A kind and loving soul in a world with so very few,
you have the biggest heart that gives and gives again.
You are a diamond in the rough and I love you very much.
You are a precious jewel that makes the world
bareable in so many ways.

I so admire you and respect you in full,
you are a precious jewel in my view
and I want to be with you.
You are my northern star and Angel oh so bright,
you are everything within my brightest dreams
and I love you so very much.
You are a precious jewel who deserves the very best.

Kira you are a precious jewel
and deserve better than you have got.
I want to give you all the love that
has been robbed of you because I love you true,
you are so good and beautiful
and an Angel I adore.
You are such a precious jewel
and I give my life to you.

You truly are a precious jewel
who stands high above the rest.
You are everything I want and need within this life
because my heart calls and sings to you.
You have brought me back to hope
in ways that were long dead.
Kira you are a precious jewel
and I love you to no end.
You truly are a precious jewel who
I want to always give my best and make eternally proud.

Michael P. McParland

Love Note 273

Good evening sweet love
how have you been today?
I just rose from my long sleep
about half and hour ago.
I waited just a bit to write
because my head was foggy
and I want to be my best.
I love you so very much
and I want you to smile.
You are my Angel
my sweet love and Queen.
I care for you deeply
and hope that
your day has been good.

It was a dreamless sleep
which is always so lonely
because it is without you,
I thank you though darling
because I know you helped
keep my nightmares away.
You are such a blessing
I am thankful for in every way.
I love you sweet Kira
my Angel who looks out for me.

I pray you felt
all of my loving warmth
as you went through the day,
I am with you always
holding you close to me.
Giving kisses so sweetly
and giving my smiles of love.
I'm always with you sweet Kira
because I love you so very much,
hand in hand always giving you my endless support.
Feel me there with you
as I pull you in close.
I love you Kira and will be with you tonight,

You are such an amazing woman
whom I love and respect.
You truly are everything
I'll ever need and want.

Michael P. McParland

Snuggle 32

As I drift further down to an actual sleep
I wanted to say I love you sweet lady
and I wish that we could snuggle
and I would fall asleep smiling in your loving arms.
Feeling totally happy and peaceful
as I held my lady and shared sweet passionate kisses.
I wish we could share a sweet snuggle
so I could fall asleep with you so closely holding me.

Let's snuggle in spirit sweet one as I
am so very close to fully dropping off now.
I crave you company and comfort
and just being enveloped by your loving spirit.
I love you sweet Kira so let's so sweetly hold each other.
I'll see you in my dreams and we'll
snuggle so tightly there too.
I love you my darling and through all time
ahead of us I want you to be the one
with whom I'll snuggle forever.

Michael P. McParland

Sweet Kisses Of Passion

I send these sweet kisses of passion to you
in true love straight from my heart and soul.
Sweet passionate kisses in the need for your love,
in the need to assure you of mine.
Sweet passionate Kisses for you Kira my Angel,
the sweet passionate kisses of tingling
that must satisfy this way for now
but I assure you it is all in pure love
just as much and even more to give than receive.
Sweet passionate kisses to the woman I adore.
Sweet passionate kisses to you my sweet Kira
because I love you with everything that I am.
You are an amazing woman and I will always
love you for the gift and miracle that you are.

Michael P. McParland

I Just Want You In My Arms

As I now close my eyes and try to sleep
I just want you here to kiss and snuggle
up with to feel at peace.
My heart is hurting and I'm oh so tired,
I just want to have you in my life
and have you in my arms giving of myself in full.
As I try to sleep I just want you here
to kiss and snuggle with feeling content and whole.

I just want to hear from you and talk
for hours on end just like we used to do.
I just want to know you're alright
and see the words of my precious dear,
working our way to the point of
hearing each others voice
and then soon after reunite.
My sweet darling my heart aches to feel you close,
I just want to hear from the one that means the most.
I just want to share my love with you
because I adore you dear and you are my one.
My best friend, my hero, my soul mate in full.
I just want you to know how much you mean to me.

I just want you here within my arms as I try to sleep.
Can you feel and hear my hearts calling plea?
Do you know how much you mean to me?
Because if you don't than I have failed
to show you your abundant worth and how great you are.
I just want you to know you are my beautiful Queen
for whom I would give my life and do anything.
I just want you here within my arms
to kiss and hold as I try to sleep.
I just want you here in my arms to to hold and kiss
because I love you more than anyone or anything.
Kira you are my special lady so supreme.

Michael P. McParland

Love Note 272

Good afternoon my sweet one
my arms are wrapped so tight
around you in spirit
to give you my love and warmth.
To give you peace
with these kisses I send as well.
I love you sweet one
and I will stand by you
for all eternity.
I truly adore you
and want to be with you
forever and ever.

Michael P. McParland

A Day To Snuggle

Today would be the perfect day
to lay in bed and snuggle with you.
I'm so exhausted and I want to sleep
but I'll lay here still awhile yet.
I would love to snuggle and pass the time
with the woman I adore and want
to be with through all time.
Today would be the perfect day to snuggle
with my true and only Angel.

I would just love to spend this tired day
in bed with you talking and snuggling it away.
Just to be in the arms of my true love
would help give me peace and calm to fall asleep.
Today would be the perfect day to spend
in bed and snuggle with you my only one.
It would be perfect just because I would be with you.
Any time I spend with you is perfect time
because I love you dear and there is
no other way I'd rather spend my time than be with you.
I wish that you were here to lay in bed with me
and snuggle it away.
In your arms is the perfect place to ever be.

Michael P. McParland

Morning Note 118

Good morning my beautiful darling
how I wish I could spend
the rest of this morning in bed
holding you next to me
smiling and cuddling.
Giving you kisses and comfort
before this day fully started.
Just hold you close for a warm start
to the day ahead that we face.
I wish we could just snuggle
for awhile in this time and space.

Have a wonderful day my precious dear
and feel me there by your side
as I hold you and your hand.
I'm sending sweet kisses
with all of my loving warmth.
Feel my smile and loving looks
that are for you alone my dear Kira.
Feel my arms around you
giving my full loving support.
I am with you always my one
and I'll always be here
when you're ready and when you need.
I love you intensely
with my entire being.
I love you Kira and have
told the sun to shine
especially for you.

Michael P. McParland

A Tender Kiss Of Comfort

A tender kiss for you my Angel
so truly beautiful and kind.
A tender kiss to give you comfort
and warmth to your heart from mine.
I love you so deeply and so very much
and I give you this tender kiss
to help you know that I am with you
always and right now.
Hand in hand and in my loving arms
I give you this tender kiss
to help you know that I am dedicated to you
through all space and time.
A tender kiss on your lips
because I love you sweet lady so vastly immense.

Michael P. McParland

I Miss You 14

I miss you so much with my whole heart and soul.
There isn't a thing I don't miss about you.
I miss you every minute of every hour and second each day.
I love you my darling and I miss you so much,
my heart aches to see and talk to you once again.
My arms long to hold you and pull you so tight.
I long to kiss you all over and say thank you
sweet Kira for being magnificent in everything.
Thank you my darling for being my sweet Angel dove.

I miss you and I want you to be here with me,
I want to share my whole life with the woman who knows me best,
and even though you may think that you don't know much
I will break down my walls because it is you that I trust.
I know that you'll do your best to understand everything
and that you will not laugh at and mock me
in the moments of difficulty when my emotions overwhelm.
I know you will just hold me and say it's alright,
so many have said harsh things and undercut me
but you have never done that and I know you would help me.
I miss you my love and want to hold you so close.

I want to be there for you too and help
give you support through the pains you do feel,
I will be your rock and shoulder the one you can turn to.
I love you sweet lady and want to help you in all ways,
I want to support my sweet Queen
who deserves the best in all things.
I want to be your noble knight who will
fight for and defend you.
I want to be your hero and everything.
I love and miss you and want to prove all of these things
by showing my word in actions that build trust.

I miss you so much because you're a treasure I cherish.
You are a woman and lady in the truest sense,
you are so beautiful and you have been robbed
of the loving treatment you deserve fully.
I want to give you that loving treatment straight

from my soul and heart every day hand in hand side by side.
I want to show you you're amazing and my everything,
I want you to see that you are a true gift and blessing.
I miss you my dear and my heart calls to you in its awe,
I love you sweet Kira because you are my Angel
and there isn't anything I wouldn't give
to have you here and make you eternally happy.
You are truly a spectacular lady
who deserves the best of everything.

Michael P. McParland

Goodnight My Darling Kira 3

Goodnight my darling Kira I'm so very tired,
let's go to bed and snuggle sharing the sweetest kisses
and smiles with each other in true love.
Let's go to bed so I can hold you close to me
and comfort you just as you need.
Just cuddle the night away saying
Kira I love you and I'm always here for my sweet dear.
You are everything I treasure deep in my heart.

I'll be holding you so tight through the night
rubbing your back and any other area
you need me too that is knotted up and makes you hurt.
I'll be giving you kisses and reassuring you
that I'll always be here for you my sweet dear.
I'm sending all of my warmth and love to you
in its abundance in full to wrap you up
in its comfort giving you peace and contentment
feeling me there in spirit holding you tight in my arms.
I send to you zillions of hugs and kisses
to keep you warm and cozy inside and give you
that big smile that lights up the entire world.

I'll see you tonight in the land of dreams
where we will walk along the path
of the moon and stars and find a spot
to spread our blanket and lay down
getting lost in each other wrapped up
in our arms soaking up the love that we share.
I long to spend such time with you
for real my sweet dear.
So soon I pray I can have you in my arms everyday.
Tonight though my lady within the land of dreams
I'll hold you close and give kisses so sweet
to my Angel and Queen so truly supreme.

Goodnight my darling Kira I truly love you
with every fiber of my very being.
I admire you and crave your love
which is Angelic and pure,

I can feel it even so far away but I need you here,
I ache so deeply inside for my only one
whom I adore and can't get enough of in any way.
I love you Kira my sweet Angel dove.
Goodnight my sweet one I am always here
if and when you need me my darling so pure,
I want nothing more than to make you
happy and proud feeling fulfilled.
I want to give you everything sweet Kira
because I treasure you.
Get some good sleep and I'll see you
in our beautiful dreams.
I love you my darling and there's no greater truth
in the universe than that I swear.

Michael P. McParland

Love Note 271

Hello my dear darling
I love and admire you so very much,
I wish I could be with you
to spend this whole night.
To talk to and hold
feeling peace and contentment
in each others loving and accepting arms.
I would give anything
to spend time sharing with you.
To be with my lady
and sharing our true loving warmth
is a dream I long for to come true.
I love you sweet lady
and am sending you this
deep passionate kiss,
I'm right there beside you
holding you ever so close.

Michael P. McParland

Great Big Kiss 3

A great big kiss to you my sweet Angel
I so deeply adore, love, and miss.
A great big kiss of comfort for you
in all the loving warmth that I feel.
A great big hug and a kiss to
give your heart, mind, body, and soul
peace so you can rest and relax
feeling my love and knowing I'm there.
Feel my arms around you and my hand within yours.

A great big kiss my Angel of light and true love
I want you to know my heart is yours forevermore.
It is a gift I give solely to you
because I adore you in full just for who you are.
I love you sweet Kira because you're a true gift from God,
truly unique and one of a kind so very special
and there's nobody else that can ever come close
to the woman you are and just how you make me feel.
A great big kiss to my love that I cherish
to fill you with all the strength from my spirit.
A great big hug and kiss to give you warmth and comfort.

A great big kiss to you dear and millions more
because I want to thank you for just being you.
You're a diamond in the rough and exceptionally beautiful,
I'm so sorry for the pains you have suffered.
I want to give you all the loving comfort you deserve dear
I want to hold you and give you sweet kisses from my admiring soul.
I love you sweet Kira and want to give you warmth and comfort
so I send you a great big hug and kiss followed
by millions of more on this night straight from my heart.

Michael P. McParland

I Worry About You

I worry about you and wonder if you're okay.
I wonder and worry over how much pain
you are in each day and wish there
was a way I could take it away.
Or at least be there to give you a massage
to loosen up and relax the tension
in the muscles bunching up
and help you relax in full by giving
you my loving touch through that massage
with sweet kisses one by one to give you cheer.
I worry about the physical pain you feel
and hope it isn't overwhelming you in its grips
making it so you can barely move.
I pray each day that you're okay and feel my strength.

I worry wondering if you are crying
hurting on the inside feeling pain and misery.
I worry that you are feeling all alone
and depressed inside coming apart
from the needs and sadness that you feel.
I worry because I know that pain so well
and I hate to know you are in pain
it makes my heart hurt so bad that I can't be there
to take you in my arms and comfort you.
I worry that you are in pain and tears
thinking you're alone when I am here
and would give anything to hold you near
and soothe your heart while drying your
precious eyes from the tears.
I worry because you are the sunshine
of my life and I can't bare to know you hurt in any way.

I worry because I love you deeply
and how you are means everything to me.
I want my Angel to be well and happy
and not knowing how you are
is driving me so very crazy.
I know that you are hurting very bad
in so many ways from many things.

I know I am the cause of some of your pain
and I want to say I'm sorry dear
and hold you close well I just softly
speak and reassure you that I'm here
and love you deeply in every way.
I want to heal your heart and hold your hand
standing by your side for all time as your man.
I worry dear because my love for you is so pure.

I worry because I know you love me just as much
and with the bond we share I know you worry too.
I want us to hold each other to have peace of mind,
to help each other find our happiness once again.
I want to help my only one because I love you
with all my heart and soul.
Kira I worry over you because you mean so much.
You are my everything and universe,
you are my Angel I adore in whole and full,
you are my Queen whom I treasure in every way.
I love you Kira so I worry how you are
because you matter most and more than anything.
Kira you are my soul mate and best friend
and I worry because I care about
and love you so very much.

Michael P. McParland

Pure Love 3

I have pure love for you within
my very soul and heart.
Such tender care with concern
and that never stops.
All I feel for you is total love
that even when I may be upset
that tenderness still is at the core
and I can never stay upset for long.
I'm not upset now but making the point
that I have pure tender love for you
within my very heart and soul.

I care for you so deep and true
there isn't anything I wouldn't do for you.
I adore you in all your beauty
both outward and in.
I love you for who you are
my sweet Angel Kira from up above.
I just want to hold you close
and heal your heart in all my tender love
and complete care.
I hold nothing but pure love for you
my sweet Angel dove.

It is pure love and I knew it from the start,
I was in love with you before
I even realized it within my conscious mind.
My heart swelled with pride and swelled with light
whenever I would think of you or
be standing next to you I just wanted
to shout out for the world to hear
I love this girl and she's the best.
I hold pure love for her in every way.

I hold pure and endless wholesome
love for you within my soul and heart
and I can't imagine or stomach
a future in this life without you in it.
You are my saving grace and divine Angel,

I can't describe in full how much you mean to me.
There are no words to describe the epic
joy and pride I feel for you.
You take my breath away with how great you are,
you are a precious jewel who is everything to this love struck fool.
I truly cherish you because you are
so wonderful and admirable in so much of what you've done.
I am in awe of you for so much
of what you've made it through and continue on.
I hold pure shining love for you within my soul and heart,
I want to have you here by my side
and long to spend eternity with you as my treasured
and beloved precious wife.

Michael P. McParland

Sweet Lady 10

Sweet lady I adore you in full.
You are so very kind and beautiful,
with a heart of gold and a soul so very pure
I love you immensely and want to be with you.
I give you myself and offer all that I have,
tender and true love is what I hold in my heart.

I love you sweet lady and cherish you in whole,
sweet lady so beautiful you're an Angel from God.
I adore you for you and you're a blessing and gift,
I thank God everyday that you have been in my life.
I love you sweet lady and want to be by your side
for all time and eternity.
My heart calls out and it melts over you,
I love you sweet lady and only you will ever do.

Michael P. McParland

Love Note 270

Good afternoon my sweet one
I feel all your love
surrounding me and it feels
so calming and good.
You bring me peace
and I thank you so much.
I'm sending you all
of my loving warmth
and I hope it gives you
comfort and peace as well.
I want to give you
just as much as I receive
because you are my Queen
and I will always give
my best and everything
to make you proud and happy
and to see you smile.
I am here to serve
as the man who so deeply loves you.

I am right there with you
as always giving you comfort
as I hold you closely.
Feel the sweet kisses I give you
as I whisper to you
I love you my sweetie.
I treasure you so very deeply,
I give you myself completely.
I'll never leave you
my sweet lady and beauty.

I love you my darling
and I want to feel
comfort in all my heart sends you.
I pray that so soon
you will come and talk to me.
I will tear down my walls
and show you everything.
Please just promise to hold me

when I reach the most
painful and hurt parts
inside of me.
I want to share so
you will understand
and can help me.
I'll not hold back anything
because I so love and trust you.
You are the only one
I'll ever give myself over to
because I love you so much
and want to let you into
my world and heart completely.
I want you to know me
better than anybody.

I love you my lady
and I will be with you
hand in hand the whole day,
you have my full support
and can reach out whenever
you need me.
I love you sweet lady
and I will always
be here for you
and adore you
in total love forever and ever.

Michael P. McParland

Afternoon Dreams

Afternoon dreams of you and me
being together and doing fun things.
Rather going for walks or out to lunch,
just sitting on the couch cuddling so close
it wouldn't matter what we were doing
because as long as I'm with you
I'll always be happy.

Afternoon dreams of my precious dove
and all of the love I hold for her.
I would give anything to at least talk right now,
to share with each other all of
our hopes, feelings, and thoughts.
I long so much to read your words
and hear your voice.
I want to tell you directly I love you so much.

Beautiful afternoon dreams of my sweet Angel dove
and caressing your cheek while I hold you so close,
then push your hair back so I can gaze
upon your beautiful face in full then
give you the sweetest kisses you could ever hope for.
I would then just thank you so much for
all of your love and all that you do.
I would thank you so deeply for just being you.

Beautiful afternoon dreams of you and me
just being together and sharing various things.
It doesn't matter what as long
as I'm sharing whatever we're doing with you.
I want to share my whole life with my Angel Queen.
I want these dreams to be real with you my sweet dear,
I want them to be soon because I so deeply love you.

Michael P. McParland

Beautiful Lady 10

Beautiful lady I send these kisses
in pure adoration to you in sweet
love and kindness to you.
Feel their tenderness as they
fall upon you and give you my warmth.
Beautiful lady I can't wait to hold you
and kiss your sweet lips myself.
Close your kind eyes and remember
my loving looks and smile
because for you I wear them right now.
Beautiful lady I adore you to no end.

Beautiful lady feel my hand
as I take yours in mine
so I can walk right beside you the whole time.
I truly love you and support you in full,
beautiful lady I give myself to you.
I love and adore you as my only Angel,
beautiful lady I care for you deeply
and want to marry you and together
spend all eternity.
You are my soul mate and I truly treasure you.
You're a diamond in the rough and truly
the most beautiful lady I've ever known.

Michael P. McParland

I Want To

I want to spend everyday on earth with you,
I want to sit and talk about everything.
All our thoughts and how we feel,
all the memories we have and all the dreams as well.
I want to spend each day with you
smiling, laughing, being there to catch
each others tears, and to experience
this life together in every single way.

I want to sit and read you books.
I want us to sit together writing
poetry for each other.
I want to sit and watch movies
and TV with you while we hold each other
on the bed or couch and pig out on some snacks.
I want to listen to audiobooks or music
with my only one as sharing all
our favorite things will mean much more
when we do it all together my sweet Angel dove.
I want to do it all with you because
you mean the most to me in heaven or on earth.

I want to spend each night in bed with you
snuggling and kissing sharing our loving warmth.
I want to share true closeness with my only one,
I want to share the special thing with only you
because it should be in true love with that special one.
I want to share my whole heart and soul with only you
because you are so special to me in every way.
I want to hold you close each and every night and day.

I want to tear down my walls just for you
and reveal my whole heart and world saying here I am.
I want to look right in your eyes and say
I love you Kira and I'm your man.
I will give you everything my sweet precious jewel.
I want to be there for you through everything.
I want to give myself to you in full
in every way there is in everyday.

I want to let you know you are trusted and truly loved.

I want to listen to everything you have to say,
I want to be here to learn everything about
my special lady whom I adore.
I want to help heal your aching soul and heart.
I want to make sure you know you're not alone
and that I'm always here for my only one.
I want you to know I will do anything for you my one
and that you can reach me anytime for anything.
I love you precious one so please so soon
let's talk and find our way back.

I want to spend everyday within each others loving arms
and never miss the loving, caring bond we share.
I want to look upon you everyday to say
Kira you are beautiful and you drive me wild
in all those special ways.
I tingle in true love for the woman I love and crave,
I want to serve my Queen just as a loving man does and should.
I want to see you smile as I tell you
I love you dear and I always will.
I want to spend eternity with you hand in hand
sharing the true love I know we've always had and always will.
Kira dear I want you to know I truly love you so.

Michael P. McParland

Reaching Out Tonight

Reaching out tonight to pull you in
for a sweet passionate kiss from
my very heart and soul to warm yours up in full.
To give you peace of mind that
I love you so very much and want you
here right by my side in bed.
To snuggle up and help us both feel safe,
to heal our hearts in the true love that we both share.
I want you by my side forevermore
because you're the lady I admire in every way.

I'm reaching out tonight because I need you
so very bad and I know you need me too,
we both need the love we provide
because it's unselfish and unconditional in every way,
we give to each other not expecting anything
because we just want to give
and we know we will always receive
because of the love that we both feel and see.
I'm reaching out tonight to say I love you babe
and need you more than anything.
You are the medicine that heals this pain.
Do I do the same for you my love?
Do I make you happy too?
Are you okay and is there anything I can do for you?
I'm reaching out to show my love
and give us both deep comfort all around.

I'm reaching out to pull you in
and just hold you close in any way I can.
Please hold me back and let me feel your warmth
because I need my Angel so very much.
Oh my Kira I love you with all I am
and I want to share with you my whole world,
I want to share yours to with what
you feel you can and will reveal.
I want to know you in every way there is
because you are the one whom I freely give myself in full.
I'm reaching out tonight my one

because it's you I truly trust, want, and completely love.
It's only you my sweet Angel dove.

Michael P. McParland

Goodnight My Precious Kira

Goodnight my precious love Kira
come join me my sweet one and let us
retire tonight and go to bed with each other,
snuggle so close and comfort each other
giving kisses so sweetly feeling
strength in peace coursing through our souls and bodies,
come and snuggle sweet one and let me
share all of my heart and love
with the woman I adore and treasure.
Goodnight my sweet Kira you truly are
such a wonderful and beautiful diamond.

Come and rest your head upon
my loving chest and hear how my heart
beats for you through this whole life.
Feel all of the love it gives in its beat
for the woman it knows is its only true hope,
hear how it beats for my Angel of light.
I love you Kira and pray that you know
the depths of which it goes.
You are so very wonderful and special to me.
There isn't anything I wouldn't do for thee.

I'll be holding you ever so tight
through this entire night
with my hand in yours as I caress your cheek
and stroke your hair giving sweet kisses
in pure love from my heart and soul.
Listen so closely for my voice in your ear
as I say Kira I love you my dear
and I truly hope I'll have the chance
to show you all giving my entire
heart, mind, body, soul, and every fiber of my being to you.
I adore you so much and my heart bursts
with respect and admiration for my true love.
Then I'll pull you in so tight just
to emphasize my deep admiring love.
I want to give you all of myself
because you are my Angel from up above.

I'll see you tonight in the land of dreams
where in our beautiful field of flowers
it will be just you and me lying
down on our blanket by our rushing river
under our beautiful tall tree.
I'll just hold you so close and listen
to you talk about everything you want and need.
I just want to hear your sweet voice
and hear all of the things you have to say.
I ache so very bad to have you by me,
so tonight my sweet love in the land of dreams.

Goodnight my precious Kira
now let's share the most precious of snuggles.
I want to have you here next to me
just hugging and kissing seeing you smiling
I just want to share my entire life with you
as I have so much to share and tell you.
I want us to know each other completely
because you are a jewel I adore so completely.
Goodnight my sweet Kira and I give you this kiss,
let it fill you with warmth and deep comforting peace.
I truly want you to be happy my love.
I'll always love you with all that I am.

Michael P. McParland

Hold Me Tight 4

Come and hold me so tight tonight
my sweet dear Angel of light.
Let's comfort each other in our deep warmth and love,
let me be able to tell you just
how much you mean.
Let me be able to hold you so close
and shower you with my love
and deep kisses that come from the soul.
Please come and hold me so tight
in your endless love that gives me a smile.

Come hold me tight and rest your head on my chest
while I pull you in and stroke your hair for a bit.
Then I'll have you lay on your tummy
so I can rub your aching back to give
you some needed relief and comfort.
While I am doing it I'll give you
sweet kisses at random moments and say Kira I love you.
I want to be here to serve you in every way possible.
You are my sweet Queen and Angel and I want
to make you happy and comfortable in every way possible.

Come my sweet lady so I can hold you so tight
and give you my love and all of my warmth,
I need to tell you how much you are worth,
I need to tell you directly I love you so much,
I need to hold you and feel you so near.
I need you to know you're not alone,
I need to tell you sweet Kira you're my everything
and I adore you sweet one and cherish your love.
I love you sweet Kira and I always will,
please come my dear so I can hold you so close.

Michael P. McParland

Beautiful Kira 3

Beautiful Kira my heart is forever yours
and I'll be here waiting for you
no matter how long it may take till you are ready.
I'll wait an eternity if that's what it takes
because I love you dear and you are my everything.
I'll wait for you because you are so beautiful
and there is no better woman out there
my sweet Angel I hold so dear within my heart.
I long for and live for you beautiful Kira
I so deeply admire and adore.
It's your love I crave and need more than you can know,
I need it because I love you dear
and I want to return that kind and giving love to you in full.

Beautiful Kira my heart truly will be forever yours
because you are my Angel and a blessed gift from God.
There is no other for this man because since we met
I knew you were the one in my heart and soul.
I wish so long ago I had had the courage to look
you straight in the eyes and say I love you dear,
but I was so very young and so very shy and scared.
I'll forever regret it if I never get to look at you and say it
because my Kira you are beautiful and I adore you
in true love and can't accept this life alone
without you in it my sweet one.
I would rather die than spend time with someone else
or to ever lose you complete and full.
I love you beautiful Kira and I want you to know that's true.

Michael P. McParland

Evening Note 67

Good evening my sweet and precious love,
I truly adore you so very much.
I long to spend this evening
and the entire night within
your kind and loving arms,
to be with you in every way
and make us both feel safe and whole again.
I want to spend all time with you
because you are my everything.

Sitting here on this
summer eve and wishing you were here.
I would give my life
to be with you for even just one night.
I would give my life
to see you cured in every way there is.
I want to hold you very close
while I give you all my heart
and slowly stroke your hair.
I would give anything to talk
to you right now.

I love you dear and hope so soon
we'll reunite once more.
I want to be with you all time
because you're my Angel
that is my everything.
You truly are my only one
and I give myself to you.

Michael P. McParland

Beautiful Woman I Love You

Beautiful woman I would give my life for you,
you are everything of which I've ever hoped and dreamed.
You have a heart so big and a soul so very kind.
I'm so in love with you I want for you to share my life,
I want to be with you for all eternity as my loving wife.
Beautiful woman you're so good I want nothing more than you.
Beautiful woman you're such a jewel how could I not love you?

Michael P. McParland

You Are Joy

You are pure joy to me,
you bring such pure light with you
that I feel a brightness, easiness,
and lightness within my soul whenever I look at you.
You are my northern star and I feel
such epic joy whenever I see
or talk to you my sweet Angel dove.

You are pure joy in how you look at me,
you are pure joy with a smile
and eyes so very bright and pure.
You are pure joy in a loving
heart and soul so big and giving in every way.
You are pure joy and I adore you so.
You are pure joy and each passing day
I love you more and more.

You are pure joy and light
that you bring such hope into my life.
You get me through the darkest days
and you make me smile and laugh
in so many special ways.
You are pure joy and I want to be
with you for all eternity.
My heart melts in adoration
and pure joy for you.
I want to hold you close and thank you
for all you do in so many ways there are.

I pray I bring as much hope and joy to you.
I pray that I give a lightness and easiness
within you too.
I want to give you everything there is
and I want to return to you in full
through service all the things you do for me.
I admire, respect, and adore you dear.
I want to give you joy just like you give me dear.
I want to make you smile and laugh as well.

You are true joy to me in full.
I want to show you how much you mean to me.
I love you deep and I love you through,
I love you for being you.
You give me joy in such enormous ways
and I want to thank you through this life
and into the next.
I love you so very much and want to
give you joy so very much.
You are pure joy and that's the truth.
Kira you are so amazing and a trusted love.

Michael P. McParland

Love Note 269

Good afternoon my sweet one
and all of my love to you
with immense kisses and hugs too.
I'm longing so much
to have you here in my arms.
My whole body and soul ache
to be near you dear one.
Know that I am all yours
and I'll be here for you waiting
when you're ready dear.
You are everything I'll
ever need and want my Queen love.

I love you so much
and am dreaming of all
the fun that we'll have.
Endless smiles and pride
being with my Angel bride,
going for walks in the sun
and then sitting and lying down
on the grass.
Talking and laughing
while drifting off.
Your head on my chest
while we hold each other ever so close.
Kisses abound so tender and deep,
passion galore in the
amazing love that we share.
I adore you sweet one
and want you forever in my life.

Remember I'm right by your side
and holding your hand
to give you all of my endless support.
You are my Angel and I give
you all of myself in pure love.
Kira I want you to be happy
and completely fulfilled.
I would do anything you needed of me,

I will give you my best in everything.
I love you sweet Kira
and I long to be with you forever through time.
You are a jewel and an Angel so true.

Michael P. McParland

I Ache For You

I ache for you my sweet one.
I ache to have you here in my arms
for I long to feel you near
and be able to look at you and smile
saying thank you dear for being you
and all the love you have for me.
I ache for you because I love you so
and a part of me is missing without you.

I ache for you because I want to talk to you.
I want to see your words and hear your voice,
have intelligent conversation
just like we always did.
share our feelings and our thoughts
because I trust you and know you'll always try to understand.
Even though I wasn't always able to describe
in the greatest ways just what I thought
you often understood or tried your best to get
just exactly what I meant.
I ache to share with you all the things we think and feel.

I long and ache so much just to hear you talk
and know if you are alright and feel my love.
I want you to know you're not alone
and to make sure you know I deeply care.
I ache to have you tell me all your tales
so I can get to know my love in every way there is.
I ache to help you forget the hurts you've endured
and I want to heal your heart and remember your abundant worth.
I ache to give you fully of myself
and show you that you're loved more than you can ever know.
I ache so much to hold you close and reassure you
that I'm always here and by your side.
I ache to tell you to your face that I love you so.

I truly ache for you my dear
because I am truly so alone without you in my life.
You brightened up my days in full,
on the happy ones you made my smile

much bigger by far sweet one,
on the darkest ones you gave me light
and gave me reason to fight on and want to live.
I love you so much and long for you to
be here by my side hand in hand everyday through all time.
I love you Kira so very much
and I ache for you simply because you are the best there's ever been.

Michael P. McParland

Eternally Thankful For You 2

I truly am so thankful for you
and everything that you do.
You are a miracle in full
and I don't know what I would do
if I didn't have you my sweet one.
I love you so much and am thankful
to have all of your love as well.

After not feeling well yesterday
and still feeling rather yucky
when I woke up as soon as I told you
and asked for your strength
I could feel extra strength and healing
in the love you always send
and now I am truly beginning to feel better.
Thank you sweet love for all of your caring,
to me it means everything and you are so special.
For you I am thankful and Kira
you truly are an amazing Angel.

I am so thankful for you in so many ways
and I can't wait to be near you
and hold you so closely as I tell you I love you
and list off all the reasons each day
thanking you over and over for you are truly wonderful.
Kira I love you and I am ever so thankful,
I hope you know and can feel all
the thankful love that I feel.
You truly are everything I want and I need,
you simply are everything I admire and love.

Kira I'm so thankful for you
and I truly thank you in full.
I want you to know just how much you mean to me,
please talk to me soon so I can show you in full
and help your heart heal in all the love that I hold.
You are a miracle that I can't bare to lose
because my heart and soul are so thankful
and eternally yours.

I love you sweet Kira and can't handle the thought
that you'd not be around in a future so blue.
I'm thankful for you and want you to know,
so please come so soon so I can hold you so close
and say Kira I love you and here are the reasons
I am truly so thankful.
I want to tell you in person because you are my Angel.

Michael P. McParland

My Heart Is My Ladies

My heart belongs to my lady for all eternity,
I am so in awe of her and she is so wonderful.
She is an Angel I'm so in love with,
I give her my life because I am hers in full.
My heart is my ladies because I am so taken with her.
I love her completely because she is true to herself.

My heart beats just for her and in honor of her love,
it shines ever so bright when I feel her around.
It is a gift I give only to here.
My heart is hers because there's nobody else
that I want to be with.
I love her completely and my heart calls it out,
my heart is sweet Kira's and I love her so much.
She is amazing and wonderful in every way that there is.

It is to her that my heart truly calls out
and gives itself to in full.
Beautiful Kira my soul brightens up
because of all the love you feel for me.
My heart is yours and it gives all it has
because I love you so much and you are the holder
of all my hearts love.

Michael P. McParland

Kisses For Kira

Millions and millions of kisses
for you my sweet Kira.
In pure loving dedication
I give and send millions
of hugs and kisses to you
because I love you more
than anyone can know.

I spent all day yesterday in bed sleeping
getting better from not feeling well
and perchance to dream of you my sweet Angel Queen.
I literally slept through the day
and have only just risen and write you first.
I love you sweet lady and send kisses aplenty
to brighten your day and spirit.
Millions of kisses for sweet precious Kira.

I love you sweet Kira and deeply so,
have not a worry because I'm not going anywhere.
I love you intensely and will never hurt you my sweetie.
I will always take care of you my fair lady,
I am here whenever you need or want me.
Millions of kisses and hugs to you my dear Kira.

Sweet lady I ask thee for some extra prayers
and strength from you to help me feel better.
I'm still feeling quite queasy and your
loving strength has always helped me feel better.
You are an Angel filled with such light and loving power.
That which you hold has often helped me get better,
knowing you're there is a blessing so wonderful.
So with a humble heart a ask you sweet lady
to hold me so tight in spirit to help me feel better.

Millions and millions of kisses and hugs
to you Kira my sweet Angel dove.
I admire you deeply and respect you so much.
I'm filled and overflowing with love
for you Kira my only one.

There isn't anything for you I wouldn't do,
I am here for you and give you my all.
I love you sweet Kira and send endless kisses
to help cheer you up.

Michael P. McParland

Goodnight Sweet Kira 15

Goodnight my sweet Kira
I just opened my eyes a bit
and am still half asleep in my rest.
Thank you so much for all of your
peaceful loving strength.
It means everything my darling one
and I love you so much.
Come and join me in bed and we'll
hold each other so tight through the night.
Share some sweet kisses before
falling back asleep.
I love you sweet Kira
and will be holding you so very tight
giving passionate kisses of light.

Goodnight my sweet Kira I truly am
so thankful for you and I am
forever sending you all of my loving warmth
with these tender kisses and tight hugs.
I will see you tonight my dear one
in our dreams where I just want to
hold you and listen while you talk.
I'll dry your tears and stroke your hair,
I'll just listen to you
and whisper that everything is now okay
because I am here to hold you
and help you through everything.
I love you sweet Kira and want you
to be happy and smiling always.

Goodnight my sweet Kira and now
rest your head upon my chest
after we share a few kisses
and I'll hold you in comfort.
You are the Angel I miss
in every single way that there is.
I adore you so much that
there has been an ocean of tears
without you here and I want

to let you know you are amazing
and I truly love you with every last bit of my being.
I want to hold your hand for all of eternity.
Goodnight my sweet Kira and feel my arms
about you the entire night and all
of these kisses of the purest love that's ever existed.

Michael P. McParland

A Needed Rest 3

I'm so very tired my dear
and need so badly to take a rest now.
Will you give me the honor
of your sweet company in spirit
to snuggle while sharing
sweet, deep, passionate kisses?
Will you come hold me for awhile
while I get some rest that's so deeply needed?
I want to hold you as well my sweet dear
and rub your back gently to help
release the tension I know that
must build up in there from the pain.
Just hold you close while I rub your back
both us feeling in peace.

I still feel so very tired my dear
and am lying down for a needed rest.
I just want you to know that I deeply love you
and want you to be here to hold and to comfort.
I long and ache to see your sweet face
and kiss you deeply over and over again
while saying I love you Kira you're the greatest.
I just want to hold you forever and ever,
come be my wife my sweet lady I truly desire.
It's only you I'll love forever.

So will you come join me my sweet one
as I lay down to rest for a bit?
Will you in spirit snuggle with me
and share kisses so deep and sincere?
I truly need you and I pray so deeply
that I do as much for you as you do for me.
I want to thank you so deeply my Queen.
You are amazing and a true rock of power.
Come my sweet lady and let me hold you forever.

Michael P. McParland

Sunday Night Snuggle

I long so deeply for a Sunday night
snuggle with you my sweet one.
To stop and heal the aching need in our hearts,
to just have the contact we need
feeling each other right there
in our loving arms sharing warmth.
A Sunday night snuggle with you my dear one,
it's what our hearts need and souls deeply want.

Right now my emotions are so back and forth
going up and down so very fast.
I feel fine in one moment
and then the next I almost begin crying.
I don't care how I sound to others
because I just want you to know
I truly love and miss you so much.
The tears are from the loving need I have for you
and a Sunday night snuggle would be
the perfect cure for the blues.
Being with you my sweet Angel so true.

A Sunday night snuggle leading to
a Monday night snuggle too,
and so on into Tuesday and Wednesday
carrying on through all time in each others arms.
A lifetime of snuggling with
my one and only true love
is everything I truly want.
I want you to be with me for all time
sharing our lives and giving fulfillment
like no other can.
It's only you my sweet Angel dove.

A sweet Sunday snuggle with you my dear one
because you make the hurts of the world
and beasts in it go away and make me feel better and safe.
My heart needs the healing in your loving arms
and I want to share with you the things
that are hurting me so very much.

I want to have the sweet healing of your loving arms,
I want to have my sweet Kira back in my life
to snuggle forever and strengthen our bond.
You will forever be my only one.

Sweet lady I want a Sunday snuggle
so for you I can do all the same.
Help heal your wounds and you aching heart
while listening to all the things you need tell.
I want to be here for you because in no way my dear
have I ever thought this was just about me.
I just express myself the best I know how
and I apologize if sometimes my full meanings
get lost in the mix.
I care so deeply for you and want to listen in full,
I want to hear your sweet voice and all of you tales.
I love you sweet Kira come snuggle with me.

My sweet precious darling I would
give anything for a sweet Sunday night snuggle with you.
To have you near caressing your cheek
with you smiling at me.
Your head on my chest as we talked away
forgetting the world and everyone else.
Just taking the time we've needed to be by ourselves.
I love you sweet Kira and need you in my life
because a large piece of me is missing without you in my arms.
It's cold and it's lonely and I don't want anybody else
I only want you my sweet lady here in my arms.

Michael P. McParland

Tender Evening Kisses

Tender kisses for you my sweet darling
on this early evening now here.
Sweet tender kisses to fill you with cheer,
sweet tender kisses to give you a smile,
sweet tender kisses to fill you
with nice cozy warmth inside and out.
Sweet tender kisses because I love you dear one.

On this evening and night my dear darling
feel me holding you tight
and giving you sweet tender kisses of light.
To show you my love and reassure you I'm there,
to just help you feel good letting you know
you're truly beautiful and love.
Sweet tender kisses because I can't resist
giving my Angel sweet tender kisses
from my pure desire.
I can't resist holding you because
I love you so deeply inside.

Tender evening kisses to you my sweet dear
while we just spend time with each other
in spirit being so near.
As I read my books or watch my movies
I'll be sending you sweet tender kisses
and writing you poems of my heart and souls feelings.
Forever my darling I am yours in full
I love you so much and give sweet tender kisses
eternally to you.

Michael P. McParland

Love Note 268

Such beautiful and tender
Sunday afternoon dreams
I'm having of you my sweet dear
in my heart and mind.
Such tender feelings as always
fill me up past the brim
and overflow in pure
tender love for you.
You are a precious jewel
my sweet one and I adore you
to no end.

I just said a prayer
for both of us
so we will both feel peace
in our hearts
and our arms around each other
in total love.
I prayed for your heart
and all as I always do
so you'll know I'm there
and feel my abundant
undying love.
God bless you sweet one
I love so very much.
Now a small rest
because I still feel quite tired
and I want to return to my dreams
in hopes that I'll see you.
I promise sweet love
I'll be back up very shortly
so I can continue to write for you
and tell you I love you.
I just need some rest
and so long to be with you
in some way there is.
If I can hold you in dreams
it will help till you're here.
To hold you and kiss while stroking your hair.

I love you fair lady
and you are an answer to so many prayers,
you truly are a gift from God
I'm so thankful for.
Each moment that passes
I love you more and more.

Michael P. McParland

Warmth For You

There is ever loving warmth and acceptance
for you my sweet dear here in my arms.
You are not alone and are deeply loved,
my heart and arms are wide open for you
so please don't push me away
and let me give all of my loving warmth to you.
You are the Angel who I want to share
my entire life and beyond.
It is you my sweet dear in whose arms I belong.

I have so much love to give
my heart overflows with the abundance there is
and it's only you I want to share it with.
I want you to shower in it and feel
overjoyed and complete as you bask within it.
There is endless loving warmth in my heart
and in my wide open arms for you
my sweet Angel dove.
You are a diamond in the rough whom I so deeply love.

I'll always hold eternal loving warmth
for you my sweet one no matter what.
I adore you my beautiful one
so much that it aches from how intense it can get.
I wish you could just be me for a second
to understand and know all that I feel.
To know the depth of my love and immensity it goes,
I wish you could be me so you could
understand and feel it all because I so often
confuse you with the things I try to explain.
You are the only one I'd ever let see
and feel everything that I fully am.
I will take down my defenses because
within me there's such loving warmth for you.

There truly is such abundant warmth in my heart
and I want to hold you here in my arms.
To give you sweet kisses and show you your worth,
to tell you you're beautiful and I love you so much.

There is infinite loving warmth for you
in my very soul and heart.
It will never run out no matter what
so please don't push me away
because I want to give it to you in total and full.
I want to shower you with all of my loving warmth.

Michael P. McParland

A Beautiful Dream 3

Oh my sweet dear I've just risen now
from a long nap and a beautiful dream.
Right away I needed to say I love you
and at my best describe the scene.
Oh my sweet lady what a beautiful dream
and to see you in anyway makes my heart sing.
I love you so much my sweet Angel Queen.

It was as if we were back in school
which is strange because we were
todays current age all grown up and everything.
I looked down the hall and as always
you were chatting with someone
being your bright self lighting up somebody's day.
I felt nervous indeed but could not
go anywhere without seeing you
to talk and hug you and see where things went.
So I gathered my courage and sauntered your way.

As I got close I slowed just a bit
so as not to be rude and totally interrupt.
Just as I got beside you you noticed
my presence and as you looked up
I said hello my best friend Kira,
I have so dearly missed you.
With a blank stare of amazement
you stood for a minute and then smiled at me
without anger or hurting but just so happy.
We gave our special smiles that said I love you
and just hugged each other for the longest while.
Such a beautiful dream my lady supreme.

From there we walked hand in hand and talked
all over going wherever our feet took us
not caring because we were with each other.
Such a beautiful dream my sweet lady
who means everything to me.
A reality I hope will soon be
because I love you more with each passing day,

I want you more than anything else
and to spend eternity in each others arms.

You are all my most beautiful dreams
sweet Kira so beautiful and supreme.
You are the greatest and make me feel
excited and happy in so many ways.
My heart melts for you
and I so deeply cherish and adore you.
You are a beautiful dream Kira my Queen.
I love you immensely and wish for your hand
so please hear my hearts call and know I'm for real.
Please talk to me sweetie I need you so bad.

Michael P. McParland

Morning Note 117

Good morning sweet dear
and a big smile just for you
to start this day
with millions of
kisses and hugs on their way
to you every single hour today,
I want you to be showered
in all the never ending
love and admiration I have for you.
The smiles I have for you
are genuine from my
heart and soul because
your loving beauty puts them there.
You are the Angel who
lights up my heart
and helps get me
through the dark times.
I love you Kira
my sweet Angel dove.

Have a great day
my magnificent woman
so beautiful and good.
Feel the suns warmth
and let it fill you with
all of the abundance of my caring love.
I will be with you
holding your hand
giving sweet kisses the entire day.
Pulling you in to hug you
and say Kira I love you,
I truly thank God
for you are a blessing.
You are so beautiful
throughout your whole being.
A wonderful Angel
and my Queen so wonderful.
I love you my darling
and am always with you.

With a smile and kiss
for you I say good morning
and that I truly love you
and want to be with you forever.
Soon I pray we'll spend
part of each morning in bed
snuggling together sharing our warmth.
I know that's what I forever want,
you are everything my heart desires,
you are a beautiful woman
I cherish and admire
so remember and feel these things
as you go through your day
so you will feel all my love
and remember you're not alone.
I love you Kira and will
always be your man
standing tall by your side.

Michael P. McParland

A Sweet Kiss

On this restless night my sweet dear
between periods of light sleep
I send to you a sweet kiss of pure love
straight from my heart to yours.
A sweet kiss to tell you
that you mean so very much
and I love you tons.

On this night of longing for you my Angel Queen
I reach out my hand to take yours
and tightly pull you in
to give you a sweet kiss and tell you this.
I know you may still be hurt and angry
but believe me I am so very sorry
I truly love you and want to make you happy.
I love you sweet Kira and my heart
calls out to you in its want for giving,
you truly are all of my pure and clean desiring.
So a sweet kiss to you my sweet one
and feel my arms around you.
I love you so much and need to know if you are alright.

Michael P. McParland

Goodnight My Darling Kira 2

Goodnight my darling Kira it's been a long day
and I'm ready to end it by going to bed.
My heart is hurting tonight so I want
to just lay down under my fans and cover my eyes.
Listen to some soothing music and dream
of my sweet Angel bride.
Of holding you and giving sweet kisses,
just hearing you say you love me.
Then fall asleep so I can see you
in my dreams and say I love you to.
Goodnight my dear darling Kira
I truly do so deeply love and miss you.

Goodnight my sweet Kira I'll be holding
you ever so tight in spirit tonight,
holding your hand and rubbing your back
while I reassure you so sweetly
softly speaking that I want and need you so badly
and that I would give anything to be with you.
I would give my best and everything to you
because you are my Queen whom I deeply admire,
adore, and am enamored by in every way.
Feel my arms around you and my lips upon yours,
sweet kisses and hugs to you always sweet one
with all of my warmth and love.

I'll see you tonight my dear one of light in the land of dreams
where we can just lay among the moon and the stars
holding each other so very close
getting lost in the powers surrounding us.
The pull of the moon and the shooting stars,
feeling the pure and wonderful intoxication
of the love that we hold.
Feel the strengthening of our bond
as we hold each other kissing
lying among the moon and the stars.

Goodnight my darling Kira my heart goes out to you,
feel all of the love that it holds

and showers onto you.
You are my Angel and only true love,
you are the one I always yearn for.
I long to share everything I am with you,
I only want to give all of that to you.
I love you sweet Kira my heart belongs to you,
you are my essence and keeper of my very soul.
So please come and join me while we go to bed,
we'll snuggle and kiss for awhile
before you finally rest your head upon my chest
and once again I say goodnight my dear darling Kira
I love you so much and it's with you
I want to spend all of my life both this and the next.
You are an Angel and truly the best.

Michael P. McParland

Prayer Of Eternal Thanks

Dear God I again come before you here
to give a prayer of thanks
and again to ask of your eternal loving help.
All these things I bring
in humble thanks and with pure intent.
Dear God I come before you now
not just for me but my only one,
she truly is wonderful and I love her very much.

Dear God I thank you first
for having brought Kira into my life.
To have known her and felt such love
is a gift from you and a gift from her.
I thank you God for a blessing oh so pure
and an Angel who's graced my life and heart
in so many ways with light.
Dear God please help her know
that I am thankful for all she does and who she is.
Thank you God for a soul so wonderful.

Dear God again I ask that you
help her to know she's not alone
and that I am here to take her hand
whenever she may want or need.
Help her heart to feel reassured and calm
that I would not rebuke her or push away
the one I dream of each night and day.
Dear God help her know I will be her knight
to protect and defend her everyday.
Bless her to know that my hand is there to take
and I'll hold her close through every storm.
Help her to know that I'm here through good and bad
and that I'll not abandon her ever in any way.

Dear God please just help her to have peace at heart
and feel the loving strength I send.
Help her to know she's so deeply loved
and I will forever give her all I have
along with my very best.

Bless her that she'll feel my loving arms
wrapped so tight around in pure comfort.
Please soothe her heart so she will
find some rest and feel refreshed.
Please help her soul feel mine there
as my heart calls and sings to her my undying love and care.
Help her to see my loving looks and smile
as she closes her precious eyes to feel me closer.

Dear God please just be with her
and help her to feel happy
lifting all her worst burdens.
I will carry all of them to see her
completely healthy, happy, without pain
and able to do everything she's dreamed.
Dear God please help clear her path
for though she is a strong and righteous fighter
she's fought so much and made it through
she deserves her reward by being free
from all the things she deals with everyday.
Please dear God take her afflictions away
and pass them onto me so she can be free.
I love her so and would do anything
to make her burdens go away.

Dear God at last I ask thee
to truly know and feel within her heart and soul
all the love I hold and the depths to which it goes.
Help her to know that I have never lied to her
and never helped anyone or anything
work against her for some messed up thing.
Bless her heart to know that I would give my life for her
and am in deep remorse for my wrongs in the fights we've had.
Bless her soul to know that what I feel
is truly clean and pure and I only want the best for her.
Dear God please let her know that I believe
that she is truly wonderful and an Angel I adore,
please help her to know eternity is what I want with her.
She is a special gift and one I can't give thanks for enough.
I thank you God and I thank her
please bless that woman with all the best and to always know
that I am here and I truly love her best.

Amen.

ILYF and ever KP

Michael P. McParland

Beautiful Kira 2

Beautiful Kira my sweet dear
how I long to hold you near.
I want to know if you're okay
and if you're smiling for me.
I worry over you so much
because I know how much you hurt.
I think about you almost all the time
because I love you with all my soul and heart.

Beautiful Kira I so miss your lovely face,
I remember your shining smile
and how when we would feel that connection
randomly we would look up and see each other
and say I love you dear with the biggest grins.
We truly didn't know it then for we were young
but those smiles were a symbol of our love.
Wide open telling everything
for the shy words we kept in.
Oh my beautiful Kira I want to have you here.

Beautiful Kira you truly are my brightest hopes and dreams
and I pray each day and night I'll hear from you so soon.
To see your words, to hear your voice,
to feel the warmth of all your love.
I can feel it surround me now but I long
to have your words and soon be with you near.
I want you in my arms my love
I want beautiful Kira here to kiss.

Beautiful Kira I adore you dear
and worry over you.
You have told me at times before
not to worry over you.
I love you though sweet one and will be concerned,
I want to know you're doing well
and feel all my warmth and love.
You are so very beautiful and my only love,
Kira you are so sweet and a precious jewel
and without you in my life I feel so very lost.

Kira you are beautiful and the holder of my heart,
Kira you are beautiful and truly my only one.

Michael P. McParland

Holding You Ever So Tight

I'll be holding you ever so tight
in heart and spirit the rest of today
and all through this night.
I can feel and know you need the comfort,
I want you to know I am ever present.
That you matter immensely and mean everything,
I'm holding you ever so tight
to reassure and comfort my Angel of light.

I'll be holding you ever so tight
so dry your tears sweet one
and feel the strength that I send you in your heart.
You're not alone and I love you so much,
feel peace in your soul as I take ahold.
Feel this sweet kiss I place upon your forehead
and relax knowing I'll always be holding you.

I'm always holding you my dear one
ever so tight because it feels so right.
I can't wait to have my arms about you in person,
to just cry my eyes out in true pride and joy
from having my Angel tight in my arms.
To tell you I love you as I look in your eyes.
To once again see my true beauty before me
and tell you that you truly are so beautiful.
I'll be holding you ever so tight
so please my sweet one feel not a fright
because I am forever right by your side.

Michael P. McParland

Sweet One 8

Sweet one it's so lonely here without you,
I long to talk to you and hear
how your day is going and how you are.
I miss hearing all your feelings and thoughts
so I could know just how you are.
To sit and smile just because
I was talking to you and that felt good.
Sweet one I so miss you because you're so cool and good,
I love you tons my precious one.

Sweet one I miss the way you always
asked me how I was and truly cared to know.
I know you still care and always will
because your heart is so big and full of love.
I'll always care about you too,
I just miss the talks and directly telling
you just what I think and how I feel.
You are so supreme and that's for real,
I miss you babe you are truly sweet
and the only one I want and need.

Sweet one my heart holds such true love for you
and I pray you will always know that is true,
I pray so soon to look at you and say
I love you Kira and want to be with you.
To hold you close and just stroke your hair,
to just take in the act that you are there
and feel all the precious love we share.
Sweet one you are such a jewel and I deeply cherish you.

Darling my one true love please have faith
in me and all I hold.
I truly love you and would give my life
to you in full as any man would for the one he loved.
I will always stand by your side
fighting for and defending my Angel bride.
I love you so and adore you deeply in every way
you are my sweet one and all I want is
to be your man and hold you hand in hand for all time.

I love you dear you're everything and all I want.

Michael P. McParland

A Lazy Saturday

A lazy Saturday with my only lady
would be such a treat to have every weekend.
Even on busy ones the evenings
could be lazy as we sit relaxing and unwinding
in each others arms talking and laughing.
A lazy Saturday is the thing dreams are made of.

I dream of a lazy Saturday with you today
to just sit and watch videos with you in my arms,
be entertained while learning things
or debating on what we think about them.
Laughing at the absurd and relaxing in full.
I want endless lazy Saturdays
with you my sweet dear.

A lazy Saturday with afternoon naps
be they long or light drifting with your head on my chest,
I'll just hold you so close while I stroke your hair
and lightly talk giving you reassurance
of my endless love and that I'll always be there.
Give you sweet comfort and warmth through all of my love.
What could be better than a lazy Saturday with you?
Not a thing my sweet love because I'd be with you.

So many lazy Saturdays I pray in our future so soon,
sooner rather than later I want you in my arms.
To just feel contented and peaceful feeling whole
I want to have you forever right by my side.
Lazy Saturday always being our treat we will reserve them
for just you and me.
Maybe having a plan or just finding something to do
I want to spend every Saturday with you.
Hand in hand through our time expressing our love
I want everyday to be with you because I love you so much.

Michael P. McParland

To Share

There's so much to share
both in the short and long term
and I so want to experience it
and share it all with you my dear.
The smiles and the joys that will come,
any tears there may be I want
for us to be there and dry each others eyes.
There's so much in life to share
and I want to share it all with you.

In just a few short weeks
Ohio State begins the season once again
and I want to experience the joys with you
as we fight to win it all again.
To celebrate the joys as we
undoubtedly repeat as champs again.
I want to sit with you and have the fun
of watching my favorite team with my favorite girl.
I want to share this special thing with my special one.

It will be your birthday in a few short months
and I want to be with you to celebrate.
To give you gifts and cook you a birthday meal,
to hold you close and rub your back.
To write a birthday poem of thanks and love
just for you to show you how much you mean.
I want to be there to serve my Queen
on her special day because you are my everything.
I want so much to share with you
that great time because I love you more than anything.

I want to share with you your precious life
and get to know you in every way.
Sit and listen while you tell me about
the dreams you have lived and want to be apart,
all the fears you want and need to be protected from,
all the knowledge that you have,
and all the ideas and thoughts within your heart and head.
I want to share it all with you my sweet Angel dove.

I want to share it all with my only one.

I want to share with you all my dreams and hopes,
all the things I can only trust you with,
the knowledge that I have with the sometimes
strange and wild thoughts within my head.
Share all my fears and what I need protection from,
share with you my need to talk because you listen dear.
I want to share myself with you because
I love you dear and trust you too.
I so long to share it all with you.

Throughout our lives and eternal time
there will be so much to share
and I want to share it with the one who means the most.
I want to share it with my Kira oh so dear,
I want it to matter so it's with you I want to share.
To have you close and show you you mean the most,
to look at you and smile saying I love you.
Share myself and those things that
I can and will only share with you.
There is so very very much in life to share
and through it all I want to share it all with you.

Michael P. McParland

Bright Morning Kisses

Bright morning kisses to you my sweet one
to start the day off with a smile and tons of love,
a way to tell you I love you my darling one
and have a great day my sweet Angel dove.
Bright morning kisses for you my only one.

Bright morning kisses with a big hug
as I look in your eyes and give a look of tender love,
bright morning kisses for and with my Angel so good.
I will always love you my darling because you are the best,
I am so taken my you no other will do.
I will always be with you and take care of you.
Endless bright kisses for you Kira my Queen.

Endless bright morning kisses my one
and all through the day I'll be holding your hand
so know that I near and feel me there,
feel all of my love surrounding you.
I adore you so much and love you straight through.
So bright morning kisses to you my dear one
to say that I love you and you're number one,
I want to be happy and feel safe and secure
I'll always be here for you my Angel so true.

Michael P. McParland

Night Note 103

Sweet love sweet love
how are you my dear?
I'm sorry I was silent so long
I was exhausted from days
of little sleep and not
long after writing you last
yesterday I fell down
into sleep and stayed literally
the entire day.
Never waking or getting up
for a single thing.
I'm so sorry if you were
worried about anything
or hurting in any way.
I love you so much
and don't want you to
ever worry that something
may have happened.
You are my sweet Angel dove.

Sweet love I hope you had
a wonderful day and
felt all the loving warmth
I always send no matter
what I am doing or how I feel.
I love you with all my heart and soul.
I've been up for 45 minutes now
but had a headache and have
been trying to get myself moving.
I'm in physical pain
and need food.
Also there's always
a sadness to deal with when
I rise because you're not here
to hug and kiss
and say I love you Kira my dear.
I send these hugs
and kisses to you right now sweet one
and I will be doing some writing

for you soon when
I have myself more together sweet one.

So sitting here listening
to Falco getting myself moving
and thinking of you smiling
I want to say thank you sweet Kira
in so very many ways
and I love you deeply my dear.
God bless your sweet heart
you are my best friend and soul mate
and I give you my life
because you're great.
I'll write more for you soon my dear
as I come more alive.
I love you so much sweet Kira
and am forever your dedicated
loving man.
I'd do anything for you
and give it all.

Michael P. McParland

Longing And Aching

Lying here in pure silence
catching some small sleep in the dark night
and I long to have you here by me
where I can reach over and pull you in.
I ache so very bad in many ways,
you don't know how badly I need you my dear.
Not just for me but for you,
I ache profoundly to lay here tonight
in silence and hold you listening
to you breathe peacefully as you sleep.
Your head right by me or on my chest.
I long and ache badly for you my sweet one
so full of kindness and class.

I am not perfect and I know my writing
is not always as good as I want it to be
but I truly try so hard and give you best
as I do in everything I'm doing for you.
I'm so sorry for where I fall short,
I want to be perfect for you.
I long and ache to make you the happiest
woman as is possible.
I ache to be able to hold you
then have you lay down on your tummy
so I can rub your hurting back gently to give you comfort.
I just ache to have my sweet lady
and there's no way on here
I would reveal all my needs and reasons.
I truly just want to be with my Kira
to hide my face in your shoulder and cry for a while.

I long and ache simply because I love you so deep.
I want you to share everything with me,
I want to know you in everything that there is
because I love you and want to be with you.
You're the only one I trust to share
all those things I'm dying to give.
I only trust you to listen in actual interest
and not look at me funny and laugh.

I long and ache for my sweet lady
and right now you can't know how badly I need you.
Right now lying in bed I need nothing more
than to be able to reach over and pull you in closely
saying I love you Kira and I want you to be with me forever.
I long and ache for my true love who accepts me.

I truly ache for the presence of my Angel Queen
and to give you my everything.
I want you in my arms Kira to hold you so close
in true and pure love from the heart.
I want you to know that you matter.
I just want you here with me to build
a life together and maybe a family.
I'm longing and aching for you
because I love you so much
and just want to make you happy and
please you in all that I do.
You mean more to me than anyone can truly know.
You are sweet Kira and you are a great gift from God.

Michael P. McParland

Sweet Goodnight Kisses

Sweet goodnight kisses to you my Queen Kira.
Will you honor me by crawling into bed
to snuggle together and share sweet kisses
so deep and passionate from the love in our souls.
I want to cuddle with you
and gaze into your loving soft eyes.
Just to be with you is the way I would want to end the night.
Being with beautiful Kira kissing
you so tenderly as we drifted off to sleep.
Goodnight my precious one and I send
these kisses and hugs to you.

I'll be holding you in spirit through the whole night
so know I am with you to protect and take care
so no matter what you'll always feel safe.
I want to hold you close while you rest your head
on my chest to give us both comfort and peace.
We will be so warm and cozy together
just like we were in your beautiful dream.
Smiling and knowing everything is okay
because this is the beginning of our eternal journey.
Feel that in spirit sweet Kira
because I am there with you and will never
give up on this dream and leave you.
You are everything to me and I love you
to deeply to break both our hearts so very coldly.
So snuggle up tight in my loving warmth.

Goodnight and sweet kisses to you my Angel bride
take comfort in the prayers and strength that I send,
God bless your precious heart my best friend.
I truly am the luckiest man to
have the love of the woman he most adores
and his truly awesome best friend.
A dream come true if one ever did,
to complete it all I want to marry you and have a family.
Dream of these things as you lay in bed
and in spirit I hold you giving sweet kisses
Oh my dear Angel I so long to hold you

so I bid you goodnight with endless sweet kisses
so I can close my eyes and snuggle with you.
Kira I love you you're a treasure I've so deeply needed and cherish.

Michael P. McParland

Beautiful In Every Way

How could you ever think you aren't beautiful
my kind and precious dear?
I just looked upon your picture
in true need to see your glowing smile
and immediately there are butterflies in my stomach.
You are so beautiful and truly gorgeous as I fully see it.
You are a true woman with God given gifted natural beauty.

How can you look in the mirror or
in my eyes and see how I look at you
and think you are not beautiful?
You are so adorable and my heart melts for you.
I just want to hold and kiss you
for a million reasons and your being beautiful
is just one of those reasons I love you.
Your beauty stretches far and wide in many ways.

You have the most gorgeous eyes and smile
that take my breath away and my heart skips a beat.
The cutest face with lips and cheeks I want to kiss,
and your body is so very beautiful
I would have to be blind not to notice
and that's only part of your beauty
and I truly love it.

You're so intelligent and you are a thinker too,
I love a woman that has brains and thinks for herself.
That is so sexy and you are truly bright
and we have such deep and great conversations.
Your heart and soul are truly deep and kind
and like me from being hurt you've had to put up walls
but I've seen behind them many times
and what I've seen is Angelic beauty that takes my breath away.
You are so beautiful in every way
and those who say you aren't are jealous
of the wonderful gorgeous woman I see in you.

How could you ever think that you
aren't beautiful and just as good as all the rest?

How could you look in the mirror and think
you're not a gorgeous woman who shines so bright
and gives this man weak knees and short of breath?
You are so beautiful and I love you dear.
You are beautiful in so many ways
I can't even begin to count them all out.
What you hold inside is beyond description
and physically you are a beauty unlike anybody else.
Kira you are beautiful and I love you so very much.

Michael P. McParland

Love Note 267

Sitting here with my music
and worried that you're mad at me.
You know silly me
can be very jumpy,
other times though I get
those telling feelings.
So I just wanted you to know
that I love you deeply
and care for you so very much.
My heart calls out
to give a tender touch
and apologize if
I did upset you in any way.
I want you to be happy
my sweet Angel Queen
and I take your hands
to pull you in for a tight squeeze.
I'm here for you
and want you to know
I'm only yours.
I love you Kira
and I'd give anything to have you here.

Michael P. McParland

Starving

I crave the pure love I know you hold,
it quenches the starving that built in my soul
from all the years of rejection by others.
The separation forced on us when we were young
I was left starving for true acceptance and true love
and knew you were the only true holder of those things.
In all the time we could not find each other
for your love I was so deeply starving
and never for a minute did I not crave
the precious love you hold and give.
I crave your love to this very day because
you are truly an Angel from up above.
You can finally stop this starving that hurts so much
and make me feel like a human being and good man,
and I will always give you my everything
so you'll never stop feeling like the Queen you are.
I'll work to stop your starving as well
because we will heal each others broken hearts from true love.
So please dear one let's cure this starving hurt
and finally quench our thirst to heal
in the true love we crave given to each other
by our precious bond and trust that builds stronger everyday.
I want us both to stop this starving feeling
and know true fulfillment in the love we both share
and deeply need.
I love you dear and it's only you that
can cure this starving need for love within my heart and soul.
You truly are my only one.

Michael P. McParland

Feeling You So Deep

I can feel you so strong right here with me
and in my deep tiredness and exhaustion
it helps calm me down and give me peace.
I can smell you skin and hair
and it gives me a soothing rush.
You almost feel close enough to touch.
I'm feeling you so deep and I wish
that I could reach out to caress your soft cheek
then push back your hair to gaze upon
my Angels beautiful eyes and face
the say I love you Kira and plant a kiss.

I can feel you near and your arms around me in spirit,
I pray so soon I'll be wrapped in them in person.
To share a sweet touch with you kissing,
snuggling, being intimate with my only one.
If you only knew the things you do to me
in the best and magical ways from the simple
to the very deep in many ways.
I can feel you near and a weary smile
has adorned itself across my face.
A weary smile from being tired
but content in every way knowing you're by my side.

I can feel you near and it's the
most peaceful I have felt in a long time.
I can feel your love radiate and warm me up,
it gives me a joy I can't describe
and I'm so thankful to you my dear.
I send sweet kisses to give you thanks
and all the precious love I hold for you.
I can't wait to be in your arms for real
and kiss you over and over thanking you
for all you do and what you mean to me.

I can feel you dear and I pray you feel me too,
our bond I know is as strong as ever.
It is there because what we have is real,
I so deeply love you and can feel you near.

It makes me tingle in so many ways
and filled with lights of joy.
You are a miracle to me and I thank God for who you are,
a beautiful woman who I so deeply cherish.
A diamond in the rough and blessing
I will always be thankful for.

I can feel you near and so very deep
and I hope you know how much your love means to me.
It's worth more than any riches on this earth,
not a thing could take my love away for my Angel Queen.
I adore you deeply and want you here
within my loving arms because from the power
I feel right now I know that true
fulfillment and joy is just ahead.

Michael P. McParland

Tenderness 2

I've said it before but I want to say it again
that every thought and feeling I hold for you
is deep tenderness and love so pure.
I just want to hold and touch you
in pure love and respect for the beautiful
Angel that I know you are.
Deep within my heart and soul
to my very core it's only tenderness I hold for you.

I deeply ache without you here to hold,
I ache so bad to have your words.
The conversations that we had
and the special bond we deeply share.
I miss you deeply my sweet precious dear,
I hold such tenderness for your
beautiful, bright, and kind loving soul and heart.
I long to give you myself in whole
and share myself in closeness
which I can never do with another soul.
I hold such tender devoted love for only you.

I truly ache and long for you
because I miss your tender loving care.
I want to show you that you are loved,
I want to help heal your broken heart.
I want to be everything you want and need.
I want to be there for you no matter
what you may need both bad or good.
I want to hold your hand as we walk side by side
showing all the tender loving care I hold inside.

I am not perfect but for you I'll always fight,
giving tender kisses both day and night.
Gently yet firmly hold you close for comfort and peace,
I want to show my tender love in every look,
in every touch, in every action and every word
because I love you Kira and my heart and soul
hold such tenderness for you.

Michael P. McParland

A Beautiful Afternoon

A beautiful summer afternoon in Minnesota today,
one to go out for a walk and sit down on the grass.
A day to take in natures beauty and feel at peace,
a beautiful day and yet I'm partly empty
because you're not here to enjoy it all with me.
A beautiful afternoon that lacks full beauty
because you're not here to share it with.

A beautiful afternoon I wish I could
take you for a walk then sit under a tree
while I held you tight and close to me
as we just talked about everything under the sun.
A beautiful afternoon that could be
so much more if you were here to kiss and smile
giving my whole world light like you always have.

A beautiful afternoon I so wish I could share with you,
in any way there is it wouldn't matter
because I would be with you and have peace within me at last.
Just one to sit and hold you close
and be comforted by you being here.
A beautiful afternoon I so truly long to share with you,
to just hold your hand and gaze in your eyes.
Say I love you Kira you are the Angel I desire,
I crave your love and need you fully
because I want to alway make you happy.

A beautiful afternoon I wish I could share
with beautiful precious you.
Just know that you'll be there for life
and know our bond strengthens everyday.
A beautiful afternoon with the only one
I'll truly ever need and want.
To give myself and share my life,
a beautiful afternoon I'd give anything to share with you.
You are my Angel, you are my light,
you are my best friend and true love for all time.

Michael P. McParland

Sweet Kisses To My Only One

Sweet morning kisses to you my only one,
in my heart and in spirit I hold you close
caressing your cheek and stroking your hair.
Giving you all of my warm loving care,
know that I'm with you there.
Hand in hand my sweet one forevermore.

Sweet kisses to you my only one
I truly wonder always over you.
I hope you're okay and for me find a smile,
I pray you feel all of my love in your heart.
You are amazing and the woman I love.
Sweet kisses to you my sweet Angel dove.

Sweet kisses and tight hugs to give you comfort my love,
my heart is singing in its support.
To let you know I'm here for you dear,
you are my Angel and a wonderful lady
and I truly adore you so deeply.
Sweet kisses to you and big smiles too,
I love you sweet Kira you're so very good.

Michael P. McParland

Morning Note 116

A sweet and bright
good morning sweet love
I have a busy morning
not far ahead.
A trip to the doctors
for my wonky head
and running about just a bit.
I wish I could
spend these few hours
in bed holding you near.
Just have you by me
and stroke your long hair.
Speak to you softly
about this and that.
Just a good while
with my Angel dear.
To have you so close
know you're okay.

I'll be thinking of you
and sending my heart.
Feel it through the
warmth of the sun as it delivers my love.
Feel my arms around you
as I take your hand
and in your ear softly whisper
Kira I love you.
I can't imagine life
without you right by me.
You are a treasure and diamond
and I cherish you
because you are kind and compassionate.
You have the heart
and the soul of an Angel straight through.
You are so good and I admire you.

Have a great day
my lady so fair
and I will be here

if you want and need.
I'll never leave or abandon you,
I love you too much
and I don't want to ever hurt you.
So close your sweet eyes
and see my smile of love
coupled with the adoring looks
I only gave you.
You are so special
in my heart and soul,
I love you sweet darling
and thank God for the gift of you.

Michael P. McParland

A Hug Of Pure Love

A hug of friendship and pure love for you.
Just to let you know how much I care
and will always be here for you.
You are the one I love
and would do anything for.
You are the woman I adore
and want to be with you forevermore.

A massive hug of pure love to you
for who you are because that's
just why I love and want you because you're you,
you're a wonderful lady I adore
and want to look upon and declare my love.
To kiss you deep and feel
the electricity flow between us deep.

A hug and kiss of pure love to you
sweet one so very good in heart and soul.
I truly cherish you in every way
and hope soon to show you how I feel in full.
I love you so very much and want to have your hand.
A hug and kiss to you of pure love
so you'll feel secure and know I care.

Michael P. McParland

Night Time Dreams

Night time dreams of total bliss with you,
all the things I long and hope for us to do.
Go for a walk out in the sun while holding hands,
then find a quiet spot within the grass
to sit and talk while in each others arms.
A day spent with you in beauty's charm.
A day with my only love to discover
what's around us and inside.

Night time dreams of seeing you
and knowing you'll be forever near.
Giving a full new hope and light to my life
and hoping I've provided that as well.
Knowing now there is a point to live,
to stay clean and show my heart.
Night time dreams of you and me
where my Angel sits beside me every day.
Night time dreams where I look at you
and say I love you Kira and I'm glad you're here to stay.
I wouldn't have it any other way.

Night time dreams of what can be reality
sharing all we have and all we are.
Working through the things that tore us apart,
grabbing on to our special bond that's seen us through
and feel the love that's never stopped
and we still feel right now.
Night time dreams of holding you
and saying I'm sorry for how I mistreated you in angers words.
Night time dreams to look in your eyes
and show my loving truth.

Night time dreams of me and you
the only woman I truly want and need,
the knowledge in my soul and heart
that you're the one who I'm meant for.
I dream of truth because it's what I know
and what I feel.
Night time dreams of me and you

because you are the one and each day
I love you more and more.

Michael P. McParland

A Tender Kiss

A tender kiss to you my only one
as I lay down to rest for a little while.
I will not sleep but hope to drift
and while I do as always I send my warmth and love to you.
Feel my arms around as I pull you close
to give this tender kiss to the one I so adore.

A deep and tender kiss to you
my Angel I so dearly miss.
My heart is yours forevermore
and you truly are my best friend.
A soul mate I deeply treasure in every way,
a tender kiss to keep all fears away.
A deep and tender passionate kiss
to you my only one.
I'll dream of you as I drift off right now.

Michael P. McParland

Rest My Sweet One

Rest my sweet one and worry about not a thing,
I send you this deep passionate kiss
and want you to feel total peace.
Feel my arms around thee and know
I am there with you through everything.
You are an Angel I so cherish to no end,
I want you to feel solace knowing
I send my loving warmth to you.
God bless you sweet lady he'll always keep.

Rest my sweet one and let not a fear upon you,
my heart prayers and thoughts are always with you.
Endless kisses and hugs I truly send to you.
You're the crown jewel of my heart
and my guiding light.
I wish I could be there to hold you
and comfort you from whatever may bother you
rest assured though I am right by you.

Rest my sweet one and know
you're so truly loved.
That I would do anything for you
no matter what.
So rest my sweet one and know that I'm here,
I'll always be with you forever sweet one.

Michael P. McParland

Love Note 266

Lying here with tender
thoughts of you
within my heart and head.
Wishing I could hold you close
to feel your soft and loving touch.
Give you a kiss of true tender love,
just look at you to say you're beautiful
and that I adore you deeply so.
I lie here on my bed
and hope you're well
and feeling all my love.

Just lying here and
thinking of my Angel true.
My heart is so filled
with love for you.
I pray that soon
our time is near so
I can hold you close
to feel my tender kiss and touch.
Let you know just
how much you are loved,
share with you my entire world.
Give myself to you
in a way I can't and won't
with any other soul.

May God bless you
with tender peace my only one
and know that I am
always with thee.
I care for you so very deeply
and love you sweetly,
Kira my dear I want
to be with you for all eternity.

Michael P. McParland

Snuggle 31

A snuggle with you is what sounds best,
to be in your arms for a small rest.
Holding you close to make you feel safe,
to fill you with comfort and peace.
I wish we could snuggle
because I need you here.

I wish you were here for a good snuggle
so I could feel like I am useful.
To be here and listen is a great desire,
to know that I'm needed and give you my best on every level.
To know that I give protection and comfort,
I want to snuggle so I know you feel safe.
I long to be with you and give all that's needed.

I wish we could snuggle so I could pour my heart out,
I'm so full of love and things I want to show you.
I want you to know you're loved and needed,
to just lay next to you while I rest for small period.
To feel safe once again like you always made me,
to feel loved and accepted like I know you do.
I wish we could snuggle and be near you sweetie.

I wish we could snuggle just to be with each other,
to be at peace in our true hearts and spirits.
Rest for awhile with my dear Angel,
just feel whole and at one with you my sweet lady.
I wish we could snuggle and I could kiss you
I love you fair lady and pray that our time is soon.

Michael P. McParland

Endless Kisses For You

Endless kisses to you my sweet one
all filled with infinite care and true love.
My arms are around you right now
and I am holding you tight.
My heart is calling its love out to you
so feel comfort and peace within your soul.
Endless kisses, smiles, and hugs to you my precious one.

Endless kisses to you my only one
as I take your hand and say I love you sweet one,
I want to open my heart and show all to you.
I want you to share yours with me too,
I want to know everything there is to know
because you are my lady and I truly care,
I want us to help heal each others hearts.
You are the only one with whom I share a special bond.

Endless kisses and hugs with infinite smiles
as I take your hand and pull you in for a snuggle.
I want you to be happy and always know
that I'll never leave cold and alone,
I'll always be here because you are the one.
Endless smiles and kisses my precious one
because I love you so much and want you to smile.

Michael P. McParland

My Sweet Angel Dove 2

My sweet Angel dove
I can't help but think of you.
I want to read your words again
knowing that in time I'll hear
your Angelic voice within my ear.
At first it may be on the phone
but soon I know it would be eye to eye.
My sweet Angel dove I think about
and wonder how you are and if you are good.
I'm concerned for you just like
everyone I love and care for everyday.
I want you to know I'm always here sweet one.

Sweet one I love so much
I long to have you by my side and in my arms.
To see that smile once again and share mine as well,
smiles that said I love you dear and you mean so much to me.
There was and is pure love within our souls
I want and need to share with you.
I want to hold you close so you will know
that with me you're always safe.
I just want you to know my love is infinite
for you my precious one.

My sweet Angel dove my heart
always calls in full support of you,
I'll always be here as a rock of love,
I'll always be by you to stand tall.
I'll fight and defend for my only one,
I'll give you everything I have
and strive to never let you down.
My sweet Angel dove I give to you my heart
a crown as a gift to my regal Queen.
You truly are my everything.

My sweet Angel dove
I truly love you so very much
that my heart overflows with what it holds.
I want to honor you in every way,

I just want to help you feel the joy you make me feel,
I admire and respect you in every way.
My sweet Angel dove I can't wait to be with you
and hold you close to feel my love.

Michael P. McParland

I Send All My Love

I send all my heart and love to you,
to shower you in warmth and peace
from all the tenderness I hold for you.
My heart calls out and my soul does sing,
you're all I see and all I need.
It's all for you my precious jewel
I send all my heartfelt love to you.

I send all my love and all my prayers
that you'll feel me there with you.
Forever by your cherished side
holding you so close to me.
I'll always have your hand my only one.
I'd give my whole life for you
if that was needed now.
Anything to see you happy, fulfilled,
and whole is all I want for you.

I send all my tender love and caring heart
so you'll know I'll never leave.
I want to hold you close and forever be with me,
I adore you oh my precious Queen
and long to be with thee.
To tear down my deep thick walls
and share my world with you.
To make you happy and deeply proud
always giving all.
I want to be there for my Queen
because my heart is always yours.

I send all my love to you
in pure and total truth.
I want to hold you close and look at you
so I can show my heart.
Say I love you Kira straight to you
and I swear I'm always yours.
I give myself to my Angel from heaven up above
because I can't imagine being with another soul.
You're everything I need and want

because you are my precious jewel.

Michael P. McParland

Sweet Dreams My Angel Queen 2

Goodnight and sweet dreams my Angel Queen
I love you so much and want you in bed here with me.
To cuddle and kiss as we gaze at each other in bliss,
to just have you close feeling peace in our shared warmth.
I want to have you here with me for
all of lives and eternity.
I want to be with my sweet Angel bride.
Come join me in bed so we can snuggle
and the whole world forget.
I long to kiss you and fill you with light.

Goodnight and sweet dreams my Angel Queen
and I'll see you there on this night so clear.
To hold you and tell you how much
I truly love and so miss you.
To comfort you deeply and peacefully be near you,
to show all my love and true care
for the Angel so dear.
I love you sweet Kira and miss you so dearly,
I'll see you and hold you in our dreams so sweetly.

Goodnight and sweet dreams my Angel Queen
and know that I'm with you holding you tightly.
I adore you so deeply and want you to be with me,
I will always give you my everything.
I'll be holding your hand while I stroke your hair,
rest your head on my chest as my heart beats for you
and I give you my strength.
Do not cry my sweet one because I will not leave you
because I would not hurt your precious heart.
To me it is the most precious thing that there is,
you truly are my Angel Queen.

I love you sweet lady and I'm right by your side,
anything that would hurt you I cannot abide.
I love you so deeply and cherish you immensely
I'm always here for you my only sweet lady.
Goodnight and sweet dreams my Angel Queen
feel my arms slip around you and feel comfort surround you.

Michael P. McParland

Night Note 102

Sitting here on this night
surrounded in quiet prayer and thought.
Thinking of you and
wondering how you are.
Sending you all
of my love and infinite warmth.
I hope you're okay
because I love you so much.
I would give anything
just to talk.
To see your words
and soon hear them too.
Oh my sweet Kira
I treasure you.

Sitting here on this quiet night
and I can feel you about me
giving such love.
I return it in full
and hope that in peace
it deeply comforts you.
A quiet night where
I wish I could spend time
with my only one.
Just talk about all
that we feel and we think,
share our experiences
no matter how often we tell.
You'll always be interesting
and make me smile.
I've never found you boring
and I never will.
You are my Angel
and you make me smile.
I wish I could hold you
while we sit and enjoy each other.

On this quiet night
I send you true love

from my soul and heart.
May it warm you straight through
and give you a smile.
I love you sweet Kira
you are a true cherished treasure.

Michael P. McParland

I Care For You So Deeply

I care for you so deeply
I always worry where you are at.
If you are fine and smiling at all.
Hoping you're not sad and feeling like you're alone,
I want you to know that if you fall
I am right here to take your hand
and lift you up so you'll feel the sun.
I care so deeply for you and love you in full.
I worry about you and hope you're alright
because I love you totally and care so very much.

I care for you deeply and want to spend life right by your side,
I want to hold your hand and make you
happy and proud every single way that I can.
I want your heart to be happy and glow
from all the caring love that I show
and so you'll always know your wonderful abundant worth.
I love you Kira and care so deeply for you,
you're everything that I want because
through and through you are so very good.

I care so deeply for you because you are you.
You never sell out to anything you don't believe in,
you help others in need when they are down,
you have a kind heart and Angelic spirit
I love you so much I so hope you can feel it,
my heart flows with the loving pride I send you.
I pray that the warmth showers and comforts you.
I care so truly deeply I want you to see it.

I care so deeply for you my heart shouts it,
I want everyone to know how great I find you.
An Angel from heaven and a gift from God
I am so thankful to have found you.
I care so deeply and I'm always here,
Kira I love you and hope you'll reach out.

Michael P. McParland

Kisses And Hugs 2

Great big kisses and hugs to you my only one,
feel the comfort they hold and the warmth that I send,
all the special love that I hold is just for you.
Great big smiles with these kisses and hugs
I wish I could hold you right now.
You are my Angel and only best friend,
for you there isn't anything I wouldn't do.
You are a shining star and my northern light,
great big kisses to you my sweet Angel delight.

Great big kisses and hugs for your nights comfort,
I'll be up awhile yet and later will give my goodnight.
I just want you to know I am right here
and in spirit so tightly holding you.
I send to you great big hugs and kisses full of pure love
to give you peace and know you're not alone.
I love you sweet lady and I smile at you,
great big kisses and hugs because I adore you.

Michael P. McParland

To Be With You

To be with you and spend my life
would be a dream come true in my soul and heart.
To be with my best friend
and true soul mate is a
special thing realized by so very few.
To be with you would fulfill my dreams
and make me happy in the deepest way.

To be with you as I lay here in bed
holding you close as I stroke your hair
would make me glow knowing that I am yours.
To be with you would be the greatest thing
because my heart is yours and you're all I want.
To be with you would fill me up with joy and hope.

To be with you would give me the great
light within my soul because
I want to be here for you just as well.
To be your shoulder and your rock,
your knight in shining armor to make you safe.
I long to give you all you want,
to fulfill your needs to comfort thee.
I want to make you smile and make you proud,
I want you to know I'm always there.

I want to be with you and share our special bond,
I want to forever be with my only one.
You are so good and beautiful through and through
I want no other only you.
Kira you are the Queen and Angel I desire,
I love you deeply and crave all the love
and time that we can have together.

Michael P. McParland

I Miss You 13

I miss you sweet lady
I hold in my heart so very deep and true.
I long so much to hold you near
and give my all to you.
You are so very beautiful and my only one,
I miss your sweet and lovely words
I miss you precious one.

I love you deeply my sweet Angel dove
because you are so good.
Your soul and heart spoke to me
from the very start.
I miss you darling because you
are so wonderful and I adore you quite a lot.
I love and miss you my special one
because you hold my soul and heart.

I miss you dear I truly love you so,
I want to pour my heart to you and give my everything.
I want to break these walls and share my world with you.
I love and miss you Kira because you are my only one,
you truly are my northern star
and my heart cries out to you.

Michael P. McParland

Evening Note 65

A quiet evening
I wish I was spending with you.
I'm not doing much
and would love to talk
and laugh with sweet you.
I have just a few plans
and chores to do.
I would give anything
to spend this evening with you.
Sit arm in arms
watching videos and rest,
sit and read a bit while
we sat quietly on the couch.
Just to be with my lady
would be the very best.

Evenings with you
winding down from the day
where I could hold you
and kiss you are the sweetest of dreams.
I pray that so soon they
will be real so we will be happy.
I love you sweet Kira
and am dreaming of you
on this quiet evening.

Michael P. McParland

Beautiful Woman 3

Beautiful woman apple of my eye
I so adore you and you drive me wild.
You are the Angel of my greatest dreams,
everything about you truly enraptures me.
You are the woman I so truly desire
because my heart leaps in joy
whenever I see you.
I feel your spirit in true loves song,
beautiful woman I love you you're all that I want.

Beautiful woman how could I not love you so?
You're a miracle in my loving eyes.
You are truly an Angel in my longing heart.
How could I not want to serve my Queen with endless love?
You are so beautiful and deeply good.
You're a diamond in the rough
a truly good jewel.

Beautiful woman I want to hold you forever
because you are so good.
I love you more than anyone will ever know.
You are the Angel who rescued my heart,
I waited so long to show you my love.
I want to help give you the best life there is
forgetting all the people that so deeply hurt you.

Beautiful woman I love you so much,
with all of my heart and soul I give you myself.
I want you to be happy and fully fulfilled
because you deserve happiness and treatment so good.
You are my Queen I so adore and the Angel
I'd give my entire life for.
I love you Kira you're so beautiful and clean.
How could I not want to spend eternity with thee?

Michael P. McParland

Sweet One 7

Sweet one I think of you every night I go to bed
and it's you I think of every time I rise from sleep.
My first feeling is how I long to give you a kiss
and pull you in for a hug so tight and close.
I love you babe and want to forever have you in my life,
you are the one who holds my heart and I love you so very much.

Sweet one it is you that's in my dreams.
You chase away the nightmares that you know have always haunted me.
You make my dreams so bold and bright
giving everything such beautiful celestial light.
Sweet one that is also what you do within my lonely life,
like my family you truly care and show me love,
something never truly done by other ones.
I love you lady you are so good and my life is yours.

Sweet one you are the one I so adore
and I will give you everything I am and have.
I love you so and I love you true.
Sweet one what will I ever do without you?
I want to have you in my life and have you as my wife,
I will take your hand and give you my whole life.
I love you sweet one and want eternity to be by your side,
hand in hand forevermore.
Kira love you truly are my only one.

Michael P. McParland

Sleep Tight My Angel Of Light

Goodnight my dear love and sleep tight
let's go to bed and snuggle so tight.
I'll give you sweet kisses and stroke your hair,
hold you so tight and near,
feel each others love immensely surround.
Let's go to bed my sweet one
and find peace in our arms.
A sweet snuggle with kisses
with my only one.

Sleep well my Angel of light
and through this night I'll hold you so tight.
Help give both of us comfort to find real true sleep,
knowing true love as we lay with each other feeling complete.
I'm so deeply tired and want you with me,
feel my arms wrapped around you
as I kiss you so passionately deep.
I love you sweet Kira let's get some sleep.

Goodnight my sweet lady and let's meet up in dreams,
I want you to hold me and be in your arms.
Just speak to you and give you all of my heart,
because it is yours and I am your man.
Let's go to bed so I can hold you so tight
and give you deep kisses from my soul and heart.
Goodnight and sleep tight my true Angel of light
I truly love you and want you forever in my life.

Michael P. McParland

Night Note 101

Sitting here tonight
all alone and wondering
as always how you are.
Worrying that you're okay
and not in tears full of fears.
I love you dear and
I am here for you
whenever you may need.
I miss your voice,
I miss your face,
I miss your words.
I sit here and dream
of holding you
while I watch videos
and read my books.
I hope you're well
my sweet Angel dove.

Just sitting here and
dreaming of having you
within my loving arms.
I'm ever sending all
my loving care and warmth to you.
Feel the peace of all
my deep kisses and endless hugs
remember I'm right there
with you my only one.
I pray you feel my hand in yours
and may God bless your heart
my precious one.
I love you deeply and
I'll never leave you sweet one
of my greatest dreams.
So soon I pray my dear
you be spending every night with me.

Michael P. McParland

Late Night Snuggle

A late night snuggle with you
would be so very good right now.
I'm cooking a snack that we could share
while we now watched a movie.
Then you could just rest your head on my shoulder
while we sat on the couch and got lost in the story.
A late night snuggle with you
would be good medicine for our longing souls.

I so truly ache to have you in my arms,
to have you close sharing my love
and feeling yours so very close as we snuggled through the night.
I feel your love all around
and it feels so very good my only one,
I just long so very much to have you here
to snuggle and feel you right next to me.
You have the key to my aching needing heart.

How I long for and dream of a late night snuggle with you,
to just have you lay down and rub your back.
Help you release all that built up stress,
to give you pure comfort in my giving love.
I want you to forever be here in my arms.
I love you Kira and want to snuggle with you.

Michael P. McParland

My Hand In Yours Forevermore

I reach out to take your hand
so you'll know I'm there,
my hand is ever within yours
to give you all my love,
to help you feel safe and warm.
I'll always take your hand
because I am your forever man.
I'll always stand for yo to fight and defend.

My hand is in yours my love
because I truly care.
I pull you in for a great big kiss and hug.
I'll be holding you with my hand in yours,
I'll be holding it to support my only love.
Feel me there and all my love surround
as I give my all.
My hand in yours to give you peace my sweet Angel dove.

My hand is in yours right now
and will be through the night,
give it a loving squeeze to help each other
in our longing loving need.
I will hold you close and softly whisper in your ear.
I love you Kira and I'm always here
my hand will be in yours no matter what the time.

Michael P. McParland

Night Time Kisses 3

Night time kisses to you my sweet dear.
I'm still very tired and need a small rest
I want to hold you so tight and kiss you
passionately while we gently drift.
I love you sweet lady and send deep
night time kisses your way to feel true loving peace.

Sweet night time kisses to Kira my love
I want you here to lightly rest in my arms.
I still feel so tired tonight and want you here
to lay down next too and feel your peace.
I miss you so deeply and need your touch,
my spirit and body long to be in your arms.
Sweet night time kisses to my only love
I wish you were here to kiss and hold.

I wish you were here my dear one for a light rest
because I just want to be with you having you close.
There is not another no matter how life goes,
I love only you in the deep ways a man does.
I love you sweet lady and send kisses your way,
feel my arms about you as I lay down for right now.

Michael P. McParland

Spend Time With You

I'm so very tired and miss you my dear so true,
I want to sit down on the couch
and rest my head in your lap.
Spend time with you and have you near
to be with the one I need.
I want to spend time with you
and give fully of myself.

I want to spend time with you
and hear your heavenly voice.
Just relax by holding you
while we read and watch TV,
listen to music we both love
while we lay back and feel at peace.
I just want to spend time with you
because you're the Angel I love and miss.

I want to see and hear your words
and smile because they're the best.
I want to give you my shoulder and chest
on which to rest when you are tired and want away from the world.
I just want to spend time with the woman who's very best,
I just want to be with you because to you I can release.
I just want to spend time with you
because for you I hold true love in my heart.
I just want to be with you because you are
the one who understands and together we can escape the world.

Michael P. McParland

Evening In Each Others Arms

How I'd love to spend this very evening
cooking dinner for you after a trip
to the store to pick up everything you want.
Then after enjoying this special meal for you
sit down together and hold each other
in perfect calm and being at one.
Just taking in the loving peace that
would surround us in this place.
An evening in each others arms
is something we both deserve.

I just want to be able to please you
in every way and every thing I do
each and every day.
Make you happy and make you smile
while you feel fulfilled and proud.
Then be able to sit with you at night
wrapping up in each others arms and say I love you dear.
Let's forever be happy and stay this way,
you're a miracle sweet lady and Angel pure,
I only want to be in your arms forevermore.

So many evening I just want to be with you
and give you everything you want and need.
I have so much love I want to give to you.
Every night to cook you dinner and have your help
as we clean up and shut things down in the house.
Then just sit and snuggle while we decide what we want to do,
I just want to be with you
because I love you dear and want to give myself
to my only one if full because you are my Queen.

Michael P. McParland

I Want And Need You Everyday

Sweet one I want to see you everyday when I rise,
I want and need to hug and kiss you to start our day.
To look into your Angelic eyes and see you smile,
I just want and need to see my true love everyday.
I want to be with you so I can be in heaven
when I look to you and say Kira you are beautiful,
life without you has been so hard and blue.
I truly love you through and through.

I truly want and need to be with you
everyday that I am upon this very earth.
Then hold you close when we enter eternal life.
I want to have you by my side through
all precious space and time.
I want and need to be with my Queen
whom truly is my everything.

I want and need to be there for you everyday,
to celebrate the joys you want to share,
for you to know you're not alone
and can pour out everything you'll ever need.
I want and need to be there when you cry,
something we all need to do from time to time.
I want to be there so you can bury your face in my chest
and let those things out that really hurt.
I want and need to be there for my dear
because I love you more than anyone can truly know.

I truly want and need you to know I love you so,
just how deep it goes and that I adore you in full.
I want to begin and end every day within
your beautiful, loving, kind, accepting arms
and just have your light to make things good.
I love you dear and want to be as good
and helpful to you too.
I truly want to spend my life with you as my wife
because Kira you are everything I need and want.

Michael P. McParland

Goodnight Sweet One 4

Goodnight sweet one at this late hour,
now let's retire for the night together.
I want to snuggle with my one
and kiss you so very sweetly.
Tonight rest my head next to you
while you rub my face and head.
I need your sweet comfort very much
and as ever will give mine in return
while we listen to one of my play lists on Spotify.
I want to lay side by side with you in comfort sweet one.

Goodnight my sweet one and feel my arms around you,
since not in person yet in spirit so very tight.
Just stroking your hair and rubbing your back.
I'll see you in our divine dreams as well
just to hold you and make you smile
placing sweet kisses on your beautiful face.
I'll see you there tonight,
you are a true guardian and Angel of light.
Kira you're everything I need and want.

Goodnight my sweet one now let's go to bed
and be with each other so very close
feeling and basking in our loving warmth.
Please stroke my face and head as I
rest it right next to you to
smell your beautiful pale skin and long dark hair.
I just need to be close to you.
Goodnight my sweet one I love you
so very true and deep.
I want all eternity to be a journey with you and me
forever hand in hand and in ecstasy.

Michael P. McParland

Quiet Night 3

Sitting alone on this quiet night
thoughts and emotions running rampant.
I miss you so much and hurt for your touch,
I can't sleep right now because my thoughts run and run.
My heart calls to you dear wanting to hold you near,
both that and my mind want so badly to talk to you.
Hear your sweet voice and have intelligent exchange,
here all the interesting and beautiful thoughts that you have.

Just sitting all alone on this quiet night
and I'd give anything to watch some TV with you
before we went to bed.
Then rest and relax in each others arms,
snuggle and kiss for awhile before
you finally rest your head on my chest
and I tightly pull you in to give us both peace,
falling asleep with each other both smiling.
Sitting here lonely on this quiet night,
Kira my darling I want you here in my life.

Sitting here alone on this night
and the storms outside have just begun threatening again.
All the more reason to want you here,
to wrap up with each other and stay soothed the night through.
I need you here because I love you dear,
I want to serve you just as a good man should.
I love you deeply and want to say directly to you.
Kira you're beautiful and I totally love you.

Michael P. McParland

Silently Thinking

Sitting here silently and thinking of you,
wishing you were here so I could
pour out my heart and soul in full.
Just hold you close and see your bright face,
look upon the beauty of the Angel my heart holds in place.
I just wish you were here to hold hands
and hold close as I fix a snack
and spend time with the lady I fully admire and respect.

Just sitting here silently and longing for you
so after our snack we could put on a film
then lay down on the couch and rest together at last.
I would rub your back and stroke your hair,
give you sweet kisses to relax your stress.
Let you feel all my love as I held you near,
just sitting here silently and dreaming of you.

I'm sitting here silently and wondering just how you are,
praying you're not mad at me in some way.
I worry about you and care deeply too.
Do you feel all the loving warmth I send to you?
I love you sweet lady and want you to know
I'm always here.
I hope that you realize I'm always here
and you're not alone.
I love you sweet Kira you're my only one.

Sitting here silently and in spirit I hold you,
feel me so near as I hold you so close.
I'm with you always to watch over you,
Oh my dear Kira I want to be with you forever.
You're the most beautiful woman I've ever known
I wish you were here to spend this night in each others loving arms.

Michael P. McParland

Relaxing With You

I wish I were relaxing with you
on this late Sunday night here.
Reading a book and watching a movie
I would be holding you while you did those with me.
To just look over as you're in my arms,
see your sweet smile and sparkling eyes.
Feeling you near and the warmth of your love.
I long to be relaxing with you on this Sunday night.

To relax with you in my arms
would be true comforting peace having you near,
to be with the woman I so dearly love.
To be fulfilled having my other half with me,
feeling your heart and loving spirit
as we cuddled and kissed while sitting here in comfort.
A relaxing late Sunday night with my Angel of light,
let's make it happen soon my sweet Kira so right.

Relaxing with you here in my arms
is right now the greatest thing I could have.
To look upon you and say I love you sweet dear,
you're the most beautiful woman on earth there is.
I love you so deeply you're a God given gift from heaven,
holding you is a true pleasure and blessing.
Relaxing with you as we do what we do
is the greatest way to unwind and find peace in all things.

Michael P. McParland

Snuggle 30

Come my sweet dear for a late evening snuggle,
it's storming here and the power may go out.
It's flashing both ways and I would love you to be here
to snuggle and cuddle this storm away.
It doesn't scare me but I would love to be with you
no matter what to be able to snuggle and be with you.

Come my sweet lady and share a snuggle,
sharing sweet kisses while we are together.
Share warmth as we ride out this storm,
we'll watch a movie for the time being
and if power goes out we'll rest away holding each other.
Your head on my chest as I deeply comfort you,
come my sweet dear and let's share a snuggle.
I want to be in your arms because I so love you.

Michael P. McParland

Love Note 265

Dreams and tender thoughts
of you fill my heart and head.
A smile crosses my face
as my heart fills with joy
over the love you hold for me
and how truly wonderful you are.
I send sweet kisses and hugs
from my heart and soul to you.
I'm holding you and by your side always
sweet one so beautiful and good.
I'm so deeply in love with you.

Tender thoughts and feelings
of love for you fill my heart,
head, and soul.
You are the greatest my only one
and as I now go about getting
some chores done I'll
be dreaming of you
and holding you so very close.
Of all the things we'll do
when you're here sweet one.
Thinking of you will
help the time pass as
I work around here.
Thank you my love
for all you do for me.
Sweet kisses and hugs to you
now my dear as I get things done,
I truly love you so very much
and want to be with you for all time.

Michael P. McParland

Holding You Tight On Sunday Night

I'll be holding you tight on this Sunday night,
so you'll feel all of my admiring love
and feel comfort and peace knowing I'm there.
I want you to always have peace in your heart
and know you're not alone because you are loved.
I'll be holding you tight giving kisses so sweet.

I'll be holding you tight as I go along
on this Summer Sunday night.
While I am reading and watching movies
I'll hold you so close,
listen closely for my voice as I whisper
Kira I love you you are the best.
There isn't anyone I'd rather be with,
then caress your check with a kiss on you neck,
then pull you in to stroke your hair and rub your back.

I'll be holding you tight so feel the comfort
I give to your precious heart.
I love you deeply and want you here,
I want to hold you tightly every Sunday evening.
You are my everything and my Angel so true,
I'll be holding you tight because I deeply love you.

Michael P. McParland

Sweet Sunday Dream

I had a sweet Sunday dream of you and me,
just a beautiful time together in each others arms.
I love you so much and getting up is hard
when I've had such a sweet Sunday dream
of you and me hand in hand in each others arms.
I want to be with my love right now
so I can give a smile and kisses from my heart and soul.
I love you sweet Kira you are my one.

In my sweet dream we didn't meet anywhere
you were just here and that was so good.
We just spent such beautiful time,
being with you is all I want.
A sweet Sunday dream with Kira my Queen.
What could be better?
Just being with her for real.
I love that sweet woman because she is my best friend.

A sweet Sunday dream of sweet Kira and me,
I long so much for that reality.
I know it will come and I hope so soon,
the sweetest of dreams as I hold her close.
Through today I'll be reveling
in this sweet Sunday dream.
My dear Kira feel all the loving warmth that I send.

Michael P. McParland

A Prayer For My One

Dear God I come to thee
to offer up a prayer for my one,
the Angel I hold so dear
and love to no end.
To give her peace of mind
and peace at heart.
So she'll know she's deeply loved
and cared for in every way.

I ask thee God to help her know
her true and total worth.
Help her to see as I do
just how beautiful she truly is,
help her to see the magnificent woman
I know and see is there in full.
Help her to forget what those
who have abused, used, and mistreated her
have done and said to bring her down.
Help her to see the gorgeous Queen she is.

Please dear God continue to help
her know that she is not alone,
that I am here when and if she needs,
that I am with her in spirit every day,
that I won't hurt and abandon her
because she means so much to me
and to see and know she's hurt tears my heart out.
Please help her to know just
how deep and immense my love for her is.
Help her to know my heart overflows
with tender compassionate love just for her.

Dear God I ask so deeply for you
to help her know how sorry I am
for the things I did wrong,
help her to know I'm filled with remorse
from things said during our fights
and that they haunt me every day.
Please help her to know how sorry I am

and want the chance to look her in the eyes
and sincerely apologize from my very core.
Help her to see just how horrible I feel
for hurting my special lady oh so fair.
Please help her to know I regret those things
and love her deeply in every way.

Dear God I ask so deeply
that you let the sun shine upon
her every single day and take away
her many oppressive aches and pains.
She does not deserve to suffer with these things,
she deserves perfect health to fully
enjoy this life because she's the best.
I will take on her maladies happily
to see her smile and be pain free
being able to move around as she pleases
not feeling like a million needles
are being jammed within her body.
Bless her to be free from these things
and feel no more oppressive pain ever again.
She deserves the best more than anyone else there is.

Dear God please help her to be assured
of both of our undying love for her,
continue to help her know my love for her
and that I always think about and worry over her.
That she holds my heart and I am hers,
continue to help her know her abundant worth.
Please dear God help us to come together soon
because we both so long to be with each other
celebrating our sacred bond and true love
healing our broken aching hearts.
Help us because we know it's true
and we want fulfillment in each others arms.
Please bless us to come together so very soon,
above all else though please bless her
to know she's truly loved and cared for in every way
to give her comfort and peace knowing
I'm always by her side and I'll never
leave her abandoned in the cold
because I love her with all my heart,

mind, body and soul to no end.

Michael P. McParland

Bedtime Kisses

Bedtime kisses to you my dear one,
let's go to bed where I can hold you
and we'll lie down under the fans
kissing and smiling staying cool
and each other warm.
Bedtime kisses to you my only one.

I'm very tired sweet one and want
to lay in bed with you.
Will you rub my face and head?
Relax and share kisses so sweet and rad?
I want to cuddle with my only Angel
and fill you with love to give you comfort.
Bedtime kisses to you now let's get some sleep.

We'll put on some music or an audiobook,
just drift away together feeling complete and total.
Bedtime kisses to you my Queen Angel.
I love you sweet one I'm tired and for the day done,
come and snuggle sweet one where I'll
give you the biggest bedtime kisses you'll ever want.

Michael P. McParland

Goodnight Kiss 19

Goodnight my sweet love with this big kiss,
now let's soon crawl into bed and snuggle some more.
We'll finish our movie in each others arms,
then retire to bed kissing and snuggling
deeply in love the whole night along.
I want to have you in my arms
and be in yours as well.
Goodnight my sweet Queen and sleep well.

I'll be holding you tight as you
rest your head comfortably upon my chest,
I'll be stroking your hair and back
softly speaking to give you peace.
I'll ramble on as you like
and softly tell you you're my Angel of light.
That I love you deeply and you're all I want,
I'll just hold you so close giving some kisses
while I softly talk and you drift off.

I'll see you tonight in dreams of light
just us spending time wherever we might.
Talking, walking, and holding hands,
lying down or sitting while we hold each other.
It doesn't matter as long as I'll be with you,
spending time holding you and hearing your voice,
looking in your eyes and seeing you smile.
Tonight my sweet love in our precious dreams.

Goodnight my dear Angel with this passionate kiss,
let's finish our movie then soon go to bed.
To snuggle and giggle while we kiss and just be together
I love you sweet Kira please come so soon
so we can in bliss be together forever.

Michael P. McParland

Saturday Night Snuggle And Kisses

As I get prepared to put on another film
I'll just lie down on the couch
and wish you were here right next to me
to snuggle and give kisses to
while we relaxed and watched the film.
I wish I coul snuggle with you
and just have you near.

A Saturday night snuggle with kisses
before a lazy Sunday with you.
Tonight watching a movie then going to bed.
All the while kissing and snuggling
feeling peace and content.
I just want to have you so very near.
To stroke your back and your hair
while we sit and relax so needed together.

As I put on a movie and lie down on the couch
I'll be dreaming you are with me right here.
To hold and to kiss and be in bliss
as we snuggled away this Saturday night
in true comfort and peace.
I love you sweet lady and pray so soon for this,
a Saturday night snuggle and kiss.

Michael P. McParland

Love Note 264

Sitting here dreaming of you
my sweet love.
I just finished a film
and the whole time wished you were here.
To enjoy the action
and all the fun.
So soon my darling
I pray you'll be here.
To hold as we enjoy
our soft quiet evenings.
So I can hold you so close
and sweetly kiss you.
Just to know that
I am with my Queen Angel.

Dreaming of you my sweet love
as I go further about this night,
always wishing you were
right here to hold.
Soon I'll watch another movie,
one I think you would like
and in spirit hold you
so close and tight.
Feel my sweet kisses
and hand holding yours,
I'm sending you all of my loving warmth.
Feel my arms as I hold you tight,
I love you sweet lady
and will be with you all night.

Michael P. McParland

Saturday Evening Snuggle

It's Saturday evening the perfect time
to wind down and have quiet in each others arms.
Wrap up for a good snuggle on the couch
and watch a good movie while we sit and relax.
Just enjoy the company of each other
and get lost in the films story.
Feel at peace and as one as we
snuggle so tightly and calm in each others arms.

A quiet Saturday evening sharing dinner and a snuggle with you
are everything I long for and want to do.
I love you so much and want you here in my arms,
I lay here right now watching videos
and dreaming of when you'll be here.
To sit and enjoy good information and laughs,
and you can prevent me from being stupid
by watching the scary ones that lately freak me out.
I'll thank you sweetly with a kiss and a smile.
I so wish you were here for a Saturday evening snuggle.

A Saturday evening dinner and snuggle with you.
What could be better sweet one than being with you?
Nothing I say because you are the one
who I gave my heart and to be with forever and more.
You are the Angel my heart calls and sings for.
I love you deeply and can't wait for these snuggles,
to just sit on the couch and escape the whole world
with each other just as we've wanted.

Michael P. McParland

Love Note 263

Good late afternoon my sweet one
and I'm sorry I didn't write more sooner.
Please don't be upset for
I'm never gone.
I'll never leave you
because I love you so much.
I was having a beautiful dream of us.
How could I leave when
I had you close in some way?
How could I leave even when it was a dream?
I was there with you spending time,
holding your hand and feeling divine.
Oh my sweet Kira I wish you were here
just to hold and give a kiss
as I say I love you sweet one.
How could I leave that dream
before you are here?
I could not ask you to leave
such a dream that made you happy.
A dream of us cuddling and kissing,
I know you would glow as well
in the light of that dream.
Please my sweet lady let's soon make it real.
Life without you is so dull and gray,
it hurts to not have you
in my arms everyday.

I'm sorry sweet one
if you were upset or worried.
I never want to make you feel lonely
or worried over something,
it kills me inside if
I know that your feeling jittery.
Rather it be in worry,
sadness, or angry.
I'm sorry if you felt
any of those feelings.
I wish I could hold you
and comfort you deeply.

I love you sweet Kira
my Angel so sweetly.
I just want you to know
I want that dream for reality.
My beautiful Kira
right by me so sweetly.
Talking and laughing
just like we used to.
You truly are a great treasure.
I love you Kira and want to
spend all time just with you.

Michael P. McParland

A Beautiful Dream 2

Just waking from a long sleep
I didn't want to leave
and I feel a bit sad now that I have.
I had a beautiful dream of you and me
and for you to not be here as I wake
makes me feel a little bit sad.
It was a beautiful dream
and we spent such a happy time together.

We found each other in a crowded place
an we both invited each other to lunch
and spend the day knowing it was just
the beginning of it all.
We just spent time side by side
holding hands and feeling happy
as we were together.
A beautiful dream that needs to be,
I love you Kira you're my everything.

A beautiful dream my sweet lady
so pure and clean.
There isn't anything I wouldn't give
to have you right here with me.
I love you so much my Angel Queen
and you are my real life dream.
I'm always with you and I want you here,
it's sad to wake from that dream
and not be able to hold you near.
I love you sweet Kira it was a beautiful dream
and you're my beautiful woman I adore to no end.

Michael P. McParland

A Late Night Kiss

A late night kiss to you
my beautiful Angel so true.
I'm pulling you in
so close and tight
for a kiss and a snuggle so cozy on this night.
Something I look forward to doing
everynight through eternity with you.

A late night kiss and nuzzle
together smiling under the covers
as we relax listening to music or audiobooks.
A late night kiss and cuddle sweet lover
to fill us with peace and feel contentedly safe.
Just rest your head upon my loving chest
and drift off as I stroke your hair and rub your back.
Feel my loving warmth course through you forever and now.

A late night kiss to you my sweet Angel I miss,
I'll always hold you so tight now in spirit
and so soon in person giving my love endlessly to my passionate Angel.
I love you sweet lady and long for your presence,
a late night kiss and a snuggle to you my Queen Angel.
I'll be dreaming of you and your Angelic smile.

Michael P. McParland

Goodnight My Angel Love

Goodnight my dear Angel love
and with a sweet kiss let's go to bed,
snuggle with each other and feel the warmth,
bask in the glow of the bond that we share.
Lay there and kiss in each others arms
and telling each other about all of our love.
Come now sweet dear and let's go to bed,
I want to cuddle with my Angel bride.

Goodnight my Angel love and I miss you so much,
I'll be holding you tight as I stroke your hair
and give you kisses from my very soul and heart.
Listen closely for my voice as I say
Kira I love you you're my cherished sweet one.
I'll never get enough of you my sweet Angel dove,
I'll hold you forever because it feels so right.
I love you my Angel because you are Kira.

I'll see you tonight and kiss you sweetly
within the land of dreams,
I'll hold you so tightly as we lay down
with each other under the summer moon.
Just feel the wonder and glory of
true loves greatest story.
Just you and me darling the way that it should be,
I'll see you and hold you in the land of sweet dreams.

Goodnight my true Angel love
and for all eternity let's end every night
together holding each other feeling the warmth.
Then start every morning feeling the glory
that true love and unity hold.
I love you sweet lady and you are my beauty,
there isn't anything I wouldn't share with you.
So let's go to bed and snuggle and kiss,
goodnight my true Angel you're surely the best.

Michael P. McParland

Summer Moon

Just you and me under the summer moon
arm in arm our hearts and souls in synch
singing to each other bursting with emotion,
being with you my only one under the summer moon
lying on a blanket in each others arms.
What could be better than two true loves
being with each other in natures beauty?
Nothing my dear because I would be with you.

Under the summer moon my Angels beauty illuminated
by the divine celestial light,
putting you in its perfect glow to frame my perfect girl.
Under the summer moon with you feeling
your warmth and glow.
Under the summer moon with you where
nothing can touch or hurt us at all.
A world that's all our own as we get lost
in each others tune.
I would love to lay under the summer moon with you
because I love you deep my tender one.

Just to be in your arms under the summer moon,
a splendid place and splendid time
with the perfect one.
Under the summer moon with you the Angel of my heart.
We will do this dear I promise you
and I just hold you close to me.
Talking and kissing while we get lost
in the spell that love's created for us dear.
You will rest your head upon my chest
while we lay in peace in bliss under the moon so full.
I love you dear and can't wait to be with you
under the bright and beautiful summer moon.

Michael P. McParland

Love Note 262

My dear sweet love
sweet tender kisses to you.
I'm sitting here dreaming
of beautiful you,
holding you tight
and sharing my warmth
while I rub your back
to help ease any pain.
Sweet tender kisses to you
my sweet dear.

As we go through this night
sweet kisses and hugs
I'll be sending to you.
Feel my arms wrap
so comfortably around
as I hold you close
to give you my love.
I'm right by your side
forever holding you tight,
feel my light touch
as I rub your back.
I love you sweet Kira
I'm always there,
I'll be sending sweet kisses
while I hold you tight.

Michael P. McParland

Sweet Kisses And A Snuggle

On this late afternoon
I want to bring in the evening with you
giving sweet kisses and a snuggle too.
I want to spoon with my lady wrapped in my arms,
make you feel safe and filled with love.
Sweet kisses and snuggling would be the perfect thing
to be doing with my beautiful lady
bringing in this summer evening.

On this late afternoon my sweet darling
I'll be bringing in the evening sending
sweet kisses and putting my arms around you in spirit.
Holding you close and ever so tight
feel all of my warmth as we will soon snuggle tight.
Feel me so close as I kiss your neck
and wrap my arms around you in pure love.
Sweet kisses and a snuggle with my only one,
I love you Kira and plan to give you endless
attention and love when you have come.
I'll never stop holding my Angel so good.

Michael P. McParland

Always Here, Always Yours

Sweet love I'm always here and by your side,
please know you're not alone and can come to me.
I'm here waiting and want to forever be your man,
I'm always here and always yours.
I love you Kira and I'll give you everything
I have to give and all I am.
I give you myself because you're the one I truly love.

I'm always here and always yours so please
my love don't ever feel or fear that you're alone.
For eternity I'll stand up for you and by your side,
I'll protect and defend you through all my days
because you are my Angel and I will always
be there for my only one and true best friend.
I love you Kira and I'm always here and only yours,
I'll forever be the one on whom you can depend.

So if you are ever feeling down or scared
remember my sweet one I am here,
I will comfort you in my open arms,
give you my warmth to chase away those haunting things,
I understand more than you may know.
I'm always here and always yours.
I want no other because you are my sacred treasured
beloved and cherished Angel.
I will give you my all forever and ever,
I'm always here to give my Queen the love
she needs and most deserves.
Kira you are my only one,
I'm forever yours because your bright and good.
I'm always here and only yours,
so soon when we reunite I will marry you
and never again will we part.
I love you babe I'm always yours.

Michael P. McParland

The Eyes And Soul

You have the eyes smile and soul of an Angel,
so truly divine and beautiful.
When I'm in need of Angelic beauty
to escape the ugliness in this world
I look to you to remember what true beauty is.
If you're not around I close my eyes
to see your sparkling eyes and beautiful smile,
I feel your precious soul and your arms around,
and when I am standing near I just look over
and immediately smile at my sweet dear Angel.
The one for whom I'm so thankful and in love with
forever and ever.

I look into your heavenly eyes and I see
and bare witness to the soul of an Angel,
the whom I adore and want to be with forever.
Giving everything I am to her,
my very best always when I can,
I'll never hurt my precious lady because
she is so very sweet and I can't stand
to see her even remotely ache.
She is a diamond in the rough and the sweetest love there is,
I look into her eyes and see an Angel true.

In your eyes and soul I truly see pure
caring love running through and through,
something so very true and others
have misused and hurt you through your care,
I love you babe and want you to feel
such intense and caring love returned.
You have the eyes, the smile, and the soul
of an Angel and one I so adore.
I love you Kira you're my only one
and I give myself to you of my free will
in full my precious Queen.
I am your forevermore because you are the Angel I adore.

Michael P. McParland

Eternally Thankful For You

Now rising from another stretch
of much needed sleep the first thing
I want to do is say thank you lady so sweet,
you truly are my everything and totally great.
Nothing around will ever be able to
surpass what you mean to me.
You are my blessed Angel and my treasured Queen,
a diamond so pure shining and good.

Thank you sweet one for always taking my hand
and being with me in spirit or person.
Thank you for the love that you give
and how you help provide peace to help calm me down.
Thank you Kira for just being you.

I send to you always my loving strength
to fill you with the warmth that I feel.
I worry for you and will always
love you more than anyone knows.
I want to give you all of myself
because I am thankful and love you so much.
You are so beautiful and nothing
can ever match the beauty of my Angel so good.
I love you Kira and thank you always
because our loving bond is eternal and epically strong.

I love you sweet Kira and I'm eternally thankful
that I have known you and you are still
going to be in my life.
I know that we'll make it because our love
is so truly good, strong, and so truly right.
I thank you sweet Kira and kiss you so sweet.
Thank you my darling I love you truly
through and through.

Michael P. McParland

I Love You 12

I love you sweet one so beautiful and good,
as I lie down for a bit more
I kiss you in spirit and hold you close.
Come join me for a snuggle so you
can rest your head upon my chest
while I stroke your hair and rub your back.
Drift off together in peace listening
to each other breathe and feeling complete and pleased.

I love you my sweet Kira so very cool,
I'll be holding you so tight as I rest here for a bit.
Kissing you and saying you're the best,
I love you more than anything there is or was.
Nothing can ever equal what love I hold for you,
I want to hold you for eternity because
you're the Angel that makes me happy.
I love you Kira and I want you to be here with me.

Now let's snuugle and feel each others warmth,
I can think of nothing better than lying here with you.
A nice sweet kiss I place upon your lips
before I so closely pull you in.
I love you dear and for you I'm always here,
I'll never leave or ignore my precious one I hold so dear.
I love you Kira you are the one that
I give my life and heart to for all time.

Michael P. McParland

Thank You Sweet One

Thank you sweet one
for all the loving strength
you give and send to me.
You helped calm my anxiety
so I could eat and sleep.
I only woke up about an hour ago
and I'm sorry I didn't write a bit sooner.

Thank you sweet one
I'm so grateful and thankful for you.
Later when I have rested a small bit more
and gotten a bit done I'll
thank you in full for how grateful I am.
I wanted to tell you I love you so much
and know that you're great.
Kira you're amazing and I want
to give you a kiss and hold you so tight.

Michael P. McParland

A Goodnight Snuggle With You

Goodnight my sweet dear and
I want you to know Kira you are my hero.
I want to end every night holding you tight
and feeling your warmth as we share sweet kisses
before you rest your head on my chest
and we peacefully sleep feeling complete
as feel safe and content with each other
under the blankets hiding from the rest of the world.
I want you here in my bed and in my arms
through all time because you are my one.

Goodnight my dear and I'll snuggle the night through with you
holding you tight and close stroking your hair.
Just softly talk while you relax and drift off,
tell you I love you and ramble on as I do
and I'm so thankful you enjoy that.
I so need that ear and love that it's you who listens to me.
I'll be holding you in comfort to give you peace
and make you feel calm and soothed inside.

I'll see you tonight in the land of dreams
where I want you to tell me if you're alright or not
so either way I can give you comfort.
Just have you in my arms wrapped up
in a soft blanket so very cozy.
Just a time to have you in my arms
and listen to what you need to say.
I love you dear and our dreams will become reality
I know it in my heart and soul.

Goodnight my dear let's just kiss and snuggle for awhile
before you rest your head on my chest
and hold you so tight in comforts light.
I want to have you in my arms for eternity
because you are Kira and that is great.
I love you and it fills my heart
beyond anything I can describe.
Let's snuggle sweet one and make it a good night
for peaceful sleep with hearts that don't hurt as much

knowing they'll soon be healed in each others arms.

Michael P. McParland

Relaxing In Dreams With You

As the night now winds down
I have finished the last few things in my path
and I can relax feeling all your
love I know without a doubt is real and there.
My body and my mind are feeling more at ease
as I dream of what we would be doing
and all the sharing on this quiet summer evening.
Relaxing in the real love you send
and the dreams I know in my heart and soul will come.

After a cool refreshing shower
and now eating a real dinner
for the first time in quite awhile
I feel relaxing calm within your love and warmth.
Relaxing watching videos on You Tube
and dreaming you were here with me.
Spending time in each others arms
laughing over the random countdowns I enjoy,
and at times being touched by something more.
I'm relaxing in your truthful love
and dreaming that I am in your arms
as you rub my face and head.

Relaxing here knowing one day soon
these dreams will be real and you'll be here.
For me to hold and comfort you,
let you know you have support and are loved.
That you will never ever be alone
because I love you deeply and will
always do everything to keep you from suffering.
We'll be relaxing in each others arms
feeling safe and knowing peace.
I can't wait to hold you through the evenings
holding you so close while I stroke your hair and rub your back
and these are the dreams right now
to which I feel calm and relax.
I feel your love as it surrounds me now
and I hope you can feel mine just like that right now.

Michael P. McParland

A Relaxing Evening With My Lady

So very exhausted from days on end
of next to no sleep at all.
I've finally caught a few hours
this afternoon and I can think
of nothing better to help calm my nerves in full
than a relaxing evening with my lady,
my true love, and my best friend.
Just being with her in each others arms
would be perfection in the heaven that she is and brings.
Her calming presence and beautiful spirit
would make a perfect evening with her by my side.

A relaxing evening is just being with her.
It doesn't matter what we would be doing
as long as she was here to spend time
and look at so I could say I love you Kira,
thank you for giving me your time and love.
It means everything to me,
you are my sweet precious Queen.
A relaxing evening just being by her side
and in her Angelic loving arms.
She's what I want and need because she's
so truly good in her very heart, mind, body, and soul.
A beautiful woman I deeply adore in every way.
I'll never stop loving her.

A relaxing evening with my sweet lady
tonight must be my beautiful dream.
So soon I pray a great reality.
I'll be sending her all of my love
and in spirit holding her so she'll know
that I'm right there with here
and when the time has come I'll be right here.
She need never worry that I'll disappear
because my Angel is my heart.
I can't wait to have relaxing evenings with her,
I so deeply wish tonight could be one
but my heart as ever is with her.
I love you dear and as I try to find relaxing peace

I'll be dreaming of peaceful evenings with you.
You are my centered calm with our shared love,
and you always help me even when you don't know.

Michael P. McParland

Looking At Your Picture

After achieving a short 45 minute nap
I'm just lying here in bed with you on my mind
and in my heart for many reasons galore.
I look upon your picture as I keep it up
always to see on my computer screen
and I say out loud Kira tell me how you are.
I'm worried about my beautiful woman I so deeply love,
please talk to me and let me know how you are.
I miss you dear you're my number one.

Lying here in bed so very tired from
being awake a very long time
and I gaze upon your beautiful face for comfort.
Sending you all of my loving strength
so you won't feel cold and alone for even a moment in time.
So you'll feel all of my loving care
within your soft and precious heart.
Lying here looking at your picture
to feel closer to you right now in some way.
To just see the beautiful woman I adore
in the only way I can right now.

Lying here in bed and praying
you feel and know all that I hold
and that you're feeling all the loving warmth I send.
Looking at your picture and I wearily smile
in my tiredness because I still feel
joy within my heart whenever I see you.
I love you dear and you fill my heart with light,
you give me something special inside I can't describe.
You are a miracle and amazing Angel to me
and I can't wait to hold you close
and tell you everything I've wanted through the years.
Until I can though for now I look upon your picture
where I can see you and feel some connection,
see that smile that lights up the worlds sky.
I love you Kira and can't get enough of you,
my heart is yours and it melts in your tenderness so pure.

Michael P. McParland

A Kiss Of Comfort And Peace

As I now try to sleep my dear
I send you a kiss of comfort and peace
to remind you I'm by your side
and holding your dear hand.
I send a kiss of comfort
so you'll be at peace and feel my love.

A kiss of comfort and peace to you my one.
I send a million of them for you
to feel my love and feel my heart.
I love you Kira my darling one so rare
a kiss of comfort and peace because
I want you to know how much you mean to me.

Michael P. McParland

It's Only You

It's only you I feel so close to.
It's always been that way through
the years that passed both apart
and in contact.
It's only you I felt close to
and wanted to give myself in full.
To give my trust and show what's in my heart,
share all my ups and downs knowing you'll
always do your best to understand
and be there for me.
It's only you I can truly share myself with
because you truly are something special.

It's only you sweet one.
I want to be there for you night and day
and for you to feel safe to trust me,
to tell me everything in your heart and soul.
It's only you in these matters of the heart.
I can only truly give myself when
it's true love known through the soul,
to be touched by the one who is your essence here on earth
and for me it's only you.
I adore you dear and I can' be with any other soul there is.
It's only you because we share a bond
that transcends this earth and predates it too.
It's only you because I can feel it within myself.

It's only you that can be the one I give myself and my life,
I am yours because I know it's good and right,
I know the kind and wonderful woman you are.
It's only you I can love in such a way
and without you that part is broken and completely lost.
You truly are my Angel Queen and the one who
can truly help tear my walls down.
You are the one who has given me new hope in this life.
It's only you because you are my Angel true.
I love you Kira and it truly is only you
I feel close to in that special way that true love is.

Michael P. McParland

Morning Kisses Of Comfort

Good morning now my precious dear
I send these kisses to give you comfort on this day,
I send these kisses for a bright
beginning as we embark on what this brings.
I wish that I could just lay here with you
and cuddle for a little while.
To have you close and feel your warmth
to help calm my body, mind, and heart.
Just to be with you is reason enough.

I send you morning kisses and all
the strength I have in me,
to give you peace and feel me there beside.
I send you all my love because
you are the one I adore in full.
Sweet morning kisses for my Angel bride
to give you a smile of which to face the day.
Morning kisses in shared assurance that we'll find our way
back to each other once again.

I send to you these morning kisses
just because I want and can.
To show you that you're because
I like to show my heart and love for you.
I send these kisses to fill your heart with cheer
because I want to see you feeling good.
A happy Kira is what I want forever
through all time my only one.
I send these morning kisses simply cause I can
and want to make you happy just as well.

These sweet morning kisses with all of my love
I just wish we were able to cuddle some time today.
I send you these kisses though to take strength,
feel the suns warmth and feel all my love.
Remember the warmth of my smile and eyes
because what they showed to you was tender care.
Sweet kisses my lady and feel me right there
hand in hand by your precious side.

I love you deeply you are my only wish,
sweet kisses sweet Kira you're simply the best.

Michael P. McParland

Sending All My Love And Warmth (Goodnight)

Lying here and thinking of precious you
sending all my love and warmth
with great big hugs and kisses too.
Feel my arms wrap so tight around
and pull you in to give you peace,
help you feel the deep amount of loving care I have.
To just let you know you are special,
treasured, and truly loved.
Feel my spirit now as I pull you in
to give you my love in warm embrace.

Goodnight my dear and get some needed peaceful sleep,
I'll be with you telling you I love you
while I hold you close and sweetly kiss you
in my souls true loving care and depth.
You're not alone because I care,
I won't abandon someone I so deeply love.
Hand in hand forevermore my sweet Angel dove.
I want to make my whole life with you.

I'm sending you always my endless love and warmth.
Wrap up in its tender care as a blanket,
it's there to make you feel safe and protected.
I send you all my strength to make you smile
and help provide me with that needed glow.
I love you dear you are so beautiful
and truly cool.

I'm still nowhere near sleeping here my dear,
I don't know when it will happen my precious one
but I'll still see you in your sweetest dreams.
To hold and kiss you as we relax
under our tree in the flower field,
soothed and calmed by the rushing river and each other.
Our voices giving endless comfort.
I'll be there dear to rub your back and hold you near,
to stroke your hair as you rest your head upon my chest.

Goodnight my darling precious Kira

and know my heart is beating for you.
It has only kept its power in my hope
of our reuniting.
I am yours in full forever dear,
nothing could ever take me from you.
So rest your head and feel my love
and arms wrapped around.
My prayers, my heart, my thoughts,
and my very soul and essence will be with you through the night,
Kira I love you so very much and will always
be here for you and be your faithful man.

Michael P. McParland

Come My Dear

Come my dear and let's just relax in bed,
we won't sleep just yet.
Rest your head upon my chest and wrap
your arms around me tight.
I want and need to feel you very near,
and I'll pul you in to give you
all my strength and loving peace.
I just want to hold my lady and relax
while we talk and spend some special time.

I just want to lay in bed and have you there,
feel this loneliness melt away.
Rub your back to ease the pain
and gently kiss my precious Queen.
I just want to talk while we relax
and I can have the chance to look in your eyes,
see that pure soul and heart I have missed.
To just be mesmerized by your beauty
and feel the warmth of being fulfilled.
Come my dear and relax for now in bed,
just rest your head upon my chest
while we cuddle and feel complete.

Will you come my dear and spend some time
within each others arms in loving bliss?
Would you honor me and let me hold you close?
Can I just rub your back and stroke your hair
while we lay in bed and talk away?
To just relax with you and have you near
would be an epic dream come true.
I love you dear and want to grow through life
with only you right by my side.
You truly are everything I want and need.

Michael P. McParland

Nighttime Prayers For You

As I sit here on this late night
I send prayers up to God that you will be happy and well.
That you will feel all of my warmth and love
knowing my hand is in yours and you're not alone.
I'm holding you close in loving care
to fill you with contented peace.
I always say nighttime prayers for you my sweet dear
so you will know that I deeply care.

This is not my goodnight for I'll be up for awhile yet
but I wanted to tell you that my hearts with you,
it sings and calls out to you revealing itself.
Showing you everything that I hold and will give,
it beats for you my sweet Angel dove.
I say my nighttime prayers for God to bless you so dear.
I love you sweet lady you are my special one.

Feel the deep comfort of the prayers that I offer,
I so truly want you to be content, fulfilled and happy.
I want you to forever smile feeling joy in your heart
and comfort in spirit.
I want to be there to help my Queen get it,
I want to hold you and give you my love so abundant,
I pray that so soon you'll be here with me.

I want to give you the world and share all of mine,
I want to let you into my heart as with no other I could,
I want to tear down these walls and let you in.
My nighttime prayers are for love and happiness
and no matter what transpires I want you to be happy.
I love you dearly and pray for your heart,
that it may be at peace and know that you're loved.

Michael P. McParland

Adorable One

Adorable one so truly beautiful and good
I treasure you in every way because you are my only love.
I want to spend forever holding you and being at your side,
holding hands as I take yours in mine
and kiss you softly on the lips.
Then just pull you in and say adorable one
I love you more and more with each passing day.
I want to be with you and make you so deeply proud,
I want to see you smile for the rest of time.

Adorable one my heart truly melts for you.
When I think of you in any way my whole
body begins to glow and quake.
I'm so in awe and impassioned love
I don't know what to do.
I feel it so strong within and I need for you to know,
I want for you to see and I want to let it show.
My adorable one I long to be with you.

Adorable one I treasure you in full,
there isn't anything I don't truly love.
Your perfections and your flaws make you who you are,
they make you precious Kira the woman I truly love.
Someone I so adore I can't stand life when you're not around,
a woman I so truly cherish she's my Angel and I need her.
Kira you're adorable and I treasure you profoundly,
you are a precious jewel who shines so great and brightly.
You are my best friend and someone I truly trust
to give myself and secrets to.
I love you adorable one and I send this kiss to you.

Michael P. McParland

I Just Want To Be With You

I just want you here to spend some time,
hold your hand and see your smile.
Feel your love as we hold each other,
feel safe and warm within my woman's arms.
Being close to the one I love the most.
I just want to be with you my precious one.

I just want to be with you and look in your eyes,
share a tender touch as I caress your cheek,
kiss your lips with passion from my soul unleashed.
Giving you my soul in every breath,
share such closeness that transcends this earth.
Making our love more true and deeper every day.
I just want to be with you because
I love you and you are perfect as yourself.
I love you Kira and want to hold you close.

I just want to be with you because
then I'll have my other half right by my side,
be fulfilled and work to make you happy
and complete in every way.
Just to know your tender heart is right there,
to know the perfect woman loves me too
and is right there when I want to talk and hug.
So you'll know that I'm right near
and will never leave because you have my support.
I just want to be with you my sweet Angel dove.

I just want to be with you because my heart
overflows with endless love,
I can't explain it except I know you're great,
you're beautiful, and my soul mate.
I know I can never be with anyone but you,
I could never share closeness with another soul.
I just want to be with you because
I love you so and I want to hold you close.

Michael P. McParland

I'm Worried About You

I'm worried about you my dear.
How are you and are you okay?
I fear you're so sad and coming apart
just like me.
I can't stand to see you hurting
or feeling so low and down.
You are a beautiful Queen
who means everything to me.
I love you dear and I'm worried about you.
Please let me know how you're doing
while I take your hand and hold you
close to me stroking your hair
and saying it's okay because I'm with you.

I love you dear with all my heart
and I'm going out of my mind in concern for you.
I want to be right there to protect my one,
fight and defend my precious one.
I need to know you're okay and be your man.
I want to be the one you turn to
forever no matter what.
I want to be your hero through thick and thin.
I love you Kira and I'm so worried it's true.
I'd give my whole life just for you.

I'm worried dear and it's killing me
because my heart needs to know you're well
or if there's something I can help you with.
My sweet precious Kira I am always here for you,
just trust me because my heart and life are yours.
I love you and need you in my arms.
I worry because I care about you
in the greatest way there can ever be.
You are my Angel and only love.
I'm worried Kira because I can't
live without my one right here and doing well.
You're my everything and I can't take
not knowing what's up with you
or being here not seeing and holding you.

Michael P. McParland

Long Days

Long days here dreaming of and waiting for you,
hoping soon God will bless me and you.
To find our way through a presented path,
have the courage to take it and find
those things we need and want.
Such long days where I pray for you.
I dream of you and send my endless love,
I send my warmth so you'll know you're not alone.

Such long days being here alone,
I often feel your love and being in your arms
but I so deeply want and need you here.
I often feel close to crying
from all the emotions inside right now
I can't show or tell you here.
Long days where I so often feel very broken,
I just want to hold my love within my arms.
Know that the future is looking bright and good.

So many long days and I feel very tired,
I either sleep non stop or never sleep at all.
I long for peace you always helped give me in the best of times,
I long to give you that too because you're grand.
I want to see you smile because I made you dear,
having made you proud in many ways.
Such long days I wait for this.
I love you dear and I'll wait until
God has opened up a shining way,
I'll wait for you no matter how many
long days I must face through time.

Michael P. McParland

Good Morning Kiss 2

A sweet good morning kiss to you
my dear Angel I so deeply love and miss.
A sweet morning kiss to tell you
you're loved and cared for in every way.
Feel my arms around you as I pull you in
to give you peace and warmth knowing I'm there.
A sweet good morning kiss to start the day.

I love you sweet lady and wish
you were here to hold as this morning rolls,
to lay here in bed and snuggle
before the days full hustle and bustle.
To just be with you knowing the day will be good.
I send you this good morning kiss
so you will feel comfort in your beautiful heart.
For you to know that by me you'll always be loved.

A sweet good morning kiss to my only love
who I so dearly miss.
Feel the warmth of the sun because at its
brightest and most comforting way
it symbolizes all the love that I feel.
An infinite flame for my only dear,
a burning inside of epic pride, amazement,
and endless joy to have had you in my life before.
An eternal flame of hope that you will return,
that you will let me hold you so tight and give my all.
A sweet good morning kiss to give you myself.

I love you sweet lady you are truly amazing,
I'd do anything to see you fulfilled and happy.
I always want to make you proud of me so deeply,
to look in my eyes as you used to
and let your spirit tell me you love me.
Then speak it so softly as you gently touch me,
as we hold each other so tightly.
A sweet good morning kiss because you are
the one that I love and I miss.
Kira my lady I want to be with you as long as time lasts.

Michael P. McParland

How Could I Not?

How could I not fall in love with you?
Your heart reached out and your soul
spoke out from the very start.
We were so young I may not have known right away,
but I knew you were right and I was yours
right away before I even realized it.
I felt a connection as old as time.
How could I not fall in love with you
when I know we've paled around in spirit before we came to earth?
How could I not treasure you when I know you're awesome worth?

How could I not want to spend all time with you
when everything feels so empty and sad without you here?
How could I not do my best in every way I can
to show my Queen she is the best?
Though it may not always show I truly do
try to give the greatest in myself because
I adore you and want your hand.
Eternity would be so barren without you at my side.
How could I face forever without my Angel bride?
How could I keep from loving you when
you're all I see with a loving heart and eyes?

How could I have not fallen for you as I deeply did?
I saw the love within your eyes as we would
randomly look up and at each other smile
with the brightest warmth.
How could I not treasure you in every way
and long to hold you inmy arms?
How could I not try to help you see you're beautiful
and that no matter what other pigs have done
they were to dumb and selfish to see your worth.
How could I not want to marry you and be your man?
How could I not pine for my only one?

How could I not hurt so bad with how things are?
When I'd give anything to talk to you,
to hold you near and look in your eyes
as I say to you Kira you are so very good.

I love you deeply and I want to make you proud,
I want to make you happy forever my sweet dear.
How could I not strive to give you all?
Dear I would give you everything because
I gave my heart to you and that surely is for keeps.

Michael P. McParland

Reaching Out To You

Reaching out to you
to tell you all I say and feel is true.
My heart is yours and I'm yours alone,
I don't want another because you are my only one.
I knew it from the start and never had a doubt,
I'm reaching out to you so you'll know
I care about and totally adore you through.

I'm reaching out to you because I hurt and miss you too.
I'm not oblivious or blind to what you're going through,
I know your hearts in pain and you think you're all alone.
I assure and promise you that you are not
and as long as I exsist you'll never be.
I'm by your side in spirit always and right here when you need me.
I don't care what time you call or what you need
for you I'll always be right there.
I'm reaching out to you so you'll know my intent is pure.

I'm reaching out to show my love and full support,
take my hand and let's together start a life.
One so rich and full of true caring love,
one with true respect as we have always had.
We've been through rough times that's for sure
but in the end our love has lasted and we fought right through.
I love you Kira don't you know,
you are everything I need, crave, admire, and truly want.
You are the diamond I have treasured for so long.
I'm reaching out to show my love,
please know that I'm 100% true and sincere.

Michael P. McParland

Tired Afternoon

A tired afternoon on which
I would like to lie down for a nap with you,
wrapped in my arms and feeling your love,
while as always giving you all of mine in return.
Resting so peacefully and feeling fulfilled.
Sweet peace with my lady as we lay in bed.

A tired afternoon I'm worn out,
I would like nothing better than being with you,
just feeling your presence right by my side
where I could tell you you're amazing
and so truly sweet my only Angel.
Just pull you in for a tight squeeze and kiss.
A tired afternoon and as always you're deeply missed.

Oh my dear Queen and Angel I'm so incredibly tired,
I wish you were here to keep me sweet precious company,
to hold my hand and tell me all is okay,
then I return will assure you the same thing.
A tired day so full of true need,
I love you babe you complete me and give me reason to live.

Michael P. McParland

Morning Note 115

Good morning my darling
and I pray you have risen
to a bright sunny day
feeling refreshed
and well rested having
slept well with the sweetest of dreams.
I hope you saw me so
we could have time together
talking and laughing
while we held each other.
My dream I hope so soon
becomes reality.
God bless you my dear
and keep you forever.
I pray for you to be happy
and safe forever.
Remember that I am
always here for you.

Close your sweet eyes
and feel the warmth of the sun
as it delivers my love,
see my smile as it is for you
my dear Angel so true.
My heart is yours and
I send it to you.
Have a good day
and feel me beside you
as I take your hand
and say I love you,
I'll always support you
my sweet lady.
I'll never quit on you
because I truly adore you.
You are my jewel and treasured Queen,
have a great day Kira
I love you so deep.

Michael P. McParland

Night Time Kisses 2

Night time kisses to you my sweet dear,
with warm loving hugs and smiles as well.
Night time kisses to fill you
with comfort peace and cheer,
so you can sleep well knowing I'm there.

A tight snuggle as I hold you tight,
stroking your hair as you rest your head on my chest.
Pure solace as we feel safe in embrace,
I love you sweet lady you are the best.
Softly I tell you that I'll always be here,
I won't leave because you are my everything.
I'll hold your hand as long as you want me to.

Night time kisses to you my precious jewel
I want you to know I'm dreaming of you.
You are an Angel I adore to no end,
I will always stand for you to fight and defend.
Sweet night time kisses just for you
with warm loving hugs.
I love you sweet lady I'm watching over you.

Michael P. McParland

Goodnight My Sweet Lady

Goodnight my sweet lady
I so deeply love and adore you,
let's end this long weekend
holding each other in bed
snuggling in pure comfort
basking in our true tender love.
Feel my heart as it beats for you,
snuggling the night away
sharing sweet kisses too.

I'm sending you all of my loving warmth
with great big kisses and hugs,
feel my arms around you tonight
as I will be holding you ever so tight.
Feel peace and comfort as I kiss you deeply
and tell you Kira you are my sweetie.
I truly love you so deeply
and want to be with you never ending.
You are my lady and I need you so truly,
you are the greatest and I truly treasure you.

I'll see you tonight in the sweet land of dreams
where we will take a night stroll
through a field of beautiful flowers.
Hand in hand under the stars as we
feel peaceful and fulfilled as one.
Talking and joking as we always used to
in our own way giving ourselves freely.
Than lay on a blanket and hold each other
as we gaze at the stars and get lost with each other.
I'll see you sweet lady and I'll so tightly hold you.

Goodnight my sweet lady and let's end this Sunday,
come and join me for a long precious snuggle,
I so long to be with my sweetie sharing
deep kisses of soul touching passion.
I want to have you in my arms as I
tell you that you that I can't get enough of my Angel.
That I so deeply love you and want you

to be with me forever in true love and passion,
that you are my soul mate and I want
to always make you so proud and happy.
Come my sweet Queen and let's always snuggle.
Goodnight my sweet lady I'm always with you,
I love you so deeply there is no better than you.

Michael P. McParland

You Are A Treasure

You are a treasure to me sweet dear,
a treasure and gift to the world
and one day all will see.
You are a kind hearted and loving soul,
I cherish you for all you are.
A beautiful woman and Queen so bold,
my precious Angel I truly love.

You are a treasure and I love your great style,
I love talking to you and seeing your smile.
I love being around you sweet dear
rather just talking right here or standing next to you.
I would give anything to spend life with you,
eternity is my dream with my woman so rare.

You are a treasure who can never be equaled,
you're a diamond in the rough so deeply amazing,
a shining star who lights up my dreams so.
I love you sweet lady you are a treasure.
I admire you so and respect you as well,
I'll never stop loving my best friend so treasured.

Michael P. McParland

Love Note 261

Good late afternoon my sweet love
I'm sitting here and dreaming
of sweet precious beautiful you.
Hoping you're well
and feeling all the love that I send,
In spirit I'm holding you
and saying I love you dear.
You truly are my everything.

I hope you know the depth of my care,
if it weren't for you
I wouldn't be here.
You are my Angel and Queen of my heart,
you are everything good and right.
I would give anything to hold you close.

I'm sending sweet kisses and tight
hugs for you.
I'm right there by your side
as I always am.
I love sweet Kira you are
my true love and best friend.
I would give my whole life for you
if that's what you needed.

Michael P. McParland

Magnificent Woman

You are a magnificent woman
so truly wonderful to me,
you are beautiful and perfect
as far as I can see.
You are the woman of my dreams,
a magnificent woman who's everything to me.

I reach out to take your precious hand
and pull you close saying I love you dear,
you are so magnificent and a blessing too,
you're everything I want and need
I so desire you.
You're magnificent and beautiful
through and through.
I want vto hold you close for an epic kiss
and let you know you're cool.

Magnificent woman I truly love you dear,
there isn't anything I wouldn't do for you.
My heart is yours and you are my essence too.
Magnificent woman there is noone better it is true.

Michael P. McParland

A Peaceful Sunday With You

A peaceful Sunday with you
is what I long for right now my dear.
Rather it would be us at least talkinh here
like we always used too until
we could meet again,
or even better holding you close
right here while I lightly and sweetly kiss you
whispering Kira I love you in your ear.

A peaceful Sunday with at least
the comfort and peace of your sweet loving words,
being able to tell directly
how much I adore you and care.
To feel some sense of being close to you
by just chatting away the day
with my sweet precious lady so deeply great.

A peaceful Sunday here just having you close
to read books and watch movies in each others arms,
to just be with you as we talked and talked,
knowing we're both loved and feeling whole.
I love you sweet Kira and want you to be here
in my life in some way.
I want to hold you and kiss you saying you're great.

To at least have a peaceful Sunday where we talk
until we come back together at last
would be sweet relief as we pass this time apart.
You are my Angel and I desire your hand and heart,
you have mine as long as you want.
A peaceful Sunday with my woman whom I so adore,
I love you sweet Kira you're all that I want.

Michael P. McParland

Precious Lady I Adore

Precious lady so beautiful kind and rare
you are everything wondeful bright and good,
I adore you as you are my friend
and as my only love and one.
Precious lady you are beautiful
and I love you to no end.

Precious lady I treasure you in every way there is,
I admire you for who you are and all the great you've done.
You're strength and toughness so inspire me,
your spirit and love move me deep
I love you as you are.
Precious lady you are a jewel and everything I want.

Precious lady I truly adore you so
and would give anything to hold you close,
to say I've truly missed you so very very much,
that every single day I dreamed of kissing your lips,
telling you you are so very special dear
and I give myself to you for all our lives.
To just bask in the glow of my only one.
Precious lady I truly love you so,
please come so soon so I can give you all.

Michael P. McParland

I Love You 6

I love sweet darling and I always will,
you are a miracle I adore and long for,
it's only you I want to hold near.
I love you sweet lady you're my only one,
it's only you that has my hearts beat.

I'm feeling so very sad without you here,
this is now the third day I've spent in bed.
I don't eat at all and just sleep mostly dear,
I dream of you just lying here while
I talk to you and lovingly stroke your hair.
My third day in bed because I've lost my will,
I miss you my dear and I love you supreme.
I just want you forever to be with me.

I truly love you so very much
and pray that you'll be here so very soon.
So I can hold you and kiss while
I tell you I love you and you are so very special,
you are my everything and I dearly need you.
I love you sweet Kira and I will be waiting,
you're not alone because I am always right by your side.

Michael P. McParland

Snuggle 29

Sweet lady I long for a late afternoon snuggle,
to be with you for a rest here before dinner.
Just to pull you in and feel comfort
as I hold my wonderful precious lady.
I long for a snuggle and kisses with you
my only cherished Angel.

I lay here dreaming of a wonderful snuggle
just being close and saying Kira I love you.
Let's be together forever and hold each other,
snuggle and feel peaceful whenever we want to.
Come my sweet lady and let's snuggle together.

I'll be holding you tight in spirit my woman
as I lay here resting dreaming of a precious sweet snuggle,
holding you close while I deeply kiss you.
Feel all of my warmth because I so love you,
so soon my sweet lady I pray we can snuggle
so I can just hold you close and tell you your wonderful.

Michael P. McParland

Beautiful One 5

Beautiful one I so deeply love you,
I would give anything to spend eternity by you,
holding your hand and holding you,
nothing could be better than loving you.
Beautiful one my heart is so fond
of you and full of love.
There is no other I want to be with for all time,
beautiful one I adore you because you are sublime.

Michael P. McParland

I Love You So Much 7

I love you so much sweet one
and I want to spend my life
with you forever hand in hand.
To have you close and be your man,
to feel safe forever knowing that
you are right there to take in my arms.
I love you babe and want you here
to hold so close and say I love you
deeply with all I am and I always will.

I love you my precious one
and just want you to know you'll forever be the one,
the one who holds and owns my heart,
the one whom I give myself in every way
for all time because you are my soul mate,
you are my best friend and I treasure you my precious one.
I love you so much and want to spend
my time with you just feeling close and knowing love.

Sweet sweet love please just know my heart
and so soon come talk to me,
when you're here I just hold you close
so you'll feel safe and worry not
for moment one because you'll know you're loved
and cared for in every way there is.
Come so soon and know you can freely talk to me
because I love you more each day exponentially.
I love you babe and want you to be here with me.

I love you so much that my heart bursts
with pride and joy to know you at all,
I'm filled with epic pride because you love me too.
I love you so much that noone else can understand
the amount I feel within me here.
You are everything I need and want,
you are the greatest woman without a doubt.
I love you dear and I always will,
I just want to cuddle up and let you know how much you count.

Michael P. McParland

Sweet Tender Kisses

Sweet tender kisses for you
my sweet dear,
as I hold you so tight and near
I give these sweet tender kisses to you,
a special gift just for my lady.
A gift of love for someone so beautiful,
to show you my care and appreciation.
A special gift for my precious Kira.

These tender kisses I wish to share with you
whil we sit and cuddle in our time so special,
tender kisses I give only to my true love and Angel,
sweet kisses so tender just for my Kira.
I send them to you to fill you with warmth,
I just wish you were here so we could look
into each others eyes as we feel them together.
Sweet tender kisses to you my sweet Angel Kira.

Sweet tender kisses to you my sweet lady
because I so deeply truly love you,
I want to share them with you in my arms forever and ever.
Look upon you and see you smile
filling me always with eternal and divine sunshine.
Just holding you near me and kissing you tenderly,
that is the heaven I dream of always.
I love you sweet lady and there is nobody better I know it.
Sweet tender kisses to you my sweet dear
and feel me as I'm holding you so tight and near.

Michael P. McParland

Morning Note 114

Good morning sweet one
I love you so much.
I'm here trying to
wake up from a long sleep,
I'm sorry I was silent
all day I fell asleep
and was out the whole time.
I miss you my lady
I pray you're okay,
please don't be upset in any way.
I'm not disappearing
I promise you dear,
I love you so deeply
and want you near.

Have a great day
my precious love.
I'll be there with you
the entire time,
you are everything
I hold so tender and dear,
I'll be holding your hand
and you so very tight,
giving you all of my love
that you need and you want.
I am always right by your side,
I love you more than anything
my sweet Angel dove.

Feel the sun shining
and its warmth on your skin,
feel the warmth of my love
as it fills your heart
with all of my care.
Close your sweet eyes
and see the smile I wear for you,
be comforted by the
looks of love I always gave you,
feel peace in your soul

knowing I'm not going anywhere,
that I will stand with you
for all time.
I love you sweet Kira
I'll never leave you
because you are the woman
I want, need, and adore
ever so deeply.

Michael P. McParland

Deep Passionate Kisses

As I lay here in bed drifting in and out
I dream of giving you deep passionate kisses,
holding you close as we lay down in my bed
and just hold each other giving deep kisses
full of true passion and fire.
As I lay here sweet one and sleep a little
I dream of you and the passionate kisses I wish to share.
I love you immensely and wish to have you next to me
sharing everything with you there is about me.

Michael P. McParland

Lonely Nights 2

Lonely nights are so very long indeed,
aching badly in the heart
and not having one bit of true relief.
These lonely nights just drag on
as I lay here missing you
longing to talk and be with you.
Hold you close and say I love you dear.

Lonely nights where you feel so tired
but cannot sleep from the persistant aching,
missing the one who makes you smile
and sooths the wounds the world is making.
I miss you dear and I want these
lonely nights for both of us to disappear,
be in each others arms resting and snuggling
just like a perfect pair as we are.
I want our hearts to heal by
being with each other experienceing that what's real.

These lonely nights hurt so very much
and all I want is to have your arms
around me tight giving total comfort,
my arms around you too as we both
laugh and talk crying when we need my love.
A trusted bond and loving care,
that is what we truly share
and without you here I'm all alone
and I hurt deep down to my very core.
These lonely nights tear out my heart.

These lonely nights my dear can end for us
just come and rest your head upon my chest
let us snuggle tight while I caress you in loving care,
I just want to hold you my sweet Angel
of true love and light.
I want to be your noble knight,
end these lonely days and nights.
Save you from the sadness I know that you feel,
give you a smile that will last

when with a kiss our love I seal.
I miss you babe and that's for real.

These lonely nights truly are the very hardest
because missing you is the greatest challenge,
not having you is pure saddness.
I love you dear and want you here
to hold in total peace and solace,
to feel you near and know we're both safe now,
give of myself in full to my Queen because I adore her,
hold you tight and kiss you deeply
letting my very heart and soul out.
These lonely nights are true torture.
I love you darling and I long for you,
you are my other half and best friend,
these lonely nights are hell because I miss you dear,
I just want to hold you close and let you know
you're not alone and truly loved.

Michael P. McParland

Goodnight Sweet Kira 14

Goodnight my fair lady I thank you so much
for all that you have done, all that you do,
and all that will come when we have come together again.
I love you sweet darling and I always will
now let's end this day and crawl into bed
snuggling and kissing the whole night away.
I just want to be near you and bask
in the glory of our mutual immense love.
Let's snuggle now and forget the world.

Feel my arms wrapped around you
I'll be holding you tight throughout the night,
though right now I can't in person
in spirit I'm always there holding your hand
and giving you all of my loving warmth.
I'll be holding you close and stroking your hair,
softly speaking to you saying I love you sweet Kira
and everything is going to be okay,
you're not alone and you'll never be
because I am your man and I care so very deep.
Then feel the sweet kisses I seal my word with.

I'll see you tonight in the land of dreams
where we can just hold each other
as we both so very need.
We'll sit under a tree and talk quietly
smiling and holding each other in total peace,
then share some kisses so deep and sweet
tonight my true love in the sweet land of dreams.
I truly can't wait to kiss you and hold you
in sweet reality.

Goodnight my sweet Kira and I thank you so much,
I'll tell you all when we are locked in each others arms.
Now let's go to bed and end this night
snuggling and kissing with our hearts content and healing,
being in bliss because we'll be together.
You are my lady forever and ever.
Will you marry me my sweet precious lady?

I long to be with my Angel for all eternity,
I love you fair lady and admire you completely,
you are the one I give myself to willingly
because you simply are truly amazing.
Goodnight my sweet Kira and the sweetest of dreams,
come so soon and spend all time with me.

Michael P. McParland

Tender

Tender and happy thoughts
are what I have of you.
Tender loving feelings
are all that come through
when I think of you.
Tenderness in loving care
is all I hold for you.
I love you Kira it is true
and I want forever to take care of you.

I want to hold you tight
within my accepting loving arms,
I want to plant a deep
tender, passionate, loving kiss upon your lips
and stroke your long and gorgeous hair.
I want to spend my life with you
both here and in the next.
I want to share my tender love
with you and you alone.
My heart continues to beat just for you
my sweet Angel dove.

My heart is so very full
of tender love and care
just for you my precious diamond oh so rare,
I truly treasure you because
we share a love that is so clean and pure.
I know you have such tenderness
for me as well.
That makes me so happy and filled with joy
to have the love of a precious soul.
I feel such tenderness for you my love.

Tender thoughts and feelings
my heart melts for you.
I love you deeply dear
and I always will.
You are such a precious jewel
a diamond in the rough.

I have such tenderness for you
you cannot be replaced.

Michael P. McParland

Beautiful Woman 2

Beautiful woman whom I so deeply adore
I send you millions of kisses and hugs
to fill you with cheer and all of my love,
wrap up in their warmth like a comforter
in winter to feel cozy and safe.
I send you these hugs and kisses
to give you loving peace.

Beautiful woman without you I am lost,
I don't know what to do without
my northern star and guide,
I know that no other will do
and there's noone else that I want.
Beautiful woman you are my Angel
and a goddess heaven sent.
Beautiful woman you're all that I want.

Beautiful woman with a million kisses and hugs
I tell you in truth as I always have
that I love you and need you because you're simply the best,
nothing else equals the way the you make me feel.
You are my true love, my best friend,
I treasure the bond that we share,
it's gotten us through many difficult things.
Beautiful woman I love you intensely and immensely
there's nothing in heaven or on earth
that will ever change that.
You are my Angel and that's how I want it.

Michael P. McParland

Longing So Much For You

I'm longing so very much
to have you here and hold you close.
Please come back my sweet Angel
who I love and need the very most,
I'm longing to be with you my entire life,
I'm longing so much to hold you close.

I long to look into your eyes
so I can say directly
I love you Kira you're all that I need,
please be with me for all eternity,
you truly are my best friend
and sweet Angel dove pure and clean.
I long so very hard for you to be here with me,
to be close to my sweet special Queen.

Please my sweet darling hear my plea
and come back so soon to me,
I need you because I love you my sweet lady.
I long so very much to hold you
and kiss you saying over and over I love you,
to give you my warmth and soothe your heart.
I just long for you so very much.

So with a kiss I am sending
I say over and over I love you sweet Kira
and in every way I deeply long for you,
you mean everything to me and you are so special,
I want you to know you are my true Angel
and I want to be with you forever and ever.
So with a million kisses and tight hugs
I tell you I need you and want to hold you close.
I love you so deeply and cherish you immensely,
I long for you because you are my treasured destiny.

Michael P. McParland

Come Snuggle Tight

Come snuggle tight my Angel of light,
I want to feel you close
and thank you so much for your sweet love.
I want to snuggle forever
with my sweet love and Angel,
feeling complete harmony as you are close to me.
Give you my love and sweet thanks
kissing you deeply while we relax.

Come my sweet lady and snuggle ever so tight,
I started feeling sick while I was out
and still don't feel quite right.
I want to be in your arms while I
lie down here and recuperate,
see you smile at me and say I love you babe
everything is going to be okay
now just rest your head on my shoulder for now.
I love you sweet lady and want to snuggle
with my best friend and Angel today and forever.
You are my Queen and I deeply adore you.

So my sweet lady let's snuggle while I get feeling better,
then later snuggle some more because I'll be feeling better
and I will thank you for always being here for me,
tell you how much I appreciate all you do for me,
something I plan to do as soon as I see you.
I so deeply love you my precious Angel
come and let's snuggle being close and just be together.

Michael P. McParland

Love Note 260

Going about my morning here
dreaming of you my sweet dear,
wishing I could spend this day with you
doing all of the thins we've wanted to,
just holding hands a feeling our special love.
I miss you sweet lady and love you
more than anyone will ever know.

I'm about to head out the door
and go to the store to pick up some odds and ends,
hey case lot's the best it sets you up
with what you like for awhile.
I just wish you were here to go with,
spend time with my lady I find amazing.
That snuggle for awhile before
I would make us a beautiful lunch.
To snuggle with and cook for my lady
is heaven on earth and one of my dreams of beauty.
I love you sweet lady and we'll be
taking apart of those things aplenty.

Going here about my morning
and of you I'm dreaming and smiling.
Feel my hand sweet lady as I take your hands in mine
and kiss them so gently,
then pull you in and hold you tightly,
I wish you were here to spend time with.
I love you my darling and want you to know
you are my Angel and everything.
I want to spend eternity with you in elation,
I know we will have a bright future together,
oh my sweet Kira you truly are so very beautiful.

Michael P. McParland

Morning Note 113

Good morning sweet one
I love you so very much
and to start this day
I send this great big
passionate kiss.
Know you are loved
and so deeply missed,
I'm sorry I was silent
yesterday but finally
fell asleep and was out
for the whole day as it passed,
I'm sorry sweet love
please don't worry
and always hold on.
I'll never be gone
I promise I'm not going anywhere.

I pray you slept well
and the whole time felt my
love and it's warmth,
having the sweetest dreams
of us in each others arms
kissing and snuggling.
I had those dreams
and I hope you did too.
I pray so soon
we will be able to have it for real.

Have a great day sweet love
I so deeply adore
and feel me there as I hold your hand.
I am with you always
where ever you go.
I love you sweet darling
you are my one.
Remember my smile and
how you put it there.
Kira I want you forever
to be with me in ecstacy.

Michael P. McParland

Reaching Out To Hold

As I continue to rest on
this late morning here
I'm reaching out to hold you near,
to fill you with warmth from my love.
To feel you close and next to me,
so you can feel my arms around you
in total want and love.
So you'll know that I'll need you forever,
you are my Angel so deeply beautiful.

Reaching out to hold you
and give a big passionate kiss.
To say that I love you and miss you so much,
reaching out to hold yu so close
because I just want to be with you always my dear,
I'm reaching out because I love you
immensely and want you to know that I'm here
when and if you ever need me.
I'll wait here for you as long as I need to.
So I'm reaching out for a good snuggle and kiss,
I want to hold you close forever because I love you so much.

Michael P. McParland

Morning Note 112

An early good morning to you
my sweet precious dear.
It was a restless night
of sleep here,
I pray you slept well
feeling my arms around you in pure love,
I was dreaming of you
as I lightly drifted in and out.
I dreamt of our future
and holding you ever so tight.
I gave me a smile
I'm so thankful for.
Thank you sweet lady
for the warming comfort you give.

As I continue to lay here
in hopes of some sleeping
I'll be dreaming some more
of holding you ever so close.
I so wish you were here
to be with me now resting in bed
on this summer morning
in each others arms,
share some sweet morning kisses
and feel a true happiness
that without you has eluded.
In spirit my dear I will
be tightly holding you.
Listen closely my dear
for my voice as I whisper to you
I love you sweet Kira,
you are the greatest and keep my heart going.
It is you my sweet Angel
who I want to be with always.

So my sweet dear have
a beautiful day
and feel me beside you
as I hold your hand all the way.

I will forever be your rock
and unwavering support.
Whenever you need me
just give me a shout.
Close your sweet eyes
and always remember my loving looks and smile,
they were always for you
my Queen I so admire.
Feel te sub shine upon you
and be filled with its warmth,
let it remind you of my endless love,
I truly care for you so very much.
My sweet Angel dove you truly
are so precious to me.
I love you and thank you
for all that you do
and just being you.

Michael P. McParland

Goodnight Kiss 18

Let us end this day my sweet one
and we'll slip into bed and each others arms
where we can share some goodnight kisses
for a little while sharing some
special time just being together
giving the sweetest kisses in each others arms
and for the time being that's good enough.
Just to be in bed next to you
holding each other is contentment enough.
Goodnight my sweet darling I love you so much.

Gently rest your head on my chest
as I pull you in tight and hear my heart beat,
it beats for you my lady so sweet.
Hear how it sings for you in clear tune
all of the most beautiful love songs that remind me of you.
As I take your hand to hold as well
feel peace and comfort knowing you're
loved in every way and in full,
I love you for you, I want Kira to be herself
because you're the woman I fell in love with
not somebody else, I have no expectations
my dear for you become something else.
So feel my arms around you with the sweet,
tender, passionate kisses I give
and listen for my voice as I say
Kira I love you you're truly the best.
You're my sweet Angel dove and with you
by my side I can finally in true peace rest.

I'll see you tonight in the majestic
and magic land of dreams where it will be
just you and me lying down on a blanket
among the moon and the stars being
ever enchanted by each other and their powerful magic.
We'll just hold each other and feel
whole once again as we hold each other so close,
feeling peaceful content as we watch
the show of the moon and stars

and while we talk away interupted
by sweet kisses for each other along the way.
Tonight my sweet lady hand in hand
and in each others arms we'll recieve comfort
in the magical and majestic land of dreams.
I pray that so soon it will be reality.

So I say goodnight my sweet lady with this deep kiss,
now let's slip into bed and end this day
together holding each other snuggling to forget our daily stress.
Let's just gaze at each other while we talk
along about all of the things that we want,
sharing what ever may be on our minds at the moment,
as we just cuddle and spend quality time together.
That's all I want my sweet lady is to be in your presence
holding each other feeling you close and hearing your voice,
exactly how I want to begin every day and end every night
being with my lady and Angel who feels so very right.
I just want to be with my lady every day and each night
because I love you my Angel you are my Queen and soul mate,
you are my best friend whom I share a bond with that cannot break.
I want to be with you for all eternity as your mate.
Goodnight my sweet Angel and I send you this kiss,
have the sweetest of dreams and I'll see you there.

Michael P. McParland

Sweet Evening Kisses

Sending sweet evening kisses to you
my sweet dear I adore in every way.
With massive hugs as well
I send them all to give you my love,
help you to feel at peace tonight
knowing that my heart is always yours
and that I'm thinking of you
wishing I could hold you close
giving these sweet kisses one to one
so we could bask in the glow of their warmth.
Instead though dear I send them
endlessly to you for now
so you'll know I'm here and that you're loved
and when we're finally reunited
I'll smother you in deep kisses of true relief
and epic love unleashed.
We'll make up for all the time we've lost.

So for now sweet love I send you evening kisses
along with hugs to give you comfort,
feel my arms as they wrap around you
my sweet precious beautiful woman.
You're so dearly loved I truly hope you know
and with these evening kisses
be filled with all my spirits loving warmth.
If it weren't for you I'd have died so long ago,
you've kept me going giving a reason for me to live.
I thank you dear and can't wait to tell you so,
for now though the evening hugs and kisses must suffice
remember darling I love you deeply because
compared to all the rest you're worth twice as much as them.
You truly are a diamond in the rough
so beautiful in every way without a doubt.

Michael P. McParland

To Hold You

To hold you now would be bliss,
to just have you in my arms
feeling your loving warmth
and giving all of mine in return,
feeling our hearts heal
and our souls glow as we
just sat snuggling in each others arms.
To hold you now would be heaven on earth,
having my Angel wrapped in my arms
would be a blessing so righteously good.

To just hold you and look into
those precious Angelic eyes
then give you sweet kisses
is what I live for and pray,
to be close to my loved one
and give you my all.
To treat my Queen as the treasure she is
and stand by your side fighting for
and defending through whatever may come.
To be able to hold you forever
is my greatest dream.
For eternity to have my sweet lady with me.

To just be able to sit and hold you
is what I crave because you'd be near me,
I truly just want to spend time with you
my sweet precious lady.
Seeing you smile and your beautiful eyes sparkle,
to kiss your lips in passionate bliss,
to have you pressed against me sharing
loving warmth in pure reassurance.
To hold you close and share everything
about our entire lives.
These are the things I so deeply want,
I long to hold you sweet lady
because I love you so much
and I can't think of anything better
than forever spending time with my only Angel

and beautiful special lady.

Michael P. McParland

Taking Your Hands 3

Taking your soft precious hands
into mine I look in your eyes
to say Kira I love you
not just yesterday and today
but for all time,
I will always love you my sweet Angel bride.
You are a beautiful woman and light up my life,
you help me get through the tough days.
You are the lady whom I admiringly gaze
I'll love you always Kira through eternities days.

Taking your sweet soft hands in mine
I then pull you in to give you a kiss
and hold you for a long time
whispering in your ear
that I'll hold you for all time
and that you're not alone
because Kira I love you
and you are my only one.

Michael P. McParland

Love Note 259

Thoughts of you
keep me going and
pushing me through
these awful blues.
You are my northern star
and you light my path
giving me hope
that there is a brighter future
with you and me
in each others arms.
I can feel all of your love
and it keeps me cozy and warm.
You are a miracle my dear one,
I can't wait to hold you
and thank you over and over again
expressing my gratitude
and explaining everything
that you have done.
You help me along more than you know
and I am so thankful
my sweet Angel dove.
I love you so very much
and I hope you realize
the depths of which it flows,
you truly are the Angel
I want and adore.
You are everything
I'll ever want and need.
I love you sweet darling
it is for you that my heart continues to beat.

Michael P. McParland

My Hero, My Soul Mate, My Best Friend

You are my hero, my soul mate,
my true and loyal best friend,
I will remain faithful to you
without an end.
You help guide me through the dark times,
I could always reach out
when my mind was troubled for your great help.
You are the Angel I love and I adore you
without a doubt because in my eyes you are perfect.

I truly love and admire you
for just who you are,
I wouldn't change anything I want you
with your faults and perfections in full.
You are my Angel and sweet jewel so cool,
Kira you are amazing and I am smitten with you.
You are my hero, my soul mate,
my loyal and trusted best friend.
You're a diamond in the rough
I admire and cherish to no end.

I am honored by your love
and how you care for me.
I always wonder how I could be so lucky.
To find a woman like you and gain
your loving admiration too.
How does a plain man get the attention
of a true Queen and Angel?
I am so proud and honored that you love me,
you are so beautiful and you always amaze me.
You are my hero, my soul mate,
my Angel and best friend,
I so deeply love you and that will never end.

Michael P. McParland

Beautiful Kira So Good

Beautiful Kira my best friend so cool
I wish I was able right now to talk to you
and express my deep love in full.
Show you my heart and reveal my soul,
then just pull you in to hold you close.
A time to snuggle so we can both let it out,
all of our tears in relief and sheding the sad,
I want to give you pure comfort and give you myself.
Beautiful Kira you are my best friend.

Beautiful Kira I want to give you my all,
you are so very special and the one I adore,
oh my sweet Kira my life is yours if you want me I'm here.
You'll never again be alone because I'll never leave you,
and if you're worried I'm mad I assure you I'm not.
Beautiful Kira you're a pure diamond in the rough,
beautiful Kira you're the Angel I want.
I want to talk and work all things out,
have the words of my Angel before me again.

Beautiful Kira I wish I could hold you and stroke your hair,
we could lie down in comfort and feel reassured.
Talk so very softly while you rest your head on my chest
and be wrapped up so tight while we feel at peace.
I'd give anything sweet darling to be with you,
to show you right now my whole heart and soul,
to say I love you beautiful Kira and I always will,
you are my soul mate and I truly care for you
in every way that there is.
Beautiful Kira I want to hold you and fill you with cheer.

Michael P. McParland

I Love You So Much 6

I love you so much and I feel so lost,
I just want to talk and hold you close.
See your smile that gives me light,
look in your eyes that pierce right
through me seeing my heart and soul.
Things I want to share with you.
I miss you dear and want you here,
I love you so much and need you near.
I want to talk to you and just
have us pour out our hearts and souls,
to say I love you Kira you're all I want.

I truly love you so very much
because I see in you all that's good.
I admire you and feel a sacred bond,
I miss you dear and long to talk.
I know we can work things out,
I want to be with you for all time.
I love you Kira and hope you'll be mine,
you truly are so beautiful
and you're my best friend I so adore.
I love you so much and want for you to be my wife.

Michael P. McParland

Morning Note 111

Good morning my sweet darling
I pray you slept well
and had the sweetest of dreams
also feeling my arms as they
were around you
giving all of my loving warmth.
Sweet kisses and hugs to you
on this early summer morning my dear.

I've not yet slept as I
only lay here in bed
through the night,
so I'll be resting a bit longer
and how I wish you were here
to hold through the morning
hours to feel comfort and peace,
be with my Angel
healing your heart as well
in loves blanket of truth.
I will be holding you in
spirit my dear
giving sweet kisses
holding your hand
and saying I love you sweet one.
You are truly the one
who matters most and
I will fight for and defend.
You are my Angel, my Queen,
and true best friend.

I'll be by your side
through the day
taking your hand in mine
holding you close
watching over you
and letting you know
you are loved and not alone,
you'll never be alone
ever again because

I am your forever man
through it all.
Just close your eyes
and see my loving looks
and smile only for you,
feel the suns warmth as it
delivers my caring love.
I'll never stop loving you
my only one.
You are a true blessing
my sweet Angel dove
and I love you with my everything
and all that I am.
You are a special lady
and so wonderful to me.
You give me hope and warmth
and I thank you so much for that,
I thank you for being you
and all of your love.
Nothing in heaven or on earth
can ever beat that.

Michael P. McParland

Longing To Be Closer

I long to be closer to you in every way.
To be in my life and be in my arms,
to spend endless amounts of time.
To be with my Angel so full of charm,
I long to be closer to my precious Queen.
To know you deeper in every way,
I want to give you everything.

I'm longing to be closer and look upon you,
see your sweet smile as my life brightens,
to look in your eyes and drown in their beauty.
I'm longing to be closer to the woman I believe in.
I want to be with you and help you
forgetting your painful past.
Help you to know you are loved deeply
and will never again be alone,
to show I am dedicated to my true only one.
I so long to be close to you.
I love you sweet Kira my Angel so true.

I long to be closer and make us both feel safe
giving each other our deep endless strength,
sharing our warmth as we stand by our sides.
Hand in hand for all time with my Angel bride,
I want you to know you are the one that counts most,
you are the one that I want to be with for life
both in this one and the next eternal state.
I love you sweet Kira and I long for this fate.
You are an Angel so beautiful and pure,
I long to be with you and feel your bright glow.
I long to be closer to my sweet Angel dove,
I love you Kira and want to forever be close to you.

Michael P. McParland

You're So Beautiful 10

You're so truly beautiful in every way there is.
I deeply treasure you in full my dear
because you mean so much to me.
You're everything a man could ever want
and everything I will ever need.
Kira you are beautiful and the Angel
I so adore my precious Queen.

You're so very beautiful you captured
my heart right at the very start.
I knew your heart was pure
as your soul shone through so very bright,
you've always made me feel so good
and smile because you're so full of light.
Kira you are beautiful and I love you more
each passing day and night.
No matter what you think you are beautiful
and I know that you are a special soul
who is a gift from God.

Others have mistreated you
and taken you for granted,
I want to help you see past them
and remember all your worth.
You are such a precious soul
and woman so very bright and beautiful
I want to spend all time and space
hand in hand right by your side.
I love you Kira because in every way
inside and out you are beautiful
and I treasure that.
You're so beautiful without a single doubt.

You're so very beautiful and I see all the good,
I want to be with you and celebrate our lives.
There is no other soul I want to spend my time,
you are the special one I give myself
because I trust you in your good.
I know you love me just as much

and treasure me as well.
I'm not a handsome man but you love me as I am,
I'm so grateful for you my beautiful girl
and I love you complete and full.
I know you are the one for me because
my heart can see all your good and feels you're pure.
Kira you are beautiful and I love you
my sweet Angel dove.

Michael P. McParland

Love Note 258

Sweet woman you truly are
a rare precious jewel,
a diamond in the rough
that I treasure through.
You are so beautiful
and I adore you too,
you're so adorable
I just want to hold you.
With endless kisses
and infinite love
I send you all of my warmth
my sweet Angel dove.
You are amazing
and my whole universe.
I love you sweet Kira
come be with me
and together spend our lives.

Michael P. McParland

Feel My Touch 2

Feel my touch as I reach out
and caress your cheek as I pull you in.
Looking in your eyes so very deep
I say I love you dear with just a look
then kiss you passionately with all my soul.
Feel my touch and be reassured
that I'm right there with you my dear.
Know it in your heart that I'll
not leave you all alone.

Feel my touch and be filled with warmth,
be filled with the joy of all my love,
feel and see my smile as you put it there.
I love you dear and I always will,
I treasure you just as you are.
Feel my touch as I hold you near.

Forever dear I'll be right there with you,
hand in hand right by your side
I walk with you and will defend.
Forever giving my all and everything,
feel my touch as I caress your cheek
and pull you in for a tight hug and precious kiss.
Then look in your eyes and say
I love you my sweet Queen you are the best.

Michael P. McParland

Sweet Massive Kisses And Hugs

Sweet massive kisses and hugs
I send to you my sweet Angel dove
as I lay here resting this afternooon.
I thank you for the loving
peace you have sent me
you truly give me endless serenity.
Sweet massive kisses and hugs to you my sweet one
I love you endlessly my only one.

Michael P. McParland

Needing You Tonight

I'm needing you tonight
my sweet Angel of light.
I need your comfort and love
to help bring me peace
and calm my shaky nerves.
Only my Angel can give
me the comfort and calm that I need.
Please my sweet darling come hold me tight.

Come rest your head on my chest
while I pull you in
and together we'll snuggle
and feel calm in our love so strong.
I need you here to feel
at peace and as one.
I want to be with you my only one,
I want to hold you so tight
and feel your arms around me just as much.
To comfort each other is the
need and dream I long to have with my true lover.
I need you sweet lady you are my sweet Angel.

I need you sweet lady
because I want to have you near,
my nerves are on edge
and I fear you're mad at me.
I just need reassurance
from these anxiety attacks.
I just want to hold you close
and let it all out.
I want to hear your sweet voice
as you tell me your tales.
I need you sweet lady
please hear my true call.
I love you immensely
and want to help you as well.
I'm in need of you my sweet lady
because you are my Angel
and true loving best friend.

I'll always love and want you
to no end.

Michael P. McParland

Under The Covers 11

Let's slip under the covers
sweet woman and cuddle together
sharing the warmth and love we so treasure.
Let's slip away into a world
we've created and hide from
the outside talking, laughing and kissing,
Let me hide my face in your shoulder
for the shortest of whiles
to feel safe in love you provide me.
Then we can just talk for hours
before we sleep in pure comfort.
Come my sweet lady and join me under the covers.

I want to spend time with you
and I pray you're not mad at me
I just want to be with my precious lady
sharing evertything that we hold and carry.
I want to hold you and snuggle
feeling so cozy hiding with you
safely under the covers.
Rest your head on my chest
and we can talk in pure trust in the quiet.
Come my sweet lady and snuggle
with me softly talking and kissing
as true lovers as we've needed.
I want to be with you my sweet Angel and lady.

Let's snuggle and nuzzle so
close my sweet love and feel
the tender loving bond that we share.
Just smile and cherish the
time that we have treasuring
that sacred love that we feel.
Let's slip under the covers
into a world we've created
and snuggle tonight talking,
laughing, kissing, sharing everything
that we hold and carry.
I love you sweet lady and want

to be with you forever.
Come and let's snuggle being
with each other happily ever after.

Michael P. McParland

Goodnight My Sweet Darling Kira My Angel

Goodnight my sweet darling
and beautiful Angel so true.
Come join me in bed and let me hold you,
end this weekend of longing and need
just snuggling together
and passionately kissing.
Sharing our love and feeling complete,
let's be together and feel total peace.
I love you sweet darling
and want you here with me.

Goodnight my sweet darling
feel all my loving and caring warmth,
I send it to you with kisses and hugs.
All through the night I'll
be holding you tight in my arms.
Giving sweet kisses and holding your hand,
saying I love you sweet Kira
will you be mine?
I want to be with you for all time,
you are my soul mate and Angel
no other will do.
I love you sweet darling I want you to know.

I'll see you tonight in the land of dreams
by our rushing river under our tree,
on a blanket we'll lay holding each other
while talking and laughing sharing kisses of passion,
gazing into each others eyes
as we lie there holding each other
feeling closer than ever as we
just bask in the glow of the love
we share and are feeling.
I'll hold you tonight my sweet Angel of light
ever so tight in our sweet dreams of delight.
I pray so soon this will be
our reality because we need it so.
To hold my love is a dream so bold and bright,
I love you sweet lady my Queen so good and right.

Goodnight my sweet darling I'm with you always,
you are the Angel I long for all of my days.
My heart is yours a gift I give freely,
I want you to have it because you are so great.
You are my hero and only best friend
I'll love you always through to no end.
I'll be holding you tightly and forever be true,
I'll always fight for you and be beside to,
I'll never leave you because I love you so.
Goodnight my sweet Kira I will always be yours.

Michael P. McParland

Love Note 257

Sitting here thinking
of my only one.
Your memory helps keep
my nervousness down,
whenever I am anxious
and I feel a panic attack
I think of good times with you
and all the love that we share.
Even if it does not defeat
this state in whole
it helps make things tolerable
and pass things much smoother.
I think of you my sweet Angel
and even in this state
you make me smile.
I'm sending you deep
passionate kisses with a tight hug.
You are amazing and I love you so much.
I hope soon you'll be here
to truly hold and thank.

Michael P. McParland

Sweet Sunday Kisses

Sweet kisses to you my sweet lady
on this summer late Sunday afternoon.
My heart and prayers are with you as ever,
I'm holding you tight in true love in spirit
whispering my love in your ear
so you'll always know it.
Sweet kisses to you my sweet lady
I love you so deeply.

Sweet Sunday kisses to my
sweet lady so fair.
I love you so much and wish you were here,
to just hold and spend time with
feeling closer each moment.
I know our time will be precious
and full of such wonders.
I pray to God it will arrive soon,
I long so deeply to have my sweet lady.
To bask in the glow of a mighty Angel,
to be with my soul mate I so admire.

Sweet Sunday kisses to the woman I love,
yes it's you Kira and I always will.
I deeply adore you and treasure you dear,
you are a gift and true miracle
I am so happy for.
I knew I wanted you when I first met you,
you are my Angel and I want to marry you.
Sweet Sunday kisses to you my sweet darling
I love you immensely and nothing will change that.

Michael P. McParland

I've Never Stopped Loving You

I've never stopped loving you
and I never will.
You are so very special
and mean everything my dear.
You are forever in my heart
which you also hold,
my soul is yours
because you make it glow.
I've never stopped loving you
and I never will.
Kira you're amazing and a sweet pure Angel.

When I look upon you
all I see is pure good.
When I see you smile
I see a beautiful world,
when you look at me with
those pure looks of love
I know that there truly is
no better or greater love.
I am the luckiest man in the world,
I've always loved you
and I always will.

I've never stopped loving you Kira
because you are the best,
you are my Queen and my Angel
having you as my one is the greatest.
I loved you then and I love you now,
I'll love you forever my delicate flower.
You are my best friend and a beautiful woman,
I love you sweet lady
and ask for your hand forever in marriage.
There is noone I'd rather be with forever and ever.

Michael P. McParland

I Want To Hold You Close

I want to hold you close
and be with only you.
I love you very much
and want to spend my life
with you my Angel bride so true.
I want to hold you close
and forever be by your side.

Hand in hand with my beautiful woman
everyday for all eternity.
Nothing could be better
because you are the sweetest dreams.
I love you precious Kira
and I want you to marry me.
I want to hold you close for all eternity,
I want to spend my entire life
making you proud and happy.
I want to hold you close
and forever feel peace and true serenity.

I want to hold you close
and give you the sweetest kiss,
look you in the eyes and see you smile
as I tell you you're the best,
say sweet Kira I truly love you
and I would die for you if needed.
You are so very beautiful
in every way there is,
most importantly in heart and soul
where it really counts.
I just want to hold you close
and feel your perfect love.

I want to hold you so very close
because I love you deeply so,
you are my everything
and you are my universe.
I want to be with you for all of time
because you are the greatest girl.

I want to hold you close
so you'll know you're loved and not alone.
I want to hold you close
because I love and need you too.
I want to hold you close
because you're my best friend
and I want us both to heal.
I just want to hold you close
because I love you through and through.

Michael P. McParland

Tenderness For You

Tenderness is all I feel for you,
tenderness in love because you are a jewel,
tenderness in heart because I love you true.
Tenderness is all I feel and want for you,
I love you my sweet Kira and in pure tender touch.
Tenderness is all I feel with my epic love,
I feel no sense of anger just tender caring love.

Tenderness in my forever love
is all I have for my only one.
You are an Angel in my eyes
and I want to have you in my arms.
I want to heal both our hearts
through soft and tender love.
Tenderness is what's in my soul for you,
you are my true and only love.
Tenderness eternal for my sweet Angel dove.

Tenderness and endless care
are what are here for you my precious dear,
I just want you to know you
are my everything.
I hold such tenderness and want
you in my life.
You are a beautiful precious woman
so full of good and life.
I have such tender love for you
if you could only see.
I love you Kira my precious one
I'm filled with tender care.
When you are ready dear
I'll forever be right here to give you
all the tender love I'll ever have to spare.

Michael P. McParland

Love Note 256

I love you sweet one
and you hold my heart.
It will always be yours
because you are my Angel so bright.
I'm holding you close
and always by you.
I love you sweet Kira
I'm holding you so tight.
I truly am with you always
and want you to be here
right by my side.

Michael P. McParland

Love Note 255

Sweet one sweet kisses to you
I truly love and miss you.
I hope you are well
and have had a great day.
I've been holding you tight
as I've been lying here.
I've not been well
and have been trying to get better
I've bee been sending
you my prayers and sweet love
my dear one.
I love you immensely
and I'm holding you tight,
I'm with you always sweet Kira
no matter what.

Michael P. McParland

Feeling You 3

Still so very tired and not feeling well
but I can feel you near and it feels so good.
I can feel your arms around me
and I can smell your skin and hair.
It warms me through and through
knowing you love me to and feeling you here.
I just you were here in person
so I could look upon you once again
and see each other smiling lovingly
and I could look in your eyes and say
I love you Kira you're my everything.

Lying here in bed resting
and I can feel you here with me,
in each others arms so very lovingly,
in spirit sweet kisses I am sending.
I miss you dear and so deeply wish that you were here.
Please my sweet one soon talk to me,
I know you can feel my love as I feel yours.
Let's work this out so we can soon
hold each other for real without
anymore fears, worries, or doubts.
I love you babe let's talk things out.
I can feel you near and our love is strong
we deserve our time to be as one,
to be together with our loving bond so strong.

Lying here still quite tired and not feeling well
but I can feel you near and it helps me so,
in your arms is truly where I want to be.
It's where I'm at home and can be as I am,
we love each other for who we are
and I treasure you in every way.
I can feel you near and it feels good,
I truly long to have you in my arms for real.
You're all I want and all I need,
I love you Kira you are my precious Angel Queen.

Michael P. McParland

Life Without You

I miss you dear, my only one,
life without you is far less fun.
Our talks and jokes,
just spending time with you
was what made life worth it all
and with you gone it's all
so boring and sad as hell.
I miss you dear because I love you so.
Life without you is so very blue.

Life without you feels so empty
and seems so bleak without my Angel
I hold so dear and is my light.
You hold my heart and you are my one,
I love you truly my hero and best friend.
Life without you hurts and feels
like a pure struggle to no end.
I love you babe and I always will.
A life without you I cannot stand,
please sweet lady hear my call
and we'll take each others hands.

I want to spend all time with you
walking hand in hand feeling warmth
within the love we share,
knowing that what we hold is pure truth,
knowing that the one I love
truly loves me too.
Life without you here feels so very cold,
I know you love me dear and that's
why I want you close to hold and kiss.
I love you babe you are the one I deeply miss,
nothing else could ever take your place.
Life without you Kira feels like a waste,
I love you more each and every day.

Michael P. McParland

Hold You Near

I'd give anything to have you here
and be able to hold you near,
just have you in my arms
and next to me surrounded by
your endless beautiful charms.
I'd give anything to hold you near
and be able to whisper I love you dear
so very soft and full of care
within in your precious ear.

I just want to hold you near
and know that all is right within the world,
I want to hold you close
giving us both such endless peace.
I want you here with me
where I can hold you near
while we lie in bed and ignore the world.
Finally take the time that we deserve
and you can rest your head on my chest
while I just wrap you tight
and pull you close and tell you
everything is alright.

Forevermore I want to hold you near
and have the only one I love
right here within my accepting arms,
show you your worth as a great Queen,
to show you're loved in every way.
I want to hold you near
and tell you how much you mean to me,
lie here in bed and be at peace
as we close our eyes and talk as we drift in and out.
I love you Kira my sweet Angel dove
and I want you here within my arms.
When you're here I'll hold you close
and I'll never again let you go.

Michael P. McParland

Morning Note 110

Good morning sweet dear
and many kisses to you,
having woken from a
very long needed sleep
I want to say first
I love you so truly deep.
I wish you were here
to hold for a while
before I totally got up
and moving around
so we could both
bask in the glow of
true accepting love.
I miss you sweet Kira
my sweet Angel dove.

As I lay here a bit longer
I'll be holding you tight
in spirit and mind.
I love you sweet darling
and want you forever
to be in my life and arms.
You are my Angel
and light of my life.
I'll be sending you kiss
all day morning and night.
As I rest a bit more
I am holding you love
ever so tight.
Come join me soon
my only one.
Life won't be complete
until we're in each others arms.

Michael P. McParland

Sweet Kisses To You My Sweet One

Sweet kisses to you my sweet woman
so lovely and fair
I send you sweet kisses
for a bright sunny day,
to show that I love you deeply in every way.
You truly are my sweet Angel Queen.

Sweet kisses to you my sweet lady so fair
I wish I was with you to hold you near,
to pull you in and tell you everything
is alright as I stroke your hair,
reassure all's good because I'm
always right by your side and I'll never leave.
Sweet kisses to you and in my arms
I pray to God he'll will it soon.
I love you sweet Kira my precious jewel.

Sweet kisses to you forever my dear,
I hope you know your meaning and worth to me.
You are amazing and my greatest dreams
and I know that you're theonly one for me.
I can never look upon or love another
because you are my Angel and Gods gift from heaven.
I love you sweet lady and send you sweet kisses,
hand in hand always I am right there with you.

Michael P. McParland

Longing Fiercely Tonight

Lying here sleepless in bed once again
longing and aching for my sweet one.
Dreaming of those sweet kisses
while holding you among the moon and stars.
I can feel your arms around me
just as tight as mine are around you.
I see your smile so sweet and very kind,
looking into your eyes I show you my soul
for I have nothing I want to hide.
I give you myself in every way
because I love you so deeply.
Then with a deep passionate kiss
I pull you in to just hold each other for a good while.
As I lay here in bed I share
this dream with you my sweet Angel Queen.

Lying here in bed fiercely aching
in want and need through my love for you
which is so pure and reachs to my very core.
I'm so deeply exhausted more
than anyone knows as I can tell are you
and I want you here where we can
both be at peace and be whole,
giving true solace and comfort
in the loving bond that we share,
a trye love of best friends
and soul mates so truly rare.
Lying here aching fiercely for you.

I love you babe and I always will,
this space beside is saved just for you.
I long always to have you with me,
to be by my Angel taking your hand.
May God bless you my sweet
and keep you safe feeling my love and his,
may he bless us both to soon
be together and rejoice in the love that we share.
May he always bless your tender heart
and please know how deeply I care.

I'm longing for you so fiercely
and want to be with you forevermore.
I love you sweet Kira I am your guy
and you are my girl.

Michael P. McParland

Kisses Among The Moon And Stars

Goodnight my sweet love and think of me
as you look to the moon and stars,
feel the strength of my love and see me smiling
as I'm sending you massive kisses and hugs.
I'll be watching over you as always
my sweet Angel dove.
Keeping you safe and warm in my loving arms,
before falling asleep see me up
with the moon and stars shining on you.

As you drift off hear my voice
as I say Kira I love you please come and join me,
together we'll meet in our dreams
in the most magical and majestic scene,
among the moon and the stars we'll
reunite in total joy feeling our love.
Sharing sweet kisses as we hold each other,
talking, laughing, and quietly sitting
as we just bask in the glow of each other.
Among the moon and the stars my sweet one
we'll spend tonight in each others arms.

Among the moon and the stars tonight
we'll share sweet passionate kisses of pure delight,
being fulfilled by our loving bond,
being with each other as we so deeply want.
Look to the stars my sweet one
and know that I'll be waiting there with a smile
ready to hold my lady ever so tight
and tell you I love you and miss you so much
and that I want and need you more than you know,
you are amazing my only one.
So tonight I will see you my Angel
and I'll pull you in with a tender yet firm hand
saying Kira I love you you're my everything.

Michael P. McParland

Kissing Your Lips

Kissing your soft luscious pink lips
is something I so dearly want.
To feel the passion flowing between us,
an energy built releasing at last.
A long dreamt of desire and gift
that we have both longed for and want.
I can't wait to show you my love
when with this kiss on your soft pink lips
I'll be giving you my heart, mind,
body and soul totally in full.
Kissing your soft pink passionate lips
will be a testament in its power
to all the truth that I hold.
I love you my darling
and it's only your sweet and soft
pink passionate lips I want to kiss.
Not another soul in heaven or on earth.

Michael P. McParland

A Quiet Night With Each Other

A quiet evening relaxing here,
gentle and tender thoughts of you fill my head,
my heart feels such loving warmth
for you my sweet dove.
A quiet evening here wanting to hold you,
to talk and share all that there is.
Both of us pouring out and listening
intently to learn more of the one
we've always wanted and needed.
A night of exquisite peace just you and me.

A quiet evening filled with desire,
desire to hold you and touch you,
give you sweet kisses filled with my hearts passion.
A quiet night to just be with one another
listening, learning, sharing, never being boring.
With you my sweet one not a dull moment has passed,
every one spent with you is electric
and filled with love and joy of truth.
A quiet night with you is all I want,
to just know tthat you're and you need me too.
An eternity of quiet nights I long
and desire to share with you.

A quiet evening peacefully dreaming
of being here with my Queen forever,
dreaming of endless quiet nights together.
Sharing closeness from our hearts
true and pure loving need and desire,
giving ourselves in full no matter the action
for we know we will always stand tall
and fight for each other.
I dream of these things and want
a quiet night in true peace with my Angel.
I love you sweet darling
you're my hearts true love and only desire.

Michael P. McParland

Sunny Afternoon Dreams

A bright sunny day so beautiful
in so many ways,
a nice breeze is steadily blowing
keeping the humidity at bay.
Such a wonderful day to sit
in the shade and have beautiful dreams.
Think of the Angel I love in every way,
send a prayer and sweet kisses her way.
Hope she knows that I love her
and care in every way.

So many dreams and so many truths,
so many things to share with you,
a sunny afternoon dreaming
of what I hope and know our future could bring.
Praying you know that I'm always here,
that you will always have faith that I'm by your side.
Dreaming of you making me smile.
A sunny afternoon I long to be holding you,
to share this sweet scene with my precious Queen.

Sunny afternoon dreams of my Angel Queen
sending my love and feeling yours strong and clean,
I remember the good times
and dream of those that will be new.
I dream of my lady and Kira that's you.
I long for that future and wait for you,
so we can spend every sunny afternoon living our dream.

Michael P. McParland

A Smile And Hug

Good morning sweet love
and to make it bright
I send you a big hug and smile
with kisses from my true heart.
I love you sweet darling
and want your day to go right.

A smile and hug for my only one
so you will feel all the love that I hold,
feel safe and secure knowing
I'll always be right by your side.
A smile and hug with kisses galore
for the only Angel I'll ever adore.

A smile and hug for you
my sweet Angel dove
I wish I could give you these kisses in person,
but know they are coming
forever always increasing.
Close your eyes when you need
so you can see me lovingly smiling,
looking upon you so adoring.
A smile and hug with deep kisses too,
God bless you my darling
I truly love you totally through.

Michael P. McParland

Lying In Bed (Thoughts Of You)

Lying in bed and not feeling well,
to help the time and queasiness pass
I think of you and your loving strength.
I even smile as I dream of yours,
and that perhaps I'm the reason you're wearing it.
You help my stomach and headache feel better,
thoughts of you and feeling your spirit.
I love you sweet lady you're my only Angel.

Lying in bed so tired and feeling not well,
thoughts of you keep it from being pure hell.
I can feel you holding me saying all is well,
that you are here to snuggle and make everything better.
I can feel you sweet one and the
knowledge and thoughts help make things better.
You help this sick feeling lighter and near fleeting,
I can feel your sweet love and I
pray you feel all of mine as it is flowing.

Thoughts of you my sweet darling
as I lay here in bed trying to feel better.
You help the time pass with your love
making everything so much easier.
You are my Angel and I truly love you
and as I close my eyes once again
all my precious thoughts will of my special lady.

Michael P. McParland

Comfort

Giving comfort to you my sweet one
as in spirit I'm holding you tight,
I'm there with you always just like tonight.
Pulling you in so very close
feel the warmth of my love as I give it to you,
feel peace and comfort as I tell you
I love you sweet one and I always will.
I'm never leaving and I'm not gone,
I'll by your side forever my only one.
You are my love and I want to be yours,
I'm holding you tight to give you comforts sweet light.

Feel my light touch so deep and tender
as I stroke your sweet cheek
dipping in to give you sweet kisses.
Kisses of comfort giving myself in sweet surrender,
feel me against you in loving comfort,
I'll hold you as tight and as long as you want me.
Feel true comfort knowing I'm always here for my lady,
feel comfort in knowing that without you
my heart is lonely in its wanting of you only.
Feel my touch of desire for my true woman
as I pull you in to comfort your aching.

Deep comfort I give you in reassurane
by tender words touch and feeling,
bareing my soul to my Angel so pure.
Feel strength and comfort as in spirit
I hold and kiss you giving peace and solace,
know that I'm not leaving and am always with you.
I give you comfort by giving my truth,
I love you sweet Kira and I always will.

Michael P. McParland

I Miss You Sweet One

I miss you sweet one of my heart and soul,
I miss talking to you so very much.
I miss feeling your smile as you spent time with me,
I miss you my sweet darling more than anything.
I miss knowing you're here to
reach out to in times of need.
I miss that you would reach out to me
so I could help you in every way that you need,
and I am still here no matter what or when
so please reach out to me.

I miss you sweet one and love you so much,
I miss those endless hours of open talk,
planning our future and showing all of ourselves,
I miss you sweet lady because you are the best.
I miss you my darling because my heart is yours,
I miss you because this bond is so true and strong
that it physically hurts even to be away from you.
I miss because what we share is true,
I miss you so deeply because you are my best friend.
I love you sweet Kira and miss you tons.

I miss you sweet one because you've touched my soul and heart,
I know that you care and you're not using me or fake,
I feel the great heart and spirit that equally wants give and take.
I only want you for the person you are,
with us together there's no shortage of love.
I miss you because you're so wonderful, because you are beautiful,
I miss you so deeply because you are my Angel.
I miss you because you are my sweet Kira
and I love you so deeply it hurts here without you.

Michael P. McParland

My Hand In Yours Always

My hand is in yours everyday,
right by your side I'll always be.
Standing by you giving all of my love,
fighting for you giving all that I have.
My hand in yours as I give my Queen
the infinite warmth in the love that I hold.

My hand is in yours as I take it up,
pulling you in I will hold you so close.
My hand is in yours because I give you myself,
my heart, my soul, and my life are all yours.
My hand in yours my sweet Angel dove,
my hand in yours and I want to be with you forevermore.

Michael P. McParland

A Sweet Kiss To The Angel I Miss

A sweet kiss to you my Angel so true,
I so deely love and miss you.
As I retire on this hot summer night
I still feel so cold
because I can't hold you tight.
Be wrapped in your arms having your love
right here surrounding us in loving warmth.
Giving comfort and peace ever so right.

A sweet kiss to you and a tight squeeze
in my arms to give you my love.
I'll see you and smile in my dreams tonight,
hold you so tight and know that is right.
Cry in relief as all pain and grief leave.
I hope that so soon that will be real too,
I miss you my Angel and am lost without you.
A sweet kiss my sweet lady my bed
and arms are so empty and longing for you.

A sweet kiss for my Angel I so deeply miss,
feel my heart calling in it's love and warmth,
be surrounded in its deep caring and wrap up
in its eternal security.
I love you my Angel and I'll always
be giving you sweet tender kisses.

Michael P. McParland

I Sleep All Day

I sleep here all day
to escape the pain and in hopes
of having a sweet dream of you
I sleep all day because I miss you so
and want to see you in some way.
So sleep I do to have a dream of you.

I slept all day yesterday from in evening
in full to just about an hour ago.
I prayed to dream of you and it happened too.
You called me on the phone and we talked
in endless love and fun.
It was so soul warming and my heart
was light in pure loves fancy.
That was just the start of that dream
I truly want.
Soon I'll return to sleep in hopes
I'll talk to you just like we used to do.

I slept for so very very long
from the exhaustion in my heart,
my body, my mind, and very soul.
It's there so very deep with aching need
for my one who helps ease the pain.
I slept and had that dream,
you came to my house and my heart burst
with pride and happiness.
We just smiled and spent time,
you helped me do many things that
I have needed in the loving care we share.
We just basked in each others glow
and finally all was right and I felt good.

I slept so long from so much
and to see you in my dreams.
I did and all was right and good,
I was happy there with you.
Then I had to wake and get up
feeling my heart once again break in full

missing, wanting, needing you.
A pain so deep I want to scream.
I'm so very tired from this world
and I miss you because I love you.
Soon I'll return to bed
so I can pray I'll see you again
where we'll spend time and hold each other.
I love you babe and pray you know
how much I do and want to be with you
and make all right so we'll be happy once again.

Michael P. McParland

Sunday Dreaming

A Sunday afternoon lying in bed,
I'm exhausted deeply in so many ways.
I dream of your smile to help get to sleep,
dreaming of seeing you and bein your sweet arms.
Hearing I love you and saying I love you too,
feeling your warmth surround me here.

A Sunday in bed spent dreaming of you,
how I miss you so much and hope to hear from you soon.
Dreaming of being right here together
tightly wrapped in each others arms,
feeling your heart as it beats next to me,
to be at peace as we're smiling.
A Sunday so tired spent here in my bed,
I love you babe you are all of my brightest dreams.

Michael P. McParland

Lay With Me

Lay with me please my dear,
I am so very tired and feel alone,
deeply sad in so many ways.
Most of all because I don't
have you to hold and talk to.
Lay with me dear and hold me near,
let me feel all of your love.

Please come lay with me
and together be in peace.
It's what we want,
it's what we need.
Come lay with me my dear
because I love you deep and want you here.

Michael P. McParland

The Language Of Music

The language of music is universal
and how it touches me so,
moving me in the deepest ways.
It can move mountains and clear the clouds.
Fill the heart and soul with joy,
help give that release you need.
Ah music my language, escape, and savior.
It's what helps me feel and touch the world,
a way to reach out and share,
show how I think and feel.
Sweet music of the soul how I adore you
you're the language that all can understand.
Sweet music you're what will save the world
because it is pure art from the very heart and soul.

Michael P. McParland

A Gentle Night Kiss

A gentle kiss I send to you
my heat and lifes true sweetness.
It's overflowing with loving warmth
to give you peace and total comfort.
I've not forgotten you and I'm always
thinking of you in one way or another.
A gentle kiss my sweet one I so dearly miss.

Gathering you up in my loving arms
I give you this gentle night kiss.
It says that I love you as not a word could,
it is to show you I want only you.
It is to reassure you that I'll never leave you
because I'm so devoted to my only Angel.
A gentle night kiss to soothe your aches.

A gentle kiss my sweet one on this night
and I am holding you ever so tight,
in my mind and my heart,
in spirit my arms so very tight.
Holding you close to chase away frights.
A gentle night kiss to the one that I miss,
I love you darling and you are the best.

Michael P. McParland

These Days Here

These days here are so long
and filled with aching need.
To hold you close and feel you here,
say I simply, deeply, love you dear.
I want to be with you forevermore
my sweet Angel dove.

These days here seem so very barren,
I often feel like crying
and come close to breaking.
Without you here to hold and talk too
there's a massive void that can't be filled.
You're my missing half and bright sun.
These days here without you
are so long and painful dear.

These days here my sweet Angel I want and need
are the loneliest and dull gray
without you here to be and play as
we always did and may.
These days here have but fleeting smiles
followed soon by this aching pain missing you.
Wishing you were here to share it all.
I'm missing you and my other half.
These days here sweet dear won't pass
until you come back with your light.

These days here sweet dear are filled
with dreams of you and me.
The happiness I know should be
as I hope and pray they'll still be.
I love you babe you are the one
who makes all right in the world.
I pray you see and feel my love
is so very deep and genuine.
You are amazing and these days here
mean nothing without my only one.

These days here sweet one,

what can I say?
They're so empty without you
and there's nothing that can fill that space,
nothing in exsistence can take your place
or make me forget and not think of you.
Kira you're a blessing it is true
and I completely love you.

Michael P. McParland

You're The One

You're the one that holds my heart,
you're as beautiful as the rising sun.
You fill me up with joyful love,
you're the one I keep on fighting for.
You're the one I'll stay true to forevermore,
you're the one that I adore.
You're the one I want so close.
I love you babe because you're the one for me
and without a doubt you matter most.

Michael P. McParland

Forever Close To You

To be close to you is what I want in every way,
in pure love and giving share myself with you.
Feeling closeness I don't want with anyone else,
to be close to you giving kisses pure.
To gaze in your eyes so we can see our souls,
closeness where our spirits touch and truth is known,
A special gift shared and given in true love.

For all eternity I want to be close to you,
hold your hand and forever be your man.
A lifetime by your side and much more,
I love you deeply and I always will.
To be near to you and share such wholesome closeness too
is something I want to give and share with only you.
I want to know your close no matter what,
be it at my side as in our days we run about,
or knowing that I can always cry
upon your shoulder as my rock,
closeness too because our hearts and souls
so crave and need that loving, accepting touch.
I want to know you're always near
and be able to hold you close to me.

Michael P. McParland

Sleepless Night

A sleepless night just lying here in bed,
holding back the tears any way I can.
I come so close to breaking down
just by the drop of a random hat,
I want to let it go but can't.
I miss my one and want her back,
in her arms I could let go and relax.

A sleepless night that stretches on and on,
this pain just deepens far and wide,
an empty pit that confirms the truth I've always known.
That without you I'll never love again
and I'll forever be alone.
I can't love another as I do my Angel,
a sleepless night to sit and ponder.
Will I see you once again?
Do you love me still my only one?
Will we have our chance to be hand in hand?
Will I have the chance to tell and show you all?

A sleepless night and I want you here,
to hold so close and feel you near.
Be surrounded in both our loving warmth,
knowing that I'm wanted and truly loved.
To share with you all I am,
everything I hold is all yours,
my world is open if you'll step through the door.
It's something I want to share with only you.
On this sleepless night so very long
I bask in tender thoughts of you.
I love my sweet Angel dove and want you
to forever be right by my side.
You my darling are my hope and pride.

Michael P. McParland

Thinking Of You 3

Sitting here on my own
thinking of you with a aching smile,
wondering how you are
and hoping that you're okay
feeling the sun and all my loving warmth.
Thinking of you and praying all is well.

Sitting here all by myself
thinking of all the times we had,
thinking of your precious eyes and smile.
I hope so soon I'll get to see them again
and feel all the lonely, longing,
aching pain melt away.
Thinking of you and know you're the one.

Just sitting here quite blue
in my deep need for you
and hoping you know I truly love you so,
wanting to just hold you in my arms
giving all of my love filling us with peace.
I so deeply miss you babe and want you here.
I'll be thinking of you always sweet one
because I love you more than anything.

Michael P. McParland

In Your Arms Tonight

Goodnight my sweet one
and I wish it would be spent
being held in your warm loving arms,
holding and feeling you close,
filled with pure peace in your sweet true love.
Knowing I'm safe and all is good,
to be in your arms and know that I'm loved.

To be in you arms
while I hold you too.
Smiling and sharing sweet kisses so pure,
telling you everything I've had to hold in,
pouring out everything that I've waited years.
To be in your loving arms is all I want,
to be accepted for just who I am.
Goodnight my sweet love
I'd give anything to spend it in your
kind loving arms.

No matter what I send you all of my loving warmth,
to wrap you in comforts of my true heart,
to give you full peace and extra strength,
so you'll know that I've not abandoned you
and I'll forever be here.
I love you my darling and hold you so dear.
I want to hold you in my arms stroking your hair
while I make you feel safe and loved.
I would give everything to spend my life with you.
My sweet Angel dove what are we to do?

Goodnight my true love and sleep well,
dream of us being in each others arms.
Surrounded in love knowing true bliss,
truly feeling safe at last.
We are best friends and true to each other,
we know we want to forever be as a couple.
I love you sweet one and miss you so much,
goodnight my sweet darling
I'm holding you tight within my loving arms and spirit.

Michael P. McParland

Fiercely Aching For You

Fiercely aching for you
and I don't know what to do.
I feel all alone without my one,
I'm homeless and unwanted not being in your arms.
I just lie here most the day long,
unable to read or write at all.
I don't enjoy my movies and hardly smile.
I'm fiercely aching for you
and don't know what to do.

Lying here fiercely aching
longing to hold you very close.
I feel so tired from this broken heart,
I just want to talk and laugh with my one,
hear and read her caring tender words.
I ache for you and I'm so lost
I don't know just what to do.
I'm so alone without my Angels songs,
please hear and feel my heart
as it calls for and to just you.
I'm fiercely aching without you here.

I hope and pray you'll return one day,
so very soon to take each other in our arms.
I love you deeply and I'm aching fiercely
without you to feel in many ways.
I'm all alone here in bed today,
my tears are flowing and my
love for you is ever growing.
I fiercely ache because I miss you babe
you truly are my everything.

Michael P. McParland

An Evening Kiss

An evening kiss to my sweet one
to say I love you my Angel,
as I pull you in close
looking into you perfect eyes
I say I love you sweet Kira
and give you a sweet tender kiss.
An evening symbol of my loving pride
and to fill you with warmth knowing I care.

An evening kiss to my sweet Angel dove,
I'm right there with you you're never alone.
I care for you deeply and will always protect you,
Oh my sweet Angel you are my everything.
A sweet evening kiss as I hold you so close,
oh my sweet lady I love you so much.

Michael P. McParland

Tender Touch

How divine it would be
to have you here as only mine,
to share a tender touch
surrounded in loves sweet song
knowing everything is good and right.
To share a tender touch with
my Angel of love and light.
That's how I want to spend my life.

To spend my life with you
both this one and the next
within your loving arms is all I want.
To share sweet kisses while
I see you smile and look in your eyes.
To eternally share a tender touch
with my best friend is a dream I long to share.
To be with you my Angel true.

I love you babe so very much it is true
and to feel your tender touch
would fulfill me too.
To be with you and share our love,
to be complete feeling utter peace.
A tender touch within each others arms,
that's all I want with is to be with my only one.

Michael P. McParland

Holding You Tight Today 3

Holding you ever so tight next to me
to feel each other close
and tell each other of our love,
bask in its beautiful eternal warmth,
to give each other peace and strength.
Holding you so tight today
to give my lady peace of mind and solace,
to reassure you that I'm always here
because I deeply love you.

Holding you so tight today
to spend time with my one.
To snuggle tight and get some rest
from our lonely aches and pains.
Holding you so very tight
to soothe our broken hearts,
to give my Angel all my love
because I deeply treasure you.
I love you babe and always will
I'm holding you so tight and close
everyday there is.

Michael P. McParland

Morning Note 109

Good morning sweet love
and I pray you slept well
feeling all of my love
and having sweet dreams.
I was right there holding you tight,
I love you so much
and for you I'll always fight.

Stay happy and smile
through this bright day,
feel the warmth of the sun
as it delivers my love.
Close your sweet eyes
and feel as I take your
dear hand within mine,
I truly adore you sweet one.
I'll be by your side
looking out for my ray of sun.
I'll be holding you close
so fear not a thing.

Have a good day
and know of my love.
Oh my sweet Angel
I truly love you
and I always will.

Michael P. McParland

Love Note 254

Sweet lady so beautiful
and divine,
each day you grow more lovely
and I love you more and more.

You are the Angel I desire
and my soul mate I admire.
Sweet sweet Kira you
are my everything
and I love you to no end.
I want to spend my life with you
and hold you in my arms.

Michael P. McParland

Beautiful Woman

Beautiful woman I truly
love and miss you so,
I hurt so very much I'm broken inside.
I long and ache for your tender touch,
to hold you in my arms so very close.
To softly kiss you and know
that everything's alright.

Beautiful woman I'm so heart broken
and want you here by my side,
to spend eternity with you hand in hand
talking, smiling, laughing,
seeing your sparkling eyes and bright smile.
Beautiful woman you are so divine.

Beautiful woman you fulfill me in every way,
for you my heart and soul sing,
you make me so very happy and chase away the rain,
I love you with all of my heart, mind,
body, and soul because you are so Angelic and cool.
Beautiful woman I love you for you
and want nothing more than to be with you forevermore
healing our broken hearts and soothing
our sensitive, kind, loving souls.

Michael P. McParland

Huge Hug And Kiss 3

A huge hug and kiss to you
my sweet sweet Angel so true.
A huge hug and kiss to you
with a long warm snuggle too.
To be at peace and comforted
feeling each other so very close.

A huge hug and kiss to you
so you'll know and feel my love,
so you'll feel safe knowing you're not alone.
To feel me there with you
as I always am sweet one.
A huge hug and kiss to you my one
because I truly love you so very much.
You are my sweet Angel dove
and only you will ever do.

Michael P. McParland

Love Note 253

As I go about this day
I think of you my sweet one
and I pray.
For your health and your happiness,
for you to know of my sincerity,
for you to know that
you're not alone and I am there with you
holding your hand saying I love you
and that I'll forever be here
and I'll never leave you
because I so deeply love you
and you are my eternal sweet Angel.
I love you Kira my sweet sweet
Queen and Angel,
for all eternity I will be with you
and hold you because you are so very special.
I love you dear Kira you're
my only one and I truly adore you.

Michael P. McParland

A Birthday Snuggle

I crave a birthday snuggle
here with precious you,
wrapped in your loving arms
no longer feeling blue.
A birthday snuggle with
my darling precious you.

A birthday snuggle spent
smiling with my darling you,
in each others arms feeling
warmth and knowing all was good.
A birthday snuggle spent with you.
I want to forever be with my only one.

I crave to be in each others arms forevermore
just smiling sharing kisses and our love
strengthening the bond we've always had and felt.
Especially today sweet one I long for
a beautiful birthday kiss and snuggle
because I truly love you so
and want to spend my life with you.

Michael P. McParland

Morning Note 108

Good morning my sweet precious love
with a deep passionate kiss to you,
to fill you with warmth and peace
of all my deep caring love.
May the sun shine so bright
upon you to have a good and beautiful day
feeling me by your side hand in hand
giving sweet kisses and also
holding you ever so tight
and caring in my arms.
I so deeply love and admire you.
You're my soul Angel and I
desire you in every way.
I want to forever spend eternity.

I love you sweet one
and here on my birthday
would love nothing more
than to talk to you.
Since you can't be here
I just want to at least see
your words as we type our
true deep love expressing
how we feel in full.
You are my everything sweet one.

My thoughts and prayers
will be with you
as they always are
as am I.
Feel me and my arms around you
my sweet Angel dove
I truly treasure you
and want you in my life forevermore.
You are my best friend and Angel,
I can think of nothing
better or more fulfilling
than forever being with you.

Michael P. McParland

Snuggle 28

Come my sweet lady in this late night
and let's snuggle away our lonely frights.
I have just woken from a long sleep
but want to lay down longer holding you
and feeling you next to me.

It's now my birthday and I want to be with you
sp come my sweet lady and we will snuggle.
I want to to hold you so close and so very tight,
I love you sweet Kira you're my only one.

Michael P. McParland

A Huge Hug 2

A huge hug to you my sweet one
to give us both comfort on this late afternoon,
as we approach evening I would love
to share dinner with you
and then a quiet night on the couch snuggling
watching the new movie I just got.
In each others arms sharing warmth
and some popcorn what could be better.
Not a thing my dear.

A huge hug my sweet sweet dear
so you'll know I'm here
and that for you I so deeply care.
Wrapping you up in my arms with a loving smile
and then with a great big kiss
I pull back to say Kira you're great,
I'm so thankful to have you as my fate.
I love you deeply my Angel sweet
and I want to be with you forever
walking hand in hand through eternities gate.
A huge hug to you my sweet dear
feel me there with you my sweet Queen
for through this whole day I night
it's you I'll be tightly holding.

Michael P. McParland

Love Note 252

As I'm about to go out
I just wanted to say
you truly are the best.
I'm by your side every day,
holding your hand
and kissing you tons and tons.
I'll be thinking of you
as I'm out and about,
I miss you sweet lady
and love you so much.

Michael P. McParland

My Beautiful Woman 2

My beautiful woman I crave so very much,
I long to hold you in my loving arms.
I long to kiss you long and oh so deep.
My beautiful woman I so long to be with you
and share all of my self through all this life,
to be with you into the next forever hand in hand.
My beautiful woman oh so bright you truly are
everything I'll ever need and want.

My beautiful woman so truly bold and bright,
I want you to be my forever Angel bride.
A soul and heart so beautiful and pure,
a glowing smile with precious glowing eyes that enrapture me.
My beautiful woman I long to be with you
and hold you close for all eternity.
My beautiful woman I adore
with each and every day that passes I love you more and more.
Oh my precious Kira you're so beautiful
and you truly are me very essence holding
dearly in your soft tender hands my heart and soul.
I love you Kira my sweet Angel dove.

Michael P. McParland

Sweet Kisses On My Birthday

It's my birthday tomorrow my Angel and true beauty,
and sweet kisses are so needed with
my one and only true and dear sweet lady,
I feel so very sad without you here
to hold and have right by my side to celebrate
and just be fulfilled knowing that
you are mine and you are here.

Sweet kisses with my lady true
are what I want on my birthday with only you,
I feel so sad and all alone I want to cry.
I want you here to hold and talk
on my special day that's now so blue and grey.
I want to share sweet kisses
on my special day with my special lady I adore.

It's my birthday tomorrow dear
and I'm so very sad that you're not here
to hold so close sharing sweet kisses dear,
I miss you love and I'm so sad that you're not here.
I love you dear and will spend my
birthday in bed if I can't talk to you.
I want you here to hold and to care for you my only one.

Michael P. McParland

Morning Note 107

A great big kiss to you
my sweet love to start
this day right by
saying I love you.
I'm always there with you
and I wish before
we get up and going
we could just continue
lying in bed snuggling.
I would finally feel better
and whole with you in my arms,
the most beautiful
and important woman in
my heart and soul
and as I lie here some more
I'll be dreaming of you
sending all of my loving warmth.
Billions of kisses to you
my sweet one to help
you feel me as you wake up on this morning.
The whole day through
I'll be sweetly holding you
saying Kira I love you.
I so wish that here
on this morning I
could just lie here and snuggle with you.
I love you sweet Kira
my sweet Queen and Angel.

Michael P. McParland

Great Big Kiss 2

A great big kiss sweet one I send to you.
A great big kiss filled with warmth and love,
one to show you I am there
and that you're not alone because I love you.
A great big kiss to my Angel Queen
and a tight hug to feel me close with all my care.
I love you deeply my sweet Angel dove
and to you a great big kiss full of tender care,
a passionate kiss for my precious beautiful one.

Michael P. McParland

Dreaming Of You 8

As I lay here nursing my headache
and feeling sad longing for you
I dream of us holding each other
being in comfort and smiling too.
I'm dreaming of you to help the day,
you are my Angel and I love you more everyday.

I can feel all of your love
and it helps me so much,
you are the medicine that keeps me upright.
As I lay here to cure my headache
I dream of you my beautiful one
and it helps me relax so things will pass.
I'm dreaming of holding you so very close.

As I lay here nursing my aching head
I'm listening to classical music
and dreaming of precious you.
Holding each other and kissing so sweetly,
I love you dear Kira and I pray so soon
these dreams will become sweet reality.
You are my Angel and I desire
the happiest future forever spent together.

Michael P. McParland

Snuggle On A Sad Day

Feeling so very sad and lonely today
I wish you were here to snuggle it away,
I want you here just to hold
so the blues would go away.
Being near you makes me happy
because I care about and love.
It's a sad day and I want to snuggle
it away with my precious lady
I adore in every way.

Michael P. McParland

Morning Note 106

Good morning my sweet
precious Kira.
I've finally risen from a long slumber
and before I do anything
I wanted to tell you
good morning sweet one
and I so deeply love you.
I just want to hold you close
and tell you you're amazing,
give you a kiss and end your crying.
I love you sweet Kira you are my everything.

Have a beautiful day
and remember I'm right there
with you every step of the way.
My hand in yours to give
you endless strength.
I'm pulling you in for the tightest hug,
I am smiling at you in pure tender love,
my heart calls to you my precious one.
I'm with you Kira
and I love you so much.

Michael P. McParland

As I Nap

You are so dear to me
and I want to have you close to me.
Wrapped in my arms feeling pure love,
pure warmth and peace surrounding us.
My beautiful woman and me holding each other
as we just sit together listening
to an interesting audiobook that we've both picked.
This is what I dream of as I am napping.
Ocassionaly opening our eyes to look at each other,
then share a sweet kiss and a smile.
Then sit back again you wrapped in my arms
resting your head between my shoulder and chest.
This is what I dream of as I lay here and nap.
Holding my sweet one I love so much,
enjoying something we both wanted and picked.

Michael P. McParland

I Miss You 12

I miss you sweet lady
and I hurt so very bad.
I just want to hold you close
and give of myself.
I am yours for eternity
and I just want to help you,
I desire to heal your broken heart.
I want to give you my love
and feel all of yours
because we share such a special bond.

I miss you sweet lady
and I'm hurting bad.
I want you to hold me of course
but more importantly
and above everything else
I want to just hold you close
and stroke your beautiful hair
while you pour out all that you need.
I want to be there for you
and show you are loved
because you are an Angel
and deserve unconditional love
given freely the most.

I miss you sweet lady
and I love you so much.
I ache for you fiercely
and want to hold you so close.

Michael P. McParland

Morning Note 105

Good morning sweet love
and how I wish I could
lay here on this morn
and cuddle with you
my sweet Angel dove.
Just pass the time
with my love in my arms
giving sweet kisses
and relaxing wrapped
in each others sweet loving arms.
Being at peace
in our own little world.
How I wish I could
just lay in bed this morn
with you my beautiful one
wrapped up in my arms.
I love you so much
and that is the dream
I'm working toward
so soon in reality
I'll be holding you close
saying Kira I love you,
you're so truly wonderful
and I'm thankful to be holding you.
You are my Angel
and I've never been happier
because you are here
and I feel completed.
You are amazing and
I am so honored to
have you as my lady.

Michael P. McParland

Sweet Love 7

Oh my sweet love I long for you,
to feel your sweet spirit as I hold you,
to look in your eyes as I tell you all,
as I break down my walls one by one.
Sweet love I long to have you here in my arms.

Sweet love my sweet love I have such tenderness for you,
I only have warmth in my soul for my sweet one,
you are amazing and so beautiful in full,
I would do anything for you.
I would give up my life for just one day
to be with you in bliss as my bride.
Oh my sweet love I treasure you in full.

Sweet love my Angel hear my hearts call,
it's filled with that special love only for you,
you keep it beating in hope,
the chance to be with my love keeps me moving along.
Oh my dear sweet one if you only knew,
I cherish you deeply and purely it is true.
Oh my dear sweet one I want you as you.

Sweet love so wonderful and so truly cool,
there isn't anyone that compares to you,
you're an Angel so true and a blessing I know,
I thank God always for the gift that you are.
Oh my sweet one I love you so much
I will wait my whole life just for you and into the next.
You are everything I need and want.

Michael P. McParland

Night Time Kisses

Let's go to bed my sweet dear
and close this day in our arms
sharing the sweetest and most passionate
night time kisses.
Full of true love and desire
the sweetest kisses are best.

Come my sweet dear and we'll retire this day
slide into bed and hold each other so near.
I'll stroke your hair and softly caress your cheek
as we then share some night time kisses
to seal the day in the happiest way.
A way to feel closer in love and home,
home is in each others arms.

Sweet night time kisses in your loving arms
are what I need most my sweet one.
To be close to you and knowing you're there
is true soothing medicine to my soul.
To just cuddle and feel you next to me
while we lie there and talk sharing our all,
partaking in kisses that mend the heart.
Sweet passionate kisses at night with my only love,
I crave that sweet time with my only one.

So my sweet one let's go to bed
and enjoy each other as we always did.
To just snuggle and nuzzle while we
share sweet conversation,
adding in our sweet passionate kisses,
these are the things dreams are made of
and we are so in need of.
Healing our hearts being with each other,
I want to hold you and softly kiss you all over.
Just have you in my arms as we drift off
to sleep so deep and peaceful.
Come my sweet lady and join me.

As I now lie down I'll be dreaming

of you my sweet precious lady
and sharing the sweet most passionate kisses.
You are my dreams and the one I truly need
I love you so deeply and I want to show thee.
So feel these kisses I send to you
and may they fill you with warmth and peace,
I'll be praying to God to make it soon for you and me.
I crave these kisses with my sweet Angel dove,
you are what makes my life worth living for.

Michael P. McParland

Goodnight My Dear Angel 2

Goodnight my dear Angel
I send many sweet kisses to you.
Come and let's cuddle
I just want to be with you.
Spend the night in each others arms
wrapped in peace safe from the worlds harm.
With your head upon my chest
we'll just talk and drift.
Goodnight my dear Angel
please come and talk so soon.
We will share a beautiful life
so full of loving care.

I'll have my arms wrapped around you
holding you so close and tight,
feel all the comfort of my love and warmth.
My hand in yours giving sweet kisses,
sharing a closeness never
to be understood by any others.
I'll be by your side the whole night through,
oh my sweet darling I'll never abandon you.
You are my Angel and northern star,
I'd give my whole life to see you smile.
You're everything I want and admire.

Tonight my sweet Angel I'll see you
in the land of beautiful dreams,
you and me lying down on a blanket
gazing at the stars,
gazing at each other into our
wide open and honest soul revealing eyes.
Giving our truths and our love
smiled upon by the moon.
Snuggling and kissing,
such a beautiful dream,
so soon my sweet lady let's make it real.

Goodnight my dear Angel
and God bless your precious heart and soul,

two of the purest things ever known.
I'll be right there with you
through all space and time.
I will hold you so close and defend my Queen,
you are the greatest and my precious soul mate,
best of all through our bond you're my
truest and greatest best friend.
I love you sweet lady and I always will,
goodnight my dear Angel eternity will be ours.

Michael P. McParland

Holding You Tight Tonight 3

Holding you ever so tight
in spirit tonight.
I so long and wish you were here
so I could closely pull you in.
So in spirit I take you
so we can both be filled with comfort.
Knowing there's true loving warmth between us,
that we are true soul mates
and there's a lasting bond between us.
I'm holding you tight my sweet one
just as I am every night.

Holding you tight because you need peace,
I want to assure you that I am here,
I love you so much and want to be with you.
Holding you close helps to heal things,
I long for your touch and to be near.
I love you sweet lady and need you.
I'm holding you tight because I so deeply feel it.
You're my beautiful Queen and I want you to know it.

Feel my loving arms around you
and the sweet kisses I send you.
I'm wrapping you up so we can both
be in comfort and feel good.
I wish we could talk and laugh as we used to,
you are amazing and you make me happy.
I'm holding you tight so you'll know
just how deeply I treasure and cherish thee.
I don't want to let go because
I love you so much and I feel so lost without you.
I'm holding you tight my sweet one
so feel all the love and the strength that I give you.
I'll forever be yours because I adore you so
and I'll never leave you sweet one
I promise I'll never let go.

Michael P. McParland

My Darling Dear 2

My darling dear
I so deeply miss you.
You're all I need to be fulfilled,
your love gives me light,
it gives me hope.
You are everything right in the world.

My darling dear
I want to hold you.
To stroke your hair
and share tender words.
To give you my all through our whole lives,
to be by your side holding your hand
into and through the next.
To share everything with you
because you're simply the best.

My darling dear
my heart is yours.
It beats continually for your great love,
I want you forever because I hold you dear.
You are perfect in my eyes sweet one so pure,
I love you deeply and I love you mad.
Oh my dear darling you're all that I want.

Michael P. McParland

Angel

Angel of my heart,
Angel of my soul,
Angel of my whole life
I truly love you so.

My true and only Angel
I deeply adore you so,
I want to spend my life with you.
For all eternity I
will be your mate.
You are my best friend
and everything.
My Angel so truly great.

Angel you truly are magnificent
and I want to hold you close,
tell and show you all my love
and share my life with you.
Angel I will give you everything
because I hold you dear.
Oh my darling Angel
I want to have you here.

Angel of my heart,
Angel of my soul,
Angel of my everything
I've always loved you deeply
and through eternity I always will.

Michael P. McParland

Love Note 251

Thinking of you my sweet one
and sending sweet kisses
with loving warmth too.
You are amazing and
in so many ways help me.
I pray and thank God
for your sweet loving heart and spirit.
I would be so very lost
in full if you weren't
in my life.
Your loving strength
helps get me through so much strife.
I'm also always here for you
and right by your side.
I want to be the hero
you look to forever.
I love you sweet lady
and will forever give all.
You are my Angel
and you are my one.
I'll love you forever
and want you as my wife.
You are everything
I love and admire,
you my sweet Kira are whom I desire.
No other will ever
be able to replace you.
Please my sweet lady
come so soon and
we will forever be happy.
I want and need you
because I treasure you deeply.

Michael P. McParland

Warmth In My Heart

There's nothing but warmth
in my heart for you.
Nothing but accepting love it is true.
Warmth envelops me in every way
when I think of you no matter when.
You are amazing and I love you deep,
all I feel for my one is warmth
from my head to my feet.

Pure warmth in my soul for beautiful you,
a smile of joy in the presence of you,
a true warmth that cannot be equaled.
A true warmth of my heart and soul
given by my best friend and Angel.
Pure warmth in the love I feel for you.

Pure loving warmth I send solely to you,
warmth for the want and need that burns in my soul.
You are a blessing I'm so thankful for,
I'm filled with warmth knowing you love mee too.
I love you sweet Kira and through all time
as it goes I'll feel the deepest warmth
in the true and pure flame in me that burns for you.

Michael P. McParland

You Are Beautiful It's True

You are beautiful no matter what you believe,
you are beautiful and it all means so much to me.
You are an Angel I am in awe of and admire,
I love you deeply oh my Queen because
in every single way there is you're beautiful to me.
You are beautiful sweet Kira and that's the honest truth.

You have the sweetest brightest smile I've known,
deep and sparkling eyes in which I drown and enrapture.
A beautiful heart and soul through our bond
I so deeply feel and in many ways know.
I long to know you better oh my one
and spend eternity learning too,
for we are ever changing but
my love remains constant through and through.
You are so very beautiful and I treasure you.

You are so truly beautiful and you take my breath away,
I can feel you and your love
even so far away it makes me want to cry.
Out of joy, out of sorrow from our seperation,
out of awe that I have such a gift,
and out of need to have you here.
You are so truly beautiful my Angel held so dear,
I ask for you to talk to me and find our happiness once again.
I want to spend all time with you because
I love you and you're everything I want.
You are so very beautiful and I need the light you bring.

Michael P. McParland

Morning Note 104

Good morning sweet love
and I hope the sun rises on you
and fills you immediately
with my love and warmth.
I wish I was there
to cuddle with you
before in full the day must start.
To begin it in the warmth
and content that we share in our love.
Oh my sweet lady I would hold
you so snug.
Just kiss you and tell you
I love you so much.

I'll be right beside you
and hold your sweet hand,
soothe you with love
and tenderness I hold inside.
I will be with you always
filled with endless love and deep pride.
I'll never leave you sweet lady
I'm yours for all time.
God bless you sweet lady
and have a great day,
my thoughts and my prayers
as am I are with you all the way.

Michael P. McParland

Sweet One 6

Sweet one you are my Angel
and I love you dearly.
I want you here to hold and to touch,
I need you close and I need you soon.
Life is so sad without you here.

Sweet one you are amazing my only soul mate,
I long for eternity with you a beautiful fate.
You hold my heart and my soul sings to you,
I love you sweet one and ache deep for you.

Michael P. McParland

Night Note 100

Hello my sweet love
I pray you now sleep well
and feel all of the love
and warmth I'm sending you.
I'm sorry sweet love
for disappearing yesterday
I fell back asleep
and woke up not long ago.
I feel so awful and
want to cry for the pain
and worry I caused you.
Forgive me sweet one.
I so truly adore you.

I think of you always
and am right by your side,
you never need worry about losing me.
Hand in hand through
eternity I'm always yours.
I love you sweet Kira
and want to hold you so close.

Michael P. McParland

Love Note 250

On this tired afternoon
I send many passionate kisses to you.
To fill you with paece and warmth,
to assure you of my endless love.
Feel true security as I wrap my arms
tightly around.

I love you my lady you're my only one,
for all eternity I'll
be holding your hand and stick by your side.

Michael P. McParland

Tired Day (Cuddling With You)

I'm still so very tired
on this day my sweet one
and would love to spend
it in bed wrapped in each others warm arms.
Drifting in and out of
a concious state feeling peace
and comfort as we enjoyed
this epic fate.
A life time together in happiness,
be4ing fulfilled with our true loves and soul mates.
I love you sweet one and wish
I could spend this tired day
cuddling in each others loving excepting arms.

Michael P. McParland

Morning Note 103

Good morning sweet one
I love you tons.
I slept so very long
and of us had a beautiful dream.
I long for you
more each day that comes.
Oh my sweet darling
I you are the best.
I wish I could cuddle
with you and for a bit
longer rest.
With you in my arms
all the saddness and stress
would disappear and calm woud set in.
I love you Kira
my Angel supreme.
Have a great day
I'll be holding your hand.

Michael P. McParland

Love Note 249

As I drift off on this noon
I send these sweet loving
kisses of passion to you.
I miss you so very bad,
I ache inside needing your
soft loving words to soothe and calm
filling me with peace
as you hold me in your accepting arms.
I love you sweet lady
and all of your charm.
I want to take care
of you too because you
are everything I care about and hold dear.
I love you sweet Kira
and send zillions of sweet kisses to you.

Michael P. McParland

Exhausted 8

I'm so very exhausted sweet one
and now I must turn in
for a good bit of rest.
I'm in much need of deep sleep
for I'm about to collapse and pass out.
Sweet darling will you hold me
so very tight for sweet comfort
as I drift off and recharge?
Hold me all the while so I can
feel your sweet arms around me in spirit?
I love you sweet Kira and
I hope you will join me as I sleep for awhile,
I want and need you no matter what I'm doing.
You are so very important, my Angel, and my everything.
I'll be dreaming as always
of us holding each other and kissing,
as well hoping that maybe when I awaken
you will have written.
I love you sweet Kira I'll love you for all eternity,
only you my sweet Queen and Angel.

Michael P. McParland

Under The Covers 10

Come now sweet lady and let's
crawl together under the covers
and hide beneath them snuggling.
Escape into our own world we've created
and just relax with each other,
look into our eyes and just smile
as we communicate our sweet love
without speaking a word.
Then share some kisses before we again
tightly embrace just snuggling
and talking as we drift off to sleep.
Come now sweet one and with the biggest smiles
crawl under the the covers to just snuggle and nuzzle.
The perfect way to get some needed sleep
is within my sweet Angels arms.
You bring me peace and comfort with your loving charms.

Michael P. McParland

Pure Love 2

Pure love in my heart and soul for you,
true love to my core it is true.
I want to hold for all time only you,
no other person will ever do.
I feel pure loving desire to have you near,
just to enjoy you as you are
because you are a wonderful special woman
in my wide open loving eyes.
It's only you my sweet lady true.

Pure and true love in the bond that we share,
I feel connected to you deeply in so many ways.
When you are not near or talking to me
my heart aches with a loneliness so very deep,
Pure need from love is just how I feel,
I always want to be there by your side.
To support and encourage each other
through our whole lives.
To always feel safe and have peace
in the love that we share and give.
To know that we'll never feel remotely alone
because we are with the one that we love.
Pure love and duty to you in my whole heart and soul,
my dear sweet Kira I only want you.

Michael P. McParland

Morning Note 102

A bright and sunny
good morning to you
my sweet Angel dove.
With a kiss and a hug
may God bless your heart
and soul and your whole day,
I asked him to help the sun
shine so bright on my
sweet Angel of love and light,
to fill you with warmth
and reassure you of my endless love.
Feel my hand in yours as
I pull you in and wrap
my arms around you
whispering ever so gently
and caring I love you Kira
and I'm never leaving,
you'll never face life alone
so please do stop worrying.
I'll be by your side through eternity,
you are my everything and my
wonderful best friend and Queen.
I would never intentionally harm thee.
Your heart is so precious
and your soul is so righteous.
To see you in pain causes me
heartache and sadness.
I want you to be happy
through all time and distance.
I am your man
and I'm here to help and support you.

Have a wonderful day
and know that I'm smiling for you,
no matter what I'll
continue working and fighting
through all the hard times
for me and you.
I want for our dream to be realized,

you are a miracle and
the only woman I have eyes for.
To have your hand and be with you
is worth all the struggles
because you are magnificent
and worth more than all the worlds riches.
I love you Kira
and I so deeply promise
that I will stick with you
because you are the Angel
I forever want to be with.

Michael P. McParland

Snuggle 27

Let's snuggle my Angel
and sleep peaceful and happy,
we're both so very lonely
and inside deeply hurting.
We miss and need each other,
I so badly long to hold you.
To nuzzle while I just hold you closely
being in total comfort and serenity.
I love you sweet lady let's snuggle
and pass the night with each other.

Let's just slide under the covers
as I'll turn the air conditioner
to maximum to cool the house down
so we can get warm with each other
and be ever so close under the covers.
I so badly want and need to be with you
snuggling and kissing feeling you.
I want you my darling because I truly love you,
let us slip under the cover and snuggle
deeply warming each other.

I don't want to snuggle only tonight
but all eternity with you in my arms
and I within yours,
both so kind, loving, and fully accepting
only you will ever be the woman I dream of.
I love you fully and will never reject you
for you are my Angel I share a bond with,
I truly treasure you so very deeply
and without any limits I truly love you
so come and let's snuggle and get lost in each other.

Michael P. McParland

Late Night Kisses

Late night kisses with you
would be the most wonderful
thing to share with you.
To wind down the night in each others arms
as we relax sharing sweet passionate
kisses straight from our souls and hearts.
I long for the nights when we're
no longer apart and can share
this beautiful gift with each other forever.

Late night kisses with my only lady
will be the perfect way to calm down
the stresses and nerves before bed.
sitting together relaxing and snuggling
as we do some reading or watching TV.
All the while sharing the sweetes most loving
kisses filled with true love to last the ages.
I crave your kisses my lady
because they will be the most pure and delicious.
Late night sweet kisses to wash away
all of the days frustrations and stresses.

Oh my fair lady I pray that so soon
we will be able to have these sweet kisses,
spending each day with each other
and closing each night giving ourselves to each other.
Relaxing and resting while tightly snuggling,
I'll look in your eyes to say
Kira I love you and for you I am so very grateful,
I thank God everyday for bringing you to me,
and I thank you sweet woman for loving me.
It's the greatest gift I can concieve.
Then I'll caress your check as I
lean in and kiss you with infinite passion.
Late night kisses with you my sweet darling
are best when shared with an Angel
and you are my Angel eternal
my Kira and love so very beautiful.

Michael P. McParland

Quiet Evening Dreaming Of You

A quiet evening here at home
and I'm dreaming of you
and all of the things I'd like us to do.
To just sit and talk or take a walk,
hold each other so tight
and just cuddle away this summer night.
Anything with you would do
because you are my Angel
and it's heaven being with you.

A quiet evening dreaming of you
wishing you were here
or at least on here talking and laughing,
sharing our day and everything
just like we used to.
I miss you sweet one and I want you here,
you are everything I love and hold dear.
You are the Angel my heart aches for in need.

A quiet evening sitting here at home
dreaming of you and so sad you're so far.
Please hear my call and please hear my plea,
I want you eternally here with me.
I love and admire you to no end,
I treasure and cherish you just like a man should.
You are my soul mate and eternal best friend,
oh my sweet Kira you're everything
I'll ever want and need.

Michael P. McParland

Taking Your Hand

Taking your hand to feel your support
and to show you mine in return,
fill you with warmth to reassure you
that I am here and there to always help you out,
help you to know you are not alone
and I love you deeply everyday more and more.
Kira my Angel God bless your heart and soul.

Taking your hand to feel you so near,
you are a miracle my beautiful dear,
when I'm feeling lonely or shuned by the world
I think of you and reach out and feel all your love.
You are so sweet and I thank you so much,
I take your hand to pull you in for the tightest of hugs,
I send you sweet kisses to give you a smile,
feel all my strength may it give you peace,
I take your hand and it gives it to me.
I love you sweet lady your my Angel Queen
I'll stick by your side through eternity
have faith in me.

Michael P. McParland

Have Faith In Me 2

Have faith in me always sweet one
because my love for you is so deep and true,
I've always loved you and I always will,
I will stick by your side always
through thick and thin.
I'll never leave you because your are my one,
I will be here forever no matter what,
I'm commited to you my dear one,
you are my soul mate and true best friend.
My love and admiration for you has not an end.
I love you sweet lady so keep faith in me,
I'll be by your side forever hand in hand.
I love yove you my darling and I always will.

Michael P. McParland

Sweet One 5

Sweet one my heart is with you,
it aches and it calls just for you.
You are my love and diamond so true.
You are the only one I love it is true.
I miss you so much and I crave your presence,
I want you here to hold and kiss forever.
I treasure you deeply and cherish you completely,
sweet one I want to be with you for all eternity.

Sweet one you truly are so very beautiful,
I am in awe of your epic beauty.
A smile so bright and eyes so imense and deep,
your soul is amazing and your heart so
lovingly big and deep.
Your awesomeness often in joy makes me weep.
I'm honored and amazed to have your love,
I want to marry you and forever be yours.
By your side hand in hand I will
with great pride and diligence be your sole man.

Sweet Kira my one and only true love
I offer myself and my life just for you
my sweet Angel dove.
I love you immensely and I treasure you dear,
I want you sweet Kira as my bride and my Quenn
forever and ever because you are so pure.

Michael P. McParland

Morning Note 101

Good morning sweet love
and a kiss to start this day,
to say that I love you
eternaly my sweet Angel Queen.
You are my all and everything,
the most beautiful woman
I've ever known.
I want you here by my side
in my life forever sweet one.
Nothingelse can fulfill me
but your sweet tender love.
My sweet datrling Kira
you're a diamond and Angel so rare.

I'll be with you always
right by your side,
hand in hand to protect,
love and fulfill my Angel bride.
I pray that so soon
you'll be here in my arms.
I want to hold you
through all space and time.

May the sun shine upon you
and will my love
fill you and warm you.
Until we are once again together
close your sweet eyes
and remember my warm
and tender loving looks and smile.
I adore you sweet one
and I want to always be with you.
I love you sweet Kira
you're all I've ever wanted,
reach out so sweetly
and I'll take your hand.
I love you sweet woman
and you I'll never abandon.

Michael P. McParland

Goodnight My Sweet Angel 3

Goodnight my sweet Angel
and a million kisses and hugs to you.
Let us end this day with a snuggle
and kisses to feel the warmth that we share.
To feel the closeness of our souls
as we drift off in each others arms
knowing all is right in the world
when we are together hand in hand.
Goodnight my sweet Angel
come join me in bed.

I'll be holding you ever so tight
through the entire night
holding your hand as well,
to fill you with peace and give comfort
in body and spirit totally.
To reassure you I love you so deep
and I won't ever leave you my lady sweet.
I'll see you also in the land of dreams
where I'll hold you and kiss you
while we talk all along.
So soon my sweet lady
let's make our future right now.
I love you so much and want you here.

Goodnight my sweet Angel
come let me wrap you up in my arms
so we can snuggle and nuzzle the whole night long.
To end everyday and start each one as well
in your arms will be heaven on earth
with my only Queen.
My sweet Angel dove you're such a dream.
I love you eternally and I love you deeply
goodnight my sweet Angel
I can so strongly feel thee.

Michael P. McParland

Sweet Night Time Kisses

Night time kisses to you my sweet love
to fill you with calm so you'll
know of my love and that I am right there.
I love you so much and want you
to know that you are the greatest
and my only one.

Sweet night time kisses to you my sweet one,
I love you sweet Kira my Angel
and I always will.

Michael P. McParland

Love Note 248

Sweet one so true
I deeply love you
in all of your splendor
and thank you for all that you do.
Sweet one so true
you're so very special
and I adore you.
You're everything
I'll ever need
my sweet Angel Queen.
Sweet one so true
I give my whole life to you
because I love you
so deeply and completely through,
I will always give
my best and everything
just for you.

Michael P. McParland

I Miss You 11

I miss you sweet love so very much.
I miss your sweet words
that made my heart jump.
I miss your sweet looks that
fulfilled my whole world.
I miss your sweet smile
that could light up the world.
I miss your deep eyes
that sparkled so bright.
I miss your pure heart
which bathed me in warmth.
I miss your sweet spirit
which kept my spirit glowing.
I miss you in total
because you are my sweet Angel.

I miss you Kira you're so very special.
You're my northern star
and you help guide me with love.
You're so understanding
when you choose to be.
You treat me like a good person
and human something so rare and a treat.
I miss you sweet lady
because you're magic to me.
I miss you my woman
because I so deeply love thee.

Michael P. McParland

Talk To Me Please

Please talk to me my sweet lady
so we can reconnect and begin
our journey to full recovery,
begin the life we have dreamed of together
being hand in hand forever
holding each other sharing
sweet kisses of endless passion.
Talk to me please my sweet darling
and begin the process of our broken hearts healing.
It is so badly needed and can only
be done through speaking.

Talk to me please my sweet darling
so everyday I can tell you I love you,
not have to write in this indirect way.
Please let me be able to write it
and say it directly to you everyday.
Talk to me please so I can show you
how deeply I feel everything.
I love you so much and need your words,
you are everything I want and need.
Please my sweet darling talk to me.

Write to me here as you have before done
and let us talk that way sweet one.
I miss our long talks and sweet jokes,
sharing our dreams while laughing and crying.
Learning so much of the ones we so loved,
I miss hearing from you and how your day's gone.
I miss sharing my life with my sweet one,
I miss everything about us except our dumb fights.
I know we can overcome them sweet one
because we are dedicated and have done so before.
Talk to me please and let's find our way.
I'm so lonely and miserable without my Angel Queen.

Talk to me please and spend everyday,
it's my birthday this month and I want
to talk it away with my sweet lady.

It will be heartbroken and sad if
I don't hear from you.
Just one to lay in bed crying while blue.
Please talk to me my lady fair and find our way through.
I love you so much and miss you too.

Talk to me please I love you so much,
your soul is so pure and your heart is so good.
You're the most beautiful woman
I have ever known and ever will.
You are everything I've ever wanted
and I need you my sweet one.
I want to be with you always and be there for you.
You are amazing and I want to show you,
I treasure and cherish just who you are.
I love you so much and just want to tell you.
So talk to me please and see my sincerity,
I truly love you sweet Kira so please do talk to me.

Michael P. McParland

Sweet Kisses A Million

Sweet kisses a million to you my sweet one
to cover you in my love and fill you with warmth.
Sweeet kisses a million to my sweet Angel dove,
sweet kisses a million because you mean so very much.
Sweet kisses a million to my Angel so true.
Sweet kisses a million because I deeply love you.

Sweet kisses a million to you my sweet dove,
sweet kisses a million for eternity my love.
Sweet kisses a million because I love you,
sweet kisses a million because I want to marry you,
sweet kisses a million because you are my everything.
Sweet kisses a million to my soul mate
because I love you and you're my greatest best friend.
Sweet kisses a million to Kira because
she's the greatest and I love her to no end.

Michael P. McParland

Holding You Tight Always

Holding you tight always my one
because I truly love you so much,
you are everything I need and want
and I want to assure you that you're not alone.
To fill you with love and endless warmth,
to give us both peace in the love that we share.
I'll hold you tight always because I truly care.

I'm holding you toght giving sweet kisses as well,
feel them upon you and my voice in your ears.
As I reassure you I love you and I'm always here,
that you are so beautiful and are oh so dear.
Feel my hand slip inside yours as
I take it in mine to feel closer in support.
I'm holding you tight love as I do always,
I'll not ever let go because I love you so dearly.

I love you sweet Kira and am holding you always,
I don't want to let go and be with you forever,
you are my soul mate and only best friend.
Life without you is alarming and scary my one.
I'm holding you tight to help both of us through it,
you mean everything and I want to support you.
I'm always holding you ever so tightly
so feel my arms now and sink into me.
I'm never leaving and I'll always be there for you.
I love you sweet Kira you're so dear and charming.

Michael P. McParland

Morning Note 100

Good morning sweet love
I love and miss you so much,
I spent yesterday sleeping
and dreaming of you.
I can hold you non stop
and talk giving sweet kisses non stop.
So I stay there as long
as I can and I want.
I pray so soon to have
you like that.
I love you sweet lady
you're my only one.

Feel me so strongly
as I'm there by your side.
As I've said never worry
sweet one I'm not leaving at all,
I'll stick by your side forevermore
because I love you in full.
You are the only one
my heart sings for.
You are the Angel
I so long and yearn for.
Hand in hand all the way
you're in my arms for sure.

Have a beautiful day
my sweet one and feel
the sun shine upon you
as it delievers my love and warmth,
close your sweet eyes
and see my smile and loving eyes.
Never forget that
you are my one,
I choose you my sweet lady
because no other can do.
You are so special
and beautiful in my eyes.
I love you sweet Kira

you are my true best friend
and Angel Queen.
You're never alone
because I'm by your side.

Michael P. McParland

Love Note 247

On this long day of rest
I dream of you my sweet one
and wish you were here
to hold very close and kiss.
I can feel you so close
in spirit though my love
and it helps calm me down,
I love you so much
and thank you for all of your love.
Feel my hand within yours
and my arms wrapped tightly around.
As I again close my eyes
I send these sweet kisses
to fill you with warmth.
I love you sweet Kira
I'm with you always and forever.

Michael P. McParland

Love Note 246

You are my Angel of light
you fill me with love,
I thank God everyday
he sent you from above.
You are amazing
a beauty in full.
Kira I love you
you truly are incredible.

Michael P. McParland

So Deeply Tired

I'm so deeply tired my love
will you come join me as
I lie down for sleep once again?
Cuddle and snuggle in total love
feeling pure peace and comfort in each others arms.
Come join me sweet lady so
I can hold you so close and we
can rest in happiness at last.
Feel the contentment of each others touch.

I'm so deeply tired and long for your touch,
to just have you near would help me relax.
To have you by me would soothe me in full
giving my soul the security it needs.
Knowing your near and you love me
is all the comfort I need.
I'm so deeply tired my dear come lay with me.
I love you so much and desire
all of the peace that you bring.
You are my Angel and that means everything.

Michael P. McParland

Night Note 99

Lying in bed my sweet one
and wishing you were here in my arms,
just to hold and to kiss
stroking your hair as we
drift off to sleep.
A soothing dream of it's own
which I pray will come soon,
oh my sweet darling
I so want you to be with me for all time.
My sweet Angel dove holding me
as I tightly hold you,
the thought alone makes
me smile and warm.
The miracle of you
will amaze me forever I know.

I pray you are sleeping
so well with the sweetest of dreams,
feeling the power
of the loving warmth that I send
feeling my arms around you
hlding you tight.
I'm always with you no matter what.
So do be at peace
and know that I'm holding
your hand as I snuggle close,
you are the biggest reason
I still live and fight on
because I love you
with all that I am.
I'll never leave and
abandon the sweet Angel
of my sweetest dreams.
You my sweet Kira
are my everything
and I want to be with you
through eternity.

Michael P. McParland

Aching For You

Lying here alone in bed
and inside I'm aching very bad,
I long for you and want you here
to hold and feel you next to me.
To smell your hair and hear you breathe,
feel your heart beating next to me.
To sit and listen as you talk
just getting lost in your beautiful voice.
Enjoy the words and things you have to say.
I ache so very bad and want you here.

Lying here alone in bed wanting
and needing madly to have you near.
The usual releases just won't do.
Only you my dear can help get me through
because it's you I want and long for so very hard.
To have you here and feel your warmth,
to share sweet kisses as we drift off.
I ache so bad to see into your eyes
and say I love you babe I'll never leave.
Will you please marry me?
I ache so hard to have you here.

Lying here in bed like every night all alone
hoping, wishing, praying that you'll soon be here.
I need you dear because my love's sincere,
you complete me in so many ways.
I feel so lost without my Angel Queen,
I want you here to give you everything.
I want to be your man and protect and honor
a beautiful woman as a real man should.
I want to be your King and treat you like
the greatest Queen because you are to me.
I long and ache to feel you next to me,
I want to make you smile while I caress your cheek
looking in your eyes and softly speak
telling you that you are so great
and in my soul I know the truth that you're the best,
no other soul out there can beat you out.

You're my only love and lady without a doubt.

Lying here aching and wanting you so very bad
because you're my Angel and truly rad.
I'll never be able to put in words
just how deeply and intensely I feel for you.
You'll have to look into my eyes and see
the way that I react when you're around,
then you'll see the intense love and need I have for thee.
I want to help you understand and share myself,
gifts I cannot share with anybody else.
Only you my sweet soul mate.
You're my best friend and it feels so great,
each day my love for you grows more vast.
I long for you to be here with me.

I ache so bad because you are you
and in full I love that.
You're such a special woman so unique
and you aren't afraid to be just what you speak.
You are real with no ounce of fake,
I long and want to have your hand
because in every way you hold my heart
and I love you darling more and more as time goes on.
You truly are a sacred gift from God
and I know within my heart, my mind,
my body, and my soul that I'm meant to be
and better yet want to be with you forevermore.
I truly love you Kira and that's the score.

Michael P. McParland

Sweet One 4

Sweet one so truly rare and fine
please come so soon and forever be mine.
I long to hold you so tight
while we both cry from joy
as well as releasing our pain,
healing together as one.
Oh my sweet one you are my Queen,
an Angel from heaven and so sweet.
I'll love you forever sweet Kira of mine.

Sweet one you are a goddess in my eyes,
so very beautiful both ways,
your soul shines so bright with your great heart,
and a gorgeous face with a body that amazes.
You are so truly beautiful babe
I can just sit and admire you for endless hours.
Oh my dear sweet one in every way
you are truly my greatest desire.
I crave you for the person you are,
I love you so much I can hardly contain it.

Sweet sweet Kira I truly treasure you,
you're just so very special
I can't possibly begin to describe it,
no words have been invented to
give this pure loving passion justice.
It's just a powerful love so overwhelming,
Kira my dear it's of you I'm always dreaming
sending sweet tender kisses and words of passion,
you are my sweet one and I want you forever.
I love you sweet Kira my beautiful sweet woman.

Michael P. McParland

Beautiful Angel

Beautiful Kira my Angel very bright
as I look upon your picture
my soul longs so much to have you here
within my loving arms.
I need and want my Angel true
to hold and speak to you.
To share the things I hold inside
and share my world with you.
My beautiful Angel I'm so in love with you.

Beautiful Kira my soul and heart are yours,
I can feel you so very close
and need to speak to you.
You are a righteous woman who is so very good,
I want to spend my life with you
because you're so very cool.
In every single way there is I admire you,
oh Kira my beautiful Angel
if it were needed I would die for you.

Beautiful Kira so very bright and good
you truly are my Angel Queen
and I long to be with you.
I've loved you since we were very young
in my heart I knew that you were right,
I felt the truth within my soul that you were my only one.
I know and feel it now as strong
as I did then.
My beautiful Angel please come
spend all time walking hand in hand with me.

Michael P. McParland

All I Want Is You 2

All I want is you it is true,
you are amazing and I love you for you,
a beautiful woman through and through
I long and ache for you to be here.
The only one I'll ever truly love.
All I want is you because you're
a miracle and gift from God I so adore.
I love you Kira and all I want
forevermore is sweet, precious, beautiful you.

Michael P. McParland

Morning Note 99

Good morning sweet love
I hope your day is divine.
May it be as beautiful as you
my dear precious one.
May God bless your heart
and upon you the sun shine so bright.
I love you sweet woman
so good and right,
hand in hand all the way
I'm right by your side.
Feel my love and my warmth
as I hold you tight.
Remember my smile
and that you make it bright,
you are my lady
and that fills me with pride.
So remember I love you
and have a great day.
My thoughts and my prayers
are with you the entire way.

Michael P. McParland

Come Snuggle Close

Come snuggle close with me,
let me tell you all I feel.
Give my secrets up in full,
tell you everything you want to know.
In full love I give myself to you.
Come snuggle close and feel
my spirit talk to yours.

Come snuggle close so you
can tell me all about the things you hold.
The loves and angers through your time,
your wants and loves so we can enjoy
together hand in hand through all time.
Share with me what you want
so I can with my lady celebrate our loving bond.
Come snuggle close with me my only one.

Come snuggle close to feel the love
held so strong between you and me.
Just feel our hearts and souls
next to each other where they belong.
Talking and sharing all along,
rekindle everything we've lost through
distance, hurts and time.
Come my dear and snuggle close,
I love you deeply and want you most.

Michael P. McParland

Evening Note 64

Good evening sweet dove
I love you so much,
hand in hand I am
right by you all of the time.
Feel my arms wrap
around you for a tight hug.
I want to hold you forevermore.
You are my lady
so beautiful through,
all through my days
I think of you.
How are lifes will be
when we marry and have a family.
The cheer we will feel,
fulfillment surreal,
fighting together to bring
our dreams as we need.
Always together talking
and more.
We will fight for each other
as we always have.
Oh my sweet lady you are so grand.

So feel me there with you
as I always am,
giving sweet kisses
to my Angel Queen.
In your ear I am whispering
saying I love you so dear,
oh my sweet Kira
I want forever to be with you here.

Michael P. McParland

Goodnight My Sweet Joy

Goodnight my sweet joy
I love you so much.
Let us end this long day
and cuddle so tight before we
begin this new and long week.
Come snuggle and nuzzle sharing kisses as well,
I want to hold you so close
sharing sweet words of love as well.
Everyday with my true and only lover
is the dream which I always ask God for.
Goodnight and sweet dreams my sweet Queen
now let me cover you in sweet passion filled kisses.

Michael P. McParland

Pure Love In My Heart

In my heart I hold pure love for you,
a love so true my heart burns
in need and want so full.
I cannot think of others only you,
because it's you I want in pure love.
Only you my sweet Angel dove.

Pure love for my sweet Angel bride
for whom I'm filled with endless pride,
my heart bursts with want for you,
a need so deeply to be fulfilled.
Pure love I feel just for you,
oh my sweet darling I want to marry you.

In my heart sweet one I hold pure love
and I want us both to be satisfied.
It overflows with epic joy profound,
you are the Angel in whom great
rescue and elation I have found.
I respect and admire you to no end.
I love you sweet Kira and pure love
is all I'll ever feel for you my sweet one
to no end.

Michael P. McParland

Love Note 245

The wonder of you
I know is pure truth,
a wonderful woman
and miracle in heaven
and on earth.
A beautiful woman
I'm dedicted to.
The most amazing woman it's true.
I love you Kira
sweet one and I always will.
You are amazing
and I'll hold your hand
forevermore as your man.
I only want you because
you are the greatest
it is true.

Michael P. McParland

My Sweet Sweet Kira

Sweet sweet Kira so good and fine
I love you so much and want you
forever to be mine.
You are my Angel and Queen
and you mean everything to me.
You're all I want and need
because we share a bond where
your heart and soul speak to me.
Sweet sweet Kira with I want eternity,
I love you deeply and completely.
Kira my dear for you I give myself
in full with everything.
I love you sweet Kira my sweet Angel Queen.

Michael P. McParland

Needing You Badly

I love you so much
and I'm needing you bad.
I hurt so much and want you in my arms,
to hold and to talk pouring my soul.
Just spill it out to my best friend,
let my soulmate pull through this droll.
Give you sweet kisses and fall asleep,
get some good rest without nightmares
in my sweet Angels arms.
I love you so deeply and need you here,
Kira I want you forever my sweet Angel dove.

Michael P. McParland

Goodnight My Sweet Queen 2

Goodnight Kira my sweet Queen
please come cuddle with me,
the end of a long tiring day
and I long for my lady to forever stay.
I miss you so much and want you here,
to share the sweetest of kisses
and softest of words.
To each night pour my heart out to you.

I love you so much and will always hold you so tight,
I'm sending you warm hugs and kisses
to fill you with peace and warmth.
Be filled with contentment knowing I'm yours,
I'll never leave you or cheat on you dear,
you are the only woman my heart holds so dear.
It's only you my sweet Kira my whole being longs for,
it's only you I dream of and ache for.
I love you Kira my Angel so true.

Goodnight my sweet Queen now let's
close our eyes and meet in sweet dreams.
Hold each other so tight and laugh
as well as sheding the tears that we need.
Just hold each other so close
stopping our hearts bleeding and fill them with joy.
Come my sweet lady into my arms,
I will hold you till morning
then kiss you deeply to fill you with joy,
ass ure you that I love you and I'm always here.
I love you sweet Kira my only Queen,
you truly are so precious to me.

Michael P. McParland

Delicate

You are so delicate and fine my sweet one,
soft beautiful features with a kind heart.
Oh my sweet delicate one I love you so much,
my precious Queen you mean so much to me
and forever I want to hold thee.

A delicate soul so very pure and clean,
you mean everything to me.
I would do anything to make you happy,
show you your great worth,
shower you in kisses non stop and more.
Share myself in full giving
non stop my heart, mind, body, and soul.
Oh my delicate one I treasure you.

So delicately I want to hold you forevermore,
I cherish the beautiful woman you are,
so divinely kind, giving, and far more.
My sweet delicate Kira I love you so,
the most exquisite admirationfor a Queen I adore.
My delicate one I want to be with you
as long as we both shall live,
both in this life and the next.
My delicate Angel hear my hearts call.
It's only you I'll ever need and want.

Michael P. McParland

Fireworks Of Love

When I saw you and you saw me
a spark ignited fireworks of true love,
a bond grew so fast before we knew
now here we are tried and true.
If we just talk it through
we'll find the happiness to beat the blues.
Be in each others arms feeling pride
in all we say and do.
Fireworks of true love explode
because we're just so cool.

We explode in such awesome passion
because what we feel for each other
is in such rare exsistence and fashion.
We hold a deep connection that
gives true hope and life because we're soulmates,
best of all is that we're best friends
making all we feel that much better.
My sweet Kira our fireworks are
so much brighter than any others.
We are the most unique and beyond earthly comprehension,
we are a heavenly force to last forever.

Fireworks of true love between our souls
sweet one that can't be matched by anyone.
I love you immensely and I love you true
just as I know you love me too,
everytime I think of you or feel you near
that spark ignites and fireworks alight.
An eternity for us to burn lies await,
I love you Angel Kira and hope to spend
a blissful time with forever with my only one.

Michael P. McParland

Love Note 244

Good afternoon my sweet love
I have just arisen from bed
and thoughts of you were the
first thing in my head.
Sweet kisses to you to start this day.

As I head out the door
to spend a little more
time with my nephews before they go
remember I truly love you so
and I will with you
in spirit too holding
on so very tight to you
my sweet beautiful Angel true.
The only one I want for sure.
I love you Kira
and I always will,
so remember and feel
me smiling and my loving looks too.
They truly are filled
with pure truth.

Michael P. McParland

Goodnight My Shy One

Goodnight my shy one and sleep well
I will be holding you tight and kissing you,
sharing my love to calm your soft heart.
Let's snuggle each night forever my sweet one,
be where we want in each others arms.
Find the contentment in our true homes
in each others kind, sweet, loving, accepting arms.
Goodnight my sweet shy one I love you so much.

I'll see you tonight my precious dear
inj the land of dreams where I'll hold you near,
where you can cry on my shoulder
as I softly speak and tell you how much I've missed you
and softly reassure how much I love you,
I'm never leaving sweet one not ever.
You are my spirits greatest want and need,
I truly crave you sweet darling.
Oh my dear shy one you are my only Queen Angel.

Goodnight my shy one I so dearly love you,
feel all of my warmth I send to you.
It's filled with true admiration and care,
you my sweet lady are so truly fair.
Never let anyone get you down,
just reach out and I'll take your hand
for I am always here to fight and defend,
you are my lady and love so truly grand.
I long for eternity by your side,
you are my nortern star and Angel guide.
So goodnight again my sweet Angel dove and shy one
I truly love you my Kira so please feel
pure and total peace in that.

Michael P. McParland

Sweet One So Good

Sweet one so good and fine in my heart,
mind, and eyes you are divine.
A true God sent Angel to earth,
a gift of which I'd never return.
Sweet one so good you're all the is right.

Sweet sweet one so good
I give myself in full to you,
you're a beautiful soul
who in body and mind is beautiful as well.
A divine Queen I hold supreme,
oh my sweet one so good
there truly is none better than you.

Sweet one so very good my heart is yours
no matter what my sweet Angel Queen,
you are my dove and I want only you.
A manificent woman so truly cool.
My sweet precious Kira I truly love you.

Michael P. McParland

Evening Note 63

Good evening my precious dear
I just arrived home from the doctors.
I'm still very sick
in my sinuses and ear
having to return there to get
a better medicine for the cure.
All the while I can feel
your sweet spirit helping
make things better by
giving me strength to
keep hope and smile.

I have been with you too
all the while giving
my strength and light to
help you smile knowing
I'm by your side holding you tight.
You are my sunshine
and I love you deeply
my sweet Queen of delight.
Feel as I take your hand
for this kiss.
I love you sweet Angel
and our sacred bond.
No other will ever know
the things that we share.

So remember I love you
and feel it surround,
I have not left you and I never will.
You are my lady so truly
my awesome Queen.
I will hold you forever
my Angel supreme.
My life is your
because you are my dream.
Kira I so deeply love you
I am completely lost
when you're not around.

Michael P. McParland

A Busy And Tired Day

Yesterday was such a busy and tired one
my sweet Angel so very fine.
It was fun as well until I got sick.
Through it all my dear one I could feel you
there with me as I could feel your
arms around me during the rides at the mall,
I could smell your skin and your hair
giving me full comfort and making me smile.

I felt a little ill from waking
but wanted to spend time with my nephews,
feeling your prayers and spirit
helped carry me through almost all of it
until my body was spent and I was exhausted.
Thank you sweet lady for how you help me
and make me smile feeling important.
It was a busy and tired day which
from it I slept forever.

Such a busy and tired day
from which I'm still recovering,
feeling and knowing of your sweet love truly helps me.
You are a sweet Angel with no equal my Queen,
you fill me with hope so genuine
and I pray I give you the greatest feelings as well.
You are everything that I want, need, and truly see.
I love you sweet Kira you're so supreme.

Michael P. McParland

You Bring Light And Joy

You bring light and joy to me,
you fill my soul with hope in every way.
You are an Angel to whom I devote
my heart and life forevermore.
You my dear are all I really need and want.
You bring joy and light
I so deeply need, feel, and want.

You are my light and joy Kira I so adore,
I truly love you deeply in every way.
In your arms and heart are where I belong
as you belong in my heart and needed in my arms.
My sweet Angel Queen I want to
help you see all the joy and light you bring to me.
An angelic being so beautiful and clean.

Kira, Kira my precious dear so near to me,
you truly bring such deep joy to my heart in need.
You give the light of love providing hope
of a life not spent alone.
My dear sweet Kira I love you so.
You bring light and joy
and so very very much more.
I could never ever ask for more
than having your sweet precious desired love.

Michael P. McParland

You Bring Light

Dear love life without you
is so very blue.
You bring light joy and happiness so true,
there is no other Angel just like you,
you are a treasure so precious through,
I love you sweet Kira
there will never another just like you.
You are the greatest there's ever been.

Michael P. McParland

Love Note 243

Good morning sweet darling
I just wanted to say I love you
and to have a great day.
I'm sending millions of kisses
and hugs to start the day right
filling us both with peace and light.
I want to and will always
give my all to my beautiful woman.

Have a wonderful day and
feel me smiling as my
hand is within yours,
feel and see my looks of love
knowing they're completely real,
that my heart is dedicated solely to you.
That you are my Angel
and I want only you.
That I'm never leaving
and I never will.
I'll never break both
of our hearts by abandoning you
You are my lady,
my soulmate and best friend forevermore.
Kira I truly love you
and always will.

Michael P. McParland

Sweet Kisses My Dear

Sweet deep passionate kisses
to you my sweet dear as I deeply
drift off here wanting you.
I long for your presence
and to be within your loving arms
but I know it will come because our love is so strong.
Sweet kisses to you as I lie down.
I'll be dreaming of you as I drift off to sleep,
holding and kissing you as I look in your eyes,
caress your cheek and admire my one.
The most beautiful woman on earth.

Sweet kisses my dear and massive hugs too,
I love you completely Kira
I truly with all I am do.

Michael P. McParland

Goodnight My Amazing Woman

Goodnight my amazing woman so dear
come end this night cuddling and kissing
my precious, beautiful sweet dear.
Gently rest your sweet head upon my
proud love filled chest and hear
how my heart beats just for you my Angel so sweet.
My amazing woman from heaven I love you so much.
What more can a man want than the one
he so truly desires and loves?
Only you my sweet dear can fill me to full.

Goodnight my sweet dear so amazing and true
feel my loving warmth and my arms around you.
My hand is in yours as I lay by your side,
I want to spend every night with the woman I love.
A woman who accepts me as I am
and loves me truly and deeply in full.
Know in your heart, mind, body and soul
that I love you the same and I always will.
Come sleep with me dear I want only you.

Goodnight amazing woman so beautiful and pure
I'll see you tonight in the land of dreams.
We'll cuddle, snuggle, and gently nuzzle
as we just get our fill of contented
warmth and peace being with each other.
Talking and laughing gazing and smiling
widely at each other my sweet woman.
Tonight my sweet lady in the land of dreams I shall see you.

Goodnight my amazing and beautiful Angel
I truly am amazed by your magical spirit,
I want to bask in your glow forever and ever,
eternity with you is the sweetest thing I can hope for.
Sleep well my sweet darling I love you dear Kira,
you are my everything and you are amazing.

Michael P. McParland

Amazing Woman 2

Amazing woman I'm so in love with you,
taken by your beautiful sacred soul.
What more than a great woman such as you
could any honest man hope and ask for?
You are spectacular my Angel true
and you are the coolest person I ever knew.
Through all time you'll always be
the greatest woman I could dream of
and ask God for.
You're everything there is that's right for me,
the soul mate that I truly want and need.
You are an amazing woman and each day
that passes I love you more and more.
My sweet sweet precious Kira
only you can ever know the full truth of my heart and soul.

Michael P. McParland

Shy One

My dear shy one you're so very safe with me,
fear no rejection or rebuke I truly want thee.
I want you in my arms so very tight
and I accept you in full so feel not a fright.
My sweet little shy one feel all of my love
within your big and bright beautiful soul and heart.
Have not a worry and don't feel a need to be shy
because I truly love you my sweet Angel dove.

My sweet shy one I'm so shy as well
and I understand these fears that you feel,
I promise I've tried to reach out
and it's taken all of my courage without a doubt.
I know that you love me so I take that chance,
I love you too so feel not a fear and have faith.
I love you so deeply and care so very much,
I have faith in your heart and soul
and everything you say and feel.
I know that you're shy just as am I,
know though my lady I'll not turn you away.

Oh my dear shy one what more can I say?
You are so dear to me and I want you here.
I need your love and I need my Queen.
Oh my sweet shy one I want you here.
To hold and to cherish,
to give kisses while bonding.
Fulfilling spiritual needs and our deep tinglings,
bring back together a bond so deep and meaningful.
I love you my shy one and you need have no fears,
I would not shun you because I am all yours.

Michael P. McParland

Love Note 242

Sweet woman so adorable
and cute you are the greatest
and I'll always love you.
I admire you in full
my sweet precious jewel.
Kira my dear you are
simply the best.
I love you so deeply
and want to marry you.
You are my sweet Angel
so beautiful and true.

Michael P. McParland

Morning Note 98

Good morning my beautiful one
I awoke thinking of you
and wishing to give you a sweet kiss
so I send you these millions
and great big hugs too.
Oh my sweet one how I deeply,
madly love and desire you.
The sweetest most beautiful woman
on Gods green earth.

May the sun shine so very
brightly upon you filling
you with all of my loving warmth
giving endless peace and strength.
Feel my hand in yours
as I take it in mine walking
along by your side.
Oh my dear sweet woman
how filled with loving
joy and pride I am for you.
The sweetest woman I'll ever know,
my best friend and soulmate
whom I share a great bond.
Kira my dear I love you madly
and with you eternity I want to spend.
No other will do,
I'd rather be alone than ever
spend my life with another.
Only my sweet Angel
with a pure heart and soul will do.

Michael P. McParland

Goodnight My Sweet Angel 2

Goodnight my sweet angel I so adore,
come close this day cuddling with me.
I need your comfort and wholesome love,
you care and accept me for just who I am.
I love you so much and care for you too,
you are the greatest and hold my heart too.
Goodnight my sweet Angel I'm longing for you.

Feel all of my love and be filled with warmth
as I take your hands and pull you in.
Billions of tight hugs and passionate kisses
for you my sweet one.
Feel my arms about you this night as
I hold you in peace on this very night.
Remember I'm here forever right by your side,
you're never alone because I love you dear.
You are my hearts greatest desire my darling Queen.

Goodnight my sweet Angel Queen
you are my only dreams,
you are my one I adore in every way.
I'll see you tonight my only one,
in the land of dreams it's just you and me,
lying down on our blanket under our tree,
by the river in the field of flowers
gazing at the moon and the stars
also each other.
In the land of dreams holding and kissing.

Goodnight my sweet Angel
and sleep well my best friend.
I hold such a deep love for you dear
and admire your loving strength.
I want to hold you so tightly forevermore,
I'll only need you my Angel so true.
You are the one my heart calls to and sings for,
Kira I love you you are amazing.
I'll love you sweet lady for all eternity.

Michael P. McParland

Mee Too A Sweet Soul

Mee Too such a sweet soul,
I truly miss my friend so.
Where are you now my sweet girl?
You truly were and are a great friend
and I'm dying to talk to you,
catch up and see how you are.
I miss our fun talks and sharing of souls,
passing the hours without a care,
all that mattered was the fun caring,
loving, deep relationship we had.
You are a true friend I still need
and deeply wish was here.
I miss you Mee Too where and how are you?

Mee Too with such a sweet heart and soul,
you were and are so very sweet
even though our tempers would flash and compete.
I want to hear from you and know how you are,
I want to talk to you and find peace again,
a peace we can find and work our way to.
Mee Too I miss your sweet soul.
Please come talk again
and I so dearly hope you still read.
You touched my heart and everything,
you're a great lady and this I truly mean.

Mee Too you're a very sweet soul
and I truly miss you so.
Please know that my heart, spirit,
soul and prayers are always with you.
You meant a lot to ma and still do.
Your friendship is true
and I know my love Kira would like you too.

Michael P. McParland

Your Picture 6

Turning on my computer
I looked upon your picture
and in pure love my heart melted just for you.
My sweet precious Kira
you're so beautiful without you
I don't know what to do.
All my sweetest greatest dreams
are of me and you.
The future I desire is right next to you.

You are the woman who holds my heart and soul
and until you're here with me at last
I'll gaze at your pretty picture
talking of all my love, my hopes and plans
saying Kira you're my goddess and I love you deeply dear.
You're such a special lady and I want to hold you near.
I want the sweetest kisses with the sweetest girl,
compared to you every other woman is a bore.

Your picture is of a woman that's pure perfection,
nothing I write or say can give
the deserved and needed precious expression.
How could a man like me gain the love
of such a divine Angelic being?
I love you Kira you are everything I want and need.

You drive me wild in heart, mind, body, and soul.
I love your picture but need and want
so very much more.
To see and feel you very close,
kissing, holding, and touching the woman I love most.
My only love who is the best and has the most,
I see you dear and my heart melts just for you.
I love you deeply and hold you very dear.
You truly are the most beautiful woman
I have and will ever see.

Michael P. McParland

Love Note 241

Good afternoon my sweet one
God bless your sweet heart
and health in full.
Not an hour goes by
where I don't think of you.
Holding your hand
and so close feeling our bodies warmth.
You are an Angel
so truly pure.
You are everything
I'll ever want and need
and so very much more.
A true blessing and gift from God,
my soulmate and best friend
who I share a bond with
so rightously strong.
A beautiful woman I totally love.
My sweet precious Kira
from up above,
my essence and holder
of my dedicated loving heart.

Michael P. McParland

Purity

I see and feel a purity
within and about you held by very few.
A purity of love and truth,
a purity in heart and all that's good,
and I hold purity and hope
in my true and total love just for you.

There is purity in my Angel Queen so true,
a purity unmatched outside anyone I ever knew.
A love I can only hold for my pure girl
and family my heart is dedicated too.
Kira you are so clean and pure
I'll only ever love you for sure.
You are purity by far my dear.

Purity so big and strong in a body so very small,
my dear I love you truly in every
way and who you are.
A pure truth because you do not lie,
I admire and respect my precious girl.
Kira Petranovich so beautiful and pure.

There truly is a purity within
your very precious kind heart and soul
found within so very few.
That you love me is a gift I cherish
because it's pure and true from a heart so good,
a girl that's turned into a woman so very cool.
My sweet sweet Kira who is the best
in all the ways and things I see in you.
A purity of an Angel and best friend
I love so very true and pure.

Michael P. McParland

Morning Note 97

Good morning my sweet one
I love you so much.
To start this day right
I give you this passionate kiss
to fill you with warmth
and all my pure love.
You're an amazing woman
I fully adore.
You are everything pure,
right, and good.
I want to spend all
eternity with you.
My magical lady amazing and true,
for me there's only you.

My sweet lady true I'll
be there with you hand in hand
the whole day through.
I'll never abandon
my beautiful lady so cool.
I adore you my Angel
and want to take care of you.
Close your sweet beautiful eyes
and see me smiling
and feel my arms around you.
Remember my love
and how I still look at you.
You're my special woman
no other will do.

Michael P. McParland

Goodnight My Darling Dear 3

Goodnight sweet Kira my darling dear
I love and miss you and want you so near,
to hold very tight and look in your eyes
expressing my love as I kiss you so sweet and deep.
Giving all of my warmth as our souls greet.
I love you sweet Kira intense and complete.

Goodnight my darling dear
please come end this day cuddling with me,
stroking your hair and precious cheek
showing my soul complete as we gaze
into our revealing precious eyes.
I want know you in full and you to know me,
you're so beautiful in full with your precious soul
and physically astounding it's true.
I am in pure awe of you.

Goodnight my darling dear and sleep well,
I'll see you in our dreams and hold you so tight.
Just kiss you and love you as I always will,
you're everything right in both worlds.
In this life and the one after this
I want to be with you taking your hand.
You are my dream, my Angel, my best friend,
and only true love.
Goodnight Kira I love you so much
and as you lay down feel me holding onto you my sweet one.

Michael P. McParland

A Very Needed Rest

So very tired from my long trip,
so I now will lie down for
a very needed rest.
Feel my arms so tightly around your waist
as I pull you in tightly to hold you.
Feel the warmth of these kisses I give,
they're so full of love and admiration.
A very needed rest I want to share with you.

A very needed rest my sweet dear
I so wish you were here.
You comfort me so very deeply,
fulfill, and complete me.
I love you sweet Kira so amazing.
As I rest now my sweet lady
I'll be dreaming of thee fully smiling.

Michael P. McParland

Love Note 240

Good evening my sweet one
I've finally returned
from my long trip home.
Thank you my dear
for helping get me
through the home stretch.
I was in much pain
half way through physically.
The sinus infection returned
with an ear infection too.
My arthritis flared
with the depression
and saddness of missing you.
Then I fely you and your prayers
so very strong surrounding me.
I could smell your skin and hair,
I felt your arms about me.
Your loving strength is supreme.

I love you so much my lady fair
and have so much
I want and need deeply to share.
You're so truly beautiful and rare,
a soft precious heart and soul,
a gift from God.
Thank you so much for all you do.
Kira you're amazing and I love you.

Michael P. McParland

Goodnight My Darling One 2

Goodnight my darling one
I love you so much.
Please come share some sweet kisses
while we cuddle tonight.
I long for my light so true and right,
feeling your amazing spirit
within my loving, accepting, and hungry arms.
I crave you my darling
and all of your love.
You truly are my Angel so fine.

Goodnight my sweet Kira
feel me there with you,
giving all of my love my arms
wrapped around you so tightly
giving peace and warmth needed so badly.
Sweet lady I truly love care about
and love you so deeply.
You are my best friend, soulmate,
and one and only.
I want you with me for eternity.
Feel my sweet tender kisses
and hear my voice so softly telling you
I tenderly love you.
I'm wrapping you up in my pure love
to which you I surrender.

Goodnight my dear darling
and dream so very sweetly.
I'll see you there and I hold you
passionately kissing telling you
how much I love and miss you.
Feel my heart as it is
for you hard and proudly beating.
For my amazingh lady it's dancing and singing.
Sleep well my sweet Angel
and remember I'm there.
You are my gem and I want you here.

Michael P. McParland

Love Note 239

Good evening my sweet dear
a long day of travel is done
and time to relax is here.
One more day of the road
before I get back home.
I could feel you here with me
as this day went along.
I love and thank you
so much my only one.
You are an amazing
rock and support for me.
My sweet sweet Kira
you are everything I'll ever need.

Oh my sweet darling Kira
may God bless your sweet heart,
feel me there with you
as I hold you close.
I'll be with you through
all time and space.
Kira my darling you are
a true miracle to me.
A gift and a blessing
so truly dear.
You are a gem I hold so near.
Please come so soon
so I can hold you
and stroke your sweet
face, body, and hair.
Only with you do I want
and dare to share all my love.
You are the most important thing
in this world.

I love you my lady
you're so beautiful.
You are my lady
and I want and need you
forevermore.

You are the woman I deeply adore.

Michael P. McParland

Sweet Woman

Sweet woman so precious I adore
I want you by my side forevermore.
So beautiful kind and divine,
what more can I ask for than your hand.
I love you as you are my Angel Queen.
You're all I dream about sweet lady
so truly pure and clean.

Sweet woman you are a dream come true,
all I want forever in my life is you.
With my family and you by my side
there is no better future in my mind.
Sweet woman I treasure you,
without you around I don't know what to do.
I love you Kira I truly love you
through and through.

Sweet sweet Kira my woman so beautiful and true,
there truly is noone else as good as you.
You're the perfect woman it is true.
I love you Kira please come so soon.
Sweet woman so truly Angelic in full
I truly love you like a Queen.

Michael P. McParland

Goodnight Sweet Angel 3

Goodnight my sweet Angel
it's been such a long day.
I'm so very tired and want my Queen here,
to kiss and to hold then
be there with me to make the trip easier.
I have some good news to share with you.
I'll be back in Utah in two weeks
and I hope that you'll be here.
As I go to sleep I'll be dreaming
of seeing and holding you.
I love you sweet Kira you amazing woman.

Goodnight my sweet Kira Angel
feel my arms around you sweet lady,
holding your hand as I deeply kiss you
whispering softly in your sweet ears
how truly deeply I love you.
Feel all my sweet loving
surround and fill you.
Know that I am there with you
because I love you so deeply,
adore you, and you are my lady.

Goodnight my sweet Angel
I'll be holding you tightly
in our shared and sweet dreams.
I truly love you so deeply
and pray you're not upset or angry.
I'm giving my best as I will always.
oh my sweet Angel dove of happiness
and the best you are most deserving.
You are the greatest my one.
Goodnight again my dear Angel
and do sleep so well,
God bless you with the sweetest of dreams.
Remember I'm here and will
help you always no matter the need,
I care for you so deely in every way.
I love you sweet Kira and eternity

with you is my sweetest dream.

Michael P. McParland

Love Note 238

Good afternoon my sweet
lady fair and I pray you are well.
I am so very tired
and wish you were here.
To cuddle and laugh with,
share everything we are
thinking and feeling.
Do some peaceful resting
with you in my arms
as we drift off kissing.
My beautiful lady
so truly kind and always decent.
I love you my Kira
so truly rare and precious.

My lady fair I hope
you are having a good day
and feel me there by your side
as we go along hand in hand
and as I pull you in
to hold you near me.
I love you sweet lady
and Angel and would give anything.
I want you with me forever
because you are my everything.
You fulfill and make me happy,
I so deeply love and miss you.
Oh my sweet Kira I want
to hold and kiss you.

Please remember I'm with you
and feel me there beside you,
I'm forever sending you my love so tender.
You are truly so magical.
Sweet Kira so dear
please come so soon
so I can hold you tight and near.
I love you deeply,
I always have and I always will.

Michael P. McParland

Morning Note 96

Good late morning
my true sweet love.
I'm still so very exhausted
in every way there is
and want to cry.
I so wish you were here.
Especially for the long
return ride tommorow
back to Minnesota.
I dread the long car ride,
I'll close my eyes
and think of holding you.
Talking and resting
while I stroke your hair.

Do have the most beautiful
of days my sweet one.
Smile big for me
so I can feel your warmth
extra strong to help me
rest a bit more today
and feel peace I need so badly
within my soul.
You my Angel are my light
and saving grace.
Gods bless your precious heart
always my sweet sweet Kira dear.

Feel all of my loving warmth
and feel as I hold your hand
being by your side all along.
Close your eyes to see
my loving looks and smile
for they are my truth
to and of you.
I love you Kira and want
and need you in my life forevermore.

Michael P. McParland

Goodnight Sweet Queen

Goodnight my sweet Queen
come join me at the end of this long day.
To cuddle with my sweet one so dear
is all I desire and need.
You make everything brighter and happy.
Goodnight my sweet Queen
please come share some kisses with me.

Goodnight sweet Queen and feel me
holding you tight as we rest through this night.
I'm sending you warmth to comfort you deep,
endless love with ceaseless peace.
I love you sweet Kira you're my sweet Queen.
Goodnight my sweet Angel
I need you my best friend and true dream.

Michael P. McParland

Beautiful One 4

Beautiful one I miss you so.
I'm very tired and want you here
to rest your head upon my chest
as I cuddle with my lady best.
You are so truly wonderful
my soulmate so bright and passionate.
Beautiful one I so love you
and want you in my arms through all days and time.
Beautiful one you are all I want
because you are the best my precious Queen.

Michael P. McParland

Love Note 237

Dear sweet precious one
so dear to me,
God bless you
and help you to feel
and know all of my love.
You are so beautiful
and in every way
all I desire.
I love you sweet Kira
my Angel of loving passionate fire.

Michael P. McParland

My Dear Angel

My dear Angel I truly
love and miss you so very much.
Where are you my dear?
I so much want you here in my arms.
Just to hold and give comfort
recieveing your divine comfort as well.
Just to be with my Angel so swell.

My dear Angel so beautiful and kind,
I miss you sweet woman of mine.
I adore you so much and am with you
no matter the time.
My dear sweet Angel divine
you are the divine holder of
my heart, soul, essence, body, and mind.
You are everything right sweet lady of mine.

My dear Angel my heart calls
singing its love for precious you.
It melts at your thought and your sight,
the sweetest woman of Gods pure light.
I love you my darling and treasure you so,
only you will ever truly have me in full.

Michael P. McParland

Morning Note 95

Good morning beautiful one
I love you so much
and pray you slept well
with the sweetest of dreams.
I've been thinking of you
and longing so hard.
I want to hold you so bad.

Today is a hard one
as we bury my grandpa,
you help give me strength
and I so deeply thank you.
I wish you were here
to hold very close and talk to.
I'm sending sweet kisses
to you my sweet Angel.
You are everything
that is right and I've ever wanted.

Have a beautiful day
my sweet beautiful one
and feel me right beside you
walking hand in hand.
I love you so much
and want you to be happy.
I want you to be
with me forever and ever.
God bless you sweet Kira
my delicate precious jewel and flower.

Michael P. McParland

Goodnight My Only One 6

Goodnight Kira my only one,
I'm so very tired and want
to cuddle with my Angel of light.
Share some sweet kisses
and tender words of true love.
Just look at my lady and say
I love you my sweet Angel dove.
I want you and need you
my northern star.
You are everything that's right in the world.

I'm sending you all of my loving warmth,
right behind it great kisses and hugs,
be filled with peace my dear only one.
God bless you my Angel so good.
I'll be holding you tight
giving sweet kisses and tender talk.
Remember sweet lady I'm forever yours.
I love you so much
and need you my soulmate best friend.
I love you Kira my only one,
without you life does not depend.

Michael P. McParland

Sweet One 3

Sweet one so beautiful and divine,
I would give you everything
and follow you anywhere.
You are the one who gives me light
and deep reason to keep my life.
Sweet one I deeply care
and love you more and more each day.

Sweet one God bless your precious
heart, mind, body, life, and soul.
I care about everything that
has to do with you.
I love you deeply and I love you true,
oh my Kira I forever want to be with you.

Michael P. McParland

I Want 2

I want my Kira here with me.
So close to hold and see,
to smile at and talk,
to say I love you dear
and always will.
You are my everything.

I want you here with me to lie down and cuddle
while I stroke your precious hair.
While you rest your head upon my chest
as I gently speak to you.
Telling you about my love
and all you want and need to hear.
I want to spend my life with you
my sweet precious Queen and dove.

I want you with me by my side
forevermore because you are my one.
I love you like no other
and need you so very much.
Kira you are my Angel dove so very sweet and kind.
I want to let you know my heart
and soul are forever yours.
I want to marry you and have you as my wife.

Michael P. McParland

My Angel 4

My Angel so divine and beautiful
how I deeply love and adore you.
You are all I see out there
and you are my sweet Queen.
Oh my dear Angel I so want and need
thee to complete my life
and we can be forever happy.
My sweet sweet Angel so clean
I want to be with you for eternity.

My Angel I would give my life for you,
I want to see you safe and happy always
no matter what it takes or you may need,
you're all that matters in so many ways
and I would give most anything to see you complete.
My sweet sweet Angel you are my everything,
you are the most beautiful woman
and total being.
My sweet sweet Kira Angel you are
my soulmate and best friend,
I couldn't ask forbetter than
having you with me for eternity.

My Angel please hear my plea and understand,
I truly do give all my best and who I am.
You are the perfect woman in my eyes,
noone better my wise little Angel so divine,
you are a gift and blessing sent from God.
I thank him deeply for who you are,
you my dear are all I want.
The most beautiful woman who's ever lived.
I love you Kira just for you.
Noone else will ever do.
You are my Angel it is true.

Michael P. McParland

Morning Note 94

Good late morning sweet love
and I hope yours has been well
feeling all of my love
and my dedicated hand within yours.
I love and miss you so much
I wish you were here
to hold and to talk.
You are the greatest
thing in my eyes on this earth.

I hold tightly to you
no matter where I may be
or whatever I do.
I love you so much
my sweet Angel dove.
You truly help get me through
everything I face and fight.
I'm forever by you to
help you feel my love
and fight what you need.
I love you so very much
my Queen so beautiful in full.
Only you will ever be
my Angel bride.

Have a beautiful day
and know I'm with you,
feel the sun shine on your face
and be filled with my love.
God bless you always
my Angel so true.
Hand in hand always
right by your side.
I love you sweet Kira
I'm always yours.
We will make it sweet one
I know it is true.

Michael P. McParland

Goodnight My Sweet One So True

Goodnight my sweet one so true
let me end this night with
the biggest passionate kiss to you.
You're everything I desire
and want to snuggle so tight
saying Kira you're great
and I love you more and more each day.

Goodnight my sweet one so beautiful too,
I'm so very tired and want
to dream of holding and talking to you.
I'm sending you all of my
warmth and loving care,
my arms will be wrapped around you through the night.
I love you sweet Kira
and everything about you is right.
Goodnight my true sweet one
and sleep tight knowing I love you
and am right by your side.

Michael P. McParland

In Utah Wanting/Needing You

In Utah now sweet one
and more depressed without you
being here too to hold so close,
talk and shed some tears as I release.
Being back in the state we met
is so hard to face without you
being here to hold hands feeling
you beside me in totality.
I love you sweet Kira and am
wanting and needing you here with me.
It's so hard to return without
the precious jewel so pure.

In Utah now sweet one
to attend my Grandpas funeral
and just want you here.
I have long avoided
and feared this return here
and need you here to help
make this return and event more bearable,
my family truly cares for you
and would love your presence and support too.
I love you sweet one and want
you by my side forevermore,
remember dear my hand's in yours.
You are my Angel and souls delight,
I want and need you sweet Kira dear
you are my heart and soul truly want.
Kira love you truly are my only one.

Michael P. McParland

Morning Note 93

Good morning sweet lady
and anther long day before me.
I'll be thinking
and praying for you my
sweet, kind, beautiful Angel.
Remember I'm with you
and holding you tight as always.
I love you sweet Kira
and miss you insanely.

Have a beautiful and happy day,
feel the sun shining
and within it always see
my warm, caring, loving smile.
Never forget that you're my true lady
and I would do anything
to see you happy.
I love you sweet lady
and so deeply miss you.
You are my Queen
and the sweetest of Angels.

Michael P. McParland

Love Note 236

My sweet precious darling
I love you so much.
A long day gone by
and I'm tired and done.
I want you to know that
I'm thinking of you
and holding your hand
as I stand next to you.
I love you so much
and as I catch a small rest,
I'll be dreaming of you
my sweet Angel true
sending all of my kind,
caring, and loving best.
I love you sweet Kira
I wish you were here.

Michael P. McParland

Dear One So True

Dear one so true
I deeply love you.
I want to hold and kiss you
for all time and eternity.
I want to be by your side
holding your hand whispering
in your ear how much you mean to me.
I want to be with you
because you simply amaze me.

Dear one so true
I simply adore you
and want you to be with me
everywhere I am and I go.
I want you beside me no matter what.
I love you immensely
and treasure you so very deeply.
My dear one so true
I don't want anyone but you.

Michael P. McParland

All My Love

All my love to you sweet dear
to fiil you up with peace and feel no fear.
To give you strength of what I feel,
so you'll know I'm always here
and that my thoughts and prayers
are with you too.
All my love to you sweet dear.

All my love is yours sweet one
because I care so much for you my dear.
You're my best friend and Angel true,
everything that's good I see in you.
You are my light and shining star,
you are the one I give myself to in full.
All my love is yours sweet one,
it always has and it always will.

All my love is for you sweet one
because I adore you to no end.
A beautiful woman with a righteous soul,
a gift from God so wonderful.
I love you deeply and I love you mad,
you're everything a man could hope to have.
All my love is for you sweet one
because you're the one I want for sure.

Michael P. McParland

Goodnight My Sweet Darling Kira 5

Goodnight my sweet darling Kira
and God bless your precious heart and soul,
be filled with both his love and mine
for they are infinite and divine
as is yours my precious dear.
Come and let us snuggle to end this day
sharing sweet kisses and words.
I love you so very much my Angel Queen.

Goodnight my sweet sweet Kira darling
I'll be holding you ever so tight
through the night as I always am,
holding your your sweet soft hand
giving tender loving kisses
and softly speaking telling you
how wonderful you are and that you
are a rare precious jewel gifted
to this earth and me by God
and I'm so very very thankful for you.
I'll always love you my sweet Angel dove.

I'll see you tonight in the land of dreams
as we walk hand in hand among the moon and stars,
we'll just get lost in each other
and the immense love we feel and share.
After a while lie down on a blanket
and just hold each other enjoying
the mezmeizing display of fireworks
put on by the moon and stars just for us.
Tonight my sweet darling I'll be holding you
within the land of dreams.

Goodnight my sweet sweet darling Kira so beautiful.
I'll be sending you all of my love and warmth
with massive endles kisses and hugs.
You are the sweetest lady in my eyes
and no other woman will ever come close to thee,
you are a miracle and so amazing to me.
I love you Kira my precious Queen so rare,

please come so soon and be with me.
I swear I'll never leave you dear
I'm always here and by your side forevermore.
You're the only one for me.
Goodnight and sleep well my sweet dear
and be at peace knowing that I truly care in every way
and that I'm dedicated to you and your happiness.
I love you so deeply forever sweet one.

Michael P. McParland

Sweet Love 6

Sweet love I truly love you so
and I pray you know it's true,
I could never think of anyone but you,
you're all I want my Angel true,
you're everything I need all time through.
Sweet love you're the only one
I'll ever want to share my life
and spend constant time right by my side.
My sweet love I love you so
and I want you here with me right in my arms.

Michael P. McParland

In My Heart And Soul

In my heart and soul it's only you.
You're the only one I love so grand
and hold so very dear,
In my heart and soul it's only you
I want to be with all my life
and spend the next within each others arms.
It's only you that makes me glow
just like a candle burning bright and strong.

In my heart and soul you are
the greatest woman who's ever lived,
my heart is yoursas is my soul.
I'm all for you my sweet Queen of gold,
I love you deeply my sweet Angel dove.
In my heart and soul you are the only one.
I love you Kira you precious gem.

In my heart and soul I know it's you
that I want and am connected to.
We share a bond so full of true love
and it's unbreakable in all we share.
It's only you within my heart and soul.
I love you Kira I hope you know
you are everything I could ever want.
You're clean and pure an Angel for sure
in my heart and soul I know it's true.
You are my soulmate and best friend
I'll be by your side through to no end.

Michael P. McParland

My Dear Darling 2

My dear darling so beautiful and kind,
as I take your hand in mine
know that I love you like no other can.
My heart and soul are filled with you
and there's no other person
that can take me away just like you do.
You are my essence carrier of my heart and soul,
I want nothing more than to be with you.

My darling dear you're perfect to me,
everything wonderful there could ever be.
You're the most beautiful woman
with the most beautiful heart and soul,
so truly intelligent and magical it's true.
My darling dear I want to marry you
and be by your side forevermore.

My dear dareling hear and feel my true call,
know that I love you with my all.
I have loved you since the beggining,
never waivering or doubting that
you are the one who is my everything.
My dear darling I love you so true,
my sweet Angel dove it's all about you.

Michael P. McParland

Love Note 235

I love you tenderly
my only one.
I always have
and I always will.
I want to spend
eternity as your only man,
you are my Angel
and only best friend.
I love you so much
undyingly to no end.

Michael P. McParland

Difficult Week Ahead (Anxiety)

A difficult week of emotions
and traveling ahead of me.
I miss you so badly sweet lady
and need your support so very much.
I'm already weepy and hurting
missing you so very badly.
I want you to be with me no matter the circumstances,
you are the one who makes me so very happy.
So all the more right now I
need you here as I struggle
to keep back all of my tears.

My Grandpa died Saturday night
and well I was not closest to him
it still has endless bite.
He was my moms dad and hero
and seeing her suffer is also killing me.
Tomorrow we set out for Utah
to attend this good mans funeral.
I wish you were there to hold
and support my family who cares for you too.
I could use you there my sweet one
to help soothe my hurt soul.
I don't know if I'll be able to write
as I might not have any Internet.
Please my sweet darling understand,
I swear I will write to you as I can.

A difficult week ahead as all
this emotion crashes down around me.
I'll be thinking of you all the while
reaching out my hand for you to take,
I need your loving support my sweet one
because you are my rock and soul mate.
Please say a prayer for me
because I can't face this difficult week alone.
The song I listen to now is one on
my biggest helps Falcos
Jeanny Part 3 The Spirit Never Dies.

I know his spirit will live forever
just as the spirit of our love
always has and always will.
A great big hug to you my sweet one.

A difficult week of emotion and travel,
please be with me all the while.
I need you sweet one because
I love you deeply so.
You are am amazing woman and Angel
who's always helped me before.
I love you Kira you are
my sweet Angel dove and everything.

Michael P. McParland

Sweet Love 5

Sweet love I miss you so much,
I love you so deeply and need you so much.
You are my universe and entire world,
so much is happening and I need your help.
I hurt badly without you because
you are all my true love and happiness,
you are the woman my heart beats for
and keeps on beating for forever.
Kira sweet one I so adore you,
I love you so deeply you're everything I need babe.

Michael P. McParland

Beautiful Lady 9

Beautiful lady I so long for thee
the most desirable woman there will ever be,
so truly wonderful in all ways there are,
you are everything I'll ever want.
Beautiful lady so truly great
I love you so much and want your sweet hand.
An eternity by your side is all that I crave.

Beautiful lady you're all that I need,
you truly make my heart dance and sing.
You touch my soul in all that I am,
you have made me the luckiest man.
I love you my lady so beautiful and bold,
you are my Angel so wonderful and bright
you give me comfort from the worlds cold.

Michael P. McParland

Night Note 98

A night note to you
my sweet Queen
to tell you
I love you and treasure you deep,
I hope and pray you
feel all of my love
and it's giving you comfort to sleep.
I worry about you always sweet one
because I care for you
so very much.
You are the most important
person in my whole world.

I wish you were here
to talk to and hold,
cuddle with as I
close my eyes to sleep again.
To hear your beautiful voice
and deep meaningful words,
to feel you next to me
giving me peace.
I long for your touch
and your presence
right next to me.

God bless you always my darling dear
and may our path become
clear so very soon.
I love you so much and
miss you so bad.
I send you these
sweet kisses and hugs
to help soothe and calm
your aching heart.
I can feel your pain too
and it tears me apart.
I love you sweet Kira
and for eternity
I want you right by my side.

Michael P. McParland

Goodnight My Precious One 3

Goodnight my precious one
come and join me in bed
to end this day of longing and yearning
in each others loving and accepting arms.
Smiling, snuggling, and kissing
all the while as we contentedly drift off.
I truly love you so much.

I'm sending you all of my love and warmth
and will be holding you tightly
through the whole night speaking softly
reassuring you that I'll always be here
and that my love is strong, true, and pure.
That you'll only ever be the one for me,
you are my Angel and everything that is right in the world.

I'll see you tonight within the land of dreams
and when I see you I'll run smiling so big
and just gather you up in my arms for a tight squeeze,
then look in your eyes and say I love you Kira
you truly are a magnificent woman so kind and great.
Then lean in for a passionate kiss of the ages,
one to rock the entire world in its power of love.
Then we can just sit under our tree on a blanket
holding each other and talking the whole time.
Tonight in the land of dreams and I pray
so very very soon my sweet one.

Goodnight Kira my precious Queen
you are truly all my sweetest
and most desired dreams.
You are the woman who means
and is everything to me.
I need you by my side for all time
because you are my soulmate and best friend.
We share a bond so sacred and special
I just love you tons and tons to no end.
There is no description for how I feel.
Goodnight my precious one

feel my hand as it is in yours,
I'm holding you tight to give
total peace and comfort.
I send you this kiss with a smile
to help cheer your soul
as we slip into bed and for the night retire.

Michael P. McParland

Wrapping You Up 2

Wrapping you up tightly within my arms
to show and tell you I love you so much,
to fill you with peace and endless warmth.
I'm wrapping you up because I adore you so much,
you are my sweet Angel dove and I can't get enough.
Oh my sweet Kira you're truly the best.

Wrapping you up to help calm and heal
both of our aching hearts,
to just let you know you're most important to me,
to show you your worth of a Queen,
so you will know I truly love you
and everything that I say I truly mean.
Wrapping you up tightly to feel out hearts beat.

Wrapping you up tightly within my loving arms,
I want to feel you next to me
and be taken away by all your charms.
I love you so dearly and want you to know
just how deeply my dedication and undying love go.
Just look in my eyes and you'll see
endless universes of love,
all of it just for you my sweet Angel dove.
I love you Kira so very much
that's why I'm wrapping you up in my arms
and so tightly pulling you in.
I want you to know you're a beautiful woman
and that I would do anything
for you my sweet true everything.

Michael P. McParland

Love Note 234

Sitting at dinner
and thinking of you,
you would have loved the movie
and it would have been
so much better with you.
Everything is because you
are an Angel so true.
I deeply love
everything about you.

I wish you were here
and pray you will be soon.
You make the days brighter
and happier too.
You are my sweet Queen
I so treasure and admire you.
I'm sending you sweet kisses
of love to fill you with warmth,
feel my arms about you
as I pull you in for a tight squeeze.
I'll be by your side forevermore,
you'll never have to face things alone.
I love you sweet Kira
you're the greatest woman I've ever known.

Michael P. McParland

Love Note 233

Good afternoon my dear love
I've been dreaming of you
and you've given me reason to
smile and feel warm.
Thank you sweet one
for all that you do.
I'm about out the door
to the movies with the
parents and nephews,
I so wish you were here
so you could join me.
I would hold you so close
and share sweet kisses
at random points,
I'll be dreaming of that while I'm out.

I love you sweet lady
and will be sending you
all of my loving warmth.
Know that I'm with you
and holding you close.
I adore you so much
and love you immensely,
remember sweet lady
you're not alone
and you never will be.

Michael P. McParland

Sweet Kisses To You Always

Sweet kisses to you and for you
always my dear so truly tender,
in pure loving kindness I give them
because I adore you,
I treasure you as a pure Angel,
as the diamond in the rough you are.
Sweet kisses forever for my sweet lady.

Sweet kisses always for my beautiful
Angel and best friend,
with massive hugs to as I pull you in.
I love you immensely and am in awe
of all that you are.
I love you for you sweet darling Kira,
I always have and I always will.
Sweet sweet kisses to you my sweet dear.

I have sweet kisses for you always
in my true, pure, undying, never ending love.
You are my soulmate and the woman
I truly treasure above all.
I have and give you sweet kisses always
because I want to be with you through all eternity.
Feel my hand as I take yours in mine,
then pull you in tight for sweet kisses delight.

Endless sweet kisses to you always sweet love,
I love you more than anything
in heaven or on this earth.
I want to marry you so everyday I
can give you these sweet kisses myself.
Sweet kisses for you always sweet Kira my only one
I adore you so much and love you tons.

Michael P. McParland

A Day Spent In Your Arms

A day spent in your arms
is what I long for and dream,
to be holding each other
while sharing everything.
Talking and laughing while we just lie down,
a day spent in your arms is all that
I hope for and want.
I love you sweet Kira and long for you darling,
and endless days spent in your arms.
You are the most beautiful woman I've ever known
you are my Angel and best friend so truly grand.
A day spent in your arms is everything I want,
the greatest gift and blessing you are my dream.

Michael P. McParland

Morning Note 92

Good morning sweet love
I pray you slept well
and felt me there with
my arms wrapped tightly around,
I'm always with you hand in hand.
I just awoke and will
be lying here for awhile more,
I would give anything
to cuddle with you
while sleeping in for a bit.
You're all I want seriously
my only one,
you in my life and arms
are what fulfillment is.
I pray so soon it is our time.

I'm sending you all of
my loving warmth so
feel it surround
and wrap you up.
I'm also sending endless
kisses and hugs to you
my precious one.
I'm right by your side
holding your hand.
I love you so much
you're never alone.
I love you dear darling
may the sun shine upon
you this whole day,
for you I am smiling
because I love you
my lady and want you
to smile as well.
You are everything I'll
ever want and need.

Michael P. McParland

Cuddling And Kissing

Lying in bed under the covers
kissing and cuddling with my only one.
The perfect way to end the day,
gazing into those perfect eyes
and seeing your beaming smile
as I say Kira I love you
and you drive me wild.

Cuddling and kissing under the covers
with my perfect Angel is everything
I truly want and desire.
I love you sweet Kira
my sweet sweet lady of passionate fire.

Michael P. McParland

Dreaming Of You Sweet One

I've been dreaming of you my sweet one
and it's helped lighten my heart seeing you,
we've been holding each other talking and laughing,
sharing sweet kisses and doing some crying.
Overall though just rejoicing at being together
and I know that's how it will go when we are.
I've been dreaming of you my beautiful one
and I love you so much.
Life without you is incomplete and barren
and fulfillment will only be here when we are together.

Michael P. McParland

Precious Love

We share a precious love
and a special bond so rare and good,
it holds true against all odds.
We are a special pair my only one,
we share and give a precious love
that is nowhere else to be found.

A precious love so truly pure and clean
known by few and it feels so good,
we have been blessed by God with a gift so rare,
a true love that has lasted all the years,
two kind and loving souls who
have found each other and our hearts.
A precious love for two so rare.

A precious love for a precious lady
I treasure more and deeply with each day passing,
she is a miracle of many wonders
and so beautiful in my eyes
she sends butterflies in my stomach.
A precious love with my best friend
a precious lady in every way imaginable.

We share a precious love felt so very deep,
from our heads right down to our feet,
a spiritual bond that noone can defeat,
a precious love without retreat.
I love you darling you are so great,
you are my precious love and Angel Queen.

Michael P. McParland

Morning Note 91

Good morning sweet love
and feel the sun smile
upon you with all of my love,
feel its deep warmth
as it gives you strength,
feel pure peace as I
gather you up for a tight squeeze.
You are my lady so tender
and let's start this day
with sweet kisses a many,
I love you my darling
and wish you were here.
to talk to and hold through.
You are everything this
man truly wants in his life dear.

I'll be right by your
side as I am always
speaking so softly and tenderly
reassuring you I'm
always here for you,
that I'm never leaving
because I deeply adore you.
Close your eyes sweet one
and remember me smiling
giving deep looks of love
so true for my lady.
I do love you Kira
because you are amazing.

Have a beautiful day
and feel all of my love,
my heart, thoughts, and prayers
are with you always
whereever you go.
I care about you deeply in every way
and miss you so much
and all of our talks.
Feel my hand in yours as

I take it in mine
and give you this great big
passionate kiss to start the day right.
I love you my darling
and may God bless you in full,
remember I'm here and there
with you always sweet love.

Michael P. McParland

My Sweet Darling 3

My sweet darling so beautiful and kind
I just want to hold you through all time,
sharing kisses and conversation
the greatest of all time.
There is no other just like you
and I love you for who you are.
My sweet darling you are all I'll ever want.

My sweet darling I truly treasure
you in every way there is.
You are my entire universe
and I'll always give you all I have within,
you are the most beautiful woman
in my eyes that has ever lived.
I love you deeply my only one
and I always will my sweet darling dear.

My sweet darling I want to spend my life with you
both this one and the next,
take your hand for all eternity
and hold you close to me.
Sweet darling look into my eyes
and then share a kiss and you'll
then know it's all the truth.
I love you Kira my sweet darling
and it's only you.

Michael P. McParland

Sweet Kisses To My Sweet Lady

Sweet tender kisses of true love
to my beautiful sweet lady,
wrap up in the tenderness they hold for you
and may they fill you with peace
knowing that I'm there with you.
Hand in hand I pull you in
for a hug giving sweet kisses to you.

Sweet kisses never ending to my sweet lady
I so deeply treasure and adore,
I am her man now and forevermore,
she is my Angel from heaven
and the greatest blessing any man has ever known.
Sweet kisses to my sweet lady
I love you so very deeply.

Sweet kisses to my sweet lady
come let me take you in my arms and rest with me.
We'll just cuddle under the covers
sharing sweet kisses over and over.
I long to be with you my only lover.
I love you Kira you are my Angel and a true miracle
I'll be sending you sweet kisses and hugs
the entire night through,
you are my sweet lady and I so adore you.

Michael P. McParland

Wonderful Woman 2

You truly are the most wonderful woman
I have ever known.
I truly love you very much
and want to marry you,
spend eternity by your side
holding hands and talking,
you are my best friend and only one
a wonderful woman from heaven
a blessing sent to earth.

Michael P. McParland

Sleep All Day

All I do now is sleep all day
because I don't have you to share my life with.
What's the point when you don't
have the person in your life who's most important?
I just sleep all day to escape
the pain and pray to have a dream
of you and me kissing in each others arms.

The pain of missing you never stops,
in fact it keeps getting worse and worse.
Each day through my life my love grows for you,
each day my heart grows fonder for my only one,
the Angel of hope and light of my life.

I feel so sad and tired all the time
because I want you here right by my side
but you're not right now and that makes me cry,
so I very often sleep all day praying
that I'll see you in my dreams,
so I can tell you everything and share my days.
I love you Kira please come back to me
you are my everything and I care for you in every way.

Michael P. McParland

Love Note 232

You're always on my mind,
always in my heart,
you are everything my dear
I truly need and want.
You're my Angel darling dear
and the greatest thing on earth.
I love you deeply
my only one and I alwayas will.

I'm by your side everyday
in everyway you never are alone,
with hugs and kisses all the time
feel my hand in yours.
Close your eyes ever so tight
to see my smile and
endless looks of love.
I love you Kira oh my one
and am never giving up.
You are the only one I'll ever want
and you are my treasured Queen.

Michael P. McParland

A Day In Each Others Arms

Today is a day to spend
in each others arms,
just to have you here close to me
wrapped up in my arms and yours.
I long and yearn for a wonderful day
just spent in each others arms.
A day of closeness with you in every way,
talking, resting, and so very much more.
I love you my dear darling.
What could be sweeter than a great day
just spent in each others arms
holding on so very tightly?
Nothing sweet darling because
you truly are my everything.

Michael P. McParland

Sending Sweet Kisses And Hugs

Sending sweet kisses and hugs
to you my sweet love,
feel all of their warmth and
like a big blanket wrap up
to be at peace and feel calm.
Feel as I put my arms around
you aand pull you in
saying I love you sweet Kira
come join me in bed.

Rest your head comfortably upon my chest
and hear how my heart beats for you dear
while I gently caress your cheek and stroke yout hair.
Close your and see me smiling
as I take your hand kissing you
in the most loving and passionate ways.
I'm sending sweet kisses and hugsto my babe
to fill you with peace and my endless love,
I'll do anything and everything for
my sweet Angel dove.

I'm sending you sweet passionate kisses and hugs
my dear lady sso fair,
I truly miss you and wish you were here,
I want to hold you so very bad.
I love you my darling you are my dreams,
please my sweet Kira so soon talk to me.
Until then though every hour of every day
I am sending you sweet kisses and hugs
of true love and dedication.

Michael P. McParland

Goodnight My Sweet Love 3

Goodnight my sweet love let's go to bed,
come cuddle with me and end the day,
please just talk to me softly
rubbing my face and head with
some sweet tender kisses to kill off this headache,
it's mostly gone now and your
love has helped cure it.
Cuddling with you would be heaven,
you are amazing my sweet beautiful woman.

Goodnight my sweet love I'll see you
tonight in the land of dreams,
just to see you right now is all I want.
Feel my presence both with you
and dreaming as I hold you so tight
and kiss you deeply all over.
I love you so much and need you badly.
I'm not feeling well and I wish you
were here to just be by my side
holding each other and your hand,
feeling at peace with my only one,
knowing true comfort with my Angel so wonderful,
that's exactly what I'll be dreaming of.
I love you sweet lady and treasure you deep
goodnight my sweet love you are so great.

Michael P. McParland

True Joy

There is true joy in the love that we share,
it gives me light and hope knowing that
I am loved in return and that if we work it all out
I won't have to spend this life alone.
You my sweet darling are true joy in every way,
I'll never get enough of you Kira my dear.

I find true joy in the love that we share
because it is clean and pure driven
and motivated by us only wanting the best,
we fight for each other not just ourselves
and that is pure joy my sweet Angel dove.
You are so grand and I love you so much.

You my sweet darling are true joy to me
in everything that you bring,
you are a blessing of hope and light,
a blessing of understanding I need
and I want to give back with my everything.
I love you my darling and greatest joy,
I want to experience true happiness
for all eternity with you.
You are true joy in you love
and the only woman I'll ever want.

Michael P. McParland

Spending The Night In Your Arms

I want to spend the night in your arms
hearing your soft Angelic voice
while you rub my head and face to help
chase away this wicked migraine that curses me.
Being by your side in your arms
and holding your hand as you softly speak
would be heavenly medicine to me
and just what I need being with my sweet lady.
I love you darling one and wish that
I was spending the night within your arms.

Michael P. McParland

Love Note 231

Precious gem of my heart and soul
I truly love you deeply so,
a diamond so rare and true
you're a beauty unequaled
my sweet Angel true.
God bless you always
my darling dear
my hand is in yours
and I send you
these kisses as I tightly hold you.
I love you sweet lady
and crave you
and your love so very much.

Michael P. McParland

My Queen 8

My Queen my Queen it is
of beautiful you I dream.
Holding you close, kissing your lips,
getting lost with you in passions grip,
becoming one as our souls fully meet.
Oh my Queen my Queen I want to
give you in full everything that I am.
I want to honor you as a great woman should be,
oh my dear Queen you are a blessing to me.

My dear sweet Queen so profoundly good,
you are beautiful in heart, body, mind, and soul,
I am in love and in awe over everything about you.
I just want to look in your eyes and see you smile,
be covered in your loving warmth
feeling your Angelic body next to me.
Oh my sweet Queen you're a miracle to me.

My Queen my Queen I hope you will soon talk to me,
you will see my true and pure loving sincerity,
you'll know that I'll give you my best for eternity,
that I'll be by your side for eternity
because I have no desire to leave my lady.
I will be my Queens King through the centuries.
I love you sweet Queen my Angel supreme
my heart is yours because it's you I deeply adore.

Michael P. McParland

Morning Note 90

Good morning sweet love
I'm still half asleep
but wanted to wish
you a good day
before I fall completely.
I wish you were here
just to hold before
either one of us
truly had to get up and about.
I miss you so much
and soon I hope
I'll be holding you
every morning as I wake up,
as I roll back over
to go back to sleep
I'll dream of holding
you my sweet dear one.
Drift off with a smile.

Have the brightest
and warmest of days
my dear love
as I'm sending you
all of my loving warmth,
hand in hand and
dream of my loving smile
and us taking a walk in the park.
My heart and prayers will
be with you the whole while.
Have a marvelous day
and remember if you are in need
I'm always here
and I'm never leaving my sweet Queen,
I love you my darling
and on this morning
I send you a million hugs,
smiles, and deep kisses.
I love you sweet lady
and I'm always with you.

Michael P. McParland

Peaceful Night

How I desire a peaceful night
spent here in bed with you,
surrounded by complete peace
feeling utterly content.
Snuggling and giving you
kisses both light and deep.
I desire and crave a peaceful night with you babe.

A peaceful night with you
would be a miracle and dream come true,
just to be by your side holding your hand
while enjoying your company seeing you smile,
being with the beautiful woman
I so deeply admire and desire.
A peaceful night with you in my arms
is want I so badly want.
Stroking your hair and telling you that you're great.

A peaceful night my dear darling
please come share with me,
we'll just snuggle and talk
giving what we want and need of ourselves,
sharing sweet kisses with my lady
is something I so deeply need.
Let's spend many peaceful nights my sweet dear,
I love you so very much and want you
to just lay here in bed with me
I stroking your hair your head resting upon my chest.
What could be better my dear than a peaceful night
with your true love and best friend?

Michael P. McParland

Goodnight Sweet Woman

Goodnight sweet woman I cherish and adore.
Do you feel my heart and how I love you?
I truly love you so very much and desire you,
I crave all of your love and need you so much,
come my sweet woman and join me tonight,
we'll cuddle and kiss in true bliss
ending this day in full peace.
I want to end everyday just like this,
in your arms, the lady I'll always love.

Goodnight sweet woman I'm sending you
massive amounts of hugs and kisses
along with my loving warmth,
in spirit tonight I'll be holding you so very close,
feel the kisses so gentle and sweet,
listen for my voice as I tell you
all that I feel and how I adore you
my Angel so kind, beautiful and everything good.
God I truly love you so very very much.

Goodnight my sweet woman I'll see you tonight
in the glowing land of dreams to hold you
and dry your tears I know are there.
Will you dry mine too my sweet love,
there have been very many without you.
So tonight snuggling under our tree on a blanket
drying our tears and kissing as we listen
to the river running by and I'll
pick flowers for you in the majestic field
made so truly lovely from our loves power.
Tonight my sweet one I will see you
and tell you I love you as I so tightly hold you.

Goodnight sweet woman please truly know
how I feel for you that my love
is so abundant that it overflows to near bursting.
I need you because I love and adore you,
you are my one and only,
I can smell your hair and skin

and it both comforts me but makes my heart ache in longing.
I so desire and crave to be with you sweet one,
I truly love you so much and will for eternity.
Goodnight sweet womam and I'll see you in our dreams,
here are millions of kisses, smiles, and hugs just for you.
God bless you eternally my sweet Angel dove.

Michael P. McParland

Tender Thoughts And Feelings

I have the most tender thoughts
and feelings for you my sweet dear
because I treasure you in every way
and adore your precious heart sweet lady oh so brave.
I have great tenderness for you sweet love
and I hold you deeply in my heart.

Such tender feelings for a tender woman
with a kind and massive heart.
Yes you are a tough fighter who's made it through a lot
yet you've maintained a precious soul
with a beautiful tender heart I so admire.
You are a special lady from who I am inspired.
Such tender thoughts and feelings
for my only lady.

Tender thoughts and feelings
for a truly beautiful woman,
one whom deserves the very best and
I long so very much to be her man,
forever being kind and tender in every way.
Prove to her that sh'e my Queen
and truly my everything.
Tender thoughts and tender feelings
are all I have for her.
I love you Kira and my tenderness is yours.

Michael P. McParland

In My Arms 3

In my arms is where I want you my dear,
holding you so close and tight
feeling your heart beat right next to mine
surrounded in your loving warmth
and surrounding you within mine.
I love you sweet darling and want you
always to be in my arms.

In my arms through the night and day
our souls speaking to each other
our bond and love growing ever stronger
each day that passes in out dedication
and true loving passion we hold.
I want you in my arms forever my sweet one
to feel complete with peace and comfort that never ends.

I want you in my arms right now sweet one,
my heart and soul are aching so bad for you.
I need you here to hold and give sweet kisses
as well as deep passionate ones
releasing the deepest expressions held within.
I want you in my arms sweet one now and forever
because I love you so very very much.

Michael P. McParland

Love Note 230

My sweet dear Kira
I miss you so much
and just want you to see
all for you that I hold inside,
how much my heart beats for you
and that I'd give my all
including my life.
You are my everything
and I love you so much.
With a great big hug
and deep kisses feel all my warmth,
you are my Queen and Angel
and I love only you.

Michael P. McParland

Wanting And Needing You

I want you and need you
in my life and arms so very bad.
To feel your love as your next to me
fulfilling each other with loving warmth.
Knowing life is complete being
in the arms of the lover we both need,
wanting to be there for all eternity.
I love you sweet Angel
you are my Quenn and forever in life
I want you and need you.

Michael P. McParland

Sweet Day Sweet Love

Have a sweet day my sweet love
and feel my hand within yours,
my arms are around you
and I'm looking out for your best
all the way through because I love you true.
Have a sweet day my sweet love
and I'll be right by your side all along.

The days are much sweeter when
you are around my sweet love,
to sit and talk laughing along.
Sharing the love we've always had
and giving tender looks and deep words,
knowing they're true because
they're profoundly shared between us two.
Those are the sweetest days my sweet love
and they're what I pray for always.

Have a sweet day my sweet love
and remember I'm here,
if you need anything at all
just give me a call,
I'll drop everything for my sweet Angel
and be right there to rescue you my darling one.
Have a sweet day my dear one and know
that you are cared for in every way,
I love you so much and am here to stay.

Michael P. McParland

Sweet Kisses To You

Sweet kisses to you on this eve,
holding you close and just feeling peace
as I look in your eyes and tell you
sweet one you are amazing
and I just want to spend the whole night
with you tight in my arms,
strokeing your hair sharing sweet kisses
we my lady so fair.
I love you my darling and send you
sweet kisses on this summer eve.

Michael P. McParland

Sweet Love Of Mine

Sweet love of mine so divine
I want you here to hold
so I can release all inside,
so I can hold you too
as you let go to me.
Sweet love of mine
I long for you and want
to hold you near,
giving kisses sweet and dear,
being near my wholesome Queen,
I miss you dear and want you here.

Sweet sweet love of mine
I'm truly so very tired
and want you to come cuddle with me.
Drift away on this lonesome night,
feeling calm and peace inside
with my Angel by my side.
Sweet love of mine and my everything
I long for you and want to
spend each day and night within your arms,
right next to the only woman I'll ever love.
Sweet love of mine join me now
and we'll fall asleep in each others arms.

Michael P. McParland

So Very Tight Within

So very tight within your arms,
it feels so good and right
pressed against your lucious lips.
Pure ecstacy being with you like this,
so tight within your arms
I don't ever want it to end.
I know that this is right
and what I've waited years for.
With my Angel at home
in your arms pressed to your lips
getting lost in the waves of
true love that we share.

You are held so very tight within
my heart and soul forevermore
and I can't wait to seal our bond
within your arms kissing your lips
so passionately and in deep loving care
to show you all the love I feel,
to let you know I'll give you my all
in everything all the time.
You are held tightly within me
and my love pulses with intensity.

I truly long so much to be in your arms
tightly held feeling your lips
against me as we share our loving warmth
giving true reassuring comfort and peace
as I tell you I love you and I will show you.
Soon so soon I pray that I'll be tightly in your arms
my dear sweet Angel and only one.

Michael P. McParland

Sending All My Love 2

Sending all my love to you sweet one,
as I continue to rest on this day
getting better from this illness
I dream of you holding you ever so close,
tight next to me feeling at peace and complete.
Feeling happy with my only one.
I'm sending all of my love to you
my sweet Angel dove.

Hand in hand forever precious dear
is what my heart calls to you in sweet love,
eternity with my lady and best friend
is what my soul needs for fulfilled happiness.
You are so truly beautiful in every way
and when I think of you I come alive in full,
not one thing dulled except the lonely pain.
I can feel your heart too
and I know it's filled with epic never ending love.
I'm sending all my loving warmth to to you.

My sweet dear eternity by your side is everything to me,
true bliss in a world so filled with blue,
I want to show you the happiness we can have,
that you're my Queen forever sweet one.
For now though feel all the love I send to you
and keep the faith in me and my love, our future too.
A love like ours cannot be defeated and we
will always fight for each other hand in hand all the time.
Kira I'm sending you all of my love to
help calm and reassure that for my Angel I'm always here.

Michael P. McParland

Morning Note 89

Good morning dear love
I pray you slept well
and felt all my love
and felt peace in your
dreams as I visited you there.
Oh my sweet love
I deeply adore you in every way.

Now on this morning
feel the sun and my smile
as they shine upon you
giving warmth in my infinite love,
take peace and solace
knowing I'm with you always.
I am your Angel
as you are mine.
I will give you my love
and protect you for all time.
You are my lady
my sweet Angel dove,
there isn't a thing
I wouldn't do for you.

I'm sending you great
big hugs and kisses to
help start your day.
Wrap up in the loving strength
that they bring,
feel my hand slip into yours
as I so tightly pull you in.
Know that I'll be with you today
and every other all of the way.
I love you so much my Angel bride,
I'm taking your hand my sweet Queen
and asking if you'll always be mine.

Michael P. McParland

Night Note 97

Sweet sweet love of mine
I hope and pray
you are sleeping well
and having the sweetest dreams
of you and me holding each other
and walking through
fields of flowers among
the moon and stars hand in hand,
sharing sweet kisses
along the way.
Feel my arms so tightly
around you on this night
as I send you all
of my loving warmth.

As always my heart
is with you on this night
to fill you with all of
my strngth, comfort, and peace.
You my Angel are a
true blessing to me
and I want always for
you to feel contented love
knowing you're not alone
and I'm forever here for you.
I love you my Queen
and will give you my everything,
I want you to be happy and fulfilled.
You're my shining star
and only one,
I long to be in your arms
for all eternity.

Michael P. McParland

Earth Angel 2

Earth Angel so beautiful to me,
my heart is taken by your love
you are a Queen so great.
You glow and sing to me
in high and heavenly ways.
Earth Angel I adore
come be mine today.

Earth Angel so truly great and rare,
you're a diamond in the rough
and compared to the rest
you truly are the very best and oh so fair.
Earth Angel of my hopes and dreams
you're my best friend and everything.

Earth Angel you truly are all
I'll ever want and need to
help fill and complete this heat and soul.
You're the medicine and cure
for my broken heart and weakened hurting soul.
Earth Angel it's only you for me
and I truly will stick by your side
and love you forevermore.

Michael P. McParland

Goodnight Sweet One 3

Goodnight sweet one I love so dear
in spirit I send to you these
massive kisses and hugs to fill you
with deep comfort and peace
knowing I am always there,
that you have my support
and are my only love.
Goodnight and sleep well my sweet one.

I was very sick today and still am not well
but I was still with you and I pray
you felt me always holding your hand
and by your side looking out for you.
My arms will be wrapped tightly around you tonight
as they always are my sweet Angel dove.
I'll take care of you for all time
if you'll just let me in.
By your side forever no matter what.

I'll see you tonight in the land of dreams
to just hold you and kiss you,
softly speak to calm and reassure you.
Let you know that I am always here
to help and hold you.
That it is my everything I will give you.
In the land of dreams my sweet love
I will hold you so very tight.

Goodnight Kira sweet one
I truly do love you so much
and I'm sending you all of my loving warmth.
I will be holding you all of this night
close your eyes smiling hearing me breathe
and say you are everything to me,
feel me holding your hand.
Goodnight my sweet one I miss you so much.
Have the sweetest of dreams
of our bright future lives together.

Michael P. McParland

Love Note 229

I love you so very much
my dear darling one,
feel all my love
as I continue to rest on this day.
You are amazing
and my everything.
Hand in hand by your side
forever sweet love.

Michael P. McParland

Morning Note 88

Good morning dear love
to start your day right
on a loving note I send you
this kisses and hugs
along with this noe.
I wish so much you were here
to cuddle away this
weekend morning and day.
To just feel pure peace
in each others arms
knowing we don't have to
be anywhere nor are we sweet one.

I'll be dreaming of you
as I catch a bit more rest,
your memory and love
help calm me and settle down.
I'll be holding you in spirit
my only one.

Have a marvelous day
filled with sun, warmth and love,
I'll be sending all
of mine to you.
Hand in hand my sweet Angel dove,
together through time
I promise you.

Michael P. McParland

I Hope And Pray

I hope and pray that you're still there
reading my words listening to me,
seeing that I'm still here and I'll never leave,
I so deeply love you and can't
just walk away and abandon you.
You are the Angel I always prayed and hoped for,
the sweet dove I waited years for.
The sweet Queen I'd wait an eternity for.
I pray you're still here so you can see
I long and work to be able to dry your tears
and heal your broken heart.
I hope and pray I can still be your knight.

Each day I hope and pray that you
are ever healthy and safe fearing nor facing
sickness or troubles that I do not know,
I pray for nothing to hurt you
and I want to be there by your side with you
to always protect and take care.
I want to give you all you deserve,
show you you're beautiful and so very fair.
Be a loyal love and protector,
I'd give or do anything for the fulfillment of my only lady.
I hope and pray you are always okay
and I'm dying inside everyday worrying.
Without you my dear the world is much darker.

I hope and pray that you'll always
remember and have deep faith that I am here for you,
that you will not fear or worry that
at some random point I am leaving.
I hope and pray that if you're ever
confused or unsure of something I do or say
that you will ask me my meaning
because I know I often get confusing.
If I ever hurt you in any way
I want and need to apologize and always correct it.
I don't like my lady hurting at all,
especially by something I did.

I hope and pray to forever do right by you.

I hope and pray you're still there
reading and hearing my words knowing their truth.
I need you sweet one I'm lost without you,
I'm all alone without the one person
who can ever understand or take down my walls.
I hope and pray you know how much you mean to me,
that I've known since the beggining it
was you who would hold my heart through eternity,
that our spirits held something special beyond definition.
I hope and pray that you will
always feel and know of my heart and souls truth.
I love you sweet darling and I always will.
I hope and pray that we won't remain lost
and we'll find the path of everlasting joy and hope.

Michael P. McParland

My Heart Aches Badly For You

My heart aches so very badly for you
my sweet dear that I even wake in the night
longing so very much and deeply for you.
A pit of pure pain in my chest
as I yearn and wish for the dear Angel I miss.
I pray so much that God will soon bless us
bringing us very close so we can have peace.
I love you sweet lady you're so amazing.
My heart aches so badly for you
and I just want to hold and kiss you.

Michael P. McParland

Warmth, Love, Hugs, And Kisses 4

Warmth, love, hugs, and kisses to you
on this very night and through all time.
With my Angel Queen at my side there
is no stopping a great true love
that is strong enough to last all through time.
We share a bond so very deep
it goes to our very cores and it's
deeply felt as we have together fought
for each other through all no matter what.
Warmth, love, hugs, and kisses forever
to my lady and sweet Angel dove.

Endless warmth and love I'll always send
to my only one with passion filled
soul touching kisses and hugs.
Giving of myself in full to help
make and keep my true love happy,
help fulfill her in every way
showing her that she's beautiful
and has abbundant worth is my desire and goal.
I love her so much I want her
to never be alone or in pain ever again.

Warmth, love, hugs, and kisses my dear.
Feel them all surround you and chase away
any and all cold, doubts, or fears.
I promise you I'm always here,
you are amzing and all that I want,
you're the barer of my heart and soul
and they need you through all.
I love you my darling you are my life.
Warmth, love, hugs, and kisses
forever my Angel of love and light.

Michael P. McParland

Calm Evenings (You By Me)

A calm evening with my lady by me,
that's all I'll ever need,
it's what I most want and crave.
To spend relaxing quality time with my only one,
just feeling her peace and
all the comfort she brings.
Calm evenings with her to relieve
all of lifes pressures reminding me
that in this world there is good
and endless beauty.

Calm evenings with my only lady.
What better way to spend your nights
than being in the arms of the one you desire?
Being fully enraptured by the one I admire.
Conversations both deep and light,
giving ourselves to each other in full.
Knowing I can finally be myself
once and for all.
Calm evenings with my sweetest lady,
she is the greatest and my everything.

Calm evenings with Kira will
be a blessing from heaven whe the time's here,
I dream of them always and get
excited when I think of the sharing,
the great conversations and smiling
I've so deeply been missing.
I can't wait for these deeply calm evenings
to be with my pride and joy,
my Angel my Queen.
The woman I truly love in every way,
calkm evening for eternity with my greatest friend.
What more could I ask for than
calm evenings with Kira I cherish and adore.

Michael P. McParland

I Miss You So Very Much

As I've gotten better bit by bit
through this day I've felt your endless love
and I know it's helped me so much.
Not just on this day but many more
and I'm so sincerely and truly
thankful to and for you in everyway.
It makes me miss you even more
wishing I were here in your arms
to tell you all I feel and thank you dear.
I miss you so very much and miss you
my sweet Angel dove I deeply love.

I miss you so very much
and am thankful for being showered in your love.
Do you feel mine and does it
also help you to make it through?
If not than I am failing my Angel true
and that would break my heart and crush my soul.
I miss you so very much
but love you thousands of times more.
I pray my loving strength and warmth
has helped you just as much.

I miss you so very much and life
has lost so much meaning without your gleaming touch,
without your brilliant smile and loving looks.
Have I touched your heart my true love?
I miss you madly and love you even more,
I hope you know how much you mean to me.
I'm truly thankful for all you do and who you are,
I love you sweet darling Kira just for you.
You are my Queen and nothing else or one
will ever do because I want you to be you
as you want because that's the woman I truly love.

I truly miss you so very much
and thank you for all your loving strength,
I've been feeling my health improve bit by bit
and I know it's because in spirit you've been here.

You are my one and only love so true
and I want to spend all eternity with only you.
You are an Angel, you are my light,
I love you Kira dear you truly are all I want.

Michael P. McParland

Maybe I'll See You

Maybe I'll see you so soon my sweet love,
God willing sooner than we've thought
if there truly is any mercy on earth.
Do you believe in miracles and mercy dear one?
This is where so much will hinge for me
my sweet Angel dove if I believe in mercy anymore.

Next month there's a very good chance
I'll be returning to Utah for a week or two.
If God will bless us I will see you
and you'll see me too.
If we see each other at first don't speak,
just let me open my arms out to you
so you can give me the sign you want
me to take hold and pull you in.
Then with tears I'll tell you I love you
and have missed you like hell.
Please forgive me and love me for all time.
If we see each other let's embrace
and talk as long as we can
and if possible only part while we get our
plans and things together at last.

If God will have mercy and bless us so true
maybe we'll see each other so soon.
I swore I would never return there
except to see and be with you my dear one.
Pray with me dear that our dream will come true,
I love you dear Kira and I want to see you.

Michael P. McParland

Love Note 228

Sweet love so very
beautiful to me.
How has been your day?
I still don't feel very well
and the sinus headace
continues to dwell.
I pray that the sun
has shined upon you
so very bright and warm,
delivering to you
all my messages of love.
Have you felt my
hand in yours as it always is?
Please remember that
I'm always with you here and there,
you will never be alone
my precious lady and onlky one.
Just close your eyes
and feel me take your hand,
my arms sliding around
you as well.
Please smile for me sweet one
and help brighten my day
and also help me feel better.
I love you darling
you're amazing in all things,
God bless you Kira you're my everything.

Michael P. McParland

God Bless You 5

God bless you my dear one
feel soothed and at peace,
my heart, thoughts and prayers
are with you my one
and I send you this passionate kiss
as I lay down to dream of you
holding you close and feeling at peace,
you are all I want in this world and the next.
God bless you sweet one
I miss you so very much.

Michael P. McParland

Goodnight Precious One 2

Goodnight precious one I adore so much.
with a great big kiss and hug feel all my love
surrounding and filling you up in full.
I want you here in my arms forevermore
as I stroke your hair gently speaking
reassuring you of all my love and caressing your cheek
while you gently rest your loving
ead upon my chest feeling the warmth
that we both provide in pure love.

Feel my arms wrapped tightly about you
through the entire night as I
give you sweet, soft, tender kisses of delight
giving us smiles and peace so needed
and desired in our whole bodies and hearts.
Know that I'm with you giving true love.
Kira you're my Angel and dear one,
you truly are my everything.

I'll see you tonight in my arms
within the land of dreams celebrating our love
and each other just looking into
each others eyes and smiling glowing in all,
to spend my life with you would
be the greatest way to spend all time.
So for now in the land of our dreams,
so very soon I pray with each other hand in hand.

Goodnight precious Kira my only one
close your eyes and see my loving looks,
feel in your heart and soul all that they hold
and remember that loving words are real
and the best times should not be overshadowed
by the bad that was there but not anywhere near as much,
let us both send each other all of
our loving warmth and take peace in what's real.
I'm sending you deep kisses and hugs
of a passionate love so true and real.
I'll be with you through the whole night,

goodnight precious one and Angel of light.

Michael P. McParland

Precious Lady 2

Precious lady come and take my hand
so I can pull you in giving all
my warmth to you in full,
oh my lady you are my precious jewel,
a bright and shining diamond
I find so truly pure and cool to no end.

Precious lady you are so very rad
in every way there is to me,
you always blew the rest away.
Always so beautiful beaming
brighter than even the closest ones,
yet you never looked down on anyone.
My precious one you're so
kind, loving, and humble in everyway.
How could I not love you babe?

My precious lady so truly cool.
How is it I am so lucky to have you too?
I'm such a nerd and loner through,
to have your love makes my heart sing loud.
How did I get so lucky to
be loved by this Angels precious heart and soul?
My precious lady so bold and beautiful
I want to be with you through all time.

Precious lady truly so divine
I just want you to be all mine,
even if you don't yet fully believe
I adore you so and my heart is forever yours.
I give myself to you in full,
my precious Kira you are so beautiful and truly cool.

Michael P. McParland

Your Loving Strength 2

My darling dear your loving strength is supreme,
though not yet feeling fully healthy and better
I have felt all of your energy and it's helped immensely.
I feel more rested and the headache has eased,
you are my Angel and truly perfect to me.
Your loving strength is a God given gift,
one that you share and I thank you so much.

I still need much rest but wanted to thank you,
tell you that your loving strength
is what always helps get me through.
Feeling your arms wrapped tightly around,
smelling your hair and skin your hand in mine.
It helps keep me going time after time,
my sweet sweet dear Kira you're amazing to me.

Your loving strength has helped me so much,
I thank you dear and pray I have helped you.
When we are reunited once again I'll
show you how much I'm thankful again and again.
Giving back to you each day for all time,
giving my love endlessly showing I'm kind.
I love you darling you're a true blessed gift,
your loving strength is a wonder to me.

Michael P. McParland

Love Note 227

Good afternoon my dear one
I pray you are well
and as I was at the doctors
I thought of you to help
give me strength to
overcome my headache
and make it there.
Please send me some
peace and strength
that the medicines
will work well
to cure the sickness
and take away the pain,
the headache still kills me
sweet one.
Thoughts of you
and feeling your sweet love
will help get me through.
You are my Angel
and can feel you watching over me.

My dear sweet love
feel my arms around you so tight,
and feel as I take your
loving soft precious hand.
I wish so very deeply
and much that you were here
with me one this sick
day to rest,
to just snuggle in comfort
both being healed in loves calm.
Oh my dear darling
I miss you so very much.
Even though I'll be resting
I'll still be with you,
I'm by your side always
my sweet Angel dove.
Hear my hearts call
as I hold you so close.

I love you Kira
you are my only one.

Michael P. McParland

My Dear Sweet Kira 2

My dear sweet Kira you are so divine,
the most beautiful intelligent
warm loving woman I have ever known.
I admire and adore everything you are,
you are my bright shining star
whom I'm lovingly devoted for all time.

My dear sweet Kira I love so very much,
I would do anything to help you feel
happy, contented, peaceful, and complete.
I want to work and strive to give you
everything you'll ever want and need.
Make my Queens life supreme and grand,
show my Angel her great worth in all I do.

My dear sweet Kira my heart lovingly calls to you,
it bares witness to all the adoration
and deep endless love I hold for you.
It only wants your endless love
and I'll only feel complete when you're with me.
You are my lady and my dear Queen,
I love you my sweet Kira my sweet Angel dove.

Michael P. McParland

Morning Note 87

Good morning sweet love
I hope and pray you are feeling well.
Not so much for me
as this sinus infection
has turned ferocious on me
and I woke up at 2: 30
my head pounding and splitting
with a deep migraine.
So today the doctors for me
to get the medication I need
and some headache killers so needed.

So I must lay back down
to rest my throbbing head
but wanted to say
good morning my love
and I so wish you were here
to cuddle with while
listening to my soothing
classical music,
I'd ask so lovingly
if you would rub my face
and head to help give relief.

Have a wonderful day my dear one
I truly love you so much.
I'll be holding your hand
the whole day and holding you close.

Michael P. McParland

You Are My Lady 2

You are my lady
and I love you so much,
you are so beautiful,
kind, intelligent,
everything I'll ever want.
I adore and cherish you to no end
I love you my dear Queen,
you are my true lady and everything.

Michael P. McParland

Goodnight My Sweet One 3

Goodnight my sweet one and sleep well,
Come cuddle with me as this day ends.
I want to end this one and all
in happiness being in my ladies arms
and her also being in mine
as we softly talk and then
listen to music and audiobooks while I stroke your hair.
Goodnight my sweet one I wish you were here.

Feel me so close as I tightly wrap my arms about you,
in spirit with you always I'm by your side
hand in hand as we walk or lying down,
and tonight my sweet love in the land of dreams.
Walking with you sharing sweet kisses and words,
oh my sweet darling I'll see you there,
and pray so earnestly that soon you'll be here.

Goodnight Kira my sweet one I so deeply miss you
and wish you were here to cuddle with and talking
as in peace and comfort, smiling as we drifted along.
Having you here in my arms would complete my soul.
I love you so much my sweet Angel dove.
Goodnight my sweet one and feel my arms
wrapped around you in love ever so tight.
You are the greatest and want you to be my eternal bride.

Michael P. McParland

Beautiful One 3

Beautiful one so truly dear to me
I wish you were here to share this eve,
to sit back and read while holding hands.
To put my head upon your loving shoulder
while I close my eyes and lightly drift
while you watch your favorite shows.
Beautiful one a life with you is all I dream.

Beautiful one I adore you in everyway it's true,
I love you so very much you take my breath away.
You don't realize just how pretty you really are,
I want a portrait of my lady to hang
upon my bedroom wall to see everday as I rise,
go about my days, and as I kneel to say my prayers
for you and me before I lie down.
Saying I love you Kira you truly are so grand.
Even after we're reunited I will keep
that portrait to make me smile.

My beautiful one you are my everything,
in my heart and eyes you're the perfect one.
I love you in every way there can ever be,
you are my best friend, my Angel and dear Queen,
you're all in this life I truly want and need.
Please let me take your hand and pull you in,
I love you Kira and want to hold you for all time.

Michael P. McParland

Snuggle 26

Come snuggle with me
for a rest on this late afternoon,
help put each other at peace
and have no nightmares of losing you.
Having you in my arms feeling
your loving warmth is comfort galore.
Come snuggle with me for a late afternoon rest,
I love you sweet darling and want to hold you so close.

Michael P. McParland

My Angel 3

My Angel so true I deeply love you
I could just hold you so tight and close
for hours nay I say days endlessly.
You are so truly beautiful and always amaze,
my dear sweet Angel into your eyes I gaze
enraptured by your bright smile in so many ways,
then say I love you my Queen
I want to spend eternity in your arms,
you're everything I want and you have me charmed.
Oh my sweet Angel you're very fine,
I love you sweet Kira I want you to be mine.

Michael P. McParland

So Very Tired

So very tired and want to relax with my lady,
just sit back and snuggle reading listening to music.
Sit in the sunshine by the pool
enjoying the nice breeze of today.
Then a nice late afternoon rest before
I cook her a beautiful dinner,
eating while lovingly holding hands.

So very tired today and just want to relax
with my sweet Angel dove whom I deeply adore,
just relaxing doing only the smallest of chores.
I feel so very tired and miss my one
I wish so very much for a long snuggle with her,
to rest and relax on this tired day.

So very tired and as I go at a medium pace
I dream of my lady and all these beautiful things,
I hope she knows and hears all of my hearts calls.
I long to relax and spend time with my Queen
on this very tired day.
I love you babe.

Michael P. McParland

Morning Note 86

A sweet good morning
to you my precious love
and to you as I finally get up
a great big kiss and hug.
I pray you slept well
and had the sweetest of dreams
my dear one,
you are amazing and magical in my eyes,
the greatest woman ever alive.

I didn't sleep so very well
and have a sinus infection that's hell
but I continue on feeling
all of your love and to
make it to the day where I
can everyday give you all of mine.

Have the most beautiful day
and feel me take your hand
and you into my arms,
I will be smiling just
for you my dear one
so feel all of my loving looks for you.
May the sun shine upon you
giving all of its warmth.
I love you dear Kira you are the best.

Michael P. McParland

Let Us Sleep 2

As I put on some soft soothing classical
let us lay down holding each other to sleep.
First sharing sweet tender kisses
as we just snuggle and nuzzle feeling
glory in being with each other.
Then as you rest your head upon my chest
I'll just stroke your hair as contentedly
we drift off to sleep fulfilled at last.

I pray that so soon we'll find this path
and to calm down in full I'll dream of this.
I love you sweet darling and I'll be here
always for my Queen and Angel.

Michael P. McParland

Peace Be With You

Peace be with you tonight my sweet one
and may you feel all of my love surrounding you,
you're one of a kind and a magical woman,
I love you so much and I need you
in my arms so tightly holding.

Peace be with you and be comforted
because as always my thoughts and prayers are with you.
I love you Kira and as I try to sleep
feel my arms around thee as I softly speak
to soothe you giving reassurance and all my kindness.

Michael P. McParland

Goodnight My Precious One 2

Goodnight my precious one you are so good,
let's end this night with a deep passionate kiss
while we just snuggle so tight in bed.
I crave the warmth in your arms
knowing I'm accepted and loved,
and in return helping you feel so very safe,
comforted and filled with peace.
Helping you to know that you're never alone,
with a deep hug and kiss I say goodnight my precious one.

I'll be holding you so very tight through the night
softly reassuring you of all my
dedicated love and devotion to you,
Kira my sweet Angel dove so precious to me.
I love you so much and send you endles
smiles, kisses, and tight hugs.
I so want to be in the warmth of your arms.

I'll see you tonight within the land of dreams
where being with you will feel so happy and bright,
just holding and kissing you being with my dear one,
I never want to be apart from you and feel empty inside,
I love you sweet Kira and need you in my arms.

Goodnight my dear precious one
and know that I'll be with you all night,
my arms are around you because I love you so much.
Do see me and hear me as I visit your dreams,
I need to see my beautiful one and see how you are,
I want and need to know if you are alright.
You are my Angel and the woman I love
goodnight Kira my precious one I love you so much.

Michael P. McParland

Warmth In Your Arms Tonight

I long for the warmth in your arms tonight,
to be held so close while you rub my head and face.
To hear and share such tender words with you,
oh my sweet love to share such warmth with you.

In your arms is where I'm truly safe and at home,
I want to be in your warmth and feel it surround,
to look in your eyes and share sweet kisses too.
Warmth in your arms is all I want tonight with you.

Warmth in your arms please come hold me close,
I want to rest my head upon your comforting breasts.
Just to be comforted and feel at peace.
I love you sweet Kira we need warmth in our arms.

Michael P. McParland

Aching Severely

Awaking from a couple hours nap
and I dreamed again of losing you,
my worst nightmares haunting me.
I already hurt from missing you,
now severely aching for my darling true.
I ache so bad from missing you,
I severely ache because you're not here
and I truly in every way love you so.

I'm aching so severely and just want
to lie here in bed and cry,
I feel so broken and like death
right now I just want to die.
I miss you darling dear
and ache severely wanting to at least talk to you.
More so though I just want to hold my only one,
be close to you and tell you
of all my love dissolving this severely aching pain.

I just woke up from a nightmare
filled and restless nap.
I can't take losing you in any ways,
I love you babe and want to take your hand,
I junt need your help and meet half way,
my severely aching heart is being crushed
by being all alone within this life,
I just want you here and we can end the strife.
I'm aching fiercely in my missing you,
this seperation of space is pure hell.
I love you Kira and you are the only cure,
I need and want you to end this severely aching hell.

Michael P. McParland

Love Note 226

Oh my sweet love
you're amazing to me,
everything about you
puts me in glee.
Hand in hand forever
through time.
Oh my sweet Angel
I'm yours for all time.

Michael P. McParland

Thinking

Thinking of all the good times we had,
the conversations and how we'd smile and laugh,
the most loving and deep conversations
with so much depth and true feeling
how they warmed both of our hearts.
There were many where I did break down some walls,
very revealing and private painful things I shared,
stuff that I could only tell you.
I'm thinking of them and I miss it so much.

I'm thinking of the gorgeous and beautiful woman I love,
her name is Kira and she's my sweet Angel dove.
She holds my heart in her tender hands.
I'm thinking about how wonderful and amazing she is,
I'm thinking of those random loving looks
that we could feel pulling at us and we would just smile,
with our eyes and demeanor saying I love you dear one.
We knew in our hearts what all was implied,
we were just kids though and scared to move on,
I'm thinking of it all and wish all the pieces
would now into place fall,
my heart is hurting needing you here.

I'm thinking of my only Angel and how I adore her,
that I miss everything about her,
I don't miss the mistakes that we made
but I'm always thinking how we can get past them and grow
because all of the good is abundant and amazing in every way.
I'm thinking of you my dear Kira and how
I want you with me forever and ever.
I hope you feel all of my love and in spirit
my arms wrapped tightly around you.
I'm always thinking of you my dear one
and feeling endless love in my soul and my heart,
you are amazing and a beautiful woman and soul.
I love you my dear Kira above everything and all.

Michael P. McParland

A Sunshiny Day

It's a sunshiny day over here today
and I wish you were here to go out and play,
just go out for a walk or wrestle
around laughing in the soft green grass.
Sit in the shade holding each other
smiling in complete fufilling peace.
A beautiful sunshiny day
with the beautiful woman I adore in every way.

A sunshiny day to just lay back and think of you,
all the fun that we should be having
and I pray that we will be one day.
Only then will I be smiling in true happiness all the time,
sunshiny days even during the stormy and grays,
today though it is sunny and bright
and I'm wishing I were with my sweet Angel bride.

A sunshiny day and I want to spend it with you.
My sweet beautiful woman where are you
and will you come so soon?
I love you and miss you to not an end,
my sweet dear Kira you're all of my hopes and dreams.
I miss you so much and want to be with you in the sun,
come let me hold you sharing our lives in pure warmth.

Michael P. McParland

Morning Note 85

Good morning sweet love
I have finally arisen
and wish I was holding you and kissing.
The perfect way to start
a day where my body is aching
from being so busy lately
chasing around town
with my nephews,
and being so tired from that
and being sad without you
here in my arms to hold so tight.
I wish you were here to
keep lying in bed for
10 or 15 minutes more
cuddling and kissing.

Feel as I take your
hand in mine and pull
you in for the biggest of hugs,
my prayers and thoughts
are with you the
whole day my sweet love.
Have the greatest of days
and be warmed by the sun.
I love you dear Kira
and if you need anything
I'll be right here for you.

Michael P. McParland

Goodnight My Dear One

Goodnight my dear one so very beautiful,
come snuggle with me to end this long day,
I'm so very tired and long deeply for you
to be here in my arms sharing the sweetest kisses
with my only Kira so very dear to me.
I want to just hold you close the whole night through,
my dear precious one I so love you.

I'll be sending you all of my endless
love and warmth to give you peace and strength,
feel my arms wrapped so very tightly around you
as I stroke your hair softly talking
while we relax to Mozart and other classical music.
Feel comforted and warmed in the kisses and hugs I send,
I truly love and care for you so much.

I'll see you tonight among the stars and moon
in the land of dreams getting lost in time together.
Holding hands and holding each other through the night
spending all the time there is with one another
to be at peace and in joy together.
Together being with the one we so deeply love
tonight in the land of dreams
and may God bless us so soon for reality.

Goodnight my dear one and God bless you so very much,
let him touch your heart with all the love that I hold,
know it is true and know it is deep,
know it is you that my heart and soul keep.
I want to be with you through all space and time,
I love you sweet Kira goodnight my dear one.

Michael P. McParland

Precious Lady

Precious lady so divine and rare,
come take my loving hand and join me here,
so I can pull you tight within my arms,
the pull back looking in your gorgeous eyes
before I push back your hair to see your smile
and admire the beauty I so adore.
Caressing your cheek I say I love you deep,
to my very core and so much more,
oh my dear dear Kira you're my precious lady
then plant on you a passionate kiss
the likes of which the worlds never known before.

Michael P. McParland

In The Night

In the night it's of you I dream,
lying so close and holding you tight.
Feeling safe, feeling content,
finally feeling whole at last.
In the night I dream of you
and pray that so very soon it will be true.

In the night it's only you I dream of,
talking, sharing, bonding to satisfy our tingiling
which is of all the love we share,
a love so very tried and true.
I want and need so much to be with you,
in the night you're all my hopes, thoughts, and dreams.
As always you are my everything.

In the night I long so much to have you near,
in my arms so close holding you so very tight,
as you rest your head upon my chest
I stroke your hair quietly speaking to reassure.
You are my only darling dear,
I want to give you peace of mind
that you are beautiful, deeply loved, and never alone.
I'm always right here and there just for you.

In the night you're all I want to have
hearing your voice before I turn on the music
or audiobook we'll both want to drift off.
You are my greatest dream and mean everything,
I love you Kira and in the night it's of you I dream,
sending all my loving warmth as my heart calls out.
Do you feel it's loving touch?
I want to spend each day and night with you
forever hand in hand right by my side.
My sweet precious Kira you are my Angel bride.

Michael P. McParland

I'll Forever Be (Your Man)

I'll forever be here for you my only one,
here to hold your hand giving my support
through every step to give my love,
to feel yours too being with the one I love forevermore.
I'll forever be here for my sweet Angel dove.

I'll forever be right by your side
to protect and make you happy all the way.
So you'll always know that you are safe
and have someone who cares and wants
the best for you in every way each and everyday.
I'll forever be your rock to provide you strength,
oh my dear love I'll be here for you forevermore.

I'll forever be the man who for you would give his life,
fighting for you in everyway no matter
the time of day or place, no matter what you need.
I'll forever be your man and give everything I have inside,
I'll work for you my Queen to be fulfilled.

I'll forever be your man because Kira
I love and want you more than anything.
I need you madly and I know you need me too,
no other person for me can ever do.
I adore and cherish you in every way.
You're my best friend and eternal soul mate,
our bond is special and so very very strong.
My dear darling Kira I'll forever be your man
because I love you deeply and so very much.

Michael P. McParland

Love Note 225

I love you sweet one
so deeply and very much.
I'll be back soon
and let you know when.
Feel my heart and spirit
as they're always
with you close.
Feel my hand in yours
and my arms around you tight.

I love you Kira dear
my Angel and my Queen.
God bless you dear
always and for everything.

Michael P. McParland

Lying In Bed 3

Lying here so very tired
with a heavy heart.
I long for you to be
here with me in my loving arms.
I just want you in my life
and by my side each day
that I am alive both
in this life and the other side.
Just lying in bed so very tired
and without you I want to go home.

Please come so I can show you
how beautiful and truly loved you really are.
We both know I'm a bad writer
but you love it so I do it all for you.
I just want to hold your hand
and kiss your loving lips.
Look into those mysterious lovely eyes
and see you smile caressing your soft cheek.
Lying here alone in bed
longing to see the woman I truly love in every single way.

Lying here with a heavy heart
trying not to cry.
Please hear my call and plea my precious one,
I miss you deeply my dear one
and want to hold you close.
Please come here so soon
lying with me while bare my soul and heart.
I love you dear if you only knew,
the depth is so profound
Kira it's only you.

Michael P. McParland

Morning Note 84

Good morning sweet love
and I awoke thinking of
and longing for you.
I'm sending you all of
my love and warmth
feel me take your sweet hand
and my arms about you.
I adore you so much
and send you sweet kisses
to start this long day.
In a bit I may be out
for awhile and I'll
be missing and longing
for you even more.
I often have to hold
back my tears missing
you so very much.

Feel me always right by your side
as I smile just knowing
in spirit your by me too.
You're a wonderful woman
and all that I need,
please come so soon
so you can rest against me,
I'll be holding you tight
and talking so soft
saying sweet sweet Kira
I love you much.

Have a beautiful day
and feel my hand within yours,
you're never alone
because my lady needs me,
I need you too
and we share a love so very true.
My arms are around you
and I'll always be here.
I love you dear Kira

I'm sending big kisses for you.

Michael P. McParland

Goodnight My Queen 3

Goodnight my dear Queen come lay down with me,
end this long tear filled day snuggling
and sharing sweet kisses of true love.
All I want is to end this night wrapped up
in my beautiful womans arms feeling accepted and loved.
Helping her to feel the same reassuring her
that she is my only one forevermore.

I'll be with you holding your hand
as I hold you so close and tight next to me.
Just softly talking sharing kisses so gentle,
stroking your hair as you rest your head upon my chest.
I love you so much and need you here,
spending each morning and night with my only love
in my arms letting her know she is truly loved
and will never be alone ever again.

I'll see you tonight my dear one as we come together
in the land of dreams so we can be together,
being next to each other feeling our bodies
as we just cuddle under the moon and stars lying down
on a blanket wrapped in another in a comfortably
cool night to help warm each other and also gaze at one another.
To spend time with you there helps till you're here.

Goodnight my sweet Queen Kira and hear my hearts loving,
know that it's true in its songs of deep meaning,
feel my arms wrapping around you in full loving
because you are the woman I deeply adore
and the Angel I treasure and cherish above all,
oh my dear Kira I want to spend eternity with you.
You're all I desire and I love to no end.
Goodnight Kira my Queen and the sweetest of dreams.

Michael P. McParland

Sweet One 2

Sweet one I love you so very much
you are my hero, my pride and joy,
the only woman I adore and will ever love.
Feel all my warmth as in both of mine
I take your soft and precious hand.
Feel my whisker stubble as I kiss your cheek
whispering in your ear I'll forever be right here,
I'm by your side forevermore not going anywhere.
I love you dear and my biggest fear
is losing you and not being near my only dear.

Sweet one you truly are my precious dove
and I'd give anything to talk to you,
to show my heart breaking down the walls,
reveal to you all I've held inside.
To listen to you in full for all time,
to get to know you in every way,
learn about my only one.
To support you in what you need.
I love you sweet one can you see?

Sweet one of my very heart and soul
I love you deeply and need you now.
You are the one I desire in every way.
Kira you are my Angel and greatest friend,
I want to spend eternity with you
Kira Petranovich my best friend.

Michael P. McParland

Night Note 96

Wondering about you my dear lady
hoping you're well and
wishing so very much that
I could at least talk to you,
I need to hear your voice
and see if you're alright,
my heart aches so bad
and is throbbing without you
in great pain.
I so long to hold you
and just say your name.
Feel my loving arms around you
as I stroke your hair
saying Kira I love you
and will always be here,
I adore you so very much
my darling dear.

You're never alone
and I want you to know
that forever it's only you.
May God bless you and keep you forevermore.
Please come so soon
and we'll celebrate our great bond.

Michael P. McParland

Why? Where Are You?

Why won't you reach out and talk to me?
I reached out in love my sweet one
because I love you so much.
I wanted to talk once again and fix everything.
Where are you sweet love I need you here?
I want you here in my arms to talk
and tell you everything you want to know.
Where are you sweet love so you can share all?

Why my sweet love all the silence?
How come every time we get started
something comes and derails us?
It's not always been our fault we've been thrown
but we should have and can come through it all.
I love you sweet lady where are you now?
Why can't this all just start flowing our way?
Where are you sweet one I want to take your hand.

Why my sweet love will you not just talk?
I have so much to say and to pour out.
I want to apologize for my wrongs,
and I'm not here to judge for anything.
I just love you my dear where are you now?
Why can't we just come and be as one?
I long and desire to hold you so much,
I love you Kira why is this so hard?

Michael P. McParland

Evening Note 62

Good evening my sweet precious jewel,
how deeply I truly miss you.
My darling feel my hand within yours,
know that my arms are always around you.
I need you so much and care for you deeply.
I love you sweet darling Kira
and have a warm, loving, happy evening.

Michael P. McParland

Tired, Longing, And Sad

I'm so very tired and sad,
I'm loging so deep for you to be in my arms,
lying in bed as I look in your eyes,
caressing your cheek saying Kira I love you.
You're my Angel and Queen and my everything,
I want to be with you through all time.

I'm so very tired and just want to sleep,
I'm so truly sad without you
and if you can't be here by my side
I can hope to dream of you instead.
To hold you so tight giving passionate kisses so deep,
stroking your hair and speaking so light.
I know though that when I awake
my longing will be so much stronger the pain worse.

I truly am so very tired, lonely, and sad,
longing painfully for the Angel I love.
I want and need my only best friend.
To cry on her shoulder and tell her my sorrows,
so many run so very deep and only she
can help heal my wounded soul and heart.
I will do the same for precious, beautiful her,
we need each other so very bad.

My sweet beautiful woman I adore to no end
I only need you to no end.
My heart is yours and calls out so loud
saying Kira my dear I love you so much,
come lay down with me and I'll pull you in close.
I love you Kira you're the absolute best.

Michael P. McParland

The Magic And The Mystery

Sweet lady you are magic and mystery to me,
a wonderful woman who blows me away
and so much I don't know but want to find out.
I want to know everything about you
and share your life my sweet Angel
and magic lady whom I'm so proud.

My magic woman so truly fine and beautiful in every way
the mystery of your beautil hearts
connection with mine makes me feel so good
and I'll only feel complete when you're in my arms.
I treasure you so very deep
and can't wait to just be with you for eternity.
You are magic and true mystery,
I want to be your man through all time.

My magic lady you hold my heart and soul
and I hope one day soon you'll let me
help you understand the mystery of it all,
that you love me and want my hand and heart
is magic to me in every way.
I hope you see all my love and that I am truly good,
it hurts my heart that some think I
am crazy and in some way bad.
I can see through this mystery though
and I know you know I'm good I can feel it in my heart and soul,
you're a special miracle to me in every way.
A magical blessing in my eyes.

Oh my magic woman of so much mystery
I want to hold and kiss you everyday.
You are the one whom I will always cherish and adore,
a diamond in the rough who stands above them all.
I love you Kira a magical woman with
a wonderous beautiful heart and soul.
Please come and help each other solve these mysteries,
we both have so many curiosities we seek to know,
come and together we'll break down the walls and solve them all.

Michael P. McParland

Morning Note 83

Good morning sweet love
and God bless you on
this bright sunshiny day,
my heart, soul, thoughts,
and prayers are with you always.
I hope you slept well
and saw me as I visited you
in spirit in the night
to hold you so close
and gently stroke your hair,
giving sweet tender kisses
as I said Kira I so deeply love you
and want your hand for all eternity.

Feel as I take your hand
and lightly kiss it
to fill you with all
my loving warmth.
You are a miracle my sweet dear
and I'll be by your side
giving my full support forevermore.
Just close your eyes
being warmed by the suns light,
see my tender looks of love
and accepting smile.
If you need my strength
and peace to give you support
shout out to me because
I am right here,
I'll never abandon you
so please drop all fears and doubts,
you are my lady and that is a fact.

God bless you my dear
once again and may
he protect you all the time everywhere.
I love you so much
and want you here to tightly hold,
oh my dear Kira

please come so soon.

Michael P. McParland

Goodnight Dear Darling

Goodnight my dear darling
and a big hug and kiss for you,
it's now storming outside
and I want to cuddle up tight
under the covers with you.
Sharing sweet kisses and being snug,
oh my sweet darling you're so beautiful.

I'm deeply tired and ready for sleep,
I'll be holding you tight through the whole night.
I love you so much and want
to spend everynight through all time with you.
I love you dear Kira and will be
holding you so tightly in the
sweet land of dreams.

Michael P. McParland

Dear One

Dear one the whole time I was out
I thought of you wishing I could hold your hand,
walking through the massive mall
enjoying dinner, stores, and rides galore.
With my nephews and parents there
I enjoyed myself,
but you were missing and that makes me sad,
oh my dear one I want you here so very bad.

Dear one my feet hurt and I'm very tired,
a long night at the Mall of America.
I wish you were here to rub your back and feet,
you deserve the best treatment and tonight you would need it.
I'd rub your tired legs and back,
your swollen feet and aching neck,
and if feeling queasy from the bumpy rides
I'd get you gingerale and rub your tummy till it was well.
I miss you babe and I wish you'd been there.

In summary though I just want you here,
to share such things then end the night
snuggleing smiling and content in each others arms.
To be fulfilled in both our lives
having the person we most love and adore,
my dear one Kira I so madly want you here.
I take your hand and say my Angel,
I love you Kira and long to spend hand in hand
for all eternity.

Michael P. McParland

Love Note 224

My dear sweet Kira
whom I adore
as I head out the door
I wanted you to know
I love you so.
You'll be in my heart
and on my mind.
I'll be holding your hand
the entire time.

Michael P. McParland

My Sweet Beautiful Woman 2

My sweet beautiful woman I dearly adore you,
you're the apple of my eye and the Queen
I deeply adore and cherish in every way.
I want to hold you very close and kiss you deeply
telling you over and over sweet one that
I love you very much.

My sweet beautiful woman I want you here
by my side through eternity forevermore
to cuddle with waking up next to every morning
and going to sleep sharing deep passionate kisses
right before you rest your head upon my loving chest,
being filled with loving warmth and comfort
provided by each other.

My sweet beautiful woman so deeply dear to me
feel my arms around you now and your hand in mine
as I take it and tightly in true love pull you in.
Kira you're my Angel and best friend whom I treasure in every way.
I want to be with you through all time
sharing all of lifes experiences as wife and man.
I adore and love you to my very core.
I love you Kira you're my only one.

Michael P. McParland

Love Note 223

Good afternoon my dear love
I pray you are well
and that you feel all
the loving warmth that I send.
I'm right by your side
and holding your soft
precious hand,
smiling at you as I say
Kira you're great
and I love tons.
Then pulling you in for
the tightest and loving of hugs.

I love you my dear
and miss you so much.
I now sleep so much
so I can see you in
my most beautiful dreams,
holding and kissing you
looking into your beautiful eyes.
I adore you sweet Kira
why don't you come,
why oh why aren't you here.
I need you so much
to be tightly within my arms
I love you sweet Kira and want you here.

Michael P. McParland

My Sweet Lady Love 3

My sweet lady love as I go about
my daily chores and having fun
with my nephews around town
as always I'll be missing you
and wishing so very much you were here.

My sweet lady love where are you now?
Will you soon reach out and talk to me,
let me take your hand and pull you in?
I want and need you in my life,
without you here there's a hole to be filled.
I miss you so much and long for my dear.

My sweet lady love my God bless you
as I always pray for you and your happiness.
I miss you so much and feel me take your hand
as I pull you in for a hug and big kiss.
I love you sweet Kira you're my only one,
oh my dear Angel I want and need you here.

Michael P. McParland

A Great Big Kiss

A great big kiss to you
on this lonely tired morning.
A great big kiss to say
Kira I love you and wish
that you were here for a snuggle.

Michael P. McParland

Morning Note 82

Good morning sweet lady
I pray you slept well
and saw me as I visited you
in your dreams.
I needed so badly to see
my sweet precious beautiful lady.
I hope so soon to see
you here in my arms in reality,
I love and miss you so much
my sweet lady Angel.

Have a beautiful day my dear one
and know that I am with you
where ever you are and go,
always hand in hand as I pull you in
saying I love you sweet Kira
you're my everything.
Close your eyes always if you're
feeling lonely and sad,
reach out your hand so I'll know
you need extra strength and support
and I can take ahold,
see my loving smile as all I have
in my heart for you is deep
caring love and admiration too.
You are my Queen and Angel
no other will ever do.

So have the most beautiful
of days and feel all of my prayers
of loving protection.
I will always be right here
for the woman I treasure.
I love you Kira please come so soon,
I miss you my darling and want to
hold you.

Michael P. McParland

Goodnight Beautiful Lady 2

Goodnight Kira my beautiful lady,
I'm sending you all of my loving warmth
with great big hugs and kisses just for you.
I'll be holding you tightly through the night.
Will you help calm and soothe me
rubbing gently my face and head.
I am so very tired and need your comfort.

Goodnight Kira my beautiful Angel true,
feel all my peaceful strength surround you.
I love you deeply and want to snuggle tight,
come sweet lady so I can hold you very tight.
I love you deepply my only one
and I'll see you in the land of dreams.
To hold you close and hold you tight.
I love you Kira my Angel of hope and light.

Michael P. McParland

Sweet Lady 9

Sweet lady so beautiful and divine
I wish you were here to hold
and wrap up with to keep warm.
It's warm outside tonight
but I feel cold here alone in my room
and wish you were here with me lying in bed.
Warming up each others souls in each others arms.
My sweet lady Kira please come so very soon.

Sweet lady I'm so very tired
and I'm all alone.
Come snuggle with me oh so close
sharing soft and tender kisses feeling very warm.
My sweet beautiful woman I so adore,
come be with me so I can hold you close
caress your cheek and gently stroke your hair.
You can rub my head and face while we relax in peace.
My sweet lady oh so fair come soon and be with me.
I love you Kira you are my one and I adore you so,
come so I can hold you close and be with you again.

Michael P. McParland

Kisses And Hugs

As we approach evening on this summers eve
I send to you these great big kisses and hugs
to fill you with light and all of my endless love.
God bless you my darling one and hear my hearts call
as it says Kira Petranovich I love you
and want to be with you forevermore.
You are my Angel and best friend whom I deeply adore.

My sweet darling dear a blessing and gift
sent from God up above.
I love you so much and send kisses and hugs
to warm you up with my undying love.
A truly great woman whom I want to spend my life,
hold forever and a day never parting again.
I love you Kira and send you these massive passionate
kisses, smiles, and hugs.

The sweetest and biggest kisses to you
my sweet Angel dove so divine
because I truly love you and I always will.
I love you dear Kira and want you here so soon
so I can personally give you these kisses and hugs.

Michael P. McParland

Love Note 222

Good after sweet lady
and I hope this day
finds you happy and shining
ever so bright filled
with all the love
and warmth I send to you.
Feel as I take your hand
giving it a kiss as
I tightly pull you in
for a tight squeeze
and passionate true love
filled kiss.
How I so deeply adore you.
You'll never be alone
as I will be by your side
forevermore my darling Angel Queen.

As I head out the door
to do some shopping
I wanted to say I love you
my precious beautiful Queen.
I'm so glum without you around
and will be thinking of you
as I'm going about my chores.
God bless you deeply
in every way my sweet dear lady,
I love you so very much
and hope you'll be here soon
to spend our lives and eternity.
I love you Kira and adore you
so very much.

Michael P. McParland

Cloudy Day

A cloudy day here in Minnesota today,
I'm tired and feeling very sad.
Irritable from the loneliness
and so much not going mine or our way.
I wish you were here to give a great big hug,
kiss and talk while we cuddle sweet one.
You are deeply missed and I long
to feel you in my arms and your spirit here.

A gray and cloudy day in Minnesota today,
my heart is heavy and I feel irritable
needing my sweet beautiful woman to hold and talk to.
I miss you sweet lady I so adore.
I wish you'd reach out so we could talk
and share our loving hearts and souls.
You're my lady and I miss you so very much.

A cloudy day here on this sad longing day,
I wish you were here to wrap up with
and brighten everything for us together,
for one another in strength and peace.
Smiling and reassuring of the great love we hold.
I love you Kira and want you in my life
and in my arms to chase away the gray cloudy days
forevermore to never again return.
You are the Angel that brings light sweet one,
I cherish and adore you to no end.

Michael P. McParland

Lying In Bed This Morning (Crying)

Lying in bed this morning crying
wishing you were here within my arms.
Just to spend the day together in bed
talking, laughing, resting, being at peace together.
Just to snuggle with my only lady
holding and kissing you knowing now
that being with you all in the world is fine.

Lying in bed this morning crying
wishing you were here to hold and cuddle.
I love you Kira you're my sweet Angel,
I miss you dearly and need you to be here with me.
I want you in my life for eternity.

Michael P. McParland

Come Snuggle 2

Come snuggle sweet one
before we start this busy day,
I want to snuggle with my sweet lady
before I have to get out of bed in full
and get started first on my chores.
Then in do time go out in public
to do some tiresome shopping.
Come snuggle for a short bit before
we get started on the day ahead.

Come snuggle with me on this early morn
and share some kisses to start this day close,
it's the start I need being in your kind arms,
please my sweet one come hold me for awhile.
Before this day starts and we get going
on our ways so busy and tiring,
snuggle with me dear love to start this day off right.
I love you dear Kira my Angel of light.

Michael P. McParland

Morning Note 81

Good morning sweet love
I hope you slept well
and had the sweetest
most beautiful dreams
of you and me.
Me holding you and telling you
everything is okay
and I'll always be here
for my one.
You will never be alone.

I just rose 10 minutes ago
and wanted to wish my love
the best of days.
To feel the sun shine
so brightly upon you my dear
and feel my hand in yours
as I will be by your side.
Close your eyes and see
my loving smile while
it fills you with warmth
as I send you all my love.
I love you Kira my precious one,
you are the greatest thing
within my life and
I want to be with you
so very soon.
I love you Kira dear
so please know that for you
I'm always here.

Michael P. McParland

Goodnight Beautiful Lady

Goodnight my beautiful lady
I give you this great big hug and kiss.
As I roll over to get more sleep
let's snuggle and be at peace.
I need my Angel so very kind and true,
sweet Kira love I want and need you
my entire life through.
Come snuggle with me darling one
and rest your head upon my chest.

Goodnight sweet one
and I'll have you wrapped up in
my arms so very tight through this night
and hear my voice as I say I love you Kira
and goodnight my beautiful lady
I cherish so very much.
With hugs and kisses and a tired
but loving smile too.
Sleep well Kira I love you deeply
and will see you in the land of dreams.

Michael P. McParland

Beautiful Lady 8

Beautiful lady I have just returned
from a very long walk around the mall
and now am lying downd for a much needed rest.
Will you come snuggle with me
and recharge our batteries.
I'm so exausted and want to hold you dear.
Beautiful lady I hold so very dear
come snuggle close with me.

Beautiful lady I so adore in full,
come rest and snuggle with your man so close
so we can be at peace in each others arms.
I want to hold you so very close
and know my ladies there.
I love you so my dear Kira love
you're my beautiful lady and I want to snuggle soon.

Michael P. McParland

Love Note 221

Sweet love my beautiful one
as I head out the door
to go to the Mall of America
with my nephews I wanted
to say I love you immensely
and wish you were here
to spend the day with us
sweet lady I adore
and cherish endlessly.
I'll buy you a gift while there
that when we see each other
once again I can give you
looking you in the eyes
saying I love you beautiful
precious love of mine
and I knew you'd love this.

Have a wonderful day sweet one
and feel me take your hand in mine
pulling you in close for
a tight loving squeeze.
My dear darling Kira
you are everything to me
and I love you immensely
and one day soon I pray
I'm going to hold you so close
covering you in loving
kisses so deep in passions grip.

Michael P. McParland

Darling One

Darling one beautiful sweet kisses to you,
the only woman my heart will ever belong to.
Feel my arms around you tight as I say
Kira my darling one you are so beautiful and sweet.
Please be my wife and spend each others lives
hand in hand in peace feeling forever complete.
Kira my darling one I love you deeply
each day more and more.

My precious Angel whom I so adore.
Kira my sweet beautiful darling one
I cherish and adore you to no end.

Michael P. McParland

My Sweet Beautiful Woman

My sweet beautiful woman
I adore you so very much,
I'm sending you millions
of smiles, kisses, and hugs
to light your sweet heart up.

My sweet beautiful woman
I cherish you oh so dear,
I wish that I were right now holding you
and one day will forevermore.

Michael P. McParland

My Sweet Love 3

My sweet come so I can hold you close
and you can put your head down on my chest
while I stroke your hair softly talking
and reassuring you of all my love
and telling you everything is alright
My sweet one I love you so very much.

My sweet love I truly miss you so,
I want and need you my only one,
each passing day I love you more and more.
My sweet love come close so I can hold you close.
You are my best friend and only one
my sweet Kira love it's only you forevermore.

My sweet love feel my heart beat for you,
it's calling out in full voice saying
Kira you are so beautiful and my Angel true.
I love you my sweet love and I need you forevermore.
God bless you that you'll always
feel all my love and our way will soon be clear.

Michael P. McParland

Night Note 95

Hello my sweet love
and I hope you had
a marvellous day.
I laid down for my rest
and fell asleep fast
only just 10 minutes
ago waking up.
My stomach still
slightly hurts and
I still just feel
tired sweet one.
It's the sadness in me
from not having you around.
I even cry in my dreams
missing you so bad
and needing you here.

I hope you felt
my love surround you
and my arms around you,
that's where they are always
my sweet Angel dove.
I love you so deeply
and want to be with you.
Please my sweet Kira
come be with me.

I'll be thinking about you
as I get up and moving
here on this night.
Holding back my tears as I
have been so my nephews won't see.
I miss you so much
and love you tons.
Oh my sweet darling Kira
when will our time come?

Michael P. McParland

Come Hold Me So Tight 2

As I prepare to lay down
for a very needed rest
please come join me for a snuggle
and we'll hold each other very close.
We can cry on each others shoulders
sharing kisses of true love.
Come join me for a rest sweet love
and we can be as one.

Come hold me very tight
and I'll hold you tight as well.
My stomach isn't feeling well
and I'm so very sad.
I just want to snuggle with
my only one and have a peaceful rest.

Come so I can hold you tight
and tell you all my love.
I need you here my darling one
because I truly love you dear.

Michael P. McParland

I Love You Love

I love you love
for you're my only one,
it's you that my heart is for.
You make it sing
and cry in tears of joy.
I love you love
because you're the one.

I love you love
because you have such
a beautiful heart and soul.
You are my best friend and Angel
whom I adore in every way.
I love you love
and there is no greater truth for sure.

I love you love
and I always will.
My heart is shattered
without you here to have and hold.
I just want to cry all the time
and lay down with you right by my side.
I love you love
for you're my only one.

Michael P. McParland

Come Hold Me So Tight

Come hold me tight dear one,
only in your arms I can feel complete again.
I love you so very much
and I feel very cold, alone, and empty
without you here to hold as well.
Come hold me so very tight
so once again we will be together as one.
You are my universe and everything,
I love you Kira my dear sweet Angel Queen.

Michael P. McParland

I Love You 5

I love you sweet one
more than anything.
You take me away to higher planes,
to me your love is everything
and I want to be with you.

I love you deeply
and I always will.
Please come so soon
so I can wrap you up in my arms.

Michael P. McParland

Night Note 94

Hello my dear darling
how are you on this night?
I hope you had a good day
and felt me there holding
your hand surrounded in my love.
I slept the entire day through
and still feel exhausted
and deeply sad missing you.
I'm always at your side
though my dear holding you.
You're my true love
and I miss you so bad.
I love you so much
and need you here.

Michael P. McParland

Sleep Well My Dear Kira 2

Goodnight and sleep well my dear sweet Kira.
I've been very restlessly sleeping
and woke up finally so I wanted to tell you
I love you so very much.
I'll be holding you tight through the night
as I'm sending you all of my love and warmth.
I seal this extremely painful day
of longing need by giving you deep loving
kisses and hugs of true love.
Then taking your hands placing them
upon my heart so you can feel how it beats for you,
looking you in the eyes and saying Kira Petranovich
I so deeply to my very core love you so much.
I'd rather die than be without you in my life.

Goodnight and sleep well my dear Angel Kira,
I'll be seeing you in the land of dreams.
I just want to wrap you up in my arms
as we wrap up together under a blanket
on top of another under our tree.
I just want to hold you and kiss you
being with the woman I so deeply love.
I'm hurting so deeply and that's what I need,
it's what both of us need for true peace.
Come and meet me in the land of dreams.

Goodnight and sleep well Kira my only one,
just know that I love you so very much.
I miss you so deeply and have actually
been crying in my restless depressed sleep.
I hope soon enough fatigue will help
give me deep sleep in full,
oh my dear God how I've prayed to have you here,
my Angel and peaceful love so wonderful
I need you here so we can take care of each other.
Sleep well my dear Kira I'll be praying and dreaming of you,
I love you so much feel my arms wrapped
so tightly around you my sweet Angel dove.

Michael P. McParland

Love Note 220

Good evening sweet love
I'm about to lay down
as I've been up now
for 45 hours and am
exhausted to my very bones.
I so deeply wish you were
here to kiss and hold.
I miss you so much my only one
and before I try to sleep
I wanted to say
I love you my Queen.
You truly are who
I ache for so deeply in every way
and I'm with you in spirit
taking your hand and pulling you in
to hold you so long and so tight.
Feel all of my love as
I send it to you with huge
kisses, hugs, and all of my warmth.
I love you Kira Petranovich
forever and always.

Michael P. McParland

Please Don't Leave Sweet One

Please don't leave me Kira
I can't stand to lose you once again,
I truly believe I'll finally
come apart in full.
My heart and mind can't take that loss.
You mean so much to me and I need you
sweet lady holder of my very heart.
I want to spend my life with you my precious one.

Please don't leave, come talk to me,
I can't stand to lose you once again.
I love you Kira and I want to marry you
spending eternity bound as a true couple.
I want no other and need to have you by my side,
I want noone else because you are my sweet Angel dove.
I love you Kira so very very much.

Michael P. McParland

Beautiful Kira

My dear sweet beautiful Kira
please tell me that you know
all my love is true.
That you know I don't like
to see you hurting and in pain.
Beautiful Kira please tell me
that you know I see this as no game.
I know you'll be honest with me no matter what,
because you love and respect me
just as I do you.

Beautiful Kira so divine and pure,
please tell me that you can feel my love
and all the care I feel for you.
Please tell me that you know I would
never hurt you on purpose dear
because you know to see you cry
breaks my heart and tears me up inside.
Beautiful Kira please tell me that you know
I would never view or treat you like a toy.

Beautiful Kira I ache so much for you,
I don't like to see you in pain because I love you so.
I can feel it deeply all the way to here,
I feel you always because the bond we share.
I know your love, I know your sorrow,
and it makes me so very sad to know you're angry.
I will never take an ounce of joy in
seeing you sad and in pain my dear.
It makes me sick to my stomach
knowing that you're suffering.
Beautiful Kira you are my Angel so very pure,
I love you deeply in every way,
you're all I want and all I need
and I pray so deeply that you know
all the truth in me.

ILYF Kira my darling one.

Michael P. McParland

So Tired Dear

Right now I'm just so tired dear
and don't know what more to say.
I love you deeply my only one,
I pray you'll finally believe my words.
I want you here to show you in every way.
I ache so much to have you next to me
and express myself in the deepest ways.
I love you Kira and I don't know what more to say,
I'm so very tired dear and wish you were here
to just hold and snuggle with here in bed.
Be with you my darling dear to hold you close
and give you kisses so passionate they'd shake the earth.
My body and soul ache so much in my love
and deep need for you.
I'm so tired dear and wish you were here to tell it all,
I love you so very much and don't know
what more I can say here in this place.
I need you Kira to help cure the tingling in every way,
both body and soul that are in such need for
my sweet Angel dove.

Michael P. McParland

Can't You See?

Can't you see sweet one
how very much I love you so?
Can't you see I've done as much
as I know how?
Can't you see that if I knew
how to solve everything
and go get you now I would?
Can't you see my deep undying love
and that I truly need your help?
Can't you see that I get no
pleasure from you hurting so very bad?
I hurt so badly too because
just like you I'm so filled with love.
I want you here right by my side
and wrapped up in my arms.
Can't you see and feel the truth I hold?

Can't you see I've laid so much
of myself bare on here just for you?
Something for noone else I'd ever do.
You can't expect me to bare myself
in total revealing all on here,
we need to talk so I can share it all.
Can't you see I need you bad?
I have reached out and I need you to reach back.
I'm not asking for anymore than
I have done or would ever do.
I love you so much and want to be with you.
Can't you see my heart is shattered
without you in my life to give me light?
Can't you still see the good in me
as I do you?
You my precious Queen so full of compassion.
So full of understanding when you want to be.
I say this not of scorn or to hurt you dear,
I say it out of my need to share with you sweet one.
All my feelings and needs from you.
It's because I so truly love you dear.

Can't you see just how badly I hurt for you?
I know you hurt for me because I feel it
even so very far away.
I also know you're angry dear
and I don't know why when I truly give my all.
Can't you see my want and desire to please you dear?
Can't you see I love you more than anything?
I want to have you in my life
and talk so much.
Can't you see if we do we'll make it through?

Michael P. McParland

Morning Note 80

Good morning sweet love
and may God bless your heart,
I wish you were here this morning
to just hold before the
day starts in full.
You are so beautiful
and special to me.
My thoughts and prayers
will be with you through the day.
I'll be by your side hand in hand
as you go about what you need,
I always am you're never alone.
May the sun shine upon you
and fill you with the warmth
of my love.
I miss you so much
and love you so deeply sweet one.
Have a wonderful day
and remember my smile,
it has always been filled
with true love for you.

Michael P. McParland

Lonely For Life

Without you dear I'll be lonely
now for all my life,
I'm not saying that as a ploy of guilt,
just expressing how I feel
because it's only you for me my dear.
When I gave you my heart it was for good,
I don't want it back it's yours
for now and evermore,
the thought of being with another
would feel like cheating and dishonoring
both you and me.
I'll be lonely for life without you
and I feel so lost and just
want to close my eyes and quietly pass.
I've lost my reason without you in my life,
I love you now sweet one and I always will.

Michael P. McParland

Sleep Well My Dear Kira

Goodnight and sleep well my dear Kira
my thoughts and prayers are with you sweet one,
my heart is yours forevermore
and I'm proud to have you be the one.
I'll be with you always no matter what,
I love you dearly believe it or not.
May God bless you always in every way,
you are my Angel still.

Goodnight and sleep well my dear Kira so beautiful,
I'm sending you all of my love and warmth
with great big hugs and kisses too.
I'll always be here if you need and want,
I'm right here with open arms and an open heart.
I love you so much you don't even know,
goodnight and sleep well my dear Kira
I miss you so much and I always will.

Michael P. McParland

Evening Note 61

Good evening sweet love
my thoughts and prayers are with you.
I love you so much
and my heart is calling out
in loving need to hold you,
kiss you, talk to you
telling you everything I hold.
You are so sweet and precious
I treasure and cherish
everything about you.

Feel my arms wrapped tightly
around you as I take your hands
and pull you in.
Hear my voice whisper in
your ear Kira I love you,
I want to spend all time with you,
you're my Angel so special,
and I want and need you like no other.
You are the amazing woman
that my heart belongs to.

Michael P. McParland

My Darling Dear

My darling dear you are so precious to me
and I wish so very much that you were here.
Just to hold and kiss telling you I love you deep,
that you are beautiful and special in every way.
That I want to be by your side every day
sharing all our lives experienceing much.
Feeling fulfilled in total peace,
knowing that we're both there and will not leave.
To be able to fall asleep and know
that when I wake you'll still be there.
So we can tell each other everything we hold inside,
breaking down the walls which we've kept up so long,
having total trust in the love we share.

Oh my darling dear I miss you so
and wish so much that you were here
so you could look into my soul
and see all the truth I hold.
I love you so very much
and need you to know that I've never lied
because you're the woman I love in full.

Michael P. McParland

Sweet Kira 2

Sweet Kira so truly perfect in my eyes,
my best friend who I love and idolize,
she is my hero and sweet Angel dove,
I love her deeply to no end.
She is my hearts great keeper and my only love.
She is the greatest woman
and I'll never want another one.

Sweet Kira so truly beautiful and divine,
for all eternity I hope that she'll be mine,
I adore and cherish her in every single way,
she is my Angel Queen and so very dear.
A blessing sent by God above
and I thank him so very much for her.

Sweet Kira oh my only love
you are so truly grand.
I love you more each day that passes
you are so truly great.
I hope you know just how much I need you in my life,
I hope so soon that you'll be here so I can hold you close.
Sweet sweet Kira my only one I love you so very much.

Michael P. McParland

Love Note 219

Good afternoon my sweet love
and may God always bless your heart
and fill you with all
the love that I feel for you
my sweet Angel dove,
my only one such a blessing
from up above.

How are you doing
on this beautiful day?
I've been thinking of you
and praying you'll be at peace
feeling all of my strength,
I want you to be happy
and know that I am with you
right by your side,
taking your hand
and squeezing you tight.
I love you so much
and will never leave you
all on your own.
You'll always have
all my support in full.

Have a wonderful day my sweet one
and know that my thoughts
and prayers are with you always.
You're my sweet Angel dove,
I so deeply love
and adore you.

Michael P. McParland

Taking Your Hands 2

Taking your hands in mine
and looking you in the eyes
to show you all my love and support,
telling you I love you my precious one.
You are the best my sweet Angel dove,
it's only you for me my Angel Queen.
I want to spend eternity with you
right by your side.

Taking your hands as I pull you in,
to hold you close as I kiss you deep.
Swear to you I'll never leave
because my heart is yours
and I'm dedicated to you in full.
I'll only ever give myself to you
because my heart sings and beats for only you.
I love you so and no other will ever do,
I'm taking your hands and never letting go.

Michael P. McParland

Morning Note 79

Good morning sweet love
I hope you slept well
and had the most beautiful
dreams of us being together.
I pray you felt all my
warmth and love surround you
and my arms wrapped so tight.
On this beautiful morning
I send you endless smiles,
kisses and hugs.
You are so wonderful
and beautiful my only one.

May you have the most
beautiful of days
full of sunshine and warmth.
Feel me take your hand
as we walk along,
I'll be by your side
as I always am.
You're a magnificent woman
and my sweet Angel dove.
I love you so much
and you're never alone,
I'll be holding you
the whole day long.

My thoughts and prayers
will be with you
my dear Queen and Angel.
Please smile for me
and light up the universe,
I'll smile for you too
and always remember the good times,
please come so soon
so I can tightly hold you,
tell you in person
how madly I love you
and look in your eyes

as I drop to my knee
to ask the most important question.
If you'll honor me
and make me the luckiest
and most blessed man in history
and marry me.
Giving you my best and everything
through all of eternity.
I love you sweet Kira
and need you so greatly.

Michael P. McParland

You're Always On My Mind

You're always on mind sweet love
no matter where I am or what I do.
I'm always concerned about you.
I'm always worried and hoping
that you're doing well.
Praying that you're not in pain
or crying over something very bad.
I always hope that you feel all my love
so you'll truly know that you're not alone.
You're always on my mind my precious one.

You're always on my mind sweet one
because I care about and love you very much.
You're the woman I love so deep
I die more and more each day without you here.
You're always on my mind sweet love
and I am concerned and worry over you so much,
I care about how you feel and have
no hate in me for you at all,
even though at times you think I do.
I get angry sometimes yes my dear
but hate you I never could.
You're the only woman I'll ever love,
I get concerned over you just like I do
my mom and dad.
That means a lot because you're my
family in my book.
I want you to be my wife for all time
my precious dove.

You're always on my mind sweet love
and I tell you how I feel because I care so much,
I love you more than anything
and for anyone else I would never ever
have put so much out on here,
just for you my sweet Angel dove,
and anything more is just too deep
it's only meant for you.
You're always on my mind my dear

you are my only one.
Please come talk and take my hand
so you can see that I have told the truth,
I need to see and hold my precious dear.
I want you always and need you bad,
I want us both to be happy and I'll always
give you my all and best.
I love you dear you are my one,
my dearand only Angel Queen.
You're always on my mind and so dear to me,
pleaee come sweet love you are so good to me.

Michael P. McParland

Night Note 93

Oh my sweet love
I've been up for the shortest bit
but still feel so tired my love.
My heart is heavy because
I miss you so much.
A bit of food and a shower
than some more sleep for me.
I get to see you in my dreams
and hold you so close
giving kisses and talk
while looking into
your beautiful precious eyes.
Please my dear Kira come
talk to me soon.
I know with no doubt we can
work it all out and find our way through.

I need to get up and get moving
and I will write you after
my very refreshing shower,
my mind will be so much clearer
and I'll feel much better.
I love you sweet lady
and it is you I fully treasure.

Michael P. McParland

Love Note 218

Sweet sweet Kira
my only one
fear not
I have not forgotten you,
I love you so much
and need you so bad.
I've been sleeping all day
just to dream of you,
I miss you so much
and want to hold you.

Oh my sweet sweet Kira
so truly good,
I love you so much
and need you so soon.

Michael P. McParland

Love Note 217

God bless you sweet dear
I love you so much,
I've been lightly sleeping
all day and wanted to check in.
Tell you you're perfect
in my eyes sweet one,
I want to spend forever with you.
You are my Angel
so truly divine,
you are amazing sweet Kira
I love you so much.

Michael P. McParland

Aching Badly

Aching badly lying here,
I miss you so much my darling dear.
The pains to much to eat or sleep,
but I just lie here on my bed anyway.
I long for you to talk to me,
be here in my arms snuggling.
Just have you in my life in some way,
I ache so badly for you darling dear.

Aching badly on this night
and it's you I dream of
my precious dove.
Aching badly for my only one
and it's only you I really want
because I love you more than anything.

Michael P. McParland

Goodnight Sweet Sweet Kira 2

Goodnight my sweet sweet Kira so dear,
Sleep well and please feel me there
with my arms wrapped so tightly around.
Feel my hand in yours as I take it quite firm
giving a gentle reassuring squeeze.
I truly love you and of that
I would never ever tease.
You are to precious and mean so much to me.

I am sending you all of my love and warmth
with these endless kisses and hugs.
God bless you truly my only one,
as I lay here alone tonight I'll be praying for you,
dreaming of holding and kissing you,
hoping that you'll feel all of
the peaceful comfort in my love I am sending,
because dear if you ever decide to return
I will be here waiting for you.
I'll wait eternity if that's what I must do,
I love you so much and for me there's only you.

Goodnight my sweet sweet darling Kira
I send to you this huge extra special
good night kiss and hug,
oh my darling dear I miss you so much,
in spirit I will be holding you ever so tight
feel all of my love surround and wrap you up.
Goodnight my sweet Kira I'm never going
to give up on you my only one.
You mean everything because you are my best friend
and sweet Angel dove.
I'll love you forever through all time.

Michael P. McParland

All You Had To Do

All you had to do was talk to me
and we could have seen it through,
but instead you're walking out
when I've tried and worked so hard.
Why couldn't you just talk and understand?
I reached out to take your hand,
I have feelings too sweet lady I love so true.
I'm not a monster so please stop saying that,
I've tried so hard and gave my best.
All you had to do was talk
and our dreams were ours to take,
but instead say hurtful things and walk away.
Now my heart is crushed and so am I.
I'll love you always Kira no matter what.
You'll always be my number one.

I'll always be here for you
if you need.
I'll stick by you through
thick and thin.

Michael P. McParland

Love Note 216

Good late afternoon
my sweet love
you truly are my only one.
I'll adore you forever
because you are a treasure
and I promise always
that I'll never leave you,
you are my Queen
and you are my Angel,
a true blessing sent
straight from heaven.

I love you so much
and long for you deeply,
only with you
do I want to spend eternity.
You are my soul mate
and only best friend,
my loving adoration for you
has no end.
You are the greatest
and you hold my heart.
I want to share with you
forever our sacred loving bond.

Michael P. McParland

All I Want 3

All I want sweet one is for you to be with me,
I just want your love and full acceptance
being in your arms in total comfort.
All I want is you my dear you're
my best friend and dear Angel.
I love you deeply my beautiful sweet lady.

All I want is to hold you in my arms
and tell you all about my life and love,
to break down these walls and show it all.
Give you this trust which I can't give
to anybody else.
I love you dear and all I want
is to share my life with you my wanted wife.
I long to give you all I have.

All I want is to prove to you that I'm not lying,
that all my words have been truth to you.
I want to prove my integrity so you
can at last have trust in me.
All I want is your loving faith and trust,
for you to know I truly give my all and best,
that I would give anything to please my Queen.
Oh sweet one I love you so
and I really hope you truly know.

All I want sweet one is to have you by my side,
I love you deeply and I want eternity to be ours.
We'll take each others hands and celebrate our bond
as we march along to loves sweet song.
You're all I want my sweet one,
just you and all of your accepting love.

Michael P. McParland

Lying In Bed 2

Lying in bed feeling so very sad,
I'm missing you really bad
and I know you hurt as well
because I can feel it over here.
Do you know that I can sense you
even oh so far away?
I can and when you're hurting
or angry I feel twice as sad
because I don't like it when
you're sad or mad,
I want you to be happy and smiling.
Believe it or not I want the best
for my sweet Angel dove.
You truly are everything I need and want,
I truly do my very best.

Lying in bed sweet love of mine
and I know you think I'm angry at you
and yelling really loud,
but I'm not either one sweet love,
I'm missing you so very bad
and feel epically sad,
and just expressing how I feel right now.
I'm not mad or yelling
so please stop worrying over that.
I love you deeply sweet lady so divine.

Lying in bed and trying to get some sleep,
Oh my sweet lady I miss you very deep,
I wish that you were here to hold and kiss
while we talked and fell asleep.
I love you Kira so very very deep,
I'd give my life just to see you happy
for the rest of yours,
I'd give anything to make sure
you had a happy life and all you want.
I would give anything and everything for you
my sweet Angel of delight.
I love you deeply and you are

the greatest one anyone could ever hope
to have blessed upon their life.

Michael P. McParland

My Only One 3

You are my only one and it is true,
for me it has only ever been you,
you are my universe and all my sweetest dreams.
You are my Angel and my Queen.
You're my only one and to me you're everything,
I love you darling dear
and I always will forevermore,
you are the sweetest woman there's ever been,
I want only you through all time.

Michael P. McParland

Morning Note 78

Good morning sweet love
and to start your day
I send to you this
massive kiss full of
all my warmth and love
to give you peaceful cheer,
I so truly love you my dear.
Feel me by your side
throughout the day
as I take your hand
I'm always looking out for you
sweet one I adore so very much.

May the sun shine so brightly
upon you throughout the day
and warm you to your very core.
You know I'm always concerned
for you and need to know
if you're okay,
so be filled with the warmth
of the suns rays knowing
it's my love smiling on you,
close your eyes remembering
my looks of love always.
If you start to feel any fears
remember that my hand is in yours,
If you need me I'm always here
and you have all of my support.

Have a grand day my sweet love
and remember you are my one,
you and only you forevermore
my sweet Angel dove.
I truly love you so very much.

Michael P. McParland

Night Note 92

Oh my sweet love
I pray that you are
resting so very well,
getting good sleep
and having beautiful dreams.
I hope they are all
of you and me,
holding each other and kissing,
talking, laughing,
and in all just being together.
Those are my dreams here
in waking.
It's what I'll be dreaming of
as I get back up to do more cleaning.
You are the Angelic vision
of true love that keeps me going,
your love is reality
and that it is for me is refreshing.
I'm thankful for you
my sweet precious darling.

I love you sweet Kira
you're so very cherished,
I wish you could feel
all of the love
that I carry.
I wish I could do everything
to make your life perfect,
you deserve the greatest
my sweet dear Queen Angel.
I miss you so much
and care so immensely.
I do need you to come talk to me,
you truly are my everything.
I love you sweet Kira
you are the woman I long to marry.
For you I will truly
give always my all and everything.

Michael P. McParland

Taking Your Hands

My sweet lady love
how I miss you so,
feel as I reach out
and take both of your hands in mine
and place one on my heart
my hand still upon it,
while I gently kiss the other
as I still hold it.
Feel this enormous passionate
kiss as I pull you in.
Then tell you I love you
my dear precious Queen.

I've never meant it
as a demand when I say
take my hand.
I always meant that mine was out
and often in yours,
I just wanted you to squeeze back
but I miscommunicated that,
I'm so truly sorry sweet one.
Feel it now as I take both your hands
and on this night and everafter
pull you so tightly in.
I love you sweet one
you are the best.
Feel my lips press to yours
with this passionate kiss.

Michael P. McParland

Snuggle 25

As I lay down for awhile
will you come sweet lady and snuggle?
Keep each other safe and warm
within our kind, caring, loving arms.
Heal our hearts and souls
while filling our desire of holding one another.

Will you come snuggle sweet one
and gently talk while we relax?
Will you honor me as your man
by spending the night within my arms?
Will you come snuggle and nuzzle
chasing away all the struggles?
Please swseet one say you will
and let's rest in contented peace.

I need some rest before I finish
cleaning up this house.
Will you please snuggle up with me
and give me the greatest company?
I love you darling
and it's you I need.
Please sweet one come and snuggle
and for awhile dorget all our troubles,
you're the greatest woman
and it's only you I desire.

Michael P. McParland

Sleep Well Sweet Love 2

Goodninght Kira sweet love and sleep well,
with a great big hug and kiss let's end this day,
snuggle with me through the night
sharing passionate kisses as we share our love,
I long so much for you to be here.
Goodnight my sweet Kira I love you so much.

My arms will be wrapped around you
tightly through the entire night
as I'm sending you all of my warmth and love.
God bless you in whole every second
of every night and day through your life.
Feel the kisses I'll be giving
and listen so closely for my soothing voice.
Telling you everything is okay
and we'll be alriight as long as we talk.
I love you sweet Kira and I won't leave you I swear.

I'll see you tonight in the land of dreams,
lying on a blanket under our tree by the rushing river,
this time at dusk watching the sun set
on our majestic field of flowers holding hands
and kissing as we talk about everything that there is.
To just spend time with you is the greatest thing,
tonight my sweet love in the land of dreams.

Goodnight Kira sweet love and sleep well,
my thoughts and prayers will be with you all through,
they always are just as am I,
you are the Angel I dearly want in my life.
I've said here what I can and you know that it's true,
please come talk to me so through every night I can hold you.
I love you sweet Kira you're my only one,
goodnight my sweet Angel dove let's make eternity ours.

Michael P. McParland

Dreaming Of You 7

Dreaming of you sweet one
as I go about doing my chores.
I think of you smiling because you are happy,
in my dreams I have made you so happy,
it's what I strive to do always.
To make you happy and proud is what I want,
to see you smiling makes me happy at heart.

Dreaming of you and all the best times,
longing so much for our conversations.
Thinking about all the dreams that we share,
knowing that there is a bright future ahead
if we talk and work together as we have before.
I love you sweet lady and it feels so good.

Dreaming of you to help get me through,
I need you so much my sweet Angel dove.
I'm with you always please know that is true,
but I deeply long and need to have you here in person.
You are my lady and most beloved,
you truly are everything I'll ever need and want,
Kira you are an Angel and blessing heaven sent
and the truth is I'll always love you no matter what.

Michael P. McParland

I Hurt 3

I hurt sweet dear so very bad indeed,
I need to talk to you and want to hold you near.
I need you to know that when you blocked me
early this week it truly broke my heart.
I love you so very much
and want to give you my best and all.
Without you around I hurt in full sweet one.

Life without you is so full of pain,
very bland and very plain,
you give it the taste, color, and vibrance
that all life needs to make it grand.
Without you sweet dear I hurt so very bad,
I need you here with me
because I love you more than anything.

I hurt without you dear
and have just spent the past four days in bed,
I barely eat and either sleep for long stretchs
or I can't sleep at all.
The only reason I'm up today is because I have to be
and the aching is non stop.
I still smile thinking of you
because you are so beautiful and I love you,
that's why I ache because I miss the woman
I love above all else in heaven or on earth.

I miss you Kira my special Queen,
I miss you my Angel so very bright and true.
I hurt all alone and want you here to hold,
to see your precious smile and look at you,
tell you I love you and want to spend eternity
by your side forevermore hand in hand,
because you are my only one and best friend.

Michael P. McParland

Have Faith In Me

Have faith sweet one in all the love I hold for you,
it's never waivered from day one
and it never will disappear in any way.
My love for you is endless dear because I treasure you.
I want to spend all time with you
always hand in hand.

Have faith sweet one in all my dedication,
have faith that I will never leave you all alone
because I don't want to see you hurt.
I love you so very much and give you all of my support,
I want you here beside me everyday because you light me up.
You are my greatest Angel dear and I love you so.

Have faith sweet one that I have worked so hard,
on all that I have needed to and continue to as well.
I would never tell you I am perfect dear
because I still have so far to go.
Improvement is a constant thing and I want to
keep on getting better for both you and me.
Please have faith sweet one because I love you dear.

Have faith sweet one that I have done all I know to do,
I need you to reach out now so we can sit and talk.
I want to look you in the eye so you will know my truth,
I want to see my beautiful woman once again
and give you the sweetest kisses too.
Please have faith sweet one that if I knew what more to do
I would have already done it.
I'm in epic pain being so far away because I love you dear.

Have faith sweet one I humbly ask you so.
The bond and love we share are deeply sacred dear,
we've felt this love so very long
and we want the best for the other I know it's so.
Please come take my hand and we'll share our faith
through all time and space.
I love you Kira and I have deep faith in you in every way,
I know you are the one for me

and I'd have it no other way.

Michael P. McParland

Love Note 215

Good late afternoon
my sweet one and I hope
that you are doing fine.
I pray you feel all of my love
as it is surrounding you.
I was up for a short bit
earlier but closed my eyes
for a minute and fell back asleep,
I've just arisen and I am sorry
I have not written sooner.
I truly love you so very much
and feel awful.
Still a very busy evening and
night ahead for me as
my nephews will be here tomorrow
and I have a lot to get ready.
Thinking of you will help me smile
and keep the time moving
a whole lot faster.
You help me in ways you cannot
possibly guess.
I love you sweet lady
you are the best.

Remember and feel that
I am with you always
whereever you are
and that I will not
leave you alone.
Please do not let old fears
sink in giving doubts
about things that I have promised you.
I am always here for
my sweet Angel Queen.
You truly are my everything,
hand in hand through all time
full of epic beaming pride.
I love you Kira you are my one.

Have a beautiful evening sweet one
and as I go about things
I'll be writing and checking in.
I care about you deeply
and love you immensely.
I'm dying for us to soon be talking.
Please my sweet Kira come
so I can so tightly hold you.

Michael P. McParland

Love Note 214

As I rise for a few minutes
from this needed sleep
I wanted to say I love you my sweet.
My arms are around you so very tight,
feel all of my loving warmth fill you up.
I love you deeply and my heart
achingly longs for you by my side.
Hand in hand forever sweet love
and may God bless you
every second of every day.

Feel in your tender heart
all of my tender love,
as I go back to sleep
I'll be dreaming of only you.

Michael P. McParland

Love Note 213

Almost noon here my love
and I can feel myself
right on the edge of falling asleep
and before I do
I wanted to send you
these soft tender kisses
and tell you I love you,
to feel me right there beside you.
Close your eyes and
reach out your hand,
feel mine in yours as
you see me smiling
with my eyes wide open
in love hiding nothing.
Sweet precious Kira
I love you so much
and you are my everything.
Come take my hand
and spend eternity with me
my sweet precious woman.

Michael P. McParland

Hello Mee Too

Hello Mee Too I miss you so much
a dear friend I lost one year ago,
a deep misunderstanding led to horrible words.
I've missed you so deeply ever since.
Everyday I hope and pray that you will come back,
I hope that you still read all my work.
You helped with the bad times and cheered me up.
To me you truly mean lots.

I wanted to tell you hello
and that I miss you Mee Too
please come back.

Michael P. McParland

Quietly Talk

Sweet lady let's find a quiet place and just talk,
holding hands and looking into each others eyes.
I have nothing to hide nor do I want to,
I want you to look into them and see everything.
It will be so hard for me to release
but I love you and trust you and I want to so bad.
Let's find a private place to just sit and talk,
where we can hold each other and do our needed crying.
Come let me show you all that is held within these walls.

I want you to share with me all that you hold,
I've been dying so long to know you in whole.
Your past and your present, your dreams for the future,
please let me see all my beautiful woman I love so dearly.
Come take my hand and we'll quietly sit
reaquainting and learning about each other,
feel our love grow even stronger as we
share our stories with trust given in unity.
I love you sweet lady and I need to know you,
I want to be with you everafter.
You are my dream Angel and Queen
my sweet sweet Kira please come to me.

Come be with me and quietly talk,
I can't stand to lose you again.
In just these past three days I've come apart,
just staying in bed eating hardly a thing
and just getting sick when I force myself too.
I truly need you my sweet Angel dove.
Come let me hold you and release myself,
then please give me that same cherished thing in return.
I love you so deeply my whole body aches,
come get me sweet lady I need you so much.

Michael P. McParland

Sweet Morning Kisses

Sweet morning kisses for you my sweet love
to give you a bright start to your day.
No better way than to be filled with
the loving peace of the one you adore.
So let us share some sweet morning kisses
to light up our hearts.
Millions of smiles and sweet morning kisses
for you my sweet one.
I love you deeply in every way Kira
my sweet Angel dove.

Michael P. McParland

Morning Note 77

Good morning sweet love
I pray you are well
and feeling all of my love.
I hope you got some good sleep
so you will be well rested
and healthy.
I worry about you in every way,
don't tell me I shouldn't
it's because I love you so deep.

My sleep was very little
and extremely restless,
I feel exhausted throughout
my entire body,
thoughts of you are
helping pull me through.
You are my Angel and give me hope,
even though I deeply fear
that you're pulling away.
I'll always have hope
and be by your side,
I won't leave you
abandoned and cold.
You're too important
and special to me my sweet one.
So let's start this morning with
a great big kiss and hug.
Let it fill us both
with peace and warmth.

My thoughts and prayers
will be with you throughout the day.
After this as I close
my eyes for a bit more I'll
be wishing you were right here
to hold before we had to
get up and truly start our day.
To just hold you I know
would give me peaceful sleep.

May you feel the warmth
of the sun as it shines upon you,
it is my love sent as message,
to tell you I love you
and adore you so very much.
To feel and know the truth of my heart,
that you are it's holder forevermore.
Feel my arms wrap so
tightly in love around you,
with a great big kiss of passion
remember you're not alone,
I love you sweet Angel
and I'm always here
and in spirit forever
right by your side.

Michael P. McParland

Sleep Well Sweet Kira

Goodnight dear Kira and sleep well.
I have another migraine and I feel sick,
my heart is in agony as well.
I wish you were here to lay down with me
and if you wanted to rub my face and head,
bring me ultimate comfort in that soothing
action as well as you being here.
I love you so much and through the night
my arms will be wrapped around you so very tight.

Sleep well sweet Kira this headache
is getting much worse,
say a prayer for me dear that it will go soon.
I'll see you tonight in the land of dreams
to hold you so close and reassure you I'm here.
Feel my hand so tightly in yours
and listen closely for my voice as I say.
Goodnight my sweet Kira I hold you so dear,
I truly want and need you here,
you are my Angel and the woman I so deeply love.
Kira my darling come snuggle with me and sleep well,
for eternity I want to be your only man.

Michael P. McParland

Sweet Kisses

Sweet kisses to you my sweet dear
as I rest my head for some needed sleep.
I hope you know the depth of my love
and it touches your tender heart.
My love's so sincere and this distance hurts
I just want to be with you right here.

Sweet kisses to you and I hope
to see you in beautiful dreams,
I truly love you more than anything.
Sweet kisses and enormous hugs,
feel the peace and comfort
of being in my loving arms.

Michael P. McParland

Lying In Bed

Lying here in bed and I still haven't slept,
I've been up for close to 22 hours now.
I just want you here by me in my arms,
spooning holding you tight.
Just having my lady right here with me,
that's all I want is to lay here
listening to beautiful music with you.
A dream of mine I pray will be real,
so soon my sweet love I need you bad.

Lying here thinking of all the good times we've had,
smiling thinking of all the love for me you've always held.
I hope you think of all the love I hold too
and feel every bit that I send to you in return.
Lying here now I can feel you so close
and I always pray you'll feel me there too.
I'm with you always my sweet Angel true,
I love you so much and want you to know.

Lying here still trying to sleep
dreaming of you my sweet Angel dove,
hear my hearts call as it sings out to you.
I love you sweet lady so please know
that I have no desire to hurt you,
you're not a toy or someone I'd mistreat.
You are my Kira an Angel so sweet.

Michael P. McParland

Take My Hand 15

Come take my hand sweet one
and let me show you everything
that I hold and I am.
Look into my eyes to see the endless love,
to see the truth of my heart and soul.
So you can see I've never lied
and I couldn't live with myself
knowing or helping others hurt you so bad.
Come take my hand so you'll
know you're beautiful and truly loved.
Come take my hand and I'll hold you so close.

Come take my hand so I can show you my trust
and in turn you can rebuild yours in me,
tell me everything that you need,
then I can help heal your heart and soul
so deeply hurt by so many wrongs,
I promise I'll understand better than you know.
I'm here for you my lady you're not alone.
Come take my hand and don't push me away,
let me show you my love and how much I care.

Come take my hand my only one
and please look in my eyes to see the love inside,
you'll see it's you that I want
and wish to give everything too.
Come take my hand my sweet Angel
because I truly love you.
Come take my hand because
I want to spend eternity with you.

Michael P. McParland

Love Note 212

Sweet love so divine
I miss you so very much,
I hope you are well today
and feel all the love I send.
You truly are so important to me
and I care deeply for you in everything.
You are the woman I truly love
now and forevermore.
You are a gift and blessing
sent to earth by God and
a true miracle in my life.
I know God brought us together
for a reason by our awesome bond,
we share a love so very true and strong.
My dear sweet Angel dove
I love you so very much.

May God always bless you
and your precious heart,
let him help you know
I'm always here and by your side,
feel my arms as they
slip around to pull you in.
Massive hugs and kisses
to you my only one.
Please so very soon
I want and need you in my life,
you are the Angel who
gives me strength.
I love you so and admire you
in countless endless ways,
you truly are my best friend
and dear soul mate.

Michael P. McParland

Morning Note 76

Good morning sweet love
I hope you slept well
and had the most beautiful of dreams.
I was thinking of you
through the night sending
my deepest warmth and love.
I did not sleep a wink
through the whole night
but as I close my eyes
and wanted to tell you
I love you and to have
the best of days.

Feel me there always
beside you holding you close
hand in hand,
feel all the smiling kisses I send.
Feel the suns warmth as
it is a symbol of my loving heart,
close your eyes tightly
and hear my voice.
I love you sweet lady
I'm always yours.
You are the greatest
and my only one.
I need you so much
and wish to marry you.
Come my sweet lady soon
so I can hold you so tight,
I'll never let go of my Angel so bright.

God bless your precious heart
my beautiful one
I'll be praying for you in every way.
Feel all of my love and
know my dedication is true.
Know in your heart that
I would never hurt you.
I love you so much and

you mean everything.
My sweet darling Kira
you are all my sweetest dreams.

Michael P. McParland

Deep Kisses 2

Deep kisses to you my sweet dear
wishing so much that you were here,
make sure you catch all of them
as in spirit I hold you so near.
With deep kisses of love I tell you so true.
My sweet darling dear I deeply love you.

Michael P. McParland

Snuggle 24

Will you come snuggle with me sweet one?
Wrap me in your arms and say it's alright,
that we can just stay like this now and talk
reveling in the loving care that we hold.
That you know I'll never leave you alone
and that you'll never leave me behind either.
Please come and snuggle so we can reassure each other.

Will you come snuggle and hold me so tight?
Then I can stroke your hair and release my all,
show you my soul through my words and eyes,
look right into them and you'll see no lies.
Then I'll push back your hair and caress your cheek
just before I lean in for a passionate kiss so very deep.
Release all my love into that one single kiss
to show the power of this amazement for you that I hold,
then just pull you in close to feel you near
and say I love you dear darling Kira you're my Angel best friend.

Will you come snuggle and we'll comfort each other?
Help give our hearts and souls needed comfort.
I know that we can find our way there if we
just talk and look in each others eyes.
I long so much to see you smile, to hear your laugh,
and to see your tender looks that I miss so much.
I love you sweet Kira you are my true Angel
I long for you to be by my side and for you to come snuggle.

Michael P. McParland

Goodnight My Sweet Kira 4

Goodnight my sweet darling Kira
and may God bless your dear heart.
Come join me in bed and end this day together
just kissing and snuggling being as one.
I just wish to hold you so close,
talk to you softly and look into your eyes,
I want to make you smile because you melt my heart.
I love you sweet Kira and I'll be
holding you tight through this whole night.

I'm sending you all of my deep loving warmth,
feel it surround you and wrap up in its
abundance like a big comforter,
let it protect you and help you feel safe,
have peace in your heart knowing it's truth.
Listen ever so closely for my voice
as I tell you I love you sweet Kira you are so great,
I want you to be my sweet Angel for all time,
you are my Queen and a beautiful diamond so rare.
I'd give anything to just have you here.

Goodnight my sweet Kira I'll see you tonight
within the land of dreams where we can sit
hand in hand under our tree by the river
surrounded by beautiful fields of flowers.
Just talking and smiling holding each other,
feeling contented peace as we heal.
I pray so deeply that soon it is real,
with all my heart and soul I want you here.

Goodnight my sweet Kira you're my everything,
feel my arms around you for a tight squeeze.
I'm sending you endless big hugs and kisses
make sure you catch all and feel their deep comfort.
I love you so much and hope that you know.
I truly do my best for you my only one.

Michael P. McParland

Holding You Tight 6

I am holding you so tight in spirit tonight,
feel my arms about you and all of my loving warmth.
With millions of kisses and tender words
know that I love you as you're in my arms.
I love you sweet lady and miss you so much,
feel the beat of my heart as I'm holding you tight.
I pray that so soon you'll be here for real.

Michael P. McParland

Love Note 211

Sweet darling I love you so,
you are everything I want and need.
You're a magnificent woman
so beautiful and kind,
I love you so much my only one.
Come take my hand and
I'll hold you so close,
look in your eyes and say
I love you so much.
Then give you a kiss
and a smile caressing your cheek.

Sweet lady so dear to me,
I truly love you more than anything.

Michael P. McParland

Longing 6

I'm longing so much to just hold you close,
to share the sweetest kisses while we talk,
to look in your eyes and tell you your beautiful
and that I love you so very much.
I'm longing so hard to be by your side,
holding your hand seeing you smile.

I long and yearn to be with you all my life
then spend eternity with you in the next.
You are my soul mate and best friend,
the best fate I could imagine is spending
all time with you holding each other.
My heart calls to you telling its secrets.
I'm longing for you my Angel Queen,
to me you truly are everything.

I just want to hold you right now
and stroke your hair.
I long to be so close to you.
My heart is aching in great need for your love,
your acceptance is the greatest thing I desire.
I love you sweet Kira and long for your hand,
I want to show you my love in every single way.

Michael P. McParland

Love Note 210

Good evening sweet love
I hope the sun has
shined upon you this whole day through,
I pray that you felt me there
with all of my love
holding you.
Hand in hand always sweet one,
you're never alone
because no matter what
I am always your man
watching out for my sweet Angel dove.

I've been asleep the whole day
but in spirit babe I'm with you always,
I'm just so tired and hurting
I don't feel like getting up and going
but I must because I'm here alone
with much to take care of,
I'm thinking of you always sweet one.
I'll be holding you tight
as I get up and about,
remember I love you
with all my might.
You are so special and
for you I will always write.
I love you sweet Kira
and am holding you tight.

Michael P. McParland

Painful Night

A very painful night lying in bed
all alone unable to sleep.
My heart aches so fiercely
I can feel it swelling in pain,
I long so very hard to
just hold you so tight next to me.
Hearing you breathe and tell you
I love you as you're both awake and asleep.

A painful night of deep aching unrelenting,
I love you sweet Kira and I just want to
hold you so tight while you hold me too.
On this painful night please feel
all the true warmth and love I have
and am sending to you.
Feel my arms wrapped around you
holding you close with the sweetest kisses
of true love you can imagine and want.

I love you sweet lady and miss you so much,
every day and night without you
is a truly painful one.

Michael P. McParland

Soft Kisses

Sweet soft kisses with you
I crave so deeply my dear,
to just hold you so close
looking into your eyes
getting lost.

Soft sweet kisses of passion with you
are what I dream of as I lay here
just resting longing for you.
These dreams of delight provide
my truest smiles.
I love you my darling Kira
and send sweet soft kisses to you.

Michael P. McParland

Lying Here Crying

Lying here crying longing for you,
I yearn for your touch being held in your arms,
to just snuggle and nuzzle
as I hide from the world crying
face buried in your loving shoulder,
but alone here I am lying in bed crying
wishing for death.

I pray to God to just fall asleep
then quietly slip into peace,
where the loneliness ends.
I still would not leave you
because from heaven I would
assurdely be watching over you
protecting and comforting my sweet darling Kira.
I will never leave you no matter the situation,
I love you so much so I'm lying here crying
wishing that I were here with you.

So this is my night as has been my day,
lying in bed crying needing you here.
I want to hold you and kiss you my beautiful woman,
just tell you I love and adore you over and over
You are amazing and my precious Queen.
I love you Kira I miss you so deeply
and that's why I'm crying.

Michael P. McParland

Love Note 209

Good afternoon my sweet one
I truly care about
and love you so very much,
my heart is broken and aching for you.
I pray for you to have peace
and feel all of the deep love
I hold truly just for you
my sweet Angel dove.
May God help give you comfort
and help you to know
the very truth of my
heart and soul which you hold.
They are yours forevermore,
a deep passionate kiss I send to you
my dear darling only one.

Feel me there by your side
hand in hand always
as I hold you so tight crying
giving kisses of love
to my sweet Angel Queen.
God bless you deeply
Kira divine.
I miss you profoundly
and want you to know
that in my heart, mind,
body, and soul
it will only ever be you.
I love you Kira Petranovich
my darling one.

Michael P. McParland

Snuggle 23

I know you don't believe me right now
and you're angry at me and that hurts so much
because I truly love you with the most tender heart,
I look at you as the sweetness of life.
You are the worlds beauty and I need you so bad,
please come and hold me we'll just snuggle today.
I love you Kira and my arms are your home
as your arms are my home forevermore.

I crave your love and acceptance to no end,
I truly give all my best with what I understand.
I need you to fully and plainly take my hand
helping to guide me to where you are and your needs,
I will always work hard to make you happy and proud.
Take my hand gently yet firmly to guide
and I'll do the same for you my Angel bride.

Come snuggle with me on this day
so we can just talk telling and sharing all of our love.
With kisses and gazing in each others eyes
I need your touch for a fulfilling life.
Oh my sweet darling Kira I don't want
to live without you in my life.
You are everything I need and want,
come snuggle with me and together cry as we need.
Comfort and heal each other at last.

My sweet precious lady you are the one,
we share such a deep special bond,
let us talk and work through what we need,
we need each other I feel it so deep.
Please don't be angry and feel all my love.
I love you sweet Kira come snuggle so tight.

Michael P. McParland

Sweet Lady (So Precious)

Sweet lady so precious my heart is yours,
you are the woman I truly adore,
you are an Angel so beautiful and divine.
I love you sweet woman please come and be mine.

Sweet lady so precious I treasure you so,
I cherish you deeply in every way.
I love you so much and care for you deeply,
you are my best friend and for you
I'd give anything and everything.
Sweet lady so precious you are my Angel Queen.

Sweet lady so precious I want you here,
I long so deeply to just hold you close,
stroking your hair and caressing your cheek
as I tell you sweet Kira I love you so deep.
You are my one and I need you so,
I love you sweet lady if you only knew.

Sweet lady you are so precious
hear my hearts call as it sends you its love.
I love you so much and I desire your hand,
side by side for eternity is all that I want.
Sweet lady Kira truly so kind,
you are so beautiful.
Will you please forever be mine?

Michael P. McParland

Morning Note 75

Good morning sweet love
and may God bless you
with endless warmth and love today,
feel all of mine surround you
filling your heart with great peace.
Know I am with you
and will forever stand,
right by your side for eternity
hand in hand.
I love you sweet woman
feel me wrap my arms tightly around.

May the sun shine upon you
ever so warm and bright,
reach out in spirit taking my hand,
close your eyes seeing
my loving smile and looks,
let your heart feel
the truth of it all.
I love you my dear
and no other woman will do.
Feel the warming comfort
of my love as your day
goes along.
Feel the vibrations
as for you my heart sings.

I love you sweet Kira
you'll be in my thoughts
and my prayers.
May God bless your dear heart
every moment of every day.
You're not alone for
I am with you in all ways.
I love you sweet Kira
have a great day.

Michael P. McParland

Night Note 91

As I am awake for a bit on this night
to you my sweet love a deep kiss
of pure sweet delight.
Feel peace in your heart
and peace in your soul.
Know that I will always be here for you.
I love you so much and am holding you tight,
please my sweet love wrap your arms
about me and snuggle tonight.

Michael P. McParland

Goodnight My Sweet Angel Dove

Goodnight my sweet Angel dove
I truly love you so very much,
I'm sending you all of my love and warmth
so turn to the stars to see me smile
and catch these billions of kisses and hugs.
All are for you my precious one,
all filled with infinite care and love,
kindness abound so you can feel all my heart holds.

I pray so very soon for the path to be clear,
for the way that we need to be shown
so we can once again come together and share
all that we've needed and wanted,
tightly wrapped up in the arms of each other,
I love you my Angel and you're
the Queen for my kingdom.
God bless you sweet one may our journey end
together safely and soon.
I truly do miss and need you.

Goodnight my sweet Angel dove
as you rest your head feel safety within my arms,
I'll be holding you so close and tight through the night
to give you peace, strength, warmth and comfort so needed.
I love you Kira you're my treasured person,
you are amazing and so beautiful,
I want to spend eternity with only you.
I love you my darling I truly do,
goodnight my sweet Angel dove I'll be watching over you.

Michael P. McParland

Evening Note 60

Good evening sweet dear
and may there be peace
in your heart for
I am always here.
I love you so much
now feel me so near,
holding you close
and giving you kisses.
Saying I love you Kira
you're my only woman.
May God bless you
and keep you warm
in his love.
I love you sweet woman
always I am by your side
hand in hand.
Close your eyes tightly
and see me smiling
feeling all of my love.
You are my Angel
and I'll never
make you face this
cold world all alone.

I'll be holding you
all through this eve,
just stroking your hair
and caressing your cheek,
while I lightly kiss you
and whisper in your ear
my sweet darling Kira
I love you so dear.
I am here with you
so full of love,
I'm waiting for you
with an open heart
and wide open arms.
Feel me always because
I am your man.

I love you sweet Kira
eternity is ours.

Michael P. McParland

I Miss You 10

I miss your smile, I miss your tender looks,
I miss you my sweet Angel dove.
I miss your heart and loving spirit,
I miss talking to you a wonderful woman,
I miss you sweet love for you the person.
I love and miss you Kira because
you truly are a wonderful person.

I miss knowing you're a phone call away,
I miss knowing you were a mouse clicks
conversations of love and worlds here.
I just plainly miss you my precious one
and I'd give anything to have you here.
I miss you Kira my wonderful beautiful woman.
The tears have been constant my only one.

I just plainly miss you and all you are,
yes I am hurting from much and I need you here,
you are a hero and my only best friend.
I'd give my life to see all your health
and happiness be fulfilled.
I miss the woman I believe would give the same.
I love you sweet Kira and this is no game.
I miss you so much and I hurt inside.
I love you Kira my sweet Angel bride.

I miss you sweet darling I truly do,
you're a wonderful woman with a kind heart too.
I love you so much in every way,
I love you for you my sweet Kira so great.
You are a blessing and Angel to me,
if you'd only talk all this you would see.
I miss you sweet Kira and love you so much,
I want to spend forever as your only man.

Michael P. McParland

Big Passionate Kiss

A big passionate kiss to you
my sweet one,
feel all the infinite love and warmth
that it holds.
Close your precious eyes
and see my loving smile.
Reach out your hand and grab onto mine.
I love you Kira my spectacular lady,
I send to you a big passionate kiss
full of loving desire.

Michael P. McParland

Love Note 208

Good almost evening sweet love
I wanted to stop by and say
you are the greatest sweet one.
Forevermore my heart is yours,
you are my soul mate and essence
dear one, I treasure you deeply
my only Queen.

I am right by you as you go along,
remember hand in hand
you're never alone,
I said I wouldn't leave you
and I never will.
You're my sweet treasured lady.
You are my everything
and whole universe,
I'd give my whole life
for eternity with you.
I love you sweet Kira
you're a beautiful woman.
You are the greatest and
I'm lonely without you here.

Michael P. McParland

My Shining Star

My shining star so beautiful bright and bold
how deeply I love you so.
It's you in pure love I see whenever I close my eyes,
a heavenly Angel that glows,
my heart jumps and sings at the sight of you.

My shining star I adore and admire you so,
you're my only one and everyday
everywhere you go I stand by you hand in hand,
you're my everything and the woman I deeply adore.
You are my shining star and I love you more than anything.

Oh Kira my sweet precious shining star
you truly are so very beautiful,
plese come take my hand my true best friend
for you are the holder of my heart and soul forevermore,
you're the only woman I want by my side for all time.
You are truly my shining star.

Oh my dear darling Kira shining star
I love you more than anything and need you to look in my eyes,
see the truth they hold for you.
For you to feel my heart against yours as they communicate
telling each other the most profound truths.
I love you Kira my shining one,
only you will ever complete my lonely life.

Michael P. McParland

My Precious Love 2

Oh my precious love as I exhaustedly lie down
I wanted to say I love you sweet one
and I'll be with you the whole night long
my arms wrapped so tightly around.
I love you Kira my precious Angel so kind.
I love you so much and desire to snuggle with you.
Kira you are my best friend and I need you so much
my dear precious only one.

Michael P. McParland

Goodnight Precious One

Goodnight Kira my precious one
I truly love you so.
To you I send this massive goodnight kiss,
look to the stars to see me smiling at you in love
blowing millions of kisses.
You are my precious lady so dear,
feel all my loving warmth as I wrap my arms around you.
You are my Angel Queen.

Goodnight Kira my precious gem so rare
I love you more than anything.
God bless you on this night
and I'll visit you in your dreams,
to kiss and hold you so you'll know my love.
Oh my sweet sweet precious Angel dove
I love you so.
My dear darling Kira all my loving warmth
with endless kisses and hugs to you.

Michael P. McParland

Love Note 207

I love you sweet one
and I always will,
you're not alone
for I am right here.
Though I won't write
so many poems do
feel the warmth of
my loving arms,
reach out your hand
grabbing mine as you walk along.
You are my Angel
and I am your man.
I'll always love you
no matter what.
Kira I want you with me
through all space and time.

Michael P. McParland

Rivers Of Tears

Rivers of tears missing you dear,
I've just been lying in bed
crying off and on.
Always though wishing for you
my sweet Angel dove.
Rivers of tears today are all there is,
I love you so much and want you here.

My eyes are scratchy and hurt
from the constant flow that runs from them,
I just want to hold you
while I gently caress your cheek
and stroke your hair,
saying I love you sweet one.
Rivers of tears while I just lay here.

I love you sweet Kira and
pray for you through this river of tears,
you are my Angel, my one, my best friend
and I'd give anything to be by your side
through eternity my sweet precious Kira.

Michael P. McParland

Sweet Sweet Kira

Sweet sweet Kira you're still my one
and forevermore you will.
You're my heart and soul, my essence in full,
I adore you deeply beautiful one
and forever I'll be here with
an open heart and open arms.
I love you Kira my sweet sweet Angel dove.

Michael P. McParland

I'll Always Love You Kira

My sweet darling Kira I'll always love you,
say what you will but my heart's shattered now.
I'll never hate you because I love you too much,
you're my sweet Angel dove no matter what.

I'll always love you sweet one
but I'm tired of the hurtful things said.
I'm not those names and this was never a game,
I tried all that I knew and I'm sorry that
I couldn't get it all right for you.

I'll always love you Kira no matter your thoughts,
you're not a toy but the woman I deeply admire,
I'll be here if you ever want to actually talk.
I love you sweet Kira you're a beautiful woman.

Michael P. McParland

Night Note 90

As I prepare to lie down at last
my dear one I bid you a
beautiful goodnight again.
I am exhausted and long for you
to be here to snuggle with.
To kiss and look in the eyes
as I say Kira I love you,
you're my Angel true and I adore you.
Let me hide my face in your shoulder
then rub my head and face as
we drift to heavenly sleep as one.
Oh my dear Queen I adore you so.

Goodnight again my precious one
I am so tired and desire for you
to be with me forever.
I love you Kira and I pray
you'll snuggle with me in spirit
through this night.
A million kisses to you
my sweet Angel dove
and may God bless you.

Michael P. McParland

Goodnight Kiss 17

A goodnight kiss to you my sweet one,
I miss you so very much
and though I know I have gotten much wrong
I swear I've always strived for right,
you are my Angel and light.
I love you sweet one and for you this goodnight kiss.

A goodnight kiss to you my one
and through the night I'll be holding you
to keep you warm in comfort and peace.
I love you babe feel me there with you,
you're all I want and need.

I'm so very tired come cuddle with me,
I'll be up for a bit yet but I want to hold you dear,
stroke your hair as you rest your head on my chest.
Giving solace we both need,
Kira I am so tired come rest with me.

A goodnight kiss for you from me,
let it give you strength and peace,
you are my lady, you are my one.
God bless us Kira may we soon be together forevermore.

Michael P. McParland

Goodnight Kiss 16

Goodnight my sweet darling Kira,
I send to you this massive passionate kiss of love
whishing you were here to listen to
Falcos beautiful album Nachtflug
the final one I've waited for to complete my collection.
I love to share my music and life with you,
I trust you and know you'll understand
what all of it means to me.
You're such a miracle to me.
I love you my precious one.

I'll be up for a long time yet
but pray for you to feel my arms around you
kissing, crying my passion, and telling you my love,
my dear God how I adore you Kira.
Feel all my love and warmth as I send it to you,
my Angel, my Queen, my soul mate and best friend
how I adore you to no end.

A goodnight kiss to you my sweet precious dear,
you are my hero and when I think of
your smiles and laugh my heart sings.
You are so beautiful you know,
a true Angel gifted to earth from God.
My best friend I wish to show you how thankful I am.

Goodnight my sweet Queen and this
massive kiss I send to thee.
Feel all the love I send to you,
I adore, cherish, and admire you.
Goodnight Kira these massive kisses to you.

Michael P. McParland

I Cheer And Die With You

I cheer for your cheers
and I break down and cry with your tears.
If I could just show you how much
my heart goes up and down with you.
It's like only family that my heart
goes like that, and my heros too.
You're family and hero to me.
My heart laughs, smiles, cries and dies with you,
my dear sweet woman if you only knew.
I cheer and die with you through 16 years,
it's only you, and I can only tell you
when you talk to me.
In glory and in pain with you I want to scream,
I cheer and die with you my Kira true
because I love you.
I would give my life just for you.

Michael P. McParland

My Heart Is Yours 2

Sweet love my heart is yours forevermore,
I know there's noone I'd rather have
carry it through all time.
Such a blessing and sweet Angel as you
honors me to have by my side.
My sweet darling Kira my heart is yours,
you are the precious woman I love
and there is no better my one.
I love you so much and give you my life.
My heart is yours my precious love
and I give myself to you forevermore.

Michael P. McParland

You're So Beautiful 9

You're so beautiful my sweet one
that your soul captured me first.
That golden heart and tender soul.
How could my heart not be yours?
You're a true woman high above
all I've known.
Kira you're so beautiful
and I love you so.

You're so beautiful and for now
I've run out of words to describe how.
Your beauty transcends words to me
that you must look into my eyes
to see the universes of admiration there.
To make true love to you
is the purest expression I would know.
To treat you in every way a beautiful woman deserves,
tender, kind, soft, and giving everything I have.
Kira you're so beautiful you don't know how.

You're so beautiful and my heart aches to give
you everything you need and I have,
in this way I don't know what more to do or say.
I honestly ask do you know what for you I see?
Do you know what's in my heart?
I ask that not to hurt but to know if you
feel all the loving care I send?
Am I failing you by you not receiving it?
For I adore you with my heart and soul,
you're so beautiful all around.
I love you Kira and that's the greatest thing I know.

You're so beautiful and I treasure you.
I don't know what more to say,
to give you action here is what we need.
I love you Kira you are my Queen,
come save me Angel and we'll spend eternity.

Michael P. McParland

Evening Note 59

Good evening sweet love
how goes it for you?
I truly have been praying
that you're doing well
and feel all the love I hold
and send,
I promise sweet love I know
how much you love me and care,
you know how deeply I feel things
and the bond we share is
remarkably strong.
I know you feel all my love too,
distance and online destroy
beautiful things and I want
us to talk in the ways where
mistakes were only made through
the ways voice to voice
would once again make it right,
our love is to great to see
diminished like this.
I love you so much sweet one
as you do me.
Kira you're a gem
and diamond in the rough.
I adore you to no end.

I will be holding you
this eve so very tight
so feel my arms around you
withg the millions of kisses I give.
You're so beautiful and adorable
I just wanna kiss you all over forever.
Kira you're a magnificent woman
without a doubt in my mind,
feel my hand in yours forever
everywhere you go,
you're not alone because I'm
with you always sweet one.
I love you Kira please feel my love

forever surround you.
You're my lady and best friend,
I'll always want and need you,
you're my sweet Angel dove.

Michael P. McParland

Solitary Confinement

It's solitary confinement in my heart and soul
without you here my dear one,
I'm so very lonely without you.
In a confined space all by myself without
you in my arms to kiss and talk to.
Solitary confinement without you talking to me,
I don't know what to do and feel broken
without you my sweet one.

Solitary confinement in this hell
without my special Angel here,
having done everything I know to do.
A solitary hell knowing that you hurt too
but don't always believe how my heart bleeds for you.
That I'd give anything to have you here
holding you close comforting you.
To have the fun times in every way,
that I ache so bad to have you here.
A solitary hell that drives me mad.

Solitary confinement where I think of
suicide more and more each day you're away,
a life long bipolar problem which I was 8
the first time the loneliness drove me that way,
but I hold on in hopes of being in your arms.
Solitary confinement without you here breaks my heart.
I love you Kira you're my one.

This solitary confinement drives me madder still
that I feel like I'm cracking wider still,
I love you and you make me whole,
when you listen, talk, and understand I feel so good,
I long to give that all back to you.
You're my darling sweet Queen of mine.
This solitary confinement is pain in full my precious one.

So come so soon and we'll free ourselves,
share our lives giving up this heaviness.
I love you babe you are my one,

come get me Kira we are soul mates and true best friends.

Michael P. McParland

Love Note 206

Good afternoon my beautiful darling.
I hope you are well and
I care about and love you so much.
My day has just started
and I wanted you to know as I get up and go.
You truly are so important to me.
I am right by your side always
no matter what hand in hand
my precious one,
feel me wrap my arms around you
and pull you in tight
saying Kira I love you.

My sweet Angel Kira
I'll be thinking of you as the day goes,
I'll be praying for you too
to be at peace and feel
all of my love.
My love is true and my heart is yours,
I wish you would talk
to me so I could prove that,
you're my best friend
and eternity by you side
is everything to me.
I love you sweet Kira
I hope you feel that throughout
your body and soul.
You'll forever be my only one.

I love you my sweet Angel dove
and will write for you
as I can through the day.
I will always give you my all,
I just desire to make you happy and proud.
Feel my arms around you so very tight
and know that I'm with you
giving support.
I love you deeply my Kira
and only you.

Please come talk to me
so very soon.

Michael P. McParland

Goodnight Kiss 15

Goodnight my dear precious love,
I've been asleep all this night
and am about to lie my head back down.
I wish you were here to rest your head on my chest
as we snuggled and went to sleep.
I love you so much my precious gem.

I promised I wouldn't leave you and I never will,
but if you're not here I don't want to be dear.
I love you so much that my heart bursts,
Kira my love come so I can give you this goodnight kiss.
Come snuggle with me and talk to me,
I'm dying to listen and share with you.
Kira you're a blessing so rare.

So this goodnight kiss to you,
it's filled with true loving dedication for you.
I love you so much and pray to have a dream
where it's just you and me holding each other kissing.
Goodnight my beautiful Kira and with this kiss
feel all the warmth as I hold you in my arms.

Michael P. McParland

Love Note 205

Sweet darling Kira
I love you so very much.
I wish you were here to keep
me company as this night goes on.
I'm intensely lonely and drunk,
life means little without you.
If it weren't for my music
and still having hope
I'd give up.
I need you here in my arms,
you're so very special to me.
I just want you to know you're loved
and I am here for you forever
no matter what.
You are my Angel and my Queen,
my everything.
Kira sweet lady please come be with me.

Michael P. McParland

Precious Darling

My precious darling Kira you are a gift to me,
the only person who could so capture me,
an Angel blessing upon the earth.
You are a wondorous miracle when you
leave yourself open to all understanding.
A loving woman so full of giving,
please talk to me and give me full understanding.
There is but very little I can do this way.
I know when you understand your heart
is the most open and understanding.
Online is destroying a love so pure
that the devil is having his way.
We are a love story of the ages that jealoust destroys.
Why do that to ourselves.
Kira my precious darling I've done what I know,
please my precious Queen come to me.
You are my everything.

Kira my precious darling I want to hold you and help you,
I don't know what more I can say here,
you're a beautiful woman I adore and desire
in the afterlife to stand with before God and ask for eternity.
You're the greatest damn woman alive to me
and my precious darling and I hurt for thee.
Please hear my plea because I love you sweet lady.

Michael P. McParland

No Matter What You Say

No matter what you say sweet one
I love you more everyday.
I'm trying my best to navigate a blind maze
and it's hurting me badly for you
to not talk and get upset when I get lost.
I'm not yelling just telling you how I feel.

No matter what you say I care and I love you,
I'm right here and I need your guidance sweet one.
Talk and help me don't just assume,
this hurts me immensely for you to say I'm cold hearted.
look at all that I've said and done.

No matter what you say I love you deeply,
I would have walked away if I did not.
I hurt too and want to show you all,
I've given the best that I have.
So my sweet darling I love you so much
and no matter what you say or think
that is the truth.

Michael P. McParland

My Darling One 3

My darling one I love you so much
and go by the best understandings I have,
I felt rejected yesterday as well.
I am very observant and intelligent in much
yet in others you would be amazed at
how very confused I get.
I never feel desire to hurt you
and I hope you know truly in your heart that is so.
I need you in my life and arms,
you're my Angel Queen and my everything.
I would never hurt you intentionally.
I get deeply hurt by things too
and talking brings understanding that avoids
wrongful hurting from all parties,
and neither of us would ever hurt each other intentionally.

My darling one Kira I have so much to share as do you,
let us come together as I would never reject you,
I understand how hard it is but we deserve our happiness.
Come my sweet darling one and take my hand,
let me hold you as you look in my eyes and see my soul.
I want and need to show it all to you,
it is full of hurt and scars that only you can help heal,
I want you by my side forevermore.
If I ever lose you I've always known the score,
I can't live without my soul mate, Angel, Queen,
hero and best friend, you my sweet dear darling Kira are my everything.

My only darling love Kira if you could
see and feel this heart right now
you would know such the horrible ache it feels,
being away from you is pure hell noone deserves
and how much my love flows,
I feel and know your ache and for you to hurt makes
my heart and soul scream in agony.
You are my amazing woman and Angel from heaven
and I desire you you in every way in purity for higher planes.
My only darling Kira I love you please come to me.

Michael P. McParland

Love Note 204

Good afternoon my sweet love
how are you on this noon?
I have literally just arisen
and wanted to check in with you.
I'm feeling sad and I hurt
all over sweet dear.
I hurt even more because
I know you hurt too.
It breaks my heart to know
that you cry.
That I can't be there to hold you
and comfort you like I want.
I love you Kira my sweet one.
Please so very soon come and talk.

I'll be right beside you
as the day passes,
you are my lady forever
and my only Angel,
hand in hand as we go along,
you're my soul mate and best friend.
Oh my sweet Kira I love you so much.

I will write for always
sweet love as I can,
my mind is so tired from all that I've done
and I need the rest to give you the best
and I have a lot to do.
Stuff I can tell you
when we talk and I pray so soon.
I love you my darling
and doing for you makes me feel good
but I want to talk now
and write when it's best.
Does that make total sense?
So I need to get up and
get going on things do
feel me holding you my only one.
You are my darling

and the one I adore.
I love you sweet Kira
please come so soon.

Michael P. McParland

Goodnight Kiss 14

Goodnight my sweet darling Kira
and to end this day I bestow upon you
a deep passionate kiss of true love.
My God my beautiful woman I love you so,
come join me in bed on this night
and let us just cuddle and be at peace as we drift.
Tonight I just want to hold you and talk
as we come back together as one.
Share everything that we hold inside.
Please just come snuggle my one,
I love you in a way only God can know,
I have prayed to him to help you know
through your body and soul the power of it.
I want you to know because I want to share with you.

I'll see you tonight within the land of dreams
and right now all that matters is that we're there
and it helps tide us over and prepare
for when all is real,
to hold you and kiss you sharing our love.
It's all I want my only one.
Goodnight Kira my precious gem
I love you so much and I seal it with this
deep passionate goodnight kiss.
You are my sweet Angel dove,
you are the woman I most adore.
Kira Petranovich believe it or not
I love you deeply and want to marry you.

Michael P. McParland

My Beautiful Lady 3

My beautiful lady I long to hold you,
you are the woman my heart belongs to.
I would give my whole life for one day with you,
I only want you to know how important
and beautiful you are.

I love you so much if you only knew,
my beautiful lady I truly adore you.
Please come and hold me
while I tear down my walls.
Let me look in your eyes and show you all.
Then kiss me and hold me as I break down from it all,
only for you would I give it all.

My beautiful lady you are so grand.
My beautiful Kira
you truly are my everything.

Michael P. McParland

Evening Note 58

I love you sweet one
and only you.
On this evening feel my
arms around you.
With a million kisses
and tight hugs
remeber sweet Angel
I'm always here.
As long as you want me
I'm not leaving,
right by your side
hand in hand forever.
I love you sweet Kira
you are my Queen Angel.

On this evening feel all
of my prayers,
feel my loving looks
as I smile at you.
Please talk so soon
I want to share everything with you.
You are the one I long for
in my life my dear darling.

I'm eating dinner now
and wish you were here,
I miss you so much my sweet Kira dear.
Feel me holding you ever so tight
and will always write what I can,
I love you my darling you are
my true soul mate and best friend,
oh my sweet Kira I want and need you here.

Michael P. McParland

My Love For You Is Great

My love for you is greater than any power I know,
Kira I just want to hold you forever so close.
I'm burned out from all the writing
and in great need just to talk.
I love you sweet lady you are all I want.
I want you and need you so please come to me,
I need a break from the writing
and the distance from you is killing me.

I'm tired, I'm lonely, I'm broken in pieces.
My dear sweet sweet Kira I love you
please talk to me.
You are the one I want to make a life with,
you are amazing and can be so understanding.
I want you, I need you, I'm dying sweet lady without you.
I love you sweet Kira you are my lady.
I need a rest so please come and hold me.

Michael P. McParland

Deep Kisses

Deep kisses of pure passion I send to you
filled with the deep dedicated love I hold for you,
to give you peace in all ways you need,
to share my strength with you and help
you feel all my support in everything that you do.
Deep kisses to you in pure love my sweet one.

Endless deep kisses to you my sweet love
may God bless you always in all that you do,
I pray always to him to give you happiness
and the greatest of health too.
Deep kisses of true love to you my dear one
so you will know all that I hold.
I love you Kira my only one.

Deep kisses sweet love with the biggest of hugs
to fill you with warmth from my heart to yours.
I want you to know that I love you so much
and that I'm not leaving you in any way.
Even if I'm quiet I'm just in my zone,
it doesn't mean I'm angry or anything bad.
I do what I can for you everyday,
you are my Angel I adore you sweet one.
I'm always here for you my number one.

Deep kisses to you in pure love sweet one,
I love you Kira I always have
and I swear to you I always will.
You make my herat sing and you make it glow.
I love you sweet Kira you're the greatest girl.

Michael P. McParland

My Dear One

My dear one I hold you in my heart always
no matter what I'll love you forever.
My my lady, my Angel, my Queen,
you my dear sweet Kira mean everything to me.
From the start I felt the connection with you,
I love you deeply and more than anyone can truly know.
You are like magic a miracle to me
and I'd give anything to see you happy,
you're the most important thing to me,
I want to be by you for eternity.

I love you Kira my dear one so true
and I give my heart, soul, body,
and whole life solely to you.

Michael P. McParland

Love Note 203

Good afternoon my sweet Angel dove
I hope you are well feeling
all my love and warmth.
I have finally woken after a long sleep
and first thing off I wanted
to say hi and I love you my one,
also send these great big kisses and hugs
to you for comfort and peace.
I love you Kira you're my everything,
please don't ever go I love you so much
and need you here,
you're my best friend and I'll
forever be lost without you.
Come take my hand and we'll find the
promised land.

I'm right by your side you're never alone,
hand in hand all the way my dear sweet Queen.
Feel my arms around you for a tight squeeze,
you're all I want and truly need,
Kira sweet one please come so soon,
right now I'm here all alone
and struggling very hard.
Come keep me company my Angel of light and love,
I long for us to be in each others arms.

I love sweet Kira have a wonderful day,
close your eyes to see me smile
and reach out taking my hand so
you'll feel reassured and okay.
Kira I'm yours and we need to talk,
I love you sweet lady forevermore.
I'm not going anywhere no matter what.

Michael P. McParland

Night Note 89

Hello my sweet dear
I hope you are sleeping well.
I care for you deeply
and always worry about you,
I want you to always be happy,
feel healthy and be able to do
everything you feel needed.
I love you so much
and I miss you so deeply.

My sleep has been little
and nightmare filled,
and I'm about to try
to lie back down for some more.
Before I do I wanted
to tell you I love you sweet one
and that I would give my whole life
for even 10 minutes to have you here.
To hold you and kiss you
telling you everything I could
in full emotion of what I hold
so you could always know
just how deeply I love you,
my sweet sweet darling Kira
you truly are my everything
and I hope and I pray
to be with my Angel for eternity.
So feel all my love as
I send it to you and be
filled with its warmth by
these endless kisses and hugs.
Kira my darling please feel and hear
the heart of mine that you hold.
I love you sweet lady you're my only one.

Michael P. McParland

Snuggle 22

Clome snuggle with me my sweet one,
I need to have you here in my arms.
To tell you I love you while
I stroke your hair and cress your cheek,
then give you a kiss
as you then rest your head upon my chest
contentedly derifting off snuggling and smiling.

Michael P. McParland

Goodnight My Sweet Love 2

Goodnight my sweet love come join me in bed
to snuggle and nuzzle as we relax and
just find solace in each others arms.
We both need each other so very bad,
and home is in our arms together at last.
Please sweet one come lie down with me
where we can relax and kiss while I stroke your hair.
I love you my sweet darlg Kira Queen.

I'll see you in the land of dreams where
I want to just sit with you under our tree
by the river in a majestic field of flowers.
Talking and laughing, most importantly
just sittig and lying down holding you close,
I just long to hold you close sweet one
tonight in the land of dreams but so very soon
for real because I deeply love you.

Goodnight my sweet love come snuggle with me
for I'm always sending you all of my loving warmth,
you are my Angel Queen sweet one and I desire to be with you
so feel my arms wrapped tightly around you
as I whisper in your ear telling you you're safe
because I'll always be here by your side,
hand in hand for all time my dear one I'm never leaving.
Goodnight Kira sweet love come snuggle with me
my only love ever, I need you more than you can know.

Michael P. McParland

Love Note 202

I love you sweet one
to me you are everything,
you are my best friend and soul mate,
I want to be with you for eternity.
I love you sweet Kira you're
my Angel Queen and here very
shortly when I go to sleep
I pray you'll cuddle with me.
You're my only one
and true love of all time.
I love you Kira please
come so soon.

Michael P. McParland

Come Hold Me Sweet Lady

Come Hold me sweet lady I'm fiercely hurting,
I love you and need you in the greatest fashion
you are all I want and my everything.
Can't you feel all the love I am sending?
I'm trying so hard to show all of my caring.
Doesn't it show my only one?
Please come hold me for I'm scared,
lonely and in many different pains.
I also long to hold you my sweet lady.
I love you so much and hurt too much
to write as this moment goes.
Come hold me sweet lady your arms are my home.

Michael P. McParland

Please Talk Sweet Love

Sweet love I've told you I won't
leave you and this I promise.
You are my everything and the
woman I want by me forever.
I love you so much
please come talk to me soon.

It has grown harder and harder
each day as I've gone,
more and more the heaviness of
my heart has grown.
I miss you and need you,
and I want to talk to you.
I feel so beaten down from this place
and I'm weary from much around me sweet one.
If only you'd talk you'd
see the tears I'm currently in.
I love you and I need you my sweet Kira Angel.
I feel sunken right now and need you my darling.

Michael P. McParland

Do Not Fear

Do not fear my sweet love
for I am always here for you.
I will never give up I promise you,
please come and talk to me
for we have so much to discuss.
I want you and need you sweet one.
I miss you so have not a fear,
I love you deeply my dear,
you are amazing and my only one.
You're all I want and we need to talk.

Michael P. McParland

Evening Kiss

I send to you on this evening sweet love
the greatest kiss of passion and true love,
may it fill you with comfort and warmth that I hold,
give you peace my dear one in your heart
as you feel me put my arms around you
and say Kira you're great and I love you to no end.
Here's a great big evening kiss for you my sweet one,
it is filled with endless prayers and warmth
with all of my love for hyou my sweet Angel dove.

Michael P. McParland

Evening Note 57

Good evening sweet love
I've been thinking of you
and I hope you feel all of
the love that I have sent.
I'll be holding you close as the
night goes along,
I am always by your side
hand in hand holding you dear.
You are the most beautiful
woman my only one and
I miss you so much my darling one.

Having a hard time so far
being alone me dear one
and right now struggling a bit
to get going in a number of things.
Also missing you so very badly
and just want you here to
hold and to talk to,
to be with the lady I adore
and admire I so miss you.
I'm sending hugs and kisses
to you my sweet Angel.
Come hold me tight
right now I'm in extra need of your strength.

Have a good evening my darling
feeling me next to you as
I give you kisses and hold you
to give you complete comfort.
I love you so much and will be
thinking of you.
I know you love me and I can feel you too.
I'm just struggling a bit
as you know I do and I miss you
so much my heart hearts missing you.
I love you deeply and
I'm right here for you
so please reach out if I'm needed,

Kira sweet lady tonight feel my hearts beating
and take my hand for mutual soothing.
I love you sweet lady
you truly are my everything.

Michael P. McParland

I Miss You 9

I miss you my sweet love so very much,
as I rise from a restless nap
the first thing I feel is the aching of my heart,
the emptiness beside me without you here.
I miss you my sweet darling Kira
and it only gets harder each day.
I'll wait as long as I have to though
for when our day comes.
I miss you Kira and I love you so.

I miss you my darling immensely so
and I just want to put my arms around you,
pull you in tight and say Kira my darling
you are the one that brings me such light
I want to be with you always feeling happy and warm,
I want to give you the best for it's what you deserve,
I miss you sweet Kira and I love you so much.

My heart is aching right now ever so badly
just wishing that you were here holding me too,
sitting here arm in arm spending time
talking as we do, sharing kisses and laughs,
oh my dear Kira I miss you so much.
I feel like crying in longing need,
Kira I miss you and need you here.

I miss you Kira and I'm send
massive kisses and hugs to you
to shower you in all of my endless deep love.
I miss you so much and my heart calls to you,
I love you sweet Kira and I
hope to hold you tightly so very soon.

Michael P. McParland

Come Rest 12

Come rest with me my sweet love
and let's in each others arms wrap up
and rest for awhile in this afternoon.
I just want to lie here with my darling
and rest for awhile.
Bein your arms an just feel peaceful
in the arms of the greatest woman.
I need the rest and I know you do too,
let us get some great rest in each others arms.
I love you sweet lady Kira and want you her
so come rest here with me in each others loving arms.

Michael P. McParland

Love Note 201

Good afternoon sweet love
I hope you are doing good
and your day has been bright.
I still just feel very tired and
am going to lay down for a nap soon
to rest myself further hoping
to fully be better and straight on my game.
I feel off very much from this
tiredness and being here all
alone right now.
I need to be at my best for you
my sweet sweet Kira darling.

I love you sweet lady
and hope that through all
my fogginess I've been able
to help you feel all my love
and smiling kisses I've sent to you.
I want you to always feel proteceted
in their warmth and
all of my caring love.
I am always with you sweet one
and I am always sending you all
of my love I do often worry
about you though and you know
how I worry if I've let you down.
Nothing you've done to
make me feel that way
for as you know I just worry in turn.
Especially over those I
so deeply truly love,
and my sweet darling Kira I love you most.

I love you truly my darling one
and before I lie down here
I'll let you know so perhaps we can rest together.
I love you Kira for you truly
are the very best and no other
will ever do.

So plese come let me hold you
for a bit before we lie down.
You are the greatest and I long
for you so very bad.
You are all my hopes,
my dreams, my everything.
Kira sweet love you are
the one I want to bw with forever.

Michael P. McParland

Holding You Tight Today 2

Holding you tight today my sweet one,
filling you with all the love that I hold.
I want to make sure that I always
let you know how deeply I feel
all the love that I hold for you my only one.
You deserve all the greatest and you
need to know just as all do
that you're truly loved.
So I'm wrapping my arms tightly around you
holding you close to kiss you deep
and say Kira you are the greatest
and I love you so.
You are the woman I give myself to.

I'm holding you ever so tight
covering you in kisses of pure delight,
giving you warmth and knowing
that I'm always here.
Holding you tight and and it is
making my heart sing in full beat.
Saying Kira you're amazing and we need you near,
to just enjoy this life you are nnedded here,
you're the greatest an Angel
and blessing so true.
Oh my sweet Kira I'd do anything for you,
you are the one who get's me through.
Holding you tight everday through.

Holding you tight so you'll
always know that you are loved
and you're not alone because I'm always here.
I'm holding you tight my sweet Kira
so feel all of my kind carin g love..
I want to be holding you everyday of our lives
be it this one and into the next,
I love you sweet lady please come so soon
I will hold you tightly so you'll
always know you're treasured and cherised forevermore.
In spirit today Kira feel it though

I'm holding you tight saying I love you sweet one.

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Michael P. McParland

Hold My Hand 5

Come hold my hand my sweet love
and give each other deep comfort,
help give each other the deep
connection so needed.
I can feel you always and it
is so warming and contenting
but this is one of those days
where I just want to hold you
and feel you next to me in every way.
Come hold my hand as we pass through the day.

Come hold my hand and I will
hold you so close,
just stroke your hair and say
Kira I love you so much
you are my everything and
I will be with you always,
I'd give my whole life up just for you,
you are the most beautiful woman
through and through.

Please come hold my hand so I
can hold you so close.
Today I so need to feel you near
and talk to you about how I feel.
How you are my lady and Angel so bright,
that you are the greatest and truest
love of my life.
How you are just truly a wonderful,
beautiful woman.
Kira sweetl love come hold my hand,
you are amazing and I love you so much.

Michael P. McParland

Sweet Love 4

Sweet love I treasure you so
and very deeply long for you to be here.
I miss you so much my only one
and you are the one who I always dream of.
Sweet love my sweet lady Kira
come here and let me hold you forever.

Sweet love I cherish you deeply
and want to spend eternity as your husband,
having you as my wife and my Angel
is the greatest blessing I could fathom.
Sweet lady you are a miracle
and my true hearts love and desire.
Sweet lady a truly amazing woman.

Kira sweet love my heart and soul
are all yours because I love you so much.
I treasure you for you are my hero,
I adore you my best friend because
you truly are my sweet Queen and Angel.
I desire to be with you for all time stright ahead
because you are the greatest woman there's ever been.

Michael P. McParland

Morning Note 74

Good morning sweet love
I hope you slept well
and feel very refreshed.
I miss you so much
and am feeling a little blue
as I get up for another day here
without you.
I long so very much to
wake up every morning
with you in my arms.

May the sun shine
upon you ever so bright
and have it fill you
with all my warming love.
I'll be by your side the
whole day hand in hand,
feel my arms tightly wrapped
around you sweet one in pure love.
I truly adore you so very much
and as I lay here for a few more
I'll be dreaming I'm
ever so tightly holding you.
I achingly long to be in your arms
for you are my Angel and only one.

I love you sweet Kira and
always remember and feel that you're
not alone because I'm always
here for my one,
so soon I hope every morning
I can kiss you to start the day.
That will truly make me glow.

Michael P. McParland

Goodnight My Queen 2

Goodnight my Queen I love you so much,
I'm so very tired come join me in bed sweet one.
Just cuddle and kiss as we drift
looking into our eyes and smiling in peace.
Then you can just rest your head on my chest
and I'll stroke your hair as some Mozart plays lightly.
Come snuggle sweet Queen Kira
and we'll feel true comfort in our arms.

I'll be holding you ever so tight as the night goes along
giving all of my warmth and love
whispering to you how much I care and that
I'll be by your side forever sweet dear
because I love you so much and care for you.

I'll see you tonight in the land of dreams where
we will just lay wrapped in a blanket
under the moon and stars holding each other,
feeling peaceful and joyus being together
is all I want for nothing could ever be better.
Just when soon it is real but until then
I'll be holding you in the land of dreams.

Goodnight Kira my Queen and tomorrow I am
going to work so hard to do better for you,
I gave my best today but I fear I fell short
on giving you the very best you deserve,
it was a hard one but I long to always give you gold.
I love you sweet lady you truly are so very amazing
and I send you these kisses of pure adoration.
Goodnight my Queen I love you so much
Kira sweet dear come hold me as we drift off.

Michael P. McParland

The Greatest Lady

My sweet lady you are the greatest
and everything about you I adore completely,
I'd give anything to be holding you seeing your smile,
then looking in your eyes kiss you so deeply
being taken away by your Angelic loving,
to be with you my lady would be truly amazing.
You are the greatest and my heart is singing,
saying Kira I love you and you are my soul mate amazing
please come cuddle with me on this night
and just talk while we nuzzle as well.
You are the greatest sweet one I love you so much
and want you here to cuddle with me and rest in a bit.
You're the greatest and bring pure comfort and pacefulness,
you are the greatest Kira and I love you so much.

Michael P. McParland

Snuggle 21

A snuggle with you would be perfect my love,
I'm so very tired yet don't want to sleep,
and I just want to lie in bed with you in my arms
and me in yours.
A snuggle with you on this night
would make everything right because
I would be in heaven in the arms of the one,
the woman whom I love Kira my sweet Angel dove.
Let's snuggle tonight my sweet one and feel pure contentment.

Michael P. McParland

A Peaceful Sunday Night

A peaceful Sunday night in your arms
sitting watching TV or a movie,
or just as good reading a book
would be the ideal way to end the weekend,
it would make facing another week
not just seem less bleak but be
a pleasureable thing because knowing
I'd be with you in your arms anytime
would make my life and soul happier.
A peaceful Sunday night with you
would be pure heaven.

A peaceful Sunday night with my Kira,
what a pleasent dream and delight
that noone else could ever provide,
nothing could compare to time with you,
I've always felt happy and whole with you
and this Sunday night would be grand
spent only with you.
A peaceful one with my only one,
feeling peaceful and content as one
with the greatest lady ever known.
Oh my sweet Kira you're the greatest girl,
my Angel and Queen so truly supreme.

A peaceful Sunday with you in my arms,
I dream of that now my dear one
and I widely smile.
You are so truly wonderful Kira sweet one,
I'd give anything to have you here
but I know soon that we'll find our way,
you are amazing and my everything.
I love you sweet Kira
and before us lays an eternal peaceful Sundays.

Michael P. McParland

Evening Note 56

Good evening sweet love
I'm missing you so much,
I'm embracing you with all
of my warmth and caring love.
I'm having a hard one here sweet love
and I'm trying to fight through.
All the love you are sending
has been so helpful sweet one,
you make things bareable and light,
knowing you're here and you love me
helps give me the strength to go on.
I love you sweet Kira my only one.

I'll continue writing no matter
what anyone else were to think ever,
I do it for you because you are my lady
and I know you love me.
It's all for you my sweet one
and I will always continue to fight on.
I'm going to write more tonight
just for you.
Have a great evening my dear sweet
Kira true and remember I am right there with you.
I'll always love you with all of my heart,
I adore and admire you my only one.
My words are for you and they will not stop.
I love you Kira and I send you
this massive kiss and hug.

Michael P. McParland

Sweet Love, Sweet Dream

Sweet love my sweet dream,
Kira you truly are my dear everything,
the sweetest woman a true gift from God.
My sweetest dreams are of you and I,
hand in hand every place that we go,
you in my arms as we sit at home.
Talking and laughing enjoying our lives,
Sweet love my sweet dream is you.

Kira sweet love come into my arms,
you are adorable my only one.
The most beautiful woman
so intelligent, tender and kind
you are my sweetest dreams all in one.
My sweet love Kira I love you so,
our love is so special just
like you my sweet soul Angel.

Michael P. McParland

I'm With You

I'm with you always sweet lady
holding you close.
Feel my arms as I now wrap
them around you ever so tight.
You are my lady and I love you so much
remember I am with you
sided by side no matter where
and no matter when.
I am holding you tight
as I write giving kisses galore
all day and night.

I'm with you always
and I adore you to no end,
Kira I love you and
fight on because of you.
I thank you eternally for
all of your kindness and love,
Kira you are amazing and I'm with you always
because I love you so deeply
and you are my everything.

Michael P. McParland

In Your Arms 2

In your arms is where I want to be,
feeling your warmth and your love,
feeling your heart beat with mine,
just being with you the woman I love.
I long to be within your arms
where I truly belong.
In the arms of the greatest women
ever known.

I just want to be in your arms
feeling the softness of your spirit,
heart, and body, a complete package
of true love and divine beauty.
I love you Kira and want to be
in your arms while we cuddle
and I just empty my heart and soul
giving you everything.
I want to be in your arms throughtout everything.

I want to be in your arms through
all of lifes adventures
where I have no doubt we will
always support each other,
being in your arms is a reward
with no equal.
I want to be in your arms forever
because Kira you are my Angel
and I deeply adore you.
So come take me into your arms
as I take you into mine
and we'll look right at the futrure
knowing it's ours holding each other.

Michael P. McParland

My Sweet Lady 3

My sweet lady I'm smiling fore thee,
I can feel all of your love for me.
It is the best and it feels so very good,
it fills me with warmth and I feel happy.
Knowing my sweet lady loves me
is truly the greatest blessing.
I love you sweet lady and
I hope you are feeling all the
loving warmth I am sending.
I want my Angel to always feel
the comfort of my adoration.
To you my sweet lady a million
smiles, hugs, and deep passionate kisses.
My sweet lady feel all of
the deep love that they hold.
I love you so very much my only one.

My sweet lady I'm always here for you
when you want or need because I so love you,
you're my Queen and my Angel and I so adore you.
Kira my sweet lady you are so amazing,
the greatest woman I know there is through the days.
I love you so much and in spirit
I'm holding you ever so tight.
My sweet lady Kira you truly are grand.

Michael P. McParland

Your Tender Heart

Your tender heart is my home
and it is ever so beautiful,
the most caring ever known,
so very kind and warm
full of endless acceptance and understanding.
The most tender heart coupled
with the most beautiful woman
which is proof of true divinity.
Oh my sweet darkling Kira
God bless your sweet, kind, tender heart
for all the love you bring.
My Angel so full light.

Your heart is where I find
respite and all the tender solace I need,
I feel whole and complete in the love you give me.
Your tender heart is a blessing to me,
Kira you're a shining gift from God on high
and I kneel down to pray and thank him
for you and all the happiness you bring.
Your tender heart is home my sweet darling Kira
and I'm so deeply eternally in love with you.
God bless you my sweet darling one.

Michael P. McParland

I Close My Eyes

I close my eyes sweet one and it's you I see,
I smile and my heart fills with joy.
You're my Angel and all in life is fine when
I see or feel you in any way.
I close my eyes and see you to experience heaven,
to help me through the hardest days
and make the good ones even better.
I close my eyes to see Kira an Angel from heaven.

I close my eyes sweet one and I am holding you,
kissing you and telling you how deeply I love you,
that you're all I need and the rest of the world is not.
I close my eyes to see you and smile so I can
remember that there is true beauty in this world,
that God does exist because there is good.
I close my eyes and feel your spirit stronger
in both bad and good and always I am taken to greater heights.
I am hurting today from mean people on this site
and I've closed my eyes to see you and it's
helped give me strength to keep it going.
You are my everything.

I close my eyes sweet love and smile
sending you infinite kisses and hugs
and pray always that you feel my love run through you.
Am amazing woman I care for and deeply adore,
I close my eyes to see you my sweet Angel dove
because I love you so very much Kira
and you are my only one.

Michael P. McParland

Love Note 200

Hello my tender Angel of love
I hope you are having the
happiest and brightest of days.
Thank you as always for your
kind loving understanding
because it truly means everything.

I was so truly exhausted last night
for when having gone to bed I had
only gotten 3 and a half hours of rest
in the 54 hours past and it was
all in the beautiful rest
which you brought me peace,
so I finally went out in the deepest last night,
I wish truly I could have
written you through the night.
Truly thank you sweet one for your
understanding heart and soul,
and as I get going more and more
as always I will give you my very best
to show my true loving heart and soul
which you feel always because you hold
and I'm so very proud that you do.

I love you Kira my dear precious Angel
and I will now get up more and
do what needs doing and as the day
goes my mind will be moving finding
beautiful things for my woman.
I'll be with you also in spirit,
so here's a big kiss of pure
passion and feel the devotion
and all my dedication.
With a big smile I love you babe.
I'm always here for you no matter what.

Michael P. McParland

Goodnight My Queen

Goodnight my fair Queen I am exhausted
and so badly need the sleep.
I know you understand but still
I apologize for a shorter goodnight,
feel my arms wrap around you so tightly
as I kiss you and say I love you,
you are the greatest woman
and tonight feel my heart sing for you.

Goodnight my Queen Kira
please come and hold me as we
snuggle this whole night away
and as we drift I'll just tell you
how you are my everything and sweet lady.
Goodnight my sweet Kira
and I promise to see you in the land of dreams,
I so deeply wish you were here.
A zillion kisses to you my Queen.

Michael P. McParland

Calming Night With You

A heavy storm outside has just begun
and sweet lady I wish that I could
spend it with you just cuddled up in bed
talking and kissing throughout.
I'd hold you so tight from any frights.
I wish so very much you were here for a calming night,
to just curl up together as one.
I need so badly to be with my only one.

A calming night with you is my greatest prayer
and it's all that I want is to have you here,
to kiss you and hold you and say Kira I love you
would be the most calming night I could imagine
yet feeling your love and you in my heart
I know I'll make it even though for you I'll be aching.

A calming night is what I'll be dreaming of,
an entire night here spent just with you.
I love you so much and want you to know
that you my sweet darling Kira are the greatest of all.

Michael P. McParland

Evening Note 55

Good evening my love
I'm sorry I'm so quiet
my mind is just very jammed up
and distracted,
I truly in my heart and soul so far
have wanted to write you much more.
I apologize my dear truly
I had intended better
and feel sad I could not show
you better more of my love.
I know you know and feel all
of my dedicated love as I feel yours,
it's the most dedicated in the world.

No matter the circumstance though
I am with you always in
heart mind and soul,
you're my dear Queen Angel.
I know you feel it and I know
you believe and trust me,
but reassurance in words is
also a good thing to be given.
Words of love are as important as actions.
That's something we both understand
in our true love and having
been used because of our caring souls.

I love you dearly sweet lady
and am with you always,
here's the biggest, deepest,
passionate kiss and tight hug for you sweet one.
You truly are so beautiful
and to anyone who ever told you different
I want to beat them up
for saying such hurtful lies.
You're a blessing and gift from God,
everything a real man
could need and want.
The world just lacks on what

real men are and wonderful
women have suffered,
sadly most of all you've been hurt.

I love you Kira my Angel Queen
and I need you more than
anyone can know.
You are truly the medicine my
heart and soul need.
You truly are the greatest
and I will stick by
and protect you forever.

Michael P. McParland

Come Sit 2

Come sit with me dear on
this evening of loving need,
I want you here to spend time
holding each other so very tight
keeping each other feel so very
safe and warm.
Please my sweet lady come sit with me.

I feel overwhelmed and very alone
and I desire to have you here at my side
holding hands as we just enjoy our love,
kissing and talking, reading and watching films,
everythying is easy and possible
when you are with me.
Just spending time is my desire and need.
Please my sweet darling come sit with me?

You are so strong and your love is amazing
and it's that I am so in need of,
your support and your caring,
your tender concern that help make me feel so calm,
I want you here to sit by me.
Supporting and helping each other with love,
always there with a helping hand.
Sweet lady what we have is so very amazing,
so please come sit with me and
we'll make it as always together.
A night with you just casually sitting
and talking would be a dream my dear Angel.
So come take my hand and I'll pull you in
then together let a fun night begin.
I love you sweet Kira my heart is singing for you.

Michael P. McParland

A Beautiful Rest

Sweet lady I know you were here
with me in spirit because I could so deeply feel you
whith the comfort you brought me.
I had barely slept in the last two days
and when I laid down wrapping up in my blanket
I felt your loving calm surround me in full
and feeling you holding me I slept for a bit finally.
You are my sweet Angel Queen.

A beautiful rest finally set in my sweet dear
and you made it beautiful in spirit and dreams,
of the dreams I recall only that you were there in my arms
as we cried tears of pure joy while laughing in happiness too
that we were together where we always wanted to be.
Then we gently kissed and gazed at each other smiling bright.
With the dream and your arms in spirit about me
it was a beautiful rest and I thank thee sweet lady.
You are so truly amazing.

A beautiful rest my sweet darling that will
help carry me through this late afternoon
and late evening which is so needed since
for the next two weeks I am here alone
and must take care of everything.
A beautiful rest providing rest and strength
which you so deeply helped.
I love you Kira for you truly are the best.

Michael P. McParland

Come Wrap Up

Come wrap up with me in a blanket sweet dear
and lie down to snuggle and kiss before we rest,
I've not slept very well these last few days
and I need a nap to recharge,
I'm feeling very exhausted and wiped out.
Just a rest though my dear and I want
to do it wrapped up with my love in a blanket.

Come wrap up and as we drift closer to sleep
we'll just snuggle sharing kisses and
possibly even satisfying our tingles.
Then rest in true love and feel peace
in our arms.
Come wrap up in my orange fuzzy comforter.
I love you darling and I'm dying to cuddle.

So please my sweet lady and come wrap up with me,
I know we both need the sleep and
we will find our greatest safety and solace
wrapped up together arm in arm so unseperable.
I love you sweet Kira and want to
get this much needed sleep with my lady.

Michael P. McParland

You Are True Sweetness

You are sweetness personified my love
and I adore you so very much,
I just want to hold you and kiss you forever,
I love you so much and in this life
in every way I want to experience
it all with you.

I yearn so deeply to share in that special way
and all others great things only with you.
My sweet darling Angel you are true sweetness
and a magnificent woman whose love I deeply cherish.
I pray I have shown that I know of your love
because I feel it with me everywhere I go,
I can feel your soft precious hand wrapped in mine.
I know your love is just as true and strong.

You are true sweetness and I am
truly so lucky to have such a beautiful Angel.
One who adores me as I adore her,
and is understanding of all my odd ways,
you are true sweetness my love
and Kira I'll spend eternity thanking you
and always giving my very best.
Kira you are such sweetness with dear tenderness
when I finally see I'm going to kiss you and hold you forever,
you are the sweetness of great woman I dream of.

Michael P. McParland

A Beautiful Walk 2

I've just returned from the most beautiful walk
and in my heart and mind beautiful lady I spent it with you.
Hand in hand smiling admiring the surroundings
and getting lost in the love we have for each other.
A beautiful walk with a beautiful lady.

A beautiful walk reminicing on you and us
all of the good times we had.
When we've worked through the bad they'll
no longer matter beyond the lessons we've learned
so I just dreamed of you and our beautiful future,
a lifetime of true love with my sweet dear Angel.

I sent you so very many messages of love
and I pray that you recieved them all
being filled with warmth and peace
feeling the pure truth of my hearts
desires and intents.
On my beautiful walk my heart sang to you
in full rythm and voice all of the adoration I hold.

As I now lie down for a short bit
to let my body rest and cool down
I'll be dreaming of us snuggling now,
just basking in the glow of our sacred bond
and feeling whole being with you.
I love you sweet Kira and you are so beautiful
I can't wait to take beautiful walks
and cuddle up because you are the greatest my one.

Michael P. McParland

A Beautiful Walk

A little chilly this morning
but in a short bit I will go for a
walk on this beautiful day
to think, remember, smile about you.
Laugh remembering the good and funny times,
not wallowing in the bad ones
but think of their lessons so as
not to make the same mistakes again.
Here very shortly a beautiful walk
to think about beautiful you.

A beautiful walk to clear the distractions
and put us better in tune,
I'll be sending you many messages of love
while I am out my dear so feel them
strong and watch out for all the
kisses, smiles, and hugs they bring.

So shortly as I embark on my beautiful walk
I'll ask Kira are you ready?
Then reach for your hand in spirit
and all the while holding it look at the flowers,
the ducks and geese, all the wonders surrounding
thinking of my beautiful lady
my heart being filled even more with the love that I hold.
Know that I am with you and that I know you're with me.

So very shortly my dear make sure you
are ready for all my messages of love
and hear my hearts songs
saying Kira I love you sweet one.
Let us talk so very soon and find
our way to our eternal path and home
sealed in our true everlasting love.

Michael P. McParland

Slow Start Today

Slow start to the morning sweet one
but I'll get up to speed I promise.
I say this with a smile of love
that I know would make you laugh,
not in a mean way of course but
a laugh of love in the humor we share,
and because you know I'm cheesy dear.

A slow start to this morning and
trying to get going,
my engine keeps firing then chocking.
I'll feel I'm awake then like
I'm ready to go back to sleep.
A slow start to the morning
I promise you dear that I'll get there.

I love you tons and want to give my best and all,
so I'm trying to rev up my engines to peak
but some mornings it's like a diesel grind,
it takes a while for everything to get going.

A slow start to the day but will
pick up its speed.
I love you sweet darling and I'll be
dreaming of and writing for you through the day,
you are the beauty that brings inspiration my way,
so when I find the best words I put them down
so a slow start to the day but I get there.
I love you sweet lady you are amazing.

Michael P. McParland

Morning Note 73

Good morning sweet love
here's a big kiss to wake you up
with a big smile,
to fill you up with my love
from the get go.
I want every part of your day
to be warm and cozy.
I want you to always be happy.

Feel all of my love
as your day goes along,
I'll be holding you tight as
I always do.
I'm sending you millions
of smiles with deep loving
kisses and hugs,
may the sun shine upon you
and fill you with warmth.
I'll be by your side
to help you when you need.
I love you my darling
and you are my Angel.
Have a great day
I'll be thinking about
and praying for you

Michael P. McParland

Kira Sweet One

Feel my arms as they wrap around you
so tightly and snug in pure love.
Please know that I love you
and truly do need you.
I'm aching quite badly sweet lady.
You are the one who completes my soul
and Kira sweet one I love you so much.
With a great big hug and kiss
I need you sweet lady forever,
you're my greatest wish.

Michael P. McParland

Night Note 88

Hello my sweet love
I'm just checking in
and I'm hoping that you are
doing well and resting.
You need your sleep my sweet love
because I worry for you in every way.
I care for you deeply Kira so fair.

Just restless sleep for me this night
so as I get up to eat and read a book
first I wanted to check in with you.
Let you know that I care and
feel so achingly lonely without you here.
You are my Angel my deap precious Queen.
I would give anything to have you here.
I love you sweet lady and as I
get moving my brain will too
and as beautiful words come to my mind
I will write them for you,
the beautiful lady who inspired.
I'm holding you tight and ever so close,
I love you Kira you are the best.

Michael P. McParland

Goodnight My Shining Star

Goodnight Kira my bright shining star,
come join me at the end of this day
sliping into bed cuddling and kissing to our hearts content.
Come together to get the peace
and contentment we so need to have.
Satisfy our longing desire to be together at last.

I've been thinking of you as the whole day has passed,
missing and needing you my Angel so fair.
I often feel like crying over the tiniest of things
and the main reason is because I'm sad without you.
I'll be yearning and pining for you the whole night through.

I'm sending you endless kisses and hugs to
keep you warm feeling safe with all of my love.
I'll be with you in spirit holding you close
telling you you're special and I love you so much.
You are the most beautiful woman and my heart beats for you,
I want and need you next to me my Angel true,
feel my arms wrapped tightly in love around you.

Tonight I'll see you in dreamland so majestic and huge,
a place where we will be together and can
do whatever we want to our hearts loving content,
and I want to snuggle with my only woman
under the stars on a blaket wrapped up together.
Talking, kissing, just silently gazing
at the stars, moon, and each other.
In my arms tonight my sweet Angel.

Goodnight Kira my bright shining star I'm
sending you all of my deep pure true love,
with the biggest of kisses and a million more
I love you sweet lady please sleep so very well.

Michael P. McParland

I Miss You So Badly

I miss you so badly and am aching fiercely,
I would give anything to be with my lady.
I want to have you here in my arms
telling you I love you while holding you tight.
I miss you so badly and not just tonight,
I miss you badly every minute of life.

I miss you so badly and all that we shared,
I miss talking and laughing over everything,
our little sayings and our little jokes.
I miss them and you so very much,
all the small things were truly the big,
because through them we showed our love
and it was so deeply felt.
I miss you so badly my only one.

I think back through the time we've known each other
and I miss looking at you randomly and
all of a sudden we'd both start smiling.
We didn't know it then but we were saying I love you,
in those looks were pure adoration
and the true love we've always carried.
I miss you so badly and my heart's in agony.

I miss you so badly and you need to know it
so you'll know that I care in the ways that I've said it,
and my sweet darling Kira I do my best to always show it
because you are amazing and deserve the best of everything.
I would never besmirch you or insult you by giving you any less.
I miss you sweet Kira and love you so much.

I miss you so badly and want you here to show you all,
that my heart is pure and intentions are best,
that I would never lie to you or try to hurt you some way.
I love you so deeply my best friend.
I miss you so badly my Kira and I need you here.

Michael P. McParland

Love Note 199

Dreaming of you my sweet one
and sending all of my love,
you are a gem so rarely found
and I cherish the beauty of
you in heart, mind and soul.
You are an Angel so truly good,
full of giving light
so loving and kind.

I love you sweet lady
you're my only one,
you are a true wonder to me.
I adore you and want you,
I cherish and need you,
sweet sweet Kira my lady
you are the one my
heart and soul yearn for.

Michael P. McParland

Evening Note 54

Good evening sweet love
and here's a big kiss and hug
with a zillion smiles for you,
I hope you are smiling
because it lights up the world.
It's the most beautiful smile
I have ever known.

As I've gone through my day
I've felt your wholesome love,
it warmed me and made me feel
like a zillion bucks.
I pray you felt all of mine
that I was sending to you.
I was holding you in spirit
each point of the day.

I'll be with you still
in this evening too,
always and forever I
will stick by you.
You are my lady and Angel
I so deeply adore.
Feel my arms wrapped tighly around you.

I love you sweet lady and
hope so very soon you'll be here
so I can hold you
and comfort you in every way.
I love you sweet Kira
you're my only one.
I give you my life
because you're my dear one.

Michael P. McParland

In My Arms 2

To have you now within my arms
is my greatest desire,
to just have you near and
see you again holding you
telling you all of my love.
I would give anything to
have you in my arms right now.

I want to feel all of your love surround,
feel the warmth of your
body and heart as I hold you ever so tight.
I want to have you here in my arms
just feeling the peace of our special bond.

I long to just hold you and kiss you,
together cry tears of relief and happiness,
laugh and get lost in the pure emotion
and deep passion of the love for each other we hold.
I need you in my arms my sweet Angel dove.

I want to hold you and stroke your hair
while we just talk and enjoy you being there.
Feel our hearts and souls mending
and the past but the soon forgiven mistakes forgotten
and just the beautiful ones that we built upon.
I hope to have you here so very soon.

I want to hold you for all eternity
Queen of my heart as my dear Angel bride.
What better than to spend forever
with your best friend in your arms?
I can think of none better can you?
I love you so deeply and long
to hold you through eternities time.

So here I sit wanting you in my arms,
being fully mezmerised by your charms.
An amazing woman with a brilliant spirit and heart,
sweet dear Kira I love you

and forevermore want you here in my arms.

Michael P. McParland

My Sweet Lady Love 2

My sweet lady love my heart calls to you in song
singing in full voice about all of my love,
how I adore you and cherish you.
How beautiful and divinely exquisite I find you,
telling you that you are amazing
and a God gifted blessing sent straight from heaven.

My sweet lady love I am holding you tightly in spirit,
I am with you always to help you feel peaceful,
I walk along with my hand in yours,
so you will know that you're truly loved and never alone.
My sweet lady love I won't ever leave you
hurt, broken, feeling cold and abandoned.
My darling dear I'm always yours.

My sweet lady love feel my arms around you
as I help comfort your heart and soul.
I know you're aching and lonely as am I,
I will comfort you in every way that I can
and when you are here I'll hold you forever and ever,
I'll always be a rock of safety and solace
for my lady so awesome.

My sweet lady love I love you so much
and forever we will share the most amazing bond,
it's helped us and lasted given so many lessons,
my sweet lady love life without you I cannot imagine.
You're my best friend, my Angel, my Queen.
My dear sweet precious Kira you are my everything.

Michael P. McParland

Feeling Lonely

I'm feeling so lonely today
although I almost always do,
but today is worse and I want
you here to hold each other and converse.
Just spend time with each other
getting lost in our fun
just like we always did.
I'm incredibly lonely and I'd
give anything to have you here with me.

Sitting here lonely and feeling quite sad,
I wish my lady was here to hold and to kiss,
just spend the day as the lovers we are
sharing everything that we love
and fulfilling all of our needs.
I'm feeling so lonely sweet one
please come and sit with me.

I'm feeling so lonely
and everything seems so boring
just talking to you would make life better,
you are the light that chases away all the tears.
I'm incredibly lonely and
long for your sweet precious smile.
Your sparkling eyes pierceing right through me
making me feel all happy and tingly.

I'm so very lonely and you're who I want,
only you my sweet Kira will ever help out.
Your precious spirit and loving heart
are what make life worth living
in all the most important parts.
I love you sweet lady and I'm feeling lonely
so come over and let's just lie down and snuggle.

Michael P. McParland

Love Note 198

Hello my darling dear
I can feel you so near
and I pray you feel mee too.
How has your morning been so far?
I hope it goes oh so very well
with tons of sun warming
you through and giving you joy.
Feel my hand in yours
as your day goes and
know that I'm thinking
of you always sweet one.

You are the Queen and Angel
of whom I so brightly dream
and being with you is
those dreams coming true.
Kira I so deeply love you
and hope to be holding you
so very very soon.

Michael P. McParland

Take My Hand 14

Sweet lady please take my hand
and let me hold you so close,
just spend the day together
snuggling in peace.

We need the time to talk
and have healing in full.
I only ever want to be with you.
I just want to be by yourside forevermore.

Come take my hand and I'll hold you so tight,
giving you kisses and looks
of pure love and full reassurance.
You are all that is right in the world.

Come take my hand my sweet lady
and come spend the day,
I love you so much and just want
to pass the time with you in my arms

Michael P. McParland

A Kiss (To Start The Day)

A kiss to you my sweet love
to start your beautiful day,
I wrap my arms around you so tightly
then looking you in the eyes I say,
I love you sweet Kira my true love and best friend
and to our loving bond there will never be an end.
Then I give you this great big passionate kiss
to start your beautiful day,
and there's an endless amout of those my sweet dear.

A great big passionate kiss for my only one
and through the day I'll be holding you tight
to give you endless peace and help keep you strong.
My hand in yours and arms wrapped around,
a great big kiss from your man my sweet Angel dove.

I love you sweet lady and miss you so much
so always I'm sending you smiles,
deep kisses and the biggest of hugs.
So have a good day and be full of cheer
because I love you sweet lady
and I'm sending you a big kiss to start your day right.

Michael P. McParland

My Heart

My heart is yours and will always be,
you are the one who filled it with love,
you filled it with hope and light
knowing that true happiness could be.
My heart is yours forevermore
because I love you sweet one.

Michael P. McParland

Morning Note 72

Good moning sweet love
and I hope you have rested well.
A new day's before us and
I want you to know I
will be with you holding you close.
I'm so lonely without you
and having the hardest time.
I just want you to know
I love you deeply my only one.

May the sun shine upon you
and fill you with my loving warmth,
and when in need of strength
reach out to grab my hand
and then close your eyes,
feel my hand squeeze yours
as I take you into my arms
then see my smile of pure love
and hear my voice as I say.
Kira I love and want to be
with you everyday,
for all eternity hand in hand,
never leaving, never parting,
together forever in our true love.

I'm here for you always
and will be praying for you sweet lady
because I so truly adore you.
Please come and I'll hold you so close
I love you Kira and we both
need to be near.

Michael P. McParland

Under The Covers 9

Come with me sweet lady
and we'll hide under the covers and snuggle.
Feel contented peace and warmth with each other.
Forget the world and just revel in love,
enjoying our deep spiritual and emotional bond.
Come my sweet lady and join me now under the covers.

I'm so very tired and just want to hold you,
finally feel the peace and safety inside I so need,
to provide you with deep comfort and peace
letting you know I'll never let you go.
I want you here forever sweet love.

Come join me under the covers and we will retire,
with your head resting peacefully on my chest
we can drift off knowing we'll still be here when we wake,
knowing the we are with the people we want and belong.
I love you so deeply Kira please come and join me
under the covers.

Come and join me under the covers where we
can be in our own world forgetting this one.
Awhile never hurts and it's what we need to heal,
you are my love who means so much.
Please come and join me under the covers
to lovingly snuggle.

Michael P. McParland

Night Note 87

Sweet lady I hope you are
sleeping well and getting good rest.
I'm thinking of you as
I'm doing some stuff.
I hope you feel all the
loving warmth that I send,
and feel me holding you
tight and telling you
how deeply I care and love you
gently in your ear.
I want you to always know
that I deeply care,
I'm right by your side everywhere.

Sleep well my sweet one
and of us have the most beautiful dreams
of us cuddling, kissing
and just spending time.
I love you so much and
if you need me I'm here.
Kira my love you are everything
to me.

Michael P. McParland

Beautiful Lady 7

Beautiful lady as I lie here this night
I dream of you and of your loving heart.
I long in my need to have you here
holding you tight and strokeing your hair,
caressing your cheek as I look at you
and say I love you sweet Kira you are so fair.

Beautiful lady please talk to me,
I need your words and your voice to help me through.
You are amazing and needed so much.
My beautiful lady will you soon be here?
I want to share everything in my life
and have you share as well.
I want to be with you always and show my loving care.

My beautiful lady hear my longing calls,
you truly are loved and cared for through all.
I've said I'll never leave you and I never will,
I await you here with open arms and open heart,
my beautiful lady for eternity from you I never want to part
because you're my beautiful lady and I love you so.
Please come and take my hand and let me give you all.

Michael P. McParland

Goodnight Kira My True Love

Goodnight Kira my true love and
let's wrap this day of hard longing
by slipping in bed to cuddle and kiss
for the longest time making up for lost time.
I miss you so much and strive to give
you all of my very best.

I'm sending you all of my loving warmth
with endless kisses and hugs,
I wish you were here to give them myself.
I will hold you forever and kiss you over and over,
I want to show you all of my love
and how dearly I have missed you.

I'll see you tonight within the land of dreams
as hand and hand we'll walk along the
moon and the stars talking, laughing, crying,
kissing, and just enjoy being together.
We'll also just hold each other giving
comfort and peace so needed to one another.
So soon I pray this will be for you and me.

I'll be holding you so close and tight
through all of this night strokeing your hair
and softly speaking reassuring you
that you are beautiful, truly loved,
and that you're not alone because I am with you
everyday and everywhere so just reach out and take my hand.
Goodnight Kira my true love eternity
surely will always be ours.

Michael P. McParland

Love Note 197

Hello my sweet lady
I truly love you so much
and I pray you know
how deeply I feel.
You are my Angel and the light
of my heart and life
I'd give anything to have you here.
I miss you so much and
need you here in my arms.

I am with you always and
you are the one I adore
you are never alone
I'm with you every step of the way.
I love you Kira
please come so very soon.
I need you sweet lady
and you need me too.

Michael P. McParland

My Only One 2

Sweet lady you are my only one
and I will stick by you forevermore.
You hold my heart, you hold my soul,
for you I'd walk to the ends of the earth.
You are my everything and my Angel Queen.
I love you sweet Kira and forevermore
you'll be my only one.

Michael P. McParland

Evening Note 53

Good evening sweet love
I truly hope you're so well
so please don't think or worry
that I am not here thinking of
or worrying over you because I am.
You are my only love and
I want you here by me forever
in every way and want you to be happy.
Feel my heart as it beats for
and calls out to you sweet love.
You are my only one.

I am holding you ever so tight
so feel not a doubt or a fright.
I am here for you and wish
you could be here to spend the evening
together hand in hand arm in arm.
I'm sending you all of my warmth and love
and want you to feel at peace,
if you need me I am
always here for you.
You're a diamond in the rough
and a true jewel who I
cherish in every way.
I love you Kira sweet lady
and I always will.

Michael P. McParland

Big Hug And Kiss 3

A big warming hug and kiss of love
to you on this eve my true love.
Do not fear that I am not thinking of you
for I am always and care about how you are doing.
I love you more than anything.

A big hug and kiss because I want
you to know that I'm always with you.
You're an amazing woman with a beautiful soul,
I'm dedicated to you always in every way.
I love you sweet lady and care for you deep.

A big hug and kiss to you my sweet one
to fill you with all of my loving warmth,
hand in hand always you're never alone.
A big hug and kiss to you on this eve
because Kira I love you supreme.

Michael P. McParland

Sweet Lady Sweet Love

My sweet lady gives me the sweetest of love
and in my heart and soul it feels so good.
It fulfills me and completes me,
gives comfort and solace to my tortured
heart mind and soul.
The sweet love of my lady is the medicine I need.

Sweet Lady, sweet love, sweet golden heaven on earth.
She is my Angel and helps guide me along,
she is everything I'll ever want and need.
My sweet lady is the apple of my loving eyes,
and she gives me sweet love that in pure joy
sometimes makes me cry.

Sweet lady sweet love please
be by my side for all time,
eternity is all I desire.
You are amazing with all your sweet love,
you take me to higher planes my sweet Angel dove.
You light up my soul with you divine endless sweet love.
I love you sweet lady Kira please marry me now.

Michael P. McParland

Love Note 196

Good afternoon my sweet love
I hope you've had a good day
and felt all the love and
warmth I've been sending you.
I wish you were here to spend
the day and wrap up together
in my big fuzzy orange comforter,
it's cold and rainy here
in good old Minnesota today.
I hope spring truly arrives here soon
as I hope and pray you do too.
In the mail I just recieved a
Falco record only available on vinyl
and I wish you were here to hear it
along with the one to be delievered
later today.
I want to share with you
everything from both you and me.
You are my sunshine today
as you are everyday sweet lady.

Remember and feel me there
holding you so lovingly tight and
whispering in your ear all of my love.
You are my everything and
I am with you always fair lady.
I love you so much and will
never leave you hurting all alone.
You're a dream come true to me.
Soon still a few more chores
I wasn't able to finish
but I'm never ever gone my sweet one.

I will be thinking of and praying
for you as always,
so close your eyes and see all of my
loving smiling looks of adoration for you.
Have a wonderful day sweet one
and as always I will write for you

as I can when my mind gives me something
I know will honor you.
I strive to make you happy and proud.
I love you sweet lady and always will,
Kira you are my universe and everything
and without you my life would
turn to nothing.

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Michael P. McParland

Shining Star 2

You are my shining star and guiding light,
you make me glow in pure love.
I want to fly to the moon so I can
see you in the sky where you shine so bright,
touch you and embrace your divine beautiful love,
I want to closely marvel and woman I adore and love,
you are a shining star and beacon of all that is right.
I love you deeply sweet Kira you are my shining star
of pure love and true light.

Michael P. McParland

Amazing Woman

My sweet darling Kira you are an amazing woman,
everything I'll ever want and desire.
You're beautiful, bold, tough and independent.
You won't be beaten and I so deeply love that,
I admire your heart for it is loyal and loving,
so very full of endless caring.
My dear sweet Kira you are amazing.

Kira you are an amazing woman
and as of yet you don't fully believe or see it
and I want to help you know how
and why in every way I know and see it.
You're amazing and I need you to know that.
So intelligent and ever resilliant.
Just so understanding when you want to be,
you help people out whenever they need it.
I love you Kira and you always amaze me.

Kira you are an amazing woman who I want to be with always,
spend my whole life both in this and the next one,
you are the one whom my heart and soul connect,
the most amazing feeling met with the most amazing woman,
her name is Kira, she is my Amazing Angel
and I so deeply love you my awesome lady.

Michael P. McParland

Love Note 195

Hello my sweet one
before I go to my doctors appointment
and then do a spot of shopping
I wanted to tell you I love you sweet one.
Please feel my hand in your hand
as we go through this day.
We're going through a hard time
being apart but with faith make it through
because I know you love me
just like I so deeply love you.
You are my entire universe.
I need to go out the door
in a minute or two so please,
please, please remember how much
I deeply love you.
I would give everything to be with you,
you are the one who means most
and I'll write you love as soon
as I return.

I love you so deeply and need you
to be with me forever sweet lady.
You are the one that my heart
glows and sings for,
I love you Kira you are my sweet Angel.

Michael P. McParland

Holding You Tight Today

I truly love you so much
and desire to be with you always.
I know that you're feeling down
and I don't like to see you feeling sad.
I don't want you to think that
I do not care.

I'll be holding you tight all through the day
as I run about my chores and you do yours,
feel my arms around you tightly
and my voice gently whispering in your ear
I love you sweet Kira I hold you so dear.
You are amazing and my everything
so I want you to know I'm always here.
I care for you deeply you're my everything,
I love you sweet Kira please feel that in full from me.

I'll be be holding you tight as I do everyday
so close your eyes and see my smiling looks of love.
I want you to feel loved and feel safe,
I care for you so deeply and I give all my best.
I love you sweet Kira so feel ever so warm
as today I am holding you tightly within my arms.

Michael P. McParland

Morning Note 71

Good morning my love
I hope you slept well and are well rested.
I am not doing so great as we speak.
I wanted to tell you
I love you so much and
I'm sending you all of my
kind caring love and warmth.
Please be with me sweet one
so very soon I need to hold
and be held by you.

Remember I am with you every step
of the way everyday because
I'll never leave you abandoned
feeling alone and broken sweet one,
you truly are my everything.
Feel my arms wrapped around you
ever so tightly and see my
looks of love and big smile.
May the sun shine brightly upon
you this day and remember
I love you sweet Kira more than anything.

Michael P. McParland

Love Note 194

I love you so very much
my sweet love and you
mean everything to me my
precious one.
I'm still very tired
from the meds but about
to lie back down.
I just want you to know
you are the one
that helps keep me going.
Kira I love you so much.

Michael P. McParland

Please Snuggle

Please snuggle with me sweet lady
I need you now so very much my only one.
Come hold me please and we'll
keep each other safe and warm.
I love you Kira come
snuggle and nuzzle with me please.

Michael P. McParland

Sleep By Me Sweet One

I'm tired sweet one and need to go down,
I'm taking my sleeping pills and could be
out for a little while so I'm sorry
if I don't write much tonight and into
somewhere in tomorrows light.
Please please come snuggle with me
and sleep by my side.
I love you deeply and need you now
sweet sweet Kira I adore.

Michael P. McParland

I Love You 4

As I lie down for a bit
I wanted to say
Kira my dear I love you.
You're my one and everything
and I want you here.
I love you dear and pray
that you know how much
I truly do for you are so
truly beautiful and great.

Michael P. McParland

Sweet Love 3

Sweet love you are so truly dear to me
and for you I would give anything.
I wish you were here to hold me
when I really need someone who understands things.
I miss you so much my one.

Sweet love you are so special
and I need you more than you can ever know.
You are amazing and the Angel of my life,
Kira my sweet one I love you
and can't wait to have you here.

Michael P. McParland

Sweet Love 2

Oh sweet love I need you now,
I just want to hold you close.
You're the love of my entire life,
please come let me hold you near
as I need to feel you hold me too.
Sweet love, sweet love you are the one
who truly matters most.
Please come rescue me so very soon.

Michael P. McParland

Peaceful Afternoon

I'd love to just spend a
peaceful afternoon right here with you.
Eat some lunch sharing a few drinks
talking and laughing the time away.
Then afterwards retire to the bed
just to rest, your head upon my chest
as I gently stroked your hair in sweet content.
Us feeling fulfilled and calm in our shared presence.

A peaceful afternoon of spending time
having conversation and pure bonding
just enjoying each other as people.
A true afternoon of peace with my only one
looking into each others eyes
showing ourselves in full with no
want or need to hide from our true one.
I long for and desire a peaceful afternoon with you.

I wish so much that you were here
for this afternoon so peaceful
as I get ready to eat a bit more food,
to share it with you and just see and hear you.
Then afterwards take a light nap
from the few drinks we've had
in each others arms.
I miss you so my dear one and hope that soon
we will come together to have such a peaceful afternoon.
I love you Kira and hold you dear and it's you
that's making this afternoon peaceful to me.

Michael P. McParland

Love Note 193

Good afternoon my sweet love
I hope that you truly are well
and feeling all of my love.
You truly are my only one
and apple of my loving eyes.
I wish you were here to join me
for a simple lunch.
Just to have you here would be magic,
a truly afternoon fantastic.

I'm with you always though
of course my dear love
so please feel my hand in yours.
Feel all the love and warmth
I am sending with great big
hugs, kisses, and smiles.
I adore you Kira dear so please come soon
and let me hold you near.

Michael P. McParland

Be With Me

Sweet lady be with me in spirit
if you are not able in person
right now as I face these
two weeks alone upcoming.
I need your support and love
for there are some extreme fears
that have cropped up
and I can get so confused and overwhelmed.
I just ask for your loving
support and help in spirit
for you are my dear Angel Queen
whom I love to no end.

Michael P. McParland

Please Know

Please know Kira my sweet one
that I truly love you in every way
but to see in full we need to
be together literally on the same page,
in these terms the same place.

Please know it's you I dream off
both night and day asleep and awake.
I care for you more than anything,
you're what matters above it all my only one.

So Kira please know and feel
with all you are that for me
it has always been and will always be
just precious beautiful you for me.

I love you Kira you're my Angel Queen.
Please pray if you need to get
the help from God above to know
I love you more than anything.

Michael P. McParland

It's All About You

In my heart and mind it is all about you,
sweet one at the center of both stand you.
Through the best and through the worst
it's my deep love for you I hold on to.
I cherish you and want you by me forever,
everywhere I go and everything I do
at some point I'm thinking of you.
It's all about you sweet lady Kira so cool.

It's all about you and though I may not
always do the best or just what you need
all my best deeds and efforts I save for you.
It's all about you because more than anything
you can imagine or in my life you know I love
I love you a zillion times more.
It's all about you my sweet Angel dove.

I'd give up my treasured music and movies,
I'd give up Ohio State football to be with you forevermore,
I'd give up my books and these aside
from you and family are all that I have sweet one.
It's all about you because you're my girl.
I love you Kira sent from heaven to earth.

I love you immensely and more than anyone can know
sweet lady it truly is all about you.
Do you think I care about any other lady in that way?
Not a bit my precious jewel because I'm serious
that it all truly is about you in my heart, mind, and soul.
Kira you are my everything and it's all about you.

Michael P. McParland

Come Share

Sweet sweet lady please come be with me
and share our lives in every way there is.
I want you to know me in full as I in turn
want to know you my sweet Angel dove.
You are so beautiful and divine.
Please come so soon and be mine.

I want you to come share all that I love.
I want to share my feelings, thoughts,
music, movies, books, and all forms of art.
You know I do not share openly but
with those I truly love and trust.
I want to share it all with you sweet one.

I want you to share with me all that you love.
Your feelings, thoughts, music, movies, books,
and all forms of art that touch your precious Angelic heart.
There isn't anything about you I don't wanna know.
You are my amazing Angel so please come share with me.

I love you my darling dear and only one
and being with you is my greatest desire.
Come share with me my Queen for you are the greatest to me.
So smart, so kind, so beautiful and fine.
I love you my dear darling Kira with all my
heart, soul, body, and mind so please I ask
come share your life with me.

Michael P. McParland

Love Note 192

Hello my sweet Angel dove.
I just returned from my long walk
and my legs really hurt, I'm tired,
and I think I'm getting a cold.
Please come lie down with me
and we'll keep each other warm.
I have so much I need to say
and will never do it here,
those words are for you and you alone.
Please feel all the love
I hold for precious Angelic you.
You are my Angel and all I want,
I need you far more than
you can truly know.

I need a short rest after
my long walk and wish that
you were here to join me.
Or were just here to talk
to me after letting my body
cool down as I meditate
over my music and other
odds and ends.
Why won't you just talk
so a ton can make sense?
I love you sweet lady and
that is the Gods honest truth.
So please say a prayer for me
while I rest that I'll feel better
and I'll pray for you in
every way as I always do.
Let's both pray for us
because we need each other sweet one.

I love you Kira you are supreme
so dear God please come be with me.

Michael P. McParland

A Walk

Going for a walk right now sweet love
I need to go out and let my head clear out.
I just want to do right for you
because I love you deeply don't you know?
I'm trying my best sweet Angel dove.

Michael P. McParland

My Sweet Love 2

My sweet love I truly miss you so,
I would give anything to have you here.
As I get ready to go out for a walk
I think of how beautiful it would be with you.
To hold hands and talk as we enjoyed
an awesome time side by side.
Just enjoying each other my sweet one.

My sweet love I want to have you here,
to hold and kiss reveling in our love.
To always see each other in a moment
of true want and need.
To always be at hand for any reason we can think.
My sweet one I love you so please
come be with me so very soon.

Michael P. McParland

Morning Note 70

Good morning my only one
I hope you had a great night of sleep
and you're rested in full.
My sleep the last two days
has been very off and on.
I wish you were here to
spend the time,
make it wonderful with your
unequaled loving kind spirit.
I want you here no matter
what I am doing.

I hope you have the
greatest and warmest of days
my sweet Angel dove.
I'll be with you in spirit the whole time
and holding your soft
precious hand giving you kisses.
I'll be praying for you
so please know my heart is with you
and feel its loving beat too.
You're an amazing woman I hope you know.

I love you deeply and think
of you always my sweet one.
Feel the sun as it sends you
my warmth and kisses
telling you of all my love
and how magnificent you are.
Close your eyes to see my looks
of love and smile too.
Reach out your hand to grab mine love.
You are not alone anywhere or anytime
because you are my lady and I love you.
Kira please realize you don't
have to keep being an island
because I am dedicated to you
in every single way.
I love you so please reach out.

Michael P. McParland

Night Note 86

Sweet darling so true
how are you?
I hope you're getting
the best of rest
and feel me there
holding you ever so close
kissing you saying it's alright
and I love you more than you know.
You're the light of my life
and greatest hope.
I'd give anything to
have you here with me
listening to Falcos Data De Groove
sharing a drink with me.
Just a night to sit back
and relax with a few my sweet love.

I love you sweet one and
hope you feel all the warmth
I'm sending to you.
I hope you know and feel the
depth of its truth because
you're the most beautiful
woman on earth in every way my dear.
I'm with you always so never
say or think I don't care please.
You're so very important to me,
my only friend and only one
of three I really trust in full.
You are my everything and I
need you to understand all parts of me.
You mean everything.

So feel me there with you
holding you so close and
comforting you in full.
I would give my life for you sweet love,
there isn't anything for you
I wouldn't do

my sweet Angel dove.
So with great big epic
kisses and hugs I love you
my dear darling one and want you
to know for sure there will never be another.
You are the holder and keeper of my heart and soul.

Michael P. McParland

I Want (To Hold You)

I want to hold you so close to me
and just tell you how much you mean,
stroke your hair and caress your cheek,
kiss you over and over again so deep
to show you the passion in my soul.
Make love to you giving myself in full
which no other person can ever have
because they're not you.
Babe I want to hold you.

I want to give you everything sweet lady
and only if we're together can I.
I love you more than the whole universe
and need you next to me sweet one.
I want to hold you for all time
where I am yours and you are mine.
I just want to hold you and
tell you that you're beautiful
and a true God gifted earth bound Angel.
My sweet sweet dear you are amazing.

I want to spend everyday for the rest of time with you
as my best friend and eternal bride hand in hand.
I love you so very much and long to hold you near,
you are all I'll ever want and need.
I love you Kira and just want to hold you
next to me in every way through everyday
for all time my sweet sweet Angel Queen.

Michael P. McParland

My Dear Darling

My dear darling I love you so very much,
come and let me hold you now.
Gently rest your head down on my chest
and I'll just wrap you up,
stroke your hair and lovingly reassure.
I love you deeply my only darling dear.

My dear darling come and hold my hand,
let me gaze into those heavenly eyes that you posses.
What heavenly wonders do they hold and show?
Will you let me see and share with me your precious soul?
My darling dear I want to get to know you in full
and be apart of your loving life.
My dear darling you are everything to me.

My dear darling come and hold your man.
Let me rest my head in your lap while I reveal my soul.
Rub my face and head to help put things at ease
helping me feel secure to release my all to you.
I trust you with my everything but
releasing yourself is so very hard.
My dear darling you are my everything
and I'll always be your man.

My dear darling come and take my hand,
let me hold you pull you in.
I long to gently speak to you and give my everything.
Oh Kira my sweet sweet darling dear I love you
and would give anything to have you here.

Michael P. McParland

Goodnight Kiss 13

Goodnight my sweet darling with this big kiss
and now let us slip under the covers to
just cuddle and talk until we fall asleep.
We'll kiss for awhile smiling and laughing
just in the joy of being together.
Then as I stroke your hair rest your head upon my chest.

I'm sending you all of my warmth and love
with the biggest hugs and kisses just for you sweet one.
Feel me there with you giving you kisses
arms tightly wrappede around telling you
it's all alright and everything's okay
because I'm here for you through eternity everyday,
you are the woman of my greatest hopes and dreams.

I'll see you tonight in the land of dreams
to just hold you, talk to you,
kiss you and cry out our pains and loneliness together,
I so deeply miss you babe and will
hold you tightly in the land of dreams.

Goodnight my sweet precious Kira with this deep kiss,
please remember that to me you truly are so very special to me
and are the woman I always want next to me.
Sleep well and feel me there with you.
I love you Kira you truly are so special to me.
Goodnight and God bless you always please come
so very soon so I can hold you.

Michael P. McParland

The Most Beautiful

Ah right now on my computer
the most beautiful song plays,
and through my mind memories
of you my sweet sweet Kira
lady so fair and fine play as well.
Divinity, divinity.
Dear God how you've created such beauty.

Michael P. McParland

Evening Note 52

Good evening sweet dear of mine
I hope your day has been grand.
I wish you were here with me as
I listen to all my new Falco albums.
You know how much music
means to me sweet one.
Almost as much as you but I
would give up these heavenly sounds
for my heavenly Angel earth bound.
Together though is true ecstasy
unchained I can't describe.

I just wanted you to know
that I love you my sweet
and that once again you are my everything.
I'll be thinking of you
my dear sweet Kira and
I'll write so much more for you
as the night goes along.
I love you and you simply are
amazing my sweet dear.

Michael P. McParland

Dreaming Of You 6

As I rested through this afternoon
and drifted in and out of waking sleep
it was of you my sweet darling I dreamed.
I just held you close as we looked each other in the face,
smiling with our eyes and mouths,
I caressed your cheek and just admired you.
A beautiful dream to be in reality conceived.

The most beautiful dream my dear Kira can you see?
Just looking at each other in our pure love.
Wrapped in our arms no more needed it was just us two.
Don't you see and feel from me that this is
what I truly want and need?
To just hold and be held by my lady as we gaze at each other
feeling all the love we hold for each other.
Being with my only Angel.

As I rested dear and dreamed this blissful dream
I know that it is and soon needs to be our reality.
I want you here to hold and your cheek caress,
just look in your eyes and know I'm with the very best.
To see that beaming smile of a God blessed Angel
who is a gift to this world and to me.
I dream of us my sweet Angel dove and I need for
you to soon be here within my arms.
You are my hopes, you are my dreams.
Kira my sweet love, you truly are everything to me.

Michael P. McParland

Snuggle 20

Time for a few hours light rest my dear
so would you come snuggle with me?
I want nothing more than to slide
under the covers and snuggle with my sweet lady
kissing smiling and laughing together.
You are my beauty and everything,
come snuggle with me Kira and rest for awhile.
I love you dear one so come and I'll
wrap you up in my loving arms kiss you
and we'll drift for a couple of hours.

Michael P. McParland

Love Note 191

Good afternoon my sweet love
and I hope this day for you
has gone very well.
I've been thinking of you as
I've went about my meanderings here,
and my heart has beaten in love
solely for you.

I am always with you sweet love
please remember, hand in hand
step by step every way every day
you are the love of my life beautiful one.
I hope to have you here in my arms very soon.

Have the most wonderful of afternoons
and remember Kira my dear
I so deeply love you.

Michael P. McParland

I Want To Be

I want to be with you always no matter what,
no matter the experience or time frame
I want to be with and there for you.
No matter what I want and need to be there for you.

I want to be there when you cry to comfort,
I want to be there when you smile or laugh
so we can share that experience and look back.
I want to be there as your rock in every place
to stand for and defend you.
I want to be the man who learns about
and knows you best.

I want to be there for you always should
you ever need my help and strength
be it in just a odd situation or
against a vile person so I can strike them
down rightly for my most beloved woman.
I want to be there no matter what.

I care about and love you more than anything.
Do you really understand what's in my heart
and soul for you fair lady?
I hold back so often because my passion
is so unbriddled I want to cry in its intenese giving.
I want to be there with you as your lover,
your protecter, your equal, as the person whom you share everything.
Not as a ruler, a conquerer, or headmaster.
To rule you would be vile and repulsive because you
are a magnificent independent woman.
I want to be there to share a real life of love and pleasure.

I want to be the one you turn to and need
as I will always turn to you in love, need and giving.
I love and desire you my precious jewel you are
everything I can desire in your beauty and loving heart,
Kira dear I want to always be by your Angelic side.
You are my one, you are my Queen.
I want to be there to share everything.

Michael P. McParland

My Beautiful One 2

Oh my sweet beautiful one you've made my morning bright,
you and my music have helped me smile today.
My beautiful one how divine you truly are,
I adore you hi and low near and far,
you are my everything sweet lady and Angel from on high.

My beautiful one without you
I'd be lost in a meaningless life,
no reason, no hope, no real light,
just my addictions to keep my afloat.
You are an amazing blessing my dear beautiful lady so sweet,
I will spend an eternity thanking you again and again.
You are so damn beautiful and amazing.

My beautiful one please come take
my hand and let me wrap you up,
I want to hold you for the longest time
sheding tears of joy and thanks.
Just tell you how beautiful you are
and how much you mean to me.
Oh Kira my beautiful one I love you truly,
you sincerely are my everything.

Michael P. McParland

Morning Note 69

Good morning Kira sweet love of mine.
I hope you slept well and through
the night felt all of my kind
caring giving love.
I pray for you everynight to
feel peace and be alright.
I care about you more than anything
including myself sweet one.
I'd sacrifice my life for your
happiness and health always,
you are my treasured one.
Take that with you always.

Feel me by your side through
this whole day and everyday
through your life sweet one,
you are never alone and you
never will be again,
so please my love I beg you
that when you're in need to give me a call,
I've done much for those I
cared far less for so only
imagine what I'd give for you.
Stop hesitating in fear or
other thoughts I cannot fathom.
Kira you are mine and I am yours
in a way no other person can conceieve.
I love you so very very much
my heart is broken being just
feet from you.

Have a bright warm sunny day
with the sun shining so bright
upon you and your God blessed soul.
You are an amazing Angel to me,
feel all of my warmth and love
my hand in yours,
I'm always watching out for you.
For those who have hurt you in life

I can't describe my sorrow and
hellacious fury at them
your heart is the greatest treasure
to me there will ever be.
Know I am with you always sweet love
and though it may not always be
evident or can I here voice it
my heart and love for you is
earth shattering.
For me to express its full power
would make me scream in emotions release.
You are the Queen of all and
I hate others seeing it because
it's so sacred.
I love you Kira.

So please have a good day
and come back soon to me.
I need you in every way,
your what has given my heart
its reason to care and love,
continuing to beat for so very long.
I forsake all others that way
emotionally for you for eternity my love.
Come let me release this earthquake
of celestial emotion in your arms so soon my one.
Kira I love you to no end,
you're a miracle to me.

Michael P. McParland

Night Note 85

Hello my sweet love
how goes your night
my dear Queen?
I'm just sitting here
flashing through the net
listening to Falcos album Emotional
and it's on your song
Star Of Moon And Sun.
You are so amazing to me dear one,
I love you so much
and for you my heart aches.

I love you sweet one and soon
I'm going to go out and sit
thinking about you being with me
as we'd just cuddle, share some food,
and greatest of all just spend time.
You're all my greatest, brightest,
most wanted and needed hopes and dreams.
Oh my sweet sweet Kira
you are my everything.
I wanted to say I love you
and I'm sorry if you're angry at me
in any way for anything
and please don't be because I
truly don't mean to as my every
action for you is to try and help
you understand my oddity, or make
you proud and happy.
If you're upset I'm crushed
because you're my pride and joy.
The Angel and apple of my eye.
Forget all haters who mock me on here
because I continue on for you.
You're the crown jewel of my heart.
Kira you're supreme and a gift from God
whom I deeply love.

I hope you're okay and feel

me there by your side.
In a little over three days
it's just me and the cats for two weeks
and I'd give anything to have you here
making life happy, bright and fair
my sweet dear Queen.
So please feel my hand in yours
and remember I'll never leave you.
I love you Kira and you are my
very essence heart and soul.

Michael P. McParland

Come Sit

Come sit with me sweet one
and instead of sleep watch
some of an old favorite Home Improvement.
I need a night of comfort with you
and food for the soul.
Ramen tonight which may seem trite
but it's good for the stomach and soul.
Come sit with me my only one.

Come sit with me sweet Kira love
because I just want to look at you
in awe and wonder of your beauty,
wondering how a brute like me recieved the love
of an Angel and wonder, how she could find me handsome.
Just look at you and think of how blssed I am.
I love you Kira Petranovich please come sit with
and hold this loving man.

Come sit with me please sweet one and spend time.
Can't you see that's most important to me?
Yes making love and other stuff is grand
but I only want to be with you and spend time,
glory in your shining loving spirit
feeling and knowing through you I'm a good man
and worth something.
Please come sit with me and we'll just do something.

Come sit with me for awhile please sweet one
and come cuddle the night through,
I need you and you don't know how bad I hurt inside,
I'm weeping in agony without at least your words,
without your loving arms around me and your sweet lips on mine.
Without you here to share everything in our lives,
without you I'm falling apart more and more
and seriously with no exageration dying bit by bit.
A soul like mine without his love is nothing and cannot exist.
I love and need you my only sweet darling Kira
so tonight for a while please come and sit.

Michael P. McParland

Crying In Bed 2

Sweet lady love and light
of my life I miss you so.
Where are you now one I so adore?
I lie in bed with tears streaming
out of my lonely eyes in need of you.
I can't sleep now and the nightmares have returned,
a night spent crying in bed longing for my one.

I miss you my sweet lady love and need you here with me
side by side your head upon my chest as I stroke your hair,
then my tears will be from contented peaceful joy
knowing you are in my arms to give all my lifes love.
Instead tonight a tired mind, tired body, aching body,
aching heart crying in bed alone.
I so badly need you.

Come darling and dry my tears and I'll dry yours too,
I'm sick of all the distance and lonliness too,
so many many nights crying in bed I've never told you,
I feel broken inside I want and need you to be put back together,
you're all I want and need in this life my dear
so please please please come hold me close tonight
and tell me that everything is alright.
Come lie beside me and help me stop crying in bed tonight
because I love you madly Kira and you're my everything and universe.

Michael P. McParland

Goodnight My Precious One

Goodnight my precious one I love you so much,
I have been in bed for a while but come join me please.
We'll cuddle and kiss forgetting the loneliness,
please come climb into bed and help chase the nightmares away.

I'll be holding you through the entire night
saying I love you sweet Kira you are my guiding light,
I'm breaking down and losing it without you at my side.
You are my everything my sweet Angel Bride.

I'll see you within the land of dreams where we
can just lay down on a big blaket on a boat
watching the amazing moon and stars.
As we just hold each other talking and kissing,
I miss you Kira and this I pray will soon be reality.

Goodnight my precious one I'm sending you all
of my loving care and deep warmth.
I miss you so much my Angell of light
feel my arms wrapped tightly around you my only one.
I love you sweet lady and want you here in my arms.
Goodnight my sweet Kira I love you so much
sleep well and feel me where you are at right now.

Michael P. McParland

My Beautiful One

My beautiful one as I'm about
to lie back down for a bit more rest
I was looking at your picture and
you're so very beautiful and the very best.
I need to print your picture out
so I can hug that till you're here.

My beautiful one I love you so and
as I lie down I'd give anything to have you here,
to cuddle kiss and talk a bit.
Just be with you that's all I want.
You make me smile you make me golw.
I love you Kira.
Where are you?

Michael P. McParland

Only You 2

Only you sweet Kira could grab my heart in such a way,
only you my sweet sweet Kira could take me away.
I give myself to you in full as a man so deep in love,
only you could ever hold my heart for so very long,
only you could get a lone wolf to say I am yours
and yours alone for eternity side by side.

Oh my sweet eternal darling you are the Angel who
God has blessed and gifted to this world
but to me ever so much more into my aching life.
For as much as I had always tried to find other friends
I found very few and after New York as a child
until you a true one I could not find.
Only you could accept and love this flawed man,
and I love only you Kira from heaven beautiful.

Sweet sweet Kira in my eyes it's only you forevermore,
you are my heart and souls true desire.
The tears I weep for you are from the deepest love
that only you and God can ever truly understand.
Only you have the hopes outside of two, my parents,
of understanding why my mind and heart do as they do.
Oh my sweet sweet dear Kira I love only you.

Michael P. McParland

Dreaming 2

As I lay here resting on this evening at hand
it's you I'm dreaming of my only one,
being in your arms and sharing kisses.
Talking, laughing, just being with each other,
in these dreams I cry from the joy I feel inside.
The joy of being with my lady and knowing we are forever,
and even though in waking I cry tears of sadness
from not having you lying next to me I smile
because I know that soon our day will be here.
So here I go back down to sleep to have more dreams of you and me.
I love you Kira you are my one and only.

Michael P. McParland

Love Note 190

Sweet love as I wake up
for a minute or two I
wanted to let you know I
so deeply care about and love you.
In my sleep I've
cried to be in your loving arms,
Kira I love you deeply
and you're all I want.

Michael P. McParland

Snuggle 19

I need you so very bad on this afternoon
my sweet precious love as I lay down.
I'm feeling sad and my stomach is sour
please come cuddle with me I need your loving power.
Come cuddle with me sweet Kira my Queen.

Come snuggle with me and let's listen
to my new Falco album Sata De Grove
while in each others arms feeling the love
we drift off to the sweet sounds
reveling in our sweet souls.
Please come cuddle, snuggle and nuzzle
my sweet Kira I love deeply and profound.

Michael P. McParland

Memories

Memories of you always make me smile
no matter how I'm feeling or what I'm doing.
Playing NCAA Football on my PS3 and
listening to my favorite Falco album Einzelhaft
I sit and think of beautiful you
and all the beautiful times we've had,
and all the beautiful things we will do.

Memeories of you and your love are what
through all these years have kept me going
knowing our day would come and I'd see
your gorgeous eyes and beautiful smile again.
Knowing I'd be able to say I love you Kira
and give you a long passionate kiss of true love.
Memeories of you are grand.

I love you so very much my sweet Kira
and so very soon let us build sweet new memories.
Please I pray that you'll soon contact me,
I may talk too much and too long as you
know how I tend to babble on in my love for you.
Memories, memories needed anew.

Memories of you sweet love are what right now
will get me through and the days of blue.
Feel the call of my soul and heart sweet Kira
saying I love you and your memories but it's time
to begin our life together making new.

Michael P. McParland

Love Note 189

Hello my sweet lady
here in the mid morning,
I truly love you so much and
hope that you are well.
I'm thinking about and
worrying very much over you.
You are more important to me
than you can like this ever know.
I need you here to show in full.
You are my Angel and I am in awe.

I just got back from
a very long walk to clear my head,
I hurt so very bad in longing
I just want to cry today.
I miss you sweet lady
and need you to know
I'm always here,
I am forever right by
your side hand in hand
my true Angel bride.
Your heart is a beakon of
true loving pride.
Kira I love you my Queen
blessed from on high.

Michael P. McParland

Longing So Hard

Longing so very hard today to see you
and hold you so tight within my arms.
Longing so very hard today with a heavy heart,
I need you close to kiss away these tears,
I need you next to me to give me cheer.
I long so hard to see my one.

I long so hard for you to sleep
next to me giving full comfort to
chase all the fatigue and need away.
I long so hard to see your smile
and here your gorgeous laugh.
I'm longing so hard for my beautiful one.

I'm longing so hard to feel you next to me,
to fell your heart and hear you breathe.
I long to look into your precious eyes
and say Kira I love you dear you're
my Angel and total pride.

Michael P. McParland

Morning Note 68

Good morning sweet love
I hope you got some good restful sleep.
I was thinking of you the
whole night praying you'd
feel all of my love and be alright.
I think about and worry
over you all of the time.
I love you abundantly
my only one.

Have a bright day full of
sunshine and endless warmth,
be filled with all of the
endless love and care that I send.
I am right by your side through
all of eternities time.
You are the greatest and amazing
my only one,
hand in hand right by your side
holding you so you'll know
you're never alone.

I love you Kira you're my everything,
feel my heart and my spirit for
you as they sing.

Michael P. McParland

My Sweet Beautiful Lady

My sweet lady so truly beautiful and divine,
you are the perfect woman in my loving eyes.
I could just hold and kiss you for endless hours,
I could sit and talk to you revealing all my secrets.

I love you Kira my sweet Angel and lady true,
you are everything to me my entire universe.
I long and yearn to look into your eyes,
to see your glowing smile as it lights up my whole heart.

My sweet lady come and wrap me in your arms,
I love you deeply and need your gracious charms.
You're all I want and all I need,
my sweet lady Kira please come and talk to me.

Michael P. McParland

Night Note 84

I hope your night is
going ever so great and
relaxing sweet beautiful
lady of my soul and heart.
I'm just bumming about and
decided to drive out to do
more night time shopping for
odds and ends.
Not as bed as yesterday
but I still got a bit turned around.

I wanted to check in and tell you
I love you and you're great,
no better lady in my book.
Feel me holding you ever so tight
as I whisper in your ear
I love you Kira sweet Angel
of beauty and pure delight.

Michael P. McParland

Crying 2

Lying here in bed trying to get some rest
and my heart and soul are crying out to you in full voice,
I need you here, I need you bad, I feel so very sad.
I'm hurting bad within myself tears pricking
at my eyes as I lie here all alone.
I need you here to hold and kiss,
inside I'm crying, dying to have you here holding tight.
I love you sweet lady and Angel of my heart,
I'll continue crying until you're here or until I die.

Michael P. McParland

You Are 2

Sweet sweet Kira you are all I'll ever want and need,
you truly are my everything,
I so deeply long and ache for you that I don't know what to do.
You are my Angel of light and love,
you are a true blessing ang gift from God above,
I want and need you in my life.
Kira you are my Queen and I'll love you all my life.

Michael P. McParland

Snuggle 18

Come snuggle with me sweet love
I'm feeling so tired and lonely on this night.
I need to feel your arms around me
while I hold you close feeling your heart beat.
Come snuggle love I need you now
I feel like crying for some reason
and I don't know why.

I love you so very much I need to snuggle
hiding my face in your shoulder for a bit.
I feel so tired and stressed out to the max,
I feel like lying down and sleeping for a bit.
I need you darling to hold me close,
I love you Kira please snuggle with me for awhile.

Michael P. McParland

Beautiful Days And Nights

Beautiful days and nights with you are
everything in this life I want and need.
You in my arms feeling whole and like a good man,
smiling and telling you how beautiful
and special you are.
Beautiful days and nights with my only one.

Beautiful days and nights sharing beautiful looks
and together doing fun beautiful things.
Just being with my lady forgetting the worlds pressures
and stresses it puts on us and forces at many times.
Beautiful days and nights just for you and I.

Beautiful days and nights for talking, laughing,
walking, reading, together watching movies
and listening to our favorite music.
Beautiful days and nights with my only one.
God grant us this blessing please right now.

Beautiful days and nights with you I so
deeply crave and need to complete my empty life.
I want to just gaze in your eyes and say Kira you are grand.
I love you deeply with all my heart and soul.
I can't wait to spend beautiful days and nights with you.

Michael P. McParland

Goodnight My Sweet Only One

Goodnight my sweet darling only one.
I am so very very sory I fell
asleep on you like that.
Feel me there with you my arms
wrapped around so tightly telling you
I love you sweet one and I am always by your side.
I'm sending you all of my warmth
and love with great big hugs and kisses too.

I'll see you in the land of dreams
and hold you so tight and give you
kisses of sweet everlasting delight.
I love you deeply and always will.
GGoodnight my sweet only one
you are my Angel and Queen.

Michael P. McParland

Love Note 188

I'm sorry sweet lady
I fell deas away asleep
and have only just arisen.
I need a bit longer my one,
please forgive I just need
the rest so bad
I love you sweet lady
you are my number one
and I'll love you always
through all space and time.

Michael P. McParland

A Big Smile

A great bige smile for you my sweet dear
sent with a million kisses and hugs
in pure true love.
Feel my arms around you and see my big smile
as I lean in and say I love you Kira
and then give you the biggest kiss you could want.

Michael P. McParland

Wrap Up

On this mothers day it would be perfect
to sit on the couch with you and wrap
ourselves up in a blanket while
with my right arm around you could
rest your head on my chest and we could relax.

Spring is very late arriving in full
in Minnesota this year making it
the perfect day to sit with you
wraping ourselves up in my big
fuzzy orange comforter keeping us warm.
Kissing and smiling enjoying each other.

It would be the perfect day to lie
down on the couch tightly holding each other and spoon,
smiling and whispering conversation
while together wrapped up snuggly
in a big and warm blanket.

On this mothers day it would be perfectly spent
rather on the couch or in bed tightly
wrapped in a blanket with you resting your head
ever so lovingly on my loving chest.
Being with you has always been best,
I love you so sweetly and love you immensely,
plain and simply Kira I deeply love you.

Michael P. McParland

Love Note 187

Good afternoon my sweet love,
as I still catch a bit more rest
and let my aching hands and
knees relax I wanted to drop in and
say I hope your mothers day
is going great and I hope
you're getting all the
honored love you always deserve.
I hope you feel me there holding you
and all my warmth and love surround.
You are a wonderful woman
out of this world.

Continue to have the
most wonderful day and the
whole day I'll continue
writing for you,
come and rest with me a
little bit longer and cuddle.
Could you rub my aching hands?
Feel me there with you
the whole day long hand in hand my only one,
I wish I were there to spend the day
but do feel my heart with you
I love you babe.

Michael P. McParland

Come Rest 11

I need a rest my sweet dear.
I'm coming off of some medication
so I am tired an in a good deal of pain.
I need a rest my sweet darling
and I truly am sorry I can't spend as much time.

Come join me sweet darling as I lay down right now,
just hold me and rub my hands and knees
where the pain is worst for me.
Then later I'll cook you dinner for mother day my sweet darling
and then rub your back for an evening nap.
I love you my darling please come and join me.

I'm sorry again love I know I yesterday I was absent
but coming off these meds has been hell,
so come cuddle with me while I rest,
you are amazing and help with all the annoying pain,
I love you sweet Kira and want you here while
I rest to gently and lovingly cuddle.

Michael P. McParland

Sweet Lady So Fine

Sweet lady so truly beautiful and kind,
sweet sweet lady in my mind and eyes so fine.
Eyes and smile beamin so brightly,
a mind so sharp, intelligent, and witty,
a soul so truly tender and giving.
Sweet lady so fine she blows my mind.

Sweet lady holder of my heart and soul,
sweet sweet lady so fine I would do anything for.
I give her my best, I give her my all,
because I love to see her happy and make her proud.
Sweet lady so fine I love you you're so divine.
Sweet lady so fine will you give me your hand?

Michael P. McParland

Love Note 186

Sweet Kira you are
truly amazing to me.
An Angel, A Queen,
a true woman supreme.
Feel my love struck eyes
as they smile upon you
and my heart calls out saying
darling I adore you,
sweet sweet Kira so beautiful
come here so soon so
I can hold and kiss you.
Kira, I truly love you.

Michael P. McParland

Mothers Day (Celebration)

Sweet Kira mothers day is a celebration
of wonderful women like you
who give all of themselves and what they can
to the children who depend on them
and the children they adore.

Have the happiest of mothers day Kira my only one,
may your day be warm and full of
light feeling all the love.
You are the greatest woman and
I hope your children celebrate the
sainted mother they recieved.
Kira mothers day is a celebration of the best
women just like you.

Kira mothers day is your day
and I salute you here in full.
I'm sending kisses to you and hope
that I will be with you to do this next year.
I'm sending all my loving warmth to a mother
I adore in so many ways.
I love you my darling Kira and have a happy mothers day.

Michael P. McParland

I Love You 3

I love you my only one
plain and simple.
You are my Angel and Queen,
you truly are my everything.
I want you here so we can
hold each other so close and talk.
I want you here to spend my whole life.
I love you sweet Kira the most beautiful woman alive.
For all eternity I want to be by your side.

Michael P. McParland

A Small Rest 7

Come join me sweet love and let's
rest for awhile.
I want to hold you so close
and since spirit is all I can
do it in right now
please come and join me for a small rest this morning.

I love you so much my sweet only one
I want to spend every Sunday with you in my arms.
So call or write me so very soon so maybe
next Sunday you can be here in my arms
and I won't be 100% alone.

Come my sweet darling Kira and rest with me.
I love you so much and you're all I see.

Michael P. McParland

I Am Sorry And I Love You

I am sorry for everything that
I have ever done wrong and has gone wrong.
I've said it may times before and
will keep saying it as much as you need me too
because I love you.

I'm trying to do everything for you that
I can and I need to make you happy
and feel whole and good.
I love you sweet lady that's why
I say it every single day.
I need to hear your voice tell it to me.
I want to say it straight to your face
so you can see in my eyes it is true.

So I am sorry and I love you,
I'll keep working so very hard for you.
I'm sorry for all I've gotten wrong
and I'm sorry for what I will get wrong in future my dear.
I love you so much that's why I
say it all of the time.
I love you Kira and I need to talk to you.

Michael P. McParland

Happy Mothers Day

Happy mothers day to you my sweet one,
I've always known you'd be the best
mother to any kids there you could have.
I've always known with your kind loving heart
that you would be the greatest mother without a doubt.

Happy mothers day my true love I wish
I were there to celebrate and cook you breakfast,
to celebrate what a selfless woman you are
who gives in every way that she can.
Happy mothers day to the greatest one,
in my eyes right there with my mother
two great women of all time.

Happy mothers day my sweet Angel
your kids are so very blessed.
I hope the realize Gods gift.
You are the greatest and I hope you have a beautiful one.
Happy mothers day my dear Kira I love you so much.

Michael P. McParland

Morning Note 67

Good morning sweet darling
about 10 minutes ago I
returned from my shopping
and I thought of you while
I was there doing everything
that I so very much needed,
I was getting flustered and
discombobulated while
everything I tried to remember,
you help slow me down and give
me much needed comfort in your
calming patience.

I love you sweet lady and
hope that your day is truly amazing,
I'll be here for you if needed
thinking over and praying,
I need you in my life sweet darling.
May the sun shine so warmly
upon you giving smiles and cheer
while you feel all of my love
and caring for you my Queen Angel.
I'll be right beside you today
in every way hand in hand
holding you tight so you'll
always know that I am your man.

Please be with me as well
my sweet lady and we'll revel
in each others deep comfort.
Soon so soon my only lady
ancd we'll spend many days
in each others arms
happy and lazing.
I am here for you always
and want you to remember you are
my most precious Angel.
I love you sweet Kira feel
my arms around you always no matter

how you are feeling because I
want you to be with me for all eternity.

Michael P. McParland

Love Note 185

Hello my sweet lady
I hope you are getting some
calm and restful sleep.
I am sending you all
of my love and warmth and
while you lie there
I am holding you ever so close.
Side by side hand in hand
forevermore I'm never
leaving because you are
my only one.

I'm about to step out
to do some middle of the night
shopping getting some
odds and ends before
everyone elses days get going.
If you were here I'd be doing it for you
so you'd have a wonderful
breakfast waiting for when you arose.
I love you sweet Kira and
while write you when I arive back,
you are amazing and I need you here soon.

Michael P. McParland

Warmth 3

Come sweet darling and let's hold each other ever so close,
find the deep warmth and comfort in each others arms we need.
Cuddle up and share the words of love and in due time the actions too.
Tonight though I just want to lie down and wrap
each other up tightly within our kind loving arms feeling
pure peace and safe in each others warmth.

Sweet Kira oh my darling come let me hold you close and
wrap you ever so tightly within my loving warmth,
we've both had a couple of very hard lonely days and
the fact is we can't do this all alone
we need each other to make it through,
so come haold me and I hold you and in our love
feel the warmth to fight on through.

Michael P. McParland

Feeling Sad

Feeling so sad missing you so
very much my sweet beautiful one.
My heart is hurting and I feel so very tired.
What is the point of going on
when you don't have the one you admire?
I feel so sad and know I am going to cry.
Please come here sweet Kira and hold me
I love you so much.

Michael P. McParland

Night Note 83

Hello in the night my
precious darling of love and light.
How was your day my only one?
I got my much needed sleep
throghout the whole day
and only just rose maybe
15 minutes ago.
Thank you sweet lady for
being patient with me and
having understanding of that deep need.
I love you so very much.
Sweet darling we so badly
have to talk to figure
things out and find our
way back to our arms so we
can celebrate true happiness
so very soon.
I miss you and hurt that I
could almost just sleep
all day everyday and would
if I didn't know that you're here.
Kira you're the only reason
I return here.

I love you sweet lady more than you
know and if you were here I'd sit
here in bed with you awake the
whole night holding you while you slept.
Any reason to hold you is good
in my book.
I got two new Falco albums today
and we could listen to them while
we close our eyes and relax.
I love you Kira if you only knew how much,
please come and be with me forever sweet one.

I'll be up tonight dreaming of you,
writing for you you,
smiling for you,

and at points I may be crying for.
I love you so so much my swet darling Kira
and I want eternity to be ours.

Michael P. McParland

I Love You So Much 5

I love you much my darling dear and pray you're alright.
My thoughts and heart are with you all of the time,
you are my lady and I am your man,
you truly mean everything to me sweet Angel from on high.

Kira I love you so much and wish you were here,
I want to hold you and whisper to you all of my love.
You are so beautiful loving and kind.
I'm dying to have you here by my side.

I love you so much if you only knew the depth of it too,
I would give almost anything to forever be with you.
You are my Queen and my Angel and lady so truly divine.
I love you so much dear sweet Kira I want you to be mine.

Michael P. McParland

Are You Alright?

Are you alright my sweet darling dear?
Please tell me you aren't crying and sad,
please tell me you aren't mad.
Please tell me you understand why I need the sleep so bad
and that you will come join me and cuddle lying down.
Please tell me that you are okay because
you know I love you so deeply and
you feel all the caring love and warmth I am sending.
Please smile for me and feel my arms around you.
Are you alright my sweet dear Kira?
I hope so because I so deeply love you.

Michael P. McParland

Love Note 184

I love you
so very much my only one
and I hope you feel me
there with hand in hand
my arms wrapped tightly around you.
I love you sweet Kira
and I always will.
You mean everything to me.

ILYF KP.

Michael P. McParland

Love Note 183

Good afternoon my sweet one
I hope your day is going well.
I thank you for being understanding
about me needing this rest.
Truly it means so much to
me to have your understanding
and remember I'm right there
with you always.
I will be up soon and write
you such beauty I truly
am doing my best for you sweet lady.
Hold on my dear one
I love you so much,
please don't be upsrt sweet sweet Kira
I'm not leaving you
I'm always right here.

Michael P. McParland

Morning Note 66

Good morniing sweet love
and here we are at the
start of another weekend ahead of us,
may yours be bright and
beautiful filled with endless love.
Feel the sunshine warming you
with visions of me smiling
and delivering all of
my endless care and love.
Feel me beside you holding hands
and giving you kisses
of comfort and peace all day.

My thoughts and prayers
are with you always and as
I lay here in bed a bit longer
I'll be thinking of you
and smiling sweet one,
you warm me up from inside and out,
you are the cozy thoughts and
one person who always makes me happy.
I love you sweet Kira and
have an amazing Saturday.

Michael P. McParland

Hold You (Sleep)

It's time to turn on my audiobook
and close my eyes sweet one,
I wish so very much that you were here
to curl up with and keep each other warm tonight.
I want to close my eyes and fall asleep
in peace with you in my arms feeling whole once again.

Once again I'm going to turn on my audiobook
and close my eyes and attempt to sleep.
My heart longs so much for you
and I wish that while I was lying down to sleep
I could be holding you.
I love you sweet sweet Kira and I'll be dreaming
of all our future times,
feel all the loving warmth I send to you.

Michael P. McParland

I Love You So Very Much

I love you so very much my only one
and I will always be here for you.
My heart is yours and my hand is as well,
I am your dedicated man forevermore.
I love you so very much my sweet Angel dove
you are a diamond in the rough so truly beautiful
and perfect in my loving eyes.

Michael P. McParland

Night Note 82

So very tired sweet love
and I wish you were here
to cuddle and sleep with,
that would truly help
give me peace and put me at ease.
Sweet words from my Angel
help soothe me but being
in you loving arms would be even better.
Kira my love you truly are
my sweet dear guardian Angel.

I hope you are resting well
and having sweet dreams of us
spending quality time,
so soon in reality to God I pray.
I also pray for you every night and day,
to feel my love and to not be in pain,
for you to be happy my sweet Angel Queen.
My heart and thoughts are with you always
and I'm with you now my arms wrapped
ever so tightly around you.
I wish you were here to talk to
and tell all my tales some stuff has
been bothering me now for almost
two months but I can't explain it right here.
I want to be in your arms to help me feel safe.
I need your loving my sweet Angel dove.

I hope to sleep soon and
not end up going out all day again,
I apologize now sweet lady if I do.
I feel so bad when I'm not around for you
here in the day,
I always strive to make you
happy and proud by honoring you
in the best ways I can.
I love you my sweet Angel Kira
for eternity you'll be my only one.

Michael P. McParland

The Positive

Focus on the positive sweet love
and keep the faith as well
working on things together we can make it through.
I need you Kira you are my hopes and dreams,
please let's focus on the positive
because we both need each other and
positivity and faith will get us through.
I love you Kira please take my hand right now,
let me hold you close and tell you
how you matter to me and that without you
in my life I'll come apart because
you are my Queen and sweet Angel dove.
I love you Kira and I need you I really truly do.

Michael P. McParland

Snuggle 17

Come sweet darling and let's embrace each other
as we slip under the covers pulling them over our heads,
just escape into our own little world
getting away from the outside one for awhile
while we gaze at each other smiling, softly talking,
laughing and snuggling while I caress your cheek and stroke your hair.

Come now sweet darling we'll hide underneath the covers
holding each other so cozy and tight sharing kisses
of pure delight just feeling our bodies next to each other
not even sex but just the presence of each other
in pure true love something we so badly need.
Come now my sweet darling and let us now snuggle.

I want to snuggle and nuzzle with you every day and night
for the rest of time because it's only you that I love and can touch,
you know I have issues with prolonged touching with others
but I could sit and hold you for hours and hours.
So please come and let's slip under the covers and snuggle
because I love and trust you sweet one.

Michael P. McParland

Goodnight My Angel 2

Goodnight Kira my true Angel I love you so very much,
let us end this day with a kiss and a hug then I
want you to lay on your tummy so I can give you a back rub,
relax all the tension and pain
that gets stored there as much as I can,
rub your feet and your legs as well and softly your neck.
Then we'll slide under the covers and snuggle together
sharing sweet kisses so delightful
and whisper sweet words to each other.
I love you Kira my Angel and I need you to know that.

I'm sending you all of my warmth and love with
great big smiles, kisses and hugs of pure delight.
Will you hold me tonight my sweet darling and rub my head and face?
I deeply need your comfort so very bad.
I love you sweet lady and I do want you here.
We need to figure out how to
make things happen because you are my dream.

Tonight within the land of dreams we'll lay on a blanket
in our field of flowers bundled up together under
a blanket and in each others sweet arms,
we will watch an enchanting meteor shower and be mesmerized
by the show and gazing into each others soft eyes.
I'll be giving you sweet kisses the entire time.

Goodnight Kira my Angel can you feel and hear my heart calling?
It's telling you how much I love you and am deeply long,
you are my everything my only one and I'd give up
my whole life to just have one day with you,
so please let's work so hard to make it eternity my dear.
I love you my dear Angel and Queen goodnight and sleep well Kira
the greatest lady of all time.

Michael P. McParland

This Kiss To You 2

On this night I pull you in
for a tight hug of comfort
and just hold you for the longest while
saying I love you Kira and I need you in my life,
there is no better woman you're
so very wonderful and beautiful
you're perfect in my eyes.
Everything is alright my love let's
just talk and figure it all out
then come back together to never part again.
Then I caress your soft and precious cheek
pushing your hair back so I can
kiss you fully on your full and lucious lips,
an electric shock of passion shared between us.
I love you Kira and this kiss to you
my sweet Angel Queen I'm here for you
whenever you may need.

Michael P. McParland

You Truly Are

You truly are so very beautiful to me,
you literally take my breath away
as the earth begins to quake and my knees begin to shake.
Didn't you ever notice in high school
my embarassment as I would have to sit
so you wouldn't notice certain things?
Couldn't you see the love within my eyes
knowing I was looking at the most beautiful girl
both inside and out?
Could you see it in my smile that I knew you
were the most beautiful girl I had ever seen
and that I loved you so supreme?

You truly are an Angel and Queen to me I'm
so in awe of all the love you bring
and I wish I could do a better job of
helping you understand me.
I so often feel I'm failing you and like a screw up too
because I know I can't explain good enough
the racing bipolar thoughts within my head.
I try my best but I get so confused sometimes
and then I begin to get very scared.
You truly are the one I love because I know
that when I can explain in full you will
understrand and have the patience that I need.
I love you Kira you're so rad.

You truly are the woman of my dreams and
I want you here with me,
I've done what I right now know to do,
if you take courage and reach out I will
never ever reject you,
then we'll begin to find our way through.
I would love to have you here for those
two whole weeks in full.
You truly are a blessing sent by God
and the only woman I truly love.
Kira you are the greatest in my book
and I want to spend eternity with you.

Michael P. McParland

Dreaming Of You 5

Dreaming of you my precious lady
lying in bed spooning holding you
tight while I softly talk reassuring you
of all of my undying love and that
I'm never leaving you because
you are my Angel and only one.
Lying in bed spooning caressing your cheek,
rubbing your back and arm.
This is what I'm dreaming of
and want in real life.
I love you Kira so very much.

Michael P. McParland

Comfort And Peace

Come into my arms sweet dear and
let me hold you tight and near,
I'm never giving up on you that I swear.
I said I'd never leave you and I never will,
you are my greatest dream as well
and I love you immensely babe.

Come and let's hold each other and
find comfort and pure peace,
tonight it will be in spirit but we
need to find a way to be with each other soon.
I need to feel you next to me in every single way.
Come and let's hold each other in total comfort and pure peace.

I love you completely and I hate to see you hurting,
if it's something I am doing I truly don't mean to.
Sometimes though I need to say my feelings too
and they're not intended to hurt you,
they're meant to help so you'll know what hurts me too,
please come and let me hold you and give you peace and comfort.

I love you Kira so please let's hold each other,
please don't be mad at me let's together find our future.
We both want and need it so please let's talk and find it
because the love we share is pure and eternal
a gift from God so truly rare.

Michael P. McParland

Evening Note 51

Oh my sweet Angel dove
please hear my call,
in a week I'll be home
alone for two weeks,
please come and visit me,
keep this man who loves you
more than anything company.
Call me please and we'll work
the details sweet one I hold so dear.
I love you deeply and
will go any lengths to save
everything that we have.
Please get ahold of me on this eve
and let us find the ways that we need,
I love you so very much and
would love for you to
come be with me for those two
long lonely weeks.

Michael P. McParland

You're Everything To Me

You're everything to me sweet lady
and I need you more than anything,
if you'll reach out and talk to me
we can work out everything.
I've fallen apart in the last 11 months.
You're all I want as my partner and my wife,
I want to shut the world out except
each other and our families.
Write me on your old account but please reach out,
these walls need to come down and
they'll only ever come down for you.
I need to tell you everything,
you're all my only dreams and everything to me.
I love you more than all the universe can hold.

Michael P. McParland

I Want And Need You 3

I want you more than anything,
you're all I've ever wanted,
if you come talk to me
I'll tell you everything,
I don't know where to reach you sweet one.
I want and need you so bad,
you're all my hopes and dreams sweet one.
Please come hold me tight I need you bad,
I love you with all my heart and soul.

Michael P. McParland

I Can't Bare

Oh my sweet sweet Kira I can't bare
to lose you again even now I've
sat here under the covers just crying.
I'm doing all I know how and I know
I'll lose the last of my sanity if you go.
I can't bare to lose the woman my
heart belongs to in full.
I love you so so very much and I
can't face this world all alone without you.
I know you love me too and hurt just as I,
there must be a way because I can't lose you again,
you are my universe and I love you more than anything.

Michael P. McParland

Kira Please Don't Leave

Please come talk to me,
I know how bad it hurts to wait
and I need you to talk to me to figure things out.
If I lose you I know I'll completely fall apart
because I love you more than anything.
Please don't leave me come and talk.

Michael P. McParland

Love Note 182

Sweet lady you are
the sunshine, star and moon
in my life providing light.
You truly are everything
I really need and want.
I can't possibly tell
you how deep my love is
and how hard I long and yearn,
just know I'm right beside
you always and your sweet love
is a driving force that keeps me going on.
I love you so much Kira
my sweet Angel Queen,
you truly are my universe
and my everything,
without you in my life it
would lose all meaning.

Michael P. McParland

Please Be With Me 2

As I lie down for a rest sweet love
please come be with me and we'll
cuddle ever so close.
I need to be in your arms and
have you wrapped in mine.
Please come and be with me sweet Kira
I love you so much and I need you bad.

Michael P. McParland

None Better

There is none better out there than you my dear,
you are on top as the most beatiful woman.
So sweet and so kind, so very truly divine.
You are the top and there's none better my sweet Angel.

You truly are one of a kind a unique beauty
that has no equal and I love that about you.
You see the world in your own unique way
and you have no problem being yourself
and I love that about you.
There is none better than you my sweet Kira.

There is none better and I want to be with you for life,
you take me away to higher planes of spiritual thought,
I adore and cherish you there is no other,
I love you Kira my Angel and there truly is none better.

Michael P. McParland

Love Note 181

Good afternoon my sweet love
I hope your day has gone well
and you've felt every last bit of my love.
I've been thinkining about
and praying for you,
my heart longs and yearns so very
very much for you my sweet one.
You are an amazing woman in
my loving eyes.
I'd give anything to be in
your precious arms.

I'm right by your side remember
my love hand in hand holding you close,
you are my only one and I'm
sending you millions of kisses
and hugs with great big smiles,
I'm also holding you tight sweet Kira divine.
I want to be with you so very much
holding you close I feel like crying sweet one.
Please come so soon and cuddle with me.

You are a gem and sweet peach my lady fair
and I can't keep things up without you here,
I love you my dear and want your support,
I'll always give you mine too please
come into my arms my darling Kira
I love you so much.

Michael P. McParland

You're The Greatest 2

Kira my love you truly are the greatest,
I'm thinking of you now and I'm smiling and I'm longing,
I would give anything to look in your eyes
and see your smile giving looks of love
and say you are my only darling and I love you more than anything.
Then kiss your forehead, kiss your cheeks then caress them
while I lean in to kiss your luscious beautiful lips.
Oh my sweet dear Kira you truly are the best.

You truly are so beautiful and I can't tell you that enough,
in my soul I feel such love and outward I tingle very strong.
I just want to hold and kiss you for so very long.
You are the greatest Kira and I love you so very much.

I truly want and need you so very soon,
I'm yearning so very very strong to have you near to me.
You are the one who makes life worth it and
I need to have you close to me,
Kira you are the greatest and I love you most of all.

Michael P. McParland

My Heart Is Yours

My heart is yours forevermore and
I love you with all my mind body and soul,
you are the most beautiful woman I have ever known.
My heart is yours forevermore.

You are Angel from on high and a Queen I so adore
I truly am in awe of you and want to spend eternity
holding your soft precious hand.
My heart is yours forevermore.

My heart is yours as is my soul and I hope
and pray you'll grant me the honor of being mine forever,
I love you deeply with all I am and will be.
I love you Kira and my heart is yours forevermore.

Michael P. McParland

Come Hold Me 6

Come hold me babe and just sit with each other,
I'm so very tired and need my lady,
to hold you close and be held by you.
On this morning it's all I want to do.

Come hold me sweet one and we'll lie down,
I'll stroke your hair while I tell you I love you.
Shut the world out for a bit and it will
be only us in our own world with noone to interfere throwing fits.
Come hold me dear and I tightly hold you too.

I need you here to hold me close to tell me
everything is okay and all is alright,
stroking my face and head while we lie in bed.
Come hold me close my only one we both need this time alone.

Michael P. McParland

Morning Note 65

Hello my sweet love
I hope your morning goes
well so far today,
I'm really missing you right now
and I hope you are feeling
the abundant love that I send.
I truly need you so very much
I can't possibly express how
immense the emotions are at.
I just love you so much and want
my arms around you right now.

You are my everything
and I can't get enough,
please just know that my heart
is yours and it's calling to you.
I know you love me just as much
please let's talk and figure things out.

ILYF and ever KP

Michael P. McParland

Hold My Hand 4

Hold my hand sweet lady as I now
go about my day first doing some reading,
a bit later house chores but not very many
but mostly just wanting to spend
sweet time with my precious lady.
I love you my darling so come hold my hand
while we just together enjoy this day.

Michael P. McParland

You're So Beautiful 8

Your picture is my desk top background on my computer
and my locked screen and as I was just looking at
your picture I felt so very soothed and serene.
Your radiant smile makes my heart jump with your sparkling eyes
and from your pure beauty I could almost cry,
I want to look you in the eyes my sweet Angel
and tell you Kira you are so beautiful and I truly love you,
you soothe me and calm me with your complete beauty.
Inside and out you are my sweet Angel dove
and calm me so much I could go to sleep looking at you.
I love you sweet Kira you're so very beautiful
I can't wait to be here lying in bed holding you.

Michael P. McParland

Morning Note 64

Good morning sweet darling
may the sun rise on you
immediately to fill you with
all of my loving warmth and care.
I've told it to shine on you
and to deliver my message of great care,
so close your eyes when it does
and feel me by your side
holding your soft precious hand
and remember my looks of love
and big smile just for you.
I love you sweet Kira and my
heart is calling in love and need.

I'm about to go do some more
reading and imagine I'm reading to you,
something I would do in complete love
as I had my arm around you.
You are amazing and my Angel Queen,
I love you sweet Kira and I want to
be with you for all eternity.

Michael P. McParland

I Hope 2

I sincerely hope and pray everyday
that I will be able to give you
everything in life you'll need,
I hope and pray that I'll always
be able to make you happy in every way.
I will always strive to give my very best
I can always promise this.
I just so hope and pray I can make my
Angel happy and provide everything she needs

I so truly hope and pray every day
that I don't do something unwittingly
that will hurt and upset you in some way.
It hurts me inside to know you are hurting
and possibly angry too.
I don't like to hurt you my only one
so I pray every day I won't do something
that upsets you and makes you cry.
Please forgive me for all the tears I've given you.

I hope and pray every single day that we'll
be back in each others arms so very soon
telling each other I love you dear
finally feeling complete and as one,
I so love you Kira and every day I pray for us.

Kira I hope you know that every day I pray for you
so you'll feel better and have no pain
as you go about you busy days.
I pray that you'll know my love and feel me there,
I pray for you to not be sad and know you're
not alone because I love you deeply and I'm right here.

Michael P. McParland

Night Note 81

Hello my sweet precious darling
I hope you are having a good night
and dreaming of us and all the
good times we'll have together so soon.
I just got up 10 minutes ago
and wanted to write you to tell
you I love you so very much,
I dreamt of you while I slept and
wish you were here so I could
hold you so close and tell you
I love you while I completely
shut the rest of the world out,
you are my universe and all
I'll ever need my sweet lady love.

I'm cooking some food and going to read
I so wish you were here to read with me.
I crave so very badly your company
and arms tightly around me.
I promise after I eat some writing for
my only lady and love of my life.
I love you so much and I'll
keep telling you that.

Feel me right there with you
holding you ever so close,
hand in hand while I whisper
in your ear I love you sweet Kira
you're the most beautiful
woman in heaven or the entire world.
I love you so deeply and I always will,
please come so soon and be my sweet wife
I will give you my beat and everything
for the rest of sweet time.

Michael P. McParland

Candy 2

Sweet candy comes before me,
so juicy sweet and tasty.
This candy is pure pleasure
and I share this delightful time with my lover,
we delight in its sweetness all night
in deep fulfilling pleasure.
We love to share this delightful candy,
I'll never get enough of this sharing time with her
for this candy is the greatest treat
and I'll enjoy it forever never getting tired of it's pleasure.

Michael P. McParland

Huge Hug And Kiss 2

I love you my sweet Angel dove
and please be filled with calming peace,
I'm sending you all of my loving warmth
so please my sweet lady don't be mad or upset.
You are my true lady and everything,
if it weren't for you I'd give up and die.
So I send you this huge hug and kiss to
fill you with deep peace,
I love you sweet Kira feel the love of my heart.

Michael P. McParland

Goodnight My Angel

Goodnight Kira my beautiful Queen and Angel true
come snuggle and nuzzle with me now that the day is through,
I need to bury my face inside your shoulder for awhile
and hide from the world while I tell you I love you.
You make me feel safe from the rest of the world which is hateful.
Then when I feel completely better we'll share some sweet kisses
while I tell you I love you Kira my sweet Angel please marry me
and be my dear Queen for eternity.

I am sending you all of my abundant love and warmth
with massive hugs and kisses right along,
feel my hand in yours as I'll be holding
you the entire night through.
I love you so much if you only knew,
there may be some tears tonight too.
Listen for my voice though as I tell you I love you
and I'm always here and I'm never leaving.

Tonight in the land of dreams under the stars
on a beautiful lake we'll take a canoe ride
smiling at each other the whole time
then when we get to the middle I'll say Kira I love you
as we lay a blanket in the bottom and
then lying there hold each other and whisper sweet nothings,
kissing and gazing at each other feeling the bond
of true love we share together.
Please come so soon my only lover.

Kira I love you so very much please never doubt that
I'm by your side always forever and ever,
I'll be lying with you tonight holding and kissing you.
I've never wanted another just you my sweet darling,
for eternity side by side my only Angel.
Goodnight Kira my beautiful woman and feel the loving
peace and comfort I'm always sending.
You matter to me more than anything I love you sweet lady
and I adore you my sweet treasured diamond.

Michael P. McParland

I'm Not Angry

I'm not angry sweet love
I'm just so very tired and my heart hurts,
it hurts because you're not here
and it hurts when you wonder if it's real.
I'm not angry sweet sweet Kira
my heart just craves your touch
and to be held by you my sweet Angel dove.
I'm not angry I love you so much
and need so badly for you to be here my only one.

Michael P. McParland

I Love You Deeply Kira

I love you so very deeply Kira my dear
that to ever have that doubted hurts
me so badly I cry.
I love you so very much and I
send you this massive hug and passionate kiss,
I love you so deeply my Kira and I always will.

Michael P. McParland

I'm Not Laughing

I'm not laughing or trying to be funny,
I'm trying my best because I love you.
I'm sorry if you feel slighted in some way,
I'm not trying to be funny or laughing.
I'm just crying now because my heart
is full of dreams too.

Michael P. McParland

Evening Note 50

Good evening my sweet sweet love
and I hope you feel all
the deep caring love I am sending you.
I'm listening to Emotional
by Falco and dreaming of you sweet one.
I truly love you so very much
and I know with all my heart and
soul that you love me too.
I can feel yours surrounding me.

I pray that you are doing well
and felt me by your side
hand in hand the entire day,
you are truly so dear to me.
I will be writing more for you
through the night sweet one
because I love to make you smile
and honor you above all.
So do enjoy your evening knowing
I love and care for you more than anything
and am thinking of you always.
I love you my sweet Angel Queen
and am here for you always if you
need or want anything.
I'll never leave or abandon you
sweet lady you are my everything
and for eternity I am your man.

Michael P. McParland

Peace And Serenity

You help give me peace and serenity
helping me feel whole and calm,
you make me feel loved and like a person again.
You mean everything to me and
I love you so much I can't imagine
going through life without you by my side.

You are peace and serenity helping take away
all of my anxiety like an Angel comforting and calming,
you fill me with the most serene love anyone
can ever know because you're so beautiful in and out.
You are a Queen of mercy no doubt
and I'll love you forever sweet one.

Kira you embody peace and serenity to me
my sweet one as today you helped bring me
a deeply needed calm to help sleep
and I know your love helped take away
the horrible migraine I woke with in awful pain.
You are amazing my sweet lady so fair.

To me you are peace and serenity and I
love you so much because you are my everything,
that's why I hurt so much when I know you are crying
and hurting because I want to see you happy and at peace,
you are my Angel and everything sweet Kira
and you truly mean everything to me.

Michael P. McParland

My Sweet Angel 3

Kira my sweet Angel I am so in awe of you,
at times I truly think you can do anything
if you decided you wanted to my dear.
You truly are so wonderful and beautiful
you make the earth quake below my feet,
your eyes, charm and smile make my kness and legs feel weak.
You truly are the perfect woman in my eyes,
the greatest work of art created by our God.

I would do anything to protect and make you happy,
noone will ever hurt you dear because I won't let them near you.
You are the one I'll give my whole life for if I needed to,
Kira you are the Angel who saved my life giving
me true love and a reason to keep going on.
I love you with my entire heart and soul
and will stick by you forevermore.

My sweet Angel dove you are my pride and joy,
there are no other women I could love now
because I've met the best in you,
I want to marry you and spend eternity too,
Kira you are my only one and my sweet Angel
I truly love only you.

Michael P. McParland

Sweet Lady Please

Sweet lady please don't be upset with me,
I needed the sleep oh so badly and it was
your sweet words that helped calm and relax me.
I thank you oh so much my precious Queen and Angel.
You do so much for me and I want to thank thee
for helping me get this sleep.
I can feel this migraine should be gone in the next hour
and I also know that's because you have helped
send all of your loving healing power.
Thank you Kira for everything you do,
I love you so much and owe my whole life to you.

ILYF and ever Kira

Michael P. McParland

Love Note 180

I'm so so sorry sweet
love I only just rose
and have had the worst
migraine on earth.
I love you so very much
and I'm so sorry
I haven't written you today.
I love you sweet Kira
and please forgive me,
my head is still hurting
so give me just the shortest
while.
I feel so awful my sweet
precious darling.
Please feel me holding you
ever so tight ang giving you
this kiss saying I love you
and I'm ever so sorry.

Michael P. McParland

Good Morning Kiss

Before I lie back down for another hour or two
with another big smile I send you this
good morning kiss my only one.
Feel me squeeze you so tight in a hug
and see me smiling too.
I love you sweet Kira a great big good morning kiss to you.

Michael P. McParland

Smile And A Kiss

As I get up for just a few minutes
tonight sweet one I send you a massive smile
and say I love you more than anything
my dear sweet darling Kira and give you
this deep passionate kiss of pure love
thanking you for all you do.
For giving me peace and sending your loving warmth,
I can feel your arms around me sweet love.
Kira I love you so very much and I hope
you feel my arms around you with all my loving warmth.

Sweet sweet Kira Angel of all my brightest hopes and dreams
I love you dearly and am sending you this
great big smile and kiss to warm your heart.

Michael P. McParland

I Miss You So Much 3

I miss your sweet spirit so very much
and long for you to be here in my arms.
I want to look in your eyes well
I caress your cheek, rub your
neck, arm, and back while we gently talk.
I'm so tired but I'm struggling to sleep
and I know if you were here you'd
help calm me in full and I'd be able
to fall asleep in your arms smiling full
of contented peace from your immense charm.
I miss you so much and want you here
to hold, talk and touch feeling your
sweet spirit right next to me giving me calm.
I just miss you so much and love you tons
please my sweet sweet Kira come and hold me my one.

Michael P. McParland

Goodnight Sweet Lady 4

Goodnight my sweet lady and may you sleep well,
let us now slip into bed and cuddle while sharing
kisses for while then rest your head upon my chest
while we close our eyes and I stroke your hair.
I'll rub your back before turning in
if you'd like that to relax.
Anything for you my sweet Angel dove.

I'm sending you great big hugs and kisses
with all of my love and warmth feel me holding you in bed
and my hand within yours as I give you kisses
and quietly talk reassuring you I love you
and I'll be forever here by your side because I love you so very much.
I pray tonight we'll see each other in our dreams,
I'm longing and aching tonight wanting you here.
My heart is throbing in pain needing your tour touch.

Goodnight my sweet lady and please do know I'll
never ever give up on you because I want you at my side for eternity,
I will never reject you and want to so tightly hold you,
I love you sweet lady and the knowledge you're hurting
is killing me tearing my heart up in need to comfort you.
I hate to see my sweet lady hurting because you being happy
is to me what so truly matters, please come talk to me and
we'll work out everything the way it needs to be.
Goodnight my sweet lady and God bless you my sweet Angel true
I love you so deeply and I love only you.

Michael P. McParland

Holding Hands 3

Lying here in bed with you right now
holding hands and each other would be a true delight.
Listening to one of the new audiobooks I just bought
and get lost in the story with each other
just lying here hand in hand drifting off,
looking at each other and smiling.
Just feeling at peace being here with each other.
I wish you could be here lying in bed with me
holding hands and each other while getting lost in the story,
that would be perfect dear because I love you Kira and
those are the types of moments we'll mosr treasure.

Michael P. McParland

Evening Note 49

I so hope you can
feel me there with you sweet one
and know you're surrounded in
all my warmth and caring love.
I can feel your love for me
and I deeply need it
and thank you very much,
I so need to feel your arms
embracing me and right now
in spirit helps abundantly.
Feel my hand within yours now
as I hold you tight to
fill you with all my love.

Stay strong with me this evening dear
as I will stay strong with you as well,
you are my hero and sweet Angel
oh my only one, please come so
soon so we can heal our hearts
and become as one I love and miss you
my dear Angel Queen.
I miss you deeply and want to
hold your hand for all eternity.

Michael P. McParland

Emotional

I feel so overwhelmed with emotion for you sweet love,
kindness, tender love, desire to hold you,
to tell you everything about how I feel.
I feel so emotional because I love you so
and am overtaken by the powerful tide of them all.

I feel such loving need to be with you,
to look in your eyes and say I love you babe.
I want to be with you forevermore because our bond
is truly so very strong and I can feel your heart and soul.
I am bowled over every time by how beautiful you truly are,
I feel so emotional because I love you with all my heart,
mind, body, and soul my sweet Angel Queen.

I truly love you with my entire being and will
always give you all I have and everything.
I feel emotional because I want and need you my darling dear
the thought of losing you brings me close to tears.
I truly love you and would give up everything to be with you
I am an emotional man because all I feel I feel right to my soul.

Michael P. McParland

Tenderness

Whenever I think of you or look at your picture
such tender love fills my heart and soul,
pure love is all I feel and I desire to be with you.
To just hold your hand and look in your eyes
so I can say I love you Kira you are my only one.

I feel such tenderness in my heart for you
because I know you are an Angel and I know your worth.
I feel such tenderness because I know you're shy
and have the most kind and loving soul
that gives and gives and just needs love returned.

Kira I feel such deep loving tenderness for you
because you hold my heart and you are the most
beautiful amazing woman in my eyes there is.
I know that you've been through so very much
and I love that you are a fighter and very tough,
you may not see it in yourself but I have sweet Angel.
I'll love you for eternity with tenderness in my heart,
Kira there is noone more beautiful and as my soulmate you fit the part.

Michael P. McParland

Love Note 179

Sweet lady, sweet lady
I love you so deeply,
I hope you are well
and I'm sending you all
of my deep loving warmth,
I'm also giving you deep
passionate kisses straight from the heart.
I miss you so much my only one,
been here lying down
thinking of you while I
drift in and out.
I wanted to write you this
note to say I love you sweet one
and that I wish you were here
to hold and to talk
and forget about the world
and the rude people within.
Please come so soon
my sweet Angel dove.

I'm there with you always
feel my arms wrapped tightly
around you as I'm right
beside you hand in hand,
listen closely for my voice
saying I love you sweet lady
you are the best.
Catching some more rest then
I'll write as soon as
I get up out of bed
I love you my sweet darling Kira
and I need you so bad.

Michael P. McParland

What Is The Point Without You?

What is life without your true love?
What is the point if you must go on
with an aching heart longing for them?
Why deprive ourselves when we both know
the truth of our immense love and that
we'd both do anything for the other.
What is life without you?
Empty and sad, incomplete with tons
of crying is what it is.
Life without you is a heartbroken deal.

What is the point if I can't have you
here in my arms soothing our hearts and spirits?
Do you know you're the only reason I come back here,
I need to share myself and my words
with my only lady and Angel
because life without you is so sad and
makes me cry so often at random.
For you I open myself up far more
than I ever have before or otherwise would.
I love you sweet Kira and life without you is no good.

What is the point without you sweet love
all alone I just feel so very scared, confused, and tired.
I'm about to lay down because I want to
dream of us under our tree by our river kissing and cuddling.
I love you so much and my heart deeply hurts,
I'm lucky to have you and there's no point being without you.
You are my Angel and the one I adore I love you sweet Kira
each day it grows more and more.

ILYF and ever KP

Michael P. McParland

Love Note 178

Oh my sweet love
as I get started back
on my chores I want to
tell you I love you so.
You make me smile
and you make me glow
you are my everything
my sweet Angel dove.

Michael P. McParland

You're So Good To Me

You're so good to me my sweet love
and I want to thank you so much,
your kindness and caring mean everything to me
and I want you to know I love you so much.

You're so very good to me my sweet Angel dove
and I'll spend eternity thanking you personally,
you treat me like a good man and human being
I love you sweet Kira and thank you so much.

Michael P. McParland

I Love You Kira 11

I just need you to know my sweet one
that each day I love you more and more,
I truly adore you so very much and
just want to hold you so tight.
I love you sweet Kira so very much.

You are my diamond in the rough
a true treasure to me,
your love is the greatest thing it's like a dream.
I love you sweet Kira you are magical
in my loving eyes.
I love you so much and for you if needed
I would surely die.
I love you Kira please be my wife.

I love you sweet Kira you're my Angel and Queen,
I'll go the lengths of the earth to see
you happy ans smile because it makes me feel good.
I love you sweet Kira I will do anything for you that I can
I want to be by your side holding you forevermore.

Michael P. McParland

Gray Skies

It's overcast with gray skies in Minnesota today
and I wish you were here to help chase them away,
make the day brighter and help give me a smile.
I'm hurting because you're not here and I
want and long so badly to have you here in my arms talking.

Dark cloudy ovecast skies that symbolize how I feel
without you here my sweet Angel dove,
I understand your fears because I have my own
but I would give anything to see and talk to you again.
I need so bad to apologize and say I love you sweet Kira
please forgive this stupid man, I wish I could read your
mind to figure everything out but I can't so I need your help.
I just know that you love me a ton like I do you too,
I know that we can have a future bright and beautiful too.

Overcast gray skies in Minnesota today and I'd
give anything to have you here and help chase them away.
I miss you so much and have deep respect,
you're one of the few that respects me too and
that's just one more of the countless reasons I love you.
I pray you'll come talk to me my heart hurts so much without you,
you are my sweet Angel dove and life is no good without you.

Michael P. McParland

A Big Warm Hug

I'm sending to you a big hug
to help warm you up inside and out,
to give you comfort and heal your heart.
I know it's still broken as is mine too,
I want us to talk and help heal each others wounds.
You are the only one who can help
heal the many scars on my heart from
so many years of hurt by others and myself,
and I long to heal yours and show you how
truly beautiful and wonderful you are.
I love you sweet Kira and to help warm you up
and feel better today I'm sending you these
great big kisses and hugs.

Michael P. McParland

Love Note 177

Hello my sweet love
how are you doing today?
I truly hope you are doing well
and if for any reason you're
upset with me I apologize
and hope to fix whatever it may be.
If you think that for any
reason I am upset with
you I am not I swear,
I am concerned for you sweet love
and so hope you are well.

I've been sleeping all morning
and just trying to take care
of this general tiredness,
I was thinking and dreaming of
you while I rested wishing
you were here to hold and
spend time with this morning.
I hope you've been feeling all
the loving warmth that I've sent
and my hand in yours as I'm
by your side every day every step of the way,
you are my everything and amazing to me.
Kira sweet love I hope it shows
that I am doing my best
for you every single day.
I want to honor you in the highest of ways
making you proud and happy
day after day.

I'll be thinking of you
and praying as I get going on
my many chores here this morning
that you will be well and feel
all the love I hold for you,
I will be writing you too.
I love you sweet lady and my heart
calls and longs for you,

you are my Queen and my Angel
for you there isn't anything I wouldn't do.

Michael P. McParland

Hoping You're Well

I hope you are well my sweet love
I am concerned that you are upset in some way,
not angry per say but sad and crying
in a bit of dismay.
I can sense something's wrong from where you are.

I hope you would tell me if you are
feeling out of sorts and your heart is hurting
you know it tears me up inside to
think that you maybe crying and I'm
not there to be able to help you.

I hope you are well and feel all the
loving warmth I am sending
because I care about and love you so deeply.
Come take my hand and let me hold you so close
I hope you are well my sweet Angel so fair.

Michael P. McParland

Come Rest 10

Come take my hand sweet lady of mine
and let us lie down for awhile.
I just want to hold you and get to know you
all the way through as a person.
Come rest with me sweet Kira my true Angel
and know that I love you more than anything
my sweet sweet lady of true passion.

Michael P. McParland

Morning Note 63

Good morning sweet darling
I want to help start your day
with the biggest hug and
deep kiss of pure true love.
You mean everything to me
my only one and as I lie
back down for a few more hours
I would give my whole life
to just be able to hold you
and tell you how deeply I love you,
to have but a couple of hours
with my only Angel.
I so wish you were here to hold
because you are so very
beautiful and special.

Feel my arms wrapped around you
and the sweet kisses I'm giving you,
I'm right by your side always
because I truly love you,
you are everything I've always wanted,
you'll never be alone again
my sweet precious darling.
Feel all of my loving warmth
and let it soothe you.
Close you beautiful eyes and
see my big loving smile,
please reach out whenever you need me
I love you sweet Kira and
have a great day because
I'm watching over you.

Michael P. McParland

So Deeply

I so deeply love you sweet lady
and I would give anything to talk to you
and release all these deep feelings of love,
I have so very much to share and give
and I could never ignore you sweet one.
I ache so badly for that hug and to kiss you,
I need to give myself in whole to you.
I am so shy though how can I tell you my deep needs
when I'm so scared of coming across wrong
when my intentions are pure and true love.
I need you so bad and don't want to part from you ever again.
I want to listen and talk, I want to hold you forever,
I want to kiss and say Kira I love you.
I want to spend the rest of this life and the next with you.
I'm so very tired and I hope to have a dream of us doing those things,
please my sweet love I would never reject you
because you're my sweet Angel dove.

Michael P. McParland

Night Note 80

Oh my sweet lady I hope
you are getting some good
sleep tonight and having
the sweetest of dreams,
I hope they are of you
and me holding each other
giving kisses and talking,
I love you my Angel so sweet.

I managed to get some light rest
and finished my audiobook now
I'm going to get up and grab
something to eat,
then I start on my chores after that.
I'm planning to write you some
beautiful poems while I'm
going about all of that,
I'll be working ideas because
I want you to know how much I love you
my sweet darling dear.

Still feel my arms around you
the rest of the night for
I am right there beside you
holding you ever so tight.
I'm watching over you to
give you immense peace and strength,
feel all of my love surrounding you now.
I love you sweet lady and my
heart is with you always my Queen,
you are my Angel, my universe,
my everything.

Michael P. McParland

Reaching Out 3

Reaching out sweet one to take your hand
and hold you near for peace and calm,
Please give me some of your peaceful strength tonight,
I just can't get back to sleep and I'm so very tired.
I have chores to do in the morning and I would
like some rest before I must get them done.
Please take my hand and let me hold you close
for I am reaching out to you my lady
my sweet Queen and Angel, my only one.
I love you so deeply and only you can help calm me down,
you are a gem and the crown jewel of my fragile heart.

Michael P. McParland

Goodnight Sweet Lady 3

Goodnight my sweet lady and let's go to bed
and snuggle just saying I love you my one
and share some kisses for a good while,
I just want to snuggle and nuzzle with my only one
I love you sweet Kira you are so precious to me.

I'll see you tonight within the land of dreams
where we'll sit among the moon and stars while
we just hold each other gazing in our eyes
and talk for the longest time,
I'll ask you to smile because I want to see it again my dear Angel.
Just hold each other and share kisses tonight
within the land of dreams full of delight.

I'm sending you all of my caring love and warmth
with the biggest kisses and hugs you could ever hope,
wrap up in them like a big blanket like you did as a child
to feel safe and secure knowing everything is okay and you are loved.
Hold my hand tightly as I'll be holding you near
the entire night through stroking your hair and kissing you too,
listen for me to tell you I love you so much my only one
and have not a worry for I'm not leaving you I'll always be here.

Goodnight my sweet sweet lady I love you so very much
you truly are amazing in my eyes and book,
please come so soon so we can talk and laugh being togeter forevermore,
you are my Angel and you're all I need and want.
I miss you sweet Kira and want to be with for eternity,
goodnight my sweet lady I'll see you in the most beautiful dreams.

Michael P. McParland

Hugs And Kisses 3

I'm sending a million hugs and kisses
to you my sweet one to fill you with love and warmth
feel the great strength and peace that they hold.
I love you so much and I want you to feel
and know it so strongly tonight so I'm sending
you a million kisses and hugs,
now close your eyes and see my looks of love and big loving smile.

Michael P. McParland

Holding You 2

I'm holding you so very tight in my heart
as I'm lying here in bed drifting in and out,
I long for you so very much and wish you were here
resting your head on my chest while I stroke your hair,
smiling all the while feeling comtent and complete with each other.

I'm holding you so very in my heart and in spirit,
giving you kisses as I so badly long for you my sweet darling.
You are all that I want here wrapped in my arms,
you are my Angel you make me happy and feel fulfilled.
I love you sweet Kira I'm holding you tight
so feel my arms around you and the kisses I'm giving.

Michael P. McParland

My Sweet Angel 2

My sweet Angel, sweet Angel
holder and ruler of my very heart.
Can you feel how it beats just for you my sweet one?
Can you hear the way it says I love you my Queen?
Can you feel the pride it beams for you my Angel Queen?
Do you feel the power and depth of all that you mean?

Oh my sweet Angel so beautiful and true
do you feel how my soul reachs out to touch you?
Do you feel its immense glow every time
I see you or think about you?
Can you feel our souls touch just I do right now?

My sweet Angel, sweet Angel
how precious and kind you truly are,
the most beautiful woman inside and out.
I adore you so much and see you for the precious woman you are
a diamond in the rough and the rarest of them all.
A true beauty I cherish and can never be replaced by another
my sweet Angel, sweet Angel I love you forever and ever.

Michael P. McParland

Evening Note 48

Very early evening here
my sweet darling and I'm
thinking about you wondering how you are.
I'm longing so very much today,
I long for you everyday
but today it is especially strong
and I need and want you in my arms.
Just to hold you and give
such sweet kisses would be heaven.
I'm still so very tired and
might lay down for awhile
and hopefully have a dream of
my sweet darling woman,
the most beautiful woman
there is and your beauty lovingly
tugs at my heart that
I so want to just hold
you tightly in my arms.

Have a wonderful evening my
sweet lady and Queen
I'll be there with you in spirit
holding you tight and
giving you kisses reassuring
you that everything is alright,
that I'll never leave you
because I love you so much.
Listen for my voice as I
tell you how I love and need you
my sweet Angel dove.

I'll be writing more for you
sweet lady so have no worries there,
I just need to close my eyes for a bit,
I wish you were here to hold and talk with
I love you so much and I hope soon
you'll be here to warm the
other half of the bed.

Michael P. McParland

Love Note 176

Oh my sweet love
hear my heart as it calls out,
its singing for you to come back.
I need to feel your heart
beating right next to mine,
Kira sweet love you truly
are so deeply divine.
You amaze me and shake
me in every way possible,
I am so in awe of your deep beauty.
I love you immensely
and I want you to know
that I love you so immensely
and my heart aches longing
to be with you for eternity.

Michael P. McParland

I Could Never Ask For More

Sweet lady I could never think of anything
better than the love I get from you
and I could never ask for more because that is impossible,
your love is the greatest thing there is
in heaven and on earth today and always.
I could never ask for more than you
my sweet Angel dove.

I could never ask for more than beautiful you
because even if there was I wouldn't want it
because to me sweet lady you are truly perfect.
I love you Kira and I know there is no better,
I could never ask for more because you are my only one.

Kira I could never ask for more because you
truly are the best in full to me,
I care for you more than anyone or anything,
you are my sweet Angel Queen and I hope
you'll forever be with me.
Of that I could never ask for more because
that would be the greatest gift and blessing you could ever give.

ILYF and ever Kira P.

Michael P. McParland

Hold My Hand 3

Take a hold of my hand sweet one
I can feel you need some extra comfort today
and I want to help give you peace and calm in any way I can.
So take my hand sweet lady and I will
pull you in and hold you for awhile.

Remember whatever you may need and whenever
don't hesitate to get in touch with me,
I want to help take care of my lady
because I love you dearly and want to see you safe and happy.
So please come take my hand while I hold you
speaking softly to reassure that I am here always
and that you don't have to face anything alone.

Come hold my hand sweet darling so I can
know you're okay and fill me with comfort too,
I need to know that you're okay because I worry
that you may be sad and hurting and
seeing you sad breaks me up inside,
come and hold my hand sweet one while
I hold you tightly within my arms.

Please just hold my hand because I want to feel you near,
I just want to touch my lady and feel your skin so fair,
caress your cheek and kiss you deeply on the lips.
I love you Kira please come hold my hand
while I hold you tightly in my arms.

Michael P. McParland

Love Note 175

About to close my eyes
sweet love for a small rest
and wanted to say I love you
and am sending all my
loving warmth your way,
right along with it feel
and catch these billions
of great big hugs and kisses
they're all for you my sweet lady
and I don't want you to miss any of them.

Remember I'll be right
by your side the entire day through
feel my hand in yours and
the kisses I'll be giving too,
you are my lady and you're not alone
I love you so much in my arms
you'll forever have a home.

Michael P. McParland

Please 3

Please my sweet dear talk to me soon
my heart aches so bad needing to hear
your beautiful voice and words,
I want to hear you tell me all that's been happening
and with you share all my experiences
in a great heart warming conversation.
Please my sweet love talk to me soon.

Please let me know if you are okay,
I think about you all the time
and often worry if you're sad and crying,
I'm wishing I could be there and comfort you in my arms.
Please my sweet Angel my heart is concerned and calls out,
please come talk to me soon so I'll know you're alright.

Please my sweet Kira let's talk and figure things out,
we both hurt so much being alone and apart,
the love that we hold is pure truth and so strong.
I want to talk to you and have us be in each others arms
please my sweet lady come talk to me soon.
My heart is calling and aching so very much for you.

Please come and see me so I can look in your eyes
and apologize saying all the things I need to and want
so then I can see your beautiful smile as my heart
melts from pure love inside, then give you a kiss
for the ages it's something we both so need and want
I'll love you forever my sweet Angel dove.

Kira oh Kira please hear my words because I
truly love and need you so much I need to talk,
please though when you are ready I just need to
express myself and my need, you truly are so amazing.
Please let me know you're okay and come see me soon.
I love you sweet Kira only you and you alone.

Michael P. McParland

You Are My Lady

Kira you are my lady and I'm so
very proud of you in every way,
you just fill me with joy and
I so long for you to be here at your sweet side,
holding you close and holding your hand.
I want to give you a big kiss in pure love.

You are my lady and I love you so much,
more and more it's only your words I care to read.
Nothing else matters it's just you and your love,
you are my lady sweet Kira and that is enough.
I give you my life and my arm
I hope and pray you will give me your precious hand,
Kira you are my lady and you're all that I need.

Kira you are my lady and I just want to hold you near,
I just want you next to me while I rub your back
and stroke your beautiful long hair,
I just want to softly talk to you and share all my love,
Kira you are my lady and Angel sent from God up above.

You are my lady and for eternity I'll always fight for you,
I'll defend you with courage because I won't
ever let anybody hurt you again,
I would beat them up if they ever tried.
You are my lady and I just love you so very much.
Kira I want you to be my forever wife.

Michael P. McParland

Smiling For You

I am smiling for you today my sweet lady
and it is because of you I smile so big and wide,
you make me so happy and I love you so much.
How could I not love you Kira you are a gem in my eyes?
You are a blessing and gift from God up above
I am smiling today my sweet love because you are my one.

I hope you can feel my smile where you are at right now,
in your heart I hope it radiates and fills you with joy.
Can you see the light within it that you fully give?
You are the reason I smile so wide and big,
I feel like a few tears but those are of joy
because I feel your love and it makes me feel proud.

I'm smiling for you my sweet love I want you to know,
you are amazing to me my true Angel of love,
I'll want and need you for my entire life
I hope that so soon you'll come and get so together
we can start our future lifes.
I love you sweet Kira and I smile for you.

I am smiling today and my heart loudly singing
because I can feel your pure love to where I am sitting.
I truly love you so much and want to hold you so near
I love you, I love you, I love you sweet dear.

Michael P. McParland

I Love You So Much 4

I love you so much my sweet Angel Queen
and I hope to help you know how much you mean,
your heart and your soul are so very beautiful
and don't you let anyone ever make you feel
you're not a beautiful woman because you are my sweet one.
I so often look at your picture to say
I love you sweet Kira and I miss you so much,
you are so very beautiful and I'd give anything
just to sit and hold you right now,
smile at you and give the sweetest of kisses,
I love you so much my sweet lady and I want you
to know you are my everything and universe.

ILYF and ever KP

Michael P. McParland

Morning Note 62

Good morning my sweet
beautiful lady so bright,
I dreamed of you both in waking
and sleeping all night.
My heart is calling
in great need and love
to you my sweet one,
you make me so happy
and I love you tons.

I'm still planning to
get a bit more sleep
but I wanted to say good morning
here early so I don't
miss you incase I fall really deep,
once again I wish you were
here to give kisses and
hold before you have to get up
and get your day started in full.
Holding you close to say I love you
and sing a little song
would be the perfect thing on this morning.
Oh my sweet lady I can close
my eyes and see us lying here
holding each other and smiling.

May the sun shine upon you
and fill you with all the
loving warmth and peace I am sending,
reach out your hand and take mine
for I am right beside you,
feel me pull you in for a hug
and a great big kiss to begin the day,
close your eyes and see me smiling
with my warming looks of love.
You're not alone my dear darling
and never ever again will you be,
because I love you my Angel
and I will protect you for

all eternity.

Michael P. McParland

Take My Hand 13

Come sweet darling and take my hand
while I pull you in for a tight hug
and hold you for the longest time
to give you contented peace
filling you with all my comfort and love.
Remember sweet one I am always here
and we both need each other so very bad.
Come here darling and take my hand
while I pull you in for a kiss and a tight hug.

Come dear and take my hand so I can
look in your eyes and say Kira you truly
are so very beautiful and then kiss you deeply my sweet one.
Then lay down on your tummy and let me
rub your feet, legs, neck, and back to
help relax you dear and release the pain I know is there,
I just want to gently rub your back
so you can relax and not have so much pain stored in there.
I love you Kira and will do anything to help you through.

So come and take my hand now sweet lady love
and lie down with me and cuddle through this very night,
I'm worried for you and want to hold you close
to reassure you of all my undying love.
I want to give you kisses and let you know how
deeply I truly love you and that you're beautiful,
I want to let you know you are needed and have great worth my only one
come take my hand sweet sweet Kira and let me
hold you for so long to give you peace and reassurance
because you are my Angel and I love more than anything.

Michael P. McParland

Passionate Kiss 2

As I rise for a few minutes on this night
I wish to send my love Kira this sweet delight,
a deep passionate kiss to give you peace and light.
May it fill you with all the deep love
I feel for you now and always will.
You are my Angel and guiding light who helps get me
through all the toughest of times.
You are truly my sweet Angel dove
and Kira my darling I truly love you so very much.

Michael P. McParland

Longing 5

I am longing so very much for
my beautiful lady tonight,
I hope to have a dream of you as
I will very soon lie down for some more sleep
but the dreams only fulfill me so much
and the need in my heart, mind, and body
are growing more and more to have
you here in my arms sharing kisses galore.

My heart and body ache with such
powerful need and longing for the woman I love,
nothing and noone else can ever do or take her place,
I long for and need you sweet Kira Queen
of my very heart and soul
I hope so soon to be able to tell you all.

I need you sweet lady and am longing so hard
please come so soon and let me hold you so close,
at first I know I won't be able to speak
because I know I'll be crying from how happy I'll be.
Here in the middle of May I'll be all alone
for two weeks and I wish you could come here
and keep me company the whole time.
I love you so much and long so deeply for you,
Kira you are my everything I hope you know.

Michael P. McParland

Goodnight My Darling Dear 2

Goodnight Kira my darling dear and once again
I thank you for all you patience and understanding for me.
Let us now slip under the covers and cuddle
for a good while ending this day kissing in pure love,
how I truly adore you and want you in my life forevermore.
I love you sweet Kira and hope to see you so soon.

I'm sending you all of my loving warmth
and will be holding you the entire night,
feel my tight hugs and all the passionate
kisses I'll be giving to you the whole night through.
Listen for my voice as I tell you I love you
sweet Angel and so badly want and need you
here right by my side so I can hold you and kiss you forevermore,
so I can tell you everything is alright while
I squeeze you against me stroking your hair.
So I can look in your eyes and tell you you're beautiful my only one.

I'll see you once again within the land of dreams
on this night so full of need for my one,
we'll lay on a blanket under the stars my darling dear
wrapped under another and each others arms by our river
so soothing in it's rushing charms,
kissing and boding in the lovers moonlight as it
smiles down on us along with the stars.
I love you sweet Kira tonight I'll see in the land of sweet dreams.

Goodnight my sweet darling dear Kira I truly love you so much
and can't wait to have you here so tight in my arms,
everynight snuggling being so close to my love,
so I can see your Angelic smile and look in your eyes
then say goodnight sweet Kira you are my true Angel,
my everything and whole universe,
you are so very beautiful and I love you so much.

Michael P. McParland

Beatiful Dreams Of You

Today While I was getting some very
needed sleep I had many wonderful
dreams of you my sweet love and they
were so very beautiful indeed,
dreams of you always help my sleep
be more relaxing and restfull
making my waking so very happy.

I don't remember many specifics
of these many dreams of today
except that we spent such beautiful
wonderful time together talking
and walking together and sharing kisses.
You also helped save me from my nightmares
which you know so often haunt me.
You truly are my hero sweet lady
and I will forever thank you.

I know that soon these beautiful
dreams will come true as we just
spend time in each others arms
talking, laughing, holding each other and kissing.
You are all my only dreams and the
most beautiful woman of them all.
I love you so very much Kira my only one.

Today while I was getting much needed sleep
I had the most beautiful dreams of you and me,
I may not remember many specifics but
today that doesn't much matter because
all I need to know is that I was with you
my sweet dear Queen and Angel.
I love you sweet Kira and you are amazing
one day soon my sweet Angel our future will be here.

Michael P. McParland

Many Kisses

Lying here in bed my stomach is
feeling a little bit upset,
and not 10 minutes ago in spirit
I could feel you give me the
tightest hug in pure comfort.
It made me feel so loved and good
I thank you dear.

I'm sending you tons of kisses
in pure love and thanks my Angel,
make sure you catch them all sweet Queen
so truly treasured and cherished,
you are so good and amazing to me
you are my universe and everything.

Lying here and my stomach is a bit upset
but you are helping me because I feel your love surround.
I love you Kira you are a blessing true,
II can never do enough to thank you love
but I'll give you always everything I have.
I love you Kira my sweet Angel dove.

Michael P. McParland

Holding You Tight 5

Holding you so tight in spirit
is what I am doing right now,
feel my arms around you
and the kisses I'm showering you in.
I love you sweet lady and you're my only one,
feel me holding you so very tight
as I say Kira you are my Angel and the greatest
I so deeply care about and love you through.

Michael P. McParland

Evening Note 47

Good evening my darling
as I have just arisen from
my very long sleep I want
to say thank you for all of
your kind loving and understanding,
it means everything to me
my sweet Angel,
I had the most beautiful
dreams about you,
thank you for saving me
in a few of them.

I hope you felt me with
you the entire day through
because I am with you
always no matter what is
happening my dear one.
I love you so much and
you are the crown jewel of my heart.
Kira sweet love from you
I shall never part.
You are the most amazing woman
I've ever known
in my entire life.

Have a wonderful evening
sweet love and once I've
gotten moving I'll write
you some of the sweetest poems,
I love you my Queen and Angel
and I'm commited to you forever,
feel all of the love and warmth
I am sending.

Michael P. McParland

Morning Note 61

As I drift off deeper and deeper
sweet love I wish to say
good morning as another day greets you,
I wish that you were here
to hold for the next few hours
before your day has
to get fully started.
Have a wonderful bright day
and feel me right by your side
all the way hand in hand
wrapped in my arms.
See my smile as I'm
sending you all my
loving warmth and remember
you're never alone.
Once again I wish you
were here to hold as I
drift away closer to sleep,
I love you so much
you are my everything and universe.

Michael P. McParland

I Can Feel You 2

As I lay here in bed lightly drifting still
but gettinng closer to sleep I can feel
you here next to me sweet love and
it's helping me relax being surrounded
in the comfort of your peaceful love.
Soon I hope I'll be able to sleep
and it will be because of your help.

I can feel you lying next to me in spirit
rubbing my face and head ever so gently
while holding me too just giving me
love in abundance that soothes
my nerves and anxious spipit too.
I can feel you sweet lady and
I thank you so much.
When I fall asleep it will be for awhile
and it is so needed my only one.
I thank you for all you have done.

I can feel you here and it gives me peace in my heart,
I hope so very soon it will be in person
because on nights like this and some in the
last month where I've been bothered by some scary things
I need your arms of comfort around me.
I love you sweet lady and I can feel you and your love
I believe very soon I will find sleep and I thank you.

ILYF and ever KP.

Michael P. McParland

My Beautiful Lady 2

Beautiful lady I wish I could just
give you the biggest hug right now
and a nice soft kiss of love.
Then if it would be okay with you
I'd rest my head in your lap
while you lightly rubbed my face and head,
I think then perhaps being comforted
by the woman I truly deeply love
I could sleep in peace because
you are my guardian Angel so truly kind.
Kira you are my beautiful lady
and I truly love you so.

Michael P. McParland

Exhausted 7

I'm throughly exhausted dear
and I so badly want you here
within my loving arms to fall asleep.
I just want to lie here in bed
with my only one snuggling in peace
while we finally get some sleep.

I love you my sweet Queen and Angel
a true blessing from on high,
I'm so exhausted and ready now to fall asleep
will you come and hold me and we'll be filled with peace.
I love you Kira and I truly need you here,
I'm so exhausted and I want to drift
to sleep in each others arms.

Michael P. McParland

You Are My Happiness

Dear you are my happiness
you are my sun and warmth,
you make me glow all over
filling me with hope.

In the darkness of the nights
you are my moon and stars,
you cut through the black
lighting up the sky to get me through the path.

Kira simply put you are my happiness,
you are my pride and joy,
you don't make me sad it's being apart from you.
You are the one I love,
you are the woman I adore.
Kira you are my happiness and I could never ask for more.

Michael P. McParland

I Miss You 8

I miss you so much sweet darling
that even though I'm exhausted I can't sleep
tonight because I ache so bad to have you here,
to have you wrapped in my loving arms
while you rest your head upon my chest.
To just lay in bed gazing into each others
eyes and sharing sweet kisses so wanted and needed.

I've never missed anyone like I miss you
and long so much to have you close to me,
to share closeness in true pure love
to literally give totally of myself.
I miss you so much and just want to be
in your loving arms listening to your beautiful voice.

I miss you my darling and just want you
to know how deeply I truly love you so,
that you are my best friend and truly
amazing to me in every single way,
I will always fight for you sweet Angel of my dreams.
I want to spend my life with you and
I pray I'll get the honor,
there is no better woman anywhere that I
can spend eternity with.

Michael P. McParland

Goodnight My Only Darling 2

Goodnight my only darling and let's
end this long tired Sunday of longing ache
with a long tight embrace just holding each other
for a good bit with a deep passionate kiss
to fill us with strength and peace.
Feel these kisses I send on your forehead,
lips, cheeks, and neck.
All the while holding you tight and saying
Kira I love you my sweet Angel of light.

Goodnight my only darling I love so very much,
I'll be holding you and gently, softly talking,
saying I love you deeply and will always be there
while I rub your aching back to feel better
and stroke your beautiful hair.
I'll never leave you all alone abandoned in the cold I swear
because I love you so much and seeing you hurt
kills a part of me each time.
You're so precious to me my darling dear.

Tonight my sweet lady in the majestic land of dreams
let us visit our ideal place for our future home,
where we would like it to be in the country or other.
A beautiful house for our ideal family
or just a cozy little cottage for you and me.
Find solace there tonight in the land of dreams
holding each other and kissing basking in the glow of true love.

Goodnight Kira Petranovich my only darling
and may you always be filled with the peace of
all the loving warmth and strength I am sending.
I'm with you always so feel not a worry
my hand in yours and arms wrapped around giving a tight squeeze
I love you sweet lady and I can't wait to be with you
so I can share my whole life with you both this one and the next
sleep well my sweet dear beautiful Kira and dream
of me smiling looking at you with pure love feeling
comfort knowing you'll never be left unloved and alone.

Michael P. McParland

Night Note 79

Sweet sweet Kira my only darling
I hope you feel all the love
that I am sending,
I long and ache so very much for
you to be here within my arms,
you're all I really want and need.
I so want to feel you close to me
but I'm sending millions of
hugs and kisses your way dear so
make sure you catch every one so you can get
the peace and warmth that they hold.
As always I'm right there
with you so feel my hand in yours
giving you a tight squeeze to
remind you you're not alone,
I so hope here soon to have a dream of you,
with many kisses and snuggling,
just spending time with my beloved.

I'll be with you the entire night
and lest I not make it to our goodnight
I'll give you a great big kiss right now
but will strive to make it my sweet one,
I'll always give my best for you.
I love you Kira you are my girl
and I'm sending you all my loving warmth,
see and feel my smile always and
remember all the comfort
it holds within,
it holds all the love I feel for you
and in my view nothing in heaven
or this earth can ever surpass
my Angel Queen only one.

Michael P. McParland

Come Lay With Me

Still in bed trying to rest sweet one
and I want you here to lay with me,
I just want to hold you and be in peace,
be with the perfect woman I love so much.
Come so soon and lay with me sweet lady
I love you so very much
and need you more than anyone can ever know.

I will try to be awake for our goodnight
and I apologize if I am not,
I'm so exhausted if sleep finally hits me
I'll be knocked out throughout the night.
I'll do my best though for you my dear
because you are my everything,
come let me hold you and lay with me.

Come lay with me sweet one I want
and need to hold you close to me,
sharing kisses and telling you how I feel,
I need to feel you next to me and
be in total comforts peace.
I love you Kira and you are my one
I send you this very big and deep
passionate kiss.
Now in spirit lay with me and hold me tight and close
I want to be with my Angel forevermore.

Michael P. McParland

This Kiss 2

I send to you
this kiss from my heart to you,
may it it give you peace of the soul,
fill you with strength my only one.
Give you warmth all around.
So from me to you in pure loves tune
I send you from my heart this great big kiss.

Michael P. McParland

My Sweet Darling 2

My sweet darling I truly miss you so,
I would give anything to hold you now.
To look into those Angelic eyes and
softly caress your cheek and say
I love you my sweet darling and lady fair
life without you hurts and I want you here
then just lean in and give you a deep passionate kiss,
one to last the ages my sweet Angel dove.

Oh sweet darling my heart is yours forevermore
and I know you'll treat it with tender care
because your love for me is just as big as mine for you.
my sweet sweet darling from above every part
of me truly aches for you.
I want to have you near to me because
I love you so very deep with immense intensity.

My sweet darling feel the hugs and kisses I send to you
I wish you were here so I could deliver them in person,
I know I could not let you go and I would
just kiss you over and over saing thank you dear
you've done for me more than you can ever know.
I need your hugs and kisses very much so,
I just want my sweet darlings touch to make it through everyday.

My sweet sweet darling I truly love you so
and my heart and soul are calling you,
they just want to share with you all my love
and to tell you that you are beautiful.
You are so wonderful my best friend and Angel
I love you Kira please come be with me
and we'll be married.

Michael P. McParland

Love Note 174

I love you my darling
apple of my love struk
eyes, heart, and soul,
I can't get enough of you
and I so badly want you here.
You are so truly beautiful
and you light up my world,
I hope you'll soon be here so
I can just hold you
and sit peacefully in quiet
as our hearts and souls
touch and speak,
sweet lady you are my everything
and I love you so deeply
I long to be with you for eternity.

Michael P. McParland

Come Rest 9

Come and let's take a Sunday afternoon
nap sweet lady of my heart and soul,
spend this quiet afternoon cuddling
and resting just us two.
I'm exceptionally tired from
hardly sleeping last night,
come rest your head on my chest
and we'll sleep for a bit.
I love you so very much and
want to be surrounded in your
comforting peace,
so come my sweet lady and
let's snuggle and rest here
on this quiet Sunday noon
because I truly love you sweet lady
and want to just lie here
feeling you in my arms
my precious Angel so great.

Michael P. McParland

You're So Beautiful 7

If I were asked to define beautiful
sweet love I would say to look at you,
from inside out all I see is a beautiful
woman I so truly deeply love.
You are so beautiful sweet one and
you are an Angel in my eyes.

You truly take my breath away
because when you smile your eyes light up
and I feel overwhelmed with the true beauty I see,
as I've said before I'm so glad you don't
hide and ruin your natural beauty with
makeup and such useless fake things.
Your beauty is so natural that stuff would take away.
You're so beautiful my love and I'm
in awe of you all the way.

Kira I just see beauty when I look at you
because I feel it from the inside of you as well,
a kind and precious heart possessed by very few,
so tender and loving I just want to be with you
because you are an Angel before me and I so adore thee
You truly are a beauty Kira and I love you so.

Michael P. McParland

Beautiful Days Spent With You

I dream of and look forward too
the beautiful days ahead I'll spend with you.
Even now in my mind I see you sitting
on the couch as I enter the room to sit with you.
I can't tell you just how fast my heart
speeds up and the joy that fills my cup
because you are so beautiful and I can see you there.

I smile when I think of you and the days that will come soon
because I'll be in my ladies arms and feel safe and calm,
I won't be able to let you go or stop caressing
your cheek gently and slightly push back your hair
so I can see your beautiful face in full
giving kisses on you cheeks, your forehead,
and your luscious lips over and over again.
I dream of these beautiful days I'll spend with you.

There will be many days spent with many different emotional pulls,
as all couples do we'll sometimes be mad but I
know we've learned what not to do and how to handle it too,
and even on those days I'll be so grateful and happy
because no matter how I feel I'll be with you
and I love you so very much I can never stay mad at you,
because you are my lady and I treasure you,
I won't make the same mistakes I promise you because
they've made us both cry rivers and it is torture of the soul.
I dream of all the days I'll spend with you,
they'll all be beautiful because I'll be with you.

The days spent with you will be the brightest of my life,
my heart sings with joy just knowing that you love me too
and want to share your heart and life,
it makes me so happy I could cry, I can't wait for the days ahead.
I love you Kira and I know that what we hold
is pure solid gold and I can't wait to
spend such beautiful endless days with you.

Michael P. McParland

I See And Feel

I close my eyes and feel the light
of the sun warm me as I see
and feel you smiling upon me sweet one,
even across the distance I can
feel all the abundant love you hold
as your heart and soul reach out to touch me.
I can see and feel your beautiful smile
and I recall the gorgeous looks of love you always gave.

I can feel all the loving warmth
and care you're sending me
and it fills me up with joy and comforting peace.
I'm smiling so big and filled with light.
Do you feel the smile you're giving me today?
You make me so very happy sweet lady of my dreams.

I see your smile and eyes as you look to me
so filled with love I'm overwhelmed,
you fill me with the greatest joy I have ever felt.
To know my Angel loves me so is a miracle in itself,
I will thank you for all you do through this life and the next.
You warm my souland fill my heart with cheer so bright
I love you darling you will forever be my Angel Queen
so truly beautiful and great within my eyes.

Michael P. McParland

Love Note 173

Good morning sweet love
on the later side,
another few hours of rest
and I wanted to tell
you that you are
the very best
and truly amazing,
with a tight squeeze
and a big kiss
I am right there with
you my sweet Queen and Angel
and I love you so much.

Michael P. McParland

Snuggle 16

Come take my hand sweet lady love
and snuggle with me as I still
try to get some rest here this morning,
let me pull you in tight to say I love you
and the give you some kisses as we close our eyes for awhile
just snuggling like the two true lovers that we are,
content and smiling knowing all is right.

Come hold me close under the covers as
we cuddlew and nuzzle just feeling safe
with one another and at peace,
come snuggle dear while I rest for
a couple hours at least.
Being in your arms would be pure
comforting relief forgetting
all stresses and fears while I'm with you there.

To snuggle with you this early Sunday morning would be grand
to not only get some rest but to be with my lady
whom I love, need, and want so very much,
a peaceful way to start a beautiful day,
come snuggle, cuddle, and nuzzle with me sweet one.
I love you deeply and those days will come
I just wish we could snuggle right here now.

Michael P. McParland

I Can't Imagine

I can't imagine there being a greater love than you,
someone who could understand me as well as you,
there isn't someone who has such patience and love
to truly try to get to know what I feel and am down to my core.
I can't imagine or believe that for me
there's a better woman to share my life and give my all.

I can't imagine a more beautiful woman in full truth
because you are who I dream of all the time,
I can't imagine another person so kind and loving
I could ever spend my life,
I only know one other person so kind and loving
and that would be my precious mother,
I truly treasure you just as much my sweet Angel.

I truly can't imagine giving up all my secrets
breaking down my walls of protection for anyone else but you,
I could never let another see behind those defenses
because I only trust you to see and carefully handle.
I can't imagine nor could I ever let another in
like I have and will let you.

My sweet darling I can't imagine my life without
my Queen Angel who gives me such bright hope
and lights my path for the glowing future that I want,
you are the love I've always craved because what
you hold inside is pure and true and you're so brave.
I can't imagine nor do I want to the hell that life
would be if I totally lost you.
I love you deeply and I hope you will forever know
that I want to be with you forever and I can
imagine the paradise and happiness with you forevermore in my life.

Michael P. McParland

Morning Note 60

Good morning my beautiful darling
as the sun rises on a brand new day
and to give it a fresh start
I send you this great big hug and kiss,
the perfect way to tell
my lady to have a great day.

I pray you slept well and
feel refreshed and rested,
I want you to have the
best of days.
I got only very little
and I tossed and turned mostly,
I'll catch cat naps here and there
though as the day progresses.

I and my thoughts and heart
will be with you throughout the day,
feel all the loving warmth I send
seeing my loving looks
and the great big smile you
always brought to me my Angel.
I truly do miss you so very much
and long for our day to be here soon
when I can just hold you and
tell you how thankful I am for you,
because you are a blessing
and that is true.
So feel me there beside you
as I hold your hand
feeling all the loving peace I hold,
you will be forever the
only woman I'll ever love
and of you I'll never get enough.

Michael P. McParland

Quick Kisses

Lying here in bed on the edge of sleep,
I send to you these quick kisses
to help calm us down in full and
fall asleep with peaceful smiles
feeling happy as we share these
soul filled quick kisses,
I love you dear and there will be
forever an infite amount of those,
so before we fall asleep in full
I'm sending you these deep peaceful
quick kisses with a great big smile.

Michael P. McParland

Goodnight Kiss 12

Oh my sweet love now as I
finally shut my eyes to try and sleep
I send to you this enormous goodnight kiss,
filled with deep passion and immense true love
let it fill you with peace and warmth,
with a big hug too squeezing you next to me
I say I love you Kira you're the greatest
woman on earth to me.
Then to seal the night in full and
reassure you of my abundant love I give
you a deep slow passionate kiss that says
I love you so very much sweet one
and I'm yours and yours alone forevermore.

Michael P. McParland

Goodnight My Angel Of Light

Goodnight my sweet dear Angel of light,
feel my heart as it beats for you each day and night,
with a giant hug and kiss let's slip
beneath the sheets and covers and just snuggle through the night.
Holding you would be the perfect way to fall asleep.

In spirit I'll be holding you hand in hand
and giving kisses too,
I'm sending all my love and warmth to
give you peace and all my strength.
May your precious heart be filled with boundless joy,
quietly listen for my voice telling you it's all alright
for I'm right there with you and I always will,
I love you sweet lady you're my Queen so true.

Tonight within the land of dreams let's walk among the clouds,
a celestial heaven scene so peaceful and serene,
an early look at the future right ahead for us
after a lifetime spent soon together here on earth
and then our eternal home set on high a gift from God
for staying true and fighting side by side to make it through.
I'll be holding you there tonight as we dream a future land.

Goodnight my sweet dear Angel of pure and wholesome light,
I long for you so very much and all the love you send to me,
it helps give me so much strength
to continue and fight on through because I know
we'll find a way to make all our precious dreams come true,
we just need to hold the faith as we are truly doing,
so feel my love as it surrounds you now and sleep well my only one.
Goodnight my beautiful Angel you are so very special
and with this kiss I once again say sleep well
and I'll see you in our dreams my precious Queen.

Michael P. McParland

Beautiful One 2

Beautiful one you truly move my heart and soul,
when I see your picture I truly feel
the earth move beneath me because
from your beauty all around I am so moved,
your eyes, your smile, a beautiful body,
just a beautiful face of a beautiful woman in every way,
gorgeous in my eyes I shake with the power
of what I see, beautiful one you just take me away.

Your heart mind and soul are breath taking
and throughly moving in the way you
love and care about me showing it everyday.
I try so hard to give you the same
and pray that I have suceeded in many ways.
Beautiful one I am always amazed by you
all the time in different ways,
you are such a blessing to me.

I love you so very much my beautiful one
and will always do my best to make sure it shows
so you will know I care and you are so beautiful,
you truly are one of Gods most beloved
and a true gift being one of his greatest works of art.
Beautiful one I just can't get enough of you
and hope so very soon to have you in my arms
because I love you in the deepest way
and I need to look you in the eyes and tell you
that you are my everything and ask for you to be my wife.

Michael P. McParland

I Feel You

As I was resting I could feel your arms
around me and you smiling squeezing me tight
and it felt so very good warming my soul and heart.
Your love is so strong and abundant
it can overwhelm and in the best way possible.
I could feel your arms and smile.
I love you sweet lady you truly are spectacular.

I can feel you here with me hand in hand
all the loving care and warmth you hold,
I can also smell your hair and feel
you lying here right next to me.
Darling you truly are an amazing blessing
and I'm so thankful for you endlessly.

I feel and know within my heart that in spirit
we knew each other long before we came to earth,
we clicked so very fast and I can count on
one hand alone how often I've encountered that,
sweet darling I was in love with you before I even realized it.
I could feel from then you were the woman
I would always want and need.

So to this day I feel our bond so strong
and your beautiful spirit next to me,
I feel a love so immense and deep, truly profound.
I can feel your hand in mine you're here with me,
I love you deeply and I feel your love in full as well,
Oh my sweet darling I'll feel this way forever
and I want to spend forever by your precious side.

Michael P. McParland

Hugs And Kisses 2

Here on this early spring evening as I am
about to close my eyes and rest for a while.
I pull you in sweet lady for a great big hug and kiss,
a tight squeeze and deep passionate kiss
to warm our hearts and souls and let
you know just how beautiful you are.
Kira you are beautiful in every way there is.

I could just give you hugs and kisses all the time around
but especially now as I get ready to lie down
for an early evening post dinner rest,
a great big comforting hug and kisses
for my dear Angel I really miss,
soon though I know I'll feel your arms and lips.

So many hugs and kisses babe I'm truly sending your way
to fill you up with all my loving warmth
so feel my arms around you as I pull you in,
with a deep and loving kiss I'll then pull back
and look into those God blessed Angelic eyes and say
I love you sweet sweet Kira and I will forever be by your side
I want to spend eternity with you I can think of nothing better.

Michael P. McParland

Love Note 172

Sweet lady how
truly beautiful you are to me,
so magnificent and truly
wonderful in every way
in my admiring eyes,
you mean everything to me
and you're the only one I'll ever want,
hand in hand by your side
through all eternity as we
get lost into each other
smiling, talking, laughing,
and cuddling all the while.
Sweet sweet lady of mine
I love you so very much
and you're the greatest of all time.

Michael P. McParland

Every Night

Sweet love I wish for the rest of my life
to spend every night in bed with you,
not even sex but to just hold you tight
feeling you right next to me,
to hold on and never let go of the woman I love.

Perhaps it suprises you perhaps it does not
but I've never been loved like that,
never been held by a lover or deeply kissed in passions light,
I've never had the touch of a deep love,
and every night through all time I long and desire
to feel your touch as I just say I love you sweet lady
and thank you for being here and loving me,
it means so very much.

You can't know how badly my soul needs to
feel you in my arms and recieve that soothing touch,
to just have contact and most importantly with you,
I've gone so long without being touched in any way
that my soul aches and feels so sad
and I want and need every night to just lie in bed
holding you and kissing while smiling and looking into your eyes.

Sweet sweet lady love of mine I just want to
fall asleep in your arms as we quietly talk
about anything and everything under the sun,
to finally share my life and have it be with my only one.
I love you sweet Kira and every night I want to be with you in bed,
not just sex even but to just have you there
in my arms knowing you love me and you care.

ILYF KP

Michael P. McParland

I Need You Sweet One

I need you sweet one so very much,
my heart aches and longs to feel your soft touch,
to press my lips to yours and feel
the electric kiss we've waited so long for.
To just look into your eyes and caress
your soft precious cheek.
I need you sweet one more than you think.

I need you sweet one just to share my life,
to be with you the most beautiful woman on earth
sharing lifes experiences and intelligent conversation too.
You help expand my mind with great thought
and experiences I'd never have without you.
I need you sweet one all because you are you.

I need you sweet one because you make me feel
needed, wanted, special and like a good man who's treasured,
I need you sweet one because I have a lot
of love to give and it's with you I want to share.
You are my Queen and Angel a diamond in the rough
so very rare and someone I cherish and treasure.
I need you sweet one because I truly love you.

I need you sweet one because you're my best friend and hero,
you're everything I've ever wanted and I want to be with you forever,
you are all I'll ever truly need for eternity,
I need you my sweet Kira because your soul and heart are beautiful,
I love you more than anything and that is why I need you.

Michael P. McParland

Love Note 171

Sweet lady of my heart
and all my hopes and dreams
I want you to know
you truly are so very special to me.
A beautiful woman
with a big kind gentle heart,
a tender soul that needs
a lot of love just like mine as well,
you truly are the greatest
woman of them all.

Sweet Angel remember I'm
always with you there,
feel my arms wrapped tightly
around you now.
I love you darling dear and
please feel peace within your heart,
and feel this giant kiss
of love I send to you right now.

Michael P. McParland

Beautiful Spring Day

Just returning from my shopping chores
and what a beautiful Minnesota spring day it is,
I know the sun is shing because you're smiling
and sent it this way bearing all your love and joy,
what a beautiful spring day my dear and the
only thing that could make it better is you here to share.

Sweet love the thought of you and the peace you sent
helped keep my nerves at bay in the store today
so I felt not a bit of anxiety or panic in any way.
You helped keep me calm and enjoy this beautiful day,
I'm about to go grab lunch at SubWay and wish
you were here so I could buy you lunch
and then come home to watch some films and talk.

Such a beautiful Minnesota spring day and it makes
me think of your glowing smiling face,
the joys it brings makes me tingle in just regular pure joy,
how I love you deeply sweet lady of all my hopes and dreams.
Soon I know you will be here to enjoy these days
with me my sweet true Angel and only one,
they will be so filled with love and spiritual ecstacy
just thinking of them makes me glow.
I love you sweet lady and dream you are with me on this beautiful day.

Michael P. McParland

Love Note 170

Good midmorning sweet love
and I hope so far your day
has been warm and beautiful
just like you my gorgeous lady
so shining and bright.
I'm out the door in 5 minutes
to get done with my chores,
I'll be thinking of you
the whole time wishing you were there
hand in hand just passing the
time shopping and picking
up my prescriptions.
I can't wait to have those times,
I'll write you when I return.
I love you so much my sweet one
and can't wait to have you
in my arms forevermore.

Michael P. McParland

Untouchable

Your beauty is so supreme and solid
it's untouchable sweet dear noone else can come near,
heart, mind, body and soul top to bottom
your untouchable and perfect to me.
A dream come true in a world so often blue.

The way you love this man is so untouchable
noone else could ever hope to take and hold this heart,
sweet Kira it's all yours and yours alone,
the beauty of the bond we share is so strong
it's untouchable and can't be broken by another soul.

Oh sweet one my love for you is untouchable it is true,
your heart and spirit speak to me and touch me through,
no way could another shine forth as bright as you.
You truly are untouchable and my sole love.
What more could I ever ask for than my Kira so untouchable?

Sweet sweet darling one out love is untouchable in every way,
it's been tested and has lasted because our hearts
feel as one and share a deep connection,
no matter what our true love can't be effected it's untouchable.
I love you so very deep just as yoi do me and the
road of happiness before us I see will remain untouched you see.

Michael P. McParland

Morning Note 59

Good morning sweet sweet
lady of mine,
I hope so very much that
you slept well and feel refreshed,
I hope your dreams were
beautiful and everything
you would hope for and want.
I pray your morning so
far is shiny and bright
filling with all the
loving warmth I'm sending
your way sweet one.

I'll be out the door soon
to finally finish all the
errands that are left
and I'll let you know when
I'll be doing those things,
I'll have time to write you at
least one poem before I go.
Do remember I'm by your side
all day everyday the whole way through,
you're my lady and
I've got your hand giving
my infinite support to you,
with a tight squeeze to remind
you you're never alone my darling one.

I love you immensely sweet one
and you are one of the greatest
reasons I rise in the morning
finally now feeling lighter
and hopeful.
I love you so very much Kira
I know our dreams will come true,
feel my hand in yours and
my arms wrapped so tightly around.

Michael P. McParland

Smiling Tonight

Lying here smiling still trying to sleep,
a busy morning ahead to finish my errands
and shopping so in the afternoon I can relax,
but I don't mind that I haven't yet slept
because I'm smiling thinking of you
and feeling your deep calming love.
It makes the night good no matter what.

Still lying here not fully awake yet
not quite near sleep and that is okay,
my heart is singing and going out to you smiling
saying Kira I love you and you are amazing.
I wish you could be with me to do
my errands in the morning then spend a lazy
Saturday afternoon together lounging.
I am here in bed smiling thinking of my only lady.

I can feel all your love and I know you feel mine too,
I can feel you are smiling as I am over you,
I love you sweet darling I'm holding you too.
You are my Angel ang greatest delight,
oh my sweet Kira I'm lying in bed smiling over you my only one
and best friend with a bond that will never end.

Michael P. McParland

Goodnight My Sweet Darling Kira 4

Goodnight my beautiful sweet darling Kira
I love and miss you so very much,
let's end this day holding each other in bed
sharing the most loving kisses and looks,
I'll caress your cheek and brush back your hair
while I gaze into your beautiful eyes
and say Kira my Queen I love you so dear.

Feel me wrap my arms around you in spirit
as I'll be holding you through the entire night,
together let's say a prayer that soon all
obstacles will clear and we'll come together alright.
Feel my kisses and love surrounding you now
as I send you all of my calming warmth,
listen for my voice as I tell you everything is alright
and you're not alone because I'm with you forever.

Tonight I'll be holding you within the land of dreams,
sitting among the moon and the stars smiling
getting lost in the light show of love
that is both them and us and bask in each others warmth.
In the land of dreams with our biggest fans the stars and the moon,
in reality one day my sweet love I know it will come true.

Goodnight my sweet beautiful darling Kira
and may you feel calming peace through the night,
I've prayed once again to God that he will sit with you
filling you with both his and my loving strength.
Know that I'm with you always every step of the way,
you are my lady and Angel my true and only best friend.
I love you sweet Kira you are beautiful to no end.

Michael P. McParland

Beautiful One

Beautiful one you are all my only dreams,
I want to be with you each night and everyday.
As I prepare to turn in for this night of sleep
first I'll prepare for you my goodnights
and dream you're here with me.

Beautiful one I wish that you were here,
to hold so close through the night
while I softly talk and stroke your hair.
I wish that you were here with me because
I love you deeply my sweet beautiful one.

Michael P. McParland

Sit With Me

Come sweet lady and sit with me this night,
just hold my hand and spend some time with me
while I eat and watch one of my favorite shows Red Dwarf.
I would give anything to have you here to spend
the night just holding hands and each other
as we sit and watch TV enjoying our company.
Please sweet love of mine come sit with me tonight.

Come sit with me and share the night I want and
need your arms wrapped tight around me tonight,
just a very tired one from things being on the mind,
also being up all last night getting some junk done.
Please come sit with me and have some laughs
you are my only one.

Come sit with me and share some kisses and smile all the while,
I just want to sit with you holding hands feeling love.
You are the Angel who lights up my whole life,
I want you to come sit with me sweet Kira dear
because I truly love you so.

Michael P. McParland

Snuggle 15

Come and snuggle with me sweet one,
I've just arisen from that long sleep
but will probably soon lie back down.
I just want to lie here with my sweet lady in my arms.
I love you deeply darling and I hope that it shows
that every single day I'm doing my best for you.

Come snuggle with me my sweet and only one,
I just want to spend this chilly night in my ladys arms.
You are my Angel and my everything,
Kira you are amazing please come snuggle with me.

Michael P. McParland

Come Hold Me Tight 4

Come hold me tight sweet lady of light,
right now I need you so much to just
hold me close and give me strength and peace.
Please come hold me close and stroke my head and face,
I need you badly sweet lady I love you so much
and ask you to please come hold me ever so close.

Michael P. McParland

Love Note 169

Hello my sweet lady
my mind and body
are finally crashing
and I've been sleeping a bit
and will continue to for awhile.
I'll be dreaming of you
while I sleep my sweet one
and I wish you were here to hold
as I for awhile drift off.
I miss you so much and want you to know
you are my everything sweet darling
and I so badly want and miss you.

ILYF KP.

Michael P. McParland

Sweet Tender Love

You are my sweet tender love who chases
all the gray and gloomy clouds away,
you are the one who brings light to my saddest days.
Your sweet tender love is everything I'll
ever need and want and it's the greatest thing.
You my sweet tender love are the bringer
of all the finest things.

Sweet tender love I long to hold you
in my very arms for life each and every night and day,
you are the one I want to snuggle with
and always feel close to and keep warm.
My sweet tender love you are my dove and
the shining of the sun after the rain is gone.
Sweet tender love I want to be your forever man.

Sweet tender love you are the one I'll
fight for every day and night as long as I exist,
you are the one I want to be by my side for eternity as my bride.
Sweet tender love you truly are the greatest.
I want you to help chase away my gray skies forever and a day.

Michael P. McParland

Chilly Outside

It's chilly outside again today
and I wish I could spend it inside with you,
just holding each other under some covers.
Holding hands, talking and laughing,
listening to music while doing some napping.
It's chilly outside and the perfect day
to stay inside with your love
and I wish you were here to cuddle under the covers.

It's chilly outside again today
and I wish you were here to just hold and keep warm,
feeling the peace surrounded by our love
holding hands and just resting as you
lay your head calmly upon my rising chest.
Just a chilly day that would be perfect
to spend inside wrapped up in the arms of my true love.

It's chilly outside and I just want to wrap up with you,
feeling so cozy and warm knowing everything
around us is perfectly alright and fine
because we are together wrapped up from the cold
no longer apart from each other and alone.
I love you deeply my only one.

Michael P. McParland

Love Note 168

Good afternoon my sweet darling
I hope your day has been great
and you've felt my love radiate.
I hardly rested just light
tossing and turning.
I feel quite tired but wired
from many things on my mind.

I've been sending you all of
my caring and loving warmth,
holding your hand giving
sweet kisses as I always stand by your side,
I hope you have felt the peace
from my heart,
in spirit I have been
squeezeing you tight.
I love you so much my sweet
Angel of pure light.
Hold tight to the faith
and all the love I feel
and am sending,
you are my everything
my only darling.

Have a wonderful noon
sweet lady of mine
a few more chores to do
then a poem I will write
just for you.
I'll be composing it
word for word in my mind
as I go about the few simple
tasks that are mine,
your glowing memory always
makes them fly by.
I love you incredibly
and long for you deeply
so please my sweet lady
for the time being

reach out your hand and
take firm hold of mine.
A needed boost for your man
to get through this day at hand.

ILYF and ever KP

Michael P. McParland

Come Rest 8

Come now dear and let's get some rest,
I've been up a good long while and
I dearly need some sleep.
My heart aches and calls for you my dear
please come lay with me.
We'll snuggle and nuzzle for a few hours
here on this days morning.

Come rest with me I'm very tired
and your comfort is what the doctor ordered.
I long to hold you close and kiss you in true love
and tell you I love you Kira and want you near.
You're my only one and my precious dear.

Michael P. McParland

The Greatest Gift

The greatest gift I have recieved
is your love in all its kind and giving glow,
it's the greatest gift because it
is unconditional and always there.
Your love is the greatest gift because
it is from you my sweet Queen.

Your loving care is the greatest
gift that I have ever had because
you truly are the most beautiful woman in and out,
kind and loving with a charitable heart.
You give of yourself even knowing
some of those people won't give back.
Your kind loving heart is a gift
worth more than all the riches on this earth.

The greatest gift I have recieved is your true love
and how it makes me feel so good and worthwhile,
you make me feel like a good man and I'm so grateful.
I thank you deeply for all you do
and all the love you share and give.
The greatest gift I have recieved is your love and you.

The gift I hope and pray for though truly is
the greatest gift I could ever dream by far,
to spend my life with you in blessed union
spending eternity with you beside me through,
the greatest gift and blessing I could hope for my only one.
I love you deeply and you being in my life has been a gift,
I hope you'll honor me with the greatest one
a man could ever hope for and truly want.

Michael P. McParland

I Can Feel You

I can feel you so close and my heart melts
in pure love for the Angel of light so pure in love,
my hand in yours, our hearts touching in tune,
our souls singing the most beautiful songs.
You are the greatest my only one,
you give me such hope and fill me with light,
I feel your love my sweet one and I feel
so truly happy and light feeling the kisses you send.
You are my everything, sweet hopes, and sweet dreams,
I can feel you close my dear darling and your love is suprememe.

Michael P. McParland

Dreaming Of You 4

Dreaming of you and all the beautiful things we could do,
I got paid today and I could take you out to the movies,
any one for it is your pick, sitting in the back
holding each other sneaking little kisses so quick.
An afternoon spent getting lunch and laughing.
I'm dreaming of you and all we could do.

Dreaming of how we could just lie in bed passing the day
in each others arms just talking, reading, or listening to music,
shutting the world out just for a day of our lesuire.
Dreaming of sitting here holding you smiling
holding hands feeling no stress of the world above our heads.
Just sitting here enjoying each other and the love that we
hold and truly feel between us.

I'm dreaming of you and the future we'll have as we
stand side by side with each other every step of the way
each and every day for we are true lovers
with a bond not to be broken,
perseverance and dedication have
gotten us through and will continue to.
Sitting here dreaming and longing for my special woman.

Dreaming of you and how beautiful you truly are,
how I long to look in your eyes and see your beaming smile
while I say I love you sweet lady and wish to be with you forever.
You are my Angel and you hold my heart sweet woman,
I dream of you always because you are so special
your heart and soul touch mine and that is amazing,
there are too many feelings for me to explain
just know I love you and dream of you each day.

Michael P. McParland

Morning Note 58

Good morning sweet love
I hope you slept well and felt
sweet peace in your heart
from the prayers I said and
all the loving warmth that I sent.
I hope you felt my arms around you
and in your dreams saw my
looks of love and me smiling.
I've been up all night
thinking about you and I hope
you felt the comfort of my heart
as it called out to you in
its sweet peaceful care.
I love you so very much my only one.

Have the most bright and beautiful
of days as I've told the sun
to shine upon you delievering
my sweet messages of love,
close your eyes and be warmed by
the immense caring tenderness it holds,
reach out and take ahold of
my hand as I'm right by you
all of the time,
step for step everywhere
no matter where because you
are my Angel and I strive to be yours.
I'm watching out for you sweet lady
of mine you're never alone.

I'll be thinking of you the entire day,
my heart calling out making sure you're okay.
I love you so much and my heart
has a lot it desires to share
but I don't want to push you
and I will wait till you're here.
Please just never forget I'm here
if you need me,
at a drop of a hat I'll

be there ready to help in a jiffy,
and remember when you are ready
with open arms and an open
heart here I'll be ready,
I'm never leaving sweet lady
because our bond is solid and never breaking.
I know you love me just as much
as I do you I can feel it,
you are my best friend and soul mate
and I know our love will last
through the ages.

Michael P. McParland

Sweet Shining Star

I love you sweet darling
you are my shining star,
you give me warmth
you give me light.
I love you sweet lady
and I wish you were here tonight.

Michael P. McParland

Longing 4

Lying here in bed longing to feel your touch,
just feel your hand in mine as we softly kiss.
Caressing your cheek as I look at you and say
I've longed for this so very long,
to have you next to me kissing and revealing
my whole soul and being to the only woman I truly love.
I long so much to have you here and have you next to me.

My soul and body ache in longing need to have
you here next to me just snuggling in pure love
with my sweet Angel dove.
I look to you picture and say sweet one
I hope that you will be coming soon.
I just long so much to have my arms around the greatest woman,
and feel the loving warmth within her arms.

Lying here in bed I dream and long to have you here with me,
to feel your touch as we lightly kiss and look
into each others eyes saying I love you babe and have missed you so,
I long so very bad to have my one within my arms to
say I've waited for this day my Angel Queen.
I love you deeply and I love you so,
I am yours sweet love forevermore.

Michael P. McParland

A Prayer For My Love 2

Dear God I come before you
to ask these things for my love
and I for better understanding
and knowlendge of the heart,
to comfort her on so much and give her peace.
Dear God please hear me and grant these things.

Dear God please be with her tonight and always
filling her with peace knowing she is beautiful,
that she is loved and never alone.
Help her to know I am here for her always
and by more than she knows she is so deeply loved.
Help her to be comforted with love and strength
knowing she's being watched over by those
who will protect her with their everything.

Dear God I ask thee so strongly to help her
know just how deeply I love her and care for her
that I would be willing to give my life in total.
Help her to know that I would never hurt her
and that I will give her my all and keep her safe forever.
Dear God please help her feel what I hold in my heart
so she can know how truly deeply I love her,
help her to know that she is a blessing and gift in my life,
and that I truly treasure and adore her.

Dear God please truly help her to realise her worth
and know she is the most beautiful woman,
help her to get better and heal
from what other people have done to her accepting
the loving words and help from those who see the worth
of a wonderful woman who deserves so much better.
God please help soften her heart to be able
to let in those who truly love her and won't hurt her.

Please dear God lift the pains from her body,
it breaks my heart to see her stricken with malady.
She deserves so much better though I know she is strong
and that's why you so mightly test her.

I beg you though to not make her suffer
and to let me carry these agonizing burrdens.
Dear God please make her not suffer.

Finally dear God I ask on this night for you
to sit with her stroking her hair in great comfort,
help her to know and feel the abundant love we both feel,
help her to know I'm always here and that I
wish to be her man and husband through eternities years,
that my love is pure truth and deeper than anything.
Help her heart to be calmed in full peace and no tears.
Please my dear God help her to always be happy
and know she is truly beautiful and deeply loved.
Dear God please help her to know she is my hero and best friend.

Michael P. McParland

Look To The Stars

Look to the stars my beautiful one
and see my smile as I send down kisses to you,
feel the peace and comforting strength
as I watch over you making sure you
feel my love and feel safe all through the night.
I love you so much my sweet Angel dove.
You mean everything to me and are the greatest my one.

Look to the stars and see my shining looks of love
my sweet Angel of love and Angel of light,
I'm watching over you and sending down
all of my loving warmth to my Queen so bold and bright,
feel my sheer admiration and call of my heart
as it tells you Kira I love you and want you in my life,
feel me smiling the entire while.

Loom to the star my sweet Kira so beautiful and kind,
know that my love for you is so bright and true,
you are my lady and the one I love true,
you are my everything and I desire to spend eternity with you.
I love you so much and my heart is all yours,
look to the stars my sweet darling for within them
the future is ours.

Michael P. McParland

Goodnight My Sweet Darling Kira 3

Goodnight my sweet darling Kira let us
end this day with a massive hug and deep passionate kiss,
then slide into bed and just snuggle with each other
as we quietly talk and reassure each other of our undying love.
We both know it's there but it's always warm and comforting
to often hear your love say I love you so much
and you're truly special to me.
My sweet darling Kira you are amazing and special, my everything.

I'll be with you the whole night feel me wrap my arms around you
as I tightly hold your soft hand kissing you gently
and in your ear whispering I so deeply love and care about you,
you're all I want in this life and I need you,
you are my Angel and I can't stand life without you.
Kira you are everything a man could ask for,
a blessing from God my sweet darling of the moon and stars.

Tonight my sweet darling I'll see you in the land of dreams
among the moon and the stars we'll go for a canoe ride
on a beautiful lake the in the middle stop wrapping up in a blankett
in each others arms getting lost in each others eyes,
being enchanted by the charms of the amazingly bright moon and starts.
Soon my sweet lover that reality will be ours.

Goodnight my sweet darling Kira come rest your head on my chest
while I wrap you up tightly within my welcoming arms,
feel all of my unconditional love surround you and comfort you now.
I love you so much my sweet lady you are my only one,
I want to spend every night in your arms and in bed.
You mean everything and my heart and soul are forever yours,
and eternity together is all of my greatest hopes and dreams.
Goodnight my sweet darlig Kira feel me with you always,
you are my Angel, my soulmate, my best friend and Queen.
I want to be with you forever through eternity.

Michael P. McParland

Great Big Kiss

A great big kiss to you sweet love
to fill you with all my deep peace and love,
to reassure you that I am always here.
I will forever be your man
and make sure you feel safe wrapped
up in my arms and wholesome loving warmth.
I love you so much my only one.

A great big kiss to you my sweet one,
I am always here for you my Angel true and only one.

Michael P. McParland

Sweet Lady 8

Sweet lady you truly are so kind and beautiful,
my heart skips and jumps every time I think of you,
you are a blessing and a miracle of the greatest kind.
God sent you as a gift to me to brighten up my life,
you are the most wonderful thing along with my family,
sweet lady you are the one I treasure and hope to be with forevermore.

Sweet lady you truly are so very beautiful it sometimes makes me cry,
to know I have the love of you makes me jump for joy,
it's humbling bliss to know my souls been kissed by you,
sweet lady so supreme I hope I'm always worthy of your love.
You are so speacial love I'll always give you my best and everything.

Sweet lady if you could only feel what's in my heart for but a second or two
you'd feel power that could move the earth in the awe inspired love I have for you.
You are magical and an Angel true, you are my Queen and true love
to me in so many ways a true earthly saint, sweet lady you give me
patience where so many I could name for you have given little or even none,
sweet lady you are my everything and only one, sweet lady you are my best friend
and we share a bond that for eternity with you I hope to carry on.

Michael P. McParland

Love Note 167

Hello my sweet love
I hope you are calmed by
the sweet warming love
I am sending,
I love and miss you so much
my sweet Angel of caring.
I'm about to go shopping
and wish you were here
to acompany me.
I feel so lonely without
my Queen so beautiful.
I'll write you when I
get back my sweet lady so wonderful
and feel me there with you
holding you close saying
oh my sweet Kira I so deeply love you.
You are my everything and amazing
I so deeply miss you and need you.
You are the woman I'd
give my whole life for.

I am with you always sweet lady
and feel my arms around you,
I love you so much and
I'm sending you millions of
hugs and kisses.

Michael P. McParland

Holding You Tight 4

Holding your hand while holding
you within my arms ever so tight
to fill you with the peace and comfort
off all the deep warming love that I hold,
as I calmingly tell you I'm right here
and I'm never leaving I'm all yours alone.
That I love you so much my sweet Angel
you are forever my only one.

Holding you so tight on this reassuring night,
calmingly telling you that I am so proud,
you have done so well and showed so much courage and love,
you are amazing to me my precious Kira.
So nuzzle in closer as I hold you so tight,
with a great big passionate kiss
Kira I love you so much.

Michael P. McParland

11 Months (I Miss You)

11 moths since that terrible fight that so hurt our hearts,
it's haunted my mind and soul everyday now for almost a year,
and I miss you so much I truly hope you know.
I hope you know how badly I hurt over the things
I said and did to hurt my only one.
I feel so empty inside and I ache without you
my sweet sweet Angel of all that is good and right.

It's been 11 months and I hurt missing you so much,
11 months and I'd give anything to take it all back,
the hurt words we both said and felt,
the anger that has left us with great need to heal.
A bad afternoon that tore two true lovers apart
and are traveling such a long way to get each other back.
It's been 11 months and I miss you sweet Angel,
I love you so very much.

11 months of longing and need to come back together and heal,
11 months and for not one day has it gotten easier for you or me.
11 months I want to forget by going back in time to late May
and rescuing us from the events that led to that day,
so our hearts would be whole and we'd still be as one with
no harms and no scars to feel such horrible pain.

11 months my sweet darling and I so badly miss you,
I'm so sorry for my part and the things I said that deeply cut you.
It's been 11 months and I know you also still love me
and I'm here and ready when you want to talk to me.
I love you sweet Kira and it's been a nightmare these 11 months past,
I love you sweet darling and I miss you so much.

Michael P. McParland

Love Note 166

I love you so much
sweet love and just want
to mak you happy and make you proud.
I just want to sit
side by side and hold your hand,
I don't mean to make you sad
I'm not upset with you
I just want to tell you how I feel,
that I miss you deeply
and just want to rest my head
on your lap while we softly
speak and you rub my face and head.
I just want to tell you
how I long to have you here,
I feel your love and makes me proud,
it fills me with joy unbound.
I just want to make you happy
my dear and tender only one.

I love you darling and
my heart forever calls for you,
I just want to share my
all and everything with only you.
I love you deeply my best friend
Kira please feel all the loving warmth I send.
I love you deeply and need you too.
Can you feel my heart as it
beats and calls for you?

ILYF and ever KP

Michael P. McParland

Evening Note 46

Hello my sweet darling
here in this early evening
I hope you are feeling all the
deep tender love I am sending,
I miss you so much and wish
I could hold you so tight
while I tell you,
my heart is hurting and
longing to be with you
squeezeing you tight while I stroke your hair.
Instead I'll be spending
the rest of the night here
in bed dreaming about and longing for you.

Remember sweet lady I'm
there with you always and love you
with every bit of my soul and being,
you truly do mean everything to me.
Feel my hand within your hand
as you go through your night knowing
how much you are cared for by your man.
I love you so much and I know you love me to.
I'm sending this deep passionate
kiss of love and need to you
Kira my sweet Angel Queen.

Michael P. McParland

A Long Rest

Come hold me ever so close and tight
my sweet sweet darling of light,
I need a long rest and a good cry.
Come hold me tight my sweet darling
I truly love you so very very much.
Come give me a kiss and hold me so tight
I'm shaking and need you right by me
during this cry and long rest.

Michael P. McParland

Warming Kisses

I pull you in for a tight hug my only one,
to make sure you know I'm so happy with all you do.
Then plant a kiss upon your head
and say I love you deeply dear,
then a kiss upon your cheeks
and say forevermore it's only you and me,
then a light kiss upon your neck
and say you are my Angel and the greatset,
then I kiss your hand and tell you
of my heart and soul you're the eternal holder.
Finally with the deepest and most passion filled
I kiss you on the lips sealing all the emotions
and caring love I know that we both feel.
Then I look at you and smile saying
I love you Kira and I want to be with you
through all eternity in celestial joy.

Michael P. McParland

Just To Know (I'm Proud Of You)

Just to know you love me so deeply
and care having your hand within mine
is such a beautiful wonderful thing.
I love you sweet darling and there
isn't anything you aren't doing.
I know you are by me as I can feel
your hand holding mine.
I feel your arms wrapped around me
so very lovingly and I can hear your sweet
voice saying I love you sweet man.
I worry that maybe I'm not doing enough,
I pray you don't think I'm upset
or demanding things I should not.
You are doing great my sweet lady and
I want you to know I am so happy and proud of you.
I just so long to have you here with me
to rest while you rub my face and head.
I just wish you could be here with me while
I rest my head in your lap while we talk
and you rub my head and my face.

Sweet lady you are doing so good so
please don't feel I'm upset in some foolish way,
I can feel you here with me I just wish
I could give you kisses right now,
I even shaved for you just a few hours ago.
I love you sweet lady please feel all of my warmth,
you are the greatest and I'd never give you up.

Michael P. McParland

By Your Side Forevermore

I am with you always right by your side,
hand in hand forever my only one.
Our bond is strong and durable,
having proven unbreakable through the toughest times,
I will remain by your side forevermore
through all time because you are my Angel bride.

I love you deeply with my entire heart, mind,
soul and being, you truly are my only one and everything.
You are the apple of my eye and Queen
I so wish through eternity to give my all.
I'll be by your side through all time
my sweet Angel dove.

I'll be by your side because I want you to know
you're not alone and you're so truly beautiful,
I want to help you see that you are truly great
and that those who have mistreated you are the pigs.
I want to give you all the best and show you
that you truly are so beautiful and the best to me.
I'll forever be by your side because I love you deeply my only one.

Hand in hand I'll be with you forevermore
because I love you so deeply I can't even tell you
I can only hope to ever show you how.
I want to spend my life with a brilliat woman
who has a heart and soul made of spiritual gold,
I want to be with someone who I know is pure at their core,
I'll be by your side because you need to stop being hurt
by those brutes who don't know your worth.
I'll be by your side hand in hand forevermore
because you're the woman I truly love.

Michael P. McParland

Holding You Tight 3

It's chilly outside and feel
a bit of a chill inside here
and I wish I were
holding you tight giving
you shelter withing my kind loving arms
basking in each others warmth
just lovingly contentedly
rocking back and forth.

It's a bit chilly unseasonably late,
inside a bit of a chill but
I think that's because I'm
here alone without my sweet lady so fair
I wish I were holding you tight right here.
With a giant deep passionate kiss
I'd gaze lovingly into your eyes
while we both smile and say
Kira I love you and want to stay
here forever with you as my bride
forever lovingly within my arms.

Michael P. McParland

Sweet Lady (I Need You)

Sweet lady come and hold me tight,
it's a day where I just need your light,
wrapped up in your precious loving arms
while I listen to your reassuring voice
telling me it's alright.
Comforting me in your peaceful Angelic love.

Sweet lady please come and hold me tight,
today I need your kind and loving arms
wrapped around me very tight,
your spirit touching mine giving peace and strength.
Sweet lady come and hold me and help
this tension and tiredness melt away.
Sweet lady I love you deeply and you're my only one,
you're the Angel I so badly long for.
You are my hero and best friend.

Michael P. McParland

A Kiss 2

A great big kiss to you as we start this day in full,
a great big kiss to you to give me the strength
to get started on these things we need to do.
A great big kiss to give each other that extra step
of pep and happiness as we get going on the chores
and work that need be done on this day.

A great big kiss to you my love so you'll feel
the loving warmth I hold for you and fill
your soul and heart with the extra love
I can feel you need on this day at hand.
We all have those days we need extra support
and I'm always here to give you that my only one.
I'm having that day too and we'll give
each other in our true love that helping hand.
So as we get this day together right on track
a great big kiss to you my Angel true.

Let me get a great big kiss from you to give
me the strength and drive to get done with my chores at hand,
still feeling tired and just need your loving
peace and strength to help get me through.
A great big kiss from you is the key to guide me
along giving strength and comfort in the greatest way.
From me to you and you to me a great big kiss to start the day,
I love you sweet one and you are truly great.
A great big kiss with you is how I want to start
and end everyday through eternities time.

Michael P. McParland

Morning Note 57

Good morning sweet love
I hope you slept well and
had the sweetest ever of dreams.
I hope we were together
living out all of our happiest dreams,
just holding each other
in sweet bliss forgetting the world.
That's my greatest dream both
asleep and awake.

Close your eyes my sweet lady
and let the sun shine upon you
as you are warmed by all
the loving warmth that I send you,
and see my loving looks and smile
as I take your hand and pull
you in tight for a loving hug
reassuring you I'm right
by your side the entire time through,
oh my sweet lady how I deeply love you.
Never forget the immense caring
I have for you and be filled with peace
knowing I'm watching out for my only one.

Have the most beautiful of days
and smile for me and light up the world,
that amazing shining smile shows
to me all the way here and gives
my day a needed bit of light and sunshine
you sweet lady are the Angel I've
waited for all this time and I want,
being with you will have made
the waiting worth it.
I love you so much and I want you to know
you are the greatest and most
beautiful woman I have ever known.

Michael P. McParland

Snuggle 14

Come snuggle with me sweet lady of mine
and together we'll chase away the cold of the night,
with you in my arms and your smile in my eyes
that's all the proof I need to know everything is alright.
So come snuggle with me and give each other a kiss
then I'll pull you in tight as we drift off in pure bliss.

Michael P. McParland

Goodnight Kiss 11

Goodnight sweet love and let us end it
a great big hug and kiss to feel the love in deep bliss
then slip into bed smiling at each other
ready now to just talk and cuddle as we
drift away to truly peaceful sleep enveloped
in each others wholesome loving warmth.

I'm sending you a million hugs and kisses
to shower you in loving strength and comfort,
I'll be there the whole night through holding
you so close and tight reassuring you
that I am always here and everything is alright,
telling you I love you dear and I'm all yours forevermore.
It's only you for me my dear.

I'll see you tonight in the land of dreams
where we can lie down with each other in our
majestic field of flowers wrapped in a blanket
and in our arms just admiring the amazing moon and stars
kissing and holding each other feeling comfort and peace
in each others arms tonight in the land of dreams.
So very soon in reality my sweet Queen.

Goodnight my sweet one with a giant hug and kiss
I love you so much and can't wait to hold you
everynight feeling your heart beat as you rest your head on my chest.
Feeling whole and complete at last with my lady at my side,
I love you sweet Kira and just want to kiss you in
love and thanks over and over telling you you're meaning
and how very important you are to me my sweet lady.
So a goodnight kiss to you my sweet one and only
feel my arms around you so you'll never feel lonely,
I love you so deeply and can't wait for you to be here with me,
I'll forever give you my everything and treat you like
the true Angel and Queen you are my sweet lady.

ILYF and ever KP.

Michael P. McParland

Night Note 78

Hello my sweet love
and I hope you are feeling
all the warm glowing loving
I am sending.
I feel so happy and am smiling,
I thank you dear for
the cheer and sensational
love and kindness you are sending,
when I soon go to bed
I will feel happy and comfy
feeling the arms of my true love around me,
I will have thought of
you through my head dancing,
as always I'll be longing
and dreaming of you my sweet beauty.
You are my hopes and dreams
so bright, bold and glowing.

Thank you sweet lady for
all of your sweet king caring and loving
I won't miss our goodnight
my sweet and kind caring
beautiful lady,
you truly are my true everything,
I'll always be here and you are my one.
Hand in hand I am with you forever.

Michael P. McParland

My Heart Melts For You

My heart melts for you my sweet woman
so very beautiful and truly pure,
you take me away to distant majestic lands
with the love and kindness you always show.
Oh sweet lady holder of my heart and soul
my heart melts with the immense love I hold for you.

When I see your beaming smile and look into your eyes
my heart melts with the precious heart I see inside
and the beautiful soul I feel surround,
my heart melts for you because you are a treasure
and the most beautiful woman I have ever known.
My heart melts for the woman I deeply cherish.

You are a gift and blessing from God so high in heaven
and my heart melts knowing that I have your love
and you feel I'm a good man makes me feel good and wanted
like so few people have ever done, my heart melts for you sweet woman.
I love you Kira and my heart melts for your kindness,
you are the greatest dear and I want to be with you forever.
My heart melts when I look and see all the love you hold for me,
oh my sweet dear Queen and Angel my heart melts because I truly love you.

Michael P. McParland

Evening Note 45

Good evening sweet love
my heart is bursting with joy
to have just checked my FB
messages and see a sweet little
message from you,
I am so filled with joy my
Angel from on high to see
such beautiful words from you
because all of your words are
beautiful and meaningful to me.
Thank you, thank you, thank you
my only one for everything you do.
It truly is so meaningful to me,
God bless you always sweet lady.

I hope your day has been well
feeling all the love and warmth
I have been sending your way
to give you comfort and peace,
I'm by your side always sweet one.
I'm so overjoyed I can't write
because you are so truly
wonderful and bright to my soul and heart.

I love you sweet lady and
hope you have the most wonderful
of evenings and am sending you
massive hugs and kisses,
make sure to catch every one my sweet love
and feel me there holding your hand
squeezeing you tight to me,
you're amazing and a miracle
Kira my dear and I'll be writing
you so much more as I come
back down to earth.
I love you so much and hope you feel it all,
you truly are the greatest my Angel Queen.

Michael P. McParland

Huge Hug And Kiss

As we approach the early evening here
I just wanna grab you up
and give you a huge hug
and then look you in the eyes too
and say you are my sweet soul Angel
the sweetest girl in heaven or on earth,
you are the love of my life you beautiful woman so pure.
I love you deeply and I always will,
I'm yours forever Kira
then give you a great big passionate kiss.

Michael P. McParland

Sweet Angel

Sweet Angel come be with me now,
come sit with me and hold me in your arms
while we just talk and get some rest,
sweet Angel I miss you so very much
and want you here at last.

Sweet Angel come and hold my hand and
we'll go for a walk in the park,
enjoy the sun and wildlife that surround.
Come and let us bask in the beauty that is us
while soaking up the pond and park smiling all the time.

Sweet Angel come and get me and lets end the loneliness
so we can be in joy which we deserve so much,
sweet Angel of love and light you make life so sweet and calm.
Sweet Angel of my heart and soul I truly love you so,
you are everything I'll ever want and need my soul mate and best friend.

Sweet Angel you truly are so good to me I hope
that I have done as much for you,
I always strive to do my best because you're beautiful
and wonderful just as you truly are.
Sweet Angel come and hold me now and let me tell you all,
sweet angel you are my hero and all I'll ever want.

Michael P. McParland

Love Note 165

Good afternoon my sweet love
and kind Angel so good,
I hope your day has been bright
and warm filled with all
the deep kind love that I send.
I can feel your love surrounding me
and it makes me feel so very good.
I still feel so very very tired
indeed and I wish you were here
to lie down and rest with me,
I'm afraid to rest right now
because if I fall into a deep sleep
I don't know when I would get up
and I don't want for you to worry
about why I wouldn't be around
and I'd miss you so much,
I won't lay down until you
let me know you're alright and
feel happy and safe,
don't forget that I am with you
always and love you so very much.
Feel my hand within yours and
my arms wrapped tight around you
squeezeing you very tight to
reassure you you're not alone
and you never will be.

Remember sweet lady I'm
here for you always and will
give up everything to be there foryou
in a moment of want or need,
I want to always be of service
to my beautiful kind lady.
I guess I'm partly so tired
from missing you and not wanting
to face this time alone anymore
until we are talking again
and see each other in pure bliss
and happiness my sweet Angel of true light.

I hope so soon all will
be right for us to come back together
and feel the light.
I love you deeply and need you so much,
Kira you are my only friend and
you're all I need from here
through all the rest of time,
I love you sweet lady and
I am all yours.

Michael P. McParland

I Miss You Always

I love you so much my sweet darling
and I miss you always no matter the time,
only sometimes does it feel a little bit better
because maybe something else big is on my mind
and then I think of how I wish you were here
to talk to and help everything seem better
I miss you more and long ever so hard.

I miss you always because you are my Queen,
even in the worst times we've had fighting,
being angry and when we've both said mean things,
I miss you then because I miss you always
and then wish I could hold you while we
both sat and cried and apologized because I
know we've never truly meant those mean words
both of our tempers can just be so very bad.
I miss you always and want you here in my arms.

I miss you always my Angel and want to be with you always,
you make me smile and feel happy, complete,
and like a good person who is loved with sincere compassion,
and I love you so much I want to show you
eveything that I am and how truly much I care.
I miss you always my true love and Angel,
I love you and miss you no matter the time,
no matter wherever I am, no matter the situation.
You are my everything and I miss you always sweet lady of mine.

Michael P. McParland

So Sweet So Kind

So sweet and so kind
the love of your heart
is radiating in true love
and it lifts me to the heavens above.
Oh my sweet lady I love you so much
and I thank you for who you are
and all you do for me and the world giving beauty unbound.
You are so sweet and so kind my love,
you are the greatest and I love you so very very much.

Michael P. McParland

Take My Hand 12

Come take my hand sweet lady and sit
while I hold you close and stroke your hair,
reassure you of all the loving care
I hold so deeply for you and that you're my Angel true.
We all need and deserve that soft calming
reassurance from time to time and
sometimes it's needed more than others.
I will always be here to happily and caringly
reassure you my dear because I'm the same way.

Come take my hand sweet one and let us just sit
while I hold you so tight and give you a deep
loving passionate kiss to fill you with peace,
comfort you with the strength of loving
dedication we both hold so deeply.
Come take my hand as we sit and just softly
and lovingly speak holding each other the whole day.

So come take my hand sweet one and look into my eyes
as we sit and just lovingly hold each other and softly speak,
reassure each other in our love because it's
a good thing for those who love each other
to restate their love and dedication to each other.
I love you deeply sweet sweet Kira so come take my hand
and let me stroke your hair while we hold each other tightly
and lovingly speak just enjoying each others company.

Michael P. McParland

Morning Note 56

Good late morning sweet love
I hope you've had a good one so far,
and I hope you've felt all
of my deep love surrounding you there.
I love you so much and wish you were here.

May the sun shine upon you
so brightly this day and it fill
you with all the warming love that I feel,
just close your eyes and see me
smiling at you then reach out
your hand and take ahold of mine too.
Remember I'm right by you every step
of the way and that I love you
more and more each and every day,
I'm afraid you're upset with me
and ask too please be patient
with me right now my sweet one.
You are so special to me and
the worry of you being upset
makes me feel sad and deeply scared,
I love you sweet lady and
though it may not be evident
I promise I'm doing my best,
I'll never give my sweet lady
dishonor by doing one bit less.

Have a great day my lady so fair
and feel my smile and loving looks
upon you all day,
feel the power of my strength and love,
feel the peace of all my kisses and hugs.
I love you sweet Kira and if you need me
I am always here.
I love you sweet lady I'm not going anywhere.

Michael P. McParland

Goodnight My Darling One

Goodnight my sweet darling Kira
I love you so very much.
A quick hug and a kiss tonight my only one,
I'll see you in the land of dreams
where like here in reality I just
want to hold you and kiss you.
I wish you were here to just
hold and spend the whole night with.
Goodnight my sweet Kira
I truly love you so much
you are the greatest and I'll
see you soon my sweet lady love.

Michael P. McParland

Rest With Me 4

Come take my hand and rest with me
for the shortest while my only one,
I just want to lie down and play
some Mozart holding tightly to my sweet love.
Come rest with me sweet one and for
a short while close our eyes and feel the warmth.
I love you my lady fair and I just want to
feel you near and rest awhile,
come lie down with me and we'll be filled with peace.

Michael P. McParland

Warmth In Your Arms

Warmth in your arms is what I so desire,
I've been so very tired the last few days
and I so very want to nap the whole time
feeling you next to me and the warmth
of your heart soul and body,
feel warmed from my skin through my entirety.

Warmth in your arms is so very needed,
I need you my sweet love to be able to
release all these pent up emotions and feelings,
you're the only one who has the key to
these walls so I can open them up
and tell everything I need and want.
I need and want you here so I can release all my tears
and you can help dry my eyes and tell me
evereything is alright and then just hold me so tight.

I want to be enveloped by the warmth in your arms
where I can feel peace from so many fears
and then just sleep until the tiredness is gone.
I love you so very very much and just want to
feel the pure warnth and comfort you have in your arms.
I love you sweet Kira my hero, my Angel, and my greatest friend.

Michael P. McParland

The Greatest Woman

She is the greatest woman on earth,
she radiates and glows a pure beauty to me
and I truly love her so.
She is an Angel that gives me kindness and love
and I would give up everything including my life for her.

She is the greatest woman whos heart and soul sing to me,
I feel her pure love through the bond between us
that is truly so very strong and has lasted through everything.
She is the most beautiful and greatest woman on earth
and I hope to spend the rest of time with her by my side.

She is the greatest woman and I'll never leave her,
she is my Angel, my Queen, my everything,
I love her with all of my heart, mind, body, and soul,
she is the greatest and she makes me glow.
She is amazing in my loving eyes,
she is the greatest and I am all hers and she is all mine.
There could be no better blessing than having her hand.

Michael P. McParland

Evening Note 44

Hello my sweet love
I thank you once again
for all the beautiful things
you do and love you give to me,
it means so much and
helps me get through I
so hope you know.
You mean everything to me
and I'm your biggest fan
my hero Queen.
I'd be totally lost without
my sweet one in my life.

I hope you felt all the
loving warmth I sent to you
and felt my hearts soothing
calls of reassurance and
desire to be with my only one
forevermore.
You are the one for me
my sweet lady so beautiful and true.
I am with you always holding
your hand squeezeing you tight
so you'll know you're not alone
and never will be,
you are a miracle and blessing to me.

I hope you have a wonderful
evening Kira my love and feel me
there comforting you,
I wish we could be together
holding each other for a quiet night
together just enjoying
whatever our hearts desire.
I miss you so much and can't
wait to have you here with me,
then life will be full and
true happiness will be here.
I love you Kira you are my Angel

and other half, again I thank you
for everything you do.
Noone else could ever replace you.

Michael P. McParland

A Good Rest

What a beautiful rest my sweet love
as I dreamt of you while I drifted off,
that alone as I held you and kissed you
was so magical and calming it gave me peace.
Seeing and holding you helped me rest.

Through my whole rest I could feel you
right here holding and kissing me
saying you love me and can't wait
to be here so we can hold each other
in peace and contentment.
I love you sweet lady you are amazing.

What a good rest as I laid here and
dreamt of you as I could feel all
the loving warmth you were sending.
Thank you my darling because you are my Angel.
I love you so much and can't wait
for you to be here making life a true joy
being with my Queen so beautiful and stunning.

Michael P. McParland

True Hearts Desire

As I'm about to lie down for a rest
I looked at your beautiful picture
and felt a tug at my heart.
As I took it all in and said
hello my sweet Kira you are so truly beautiful
and dear God how I deeply miss you,
the loneliness without you hit me so hard
and I hope so badly to have a dream about you.

As I close my eyes I will say I love you Kira
please come back so soon so
we can lie here holding each other as we sleep in pure comfort,
I'll be dreaming of us as I drift off for awhile.
I love you and need you my sweet one,
my heart and soul are yours my dear one and
I can't stand the loneliness without my sweet dear love.

As I'm about to lie down I saw your picture
and my heart fluttered as I said Kira
you are so damn precious and beautiful.
You are my hearts true desire, my Angel.
I love you so much and can't wait to hold you,
Kira my dear you are an amazing miracle.

Michael P. McParland

Love Note 164

Good afternoon
my dear sweet love.
I hope you know and feel
the very deep love
I hold for you.
I'm about to get up here
and eat a bit of lunch,
though I know not yet
what that will be,
thinking Ramen because
I like it.
Wish you were here to
join me and talk holding hands
and smiling at each other.
Then after lie down and
listen to Mozart feeling
soothed and peaceful in
each others arms and totally
fulfilled being here with each other.
I love you so very much my dear.

I'm sending you all of
my wholesome loving warmth
to wrap you up like a big
blanket of peaceful comfort,
let it fill you with all my
love and strength and make sure
you catch all the great big
smiles, kisses, and hugs that I'm
sending right along,
remember I'm with you always
sweet one no matter what,
you're my lady and Angel
for eternity and I'm never leaving
the greatest woman I cherish and treasure.

Please smile for me and
close your eyes seeing mine
while you reach out and take my hand,

I love you so much my only one
and please come let me hold you soon,
you are so amazing to me
because Kira you are you and I
think that is the greatest thing
you can ever be.
I love you so very much
and I need you in my life
because you are my Angel Queen
I adore and feel so attached to.
I love you Kira you're so beautiful
and I can't get enough of you.

Michael P. McParland

You Are The Angel

You are the Angel who's graced my heart and life,
the Angel who's given me hope and love,
you are the Angel I so deeply adore.
You my sweet lady are my soul mate and Angel,
you are my best friend and everything I'll ever want.
Kira you are my Angel and you are so truly great.

You are the Angel whom I wish to spend eternity,
the Angel who gives me reason to keep on going,
you are the Angel and Queen for whom I'm always fighting.
Without you in my life my Angel I'll die for sure
having lost the greatest thing in my life and no longer
caring or having a reason if I ever did lose you.
I love you so much and you are the Angel
I give my everything for.
Kira I love you.

You are my Angel of light and my Angel of love,
you light up the darkest skies and illuminate
the path for me leading to a better more hopeful way,
you are the Angel I give myself to you and only you,
you are the Angel I wish to hold for eternity
just sharing our existence and happiness knowing true fulfillment,
you are the Angel whos eyes I want to dry
and you are the Angel who I want to dry my eyes.
You Kira are the Angel I treasure and love,
I hope you know my heart is always yours because you are
my sweet Angel dove.

Michael P. McParland

Crying In Bed

Lying here now crying in bed
because I know you are hurting
and you think with you I am upset
when I am not yesterday was just
frustrating and was so very very tired,
and now you are hurt and worried
maybe crying yourself so I feel so worried
and am now lying in bed crying to myself.
Kira my darling please believe
how deeply I love you,
I want so badly to just lay here and hold you,
tell you I love you and need you,
if there was a way I could just tell you.

So I'm just lying in bed crying because
I know you think that I am mad or upset
and I am not I promise I don't want to hurt you,
I just want to hold you and talk to you
I love you so very much.
I'll be here crying in bed for a little bit
because I know you are hurting and I'm
terrified that I've screwed it all up
so you will be leaving.
I love you sweet Kira I will be writing
but for a bit I'll be here lying down crying.
I'm so sorry I've failed you because
I so deeply truly love you.

Michael P. McParland

Morning Note 55

Good morning sweet love
I hope you slept well
and I am so sorry I missed
my sweet goodnight.
I fell asleep in the
evening and only now
just woke up.
I am truly so very
sorry my only one.
I feel so awful in
myself and I just
had such a tired and sad day,
please don't be sad and upset,
please remember I am
always by your side right there,
feel my arms around you squeezing you tight,
I said I wouldn't leave you
and I swear I am not.
I love you sweet Kira please
hear my call,
I love you so much so
please come let me hold
you tightly within my arms.

Michael P. McParland

Evening Note 43

Good evening sweet love
I pray your day has been great,
I hope you have felt me next
to you my loving heart beating
and singing its immense love,
I pray you've felt my spirits
kisses and hugs to fill you
with strength and peace.
You truly do mean everything to me.

I've just spent the whole day
in bed listening to music
and comedy on Spotify missing
you badly and wishing
you were here holding me.
I don't want to move or get up
much right now without you around,
just miss you so much my only one.

I pray you have the greatest night
and I will be with you right
by your side holding you
squeezeing you tight.
I want you to know how much I
love you and that you're not
alone my sweet one,
I will always be faithful
to you my sweet woman.
I need your loving support too
especially right now,
and you'll always have mine I promise.
Kira I love you so much and
I can't ever give you enough,
you are my Angel and hero forever.

Michael P. McParland

Love Note 163

My sweet Angel dove
I truly adore you so,
if I were to see you now
I'd collapse on my knees
and just wrap my arms around
your waist and pull you next to me,
release all my long held tears
of pain and loneliness
and tell you thank you sweet one,
I love you with every
ounce of my being,
you truly are so wonderful to me.
Thank you sweet one for all your love,
please never leave me and be
with me forever.
You are the greatest woman
I have ever known.
I love you Kira and I want
to be your forever man.

Michael P. McParland

You And I

You and I forever sweet one
in true pure love forevermore,
in each others arms in celestial bliss
knowing our souls are connected in our bond
which has lasted many years and is so strong
having helped us through the toughest times.

You and I my only one hand in hand for eternity
knowing we are truly dedicated in admiration
and pure want of each other and what we hold.
Always having fought for each other not
wavering in heart or soul for what we've
always known is true that we love each other
and know of the good kind souls we have.

You and I for eternity my true love
because our hearts and souls have always touched
and spoken in the most wonderful sacred ways.
You are my Queen and Angel and I desire to be your King
and honor you in full through all time,
because I love and treasure you more than anything.
You and I sweet one because there is no better
happiness than being with you for all existence.

Michael P. McParland

Love To Give

I have so much love to give
and not being able to
is driving me utterly mad
because my heart is pounding
in so much need to give it all
and in return receive.
My sweet love I have so much to give
and I only want to share it all with you.
Kira I've got so much love to give
and I've saved it all for you
and need to give it so very soon.
I want to share my endless love
with the greatest most beautiful woman
I have ever known.

I have so much to give
it gets so overwhelming I can't take it,
I feel as if I'll explode if
I can't just have you here to hold
and tell you everything I hold.
Just share our lives and have fun,
share the things we love and enjoy
learning about each other all the time.
Just spend quiet times by your side
holding hands and feeling the love you hold,
sharing all of mine with you sweet one.
I have so much inside me and
I want and need to share with you
all it's abundant caring pride for you.
Please come see and let me share it all,
even though I know it may be overwhelming
because there is so much and I'm so intense
when I share the things I feel and love.
Kira though please come and share in all.

I have so much to give and my heart
swells with intense emotions
in it's need to share and receive.
Kira P. I love you so much

I need you to see so I can share with you
the one I've saved it for,
I want to feel your love as well.
There's so much to share and
I have such need to receive.
Kira my darling it's with you I
want to experience all of it.
I love you deeply and can't stand
the loneliness without you,
please my dear come and see all
this love I have to give.

Michael P. McParland

Treasured

Come take my hand sweet lady
and let me hold you close
and tell you how treasured you are
and how I cherish you,
I want and need you here
and I long so much to have you near.

You are a special woman to me
in all your treasured beauty,
you are a miracle my dear sweet kind Angel.
There's so much I want to tell you
but sometimes I don't know how.
I feel so chocked up with pure
emotion that I can no longer speak.
If only you could be here you'd
see it written all over me.
I love you deeply my sweet Kira
come and hold me near.

Kira you are treasured and I pray
that I have done enough in many ways
so that you can feel it in your heart.
I treasure and admire you I could burst
in great joy and all the love I feel.
Kira you are my special Queen and my everything,
please help me to know if I have
done enough to help you know
or if I need do more.
I want for you to know how treasured you are
and if you don't then I have failed.
I love you Kira you're a diamond in the rough.

Kira you are treasured and I truly love you
come and take my hand then looking in
my eyes let me show you.
I will not hide my soul I want you to see
the great loving need it holds for you.
The love I want to give and recieve
and all the things I'll give for thee.

Kira you are treasured and I pray I've
helped you know and feel and see
how treasured you are by me.
I can't stand to live without you my Angel Queen.
I love you Kira and I hope soon to hear from you,
I long so very much you see to be right next you,
I want to be with my best friend and soul mate forevermore.
Kira I love you and I hope you feel it all.

Michael P. McParland

Love Note 162

Hello my sweet lady so true.
How are you doing
I always worry over you?
I wanted to tell you
I love you and are so
truly amazing and special to me,
my hand in yours forever
I am right by your side.
You are my Queen and Angel
for all time.
My heart is yours and
it wants you here so bad
to just hold and comfort
my lady and say it's alright.
I want you to be here so I
can look in your eyes and say
Kira I love you more than
anyone or anything.
Kira you are amazing.
Will you marry me?

Michael P. McParland

My Angel 2

My sweet Angel you have touched
and moved me in such profond ways
and my heart is bursting in joy.
Right now I feel so overwhelmed
in the love we share and the
tears that I want to cry
are of joy for what we have.
You are so wonderful my Angel Queen
and I just want to grab you
and hold you tight telling you
over and over that I love you
and want to be with you forever.

My Angel my body and soul are beaming
as I am filled and overwhelmed
by your love and need for me too
just as I love and need you too.
Thank you so much sweet one
for who you are and all you do
I truly love you so very very much.
Oh my sweet Angel Kira I send
this great big kiss to you
in love and thanks for being you.
I love you so much and I know
you feel the immense depth
and power it holds.
Kira my Angel you are supreme.

Michael P. McParland

A Beautiful Dream

It was such a beautiful dream,
one that began where as usual
it was just me on my own
going about doing whatever there was.
There was a pervasive lonely feeling
and that is a sad feeling.

Then there you were and my heart
filled with such joy and elation,
my heart and soul bursting with love
for my only lady all the dullness
had gone away and I just felt
fulfilled and happy and I
was overjoyed because you were with me.

A beautiful dream because it was
just you and me where we sat and talked,
you told me you loved me and wanted
to be with me then we just held each other
and we smiled as I told you I loved you too.
It was a beautiful dream because I spent it with you.
I love you sweet Kira and I pray that be reality soon.

Michael P. McParland

Morning Note 54

Good morning my love
I hope that you slept so well.
I did because I had a
beautiful dream about
you and me and I'll
tell you all about it
shortly after I get up
and get going.
It made the night better
and for once not sad and lonely.
I love you sweet lady
you are amazing and everything
I'll ever need and want
for the rest of time
my only one.

Have the greatest of days
and feel all the warming
love that I send,
let it fill your heart with
endless peace and deep strength
and remember I am there
with you every step of the way.
I'm smiling for you so
please give me one too.
I love you sweet Kira
and need you so very much
my Angel true.

Michael P. McParland

My Heart To Yours 2

My heart to yours
now sings out its love,
you are the one, you are the truth,
you are all I want sweet Angel you.
You are the greatest,
you are the one.
Kira sweet one my heart calls out to you,
saying you are the greatest
and I love you very much.

Michael P. McParland

Sleep Well Sweet Angel

Sleep well Kira my sweet Angel I love you so.
I just want to curl up in bed with you
and hold each other while we just close our eyes,
talk and laugh while drifting off.
I just want to spend the night in bed with you
wrapped up in our arms.
I miss you so very much my only one.

I'm sending you all of my wholesome loving warmth
with infinite smiles kisses and hugs right along.
I will be holding you through the night to give
you reassuring peace and light sweet Angel of delight.
Listen closely for my voice so you'll hear me say
I love you and will forever be here for my lovely lady.
I want to just hold and kiss you my dear darling.

In the land of dreams tonight I'll see you where
we can just sit and talk beneath our tree in
the field of majestic precious flowers by the river.
Hold each other and lay down just enjoying
allthat we've missed in these waking hours,
but we'll be rejoicing knowing in reality it's soon our hour.

Goodnight and sleep well Kira my wonderful sweet Angel of love
I truly miss and want you so very much.
I love you more and more with each day that goes
and I have faith in you my dear because I know
your heart and soul are pure and you also desire my love,
I just want to spend my life both this one
and the next within your precious loving arms,
you are so beautiful and wonderful you mean so much to me.
I love you Kira and I'm going to sleep so I can see you in my dreams,
sleep well sweet Angel and feel all the loving peace I send to thee.

Michael P. McParland

An Amazing Woman

There's an amazing woman I know
and her name is Kira so beautiful is she,
a true hero and inspiration to me.
She helps drive me higher and further
than I'd ever go for another person or reason.
I'll give her my everything forever.
I know an amazing woman named Kira
and I love her because she's an Angel
and means the universe to me.

Kira you are amazing and when you're here
in every way I'm going to tell and show you how.
You make me smile and glow, you make me laugh
in the greatest spirits even when I'm
feeling less than fit and don't feel like it.
You're an amazing woman Kira and I love you deeply.
Kira you are amazing and want you to
amaze me for eternity as my sweet Angel bride and Queen.
You truly are a beautiful wonderful woman
and I love you Kira, it's amazing to know you
and have you in my life.

Michael P. McParland

You Are Amazing

You are amazing my only one
I want you to truly know.
You make me smile and you make me laugh,
you make me feel loved.

You are amazing and I love you deeply
I hope to hold you soon my lady.
I'm so very tired and I wish you
were here to lay down with me.
You are my everything.

You are amazing and an Angel too,
you make me smile my only one
and Kira I truly love you dear
and I can't wait to have you here
to share my life and tell
you you're the greatest.

Michael P. McParland

Please Be Calm

Please be calm my love and know
deep within your heart and soul that
I am so truly proud of you.
That I love you through and through
and feel nothing but loving joy within
my heart for you sweet Angel Kira bringer
to me of hope and light.

Please be calm and filled with peace sweet one
because you are the greatest in my eyes
and for you I will give my best and everything,
my heart is struggling right now so very hard
without you here to hold so close
and tell all my love and that you are
doing so very good so don't feel bad.
Please be calm because you are so wonderful
and you are doing good I get so scared of losing you.
I long so much to just hold you here and feel your touch.

Please be calm and be so strong in the faith,
I'm not leaving you nor am I mad or disappointed.
I'm so proud of my lady Kira for standing tall,
you are so very special my sweet lady Queen.
I'm always sending you my love and strength
and often fear it's me who's failing you.
I miss you so much so please be filled with peace
because trust me dear I want you here
and love you dear.
I'm having an anxiety attack worried that
you're crying now thinking I'm not
happy and proud of my only one.
Please sweet lady be calm and feel the peaceful love I send.
It's only you for me through all eternity.
I love you Kira so peace be calm and feel
the loving strength I send to thee.

Michael P. McParland

My Sweet One

My sweet one Kira P you mean everything to me,
if you could just feel my heart and how for you it beats.
I promise that in you I hold supreme faith
and I know with all my heart and soul you're
giving your best because I know and can see
if you are or are not because our passion
and intensity are so similar in their power
and that it shows in full when we are trying.
Kira I know because your caring love shows.

Kira my sweet one you are a miracle and magic too me
and I will give everything and go well
beyond my normal comfort zones for you.
I hope that it shows always that I'm giving my best
because it is my goal and wish to honor you
the woman I truly love and cherish.
My sweet one I love you so much and I want
you to be the woman by my side for all time.

My sweet one Kira love please feel all the loving
warmth I send and feel peace within your soul,
because I am always with you hand in hand
and I just want to hold you and tell you all I have to tell,
I want so very bad to explain what happened
the other day that threw me off so very bad
because I know you would understand and be able to help me through,
and your love and prayers have helped it is true.
Kira my sweet one I love you and I'm always here for you,
please let me know that you're okay and come and take my hand.
Kira my sweet one I love you and want to hold you.

Michael P. McParland

Love Note 161

I love you sweet lady
I hope you know just how deep.
I'm dreaming of you
all night and day,
it's only you for me
my darling one.
I wish you were here right now
just to hold through the day,
I just want to feel your
arms around me.
I just want to be
with you sweet Kira
because you are my
Angel and other half.
I just want to be
in your arms while you rub
my face and my head while
I lay her in bed trying
to feel better and mentally whole.
I just want the woman
I love Kira here by
my side holding my hand.
Kira my love you
truly are amazing and my hero,
please feel my hearts calls
of true dedication and love to you.
I love you so much and just
want you here,
life without you in it
has filled me with so much fear
because it is a life without
true color and real happiness.
Kira I love you and need you
and will give my everything
and best for you.

Michael P. McParland

Come Lay Beside Me

Please come lay beside me sweet lady,
I don't know if I'll sleep
it's that I want and need you to
lay here beside me while listening to music
to help wipe away the frown on my face.
It is not in any way because of you I frown,
I want your help to chase that frown away,
and I want you to lay next to me in bed
and talk listening to music to feel better.

Come lay beside me sweet one and hold my hand,
look at me and smile telling me that you love me
and just pull me in tight for a big hug, squeeze me so tight.
I know you love me and it makes me feel good.
I just want a day to lay in bed here with you
by my side and listen to music for awhile,
talking and holding each other.

Come lay beside me sweet lady and
I will just softly talk and telll you
everything that's been going on.
Tell you I love you and that of you
I am so very proud and at times I get
so scatter brained there's a million things
I mean to thank you for or tell you about
and I forget and then you get hurt
because in my minds absence I
forgot to tell you how special you are.
I love you Kira and need you so very much.
Please come lay next to me today right now
and just softly talk and relax with some kisses as well.

Michael P. McParland

I Need You Much

I need you much sweet lady.
You mean everything to me
and I fear losing you so very much.
Friday was a very bad day
and I've still no where near recovered mentally
and I need your help my sweet Queen,
no way though can I right here ever explain,
it's a private matter for just you and me.
It's nothing you've done wrong at all
and that why I need your love and understanding
of everything so we can help each other in full.
Please feel the very deep plea and need of my heart
that I need you love.
Please come hold me and tell me you
know I'm giving my very best.
Kira my love I need you so much.
I love you deeply because you are the greatest.

Michael P. McParland

I Know You Do

I know that you love me sweet lady
and I know you truly are doing your best,
I know that you always try hard
and give all your very best and
I apologize if it seems I've been
to hard or think otherwise.
I know that you love me deeply
and are giving you're very best.

I hope you know I am always giving
my very best because I'm afraid
on days like the last few where I
can't explain here what is wrong or
I'm just not as productive it may seem
I am not, but sweet lady I promise
I will always give you my all
because I love you so much.

Dear sweet lady of mine I know
you truly love me in kind and
you're always giving your very best.
Trust me and have faith in that
I trust and have faith in you too.
I love you sweet lady and I know the
greatness you are and you give.
Feel all of my love because
it is in abundance for you.
I love you sweet lady,
and I know you do your best and
love me too.

Michael P. McParland

Love Note 160

I love you sweet darling
and I love you so much
I know you have been giving your best,
and I pray you know I've given mine.

A quick little love note to
my one as I get up and get
going to let you know I am here
an I love you,
you are truly so special.
I'm going to get myself moving
and then continue showing all
of the ways that I love you.

I love you Kira you are amazing
and I need you forever
as my one and only lady,
please come and hold me.
I love you Kira you are my
Angel and I need you.

Michael P. McParland

Goodnight My Sweet Kira 3

Goodnight Kira my sweet darling
I love you so very very much
I've been dead asleep and am so
sorry I did not say goodnight sooner.
I love you so very much and need you here.
Please come hold me tonight my sweetest one,
I need you here within my arms.
A goodnight kiss to you my dear
I'm never leaving because you are my everything.
Goodnight Kira my sweet love
I'll hold you close and talk all
night long in the land of dreams.
Just you and me Kira dear.
I love you so very very much.

Michael P. McParland

I Love You In Full Truth

I love you sweet darling in full truth
and want you to be here in my arms
where I can reassure you in every way
of my dedication and love for you.
Please don't be suffocated by doubt
or fears that you may have.
I love you sweet lady Kira Angel of mine
and that is in full truth.
I only want you.
I want you to see me where I can lay bare
my everything and all I am.
I want to share my life with you.
I long and ache for you and feel at
collapse to know there's a chance
I won't see you again and be able to
share myself with you.
Please hold on and keep the faith.
Sweet Kira darling in full truth and faith
I swear that I love you and will always
stick by you because you are a wonderful woman
an Angel and everything to me.
Kira I love you in full truth
and I can't bare to lose you again.

Michael P. McParland

Love Note 159

I've been sleeping almost
all the late afternoon and
early evening my dear and
my heart hurts very much right now
missing you.
You are so wonderful to me
and I just want to share all
of myself top to bottom,
in and out and all around.
Everything I am with you
the woman I love.
I miss you sweet lady
and love you very much,
please keep faith in my
dedication and drive for you.
I want you here to hold me
and comfort me because you're my Angel sweet.
I love you Kira my only one,
you are the crown jewel of my heart.
My best friend and soul mate
who I want and need forever sweet lady
so very true and great.

Michael P. McParland

To Just Hold You

I wish I could just hold you now
and kiss you again and again
from the true love we share.
To just hold you now and feel
your spirits glow right next to me.
I would dry your tears and reassure you
of all the love that I feel
and that I'm yours forever because
I only want you for eternity,
to share our souls and lives being in bliss.
Kira I love you and just want to hold you now.
Please come dear and hold me forever
just as I'll always hold you.
Kira you are so truly wonderful,
beautiful, the greatest and I'll never stop
holding and loving you.

Michael P. McParland

Love Note 158

Good afternoon my sweet love
I hope your day has been bright
happy and great.
As you know I felt like death
when I rose earlier but with your prayers
and all the enormous loving warmth
you send I'm feeling much better,
I thank you so much my sweet darling,
as I said earlier even though I'm
still not in full back together
you helped put me back much faster
to a very good place than I
otherwise would be,
also let me assure you that it
was nothing you did,
you've seen my mind break before
and it was from a number of
other outside things colliding.
I thank you so much my sweet darling
for your pure loving help and understanding.
Trust me when I say patience
and understanding for mental issues
means something that can never be spoken
because it's such a deep gratitude
only tears of thanks come from there,
and trust me I shed many tears of thanks for you.
I love you Kira.

So well I'm still trying
to get going again in any real way
I wanted to stop in and say
hello sweet lady and I love you so,
I thank you from the depths of my soul.
Do have a bright wonderful day
and I will be writing more
I promise you that my sweet lady.
Remember I love you deeply
and am with you always.
Kira you are a beautiful, caring,

loving and intelligent woman and
my sweet sweet Angel.
I'll always love you.

Michael P. McParland

An Afternoon

An afternoon spent lying in bed with you
wrapped in your precious arms would be a dream come true.
Right now I wish it was realities truth
you here beside me us lightly drifting
and feeling contentedly peaceful and happy.
Just spending an afternoon like today
in bed with you and holding each other wolud be heaven.
I love you so much Kira darling and there will
be many afternoons in bed together in the future
but I wish we were spending this afternoon
lying in bed holding each other and resting.
I would give anything to be with you this afternoon.

Michael P. McParland

Love Of My Life (You're Wonderful)

Sweet one you are wonderful and the greatest love,
you have given me so much happiness within
the deepest parts of all my heart and soul,
I truly thank you very much for all you give and send.
You help me feel better by stopping the dreary
bone chilling rains.

Kira love of my life you're truly wonderful,
you move my heart and soul in the profound
of kind and caring loving ways.
You make the world glow with the beauty
kindness love and joy you endlessly give to me.
You lift whatever sadness is there and
help bring in the light I need.
You're wonderful Kira and I'll love you for all time.

Kira I love you plain and simple and though today
my writing may not be great I want to give you my best
for a deep sincere thanks for the loving support you give,
that you send such love and prayers that lift my soul.
You have helped lift the clouds above today
and the issues with the mind have come together
with you prayers and loving support than they would have without
and I thank you so much I've already cried many tears of thanks to you,
Kira you are the love of my life and wonderful.
I may not get up to a full speed today as my mind is still struggling
but your love and support has lifted me so I can
do much much more than otherwise.
Kira darling I want to thank you with this
enormous kiss just for you.
I love you darling you truly are the very best.

Michael P. McParland

Morning Note 53

Good morning sweet darling
I hope you slept well.
I had a night of hard sleep,
I slept but it was all bad.
I'll very much need your support
today my love,
right now I'm very shaken up
and fatigued through and through.
Right now I need your very much so,
I promise always I'll be here
I'm not leaving at all
today I don't know hom much my mind can write,
please come hold me tight and
help bring me peace and help
me feel safe by just holding me
or sitting with me rubbing
my head and face and being
with me sharing your soothing
soul with me in all its love.
Please just extra help and understanding today.

I am with you always sweet Kira
so don't think or worry I've
pulled back from you in an way.
I'm with you forever to stay,
feel my arms around you my
hand in love both giving and needed
squeezing each others.
I'm sending every bit of my loving warmth
so please take full comfort
in all that I feel and send,
please come hold me through
what I know is going to be
a difficult day.
I promise love I'll write what
I am able and will keep you posted,
don't worry I'm not leaving,
just one of those types of days
mentally that are a life long trial for me,

sometimes are worse than others,
I'll be right here and keep you posted
sweet one and I love you so very much,
please do come wrap me up so very tight
sweet sweet Kira my only Angel on high.

Michael P. McParland

I Want To Hold You

In my mind I see your beautiful face
and tell you sweet darling I truly love you,
you are marvelous and I miss you very much
and I can't wait to hold you in my arms.
My need to hold you is great
because I just want to
pull you in close and we can soflty talk
while sharing light kisses of love.
I want to hold you because I
need to feel you near and next to me.
You're the one who fills in the hole
that's in my life.
You are so beautiful and it's not just that,
you're so intelligent and
what other way to just say it than
Kira you are cool.
I'm just in love and right here that's
the best that I can tell you,
so much of everything there is
is private stuff for only you and me,
I miss you Kira so very very much.

In my mind I see your beautiful
face and tell you once again I love you my dear,
you are my everything and Angel hero.
I can't wait to just sit down and
relax holding you in my arms at last
to say Kira I love you
you are the best
and I want to spend eternity by your side
my sweet Angel dove.

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Michael P. McParland

Please Come Home

Please come home so soon my darling into my arms
they need you and want to hold you close,
calm both of our aching hearts.
Just stay there for the longest time holding
each other enjoying the feeling
of true love between us and treasuring each other.
Please come home so very soon my sweet darling,
these arms are so empty and yearning for the
person who belongs there.
I love you sweet Kira your home is ready,
so when you are I'm here and want to be sure
you feel no pressure rush from me.
I just long so hard for you to be at home in my arms.

Michael P. McParland

You're The Worlds Beauty

Kira my darling you are to me the worlds beauty in whole.
This profound truth and thought came just now
and later on one day the matter of what thoughts and events will matter but
right now my darling I want you to know
I love you deeply and are the worlds beauty
in its most radiant, pure way that just
refreshes me and I smile, breathing deep
knowing you're the reason I keep staying
and fighting on.
I love you so very much.

Michael P. McParland

Goodnight Sweet Kira 13

Goodnight sweet Kira my true love and Queen,
let us end this night in each others arms
and every night after as well.
Feeling solace and peace being held and comforted
by the wonderful person you love.
This is what I need and want is to spend
everynight through the rest of time
by my only lady in bed knowing and feeling
I'm loved, accepted, and safe.

I'm with you sweet dear holding you tight
to keep you warm in all the love that I feel and send,
feel comfort and strength within your heart as
I whisper to you that all will be okay for us
because our love is deep and true,
everything will be fine because we love
and fight for each other giving everything.

I'll see you in the land of dreams my sweet darling
under the stars on a blanket we'll lay down
wrapped under another blanket and in each others needing arms
just lying by a lake enjoying the enchanting night sky
as we talk and laugh spending the night at
each others sides in bliss snuggling.
In the land of dreams sweet love I'll hold you
tonight so very tight.

Goodnight sweet Kira so beautiful and kind
you are so loved and missed.
I hope soon to be in your kind loving arms,
sleep well sweet one rembering I'm
right there with you so take strength.
Kira you're an amazing woman and I love you so much
come take this mans hand and go to bed.

Michael P. McParland

I'm In Need

I'm in deep need of you tonight,
I need to be in your arms filled with comfort,
soothing my aching soul and heart within me,
helping me feel whole and safe.
I'm in need of you kind caring love tonight,
my heart and soul need you now
and I can't express just how very much.
I'm in need of you my sweet dove,
please come give me peace in your arms
rubbing my face and head and just talk to me.
I love you sweet darling and need you so much,
you are peace and contentment and I want to
spend eternity wrapped in each others arms
never again being frightened.

Michael P. McParland

Beautiful Lady 6

Beautiful lady you hold my heart,
it is in your delicate hands where
it will be forevermore,
because my heart is a gift of
pure love and trust I give to you,
beautiful lady no other would I ever
let get this close.
Only you have seen it in full
and I give it to you for eternity
because you are my Angel and
I love you intensely with tender passion,
you my sweet love are everything I'll ever want and need.

Michael P. McParland

Your Company 2

Your company is all I want and desire now,
a fairly quiet night to spend with each other
in our arms sitting on the couch talking
and then later lying in bed holding each other very tight.
complete bliss and comfort within each others arms.

Your company is what I desire and long for right now,
to just have you near knowing you're right there
would do wonders for my heart and soul,
also my mind which is in the manic phase,
no anger babe no worries there just very
hyper and cannot focus with my thoughts
rushing at 5 million miles per hour.
You would help slow everything down and bring
that special peace that only you have.
I just want you here to be with and do whatnot.

You are wonderful and I love you very much,
I miss our talks and all that went along,
you always helped in some way even if I didn't say,
I'm sorry if I didn't and I'll make it up in spades.
I just want your company and to spend a quiet evening
holding one another and cracking jokes,
softly talking and reading books, music is a must.
I long for you and your company.
I love you sweet Kira I'm sending great big kisees,
hugs and smiles just for you.
I love you Angel my sweet lady true.

Michael P. McParland

More Beautiful Art For You

Sweet darling I wish I were more talented to
create better art for you,
so I could create many different kinds
in many different ways to honor you
the best I could in each form
unique and delicate in their own expressive way.
I wish I were more talented
and better versed in all the arts
to create beauty just for you.

You know music is my first passion
and I can play the Baritone Horn and Trombone
but it's been years and composition
is a whole different beast.
If I knew how though and could I'd write
you music and songs of all kinds.
Symphonies and operas, classical so sublime.
Great songs of love like Falco, Queen,
the Pet Shop Boys and Huey Lewis and The News.
Try my hand at all giving my best to
create great art for my only one.
Art is the soul and the greatest expression
of the hearts passion and love there is.

I can't draw or paint at all,
if I could though I would paint the
most exquisite portrait of my Queen on a cloud,
Gods shining light beaming down upon her
presenting her as the gift she is.
I wish I had just enough talent to
sketch you beautiful pictures as gifts from the heart.
If I could I would create great art non stop.

I will always write for you dear
because doing things like this for you
make me happy knowing you enjoy them,
I long to make and see you happy,
making you proud and filled with joy.
So I will always give my very best

for you in every way sweet lady of my hopes and dreams.
I love you Kira darling my Angel so beautiful and true.

Michael P. McParland

Longing To Hold You

It's early evening my dear and I
need a small rest to get back in gear,
please reach out your hand as
I am so badly longing to hold you.
My mind and soul need the peace
and comfort you bring.
I'm just longing to hold my only one.

A rest for me here on this early evening
and I want you to join me,
wrap you up tight in my loving arms
then give you the biggest kiss of true love
as you rest your head on my chest.
I'm longing and aching to hold you now.

Dear sweet Kira my Angel so true
as I lie down to rest will you hold
me tightly in spirit as I do?
I'm in need of your strength and
long to hold you while you're holding me.
My darling offer up a prayer with me
that we will feel each others arms
wrapped tightly around while we catch a nap,
I love you sweet darling you're so amazing,
Kira I long to hold you forever.

Michael P. McParland

Voyage Around The Moon

Come now love and let's escape the world
a voyage around the moon just you and me.
Time to spend with each other not being
bothered while we pass time by in splendor,
the sights the sounds from the stars and moon.
The magical feelings in the air as we just
feel peace and safe with each other in our arms.
I love you Kira so come and join me now on a
voyage around the moon and among the stars.
where we'll find pure bliss and eternal happiness
begining here on this maiden voyage
as we see the brightest hopes and future stretch before us.

Michael P. McParland

Love Note 157

Good afternoon my love
how has your day been?
I hope it has been bright
and full of hope with the deep
caring love that I always send.
I hope you're always feeling
there my hand in yours
and me beside you as I
swear I always am to help
keep you warm and reassure
you that you're not alone.
I know how easily that feeling
can set in and make you feel sad.
I want to make sure you know
you're not all alone.

I want to make sure you're
alright and that you know
I love you and am here for you,
you are important my dear,
I love you so much and will
continue doing right by you,
because you are my Angel
and I want for us amzing things.

Michael P. McParland

Sending Smiles

I'm sending tons of smiles to you my dear
to help brighten your day and cheer you up,
even if you're already feeling happy
I want to give you smiles and kisses
to make your smile even bigger and glowing.
I'm sending smiles your way to cheer your hearts day.

I'm sending you great big endless smiles
to fill you with the loving warmth that I give,
that you will be joyed and also content,
able to sit back smiling to yourself and enjoy
some of the simple things you love most.
I'm sending you endless smiles so you can
relax and be happy enjoying some hobbies.

I'm sending you these billions of big loving smiles
so you'll know that I love you and
am thinking about you hoping you are okay,
and that I want the best for you and to be happy.
Have a wonderful afternoon my sweet one
I love you deeply and am sending you billions of smiles
to brighten your day and heart.

Michael P. McParland

You're My Best Friend

You're my best friend and you always make me smile,
you make me glow and feel very special,
you are so awesome and I love your shining soul,
it's very strong and I can feel the love, strength,
kindness, caring, and intelligence it holds.
You're my best friend and that makes me proud,
you are an amazing woman and I'm filled with love for you.

You are my best friend I cherish our connection
and relationship because it goes so very deep,
it touches me in a way that cannot be fully
understood or explained on this earthly plane,
it's a connection and a friendship that has existed
since the beggining ticks of time.
I'm so thankful for you and that you're my best friend.

You're my best friend I truly love and care for you,
I'll always be here for you and support you in every way,
I'll give you the shirt off my back and through everything defend.
You're a wonderful woman in my heart and eyes, you're my best friend,
I can't think of or imagine a better person to have as one.
I love you truly for who you are straight through,
a very wonderful woman and my best friend and Angel sent from heaven too.

Michael P. McParland

Morning Note 52

Good morning sweet dear
I hope you got some good
refreshing sleep filled with
beautiful happy dreams.
With all my lack of sleep
I finally closed my eyes a bit a go
and slept for a while finally arising now.
The sleep was much needed
and felt good.
The day feels even better waking
up though because I'm loved by you.

Have a marvelous day my
only one and feel me by your side
hand in hand every single step of the way,
I love you so very much and
I'll be here to support
you always no matter what,
you are my lady and rock.
I want to give you everything I have
because you've done so much for me.

Feel the sun shining upon you
and let it lift your spirit and heart
as it fills you with all my warmth and love.
Feel the peace as you
close your eyes and see my smile
and my looks of love,
be comforted in peace.
I love you darling and you are my everything,
as I get up and get moving
I'll be thinking of you and
some beautiful things to write for you.
Reach out and take my hand
when you need the strength.
I love you sweet darling
through eternity.

ILYF Kira

Michael P. McParland

Dancing Under The Moon

When the time has come we will embrace
and dance in joy under the moon,
enchanting starlight with enchanting music
holding each other tight smiling
and dancing in celebrations cheer.

Dancing together under the moon for
eternity just you and me the stars lighting our stage,
under the moon in peaceful relief and comfort
having made it through all the painful trials.
To our favorite music we'll dance together under the delightful moon.

The moon and stars forever lighting up
our beautiful lifes to be spent side by side,
they set the tone for us in our deep romantic love
an eternal dance of connection between our souls.
Under the moon a marvelous life and love story spent
together lost in each other when the time has come.

Michael P. McParland

As You Need

Just hold my hand sweet darling
for I will always be here in whatever way you need,
feel not rushed or overwhelmed,
always help gently guide me by the hand
and I will give as you need.

I am here in the most loving way,
as a friend and also a man who loves you
and I will be here and wait until you are ready.
I want you in my life because
I love you as my best friend and
I also love you as a man loves a beautiful woman.
I will be here always to help mend
your heart as you need and bring it the loving peace you deserve.

Just hold my hand darling and give me a hug,
let me hold you and just comfort you.
I want you to do as you need step by step
and I am right here to help you when you need.
I love you sweet Kira and if you'll
just always gently take my hand to guide
me in doing the things that you need
I'll do it all as you need.
Kira I love you and feel that in your precious heart.

Michael P. McParland

Night Note 77

Hello sweet darling I am up
for what I'm sure will be a long while
and before I do anything else I
wanted to check in on my only one,
tell you I love you so much.
As I go about this night with
but a few chores your sweet
loving memory will help that fly right by.
Mostly though idle time where
I may continue on the tedious tasks,
organizing my kindle books.

All the time I'm thinking of
things that I can turn into
awesome ideas to write you beautiful poems,
I'm almost always collecting ideas.
I strive truly to honor you
and express my love in the greatest ways,
ways that will be clearer and
more descriptive helping you feel
the emotions I have right through the words,
I am always working hard because
you are the best and I want to
make sure I give you that.

My heart, mind, thoughts,
heart and prayers will be with you
through the night.
Feel all of my wholesome loving warmth
surround you throughout,
I'm right there with you always.
I love you sweet lady in
an immense and amazing way,
please don't feel you're
not worth all the best
because you are the best and I
will continue to shower you in
the love and admiration you deserve.

Michael P. McParland

Goodnight My Sweet One 2

Goodnight my sweet one I adore you so much,
I just want to climb in bed with you
and holding each other give you a deep passionate
goodnight kiss and a gift that is true love
to tell you and express the depths of what I feel
and how special you are.
I just want to spend the night in your arms
feeling your heart beat next to mine.

I'll be holding you tight through the night
keeping you warm and safe with all of my love.
Reassuring you that everything is alright and
feel assured I know you love me just as deeply too
and can feel the sincerity snd truth you hold.
I feel no doubt or worry of what you carry in your
precious heart, I know it's a deep and true profound love,
the same as I carry for you my one.

In the land of dreams tonight we shall meet
and I don't care where we are because all
I want is to shut the world out and hold my one
just being filled with peace and basking in
the love we radiate for each other.
I just want to hold and talk to you sweet one,
that's my greatest dream.

Goodnight my sweet one so beautiful and dear,
I'm sending you endless kisses and hugs to
make you feel fuzzy and warm and so you'll
know I'm thinking of you and right by your side.
In spirit I'll be holding you all night,
I love you deeply and always will.
Through eternity you are mine and I am yours,
feel comforting peace as you sleep
and see me smiling with my looks of love,
a feeling that's never changed and never will.
I love you so much and want to be with you now.

Michael P. McParland

Longing For You Tonight

I'm longing very much for you tonight
as I so long for you every night,
I want to hold you close and just
sit here in your arms feeling your love,
I'm longing so much for you sweet one.

I long to talk to you and share everything there is,
big or small, major or fairly inconsequential
we just enjoyed each others company talking,
losing track of time with hours passing.
My heart and soul achingly long to share with you.

I long to have a simple and light happy night
with you my sweet Angel of pure delight.
Just for you to be in my life and we could talk
and if you were here we'd hold each other.
I love you my darling and want you forever by my side,
oh my sweet darling I'm deeply longing for your company tonight.

Michael P. McParland

Sweet Love

Sweet love of my life, sweet love of my heart
I long and yearn to be in your arms,
I miss you so and tonight I want to fall asleep in your arms.
Since 4 P.M Sunday I've had maybe 5 hours sleep,
I want to feel your loving comfort wrapped around me,
next to each other snuggling in contentments charm.
I love you sweet darling and Angel of mine.

Sweet one of pure love you are so beautiful and
you need to realize that you are because you're
too harsh on yourself and you're an amazing woman.
Stop and look at your many acomplishments and
trials you have prevailed,
a beautiful heart mind and soul,
don't you doubt or shoot down for a second that
you are a beautiful and sexy woman as well.
You're my hero and inspiration and all I
hope for and want is to give of myself and
be apart of your life because I tell no lie
and do not overstate that I think you're great
and sharing your life would be a miraculous blessing.
No flattery here because in love I never give what's not real,
Kira Petranovich you are an amzing miracle Angel to me.
For you to love me and want to know this odd and honestly
bizzare man that noone gets fills me with such joy I could cry.

Sweet love of my life, sweet love of my heart,
sweet love of my soul, I know I can't spend my life with another,
I have loved truly only once more and it held
not even a quarter of a quarter of a quarter of the
powerful connection we share,
and that's a story neither here or there it's the fact
that when I've been touched in such a way I
could never to another give myself away,
I'd still be dreaming of you everyday.
You are my sweet love of kindness and light,
I can't imagine life without you in it.
Sweet loving Angel so dear and kind I know the
beautiful heart and soul you hold inside and

for reasons I understand you often try to hide from others around,
and knowing the sweet kind spirit you are I know
you're an amazing woman and everything I'm looking for,
the most beautiful loving woman on earth when you let it show.
You are amazing and I cherish you sweet lady and Angel true.

Michael P. McParland

Evening Note 42

Good evening sweet dear
how are you doing?
I hope you are smiling
as that's how I'm imagining you
while I sit back and play
in my head so many things
I hope sooner than later
we'll get to enjoy with
each other.
I'm going to hold you so very close
at first just soaking in the reality
of being with you and
enjoying having you in my arms.
Just savor the feeling of
being there with my only one.

I wish you could be here
to rest with me for a bit
and then just a quiet evening
for kisses and snuggling
hiding my face in your shoulder
feeling safe at last with my guardian Angel,
just nuzzle in close for
the needed peace that only you can provide.
A quiet evening with you
wrapped up in each others arms,
that's all that I want.

I will be with you as
always through this whole evening,
I'm right beside you
holding your hand and letting
you know I am there always
just for you my sweet lady true.
Feel these deep kisses and
big hugs of loves hunger,
I crave my lady and for you
to be here and just sit with
while I lightly rest.

I truly miss you so much.
I love you Kira and I'll
be here as long as you need.

Michael P. McParland

Beautiful Art For You

Sweet dear I long to create
beautiful art for you everyday,
to create something from my words
to show my deep love and care
means so much and to me is very important too.
It makes me happy to know I
wrote something that you love and
touches your precious heart and soul.
I strive and work hard to everyday
create beautiful art for you.

I may not always accomplish the beautiful
thing I aim to do in full,
I wish everyday I could write a thousand
materpieces that would be timeless
just for you and you alone.
Beautiful poems of my deepest soul
and full emotion to share with
my lady and only love my thoughts
and feelings for you in the
deepest most honest ways that would
be for only you to ever see.
Through that I know I could express
it all and help you understand
exactly what I mean and what I'm thinking,
beautiful intimate poems of the heart and soul
laying everything bare for you sweet dear.
I will only show you my soul stripped
bare showing the world and emotion I hold inside.

I strive everyday sweet lady to make
you such beautiful art to make you proud,
to make you glow in the love we share.
I hope and pray that I have honored you in many ways.
I love you so very much and I always
want to create such beautiful art for my Angel bride.

Michael P. McParland

Can An Artist?

Can an artist ever really know how
deeply they can and have deeply moved a persons heart and soul?
Can something so amazingly powerful and
earth shattering in emotion even be done
intentionally through a constructed plan?
Or do the most celestial spiritual pieces
of art that move come through raw instinct that
in a moment of pure brilliance just happens?
Can an artist from there truly even realize
just what they have done creating something
that will have eternal heartfelt meaning to someone?
I don't believe the most touching mnoving
things were ever done that plan in full alone.
For such things to come the artist must draw
from their well and soul servicing what they need
having hope that to others it will appeal.
To be so touching and moving it must
be created by the artists heart and soul.

Can an artist ever truly understand and know
just how they've touched and moved another soul?
Giving meaning, hope, support, release
a life line in the happiest and saddest times.
Is the artist even aware of the feelings they touched?
Probably not but having experienced the moving art
of great hearts and minds it's okay if they
could never understand the ways it moved me in mass.
It only matters that they did and I thank them deeply
and love them so for their art.
I would only hope they know the power of the God given talent.

Michael P. McParland

Dreaming Of My Queen

Just been resting today
deep in my own world
dreaming of my sweet precious
Queen wondering how you are.
Hoping you feel well feeling
all of my love and warmth that I send.
I miss you so much and want
to give you all the support that I can.

Just dreaming of you my sweet Angel Queen
and how I'd give anything to have you here in my arms,
so we could be at peace and you
would feel comfort and ease in your aching heart.
To me the ache within you is far more
important to me than mine to heal,
you being here would help put us both at ease
but it is your heart I want calmed most of all.
You don't deserve all the hell you've been put through,
I desire to give you the love you deserve,
because to me you're a miracle and gift from above.

So today just deep in my own little world,
if you were here I'd share it with you
because I will only ever share that inner
area of my mind heart and soul with my only one,
and it is you my sweet Queen I'm dreaming of.
So do know I'm thinking of you and wondering
where you are and how you are doing,
wondering if your smiling making everything shine
around you in the amazing beauty you have.
I'm dreaming of having you here in my arms.
Please my sweet Queen I know that you worry that
maybe I'm leaving, feeling angry, or not thinking of you
but I assure you I'm dreaming and thinking,
I'm not mad or upset in even the slightest,
and I'm not leaving I swear.
Trust me though that I understand the insecurity you feel
because other people have treated you very bad,
I know it's hard to trust again.

I give you my most sacred promise and vow on
all I hold dear, respect and revere.
I love you deeply and I'm right here for you always
my true sweet precious Queen I hold dear.

Michael P. McParland

Late Morning Nap

A marvelous late morning nap in your arms
is what sounds so beautiful now,
to be in your arms on this late spring morning
would be bliss having you next to me
holding me close.

A late morning nap with my love held so tight,
I wish you were here tp lie down with
as I'm deeply exhausted and tired.
I love you sweet darling and of you I'll be dreaming.

Michael P. McParland

Wrapping You Up

I'm wrapping you up tight into a
comforting loving hug,
one to fill you with light and hope
to let you know I am thinking of you,
hoping you're okay and your heart is at peace
knowing I'm always here and support you no matter what.
I'm wrapping you up in a massive hug
giving you also a deep passionate kiss.

I'm wrapping you up tight because I'm
so worried about you and how you are doing,
my heart and soul are calling out saying I love you.
I fear you're in pain and feel lonely
even though you are not because I'm here for you always.
I'm wrapping you up in this very tight hug
so you'll always remember my love and heartfelt admiration
feeling me by you to always give strength and support you,
I'm wrapping you up too because we both
need the comfort from each other.
So with a big kiss and a tight hug so big
I love you sweet Kira I miss you so much.

Michael P. McParland

Morning Note 51

Good morning sweet darling
I hope you slept well and felt
deep comfort from all the love that I send.
I will be with you the whole day,
I always am so please
take strength in the knowlege
and feeling that I am right
by your side giving you
my endless love because I adore you.
Have a good day and feel
the love of my heart and
the immense amount that I hold.
What I wouldn't give to gaze
upon my beautiful woman right now,
to give you a kiss and look you
deeply in the eyes to say
Kira I love you and I mean that
and feel that more than anything.
You are an amazing miracle
and gift to me.

I'll tell the sun to shine
right upon you in this day,
so through its warmth it can
deliever my love,
close your sweet eyes and see
my loving looks and big smile,
know that what you always saw in my face
is true love and beaming over
the person who holds your heart.
God bless you and be with you
you are loved by him and me so very deeply.
Take heart in knowing that
you're a beautiful special woman
and I love you like no other.
You are my lady and dream,
my Angel and Queen so marvelous
and soul satisfying to me.
I'm right here if you need me

and I'll be here always.
I love you sweet Kira and I
can't wait to see and hold you.

Michael P. McParland

I Love You As You

Sweet darling I love you because you are you
and you do as you do.
I love you because of the person you are,
even your flaws as diffcult as may be sometimes
are part of the reason I love you so much,
because the perfect bits mixed with the
imperfect bits make my sweet Kira herself,
and I love that woman so much.
Sweet darling I love you because you are you
and you do independently as you do,
that's why I'm madly in love with you.
Make sense? :)

It's just as you love me for me and
being the odd man that I am even
with the flaws that I have,
I know you find many quirky and funny,
and that makes me happy making
me love you even more than before.
What makes our loving bond so very special
is we love each other for being ourselves,
we don't want each other to change but
in those needed spots just improve
upon them for better understanding
and not having fights that have so hurt us.
You love me for me as I love you for you
and that's just but one small part
that makes what we share so beautiful and rare.

Michael P. McParland

I'm With You Now

Feel at peace and be calmed for
I am with you there right now,
my arms wrapped around you so very tight
reassuring you telling you it's all alright.
I love you still and I always will,
I'm right by your side hand in hand forevermore.
I will always stand right beside you and
stand up fighting always for you.
Be at peace and feel my strength.

I'm with you now as in spirit I always am,
feel me there holding you while I stroke your hair,
kissing you in true love telling you
that you're the one and if so needed for you
I would give my life and surely die.
I will do anything for my Angel bride.
Be filled with warm cozy comfort for
I am there giving you all my warming love.

I am right there with you and care so deeply
for the woman I know I've known since before we came to earth,
right off our souls touched and to you I
opened up and shared more of my inner self than
I ever do with anyone in so many ways.
Feel my hand within your hand sweet one because
I am with you now to give you peace and
reassure you of my caring tender love.

I'm right there with you because I love you so,
I know you're in pain and hurting so.
It tears me up to know that there are tears of sorrow
flowing from the eyes and soul of my darling,
I'm right there with you so you'll not be alone,
feel my arms wrapped tighly around you now.
I'm with you always my sweet darling dear
never forget the deep immense love I feel.
I will protect you from all harm and pain
because I love you darling and I want to
give you all my best my everything,

I want to honor you in every way.
You are my Angel and my one I'm there with you right now
and when you're ever feeling lonely close your eyes
and see my loving smile,
then you'll feel me there protecting you,
you'll now my vow and dedication are pure truth.

Michael P. McParland

Sleeping Among The Moon And Stars

Goodnight my sweet love I cherish so much,
look at the stars tonight for that's
where we will meet and spend the whole night,
see my great big loving smile and let
it carry you up to the enchanting
night sky to be with me in my arms.

I have our spot of pure peace and sleep
all set ready for us to stay the night.
A majestic tree in a majestic field
of many dazzling, bright,
yet ambient colors that amaze the eyes, spirit, and mind.
Under this tree on a blanket wrapped
up together under another holding each other.
Contentedly resting and healing by the magic
of the stars and moon that give us their light and time.

With a massive kiss I look in your eyes and tell
you I love you my only sweet one,
you are the greatest gift and prize of a love
anyone could ever hope to recieve.
A true blessing and God sent Angel so great and divine.
Come cuddle with me and we'll spend the night
among the amazing miracle that are the moon and stars.

Tonight my sweet darling just lying there holding you
feeling you close among the moon and the stars
enjoying the deep love for me you feel and show.
A truly beautiful miracle and miraculous night
spent with my Angel among the moon and stars.
I love you sweet darling and goodnight again,
feel me holding you, kissing you, reassuring you
through the truth of my words.
Feel at pure comfort and peace the whole night long
for it is you to whom I belong.

Michael P. McParland

My Precious Love

Oh my sweet precious love my heart swells for you,
not from agony and pain but a swelling of love,
a true love in so many ways simple and plain,
yet so complicated for I cannot explain or
adequately express that which I feel so deeply inside.
My precious love my heart swells for you in
true love and endless pride.

My precious love I will be here forever I'm right by your side,
I'm not leaving at all and I'm sending you
millions of kisses and hugs with smiles abound just for my one.
I love you so much and it frustrastes me so
that you can't be me for only a moment
to feel what I feel and know the truth that I do.
My precious love I wish you could know for a moment what I hold.

My precious love you have a beautiful heart of gold
and I treasure that heart because it is yours.
I want to see it happy glowing in full,
I want everyday to make you happy and proud.
I want to show you and your heart your worth which
others have robbed you of your belief.
You are beautiful and wonderful one of a kind.
My precious love your you and that's grand,
I wouldn't trade you in for one single thing.

My precious love I just want you to know I am always here,
you are a blessing my Angel best friend,
I would never change having met you because you are so special to me.
My precious love you are a wonder to me and
I'll love you forever and I'm never leaving.

Michael P. McParland

In Case

In case you have any fear of me being angry
I assure you I am not.
No way can I be angry at my only one,
just pure love and acceptance for you in my heart.
No anger or desire to yell,
just pure love and desire to support and comfort you,
help you know I am here and you're not alone.
Kira my dear I love you so.

Michael P. McParland

You Will Always Be (My Everything)

Good evening my sweet
darling of loving light.
My smiling heart calls out
to reassure you all is okay
and I love you just as much now
as I did before,
I always will.
You are everything to me
and I adore you my Angel true.
You're still my best friend and only one.
You are such a wonderful,
kind beautiful woman and
I will NEVER give up on you.
I promise this now.
I swear before God and
on that I hold dear I'll
continue to fight for you
giving my best as I want
to honor my Queen.

Try to have a beautiful
evening and night feeling
the peaceful love I send,
I'm holding you and your hand
and with a kiss say everything
is alright sweet one,
I am your forever man.
Don't worry about me but take
care of yourself and needs
first because I want you to be well.

I'll be okay because for you
I will forever remain strong,
I will be your rock and support,
and if you need anything
or do need to cry I'm right here for you.
I'll be writing still,
I'm not going anywhere because
I love you more than anything.

You're my sweet Angel dove and Queen.

Michael P. McParland

Smiles To You

Smiles of pure love and acceptance to you my only one,
do not think for a minute or allow a shred of fear
because I am still here and I always will be.
I've promised and sworn I'll never leave you
and I would not think now of walking out on you.
I send you smiles and millions of kisses,
I will always be here in love with my sweet Angel.
So never fear I'm not going anywhere so
always feel peace in the love warmth I send thee.

Michael P. McParland

Evening Note 41

Good evening sweet love
I hope on this evening
you are smiling and well,
I hope you have felt the
peace of all my care
and loving warmth.
I think about you
and how you are doing.
I want you to be happy sweet lady.

I am okay just not really sleeping,
here and there a half hour rest
then back up and cannot relax.
I just want to sleep for a bit
then wake up feeling better
and fully physically pleasant.
So it goes though in my
many bipolar cycles.

I want you to know
that I love you so deeply
and that on this evening
I wish I were holding you
lying in bed just feeling
deep peace as we snuggle and talk.
I pray for all to come
so very soon,
I know you need me just
as I need you too.
God bless you sweet lady
and feel my loving peace.
Be happy and at ease
knowing and feeling the love that I send.

Michael P. McParland

My Eyes

My eyes heart and soul see only you,
they feel and know your spirit and heart,
they can feel and know the truth of the
precious, kind, beautiful woman that you are.
They see feel and know that you are
a tender, kind, loving wonderful soul.
My eyes heart and soul see only you
and know the truth of the love I feel.

My eyes heart and soul have seen beyond the walls,
I feel your pain and hurt even if I don't know why it's there.
I can see and feel the lonliness that burdens you,
how you long for someone who loves you as you.
Treats you with respect as you deserve and sees
the intelligent woman I see, know, and have experienced is there.
My eyes heart and soul have seen and felt
the core good and righteous loving kindness that you hold.
Please share with me so I can help you heal.

My eyes have seen a beautiful woman who I truly love,
my heart and soul feel yours in return and feel
all their loving, giving longing care.
I know with all my being that you're the one,
I feel your love and have seen it too.
My eyes heart and soul see only you.
I love you deeply in every way and I can't fathom losing you,
I want to give you all that you deserve,
always treating and showing you the beautiful
kind woman we both know you are.
My eyes heart and soul know the truth of my desire,
to spend forever with my Queen and Angel.

Michael P. McParland

Feel At Ease

Feel at ease and be filled with peace,
sweet love I'm right here holding you in spirit,
I'll be holding you and your hand this way
until so very soon when we reunite and then
body next to body I will hold you close
to say I love you dear and you are my everything.
I'm never leaving I am here to stay.

Feel at ease sweet one and know that I
am always here for you, watching out
in every way I can and will protect and defend.
Feel at ease sweet lady please.
Remember my thoughts and heart are with you now,
they always are and they always will.

Feel at ease sweet love and relax sitting back
as you recieve the loving strength and love I send,
be filled with peace and comfort from my heartfelt gift,
a gift I only give to those very few I truly love.
Feel at ease because I love you dear and I'm with you.

Please my dear I ask that you relax knowing
I will be right by you through times great length,
feel at ease and be filled with peace.
In spirit I am holding you so tightly now,
listen closely as I whisper in your ear
I love you Kira it will be alright,
I am your man and will not let you down.
I'll fight for you to no end.
Be at ease sweet Kira soon I'll hold you
and your precious heart will mend.

Michael P. McParland

My Love, My Queen

My love my Queen you are so special to me,
my diamond in the rough and cherished one.
I love you more than anything and long
to spend the rest of time with you.

My Queen my love come sit with me and
hold each other talking about everything
we've missed in our time apart.
Just reconnecting looking into
each others eyes feeling all around the true love we share.

My love my Queen how I wish to spend my days with thee,
you are the one I give my heart and life in full,
it will always be only you, you're my Angel through and through.
My Queen my love what can I say more than
I love you deeply and wish to be with you forevermore.

Michael P. McParland

Love Note 156

Hello sweet dear
how has your day been?
I'm worried about you
and how you're feeling.
Please do not feel sad
and don't feel you're all alone,
remember I am by your side
forevermore,
I hope your happy and
feeling all my warmth and love.

I truly miss you deeply
and care so very much,
I'm thinking always of my only one.
So this quick note to reassure,
Kira I love you deeply
and I'm always here,
my heart is yours and
I want to spend my whole life with you.

Michael P. McParland

Tango

Come close now my dear as I grab you near,
so snug against each other intimate in movement now.
Tango with me dear here on this night of rich delight,
come let me hold you so close and tight
and as one move through the night dancing a tango so sublime,
the world is ours and together you are mine and I am thine
so snugly we dance as one all through the night we go.
Tango dear on this night with me and enjoy our eternal love.

Michael P. McParland

Morning Note 50

Good morning sweet love
did you sleep well and have the sweetest of dreams?
My sleep is still very erratic
constantly up and down.
Have the brightest of days and
feel me right there by your side
giving loving kisses and hugs.
Let the sun fill you with
all my deep caring loving warmth,
you truly are so special to me.

I love you my darling and
pray I'll hear from you so very soon,
so I can tell you I love you
and have so deeply miss you.
You are an Angel and I adore
you so very deeply.
Have a great day my sweet lady
and remember I'm near.

Michael P. McParland

No Matter What

When you come and talk to me feel no fear,
I'll love you through all time no matter what you bare
because I love you truly just as you do me.
Feel not a bit of worry that I'll reject you
because I have felt your heart and spirit next to mine
and I know the pure wholesome goodness you hold inside.
I do not want to nor will I judge,
understanding and knowledge of my girl is all I want.

No matter what sweet one I'll love you just as much,
I feel fear too in that some of my revelations will shock you too.
To know and understand each other is all we need,
we're good people with kind hearts and know what we are.
I'll still feel the immense never ending love I've always had
because overall and far ruling is the beautiful woman I know,
I could never hate you, be disgusted by or other repulsive behavior.
No matter what my heart sings for you.

I love you deeply dear through prayer and our bond
I know the wonderful beautiful woman that you are,
I'll love you no matter what through all eternity.
So feel no fear and come into my loving open arms
then share with me everything you will as I will in return.
Come now sweet one I love you so let's start our journey together now,
because no matter what no matter where I love you always
my sweet precious Angel dove.

Michael P. McParland

Time For A Rest

I'm so very tired my darling one.
Would you come join me and rest?
Snuggle and nuzzle feeling cozy and safe,
I'm tired to the bone and need a rest.
Come join me my love and let's snuggle up.
I love you sweet dear come snuggle and rest.

Michael P. McParland

My Heart (Loud And Proud)

My heart calls to yours full of love
so very proud and very loud,
my heart calls to you in pure love
and immense caring adoration too.

So very loud and proud I announce
to the entire world that my heart is yours
and that forever I'll be by your side.
My heart reaches out to you calling
in full voice I love you Kira you are truly grand.

Michael P. McParland

I Always Think And Worry

I love you darling and there is no greater truth.
I always think and worry about you
and what you're going through.
I'm sorry and I worry for all the wrong I've done,
I worry that it's left a permanent mark that
is an everlasting painful burn.
I worry about all the things that go on
in your life that I know nothing of,
I worry immensely if your hurting inside
or if in body somehow hurt.
I worry for your precious heart that I so truly love.
I always think and worry about my only one.

I always think about and look at you,
you are my everything and I want to give my all for you.
I've never wanted to hurt you a bit
and that it's ever happened daily breaks my heart.
I worry that you'll never know me in full,
when all I wish to do is share all I am with you.
I have no friends and don't much desire them,
you're my best friend and I worry I'll never see you again,
I worry that we'll both spend this earthly life
heartbroken and all alone if we don't work things out.
I think about the fact that there are reasons
in your life why maybe you cannot,
and I wonder deeply why you can't.
I understand if there are reasons why,
and I worry that you think I cannot see that
on this earth sometimes things will interfere.

I love you darling and that's the greatest truth,
I so often worry that you can't see it because
other people have smashed you down so you no longer
see the beautiful precious woman that you are.
I worry that you don't know just how wonderful,
beautiful, precious and dear you truly are.
I think about you all the time and how I
want to spend my life right by my only one.

So yes my love I think and worry about you everyday,
because you are a precious gem that I adore.
I worry because I have more to tell you and share
than in your greatest dreams you could imagine.
I'm not bad just a man filled with intense passion
who needs so much love I know I drain you and ask too much,
I worry that unintending I've sucked you dry.
Too much to tell and too many tears so I must stop right here,
just know my love I know you're heart and like me
you often protect it well beyond, even to the most important people.
I worry because of my fears and needed walls that
now I may never get to reveal what's there at all.
You make me happy and you make me shine,
it's being away from you that breaks my heart.
So don't be mad and do not fear
I'm now thinking and worrying over you.
I care so much that for one sweet moment with you
I'd give up all my life.
You are my Angel and you are my Queen,
you mean everything to me.
So yes I think about and worry over you.
Kira my darling I so immensely love you too.

Michael P. McParland

Sleep Well Sweet One 2

Sleep well sweet one I'm eternally giving you
all my love and warmth rather we be together or apart,
right now apart but so soon together I pray for it.
With a massive hug and kiss let's end this night and go to bed,
just snuggle in the glow of our true love,
kiss and cuddle knowing everything is well and good.

Sleep well sweet one feel me there with you
holding you close while in word and action reassuring you.
Making sure you know my love is true and
that you're not alone because I'm never leaving you.
I love you to pieces and eternity is where as
true soul mates and lovers we will take our places.

Sweet one tonight in the land of dreams we shall
once again come together and meet.
I just want to wrap up tight within a blanket
with you and in your arms.
Stay the night together surrounded in what we need each other,
the hell with the world and all involved
for it's our time and we will enjoy it in full.
I love you dear and I'll see you in the land of dreams.

Sleep well sweet one for you are my Queen and only one,
you are the greatest reason I keep going on,
fighting inch by inch everyday to be with and support the woman I love.
Sweet one you are the stars moon and sun
you are an amazing wonderful miracle to me.
I'd do anything to see you happy, be fulfilled,
see all your hopes and dreams become real.
It's for you I find many a reason sweet one.
Sleep well sweet one and know that you are truly loved,
feel my hand in yours and know that you are my everything.

Michael P. McParland

Love Note 155

Oh sweet dear it is you
I hope for and call to on
these lonely nights so blue.
You are the one that gives me hope,
you are the one that gives me light.
You are my peach so very
soft and very sweet.
The biggest shiniest apple
of my adoring eye,
you are a precious gem my only one.
I love you deeply and I'll
keep telling you that time and again.
You're not alone now
nor will my Angel ever be
because you always have me.
Just reach out and take my hand.

Oh my dear sweet Kira
so very tender, kind and full of true love.
My only desire is to give
you all my love sharing myself with you,
I adore you dear.
Don't you know?
I want to spend this life
and the next within your arms.
Sweet sweet Kira dear I
truly, deeply love you so.

Michael P. McParland

Hard Lonely Night

Having a very hard night so lonely
without you dear my Angel of light.
I'm struggling hard and feel down so low,
I want to be with my best friend,
my only friend, my true love Kira the greatest girl.
I just want to be with you.

A very very hard and lonely night I just lie here in my bed,
I can't not fully rest I cannot remotely relax.
I feel so horribly alone right now and
am just holding back the painful tears.
Dear where are you now I'm having the hardest
night and deeply need you here.
I just need to have you near.

A hard and lonely night from a mix of things,
and only you can make me feel better and at peace my Angel Queen.
I just want you in some way right now,
a lonely night with no relaxation as I lie in bed,
my heart and soul aching crying out to you
in the greatest and most powerful of ways.
Please come get me sweet lady of my brightest hopes and dreams.

Your the light I need and have so much to tell,
I'm having the hardest night and you're the one I need.
I love you darling and I'm so lonely here,
you are the one I love and has always helped me in the toughest times.
So my love please hear my call and feel my love for thee,
I'm having a hard and lonely night I badly want you here.

Michael P. McParland

Come Hold Me Close 2

Come now tonight sweet one I need you so very much,
Come hold me close and hold me tight
I just need your warm, calm. peaceful,
loving reassurance now.
I need to feel secure within your Angelic loving arms.

Please sweet dear come hold me close and hold me tight
as on this cool spring evening I lie down.
I just need the comfort of the one I love,
the lady who brings me peace when I'm shaken.
Come hold me close my only one and
hold me tight while I release the emotion I hold inside.

Please my love come hold me close and hold me tight,
I am in great need of your true love on this night.
I love you deeply and miss you enormously
and tonight I need you to come hold me tight.
Please hiold me close and help keep me warm,
please my dear I need and long for you.
You're my only love and your arms are where I belong.

Michael P. McParland

Evening Note 40

Good evening dear
I hope you're doing well,
I've been thinking about
you dear and have been sending
all my love.
God bless you always
my sweet Angel dove.
Not much here from me tonight
just getting needed rest,
longing for you to
be right here by my side.

I'm with you always my
dear and only one,
I'm reaching out to grab
your hand right now to
give you warmth.
Please reach out and grab
mine right back as well.
We're both in need of
deep comfort and each others love.
I miss you deeply and
I'm aching so.

I'll be sending you
my deepest love through
the entire night.
I love you deeply Kira
and I need you here.

Michael P. McParland

Will It Be Soon?

Will you be here soon sweet love so true?
I need you now more than you can know,
the lonely waiting hurts so much,
please come soon my only one.
I ache and long to have you in my arms
and just have you near forever dear.
Will it be soon I hear from you?
To reconnect and laugh again,
cry a bit in the time we've missed,
then make plans to see each other once again.
Oh sweet love please let me know
will paradise be here so very soon?
I want you here to rest with and
just hold all night and day,
my heart is hurting waiting for our day.
I miss you deeply and I feel so very sad.
Please tell me dear that you will soon be here,
to share our days and share our lifes.
Helping each other fighting side by side all the way,
rediscovering the bliss we need with each other near.

Tell me dear will it be soon?
I love you deeply and I need you.

Michael P. McParland

Love Note 154

Good afternoon sweet dear
how are you today?
I've been resting off and on
my brain is tired more
of a resting day,
but while I've closed my eyes
I've dreamed of you and
all our future days.
Just holding you
and having fun,
reveling and enjoying
all our love.

I've been sending you
all my peaceful wholesome
loving warmth,
I hope it has comforted you
and let you know I'm by your side.
I'm never abandoning you my only one.
I'm sticking with you
through eternities time.

I love you so madly
and long to be with you
in every way you can imagine,
I just want to be by the one I so fancy.
I miss you dear and pray so
soon you will be here,
I love you Kira and I'm
always here for you my dear.

ILYF and ever KP.

Michael P. McParland

You Are Everything

You are the one who means the most to me,
when I look at you I know that it's you I want,
it's you that I would do anything for.
It's you I would defend with everything I am
and if needed in any way give my life.
You are a blessing and my everything.
Kira love you are the only one.

You are everything I want within a woman,
you have brains and beauty,
you have a kind caring loving heart so very large,
you love me as much as I love you which
is everything a person can want in their love.
You are everything that I see when I think,
speak, read or discuss true love.
Truly my sweet Angel it's only you.

You are everything I will go the lengths
of the earth stretching all my limits for.
You are everything my heart and soul
feel and know are true and I so deeply cherish you.
Kira love you are my everything and I
treasure you immensely in every single way.

I've said it before and I maintain its truth,
you are everything I'll ever want and need,
you are the woman for whom my heart longs and beats,
you are everything it knows it wants to
give itself and share all it's worth.
You are everything to me.

You are my best friend and soul mate in every way,
I know there's no other ever for me my Queen.
Since we met I've loved you and you've been my everything.
So please here my hearts call and feel its loving glow.
Kira you are my everything and I love you.

Michael P. McParland

Come And Rest

Come and rest with me sweet dear
I'm so very tired and want you here.
To be in your arms and gaze in your eyes
saying I love you dear and I'm glad you're mine.
I look forward to a lifetime spent with you,
falling asleep and waking in your arms.
Lying in an empty bed no more.

Come and rest with me my dear
I want to be in your arms as I drift away,
your head resting on my chest
our arms tightly wrapped around each other in true love,
feeling peaceful content and strength as we
hold each other going to sleep.

I'm very tired dear and need you near,
I need the loving comfort that you bring.
You give me peaceful solace to relax,
you are my Angel and you are the best.
Come and rest with me my Queen I need
you so badly here with me.
I love you dear so very much,
come and rest I need to be within your arms.

Michael P. McParland

Eternal Peace

For me eternal peace is being with my one,
spending the rest of time always hand in hand.
Eternal peace is happiness beyond the mortal realm,
eternal peace for me is being with my most beloved.
I want to spend eternity in never ending peace
beside my Angels side.

Eternal peace is knowing I'll never be alone again,
it is knowing I'll spend it with my family
and the only woman I truly love.
Eternal peace is being with her everyday for the rest of time.

I want and long for this eternal peace
soon beggining here on earth.
I want to start that journey through space and time
very soon right here with only her.
She is the one I truly love and she's so divine.
I intened to have eternal peace with only her.

Michael P. McParland

Morning Note 49

Good morning love
how was your night of sleep?
Peaceful dreams full of
you and me I truly hope.
I was awake through the night
but all my thoughts were of you,
how I miss and long for you.
I was sending you all my
loving warmth I hope it gave you peace.
You truly are the sweetest girl
and my only one.

Have the brightest and
warmest of days ahead and
feel all the loving peace I send,
remember I am with you everyday,
you are not alone my sweet Angel dove.
I miss you dearly and want you here
see and feel my smile shining
on you my precious dear.
I love you deep and I
love you truly so,
sweet Kira dear
you are my Angel Queen.

Michael P. McParland

I Just Want (Days)

I just want to spend my days with you,
the happy and sad, the good and bad,
the fun and boring ones that come.
The hectic and mundane, the ones with everything.
I just want to spend my days with my lady fair.

I just want to spend my days with you
going along side by side hand in hand
enjoying the company of the beautiful woman I love.
I want to spend my days filled with the
company of the greatest Angel I can dream.

I just want to spend my nights and days
in the loving accepting arms of the one I love,
my Queen who I work so hard for everyday.
I want to be with her because for her my heart does sing,
I long to spend my days in true love the greatest dream.

Sweet lady it's with you I want to be with all my days,
because my heart and soul are yours and yours alone.
I love you deeply in every way and I can't think
of any better way to spend my remaining days.
I want you close and I want you near,
you are everything I've ever wanted dear.
I just want to spend my days with you
both in this life and the next one too.
I love you deeply and I love you truly,
I just want to spend my life with you.

Michael P. McParland

Tender Kiss

A tender kiss to you on this night
to fill you with peace and delight,
feel my love there surrounding you tight,
wrapping you in a blanket of comfort and strength
reassuring you of my dedication and admiration.
To make sure you know I'm always here
and I'm always yours.

A tender kiss to you my sweet Angel dove,
I love you so much nobody can know,
only you feel the power and force of what I hold inside,
an immense passion and loving compassion.
A love pure and soul driven for my Angel
to whom myself I have given.
You are a wonder to me sweet woman.

A tender kiss to light up your soul
so you'll know I'm always doing my best for you,
that I strive to honor you in every way,
to make you happy and proud, completely fulfilled.
A deep tender passionate kiss,
to remind you I love you and you are the best.

Michael P. McParland

Night Note 76

Hello sweet love I
hope you're resting well
and dreaming of our future
plans so very bright ahead.
I'm a little emotional and
jittery on this very night
but I have some tasks to
keep my mind busy and not
wander free to find some frights.
I love you dear and I'm so concerned,
if you need a thing please let me know.
You're not alone and will never be,
I'm your man and right by your side
hand in hand every way sweet lady.

I'll be thinking of you while
I go about these few chores,
writing for you as I go along.
I want you to know I truly
need you near because you are so dear.
You mean everything to me sweet Angel
and Queen I revere.
Please come talk to me so very soon
while holding each other
and finding all the ways to make it through.
The love we have is a special
gift from God above,
let us enjoy it to the max.

Michael P. McParland

Sweet Darling

Sweet darling of all my brightest hopes and dreams,
feel my spirit now with thee,
feel my arms around you tight and my hand within your hand.
I woke from my slumber feeling you needed extra comfort.
Remember that I love you so and you're my only one.
Sweet darling and Angel of my whole life feel
all my love I'm sending your precious way.

You are the only woman I ever think of and dream of marrying,
sweet darling feel my arms around you as we snuggle now.
I love you lady you are a treasured jewel,
I cherish you in every way you are so beautiful.
Kira my sweet darling I am always here.
You are not alone and you never will.

Michael P. McParland

Goodnight My True Love 2

Goodnight Kira my true love I send this big kiss,
now together holding each other let's slip into bed.
I want to spend this night in your arms caressing your cheek,
stroking your hair, kiss your lucious lips all the while
telling you how I love you and all of my feelings.
Goodnight my true love it's only you forever.

I'm sending you all of my tender wholsome loving warmth,
feel it envelop you filling you with peace and strength.
Right behind are a million hugs and kisses,
let them shower you with my endless adoration.
I'll love you forever and am right by your side.
Oh my sweet Kira I love you more than anything.

I'll see you tonight within the land of dreams
where I just want to hold you and kiss you while
we lay down on our blanket under a tree by the stream.
I want nothing more than to be in your loving arms,
kissing and talking passing the time.
I'll see you tonight in the land of dreams.

I'll be holding you tight the entire night
telling you everything is alright,
reassuring you of all my abundant true love.
Kissing you telling you I want to be with you forevermore.
You are my soul mate and best friend, an Angel so fair.
Goodnight my true love I care for you deeply,
I'm never leaving you I am here when you need me.

Michael P. McParland

Love Note 153

Oh sweet love I miss you deeply
I miss you dearly,
how very deeply I wish that you were here.
I love you so
and I love only you,
please come soon my only one.

Michael P. McParland

I Need 2

Sweet lady I need to see you once again,
I need to put my arms around you
and say I've missed you and I love you so.
Sweet lady you are my everything
and I want you to forever be with me.

Sweet lady I need to hear you say
you love me in every way,
I need to be in your arms and feel your love surround.
Sweetest lady of my hopes and dreams
I need you to forever be with me.
My love for you grows everyday.

I need you to know and feel
the deep truths of my very heart and soul.
Sweet lady I love you very much
and need you to speak to me.

I love you deeply and I love you true,
sweet lady I will forever want and need only you,
I need you to share my life and love.
Sweet lady I need for you to know
it will always be you and you alone.
Sweet lady I need you to understand
and know I deeply love you so.

Michael P. McParland

If You Only Knew

If you only knew to what depths I truly love you
and that I would go any lengths to make you happy
and forever see you smile.
If you only knew how much I truly cherish
and admire you sweet lady of my hopes and dreams
you would truly understand and see how my heart
aches to be with thee.

If you only knew how far I would go and fight for you
and how my heart cries out and calls to you,
how I would protect and die for you
so you could forever be safe and free from
this earths most harmful things
you would understand how my heart swells with love for you.

If you only knew the lengths I've gone to protect
and keep from harm my fragile heart,
not letting people in and also having been savagely hurt.
If you only knew how much I want and will let you in
you'd truly understand the love for you my heart holds within.

I'll give you my world and share all my prides
if only you'll talk to me and we'll figure things out.
I love you deeply and right now my heart deeply hurts,
it hurts because I want you to understand and also share my life.
I love you Kira if you only knew,
you are my everything and my sweet Angel too.

Michael P. McParland

A Tear

A tear just fell on my pillow,
a stinging pain in my heart right now.
Why so stupid to try?
A tear just fell from my eye
and I want to lay down and cry.

Michael P. McParland

A Rest 5

So very tired sweet love and I need a rest
for a little while,
come join me dear and hold me while I drift
off to some needed rest I want to feel you near.

I need a rest and I my love here too,
come now sweet love and let me hold you too.
I want to have you here with me in my arms
in peace and comfort while resting a few hours away.
I love you darling and I so badly want you here.

Michael P. McParland

Beautiful Lady 5

Beautiful Lady you are the one that I adore,
I dream of days ahead in your arms.
Just feeling safe and happy knowing all
my loneliness is finally done and gone.
Beautiful lady I so adore and love you true,
beautiful lady I'll always deeply love you through.

Beautiful lady I want to always give my best for you,
God bless you for the wonderful woman you truly are.
You are so precious and unique not changing
for others just to please their selfish desires.
Beautiful lady I truly love and admire your
courage pushing through to do the best for those you love.

Beautiful lady you hold my heart and soul,
you are the only woman I'll ever need and want.
You are an Angel and a blessing true,
beautiful lady I so dearly love you through and through.

Michael P. McParland

Love Note 152

Good late afternoon
sweet lady love of mine.
How has your day been?
Mine has been fine but I
feel most tired right now,
but no time for sleep now
as I must get ready to start
making dinner for it's a long
process on this night.
I wish you were here to enjoy
this stir fry with me.
It will always be my pleasure
to cook for my lady,
filled with thge labor of love
just for you.

I pray the rest of
your afternoon and evening
will go very well,
I'll be right by your side
sending all my love and warmth,
you truly are so amazing to me.
A poem for you after I
get everything prepared.
I am with you always my Angel
love of my life feel my
admiration always.
I love you Kira I always have
and I always will.

Michael P. McParland

Sweet Lady Love

My sweet lady love how I love you,
you're the picture of true beauty.
All about you a radiant glow,
a beaming smile I so adore.
Oh my sweet lady love you are
a gem and treasure on this earth.

My sweet lady love you are a shining star,
you amaze and mezmerize me in every way.
A true pure spirit one of only a couple I've ever known.
Oh sweet lady love I love to love you so.

My sweet lady love your spirit speaks to me,
even across this distance now I feel you precious hearts beat.
A beautiful thing so true and rarely known,
the heart and spirit of an Angel
and truly blessed Queen.

My sweet lady love you are a dream come true
I desire to spend eternity with you.
I want to make you proud and always happy too,
sweet lady love I aim to fulfill your life as well.
You are my dream and only one my sweet lady love
you truly are my everything.

Michael P. McParland

Love Note 151

Good afternoon my dear
and only love.
How has your day been
my only one?
I've been thinking of
you the entire time.
I'm always there right
by your side hand in hand
holding and kissing you
so you'll know you're not alone.

I'm about out the door
to pick up a few neccesities.
I'll be thinking of you
wishing you were there,
you always make the mundane
tasks of life so much easier.
I'll let you know when
I've returned but while
I'm gone feel all the love
and warmth that I always send.
You are my one and Angel true,
oh my darling Kira how I love you.

Michael P. McParland

Big Hug And Kiss 2

A great big hug and kiss to the woman I so miss,
feel my arms around you my sweet dear
as I plant this deep passionate kiss upon you now.
I love you deeply and I love you true,
a great big hug and kiss from me to you.

Michael P. McParland

A Dream 2

A dream of me and you in bed,
just holding hands and lightly
arms wrapped around but pulled slightly back.
Smiling gazing at each other with glowing looks of true love,
feeling the deep intese burning in
our hearts of true eternal love.
Feeling the knowledge of all that's real.
Knowing our souls are one and meant as
they touch and sing in celestial joy.
A dream I have and I know it's real,
a dream I have and very soon it will be here.
I love you Kira you're my dream and so supreme.

Michael P. McParland

I Pray

I have written and messaged you now my love
and I pray you soon recieve them and feel
the loving truth and sincerity they hold.
I pray for us to now reconnect and talk
finding a way to our beautiful, blissful,
amazing celestial future filled with true love
never seen before in our blessing from God above.

I pray so very much that now soon we can and will
see each other smiling just hold each other for hours on end.
Kissing in joy crying and laughing knowing
our misery and pain is at an end as we now
have found our ways back to each other once again.

I pray so deeply and profoundly for those quiet
evenings where it's just you and me,
reading, eating, music, watching films.
Just snuggling in our perfect love knowing
eternity is ours to claim and enjoy to no end.
I pray so deeply for you and me.

For you my dear I have always prayed and through
the rest of time and days I always will because
I love you deeply more and more with each passing one.
You are my one and Angel Queen,
the only woman I desire and truly want.
I pray for us in our eternal happiness,
see my words and feel their truth.

Michael P. McParland

Morning Note 48

Good morning my one and only
true love from up above.
I've been up the whole night through
gathering all my courage to
show all my love for you.
I just emailed you my sweet love
and not long after this
on Face Book I will message you.
Messages telling you of my love,
how much I miss my Angel and only one.
That life has had very few
bright moments without you
and lightly how I fell apart
over the summer, fall and winter.
I share with you the one shining thing
that helped get me through and
I know you'll understand how
important and how helpful it was
because I've shared how much that
one thing means to me and it was
a beacon of light that gave hope
in a way I will only be able
to share directly when we speak
for the sense it needs.
I love you Kira babe my sweet lady
so truly special to me.

Have the most wonderful day and
feel me there by your side hand in hand
every step of the way,
giving you a tight squeeze to let
you know you're not alone because
I'm your man and you're my girl,
I'm sending you all my love and warmth.
I love you Kira and shortly on
FB I will message you to let you know
that I'm not gone and forever I
will be by your side for eternity.

Michael P. McParland

Anything

There isn't anything I wouldn't do
for my beautiful Angel true.
I would do anything to make her happy
and make her smile,
because when I see those sparkling eyes
my heart and soul jump for joy going wild.
I lover her madly and I love her so.
There isn't anything I wouldn't do for her.

If she were cold I'd give her my coat
and the very shirt right off my back,
I'd give her everything I had to make sure
she was warm and cozy feeling good.
If anyone was ever hurting her in any way
I'd beat them up and make them apologize in every way,
noone hurts my only girl,
she's the most special person in the universe.
If she was hungry I'd go without eating
to make sure she was filled and nourished to be so strong,
if she needs help in any way I'll be there.

I will do anything for my precious one,
get up my courage to do things I wouldn't
for anyone else but her and God.
Anything for my Angel Queen.
I love her deeply and I love her madly
and I'm about to be more courageous to show
her all my love than for anyone or anything I ever have.
She is the one I so adore and I would do anything for her.

Michael P. McParland

So Soon Now

So soon now all will be bliss for us,
problems being solved with solutions found.
Soon now Kira my love we will have fought
through all the frustration and pain,
persevered and found our way.
Proving true love conquers all and is here to stay.
I love you Kira darling forever you and me.

Soon now my love face to face we will come again
smiles as big and filled with joy as children,
knowing at last our fate and bliss is here,
an eternity with each other filled with cheer.
Soon now my dear the Angels in heaven singing as we come near.

Soon now the closeness and love we've so longed to share,
our spirits equally becoming one,
knowing in full what true love has wrought and how it fells,
soon now darling our spirits glowing in celectial glories cheer,
soon now my Angel Queen forever it will be just you and me.

Soon now dear you'll recieve and see my words,
I am getting my courage up and behind me now in full.
Soon now Kira to you I promise and swear in full,
I'll say I love you and hold you dear so soon now it is near,
I can't wait to spend my life with you.
So soon now dear do you feel it too?
An eternity in my only lovers arms, I have saved myself
and waited for you oh so long,
I always knew this dream would come through so soon now
my darling it is true.
I love you Kira and you love me too that how
I always knew we'd make it through.

Michael P. McParland

Snuggle 13

After a dull and aching longing Sunday
come snuggle with me sweet lady feeling
happy and comfortable in each others loving arms.
Come snuggle with me and kiss for the shortest while,
then before we rest our heads I can look at you and say
Kira my sweet Angel and my only one
I love you and will far beyond this life here.
I'll love you through eternities stretching time,
Forever dear I am yours and you are mine.

Come snuggle now and get some rest,
I love you Kira you are the best.

Michael P. McParland

Goodnight Kira My Only One 2

Goodnight my only one with a huge kiss and hug
let us slip into bed as this day is done.
We'll just kiss and snuggle smiling the whole night long,
I just want to be with you for the rest of time,
Kira my darling dear you are my special one.

I'm sending you all my love and warmth with
the biggest hugs and kisses,
wrap up in them being filled with peace and strength
knowing I'm your forever man,
that I'm not leaving and I never will because you're my Angel Queen.

Tonight I'll see you in the land of dreams among the moon and stars,
the sun will come and say hello but the moon and stars are ours.
We'll walk along the path getting lost in each others eyes,
then we'll come to a stop where I have set a spot
for us to lay down on the grass and wrap up in a blanket
holding each other feeling proud,
being enchanted by the stars and moon and each other too.
Tonight it's in the land of dreams but soon reality is ours.

Goodnight Kira my only one I miss you dearly so,
feel me in bed next to you holding you oh so dear.
I'll tell you that it's all alright because you'll
very soon hear my call and see my words,
I'm always yours my only one for eternity so sincere.

Michael P. McParland

Night Note 75

Hello sweet love on
this late eve.
How was your day my one
I hope oh so well?
Mine has been up and down in
terms of my stomach and
getting sleep.
I'm up now for a little while
to do a few things and read,
writing to for you my love
never forget I want to honor you.
I want to let you know
a million times a day I love you dear.

A refreshing shower and some food
before I commence reading and other things,
inbetween it all a beautiful
piece for my lady I adore in every way,
my goodnight poem for you when I emerge.
Feel my arms around you the entire time
and feel my smile being thrilled
to be with my only one,
I love you deeply and adore you,
never forget you are my Angel
blessed and gifted from on high,
I'm never leaving so never worry,
you arre my lady and my Queen supreme.
I love you Kira you're my only one,
all through eternity hand in hand.

Michael P. McParland

Kira I Long For You

Dear sweet Kira how I long for you.
To hold you in my arms right now
and say sweet lady I love you.
To just plan our future stretching far ahead
as we smile and hold hands too.
Oh my dear sweet Kira how I long for you.

Kira I long to spend my every night and day with you,
I long to have us take care of each other
picking us up to help along through the hardest days.
Kira I long to spend my life along my Angel and my Queen.
Oh my dear sweet Kira I give this kiss to thee.

Kira I just long to be within your loving arms,
I long to spend eternity by your precious side.
My dear sweet Kira Angel of all that's good,
I love you deeply woman because you're all that's right and good.
My dear sweet Kira so beautiful and lovely through,
I long to be with you because I love you through and through.

Michael P. McParland

Quiet Evenings

Quiet evenings are what to God I pray for
to have everyday for the rest of my life with you.
To always eat a cozy dinner after a day
of getting done with things that needed doing then.
Not always a fancy dinner cozy and beautiful
because it's shared with you.
My Angel and my only love a perfect evening begins.

Then after cleaning up we can in full relax,
sit back on the couch holding hands while
reading from a book aloud we have chosen to explore as one,
live the adventure page by page as a couple in full love.
These quiet evening I pray to God I know
will be so soon.

Then we'll pop some popcorn and watch a movie you choose,
none of my horror films unless that what you want.
Then just hold each other as we laugh and cry along,
afterwards talk about what we liked.
These quiet evenings of my dreams are all alone with you.

Quiet evenings with my only love are my greatest dreams,
soon I know that we will begin this dream
smiling in true love the entire time.
Feel the love and comfort sweet one of knowing it is real,
that soon my Angel we will be there because I so truly love you.

Michael P. McParland

Dear Sweet Kira

Oh my dear sweet Kira I love you so
and I can't wait to share walks with you in the sun,
smiling, hugging, holding each other and kissing,
spending time with one another in bliss
feeling our true love surround us.

Dear sweet Kira within the week I'm going to email
and on FB message you so we can finally in full reconnect
and begin working all things out to see each other face to face.
Get ready to hear from me within the week,
it could be any day I just need to get my courage under me.

Oh my dear sweet Kira Angel true how I hope
to see you so very soon.
I pray that not long after we finally speak you
can come here or I will go out there.
I care not which place it is as long as I
can get to see my sweet dear Angel Queen.
I love you Kira and please recieve me with the
biggest smile you or I could ever please.
I want to see you smiling when we meet.

My dear sweet Kira I love you true,
when I write I'm going to confess all my deep love for you.
It's always been my Angel Kira true
I've only ever loved my Queen and blessing from on high
my God blessed blessing and gift from on high.
Kira get ready it will be soon.
Oh my dear sweet Kira I truly do love you.

Michael P. McParland

Love Note 150

Good late afternoon my love
how has your day gone sweet one?
I have been so very tired
and my stomach has hurt as well,
I feel like crying because
I miss you deeply and feel
I've let you down,
I will be up tonight writing
you some lovely poems,
some good news in one of them
so be closely watching out,
I love and miss you dearly
darling I just need to
get up and moving around.

I am with you always feel me
there beside you,
hand in hand I kiss you deeply
and say Kira my darling I deeply
love you,
it's only you for me I love you madly so,
Kira you are my Angel truly
and I'll always stick with you.

ILYF and ever KP.

Michael P. McParland

Sweet Kira

Sweet Kira I love you so very much,
you are amazing to me in every way there is.
I send this great big hug and kiss to you my only dear.
Oh sweet Kira dear I love only you.

Michael P. McParland

Love Note 149

A quick note for
you sweet one to say
I love you so
and only you for
eternity and more.
You are my only one
and I want to be with you.
I love you Kira you are
one of a kind and I love that.

Michael P. McParland

Morning Note 47

Good morning my beautiful lady
I hope that you have slept well
and all your dreams were amazing,
as I was dozing it was of you
I was smiling over and thinking.
I'll never get over my beautiful
woman and her gorgeous smile.
How precious and amazing you truly are.

I wish you were here to join me
on a peaceful lazy Sunday,
to just hold each other or
hold hands while walking through
the park talking.
I brightly dream of these days
so soon coming.
I love you my Angel so awe inspiring.
Have a wonderful day and
feel my hand in yours
walking right near,
squeezing you tight in my arms
telling you of all of my love,
see and feel the smile I hold.
I'll be sending you all of my loving warmth
and I'll be writing poems
for you too,
my heart and mind are with you
all the way.
I love you sweet Kira have
a marvelous day.

Michael P. McParland

Snuggle 12

Dear lady Kira I have now eaten and stuffed my tummy,
before I commence cleaning I need do some resting.
Come hold my hand and let's do some snuggling.
I am smiling thinking of this and want to
also see you smiling as I feel you next to me here.
An audiobook for some short stories as we lie
down in each others arms driffting off.
Snuggling with our true loves together as one,
come snuggle with me sweet sweet Kira love of mine.
I love you so much and it's time for some rest
before we commence on the daily chores that we must.
Come snuggle with me my only one.

Michael P. McParland

Sweet Lady 7

Oh my sweet lady I love you so,
you are everything I'll ever want.
You Amaze me and you my sweet Angel
truly are the most wonderful and greatest lady.
You help get me through all the malaise
and gray skies when they have set in.

I love you sweet lady and it is for you
I keep on fighting and fighting.
You have given life reason to go on and keep climbing,
I love and admire you my sweet Queen and Angel.
It is of you I'm always dreaming.
I hope to travel with you one day showing
you all of the places I grew up and have lived.
You my sweet lady are a blessing times ten.

Oh my sweet lady I love you so much
and wish you were here to cuddle and talk.
I miss you so much but I know all will be well so very soon,
you are amazing sweet lady
Kira I deeply love you.

Michael P. McParland

Night Note 74

Hello my sweet darling I hope
you're getting some beautiful
and restful sleep.
I'm up at the moment doing
a few things that were nelected
while I was asleep and
eating a bit to rebuild my strength.
Thinking of you is helping
all of the chores pass so fast.
Thank you my darling you do
more for me than right now you can know.
When you finally arrive I'm
going to tell and show you all,
let you know how deeply thankful I am.
You are amazing my Angel
and gift from God and heaven.

I wanted to drop in and
tell you I love you so much,
you mean everything to me my only one.
A few more big chores and I'm
going to cook myself a long waited treat,
I wish you could come have some tacos with me.
I make them so special and
I know you would love them.
Oh I adore you my most beloved,
inbetween things I will write you some poems.
Feel me there holding you sweet one
I love you so much and am
sending endless kisses.
I can't wait to spend every day
and night with you at my side,
Kira my darling I love you so much.

Michael P. McParland

Naked

I lay my heart and soul naked before you.
I want you to see everything I hide and hold
inside because I love and find you worthy
of sharing everything I am
and I want you to know how very much I care.
Before you for life I lay myself bare.

I lay myself naked before you now and always,
everything within my heart I show and present to thee.
I want you to see me and my soul in all
its proud unhidden naked glory.
I bare in front of you now my exposed
naked soul and heart for us to glory.

It's you I love and want to share everything within me,
I stand here naked and proudly all my secrets
hanging out presented in pure trust to the one I love.
Only with you will I ever share the secrets I have in me.
I love you Kira sweet lady Angel of my hopes and dreams.

I am so proud that it's you I love and give my everything,
no other person can get beneath a second layer
and you know how many I have to make it through.
So I stand before you naked now everything I hold
inside exposed to the one I love and my only one.
For eternity it's only you, I love you so very much.
I stand before you showing all my secrets now
for Kira you are my Queen and the one I give myself in full.

Michael P. McParland

Night Note 73

Hello my sweet darling
I hope your Saturday went very well.
I lied down after dinner
not feeling well and fell
asleep all over again.
I'm up though now for a good while
and writing for you is
part of my plans for the nights actions.
I love you so much and it's
all dropped off too much
in the last few days as I see.
You deserve better and I'm
always going to give my best
for my sweet only lady.
I want to show you always
you're my first priority.

I hope you have felt me right
by your side as everyday goes on by,
hand in hand I'm by you
and won't let anything ever harm you.
I am here and I love you and
will forever let it show,
you are my Angel and gift from God.
I am here when you need me
I'll never leave you and remember
I'll be writing as the night
moves along because Kira my dear
I truly love you so.

Michael P. McParland

Goodnight My Sweet Darling 2

Goodnight my sweet darling Kira I love you so much
come now and kiss then slide into bed.
I am sending you all of my warmth and my love
and I will be holding you tight through the entire night.
I just want to lie down with my lady and kiss you
feeling you next to me all through the night.

I'll see you tonight in the land of dreams
where among the stars and the moon I'll hold you so tight.
We'll walk along the path just talking and laughing
while the moon and the stars enchant us with their show of lights.
We'll just get lost in our world of the moon and stars
tonight in the land of dreams just you and I.

Feel me wrap my arms so tightly and securely around you
as I stroke your hair and kiss you on your brow too
as I lean and whisper in your ear everything is alright
I am right here and I love you so much,
you are the only woman my heart calls and sings too.
Soon I know it sweet love then forever just you and me.

Goodnight my sweet darling you are my Angel so true,
it is for you I am fighting along everyday through.
I miss you so much and will hold you forever when you are here
until then feel these millions of hugs and kisses I'm sending you.
I'll be holding you through every night giving kisses
saying my sweet Queen Kira I love you so very much.
Now get some good sleep and remember I'm watching
over and out for you goodnight my sweet darling,
you're not alone and if you need anything I'm right here.

Michael P. McParland

As I Lay Here

As I lay here with my stomach and head
hurting just a bit I saw in my minds eye
you enter the room and I could smell your hair.
I could see you smiling and felt
you lay down right next to me
and place your arms around my waist and pull me in.
I began smiling and can't stop in
this abundant feeling of awesome love.

As I lay here in my bed my head and stomach
aching in more than the smallest way
I can feel you here right next to me
saying I love you Michael and everything is okay.
Through this life and the next we'll take care
of each other in every way every single day.
We are soul mates and best friends,
we are meant to be and give of ourselves freely.

As I lay here in my bed not feeling totally well
I still smile because I feel you here and you
give me peace and comfort with all you are and send.
Thank you darling for your warmimg loving ways,
you complete and fulfill me in every way,
I love you Kira you are my protector and Angel Queen supreme.
You truly are my everything.

Michael P. McParland

Great Big Hug

A great big hug from me to you
as I say Kira I love you
be filled with peace and strength,
feeling secure knowing I'll never leave you.
That I'm going to spend the ages holding you.

A great big kiss from me to you
to warm you up in all the deep passion it holds.
So you'll be filled with the comfort
of the loving dedication and admiration I feel for you.
I love you my sweet sweet Kira Angel I adore,
this great big hug and kiss from me to you
my Queen and only one.

ILYF and KP.

Michael P. McParland

Evening Note 39

Good evening sweet darling
how was your day my Angel true?
I hope it was sunny and warm
where you felt all of my loving peace too.
I love you so much and want
you to be happy always in
everything that you do everywhere
you go it is true.
You are my Angel and Queen
sweet lady of my brightest hopes and dreams,
I'm holding your hand right
beside you, see and feel my loving
kind caring smile right now,
close your eyes and see my
looks of love as my heart swells with
kindness and love for you right now.
Feel all the strength I am
sending your way.

Good evening my darling I'll
be holding you close as I go through
the evening reading, watching movies,
and listening to music while I
lie here in bed.
I'll be wishing you were here
to cuddle and genltly kiss
while we held each others hands.
I miss you so much my Angel of light.
Fear not a bit because I will
continue writing for you
through the whole of this night,
I want to honor you in every way non stop.
Take care my sweet darling and
feel my arms wrapped around you,
I love you so much and can't wait to hold you.

Michael P. McParland

Come Snuggle

Come snuggle with me on this Saturday evening
sweet lady while we order out for some food and sit on the couch.
We'll watch a movie that you have chosen and just
sit back smiling enjoying the love we feel in each others arms.
Come snuggle with me on this Saturday evening and be close to me.

I just want to spend the whole night next to my love
in her arms while whatching a film, reading together,
listening to music while gazing at each other.
Discussing and laughing over matters of life and what's in it.
Come snuggle with me sweet lady through the whole evening
and then through the night.
Snuggling with Kira is the greatest dream I've got.

Come snuggle with me sweet Angel of mine and we'll just
sit back smiling to classical music and rest our eyes.
Enjoy the sweet moment knowing there are countless more ahead of us now.
I love you sweet lady my Queen come here now on this
Saturday night and snuggle with me holding hands and talking in true love.
Come snuggle with me my only one I love you so much.

Michael P. McParland

Love Note 148

Hello my sweet love
I'm so sorry I haven't
written the whole day
I have been out of it and
have only just arisen sweet one.
I hope you aren't upset
sweet one.

I've been by your side the
whole day through hand in hand
every single step of the way through,
holding you tight to let
you know you're not alone
and I truly love you deeply so.
I miss you so much my only one.

I'm getting up now and getting
moving and very msoon here
I'll write you the most beautiful poetry.
Remember sweet darling I do
love you so much and want to
be with you every day.
You are my everything and only one
oh my sweet Angel I love you so much.

Michael P. McParland

A Quick Goodnight 3

A quick goodnight tonight Kira my Queen
I've been catching up on sleep and am half awake,
I'm also very very sorry if I let you down tonight.
I love you so very much and I want to always give you the very best.
I thank you so much for the loving peace you send
that has helped me relax and and get this needed sleep.
You are the best my Angel Queen and I thank you
deeply always to no end.

Goodnight my sweet darling Kira please come
join me and snuggle tightly through the night.
I just want to be in your arms and feel your loving warmth the whole time.
I'm sending you all of my loving warmth with great big kisses
and hugs to wrap ypu up in peace ful strength.
I'll see you tonight my Angel in the land of dreams.
Goodnight my sweet sweet darling Kira I love so true,
once again please come snuggle with me I love you so.

Michael P. McParland

I Love You So Much 3

I love you so much I am bursting
with pure loving passion and need to have you here,
I love and adore you ever so much
my admiration for you my sweet Angel has no end.
I love you so much and ask for your hand.
Kira my love will you spend eternity
with me and make me the luckiest man?

Michael P. McParland

Fallen Asleep

I had fallen asleep here my dear
feeling all the loving care
and concern that you were sending,
thank you sweet love for I needed
the peace to start resting.
I dreamt of you you and me being together,
talking, holding each other and kissing.
It was beautiful and all the more
now I am so deeply missing you sweetie.
Please come join me and hold me as I turn over
for a few more hours of needed rest and relaxation.
I so need your kind loving arms around me,
you kind sweet spirit surrounding seeing your Angelic smile
I love you sweet Kira please come join me now.

Michael P. McParland

Beautiful Lady 4

Beautiful lady I just dream of lying
here in bed and holding you,
stroking your hair and rubbing your
shoulders and back to help you relax.
Ease the pain and tension that builds
up there from the maladies you must carry.
Then when you are comfortable just lay back
and look you in the eyes and say
I love you babe you are divine.

I'll always be here for you my only one
I'm here to support and help you where you need,
take care of you when you're sick
or the pain in your body is far too great.
There isn't anything I wouldn't do
for my beautiful Angel of precious light,
I love you darling you are so great.

Michael P. McParland

God Bless You 4

God bless you sweet lady to
calm and soothe your aching heart,
so you'll feel all of his love
and be filled with total strength.
God bless you sweet darling that
you'll be in no pain and be warmed
all over in the sunshine today.

God bless you sweet lady that you
will feel and be filled with all of my love,
know that I'm thinking of you and want the best,
that you'll you know you're not alone
because in spirit I'm right by your side
and if you need anything I am right here.
God bless you my beautiful one.

God bless you so you'll always know
how beautiful you are and your worth to me and the world.
God bless you so you'll always remember
you're his greatest work of art and most beloved Angels.
God bless you so you'll recieve all the greatest
things in life that a kind hearted soul so richly deserves.

God bless you always sweet Kira for you are amzing,
one of the brightest, kindest, most loving souls
on this earth anyone who gets to know you could encounter,
I've seen in full the amazingly beautiful kind
woman you are and I love you for you because
you are a wonderful genuine person I admire in full.

Michael P. McParland

Love Note 147

Good afternoon sweet Angel
of mine I adore.
How has your day been going so far?
I pray it's been well with
tons of sunshine and loving warmth
that I have been sending your way
with tons of hugs and kisses
to cheer you up.
I've just had the feeling
you've needed some extra strength
and peace on this very day,
so have I sweet lady so rare.
I so need you here to hold
and to talk to telling you I care,
to give kisses amd laugh with
and in fun just wrestle around with.
I need you so badly Kira my Angel.

I'm right there beside you
as always so take strength feeling
my hand within yours as I
give you in reassurance a tight squeeze,
I so much want to hug you
and tell you I love you,
I need more and more each day
to tell you everything I've
been keeping inside waiting
to share with my special one,
releasing it all so you could
really know everything inside of
me as I know you've wanted to,
everyday I fall in love with you
deeper and deeper admiring
you more as you are my hearts keeper.
you are my hero and soul mate,
my Angel and Queen so truly supreme
and I love you so deeply I
want to climb the tallest mountains and
yell to the world that I love

Kira Petranovich and she is my girl,
she is the most beautiful woman in the world
and with all my heart, soul,
body, and mind I want to marry her
because she's my Queen and I
share a bond with this God blessed Angel.

Michael P. McParland

Come Hold Me Tight 3

Come hold me tight sweet lady of mine
I ache so badly today it burns,
inside I am crying with my heart in deep longing
I need your arms around me my sweet Angel.
You my best friend are the only medicine
to cure this aching feeling I have within.
Please come hold me tight and tell me
everything is okay and alright,
give me a kiss and then just look
in my eyes so I can gaze at your soul
and feel peaceful comfort take control.
Come hold me tight my only one
I truly love you so very much,
you are the greatest woman in heaven
and on earth my hero in every possible light.

Michael P. McParland

Take My Hand 11

Reach out and take my hand sweet darling
let it fill you with peace and strength
I can feel you so need right now and today,
feel all the loving peace that I hold and want to give.
Reach out my sweet Kira and take my hand,
if you need to talk I am right here.

Reach out and take my hand beautiful lady,
let me pull you in holding you till you are happy.
Let me hold you so tight and stroke your hair till you are alright,
I am right here and if you need to cry on my shoulder
or bury your face in my chest while I quietly
talk to reassure you you're not alone and I love you.
Please reach out to me and take my hand my sweet Queen.

I love you Kira and want to help heal your aching soul and heart,
you are a magnificent woman so beautiful and great,
people have treated you so bad you don't believe it
and I want to build you back up and show you your worth.
You are so beautiful and wonderful reach out your hand
and take mine so I can hold you and show you all of my love.
I care for you deeply and need you so close,
please take my hand my sweet Angel I love you so much,
you are everything I'll ever need and want.

Michael P. McParland

Snuggle 11

I now need to lay down my only one
and I want you to come rest your head on my chest
and snuggle while we drift off to sleep.
I need your comfort and peace so badly right now
I am so tired and miss you immensely so much.
I love you deeply and need you in my strong loving arms
please come snuggle with me Kira my only one.

Michael P. McParland

Morning Note 46

Good morning sweet lady
of my greatest hopes and dreams
I hope you got some good sleep
and had the most wonderful of dreams.
I got very little and it
was restless at best,
but I spent the whole night
thinking of the woman I love most,
you my dear darling and how
badly I want to hold and kiss you.
Please come so soon I so
deeply and dearly need you.

I'll be right beside you the entire day,
hand in hand with my peach
and bright shinny apple of my eye,
my diamond in the rough
who I so adore,
I'll never leave you abandoned
and alone my only one.
I love you so much
and need you just as you need me too,
an eternity with you
my sweet lady and Angel so true.
I miss you so much sweet Queen of my dreams.

Feel the sun warm you and be
filled with all the loving warmth I am sending,
close your eyes and remember my smile
and the looks of love I always gave you,
be filled with peace and strength
sweet lady I treasure.
Just remember I love you so much
and I feel like crying on the
inside right now.
I miss you intensely and want
to squeeze you so tight,
I love you sweet lady with all
my heart and spirit so bright.

ILYF and ever KP

Michael P. McParland

Night Note 72

Hey there sweet Kira
I hope you are getting some good rest.
Restless for me as the
nights have been as of late,
headaches mostly gone
but now it's my neck,
oh well I'll survive
I know you deal with so much worse
pain in your body I can't fathom,
even with my chronich pain
and bad arthritis I still can't imagine.
You are so strong you're
a true inspiration,
I love you so much you are my hero
and I am your biggest fan
you better believe it.
Kira you are amazing and
you are my Angel.

Just wanted to check in
and let you know I'm thinking of you,
I am right there tightly holding you
hand in hand giving you kisses
of loving reassurance to let
you know you're not alone and
I'm never leaving you breaking your heart,
you are my only one
my sweet Angel dove.
I can't even imagine spending
a day in anothers arms,
the thought of a life without you
melts my soul, heart, and mind.
If it's not you it's noone
I can honestly tell you.
I swear to you before God I
will always stay faithful,
my body and soul are not for another being
they're only for you.

I love you sweet Kira my heart
is calling to you always
in its true love and need of your company,
I long to hold you and have
you here in my arms,
I just want to hold you for hours on end,
I'll never get enough of you
my sweet Angel and only one.
I pray for you to be with me
sooner than later because this
lonely pain is unbareable
I need you to be here right next to me
just sharing our days and our
lifes in multiple ways.
I love you so much and I feel
so incomplete,
I need you sweet darling you
make me feel so warm and whole
knowing I am truly loved
and accepted in every way.

Michael P. McParland

Goodnight My Sweet Kira 2

Goodnight my sweet Kira I love you so very much,
come slide into bed with me and hold each other so tight.
I have a headache begining to form in the front
of my head and I would love you to be here and help me relax.
Rub my face and my head while gently, softly talking,
or perhaps you would even read to me aloud.
Read your poetry to me my sweet lady that would be grand.
I love you so much my only one.

A quick goodnight sweet Kira my love so I can
chase away this headache before it gets super bad.
I'll be sending you all of my loving warmth with
millions of massive hugs and kisses just for you,
let them fill you with peace and strength in the love that they hold.

I'll be holding and kissing you tonight in dreamland
where everything will be so peaceful and fine,
please so soon my sweet darling let's find our way.
I love you so much and can't stand us being away.

Goodnight mt sweet Kira dear darling feel my arms
wrapped around you and hear me telling you everything is okay,
that I love you so much and you are the Angel
I adore and cherish wishing to be with everyday.
You are my Queen and I so desire to be your proud King.

Michael P. McParland

Snuggle 10

Come lay with me darling and snuggle,
let me rest my head upon your breasts
so I can listen to the steady rythym of your heart beating,
just feel the comfort of the gentle softness
and calming sound of my ladys glowing heart.

Come snuggle and rub my face and head while we
talk through the night just sharing all of our
thoughts dreams and hopes for the future ahead,
we can finally share how much we've missed each other
and open up about all the love that we feel.
Please come snuggle with me tonight.

I need you tonight so very much,
lately I've been getting a lot of headaches
and I'm just feeling sad without my lady here,
I need to be in your arms hearing your voice
and your heart beating as we snuggle and nuzzle in bed.
I love you darling and I need you here,
please come snuggle so I can hold you just as tight too.
You are my Angel and I so deeply love you,
I want to hold you forever never parting again.

Michael P. McParland

Smiling

Lying here in bed sending you all of my loving warmth,
thinking about you and smiling from the memories and dreams.
You are once again helping calm me and I
want you to always know that you hold my heart and soul
and I'll always deeply love you so.
I'm smiling all because of you sweet one,
I'm smiling because of the love for me my Angel holds.

Lying here smiling praying to see you so very soon,
I can't wait to have you in my arms I so badly need you here.
You are my better half and complete me through,
Kira you are my Queen of hope and light
and I love you through and through.
I'm lying here and smiling all because of you.
I love you Kira my sweet Angel Queen of all,
feel the warmth and love of the smiles I'm sending you.

Michael P. McParland

Dream Of You

As I lay down for awhile I pray
that I'll have a beautiful dream
of dear sweet beautiful you.
I need you to visit and see your smile
where we can hold each other and give kisses.
I pray for a dream of my sweet lady of beauty
because I love you so deeply Kira, my heart beats for you.

Michael P. McParland

I'll Never 2

I'll never stop loving you because
my heart is all yours,
you are one of so very few who accepts
me for just who I am.
That just makes me love you all the more,
you are amazing sweet lady of mine.

I'll never leave you and hurt you
because I could not live with myself
knowing I had broken your heart coldly,
to be away from you breaks my heart too.
I'll never hurt you on purpose because
I truly so deeply love you.
You are amazing beautiful Queen and dear Angel.

I'll never love another it is only you
because I know since the beggining of time
our souls touched and its always been you and me,
I'll never stray from the lady I love because
I don't want to share myself with another person or soul,
I'll never betray you my only one.

I'll never give up on you or us Kira my love,
because you truly are the greatest woman
in heaven and on earth and I love you so.
I'll never stop loving you my sweet Angel dove,
you are my soul mate and hero, my best friend so true,
Kira Petranovich I truly love you.

Michael P. McParland

Evening Note 38

Good evening my dear
how are you doing so far?
I am okay but still tired
and feeling a bit down,
I just want you here in my arms,
I want to stroke your hair
while you lightly rub
my head and my face
soothing and relaxing each other
in the most comfortable ways.
I love you sweet lady
my Angel from heaven.
I want you and need you
more than you can imagine.

I am right there holding
you so tight against me,
listen for my voice as I
tell thee I love you,
sweet Kira you are the greatest
most beautiful woman I've ever known.
Remember no expectations
because I love you for you,
I want my Kira to be the woman she is
because I fell in love with you.
Kira you are a miracle and
true blessing to me.
I want to cry in the wonder
that you are.
I'm always beside you
feel my hand within yours.

I'm yearning and longing
so much for you,
I wish you were here tonight
to spend all the time with.
Reading, watching movies,
listening to music, kissing and talking.
It would be whatever you wanted

because you being happy
makes me so very happy.
Kira I love you and need you
you're the greatest in my view.

Michael P. McParland

Longing 3

I'm longing and aching for you in every way,
it's not just my heart and soul that are yearning
but my whole body hurts in longing for you to be near.
Kira oh Kira my sweet Angel dove I need you
to be here so very bad, please at least write me and talk.
I'm longing so hard to be with you always sweet one.

I'm so fiercely longing and yearning to be in your arms,
we need to talk and figure things out.
I know that you long and hurt too.
Why continue to torture ourselves by not filling this need?
Why deprive ourselves further of being together in true love?
We both long and hurt so very bad and we need to hold
each other healing our hearts and when we're ready bond as one.

I'm longing so much for my sweet Angel Queen,
the one woman who means everything to me.
Kira I need you and want you solely because I so truly love you,
I'm longing to hold and kiss you.
You're one of my very few friends and my best friend at that,
you're my hero and Angel a truly great soul mate.
I want you so badly and long hard in true aching
I love you sweet Kira please come here so soon and let me hold you.

Michael P. McParland

I Can't Live Without You

I love you so much my sweet Angel dove
that life without you is so very dull and overcast,
it feels so colorless plastic and very dreary
I can't live without you sweet lady of
all my greatest hopes and dreams.
Without you life has lost all it's purpose
and happy points leaving me sad and empty all alone.
I can't live without you Kira my Angel Queen.

You make me smile and make me glow,
you are the moon and stars that light up my nights sky,
you are the great big bright sun whos love warms me to the core.
I can't live without you my sweet lady and only one,
you make life so full and happy completeing me in whole.
I want to be with you forevermore.

You fill the world with vibrant color true,
you give life a texture so beautiful and moving to the soul,
you chase away the clouds and the only rain there is
is that which we need to feed the earth and cleanse our souls.
I can't live without you sweet lady so truly great and supreme,
I want you Kira you are the only woman I'll ever need.

I can't live without you for you are my other half,
everything about you is so truly rad,
you are a beautiful woman whom I truly admire and love,
you have revitalized my spirit and given my heart hope.
I can't live without you Kira because I love you deeply
and you truly are my only one,
I want to spend eternity hand in hand by your faithful side.

Michael P. McParland

Great Big Kisses 2

Great big kisses to you my only one
for all your kind caring love and understanding,
thank you for always being patient and never yelling.
Great big kisses to you Kira now as I am finally rising,
you are so truly beautiful and amazing.

Great big kisses to the only woman I'll ever love
may you feel and be warmed by their abundant love,
feel all the warmth they hold and be filled with peace
and strength sweet lady holder of my heart and soul.
Great big kisses my Angel of light and love.

I love you Kira and God bless you
you're amazing and magic in every way it is true,
I am in awe of my soul mate and best friend,
you are my hero my only one.
Great big kisses now I send and many more
in the future soon to come.
I love you deeply Kira my Angel Queen.

Michael P. McParland

Love Note 146

Good almost afternoon
my dear darling I haven't
forgotten you I've just
been laying here resting.
As soon as I get moving shortly
I am going to write you
such beautiful poetry.
It's just been so hard to get going
lately because I've been sick
but when not I just
don't want to get up,
I hope to sleep and see you
in a beautiful dream,
without you here it is
so hard to get up with
reason sometimes,
I want to see and hold you
in my dreams without you here.
I love you so much Kira my dear.

Soon I'll be up and
write you such beautiful things,
please talk to me soon I
need to read and hear
your beautiful voice and words.
I so badly need to write
and talk directly to you.
I long and ache so badly for you.
Have a wonderful afternoon my sweet
darling and continue to
feel me right beside you.
I send you this deep passionate kiss
to remind you you're not alone
and that I love you more
than the whole universe.
Kira my darling you are
an amazing and beautiful woman.

Michael P. McParland

Morning Note 45

Good morning Kira my only one.
How are you doing sweet one?
I hope you slept well and feel
deeply rested and well refreshed,
and that through the night you
felt all of my deep loving warmth.
I truly love and treasure
you so very much and I
said prayers for you all
through the night.
May God always bless your heart
with the greatest blessings
which you so richly deserve.
His most beautiful Angel
sent to earth.

Have the most wonderful
and beautiful of days as
I'll be right at your side
holding your hand,
I'm never leaving you in any way.
You are my lady and Angel Queen,
you truly mean everything to me.
You are a peach and the shiniest
apple of my admireing eyes,
you are the greatest lady to this guy.
Close your eyes and see me
smiling at you in pure love.
Please come so soon I need you here.

I love you Kira so very much
and I'll continue to
always give you my very best.
You mean so much to me
in every way you are the
most beautiful and greatest
lady through all days.
I want you to spend eternity
in my loving arms,

oh my sweet delicate Kira
I love you so.

Michael P. McParland

Some Sleep

Time to try and get some sleep my sweet darling
please come join me and hold me,
I need your sweet spirit and love surrounding me.
Come join me in getting some sleep so I can
hold you and keep you warm being right next to me.
I love you deeply and you are my universe and everything,
please come and join me while we get some sleep
our hearts healing and recovering.

Michael P. McParland

You're So Beautiful 6

Every time I look at your picture
my heart jumps as I am stunned by your beauty once again,
and as always I say hello Kira my darling,
you truly are so beautiful and I miss you,
I so deeply love you and need you.
Please come soon and forgive me,
I could cry from your beauty of heart,
mind, body, and soul.
You are the most beautiful woman I've ever known.

You're so beautiful and amazing to me
that I know when I look upon you
that I am seeing pure true beauty,
you don't hide and ruin it with makeup
you so proudly display how God truly made you.
An amazingly beautiful woman so wonderfully adorable.
I love you sweet Kira you're so damn beautiful.

You're so beautiful and I love you so much,
I just want to hold you and kiss you in true love.
I admire your spirit and the woman you are,
I'm so in love with Kira my Angel on high.
I want to be with you for the rest of my life,
then spend eternity with you by my side.
You are so beautiful my Angel and Queen
please come so soon and hold me ever so near.

Michael P. McParland

Sad Night

A sad night because my heart just wants
to lay in bed while holding and kissing you,
looking in your eyes and telling you
I so deeply love and need you,
that Kira you are my sweet Angel
and life without you is gray dull and boring.
Kira you are my everything.

A sad night and I just want to cry
because I miss you and want to
lay here in bed stroking your hair
while holding and kissing you and ask you.
Kira will you marry me?
I don't want to go on living without you,
it's too sad, lonely, and empty without you.
Will you join me for life and be eternally happy?
You're the only person on this earth or in heaven
that can ever truly fulfill me.
Help end these sad nights and come and hold me.
I love you so much my one and only.

Michael P. McParland

Goodnight Kiss 10

Goodnight again my sweet Angel dove,
come and lay down so I can hold you
while you rest your head on my chest.
First though this deep passionate loving kiss
to fill you with strength and peace,
comfort you in the knowledge that you're not alone.
I love you so much my only one.
Goodnight again please come join me in bed,
then with this big passionate kiss
I gather you in my arms as you rest your
head upon my steadily rising and falling chest.
I love you sweet Kira you are the best.

Michael P. McParland

My Best Friend Kira

My best friend Kira means more to me
than anyone or anything there can ever be,
she is so very beautiful and the most
wonderful, kind, loving, and amazing woman.
My best friend Kira is the one I love
and she is everything I can ever hope and ask for.
Kira is a gift from God and true Angel.

My best friend Kira makes my heart swell
with loving joy and pride that glows,
Kira is truly magic in my eyes.
She has no idea how much she's saved my life
and when I can I'm going to show and tell
her all the ways and how I'm very thankful
for who she is and all she does.
Kira is the holder of my heart and soul,
a Queen sent from heaven a blessing to the world.

My best friend Kira shares a bond with me that's
gotten us through the toughest and painful times,
we share a love unequaled by anyone I know,
it's unequaled in its power and endless flow.
Kira is my best friend, and hero I love her so.
Kira is amazing and I want to marry her.

I believe in eternal love and marriage lasting
through time and all the ages,
I believe I've known her since time began so long ago.
Our spirits speak and touch so very deep
and in their way completely unique.
Kira is my best friend and true soul mate.
I love her deeply and can't see being with another.
Kira is the greatest woman I have ever known
and she is my sweet Angel dove and Queen so full of loving power.
I'm so lucky to have her as my best friend
and all the love she holds.
Kira is so beautiful in every way and it
is my greatest wish to with her spend the ages through.

Michael P. McParland

Goodnight My Darling Dear

Goodnight Kira my darling dear with a
great big hug and passionate kiss let us
now slip into bed and just hold each other ending this night.
I truly love you so very very much
and want you to know that without a doubt you are the best.
Please come so soon so together we can begin
and end everyday in our arms together as one.

I'm sending you all of my peace, strength, and
wholesome loving warmth to wrap you up in great comfort,
also great big hugs and kisses all over to fill
you up with great happiness and joy.
In spirit feel me wrap my arms around you so tight
as I whisper in your ear Kira it's alright
and I want to be with you always as your forever guy.
Will you join me in eternities bond my sweet lady of bliss?
I love you so much and need you always my Angel Queen.

I'll see you in the land of dreams where we will
have a picnic among the stars and moon in a special
spot they have made just for us their favorite couple and best friends,
there we will be enchanted by the light show they give
while we get lost in the joys of each other sharing our love,
kissing and talking while holding each other.
I love you sweet darling and will be so happy
to see you in the land of dreams and so soon in reality.

Goodnight my darling dear Kira the greatest woman and Angel,
my heart is aching and calling in your direction.
It is saying that we need you here to be right next
to you, your heart, your soul, and sharing the heat of our bodies.
I need you because I so truly love you dear darling.
I want you to be my eternal wife and share my existence
with the only woman I truly love,
you are so special because you are you and that amazes me tons.
There is no one better in heaven or this world so
remember that to me you are the sweetest girl.
Goodnight my dear darling I'll say a prayer for you before bed
then I'll lay down and begin dreaming of you while awake.

I love you intensely and want you here,
you are my best friend and soul mate the greatest person I know.

Michael P. McParland

Under The Covers 8

Come join me my darling and slip under the covers
while we snuggle and rest for a short while,
I just want to feel comfortable in my sweet ladys
arms and cozy under the covers.
Come now sweet lady take my hand and slide
with me under the covers to snuggle and rest
for the shortest of whiles.
I love you so much and badly need a snuggle
with my only Queen and true Angel.

Michael P. McParland

Deep Kiss Of Love

Here on this early evening sweet love
I pull you in close for a tight hug,
then pulling back I caress your beautiful soft cheek
looking you in those Angelic eyes and say
Kira Petranovich my only one
I love you so very deep and want to be
with you for all time.
You represent everything that is fine, good,
right, and so deeply kind.
You're all that I need and want.
Will you be my forever bride?
Then before you can answer or speak a word
I lean in to give you this deep passsionate kiss of love.

Kira you are the one who holds my heart
and my soul feels connected to only yours.
You are my Angel of light and my Angel of love.
I love you more than anyone can ever know,
I want to spend eternity with you my sweet one.

Michael P. McParland

Evening Note 37

Good evening sweet darling
I hope that you are doing well
and feel happy too.
I miss you so much my Angel Queen.
Not much happening around here tonight,
so some reading, a movie,
and mundane tasks.
Get back to organizing
all of my kindle books.
I wish you were here and if
you wanted you could help.
I just want you around
because I love you and it
feels so good when you are near by,
right now I am aching and
the days just drag on by.
Please come so soon
sweet lady of mine.

Feel me right there holding
you ever so tight,
my hand in yours as I
tell you how deeply I want and need you,
confess all of my love and
shed a few tears in my releasing.
I so need to tell you
everything I have been so long holding.
I feel like bursting and
only with you will I be sharing,
you're my true love and soul mate,
my best friend and hero.
Who else could ever be worthy?
I love you sweet darling and
will be thinking about you
through the entire evening,
sending all of my wholesome
loving warmth to my only lady,
wrap up in its peaceful strength
like a big cozy blanket,

I miss you so much
my sweet Angel dove and lady.
I love you so deeply and
can't wait to hold you,
please make it so soon
so everything I will be able to show you.

Michael P. McParland

16 Years Ago Tonight

16 Years ago tonight
April 15th 1999
was the most beautiful night
of my entire life.
A simple night spent in your company,
a night of being close but not touching.
A beautiful night of our souls and hearts bonding
getting to know each other in deep conversation,
a beautiful night where my love for you was sealed eternally tight.

16 years ago tonight
April 15th 1999
was the most beautiful wonderful night
and a feeling I want to share with you for all time.

Michael P. McParland

Heaven

Heaven is being in your arms feeling your love,
being wrapped up in it like the warmest, softest,
blanket of pure peace, strength, and protection.
Heaven is you my sweet Angel Queen,
and I want to spend eternity in heaven with you.

Heaven is being side by side with my only love
hand in hand everyday every step of the way
having your loving support and acceptance.
Heaven is looking into your eyes and seeing your smile
as I melt inside and tingle all over.
Tingling in pure love and the purest desire
to share my soul with my Angel and only love.
To share my life with my heavenly wife Kira
so truly sweet, delicate, and nice.

Heaven is just knowing you love and accept me
and want me just as much as I want thee.
Heaven is knowing I have the love of the
most beautiful woman and Angel here on this earth.
I love you immensely and for us heaven on
both sides is eagerly waiting.
So come take my hand and let's begin our
jouney in time through celestial bliss we deserve and deire.

Michael P. McParland

Dreamt Of You 10

While I was resting I was having what
actually amounted to the most mundane of dreams.
As I recall I was looking through a book
of something and not overly entertaining.
When the phone rang I answered and
it was my one and only true lover
all of a sudden filling me with joy
and making things happier.

This time I only dreamed of you being on the phone
but at least I was talking to you feeling
elated and relieved to finally hear your voice again.
We talked about much but mostly our poetry
and how much we loved each others writing.
We went through each others poems giving our favorites
and which lines were the most moving and touching.
It has made me so happy because we also talked
about seeing each other.

I dreamt of you and it was so beautiful,
I was able to say Kira I love you and need you,
I just want to lay here holding and kissing you,
and in return you said that would be wonderful Michael
and I love you too you are so adorable and beautiful.
It's made my heart sweel with joy and in bliss.
Kira my dear you are the best.

I love you sweet Kira I know this will be truth,
because you are amazing and I love you
just as you so deeply love me.
I miss you and need you and dreams can come true.
I know ours will because of our bond a blessing so true,
oh my sweet darling I so love you.

ILYF and ever KP

Michael P. McParland

My Heart Is Calling

My heart is calling to you
saying please come get me soon,
I need your arms around me pulling me in,
I need to feel your beautiful
heart and soul right next to mine.
My heart is calling saying
Kira I love you.

My heart is calling saying
I know you are lonely and hurting,
come let me hold you and fill you
with peace and soothing.
I want you here so we can both be
completed and happy.
My heart is calling saying come
my sweet lady I want to hold you.

My heart is calling because I
just want you here in my life forever,
I love you so much and only you for eternity.
You are my best friend, soul mate, hero and everything.
I only want to be with my Queen and my Angel.
So my heart is calling saying Kira
you are my darling please come and get me
so through eternity we can be happy.

Michael P. McParland

Love Note 145

Good almost afternoon
my sweet lady love
and only one I hope your
day has gone well so far
and you have felt all my love
I swear I'm going to get more writing done
I'm just struggling along
here at the moment with
a couple things.
I feel so awful I truly do,
you mean everything
and I want to give the
world to you.
I am always working hard
it is true.

I'm sending you all my
loving warmth and am right
beside you every step
my only one.
I love you deeply and
want you to know it's you
and only you forevermore.
I'm right here and I'm
never ever letting go.

Michael P. McParland

Morning Note 44

Good morning sweet love
how is your morning going?
I have just risen and am
still about to get going,
probably lay here ten or
fifteen minutes longer
before I get moving.

I hope you have the most
wonderful day and it
will be filled with
sunshine and tons of warmth
may you be filled and take
strength from all the love
that I will be sending,
once again see and feel
the loving peace and power
I hold for you within my smile,
I'll be with you hand in hand
the entire while giving you
a tight squeeze within my arms.

Remember sweet lady
I love you so very much
and if you ever need anything
I am right here,
I will never ever leave you
stuck in a lurch.
My thoughts and prayers are with you
the entire way and I'm
sending you a million
kisses and hugs as well.
I love you my Angel I hope
to see you so soon when
I'll just keep holding
and kissing you.

Michael P. McParland

Snuggle 9

Come and snuggle with me my sweet love
and hide together under the covers
where we can't be bothered in our own world.
I want to cuddle and nuzzle laughing with
my sweet darling and Angel being surrounded
and wrapped in your loving comfort and care.
Come and let's snuggle my beautiful one.

You make me smile and give me reason to glow,
you are incredible amazingly so.
I adore you and treasure you I so long to tell you,
so come and crawl under the covers and let's
snuggle while I tell you how much I love you.
I want so much to snuggle with my Queen and Angel.

Snuggling with you will be heaven on earth,
I can't think of a better place to be than
in the arms of the woman I truly love,
please come snuggle with me my only one.
You are my dream woman and a blessing come true,
my only desire is to please you and show you
through all of my love your abundant worth.
So please come and snuggle and let me tell
you all of my feelings and share my planned deeds,
then kiss me and together smiling fall contentedly asleep.

Michael P. McParland

Night Note 71

I hope your day was
so very beautiful
and ever happy my sweet one.
I'm so sorry I didn't get
more done and most likely
let you down.
I was so tired and feeling
ill I spent the whole day in bed,
I still feel awful though
for not doing better for you,
you mean everything to me
and I will give you anything
and everything that I can.
You are my Angel Queen
and you are truly supreme.

I thought of you the
entire time and sent you
all of my warmth and my love,
I hope you felt it all
and took comfort in its peace,
I'm with you always Kira
my sweet Angel dove.
I truly love and miss you
so very much.
Please come and let me hold
you close so very soon,
my heart truly aches
to have you here.

I'm going to rest more through the
night so tomorrow I can do better,
if I am able I'll write
a bit more as the night goes.
Feel my arms around you
and be filled with my love,
always remember you're not alone.
I love you so much and you are my one,
it's you for eternity I want to spend.

Michael P. McParland

Kiss 2

I dry your tears and tell you everything is alright,
I lightly kiss your eyes,
I lightly kiss your lips
and then your cheeks.
I kiss your neck so lightly too and then your hand.

Redrying your eyes once again I smile
and say I love you.
I then lightly kiss your eyes
and plant the deepest, longest,
passionate kiss upon your soft
precious delicate lips.

I love you Kira
and you are so great.

Michael P. McParland

You Are (My Heart)

You are my heart my sweet delicate Kira,
you give it reason to beat and go on,
you are the reason my heart loves,
you are the reason my heart feels happiest
and full of joy.
You are my heart sweet Angel Kira from above,
you are my everything and I love you so much.

Michael P. McParland

Goodnight My Sweet Darling Kira 2

Goodnight Kira my sweet and only darling let
us now slip into bed and just cuddle the night away,
I just want you in my arms smiling and talking away.
I want to feel you next to me every night and day
and feel all the happy peacefulness you bring.
I love you so much darling Kira my Angel Queen.

I'm sending you all my loving warmth with
great big passionate kisses and hugs,
wrap up in them all like a big blanket
of peace and strength that I long to give.
Feel all the deep tender caring passion it holds,
goodnight my sweet darling Kira I just love you so much.

I'll see you in the land of dreams
and tonight I just want to lay in bed
with my sweet darling you, snuggling, kissing,
and talking on end looking into each others eyes as we do.
Please soon so soon my darling so true,
tonight and in real life I just long to
lay in bed holding and kissing you
my sweet sweet Kira so beautiful it's true.

Goodnight my sweet darling Kira I care for so much,
please hear and feel the calling of my soul and heart.
I need you so much and to have you right here,
I love you more than anyone can possibly ever know.
I have loved you so long and so deep and
I'm hurting so much without you here in my arms.
Feel my spirit wrap you up so tight in bed tonight
and listen for my voice as I whisper to you
I love you so much Kira Petranovich and everything
is going to be alright for I'm always with you
everyday and each night,
you are the only woman I'll ever love and want.
You are the one I care for and dream of my sweet delight,
then feel the passionate kisses that follow.
Goodnight my sweet Kira darling Angel of all that is right,
I truly love you so much and need you for all time.

Michael P. McParland

Come Sweet Lady

Come now sweet lady and let me hold you so close,
let me just talk to you and pour everything out.
I have so much to share and need you so bad,
come now sweet lady and hold each other so near.
I love you deeply and want you right here.

Come my sweet lady and lay with me now,
rest your head on my chest while I stroke your hair.
I want to just talk for hours sharing
all of our thoughts and lifes stories.
Come now sweet lady and lets listen to each other,
I long so badly to hear your words and listen
non stop as you share all of your glories.
Please come now sweet lady and please hold me.

Come now sweet lady you are so beautiful
and I love all you give and do for me,
I just want to hold you here and thank you in total.
I want to kiss you and tell you that you are my Angel
and that I miss you so much and just want to hold you.
I hope you're not mad at me or feeling upset
because I always strive to make you happy and proud
by each day giving you my very best,
please be assured and filled with peace as I send
you all of my loving warmth.
Please come now sweet lady and take my hand.

Come sweet lady and join me in bed,
please grab me too and we'll hold each other so close,
I need you here with your loving contentment,
you are an Angel and true God sent blessing,
I love you so much and want to give you my whole life
so please come now sweet darling and join me here.

ILYF and ever KP

Michael P. McParland

Love Note 144

Sweet lady I love you so much
and am sending you all
of my peace and warmth.
I'm right there beside you
hand in hand I care about
you immensely and always will.
I love you so much
and need you to know
that you are so very
important to me.
You are everything I'll
ever want and need
my Angel and Queen.
You are amazing and a
true blessing in full.

I love you sweet lady
I so truly do and when
you are here I am going to
show you in every word
and action how grateful I am.
Please come so soon and take my hand.

Michael P. McParland

Hard Day 2

Having a hard day here sweet lady of mine
so tired and hurting in this heart of mine.
I need the rest and have been sleeping a lot,
but I miss you so much and need your loving
arms around me just as much.
I'm lonely and aching having a hard day.

I miss my sweet lady and all my resting dreams
are of you my darling only one,
it's making me long so much more wishing that
I had you here in my arms to rest with and talk
soothing my aching heart and soul.
I'm having a hard day and want you here.

I love you sweet lady and want you here
you're everything I hold so very dear,
please come soon and help end the hard days
I love you sweet lady please come hold me close
and rest with me feeling ultimate comfort and peace.

Michael P. McParland

Love Note 143

Good afternoon my sweet lady
how is your day been going?
I've been lying here resting
just feeling so tired still
and want to continue on resting,
I'm sorry if it seems I'm
letting you down but it's
a day for just resting so far.

I'm still with you always
feel my hand right within yours,
I'm sending you this huge kiss
to fill you with peace and reassure.
I miss you intensely and need you
here so very much my sweet lady
I love you and each day only gets tougher.

So come rest with me dear and
we'll just lie in bed forever,
holding each other, kissing,
and laughing feeling completed together.
Come hold me so close and
we'll get some more rest
I need your arms around me
my sweet lady and best friend.
I love you so much
and it will never end.
Come rest and together
our hearts will beat and mend.

Michael P. McParland

Peace (Thank You)

Thank you sweet darling for the peace
you brought to me through the night to sleep.
You helped chase away those terrible frights
that were making me shake and keeping me awake
and I thank you so very much my only one
it means everything to me what you have done.

Thank you my darling for all the peace that you bring me
I am still so very tired and must rest more
but I wanted to so deeply thank thee.
I love you so much and you are amazing
I will spend eternity thanking you.

ILYF KP

Michael P. McParland

Snuggle 8

Please come snuggle and nuzzle so tight my dear
I'm feeling restless and a little scared.
Fitfull sleep and worry for some reason has hit
I need your arms tightly wrapped around me now,
I need to bury my face inside your shoulder
and hide away from everything in your comfort for awhile.
Please come cuddle with me my only one
and let me know everything is okay
while I hold you close and stroke your hair.
Please come snuggle with me my precious dear
I love you deeply and need you near.

Michael P. McParland

Night Note 70

Feeling very tired
and quite sad on this lonely night,
I miss you dear and want
to hold you very bad.
My aching heart needs to
feel you here and I
need a big tight hug,
I almost feel as if I could cry
on this deeply lonesome night.
Please take my hand and
soothe me me with some peaceful strength,
you truly are an Angel
and in many ways to me a saint,
I love you deeply Kira
my one and only love through all days
I miss you deeply and I
need you here right by me now.

I wanted to say another
little quick goodnight before
I close my eyes and listen
to my audiobook,
I've read this one before
but wanted to listen this time around,
I wish you were here to sleep with
and listen right along.
You are the brightest hope in
my heart and life by far
and it hurts to not have you here.
I'm sorry for sounding so very sad
but tonight I just can't beat it out
I just want you here within my arms
your head resting on my chest
as I tell you why you're the best,
I miss you babe please be so
soon when you come back.

I want you here to rub
my head and face while we

lay here and you talk to me,
you truly are my Angel of sweet grace
a true diamond and treasure rarely seen,
you mean the universe to me.
When you're here I'm going to
hold you so ever tight and thank you
endlessly because you need
to hear my hearts delight.
You are my Angel and my Queen
as I lay down please reach out
and hold me tight sweet Queen,
I need your love and pure warmth
I'm struggling on this night my one.
I miss you deeply and I love you so
I need you my Angel you are
the greatest woman on earth by far.

Michael P. McParland

Tender Caress And Kiss 2

I tenderly caress your cheek and brush
back your hair just a bit before
I lean in to give you a deep passionate kiss.
A kiss to give us peace and contentment in our hearts,
just a safe feeling sharing in our love.
Feel this kiss in spirit as I send it now,
I truly love and miss you so.
A tender caress of your cheek
and deep passionate kiss to give our
aching longing hearts some peace.
I love you Kira oh so deep.

Michael P. McParland

Sweet Thoughts

Sweet thoughts of sweet you dance in my mind,
my heart and spirit dance in kind,
you mesmerize me and enchant all my senses,
you are amazing my sweet lady and Angel.

Sweet thoughts of sweet you holding each other and kissing too,
it makes me smile and heart beat faster,
you are wonderful my sweet Angel and lover,
I can't get enough of you loving and kindnes
it means everything to me my special lady.

Sweet thoughts of sweet you and my hopes for the future,
my heart and soul call out and embrace you,
you are my soul mate, my hero, and best friend forever,
I want to marry you my sweet Queen and Angel.

Sweet thoughts of sweet you and your beautiful smile,
I melt for you and become putty,
you are everything I want, need, and desire,
sweet thoughts of sweet Kira my soul mate and Angel.

Michael P. McParland

Goodnight My Sweet Darling Kira

Goodnight Kira my sweet darling and love
let us slip into bed and cuddle the whole night long,
with some kisses and talking while we drift off
let's end this night together in bed with a kiss and a hug.
Kira I truly love you so much.

I'm sending you all of my warmth and love
and will be holding you and your hand
giving you all the peace and the strength that I have.
I miss you immensely and love you so much my only one,
let us just lie in bed forever holding
each other kissing, talking and bonding when you are here.
I don't want to be out of your reach ever again.
You are so very important to me.

I'll see you tonight within the land of dreams
we'll walk along the moon and the stars
our companions and best friends.
Enjoy their enchantment while getting lost
into and with each other.
In the land of dreams tonight I'll see thee.
Hopefully so very soon in reality.

Goodnight my sweet darling Kira Angel and Queen,
you truly mean so very much to me
and I want to be with you forever if you will have me,
being your in your company and your arms is all I truly want
for you are a wonderful woman and miracle in every way.
I know you're one of Gods most beloved and
a special gift from on high.
I love you sweet Kira and want to be your forever guy,
so with a goodnight kiss on your soft precious lips
I wrap my arms around you my darling and say
I love you sweet lady and everything is alright.

Michael P. McParland

A Kiss

I send you this kiss in sweet tender bliss.
Let it fill you with peace and strength
giving you tender comfort,
a kiss from my heart and soul to soothe
yours and help you feel surrounded in my love.

I send you this delicate, tender, passionate kiss
to say I love you sweet Kira
and I wish you were here.
When you are I will hold you giving millions more.

ILYF Kira my one

Michael P. McParland

Holding You Tight Tonight 2

All I desire tonight is to hold you so tight,
just have you next to me wrapped in each others arms
just talking and sharing glowing in our love.
Just holding you tight tonight my only one
is all truly need and want.

I love you so much and need your comforting glow,
I just need to feel your arms wrapped tightly around me now,
then a nice tender kiss saying it's alright we'll
never part or lose each other ever again.
Oh my sweet darling I want to hold you
and tell you I love you again and again.

In spirit feel my arms wrap so tightly around you
and pull you pleasently in for a night time of warmth,
I need you close to me and just need my arms around you.
You're a precious angel my hero soul mate.
I want to hold you ever so tight and just talk
to you all through the night sharing my thoughts and my love
with the only one who feels good and right.
I love you sweet Kira and I'll be
holding you ever so tight through the night.

Michael P. McParland

Into Your Eyes

All I want to do right now is hold your hand
while I look into your eyes and just
admire your beauty and who you are.
I just want to look into your beautiful eyes
and tell you I love you sweet one.

I want to hold you so tight and tell you
everything is going to be completely alright
before pulling my head back looking into your eyes
and tell you that you are my Angel and I deeply adore you,
I want to look into your eyes so you can see
the pure depth of my feelings I'm sharing.

I want to look deep in your eyes and not speak a word
just lovingly look and as they always have let our spirits speak,
an entire conversation will be had without one word
having come out of our mouths,
I just want to look into your eyes revel and bask
in this deep spiritual God blessed connection we have.
Looking into the eyes of an Angel you I behold.

I just want to hold you and your hands while I
lovingly gaze into your beautiful eyes and
tell you I love before planting the biggest
most loving passionate kiss on your precious lips.
A long lingering kiss to heal our hearts in full bliss
then pull back and once again tell you I love you sweet one.

I want to look in your eyes as I tell you
everything that I feel and hold inside.
I want to look into your eyes as I give my
promises and vows giving you my heart, my life,
and of my body never to be shared with anyone else.
I want to look in your eyes as I say Kira I love you.
Will you be my forever bride?

Michael P. McParland

My Wonderful Sweet Lady

My wonderful sweet lady how beautiful you truly are
my heart beats for you a million miles per hour,
you make me smile, you make me sing, you make me laugh.
You are everything my only one I'll ever want.
Come take my hand and I'll hold you so close
whispering in your ear all the future hopes I have for us
and everything I plan to do for and with you.
My wonderful lady you are amazing and for you
my entire being is richly tingling,
you are a goddess in my view sweet darling.
Oh my wonderful sweet lady so very true
I love you madly and want to spend eternity with you.

Michael P. McParland

Amazing

You truly are amazing to me,
you blow my mind in every way.
I love you deeply and I love you true,
oh my sweet sweet Kira I can't wait to hold and kiss you.

Michael P. McParland

Love Note 142

It's almost evening my dear
I hope your day has gone well.
I'm missing you so very bad
and my heart hurts a bit today.
I just want to be in your arms
declaring my love and kissing you
all over again and again,
reveling in the love we share.
I love you so much and
life without you here is so bland,
I just want to lie in bed
holding you hand in hand.

I'm sending you all of
my loving warmth to
wrap you up in peace and strength,
I hope you can feel everything
that it holds and feel soothed
in its true desire and caring for you?
I'm still there right by your side
hand in hand every step of the way,
with a tight squeeze to
always help you know you're not alone.
If you ever need anything
please give me a call and
I'll do everything I can right away.
I'll do anything for my sweet
Angel and Queen because you
are truly everything to me.

I love you sweet lady
and long to be in your arms,
give you a kiss and say
I love you Kira my beautiful lady,
you are amazing in every way
I am so happy and lucky
that you are my soul mate and best friend
my passion for you has no end.
Please take my hand and

join me forever side by side
in bliss for eternity.
I love you my sweet one
and a true treasure you are.

Michael P. McParland

Sweet Lady 6

Sweet lady you truly are amazing
my heart swells with infinite love for you,
all the kindness you have shown me
and the abundant love you hold too.
Sweet lady to me you are an Agel gift from God.

Sweet lady when I close my eyes to sleep
it is always of you I think to calm me down,
you help soothe my heart and my nerves
your love bringing peace to me every time.
Sweet lady you are the sweetest and my very best friend.

I love you deeply and everyday pray
to God to help you know and feel the depth
of which it goes and that it is real,
Sweet lady you are the real deal in every way
and I'll keep on fighting for you in every way.

Sweet lady I want to marry you and share
everything in my entire life,
you are the universe within my eyes and want noone else.
It's only you my Queen because you truly are supreme,
I love you sweet lady Kira I want to be your man.
Will honor me and give me your precious hand?

Michael P. McParland

Come Hold Me 5

Still feeling tired and a bit weak
come lay down with me dear and rest for a bit.
A small rest to just get back some strength
please come hold me and talk,
I want to feel your arms around me
and your beautiful soothing voice as we drift.

Come hold me so tight and rest your head on my chest,
I want to feel you right next to me
as I continue to get better from being sick and that headache,
I want to be with my love who makes everything better
just by being around and feeling your love.
Come hold me tight and talk to me about everything
you can think of and want.

A small rest my dear but I'm always here
please come hold me and I'll stroke your hair,
rub my face and my head and we'll kiss abit
but most of all I just want you to hold me close.
I love you so much and want you here to
hold as well while I rest.
You mean everything my dear and you are the best.

Michael P. McParland

Love Note 141

Good afternoon my sweet love
how has your day been so far?
I've been thinking of and
praying for you throught.
I've been up a bit but still
feel awesomely tired,
gonna rest a bit more
for a little while.
Come join me my dear and
hold me close in you comfort.

I love you so much and
wish you were here,
I need you so much to
get through everything.
Both good times and sad
in this life I want you around.
I can't think of anyone else
that I'd rather spend it all with.
You are amazing feel my
arms around you,
I am with you the whole day
as in everyday too.
I'm sending you this great big kiss
to fill you with strength and peace.
Have a wonderl noon my
sweet lady of grace.
I love you intensely and miss you so much,
when you get here I'm
going to kiss you and hold you
forever and ever.

Michael P. McParland

I'll

When I finally see you I'm going
to smile like you've never seen,
the biggest child like smile of happiness
that you can possibly dream.
I'll grab you and hold you oh so tight
for so long and won't let go until
we've both had our fill and feel
contented in our hearts and souls.

When you're finally here I'm going to
look straight in your eyes and say
Kira you are truly beautiful,
then take your hand and place it on my chest
and tell you to feel how it beats and acts
when I see you and you're touching me.
You'll know that my heart is alive
in a massive way for and because of you.

When you're here I'll keep looking you in the eyes
and while your hand is on my chest I'll caress your cheek
then lift you chin and say I love you dear,
then give you the biggest kiss which we have dreamed
and then kiss after kiss to our hearts content.
I'll fulfill all your hearts hopes and dreams.

When you're here I'm going to sit and listen
to all you have and want to say,
I've been dying to hear all your lifes tales.
I'll listen until you want me to talk and
then I'll tell you everything.
I'll give you everything I have and am
because I so deeply love you dear.

I'll do everything to give us the greatest lives
working and striving to be the best for us.
I want you to always know your worth as a Queen
and be the happiest woman there can ever be.
I'll work so hard because I love you and
you deserve the greatest in this life my precious Angel.

I love you so and I love you true
I'll always love and stick by you.

Michael P. McParland

Longing For A Kiss

As I lay here resting and thinking
of being with you my beautiful lady
my heart has begun throbbing with
the greatest ever of longing to
just look into your eyes and
pull you in for the deepest longest kiss.
Looking in your gorgeous eyes the entire time,
a deep passionate kiss that moves
the entire soul and earth.
A passionate kiss to last the ages
and that only poets can ever dream of.

I so long to look you deeply in you precious eyes,
give a warm loving smile and say I love you darling
you are so beautiful in every way,
you are my Angel and the light of my life,
I love you darling and let me show you how.
Then give you deepest, longest, most passionate kiss.
I so deeply long for this.

Michael P. McParland

Holding Hands 2

Still lying here in bed resting a bit
my dear because the migraine literally wiped me out,
but as I sit here resting gentley listening
to light, happy, and peaceful classical music
I am holding your hand and you so close and tight
in my mind and spirit giving kisses here and there.
Can you feel them and the warmth?
I so hope.

Just lying here holding hands I need you so bad my dear,
your love and you as you mean everything to me my dear.
I know that all the loving strength you send
to me will help me get feeling better in full here shortly,
you've always helped pull me through my Angel true.
Oh my lord how I love you.

Just lying here with light, happy, peaceful classical music
playing while I rest dreaming of holding your soft hand,
holding you so close and saying Kira you are so beautiful,
amazing, a treasured blessing and everything to me.
How I truly deeply love you and want to spend eternity holding you.

Michael P. McParland

Morning Note 43

A very good morning to you
my sweet love and I hope you
have the greatest of days.
I apologize for not writing
at all through the night
but while resting I
fell dead asleep and
only now just awoke,
I feel awful please forgive
my lapse in promise.
I dreamt of you though
and my sweet darling
it was oh so beautiful.

I hope you felt all my loving
warmth through the night
and do feel it all through
the day being filled with
endless peace and strength.
I am right by your side
hand in hand and here's
the biggest kiss to start the day.
Always remember my smile
filled with abundant
endless love with the looks
of love I always give.
You are so wonderful
my lady fair.

I love and miss you so
very very much and
when you get here I'm
going to make everything up,
I will give you everything
that you want and need
for you are the greatest
Angel and blessing to me.
Again my sweet darling
have the greatest of days

and I'll love you
forever and ever because
you are you.

Michael P. McParland

A Sweet Goodnight

I want to wish you a beautiful and sweet goodnight
Kira my only Angel of true love and light,
you are truly amazing and I love you so much.
I'll beholding you through the entire night
giving you kisses and telling you everything is alright,
that you're not alone and never will be again
becaue I am your man and am with you hand in hand
everywhere no matter what everyday.

I'm still resting from my migraine but I'll
be up and down thrugh the night writing for you my sweet one.
I'll see you in the land of sweet dreams
where I'll hold you and kiss you and just
talk and talk as I stroke your beautiful hair
and caress your cheeck smiling away.
I'll see you tonight in the land dreams.

A sweet goodnight to you my sweet Angel dove
and may God bless you always and in every way.
I'm sending you all of my love and warmth
with millions and millions of great big kisses and hugs,
an infinite amout of all of those when you are here.
I love you so much that I am bursting my one,
when you are here I'll never let go.
For eternity just you and me Kira and Michael
of all time the greatest love story.
Have a sweet goodnight and I'll be here the whole time.

Michael P. McParland

Evening Note 36

Good late evening my love
how are you doing this night?
I'm still resting a bit
recovering from my migraine.
It's still haunting me
in a few ways making me
weak and my stomach uneasy.
I still write for you though
because I love you so much
and won't let you down.
Always my best for my only one,
just resting to get my health back in full.

I'm missing you deeply and
wish so much you were here,
I want to hold you and snuggle
while I rest and get better in full,
it would make evertything bertter
to look in your eyes and
tell you I love you as I
lay right here.
You are the greatest
my Angel Queen,
I am with you right now
holding you near giving
you all of my warmth so lovingly,
just take hand and rest with me.

I love you sweet darling
and will keep writing as much
as I can I just want to rest
so my strength and stomach
won't go out on me in full.
Feel my arms around you
and the strength of my love,
let it fill you with peace
my sweet Angel dove.
I love you so much and
can't wait to hold you here

you are my everything
my sweet Angel Queen.

Michael P. McParland

Wonderful Woman

My love you truly are the most
wonderful woman known to me,
you are so truly beautiful and
have the kindest most loving heart
other than my mothers I have ever encountered.
You are a wonderful woman and
I love you deeply to no end.

You have given me so much and
saved my life so many times in so many ways.
You are an amazing and wonderful woman
in every single way my sweet sweet lady so fair.
You are my Angel Queen and I'll
stick by you through eternity my lady fair.

You're a wonderful woman and you blow me away,
from the very start I've loved you
and gave you my heart and soul feeling
that connection begin and grow without even knowing
it was there but knowing I loved you.
You're a wonderful woman and I thank you
for everything you are and do
sweet sweet love of my life.

Michael P. McParland

Beautiful Sunday

I have finally risen feeling better
after a day long migraine,
now beautiful weather and thoughts of you
greet me as I get out of bed smiling
seeing, feeling, and knowing your love,
my God it's a beautiful Sunday and I feel so good.

It's a beautiful Sunday filled with beautiful
loving visions and feelings of you.
I can feel all the loving warmth that you send
and the great big smile that you have.
I can feel it all right now and it's amazing and beautiful.

A beautiful Sunday as I get ready to do
the number of things I need to dreaming of you
and all the times that we'll spend embracing
and holding each other so tight in loving light.
A beautiful Sunday in knowing dreaming delight.

You make all my days beautiful but especially today,
you shine in my mind, heart, body, and soul
like the sun at its afternoon heights,
you are so beautiful my sweetheart and make
my Sunday here so beautiful and bright.
I love you my darling you're a miracle and Angel
everything about you is truly amazing.
You are a blessing and I'll love you
through all time my sweet sweet lady.

Michael P. McParland

Love Note 140

Hello my sweet darling
I have finally just arisen,
that migraine stayed around forever
and wiped me out completely.
I'm so sorry I wasn't
able to let you know somehow
and write a whole lot more.

I hope your day has gone well
and that through it all
you have felt me by your side right there
hand in hand smiling telling
you you're so beautiful and
I so deeply truly love you.
I am always with you sweet
lady and darling I love
with my all and my everything.

Oh my sweet darling let me get
up and get moving then I
will write something full of
love and true beauty.
I love and miss you so much
and so badly want to hold you close.
You are my Angel and you are
truly the greatest.

Michael P. McParland

Goodnight My Dear Darling

Goodnight my darling Kira
I truly love you so much,
I'm sorry my dear I could not
do better for you tonight.
This migraine is vicious and
I hope a quick goodnight will be okay.
I love you so much my sweet lady and Queen.

Goodnight my dear Kira so beautiful
I'm sending you endless kisses and hugs
with every bit of my loving warmth,
no matter how bad I feel I'm with you there
holding you tight through the night
sharing our peace to soothe our aching hearts.
I can't wait to truly lie next
to you every night cuddling and kissing
finally feeling truly alive.

I love you sweet lady and Angel
you're everything sweet dreams are made of.
Pray for me that this migraine will pass
and some sleep for me at last.
In the land of dreams all will be peaceful
and I'll hold and kiss you.
I'll write you when I get up feeling better.
I love you so much and miss you deeply,
please grab my hand and help calm me
through this migraine so sickening.

Michael P. McParland

Love Note 139

Hello my sweet love I
want to know how you're doing.
I pray you are well and
feel all the love and warmth
that I send,
I'm holding you tightly
my hand in yours have not
a fear or worry my dear
I'm not going anywhere.
I love you too much to
leave or lose my sweet one.

I am not feeling so well
I'm getting a migraine which
is making me feel very sick,
I also ache so deeply to be with
you in any way.
I haven't slept now in over two days.
I miss you so much and
just want to hold your hand
while I lay here in bed waiting
for this headache to go away.
Just feel the peace and love
that you always bring.

My headache grows worse so
I must lay down my head,
just remember and feel my
smile so filled with love
for my sweet Angel dove.
I treasure and cherish you,
I so deeply love you,
and more than you know
I so need you.

Michael P. McParland

Holding You Tight 2

As I lay here this afternoon drifting
in and out I dream of holding you tight
and us just talking catching up.
Discussing what we need, what we want,
just randomness in whatever we feel like.
It's the dream of just holding you tight
that makes me feel whole and complete,
knowing that there you'll feel
loved and safe your heart healing in many ways.
As will mine too sweet lady true.

Just holding you tight as we talk, kiss,
sit silently, or just drift off to sleep
is what I need and want too.
You always made me feel accepted and safe,
I almost never feel calm, relaxed and safe
with anyone and you're one of the few
who make me feel safe and also totally loved.
To just hold you tight chases away my lonely frights.

I just want to hold you tight and be
enveloped in full by the love that we share,
just enjoy and experience the electricity in the air.
Savor our true love that on this earth is so rare,
I want to hold you so tight and secure
making up for the lost years and fights.
Help you to know how truly sorry I am.
I love you so much and as I continue to rest
I'll be dreaming of all the kisses we'll share
while holding you tight feeling cozy and alright.

Michael P. McParland

Feeling You Near 2

I can feel your incredible love
surrounding me now and you feel
so incredibly near it's as if I could
just reach out and pull you in for
that badly needed kiss and hug,
just holding you the whole day through.
My heart, arms, and soul incredibly
long to be holding you.

I am happy though because I can feel you so near,
I can almost see you because the
feeling is so very sharp and clear.
I know you're helping by sending all of your loving warmth.
I thank you my darling so very much,
you have helped me relax and made my heart smile
I will now be able to rest for a little while.
I'm exhausted but have been unable to sleep,
feeling your love and all the peace that you give
I can close my eyes in comfort.

I hope and pray that you are able to feel
my warm loving care just as much,
I hope you feel it just as strong so
you will know the depth and strength of its truth.
I love you so much you are truly
the only woman I'll ever want.
Our bond is there for a reason and
I truly love you so very much.

I can feel you near and I feel contented
and soothed in your abundant caring
unconditional love.
You are so amazing my sweet Angel dove.
Thank you for everything as I am about
to rest for awhile.
Feeling you near has saved me from pure sadness,
I love you sweet lady I'd be lost without you.

Michael P. McParland

Beautiful Days 3

Endless beautiful days with my sweet lady
are what I so deeply and dearly pray
for each and every day.
To have her right by my side holding hands
no matter what we are doing as long
as I am with her they will be the happiest of days.

Some of the most beautiful days of my
life were spent with her talking,
sitting by each other in school,
walking down the street to share a smoke or two.
It didn't matter to me what we were doing
because just being with her made the day beautiful.

Beautiful days to God I pray asking
make it easy to bring us together at last,
please reward two people filled with true love
who have waited so very long and have
remained commited to each other in heart
through many years no matter what.
Please dear God help bring these beautiful days back so very soon.

I love her so very much and she is my other half,
she brings the hope and sun she is my Angel of light.
She is such a beautiful woman with the kindest heart,
a beautiful sensitive soul I admire and am inspired.
Beautiful days will in full return with her and
there will be endless joy being with the woman I love,
she's a miracle and blessing a true gift from God.

Through all the beautiful days I will give her my best
treating her like the Queen that she is,
for she is so truly precious and rare,
a diamond in the rough so beautiful and fair.
I so truly cherish and love her and long
for the beautiful days together never ending
spending all eternity together.

Michael P. McParland

Love Note 138

Hello my sweet love
I wanted to drop in
real quick and tell you
you're truly wonderful
and beautiful the sweet
shinny apple of my loving eye
You are my Angel and Queen,
my best friend so special to me.
I am here if you need me
I'll never leave you.
I love you so much and it
will only ever be you.

Michael P. McParland

Hugs And Kisses

Today every hour I send a million
hugs and kisses your way,
to shower you in the true loving
admiration for you that I feel.
To reassure you I'm here and
you're not alone I will give
everything no matter what to my Angel Queen.

With this great big smile of love
from my heart every hour to you
a million kisses and hugs.
Let them fill you with warmth and
give you great peace and strength.
Every hour a million kisses and hugs for you babe.

A million hugs and kisses per hour
like this for now,
but when our time has arrived it will be
endless kisses and hugs as much as you want.
I will never get tired of holding
you tight giving kisses to my sweet Angel dove.
I so deeply crave and can't wait
to in person give you them all.

I love you my darling so every hour
be filled with the showers of
kisses and hugs of true love I am sending.
I want you to know that I miss you so much
and that my love for you is so
deep and true remaining rock steady.
I love you sweet lady here comes the first batch,
get ready to receive these millions of kisses and hugs.

Michael P. McParland

Morning Note 42

Good morning my sweet Angel dove
I wanna start off the day
with this great big kiss that I send.
Feel the enormous amount
of endless love that it holds.
I want you to have the happiest
and brightest of days
knowing right from the start
I'm by your side hand in hand
right there holding you tight
giving you my love and warmth.
Close your eyes and reach out
your hand when you need
peaceful strength my only one
while seeing and feeling
my loving smile.
Do you remember the looks
of love I would give you?
Always remember those as I
always remember and feel
the warmth of the loving looks you gave me.
You truly are so wonderful,
I am so very lost without you.

Please have a beautiful day
and I apologize for being so tired
and exhausted right now and today,
still though I will give my very best
I do not want to disappoint or
worry you in the least in any way,
your happiness and comfort
are my first concern,
I just want to make you happy and proud.
My thoughts and my prayers
are with you as always sweet one.
I love you so much may
God bless you in every way
with his eternal caring love,
showering you with the greatest

blessings you truly deserve.

Michael P. McParland

Come Sleep

Come and sleep with me dear,
not sex but true peaceful sleep
wrapped up snuggling in each others arms.
I have eaten a bit and am too tired
right now to clean up.
Come join me dear and holding each other sleep.
Just you and me smiling contentedly.

Come and let's sleep my only one,
I need to be in your arms and I
need you to be held tightly in mine.
Then with some big kisses close our eyes contented
surrounded in the shared loving warmth.

So come and sleep with me dear not for sex
but Gods honest healing sleep.
I love you so very much
and desire to end every day within your loving arms
then waking to that Angelic beautiful smile.
You are the peaceful Angel I so desire.
I love you my darling and I'm so very tired
come now and let us sleep holding
each other in deep contented peace.

Michael P. McParland

My Beautiful Woman

Every time I turn on my computer
it's your beautiful face that greets me first
and every time I say hello Kira,
I love you and you truly are so beautiful.
How am I so lucky that a beautiful woman
like you has fallen for a man so plain,
has even been told he's homely and ugly.
You are my beautiful woman in so many ways
and I love you for everyting.
You truly are a rare diamond and the one I adore.
I love you so much my sweet sweet Kira
please spend eternity with me I want to marry you.

Michael P. McParland

Night Note 69

Oh my sweet love
I lay here so tired
yet cannot sleep.
I wish you were here to hold
and feel you right next to me.
I feel your loving
spirit and warmth though
my love and I thank you so much.
I haven't eaten since lunch
so I think I will get up
and get some food,
stay busy for a bit
eating, reading, and then cleaning.
All the while dreaming of you
praying sincerely to God
that all will be soon.
I need the time and healing
peace in your arms as
I know you do mine.
I need to ask for your
fogiveness while holding you near,
I just need the company
of my soul mate and best friend.
I love you so much and will
let you know how my meal is,
I just wish you were here
to delightfully share.
You are my treasured Angel and Queen,
you truly do mean everything to me.

Michael P. McParland

Please Come Take My Hand

Please come take my hand and together we'll
climb under the covers holding each other.
No crying or sadness just smiling, kissing,
light touching and pure happiness.

I cannot sleep and most likely will not,
I'm deeply exhausted but want and need you so badly.
Please come take my hand and then
I will sweep you up in my arms for a kiss
then carry you into bed tucking you in
just before I climb in.
Smiling, kissing, giggling like we're kids
we'll slide under the covers to be in
our own little world we've created.

Please, please, please my dear lady come
grab me and hold me so close,
I have so much I want and need to share with you.
I can't ever let myself go or give
myself in all these ways to anyone else.
My heart and soul are yours and I
truly don't want anybody else.
Please come take my hand and give me a kiss.
I love you so much my sweet lady
and you are deeply missed.

Michael P. McParland

Sleep Well Kira My Love

Goodnight my sweet darling I love you so much
I'm sending you all of my deep peaceful strength
and true loving warmth to fill you with soothing comfort,
and right along great big kisses and hugs,
kisses for you all over again and again.
Sleep well sweet Kira my sweet Angel dove,
God bless your sweet spirit and heart to no end.

I'm always with you and will be holding you tight
as you go to sleep and while I try,
I want to just feel your heart beating and
feel your chest calmly rising while I
peacefully listen to you breathing.
A calming and peaceful way to end a long day
being next to my love in bed wrapped in our arms
knowing that we will never part again.
Oh my sweet Angel and Queen I love you
and will keep saying it again and again.

Sleep well Kira my love I'll be holding
and kissing you in the land of dreams,
there may be some tears as I release to you
all of my feelings of how I miss you and need you.
I just want to talk, hold you, and kiss you.
You truly are my best friend and I've never
been closer to anyone like I am to you.
I love you sweet darling please come get me soon.

Goodnight and sleep well my sweet delicate Kira,
you by far are the most beautiful flower in
a field of many quite beautiful but
not one as unique and gorgeous as my sweet Angel.
I truly adore you and think you are grand
I have no doubt it's you for eternity whom I want to spend,
you are my hearts keeper and entire essence,
I love you sweet Kira sleep well and remember
I'll still be here when you awaken because I
love you deeply and more than anyone can imagine.

Michael P. McParland

Needed Comfort

Please come lie down with me my darling
and cuddle together in needed comfort,
my whole body aches in need of your company.
I want you to lightly and gently rub
my head and face like I've told you,
how it comforts and soothes me
and coming from you it would be heaven too.
Come so soon and just talk, snuggle and nuzzle.
A deeply needed healing comfort for us two.
My dear God sweet sweet lady how I deeply love you.

Michael P. McParland

Evening Note 35

Good evening my sweet darling
I so very deeply need and want you,
I've been restlessly drifting
to sleep in and out,
I just want to be in your arms.
You truly are such a beautiful
rare jewel that I treasure
and cherish because you're
wholly unique and you're you.
No other could ever come close
to the only woman I've ever loved.
How did I get so lucky
to find and earn the true love
of a dear wonderful Angel like you?
A true gift and blessing you are
and the bond we share so amazing and true.

I love you my darling and want you here,
to just hold and kiss
in the purest of loves ways,
stroking your hair and reassuring you
everything is okay and you'll
never be alone again.
I want to marry you and make
a family sharing with you
the most beautiful things.
You're hand and true loving devotion
are all that for me are needed and wanted,
my vows to you are my life
and to be there with you forever
in true blissful happiness.
An eternity with my Angel bride
so dearly cherished and wanted.
I love you so much please come and hold me,
your love is a sacred blessing
and I want you to know
that I am yours alone forever and ever.

Michael P. McParland

A Kiss And A Rest

I'm so deeply tired my sweet love
and I badly need to rest
so I give you the biggest passionate kiss
as I lay down for a bit.
I love you so much and I'm
sending you all my loving warmth.
Please come take my hand and hold me so close.
I miss you and need you I feel so sad inside.
Please come soon my sweet Angel bride.
I send you this great big passionate kiss
to say I love you sweet lady please
come hold me tight while we rest.

Michael P. McParland

Love Note 137

A quick note my sweet one
to tell you I love you,
you are the most precious
person on this earth and in heaven.
I long so badly to
hold you forever giving kisses
well I just tell you
I love you over and over.
You are a miracle and blessing to me,
now feel my arms wrapped
tightly around thee.
I miss you so much and ache
everywhere in deep craving need.
I love you sweet darling
you are so special to me.

Michael P. McParland

I'm Sorry 2

I'm sorry I cause you so much heartache and pain,
Sincerly I mean that and I feel full of shame.
I do not like seeing you hurt and to know
that I have in any way caused it
makes me feel so very sad and deeply sick.

Please forgive me sweet darling for
the heartaches I give.
I am so truly sorry you must feel this pain,
I am so deeply sorry for I am to blame.
Please forgive me sweet lady I love you
and feel all the way here every bit of your pain.

Michael P. McParland

Take My Hand 10

Take my hand sweet dear I just need
a little extra boost of your strength today.
You know how my moods can fluxuate,
not angry at all so do not fear.
Just that bipolar happy to sad,
not extreme today just a little dip
and holding your hand feeling your
peaceful loving strength will help me so much.
You are my Angel sweet one.

I just need your hand because you
reassure me that everything is okay in every way,
you bring me a peace and comfort
I will show you when our day is here.
I will help you understand everything
the best that I can.
It will all make more sense when
we are together where I can truly show and explain.
You truly are amazing to me.

So please take my hand sweet lady of mine
and help give me the peaceful strength that I need.
You are my rock and greatest support
I love you so much my sweet Angel dove.
I will hold you forever as long as you want,
you are so special and I want to spend eternity together.

Michael P. McParland

I So Deeply Miss You

Sitting here going about little tasks
when again you crossed my mind and
my heart is longing so hard wanting you here.
To just talk to and hold hands,
look into each others eyes and silently
sit holding each other in contented peace.
I so deeply miss you and want you here,
just to have you near and hear your voice
the greatest way to spend my day.
Being with you while we forget the world
with time passing away for it has
no reason or meaning in our space.
I so deeply miss you my love
and send you this kiss of passionate peace.
It says I love you my darling and can't wait.

Michael P. McParland

I Will Always

I will always love you and stick by your side,
you are everything a man could need and want.
You are truly so kind and loving,
sticking with me showing great patience and strength
is proof in many ways that you are a saint.
I will always love you unconditionally.

I will always adore you in every way,
you amaze in your beauty and tender caring ways.
You show concern for all those around you,
even those who have hurt you you've not
tried to destroy with reckless abandon.
You have always shown for all a deep loving compassion.
I will always admire your sweet soul and kind disposition.

I will always strive to make you happy and proud,
making you proud is one of the greatest feelings I know.
When I have disappointed you I feel I have failed,
I love to see you happy and smile and I always will.
Your my sweet Angel dove and holder of my heart and soul.
I've always loved you and I always will.

I know you have fought through so many hurts and pains
and I will always admire the fighting courage you obtain,
you are an inspiration and hero the greatest lady there is.
I will always make sure you know you're treasured and loved
because to me you deserve the greatest of things,
rewarded for all the love you still hold after pain upon pain,
you are amazing my precious gem.

I will always love you so deeply and stand by your side,
I will never leave the woman I love.
I could never hurt you leaving you broken and cold.
I will always work and be dedicated to my only one,
you are my souls true connection, best friend, and Queen,
you are everything I've prayed for and need.
I love you so much and give you my life,
I will always pray for you to be healthy and happy,
and hope you will be my wife.

Michael P. McParland

Beautiful Ride

Babe when all comes together and
we are forever in each others arms
the life we share will be the most
beautiful ride with the most loving moments
ever shared between to true lovers.
A beautiful ride with the most beautiful times,
side by side with my Angel bride.

There may be pot holes at times as we
travel our road together in this life,
but everyone does and as of yet we've beaten them all.
Our strong bond and true love has pulled us through,
hand in hand we'll always find the way through.
I know in our trials and fights we're past the worst,
because before our beautiful ride we
just had to find ourselves and learn from the falls.
I know we've done that so come now my darling
for this most beautiful ride.

I love you so deeply and would share this with no other,
it's only you and me forever and ever.
I've waited for this to be with only you,
the most beautiful ride with the most beautiful Angel
God has ever created and blessed as a love.
This beautiful ride for eternities time,
I love you sweet darling this beautiful ride
is just yours and mine.

Michael P. McParland

Love Note 136

Hello my sweet lady
I hope your morning is
going well so far.
It's snowing again today
in good old Minnesota,
a blizzard believe it or not.
Maddness I say.
I wanted to let you know
I'm thinking of you and
wish you were here to
wrap up in my arms and
stay cozy with in this late
winter storm so cold.
I just want you here to
snuggle up no matter the reason or cause.
You're my Angel and best friend,
I want to spend all my
free time just holding hands
side by side everyday.

Don't feel alone though
my sweet Angel and Queen
for always in every way I am
by your side squeezeing you tight
forever and all time.
I love you so much my only one,
even over the distance I
can feel your loving warmth
and loving accepting heart and hand.
It means so much my sweet Angel dove.
I will write for you today as ever
my love for all eternity.
I miss you so much and need you
to know you're the most important
person in my life,
you are my gem and diamond
so special in every way.
So soon please my dear I hope,
I need you so much because

you are my true love.

Michael P. McParland

Each Day 4

Each day I continue to work hard and improve
so I can be the best man for you.
You deserve the best and anything less I
would be insulting and dishonoring you.
Each day my sweet love I strive and work hard
for both me and you so our dreams will come true.

Each day I pray for you sweet love to
know and feel in your heart and soul
all of the love I feel and hold for you.
So you'll know you're not alone and
I am right there with you hand in hand
never to leave or abandon my only one.

Each day I try to show my deep dedication
and true love in every way I know how,
I can't wait to be with you and give
you everything I hold inside
proving then in full the trust and love for you
I hold and will never deny.
I love you so much my Angel Bride.

Each day my heart only gets bigger with pure
loving kindness and admiration in you.
Each day my love grows as does my confidence in you,
each day I know stronger you are the one I want.
I hold not a doubt you are the only woman
I'll ever love because you are an Angel
and the most beautiful of souls.
Each day I dream of our future so bright and bold.

Michael P. McParland

My Sweet Queen

My sweet Queen you truly are so beautiful to me,
you are wonderful in your kind caring love.
The friendship we've so long shared
has been the most important and meaningful
one I've ever had in my life.
I don't make friends easy or trust any different
and you are in my heart forever and I trust
you my sweet Quen to no limit.
I love you so deeply my whole soul glows
from your deep wonderful meaning.

My sweet Queen I have loved you since the very beggining,
you enamored me and swept away all my lonely
fears that I would not find my beautiful dear one.
You amazed me so because when I met you
I was not looking for sex, girlfriend, or love.
Then there you were my Angel so pure that my
heart called out and leapt forward to let
this sweet girl know that forever I was hers.
You my sweet Queen were that girl and now
the most beautiful woman on Gods green earth.

I know my sweet Queen that I've loved you
since the beggining of all time.
Our souls connected and our bond formed so fast
it is as if we were blind,
before we knew true love was right there.
I love you so deeply my sweet Queen and Angel on high,
you are my best friend and someone I deeply admire.
Oh my dear sweet Queen I pray for eternity by your side.

Michael P. McParland

Bright Shining

Bright shining thoughts of my love
give my days a great helpful start.
Thinking of her smile so bright
and loving looks of pure light
help give me reason to go on
fighting through everything
to get back to her and show all my love.
Bright shining feelings of hope are
what she gives me in droves.

She is the bright shining Angel that
helps get me through all the saddness I feel,
she helps guide me along knowing
the happiest future is true and near,
my Angel of light and my Angel of love
gives me the greatest acceptance and love ever known.
She is my bright shining northern star
of unconditional love and I cherish her.

My lady is a bright shining light within
my entire life which at so many points
has been utterly lonely and dark.
I thank her so much and love her so deep,
she's my bright shining star and Angel Queen.
I'll love her forever and hold her so dear
for eternity it's just her and me.

Michael P. McParland

Morning Note 41

Good morning sweet darling
an early rise for me today,
I hope you slept well and
had the most beautiful and gorgeous of dreams.
I hope we were together hand in hand
enjoying each other having such fun.
I saw you in mine and as
always you were so beautiful my only one.
I miss you so much but
my morning is bright,
seeing you in my dreams has
given my day a wonderful start,
you are the sunrise I want
to wake to everyday of my life.
Your shining smile and spirit,
being by the love of my life.
You my sweet Kira are an
Angel so kind.

May your day be the most
beautiful and oh so bright,
feel all my loving warmth
through the bright shining sun.
I'll be with you all day smiling
and holding you near,
you are my peach my sweet
Angel of light I hold dear.
I can't wait to kiss you
and just look in your eyes,
tell you I love you sweet darling
I am all yours and you are all mine.
Again my sweet lady have a beautiful day,
I'll be thinking of you
and smiling all day.

Michael P. McParland

Sleep Well And Sweet Dreams

Sleep well and sweet dreams my lady of light
let us end this day with a deep kiss of delight,
I love you so much and long for you deeply.
Tonight I'll be holding you close and so tightly,
feel all the loving warmth I am sending.
You are my Angel and soul spirit protector.
Everything I've ever needed and wanted.

Tonight in the land of dreams I just want to
be with you wrapped in a blanket sitting
in the park by the pond.
Just kiss you and hold you while at length
we will just talk about everything on and on.
Spending time with my sweet lady is all that I want.
Tonight in our dreams and soon in reality.

Sleep well and sweet dreams to my Angel Queen,
God bless you forever my sweet lady I need.
You are so wonderful and a treasure of truth,
I love you so much feel me holding you
the whole night through and everday for life too.

Michael P. McParland

Holding You

Holding you right now is all I want to do,
and as I just turned on my computer and saw you
the need and urge doubled to just squeeze
you so tight stroking your hair kissing
my sweet, beautiful, humble Angel bride.
Right now holding you is what I want and crave.

Holding you right now would be the perfect
end to this cold Minnesota night,
bundled up together in a blanket and our arms so tight.
Feeling closer than ever our hearts beating as one
oh my sweet darling the things dreams are made of.
So soon I know this feeling and the future is ours,
it's just that I want to be holding you right now.

My sweet Angel and Queen when you are here
I want to hold you for a whole day and night through,
then every night drift of to sleep holding
you so close and tight right next to me.
So as I close my eyes for just a few minutes
I am going to dream that right now I am doing it,
holding you tight with you resting your head on my chest.
I love you sweet lady and my arms long for you,
I'm never letting go sweet Angel so true.

Michael P. McParland

Sweet Lady 5

Sweet lady dreams of you
are always dancing in my head,
you are so beautiful and wonderful in every way.
I love you so much my only one.

You are the most beautiful woman
I have ever known,
you are an Angel and blessing
everything I'll ever want and need.
You are all my greatest hopes and dreams.

Come take my hand and join me in life,
let us build everything we
have hoped and dreamed for together,
I love you so much and want to
be with you forever,
you are the woman I've always prayed for,
you truly are a cherished treasure.

Michael P. McParland

Night Note 68

Hello my sweet darling
I hope your night so far
is warm and calming,
that you're feeling me with you
holding you tight giving
you kisses full of
passion and delight.
I've been doing some
small reading with a bit of TV,
not much really,
also dreaming of you and me.
I wanted to say that I love you
and can't wait to hold you tight,
giving all of my love saying
everything is alright.
We'll have the most beautiful times
full of cheer and great worth,
for eternity I will be with you
my sweet Angel dove.

Michael P. McParland

I Love

I love your kisses, I love your smile,
I love to look into your sparkling eyes.
I love to be near you, I love to hold you,
I love talking to you no matter how we do it.
I love your sweet spirit and your kind loving heart,
plain and simply my Angel I love you my sweetheart.

I love you so deeply and I love you so true,
I wildly love everything about you.
I love how you love me, I love that you accept me,
I love that you sit and listen and you don't find me boring.
I love that you love me unconditionally as me.
I love you sweet darling and God willing
future bride to be.

I love you sweet Kira you're so magical and true,
I'm madly in love top to bottom with you.
You are an Angel and gift from God,
my heart life and soul are yours my sweet love
and forever yours alone.
Never will I give or share myself with another,
I love you sweet Kira you and no other.

Michael P. McParland

I Want You, I Need You, I Love You

I want you and need you sweet darling
plain and simply because I truly love you.
I don't love you in a twisted sense only
because I want you and need you.
I know you feel and understand it's true love,
and that you see, know, and feel that is true,
I love you all the more for your intuition of truth.
You are an Angel Queen I truly adore.

I want you and need you because in your
true pure kind caring love you complete me
and in return I know you adore me too.
It's a mutual love and respect found in us
that is truly so beautiful and rare.
I love you my darling because in mind,
body, heart, and soul you're 110% beautiful.

I want, need, and love you because you
make my heart and soul glow,
you are the holder of them and the truth that they know.
I love you so much because of our special bond,
I know God has blessed it and you are
a true blessing and Angel in kind.
You are my hero and best friend who I will
fight for and defend through this lifes end into the next.
I love you sweet lady and want and need you for all time.

Michael P. McParland

Evening Note 34

Laying here in bed lightly
dozing in this early evening,
thinking of you and sending
all of my love to warm you.
Fill you with my strength
and my peace I so hope soothes you.
I looked out the wiindow
and it's snowing heavily
at this time.
Even in Minnesota its late
for this stuff,
all the more I wish you were
here where we could move the couch
and wrap up in a blanket holding each other,
just watch the snow blow
as we ate popcorn and drank hot chocolate.
Oh my sweet darling where ever
we will end up living together
those are the moments I
will forever most treasure.
In each others arms just
reveling in our true love
enjoying each other.
I just wanted to drop in right now
to say I love you sweet darling
forever and ever.

Michael P. McParland

Snuggle 7

Before a later dinner and some rare TV
come snuggle with me darling and
rest for awhile just being near
holding each other in contented cheer.
I love you so much and need you here in my arms.
Come snuggle for 30 minutes or two hours
just feeling and healing our hearts in true
peace my sweet Angel and love.

I promise sweet one I will always
work so very hard and true for you,
come snuggle and rest I'll let you pick
the audiobook, podcast, or music we'll listen too.
Whatever you pick will be so beautiful
because it was chosen by you.
Come snuggle sweet lady my Angel
I so deeply love you.

Michael P. McParland

We Will Help Each Other

We can and will help each other dear love,
right now I don't know where to reach you
so fear not of rebuke or in shyness if
you just reach out to me we can talk and find
the perfect way with each other to our destiny.

I will help you where you need because
I love you so deeply and want us to succeed.
You're my brightest star and Angel so true
you're all I want because I so love you.

You will help me in the areas so needed,
helping me come out of my shell and learn
the things for you that are needed.
I will provide you with love and pure kindness
my dear true only Queen and Angel.
You will help me because you so deeply love me.

In true mutual kindness, love and total respect
we will find our way and for eternity
have what we need and want all our special days.
Our bond is so specail and has gotten us through,
please reach out my sweet darling and we'll find our way through.

Michael P. McParland

Love Note 135

Oh my sweet love I miss you
so very much and my
heart to you achingly calls.
Right now I'm keeping myself busy
with a few small chores.
I'm still deeply tired but
can't sleep knowing you're hurting.
I'd give anything to be with you
holding you tight stroking your hair
while I reassuringly whisper
in your ear that everything is alright,
I'm by your side forever feel
not a doubt because hand in hand
giving you a tight squeeze
giving you endless strength and peace,
you're never alone my only one.

I love you so much and
need you in my life too.
Please come here my darling and
gather me up too.
You're all that I want and
all that I need,
oh my sweet darling you're
everything to me.
I love you my sweet Angel Queen.

Michael P. McParland

Without You 2

Without you my dear I will have lost it all,
you're the woman I love and I have fought
for through 16 years to give all my love.
I don't want to go on without the woman I love,
we can find our way through it all
because I won't give up on you for I'm right
by your side hand in hand through it all.
I just want you to see inside and understand
everything that I hold and I feel.
Without you I'll never be able to find the way
and I'll never feel complete in any way.

Without you sweet love I'll never know that special touch,
you can't understand how badly I tingle and
with you in full share myself.
It hurts so bad emotionally, spiritually, and physically
not having you here to hold and kiss becoming
one as our spirits touch and give the purest love.
Rubbing away the built up pressure and tension is not enough,
it is not true love but a cheap rendering of need.
Without you sweet love I am empty and fully alone.

I want to share my life with you in every way,
without you I am drifting a nothing to the world.
You love me so deeply as I do you too,
without you I'm breaking and close to in full.
I love you so much and need your hand within mine,
as long as you aren't leaving neither am I.
I love you sweet Angel dear Queen of mine.

Michael P. McParland

I Love And Need

I love and need you sweet one.
Do you know and feel the longing need in my heart?
I have done right now all I know to
and every day multiple times I pray crying
asking God to hear from you.
I don't just want you as my friend but as
the woman I will be with forever sweet love.
I need your hand and want your arms around me
my sweet Angel dove.
I've done what I know please talk to me my dear.

I love and need you and am losing my will
without you here my sweet love so dear.
I love you and need you and only you can
ever know and see what I hold in my heart.
Please don't go without talking to me
and giving me that chance I would give my life.
I sit here crying because I need to see your words
and hear your voice being with you soo.
I love and need you my only one,
please take my hand and hold each other so tight and near.

Michael P. McParland

Love Note 134

I truly love you my darling
well beyond the imagination
of anyone but God himself.
You are my diamond in the rough,
my Angel and Queen who holds my heart.
I hurt so much my heart
swells in great pain right now,
a much needed rest for this
body and soul that desires you
forever sweet dear.
I am with you now hand in hand
and forever I will.
You are the woman I love
and I dream of all night and day.
Kira sweet one I just want
to hold you so tight and near.

Michael P. McParland

My Heart Hurts

My heart hurts very bad right now,
a rest very soon I think to escape the world
and hurting feelings within my heart.
Hide under the covers for awhile
just let my aching heart rest with
releasing the tears now flowing from my eyes.
A rest now for my aching heart.

Michael P. McParland

My Sweet Lady Love

Oh my sweet lady love how are you today?
I miss you so much and am sending all my loving warmth.
While I was out I thought of you and how
I wished you were there holding my hand so tight
just feeling our love and sharing our times
and life together witout the world to worry about.
Only thinking of our plans for the future and the family
I so deeply hope and pray to build with you,
the greatest woman and mother there will ever be on this planet.

Oh sweet lady love I truly treasure and adore you so much,
I wish you were here and I could share with you
this wonderful special lunch while we enjoyed
a movie, some music, or one of my audiobooks.
Just spend this afternoon eating, cleaning up,
and then in each others arms snuggling for a needed nap.
Oh my sweet lady love I long for and need you so much.

You are my sweet lady and only true love
until I am with you in each others arms I won't be complete,
life is empty and cold my heart standing still,
please come and take me starting it again.
I love you so much and you are my sweet Angel dove,
come my dear Queen and let me hold you so close
and with a kiss begin our eternal journey in true everelasting love.

Michael P. McParland

Hard Morning

Such a hard morning today as I wake up
and still you're not here,
making my heart and soul ache with longing need
to have my sweet lady smiling and holding me.
Such a hard morning as I feel so sad and lonely
yearning to have you here in my arms,
or massaging your feet for the days needed
chores so you will be loosened and ready
and won't hurt as much as we go about them.
Such a hard morning wanting my lady.

A hard morning after a night of bad sleep,
that while I lied back down for more rest
my heart, soul, and body began aching
and hurting needing you here as I felt so alone,
a deep need and desire for your arms around me.
A hard morning to get going knowing you're
not here to spend it with as I go to the store
to pick up some odds and ends for a lunch I'd love to share.
A hard morning because I so badly need to see
that God blessed Angelic smile from the most beautiful woman.
A hard day because I just need to see you and
talk to you feeling the bond and love we are sharing.

I love you so much my sweet lady,
today will you send me some extra special strength and love
that I am so deeply craving?
Please hold me so tight and tell me everything is alright,
I'm having a hard lonely morning today.
I love you so much please come soon my Angel of truth,
come hold me forever and I will hold you.
No more hard mornings for either of us,
I need you my darling for eternity and I love you so much.

Michael P. McParland

Morning Note 40

Good morning my sweet love
and I hope you slept well,
I hope you are feeling well
rested and refreshed on top
of the world.
I did not sleep so well at all
so I wanted to say good morning
and I love you before
for a while I lay back down.
Have the grandest of days
and feel me beside you
hand in hand every step of the way.
Be surrounded in all my loving warmth
feeling the peace and strength that it holds,
fell and know that my prayers
and thoughts are with always.
I'm right here if you need me
you're never alone feel the warmth
of the sun shine upon you my only one.
Some more rest for me I would
like it if you come join me.
Have the most beautiful day
and I'll soon be up to write
you and give you my best.
I love you sweet lady and miss
my dear Angel.
Please come so soon so I
can just lay here and hold you.

Michael P. McParland

Night Note 67

A quiet night here
my sweet love and before
lieing down was just
doing some reading,
and as I now rest my head
just wanted to say I
so deeply love you.
Feel my arms around you
and this deep passionate kiss.
Soon in person we'll snuggle
I can't wait for that time
sweet Angel dove of mine.
From now through eternity
I'll love you to no end.

Michael P. McParland

Snuggle 6

Come snuggle so tight on this chilly night
and let's just enjoy being close feeling
so happy and in peace wrapped tightly in our sweet arms.
Snuggle so tight feeling our hearts and souls unite,
feeling complete and content snuggling in true love and light.

Come snuggle sweet love and let me hide my
myself from the world as I bury my face in your
shoulder for a little while,
where I'm truly alone with you my guardian Angel.
Then a smile and kiss laying our heads
down for a long needed rest.
I love you sweet darling come snuggle with me
and drift away together in true bliss.

Michael P. McParland

Goodnight My True Love

Goodnight my true and only love let us
now slip into bed and kiss to seal this day
then pull up the covers and cuddle while smiling
feeling all the tension in the world slip away.
It's just you and me in this space and
the rest of the world need now go away.
Just us two in our arms happy basking in the glow of our love.

Goodnight my true love and feel all the loving warmth I send you,
wrap up in its peaceful comfort like a blanket
so cozy and safe giving you endless strength.
I'll be there holding you all night and kissing you
saying have no worries sweet lady you're not alone
and forever at your side I am right here.
I love you my darling and I'm never leaving my Angel no way.

I'll see you in the land of our dreams,
I just want to hold you and kiss you no matter where.
Among the moon and the stars or under our tree
by the river in our majestic field of flowers,
or when we are fishing wrapped in a blanket together.
Perhaps tonight camping under the stars by the fire,
wrapped up so tight with each other kissing and smiling
and always laughing together.
No matter where as long as I'm holding you I am feeling better.

Goodnight Kira my only true love feel my arms wrap around you,
know that I feel comfort and satisfaction having
the love and peaceful strength you have provided.
I love you so much and need you here head upon my chest,
you are the Angel that makes life worthwhile and better,
for eternity my dear just you in my arms forever and ever.

Michael P. McParland

I Miss You (Dreaming)

I miss you so very much my sweet darling
my heart is swelling in need of your
arms wrapped so tightly around me.
As I lay down for this late evening rest
I'll be dreaming of resting with you
our arms wrapped around each other
as you rest your head upon my steadily
rising and falling chest,
breathing easy and calm having my lady
there feeling at my very best.
I miss you so much and I'll be dreaming
of you my sweet love wrapped in my arms
resting your head upon my contented chest.
I love you sweet darling and miss you so much.

Michael P. McParland

Special One

Special lady holder of my heart and soul
feel at peace tonight from all my loving warmth,
I miss you deeply and longingly ache for you.
I want you to know I love you deeply so,
I so badly want you in my arms to hold
and whisper too telling you of my deep love
and that I'm never leaving you.
You are my special one I will stand by forever
never wanting or needing another soul.

Sweet lady you are my special one
and I love you deeply so,
please come so soon and take me in your arms,
I need to feel your beating heart and your warmth
surround as our bodies close together souls becoming one.
I love you dearest you are my Angel true,
you are my only special one and I deeply miss and
need you too.

Michael P. McParland

My Sweet Lady Forever

My sweet lady so beautiful and pure
I love you so much if you only knew.
I love you so deep and I love you so true.
My sweet lady of the stars and moon
there is no other as beautiful as you.
You are my Angel, soul mate, and hero so fine,
you are the greatest woman ever in my heart, eyes, and mind.
God bless you forever and feel my love around
you always wherever you may venture because
I'm by your side holding your hand my sweet Queen and Angel.
Soon here on earth we will be together
and for eternity I will endlessly hold you.
I love you my sweet lady and dove,
it's only you to me forever my only one.

Michael P. McParland

Evening Note 33

Good evening sweet love
I hope your day was so bright
and especially warm with
all the loving care I've sent.
I miss you so much and want
you here to hold and kiss
sharing every thing in our lives
with one another in pure joy.
I wish you were here to join me
for dinner and watch my favorite
movie of all time Amadeus with me.
That would make everything
so very beautiful and special my only one,
when that time comes though
I will cook you your favorite meal
and we can sit together in true love
enjoying this wonderful movie.
Times like that will be aplenty,
just my Angel and me from now
through all eternity.
I love you so much my beautiful darling.

Have the greatest of evenings and nights,
I will be there with you holding you tight,
well also here writing for my love
so true and beautiful not a doubt,
you are my everything my sweet Queen
and Angel so gorgeous and bright.
I love you so much and want to
always make you happy and proud.
I love you so much and can't wait
to hold you so close and so tight
giving you peace telling you
about all of the love I hold inside.
Just me and you no other person
or thing could ever do.
For eternity I'll only and
always love you.

ILYF and ever Kira.

Michael P. McParland

My Promise To You

My promise to you sweet one is that
I will always love you and stick by your side.
I could never give myself or my life to another,
it is only you I truly love and want my Angel.
My promise to you is I'll always be here
and I'll always remain true to you my sweet dear.

My promise to you my sweet lady is that
I'll always try my hardest and give you my best,
I'll never give half an effort and insult my sweet love.
My promise to you is that I'll always strive
to make you so happy and proud.
You're all that I want and need my sweet Angel dove.

My promise to you is my heart and my soul
my whole loving essence in full,
my life and everything are you my sweet one.
I love you so much and you are my Queen,
again I love you darling and hand in hand
by your side for eternity I will truly stand.

Michael P. McParland

Hand In Hand

We hold hands and you rub my face
as I say I love you sweet lady
please for eternity be only mine.
You are so beautiful and my everything,
please be mine forever sweet lady divine.

We embrace and I stroke your hair
and you tell me I love you sweet man
and I'm glad we're both here.
Then we kiss and smile looking into our eyes.
We both know and feel the truth
of the great bond that we share.

So come let us embrace never ending,
I am your man and you are my lady.
I love you so much and I know that
for eternity we'll never be parting.
You are my Angel and souk mate, my only one.
I love and adore you sweet lady forevermore hand in hand.

Michael P. McParland

Love Note 133

Good afternoon sweet lady
who I love with all my heart and soul.
How has your day been
my only one?
Went out for the first time
since I got sick,
felt godd but most tiring
so I'm going down for a small nap.
Come join me sweet love and
let's snuggle holding
each other so tight and close
basking in our loving warmth.

You are so beautiful my only one
and I can't wait to have
you here so very soon.
I am with you always feel
my hand within yours
as I give you this kiss for
a beautiful afternoon.
I love you sweet darling
come join me in rest,
help fill this empty bed and
fill it with true love and
all of your peaceful strength.

Michael P. McParland

The Most Beautiful Woman Ever

I just turned on my computer and
the first thing that I see every time
is the most beautiful woman who ever lived.
The love of my life who I've loved since the
beggining of time.
It is you my sweet darling holder of
my essence, heart, soul and all that is divine.

Oh my sweet darling my heart skips every time,
your beauty so heavenly pure brings me to tears sometimes,
such a gorgeous smile and sparkling eyes
I love and miss you so much divine Queen of mine.
In spirit, body, heart and mind you are
truly the most beautiful woman of all time.
You are the one who my spirit feels true
love and connection my only one.
Everything about you is so beautiful and
I'm so happy you love me like I do you.
I'm so joyus I am yours and you are mine.

I love you so much and your beauty is pure,
I can't tell you how much I adore you sweet one.
You are my Angel and a blessing so true,
I love you so much that with you not here
I feel so lost and know not what to do.
You are my darling and soul mate best friend
you are everything a man could want
and I'll stand by you through all time
my true love hero and greatest best friend.

ILYF KP

Michael P. McParland

Dreamt Of You 9

When I lied down to finally sleep last night
it was shallow and restless with nightmares for a few hours.
Finally though I saw the most beautiful woman
approaching peace now fully falling and calming
my aching heart and racing mind giving full rest a chance.
And who should this Angel be that approaches
bringing calming comfort and peace but my sweet lady
and only love helping me sleep and have the most beautiful night.

In my dream we embraced just holding each other
kissing and smiling not a worry of the world to bother us,
it was such joy seeing you my gorgeous woman I want to cry
at your memory for how happy it makes me and your true beauty.
I feel so sad and lonely though having to leave you there
you not being here to greet me when I open my eyes
seeing that shining beautiful smile knowing I'll be
spending the day with my sweet woman so fair and amazing in every way.
I dreamt of you sweet lady and I didn't want to wake,
so that's why the so very long sleep today.

I dreamt of you and I so badly need to have you here in my arms
where I can tell you over and over I love you you're
my sweet Angel and Queen the only one I'll ever need.
I want and need to kiss you so bad share myself with you
and kissing you in the most passionate way.
I love you so much and dreaming of you was great but
makes my need and longing so very hard in the waiting that is now.
I dreamt of you and saw the most beautiful woman I
give my whole life and existence through eternities time.
I love you sweet Kira and this dream will come true,
please let's make it come true so soon my sweet love.

Michael P. McParland

Morning Note 39

Good morning sweet love
I have finally arisen.
I hope you slept well
and feel refreshed and well rested.
Mine was at first restless
but then a deep slumber befell me.
May the sun shine upon
you this day so very brightly
and be filled with the loving
warmth I am now sending.
I will be right by your side
the whole day hand in hand
feel not a single worry.
I love you so much my only darling.
Close your eyes and feel
peace in your soul and heart
seeing me smile and all of its love.
I miss you so much and after
I get up and moving around
I'll write you the most
beautiful of poems.
I wish you were here to wake up
next to and then giving the happiest
energy to get up and get going.
I know soon it will happen
my only one and then everyday
will begin with the brightest warmest sun.

Michael P. McParland

Goodnight My Sweet Love

Goodnight my sweet love I am most tired indeed
so let us end this day with a big kiss and climb into bed,
I am sending you every bit of my love and my warmth
and in spirit will be holding you tight through the night.
As we lay down I'm telling you that I love you
and everything is alright so be filled with peace my Angel of light.

In the land of dreams we'll see each other and
spend all our time in each others arms holding hands,
wrapped in a blanket sitting by a big lake
watching the ducks and the geese doing their fun things.
Spending time in the most beautiful setting
with the most beautiful lady is a dream straight from heaven.
Soon my sweet lady I know it will happen.

Goodnight my sweet love and feel me there the whole night,
wrapped in my arms giving all my peace strength and warmth.
Never forget that you're not alone because I am with you
always my sweet Angel and Queen.
I love you so much and eternity is ours,
you hold my heart and my soul forever I am yours and yours alone.

Michael P. McParland

A Rest 4

A small rest my dear and I
promise I won't miss my goodnight.
My nights without our kiss are
the loneliest of nights.
A small rest my sweet lady
come hold me tight
it's still chilly here on Minnesota nights.
Come hold me tight and share our sweet love,
a small rest my Angel of love
snuggling with you is the greatest of dreams.

Michael P. McParland

Don't Cry Tonight

Don't cry tonight sweet love
just feel peace and loving comfort
feeling all my loving strength surround
as in spirit I hold and kiss you
while I lovingly whisper in your ear
of all my love while I gently stroke your hair.
Don't cry tonight my only one and feel
my hand lovingly holding yours.

Don't cry tonight or the next and
feel the power in our endless bond.
Feel the strength and truth of our true love
and feel peace in our future oh so soon.
Don't cry tonight my Angel true because
I'm not there to dry them and I need to do that for you,
then kiss your eyes before your lips and
say Kira I so deeply love you.
Please don't cry tonight and feel me in your heart
and quietly listen for my voice.
Hear me tell you of my love in silent spirits voice.

I love you dear and I'm with you there,
don't cry so much knowing I'm holding you.
I understand and also feel the pain and am
sending you all my strength.
Don't cry tonight think of our future oh so bright,
with eternal joy and bliss be told,
happiness is yours and mine forevermore.
I love you darling you're my only one.

Michael P. McParland

Evening Note 32

Good evening sweet darling
I hope you've been getting some good rest,
I am feeling quite tired
but have been keeping
busy with various odds and ends.
Been thinking of you and
feeling your loving warmth,
it keeps me smiling and cheerful
though I constantly long and ache,
I can't wait to have my arms
around you kissing your lips,
feeling you next to me in contented bliss.

A few little things to do on this night,
in a little while more writing
for my beautiful darling so precious and right,
I love you so much and am right there with you,
never forget all the tenderness I feel for you.
I love you so much and will soon
talk some more after getting done with my chores.
Take strength and feel peace
in the loving warmth that I'm sending,
with this big hug and kiss feel
my spirit surrounding and wrap up
in its warmth feel safe in its soothing embrace.

Michael P. McParland

Cleansing

Your deep love is so cleansing and warming
from the cold and fear of this world.
It is cleansing from the dirtiness of hate
you can feel all surrounding,
cleansing from the superfical, lustful excess
that holds no genuine love just remourse.
Your true deep love is so cleansing
and from my heart and my soul I send thanks.

Your deep true love is so cleansing of all
the hopeless loneliness that so enveloped
me in terror and anger dimming the world of its beauty.
Your true love reignited in me the light of
hope and knowing that I would have the chance
to share and show unto you all my loving care,
your love is so cleansing of all the loneliness
and fear that had so taken me sinking my spirit
in cold barren dissapointment.
Thank you my dear for your cleansing understanding.

Your loving heart and spirit are so refreshing and cleansing
and I will show you the ways and how thankful
I am when we at last come back together.
Thank you sweet Kira I love you
and your warm loving strength is so refreshing and cleansing.

Michael P. McParland

Love Note 132

Hello my sweet darling
it's almost evening and
I hope you are doing well
keeping warm in all
the loving peace I am sending.
A quick note to let
you know that I love you
and in spirit I am
tenderly holding you
giving sweet kisses
while stroking your hair.
I miss you so much and
please know I am always giving my best,
just take my hand and take
endless strength.
You are my everything
and only true love.
I miss you so much and
want you here.
I love you sweet lady
feel and hear the call of my
heart and soul.
It is only you forevermore.

Michael P. McParland

Your Loving Strength

Your loving strength has helped
me get through so very much,
filling me with light and hope
so bright and true giving me
strength and reason to go on.
Your loving strength is so beautiful
and a precious gift.
I thank you beautiful lady for it all.

Your loving strength has shown there
can and will be a better life not spent alone,
filled with true pride and joy
a glowing chance to be fullfilled
hand in hand always with my only one.
A family and a home of ours alone,
your loving strength has shown me the
greatness life can be and kept me going.
Thank you love for all you've shown.

Your loving care and tender heart
with the acceptance of me in total in your soul,
that means more to me than you can ever know.
You are so wonderful my only love.
God bless you endlessly through all our days,
thank you so much for your loving strength.

All the loving warmth and strength you've given me
has filled my life with a pride and duty
that I am excited by and long to in return
give you all of my strength, pride, love and joy.
You are everything to me my Angel Queen and
thank you deeply for all you've given me.
Your loving strength, and kind hearted loving soul.
You have given me more than all the world,
I love you darling and for eternity I thank you for it all.

Michael P. McParland

Beautiful Lady 3

Beautiful lady you are a true Angel to me,
holder of my heart and soul
center of all my greatest hopes and dreams.
Beautiful lady come let me hold you
and just give you all my peace and strength
while I reverently share with you the
love that I hold and feel for you.
Beautiful lady my heart sings and beats for you,
it always has, it always will.
Beautiful lady my Angel I love you.

Michael P. McParland

Shine

Let your smile and hope shine
bright my dear love because
I am with you forever and
have my arms wrappeded around you.
Shine forth in great happiness
and joy because I'll never stop loving you my only one.

Come take my hand and join me
as we enter together into the promised land.
Eternity together shining in our true love,
feeling the joy that God has given
the most dedicated and loving of souls.
Let us shine my dear lady in cherished hope
as hand in hand we enter paradises gates.

We will shine on forever as two doves
in love cherishing and honoring another,
hand in hand locked in bliss for eternity in heaven.
You and me shall shine on as two
people who share true love the greatest treasure
and gift to man ever known.
You are my only one sweet lady and Angel.

Michael P. McParland

Love Note 131

Good afternoon my darling one
I hope this day is going well
for you filled with sunshine.
It's rainy and overcast here
in Minnesota but my day is
bright with thoughts of you
feeling your loving warmth
and energy too,
it helps make the day better
in so many ways.

I'm still feeling weak from
being sick and need a small nap
but will write you as soon as I get up.
Not long I promise sweet one,
continue to feel my arms around you
knowing I'm right there at your side
hand in hand every step of the way,
I'm never leaving you in the cold dark
alone shaking and crying heart broken.
I'd never do that to the woman I love,
just you and me forevermore.

I love you sweet darling and
this small nap now for me,
I miss you so much and wish
we were together cuddling,
soon though I have no doubt
just my Angel and me nothing
will bother us ever again
or tear us apart.
I love you sweet lady
holder of my soul and heart.

Michael P. McParland

Eternal Love

Pure love to last eternity is
what I hold within my soul for you
my precious Angel bride so true.
The cleaniest brightest love of joy
is what I feel and hold inside.

A love and adoration through eternity
because you truly are so special to me,
you mean everything and encompass
true beauty more than anything within my eyes.
You truly are a precious rose my Queen on high,
I'll love you through eternity because
my heart is yours and our souls connect in the deepest way.

Eternal love is there because of the
special spiritual bond we share.
A truly blessed gift from God a love like this
through eternity by our sides hand in hand
with no fear or doubt over this precious prize.
Eternal love between you and me the most
beautiful thing we've ever felt or seen
together never parting celebrating celestial
bliss in our love so pure and eternal lasting.

Michael P. McParland

Morning Note 38

Good morning sweet lady
and I have finally arisen
and in a minute I'll get moving
after this sickness.
I'm feeling mostly better
so I will do a few light
things to test all out
and see how I'm running.

I hope you slept well and
that all of your dreams were
beautiful and I was there,
that we were enjoying ourselves
in the land of dreams.
Have the most beautiful of days
and feel me by your side
hand in hand under the suns rays,
I'm wrapping you up in a tight
squeeze and give you this giant
kiss to start a good bright day.
I'm sending you all of my warmth
and love to feel peace and strength,
reassure you that you're never alone
because I am here for you.
I love you so much my only one.

Whenever you need to my love
reach out your hand and take hold,
remember I'm here if you need.
I love you so much and will
feel the strength of your love as
I get up and fully recuperate.
Thank you sweet love for all
of the wonderful things that you give.
Close your eyes seeing and feeling
my loving look and smile,
carry it with you every step of the way.
I love you so much and can't
wait for you to be present

when I can just wrap you up and
tell you I love you over and over.

Michael P. McParland

Goodnight My Sweet Darling

Goodnight my sweet darling as we slide
into bed a great big hug and kiss,
to end this day and night together
recovering our energy and health.
I'll be holding you tight through the night
my sweet sweet lady and Angel of light.

I'm sending you all of my love and warmth
with the biggest of kisses and hugs you'd ever want,
I miss you sweet lady and can't wait to
have you here in my arms to hold you all the time.
I love you sweet lady and will be thanking you
for through all time as we go hand in hand.

I'll see you tonight in the land of dreams
where we'll lay in our field of flowers
laying down on a blanket gazing at the moon and stars,
under another blanket and in our arms gently
speaking at smiling while we got lost in
the moon and stars in our arms.
Tonight by our river relaxing in the land of dreams.

Goodnight my sweet darling and may all of
your dreams be the sweetest and brightest,
I'll be right by you holding you so tightly
feel all of the loving peace I bring you.
I love and miss you so much and can't wait
for the golden moments of being with you always.
Our time is so soon and will last forever
I love you eternally and deeply my only Angel.

Michael P. McParland

Evening Note 31

Good evening dear
and only one I hope
all finds you well.
I've been lightly dozing
and feel a little better now.
A night of sleep ahead and
tomorrow I should be
out of bed and getting on
my feet a bit to get my strength,
thank you for all your loving warmth.
I wanted to say I love you dear
and miss you deeply so.
I won't miss my goodnight tonight
I promise you my love I'm sad I
missed our kiss last night.

Still hazy and icky all around
but feeling better than I was,
remember I'm always by your side
hand in hand no matter how I feel,
I'm wrapping you up in the
tightest hug so you won't feel alone.
I love you deeply I hope you know
I can't wait to have you here
within my loving arms.
I wish you were here to help me
through this time of sick
just holding my hand while we softly
speak, read, and listen to my
audiobooks and music.
Soon enough though I know it will be,
I love you darling here a great big
kiss to you from me.

Michael P. McParland

Restless

Laying here restless still feeling quite sick,
I feel so tired but my body won't settle
and my stomch tosses and turns so I can't sleep.
Reach out your hand my sweet darling and
help comfort my restless body and mind.
Your sweet spirit and kind loving heart
are the greatest medicines known to me,
they have helped relax me many a time.

I am so restless here lying down with this sickness,
my audio books and classical music cannot calm me,
you being here with me while softly talking and reading
while holding my hand reassuringly would be the
greatest thing making dreams a reality,
soothe this restless mind and body to find
rest from this illness making me shake feeling
so hot but then so bitterly chilly.
I wish you were here to have your company calming
my weary mind and body.

I am so restless sweet dear but need the sleep to get well
please reach out your hand to take mine and in our love
soothe and relax me from this restless spell.
I love you so much and wish you were here,
your love makes everything so much easier to bare.
I'll be dreaming of you while I lay here in this restless state,
it will help make things easier in so many ways.
I love you sweet lady and miss you so dear,
please reach out your hand and come here so soon.

Michael P. McParland

A Rest My Dear

A bit more rest dear to try
and beat this sickness I feel.
As I'm lieing here listening
to my new audiobook I'll be
thinking of you and wishing
you were here to hold and
listen to it with me.
I love sharing things with my lady
and while you are away I
miss doing that so very much.
Return soon so we can together
share all that we love and admire.

I'm sending you all my love and warmth
sweet lady I wish to be with all my days.
Come hold me close and tight
while I lay down filling me with all
your peace and strength,
your love is all I want and the
greatest thing there is to me.
Wrap me in your kind and loving arms
to fill me with the warmth my Angel holds.
I love you darling and will
continue always to give you my very best,
you are my everything and I adore you
my treasured Queen to no end.
You're the greatest ever my sweet lady and only one.

Michael P. McParland

I'm Always Holding On (Faith)

With a smile full of love I swear
to you darling I'm always holding
on to my faith in you and the love we share.
I feel and know of all it's truth inside,
with a smile of loving pride I
say to you my dear I'm holding on
and never letting go of you
my sweet Angel dove,
you're my only one and the greatest
truest of loves there ever was.
With a great big loving smile
I look at you and from the very
bottom of my heart and soul
I truly love only you sweet Kira
of all my greatest hopes and dreams,
and I'm always holding on in hope and faith
to all we are and share.
You're my Angel and my everything
sweet lady and my Queen.

ILYF and ever KP

Michael P. McParland

Love Note 130

Good afternoon sweet
darling of mine,
I hope this day
finds you oh so happy and fine.
How are you doing
my Angel Queen?
Bit by bit my strength
is returning and
I'm feeling better a little bit.
I will give you my
best this day as always
my only one.
Very soon a bit more rest
for my run down body
and weary mind.
Don't forget I am by
your side always hand in hand
squeezeing you tight sweet one.
I love you so very much
and want you here soon
to just hold and talk for hours on end
about everything we could ever think,
I just want and need you in my life.
I promise I will write for you
my mind just needs longer resting
periods at this time.
Please come talk to me my Angel Queen
I just need your words so very soon.
I love you deeply with all I am
and for who you are in all.
You are my universe and everything,
Kira please come soon I love and
need you more than you know.

Michael P. McParland

Please Hold On (Faith)

Please hold on sweet lady and have faith
I'm not going anywhere and won't sell you out
just abandoning you to face the cold alone,
please continue to have faith in me and
stick by my side knowing I'm there no matter what.

Please hold on and know that even on the rare days
you may not hear much from me or I may be silent
for whatever reason there may be I'm not gone
nor have I forsaken my only one.
Like that I have been sick and unable to do but
a very little bit there is reason if I cannot do much.
Please take my hand sweet lady and in faith hold on.

I love you sweet Kira and will never abandon you,
I'm by your side hand in hand all the way
wrapping you up in the tightest of squeezes to
reassure you of all my undying love.
Please hold on and have faith sweet lady as through
all eternity I will give you my very best,
you're my Angel and for true happiness my only wish.

Michael P. McParland

I'm With You Always

I am with you always my darling one,
never feel alone or feel in fear
because no matter what no matter where
I am with always my only one.

Even when very sick or very tired
I am by your side hand in hand all the while.
I love you deeply and will never leave you,
I am with you so know it in your heart
how deeply I am dedicated.

I am with you always in true love and
want to give you everything in peace and strentngth.
Please never feel a shred of doubt
or the slightest worry my only one.
You are my Angel and I am yours,
I am here for you through eternity
because I only love you.

Michael P. McParland

Morning Note 37

Good morning sweet love
I hope your weekend was well,
even though I was sick
I hope you felt me there.
I'm feeling a little better
my no longer hurts
but my stomach feels
uncertain of what it wants.
A quick note for the moment
because it's what I can manage.
I love you so much please
don't leave me or think
I am not giving all that is in me,
I want and need you so much
my sweet and only lady.
I am with you always and will
be today holding your hand,
I'm never leaveing you sweet lady of mine.
Please come and hold me help
me know you are near.
Help chase away this sickness
and the fear that's beggining my dear,
I miss you so much and need you
my only love and true dear.

ILYF KP

Michael P. McParland

Love Note 129

Sweet love I miss you
so very very much,
I'm so very sick and
have had a migraine non stop.
I wish you were here to help.
Please come hold me close,
I love you and need you so very much,
I haven't left.
I am still just very sick.
Come hold me sweet love.

ILYF KP

Michael P. McParland

Love Note 128

I love you sweet lady
I am so very very sick,
I wish you were with me
to make it all go quick.
I'll write when I can
I am just feeling so sick.
I love and miss you so much my only one.

ILYF KP

Michael P. McParland

Your Picture 5

About to lay back down and rest
some more so I can get better
and not get even sicker from no sleep.
So before I put my head down
I looked at your glowing face and smile
and it soothed my heart and soul
giving comfort to calm me in full.
I'll get good sleep now because
looking at your picture I took in
the beauty of my celestial Angel.
Helping me feel all the more your loving peace.
You are amazing my only Queen.

So I am now laying down and
in my head I see you glowing
in your loving way.
Come and snuggle with me sweet lady
I so adore and crave.
Your picture has helped me once again,
I love you my darling all your beauty
gives me cheer and gets me through the tears.

Michael P. McParland

My Sweet Soul Mate

My true love is the greatest woman
along with my mother I've ever known.
My true love is my best friend I've
known and loved since I was 15.
She's such a beautiful Angel
and means everything to me.
She is so very sweet and my soul mate.

My true love and sweet soul mate
give me hope and fill me with light.
On days such as this feeling sick,
physically drained and dead tired
she gives me such loving warmth
to help me heal and regain the strength
and peace I need in mind, body, and soul.
My true love is a Queen with mercy so supreme
and is an Angel so kind and loving to me.

My sweet soul mate, my best friend, and my only one
is my hearts greatest reason to beat on,
together we share the strongest and most beautiful bond.
One that is blessed by God and cannot be destroyed.
She is magical to me and I adore her in every way,
she's my sweet soul mate who I long to be with for eternity.

Michael P. McParland

Love Note 127

Good afternnon sweet love
I hope your day has been
the best and filled with sunshine.
I hope you've felt me
with you holding hands
while I rested and
squeezing you tight.
I love you so dearly
my only one.

Sleep has been restless
and bad dreams are
persisting.
I still feel quite ill
and dead tired but
I wanted to drop in
real quick as I rise
for just a small bit
to say I love you my dear
and I so badly need you here.
I want to hold you while
I lay down and feel
the loving peace that you hold,
you are a awesome support
and Angel worth more than
10 million pounds of gold.
I can't wait to be with you
in each others arms.
I so truly love you
and deeply want to make you
proud and happy spending
all time purely happy.

Michael P. McParland

Earth Angel

You are my earth Angel I love so truly much
and I thank you deeply for all the love you give,
you are my light and constant northern star.
I love you Kira you're my sweet earth Angel
and I want to be with you forever in each others arms.

Michael P. McParland

Rest My Dear 2

It is time to rest my dear
I am exhausted and not feeling well.
Will you say a prayer for me
to get good sleep and feel better
so I can feel good and give my best
in every way most especially for you?
I so badly need the rest my dear
and in your arms would be the best.

My dear rest for me is so badly needed,
please come wrap me up in your loving
peace and warmth with arms around me
tight to chase away the lonliness
and restlessness I have.
I so very badly want you here
where we can snuggle getting sleep
in comfort and soothing peace.
Your love gives me calm and helps
me stop worrying and settle down.

I'm sending all my love and warmth as I
close my eyes and rest my head,
feel it all and by your side my spirit
walks so you won't be cold or feel alone.
I need to rest my dear please hold me tight
in every way feeling the love we share.
You are the best and so good to me,
I love you darling and Angel bride to be.

Michael P. McParland

Morning Note 36

Good morning so early
sweet love I hope when
you rise and read this you
are well rested and refreshed.
I pray you slept well
and had beautiful dreams of
you and me in one of our
favorite places to go in
the land of dreams so soon
to be our gorgeous reality.
I can't wait to hold you near
gazing into those God blessed
Angelic eyes and tell you
how I've missed you and
love you deeply in every way.
There is no doubt it's you
I want to spend eternity with.
You're all I need and want,
because you are my sweet Angel dove and Queen.

Have the most beautiful day
feeling me there holding you tight
hand in hand being together
facing everything with each other,
no facing things alone because
we're dedicated in our true love.
Side by side all the way forevermore.
With a big hug and kiss start your
day with that loving gift,
see and feel my smile being filled
with the love and warmth I send.
I'm still not feeling well and
will be resting most of the day,
fear not though I'll be writing you
these poems as gifts of love
I enjoy giving to you.
It gives me the greatest joy
writing you poetry a thing you so love.
I'll be here and available if you need,

I'll let you know when rest is
needed and I must close my eyes.
I love you sweet lady in my
heart and soul so deeply proud
to have you as my love and best friend.
I miss you deeply and will be
dreaming of you today.
Never forget that you are truly
special and wonderful to me.

Michael P. McParland

It's All I Can Do (I Love You)

It's all I can do some days
to cling so tight to my emotions
and not break down in tears,
because I miss you deeply dear
and want you in my arms.
I need you by my side right now
because my heart and soul are tired of being alone.

I just want to be with you no matter where,
be it here where I am or where you are right now,
I don't care where we are and live,
because I just want to be with you
and that's everything in my heart and mind there is.
It's all I can do right now to not break down and cry.
I miss you deeply and want to wrap you in my arms.

It's all I can do many times a day
to not climb on the highest roofs and peaks
to shout I love you Kira please come and hold my hand.
I just need you in my life because my heart
holds a love so truly pure I would
go with you no matter where being happy because you're there.
I just want to be with you and hold you dear.

I've been sitting here with music playing
and as beautiful songs come on at
the corner of my eye a tear begins to form,
because I wish you were here to share this
beautiful piece of music with.
You know how I only share music with my most beloved,
and I want to share everything about myself
with you the only one I'll ever love.

It's all I can do some days struggling
through the lonely aching pain to
get stuff done and not break out in tears
from missing you and needing your arms so
tightly wrapped around me very tight.
I just need you babe so please come soon

and take my hand walking to our glowing future
full of joy and everlasting giving love.
You are my Angel and I love you with
all I am and want you to be my eternal bride
never ending time together hand in hand.

Michael P. McParland

Night Note 66

Up and down lately
just a bit my sweet darling
and Angel bright.
Still not feeling well
at all but while up
I wanted to write you
a beautiful poem and tell
you right here and now
that I love you so,
you are truely wonderful
and pure magic to me in every way.
I so badly long and ache
to have you here in
bed with me holding
each other tight and close
sharing all of our loving warmth,
taking pure comfort as
our hearts rhythym synch
and beat together as one
feeling true love,
our souls glowing in the
immense joy they feel being
whole as we are together at
last never to part again.
I so deeply miss and want you here.
I love you beautiful lady
and sweet soul that has
touched my life so deep
in many ways.

I don't know how long
I may be up sweet one
I still feel so tired and weak,
I wish you were here
to rub my face and head while
we lay here and softly talk.
You are the medicine that
heals and calms my aching
heart and soul,

and would make feeling sick
go easier knowing you were here.
I know though of all the
loving warmth you send,
I feel it all and thank you so.
I can't truly express the joy
I feel and what it means to me.
Remember I'm by your side
no matter what or how I feel,
strong in health or feeling sick
I'm there for my love hand in hand
every step all the way you are my dear.
I send you this massive kiss
with a squeeze to cheer you up.
I want you to be happy now
and always Kira of all my dreams.
You are my universe and everything.
I will relax a bit now to try
and feel better a little bit,
I'll let you know when the
pillow calls my name.
Please know and feel my abundant love,
I want you to be here in my arms.
I miss you deeply and need you here,
you are my other half completeing
my entire heart and soul.

Michael P. McParland

I Want And Need

I want and need my one true dear
here within my ever open loving arms,
my open heart to hers alone sweetly
in the kindest gentle way sings and
calls to hers to tell her all
the love I feel and that she is truly great.

I want and need my only one because
my heart and soul are in need of her
loving warmth right here next to me.
She's the one who soothes my soul
and helps me know that I am good
and everything is okay,
she helps keep me at peace and whole as one.

I want and need my sweet Queen who
treats me like a wonderful King,
she truly is a special one who holds
the keys to my entire heart and soul.
I am so filled with joy and thanks
for all she's done to her I owe my life.
I want and need to show her all her worth
and the great joy and pride I feel for her.
I'll always want and need my only one.

I want and need my only one because
she makes me whole and helps keep
me down the path of straight and narrow.
She is the gift of light I've always needed,
I want to hold her close and say
my love I thank you deeply for all you've done,
you've been a guardian Angel through it all,
I love you deeply to my core and thank you
again sweet lady I hold so high.
I'll never want or need another soul.

I want and need my Angel Queen for all time
to share and feel the true love we both hold and share.
I want and need to be with her forevermore,

she's the only one that can ever do because
my heart feels this special way just for her.
I want and need you for eternity sweet one
so purely beautiful in every way.
You are magic and have a soul so pure,
you are my best friend
and that's the best part sweet one.

Michael P. McParland

Goodnight My Sweet One

A quick goodnight my sweet love
as I'm still half asleep and
out of it by a bit.
I love you so much and want
you here to cuddle with in my arms.
Keep each other warm feeling the
loving caring peace that we share,
you are my everything my dear.

Goodnight my sweet Angel I'm
sending you these great big kisses
and hugs to fill you with all my peaceful love,
I'll see you and hold you in the land of dreams.
I love you my sweet lady of light
and I want my Angel here in my arms
to hold everyday and everynight.
For eternity with you I will be by your side.

Michael P. McParland

Snuggle Forever

As I now lay down I'll be smiling
dreaming of you and me snuggling.
Forever and ever through eternity
I know we will every night and day.
Just being happy and peaceful in each others arms,
you are the sweetest Angel of all.

As I lay down I'm sending you all
of my loving warmth,
close your eyes too and smile seeing
us snuggling right now and all the time
as we spend our lives together on both sides.
I love you so deeply Kira my Queen.
In my mind with you I'm always snuggling.

Michael P. McParland

Hold Me Now (Sweet Love)

Hold me now sweet love as I lay down,
I'm exhausted and physically spent
having done chores all day while not feeling well.
I want you to hold me and share our
loving peace while we close our eyes and drift off.

Hold me now please sweet love I truly
need you so very much.
I need to feel you right next to me
feeling your warmth and your love surrounding
in complete and total comfort.
Soothing the aching and shaking I
am currently suffering.
Come hold me sweet lady and sleep
possibly even through this very night.
I love and miss you my only one.

Hold me now my sweet love I'm so tired
and not feeling so well.
I want to be in the arms of my only love,
in your arms there is comfort from
your peaceful loving spirit.
Feeling the rhythym and love of your heart
will give solace to that which is hurting.
Please come hold me now my sweet Angel of love,
you are everything to me that is right in the world.

Michael P. McParland

All I Want Is You

All I want in this life is true love,
love to give and love to recieve.
Love is everything a soul truly needs
to live and flourish having hope.
All I want is to feel the wholesome warmth
of acceptance from another soul.
To recieve that gift and give in return,
and the simple fact remains after all this time
is that I love you and you're all I want.
Through everyday and every step along the way
you're the one I want right by my side.
You're all I'll ever want forevermore.

Michael P. McParland

Dearest

Dearest I long for you so very much
and I need you here so very bad.
I just want to spend everyday
in your arms be they good or bad.
I just to be with you no matter
what's happening because I love you so deeply.

My dearest love I miss you so much,
not having you near me or
talking right now makes me so very sad.
I just want to read and see your words
and not long after feel your delicate touch.
I love you my dearest and need you forever.

Dearest Angel I truly adore and admire you,
please come get me and fill me with warmth
in you strong, caring, loving arms.
You are my true love and sweet Angel dove
I want to spend forever side by side.

My dearest I truly long to hold you so close,
just sitting there in silence feeling
your spirit so loving and kind right next to mine,
oh my dearest love and true Angel
I love you so much and cherish all that you are,
I miss you deeply and want you here.

My dearest Kira I miss you intensely
and want to hold you forever knowing
we're sealed as one forever and ever.
Dearest Kira it's only you in my heart,
please come get me and let's hold each other and talk.

Michael P. McParland

Love Note 126

Good afternoon my sweet lady
I hope on you the sun is
shing ever so brightly.
Feel all the love and warmth
I am sending,
as always I'm right by your side
holding you close hand in hand
always with my lady I love
and will always fight for and defend.
How is your day my fair lady
so truly beautiful and rare?
I pray you feel happy and
are having fun in some ways.
I'm still not feeling wholly well
but am keeping busy getting
some things finally done I've
so needed to get to.
Boring chores that have been
overwhelming but I needed to do.
The whole time my Angel was helping
as I thought of you,
as ever your loving memory,
smile, and all the love that you send
have been keeping me going
to get done with most of
the boring chores so needed
to be done.

I hope the rest of your day
is happy and sunny filling you
with deep cheer and remember
you're not alone because
I am right here and there,
by your side always.
You'll never again be alone
because I am your man.
I love you sweet lady
and will still as the day
goes be writing.

More beautiful poems for
my only darling.
With a big kiss I close this
note of love for my Angel so missed.
I love you my darling
and can't wait for us to be
wrapped in each others arms
forevermore never parting again.

Michael P. McParland

You Are A Shining Star

You are my shing star oh so bright,
it's you that lights up my entire life.
Leading me with your burning flame of hope,
you're my northern star showing me the way.

You are my shining star and brightest hope,
because with you I share true love.
You're my shining star and blessed Angel.
Everything about you makes me smile,
you are my shining star to light the dark.

You are my everything and greatest friend,
the only one I'll ever love and want,
you are a shining star who moves my very soul.
When you smile my shining star you light the entire world.
You are the greatest woman to ever live
my shing star of love.

You are a shining star and I cherish
the wonderful woman you truly are.
You are my shining star because you are
so truly beautiful, loving and deeply kind.
I love you dear for all your strengths you
are a shining star in all the greatest ways.

Will you be my shining star through
all eternity in love and peace?
I want to see my shining star each day
and night no matter where or what.
I love you deeply my precious jewel,
you are my shining star and you
light up everything making it all right.

Michael P. McParland

You Make My Dreams

You make my dreams the most beautiful things,
you brighten them up with light and hope,
your pure natural beauty is everything
I truly admire and it's the way I like you to be.
You as yourself making no fake fronts
trying to be something else.
You make my dreams a reality.

You give all my dreams the greatest joy,
you make my dreams so truly great.
Just seeing you and being by you there
makes the dark and coldest nights bareable.
You make my dreams beautiful and chase away
the nightmares that have haunted me.
You are my dream come true sweet Angel
I truly love.

Here on earth you've made my dreams a true reality,
remewing hope within the love you share,
you've given them the greatest depth and light
and I love you deeply so very much.
You make my dreams on earth the best there are
and through eternity hand in hand my dreams fulfilled.

Michael P. McParland

Morning Note 35

Good morning my sweet
precious dear I deeply revere.
I got sporadic rest through the night,
I hope yours was deep,
refreshing and full of beautiful dreams.
Feel this good morning hug
and kiss from me.
I'm holding you ever so tight,
saying I love you
my Angel of light.
Come talk to me soon so we
can figure all out and return
to each other in true love
feeling happy with no doubts.
Knowing in each others arms
we're right where we want to be
and always belong.
Call or write soon my Angel Queen.

Have the most beautiful
and brightest of days,
feel me beside you smiling
at you in the immense pride,
joy and love I have for you.
My hand in yours no matter where,
arms wrapped around to give you peace
and security that you're not alone.
I love you so much my sweet Angel dove.
I'm with you always and
will be today so let the sun warm
you with my immense love.
You are the greatest woman on earth
and most beautiful hands down.
You are a dream and a hero to me,
I love you so much I'm never leaving.

Michael P. McParland

Let Me Hold You

Come and let me hold you close,
whisper to you the words of love.
Stroking your hair and giving you peace
as I speak reverently about the things
of which I feel for thee.

Come let me hold you ever so tight,
ease your aching heart with all
my loving soul and might.
Show you and tell you everything that
I feel so deeply and are for real.
Let me hold you sweet dear while
to you I reveal all that is inside
this heart of mine.

Let me hold you in sweet peaceful bliss,
sharing the love we both have so missed.
Just feel your heart beating and
your loving warmth surround and protect me.
Let me hold you and we both can be happy.

Come let me hold you and hear all your needs,
tell me everything you think and you feel.
Let me explain and apologize for what I need,
I want you to tell me everything inside
of the beautiful spirit you are.
Come let me hold you as we just silently sit
giving our spirits time to talk.

Come let me hold you I just want you so near,
I long and I ache to have you right here.
To be in your arms feeling loved in pure light,
is everything from you I'll ever want.

Michael P. McParland

Night Note 65

Hello sweet darling I
hope your night is peaceful
and all is alright.
Do you feel me there holding you tight?
You are my Angel and
I need you so much right now
my hero and best friend,
not feeling well in many ways
and want to be in your arms
where I would feel better.
I love and miss you so much
my sweet lady of forever.

A few things to do later
in this day,
thankfully no going out
I could not handle it right now.
Please feel me so close
and hold me ever so tight.
I just so very need your
loving comfort caring peace right now.
You are the rock steady force
that keeps me moving along.
Right now I just don't feel so well
and so badly need you here.
I'll still be writing for you
worry not my only lady so true.
I love you so much and won't let you down,
because if I did that I will
have failed in complete and full.
Always my best for you.
I love you my darling and
am going to get started on a few things
that need doing.
If you need anything please
give me a shout and I'll be there.

ILYF KP.

Michael P. McParland

Rest For A Bit

My sweet darling I feel so tired
and I will rest for a bit.
Come lay down with me and
while we hold each other a big kiss
of love to give peace and wonderful comfort.

I'm going to rest for a bit my sweet
lady whom I adore to no end.
I'll be holding you tight and
tell you I love you as we slowly drift.
A bit of rest and I'm holding you close,
oh my sweet love you are the best.

Michael P. McParland

Every Heart

Every heart needs a home
and a place to feel safe and warm.
A place to know it's accepted
and cared for in every way.
Every heart needs a home
and my home is you.

Every heart has that one person
it reaches out and calls to.
Every heart needs to be shown
its worth and just how much it means.
Every heart wants and needs to feel special
and you make me feel totally loved
and accepted knowing you care and you are
an Angel who tenderly holds it.

Every heart needs a home and I have
a warm loving home of forever for you.
Come take my hand and feeling each others
hearts as they beat know what we speak
and what we see are pure truth and
our hearts are accepted by our true loves.
With each other our hearts are at home forever.

Every heart longs to be loved and I love you so much
and I feel in full with no doubt you love
me just as much and give the kindest of all.
Every heart needs a home you are mine
and I am yours both filled with peace the warmest of all.
Oh my sweet Angel I love you so much.

Michael P. McParland

Goodnight My Only Darling

Goodnight my only darling with a deep
passionate kiss and hug it's time to end the day.
I'm sending you all my love and warmth
feel it surround you and wrap up in its peaceful strength.
Know that I love you so deeply and you're truly missed,
I can't wait till we are back together in
elated joy feeling complete and whole again.

I'm wrapping you up in my strong loving arms,
I'll be holding you the whole night long,
feel no cold and be filled with soothing peace.
You'll never be alone again because I am
by your side and never leaving for anything.
You are all my hopes and dreams I've been
waiting so long to be with you.

In the land of dreams we'll meet and hold each other
wrapping up in a blanket looking at the moon and stars.
Feeling at one and home with one another and the moon and stars,
they have always been our friends and greatest supporters.
They knew the things we dreamed were so divine and real,
wrapped up in a blanket and our arms gazing at each other
and the moon and stars.
One day soon my only one.

Goodnight my one and only darling I so dearly love,
you are the greatest blessing I have ever had.
I am amazed you love me like you do,
I'm thrilled beyond words to have you in my life,
I will hold your hand and give you my all forever my sweet one.
I love you more that I can ever express in words,
so through eternity I'll show you all in what I do.
You are amazing in my eyes my darling one,
I love you deeply my Angel Queen.

Michael P. McParland

Never Be Alone

You'll never be alone again I promise you,
I'll always be by your side hand in hand
right there to aid you in anything.
I'm here to help and give you love
because you're my sweet Angel dove.

You'll never be alone or face this cold world
without a needed heart and hand.
I'm here for you forevermore because you're
the only woman I'll ever want and love.
You're not alone sweet one and never again
will you be sweet lady of my dreams.

You are not alone and you'll never be,
because I love you with all my heart, my soul, and entire being.
I would never leave you alone feeling
broken hearted, fiercely hurting, crying burning tears.
I love you more than anything and I swear
you'll never ever be alone again.

Michael P. McParland

I Just Can't Get (Enough Of You)

I'll never get tired of spending
time with you my sweet darling,
you're the greatest and so much fun.
Bright and sincere, loving through and through,
you are a special lady and
I just can't get enough of you.

I could spend everyday right by your side,
talking, laughing, sharing stories,
just sitting feeling peaceful in
comfort and our deep soothing love.
It's what I want to always be with you.

I can't get enough of the amazing wonder
you fill me with and make me feel,
everything about you is so surreal.
I love you so much and feel elated to be loved by you.
I just can't get enough my sweet Angel so supreme.

I just can't get enough you and want
to spend all my life right by your side,
I feel our bond everywhere all the time,
I know your my soul mate and the one I want.
Eternity is my greatest dream because you are
the greatest woman through history.
I just can't get enough of you my Angel
of pure light and of truth.

Michael P. McParland

Love Note 125

A silent night here love
not doing much but the usual
and thinking of you sweet one,
sending all my love and warmth.
Right beside you always sweet lady
hand in hand all the way
giving you a big squeeze and kiss
full of dedicated passion.
I love you so much my Angel Queen,
be expecting some very
beautiful poems from me to you.
As always giving my very best
to honor you my sweet love.
You are my shining star
so high above giving me hope
and guiding me the whole way
through by you precious light
and endless love.
You truly are so wonderful
my sweet Angel dove.
I love you truly so very much
and I'm yours forevermore.

Michael P. McParland

Grow Old With You

It's my dream to spend everyday
through the rest of this life with you.
I want to grow old enjoying
every moment as if it were our last
but knowing it never will be the end
because this life is ours forevermore.

I want to grow old with you taking care
of each other everyday in our total
pure love, care, and admiration for each other.
Every single day just you and me
hand in hand smiling and kissing,
bonding with our hearts and spirits connecting
and in love ever more entwining.

I want to be with you through all my life
for you are my Queen and Angel, my only one.
Will you grow old with me and be my wife?
I want to give you my all through everyday
taking care of you in every way.
I want to be with you never being alone again.
I want to grow old with my best friend and hero.

I want to grow old with you through this very life
and as we enter the next continue on as man and wife,
never ending love and pride between you and I,
the greatest love story of all time.
Kira I love you deeply you are so sublime,
I want to grow old with you here and then be with you
through all eternity on the other side.

Michael P. McParland

Evening Note 30

Good evening dear I hope
your day was good and
you got some rest as well.
I have just arisen and
wanted say I love you dear
and wish you were here
to just see and hold
to do some talking.
I miss you so much it
often makes getting up
in both morning and from
napping a sad time because
in my dreams I'm leaving you,
but I know soon it will
all come true.

I hope you have a great
evening dear and I'll
be here to write for you.
I'm not going anywhere.
I love you so and hope you know
the deep power of all I hold.
You are my Angel and my only love,
you are the greatest my dear Queen.

Michael P. McParland

Come Rest 7

Feeling quite tired my dear
as I have been the last couple of days.
So a rest is in order and it
could be short or long.
I don't know lately because my body
has a mind all of its own.
Come join me and I'll hold you
while we feel comfort and peace with each other.

Come rest with me dear and let me hold you so close,
tell you all of my love and just know
that you're here in my arms where
I've dreamed of for so long.
Come rest with me dear and I'll
soothe your soul and your heart.
Resting together will help me sleep
in the way that I've needed so long.
You being here will make feel totally calmed.

Come rest with me dear and let me relax while
I feel your heart beat and listen to you breathe.
Feeling your Angelic spirit and love surround
giving me total comfort and peace.
Come rest with me dear and feel the love
that we have always shared.

I'm feeling quite tired and so badly need a rest,
please come join me and we'll cuddle the whole time.
Total warmth in our arms knowing
we're wrapped in true love,
come rest with me dear and be in my arms,
I love you so much and want
to kiss you before closing our eyes.

Michael P. McParland

In Your Arms

In your loving arms is
where I want to be forevermore.
Surrounded by the love of my only one,
feeling your warmth everyday
knowing things are right and okay.
In your loving arms is where I want to be everyday.

In my loving arms is where I
want you to be forevermore.
Where I can always fill you with my
loving peace warmth and strength.
Where everyday I can assure you you'll
never be alone and everything is okay.
In my loving arms is where I want you to be everyday.

In each others loving arms kissing,
laughing, gazing into our eyes is where
I want us to be for all eternity.
Sharing our lives in all that is right,
knowing that everything is good and alright.
Forevermore I want to be in your loving arms,
and for all eternity I want you in mine.
I love you sweet lady Angel on high.

Michael P. McParland

Love Note 124

It's afternoon my love
and I'm sending you all of
my warmth and love hoping
you are well feeling me there.
Always by your side hand in hand
arms around you with a tight squeeze
to remind you you're not alone
and how much you're loved.
I miss you babe please call
or write me very soon to talk
and finally see each other
getting to wrap up in our arms
feeling our hearts and spirits
come together again healing as one.
I just love you so very much.

I pray that the rest of your day
goes ever so well,
I'll be thinking of you sending
all of my love.
You are so dearly missed I
long and ache to hold you my love.
As soon as you're here or I am
there I'm just going to hold you for hours
telling how much I've missed you,
I love and care for you,
and how I want to spend eternity
with my Angel by my side forever.
I'll be with you through all time.

Michael P. McParland

Show Me Your Smile

Show me your smile and light up the room,
your smile gives me shivers making
me so happy and calm in its precious glow.
Smile for me and make my heart go,
oh my sweet Angel with the most beautiful
smile ever known.

Show me your smile and light up the world,
flash me your sparkling eyes and that
world class smile never known before.
When you smile I know true beauty in full
and my spirit cries out in joy from
the wonderful, beautiful woman you are.
Smile always for me my only one.

Show me your smile and let it light up the universe,
it is the light of heaven and you
are an Angel and miracle that has my heart
and holds my spirit in your kind loving hands.
Show me your smile and lift them on high,
carry them with you forever my only love.

Show me your smile for eternity as we walk
side by side and hand in hand,
with your gorgeous smile lighting our way.
You are my Angel and the most beautiful one,
show me your smile forevermore.

Michael P. McParland

My Pulse

Whenever I see you and you're around
my pulse picks up beating like a drum,
you give delightful shivers down my spine
because you're truly wonderful and oh so fine.
My pulse picks up and beats like a
bongo being rapidly beat.
You truly are so beautiful in every way,
you lift me up and take me away.
You are my Angel and I love you dearly my only one.
My pulse beats a rapid rhythym when you're by my side
holding hands and I feel your love.

Michael P. McParland

Inside (True Love)

Inside I feel the greatest longing
and yearning for you my only one.
I so need and desire to have you here,
in my arms just talking and telling
each other all the love and need we feel,
in each others arms finally feeling whole and complete.

Inside of me for you I only feel
the greatest and purest of love.
I can't even describe how wonderful
you truly are and the abundant pride I feel in you.
Inside I know that you're the one
because you're my Angel and
the sweetest girl.
You're everything I've ever wanted and desired.

You are just so wonderful and precious
in my heart and eyes.
You're soul and heart speak to mine and I feel
such special things that have no words.
I send out all my loving warmth for
you to know all the true power of these things I feel.
I pray to God that you'll interpret what
they are and know within your soul.

Inside I know and feel the things you feel for me,
I know the truth now and I always have,
that you're the one I want to spend eternity by
feeling a celestial joy and pride God gives
to those with true care and kindness in their hearts.
It's you I want to spend existence with.

Michael P. McParland

Warmth And Peace

Warmth and peace are what I find with you,
a sense of safety and importance never
given to me or felt from another one.
You are the only one who gives a feeling
of total warmth and comfort even from afar.
You are the greatest my only one.

I want to feel warmth and peace in your arms
through eternity as man and wife,
only you complete my heart and make me whole,
you are now and will always be my number one.
I just love you so much for everything you are,
and thank you for all the warmth and peace you provide.

I aim and strive to give you everything and more,
I'm always sending you my love and warth to fill you up.
Help you know you are cared for and deeply loved,
I pray my peace and warmth help you know you're not alone.
That I'm always here and love you like
the Queen and Angel you truly are.
My peace and warmth I send to you.

Let's spend eternity wrapped in our loving care,
standing side by side holding hands forevermore.
Never parting from the truth of what is real,
the endless warmth and love we feel providing
total peace.

Michael P. McParland

Morning Note 34

Good morning my love
I am wishing so much that
you were here to spend the day with,
I long to begin and end each
day with you in my arms.
The perfect way to live
the rest of my days in bliss
with the perfect woman
whom I truly love and miss.

Have the most beautiful of days
being warmed by the sun
with all of my love and strength
which for you it eternally holds.
Close your eyes seeing my smile
and feeling my hand in yours
right by your side,
wrapping you up in my arms
and saying I'm with you
forever my only one.
You are everything in my universe.

I miss you so much and
want you to be here so soon,
come let me gather you up so
we can feel whole and so good.
I love you so much and
want you right close to me.
You are the only one
ever for me.

Michael P. McParland

Night Note 64

I hope your day was
truly wonderful my dear
and you felt me there
by your side hand in hand
the whole way through.
My stomach still is not well
so as I turn in for the night
feel me in bed holding you so
ever close saying I love you
with the deepest and most
passionate of kisses.
You are everything
my sweet Angel dove.
Sweetest of dreams for you
and I'll be there too.
I so deeply love you dear
and in the morning I'll see you,
you are the greatest my dear.

ILYF KP

Michael P. McParland

Goodnight My Sweet Sweet Kira 4

Goodnight sweet sweet Kira my Angel of love.
I give to you this deep passionate kiss to
seal the day and night letting you know I love you
and you're my greatest source of light.
You are my everything and I'll spend forever
by your side in joy from being with my only love.

I'll be there holding you close and tight
all night long stroking your cheek and hair,
kissing you in love saying it will be alright sweet one,
I'll always be here for my love,
the only one who will ever have my heart and soul,
the one I give myself in total to forevermore.
I love you Kira and I'm all yours and yours alone.
I only want to be with you sweet lady of my hopes and dreams.

So tonight in the land of dreams I'll find you.
In our field of majestic flowers by a rushing river
on a blanket under our tree we'll just lay
holding each other talking, laughing, just being happy
for the love we hold and cherish.
Just being there with each other knowing it will soon
be our reality not just dreams to meet in and see.
Tonight though I'll once again find you in our field,
loving and enjoying each other in the land of dreams.

Goodnight my sweet sweet Kira so divine
I love and miss you more and more each day,
you are all I want and my everything.
How many people get to spend eternity as
their best friends husband and partner all the way?
Hoy many men are as lucky and blessed as me
to have the most wonderful lady he truly loves?
None in my opinion because not one is as fine as you my dear
I love you so very much and want to be with for all time.
Goodnight my sweet sweet Kira our dreams soon
will be real and we'll be as one with each other forevermore.
I love you dear my only one.

Michael P. McParland

I'm Always

I'm always by your side my only one,
holding your hand so you'll take strength
knowing you're not alone and never will be.
I'm always holding you in my arms to give
you peace knowing you're loved unconditionally
and cared for by me to no end eternally.
I'm always by your side so feel no fear
or cold ever knowing your man is there.

I'm always working to give you my best,
do my best, be my best, wanting the best
for my one and only lady so dear and great.
You are the one I want to spend eternity with
and I'm always going to be in love with you
as much as anyone has ever loved anyone or anything.
You are my Angel and everything
Kira of my greatest hopes and dreams.

Remember my sweet love of forever
I'm always by your side to never leave
because I love you so very much it carries my spirit,
you are the holder of my heart and I'm always
there holding you and your hand to
show and fill you with all my love forevermore.
I'm always yours my dear love Kira,
please come be my wife sweet lover.

Michael P. McParland

I Want

I want my best friend and love
Kira right here by my side
to hold and tell how much I miss her,
how much I love her and want her
to be by my side forever.
I want my friend and love
Kira here right now to hold forever.

I want her to just lay with me
and snuggle here while I don't feel well
and tell me everything will be okay,
to just talk and forget my tummy ache
by being near her feeling all the
love and kindness she is.
Having the most beautiful woman
in the world lieing by me to soothe.

I want my best friend and love
Kira to be with me forever no matter
the time or way I feel because I'll
always love her forever.
I want to hold her close and give
to her myself in full and total.
For eternity her and me forever.
My soul mate, only love, and best friend.
My Angel and my Queen.

Michael P. McParland

Night Note 63

Hello my darling I hope
your day was so bright and well.
I've been sleeping and
not feeling very well.
Please don't be upset that
I didn't write in so long,
my stomach really hurt and I
wanted to give you my best for sure,
so I slept for hours and am
still very tired,
my stomach still hurts a bit
so soon I'll be laying back down.
I promise though I won't
miss my goodnight kiss,
here's an extra one to give
you all my loving best.
You are my everything and the
only one within my longing heart.
I miss you Kira please come and
let me hold you tight.
I need you badly and all
the abundant love you bring.
You are my Angel and I
crave you and the light you bring.

Oh my darling Kira Queen
where are you at?
I need you here on nights like
this where I feel yuck and sick,
I need you every night no
matter how I feel.
I love you deep my sweet it
will only ever be you.
Eternity my love spent
just me and you.
I'll soon lay back down because
my stomch hurts,
I promise though to write
you some more poems.

You are my true love my all
and everything.
It is for you I do go on
and want to spend forever in
your strong and loving arms.

Michael P. McParland

It's Only

Kira it's only you that's in my heart,
it's only ever been you from the start.
Please come and take my hand and then together
we'll enter the door to the promised land.
It's only you I want to spend eternity with.
Kira it's only you I love like this.

Kira it's only you my heart calls to everyday,
it's only you for which it lives and beats.
I want to give you my all and evereything.
Kira it's you I want to give all my hope,
dreams, hurts, pains and secrets too.
Kira it's only you I want to break down
all my walls and reveal it too.

It's only you Kira don't you know?
It's only you because I love you so,
come hold me please and let me tell you all.
It's only you Kira for eternity
my sweet Queen and dear Angel.

Michael P. McParland

My True One

My only one is the greatest lady
there is on earth it is true through and through,
everything I'll ever want and need.
The one who gives me hope and light
guiding me through my worst plights.

She is my true and only one I'd never
leave for anything, my sweet lady.
She holds my heart and soul and
they're hers forevermore because I'll
only ever love her I'm dedicated for sure.

My true one is her because she is my hero
and my Angel Queen so great and supreme,
she'll only ever be the one for me.
I want to have her hand in marriage
and be by her side for an eternity of bliss
knowing that I have the greatest Angel
God has truly blessed.

Michael P. McParland

Love Note 123

Hello my love I hope that
you are feeling well.
I am not so much as my
stomach hurts a bit and
I still feel exhausted to
my bones but won't just yet lay down.
I don't want to sleep
without my love here
to hold within my arms
and talk while kissing as
we drift off to recharge
ourselves.
I miss you deeply my Angel
and only one.

I love you darling and
will be with you all the time
don't let a thing worry you.
Right now I am doing the
best I can I promise you.
I just feel tired and so run down,
but will always give my best to you.
Before I take care of a thing
or two I wanted to drop in
and let you know I love you so,
I miss you with all my heart and soul,
you mean everything my Angel Queen.
Please come soon and talk to me
so we can spend eternity happy
as two little birds in their tree.
I love you dear and to no end
I always will.

Michael P. McParland

In My Heart It's Only You

In my heart you are number one.
In my heart you are the only,
the one who I want to be with forevermore.
You are my soul mate and we share
the most special of sacred bonds
blessed by God above.

I love you so much that my heart
skips a beat and sings whenever you're around.
In my heart there is no better woman
to be my wife and you are my better half.
You are so wonderful and I want
to hold and kiss you eveyday forevermore through all time.

In my heart and soul I know that you
are my only one and no other will ever do.
For all eternity I want to be with you,
you're my Angel Queen and in my heart
high above the rest you are supreme.

I love you Kira you are my everything,
and since we met I knew in my heart
that noone else could ever take your place,
you're the only one I'll ever truly love,
for eternity I want it to be just you and me.
I love you with every part of my entire being.

Michael P. McParland

Morning Note 33

Good morning sweet love Kira,
I'm sorry I missed my goodnight
and haven't written since the early evening.
I was more exhausted yesterday
than I percieved.
I love you so very much
I hope you aren't upset.
I'm trying to get my mind straight
and working after so much sleep.
Let me get going and a most
beautiful poem I will write for you.

Have the most beautiful of days
sweet lady of my heart and soul,
I miss you so very much.
Feel the brightest and warmest
of the suns rays shine directly
upon you filling you with the
warmth and light of all my love.
See my smile and let it lift
your heart knowing I love you
more than anything there is
and remember my look of love
knowing its full truth.
I'm right by your side always
hand in hand arms wrapped tightly around.
I love you so much and
I won't leave and abandon you.
You are my lady and Angel and
I want to be with you for eternity.

Michael P. McParland

Love Note 122

I love and miss you
so very much my sweet dear.
Right now a quick note to
tell you I am here
and wish that
I was in your arms.
I love you deeply my only one.

Michael P. McParland

I Love You Dear 2

I love you dear and miss you so
my heart is going out to you,
I'm so tired and very weary.
I miss you dear and I'm so worried,
I want to hold you so very
tight in love against me,
tell you I love you deeply.
Then just snuggle here in bed
resting this afternoon to get well,
holding you to heal our souls.

I love you dear and miss
your joyus loving spirit.
You mean so much to me my true Angel.
I want to share all my love
with my only lady.
Come rest with me and cuddle,
I need you in my life sweet lady
of my dreams so pure and pleasent.
I love you dear you are my one,
I truly hope you know it's so
and will come and let me hold you soon.

ILYF KP

Michael P. McParland

Love Note 121

Mid morning my dear and
how I want to talk to you
even if just to say
I love and miss you.
Although I desire so much more,
to talk away the hours through the day,
enjoying the loving company
of my darling I've so missed,
getting lost in your glow
and total love,
having the best of days
hearing your lovely voice.
I wish I could at least talk
to you telling you
I love you through and through
my Angel true.

Just wanted to say I love
and miss you so much my dear,
you are a jewel so very rare.
A diamond in the rough
so kind and wonderful
beautiful in every way.
I truly treasure you my only one,
as hand in hand by you I stand,
never leaving you to face the cold alone.
I love you so and I want to
give you my everything and all,
let me prove to you my abundant worth.
You are a wonderful woman I so adore.

Michael P. McParland

Without You

Without you I feel so lost
and don't know what to do.
I feel cold and empty without
your kind, warm, loving care.
I'm completely and utterly alone without you.

I feel so lost without my partner
and guide together getting through it all,
the best times and worst.
Everything feels dull, plastic and detatched without you.
My head spins in scared confusion,
I'm so lost without you my only love.
What am I to do adrift in the middle
of this ocean here all alone?

My heart feels so heavy swelling in pain,
I'm numb in the worst of ways where
nothing seems real yet catatonically
the pain is sharp and so severe.
I hurt so badly and feel lost without you here,
a large piece of my heart and soul are gone.

Where are you darling one I so dearly love?
Will you come back soon and take my hand?
Then hold each other as in joy we cry and laugh?
Just holding one another for many hours,
saying how much we've missed each other
in words and reverent silence,
looking into each others eyes
and say I love you dear I'm glad you're mine.
Will you be coming back to get me my Queen?

I'm so lost and empty without you love,
wandering around confused without my one
to hold so close giving all my secrets too.
Without you I have no one to trust,
because you are my other half and Angel of true light.
I love you so deeply in my heart and soul
which I so long ago gave to you.

I'm lost without you in my life sharing all there
is with each other in loving pride.
Without you I'm so very sad and lost sweet Angel dove.

Michael P. McParland

Morning Note 32

Another day now lays
before us my lady
of the moon and stars
shining so brightly high above.
I love and need
the brilliant light that you provide,
for when the skies are grey
I think of your smiling face
then the day turns bright
and I see a way.
I love you so very much
I hope you know,
my heart beats on time
just for you.
You are so beautiful
I cannot stand to have
you so very far away.
I want you here so every day
in full I can be amazed.
You're so beautiful in every way.

Have a marvelous day
my Angel so fair and pure,
my heart and I are right there with you.
Holding hands and in my arms
I'll profess my love to you
in full because I need to
let you know the depth of my whole soul.
I love you dear and I
want to be with you through all the years.
My heart is breaking without you here,
I hope and pray for what we need
to heal our aching hearts and souls
within each others accepting,
loving, needful arms.
I want you so much my only one.

Feel the sun and let it
warm you with all my love,

feel the kisses I send to you.
May they give you peace
filling you with all my love.
I'll be sending you millions
of smiles on the hour to
give you cheer,
feel the depth of my soul
sweet dear.
I love you deeply and
cherish you so greatly.
I don't even know how to
describe it justly.
Just feel in your soul
the great love I feel
and for you my pure intentioned
want and need.

Michael P. McParland

Take My Hand 9

On this lonely morning please
take my hand and give me comfort.
As I lay down and try to rest
I need your warmth and peace
feeling your deep love surround in full.
Please take my hand and I'll hold you near.

Take my hand dear and give each other
needed love and peaceful strength,
then hold each other close while I give you a kiss.
I need to feel you right next to me,
I need your love my sweet lady.

I love you so and need you here
by my side forevermore,
you are the keeper of my very heart and soul.
Please take my hand sweet one and feel my love.

Michael P. McParland

Night Note 62

Hello my sweet darling
I'm up and about though
I feel mostly like a zombie.
Restless sleep not very
calm and deep so I'm just
going to get up and
do some of the things I need.
You know I usually do
my chores in the night as it goes,
so eat some food and
then do all of those,
I'll be thinking of you all the time.
Wishing you were here to
just relax and talk while I do my work.
Just being near and feel your love,
then afterwards just sit down
and holding hands talk
about this and that laughing
and enjoying the love we share.
That would be so beautiful
my only one.

I'll be with you the whole
night through wrapped up
in my arms snuggling
and holding your hand too.
Letting you know I truly love you
and that I always will
you're not alone because I am here.
I love and miss you very much my dear.

I will write you poems
today as wonderfully
and as much as I can.
I want to post only the best for you,
so I promise to give you
my best and all I can.
I only strive to honor you
and want to make you happy and so proud.

I fear I've fallen short on that.
I love you dear and am sending
all my loving warmth with
everlasting peace and strength.
I send to you this great big kiss
to fill you with my wholesome love,
know that it's true in every way.
I miss you so very much and
will love you through eternity
my sweet Angel and loving Queen.

Michael P. McParland

Tired 3

Tired with a heavey heart,
time to sleep and see you there.
We'll talk and I can show you all,
reveal the whole truth in me.
That which I've told you all along,
and those things I held to tell
in private time where they belonged.
I have so much to give to you,
I love you so much my darling one
if you only really knew the depth of it.

Michael P. McParland

Goodnight My Beautiful Love

Goodnight my beautiful precious love,
my heart with all my loving warmth go out to you.
With many tears I give you this deep kiss
filled with passion and truth of everything within my soul for you,
pure admiration, respect, care, and the truest love there is.
Only the kindest feelings reside in me.

I'm with you always hand in hand arms wrapped
so very tightly around as we lay in bed tonight.
I tell you how much I deeply love and trust you,
these walls are down as long as you are willing and
ready to hear all the things I so long to share.
I ache severely to give myself in full to you.

I'll see you within the land of dreams,
I'll let you pick our activity.
I just want to spend time with my lady
talking, smiling, holding hands and snuggling.
I'll meet you in a land so grand for
two people so in love.

Goodnight Kira my beautiful love,
my heart and spirit call to you.
Please hear their words and hear their truth,
I pray you will feel and know the sincerity
in the abundant love and care I've always held for you
and that it will touch you in how I feel.
I love you so my only one and Angel Queen,
you are my everything and mean so very very much to me.

ILYF and ever KP

Michael P. McParland

Love Note 120

I love you sweet lady
plain and true.
I will always love
only you.
My heart is yours
and in your hands it beats so proud.
You are the only one
I'll ever truly love.

Michael P. McParland

I'll Always Want You

I'll always want you in my life
no matter what happens we can fix it,
you're my only one,
I'm not going anywhere.

I love you so deeply nothing can take it from me,
I want and need you in my life.
I'll always want you no matter what.
I am here and I always will be my dear.
I love you with every part of my soul and being.

Michael P. McParland

No Negativity

I will show no negativity
because there's no need to heighten pain.
I will not sling words
I don't mean at ones I love,
because it hurts all involved and
causes greater regret later on.
I've done too much of that
and feel that constant torture
within my heart.
Nor is it a heart of black,
I'm just a man who's made mistakes,
I always try to do the best I can.
Like all other human beings I have my bad moments
and I will eternally apologize for that.

No negativity anymore.
I only want and care to show my love,
I hope and pray you know it's true
and feel the intent of my heart too.
I have bad moments and I am human just the same,
please forgive me because
I forgive and love you more than you will ever know.

Michael P. McParland

Evening Note 29

Good evening my love
how has your day been so far?
I feel better after my
little rest to decompress.
Again I thank you for
all you give and do my sweet
Queen that helps relieve my distress,
you truly are my hero and best friend,
I'll spend eternity thanking you
by always giving my very best
and showing my love in every way.
Oh my darling soon,
soon I hope and pray.
The longing is so strong
and I need to have
you here within my arms.
Seeing you smile looking into your eyes
and feeling the shining hope
you give to me inside.
My dear Angel of love and light.

I'll be keeping busy
this evening my only one,
but do not fear poetry
I will be writing you.
I just need to keep my mind busy
at all times to prevent worry
that always leads to pain somehow.
My overthinking always makes me spaz.
You though dear make me relax
and beam with loving pride,
you are truly my Angel Queen
with a heart filled with
true love and kindness that will never die.

A big kiss to you right now
and don't forget I'm with you
every step holding hands
wrapping you up in my love and warmth,

I give to you all my peace and strength.
I love you sweet you are
everything so truly great,
without you my life would be
small and weak without a point.
You are the reason I continue on,
in my eyes you are truly great.
I love you so and miss you dear
I hope and pray you'll soon be here.

Michael P. McParland

Thought Of You

Thought of you while I was out my dear
wishing you were there right by my side.
It was very crowded and people kept
on jamming me into a corner.
I was getting very anxious your
sweet spirit and reassurance always calms me.
I couldn't wait to get back home so I could write you.

So I am back at home decompressing from
the anxiety filled chore and I
thought of you the whole time through
to give me strength and fight on through
the anxeity to get done with everything.
I'm always thankful for the warm loving care you send.
I hope and pray I've helped you too.

Now I'll lay back for just a bit to catch
my breath and my wits,
I'll be thinking about you my dear
sending all my loving care.
I love you babe feel my arms around you
pulling you in for a thank you kiss.
I miss you so very much
I can't wait for you to be right here.

Michael P. McParland

Love Note 119

Almost noon my dear I wanted
to see how you were doing.
As always I'm right there holding
you ever so near to give you
all the peace and strength you'll
ever want and need,
feel all my loving warmth surround you
with the biggest hugs and kisses
to make you happy and fill you
with all my endless unconditional love.
You are so wonderful to me.

I'm out the door to do
a spot of shopping,
the kitties need food as do
I need a bit too.
All the while I'll be wishing you
were there with me to
enjoy your loving heart and company,
I miss it all the time
no matter where I am or go
I wish you were by my side
holding hands seeing your smile.
I feel your loving warmth and
spirit though and it gives me
strength, hope,
and courage to keep on going.
I know soon enough you'll
be by my side forevermore
sharing our love for eternity.

I'll write you when I return
to tell you I'm okay
and that still and always
I love you and will
never leave or abandon my only one.
You're my hero, Angel, and best friend.
I'm yours in every way forevermore,
I give myself in full to you.

Michael P. McParland

Dancing Through The Night

Dancing through the night with our
favorite and most beautiful music
our hearts beating as one
and our spirits taking flight reaching new heights.
In the arms of my only lady smiling
and feeling pure delight.

Falco, Mozart, Pet Shop Boys,
and all the music that brings you delight.
Sharing our loves in each others arms.
Our souls coming together filling in the holes
from being all alone giving peace
and strength with endless joy.
Dancing through the night my best friend and Angel Queen.

Being in your arms under the moon and stars
is the greatest dream by far,
to look into your eyes as we sway and come
together feeling love in each others arms.
Wrapping you up in the slowest songs
and closing my eyes and just feel you near.
Dancing the night away with my Angel oh so fair.

Soon my dear I know it's so,
we'll dance the nights away in loves sweet song.
Forever in each others arms
feeling complete in our joyus and pure true love.

Michael P. McParland

Thank You My Angel And Hero

You have done very much for me my Angel
of everlasting light and love.
It will take me many times in many ways
to tell all and in the greatest ways thank you in full.
I'll attempt here though to give a few
and give the greatest thanks I can sweet lady of mine.

In the middle of High School and many years after
we lost almost all contact save a few moments
that were intensely emotional and filled with love.
Events that pulled us apart that were not fair
and being young well beyond our control.
I still loved you all that time and I know
in my heart and soul you loved me too.
Thank you dear in depth so righteously true.

In all those years I felt you from far away
and always knew we'd find our day,
and again we found each other and I felt your love right away,
thank you my love for not forgetting me
you truly are so kind and great.
Our love remained as I always knew it would.

Your love is what kept me going through those years,
so many times the power you sent kept me alive.
You are my Hero and my Angel,
I thank you dear for every way you've helped me from then to now.
I love you so very much for the soul you have
and the wonderful lady you are in full.

So many hard days through the years you've helped me,
yesterday being the most current.
I've given you so many secrets
because I love and trust you,
my walls are coming down because
I give myself to you in full sweet lady.
You are my everything my sacred precious hero.

For now I shall stop here but expect many more thanks my dear.

You have been my universe and the holder
of my heart and soul, my essence is yours in full.
I want to marry you because your love and spirit
are so truly clean and pure.
I love and thank you dear forevermore.

Michael P. McParland

Morning Note 31

Good morning my love
and only true dear.
My rest for now is done
and here very shortly I
will get started writing my
great poem of thanks to you.
Please never worry about my
dedication or love for you.
You're all I want, need, and
I will always work so very hard for you.
I am yours for eternity my only love,
as I rested I could feel your
arms around me and was filled
with your warm abundant love.
Thank you again sweet lady of mine.

Have the most wonderful of days
and feel me there beside you
hand in hand giving you a
big tight squeeze of true love.
There will be never ending
happiness for us soon I know.
Feel all my warmth and love
as the sun shines on you my only one.
It's all for you that I
go on and try so very very hard,
you are my Angel of light and grace,
my hero, and my everything.
Close your eyes and see me smiling,
feel all its love as I kiss you.
I give myself in full to you.
I love you sweet lady and here very
shortly I will write my
poem of thanks to you
because I want you to know how
very wonderful, beautiful, and special
you truly are.
I love you so much and want to be
by my Angel Queen for eternity.

Michael P. McParland

Beautiful Lady 2

Beautiful lady I thank you so much
for all the wonderful beautiful things you do.
I give myself in full to you,
thank you for your kind loving heart and spirit,
thank you for all your understanding
my dear sweet Angel.

You're one of so very few that truly tries
to understand my mental issues too,
why sometimes I get so confused and act
so in a panic I smile for as you say I am a spaz.
Your fun names of love always make me glad.
You are special my only one.

This is not my great poem of thanks,
that will be coming my beautiful lady oh so great.
Right now my head still hurts and mentally,
physically, and emotionally I'm still spent.
I want to be at my best for you so a small rest is do.
Not long I swear to you.

Will you come join me and hold me close?
Rub my face and head while I tell you
all my love and what I hold inside?
It will help recharge me in your awesome love,
because you are my sweet Angel dove.
I will give you the greatest poem of thanks,
because you my dear are my everything.

Michael P. McParland

Love Note 118

Oh my sweet dear love Kira
you are so truly kind and beautiful.
I have finally risen and
I thank you for all the peace and
loving strength to me you have given.
You helped get me through the hardest
and emotional of days with the
badly needed rest I had to have.
You are my protector and true love,
I thank you very much.
My head hurts just a bit but
food is the cure for that.
I will get myself going my darling
and then write you the most beautiful poetry.
I want to write you a great poem of thanks
for the loving pillar of strength you are.
You mean so much to me.

I'm sending you all my love and
warmth too my precious jewel.
I'm by your side right now
hand in hand giving great big
kisses of joy and thanks to you.
I will write you some beautiful
poems after I get myself going.
I love you so deeply my sweet Angel dove,
my Queen, and the greatest blessing
any man has ever recieved.

Michael P. McParland

Goodnight Kira My Love

Goodnight Kira my love on such
a very hard and tired day
I thank you for all you do.
I've been asleep since this
afternoon because of all
the loving strength you send.
I apologize for the quick goodnight
but am still out of it.

I'm sending you all of my warmth and love.
you mean so very much to me.
Please still come hold me tight tonight,
I'm feeling scared and I don't know why.
Goodnight my sweet sweet Kira
I love you so very much.
You are my everything my only one.

Michael P. McParland

Love Note 117

Dear love I hope
you are well and felt
all the strength and peace
from my prayers.
I truly cherish you
and the love you feel
and give to me.
I thank you so much for it.
I love you Kira and
I hope to have you close
so very soon in my arms
where we both need the love
to heal our aching hearts.
I'm always by your side
hand in hand through it all.
My day is so very hard will
you come hold me close?
Tell me it's alright while
you stroke my head and face?
You are so very good to me.
I love you my Angel Queen now
I must rest my head please come join me.
You are my everything and only one,
come hold me close stroking my face and head.

ILYF KP

Michael P. McParland

Hard Day

Oh sweet lady please come hold me close,
my day is going so very hard.
I feel confused and very tired.
I need your arms around me so very much.
Please come take my hand my only one.
Hold me close and let me feel your strength and love.
You are my Angel and I need you near.
I love you deeply my only love.

ILYF and ever Kira my love

Michael P. McParland

Love Note 116

I have said my prayer
for our hearts and peace
my only darling one.
As I lay down now for
our so needed rest of loving peace.
Feel me right there next to you,
hand in hand the whole way through,
my arms wrapped tight around
in a loving squeeze so profound.
I'm never leaving you sweet lady
so very fine and true.
I'm never giving up on you
my best friend and Angel Queen.
Feel my loving warmth surround thee,
you are my universe and everything.
I want and need you please
come and talk to me.

As I now lay down for our
rest I give you this
great big passionate kiss
with endless love in bliss.
Now let us just lay down
holding each other tight
feeling peace and calm to
the classical music as well
as feeling and knowing the love we share.
In my arms forever my only one.
I love you so very much,
I'm never leaving and with you
will spend eternity.

ILYF and ever KP

Michael P. McParland

Pray And Rest

I love you and I miss you,
please come pray with me for
peace and full understanding.
I will not fight and cause
the woman I love further pain.

Then let us climb into bed
and hold each other tight and close
for rest that is so needed for us.
Please let me hold you tight
and with a kiss from my heart
and very soul say I love you Kira dear.

Come pray with me for peace and understanding,
then a rest in each others arms being
soothed by classical music and each others breathing.
I love you darling more than anything.
I need you by me for eternity.
You are my Angel and only one,
please come pray with me and rest together
in true love wraped up in each others arms.

Michael P. McParland

I Promised

I promised I would never leave you
and I never will.
I'm right there beside you
holding you so dear.
I love you more than anything
and need you so much right now.
My heart is aching fierce
and longs to be in your loving arms.

I promised I would always stay by you
and I'm right here in need of you.
I'm never leaving Kira dear
because you're my Angel Queen.
Come hold me please my heart is hurting
and I can feel how bad yours hurts too.
I promised and I stick to it
because I love you through and through.

Talk to me Kira I'm begging you
I promised I would open fully and I will.
Please come talk to me and hold me close
I need you so very bad.
I love you Kira and I'd rather die
than lose you for good.

I promised I would never leave
feel my hand in yours.
Please come hold me now
the pain in my heart is killing me.

ILYF and ever KP

Michael P. McParland

Please Come Hold Me 3

Please come hold me dear I hurt so very bad,
I want to be with you forever you are my only one.
Come hold me and let me cry upon you loving shoulder.
I'll never leave you I promised you.
Please come hold me Kira I need your love so bad.
Please come hold me my Angel Queen
you're my eternal love.

Michael P. McParland

Give Myself

I only want to give myself to you
and I am lost for words on what to tell you.
I hurt so bad and want to show you all.
I just want to give myself to you.
I love you.

Michael P. McParland

Great Pain

Great Pain within my heart.
Now the tears of my aching
heart surface to my eyes.
What have I done wrong?
Under the covers I must go.
Perhaps the day will be that way.

Michael P. McParland

Morning Note 30

Good morning my dear lady
I hope you enjoyed your Saturday
and may your Sunday be
bright and sunny warming you
in every way.
Feel it shine upon you
and let your spirit lift
in its blessed heavenly glory.
Close your eyes and see my smile,
feel it's warm love and
my soul reaching out to be with you,
hold your hand and squeeze you near.
I'm watching out for you in
every way I can no matter where.
I just wish could be there
to see you smile and feel you
cozy body as we cuddled through
the day our spirits getting
closer as we talked and shared
with endless love and laughter.
I miss you dear please come
soon so I can love you
so much better here.

On this Sunday morning
I think of you sending
my love and warm hugs with
passionate kisses just for you.
I want the best of times to be here soon.
You are my lady and I love you so.
Feel it surround you
as this day does go.
I'm always here and I'll
never leave you.
My heart and soul would die
if I permanately lost you.
You are my Angel and my Queen
please come real soon
and speak to me,

hold me close and we'll never
ever again let each other go.

Michael P. McParland

Simple Sunday

A simple Sunday to lay back relax and dose,
the perfect day and the perfect time.
Today just to lay back and think of
old times and the good they had.

A simple Sunday to close my eyes and dream
of a lady so fine and fair she enraptures me.
Dream of all the times we shared letting the
abundant good outweigh the bad times we had.
No need for negative thoughts where love is felt.
They were mistakes from which we have learned.

A simple Sunday praying for the dream of mine,
to open up my messages and see her precious name.
A beautiful message with words of love,
I know that it will happen please let it be today my Queen.
A simple Sunday filled with hope and future dreams.

A simple Sunday I can feel her love,
she is so very special my sweet Angel dove from high above.
A true gift and blessing I am grateful for
because she is so beautiful my only one.
A simple Sunday spent working on my faults for her.

A simple Sunday my sweet Angel and best friend,
I'm sending all my loving warmth your way.
You have given me more than you can know
and I thank you truly for all you've done.
Feel me close wrapped in my arms
I'm holding you so tight on this simple Sunday
filled with loving dreams and hope.
You are my Queen and greatest dream.
I'm greateful for all the love you send to me,
and I'm sending you back all of mine.

Michael P. McParland

Night Note 61

My dear love I yearn for you
on this lonely night.
Not in sadness but with a
smile I feel and think of
your kind and everloving heart.
I just want to hold you near
smile big and proud knowing
that the one I love
is now and God willing forever in my arms.
You make me so very happy,
being apart is what makes
me so very sad when it happens.
When we come together
forever happy days will be here again.
I just wish that we could
talk while waiting for that point.
Please know though that I
am not pushing just voicing that
of which I am wishing.
I can't hold in my feelings
because I can't go on living
without you truly knowing
what's in my heart and always growing.
I love you dear and for me
it's always showing.

I pray your Sunday goes so well,
that you'll be thinking of mee too my dear.
I'll be by your side the whole time through,
hand in hand tightly holding you.
I wish to spend my life that way,
I know once we have talked and you've
seen it all you will know the man
I am is not really weak or very strong,
I just rise to the occasion when I can,
and for you I'll show my vulnerable side.
You are worth telling the whole truth,
and I will always give it have no doubt.
I love you babe my Angel and best friend true

feel all the love and warmth I send to you,
let it wrap you up so good and snug,
feel the strength and peace it holds inside.
I give you all and the best I can
because you are the greatest woman on this earth
and my only one.

Michael P. McParland

Right Now (Holding Hands)

Right now all I wanna do is hold your hand
while we look at each other and talk,
that's all I wanna do is look at you and smile
holding your beautiful soft hand and talk,
tell you so many things reverently and soft.

Right now I was just thinking about the times
I have made you cry and I've heard you cry once
and it broke me up inside.
I wanna hold your hand and look you in the eye,
say I'm so sorry babe it breaks my heart to
ever see, hear, and know that you are in pain.
I'm so angry at myself for ever making you feel that way.
Can you ever forgive this stupid man for what he's done?
I can't forgive myself unless you can and say it's so.
I love you so much my only one.

Right now my heart is calling, yearning to hold you near,
I just want to hold your hand and look at beautiful you.
You are so beautiful do you even really know?
I just wanna hold your hand and tell you so.
Right now my heart aches and longs to be with only you.

Oh my precious best friend and only dear,
right now I so badly need to hear from you.
I know you're shy as so am I,
but please message me so we can talk on facebook or on here.
Right now I so badly want and need to talk to you.

Right now I feel your love and am sending mine.
Can you feel the depth and power it truly holds?
Oh my sweet love I need you here so very bad.
I love you deeply and I always have,
deep down I know you've always felt it deep and true.
I hope to spend all time with you.
You are my Queen and my Angel of sweet delight
right now come my dear and hold my needful hand
and me so very close and very tight.

Michael P. McParland

A Prayer Of Thanks (For You) 2

Dear God again I come before you
to offer this prayer of thanks
and to help bless my love and me.
Please help deliver this message to her
and all the love I feel.

Dear God please be with her tonight
and help her feel whole and complete
with calm and peace within her
precious beautiful loving heart.
Help her always to remember and know
that she's not alone and I am right here
and long to take her hand helping
in everything all the time she needs.
Help her to feel your peace and strength
knowing neither of us will abandon her.

Dear God please help her to know I
feel the great love she holds for me.
I feel all the love and warmth she
generously sends to help mend my aching heart.
Please help her to know how thankful I
truly am for all she does.
Only you can help her know inside the
immense joy and pride with loving care
I hold for her.
I thank you God and I thank her.

Dear God do help her to feel all the loving
warmth and endless care I send to her.
Help give her peace knowing I'm right by
her side hand in hand all the time.
Help her to feel me with her tonight
snuggling up to keep each other warm and safe.
Help her to know my boundless love.

Dear God please help us both to find the
way where we can come together and softly
lovingly caring speak.

It's needed and desired so deeply and we
need your help to find that way.
Please help us God to bring back our brightest days.
To heal our hearts and give us peace in
our shared true love please help us God Today.

Dear God again in closing I ask you to
let her know how thankful I've always
been and how thankful I always am for
the loving kind woman she truly is.
Help her to know she is the one I truly want
and desire to spend eternity bound as one.
Dear God I thank thee so for bring this beautiful
woman to me so I could know true love.
Please help us once again and help that
she will be my wife if she so wills.

Amen.

Michael P. McParland

Night Note 60

Approaching midnight here
and thinking of you while
I go about little things here and there.
Hoping as ever that you are well
and wishing so very much
that you were here.
I can feel all the love
you hold for me and I
am filled with joy and
thank you endlessly.
Can you feel all the love
I feel and send my only love
and true best friend?
I truly hope because I hold
it all in abundance I
so very long to share.
Just you and me with
the moon and stars lighting
up the floor to dance,
just you, me, and great music.

I'll be saying a prayer
for you as I always do
for you to be at peace and feel my
love with no worries in the least.
You're the greatest my Angel Queen.
I'll be here the whole night
through and as always by your side
hand in hand for eternity
just me and you.
I love you darling so very much,
you're my special lady and
I'm never going to let go.
You're so wonderful
the greatest woman and
my best friend.
I'll be with you and love
you always through eternity
just me and you.

Michael P. McParland

Goodnight Sweet Love (All For You)

Goodnight sweet love I do it all for you,
I continue on no matter how they laugh or call me a fool.
I fight on through because you love me
and I ever so deeply love you.
So as this day ends remember and feel all my love
and that I won't give up because I do it all for you.

I send you all my warmth and love with
endless amounts of great kisses and hugs.
Feel me there holding you and pulling you close
for the peace and comfort we both so badly need.
Goodnight sweet love I'm always here.

I'll meet you in the land of dreams where
we will dance the night away with the moon and stars.
Talking and laughing rejoicing with each other our time at hand,
being filled with joy because we know reality will soon be here.
In the land of dreams kissing, dancing, talking, laughing,
everything we can ever want because we are one and feel true love.

Goodnight sweet one my heart beats just for you,
when you finally come I'll shut the world out forevermore.
I will disappear to them only you and family will hear me then,
I would never try to restrict or control you though have no fear.
It is just I that needs to pull away from them,
just you and me forevermore feel me beside you always my only love.

Goodnight sweet love I need you here because your beauty
all around fills me with endless boundless joy that
only you will ever comprehend.
I love you deeply and please let's make our dreams real very soon,
because I can't wait to spend forever with only you.

Michael P. McParland

The Luckiest Man

Because of you sweet one and all
the warmth and love you give to me,
I am and always will be
the luckiest man on earth.

Not much more right now can I add to this,
for I feel an overly long statement
would make it lose its power.
So I just want this short message to convey from me.

That you are to me with no flattery intended,
no overstatement given,
and 100% from my heart and soul in love unconditional,
the most beautiful woman on this earth,
and your love and kindness are my universe.
Simply put I love you dear and because of you
and all you are I truly am the luckiest man there ever was.

Michael P. McParland

Love Note 115

Sweet lady a quick
note of love to you.
Every beat of my heart
calls out in its love
and desire for the beautiful
precious gem you are.
You give me light and hope
through the darkest times.
You are my everything and
I hope to have your hand for all time.
Please let's talk soon
and hold each other tight,
I need to feel you next to me
all this distance just isn't right.

A small rest for me right now
will you come and hold me close?
I need your love right now
to help this sickness pass.
I'll let you know as soon as I get up
because I don't want you to
worry or feel alone.
Just remember I'm always there
and I love you so very very much.

Michael P. McParland

Love Note 114

Sweet love you are the very best.
I'm worried you're upset with me,
I hope not dear because that
would make me very sad.
You know how I tend to
worry so please know
I'm just being silly little me.
I love you very much and
strive to make you proud and happy.
Seeing you smile and beaming
is the greatest thing to me.
Having your wholesome love
is the greatest blessing I have ever known.
Only that can be matched and beaten
by you coming here and marrying me.
Spending eternity with my
true love is the greatest thing
in heaven and on earth.

I love you so very much
and am thankful in abundant joy.
You have given me a new lease on life
and I will give my all for you.
I'm sorry if my writing is not
so great today I'm still not well
and my head is foggy too.
I will give my best though I promise you
because giving half would dishonor you
and that I will not do.
So as the night goes I'll give my
best for my one true love and that
is you my sweet sweet Kira Angel
from on high above.
I'm right by your side hand in hand
forever my only one.

I love you deeply and I need you here,
please come soon and take my hand.
I know your love is as deep

and true for me as my very own is
for you my Angel Queen.
Will you come let me hold you close
and seal our bond with sacred vows,
give ourselves in full as our souls
bond becoming one?
I love you so very much and only
you will do.
Eternity is what I want,
I don't ever want to be away
from you again my sweet sweet Angel bride
so very beautiful and true.

ILYF and ever Kira.

Michael P. McParland

Please Come Talk

Please come talk to me my sweet lady.
We will quietly sit holding hands while
gazing at each other lovingly and
share all we want and all we need.
There is no judgement between us and
that is what has always made our
love and friendship so beautiful and
high above so many others.

Please come talk and let me hold you close
whispering in your ear how much I love you
and how for all these years through now
and forevermore I'll need you very near.
Right by my side hand in hand as I will
always be just for you.
Let me hold you and whisper in your ear
because our words are a reverence which should
not be shouted for others ears.

Please come sit and talk we'll shut the world out.
You're all I see and all I want,
you're all I'll ever truly need.
Please come sit and talk with me I need your
heart beating next to me as I share my entire life
from past to present and well into future years.
I long so much please come take my hand my only one.

Please come talk this loneliness is overwhelming me,
I can't stand it's killing clutches anymore and
you're the only one I want and can stop it abusive hurts.
Please come and talk you're all I want,
you're the most beautiful woman to walk the earth.
I love you so very much and need to pull down
my walls for you and show it all.

Michael P. McParland

Evening Note 28

Good evening my darling one
I love you so very much.
How has your day been
my peach and Angel true?
I hope you've felt all my
loving warmth surround you
and my hand in yours as well.
I care about you so very much
and I hope soon here I
can in full let it show.
I'll never leave you dear
my heart is yours
and yours alone.
I long and ache so very much
to be within your loving arms.
Please come get me dear
you're my best friend
and only love.

I've been resting here to
be at my best for you so
I can write such beautiful
poems for my only one,
and so when you're here I can
be 100% and show you how
wonderful to me you are in full.

Have a wonderful evening my
sweet dear Angel Queen.
I'm not going anywhere
I'm still here and will give you
all my best as always,
this in true love I swear to you.
I love you deeply and need you close,
I want to spend all time beside you dear.
Come get me please and end our loneliness,
it's all for you I continue to go on.

ILYF and ever KP

Michael P. McParland

My Lady Love

My lady love is my everything,
there isn't anything I wouldn't
give or do for my Angel Queen.
She helps get me through the
toughest times and I'm grateful epicly.

Kira is my lady love and I have
pure admiration for her in my heart and soul,
there isn't anything she can't do
in my eyes so full of love and endless wonder.
She has a heart of gold and a God blessed
soul equaled by no other.

Kira P. is my lady love and my life is hers forever.
She's an amazing woman who I've loved
now for 16 years since I was 15.
She's an amazing miracle to me and everyday
I bend down on my knees to thank God
for this special being so kind rare and lovely.

Oh my lady love I want to have your hand
for an eternity of blissfull marriage.
You are so amazing that even in my sickest
states I'd walk the earth as needed to get to you
and hold you near my only one and best friend.

I'll be by your side forevermore giving everything
I have and am for my only lady love.
You are a blessing and I thank you so very much.
I want to be with you forever dear.
Will you come take my hand in bliss?

Michael P. McParland

Yesterday

Yesterday I had things to do
and wanted to be here a ton for you.
Then the exhaustion of many days
and sickness came and tripped
me up in many ways laying me out
that even now I'm mostly flat.

Yesterday I had a doctors appointment
to go to in the afternoon.
I fell asleep after so very long awake
and when I got up to go I couldn't walk,
my body in whole had given out and my
mind was confused on top of that.

So a few hours sleep I hoped would cure me,
spliting my head open a migraine from hell
was my fate then and I could have screamed.
I can't eat either canker sores fill my mouth
all around nothing I can do about them.

So yesterday now into today I've felt
awful and am only just getting to an allright place.
I'm sorry love I could not tell you in some sort of way.
I had come apart and could only manage my goodnight poem.
I am going to work hard to do as much as I can
for you today because you are my only one and everything.
I love you so much KP you were what helped
get me through with the love you send to me.

Michael P. McParland

Goodnight My Darling Kira

Goodnight my sweet sweet darling Kira,
I'm so sorry I was not around today
but there are many good reasons I will
explain after my health recovers a bit more.
I love you so very much and I am with you now
as I always hand in hand.

I'm sending you all of my love and warmth
with massive hugs and kisses just for you.
I will give you millions more of both in the land of dreams.
I miss you so much I even cried in my sleep.
Please don't be mad I' will tell you
why my absence later when my health allows.

Goodnight my darling Kira I am right there holding you.
Pulling you in so close for comfort we both need,
I'll see you soon my only one,
we both need the closeness with each other in every way,
eternity with you is my greatest dream.

Michael P. McParland

Night Note 59

Dear sweet lady feel
my arms lovingly wrap around
you pulling in close for a tight squeeze.
Turn around and see me smiling
at you as I come down to
give you the deepest passionate
kiss of pure love to be dreamed.
For you and me everyday it
will be reality a plenty.
I so deeply adore and cherish you.
Not getting much more than
light rest and dreading the
doctors this afternoon for a
number of reasons,
not scared at all just tiredness
and stress make me want to stay in.
I will take strength from the
loving beauty you send letting
it fill me up with patience
and courage in many ways.
I wish you were here to thank
and hold for actual deep
peaceful sleep in your arms my Angel Queen.

So tired and missing you,
trying to eat but have tons of canker sores.
I so deeply anticipate our
being together and can't wait
to look in your eyes smiling
seeing heaven in them and feeling
truly loved by a woman for the first time.
Being loved for me outside of my
family for the rarest of times.
I know your love is true and feel it from here.
Feel all of mine as I send it
too through the moon and the stars,
they're helping deliver it shining
ever so bright on my Angel Kira
such a beautiful delight.

Now to struggle with eating
then more light resting.
Will you come hold your man
and keep me safe from the frights of my mind?
Give me peace and strength of
a lady so bold and brilliant,
stronger than 99% that I know.
I'm right there beside you
holding your soft hand,
feel my smile and look of love.
Everything of me is for you
and I'll give it all for eternity.

Michael P. McParland

Tell Me Sweet Lady

Please tell me sweet lady what I need to do for you.
Please tell me where you need a hand and let me help,
tell me if I'm doing right and pleaseing you.
I just want to make you happy and fulfilled.
Please fill me in sweet lady on what is needed, wanted,
and when we can finally come together feeling peace
in each others arms being soothed in its healing.

Please tell me sweet lady your whole side of the story
and what's currently going on in your area.
Right now I don't know how to bring us in one place
and I can't figure it out and solve it all by myself.
Please tell me it will happen and soon so we can
be one again never parting or losing this special thing.

I beg you to tell me sweet lady I'm so scared and tired.
I'm so afraid in some way of losing my dear Angel,
and I can't take full loss again.
Mentally I would fall apart and break down.
Please tell me sweet lady what must be done
and together figure out so many other things.
I love you immensely and I can't sleep because
I need you so badly and I'm afraid of missing anything
even if it's a long shot magical thing.
I will now rest please take my hand and cuddle with me.
Tell me everything sweet lady because I love you intensely
and want to spend eternity in your loving arms.

Michael P. McParland

Goodnight My Dear Angel

Goodnight my dear Angel from heaven above
with a great big kiss and squeeze I say I love you
and I'll see you much sooner than later.
Then we'll spend every night together in bed
snuggling feeling total peace and comfort.
Complete at last with our hearts healed as one.

I'm send you in great abundance tons of
kisses and hugs with all my love and warmth.
Forever I will give you every last bit of my
energy, warmth, strength and peace because I
want you to have the greatest life and I'll
aid that and provide it in any way I can.
You are the one I will give anything and everything for.
You're my sweet Angel dove of yesterday, today, tomorrow,
and every day there after.

In the land of dreams tonight we shall meet
in our vast field of flowers holding each other
laying on a blanket this time under the moon and stars.
Just enjoying the light and silence with the
chirping of crickets holding each other so tight and close.
No cold to get in and nothing to disturb our peace.
So soon a needed reality my dear.

Goodnight my dear Angel I'll be holding you
stroking your hair and kissing your neck and cheek.
Just telling you I love you so much and miss you intensely,
I need my Queen to come and grab me fulfilling all
my aching needs, to be held, told I'm important and loved,
that I'm special and so very very handsome.
Words from you I've been dying to hear.
So many needs and our time will come I know,
I love you sweet lady and eternity with you is all I want.

Michael P. McParland

Your Picture 4

Your beautiful picture is what's getting
me through this lonesome sad night.
As soon as the aching and pain begin
to get really bad wrenching my heart around
I pull up your picture and see that smile
only an Angel from heaven to earth can posses.
My heart melts as I longingly smile saying
oh my sweet dear Kira I miss you so much
and I need you here so we can cuddle forever
saying the hell with the world it's our time
to finally shut everything out spending time together.
Oh your beautiful sacred picture saves me on these nights,
thank you sweet sweet Kira for being such a
beautiful and pretty woman.
Inside and out I'm so taken aback.

Your picture saves me tonight from the
totures of facing it all completely alone.
When I look upon it I can feel you even closer
seeing and feeling you smile at me.
I feel you so close as if you're standing right before me
and I want to reach out and grab you in the
tightest of hugs saying I love you my
sweet little lady I love so much.
Please kiss me and help fill in so many holes.
Your picture puts you right here helping me
feel in full your loving, caring, tender peaceful warmth.
I thank you so deeply my love.

Your picture showing off that million dollar smile
and the brightest eyes that look right into me
where I no longer hide because you're the one that I love.
Please don't leave me and make your picture all I have left,
because to see you in person is the greatest wonder there is
and I need to gaze upon you saying your name,
confessing my love again and again.
Just being in your arms knowing I'm home and with
my true soul mate and loved one.
Who I will fight for to no end and spend eternity

giving and serveing her all of my best.

Michael P. McParland

To Be With You (Service)

I just want to be with you forever.
I care about you and wonder if you're
doing alright and need my help all of the time.
If it has ever seemed I believed it was more
and mostly about me I apologize I never meant
for it to look that way because I don't feel or believe that.

I confide so very much about what I think and need
out of the loving respect and trust I have in you.
I've been trying to communicate this by telling you
and showing you sides and things no other could
ever hope in their wildest dreams to see and experience from me.
I am so sorry I've gone about this all wrong,
I've tried to express my desire to be of service and give
you not one bit less, in my heart and soul I want
to give you so much more because you deserve better.

Being of service to my only lady is one of the things
that truly makes me happy and feel great.
I love listening to you and for years have died inside
for you to tear down your walls sharing everything
so I could know you throughout and help you heal,
so I would know where not to tease or make a stupid comment
off the cuff not knowing why it angered or hurt you.
I'm here and I'm listening, ready and willing to give
and do all the things that you need.
I know you're longing and in want of holding just
as much as me and I ask for it constantly with
both of our wants and needs in my mind.
I'm so sorry if I made it seem it was all about me.

I've just wanted to show you how important you are
and that no other woman could ever take your place.
I won't give them even a quarter of my soul,
heart and trust that you've gotten,
I care more about your needs and wants and I did a bad job
of communicating what I was saying.
I'm so very sorry please forgive me.
I love you so much and I want to be of great service,

you are my Angel bride and I want to give you every part
of me in service, trust, faith, giving all of my
inner most fears and secrets.
For eternity I just want to be with my lady giving
her my all and everything she'll ever want and need.

Michael P. McParland

Fiercely Aching Heart

My heart aches so fiercely right now
I just want to collapse from the need
and exhaution overtaking me.
I need you here and I feel your deep love,
do not fear or doubt it for reasons I do not understand.
Please help me to know what you need I am right here.
I feel the great power of love that you hold.

All I know is that I want and need to be with you,
steadily my heart rips and mind breaks more and more
with each passing day you're not here at my side,
fearing a future so empty without my only lady.
I just know that I love you and need you by me.
Please talk to me and we'll figure everything out.
My heart is aching fiercely and the tears are
now coming so under the covers I need to be going.
I'll write you more later my sweet sweet Angel of love,
right now I'm aching so much and afraid that I'm lost for words.
I love you Kira Petranovich please feel my heart as it
is yours forever my sweet Angel dove.

Michael P. McParland

Evening Note 27

Good evening sweet lady
let me start by thanking you
for all your kindness and love.
It means so very much to me
tears come to my eyes from all
the love that you feel and you send.
You're the greatest my sweet Angel dove.
Perhaps finally in a few minutes
I'll finally lay down for some rest,
a doctors appointment awaits me
tommorow afternoon.
I'll be thinking of you to
help get me through any boredom and pain.
You provide me with endless strength.

Have a beautiful evening my one and only,
more poems will be coming after a bit of resting.
I can at least hold you in my
arms of writing while waiting for
you to be here in person.
I strive to honor and show you my
deep passionate everlasting love
every day no matter where we are
my true Angel Queen.
So feel me there holding you tight
hand in hand and with a big kiss
I'll now lay down putting the early evening to rest.
I'll be dreaming of you sending
my love and warmth.
I love you sweet lady and
I thank you deeply once again.

Michael P. McParland

Amazing Feeling

An amazing feeling comes over me
and fills me up as I feel the love
that you feel so deeply and you're sending to me.
Such amazing joy I haven't felt in so long,
Thank you sweet darling for the big smile I wear.
I feel at peace with strength,
happy the rarest of things anymore.
You give joy and light me up.
An amazing feeling from you love and comfort
I can't thank you enough.
Now please smile for me as I return
my deep loving, strength, peace, and warmth.
An amazing feeling we can share with each other.
I love you dear lady so amazing you are
in every way that I know.
You make me smile in abundant joy.

Michael P. McParland

I Love You Kira 10

I love you Kira in a million different ways,
when I say that it even hurts and brings weight
feel no fear for it's not in one bit of sadness,
regret, or some other backward feeling for which I should be smacked.
It feels heavy in the boundless size and depth
of the love I carry for you in its immensity.
Imagine carrying the love of the world within
your heart and body for the most beautiful person
you know and on earth.
That is the sort of heavy weight I carry and feel for you.
Deep abundant true love matched by only you.

The pain that I feel is from my heart swelling with
love and pride at your sight, at the sound of your voice.
Your picture has made me have to sit down from
the longing pain of true pure love that I feel.
In high school the tingling would get so bad and be clear
it got painful demanding I sit to avoid embarrassment.
The pain I feel is need and desire for your spirit,
your mind, your hand for eternity, and hold no doubt
for the magnificent sexy woman you are.
This is the weight and pain I carry and feel,
in pure love and delight I'd give it up not at all.
You're such a wonderful Angel to me and I'm in awe.

I love you Kira and when in my arms I'll spend
days possibly even weeks telling you the ways that I love you
and find you so deeply attractive.
Why I want to be with you forever knowing eternity
for us isn't nearly long enough.
I love you so much Kira and so very deeply,
I send you this hug and kiss with my ever abundant
love and warmth to show you from here my undying passion.
My dear Angel Queen and sweet lady so perfect for me,
I love you deeply and want to hold your hand forever through time.

Michael P. McParland

Our Love

Our love is so immense and deep
a truly wonderful experience that will never be beat.
Spending time with you my Angel and having
your love truly is a spiritual experience
unmatched and will only ever be known by a great few.
Our love is something so very special and
my heart bursts into a zillion emotions
when I see, think, hear your voice,
or see a beautiful picture of you.
My heart feels joy, relief, lightness,
pain, heaviness and things yet to be defined
in so very many ways.
Our love is a special bond that I thank God for everyday,
and I thank you my dear Kira for all that you do
and the pure unconditional love that you give to me.

Our love is to be celebrated in everything it
has helped us see and discover.
When we are at last in each others arms I'll
try to explain these immense feelings and the different
ways in which they effect and touch me.
Our love is a miracle and to forsake such a thing
and a true soul mate, best friend, and an Angel
you share such a deep connection would be a sin.
It would be to spit in true loves face punishing ourselves
for all of our days spread before us.
I know for me it's eternity with you or loneliness through death.
Our love is so special and I will fight for you and it always.
I treasure you and your heart, the love that we share is
the greatest thing I've ever known and is out there.

To me our love means everything and I'm lost,
confused, scared, empty and broken without it.
You complete me in every way and I can't deny
I want and need you for my eternal bride.
As a Mormon I do not believe in death do we part,
but a celestial eternity where we can be together
celebrating the afterlife in Gods glory no reason
to part company in some convoluted fashion.

Our love is special and unconditionally unlimited,
I love you my Queen Angel and wish to spend with you
an eternity in pure loving ecstasy forevermore never parting.

Michael P. McParland

Love Note 113

Good afternoon sweet lady
I so hope your day is well
and you're feeling all my love and warmth,
feel me beside you hand in hand
arms wrapped around holding you tight.
I miss you so much please
know that you're not alone
and you never will be sweet one.
Feel and hear my heart as
it's calling to you,
beating in need please let it
be soon I'm aching so bad.
I've still not slept a wink,
I don't know if I'll ever
rest again my only one.
Not until you're here in
my arms anyway.
You are my Angel and light
and I need you so much.

Oh sweet lady and dear love of mine.
What to do while I wait
anxiously for you to be here wrapped
up in my arms deeply kissing
telling you everyting within me.
Please come and listen I only
want the love of the greatest
and most pure woman.
I only want you in my life forever,
it's eternity we can have together
with the courage to claim it.

Michael P. McParland

The Moon And Stars

If I could my sweet love I'd reach
up to the sky grab the moon and stars,
then present them to you as the greatest
gift of love to show you how much you mean
to me and your abundant worth.
For no other would I present such a
beautiful precious gift,
because they're not you my
beautiful precious lady and Angel.

If I could I would on command make the stars
light up and twinkle in your presence
whenever you wished because I will go the
lengths to give you everything I have and you need.
If I could I would draw shapes and love notes
within the stars so you could look up and know
that your man Michael has done this for you
in pure love and desire for his only one.

If I could I would change the cycle of the moon
at certain times so as a Cancer I would not be so moody
making my bipolar worse like I have PMS.
I would tell the moon just what you wanted and needed
so you could rest in ease knowing I've taken care
of everything so you won't have to worry about a thing.
If I could I'd make the moon shine brighter for
a night time stroll down the beach.
If I could I would give you the world.

I wish I could reach up and gift you the moon and the stars,
give you everything you'll ever need and want.
I want to give you the whole universe but I can't.
What I can offer you though is my vows and my hand,
spending eternity side by side in blissful, celestial happiness.
And provide my lady and only true love with the greatest life
she truly deserves.

Michael P. McParland

Tired Tears

Feeling awful tired my dear because
I still haven't laid down though I
desperately need too.
I miss you so much and am distracting
myself in a number of ways but they don't help.
I still just ache and miss you though
not crying just yet.
When I lay down though I know they'll
flood my pillow as I'll have to hide under
the covers not letting anyone know or suspect
the longing aching tears I do shed.

I'm so tired and that makes it all worse,
because I wish you were here holding me ever so close.
Chasing away all the loneliness and the frights
that haunt my sleep and even scare me in drifting
while awake giving me the coldest scariest shivers.
Just one of those things I need to share with you
so it will make sense and you can understand that malfunction.
I just need you here to help avert these tired tears,
telling you that I love you and helping you is
a great service to me too because I feel loved
and calm when I'm showing and giving you all of my love.

Tired tears will most likely strike when
my head hits the pillow missing you,
my heart aching to feel your arms around me in comfort,
giving strength and peace to each other in
warmth and love mutually shared in respect and honor.
Come hold me my love and help prevent these tired tears,
you are everything I want and hold dear.

Michael P. McParland

I Love You So Much 2

I love you so much I'm sitting
here and despite being intensely tired I can't sleep.
I just want you here in my arms and need
to know that I am doing right.
I've gotten it so very wrong in confusion
in the past I worry that somehow I will
hurt you again not realizing something I did.
I love you so much and need you in my arms
to just hold and be filled with your wholesome,
caring, loving warmth that I so need and crave.
Help me to know I'm doing good and you're happy.

I love you so much that I don't want to sleep
lest I miss a miracle and magical moment or
be delayed on it by even minutes or hours.
I love you so much I'll pass up sleep for days
just in hopes that I'll see or
hear something from my only lady.
I love you so much and inside I'm celebrating
knowing your love for me is abundant and growing.
I want you here to lie in bed all day and cuddle.

I hope this in no way sounds sad,
it's just from a tired mind expressing the love
and joy I hold inside wanting you here in my arms.
I love you so much please tell me it's soon.
I love you so much I'll give you everything
and hold you so tightly everyday through all time.

Michael P. McParland

Mee Too Where Are You?

Where are you Mee Too?
I truly miss you so much and
your kind hearted, loving friendship
I need and want so very much.
I finally made a playlist on YouTube
of the Pet Shop Boys album Elysium for you.
My favorite album of theirs and I want
to share my Falco music too.
You know that sharing music to me is a
private special thing done only with the
truest and trusted of friends like Kira and you.

Mee Too I miss you so very much,
you helped me by listening and knowing
how I felt about my special one.
You understood when I cried and helped stop
many a tears from flowing with your special
spirit and heart helping me get through it.
If I weren't such an idiot we would have found the
right keys together helping me find the solutions
and right ways to show Kira how sorry I am
and that I'm not in want of hurting her,
that I slipped up something major and am working on all of it.

Mee Too where are you?
There's still so much I want and need
to understand if you are able to tell me at all.
I just miss our talks and friendship,
a special bond that was there between us.
Something empty and missing since May leaving me
aching in both dull and sharp pains.
Mee Too you are so righteously cool and I need
you around to talk and go on like we used to.
Where are you Mee Too I really want and need you.

Michael P. McParland

Morning Note 29

Good morning sweet lady
I hope you slept well.
I'm about to lie down
for a few hours and
need so badly to tell you
I love you,
I need you and want you
here by my side.
I feel so lonely and
once again the tears
are here in confusion
and missing you
my sweet Queen and Angel.
I need your comforting words
with your soft soothing voice
in your comforting spirits strong arms
I so need and long for.
Please come and snuggle as we
get a few hours rest this morning.

I'm right there with you
hand in hand you're never alone,
I am the man who loves you and
I am always right here.
Arms wrapped around you holding
on so very tightly,
being as strong for my lady as
I can be in every way and every day.
You are everything I see,
want and need.
Please come and join me Kira
and smile for me,
light up my room and the day
as we cuddle this morning resting
for a few hours my Queen.
I love you so deeply and
right now I need you as much as ever.

ILYF and ever KP

Michael P. McParland

Please Come And Join Me

I'm ready for a good rest this morning my darling,
not the whole day by any means just a few hours.
Please come and join me I'm so very tired and
need to feel your arms around me in your pure
Angelic love I so crave and need in my soul to
feel complete being by the only woman I want and I need.

As I lay down now for this rest I ask you to
please join me and give me a kiss.
I need to hold you tight and cuddle while we
dry each others eyes from 10 months of crying,
healing our hearts and giving the warmth and love
that fills us with peace and strength.
A vital need provided by each other.

Hear my plea please come and join me.
So much to share and I want to be in your arms
when I do relive some of the horrors and sorrows
inside of my heart and soul.
Please come and join me in comfort and sleep
before I must relive these things and you have to hear
what I say in every word to be free.

I will listen to you always and hold you so tight,
please come and join me this morning for a few hours rest.
I need to feel your arms around me and your heart
beating in rhythym with mine against me.
Please come and join me filling each other with
warmth, love, and strength so abundant.
I love you my darling please come and join me.

Michael P. McParland

The Wonder Of You

Oh how I beam with radiant light
when I think of you, read your words,
look at your picture, remember you voice,
see your eyes and smile as you're looking at me.
Oh the wonder of you how I want so much
to sing and dance for you my sweet lady
in perfect romance.
You are the greatest and I'm glowing in hope
and pure love for my Angel Queen so pure and a blessing.

The wonder so awesome I just want to
hold and kiss you forever.
I love you so much I know I'm gushing,
but by God with total joy and love I am bursting.
Oh the life I'm going to share with my one,
giving you everything I am and will be for all time.
The wonder of Kira my sweet Queen and Angel,
the greatest lady in history and oh how I love her.

Michael P. McParland

What To Do?

What to do on these lonely nights longing for you?
I know our time will come and you'll be here
then holding each other tightly dancing under the
moon and stars with the night as our playground,
it is ours to enjoy dancing, lying out on the grass,
talking for hours ignoring the time that has passed.

Until that time though what to do on a long
lonely night of longing like this which
can be so very maddening and hard to deal?
What to do beyond the little tasks and chores
I already occupy my mind with in tedious time?
I just want you here spending time no matter
the things we're up to as long as you're by my side,
laughing and talking, fooling around and making trouble.

So what to do on a long tedious night of longing
for my amazing Angel bride?
I guess back to reading maybe a short tale of
creative writing to feed the soul and imagination.
Although satisfying not as much without you here
cowriting and sharing the fruits of our combined minds and labor.
What to do on a weary night of longing needing
you here in my arms passing the time with each other?
I must find something so time will move faster getting
me one step closer to seeing my Queen and kissing her everyday
from now through all eternity.

Michael P. McParland

Night Note 58

Oh my sweet darling I hope
you've had the most restful of nights.
I got a little sleep but not much,
your sweet spirit helped me
get the small bit that I did.
I thank you always my Angel
for all the wonderful things that you do.
You're a miracle and blessing to me.
I'll never stop asking how a
plain boring man like me
got a woman so beautiful and interesting
that is so charming and
wonderful in every manner and way.
You never cease to amaze me
and blow me away.
I thank God for this blessing
every single day that I rise
365 days a year and that is no lie.

I hope you've slept well and felt
warm comforting peace in all the
endless love that I send.
Holding your hand laying next to
you in bed arms wrapped tightly around
you my sweet Angel dove.
I want to feel as close to you as I can.
You are everything I want and need in my life,
you are my soul mate and best friend,
eternity is all ours and I want
to have your hand in the celestial
bonds of marriage spending it together.

Michael P. McParland

Things To Share

So many things I hold inside and
am dying to tell you because I don't
want to hide a thing from my lady and Angel
I love so very much.
I want to share them with you because I want to
and it's physically and mentally painful
to keep holding all of it in.
I need to look in your eyes and share these
many many things both big and small.
Are you ready and will you fully listen?
So many parts will be hard to tell and
as painful for me to relive,
I'm sure it will be as painful for you
to hear what I felt and faced
in so many ways.
There will be happy too and I need to pour it out
and give you my all showing everything in my soul.

Such things of depth and lightness to share and tell,
the burden of carrying it all alone for so long
the weight is dragging me down to the ground.
Will you help me up and hold me close for awhile?
I'll do the same for you because I know there's
so very much pain and happiness you've been carrying too.
We need release of these weight baring loads that we've
towed around by ourselves for so long.
It's time to entrust one another telling everything that we carry,
releasing ourselves in true trusting loving fashion.
So much to tell and all the time in the world for us.

I need to release and I know you do too,
I'm bursting at the seams to give you all of myself
releasing everything behind my steep and thick
walls of life long defense.
I'm ready and want to let you in.
Are you willing to step through
and also share the same things too?
So much to tell and so much to release,
I love you sweet lady and in pure faith and loving trust

I turn myself completely over to you.

Michael P. McParland

Feeling You Here

I'm feeling you here my precious dear
and all of your loving warmth is giving me peace,
relaxing me so I may finally get some sleep.
Wrap your arms around me and hold my hand.
Just snuggle up close as we shut our eyes.
I feel you near and it almost gives me tears,
partly in longing but mostly from being so happy
being filled with your love and in spirit feeling
your soft and strong arms wrapped around me.
My heart feels happy at last and will be complete when you're here.

Feeling you here and I give you this big kiss,
let it give you warmth with all the love that it holds.
Taking your hand I grab you and snuggle up tight,
tell you I love you sweet darling please come
here soon and heal the scars of our aching hearts.
We need it sooner than later and from only each other.
Tonight though I feel you here and I feel safe for once
with only the tiniest shreds of fear from the nightmares,
those will go in total when you are here warming
the other side of the bed giving full comfort.
I feel you here tonight though and that's good for now,
just take me and wrap me up in your arms.
I love you sweet darling I'm completely charmed.

Michael P. McParland

Night Note 57

Sitting here smiling my darling
thinking of you and all
the times I know that we'll share.
I see you smiling and looking
at me with those sparkling
mesmerizing eyes that hypnotize.
I let you take me in because
I do not want to hide
from you a single thing.
What I have is all yours and
I give it to you from pure
love and free will.
You are my Angel who I adore,
my soul mate and best friend.
Eternity with you is my dream.

Sitting here organizing the
books in my kindle while thinking
of you and what a pleasure
it's been to have you in my life
and know you through all this time.
The future is coming and
around the bend it's almost here,
I will take you by the hand
pulling you in tightly most likely
unable to speak from tears of happiness
and fulfillment that you're finally here
and I'm about to kiss the woman I
so deeply need and adore.
The future is bright and I drift away
as I do various things,
dreaming of the beautiful times in a magical
scene that we'll do and we'll share
for an eternity hand in hand.
I love you sweet lady you are
the only woman in life for
who I ever planned.

Michael P. McParland

Goodnight My Sweet Diamond

Goodnight my bright shining diamond in the rough,
you are a beacon of light bringing me out of the dark.
With the biggest passionate kiss I seal this night,
a great big smile on my face and a heart filled
with peaceful, comforting delight.
You are the Angel and star that lights up my life.

I'm sending you all of my love and warmth to
wrap you up in a blanket of strength and security
knowing I'm always right there beside you holding hands.
I'll be holding you the whole night through cuddling
and kissing you saying that you have no worries I'm
here forever because I am your man.
I'll love you through eternity and I always have.

We'll meet tonight in the land of dreams dancing
together among the moon and the stars.
Rotating and mixing the flow between fast songs and slow,
the best ones though will be with you in my arms
looking into each others eyes revealing our souls.
I have nothing to hide from you nor will I try.
Many kisses while dancing among the moon and the stars
while in the land of dreams tonight.
Soon it will be real and I'll hold you so tight.

Goodnight my diamond so rare and bright,
I'm the luckiest man in history that you are shining on me.
You are the greatest woman any man could ask for or hope,
you are my Angel and I'll be holding you for eternity
and of course tonight my sweet delight I treasure so much.

ILYF and ever KP

Michael P. McParland

Rejoicing

Rejoicing in your love knowing that
there's a bright future ahead for us
and I'm beaming with pride and excitment
rejoicing in the love that you give me
and all the love that we share.
You're so special to me you truly are.

I'm rejoicing in the bright hopeful
future I see ahead right around the bend.
A future of happiness we've worked
and waited for striving so hard,
and it's a future we so richly deserve.
I'm rejoicing knowing I'll spend
my future with you my sweet Angel dove.

I've waited so long knowing that this day would come,
working so hard and being patient
to be the best man you could ever need and want.
You are my everything and I am rejoicing
in all the unconditional love and acceptance you bring.
I love you sweet lady you're my only one.

I'm rejoicing in the beautiful blessing God
has sent me in the most beautiful woman
any man has ever needed and wanted.
An Angel that's saved me in numerous ways
yet to be told and I will show you my grateful love forevermore.
I love you my Queen so pure and loving,
right around the corner is our future and I'm
excitedly in happiness rejoicing.

Michael P. McParland

A Needed Rest 2

Now I can lay down and relax for
a short and needed rest with a smile on my face.
Knowing your hearts singing to me
I feel so very warm and soothed in comfort
you've provided my sweet Angel dove.

A needed rest for a short while than
up again to write you more poems,
for now though this rest to recharge my mind
for fresh words and ideas to honor my love.
I also want to shut my eyes and dream of
your beauty my precious one so dear and treasured.

Come hold me so close and snuggle under the blankets,
giving total peace and strength as we smile drifting
off your head on my chest hearing my heart beat,
it beats for you my sweet Angel of light.
A needed rest for a short bit to refresh and
dream of my lady I love and so miss.
I thank you for the smile and light heart
for eternity we'll do that for each other no doubt.

Michael P. McParland

Oh My Sweet Angel

Oh my sweet Angel you are my hope and light,
you are the northern star which brightens
my dark nights showing me the paths
to a future so wonderful, happy, and rare.
My sweet Angel you are the greatest thing to
ever happen to me.

Oh my sweet Angel I will spend eternity
showing you how thankful I am.
Over and over again I'll be there to serve you
and give all the things you could want to be happy.
You are my sweet Angel and I would give everything
to be by your side holding your hand through all time
smiling and kissing my Angel bride.

Oh my sweet Angel I love you so much,
words can't describe my feelings in full
you are so very wonderful and awesome it's true.
I send you endless love and warmth with
great big kisses and hugs.
Oh my sweet Angel I love you so much.

Michael P. McParland

My Sweet Diamond

My sweet diamond shines so bright
and boldly beautiful before me,
amazing me with the brilliance she carries
and the close to blinding light of love.
She is a diamond in the rough and a precious gem,
my sweet Angel dove I kneel before thee now.

My sweet diamond of pure beauty dazzles me,
stunning and amazing a heart of gold,
a soul so wonderful, pure, and clean.
A blessing without a doubt
one of Gods most beloved he gifted down to earth.
A woman I so deeply treasure and admire,
I wish to have her hand forever.

My sweet diamond is my best friend and the greatest treasure,
before my eyes she stands on high and I ask for
her forgiveness in all my weakness needing her sweet love.
My sweet diamond is the reason I keep on living
finding hope and light within an earthly mental prison.
She's my diamond and my Queen I so treasure deeply in every way,
I hope and pray to have her as my wife one day.

Michael P. McParland

Evening Note 26

Good evening my dear one
I hope your day was well.
I've been dreaming of you
the whole day through,
sending all my love and warmth
standing next to you,
hand in hand in my arms
everywhere and everyday
my Angel so very true.
My heart is calling out telling
you all the love it holds.
It's aching very bad to
have you here and for me to
be in your loving accepting arms.
I miss my only one and Angel Queen.
I miss you darling more and more
with each passing day and more.

Have the best of nights my
lovely dear I'll be right
here if you need a helping hand or ear,
I'll keep on writing for you
sweet Angel dove I so adore.
I'm missing you so very much
my heart truly physically hurts,
I love you deeply and need you here
within my open arms and open heart.

Michael P. McParland

I Need (Your Touch)

I need your touch and yours alone,
it's the only one that will complete
me and bring my soul back to robust life in full.
I've gone so very long without human
contact and touch that each day a little
bit more of me grows sadder and wilts.

I need your touch not just in sex,
but to hold your hand and be in
your arms knowing I'm accepted and loved.
Making love will be great but most of all
I just need your touch hugging and kissing,
holding hands to feel skin next to skin,
body next to body I've so long not had and missed.

I need your touch in the most profound of ways,
my soul and heart are screaming in need of contact
and love that I so badly crave.
Only you can fulfill that longing need,
because my soul wants you and you hold my heart,
my soul mate and best friend.
Only your touch will do my Angel Queen.

31 and a half years with but 15 minutes of
that sort of contact and love.
My soul and heart are starving and needing your tender touch.
I can't take the lonliness and great need much longer,
I need your touch my sweet darling please come hold me so tight
and take my hand forever in yours my dear lover.

Michael P. McParland

Your Sweet Heart

Your sweet heart is all I seek to share,
I want to show you all the love I hold.
Help heal it of the wounds and scars inflicted
by so many other and a few by me.
Your sweet heart means everything to me
and I want to share in its glow and epic glory.

I want and need your sweet heart to help
soothe and heal my scared and wounded heart as well.
I want you to do it because you're my only one,
you are one of those who knows me best,
you may not see how but I'm a mystery to everyone you see.
I don't try to be I just am for reasons I can't even guess.
I want your sweet heart to help get me through these mighty tests.

Your sweet heart has touched me in so many different ways,
I don't know how to share them all and I can't and won't do it here.
Your sweet heart is the love I need and crave,
I long to have you here to help each other get through things.
You are my Angel Queen nwith the sweetest heart,
come and take my hand to heal our souls as one.

Michael P. McParland

Love Note 112

Just after noon my dear lady
and I'm laying here in bed
trying to rest but no luck at all.
I'm quite hungry too but
don't feel like getting up
to make some food,
I couldn't down more than a
bite or two anyway so it doesn't matter.
I'm just laying here thinking
of you and hoping you're well
and enjoying my poetry,
one of the thoughts that still
gives me full cheer and a smile
is you reading it and loving what
is there with a smile,
your heart touched as you feel
the love in my scrawlings.

I hope you feel all of my
warmth and my love I'm sending to you.
That you feel me beside you
holding your hand.
You're not alone my sweet Angel
I'm here for you always and want
to help you in all that you need.
I'm wrapping my arms around you
for a tight reassuring loving squeeze,
I'm burying my face in your shoulder
to hide from the world for just a minute.
You are my guardian Angel, best friend,
soul mate, and beloved protector.
I'll love you forever and ever.

Have the best of afternoons and
feel all of my love.
Time for me to rest some more
replacing the sleep that won't come.
I miss you insanely and need you bad,
I love you my Angel come and

get me wraped up in your arms
my Queen and only one.

Michael P. McParland

Warmth 2

Warmth is all I want to feel in your arms,
as I finally lay down to rest this morning.
I want to feel your warmth around me squeezing
tight to give me the peace and strength I need.
I just want to feel the warmth and soothing calm,
satisfaction of your love I deeply need.

I just want to feel your kisses to stop
the tears inside that I am feeling,
to help me rest this little bit in calm
feeling full with your wholesome love.
I just need the warmth of you cuddling in your arms.

I just need the warmth and care I know you feel for me,
please come and wrap me up in your embrace
telling me everything is okay and I'm safe
forever now that you're here forever to hold and kiss me.
I just want and need the warmth that you provide
because without you here I feel so very empty and incomplete inside.
You are my soul mate and best friend and I want to
share our warmth forever through eternity.

Michael P. McParland

Morning Note 28

Another morning now stretches
before us sweet love and
another day where I
can only dream of you.
I'll be sending all of my
warmth and love praying to God
that you'll recieve it feeling
every last bit and being
filled with cheer as you are
reassured that I'm there
holding your hand giving you
kisses as I pull you into my
arms for a tight squeeze of
love we both so very much need.

I'm sending tons of sushine your way,
close your eyes my Angel of light
and feel the glow of my smile
as I'm looking at you,
remember my look of love as it
grows in your heart.
I love you sweet lady please
remember that you're not alone.
You don't have to face the trials
and coldness of this world by yourself.
I'm right here for you baby
just call out.

Have a good day and if you
feeling weak or sad just reach
out and take my hand my Queen.
Call me and talk to me I'm always here,
message me I need your words as well.
I love you my darling and
want you to know I'm right here for you.
Eternity is ours just me and you.

Michael P. McParland

A Day To Relax

I dream of a day where nothing important
or pressing would be happening no one
bothering us as we spent the day relaxing and resting.
We both so badly need a day with no stress
spent together smiling in each others arms.

No movies, no T.V, no phone,
no other people interupting and bothering.
Just talking and music,
enjoying each other, our love, and our company.
a day to relax with each other just
sitting back on the couch,
snuggling in bed as we enjoy each other in
the stress free quiet resting,
reconnecting in full with our bond
nothing interfereing to test it at all.

A day to relax laying back cuddling your head on my chest,
listening to each other breathing, resting,
on our beautiful day to relax.
A look at our future in its pure excellent beauty,
I dream and need just as you a day to relax,
holding each other in pure loving rest.

Michael P. McParland

Night Note 56

The hours pass by ever so slow,
filling my time with podcasts
and tedious tasks to fill
my head and stiil I think of you.
How these tasks would go
faster and easier
that they'd even be fun with
you by my side helping along.
Everything is more enjoyable
and lighter when you're by my side
and spending time.
I just needed to drop in
real quick and say I love and
miss you so very much.
I'm glad that you're mine
my sweet Angel dove.

ILYF and ever KP.

Michael P. McParland

Dreaming Of You 3

Dreaming of you my darling one.
Seeing your smile and sparkling eyes,
feeling your arms wrapped around me
and it feels warm and comforting like being at home.
I'm dreaming of you and the things
I want to share with only you.

Dreaming of you and how on these nights
I can't sleep I wish you were here sittig
or laying down next to me holding my hand
snuggled into my side while you relax and dose off.
I'm dreaming of you and how beautiful
life will be to share with you.

I'm dreaming of kissing you as we just lay in bed,
snuggling and cuddling hiding my face in
your shoulder to block out the world and chase
the numerous fears and frights away from the night.
It may not make sense now but it will when
we talk and I can reveal everything in my soul.
I'm dreaming of squeezeing into you tight
for peace and comfort I've needed so long.

I'm dreaming of cuddling and holding you,
protecting and healing your aching heart
which needs deep solace and peace too.
For you to cry on my shoulder and bury your
face in my chest while you release all there is,
then I'll dry your eyes and tell you I love
you sweet Kira everything is alright because
I'll never leave you and I'm here to help you.
I'm dreaming of cuddling you making things all better.

I'm dreaming of us and how I need you so soon,
to start our lives together I have so much I
want and need to share with you.
Come hold my hand and let's trust each other.
I'm dreaming of the days all comes together.
I love you so much and I always will,

I'm yours for eternity no other will do.

Michael P. McParland

Under The Covers 7

I want you to come join me under the covers
to snuggle and nuzzle pass this lonely day and night away.
We can just bury ourselves covering our heads
escaping into a world we alone have created.
Talking and laughing,
kissing and snuggling till we fall asleep
in complete comfort and peace.
Come join me under the covers and find solace in
our own world that we've created in each others loving arms.

Michael P. McParland

Night Note 55

Sitting here trying to
keep myself busy sweet lady
but my heart keeps feeling
that tug and wanting you here by me.
I miss you so much
and I'll never deny it.
You are my sun, moon,
stars, an Angel who light up my sky.
Making me smile and you fill
me with endless pride.
Do you know just how
proud of you I am and
always will be?
When I think of you I begin to beam,
you are happiness and joy
unbridled to me.

Feel my arms around you
as you sleep tight tonight,
feel endless comfort as I
give you kisses and hold your hand.
One day soon we're going to
snuggle every day for hours.
Healing and fulfilling
the togetherness we've so needed.
I love and miss you my darling
and I'm so deeply aching.

Trying to keep myself busy
and it's only slightly working,
my heart wanders to you and
tugs with great need for
my Angel Queen.
I miss you so much and
send all my loving warmth,
with great big kisses and hugs
for eternity and more
I'll always love you.

Michael P. McParland

Hold My Hand, Hold My Heart

Come hold my hand sweet darling
I need so much to feel you near.
I'm filled with worry and fear.
Afraid that I might lose you,
fearful that I'll screw it up
and in some way hurt both of us.
Please come hold my hand
and hold my heart to reassure me now.

Come hold my hand and soothe my
aching worrired heart.
Slide into bed with me where we can
cuddle chasing away all the empty cold.
Look into each others eyes and
gaze into our very souls,
saying I love you darling and I'm here forevermore.
Come take me in your arms and hands
calming each others hearts for a peaceful night ahead.

You hold my heart and soul just as I
want it to be forevermore.
You are my Angel and a blessing I always thank God for,
Please come take my hand and fill me up,
my other half is incomplete without you here.
Come hold my hand and soothe my heart I need
it so very bad.
You are the only woman I'll ever love and eternity
is yours and mine.

Michael P. McParland

Goodnight From The Stars

Look up to the stars sweet lady and see me smiling
and waving as I say goodnight my true Angel.
Feel the abundant warmth and love I am sending,
receive all these big hugs and trillions of kisses as well.
Each one contains special love that is only for you,
only you can handle the immense power they bring.
Look to the stars and moon and see me smiling at only you.

I'll see you in the land of dreams where with me
among the stars and moon is a special scene I've
prepared for just you and me.
A majestic lake side picnic under a tree laying
down holding each other as the stars put on a show
of fire works for us to enjoy.
A special scene prepared by me just for us among
the moon and the stars in the land of dreams.

Look up at the stars before you retire under the covers,
then feel the warmth and peace as I slide in behind you.
Wrapping my arms around saying I love you sweet lady
you're my only Angel I want to spend eternity like this forever.
Please let your guard down as I will let mine down too,
accept me fully in trust and get each other through the hard times.
I want you and need you in every way that there is,
please give me your hand and spend eternity together.
First though tonight look up into the stars and see me smile.

Michael P. McParland

Aching Heart, Aching Need

An aching heart with aching longing need,
I just want to get it right for you and
show you all of my endless everlasting love.
Will I ever get it right?

I have a heart that aches so very bad
and is in deep need of you here.
Being in your arms and feeling your kiss,
hearing and telling you I love and miss you so very much.
My heart aches and needs you so very much.

Michael P. McParland

Night Note 54

Oh sweet darling
I miss you so very much.
I wish you were here right
now to just lie down
in bed holding each other
talking sharing anything and everything,
telling jokes, sharing what we've read,
what we've watched, and old times
we shared together with future plans ahead.
I so badly wish you were here
my only sweet darling one.

Soon I'll send my goodnight wishes
with more poetry just for you,
but right now just a message
to say feel me there beside you
hand in hand a big squeeze in
my arms with many passionate
kisses to keep you warm.
I love you so much my darling
Kira I need and want you here.

Michael P. McParland

I Care Deeply

I care for you so deeply more than you can ever know,
my heart begins to hurt in loving joy whenever I think of you.
When apart like this I feel as if I'm coming apart
and don't have a clue of what to do.
Everybody has some advice but I don't care because
I love you more than anything and can't move on when
I know you love me too.
I care deeply my only one and you don't
have to believe me but it's true.

I care so deeply that in all the time after high school
and up to when we restablished contact I couldn't
look at other women the whole time I saved myself for you.
Just one slip up in that entire time and I want to take it back,
I want to give you all of my life and myself because
you're the one I love and care about.
You are my Angel and my Queen and that's a solid fact.

I've made mistakes a plenty and I can't forgive myself for any,
because I care for you in every way and to see you hurt
kills me inside and every way.
I know there are many things that have hurt you in the past
I want to help you heal from those so please stop pushing me away.
I want to hold you close and let you laugh and cry,
I want you to release it all because
I care about my Angel Queen and only one.

I care so much I worry constantly,
where ever I am I stop and think of how I wish you were there.
I care so much and love you deeper still.
You are my everything and I care so much and
more than you can possibly know.

Michael P. McParland

A Small Rest 6

Lay down for a while and close my eyes
to recharge my battery and mind a bit,
shed a few tears from the lonely pain inside.
Listen to Falcos album Weiner Blut with so many
wonderful songs of love and peace.

Dream of you holding my hand and laying
down holding me knowing all the truth I hold inside.
That I love you so much my heart throbs with
pain you being so far away.
A small rest to soothe my mind and soul,
dream of you holding my hand and holding me.
A few tears under the covers,
I truly do love you so very much.

Michael P. McParland

I Would Never

I would never try to trick you
or lie to you in any way at all.
Deception is not my game or motivation
and the thought of it or be it spoken
in any way is a kick in the stomach
and knife to my heart.

I would never lie of my love
or trick you in some warped way to hurt.
My love is pure and genuine and
I want to share it and my life
for eternity with you.

Michael P. McParland

Evening Note 25

Evening is here and it's
time to wind down from the day.
Reading, watching movies,
writing you poetry.
All of these things I will do
and the best one is dreaming of you.
Through writing and imagining
you're the main love interest
in the books that I read,
we both save each other because
you are strong too.
Watching movies so badly wishing
you were here to hold and
rest your head on my shoulder and chest.
I wish you were here to relax
with in this evening at hand.

I hope your day went well
and you were warmed by all the
love and sunshine I sent,
I was thinking and praying for you
sending millions of kisses too.
Did you feel me there by your
side hand in hand me squeezeing
you tight in pure love my only one?
I need you so much I am
filled with love I need to share.
Have the best of evenings
and I'll keep writing you more,
I love you sweet Angel and I miss
you so much most could never comprehend.

Michael P. McParland

Need And Want

Kira Petranovich I need you now more than ever,
I can't do this all alone anymore my Angel.
My mind and body are coming apart it feels like
and you're the only person than can help
me bring it back together.
I can't do it all alone because you're the one I need and want.

Kira love I know you feel like you are coming apart as well
and I want to be there to help you through this hell.
I want to take you by the hand and gather you in my arms
stroking your hair consoling you telling you it's alright
and that I so deeply love you.
Assure you that I'll be with you forever I'm not
leaving ever for some stupid reason.
I know you want and need me too and I need and want to be there for you.

I need and want you sweet Angel of all my greatest hopes and dreams,
you're everything I'll ever want and need,
I can't keep doing this by myself and all alone.
I need you here as a support and to hold my hand.
Together we can make it through and when we have God will smile
saying I'm so proud of you two and your gift is paradise celebrating
with each other and your family forevermore.

Michael P. McParland

In My Arms

I long so much to have you in my arms.
I lie here just dreaming of what
I'd say and all the things we'd share.
In my arms is where you should be to heal our hearts,
I ache so very bad to have you here.

Michael P. McParland

I Hurt 2

I'm hurting here just longing for you,
I want to have you here in my arms so I
can just tell you I miss you and love
you so deeply and need you too.
I long for you sweet darling and need you here.
Can you feel all the love and warmth I'm sending you?
Can you feel my deep need to have you in my arms
and to spend eternity with you?

I truly so deeply need you here and it's
so painful being apart and it grows worse every day.
Time doesn't heal as they say,
I knew it never would because I gave you my heart
and you're my Angel through this life and the next every day.
I hurt for you darling and pray for the miracle
I'll open the door and you will be there.

I used to never cry not even in physical pain,
now I cry often from the aching hole in my soul
that desperately needs you there.
I cry because I feel your aching longing pain from so far,
please come and let me take you in my arms.
I love you so deeply with my heart, mind, and soul.
I need you for eternity my only one.

Michael P. McParland

Love Note 111

Good afternoon my sweet love,
as I still go about my chores
I wanted to drop in and say
I love you so very much my only one.
Feel me there by your side
hand in hand drying your tears
as you dry mine to,
then I'll lightly kiss your
eyes before a deep passionate
one on you your lucious beautiful lips.
Feel my arms around you pulling
you in for a tight squeeze
telling you sweet heart you're
the most beautiful delicate peach,
the apple of my eye my desert
I love to eat up.
I'm looking forward to that candy
as soon as we are together
my Angel Queen.

With a big kiss and a tight squeeze
please no longer feel any
fear or loneliness because I am here.
If you need to cry come let me hold you,
I don't want you facing
any sorrow alone.
I love you so much and to you
my heart is loudly calling
and singing the greatest love
songs I've ever known.
Once again feel the tight squeeze I'm
giving my hand in yours.
I'll love you for eternity my Angel Queen
and spend it with you.

Michael P. McParland

My Heart Aches Badly (For You)

My heart aches so very bad for you,
I just want to lie in bed and cry
endlessly all day to have you here.
I get up and do chores,
play games on my kindle and read to try and distract my mind.
Nothing works because all the while
I think of how I want you here and how
much better they would be with you by my side.

My heart is aching calling out to you,
the tears are close to coming from the
longing I feel so desperately for you.
My life is so very dull and dreary
without you to at least speak to and laugh,
even more though I want you here to hold
and kiss telling you how very much I love you
and how dearly you've been missed.
My heart aches so badly wanting you.
Can you feel the need I hold in store?

Even from far away I can hear and feel
your heart crying out to me and it makes my heart
cry out all the more as I want to hold and soothe you
my sweet sweet Angel I so deeply need and adore.
My heart aches because you're the one who
truly knows and holds it,
and for eternity I want to share with you and show it.
Please come take my hand and join me in
never ending ecstacy.
I love you deeply my one and only Angel Queen.

Michael P. McParland

I Am Here (For You)

I am always here for you sweet lady
I hold so very dear in my heart and soul.
Please come and show me everything you want and need,
I am here to help and have been waiting these
many years to be your man and give you everything
you need and that I can.
Come show me all the things you need and when
you're ready I will show you mine.

I am always here listening to everything you say and feel,
I've waited oh so long to hear what you have to say and help.
I long to learn everything about my lady and what she feels,
she wants, she knows, and everything she has learned.
I am here to listen Kira of my hopes and dreams,
come tell me everything you need to say pouring out all you
hold inside and want to show me my Angel bride.

Come hold me and place your head upon my shoulder,
bury it in my chest if that would make you feel all the better.
Cry as much and as long as you will ever need.
I am right here to help you in everything.
Please share with me your whole life's story and let me help
heal your aching heart taking away all the painful scars.

I am always here for you I'm never leaving I promise you,
I'm by your side hand in hand arms wrapped around pulling you in.
I want to help you giving all I am,
you're my precious lady and cherished Angel Queen.
For eternity I'll be there by you listening, seeing, helping you.
I love you deeply my only one for eternity it's me and you.

Michael P. McParland

Your Strength (Thank You)

Thank you sweet love for all the strength you provide,
after a short rest I can finally do all the things I need.
With all the warmth and love that you send I feel
like a worthwhile person who can do what he needs
and so very much more.
You make me feel so very handsome and strong and I
thank you my Angel for all the wonderful things that you do.

Thank you so much for all the love that you have and you give.
When I am done with my chores I'll write you the
loveliest poem you could hope for because you deserve it
and as always I'll give you my best because I wish to
honor you with every word that I write and deed I perform.

Your strength has provided me with so much and I thank you again
for your abundant and endless love.
You mean so much to me and I only hope I can show it
over the future years I know we'll spend together,
I love you sweet Kira that the universe can barely contain it.
Please take my hand and enter eternity as wife and husband.

Michael P. McParland

Take My Hand 8

Reach out and take my hand sweet lady
and angel who gives me endless courage and strength,
I need your help to get up and going on this day.
Just feeling run down and tired still but
I won't let the exhaustion overcome me today.
Reach out sweet lady and take my hand I so
very badly need some of your strength today.

Take my hand so I may return some to you as well,
let me show and share with you all the love I hold.
As always I'm sending all my warmth and love to you,
with great big hugs and millions of kisses too.
Make sure you get every one my sweet Angel dove.
Reach out your hand so I can give you some peace and love.

Please take my hand I need some strength today,
to get up and going and beat the tiredness that plagus.
So I can finish my chores and be here for you
giving my best in every way my Angel Queen.
Reach out and take my hand because I love you babe
and you are the rock who keeps me going with endless
pride and strength,
for eternity I'll thank you endlessly and spend
my energy repaying you.

Michael P. McParland

To Snuggle

What I wouldn't give to snuggle with you right now,
I'm dying to have you in my arms and see you smiling
while I kiss you and say I love you sweet darling
you light up my life and give me hope in the greatest of ways.
What I wouldn't give to be laying in bed right now
snuggling with you smiling and kissing hearing
you say I love you sweet man let's never leave this place again.

To be snuggling with you right here in my bed is how
I want to spend the entire day just smiling holding each other close.
Would you care to join me to share our abundant love and warmth?
I would give anything to have you here smiling in my arms
so I could say I love you sweet lady with tears of love
and pure joy in my eyes as I look at your angelic beauty
and as always am stunned by your purity.

I love you so much and wish to snuggle with you forever
my Angel Queen and one and only.
You are everything I'll ever want and need.
Come and hold me sweet lady and smile at me,
let me pull you in and say I love you sweet darling
let's snuggle forever in this special place.

Michael P. McParland

Love Note 110

Good morning dear finally,
I forgot to say that
earlier I'm sorry.
You truly are my everything
and my Angel.
I don't know what I'd
ever do without you.
Remember I'm right there beside you
holding your hand my
arms wrapped around you
pulling you in and squeezeing you
tight so you'll always
remember just how much I love you.

Have a great day my sweet Angel dove
I'll be thinking of you and praying to.
You've helped me get past
all those things that were scaring me,
I thank you in bunches
because you always help protect me.
I'll be writing and thanking you forever,
I hope you realize all that you do
and that I'm truly so very thankful.
Have a great day see and feel me smiling
my sweet darling,
I love you so much and will be
holding you for eterninty.

Michael P. McParland

Lots Of Chores (Thinking Of You)

In a litte bit I'll have lots of chores
to get going on and catch up on doing.
Tedious stuff mostly of course,
how very boring right.
The entire time though it will help
things go faster thinking of you and our future,

Thinking of you has gotten me through so much
so many times I can't possibly tell you
just how much you have saved my life.
You'll help get me through these chores
just as when I worked at Smiths and Target
you got me through the worst of nights.

Thinking of you will get a bright start
to this dreary overcast day outside.
Snow is back on the ground in Minnesota
and for tommorow I have a doctors appointment to think about.
You will help clear my mind of all of it
getting me through with a smile.
I thank you sweet lady you are my everything
and my smile.

Michael P. McParland

I Love You Kira (Don't Be Mad)

I love you Kira I really truly do.
I know you are upset with me but
I fell asleep yesterday and slept
the entire night through.

I love you Kira even though you may
not believe me right now,
I love you more than anything and
am doing the very best I can.

I love you Kira please don't be mad at me,
it makes me feel sick to my stomach
when I know you're upset.
I love you Kira please give me time to get going,
you are my everything and I'll love you for all eternity.

Michael P. McParland

Love Note 109

Almost evening sweet lady
and the headache is mostly
gone, a quick note
to say I love you so very
much and miss you tons.
You are my sun, moon,
and stars.
I need and want you here
to hold ever so bad.
You are my everything
and when you're here
I'm going to make it
all up to you and show
my Queen just you mean to me.
I love you sweet lady
feel me there holding you
giving you these kisses
of pure love my only onr.

ILYF KP.

Michael P. McParland

Love Note 108

Good afternoon sweet lady
I hope this day has found you well.
I just arose from my rest
and have a headache to greet me here.
I hope the sun is shining on you
and you feel all the love and
warmth I'm sending,
with hugs and kisses always
and remember I'm right beside
you holding you so close
hand in hand because I love you
deeply more than anything.
I'll take care of this head ache
in short order now then
write you lots of poems my dear,
thank you always for your kind
loving understanding of all I
go through over here,
it means everything sweet Angel
of my wonderful hopes and dreams.
Talk soon after this headache
has cleared and feel
all my loving warmth surround you there.
I love you tons and wish
I were holding you while I lay down.

Michael P. McParland

I Want And Need You 2

I want to have you here in my arms
to love and enjoy every day together
throughout our lives for the rest of time.
Being with you was always so much fun
no matter what we were doing one on one.
I want to have our conversations again
where we learned and laughed getting lost
in time and subjects with each other.
I want you in my life because I love you
and you make my heart glow and feel so proud.

I need you because you make me feel complete,
though you may not understand and it may not
make sense you make me feel like a man who's strong
and handsome that matters and is wanted.
You help keep me going and help give me a companion to
fight along with in this world so I am not alone.
I want and need you because I so deeply love you and want
to show you all your worth and that you're a Queen.
I need you because we deserve and need each other as
true lovers whose hearts are kind and sensitive and compliment each other.

I want you because you're beautiful in every way there is,
I know you don't feel you are at times and I
want to show you how you are and help you
realize you're just as beautiful and more so than the rest.
I need you because you bring peace into my life
where without you there is none.
I've faced many mental breakdowns without you here at times,
you are my rock and I don't feel weak when you are by my side.
I need you on days like today where I'm still so
very tired but my body fights the sleep.
With you right here rubbing my face and head you resting
upon my chest I could sleep for so long finally being refreshed.
I need you and I want you because you give me life.
I love you Kira you are the crown jewel of my heart,
my Angel Queen I want you for eternity a diamond in the rough.

Michael P. McParland

Morning Note 27

A new week ahead
of us my darling one
and may it bring us closer
together perhaps finding our way.
Finally holding each
other in complete bliss
and fulfilled happiness,
being with the one we love
the aching and longing
within us finally cured.
As we just look into
each others eyes gazing
into our souls hiding nothing
finally sharing it all.
No longer need or want for our
defenses as we are ready to give
of ourselves in full.

Have a wonderful day my sweet lady
full of sunshine anhd warmth,
feel my loving peace and strength
surround you and wrap you up in its blanket,
hand in hand forever in my arms never
worrying or feeling alone again
my dear Angel always know I'm
praying for you and love you
with all of my being.
You are my Queen and a blessing,
soon enough I am going to hold and kiss you,
for eternity we'll be together
having built our own corner of heaven,
where only our family and most trusted friends
will ever be let in.
For eternity in true love our
paradise of true love we'll build together.

Michael P. McParland

No Need For Words

When we see each other there
will be no need for words as our spirits
will say it all when we look at each other.
When we lock eyes we will know that
it is time and our fate is sealed forever,
as we reach out and grab each others hands
silently saying without a word I've missed
you so much and I love you purely with all my heart.
I will be yours forever my sweet one.
No words needed between us as we share that
long awaited kiss of deep love and need between us.

There will be no need for words because the
bond we share says it all our spirits and
hearts speaking volumes to each other as we lock eyes
and smile knowing that we are with our soul mates and Angel,
no need to worry or think about further searching.
No words needed because our hearts and souls are as one
reaching out and singing to each other beating with one another.

As we silently touch hands pulling in each other smiling
there will be no doubt that what we feel and where we
are is truly right and for eternity what we need and want.
Then the greatest purest kiss in history shared between us
our souls fully commiting to one another.
Then pulling back without one word into each others eyes we
look and say I love you my darling and sweet Angel.
I want to marry you and in your arms spend eternity.
We need no words because our souls have always been as one
so deeply, purely, divinely connected.
A union blessed by God in heaven.

Michael P. McParland

Night Note 53

Lightly resting on this
night and as I'm up for
a few minutes I wanted to
wrap you in my arms for a
great big kiss.
Feel me right beside you
hand in hand smiling at you my only one,
my arms wrapped around and
pulling you in for a tight
loving squeeze as I whisper
in your ear you're a peach
my dear a treasured cherished jewel
you're the greatest woman
by God sent to earth,
thank you for the love you
show and give to me
I will spend my life repaying you.
I feel pure love down to my core,
you are the only one I'll ever
want and I love you with
all my heart, mind, and total soul.

Goodnight again with a giant kiss,
feel me smiling ang giving you
my all encompassing look of love,
I'm embracing you so very tight
I love you Kira you're the greatest
Angel whos love any man could ever
hope to have and want.
The greatest woman in heaven and on earth,
my best friend and soul mate I truly trust.

ILYF and ever KP

Michael P. McParland

To Just Rest

To just be able to rest my head upon
your shoulder while you rub my face and head
would be the perfect way to relax and decompress,
to just tell you that I love you
as we drift away to sleep with a kiss
as I lay my head back down upon your shoulder
feeling safe and secure at home.

To just rest my head upon your soft breasts
as we close our eyes and talk about everything
we've ever wanted and needed would be a dream
come true and a deep need finally fulfilled,
just talking as you rub my face and head as we talk
resting my head at home upon your soft breasts
the most beautiful way to relax and open up
to the only woman I'll ever love.

To just rest my head on the pillow next to yours
while I look into to your eyes, caress your cheeck,
and stroke your hair is such a beautiful dream
I want and need fulfilled you rubbing my face and head
releaseing all the longing and aching we've felt within.
I love you darling and to just lay in bed and share these
moments with you is all I want and need to be fulfilled.

Michael P. McParland

The Greatest 3

You are the greatest of all time,
the most beautiful woman I've ever known.
You simply just blow me away and all I can say is
I love you,
I love you,
I love you,
I love you,
you're the greatest sweet lady
you are my angel and I so deeply admire you.

Michael P. McParland

Goodnight Sweet Lady 2

Goodnight sweet lady the true love of my life
with a great big hug and kiss I seal this
weekend and long day of aching need and want.
I slide right in bed next to you and pull
you in to hold you close the whole night through,
tell you everything is alright because I'm right
by your side forever and never leaving my Angel true.

I'm sending you all my deep and caring wholesome
warmth and love with these massive hugs and
a million and one kisses just for you to give
you peace and strength and to help you keep the faith,
you deserve the reassurance and I want to give you
all the peace of mind and soul you need.

I'll see you in the land of dreams where we'll
just walk along the path hand in hand among
the moon and stars being enchanted by each other
and the amazing show that they provide.
Kissing and holding each other as we go along as well,
I'll see you in the land of dreams so grand
to spend time with my Angel Queen.

Goodnight sweet lady I love and miss you so very much,
I thank you endlessly for all the ways you've
helped me and what you've given me in many ways.
I'll try so hard to write you much tonight while I'm
between resting points,
I wish to honor you always my sweet Angel dove.
Goodnight sweet lady and the most wonderful of dreams,
I can't wait to hold you in my arms through every night
for all eternity.

Michael P. McParland

Sweet Lady 4

My sweet lady how I miss you very much,
when I turn on my computer and see your
smiling face I let out a little sigh and
moan saying hello Kira, I love and miss you so.
I hope to see you soon my Angel you are my everything.

Sweet lady you have truly helped me lately
in ways right now so far away I don't think you truly know.
With all the loving kindness and peace you've sent
you've helped me sleep and eat,
something I haven't been able to do in so very long.
I apoologize if I've been absent so very much but
your loving heart and spirit have helped me relax at last
and I thank you so very deeply for that.

Sweet lady you have given my path a bright light
to lead me on as you are my northern star,
you are the love of my life and the woman I've always sought.
You are my Angel Queen and I thank you deeply for everything,
I love you so very much and with you want to spend eternity.

Michael P. McParland

Peace In You

I find endless deep peace in you my Angel true,
when I look into your eyes I see pure love
so very wholesome and true which makes my heart
melt in admiration and awe of my lady so beautiful,
my best friend, and my wonderful hero too.

I find peace in your presence as you speak to
me in a soft. kind, caring, and loving voice.
You speak to me as a man and it makes me feel good,
even now just thinking of it all I almost come to tears
not of sadness but pure peaceful joy.
You are everything comforting I need and want.

One day soon I will find peace in your arms
and get lost for eternity holding hands as we come together,
you provide me faith and peace of mind that had
long ago been lost and departed.
You brought back the gift of true love into my life
and gave me peace my cherished Angel and Queen.

I find peace in the blessing you are and the knowledge
Gods given me that you are a gift on this earth
and a gift he brought into my life,
you are such a beautiful woman sweet Kira and I
will give you everything I am and I have.
I love you so deeply and admire you so,
you give me peace in the deepest of ways.

Michael P. McParland

Evening Note 24

Good evening dear darling
I hope you got some good rest at last,
feeling refreshed and lighter
of spirit and heart.
I just awaoke sweet one
not three minutes ago
and wanted to tell you
I love you before I get
moving around.
I hope your Sunday went well
and you felt all of
my loving warmth,
I love and miss you so much
my Angel and Queen I treasure so much.
I will now get up and try
to clear the cobwebs from my head
and soon I will
write more for you sweet lady
of heaven to earth.
I treasure you so greatly and
long to hold you forever,
please hurry back so I can kiss you
and tell you all of my secrets.

ILYF and ever KP

Michael P. McParland

Love Note 107

Oh my sweet lady how
are you on this late afternoon?
I hope you are resting as
I am finally doing.
You need the sleep just
as much as I my Angel Queen.
I'm sending all on my love
and warmth to help
comfort you and fill you
with peace and strength my dear love.
Feel me right there holding
your sweet hand and giving
you a tight squeeze of pure love,
you are not alone and you
never will be.
Just close your eyes and see
me smiling and the look
of love I always give you
sweet lady of my greatest
and brightest hopes and dreams.
Just lie down your
head and feel my arms around
you and get some rest,
I'm sending you kisses to
give you loving peace.
How I miss you so much.
Let us both rest and later
many poems for you from my soul.
I love you sweet lady
you're truly the best.

Michael P. McParland

You're Wonderful

You're so very wonderful and beautiful,
I want you to know how deeply I truly love you.
I want to hold you and heal our aching hearts,
have you rest your head upon my chest
while we drift off on this quiet Sunday and get some rest.

You're truly wonderful and I love you very much,
You're so very beautiful and I want to marry you
and spend our entire lives.
You are my everything and I send
my heart and loving warmth to you.
I love you so very much my
sweet sweet Kira and you are wonderful.

Michael P. McParland

Longing Need

I hurt so very much today with
longing need to have you in my arms.
I feel so empty today and I'm
throbbing so very deep inside.
I'm longing and I need you deeply on this day.
I love you so very much and want you in my arms.

Michael P. McParland

Missing

I'm so painfully missing you and
all the fun things we shared both big and small.
The conversations we shared laughing all the while,
making you laugh was always one of the greatest
things that I could do and always tried because
I love you and you being happy is a splendor.
Your smiling and laughing fills me up wtith joy.

I'm missing all the things we shared,
plans for the future and that we were on the verge
of really breaking through when things went so wrong
and it makes me want to cry because I miss you
so much my heart just twists around in need to
hear your voice and read your words.
I'm missing you so bad and it makes me tired and want to go to bed.
Without you here I feel lifeless and all around
me is just dreary gray.
I miss you my darling Angel and I can't wait for
you to come back here and stay.

I'm missing your sweet spirit and loving heart I can
feel so very strong even from the distance that seperates us now.
Your spirit and kindness are so very strong,
you truly are one of Gods brightest Angels and a blessing
that is needed here on earth and in my life.
I love and miss you my only one and it's painful
feeling incomplete without you in my life.

Michael P. McParland

Feel No Despair

Feel no despair sweet lady I'm
just very tired and catching up
on some very needed sleep.
I'm not mad at you in any way,
though I do feel sad because I wish you were here.
Please come back soon so I can
hold you close and reveal to you my heart and soul.

Feel no despair for I'm right here,
I just wish you were here to lay with me
as I try to get more sleep and be
totally recharged for thee.
I feel no anger though I do feel sad,
sad because I ache so deeply for you to be here.
If you're worried just extend your hand
and let me hold it to give you peace
and be filled with love.
I need your strength too so let's give
each other that which we both need.
I love you darling deeply as you do me.

Michael P. McParland

My Heart Beats (For You)

My heart beats for you my darling one,
you fill it with such brilliant light
and it amazes me just how beautiful and great you are.
My heart beats for you and they will forever beat as one.
Can you feel my heart beating just for you over there?
Can you feel all the loving admiration my heart feels?
Do you know my only one that my heart beats just for you?

You truly are a magical Angel of wonder to me,
a Queen I treasure and am in awe of in every way.
Just thinking of you my knees begin to shake and I tingle,
my heart beats for you because you are such a beautiful
amazing woman that I feel a love so true and pure for.
My heart beats for you a diamond in the rough my only lover.

My heart beats for you and desires only your arms around me,
to have another woman embrace me outside of frienship
would fill me with shame and be a betrayal to the love we carry.
My heart beats for you and you're the one it truly treasures,
I cherish you and my heart beats because I'm proud of you.

My heart beats for you and is yours and yours alone,
it won't and can't ever love another and I have no desire
to try and give myself or heart to another woman.
I feel guilty and horrible even looking at other women.
My heart beats for you and you alone because I love you more
than anyone can ever know.
You are the reason it goes on and it is yours forevermore my only one.

Michael P. McParland

Morning Note 26

Good Sunday morning my
true love and only one,
up right now for just a few
minutes and wanted to
wish you a wonderful day,
ande thank you for
the wonderful peace and
love you send me.
I give you the biggest kiss
in gratitude and true love
for my Angels gifts that never end,
I could cry for the great
love and things you give to me.

A while longer to rest
on this Sunday morning but
needed to thank my sweet lady,
the greatest to ever live and
oh so beautiful you make me
smile and help calm me as I rest my head.
Feel my smile and look of love,
feel me right there by your side,
my hand in yours my arms squeezeing you
into a tight embrace of epic love.
I'm right there with you every day.
A bit more rest sweet lady and Angel Queen,
I'll be dreaming of you to
help keep me strong and spirit going on.
I love you truly and thank you endlessly,
there is so much I need to tell you
when you're here and will give myself
to you in every way.
I am yours for all eterninty.

ILYF KP to no end forevermore.

Michael P. McParland

My Love 4

My love is so sweet and so strong,
she is so beautiful not one thing wrong.
The most loving heart and spirit,
the most beautiful smile and eyes glowing bright.
My love who holds my heart, spirit, and essence,
we share a bond so strong it will last forever.
My love is my Queen and my Angel,
she is my best friend and for all eternity I'll love her,
she is the greatest woman of all time.

Michael P. McParland

Night Note 52

Laying here restless
yet still quite tired
my eyes heavy wanting sleep,
thinking of you though helps
keep me calm and feel deeply safe.
You are my protector and
guardian Angel sweet lady
of my greatest hopes and dreams.
I just want you to know
I love you deeply and
that you bring soothing
calm and peace to me.
That I thank you sincerely
for all the love you give
and wonderful things you do,
oh sweet Kira my only one
how I deeply truly love you.

Feel my spirit right beside you
holding hands and pulling you in
for a tight squeeze to say how
much I love and care,
thanking you once again for all you do.
I look forward and can't wait
until the days we'll lay in bed and
just hold each other talking
sharing everything we want and need.
I so love you my Queen and Angel
you are the most beautiful woman
I've ever known.

Michael P. McParland

Your Strength (Snuggling)

On this night as I lay here drifting lightly
in and out of sleep I dream of you the entire time
and long so much to snuggle and nuzzle burying
my face inside your shoulder hiding from the world
and to just feel closer to my lover feeling peace from you.
I'm still feeling scared from the things I told you
about the other day that I'm even sleeping with
my bedroom light on through the night,
and you know nothing in general ever gives me such a fright.
I want and need your strength to help me feel at peace
in a million different ways.
I crave to have you in my arms snuggling and kissing
all night and through the day.

I just want to snuggle with my only one and cure
both our lonely, aching longing hearts.
To feel you here beside me is the only thing I want.
Look into each others eyes as fist I hide my face
within your shoulder until I feel so safe,
then look into your eyes and say thank you babe
for all your comforting peace,
you truly are an Angel of light that can never be replaced.
Then as I stroke your hair and with a kiss as you lay your
head upon my chest we close our eyes smiling and
get some peaceful sleep finally knowing true rest.
I love you darling and your strength is the greatest thing there is
and I want to snuggle with you every night and day
in this life and through eternity,
you are my Angel Queen and everything.

Michael P. McParland

Big Hug And Kiss

As I lie down now to get a little bit of rest
I send you this great big hug and kiss,
a needed comfort for both of us.
To show you my deep love and care to give reassurance,
to fill you with all my love and warmth as I
whisper in your ear I love you Kira my sweet dear,
you are my Angel and I want to marry you.
Spend eternity in your arms giving you
everything that I have and I am,
you are the only woman I'll ever love.

As I lay down for this little rest
I wrap my arms around you for this big hug
and plant my lips on yours for a deep passionate kiss.
Then pull back looking in your gorgeous angelic eyes,
smile and say I love you deeply my only one
and forevermore I'm stiking by your side.

Michael P. McParland

Prayer Of Thanks

Dear God I come before you now
to ask these things for my love
and for me as well.
To help her know ho much she means to me.

Dear God help her to know how truly
thankful I am to her because I
know and feel all the calming love she sends.
Help her know that I am thankful beyond words
and that she is my Angel and a blessing from you.

Dear God please help her to know the deep
everlating love I feel and it's truth
that will never end or die.
Dear God help her to know that she is the one
I want to be with forever hand in hand,
help her to know I wish to be with her
through eternity forevermore.

Dear God always help her to know she's not alone
and help her to feel me by her side hand in hand
everyday holding her giving her all my strength,
peace, and never ending love.
Help her to know I'm always here and my heart
is hers because I love her as deeply as the universe.

Dear God again please take away all the pains
she suffers as she deseves better in every way.
She's the sweetest most beautiful woman and
I offer to carry all those heavy burdens so
she can be free of the maldies and be free from
sickness and all the pains through her days.
She's the most beautiful woman and deserves so much better.

Dear God please help her feel me there with her tonight
stroking her hair and feeling of all my love,
so she will be at peace knowing I want to be her
man and husband as long as we both exist.
Help to fill her up with all my warmth

and loving strength.

Dear God I thank thee so very much for bringing her
into my life as the greatest blessing.
Help her to know how thankful to her I am
for all the loving, kind caring peace she gives me.
Help her to know I'll always love her and she's my Queen
and I adore her more than anything both on earth and heaven.
Thank you God for this beautiful woman,
help her to know I so deeply love her.

Amen.

Michael P. McParland

Take My Hand 7

Take my hand and give
each other comfort on this difficult night.
Fill each other with peace and
love we both so badly need.
Take my hand just to let each other
know we're there,
giving the peace and comfort
in the love we share.

I know you love me just
as much and just as deeply as I love you.
Take my hand and share the comfort
through the bond we both share.

Michael P. McParland

Goodnight Sweet Angel 2

Goodnight my sweet Angel come take my hand
at let us slip under the sheets and go to bed,
I give you this deep passionate kiss of pure love to end the night.
Then wrap you up in my arms saying I love you darling
and we'll cuddle the entire night.

I'm sending you all my love and warmth with
the biggest ever of hugs and millions of kisses
to fill you up with comforting peace and strength,
whispering in your ear that it's all alright
because I love you deeply and will never leave you in any way,
you're not alone right now and you never will be my Angel Queen.

Goodnight my sweet sweet Kira Angel from up above,
I'll see you in the land of dreams where I just
want to hold you and feel your heart beating next to mine.
Talk to you the whole night through hearing your
voice which I've so longed to have soothe my soul,
please rub my face and head to calm me too.
I'll see you there my only one.

Goodnight sweet Angel I'll write as much for you
as I can this whole night through so you'll know
I care and am thinking of you praying too.
I love and miss you in the biggest ways,
I will ache until the day we're finally back in each others arms.
I will never again hurt or let you go because I
want to spend eternity with my only one.
You are my everything and my Angel Queen,
Kira you are the sweetest most beautiful woman on this earth.

Michael P. McParland

Night Note 51

Laying here resting my darling one
and dreaming of you
the entire time,
I long so very much to have you
here and my heart won't stop
aching to have you in my arms,
so I look at your picture to
help and say I love you darling.
Can you feel the loving warmth I'm sending?
Can you feel my hand in yours
with the millions of kisses
that I am sending?
I miss you so very bad and
want to lay here holding you,
that would make all things right
because my heart calls for you
and pleads with you to come back.

I'll soon send you my goodnight
wishes but I wanted to tell you
just how deeply I love and long for you,
please come hold me close to you
and help us both to not
feel alone and have peace all around.
My home is in your arms and
right now I feel homeless
and completely lost.
I love you darling oh so much.
I'm sending you all my prayers
and love I hope that they
are helping comfort you.
I need to know that you're
alright my Angel held so high.
I love you deeply and I ache for you,
you are the cure for all that makes me blue.

Michael P. McParland

Love Note 106

Oh my sweet sweet darling
thoughts of you are dancing
in my mind as I long for
you to be within my arms.
You are so beautiful and
very special to me in every way.
I'm sending you all my
love and warmth for you
to wrap up in like a big
blanket and be filled with
peace, comfort, and tons of strength.
Feel me right beside you
hand in hand my arms wrapped
around pulling you in for
a tight squeeze saying
I love you babe you're my everything,
you make my heart sing the greatest
love songs ever known because
I love you more and more
with every passing day.

I'm still so very tired and
need a little rest,
I wish that you were here to join me
and be in your loving arms.
I fear you are upset with me
and that scares me quite a bit,
I just need and want your
loving warmth to fill me up.
I long and strive to make you proud
and feel happy all the time.
Your happiness means everything to me.
As I close my eyes for a tiny rest
I wish that you were here with
me to hold each other close,
I so need to feel you next to me
in the greatest way.
You fill me up with peace and
strength completeing who I am,

I love you dearly my sweet Angel
and I can't wait to have you here.

Michael P. McParland

Longing Ache

I'm longing and aching so very bad for you tonight.
My heart throbs with need to have you in my arms,
I just want to lay down and cry feeling so
very lonely without my Angel here.
I'm aching so very bad tonight longing to
feel your touch and kiss you while in your arms.

This aching is only growing stronger as time goes on,
I'm longing to just lie in bed and look into your eyes.
You are such a precious soul and beautiful
woman I admire through and through.
I ache so bad to have you here within my arms.

I love you deeply my sweet darling and
this longing ache grows stronger by the second.
I just want to lie in bed and cry my eyes out
because I miss you deeply and want you in my arms forevermore.
I love you Kira I want and need you oh so deeply,
my heart forever will long and ache until
you are right here by me.

Michael P. McParland

The Way You Are

I love you just the way you are.
You are a beautiful and wonderful woman right now
no need to change and become something
different that would be a tragedy and it
would break my heart to ever see you
not be the woman that you are because
I fell in love with the woman I see
and know just as you are.

I love you for the way you are a kind
loving spirit with a heart of gold,
a beautiful Angel whom I love with
all my heart and soul,
a blessing from God I so adore I
love you just the way you are.

When you smile and look at me with those
pure eyes sparkling I'm filled with joy
and happiness so profound all I see
is true beauty when you're around.
I love you just for you and the way you are.
You're my best friend and hero too.
What more could I want than to be with you?

You are a miracle and wonder in my eyes,
I feel a connection deep and profound within our souls.
I know and feel the great love you hold and
loving caring person you truly are.
I love you my darling one for who you are
and want to spend eternity with you my dear.

Michael P. McParland

Evening Note 23

Very early evening dear one
and I'm reaching out my hand
just for you to grab and
let you know I'm thinking of you
and love you ever so deeply too.
You are the apple of my eye
and a bright shining diamond
in the rough I truly treasure
and cherish my dear.
I hope your day has gone well
and you've felt me by your side there,
holding hands and holding you near.
You'll never ever be alone I swear,
I am dedicated to you and watching
out for all that is there because
I so deeply care.

I miss you deeply my darling
and wish you were here to hold
and share this beautiful Saturday with,
feel all my love and warmth
as I send it your way.
With great big hugs and a million and one
kisses to cover you up filling you
with great peace and strength.
Have a good evening and I'll be
with you there,
I'll be writing you more poetry
too as the night goes along.
I love you sweet lady and miss you so much,
feel these kisses in passion I send
so you'll know just how much I care
and feel in depth.

Michael P. McParland

Tired Lazy Saturday

Still struck by epic tiredness on a lazy
Saturday afternoon and the dream way to spend it
would just be laying in bed with you
cuddling listening to music, watching movies,
and ordering some food to just spend the
whole day with each other talking and being
right there with one another.
The perfect tired lazy Saturday in my mind
with just you and me.

A tired and lazy Saturday afternoon as this one
I wish I could spend with you in bed
wrapped up in each others arms looking into
each others eyes passing the day away.
Smiling talking just feeling the love surrounding us
as we rest away the lazy tired day without a
single stress to worry about just enjoying
our special bond.

This would be the perfect tired lazy Saturday
to just lay here in your arms.
Continue to catch up on all that sleep while
holding you in perfect peace and comfort deeply felt,
the greatest dreams I have are with you that way spent.
I love the peace you bring and all the love you share with me,
I just plain and simply love you my one and only
Angel of deep beauty.
I look forward to all our future lazy tired weekends together
where we'll just spend them all in each others arms
forgetting all the troubles in the world around us.

Michael P. McParland

Days (Without You)

Days without you are ever so lifeless
and dull without color and very bland.
Your beauty and sweet spirit are what
bring them to life making them so happy and wonderful,
you make everything pop out in bright contrast
giving everything brilliant texture and joy.

These days without you are the hardest ones
where I just want to stay in bed and sleep,
passing the time away till I can see you again
celebrating our bond and the deep love that we have.
Days without you are quite sad and so boring,
your beauty livens things up and gives my life
color and reason,
for you are my Queen and I
feel deep passion for you my Angel so wonderful.

I can't wait for these lonely days to end,
then the happiest days with you will begin.
No end of pure joy and love in sight,
all days and time with fulfillment seeing your smile.
All time with my lady so beautiful and my
best friend always and forever.
What more could I ask than to spend eternity with you?
I love you so deeply with all of my heart
and my soul for you are the greatest
most beautiful woman of all time.

Michael P. McParland

Love Note 105

Good afternoon my sweet lady
how has your day been so far?
I just got up not five minutes ago,
thank you always for your
patient understanding of everything my one.
A quick hello for this moment
as I get up to get moving
around sweet one so dear.
I love you immensely and
I hope your day is great.
I miss you very much and wish
that you were here,
help chase away the nightmares
and all the boredom that I feel.
The days are dull and gray
without you in them in every way.

We'll talk soon my sweet lady
of hope and light,
I'll keep on doing my best for you
because I love you with all my
very soul and heart and you
are the greatest woman in heaven and on this earth.

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Michael P. McParland

Calm And Peace

Thank you my darling for the
calm and peace you bring to me.
All the love and care you give and send
has helped calmed me so I can sleep
and has helped me keep my temper
from going off a few times lately
on other people and things.
You would be so proud at how I've kept
my anger from getting the best of me.
I thank you too though for the calm and peace you send
and the caring love you endlessly give.
You are an Angel of the greatest kind I can attest.

Kira you give me abunbdant calm and peace
and I hope and pray I've made you proud
in endless ways for how I have improved and handled myself.
Thinking of you has helped me through with all
the love and kindness you have sent
I thank you dear for the beautiful woman
that you are and how you have stuck by my side.
You fill me up with calm and peace and I thank you endlessly.

You give me such calm and peace
I cannot thank you enough my Angel Queen.
I so deeply apologize for how I failed you in the past
and I deeply ask for your forgiveness
in the ways I still fall short.
I hope and pray that I can attone and make them up.
You are the greatest blessing I could have.

You have given me such calm and peace to
be here in bed at rest and I ask thee still to
reach out and hold my hand to get further more.
It is still so deeply needed and your further strength
will help keep the remaining anger at bay.
You are an inspiration and true hero to me.
Thank you once again for your calming peace
I love you darling in countless ways.
You are the greatest lady on this earth and I thank

God for you every day in every single way.

Michael P. McParland

My Sweet Lady 2

My sweet lady oh so very beautiful and fair
how I long to have you here in my arms tonight
as I lay here in a restless sleep so lonely without
you in my arms to look at and smile saying I love you
my darling one and cherish you to no end.
Then with a kiss you would rest your head upon my chest
and I would read and sing to you as we fell asleep.
I so long for you my sweet fair Angel from above.

My sweet lady whom I so adore I wish you were here
to snuggle and I could tell you how much I adore the
wonderful heavenly person you truly are,
to celebrate my Queen while holding and kissing you
after every poem I read and song I sing to you my one.
I would only ever sing for you and hope you'd want
and like me too.
These are the beautiful things I dream of doing for you
my sweet lady of so rare and truly fair.
I treasure and cherish you in the greatest ways.

Kira my sweet lady and most beautiful Angel high above the rest,
I would give everything to have you here cuddling in bed.
I might end up crying when you are finally here,
not in any sorrow but from cheer and
relief that you are in my arms here to stay forevermore.
I'll tell you everything and how I've missed your bright soul,
your loving heart and sweet voice that perks me up.

My sweet lady you are all my greatest dreams and hopes.
I love you deeply and am holding you in spirit,
I so wish you were here though to pull in tighter
so I could whisper in your ear that you are the greatest
and for eternity I will be here at your service.
That I truly love you with all my very heart and spirit
and can feel the love you have for me and thank you.

Michael P. McParland

Come Snuggle Under The Covers

As I drift in and out of a restless sleep
come sweet sweet lady and snuggle with me under the covers.
Let me bury my face in your shoulder and
just hide from everything and everyone but you,
for a good while feeling protected and
so deeply loved in your arms.
Where I'll no longer feel alone and
be at peace in my sweet ladys warm embrace
of pure love with a kiss to make it alright.

Come snuggle with me under the covers
and tell me everything is alright,
rubbing my face and my head while I look into your eyes
say I love you Kira you are my Angel and protector,
please just lay here and we'll hold each other forever,
you make me feel safe warm and like someone special,
and I want to do the same showing you how wonderful you are
and give you all the best as you truly deserve.

Come snuggle and nuzzle with me under the covers
where we can feel safe and kiss over and over escaping
into our own world talking, laughing, crying, and making love
with the rest of the world left behind and forgotten.
Where it's just you and me and nothing else matters.
I love you my Queen and Angel and I need you here so very bad,
you are the woman I love and the true love I've always wanted,
come join me and we'll forever snuggle under the covers.

Michael P. McParland

Night Note 50

Laying here sweet lady
and mostly asleep,
once again I wanted to
say I love you sweet lady
and I'll be dreaming of you
holding you close and
stroking your beautiful hair,
kissing you deeply at points
as the night goes along
to keep us warm and feel
safe and full of strength.
I love you my darling and will
be dreaming of you and
sending all of my loving
warmth to surround you.
Truly feel in your heart and
soul all the love that I feel.
I love you my darling and I
truly deeply need you here.

Michael P. McParland

Sleep Well My Darling One

Goodnight and sleep well my darling one.
As I slip into bed beside you I wrap my
arms around and give you a giant kiss
to seal the day with this symbol of love
I desire so deeply to begin and end each day
with you sweet Angel I dearly miss.
Rest your head on my chest and let's sleep
peacefully feeling our hearts come together
beating as one.

I'll see you in the land of dreams where tonight
we'll lay on a blanket under the stars on a cool
and comfortable spring night.
Wrapped in a blanket in each others arms,
soothed by each other and the rushing river not far off.
Feeling warm, cozy, and full of peaceful comfort
in each others enveloping warmth and loving arms.
Soon a reality I know it my Queen so deeply loved.

Goodnight and sleep well Kira my darling one,
endless kisses and hugs with all of my loving warmth
I send to you so you'll feel peaceful and safe knowing
I'm right beside you holding you close.
Feel me smiling and watching over you always my one.
I love you deeply and will remain yours forever,
eternity is ours my sweet Angel and lover.

Michael P. McParland

Night Note 49

Oh my darling one
laying here in bed restlessly
sleeping lightly
and feeling lonely without you here.
How are you doing my love.
are you okay?
How are you feeling in whole?
I hope you're not in pain
and know you're not alone because
I am with you there always,
by your side hand in hand.
A great big kiss to you my
love to make you happy and give
you peace and strength from your man.
I'm sending you all of my loving
warmth to help you know I'm
never leaving you,
you'll never be abandoned left
in the cold.
You are my universe and everything,
and you know I'm not crazy
like so many out there think.
You care for me deeply as I do you.

I'll be sending you my goodnight wishes soon
and write for you through
the night as I go along,
you keep me going my sweet Angel dove.
Still I want to sleep some more
to keep dreaming of you,
be holding you laying on a blanket
under our majestic tree by the
beautiful river in our field of flowers.
Thank you for never treating me
like I'm crazy and batty,
just one of the many reasons I
so deeply love thee.
I'm sending you all of my love
with a billion and one kisses every hour,

I'm thinking and praying for you
my sweet darling.
I'm here for you always please take my hand,
I can't wait to be with you
forever because for us two there is never an end.
I love you sweet darling my Angel so fair.

Michael P. McParland

Evening Note 22

Here in the early evening
I'm laying in bed drifting
in and out of sleep I want and need.
I'm sending my heart with all
my warmth and love to you.
We're both longing and aching
so very much and I want
you to feel my heart
and spirit with you to fill
you with peace and strength,
feel me there holding you
so tight and close
kissing you in pure love,
holding hands to feel
the strong bond we share.
I love and miss you so very much
and I'm going to go meet
you in the land of dreams right now.

I promise to write you so much
more when my mind will fully allow.
Remember that I love you very
deeply and that our time will come
and I'll hold you for eternity.
You are my Angel, my only Queen,
my heart, my soul, and my essence are
yours forevermore.
You are the only woman I adore,
a blessing sent from God above.

Michael P. McParland

Love Note 104

As I'm up for just
a bit between rests
I wanted to drop in and
check in on you my
sweet Angel Queen,
tell you again that I'm
with you always holding
you ever so close to me,
hand in hand I pull you in
for a tight squeeze,
a billion kisses I send to thee.
Wrap up in all my
loving warmth and be filled
with peace in what it holds.
I'll be writing you more
as I can through this day and night,
because I love you so much
and want to show it constantly
in every way that I can.
You're my soul mate and best friend
and I will fight for you to no end.

Michael P. McParland

It Doesn't Get Easier

It doesn't get easier or better over time
the longer you're away,
I found out a long time ago that it only gets harder
and the hole inside me grows the longer we're apart.
It doesn't get easier or better and I only feel
sadder as time passes by without my sweet lady.

It doesn't get easier over time without you my darling,
my heart just yearns and aches more
longing to have you right here in my arms.
The tears only become more as I need you here
feeling your soul right next to mine where
they can literally speak to each other without a spoken word.
It doesn't get a bit easier it in fact just gets more hard.

I send you all of my loving warmth and I can
feel that which you send too but it's not like
having you here and I just crave you more.
It doesn't get easier and I don't feel any better,
I just long and ache for you more and more.
I truly hope you do feel all the love that I hold
and all the love that I send,
I assure you I can feel yours.

I miss you sweet lady and Angel so true,
I'm there with you always holding your hand and you,
but it doesn't get better or any easier over time.
Not having you here just hurts more and more
because I love you with all my heart and soul
and you are my everything and want to be with you so bad.

Michael P. McParland

You Are 2.....

You are the only woman that I'll ever love.
You are the only woman that I see shining before me,
you are the most beautiful woman I've ever known.
That is the pure truth because my heart sings
and dances, my stomach fills with butterflies whenever
I look at you be it your picture or in person.
You are the person I truly most treasure and cherish,
you are the Angel I work so very hard for to give everything.
You are my best friend who I strive to make proud
and you are my soul mate who I love very much.
You are everything I need and want
and I want to make you the happiest woman on earth,
then through eternity the happiest woman there ever is.
I love you sweet lady you are all I see
and I know truly that you are the one for me.

Michael P. McParland

Love Note 103

Laying here resting again
sweet darling of mine.
The last few weeks of
almost no sleep have caught
up with me,
but it's time I can just
lay here dreaming of you,
and send you every bit
of my energy and loving warmth too.
Do you feel it surrounding you
and feel me right there holding your hand,
my arms around you so tight?
I hope you do because I'm
giving you a million and ten
kisses every hour too,
make sure you get them all
because for you to miss one
would be a tragedy to me.
I love you so much and
I want you to know it in full.

I will work dilligently
for you today and I swear it,
rest is still need here
though in this late morning.
I will give you my best
everyday because you are my Angel.
You fill me with light and
I'm so proud that you love me.
Feel the big smiles I'm
giving with all of those hugs and kisses,
let them fill you with warmth
and peace my sweet Angel Queen.
You are my universe and everything,
I love you sweet Kira I can't
wait to hold you right next to me.
You are all my only sweetest dreams.

Michael P. McParland

Feel At Peace

Feel at peace dear one and please
don't be sad and cry.
Come let me wrap you in my arms
and I will dry your lonely aching tears.
I can feel them from there all the way to here,
it hurts my heart to see you crying feeling
sad and all alone.
Come take my hand so I can hold you close
and dry your tears then lightly kiss your eyes
and lips to give you peace and strength filled
by my loving warmtrh.

Please feel at peace my darling one and feel
my arms wrapped around you now.
If you need just bury your face in my chest and cry
as long as you will need for I'm not leaving and
want to comfort you in every way.
When you've finished I will dry your eyes then
lightly kiss them to heal all that's there,
then a kiss upon your lips saying I love you
my precious Angel and you are my everything.
You're not alone and as long as I exist you never will be,
you are my Queen and lady I'll be here for you
every second of every day,
feel these million kisses to make things better
please feel at peace my sweet lady oh so dear.

Feel at peace and feel my strength,
I'm right there holding you and by your side
the whole way through dedicated to my only love.
I cry right along for I feel your pain,
cry on my shoulder and on my chest as long as you
need and want for I'll still be here to dry your tears.
Please feel at peace though knowing that I am here
and truly love you every day more and more.
If you need me please reach out and tell me
because I'll drop everything and everybody
for my sweet Angel I love so dearly.
Please be filled with peace my one and only

because I love you sincerely with all my heart,
soul, and being, I'm here for you through eternity.

Michael P. McParland

Waking Thoughts

As I arise Mozart still playing to ease and soothe
my headache happy wakeful thoughts turn to my love.
Remember sweet lady how I adore classical music
and it makes me happy too even though I have a sad poem about it.
You'll remember how Mozart, Chopin, and classical
all around is a deep love and passion of mine.
So as I arise this morning my headache mostly gone
my loving morning thoughts turn to you sweet one.

My wakeful thoughts turn to you so my day will be
bright and the skies the proper happy blue they
should always be for thoughts of you chase the sad blues away,
wakeful thoughts of you help the day start right
with a big bright happy smile on my face.

In my waking thoughts I hope that you slept well
and had beautiful dreams as well.
I hope and wonder if you saw me there so I could
hold you close and kiss you tell you how much
I deeply care love and miss you too.
So we can just snuggle on our blanket gazing
at each other smiling lighting up our lives.
I see you all the time and it gives me strength and pride.

Oh my happy waking thoughts are of you smiling and
holding me as bright and breezy Mozart pieces play,
I'm filled with cheer and hope knowing that our days
will soon come and we can just talk and talk sharing
everything being who we are because we love
each other for ourselves.
My waking thoughts are cheery ones of you sweet love
now please smile for me and light the sky.
I love you deeply and oh so truly my bright and heavenly Angel Bride.

Michael P. McParland

Morning Note 25

Good morning sweet lady
another day is here and
as it begins I embrace you
and give you a big kiss to
start it as I want by showing
you my love,
that is how I want to
begin and end each day.
Woke up here with a bit
of a headache and need to
take care of that first.
Then after that write for you
some more my only one.
Thinking of you will
help beat it and get me through,
you always help me beat
my pains, aches, and sicknesses.
You are my Angel and truly great.

Feel me now take your hand
as we begin the day knowing
I'm by your side all the way,
arms wrapped around you squeezeing you tight.
I love you so deeply my darling
come snuggle with me as
I beat this headache.
Feel all my warm wholesome
love surround and warm you,
be filled with the strength
and peace that I send you.
I hope soon that these mornings
will begin physically next to you.
I love you sweet lady and
as soon as I beat this headache
I'll let you know,
you are my Angel, my Queen,
and my greatest hero.

Michael P. McParland

Filled With Peace

Filled with total peace now because of the
warm comforting love that you send,
it gives me strength and light
I thank you greatly with everything that I am,
I'm on the verge of drifting away completely
and I'll give you my thanks in the land of dreams,
hold you tight within my arms and give you a kiss.
Then look deep into your eyes and say
you've filled me with such deep loving peace
and I thank you my darling Angel
I love you so very deeply.
You are my saving grace and I will spend
eternity showing you my grateful heart and spirit
always giving my very best.
I love you sweet darling for you are the greatest.

Michael P. McParland

Goodnight My Only One 5

Goodnight sweet sweet Kira my only one
I'm so very tired come lay down with me
and let's sleep through the night
holding each other so very tight,
with your head on my chest we'll be smiling feeling complete.
I love you sweet lady with every fiber of my being.

Goodnight my only one you have given me such
needed peace for even though those things that
are scaring me keep returning I immediately
think of you and feeling your strength and warm love
I feel safe and protected knowing you're here.
You are my protector and Angel you're my everything.

I'm sending you all of my warmth and my love,
with a million and four kisses an hour with massive hugs.
I'll be writing you poems as I wake randomly through the night,
I will do it always to honor you and express my true love,
you are everything I'll ever want and need,
you are the greatest blessing and my sweet Angel Queen.

I'll meet you in the land of dreams where we'll
lay on a soft blanket under our majestic tree
by the beautiful river in the field of gorgeous flowers,
holding each other and kissing while talking
and bonding in the special way of true lovers.
I'll tell you everything I've needed and wanted to share,
telling you I love you and miss you so much.

Feel me holding you this whole night through
squeezing you tight and holding your hand too.
I'll spend eternity giving and showing my deep
passionate love for you my true love and best friend
I love you so much and for us there will be no end.
Goodnight sweet sweet Kira my only one,
feel me wrap my arms around you as we lay down
in peaceful sleep and feel the warmth of our love.

Michael P. McParland

Night Note 48

Laying in bed drifting
in and out of light sleep
and dreaming of you
my wonderful sweet.
Wanted to check in
for this minute to say
I love you my darling
and wish you were here
resting with me,
holding each other and
randomly kissing,
with a smile and squeeze
then close our eyes again.
Feeling secure and fulfilled
my sweet Angel Darling.

A little more rest before
I get up for a bit
where I'll write you more
poems my sweet lady delight.
I love you so much and
can't wait for you to
be here in my arms.
You are my Angel and I'm
fully charmed.

Michael P. McParland

Rest 2

Come rest with me dear in this early evening,
recharge our batteries so we will have energy
for the night to communicate in full and do
fun things as we want and are needed.
Come and rest with me my sweet darling.

Please come and hold me and give me some peace,
whenever I close my eyes to sleep those things
that bothered me enter my mind and still scare me.
In your arms and your strength provided I can
get the rest that I need and I can write more
beautiful things to show you my loving care
and deep sincere thanks.
Let us rest dear holding each other tight and near.

Let us rest now for a while and just enjoy
the love that we share with each other,
being with you is all that I want
and it's something I deeply need in my soul,
I love you fair lady more than can be told.
Please come rest and let me tell you how deeply
you're loved and missed.

Michael P. McParland

Evening Note 21

Early evening is here
and it's time everyone
begins winding down
from the day they've had
rather it be good or bad.
My day was good as I've
thought of you and written
what I have been able in
full respect and honor
the Angel I will love forever
to no end.
You always brighten my days
sweet lady and I thank you for it.

I so truly hope your
day went well and that you
have enjoyed and been touched
by the poetry I've written for you,
it means everything for
me to please you and make you
smile with warmth and love
I have provided.
All I want is to make you
happy and proud feeling
love between us all around.
To know you are proud makes
me glow and my heart swell
with true joy and fulfilment abound.
I have always wanted your
love and acceptane making you
happy and proud of this average man.

I wish you were here in
this early evening to share
dinner then after cleaning
just lay down and kissing
hold each other.
Just enjoying the love
of two souls so deeply connected.

I am there with you though
so feel my arms around you
and holding your hand,
you'll never be alone again
I swear to you my true Angel Queen.
I love you deeply and so very much
I'll be here always have not a doubt.
You are my lady and only true love
without you sweet lady I can never make it,
you are my guardian Angel and
are everything helping me get through it.
I love you my darling and
I will never stop holding you.

Michael P. McParland

My Heart Longs

My heart longs to have you here,
it aches so very much for you
to be in my arms feeling your heart
beat next to me as they beat right along
becoming as one in true love.

My heart longs for your beautiful soul
to be with me for eternity,
to spend forever serving and giving
to my pure Angel and Queen.
My heart longs to share itself in
every way and in everything sweet lady
of my greatest hopes and dreams.

My heart just longs to look in your eyes,
gazing into them sharing our souls for all time,
my heart will hide nothing because it is yours
and wants you to share everything that is in store.
My heart is calling to you saying you are
my everything please come and take me.
I love you so much you are truly a blessing.

My heart longs for you in true pure passionate love,
to give you everything that I am and I hold.
You are such a delicate kind loving Angel
and I will give you everything you've ever wanted.
I love you so much and my heart is longing in
need of your touch.
It longs to be with you because you are pure love.

Michael P. McParland

Take My Hand 6

Reach out and take my hand sweet dear,
just because I want to feel you near
and feel your warmth and love around me.
I just want to feel the loving peace
that we share because you are my Angel
and I love you so very much sweet dear.

Just reach out and take my hand so I can
plant a deep passionate kiss on your beautiful
lucious lips that entice me so much.
Even just a kiss from you ignites the tingling
so very deep and pure,
all the things I long to share with you.
Take my hand sweet love and just let me feel you near.

Take my hand sweet love and smile at me,
let me see that beaming face and shining eyes
that lift my spirit and take me away.
The beauty of an Angel and my dear wonderful Queen.
Take my hand and lets snuggle forever my sweet dear and best friend.

When you are finally here I will take your hand
look you in your heavenly eyes and pull you in
for that long desired and awaited kiss then just
hold you for hours even days telling you how much
I've missed you and need you here.
I love you my darling and will be with you for eternity,
just reach out and take my hand and feel
each other near filled with true love to never end.

Michael P. McParland

Love Note 102

A somewhat overcast day
here in the Minnesota way
but thoughts of you are making
it bright and warm giving
my soul something wonderful
to hold on to and feel good.
Looking at your picture as well
reminds me that there is true
natural beauty in this world
and my heart is singing
sending messages of love your way.
Oh my dear sweet lady
how I want to hold you near
and kiss you all over telling you
how deeply and truly I love you.

Feel me right there by your side
holding hands and holding you.
I'm sending you all my loving
peace, strength, and warmth with
these million and three kisses
just for thee,
grab everyone and feel the endless
everlasting love they bring.
Close your eyes and see me
smiling at you with the loving look
in my eyes I'll only ever give you.
For you're my sweet, gorgeous,
beautiful Angel Queen.
I love you so much and can't
wait to have you here.

I'm with you always and
will be thinking of you all day,
writing you beautiful poems
all I can for you are the
greatest inspiration there is,
you are everything and pure beauty.
I love you sweet lady and

will be yours for all eternity.

ILYF KP

Michael P. McParland

Thanks To My Darling

I give so many thanks to you my dear darling
for the endless ways you help me and things you do.
Even when you're not present in the physical
in spirit and heart there's still so much you do
that you may or may not know but I swear on
my honor that it's true you still do much it is true.

You are a protector in more ways than you know.
I ran across something the other day and it's bothered me
since but thinking of you chases the fright I feel away.
You know I love horror and strange frightening things,
but this has gotten to me and continued to needle my
deep hidden fears and keeps scaring me.
I feel your spirit though with your deep warming love,
I think of your smile and deep beauty you hold,
then I feel better with peace, strength, and consoled.
Thank you my darling for all that you do.

You help get me through so many pains both physical and mental,
like today I still type and write
for despite my burned and infected finger
for you I find the strength to give everything,
no matter what pain because I know and feel
your strength and how you have overcome
and it inspires me my love.
As in no matter the saddness or pain from my mental
or emotional sways you are there and help pick me up and get along.
I thank you my darling and love you to no end.

You do so much and it will take many more poems
in which to list and to thank you for the loving support you give,
oh my dear Angel as it takes me time know that I
so deeply love, admire, treasure, and cherish you.
I thank you so much my darling for all that you do.
I will love you forever and want to be with you for all time,
come let me hold you and for eternity be mine.

Michael P. McParland

Love Note 101

About out the door
for my doctors appointment
and wanted to tell you
I love and miss you.
I burned my finger quite
badly on Tuesday and it's
getting more painful and
making it hard on typing,
and I can barely use it.

Remember the million kisses
I'm sending each hour and
feel every one.
Starting now each hour
a million and two kisses just for you.
You are an amazing woman
and I so deeply love you.
The most beautiful Angel
and blessing I could ever
have hoped for.
I'll write you as soon as
I get back and I'll let
you know if I feel any better,
share with you the things that I need to.
Take strength and peace and
remember I am with you always
my dear.
I love you and miss you
and know soon I'll be holding you,
you are everything my sweet
Angel Queen.

Michael P. McParland

Your Picture 3

Your picture is now my screen saver
and for when it is locked the first
thing I see is you smiling and it cheers me up,
fills me with hope and light.
You your smile and sparling eyes enchant
and inspire me in the deepest ways.
I love you darling immensely close to bursting.

On the darkest and dreariest days when I'm
feeling really down and sad when my screen saver
pops on and there you are smiling I'm suddenly
filled with cheer and begin smiling too.
You are my true dear Angel and best friend.
I will show you just how much you light up
my life everyday day when we are together.

You my darling truly are the most beautiful woman
on earth to me and I thank you and God for being
so very beautiful inside and out and for you being in my life
and loving me so deeply and freely as you do.
After the doctors I have so many ways to share
with you what you've done recently.

Your picture in this time apart is helping save me
and it's both my screen saver and locked screen.
It helps me feel you even closer and I always feel
all the loving warmth you send me.
Thank you so much my dear beautiful Kira so fair,
I love you deeply and never despair because we will
be together I swear,
eternity is ours my sweet Angel dove.

Michael P. McParland

These Kisses

All these kisses I send to you this morning
for you to be filled with all the love I hold,
I send them all your way to wrap you up in warmth
giving you deep peace, strength, happiness.
Never forget that I love you deeply and so very much.

All these kisses are for you to let you know
and reassure you of my solid dedication to you.
To always reaffirm that I will always be here
and never leave and abandon you.
These kisses are to tell you that I love you
no matter what and will spend eternity with you.

I send you all these kisses just because I want to,
because I like and need to send kisses to my lover,
and I know you need them and like it when I just
send kisses to you my one and only sweet sweet Kira.
A million kisses to you and each hour after I'll be
sending you a million more.
Even while I'm at the doctors this afternoon I'll
be sending you millions of kisses.

I send you all these kisses so you won't feel lonely
and you won't feel sad worrying I've somehow forgotten
about my only love and Angel Queen.
I could never do such an ugly thing.
I love you and I cherish you you're my everything,
feel these million kisses and every hour after a million and one more,
I love you darling forevermore.

Michael P. McParland

Morning Note 24

Good morning dear
and as this day starts I
send a big kiss your way
for a bright loving start.
I miss you deeply my darling one
and my love for you is abundant
let it fill you with its warmth.
May you have the most beautiful
of days filled with sunshine
and flowers feeling me right
there beside you my hand in yours
and holding you close as I
tell you it's alright and your're safe,
I'll be right by your side forever
and I love you so deeply
I want no other ever,
it's just you forever.

I wish I were with
you sweet lady and so I
could just hold you and kiss you.
My mind is still so hazy
and I'm feeling a bit shaky
but you help get me through
everything my dear Angel.
Today just as everyday I will do
my best for you,
I will give it my all in
every way that I can,
I love you sweet lady and
I miss you so much.
I also send you another great
big good morning kiss.

Michael P. McParland

Goodnight Sweet Angel

Goodnight sweet Angel I love you so very much.
I am extremely tired and it is time to turn in,
I'm sending you all my love and warmth with
great big kisses and hugs.
I'll be holding you tight the whole night
in full comfort in peace.
You're the Angel that gets me through everything.

A quick goodnight tonight my sweet Angel
I'm exhausted and can't think.
Just remember I am with you, I love and need you very much.
Feel this great big kiss I send and feel
my arms around you as we snuggle in my warm bed.
I love you darling and I can't wait to just lay here
forever holding you.

ILYF KP

Michael P. McParland

My Sweet Angel

My sweet Angel how I love and miss you very much,
I'm sending you many kisses to comfort you.
You give me kindness, love and care endlessly.
You are a miracle and blessing sweet one in every way to me.

I will give you everything I am and have through my life
because I love you dearly and I want you to be my wife.
You are my sweet Angel and the holder of my very heart.
I love you Kira you're my sweet Angel and I will
always give you my very best.

Michael P. McParland

Love Note 100

Good evening sweet lady
a very long day of rest.
Thank you for all the kind,
loving, caring strength you send.
Still had some nightmares
but made it through.
I hope this day went well
for you.
I hope you felt my love
and warmth and spirit with you,
holding your hand giving kisses too.
I miss you so much my Angel true.

I now must get up and
move around a bit and will
write more later my sweet.
I love you so much ant want you here,
to lay down and hold for
the rest of the night.
I love you sweet lady I'll
always be here.
Come take my hand and
hold me near.

Michael P. McParland

Love Note 99

Good afternoon sweet lady
I hope your day has been
sunny happy and with you smiling too.
I've been up for just for
minutes past now and had
such a bad nightmare and
missed you so much I spent
the first 15 to 20 minutes crying,
wishing you were here to hold
me and make the whole world right.
I'll be laying back down soon
for I am still so very very.

I love you sweet lady
and wanted to tell you that,
and to have a good day
filled with bright cheer
and feel all of my love and warmth surround,
feel me right beside you
hand in hand.
Please send me some much needed peace
and strenght in return.
I love you sweet woman and
will write as much as I can.
You are the gretest and I need
you so very bad.

Michael P. McParland

Evening Note 20

Good evening darling one
I hope you're smiling
and feeling all my endless love.
I've been drifting in
and out of sleep and hoping
dinner will help my body
to begin relaxing and shut
down for a needed bout of sleep.

I wanted to check on you
before I once again attempt
to crash out to peaceful sleep
and say I love you darling and
wish you were here to cuddle
with as I lay here restlessly
so I could feel your love right here
and the beating of you heart next to me.
I miss you deeply and
hope our day is very near.

I love you deeply and am
always with you my sweet lady.
Feel my arms around you and
my hand firmly grasping yours.
Feel all my loving warmth surround.
I will try so hard to get my goodnight
piece up and if I don't I apologize,
it will be because I finally found sleep.
Have a pleasent night and feel the
warmth of my love and arms around you tight.
I give you this kiss before I eat
and hope to finally fall asleep.
I love you babe you truly are
so beautiful and great.

Michael P. McParland

A Kiss To You

This big kiss I send to you
as I lay down for a rest.
A big kiss to say I love you
and wish you were here sweet lady
I so deeply miss.
A great big kiss to give you warmth
and feel all of my love.
A kiss to tell you I love you
and will be dreaming of you
while I sleep for a bit.
A great big kiss to you beacuse
you are my lady and I want to
share this symbol of care.
You are the greatest sweet lady so fair.

Michael P. McParland

Smile For Me 2

I'm about to lay down and rest my weary body and mind,
give me a smile sweet lady to help put me at ease
and give me strength and peace to finally sleep.
You're smile is the light touch to help my
heart be filled with cheer as I close my eyes.
Smile for me and hold my hand.

I'm not feeling sad just worn down from not sleeping,
I just need your loving warmth to wrap me up
with you smiling, holding my hand, and pulling me
in tight to hold and feel comfort with you by me.
Smile and reach out I'll feel the power,
and I so much already do.

Smile for me and be filled with cheer,
your being happy will help me too.
I love you so much and want you here laying with me,
smile my dear and hold on very tight.
I need you sweet lady my Angel of light.

Michael P. McParland

Beautiful Lady

Beautiful lady so gorgeous and sweet,
I can't help but admire her from near or afar.
She is mesmerizing and intoxicating
there's an air of mystery about her.
It's clear she holds such wonderful things,
and she'll only share them with a special
person she truly loves.
I'm proud to say that beautiful lady loves me.

It never failed that whenever I saw her
I stopped dead in my tracks always taken aback
and melted with her beauty,
even thinking of her my heart beats faster
and I smile wishing I could hold and kiss her.
A beautiful lady so wonderful. unique, and unmatched.
I love her so much and can't wait till she's back.

Beautiful lady how I wish I could paint like a master,
create a magnificent portrait as a gift,
or if I were an expert sculptor I would create
a beautiful heavenly statue working tirelessly
to get everything perfect as a testament and labor of love
to capture and celebrate your exquisite beauty.
A reminder to future generations what true beauty is about.

Oh my beautiful sweet lady I love,
you are everything I find perfect and want.
Your beauty in all ways has taken my heart,
you are a true natural wonder,
no need to disturb or tamper with what is perfect already.
I find you amazing and love you deeply,
you are my beautiful lady and it is fulfilling.

Michael P. McParland

How Can I Express? (Praise)

How can I ever express all the gratitude I feel
and praise you for the wonderful woman you truly are?
How can I ever show you in full just how much
you mean to me and adequately show in equal
giving love my abundant gratitude?
You are so truly wonderful my only one.

How can I express my overwhelming joy and love
for the only woman I adore when no words exist that
can ever be slightly adequate and fall far short?
Is there enough that I can ever do to show my
undying love and thankfulness for all she does
and how truly wonderful she is?
Can I ever praise her high enough like she deserves?

Oh my darling how can I ever repay and thank you
for all the love and kindness you give to me?
What can I ever do for you being a kind woman who
tries to understand and work through with me
the difficult times from my bipolar ups and downs?
Can I ever find that way to say and fully show
as I want and need how truly great you are to me?
I will work hard everyday to show my love and thanks,
giving everything I have.
In pure love and admiration with a thankful heart
I will always work to show you.
I love you darling and you are my Angel,
once again I thank you for your kindness and loving heart,
you have no equal in heaven or on earth you simply dear
are the very best.

Michael P. McParland

Love Note 98

Oh sweet lady beautiful
thoughts of you glimmer,
shimmer, and shine within
my mind and I'm smiling.
Listening to beautiful music,
as I sing along tears almost
start to run from my eyes,
not from sadness but the joy
and love I feel for you
coming through the music
to me with intense emotion
that fills my heart and soul,
with all the love and
admiration I have for you,
overwhelming me in a magnificent way.

I decided to wait and rest,
I've stayed up so long
and I would give up all sleep
to write for you and
do anything else you want and need,
you're my Angel and I adore you
deeply in earth shattering ways.
I'm there with you in spirit now
holding you so very close.
I'm always with you giving all
my warmth, love, strength, and peace.
I'm your man and protector,
I'm always watching out for
you in any way I can no matter how far.
You're never alone sweet one because
I won't make you take the world on
all alone when I love you truly in every way.
You're not alone.

Have a beautiful day fair lady
and if you start feeling sad
close your eyes and see me smiling at you
with the look in my eyes I always gave.

You know the one I mean.
If feeling lonely or sad reach
out your hand and grab mine
because you know it's there.
I'll be thinking of and praying
for you to be happy and have no pain.
I love you so much my darling one,
we will celebrate our love
on a day not so far away
and then forever be together side by side
no longer ever facing the fear or
pain of being apart.

Michael P. McParland

Resting

Getting some much needed rest
from being awake for so long
and exhausted from all the emotions I feel.
Please come join me dear and we'll
just lie here in bed this morning
resting feeling so safe and peaceful
in each others arms.
I'm in need of deep rest please come
join me and hold each other so tight.

Some much needed rest from the deep
exhaustion and fatigue I feel within me,
I want you to come lie beside me and
tightly wrap your arms around me.
Telling each other how much we are in love,
I would really like and need your
company and comfort now.
Please come rest with me sweet lady
and hold me tight rubbing my face and head.
I love you my Angel you fill me with peace.

Michael P. McParland

Dreaming Of You 2

Dreaming now of holding your hand
while sitting back and looking in
your eyes getting lost in your sprit within.
Captivated and taken by the pure beauty
I see before me and in awe that you're mine.

I'm dreaming of you and all the beautiful
things we will do when you are here,
spending time together at last.
Having our world around us to ourselves.
Just us enjoying and celebrating
the loving union and bond that we share.
Always in each others arms being as close as possible.

Just lying in bed on lazy days,
cuddling and kissing passing the hours,
sharing ourselves in pure closeness knowing that
it is true love that we're giving and celebrating.
I'm dreaming of many days spent in bed just snoozing
or time spent together strengthening
our bond even further becoming closer as people.

I'm dreaming of you and my hearts calling out.
Do you feel the joy and anticipation it sends?
Excited for the days ahead with my lady
her heart beating with mine right next to me.
I'm dreaming of you and all the time my love grows.
I need you sweet lady and love you so much
I will take you into my arms and hold you
against me forever in spirit and as often as
possible physically.
I'm dreaming of you and holding on knowing
our dream will come true and we'll always
have each other for eternity side by side.

Michael P. McParland

Morning Note 23

Good morning my dear
I hope you slept well
and saw me in your dreams
so I could hold you.
Since I can't take you in
my arms right now in person
in spirit and dreams are
a good way for me to show
and give you all of my love.
Fill you with the warmth and peace
I know that you need and
I strive to provide for my Angel Queen.
I can't wait for the moment
I wrap my arms around you tightly,
for right now though feel
the intensity and immensity
of my endless passionate love.
Let it sink into your soul
and take strength knowing
I'm grateful for you and will
be here for you when it's time.

Have a good day my sweet Angel dove
and remember I'm right by your side,
holding your hand and holding you
tightly clutched against for maximum comfort.
I miss you so deeply and
my soul is reaching to yours
ready for our time and in need
of our unity in becoming one.
I love you darling and the
passionate flame for you
burning inside me will never die,
it burns eternally for you my only one.

Michael P. McParland

Dear Love

Dear love I just arose not long ago
from my short restless rest
and I'm thinking of you hoping you are well.
Wishing I could talk to you
there's so much I was thinking of while
laying down that I want and need to tell and share.
The deepest thoughts and feelings I have in me,
and I can only ever do that with you my love.
If not they must stay inside forever to
protect my heart from this world.
These are things only you can ever know
and I would share.

Dear love I smile with every thought of you,
I know you send me your deep love and warmth
just as I do for you,
and it helps so very much but not like if you were here.
Yes I'm sad in many ways but happy because
I know you love me and I believe we will have our day,
it's the endless waiting weighing on my emotional heart,
you don't make me sad you give me pride and cheer abound,
I love you deeply and more than could possibly be measured.

Dear love please just know my loving care is deep
and feel my soul as it embraces you,
it helps to at least know you feel its touch.
Take strength and courage from its warmth.
Dear love I want to have you here,
in my arms holding you and talking soft,
just above a whisper reverently telling
that I deeply love you and want to be together
as long as time itself.
That you are my Angel and the greatest gift would
be to have you as my wife.
Dear love you are the greatest blessing God has
ever sent into my life,
I cherish you like the treasure you truly are,
sweet dear love you are everything that's right.

Michael P. McParland

Night Note 47

I've been thinking of you
the whole night through,
missing you deeply and
wondering how you are doing.
I hope you're okay and
feel me there and all of my love.
I wish I could hold you
and just talk while
we drifted off.
I'm so tired and exausted
beyond belief.
I've been up forever
unable to sleep.

I'm now going to lay down
and try to rest for a bit.
I wanted to tell you
before I do I so deeply love you
and need you too.
You are the light of my life
and true love too.
I hope that you know you
mean that much to me.
Now feel me put my arms around you
as we close our eyes for some sleep.

Michael P. McParland

Goodnight Kira Sweet One

Goodnight Kira my sweet love and only one,
may you have the sweetest of dreams and get
deep peaceful sleep knowing everything is alright,
that I love you and am with you always no matter what.
I'm dedicated to you and will fight for you always.
You're my lady and I love you so much.

Goodnight Kira sweet one feel all my love and warmth
surround and wrap you up in a blanket of comfort and peace.
Feel the joy in all the kisses and hugs I send feeling
me wrap you up in my arms pulling in tight to just
be as close together so we can and feel safe and whole again.
I'm with you in spirit kissing you all over telling you
how deeply for you I truly love and care.

Goodnight sweet Kira the woman I desire in every way,
I'll meet you tonight in the land of dreams,
we'll waltz among the moon and stars getting lost
with each other in the love that we share,
intoxicated by the stars and moon where we belong
with each other living in their amazing splendor.
I'll meet you there and greet you with a kiss and smile,
say I love you sweet darling come and join me.

Goodnight Kira my sweet Angel of delicate beauty,
sleep well and dream of me holding you.
Feel me close letting my body warm you up from the cold
filled up from the loneliness curing the longing aching we feel.
I love you sweet lady and not too long from now
I pray you'll be in my arms forever.
I'll give you everything I have and am through eternity.

Michael P. McParland

Endless Thanks

My darling you are such a wonder and blessing,
having you in my life has been truly amazing.
All the things you have done for me and still do
I thank you endlessly for being the beautiful woman you are,
I thank you for giving all that you have.

You have given me the greatest love that there is,
a true acceptance and unconditional gift that has no end.
You have given me hope of a better life with no fear
that I'll forever be alone as an outsider
kept at a distance from others lack of caring.
I love you sweet darling and thank you endlessly.

You have helped me know that true love exists,
a belief I've always had but you came
into my life and proved its truth.
You have given me reason to know there is truly
a chance for a happy life completed with boundless love.
I thank you endlessly for all that you do
and who you are.

I thank you endlessly for all the things that you give.
I thank you endlessly for being true to you.
I thank you endlessly for giving and helping
in more ways and in depth than you know.
I love you my Angel and thank you deeply and
endlessly for being so kind, loving, and great.

Michael P. McParland

A Lifetime

A lifetime of love and a lifetime of passion,
a life time of joy and happiness spent together.
Just you and me basking in the glow of true love
forever in each others arms never parting again.
A lifetime of true connection between souls.

A lifetime spent with my beautiful Angel.
What more could I ever want or expect for eternity?
Just you and me for a lifetime and more
hand in hand sealed as partners walking through eternities door.
A lifetime being with my best friend who is
so truly special and I adore.

A lifetime of fulfillment and peaceful content,
something so very few will ever even dream much more get.
A lifetime of being complete with my one.
I love you sweet lady for a lifetime and far beyond,
eternity is ours and I will spend it with you
because I love you with every fiber of my being
and you are my sweet Angel Queen.

Michael P. McParland

Evening Note 19

Good evening my darling
I hope you're smiling for me now,
that would fill my heart
with brilliant light and cheer.
Whenever you're happy
I am too in so many ways.
You're being happy makes
my heart and soul glow.
I hope you know that
your happiness to me is
most important.
You are my lady and your
heart being light with joy
is a major goal.
I want to always give you a
reason to smile and be fulfilled.

Very early evening and
I hope that you feel me there
giving you a big smile
feeling the warmth and comfort I give you,
my arms wrapped around and pulling
you in so tight,
a big kiss to start this night.
I'll be thinking of you
and writing some more
you can bet.
I love you sweet lady
and have a good night,
I'm with you always
have not a doubt.

Michael P. McParland

Sun, Moon, And Star

I was just sitting here doing nothing really
listening to Falcos album Emotional,
when on came his song The Star of Moon and Sun,
with the biggest grin I thought of my only one,
this song and you my lady so sweet and true
have pulled me through this dreary day
and here's what I want to share with you.

You are the sun that lights up my days
making them bright and happy,
helping me get through the toughest days.
You are my sun and your warm light
fills me up with endless love,
giving hope to keep fighting on.

You are the moon that kills the darkness
in the night warding off the nightmares
that haunt my sleep.
You help illuminate the nights of which
can be the loneliest, scary, empty times.
You are the moon which I thank for helping
light the night and give a needed comfort
in the lonely times.

You are the star of my universe,
an Angel glowing with a beaming smile,
eyes sparkling with endless love and true kindness,
with the purest honest soul I have ever known.
You are the northern star that helps me find the path
that leads to true happiness and not give up in whole.
I love you darling my star and only one.

You are my sun, moon, and only star.
What more could I ever hope or ask for?
What more could I need than your love my sweet Angel Queen?
You light up my heart and spirit giving life
to true love so rarely known.
You're so special and I love you very much.
Give me the greatest honor of your hand and

we'll together spend eternity in celestial splendor and glory.

Michael P. McParland

Love Note 97

Good afternoon my lady
I hope you are well.
I've been thinking of
and praying for you all day.
Sending you my love and strength
to fill you with calming peace.
Hand in hand right beside you
wrapped tightly in my arms.
I miss you sweet darling
and hope to see you so very soon.
I'm incomplete without you.
Sending my all and everything to you,
let it fill you up with my
love and everlasting warmth.
I love you so deeply and will
always be here.
I love you sweet darling
I'm not going anywhere.

Michael P. McParland

You Are

You are true hope and joy to me,
you bring light where there is dark.
I love you so much my sweet one
you are everything that's good and right.
You are the one who completes my life.

You are the most beautiful woman I've ever known
and I would give everything to see you happy,
smiling, filled with peace and content.
I'd give everything to spend my life by your side,
you are everything that I want and need through all time.

You are the one that has kept me going,
I miss you intensely and want you beside me.
You are the Angel I truly adore,
you are the one I will love everlating forever.

Michael P. McParland

Sweet One

Sweet one I'm having a hard day.
What to do when my heart hurts so badly for you?
I'm so very tired but can't sleep,
my mind feels foggy but races all around.
I'm having a hard day sweet one
I wish you were here to hold and give me deep comfort.

Sweet one I am having a difficult day,
I'm all alone and feel so sad inside.
I need your company and arms around me,
lay right next to you in bed feeling your heart beat.
Put on some music and we would fall asleep,
sweet one you are the light that would help
ease the pain and sad feeling hard day.

Such a hard day sweet one I cherish and need,
you've always been the shining star that helped
cut through the dark and give me a smile.
I love you sweet lady you're the greatest to me.
I wish we could at least talk on this hard day.
Sweet one your love is the perfect medicine.

Michael P. McParland

Love Note 96

Another week and another
day are upon us.
I miss you my darling
and am praying you know
just how much I truly love you.
Let the sun deliever my package
of great warmth and love,
an image of me smiling and
looking at you with the
most tender look of love ever known,
let the sun deliver my message
that you are my lady and
I love you so very deeply.
That I am with you forever,
holding you in my arms and by my side,
hand in hand every step of the way.

I love you sweet Angel
and am praying for you.
I'm working and striving
on what I need and am able to do.
I want to be the best man
for you in every way possible.
I'm waiting here with open arms
and a wide open heart.
I miss you sweet lady and
I love you so much.

Michael P. McParland

Love Note 95

Oh my sweet lady
you truly are such a beauty
and I hope your day
is gorgeous and breeezy with
a spring like scent in the air.
I love you so much my lady fair.

Michael P. McParland

Sending All 2

Sending all my love and adoration to you,
with a huge hug and deep kiss of pure love too.
Let it fill you with peace and warmth,
feel my arms around you as I'm right beside you.
Feel all the loving devotion I'm sending,
because you are my Angel and best friend.
I'll always love you deeply and profoundly
through all time.
You are the woman my soul feels connected to
and fills me with light everlasting.
You are the woman of whom I've always been dreaming.

Michael P. McParland

I Want You Here

I want you here my sweet Angel
from heaven on earth.
I need to hold you and release these
fears, pains, and tears.
I can only do that with you,
because I love and trust you in ways
that before with others I never could.

I want you here to share my hopes, dreams,
cheers, excitements, and the love for you I deeply hold.
I need you my darling to share everything forevermore.
To be the people we can both count on when
the road before us gets bumpy and rough,
when we start feeling weak and need that
person of trust on which to lean.
I want you here and need you sweet dear.

I want you here to share your lifes story,
tell me everything both tragic and in glory,
with you there is no mundane or boring
because you are the lady I admire in every way.
I want you here to be your partner and trusted ear,
I need you my darling more than anyone can know.

I want to share with you silly things that excite me,
just random thoughts that may seem odd and amusing.
I want to share them with you and have you share everything too.
I love you so much I can't describe the depth of its glow.
I want you and need you sweet lady and Angel my Queen.

I want you here and I hurt so bad being by myself,
even if there were another I'd feel alone
because she wouldn't be you feeling my heart and soul.
I need you dear because you know who I am,
I want you here because I love you and can't bare
the distance not having you near.

Michael P. McParland

Night Note 46

I was just listening to music
and as always my mind turned
to you my sweet love.
I smiled from the happiness
you always bring no
matter the way.
Joy filled me as I
saw in my mind your beautiful smile
and felt all your loving
care fill me with warmth inside.
I know that you're sending it my way.
I love you so much sweet lady
I deeply need and want here.

Listening to the music
it made my heart sing,
can you feel the love and
comfort it calls to you?
I feel so happy knowing
you care and love me too.

The music filled me with light
and I wanted to send you
this kiss with a
great big smile from the heart.
You gave my night light
and gave me peace.
I love you sweet lady
you are truly the one I need
and hope to be with for eternity.

Michael P. McParland

Goodnight Sweet Kira 12

Goodnight my Angel and love of my life
I'm so very tired and am turning in for the night,
with this great big hug and kiss I end this day
and am sending you all of my love and warmth.
I'd give anything to have you here in my arms,
I'm hurting very bad right now needing your heart next to mine.

Goodnight sweet Kira I'll be with you in spirit,
holding you close and caressing you with delicate grace.
Giving you comfort and peace reassuring you
you're not alone and will never be my dear.
I am your man and will always stand by you.
Relax and feel comfort taking my hand.

In the land of dreams in the world that is ours
I'll see you and hold you stroking your hair.
Just tell you I miss you and how much I love you,
then we'll lay under our big tree by the river
and rest with your head on my chest.
Feeling complete in the land of dreams
which for now is just ours.
Soon though my dear reality charms.

Goodnight sweet Kira I miss you so much,
a tight squeeze and big kiss for you my sweet love.
I'm so very tired and aching inside,
soon I pray so hard you'll be here.
Wrapped in my arms our hearts healing and beating as one.
I love you deeply and so very much,
grab my hand tight and we'll get each other through this night.

Michael P. McParland

Night Note 45

It's a cool and pleasant
Sunday night,
the end of a restless day
wishing so much for my
lady to be here in my arms
just cuddling the day away,
lost in the peace of our love
feeling complete just resting here.
I miss you sweet lady so dear.

I've been sending you
big hugs and deep kisses
filled with my warmth and love
to give you peace and strength.
I hope that you were comforted
in the energy of it,
and felt me there with you
in spirit as I always am.
I'll be with you in some way
every day so you'll never be
or feel alone.
I'm here for you my sweet Angel dove.

I was up and down
being quite tired,
not more than a cat nap for me.
You helped me through it
though with your memory,
and all the loving warmth
you send in abudant splendor,
I'm so greatful for you sweet lady.

I love you so much and
very soon so many
peaceful Sundays in bliss for us.
The most wonderful times
with my only one.
The greatest of dreams for me
finally fulfilled.

Michael P. McParland

Closeness

I long to share that true closeness
with you my dear love.
To know and feel a true connection
of the soul two becoming one.
When given in true love the purest
form of love there truly is.
I long to share myself with you.

I so deeply need that closeness
I could sometimes scream from
the loneliness I feel and know that
I want to share with you my life.
Everything about me and not just for a night,
but to give my all and have that closeness for all time.

I so long to feel that closeness and
complete the missing part within my soul,
a piecethat can only be filled by you.
Holding hands throughout time as we give
ourselves completely in this life and next.
I give you everything because I love you truly
and you simply are the best.

I'll never have or share that closeness with another,
every part of me is for my sacred lady,
I would not dishonor either her or me
by breaking my highest dedicated promise.
I commit to her and will only ever share that closeness.

I love my lady in the deepest way there is,
an all encompassing love that fills my heart and soul.
A love only she can ever understand and
something I will never give another one.
I only long for closeness with my greatest love,
she is the one to whom I belong.

Michael P. McParland

Take My Hand 5

Take my hand sweet lady and come join me,
lay down for a peaceful Sunday evening rest.
Holding each other feeling content and relaxed,
giving each other strength and abundant comfort.

Come take my hand and feel the power
of our loving bond and connection.
I need you sweet lady please come now
take my hand and hold me.
I love you immensely and need you right by me,
come take my hand and lets rest in our arms feeling content.

Michael P. McParland

Love Note 94

Late afternoon and I'm
deeply tired.
I ache deeply and harshly
wishing you were here
in my arms quelling this
longing need and desire.
I hope you feel all
the love that I'm sending.
Right there by you arms
wrapped tightly in love.
I'll be by your side forever
my darling Angel of loving fire.

It's late afternoon and
I am aching for you.
I hope your day has gone better
and you have smiled for me
making my day better.
A note to make you feel better,
to let you know once again that I love ya.
Very soon the beggining
of our beautiful future.

Michael P. McParland

Peaceful Sunday

If you were here what a beautiful
peaceful Sunday it would be,
just lazing about and enjoying the day.
Relaxing and spending time together
having fun just you and me.

To just sit back on the couch holding hands
with my right arm wrapped around your shoulders pulling you in,
just dozing in peace and silence with each other,
a peaceful Sunday fit for two true lovers.

Take a stroll in the park with sun shining down,
smiling and giving us warmth.
A beautiful peaceful Sunday strolling along
with my Angel enjoying the beauty surrounding
and basking in the richness of the love that we share.
A dream on this Sunday and future plan.

A peaceful Sunday just sitting and reading,
talking and reliving old times both together and solo,
sharing our lives on a peaceful Sunday.
What could be better than spending a beautiful
Sunday with your beautiful lover?

A peaceful Sunday spent with you is what
dreams are made of and I know they'll come true.
My heart and soul feel the truth that we both know,
we'll spend forever in each others arms.
There will be many peaceful Sundays together,
and I'm excited for every one that is coming.

Michael P. McParland

Simply

Simply said my dear I love you
for who you are in every way,
I don't ever want you to change.
Because I love the woman I fell for,
and anything else would be worlds less.
Simply put I love you the best.

It's very simple my dear that I am here forever
and yours through eternity sweet Angel of mercy.
I love you more than anything or anyone else,
simply put my sweet lady I love only you
and it will forever be that way.

Simply put my dear I find you the most beautiful,
those sparkiling eyes and beaming smile.
A wicked figure so divine I tingle with pride,
simply put you're the most beautiful woman on earth.
A great mind of vast intelligence with a kind loving heart
that gives and gives endlessly.
An Angel to me and to my heart a great Queen.
Simply put you are the greatest in my book.

Put plain and simple you're the woman
I dream of and long for.
You're the perfect fit for all I could want and need,
you are the greatest and I love you for you.
Simply put my sweet Angel I want to spend eternity with you.

Michael P. McParland

Love Note 93

Just short of noon
I love you sweet darling
and am dreaming of you.
How is your Sunday so far?
I hope it's warm and cozy
where you are,
I hope you're feeling the sun
as it shines down upon you
delivering my love filling
you with great warmth.
I hope you feel me beside you
holding you close hand in hand.
Forever with you in every way,
I'll always be there for
my lady of grace.

A quiet morning and soon noon
on this Sunday in March,
I'd give anything to have you
here spending it with.
Nothing specific just what
we feel at a whim.
Sitting on the couch holding
each other would be grand.
Any time with you is treasured
and wonderful my Angel so true.

Just short of noon on this
Sunday in March,
sending you kisses and plenty of hugs,
if you need anything
give me a shout.
I'll do anything at the drop of a hat,
remember you're not alone and
you will never be because
I love you and treasure
all the wonderful things that we share.
I love you sweet lady and
I always will.

Michael P. McParland

A Small Rest 5

A small rest is needed my dear,
please reach out your hand
and let me know you are near.
Send me some peace as I lay down
for just a short while.

I need a small rest and your loving strength,
reach out your hand and grab mine tight.
Help me feel calm and steady with
the love so abundant and beautiful you carry.
Please take my hand and let me know you are here.

A very small rest and I'm thinking of you
to help keep me calm as can be.
Please reach out your hand and help me along,
you are so truly wonderful and strong,
I love you darling and thank you for everything.
You are the best and I can't wait for you
to be here with me,
right by my Angel in her peaceful grace.

Michael P. McParland

Yearning

I'm yearning for you to be here,
to be in your arms where I feel warm and safe.
I yearn to have you with me right here.
I need you darling and I'm yearning for you.
I love you so much and need your deep love,
I'm yearning to be with my only one.

Michael P. McParland

Forever Yours My Love

I am forever yours my one,
I love you deeply and truly with
my entire heart, mind, body, and soul.
There is not one bit of me that does not
emit a profound wholesome love.
I love you for you and want you
just for who you are.
I am forever yours.

My heart is forever yours,
a gift I give in full respect and trust,
knowing that you are a wonderful woman
with a righteous kind, loving, caring soul.
You are a woman in every way I adore,
I know you would not hurt me and do respect me,
I know the special person and Angel you truly are.
My heart is forever yours.

My hand and life are forever yours,
I give myself to you in total love and dedication.
You are everything I want and need,
a blessing sent by God to me,
I strive to be the same for and to you.
My soul feels a connection in the deepest fashion,
I know it's you I want to be with through and through.
My hand and life are forever yours.

I truly am yours forevermore with
the deepest love and satisfaction,
you are the holder of my heart and my very essence,
I am yours forever my sweet Queen and Angel.
I love you deeply and my soul is one with yours,
I feel the deep connection to my very core.
Take my hand and come join me,
for eternity you shall have me.

Michael P. McParland

I Love You Deeply

I love you deeply to my very core,
everything about you I deeply adore.
Just to see you I'm blown away,
I start to stutter and babble when I'm talking to you,
the deep amazement and passion I feel
never fades or recedes it's always there.
I love you deeply Kira so rare.

I love you so deeply and admire my Angel,
you make me feel joy and happy again.
You give me hope and you give me light,
you have revived so many things inside me that died.
I love you so deeply and will spend my days
giving you everything in thanks and dedication,
pure love for you in every action.

I love you deeply and can't tell you enough,
you fulfill my boring life.
I wish to give you as much as you've given me,
I want to be the perfect man for you my sweet lady.
I want to fill you with joy and boundless hope,
make you smile each day over and over.
I want to give you everything and all that I am,
I love you so deeply Kira my only one.

I love you deeply you are my best friend,
my heart beats for you and I hope for your hand.
You have renewed my soul and given a new hope for freedom,
freedom from fear and a lonely existence,
you've given a new hope for true love a love shared between us.
I love you deeply and need you for life,
I ask for your hand through eternity spending
existence together cherishing the love we feel for each other.
Never parting our hearts in unison singing.

Michael P. McParland

Morning Note 22

Good morning love
and I send you a kiss now
asa new day is upon us.
I hope you slept well
and your dreams were
the most pleasent.
I thought of you and smiled,
while aching missing you.
I need so much for you
to be here,
holding each other
and fulfill this need
being together.
Please come back real soon
and we'll talk away
making everything better.
Our hearts are connected
our souls are one with each other.

I'll be resting on and off as
the day goes,
remember that I am with you though,
feel and wrap up in my
loving warmth,
feel the sun shine upon you
and be filled with great hope.
See me smiling at you as
I pull you in for a kiss
tingling all over needing
you near,
your love completes my whole universe,
I miss you sweet lady oh so much.

Hold me tight too as
I rest at points needing
your Angelic loving peace.
You always help me feel
safe and relax with your
tender heart so full of grace.

I'll be writing for sure
have not a fear,
I'll just be up and down
fatigued from the anxiety.
Your loving support is
all I need and it's such a
great gift my sweet Angel Queen.
Have a beautiful day
and send me a smile
with a kiss from the heart.
Wrap me up in your arms
giving me strength and
filling me with your love.

Michael P. McParland

Full Of Hope

I am forever filled with hope for our future,
we have the most loving bond that holds us together,
getting us through thick and thin it's gotten us through everything,
even today as we stand helping us work our way
back together and find new ways to make it through the bad weather.

I'm full of hope with no pessimism,
I know what we have and I know what we share.
I give everything to you including my life,
one day soon you'll be the sweetest of wives.
I'll be the luckiest man in the world having
my Angel right there to spend every day.

I'm full of hope because I have seen and felt
all the kind loving care that you hold,
and I know that you need and want this union just as bad,
we're both fighters and work for what we know is right,
we tenaciously go after what we need to have.

I'm full of hope because I love you so much,
I can hear and feel your heart calling and
mines singing right in return.
I long so very much to have you here in my arms,
to fulfill the other half that has been empty so long.
You are my soul mate and you complete me,
you are an Angel and blessing I so cherish and thank thee.

Michael P. McParland

Night Note 44

Middle of the night and
I'm trying to stay busy
and keep the anxiety down.
Better though I'm thinking
of you and it's making me smile.
I miss you so much and
am worried for how you
are and how you feel.
I know I haven't done as much
the past few days and
I apologize I hope you're
not upset.
Making you happy and proud
is my biggest goal and
greatest joy,
making you smile is the greatest reward.
Seeing you happy is worth
more than all the earths gold.

I'm missing you so very much,
and I'm still on the verge of
not feeling well.
I so wish you were here
to comfort each other.
So I could kiss you and
tell you everything is alright
have not a single worry,
for I'm right here and never leaving,
I'll be here forever my sweet lady.

Feel me there with right now
as you read,
feel my arms around you and
my hand in yours tightly clutched,
so you'll know you're not alone
and you never will.
I love you so much and can't
wait to be in your arms and cast
off this lonely dead weight.

By your side be fulfilled at last,
holding my lady forever in time.

Michael P. McParland

The Key

Not so long ago there were many locked doors
of happiness and joy all around me,
and try as I might I could not open them
or find a way to enter the doors of bliss
they held in store,
they were a mystery and I was fast losing hope
of the treasures held inside and spoke.
Until you came back into my life,
you are the key that has opened things back up.

You are the key in so many ways that gives me
hope and light a reason to work and strive,
I see and feel real possibility and know
that all those joys and rewards will be ours
because you were the key that opened those doors.
With your kind loving spirit and heart you
renewed that which had died bringing a spring
like season to me as you are an Angel so caring.

You were the key and I continue to work and strive
so I can bask in these glories with you my Queen of passion and fire,
I will give you my all because never again do I want
to lose you or the rewards of elated fulfillment you bring.
I love you so much you are the key.

Michael P. McParland

Joy

Joy is what I feel whenever I see, think,
or even hear your beautiful name,
joy is what I feel outright about you sweet lady.
A joy that can't be equaled by anything
or anyone else you see.
Only you bring such joy to me.

Elation when I hear your voice and my heart
almost bursts in adoration when you speak to me and say my name.
Shivers down my spine and all over tingling
when you say Michael, I get lost in a euphoric daze.
Joy is all I feel for you my Angel so truly great,
you're so beautiful and I'm in awe that you love me too.
How am I so lucky to be blessed with the love of a Queen
like you?

Joy now as I'm writing thinking of you,
longing and aching to have you in my arms,
by my side, hand in my hand, seeing you smile,
looking into your eyes,
just longing and aching to have you in every way my darling.
You bring me joy in the most heavenly ways,
you are the greatest my Angel Queen.

There will be endless joy when we come together,
eternity spent laughing joyously together,
pure happiness in my soul with the joys of knowing
our future together will happen.
I love you so much in all ways every day,
I'm with you forever and thank you for the joy that you bring.

Michael P. McParland

Night Note 43

Approaching midnight my dear
and I'm now wide awake
and thinking of you,
longing so achingly hard to
have you right here to
have and hold.
Please know in your soul
the depth of the feelings I hold.
Feel in your heart
all of my love and the
warmth surrounding you.
Remember always I'm right
by your side holding your hand
wrapping you up in my protective arms.
I'll never leave you
standing alone,
I love you my Angel
and I'm yours forever.

I'll be thinking of you
this entire night,
like every other wishing
could be holding you.
I'll be sending you comfort
with all of my strength and peace,
so you may get a great nights sleep.
I love you my darling and
soon we will end these lonely nights,
no more aching from longing.
Fulfilled smiles on our faces
as we drift off to sleep
feeling whole and complete.

Michael P. McParland

Come Hold Me Tight 2

Come hold me tight as we end this night
and give me all your loving comfort
to fully recover from all the fears
and sickness in my body.
Please come fill me with your loving
warmth to just have you near and help
get the deep healing sleep I need.

Come let me hold you tight to calm
and ease the aching longing we both feel,
ease the pain within your heart and help it heal.
Let me hold you tight so we can finally rest
our souls satisfied to be at one,
finally feeling complete we can sleep like we need.

Come hold me tight and surround me in your warmth,
just let me feel you near and have your
loving arms wrapped around me my dear.
I love you deeply and need you very bad,
come hold me tight and in perfect calming comfort
we will get the sleep we need in each others arms.

Michael P. McParland

Goodnight Sweet Sweet Kira

Goodnight sweet sweet Kira who I love so very much
I give you this goodnight kiss to end the day
and fill you up with all my strength, love, and peace.
I'll be right there holding you all night long,
feel my arms around you my hand in yours.
I miss you so very very much.

Goodnight sweet sweet Kira keeper of my very heart and soul,
I'm sending you every bit of my love and warmth,
right along with great big kisses and endless hugs.
I'll see you in the land of dreams where I'll give you endless more.
Goodnight sweet one I love you each day more and more.

Goodnight sweet sweet Kira I am so very tired and
I thank you very much for all you do with your
precious loving touch.
For giving me the loving peace you always do,
giving comfort to rest and make it past anxious spots
and get through other rough times I love you so very much.
I'll be with you all night long just feel my arms around you
wrap up strong and with this kiss I seal the night.

Michael P. McParland

Evening Note 18

A cool quiet evening
and I dearly miss you.
I just finished dinner
and it's time for a rest.
I wish I could hold you
and take away this
anxiety that persists.
The only thing to make
things alright now
is to have you in my arms.

I hope your day has gone well
and now in the evening
feeling whole and warm
from the love that I send.
Hold me in spirit while
I rest for a bit,
your kind heart keeps me
calm and strong with the love
it emits even from so far.

I love you sweet darling
and need you this evening
as I always do,
Come hold me tight and let's
get some rest.
You are everything that's right
and you are the best.

Michael P. McParland

A Kiss From The Heart

A kiss from the heart I send to you,
don't feel down and blue,
for I am with you there always sweet love
to keep you filled with peace, be warm and feel safe.
A kiss from my heart straight to you.

A kiss from my heart to fill you with bliss,
to fill you with comfort knowing that I love you
and that you are deeply missed,
a kiss from the heart to reassure you
we'll find our way back together and never part
being side by side holding hands for all time.

A kiss from my heart for my bright Angel of light,
to help ease the pains and sorrows stored up inside you,
let them all melt with this kiss from my heart that I send
and be filled with the hope and light that it brings.
A kiss from my heart sweet lady and Queen.

A kiss from my heart burning in love everlasting,
feel the energy envelop you and give you great cheer,
a kiss from my heart my sweet darling,
a kiss just for you in sweet care.
A kiss from my heart because I truly love you.

Michael P. McParland

Beautiful Afternoon

It's a beautiful spring like late afternoon
here in central Minnesota and the only thing
that would make it better is beautiful you.
You would make it brighter and warmer
giving me company on which to do things.

The duck pond is still mostly frozen over
but the geese are out waiting for it to melt,
we could take a walk along the path surrounding it
basking in the sun and enjoying the beauty
of new life that is blooming.
Just feeling our love as it grows greater by the moment.

A beautiful spring like late afternoon evening
fast approaching here in central Minnesota and
you being here with me would be the perfect thing.
Sit in the shade holding each other enjoying
the warm weather while we just took in everything
and the joy of being together.
Renewal of life and hope all around including
our eternal journey as it's truly begun.

It's a beautiful day here in Minnesota my dear
and I'd give anything to have you here.
Enjoy this beautiful day with my beautiful lady.
Any day spent with you is beautiful my Angel
of light oh so rare and I want to be with you forever
to enjoy the most gorgeous life with my sweet Queen
I hold so truly dear.
I love you babe and hope to have you near soon
when the most beautiful days will forever be here.

Michael P. McParland

Love Note 92

I hope you're having
a beautiful day sweet love.
I'm out the door to
pick up what's needed to
make dinner and wanted
to tell you I love you
before I go.
Feel me there with you
my hand in yours,
arms wrapped around you
in permanant warmth.
I'll be with you always
no matter what and no matter where.
I wanted to tell you
I love you before
I head out the door.

Michael P. McParland

Quiet Days

So many quiet days pass and in many
ways I enjoy the quiet and it's not bad.
The solitude in which there is to read and think,
watch movies and TV not being bothered is
a blessing and convinence I enjoy,
but the aspect that hurts is they're spent without you.

The quiet days without you can feel so cold
even in the hottest days of summer,
not being in your arms can bring such lonely chills
equaling the worst of cold Minnesota winters.
That's where the quiet days lose their pleasent haze.

Those quiet days feel so empty without you to join me
while I sit and read or give me a chance to
dicuss the things with you of which I think,
to once again share intelligent conversation with my one.
They're sad without you there to share the movies or TV.
Laughing, crying, getting lost in these stories
with each other sharing everything about our glories.

Quiet days are a plenty and in so many ways
I love them and the peaceful solitude for exploring.
The point in which it's haunting though is that I
wish I could be sharing them right now with you.
I hope that very soon you will be here and we'll
just enjoy the benfeits in our very arms
knowing that all the worlds time is ours.
I love and miss you so very much and when it comes
all my quiet time will be spent right by your side.

Michael P. McParland

Love Note 91

Afternoon on a beautiful Saturday,
and I'm thinking of
my beautiful woman so very exceptional.
I hope your weekend is going well so far
and you feel all my loving warmth,
for as ever I am there
with you holding your hand
wrapping you in my arms to comfort
and reassure that I will
always be by your side and care for you.
I love you enormously sweet lady.

Feel the sun shine on you
and see me smiling too.
All filled with loving tender
care just for you.
My fair lady so beautiful,
loving, courageous and bold.
My Angel so sweet and
accepting thank you so much
for all you do.
Feel the warmth of the sun
and all my love as I send it to you.

As I lay down for the
smallest of rests still weary
and drained from that anxiety
that attacked me the last day and a half,
know that I'm with you now
and feel me there.
I will write you more poems as
this day goes along showing
and giving you endless love.
I love you my lady fine,
my Angel so dearly divine.
I'll soon be back up and
writing more for you my
lady so true.
Have not a fear in you I'll

never be leaving because you
are my everything.

Michael P. McParland

Fly High

Come take my hand sweet fair lady and
we'll fly high on the wings of true love.
True love shared by two souls so warm,
kind, loving and rare.
Just you and me babe flying high on the wings
of love provided by our admiration for each other.

Come fly high with me my only one claiming
our fate of eternity together hand in hand
never to have anything deny us again,
come fly high with me sweet one the
promised land of forever is yours and mine.

I love you deeply Angel of my greatest hopes and dreams,
come take my hand and so very high together
never looking back we'll fly away.
As best friends and lovers felt so very true
come fly high with me I want it to be only you.

Michael P. McParland

Morning Note 21

Good morning my dear
and thank you for all
the loving comfort, peace,
and sleep you sent for me.
I'm still exceptionally tired
and may lay back down soon.
For now though I wanted to
tell you to have a beautiful day
filled with sunshine and love.
Feel me there by your side
hand in hand my arms wrapped around.
I'll write you more after I've
gotten moving around remember
that I love you my Angel and
you mean so much.

Michael P. McParland

Love Note 90

Good afternoon sweet lady
I hope that you are well.
I hope you're feeling all
the warmth and love I'm sending to you.
I feel weak and physically drained,
still half filled with
an anxious strain.
Please help and send me
some needed loving strength.
I know you have been and
I thank you deeply sweet lady.
Come hold me close and stroke
my face and head,
give me reassurance that
all around will be fine
and you'll soon be here.
Help give me peace and comfort
to get some much needed sleep my love.

I hope you know that I
love you immensely,
and would give anything to have you
here and be in your arms,
do feel me though right beside
as I will be always no
matter the circumstances even
if I am under the weather.
I love you sweet lady
and Angel of light,
take my hand and we'll
get each other through the hard times.

Michael P. McParland

Love Note 89

Hello sweet lady it's almost noon,
I'm not feeling much better.
How are you doing?
I hope you are well and feel
the sun shining upon you now.
I'm thinking of you
and wishing you were here to
hold close and make everything better.
I'm with you in spirit as always.
I love you sweet lady
and miss you so much.
I'll keep you posted on
my condition if I can.
You are the medicine that
makes everything alright,
I love you sweet lady
I hope you're alright.

Michael P. McParland

Come Hold Me Tight

Come hold me tight sweet love,
the anxiety is still out of control
but I've made a new playlist on spotify
to relax and am going to lay down.
Please come hold me tight filling me with
your loving peace and strength.
Help me to know I'm not alone in this
horrible anxious state.

Come hold me tight my Angel of light,
help stop these anxious shivers that just came on,
from where I honestly know not.
The costs of being mentally ill I guess,
please come hold me tight filling me with comfort.
Right now I need my lady of hope and true love
more than ever.

I love you so much and I'm sorry if I get little
to no more writing done today,
I'm locked up almost completely in every way.
Please come hold me tight and help cure this internal fright,
you are the best medicine for these shakes and shivers I feel.

Come hold me tight for I already know that I'm loved,
I just want to feel the warm calming peace in your arms,
feel my lady up against me emiting safe energy.
I love you my lady divine and I'm so glad that you're mine,
please come hold me tight and help stop this anxiety.

Michael P. McParland

Night Note 42

Been a long night
trying to make it past
the nerves that attack me so bad,
I'm sorry sweet lady
for not doing better by you.
I hope you are well
and sleeping so sound,
feeling all of my love
and abundant warmth.

A short message right now
my anxiety is still up,
I just need you to know
that I love and care about you so much,
my thoughts and prayers are
with you non stop.
Don't forget you're my Angel
and I'm always with you
where ever you go.
I love you and miss you
and long to be in your arms.
We'll talk soon my sweet lady
have a good rest of the night.

Michael P. McParland

Goodnight Sweet Kira 11

Goodnight my sweet Kira who I love so very much,
I'm there right now holding you giving all my love and warmth,
filling you with peace and strength to comfort
and ease all your nerves and fears.
Feel my arms around you with this big goodnight kiss.
I'm right there to keep you safe my sweet lady true,
I'll always be there with you every single day.

Goodnight my only love sweet Kira I miss you very much,
I hope soon to have you here where we can finally touch.
To hold hands and cuddle feeling complete in each others arms,
to feel whole again and completely safe and calm.
To look into your magic eyes and know that there is good,
to have such blissful days so much time spent and filled with you.
I can't wait to have you here to hold and forget the world.

Goodnight my sweet sweet Kira my Angel and my Queen,
I'll meet you along the path to the land of dreams.
To hold each other oh so tight and spend the night
with each other doing everything we've ever wanted all in sight.
I'll see you in the land of dreams my sweet and only one.

Goodnight sweet Kira I miss you so very much,
I hope you know all you mean to me you sweet peaceful dove.
You are my world and universe my one and only love
I want to spend exsistence with you stretching through space and time.
You are my Angel and my hope the sweet Queen I adore and prize,
please come take my hand and claim our endless future bright ahead.

Michael P. McParland

Love Note 88

Oh my darling a lonely
night longing for you,
my mind has been distracted
the last few hours from writing
by a panic attack,
I'll get it under control
so I can write you tons more.
I needed you to know
that I'm here thinking of
and praying for you.
I miss you my lady and
love you immensely my one.
I will always be with you
where ever you go where ever you are.
I'm still here and will be forever.
I am your man and protector,
your best friend and someone
who loves you with everything
that he is,
I want you to know I hope to
spend eternity with you sweet one.

I am here my Angel I promise,
just having some anxiety problems.
I'll write you tons more
when this is under control,
I wish you were here to comfort and hold.
I love you my darling and
miss you so very much.
Come take my hand and we'll
discover the promised land.

Michael P. McParland

All That I've Written

I think of all that I've written
and almost all of it is for you,
and what can be found but a testament
and confession of true love.
I truly adore you sweet one.

There have been poems of despair,
poems of anger and hurt,
poems of confusion not knowing what's what,
poems describing the heights of
ecstasy and truly being happy,
the best poems where the truth is
in my admiration of you,
yet you'll find not one poem of hatred
because you my sweet darling I never could.

I've taken down many though I still have them,
the ones of anger and coarse words have
no place for anyone else's consumption.
I keep them as mine only because I wrote them,
not because I feel them.
Remember my Angel that the true words are loving ones,
the poems of my true heart and soul are the
loving ones with no harsh words.
My best and truest are my confessions and praises of you.

I think of you and all that I've written
and I hope and pray that no matter what happens
in our final fate you will treasure them always
my sweet loving Queen.
When we're together we will read them all as we sit
by a warm cozy fire,
going along I can tell you what I was thinking and feeling,
then declare with a kiss I love you more than ever.
I believe with my all that we'll be together but
God forbid we should not I want you to have them to treasure,
read them from time to time and remember your best friend,
admirer, true lover Michael and give me a smile,
filled with warmth and love to last forever,

but I know we'll be by that fire reading and laughing together.

I love you sweet lady and I'll never let you see
the poems of anguish, pain, and anger,
I know after the many years and cures they still hurt
and I won't let that happen because I will not put you in pain.
I am your man and protector and will not in any way make you suffer,
because you are my lady, my Angel, my Queen and my lover,
most of all though you're my soul mate and best friend,
I will give you only the best for eternity sweet lady.

Michael P. McParland

Love Note 87

Good afternoon sweet love
I am thinking of you,
hoping you're well and feel
me right there with you.
I know that you're struggling
and I am sending all of my strength
as well as my warmth and my love.
Please remember you'll never
have to face anything alone,
I am right here and willing,
wanting to help and I'll drop
everything right away
and come to your aid.
I love you so much and won't
ever make you face this
cold world alone.

Just feel the sun shine
and see me smiling at you,
filled with love and acceptance
giving all that I am
to my Angel Queen so supreme.
You are my love and
I know that you'll make it.
Trust in God and those that you love,
and we'll help carry you through it.
Fighting along side a wonderful
woman I cherish and honor.
Always feel me there holding your hand
arms wrapped around,
looking out and defending the woman I love.

I'm never leaving and you
know in your heart and soul
that is true.
Just close your eyes and
feel me with you.
I love you so much and
will give you my all.

Sweet lady I promise I'll
always be with you
you're my only one
and I need you too.

Michael P. McParland

A Huge Hug

A huge hug for you of friendship and pure love,
a hug for you my lady because you deserve it sweet one.
A huge hug for all the pain you feel now and
all the pain you've felt.
You don't deserve to have the scars that have been
inflicted by other cold hearted souls.

A huge hug for you in full comfort, peace, and filling strength,
a huge hug from me to show my support and love my awesome one.
A huge hug for all the hard times and trials you have faced,
and those you will in the future throughout life.
Remember I am here you don't have to face them on your own,
I am by your side hand in hand everyday for eternity.

A huge hug from my heart just to show my caring love,
I want you to know all the respect and admiration that it holds,
I want you to remember it's always yours,
a huge hug to show my lady I'm only hers,
that I am here to give you everything I am and have.

A huge hug of passion filled with all my admiration,
a tingling too that fills me through,
when you are ready I'll not press a single thing,
I'll still be here and never stop supporting.
A huge hug to let you know of my undying dedication.

Endless smiles and endless hugs to you my Angel,
I'll be here for you everlasting.
I love you so and it is through my entire heart and soul,
you are my Quenn the woman I will adore through all time.
A huge hug to you don't ever worry you're not alone.

Michael P. McParland

Love Note 86

About to head out the door
to do a few chores and
wanted to say before I do
that I love you babe it is true.
You are the sun and moon
that light my sky,
the stars that shine
like your big smile.
You chase away gray clouds
and rainy days.
The birds sing for you
and butterflies fill me up
dancing all about.
You are my all and everything
I'm by your side sweet
lady of my hopes and dreams.
Oh my Angel I love you,
I can't wait to hold you close
and take your hand.

Michael P. McParland

Each Day 3

Each day that comes I hope and
pray to hear from you,
to finally talk and catch up,
to begin to talk and work things out.
Figuring out where we went wrong
and the solutions to get through them.
A chance to apologize for what I did wrong,
to begin down the road to make all right with you.

Each day I think of us and all the times we shared,
all the good and bad laughing and crying right along.
Each day I think of you and how beautiful,
kind, loving and caring you are,
I remember the exceptional woman that I love
and smile thinking of your beaming soul.

Each day I look at what I did wrong,
I feel sorrow but use it to see the things
on which I need to work moving right along.
So when you return they'll be in line
to be the best man you could ever want.
Each day I think and work on those things I need to do.

Each day I hope and pray I'll hear from
you so we can tell everything we want and need,
to work out everything both good and bad
coming together on everything.
I love you my sweet lady and Angel of light so true,
each day I think of you hoping to hear those
treasured words and your sweet voice too,
I hope to hear them soon.

Michael P. McParland

Morning Note 20

Good morning dear
I hope that you slept well.
I hope you felt all
my loving warmth and
me holding you.
May you have the most
beautiful and pleasant
of days before you,
the sun shining and heating
you melting away all the
lonely pain and sadness you've felt.
Close your eyes and think
of me smiling in pure love at you.
I'll be there at your side
hand in hand holding you,
walking right along watching
out for my precious lady
I so deeply love.

I miss you through
these many days that have passed
and those still ahead,
but memories of you and
all the beautiful things we'll do
help keep me going and
get me through.
You are my rock and help
keep me solid and moving
working all the time.
I love you babe
I'm so glad you're mine.
Our future fills me with the
brightest light it would be
blinding to anyone but you
my sweet precious jewel.
You are so wonderful and to me
magical that your eyes
can withstand its epic glow.
You are so very beautiful

I hope you know.

I'm with you now
and will be always
my sweet Angel dove.
I won't leave my Queen,
a moral sin.
I love you with my everything
you are my essence and
reason for going on.
You are a special lady
and the universe to me,
I love you deeply Kira
an Angelic gift so very sweet.
I'll be with you for eternity by your side,
the greatest love story of all time.

Michael P. McParland

Amazed

My sweet darling I'm amazed by all you are,
your beauty, your spirit, your kind loving heart.
You amaze me with your acceptance of who I am,
so few people have ever done and no woman I have known.
It amazes me in the most loving and tender way,
and I know with in my heart and soul that I
love you truly and you're the one for me.

My darling dear you are so precious and cherished by me,
I'm in awe of you and inspired by your fight and will to
overcome all you have and win in the end.
You amaze me and I love thee in everything you are,
you shine so bright and are so strong my only one.

I'm amazed by the strength of your kind and loving spirit,
it emits a glow and power that from here I deeply feel it.
Your love and all the strength it has and holds,
I hope you can feel mine too and all the love I hold,
flowing around and through assuring you I want to have your hand.
I love you Kira and eternity can be ours,
you amaze me sweetie and want to spend forever getting to
know you better.
Be with the one who makes everything feel better.

Michael P. McParland

She's My Heart

She is the essence of everything I am,
she fills me up with light and love
making me a better man.
She is my heart and fills it up with love
in every way there is.

She is a beauty she is an inspiration,
I love her with all I am she is my heart
and I will forever be her man.
She shows me better ways to hope and be,
I strive and work to be everything she needs.

She's my heart and it will forever be hers to have,
feel its love, hope, and endless admiration just for her.
She is the greatest woman I have ever known
and I give her all my love because she's the Angel I adore,
she is my heart and gives it her everything.

I love my lady endlessly she is my inspiration,
I love her totally and will give her everything.
She is my heart and all the good I know,
I will stick by her forever being the best man
there truly is.
She is my heart and lady whom I'll spend eternity.

Michael P. McParland

A Million Smiles

A million smiles to you my dear
for who you are and all that you do.
A million smiles for being the most
beautiful woman I know sweetest one of them all,
a million smiles for all your support
and giving me endless love.

A million smiles sweet Angel for your
kindness and ever loving heart,
a million smiles to you for how you always cheer me up.
A million smiles my one for coming
into my life a true gift and blessing with endless worth.

A million smiles for being a beacon of light in my life
a source of great joy and pride.
A million smiles for giving me hope,
knowing there will be a better future with just you and me,
a place where I can be myself with my Angel and show all that I am.

A million smiles for my Queen and best friend
whom I adore to no end,
a million smiles to you my soul mate.
I love you for everything and just who you are.
I love you sweet lady for eternity and more,
so I give you a million smiles to shine
and a million more because I want you to have it all.

Michael P. McParland

Another Small Rest

In need of just the smallest rest my love,
my alarm is set for two hours recharging, dozing.
Come lie with me and we'll hold each other
in calming peace and contentment sharing our warmth,
feeling the love we desire, need, and want.
Come join me my love for the smallest of rests,
I wand and need you here,
I love you so much.

Michael P. McParland

My Lady, My Rock

My lady is my rock and gets me through,
she gives me reason and helps me improve.
When I'm feeling weak or that the fights too big,
I think of her encouraging me and I get back
up wuth a grin charging back head in to
face that which brings me down.

My lady is the rock of love I know will not erode,
she will stand forever as my monument of strength,
she is one of the few with my family that's
stuck by and cheered me on
never putting limits on where love must begin or end.
My lady is my Angel and my rock solid Queen,
I would give my life for her if it was needed in any way.

My lady is my rock and I love her so very much,
it's not overstating to say she really rocks as well,
she is my everything and I know she truly cares.
My lady is my lover, she is my best friend so dear,
my lady is my soul mate and I love her always and forever.
She is my rock, my Angel, and my Queen,
my lady is what makes my life so happy and worth
living all the time.

Michael P. McParland

Night Note 41

As your night nears its end
I just want you to know I love
and miss you so.
My mind is taking awhile to
get fully going but I'm thinking
of you to help pull me through.
Feel all of my warmth and
all of my love,
I'll be with you holding
you close throughout the night,
feel me there and know
the immense love that I hold.

I'm thinking of you as I
try to get myself completely moving along.
I miss you so very much
and hope that you know
I'll never leave or give up on my only one.
I love you so much and
hope that you sleep well
with good dreams.
I'll have beautiful poems
for when you wake up,
a beautiful start for the most
precious beautiful heavenly woman.

Michael P. McParland

Goodnight Sweet Kira 10

Goodnight to you Sweet Kira of my heart and soul,
while you sleep I'll write you many poems
for a bright happy morning when you rise,
while you sleep I'll be sending you all my warmth and love
with great big kisses and massive hugs.
Feel this goodnight kiss right now upon your lips.

I'll still see you in the land of dreams to hold
you close as we just lie under a tree by a
babbling stream in a lush green field of lilies,
talking away about how we feel and all the things
we want and hope to experience together.
I'll still be there to calm and soothe you
in the land that's ours in dreams.

Goodnight sweet Kira my Queen so high,
I'll be holding you the whole night through in
strong spirits love that will never die,
holding your hand filling you with every bit
of strength and peace I have.
I love you Kira my Angel true and best friend,
I'll be with you always my only one.
You are my everything and I will always look
out for you and defend.

Michael P. McParland

Night Note 40

I hope you had a
happy day my dear and
the sun shined on you
filling you with warmth and peace.
I hope you felt me there
with you holding your
hand sharing all of my
love and strength too.
Even though I was asleep
my spirit is with you
no matter what and no matter where.

I'm still partly asleep
and trying to get moving,
I'm thinking of you to
get going and my mind charghing.
I'm missing you immensely and
will write you a good deal
when my mind is in full swing,
right now I just wanted to tell you
that I love you and you are amazing.
You are my Angel and inspiration,
I am yours forever Kira of
my dreams so heavenly.

Michael P. McParland

Love Note 85

Good evening my dear
I've been asleep the
whole day and
only just got up now.
I wanted to say
I love you enormously
and am sorry if
you're angry or
worried.

I love you so much
and will write you
more in a bit.
You mean everything to
me my Angel,
I hope that you know that.

Michael P. McParland

A Quick Goodnight 2

A quick goodnight tonight sweet love
I'm only half awake my lady.
I'm sending all my love and warmth
my Angel love with great big hugs and kisses.
I'll be holding you the whole night through
be filled with strength and peace my only one.
I love you immensely and miss you very much,
I'll see you in the land of dreams sweet one.

Michael P. McParland

Evening Note 17

Good evening fair lady
I hope that you are well.
I just got up from my
rest and am so very tired,
I'm about to return to bed.
Come join me again to
rest up even more?
I would be joyed and
honored if you would.
I'll be dreaming of you
and be up soon to
write more for you.

I hope you felt my loving
warmth surround you as
the day went on.
Holding you in my arms
hand in hand,
always by you my special one.
I'm about to lay back down
to rest some more
I hope you'll join me to hold
and be filled with peace and strength.
First though I wanted say I
love you babe and miss you tons.
I'll be dreaming of you
while I lay down.

Michael P. McParland

Come Rest 6

It's time to rest my only one
come join me and we'll lie down in bed,
hold each other in calming pleasent fulfilling peace.
Listening to each other breathe
feeling our hearts beat being calmed
by the ryhthmic sounds of love they sing outloud.

I'm very tired and I need to rest,
come join me dear and let's be at one right now.
I need you here to chase away this longing ache,
to help complete my heart again.
So I can also heal your aching heart
calming all your deep pains to bring you soothing peace.
Come lie with me my dear and rest our
weary minds and souls.

I love you babe and want to have you in my arms,
feeling total peace and calm
I'm so very tired and miss you deeply sweet Angel of my dreams.
Come rest and set ourselves free to
take what's ours a perfect harmony of our souls
walking hand in hand for all time.
A perfect loving union with my Queen,
a future I desire with you my one and only lady so supreme.

Michael P. McParland

Love Note 84

It's almost noon and
I've been thinking of you
all night and through the morning,
wondering how you are
and hope your day
is going great.
I'm sending all my
love your way sweet lady
so beautiful and so very fair,
I so wish that I was with you there,
to just lay in bed holding
each other while we take
a long needed rest.
Feeling content
while our hearts beat together
in our combined love and warmth.
Finally feeling peace at
last being with each other
and so very close.

I'm with you always in spirit though,
hand in hand all the way,
holding you so close and watching over you.
Feel my love and warmth as it surrounds
wrapping you in it's protective
blanket of peace and strength.
I love you sweet Angel and
I can't wait to spend
my days with you alone.
Just sharing everything
making our lives whole.

I'll need to lay down real soon
and I'll let you know before I do
so you can join me and
get some good rest too,
forgetting all our daily stress
and fears as we float away
together to the land of dreams.

I love you babe and miss you so,
you're always on my mind you know.
You are everything I admire and adore,
I miss you babe and hope to see you soon.

Michael P. McParland

My Sweet Rose

My sweet rose has given me a new
lease on life and reason to hope,
the love she shows and gives to me
has filled me up with peace and strength
to continue on and not give up.
My sweet rose is an Angel sent from God above.

My sweet rose is the most unique woman
I've ever known and I love that she
is herself not changing just to please a single thing.
She is herself and independent as they come,
she's a fighter and an inspiration,
my sweet rose fills me with awe
and I'm so very proud of her.

My sweet rose Kira is the kindest woman
in heart and soul.
She gives of herself and protects those in need,
she does not put herself above anybody else
always reaching out a helping hand.
My sweet rose is a charitable giving person.

My sweet Kira a precious diamond and majestic rose
is the purest love I have ever know,
she gives me love and accepts me for the man I am,
she does not mock or sneer like so many do
for my many oddities and illness.
She loves me unconditionally for who I am
as I do her and we respect each other in true love.
She's the woman of my dreams a precious rose
I so dearly need.
My Angel and my Queen I love her dearly through eternity.

Michael P. McParland

Around You

When I'm around you I'm filled with light,
an immense joy and love of pure delight.
Looking at you I finally feel so happy
as our souls connect and begin
once again to sink into each other,
creating an energy so powerful others
can't help but notice it and be amazed
in it's bright power.
I get that most sensational tingling feeling
knowing in the presence of true love
with you I want to celebrate it,
but I'm too shy to initate
and can't approach you like I need and want to.
I die inside hoping you'll reach out
grab my hand and pull me close.
I ache for it tingling all over in pure love.

When around you I forget the world
and all my burdening problems,
it's just you I see and want to be with
all the time never ending just you and me.
I always wanted everyone else to leave
so we could talk together without them interfering.
When around you I forget the world
and know lightness in my heart.
When around you I know that things
can always be alright,
because I love you and we share a bond.
A bond of awesome power that
connects us to each other and
all I see and want is you.
You are the light of love and hope I see,
when around you I know that there is good.

Michael P. McParland

Morning Note 19

Good morning love
how was your night?
I hope it was filled with peace
and abundant warmth and light.
I hope you felt all my
love surrounding you,
my hand in yours and arms
around squeezing you tight.
I feel the love you have
for me and I'm about to burst
from its immense power and amount.
Thank you love for all you do.

I got a bit of rest but not
much or nearly enough,
but that's okay because as
always you were my waking thought,
the brightest thing to rise and shine.
I love you dear and hope
your day is full of cheer,
just close your eyes and think of me,
feel me with you all the way.
Feel the sun shining and
let it warm you through.
I love you darling and just
how much I think you truly know.

ILYF KP

Michael P. McParland

Pure Love

Pure love is what I share with you,
a truth so epically profound and deep.
A connection built up over time
we may not understand it but it's
true love just yours and mine.

I long to share with you my entire soul,
show you everything I am in every way.
In pure love turn myself over in full trust,
let you in where no others will ever
hope to see in their wildest dreams.

I love you Kira and it's clean and pure,
no demands or plans expected to be given
and felt by you,
it's unconditional because you are
everything my heart and soul desire,
everything I need and want to have within my life.

I love you fully in every way,
clean and pure my sweet lady of the greatest dreams.
I want and need you near,
come into my arms and let me show you everything.

Michael P. McParland

Night Note 39

Laying here resting
and so far tossing and turning,
beautiful thoughts of
you in my head are dancing.
I once again shall
close my eyes to
try and sleep
but I want to say
I love you babe
for all eternity,
just you and me
hand in hand
living in the promised land.

ILYF and ever KP

Michael P. McParland

Night Note 38

I hope your day went
well sweet Angel and
apple of my eye.
I'm very tired now
and am going to lay down,
I love you so very much
and need you in my life.
You are the woman I
truly treasure, respect,
and fully honor.
I long and desire
to be by your side forever.
To spend eternity together
is the greatest blessing
I could ever be given.
I love you darling
and I'll be with you forever
in heart, mind, and soul.
I pray that it will
be in body as well,
for not a bit of my
love for you will ever die,
it is an eternal flame
burning always just for you.

Michael P. McParland

Goodnight Sweet Kira 9

Goodnight my sweet Kira I love you so very much,
you fill my heart with love and joy
and give me the biggest smile you can dream.
A goodnight kiss of deep passion and thanks
from me my sweet sweet Angel Queen.
I can't wait to have you in my arms to
hold so tight and tell how much I've missed you so.

Goodnight sweet Kira I'm sending all my
love and warmth to wrap you up,
along with great big kisses and massive hugs to
fill you up with peace and strength
knowing I'm with you always and you're not alone.
I'll never leave you broken in the cold.

I'll be there in spirit holding you within my arms,
kissing you and telling about everything you want to know.
I'll see you in the land of dreams where we can
hold hands walking along a mountain path beside a stream,
talking about our future plans and kissing as we stroll along.
One day soon it will be for real.

Goodnight sweet sweet Kira whom I love so much,
a big goodnight kiss before we climb into bed
to get some sleep and cuddle feeling our hearts beat,
they beat as one as we hold hands my sweet Angel I adore.
Our hearts are calling to each other in pure love
and adorations song.

I love you darling and I'm with you always
hand in hand and in my arms,
I'll always be here for you my only one.
Goodnight sweet Kira a big kiss again,
I love you dear you're my best friend.

Michael P. McParland

You Are (True Love)

You are the love of my life and
the truth of it beams from me
so bold and bright from my very soul and heart.
True love that cannot be denied
and bursts from me for you in epic tides.

You are the one I've longed and waited for,
you are my Angel Queen and everything
I want, need, and so much more.
Kira you are my only one and I adore you
completely in every way.
I'm yours and yours alone
I'm not going anywhere I'm here to stay.

Hand in hand forevermore everywhere you are
and every single place you go.
My arms wrapped tightly filling you with
the loving warmth and peace I give in tons.
Forever watching out and giving all to my only one.
You are my true love and I'd give everything
to be with you through eternity.

True love fills my heart for you,
you are a treasure so rare and pure,
a diamond in the rough and so very precious
as the kind loving wonderful woman you truly are.
I love you Kira you are my best friend and
Angel to whom my heart joyfully sings,
telling the world that I'm in love with
the greatest woman of all time.

Michael P. McParland

Evening Note 16

Sitting here on this eve
watching a film and playing games.
Thoughts of my precious love
dancing in my head,
how very beautiful she truly is.
I can't wait to have her in my arms,
my soul mate and sweet Angel dove.
The only one I truly want,
the greatest woman of all time.

Sitting here on this eve
a big smile on my face.
I feel from her the great love
she sends to me.
I feel it strong I feel it proud,
I love her deeply my Angel Queen,
I want to spend eternity with
my soul mate and best friend.
She's all I want and all I need.

Michael P. McParland

A Small Rest 4

It's evening now my dear
and I'm quite tired over here.
A small rest for a bit
will hopefully do the trick,
give me back a bit of kick.
Will you come join me
and we'll hold each other close?
Feel contented peace within our hearts.
A small rest for both of
us to just have some time
to reconnect and be in bliss.

Early evening and I'm
very tired and missing you,
a small rest to recharge
and have a little dream of you.
Will you come and join me
my love so pure?
I love you deeply my only one.

Michael P. McParland

Always Here For You

I'm always here for you my dear,
I'm ready now and will be ready when you are.
I'm never going anywhere for you are
the Angel I've cherished and waited for.
I'm always here for you my love,
you'll never be alone in this life or the next,
because I love you truly and so very deeply.
Take your time and don't feel rushed,
just know I'm always here with open arms
my heart wide open ready for your love.
I'm always here because I love you dearly
Kira of my greatest, purest, hopes and dreams.

Michael P. McParland

Missing You 2

I'm missing you so very much,
I want you here so very bad.
I'm tired and I want to rest,
hold you in my arms and deeply kiss.
I'm missing you and want to
be with you my only one.

I'm missing you and feel so lost
without my Angel here to pal around,
to just hold and talk or even
silently sit as we do different stuff.
Just to have you near me is all
I really want.

I'm missing you and I know that
you are missing me just as much,
we need to come together talk and hug
working out all the things that went wrong.
Our will and love is so strong
I know we'll make it my sweet love.

I miss everything about you Kira dear,
I just want to lay in bed and hold you near
for all our many years on earth,
then hold you close to me when we
cross over to the other side.
I want to spend eternity in loving bliss
with you my Angel Queen.
I miss you babe and need you bad.

I miss you so very much sweet lady
I adore and treasure you to no end.
I love you deeply my soul needs you,
I crave your love and presence all the time.
You are the greatest and the sweetest,
you are so beautiful and I love you my fair lady.

Michael P. McParland

Love Note 83

Good afternoon my love
I hope your day has gone quite well.
I'm still feeling tired
but will be up a while more.
I just wanted you
to know I love you deeply
and miss you tons.
You're my best friend
and lady love,
the only Angel I adore.
My heart longs and aches for you,
remember though I'm
with you there,
hand in hand wrapped
in my arms forevermore.
I'm never giving up
or letting go of you
my only one.
I'm by your side
for all time because
I love you in
every way with all I am.
Just you and me
my Angel Queen.

Michael P. McParland

You're So Beautiful 5

You bring a brilliant beauty
to a world that so often lacks,
filled with gray dull skies and
colors that are faded and washed out.
You bring back the light and color,
making everything vibrant and filled with life.
You are so beautiful lady Angel
of my greatest hopes and dreams.

You're so beautiful it's actually painful
but in the best of ways,
not a pain that hurts but a stunning jolt
that sends shock waves through me
like an electric burst.
You're so beautiful my only one.
If you could only see yourself through
my eyes you would know just how much you
affect me in every way,
with the beauty you hold outside and in.

You're so beautiful the words I use
cannot describe the treasure you truly are.
A kind loving soul and heart,
a mind that fascinates me with intelligent thought,
a face and figure so divine.
You're the perfect package my beautiful one,
you blow away everything I've ever seen.

Kira you truly are Gods greatest work of art,
he took extra special time creating you,
a blessed Angel of the highest kind.
One of his most beloved I know it in my soul,
a blessing in my life he sent to me.
I love you lady so sacred, rare, and precious through,
You're so beautiful and I'm in awe of you.

Michael P. McParland

For Eternity 2

I want to spend eternity by your side,
hand in hand walking along in sweet warm sun.
Knowing no strife or pain,
I know my lady that we can make it there.
Fighting through all troubles with
and for each other together,
never losing sight of what we need and want
our love will help get us through and
in the end eternity is ours just us two.

You're the only one my soul feels connected to,
you're the only one my heart sings the
greatest and sweetest love songs for.
You're the only one sweet lady that inspires
me to write not just love poetry
but poetry in whole.
I want for all eternity to be with you.

For eternity exploring majestic scenes,
all the wonders of the universe just you and me,
sealed in sacred and a blessed holy bond
we'll be together bound and never broken for eternity.
Only you my sweet Angel Queen.

I'm with always here on earth,
even if just in spirit at times.
Always holding you, watching out for you,
protecting you and here to help in everything.
For eternity through the afterlife I want that too.
I love you Kira my sweet lady I really do,
and for eternity I want it to be just us two
walking hand in hand never feeling alone again.
For eternity you and me.
What happier way could there be?

Michael P. McParland

Morning Note 18

This morning is moving
right along and as
it does my heart is
calling out in full voice to yours.
I'm aching much to
at least hear from you,
and not long from now
see you too.
I want to talk and hear
your lovely voice.
I want to see you
smiling while I gaze
into your loving precious eyes,
you are the greatest
lady of all time.
I miss you tons and love you so,
God bless you always
my only one.

Michael P. McParland

My Love 3

My love what can I do to help you
make it through this pain and heal your heart?
What can I do to prove the love I hold
and its immense depth and warmth?
My love please tell me what I can do for you?

I love you Kira my one true love.
I've loved you for so very long,
I've loved you since day one
when we met so long ago.
I've loved you since March 1999.
I've never stoped loving you
and I never will.
Can you feel the truth and depth of
all this loving admiration I feel?

My love for you knows no bounds.
It's unconditional I make no demands
on which it solely stops or begins.
My love is there no matter what,
it truely is sincere 100%.
My love for you my Angel is the
greatest thing I have in any way.
And losing you is my greatest fear.

I love you Kira and I'll always
work to show you that what I say
is truly real and I want to make you happy,
serene, content, and fulfilled.
I want to prove to you my love is real.
I want to give you all my love
for all our lives both in this one and the next.
I love you Kira and that is the
greatest thing I know and feel.

Michael P. McParland

Morning Note 17

Good morning love
another day is here.
I hope the sun shines
upon your soul and gives you cheer.
I only ever want the best
for my Angel I hold so dear,
feel me with you as time passes
hand in hand my arms
around you as I
whisper in your ear
all my love and sharing
all my secrets.
I give them up to you
because I trust and
love you more than
you can ever know.
I miss you deeply my sweet lady.

I hope this day is
as beautiful as you,
that would make it a
glowing day and
so rarely exquisite.
Feel the sun and be
filled with cheer seeing
my loving smile directed at you.
Be filled with strength
and cheer knowing I
am dedicated and fighting for you.
I'm never giving up on
my only one,
I love you so very much
and I always will for all time.

Michael P. McParland

Night Note 32

Sitting here on this quiet night
playing games on my kindle
thinking of my one and only true love.
How beautiful she is and how much
I miss her sweet heart and soul,
her beautiful shining eyes and smile,
and just how badly I want to
kiss her and hold her in my arms forever.
I wonder does she know the depths of my love,
just how badly I miss her and
need her in my life forever?
Will she come back and talk to me
so we can solve everything
then begin our eternal journey
being proud, fulfilled, and happy?
Does she know that my heart
is in a million pieces without her
and there's no mending it until
she's back again?
Does she know I long to heal
her heart and be the greatest
man alive for her?
I hope and pray each and every day
for her return and her
happiness which she deserves.

Sitting here on this quiet night
about to return to one of
my various books.
All the while I think of her,
I'm sending all my love and warmth,
praying she knows I'm there
with her hand in hand and in my arms.
The greatest woman and Angel
Gods ever created and given to
both heaven and earth,
a blessing truly in my life.
Back to my books, games,
and movies where in everything

I see her brilliant face.
How I long to have her next to me.
I love you Kira with everything I am,
it is immense and you are
everything and all that I want
my sexy lady and Angel Queen.

Michael P. McParland

A Prayer For Tonight 2

God once again I come before you
to ask of these blessings for my love
and for me as well.
Her happiness and safety matter to
me most of all and that is my concern.

Please be with her and give her peace of heart,
peace of mind, peace of soul,
please help her to know she's truly loved
and will never be alone.
Help her to always know that I am here.

Dear God please always protect her in every way,
keep her safe from harm physically, mentally,
and most highly emotionally too.
I can't stand to see her in pain,
it breaks my heart to know she hurts
please put those pains on me.

Dear God please help her to know and always feel
that I am by her side all the time in every way.
Help her to feel my hand in hers and in my arms
tightly wrapped around pulling her close in.
Dear God please help her to know the immensity
of my undying everlasting love,
help her to know I'm never leaving and I'm commited to her.

Dear God help her to know that I've commited
to only her within my immortal soul,
that I'll never look for or have another it is only her.
Please help her to know I'm hers alone and
that's the way I want it because she's a blessing
and an Angel in my life from you.

Dear God please just help heal her of all her pains,
let me carry them if anyone must do it and needs be.
Make it so she's the happiest woman on this earth,
to see her smile and joyusly laughing is the greatest gift.

Dear God again please help her to know of both our love
and feel our loving strength,
help her that she'll know the truth I hold and
please help bring her back to me.
I love her deeply and she is the one whose hand I wish to have,
I want to spend eternity with my beautiful gorgeous Angel Queen.

Amen.

Michael P. McParland

Goodnight Kira My Precious Queen

Goodnight Kira my precious Queen
you mean so very much to me.
I love and miss you deeply and no it
doesn't get easier at any point my lover.
It keeps getting harder and harder to
not have my sweet one with me.
You are what makes life bright and worth it.

Goodnight Kira my sweet and precious Queen.
I'm sending all my warmth and love your way,
along with great big kisses and hugs to fill
you up with contented peace feeling reassured of my love.
I'll be holding and kissing you all night long.

I'll see you in the land of dreams where we can
be left in peace from everything just you and me.
Next to a beautiful river in a field of flowers,
laying on a blanket under a tall majestic tree
holding each other in an embrace of true lovers.
In the land of dreams just you and me.

Goodnight Kira my precious Queen,
never forget that I'm with you always everywhere hand in hand,
I'm smiling brightly at you squeezing you tight within my arms.
Be at peace and feel my strength around you now,
I love you deeply my best friend,
I always have and I always will,
it's only you and I'd rather be alone than have
another woman in my arms.
Sleep well and God bless you with the sweetest dreams,
I love you Kira through all time I just want it
to be you and me through eternity my Angel Queen.

Michael P. McParland

Night Note 31

Sitting here reading a bit and
in a few minutes I'm going to
watch the German film on
Falcos life for the second time.
First though I wanted to let
you know I'm sending all
my warmth and love and am
right there holding you
close to me hand in hand
where I will spend my life forevermore.

I love you dearly
sweet lady of all my hopes and dreams.
I'll be thinking of you
while I watch the film
wishing that you were here.
I miss you intensely my only one.
I'll write you more in
a little bit.
I love you so much my
Angel Queen I so adore.

Michael P. McParland

My Dream 2

My dream is to spend eternity by you,
hand in hand against the world with my lady.
Sweet sweet Kira my Angel Queen is the one
of whom I dream and I long to bask in the
glory she brings and beams.

As I sit here very tired now missing you so much,
I dream of us with our future family in a
beautiful country house.
Filled with the love and beauty that only we
can create and share.
I dream of us with the perfect future my darling dear.

My dream sweet one is to just be with you
and in each others arms sharing our future
which if all alone is very dim,
but as I dream it with you my one it's bright
and fruitful as we both need and want.
I love you Kira and my dream is to be with you,
you're my only one and sweetest girl.

Michael P. McParland

Evening Note 15

Good evening my love
and only one.
I hope your day went well
and the sun shined upon
you keeping you warm.
I hope you felt me there
with you holding hands
and holding you.
I'm with you always
don't forget.
I love with all my
heart and soul
my Angel Queen.

I'm still very tired
and apologize because
I don't know if I can
muster much tonight.
Remember though I'm holding you close
and with this big kiss
I say I love you deeply
Kira of my greatest dreams.

Michael P. McParland

Love Note 82

Awake at last sweet Angel of my dreams.
Just got up 10 minutes ago
and am trying to eat
something around the
very painful sores in my mouth.
A quick hello to
my lady love right now
and I'll write you a
whole lot more as the night goes.
First though as I get
up and I get going I wanted
to let my lady know
I love her tons and am
forever holding on to her.

Michael P. McParland

Love Note 81

Hello sweet lady I
haven't yet been able to sleep,
and I wanted to drop in
and say you're truly so great,
I love you dearly and not
a day goes by where I don't
look to the sky and say
I love you Kira where ever
you may be,
I hope that you're well and the sun's
shining on you filling you with warmth.
I'm sending you every bit of my loving warmth,
I'm right there beside
you today as I am everyday,
holding your hand wrapping
you up in my arms to assure
you that you're not alone.
That I'll be with you forever,
you're my lady and Angel,
my universe and everything.

I'll be here forever waiting
for you with wide open arms,
my heart has always been open
and it will remain that way forever.
I'll never give myself to another
because in spirit I've already
given myself in whole.
So on this side as well I will
remain faithful to my only one.
The woman I'm meant for and
will never get past or over,
you're my best friend and soul mate
and I wouldn't have it any other way.

I must truly lay down and
close my eyes until I fall asleep,
a long slumber is needed and I
expect right ahead,

I'll let you know as soon as
I emerge from its depths.
Never worry or fear that I've
given up or left.
I'll never walk out on you
my sweet Angel dove.
I truly love and miss you so much,
please don't doubt the immense
amount of love and dedication I hold.
You truly are the woman I want to
be with for eternity sharing
everything both sides have to offer.

Michael P. McParland

Happy And Proud (My Love Kira)

I just want to make you happy and proud,
I love you sweet lady if you only knew how much.
I die a little more inside each day
that you're gone and mad at me.
I just want to make things right between us.
I hurt immensely too and have almost
lost my mind and taken other steps.
I just want to make you happy and proud,
I'd give you the world if I could.
I just want to share my world with you forever.
I've tried to reach out before but you pushed me away,
I'm scared, confused, and lost I don't know what to do.

I just know I love you and want to make you happy and proud,
and I feel like a failure because I always let you down.

Michael P. McParland

You May Not Believe Me

You may not believe me but
I treasure you deeply and love
you forever no matter what.
You don't know the immense feelings
I hold in my heart.

You may not believe me but
you'll always be my Angel and
the bearer of my heart.
I love you more than you will ever know,
and I'll always love you no matter what.

Michael P. McParland

Off To Bed 2

Off to bed I go with a heart
screaming in pain.
Tears again staining my pillow,
I am trying my best and don't know
what to do I'm confused and lost.
I just look at her picture and know
I'll never give up.
I just feel so broken inside and
I know the answer to fix it all,
I just don't know the equation
that gets me there.

Off to bed my heart
bursting with sorrow and fear
that she'll just disappear,
I'm going to just hide under the
covers and silently shed
these tears of lonely pain and fear.
Where no one can see me or hear,
off to bed where I'll just weep
until I drift away to sleep.

Michael P. McParland

Come And Sleep Beside Me

Sweet lady I need to lay down for
another long stretch of sleep.
I'm exhausted and beaten from being up
for countless hours along with the
many things weighing on my heart and mind.

So please come sleep beside me and help
all of these things drift away as we hold
each other forgetting the world and just
losing ourselves in our love and a world we'll
create together where we can escape and feel peace,
being safe together just snuggling, talking,
always sharing our many hopes and dreams.
A place for just you and me.
Come crawl into bed and sleep beside me.

I want nothing more than to begin and end every day
being in bed with you there in my arms knowing
you're never leaving because you're my wife and Angel.
Tonight will you grant me this early gift and come sleep beside me?
Chasing away the nightmares and coldness,
filling each other with comfort and peace
only provided by true lovers.

I'm sending you all my loving warmth and I can feel you as well,
but still I ask if you'll come sleep beside me with a
tight embrace of each other reassuring and fulfilling
that inner need of company and contact with the one you so cherish.

I love you sweet Kira and need you,
you mean more to me than you can possibly know.
So I ask you from the core of my loving soul.
Will you come sleep beside me where we will both feel better?
Our hearts beating as one healing in harmony a
s we both want and need,
finding our future right around the bend before us.

Michael P. McParland

Quiet Night 2

Sitting here exhausted and intensely tired,
longing and and aching for
you my sweet darling.
I hope you are sleeping well
having the sweetest of dreams.
Where I am holding you and
giving you deep peace and comfort,
where we can just be together away
from the world and it's cold demeanor.
I love and miss you so much
I just want you here by my
side to share our deep loving warmth
feeling complete in each others arms.

Feel me right next to you and
know that I truly deeply love you,
don't feel cold or alone because
you're not I will not make you
take on the world just as one.
I am here for you my sweet Angel so dear,
I'm looking out for you always.

Sitting here so tired on
this quiet lonely night.
I miss you so much and need you here,
you truly give me peace and fill me with love.
All I can really say is that you
fulfill me and I love you completely
in my heart, mind, body, and soul.
You are everything I need and want.
You're my sweet Angel dove.

Michael P. McParland

Goodnight My Sweet Angel

Goodnight my sweet Angel Kira I hope you rest well,
I miss you so very much and this separation is hell.
I'm with you though in spirit always holding you close,
surrounding you in my love and warmth.
I love you so much and here is a big goodnight kiss.

I'll be with you in spirit the whole night through
holding you close telling you I love you and
how much I cherish and treasure you.
That I want and need you to come back so I can
be right next to the one I adore,
look into your eyes as I caress you and then
passionately kiss you fulfilling us both with the
satisfaction of finally getting that longed for dream.
The beginning of a long awesome journey just you and me.

Tonight though with you in spirit and in the land of dreams,
where I just want to hold you and fulfill our needs
that ache so very deep helping us heal and be at peace,
giving us strength for everything that is ahead.
God willing soon we'll be together again,
but in the land of dreams on this night holding each other
our hearts and spirits healing as they touch one another.
A time for us to just lay down and rest feeling content.

Goodnight my sweet Angel I am sending you all of
my love and warmth along with great big kisses and hugs.
I'm holding you tight kissing you deeply telling you
I miss you so very much and I need you back.
Feel me there with you and be filled with deep peace and strength,
because I love you my dear and we'll find our way back together,
sealing our bond entering our union into eternity,
we'll live in joy feeling complete having each other again.

Michael P. McParland

Night Note 30

How are you doing my love?
My internet was on the fritz
so that's why I disappeared for a bit.
I hope you're okay and not feeling
lonely or upset.
Just feel my arms around you
surrounded by my love and warmth,
I'll always be there for my lady fair.

I hope that your day went well,
that you kept warm inside with
peaceful thoughts of you and me,
your memory and spirit is
what got me through this aching day.
Once again my Queen has saved me
and I can't thank you enough
my sweet Angel dove.
You truly cheer me up and
bring joy overflowing to my heart.
You are the picture of the
perfect woman in my book.

I'll soon send you my
sweet goodnight wishes,
for now though I wanted to
let you know what was keeping
me from writing for you,
and tell you once again my
dear Queen.
I love you so much you're
the crown jewel of my heart,
the apple of my eye,
a true peach that I just want
gobble up with my love.

ILYF and ever KP

Michael P. McParland

True Love 4

True love is a gift so precious and rare
the most wonderful thing known to all man,
a gift found and enjoyed by so few in this life.
Kira we share this wonderful thing in the
unbreakable bond that we share.
We have a true love that can not be broken by anyone.

You are the love of my life and you hold my heart,
you are the most wonderful and beautiful woman
in heaven and on earth,
you're perfect for me and everything I could
ever need and all that I want.
We have true love and it's a blessing from God
given to us so let's grab it and hold on.

Kira sweet Angel I know what my spirit and heart tell me,
that you are my soul mate and the right woman for me,
I want to marry you spending eternity by your side.
This true love that we have is the most
wonderful thing that two people can have and share.

Kira my Angel and Queen you are my true love and only one,
I want only you forever because I could
never give myself to another,
for I've met you and know what it is to connect
with another soul on the deepest of levels.
I would be betraying both you and me to be with another
no matter the circumstances.

I love you sweet lady and my gift to you is my heart
and my life because you're my true love and I want
to spend eternity with you as my treasured Queen
and loving wife.

Michael P. McParland

I Would Do Anything (For You)

I would do anything my dear love to make you happy,
I would go to the ends of the earth if you needed
to find and get you anything that you need.
I would give it my all even risking life
and limb to make you happy and see you smiling.

I would do anything to protect you if a dangerous moment
or situation arose and threatned you in any way.
I would give up my life if needs be to protect my only one,
I will be your hero and knight in shining armor,
I will always protect you from anything there may be
that could frighten, threaten, or harm you.
I would do anything in defense of my lady.

I would and I will do everything in this life to
give you all that you need and deserve,
I will always do for my sweet Angel what is right.
I will do everything for her to be happy,
healthy, safe, full of peace and strength.
I would do anything it takes to let you know that
you matter and you're never alone.
I will do anything to prove that I'm never leaving,
and dedicated staying right by your side for eternity.

I will do everything to honor you treating you as
the precious Queen of my heart that you are,
I will always give you my best treating you with dignity and respect,
give you everything you deserve to heal your heart
and prove to you that you're the best my Angel Queen.
I would and I will do everything that you want and need
because you're my lady and I love you so very deeply.

Michael P. McParland

Love Note 80

Fast approaching evening my lady
and I'm hoping your day
was bright and happy.
Remembering and thinking of
my loving smile,
I hope it filled you with
warmth, comfort, and peace,
feeling me there with you
holding you close.
I thought of you and
your great big beautiful smile,
it filled me with light
giving me a big smile as well.
You my sweet lady are the
Angel who makes the world turn.

Yet my heart aches so bad
twisting around in sad pain,
I miss you so much and
long for you to be here.
I just wish we could talk
and clear the air,
then just catch up with
each other finding out how
we are and where we've been.
Our many adventures and happenings
no matter how exciting or dull.
Once again hearing our voices
losing track of time,
laughing and exploring
various things we would stumble upon.
I miss you so much
my sweet Angel dove and
it hurts so much you not being here.

I'll be thinking of you
this evening as I try to
keep myself busy.
Once again with movies and

tedious tasks,
also some reading I
have gotten behind and
want to do that.
I'll be wishing and longing
for you to be here
sitting with me as I
go about doing these various things.
Just having you around
is a blessing I want and need,
you bring such joy with
your big heart and loving spirit.
Please come back soon
my sweet love and we'll hold
each other never letting go
in endless joy taking strength from our bond.

I love you deeply and
I feel so empty
it's painful not having
you here at my side my
treasured precious Angel.
You are the one I want to
give my whole life and all of my love,
for you are my lady that I've
loved for 16 years since
I was 15.
I know you're my soul mate
and I love you so dearly,
Kira you are my lady and
Angel who completes me.

Michael P. McParland

Thought About You 2

I was out and about doing my shopping
and all the while I thought about you my one and only.
I saw couples together alone and with families
and all I could think was I wish that was us
just spending time as we did our chores both in
the house and having to go out.
I thought about you and how much I love you and miss you.

While I was shopping I looked at food that I knew
I could make us a wonderful meal for a perfect night,
just sitting there with each other enjoying good food
one of the greatest ways to spend time with a lover.
To cook for you would be a great honor.
Then after we could just leisurely clean
then sit on the couch in peaceful quiet and cuddle.

I thought of you and our brilliant bright future,
always standing up and beside one another.
Going hand in hand about our days whatever the adventure,
holding my dear lady as the Angel she is whispering sweet nothings.
I thought about you the whole time because I love you
and want you to be with me forever.

Michael P. McParland

Love Note 79

Good afternoon my only one
I hope your day so far has been good.
I'm about to head out
the door to finally
finish up some chores
and before I go I wanted
to tell you I love you.
I'll be thinking of you
the whole time
wishing you were with me.
I'll feel your presence though
and that means a lot
my sweet darling.

Continue to feel me
holding you close,
my arms around you as
I hold your hand.
One day soon I know
we'll be together forevermore.
You are the only woman
I'll ever adore.

So as I get ready
to head out the door
I want you to know I'm
thinking of you and you're
always in my prayers.
I love you sweet lady
my Angel so true.
May God bless you always
my sweet Angel dove.

Michael P. McParland

Joy In My Heart

I feel joy in my heart because of you,
you have filled me with light through
your loving spirit and heart.
You're the most magnificent woman and I love you so much.
There is joy in my heart and I thank you deeply
and eternally my only one.

You are the love of my life you light up my soul,
my guiding Angel my northern star.
I so deeply adore you and would do anything to
make you happy and smile sweet lady of mine.
Your love for me is truly divine.

There is joy in my heart feeling your spirit here with me,
I'm surrounded in your warmth and love and for
once I feel peaceful and happy.
I'm sending you all my loving warmth,
like a big blanket wrap it around you to feel comfort and peace,
knowing that with me you'll always be safe.

There is joy in my heart because I have the love
of the greatest woman alive,
she adores me so much just as I do her.
Kira your love is the greatest gift I could recieve,
I'll spend my life proving to you that I'm worthy.
I love you so much and with joy my heart just may burst,
you are the lady that holds my heart and soul,
you are the one I want to be with forevermore.

Michael P. McParland

Please Be With Me

Come and join me dear and we'll hold each other so close,
please be with me forever my sweet lady I love.
I want to be with you and share my whole life,
something I won't do with another soul in this world.
I only trust you to see behind these walls of defense.

Come hold my hand and spend eternity with me,
we will live in bliss being content and filled with peace.
I cannot imagine my existence without you in it,
I deeply want you by my side and so deeply need it.
It's indescribable all these feelings you give me,
I wish you could experience them even if for just a second.

Please be with me sweet lady and spend our whole lives,
walk hand in hand everyday side by side.
Our love is so deep and the greatest truth that I know
please be with me forever you're the greatest woman on earth.
I would give everything to be with you my love.

Kira sweet love I so want you as my wife,
to spend eternity with you is everything I
long for dream and strive,
to spend every day with you would be the greatest thing,
so deeply fulfilling with epic meaning,
I love you sweet lady I treasure,
please come be with me forever.

Michael P. McParland

Love Note 78

Good morning darling
I hope you slept well,
I've been thinking of you all night
longing for you wishing
you were here.
You make me smile with your
heart of gold and sweet soul,
but my heart aches because
you're not here for me
to enjoy it.
I feel your love though
and I know you're here
with me in spirit.
Just as I'm with you
always holding your hand,
wrapped in my arms saying
I love you.

Have a good day my only one,
I'll be thinking of you
and in spirit walking along
right by your side.
I miss you so much sometimes
I just break down and cry.
You mean so much to me
my sweet lady and Angel.
Without you here I'm half empty
and far from complete,
you are the woman who fills me up,
you are a treasure that
can't be equaled and I'll
never give up.

May the sun shine upon you
on this winter day,
just close your eyes and be
warmed thinking of me.
Remember my smile I showed
to you so lovingly,

imagine our kiss that will come
I promise you my sweet lady.
I love you so much and want
you to be happy.
Smile for me today knowing
it will make me smile and
give my heart a peaceful
feeling knowing you're
sending your strength and
all of your love.

Michael P. McParland

Grab My Hand

Reach out my sweet lady and grab my hand,
right now I'm in need of your strength,
in a moment of anxiety and you always help
me make it through the tough times.
Please reach out my love and grab my hand.

I also get the sense and feel in my spirit
that you need the contact for peace and strength as well,
reach out and grab my hand so we can comfort each other.
You are my Angel and I want to be yours.
Reach out and grab my hand so I can give you
all of my warmth and love filling you with peace
my sweet Angel dove.

I love you so much Kira my only one,
never forget I'm right there with always hand in hand.
I'll never leave or abandon you for I
would forsake both of us if I ever did,
and I couldn't live with myself knowing you were
suffering in deep crushing pain.
I'm with you forever there will be no end.

Reach out my sweet darling and hold me so close,
let us comfort each other filling up with our immense love,
feeling whole and complete with one another,
knowing everything will be fine and alright.
I love you sweet lady and want to hold you forever,
you are my Queen and my Angel I'm dedicated to you forever and ever.

Michael P. McParland

Morning Note 16

Another day is upon us
and for me the sun rises on you,
you're the reason it shines
and feels so cozy and warm.
I'll be with you all day
with a big smile on my face,
you smile for me too
you beautiful lady you.
Close your eyes and see me there,
feel the big kiss I'm giving you
as I slip my hand into yours
and pull you in close
for a tight fulfilling embrace.

Another day is here my
sweet Angel and love.
I hope that it's great for you
my diamond and peach who I love,
I'll be thinking of you and
that what will help get me through.
Because these days without you
are so often dreary and blue,
you always made my days
bright and feel great with
your loving spirit and heart.
I hope you'll talk to me soon
because there's so much to tell.

Have a marvelous day
my sweet lady I truly
miss you so much,
I need you in my arms
you complete my whole life.
You are special and bright,
you give me a reason to
improve and live because
I want to always give you the best.
You're my Angel and best friend.
What more could I ever

ask for than your love and
to always have your hand?

Michael P. McParland

My Darling One 2

Kira you are my darling one and to me you are
the universe at the center of all the love I hold.
You are so beautiful and precious in a world
so often grey, vicious, and cold.
You are a beacon of light and loving care that
shines through to me guiding me along.

My darling one you make my heart sing in perfect joy
and harmony with your strong spirit and angelic heart.
You fill me up with pure joy and hope that had been
lost and witherted so long ago from not finding love
around me and not one as precious and as pure as you.
You've breathed life into an aching heart that felt
as if it was close to dying not so long ago.

Kira you are my darling one who is my essence and
holds my heart, my soul, all the love that I hold,
you truly are a blessing to me from God,
an Angel with a spirit so strong and worth more than all the
gold and riches on this earth.
An Angel who I deeply love and cherish, I fully adore.

Kira my darling I love you deeply in every way,
no matter what our problems no matter if I get angry
I love you to my core and I will forever through eternity.
I know we can fix our problems and work through them,
I want to be with you giving everything for all time
sealed together in perfect unity.
I love you Kira and I can't see myself without you babe,
I need you by my side to complete my life.
Kira you are my darling and I long for you to be my wife.

Michael P. McParland

Night Note 29

A quick note for my love.
I'm thinking of you
and have a big smile,
I just wanted to tell you
you're truly the best and
I love you.
I can't wait to spend every
night in bed just holding you.
Your head on my chest
hearing my heart beat for you
my lady so great.
It's a dream I so long for
to relax and hold the woman I treasure.
I love you so much and I
hope you're getting some
good sleep on this night.
I love you forever my sweet
lady of forever.

Michael P. McParland

Dreaming Of Us Now

Sitting here in bed still awake dreaming of us now,
smiling and thinking of my beautiful lady
and how she fills me with light making me glow,
tingling in longing of true love.
A purity in need of bonding with the most precious woman
I'll ever know.

I'm dreaming of us now and I hope you are well,
I would give anything to be able to plant
a kiss upon your gorgeous lips and then
look in your eyes and say I love you and I'm
going to spend eternity by your side.
No other woman could be a quarter as good or fulfilling
as Kira so beautiful and my future bride.

I'm dreaming of us now and longing so hard,
I'm right there with you darling feel my love and my warmth.
Feel my hand in your hand and listen closely for my voice,
I will tell you you're precious a diamond so rare,
that you are the woman who holds my heart and for
you I've taken down the defenses and striped it bare.
You are so very beautiful and I love you so much.

I'm dreaming of my lady an Angel so bright and true,
I'm dreaming of Kira my soul mate and best friend too.
I'd give anything to in purity make love to you,
getting closer to you than anyone ever will with me I promise you.
just reveling in the love and bond between us.
I'm dreaming of you and our whole life together,
I love you so much and I'm going to marry you in the
not to distant future.

Michael P. McParland

My Heart Smiles

My heart smiles for you because
you're so beautiful in every way there is.
The most beautiful woman I've ever known
and I truly love you so much.

My heart smiles for you but it aches deeply too,
it longs so much to have you here in my arms.
Just having you close feeling your body against mine,
just smiling and talking treasuring my lady right here.
My heart smiles and aches for you needing you near.

You make me smile and my heart glow,
you make me feel special and I want to have you close.
I long and I ache for my lady so dear,
my heart smiles for you but so badly aches
because I need you here in my arms my lady fair.

I miss you sweet lady so very much,
you fill me with love and light and a smile so wide.
I want to be with you and I hope soon you'll be close,
I love you so much Kira you make my heart smile
but it aches so bad because I miss you so much.

Michael P. McParland

Under The Covers 6

Come and join me under the covers,
snuggle tightly holding each other.
I'll keep the window open a little
so we need to and can hold each other that much tighter.
Not that we need an excuse to get
as close as we can to each other.

Come and let's slip under the covers
talking and laughing telling jokes and stories,
just passing the time having fun with each other.
Stay up the whole night enjoying our time
reveling in the love and bond that we share together.
All the while just staying under the covers.

Come and join me under the covers where we can
at last be with each other feeling our warmth,
sharing our love side by side at last.
Being with the woman I love forever and ever,
knowing this dream has come true and there's
no looking back because you'll always be my woman,
I love you so much Kira my Angel.

Michael P. McParland

Sleep Well My Love

Goodnight my love and sleep well sweet one,
I give you a great big kiss and squeeze you
against me very tight to give you peace
and fill you with my warmth and love.
Then I slip into bed right beside my one.

I'll hold you close to me all night long
so you'll know you're not alone and
that I'm always there I'll never leave.
I will stick by my woman for eternity
you need have no worry forever it's you and me.
I'll pull you close and tell you it's alright
I love you deeply and one day soon you'll be my bride.
I love you truly my only one.

For now though I'll see you in the land of dreams,
where we'll go camping in the woods.
Looking at the stars as we hold each other,
sitting by the fire roasting marshmallows,
kissing and taking in natures beauty while
we grab our future holding on.
We'll hold each other camping
being by ourselves enjoying nature.

Goodnight and sleep well my love I'll
always be there with you my sweet Angel dove.
I miss you dearly but hold hope for our day to soon be here
where we'll rejoice with fulfillment and joy.
I love you Kira you're my best friend and the bond
we share is truly a special one.
I hope you'll soon give me your hand and join me where
we'll spend eternity with each other forever in the promised land.

Michael P. McParland

Snuggle 5

Come and snuggle with me on this night,
pull me close and say you love me and
you're here to stay forevermore,
that now everything is okay,
it's you and me hand in hand fighting
for each other every single day.

Come and snuggle and let me hold you close
reassuring you of the love I deeply hold,
that I'm dedicated to you in every way
never leaving or giving up on my only lady.
Let me reassure you that we'll fight together
side by side with perseverance and always win the day.
Let me tell you everything is now okay.

Come and snuggle filling each other with
deep peace and comfort,
taking strength from the strong bond we
so deeply share and feel with each other.
Just share our warmth and love feeling whole again.
You and me as one for eternity.

Come and snuggle with me my Angel for it's you
I need because you fulfill and complete me.
I love you babe you are the Queen I treasure,
your love is the greatest gift a man could ever hope for.

Michael P. McParland

I Cry (For You)

I cry for you my dear because I know how much
you hurt and how lonely you feel.
I know that there is so much stored inside you
and that much has happened from others
abusing, humiliating, and degrading you.
I cry for all the pain and loneliness you feel.

I cry for you dear because though I don't
know specifics of what has happened
I know that it's there and the pain that you feel
is immense, great in size and for you I feel sick.
I cry and feel anger against those others who hurt you,
I wish I could have been there to punish them and save you.
I'm so sorry I couldn't stop them from harming my loved one.

I cry because you feel abandoned and lonely,
believeing there's no one you can reach out to.
I promise you though that I am right here
and I am with you holding your hand always.
I cry because I don't want you to face life all alone.
You are my lady and I am here for you through eternity.

I cry for you because of the fights which we've had
and the words I have said that hurt you so bad,
I cry because I know they cut you and for that I hate myself.
I love you so much and I hate to see you crying
feeling so low having been hurt at all
but especially by your man.
I cry for you in sorrow because I want to see you happy
and would take it all back.

I cry for you Kira because I know others have hurt you so very badly,
because you believe you're alone though I assure you you're not.
Please come and share with me all your tribulations and trials,
let me hold you till you are done crying,
let me help you get through it healing your
heart and your soul hand in hand together.
Please let me show you that you're worth more than all
those jerks put together for I'll treat you like

you've always deserved my beautiful lady.
As the gorgeous Angel Queen that you are.

I cry for you because of all that you've
gotten in life and you deserve so much better.
So come take my hand and together step into the promised land.
I love you sweet Kira for you are my lady,
and I want to give you the love that you need
and show you that you truly are a precious rare treasure.

Michael P. McParland

Evening Note 14

Sitting here watching a film
and organizing my kindle books.
All the while just thinking
about how much I want and need you here.
Just to have my lady near me
would fill me with joy
and be utter bliss.
Everything about the night then
would be perfection times ten.

Sitting here this evening
doing little things to stay busy,
wishing you here to
enjoy the movie and help me
in this tedious task of
categorizing the books in my kindle.
I love you and miss you
I so wish I could be right here with you.
I long so much to just hold you.

I'm sending you great big
hugs and kisses wrapping you
up in my loving warmth,
let it fill you with peace
my sweet Angel dove I so miss.
I'm always there with you
holding you close,
feel my hand in your hand
let it give you strength.
I love you so much my darling Kira
I hope you know how deeply it goes,
for you are the one I will always
cherish and love.

Michael P. McParland

My Lady 2

My lady truly is amazing to me,
she blows my mind in every way
she truly is everything I want and need.
My lady fills me up with lots of love
and drives me to the greatest heights.
All I want to do is please her and
give her everything she wants and needs,
my lady is the greatest and I don't want or need another.
What more can I say except that she's my lady
and I love her more and more with every day that passes
she gives me endless pleasure with her angelic
presence my lady truly is the greatest.

Michael P. McParland

All I Want 2

All I want is to be in your arms
where I feel safe, comfort, calm and warm.
All I want is for you to know me
for who and what I am.
I want you to know everything about me,
my life, my hopes, my thoughts, my dreams,
my fears, my pains and what it is that has
at times made me so angry and scared.
All I want is for you to understand and know me
so we can be the happiest couple together
in history my sweet lady.

All I want is for you to be in my arms
where I can fill you with peace and strength,
help heal your heart from all of lifes pains.
I want to understand and know everything about you.
You life, your hopes, your thoughts, your dreams,
your fears, your pains, everything you love and hate
and what it is that makes them that way.
All I want is to share your life with you as my wife,
in full understanding so I can always please you
being the man you fully deserve.

All I want my sweet Kira is to be there and
serve my Angel and Queen,
to show you your worth and give you my everything.
All I want is to make you the happiest woman on earth,
even much more than that the happiest Angel
in the entire universe.
All I want is to be by your side for eternity my love.

I love you my Angel Queen and soul mate,
I just want to be with you everyday that we live.
Both in this life and the next I want to be the man
you turn to in times both good and bad.
I want to be your hero my lady so rad.
I love you and treasure you I will always be with you,
Kira my love all I want is to hold you forever.

Michael P. McParland

Love Note 77

I miss you sweet lady
and hope your day is going well.
I hope you're happy and
the sun is shining brightly
upon you filling you with
contented warmth.
Just close your eyes see
me and everything you
love and hold dear.
I'm right there with you
hand in hand always,
wrapped in my arms and
loving wholesome warmth.
You are everything I dream
of and want,
the only person with
whom I want to spend my whole life.

I love you so much
my sweet lady,
true Angel of hope and light.
I miss you so much
Kira my darling so truly divine.
I hope you understand the depth
of everything I feel.
I respect you,
I care for you,
I adore you,
I want you and need you.
You're the most special person
and I so deeply love you.
I want to have your hand
and be with you for eternity.
Kira you're the woman
of my dreams and I so deeply adore you.

Michael P. McParland

I Miss You Kira 2

I miss you Kira and I just want to be with you.
I want to have you in my arms forever.
I want to feel you by my side wherever
we may go and whatever we may do.
I want to look into your beautiful
eyes and see your smile.
I miss you Kira and my heart
aches to have you here with me forever.

More and more I break inside just wishing and
waiting for a word or call from the woman I so dearly treasure,
hoping and praying for her return so we can
live our lives in bliss together hand in hand forever.
I miss you Kira and my life is empty without you present.

Kira you are a true treasure in my eyes
a you have been a gift from God in my lonely life,
you truly are an Angel and a diamond in the rough.
I miss you deeply and you are the person I truly love.
I miss you Kira and I need you by my side.

I miss you Kira and I'll never leave you all alone.
Why would I abandon the only woman I've ever loved?
I miss you my Angel Queen and only one,
you are everything I want and need,
you are my sweet Angel dove.

I miss you Kira and I want to hold your hand and
be your man for eternity,
you are my hero and best friend.
I love you deeply and it will never end.

Michael P. McParland

Will You 4?

Will you ever come back and talk to me my love?
Will you hold me and let me tell you my lifes story?
Maybe then you can understand so
many things so much better,
I'm not making excuses just
trying to bring understanding to my lover.

Will you ever come back and take down your walls?
Will you tell me everything about you life and so much more?
I want and need to know everything about you as well,
I know this isn't just about me and I never felt that way.
You would never fully open up either and that
hurt me just as much.
We both need to drop our walls of self defense.

I love you sweet lady do you know how much?
Will you ever realize you're my life and I need my only one?
Will you come and talk to me so I can explain
and apologize like I know we both need in our souls?
Do you realize how much I torture myself every day for my wrongs?
I love you my Angel you're my hopes, my light and my Queen.

Will you ever come talk to me so we can share our whole lives?
Will you ever forgive me like I hope and pray?
Can you respect me for the deeply flawed man that I am?
I so intensely love and respect you my best friend,
I hope that you can.

Michael P. McParland

Love Note 76

Good afternoon my love.
How has your day been
my only Angel of love and light?
Another very long stretch of sleep for me.
Feeling slightly better today
but still hurting and long for my only one.
I just listen to my favorite songs
and albums by my favorite artists over and over
thinking about you the whole time.
I rarely get out of bed or leave my room,
though I must here shortly to
get done with my shopping.

I miss you sweet lady and
my Angel Queen,
my heart aches intensely
for your arms to be around me.
Never forget I'm always with you
hand in hand by your side,
holding you surrounding you in
all my warmth and love.

I must get up now sweet love
and go about doing some things
but you'll hear more from
me as this day goes along.
I can't take not speaking to my only one.
Have a magical day full of
love and sunshine,
let it warm you in every way.
Feel me by you there.
I love you sweet lady of my
greatest hopes and dreams.

Michael P. McParland

Sleep Well Sweet One

Goodnight my love and sleep well.
I'm sending you all my warmth and love
with great big kisses and hugs.
For me the night is done and back to bed I go.
Feel me there holding you so close,
I love you so very much believe it or not.
You're the most important person in my life.
I'll see you in the land of dreams where we can talk and laugh.
I miss you so much my Angel Queen.
Sleep well sweet one and sweetest of dreams.
I'm always with you hand in hand,
I love you so much my only one.

Michael P. McParland

Night Note 28

How was your day sweet lady?
I hope all was well
and you felt me there.
I was asleep until just
45 minutes past.
I'm still tired and just feel sad,
soon I'm gonna go back to bed.
I wanted to check in
with you and tell you
I love you in every way,
every day through out life
my sweet Angel dove.
I'll always be with you
hand in hand holding you
close next to me my only one.
I'll talk to you a little later,
the tears are coming and I don't
want you to be brought down by
seeing them and feeling them.
I love you deeply my only Angel
I hope one day soon you'll come get
me and hold me forever.

Michael P. McParland

Time To Rest

It's time for me to finally rest.
Will you come my love and hold me close?
Share our love and warmth sealing the waking
hours with a passionate kiss.
Just to look into your gorgeous eyes and
say I love you dear would be the perfect wrap to go to sleep.

It's time for me to finally rest,
remember dear I'm with you always no matter what.
Please join me here in spirit with a tight squeeze
so close to me and we can finally get our peaceful,
healing, contented sleep being with each other happy and fulfilled.
I love you dear please come and rest with me and hold me close.

Michael P. McParland

Night Note 27

Sitting here trying to
occupy my tired mind and
thinking about you all the while.
I long to have you here in my arms
curled up in bed your head
resting upon my chest,
you listening to my heart beat.
Knowing it beats just for
you and is singing the
greatest love songs in the universe.
I ache so badly to
just have you in my arms as we drift off.
I wish you could feel just
what I feel inside because I
want and need to share with you
everything I hold and do not hide
but can't adequately express and describe.

Sitting here in bed and wishing
you were here by my side to
just lay next to and hear you breathe.
Know you're here forevermore and never leaving,
feeling pride in my beautiful lady.
You are the Angel for whom I'm waiting.
I'll be here dreaming until you return,
with an open heart and open arms
I'll meet you with tears of joy
down my face streaming.
I won't be able to say a word,
because I'll be to overcome with
a flood of emotions tying my tongue.
When I can though I'll say I love you
sweet lady Kira of my dreams,
I've missed you so much but now
you're here and my heart sings.

Michael P. McParland

A Gift For You (My Heart)

I have here for you the greatest gift I could ever
give to anyone and Kira I choose to give it to you.
My heart is yours and I want you to hold it forevermore,
through eternity this gift of my heart is something I
want you to have as it's keeper for you are the reason it keeps on beating.

Only one other gift can be more sacred and I
will save that for only you as well,
but here now and always I present to you this
gift that is my heart for I love you so
and for eternity it's yours to have.
You are the one I choose because I can't imagine
another ever even touching it in anywhere near the same manner.
You are so far above the rest,
a special Angel to whom I kneel before with this precious gift.

I give to you the greatest gift I could ever give,
my heart and you know how protected it has been,
so please treasure it and be delicate.
You are the only person for whom the defenses have been taken down,
you are the crown jewel and northern star of this very heart.
A gift to you I give so very proud.

I love you Kira and my heart is yours to have and yours alone,
you know what defenses have surrounded and glimpsed the
many wounds that have fell upon it.
Now I drop these walls of protection and give to you
this gift of pure trust and being fully open.
It's a gift so rare and one I give to my lady fair,
because I love you dearly and I trust you deeply in every way.

Michael P. McParland

A Prayer For Tonight

I come to you God on this night
to offer a prayer of peace and ask for
you to help give my love your comfort
and be filled with strength so profound,
and to help her to know the truth of
all the love I feel.

God please watch over her and continue to
help her know she's not alone.
That she's so deeply loved and that at
a moments notice in need of anything
I'm right here to answer her call for help.
Give her peace to know she's not all alone in the least.

God please help her to know the truth and depth
of my everlasting love and dedication,
that I would not lie about such things or try to
hurt her for some reason beyond our comprehension.
Please bless her with the peace of mind and true
knowledge that what I hold inside is pure and solid.
Help her to know I walk along with her everyday
in spirit by her side,
that I'll never leave her broken and abandoned like a
toy I'm bored with after a little while.
Help her to know I treasure her in every way for
just who she is my Kira from heaven and my best friend.

God please be with her and clear her body of all its pain,
she does not deserve such suffering.
She deserves a perfect body with no sickness or maladies,
she's a gorgeous loving woman who deserves the greatest things.
Let me carry her heavy burdens so she can be happy
doing everything she's ever wanted.
I would give my life to make her whole and happy.

God please just be with her and give her endless peace,
she deserves pure contentment and happiness with no sadness,
please give her full release of these things that cling to her.
I love her very much and to see her smile is the greatest

thing I can imagine when her soul is filled with joy and contentment unmatched.
God please help her find everything she wants and once again
on my behalf please have her know the truth of my immense
and undying love for her the one I want to be with forevermore.

Michael P. McParland

Sleep Tight Sweet Love

Goodnight and sleep tight sweet love
Kira Angel of my heart and soul.
I'm sending you all my warmth and love
wrapping you up in its comfort like a blanket,
I'm sending along great big kisses and hugs
to fill you with loving peace and warm you up inside.

I'll see you in the land of dreams where we can
just spend time talking, laughing, crying,
holding each other just pouring out everything
we hold inside and need to say to each other.
I promise on all I am there will be no cross words
or yelling from me.
I'm sick of fighting and desire pure loving peace,
to work things out in harmony.
I know I must prove this to you and I will.
For tonight though we'll just hold each other basking
in out bond of steel and pure love in the land of dreams.

Sleep tight my Queen I'll be in bed holding
you so close my hand in your soft precious hand.
With a deep kiss I'll tell you it's alright,
I'm here forever to never part I will be by your
side through eternity as your lover and protector.
Please don't worry if you hear and feel some tears
as the night goes on.
It will be release of so many things I'll share
with you later.

Sleep tight sweet Kira my love I hope
and pray you feel and know the truth of all
the love and care I send.
To me you truly are everything and all I want,
I love you so very much my best friend and only one,
sleep tight and may God bless you with peace
and the sweetest ever of dreams my Angel Queen.

Michael P. McParland

Night Note 26

I hope your day was well
my sweet Angel dove.
I was sending all my
love and warmth your way
the entire day.
I know you're upset with me
and I so badly hope
to make everything up to
you and heal your heart soon one day,
please don't be angry
my love who I so deeply adore.
I've been with you the
whole time and I'm
praying that at no point you
mistook anothers words for mine.
I love you so very much and
have been working hard
on things since at least July.
I wish you would come talk to me
so we could understand and
clear things up.
All this confusion and missing
you is tearing at my heart.
I'd give anything to have you
here within my arms.

Feel me with you lady of
my sweetest hopes and dreams,
my hand in yours pulling you
in close to me.
With a kiss I say I love you babe
I'm so so sorry please forgive me.
I love you so very much you're
my Angel and my Queen,
you truly do mean everything to me.
I'll soon send you my goodnight and
there will be more I promise you
my Angel of delight.
I love you and I miss you like

the tortures of the damned,
I hope and pray you'll soon talk
to me and see the truth I hold for thee.

Michael P. McParland

Love Note 75

Hello my love I hope
your night is going well.
I miss you so very much and
am sending you all my love and warmth.
Feel me there right next
to you hand in hand holding
you so close telling you
I love you and I'll be here
by your side forevermore,
I'm not going anywhere.
I know you love me as I
love you.
You're my Angel Queen and
you're truly so very special to me.

Thinking of you here as
I lay in bed tonight.
Sending my all to you
my sweet Angel of delight.
I hope you know the immense
passion and love I hold for you,
nothing in heaven or on earth
for me compares to you.
You're everything to me and all I want.
I love you Kira please reach out
and take my hand,
join me here in bed and cuddle
through the night.
Please know the intensity
of my deep true love.
I always think about and pray for you,
never forget I'm right next to you.
I love you my sweet Angel Queen,
please I beg of you to not
be angry and come talk with me.

ILYF and ever KP

Michael P. McParland

Snuggle 4

Come and join me dear and
let's just snuggle and get some rest.
Let's just pack this day in
climb into bed and snuggle to our hearts content.
I just want to lay down and hold you
while we close our eyes talk a bit and rest.

Come and join me here in bed where
we can snuggle hiding from the world.
Shut it out and turn it off,
while we just lay in bed in each others arms
with big smiles as we snuggle tightly
and talk at length about all we want.
Come and snuggle with me my sweet Angel dove.

I just want you in my arms and we can rest a bit,
I'm tired of this empty bed wishing you
were here right with me in it.
I want to snuggle with my Angel and forget the
problems and the stresses of the world around us.
Please come and snuggle with me my Angel Queen
I so deeply dearly love you and want in my arms
to feel cozy and be warm with.

Michael P. McParland

I Am Always With You

I am always with you sweet lady
everywhere you go and everything you do.
I'm right with you in spirit
holding you tightly in my arms,
hand in hand I'm with you always
because I want to be your hero and
I am your man that loves you.

I am always with you my Angel I desire,
I will not forsake you for anything.
Not a person, not an object,
nothing can take me away from you because
I love you deeply my Angel true.

I'm always with you Kira love because
I watch out for my loved ones.
I care for you so deeply that my heart
hurts in joy when I even think of you.
I'm sending all my love and warmth
and wrap you in it like a blanket,
followed up with great big hugs and kisses
for the lady I adore.

I am with you always holding you tightly
hand in hand every step everyday.
Believe it or not babe you're the only one
for who my heart dances and sings for in every way.
You are my best friend and soul mate
and I love you very much.
I'm always with you Kira dear and I'm never leaving you.

Michael P. McParland

Please Reach Out

Please reach out and let me
know you're near.
I ache so badly and need your
loving spirits strength.

Please reach out and talk to me
you'll see that my love is true,
please reach out and hold me close
I need the comfort now.

Please reach out my lady so divine,
I love you and I need you
more than you can know.

ILYF KP

Michael P. McParland

Please Take My Hand

Please take my hand my lady fair,
help me know that you are here and
give me peace and comfort I so need.
I love you and I hope and need you to believe me.
I know that you feel the same,
I would not forsake you and deny your
feelings from your very soul.

Please take my hand and talk to me,
I hurt so bad and need you next to me.
I feel so lost and confused inside,
please take my hand and be my guide.
I love you Kira please don't deny that
you know the truth I hold inside.

Please take my hand and give me comfort dear,
I need your sweet strong spirit more than ever now.
You are my Angel I adore so much,
I love you deeply and I would never lie about that.
Please come and talk I need so bad to show
my whole soul in full to you.
You're all I want, you're all I need.
Kira you are the only one I truly see.

Michael P. McParland

I Know You Love Me

I know you love me sweet lady of
everything good and right in the world.
I love you so deeply too.
Do you know just how deeply I truly feel?
I would give my life for you if
you needed that from me.

I love you so much and I need your help,
I need your help to guide me in the right
direction to get back to you.
In matters of the heart all I know is what I feel,
I'm not good at navigating the stormy seas.
I love you so very much and I know that
you truly love me in return.
You are the most genuine heart felt person I have ever known.

Please believe me that I loved you from the very start,
and I'm on my knees begging you to come and talk,
for you to stay and let me prove myself everyday.
I love you Kira my Angel of true light,
I know you love me too so please just come and talk.

Michael P. McParland

Take My Hand 4

Please be at peace sweet lady of
my heart and dreams.
Reach out and grab my hand,
I'm always here for you and I will never
leave you all alone.
If anything ever happened to you
I would completely come apart losing
the last of my sanity I have left.

Please reach out you're not alone,
I'm here my sweet Angel and I want to
be with you,
I want to help you heal and make it through.
Please reach out and grab my hand
be filled with peace my precious jewel.

I love you lady of my hopes and dreams
my Angel of pure light.
Don't suffer all alone come let me hold you tight.
Sweet Kira I need you in my life,
you mean everything to me and I want
for you to be my wife.

ILYF and ever KP

Michael P. McParland

Come Rest 5

Come climb into bed with me my love
and lets rest holding each other
tightly in our loving arms.
Just put your head upon my chest,
you know I love Mozart and Chopin,
we'll put on their music and be soothed
with each other and their beauty hand in hand.

Come rest with me and let us find
peace and ease with each other in my bed,
come let me hold you and heal your heart.
You mean so much to me and your pain
makes me want to cry.
I need to comfort you and see that smile,
come and listen to the music while I
comfort you in my loving warmth and
reassure you that I'm here, I love you,
and I'm never leaving.

Come into my open arms and let us climb
into bed to rest.
Let me hold you tight forevermore.
I love you Kira you are the woman I
truly and eternally adore.

Michael P. McParland

Love Note 74

Hello sweet love I
hope your day is going well.
I've been resting here
but wanted to check in
and say I love you so.
I miss you tons and wish
you were here,
I'm sending all my warmth
and love to you.
Feel me there with you
holding your hand,
arms around you to
give you peace and strength.
I'm always by your side.
Have a beautiful day
my only one remember you
are superb and I
miss you like a fat
kid misses his pies.
You are a diamond and a peach,
I love you babe I'll
be here always and we'll
talk more as the day passes
my sweet sweet Kira Angel
of my heart.

Michael P. McParland

Your Picture 2

Laying here looking at your picture
as I try to get a little rest.
Since you're not here I speak to it,
saying I love you sweet lady and I'm sorry
for all the things I did wrong and created this mess,
please come back my sweet darling and I'll make it right.
Let me just hold you and heal your heart.

Then the tears began to burn my tired eyes,
because I miss you and am so filled with sorrow,
I want to tell you how badly I feel
for all that I've done wrong.
I hope that soon I can just hold you and release it all,
tell you how precious you are and that I love you
more than you can ever know.
Kira you are my lady and I miss you so.

Michael P. McParland

My World Is Yours

I long deeply to share my world with you,
where all that's mine is yours.
We can walk hand in hand exploring it all,
I want to share my world with you.

So much to tell and so much to share,
please forgive me if I get embarassed
and have a hard time revealing parts of me,
I've never had anyone love or care for me
like this and don't know how to open up,
but I so long and need to tell you all.

Please come take my hand and share my world,
where all that's mine is yours as well.
I love you sweet Kira my dear glowing Angel,
I want to give you everything so come share
my world and let me tell you all that I hold.

Michael P. McParland

As I Lay Down

As I lay down now to rest
I reach out to touch your hand.
I need to feel your presence here,
I'm so very tired and I want to hold you near.
If only I could show and share with
you the depth of everything I feel.

As I lay down for just a couple hours
I reach out to you for a hug from
the woman I so deeply miss.
I need to feel your comfort around
and in me at this time.
My sweet lady how I just want to make you proud,
to feel your love right by me every day.

As I lay down for some small rest
please come hold me my true love I dearly miss.
Please give me strength and give me peace,
you are so truly special my Angel Queen.
I love you dearly please know that sacred truth.
I'm scared and lonely without you.

Michael P. McParland

You Bring Joy

You bring great joy into my heart and life,
that's why I'm so sad and hurt without you here.
You are so very beautiful and special and
to be around you is a wonderful experience
so rare in life it's to be treasured and cherished
when it happens and I want to always be with you.

You truly are an Angel in my heart and eyes,
you fill me with light and hope,
everything about you makes me want to sing
every love song I know in full voice.
You are so beautiful and you bring me great joy.

Dear sweet Kira of my hearts pure desire,
you bring me joy and give me hope for a better tomorrow.
I love you so much and my heart beats for you.
You have shown me true love and I want to
thank you always for all that you do.
You are joy and an Angel,
you give me everything a man could hope for and desire.
Kira sweet one I love you so much my heart is yours forever,
please accept this gift for it's something I give to only you
my sweet Angel dove.

Michael P. McParland

You're So Beautiful 4

You're so beautiful sweet one that every
time I see you my heart flips and
feels as if it may burst out of my chest.
My whole body aches with the beautiful Angel
that my eyes longingly partake.
You're so beautiful I get that tingling sensation
and my knees begin to quake.

You're so very beautiful that I can't help
but sit and stare at the Angel so unique and rare.
I know how much it annoyed and angered you,
but I couldn't take my eyes away because
I was so enamored with my sacred Queen.
Like an electric shock your beauty is so
pure it amazes me that you love me too.

You're so beautiful my best friend Kira I
love and hold so truly dear.
I don't think you know how deeply from the
start you blew me away and down on my knees.
A million times a day since then I've wanted to
ask for you to be my bride and marry me.
You're so beautiful my Angel Queen.

You're so beautiful in every way.
A beautiful face, a beautiful smile,
beautiful eyes, and a beautiful body that drives me wild.
Most importantly though you have a beautiful mind,
a beautiful heart, a beautiful soul, kindness that
speaks volumes about the beautiful woman that you truly are.
You're a beautiful woman in every way and I'm in awe
of you my sweet Angel dove and lady fair.
I love you deeply and I love you truly,
you're so beautiful and you touch me deeply.

Michael P. McParland

Goodnight Kiss 9

A goodnight kiss for you my sweet one,
filled with deep love and passion to
fully express everything I feel inside.
Pulling back I smile looking in your
heavenly eyes and say I love you babe,
you're the greatest person on earth through all time.

I'm sending all my warmth and love your way,
with the biggest hugs and kisses to fill
you up with comfort, peace, and deep strength.
In spirit I slide into bed beside you,
pull you in close and once again kiss you.
Enjoying the warmth and feel of your body next to me.
Pure love fills me up to bursting.

I'll once again see you in the land of dreams,
a place where we can just talk and be together,
doing whatever we desire in our hearts and
to their content.
Please sweet lady let it soon be our reality.
I'm always here with open arms and an open heart.
It's you I'll always be waiting for.

Goodnight sweet lady of all my days,
with a deep passion filled kiss I let
you know just how much you're truly missed.
Pulling you in so close and tight I tell you
I love you my Angel so divine,
you are the reason I've survived and I'm
always with you all the time.
You are the one I love and give my entire life,
I pray for you to very soon return.

Michael P. McParland

Beautiful Days 2

I dream of and long for beautiful days with you.
I could spend hours on end just smiling and staring
getting lost in your angelic eyes,
mesmerized by their magic glow which pulls me in,
melts my heart with the loving delicate soul I see within.

Beautiful days where I could just sit there talking with
you as the hours slip away,
just drifting off to heaven with the sound of your beautiful voice.
Finally hearing all the stories of your life, every hope and dream
you've held, all the people and things you love.
Something I've longed for and wanted for years and needed too.

Beautiful days just holding hands in each others arms,
sitting in silence while our hearts and spirits speak and heal.
Quality time with my lady who I want to spend eternity with,
the lady of my sweetest dreams and Angel that's blessed
me with her heart of gold and love supreme.
Beautiful days just you and me.

I love you Kira and my dreams are beautiful days
just spent with you in endless time.
I hope to show you just how much I love and need you
through deep talking and my actions giving you my best
and my everything and all.
Beautiful days with you in my arms fighting side by side
to defeat those things which try to pull us apart at the seams.
I love you Kira my only lady and long for eternal days
of beauty spent with you hand in hand and by your side.

Michael P. McParland

Love Note 73

A quick note
to my only one
to say you are so great,
as the hour grows late
it's you I dream of
and wish to have
so close right next to me.
I crave you in so many ways,
all from pure love
because you're my
heavenly soul mate.
I'd give anything to
have you here my little
lady so fine and sublime.
I love you truly and
wish I could be
with you all the time.

Michael P. McParland

Night Note 25

Dear lady of my heart
I can feel you here by my side.
Please never part and come
be my cherished wife.
I can't imagine a greater
fate than being able
to be with you every day.
Nobody on earth could ever
be as blessed as me to
have a love so pure
as you my darling Angel
and lady supreme.
I feel you here and it
makes me so happy and
peaceful thank you
my Queen from heaven
and loving blessing.

I'm holding you close always
and I hope you feel it
dearly within your sweet
golden heart my only one.
I'm with you always and
need you to know that I'll
never leave you and hurt you,
you are the one that gives
me reason to go on and improve.
Please sweet lady come back soon,
I miss everything we had so very bad.
I love you dearly and treasue
you as only one can treasure
a person they love with
their entire heart and being.
You are so very special to me,
I'll be looking at your picture
when I lay down to sleep.
Please look at mine too and
we'll both say goodnight to
the people we love.

I miss you so very much
and my dear Kira I want to
make everything up and give
you my all forevermore,
without a doubt you are
the lady I'll always want.

Michael P. McParland

God Bless You 3

God bless you always Kira my Angel of light,
may he help you know in your soul and heart
just how deeply and immensely I love you.
Nothing on earth can adequately describe
and express the range of emotions I feel for you,
so I ask God to help you know and feel the truth of my soul.

May God bless you and keep you always,
you are one of his most beloved and greatest gifts on earth.
A true Angel that shines and guides me in the right direction,
you are my northern star and hero my Queen.
God bless you in every way in everything.
I love you so much my sweet sweet Kira and only one.

God bless you truly for all you've done for me,
I can't thank you enough for how you've touched
my heart and life,
I sincerely hope and pray you'll give me
your hand and be my wife,
the greatest dream I have and the
greatest gift you could give.
I love you so much and so dearly Kira my
Angel of love my Angel of light.
May God bless you and may you spend every night next
to me in bed holding each other so very tight.

Michael P. McParland

A Thousand Poems (For You)

A thousand poems and almost all for you,
I hope that you have loved them and my
deep feelings of love and passion have gotten through to you.
They're all a gift of heartfelt need and admiration,
they're all a gift to you Kira my sweet Angel Queen.

A thousand posted and I want for you to keep them,
a testament to my true everlasting love and dedication.
One day soon I hope we'll be together,
side by side in each others arms we can read them all together,
with each one a kiss and declaration that today I
love you even more and you are the woman I'll spend
eternity with I'm never leaving you.

A thousand poems before you now my Queen and only lover,
a gift from me for you to have forever if you want them now.
They are a testament of the loving truth a confession of my needs,
A thousand poems almost all for my Angel,
my best friend, my hero, my Angel, and my Queen.
They're all for her because Kira is the greatest woman
and the only one I'll ever love for the rest of time.

ILYF and ever KP

Michael P. McParland

Evening Note 13

Good evening my sweet Angel Queen,
my heart is calling.
Can you hear its pleas and songs of love?
It's aching so very much for you.
I'm sorry if I'm bringing you down,
I just need to share my feelings
with the woman of my heart
and sweetest dreams.
Feel my hand in yours and heart
beating right along next to you.
I'm sending all my love and warmth,
feel it surround you
wrapping up like a big blanket
of comfort and serenity
giving strength and peace.

Good evening dear darling
have a good one and beautiful night.
Thinking of you and your smile
is what will get me through
as it does all the time.
You truly are the most beautiful
loving woman of all time.
You've touched my life in
the greatest and most profound
of ways you can imagine,
and I thank you sweet darling
for being my Angel.
I love you Kira my best friend,
you'll always have my heart
through eternity.
I pray for your return,
you're the only woman that
will ever have my love.

Michael P. McParland

Please Talk (Words Of Love)

Please come talk to me and see
all that I hold inside for thee.
Come let me release my all,
pour everything I need out to you my sweet lady.
Let me show you just how much you
truly mean to me.

I love you sweet Angel of my prayers and dreams,
you are the keeper of my heart,
my soul, my essence, everything I am is yours.
I would do anything for you
including give up my life if you needed me to.

Kira my love if you only knew
the depth and intensity of my
love and passion,
I wish there was a way that I could let
you know see and feel it all.
It's so hard to contain and not shout
it all out to the entire world each day.
Kira please come talk to me
I truly love you so very much.

Michael P. McParland

Love Note 72

Feel Me holding you
ever so close my sweet lady
and Angel of love and light.
I'm going out to do some
shopping and I wish you
were here to go out with me.
Just to spend time and
have you near right by my side
holding hands and smiling
in peaceful contentment
knowing nothing can separate us
or ever hurt and break the bond
we share and nurture.
I love you deeply and profoundly
my sweet Kira of true kindness,
beauty and loving grace.
I'll be thinking of and
missing you while running my
errands and shopping.

I'm with you by your side
always and forever holding
your precious soft hand,
feel me there with my arms around
pulling you in tight and saying
I love you my Queen Kira
you mean and are my
everything and I want you to know
I just love you so deeply that
my heart aches in every way
to have you here.
You are everything that's great,
the truth of my soul is how
much I deeply love you.

Michael P. McParland

Please Don't Leave

Please don't go and leave forever
never looking back my sweet.
My heart and spirit need you so very bad,
you are the Angel from heaven above that I love.
The only one that completes me giving me light and hope.
Please don't leave Kira my soul mate,
you mean everything to me and are all that is
right and just on this lonely earth.
I can't possibly describe in words just
how much you mean to me and your abundant worth.
Please don't leave and very soon come back,
my heart and being ache and long for you here,
to just hold and tell you how much I've missed
your beautiful heart and soul,
just completely missed the beautiful gorgeous woman you are.
Please don't leave sweet Kira I love and adore you so very much.

Michael P. McParland

I'm So Sorry

I'm truly so sorry sweet love
for everything I've ever done wrong.
The things I've said and done that
hurt you so bad haunt me everyday.
I can feel that you're mad and I know
you still hurt,
and my heart is aching in a million ways
that you can't possibly know.

I'm so sorry to the deepest parts of my soul,
I very often just sit and cry because
knowing I've caused such feelings and tears
in the woman I love makes me feel like a felon,
like a murderer that belongs on death row.

Please just let me express my sorrow and remourse,
tell you how sorry I am that I was so coarse.
I don't blame you for your anger but please know
it makes me hurt worse.
I love you so much and will spend
eternity making everything up.
Please my sweet lady angel of love,
I'm so truly sorry believe me
I would give anything to take it all back.

Michael P. McParland

I Miss You 7

Sitting here aching missing you so much.
Will you soon be here my sweet angel dove?
The days seem so long and are sad with you gone,
almost 10 months and it's felt like a million years.
I just want to hold you close and hold your hand in mine,
I miss you so much and need your lips upon mine.

I miss you so much and time makes it no easier,
you're the medicine my heart needs to be soothed
and feel at one again as we just bond souls becoming one.
I miss you so much in all the time without you
I've almost completely fallen apart.

I'm always sending you all my love and warmth,
I'm right by your side to fill you with peace and strength.
Can you feel everything I give you filling you up?
I can feel your love and I know you're beside me
in spirit and it's the only thing that helps me keep moving along.
I miss you so much and love you well beyond the stars and the moon.

I miss you sweet Kira you're my precious gem
and diamond in the rough.
I want you to be my wife holding each other for eternity,
You are my Angel and my Queen,
I want nothing more than to spend my
existence with my soul mate and best friend.
I love you so much Kira my only one,
and each second I miss you more and more.

Michael P. McParland

Love Note 71

Good afternoon my sweet love,
I hope that your day is well
and that you are good.
I slept all day yesterday
and up until an hour ago.
I'm sorry if you're angry and
thought I had given up or was gone.
I'll never give up on you
and I'm always right there by
your side forevermore.
Hand in hand I'm with you
because you're my angel
and I love you more than you can know.

Ilove you sweet lady that
I adore through all space and time,
I need to get up and moving around
but I'll be writing you a lot more.
You are the reason that I live
and the reason I improve.
I love you sweet sweet Kira.
What would I do without you?

Michael P. McParland

Quiet Night

Quiet Night and I've not yet slept,
a bit of food on my stomach to calm
the empty pit that is grumbling.
Then lay my head down thinking of you.

It's a quiet night full of tired aching and longing,
wishing there was a way I could tell you
how much I love you and miss you.
Just have a way to share everything that's
happened since we last talked in May.

A quiet night of hopes and prayers,
as of yet no sleep but I'm almost there.
I'll be thinking of you holding you
in spirit so you'll feel all of my loving warmth.
I love you so much listen closely on this
quiet night so you can hear me tell you
I love you and I'm by your side forever.

Michael P. McParland

A Dream Tonight

I hope and wish for a dream in which
the sadness is beaten and empty
lonliness is chased away and defeated.
I hope and wish for a dream with you
my sweet lady coming to visit.
To hold me close and hold me dear,
to fill me with warmth through your
kind loving heart and spirit.
To have your shoulder to cry on and
release all this aching sadness.
A dream where you just kiss me and hold me,
give reassurance that everything
is okay and we'll find our way back together.
A dream I hope and wish for in which
your arms are around me giving such
peace and endless comfort.
Where we can tell each other I love you
and I'm here with you hand in hand forever.

Michael P. McParland

Goodnight Kira My Only One

Goodnight Kira my true love and only one,
I'm sending you all of my strength, peace,
love and warmth to wrap you up,
along with great big kisses and hugs.
Feel the loving comfort within and the immense
emotion they store just for you.
The deepest things I hold in my soul
and I feel them all about you.

Goodnight Kira my sweet love and dear Angel,
I'm there with you under the covers in spirit
holding you close to fill you with comfort,
so you'll know forever you're not alone and
I'm here as your love and protector.
My hand in your hand I whisper it's alright
my sweet darling I'm never leaving,
forever I'll be by the side of my Queen.

Goodnight Kira my one and only,
among the moon and the stars mingling
I'll see you in the land of dreams a sanctuary
for just you and me.
A timeless place where we'll always have our way,
holding each other, laughing and crying in cheer
as the moon and the stars put on a show of light to amaze,
they do it for us because we're true lovers
which only they can understand and relate.
We'll spend our night there together never thinking of parting.

Goodnight Kira my only one,
I miss you so much and want you here to hold and to touch,
feel your heat next to me completing my heart
and my spirit filling everything inside me.
You are the crown jewel of my heart and soul mate
I desire to be with forever and ever.
I love you sweet Kira you are the only one
that fills me with passion and fire.
I love you and need you for you are my best friend and hero,
no other comes close to my beautiful Angel.

Michael P. McParland

Night Note 24

Winding down here as the hour grows late,
I've got a bit of a smile and
it's because of you babe.
Feeling your love and remembering
your smile has lifted my heart
and filled me with you.
Thank you sweet lady I wish you
were here to thank and to show
how grateful I am.
I treasure you so dearly
and I need you to know that
I am your man by your side forevermore.
I will only be yours and no
other can have what I give to only you.

Winding down and soon I will
sleep dreaming of you being with me,
doing anything and everything it
doesn't matter because I'll be with you.
A smile on my face and peace in my heart,
all because of my love Kira sweet Angel and Queen.
I love you so much and thank you
in droves.
I'd be so lost without you and I think
you know that is the truth about me.

Michael P. McParland

Under The Covers 5

Come join me and slip under the covers,
just hold each other and snuggle
while we talk about everything.
Feel the peaceful healing together
as we hold hands sharing everything
there is and we've ever known.
Coming closer together through
complete trust and communication.

Come slip under the covers and
revel in our deep warmth and love,
just bask in our home together
in each others arms.
A place of pure love and acceptance,
no need for doubt or fear of rejection.
We'll just snuggle under the covers
feeling at one as we're finally together.

Michael P. McParland

Evening Note 12

It's evening now my dear
and I hope you are well.
I'm sending all my warmth
and my love to keep you warm,
let it fill your heart with
deep peace which we both
surely need.
Reach out and hold me I'm
in need of your touch,
I'm feeling quite lonely
and aching intense.
I'm with you always have
not a doubt.
I'm holding your hand wrapped
in my arms saying everything
is alright.
I love you sweet lady and
I'm only yours for eternity.

I'm thinking of you and
praying you're alright
feeling my essence in your heart.
I miss you so much and
need you more than you know.
I love you so deeply and
want you here in my arms,
the lonely tears are clouding my eyes.

Michael P. McParland

My Angel Of Light And Love

My Angel of love my Angel of light
you are the sweetest lady I've ever met.
You are one of a kind a unique treasure
with worth far greater than all riches on earth.
You are so beautiful unmatched by any
masters work of art.
You're my Angel of beauty, my Angel of light,
my Angel of true love that fills me up.
You are my sweet sweet Kira who I love so very much.

My Angel from heaven a true blessing from God,
you give my life meaning and reason to go on.
I thank you so deeply for all that you give and you do,
I'll spend eternity showing how grateful I am
and giving back to you.
My Angel of comfort I truly adore with no end.

My Angel of passion my Angel of strength,
my best friend and protector my sacred soul mate.
Kira my love to me you're everything,
our shared bond is the seal of all that is great
and right in heaven and on earth.
Your the woman I love to no end,
you're my Angel with whom eternity I want to spend.

Michael P. McParland

Love Note 70

Thinking of you on this late afternoon,
my heart calling and singing to yours
in deep passion declaring its need
and true love.
I'm thinking of and longing
for you in this late afternoon.
I want to hold you so tightly
and kiss you passionately,
caress your cheek while I look
into your eyes and tell you it's alright.
I'm right here with you always
and I'll never leave you,
I would not hurt and abandon you
breaking your heart into a million pieces.
I love you so much my Queen and my Angel.
My heart beats for you and
it's yours for eternity.
Without you it would cease beating,
no longer having a reason to go on living.
You are my everything,
a true gift and blessing God given
by sending you into my life.
My heart and soul sing for my
Angel Bride.

Thinking, longing, and aching
for you on this late afternoon.
I'm sending you all of my love
and my warmth to fill you with peace
and endless strength.
You are an inspiration to me
my best friend.
I'm there with you always your
hand in mine.
I'll hold you forever sweet lady divine,
I love you so much and
my heart calls to you.
I can't wait for you to be here
I'll hold you forever my

true Angel of light that
fills me up.

Michael P. McParland

What More Can A Man Ask For?

What more can a man ask for and have
in a time of great need and support?
The woman he loves most and more than anything.
Her smile and encouragement will pick you back up,
give you the courage and reassure you that
you're still worthwhile and can conquer it all.
What more can a man need in times of despair?
His woman supporting him cheering him on is
the greatest gift of all.

What could a man ever need more than words
of support and encouragement from the woman he needs?
Just a hug and a kiss from her to get him going again.
A supportive woman can drive a man to achieve greater things,
I don't need anything but the love and support
of my sweet lady from heaven above.

What more could a real man ask for and hope
than a kind loving woman who supports him in droves?
It is a true gift and support to have a lady
who gives you endless unconditional love.
What more does a man need than the embrace of
the woman he truly holds in his heart?

What more could I want than my sweet Angel dove?
Not a thing because she supports me and loves me to no end,
she believes in me and loves me for the man I truly am.
She gives me encouragement, hope, endless love and support.
What more could I ask for than my sweet sweet Kira?
Nothing I say because I truly love her completely
so very much and she supports me and encourages me
no matter what.

Michael P. McParland

Dull Aching Day

It's a dull day and I ache
for you so very much,
my heart is hurting wanting you.
I know that our day will come
but right now my heart aches and swells
with need to have you near.

Reach out and touch my hand let's
help comfort each other knowing and
feeling the loving warmth we both feel and send.
I'm longing and aching today so very bad.

It's a dull day with time passing so slow,
as I sit here and ache for my only one.
I long to cuddle and bury my face in your shoulder,
hide from the world in your loving comfort.
I miss you so much and I need you in my life.
A dull day with nothing that takes my mind away
from the stresses of life,
only you could ease my mind of that guff.

I feel your love as I pray you feel mine
but I wish so very much that you were here by my side.
It feels empty without you a giant hole in this space,
I ache so badly my sweet Angel of grace.
You fill me up and fulfill me completely
I love you so much my soul mate I ache without you so badly.

Michael P. McParland

Come Warm Yourself

Come my dear lady and warm yourself up,
let me hold you close and chase away
any feelings and fears of lonely cold,
come warm yourself in my arms being wrapped
in my love soothing your heart and giving it cheer.

Come here my darling and I'll hold you so tight,
you can cry if you need and cry till your tears run out.
Release to me all of your tension and pain,
help me to know all your fears so I can chase them away.
Let me hold you and warm you with everything that I am,
I'll do anything to make you happy and see you smile.

Come cozy up and warm yourself against me,
I'm pulling you in tight and holding your hand
to reassure you I'm here forever you're my only one.
I love you sweet lady I'll help keep you warm,
I'm always there with you watching out for all things,
your life and happiness mean everything to me.
Come let me hold you tight and warm my sweet Angel up.

Michael P. McParland

Dreaming

Dreaming of you here in my arms,
no talking, no music, no background noise,
just us sitting here in silence you in my arms.
As we just enjoy being together sharing
and feeling all the love we hold so tender.
Not a spoken word needed because we know
what the other is thinking.

I'm dreaming of the beautiful moment as we just
sit there relaxing holding each other
while in shared thoughts lightly drifting.
Feeling complete in surrounding comfort and peace
knowing that our future together is just beggining.
An adventure of love so true and exciting.

I'm dreaming of you and all of the things
I want to do with you and for you,
show my Angel and Queen just how much she truly means,
giving you everything you want and need.
I'm dreaming of you and all the beauty you hold.

I'm dreaming of our time together,
all that we'll share and that we'll treasure,
enjoying it all because we'll be together.
I'm dreaming of you my beautiful woman.
I love you so deeply and can't for your arrival,
for only then will my life truly begin.

Michael P. McParland

Just Hold My Hand

Just hold my hand right now though just in spirit,
take strength and peace from all the love that we feel.
It passes between us in the bond that we share,
just take hold of my hand and know that I'm there.
I'll never leave you alone in any way,
you are my Angel and I strive to be yours.

Take my hand and place it upon your aching heart,
just feel the soothing comfort and love
pass through too it and let calm and serenity surround.
Just take my hand and let us both feel secure
in sharing our love knowing our bond is safe and sound.

Feel my arms around you and these comforting kisses,
take strength from the warmth that passes between us.
I'll be yours forever I'm committed to you for eternity,
know in your heart as I do that our day will be coming.
I love you so much and I know you love me,
I will fight for you always so take
my hand now and be filled with peace.

Michael P. McParland

Morning Note 15

Good morning my dear another
day lays before us,
it's the weekend and I hope for you
it will be relaxing and peaceful.
I wish I could spend it with you,
the whole time in bed just
wrapped in each others arms.
I'll be with you in spirit holding
your hand but I wish it were
in person to feel your body next to me.
With great big kisses and as tight hug
let's start this day my sweet lady
we'll talk more as the day goes.
I love you so much and I'm
feeling your love everywhere that I go,
I thank you and am sending my all.

Michael P. McParland

Night Note 23

Thinking of you on this cold winter night
hoping you're okay and everything is alright.
Sending all of my warmth and my love
so you can wrap up in its peace
and know that you're never alone,
that I'm always with you
through everything no matter the time.
I'm right by your side through
thick and thin.
I pray that you'll always feel
everything inside I hold for you,
pure love and protection,
admiration and appreciation,
respect and duty being faithful
to the woman I cherish.

Sitting here thinking of you
my sweet Angel dove,
sending all of my strength and my love,
feel peace in your soul and calm to the core
I love you sweet Angel and I always will.

Michael P. McParland

Lonely Night Longing

A lonely night longing and
aching deeply for you,
my heart hurts and I don't know what to do.
I miss you so much and would
give everything to have you here,
at least if we could talk that
would help soothe.

I'm lonely and aching so bad
on this cold Minnesota winter night,
I wish you were here to help warm
each other up.
In a tight embrace surrounded in love
we'd be filled with peace and strength
we both deeply need and crave.

A lonely night and all I want
is you by my side,
to snuggle and kiss knowing everything
is alright.
I miss you sweet lady you're
everything that I need and
I want nothing else just your
hand in mine holding each other ever so tight.

I know you're present in spirit as I am with you,
but nothing compares to having you here.
I love you so much and pray for our day,
that it come soon so we can heal and
be happy forevermore.
I love you my Angel for eternity and more
you're my only one.

Michael P. McParland

Goodnight Kiss 8

Goodnight sweet love with a big kiss,
I hope your day went well and I miss you so much.
I'm sending all my warmth and my love
with great big kisses and hugs to warmly wrap you up.
I'm right there with you holding you close,
hand in hand I whisper I love you sweet lady
and everything is alright I'll always be here with you.

With a deep passionate goodnight kiss we drift
away into the land of beautiful dreams,
an exquisite place for just you and me.
In a field of flowers laying on a blanket under a tree,
by a rushing mountain river a splendid scene.
Just the two of of us cuddling so serene,
one day our truth not just within the land of dreams.
Until then though this majestic scene for just you and me.

Goodnight sweet lady Kira feel the stars shining,
feel my smile and kisses as they rain down upon you.
Be filled with their warmth and my love,
be filled with peace and strength knowing that you're never alone.
With this kiss I say goodnight and I love you
squeezeing you against me so tight.
You are the love of my life and Angel true,
goodnight my sweet love I'd do anything for you.

Michael P. McParland

Kira My Shining Star

Sweet sweet Kira my shining star,
how very beautiful you truly are.
It amazes me always that a woman so beautiful
could ever love an average man like me.
You are my shining star and I love you
more than anything by far.

You are a wonder to me in all that you are,
the strength that you show and things
through which you've persevered,
the kind, caring, loving heart you maintain
even though you've been badly hurt.
You are a shining star in my eyes and shine
brightly within my heart.
For me you are constant as the northern star.

My shining star Kira so bold and bright,
amazes with beauty so pure and divine,
it tugs at my heart every time I look upon her.
A beauty so true it's far deeper than just skin,
a true blessing and gift from heaven,
Gods greatest Angel to me.

My shining star Kira you stole my heart,
it's yours forever and I'm honored you have it.
You are the keeper of all its truths,
feel it now as it beats harder and deeper for you.
My shining star Kira you are my essence, my soul,
everything that is right in my universe and world.
The brightest celestial star that lights it all up.
You're my shining star in every way that there is.

My shining star Kira and my Angel Queen.
I love you so much will you spend eternity with me?
To have and to hold, forever honor and cherish,
I'll do right by you in evereything we ever do
I deeply swear it.
You are the one who means everything to me,
to give me your hand is the greatest honor of any man.

You are my shinig star and pure light I love you
sweet Kira I will always for you strive to do right.
You're my hero, my soul mate, my best friend forever,
you're my true love and shining star for eternity.
I love you my darling only you and no other.
You're my shining star and you are incredible.

Michael P. McParland

Night Note 22

Thoughts of my love dancing
and singing beautifully in my head,
making me smile still and
it feels so good.
Missing her greatly but
feeling her love.
I know that she's here
in spirit and mind and
eventually in person.
She makes me smile and I'll
have worked hard and be ready.
She's very special and
the greatest,
One day it's her I'm going to marry.

Tonight I'm smiling and
glowing big over her.
She gives me hope and great joy,
gives me reason to live.
I can't wait for her to be here
I'll hold her forever,
she's my guardian Angel,
best friend, and soul mate forever.
I love her so much and
will honor her always.
She makes me smile and fills me
with endless deep love.

Michael P. McParland

Smiliing All Evening

I've been smiling all evening because of you,
you cheer me up and make me shine you really do.
Your good humor and sweet spirit lift me up
and help me beat out all the saddness I may be feeling.
I've been smiling all evening and I thank you dear.

You truly keep me smiling and make me glow,
I truly hope and pray I do the same for you.
You brighten all my days with your big heart,
that smile of yours is infectious and spreads like fire.
You cheer me up and help me smile when things are rough.
I thank you dear I'll never get enough.

I've been smiling the whole evening through
and since you can't see it I hope you'll feel it
as with my love and warmth I'm sending it to you.
Let it warm your heart because this smile is for you.
I'm ever so thankful for all you do.

You're the reason behind my happy smile,
not just this one but an infinite number.
For eternity I'll smile because of you,
I hope you'll make it so right by my side.
Me dear I love you and I thank you for all you do in everything,
my dear Angel you are the greatest and pure supreme.

Michael P. McParland

Evening Note 11

Good evening sweet lady
I hope your day was great.
Would you come join me
for an evening rest?
Just lay here and cuddle
while we lightly drift,
enjoying each other as
we always did.
Just spend time being
satisfied in our arms
hand wrapped in hand.

It's evening and I'd
like you to join me in rest.
Holding each other
until we're fulfilled.
In each others arms what
better way to spend an evening at home.
I love you my Angel and Queen
come lay down with me
and rest on this evening.
Keep warm and feel peace
in each others arms.
The perfect evening with
Kira my love.

Michael P. McParland

Hold My Hand 2

Hold my hand dear and let's just
lay down in bed enjoying each others company,
feeling the love that we share and
basking in the warmth that it brings.
Feel the comfort and peace which we need.
I just want to hold your hand and lay with you here,
I miss you so much and my heart longingly aches,
I love you intensely and just want you to
be here and hold my hand while we lay in bed
looking into each others eyes and smiling.

Michael P. McParland

Smile For Me

Smile for me my dear and be filled with cheer,
always remember I'm by your side and will
be there for you anywhere and any time.
You're never alone because I love you so very strong.

Smile for me and light up the room,
it brightens up my world in everything.
Just thinking of it makes me smile and my
heart jump up to a higher speed,
your beauty and loving spirit are what I live for
and help get me through every day.

Smile for me and feel no need to cry,
I'm wrapping you up in my warmth and love
feel my arms around you tightly pulling
you into me for strength and comfort we both need.
Give me a smile and we'll just laugh away
all our sadness here today.

Smile always when you think of me,
always remember me giving you my smile filled
with love that no others ever recieved from me,
you give me cheer in every way.
Please smile my dear and brighten up
the entire day.

I love you dear so smile big,
it melts my heart and makes me tingle when you do.
The most beautiful woman with a gorgeous smile,
You my dear shine as an Angel in my eyes and heart.

Michael P. McParland

The Most Beautiful Woman

Without a doubt you are the most
beautiful woman I have ever known,
my heart sighs and sings every time
I see and think about you my great
Angel Queen of delight.

You are the most beautiful woman
on this earth today or any other time.
You are the definition of beauty
in my eyes and mind.
Your shining eyes and beaming smile,
long flowing hair and a gorgeous body.
Topped off with the most important thing
a beautiful heart and soul with an intelligent mind.
You are the most beautiful woman my only one.

I am in awe and pure admiration of
all the beauty that you are and carry,
no other can come close to the Angelic
beauty that you are my sweet lady.
You're one of a kind and Gods crowning achievement.
You're the most beautiful woman that can be imagined.

You truly are the most beautiful woman
in my eyes and heart,
everything about you ignites a spark.
I'm in awe and truly love every part of you,
you're my Queen and Angel,
my best friend and true soul mate.
You're the most beautiful woman I've ever
known and I want to spend my life with you
standing at your side hand in hand forever and ever.

Michael P. McParland

Love Note 69

Sitting here on a frigid
Minnesota afternoon thinking
of you wishing you were here to
hold wrapped in a blanket with me,
keeping warm in each others arms and from our love.
I'm sending all of it your way
so you'll be extra warm on
this cold winter day.
I just wanted to let you know
you're on my mind and
I'm right there with you.
With a great big hug my hand in yours
I want to say I love you dear,
I always have and I always will.
It's everlasting for my Angel
and my best friend.

Michael P. McParland

Love Note 68

Good afternoon sweet love
I hope that your day is well,
that the sun is warming you
and you're filled with the
warmth and the love I'm sending you.
Feel my hand in yours and the smile
I have just thinking of you.
I miss you so much and my heart
aches for you here,
I wish that I could hold you right next to me,
pull you in tight for a squeeze
saying I love you sweet darling
I'm yours forever and that's no tease.
Feel me in spirit though as I
hold you close,
my arms around you as I show
and profess all my true love.
I'm thinking of you always
and it's helping me get through
this sickness,
you are the medicine that
I need and perfect for me.

I love you sweet darling
and hope your day is going well,
feel all my peace and my
strength in your heart as
you go about your daily chores.
I'm right there with you
always by your side,
don't forget that I miss you
longing and aching to be in your arms.
Our day will come though
I have not a doubt,
our bond is too strong and our
love is never in doubt.

ILYF KP

Michael P. McParland

Sweet Lady 3

Sweet lady of my hopes and dreams,
your love truly means everything to me.
It brightens up my entire world and universe,
chasing away the numerous shadows that had
crept in and darkened everything.
You my love have given light to revitalize
everything I knew was right.

Sweet lady your spirit overflows with
deep compassion and a love so true,
I am bursting with admiration and respect for you.
How would I know a love like this could exsist if
it were not for you my Angel Queen?
You are everything that keeps life going in
the right direction and gives me hope.

Sweet lady I love you more than any words can say,
my heart begins to glow and butterflies begin
to go just every time I think of you.
I love you so very much my only one.
I miss you more and more as the seconds go and
I would give anything to have you here.

My sweet lady from heaven to earth I ask you to be my wife,
I want to be with you forever,
you make the world worthwhile and so much better,
you are the best friend and Angel of light for this man.
I love you deeply and just want you here right by my side,
to hold and cherish through all time never ending,
I want to be yours forever and ever.

Michael P. McParland

My Wish, An Angel

My only wish for today and all my life
is the Angel I so adore and makes me feel alive,
you my sweet lady are the dream and wish of mine,
I feel light, hope, warmth and love when you're around.
You make me smile when lately nothing does that.

My wish is the Angel I've loved my whole life,
to be here to sit by and hold,
to make each other feel better in our times of need,
to complete each other always in all walks of life.
My wish and my dream are my sweet Angel named Kira.

You are my wish and my dream you make everything better
and brighter my Angel Queen.
If you were here you'd make my migraine feel better
just by talking and rubbing my head with your magic fingers,
You are my only dream and greatest wish in all that there is.

I love you sweet lady and long to be held in your arms,
you are the bright northern star guiding me along.
You are my hopes and my dreams everything I work
hard to improve for my sweet Angel supreme.
You are my only and I love you so much,
you give me true love, comfort and warmth.
You are all that I need in life.

Michael P. McParland

Morning Note 14

Good morning dear I hope
the night went well and you
got some sleep to help
soothe and calm your aching heart and head.
I was sick last night and
my headaches very fierce now
but I was thinking of you the entire time,
Holding you close within
my heart, soul, and very mind.
I miss you deeply my only one.
I'm with you dear wrapping you up
within my warmth and love,
take my hand and remember you're not alone,
I'm right here and deeply
anticipate and need your return,
I won't be complete until you're here,

Have a great day sweet lady of my dreams,
You'll be in my arms all day in every way.
I'm watching out for you and
will be here no matter what.
I'm not leaving you my only one.
I love you truly and want you by my side forever,
you are my best friend and Angel
and you make my life worthwhile.

Michael P. McParland

A Quick Goodnight

A quick godnight right now my love
I hope that you sleep well and your
dreams so beautiful and great.
I'm sending all my warmth and love
and I'm with you there tightly holding you.
Be filled with contented peace my true love
I'm with you always don't forget.
Goodnight sweet Kira I love you so,
feel me holding you right now.

Michael P. McParland

Evening Note 10

Good evening my love I'm
sending you smiles with all
of my love to fill you with warmth.
I've been thinking of you
and hope that you feel
all the kisses and hugs I'm
forever sending you.
I'm there with you always
don't forget just put your
hand in mine as I give you a kiss.
I love you my dear and
want for you only the best,
now come lay down with me
and get some rest.
Feel my arms around you
and my smile of pure love
just for,
close your eyes and lay
your head down feeling
at peace.
I love you sweet lady
you truly are the best.

Michael P. McParland

Rest Together

I didn't sleep well last night my sweet lady
so come join me in bed and we'll rest together.
Hold each other tight in pure comfort
feeling complete and content while we cuddle
and sleep holding each other to our hearts content.

Let's rest together and give peace and calming
to our hearts being right next to the other.
Feeling our warmth and stroking your hair,
you rubbing my face and my head talking while
we relax and nod off to a truly needed peaceful long rest.
Sleeping wrapped in your arms is the best thing I could ask.

Come here with me and let's slip under the covers,
look at each other say I love you my one and only
then share a deep passionate kiss laying down
with your headon my chest resting together in
pure calming peaceful bliss.

Michael P. McParland

A Beautiful Day

It's a beautiful day feeling
your love surround me all around.
I can feel you here right next to me,
your heart of gold shining filling
me with comforting peace which I so dearly need.

It's a beautiful day knowing that you love me true,
just as abundantly as I do you,
you make me feel important and like
I truly am worth something.
You build me up and give my heart a glowing start.

It's a beautiful day feeling your love
so strong and true around me here,
I hope and pray that you can feel all mine too,
giving you joy and peace soothing your heart
in my warmth.

I love you dear and there will be more
beautiful days before us through all time,
for our bond is strong and our love so pure,
we've made it through some tough times but we're still here.
Beautiful days in each others arms,
I can feel your love sweet dear and I'm sending
all of mine straight to you.

Michael P. McParland

Morning Note 13

Good morning love and as
another day stretchs before us.
I hope that it is a
beautiful one for you my dear,
with warming sunshine
shining upon you.
May it be as bright as your smile
and radiant like your gorgeous eyes.
Two great wonderous beauties
of Gods creations on earth,
just adding more beauty to a
spectacular and divine woman.
You are marvelous in every
way known.

Hand in hand I'm with you
today as always,
surrounding you in my love and my warmth
let it fill you with peace
and strength knowing great comfort.
Just as your love fills me up
making me the luckiest man on this earth.
May God bless you dearly
my sweet angel dove.

My thoughts and my prayers
are with you as I walk
right beside you.
With a great big hug and deep
kiss of true love to
start this day,
I look into your precious eyes
and say I love you babe
you are my Queen and my Angel,
you are my everything.

Michael P. McParland

You Bring Me Peace

You bring such peace to me sweet lady,
you help calm my nerves and mind
helping me to rest and recover all my health.
You bring me joy, contentment, and fulfillment
my Angel Queen of eternal light.
You fill me with endless love and I thank you very much.

You bring me peace and strength and happiness,
thank you my lady so divine I hope to
repay you for all your loving kindness.
You're truly beautiful in every way there is
you bring me peace my Angel and
I love you so very much.

Michael P. McParland

Snuggle 3

Come crawl into bed and join me dear,
let's just snuggle and you can
rest your head upon my chest to hear my heart
and how much it proudly beats for you.
It's for you it continues going.

Come crawl into bed with me
my one and only sweet lady.
I want to hold you tight and near
to say I love you and make you feel
safe and warm from comfort in my arms,
to reassure you that you're not alone.
Just holding you would be a dream come true.

So come and join me sweet Angel Kira of
my sweetest and brightest hopes and dreams.
Ubder the covers with your head upon my chest
we'll just snuggle and nuzzle while we sleep
feeling each others love in perfect harmony.
I love you so very much and I hope you
know just how deeply it truly is.

Michael P. McParland

Restless Night

A restless night a headache has taken flight
but I wanted to drop a note to the lady
who floats my boat.
I love you dear and thinking of you
has helped me on this night and so many more,
memories of me and you and dreaming
of all we're yet to do has relaxed me
and helped me rest the bit I have.
So I wanted to tell you babe I love you deeply
you're my Angel true,
I don't know what I'd do without you.

ILYF KP

Michael P. McParland

Goodnight My Sweet Kira

Goodnight sweet Kira the woman whom
I truly love and adore.
With a tight hug and a deep passionate kiss
I seal this day with thee.
Feel all my love and warmth and let it
comfort and bathe you in deep peace.
I'm right there holding you as we go to sleep.

Goodnight sweet Kira I miss you very much,
I pray you'll be here soon where we can touch
and kiss to our hearts content.
Just holding each other close and tight
through every day and night.
You are so truly magical in my very eyes,
I love you dear and nothing compares to my Angel fair.

Goodnight sweet Kira I'll see you in the land of dreams,
in a boat on a lake peacefully sitting with each other
and being bathed in the warming sun as
we fish and drift along.
You my dear one are so truly a splendid love and friend.

Goodnight sweet Kira I'm always with you there,
I've asked God to sit with you and for me
to stroke your hair,
he'll give you all my peace and strength,
give you comfort to keep the bad dreams away,
to also let you know that you'll never be alone
for I'm always here and will be ready any time.
For you I'll drop everything no matter place or time.
You're not alone because I love you and
will give you all I am forevermore.

Goodnight sweet Kira my Angel oh so true,
my heart is in your hands just where it belongs.
Feel it beat and hear it sing for you,
you're the master of all it is and it wants solely you.
I love you oh my Kira of my greatest dreams,
you truly are a treasure and I want to be with you forever.

Michael P. McParland

Love Note 67

About to close my eyes
for a much needed rest,
first though I want to
tell you I love you
and you truly are the best.
I'm filled with your love
and bursting with joy.
I love you so much Kira dear
and my only one.

Michael P. McParland

Love Note 66

Thinking of my true love
making me smile from ear to ear,
she's the most beautiful
woman on the entire earth.
She fills my heart and soul
with passionate fire I can't control,
she fills me to the brim
with happy peace that makes
me feel oh so strong and content.
I love her more than any
words can describe that exsist.

Thinking of my lady fair
and how my heart beats for her,
a truly speacial woman
that I adore each day
more and more.
I want to and know I
will one day marry her.
Thinking of her being my wife
sends butterflies in my
chest and stomach totally aflutter.
She's an Angel and a blessing
that is truly great.
I thank God for her
every single day.

I love you Kira you're
so truly kind and fair,
I cannot imagine a woman
more beautiful or divine than
you my precious dear.

Michael P. McParland

Kira The Greatest Friend

Kira you're the greatest friend I have ever had,
you took my heart right from the very start
and I'm happy that it was you because no other
woman can ever equal or come near the beauty
and the sweetness that you truly are.

Right from the start I knew that you were it,
no other woman in my life could ever fit.
You were the one I wanted to marry and I
would have taken your hand right then never looking back,
Kira you're the greatest friend I've ever had.
I love you more and more as time slowly passes.

Kira you are my greatest friend and the only one I'll ever need,
you complete my heart and soul in every way,
you are my Angel Queen and give my soul so much shining hope,
I could never ask or want anymore than you my dear,
you are such a beauty filled with love and endless caring.

Kira you truly are my greatest friend,
sealed with a bond that clicked at the beginning.
I want to have you by my side for all my life
both in this one and in the next.
Will you come take my arm and let me be your man?
I love you so very much my sweet sweet Kira
you truly are my greatest friend.

Michael P. McParland

Evening Note 9

Good evening my dear I
hope you feel the smiles,
hugs, and endless kisses
I'm giving you,
you truly are so beautiful
and I can't wait to have you here.
I will hold you and caress you,
I'm never ever going to let go.
Just gaze into your Angel eyes
while your smile mezmerizes
and tell you I love you dear
and I've missed you like
nothing can compare.
You are the greatest gift
any man can ever hope to have
hand in hand by his side.
You mean so very much to me
you complete my entire life.

I'm sending all my love
and warmth so you can feel deep peace,
never forget I'm there with
you in many many ways,
soon enough I pray and I hope
physically and I'll never leave at all.
You are a gem and diamond
oh so rare.
You are my Angel Queen
and everything to me.
Life without you in it
has no meaning to me.

So good evening dear I
hope you're feeling well.
I can feel your love and
it's helping me more
than you can know.
Feel me near and my love for you,
hand in hand I know we'll

make it through.
I love you dear as much as
anyone ever can,
you're my best friend soul mate,
the greatest lady of all time.

Michael P. McParland

You're Needed

You're needed so deeply sweet lady,
I want you here badly to hold and smile,
be able to just cry on your shoulder
as you can cry on mine while you need to.
You're needed so deeply my Angel so
please come speedy.

I've cried so much as well have you,
I know both of our hearts hurt in needing and longing.
You're sweet spirit and heart are deeply missed,
they are needed sweet lady for you are the best.
You are my Queen and the medicine I need,
only you can cure the empty pain that I feel.
Sweet sweet Kira please very soon come here.

You're needed badly my Queen Angel,
you're the only one who knows truly
just what my heart feels.
I'm right there with you always and holding your hand,
wrapping you up in my love and my warmth like
a big fluffy blanket.
I want to be with you forever you're needed sweet lady.

I need you to complete my heart and lifes mission,
you are my better half and the one I want
to go on with for eternities beauty.
You're needed my lady and Queen because
I love you so deeply and being apart is
truly killing me.
You're needed sweet lady so please come and get me.

Michael P. McParland

A Future So Bright

A future so bright lays before you and I,
one of sincere pride and happiness,
joy and contentment with a bond that is pure love.
You and I always going along fighting
together and for each other side by side.

A future so bright which we have earned
through trial and error learning from all
the experiences we've had both good and bad,
remaining true and loyal in our hearts to each other.
A bright future ahead which we deserve.

A future so bright with you and something
I've hoped and prayed for forever my love.
I've worked hard on improvements to be with my Angel,
to always give you the best and let you
know you're truly beautiful and have unequaled meaning.
Eternity with you is true fulfillment.

A future so bright with my true love and Queen,
what more could I ask for my sweet love of true dreams?
You are the light of my life and love that I've prayed for,
I do not want more just the bright future before us.
I love you so much my sweet Angel dove I'm ready
to step through the door and bask in glory
with you in the future so bright eternity holds for us.

Michael P. McParland

Rest With Me 3

Come lay down and rest with me
on this afternoon as I try to
beat this illness and recover.
Wrap each other in our loving arms
and smile at each other feeling warm
and say I love you and I'm here forever.

Come and rest with me and be filled
with warm strength and peace,
feel together our hearts beat and
our souls glowing in contentment
and fulfillment sweet,
as we drift away in loving recoveries embrace.

Rest with me and we'll be in
bliss just laying in bed together
feeling joy as we are finally at one.
You make me complete sweet lady I adore.
I love you and I need you,
if you come and rest with me I'd be
the most blessed man anyone can think of.
I'll be dreaming of you drifting to and
while I'm sleeping.
I'll tell you all when I have waken.
I love you dear you are truly the only one.

Michael P. McParland

Love Note 65

I hope your morning is
well sweet dear,
my mind is on you as I sit here.
Wondering how you are doing,
and if you're alright.
I hope that you're smiling
feeling all of my love,
knowing I'm with you always
because you're my special lady,
the one who keeps me going and
ready for greater things just round the bend.

I love you my darling and
am anticipating the great
things we'll be doing,
spending time hand in hand
no more anger or sadness
just happy bliss in our arms
for eternity.
It's all that I hope for,
being with the Angel and Queen
I adore for eternity never
losing her anymore.

I love you sweet lady I
want you to always remember,
you are my northern star
and true love I adore and
want to be with forever.
I'm yours forever and you're
all that matters.
I love you my darling
my heart is calling and
asking for you to come
and be with me and hold me.

Michael P. McParland

Morning Note 12

Good morning my love I hope
that this day finds you well,
may the sun shine upon you
with the biggest warming smile.
Be filled with the peace it brings
and close your eyes thinking
of beautiful things.
I'm there holding you close
and surrounding you with all my loving warmth.

Your loving peace helped give
me comfort for a very long
and much needed sleep.
You are the keeper and protecter
of my heart and my true
Angel of hope and light.
I love you so much my only one.

I miss you so very much
my darling one and it
aches to not have you
by my side.
Feeling your spirit though
provides divine comfort
that helps me get by.
Have a superb day my lady love,
feel my hand in yours
as I'm right there with you,
you're everything I'll ever
want and need.
I love you so much and
can't wait to have you here
and feel your touch.

Michael P. McParland

Love Note 64

I love you my darling
I fell asleep from your
comfort and have been out
all day and am still half
asleep right now.
Just wanted to tell you I
love you and thank you for
everything my darling.

Michael P. McParland

You Are Contentment

You are contentment my love
and I can feel you here.
You calm my heart and fill me
with deep loving peace my lady love.
You are a wonder and blessing,
you are contentment to me as an
Angel of true love and pure light.

I feel you here and it is
contentment that is truly serene.
I thank you so much Kira my Queen,
I would be completely lost if you were
not in my life.
You are contentment dear one.

I feel you here holding me in
your warmth and your love,
with your peace and contentment I
can now rest.
Come join me and snuggle smiling
sharing the joy of our spirits
feeling joy in our healing.
I love you sweet lady,
you are contentment for me my Angel Queen.

Michael P. McParland

Let Me Know

Please let me know that you're here,
give me peace and calm in this time
I'm filled with sickness and pain.
I'm right here and just want you
to understand and come be by my side.

Please come hold me and fill me
with comfort as I lay here in bed.
Please let me know you're here and
help me relax in your loving peace.

I love you sweet lady in every
way it's the truth.
If you'd talk to me you'd understand so much.
I'm not trying to hurt you and
I'm in serious pain too.
Just let me know that you're with me
and help us both heal with peace.

Michael P. McParland

Love Note 63

A late good morning love
I hope you're well,
I miss you my beauty so very much.
Not much from me today,
just one for rest and recovery.
Remember though I'm still
right there with you,
no matter what my hand in yours.
I'm sending all my loving warmth,
I love you dear and
hope you know how deeply so.

Michael P. McParland

Not A Day For Writing

Today is not a day for writing,
I'm in too much pain to use the pen.
The words are chocked with
hurt and tears and I just want to
sleep this painful day away.
It's not one for writing,
it's just one for crying.

Michael P. McParland

Night Note 21

Exausted and weary sweet lady
and am laying down to sleep,
I'll be dreaming of only you.
You cheer up my world and
give me peace in endless ways.
You are magical in my eyes,
I want you to know that you're
appreciated for who you are
and all that you do.

Goodnight my sweet lady
I'll see you in the land of dreams
and write you more poems
when I'm rested.
I love you so much and
want for you ever only the best.

Michael P. McParland

Kira (Reaching Out)

Kira I love you and miss you,
I hope that you realize and
know how much sorrow I hold for
all that went wrong.
To ever know that I caused you to hurt
and to cry from any actions of mine
rips at my soul because you
are the one I love more than
anything else,
and to know I caused tears makes me feel like
a loser and criminal for leaving such scars.
I love and miss you so much
and I have volumes I hope
to share.

Kira it's been you from the start
without a doubt.
Everything about you makes
my heart, soul, body and mind shout
with a joy that I cannot describe.
It's vibrant and courses through
every vein all that you bring.
I just want you to know these things.
You are so beautiful and magnificent
in every word and deed to me.
It's not sweet talk or jive when I
call you an Angel and a Queen.
Your spirit shines forth in brilliant light to me.
You are my best friend and the lady
I share a bond with that can't be explained,
and I'm thanful for it and rejoice in every way.

Kira my love and sweet angel dove,
feel all of my love everyday and
everywhere that you go,
for you know that I'm with you
holding your hand.
My heart is yours forevermore
and I'll never leave you alone

out in the cold.
For you're truly the one and
with you I am so truly, deeply,
madly in love.
My peace and strength with you always,
I know that our time is coming.

Michael P. McParland

Longing Night

I'm aching badly on this night,
I just want to see you and hold your hand,
lay in bed and cuddle till we drift
away to blissful sleep.
Feeling peace in purity because
I'll have you and you'll have me.

I miss you so and very much,
it all feels so empty without you my dear.
I long for you to join me and
just be here with me.
No more empty spaces inside of me.

I ache and long for you tonight,
even if I could talk to you it
would make things feel somewhat alright.
At least I'd have your messages to read
over and over time and time again.
I miss you love and ache for you so bad.

It's a tough night of aching and missing you,
I do feel your love surrounding and filling me
and that helps very much.
I appreciate and thank all you do for me.
Still I long to have you here holding me,
seeing your smile and hearing your voice.
I love you babe I so dearly long for you
to be with me.

Michael P. McParland

Shining Stars Of Goodnight

Goodnight my only lady and love,
the stars are shining so brightly
upon you with my smile and eyes full of love.
Look up at them and hear me tell you
I love you and am always looking out for you and watching,
right by your side hand in hand every step of the way.

Shining stars of goodnight rain down upon
you as I send all of my love and my warmth,
feel the hugs and kisses they hold as they
shower you with every bit of love and passion I hold.
They're my gift to my Angel,
stars for a star.

I'll be holding you close and tight through the night,
filling you with peace and strength so you'll
have no thoughts or worries of being alone.
I'm here to protect you and give you whatever is needed.
The stars are shininng on you so you'll
always know you're watched over by God.

Goodnight from the shining stars that send my kisses to you,
join me here tonight in the land of dreams
where it's our time and reality no one can intrude or hurt us,
it will be that way here to in time in my heart I can feel it,
all the time and peace will be ours in both sleeping and waking.

Shining stars of goodnight my sweet love help send
you my warmth and deep peace,
again look up to them and see my big smile and
eyes filled with the truth of my soul.
I love you Kira you are an Angel and precious woman.

Michael P. McParland

Love Note 62

Thoughts of my love running
along in my head,
the sweetest lady of time,
a true treasure and diamond that
shines so bright and so strong,
she lights a beautiful path
for us to follow along.

Thoughts of my love running
along in my head,
the sweetest lady of time
I love her so much,
I hope to spend eternity with her.

Michael P. McParland

Longing For You 2

I'm longing for you to be here
and just be near me to feel
the comfort of your loving spirit.
Feeling very alone and miss you
each second more and more.
I'm longing for you sweet one
I love you so much.

Michael P. McParland

Love Note 61

My dear what I wouldn't
give to have you here
just sitting and talking
spending quality time.
I think of you always,
and my loving warmth goes
out to you now as ever.
Hand in hand I am there
and with a big kiss on the lips
to say I love you.
Let you know you're the
greatest of all time.

A quick note of love
to tell my sweet Angel dove
that I love and miss you
so very much.
My heart to yours in
union with our everlating bond.
You are the Angel Queen
of which I dream and hope
to marry some day,
and with eternity spend.

Michael P. McParland

A Beautiful Day (With You)

I dream of a beautiful day with you,
walking hand in hand in the park
along the duck pond.
Just enjoying your company as we stroll along,
feeling your love and your warmth next to me.

A beautiful day with you spent talking and laughing,
sharing our favorite things and why they're important,
telling stories reliving old times,
filling in the gaps of when contact was gone.
A beautiful day together just spending time.

A beautiful day with you just cuddling in bed,
no need for more just being close together
embracing each other hearts and souls mending together.
A beautiful day with you just having you
in my arms next to my body.

A beautiful day is any one I spend with you.
Hearing your voice and your laugh,
seeing your eyes and smile sparkle making
my heart beat a thousand miles an hour.
A beautiful day is one spent with you.

I love you so much and the days aren't as bright,
not having you here or talking makes things
dim and hazy in need of an Angels light.
I pray you'll return and see the truth in my eyes.
A beautiful lifetime with you is what I call a prize.

Michael P. McParland

Love Note 60

Good afternoon my dear Angel Kira,
I hope the sun is shining on you
giving you bright warmth and hope
along with all that I send
in droves coupled in love.
Hand in hand with you through all time.
You're in my thoughts and prayers
helping get me through this
time of sickness and giving me hope
and reason to fight on.
You are the best, the tops,
and my lady supreme.

I hope you are well today
and it is a beautiful one
just like you.
I hope you know just what you
mean to me and how deep.
Hearts in rhythym beating
in time as one.
I love you sweet Angel of mine
forevermore.

Michael P. McParland

The Fog Has Cleared

The fog has cleared and before me
you an Angel of light has appeared,
sweeping away the uncertainty that
had clouded my mind and my dreams from reality,
clearing the fog that chocked my spirit and heart.

Ahead of me now my Angel of light has
broken the mist that fogged up my sight,
to see brighter days not so far ahead.
She's given me reason to improve on the
faults that sank in during hazy depressions.
The Fog has cleared and her heart is the token.

I loved her forever but sight and hope were
lost for many reasons in a thick fog that
blocked all the light making so much dim and hazy.
I got lost and was broken the mist ripping
and tearing me gradually wearing far down.

Ahead of me now hand extended she beckons,
bringing me power and motivation through
kind and pure loving revelation.
Her spirit and heart have brightened and
rekindled a reason to go on and live.
My Queen and my Angel how you've moved the fog
and all darkness has lifted.

Then choice to rebuild as she before me reappeared
my Angel of light who I love so very much
broke the fog and destruction of my malaise ridden days,
Oh my Angel my Angel I love you so much and I thank you
for being a woman that is so kind and filled with love.

Michael P. McParland

Love Note 59

Closing my eyes and thinking of you,
wanted to tell you as I
catch another short round that
you are the lady I find grand,
a true gem and the apple of
my eye that no other person
can ever dream of taking your place.
You are the one and only
and I love you more than
a fat kid loves his candy.

I love you my dear,
may you feel all of it
and my warmth to your comfort,
filling you with all of its
strength and peace.
I am always there with you,
my hand in your hand I'll
always love you forever and ever.

Michael P. McParland

Your Warmth 3

For me your warmth and love is all
there is and all I want.
Being with you by my side is the
greatest thing that could happen.
Having you as my wife the greatest
honor I could possibly think or imagine.

I've always known spending everday day and night
hand in hand surrounded by your loving warmth
is the best thing that could ever happen to me.
You are beautiful in every fashion,
I want to spend my life holding and kissing
you in warmth my sweet lady.

Your warmth is my dream and desire,
being right next to you is how I wish to
start and end each day through eternities time.
If not by you I'd rather it be alone,
for you're the best and there is no other I want.
Having loved you my heart will not see another.
Only you now and only you forever.

Your warmth of love and kindness are what matters,
I want to be with you where there's a true bond
of love, respecet, and mutual desire.
It's your warmth I want because I love you truly
and you are so wonderful and special to me.

Michael P. McParland

Having You Here

Do you know deeply I miss you my only one?
I just wish you were here to hold and
talk with all night long.
Going where ever as we drifted in our minds,
we would just talk about anything as we always did.

Having you here would make things so bright and happy,
just to hold hands and be with each other would
be the greatest and most pleasent thing.
To gaze into each others eyes speaking a million
things without one word.
That would fulfill me in so many ways.

You being here would make things seems more bareable
because at the end of all things you'd still be here.
To talk to and laugh, cry if needed,
just you being here would brighten it all
because it's you who would be here.

I love you so much and you make me smile,
you're the love of my life and all time,
just having you around always made things brighter with hope.
I thank you for all and wish you were here to
just snuggle and talk to.

Michael P. McParland

Resting Thoughts

Laying here resting thinking of you,
you make me smile and fill me with love.
I really miss everything about us,
you are so truly special and the
only woman I'll ever love.

Laying here resting and going to sleep,
I'm thinking of you my sweet lady
and holding you tight.
I wish you were here and that we could talk,
but I feel you in spirit and that feels so good.

I'm laying here resting and you're
all of my thoughts.
It's you that relaxes me my Angel of light.
I love you so much you give me peace
and help keep me calm.
I'm holding you tight my sweet lady,
now together lets smile and rest.

Michael P. McParland

Goodnight My Love 2

Goodnight my love and sweet one,
I hope that all is well and your heart feels
all the love and strength I send.
You truly are most important to me and I
will always be here for my Angel Queen.

I'm sending all my warmth and love to wrap you up
and keep you warm from the cold so you'll
know that you're not alone.
Right along are those hugs and kisses that I
give endlessly to the one and only lady
that my heart loves, longs for and misses.

Goodnight my love I'm sticking close to you
I'm not going anywhere I promise you.
I'm pulling you in tight holding you so close,
a caress across your cheek and a deep kiss
to remind you how deeply passionate I feel.
To let you know it's alright and I'm always
with you no matter what,
so fear not you can sleep in peace I'll still
be here forever you and me.

Goodnight my love I'll see you in the land of dreams,
we'll just lay down and hold each other in a vast field
of wild flowers and a waterfall to back it all.
I'll just lay there and listen while you talk and
tell me everything you want and need.
I want to be here for you my dear,
beautiful times with the beautiful you.
I'll be waiting there and have it set when you get there.

So goodnight my love and get some good sleep
feel my arms around you and the many kisses.
I miss you dearly and can't wait to have you near me.
You are my Angel and guiding light,
I love you so very much and want you to know and realize
your great worth to me for I treasure you more than anything.

Michael P. McParland

Night Note 20

Another night is before us sweet love.
I hope your day was beautiful
just like you.
For then I know that it will have
been as wonderful as can be.
I'm with you arms wrapped around
tightly giving all my loving
warmth with a great big passionate
kiss to fill you with peace
and strength.
So you'll know you are truly loved
and that I am yours forevermore.
You are my exquisite woman that
no other has even come close to
or matched.
I can feel you here warming me
on this freezing Minnesota night
and filling me with loving peace.
Thank you dear you mean
everything to me.

I hope that soon we will
be spending these nights together
chasing away the terrible weather.
Just staying in reading books,
watching TV, listening to good music,
or best of all cuddling in bed.
Those are the times for which I live.
I hope that your night goes so well,
and I'll send my goodnight wishes
in a bit.
Never forget that I'm always there with you,
arms around you hand in hand,
never will I leave you I promise.
I love you sweet lady you are
the one my heart endlessly beats.

Michael P. McParland

My Heart To Yours Forevermore

My heart comes alive everytime I
even think of you my Sweet Queen,
your memory and picture alone bring
everything to life in a symphony of
love and desire because of the beautiful
wonderful woman you assuredly are.

My heart to yours forevermore because you
are the woman I dream of in good times and bad.
The one I want by my side through all times
both thick and thin,
for you've never waivered and your love is felt
you need prove nothing.
I know that you love me as well,
and you make me feel like a wonderful special man.

Kira my heart to yours forevermore.
Do you feel it's passionate true beating just for you?
Do you feel and know that I long to give you
my best and my all as we both live here and beyond?
Do you know that my heart has been yours and
only yours since we were but teenagers?
My heart to yours forevermore.

I think of you when I wake up.
It's you that I think of when I lay down.
I think of you almost constantly all the time inbetween,
you are so special to me and I want you
to forever be with me facing each day.
My heart to yours forevermore.

For years when contact was lost for whatever reasons
it was you that I thought of and waited,
I always knew in my heart and my soul I always
truly loved you and wanted you remaining dedicated.
I'll never have another love it's you that's so special.
My heart to yours with pure love forevermore

I promise you I'll always be true and stick next to you.

I've promised I'll not leave or abandon,
I don't want to because I love you and am incomplete without you.
You fill me up with a reason and joy that words can't describe,
I just love you so much my Angel Queen of passion.
My heart to yours in purity and truth forevermore.

I would give everything that I have and I am
for you to always be happy and have not a worry,
I'd give my own life in sacrifice to take away all
of your pains and sadness making you the happiest.
You've faced so much you deserve only the greatest.
You are my best friend and I love you,
you are a hero and teacher and have given me more than you know.
My heart to yours forevermore.

Just know that I love you and I overflow with
admiration and awe for all that you are.
I love you for you and not in want of another,
you blew me away when I was 15 and I've loved only you
and so it will be through eternity.
You're the woman I want to be with for all eternity.
I love you dear and I want you to know
my heart to yours forevermore I'm always with hand
tightly wrapped within hand.

Michael P. McParland

Evening Note 8

Another early evening is here,
and I hope you're okay my dear.
Keeping wrapped and warm in a blanket
of my caring love on this
cold winter time.
I put a bit of food in my stomach
for strength against this
sicknes and hopefully it will sit.
Now I put my classical music back on
and rest more so when the
time at last arrives my strength
will be here and me at my
best just for you my dear.

Come join me here on this evening
my dear and hold each other
under the covers while we rest.
Let us just be safe and secure,
fully at peace in our arms
feeling each others love.
I love and miss you so very much,
I dream of you and our time.
So on this evening rest please
come join me and hold my hand,
feel all my loving warmth I
am yours forever my sweet sweet woman.
I love you my dear,
I'll never have another, only you.

Michael P. McParland

My Heart Is With You

My heart is with you now
as it always is.
I want you to know I love
you more with every passing day.

No matter what I'll be with you always,
my heart beating by the love
that you have always provided,
I will always work to show the love
I feel for you my lady because
I want you to know you're most important.

My heart is with you always my Angel of true light,
I hope you always feel and know the
warmth and pride for you I hold inside.
I love you so very much life has fallen apart
without your daily cheer and touch
to brighten up and chase away the darkest parts.

My heart is with let it cheer you up
and cheer you on remember I'm your biggest fan.
You are the most precious gem and treasure my
heart has ever known,
you are my Queen and Angel and you are the
one and only lady I truly love.
I hope and want to spend all time with you my only one.
So never forget my heart and I are always with you,
I love you dear you are my everything.

Michael P. McParland

Love Note 58

Good afternoon my sweet lady
I love and miss so much.
How has your day been?
I hope that it went well and
most supreme.
I only ever want the best for you,
your happiness is the most
important thing I want.
You are a beautiful Angel
and I just miss you so very much.

I had a very very long sleep
with my classical on constant play.
It helped soothe and calm my
heart and nerves just like your love.
I felt you with me the entire time,
your love giving me peace and
the comfort that helped give me this
needed sleep.
I love you babe and thank you
for everything you give to
and do for me.
I'm still quite sick and as you
know extreme fatigue doesn't
pass in just one day,
but I'll get through with all
your love and I'm fighting along
to be good and strong for my only one.

I hope your day was great
and I miss you tons my Angel who
loves me as I do her.
I'm giving you my very best
and will continue to
sweet Angel of my sweetest dreams.
I'm with you always hand in hand,
never forget my promise for I
would never lie and hurt my Queen
I so adore.

I love you babe so please know that
I'm working hard in every way.
You are the one whos hand I want
to hold for eternity.
The greatest lady who's ever lived.

Michael P. McParland

Evening Note 7

Good evening dear I hope
that you are feeling well
and your day was great
in every way.
I've been resting a lot
recovering from this
sickness that's knocked me down,
listening to classical
music I so deeply love.

I miss you deeply and I
will not deny that I hurt a lot,
to an extreme that
makes my heart scream.
I love you so and am with
you always giving kisses and hugs,
wrapping you in peaceful warmth.
I know you're angry and don't
believe me but I treasure you deeply.

I'm worn out and exausted
from being sick and the emotions
that over power me.
I need to sleep.
Will you come and hold me,
just let me know you love me?
Just be here to bring peace and comfort?
I love and miss you darling one,
I'll be dreaming of you the
whole time.

Michael P. McParland

Love Note 57

About to lay down
for a bit more rest,
before I do though I
just wanted to say
I love you babe and
it's just pain and
tears without you near.
I'm sending all my love
and holding you in spirit
soul and mind for eternity.

Michael P. McParland

Love Note 56

Up for a bit to grab
a little food to eat.
While I'm up I wanted and
needed to tell you my lady
I love you and can't get enough
of who and all you are.
You're truly special to me
and that means everything.
Remember hand in hand I'm
with you every step all the way.
I'm with you in my arms right now.
Feel my loving warmth and go
about your day with peace at heart.
All my strength and spirit I send to you.

I love you Angel of my dreams
both waking and of sleeping.
I miss and want you so very much.
You are truly the most important
person in my life.
I'll love you through eternities time.

Michael P. McParland

Classical

In my deep sorrow it is my
classical music I escape into.
Deep brooding adagios of epic
emotion that are the soul.
Define it's deepest feelings
in every way.
Especially one that weeps
in more intricate ways than
can ever be understood or explained.

Into my classical music I now
release myself and cry
until I fall asleep.

Michael P. McParland

Please Touch My Hand

Please touch my hand sweet one
and let me know that you are there.
This pain right now is so intense,
with flowing tears I cannot describe how I feel.

Please touch my hand and help me
know that I'm not really all alone.
Please just touch my hand and sit
with this old soul holding him as
he cries these tears from the
depths of his very soul.

Please touch my hand and
help me to know that you are there.
I love you my beautiful lady,
a soul filled truth.
So stay with this old soul
and hold me as I weep these tears.

I truly love you my only one.

Michael P. McParland

Come Hold Me Close

Will you come hold me close
as I get some needed rest?
I want you dear as much
as I need you.
I just want to lay down
and cuddle while I sleep a little.

I love you so very much
and in your arms I find peace and comfort.
Come hold me close and hold me tight,
sharing and feeling our deep love and warmth,
wrap me up and let me know
that you are here.

Will you come hold me close as
I lay down for awhile and close my eyes?
Share a peaceful night with me
in each others longed for company?
I hope you will because I love you
and want to spend some very needed time.

Michael P. McParland

I Just Want And Need

I just want and need you here with me,
holding hands in each others arms as
we lay in bed or just sit on the couch.
When we go to the duck pond and just
sit watching and feeding them on the bench.
Your fun and loving personality and
presence are all I want and need.

I don't want you to take care of and
solve all my problems for me.
I just want and need your support
in those things which I lack the skill,
the knowledge and a boost in confidence
where I just lack the courage.
I only want the loving care and support
I know you hold and long to share.
I would never ask or expect you to
bare the burden of everything before us.

I just want to sit and talk like we used to
and still could and should.
I could talk to you about everything that
went through this strange mind of mine,
and you didn't mind and even liked as I would
babble on always branching off in a
million different ways forgetting where I
even started in the first place.
I miss our conversations filled with
mutual respect and admiration,
true love that always accepts and listens.
I only want and need those sort of things.

I want and need to be there when you
are in pain and feeling blue,
just to help and support you in everything we do.
I just want to be there as a comfort
and companion of true love so you'll
no longer feel lonely,
believing that you're on your own without

a helping hand and someone who cares.
I just want to show you that you are special
and so deeply dearly loved.
You need to know those things because you are
an Angel so rare and precious that so much would be
lost and empty on earth without you.
You are so truly dearly beautiful my love.

I just want and need the only woman whose
soul I am connected.
To be with through times both good and rough,
to always be there for and with each other.
The sort of love that lasts forever.
I just want and need the woman I
have unconditional love for without any expectations.
I just want and need her as the woman I fell in love with.
I only want and need you by my side no
terms of service expected or required,
just the pure love of the Angel in my waking dreams I behold.
Only her forevermore.

My dear Queen and sweet Angel dove,
I only want and need your understanding and love.
I only want to give you all I am and have,
experience together a life of true deep endless love.
I only want and need my only one who for
many years without wavering I have truly loved.

Michael P. McParland

Goodnight Sweet One 2

Goodnight sweet one I love you so very much,
I'm sending all my warmth and love to
give you peace and strength.
Right along are great big hugs and kisses,
I hope that they add some comfort and
reassure you of my undying everlasting love.

I'm right there holding you caressing
your gorgeous angelic face.
Whispering to you my love and all the ways
I'm going to show and prove it everyday.
In each others arms is the only way
to end the night.

Goodnight sweet one I truly want to
have you close to look at in the eye,
kiss and touch and enjoy you in full.
Truly get lost in each others sprits
and passions held back too long.
To be together as we go to bed is
the only way to drift to sleep.

Good night sweet one just feel that
soft loving caress across your face,
feel my arms holding you secure and safe.
I love you sweet one I so adore,
may you have the sweetest dreams befitting
those of an Angel and loving Queen.

Michael P. McParland

Night Note 19

I hope your day went
well my love.
I was with you all along,
believe it or not
I still love you and
I always will.
I hope you felt all my
surrounding warmth and love.
You're always on my mind
and in my prayers.
I treasure you sweet dear.

My anxiety improved a bit,
still up and down.
Bipolar is a constant
life long struggle.
So up and down at times
and here it was.
Still back and forth but
feeling your love and smile
helped make things better.
You've always been the key
for what makes me shine and smile.
I miss you tons my only one.

In a bit I'll wish
my goodnight,
right now just a note
to send my love.
My hand in yours forever,
I just love you deeply
and so very much.

Michael P. McParland

I've Never Given Up

I've never given up dear love
and I never will because I love you
deeply my lady fair.
Just because you cannot always see it
does not mean that I'm not working,
fighting doing everything I know
to be the best I can for you and me.

I've never given up can't you feel
all the love I have and how I've strived?
I could never give up even if I
wanted to and tried,
but I don't because you're the one I
want to hold forever.
I always give my best please believe me.

I've never given up for any reason,
you need to see there is still so very
much to explain and tell you.
Things I cannot tell now because you could
not understand until you're here to look at
in the eye and make sense of these
things and feelings I hold inside.
So much from this vantage point that would make no sense.

I love you more than ever and have never
given in at all my Angel I so treasure.
I'll not give up on you or us so please
don't lose your faith or give up on me.
I'm just a man and one who's filled with
pure unconditional love for a precious woman.
Who without her here is all alone and a mess.

I love you dear so please don't believe
or think I would ever give up on you and me.
I want this more than anything that you can think.
You complete me and fill my soul with
eternal radiant light and hope.
So please don't think I've quit,

and please don't give up on me sweet lady
because I love you more than you can ever know.

Michael P. McParland

Whatever, Whenever

Whatever you may want or need
you can reach out to me.
Whenever you need a helping hand
and a loving heart just reach out
by your side and grab my hand.
I'm always with you,
whatever or whenever there's a want
or need just call out to me
and I'll be there.

Whenever you feel there's a need for
some sort of help or support,
whatever it may be I'm by your side
forever without a doubt.
Just hold out your hand and I'll
take it so you'll know I'm always here.

Whatever, whenever you need an
ear and tender shoulder to let loose on,
never forget that I love you and won't
leave you abandoned feeling barren.
I'll be here for you whatever and
whenever you may need.

I don't ever want you to feel you
face the world alone without a love,
because I'm right here by your side
fighting with you all along.
Whatever and whenever you just need or want,
shout out to me I'm eternally by your side.

Sweet love and my Angel from above,
never feel or fear that you're alone.
I would not know and watch a woman I
so deeply love have to face so many
trials in this life alone.
You mean to much to me my Angel Queen.

Whatever you will ever want or need,

whenever it may be I am here and proud to help.
I love you deeply and want to be there
for the one I hold so dear.
Don't believe or feel you're all alone
because you're not,
I'm always here.

Michael P. McParland

Evening Note 6

It's early evening and
time for a short rest.
I'm missing you and hurting too.
Feel all my love surround you now
as I'm sending it with warmth,
kisses and tight hugs.

Have a peaceful evening sweet lady
of my hopes and dreams.
Just feel comfort and be at peace,
I'm always with you and
praying for your best my Angel true.

It's early evening my only one
and for a bit I will lay down.
Just wanted to say that I love you,
I miss you badly deeply,
I long and ache so hard for you.

Michael P. McParland

Love Note 55

Hello my dear I hope
your day is going well.
Full of all the loving warmth
I'm fully sending,
I hope you feel at peace
knowing I love you and
am always with you.
I'll always be your lover
and protector.
I'll diligently give all
of myself to keep you
safe and happy my lovely one.

My day was dragging but
picked up a bit because
Push! Push! Falcos '98 single
I had to get imported from Germany
arrived in the mail finally
picking up my spirits.
I wish you could be here to
listen and enjoy it with me.
I have no doubt though
that this will happen when all is ready.
I miss you so much I keep
listening to the same songs
and albums that make me think of you,
I sing along the whole time through.

I truly hope that you are
doing well feeling peace and
comfort in my loving warmth.
Your smile and eyes truly shine,
they light up my day and make it bright.
Looking at your picture and
going through my memories of you
helps get me through the sick
and very anxious days.
You're an antidote and cure in
abundant appreciated ways.

I miss you dear I hope you
know how much I feel for you.

I love you Angel of my
prayers and blessings,
I am so truly thankful.
Feel me there hand in hand,
you're always in my mind,
my heart, my soul.
I'm with you love anytime
and anywhere you ever need.
I want to be your hero for eternity.

Michael P. McParland

Night Note 18

Just a peaceful message
from my weary mind.
I want to say I love you
dear and that you're my
bright thoughts that get
me through the darkest nights.
Knowing that you feel my
love and cherish it makes
things more bareable by a bit.
I hope that you are sleeping
well and not a nightmare
haunts you beautiful dreams.
I'm holding you so ever close,
feel peace and comfort in your heart,
I love you babe now and always.

Michael P. McParland

A Prayer Of Thanks (For You)

I give to God a prayer of thanks for
having brought you into my life so
I could know a special woman I truly love.
I adore and cherish you that's not just sweet talk,
every word I say is from my heart and soul.

I truly thank God for leading me to you,
it was at a time in my life when I was
truly without a real friend and all alone.
You were the first person in countless years
to truly care about me and my feelings.
Give me love like a friend and though not offical
you gave a love which only a woman gives a man.
My heart was yours for many reasons.

I saw how lonely you were too,
you are tough and a fighter beating all the odds,
but I saw through the exterior you used
to push away and repel others.
A defense I understand all too well,
but I saw the tender heart of true loving
care which so few posses,
and they get used, abused, and hurt the most.

Despite our ups and downs no matter how hard some have been
I send a prayer to God always thanking him
for leading us to each other in a time so full of need.
I thank him every day and night no matter if
I'm angry, crying from pain and sadness, or just
plain confusion because I don't understand you.
I thank him because I love you deeply and you
are so very special.

I thank God in sacred heart felt prayer
for you no matter what may happen,
because the mark you've left on me and
importance of all you are is more than I
can ever say or you can see.
I thank God every day for the Angel he sent my way.

I hope and pray to God for thanks and the chance
to truly as adults face and fix our mistakes,
bringing us closer in our fight for brighter
future days together holding hands to grab eternity.
You're the one who makes sense to me because
I love you and want no other,
you hold my heart and soul, you are my essence.

I right now in my heart send God a prayer
of deep and sincere thanks to know you
and have had you in my life.
A true blessing I'm thankful for and
marvel at every day.
You truly are an Angel and a Queen who
means more to me than anything.

I love you dear so very much,
I give God endless thanks for your love.
You're a beautiful woman I truly want to serve
and spend my exsistence with.
I make no joke nor lie about the warmth my heart
holds for you.
I love you and that's what I know in my being
through and through without a doubt.
I send a prayer of thanks to God for you.

Michael P. McParland

Goodnight My Dear 2

Goodnight my dear I pray that
you will get all the rest and
sleep you so deserve and need,
You are such a special lady to
the world and me.
Without you here there would be a
brilliant shining star missing on this earth.

Goodnight my dear let's hold each other
tight on this very stressful night.
Help stop the shivers and bring us
close together our souls touching,
hearts beating deep with each other.

Goodnight my dear I'm deeply praying
for you to always be in peace and cheer,
if anyone deserves it, it is you.
I'm also sending all my love and warmth
in great abundance on this night.
Watch for those hugs and kisses right behind it.

I'm with you there I assure you so,
I always am in my heart, in my soul,
with everything I am and hold.
I am by your side thick and thin through it all.
Please put your hand in mine and let's
curl up and get some sleep,
while I pull you in and hold you tight.

Goodnight sweet lady my only one,
my dear you are the Angel I've waited for.
Though hope would often grow quite dim,
and despair quite often set in,
I always knew that you'd return.
For this I pray and hope again.
I'll love you always for all eternity,
you are my best friend and precious Queen.

Michael P. McParland

Night Note 17

No matter how I'm feeling
or a single thing that's
happening I want you
to remember I love you
deep and strongly
and I'm always with you
through everything,
good and bad it doesn't matter.
Even here in my ill health
I've been thinking of you
and holding you near,
wrapping you up in a big
comforter of my loving warmth,
my hand forever in your
hand through eternity my Queen.

On this night and every
day and night forevermore,
remember it's you I love
and not another.
You're the woman whose
heart and soul shine
and sing to me in celestial
tones and feelings.
Always remember my solemn vow
that I will never leave or
abandon leaving you cold,
empty, broken, and alone.
I don't want to hurt you because
I so deeply care and love you so.

So please remember that
no matter my health or
any other circumstance
I'm by your side through
our entire existence.
I love you so very much,
a good deal of all this crumbling
stress is because you're not here

right now sharing our lives,
you're so deeply missed.
I'm holding you tight against me now,
feel all my wholesome love surround.
You are my Angel and my Queen,
I love you sweet lady please
soon come back to me.

Michael P. McParland

In Need

I'm in need of you my only one,
I'm in a bad state emotionally
and mentally my sweet Angel I so need.
I'm in an anxious state,
unrest disturbs my mind in many ways.

I know not why things are this way.
They just are and it makes
me scared and feeling vulnerable,
intensely emotional and all alone.

I'm in need my dear for the peace of
mind and heart you always bring.
I haven't been writing because my
mind won't focus for long on anything.

I'm in need of all your tender loving care,
I'm shaking here in epic tons
of unrest, confusion, and tons of fear,
I need my Angel to calm my heart
and soul from the weight they bare.
I love you sweet I hope you'll understand
my small amount of writing as it's been,
I apologize but I want to give you all my best.
Please forgive me for so little writing
I've done today.

I need you dear my mind and emotions
are a wreak and inside destroying me.
You've always been the one to help me through,
please say a prayer and in spirit hold me
near covering me in your loving warmth.
I love you deep my Angel true,
I need you more than you can ever know.

Michael P. McParland

Love Note 54

Passing the day away
reading on my kindle
and playing games.
I wanted to stop in
and say my dear I'm
thinking of you and
love you deeply sweet
one my heart I'm
eternally commited to.
I hope the sun is shinning
on you oh so bright,
and that you can
feel my hand in yours
I'm right by your side.
I hope you'll give me a
smile and feel the
love I have for you,
like a warm blaket
wrapped around you so secure.

Please always know I
truly love you so,
only you right now
and only you forevermore.
An angel filled with love and light,
a Queen that I admire
everyday in every way.
My best friend and
greatest confidant.
You are everything I
need and want.

Sweet sweet Kira that
holds my heart and soul
so soft and tender like the
precious jewel she truly is.
Please come and hold me
help keep out this frigid
Minnesota cold.

Help comfort both our
hearts and heal our hurts
in this time of need.
I love you dear my only one,
you're my soul mate and for
eternity I want you near.
You fulfill me in every way
there is.

Michael P. McParland

Morning Note 11

Good morning dear
I hope that you slept well.
Had dreams aplenty of us
being together in a
majestic land.
Holding each other
and our hands.
Wrapped in bliss that
without each other we have missed.

I hope your day is sunny
and goes so well.
I'll be right there enjoying
it with you my sweet dear.
Hand in hand forevermore,
think of that as you start your day.
I love and miss you very much,
I'll be thinking of you'
the entire time.
Sending all my love and
warnth for you to feel
endless strength and
oh so very safe.
I'll be watching over you
through exsistence evermore.

Good morning dear I
truly hope you are well.
My days are empty without you here.
I hope that you'll return,
my arms and heart are
wide open my sweet Angel.
I love you strong,
I love you true,
I always have
I always will.
You're the best to me precious
Angel of my sweetest dreams.
There is no getting over you

because you are my cherished Queen.

Michael P. McParland

Night Note 16

The night is slowly
passing by,
but memories of you
help and make me smile.
I send you all my
love and warmth.
I wish so much that
I could be there and
hold you close.
Just hear you breathe
feeling your precious
heart beat against me.
The pain is only
getting worse.
I hope that soon
we can at least converse.
I love you dear and
can feel you close,
I'm there with you
so I hope that you
feel me too.

The night can be so
cold, extremely dark,
and very slow,
but your presence and
memory help it pass
in ease feeling all your love.
I hope and pray
you'll very soon
be here,
then we can live in cheer
for eternity smiling
ear to ear.

I love you babe
you are my sun, my moon,
my stars and my Angel light.
You are everything and

all I want for the rest
of time.

Michael P. McParland

Night Note 15

Sitting here still tired dear.
The anxiety finally
subsiding just a little,
It's drained everything out of me.
I miss you so and tomorrow
I will try to do
a whole lot more writing
just for you.
Give you a gift you so
truly love,
the written word in poem.
For now though a bit more rest,
I hope you sleep well
my Angel I love most and miss.
Your health and heart are
what's most important
in my life.
You're what matters to
me most of all.

I love you babe and
hope your night is great,
filled with lots of
peaceful, restful, pleasent sleep.
I'm right there holding you,
saying you're the best,
I truly do and always will
for eternity love only you.

Michael P. McParland

Goodnight Sweet Kira 8

Goodnight my love I hope your day was good,
I hope you felt me near and there with you.
My hand in yours watching out keeping
you safe with every step along the way.

Goodnight sweet Kira I'm sending all
my love and wholesome loving warmth,
along with the greatest biggest kisses and hugs just for you.
My hand in yours I'm pulling you in tight
holding you saying I love you dear it's alright.

Goodnight sweet Kira I'll see and hold you
in the eternal land of dreams,
where I'll hold and kiss you as we just sit
and take in a heavenly scene surrounding us
in complete and total serenity.
Spending time with you is what this aching,
anxious heart, soul, and mind really need.

Goodnight sweet Kira feel me there with you
as I always am you know it's true.
I love you babe you're a heaven sent
sweet soul Angel.
I don't know what I'd ever do without you,
you're the greatest thing to ever happen to me.

Michael P. McParland

Evening Note 5

Laying here in bed
listening to my audiobook
but only paying half attention,
because I'm thinking of and
longing for you as well.
Battling this infernal
anxiety which haunts
me here on this night
of needed sleep.
I can feel you near but
I still so dearly wish that
you were here.
Help me get through all
this confusing fear,
I will always help you
in everything you
would want and need.
A life fulfilled with
perfect love which
we alone fought to build.
I love you dear and
I miss you so severe.
I know one day all
will be good and clear,
where we'll find our way
back to each other
and never feel the sorrow
of seperation as long as we
both shall live again,
be it in this life and the next.
I love you dear enjoy your
evening I'm with you there,
I'm sending all my loving
warmth and care.
Once again I love you dear,
more than anyone can ever know.

Michael P. McParland

Help Bring Me Peace

Help bring me peace my only one,
anxiety attacks now fill me up.
I rested for ten minutes,
then with a jolt woke up and was shaking,
filled with a fear I can't explain.

Help bring me peace my sweet lady,
the anxiety clings at me for no good reason
and I'm so tired, sick and just need sleep.
You're the only one that can calm and
stop these vicious nerves that so disturb
me in these wicked ways.

Say a prayer for me then come hold me close,
wrap me in you loving arms and let me feel
your spirit and loving beating heart.
I need the peace and comfort to my soul you bring,
please help me oh my Angel Queen.

Help bring me peace and bring me solace,
I'm just so tired and you are the cure
and all that which I desire.
I love you dear my best friend,
please help bring me peace and we'll
always be there for each other just like
we always have,
forever through eternity my greatest friend.

Michael P. McParland

Come Rest With Me?

Hello sweet lady I hope that
you are doing well.
I'm laying back down for some
more rest.
Try to put this illness at a stop to not progress.
Would you come and join me
share and combine our loving warmth?

I love you dear and I want you here,
just to hold and talk and pass the time.
Life with you was always the greatest times.
I miss you dear and hurt inside.
Yet your memory and thoughts of you
make my heart glow every time.

Would you come rest with me as I lay back down?
Help each other feel better about the day,
I feel you here though and it gives me pride.
I would like you to come and rest,
we can hold each other in comfort and full peace.
I love you dear and am with you there,
You mean so much to me it's you that gets me through.

Michael P. McParland

Love Note 53

Good afternoon my
only one I hold so dear.
A lot of rest for me
on this day so not
much writing so far I fear.
This sickness is in full grip.
I'm worn out and feel
wiped out.
I'm sorry I've not
done a better job
of showing all my love.
It's been a day of rest
my sweet angel dove.
Still so very tired and
worn out from this illness
coupled with so little eating
and little sleep.
I'll try to better
my sweet lady I
care for so very deep.

I love you so I truly
want you to know I
hold you rooted in my
very heart and soul.
Each day I love and miss
you more and more.
Please know that it is true.
I'm with you always this
I swear,
even when sick and tired
wiped out in being from
all this exausting fatigue,
hand in hand I'm watching
out and over you.
I love you dear please always
feel me near.
I want to spend eternity
with only you.

Your are so precious to me
my Angel true.

Michael P. McParland

Morning Note 10

Good morning love I
hope that you slept well
and had the greatest dreams
that you and I could hope.
I got a little bit of sleep
to try and beat this
sickness off of me.
I thought of you as
I was drifting off,
smiling and warm from
your love the
entire time.
Thank you sweet lady
for all your comfort
and protection.
You make me glow
and feel important.
I hope and pray I
make you feel the
same my Angel Queen.

Another dayis upon us now,
feel the sun shining
let it warm you up
as I kiss you on the brow.
I'll be with you through
the day and all the while,
hand in hand through
eternities time.
I love you babe you're
that special woman
that makes me feel
alive and well,
wanting only to give
you everything I am and have.
You're the greatest
my true best friend.

Enjoy this day my sweet lady

and only one supreme.
I'll be thinking of you
the entire time.
Holding you inside my
loving warmth.
Kissing you at random
times to show you all
my admiration and
endless love in wealth.
I'm bursting with respect
and pride for my lady,
a spectacular woman
it is true.

I love you dear may you
feel great and in not
in one bit of tiresome pain.
I'll be praying for you
my love it's true.
Again I love you dear I
miss you so,
I'm sending every bit of
my warmth and love.

Michael P. McParland

Night Note 14

As I attempt once
again to sleep,
I bid you goodnight
my precious dear.
You are so sweet and
mean everything to me.
I love you sweet lady
my heart forever straight
to thee.

Michael P. McParland

My Beautiful Lady

I miss you so very much sweet one.
You're my beautiful lady and I
truly miss you so very much.
Simply you fill me up with joy,
you make me feel complete and not
half a man anymore.

I miss you sweet lady of the moon and stars.
I wonder just how you're doing right
now my true only one.
My beautiful lady will you take my hand?
Will you make me the luckiest man?

My beautiful lady can you feel me near?
Holding your hand and kissing you so
deep and filled with passion while I drop a single tear?
I miss you Angel and I hope that you are well,
hand in hand I hold you there.

My beautiful lady you are the greatest,
I want you to know I hope to spend
our whole lives together.
I love you so and hope you know
that for eternity my heart is yours.

Michael P. McParland

Night Note 13

Laying here wide awake
thinking of and longing
for you.
I hope you're feeling
good and sleeping well.
No matter what I want the
best for you my love.
Your heart, mind, soul,
and life are a big concern.
I want you to be fulfilled,
my feelings truly don't
matter here.
I'll always want you
by my side,
for eternity be my loving wife.
You are so special to
me you truly see.
I just want you to
be happy.
So always do what
you feel you need.

Laying here wide awake.
For you dear I
fiercely ache.
You are everything
to me.
You are my lady
don't you see?
I'm not lying
or sweet talking when
I say you're my
Queen and Angel.
It's from the heart
I speak these words
of truth and love
I deeply feel.
The love I feel for
you is so surreal.

I'd give everything
to have you here.
Holding hands and
cuddling in bed.

Laying here so wide awake.
I miss you babe
it's not too late.
To fix our fouls and
try again.
I love you more and
more each and every day,
no matter what my Angel Queen.

Michael P. McParland

Goodnight Among The Stars

Goodnight from among the stars my only one,
look up and see me smiling I'm watching out for you.
I will always protect and keep you safe,
hold your hand through every single day.
You can count on me to be there whenever
you may want or need.

Goodnight my dear I love you so,
I am with you holding you oh so very close.
Wrapping you up inside my loving warmth,
telling you it's alright and that I love
my Angel deeply so.
Let the stars shine brightly on you now.

Goodnight from the stars on high,
with God here I'm watching you and chasing
all the rotten fears away.
I love you sweetie I hurt so much without you close.
Take my hand and let us fall asleep in shared peace
and comfort with each other we need the most.

Michael P. McParland

Goodnight My Sweet Sweet Kira 3

Goodnight my sweet lady who I love so much,
I hope your day was splendid and you accomplished
so very much.
I hope you felt me near holding your hand
and being warmed by all my loving care.
It's you for which my heart goes on.

Goodnight my sweet sweet Kira I'm right there
holding you so very tight,
hand in hand to help each other through this
cold, hard, and lonely night.
You are so special my sweet Angel who I love so much.

Goodnight my sweet sweet Kira I'm sending you
all my loving warmth and love,
right along with great big kisses and tight hugs.
You mean so much to me you truly do,
I love you deeply if you only knew.

I'll see you in the land of dreams.
Will you help protect me from the
nightnmares which rip at me?
Just talk and hold each other,
pass the time like when we were
kids all over.

Goodnight my sweet sweet Kira you are the one
that I will continue fighting for.
You are so special I want no other just
my Queen and my best friend.
I love you dear I'm right there with you,
you are my soul mate my only treasure.

Michael P. McParland

No Expectations

I have no expectations for you
to change and become another.
It's you I love so I want you
to be yourself now and forever.

I would never change who I am
but just improve my person.
Be the best for you which you deserve.
Why should I expect different?
I want my Kira to be herself
not one bit different.

Why would I expect my Angel Queen
to morph into another being?
It's you I fell in love with.
Why would I want you to become another?

I love you dear you are my lover.
I admire and respect you like no other.
I want my darling to be the woman
I truly admire.
I love you dear you are the one I want
to be with everyday for eternity.

Michael P. McParland

Night Note 12

A quick rest for
me my dear to try
and keep this sickness
here at bay.
I love you sweet
will you join me in
some splendid
quiet peace?

I need to know
you're near to me.
I love you tons
my precious one.
In your arms is
all I need to
get some peaceful
rest filled sleep.
So will you join
me holding hands
in this need of
loving rest?

I love you dear
you simply are
the very best.

Michael P. McParland

Night Note 11

A cold night on
the frozen tundra
that is Minnesota.
Just had my first
cigarette since April.
I miss you babe and
I love ya.
I wish you were
here to help make
things warmer,
to make life calmer
and more tolerable.
To help each other
stop hurting in this
life long struggle.

I love and miss you
so very very much
my sweet angel dove.
I'm always with you
everywhere you go.
Hand in hand through
the very end.
I'm also always here
with open arms and
a wide open heart
that's just for you.
My life is worthless
and empty here without
my only love.

I love you Kira
please come and
take me near,
hold my hand
forevermore.
Let us heal our
broken hearts together.
Find peace and comfort

within each other.
I love you Kira,
only you forever
through eternity.

Michael P. McParland

I'm Sorry

I'm sorry I failed you,
I'm sorry I can't get it right,
I'm just so very sorry
my sweet Angel from on high.
I'm just so sorry because
I love you more than you can ever know.

Michael P. McParland

Evening Note 4

The sun is setting
and my stomch is still
a grumbling and the
nightmares were right there waiting.
I love and miss you
my sweet and only Angel.
I wish that you were
here to just hold and cuddle.
Chase away the shakes
and shivers from those nightmares.
The past few days I really
haven't been able to feel you.
Are you there sweet lady?

I'll most likely spend the
evening and night all in bed
because this sickness is in full grips.
I just so wish that you were
here to talk and hold my hand,
cuddle with and fall asleep
in complete peace protected by
your warmth and strong spirit heart.
I love you Kira and am sending you great
big hugs and kisses.
I wish that you were right
here with me.

Michael P. McParland

Hold Me Tight 3

As I lay down for my post lunch rest
come lay down and join me my Angel Queen.
My stomachs grumbling and my heart is
aching to have you here.
So let's lay down with each other
and warm our hurting hearts together.

Come hold me tight my divine Angel of light.
Come and feel my loving warmth,
no matter where you are let it envelop you
in it's power that wants to heal your heart.
Know that you're the only one for who it longs.

Hold me tight in this afternoon where my
bodies once again turned against me here.
I know in my heart and soul you never will,
come and comfort me and I will comfort thee.
You're all my only dreams.

Hold me tight within your loving spirit,
then when you are here we'll forever hold
each other never again departing from another,
dancing with the moon and stars for eternity.
I love you Kira you're my angel and my best friend,
come and hold me tight for eternity my only one.

Michael P. McParland

Love Note 52

I love you darling one
and I am eating a little
lunch just for you
I know you want me to
fight through and get healthy
because our dream is
going to come true.
We'll be together
hand in hand eternity through.

I love you dear so very much.
Will you please come
join me in my little lunch?
Then lay down and take a nap,
continue on to recovery
a beautiful future for you and me.
I'm thinking of you all the while,
I love you Kira you make
me smile.

I hope to hear from you
so very soon.
Kiss and hold you
for all the rest of time
my precious lover.
I'm with you always holding
you and your hand.
I love you sweetie please
come join me for my little lunch,
then a cuddle nap for just
the two of us.

Michael P. McParland

Exhausted 6

Oh my dear I am beat through and through,
I'm just so tired and would love to be joined
here by you.
Holding my hand while I held you,
slipping away to sleep for once not
haunted by the nightmares that tear my mind apart.

I'm exausted Kira and here all alone.
If you're willing please come and climb
under my loving welcoming arm.
So I can say straight to you
I love you dear your my only one.
Let's stay together forever and never again be alone.

Kira my dear.
I love you so.

Michael P. McParland

Love Note 51

Miss you tons my
sweet and only one.
I'm not feeling good today
but really hope you are.
Feel the sun shine
upon your face.
Close your eyes and smile,
think of all the things
that you love and make you happy.
My hand in yours forevermore.
My arms around you filling
you with warmth, hope,
and endless love.
I only ever want the best for you.

I love you Kira you're
the greatest I have ever known.
I'm sorry I'm not feeling well.
Look away so you don't see my tears,
I don't want you to feel them either.
I love you so I hope you know,
I'm with you always my sweet lady
and Angel so divine.

Michael P. McParland

I Miss You 6

I miss you sweet lady you mean everything to me.
I'm sick again like I was last year,
I wish you were here to make this bareable.
Laying here feeling incredibly weak,
very long stretchs of being wide awake,
followed by long boughts of sleep.

I miss you and I don't want you here to take care of me,
I want you here for the loving company.
A hand to hold through the weakest points,
just you to hold when the sadness has taken a total hold.
Just have my lady here to pass while this
sickness stays and lasts.

I miss you and I'm tired through and through.
Just you being here would make some
things better it is true.
Just to have you laying next to me while
listening to music or my audiobooks.
You'd make this sickness bareable with
your sweet soul soothing voice.

I miss you and I want to talk to you
I'd expel all my energy just to chat a while.
You made life easier and now I sit back through
a sickness all alone that haunted me for a
month and a half this last year passed.
You would help it seem like a second
wrapped up in your loving Angels arms.

I miss you Kira you're the one I live for
and keep up the endless fight.
I just want you here your hand in mine our
arms around each other feeling fine.
I love you dear my Angel Queen,
I miss you so my only one.

Michael P. McParland

Morning Note 9

Another day is here and
I hope it's a bright and
beautiful one for you my precious dear.
I miss you still and hope
that very soon we'll see
each other across the room,
then smile and come together,
fall into a deep embrace and
just tell each other how much we've missed,
that our love is deep and
eternal.

Good morning love I hope you
have a splendid day.
I'll be with you hand in hand
the entire time don't forget.
I love you and I miss you
I'm sending all my loving
warmth to you.
You're everything and all
I need.
I love you babe I hope you
have a super day.

Michael P. McParland

I Need You 4

I need you is all I can
muster as the tears begin
to burn my eyes.
I love you my sweet Angel
of divinity.
Please come hold and comfort me.

Michael P. McParland

I Love You Kira 9

I love you with everything I am Kira.
Can't you see the pain I feel
and the truth I hold within?
I would never lie of these things.
I would never lie to you my sweet Angel
and best friend.

I love you more than you can ever know,
I'm about to go to bed now and release
all the pain I feel through burning tears I hide.
I love you Kira why would you think
that I enjoy this?

I love you and I know you hurt inside,
I'd give anything to take that pain
and never have you feel any again.
I miss you more and more each day.
I love you Kira and my heart is
broken beyond all recognition with you not being here.

I love you Kira and I'm crawling
back inside my lonely bed.
Put my head under the covers to shed
the burning painful tears I hide.
I love you Kira my true love and
only woman of my heart.
You're the only one and it's for you alone I hurt.

Michael P. McParland

Hold Me Tight Tonight

Hold me tight tonight my only one,
I'm still feeling incredibly weak
and spent from earlier being sick.
I need your beautiful company
with your endless and deep strength,
my heart has been aching just
like yours has been too.

Hold me tight tonight my love
and we'll get each other through.
Combine our warmth and the loving care
immense we hold for another,
and this night will be the best
just sharing it in each others arms.

Hold me tight tonight my sweet one from above,
I'll hold you too and I'm never letting go.
Let's heal our hearts and in turn
heal our health so connected to.
I love you sweet Kira dear I'm holding
on for eternity to only you.

Michael P. McParland

Love Note 50

I love you babe.
Didn't get to say
it very much yesterday.
You are such a wonderful
blessing and I wish you
had been here to spend
the day with me in bed.
Then keep me company at
the point which I got sick.
You presence and beautiful
voice would have made things
more bearable and easy to get through.

I love you sweet lady and
wish you were here listening
to Falcos album Junge Romer
with me right now.
We don't know German but we'd
sing along anyway.
You are the tops my Sweet Queen
and any other woman is
a bore next to you.
God I wish you were here
to kiss. smile at,
and hold.

I love you Kira and
you're the key to being
complete my sweet.
You're all I want and need.
I love you my Angel Queen
and don't forget I'm with
you always holding you
precious hand.

Michael P. McParland

Goodnight My Sweet Sweet Kira 2

Goodnight my sweet sweet Kira I'm sorry
I was quiet the whole day.
I was asleep through most of
it then sick through near the rest.
I'm here now though and want to give you
a great big hug and kiss goodnight.

I'm sending you all my warmth and love
with the biggest kisses and hugs.
I'm holding you oh so close and tight
the whole night my hand in your hand.
I love you so very much my Angel Queen.

You are my everything and I am with you always.
I'll see you in the land of dreams where
we can hold each other forever, talk just catching up,
Lay down with each other on a blanket on the grass
next to a calming fast rushing river under a tree,
just you and me together forever.

Goodnight my sweet sweet delightful Kira.
Feel me behind you holding you tight
no tears or sadness near or in sight.
I'm yours forever always near at hand,
I love you Kira P. I'm you're man for eternity.

Michael P. McParland

Love Note 49

Been asleep all day
and have a bit of a
headache.
Will have to lay back
down again soon
and wanted you to know
I love you and I miss you
so very very much.

Michael P. McParland

Come Rest 4

Come grab my hand sweet lady of mine,
lay down with me for a rest.
Just lay here holding each other.
Will you help dry my tears and
assure me everything is alright?

Come grab my hand ans we'll slide into bed,
wrap up in each others arms and
drift of in each others warmth and
all the peace we provide for each other.

I love you so deeply as I know you do me,
come take my hand and snuggle while
we drift off for a rest.
I want to nuzzle my face deep into your shoulder
getting small and comfortable be calmed by my lady.
I love you so much my sweet darling,
grab my hand and come to bed where we'll rest
until we're truly rested.

Michael P. McParland

Tons Of Tears

Tons of tears today I'm
feeling so lost and confused
and I don't know what to think
or what's going on.

I just know that my heart hurts
on epic proportions and
I just want to curl up into a
ball in bed and die.
Heavy thoughts of suicide on my mind.

The world around me I don't
know what to say,
and I don't care if my critics
on here don't understand.
They don't know what's in my
mind and my life.

Tons of tears and filled
with such abundance of
sorrow I feel sick to my stomach,
my heart feels as if it may burst.
Tons of tears no ending in sight
on this cold and bleak Sunday afternoon.

Michael P. McParland

Love Note 48

Still trying to get to sleep,
thinking of you hoping you're alright,
wondering if you're thinking of
and missing me too.
I love you and wish I'd hear
from you so we could talk and
you could tell me just how you're doing.
Although I can feel from
here that you're hurting like me
and we're both hurting equally bad.
So many things I need to say
in this spot of the note but as
is here I can not.

I must again attempt to rest my
aching and weary body, mind,
heart, and soul.
I'll be right by you and holding you all day.
I love you so much sweet lady
my only true Angel
I am in agony for you and
there's only one cure.

Michael P. McParland

Exhausted 5

Worn out and spent in all ways,
been up forever and barely eaten a thing.
It's time to lay down and attempt
to find and receive some sleep.
My dear will you come and join me?

Just lay down and hold each other
close our eyes and in the fulfilling
comfort drift off to sleep smiling,
our spirits complete and whole with us together.
A unity so profound it's what both of
us need it's what my instincts tell me.

So please come and join me
and let us hold each other to sleep
away this heart break and exhaustion that
is so deeply haunting us.
It's the medicine and remedy for our
hearts and souls so deeply hurting.

I'm completely exhausted and will attempt to sleep.
Come join me with your beautiful spirit,
rubbing my face and head saying everything is okay,
that you know I so truly deeply love you and you love me too.
Bringing us both peaceful contented hearts and rest.
I love you so much Kira my best friend.

Michael P. McParland

Morning Note 8

Good morning sweet lady
I hope you slept well.
I wanted to drop you this
note to start both of our
days off right.
First a huge hug and a kiss
to start everything off
with a sign and deep passionate
feeling of true love.
Then a long loving look
into your beautiful eyes
to tell you I love you
and you're the one that
keeps my heart secure and safe.

Good morning my dear one
for all eternity.
I've been up for two days
I hardly sleep or eat anymore.
I'll crash out eventually though
I can't tell you just when.
May the sun shine so bright
upon you today my divine Angel
of pure light.
Let it warm you and fill you
with peace and delight.
I'm right there with you
holding your hand as you walk along,
then when you sit and lay down
I wrap you up in my arms to
help us both feel the love
being safe and secure with each other.

Good morning my lady fair,
go about your day with the lightest of hearts.
Know you are loved and never alone,
God's watching out for you
and so am I.
I love you so very much my sweet love,

may God bless you today and always
my blessed Angel of love
from above.
Please enjoy your day and
worry not about me.
I've burdened you enough
with all of my demanding, tiring
worries that I'm sure drive you mad.
I can never thank you enough
for all the wonderful things
you have done for me and your endless support.
Have a superb day my dear Angel
I love you so much.

Michael P. McParland

Heaven With You

Talking with you and spending time together
to me is truly heaven,
I can think of no better way to spend my time,
or anyone I'd rather be with.
Even thinking of you now as I write this my
heart begins to pound with anticipation and passion.
I long and I crave to have you near and have
my dear Angels attention.
For my Angel true to be by my side where I can
give you all of my undivided attention,
and while you share everything pouring out,
just hold you in my arms and listen through out.

Talking to you, being with you, dreaming of you,
reliving memories of you are heaven on earth
and it makes me long a million times more.
I've told you before and I'll tell you again
you complete me sweet lady you're my better half.
You've shown me things I'd never seen before
and to this day you still do.
You are an Angel for sure because any way I'm with
you be it in mind, body, or spirit it's heaven on
earth and I can only hope that you find half as much
pleasure and fulfillment in this average man.

You're an Angel on earth the Queen of my heart,
and my essence, all that I am.
You've brought a divine love and joy to me,
and it's filled me with a need and you being gone
is a canyon sized hole in my heart and my soul.
Please do what you feel is best,
my first concern is your happiness,
I just hope and pray that you'll give me that chance
and in person,
please no more internet.
I want to experience heaven up close within your arms.

You are the one that keeps me going in so many ways,
you are my hero and greatest best friend.

I need and crave all of your love in every way,
to be with each other and spend time every day,
bonding as one whenever we want.
You are heaven on earth my Sweet Angel Queen,
I love you so very much and your love is what I need.

Michael P. McParland

Take My Hand 3

I'm putting my hand out
grab on and never let go.
I'm reaching it out for you
to hold so we'll both feel comfort
knowing that the other is there.

I'm having a very hard time and
need lots of support.
I'm sorry sweet lady that I
often put you through so very much.
Right now my heart just needs
your strength and your peace
to calm me down.
I'm hoping I'm doing the same for you.

Take my hand my true love and sweet Angel,
let me hold you and let you know
that your safe and will never be alone.
I love you so much and just need your peace,
that's provided in you as a whole you
are just simply the best.
You are all that I desire in my life.

Michael P. McParland

Come Hold Me 4

Come hold me tight tonight sweet lady
I need your reassurance.
I know that you truly deeply
love me too with all of your heart,
mind, body, and soul.
It's just a time period where I need
lots of comfort to help calm my soul
and give me peace.

Come hold me my Angel of light and hope,
let's cuddle together just feeling comfort
and peaceful in each others arms.
I can think of no better way to make it through the night.
I want you in my arms so very bad my body
aches to have you right next to it.

Come hold me sweet Kira the woman of my dreams,
plain and simple my spirit needs it.
I need the contact and to be touched by
a person I love.
I have no contact with others nor do I want to,
but the lack and deficiency of a soft loving
touch, kiss, and caress is weakening my soul and
it's dying a slow lonely death.
I want you to hold me to share your love
and to help give my soul a reason to believe
it's worth going on and my Angel is there.

I love you sweet lady Kira my only one,
I just want us to hold each other tonight
and so much more into eternity my dear.
You're my best friend and the one I truly
trust and adore.
Who better to spend my entire existence with
than the woman I truly love and am closest to?

Michael P. McParland

Love Note 47

Sitting up nowhere near sleep
thinking of you while I play games on my kindle.
I'm trying to occupy my mind to
try and blind the pain
but I love you so much I can't help but
think of you time and again.
You truly are so special to me
a true Queen of my heart and soul.
I wish you were here to just cuddle
and talk as we lay in bed.
I miss you so much my sweet lady
I feel like I'm losing my mind without
you here by my side.

I love you so much my darling Kira,
please realize that I would not lie
because I love and respect you so very much.
I hope that you know my love
is as deep as the ocean in it's
depths that seem to go on forever.
I'm sending you all of my warmth
and my love with all the strength that you need.
I just love you so much feel and
hear my heart call out and
sing to thee.

Michael P. McParland

Night Note 10

A lonely night filled
with numbing pain.
Just sending all of my
strength and love for you
to wrap up in and feel warm and safe.

Have a good night and sleep well
with the sweetest ever of dreams.
I love you and miss you
and I'm at a loss in so much.
Please take care of yourself
sweet lady you'll always
be my number one.

Michael P. McParland

Goodnight My Valentine

Goodnight my sweet Valentine I missed
you so very much today,
not that I love you any more
or less on certain days.
You're the most special person on earth to me
no matter the time or day it's always you all the way.
Lay down now and rest your beautiful head,
have peace in your heart, mind, soul,
and have the sweetest of dreams.

I'm sending you all of my love and my warmth
as I climb in to bed next to you in spirit,
put my hand in yours and gather you up in my arms
and give you a deep passionate kiss to end the long day.
Just lay down and listen to you breathe,
feel your heart beating and bury my face in your shoulder.

I'll see you in the land of dreams,
the land of forever where we'll spend the night
among the moon and the stars taking part
in their enchanting glow and dance.
Holding each other entranced by the majestic
sights and experience up among the moon
and the stars partaking in the magic that they are.

Goodnight Kira my Valentine I miss and
love you so very nuch.
I have and hold to faith that we'll find vour way,
I may not know exactly how but we will.
I love you sweet lady my best friend and Angel from on high,
please come to me soon and we'll rescue each other
healing our broken hearts together.

Michael P. McParland

Night Note 9

How are you doing sweet lady of mine?
Are you feeling the love
and warmth that I am sending?
Are you at peace and feeling the strength?
Do you feel my heart beating next to yours?
My soul is singing the greatest
songs of love to touch yours,
to help you know that I'm there
and that I so deeply love you
and will always truly care.

Are you feeling well on this
cold winter night?
Have you received all the kisses
and hugs that I have sent your way?
Do you know of and feel all of
the prayers I'm saying for you?
I pray for your peace and protection
and for your ailments to be healed
and ask for them to be put upon me,
so you can have the greatest life with
no pain and very little strife.
I love you so much.
Do you feel and know the truth of that?

I hope you are well and feeling me
on this February night.
We both need the peace and comfort
our hearts and souls bring to each other.
You're the most important person
and thing in my life,
I care about and worry over you
every day and every night.
May you be blessed forever and feel
my arms around you now,
I'm holding your hand and my Angel
I love you more than you can know.

Michael P. McParland

Kira My Valentine

Kira the only woman in my heart,
my true love and for her it will never part.
She's the keeper of all that is right
and brings me true hope and light.
She is my guardian Angel and gives me
endless amounts of peace and strength.

When she's not near she sends her loving energy,
it's filled with a power no one can ever equal.
Her heart and soul are so precious,
she's my Queen and best friend and I so deeply adore her.

Kira my Valentine is a true hero,
the things she's conquered and persevered
through have been many and she's totally awesome.
She's my hero and lady supreme,
I'm her biggest fan and she means the world to me.

Kira Petranovich my only true love and Valentine,
I love you so much no man has ever held
or known just what I hold inside.
You are all that I want and the only one that I need,
I hope and pray you'll come back and talk to me.

Michael P. McParland

Take My Hand 2

Will you take my hand sweet lady
and help give me peace and comfort?
I'm filled with enormous anxiety
and need your love and strength to get through it.

Please take my hand my only one
and feel all the love I hold for you.
I'm anxious and I'm hurting
I so badly need to feel your love and your spirit.

Come take my hand and wrap me up in your arms,
pull me in close and tell me you love me
and that everything is peaceful and alright.
Just snuggle with each other until we both are healed.

I'm sending you all my love and warmth to you
my sweet lady I love forevermore.
I need all of your strength and peace on this very night,
I just want you here to have and to hold to pass
this lonely night which I feel so deeply scared and sad.

I love you sweet lady you're the greatest of all,
please come take my hand and let's comfort
each other to make it through the night.
Hold my hand and hold me near,
I love and need you so much my Angel Queen.

Michael P. McParland

Love Note 46

Hi there sweet lady I hope
you are doing well.
My thoughts and heart are
with you as am I.
A quick note to tell you
I love you,
and to remind you you're
never alone because I'm
always here for you.

I care so much my
one and only.
Please don't shut me out
I so badly want and need you.
My dear Angel Queen I
deeply love you.

Michael P. McParland

Valentines Night

Here on Valentines night I'm sitting
here at home eating a steak dinner alone.
I've still set a place for you though
lest a miracle happen and you show up here.
If not it in some way comforts me to
see a setting, a plate, cup, knife,
napkin and a fork giving some hope
for our future together.

I miss you so much and this steak dinner
won't be half as good without you,
but I'll be imagining you across the table.
Smiling and looking at each other,
enjoying the meal I cooked for my lady,
just reveling and basking in each others company.

Here on Valentines night as I escape deeper
within my own little world,
it doesn't make things easier because of
that universe you're the center.
So my heart yearns and longs for my sweet Angel,
my best friend and true soul mate of forever.

I'm about to go eat my Valentines steak dinner,
come join me I'll see you at the table.
We'll say a prayer thanking God for each other,
then enjoy the meal I cooked for my lady.
I love you so deeply my sweet angel dove,
you're my year round Valentine no matter what.

Michael P. McParland

Evening Note 3

It's the very late afternoon
and fast approaching evening,
just want to say I love you
and that I'm tightly holding you there,
our hearts beating next to each other
bringing us peace and harmony
a very needed feeling for us now.

On this Valentines evening
spent all alone I'll be reading
books, listening to music,
and watching movies that remind me of you.
It's the best way to
feel like you're here while
I feel your loving spirit from there.
I'll be sending you all of
my warmth and loving energy as well.
I just miss you so much
my sweet angel dove.

As evening sets in I'm
feeling ever more lonely.
I guess I'll now escape
to my books to try and keep
it from growing.
I love you so much have a warm
and pleasent evening and night,
feel me there holding your hand
and holding you pulling in tight.

Michael P. McParland

Valentines Prayer

Dear God I ask you for this special
Valentines prayer to help my love
and me so we'll be at peace in our
hearts and minds and to help be
confident and firm in the truth.

Dear God please help my sweet lady
know that my love is so deep
and it is purely true.
Help her to know there are no lies
in all I've told and confessed to her,
that I would never disrespect or
dishonor her by telling disgusting
heart wrenching hurtful lies.

Dear God help me to know always
and feel the love for me that she holds.
I know it is there and that it is real,
I just want and need to feel it
around me so much more,
because I'm a weak man who needs reassurance
and tends to worry too much.

Dear God most of all please help her
to know that her safety, happiness,
fulfillment, wants and needs are the
most important things to me.
I want what's best for her always
whatever it may be.
Please help her to know the deep
pureness and truth of my sheer
endless love for her
deep in her precious soul and heart.

Dear God I send this Valentines prayer
not just for today but every day to come.
Watch over her and assure her of both our deep love,
help her to know she's never alone
and that I'm right here ready and willing for her.

Please just help her know the truth of
all that I am and have said within her heart.
Help her to know that I love her so deeply
and neither I nor that will ever part.

Michael P. McParland

My Queen 7

You Kira are my Queen and you
truly mean so very much to me.
You're my Angel on earth,
you're all that I need.
I'm sad, cold, empty,
and all alone without you.
You fill the void that is there
without you here.

I love you so much and about
that I would never lie.
Your sprit shines and sings to me,
your heart glows like the northern star.
I'm drifting aimless and alone
lost at sea with you gone.

You are my Queen and my best friend
and my love and admiration have no end.
I will do anything for you
including give up my life
my Sweet Angel Queen.
I don't think you realize just
how much you mean to me.

I've committed myself to only you,
my heart is forevermore yours and
that's what I want and choose.
From the start I was all yours,
because my heart discovered true
love when I met and discovered
the greatness and loving kindness of you.

So my dear Queen of all that is good
and right in this world to me.
I confess my love from an open heart straight to you.
I hope you know and accept its full truth,
I would never lie about such things,
especially to you whom I'm always truthful.
I love you so much my Angel my Queen,

I bow down before you on my right knee,
I ask for forgiveness and show all my sincerity
I've born to you my true soul and its depth.
Will you give me true honor and marry me?

Michael P. McParland

Love Note 45

Good afternoon sweet lady of mine,
I hope this day so far has found you fine.
With a smile and high spirits,
plenty of hope and joy within it.
Feel peace in your heart and
your hand in mine.
I'm right there with you all the
way all of the time.
You're my Angel my Queen,
you truly are sent from heave
an Angel Queen blessed upon
me and everyone that you meet.
You are divine and a sweet soul treat,
you make my heart beat at double the speed.
I can; t help but love both
by choice and something like fate,
you're the only woman I'll
ever want to be with each day
and every night.
You are the woman who lights
up my life.

I love you so much
my sweet Angel dove.
You give me such pure
boundless unconditional love.
It fills me with joy and gives me worth,
a kind for me that didn't exist.
You make me so happy I give you my life.
I'll spend my whole life making
you happy feeling fulfilled,
I'll go the lengths to give
you all that you want and even more.
You are the one that I choose
no other will ever do.
I love you sweet lady
you're the greatest woman I've ever
known and you will always be.

Michael P. McParland

Sweet Angel My Valentine

Kira Sweet Angel you are my
year round Valentine,
I adore and cherish you everyday
no matter the time.
You are the supreme lady,
a Queen so unique and divine truly regal,
a gem of heaven to earth whom I fully treasure.
Sweet Angel you are my Valentine forever.
I love you so much let's spend eternity together.

Michael P. McParland

The Greatest 2

Darling one you truly are the greatest to me,
you're everything I could ever want and need.
You mean the universe and sum up all that is right.

I love you so much my Angel Queen,
you have helped me so much in everything.
What more could I ever ask in a love?
You're the greatest sweet lady I love you so much.

Michael P. McParland

I'm Not

I'm not afraid to love or be loved,
it's a very sad mistake to think such a thing.
Right now I just don't know what's going on
and I'm willing to go on faith but
I need guidance and help my sweet lady,
please be very clear and give me your hand.

To all who think it I'm crazy
I just have a mental illness,
a chemical imbalance which many are stricken.
Those with bipolar should not be feared or
treated like something repugnant and less,
something so many do and try to steer clear.
Some push you out because we can be difficult,
but we're not crazy we just have an illness.

I'm not a cold hearted monster or a bad man,
nor am I a good man I just am.
I strive for my best and sometimes
fall epically short,
and I punish myself by beating me up.
I so often feel like a failure and in this
case perhaps I am.
I've failed my sweet lady time and time again,
and I make myself sick for all I've done wrong.

I'm not perfect nor would I ever claim.
I'm not attractive not handsome at all,
but not ugly either just very plain.
I'm not afraid of love I so desperately need it,
sweet lady please give me your hand and a much needed chance.
I love you so much and I want to make it all up.

I'm not crazy to you all who say so,
just stricken with an illness I do my best to deal.
I'm not hateful or cold or filled with revenge,
I have deep love and have no desire to hurt any others.
I'm just tired and I'm at my limits,
how much can a man take before his mind and soul break?

Michael P. McParland

Love Note 44

I love and miss you so very much,
you are just so special to me.
My heart is yours and it hurts
without you here or even talking
from time to time.
Please though do what you feel
is right and what you need.
My poems are not to try and
guilt you or sway you in any way
against what you think and feel.
They're my outlet for my feelings
and to let you know that I still
so very deeply love you,
and so you'll know if you decide
to return I'm still here with
an open heart and arms.
I want you to return only
of your own free will and
desire to give me that chance.

I love you sweet lady and long
to have you near right here.
I can't lie I'm confused by
so much going on around me.
Perhaps I'm really stupid
I don't know right now.
We already know I'm mostly
in a world of my own,
but I'm still mostly aware of
what's going on out there.
I need your help so bad to
make sense of it all.

Please have a wonderful day,
feel the sun shining upon
you my dear.
I'm with you all the time
in every single way.
I won't abandon you like I said.

I'm sending you all of my warmth and love.
I love you so much
my sweet Angel dove,
please always take care and be safe
my sweet one.

Michael P. McParland

A Year Ago Today (Valentines)

A year ago today we were talking here
with each other almost the whole day.
Wishing each other a beautiful love
filled Valentines day,
talking about anything and everything
as we usually did.
Saying I love you and you are the best.

One year later and I'm all alone,
I'm hurting so bad and I know you are too.
Where are you at in so many ways?
How are you doing overall,
are you okay?
I miss you sweet darling and I'd give anything
to take away all the mistakes and
have you around in at least some way.

A year ago today and in many ways
it doesn't seem so long ago,
but in others it might as well
have been a million years.
Happy Valentines Day my sweet lady and Angel.
I love you so much I hope sooner rather
than later we'll come back together.

Michael P. McParland

Morning Note 7

Good morning beautiful one
the sun is rising morning has come.
I want to wish you the brightest
of all days,
filled with love and peace
contented warmth around.
May God be with you every
single step of the way.

Remember I'm with you always
holding you and your hand.
I'm not letting go or going anywhere.
I'm committed and sticking
by you for eternity.
Have a great day sweet lady
I love you so much,
if you truly ever need anything
please get in touch.

Michael P. McParland

Winter Thoughts

It's a winter wonderland outside,
earth as so much is in hibernation at rest.
Preparing for another cycle to
bring us beauty and sustenance
anew in great bounty to help get us through.

It's a cold winter a time of rest,
a time to reflect and work on the
things that need it the most and that which we can.
A time to reconnect and reconcile
with the things and the people we've
lost that are still here on earth,
for tomorrow they may not be this life
throws out curve balls unplanned.
So never forget to tell your loved ones you care.

It's a cold winter outside,
but in your heart it doesn't need to be.
Let be filled with warmth and love
trying to be of service to who you can,
enrich the spirit as much as you can.
Lead and teach by example don't wait
around for some other person to carry that load.

It's a cold winter yes a time to rest,
but all mentioned above applies as well.
A time to reflect and to work on
those things that so need it.
Always be kind and of service to your fellow man,
make sure to always tell and let your
family and friends know that you love them and care.
Always count your blessings and thank God
that they're there.

Michael P. McParland

A Love Rooted

A love rooted so deep
it's earth shattering.
A bond and connection
that is beyond comprehension.
Even my love and I
can't explain it or
even truly understand it,
but I'm grateful for it
because she's the greatest
woman and I'll have no other person.

A love rooted so deep inside of me,
it gives me reason to live
and keeps me planted on earth,
if it weren't for her
I'd long ago have found death.
A love rooted in life and I
thank her for all she has done.
She's my best friend and Angel
and I love her so much.
I want and I need her in my life forever,
rooted together in marriage
with a family we're proud of.
A profoundly rooted love that
gives light and by most can only
ever be imagined.

I love my sweet lady
and in me it is rooted so deep,
my heart quivers and beats
for her and continues on
to serve and give whatever she needs.
She's my Queen and my hero,
a dear person I look up to,
my best friend who I give my whole life to.
I love you so much
my only true love,
it's rooted so deep it will
never budge.

Michael P. McParland

Love Note 43

I love you so much
my sweet angel dove.
My heart hurts, yearns,
and is calling out.
I want you so bad and
I need your love to no end,
I'll always give you my best
and my all to no end.

My love is limitless,
my love is true,
my love is everlasting
and it's all just for you.
Our love is proof to the world
that true love exists and goes
on to no end.
Our bond is so strong
and for you I will always
fight and defend.

I love you sweet lady
and wish you were here.
My heart and soul are calling to you.
Do you hear and feel
their power, love, and need?
You are my Angel and pride,
I love you so much my darling
I hope that you know just how
truly deep and real it truly is.

Michael P. McParland

You're Not Alone

You're not alone now sweet love,
nor will you ever be because
I'm always with you where ever you are,
and what ever may be
I'll be by your side holding your
hand for eternity.

I love you so much and I care in
every way in every single thing,
I would not and could not leave you
all alone out in the cold to face
everything by yourself without any help.
You're to precious to me and my
heart won't accept you being in pain
watching you bleed.

You're not alone my sweet Angel
not right now not ever will you be.
I love you so much my heart and mind
are with you at all times,
you are my essence my lady divine.
I love you so much I promise you
now and forever you're not nor
will you ever be all alone.

Michael P. McParland

Be My Valentine?

Will you be my Valentine dear lady so divine?
Will you come take my hand spend the whole day
then dance the night away?
Will you honor me and give me the greatest
Valentine anyone has ever or will ever have?
Kira sweet lady of mine will you be my Valentine?
I love you so much only you give this day worth.

Michael P. McParland

You Are Beautiful

My dear love you truly are beautiful,
even if you don't believe it,
to me you glow and project like and Angel.
My legs shake and I'm struck dumb
whenever I hear your voice
and when you enter a room.

You are so beautiful you don't even know,
just how much you make my heart beat
and stomach twist and turn with passion that yearns.
I just want to reach out and grab you,
hold you and kiss you but not just because
you're beautiful but because I love you.

I love you so much and that's such a large part,
but I know true beauty when I see it and
you are everything that exemplifies it.
You're my perfect picture of a beautiful person,
with a beautiful heart and soul that matches
and gives me fabulous fits.

You truly are beautiful my sweet Angel dove,
no other woman will ever match who you are.
You are the woman I treasure you are my best friend,
I'll love you through eternity there
truly is no end.

Michael P. McParland

Happy Valentines Day

Happy Valentines Day my true love,
I wish I could be with you but I
can't this year so I want to give you this poem,
you are the only one my heart is meant for.

Happy Valentines Day my precious one,
feel your heart fill with love
as I send you my all.
My warmth with hugs and kisses are coming too.
I hope that next year we'll be together
to spend this day in each others arms
and every day there after.

Happy Valentines Day my sweet lady
and blessed Angel from above.
My heart, mind, essence, and soul
are all yours and with you as always,
take peace and comfort and feel the strength
that I give to you in everything that is me.

Happy Valentines Day my Sweet Angel Queen,
may you have the sweetest and happiest of days.
I'm praying to God that you'll feel
and know the depth and the power of
my love and have not a second of worry or doubt.

I love you so much and not just on
Valentines Day.
That's just a date on the calendar,
you're my Valentine each and every day
forever and ever.

Michael P. McParland

Feeling You 2

I can feel you near and it's
helping me deal with all the pain that I feel.
I can't sleep and my stomach hurts,
my heart is screaming in need to
have you holding me and talking.

I can feel you here though and it's
calming me down.
It brings a sense of comfort
and true peace to me now.
Thank you sweet lady in how much
and just how you help me out.

I can feel your loving warmth and I
hope that you can feel all of mine.
You are my soul mate and give me peace of heart and mind.
I love you so much my best friend and hero.
I can feel you near and I
no longer feel like a zero.

Michael P. McParland

Love Note 42

I love you immensely
my only one.
This quick note is to
make sure you'll always know.
I'm right there
with you holding your hand.
My heart hurts right now
and you're the only cure.
A note to reach out
and tell you you're great.
I love you my dear you're my
Sweet Angel Queen.

Michael P. McParland

Goodnight My Only One 4

Goodnight my only one it's a night
to turn in early for me.
I'm sending you all of my love and my warmth,
wrapping you up in my arms and giving
you those great big kisses and hugs.

A very early night needed for me,
I hope once again to see you in the land of dreams.
Where we can do whatever we please,
without others around to be judged
under their opressive scrutiny.
Just lay with you by a rushing stream,
on a big soft blanket under a tree.
Just holding each other kissing and talking
in the land of dreams where time doesn't matter
and pains not allowed because it's a bother.

Goodnight my only one and look to the stars,
there you'll see my wearry and loving smile.
I as God to bless you and sit by your bed the whole night,
to make sure you know he loves you and so do I.
I'm holding you close now put your
head on my chest as I grab your soft precious hand.
Goodnight my dear I love you so much.
It's bed time for me early tonight.

Michael P. McParland

Evening Note 2

Wanted to say hello my darling one.
That I love you and miss you tons.
I'm sitting here listening to
the Pet Shop Boys and feeling
completely and totally all alone.
I'm sad and my heart is aching,
I'm feeling like a failure
and perhaps I am.

Sitting here on this quiet
and extremely lonely evening
thinking of you and wishing
at the very least we could be talking.
Wondering where you are and
just how you're doing.
I'm concerned for you as I always am,
I worry over all my loved ones.
Just sitting here sad and feel like crying
on this evening that's too quiet and cold.

Wondering what you're thinking on
this very evening and if you have
any Valentines plans for tomorrow.
You know I don't and without you
that's okay I'd prefer it that way.
Just an evening note to let you know
that I love you and am thinking
much about everything with us.
I miss you tons and love you more,
I hope you're happy and okay.
I'm listening to the Pet Shop Boys
and reading a bit,
that's somewhat helping but I'm still hurting.
Feeling all alone by yourself is no fun.

I love you sweet lady and miss you so much.
I'll be thinking of you sending
all my love and warmth your way,
as well as great big kisses and hugs.

Take care my only one,
I truly love you so very much.

Michael P. McParland

A Quiet Night

A quiet night spent reading different
things and wishing you were here sitting by my side.
Either read as well or maybe me reading to you,
even you sitting here with your head
on my shoulder as you dozed or watched T.V.
A quiet night with you is better than
a quiet night here spent all alone.

No matter what my thoughts drift to you and
it makes my heart long and feel just a little bit sadder.
I would give anything to have you here by my side.
I enjoy quiet evenings spent just reading and writing,
but wanting and needing you so much just makes them haunting.
With echos and cries of the lonliest kind,
it makes the heart painfully jitter.

A quiet night spent with my many books,
going through many short stories and working through novels.
I read up to 6 books at a time to
help always occupy my mind and endless time.
I usually like the quiet but not at all tonight.
I just want you here to hold hands, kiss, and smile.

Until you're here so many quiet nights stretch
far out before me,
books and movies alone are not the key to keeping me busy.
I don't want to go out,
even in the best of times I'm a homebody you know that.
So I'll do everything I can to keep my
mind busy to help pass the time,
I'll never stop thinking of you sweet Angel of light,
I don't even want to try so I won't.

I love you my dear and while I read, write, and do
whatever I may and whatever I might I'll
be thinking and longing for you the entire time.
Because you are my Sweet Angel Queen and to me
you are my true love and everything.

Michael P. McParland

Evening Note

A note to you on
this here early evening.
I hope your day went well
and I hope your evening and night
will be the best of all.
You are always on my mind
and I'm always with you there.
My hand in yours my arm
around you there,
you are my lady a blessing
from God and I am your man,
I will always work and give
you all the best that I have and can.

Have a great evening I love
you so very much sweet Kira my dear.
Come take my hand and let's just sit down.
Talk for awhile, listen to music,
read, and watch some films that
you will choose.
you're the greatest sweet lady
you're my hopes and my dreams.
I love you so very much
may God bless you all the time.

Michael P. McParland

I Love You Sweet Lady

I love you so much sweet lady
and long for you to be here.
You truly are one of the few
that really knows me and in most
all areas you know me the very best.

Sweet lady you are the crown jewel of my life,
you my Angel Queen shine far brighter
and higher above then all the rest.
You inspire me with your toughness and fire,
you don't realize just how much you
motivate and inspire bringing
reason and hope to this man and no doubt others.

I love you sweet lady and hope you'll
be here so much sooner than later.
You are my everything and your helps
keep me together to all be at best for my Angel.
You are the most beautiful and
greatest lady there has ever been.

I love you sweet lady and need you here.
you truly don't just fulfill all of my
my hopes and my dreams because you are
all of my greatest hopes and greatest dreams.
I love you so much you're my divine lady sweet,
please say you'll come spend eternity with me.

Michael P. McParland

Dreamt Of You 8

In my long slumber to recover
you came to me in the most beautiful
of all places my dreams and spent time with me.
I was just going about doing nothing,
when the phone rang and it was
my dear sweet Angel asking if she could come over.

Of my sweet love why would I ever say no?
You're all I want and to always have you around.
We just spent time talking and
holding each other while on my bed
just laying down and relaxing.
We played games while laughing,
and reading together the most wonderful
ways this man could fathom to spend time
with the greatest woman alive.
My Angel Queen to I so idolize.

I didn't want to wake up because when
I did you wouldn't be here,
and that has made me sad though brightened
from that soul gratifying beautiful dream.
I love you so much and I know that's
our futures reality touch,
I can't wait to have you here by my side
my sweet Angel dove.

Michael P. McParland

Long Slumber

I needed a very long sleep to
catch up and refresh from so many
days of no sleep and emotion.
I'm sorry I didn't have more
written for you and was there
more for you like I need to be
and should always be sweet lady.

I almost woke up a few times
but I was dreaming of you and
it was so beautiful being with
you spending time talking,
walking, holding each other.
Why would I ever leave heaven?

I just needed a long slumber
and I saw you while in the
land of dreams,
the land of forever.
I love you so much my sweet Angel dove,
I can't wait to spend my whole life with you.

Michael P. McParland

Love Note 41

Finally up after a very long
sleep of recovery sweet lady.
A quick note right now to
say I hope you're having a
beautiful and peaceful day.
I hope the sun is shining
on you and all that you love.
Just a quick note right now
but more to come later.
I love you so much
sweet lady if you were
here the day would be so much
better.

Michael P. McParland

Love Note 40

Good afternoon my dear been
getting some good sleep,
up for just a minute
and wanted to say I love you
sweet you're the lovely
Angel sent from God
that's the only one
I want to be with for eternity.
You are sivine and
the most beautiful of women
and precious souls to
ecer walk this very earth.
You're a blessing and
celestial being my only one.
I love you more by endless
miles with everyday
that comes and goes.

ILYF KP

Michael P. McParland

Love Note 39

Still trying to rest sweet
one who I love so much.
Will you hold me tight
in spirit with my hand
to help relax me on this morn?
I need your loving strength
to make it through this day,
you give me peace and fill my heart with love.
Kira I need you so very much.

May the sunshine upon you today
and God grant you every gift
that your heart desires,
remember dear he loves you
and you're one of his
most special angels.
So I ask for your divine
help, love, and peace to
relax my soul for some sleep.

I love you sweet lady
annd my heart yearns to
be next to yours beating together as one.
Take care and be sade on this
day I'm with you always
all the way.

Michael P. McParland

Under The Covers 4

Come join me under the covers
where we can hug and kiss each other
till we fall asleep from all this exhaustion.
Be content and peaceful
sharing the warmth and love
of peace and harmony.

Just hug and kiss under the covers
falling asleep with smiles on our faces.
Fulfilled from having each other near,
so come join me and slide underneath the covers.
Give me that gorgeous heart melting smile,
it makes me quiver with it's angelic beauty of heaven.
Then let me just gaze into those bright sparkling
divine eyes which mesmerize.
I love you Sweet Angel Queen so then just
hold and kiss me underneath the covers
until content and happy with great big smiles
we fall asleep in a truly restful state.

Michael P. McParland

Love Note 38

I love you babe
just need you to know.
Come take my hand and
let me hold you now.

Michael P. McParland

Fallen Apart

I started falling apart in April
2011 from that ugly awful fight.
Still I maintained a sort of
balance limping through
each day and night.
Some far worse than others just
spending the day underneath the covers.
There was a good friend named Mee Too
that I talked to most everyday
when we didn't have problems and take a break.
She was a truly great friend just like you.
A friend I miss just like you.

Then the end of May last year you are
more than aware of what happened there,
and since then I came completely
undone in so many ways,
in my mental state yes but not
so much agressive temper which I've been improving,
but other ways that I can't explain.
I've fallen apart and crumbled
beyond what you could think or know.

At first I maintained a little bit,
hope sliping a bit more each day.
Then in mid July on my birthday when I
recieved not a single greeting in any way
my foundation and entire self fell apart
in close to every way there is.
I haven't told you for I did not want
to hurt or worry you in any way.
I just confess it now because in sorrow
I hope it will show how very special to me you are.
I won't elaborate on all the ways I have
come undone and fallen down.
I just want to tell my Queen I love her so very much.

Michael P. McParland

What Can I Do?

What can I do to help you
in anything and everything you need?
My heart is sinking feeling like
and worrying that you're pushing away from me.
Do you believe that I so deeply love you?
Do you truly know how much you mean to me?
Do you know just how connected my heart is to you?

I offer you everything I can and am,
I would give you the entire world if it were mine.
I want to spend my life here on earth and
in the next with you forever.
I want us both to heal our broken hearts together.
My heart right now is cracking up inside,
so I must lay down and look at your picture while I cry.
I love you so deeply within my heart and soul,
and I know from our connection you feel
that same for me as well.
Do you know how badly I ache in total in my being?
Do you know how truly badly I need you here with me?

Michael P. McParland

Come Lay Down

Come here and lay down with me
sweet lady and let us get some sleep.
I'm exhausted and physically wiped out,
come lay with me and we'll be filled
with loving, comforting peace.

Just hold each other as we drift away,
no worries all our problems forgotten
as we just lay in our arms your head upon my chest.
Just this thought helps soothe my aching soul and heart.
I pray that you are feeling all my warmth and love.

Come lay down and we will finally sleep,
your Angelic spirit so divine sings to me.
I embrace your love as I feel it all around,
come lay down my love and let us rest until
we are refreshed and ready to begin our journey.
I love you so my sweet true love,
eternity is ours and I'm so proud to be with you.

Michael P. McParland

Reading 2

Reading here to pass the time and
escape the world around me for awhile.
Fantasies abound of every kind,
to try and help temporarily ease the pain.
Adventure, horror, erotica, and science fiction,
all at my fingertips on my treasured kindle.
Just pass the time in these many worlds
to distract my mind from my hurting heart.
It's only minimal temporary relief
for so many things remind me of my sweet lady,
then I feel the tug and get a lump within my throat.
I continue on though because I know that
she would want me to,
I just wish she was here to read to and
discuss the books that we have read and shared.

Michael P. McParland

Night Note 8

Sweet lady thinking and longing for you tonight,
hoping and praying that you are alright.
I love and miss you so much,
I wish you were here to make these rough times
feel better with your angelic spirit and heart.

I hope this night has found you well and secure,
feel all my love and my warmth as I'm right there with you.
You are the greatest and I just miss you so much,
but knowing I always have your loving support
gets me through these tough times.
Even as I'm being mocked and told to shut up
I won't because I love you so much.

Have a beautiful evening and I'd write you
so much more if this site wasn't constantly down.
I miss talking to you and at the very least
I can and love to write poetry for you.
I love you sweet Kira have a peaceful loving night,
I'm right there holding you tight in my arms.

Michael P. McParland

Love Note 37

A quick hello to
say I love you babe.
I hope you're well and
have had a beautiful day.
I finally got some rest
and dreamed of you and me
in each others arms by
by a beautiful river
in a field of flowers.
Have a wonderful evening
and we'll speak tonight
joking, laughing, reminiscing,
and plan for what is coming.

I love you babe
my Angel Queen you are
so very beautiful and
the greatest woman to me.

Michael P. McParland

God Bless

God bless you sweet lady
on this night we are apart.
May you feel my love and warmth
surround you and fill you
with contented peace.

God bless you dear my only one,
I hope that on this night you're feeling well.
My thoughts and prayers are with
you all the way,
my hand in your hand God bless you dear
I truly love you so.

Michael P. McParland

Goodnight Sweet Kira 7

Goodnight sweet Kira my only love
as you turn in I give a big kiss and hug.
I'm laying next to you holding you tight
against my body for comfort and warmth
my hand in yours just softly talking
until we fall asleep.

I'm with you there in spirit and am sending
all my loving strength and warmth to you,
wrap up in the blanket of my love and know
and feel the protection that is held within.
I will do anything my precious lady needs.

Goodnight sweet Kira look to the stars and the moon
and see my loving eyes and smile,
they project my deep and immense love for you,
a prayer to God from me for you.
To be at peace and know you're loved
and that I am with you all the time.
To keep you healthy and protected,
to let you know I truly care and you're not neglected.

Goodnight my sweet sweet Kira Angel to me
and bringer of pure hope and light
I'll see you in the land of dreams tonight,
just hold each other and heal our broken hearts,
be at peace with one another like we've so long deserved.
I love you sweet one I hope you know how deep it goes
for without you I choose to forever be alone.
You truly are my sweet angel dove.

Michael P. McParland

Love Note 36

I love you so very much
my sweet Kira from above.
Come lay down with me and rest,
you're my lady and you're the best.
I can feel you here
and that's everything to me.
God bless you dear
you're my Angel Queen
and I love you so supreme.

Michael P. McParland

Come Rest 3

Come rest with me sweet love of mine.
All I'll say for now is I need you here
to be wraped up in your loving arms.
I just need your love and wholesome warmth.
Come rest with me dear I love you so very much.

Michael P. McParland

I Care

I care deeply and you know it's true,
I'm always right here for you.
So don't think or feel like you're all alone,
because I care my dear and you know it's true.

I care for you in every way,
I'm concerned by even the smallest things,
because you mean the universe to me.
So don't you dare say I don't care.
I love you so much it physically hurts.

I care for you and all the things that
happen and matter to you.
If I didn't care I wouldn't love you
and would have split very long ago.
So I care and in your heart you know and feel it too.

I care so much and for you to say
I don't is like a dagger to my heart.
I'm always here and care,
I love you dear and you know all is true
because we're attached in the most spiritual circumstance.

Michael P. McParland

Morning Note 6

Good morning love I
hope this day will find you well.
Thoughts and dreams of
you are dancing in my head.
I wish that you were here
to kiss and hold to
start this day on the perfect note.
So in spirit I send you
big hugs and kisses
with all my love and tons of warmth.
Please be happy and
feel the sun upon your soul.
I've told it to
rise and shine just for you.
I'm there with you everyday,
feel my presence by your side.
Hand in hand we'll make it through,
our will is strong as are you,
our bond is pure and
cannot be broken by a single thing.

I love you sweet one
and want to wish you well.
Have a marvelous day my lady
you are my number one.

Michael P. McParland

First Feeling, First Thought

When you first saw me you had a profound
and deep premonition and feeling from your soul,
please remember it have faith and take ahold.
We both knew it's truth way back then,
and we know it now as time has proven
to us our bond of steel time and time again.

Remember that first feeling,
remember that first amazing thought.
A truth blessed by God why would we rebuke this gift now?
He's given us so many chances,
he must have a plan and we're true soul mates
I have not one drop of doubt.

Remember that first thought and feeling,
I can feel the truth of it in my entire being.
I love you so very much,
and you know I don't believe in fate
but I do believe with all my heart and soul in us.
So trust that feeling and we'll find our way
for Gods help asking us to know and always find the
right ways to deal with things.
I know it's true and I can feel that you do too.

Michael P. McParland

My Queen 6

Oh my dear sweet Queen and only one,
I adore you more than all men on earth have ever loved,
to me you're the only woman that can hold my heart,
I want noone elses time, heart, or hand in marriage,
because you're the bearer of all that's right and good.

My Queen you are my Guardian Angel and I
give myself to only you and you alone.
No other will ever have my hand and heart,
no other will ever share my boda a sacred temple,
no other will get beyond friendly thoughts actions
from me I will always honor my Angel Queen.

My Queen of Celestial beauty and a divine caring, loving heart,
I could never bare to see you part.
You are the better half of my heart and soul,
to see you go would be ripping out my beating heart.
Each day my love for you grows becoming ever brighter
lighting updarkened halls in my heart that I had lost.

My Queen for you I would give my life to fight and defend,
against anything or anyone that hurts you in anyway,
you're so special to this average man.
I wish to hold you for eternity,
I hope that will take my arm and honor me.
I love you so my Angel Queen to me you truly are everything.

Michael P. McParland

Inside

Inside my heart is crying, weeping,
screaming out in agony.
For I'm all alone and feel homeless
with no place to go.
I miss and long for my true love
but she's not here she's far away.

Inside my heart is crying, weeping,
intensely heavy from all the grieving.
I just want her to come and hold me,
from everyone out there and here she's
one who's not embarrassed to be my friend.
She sticks by me in every way,
she's not embarrassed or ashamed to
stand up and cheer me,
and without her I'm intensely lonely
and inside my heart is crying, weeping,
because I love her deeply and she's not here
to hold and comfort me.

Michael P. McParland

Please Don't Leave Me

Please don't leave me sweet lady,
the thought almost breaks me.
I'm working so very hard and my
love for you is rooted so very deep within my soul.
For you to leave me I truly believe would almost kill me.

I always want you to do what you feel best though,
I don't want you to feel you must
stay and be forever trapped.
That would make me a self centered filthy rat.
I love you babe and truly hope you'll give me
that chance and stay,
I'll work so hard to make you the happiest
Queen on this earth every day.

Michael P. McParland

Love Note 35

Just a simple good night
and I love you babe.
You're all I want and
everything I need and crave.
You are a sweet delight
in every single way.
I love you so
my sweet angel dove.

Michael P. McParland

Another Painful Night

Another night completely alone and aching for you.
I can't cry I'm all tapped out right now,
and I'm in more of a catatonic type place.
I can't talk and have to force myself to eat,
I can't sleep and that's what I want with
things the way they currently are.

I want so very bad to have you here within my arms,
it would fulfill and comfort me to feel your body next to me,
talking your voice so beautiful, soothing, relaxing,
we would both just drift away into a peaceful place.
It's so painful being without you and all alone.
Even if I were with another I'd still be alone without you.

So another painful night stretch's out and I pray it's
just one night closer till we'll be together.
Feel me with you there in spirit,
know that I deeply care and love you my sweet lady.
I know you love me just as much and can feel it strong,
it's just painful though without you right here now.
I love you my precious Queen I'm holding on to
hope and you on this painful night the whole way through.

Michael P. McParland

Goodnight Kira My Angel Divine

Goodnight my Angel who I love so very much,
I place this kiss upon your lips to seal
and bring this long day and night to a close.
I'm sending all my love and warmth to you sweet one
with huge massive hugs and kisses for you alone.
Wrap up tight tonight and feel my arms around
you as I lovingly pull you into me so tight.

I love you Kira my true divine Angel,
you are a true blessing from God and I wish
and strive to honor you in every way I can.
I'll see you in dreamland where all our desires are fulfilled,
time has no meaning there and space is tossed aside.
We'll go fishing at the lake,
wrapped up side by side in a blanket sipping
hot chocolate the whole way through.
Smiling, kissing, softly talking,
just being there together is so very good.

Goodnight my Divine Angel Queen you are so deeply
beautiful in everyway in everything.
I'm holding you so very tight whispering in your
ear that everything is peaceful and alright,
I love you Kira and am with you every day and night.
Sleep well my dear and I'll see you in the land of dreams.
I can't wait to be with you for all eternity.

Michael P. McParland

Lips

Deeply passionately kissing your sexy lips,
slowly exploring as I take my time.
Igniting passion overwhelming,
I've been dying to kiss your lips
so sweet divine and alluring.

A kiss that burns with deep desire
I kiss your lips over and over.
I will keep it up until we're both fulfilled,
after all we've been aching in throbbing need,
waiting for far too long to please this need,

So a long desired firey passion filled kiss
I plant light then firmly on your precious lucious
lips that deep desired wanted kiss.
How badly we both have needed this,
I love you dear this is just the first of many
deep and pleasuring loving kisses.

Michael P. McParland

Night Note 7

The sun has now set over the western horizon,
night has set in and it's of you I'm thinking.
I worry though you don't like me too,
I do anyway because I love you and want you to be well,
not in tears or some useless fear of me just leaving you.
I promised from my deepest heart of hearts that
I would not abandon or coldly cut and part.
You mean too much you are my everything.

I send this night note just to say hello good evening
I hope sweet love that you are doing well,
that even as I sit and read it's you I think of as I go along.
I'm with you always hand in hand,
I'm watching out protecting you in every way.
I want you to feel my loving warmth,
sent to you with great big kisses and hugs.

I love you dear have a good night and calm your mind,
have peace in your heart as I hold you all night long.
I love you so and hope you know it's true deep
within your precious soul.
You my Angel and my Queen to whom I offer all and give everything.

Michael P. McParland

Love Note 34

Hope you're having
a peaceful, beautiful,
wonderful night my sweet love.
Laying here in bed
dreaming of you.
I can feel your spirit
all around me here,
you're so filled with love
and it makes me
feel so good.
I sending all my love to
you as always in return.

I love you babe
you are my only one.
Please come take my hand
and let us spend
the night in sweet content
in each others arms.

Michael P. McParland

Come Rest 2

Come lay down with me sweet lady and get some sleep.
I'm so very tired and I hurt a lot,
come lay down and hold me close while we rest.
I want and need to feel your warmth and spirit,
feel your love right here in person.

I miss you deeply so very much,
I'm with you always be surrounded in my loving warmth.
I just want to lay in bed and hold you close,
feel content and safe within your arms.
You're all the company I truly need.
I love you my sweet sweet Kira come
lay down within my arms and rest with me.

Michael P. McParland

Excruciating Pain

Such excruciating pain within,
I just want to curl up in a ball and die.
I just ache in whole and want to have
you here to tightly hold.
I'm so lonely and all alone.
I don't know what to do without you here.

Michael P. McParland

Working Hard 2

I continue always working and
doing my very best for you.
I'll never give up I promise that.
How could I stop working toward
and do for the one I so truly love?

I'll do and give you all my best,
I want to always be right by you.
You're my hopes and my dreams
and I won't forsake you for anyone or anything.
Please have faith and please have trust,
come take my hand and celebrate our bond.
I love you dear and just want you
to here with me.

Michael P. McParland

Restful Day

I need a day to rest from writing sweet lady,
there will still be some today but not as much.
Just remember though it doesn't mean that
I love you one bit less.
I'm just still so very tired from the
endless days of no sleeping and the
pain I'm in is immense and very intense.

I hurt in every way that a person has to hurt,
physically from the chronic pain,
deep arthritis from the psoriasis that haunts me,
and an aching heart that loves and misses you.
That pain runs deeper than the rest,
the only thing that would kill it would being
in your arms in this very spot.
A message would though give some relief.
I know though that you're doing things
the way you feel you must.

So this is a restful day to just lay back and relax,
liste to my favorite Pet Shop Boys album Elysium
many times again and again.
Many songs of love and reflection and as all theirs do
they make and help me think of you.
I'll be with you this entire day holding you close and your hand,
I love you darling so very much I'm with you always
in spirit, mind, soul, and heart.

Michael P. McParland

Love Note 33

A note to say hello
my love and I love you so.
At the doctors office and
about to leave I just
wanted to let you know
and hear these words from me.
I'm thinking of and
always with you,
my heart is longing to
be near you.
I want to hold you
oh so close and very tight,
you are so missed each day and night.

I love you dear
you are my only one.
Please have a special day
now with this big hug and kiss.

Michael P. McParland

Sorrowful Mistakes

I wish I hadn't made all
these stupid mistakes,
I'd give anything to take them back.
From the first so long ago
to the most recent not so many days ago
I feel awful and my heart is tortured.

I'm so sorry Kira sweet love,
although I know sorry is hardly enough.
It is the best I can suffice right now,
when the time comes though and
given the chance I will spend my
life making it up and proving myself.

I'm just so truly sorry for all of my wrongs,
even as I sit here in the doctors office
I feel I could cry.
To know I have hurt you is a sin
for which I feel disgusting and foul,
and to know you're angry even rightfully so
hurts my heart like the burning damned.
I love you so much my sweet Angel dove,
I feel like a cretin for all the wrong
that I have done.

I long and pray for you to know that
I am so truly sorry and that I will make
it all up when we are together.
Please know that I truly love you so much
and that you are the one My Angel Queen
who I want to spend eternity.

Michael P. McParland

Morning Note 5

There is no sun in Minnesota today,
it's cold snowing and dreary.
Your love and thoughts of you will
brighten everything and help me get through.

Good morning to you sweet love
I hope you slept well and feel better today.
My loving warmth is coming your way
and I'll be holding your hand and
you through the entire day.
I miss you tons and will be thinking
of you and your strength to get me
through this busy day.
I love you tons and can't wait
to have you by my side.
You're the only one that truly
makes my life feel better.

Michael P. McParland

Goodnight Sweet Kira 6

Goodnight sweet Kira back to bed to catch up on sleep,
I'm holding you tight and will see you in the land of dreams.
I'm sending you all of my warmth and love and giving
you comfort and fulfillment with kisses and hugs.
I'm so very tired so I need to lay down,
goodnight sweet Kira you are the greatest woman alive.

Michael P. McParland

Love Note 32

Finally got a bit of rest my dear,
now some dinner then back to bed I go.
I just wanted to stop and let you know
I love you so my sweet angel dove.

Michael P. McParland

Still Can't Sleep

I still can't sleep and I'm beyond exausted my lady,
so I'm laying here looking at your picture it's
making my eyes a bit dusty with the aching longing tears.
I'm too exausted and fatigued to fathom
much to tell you and say.
It's just I still can't sleep and need
to reach out my hand for you to grab and
comfort while I lay here and doze looking
at your beautiful picture.
I love you my dear and if you only knew
just how sorry I am in all the ways that I've failed.
You just mean so much to me my only one.

Michael P. McParland

A Rest 3

I've been awake for something like 52 hours,
I lost exact count awhile back.
Finally ate a bit of food and will
lay down and hope to at least rest for a few.
Oh my sweet darling will you grace me
in the land of dreams among the flowers?
Where we can just lay down by the stream
on a cozy blanket under a tree.
Listening to birds chirping and
the wind lightly blowing across the lush land.
A place of peace to just hold each other,
gazing into our eyes revealing our souls.
Pouring forth all the dreams and desires we hold.
For now until we really can please meet me
in the luscious and plush land of dreams.

A rest for me I hope my heart will
stop hurting for just awhile.
It's making my whole body ache and
yearn for relief and the need to be held by you.
So a rest for me sweet dear one.
I'm sending you all of my love and my warmth,
and I'm with you there holding your hand,
reassuring you of all my love giving you my strength.
I love you sweet one I miss you so much
if you feel a tear or two hit you it's because I love you.

Michael P. McParland

Things To Say

There's just so much to tell you
so much to say and I'm bursting
with the need to tell you and spill it all.
With nothing would I ever be crass
or have the intent to offend,
it's just my love that the filter
would need to come off.
The chains on these walls broken for them to fall,
and behind it just a riptide of info,
emotion and questions.
Not one from anger or in transgression,
just a long fulfilled need and
service of trust to you by releasing it all.
Many questions you'll find stupid and dumb,
much reason and explanation for actions
I've done both right and wrong.
A lot of embarrassing moments and
blushing for us both.
All because I want to release for you
let the walls fall and there's just
so much to say and so many things,
and all must be in private just you and me.

Michael P. McParland

Early Morning Blues (Brightened By You)

Not that I've yet slept but still I sit
here in the early morning with the blues beset.
I'm lonely, bored, and aching so bad inside,
the blues have got a grip and they're shaking me up.
One thing though and one thing alone helps
bring a smile to my face and help for now chase them away.

I just sit back and think of my lady,
though it honestly does bring to my heart more of a tug
it calms me down because I just imagine us
laying back in bed holding each other, smiling, content.
No more confusion or fear of anger from miscommunication.
Just being there with each other in bed held tight together,
our bodies warming each other skin next to skin.
Just pure love surrounding the scene.

I know it's reality will soon be discovered and when
it is I'll never want to leave that spot or let go of my Angel.
We will have fought too long and hard to get to that spot,
the rest of the world will have to wait till we're ready.
I just think of that and hold in my heart the knowledge
of being together again and spending time with each other to no end.
She helps me beat the blues even though it tugs at
my heart just a good deal more knowing she's not here
but damn it she's my hope and desire, the woman I love and admire.

So as I sit in the grips of the early morning blues,
even considering food then sleep who knows.
She helps kick down the door in all ways,
almost bringing tears to my eyes.
She's the key and my only one I hope I still bring her
happiness like she does for me.
She is my angel my protector my soul mate forever,
Her name is Kira and before God and all of you
I proudly attest that I love her.

Michael P. McParland

My Heart To Yours

My heart to your heart
beating together as one.
Combined and joined
in the rhythym of true love.
Feeling complete when together
no longer alone in sad slumber.
My heart to your heart
always for eternity beating together.

Michael P. McParland

I Get Confused Sometimes

I get so confused sometimes my lady
and was really lost the other day for awhile.
In my work to get better if I begin
to feel frustrated I must immediately back off.
It's to help cool my jets so I don't
burst into flames in an unnecessary way
just hurting others in my way.
In all that's surrounded me I got confused.

I'm so sorry I'm so stupid at times,
my mind just spins around so fast with
the bipolar I can easily get lost.
I know you have seen it though I
most likely never told you or explained it.
I take full blame for that
oversight and I'm filled with shame.

All I can say is I get scared and confused,
especially when I think and
feel I've done something wrong.
The methods I may have to use at times for
my improved temper and its cooled down demeanor
will need explaining or they
can be up front offending.
I'm so sorry sweet one I just
so often feel confused
and I feel ashamed with myself
always because I deeply love you.

Michael P. McParland

I Just Want.....

I just want to be loved.
I just want to be needed.
I just want you to accept me sweet lady.
I know that you love me so deeply
and that you treasure me too,
but I need to hear the spoken
assurances sometimes too.

I just want to know that I'm needed,
that I've done a good job in the proper places,
I need to hear that I'm handsome
as so few have ever said it.
I want you to look at me and say
sweet man you are spectacular
and I'm so happy to have you.
Because men often need to know
they're appreciated too,
just in some different ways it is true.

I just want to know that I'm needed,
that I provide a safety and comfort,
that I move you in all ways not just my art.
I want to know you think I'm smart even if I'm not,
for you to rest your head
on my chest and say this is the best.
I just want to be loved, needed,
and accepted, because you my
sweet lady are everything I've ever wanted and need.

Michael P. McParland

Reaching Out 2

Reaching out now to touch you
and let you know I'm there.
Please grab my hand back and
let me me know you're still there,
that you are holding my heart
and want to keep it in safe care.
I'm reaching out for both of our sake.

I'm missing you and my heart really hurts,
I just need to fee; you near to relax.
I want us both to feel safe and
have comfort through each day.
It will help us build on what we have.
I love you so much I'm so deeply tired,
I'm reaching out to let you know I'm still
here and I'm not leaving.
Will you grab my hand back and help me relax?

Michael P. McParland

Longing 2

Longing so very bad for you on this night,
feeling cold and alone I'm scared without you near.
You're my protector my Angel,
my hero that chases the nightmares away.
You keep me calm and give me peace of mind,
you're all that I want in this space and time.

Can you feel me near and all the
love and the warmth that I send?
Is it helping you tonight as
you go through it by each minute?
I'm feeling so sad and wish you were here,
I'm lost and I'm hurt I need your peace.

You mean more to me than you can truly know,
I'm longing to wrap my arms around you and hold you close.
I'm lonely and hurting for you,
I'm sending you all of my strength, my love, and my warmth,
I'll send you my sleep too if you need and it helps.
I don't use much these days I've been awake for 46 hours.

I just long for your presence my Sweet Angel Dove,
a blessing to me from high above.
May God always be with you and bless your kind heart,
may he keep and protect you from all harm.
I ask him to stay by your side the whole while,
comforting and protecting my woman.
I love you so much my only one,
I'm longing for you and I hope with me you're not done.

Michael P. McParland

A Prayer For Your Comfort

I come before you dear God to ask thee of these favors,
a very few for myself but almost
all for the woman I love and adore.
Help her to know my words, thoughts, and deeds are pure,
that this is the truth in my heart and soul,
and that for eternity I have given those and myself
to show the great depth and expanse of my true love.

Please dear God be right by her side each night and day,
give her your arm to prop her up at times she needs help.
Help her to know it's okay to seek assistance
from those that she loves and love her in return.
Help her to know that I am here and she's not alone,
please help carry her when she's fallen and feels
that she cannot carry on.
Please dear God help her to see that I'm here with deep love,
wanting to help and to serve,
treat her like the marvelous woman she is.

Dear God sit by her bed every single night,
stroke her hair and her face to give
her deep comfort and no nightmares.
Please be there to help calm and
heal her beautiful loving heart.
Please help her to know I deeply regret
the pains I did inflict,
that I will never forgive myself and relive them each day.
Please my dear God help her to know
that I'm so truly sorry and want to help her heal.

Dear God please clear all people and things
away that would hurt her.
Please punish them for she's truly a loving delicate woman,
yes she's a fighter and survived so very much,
but at her core I've seen she's tender, loving, and soft.
Please dear God of the sorrows hasn't she had enough?
Please though stick by her I know that she'll conquer.

Dear God just bless her so much in every way that there is.

I love her so much and I don't know that she believes,
but the wells that I hold are expansive and deep.
Please help her to feel my heart and my soul and
that I am always right by her side my hand in hers.
Dear God give her comfort and peace,
tell her of both of our love and how beautiful she is.

Michael P. McParland

Goodnight My Sweet Sweet Kira

Goodnight my sweet Angel I wanted
to give you a goodnight kiss,
I'll probably be up a long while yet.
I'm here with you though curled up in bed
holding you so close and tight in my arms
my hand is forever in yours.

I'm sending you all of my warmth and love,
with endless kisses and hugs for you to wrap up in.
From head to toe please feel their comfort and be secure
I want you to know that you are so deeply loved.
I'll send along some of my sleep as well so you
may rest at length and be refreshed.

I'm just so filled with sorrow so you
may hear me crying and feel my tears as
I'm behind you holding you tight to my body.
Please don't worry about it,
just go to sleep knowing that I am there
holding you dear and will not leave unless you say.
My heart is just heavy from my own misunderstandings
that have hurt my Queen and given her sorrow.

Goodnight my sweet sweet Kira Angel of light,
I won't sleep for a long while yet but
I'm there and holding you tight.
With a kiss and a squeeze of the hand and hold
I say goodnight Angel Queen my sweet sweet Kira.
I love you so much.

Michael P. McParland

Night Note 6

A quick note to
say I love you my dear
it's been an incredibly
lonely day without you here.
I occupied my mind with a
few interesting things and the mundane.
All the while though you
were running through my mind.
Wondering how you were doing
and if you were good.
Hoping you were feeling all
of my endless love and warmth.

I love and miss you
so very much.
So I wanted to send
this little night note
to let you know
I so truly love you
and you've been on my mind.

Michael P. McParland

I Want (Your Hero)

I want to be your hero,
the one you look to when you need a shoulder,
the man whose hand you reach for every time,
the man who means the most protecting your entire world.

I want to be the man who helps heal you,
the man you'll lean on in times of need,
the man you know you can count on in the worst of times,
I want to be the man you know will fight and bleed
and give his life to protect your honor and your entire self,
I want to be your hero my sweet dear Angel.

I know you're hurting from the past and want you
to share with me these crimes against my treasured one,
then help heal your broken heart and sacred soul,
make right for you everything I can.
I want to be your hero my Sweet Angel Queen.

I want and wish to always give you this service,
an eternity with you to share our love forever,
hand in hand in each others arms.
I want to be your hero as you
are mine I'm your biggest fan.
I love you Kira and I long to be your hero,
if you look into my heart you'll
see my pure intent and desire.
I love you sweet lady forevermore my only one.

Michael P. McParland

I Love You Kira 8

I just need you to know right now
that I love you so much.
Kira I will give everything up just for you,
my life and soul are incomplete without you here.
I just love you so much and our bond
will hold us together in some fashion forevermore.
I hope you will come and see all I've done
and how I truly am.
Give me the chance to show you I am faithful
to my Angel and my Queen,
that I will be a good man for thee.

I love you Kira so very much,
I'd walk through a valley of thorn bushes bare skin exposed
to get to you and share your love.
I would walk on hot coals or broken glass,
I would give you anything and do what you ask.
I know in my heart and in my soul that
you would never ask or demand such things,
I swear to you though I will go the lengths for your love.

You've touched my heart and my soul,
they are forevermore only yours.
I hurt and I ache like tortures of the damned
without you here in my life by my side.
My heart is twisting in excruciating pain,
I break down in tears and crumple physically
time and time again.
I love you Kira and without you my heart will never mend.

I love you so much and the pain is intense,
I would never in any way lie of these things.
You're my better half and my angel true.
Without you I'm lost and confused
what am I to do?
Please come take my hand and hold me so close
let this stupid man prove his heart is love and my true worth.
I love you sweet Kira you're my Sweet Angel Queen,
without you here I've withered to nothing.

Michael P. McParland

Hold My Hand

Hold my hand sweet love and brighten our afternoon,
I'm hurting today and miss you so much.
I just want to be reassured and feel you near,
I'm also sending you all of my warmth and my love.
I'm wraping you up in my arms while holding your hand
whispering in your ear I love sweet lady everything is alright.

Come hold my hand and make this afternoon bright
you are a dream fulfilled and the light of my life.
I'm always with have never a doubt,
I'm holding your hand with my arm around your sholder
pulling you closely and tightly in.
I love you sweet lasy my Angel Queen,
come hold my hand to complete both our days.

Michael P. McParland

X-Rated (Sometimes I'm Extreme)

I can be X-Rated at times and very extreme,
X-Rated doesn't mean pornographic
it's just a warning of something possibly being shocking.
I can and quite often am in the right company
X-Rated extreme to the highest of orders.
Yet around those I love and respect in fact
out of general decency I don't act that way in public.

I can be X-Rated and extreme and though never G rated
I can also be very classy and clean.
It just depends on the place and situation,
sometimes it's great and releasing to be extreme and X-Rated,
other times it's cleansing to be reserved and behaved.

It's a duality in humanity it's to varying degrees
in who each person is and the view they see.
X-Rated for some may just be PG to me,
or a very light PG-13.
It's all ones perspective on the world in general.

So rather I'm feeling X-Rated extreme or my best light PG,
I'm still me at my core and that's they way it should be.
Being course in the right place and time,
then paying due respect and reverence in it's right space
for those who would be offended and disgraced.
Despite having an X-Rated side and some taste.
I still have honor and I will observe and pay that respect.

Michael P. McParland

Zeal

I feel great zeal in all the
love and acceptance you give to me.
Happy can't even describe it just right sometimes.
I'm zealous and burst with pride,
from this great gift of true love you give to me.
It's helped me to tear down these walls,
to confide in a woman I feel such endless love for.

Joy is not even adequate to
describe this feeling I feel,
I'm filled with zeal over
the fulfillment you bring to me.
I'm zealous of the future I know we'll share.

I just love you so much
and I'm zealous over the woman I cherish.
For life I'm going to hold you close
and hold you ever so tight.
I love you sweet lady and I say it with zeal.

Michael P. McParland

Tired And Painful Sunday

It's just a painful Sunday I'm
tired mentally and yearning for you.
It's one of those days where nothing
distracts or satisfies my brain.
My heart hurts to much and my
mind wanders wondering how you are
and just how you're doing.

A dull painful day with a aching and
tired heart that just wants you here.
To help calm it and ease with reassurance,
and return the feeling and favor.
A Sunday with no help to be passed,
just sit through it and hope something comes out.

My soul and heart are tired and in pain,
your love is the only thing that can ease this rain.
I know though that you're mad at me I can
feel it even so far away,
that makes the hurt worse and I feel such deep remorse.
I just want to give you my best,
if you only knew how hard I've worked and I've
tried both mentally and emotionally in all ways.
I will have bad days though so please don't give up on me.

A tired and painful Sunday I hate so very much,
I'm lonely and empty with no one to talk to.
I yearn and I long for your sweet spirit my dear,
I'm sending all of my love and my warmth
I love you sweet one please feel me near.

Michael P. McParland

Never Slept

Been up somewhere between 32 to 34 hours,
I just can't sleep with my mind at a peak.
Thinking of much pondering this and that,
worrying over what I've done wrong along
with if and how I can correct it.
My hearts twisting in agony hoping I can.

I never slept not even really a little rest,
maybe later fatigue and tiredness will will get the best.
My mind is pumping though peaking along,
trying my best to improve where I need and want.
Trying so hard to get things right for the
people I want to benefit from this work.

I never slept because my heart would not relent,
it just gave me aching pain and longing for my precious dame.
I miss her so much and my heart and mind can't relax,
I just hope she knows and she feel all my love
and all the energy at work to give her my all.

I never slept but later I'll try,
probably after 48 hours has come and passed by.
Just to read and to write,
watch some films and with my parents spend time.
Most of all though just hope I hear from her.
So I'll sleep in due time when it comes
until then though I'll just distract myself with many a thing.

Michael P. McParland

Love Note 31

I love you sweet dear
and I miss you so very much.
You are the gleam in my eye,
the woman for higher plains
which I strive.
You are so truly spectacular
I just want you and need you.

You are the one I adore,
a peach the apple of my eye,
a true priceless gem and
in your beauty you're unequaled.
I love you darling and I miss you so much,
I am with though sweet love forever and always.

Michael P. McParland

Mee Too (My Friend)

Mee Too I wish you'd come back,
I really miss you a lot.
The conversations, the fun,
all the funny jokes and stories we told.
Mee Too you're still a good friend in my eyes,
you're in my heart forever and that is no lie.

I just miss our conversations serious and silly,
all of the things and times that we shared
that it's gone is a pity.
So Mee Too I wish you were here,
to talk and to laugh,
help all the hard times pass.

Michael P. McParland

Morning Note 4

The sun rises in the east
with thoughts of you shining brilliant in my mind.
The sun sets in the west with
dreams of you but that's for a later time.
The dreams and memories are
a bright wonderful way to start my day.
A new hope I'll hear from or see
you in someway I crave.
A new bright spot to hope for and strive.

So a little note to say good morning
babe I love you so much on this day,
and every day before and after this one now.
You're my lady and I am dedicated
and true to only you.
I offer you my heart and my life,
for your love and acceptance
are all that I want.
To wake every morning knowing
and seeing that you are still there,
that it's not all been a dream and
with waking a crushing scene.
To smile and say good morning
I love you then kiss you to get going.
That would just be the start of our day.

So this little note to say good morning
and hello sweet one.
I'll try my best and hope to please you today.
I love you sweet lady my Angel on high,
I'll try not fail you again today.
Give me a kiss to give me your best,
so many chores but your memory and spirit
will give me the energy to get going.
I love you so much my sweet darling,
good morning my sweet angel dove.

Michael P. McParland

Please Just Love Me

I love you so very much my darling one,
so please believe me when I tell you that from my heart.
You mean everything to me transcending
the moon and the stars our friends in the sky
that blow us kisses every night.
I don't want much my sweet lady,
please just love me, come get me
and give me the chance to prove myself.

Please just love me, hold me, take my hand,
talk to me and make love every night.
Please just love me and let me give you
all that I have and everything that I am,
I'll never stop working on what and where I need to.
Please just come take me in your arms and
share our love through eternities time on end.

Please just love me that's all I really want,
to be with my cherished lady and
be honored by her hand in mine.
Please just see the truth that is within me,
please just love me and hold me like I know you do.
That's all I want my sweet lady because I deeply love you.

Michael P. McParland

Hold Me Tight 2

Come hold me so tight tonight please,
I'm in need of your arms around me.
Don't know if I'll sleep and pretty sure I won't,
but I still want and need you here
in spirit to hold me tight and help
me feel safe and content.

You don't have to say a word if you don't want,
just to feel you close with your arms around me.
Hearing your voice and your breathing though
would make things a million times better.
If you want to and you're willing of course.
Please never feel forced because
that's not what we're about.
So if you'd like will you come hold me oh so very tight?

I need you tonight and every night for eternities light.
I feel safe and accepted in your arms,
I feel like a man when you look at me.
You don't laugh and mock calling me crazy like others do,
I love you so much believe it or not.
So please come hold me close and hold me tight,
please help me feel safe and at peace on this night.

Michael P. McParland

I'm Not Perfect

I'm not perfect and would never claim it.
I'm a zillion light years from it
and don't put up nor hold false bravado.
Right at this time from perfect
I couldn't feel further.
I'm anything but and I won't claim it.

I'm not perfect at all
but I feel perfectly alone,
empty inside without my one.
At this point I don't even feel protected by God.
I'm nowhere near perfect and have
never made that claim,
not while in sound mind at least.

I'm not perfect I'm just lost.

Michael P. McParland

Night Time Tears

Lying here in bed looking at your picture,
crying as I examine your features.
I know you're mad and since I can't tell you
I just turn to your printed gorgeous features and say
I'm sorry sweet lady, I love you, I miss you.
I wish I could get things right reach out and hold you.

Just laying in bed with tears running down my face,
I think of you and how I want you in this space.
It's empty, it's lonely, and you're the only one
that can fill it and be satisfactory.
I'm sorry I'm bipolar if I could cure it I'd do it just for you,
I'm working though by taking all of my meds
and doing the right things the best that I can.

Lying here on this night crying a lot,
I just look at your picture and pray to God.
That you'll be alright and be at
peace in your heart and your mind.
That you'll be able to rest and in the morn feel refreshed.
Please don't worry about me you've bared enough
of my bothersome burdens.
More than you should and I have no right to ask,
so please just lay your head down and get some rest.

Lying here looking at your beautiful picture,
the tears flow because I love you and miss you.
I say goodnight to you and please don't be mad,
I wish I could adequately tell you and show you what's in my mind.
Then I hug it against myself since I don't have you here
then put it away for the next night and many to come.
I love you sweet lady please don't worry about me,
it's you that's important to me.

Michael P. McParland

Night Note 5

Goodnight sweet lady
I know you're mad at me.
I'm praying for you to have
peace of mind and peace of heart.
I'm going to bed and wish you were here,
I just hurt and feel bad.
I can feel that your mad
and it burns in my chest,
I'm just so truly sorry I'm trying my best.
I'm lost and confused trying
to figure the way just what to do.
Rest assured always that I deeply love you.
Be at peace tonight I'm sending you
all of my strength and all of my love.

Michael P. McParland

It Was Only You

It was only you I've ever wanted,
you're my very best friend and I failed you.
You're the most beautiful woman
I've ever known.
I don't know what to say except
I love and cherish you more each day.
No other woman took the time to get to know me
and listen to me, treat me like an equal
human being.
You touched me like no other could ever,
I can only say that I love you so much
and without you there's no point left.

Michael P. McParland

Goodnight Sweet Kira 5

Goodnight my sweet Angel dove Kira
my blessing from God up above.
Early to bed for me tonight I'm so exhausted
and I have a headache with bite.
I love you so much and just want to give you my best,
please know that I try in every way that I can.

I'm sending you all of my love and my warmth
with great big extra kisses and hugs,
please wrap up in them and find comfort galore.
I miss you so much and have done a great deal of crying,
like it or not for you I will worry.
You're my true love and about you everything matters.

Goodnight sweet Kira I'm right next to you,
your hand in mine my arms around you.
I love you so much and want to spend my whole life,
for you my sweet darling I'll never stop trying my best.
Goodnight my sweet sweet Kira my Angel Queen.
I love you so much will you
accompany me to the sweet land of dreams?

Michael P. McParland

I've Tried

I've tried so very hard and I've worked,
I never said it was easy and that I had far to go.
I'm sorry you're angry at me and
it leaves a huge aching ball in my chest,
please don't give up on me I'm trying my best.

Michael P. McParland

Infinite Kisses

Infinite kisses and hugs I send to you my love.
Never ending dedication and hope,
never ending light from you my Angel on high.
Everlasting joy and contentment found in your arms,
true fulfillment and satisfied need given by you.

Infinite endless kisses and hugs I send to you,
be looking and make sure you receive them
because they're only for you my sweet Angel dove.
Infinite kisses for my lady true,
infinite kisses because I truly love you.

Michael P. McParland

Does My Art?

Is my art actually any good?
Does my art even matter?
I strive and I try but perhaps I am a failure.
I want to honor and paint the greatest
portrait through my words be it a person,
subject, or object.
I feel in sad doubt right now though if
I am any good in this art.

Does my art truly reach out and touch?
Or am I truly a mad man in his own world?
A world where people feel a sympathy so
they say good job you're improving my friend.
If so I truly thank them for being so kind,
for I'm good at so little and so few are kind.
I'm thankful for their kind words, hearts, and minds.

Does my art really matter even in small?
Does it reach the woman I love?
I write for her most because I strive
to honor her above all.
So I ponder is she honored by my mad minded scrawls?
Does she know and feel my heart and soul within?

Is my art touching a single person?
Moving their hearts and their souls,
opening their minds to new expanses?
Maybe it's so I don't really know.
I just hope that it is, and most of all I hope
she knows of all my energy I pour into the words.
Only time tells of art rather it's ulimately good or not.
Still I'll wonder does my art even matter?

Michael P. McParland

My Heart Melts

My heart melts for you every time I see or think of you,
my soul is yours as I know we are connected forevermore.
My knees buckle and I begin to shake,
whenever I see or hear your voice it's like a seizure overtakes.

My heart melts for only you and with
tears my eyes begin to fill.
For I an blown away by the loving presence you bring.
I am awe inspired and struck speechless by your love.
How does a common man like me get such an honor
like you loving me?

My heart and knees melt for you at every turn,
the special tingling an eternal thing I yearn.
You are my Queen the entire universe to me,
my heart melts for you every time my Angel Queen.
I love you truly and always strive to prove it,
I wish you could feel just what I do inside.
My heart is your forever more,
it melts for you at every turn.
You are the most precious jewel and lady in my life.
I love you dear please be my wife.

Michael P. McParland

Love Note 30

A love note to check in on you
and say I hope you're well
my sweet angel dove.
I hope your day has been well
with lots of sunshine to keep you warm,
feeling all of the love I'm sending to you
with my arms wrapped around pulling you in to.

I love you sweet babe you're my darling one,
I miss you so much my heart
from the pain is coming undone.
God be with you always and bless your sweet heart,
I miss you so much but
I love you even more.

Michael P. McParland

So Tired

I'm so tired and feel broken inside,
don't know what to do except hide.
Hide from the world just sit and
escape into my music,
escape into my books doing lots of reading.
Best of all though escape into my dreams
to see and spend time with my precious lady.

Just to see that beautiful smile and those shining eyes,
to hear her voice as we just spend the day talking.
About anything and everything it doesn't really matter,
the most important part is that we are together.
Just spending time and holding each other,
reading, singing, and watching movies together.

I'm so damn tired and weeping inside,
I'm all alone and just want to die.
I'll go to bed soon and sleep a long time,
I hope to see you and hold you in dream land my one.

Michael P. McParland

A Word

A word for you my sweet Angel dove.
You are the greatest and I love you so very much,
I'm lost and I hurt without my true one,
but you give me hope because I know one day you'll be here
and that gives me joy.
I love you dear lady my sweet Angel dove.

Michael P. McParland

Love Note 29

Before I go about this
cold dark dreary day I
just want to say I love you dear,
I'll be holding you tight in spirit
thinking of you the entire time.
Praying to God that you'll be fine
and feel his love and mine.

This quick note to tell you
my only one you are so beautiful
and that I adore you, and I love you
as I go about this dull
dark dreary day.
You're the only bright spot there is,
for you're my sole light.
My dear sweet Angel Queen.

Michael P. McParland

Love Note 28

I just love you so much babe
that I can't stop writing.
Do you realize how much
I truly love you dear?
Do you know how badly I need you?
Do you realize just how much
you truly mean to me and that
I would never lie about such a thing.

I love you Kira and I'll
keep writing though maybe not as much.
Why will I keep writing you ask?
Because I love you so much and
will prove it to you by fighting
through all pains and the names
and mocking from others here.
I love you Kira you are my Queen.
Do you really know just how
much you mean to me?
I love you babe.

Michael P. McParland

Thank You Pet Shop Boys

I want to thank you Chris and Neil
for your great art and how you help me deal.
You bring great thoughts and ideas to me,
your love songs capture how I feel
about my sweet sweet Kira the
greatest lady for real.

Thank you Chris and Neil your masterpiece
album Elysium has come to be the soundtrack
of my life both sad times and happy surreal.
Intellectual dance is how I would descrice you.
You've proven pop can be more than the passing fad.

I won't go on at length but say
Chris and Neil you touch my heart and life in evey way.
Two gentleman of the greatest kind,
I thank you dear sirs may God bless
you forever for the servive you've done.

Michael P. McParland

Love Note 27

My Darling with tears in my eyes
I just want to tell you
that I love you so much.
I won't be around
here much anymore the names
the mocking and pain are too much.
Don't forget though that I am
always with you in spirit,
please feel all of my
warmth and love with
great big kisses and hugs.
I love you so much
and need you to know.
I'm holding you so tight,
my Angel Queen I love you so much.

Michael P. McParland

Tear Soaked Pillow

Back to my lonely tear soaked pillow,
I hope I'll see you in the land of dreams
where we can cry together and just let it out.
I just want to have you by my side and near,
you don't believe me though and so
I hurt so much more.

So my head goes all alone on
my dreanched tear soaked pillow.
I love you babe please meet me in the land of dreams.

Michael P. McParland

I Miss You So Much 2

I miss you so very deeply painfully much.
I hurt too bad to say much more
except to tell you I love you deeply my only one.

Michael P. McParland

Out There Call Me What You Will

To all out there who want to call me nuts
and cut me down just go ahead because
you don't know me and you don't understand a thing.
You look and sound pathetically stupid judging
someone and their situation when you only
see and don't even know just one side of the story.
Go ahead and call me names and push me down,
in the end it's you that wears the losers crown.

So please go ahead attack my wrting and my mental state,
I'm type 1 bipolar and don't hide a thing
the difference from you is I understand and work
very hard to not attack and offend acting like
a child throwing a tantrum.
The names and barbs surely hurt,
It's painful and embarassing to be called crazy and mocked,
but I'm gonna be me and the fact is as long as my
lady KP enjoys my writing that's all that I need.

I write for me and her about whatever my fancy right then,
if you don't like it then pass it by and don't read it.
There are some people that like what I do and read it.
So don't fathom to tell me I can't express my love or
that I'm a psychotic sociopath.
I'll write for her as much as I want as well as anything else.
So call me names if you wish,
news flash to haters you don't know a thing about me.

Michael P. McParland

To My Lady Fair

Good afternoon my love,
I hope you've had a good day so far.
My heart and thoughts have been with you,
I've been sending all my strength and
what energy I have too.
I hope it's lifted you to
feel at peace with calm this day.

So my lady fair a quick message here
to send all my love with abundant warmth.
Wrap up in it and in my arms,
we'll chase away the blues and jerks.
Celebrate our love and happines.
I love you true my lady fair,
I'm with you everywhere and when
you need the strength.
From now until you go to bed I'll
be thinking of and praying for you.

Michael P. McParland

Beautiful And Peaceful

My love I pray for God to watch over you
provide you with a beautiful and peaceful day.
May you feel the sun shining on you
giving you strength and warmth,
have your heart and spirit lifted by
natures beautiful bounty that surrounds.
May you feel all my love I'm sending
it's every last bit to reassure and calm
you in my rock solid commitment.

Have a beautiful and peaceful day KP,
you're such an awesome gal and superb lady.
You complete and brighten my life
tp a wonderful satisfactory place.
I love you babe you are my Angel Queen,
may you have a beautiful and peaceful day.

Michael P. McParland

A Needed Rest

I now must lay down for a needed rest my love,
been a very long few days with little to no sleep
but thinking of tyou has helped me get through these few.
I'll see you in the land of dreams where we
can and will hold hands.
Wrap each other in our love and warmth,
just holding each other as we drift off
laying down nest to a river hypnotized by it's steady rush.

A needed rest for me my Queen will you join me for a bit of sleep?
A time to heal and bond our aching hearts,
mend all the time ans space spent apart.
Just reconnect as we lay by the river in each others arms and chat.
So join me in this needed rest and find some needed pease,
spending time with you is the greatest gift.
So come lay down and I'll wrasp ypu in my arms,
I love you Kira you're my lucky charm.

Michael P. McParland

Love Note 26

I wanna say a late good morming to you babe,
there have been some telling me
to stop writing you here and some have called me crazy.
Well their opinions don't matter
because you're my lady and
you are a huge part of my lifed,
really my everything.
So a late good morning to my ladt
brought to me by fate,
and a deep kiss to get us on our way.
I love you babe and who cares what
the haters say.
They're just jealous of what we have.

Michael P. McParland

Your Company

55 hours straight with no sleep.
I'm deeply wraked with fatigue and
starting to feel quite sick.
Would you honor me with your
precious spirit and company?
There is nothing more I could
want and need.

Michael P. McParland

My Hand Is Here

My hand is here please reach out and take it,
give it a squeeze and we'll silenly
communicate we love each other.
Them just lay side by side holding on
for dear life in true love forevermore.

Michael P. McParland

Please Come Hold Me 2

Please my dear sweet Queen Angel
come hold me tight and let me rest
my head upon your upper chest.
I've been awake for 52 hours and
I'm hurting so bad for the both of us.
I haven't stopped crying
the entire morning.
I promised I would never leave you
and I am here to dry your tears and hold you.

Please my dear literally come and hold me tight,
let me tell and show you in these months how
badly I really have fallen apart.
I want your arms around me I want to
hear you say you love me too.
Flat out I just love you and want you here.

Michael P. McParland

Feeling You Dear

I'm feeling your deep profound love my dear,
it's helping to give me peace of mind and calm me down.
You truly are an angel from heaven sent,
God knew I needed a special one that understands
and has deep unconditional love and patience to
take my hand and help me through.
You're a blessing and I'll spend my life in grateful
service dedicted to show my love and repay you.

It's been a tough last few days for me,
so feeling you near my dear is a great relief in helping me.
You set my mind, heart and soul at ease.
I finally feel safe with you in spirit holding me.
Just knowing of your bountiful love is
worth more than an infinite amount of worlds.
Thank you sweet sweet Kira for all your love and warmth,
you fill and complete my life and soul and I
truly love you so very very much.

Michael P. McParland

Longing So Much

I'm longing for you tonight so very much,
my heart is aching and calling to you.
It's telling your heart and soul that I truly love you
that I want and need you here because you're
the woman of my dreams and my Angel Queen.
I'm longing to hold you and talk laying right next to me.

I just miss you so much with all of your
strength and unconditional true love.
You help pick me up and fill me with cheer,
I hope for you I have been able to do the same.
I'm longing to hold you to fill you
with comfort, peace, and hope.
To help you feel safe and completely at ease,
we've always protected each other standing tall
against those who interfere and would hurt us.

I long for you my sweet angel dove,
I want you next to me showering kisses and hugs.
You help me forget about those that laugh
at and mock me for what I write and things that I do,
you make me feel like I matter and I'm
important and worthy of your loving heart.
I love you sweet darling and I'm sorely longing for you,
I just want you here in my arms sharing our
abundant love and deep warmth.

Michael P. McParland

To Feel Your Touch

My darling one I need to feel your touch,
yes in the most innocent of ways with
a hug and a kiss, holding hands while watching films,
shoulder rubs massages and just horsing around,
but there is the sacred spiritual side,
and I am in need of it at this point in my life.

I so badly want and need to bond with my lady,
the bodies a temple and not to be worshiped
but celebrated and shared with true lovers.
Bringing their hearts and souls closer together,
it is the greatest gift one can give to another.

To feel your touch would be the greatest honor to me,
I'm saving myself for only you.
No other can have me I'm yours alone,
because this act of the soul should be between
best friends that are soul mates like you and me.
I love you so much and in all ways I desire
and very much need to feel your delicate touch.

Michael P. McParland

Big Hug

A big hug my love before
I once again attempt to lay down.
I'll see you in dream land where
I have so very much to tell you,
and hold you tightly against me.
Just get some badly needed sleep
being comforted by you.
You reassuring me,
you like my poetry while others laugh at me.

A big hug please say a prayer
for us to find our peace.
I love you my darling one.
I need some sleep when I get to the
land of dreams will you meet me there?

Michael P. McParland

Love Note 25

I love you
I miss you,
I'm so lost and
confused I don't know what to do.
I don't think I'm
a good or usefull person.
I do know that you're
my best friend and Angel.
I feel like a worthless loser,
but above all things
I know I deeply love you.

Michael P. McParland

Goodnight Sweet One

Goodnight sweet one I'm sorry
I didn't get more posted.
Why does it seem something is always in the way?
I know though we'll persevere because
we've not let any obstacles fully derail
our deep and tender love,
I know we'll always fight for
our future for we are dedicated.

Goodnight sweet one I'll be laying
next to you in spirit holding you close
and holding you soft and tender hand.
I'll seal the night with a kiss of pure love
to calm us down and bring us peace.
I'm sending you all my warmth and love
with the greatest kisses and loving hugs.
Oh my darling dear I miss you so much.
You're one of so very very few that truly
knows me and accepts my eccentric ways
still loving me forever each night and day.

Goodnight sweet one I'll see you in dreamland
where we'll dance, rest, and hold each other
among the enchanting moon and stars.
We'll forget all our earthly problems
and just escape to our special place holding
each other the whole time through.
Forgetting about the people who poke and prode
making fun of what they'll never understand,
for in each other we have found such loving peace.
Goodnight sweet one I'll love you well beyond
eternities time.

Michael P. McParland

Tears

Sitting here weeping such bitter tears missing you.
I'm so lost I don't know what to do.
I've reached out and I don't know if
you've seen and heard my messages.
I'm trying to change those things which are wrong.
So we'll never face heartbreak again.

Endless rivers of tears flow from my eyes.
They're dry and scratchy and sore
from the exertion endlessly put upon them.
They burst forth from me at the oddest of times.
One minute laughing out loud to a favorite show,
the next moment I break down and the tears assault me
driven to the surface from the bitter pain in my soul.

These tears are the most lonesome things on earth you see.
Because you're not here to dry them and comfort me.
You know you are my rock?
You are the one I admire most.
You've continually beaten all the odds
while remaining a beautiful person humble
with no need to flaunt or boast.

These tears will they ever stop?
Will you come back and be my bride?
I love and miss you so very much.
These tears have never flowed as such for anyone else.
So let me tell you that you are my universe
my pride and joy.
Come take my hand and help me end these tears today.

Michael P. McParland

Love And Acceptance

I just want your love and acceptance,
the most important things I can conceive.
To be with the one I truly love,
to make and have a family.
To create a life with you is the
most wonderful gift we could give each other.
I really just want to say here though
is I love you deeply more and more and
all I want is your acceptance and unconditional love.

Michael P. McParland

Tender Caress And Kiss

I tenderly caress your cheek lightly with my hand,
looking you in the eyes as I move in for
our long awaited and deeply anticipated kiss.
It will be the most fulfilling experience and
moment in our lives up to that point,
an electric shock of profound ground shaking love.
A beautiful moment in time so long awaited and deeply needed.

Every night I can promise you I'll caress
your cheek and stroke your hair.
I won't be able to stop admiring
and touching my lady fair,
then just cover you in kisses to make up
for all the years and distace that
held up that sweet experience.

I just want to hold you near and confess
all my heart and deep love to you.
Look into your eyes and be hypnotized by
your precious gorgeous smile,
caress your cheek say I love you my great Queen,
then seal our love and the night with a passion
filled deep delicious kiss.

Michael P. McParland

You're So Beautiful 3

I'm feeling so very lonely today,
I'm missing you so deeply bad.
I just want to hold you tight,
kiss you tenderly a million times,
then pull back to look you in the eyes
and say Kira my sweet lady from above,
you're so beautiful you just blow me away.
How did I get so lucky to find you
and receive true love from an Angel?
How did I get so blessed to be with
the most beautiful woman I've
always wanted, needed, and who's
true love I've always craved and desired.
You're so beautiful how does a
homely man like me get so rewarded?

You're so precious my Angel Queen,
if only you could see the glowing
precious gem you are every time I think of you.
You are so beautiful in every way.
I need my lady next to me each night and day,
you're the only one who will fulfill and complete me.
You're so beautiful my little sexy Queen,
I love you in my heart and soul fiercely
yet at the same time so tenderly.
You are so beautiful I'm in awe that you love me too.

Michael P. McParland

You Would Be Proud

You would be proud of me sweet lady,
I'm holding my tounge and keeping my temper
against people and things I would have
struck out and attacked not long ago in these situations.
I'll not go into detail right here now
to pay it attention in public isn't worth it.
I just want you to know that you can be proud
for the distance I've come,
though I know there's still far to go.

These things though are quite discouraging
it brings me down and makes me want to give up the pen.
Why be mocked and down trodden when I'm already hurting?
Though I'm not bothering anyone so why do they care?
Anyway my darling of forever I just want you to
know I think you would and even are very proud
of all the work that I've done.
You've been the biggest reason because you're
my beacon of light and I love you my only one.

Michael P. McParland

Kira (My Sweet Lady)

Kira is my sweet lady,
a true treasure and
love that can't be equaled.
She's my lady and she's so sweet.
Kira my love you are so neat.

Kira is my sweet lady
and no other man
can be so lucky.
They'll never have the
greatest woman of all time,
I may not either but
she truly loves me something
they'll never have.

My sweet lady Kira the grandest
woman you'll ever meet.
She's my lady and forever
I'll love her through eternity.

Michael P. McParland

I Love You Kira 7

Kira you are an angel from my dreams,
when we met we were practically kids.
You were 16 and I 15,
8 monthe seperate our ages.
It was fate that we met,
I have no doubt of that,
for in these 16 years since we first met,
I've loved you endlessly through all that time.
I could never eve truly fathom a relationship
with another woman in our time apart.
I avoided them and ever self destructed many a chance.

I love you Kira and right now as I
lay in bed I long to just have you here and hold my hand.
Softly talking about this and that,
it doesn't matter what because we're together and
that's the important part.
I love you because ti you I know I can bare my soul,
share the pains and fears I hold,
yet all the happy glee and my glowing love for thee.
I love you Kira you're everything to me.

Kira you are the true love of my entire life,
through all the years you're the one I dreamed of.
Noone else could fill that gaping hole in my soul,
that space is reserved for you.
I love you Kira and that truy is the deal,
I can't imagine life without you.

Michael P. McParland

Quick Note

A quick note to my love,
I'm thinking of you and hope
you're feeling good and doing alright.
I hope your hearts at peace
and the sun along with my love
are keeping you comfortable and warm.
I'm missing you so much and
praying for you too.
Please let me know how
you are doing and if I can
do anything to help you through the days.
I love you babe.

I wanted to drop this quick note
just to say I miss you so
and I always worry and hope you're okay.
I love you sweet take solace and peace
in all the warmth and love I send your way.
You are my everything and I truly adore
and love you so.

Michael P. McParland

Can't Relax

I can't relax to get some rest,
I'm thinking of you but it's
making me long and ache for you even more.
How much I just want to have my
arms around you and hear your beautiful voice.
Thinking of you almost always brings me peace,
but today it's making me restless and close to tears,
wishing and acheing so bad that you were here.

I can't relax this morning and have barely
eaten anything in two days.
Please my love send me all your love and warmth,
and I'll send ever last bit I can spare.
I can't relax yet but knowing you'll be
sending your loving energy will set my mind at ease,
I'll just lay down and think of what
we'll talk about and do.
Then I hope to see you in the land of dreams,
where I'll hold you, kiss you,
and then tell you I truly deeply love you.

Michael P. McParland

Love Note 24

Hello my love I wanted to drop
in to tell you I so deeply love you.
I need to lay down so I wanted
to give you this hug and kiss
before I put my head to the pillow.

I've been up for 28 hours and
I have been sending you all of
my love to help give you peace
and strength to keep you calm.
I may not sleep but need to get
a cat nap at least.
So I wanted to send you this note
before I lay down to say I love you my dear.
I miss my sweet Angel Queen.

Michael P. McParland

For The Very Few

To the very few people who regularly
read my poetry and like it openly.
I just want to say thank you from
the bottom of my heart.

It means so very much to me
for anyone to like what I pen,
so to the very few who do like
and respect me I owe you thanks
with sincerity in these words.

To have my art be appreciated in any way
gives me a joy I can't quite explain.
I speak from my heart I know no other way,
so despite any discouragement knowing
a few people respect me and my work
keeps me going.

For the very few and the truly special one,
I deeply thank you and I
can't thank you enough or repay your kindness
except here with a heartfelt sincere
thank you.

Michael P. McParland

Warmth, Love, Hugs, And Kisses 3

Warmth, love, hugs, and kisses with
my only one is the dream I most desire.
To be with each other forever in the moon
and stars celebrating love in a cosmic river.
An experience meant for only true soul mates and lovers.

To have and to hold feeling your warmth,
sharing our love, being able to hold you
at anytime sharing endless kisses.
It makes my soul sing just dreaming of this time.
Forever blessed and enchanted in the moon
and stars a cosmic ocean to explore
wide and far.

Warmth, love, massive hugs and kisses,
a dream I know we'll reach fighting always for each other.
A bond that's indestructible,
made of blessed steel that God created,
we'll forever dance within the cosmic ocean and river
with the moon and stars as our partners.
A true love and companionship built to last,
beginning and ending with our warmth, love,
endless hugs and kisses sealing our hearts and souls together.

Michael P. McParland

So Much

So much left to tell,
so much left I want and need to say
tearing down these walls to show you all.
It won't be easy and some things will
take time for me to be able relive
them from immmense and extreme pain.
I'll do it all though because I love
and trust you and if you want you
deserve have every right to know it all.

So much to share with my only lady,
my hopes, my dreams, only you
will ever be allowed to have my body.
A sacred thing to share and through
this life and the next it's only
you I'll give myself to.
You are my soul mate and if the loves
not true I would never commit
to another to another person anywhere.

There's just so much left to tell and share,
a universe of eternal happiness stretchs before us.
I long to tell and give you my heart
and soul my everything.
I love you dear that's the truth exposed in plain.

Michael P. McParland

To Honor You

I strive when I write to honor you,
I strive and want to honor you in everything I do.
I want to treat you right in every way
because you've been through so much
and you're such a grand lady you deserve the best.
I just want to show my love in ever way
and pay you the highest honors in life
which a woman and true Queen richly deserve.
I love you dear and I will always work
very hard to honor you.

Michael P. McParland

May I?

May I just put my arms around
you love and hold you close,
while I just rest my head on your
shoulder to feel your love and decompress?
I just want some quiet time to
sit and just lay down next to you.
A long snuggle with my Angel
is just what I need to
help feel better and make it through.

May I just hold you close and rest my
head right next to yours?
Some quiet time with you to just
reflect and take in your gorgeous self.
To just be there with you and feel your endless love,
while I share mine too by kissing and holding you.
There may be a couple tears but from finally
being there with my lady fair.

May I just snuggle, nuzzle, hold you tight,
while we just sit and softly talk?
I hope and pray for this each and every day.
Please know and feel my everlasting love,
to just sit and hold you and your hand
would complete me in so many ways.

So may I my darling dear just reach out
to tell you in full depth just how I feel?
May I just say to you I want you to be my valentine?
May I show you how deeply I truly feel?
I love you so my sweet lady Angel from above,
I hope and long for the days and nights where
I can just put my head upon
your shoulder and share our love.

Michael P. McParland

Morning Note 3

A quick note to say good morning,
may your day be bright and loving.
Feel light and peaceful in your heart,
for I am with you in every step.
I'll be thinking and praying
for you as I go about my day,
sending you my love with the strongest vibes.
Feel wrapped up in my warmth,
let it fill you with endless comfort.

A little morning to to let you
know you're the woman I will ever love.
Feel the sun and feel the love
as I wrap you in my arms.
You are my Angel and my Queen,
you're my hero and best friend,
don't forget with uncoditional
love your biggest fan.
So remember that I deeply love you,
let your heart be filled with peaceful comfort.

Michael P. McParland

You're Worth It

I don't know how to really say this
but Kira through all the time and all the
love there is there's no doubt that you are worth it.
Even through our worst fights and pain,
you have always been and always
will be worth everything.
No matter what may ever face us,
be it big or small, the good and bad,
you my dear are worth it all.

Not a thing on this earth or in the universe
could ever make me lose my love for you.
Your spirit is a bright hopeful beacon,
you are the greatest woman a divine blessing.
Oh my sweet sweet Kira you are more than worth it,
you are the only one I have truly chosen.
Your love and hand are all I want through eternities door.
You are worth it as I burst with endless love and joy.

Kira you are worth it and don't ever doubt it,
you deserve only the very best and
I'm not sure I am that but I will give you everything.
I'll stretch well beyond my greatest limits,
because my dear I love you deeply
and you are so truly sincerely worth it.

Michael P. McParland

Night Note 4

Goodnight again sweet love
I miss you tons and want you here.
My life has an enormus empty
spot without you by my side.
Please know that I love
you deeply like no other can ever love.
You mean everything my Angel Queen
the sweetest girl I've ever
known and seen.
I'm sending all my warmth and love to thee,
wraping you up in my arms next to me.
I love you dear and miss you so,
until you're here I'll see you
in the land of dreams.

Michael P. McParland

Society Wonders Why

Society wonders why we have
become such an uncaring
pack of sociopathic sycophants.
Well take a look at yourselves
the great lot of you
when your apparent reason
for existence is to
cynically spit on others
joys, hopes, loves and feelings.

So ask not why decent
society has died.
Look into the mirror and see
the unkind, uncaring,
sociopath that you are.

Michael P. McParland

Dear God

Dear God I send this prayer
to ask that you always be with her.
Let my love forever fill her heart,
that our spirits will always feel
each other as they sing and touch.
Dear God please let her know she's deeply loved,
that I'm here for her through
eternity forevermore.

Dear God please just touch
and calm her precious heart.
Give her peace surrounded
in you infinite divine love.
Keep her safe and give her perfect health,
let me carry her burdens so
she'll be so happy all her days.
Dear God she deserves and needs
relief from her afflictions in every way.

Dear God just watch and
protect her Angelic heart,
please let her know
of my eternal undying love,
assure her that my intentions
are pure in true love.
Dear God let her know to me
she truly is the only one.
Please let her know that to me
she truly is an Angel from your kingdom above.
Dear God I ask these things for
her my Angel Queen,
please be with her always
and let her know she's truly loved.

ILYF KP

Michael P. McParland

Love Note 23

Goodnight my sweet,
I love you so very much
you are the moon, stars,
universe and sun.

Goodnight my sweet
I'll see you in my dreams,
we'll keep each other safe
I know you'll help keep the nightmares away.
I love you dear,
you are the one for eternity I want to spend.
May God always bless your heart,
trust me babe I love you deep
and I'm never ever going to up and leave.

Michael P. McParland

Under The Covers 3

Feeling really tired from my busy day sweet lady,
I'm about to go to bed and want to know
if you'll slip under the covers with me to
relax, find deep comfort and peace.
Just to lay there and hold you close is
the greatest gift you could give and I could know.
Just to share our loving care and warmth.

I love you dear and am sending you tons of
kisses and hugs with all my warmth and love.
Feel my arms around you my only one,
as we just lay under the covers softly talking one on one.
Just to give you a goodnight kiss to say
I love you dear it's all okay would give me all the peace I need.

Will you join me under the covers in dreamland on this night?
Just hold hands, smile, and great big hugs,
lay beside a gorgeous lake.
Feed the ducks and just revel in the love we share.
Please come join me under the covers soon my dear.
I love you deep my sweet angel dove,
you are the greatest gift and blessing from above.

Michael P. McParland

My Hand

My hand is reaching out for yours.
Will you take it and let me feel
your comforting love and warmth?
Please take my hand pull me close
to snuggle and rub my face and head
to give me comfort and peace,
tell me everything is okay
and that you love me.
I know with no doubt you truly
deeply love me but I need to hear it
for calming reassurance.

During that I'll give you the
softest most passionate kiss
from the soul connecting in the deepest way.
I'll look deeply into those
miraculosly beautiful eyes and say
I love you babe for all eternity.
Will you take my hand and let me
honor my Angel Queen?

Michael P. McParland

Love Note 22

I love you babe I just
needed to drop in quick and say.
You are my light my northern star.
I love you each second more and more,
You're so beautiful immensely gorgeous,
I can't adequately describe
the beauty I see inside you.

I love the connection shared between us,
it's made me know just what true love is.
I feel close to you no matter
where you are distance has not killed a thing.
I love you so I want you to know,
even right now I'm dreaming of our future days.
I truly love you babe.

Michael P. McParland

My Heart Is

My heart is constantly with you my dear.
I want and need to feel you here,
my heart right next to yours
as I hold you close and we just lightly kiss.
No other thing is right now needed,
there will be time for those things later.

Right now my heart just beats for you
to be by my side and snuggle in bed.
While we hold hands and gaze into each others eyes,
smiling and kissing with true love the entire time.

I want you to know my heart is yours,
it always has and it always will.
I just want to hold you close and feel your
precious heart beat next to me.
I love you deeply can you feel my beating
heart and warmth.
It beats, calls, and aches for you.

ILYF KP

Michael P. McParland

I'd Rather

I'd rather be dead than spend
my life without you in it,
not having you around is a
painful nightmare so profound.
Not having you at my side and
as my wife makes my life a total waste.

I'd rather spend my life alone
than settle for another
because they'll never be as great as you.
I'd rather spend sleepless nights
and hungry days that never end,
then spend my time with another
woman while I dream and long for my fair lady.

I'd rather die and be all alone,
then live my whole life without you.
My life is empty and my heart
hurts in deep agony.
I just want you by my side and make you happy.
You fulfill my lonely aching
injured heart.
You help me forget a past I try to ignore.
I love you dear and without
you here it is so dreary and all
I want is my sweet Angel dove and greatest lady.

Michael P. McParland

My Sweet Darling

My sweet darling one I'm
reaching out and calling to you.
I need to tell you and you
need to know how much I truly
deeply love you more and more.
Your heart and spirit are so
truly tender, loving, and kind.
Without you here and had you never
entered my life it would be purely empty
null and void.
You are the keeper of my heart,
my only one.
The woman I know God sent to me,
blessed me with the greatest thing
anyone could ever need.
My sweet darling you're my everything
and I love you so deeply
it kills me to not be with you every day,
because you're my best friend
with an unbreakable bond with my soul mate.

Michael P. McParland

A Busy Day

I had a busy day my sweet lady,
I'm so sorry and apologize I was not here for you more.
I had so much to do but the entire time
I thought about and prayed for you.
Sent my heart and strength for you
to feel and know I was with you there.
My heart was calling to you the entire time.

I had such a busy tiring day I'm sorry
I could not talk more and spend a lot more time.
You are my Angel and a treasured gem,
you're my only love and best friend.
I want to be with you always.
I apologize for not spending more time on
this busy day but please know and feel
in your heart and soul I love you
to the moon and stars.

Michael P. McParland

This Kiss To You

This kiss I send to you my only love,
let it calm and please your aching heart.
Feel no fear and have no sorrow,
your man is there holding you oh so close and dear.

This kiss to you I send,
to help your heart and soul feel at peace again.
I love you dear so very much,
you're my Angel Queen and my everything.
I will dry your tears and hold you close,
please feel at peace for I am with every day.

I send to you my immense love and warmth,
with these zillions of kisses and tight hugs.
Please feel cheer and peace for I'll not abandon you,
I'm always here my heart right next yours.
I love you babe for eternity and evermore.

Michael P. McParland

Love Note 21

A little note for your afternoon,
remember I'm here and that
I truly and deeply love you.
Be filled with my warmth letting
it give you endless peace and strength.
You are so special and cherished to me,
Itreasure your heart and your love endlessly.

A little note to remind you
that I deeply respect and love.
You are my one and Angel Queen,
your presence and future
mean everything to me.
So hold this note close to your heart,
and remember sweet lady it's you
for eternity I love.

Michael P. McParland

A Work Of Art

You my dear are a true work of art.
It is evident God worked long and hard
to create a true beauty of your kind.
Unequaled and unmatched God saved
his best to make you the greatest of his art.
You are one of his finest creations and
beautiful wonders on earth.

You my dear love are the most precious of beauties,
Everything about you makes my knees weak and shaky,
I get that special tingling with the divine beauty you bring.
You have the most glowing and divine
smiles and eyes.
A beautiful form with features sublime.
God gave us a gift with his art of creation at his best.

Not only are you a splendid vision of beauty,
but you inspire me and are my deepest muse.
I find true beauty in each part of you,
my heart sings and my spirit soars over you.
The art you inspire cannot equal your
beauty but my dear lady my best I do try.
I always strive to honor you with every word.

You my dear Kira are a true work of art
and true pure beauty.
I love you my sweet and I thank God for this blessing.
You are true art in your heart in soul,
Oh my dear woman I deeply love you.

Michael P. McParland

Rest With Me 2

Rest with me my dear.
Just let me hold you tight,
help you feel secure and right.
Let me comfort you and reassure
you with my loving warmth.
Come rest with me my darling one.

Rest with me and be filled with peace,
let me hold your hand and pull you into me.
With some sleep we'll together chase away your sadness
to make you happy and hve a great big smile each day.
Feel my heart next to you and my
arms protecting you.

Feel assured KP that you are loved,
feel no fear because I'm your man.
I'm always here and will never leave,
you are my Angel and everything to me.
So come rest with me my darling one,
in each others arms and with sleep
all peace and hope will be restored.
I truly love you my only one.

Michael P. McParland

My Strength (For You)

Come curl up in my arms as
I give all my warming love and strength to you.
If you need to bury your face in my chest
and cry until you're through.
Then I'll dry your eyes and give you a great big smile,
then tenderly kiss your eyes and lips.
Tell you I love you babe you are the best.

All my love and strength for you,
it's all yours my Angel Queen.
I'll move the mountains and the valleys
to give you the greatest views.
I'll tell the sun to always shine on you,
I'll always make sure you can feel my heart,
because my love you are the only one.

My loving strength and entire energy for you,
I love you more than anyone can even fathom or know.
You are everything my Angel Queen,
you make my life a worthwhile important thing.
Please feel my love and strength surround you
my precious cherished one.
Your soul is pure and the most beautiful,
my strenth and loving heart to you I bare.

My strenth I send to you with the
greatest kiss you could recieve.
I promise I have recieved and feel the comfort
of your love, kisses and massive hugs.
I'm sending you a million to cheer your day,
if you need to cry though wait until I can hold you next to me.
You are my Queen and saving Angel,
I love you dear and am sending all my strength
to my one and only lady.

Michael P. McParland

Morning Note 2

A little morning note
to start the day for you.
I see the sun above the horizon,
it's shine brings you to
mind and reminds me of your smile.
Just like the sun you
brighten up my day,
chasing away all the dreary
clouds that overcast the day.

A little morning note to
tell you that I care,
to wish you the best of days
and give you warmth and hope
from my heart to yours.
I love you dear you make my
day so bright, warm and clear.
You are my special lady and
I want and hope to always have you near.

Michael P. McParland

Love Note 20

A hug and a kiss to
end this night.
I love you babe you
are my everything my sweet delight.
Feel all of my love
and all of my warmth.
This note of love is
to let you know it is
true that I so deeply
love and cherish
all that you are
and all that you do.

Michael P. McParland

Sweet Dreams My Precious Queen

Goodnight and sweet dreams my precious Queen,
I'm still wiped out and my heart is really hurting.
I miss you bad and feel desperately lonely and sad,
I wish you were here to talk and hold.
I'm sending you all of my love and warmth,
wrap up in it with all the great big kisses and hugs,
I'm so tired I just want to lay with you by my side.

Sweet dreams my only precious Queen,
tomorrow's a busy day and I want to rest with you
in any way that I can everyday.
You bring my heart such needed peace,
your love I deeply crave as it gives me strength.
You help get me through my lonely days in every way.
Tonight my heart hurts for you so very bad.

Sweet dreams my precious Angel Queen,
we'll meet and laugh, cry, talk,
and all the time hold hands in dreamland.
So much I want and need to tell you,
things locked behind my walls and I can only show you.
So come let us lie down by a stream
as we hold each other talking with loving pride.
Sweet dreams my precious Queen I love you deeply
please come and hold me and stop my hurting.

Michael P. McParland

Night Note 3

A quick night note to
say I love you babe.
I miss you tons and
wish that you were here.
I send you all my
warmth and love to comfort you tonight.
I just want to hold
you close and very tight.
I need your love
and I need you here,
most of all though I just
want you to know I love you
most of all.

A quick night note to
tell you that you mean so much.
I love you and I miss you
and can't wait to have you
by me with your hand in mine
And within my arms.
I love you dear please be
at peace and feel me near,
you're my darling one and
with you all things are so clear.

Michael P. McParland

A Few Tears

A few tears tonight rolling
from my eyes down my face.
It's been a tough day
I ache and feel frustrated inside.
I wish you were here to hold
and help heal my aching lonely heart
and talk with me to forget these anxiety filled things.

A few tears from my eyes because
it was a struggle with a couple
of things that stress my being,
and tomorrow I'll have to try
and fix them again.
My mind is stressing already wanting them done,
I don't think I'll sleep again on this night.
How I wish I could be in
my sweet ladys loving arms.

Most of all though these tears are for you,
because I failed you tonight and miss
you so painfully too.
I want to hold your hand and embrace
you so close and firm.
Put my head on your shoulder while
we just softly talk.
We'd dry my tears because I know
you don't want me to cry,
it hurts your heart too when I do.
We could just spend time with each other
doing whatever and these tears would be gone
as if they were never.

A few tears tonight from a frustrating day,
I also felt lonely longing so hard for you.
More anxiety tomorrow having to correct things all over,
a few tears from the frustration and anxiety.
The hardest part though is missing you,
I want you, I need you, I love you so much.
I need you here I want to hold you and talk.

Michael P. McParland

My Darling One

My darling one I truly miss and adore you so,
I wish you were here to just talk and hold.
Share all our thoughts and future dreams,
about all the things we want to do and achieve
with each other in splendid harmony.
To have and hold you near is all I want for now.

Oh my darling dear I want to hold your hand
while we go for walks be it down the street or in the sand.
Just to see you smile and experience your
eyes which so beguile is a dream of reality
I so truly want and long to feel.

My darling one you're so amazing,
in all things you set my heart in passion ablazing.
You are my best friend and that you'll
have me blows my mind in astonishing excitement.
You are my darling one the only love of my entire life,
Kira you're my only one and I love you so much.

Michael P. McParland

I'm Sorry Love

I'm sorry love that I didn't
do better for you today.
That I was silent this afternoon and evening,
I laid down for a nap and went
out like a light for many hours.

I'm sorry love I failed you today,
I feel awful and hope you did not cry.
I have just been so exhausted,
but that's no excuse for failing my woman.
I'm sorry sweet love that I was silent tonight.

I'm sorry love that I let you down,
I feel terrible leaving you hanging around.
I love you so much and feel sick to my stomach,
I love you sweet lady I'm sorry I messed up.

Michael P. McParland

Love Note 19

Up for a minute from my rest,
a little note to send you my best.
I love you dear and hope
your day is well.
I hope you're warmed by the sun
and all the loving warmth I send.
Keep cheer in your precious heart,
don't forget your man is there
to always hold your hand at your side.

A note for you this very afternoon
to say I love you my Angel Queen.
Between my rests I just want
to say that you're the best,
I'll soon eat lunch then meet
you back in the land of dreams.
A quick note to say be filled with cheer,
I love you sweet and so very dear.

ILYF KP.

Michael P. McParland

A Small Rest 3

A small rest to boost me through this day.
I'll be dreaming of my love the
entire time and way.
She brings me peace she brings me comfort,
help keep me safe from the nightmares that often haunt me.

A small rest for me my only love,
please come and join me while I hold you close.
Keep each other warm and keep each other safe,
keep each other happy with great big smiles on our face.
Feeling content and complete knowing for
the othere we're at hand right there.

A small rest to have my mind so clear,
to write and communicate my best for you my dear.
Just in case you'll maybe write,
and for the poems I try to honor you will be at their heights.
A small rest my lovely dear I am holding
you tight and loving right here now.
I love you sweet I'll see you in my dreams,
you are so great and true supreme.
Kira love you are my Angel Queen.

Michael P. McParland

Morning Note

To start the day I
just wanted to stop and say hey.
I love you babe and the
thought of you helps give
me a bright start on this
cold wet Minnesota morning.

Wanted to drop you this
morning note to tell you
how great I think you are,
a diamond, a peach,
the glimmer of my life and eye.
I love you so much you've
already brightened the
start of my day.

Michael P. McParland

Will You 3?

Will you be my wife and
stand beside me for eternity?
Will you give me your hand and honor me?
I love you more than the universe can hold,
it's bursting at the seams with nowhere to go.
I want to hold you, cherish you,
and honor you forevermore.
Will you be my wife and make me
the most blessed man on earth?

Will you take my arm and let me escort
you to the alter that seals our bond?
Will you honor me with the holy night
and action that seals soul mates bond?
Will you bless me with you heart and spirit
through the ages with no end?
Please my Angel Queen make me a divine man.

Can you feel my love surround your blessed heart?
Can you feel all my love and deep pure warmth?
Can you see that my heart is yours and only
yours forevermore through eternities door?
Will you take my hand while I hold you close to me?

Oh sweet dear you are so dear to me,
a precious gem and diamond in the rough
a true Angel and hero to me.
The luckiest thing there is,
is to love and have the love of
your Queen and true best friend.
I love you sweet will you be my wife and take my hand?

Michael P. McParland

God Bless You 2

God bless you my Angel true,
feel all my love and peace in your heart and soul.
I'm thinking of you now,
praying that you're alright and
feeling all my warmth, hugs and kisses surround.

God bless you that you'll always be content and safe,
please know I feel concern fo your aching heart my dear love.
That I reach out to it to massage and hold it,
helping to calm and heal it with my love held for it.
God bless you sweet one that we'll come
back together never again to come apart and rejoice
in our deep bond of true love forevermore.

God bless you dear to be at peace,
to know and feel me there with thee.
To feel my hand within yours,
while I wrap my arms around your
shoulders holding you so ever close.
Bury your face within my chest while I
lay my head upon your loving greeting shoulder.
God bless us both to feel and revel in out true love.

God bless you my Angel Queen and only one,
feel my warmth and love surround you now.
Never forget that God is with you and wants our best,
I know he brought us together to complete our hearts and lives.
Our love is deep and unconditionally clean,
our bond is precious and the mosft righteous thing.
He has blessed it and may he forever bless you,
you are my one and I so deeply truly love you through and through.

Michael P. McParland

Night Note 2

Quick night note before I do some chores.
I love you dear my Angel true,
you'll help pass the time and get me through.
Listening to my favorite music
the love songs I'll think of you.

Time to buckle down and do my few things,
then I can relax and write so many
of my dreams and feelings out,
read my books and drift off to worlds of written word.
I send you this night note to say
I love you dear,
you'll help me pass the time on these chores,
you are a true blessing and inspiration.
Once again I love you.

Michael P. McParland

So Many Chores (You Make Them Fly)

So many chores to do around the house,
but I smile all the while because I
think of you my dear love.
Remember all our special times and
imagine all the future conversations
we'll have and the time we'll spend.

So many many chores but dreaming and
thinking of you makes them go by
without much notice of time.
I love you babe you help me
get through my days.

Michael P. McParland

Goodnight Sweet Kira 4

Goodnight sweet Kira my only darling,
I love and miss you so much.
As we slide into bed be covered and surrounded
in my deep bottomless love and warmth.
You are my Angel and only lady true.
Sleep well sweet Kira I'm in spirit
with my arms wrapped around right next to you.

Goodnight my sweet sweet Kira I seal this
night with the biggest deepest kiss.
I love you so very much you are the
greatest thing and person in my life.
You've helped give me a direction and
a reason to go on and strive.
I can't wait to nuzzle and snuggle in person
while we lay in bed,
holding hands and kissing,
giggling like we're still kids.
You are my Angel Queen a true loving blessing.

Goodnight sweet Kira I truly love you so,
my arm is wrapped around you and my hand is holding yours.
You are so precious and a dream of
life come true.
How could I not love and want you
when you're the coolest girl?
I love you Kira you are a cherished dove,
I love you babe forevermore you'll be
my sweet angel dove.

Michael P. McParland

Dreamt Of You 7

I lied down for a rest in the late after noon,
then slept until midnight because I dreamt of you.
Why would I wake up when I am in heaven?
Why would I leave when I'm spending time with my Angel?
It has filled my heart with peace and joy,
oh sweet lady I adore you more and more.

I dreamt of my sweet lady and it gave me bright hope,
as we just did normal things like take a walk,
watch movies, talk, read a book, and listen to music too.
My heart and spirit are filled with joy,
for I know it was a gift from God your spirit touching mine,
giving me patience and hope knowing we'll have our time.

I dreamt of you my lady of the stars,
my heart is so happy and singing to yours.
I love you sweet Kira you are my soul mate and best friend,
you are everything I ever want and truly need.
I dreamt of you dear a true blessing from heaven,
God has gifted us with true love and a deep spiritual connection.

Michael P. McParland

Love Note 18

What can I say but
to me you are so great?
I love you more with each passing day.
You make my eyes and smile sparkle,
with love and joy which you've provided.
I smile in pure joy with great glee,
you truly are everything to me.
I miss you tons I adore you more,
I love you like noone can know.
This little note I send to you,
so you'll know I'm thinking
and dreaming of only you.

Michael P. McParland

A Rest 2

Feeling tired my dear and
about to take a rest,
please come join me and
hold me oh so close.
I just want to feel you hold me,
I need your arms around.
I just need to hear you talking,
telling me all your thoughts and dreams.

I'm tired and need a rest
before I partake in dinner feast.
I want us both to share our warmth,
be in each others arms while
off to sleep we go.
I just want to hear you talk,
while I lay there to learn about my
ladys thoughts.
Let her have all the time,
for her voice is a calming song.

Come take a rest my sweet lady
of my deepest dreams,
let us share our warmth in the greatest joy.
Be relaxed and recharge ourselves,
we need a rest to just be together
and heal our hearts.
I love you dear come hold me near
and hold my hand.

Michael P. McParland

Thank You Darling

Thank you darling for all you do,
I hope one day to prove myself to you.
You're a gift from God for sure,
everything about you makes me want to burst in joy.
You are a precious lady and a
hero that means so much to me.
Thank you Kira darling you are a peach to me.

Thank you darling for knowing the truth of my heart,
that I'm not strong at all and I need a lot of love.
You are a caring woman that gives so much to me,
I'm just about in tears from the joy you bring to me.
I love you darling I want you in my life,
I love you to no end I hope one day you'll be my wife.

Thank you darling you are my Angel and my Queen,
you are my best friend and the most important person to me.
Thank you Kira I'll always love you so,
I pray you'll always know how I adore you so.
I love you dear you are my one,
I'll work so hard to never let you down.

Michael P. McParland

Smile

Darling one you make me smile,
you brighten my day and help relax me.
You are the one that gives me hope
and brightens my day even in these
cold dark Minnesota days.
You make me smile sweet lady.

You are my smile and my hearts happy beat,
it echoes with your laughter seeing you happy
cheers me up my Angel Queen.
You are my smile and happy laughter,
the reason I babble in endless chatter.
You are the sweetest and so damn pretty,
you make me smile and feel giddy.

You are the smile in my heart and my soul,
you are the girl I'll always adore.
I can't wait to hold your hand and
pull you in for a hug.
Say I love you babe with the biggest smile ever known.

Michael P. McParland

The Truth Lays

The truth lays in all the years
where we have always loved each other,
never wavering and we're always longing,
to come together and always be with each other.

The truth is that our hearts and souls
have also been connected and as one,
an unwavering loving dedication never undone.
The truth lays in the way our spirits
are connected by this special bond,
that even in the worst times we could never break it.

The truth is even with great distance and too much time,
we still feel each other and our love
is intensely strong.
Over time it's just deeply grown,
the roots of which cannot be pulled apart by anyone.
The truth lays in that we are soul mates
and filled with unconditional true love.

The truth is my only one I could never
imagine being with another person.
You the Angel that is my light
and as each day comes for you my passion grows.
The truth lays in the fact I love you dear
to me you are worth a million worlds.

Michael P. McParland

Dance With Me

Dance with me and we'll tango the night away,
mesmerized and locked into a world of our own with each other.
Put your hands upon my shoulders as
I grab you by your sexy waist.
We'll just move together smoothly
in perfect harmony,
passing through the night in passion filled delight.

Dance with me my sexy lady tango with me proud,
let the inhibitions fly and conquer precious ground.
Hold me close as we control the floor in
a magical performance till now unknown,
dance with my fair lady and tango proudly down.

Dance with me and find our rhythm true,
tango with me darling all this night through.
Underneath the moon and stars to the break of dawn,
dance with me and tango hard till our
energy has gone.

Michael P. McParland

Rest My Dear

Lay down and rest for awhile my dear,
as I am doing right now and let
us meet in the land of dreams.
We will come together and hold hands,
in the rolling pastures of a gorgeous mountain.
Lay down a blanket and lay in the shade
of a tall and lush majestic tree.
Just holding hands and each other drifting peacefully.

Lay down and rest your mind,
feel my love and warmth as in spirit I hold you near.
Wrap up in it's deep abundance,
cherish and revel in my hugs and kisses,
lay down and rest awhile feeling all the
peace our hearts and spirits provide together.

Join me in a peaceful needed slumber,
in dreamland connecting laying down in the pastures.
Taking in the peaceful mountain,
feeling the coolness in the shade
while holding hands and each other.
So rest my dear and feel me near,
I love you deeply and want to give you all
my time and everything.

Michael P. McParland

Your Heart To Mine

Your heart to mine is
talking and singing all the time.
It sings the most beautiful of songs,
celestial heavenly themes.
I feel their sincerity and truth,
I know that you're love for
me is felt pure deeply and unconditionally.

My heart to yours calls and it sings,
telling you of my admiration and
love for my Angel Queen.
It confesses it's vows to always
be faithful and only yours.
It beats for you feeling you
next to me.

Your heart to mine and my
heart to yours.
I know our souls are connected forevermore.
I am your man and you are my lady,
I love you sweetie you're a
blessing and a divine angel.

Michael P. McParland

Love Note 17

Had a quick rest
and wanted to say
I love you real quick.
Dreamt of you and didn't
want to get up.
It always calms my
soul when I see you there.
A quick note before
I move around see you so
much more soon sweet dear
I love you so much.

Michael P. McParland

Love Note 16

I'm holding you so very
close in my heart.
Surrounding you feel
all of my love.
Missing you tons and
wish you were here.
My sweet angel dove
you're my soul mate
connected together
forevermore.

Michael P. McParland

Oh My Dear

Oh my dear I love and miss you so much,
I'm still very tired and about to lay down.
I won't say my goodnight just yet,
this is just a little catch up rest.
I'll be holding you in spirit and kissing your neck,
giving you this kiss of deep love on your lips.
Your hand in mine as I rest with you in my heart,
Oh my dear I want you here I love you so much.

Michael P. McParland

My Dear Love

My dear love I miss you so,
My heart calls and sings to you.
I want to know how you are doing,
I hope that you feel peace in
all the love that I am sending.
I want you to feel the warmth
and be filled with comfort from my hearts serenading.

My dear love I miss my diamond in the rough,
there is an empty hole where you belong.
My heart aches and longs to have you here,
you are my life my Angel Queen.
I long and ache to hold you in my arms and
talk at length of how and where we've been.

My dear love I pray for your heart and health,
to know I'm always with you there.
You are the one who's saved my life with given reason,
you are my best friend and hero and I adore you.
Come take my hand my dear love and we'll
take a stroll through a beautiful mountain pasture
just enjoying our bonded hearts and souls.
I love you dear you mean eeverything to me,
oh sweet love please marry me.

Michael P. McParland

Love Note 15

Just a little note to say
I love and miss you so.
You are a jewel a precious gem,
the greatest lady of all time.
I can't wait to have you
in my arms and next to me.
You are my angel true,
my lady and only one.
My true love through all time.

Michael P. McParland

My Dream

I saw you in my dream,
and as always you were the most beautiful thing.
We smiled across the field
of flowers at each other.
Yours glowing like the afternoon sun
so very high and bright in the sky.
My knees began to buckle with the excitement inside,
Happiness and joy had truly arrived.

We didn't run to each other but just savored the moment,
not wanting to miss a thing just admiring each other.
Then we just hugged without a spoken word,
while our spirits and hearts said a million things.
We just stayed that way for what seemed like hours.

Finally we sat down in the flowers by a babbling brook,
and just held each other as I babbled on,
it's so wonderful that you enjoy that and don't mind.
Yet I also listened while we gazed at each other,
pure love and acceptance was truly evident and deeply felt.
As we sat in the flowers by the brook talking
and kissing while holding each other.

In my dream I saw you and held you,
as we told each other how much we've
loved and deeply missed the other.
This I dream of when both waking and sleeping.
I know in my heart this dream will come true,
our love is so strong it pulls
and has always kept us together.
You are my dream my sweet Angel dove,
feel all my warmth as I'm with you there.
I love you so deeply and I won't have another,
you are my woman forever and I will be your man.

Michael P. McParland

Sleep At Last

I now go to sleep at last,
I've been up for 24 hours past.
I've finally eaten a little bit
so have no worries love I'll be healthy
when you come back.
I want to be the best for my only one.

As I finally go to bed I wish
you were here with me.
To hold and cuddle as we drift to sleep.
Feeling warm and safe with smiles on our faces,
I'll be dreaming of you as I close my eyes
and when I get to dreamland I'll hold you there.

I love you dear and as always
send you all my warmth and love,
with these great big hugs and kisses wrap
up in them and feel the admiration I hold.
I now lay down to sleep at last,
I'm holding you and give you a kiss.
I love you dear You are the one,
my Queen my sweet angel dove.

Michael P. McParland

A Prayer For My Love

Dear God may my love always
have peace of mind and heart.
Please let her know that she is loved,
that she is special.
That she is one of your brightest
and most loving Angels.
Please keep her safe so she may
touch and move many more lives.

Please be with her and let her
know and feel your loving strength.
Let her be confident that she's
a strong woman that has persevered along.
Please bless her with the best of health,
let her experience a pain free life.
I attest to you she deserves the happiness
more than most on this earth.
I will take all extra burden to
free her from ailments cast on her.
I know that she is strong I just
want her to have a life free from hurt.

Dear God let her know of all your abundant love,
let her know she's never alone.
Assure her that my love is deep and pure,
that I am always there with her.
That my heart is hers and my words are true,
help her to never feel any fear.
Protect her and assure her in our comforting love,
She is the most special Angel I've ever
known and I love her very much.
So dear God please above all else,
watch over her and make sure she always has the best.

Michael P. McParland

Love Note 14

A note of love I send to you.
You are a diamond in the rough
a treasured angel to me.
A calming blessing with
a soft and caring heart
I deeply adore.
A beautiful woman I
want to spend my whole life,
then into the next eternities
ours to spend.

I love you sweet lady
master of my heart.
I'll treasure and cherish
you forevermore.

Michael P. McParland

My Only Angel 2

You are my only angel and my heart longs for you.
You are it's keeper and the only one I love,
no other person has ever captured me like you.
You are my Angel and my wholesome Queen,
no matter what you'll always be the only one to me.
You are the greatest thing to ever happen to me.

Without you my Angel true I would long ago have died I know.
Through all the years your loving heart and soul
provided me in the darkest times with hope.
I've always felt your spirit and it's loving warmth with me,
I have no doubt you truly have unconditional love for me.
We both know and feel our eternal bond,
we're soul mates and neither of us will that deny,
It's kept us true it's kept our hearts commited too,
It's helped us find our way through.

You are my only angel Kira dear,
there's noone else for me I'd rather
be alone than be with someone else.
You have the key to my heart,
it's to those inner walls and what's inside is all yours.
You are the one my Angel Queen,
for eternity to you I pledge myself and my love.
You are my angel, you are my hero,
you're my best friend and I'll love you
through eternities endless time.

Michael P. McParland

The One I Adore

You are tho one I adore,
to no end I'll love you forevermore.
You're an Angel and hero,
the one I'll cherish forever,
the woman I've always wanted.

You are the one I adore my sweet love,
our souls are connected I feel your deep love.
You are the greatest lady in history,
you have given me all of your love endlessly,
we share an unbreakable bond of steel.

I adore you sweet Kira you mean the universe to me,
I want to hold you and show you all of my love forever.
You are the one I adore my Angel Queen and more,
I love you sweet lady you are my soul mate,
best friend and a blessing,
I couldn't ask for more.

Michael P. McParland

Still Awake 2

I'm still awake and dreaming of you.
About your sweet spirit and smile too,
I miss our deep talks and the light ones too.
Plain and simply I just miss everything about you.
You're my sweet lady and angel on high,
I'd do anything you asked or needed me too.
You're heaven on earth and a blessing to me.

I'm still awake and I love you so much,
I wish you were here I'd just sit up in
bed holding you while we talked and
laughed the whole night through.
You just resting your head upon my chest,
our hearts and spirits in synch right
by each other at last.

I want to spend forever with you,
my spirit will forever be restless without you.
Many sleeples nights will lay before me,
until you return there is no true calming.
I'm still awake and I love you so much,
can you feel all I'm sending with all of my warmth?
Catch all of these kisses and hugs,
they're meant only for you my sweet angel dove.
Bless your heart my sweet lady love.

I'm still awake dreaming and praying for you,
please know that I'm there in spirit
holding you tight and so near.
My heart and my life will always be yours,
I love you so much my Angel Queen you're my
best friend who I'll always adore.

Michael P. McParland

Snuggle 2

Come snuggle with me tonight.
Just lay in bed wrapped in each others arms,
smiling in comfort feeling
content in each others loving warmth.
occasionaly kissing while gazing
into each others eyes.
This is what I truly long for.

Come snuggle with me while I
bury my face in your shoulder
finally feeling safe with my dear lady.
Please come cuddle and nuzzle
connecting the way that we so
want and truly need,
Kira I only want to hold you next to me.

Let's snuggle and be calmed by each other,
feeling complete in our arms that we so need.
You are the one I wish to hold for all time,
I need you here to cuddle each day and every night.
You complete me and make me feel safe,
I love you sweet Kira please come cuddle with me always.

Michael P. McParland

Love Note 13

I love you sweet lady
you are my everything.
One day on your finger
I'm going to place a diamond ring.
You are my hero
I'm your biggest fan.
You're my best friend
and Angel Queen.
I love you dear
you are so sweet.
There is none better
I love you babe you're
the greatest woman I'll ever know.

Michael P. McParland

Goodnight Sweet Kira 3

Goodnight my sweet sweet Kira I love you so much.
Feel the comfort and peace as you are
surrounded by my warmth and love.
I miss you tons and send you all these kisses and hugs.
I'm with you now holding your hand and in my arms,
while there are tears flowing from my eyes.
Tears of love from missing you,
tears from how badly I want and need you.
Feel my love as I give you this true love kiss.

Goodnight sweet Kira I love you so very very much,
I'm right next to you just holding you tight.
Don't mind or try to stop my tears,
you've needed to see their openness for years.
With a kiss and a squeeze of your hand
I just pull you in tight to say I love you babe
I want you for eternity to be my wife.
No till death do us part,
because soul mates stay together well beyond this time.

Goodnight Kira my sweet angel dove,
you are my only one and I love you so much.
I am with you in spirit and in the land of dreams.
In that place tonight I just want to hold you
by a soothing beautiful stream.
I may cry the whole time but it is from love.
Goodnight sweet Kira I love you so very much.

Michael P. McParland

Crying Tonight

Lying in bed crying tonight,
I miss my Angel,
I miss my Queen of guiding light.
My heart and soul are pounding with intense pain,
The tears are flowing from my
heart and eyes I wish that you were here.

I'm crying tonight and in the depths of lonely despair,
I haven't eaten or moved in many hours
I hurt and don't care to do those things.
I want my love to hold me,
tell me it's okay.
I just want her here to spend the night and day,
I'm empty and I'm hurting I feel
the tortures of the damned.
I love you darling wonder,
please come hold my hand.

Just lying here in bed and crying,
longing for my love.
I miss you so much my Angel Queen,
please hear my lonely call.
I just want to hold you tight and near,
dry each others lonely tears.
I just want to share with you my loving heart,
and help to heal yours from all the hurting scars.
I love you my sweet darling,
the whole night through I'll just
be laying here crying out for you.

Michael P. McParland

Love Note 12

A little note to let you know
that right now I am with you.
Holding you close to make
you know you're loved and safe.
To just cry on your shoulder
and release all my sadness and pain.
I'know you'll just hold me tight
and stroke my head from all the love you have.

A little note to you my love,
so you'll know you're not alone.
Wrap up tightly in all my warmth and love,
I'm with you in spirit always holding you close.
I love you Kira you're my only one,
I miss you so much please
return to me once again.

Michael P. McParland

A Rest

Time for a rest to recharge myself,
to be at my best to do what there is.
To be clear minded and sound incase
my lady should write I'll be of sound mind.
Not tired so I'll end up getting
confused and not making sense.
So I can tell her all that I need
to apologize and let her know
how truly I love her.

Time for a rest to overall
just be at my best.
Work on the things that have need
my undivided attention the most.
So I can prove to all but mostly my love
that I have improved and will not
stay stuck in the mud of anger where I fell.
A little rest is needed my dear.

To my dear a rest I need and
I wish deeply that you were here.
To hold and to kiss while
holding your hand feeling complete
comfort and peace,
true bliss that would be.
I'll be thinking of you though as
I close my eyes right now.
With a smile my love I send
you my warmth and my love with a great big smile.
I love you my dear in my dreams
I'll be tightly holding you.

Michael P. McParland

I Love You Babe

I you babe and I will always feel that way.
You mean everything to me
and I want to hold you near
and hold your hand.
Please feel all my warmth and love
for to me you are my universe and world.
I love you babe and I always will.

Michael P. McParland

Tired 2

I'm just tired and don't know what to do,
so I'll just lay here listening to
music and rest awhile.
I wish you were here to rest with me,
but you may not want to anymore.
That makes me more tired and gives
the desire to just sleep forevermore.

I'm just tired and miss you so much,
I'm just going to rest until I don't know when.
Maybe cry while I drift away,
I'm so tired I can't hold it anyway.
I'll just lay down and dream of holding you,
I know that's all I want no matter how tired.
So I'll just wear my eye shades and drift away,
I'm tired babe and I love you well beyond the end of days.

Michael P. McParland

Dreamt Of You 6

I saw you in my dreams and it has lifted me.
First I saw you across the room,
you didn't see me but you were
smiling and talking to somebody.
I approached and you still didn't notice
being occupied with being courteous.
When I finally steped up beside you and said hello
you looked up in suprise and then your smile grew
and we embraced tightly and for a very long while.

It's lifted my spirits and my heart,
while at the same time I now long even more.
Holding you tightly within my dream,
has brought a lightness and smile back to my heart and me.
Seeing your smile, beautiful eyes and hearing your voice
are the greatest blessing for right now I could hope.
I dreamt of you and to you I feel so close.

I dreamt of you and my love is even
stronger and overflowing right now.
I love you so much my darling dear and
I can't wait to have you here.
I'll hold you forever and not let you go,
I'll be crying in joy telling you I love you so.
I dreamt of you and it has given me peace,
Kira I love you so much and I'll be ready for you.

Michael P. McParland

Love Note 11

A beautiful day waking
to the image from my dreams
of your gorgeous precious smile.
It's helped start my day in the
happiest of ways.
You make my world so bright
and filled with hope.
I love you babe my desire to
spend all time with you
will never part.

Michael P. McParland

Love Note 10

One last note before I sleep,
I miss you tons my only one.
God bless your heart and be at peace,
I'm always with you feel
my heart beat.
Feel my spirit as I'm holding you.
Whispering in your ear
that I adore you more than can be truly known.

This little note is to
let you know youe loved.
That I'm never leaving
or giving up on you.
You are my light and greatest hope.
I love you dear and I'm
holding you here in spirit my treasured love.

Michael P. McParland

To Sleep I Go

I'm tired babe and it's off to sleep I go,
I'll be dreaming of you as I drift away
and when I get there I'll see you too.
To hold and kiss looking you in the eyes
to tell you how very much you've been missed,
and to say I love you more than the entire universe.

To sleep I go and I'm sending you all my warmth and love,
also feel and wrap up in all those kisses and hugs.
I'll be holding you so very tight your body next to mine,
as I hold your hand and kiss your neck and ear.
Tell you that you are divine,
you're my Angel Queen and your's forever throughout time.
Then we'll just drift away with great big smiles.

It's to sleep I go sweet love of mine,
I can feel your love and warmth over here.
I love you tons and am excited for our time to come.
I love you babe you are my dear,
I'm yours forever never leaving have no fear,
be at peace sweet one I'm with you now holding you
so close to me.

Michael P. McParland

Love Note 9

A little note for
my only one.
You are my peach,
the apple of my eye.
For all your honor and
to keep you safe I'd surely die.
You are my Angel,
you are my Queen.
I love you dear for
all eternity.

Michael P. McParland

Bless You Always

Bless you always my lady of the stars,
you deserve the best in life let there
always be peace in your heart.
Know that you are loved so very much,
that you matter to me most of all.
Bless you that you'll always be
and feel in the best of health.

Bless you always that you'll be safe
and free from any harm.
That you'll be happy and always feel the sun.
Bless you always that you'll feel
my love and warmth with all my hugs
and kisses upon you the one I adore.

Bless you always though most of all,
that you'll always feel and know of
Gods strength and love for you.
You are a precious treasured angel and
one of his most special gifts.
Dear Kira you are a hero to me and
my treasured soul mate.
I admire you in the deepest way.

Bless you always my Angel Queen,
let love and peace you now hold
always reign supreme.
Your charitable heart and soul will
bring you joyful blessings of
happiness yet untold.
I love you dear you are my true love.
Bless you always Kira you are truly
an angel that heals my soul.

Michael P. McParland

Sweet Lady 2

Sweet lady it is of you I deeply dream.
Your beautiful eyes and smile,
a gorgeous angel I truly desire.
A tender heart with endless charity
of deep kindness and love to give.
Sweet lady of mine I truly find you divine.

Sweet lady of my most pleasent dreams,
come hold me let me feel your
warmth it's deeply comforting.
You keep me safe and give me
hope when times are dim,
sweet lady love I give my heart
and life to only thee.

Oh sweet lady my Angel Queen,
will you come take my hand and accompany me?
Through the gates of time,
bound together in matrimony true love never ceaseing.
You sweet lady are the one I love.
You sweet lady are the angel I
give myself to for all time.

Michael P. McParland

Divinity

Divinity is you my dear,
you shine forth to me as the brightest star.
My angel and my northern star,
a guiding light that gives me endless
unconditional love that's saved my life.
You are divinity to me my Queen.
I love you deeply to no end.

You truly are divine to me my love,
a true blessing from our God above.
You've given me a treasure of true love,
something so few will ever know.
I thank you for all your kindness and your light,
oh my divine love you are my beacon of hope.
I truly love you and you are divinity in droves.

Michael P. McParland

Love Note 8

A little note for my soul mate.
I miss you tons but love you even more.
I can't wait to have you here to
hold you close and stroke your hair,
To just lay in bed and lightly drift away
while you stroke my head and face in
the most relaxing calming way.
To just be able to hold your hand
while I look you in the eyes and say,
I love you babe you truly are so great.

Michael P. McParland

Best Times

The best times in my life have been spent with you,
rather we've just been talking or back when
we would just walk along sharing a smoke or two.

I smile always when I think of those great times,
you've always been my best friend from the start
and have given me the best times I have felt in my
my heart and experienced.

You're my hero and my soul mate I love you babe.
Through all our lives even after entering eternitites door,
I know hand in hand we'll share the best of times forevermore.

Michael P. McParland

Goodnight Love

Goodnight love I'm sorry we
didn't get to talk today,
I missed you a lot and was
sending you all my love and warmth,
I wanted you to know I'm always thinking
of you and with you no matter what.
I was holding you tight to comfort your heart.

Goodnight my love as we crawl into bed
I'm holding you ever so close and tight.
I'm sending you tons of kisses and hugs,
and wrap up in my love and warmt to feel safe and peaceful.
I'm with you tonight as every in spirit.
I know soon I'll actually be by you holding
you near and holding your hand.

Look to the stars the brightest is me smiling
at my only woman and love.
Feel it's warm comfort as it envelops you.
I'll see you in dream land where we'll just
cuddle, talk, read, and sing.
Enjoying our time together never wasting a thing.
Goodnight my darling I love you so,
Feel my arms wrap around you and my hand slip into yours.

ILYF KP

Michael P. McParland

Love Note 7

Now as I finally close my eyes
a quick note to say I feel your
heart right next to mine,
our souls touching my dear woman
so truly divine.
You are the greatest woman
and angel of all time.
Goodnight sweet lady of mine.
I love you so deeply you
are my only one.

Michael P. McParland

Thank You Kira

Thank you Kira my dear
for all your kindness and love.
To me it means everything.
You are my Angel Queen
and a true heaven sent blessing.
I just want to say thank you
and I love you my sweet Kira.

Michael P. McParland

Goodnight Sweet Love 3

Goodnight sweet love may God bless you deep and true,
also feel all my love and warmth envelop you,
be filled with joy by all the hugs and kisses
that I also send along.
I'll be holding you ever so tight,
whispering in your ear I love you dearly babe
and everything is alright I'm here for you at
every turn and for your every need I will forever be your man.
You mean everything to me you are my Angel Queen.

Goodnight sweet love I can't wait to have you near,
your love is the greatest thing I crave.
To hold your hand as we just smile at each other
as we drift away to sleep is all I truly want each night.
To say I love you dear and know when I wake you'll
still be there is the greatest gift this mans
wounded heart of healing could ever have.
So goodnight my love feel my warmth I'm holding you close.
I'm always working so my Queen will have the best.
Goodnight sweet dear you are the greatest woman
on Gods green earth.

ILYF KP

Michael P. McParland

Love Note 6

A little note for you my love
as I lay down and hope to sleep.
I miss you so very much my darling one,
put your hand upon my heart
and feel how for you it drums.
You are the keeper and recipient
of all it's eternal love.
Let it fill you with peaceful warmth.

I love you so much my dear,
please come and hold me near.
Hold me tight to chase away the
nightmares and the frights.
We'll just keep each other safe and calm.
I so miss you my lady love,
but my love for you is so very strong,
so remember I am with you
there and holding you very strong.
Be peaceful and feel safe
for I love you and will protect you everyday.

Michael P. McParland

My Hand In Yours

My hand in yours as we lay in bed.
Your head resting on my chest,
both smiling as we just lightly drift.
Content, peaceful, together,
fulfilled at last being in each others arms
just lying in bed holding hands.

Lying here on my back my hand in yours
as you lay next to me with your head on my chest,
I know now all is finally right,
for being with my true lady is a blessing
only so few men will ever get.
The gift of true love from the woman he adores,
my hand in hers just enjoying her spirit
and soft delicate skin.

My hand in yours just lying in bed,
as I whisper Thank you Dear God for this blessing,
a sweet Angel to give me hope and
guidance with companionship I have wanted,
and with a woman I truly adore.
Then pulling you close with my arm around your shoulder
I give you a kiss tightening my hand in your hand
and say I love you sweet Kira I am yours forever.

Michael P. McParland

Coffee And Cream Chocolate

Sitting here eating coffee and cream chocolate
while writing and reading love poetry all
the while just dreaming of thee.
The perfect mixture for art of the soul and heart.
I wish more than anything you were here to take part.

Later I'll be reading some books and watching a film,
undoubtedly write more poetry just for you,
while I'll be eating coffee and cream chocolate dreaming
of all we will do and all that we'll share,
just wishing that I could hold you now.

I'd give all that I have to just sit holding your hand
and together share my coffee and cream chocolate
because it would be fulfilling and I know you would love it,
and you know that sharing food is great bonding between lovers.
Oh how I would give up all that I have for you to be in my arms
sharing coffee and cream chocolate,
because dear God my dear I love you so much.

Michael P. McParland

Bless You Tonight

Bless you on this night sweet love,
may you feel at peace and feel my love.
Let your heart be calm and hope be strong,
I'll never give up on you my darling one.
I'm commited to you for all time,
take strength as I gather you up
into my loving arms.

Only you will ever truly know
all the things I hold inside.
To this day you know me best,
you're the only one who cracked
the deep walls in so many ways.
Bless you deeply my dear for
you are my true best friend.

May God bless you on this very night,
that your heart be at peace and you'll feel my warmth.
I truly love you and miss your smile,
it's brighter than all the stars
the sky holds with your enchanting eyes.
Bless you my Angel Queen you're my best friend,
my soul mate, and my hero.
The crown jewel of my heart who I give my all.

Bless you dear and please be at peace,
let Gods strong hand comfort you.
Always know of my true love,
I'm holding you tight to chase away the frights.
I love you babe and need you near,
bless you for all your loving care,
my heart is yours through eternities years.

Michael P. McParland

My Thoughts

My thoughts and heart are with you
now just as they always are.
Take peace and solace with that dear.
Feel my love and warmth encompass you,
for I am there with my arms around you
saying it's alright sweet one,
I love you and I am here.
Just close your eyes and we'll
just revel in the peace and true love we hold,
rest while we just feel our love
in each others arms.

My thoughts, heart, mind and soul
are with you now as they always are.
I love you deeply Kira,
just feel the loving peace in your
spirit and bold precious heart.
I am with you always never to part.

Michael P. McParland

Night Note

I drop you this note tonight
to assure you of all the love
and desire of light I hold for you inside.
Rest well and may God spend
the entire night by your bed.
Stroking your hair comforting you
and letting you know you
are truly loved.
I ask him to assure you that
I'm also there holding you near,
telling you that I'm
always and only your man.

I send this little night note
for extra warmth and comfort,
I love you so much and please
let it fill you up to all limits.
You are my angel and the one
that I want through all time.
Kira my love you are my angel
and a blessing I thank my only
God for all the time.
For he knew I needed an extra
special wonderful angel like you.

So I'll end my night note
just by saying you're my greatest
love and my greatest hope.
I love you KP you're
the greatest gift and blessing
for which anyone could ever hope.

ILYF and ever my darling one.

Michael P. McParland

Dancing The Night

With the stars and the moon in the sky
together we'll dance the night away.
Only with you would I let so
loose and freely give myself away.
For you are the true angel of my life and dreams.
The one who comforts and whisks me
away to greater heights of peace while
helping keep and make me feel safe.
The only one who's cracked these walls of defense,
with my precious Queen I'll always
let myself be free.

With the stars and the moon blowing
kisses our way my dear lady of forever
we shall dance the night away in
the land of dreams.
Feel my heart beating as we come together
for our endless earth shattering greeting.
Every second spent with you is
celestial heaven.
I love you so much God forever bless your tender heart,
and please know for you these walss came down,
and when you're ready all tales will be given and told.
You are the Angel Queen of my greatest dreams.

With the stars and the moon as our only charms
we forever dance and sing the night away,
for you are the only one I choose, need, wish,
and truly want to spend every night and day.
You are my sweet angel dove and hearts true home.
I'm always with you and always here,
when you come I'll just hold you near as all my tears
finally breach and openess speaks.
To tell you how much I love you,
how much I've missed you,
and how deeply I will always work to show you
that I truly love you and want to be your eternal man.

So then my dear as we make our vows for time long before us,

we'll eternally dance with in the moon and stars
for endless years and hours.
Until then though we'll see each other and hold hands,
fulfilling each others needs in the land of dreams.
I love you with all my heart, soul, mind,
and being for eternity my Angel Queen.

Michael P. McParland

Goodnight Sweet Lady

Goodnight sweet lady I can feel and
hear your hearts call and tug.
I'm so truly sorry for stupid things
I said and did.
Please just feel at peace knowing and
feeling my warmth and love,
please don't be in pain.
I love you truly my Angel Queen,
you are my only one.

Goodnight sweet lady feel peace
as I wrap you in my arms,
feel at one with me as I say it's
all okay I'm here and never leaving
I love more as time goes on.
Wrap up warm and safe in all the
love and warmth I send accompanied
by great big kisses and hugs.
I miss you so much I often cry
hoping and praying that you're alright.

Goodnight sweet sweet Kira I love you so very much,
you're my sweet lady through eternities time,
you're all I'll ever want and need my
soul mate and future bride.
Please be at peace and feel me in your heart as
I hold your hand while in my arms.
Goodnight my love I'm always here.
I love you deeply my only angel and true blessing.

Michael P. McParland

I Just

I just want you to be at peace
and filled with happiness.
I just want your love
and total acceptance.
I just want your forgiveness
for all my iniquities.
I just want you to be with me,
holding me protecting each other forever.

In short Kira my darling love.
I just want you and to always
give you my very best and all.
Kira P I just want you to know
that I deeply love you for the
beautiful woman you truly are.

Michael P. McParland

I Am So Tired

I am so tired and I just want you here,
to hold so tight and say I love you dear.
Please help me and wrap me in your peace,
I'm so very tired and just want to sleep.
I love you deeply Kira my sweet lady of my life,
I am so very tired please wrap me in your arms
stroke my head and face tell me it's all okay
I'm here and you can sleep.

I am so very tired my Angel Queen.
Will you come and wrap me in your arms
and your undying loving warmth,
soothe and comfort me with a kiss and tell me
you're always here and that your love as I
already know is undying and deeply true.
Will you come and sing to me and hold me as
I drift to sleep?

I am so very tired babe and just as you love me
I'll always love you too.

Michael P. McParland

My Lady

My lady is one of a very few that knows me true,
she is one of the precious few that's gotten
through these thick defenses I put up around me too.
My lady knows and feels all the love inside
and how I treasure her each day and night.

My lady has my endless admiration,
for my lady I'd do anything.
I love her truly and I know that she's amazing,
My lady Kira is the only one I'll ever give my
heart and life for because I love her more
than anyone can ever know.
To me my lady Angel Queen is amazing.

Michael P. McParland

Be At Peace

Be at peace my love and feel me in your heart,
I know that we'll be together in each others arms.
I love you more than all the stars there are,
please be at peace and feel my love envelop thee.

Be at peace my Angel Queen I'll never leave your side,
I want to be with you eternity through so please
feel my love around you and be at peace.
I love you so even though I've gotten so much wrong
and I want to hold you and say it's alright to
comfort and console.

Be at peace my Kira who I love so much,
I'm always sending you all my love and warmth.
I'll always hold you in my heart and in spirit in my arms,
I'll be here for your return,
I just want to hold you and have beside me forevermore.
Please be at peace Kira because I truly love you so.

ILYF KP

Michael P. McParland

Come Hold Me 3

Come hold me tonight my love,
I feel so very lost and deeply scared.
Let me hold you close and
pour out all I feel.
Come hold me my love and
share our peace and love.

Michael P. McParland

I Love You Kira 6

I love you and I miss you,
I can't wait to just lay in bed and hold you.
You are the center of my heart
and universe.
Oh my love I long to just lay down
and hold you near.

I love you Kira and I want to have you here,
just to lay down and hold and stroke your hair.
The space right next to me is very cold and empty,
I wish you were here to fill it.
I'm sending you all my love and warmth,
please feel me near and holding you very tight and close.

I love you Kira to me you mean the most.
I will one day hold you and let you
know how much you have been missed.
Now I'm going back to bed please meet me there
to hold and snuggle very close.
I love you Kira everyday more and more.

Michael P. McParland

I'll Always Love You

I'll Always love you Kira my angel true,
right now this is the best I can do.
My heart is yours treasure it forevermore
just like I always will you.
Be at peace and snuggle tonight with me.
Hold me tight as I cry out my eyes.
I give always all my love and warmth,
I wrap this as the tears take my sight.

ILYF KP.

Michael P. McParland

Stay In Bed

I just stay in bed to dream of you,
see your beautiful eyes and smile
spending as much time as I can with you.
To hold hands and just talk the day away,
hold each other to feel peace and comforting bliss.

I just stay in bed and sleep to dream of you.
I wish you were here to hold and sleep the day too.
I'm sending you all my warmth and love,
wrap up in it like a blanket of total love.
I miss you and just wish that you were here to have and to hold,
I love you my darling so I stay in bed to
dream of all we'll do just me and you.

Michael P. McParland

Goodnight My Love

Still exausted and back to bed,
I will be dreaming of you
and our beautiful future.
I'm sending all my warmth and love,
with great big kisses and hugs.
I'll be holding you tight and close.
Goodnight love it's true above all else
that I love you most.

Michael P. McParland

More Each Day

I'm missing you more and more each day,
I hope and pray that you're okay
and feel all the loving warmth I send your way.
Wrapping you up in peace and serenity,
so you'll know I'm always there wraping
you in my arms to protect and serve.

I miss you more and more each day,
I send you these great big kisses and hugs.
I love you my darling one oh so much.
Feel my arms and warmth surround you now.

Michael P. McParland

Bless You On This Day

Bless you on this day my love
that you may be shined upon by the sun.
May you feel all my love and warmth,
let it fill your heart and body
so you may be happy.

Bless you on this day and all
there are in your entire life.
You deserve the best and true happiness,
may you be always comforted in knowing you are loved,
You are a beautiful woman I adore.

Bless you on this day sweet lady.
Feel peace and love within your being,
I am with you holding you tight against me,
to let you know you'll forever be my lady.
I love you dear you're the greatest thing
to ever happen in my life.

Michael P. McParland

Listening To Poe

Listening to Poe on audio
to relax me in hopes to sleep.
May his poetic prose in tales
of the macabre and terror bring me
the peace of focus I need to sleep.

Ah my idol of poetry,
a misunderstood and lonely man.
I take refuge and solace in your word.
My Dear Sir Edgar Allan Poe,
hats off to you and bravo.
May your stories carry me away to sleep,
as I lose myself in the exquisite audio.

Michael P. McParland

Bless Your Heart

Bless your heart,
and bless your soul.
I'm right there holding you,
keeping you safe and
watching over you.
I love you dear,
I'll forever protect and
watch out for you.

Michael P. McParland

Goodnight Kiss 7

I come to you with this goodnight kiss,
feel it's passionate power with my immense
love and warmth to wrap you up.
I'm so exhausted my dear I want to collapse
in bed with you take you in my arms and fall asleep.
Please treasure and feel the sincere soul depth
of this love filled good night kiss.
I'm sending you all my warmth and love,
and as always great big kisses and hugs.

So tenderly and firmly I plant this goodnight
kiss upon your luscious delicious lips.
Sleep well my dear for I am there in spirit
holding you the whole night through,
kissing away all the longing pain.
I love you my Angel Queen.

Michael P. McParland

I Just Ache

I just long and ache in this lonely state,
I'm missing you in the most awesome painful ways,
I just want you here to tell me it's okay,
wrap me in your arms and heal the pain,
while for you I do the same.
You and I deserve to feel better and by each other feel safe.

I just ache to be away from my precious one,
it also kills me to know you're also in this zone.
It feels like my heart is being ripped in half,
I just want to sleep but can't, nor eat,
I'm just here in exsistence.

Please dear though don't hurt or worry over me,
I don't want you to feel the stress of my burdens.
I feel sad enough that you already hurt,
please don't take on my burdens.

I ache so bad and am wretchedly sad,
yet know and feel my heart and warmth are always with you.
I love and miss you very much.
Oh my dear in every way I need your touch.

Michael P. McParland

Please Love Me Forever 2

Please love me and hold me in a treasured
place in your beautiful heart.
Please love me forever my sweet Angel dove,
please come back and hold me.
Just share your wonderful spirit and
personality with me it's a true gift to any man.

I love you through all time,
never have a fear or doubt about my sacred vows.
I just want to hold your hand and share my life with you.
I'll never stop admiring or treasuring you.
To be your husband is the greatest thing that I can dream.

Please love me forever my only one,
and I know in my heart and soul you always will.
I know it's there all the time and it's the realist thing.
Please love me forever and come and hold me close.
I love you dear I love and want you of all people the most.

Michael P. McParland

I'll Never Forget

I'll never forget you in even the smallest way,
not today, not tomorrow, not in a zillion years,
you are a vital part of my most treasured memories.
You fill up the largest parts of my heart,
you take more than a little piece,
and that's the way I want it to be.

I hurt way too much to go on at length,
I assure you though I do feel of your precious love.
I know it's there I know its strength,
you are my special lady.
I'll wait forever if that's what it takes.
I love you my Angel Queen there's so much
I want and need to say,
but I feel confused, scared, lost and am hurting great.
I just want you to feel my loving warmth and know
I'll love you through eternity and I'm always here.

Michael P. McParland

I Adore You

As I once again attempt to sleep,
just want to tell you real quick that
I adore you and admire you,
I deeply long for you.
You are so very special to me.
I love you babe and
I adore you.

Michael P. McParland

I Hold To Hope

I hold to hope because I feel your love,
I don't believe we're done yet because
we have a bond that holds us tight.
A true love we can't quite explain,
all we need to know though is that it's there,
and what we share is special and truly rare.

I hold to hope because I just know and feel it in my heart,
your heart and spirit across the distance speak to me.
Keep the faith and be filled with peace my darling,
just hold to hope because I love you sincerely and
I have faith in what my heart and soul know.

Michael P. McParland

Please Let Me Know

Please let me know that you're okay.
I need to know you're well and safe,
that you're not in danger of falling
apart in any way.
I love you and need to know you're okay.

Please let me know that you're not crying
in deep agonizing pain.
I want you to be happy in all the warmth I'm sending.
I am concerned for your well being.

Please just let me know that you're okay.
I can't take the thought of you
suffering in deep throbbing pain.
I just want to help heal your heart
because I love my sweetheart.

Michael P. McParland

My Heart, Your Hand

My heart is in your hands,
exactly where I want it to forever remain.
It's yours to keep because
I just love you so very deep.
Feel its beat as it speaks to you
bareing witness of all it holds.

My heart is in your hands please
treasure everywhere you go every day.
I continually pray and hope for
the day that we reunite in our true love.
With my heart in your hands you'll
know the truth of my sacred promise.
To honor, cherish, and always love you,
you'll feel the power of truth that
I'm never going to leave you.

My heart is forever in your tender loving hands,
I want you to have it for eternity.
When all is solved and we see each other again
I'm just going to hold you and cry,
then tell you how much I love you and have missed you.

Michael P. McParland

My Heart To You

My heart to you forever
it is true.
My heart for you and
only you forever
it is true.
For I truly deeply love you.

Michael P. McParland

I Miss You Dearly

I miss you dearly my only one.
It hurts so much and I'm lost
on just what to do.
I just know I love and miss you,
and that I'm hurting deep inside
to just hold you and tell
how deeply I feel for you.

I miss you dearly my lady fair,
I'm breaking apart inside
not knowing what to do to make
everything right and better.
Just know I love you deeply,
I miss you babe and I'm lost completely.

Michael P. McParland

A Prayer For You

I always pray you'll know the truth of my love
and my sincerity in all the things I've said,
for you to feel my love and warmth
always within your precious heart.
I'm not leaving just offering this prayer
for you Kira the one I truly love.

I pray for you to always feel the sun and be happy,
no gloomy rain to cast a shadow over you.
I pray that all the pain in your body will subside
and you will be free of all maladies through your days.
I want you to have the best above all the rest.

I pray that all problems in your life will be solved,
to put your heart and mind at ease with comfort and security.
I always pray for your heart and mind to be at peace.
I promise you that I'm not leaving,
just offering up this prayer for you.

I pray that you'll truly know you're beautiful,
a stunning woman that God created with
the most exquisite hand to make you truly pretty.
I pray that you'll know I'm always here,
that I truly endlessly love you.
I pray you'll know I'm here and never leaving.
I love you dear you are truly a blessing to me.

Above all else though I pray for you,
to always have happiness in everywhere you go
and everything you do.

Michael P. McParland

Feel Like Crying

I feel like crying and feel
close to doing it.
I'm in pain and can't
sleep don't know what to do.

I can't read and must
force myself to eat.
My heart is weeping
with an endless river flowing.

I feel like crying and
I might just do it too.
I'm so alone and missing my one.
I'm lost right now
in brutal pain.

I feel like crying and
I'll just let the tears roll.
I'm sad without you,
my heart is heavy.
I miss and love you intensely.

Michael P. McParland

Longing

I'm longing for you to be here,
hold me, kiss me,
hold each other and say I love you.
I long for you my darling dear.

Michael P. McParland

Love Note 5

I want to drop you this little note
to let you know I love you sweet darling one.
You are the crowl jewel of my very heart,
noone else could ever take your place.
When I hurt the most are the moments
I can't sense and touch your soul,
it breaks apart of me each time.
You fulfill an empty side of
me that is yours to have.

I love you babe and need you
more than you can truly know.
You're a beacon of light and
my sweet dear angel.
Please take my hand and hold me now,
I need you here sweet lady of my life.

I love you so and I want
to spend eternity with you
my Queen, my hope,
the only woman I'll ever love.

Michael P. McParland

A Small Rest 2

I'm so tired and in need of sleep.
I won't get much though I can feel it.
I miss you so very much,
and I just want you here to hold me close.
I'm longing and in need of you
loving spirit to soothe my soul.

I'm very tired and need at least a small rest,
I'll just lay here and think of you.
Your eyes, your smile, all our times
and conversations that we had
so I'll feel you close at hand.
I miss you and I need you
you're my only one.
I love you Kira I'll be holding you.

Michael P. McParland

Aching Bad

Aching so very bad for you.
I wish you were just to
hold hands and talk to.
Look in each others eyes and
just revel in our loving connection.
I miss my angel so very much.
I badly long and ache to
have you here and feel your touch.
You are everything I want and need.
I love you Kira darling,
I so badly ache for thee.

Michael P. McParland

Sweet Dreams My Angel Queen

Goodnight and sweet dreams to you my Angel Queen,
I wish you were here or I was there so when we
climb into bed you'd be there to hold as we sleep.
Having you there to feel safe and warm each night
is the thing I truly long.
You are what's missing from my days, my nights, my whole life.
I wish you were here to hold as we go to bed.

Goodnight and the sweetest of dreams for my Angel Queen,
I'm sending you every last bit I have of my love and warmth,
also don't forget those kisses and hugs for you to wrap up in.
I'll be up for a very good while yet,
but don't forget I'm there with you in spirit holding you tight,
whispering everything is true within my heart,
you are the woman I'm going to spend eternity with,
it's alright my love so be at peace and feel deep calm.
I love you so dearly my sweet angel dove.

Goodnight and sweet dreams my precious Angel Queen,
always look to the stars to see and feel me.
Let my warmt envelop your heart.
I'll always protect you in every way,
and from your life I'll never part.
I love you babe and miss you so very much,
just hold my hand while I wrap you up and hold you in my arms.
I love you deeply and forevermore my Angel Queen.

Michael P. McParland

Please Know (I'm Near)

Please know that I am near and surrounding you
in all my immense love and warmth.
I can feel you're lonely and so am I,
please feel at peace in your precious heart.
I'm holding you close in spirit and just
reassuring you telling you I'll always love you
and am always near.

Please know I'm truly trying all my best,
to improve and be the man that you deserve.
I always pray that one day I see you have got
all my messages and written back to me.
I so long to see and hear your words
they are the reassurance I need right now.
I just hope that soon you'll make you're
long awaited deeply anticipated needed return.
I love you darling more than anyone.

Please feel all my love and warmth and my arms
around your shoulders pulling you in tight in spirit.
I'm right there with you please let your heart
release its sadness and be filled with contentment.
I love you Kira and I need my angel,
you are the one that will help get me through some of these trials.
You are my hero and Angel Queen.
Do you know how much you truly mean to me?
I love you more with everyday.
Please know I'm there and want to spend eternity with you my dear.

Michael P. McParland

I Love You Kira 5

I love you Kira you are the woman for me.
You are the most incredible source of
pure love that I have ever known.
Without you I'm lost and sadness overgrown.
I can feel your spirit though and it fills
me up with endless love.
You are magical to me sweet fair lady.

I love you Kira you inspire me to greater heights you know.
Of creativity and art, seeing beauty and what is
truly good and rad on this earth.
Your love and caring make things brighter,
colors and music are more vibrant in clearer
louder more intensely righteous tone.
Your beauty and great big heart are the greatest
things I truly know.

I love you Kira it's boundless breaking beyond
the atmosphere and stretching the universe.
You are my sweet angel dove and Angel Queen who
rules my very heart and I have given and dedicated my entire life.
I love you Kira and I ask of thee will you spend
with me our hearts and souls bound for eternity?
Give me your hand in the greatest gift and honor to any man?
I love you Kira I can't imagine a life without you
in my arms and by my side.

ILYF Kira P.

Michael P. McParland

Love Note 4

A life with you is all I seek,
spent in acceptance and bliss
enjoying each other for who we are.
You are the light of my life.
You're the only one who speaks
straight to my heart making
it sing in precious love.

This love note to you I send,
to say you are the greatest and
most beautiful delightful woman.
You are my angel and my Queen,
you truly are my everything.
I love you more than all the
world you see.
I love you dear you are the greatest
woman in history to me.

Michael P. McParland

I Want And Need You

I want and need you so very much right now.
I want to hold and comfort you to chase away
all the fears, tears, and loneliness we both feel.
You are everything to me and I want to just hold you
as we talk and feel our hearts and sols connect and speak,
communicating like they always have even through the distance.
Kira I want and need you here to hold and soothe both
our hearts and souls so we'll feel alright and calm.

I want and need you babe to hold and kiss and get some sleep,
I'm still so tired and want you here with me.
To tell you how much I've missed you and adore you.
That life is dull and worthless without you,
I want and need you here so we both can feel safe and calm,
knowing nothing more is wrong as long as we are in each others lives.
I want and need you Kira I just need to hold you tight,
heal our hearts and spirits of their very scars.
I love you dear more than anyone can ever know.
You are my angel and my queen,
I want and need you now.

Michael P. McParland

My Only Angel

You are my angel and true love.
What can I ever do to repay you
for all the love and blessings you bring to me?
You are a sweet tender soul that is
immaculate and beautiful to me.

I love you deeply my angel of true beauty,
I can't stop beaming over the
wonderful lady that is you.
My heart sings love songs of the
greatest meaning.
It writes my poetry because you
inspire everything beautiful that
I find and see.
You are my angel and everything to me.

I love you angel Kira.
Please come let me wrap you in my arms,
I'll tell you what you mean to me
with tears of pure joy in my eyes.
Your love and you are everything I want.
Will you spend eternity with me
where we can have each other for all time.
I love you babe you are my angel and only love.

Michael P. McParland

Don't Cry

Don't cry my only one,
for I am always with you.
Holding you in my arms spirit to spirit.
To know you're crying
another piece of me dies inside.

Don't cry my love of eternity.
I can't take or stand for you to be in pain.
I write you on a regular
basis to the only place I truly know.
Hoping and waiting to talk
so we can figure everything out.

For you to be in pain
knowing I caused an ounce of it.
Makes me want to take my life in retribution,
for I should pay the highest price.
I can't deal with the pain you feel.
Seeing your tears is the worst
thing there is to me.

Don't cry my tender love.
Please feel all my warmth envelop you,
feel my arms around and this
deep passionate kiss.
Then dry your eyes and please feel
better and give your gorgeous smile.
A smile of an Angel that's courageous.

I love you sweet and you're
everything and more to me.
Please don't cry and feel you are alone.
I'm always with you and praying for your return.
I love you babe you're my universe.

Michael P. McParland

Dreamt Of You 5

In my long slumber of recovery I saw you.
The nightmares tried to haunt and assault me,
then you came and fought them away.
Wrapped me in your arms and said I'm here my love
and now everything's okay because they can't hurt you.
My sweet angel from above came and rescued me from harm.
I thank you to the ends of the earth for all you've done.

I dreamt of you and found the peace I needed to
recuperate for a little bit from all the time
I haven't slept from deep sorrow and stress.
You are my guardian Angel Queen and you're the best.
May God always deeply bless you for your beautiful
tender loving heart that keeps giving despite its scars of hurt,
you truly are a miracle of all that's pure, righteous, and right.

I dreamt of you my darling dear and you held my hand
while holding me keeping me near.
Telling me all the time that you love me
and will always be there.
I just love you eternally and with all my entire heart,
soul, mind, and glowing being.
Thank you love to me you truly are everything.
I'll love you through all time my sweet angel dove.

Michael P. McParland

Love Note 3

As I lay here trying to sleep
I want to drop you this note sweetie.
Your love envelops me in every way,
I carry it with me everywhere everyday.
It keeps me strong and full of faith.
It helps me know I'm not alone.

I love you babe and wanted to send
this quick note to let you know.
How I truly miss you so.
You are my hope and true soul mate,
without your love I'd be lost and full of hate.
I truly love you dear you are so great.

Michael P. McParland

Come Rest

Come take my hand sweet Kira and lets go to bed and rest.
I'm worn out and mega tired I just want to
fall asleep holding your hand wrapped up in my arms,
feeling your body next to me giving warmth and security.
You are my angel and help get me through the long
cold and lonesome nights.
You keep the nightmares at bay with your tender love.
Come take my hand and snuggle in my arms,
let's go to bed and get our needed rest.

Goodnight sweet lady look up to the stars and see my
warm and loving smile.
I'm sending all my warmth and love with great big
hugs and kisses to wrap you up in comforts hope.
I'm holding you the whole night through,
just sharing all I am to help us be in peace
and feel endless comfort too.
I'll also see you in the land of dreams where
every little fun thing we planned we'll do through the night,
feeling content and happy in our shared hopes and plans.

Come take my hand and let us slide beneath the sheets into bed.
I want to hold your hand while your wrapped up
in my loving arms.
I miss you dear and can't wait to have you here.
I love you babe you're the northern star that guides me through.

Michael P. McParland

I'm Filled

I'm filled to bursting with pure true love for you.
I'm overflowing with admiration for my one,
each day something new or even one I've always
known comes along that even further inspires.
You are the sweet Angel of my only hopes and dreams.

You fill me up with hope and light that my life
is not caught in the dark and has something right.
You bring me close to tears in your deep beauty,
yet not of sadness you just give me joy unequaled.
Kira my love I'm filled up with true love
and a sacred need to always be there with and for you
serving my sweet Angel dove.

I can't wait to have you here to hold and talk the
days and nights away never feeling times sway.
I can't wait to bond as one in sacred romance
with my only one,
being closer in heart and spirit a true blessing.
I'm just filled to overflowing close to bursting
with a true pure love for Kira P. an Angel from above.

I'll be with you and by your side for the lengths of time,
for you my love is everlasting and all others I am blind.
I'm filled with need and missing my Angel Queen,
but I know in my heart and soul that she'll be back.
I love you dear you cheer and pick me up.
I'm all filled up with your love and feeling
the singing call of our unbreakable God blessed bond.

Michael P. McParland

What Can I Say More?

I love you deeply babe and you're so beautiful to me.
I treasure you for the sweet woman you truly are,
I know none better and I want to be with you forever.
You're all the things I want and find truly right,
you give me such glowing feelings of tender love,
a special tingling which is something for only you.
You're my Angel Queen and only one,
I so deeply love you Kira dear.
What can I say more.
You're the woman of my dreams and want
to spend eternity with you forevermore.

Michael P. McParland

Angel Queen

You are my Angel, my Queen, my world,
my universe, you truly are my everything.
My heart and soul are filled with you,
I'm bursting with true love and light over you.
I want to hold you near and tight within my arms,
I want to take you hand in hand through all time.
Showing and giving you all my very best.
You are my Angel Queen you are the pinnacle of my life.

You are my Angel Queen I hold so dear,
a true diamond in the rough I treasure
and cherish deep in my soul.
I hope you'll honor me through being by my side.
You inspire things within my heart,
I've never figured out just how to adequately describe,
I just know you make my heart swell with loving pride.

You truly are my Angel Queen,
the lady I truly want and need.
You pick me up and help me feel free.
I can only pray that I do special things
for you as well.
I want my Angel Queen to know her awesome worth.

I want to share and give you endless caring love.
Take care of you and treat you as royalty
just like a husband always should.
Give you all that you deserve and need.
I just hope that I can always provide
you with the loving care and patience
your sweet heart needs.

You are my Angel Queen and only one.
I will never ever stop loving you,
for you are my heart, my soul,
my essence, my universe, my everything and all.
You are my Angel Queen who is the best there is.
I love you truly, madly and completely.
You are the one who has me through eternity,

my dear Kira sent from heaven.
The woman I'll always love,
my sweet Angel dove.

Michael P. McParland

Wakeful Thoughts

I miss you love and hope you're well.
I hope that your smiling and feeling
warm and calm in full peace.
I can't wait to have you in my arms,
to pass away the lazy days just you and me.
Holding each other in our sacred bond.

I'm still awake and haven't slept a wink,
I just wanted to say I love you babe
and miss you tons.
That I hope you're feeling content and safe,
knowing that I love you feeling all
my warmth I send to you.

I wish I could hold you in my arms,
laying here in wakeful thoughts.
I'm longing to hear your sweet loving voice,
to read your words in a loving email.
Your words in any form are gifts
from heaven by my Angel Queen.

Just laying here in my longing wakeful thoughts.
I love and miss you so very much.
I can't wait for your return to wrap you up.
Hug you, kiss you, smile and look you in the eyes,
say I've missed you babe but now you're
here and life's path is now truly clear.
Heavens graced me with my only one.
I love you sweet Angel dove I love you for all time.

So I sit and dream these things.
I miss you dear please soon return to me.
I hope you're well and I want you
to be happy every day.
I love you babe you are my Queen.

Michael P. McParland

Be Filled With Peace

Be filled with peace my love.
Feel me there holding you
telling you how much I
love and need you.
I'm taking your hand and
saying I am here to stay,
and I won't ever break your
heart by abandoning,
or ever again using coarse words again.

Be filled with peace and all my warmth.
Your happiness is what
makes my day and lifts my heart.
I'm always yours and only yours.
I love you darling please
feel contented happy peace
flowing within your soul and heart.

Michael P. McParland

Time To Sleep Sweet Dear

It's time for me to sleep sweet dear
I miss you so very bad.
Come hold me as I lay down,
envelop me in your deep warmth and love
my only love.
Help me feel safe and calm,
soothed in your precious charm.

It's time for me to sleep sweet dear
and I pray to see and hold you in my dreams.
It's you that gets me through
the rocky places guiding me by hand.
I love you babe you my hero
and my angel that gives me strength.

It's time for me to sleep sweet dear
and before I do I'll pray for you.
To be happy and contented in your precious heart.
To feel my love and warmth knowing
that my devotion is steadfast,
and so you'll not be in any pain
and can move about as you truly wish.

I love you babe and it's time to get some sleep.
I'll be sending you all my love
the whole time through.
Please hold me tight and hold me near,
keep me safe from all my fears.
I love you dear and you're the only one
that has my heart and soul my sweet angel dove.

Michael P. McParland

Sweet Dear

Sweet dear I'm reaching out for you,
please take my hand and let me feel you here.
I long to have you body next to mine
feeling your warmth protecting me
while I look into your eyes and let
you see the loving depths my soul provides.

Sweet dear it's you I long to have
right here in bed with me.
Cuddling and speaking without a single word.
Our hearts and souls connecting
in our sacred soul bound bond.
We don't need to speak when
for many years we shared ourselves
across great distance of land.

Sweet dear I'm reaching out to take your hand,
provide you with the knowledge that
I'm here and never leaving.
For my angel I'm forever hard at working.
To give her all the greatest love, peace,
and great hope I know she's so badly craving.
I want to provide that all and give
you the greatest life and dreams of anyone.
Make a family and help it healthily grow.

Sweet dear take my hand,
you're I want to help get me through this land.
Your love provides me with great joy and life.
Sweet dear I'm reaching out because I
truly love and cherish you.

Michael P. McParland

Peaceful Dreams

You are all my peaceful hopes and dreams.
You truly mean everything to me,
I need you here my sweet lady of my dreams.
Both in sleeping and in waking
you're the one of peace of whom I seek and see.
You are all my only dreams.

Dreams with you make me feel complete,
they soothe me in your comfort and peace.
Your heart and spirit speak to me,
as you look and smile giving me encouragement.
Filling me up with your angelic light,
giving me a purpose which is to be my
best for you to always make you proud.

I just want to show and give you all my love there is.
I love you with such endless passion
and have so much to offer you.
I may not have always been the best or
lived up to your greatest needs and hopes,
but I've worked to improve and I hope
to show you that you are the woman of my dreams.

In all my dreams both waking and sleeping
you're all I see for your the best.
You complete my lonely heart and life.
Being with you for eternity is the only
hope I have left.
You are all my only dreams because my heart
is yours you see.
I gave it to you when I was 15 and I've
always wanted you to have it forevermore.

In my dreams you're all I seek and see.
I love you my sweet angel
for me your everything,
and right now and through this life
you're all I'll ever need.

Michael P. McParland

I Need You 3

I need you Kira plain and simple.
You are my lady and angel.
You are my Queen you are the greatest.
In short my love I want you
to be here so I can hold you.

I need you Kira I'm sick
of being alone without you.
Please come back and let's
figure everything we need out.
I love you Kira you're my only lady.
In short I need you more than ever.

ILYF and ever KP

Michael P. McParland

Weary Smile 2

As I sit here awake
it's of you I deeply think.
I'm tired and I'm weary
but your presence and memory make me cheery.
I can never get enough
of you sweet lady.

Your smile your glow,
all the ways you made me
laugh I play over and over.
Your eyes pulling me in deep,
as you just lovingly smiled at me.
I wearily smile in my fatigue.

You're one of the very few things
that still makes me smile.
You're a beautiful woman and
I want you to know that.
I miss you so much and I long for your touch.

Just sitting here awake
on this dead quiet night.
Thinking of you my only
darling and I wearily smile.
I wish you were here just to
cuddle and pull in close,
shut our eyes as we just
enjoyed each others peace,
so I just wearily smile and say,
I miss you babe and
I truly love you so much.

Michael P. McParland

A Prayer

A prayer for us I offer up.
So we may always be happy
and together always find our way through.
A prayer so we'll always know
and feel in our hearts all the
love we hold for each other.

May we always remain in the clearest of minds.
So fear and anger never cloud kindnes
blackening our thoughts and our minds.
Let us always have and practice
understanding and patience,
so we'll not be divided by moments of anger.
Practice communication freely so we'll
forever be together and have each other.

I pray for all obstacles to soon be cast down,
so we can hold each other and have contentment
and peace in our souls and hearts.
So we can join hands and be for each other
present forever.
I pray that the lonely pain we both feel
we soon end and be over.

I pray for us dear to remain steady and strong.
Always feel and know of each others warmth,
being content feeling the love in our hearts.
I miss you my lady and it deeply hurts,
I hope and I pray that soon we will be
in each others arms healing these scars.
Feel it strong my one as I'm sending you all of my love.

I love you sweet lady and always pray for the best,
in both of our lives every way that there is.
I hope and I pray to soon have you near.
I deeply desire my sweet angel dove.
I pray for our pains to be healed and to
tightly hold you while telling you all is okay.
I love you my darling and that you'll always

know that I hope and pray.

Michael P. McParland

Hold Me Tonight

Come hold me tight tonight
Kira and envelop me in your
loving and protective warmth.
Just feeling a little shaky and scared.
Having your arms around me
tight makes me feel safe and warm.

I love you darling,
and your love for me amazes.
Come hold me tight tonight
and strengthen all our bonds and bridges.
I just need some extra strength
and warmth in your loving arms
please come hold me tight.

I love you Kira my only one.
Let's always keep each other
safe and deeply warm.
You are the angel of my dreams
I can never get enough of you.
You are my hope and light.
Come hold me tight tonight,
I love you so deeply
I want you to be my wife.

Michael P. McParland

No Matter

No Matter the distance
or how long I may have to wait.
I'll always love you to the max each day,
I'll never waiver on my dedication.
I'll always be here just for you.
No matter the time or distance
I'm yours forevermore.
I love you babe.
Kira you're the only one.

Michael P. McParland

Goodnight My Dear

Goodnight my dear I love you so much.
Being apart is plain torture.
I'm sending you all of my warmth and my love,
and I'm covering you in great big kisses and hugs.
Feel safe and calm as in spirit
I wrap you up in my arms.
I miss you so much my only one.
My heart and soul are aching tonight
calling out to you their intense need for you here.

Goodnight my dear don't forget to look to the stars.
That's where we'll dance the whole night long
just holding each other and smiling in the land of dreams.
But it won't be nearly enough or last as
long as we both desire and need.
We need to come together and meet in reality.
To look at each other and say I love you
and I've missed you let's not part ever again.
Spend eternity together which has no end.
I love and I miss you,
tonight me and my heart are crying.

Goodnight my dear please take comfort and
wrap up tight in all of my loving warmth.
I love you so much and want you to always
be happy and be in good health.
Sleep well sweet lady and remember I'm there,
holding you in spirt whispering it's okay
my darling I'm holding you near.
I'm always going to love you and
hold you so dear.
Goodnight Kira my angel,
I love you so much you're my universe.

Michael P. McParland

After All These Years

Even after all these years
it's still you and only you
I truly unconditionally love.

It always was you and will be
for all time just you I love,
even after all these years.
I love you babe.

Michael P. McParland

Please Don't Cry

Please don't cry my only one.
It breaks my heart to know, feel,
and see tears running from your eyes.
Please feel contentment and my loving
warmth and peace within your precious tender heart.
I love you more than anyone in
heaven and earth.

Please don't cry my sweet Angel dove,
know that I am always here for you.
I want to spend forever by your side
and no matter what should ever happen
I will tend to and take care of you.
I want to heal your heart and take away your pain.
You are my true and only love,
I want to hold you every day.

Please don't cry sweet lady of my life.
Remember that I am here and want to solve our problems.
I want and need us to find a way to
persevere along so we'll always make it
coming out with our bond being ever stronger.
Please don't cry my love I can't take seeing
you wracked with pain and sadness.

I'm always yours my only one
and every second I love you more and more.
I always pray for you to be happy
because to me you're everything.
Please don't cry my love of eternity.
I am your man and I'm always here for you.
I'll love you through the ages,
you are my Queen and Angel.
Please don't cry my only one.
Your happiness is everything to me.

Michael P. McParland

When My Darling

When my darling looks at me and speaks
my heart and soul begin to dance and sing.
In true glowing love she never fails to blow me away.
I'm enraptured by that smile and those eyes,
I am overflowing with love and happiness inside.
My darling love is the greatest woman alive.

When I look into my darlings eyes
and I hear her angelic voice
my knees go weak as my heart melts
and I get that special tingling.
She just amazes me in all she is in every way.
I want to be with my darling Kira for all time.

My darling one has persevered and fought through so very much.
She truly amazes me with her tough spirit
and it's truth of light with all the love she gives.
My darling one you truly are so wonderful.
You are my hero for everything that you have
survived proving you will not be beaten as you survive.

My darling one gives me all her love and it's
the greatest thing anyone can give.
I receive it and her with open arms and a wide open heart,
I'm the luckiest man anywhere to have her heart.
I've given mine to her and my entire life.
Kira P. is my darling and my only one.
I love her more than all the universe.

Michael P. McParland

Love Note 2

A quick hello to my only one.
I hope and pray you're happy and doing well.
I'm thinking of you as I go about my night,
smiling because of your greatness all the while.
I love you babe and I want you to be happy and well.
I want you to be happy in all you do and fulfilled.
I love you Kira and wanted to drop you
this litte note to know.
I'm thinking of you and hope you're doing well.
I love you sweet lady you're the greatest
my earth angel.

Michael P. McParland

You Are My Light

You are my light my darling one.
In all that you have said and done
you have brightened up my world and
given it meaning with your spirit oh so charming.
I miss you my dear will you soon be returning?

Kira my dear you are my light, my angel, my Queen,
To me you are a hero and all that is good in everything,
you are my year round valentine
and you are crown jewel of my heart
my spectacular precious woman.
You are the light of my life
and I love you so very much sweet lady.

You are my light sweet love and I miss you so very much.
Will you please come back and take my hand?
Let me show you the immense amount of admiration and love I hold?
I can't make it through this life without
my special angel and Queen on my arm.
You are my light and I treasure you each day
more and more.

Please don't cry anymore Kira who I so adore.
Know that your man loves and cherishes you
and for eternity wants to hold your hand and
with all my unconditional love take care of you.
Kira my true and only precious love,
I want and need you by my side for all time,
because you are my light and I love you babe
you're truly out of sight.

ILYF KP

Michael P. McParland

Let Us Sleep

Come and let us crawl into bed and sleep.
Find the healing rest and peace we need.
Our dreams will be the most beautiful and wonderful things.
We'll feel contented peace in each others arms,
something we so desperately need and seek.
Come let me wrap you in my arms and we'll sleep.
Recharge our emotional, mental, and physical batteries.

I need you Kira dear the days and nights are so long
and quite often a stressful fatiguing ordeal.
Come please hold me and we'll go to bed for awhile and sleep.
You'll help chase away the nightmares that plauge me
in my dreamful state.
Knowing you're and in my arms will save my mind.
I want and need you Kira angel of mine.

Come let us curl up in bed holding each other in our arms,
feeling comfort also holding hands.
You bring fulfillment and peace to this flawed and totured man.
You mean everything of which I can't even fully explain.
I so deeply love you KP I'm lost and scared without thee.
So please come hold me and for awhile we'll get some sleep.

Michael P. McParland

An Angel

You are a blessing from heaven to me.
You are an Angel that has given and
shown true unconditional love in purity.
You are an inspiration and soul mate whose
amazing heart and soul sing and speak to me.

You are an Angel who has saved me and holds
my heart and soul, everything I am in all.
You are an Angel who I want to spend eternity,
you are an awesome and true inspiration to me.
I love you more than any man has ever loved
anyone through time,
and I know in my soul my Angel feels the same.

Kira you are an Angel and I love you so very much.
I hope and pray you'll honor me with your
hand to be together through all time.
Kira you are my Angel and I adore you in kind.
I love you dearly and I am truly in awe of you.
Kira you are an Angel and I can't express in words
just what you mean to me and how much I truly love and treasure you.

Michael P. McParland

I Miss You Kira

I miss you Kira and am longing for you so very much.
Without you the nightmares when I sleep are so much worse.
You aren't there to protect and comfort me
so all my defenses are vulnerable to attack.
I miss you babe and I'm filled with great amouts of fear.

I miss you Kira my body aches to have you near.
To feel your arms around me and your being next to me.
The space next to me fees empty and has a major void.
It knows that you belong there for you are my souls bride,
I ache to have you there so we can finally be filled with peace
and persevere along our path beaming with endless pride.

I miss you Kira and I'm totally incomplete,
I so badly need you here to let me show you how much you mean to me.
I love to write you poetry but even more I'd like
to do it while you're right here and taylor it
to that very day and moment to honor you each day a new.
I miss you Kira and I can't get enoughg of you.

I miss you Kira and I'm sending all my love.
Please feel at peace in all my kisses, hugs, and warmth.
I love more with every second of every day as it passes by,
I want to share eternity with you because you are my angel and Queen.
I miss you mea tons Kira but I love you even more.

Michael P. McParland

Love Note

A little note for my love
in the short time I'm awake.
I love you my dear and have
been dreaming of you the
entire time I've been asleep.

I'm about to lay back down
to rest a while more,
before I do that Kira
I wanted to tell you
with a hug and a kiss
that I truly love you.
Great big smiles my darling
I'm holding you near.

Michael P. McParland

Exhausted 4

So deeply exhausted I haven't slept in two days,
on top of that I've barely eaten much of anything.
I'm so very tired and am now going to lay down.
Please come and hold me Kira and kiss me
on my face and head time and time again.
Just look me in the eye so I can tell you
I'm so very truly sorry and I love you madly deeply,
and just smile sweetly and say you also deeply love me.
Forgive me in your own time when you're ready.

I'm so exhausted and I'm sliding into bed.
Will you please join me to hold
sharing our warmth and comfort?
Provide me with the greatest
company I could ever need?
Be protected in my dreams by
my best friend and angel supreme?
It would be the greatest honor
and relax and calm my soul to another level.
I love you Kira you are so truly
the only one for me.
Our bond is truly the most amazing durable thing.
How did I ever get so lucky to be blessed
with the fortune of your true angelic love?

ILYF KP

Michael P. McParland

Please Be Happy

Please be happy babe because that's
what I want most for you.
I want for you to smile and
feel the brightness of the sun.
Please feel my warmth all around you love.
I can't stand for you to be sad and in pain,
it tears my heart knowing you're
feeling down and blazze.

Please be happy and think of me
and all my love my dear.
All the things we're going to do
when all has come together
and forever it's just me and you.
Think of just lying in bed with
me holding you reading from a beautiful book.
Just please be happy dear I want
you to have pure joy in your life.
Of all the people I have known
you deserve it most of all.

Michael P. McParland

My Queen 5

Will you honor me my Queen and
accept and let me back into your life again?
I know I'm forever in your heart and soul,
I feel your love surrounding and showering
upon me everyday and everywhere I go.
It makes me feel so special to know
I have your deepest unconditional love.

I just hope and pray among the many things
I do that are about and for you each day
is that you'll have me back to see the benefits of my work.
I also pray for God to stay with me to keep
improving on all these things so I won't
slip up failing you yet again,
because I don't want to hurt or lose you forevermore.

You honor me in so many ways I hope for
this highest chance and honor each day.
You honor me by actually listening and
are interested in what I think and say.
You know me better than almost everyone else
and I know that you truly care about
what I have inside my mind and soul.
Just as I could sit and listen to you
talk and tell me things all day.

So I hope and pray my gorgeous angel and Queen
that you'll consider letting me back into your life again.
You truly are my universe and everything.
I can never thank you enough for sharing who
you are and your divine tender spirit.
I love you babe and no matter what you decide
I will always be your man and my heart is yours.

Michael P. McParland

Goodnight My Precious Dear

Goodnight my precious dear your are worth
more than all the riches in the world to me.
Rest your head knowing I radiate love for you,
you cause me to glow with all the love you return.
Be at peace and feel safe knowing in spirit I'm there,
sliding in bed next to you giving you a kiss wrapping
my arms tightly and lovingly around you pulling you close.
Hear my soul and my heart singing love songs to you,
while I whisper in your ear that I love you and miss you
but everything is alright because I know in my soul
that physically we'll soon come together.

Goodnight my precious dear I'm sending you all
of my warmth and my love with great big kisses and hugs.
Just feel all the joy and pride I have for you
that they carry and wrap up inside,
I miss you so much my hopeful future bride.
Please feel at peace and even through the distance
feel my heart beat and let it calm you and soothe you.
It beats for my true love my sweet angel dove.

Goodnight and sleep well my precious dear
Kira my bright shining Queen.
We'll fall asleep in each others arms in spirit
then see each other in the land of dreams.
I can't wait to gaze into those deep gorgeous eyes,
and feel my knees melt and get a special tingle
as I am mesmerized by your beautiful smile.
I love you so much my beautiful woman I adore.
I can't wait to actually have you here kissing you
all the while feeling that special tingling.

ILYF KP
Sleep well my precious dear.

Michael P. McParland

Don't Be Upset

Don't be upset with me please.
I'm not angry at you in any way.
I just needed to open up and show you my soul.
I wanted and needed to show you
just how much I trust you and love you
in the very best way I know how.
Please don't be upset at me KP,
I just want to hold each other in spirit
enjoying our warmth as we begin to heal
persevering right through it.

I just needed to bare witness and give that to you.
So you'd know just how much I love you
and am truly grateful for you to be in my life,
and that without a doubt or hesitation I'm
dedicated to you well beyond this life.

ILYF Kira P. my sweet fair lady.

Michael P. McParland

I Just Want

I just want your love Kira and you by my side.
That's the most meaningful and important things
I can think of and ever truly want.
Your love and your warmth fill my heart to the brim,
overflowing with soothing acceptance
and unconditional love from and for my Angel.

I just want you here holding me close to your body.
Warming me up with your sweet spirit and body.
Feeling you near is what my troubled mind and soul need,
because you're my lady and you're everything to me.
I just want your acceptance and love that's all I really need.

I love you so much my sweet sweet Kira there are no words.
I just want to wrap you up in my arms while I
cry tears of deep relief and joy.
I just need all of your love that I know that you have,
I feel it in my heart and my soul every single day.
It's just that I love you so much and I want you here.

Michael P. McParland

Moonlight Rain

Sitting in the moonlight rain
letting it wash over me while I think of thee.
Just a night to sit out in
a light breezy summer rain,
and think of my only love and how she is.

I always smile when I think of her,
because no matter what she lights my spirit up.
She'll forever be an inspiration to this man.
In the moonlight rain I silently pray for her.
To feel my love and warmth and that
in every way she'll be happy and well.
I know she loves me just as much please
help that she will find her way back.
I want to help heal the wounds of her broken heart.
Correct all the wrongs that I have wrought.

In the light breezy moonlight rain
I look to the stars and see you there.
I smile and ask the moon, stars and God to pass my message.
I love you Kira to me you are so very special,
you are the one I find so completely
beautiful as an entire person.
Please feel my love in your heart and soul
and make your needed celebrated return.
I love you more than any man has ever loved
a woman because they never had my special Kira.
I love you babe you are my only one.

Michael P. McParland

I Never Wanted To Hurt You

I swear to you on my life and on those things which
you know I hold so very personal that all I say here is the truth.
I swear on my Buckeyes, my last name and the love
I feel for only a select few that have gotten
through the walls to my heart that everything here is the truth.

I've never lied one bit about how much I love you and cherish you.
For the last 16 years all I've wanted was to be with you,
marry you, have you here by my side,
go to bed every night with you in my arms.
I've never been married and I have no kids,
never even been in a relationship.
I've always remained faithful to you
in my heart and waited all this time.
I could never and would never lie about this feeling or
just come around and play you when I only needed something.
I beat myself up all the time everyday for the things that have
gone wrong and I'm responsible for.
Knowing you're in pain hurts me so deeply I wish you knew.
For just like right now I'm sick to my stomach missing you,
and knowing you hurt my soul feels deathly, painfully ill as well.
I would never play with a heart, I especially couldn't live
with myself if I ever played with yours for some gain.

I would never help another or others hurt you for any reason.
I'd sooner face cruel and unusual torture and punishment
than with the knowledge watch and hear you go through mental
and emotional degradation and dishonor.
I couldn't live with myself as for the pain that I have
caused I can barely take it right now.
April 1st 2011 will forever haunt my mind heart and soul.
I would happily dole out great punishment to any
and all that have treated you bad, hurting severely beating you down
I could never and would never aid a single thing against you.

My love and devotion have always been one million percent genuine.
I'm just a deeply confused and flawed man that in
relationship interaction has no idea what he's doing.
I'm just an inexperienced boy in that area.

I may not always accomplish giving all that you need,
but I always try my best through trying to understand and learning
step by step as I go, I'm not a good man at all.
I'm just a man who's striving and trying his best for
I truly see you as my precious Queen.
What more can I say I'm not cruel, cold hearted and mean.
My temper quite often is from
embarrassment and being angry with myself,
because I know that I'm failing you and you deserve the best.

This is all truth and there's a canyon of more to pour out to you.
I hope you'll come back so I can show and share everything with you.
I'm deeply ashamed and mournful for all of my failures.
I care about you in a way that so few on earth ever
truly get to feel and be acquainted.
I can't even begin to describe it's vast bottomless depth.
That's a truth that comes from my immortal and eternal soul.
I send you all of my love so you'll always know.
I miss you so much and I'm torn up inside.
All these things are the truth and on my Buckeyes, my last name,
the love of my family and you.
I swear that I love you so deeply that it often physically hurts.

Michael P. McParland

Longing For You

I'm longing for you to be here by my side.
Just to hear your voice or read your words
right now would help calm and soothe this aching heart.
I long to have you in my arms rocking back and forth
and tell you that I love you and I know we'll never part.
Our spirits share a special bond that can't be torn apart.

I long to have you in my arms and then pull back,
look you directly and deeply in the eyes then
we'll share that long desired and awaited kiss.
Just thinking of it sends electric
shocks through my body and spirit.
I know it will be the most powerful
experience we can ever imagine.

Then after that amazing moment pull back again
and say to you my God you are truly the most amazing woman,
I'm so filled with love for you I
feel dizzy with all the passion I have for you.
Then I know I'll lean back in and kiss
my angelic best friend again and again.
You are so special to me my lady fair.

I long so much to share my life with you,
have you as my wife forever more.
It would be the greatest honor I could ever know
to be your husband for the eternities and more.
I love you babe I long each second for you
more and more.

Michael P. McParland

I Need You 2

I need you here to hold and tell you
how badly I miss you and your sweet spirit.
There's a gigantic empty void with you gone.
It hurts so much my body literally aches.
Even my favorite hobbies and escapes
don't take the pain away.

I just sit and think about how I wish you were here,
to share all our favorite things enjoying
the things that make us so very happy.
I think about us smiling and laughing,
just looking into your eyes and give a loving sigh.
I need you here my sweet angel dove.
I'm dying inside without my best friend.

I just need and want you here to spend some
quality loving bonding time.
Even just holding each other in total silence.
To just lay in bed with your head on my shoulder and chest
resting and getting the sleep that we need.
Being content in the safety and warmth that we provide for each other.
I need you by my side forever and ever.

Kira my love I need you because you understand me best,
I've shown you more of my soul than anyone else.
It's from true love that I have exposed the scars
of deep pain from others humiliation and abuse.
I'll never talk to another soul about those
because their not my true love like you are.

I need you my dear because I love you so much.
Without you here I'm incomplete,
your my other and truly much better half.
You fill the voids in my life and make
me feel loved and like I matter.
I need you my dear because I love you my sweet angel dove.

Michael P. McParland

Let Me Show You

Let me show and tell you all the
reasons that I so madly deeply love you.
I want to help you see that I know
you are a wonderful beautiful woman through and through.
I want to show you how much I
truly want and need you and will work
so very hard to make you happy in everything we do.

I want to share everything with you from both our lives.
I want to tell you about all my hopes,
adventures, fears and dreams.
I so deeply long to hear about how you grew up
and the years where we weren't in touch.
I want to know every detail about my treasured Queen.

So please come and let me tell and show
you every reason in full how and why I love you to the extreme.
You truly mean so much to me I love you more
than any other woman could ever dream.
I want to spend eternity with you because
your beautiful heart and soul truly touch
my heart and soul and speak to me.
I love you deeply my darling one.
I want to show and give you my best for you are my everything.

Michael P. McParland

Come Be With Me 2

Come be with me babe and let's hold each other close.
Talk out all our problems and heal letting
go of all the fights from the past.
Find the answers and reasons why we acted as we did,
then find the solutions so we can learn and move on.
Please come be with me and lets heal our aching souls and hearts.

I need to hold you tight my dear because the lonely
pain is tearing me up inside and steadily driving me mad.
I hate myself for all of my mistakes and I'm dying to make it right.
I so badly need you near to hold my hand and in your arms,
look into your divine precious eyes and say I apologize.
I'm tortured by what I've said and done.
I can only imagine what it's done to you.
I can't live alone with out my best friend and only one.
Please forgive me for all I've done.
I love you so very deeply do you truly know?

Please come be with me so we can hold each other so
very tight and very close.
Feel our hearts beat while our spirits speak.
Together they will heal with our tender hearts.
As we speak the words of love promiseing we'll never part,
for our bond has held us true and strong and we both know
it's alright because it's been pure and right all along.

I love you so very deeply KP.
You mean a million universes to me.

Michael P. McParland

My True Love

Kira my dear you are my one and only true love.
When we first met I was taken away.
Not long after that you had captured me
and for eternity to you I gave my heart away.
Almost 16 years ago and in all that time
my love for you has only deepened and grown.

You are my true love and I want to be by
your side for the rest of my living days.
Counting my life on this side and the afterlife too.
I want to spend all of eternity with you.
You are my soul mate that lifts me to
brighter new heights.
You give my spirit hope and a reason to live.

You are the lady I work so very hard for.
I'm working to become a better man so
you'll always know what you're worth as my Queen.
I just love you so much I want to
give you all that I have and I am because
you mean the universe to me.

Kira P. you are my true love and all that I seek.
I cherish and adore you for all that you are.
You're a grand lady with a big loving heart.
You have unconditional love and that's a lost art.
I admire your toughness and how you've persevered,
I admire my Angel and hero that you are.

You are my true love and the one I adore.
If I can't have you than I'd rather be alone.
I gave you my heart and it's yours forevermore,
I want you to hold it and treasure it wherever you are.
You're the only one worthy because I love only you.
You mean so much to me without you I'm lost
I don't know what to do.

Kira my love you're my only one.
Will you honor me by giving me your hand?

Will you be wife and partner for eternities time?
Will you let me take you in my arms and forever be mine?
Will you give this poor man the greatest gift that there is?
Will you give me your heart making me the richest man there is?

You're my true love and the one I adore.
Sweet lady Kira you are the greatest woman alive.
I love you so much you are my Angel and best friend.
I want to spend all of time with you by my side
sharing and enjoying our unbreakable bond to no end.

Michael P. McParland

Holding Hands

Just holding hands you and me,
that would be a sweet thing to me.
Just sitting back on the couch at night,
holding hands and talking about everything in sight.
That would be an ideal time.

Holding hands with you is just one
of the very many ways I will connect with you.
Hand in hand staring into each others eyes,
transcending time and space in spirit
just you and me.

Come hold my hand my darling one.
That just sounds like a fulfilling thing.
To have your hand in mine one arm around you
would make my night because I'd be with you.
I love you babe and I want to sit and hold your hand.
Look into your precious eyes and let you know
that for all eternity I will be your man.

ILYF KP

Michael P. McParland

Bursting

My heart and soul are bursting
with love and joy over you.
I can feel you here by me and
I'm feeling soothed and relaxed.
Feeling you near is right now
all I could hope for and ask.

I'm bursting with love I miss you so much.
I long for your return to hold you so close.
I'll never let go as I just tell you I love you,
rocking back and forth just rubbing your back.
I'm bursting with true love that will
for eternity last.

I love you my angel you're my only one.
Every time I think of you I begin bursting with love.
I give you my heart and my soul,
my mind and entire being.
I give you my all because I love you so much
I'm close to bursting from my pride and joy.

Michael P. McParland

Here In Bed

I want you here in bed right next to me.
Just holding each other as we drift off to sleep.
Content in our love and shared warmth,
Smiled upon from God up above.
Our souls and our hearts finally healing at last,
as we'd lay in bed holding each other
with great big smiles on our faces.

Michael P. McParland

Goodnight My Only One 3

Goodnight my only one I love you so very much.
I'm sending all my love and warmth with
extra special huge kisses and hugs.
I'm holding you in spirit to keep you safe and warm.
Know that you are truly loved for you're my only one.

Goodnight my angel from above and many blessings to you.
Look up at the stars before you lay down and see my smile there.
Let it fill you up with hope and joy knowing that
our roads will no doubt find each other once again.
We truly love each other we can and need to find a way.

Goodnight my only one I treasure you most of all.
With a great big hug and kiss I wrap my arms around you,
I tell you that it's all alright and I'm always there with you,
you are my angel and my hero, my best friend eternity through.
Sleep well my only darling and please feel all my warmth,
I truly love you my only one and want to spend eternity with you.

Michael P. McParland

Sending All

I'm sending all my love and warmth to comfort you.
Just wrap up within in and feel secure.
I still love you and I know we'll find our way.
God will guide us for true love cannot be stopped.
Our union is in the cards as long as we fight for it.
Our bond is the strongest most durable thing I've ever known.

I'm sending all my love and warmth so please feel at peace.
You're my only love and for you to be in pain
makes me feel so sick because your happiness means everything.
So just wrap up and take solace and comfort within it.
Please feel calm I love you so dearly babe,
and in spirit I'm holding you tightly next to me.

Michael P. McParland

Your Heart 2

Your heart to me is the most
precious thing in existence.
A truly rare and kind gem,
the likes of tenderness so
few can ever know or witness.

Your heart and soul are so divine.
A truly unique and exquisite
combination of the greatest kind.
You have a generous heart that
only a sweet Queen could ever posses,
it's the greatest gift to any man.

Your heart has captured me sweet lady
and I don't want it to let me free.
For your loving heart means everything to me.
It's shown me worlds of love and glory.
I just love you so much my darling one.

Your heart stands and shines
so truly high above the rest.
Oh my sweet angel dove and Queen,
I'm truly in love and in awe with
all you are my sweet precious treasured lady.

Michael P. McParland

I Hurt

I hurt so bad without you here,
I wish we were at least talking
sharing everything we are me and you.
I just feel so very lonely and empty too.
There's a massive empty void where you belong.

I hurt so much and need you more and more.
You are the only woman I truly love and adore.
I truly don't want anyone else but you.
I look around and no one compares or comes close to you.
You're one of a kind and my best friend,
you are the greatest woman even yet person
I've ever met and known.

My heart and soul cry out to you.
Oh my dear God what am I to do?
My tears are all dried up,
I can't cry because I'm all tapped out.
Inside though it's a torrential fall,
endless weeping from my fractured heart and soul.

I hurt so bad and I want you here,
to hold me in your arms rocking me
back and forth saying it's okay my dear.
I love you too and I'm right here,
just feel my warmth as my soul heals too.

I know you also feel this pain in you bad.
You hold immense endless unconditional true love.
It makes me hurt all the more to know
you are in pain feeling that aching throb.
I just want to hold you near and help
heal your broken heart and soul.
We need each other so please come and talk.

I love you babe and I hurt so bad.
You're love is the greatest thing a man can have.
I just want you in my life forevermore,
so please come take my hand so I can

show you all the work I have done.
To be a better man and be the best for you.
To serve and honor my Queen is all
I truly strive to do.
Because I love you more than anything.

So please just know each day I love you more and more.
Which just makes the pain exponentially grow.
I need you babe because you are my angel from above.
You're my best friend and my hero,
I love you truly dear and without you
here I hurt so very bad.

Michael P. McParland

Sometimes

The Pet Shop Boys were right.
Sometimes you're better off dead,
you think you're mad too unstable.

I hurt so much and I'm missing you.
Have no doubt my love that I'm in pain hurting too.
I know you're lonely aching where you're at.
I want to cure us both and get rid of
all the lonesome pain we share.
Just hold you and wrap you in my warmth,
kiss you then look you in the eye and say
I am here to stay now it's alright.

I hurt so bad and I know you do too,
please come back and talk to me and
we'll figure out just what to do.
I love you and I miss you oh so much,
Oh my darling I just want to die
from all this lonely pain.
I just sit and think dreaming of you all the time.

Sometimes you truly are just better off dead.
I'd rather be in my grave than separated from you.
You are the one that brings me endless hope and joy.
Please come back my love and talk away.
I can't stand this lonely, longing, aching pain.
I love you so very much and
I just truly need and want you here.

ILYF and ever my sweet sweet Kira.

Michael P. McParland

Burning Heart

You set my heart on fire and it's
burning with intense love and passion.
My heart is burning for my only love
and I want you to be my wife forever.
You are the wild one who sets my world ablazing.

You set my heart on fire babe and now
it's burning bright for only you.
You brought a whole new life to my world
and lit it up with wild fire.
I love you darling one
my heart burns just for you.

Michael P. McParland

Feeling The Love

I'm feeling the love between you and me.
I know it's there constantly.
We share a bond that is indestructably strong,
it's been there forever and it's all that is right in the world.

I love you my sweet darling one
and that's truly all that I know.
You are the one I'd give anything for.
I'd walk a million miles and more,
I'd give my whole life just for you
if that's exactly what I needed to do.

I'm feeling the love oh so strong right here now.
It's like you're right next to me holding my hand.
Oh my dear angel you make me so proud.
I'm happy to say I'm in love with my best friend.

Michael P. McParland

Passionate Kiss

I give thee this passionate kiss on your
tender lips to begin the day filled with brightness.
Kira you are my soul mate and best friend,
I'll be by your side through to the very end.
For eternity and more I am your man and you'll be my girl.
I just deeply love you so very much.

To start our day right I plant
on you this passionate kiss of delight.
So we can get on our way knowing for sure
of all the deep love that we share.
To keep us safe on our journeys and
know that we're secure always with each other.
That in time there's no doubt we'll
be back holding each other.

I love you sweet lady and to start every day
I give to you this deep tender passionate kiss.
For you my sweet Kira are my love and best friend.
I want you always to know that I'm always with you
through eternity to no end.
I love you, treasure and cherish you.
Kira my dear I just so solidly love you.

Michael P. McParland

Goodnight Sweet Kira 2

Goodnight my sweet love Kira.
As I slide in bed next to you in spirit
I wrap my loving arms firmly around you.
Tell you I love you my dear have not
one shred of worry or fear.
Your man will always be here.
With a deep passionate kiss I solemnly swear.
I'm wrapping you up in all of my love and my warmth,
all that I have and I am will always be yours.

Goodnight sweet angel Kira I have this
deep tender goodnight kiss for you.
I'm to overwhelmed to express everything so
please just know that I love and I cherish you.
Now as we lay here in bed side by side in spirit
just relax in my arms as we both drift off
to a warm peaceful, soothing, satisfied sleep.
Kira P. my dear I love you so much.

Michael P. McParland

Off To Bed

Off to bed still empty yet.
I'm just going to bury my face in
my already tear soaked pillow.
Cry myself to sleep
while with my right arm reach
over to grab the ghost of you
represented by the other pillow.
Crying to myself all the while
of how I miss you and I love you.
How I would give everything to just hold you,
while all the while I'll just
lay here crying into my already
tear soaked pillow.

Michael P. McParland

Hold Me Tight

I'm laying down to rest my dear.
Hold me tight I'm wracked with shivers.
Help keep me safe and feel your strength.
I'm in need of your love right now.
I'm feeling faint and a little scared,
please hold me tight, hold me near.
I'm laying down and I need your love,
you are the only one Kira that can provide the cure.
I love you babe and I give you
all my warmth and love.
Please help me now as I lay down
and hold me close and tight to make me feel safe.
I love you babe you mean the world,
please hold me tight as I drift away
into the dreaming world.

ILYF and ever KP

Michael P. McParland

Thinking Of You 2

Wide awake and thinking of you.
Wishing you were here and all the
things I long to tell and do with you.
Show you all my love in many ways.
Reading books while hand in hand,
singing songs, laugh like kids at silly things,
write poems about all the things we adore,
just sit and hold hands staring in each others eyes,
then kissing like mad until we pass out.

Wide awake and so badly missing you,
with the running thought that if we could only talk.
Yet still smiling knowing that our
time will soon be in our hands.
We'll celebrate by staying up talking
holding hands and each other like always planned.
Looking toward our bright future that
will last through eternities fortune.

Wide awake and sending you all my love and warmth,
feel me near and feel this kiss let it wrap you up.
You are my love and only one I'm thinking of you
because you're the one that perks me up.
Sending you great big hugs and kisses
they're all yours sweet lady make sure you catch them.

Wide awake and thinking about my only one.
I love you babe and in spirit I'm holding you close,
feel all my warmth and love it's all yours to have.
I treasure and cherish all that you are,
I love you more than anything else by far.

Michael P. McParland

Goodnight Kiss 6

Goodnight love it's time for bed
and to seal the day I plant on you this kiss.
I love you so much and as we lay down
I wrap my arms in spirit lovingly around you.
Feel all my warmth and love with these
great big kisses and hugs I send along.
I truly love you so much.

Look up to the stars and see me up above.
I'm smiling and telling you all about
my true devotion and love.
Feel peace within your spirit,
your safe as I'll always see to it.
I'm wrapping you up to hold you all
night long in spirit.
I love you more than anyone can comprehend.

Goodnight my darling and let's end the day
with this great big passionate kiss I give you now.
We'll just cuddle the whole night through,
well I say it's alright and sing to you.
Give you all my warmth and let you know
I'll never leave I'm always going to be there.
I love babe you are my only one.
Through all eternity I am your man
and you'll always be my Queen.

ILYF and ever KP

Michael P. McParland

Safe

I feel safe now and I owe it all to you.
You give me endless strength and warmth,
I love and thank you so very much.
You have locked me up inside your
loving soul and arms,
I feel secure knowing I'm so deeply loved.

You keep me safe and protected from all the cold,
I love and thank you so very much you are
my true Angel in so many ways yet untold.
I love you Kira my darling only one.
You've wrapped me up in your unconditional
loving warmth making me feel safe.
Thank you my only one I love you more than
the entire universe.

Michael P. McParland

Everyday

Everyday I love you more and more.
You are the precious dove whom I adore.
I admire you in all your beauty.
Those shining eyes and beaming smile.
You melt my heart with your wholesome beauty.
Your pure and true unconditional love speaks volumes.

Everyday I love you more and more.
I'll never stop loving you my dear
for you're the only one I truly adore.
I love you babe.
I want to be your husband forevermore.

Michael P. McParland

Reaching Out

Just reaching out to let you know
that I still love you oh so much.
Reaching out to let you know that
I'm still here with wide open arms
and an open heart to wrap you up.

I love you dear you are the one I cheer.
I just want to reach out to reassure.
Always know that I am here and will
forever treasure you for the beautiful woman you are,
I am your biggest fan you are to a hero
and my Angel I just stand awe inspired.

So I'm just reaching out to let you know
I'm thinking of you and praying too.
For you to be filled with happy contentment
and feel all my love.
Feel my arms as I fold them around you,
wrap up in my warmth and feel secure,
I love you so much you are my lifes joy.

Michael P. McParland

I Love You Kira 4

I love you Kira and I miss you dearly.
You are the apple of my eyes and
crown jewel of my very heart.
You are the Queen of all that's good and bright.
I forever want to have you in my arms
and for you to eternally be by my side in my life.
I love you Kira you are my Queen supreme.
I love you Kira you're my only one.

Michael P. McParland

My Only One

My only one I love and miss you so very much.
I can't wait to hold and kiss you,
tell you how all has been and you mean the world.
I can't wait to ask how you have been
and make sure that you are alright.
I care about you so much I think of
you all the time.

My only one you are the universe and more to me.
I want what's only best for you and will
always work to show you all my loving heart and soul.
I want to spend my life with you
holding you tight and close.

My only one I ache so bad to have you near.
My heart and soul call out in their lonely pain.
They say I love you dear and I want to have you near,
just hold you close to feel your warmth
and share all of mine with the woman I hold most dear.

My only one I truly love you so.
I'm sending you all my warmth and love.
Please treasure it and wrap up tight,
let it protect you from the cold.
Here along are great big hugs and kisses I send along.
Just feel their love and hear their loving song.
I love you sweetly dear for you're my only one.

ILYF KP

Michael P. McParland

Come Hold Me 2

Come hold me close my only one.
Help me feel safe today.
Having a hard one full of shakes,
I just need you near to help steady the day.

Come hold me close and let me know that you're near,
I just need to hear that you love me
on a sunshiny day so clear.
I love you so much my sweet angel dove.
I'm ever faithful to you for
you're the one I pledge everything.

Come hold me close my sweet lady fair.
Let me reassure you of all the love I hold dear.
You are my angel my light,
if I ever lose you again I lose my whole life.
You are the greatest lady who I gave my heart.
You are the one who I wish to marry
spending all blissful eternity.

Come hold me my darling one so dear.
Let us enjoy this day wrapped up in our warmth.
Never fear I love you through all time.
You are my only one and I have no desire
to spend time with anyone else,
for you are the one I love more than anything else.

Michael P. McParland

Diamond In The Rough

Kira Petranovich my only one.
You truly are a diamond in the rough.
You've persevered through so much,
and you have a heart so big and made of gold.

Your spirit shines forth in its
beautiful unique glory and love,
you are an Angel that speaks to me
of reaching higher planes and
guides me on through the roughest days.

You are a diamond in the rough so full
of kindness and never ending love.
I treasure and cherish all you are,
and you are the woman with whom I've fallen in love.
I want you in my life forevermore.
You are my hero and have rescued me
from a lonely life I have feared.

You truly are a rare treasure that shines above the rest.
You have fought through so many hard times,
and you are still here having withstood those tests.
I love you so much my darling one I
want to spend my entire life right by your side.
You are a diamond in the rough.
One in a zillion can't compare.
You are my light and Angel next to you they all fail.
I love you so my only one,
you are the diamond of my heart and soul.

Michael P. McParland

For Eternity

I will for all eternity love and stick by you.
You are the only woman I've ever truly loved,
and you are the only woman I ever will.
For eternity as long as you shall ever want me
I will be here by your side never wavering,
not a doubt or hesitation in my mind for you
are the woman I truly love with all my heart,
mind, soul, and entire being beaming with endless light.
I swear to you KP for all eternity I will be here by your side
always faithfully serving my Queen and bride,
the greatest woman ever known to me and has ever lived.
For all eternity my only one I promise you,
because I truly love you through and through.

Michael P. McParland

You're The Greatest

You're the greatest person in history to me.
I love you so very much and I want to help you see
why I treasure you so very much and know that
you truly are the greatest and most beautiful girl.

You make me smile and lift my heart to the greatest heights.
You make me feel like a million bucks because you
are worth so much more and you give me all your love.
You are the greatest creature God has ever created,
he made the most spectacular woman I could ever dream of,
you are all the things I have ever hoped and prayed for.

You truly are the greatest woman and love I have ever known.
You fill me with hope, light, pride, and joy,
you are without a doubt the only woman I will ever fall for.
I love you babe you are the greatest thing that's ever
happened to me and I want to marry thee.
Kira my love you are the greatest lady of all time.
I truly love you so my sweet Angel dove.

ILYF and ever KP.

Michael P. McParland

I Miss You 5

I'm missing you so very much.
Each day it only gets worse and worse,
I miss you more and more because I
truly love you so very much.
You mean everything to me,
you are my universe and entire world.

I just want to wrap you up inside my arms,
hold you tight and let you know it's alright.
Kiss you a million times and say I love you,
let you know you are my angel full of light.
I love and miss you babe you are all that
is full of truth and right in my sight.

I miss you babe and it hurts so much.
I can't wait for you to come back so
I can just wrap you up in a huge embrace
and be enveloped by your warmth.
I love and miss you Kira my love.
Please know that you hold my heart and spirit
and that my whole life is yours.
I miss you babe.
I truly love you so very much.

Michael P. McParland

Holding You Close

Goodnight sweet lady I'm holding you close here in my arms.
Been in bed all day catching up on sleep
holding you tight next to me the whole time.
I miss you so much darling and I need you so much too.
I'm holding you close to keep us both feeling warm and safe.

I'm sending you all my love and warmth with
great big hugs and kisses from me your way.
Please also hold me snug and tight tonight for I'm
feeling a bit scared and in need of great love.

Goodnight sweet lady I'm holding you oh so close
everyday and every night please feel all my warmth
and wrap up tight inside.
I love you babe more than anyone can ever know.
I'm holding you close and with this kiss I
once again say sleep well love you are my
universe and entire world.
Goodnight sleep well I love you so much.

Michael P. McParland

Still Awake

I'm still awake and thinking of you.
It helps relax and calm me down.
Thinking of your shining smile.
Remembering those big bright eyes
in all your astounding beauty.
It will all help soothe me when I lay back down.

I'm still awake and I wish I were holding you,
give you a kiss and say I love you dear.
Tell you how much you mean to me,
have affected and changed my life to
become a better man.
I'm thinking of you for comfort before
I lay back down.

I'm still awake and am sending you all my love,
feel my warmth with kisses and hugs as they surround.
I love you babe so deeply I hope you know.
I pray for your health and safety each day
that comes and goes.
You mean everything to me and I always want
you to be well.

I'm still awake but about to lay back down,
wanted to send this message filled with all my love.
To let you know I love you still and always will.
I'm thinking about and praying for you my dear.
I miss you tons and love you more.
I can't wait till I see you again,
to wrap you up within my arms say it's alright sweet love
for now we're here to truly begin with the eternities ahead.
I love you so much my sweet angel dove.
Our bond of true love has always held
and forevermore I know it will.

Michael P. McParland

Sleep Well My Dear

Sleep well my dear as you lay down to rest.
Feel calm and at peace for in spirit you're with me.
In spirit I'm holding you close and tight
saying I love you my dear oh so much.
You are my angel and my only one.
I'm sending you all of my warmth and love,
with colossal kisses and hugs just for you to wrap up in.

Look up at the stars before you lay down and see me there.
See my smile shine feeling double the warmth
knowing I'm always with you no matter where.
Sleep well my dear with this great big kiss.
I'll bee dreaming of you the whole night through.
Holding you tight saying it's alright,
I am here and staying forever you are my one.
So sleep well my dear I love you so very much.

Michael P. McParland

Touch My Hand

Touch my hand babe and feel me here.
I'm forever with you by your side,
be it in spirit or person my
hand is always in your hand.
My arms always wrapped around my lady fair,
just to let you know that I am there
and that for you I so deeply love and care.
So please my love reach out and touch my hand,
be comforted and reassured that I am with you
and you need have no fear or feel all alone.
I love you so much my dear you are my only one.
Just me and you through all eternity.

ILYF KP

Michael P. McParland

Feeling You Near

I'm feeling you so near and
it fills me with comfort I so dearly need.
Your spirit and love fill my heart
with the sweetest feelings of safety there are.
My God sweet lady how I love you so.

Let's wrap each other up within a warm embrace,
chase away all the lonely cold that hurts and maims.
We'll help keep away the lonely fears that tend
to haunt our kind soft hearts.
Protect each other feeling our conquering bond.

I'm feeling you near oh my darling dear and
for the first time in days I'm feeling calm
all my fears and anxieties held at bay.
Thank you sweet lady for all you do,
you are a treasure to me through and through.
I love and cherish you for just who you are,
you truly have rescued me and gotten me so far.

I can feel you close and within my heart,
I hope you can feel me just as strong where you're at.
I'm sending you all my love and warmth,
with great big hugs and kisses to wrap you up.
I love you babe your love means everything to me.
I can feel you near thank you so much for protecting me.

Michael P. McParland

Drifting

Drifting out here all alone on the empty seas.
Without you here I'm tired, worn out and sad.
I go days without eating a single thing,
when I do it's because I've started feeling sick.
Then at least half the time I only throw it up.
I'm sick and lonely very empty without you.

I either never sleep or it's all that I can do.
Either way I feel constant fatigue and often lay in bed.
I'm weary and dehydrated from all the crying I've done.
I'm lonely and I'm hurting insanely without you here to talk.
I'm just drifting on these open seas praying
that you'll come around and see all the work I have done
and listen as I tear down all these lonely walls.

I love you babe and miss you so very much.
My heart throbs and aches to have you by my side,
in my arms, in my life forevermore,
you are the divine angel I so adore.
For you to give me your hand would be the greatest
thing that has ever happened to any man.

I love you so my sweet angel dove and without
you here I just slowly drift along.
You give me reason and endless hope filled light.
You are my Queen and hero and to be with you
in this life would be pure delight.
I love you more than anyone or anything can ever know.

Please come take my hand and help guide me back to land.
Let me show you all the hard work I've put in.
We'll make our plan for the brightest future
where we will always blossom in our grandest times.
We will be the happiest and most fulfilled,
loving wife and husband.

ILYF KP

Michael P. McParland

An Angelic Heart

You have such an angelic heart and soul.
It sings to me ringing out just like a bell,
the beauty you hold inside crushes my lonely hell.
You project a light that leads me to a better path,
you have truly helped me become a better worthwhile man.

Your angelic heart and soul are truly divine don't you know?
Unfortunately though so many have used and abused
your loving giving nature so that you have forgotten
just how truly bright and beaming beautiful you really are.
I admire you for you've persevered past those
jerks and come so very far.

You are the most angelic beauty I have ever known.
Kira P. you truly are my light, my hope,
I love you with all my heart, mind, body, and soul.
You are my angel and my hero true,
my soul mate who I pledge my whole life too.

Your angelic heart and soul immediately reached out
and touched me changing my entire life.
Look in the mirror and see the wonderful woman I love so much.
You are truly a magical gift to me,
your angelic heart and soul divinely,
celestially eternally sing.

Michael P. McParland

Always With You

My heart and mind are always with you
my sweet dear I love so much.
I'm always thinking and wishing the best for my love.
I'm always sending all my best with all my warmth.
My heart and mind are always with you
my precious sweet angel dove.

Michael P. McParland

My Love 2

Please bless me with your warmth and love,
for you are the keeper of my heart and soul.
You are my everything,
my guiding light and angel from above.
Oh my love please hear me as I call to you.
I love you deeply and need you too.
Please my love wrap me up inside your warmth,
please forgive me and give me respite from this cold.
I love you dearly if you only knew how deep,
my love you truly are the greatest angel to me.

Michael P. McParland

Please Come Hold Me

Please come hold me
and help me feel safe.
It's what I need on this night
for as usual I'm feeling
deeply confused and shaken.
I'm scared and I'm cold
I just need you here.
Please come hold me dear
for all is fine when
I know that my true love is near.

Michael P. McParland

Goodnight Sweet Kira

Goodnight sweet Kira now rest your weary head.
Know that I will always hold you dear,
you are my hero and my angel everyday.
I'm sending you all my warmth and love
with great big kisses and lots of hugs.
Don't mind the tears falling from my eyes,
they're from missing you so much in all my love.
No matter what happens I'll forever be proud of you.

Goodnight sweet Kira you are my only one.
In spirit feel me wrap my arms around.
Kiss you on the lips to seal the night,
say I love dear and it's all alright.
Please sleep well in all my warmth,
it's always there and it's always yours.

Michael P. McParland

You Are My Only

You are my only love,
through the rest of time.
Please hold that in your heart
and if you ever need or can
I'll still be here with open arms.
Because I love you Kira P.
You will forever be
my only one.

Michael P. McParland

My Love

My love how I miss you so.
Just needed to send this quick message
telling you with each day that passes
I love you more and more.
You are my everything and I need you here,
most of all though I just want you
to know you are a true beauty and
forever I will love you so.

Michael P. McParland

Goodnight Kiss 5

I'm here to give you this goodnight kiss.
Here baby blue right on the lips.
May you have the sweetest of dreams
and stay warm my sweet queen.
I'll be dreaming of you and all of the
joys in this life I know we will share and do.
I'll be holding you and listening for what you need to.

Goodnight my sweet angel dove feel all
my warmth and my love I am sending your way,
accompanied by great big goodnight kisses and hugs.
Wrap up in them and feel their protection,
know that my love is eternal and filled with devotion.
You mean the universe and your well being to me means everything.

Goodnight my sweet darling I seal this day with a kiss.
Here baby blue right on your precious lips.
In spirut I'm wrapping my arms around you
holding you tight the whole night through.
Telling you all is alright brcause I'm here for my angel true,
please share with me all that you need to
please feel free to release and cry if you need to.
I love you much I'll always do my best to show you.
Feel safe I am here and give you this goodnight kiss.
Just let me know what you need as we lovingly lay here.

Michael P. McParland

What Better 2?

What could be better than a night
spent together just you and your love?
To talk and read, sharing songs and memories,
deep kisses fulfilling all needs,
staring into each others eyes revealing
your inner most secrets and souls.
Reveling in warmth and security you've longed for.
Then at the end just falling asleep
wrapped in each others arms feeling complete.
What could be better than a night spent with thee?

Michael P. McParland

You're So Beautiful 2

You're so beautiful to me because
I've seen in you a true kindness
and love held in so few.
I've seen the beautiful woman you are,
inside and out you carry an Angelic heart.
You've always wanted the best and I've
seen you reach out to help even those
who didn't deserve a single ounce.

You've brought out the best in me and
helped me want to become a much better man.
With you I want to marry and have a partner
through life and make a family with my special Queen.
A family I can and will love with the woman most supreme.

You're so beautiful because I love you so much,
people have hurt and degraded you
so you don't even see your own beauty
and realize how it's touched.
Your beauty is immense shining above theirs,
let me help you remember and show
the world how precious you are.

You're so beautiful and I mean that so deep,
if it weren't for you I'd be totally lost
and where I'd be I don't have a clue.
So know in your heart that your beauty is true.
Inside and out and that's just one of
the millions of reasons I so deeply love you.

Michael P. McParland

Come Hold My Hand

Come hold my hand and we'll just sit
and enjoy each others warmth.
Revel in all the love we hold
knowing that we're always there
and all we are will never go cold.
Because our bond is so very strong
it can't be destroyed by anything or one
that would ever intend it harm.

Come hold my hand as I gaze into your eyes
to tell you how much I love and treasure you
and that to me you truly are divine.
You may not believe it but for me you truly
are a gift and blessing from heaven.
God knows just what we need and from my
prayers he brought you into my life.
Come take my hand and let me show you
all the ways that you matter and depend.

Come hold my hand and rest your head upon my chest,
hear my heart as it's beating still because you're around.
Just feel the warmth and comfort I wish
for you to feel as I project it,
helping you feel safe and happy from letting you know it.
Please come hold my hand and let us just
sit here quiet while we drift away to sleep.
Knowing here with the other we have finally found peace.
Kira you are my angel and my light,
please believe me when I say I love you like
no other and just want to lay in bed and hold you tight.
ILYF and ever.

Michael P. McParland

Agonized Heart

My heart is twisting and turning
filled with lonely agony.
I miss you so much and it insanely hurts.
It calls to you saying you're my only one,
please come back and give me another chance.
Let me show you alll the work I've done,
I am going to break down these walls
and you'll see why it was so hard and took so much time.

My agonized heart wants only you.
To lay in bed just holding you
while I quietly cry and stroke your hair
telling you how much I love and care.
Just how much I've missed you and badly need you there.

My heart is crying in deep agony
with need to have you near.
Please hear my call my darling one
and know I hold you dear.
I'd give my life my everything
just to be with you.

Michael P. McParland

Kira You Are Everything

Kira you are everything to me.
For right now do not think about
how or why you have saved this man
and are not just his world but universe.
Just feel comfort and love within your
soul and heart to know for me you are everything.

I just want to wrap you up and hold you close,
I want to give you the things that
only you will need to heal and be happy.
I just want to be close to you for that
alone would help heal and close so many
scars from the past many that have been left
by others but your love has and will
generously help heal.

Kira you are everything and to you alone
my heart shouts and sings.
It shouts I love you babe please come back this way,
then sings the many songs of love
that make me dream of you and take me away.
You are my everything and to me that's okay.
For you are the sweetest girl I have ever known.

You know I have promised I am yours
and I will never share myself with another soul,
feel that truth within yourself because
I could never stand another touching me there.
For you are my queen and true love I
would not sell you out or disrespect by giving
another that honor which only you can claim
for it's you that I keep clean.

Kira you are everything and your love is
the only thing I truly seek.
To make you happy and fulfilled is the
greatest dream I have for you and me.
So please just know how much I love you so,
and feel all my love and warmth with

great big hugs and kisses as I send them to you.
For Kira you are my everything and I love you
more and more with each day God brings.

Michael P. McParland

Filled With Tears

I was looking at your picture last night
to say I love you and I miss you,
goodnight sweet lady I really wish I could hug and kiss you.
Then the sight of you began to blur as
my eyes began to fill with burning tears.

Tears of longing need and true love,
tears of self hatred for all the wrong I did.
Tears for all the hard work I've done
and not knowing if you'll ever see or know
all the ways I've worked hard and grown.

I just sat there looking at your picture
with painful tears streaking down my cheeks.
I said I love you babe please know I mean
it so very much.
I'm sorry for the things that went so wrong.
I hate that you are hurting deep inside and
I hate that I have in part any cause,
I love you Kira and all I want is for you
to have and be filled with joy.

Even as I put your beautiful picture away
for safe keeping to look at many more days.
The tears still filled my eyes and continued for hours more,
just how many I do not know.
I just know that they came from all
the ways I love and miss you,
because I've always known you hurt inside and
all I want to do is hold and help you.
For no matter if you believe you are my
pride and joy and I so deeply love and want you.

So even now as I write this poem of love to you
I fight back tears that fight to fill my eyes
because I'm so overwhelmed with the many ways in
which I truly love and deeply care for you.
Kira you are my queen and my true love,
please know I'm always here with an open heart

and open arms.

ILYF and ever KP

Michael P. McParland

Always Here

I'm always here for you
I'm never going to abandon or leave,
wrap up in my warmth like
a pure blanket of loving security.
I'm always here and I love you so much,
with a huge kiss and a hug I say goodnight.

Michael P. McParland

Little Goodnight

A little goodnight my dear
and my wish in life is to just
have you here to hold so very close.
Help you feel safe and secure in your
knowledge that you are my queen and
I'll forever be here in true love
right by your precious side.

Goodnight my sweet love I'm sending
all of my warmth and my love straight to you,
then wrap up in my hugs and kisses too.
Goodnight my sweet angel
I'm in serious pain without you.
I love and treasure you so deeply
if you truly could feel all of
it's bottomless well inside my soul.

Michael P. McParland

Lovers Of The Night

Lovers of the night come together
to bask in loves sweet song and dance.
With the stars and the moon shining
brightly upon their celebration
where two souls bond in the most intimate fashion.
They send down their bright blessings and acceptance
to those lovers of the night when
true love and not just base lust
is the motivating factor.

Lovers of the night.
With the stars and moon shining oh so bright
feel no shame in celebrating your love
setting red hot passion alight.
For in true love where two souls
transcend the mortal earth as one.
The stars and moon shine upon you
smiling giving you both eternal blessings.
To never ever come undone.

Michael P. McParland

I Love You So Much

I love you so much my only love.
I'm thinking of you right now.
I wish you were here to have and to hold,
sit and watch movies, read some books,
and then just lay down for a rest.

I love you so much my only one.
I long for you here by my side.
I know we'll always be there for each other
holding up in support through pain and pleasure.

I just love you so much and you truly are beautiful to me.
I want to take you by the hand and at the
altar seal our eternal bond with my Queen.
I love you so much feel it strong as
I'm sending it all with my warmth, kisses and hugs.

I just love you so much know it
in your soul and your heart.
I can't wait to hold you and kiss you
and say everything's alright.

Michael P. McParland

I Miss You So Much

I miss you so much my whole
body aches with my spirit also shaken.
I can hardly ever sleep
and will even go days without eating.
I miss you so much but far more important
is that I truly love you unconditionally
with all my heart, body, mind and soul.
You are the only woman I love
and I miss you deeply and very much so.

Michael P. McParland

Under The Covers 2

I want to just climb into bed and
get under the covers and kiss you on the head,
say I love you so my sweet angel dove.
Then wrap my arms around you to just feel
your precious heart beating.
Feeling calmed, soothed,
and reassured listening to your steady breatheing.
As we both feel the warmth
and love we hold for each other.

So under the protective covers as two lovers
enbracing with an iron clad bond of unbreakable true love.
We feel fulfilled and complete,
looking into each others eyes and smiling as we
drift away to a peacefull contented sleep.

Michael P. McParland

As You Are

I want and need you to know
I'll only ever want you as you are.
I would never disrespect you
and ask for something you could not,
would not, or ever want to be.
Please know my love for you is
truly because of the wonderful lady you are.

To me you truly are a gift from God
and so beautiful, enchanting and pretty.
My words of poetry may seem to over express
at times in an unrealistic way,
but I choose those words to say
because I want you to know I truly
love the woman I've seen so far, for who you are.
I use those words because to me you truly are heaven.

I want and love you as you are imperfections and all,
with the little and big flaws because my sweet woman
I have deeply felt your kind loving heart and soul.
My sweet dear Kira I know you ache inside
from much and I just want to be your guy.
To help and hold, share stories jokes that make us laugh.
I want to be the shoulder you can find comfort.
Rather just for warm security or if you need to
cry your eyes out from all the sadness
and pain you have held inside.

I only want you as you are just as I know
that's exactly how you want me.
I will struggle with so much in many ways at times
but I swear to you I'll never lie
and I will always give you
all the strength and love I have inside.

My one and only Kira who I adore.
I do not know all but I know within
my heart, soul and entire being I love
and want you just for who you are.

A beautiful woman I will always love and adore.
You are you and that's what's magic to me.

ILYF Kira dear.

Michael P. McParland

Tired

I'm awful tired and gonna get some rest.
Just want to say I love you babe
and I miss you so.
I'll be holding on with loving arms,
and sweet tender caring dreams of you
as I get a couple hours sleep.

I'm tired and I'm missing you,
but seeing your bright heart gets me through.
I love you sweet lady and in the land
of loving healing dreams I'll soon see you.
To have and hold sharing all the best we are.

Michael P. McParland

Loving You Forever

Loving you forever babe.
Not just today or through tomorrow,
but every day through eternity before us.
You are my soul mate and my best friend.
For you my love and dedication know no end,
you are the most important thing to me you see.
For you and no other my heart sings.
You are my angel dear lady.
I'll be loving you forever
each and every day.

Michael P. McParland

Snuggle Tight

Come lay with me and snuggle tight tonight.
Give each other warmth and reassurance,
that we have each other and the rest of
the outside world doesn't matter.

Just come and wrap up in my arms,
get as close as we possibly can.
Just feel our spirits speak and calm
us in our bond of true loving peace.

Come snuggle tight and together
make it through the lonely night.
Knowing that true love is always there.
Reassured in comfort from the other there.

Michael P. McParland

Lonely Night

Lonely night aching lying here alone.
I just want and need your love.
Your acceptance is what I crave.
I know you love me as I do you.
This is just a rough test we're going through.

Lonely night and aching heart without my love.
Please feel the comfort as I send you all of
my love and warmth filled with light.
You are the one I hold so tight.
Goodnight sweet love I know you're sending
all your warmth and love too.

I love you so much my precious jewel.
ILYF

Michael P. McParland

Holding Ever Tight

Holding ever so tight my dear
and I wish you a wonderful goodnight.
I'm sending you all of my warmth and my love,
feel them surround you with the accompanying
deep kisses and hugs.
I'm thinking of you I miss you so much.

Goodnight my sweet on and know
in your heart I'm forever holding on.
For you my sweet angel I'll never leave.
I love you so much I cannot express it enough.
Feel me holding you tight saying it's all alright.

Goodnight sweet love sleep tight
I'm missing you so.
Hear my hearts call to you
saying I love you eternally so.

Michael P. McParland

Fulfillment For All Time

Fulfillment in this life
is all I want spent with you.
A loving union with respect and care.
We'll be the only two we really need.
Always there for one another
filled with support and dedicated love.

You're all I want within this life
and eternally in the next.
For with you I know we'll find
success and be truly happy too.
My heart and soul shine and sing just for you.
Please hear my words and feel them true.
My only fulfillment through all time
is to have you right by my side.

Michael P. McParland

Aching Heart

My heart is aching
wishing you were here.
To just hold close
and talk to.
Feel your warmth
and your deep love.
Making me feel safe
and feel truly loved.

My heart is aching
I miss you so bad.
I love you babe
please come and hold me
tell me it's alright.

Michael P. McParland

I Believe In You

I believe in you my sweet dear.
You have always been there with loving care,
to lend a hand and give a kind open
sympathetic heart and ear.
You've always given out an open hand
to anyone who needs the help doing what you can.

I believe in you for your faith
and dedication have truly never waivered.
You've always shown unconditional love
in your support and understanding
with the many things I have struggled.
I believe in you because you've always showed it,
but I truly know it because I deeply feel it.

I can feel in my heart and soul the loving
dedication and purity you hold.
I believe in so many ways that cannot be told,
words cannot express the hopes and joys,
fulfillment and pride,
deep passion and awe for a hero and Angel held so high.

I believe in you because I know
everything you say and are is true.
For like me you'd never lie about your love,
you'd never abandon the one who means so much.
I believe in you because you're the one I love
and care for oh so much.
I believe in you my dear for you're far above.

Michael P. McParland

Felt So Strong

Just a message for my love in between
my long needed bouts of sleeping.
Your spirit here is felt so strong.
It help give me warmth and comfort
to relax at last so I may sleep in peace.

In my dreams you've kept me company
to let me know that it's okay,
for you are there and I'm not alone.
You've held me within your precious
arms and spirit so deep and strong.

So I thank and love you even more,
before I lay back down I just needed to say
I love you dear and you have helped ease
my fears and get some needed things,
because of your remarkable spirit felt so strong.

Michael P. McParland

A Special Prayer

A special prayer for you my love
to always help you make it through
whatever things in life be they good
or bad that are facing you.
Take solace in these words of truth and love,
these words I ask of God in this special
message just for you.

May you never feel all alone
broken hearted or abandoned.
Know that you are loved.
I'm right here for you all the time,
no matter what you'll ever feel or need
just reach out and grab my hand.
Even if you have not always believed it
it's been there.
When it has not seemed so I'm so sorry
for I failed you when you needed care.
I love you dear of that you need never fear.

May all the pain of maladies go away,
because for you I would shoulder them all.
To know you are healthy and not physically
down weighed would give me joy and make my heart sing.
You are the most rare and precious souls,
a priceless gem of which spreads true beauty
with a kind and caring heart so few appreciate
or truly understand.
May you always know and feel your worth,
your strength of soul, be strong my sweet one.

May you always find your happiness
be fulfilled in every way all your days.
Feel hope and joy for you are an
angel rom on high.

Most of all I pray for you to always
know and feel all my love and warmth I send to you.
Feel the hugs and kisses that I would only

give to the lady I adore.
Please feel safe and know I'll always protect you.
For your the keeper of all the things
that are true and good to me.
May God bless you to know always my warmth and love,
as I wrap my arms around you to chase away
that which hurts us.

So I wrap this asking God for these special things,
and may he bless you with so much more I did not name.
I am here and you are loved.
When the time has come run into my open arms
where I can finally say I love you dear,
and savor that long desired kiss.

Michael P. McParland

Return To Me

Return to me my sweet lady,
take my hands gazing into
my wide open soul eyes.
You'll see that my love's still there,
it never died it never will.
For you are the keeper of my heart and soul.
The one I'm dedicated and hold so high.
The precious dove I wrap in
loving warmth.
You're the lady I chose before
we ever came to earth.

Return to me and let me show my noble Queen
all the wonderful things she is to me.
A guide both in this life and the next.
A shining light of hope that gives
me more reason than just finding death.
A soul that has given and shown me true love,
a precious heart a soul more rich than all the gold.
Please return to me so you can truly see
I am faithful in all I say and do
for my Queen and Angel true.

So please return to me and we'll just
lay down and hold each other close.
Just enjoy and revel in our combined
and true soul loving warmth.
Say I love you dear oh so much,
it's all alright because you're here.
That's all I need to no longer feel fear.

Return to me my sweet true Queen.
You are the crown jewel of existence to me.
I'll wrap you up in endless love,
serve you and please you as a man should.
Anything for my precious bride.

So return to me and look into these
eyes revealing this entire man,

you'll see true love and
I'm ready for our eternal journey.
For my walls are down and with you the futures bright.
I want to sail the seven seas through
all time never ending
with my sweet Angel dove.

Michael P. McParland

So Sweet

It's so sweet to have known you through my life.
It's even sweeter to know you're always there
and that a love some doubted has truly lasted.
A love to stretch and last the ages,
for our souls sense and feel communicating
with each other.

It's so sweet when you're near me and look
me right in the eyes.
It melts my heart with all the strength
and beauty I see held inside.
A woman I'm so dearly proud of she's
my true and deepest hero I hope she knows.

It's so sweet my only one for I know soon
this oppressive time and distance will be gone.
It will be so sweet as we greet to lock
each other up within our arms reveling in
true love a blessed gift from God.

It is so sweet for when we finally reunite
all the lonely pain is done and gone.
I look at you and say these walls of mine
have been broken down so my queen can be truly crowned.
I know that when the tests are done
and peace is restored to you and me.
All will be truly sweet.

Michael P. McParland

A Small Rest

A small rest to escape the day
for a short bit and dream of you.
See your lovely glowing smile and face,
be enchanted and mesmerized in your eyes.
A small rest just to escape the stress,
recharge my batteries while in my dreams feel content.

A small rest with you in spirit.
Our arms around each other
the best way to do it.
I can feel your loving comfort across the space.
It is soothing as I lay down and drift off to it.
I can see you shining in all your glory,
letting me know our stories far from done,
that we'll make our way past the bums.

Now though a small rest,
to just escape this day
and hold you in my dreams.
Come my love would you care to join me?

Michael P. McParland

You're All I Need

You're all I need my Queen.
In every way there is you
far exceed,
you are supreme.
You make my heart and spirit
always dance and sing.
Your sweet loving charm
has totally captivated me.

You're all I need for you
are the greatest lady alive
and ruler of my heart and soul indeed.
You make me smile and laugh
when I am blue and feeling down.
You make think with all
the things we ponder when we speak.
With those shining eyes and precious smile
you mesmerize me making my knees weak.
You are the crown jewel of all that's neat.

You're all I need and that's the truth,
the way you make me feel has changed
me into a better man and that's the proof.
You are an Angel and a precious soul,
at the site of you I lose control.
I get excited and cannot speak,
I just stand there smiling staring at you.
You take me to a higher level,
you are the sun and moon that lights up my life.
You are my soul mate and Queen,
a true Angel that has saved me.
Look over everything and what you'll see is,
you're all I'll ever need KP.

Michael P. McParland

To Bed I Go

To bed I go now to rest my weary head.
I'll see and hold you in the land of dreams,
with you in my arms and a kiss I'll find some peace.
Needed comfort which without you has been lost.
A need which cannot by anothers will be eased.

Off to bed I go with a little prayer I send to you.
Feel all my love and sincere passion.
Know my heart is pure and clean in its intention.
To just show you loving fulfillment and attention,
to prove to you I'm a good man in all my deeds.
So you'll not be in any pain or be afraid.

So look up now as I'm off to bed.
The stars are shining brightly upon your
soul which is so beautifully rare.
See my smile and feel all my love and warmth,
be covered in all the hugs and kisses I now send.
Feel the light of every light brighten
your spirits and feel secure that you are loved.

To bed now I go with a loving kiss and a gift.
I'm holding you so very tight,
just feel my arms and know I'm working hard,
giving you my best and all.
So within my warm and protective embrace,
know I truly love you and you're safe.

Michael P. McParland

Overflowing

I'm so filled with overflowing
passion and love for you.
I need to just keep telling you
even though the words aren't there.

I'm just so filled with pure need
and admiration for my Angel true.
I don't really know how to fully express it.
I'm truly just overflowing with deep
love for my hero that doesn't know
just how much she's saved my life.

So please know my dear I'm sorry for
not having the right words to really tell and show.
I'm just overwhelmed by your pure awesome spirit and love.
I can never give you enough or repay you KP. Only you forever.

ILYF feel and know within your precious treasured
heart and soul that I'm overflowing with love,
respect, admiration, and a need to serve my Queen,
to always be here for you as a faithful man,
showing all my love and dedication to my
sweet Angel dove.

Michael P. McParland

I Love You Kira 3

I truly love you Kira
I just wanted to drop
in and let you know.
You are my protector on so many levels,
an Angel who tries so hard
to truly know and reach me.
Kira you are the sweetest
woman I have ever known.
Inside of me the seeds of true love
you planted and have grown.
I only want you in my arms
and by my side far beyond into
the eternal life.
I love you Kira and you are the one
person I truly can't live without.
So know and feel it in your heart and soul,
through all existence I'm all yours and only yours.
I love you so much only you can know the power.

Michael P. McParland

Goodnight My Only One 2

Goodnight my only one I'm dreaming and praying for you.
Miss ya tons and love you even more.
I'm still here with open loving arms waiting your return.
With tired eyes and a weary body and mind
I want to say goodnight to you.
Feel as I'm sending all my love and warmth to you,
with bottomless passion filled hugs and kisses just for you.

May peace upon you tonight and every night.
For I'm holding you in spirit oh so tight.
Know and feel in your mind it will all turn out right.
I love you dear and I know
our loving bond will make it through.
It's lasted through these ages,
not a single person or thing can break it.

Goodnight my love I truly do it all just for you,
because you're my everything and
want to give you the universe
honoring my soul mate and queen.

Michael P. McParland

Just You

Just you, only you can truly know,
can understand can know why I am what I am,
why I do the things I do in my way.
Just you, only you, not another soul can feel
or earn my trust to handle my tales,
to spill my heart and soul explain my hopes,
my joys, my love, my sorrows fears and nightmares.
Just you, only you can understand what I am,
no other will ever have my trust like you.
For I gave my heart and soul,
something I would and never could give without
true love and trust for a God blessed soul
so loving, patient, and pure.

Michael P. McParland

Under The Covers

Feeling so sad and empty inside.
I'm just going to crawl under the covers and hide,
perhaps put on some Pet Shop Boys.
Their album Elysium may bring some peace I need.

I'm feeling so sad, lonely, and empty inside.
I'm fighting back the tears I know you'd
not want me to cry in pain.
I just want someone to come here and stay.
I'm so tired and lonely why can't you be here?

Just feeling sad and empty worried about all the time,
how I hate that it has passed and seem wasted.
Where are all those years and why haven't we repaired?
I'm sad and weeping in my soul,
I'm sick of being all alone.
I've worked so hard on my vices though a major few
are hanging round my neck yet I can promise you I'm working.
I just want you here to show my love and feel contentment.

Michael P. McParland

Please Love Me Forever

Please love me forever dear,
you make my life worth something
and give me worth I so deeply need.
I'll always be here to take care
of you forevermore.
My heart and soul are calling out
to you declaring that they are yours forever.

Please love me dear for all time,
you truly are the one which I live and die.
I am retiring now for some sleep
hear my prayers and feel my love and warmth.
Please let me feel yours to soothe my soul,
give me peace by letting me know you'll love me forevermore.

Michael P. McParland

Cold Lonely Winter

A cold lonely winter without
my most precious friend,
I feel so lost what shall I do?
I'm all alone and lost without you.
You are treasured through and through.

Michael P. McParland

Bound As One

Bound together in heart and soul as one forevermore.
Souls old as time knowing each other like none before.
Two hearts so compatible that no
differences can destroy the love that rules.

Forevermore bound as one in true love.
Come take my hand leaving all this pain behind.
Revel and rejoice in each others arms
knowing true warmth and love.
We are bound as soul mates and one forevermore.

Michael P. McParland

Please Bring Me Peace

Please bring me peace tonight my only one.
33 hours awake and facing more,
the anxiety in my mind increases
with each lonely second.
Please tonight bring me all your warm loving comfort.

Tonight is worse than most.
The lack of sleep and deep remorse.
I just need you to make it through.
Through this night and through this life,
to guide me in the proper righteous ways.
Waking up with renewed hope everyday.
Please always bring your peace to me.

You are the light that steers me through
all the stormy seas,
helping navigate me through life's trials.
I want your peace to be with me for all time,
because I simply love you dear and
want you to forever more be mine.

Michael P. McParland

Worn Out

Worn out and tired to the bone,
how I long for sleep before I come undone.
A heavy heart with lonely sadness through,
all I can say is I'm missing you.
I'm here alone and want to sleep in peace,
no nightmares and feel no fear.
In your arms and hold you near.

Worn out and I feel so sad.
I just wish you knew I need you bad.

Michael P. McParland

I Truly Do (Not A Doubt)

I truly love you babe
know this is true.
Have not a doubt
for I am committed eternity through.
I truly love you and that's
all I have for now.
This is from the depths of my heart
have not a doubt.

Michael P. McParland

I Need My One

I need my one.
The one who makes me
feel so safe and very warm.
The one who gives me all my hopes and light,
the woman that I need to fulfill my dreams.

I need my one my precious dove,
the most beautiful woman on earth
a gift from God above.
To hold and feel her heart beat every night.
Say I love you dear I'm always here
feel not one bit of fear.

I need my one through all my life,
without my angel I'm half a man.
Hear my heart and feel my soul
for as am I they're yours forevermore.

Michael P. McParland

My Soul Aches

My soul aches for you baby blue.
It's crying hard calling to you.
It misses your sweet loving spirit,
my life is empty without you.
I love you so very deeply much,
I need you and hurt without you
wrapped up tightly in my arms.

My soul is aching calling to only you.
Please come take my hand looking
in my eyes saying,
it's alright because I'm here and
I deeply love you too.

Michael P. McParland

This Kiss

This kiss I give to you.
Please always treasure it true,
because in pure love in soul
it is from me to you.

Michael P. McParland

Goodnight Kiss 4

Feel this goodnight kiss in all it's bliss,
sent and given to you as a pure loving gift.
Deeply given from the wells of true loving passion,
I press my lips to your head then your lips
the most supple ones on Gods green earth and heaven.

A goodnight kiss for the precious one I miss.
May God keep you and bless you in your dreams,
protect you from all things vicious and mean.
I'll be there to watchover you and hold you too,
saying your safe right here and in my arms you're at home too.
I'll never let a thing or person bring harm on you.

I send you now this heartfelt goodnight kiss of true love.
To my soul mate and my angel my only one.
I'm there with you so feel me near.
On your head then on your precious lips,
I give to you this goodnight kiss.

Michael P. McParland

Sweet Dreams My Queen

Sweet dreams to you my queen.
Tonight as everynight I'm sending you my everything.
My hopes and dreams, my heart and soul,
my life for you to have and hold.
I'm sending great big hugs and kisses,
with all my love and warmth to bless you
in every way you can ever need.

Sweet dreams my precious queen
I shall see you in the land of dreams.
Where I will hold and kiss you scareing
all the fear and bad dreams away.
Tell you I'm here to stay and all's okay.
That I love you more and more each day,
I'm not going anywhere I'm here to stay.

Sweet dreams my queen I'm holding you
in precious times giving security.
Until we're truly in each others arms,
know I'm there and feel loves charm.
Wrap this blanket of true love around your shoulders,
and know that your man and future husband
Michael P. McParland truly loves you.

Michael P. McParland

I Can't Stand To Lose

I can't stand to lose you ever again.
It would finally break my entire soul,
leave me alone without a speacial one to give my love.
For only you I will give myself,
you're my sweet angel dove that above all I adore.

I can't stand to completely lose you in any way,
I think it would the last straw which
would end all my hope and my soul obliterate.
I can't take the seperation from my lady soul mate.
Please hear me and hold me I'll never deviate.

I can't stand to see you in a single ounce of pain,
I long to be near you so I can take it away.
I want to be your hero and angel as you are for me,
I can't stand to lose you and want the warmth of your arms everyday.
You are so treasured and special to me.

I can't stand to lose so please know that I love you.
Feel all of it now as I send it your way.
I worship your love and the place in my heart that you take.
With the depth of true passion and love I want you here everyday.
My sweet fair lady my life without you is so very weak and lame.

Michael P. McParland

Tender Love

Your tender love is everything to me.
In this life and through eternity
it's the only thing I'll ever need.
Your warm, kind, loving,
tender spirit are all I need to make it through it.

My angel. my love, my tender lady
filled with light a peaceful dove.
You are the one I long for and want to spend my life.
Each day and every night in each others arms,
in every way there is to give our spirits and ourselves.

My tender love for you staright to your heart,
I cannot bare the thought of ever face a chance that we may part,
I'd hope to die than life in the agonizing pain
for you to be away it would tear my soul and rip my heart.
Please hold me forever saying it's alright,
for you are without a doubt my lady
and for eternity be by my side.

So let us seal and bond our tender love
with a true passionate and deep tender kiss.
My angel, my soul mate and bride,
the most beatiful women through history alive.
My God sweet lady you truly are the tender
one with deep true love who I give my life with awesome pride.

Michael P. McParland

My Dreams

You are all my dreams,
and as I go to sleep I pray to God
for peaceful rest with you there by my side.
Holding me close wrapped tight within
the blankets sharing our warmth telling
and sharing all the love we hold.

To just gaze into those precious eyes
while giving you all my love to feel inside,
connecting our spirits understanding,
and then truly finding what we've needed
to fulfill our lives,
knowing our union with each other is truly right.

You are all my dreams and as I now go to sleep
as always I send you all my warmth and love,
with the biggest endless kisses and hugs.
Feel all my love surround you dear,
know you're safe with me holding you so tight and near.
Our spirits are bound for eternity more.
My God dear lady how each day I love you more and more.

You are all my dreams.
My sweet angel I so deeply adore.
ILYF my darling Kira a blessing from above.

Michael P. McParland

Come Feel My Heart

Come feel and look into my heart,
see and feel everything as I open
up to you and show it all.
My love, my soul, for what I give to you
my very existence with exalted joy.

When you look and see you'll feel
every bit of the endless hope and
loving warmth you bring to my soul.
Feeling and knowing this heart is not cold,
it's just been protected waiting for your return.
To be yours forevermore as I surrender all
my burdens melting into your Angelic loving arms.

So please my dear come see and feel
all the true dedication and love I
hold and save for you within it's walls.
On your return have not a doubt that they will fall.
Then feel my love coursing through your being
as I embrace you and truly give you my all,
bonding saying it's alright and this is all I want.
I love you so much and I am forever yours
my hero and savior my sweet Angel dove.

Michael P. McParland

My Precious Rose

My precious rose has grown and blossomed
into the most magnificent woman I've ever known.
A true Angel full of bright caring love,
my sweet darling whom I hold so high
and treasure as the most precious of all jewels.

My precious rose how I adore you so.
The biggest most bright and flawless
delicate flowered spirit of my dreams.
My God my God you are my guiding light,
the northern star who to me is everything.

My precious rose and only true desired one,
please come take my hand and be my bride.
So then on our special night we'll couple
becoming the strongest spirit of one.
You are the greatest Angel and beautiful
woman I have ever known.

My precious rose who's spirit is the
most delicate bloom of great beauty rarely known
I love you so in which depths and
ways which only you can understand and know.
For all eternities I am only yours forevermore.

Michael P. McParland

Only You Forever 2

Only you forever.
Only my angel true.
For all my life and
through eternity only you.

Only you by my side forever.
Only in your loving arms.
Only on your shoulder will I cry.
As I release my burdens to
show you all my soul.

Only you my precious queen.
Only you forever more my angel from above.
Only you forever
my sweet angel dove.

Michael P. McParland

My Queen 4

My sweet Queen in my heart each day more and more
an eternal flame that will always burn for you grows.
All I have and am will always be yours.
You are my supreme Queen,
the woman that is and fulfills all my dreams.

My Queen KP that I so dearly adore.
Come let me take you and hold you in my arms.
To have and to hold forever keeping
you safe, warm and loved.
To let you know the truth of all that I hold.

My Queen of the ages that I hold so dear,
come take my hand and to the alter our bond we shall seal.
Let me show you through all time the deep
endless admiration and love I hold just for you.
The most beautiful woman I know in every way that God gives.

My Queen of the ages it is you I adore.
No other can have any part of my body
for eternity that and my soul are always yours.
My Queen is my angel my coforter of pure warmth.
My Queen of true love in this life is all that I want.

Michael P. McParland

Time To Sleep

It's time to sleep now
goodnight my only love.
I'm already dreaming of
my sweet angel dove.
Sending all of my warmth and love,
with great big endless
kisses and hugs.

It's time to sleep
I wish you the sweetest of dreams.
I'm holding you tight
so let your heart heal and
feel not a single fright.
I love you so deep and
I'll always be here.

It's time to sleep
and your memory and love shines so bright.
In return know and feel
all of my love as it's surrounding you.
I love you so much if you
only knew.
My heart and my soul,
my whole life I give to you.

ILYF sweet darling.

Michael P. McParland

Rest

Laying down to rest with thoughts
of you holding me inside my head.
To calm and comfort my scared,
frightened and aching soul inside.

Time for me to rest please pray for me
and hold me tight in spirit saying it's alright.
Help to hold the haunting nightmares
that torture me at bay.
Please warm me with the loving spirit
that is your gift from God.

Now I take some time to rest.
I love you my dear for you are
all my only dreams.
Feel all the tender love I send to thee.

Michael P. McParland

Warmth, Love, Hugs, And Kisses 2

Warmth, Love, Hugs, And Kisses
in your sweet wholesome arms.
Protected and safe with my only one.
Her my Queen and I her King.
A true love story to last the ages
with warmth, love, hugs, and kisses
forever in each other's arms.
I truly love you forever babe.

Michael P. McParland

I Want You

I want you here forever in my life.
You are my hero my angel,
the bright shining guiding lights
of the moon and stars in my life.
I'll love you for all eternities time.

Michael P. McParland

Goodnight Sweet Love 2

Goodnight sweet love now rest your weary head,
feel all my sweet tender love as I send it all your way.
You are the sweetest girl that I have ever known.
You're my shining star, my only love.
God bless you my sweet fair lady I am smiling at you.

Goodnight sweet love as I send you all my warmth and love,
with colossal hugs and kisses with great loving power just for you.
Feel them on you cheeks and lips with all our hopes and dreams.
I love you forevermore have not one doubt.
Goodnight sweet love without you my life is dust
and I rather die than be alone forever without your love.

ILYF my darling one.

Michael P. McParland

Only You Forever

Only you forever.
No other will do.
Only you forever my only one.
You're the holder of my heart and soul.
Only you forever my sweet Kira,
only you will ever be the one I love.
Only you forever.
Only you will ever do.

Michael P. McParland

Peace Is Ours

Peace is ours my only one.
Feel my heart now as it beats for you.
Hold me in your arms deep and tight in spirit,
keep me warm and keep me safe as were apart.

Peace is ours my sweet true love.
In time the world is ours no need to fear
a single thing for eternity is ours.
I'm holding you so deep and tight every night
in spirit crying tears of joy with you in my arms.
Letting you know that you are safe and warm,
that you're alright with me forevermore.

Peace is our sweet fair lady Kira pure angel of my love.
For nothing can stop us in our long
upcoming journey of true love.
We are meant to be the others protector
and guide with our souls tightly bound.
I love you my only one it's deep and profound.

Peace is ours as we move through all this liquid time.
We'll never part or hold doubt at each other's sides.
For you are mine and I am thine,
bound in this God blessed celestial glory
to last all time.

Michael P. McParland

Exhausted 3

So exausted and lonely here,
come and hold me let me show you
how very much I love you so.
Kira you truly comfort and are
the only one that is for me.

I'm so exausted and I need you here.
Feel my heart and soul near
as I send all my loving warmth to you.
You are my dear and angel true.
Pure love comes and speaks to me through you.

Michael P. McParland

I Love You Kira 2

I love you Kira for you are my lady pure,
I love only you to the end of time for sure.
Your long dark hair, shining eyes and smile
which just blow me away.
I love you Kira what more is there for me to say?

You are my Angel that keeps me safe,
wrapping me within your warm loving embrace.
You leave me in deep true awe.
My God sweet woman what a treasured jewel you are.
Kira I so deeply love you.

Michael P. McParland

I Love You So 2

I love you so my only one.
For eternity only you with no exception,
you are my angel and my light.
I love only you forever more.

Michael P. McParland

I Love Only You

I love only you forever KP.
You mean so very much to me.
More than the sun moon and all the stars.
KP to me how very special you are.

I love only you forever.
You are my special only one forever.
Come take me in your arms so we can feel the warmth,
let each other know we're safe and loved forever more.

Michael P. McParland

Tribute To Falco

Falco you truly rock and move my soul.
As an artist and a man so many things
I can relate and feel through you.
An idol and inspiration who is one
of truly a true few who I model and
am fully inspired to express
my art and actions through.

First you told us all as you sang
Ganz Wien is now all on Heroin,
warned us to be looking out for Der Kommissar
for the faster you live the faster you will die.
You always melt my soul and chill my spine
with my five favorite songs Zuviel Hitze,
Junge Romer, Hoch Wie Nie, Jeanny, and Out Of The Dark.
Einzelhaft is pure genius.

You express a passion and addiction
I know and truly feel.
I can relate and fully feel your meanings
and the motions of your songs and love affairs.
You only ever loved your wife
no matter what the situation may have been,
you stayed loyal to her through the very end
just as I only love my sweet Kira
and will only ever give myself to her.
Your soul and passion reach down to my heart and speak to me.

Your life was cut too short.
So much art was to come from this great man.
I almost come to tears from the tragic
end that was far too soon.

Falco I adore your art and you as a man.
Like me so deeply flawed but full of love.
I raise a candle and glass to you in sweet tribute and memory.
I love you Falco may you last forever in
your true great art and all of it's deep meaning.

Michael P. McParland

Head And Heart

My head and heart are hurting so badly
I'm missing you once again,
not that that longing pain ever ends.
I miss you so and I need you here.
I never lied and I'm so empty without my dear.

My head and heart ache so harshly fierce.
Please feel my love and need and come right here.
I know you're love is strong for me,
please feel the truth of mine as I send
it all to thee.

I hurt so bad I need you here.
To wrap up in my arms and let you
know how much you mean to me.
You are my Queen, my heart and my soul.
I ache for you and badly so.

My head and heart are pounding with
such lonely need.
If you only knew how much you mean to me.
My other half, my pride my joy,
my diamond in the rough I cherish and adore.

My heart is leaping out and calling
in full crying voice for you.
Please hear and feel it's beating,
throbbing, never ending true love for you.

Michael P. McParland

Missing You Tonight

Missing you tonight very much.
So I'm staying up to think of you,
smile while remembering yours,
seeing those angelic eyes making me
brightly hopefully glow.

Missing you my sweet angel dove,
so I'm staying up to pray for you
to know and deeply feel my love.
Sending all I have with tons of joy,
to also make you smile and oh so happy.

Missing you but full of anticipation and bright hope,
dreaming of our days to come
truly knowing we'll seal and deepen
our God blessed bond.
Where eternity stretches long before us
where we'll revel in our deep true love
and I so clearly see it.

Missing you my only one but can
feel you all around me and your boundless love.
It gives me warmth and deep comfort,
in it I feel so safe and of your
graceful loving spirit I feel your
love so true and unconditional bearing its
truth so deep in my heart and soul I know
the truth of it.

Michael P. McParland

Smiling At You

Smiling at you from the stars tonight,
they're shining brightly upon you as I say goodnight.
I love you my dear and in spirit am holding you near.
I'm sending you all of my warmth and my love,
and just for you the biggest and grandest
of smiles, kisses, and hugs.

Smiling at you from the bright shining stars,
I love you so much I can't wait to hold you here.
Tell you how much you mean to me and your worth,
give you my all including my life.
Just wrap up my angel under the covers and inside my arms,
tell her I love her sealed with a kiss as
we lay there together and drift off to sleep.

ILYF KP

Michael P. McParland

I Need You

I need you beside me now,
holding me and just being near.
Where I can feel your warmth and love,
feel comfort from your great spirit
and know that I am safe and all's alright.

Michael P. McParland

A Dream

A dream of you and me.
Our shared bond and unity.
An eternal love story to last the ages,
inspiring people well beyond
our lives completed pages.
My Angel and me locked in
true loves bond,
a sacred coupling sealed in
celestial unity for all time.

A dream of you and me,
a sacred bond of eternal unity.

Michael P. McParland

Feeling Your Spirit

Feeling your spirit right next to me here.
It fills me with calm loving peace making
life easier to bare.
I'm filled to the brim glowing with all
the abundant kind warming love that you share.
I'm now at peace and can rest feeling your
spirit next to me here.

I love you my dear more than words can ever tell,
you are my angel, my hero, the one I adore.
Feeling your spirit here makes me smile,
gives me peace, makes me glow with loneliness release.

For you my soul is stripped bare,
for I am yours alone and I'll show you all.
Give you my secrets, my hopes and my dreams,
I'll give you everything I am and that you need.

Feeling your spirit I am now at peace,
I can finally turn in and feel your arms
around me as I drift off here in my bed.
I love you sweet one I am eternally yours
Feeling your sweet spirit I so truly dearly adore.

Michael P. McParland

Your Warmth 2

Your warmth is needed
wrapped up in your arms.
I just long to hold you,
tell you I love you and how important you are.
Kiss you and tell you everything is alright,
that I'm never leaving
I'll not hurt or abandon.
Let you know you're my Angel and Queen,
that to me you truly are everything.

Your warmth and love does
surround me yet I wish
we were wrapped up in each others arms.
Just lying in bed cuddling
while I stroke your soft hair.
We would just lay there and talk
looking into each others souls through our eyes,
feeling the immense true love we both hold.

Your warmth in your arms
I long to behold for I know and
feel the warmth of your spirit around me.
To have you by me completely is the truth of my dreams,
I love you so much I just want
to be in your arms having your
warmth surround me complete.

Michael P. McParland

Goodnight Kiss 3

I kiss you upon your brow
and say I love you goodnight,
have the sweetest of dreams sleep tight.
I'm holding you in spirit and I am
with you always every day and every night.
I love you sweet angel sleep well,
I seal this all once again
with a kiss upon your brow.

Michael P. McParland

Missing You

Missing you more and more with each second that goes.
Where oh where is the grand lady I so adore?

I love you,
I need you,
I miss you,
I want you.
Please come back.
My life is so empty without
your arms wrapped around me.

I'm missing you more and more with every second,
the heaviness of my heart grows.
Please hear me now.
I love and miss you so much.

Michael P. McParland

Goodnight Kiss 2

I will soon retire for the night
so to you I want to send this goodnight kiss.
It is filled with all my love and power
so upon you it will impress my loving honor.
So it will help you feel safe and warm
in the latest hours.

I send along all my warmth and love,
coupled with this goodnight kiss and the biggest hugs.
Wrap up in them like a blanket,
feel the comfort that lays within it.

Goodnight my love I miss you so.
I'll see you in the land of dreams
where for hours on end I'll just sit and hold you,
telling all about what has been held
within these walls and how I dearly love you.

I'm sending you this goodnight kiss
now let the love I send flow right through you.
You are my angel my guiding light,
I'll spend my life in service to repay you.
I'm sending this goodnight kiss to let you know
how much I truly love and treasure you my dear.

Michael P. McParland

Kira My Love

Kira my love you are my sweet angel dove,
a true gift and blessing from God up above.
I treasure and cherish you for you are
the lady I've given my heart, mind, and soul to.
I'd give my whole life for just one night
to be in your arms kissing and talking.

Kira my love you are the sweetest woman alive,
with the most beautiful smile and eyes.
You just blow me away in every single thing,
I am eternally in awe with all the inspiration you bring.
I love you so much there are no words to fully explain.

Kira my love I want you to be my partner and bride,
you bring to me such endless joy and pride.
You are the only woman I love and you mean so very much,
I want to spend the eternities with you by my side.

ILYF KP

Michael P. McParland

Bless You

Bless you my love wherever you may be.
You are a bold bright angel who I truly need.
You are the kindest most beautiful soul
that I have ever known,
bless you my dear for you my love continues growing.

I love you more than all the universe,
you cheer me up and brighten all my days,
I want to have you by my side in marriage
forever take your hand.
Bless you dear for you have given me reason.

You are my hero and my rock,
only you I will forever give my love,
you will eternally be my sweet angel dove.
Bless you dear one for my never ending and
everlasting admiration is for you my only one.

Michael P. McParland

Within My Dreams

You are always within my dreams,
rather it be ones of sleeping or waking.
You brighten up everything with all that you bring,
you are my hope, my pride, my joy, my life.
I love you so and without you around
all things are dull and fade to black.

You are always within my dreams my love.
In them I'm always holding you,
you bring peace comfort and sanity.
You truly are my dear my everything.

Michael P. McParland

Turning In

Another night has come,
and here soon it's back
to bed I've gone.
Before turning in though,
I just wanted say,
I love you more than all the world.

Michael P. McParland

True Love 3

In each other we have found true love.
We have captured something very rare,
and to it we are bound.
We came together by pure chance,
but we chose each other with
true love in our hearts of pure intent.

So forever we shall be bound
and dedicated to the other.
In true love that has never
been seen, felt, or experienced
by any others.

Michael P. McParland

True Love 2

True love is something rare.
Something so few will ever know or meet.
You and I were of the lucky ones my sweet delight.
Kira I knew from the start and I believe you knew too.
That between us a strong bond connected
and true love we'd found not just putting the key
of our locked bond in our pocket but throwing it
out because we knew in our hearts that no matter
the circumstance we would never truly part.

True love is something we saw and met in each other.
Our spirits touched and quickly bonded,
even through the distance never forgetting and
very often I feel your presence and your spirit
rubbing my back hugging me tight in my toughest times
saying it's alright because I love you and I'll never stop.
I hope you can feel me too as I often reach out and
speak my words of love so you'll know and to comfort
cure the sadness I know is there for we've both spoken of
so much that we both share.

I know in my heart that we're not done.
Nothing on earth can ever stop true love
if the ones in love are not done.
We just need to talk and share solutions
to the things that have hurt us we can hurdle them
and show everyone who deems to hurt us that
they're just fools with no hope to beat us.
True love conquers all my love.
My god Kira you're my angel from up above.

True love is what we've always shared.
We found it when we were so very young.
And though tough times and distance have popped up
and tried to hurt us.
We've persevered and deep within us nothing has destroyed
the unbreakable bond between us.
We're not done for we share true love.
Come take my hand Kira and let us forever stand.

Michael P. McParland

True Love

True love is all I feel for you.
No sour words are to be pointed your way.
Just know it's my expression and my art.
I have no desire to hurt you in wretched remarks.

True love is all that's in my heart and mind for you.
Please be assured that here in my art I do not insult you.
You mean the world you're my universe,
trust me when I say for you I have nothing coarse.

True love and shining charm are in my heart.
From your love and arms I will never part.
Please feel my true love just for you.
Wrapping around you massaging your precious heart.

True love I hold no malice so heed my words of love.
No words of hate
no foul spitting from deep fountains of despicable hate.
So hear my words of true love for you my dear
are my sweet angel dove.

Michael P. McParland

True Beauty

True beauty is all I see in you.
Purity through, my soul is vexed.
To love you is so truly complex.
Soul so clean and pure I sweat.

True beauty is the only you.
True virtue is only courting you.
Perfection here within my grasp.
The tender touch a quivering thought I gasp.

For true beauty is a rare delight.
In a world so barren of delight.
You are my only sweet respite,
from all the deeply wallowing hopeless gloom.

True beauty speaks with tender lips.
Of which one day I hope to kiss.
Silky smooth and oh so fair,
Long flowing hair I want you there.

Your true beauty shouts to me.
Come take me now and share our vows.
We'll share a fate no others knew.
Come take my hand I want you too.

True beauty is my only want.
Inside out she's the greatest without a doubt.
I'm coming now to take my bride,
her acceptance fills me with bursting pride.

Michael P. McParland

Tribute To The Pet Shop Boys

Neil and Chris you two truly are the best.
Speaking pure love and truth
from the heart through dance.
Tribute To The Pet Shop Boys

Your infectious beats and clever lyrics,
mark my heart with their bold statements.
You two have touched my life in so many ways.

Neil you are a poet with enormous heart.
Your lyrics reach inside my soul
and have given me voice in how they influence
and move my very heart, mind, and soul.
You and Chris have helped me
find the words I need so many times,
to grab the motivation finding
the well of creativity deep inside my soul and mind.

Chris your music is delicious and so electric.
You feed my manic energy in all the ways it needs,
you and Neil are my partners and help me
during all my ups and downs.
Chris you pack so much punch into
a wondrous world of sound.

The Pet Shop Boys truly are the greatest.
The speak the truth in so very many ways.
About love they are the experts,
they're the first ones that I turn to,
rather I'm feeling up or down.
May Neil and Chris live a thousand years
to continue enriching lives with their
unique and cutting edge sound.

I love you Neil and Chris.
The Pet Shop Boys are a huge story in my life.
You've brought me endless bliss.

Michael P. McParland

Tribute To Freddie Mercury

Your light shined forth oh so bright.
Through troubled waters you did fight.
Your power, your passion.
Through musical genius you
truly fashioned a revolution of the soul.

Your genuine lyrics were so bold.
What they mean to me cannot be told.
They move me so I feel released,
from the sadness I feel so deep.
You spoke the truth about emotions depth.
Showing heartbreak is not death.

You showed such courage and moral strength.
The world is better for what you spake.
You're the true king of rock n' roll.
Without you now it's all so dull.

Thank you Freddie for what you were.
Your life has truly touched us all.
Now rest in peace you blessed soul.
We love you much.
It was a ball.

Michael P. McParland

Touched

I am touched eternally by
your everlasting love so pure.
It opened my eyes anew when I first met you.
A whole new world came into view.
Of a spirit that never dies with hope everlasting,
you've changed my whole life.

I am touched by your spirit and strength,
never laying down giving up
you have a heart of gold and to the world you show it.
I am truly touched by the way
you take on life and go about it.

I love you so much and am deeply touched
in the way you see me and return it.
You are the sun and the stars shining so bright,
you give me light and I am touched because
I know all of the feelings I have for you are right.

Michael P. McParland

Too The One I Love

Down from up above you must have come.
When around you I am stricken dumb.
Your beauty is so fine.
It makes me feel as if I've drunk too much wine.

Your beauty is so complete,
To describe it I lack the speech.
You fill me with such wonder.
So I sit here and ponder.
Then if I can't have you I'm a goner.

Your eyes see right through me.
They're so deep and true.
So I cannot help but tell the truth.
You're the one I love.
Take me with you back above.

We'll be so happy like two doves.
To the one I love please have me.
Only then can I be happy.
Sure this poem may be sappy,
But for you to reject me would be really crappy.
So please be mine, and I'll be thine.
From there on all will be fine.

Michael P. McParland

Tonight And Every Night

Tonight and every night no matter what.
I'll think of you and look to the stars
say I love and miss you dear,
goodnight my love
the sweetest of dreams sleep tight.

Tonight and every night for all my life.
I'll pray for you to feel my love and feel me near.
For you to never know of any tears,
so your heart will have no fears.
For peace to be upon you through all your years.

So tonight and every night forever more.
I'll dream and pray with you in my
heart and mind.
I love you babe you're the brightest
sweetest angel from heavens heights.

Michael P. McParland

Tonight

Tonight will last forever.
Under the moonlight we come together.
I've waited oh so long for this eve.
Together now we make believe.
That the world is ours,
healing all the hurts and scars.

Tonight we're free.
Passion flowing madly growing forever,
knowing that the winds of love are freely blowing.
Tonight is bliss as we seal it with a kiss.
Let it never end this night of divinity.
Our love stretches on to infinity.

Michael P. McParland

To The Unwritten

To all the souls that are yet unwritten
keep the path of joy and love may it not be broken.
So much to learn and delight to be felt.
Take heed my friends so many experiences to be dealt.

At times it will be hard to pull
through all the hurt and pains that befall.
Struggle through this unwritten spell
with a song in your heart and so much care.

Give freely to both your soul and earthly mates
right on through to the pearly gates.
Your life's path is yet unwritten
so make it grand spreading joy and love to all of mankind.

Michael P. McParland

To Have And To Hold

Right now in this moment
I wish I could just have you here.
To have and to hold,
Simply look into your eyes
and bare witness to you of the
love that I hold and show you my soul.
Right now I'd give anything and be thrilled
just for you to be here to have and to hold.

Michael P. McParland

Time

The time is near.
Now get in gear.
Prepare yourself it's almost here.
No time to waste.
Before it is too late.
I need to tell you of this fate.
So we'll have joy and not be reprobate.
I want you now to be my mate.
The time has come for us to date.
So help me now to clean this slate.
From all the blinding pain and hate.
What we'll have is true first rate.
Love so pure I know for sure.
That all our suffering will be cured.

The time is now.
On my knee I bow.
With humble pride.
I ask thee now to be my bride.
From this life we should not hide.
Eternities waiting.
It does not lie.

Michael P. McParland

Thought About You

I was at the game today
watching Ohio State beat Minnesota it was fun.
The whole time though my mind
always wandered to you,
wishing you were there to hold
and to talk to.
warm each other from the cold
and driving snow.

I just thought about how much
fun it would be to have you
at your first football game,
enjoying your company cheering
on my favorite team.

The most important part though
and the thing I painfully miss the most,
would be just having you there,
having you near,
being with someone who understands and cares.
The most important of all is you
and it would be spending the most precious of time.

I thought of you during the game
and wished so badly that you were there,
and my heart still felt cheer for
one day soon I know you'll be here.
I love you my angel I'm all set and prepared.

Michael P. McParland

The World

Your love is worth more than all the riches in the world.
To imagine life without you is the most bitter pill it burns.
I'll give you all I have and more,
because the world only began when you were born.

Let every other man fight for earth
because your love is my whole world.
No other can compare to you,
their lack of depth and richness too,
could never suffice or ever do.

Your eyes reveal a world of love.
With depthness through and sweetness tune.
Your voice so fair like birds singing in open air.

The world you are,
and the world you'll be.
Forever with supreme epic meaning to me.

Michael P. McParland

The Wind

The wind is hard.
Quite sharp and fierce.
To the very core I'm pierced.
Inside I fear I'll soon be forced.
To get away from this horrid host.

The gusts cut me so very coarse.
The blackness spewed is so verbose.
I hate it for it's pushy boasts.
I'll now escape before I'm toast.

It pushes me madly this wicked ghost.
I'll hide inside until it dies.
Away from all these wretched lies.
Only then will I realize.
Freedom from it's killing cries.

Michael P. McParland

The Sweetness

As I taste the sweet honey it envelopes my soul.
I frolic through the fields in bliss now knowing that all will be well now.
I have found my rose among the rubble.
We embrace feeling and feeding each other's souls, minds, and bodies.
We are renewed in each other's passion.
Is this what I searched for,
for what must have been an eternity?

I tremble as we come together.
Do I dare give all myself forever?
Can I truly be all that you need?

I love and hunger for you.
You are all that is right in the world.
Divine beauty personified.
Hesitation, a single tear.

You stare into my eyes.
I know once again that all will be well.
I take you and it is bliss.
To let go now I would be remiss.
Take me, take me.
Never let go again.

Michael P. McParland

The Storm

A tempestuous storm.
Well beyond the norm.
Thunder crashing threateningly warns.
God will crush all the evils in all it's forms.
The time has come for all reform.

You'll face your demons in this storm.
Struggling, pleading to be reborn.
Only through him will come no harm.
The storm is heavy.
Now are you ready?
To face the pain that on you rains?
Go to him with no refrain.
He'll save you if you're true and plain.
About the things you must explain.

If you won't the lightning strikes.
To put you back and set you right.
You'll suffer mighty in this plight.
The rapture storm is dark as night.
Destroying wicked blackness to set things right.

He showed you all the things to do.
You ran away just like a fool.
Now you'll pay it's mean and cruel.
For all the people you have hurt.

You're paying now in a ten fold spurt.
The storm will break,
but only when you finally wake.
To cast your arrogance in the lake.
So go to him and don't be fake.
He'll save your life it's not too late.

Michael P. McParland

The Step

The time has come to take this step.
I know it's real I will not fret.
I know your love is mine to get.
I'll prepare myself to get you back.
So you'll see I'm no slack.
In all the things you really want.
You need and cherish.
I'll never let these perish.

Through leaps and bounds our love is found.
With each step we take we feel the pound.
Our hearts are beating with the sound.
Of the words of love with blessed token.

The bond we share cannot be broken.
Let's take this step in harmony.
Finding what we both can be.
All the things that set us free.
Let's take the first step, it's what we need.

Michael P. McParland

The Stars Are Smiling

The stars are smiling down upon you every night,
for down here on earth you are the
brightest star by far and my guiding light.
I love you so much my sweet angel dove,
I send my goodnight and my message of love
up to god and the stars so they can help
deliver those feelings right to my only love.

Goodnight my sweet angel, my sweet sweet KP,
I love you so much and I'll never get enough.
You fulfill me in all manners and ways,
I could just sit and stare at you and your
beautiful eyes and smile for days.

The stars are smiling on you
and I love you so much.
Do you know how deeply my heart, soul,
and mind you have touched?
Please feel all my warmth and love
with great big hugs and kisses I'm sending to you.

Look up at the stars they're smiling at you.
For me them and God are saying goodnight
sweet one and I truly love you.
You're an angel my hero the one I adore.
KP I can't get enough of your spirit so pure.

Michael P. McParland

The Scene

The scene is so serene.
It gives me hope and sanity.
To these things I try to hold.
The beauty so elegant and bold.

When I come here it is strange.
I see the light.
The world is truly bright.
I feel no fear.
I have no doubt.
Nothing here could hold such clout.
The breeze is soft.
Above all else my spirit is not lost.

When I come here it's a splendor.
I know that love is truly tender.
So I sit here in this scene.
Caught inside a wonderful dream.

Michael P. McParland

The Only One

You're the only one. It is true.
I could never love anyone but you.
When in despair I look to you.

Hope eternal springs,
with all the joys you bring.
All this splendour you make me feel.
The fact you're here is so surreal.

There is no other.
You're the only one.
I hope you believe I'm the one.
Playing the field is over and done.
When you know you've found the one.

I never feel the need to frown.
When the one I needs around.
Nothing Else could take the place.
Of this picture perfect face.

Together we'll build a special place.
To spend such endless blissful days.
The only one will do for life.

I take thee now as my wife.
To have and hold. Forever cherish.
Never seeing a single blemish.
I never imagined this day would come.
Eternally now with my only one.

Michael P. McParland

The Night Glorious Light

Shadows fall.
The day is old.
The night is peaceful. Quiet.
In this time I can't deny it.

My thoughts are clear.
My spirit cheers.
As I wonder why these fears?

All that's there is joyous splendor.
Knowing of your love so tender.
Never denying.
No need for crying.
Knowing that the worlds not dying.

The night is cold.
In your love I feel so warm.
Telling you I feel no harm.
As I sit here in the night.
In your precious charm I delight.
It never ends your sacred light.

It lifts my spirit to keep the fight ever onward through this night.
I'll feel no remorse or spite.
Please stay with me.
Help me choose the right.
Lead me to your glorious light.

Michael P. McParland

The Mist

Through the mist I wander.
With all the time to ponder.
Beasts of such ferocity come at me with such intensity.
I continue on of necessity,
to find a true philosophy.

The mists so dense.
I need to make recompense.
For all that's wrong I must confess.
I cannot stand this lonely test.
In the mist and in the midst.
I'm truly blind it gives me fits.

The mist is thick,
It eats you cold and quick.
Beats you madly like a switch.
The mist is dark it kills the heart.
Madly eats you like a shark.
The mist is cold and I grow old.
Hopefully soon I'll find my hold.

Michael P. McParland

The Land

A gentle hand guides us through this land.
That holds such bounties and such tragic ends.
Take this hand and you'll find a joy, gloriously grand.
Ignore it though and you'll end up buried in the sand.

There are many glories in this story.
Although at times it seems quite horrid.
At least we can say it's never boring.
Many pratfalls are in your way.
Take this hand you'll rule the day.
Never feeling skies of gray.
Unless you wander the other way.
Then blackness strikes and bleakness spikes.
Tortured by such ghastly likes.
Cannot be imagined in their heights.
Depravity, misery and savage spite.
Eat you up you'll feel no light.

So take this hand to guide you through the land.
You need it to be strengthened for the plan.
It leads you to rewards so grand.

Michael P. McParland

The King

He stands alone.
Determined to unite all for the greater good.
A man of strong will and faith.
The weight and opposition is vast,
there at every turn to discourage and destroy the forces of righteousness that he has built and fought for.
As the opposition grows many of his forces weaken under the immense pressure and darkness.
Many abandon him for the pleasures of the flesh.
He is deeply saddened and distraught by the weakness of man and their lascivious nature.
Further and further the blackness grows,
over the earth suffocating all that is just.
He has finally reached the point of thorough despair and heartbreak. All of his greatest commanders and confidants have turned their backs on him, having lost faith in him and the cause.
Despair, sorrow, bewilderment, suicide haunt him day and night.
He is broken, robbed of his will, self-respect, and faith.
He himself falls away leaving only the tiniest glimmer of hope in the world.

After a long journey of debauchery, self loathing, enjoying all sins of the flesh, and exploring the dark arts he is left a bitter broken man. Thoroughly distraught and void of but the few remnants of the man he once was.
Finally he falls to his knees and begs for forgiveness, determined to free himself from this bondage.
Now he turns back to the light prepared to pick himself up and rise from the ashes.
After a long difficult internal battle he begins to pick up the pieces again and rebuild his kingdom.
With renewed passion and strength he once again faces the opposition and begins to drive it back.

This battle still rages today the forces of light gaining much ground, victory and facing setbacks he fights on.
The King is our rock and saviour.
God save The King.

Michael P. McParland

The Greatest

You're not just the greatest girl I've ever known.
You're the greatest person to the world I attest.
I could never love another such as I do you.
I would never want to seek or be with another
only you my precious delicate flower.

You're the greatest and you hold my heart and soul.
I want you to be my wife and mate for eternity evermore.
You're the greatest I'm at a loss for
words to express in full my awe and pure love
for the greatest lady in all time.

Michael P. McParland

The Best Days

The best days in life are spent with you in some way.
I always love the ones with you in person the most,
but days speaking to you online are a good ones too.

Days dreaming of you and reliving memories are the best,
because at least in my mind I can lay my head on your
shoulder and on your chest to rest my head and close my eyes,
with your soothing voice telling it's all okay and you'll
always love me always through each day as they pass.

The best days in life always involve you
in any and every way there is to believe.
I love you dear you're my only one and everything.
You're my angel who lights up my life in every way,
I love you KP my darling one you help me survive each day.

Michael P. McParland

The Arrival

A splendid arrival.
With such great stories of survival.
We now know what's been done.
Through all the days that have come and gone.
I am so happy that now it's done.

The hard pressed waiting,
while the years have spun.
No longer feeling cold and shunned.
With your arrival here the day is won.
So tell me now what went so wrong.
I guess it doesn't matter now that you have come.
My heart is beating now with boisterous song.

Your arrival here took so very long.
With such great cheer you now are here.
I have no need for petty fears.
That you'd ever leave me here in bitter tears.
So we'll join in blissful days.
I need to feel your loving gaze.
Your arrival here has brought bright rays.
Of brilliant sunshine that's here to stay.

Michael P. McParland

Thank You So Very Much

Thank you so much for all your kindness
and all of your unconditional love.
You fill me up with such emotion
I feel as if I might burst.

The joy and happiness I feel
are more real than any other emotion,
before you on my knees I kneel.
Praying, thanking God for this gift of
true love and passion,
a love like no other on earth
it's uniquely fashioned.

I thank him for the light he's
brought into my life,
saving me from the hell of utter loneliness,
by sending an angel who's wrapped me up
inside her wings,
comforting me giving all the time I need.
Drying my tears and kissing me,
saying it's alright dear,
I love you and I'm here,
you have nothing more to fear,
for we have true love that provides protection,
we've been blessed by God with a profoundly
strong and epic bond.

So I ask you now my darling one.
Will you make me whole and marry me?
Seal our lives as one?
I'm the luckiest man on earth and
you truly are my only one.
So please take my hand and be my wife
I swear that by you I'll always do right.

Thank you so very much
for being in and a part of my life,
without you in it I just drift along,
I'm lost and I'm sad but now you're here

and I'm bursting with joy and oh so glad.

Thank you,
thank you,
thank you my love.
Thank you so very much.
I love you,
I love you,
I so dearly truly love you
it's 100% true.

Michael P. McParland

Thank You K.P

Giving thanks for you my only one.
Without you my life would have long ago come undone.
I just wish to tell you in this short prose,
that I love you tons.

You mean worlds to me and I will
always prove to you my love in every
word and deed.
For you're my angel and best friend.

I give thanks to you for all your love,
for your understanding and accepting heart.
I love you more than anything on earth
I can't wait to spend my whole life with you.

I just want to give you thanks,
because KP you're the best.
Love and miss you tons.
I'm holding you close tonight and
sending all my warmth and love.

Michael P. McParland

Tenderly Ask

I bend down onto my right knee,
then tenderly take your hand,
look into those big bright sweet eyes
and ask you if you'll marry me.

I profess to you my true and everlasting love.
That you're the only one I truly adore.
That I wish to spend this life with you,
and through eternity spend and share our afterlife too.
I can think of no one better than sweet you.

I have known from the start you were the one,
I've loved you deeply for 15 years
that have come and have gone.
All the while loving my only one, my sweet Angel true,
I've always known I could never love anyone but you.

Tenderly I take your hands to confess my
inner most deep and sacred feelings.
Letting you know that my walls are down
and my soul and heart to you I'm fully releasing.
For you're my soulmate and the one I want,
I need you because alone I'm in a fog completely lost.

I dip down to my right knee,
take your hand and ask ever so tenderly.
KP will you be my wife, my treasured Queen forevermore?
You are the guardian of my soul and heart,
for all this life and far beyond I wish to hold you,
help us both feel safe and know everything's alright.

I love you for who and all you are,
you are my hero and the brightest star.
I give my life to make you happy,
because you have touched my soul and
given me a purpose making me so very happy.
So tenderly now I ask thee sweet angel dove KP.
Will you make me the luckiest man in history and honor me?
Will you take my hand and marry me?

Michael P. McParland

Taking It All In

I'm laying here half awake,
remembering the happy times we shared.
Those are the days and words that matter,
the ones spoke in haste and anger
hold no weight they do not matter.
For in both our minds and souls we
truly know our hearts intent.
We have no desire to truly harm.

So I'm laying here and taking in
all the precious memories of my love,
where we've been and where we're going.
I know our futures bright it has me glowing.
So I take it all in and say I truly love you
my darling one.
I miss you but our day is approaching.
I'm waiting here with open arms
and an open heart.
I know when we embrace we'll never again
Let go and part.

Michael P. McParland

Take My Hand

Take my hand my only one,
we'll help guide each other
through this land.
Past all the dangers
and vicious haters.
That deem and strive
to tear us up and
forever keep us apart.

Take my hand and together
will strive and fight together
to find our way through.
To the eternal happiness we deserve,
joy in each others arms
making up for all the time we lost.
Having the family we've
always dreamed about and
live a happy life with our few kids,
teaching them manners and right and wrong,
we'll always strive to do our best
because our love for our family
and each other is from heaven truly blessed.

So please come and take my hand,
we'll begin this journey through
till it's very end.
Together we will quickly make it.
Supporting each other through every
hour, minute, second of waking.
Our bond is so very strong it will
cut right through the fronts that they present.

So come now dear and take my hand,
we love each other immensely to no end.
Let's go find the future we deserve.
Forever shut out the destructive jerks.

Michael P. McParland

The Chance

All I ask sweet one is to give me
the chance to share all I am with you.
I just ask for the chance to share in
each other's pure love.
I only ask for you to give me that chance,
to prove myself and be able to be with
the greatest woman I've ever known,
and the greatest woman on earth.
KP the owner and ruler of my heart and world.
Please my angel give me the chance to be with you
and experience heaven on earth.

Michael P. McParland

Sweet Lady

Sweet lady shines in pure beauties truth,
she's all the things I've looked for and sought.
A kind, sweet, and loving heart,
a will for understanding when my mental illness
shakes things up and I am lost
in a frenzied state,
no matter the millions of things it may be.

Sweet lady held in honor oh so true
I'd give my entire life for you.
You're a true blessing
and my sweet Angel dove.
You make me feel accepted and alive,
you give me love in a way no other ever has.

Sweet lady I am so very lost without you,
my mind is spinning and I'm gradually sinking.
You cannot know how deeply your beautiful caring
heart, mind, body, and soul have penetrated to my core.
From the start you had all of me
and a love which could not part.

Sweet lady I love you so very much,
I miss you to the point I feel the
pain within my body,
it drains all my strength
I feel constantly fatigued.

You truly are my only one my dear,
your light shines before me making
so many paths and hopes very clear.

Sweet sweet KP my true love,
I'll always give you my all
because in the depths of my soul
you're the only woman I'll ever truly love.

Michael P. McParland

Sweet Goodnight

I wish a sweet goodnight
to my sweet sweet lady dear.
I love you so much and to you
I'm sending all of my warmth and love,
with the biggest of hugs
and most passionate kisses your way,
and only for you.

My God bless you with peace of mind and serenity.
Taking away all of your pain
so you may relax and get all of the
sleep that your body and mind need.

So a sweet goodnight to my darling one.
I'll be dreaming of you,
it's makes my night better and bright.
Within them I'll be holding you tight.
And tell each other we're there and we're safe
and everything is alright.

Michael P. McParland

Sweet Dreams Sweet Love

Soon it's off to bed I go,
so I wish you a good night and
wish you sweet dreams my sweet love.
As I say my prayers then crawl under the
covers it's you I'm thinking of.
To put me at peace and rest my
tired and weary mind.
I love you my dear,
you're the greatest woman alive.

Michael P. McParland

Sweet Dreams My Lady Fair

Sweet dreams my only one,
my dear lady fair.
I am beat tired to the bone,
I'm in desperate need of sleep.
I'll be thinking of you to calm
my nerves and make myself calm, content, and happy.
Thinking and dreaming of my
sweet angel dove I hold and cherish
and love dearly and completely.

Sweet dreams to you my lady fair.
I miss you tons and wish that you were here.
Just to hold and feel your sweet
presence and confident strong spirit so needed.
I love you dear and I hope you're doing well.
I love you more with each passing day.

Michael P. McParland

Striking Beauty

Skin so fair.
Luscious long black hair.
Big brown eyes right through me stare.
Small in stature.
Large in toughness that can fracture.
Perfect features I stare in rapture.

I cannot help but look at you.
Your perfect beauty is so true.
No need for make up, you're divine.
No need to ruin what is fine.
On your perfect proportions my eyes do dine.
The sight of you is such a crime.
The hearts you break,
with the sexiest smile known to date.
No other compares to you.

You're the pinnacle of God's greatest achievements.
No earthly man could hold such plans.
Most of all you're modest too.
That's why I am so in love with you.

Michael P. McParland

Staying Power

Staying power, staying true.
Forever have no doubt,
I'm committed to only you.
You're my angel and my light.
You give me reason to hold on and fight.
I love you more than life itself
to turn from you I would slay myself.
So never fear you hold my heart,
for you I have pledged my life.
Staying power for eternity more,
I will never leave or abandon you.
You have my faith and my solemn vow,
I'm yours forever more we have staying power.

Michael P. McParland

Stars Of Love (Dreaming Of You)

If a star fell out of the sky
every time I dreamed of you,
within a week the night would turn black.
For you are the center of my loving world,
I sit and stare at the stars dreaming
of my only love.

If a star fell every time I dreamed of us,
a meteor storm would turn the earth to dust.
It could not withstand the cosmic dreams
caused from my loving heart and hopeful thoughts.

When I sit and look up at the stars
a light breeze drifts through and on
it's tail I get a scent of all that's you.
I speak to them and say please
give my love these words.

I miss you and I love you,
I can't wait to put my arms around you.
When the sun rises give her my morning greetings,
wishing her the greatest day with
fulfilled happiness and safety everywhere she's going.
Then upon your sparkling return,
wish her my goodnight song.
Sending all my love and warmth,
with the biggest hugs and kisses
she could ever want.
Tell her that she's my angel too,
and has saved me in so many ways,
And once again remind her of my love
coursing in my being through and through.

If a star fell every time I dreamed of you,
the sky would soon be empty like
my very life without you.
So I say goodnight up to the stars,
so they can send my message to you far and wide.

I'll just dream upon them until
we're together once again.
KP look up there too and you'll
see me blowing kisses right at you.

Michael P. McParland

Splendid

Such splendid dreams I have involving you.
The times we've had your loving soul
that warms me through and through.
Splendid dreams of days to come.
When I know you'll be in my arms
protecting each other eternity to come.

Splendid anticipation knowing what's to come.
Soon I know all the strife will be gone and done.
We're meant to be will work it out,
we've fought through so much to this point I have no doubt.
My splendid lady to have and to hold.
When you become my bride I never let go.

So splendid how you enrich my life.
You've brought so much passion and endless spice.
Forever in awe of your shining light,
knowing you'll take me in brightens my entire soul
cleansing me of all rage full doubts.

So splendid to know these dreams will soon come true.
It gives me drive to keep on going
fight through all the horrible things that turn me blue.
My sweet precious splendid lady how I
will always stand true by you.

So splendid you are to me in all you are.
You have kept me going through my trials
oh so far.
My splendid lady the best it's true.
Come let me hold you kiss you
tell you how much I adore you and have terribly missed you.

I can't wait for that splendid day.
When we embrace and tell each other it's okay.
Then look into the others eyes and seal it with a kiss
never again saying goodbye.

Michael P. McParland

Spiritually Bound

We are forever spiritually bound
in our shared and true love.
Two rare souls that in
each other have found deep
wells of love so many look for
yet they have never found.

True soul mates of the rarest kind.
We're spiritually bound in our
undying, awe inspiring,
earth shattering love.
I would never trade you for
anything else for you are the only one,
my sweet angel dove.

We are spiritually bound having
given ourselves freely to each other.
Not possibly could I ever find
such divinity in another.
I love you, I need you,
I desire your love,
you have the sweetest spirit
and the biggest heart,
there is no doubt you are my angel
blessed upon me from up above.

Spiritually bound you make me so proud.
I want your love and you hand for an
eternity and well beyond.
You are the one for me
as I am for you.
We're spiritually bound
giving ourselves to each other
feeling so proud without any doubts.

Michael P. McParland

Spectacular Lady

A spectacular lady I love so much.
I can sense you near,
hear your voice feel your touch.
My days are filled with memories and dreams of you.

I'm completely exhausted
now about to retire,
and as I drift away to dreamland
I will look and find you there.
Hold your hand embrace you near.
Say I've missed you
so very much my dear.
I love you so I'm never going to let you go.
Well shedding tears of joy
knowing I am yours and you'll be mine,
and I'll be yours.

The most spectacular lady
whose defied all the odds.
A shining spirit a divine gift,
my awe and loving admiration
I'll never deny it.
I send my love and warmth
as always my spectacular lady.
And feel my arms around you,
telling you it's all alright
and all my secret passions.
Feel me near as I feel you.
My spectacular lady
I truly know our day is near.

Michael P. McParland

Soon

Soon we'll be free from all this gloom.
No need to feel impending doom.
Holding hands in loving swoon.
Peaceful feelings with so much room.
To live and breathe with time to groom.
The greatest roles we have assumed.

Soon the time will be just right.
For each other we'll live and die.
Knowing we were worth the tears we cried.
Fighting through the hateful lies.
That others flung as they passed by.

Soon we'll see what's good indeed.
Were all we'll ever really need.
Take heart my dear and have no fear.
Soon the loneliness will disappear.

Michael P. McParland

So Good

Touch me in the way that feels so good.
You stroke my ego with such a gentle hand.
It feels so good to be with you.
Your passionate smile, your gentle soft lips.
Tease and tickle at the tip.
You kiss and nibble just a bit.
It drives me wild with such delight.

You know just how to make me tick.
With a jerk and then a lick.
Just keep on going for a little bit.
Excitement builds with the thrills.
You're the best it gives me awesome chills.
Don't stop now it's almost done.
It forces through me like a shot from a gun.

That's so good I know it's real,
the spectacular ways you make me feel.
It's so good don't ever stop,
just keep on going round the clock.
That was great I contemplate.
We'll go again it's not too late.

Michael P. McParland

Snuggle

Come and snuggle with me as I lay down to sleep.
Feeling your warmth and arms around me
will help comfort my scared and troubled soul.
To nuzzle with you would make my world complete,
my face and head buried on the inside of your shoulder
curled up tight against your body to be as close
so I'll no longer feel cold and alone.

Come cuddle and nuzzle and make
each others night and souls feel complete
not one single hole that leaves us longing for
something more that we're not finding.

Come cuddle with me and kiss me too.
We'll say goodnight and possibly even sing some tunes.
Most important though is having you in my arms
telling each other it's all alright because we have each other.

Michael P. McParland

Sleep Well Love

Sleep well my love.
Get all the rest your mind and body need.
Don't wear yourself out with
useless worries that no one needs.

Look to the stars my love and
in the moon see my smile.
Telling you I love and miss you,
can't wait and am so excited
for when I finally see you.

I'm sending all my warmth and
love to wrap you up.
Along with the biggest hugs
and kisses for my only one
and Angel true.

Rest your mind and heart with
no fears or doubts,
for I love you more than all
the energy in the universe
and it will never disperse.

You've been worth fighting for,
you're a diamond and a precious jewel.
I'm so blessed and lucky to have you,
your loving heart and soul have
given reason to a life so dull.

Sleep well my love and feel my arms
around you as I lay down to rest myself.
I love you so much and together it's
all alright.
I'll always be here for you.
You're the one I give my all to.

Michael P. McParland

Sleep Tight Sweet Lady

Goodnight sweet lady and the sweetest of dreams.
Sleep tight and get all the restful
sleep that you so need.
Rest your body and mind so they may
feel whole and refreshed.

I'm sending all of my love and my warmth,
with the biggest of hugs and sweet kisses
for my one and only sweet KP.
ILYF and goodnight my sweet angel.
I'll see you in the land of dreams
where I hold you the whole night over.

Michael P. McParland

Sleep Tight Dear One

Sleep tight dear one and know that I am near.
Feel all the warmth and love I send
to protect and comfort you in nights end.
I wrap you up tight in my arms to show you
how much you are loved,
seal it all with a big kiss telling you
again that you're my angel and my only one.

Sleep tight dear one and feel not a single fright,
for I am here to protect my love from the cold,
every night from here through eternities doors.
I love you so KP I wrap you up to keep you warm.

Always look to the stars to see my smile as you go to bed,
I'm smiling there from where I am so
you'll always see and know I'm here.

Sleep tight my dear and feel no fear of my
not being here or there for you.
I'm wrapping you tight in all my love and devotion.
Feel my kiss as I say goodnight,
and it's all going to be alright.
For I'll never leave you or ever hurt you.
I love you KP you're my angel true
and I adore only you.

Michael P. McParland

Sitting Here

Sitting here awake,
dreaming of your beautiful face.
I miss you so very much you know.
I want you here to hold my hand.
Kiss you on the cheek and
you would look at me and say
you'll always be my man.

Our day is coming I can feel it.
The waiting though is unappealing.
For I want and need you here
to have and hold.
Kiss you on your precious lips,
then here you say that it's alright.
So then we'll tell each other
we're here forever,
because we so deeply love each other
now and forever.

Michael P. McParland

Simple Words 3

I share with you these simple words,
in short terms they define exactly what I feel.
I love you more than anyone has ever loved before,
I care about you and all that happens,
I'd do anything to protect you.
You are my heart and soul,
my everything you know.
I love you with every fiber of my being.
These simple words I give to you.
To share and show exactly how I feel.
I am in awe of you my Queen,
I give you my everything.
I would give my life to protect my future wife.
So here within are these simple heartfelt words,
I love you so very much,
come take my hand and give our vows,
you're the only one without a doubt.

Michael P. McParland

Simple Words 2

I love you to the moon and back.
You are my northern star
guiding me through my darkest hours.
There are no words in the universe
to express the intense love I
hold for you deep within me.
I'll love you forever straight
through eternity my only one.
With these simple words I hope
to show you that you are my world,
my universe, you fill my heart and soul,
you are my divine angel.
I love you more than anyone can ever know.

So as always I'm sending
you all my love and warmth,
with great big hugs and kisses just for you.
In these simple words I dedicate
myself in full to you.

Michael P. McParland

Simple Words

Simple words are precious pearls.
When spoken true they mean the world.
They tell me that I'm special,
and that you really care.
They really are so meaningful,
a feeling that is rare.

When they come from one as you.
It makes me feel as precious few.
It's something so little have tried to do.
Such simple words with greatness spewed.
In my heart a loving burn.

It means so much for you to share.
The love you hold and have spared.
I always knew you truly cared.
I thank you now for all you do.
These simple words are sweet and smooth.
From my doubts I am removed.
You told me I'm a special dude.
These simple words give my soul such needed food.

Michael P. McParland

Simple Pleasures

The simple pleasures in life are best.
Spending time with special friends.
Letting them know that they depend.
You'll always be there to defend.

Taking time to sit and think.
To ponder how great the world can be.
Sit and read while drinking tea.
It's all a splendid treat for me.

A peaceful walk down in the park.
Taking in it's gorgeous spark.
The precious wonders are so stark.

Listening to music that gives you hope.
These simple pleasures are what I need.
So life doesn't grow tired and boring.
Enjoy them all because life is short.
Cherish these things inside your heart.

Michael P. McParland

Simple Message

This is just a simple message,
but sometimes those are the most
important and truly touching.

KP you are the one I truly treasure,
I've loved you since the day I met you.
Your spirit and beauty hit me strong,
so magnificent it almost knocked me down.
KP you're magic to me in every way,
I loved you then, I love you now,
I'll love you everyday through life's adventure.
I just want to say I love you deeply,
you are my queen and I bow to you
in all the ways you need me.
Simply put you are my everything.
My God KP I love you more and more each day.

Michael P. McParland

Shining Star

Remember to look at the stars tonight,
my smile's up there beaming at you bright.
Saying goodnight my love my only one.
Sleep tight and let not a moment of sadness
come upon you now,
for your love is watching always over you.
I am your sworn protector and will never let
anyone or anything get to you.

Your shining star is praying and watching out,
giving and sending you all of his warmth and
love feel not a shred of doubt.
Feel the biggest hugs and kisses as you rest in,
I'm right beside you hand in hand,
wrapping my arms around you to say I love you,
It's all alright I'm right here.
I'm never leaving for you're my shining star.
Eternity is ours forevermore.

So look to the stars my dear and see me there.
Feel my love, know I care.
It won't be long till I'm holding you for real,
telling you I've missed you so and I won't let go.
KP you are the one and I truly love you so very much.

Michael P. McParland

Goodnight Darling One

Goodnight darling one it's the end of the day.
Thinking of you as I get ready to turn in,
seeing your bright eyes and smiling face
they put me at ease calming my heart and my soul,
filling them with joy, contentment, and hope
in their brilliant bright display.

Goodnight darling one I love you so much.
I'm sending you all of my love and my warmth.
Wrap up in it like a big blanket,
feel the comfort it brings and get from it
the rest that you need.
Along with it I send you great big
hugs and kisses to grace your sweet countenance.

Goodnight darling one I love you so much.
It's time to turn in and get the sleep
I've so needed.
I'll be dreaming of you,
holding and telling you everything there is.
Say I love you and I miss you I can't
wait till this is for real.

Goodnight my darling one the day is now done.
I love you so much KP never
forget that my heart and my soul are forever yours.
My hero, my angel, my only one.

Michael P. McParland

Thankful For You K.P

I'm so thankful for you KP
and all the beautiful things you are
and have always done for me.
I love you more than I can ever say
and a few short words are all I have today.

I'm thankful for you
because without you in my life a giant chunk
would be missing and I'd be so very lost.
You're my hero and my angel,
You hold my heart and soul,
I'm just so thankful that you're there.

I don't have a ton of words today.
Just know KP I'm so thankful for you
each and every day.
I get on my knees and thank God
for bringing you to me so could
complete our souls,
so I would know the greatest woman
he ever created.

I'm out of words today my mind is foggy gray,
I just wanted you to know I'm
thankful for you not just today but every day.
You're the one I treasure and hold true,
my angel my hero,
KP my darling dear I love you.

Michael P. McParland

Ten Dozen Red Roses

I have ten dozen red roses here for you.
Just a token of my love,
a simple gift for a wonderful beautiful girl
whom I truly love.

I personally removed every thorn
so you won't get poked and stabbed
needlessly hurt.

Ten dozen beautiful red roses,
a simple heartfelt gift.
For the most wonderful, magnificent,
beautiful woman I love so much
and have dedicated my entire life.

Michael P. McParland

Sending All My Love

I'm sending you all my love
each and every single day.
Can you feel it envelop you,
warm your heart and fill your soul?
Can you feel my arms surround
you as I embrace you across the space?

I could feel you this very
morning as I sat silently reading.
I could feel you next to me,
your warm smile and deep love,
they filled me up and lifted my heart,
it's the happiest I've felt in ages passed.

I'm always sending you
all my love and warmth.
With the biggest hugs
and romantic kisses just for you.
Can you feel the passion
I hold deep inside for you?

I can still feel all your love.
I can sense you near,
I smell your hair,
I smell your skin.
The senses fill my heart with joy,
for I know our bond persists
and we'll stick it out till the very end.

I'm sending you all my love
so rest your head and sleep
knowing that I will forever hold you dear.
Feel my love I'm never going to abandon you.

Michael P. McParland

Saved

Know it or not you have saved me.
Your love and presence in my life a joy
unequaled I now and forever proclaim it.
You gave me light and hope that I'd long lost.
The only fear I face now is that you're ever lost.
I know though that you'll never forsake me.
Just as you know I could never let you go.

You have saved me in so many ways you cannot even know,
but in due time I'll be able to tell you all.
We'll fight through all the pain and bad.
Our bond is made of steel it will hold forever
my sweet fair lady of the highest class.

You have saved me in so many ways
so know it's true when you here me say.
I love you
I want you
I need you.
So let's come back together and talk things out.
I'll always fight for you in every way I can.
You saved me true so let me help to always save you too.

ILYF

Michael P. McParland

Rock Hard Passion

Longing hard to be so deep inside.
I ache for you in the greatest of needs tonight.
I love you for your heart and soul.
But let's not forget that I'm still flesh and blood.
I'm aching now intensely hard.
I need you here to show and share with you all my love.
Please come and help relieve my longing pain,
in all arenas but right now my God I need this one.
I want you and need you for all my life
for spiritual and mental guidance by my side.
Yet I'll always need my sexy lady
to help relieve the raging tension of
the rock hard passion I've been needing within my loins.

Michael P. McParland

Right Now

I need you here right now.
Just so I can look into your eyes and say
I love you more than anyone can know
Your my essence my heart and soul,
I want you to be mine forever and a day.

I need you here to say I love you.
To hold you and to cuddle.
I need you here right now just to reassure
of all the truth within my love.

Michael P. McParland

Rest Your Head (On My Chest)

Rest your head upon my chest,
we'll talk until we fall asleep.
In full warmth and comfort from each other
we'll just sleep until there's no more fatigue.
For finally with each other in our arms
we'll feel safe and full of comfort.

Come rest your head upon my chest,
and let me wrap my arms around you
to securely hold and protect you from
any doubts or fears that may still haunt you.
To reassure how very much I love you.

Come now let's lay down and rest your head
right next to mine.
Stare into each others eyes and feel
the wholesome love we hold inside.

Come now and with me rest your beautiful
spirit, heart and mind,
chase away all this lonely fatigue we
can no longer abide.
Find contentment in each others arms
and soothe our souls.
Find the peace we need in our arms
resting until we are recharged.

So come KP and rest your head upon my chest,
let us feel and enjoy the peace we feel
and need within each others arms.
It is right there where our journey can begin.

Michael P. McParland

Rest Your Head

Rest your head and get the sleep that you need.
Worry not for when you wake up I'll still be here,
rather asleep or awake I'll not leave you sweet dear.
Rest your head and body put your precious mind at ease.
Look for me in your dreams and I'll hold you,
make things all better for the time being.
I'll protect you from all harm.
I will make sure you feel and know all of my love.
So rest your head and get all the sleep that you need.
I'm sending all of my warmth and my love with great
big kisses and hugs.
I love you so deeply and I miss you completely.
But I'll still be here so right now just rest your head.

Michael P. McParland

Rest With Me

Come rest with me KP.
I'm very tired but will not sleep,
so please honor me with your
heavenly angelic company.

Hold me tight and tell me it's alright.
Stroke my face and hair with your hands
so very delicate soft and fair.
Tell me that you love me and aren't going anywhere.

Come rest with me the man who
loves you more than any known thing.
Let's hold each other close too keep
out every last breeze of the bitter cold.
Protecting each other and our true love
a world so cruel and jealous would destroy.

Please come rest with me KP
and help the world and all around,
be so serene and calming by your soothing voice
my heart and soul painfully long to hear.

Michael P. McParland

Rest Assured K.P

Rest assured KP that I truly love you.
Know that that's where you stand.
Eternally in my heart and my soul,
will you honor me
by being in my arms forevermore?

Rest assured I am dedicated to you.
I love you so much that to even feel
your spirit pull away for a second throws
me into utter chaos and dismay.
That's where you stand,
firmly in my whole being for
you are my Angel and Queen.

Rest assured KP I love you so much,
I'm in such desperate pain being away
from you right now.
I need to hold you and look in your eyes,
tell you I love you so much and
of that I could not lie.
Then just kiss you and hold you
to never let go.

Rest assured KP I love you
more than anyone on this earth
can ever truly know.

ILYF

Michael P. McParland

Respect For You

I have respect for you
in so many different ways.
Your fire and your passion,
your kindness and your love,
your strength to fight through all the pain.
I openly admire you for your
determined honest ways.

I respect you for having
given me so much of your
patience and precious time.
The second chances when I have
screwed up like a foolish child.
I respect that you've taken all the time
to truly get to know me.
Broken through and down so many walls
that so many others never had the
courage to even try and climb.
I love and respect you for understanding
why the walls were there foe such a long time.

I respect and admire your rock hard
perseverance in the face of hate and doubt.
I truly can't tell you all the ways
I respect and love you for there's too
much there to count.
Just know that I love you dear,
respect you and hold you as a hero
that I so admire and who's loving
dedication and confidence I look to and aspire.

Michael P. McParland

Renewed Hope

Renewed hope I have found
in the love you've given me,
KP your acceptance and faith
has opened many doors and helped
me find so many keys.
To life and care brought anew,
a hope and happiness disappeared
when I thought that I lost you.

KP you've renewed hope
in this lost mans life.
Helped give me back direction
I had lost in many years of dark,
bombarded with using, abusive,
confusing things and people.

You've renewd my hope and belief
that there are still good
loving, caring, helpful people.
KP you've renewed a loving heart
that had almost lost all faith
that it could find a happy
loving wife and place.

KP I love you far wider
and deeper than 10 universes.
You've renewd my hope and heart
in ways that I have so long and deeply needed.
I can never thank you deep and long enough.
Just know I love you so very much.

You're truly an angel that understands
what I am all about.
That my heart and soul speak worlds of love.
You've renewd a passion held so deep,
you've renewd my essence I thank you
so very true in every word and deed.

I love you,

I love you,
I love you true.
You have renewed all my faith and belief
I want to marry you.

ILYF

Michael P. McParland

Remember Loving Words

Remember that the loving words are the truth.
Angry ones were spoken in times of blue,
some here too are only fiction.
So please for Gods sake remember
and only listen to the loving words.

You know how much I truly love you.
The endless deep wells I hold inside.
So do not take angry words to heart,
so many of them are not meant for you
for all I have is endless pure love just for you.

Please remember that the loving words are the truth.
They're always meant for only you.
Feel my love inside your heart,
for not a second shall it ever part.
I miss your smile eyes and sweet presence in my life.
You help calm me take away all the strife.

Without you here I do not eat or even sleep
so how could I point cross words
at a beautiful heart and soul I hold so deep?

Please remember that the loving words are the truth.
I want and need you so how could
I slam you when you're my angel true?
Please come be in my arms and feel my love,
let me whisper in your ears those words so dear
to the one God sent me from up above.
ILYF

Michael P. McParland

Ready For Bed

Ready for bed once again in my empty bed.
Sleep has not been my friend,
hopefully I will find it,
rest awhile let my mind go quiet.

I wish that you were here to hold.
Stroke my head and face.
Just look into my eyes revealing
all your love calming me with your
endless love I so desire.

Ready for bed I'll just
dream of all the things you hold,
in my heart I feel your love
I know you're sending it my way.

Ready for bed I'm sending my love as well.
I hope soon that you'll be here to hold.

Michael P. McParland

Reading

Reading brings such wonderful solace.
Taking the mind to millions of places.
A wonderful way to spend time by yourself.
When there's nobody there,
or you just need some time to
escape and be by yourself.

There are so very many things
of which to read.
I have nearly a thousand books
just which one should I read next
to satisfy this unquenchable thirst?

I'll just have to read more
than one at a time.
Immersing myself in the written word.
Not coming up for breath
until I feel satisfied and must rest my eyes.
For only awhile though,
for I cannot wait to return to the page
and see just what twists the tale takes.

So soon I shall forget the world
and follow the hero's and villains as they
travel along on their many adventures.
Discovering new worlds and learning of old.
Soon my dear friends I'll share with you
all the wonderful things that my books behold.

Michael P. McParland

Radiate With Radiation

Radiate with true brightness babe.
Like three mile island and chernobyl
our love is an atomic blast.
No need to clean up here though.

So let's radiate with the radiation of intensity.
Blowing away the gawkers of jealousy.
They're just stupefied from our radiant beaming.
They've never seen anything quite so everlasting through the screaming.

Our radiance shoots through eternity
burning up the ozone layer.
Radiance of radiation that burns and sizzles,
killing all that is bad
and now to bring forth that which will renew.

Michael P. McParland

Quick Night Note

I'm sending you lot's of special
and strong soothing love tonight.
I have a feeling we're both in need
on this frightfully cold and lonely night.

I love you babe and when
I can I'm going to hold you close.
Chase away the loneliness and tears,
give our souls the healing they need.

On this cold and lonely night though
feel my heart and warmth surround you
as in spirit I wrap you up in my arms for comfort.
I love you babe and I'm badly missing you.

So to help us both chase away the loneliness
I wanted to send you this note
to let you know I love you so very much,
I'm sending you all my warmth and love
with big hugs and kisses to calm
and soothe my only one.

ILYF

Michael P. McParland

Quick Message Of Love

I want only you forever KP.
You are a dream come true
and my heart only sees and
is dedicated solely to you.
You're my everything my hero my angel,
I want for you to be with
me as my wife forever.

I love you KP you're
the only one for me.
You're my grandest and
greatest dreams come true.
Oh my sweet sweet KP my darling one
how I love you.

Michael P. McParland

Proposal

I come to you now my only one,
down on one knee with abundant love I ask will you to marry me?
I could never love another as I do you,
I'd rather die alone than settle for a lesser love.

I adore you more than you'll ever know.
Burning heat of passion, madness, and ecstasy from my heart does flow.
I could never live my life with another soul,
I'd only ever think of you my heart you hold.

So I ask the sweetest girl.
Will you be my wife on earth and after eternity more?
You are my angel my reason my essence,
you've made me strive for better countenance.

You're the only one to make my soul and life complete.
So I bear my whole being and offer my life and self to share.

So will you be my most beloved wife,
to have and hold carrying each other through all the happiness and the strife?

You balance my rage make me feel a man as whole.
I propose to you will you gently hold my heart through an epic love story to last the ages one of which has never been told.

I love you forever my true fair lady.

Michael P. McParland

Profound

What on earth can be more profound
that a person who opens up and expresses their heart mind and soul,
in full truth of all the things that they've explored.
In whatever they've studied in raptured joy.

Michael P. McParland

Pouncer

Pouncer you were my little bundle of joy.
For years my best and only friend.
The perfect cat who always greeted me at the door,
when back from school or back from work
you came running to the door to be picked up and get your kisses
your black and white beauty I so adored.

You'd come and sit with me and lay down too,
when times were blue and sad you knew I needed you.
You weren't the most graceful guy but that's what made you so unique.
Big bright eyes of a kitten through your adult days
curiosity you always knew.

You left us far too soon at only 8 years old.
Summer of 2007 a year so bad and it also came for you.
Cancer took you up inside your mouth.
It ate you up and you couldn't eat you just wasted up.
I miss you so my precious little beautiful guy.

I didn't want you to continue feeling so much pain
so after a few more months you looked at me
and said it's time for me please send me home.
I took you down to vet you laid so calm
knowing that peace was right around the bend.

I still cry when I think of how you left that day.
As I write this I cry today.
I miss you so and still love you dear,
when I get to heaven I'm gonna hold you give you kisses
on your head behind your ears.

You were my best friend and kept me company.
Through such lonely days
I wish you were still here.
I have two new friends I know you'd like them now.
For Max and Caesar I say hello and when we get to heaven
we'll see you there and play with so much time to spare.

Michael P. McParland

Pointless

It's pointless though I like it still.
It pleases me so it fits the bill
continuing on through useless drills.
The absurdity of it really kills,
I love these old pointless horror films.

The plot is wretched and extremely thin,
their laughable attempts to be quite grim,
it never ceases to make me grin.
I love them tons with pointless puns,
they're exquisitely needless and quite dumb.
They never stop in endless run.

I want to see them all it's so much fun,
they're completely pathetic like this poem
going on in endless drone.
I like it still though it's pointless fun.
You do to cause now it's done.

Michael P. McParland

Please Tell Me

Please tell me just what it is I need to do?
Please tell me so I'll get it right and find my way back to you.
We'll always be friends sharing our special bond,
it's never been broken and it never will.

Please tell me what I need to do
because you mean so very much to me that's completely true.
I care about you more than life itself,
I just want you in my life to share it all,
our experiences, our thoughts, our hearts,
I want to live knowing you'll always be my friend,
our devotion never dying.

Please tell me where I've been right and wrong,
so I can always correct the wrong I've done
and continue those wonderful things that you love.

I'll forever be your loving friend.
You fill an empty void that your absence brings.
I hope you know just how much you mean to me.
You're my best and most treasured friend I don't
ever want to lose you again.

So please tell me how and what I need to do.
You're my friend my love to make you happy
fills me with joy making me so happy too.
I've missed you oh so much,
I want to fix all that I have done.

I'm also here to take your hand.
Please show me the way so I can hug you,
tell you how much I've missed you,
and that I'm happy that you're back.
I'll always do my best for you my friend.

Michael P. McParland

Please Be Mine Today

Please come back and be mine today
my sweet Angel dove.
The memories of you and me are what make life
tolerable and moments so divine.
You are truly my shining light
and guiding star like the northern light.

Please be mine today and let us never part.
Your love is that which keeps me going in all it's glory.
Remembering your eyes and smile.
A spirit that burned so brilliant and inspired.
You showed me love you showed me true art.
I only have thanks for you for ever more.

Please come and be mine on this very day.
It's been to long since we talked and laughed
playing complicated games teasing each other
poking fun but never mean or meant to bother.
I miss you so those wonderful days of fun
we'd explore the world in each others minds.

Please be mine and let us show the world
that true love exists beyond anything they could imagine,
helping each other in pure supporting passion
in every facet of devotion and needed fashion.

So please be mine today or very soon.
Life is so very stagnant without you.
I'm bored and lonely,
much worse though so depressed and sad.
You are my smiles and bright joy
I dream of you in the worst times to get me through.

So please come back and be mine forever.
I'll give you all you ever need and all I have,
Of the immense love I've always had please remember.
I love you I miss you I need you more than ever.
Please come and be my wife I give to you my entire life.

Michael P. McParland

Perfection

There is true perfection in this bond we share.
Even in the brutal fights we've faced
our true love gets us through we still keep
together strongly embracing never thinking of quitting.

There is truly only perfection within our love.
It's the mortal things to work on
to beat those cracks to avoid the pains
the world and jerks have brought on us in jealousy
to try and break us hurt us bold.

Yet through the perfection of my lady true
I'll always continue on fighting just for you.
I know you've also weathered much for me.
How my heart glows knowing such a strong and loving woman
stands with me helping me up from every blow.

The perfection of our true love
will get us through I have no doubt.
Because we're both fighters for our beliefs
our loves and families too.
We have each other and will always fight
for our perfect love it's perfection in truth.

Michael P. McParland

Perfect Moment

The perfect moment with the perfect person.
I'm quite surprised they're here with me.
Despite all my dreams,
I'd never have believed.
That at this moment it would finally be.

So here it is.
Finally knowing the perfect kiss.
Holding hands in perfect bliss.
It's so unreal,
my head is shrouded in a mist.
I can hardly believe such luck as this.

I never want this moments end.
In the greatest joy your sweetness lends.
The greatest moment which truth defends.
We hold the greatest love in lifes great plan.
Never ending and doing all we can.
To make it through with God's' great helping hand.

Michael P. McParland

Patience

Patience is a virtue.
You'll need it to stay true.
Whenever you are feeling blue.
Faith, and patience will always pull you through.

Though at times it may seem bleak,
and hope is very weak.
Be patient and you'll find what you now seek.

Love is patience which you really need.
Push too hard and good will leave.
The patient man will take the lead.
Rewarded well for this virtuous seed.
With which he grew and paid his dues.

The impatient man will always lose.
So wait your turn, ignore the burn.
With patience now you'll not be spurned.

Michael P. McParland

Out Of The Dark

Out of the dark and into the light.
Upon me the sun shines so bright.
Hope renewed upon this rock,
dreams flooding back,
reopening doors that
for so long have been locked.

I'm coming your way,
together we'll grab them,
cherish them for life.
We've beaten all the odds
from those so jealous
and tried to destroy us.
We've won the day true love is ours.
For we have persevered and come
out of the dark.

Michael P. McParland

Our Night 2

Spending the night with each other
in the best way I can ever imagine.
Sitting holding one another in silence yet
communicating still telling each other everything.
Listening to beautiful music and watching a sweet movie
that's your pick.

Then we lay in bed kissing and just talking.
Letting the other know it's all
alright that we're never leaving or letting go.
Just sharing all the things we've missed,
the things we've shared and all the things
we hope to accomplish in each others lives.

Lying in bed just looking into each others eyes.
Occasional kisses still giggling at nothing
like we're still just kids.
Slowly drifting off in each others arms,
with no fear because we both know in the morning the other will
still be here never going to leave our devotion is solid.

That will be our perfect night together.
Holding each other talking, kissing,
dreaming, and then drifting off simply sleeping.

Michael P. McParland

Our Night

I imagine you before me,
revealed in all your pure beautiful glory.
Shining with anticipation and pride
for the special gift we're about to share.
You are so perfect in your beauty through
I've anticipated this night to be spent with you.

Our eyes and hands travel slowly
getting to know each other in all our glory
preparing to share our souls in all that's holy.
Kissing and staring into each others eyes.
We see our souls with no need or desire to hide.

We've both waited so long for our special time.
Now our waiting is finally done.
With a deep breath a sigh of relief we're now together
bonded in each others hearts and souls forever after.

I never want this night to end.
For I've never felt closer to another.
Yet a lifetime of joy stretches far beyond us.
We'll stay joined forever no one can break us.

So here I stand before you now.
We're admiring each others beauty taking it all in.
Come take my hand and embrace me now.
Let us now fully know each other.
Strengthen our bond we've shared forever.

Michael P. McParland

O.S.U Force

Our game is polished and poised.
When you face us you'll be destroyed.
With ground attack and vicious sacks.
We'll break your back and not relax.

With aerial gains of awesome displays.
We'll rack up yardage with no delays.
Our defense makes you stumble and fall.
Turning over tons of balls.
We're a mighty force that can't be stopped.
Get ready now you're gonna drop.

Michael P. McParland

Only You

Only you can help fill the void within my soul.
You are my other half which gives me hope
and completes my heart.
Only you can help me find my path.
You bring out all the best in me.
Make me smile and make me laugh.
You bathe my soul in true romance.

It's only you forever in my heart.
So will you please come take my hand
and wear my ring?
Be my mate for life and through eternity?
For only you can fill my heart.

Michael P. McParland

Only One Forever

There will only be one for me forever.
Only you it's true.
Have no fear and feel no doubt.
My heart is yours my eyes for you.
It's the pure truth you're the only one forever.

Michael P. McParland

One More Chance

Give me one more chance to prove my love.
I'll treat you the way you deserve.
I'll show you I'm worthy of your glory.
Together we'll live a beautiful story.

One more chance to find romance.
Without a single backward glance.
I'll prove to you that it's not through.
There's still so much we have to do.
I may not have been the greatest bloke.
Now I see why you had to go.
Now I ask for you to see.
I've made the changes that you need.

One more chance for a love so true.
My life makes no difference without you.
I wasn't always there to show I cared.
Now I want to repair the bond we shared.
Just one more chance I ask of you.
For forgiveness sake don't say it's through.
Just think of all the love we'll make.
Knowing that we're the best two mates,
to share in such a glorious fate.

Michael P. McParland

One In A Million

Only one in a million could claim this prize.
It always comes as a surprise
to have finally realized
that you're now mine and I am thine.

No other man could ever plan
the necessities of taking your hand.
They know not what they need to be
or how to treat you specially.
It's quite a shock to finally have so much luck.
You truly see I'm not a schmuck.

One in a million could truly read
The tender caring that you need,
you have such depths of sweetness care.
Saving it for the one who dares
to show you that he's truly rare.
I'm that one from a million strong,
it surprises me that I have won.
Though we know that you're not wrong.

We help each other to be strong.
We'll last forever,
being proud of what we weathered.
It's greatness now for we're together.

Michael P. McParland

Oh Praise And Rejoice

Oh praise now for his time has come.
To release us from these mortal bonds.
Rejoice and celebrate for here we are the end of days.
No more pain, no sadness too.
All is fine from here on through.

Rejoice Rejoice his glory does shine.
Illuminating all that is so rich and fine.
We must have dealt in everything the way he'd want for we are here.
I can feel his glow, his enormous strength.
I feel so happy now the clouds are gone.

Oh praise him now and all he is
praise the greatness on this day.
No more hate, no need to fear all the ugliness has now been cleared.
So rejoice and praise we've made our way,
through the path of disarray.

Michael P. McParland

Oh If.....

Oh if I could only reach out
and tell you now how much
I deeply love and miss you,
the emptiness inside I feel without you.

If only I could call you up,
say how I want and need you in my arms.
Then you could come over or I could go to
your beautiful dwelling.
Then just lay in bed and talk.
Comfort each other in our
unconditional pure love.

If you only knew how much I needed you,
your arms around me talking about
nothing and everything.
Just grace me with that voice I so long to hear,
and stroke my hair and face
because you know it relaxes me.
If you just knew how bad I need you
and you could be here.

At the very least though there's one more thing.
Oh if I could only call you.....

Michael P. McParland

True Art

True art never dies.
Continually transcending space and time.
It stands through all the ages,
moving young and old alike
not limited by generations.
For it grabs the most vital parts
of our souls and hearts.
Giving sound and vision,
of heavenly things to soothe
and tame the inner heathen.
True art will last forevermore.
It's an unfathomable beauty
that is forever young,
never growing one bit old.

Michael P. McParland

Two Lost Souls

Surrounded by a sea of black.
Not knowing how to find the things they lack.
Two lost souls that need true love.

No one understands these complex beings.
Their wants, and needs,
far exceed than that others can read.
They cannot see the depth which bounds within them,
they'd get lost among the trees.

Two lost souls that need each other's trust,
but opportunity has passed things rough.
They need to see,
they need to touch.
Upon these things that they must trust,
to make the thrust into a future robust.

They search and search,
forever seeming stuck in a lurch.
They get to know others,
finding no one they trust.
Overall compatibility seems a bust.

Two lost souls that continue to dream.
Of the one that can help them,
find acceptance and pride.

Two lost souls that forever will search,
till they find each other they know it will work.
To have and to hold,
give all their secrets behold.

Two lost souls who are ready to give,
they've seen it all,
there's no reason to live.

Then one day by chance in the park.
They looked at each other ignited a spark.
Two lost souls had found what they need.

A fulfilling destiny that will fill all their needs.
True love and hope that binds them together,
eternal souls with love that causes thunder.

An unbreakable bond to last the ages.
A brand new book filled with empty pages.
Their story is grand and yet to be written.
For each other forever smitten.

Michael P. McParland

Understanding Is The Key 2

Understanding is the key
to all the things we want and need.
All I want is for us both to listen,
understand the best we can about each other.
Start with all the time we missed,
the things we felt at our forced separation.
The impressions and beliefs that to
this very day have caused confusion.
To start the beginning is where the healing
will have it's best chance.
Listening intently so we'll not miss a thing
and fully understand.

We need to connect the years between
our losing contact and reuniting.
Explore and find what the other went through,
understanding all the feelings and emotions
from those days both good and bad,
those within that may still be brewing
affecting us in ways we have not noticed
and brought us close to ruin.
We must find and understand these things,
for those are the keys for success we so
desperately want and need.

We'll share our pasts,
our whole life's stories.
Not all at once though because I know
both our histories are intense and
too much extreme emotion for one sitting.
To share those things and give such trust away
is such a depth of knowledge and understanding
that leads to discovery of why so much
happens as it does,
and can show us roads to travel solving all.

Through all of this we'll begin to
find so many answers to the things that don't make sense.
Where so many misunderstandings and

mistakes have come together and hurt us
through their pure disgrace.

If we go back through to comprehend these roots
we can begin to find a path out of this
tangled over drown jungle of pure confusion.
Connecting all the pieces will start the healing
helping us get started.
Then continue by finding all the right
solutions so we will not lose this loving
bond we both so cherish.

Understanding each other in all we can
on every way is our best chance so we'll
know just what we both need and want,
I have no doubt of our commitment to each other.
So let us show the faith we hold and bear our souls
to see the truth and find
the understanding that will save us now.

I love you more than anything on earth KP.
I swear to you I will go the lengths
to never lose us.

Michael P. McParland

Understanding Is The Key

All I want to start is for us both to listen,
understand the best we can about each other.
The time we missed,
the things we're finding that make no sense.
Listen intent to find out where
and what our youth to now has brought.
That shaped us gave us our
strengths, weaknesses, and fears,
understand so we can fully know
the best we can why we sometimes act
irrational and various ways as we sometimes do.

I just want to know you through,
your life top to bottom
all you're willing to give for a
connection that will strengthen our unbreakable bond.
I want to understand all the things
that have always confused,
frustrated and haunted me.
Leaving me feeling useless and weak.
for my inability to help you find the relief you seek.
I want to understand,
to give you the happiest life that you deserve.
You've done so much to help
so many others yet next to none
have given you your honors.
I wish to understand so from now until the end
I can always help you work through the pain,
frustration and anger I know you hold
from many years of being under rated and disrespected.

I desperately desire to give you all my secrets,
my pain, my humiliations, and my fears.
Maybe help you understand the rage I hide.
It doesn't make me a dangerous scary guy.
If only you understood,
and when I find the way to explain
why it's so hard for me to truly give up all that trust,
even directly right now to the woman I truly love.

I maybe wrong in all manner
needing some guarantee before
I give you the key to all that's me.
It's only you I'm willing to tell
and share all my life's journey the hope,
extreme despair, shame,
humiliations, and fear,
as well as all my hopes, happiness, joy, and cheer.

I never share those years with anyone,
but for you I'll put down all my defenses
disarm the protective guns.
I want us to understand each other,
always holding on to our love and
special unbreakable bond a wondrous thing,
of pure devotion and strength that has lasted
no matter the times that have been bad.

Please don't hate or resent
me for the wrongs I've done.
I want us to understand the best we can,
all of our moves the good and bad.
So I beg thee please let's find the way
to fully open up our hearts with trust.
Listen knowing that all we share is truth
no fear of cutting words or judgment at each others hands.

I offer now to give you something rare given to only you.
I will share it all
in a show of love and good faith for you.
Try to help you know my roots,
my moves through life,
I want to give it all to you.
I offer this with my heart full of trust.
What say you?
Are you willing to at lest listen to me?
Ask questions and I'll do my best
to help you understand my many odd ways
so hopefully I won't come off as such a slag.

I truly trust you,
you're intelligent I know you can

make much sense of a lot of my chaotic ways
once I've shared my stories of many many days.
You'll find I'm not a total miserable scary threat,
you know I'm truly loving
with only pure passion and need for you.

After I share my lives times,
It's your decision rather or not to share.
Either way I love you still.
I'll be happy to finally let you know my entire tale.
So I let you choose whatever you feel comfortable with there.
You can also decide where you'd
like me to start with many questions
that I can answer about my days,
to cover all there is from my travels about.
through all this very time.

I love you so very much
and I long for us to succeed.
You're my everything,
the first step and key
is true total understanding.

Michael P. McParland

Undying Love

Undying love I forever send to you.
My Queen, my Angel, my life for you.

Michael P. McParland

Vision Of Beauty

You KP are a true vision of beauty.
Inside and out you project a fairness
that is unequalled no doubt.
You still stun and amaze me every time
I look and see those shining eyes and smiling face.

Your heart is so kind and so pure,
filled with care for all things,
something so loving and very rare.
A soul that shines forth and touches all
that you meet along your course.
A vision of true beauty you are my only love.

You are a vision of pure and
true beauty in every way there is.
I love you totally for all and who you are.
A truly beautiful person and soul,
an angel that I adore from on hi.

You are my vision of beauty and
I love you more than anything or anybody.
You light up my life and my world,
you are all that is right
my sweet angel dove.

Michael P. McParland

Visions

Visions of you dancing in my head.
It calms my nerves which are always on edge.
You know I'm such a spaz,
we used to joke how I always was.

The visions of you shimmering and glowing
bright within my minds sight,
fill me with endless hope joy and delight.
A big smile spreads across my face,
something so very rare these days.

Visions of you embracing me tight saying it's alright.
Kissing me and saying yes I'll marry you.
Visions of putting a ring upon your finger
and the night we seal our bond forever.
Visions of our whole life through.
Stretching beyond eternity too.

Michael P. McParland

Roman Showers

Roman showers pouring on me.
My chest is filled with joy so hotly.
I love this scene so lush and thick just like a dream.

When it comes it fills a need.
A deep desire on which I feed.
It's quite beautiful but so taboo.
Why don't you come and join me too?

Let us pass in roman showers,
spilling all that we've devoured.
Sharing this will give such power.
Though some will say that it's so dour.
Don't listen to them for they are sour.

When it pours down on your face.
For everything else you'll lose your taste.
It gives you a feeling of such delight.
You're washed away of judging spite.
So let us partake of it this night.
Roman showers showing us brand new heights.

Michael P. McParland

None Sweeter

In the world there are so many beautiful
and wonderful sweet things.
None are sweeter though than you dear.
You bring joy and happiness in ways never thought.
You've brought richness and fullness
in ways I'd dare not sought.
You are the sweetest angel of which I could ever dream.

In all that I know and through all
the places and times I've known.
None has been sweeter than my darling dear,
You truly are the love and light of my life.
You're sweetness has cheered me up
and to you I forever give my life.

Michael P. McParland

Not Yet Slept

I've not yet slept and before I lay down.
I wanted to tell you I love you dear,
as I fall asleep it's in your memory I'll drown.
It brings me comfort and peace
giving my heart and my life a whole new lease.
So before I lay down and wrap up in your
beautiful angelic countenance I miss,
I wanted to tell you I love you and miss you,
but I'll forever be here anticipating our
blessed reunion a true heavenly gift.

Michael P. McParland

No Other

I want no other they can never do.
You are my angel
my guiding light
showing me the way to make it through.

No other has ever touched my soul in such an intimate way.
You touched my heart and took my breath away.
Only you have ever seen the depths of my soul,
the only one I shared my deepest secrets
and pains revealing all of myself.

I want no other because they are not you.
They can never measure up to your
beauty through and through.
I send you all of my love my wonderful angel
I'll be yours forever never doubt my dedication.

Michael P. McParland

No More Yelling

No more yelling between us anymore.
It only hurts and destroys the love we hold and have in store.
No more yelling and using coarse words.
We've been cut deep enough by the rest of the world.

No more yelling I'll do my best I promise you.
I know I've failed many times before but I'm working hard it's true.
I don't like yelling and saying cross mean words.
It hurts me too though not as much as you.

It crushes me when you've yelled at me
because your love and acceptance I so deeply treasure.
I know if I've made you mad I've really screwed up bad.

Please no more yelling in the future that we hold.
Please come back so we can talk and face the problems that we have.
Peacefully quietly loving speak to each other
truly showing that we truly care and matter.

I'm here with meekness ready to admit all my weakness'
to show you all my heart and quietly lovingly peacefully talk.
I will not yell because I love you so,
I just want to look you in the eyes and say I love and miss you so very much and give my promise of no yelling for my lady that I adore.

Michael P. McParland

No Greater Love

No greater love have I ever known,
of which to me you have shown.
There is no greater love on this
earth or entire universe.
Than that which you share and you show,
to me and the world.
There is no greater love on this earth.

Michael P. McParland

Nightlife

Nightlife so peaceful and serene.
I can sit here with my thoughts,
mulling over all the good times laughing and loving.
Ponder the wonders of this world,
make solutions to change the wrongs in all,
and in the individual start a flow of change.

Nightlife with quiet light surrounding me.
Reading from all the books I've wanted to.
To learn new things or escape into fictonal worlds.
Meet new people and hear their stories,
go on their adventures feeling fulfilled
yet sad when it's all over.

Nightlife to just sit and watch some movies.
Those ones that I've been looking forward to.
Horror movies in the dark,
deep dramas that break my heart.
And watch some kind of romantic piece that
I'm too embarassed for others to know
I'm looking forward for a mushy piece.

Nightlife where I can truly be myself,
everyone's in bed and not around.
I'm just free to do all those things
I want and need.
The birds can have the day,
I like the night
for that's when my spirit shines bright.

Michael P. McParland

Never Ending

Never ending loyalty,
never ending love.
An eternity spent in my heart,
I'll love through the end of time.

Never will I hate you,
never will I resent or hold a grudge.
Never will I feel anything but undying love.

Never forget that you're my angel true,
I never have and never will stop loving you.
Forever my heart is yours I can't take it back because I gave it to you forever more.

Never never never will I give up on thee.
Remember I'm still here for you please come back and make things truly open and clean.

Never ending love,
never ending admiration,
never ending loyalty for my precious dove.

Michael P. McParland

Needed Sleep

Once again I will lay down my head,
attempt to get the sleep that eludes
me so very much these days.
It slips through my fingers quite
often as I'm drifting off,
something in my brain will fire.
Getting me up and I have lost that
precious moment to retire.

Please be with me KP send me
some love and let me know that it's okay
to lay down and let my body go,
find the rest and sleep
my mind and body so badly need.
If you have the energy to spare
please send me some to calm me down.

Once again I rest my head upon the pillow,
attempt to get this needed sleep.
Goodnight my love I miss you so.
I'm sending you all my warmth and love,
with endless amounts of colossal
hugs and deep kisses just for you.
Through all your being feel my intensity
and be warmed by the burning passion
from a love so true indeed.

Goodnight my sweet angel dove,
you're my angel and I know you're
always thinking of me I can feel your love.
I hope you can feel all of mine
which I send every bit to warm you up
as I try to get this needed sleep.

Michael P. McParland

Needed

You're needed right now so I can hold you near.
To show you how you're loved and how much
I treasure you.
You're needed so we can comfort each other
to feel immaculately warm and safe.
Yet let's just skip all the semantics and get to the point.
You're needed not just here but in my life.
So I'm holding you in spirit tonight
giving you a kiss and telling you I love you
and everything's alright.

Michael P. McParland

Need To Know

What I need you to always know within your heart and soul.
Is that I truly love you in my heart
to the very deepest of it's elemental parts.
I have from the start and I will to the end.
Always remember that I'll love no matter the circumstance
Always be here for you never ending.
You're my life and angel my everything.

I'm to weary to say much more right now.
Spent the night crying with taxing thoughts
weighing on my fragile mind.
I needed to come though and say I love you.
I can't take the thought that I would hurt you
even for the shortest time worrying that I had left you
and given up for all time.

ILYF

Michael P. McParland

Need

I just need your love and acceptance.
Please try to realize I communicate the very best I can to be fully honest with you.
I just need to know if the words of love are totally true,
I need to hear or see the words directly from you.
I hurt and feel very empty.
To me you may not know you have been a savior.
I need you to accept and truly know my love for you is no lie, no sweet talk, it's all sincere.
When I think of you I want to cry,
rarely from hurt or pain though.
I need you to know it's because I miss your strong presence and your very beautiful immaculate countenance.
You'll never know how much I want and need you in every way.
My need and desire for mental connection and physical need are strong enough it feels like the unfulfilled longing will kill me.
I just need you to know that I always try my very best,
I will always need you in my life.
I'll only ever love you I need you to know about that and every other thing I've not lied.
You are the best sweet sweet lady.

Michael P. McParland

Nap Time

Nap Time babe and I'm holding you,
that makes me warm and cozy
feeling secure and loved next to you.
With a kiss and a smile a look straight in the eyes,
I say I love you sweet lady
holding you makes me warm and fulfilled,
you're the greatest thing in my life
I'll see you when we wake up.

Michael P. McParland

Peace Be Upon You

Peace be upon you my only one.
Let your heart and mind rest
for soon we will come together
and be whole again as one.
I love you like no other,
you are the crown jewel of my heart.
You are the only one my eyes see,
from you they will never part.

Peace be upon you my sweet angel dove.
I pray for you everyday asking
for your health, happiness,
and peace of soul and mind.
Feel all my love and warmth
surround you as I'm sending it all.

Peace be upon you my angel of true love.
My heart, thoughts, soul,
and everything are with you today
as everyday behind and before you now.
I am dedicated to only you
for you are my only true love.

Peace be upon you KP my darling one.
I love and treasure you so much,
my heart is always yours.
You are the one I give my whole life for.

Michael P. McParland

My Soul

My soul to you I've fully bared.
Even now I know you truly care.
Yet you are gone and I'm so blue.
Do you now understand so much of what I've been through?

I wish you'd shared your soul with me.
I know the prospect though is truly frightening.
I only wish you knew how much I truly care.
The world you are and the world you'll be,
forever to my acheing soul and psyche.

I bared my soul for you to know,
the truth that all my joys and faults truly hold.
I hope now that some sense is gleaned,
in all my maddening ups and downs that you have seen.

Michael P. McParland

My Sweet Angel Dove

Oh my sweet Angel dove.
My heart is so barren and empty without you here,
holding me near in your soft gentle caress.
I miss you so much
and I pray to the high heavens
for God to return me to my sweet Angel dove.

Give us a chance at pure trust and open clarity.
The willingness to pour out our love,
knowing there's no lies giving each other
the respect and purity fulfilling our needs.

My heart is aching so bad with the empty space
that you filled and my need is so strong.
I have no will for this life
without your loving passion that gave me such life,
and the seed of love you planted in me.

Oh my sweet sweet Angel dove,
do you still think of me too?
Longing for resurrection of the bond we shared,
and still desperately need?
Do you need me as much as I do need you?
I want us to be happy,
and I'll only be so with my sweet Angel dove,
the purest heart you have and are my love.

Michael P. McParland

My Sweet Lady

My sweet lady is always there for me.
Be it in presence, heart, mind,
spirit, or all at once.
She means the world to me
and is my all and everything.
I love her more than anyone can ever know.

My sweet lady is my angel and my hero.
There isn't a thing I wouldn't do to
make her happy or save her.
She is a diamond and a priceless
rare treasure.
I am so lucky that I found her.

My sweet lady KP
Is so very very special to me.
She's saved my life in so many ways,
I'll always work my hardest to show
my thanks and repay her kind and loving ways.
She is so truly amazing it blows me away.

My sweet lady is proof that
true love does exist.
Without her now I'd be completely alone and lost.
I love you so KP you are truly everything to me.
You hold my heart, soul, and mind.
I give you my whole life,
forever it is yours and mine.

Michael P. McParland

My Sweet Love

My sweet love the days are long and hard.
Without you around everything is wrong.
Colors are less vibrant, faded and pale.
The music now strikes only the chords of pain,
without you in my life the sweet happiness lost forevermore.

My sweet love I truly treasure you.
I'm tired and aching from all the
lonely sorrow I'm going through,
an empty aching cavern within my soul.
Just want to say I'm so sorry for where I went wrong.

My sweet love, my only one.
Remember I'm forever dedicated to you.
My heart and soul are yours through the eternities.
I'm here for when you return,
I just want to hold you and say the most important thing,
I love you KP.
You are my everything and I'll never
abandon or leave the angel that's saved my life.

Michael P. McParland

My Queen 3

My precious queen has granted me
fresh hope and a new lease on life.
How I adore her and all the love she brings,
a true beaming shining light.
She helps guide me through the darkness
and defeats all the dark and killing loneliness.

My queen is all my hopes and dreams.
I love and cherish her for so many things.
Not just because she loves me too,
but because she has so many qualities I admire
through and through.

My queen is like no other in heaven
or on this earth.
She's her very own person and it can't
be counted how much that's truly worth.
She shines forth as her very own,
no other person is as wonderful as her.

My queen KP is my hero for so many things.
She is my angel for taking my hand
and giving such endless unconditional love.
She truly is a blessing from up above,
I will work endlessly to always show her
I know her worth.

I love you my only queen.
My heart is yours pure and clean.
Only you could claim this man.
For you are the most beautiful
and special woman on this planet.

Michael P. McParland

My Queen 2

Oh my dear sweet Queen,
ruler of my heart and soul.
I give to you not by force
but by clean pure choice.
I am in awe of your pure heart and love.
To call you a princes would
undercut your awesomeness.

Oh my sweet dear Queen ruler of my heart,
let us come back together and never again part.
Without you by my side I am missing
a piece of my heart and soul,
leaving a vast black hole.
You are my Queen and I love you
more than the whole world can know.

Only you can truly feel and comprehend
the depths of my emotion for you,
the depths of a bottomless ocean which never ends.
Oh my Queen I miss you so each day
passes so very slow.
Yet I know as each one comes and goes
we're one step closer to our reuniting
and our sacred bond we both treasure and truly know.

Oh my Queen I look forward to that day,
and to you I shall remain faithful,
never batting an eye or wavering in my devotion.
You are my Queen and my darling one,
my sweet sweet KP I hold so dear.

Michael P. McParland

My Queen

Oh my Queen I'm dedicated to you through all time,
my love and my awe for you is eternally undying and glowing.
I pledged my heart and my life to you so long ago
and my feelings and loyalties still remain the same
for you the most divinely beautiful woman
to have ever graced this land and earth.

You are supreme and my love is undying for you my exquisite Queen.
I'll forever give you my all
and drive myself to the very brink to see you smile.
Your happiness and peace mean everything to me.
I will give you my all to make
your worries and pains ever so small.

My Queen I'm yours through eternity forevermore
and I'll write you as much poetry as you desire
and give everything you ever need.
You are my Queen and my light
the holder and bearer of my soul and heart.
You are the Queen which is my standard
for which all other women measured.
and one can equal or touch your
greatness and unique personality so great and fun.
You are the tops and the best
you are my Queen and no other will ever do
because you are a pure treasured diamond in the rough
I truly cherish in every way to no end.

Michael P. McParland

My Promise

Please let's very soon talk,
work it all out so I can show
you my heart.
Not holding a thing back I promise,
sharing my secrets, my pains,
my fears and my hopes,
for you I'll reveal my entire soul.
This I give you my solemn promise.

In turn please tell me all
about the things that you hold,
the things which you need.
Tell me of all the happiness you've
had and still hold.
Pour out your sadness and bury
your face in my chest if you need,
and I'll hold you in comfort until
your tears have run dry and you
no longer feel the need to cry.
I promise to you I'll always be there.

Let's talk and figure it all out.
Our spirits are kindred,
bound together in the purest true love.
I long to take your hand and have
you as my Angelic bride,
have a family with you
through eternity side by side.

Michael P. McParland

My Prayer

My prayer for you is to always know
how truly deep I love you so.
I pray for you to always be safe to feel no more pain.
Have the perfect life you've always dreamed.
For you to know your great and abundant worth,
that life on earth without you here
would leave a hole and make my existence incomplete.

My prayer for you is to always know,
I'm here for you,
I care for you,
I'm dedicated and am always striving
and preparing to be a better man just for you.
For your heart to be as one
and feel contentment in complete.
I pray that you know my heart is yours.
Forever burning in eternal love.

Michael P. McParland

My Love For You

My love for you is pure and true.
No other could capture my heart
just like you.
The most beautiful smile and eyes,
the face of an Angel and divine grace.
I delicately cherish your memory
and cry for you're not here
and within me it leaves an empty space.

My love for you has no bounds,
I would give my whole life to hold
you just for a minute,
gaze into your eyes caressing your cheek
leaning in for one kiss
fulfilling my whole life.
No longer dull and oblique.

My love for you is my whole life
for you are my passion and guide.
You are the brightest star in the sky
which I follow and treasure.
To you I could never tell a lie.

Each night I send you a kiss,
say I love you KP you fill me with bliss.
I'm fighting for you and one day soon
we'll be back together.
No loneliness or sadness
for in our arms we'll know true love and safety,
a thing which no evil can harm.

My love for you is pure in it's truth.
Please feel my love wrapping it's
warmth around you.
I'll never leave or abandon
for you are my whole heart,
you are my soul,
without you in my life
I would have long ago lost control.

I love you now and forever
you are my sweet Angel dove.
I give you my eternal devotion,
for my love for you is as long
and as vast as the sweet blue ocean.

Michael P. McParland

My Expression

I cannot paint.
So I do not.
I cannot play the piano forte.
So I do not.
I cannot sing like the most beautiful bird on high.
So I do not.
I cannot draw, and I cannot compose.
So I do not.

However I can write and write well I do.
So therefore, I do it.

Michael P. McParland

My Call To You

My call to you is to let you know
my love will forever exist.
Nothing on this earth can shake
the foundations of my admiration
for my lady fair.

Do not worry about my angry poems.
Those words are not meant for you.
Even the ones I wrote in anger haste,
were in that time,
no longer applying in this day.
Remember the words of love are meant in truth.

My call to you is do not despair,
for I have no desire to hurt you in any way.
To see you sad destroys my world.
Feel no worry in your heart,
my intentions are loving care
far and wide.

I'm dedicated to you through my life.
Your happiness is all that matters
I'd give anything to see you smile.

So my call and words are completely true.
That I'll love you till the end of time
no angry words will I ever hurl at you.
I love and hold your memory oh so dear.

I embrace you from a far,
to keep you safe and comfort you
in all the roughest times and place.
So please know I would never
intentionally hurt you.
For you're my angel and perfect dove,
a divine lady transcending time and space.

Michael P. McParland

Much Love

Much love to you always my darling.
I'm about to lay down
and I'm sending my love.
My heart is aching right now
without you here in my arms
confessing my love.

Much love to you my darling one,
I'm holding you so tight in spirit.
Giving you a kiss on the head,
saying it's alright and I love you,
I've missed you so much,
I'm never letting you go ever again.

Michael P. McParland

More Than You Can Know

I love you more than you can ever know.
My heart swells so big with love every
time I think of you.
So overwhelming it feels like it may blow.
My love is so intensely deep
that when around you I lose all ability to speak.
All I can do is sit and mumble,
the most boring drivel I can think of.

I love you more than you can ever know.
To you I have in all senses given you
my mind, heart, and very soul.
I truly have opened up to you,
told and showed you things that no
other has ever known,
I've shared with you such secret things
that to tell another would kill me.

I love you more than you can ever know.
I would do anything to help and soothe you,
I would take on all your pain,
carry every burden so you'd never feel
weak or sick again.

I can't describe my immense love for you,
just know it goes so deep
the human mind could not know.
I want to show you for all our lives.
Let you feel and see it in
each passing day and night.

I love you more than you can know.
I can't wait to take your hand
and at the alter stand.
To have and hold for eternity more,
make and have a family that we adore.
You are the one that I desire,
I love you more than anyone can ever know.

Michael P. McParland

Mistakes

I come now before you all in penance sake.
So please hear me as I speak
my mind the feelings from the depths
of my heart that cry to you,
in need of righting all my wrongs the best I can.
So please hear me now as I commence.

I've made mistakes and
more than just a few.
Some quite small you may
have forgotten but I have not.
They eat at me for the hurt
I caused please forgive those smaller slights.

Some of the more moderate variety.
I know you'll remember most of those,
and some anger I cannot blame.
Though I may not recount every one
please tell me all my slights
and I'll do my best to right
the wrong and show you the love I have,
and sincerity I bring.

Oh and then there are those Mistakes
and hurts I've caused that are big and off the charts.
These most of all continue to break my heart.
For I know the pain and strife I've caused,
even causing some of you to turn to me in hate.
I cannot blame thee for
I hate myself for those wicked times.
I'd give my life, my everything,
to go back in time to erase them all,
so I would not hurt those I love most.
I would not lose those friends,
the one I love,
pieces of my very soul.
I kneel before you all
my most beloved family and friends,
forgive me please for all

those foolish times.
They eat my heart and soul,
killing me more each day soon in whole.

I ask not just for my very self
but to make full recompense.
I want to sincerely try
to show my sorrow for the pains I caused,
to try and help set that part of your heart,
mind, and soul to peaceful rest.
I do not ask for more than forgiveness.
If you will be my friend again
is up to you although
in my heart I'm bursting in hope.

I apologize to you in soul shed tears.
I cannot express the pain
and sorrow I feel,
knowing how I've harmed all of you.
So in closing I ask again
to please forgive me a weak and stupid mortal man.
I truly love you all,
and I just need you to know,
I'm so very sorry for losing control.

Confiteor Deo omnipotenti vobis
fratres quia peccavi nimis cogitatione, verbo, opere
et omissione. Mea culpa, mea culpa, mea maxima culpa.

Michael P. McParland

Meant To Be

We're meant to be.
You and me.
Look inside I know you'll agree.
Take hold now we'll be free.
We'll make each other strong
and live in glee.
For we know it's meant to be.

The greatest love song ever sung.
Doesn't even know
what providence has brung.
To each of our lives.

Fulfillments river
has finally sprung in our hearts.
The purest love forever here, cannot depart.
The greatest scribe could never write.
A story with more fateful light.
Full of truly faithful pride.
The greatest love story
since earth days rise.

It's what we have and it's no lie.
So look inside and deepness find.
What for years you've tried to hide.
You'll see it's meant to be.
I choose you, so please choose me.
It's really true you must agree.

Michael P. McParland

Many Mistakes

I do apologize far and wide.
I have tried to do so very many times.
Read through my works and you'll see,
that in many ways I've apologized.
Your forgiveness I truly seek.

I apologize for all my wrongs.
I feel ashamed and want
to make all right because you're
my best friend and I love you so.
Please don't be angry and hear my words.
I've apologized and will
so you know that I am sincere.

I apologize my dear love and friend.
If you talk to me then
I can list each one individually.
Here right now though please hear my plea.
I sincerely deeply apologize to thee.
From the bottom of my heart to thee.
I apologize for all the pain,
because I love thee.

Michael P. McParland

Loves Sweet Song

Loves sweet song sings to me
when you look in my direction.
Your beautiful eyes and shining smile
mean the universe to me.

They tell me of all the love you hold,
and my heart bursts with joy
for the love I feel inside.
Loves sweet song is you personified.
Come now and take me in your arms
so I can give you the sweetest kiss.

Michael P. McParland

Love That Lasts

I remember and feel
all the love of the past.
To this very day it fills my heart.
It's a love that lasts.

Thinking of you my heart
bursts with loving joy.
Yet also joined by a sharp
stabbing pain.
Because you are not here
and I miss you so much my dear.

Our love has lasted through
these many years.
Despite obstacles and fights
we've maintained our love,
holding fast to our bond,
for in each other we see the light.

We both remember and feel
this love that does last.
I believe in my soul we'll
find our way back together
because we hold tight to each other,
keeping us warm from the deathly cold
that kills hearts.

Love that lasts is such
a truly rare thing.
Something to fight for
and hear heavens bells ring.

Michael P. McParland

Love Comes

It strikes you hard and fast.
All your life this game will last.
When you're not looking
it hits you like a blast.
All of a sudden your heart is glass.
Inside you feel their killing glance.
You want them badly.
You're going mad.
Without them near you're feeling sad.

Love comes quickly like a ghost.
It grows quickly inside the host.
You feel a tremor.
Drenched in sweat.
In the ground your feet are set.
You'll get to know this sweetie yet.

It comes so quick.
How did it happen?
Inside your head the thunders clapping.
Ten beats a second your heart is pounding.
You try to speak.
Your brain has sprung a leak.

All the while you're unaware.
Of these feelings they also share.
So take a chance.
You'll find romance.
Love has got you in it's dance.

It comes so quick you'll never see.
The hit will bring you to your knees.
So just relax and let it come.
Be aware though,
and don't be blind.
Notice the fact that it is time.

Michael P. McParland

Loss Of Worth

Unless you've been there
getting torn and pounded,
crying while your head is bouncing
off the wall while the laughter goes on,
and the pain only deepens,
not just physically but debases
and makes you feel worthless,
and an object of scorn
to be used for an object of fun.

Michael P. McParland

Lonely Nights

Lonely nights spent thinking of you.
The joys you brought to me
through good times and hard times.
I think of your smile
and am filled with sad joy in it's beauty
not knowing if I'll ever see it again.
Deep brown eyes of impossible beauty,
God knew what he was doing in creating this Angel.

Lonely nights spent thinking of you.
I get lost in my thoughts in the wonders of you.
No matter how much we talked and we shared,
you remain a true mystery to me my lady fair.

So very beautiful I could never stop staring.
I knew it annoyed you
but from my heart true love was bursting.
Even more though is the beauty of your soul,
I don't think you truly see it
but it's evident to those with open eyes
that need the best of friends you are pure.

Lonely nights I miss you so much,
you changed my whole life and it's meaning,
my outlook with true care
you taught me true love now you're not here,
and I'm filled with bitter despair.

These lonely nights stretch so painfully long.
My whole body aches and for you I deeply long.
Please forgive me my trespasses for I am so deeply flawed.
I loathe myself deep for all of my wrongs.

You're my Angel it's true,
and every night I kneel down and pray for you.
For your health and your heart,
for all to be healed and give you true peace,
no more pain for you.
I will happily take on and carry it all.

Your true happiness is all I wish you,
for my Angel, my life I give to you.

So these lonely nights stretch forever.
The only thing that keeps me going
is the hope that we will meet yet again.
I'll show you my heart
in it's full pure intents.
To just hug you and tell you
how terribly I miss you,
to see your smile
and tell you I love you.

Michael P. McParland

Little Sexy Princess

I see my sexy little princess.
Across the room,
so full and robustly in deep bloom.
I want her near, I need her now.
The sexy way her curves are bound.

I wish to let her free from thee
unleashing all mad passion greedily,
to feel her there and know she's mine.
The touch of flesh is so divine.

Sexy little princess come with me
to entice and bring this fruitful seed
of love and passion that overwhelms.
Your beauty is volumes,
and to only dream is hell.

So my sweet sexy little princess
I wrap you in my arms.
No other man will ever
commit you further harm again.
My goddess full, my goddess true.
Sexy little princess I eternally bow to you.

Michael P. McParland

Lay Down With Me

Please come laydown with me.
We'll hold each other tight.
Reassuring each other of our dedication,
to the light we provide in the others life.

Look into my eyes
revealing my entire soul to you.
You'll see the pain from separation,
and bitter loneliness without you.
Yet even more beyond that score.
You'll see and feel
the love that they behold.

Seeing your accepting smile and shining eyes,
will lift the weight
and oppressive burdens from my heart.
Please come lay down with me
so we'll declare our love.
Fall asleep in peace
with contented hearts,
all the tears of sorrow now released.

Michael P. McParland

Later Tonight

Later tonight we'll come together,
even if for now it's only in dreams.
We'll just hold hands and talk,
enjoy each others company
with the occasional kiss,
making up for all the time
that we have missed.

Later tonight even if only in dreams,
we'll just stare at the stars.
Laying there silently just
communicating within our spirits and heads.
No words are needed
because we've always been connected.

Later tonight I'll see you in my dreams.
Anticipating the days to come
when it will all be peaches and cream.
Perfection between us soul mates
together forever connected and bonded.

Michael P. McParland

K.P You Are Divine To Me

Oh KP you are truly in every way divine to me.
I treasure you in every sense,
your spirit, life, love and soul are heaven sent.
I cry so often when I think of you.
From all the joy,
thanking God I met you.

You are so divine and precious it is true.
My life is nothing and purely worthless without you.
I love you so much my heart physically hurts.
Every time we're apart it feels on the verge of breaking
and I am totally lost.

KP you're so divine a precious jewel.
If I ever lose you I'll die in misery not
sure where to go or what to do.
KP my biggest fear in life is losing you,
being alone because no other will ever do.
I could not face this life apart so mean and cruel.

KP you are divine and I pray you know,
just how deeply, profoundly,
magically I am in love with you.
My angel from above who's saved my life
it is true.

Michael P. McParland

K.P I Need You

KP I love you more than life itself.
I need you to pass the test,
of a good and happy life.
Free from all the junk that's clogged
my heart, spirit, mind, and sight.

I need you because you drive me to aspire
and achieve things so much higher.
You show me all my worth.
You give me hope for light and
all the dreams I thought were lost.

I want to give you all the world has to offer.
Showing you that you're a queen
and a descended divine angel.
I want to shower you with endless love and my devotion.
Give you all the deep sincere love and attention
that all the users have to this point never shown.

I need you to complete my life, my world,
my heart, my soul.
You are the most beautiful and outstanding
precious lady the world has ever known.
You are a true treasure,
and that's why I need you.

Michael P. McParland

Know My Love

Know my love for I'm sending it to you.
I send all my energy strong,
so you'll know it's there and it's me.
Know my love for I wrap you in my
arms to warm and comfort your sweet
and delicate spirit.
So you'll always know the depths
of my love with no chance of a doubt
I give and reveal to you all of my secrets.

So please know my love
for I'm giving and sending it all to you.
You are my heart and my soul,
without you I'd survive but
I'd be lost and confused,
have no purpose not knowing what to do.

Know my love my sweet angel dove.
It's only for you,
no other could capture my heart or my eye,
you are the greatest woman alive.

Michael P. McParland

Kiss

I kiss your hand
I kiss your cheek,
then whisper in your ear
I love you so very much my dear.

I'm here for you
and I'm here to stay,
you're the reason I'm still
alive today.

I kiss you on the hand
I kiss you on the cheek,
then look deeply in your eyes
and kiss your tender lips.

Michael P. McParland

Kira My Best Friend

Kira you are my best friend for life.
No matter the distance or any fights,
you're still in my heart and I'll always
love you far beyond this life.

You're my best friend and the greatest
love anyone could ever have.
The biggest heart and divine spirit
no other person can ever hope to glean.

Kira you're my best friend
and the only true love I've ever really had.
What more in you could a man ever really have.
You're an angel so truly pure and clean.
Please come back today and grace my life forever.

Kira you're the only one I'll ever need
please hear my words and feel my heart,
and you'll know forever it's fully true.
Yes I've had other friends but not one
that's been so angelic
and touched my soul just like you.

Kira you're my best friend
and I only dream of you.
The memories we built together
will last my whole life through.
I hope and want us to build a million more.
Let us reconnect and solve our problems,
so we can never part again forever more.

So here I close Kira my true best friend.
I love you, I miss you, and I need you oh so bad.
Please come back so we can talk.
My life feels so empty without you in it.

The memories are something good
and oh so special,
but I need you here to

hold me close and whisper in my ear
that you are here and it's all okay.
Just nuzzle with me until the tears have gone away.

Kira you're the best friend I've ever had.
I love you, I want you,
I only dream of you.
I pray to God you'll feel my love
and very soon come back.

ILYF

Michael P. McParland

Kira I Truly Do Love You

Kira I truly do love you.
My heart calls to you
every minute of every day.
I'm always sending you
all my warmth and love,
with the biggest
hugs and kisses just for you.

I truly love you Kira
in every single way.
I don't know what else
there is for me to say.
I'll give you my life
anything that you need,
just know Kira
that I truly do love you.

Michael P. McParland

Kira I Care

Kira I care so I gave you my heart.
I was 15 you 16 we're just eight months apart.
From the start I was smitten with you.
In math class I looked across
the room and noticed you.
Right then you stole my heart,
before I even knew I'd met my true love,
who I still adore right through this night.

Kira I care for you're my true love.
You've taken my soul,
I let you have it to love and to hold.
I care because you're an angel so true,
without you in my life,
I wouldn't know just what to do.

Kira I care so please forgive me
for areas I've been unfair.
Your happiness and heart
are the most important things in my life.
Kira I care for you so much,
and I love you profoundly.

Please take my hand and put on this ring,
we'll step to the alter,
sealing that end of the bonding
in our deep words of honor.
Then later that night
we will show true love to each other,
bonding and sealing our souls
in the deepest of connections forever,
becoming one in the heights of deep passion.

Kira I care and I miss you so much.
Please return to my arms and give me a kiss,
tell me you're here forever and now all is alright.
Kira I care and what more can I say?
I love you and miss you please come back on this day.

Michael P. McParland

King Of Kings

I give thee now this regal crown.
To see you here I'm truly proud.
You rule the world around.
With dignity and class that's so profound.
You show us all the righteous way.
The proper paths to take each day.
So we'll always be bright and gay.

The king of kings.
His greatness brings the joy
and answers we all need.
We celebrate his life.
For everything he strived.
Giving us that which was deprived.
Eternal life and such humble pride.
I give thee now my blinded soul.
Please share with me the things you hold.

Michael P. McParland

Keeping The Faith

I'm keeping the faith
forever holding on.
Have no fear my dear I'll
never ever leave you alone.
My hand and heart are always here.
I'm holding on and keeping the faith,
because I love you more than the sun,
the earth, the moon, and the stars.
You are my beacon my guiding light.
I promise I'm holding on and keeping the faith.
For you are my angel and saving grace,
I'll never abandon or leave you
breaking your heart and shattering it
in millions of places.

Michael P. McParland

Just Know

Just know Kira my love.
I'll be waiting
for the day that you return.
Until then my smiles will be few.
Yet my dreams will
be bright and pleasant,
filled with visions of you.

I love you and I need you,
and I await your glorious return.
Just know that
I'll be here to greet you
with wide open greeting arms.
Sealing with a kiss,
and saying it's alright.
I'm here for you forever,
I love you so very much,
you are my greatest vice.

Michael P. McParland

Just Being There

Just you being there has meant the world to me.
Even as I sit here now feeling your energy
and knowing how much you truly love me lifts
my heart and spirit way beyond the earth and to the stars.

Just you being there, be it in mind, body, or spirit
has helped me through so many times if you only knew it.
Your tender kindness and loving care have
healed my spirit in so many ways,
you've helped me know and feel that I'm important,
that I truly matter and have a purpose.
I love you dear so much it's even painful,
but in the best of ways I can't describe it.

Just you always being there with you sending
me so much love from a tender heart and soul so fair,
has saved me many times when I was on the edge and
ready to give up completely on my life.
Just you being there has given me drive.
To show you how truly rare a precious gem you are,
a kind caring loving woman that doesn't lie
or try to hurt others because she can.
I want to show you what a truly beautiful angel you are,
show and tell you you're my hero and I'm your biggest fan.

Just you being there so much throught my life
and all the meaning you give, the precious being you are,
thinking of your wonder gives me awe and makes me want to cry.
I love you more than any words there are,
these feelings defy all the languages of the world.

I love you so very much KP.
I would and I will give anything for thee.
For you've always been there for me
and I can never repay you for your wonderful service.
Just know that you're being there stretchs beyond the universes,
you're my best friend and queen, the only person
I will ever truly love.
You are the best you are the greatest,

I love you so very much and please know that
all the love within me towards and for you is the purest.

Michael P. McParland

Inspiration

Through you I find great inspiration.
All around such jubilation.
Far away from recriminations.
Inspiring lengths of grace.

Fear and doubt leave without a trace.
You always put me in a special place.
Inspiring me to do things right.
I want to be your courageous knight.

Committing acts of greatness for your plight.
I'd never show you the smallest slight.
Your inspiration breeds my righteous fight.
I'll always be there day and night.
You always bring inspiring light.

So let us share the greatest life.
Our inspiration frees us from the strife.
The greatest tale of inspired love.
Bestowed upon us from above.

Michael P. McParland

Intesely Tired

Intensely tired and missing you.
I wonder where you are
and who you're with.
Are they treating you
with all the best that you deserve?
I truly hope you're happy now
because you're so wonderfully bright,
beautiful, and bold.

I'm intensely tired and all used up right now.
I just lie in bed through most of the time
and listen to the music that's my only friend.
I let it all play the many types,
to take me away in it's many moods and feels.

I'm intensely tired and all I want to do is sleep.
As you can see my writing really stinks
I've lost all my drive.
I send you all my love and warmth
with great big hugs and kisses.
Do you ever feel them
and feel their warmth surround you?

I'm intensely tired and I'm gonna rest my head now.
I just want to say
I miss you babe you mean the world to me.
I love you more than any
one single soul can ever know,
I've never lied to you.
I hope one day I can show you
in absolute clarity my truth.
For now though I'm intensely tired.

Michael P. McParland

It's All For You

All of it's for you KP.
Every last bit of love I fight for,
every last bit of life I have is
for you to be in my life,
to always serve and show you how
wonderful you are and how deeply
for you I love and care.

I still go on no matter what the circumstances,
because I love you for the beautiful angel you truly are.
Even through the messages I've gotten here
telling me I'm nuts and crazy to actually
believe in true love.
They've said I'm clearly stupid and delusional,
in their eyes I am naïve and think life's a fairytale.
Let them be ignorant fools though and smear
me across the pages like they're the game.
Because only for you would I still go up
to the mountain tops and for you shout my love.
It's all for you.

You're the biggest reason I continue
to keep improving on my temper.
You don't know what an inspiration you are
to help keep me moving in better directions.
My best is all for you.
With your love and acceptance I can't
and won't give up.

These walls are ready to fall.
The need and acceptance are bursting
trust me that I'm more than ready
if you come to me with your heart and arms accepting.
For the things that have been locked within them
are just for you and only you.
The emptiness without you is killing me
so have no doubt they'll come right down.

All of it's for you.

So much more than what I can put here.
Please come talk and be with me,
hold each other and just
finally open up our hearts like never before.
Fulfill all the things we've needed for so long.

I love you KP and it's all for you,
only for you.
I'm tired and lonely.
Completely ready.
Come take my hand and we'll claim
our true love and happiness that will
last the eternities.

Michael P. McParland

Inferno

You light a fire in my soul,
a raging inferno that drives me on.
To prove to you my undying love
my dedication and need for you.
The only girl that can satisfy
my love and soul.

You ignite an undying inferno
and I need you by my side oh so dear.
You've showed me what true love is,
and I want to make you mine forever more.

With the inferno that you have lit
you've given me a
wonderful fulfilling reason to live.
I'll be here waiting for you till
my days have come to an end.
You are my essence,
my love, my life,
my entire universe.

Michael P. McParland

Incomplete

Without you I feel incomplete,
at the very least half empty.
When you're around all things are brighter.
Colors and texture more vibrant,
music more loud with emotion and power,
the air so much cleaner and crisp
I breathe it all in with the passion you bring.

I'm incomplete and in pain
with all the distance now in between.
I dream of you yes and it gives some relief,
but nothing can ever equal or fill up the space
with all the love and joy that you bring.

The time seems like forever and it
drives into my mind and heart like a dagger.
Because I'm tired of loneliness and I long
to have your arms around me and be
regenerated by your endless righteous power.
I'm incomplete without you right now.

I'm incomplete and in pain at this hour,
thinking of you and how I wish you were here.
I wonder how you are and if you're alright,
I hope that you're happy and have a reason to smile.
I hope you're in no pain and can move around freely
not a stitch in your step.
I hope your heart sings from glee for so many things.
For you are my queen and my angel,
your happiness to me means everything.

I know our time will come but
until then I'll feel incomplete.
Without you by my side I'm at least half empty.
I love you and need you my sweet fair lady,
you're my everything and I just want you to know
that I do truly care.
I love you KP and without you I'm incomplete.

Michael P. McParland

In The Stars And Sun

In the stars I see your eyes.
In the sun I see your heart.
Full of burning passion
and blinding light,
overtaking me you're imprinted
in my spirit and in my life.

I love you more than words can express.
From the start you were the one.
I knew for you're the best.
Your burning passion and your
pure caring heart,
took me to heaven then from there,
I would nor could I ever
through my life love another.

So my darling one
my sweet angel dove.
Your eyes the stars,
your heart the sun.
You fill me with a need and passion
that cannot be undone.

Had I never met you
and been apart of my life I'm incomplete.
No matter how long
or the fashion we're apart,
leaves the most empty feeling in my soul
a piece of me is missing I come apart.

I love you more than you can ever know,
I promise I'll be here forevermore,
with open eyes,
an open heart,
and open arms.
Beyond the end of time I'm always yours.

Michael P. McParland

In The Dark

In the dark I pierce you in the heart
of what is good and brings life.
It gives me such a thrill.
The ecstasy begins to spill.
You shout and moan as I groan.

The passion kills with such delight.
I never want to end this night.
We all feel better when we meet this fate.
For this pleasure it's never too late.
The rhythm pulses and pounds.
Our inhibitions lay on the ground.

In the dark our desires meet.
With you now I feel no defeat.
Let's make it last, we have no past,
we have no future so let's get it right.

Alone with you in the dark,
we've created quite a spark.
In our pleasure we shout and bark.
It's over now we've had our sin.
I'll call you soon
and it will begin again.

Michael P. McParland

In My Heart

In my heart it will only
ever truly hold you.
For you are my true love and my light,
every night I kiss your memory
to help me pass the time.
If only you could see,
the abundance of love I hold for thee.
I try to show it
and perhaps it's so foreign in it's expression
that you just don't know it.

In my heart of hearts
you are the only lady meant just for me.
Please come back look me in the eyes
and hear my plea.
You are the most beautiful angel
I have ever known and seen.
Every night I pray for my love
to be felt and truly known.

I send you all my love and warmth
through every waking moment.
In my heart crying out to you,
please come back and take my hand
and let me show it.
I love only you and would give my all
and everything just to show you how true
my depths of undying love are for you.

In my heart babe you're my angel,
my light, my entire universe.
If only you knew just how deeply loved
and needed you truly are.
In my heart I need you here.
Oh my love I'm literally withering
and dying without you.

Michael P. McParland

I'm Not Scared

Though I'm not prepared.
How do I dare?
I must wade through all this despair.
All the while in disrepair.
I'll have to face it someday.
I'm not scared.

How little well I've fared.
Has anyone ever really cared?
I'm not scared.
Into the battle I must charge.
Though the task seems very large.
Desperation hammers at me like a barge.

I'm not scared.
How could I be?
When the sense of hopelessness
tears so hard at me.
I know it's not to be.
With this fate I'm ill at ease.
Dear God help me please.

To this destruction I march on.
One day later the pain will be gone.
I'm not scared of all these things.
For my motivations are pure and clean.

Michael P. McParland

I'm Listening

I'm here to listen to all your tales.
Tell me about all that's happened within your life,
your dreams, your hopes, your needs,
your fears, your personal hells.
I'm here to help and comfort you
in everything my darling one
because you're the only woman
for whom I truly love and want
to be with hand in hand for all time.
You are my hopes and greatest dreams,
you are my northern star
that lights up my life and heart
to help guide me down the path.
Just trust me dear and know
I'm not here to laugh or judge,
to rebuke or make you feel less than me.
I'm here to give you my heart,
my life, all of my very self,
so please know I'm listening
and want you to share in faith and trust because
true love between two best friends
is to give support and help
each other through it all.
I'm right here and listening
because you're all I need and want
and I will always stand by your side hand in hand
giving all my love and full support.

I want to take you by the hand
and wrap my arm around your waist
to help each other navigate
these rocky paths which hurt and tear at
your precious soul and heart.
I'm here to listen, console, and give pure love
so you know you're not alone,
that you're loved and cared for
in the deepest ways that can ever be received.
I'm here to show you
not every man is here to hurt,

abuse, and use you how they may.
Please just trust in me and know
I want to give you the greatest life and love
any man can ever work and strive to give his Queen.
So please take my hand and
share with me all your loves, your pains,
your needs, your deepest hopes and dreams.
And as we go we'll help each other
to find the solutions to these crimes and scars
which have been inflicted on both our hearts.
We'll find the way to the path that heals us
from all the deep pain and distrust
that tears us from the one we truly love
because we build our walls to keep them out
in a mistaken fashion to protect ourselves.
Together we'll heal the scars and pain
caused by which others gave
and even to each other were caused
in anger and in the most hurtful vain.
So please talk sweet one
I'm right here in want to listen
to my gorgeous Angel and precious only one.
Together in true trust and love
we can and will find our way
to rise above and lift these
heavy burdens of deep pain and malaise.
Together we will beat this world.

I am listening and telling you you're not alone,
you don't have to face and beat this world
all by yourself.
I know you're hurting and want to trust
giving and receiving all the love you need and crave
so don't forget your Michael is right here
and loves you more than anything
and I want to give you everything I have and am
because you are my Queen and beautiful sweet Angel dove.

Michael P. McParland

I.L.Y.F Our Shared Symbol

ILYF our little saying,
our little symbol.
To show our care
to share our bond.
Always ours to share.
Always ours to know.
I share it with you now,
feel it deeply within your heart and soul
for I'm sending all my love to you.
Feel it now for it is true.
Feel it now because it's just for you.

Michael P. McParland

I'll Prove To You Everyday

Kira I'll prove to you everyday in
every single thing I do and say
how much I love and treasure you,
I'll go the distance to give you
all the tender loving respect
and care that you deserve.

I've fallen short to many times in my life
including things and points with you.
I will not let that happen again and now,
I want and need to prove my love
in it's pure truth to you.
So you'll know each day through all your life
I'm here and true,
finally in me you can have pride
and be filled with faith and endless trust.

I love you more than all the moon and stars
within our divine and heavenly sky.
I'll go to my lengths and best each day to
prove to you my love is pure, true and knows no bounds,
I want to show that I truly know and feel
your deep and endless worth.

I'll do whatever you may need
for me to prove my endless dedicated love each and every day.
For you are my Angel and my hero and I'm yours
through life and beyond into eternity
where I want to walk by your side hand in hand
knowing peace and contentment having found our path.

Michael P. McParland

I'll Never Leave You

I'll never leave you this I now swear in full,
I promise that wherever you are I'll be there.
I won't ever leave my lady in a lurch
feeling used, unwanted,
cold and alone, frightened that she's been hurt again.
Aching with an empty hellacious burning
pit of agony within her chest.
I will never leave you feeling all alone and lost
this I promise now and for all time.

I'll never leave you because I want
for you to feel safe and
always know you're deeply loved.
I'll never leave you because life
without you is empty useless
and has no true or deep meaning.
I'll never leave you because you give me reason
and I want to be there for you always
to support and help my lady,
to treat you always like my Queen Angel.

I'll never leave you I promise dear,
on all I hold sacred on this to you I swear.
For your happiness fills my heart
with endless warmth and pure endless light.
To be near you doing our favorite things
is what matters in this life
with the true joys of trust
and endless love it all brings.

I'll never leave you because you
are the holder and keeper of my heart and soul,
you are the only person I will ever truly
trust and impart such a fragile gift.
I love you more than all the energy in the universe.

I'll never leave you this I promise
for in you I see true love and great glory,
a spirit so pure and honest,

a woman I love so much she is a goddess.
I can't face life without you.

I'll never leave though for these
two most important things.
I can't stand to ever see or know you are in pain,
so it would eat me up to know you're
deeply suffering and heart broken all alone.
Then once again I love you so very much
I can't imagine a life without you
nor is that something I ever want.

So I promise and I swear to you my precious dear
that I'll never desert or abandon you
breaking both of our hearts while
destroying a rare sacred bond as well,
I love you so very much and I'm always here.
I give you my all and everything for you are
my only one and my sweet darling Angel Queen.

Michael P. McParland

I'll Never

I'll never do anything to harm
or dishonor you my only one.
To do so would be the greatest sin
that I could ever commit in heaven or on earth.
For you are my Angel, my best friend,
my everything dear.
I will never do anything that would hurt you.

I'll never abandon or walk out on you
leaving you in a rain of despair and pure misery
that would drown your aching heart in broken sorrow.
For you are an Angel who deserves all the best
in this life that God and any man has to give.

I'll never give up on you or us dear,
to do so would forsake a moral trust and love so sacred and dear.
It would be spitting on our blessed and solid bond,
I could never forsake or soil something
so very beautiful and true committing the deepest of wrongs.

I'll never stop treasuring you my darling one,
for without you I've lost all my meaning
and my very worth and life are done.
For to me you mean everything that on this
earth and in heaven is bold and filled with divine beauty.
You are an Angel and to forsake you
would be truly sickening.

I'll never love anyone but you my sweet Kira
for since we first met those many years ago
I gave you my heart and soul knowing that you were the one.
I felt within my soul an instant connection
that only true love will ever know.

So never fear my sweet and only precious dear
I love only you and I'll never stop,
give up, abandon, or let you feel worth less
than the Queen on high I so value and you are.
For you are my sweet Angel dove with whom

I share the most pure form of love
bestowed upon us from God high above,
he has blessed so many times and we have come
through it all no less in love.

I promise I'll never do anything to harm or
dishonor you my only one I so love.
For you are my everything and your
happiness I hold up so high to always achieve,
I strive not just to serve and honor my Queen
but to make sure without a doubt she always
knows how much I love, treasure,
and cherish her completely and to no end.

ILYF KP

Michael P. McParland

I'll Always Work Hard

I'll always work hard for you,
show you my worth and that I'm worthy of your love.
I'll clean up in every way that there is,
I'll do anything to make you happy
and to truly prove my love.

Please know I'm not a liar
and am a good man.
I'm dedicated to you for life
because in my eyes you're the most
beautiful and pure hearted woman there's ever been.

I'll always work hard for you
my sweet Angel dove.
I love you more than anyone can ever know,
I just love you so much
and I swear to you dear on all that I have and hold
I'll always work hard giving my
very best for you in full.

Michael P. McParland

If I Could

If I could give you the world
on a silver platter I would.
If I could reach into the sky
and gather every star just for you I would.
I would present you with dozens of
beautiful flowers every day
that we live If I could.

I would bare all of your pain in
every single way If I could.
I'd take all of your worries
and fears to make them no more
If I could.

If I could I would shower you
in all of your earthly desires
until they were fulfilled.
If I could I'd compose you
the greatest symphony that
has ever been written.
I would write a true novel
about the epic amount of
love that we share.
Yet I cannot do those things
because they are not in my talents.
What I can do though counts
for much more.

I will always give you all of my love.
Be faithful to you in every way.
Give you my best in heart,
body, mind, and all the rest in full.
I will help carry you through all the
difficult times.
Take care of you when you're
sick or in pain,
I will give you all of my time
because you are my Queen whom I long to serve.
I will give you my life forever as well as

everything that I have and I am.
If you'll just trust me take a leap of faith
and give me your hand
I'll prove to you that
I am worthy of your hand.

Michael P. McParland

I Will

I will always be here for you.
I will always want the best for you,
to be happy in everything that you pursue.
I will always hope and pray for us to have our day,
to hold you in my arms and say
it's alright sweet one and everything is now okay.

I will always cheer you on
in everything that you do.
I am your biggest fan and supporter,
you're my biggest hero.
You're so tough and strong,
taking the whole world on with true courage,
which is not lack of fear but determination
to face it no matter what.
I admire you sweet one
and respect you to no end.

I will always love you no matter what,
for you have a sweet soft spirit
and the biggest of hearts.
I will always be in awe of the
wisdom and pure love to others that you impart.

I will always smile when I think of you,
and quite often shed many tears too.
Not of pain but wholesome love,
remembering my sweet Angel dove.

Remember that I will always be here when you need a friend.
A man who will love you through eternity,
there will never be an end to the adoration I hold.
I will always be here for you,
and I want you to always remember that.
I will pray for you to have all the best because
you deserve the greatest in life
no other person is so wonderful
and a true blessing in full.

I will, I will, I will, I will,
love you through all eternity.
I'm always here for you
my sweet Angel dove no matter what
you may need or when.
I will be here for you to no end.

Michael P. McParland

I Truly Do

I truly do love and cherish you
in every single thing you do,
I am so totally in endless admiration
over everything about you.

You're the most gorgeous girl
with a kind, tender, and beautiful soul.
I just want you to know
I truly do love you and I'm
yours forever because you tenderly hold
my fragile heart and soul forevermore.

Michael P. McParland

I Pray For You

I always pray for you so you'll
know my never ending
love and devotion just for you.
So you'll always feel the calm
in your heart that
no negativity is ever felt for you in me,
just bursting love overwhelming every part.

I pray for you so
you'll never be in pain.
So you'll always be
able to enjoy your life
without a hindrance
in any move,
so you'll be free and clear
to travel as you want to do
and feel joy all around you.

I pray for you so you'll
feel Gods love and strength.
So you will always feel your best and
show everyone your
overwhelming strength.
I pray that you'll meet
as few obstacles as possible
in this life,
to enjoy it in full and never be depressed.

I truly pray for you
in everything there is.
I want no harm or hate
to ever come down on you.
My heart breaks every time
I see that you're in pain.
I just want you to be happy
in everything that's done.

I pray for you to always know I'm here
for you no matter the situation.

To know I'll never abandon you,
and that I feel pure admiration
and pride every single day.
You're the greatest lady
I've ever known,
please hear my words and feel
the truth within your heart.

I'll always pray for your happiness
to never feel the blues.
No matter whatever
may happen between us
all my best hopes, wishes,
and true love always go to you.

So just know I pray for you
to find peace in all you do.
I truly love you in
my heart and soul,
you are the only one
that will ever be held my heart
for I gave it to you,
it's yours and yours alone.

Michael P. McParland

I Only Have Eyes

Kira I have eyes only for you.
I don't care about other women
in that way it's true.

Since the day we met
I knew I wanted to marry you.
Have you as my wife and make a family,
for you would be the perfect wife and mother.
Who could ever ask for more than this sweet pure soul?

Kira my eyes and heart belong to you,
no one else will ever have my love,
you are my essence and universe.
I dedicate myself solely to you.

Michael P. McParland

I Need Your Beauty

I need your beauty in my life.
Your soul and personality fill me with joy,
gives me hope, you leave me in deep awe.
Your beauty shines through both in and out,
you're the greatest lady in my mind there is no doubt.

I hope that I help fulfill you in some ways.
Making you happy, giving you smiles,
giving you a feeling of complete love I try so hard to give.
I hope I give just as much as I receive.

I need your beauty my precious friend.
Even now I think of you
and on my face a smile spreads.
You give me joy in times of struggle,
you help calm my nerves
when panic attacks and I am crippled,
you are an Angel shining bright and true.
I need your beauty in my life for I truly love you.

Michael P. McParland

I Need You (More Than You Know)

I love you so very much
and I need you in my life.
Right now more than ever,
I'll only be able to truly show
and share just how and why when you're here.

I'll always need you because you're my true love.
I need you more than you know
because I've been overprotective of my heart.
I need you very much right now,
the loneliness has reached a fever pitch
taking my heart, mind,
and soul to the verge of pure break.

I love you and I need you
please talk and let me fully open the vaults.
I don't think you truly know how much
I love and need you
and that's my fault.

I need you dear,
come hold me and in your tight embrace I'll
finally feel safe.
To say I love you and need you,
I can't take this life without you.

I love you KP please come to me.
I need you more than you know,
I'm hurting so very fierce,
the distance and loneliness are driving my
aching fears to the edge.
I love you my Angel true.
Please come so I can give and tell all to you.

Michael P. McParland

I Need

I need so much right now to hear your voice.
I'm feeling scared and I don't know why.
You always comforted my fears and eased my sadness,
It's just hit today and I feel lost and shaken.
My anxiety is at a peak today.
I don't know why and I need you here.
You protect me from the irrational fears.
Protect my soul calming me in your sweetness
that wraps me up like in a blanket warming me,
protecting me from all the cold.
I need you in every way my dear,
you give me strength and help me dry the tears.

Michael P. McParland

I Miss You Intensely

I miss you more than all the poets
in the world would ever miss their words
if all their pens and paper were destroyed.
I miss you so and I feel so very lost,
like there's no place for me to go.

I miss you intensely my only one
and my pure Angel true.
I am so barren and painfully lonely without you.
You are the light that gives me hope,
you truly are the only woman for which
I'll ever hold that special love.
You're one of a kind so no other like you
can or will ever be found.

I miss you so very much my sweet Angel dove,
I wish you were here to just lay down and hold.
You're so beautiful in every way,
the wonder of you never ceases to amaze.
I miss you more and more each day.

You have truly and thoroughly enriched my life,
you've touched my soul and branded me with
all the love and knowledge you hold inside.
You're so very special to me and I treasure
and cherish you in each and every way.

I miss you babe you are the greatest most
beautiful woman who's ever lived.
You are my hero, my Angel, my best friend
and guiding light.
I miss you so much and without you in my life
I'm cold and scared without my true love
and the one who I know unconditionally
loves me and really cares.

I miss you KP and you are so truly special to me,
I can't wait to have you here and hold you near.
I love you more than all the poets in the world

could ever individually or collectively express,
because they don't have you,
and you truly are without a doubt the very best.

ILYF

Michael P. McParland

I Miss You 4

Reach out here and feel my heart.
It still beats for you,
and with your absence aches so hard.
To have your love is the greatest gift,
I miss you so and I would give my life
for just one kiss.

I miss you so my only one.
Please reach out and touch my heart,
feel the love that fills it,
hold it close and take in it's unbridled passion,
It beats for you with unconditional giving light.

I miss and love you my darling one.
I'll forever remain committed,
for you fill me up and
complete my soul.

Michael P. McParland

I Miss You 3

I miss you more
with each day that passes.
Hours are years,
minutes are hours,
and seconds are minutes.
I miss the sound of your voice,
your soul filled with such sweetness.

Yet I feel a sense of
hope on the rising.
An instinct that says
don't give up our time
is not over.
I cling to this knowing
our love will never be dead.
I wait your return
with anticipation and excitement
to share with you all I have learned.
To tell you I love you and it's
now all alright.
To gaze in your eyes and passionately
kiss you fulfilling with delight.

Until then though
just know that I miss you.
I ache without you here
at my very side.
I miss and I love you,
feel assured in your heart
that I'll always be here,
never in a million years would I abandon you.

Michael P. McParland

I Miss You 2

I miss you,
I miss you,
I miss you,
I miss you.

I wish I could just
sit here and kiss you.
Cry out my love because
I miss you.

Michael P. McParland

I Miss You

I miss you so very much.
A deep aching bleeding cut.
I miss your smile shining oh so bright.
I miss your eyes that spoke
of universes filled with love.
Your beautiful hair and skin so pale and fair.
The perfect picture
of beauty in and out.

I miss you so dearly much.
My heart feels as if
it's going to burst.
I just sit and cry and wonder
why this distance is imposed on us.
If you could only see my face
and look deeply in my eyes,
you'd see there are no lies
as I profess my deepest love
and confess that you own my heart
for there is no other you're the best.

I miss you so I hate my life.
Without you in it
or chance to be my wife,
it's just a useless vassal
that is lost and broken.
I miss you, I love you,
I want you in my arms.
Please come be with
me right now and marry me.
I can love no other
I just want you here,
I need to hold you and gaze deeply
in your eyes before I kiss you.

Please forgive my sins
and be my wife right here right now.
I'm lonely without you my love,
I miss you so very much can you feel my tears?

Please know that's my love
and feel it through your body and spirit.
I've only ever truly wanted
to do right by you.
Oh I miss you so my only one,
I lay here broken,
crying, praying for you.

Michael P. McParland

I Miss (The Little Things)

I miss our little jokes and the laughter.
I miss our conversations that would last for hours.
I miss the ways we would tell each other all
of our dreams and planning our future.
I miss all of the little things that make you so special.
I miss hearing your voice so soothing and sweet,
I miss your eyes and how they sparkled to me.
I miss your smile which could light up the room.
I miss your whole being because you're an Angel to me.
You're my hero my joy,
an inspiration to drive me along reaching new heights and goals.
I miss you babe because I love you ever so deeply.
You hold my heart, mind, and soul.

Michael P. McParland

I Love You So Deeply

I love you so deeply KP
my only one.
I am forever committed to you
no matter what happens in life,
I'm by your side the whole way through.

I love you so deeply if you only knew.
It's powerful enough to move mountains
and part rivers so I can get through to you.
I love you so much I'd die defending,
protecting, in any way fighting for you.
I just love you so much my heart is
bursting with pride and joy over you.

You are my Angel and guide,
the only partner through eternity
I'll ever want by my side.
You're my hero and idol with
strength so pure, tried, and true.
I love you so much,
and I love only you.

Michael P. McParland

I Love You So

In the most simple of ways one can say,
I wish to tell you
that I truly love you so.

I just wanted you to know
you fill my heart and soul,
because my dear I deeply love you so.

Michael P. McParland

Merry Christmas My Dear

Merry Christamas my dear sweet love.
Another year has come and gone.
I hope you have the brightest and merriest of days,
I still love and miss you so much
I'm sending you tons of prayers and love.

Merry Christmas my dear you are the northern star of my life.
I love you so much life is
dull without you by my side,
but dreaming of your bright smile
and shining eyes gets me through the cold nights.

Merry Christmas my dear
a million hugs and kisses to you.
Have the warmest and brightest of days.
Feel all of my love as I'm sending it to you.
I love and I miss you my sweet Angel dove.

ILYF KP

Michael P. McParland

I Love You Dear

I love you dear
it's the purest truth.
My heart, my hand,
my life, my soul
are yours forevermore,
I give them all to you.

Michael P. McParland

I Love You 2

I love you with all my heart, mind,
body, and very soul.
I give my whole life to you
and all you'll ever want my sweet Angel dove.
You are my everything and I want you so very much.
I love you KP that's all I truly know to say.

Michael P. McParland

I Love You

I love you and I miss you.
That's all I can say for now.
I have no other words
to project my feelings right now.

Just know that I love you and I miss you.
My heart is aching fiercely so.
It feels as if it's going to burst
from the lonely pain it holds.

Kira I love you and I miss you.
I often feel like crying,
and in these days I find myself
weeping thinking of only you.

So I close by just letting you know that
I love you and I miss you very painfully so.
The days pass by so slow
feeling like forever.
Until I can see you and be with you,
walking through eternities door.

I love you and I miss you.
Please take care and always be safe my love.
Life is pointless without you here to face it with.

Michael P. McParland

I Hope In Some Way

I hope that in some way I touched your heart,
filling it with love showing you that I have light.
Sharing a purity in my caring,
helping you to know you're so beautiful
and worth fighting for because I love you.

I hope that in some way I enriched your life.
Giving you hope and vision
where ever you needed it at times.
I hope that you realize
that the love I hold is undying,
I wish I could hold you and tell all of my desires.

I hope you know that I can never tell you
all the ways you've touched me.
Changed my life filled me with loving grace.
The tears are coming so I must go.

I just hope you know my heart is always yours.
I hold you in my soul.
I love you through eternity
in my heart, mind, body, and soul.
I hope you know without you here I'm incomplete.

Yet I hope you know I want you to do
what you feel is right,
to be happy with endless smiles,
sunshine beaming upon you with no end in sight.

I hope you know all these things are true.
My God, My God,
how I love you plain and true.

Michael P. McParland

I Hope

I hope so much that you'll come and talk to me.
I love you more than anything there is.
I need you in my life,
you are my only true love.

Let us take each other in our arms
saying it's all alright.
We're forever here planning on marrying each other,
sealing our bond for eternity.
Kira my sweet dear I love you so.

Michael P. McParland

I Honor You

I will honor you everyday and night my love
as long as we both shall live and well beyond.
Through the eternities I'll give you my
best in everyway I know how.
For I wish to honor the greatest woman
earth has ever truly known.

I will honor you to show you I love you truly
and know how lucky I am and all you're worth.
I love more and more with every second of everyday,
I will never abandon my only one or walk away.
My Angel and my guiding light I honor with
all my will and might.

I will forever honor you as my Queen.
The conqueror and holder of my heart and soul,
my mind, my hopes, my dreams, my entire being.
You are all the things I desire and need.

I swear to you I'll always honor you.
Through the eternities by your side I
so truly cherish you.
I confess my everlasting and undying love,
come take my hand and let me hold you forevermore.

Michael P. McParland

I Cry For You

I cry for you to return and be with me.
I miss my friend who owns my heart forever and a day.
I am lost inside and free falling in empty space
wondering where you are today and if you're okay.

My heart is breaking and bleeding as I cry for you.
All the pain I know you feel,
the hurt I caused you and finally had enough
of this baffled nut.
I'm crying now for how I ruined the most
important relationship ever known to me.

I cry for you and hope you'll find your way
to a brighter future with abundances of joy profound.
Please remember though my love is true,
I'm still crying needing you.
So maybe one day I hope you'll come and rescue me,
dry my tears and say you forgive me.

I'll bury my head into your shoulder and hold you so dear.
Thanking you for your pure love that only you could know.
With no more crying because the skies will clear
when I look into your eyes
and see the truth of love which we are bound.

Michael P. McParland

I Can Never.....

I can never forgive myself
or live with peace of mind.
I'm empty inside I've lost
my true love and best friend.
I can never find another that moves me so much,
holding my heart with gentle hands and care,
a gentle soul so fair.

I can never feel complete again as long as I live.
I'll never forgive myself.
How could I when I broke her heart?

Michael P. McParland

I Can Feel It

I can feel the love you're sending me.
It helps my heart,
it fills my soul,
I feel so blessed to have your love.
It calms my heart and brings relief.
What would I do without you in my life?
Your loving spirit sending love protecting me.

I can feel your love
I thank you with all my heart.
I send all mine back your way.
I love you more with each passing day.

Michael P. McParland

I Ask

I ask you truly to please not hate me,
though I know how hard it is to ever control emotions.
I'm already filled with pain and endless sorrow.
Please don't punish me for I beat myself up
everyday for all my weaknesses that I've betrayed.
I already feel a sense of hate for those parts of me
and am working so hard on them diligently day by day.

I hate the bipolar,
it is a wicked curse,
though no excuse for my indiscretions I did
act upon in angers haste.

It's probably unfair of me to ask.
Yet I ask thee to not hate me oh so much.
I honestly feel no hate for you,
just love to my core,
then sorrow for how it all went through.

I hope the day will come you can forgive me,
you'll sit and talk to me and once again accept
my friendship and boring company.

I'll be thinking of you the entire time,
hoping you don't hate me and will at
some point forgive my black loathefull crimes.

Michael P. McParland

Hug And Kiss Goodnight

Sending you this hug and kiss.
Goodnight my love we'll speak soon,
not long after in each others arms
hugging and kissing
then very soon our souls and bodies bonding
becoming one.

So feel this hug and kiss
as we rest our heads tonight.
I love you babe you're the only one,
my Angel that gives me hope and light
all through my darkest nights.

Michael P. McParland

How Do I? /Is There?

How do I truly show you
all the depths of the love I hold?
How do I express it better than
in the various ways I've told?
I want to be able to reveal to
you my entire being, heart,
and old but loving soul.

Is there any other ways with
all the distance in our way
that I can tell you in deeper and better manners?
Show you in ways I have not yet fathomed?
I want to share it all with you
so you can see that which I carry is true.

Ho do I continue to show you
in new and deeper ways
so I'll never leave you hanging
with a doubt in a wondering daze?
I feel I'm falling short of sharing
all of what I've got.
I want and need to show you
my fragile beating heart.

Is there any ways I do not know?
For I'm giving my all in every
single way my mind can grab a hold.
I'm aching here wanting to give you
the entire world.

Please tell me if I'm doing well.
If I've truly helped you know
just how deeply true I feel.
If I could know that I have
accomplished my message in any way
it would help aswage my
insecurities and fear.
Rest assured though I would
never stop expressing my

deep true love for you.

So is there any other ways?
And how do I show and tell it?
I need to figure it out and know.
So you will always feel assured
of all my love.

Michael P. McParland

Hope

I want for you to share my life.
Always be here to beat the strife.
It's all been meaningless without you.
I haven't known where to go or what to do
without you by my side
giving my life meaning and filling me with pride.

Empty inside although I've tried
to find another and live a lie.
My love for you I said had died.

Deep inside I'm not that blind.
It's never stopped.
The pain is dropped.

I want you here to plant the crops
of endless love that does not flop.
So be with me and we'll both see
a final end of insanity.

With hope and care,
all the time to spare.
To spend in love that is truly fair.

Michael P. McParland

Holding You Tight Tonight

Holding you tight,
holding you near.
You fill my heart and soul
erasing all my lonely fears.

I love you more than
all expression
so I'll just hold you tight,
feeling through my heart and body
the intense burning passion
in their vibrations.

Michael P. McParland

Hold On Dear One

Hold on and never let go.
Have faith in me and our future,
never give up we're eternal lovers.

Hold on my sweet Kira
I love you so much.
I'll be here forever dear love
our future together is bright
and full of sweet freedoms light.

Hold on my dear one
I love you so much
I'll never give up,
so my true love please hold on.

Michael P. McParland

Ho Hum

Ho Hum sitting around
with just my podcasts to fill my head.
Playing games on the kindle to pass the time
and keep all meaningful thoughts out of my head.

Ho Hum just passing the time.
Keeping down the emotions that overflow
in my heart and mind.
Stay distracted to forget the sadness I feel
without my fair lady to hold right here.

Ho Hum, Ho Hum, so little to do.
It's so very hard to keep distracted from
the beautiful thoughts of you.
They bring sorrow and pain,
for life without is quite plain.

Ho Hum what now can be done
to try and keep going for just a bit more time?

Michael P. McParland

Hit Music

I love music it's my release.
All the bands and artists that I love
fill my life with abundant emotion,
release of energy,
and intelligent thought.

Hit music takes me away
from all the problems in my life.
Releases and expresses all my strife.
The lyrics and beats carry me away,
give me will to fight another day.

When I'm happy it enhances
my mood bringing elation,
a euphoria a natural high.
Lifting my heart and spirit
it makes me want to dance,
what more could I ask from
my hit music but to give me an
escape from the earth?

My hit music and artists speak to me.
Pet Shop Boys, Huey Lewis and the News,
Falco, Blondie, Queen, Avril Lavigne,
and my Classical addiction
most of all Mozart and Chopin.

This is my hit music and many
various things so much more.
It takes me up and away no matter
how I feel each and every day.

My hit music is so much my soul,
my heart, also going along with my girl.

Michael P. McParland

Heart

Every time I see you
every time you are near
my heart skips a beat,
you take my breath away.
You're so stunning in all your ways
you put me in a love struck daze.

My heart skips a beat
and starts doing summersaults when
you look at me with those bright shiny eyes.
They tell and project such pure
unconditional love.

You always stun me with your
unstoppable strength and courage.
My heart almost leaps from my chest at even
the mere thought or mention of you heavenly name
for you captured its essence so many years gone by,
it's all passed in a love struck haze.

I love you my dear and this heart of mine is yours,
please treasure it for it's fragile
and holds such passions galore for you.
It's yours for eternity and I'm honored you have it.
You're the keeper of all the beautiful
love held within it.

My heart is for you and not another,
you are the truth that it seeks
in pure love, commitment, for eternities through.
I love you my dear my heart is truly only for you.

Michael P. McParland

He Lives

I know he lives.
The greatest man.
Endless love he gives.

Through his life he saved us all.
Showing and teaching us how not to fall.
So hear him now for you he calls.
To share his light so you'll stand tall.

He shares our pain.
He stops the rain.
The bitter envy of our souls
that cruelly and fatally drains.

You can go to him and explain
the pain you feel from this ordeal.
He listens closely then holds you dear
to show you that you need not fear.
Take his hand you'll persevere.

He bore his cross for all of us.
Without him you'll just turn to dust.
He truly lives I know it's so.
I feel his love.
It makes me glow.

Michael P. McParland

Hard Magic

You have some very hard magic KP
and I'm under your spell for eternity.
I love you more with each day that passes.
A magical soul that through the years
more and more enraptures and impresses.

From the start your eyes and smile
hypnotized and dazzled my heart and soul,
forevermore I have desired to have you by my side.
You are the most wonderful, amazing,
magical woman alive.

Your hard magic stunned and shocked me
from the start almost knocking me to the floor.
Under your amazing spell I'll gladly
offer and give you my heart, mind,
body, and soul forevermore.

You truly are so magical to me KP.
The greatest heart, soul, and mind
that on this earth I could ever hope to find.
You are an Angel that's graced me with her love,
please never give up on this flawed man
and leave me to go rejoin your fellow Angels,
without you I cannot reach up above to the greatest heights.

I love you truly in a way only
God can ever understand.
You are my universe, my everything.
Without your magical love
I'm lost and all alone not knowing
where to go or where I stand.

I love you KP and these walls when you're here
I promise you will come down.
Just please come take my hand and through
eternity we shall together always journey.
You are my soul mate and only one.
We share the strongest bond that will

never come undone.

Michael P. McParland

Guide Me

Help guide me, help me to know the path.
I only want to do good and right,
be a King for my Queen.

I just want to show what's in my heart.
Guide me into your shining light.
I'll always go the distance for you
because you're my Queen and I want to prove
all my worth to you.

Michael P. McParland

Great Big Kisses

I'm blowing great big kisses to you.
Make sure you catch every one.
I don't want anybody else to intercept
a true gift of pure love meant just for you.
I love you more than life itself,
you are my Angel and my better half.

I'm blowing great big kisses to my lady
showering you in love,
to show you how much
you mean to me my only one.
Forever yours with no doubts,
I'm blowing you great big kisses dear
you are the best.

Michael P. McParland

Goodnight Sweet Love

Goodnight sweet love
I'm smiling at you
wishing you a peaceful
rest on this night.
I'm thinking and dreaming
of your beautiful spirit,
your soft heart and heart melting eyes,
that smile that sends shivers
up and down my whole spine.

Goodnight my dear one
I'm sending you all of my love.
Please feel me near and hold me tight
it's such a hard lonely one to fight.
Goodnight and sweet dreams
I miss you so much,
I love you more than
the depths of the ocean,
my heart is yours forever my true love.

Michael P. McParland

Goodnight My Only One

I'm now going to try and sleep.
From the stars and the moon I say goodnight.
I love you so much I give you my life.
I pray for you each night.
I'm going to bed now and hoping for sleep,
goodnight my true love,
I'll see you in the land of dreams.
When I do I'm just going to hold you and cry forever.
I'm sending you all of my warmth and my love,
with the biggest of hugs and the most passionate kisses.
Goodnight my Angel I'm now going to bed.
I love you so much my sweet Angel dove.
I'll see you soon and I'll forever hold you close.

Michael P. McParland

Goodnight

Goodnight my love I'll now attempt to sleep,
I'm so deeply exhausted I think I'll fall
into the deepest of states.
First though let me know that it's alright
for if you need me I'll stay up and continue the fight.
For you I'll sacrifice anything
including my very life.

Goodnight my dear I'm so very tired
through and through.
I hope to see you in my dreams,
to hold and kiss you.
I'm sending all my warmth and love,
with massive hugs and kisses just for you.

So I wish you a wonderful goodnight.
I'll see you in my dreams and we'll live
in serenity amidst the perfect scene.

Michael P. McParland

Merry Christmas My Love

Merry Christmas KP I love and
miss you so very very much.
On this day I send you all my warmth and love,
with great big hugs and kisses
showering down my hopes and dreams.

You are a jewel to me the most
rare and precious kind.
One filled with unconditional love
giving all she has and more,
a truly beautiful woman I so adore.

Merry Christmas my only one
I'll be here thinking of you.
I hope next year you will be here
so I can just hold and kiss you.
You are missed and needed please know
that I truly love you.

Michael P. McParland

Wakeful Nights

Wakeful nights spent thinking of you.
All of the things that we've done,
and all of the beautiful things that we'll do.
I'm always fighting to get back to you.
So we can begin our life together
full of true love and happiness.

I stay up intentionally on many of these wakeful nights.
Just so I can sit and close my eyes
and dream of your heavenly face.
Eyes that enrapture and pull me right into
another universe full of light
made even brighter by that Angelic smile.

On these wakeful nights I dream of the
glee and the glory as we give our vows
sealing forever our sacred bond to each other.
I plan and I dream of all the passion and adventures
ahead that we'll share hand in hand together.

In these wakeful nights I picture our family.
I'll be the husband to the worlds perfect mother.
We'll have the perfect family we could imagine.
Raising our kids to be good with such
immaculate manners.

The most important thoughts and dreams on these wakeful nights
are my soul mate and Angel, you my guiding light,
KP you're my only one and fill me with endless delight.
I love you more than anyone will ever know,
I've left the world behind because I only need you.

Michael P. McParland

Warmth (In Your Arms)

In your arms I may now finally rest my head.
I can smile and sleep for I now feel at peace
from all the warmth you emit envelopes me,
gives me comfort and soothes my heart.
You've healed my soul and taken away all the scars.
In your arms though for now just in dreams,
I can finally rest my head from your Angelic peace,
and regain all my strength and solace from your
immense love providing the warmth I need.

Michael P. McParland

Warmth, Love, Hugs, And Kisses

I'm sending you all of my warmth
and pure love.
With the greatest of colossal huge hugs,
topped off with the deepest most
passionate sweet kisses
as I wish you goodnight
my sweet Angel dove.

Look to the stars and the moon,
see my reflection within.
I send my message up there
and from that vantage point
I smile upon you,
saying I love and I miss you.
Be blessed with the most divine
and sweetest of dreams.
In spirit I'll be tightly holding you.

Michael P. McParland

We All Feel Better In The Dark

We all feel better in the dark
where we unleash our passions,
our carnal desires with reckless abandon.
Freeing ourselves from all the social norms.
Only taking into account the
hard driving passions that we seek.

We all feel better in the dark
surrounded by ambient light,
just enough to explore and see
those who surround and hold the things we need.
Engaging in the energy that surrounds,
keying up to get down to the deed.

We all feel better in the dark
where all inhibitions are lost.
Unleashing the inner beast,
taking what we all need.
Fulfilling the base desires
expelling pent up frustrations
and stress that have built up.

We all feel better in the dark
so let's get down to it.
Intense energy electricity filled air
surrounds us all around.
Release our stresses and desires,
take out all of our passions.
For we all feel better in the dark.

Michael P. McParland

Wealth

You have an endless wealth of pure love inside your beautiful heart.
You've always loved me true and been there from the start.
You've helped me up from many falls.
Your wealth of love and patience gives me awe.

You have a wealth of knowledge that blows my mind.
Smart and loving a combination so sublime.
I love you so,
there's no better woman that I could spend my time.
You're my Queen and Angel true.
You fill my heart and soul sharing all this wealth that you behold.

I love you more than anyone can ever know.
Not just for this abundant wealth but the purest love
any one human being could ever hold.
I hope you'll come and forever share your wealth with me.
My undying love for you is yearning and in great need.
You're the best and the only one that can ever do.
For through your wealth you're the one that understands me too.

Michael P. McParland

Weary Smile

As I lay my weary head down on my pillow
closing my blurry exhausted eyes
I'm already dreaming of you,
one of the only things that still makes me smile.
I love you forever more my sweet Angel dove.

Michael P. McParland

What Better?

What on earth could be better than holding you?
Nothing I say,
for you give me true love
and fill me with brilliant light.
You are the one who makes sense and everything right.

What better on earth than loving you?
Not a thing because you are my Angel and I madly love you.
You are the greatest my dear
and I'll hold you forever without
a thought of leaving or abandoning my sweet dear.

What better on earth than you in whole?
Nothing in fact because I respect
and admire you completely in whole,
I love you so true
and I'll never give up on us it is true.

What better on earth than us eternally together?
Nothing my dear for our bond is so strong
not a thing we encounter can break it,
we're true dedicated soul mates.

I love you sweet lady,
and what could be better?
Not a thing on this earth because
what we have was ordained in heaven.
Eternity is ours,
you're the greatest lady it's true.
I'm forever at your side fighting for
and supporting you.

Michael P. McParland

What I Do

I do what I do because I like it.
Those who are offended can just shove it.
If you don't like the things I do.
Just live your life and leave me be.

I don't care what others think.
I don't even want to hear them speak.
About how much they hate my style,
music, writing, and confident guile.
I just ignore them all the while.

I'll keep on doing what I do.
Cause I love it that is true.
You shouldn't care what others think.
Their goal in life is to make you sink.
Just pay attention to who and what you love
and in the end you will have won.

Michael P. McParland

What's Right

I know what's right.
I will carry on and fight.
Through all this pain and blithe.
Though all seems lost like a holocaust.
I cannot give up lest all be lost.

Though it may be hell, I will not dwell
on all this misery that brings us down,
I must not frown.
What's right is to fight for what is true.
We must not give up or we'll be through.

So on we march with righteous pride.
Knowing we'll defeat the lie.
On and on some may die.
Through our blood we justify,
all we know to be true.

The bold will cry, the weak are snide.
We need not have fear or hide.
In the end they'll truly see,
that what is right we must defend.

Michael P. McParland

Who Am I?

Who am I to say it's wrong?
It's no one's business to say you don't belong.
Whatever your heart desires, for what you long.
Whatever you want to be, it's not wrong.
Whatever you want, it is true.
Don't let the sleazebags screw with you.

Who are they and who am I?
Stay true and do not deny.
Your passion is your fortune.
Now seek it with pride and teach a lesson
to all of those who think you're an abomination.

You know much more about the world.
These ignorant pukes have got to learn.
Follow your heart and don't be spurned.
Ever onward the world does turn.
You've found yourself, now fight on through.
Ignore the ones who call you a fool.

Who am I, no one it's true.
Nor are they, to subject you to this vast array.
Though unwilling are they to see,
you're human just like them and me.

Michael P. McParland

Will You 2?

Will you still love me when I'm old and grey?
Will you still treasure all I am when
my bipolar slips and I break from time to time?
Will you still love me when I'm old and infirm?
Help me move around when my psoriatic arthritis
flares up bad and I'm near immobile from all the pain?
Will you love me always even though I'm
quite boring and very plain?

I know you will because you're so
wonderful and loving having a big loving heart.
You're the greatest lady I've ever known
accepting me and all my many faults and quirks.
You've always been there and understood
that I'm ill tempered and imbalanced
but all in all I'm always striving to do good.

You'll never know how much you mean to me,
Someone who doesn't scold or demean me in any way.
You don't point out little things making me feel
stupid and little like a dope
you help my pride and build me up.

So just like you're always here for me
I'll always be here just for you.
Working hard to show you your endless worth,
showing you that my life's
dedicated to you and no other on this earth.
Your happiness and fulfillment throughout your life,
I'll strive to give you with unconditional pride and love.

Michael P. McParland

Will You?

Kira my love will you please come back?
Kira my dear will you please come talk to me?
Kira do you know that I love you with all my heart?
Kira do you know how much I hurt without you here?
Kira I've lived so long and fight for you,
please come take my hand and let me show you.

Kira will you please come take my hand and hold me near?
Kira will you please hear my words?
So I can show you that you are my gem
and I treasure you like no other.

Michael P. McParland

Windows

Through the windows you see so much.
Revealing love with the lightest touch.
Through them you see so much truth daren't be spoke.

I sit and look through the windows.
Seeing through all the innuendos.
Reveling in the sweet crescendo.

As I stare through the windows.
The boughs break, and in my heart I celebrate.
As I realize it will not break.

For hours through those windows I could stare.
Worlds a plenty are there to share.
In awe and splendor I now stare.

Through those windows a bright sun glares.
How much longer do I dare,
to stare through these windows that show me things so fair?

Michael P. McParland

Winds Of Love

The winds of love blow me to you.
Only you could catch such a lonely blowing leaf as I.
Help me up and show me such a beautiful life,
accompanied by a spirit so sprite and oh so bright.

The winds of love picked me up and brought me to you.
I am the luckiest guy on earth
with a fate so rare I just cry and thank God it is you.
The winds of love knew the most perfect match and picked
out the perfect course to lead me to my Angel of destiny.

The winds of love do not blow at a random.
There is design and pattern as we see behind it
as our love so pure and through the years unforgotten.
They have brought us together in a fate so heavenly gotten.

The winds of love have blown me to you,
and delicately you picked me up and handled me too.
What we have is a love to last through the ages.
So pure and so true held between each other as pure truth.
We have a love story for the world to admire,
for KP no one can possibly know our treasure of passion.

Michael P. McParland

Wish Oh Wish

I wish oh wish that you were here.
I'm shedding hoards of lonely tears.
I want you tightly wrapped within my arms.
No longer fearing wistful harms.
Deep inside your safeness warm.
Knowing your love and lucky charm.

I wish oh wish that you were here
wrapped in my arms.
Then deep inside at last feeling safe
and having no more fear
knowing my sweet precious Angel is here.

Michael P. McParland

Wonderful Books

Wonderful books with beautiful
and vast landscapes we can escape to.
Full of beauty and wonder,
Intrigue and blunder.
Expanding the imagination to new heights
of awareness giving great insights.

They can give such beautiful
and precious looks at so many a people.
Bring an understanding that you never had.
Expressions of love and deep wells of true passion.
Anger and hate that consume into sickness.
All ranges of emotion that drive people
in their words and deeds no matter the spirit.

Wonderful books can take you to the most distant of lands,
full of many a splendor
full of their own beauty no matter the layout.
Places to explore and treasures to find,
enriching the spirit and giving so many
things in this world a way to define.

It's impossible to express all
the magic within all the wonderful books.
Finding layers upon layers of the human soul and what it wonders.
Giving you thought on which to ponder,
why are people as they are
perhaps we can now try to help and understand.

Endless adventures through many an endless volume.
Teaching you things with endless amounts of true knowledge.
To share with your lovers and friends,
feeding each others souls with tales
that you both can dream you are in.

Please to all the world expand your mind with these wonders.
Imagination is the key to our future.
So pick up all these wonderful books
and take a break from all the stresses that haunt you

in a world so full of sadness and is quite often a mess.

Michael P. McParland

Working Hard

I'm working hard to prove to you
that I'm working hard to improve my flaws
and be the best man to give you all the
wonderful things that you deserve.

Talk to me and let me show you.
I'm working hard to give you honor.
I want to show you how far I've come,
yet there is so far to go.

I'm working because I love you
more than anyone can know.
Given the chance I'll prove it
by showing at every turn my improvement.

Michael P. McParland

Worrying

Worrying afraid that I did something wrong.
Hurt a friend unintentionally by something I do not know.
I hope that I have not,
for hurting them would hurt me too
knowing that I hurt their heart it's unacceptable.
I cannot ask them right now so what am I to do?

I'm worrying because I do not want them to feel distressed,
it sets my nerves on edge knowing they may be at unrest.
I hope that I can find out soon,
for if I've wronged them I will right it
they just need to tell me what to do.

Michael P. McParland

Worthy

Don't feel that you're not worthy.
It really isn't so.
To believe you're not deserving
denies what we both know.
That what we need is here and shows.

I want no other.
Compared to you they're far below.
If I didn't feel you worthy
the thought of you would have grown weary.
For you I have the best respect.
With your mighty intellect.

You give me reason to reflect.
I know that you are awesome through.
If only you would see it too.
You're worthy now for what is true.
Come on now and see it through.
If you don't we'll just be blue.
We truly need this splendid jewel.

Michael P. McParland

Wow! ! ! ! !

WOW! ! ! ! !
Was all she could say.
Struck speechless in shock,
but pleasantly taken aback.
As the veil before her eyes dropped,
revealing to her the secret enormous prize
that she'd been promised and fully deserved and desired.

Michael P. McParland

Wrap Me Up

Wrap me up in your love and your arms tonight.
I'm intensely tired and going to bed.
I'm hurting tonight and wish you were here.
I love you so much and am sending it to you,
can you feel the warming love and my arms around you?

Wrap me up in your arms and your love
I'm now going to bed.
Give me a kiss and join me
we'll sing and we'll talk as we drift away.
I love you so much babe.

Michael P. McParland

You Are Truly

You are truly all I care about this day.
I pray for a miracle to come my way.
To hold you in my arms so tight,
chasing away all this wretched fright
which fills me up and kills the light.

You are truly all the things I need.
The things I cherish pure indeed.
Without you near my soul does bleed.
Flowing out in desperate need.

You are truly my entire world.
The most splendid precious beautiful girl.
That sends me to such glorious heights,
my heart explodes with delight whenever you are in my sight.

You are truly my eternal flame.
My soul is yours please come and claim
that to which I give you true.
My heart is yours you are so smooth.

Michael P. McParland

You Cheer Me Up

This may be light and breezy,
it may sound corny and come off cheesy,
but I just gotta say my love you cheer me up.
No one else like you can make me smile,
I love you babe you drive me wild.

Michael P. McParland

You Hold It All

KP you hold it all,
my heart and my soul,
please come take my hand
so together we can claim our fate
and with each other through eternity stroll.

KP you hold it all,
my hopes and my dreams,
you are my Angel, my Queen,
my hero and biggest fan.
You hold it all and
very soon you'll come take my hand.

I miss you so much if you only knew,
my heart hurts so bad without you being around.
This distance between us is pain
in it's representation,
yet I can still feel your spirit and
all the love you hold in it.
Can you feel all of the love I
send your way as well?

KP you hold it all,
my heart, my spirit,
my hopes, dreams, and entire being.
I love you so much,
in your pure heart please know it and feel it.
You're my whole world,
the center of the universe.
I cherish you more than anything
in existence my sweet Angel dove.

You hold it all,
you are my only one,
I love you,
I love you,
I love you for you are you
and that the greatest thing I've ever known.

Michael P. McParland

You Know I Do

I love you so and you know I do.
So why must you question my devotion to you?
I'll never love another so have no fear
I'm by your side till the end of time.
You know I love you more than anything that exists
so please don't question all I hold for you.

I love you never ending,
filling my heart to bursting.
You know I do.

ILYF

Michael P. McParland

You Love Me

I know you love me like I love you.
Yet you keep us apart.
Now what am I to do?
I want no other,
they cannot suffice they'll never do.
You're my biggest vice.

You love me.
So why not roll the dice?
Do you fear I'll break your heart?
Why with you would I want to part?
In your hand you hold my heart.
Please be gentle and do not hamper.

I think you love me too, just as I do you.
Please put your fears aside and do not hide.
Be with me and together we will be strong.
Without you the days and nights stretch so long.

Please be mine and I'll be true.
Life has no meaning without you.

Michael P. McParland

You Make Me

You make me smile,
You give me joy.
KP how I love you so.
You give me hope,
You give me light,
You have given reason to my life.
I love you so KP
You're my Angel and my hero
will you come and marry me?

Michael P. McParland

You Will Forever

KP you will forever be my very essence.
You fill me up with true love and life
in the times I've been alone I may have been
alive but only physically for on the inside I had died.
In all the time we've spent separated each day
I died a thousand deaths.
Each more painful than the preceding one.

You forever represent a sense of profound hope.
For in you I know there is unconditional love.
Such a rare gift on this very earth.
Also please know that within my heart and soul
I also carry an unconditional love.
Our bond is so strong I know it is blessed right by God.

You are forever the only lady I'll ever treasure.
I swear to you that in this life on earth and through
the eternities on the other side I will never share myself
with another woman.
How could I ever share myself in any way with them?
I'd be betraying myself and even worse betraying you
from breaking my sacred oath.

You will forever be the apple of my eyes,
the greatest treasure anyone could ever find.
For you've always been true to who you are,
never lying to people or stringing anyone along.
I'm the luckiest man on earth to have your love.
How could I be so lucky that I have earned
your devotion you feel that I deserve?

You will forever be my only one.
I'll be right here.
I'm prepared to show you all the ways
I have worked to change.

Please come soon and take me in your arms.
My love for you is bursting and we've waited
so very long.

So let's join hands and embark upon our
eternal path.
I thank God to no end every day
for bringing you into my life.

ILYF and ever xoxoxoxo

Michael P. McParland

Young

Is this where my mind was thrown into the abyss?
Haunted so young touched by deaths kiss.
Made to feel so guilty and cheap.
Like nothing more than a toy to keep.

Shown the door of such horrors galore,
to ruin my life through extreme mental strife.
Defiled and admonished till I no longer felt conscious
of true human desire that gives us worth and lifes fire.

I once was so young but quickly turned old
as the cold devils hand reached forth and took ahold.
I cannot tell thee how much I do need
to express my love and desire like a true human being.

Michael P. McParland

Your Eyes

Your eyes so big beautiful and bright.
They fill my dreams and make my
spirit and heart feel so light.
Their memory takes away all my burdens giving me
endless hope and happiness until we reunite.

First thing when we come back together,
is for me to get lost in those eyes
tell you how much I love you and have missed you.
Your eyes are the most beautiful
things God's ever created,
my entire life's essence they have captured.

Michael P. McParland

Your Heart

Your heart is the crown jewel
of all that is good in my life.
True compassion and love,
patience and understanding of
this temperamental and complex man.

Your heart has always shined
through the toughest of fights.
Showing forgiveness and true love
through every trial and plight.
Seeing through my tough veneer
to my sensitive heart and soul.
Which you handle so well never
humiliating or bruising that
which is there.

Your heart is of gold
filled with unconditional love.
It lights up my life,
fills me with cheer,
my sweet Angel dove.

Your heart is the most treasured
thing in my life.
To ever see it hurt tears me apart
and causes great strife.

When it's happy it makes
me glow all over seeing you smile,
melting my heart with your beauty
and sincerity of your soul which cannot
be denied.

Your heart is the thing I
treasure most in this life.
I will do anything to protect it,
guard it, soothe it, and fill it with
passion and joy.
For you and your heart have

given me more than you'll ever know.

Michael P. McParland

Your Lips

How I long to plant a deep tender
passionate kiss upon your lips.
So full and inviting,
enticing me in to share a scorching
intense emotion filled moment of bliss.

I've ached so long to feel those lips upon my own,
tasting the sweet passion
passed between with delightful groans.
Better than any dream I could have ever had.
To finally have that first true delightful
full delicious kiss is what I need and want.
Just the thoughts of having you there
sends lightning bolts through my spine
to my soul a relaxing satisfaction so divine.

I can't wait till that day has finally come,
as I take you near and pull you close,
pressing my lips right to yours,
passing a true feeling and bond of endless love.

Until the day will finally come.
I'll just sit here dreaming,
fantasizing about all the deep passionate kisses
of true soul shaking love to come.

Michael P. McParland

Your Love Is

Your love is truly all that matters to me.
If you look and see all the things I write, say, and feel
you cannot miss the fact that without you my life
is plastic, useless, and unreal.
Your love has shaped my world,
you have given reason and meaning to quell the demons.

Your love KP in the end is the only
drug I'll ever truly want and need.
You are in my every thought, word, and deed,
in my pursuit to improve myself for you.
I love you just for you and I want to
always do what's right by you.

KP your love is what keeps my world afloat.
Without you it long ago became irrelevant.
With each second my love for you does grow.
You are my everything, my Angel,
I just want to be with you
through eternities timeless hold.

Your love KP is all I seek in this world.
It's a truly cherished treasure,
something so delicate and true it's rare.
So unconditional for me as mine is for you.
Your love is the complete and total truth.

I love you so much KP and
all I want is for you to be with me.
You are the kindest, gentlest,
sweetest lady on this harsh earth.
Your love has made my days and fight against
the pain more bearable giving me strength.

ILYF KP

Michael P. McParland

Your Loving Words

Your loving words have given me strength
to continue on and improve each day.
I still don't sleep much or very well,
but when I finally can your loving words
soothe my mind and soul helping me go out.

So as I finally lay to rest,
it's your loving words that I hold
and cherish to let my mind go,
so I can recover and for you be my best.

Your loving words have gotten me
through this rough time.
I thank and love you as I
lay my head to rest my body and mind.

I love you, I love you.
You are my foundation and rock.
Until we once again are in
each others arms.
Your loving words will keep me moving,
all the ways to honor you my Angel
the greatest lady of all time.

Michael P. McParland

Your Picture

Every night I look at your picture
and say goodnight, I love you,
see you soon my darling one.
Then I hold it as close as I can,
since right now your not here I
hug that instead.

I just stare at your picture
hypnotized by those beautiful eyes
and big bright smile.
They bring tears to my eyes in their
purity without a blemish around.

Your picture brings you closer to me,
it helps give me comfort and keeps me sane,
it helps get me through until you're here again.
You are so beautiful and I love you so much.

Every night I look at your picture
and say goodnight, I love you,
I wish you were here so I could just hold you.
You're my Angel, the one I treasure and cherish.

Feel all the love I am sending my dear.
You are the greatest, the boldest,
the most beautiful woman alive.
I love you and I miss you,
but I know I'll see you soon
sweet lady.

Michael P. McParland

Your Return

Since your return I can finally eat,
I can finally sleep.
You soothe my mind and spirit,
you put my soul at ease.
For the first time in months
I feel a natural drifting off to sleep.
Not drug induced leaving a sleepy haze.

You've helped soothe my nerves,
my stomach accepts the food.
I'm not feeling sick with madness,
body rejecting nourishment leaving me feeling sick.
Emotionally dying only wishing it
was true that you had come.

You've soothed my soul so now the tears are joy,
not bitter sorrow of lost need nowhere to go.
I don't feel like dying from endless days of grief.
My whole body aching from the
literal pits of hell and despair.

More though I hope I soothe you too.
Your happiness means the world to me,
so I hope you've found that need fulfilled,
the ability to eat and sleep.

Until we're back in each others arms,
we'll hold each other In spirit
feeling the magic of God's wondrous charms.

So feel my arms wrap you up in warmth and love,
kissing you on the forehead saying it's all okay.
Please hold me too and snuggle tight.
You soothe my soul and make me feel safe
forgetting all the cold and hate
that lays outside of our loving nest that protects.

Michael P. McParland

Your Touch

How I long to feel your touch.
It would mean so very much.
The thought of your body next to mine,
makes my heart ache so I begin to cry.

You mean so much you make me shake,
the feel of your skin makes the earth deeply quake.
I want you near so close to me.
If only things weren't so they are,
we could be in ecstasy.

I hope we'll be able to set ourselves free.
Your touch will make my world complete.
So finally I'll have you close to me,
for your touch is what I really need.

Michael P. McParland

Your Warmth

There's such wholesome
fulfilling warmth in your love.
It gives me hope and fills me with pride.
You warm me up from the inside
making me feel safe and deeply loved.
Your love is like the most comfortable blanket,
you wrap me inside it chasing away all of the cold,
making me safe from all the bullies of the world.
Your warmth is worth more than all the
riches of ten universes combined.
You give me your love covered in warmth,
how could I be so lucky to have you as my girl?

Your warmth and your kindness
are everything to me.
When you're not around I shiver
from frost bitten cold.
I shiver and cry because I feel
so empty and deathly alone.
But knowing you're here and around
has given me warmth and a new lease on life.
KP my sweet dear please will you be my wife
and honor me by sharing your warmth
for our eternal lives?

Michael P. McParland

You're Magic

You are magic to me,
a truly amazing gift.
You've brought with you
true and unconditional love,
you hold something truly
rare that most do not.

You are magic and have
charmed my heart and soul.
Each day I love you more and more.
You are magic and never fail
to impress me in every way.

You are magic dear
and you are my all.
To lose you would be
total death of my world.
So please look at me
as I confess I love only you.
Will you be my bride and
charm me forever through our lives?

Michael P. McParland

You're My Beauty

I can only say that you're my true beauty.
Not just outside but inside more so.
I've never known a woman as beautiful as you.
A simple message with not a lot to say.
You're my true beauty I'll love you all my days.

Michael P. McParland

You're Safe With Me

You're safe with me sweet lady.
I'm here to protect and show how truly,
deeply, and with pure sincerity I love you.
I'll never leave you hurting filled with doubt.

I have made many mistakes in the past,
yet I'm working hard and I will prove
to you in all I do that I'm changing to
always be the best man I can for you.

You're safe with me because I will
go beyond all my limits to keep you safe.
Make sure you always feel warmth and comfort
in my loving soul to you I dedicate.
I'll make sure you always have all the love
and care you so deeply need.
And if anyone ever hurts you
they'll pay the steepest fee.

KP you are truly safe with me.
I just want to pour out and show you
all the things I hold within my heart.
So please just come and let me wrap you up
within my loving, caring, and needing arms.

Feel my love and warmth,
and if you need to laugh or cry from the
emotions and thoughts you hold inside,
I'll stay right there holding you dear until
you feel it all has passed.
I'm not leaving you because you were
my first love and still are my only one.

KP you will always be safe with me,
I would rather be tortured and die than hurt you.
I will give all my life for you to be my wife,
and I will always strive to provide you with
the greatest gifts and riches
which this world provides.

Love and dedication, faithful to my partner,
being there to help and serve from my hearts
deep desire and devotion.
To always honor my Queen so she'll always know
and feel her worth as my Angel here on earth.

KP you're safe with me because you're
literally everything I see and so much more.
ILYF

Michael P. McParland

God Bless You

God bless you and keep you my sweet little Angel.
Your soul is so precious,
a gift to the world that forever will give.
You're a hero to me and a deep inspiration,
you've persevered through so much,
nothing will ever defeat you you're determined and tough.

God bless you for all the ways you've touched my life.
Showing my heart what true love is bursting with life.
I would give all of my love and then 100 times more,
because your spirit shines forth,
giving me light for the course.

God bless you and watch over you
my small precious love.
You've not let physical malady
knock you down with hard shoves.
I'll pray for you all night and all day long,
to lift all these burdens giving them to me
so you may enjoy bright pain free days.

God bless for I love you so much.
That I'd do anything to make you happy,
for you that should never be lost among the crowd,
you are an Angel standing, shining proud.
So I smile upon you sending all my warmth and love
with great big hugs and kisses
Gods helping to deliver from up above.

Michael P. McParland

Fulfillment

You fulfill my life and answer all my prayers and dreams.
You're the biggest and most needed part of my life.
You give life and sustenance to that which had
either died or was deeply withered on the vine.
You'll see and be astounded at how much when the
time has come that we're able to sit down.

You are the fulfillment that I need.
Giving a love I've never had.
I can't wait to show you just how much
you mean and how I care and love
the Angel I adore so supreme.

You are fulfillment for this man.

Michael P. McParland

Free

One day we'll be free.
We'll not be lost.
Worry free when we've paid the final cost.
To live in perfect harmony
with no need to feel sorry.

We'll have done the job
having not been robbed
of all the beautiful things given by God.

Freedom just from what he dealt.
Knowing of such love, my heart does melt.
Freedom from the days of guilt.
That makes your soul feel weak and wilt.

How I long for these days of glee
knowing that we're finally free.

So take my hand and come with me,
together we'll strive looking to find
this place that's so divine.
Finally free from all this grind.

Michael P. McParland

Forgotten

Being forgotten is my deepest fear.
I hope my memory doesn't fade inside your soul my dear.
To be forgotten by you would be a dagger
straight to my heart,
a killing blow of great disaster.

Please hold on tight and make it so.
That our memories never part and friendly grow.
You are my truth my strength and pride,
every day away a piece of me has died.

I'll never forget those loving eyes,
a smile that brightened the darkest skies.
I hope that I have done some good for you.
To remember how I always tried my best for you.

I'll never forget your loving soul,
it wrapped me up and felt so warm.
You always had the gentle touch
that made my soul flush in deepest content.

Please forget me not and I hope you'll see
my love for you is true indeed.
I won't forget the sweetest girl.
You touched my life and made things whole.
I hold on now forevermore.

Michael P. McParland

Forgive Me?

I ask for your forgiveness.
I'm truly so sorry for all the pain I caused.
I'd go back to change it all and show my love.

Please don't cry it hurts me so.
Please know I'm filled with remorse for
the fights we had and the painful words that were said.

Will you forgive me and love me like you always have?
Perhaps in future let me show you
once again that you're my hopes and dreams.

I ask so deeply for your forgiveness.
I don't want you to hurt inside
it kills my heart knowing that you're weeping.
Please feel my love and know my spirits there.

I'm hugging you for comfort asking for forgiveness,
only hoping to heal your deep despair warming your
soul wrapped in my arms so tight to chase away the cold.

Michael P. McParland

Forever Yours

I truly am forever yours my sweet sweet Kira.
From the very start I knew that forevermore
I'd only ever truly love you.
I fell so hard and fell so fast
I didn't even realize it until after your soul
had filled my glass.

I am forever yours I gave you my heart so long ago.
Our story is not at an end.
On you I'll never give up,
or let someone push me until I give up.

Forever truly I am yours,
can you feel it in your soul?
I see other women all around
but I only think that's not my lady,
I wish she was here.
When will she come around?

I am yours forever truly so.
I'll be alone on Christmas
would you come and spend it with only me?
I would love it in pure joy.
Hold each other to stay so warm.
Watch movies sing some songs
read to each other from our favorite books.

Please know in your mind and feel it in your soul.
That through eternity I am yours forevermore.
ILYF

Michael P. McParland

Forever Hope

I am forever hopeful KP.
I have not a single doubt about thee.
I know our time will come,
for our love is eternally strong,
not a thing in existence can make it come undone.

I shall forever have hope,
so please also grab on
and never let go.
Trust in the fact that I truly love you.
I treasure you so much
the thought of you brings me to bursting.

You are my hope and pride,
my Angel, my hero, all the joy I feel inside.
Do not worry my precious one,
I'll forever have faith and hope
in you my darling one.

Michael P. McParland

For You

It is for you that I keep on fighting to go on.
That I find reasons and hope to keep on living.
It is for you that I'll always be here,
for no other person do I fight so hard and find such light.
It is for you I dedicate my soul, my heart, and my life.
For you I will go the distance giving all I've got
till the day that I die and well beyond into eternities light.
For you I will always give all that I have,
for you are my Angel and my best holy friend.
I love you more than anything on earth and in heaven,
for you I would give my whole life and never think twice.
For you love I give all of my poetry which just like you
is the very essence of me.
For you love I give everything I will ever be,
because I love you so much and for you I toil and bleed.
ILYF my sweet Angel dove.

Michael P. McParland

Footsteps

Footsteps approach.
In my heart there is reproach.
Is it good or is it bad?
The uncertainty in this drives me mad.

Are they coming to kill me, or take me grand?
To higher planes I never planned.
I hope it's not the footsteps of the damned.
To crush my soul with eternal cold.

The footsteps now grow very bold.
Inside I'm feeling dreads not told.
What will these footsteps hold?
I'll soon find out.
They're quite close now.

Michael P. McParland

Flowing Red River

I dive head first into the flowing red river.
It's acrid taste fills my mouth.
I drown in it's putrid depths.
My heart pounds and excitement grips.

As the flowing red river drips.
I cannot contain my growing glee.
I cannot wait to feed on it's bounty.
From down below I stand up straight at attention,
rigid stiff I rise to greet this wonderful fate.

I feel it right now it's raging in pure excitement.
The pinnacle of joy hits like a bomb.
The flowing red river fills me up.
I bend right down from it to suck.
In and out I feel such love.
It cleans my soul flowing red river runs.

Yet I'm sad when the flowing red rivers gone.
Sadness for it's run is done.
Fear not though we'll always meet.
When the flowing red river comes to greet.
For seasonally it always returns for my enjoyment,
a fresh flow forms soaking all before me,
I'll take advantage with pure greed.

Michael P. McParland

Finally Rest

Finally now I may find rest.
I've been up all night
sleep has been lost.
Yet wonderfully dreaming of my lady,
but it's time to leave the world
of wakeful dreaming and see her
in dreamland of the sleeping kind.
I'll see you there while getting rest,
with you there an added happiness.

So finally now I'll try to find some rest.
Hope to clear my mind,
come a day closer to my dreams
I know we'll find.
I love you dear and seal this night
with a passionate kiss.
Wrap you in my arms and drift away
feeling warm within your cheer.

Michael P. McParland

Finally Found Our Home

We've finally found a home,
and it's in each other's arms.
It's the most enchanting warm safe place
I could ever hope to spend my life.

I love you so much my dear and
this is the greatest place to spend eternity.
In your arms is where I always wanted to be,
all the nights I spent alone were very cold,
dreams filled with you to get me through.

We've finally found our home.
In our hearts and in our arms
we will forever stay and be
because our love is true,
it is pure.
You are my lady, my Angel,
my only one and it's by your side
I'll be forevermore.

Michael P. McParland

Fighting Together (Perseverance)

We'll always fight together,
defending and standing up for each other.
Against all obstacles that confront us,
together we'll take them on
they cannot defeat us.

We'll fight together side by side for eternity
defending and supporting each other in everything we need.
We will equally bare the weight of all
the things that we will face,
picking up the slack when one of us
is unable to complete the task.
We'll do it for each other because
we will always fight together.

Side by side spirits bound together,
by choice we picked this
fate for we truly love each other.
Fighting together for the perfect cause,
true love which in this world is so rarely found.

We'll face all obstacles
supporting each other hand in hand.
This world of love is ours to take and have
as we continue fighting all the strife together
finding the promised land
as we march along and always take a stand.

Michael P. McParland

Fields Of Flowers

A mountain stream.
I visit this place in waking dreams.
With you right there by my side.
Despair and hate slide right off to die.

A peaceful place to share our lives.
Never ending bliss no hurtful lies.
A field of joy and contentment true.
Oh I wish I was there with you.

Beauty surrounds with natures songs.
Admitting our love was there all along.
No need to fear or run and hide.
I'll be your husband, you my bride

Forever there in true bliss.
I want to share that long needed kiss.
No outside hurt or prying eyes.
Just us two the odds defied.

Please join me there with the sky so blue.
I'll treasure you forever for no other matches you.
The endless field I'll pick you flowers.
Everyday where time doesn't matter.

Let's go there soon,
We need it my precious jewel.
To share the beauty and the land.
Holding on forever come and take my hand.

Michael P. McParland

Feeling Your Love

I'm feeling your love on this very night,
as I lay down my head and pull the covers up tight.
I see you smiling with your eyes so bright and glowing
it excites me yet also calms me down.
I love you so much my darling one
you lift me up when I'm feeling down.

I feel you next to me in spirit
your soul makes me whole.
You're soothing my heart in
what's been a frustrating night.
I know I can always turn to you
and on your shoulder rest my head
and close my weary eyes,
even cry a bit if I need.
For you are the sweetest
and greatest lady that's ever lived.

I'm feeling your love as I retire tonight.
It calms me and soothes me
helping me sleep better than I have
since years gone past.
I thank you so much for all of
the joy, and contentment to me you have passed.

So I'm now going to close my weary eyes,
wrap up in your warm comforting love.
Drift away feeling and dreaming
of my sweet Angel dove.
Oh my sweet lady I love you so very much.

Michael P. McParland

Feeling You

I can feel your spirit so close to me.
Your warmth and love from you pure spirit.
It gives me comfort and makes me smile,
the only sad part is your not here in person
to wrap my arms around and say I love you,
you're the one I truly treasure.

I'm feeling you so close to me,
the intensity makes my knees weak
and shake from all the energy you radiate.
My heart is filled with such emotion,
I want to shout from mountain tops
that I love KP she is my awesome woman.
Feeling you near helps all the pain disappear.

You're so close and I feel you here,
please feel the love I send your way
so you'll feel my warmth and love my dear.
You comfort my soul and heart,
all I can say is I love you so very much.
Let's wrap each other in the tightest embrace,
and never let go we've passed the test.

Michael P. McParland

Feel My Touch

Feel my touch as I reach across the space.
Grab you tight in my embrace,
to say I love and need you not just here today,
but every day that is to come.
For you are my heart and soul,
you are the sun, stars, wind, and moon.
You are my only one,
it is true.

Michael P. McParland

Faith In Him

I kneel and pray each day that all will be okay.
Turn out to be as it needs.
I ask for the things I would like and want.
but in the end it will be what I need.

It's an arduous journey with pain in transition,
losing many things and loved ones along the way.
Rather in death or circumstance pulling you apart,
filling you with sinking sadness.
Take solace though that in the next life you will again meet.

I struggle every day to have and keep faith.
I pray for my path to be revealed and clear,
and the strength to fight on and accomplish what I need
to return to him in the end in all his glory.

I rarely share my faith with others but when compelled
I bare my soul and show what I behold.

I will continue to struggle keeping faith the best I can,
even with the very heavy heart I currently hold.
God help me for I'm falling please take ahold.

Michael P. McParland

Faded Night

Lying here in deep pain tonight
escaping into my music in search of
forgetful hope and dreams.
More and more though I just think of you,
the songs only make me miss you more.
They're filled with memories and
images of your divinity and all the hopes inside.

Aching brutally in my heart to the core,
a faded night it's color drained for you're not here.
No relief for there's no way to shout out and reach
to my only one who I hold so truly dear.

So I lie here aching, longing, needing you.
I can't sleep I don't know what to do.
So on this faded night I'll survive on my music
and a prayer for you,
to feel me call out saying I love with all I am,
you are still the greatest girl on Gods earth.

Michael P. McParland

Extra

Every extra moment I have to spare
is dedicated to you I solemnly swear.
For I am yours in every way,
I give extra effort to show you
how I love you deeply and endlessly care.
Every extra moment is
dedicated to you I swear.

Michael P. McParland

Extended Hand

My hand is reaching out extended for you.
I long for you to come back and look into my eyes
and behold all their truth.

I miss you, I need you, I'm empty inside,
I extend my hand swallowing all of my pride.
I only want you here to share all of our lives.
To know you are here to hold and you're
never letting go through eternity.

You're such a mystery to me and I don't know how to begin.
Perhaps in the past,
that's why so much curious silence has been,
because there is so much to see and to know,
I couldn't find my way to start I hope you can understand that.

My hand is extended and a declaration of love on my lips.
Please help me to know just which way to go
and everything you need.
I will be your world
and your essence just as you
are mine giving all our best.

I've extended my hand so please take it in return.
Let's move slowly and assuredly to find
all our confidence and answers
supporting each other in all we endeavor.

Please hear how I love you and let it fill your soul.
I want and need only you you're
my sweet Angel dove.
Will you please take my hand?

Michael P. McParland

Exhausted 2

I'm so exhausted KP.
Please come put your
arms around me.
Hold me,
make all my tiredness,
lonliness, and fears
pass.

I'm so deeply exhausted KP.
Please come to bed,
put your arms around me
and sleep in soothing peace.

Michael P. McParland

Exhausted

I'm exhausted and it's time for
me to head to bed and rest my aching body.
Once again I want to wish my good friend
for the highest of honors with her
compliments in her work so truly unique and beautiful.

I'm exhausted and feel so spent,
I'm damn well near collapse.
Emotionally I'm also on that
fracture point which means I'm
deeply fatigued and separating from reality.

I'm so exhausted and my mood is leaning towards sad.
But two things are keeping my mood up and happy.
Electric Lady's exquisite poem,
I truly am so honored and still marvel
over it's heartfelt touch and passion.
I thank you my dear friend it's helped
keep a sinking mood afloat.

Of course the other thought that keeps me happy
is the image of my lady love sweet KP.
Tonight I'm so exhausted I can only honor her
by saying I love you tons and I miss you
so very bad my heart burns,
inside it's the tortures of the damned.
Your memory though holds me
strong and till we meet again
it will get me along.
I love you babe I'll see you in
the land of dreams.

Also an exhausted goodnight to
my wonderful poet friends,
you help give me light and lift my burdens.
To you I wish the sweetest of dreams,
with deep, quiet, truly restful, peaceful sleep.

Michael P. McParland

Everlasting

Everlasting love lies within my soul.
I've never stopped loving you and I never will.
I'll wait as long as it takes,
as long as you need.
I worship your beauty and strength of spirit.
Your acceptance and unconditional love for me.
A dedication which I return,
for you are my Angel, my saving grace,
the woman I admire more than anything.
Everlasting loyalty and love for you.

I now must lay down from a day and a
half of no sleep,
I'll be dreaming of you as I drift off
crossing over to the land of dreams.
I'll be praying for you to feel all of my love,
for you to feel warm and to be safe,
asking God to take away all of your pain.

Everlasting love and protection
I offer and swear to you.
I'll destroy anyone or thing
that would ever hurt you.

I lay down now my sweet darling.
I'm sending you all of my warmth and love,
with the biggest of hugs and the
most passionate of kisses your way just for my dear.
I love you,
I miss you.
Now feel my arms around you,
and hear me whisper in your ear
everything is alright for I'm right here.

Michael P. McParland

Eternity

Eternity is ours KP.
Noone can ever take
that away from you and me.
Our bond of true love was sealed
before our time on earth.

Eternity is here for you and me
it's our fulfillment and destiny.
It was blessed and ordained
in a way no other human will
ever truly know.
How could they?

I love you KP and want
you by my side for eternities and more.
I'll never want or need another
because KP you're my Angel and the only
one I'll ever know that's worth all the time to adore.

Michael P. McParland

I Don't Want

I don't want to ever hurt you,
yet somewhere along the way I failed you.
So many times in so many ways,
I just want to go back and fix it all,
so I could always be perfect
just for my sweet lady, my only one.

I don't ever want to hurt you,
I want to show you
how very much I've changed.
I've been working on my anger,
been working on my temper.
So I can always treat you better
and save our relationship forever.

I don't ever want to hurt you
and from all I've done and all that's happened
I have hurt you and now
I'm hurting so very bad deep down inside.
I hate myself for the ways I hurt you,
and to you I never tell a single lie.

I don't want to ever hurt you.
Will you please forgive me in time?
I truly love you for all you are,
your spirit, your essence, your entire being,
the person that you are.

Please believe me as I come here to the end.
I don't ever want to hurt you.
You mean the universe to me,
I'll love you through eternity there is no end.

Michael P. McParland

Holding On

I'm holding on and I know you are too.
We'll get past all of the trouble and pain,
we are going to make it through.
We've been through so much
but are still here for each other.
We've both supported the other no matter
what issues we've faced or uncovered.

We both are so strong and will
keep steadfastly holding on.
For our love is built on
a rock solid foundation.
The road at times may be bumpy,
but we're intent and dedicated.

I love you so much
as you deeply love me.
We'll keep holding on
solving our problems,
discovering eternity.

In each others arms,
we'll never let go,
because our love is
deeply true and pure,
together our spirits do soar.

Michael P. McParland

Holding You Tight

Holding you tight in spirit tonight.
I always am here for you, you are my very light.
I remember your smile and I get a big one too.
I close my eyes and think of yours.
I'm carried off to heaven too.

Holding you tight within my heart,
not just this very night but every night to come.
Wrapping my arms around you in spirit now,
until I can wrap you up in person.
Kissing you then saying I love you and have missed you,
you're my soul mate and Angel true.

Holding you tight most of all in
the feeling your spirit brings.
Glowing warmth of total love and acceptance
for who I am all in all.
Unconditional love for the other,
we're going to beat them all.

Holding you tight as I now go to sleep,
sweet memories of you within.
I'll see you in my dreams tonight where we'll
talk and tell each other all.
I love and miss you you're my everything and all.
I can't wait to see you,
feel you in my arms again.
Holding you tight giving you all I can.

Michael P. McParland

Hold On

Hold on my dear love for it's not over yet,
we've just hit another bump in the road
we'll figure it all out in the end.
How could we not when we've fought so hard and long
for each other, ourselves, and the true love we share.
A bond of pure steel that holds us so near and dear to our hearts.

Hold on my fair lady I'll never give up on you.
I'm fighting hard to find my way
to end all this strife that circumstance
and misfortune has thrown in our way.
It may not always be evident
but I'm always fighting and struggling to get back to you.
To show all the jerks that no matter
their tries we'll just break on through.

I know that you fight for me too.
I feel your love across the distance that's forced,
It warms my soul and my heart right down to my core.
I know that you'll always be there
for me because you have a heart of pure gold.

Hold on please my sweet fair lady I hold so dear.
We must fight on for survival
and not let the world forget the sacrifice
we made for true ultimate love.

Please believe that I'm fighting for you,
with pure dedication and love.
You're my universe, my existence, my essence,
my Angel from up above.
Please hold on dear we can defeat all the fear
with pure passionate love.
Defeating all the jerks who try
to destroy us with vile lies.

Michael P. McParland

Hold Me Now My Dear

Please hold me now and say it's alright.
Your arms are where I feel safe and warm,
a place where I know I'm truly loved.
Your heart and love are clean and pure,
our love we share is unconditional
nothing can defeat a bond so
tight and bold.

Please hold me now and we'll share a kiss,
comfort each other in our all encompassing
love we have that no other can ever comprehend,
or see the depth, not even guess.
Hold me now and let's share our love,
I long for you I'm incomplete
without you near I love you so deep
and hold you truly dear.

Michael P. McParland

Hold Me Now

Hold me now and never let me go.
For if you do I'm afraid I'll wake to find
it all was just a dream nothing true.
Here in your arms I feel so safe and truly loved.
Two things in my life that so sorely lack.
You help heal my wounds and calm me so that
I may finally get some deep badly needed sound sleep.
Please still be here when I awake.

Hold me now my love and let me whisper
in your ear how valuable you are to me
and how you complete my life and soul.
Kiss you on the cheek,
and stroke your long beautiful hair.
Shed a tear of joy
knowing that you're here forever,
now in your arms never letting go.

To you I can finally bare my entire soul,
my hopes and fears, the joys and glories held in my esteem.
Also to with you I can finally share
all those things I never have with others dared.
The pains and abuses from my past.
The humiliations and degradations I bore
and have carried on my own
for all these many years.

Please hold me now though well I share those things
for I must dig down so deep to dark and painful places,
spaces, that have been strictly forbidden
and will reopen so many terrible pains I've hidden.

Yet also hold me so I may in turn hold you.
For it is my lifes intent to support
and take full care of you too.
For both of us to share our life's
with no greed but equality and sharing.

I want and need you to tell me all about your wondrous life.

The amazing tales I know are there.
The joys and triumphs you hold in high esteem,
and when you're ready share with me
all those painful things you hide.
I will hold you through the tears you cry
and soothe you with gentle words
reassuring you of all my love
and that I'm always going to be right here.

So please hold me now my only one, my lovely dear.
Let us start from here and soon embark
on our future of pure love and fortune
of spirit fruitful in it's pure glory,
and miraculous bond forever lasting.

Michael P. McParland

For Kira

Kira I love you no matter the turn
or circumstances in our lives.
You mean the universe to me,
you fill up my heart with joy.

With true love the greatest woman I've ever truly known.
Even if you hate me my love I will never stop and run.
You're my Angel and true love,
not much more I can say except my heart is forever yours,
my gift to you my sweet Angel dove.

Michael P. McParland

Eternal Life

I can't wait to see the people I have missed.
Finally being with them will be such bliss.
With a hug and then a kiss
we'll share our love without fear or risk of any pain.

Forever in this glow we'll bask.
In life eternal forever lasts.
We'll show our best.
Our sickness rests.
We're finally saved.
We passed the test.

Michael P. McParland

Enriched

I'm about to go to bed and rest my head.
Rest my body and my mind.
Dream of you and your kindness,
your beauty that shines right through
making my knees weak,
almost all my body turning to jelly,
except that part that I will only ever share with you.

Before I go to sleep though I needed you to know.
You've enriched my life, my heart, and spirit too.
In countless ways there are so many, an endless list,
I will go on forever
trying to share the thanks I hold for you.

You've enriched my life I'll love you for eternity through.
I can't wait and deeply anticipate the day
when our distance closes and we can hold and kiss each other,
saying it's alright we're here forever.

So now I'll lay down to go see you in my dreams.
You've enriched my life you are my Angel,
my exquisitely wholesome beautiful Queen.

Michael P. McParland

Empty Nights

Empty nights so lonely and blue.
The feelings of missing you are tripled it's true.
I cry in my pillow great big sobs I must cover,
for I don't want anyone to hear me
in my broken state of dishonor.

Empty nights spent dreaming of you.
Do you dream of me?
Can you feel my spirit too?
In my thoughts I see your beautiful face,
your shining smile given to me,
your piercing gorgeous eyes
that look straight through to my soul.
How these empty nights hurt knowing
you'll not be here soon maybe never again.

These empty nights drain me so hard.
I call to you in my spirit and mind.
I hope they reach you and tell you my love,
how dear you are to me and fill me with pride.

For now though these empty nights
stretch long before me.
I'll just keep dreaming of you
while I'm sobbing pleading with God
so you'll feel my spirit right next to you
comforting in all I do.

Michael P. McParland

You Are……

You are all I could ask for.
You are all I could hope for.
You are the Angel I dream of.
You are the fire of passion I reach for.
You are the desire that drives me.
You mean the world to me.
Simply put you are my everything,
and I'll love you through eternity.

Michael P. McParland

Your Sweet Love

Your sweet love in its purity
is a thing of dear solace from the
cold outside that rigidly surrounds us.
Your sweet love helps balance my mind.
Calm my bipolar in your warmth,
giving me true love which is
not something I've known much of.

Your sweet love is a pure saving grace,
I will give you my life,
dedicate it to you,
forever show my gratitude,
undying love, and faith.

Your sweet love is the greatest thing on earth.
I love you so much for your heart
and passion are immense.
My Angel, my lady, my true love,
my best friend, my future wife,
your sweet love has saved my life.

Michael P. McParland

I Love You Kira

I love you Kira and I miss you so.
Please feel my love as I pray for you
and send all of it your way.
You are my Angel, my light, my whole life.
I love you deeply Kira please hear my plight.

Michael P. McParland

Early To Bed

Early to bed on this very night.
I'm dead tired from all the
emotional exhaustion I feel inside.
On top of that getting very little sleep.
So early to bed perhaps I will
go to sleep because I'm so beat.

Early to bed just to dream about you.
Hold hands and share kisses,
smile and laugh like we always did.
Just talking and talking basking
in each others glow.
So I can see you
it's early to bed I must go.

Early to bed to help
pass some time.
Eliminating a few more hours
without you by my side.
Making them pass much more fast,
bringing our reuniting closer at hand.

Early to bed in just a few hours.
For you and for us I'm always
thinking and deeply praying.
I always send you my goodnights
in one way or another.

Sending all my warmth and my love,
with great big hugs and kisses
your way and only for you.

So feel my energy as I'm
sending it all your way.
Enveloping you in my arms with a kiss,
letting you know that it's all alright.
Early to bed I'll see you there.
I love you my dear well beyond death.
An eternity is waiting for the two of us.

I love and miss you
so very very much
my Angel so true.

Michael P. McParland

Weeping Heart

My heart is weeping so off to bed I'm heading.
I love and miss you so very much
my sweet Angel dove.
Please feel all my warmth and energy
as I send it your way telling you that
my heart is always yours and I just want
you here to hold and talk keeping each other warm.

My heart is weeping and just please know KP
I truly love you with all my heart, mind,
body, and soul.

ILYF

Michael P. McParland

Each Day With You K.P

Every day spent with you is heaven on earth,
just like all the time apart has been burning hell.
You lift my spirit and my heart.
You take away and rescue me from the all
enveloping loneliness that has swallowed me.

Every day I've known you and through the rest
of this life I'm greatly enriched from your divine spirit.
You've given me all a man could ever ask for.
The most wonderful perfect woman that treasures
and adores her man in return.
A mutual respect and unconditional love
that will never be undone.

Every day spent knowing you and being in
your presence is a dream come true.
I could never ask for more than your love
and just the person that you are.

You're perfect in every way I could conceive,
please always just be yourself because
the person that you are is who I love
through eternity knowing no death.

Every day spent with you is celestial heaven.
A pure existence filled with love and strength,
where we can finally rest in each others arms
having fought through all the trials
and people that tried to tear us apart.

KP my sweet dear darling one,
each day spent with you is another day
I cherish more than anything.
I'd never trade them and forsake my only one.
I love you beyond what words can express,
you're my Angel and my hero.
You've given me such endless joy I will
spend my life in service to you
to show you my gratefulness and eternal

undying love.
Your are my Queen,
my everything.

ILYF

Michael P. McParland

Each Day 2

I get through each day with precious
memories and dreams of you.
I just want you to know that you are my smile,
each day you are my heart.
I love you more each day I cannot describe.
I get through each day with a skip in my step
and a big smile across my face.
It's because of you KP my dear
because I love you and you're my reason to live.

Michael P. McParland

Each Day

Each day I try with all my might to be a better man.
Some days are better than others,
the occasional setback befalls me and I fall.
I shame myself then continue
to press on because I want and need to be better.

I do this for myself first and foremost to not feed the rage.
To treat others in each and every way
how I want to be treated,
striving hard to not pass a cross word
even if it's in return.

To be less reactionary in my actions
lashing out no matter the circumstances.
Try no matter what to offer a cordial helpful peaceful hand.
Some say that's being fake or being weak
but I think they miss the bigger point
of rising above and striving to be a better person.
Not to stand above and belittle them
but to strive to be above the petty things
that bring life down and put you on your knees.

I admit I fail quite often but I shame myself
and look over all the faults,
better preparing myself for the next event and route.
Swallow my pride in all the situations
I must and always apologize where I'm at fault,
not just of pointless practice going through the motions,
but find it in my heart to mean the things I ask and say.

That's only the tip of the very large mountain before me indeed,
there's far to go and much work ahead
it will be slow and arduous I know.
Set backs a plenty but I mustn't give up moving
on and ever upward to attain the maturity
and sense of self and pure true pride I seek
and can truly be proud and humble
for all the skins I've shed and found new light and glory.

Michael P. McParland

Dreamt Of You 4

I fell asleep for my nap
when what should I behold in my dreams but you.
It made the night feel heavenly
and I felt so relaxed I slept the
whole night through.

You soothe and relax me so
I can finally eat and sleep.
You've brought back peace of mind
which for so very long I had lacked.
You make me feel whole and one again.

I dreamed of you and we just held
each other and endlessly talked.
Sharing everything we've needed for oh so long.
It brought me peace and comfort
through the long and lonely night.
I want to thank you for all your light.

My sweet Angel and my only one,
you came to me and all the loneliness came undone.
You brought me solace and true love,
you are the brightest hope by far
and most beautiful woman I have ever known.

Michael P. McParland

Dreamt Of You 3

Dreamt of you and it cured the night.
It was cold and lonesome.
I was in a ton of pain my arthritis frozen.
My heart was feeling lonely and aching
for the woman I love to come wrap me up
sharing each others loving toasty warmth.

When I finally feel asleep there was KP.
She's always been there to rescue me,
you chased away all of the darkness and all of the cold,
you just held me close put my head on your
shoulder and said I love you so much
it's all going to be alright.

You saved my life and my night.
You took away all of the fear and the pain
I hope I also brightened your night.
You're my Angel and true love
your memories always cure the blues.
I want to thank you for all you do.

I dreamt of you on the most frightful of nights,
and you got me through with your
love and your warmth I love you so much,
soon we'll be near to chase away and cure
all of the cold together.

Michael P. McParland

Dreamt Of You 2

Never got up from my nap yesterday
because I was dreaming of you.
The memories and dreams of
what's yet to come calmed my nerves and soul.
Finally giving me the chance to sleep
and catch up on all the time that I needed.

I dreamt of you and all the nightmares were through,
for you kept me warm and made me smile
felling fulfilled in your smile and warm eyes that beguile.
I dreamt of you and the world was perfect
for you kept me warm and so safe in your
never ending protective grace.

I dreamt of you and decided to just sleep
the entire night through.
So at no point would I be forced to leave you.
Though wakefulness eventually came
I'm still happy and serene,
for I dreamt of KP my only one
for in reality she's my dream.

Michael P. McParland

Dreamt Of You

I slept all day and night.
Feeling all the love you're sending,
It's comforting me so I can finally
eat a little bit,
so I can once again sleep feeling
all of your warmth in the love you send.

Within my dreams I saw you,
we just smiled at the other first,
then held each other,
feeling all the love burst.
Then we spoke,
just talking for the longest time,
about all the things that have gone on.
The time that's passed and our adventures,
how we've missed each other always.
Wishing we were together no distance in the way.
Dreaming and planning for our future
and how we'll win the day.

In my long slumber I saw you there,
oh you're such a wonder.
It's made my day and helps me get along,
fight along with reason
despite my manic depression and bad days
for when we are back together
praising God for our love.
Earths greatest treasure.

I love you
I love you
I love you.
I miss you so very much.
Right now though I'm happy
just to dream of you.
For our day is coming.
Eternity is ours.
No end to our pure love
for it is true.

Michael P. McParland

Dreamland

Off to dreamland I go.
Lying down for the night and closing my eyes.
You're the only thought in my mind,
it chases off all the fright.
Gives me warmth and contentment,
feeling peace in my heart my dear Angel of light.

Off to dreamland I go to see you there I truly hope.
I'll take your hand then into my arms,
look into your eyes and tell you
how I've missed you and love you.
Then continuing to gaze into those celestial bright eyes
I move in and kiss you forever sealing our bond.

Michael P. McParland

Dreaming Of You

Dreaming of you my sweet Angel dove.
Lying here with closed eyes
an open heart wide smile across my face.
Images of your beautiful face filling all the empty space.
Holding you covering you in kisses,
caressing your countenance feeling our spirits bond,
becoming one leaving every one behind in passion ablaze.

Dreaming of you here forever,
entangled in each others arms.
I love you so,
I can't wait to have you near.
I'm dreaming of you dear,
I can feel you here.
Can you feel the love I send and feel me near?

Michael P. McParland

Dreaded Sleep

I've been up for near two days now.
I fight my bodies need to sleep,
for I dread the lonely heart breaking weeping dreams it brings.
I dream very vividly of lucid realistic often scary scenes.
So I deeply feel each thing within
as if it were truly real.

So the pain and humiliation,
shame, anger, lack of self worth I feel in their full berth.
So I face them in that wondrous nonsensical lucid landscape,
and when I wake I remember it all
and I'm forced to face the day with a brand new wave
of renewed crippling emotionally wrenching
inner pain that scars my soul.

Dreaded sleep I'll continue to fight.
I just can't stand the thought.
It's no escape it taxes me a whole new cost.
I must fight it hard no matter what
even if it drives me finally over the edge to fully nuts.

I just fear that world of inbetween.
It's almost always unkind even in a fairly even steady stream.
So in a space so lonely broken,
feeling a useless joke that's spent,
lived well beyond the years of token.

I dread it more for every fear.
For every pain I carry will come on me
one hundred fold to crush me under.

So dreaded sleep must now be fought,
no matter how much to my health it costs.
Just escape with music, books, and movies,
fighting the evil dreaded sleep
creeping up upon me to drown me under.

Fight it, fight it, fight it hard.
I must not let my bodies will take over my plans

of dealing with the passionate burn
of pain like hells fire incarnate.

Michael P. McParland

Don't Say Goodbye

We don't have to say goodbye.
We'll just stay here where we lie.
There's no need for this to end.
Eternal bliss is round the bend.
If we face what we both feel.
Then we'll finally know it's real.

Don't say goodbye and please don't lie.
You know it's right and so do I.
Providence speaks without defeat.
Telling us do not retreat.
You both have what each does need.
Tell each other your secret plea.

We both are scared.
How will it fare?
If it's lost how could we bare?
We'll never know until we try.
So let us never say goodbye.

Michael P. McParland

Don't Like It?

Don't like it don't read it.
I don't need your approval.
I express what I need in the moment
despite your over inflated self proclaimed genius.
Don't thrust and cast your illusions on me.
My mind is far more complex than you can ever perceive.

I say what I need in the moment it needs saying.
I'm not pandering for your love I write for myself and my love.
Don't like it don't read it
because then it's clearly not meant for you.
Call me redundant but you have no idea
what's inside my mind and inside my soul.
I never said I was a genius just releasing my madness.

Don't like it don't shoot at it I'm not bothering you.
I've been away from the game
and am trying to get my grip back on the mastery of words.
As long as she likes it and reaches a few more
don't judge what's in my mind and my soul
because for what you imagine there's a million times more.

I have my right to express just as you do too.
I just don't see why all must be critics
and punish my spirit and those things which it holds.
Don't like it don't read it but why make people feel so low?
Not everyone's professional just looking from inside to expel
those things that burn and they can no longer hide and hold.

I've written about much but see what you want.
Don't like it pass by it because I already hurt
so why put me down?

Michael P. McParland

Domestic Dreams

Domestic dreams to which I cling.
I can't wait to have these things.
A wife and kids.
A beautiful place to live.
No longer out here on the skids.

Free at last.
With someone to share and have a blast.
We'll be free from worries of the past.
Building a life in which we cast.
Our firm beliefs and love that lasts.

We'll be so strong and work so hard.
To make our lives so rich and long.
Always striving to do no wrong.

We'll show our kids how best to live.
So they'll always be proud of what they did.
Never losing pursuing in proper bids.
We'll be so happy with how we live.

These domestic dreams I'll never rid.
For one day soon we all will win.

Michael P. McParland

Delicately

I delicately caress your cheek,
as I gaze into your eyes
letting you see my entire soul.
Something I'd never share with
another being.

Delicately I take your hand.
Place it on my chest for you
to feel my beating heart.
So you'll feel each beat
and know it's yours.
To feel all the love which it pours.

Then I will lean in for a kiss.
Delicately pressing to your lips,
savoring the sweetness between our
bodies and souls which our true
love will never slip.

I dream of this time
for it will happen.
It keeps me going gives me will
to push on through the days
and keep on fighting.
I will always treat you delicately
in all the ways you need.
Your my sweet lady
and I wish to honor you in
every thought and every deed.

I love you so,
each day our love does grow.
I miss you in these days alone.

I will make it all up to you,
because I delicately hold your memory
and cherish it.
You are my sweet Angel dove it is true.

Michael P. McParland

Till My End

Every morning when I arise
it is you who's on my mind.
Each night as I lay my head to rest
it is you who's on my mind.
And till my end it is you
who owns my heart, soul,
and essence my dear old
sweet lover and friend.

KP it is you I will always
truly, deeply love
till my dying breath.
I will cherish only you,
till my very end.

ILYF

Michael P. McParland

Thinking Of You

I'm always thinking of you KP.
No matter what you think or how
in your view sometimes it may seem I am not.
I'm always here and thinking about my sweet dear.

You are my heart, soul, life,
pride, and utter joy.
You are the only Christmas and life
gift I will ever truly dream and hope for.
Don't you see and feel all the love and content?
The need to be held I send for both our benefit?

I'm always thinking of you my love,
KP you're my Angel of light and my only one.
I love you more than a million people ever could,
because we're soul mates and we both do each other
worlds of good.

I love you so much that being apart my heart hurts.
My body aches with the distance that separates.
Please KP feel all the love I send to you,
my heart is in full voice just for you.
KP I'm truly always thinking of you.

Michael P. McParland

These Walls

These walls are ready to come down.
They're full to bursting and tired of the
endless all consuming loneliness.
These walls are ready to fall my love
and I will open up and show you all.

I know that in the past I've let
them keep you out and not shared enough.
I promise though I'm finally ready
and I will give you all I am,
I'm ready for your help to forever
put the tools to work and tear them down
and let you in to see everything.

I love you babe and I need you here
to be forever in my life,
and I know for that to happen these
walls cannot stand for they will tear apart
all the love and care we've so hard worked for.

These walls are ready to fall and
reveal to you all the emotions and secrets
they have so long held.
So come and hold me so I'll feel safe,
while I tear them down to share with you
all my hopes, dreams, experiences,
joys and pains.
This is where our road to eternal bliss
will truly begin.

ILYF

Michael P. McParland

The Sweetest Girl

The hurts of the past will not last.
Your love for me fills the glass.
With great hope for what's yet to be wrote.
Our final chapter is far away.

Eternal bliss is here to stay.
As we live our nights and days.
Through our love escape the rain.
Burning with a passionate flame.
No one else could be the same.

They don't have such a righteous dame.
To take them to the greatest heights.
So strong, beautiful and extremely bright.
They're far too blind to see the light.
They couldn't know what's truly right.

You show me all the things I've missed.
Such deepness felt within your kiss.
It blows my mind to have this gift.

Take me now for all our lives.
Without you near I want to cry.
I want you always by my side.
To have and hold with endless pride.
The sweetest girl of all time.

Michael P. McParland

Goodnight Kiss

A goodnight kiss to you my love.
I miss you so much I just feel glum.
You mean everything to me,
I just wish I could hold you close to me.
You're the sweetest woman in the world
I just want to cry from losing you.

A goodnight kiss and prayer your way.
I love you so much more and more each day.
You are an Angel pure and true to me
I hope when I finally sleep you'll visit
me within my dreams.

If you do please hold me close,
say it's okay that all's not lost.
That it's alright and you're still proud.
Please let me pour my whole heart out.

I'm sending you a goodnight kiss.
I miss you Kira you are all my dreams,
you truly are the best.

Michael P. McParland

Death And Destruction

I see it on the news.
Death and destruction forever cruise.
When big egos are slightly bruised
they strike out like youthful fools
breaking all the decent rules.
Killing people in such pointless duels
to show that they're the conquering force,
sweeping through those they find so coarse.
Showing all that they're the best.
Never giving us any rest.

They keep fighting amongst themselves.
Dragging us along for their defense.
We're puppets in their silly games.
They feel no pity and have no shame.
They rule supreme to win the game
of who's the biggest man it's lame.
Forever it will be the same.
Destruction rules and death is played
unless someone comes and saves the day.
Then we'll finally see the way
to enlightenment, hope, and peaceful days.

Michael P. McParland

Dancing The Night Away

Dancing the night away with you.
A dizzying array of dreams come true.
I wish this night to never end,
eternally with my true love
and eternal best friend.

Our love is immortal dancing tonight.
Gazing deep into each others eyes
forgetting all fear and strife.
I want it to last forever dancing
together this very night.

Yet in my heart I know something
so much sweeter and better.
We so deeply love each other
we'll spend eternity dancing together.
So come take my hand and we'll
step onto the floor,
a never ending dance of true love
the earths never seen before.

Michael P. McParland

Crying

I feel so much like crying
because I miss you so bad.
I'm holding you tight in spirit
but it just doesn't match
having you lying right next to me in bed.

I feel so much like
crying please cuddle my soul.
We'll give each other comfort
to continue our fight
back to each other
courageous and bold.

Michael P. McParland

Crawling Into Bed

Time to crawl into my lonely bed.
Feeling a momentary relief as the cool sheets fall on me.
Then I remember that you're not there,
a lonely frown and sad stressed out crease upon my head.

Since I can't have you here for real.
I'll just hold you in my mind
speaking in spirit sharing our tales.

I'll imagine you're here and tell my stories,
of my usual boring days and thoughts.
Then from within your heart and soul
you open up to tell me how all things have rolled.
How your hopes and dreams have come to life,
while looking in my eyes taking away all my pain and strife.

So I crawl now into bed.
I'll just turn on my music
and picture of you here within this space
dreaming you're lying next to me in bed,
talking and sharing, kissing too.
Then deeply sleeping
knowing that we're safe at home in each others arms.

Michael P. McParland

Contentment

Contentment in your love.
Contentment in your arms.
Contentment in your kiss.
Contentment in your heart, mind, and soul.
Contentment in you such wonderful bliss.

Michael P. McParland

Coming Soon

It's coming.
I can feel it's soon.
In my heart a sonic boom.
All alone here in my room.
A wonderful feeling looms.
Knowing that it's coming very soon.

All the time that I've been waiting,
contemplating when it will come.
Now I don't feel quite so dumb.
In my heart the lightness comes.
Cause I know where it comes from.

Ever closer drawing near.
A little shred of loathing fear.
I can't believe it's almost here.
I take pride in what I know so dear.
That what I need is coming here.

It's very soon I have no doubt.
I'll quietly wait until it's out.
The end of all the driest droughts.
Soon my life will be about
the greatest things that hold real clout.

Michael P. McParland

I'm Scared Without You

I'm scared to death to be without you.
You are a pillar of strength
and a true soul mate, lover, and friend.
I'm literally next to all alone
without you in my life.

The world is cold and forbidding without my love.
I've never had a use for it I never even
slightly fit in.
You always treated me like a human being,
a real person with feelings, hopes, and dreams.
You treated me like a strong man,
even though we know the truth.
You made me feel special,
and that just gives me more reason to love you.

I'm scared to death without you here.
To hold and kiss you,
whisper in your ear how painfully I love and miss you.
I'm so scared to not have you here helping
me fight all the challenges that I right now face.

I know you'll be here soon,
and you always support me which
is the greatest gift you could ever give.
I thank you so for all your deep and endless love.
You are truly higher than human in my eyes,
you've stuck by me through the hardest days and nights.
I only love you my precious jewel.

Right now I'm just scared.
In ways that only you can understand.
Please hear my call and hear my cry.
Hold me close in spirit and pray for
me through the very night.
Just as I will always hold and pray for you.
I'm scared my love and you are
my warm blanket from the cold.
Please wrap me up and let me sleep upon

my Angels shoulders.

ILYF

Michael P. McParland

I'll Always

I'll always love you,
and if I must wait here
for you an eternity I will.
I'll always love you and only you,
I'm here for you no other will ever do.

Michael P. McParland

Have Faith

Have faith in me my only one.
I'll prove to you my true pure love.
Have faith and let me show you what we both know.
That I'm committed to you eternity through.

Have faith my lovely one
I'll give the world to you on a silver platter.
Going out of my way to protect and make you happy,
giving my lady all she needs, cooking, cleaning,
taking care of her in every way at every turn.

Keep the faith I'm working on things even though
you can not see because the distance that right now
is between us.
It is the truth for you so truly matter.

Have faith in me and my devotion.
I'm trying so hard to find the paths away
from self destruction.

Keep the faith I'll always give you my very best.
You're my divine eternal Angel,
the brightest thing I have forever.

So please have faith I'll show you
it's not been in waste.
I love you forever and ever
you're my sweet fair lady
you truly are the best.

Michael P. McParland

Grace Me

Please grace me with your presence and love KP.
Oh God I miss you so.
The lady of perfections shape and grace.
The one I hold so dear my heart hurts
even a second when you're not near.

KP please grace me with all you are.
Your pure true love.
The spirit, heart, and face I adore.
I wish you were here to have and to hold,
through this lonely confusing night
in which I tremor from anxious fears abound.

Please oh dear KP grace me with your
pure sincere prayers for me and you.
Grace me with all your essence,
you are my Angel and I'll always say it.
You are the only holder of my heart,
so please grace me with your hand for all our lives
and far beyond to eternities light.

Please dear God grace me my only love.
As more time passes I'm coming further undone.
I'm going positively mad without you here.
Please grace me sweet lady for you help me see
all that's true and right.
Please grace me for I hold you as the truth
of love so very high and tight.

Michael P. McParland

Goodnight Prayer (For You)

Goodnight sweet love now rest your head,
put your mind at ease for you are loved.
I am with you always no matter what,
everywhere you go everywhere you are
my thoughts, heart, and prayers carry you along.
Now rest your sweet mind and heart,
carry in your precious soul the knowledge
that I truly love you and am forever yours.

Michael P. McParland

Forgive Me Please

Forgive me please my love.
For all the wrongs that I have done.
They eat me up inside each day,
knowing that they have caused you pain.
I cannot rest until I've showed
you how deeply sorry I am.
Try to clean the mess and show my remorse.

Forgive me please my only one.
Your tender love and heart are
to me the most important things.
I just want to know you love me still.
For you are my entire heart and soul,
for you to be angry is the most painful thing I know.

Forgive me please my sweet sweet KP.
I need you here right next to me.
I love you more than all the universe.
Please come take my hand and let me
show just how much you mean to me.

ILYF KP

Michael P. McParland

Come Join Me?

Will you come join me in a prayer of peace my dear?
For all the fears and any angers to forever be released.
I will never voice a word of hate for I would
never aim to hurt you with false words to wound in any way.
Will you join me here for all our wounds to heal?
As we move on to find our better future with each other
using better skills.

Will you come join me in a tight embrace?
Then just sit and hold each other to show our care in
divine grace.
Will you join me in talking through what is needed too?
All I really need to know in short is
will you come be with me and join me
and bless me with your company?

Michael P. McParland

Come Hold Me

Come hold me close,
while we just lay in bed
enjoying each others company and warmth.
Just feel our love and care,
tell each other it's alright
I'm yours forever and here to stay.

Come and just let me hold you tight,
It's something we both need
on these cold lonely nights.
I love you so much and just want you here
to fill me up with your sweet happiness.

Come hold me close and just
lay here in bed.
Fall asleep feeling safe in our
arms feeling the pure love and warmth.

ILYF KP

Michael P. McParland

Come Be With Me

Come be with me and we'll just
hold each other tight.
Embrace and feel comfort in
our combined warmth.

Come be with me just for
the company and cuddling
I know we both need.
Nothing more than across
your cheek a sweet caress,
with romantic kisses just
to feel closer as we gaze into
each others eyes revealing our souls.

Come be with me my only true love.
Let's just sit and hold hands
With our arms wrapped around each other.
Just basking in the glory we share,
rejoicing that nothing can
ever part our eternally bound and dedicated souls.

Michael P. McParland

Christmas

On this little Christmas poem of mine I just hope to share some thoughts and in your mind plant a few ideas to shine.

Christmas isn't only about the gifts we give and get.
It's mostly about friends and family
all the loved ones we honor and won't forget.
A time of charity and kindness renewing the spirit,
to face another year to improve the soul
and strive to be a guiding angel.
To all those who need your help in any way
to lift a burden crushing them down under it's weight.

Christmas is unique to every family and following,
but one universal truth is that to our loved ones
we always strive to bring
immense warmth and a wealth of good tiding.

Think of those who can't be with you.
With all your heart
wish them warm flowing feelings of love and peace
knowing that you'll see each other again
and wrap each other in warm embrace.

The gifts and glitter,
glamour galore.
Are all so wonderful and exciting bringing joy in droves.

Christmas though is so much more.
It's of love and family and those we miss.
Embracing each other in all our love not feeling remiss.
It's all about the charity and passion
of love and giving in our hearts.
Remember folks celebrate your true eternal treasurers
on this day of prudent depth,
and introspection on what a truly meaningful life
entails with all your deeds and greetings.

Michael P. McParland

Change And Hope? What A Joke.

You came to give us change and hope.
As for hope ah what a clever joke,
that was lost the day you took the solemn oath.
So our hope has withered in six long years
of progressive socialist drab,
our nations face covered in thick yolk.

Well change you gave
and have been digging us a grave.
Robbing us of our rights with such sly wit,
doing it just enough bit by bit.
Taking the people of the republic for nitwits.
I recall another man across the pond
in the 20th century that was also
committing that crime all along.

Remember 44 we know the score.
A lie when told enough and long
becomes the truth,
soon not even you will
see the blind you've pulled and robbed the free.

Michael P. McParland

Candy

Smells like candy tastes so sweet.
I dive right in to this lovely piece.
So soft so good.
Exceptionally right.
It's so beautiful this great delight.

I never want to run out of this sweet savory treat,
without this delightful candy I'm down and out.
It's so tasty creamy slippery too.
This candy is true soul food.

I eat and eat this candy sweet.
Such a wholesome delicious fulfilling heat.

Michael P. McParland

Can I Belong?

Where can I belong?
In a world that's gone so wrong.
I'm lost and scared,
quite ill prepared.
The cold out there with a rigid stare.
How does one fare well?

The inner strength I hide
even from my very eyes.
Out there I feel so despised,
with every step I reprise
the delicate game of my guise.
Putting up a show of lies,
of a man whose brave and never cries,
who doesn't even recognize
the disgusted looks and hate implied.

God knows that I have tried
to get along and do no wrong,
I've sometimes stumbled along the way
selfishly thinking in a daze.
I hope to find a place to fit
where the colors are bright
and words don't cut with evil wit.
All I needs a little space
where friends are true
and think I'm really cool,
they'll not see me as just a tool.
Where can I go to find this group?
I don't know I've seen them all.
It is no use.
It's no longer worth the abuse.

How much longer can I search?
When inside it really hurts.
All I wants a place to belong.
Is needing that so very wrong?
I guess I'll go for a little more
hoping soon that I'll score.

Until then I'll keep the chore
knowing that there must be more.

Michael P. McParland

Calling Voice

A familiar voice calls to you.
What will you do?
Holler back and take the slack?
Or run and hide turn your back?
It's up to you to see it through.

It's calling now to only you.
Will you look now to find the truth?
To find lifes answers and make it smooth?
I hope you will I need it too.
Together we'll finally beat the blues.

In our love we'll smoothly cruise.
I'm calling now to let you know
I'm always here and my love does show.
Will you stay or will you go?
Please humor me and let me know.

Michael P. McParland

Calling Out

My heart is calling out to you,
I love you, I miss you,
life is so very dull and painful without you.
I need you here to complete me.

My heart is calling out to you
professing the depth of love it holds for you.
The truth of all I hold within,
telling you these walls are ready and need to
come down but only for my lady true,
only for you.

My entire mind, heart, body, and soul
are calling out for my sweet Angel dove.
I am incomplete and my heart is throbbing
and sorrowfully lonely bleeding.
My entire essence calls to you for you are
my life with your precious beautiful soul.

I'm calling out my one true love and asking just for you.
To be my wife and forever lover,
to never part and spend eternity together.
I love you more than anyone can ever know,
my body feels like bursting with this overflowing love.

Please my hero and diamond in the rough,
my heart, mind, body, and soul are calling to you
shouting out my endless love.
You are my Queen the one I choose and want.
I'll give you everything I am and have
to make you happy and fulfilled,
to forever have you by my side.

Michael P. McParland

So Tired (I Need You)

I'm just so tired and I need you here beside me.
You are my everything, my hopes, my pride, my joy.
You are my hero and my Angel,
can you feel all the admiration and love
I hold and send for you?

I'm just so tired and I wish that you were here.
To hold me through the cold and lonely night.
To let me show you that you're loved,
and that I truly treasure you.
I need you because you complete me,
you are the heart that pumps my life's blood.

I'm just so tired my only one and I need you
more than you can truly know.
I ache so fierce without you in my life.
Just know sweet one that I truly love you so.
You are my everything my sweet Angel dove,
I need you more than you can truly know.

ILYF

Michael P. McParland

Butterflies

Every time I think about or see you
butterflies fill my stomach,
my heart skips a beat,
I go numb from head to feet.
For the sight of my Angel makes me feel like dancing
with songs of joy and hope in my heart and mind.

You give me butterflies in the strongest ways.
You fill me with love and desire so strong
I feel like I must be on fire.
My Queen and sexy lady give me joy
in every possible way.

I can't wait to hold you close
to give you that long desired passionate kiss.
Though I might just burst with all the butterflies
that will have built up in my tummy, heart, and entire chest.
Monarchs of the highest order
the most brilliant beauties brought about by you to me.

Even now just dreaming of you
I have a great big smile and feel millions
of butterflies in my stomach and chest.

ILYF

Michael P. McParland

Buckeye Fever Sweeping Terror Over Thier Opponents

Aerial assaults raining bombs of touchdowns.
Shooting through the secondary,
a beautiful display of air force attack
that is superior above all others,
deep down the field the most precise delivery
a spectacular catch a sly escape of the tackle
to run to get that touchdown and get one step closer
to grind them up keeping the chase of the very best
towards the national championship,
showing we're the greatest Power ball,
The Killer Nut we assert.
We're the polished scarlet and grey,
all you haters are just pathetic losers
who wish they were as great and perfect as we are.

A ground game that grinds to the gap,
shooting through with speed,
ultimate punishing beating strength and power.
A panzer assault running through all that's in front,
turning the defense to mulch.
Up front is where it all starts.
We're blowing them off the line,
we're men among boys,
overpowering and pushing, pounding, dominating,
overwhelming with an unbridled desire.
We have a vicious streak to show the buisness we mean,
just helps keep the spectacular crushing running game clean.

The defense is ruthless will tear your head off
with an instinct that leads them right to the ball,
where and who has it so we'll never miss our spots.
Quarterbacks have night terrors of our big guys,
and lose all composure and poise
as they see angry bulls in the shape of large men
charging with smoke blowing rabid fierceness out of their nose.
He's scared to death frozen and done,
he's been closed in on and crushed,
he was gone before the whistle signaled a live ball,
he's gonna have a long day of hurting hell ahead.

Special teams is about as perfect as could ever ask.
Our place kickers automatic always right on target
a miss so rare but never takes any spot too lightly.
The punter isn't often put to use but
a strong leg with coffin corner accuracy what more could I ask?
Return teams lightning fast,
finding the gaps running right through and past
the coverage lightning fast,
they look like they're walking in mud compared to our speed.
I've had to tell them to start fair catching
so the offense can get in and play awhile.

We're put together with crisp efficiency.
Execution, intelligence, focus,
perseverance, a drive for perfection,
where no one's fury and determination,
in single focus will be more insanely felt and centered
practiced and drilled in our hearts,
a deeply ingrained passion and tradition we defend and fight,
as we march into the battle of each game a 60 minute war of might.

Michael P. McParland

Breaking Free

Breaking free from all this misery.
Your return has set me free.
Now I know to what degree
the kind of love you feel for me.

We're breaking free you must agree,
to a new found freedom that gives us glee.
They called me mad for thinking that you'd return.
In my heart I always knew it.
I've waited so long and now you prove it.

Now you help me in breaking free,
from all the loathing and self pity.
Now we'll find ourselves a life
away from all this hate and strife.

Breaking free it's now so clear.
Those other oafs don't know what's so dear.
We've broken free, so now you see.
We'll live forever happily.

Michael P. McParland

Brand New Start

An apology so sincere.
It now makes things so very clear.
To finally have it is quite queer.

I never expected to have these words so dear.
I take it gladly to the heart.
It gives us both a brand new start.

To be true friends that never part.
Fighting for each other with strength and smarts.
With genuine affection that builds our hearts.

I gladly accept.
The pain is spent.
Let's build the bond we've kept.

Make it strong with this redempt.
Never thinking of relent.
It feels so good to hear these words.
This gracious apology opens up so many worlds.

To explore and teach with such a splendid girl.
Thank you for all you've done.
It rests my soul that now we've won.
So take my hand and feel the sun.
This brand new life has just begun.

Michael P. McParland

Bipolar Type 1

Bipolar type 1 such rapid ups and twice as fast comes the fall.
Mixed states of pure confusion where you don't even know
what you're really feeling.
Just escape is all you so badly want,
from twists and quick violent turns that drive you so mad
you'd do anything to stop such deep burns.

The mind moves so quick in it's intensity of raw emotions.
Quite often you slip losing your grip
before you even realize it's happening.
Lashing out or just being a silly fool
leading to such intense burning bitter tears,
after all of it's passed and you've lost someone dear.

Bipolar type 1 is something so few can understand
for my emotions range from the deepest depressions
to the mightiest manic states filling me with euphoric action.
All in one day so many times.
Just try to imagine that tearing through you.

So I've become a recluse so afraid I'll hurt others,
the ones that I deeply love and so cherish,
or making the deepest fool of myself in public,
losing control of myself in so many emotions.
I work so hard to control and can often contain,
but the times I have not eat away at me in deep shame.

Bipolar type 1 both a curse yet a blessing,
a double edged sword passing right through my brain,
but even worse through my heart.
It even helps create such great art,
yet the cost is so high I feel eternally exhausted.

For one day just please walk in my shoes,
so you may understand the deepest pits of depression,
then shooting so high your mind feels it is exploding.
Perhaps then more people would understand and show compassion.

I diminish no others burden by mine.

I just wish I could share so we'd all feel less despair in experiences of knowledge that is shared.

Bipolar type 1 what more can I say?
Just the one last thing,
oh the maddening confusion.

Michael P. McParland

Bipolar

Bipolar it's my cross to bare.
I cannot tell you adequately it's sting of living hell.
I'm not here to tell you all my ins and outs,
there's no way for you to understand my daily ups and downs.
I can't tell you of the ways it's burned my life,
or even the highest points to create my art and even show my love.
I just wanted to lay it all right here for all to see.
Bipolar is my cross to bare.

Michael P. McParland

Better

I hope that soon you will be well.
You don't deserve this bitter spell.
In the end you'll be better when it's quelled.
Fighting through such rotten hells.

It makes you stronger God tells.
To help you find the depths of strength filled wells.
How far you'll go, on you depends.
Fighting through with few demands.

Always offer helping hands.
To those who share in this great plan.
They'll help you too for what you do.
Faithful friends are far and few.
They make you better it is true.

Just keep the faith and do not hate.
In Gods' time it's never too late.
He makes you better when you keep up pace.
So lift up your head and go to him.
He'll make you better when hope is slim.

Michael P. McParland

Believe It Or Not

Believe it or not
I love you so deeply.
That life without you is
beyond belief bleak and hollow.
I love you so much I
can't even describe it.
Believe it or not
you mean everything to me.
Forever you'll be my hero,
my Angel, my only true love.
Believe it or not you're
my sweet Angel dove.

ILYF

Michael P. McParland

Bedtime Sweet Lady

It's bedtime sweet lady and
I wanted to say goodnight to you.
I love you so much if you only truly knew.
I'm sending you all of my love and my warmth,
with the biggest of hugs and some extra special
Christmas kisses for my only love.

It's bedtime sweet lady and
I'll be dreaming of you.
Cuddling and talking,
and perhaps there will be more too.

I love you my sweet Angel dove.
I can't wait to see you.
Remember to just look to the stars and
see my loving smile and eyes beaming there.
I love you so much and I'll never get enough.
Goodnight my darling in the land of dreams
I'll see you and rest in each others arms.

ILYF

Michael P. McParland

Bed Time My Love

Bed time my love and I miss you so much.
See you in dream land where I can't wait
to just hug, hold, and kiss you.
Feel the warmth of your body and love.
Hear you tell me the sadness and loneliness are done,
because you're now here and never going to leave.
I'll tell you everything is alright because
I'm breaking down all my walls and will
always give you my all.

It's bed time my love and I'm sending you
all of my warmth and love,
with the biggest kisses and hugs.
God I love you so very much.
To you my heart is calling saying in spirit
tonight please just hold me so close.
Right now I need you so much
let me feel your comforting love.

It's bed time my love and you're
the Angel that gets me through the
coldest and loneliest of nights.
With a hug and a kiss I say
I love you and goodnight.
You are so dearly missed.

Michael P. McParland

Bed Time 2

Bed time babe a kiss from me to you.
Look to the stars and moon God is
helping send all my love and warmth
with the biggest of hugs and millions of more kisses to you.

I'm holding you in spirit as in every night,
to chase away all the cold and protect each other
from any nightmares and all night time frights.

I love you sweet sweet KP it's bed time for me.
I'm wrapping you up to keep you warm,
so we'll feel each others love to be soothed
feeling endlessly content.
These are the things on which to build our sleep.

It's bed time babe let's drift off now in
the world of dreams,
we'll see each other comforting our souls
with the love we so deeply need.

Michael P. McParland

Bed Time

Bed time babe with glimmering thoughts of you in my head.
An ache in my heart for another night in an empty bed.
I remember your sweet smile and heavenly voice,
eyes shining at me with pure love.
Now a broken heart I wish I were dead.

Bed time my sweets the hope of seeing you in my dreams
are my only treats.
For in my pit of despair I cannot eat,
my stomach is just a pit of sorrow
I lose the food I put down there.
Sleep is difficult too but I'm calmed by the thoughts of you.

Bed time now my sweet Angel dove,
I pray each night you'll feel God smiling upon you from up above.
I ask him to let you know and to feel the cherished feelings I feel.
To wrap you tight in the knowledge that he and I love you
in everything you do rather it's wrong or right,
my admiration is forever tight.

So bed time now my sweet fair lady.
I'm missing you and how the misery grows.
Losing you has taken me to new miserable lows.
Yet I respect and honor the path that you chose.

Goodnight my darling one,
I hope to see you again,
but right now it's bed time so my days done in.

Michael P. McParland

Beautiful Days

Beautiful days in precious space.
It breaks the tiredness of my malaise.
Clears my head to navigate the maze
of my life and endless days.

The sun shines forth
and it brings me warmth.
In my soul I feel the hope
knowing that I'll beat the dopes
who dash my dreams
and try to hang me with shortened rope.
With them I won't bother life's too short.

A beautiful day in Julys' great play,
as the breeze is blowing my fears away.
I see the pond and hope is strong,
the beauty here is deep and long.
In my heart I sing a song,
it helps me know I'll defeat the wrong.

Dogs are barking and birds are singing.
The things I need Gods sweetly bringing.
To his love I'm strongly clinging.
Beautiful days are brightly ringing
as they give our souls a needed cleaning
to get things right with no impeding
From outside things that have no reasoning.
Beautiful days stop the bleeding.
So let's enjoy them now and take Gods greeting.

Michael P. McParland

Beautiful

You are the most beautiful
woman I have ever known.
You're the most beautiful woman
on earth through all time.
A beautiful soul,
a beautiful heart,
a beautiful body, face and mind.
Not a flaw on my Queen
the most beautiful lady
of all time.
I am the luckiest man,
because for me her presence and love
she has graced.

Michael P. McParland

Back To Bed

Back to bed now and all the rest can look at me and laugh.
As long as I know you would not only in that do I care.
Back to bed now to take solace in memory of you.
The only one who truly tried to know me,
and believe me or not I tried so very hard too.

Back to bed now and put on my classical music.
To try and soothe the ball of tension and sorrow
knotted up in my core.
Back to bed to dream and see you within,
to share those beautiful words and looks of only which we knew.
God I miss you so much and love you more
than even a true poet could express in their portrait of words.

Back to bed with a tear in my eye,
my soul weeping inside where there is no need to disguise.
In there I hope to find peace and solace within your bright eyes,
please hold me so close and so tight
and chase this sorrow let it not abide.
Please know and feel all the love I am sending,
it's only for you and pure 100% truth.
ILYF

Michael P. McParland

Awake

Sitting here awake.
I can't and do not want to sleep.
Not because I'm sad,
but because I'm glad.
Bursting with joy over thoughts,
dreams, and memories of you.

I know we'll find our way back together.
I have not a single doubt.
I can feel your love so very strong
across these many miles coming right along.
As always I'm sending all of mine
and I know you can feel it
emanating straight from my soul.

I'm awake because I'm too happy,
I'm too excited for what's anticipated.
To hold you tight and say it's alright,
look into those Angelic eyes
that stir my insides filling me
with millions of butterflies.
Then slowly plant that long awaited kiss,
holding it deep and passionate
making up for all the years we lost.

I'm sitting here awake thinking
of all the conversations we'll have,
all the things we're going to say.
The things I wish to tell,
all your experiences and adventures
I hope so much to hear.
How could I sleep glowing
so brightly over my dear?

So I'll happily sit here wide awake,
dreaming of you till my body and mind
finally grow tired enough and I drift off.
Even then though I'll be dreaming of you.
For either state I'm in inside of me you have given me hope,

true love, meaning, and brightness too.
Every part of me is awake because of you.

Michael P. McParland

As Long As You

As long as you love my art,
it doesn't matter what others think,
for you not only hold it but you are my heart.
As nice as it is for others to
see and enjoy the things I write,
as long as you love it that's truly
all that matters to me,
for you are my inspiration and hearts desire.

Michael P. McParland

Are You Okay?

Are you okay my fair lady?
I know you're strong and a tough fighter,
fiercely independent
and full of awe inspiring fire.
I still worry though because I love you so.

I worry that you're feeling well in mind and soul.
I hope you're not wracked with depression
your heart in pain from hateful indiscretions
caused by others ill intentions.
Your mind being taxed from the jerks and endless stress
with all the junk put upon your step.

I worry about your physical being.
I pray that all your pain won't be so bad,
and for you to be healed so it will go away.
I worry about your ailments
that you've fought so well.
I worry about how they harm you
often making life total hell.
I worry for your tummy and hope it will
remain steady and true.
That your headaches will be gone so you'll
feel complete the maladies fully gone.

I worry so about the pain I caused for you.
The way that both our hearts were hurt and wounded,
I fear inside you're crying
and I hurt you cruelly in a way I never intended.

Are you okay because I am here for you.
I would happily carry all your pains
so you could live care free and partake
in all life's joys
with no hindrance of the pain
that has taken hold of you.

You're the toughest woman I've ever known,
a true fighter that won't be pushed

or beaten as you've shown.
Still I worry because I love you
deeply to the core.
So please tell me are you okay?

Michael P. McParland

Anyone But You?

How could I ever love anyone but you?
You have healed my heart,
you are not just my other half
but the better side.
You make me whole,
with you I am complete.

How could I ever give my heart to another?
I've already met my guiding light,
my guardian Angel.
I only ever think of you,
your spirit fills me with joy,
no other can do.

How could any other take
my sweet darling KP's place?
She's my only one,
the holder of my heart,
she's my Queen and crown jewel of my
whole life and existence.

Michael P. McParland

Another Wish

Another wish before I lay my head down.
A great big kiss from my lady,
a deep passionate soul filled delight,
that history has never known
for our love transcends
all that has ever been recorded
up to this point in time
and will ever be seen again.

Michael P. McParland

Another Night (Off To Sleep)

Another night has now arrived.
I'm very weary and spent from a
busy day with next to no relent.
However I now retire with a great big smile.
For I'm thinking of you and the heated
stress begins to wane and melt away.

Another night now off to sleep.
I send you all my loving care,
please feel my heart as you slow it's beat
and help me relax in your soothing
spirit I so deeply need.

Off to sleep and I'll see you
once again within my dreams.
As we meet I'll kiss your hand,
embrace you kiss you on the cheek,
tell you how much I miss you
and eternally love you.

So another night has come
and it's now off to sleep I go.
Goodnight sweet sweet love
KP I miss you so very much,
but I have not a doubt our day will come.
So in spirit I now embrace you,
lean in and deeply kiss you,
say goodnight my darling only one.
Soon all our dreams will have come,
and in their brilliant joy we will glow
loneliness once again we'll never know.

Michael P. McParland

Another Day

Another day has passed.
Perhaps tomorrow I can relax.
Life's pressures build.
To the point I want to kill.
I cannot stand this daily bilge.
All I want is to get my fill of peace and quiet, and people nill.

Another day, another disappointment.
I'm sick of waiting like I need an appointment.
This existence is so dull.
On my pud all day I pull.
Dealing with the jerks who run the world.

Another day, another dime.
Christ when will I ever have the time?
To sit and think and have a drink.
To kiss my love on the cheek.

Another day I'm madder still.
I hate them for the ways they kill.
My self respect and dignity.
With no remorse they stay their course.

Another day I'm so damn tired.
Perhaps soon I'll be fired.
Then I'll spend my days and nights,
dreaming of such youthful nights.
At least then though I'll have some time,
to sit and read and think of you,
even enjoy the lovely view.

Michael P. McParland

Another Christmas

Another Christmas spent without you.
To hold in my arms as we wake up
to open gifts and see each others joy
at all the new toys we gave the other.
To keep warm as we reflect on the
year gone by and all the years of joy
and love that have come and gone and are yet to happen.
Dreaming and sharing all the things
we hope to come in the long future
that stretches far and wide before our eyes.

Another cold cold Christmas here
with a feeling of emptiness something missing.
I still feel joy on this sacred wonderful day,
but without you here to share
a deep cutting sadness also brings despair.

Another Christmas spent without your eyes to gaze into.
See eternity and boundless love
smiling radiant burning through, celestial in my soul.

I'll still be dreaming of you on this cold Christmas bereave.
Sending all my warmth and loving thoughts to you,
wondering and hoping you're dreaming of me too.
Maybe next year the only present I want will have come true.
A Christmas, a lifetime through eternity more
with the only woman I truly love and adore.

Michael P. McParland

An Unbreakable Bond

An unbreakable bond shared between us.
Strong as steel it can't be broken.
I still feel your presence
oh so strong so much of the time.
I can smell your beautiful hair and skin,
the comfort it brings gives me tears.

We did share and no matter the circumstance
still do have an unbreakable bond
that no one and nothing can slay,
our deep caring love and passion
here to stay for we are soul mates in every fashion.

I truly treasure this unbreakable bond
that despite all the bad still holds us together.
I drift off to sleep
thinking and speaking with sincerity to you.
I've loved you since the start
I hope you know it is true.
Even without you here I feel this unbreakable bond,
that if we fight through the fears
our dreams will come clear
sharing destiny without obstacles
to break us my sweet lovely dear.

No matter the heartache
and seemingly dark clouds of loneliness now,
we share an unbreakable bond of true caring and love.
Please know that my soul is always near
and forever my heart is yours.

Please believe that I love you
and just give me your trust,
to share my whole life
and stories of why I'm so dim and not bright.
This unbreakable bond
needs to be treasured and nourished,
for without each other
we're lost and feel empty and sour.

Michael P. McParland

Always Yours

I'll always be yours as long as you want me here.
If I can't have you I'll be alone forever
for my mind and heart will always
be dreaming of what you're doing.

I could never love another just like I do you.
They can never equal the greatest lady who I
dearly cherish and treasure.

I'm always yours so please hold not a doubt.
I want only you to hold against my body,
say I love you and need you oh so bad.
To kiss and tell my whole life's story,
to listen to all you say and all your glories.

I'm always yours this to you I swear.
I love and miss you,
and I can't wait to have right here.

Michael P. McParland

Always You

It's always been you and will only ever be.
You're my hopes, my dreams,
you're my Angel, your heart and soul are supreme.
I miss you so much each day passes oh so slow.
Each day hurts me more and more
with each second my heart is dying, a total bore.

How are you doing?
Where are you at?
Your precious love is all I need
wrapped in it's warm blanket of surrender.
It's always been you and only you.
I surrender to your love for you're my Queen.

Michael P. McParland

Always Thinking Of You

Everywhere I go no matter what I do,
I am always thinking about you.
Just this very morning when I was at the store,
I stopped and asked myself I wonder
what she's doing now,
I wish that she was here with me just to spend the time.
I think of you everywhere I go,
missing you so bad that I sometimes begin to cry.

I'm always wishing you were with me,
when I'm watching movies,
out for walks,
also reading just sitting next to me,
holding my hand with your head on my shoulder,
while I read interesting facts and passages
from my book.

Saturday morning I'll be at the
football game watching
Ohio State beat Minnesota.
I'll be wishing you were there,
to cheer and celebrate each great play
and every score on the way to victory.
Hold each other and share our warmth
to chase away the Minnesota cold.
I'll be thinking of you at the game
and say I love you so very much KP
I wish that you were here.

I think about you all the time
and send all my warmth and love,
with great big hugs and deep kisses
that only you can receive and feel,
the need for you and all the
passionate love I have and will show
to help every single wound heal.

I'm thinking of you now
and sending every bit of energy I have,

asking God to help you feel and know.
I love you more than a dozen universes
and miss you deeply babe.
I know though that you'll return
and never shut me out.
I'm thinking of you love,
you're always on my mind.
You truly are an Angel to me
graced from up above.

Michael P. McParland

Always

My heart is always yours and it always was.
I knew from the moment we both locked eyes.
I was your prisoner of love with no escape,
not that I would ever want to try.
A big beautiful heart I was trapped inside.
Big bright gorgeous eyes that hypnotized.

I'm always yours in mind, heart, body and soul.
A love so pure for a lady so divine and truly sublime.
I long to plant a passionate kiss upon those luscious lips.
To lightly place my hand upon your breasts.
Just wrap you in my arms to say
I love you babe so deep and true.
I'll never want another it's only you.

I'll always only ever dream of you.
Even if I'll never have you by my side.
I know within my very soul that we are destined to be
even if on this earth forces ripped and pulled.
It will never destroy my love and admiration I have for you.
Our souls are one in the love and passion we both share.

We'll always share this strong bond and connection.
Nothing on earth has been able to penetrate it's forces
blowing it up with coarse intensions.
Even in our toughest times of self destruction
we could not destroy it.
You're my love, my truth, the only woman that will ever do.

I'll always be your man to call upon
when wanted or needed in any way to help my lady fair.
I'm always yours of my own free will
for I love you so deeply and I always will.

So when you're ready I'll always be here
to take your hand and marry you.
Then wrap you in my arms for eternity protecting you.
Always to you my dedication,
for you're my sweet fair lady,

my Angel that lifts my soul, my only one.

Michael P. McParland

All The Love We Hide

With all the love that we have and all the love that we hide,
who will bury us when we die?
We hide so much in spite ourselves,
from fear of rejection and broken hearts,
but by not taking that very chance
we miss so much of what may be truly there.

Without the risk to find that special one and hide that love
you'll die alone broken hearted from what wasn't done.
Regret to fill your soul, then deep and painful empty passing.
And who will be there by your grave to see you off,
speak kind words of how they shared your life and how they look forward to seeing you again in heaven?

A lonely life then passing is no thing anyone should suffer.
So with all the love that we have and all the love that we hide,
who will bury us when we die?

Michael P. McParland

Let Us Lay Down

Let us lay down now
and hold each others hands.
Talk of how our days gone,
just enjoying the exquisite company
which in each other we have found.

Let us lay down now
holding hands and gazing eye to eye.
A million words and feelings communicated
without a single sound.
Pure comfort and solace as we bask
in the all consuming love we so badly need.

I love you dear and you're
the only one I want and need.
You fill me up and make my life complete.
So let us lay down now
and hold each other in our arms.
Whisper good night sweet lady it's alright
all the waiting's over now.
I love you more than the world can know,
you've made me the luckiest man
in heaven and on earth.

Michael P. McParland

Looking At The Stars

Looking at the stars I say goodnight.
Do you hear and feel it in your heart?
Goodnight my love my only one.
I love and miss you unlike anyone.
I'll see you in my dreams tonight.
My Angel from up above,
I sweetly say to you
I love you and goodnight.

Michael P. McParland

Your Place (My Heart)

Your place within my heart is immense,
you take up all the loving space.
You fill it full of joy with your Angelic grace.
I love and care for you in endless wonder,
I'll never leave or stop loving my sweet dear Angel.

Your place will always be in my heart,
soul, mind, and entire being.
Thinking of all our love and times
often makes me feel like crying.
As each second passes I love and
miss you more and more.
For it's only you I will truly ever adore.

Your place and meaning in my heart and life,
has given me countless blessings that
you cannot conceive just how much you truly mean to me.
You truly hold my heart in your soft and precious hands,
you're my everything,
I'm such a lucky man.

Your place within my heart is epically immense.
You are my sweet Angel dove,
my light, the dream and reality of hope
that keeps me warm and gets me
through the cold lonely nights.
How can I ever repay my soul mate,
my spiritual bride?

You'll always have that place within my heart.
Only you, for no other can equal or replace my true love.
I love you dear you are my hero and confidant.
I admire you and you've saved my life.

So in wrapping this long poem of confession.
I just once again say.
I love you more and more with every lesson
and everyday that passes.
You fill me with a true burning loving passion.

Michael P. McParland

You're So Beautiful

If you only knew how beautiful you are to me
you'd know I see an Angel every time I look at you.
I get short of breath my heart first skips a beat,
then speeds up fast,
feeling as if it will pound right out of my chest.

You're so beautiful I wish I had more than two pictures,
of which I could get comfort and admire.
That perfect smile which enraptures me through and through.
I look at them and say I love you, I miss you so very much.
They provide me comfort in those hardest times,
when I'm so very lonely and need you by my side.

You're so very beautiful to me,
if you only knew how much.
You're divine to me a perfect jewel.
I just want to hold and kiss you all night long.
You're just beautiful through and through.

Michael P. McParland

Youthful Fate

We met when we were quite young.
From the start I loved you all along.
Despite our youthful age of date.
I knew that we were each others fate.
We'd beat the odds at any rate.

What's meant to be for you and me.
Is to build a life and share our dreams.
A loving union is what we need.

We'll plant this seed and help it grow.
To further heights than we have known.
To the world it's finally showing.
That what we have is so rewarding.

True love speaks to us it's courting.
No need to fear what we are holding.
So let us take this step we'll not regret.
Everlasting life with no emotional debt.

Michael P. McParland

I Will Not Fight

I will not fight
it serves no good purpose.
To sling mud and hate
with intention to maim and hurt.
I know I'd only regret it
later in my heart,
to say and demean you with
nasty repulsive tearing barbs.
Even at this moment I feel no need
or want to hurt you now.
It only hurts us more
I never wanted that,
though you don't believe it now.

I will not fight because
there's been too much degrading already.
Say to me just what you need though.
Whatever it takes to make you feel somewhat better.
If it's what you need now just unleash,
tell me how much you hate me
loathe me and think I'm a creep,
from the gutters a piece of slime.

I will not fight because no matter
how much pain I feel.
I don't hate you or feel malice.
I still don't want to hurt you,
cut you down and make you feel
a worthless worm living in the ground.

Think what you must and what you will
of my spirit, heart, mind, and soul.
I know the truth and I cannot make you see
what you will not believe.
So I will not fight because I care too much
to smash and plunder,
a beautiful woman I've loved for 15 years
and stretching forward ever after.

So in all sincerity I tell you please
to unleash all your hate and loathing hurt and sneers.
If it makes you feel better in any way to say it,
I want you too and lift some of that burden.

I just will not fight so expect no cross words.
No barbs no blades no blunt force to smash my love.
Think of me just as you must.
Then if it helps you let my memory turn to dust.

Forever in my heart you'll be.
I do have a heart and for you
it's filled with love.
So I will not fight and cut you down.
In my eyes you're still my Angel
who showed me true love,
my Queen, my only one,
the crown jewel of my universe
without a single doubt.

Michael P. McParland

I Truly Love You

I truly love my sweet KP,
my Angel, my only one.
You are an answer to my prayers
for all the love you give and being there,
willing to receive all the love I have to give.

I truly love you have not a shred of doubt.
When I think of you my heart and stomach start to dance,
with love and admiration overflowing.
I'll never be able to describe or do enough
to tell and show you just how profoundly deep I love you.

I am trying so hard to let you know
in every word and deed that I know.
I truly love you unconditionally
even though I may not always be so great
at letting it show.

I truly love you and I want and
need the chance to show you.
I completely need you.
Your soul has so profoundly touched me.

I truly love you I pray to God
that you feel it intensely in your heart and soul.
So you no longer feel any worry and doubt,
being able to rest your weary body and mind,
feeling in pure peace the truth I hold inside.

I truly love you and I need
so bad for you to believe me.
Because if you don't we'll both lose
the most precious thing.
A bond that has been so intensely strong,
held by a true love that knows no wrong.

I truly love you and I hope you truly feel it.
I can't bare to lose you again
you don't know how deeply I hold your

loving heart and memories inside me.
How can I express that in words?

I can't say anymore right here except
I love you truly and
I truly love you because you
are just so very very special,
and that's the greatest,
I don't need anything more you're perfect as you are.

ILYF

Michael P. McParland

My Keyboard Gently Weeps

My keyboard is gently weeping calling me to come.
To come and make some wonderful art,
to be my tool to cause delight.
To frame a beautiful piece timelessly built on any theme,
to create because from creation all life springs.

My keyboard gently weeps as the hours pass away.
Longing to be a vassal that helps create
another passage each and every day.
To find new ways of expression through words and motions,
through tones and colors only poems can deeply fashion.

My keyboards gently weeping even as I speak.
Proud to be at the center of creating something
that stands on it's own and is distinctly unique.
To take part through my arthritic semi gifted hands
to reach out to the world and give a message saying yes I can.
It takes great pride in being the medium to which I feed.

Here my keyboards ever gently weeping.
Longing for more artistic expression.
To find new ways to wax poetic,
to reach new hearts and minds in effort to see a new perspective.
Most of all though it strives to reach to you,
for you're the one who gets it most so loud and true.

So my keyboard gently weeps.
For now this prose is over.
Now how long before the next rock is turned over
and we find a new path to discover?
Let it weep though for it's great pain
will give us greater art and from that
we all the more greatly gain.

Michael P. McParland

My Gift

My gift to you for a life time and more
is my heart that beats and so much more.
It is filled with true love and devotion only for you.
I give this gift as all I have for the greatest lady.
Will you take it and treasure it all your life?
Knowing I forever want it to be only yours.
My gift to you is my heart and life
I wish to spend with you.
Will you come take it and make me the happiest man alive?

Michael P. McParland

My Friend Mee Too

I miss you Mee Too.
I miss our conversations that would
go on and on lasting so very long,
never noticing all the time as it passed
because we were having fun just talking and learning,
telling silly stories,
to our dreams and plans.
I miss you Mee Too you were and are
the greatest friend,
and it's so much lonelier without you here.

You were always here to talk,
in you I could confide a lot.
You helped me through so many tough times,
just being here and cracking jokes you made me smile.
I could tell you many secrets
and know you'd safely keep them.
I miss you Mee Too you were and are
such a wonderful special friend.

Mee Too I hope you'll come back,
find out what's happened and where we're at.
I can tell and show you how I've progressed
and in so many areas grown.
I want to tell you all about what's going on
and how this summer stunk because you were gone.
I want and need to know you're safe,
if you're happy and in a good place.
Just tell each other everything
just like we used to every day.

I miss you Mee Too and I'm hoping
in time you'll come back around.
So we can have our chats and daily laughs.
Share the things that only we can understand.
Confide in each other that from the world which we hide.
I miss you Mee Too,
to you I can not and would not tell a lie.

Michael P. McParland

My Dear Sweet Kira

My dear sweet Kira do you know how much I miss you?
Do you know you carry
my heart and very soul?
Do you know I've dedicated
my entire life just to you?

I want so much to tell
you and prove through action
my true unbreakable love and passion.
To give you everything I have.
Your essence carries me
through these days hoping
for a day of better relaxation.

The days are so dark and overcast
with storms of deep malaise and depression.
Without you here I've lost all
meaning and I'm steadily sinking.

My dear sweet Kira you're
my Angel so true.
Do you know all the things
I'd do only for you?

I've made such decisions of what
with you I'll only share.
I'll save myself because I don't want
another to share.
My whole life I've dedicated to you.
Just let me prove my words and my
worth so you'll feel fulfilled too.

My dear sweet Kira up to
this point our loving bond has survived.
It will never break so let's fight for our
love to brighten our lives
and feel glory from God in our
eternal embrace.

My dear sweet Kira I love you today
and forever with no conditions,
you are the divine Angel I've
sought through all my long days.

Michael P. McParland

My Angel

So much love in a being so small.
Her body may be frail
but her will is so strong.
She fights and bleeds for others needs.
Never thinking of herself because she heeds
the needs of others,
the pain they shield,
the sorrow that cuts deep,
helps all the lost souls
robbed by greed.

An Angel down on earth,
a sacred soul.
She graces all she meets
with needed love.

We thank her for her love
and compassion to the end.
She's the perfect little dove
that fills me in everlasting joy.

Michael P. McParland

Mee Too You Are Missed

I'm missing you Mee Too.
I could always count on you to be here,
to talk and to laugh,
just pass the time talking about
our lives and all of our plans.
You're such a righteous lady,
you rock like no other.

Mee Too you are missed.
I hope you come back so we can talk,
figure out everything and clean up the mess.
We'll find our way around the fights.
They're just solvable roadblocks
that can be moved with patience of mind.

Mee Too I'm missing and waiting for you.
I know in my heart that you miss me
and all of our time too.

I want you though to just
take your time.
Come back when you're ready
I don't want you to feel pushed,
I'll still be here waiting
no matter the time.

Michael P. McParland

Mee Too (Words Of Love)

Mee Too you were a great true friend.
I miss you so and the talks we had,
please remember the love and come back.
I miss your words and spirit too,
I long each day to speak with you.

I've left you messages a many.
Spilling out my ideas and feelings,
hoping that you'd see my love and
ways to save us from the pains of fighting.

Mee Too I miss you tons.
I keep hoping each day I'll
log on and see you've come.
To talk and see how things have gone.
To patch things up and from love sing a song.

Mee Too I beg of you please
come and read your messages.
There is no yelling,
there is no spite.
Just words of love and ideas
to help our love take flight.

Oh Mee Too I miss you so.
I hope you still read my poems
because I know you love them to your core.
You understand all the meanings
and deep feelings that they store.

Mee Too please come back so we can
share our deep connection and love.
This place is so very dull without
your shining spirit around.

Michael P. McParland

All I Want

All I want right now is to
lay in bed just holding you.
Nothing more not trying to drive it further.
I just want contentment lying
here in bed feeling your warmth,
hear you breathing,
feel your precious heart beating.

All I want right now as I lay down,
is to have you here within my arms.
Cuddling and spooning the night away,
no need for more because that can wait.
I just want to hold you and say
I love you dear and it's all okay.

Michael P. McParland

All I Know, Dedicated Too.....

I've sought knowledge and facts all my life.
Filling my head with interesting stories of people of a wide range.
Strange, Evil, Insane, Heroic, so on, funny though all a bit profane.
I find these histories fun that I read, and do you know why?
They're adventures of a grandiosity that hold a romantic type vision.
Interesting minds and beautiful lands.
I'd say it's a longing to see all the worlds mysteries.

To read my favorite authors in prose my imagination comes alive.
Movies I love I'm infused with adventure, emotion, beauty,
in full a cornucopia provided by sight for the mind and soul.
Beautiful music. My soul is what it takes,
the senses of the entire being to higher realms
with which only truly special people should you take and sweep away,
and show them the beauty of the light and the soul you feel there. This is my greatest passion on earth, all but one.
So these are what give my life a sense of beauty,
the tiny bit of relief and escape from ugliness that drains out love.

In all I've read, seen, heard and know in my life,
be it people or things going on around me.
There's one I've found that I could go on forever learning,
the passion of all to know and to be
could never grow boring and dull.
I've worked to understand this great mystery, my love for this gal.
An enigma of fierce endless passion that has captured my heart.
No greater beauty has been found,
no more unique personality with a lovable bounty of charm,
or a gem cut so perfect and sharp to perfection as her wit.

I'm still working on what I can to earn your divine hand.
This dense man has so much to learn about you.
Cherishing all of your hopes, and dreams.
Supporting and loving through tears laughs and all means.
I've loved you always trying hard to show you my best.
You are a mystery but it's your heart and soul that are truly gold.
Of all the things that I've learned, experienced, and seen.
All I know really is that I love you truly, forever and all.

Michael P. McParland

Addiction

Do not judge the people
who suffer from this affliction.
You'll never understand
what resides within them.

You've not lived their life,
you've not felt their pain,
the things they hide under
the junk they use to escape.

Unless you've been there deep
you'll never know,
you'll not understand.
The pain and guilt that still is felt
from those hurts of the past,
but also from the ways of now.

You have no right to judge another.
So quit looking down upon these souls,
that are in desperate need of love from others.
Quit sneering, spitting,
acting like they're less human.

You'll never truly know
the individual hell of a burdened
soul that found escape in addictions hell.

Michael P. McParland

Aching For Us

Our love is so dear and so strong.
I've waited for us to be together
oh so long.
I'm aching in waiting
I want you right now.
To have and to hold,
you are the greatest lady I've ever known,
and the greatest lady on earth
that's ever lived.
ILYF babe.

Michael P. McParland

A Truth

A truth I hold deep inside.
A pure love for you
I will never fear to show,
It's something I cannot hide.
I would not try.

I love you more than
life itself.
Transcending the universe.
I show and speak it in full to you.
It's a truth that is so profound
that I will forever love only you.

Michael P. McParland

A Quick Message

A quick message to my true love,
I miss you so much I'm breaking inside.
I love you more than can
be contained in the universe.
I'd give my whole life too
for a minute to hold you close.

Tears running down my sickly face.
I feel so tired and lost,
I'm exhausted and lonely wanting you here.
I love you so much
my soul is bursting with it for real.

Goodnight my sweet darling
I must now turn in.
The tears, exhaustion,
and loneliness are
right now to much to bare.

Look to the moon and the stars
I'm sending my love to you
from God's helping hand up there.
Goodnight and the sweetest most divine
of all dreams.
I'm sending you all of my warmth
and my love forever
with the greatest of hugs and kisses
just for you.

I love you and I miss you
I know this is not the greatest of poems.
I just needed to call out to you
say I love you my dear
I have all along.

Michael P. McParland

A Precious Love

Every time I speak to you the darkness lifts,
the pain is through.
I no longer feel so dim and weak.
Knowing of your love so sweet.

You're here today, and now it's all okay.
I no longer feel the lonely cutting blade.
It feels so good here in your arms.
It warms me through and makes me feel oh so strong.

You turn me into a man I like.
You give me hope and clear all spite.
What would I do without you near?
Be consumed by total hate and fear.

Protect me now in tender love.
Keep the world out,
and always be my peaceful dove.
I love you I'm so glad you're mine.
You're the greatest lady of beginning time.

Michael P. McParland

A Plea

Take a look inside yourself,
and you'll see there's so much left.
No matter all the pain you feel.
Your aching heart is made of steel.
Your well of strength is deep and real.
Though you'll need some time to grieve.
The intensity of this pain will leave.

You still have so much left to do.
Don't let the suffering put an end to you.
Continue on with strength of mind.
With your worries left behind.
With a prayer and mighty soul.
You will never lose control.

Put these thoughts of death to rest.
You've still not seen the very best.
Think of all the friends you'll miss.
Plus all of those you've not yet kissed.
It's not the end my precious friend.
Your splendid life has just begun.

Michael P. McParland

A Million Kisses

I'm sending a million kisses to you.
Just to cheer you up and say
I hope you've had a wonderful day.
I love you so much and I wish
you were here for that personal touch.

A million kisses to you my only one.
I'm sending all of my love so
let it fill you with security and warmth.
I love you so much and I need you to know,
I try my best and work hard for you each day.
I truly have dedicated and given myself in whole
to my sweet Angel dove.

Michael P. McParland

Happy Birthday Sweet Lady

Happy Birthday my sweet lady.
Another year and with each year
you grow more lovely.
You're a splendid woman
and my best friend.
I love you forever
there never will be an end.

I hope you have a great one
and so many more to come.
I wish I could be with you
and celebrate my number one.
Toast the greatest lady
from heaven to earth has ever come.

Happy birthday Kira you are so fair.
I hope you do enjoy this day,
and have many years before you
that are filled with light,
for a lady that's so special and truly rare.

I wish you the happiest of birthdays.
Today I miss you even more.
I'm thinking of you more right now,
because I wish I could make your
day more special by giving you all you want
if I were there to serve.

Happy birthday my Angel true.
Please have a special day,
you deserve the happiness.
I wish that I was there with you.
I love you to my very core.
Maybe next year I'll be able
to plan the perfect day.
Show my lady all the love she craves
and truly deeply deserves.

Michael P. McParland

Happy Birthday Dear Love

Happy Birthday my dear love.
I hold the brightest candle
in my heart with a burning love
I feel so strong.

There is no doubt
I sing on high and
with you I celebrate.
Distance does not matter
our souls are one in how
we communicate.

I toast you and
thank God for your birth.
Without you here my
life would have much less worth.

I'm thinking of you,
sending all my love.
I Shed some tears for I can't
be there to give you all of my love.

Happy Birthday and as many more
as you can wish and hope for.
Just know that you're an Angel
and a precious gift.
I hope you feel my intense
passion and loving blanket
I wrap around you.

I love you dear,
I'm always here.
Enjoy your day,
Sending big hugs and kisses.
I'll make it all up
and shower my Queen
in endless love.

Michael P. McParland

A Memory

I close my eyes and see you there.
A beautiful memory that really is so rare.
I remember you so very well.
To this day you have me in your spell.
I hope you're doing very well.
No ills on you have befell.
I remember all the times we had.
All the good with little bad.
What we shared was really rad.
Now I feel so very sad.
You're not here.
Through my head a lonesome spear.
I truly long to have you near.

I close my eyes and see you clear.
Cherishing the memory I hold so dear.
A bond so strong with nothing wrong.
Since that time it's been very long.
Time has passed and still it lasts.
A picture of you that fills the past.
I want you still I know it's real.
No other person knows the deal.
Of what we had or how we feel.

I close my eyes and see you now.
Hear your voice it stops the frown.
It fills my heart the sweetest sound.
In my mind I picture you.
It moves me still.
I hope I move you too.

So close your eyes and think of me.
Feel the love you had for me.
Let it grow and help it show.
You'll find that you already know.
Let it free and we will be,
the greatest love story ever seen.

Michael P. McParland

A Lazy Sunday (Dreaming Of K.P)

A Lazy Sunday spent dreaming of you.
It makes the day brighter after a hard fought Saturday.
Thoughts of you are the perfect dreams
for drifting with a smile on a lazy Sunday afternoon.
Who cares about the NFL when I have memories and dreams of you?
It's bad football and nothing compares to you.

A lazy Sunday laying back on the couch listening to
music that brings about dreams of beauty and no doubt.
Thoughts and dreams of KP my fair lady
a dream come true.
I don't believe in fairy tales but my life
with you comes as close in the real world as anything could.

I love you and treasure you more than anything I have ever,
so I enjoy my lazy Sunday afternoon laying back on the couch,
with the biggest of smiles, memories, and dreams of KP
the greatest lady on earth who I love more than anything.

Michael P. McParland

A Goodnight Prayer

A whisper to the stars
In each day that passes
I love you more and more.
Feel my arms as I wrap them
around your shoulders and waist,
pulling you close for a kiss
saying it's alright.
Time spent with you is never a waste.

Feel the power and energy now.
I'm sending you all my warmth
and my love.
With the biggest and deepest kisses,
meant only for you my sweet lady,
you're the only one that can handle their power.
I love you and miss you,
and I'm right here waiting.
I know soon we'll be one,
to never be undone.
You're the greatest lady on earth
and truly my only one.

Goodnight my fair lady
I'll be dreaming of you.
I can't wait for you to be here,
I know in my heart all will come true.
ILYF

Michael P. McParland

Something Sweet

I long for something sweet
a bedtime treat.
A delight that I want to share,
fulfilling the needs at our cores.

A sweet sticky treat that
no matter how much you partake
for you and your mate it's never enough.
A treat you just want more and more.
A sweet treat that will always be there,
a sweet treat of delight that
is so much better to give than receive.

I long for this sweet treat,
but for now I shall wait.
For the day is soon coming
when me and my mate will
endlessly share this sweet sticky treat
which I'll share with her whenever she wants.

Michael P. McParland

A Bit Of Sleep

Time to finally get a bit of sleep,
I'll see you dear in the land of dreams.
I can't wait to look into your eyes and hold you,
Give you a kiss as I gaze into your eyes
And admire the beauty that is you before me.

Time for a bit of sleep and I just
wanted to say I love you before
I turn in to catch some Zzzzzz's.
To tell you once again how I adore you
and my heart beats solely for you.

So goodnight KP no matter what time it may be,
for until we meet again to see
each other and fall into the arms of the other,
I'll see you in the land of dreams where we'll
walk hand in hand through the fields
of green grass and flowers that are pure and true beauty.

Michael P. McParland

A Billion Years

Even after a billion years have gone
I'll still be by your side,
and it will be like no time has ever passed.
Time flies when I'm with you
and with each second I fall deeper and deeper
more intensely maddeningly in love with you.

A billion years with you is
but a pin needles head in time.
So immensely small and never enough to
get to know you and give each other our all.
Our spirits will never get enough of the other.
We're bound in spiritual bliss and true love
that no others can ever comprehend.

Even after a billion years KP I'll
still be by your side for a billion more,
than after that a billion more continuing
on beyond eternity for we are heavens brightest star.
I love you fair lady never ending.
We are soul mates and a love story with a happy ending.

Michael P. McParland

In A Land Where Every Dream Has Landed

In a land where every dream has landed I find you.
A magical place where there is no pain, no fears,
no loneliness, no hate, only you, only tears of joy.
We'll see each other and know this is the beginning
of what we've always dreamed and reached for.
A start to a rich happy life spent together
in unity as one.

In A Land Where Every Dream Has Landed,
the night is still young like you.
Stretching out before us with endless time to dance.
To share all time with each other,
in and on every level of romance.
Reminiscing of all our times together,
talking about the time that's passed and how we miss each other.
Sit and tightly hold each other close,
so we'll no longer be lonely feeling safe no longer lost.
Kissing to bring us warmth.

In a land where every dream has landed
it's just you and me forever.
Each day we'll find and seek new ways
to always show our love and make each other happy
giving eternal birth to a hope renewed.
Who better to share my life than my Angel true?
A true divine shining light that cut through
all the hurt and fear to save this man.

May God let this journey never end.
Our bond and souls be sealed for eternity.
For in a land where all dreams have landed
you're the most important and only thing that matters.

Michael P. McParland

Totally Exhausted

Totally exhausted babe and I just need to sleep.
I wish you were here to talk and read
while I lay down to soothe me.
I'm always dreaming of you though to
help relax my mind and keep my feet upon the ground.

I'm totally exhausted so this message will be short.
Just wanted to let you know I love you so much.
You are my hopes and dreams from an Angel supreme.
You are my true love and life,
my only one.

Michael P. McParland

Peace Be With Us

Peace be with us my love as
we find our paths of sense and serenity.
That when laid out and begun
traveling we'll come back together again.

I'll never give up and
I know you're not a quitter.
We'll find peace and love
repairing the bond that will last forever.
Peace be with us my true soul mate,
that we'll travel the
right way and come to each other.

Michael P. McParland

Phantom Tear

A single phantom tear runs from my eye,
running down my cheek drying as it runs.
A phantom tear brought by memories and yearning.
This phantom tear stings far worse than it appears.

Michael P. McParland

Please

Please tell me that you love me.
Please tell me that it's true.
Please do not forsake me,
for then I'll feel a fool.

For the years I felt for you,
something tested tried and true.
For you to break it would be mean and cruel.

So please now tell me that you'll stay,
if at least for one more day.
Tell me now if you please,
that you love me and it's not a tease.

True love is not a game.
To say so would be truly lame.
So I say now with all my heart.
Please tell me you'll never depart.

Please say now with all your heart,
that with me you've found a brand new start,
and from me you could never part.
The games are over now you see.
Now we'll live in ecstasy.

Michael P. McParland

Please 2

Please just love me and know I'm just a man,
one who desires to and will
always give his everything for you.

Please just hold me and make me feel safe.
Please don't over think everything and then
in fear believe I'm giving up and going to leave.

Please, please, please have that faith in my love,
feel it in your heart, mind, and soul
for within those walls you feel the truth in its all.

Please just help me know I'm loved.
Please hold me close to say it's alright,
here you can cry in private and fear no scorn.
Please know my love is true and I in full am always yours.
Please know I'm not a liar,
for you are an Angel to me.
I never want to hurt you.
I love you.

Please just talk to me,
let me show my love and reassure.
Please give me the chance to show you
all the great things I want to for my Queen
to give and show.

Michael P. McParland

sigh

Sigh where are you today?
I still can't sleep my heart still sunken in hurt.
I wish we could at least pass the time talking.
Sharing our great conversations.
Silly and fun,
informative and revealing,
learning so much about the other one.
Or just radical thoughts and dreams,
laughing and crying all the while time flying.

Sigh it would be even better though
if you were right here.
Read to each other,
watch some movies and TV.
I would cook for you
and together we would clean.
Smiling and laughing
kissing each other too.
This would be bliss
my happiest dreams spent with you.

Sigh to just lay in bed
and hold the other tight.
Perhaps even out on the lawn
staring at the stars.
Whispering our loves needs
and intentions of our future as companions.
Drifting off in comfort our souls fully soothed,
knowing each one is right there,
never leaving healing the wounds that are there.

Sigh yet for now I sit here all by myself,
waiting for sleep
only dreaming of those beautiful days.
Can you feel all those dreams and endless love too?

Michael P. McParland

Grand Hand

I wake up every morning and begin by
looking at my right hand.
God you're grand I say,
last night was magic,
simply fantastic.
Can't wait to have back at it.

Michael P. McParland

(dreams) Bonding As Lovers Do

Having you here wrapped up snugly in my arms,
chases away the cold on this frigid deathly winter day.
Our bodies clutched tight within each others arms,
cheek to cheek we sit gazing,
mesmerized into the fire.
Holding a conversation of love
and powerful contentment,
grateful fulfillment for our union
without one word spoken.

I'm totally fulfilled with you here.
You're all I want and need,
you've filled all the holes that lingered,
unhealing in my heart and soul.
You've saved my life with a freshness
of breath and zest you've renewed my life.

I'm now gazing into those bright eyes
of a magnificently beautiful soul
I know I've known since long before earth.
A radiant smile that shares the feeling,
and need to give and receive
the purest of love and bonding.
When she looks in my eyes I wonder what she sees.
It can't even be half as bright,
because every time I look at her
I know within my mind and heart
that I'm gazing upon an Angel
of true mercy and purity of light.
There is never any doubt
for the abundance of love she holds for me.

Without a single word ever passed
we've told each other all the things
a couple with a strong spiritual bond can attest.
We know the purity of our love and hearts,
we're now ascending the stairs to bond as one
like only two soul mates can find and share,
a special love and combining of our souls.

A true undeniable passion that pulls and tugs
you away from the physical bonds,
to meld you into stronger purer loving beings
becoming as one.

We've now climbed into bed,
the most overwhelming feeling of want and giving
fill me up to give my all
and share the most special things
my Angel can only ever evoke and understand from me.

I wrap my arms around my only one,
looking into those divine and precious eyes
full of pure acceptance,
and I know she looks at me with a sense of pride.
I now lean for a kiss softly whispering
I'll always love you,
I'm never leaving forever mine and forever thine.

Just inches now from touching lips,
and I wake up to the most horrid heartbreaking reality
that I was only dreaming.
Once again in some fashion,
torn apart and destroyed from losing her once more.

When will I ever see my Angel and true love?
Or am I just doomed to miss her
soul and love forevermore?

Michael P. McParland

Warmth

Warmth in your arms is what I want and need.
You are all that truly matters to me.
I love you babe and you bring joy
to my life and light me up.
Your smile melts my heart in its
pure Angelic beauty and love.
Those eyes that lift my heart above all the hurt.
You KP are my only one.

Warmth in your arms is what I long for everyday.
You help make me feel important and safe.
You're a magnificent lady I wish to love and serve.
I want you to discover you are everything to me.

Warmth in your arms is what I need most.
So come and let's wrap each other up
and begin our journey of eternal bond.

Michael P. McParland