

Poetry Series

**nicky joyce**  
**- poems -**

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## nicky joyce(17 08 81)

I was born and raised in Tiverton Devon, my father is a agricultural contractor and my mother an housewife. As a child I enjoyed gymnastics and the out doors, I have 3 sisters and one brother.I took part in my local majorettes to which my older sister and I thoroughly enjoyed it. We travelled to different towns and preformed.I studied at Tiverton high school where I passed all my GCSE`S. After leaving full time education I was more concerned about getting money and worked in a chicken processing factory. Growing up I wanted to be a mum and start my own business but life never pans out the way you think it will when your a child. I enjoyed looking after children and the fulfilment I had was a wonderful feeling. I worked in a nursery for a while and learnt children`s behaviours could change with the smallest upset. I desided then I wasn't ready for being a mum and wanted to explore what more I was capable of. growing up you have all these wonderful thoughts and think life would be easy but when your at the stage the realisation of it hits you. writing poetry is like a realise of all inner thoughts feelings. I have three cracking kids to which im very proud of and also went to college and became a qualifield teaching assistant. working with children has gave me alot of insperation.

# A Lost Good Friend

I sit here with a shocked face  
Cant explain what just took place  
I get told that a friend has died  
What do i say i just want to cry  
I wanted to say im sorry to hear  
But when i went to say it  
Nothing would appear  
I wanted to say your joking  
That its not true your lieing right  
But what i feel is nothing at all  
What about his family  
they got the call  
There pain there suffer  
They lost it all  
They lost there dad husband to  
We lost a friend  
A good one at that  
One of cheer and full of yap  
Loved his bikes and family to  
A great guy through and through  
I know you wont see it  
Or read it all  
But your with us always  
S R F this is for you x

nicky joyce

# Blank Canvas

Blank canvas staring at me  
Painting it with tears shed  
Nobody knows but me  
Sometimes I try but still nothing to see  
I want to pick up the colours  
But nothing but tears seem to be  
Nobody seems to care nobody but me  
Screaming in my head and in my heart to  
Wanting to walk away feeling broken and blue  
Confused with everything and not knowing  
Words said in message but still not working  
Read it once and twice and more  
How is it possible hell my hearts hanging what more  
I fought once then it was gone  
Now the feelings coming back yet I`m too far gone  
I stick with it cause it`s what I want  
Now sitting here writing this tears falling again  
How is this possible why oh why me  
Worlds apart and distance between  
God I`m hurting not just from pain but from being me  
Shall I walk away and leave it un knowing  
Or stick with it and see what could happen  
Head or heart what do I do  
Someone help me please just take away these blues.

nicky joyce

# Emotions Throughout

The day is done, and the darkness falls  
A feeling of achievement and goals  
For once was a beautiful day  
Turned to sadness and sorrow  
Awaken to the sun and its glaze  
To the morn of a beginning  
To the ending of the night  
Where you start back believing

Emotions run through day and night  
Waking up early oh what a fright  
Damaging dreams of fear and scare  
Takes you to new levels of despair  
Happy thoughts you fight with will  
To get you through the dangerous mill

Right foot forward central approach  
capture the depth of the once lost soul  
A happy place where flowers bloom  
You start to shake of those doom and glooms

Fighting your demons with spirit and light  
Capturing the worlds purest delight  
Wondering through spider webs of dew  
Looking around trying to find the inner you  
Days seem longer and nights come soon  
Floating clouds surround all you do  
midday feeling of power and grace  
Night time falls to your dismay  
Sitting and pondering of what tomorrow may bring  
Waking to the sound of the mellow birds sing  
A joyous feeling spousing your glow  
For once was a lost and darkened soul

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# Footprints

I have with me so many footprints by my side  
Some are visible so UN detected by the eye  
If you're looking for your footprints and u can't see  
Maybes it`s because you weren't important enough for them to be

People leave their prints wherever they go  
Some are heavy so are light as snow  
Some are scared with torture and pain  
Some are healed with self-confidence and self-gain

When you walk do u look for your print  
Do you ever think of the impact it may have deemed  
Would you wonder if your print was safe  
What would happen if you just found an empty space

I`m taking my footprint and making it stand  
Somewhere out in this horrible crowd  
Making it loud and heavy to be known  
So no one can scar it or scratch it with a stone

Sand or stone my print will hold  
Take it away you will get thrown  
I wanted it seen and last for long  
So please don't take it or I'll be gone

But while I walk and see my print  
I`m hoping yours will follow and be by me  
Standing strong side by side  
For all the world to see there here with pride

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# For You To See

Lying in the bath thinking  
Of all the things I want to say  
But when it comes down to it  
They all seem to stray away  
Thinking I will tell you  
How you make me feel complete  
How you fought all my demons  
How you finally saw the real me  
Thinking I will tell you  
Not a day goes by  
Wishing and hoping  
You would be by my side

How you make me feel  
Each and every day  
Sometimes like a princess  
Sometimes like a used stray  
Thinking I will tell you  
How important you are to me  
How proud I am of you  
For dealing with issues  
No one can see

If I screamed and shout  
That still wouldn't be loud enough  
To express how I feel and my love  
So I will put it in a poem  
For the whole world to see  
But mainly because I want you and love you dearly

nicky joyce

# Had To Be Written Had To Be Wrote

My hearts sinking and my gut feelings growing  
Telling me something what it is so unknowing  
Listening hard but try to ignore  
The demons are banging against my door  
Past creeps in and so does yours  
What do I think should I just ignore  
Switching myself off and shutting down  
I don't want to sit here with a frown  
I`m normally smiling and full of joy  
Knowing you was what I choose to explore  
Taking the step and right foot forward  
Hoping that my minds just over exploding  
Waiting and hanging on feeling lost tired and worn  
Why am I like this where is my walls  
The ones that protected me the ones that didn't have doors  
I see people and I stare am I jealous of them  
Why is it I stop and glare  
Feeling anxious lost and confused  
Then it all makes sense straight out of the blue  
The butterflies the feeling of living  
Making me realise I'm someone to believe in  
I can handle the hiding the shutting off  
Do I wish to be more yes I do  
Tell me who wouldn't look at you  
But it`s as it is and that's the truth  
So my lips will be sealed but forever I shall wish.

nicky joyce



# Helping Out

Take my hand and hold it tight  
I will take you and show you light  
Listen to me while I talk  
Will give you answers to undo that thought  
Will open your eyes then your heart  
For your just sitting alone in the dark  
Taking sight listening well  
You open up and rang that bell  
I did nothing it was all you  
One thing left to say im proud of you :)

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# Humming Bee

Standing and staring rubbing my eyes  
Smiling and laughing in plain sight  
Open wide for all to see  
Why was it, it had to be taken from me  
I knew it wasn't forever but kind of hope it to be  
But guess that's life just a humming bee

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# Judging Someone

Something shining so deep and bright  
What was this standing in my sight?  
Was this the person I once saw?  
That's impossible surely it's a door  
What's going on this can't be right  
Something's wrong must be my site  
No it isn't oh my god it's true  
That's impossible your just you  
What happened was I so naive  
Could my eyes be deceiving me?  
No they were not even for a minute  
I just judged you for what I seen it  
For now I'm sorry truly I am  
Guess that's what happens when you act like a clown.

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## Just You Being You.....

You finally did it  
You're finally there  
Please don't look at me  
Please don't stare  
Let's sit and laugh  
And talk for awhile  
But don't go biting me  
You're not a crocodile  
You may be mad  
And completely bonkers to  
But at the end of the day  
You are just you

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# Letting It All Out.

Sitting and feeling I`m lost in space  
A wonderful time was had and grace  
The feeling of completeness took us all  
Now loneliness and lost-ness kicks in to fall  
Tears tumbling as I sit alone  
No one to have no one to call

□

Giving my all walls all down  
Now feeling I`ve been kicked to the ground  
Reality is hard and painful within  
The secret of me to which is kept in

I`ve come along way and fought my battles  
Faced a lot of fears and massive struggles  
Proved myself time and time again  
When is it that this pain will end

Scared and hurting glad my kids can`t see  
They`ve been threw to much fighting little bee`s  
I show them the world and what it`s like to be  
To have the perfect life to have them smiling

I`m not quitting but won`t be a mug  
Won`t be left feeling like I have been made once  
I fight with all I have to give  
I won`t stand lonely and left feeling dim

I`m not one for hiding I`ve done that before  
Don't you dare put this on me  
That's hurtful and cruel  
I`m standing my ground and fighting with will  
Even though I`m deflated and feeling grim

My backbone I`ve found with help along the way  
You`ve supported me so don't go throwing that away  
I know the score as you do to  
I`ve done and proved myself  
Now it`s all over to you

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# Love Hate Care

Love you from start to finish  
Love you with no pushing  
Love you with all my heart  
Love you been hit with my dart

Hate you never such a strong word  
Hate you why would I you mean the world  
Hate you god no care to much  
Hate you no that's mean and just dirt

Care for you I truly do  
Care about you, you don't have a clue  
Care from tip to toe  
Care for you with all my heart and soul

nicky joyce

# Love You

Love you of course I do  
Love you and tell you no will never do  
Love you and keep you I so wish  
Love you and lose you that's on the list  
Love you and scream it out loud  
Love you would you give a dam  
Love you all I want to say  
Love you, you would just walk away  
Love you like I wish I didn't  
Love you please listen  
Love you very strong words  
Love you was what u said once  
Love you maybe it was twice  
Love you that made me feel nice  
Love you is all I want to say  
Love you from deep inside  
Love you each and every day  
Love you didn't expect to  
Love you really didn't want to  
Love you is what I do  
Love you open your eyes cause its true

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# My Aunt

My aunt to me is the greatest person in this world,  
one in a million one to fix all hurt  
She has the biggest heart with the most caring touch,  
which she shares with me so very much

In my eyes, she will always be,  
the most beautiful person you will ever see  
she`s smart, amazing the life I know  
no one that compares to her,  
no one even comes close.

I appreciate all the advise she has given me,  
The memories I will forever cherish forever  
the way she use to flick the problems  
Like they were tiny little feathers

On a high pedestal is where I hold her dear  
for I admire her so much more than she will ever hear  
Having her apart of my life is the greatest gift of all  
Looking deep inside of her, I see that strong, wise woman I hope to become.

She is not only my favorite Aunt but she is my role model to  
and to be like her, would be my only wish I ask to come true.

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# My First But Lost Son

Wondering around with bare feet  
Touching the sand tickling my feet  
The sea air filling my lungs  
Being there makes me close to my son  
Touching the waves feeling free  
Wondering what he's doing  
If he's looking down on me  
Is he seeing his mum so sad?  
Hoping that he didn't make me mad  
Thoughts are my own not to be shared  
Not with someone that doesn't even care  
I'm not feeling sorry nor feeling sad  
I was given a gift to which I was proud  
Taking the time to write this note  
Posting it in a bottle so it will float  
Will say bye bye but never farewell  
For you my son you will always be held  
In my heart and in my head til one day were together again x

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# My Old Christmas Poem

Christmas is a time for giving  
christmas is a time for sharing  
christmas is a time for rembering  
christmas is a time for caring.

Rembering what we have  
at this time of year  
thinking of our loved ones  
that we hold so dear.

People that are not with us  
but in our thoughts each day  
not being able to hold them  
not being able to say.

So when you wake on christmas day  
to your familys glee  
the ones that cant be with us  
will be smiling with thee.

In our hearts is where they are  
and always will be  
smile and be happy  
this i wish for all of thee

nicky joyce

# My Thoughts

You started getting cold with me for the last few days  
What have I done so wrong why did it all change?  
I know you're poorly and I wish I could help  
But shutting me out when I`m hurting  
Feels like I`m locked in hell  
I won't tell you as that's not fair  
Killing me inside as I`m not there  
Giving you time and your space to  
I know were both different  
But my gut is tied with knots over you  
My heads saying you're were you want to be  
Not just cause your poorly  
Cause it`s there and not with me  
We all have our issues and she`s there for you  
Am I jealous much that I will never tell you  
She`s been there for you right from the start  
You may not see it but she has look in your heart  
She`s helped you threw your darkest hour  
Stood by your side gives you a lovely smile  
Now I`m not bitter nor twisted to  
I know your there for a reason  
Your kids and health issues to  
Now I sit here and I type  
Wanting to release my pain but it isn't working  
I`m just going completely insane

nicky joyce

## My Unique Friend Thats How We Roll :)

My friend is unique  
My friend is one of a kind  
My friend is perfect  
My friend is someone hard to find  
My friend is sweet  
My friend is kind  
My friend will always be there  
My friend could just blow your mind  
My friend has such a striking heart  
My friend is so trustworthy  
My friend he is oh so smart  
My friend eased my pain  
My friend dried my tears away  
My friend that never faces fears  
My friend has such an exquisite smile  
My friend has the world's purest heart by a mile  
my dear friend thats how we roll  
My friend that is best of the best in the entire world  
My friend the one I will never forget of all the friends I've ever met...

you know who you are told you one day you will be a star as thats what you are  
:)

nicky joyce

## Not My Normal Self: (

Starting to feel sadden and depressed  
I helped you find yourself when you were distressed  
Feeling alone unthought-of and deprived  
For some unknown reason brings tears to my eyes  
I ask how you are and how it's been  
I do this cause I care shame u don't see  
I'm ok in a tough bird  
Getting on with life even though it does hurt  
Getting shut out well so use to that  
Guess I thought though you were bigger then that  
Never mind I say quite a lot  
Making excuses in my head to try untie this knot  
Gut feeling kicks in and so does the past  
It's not you it's just what's been done  
Shame I think things like a loaded gun  
There's life and yours is free  
Mine is full of responsibilities  
I wouldn't change me for a million pound  
One thing I know it will never turn out  
So free and independent like a sawing bird  
Unlike myself just a normal caring girl  
But all said and done time to face the facts  
I knew where I stood just an everyday piece of wood  
Still I would never change it  
Will just take it on the chin  
Hide what I'm thinking and feeling  
Keep it forever locked in.

nicky joyce

# Oh Right

sometimes its hard to say what you mean  
sometimes its hard to express your glee  
sometimes its hard to sit and wait  
sometimes its hard to keep things locked away

What did you do that made me mad  
was it something not said out loud  
what made you lie and snigger so  
was it fun, not letting go

Do you think what you did was right  
having fun bet that was a blight  
hurting someone i see that  
but just wait tit for tac

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# Presence

Sitting here looking at this empty space  
Once was you presence stroking my face  
Telling me all things will be alright  
Taking your last breath with a fight

Funny how presence makes it whole  
Looking around you find your true soul  
They looked so happy and content  
The look of love you knew was meant

Taking your presence and pushing it aside  
Was foolish and stupid to those you left behind  
They blanked you with such dismay  
Bet they wonder still til this day

I hope your smiling now  
Your presence is dearly missed  
You were and always will be  
One those people one of a kind

You were taken for granted  
Had things thrown at you stance  
All you ever did though  
Was made me feel glad

How proud I am to say I knew  
The presence I had before you flew  
Admired and loved by myself and most  
The kind of person I hold with such post

I`ve never felt so lonely and totally lost  
You were taken and I`m left crushed  
People`s lies are getting to me now  
Why Aren`t you here to take my frowns

I`m not angry that your presence has left  
Just tired lonely and upset  
I miss the laugh and cuddles shared  
Now all I have left is just totally despair



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# Read Me

Looking at the four walls  
Struggling with all these fears  
Trying to understand  
When and if I will heal

I`ve been punished enough  
And I try with all might  
No matter what I seem to do  
Never seems quite right

Facing all my issues  
I fight with all I have  
Sometimes all I need  
Is a safe secure hand

When will I stop hurting  
And feeling all despair  
Stop all the doubting  
That you actually care

Will I ever release  
Just what you mean to me  
Instead of I hurt you  
By changing to someone mean

I will do my hardest  
To fix the pain I caused  
To mend your broken spirit  
To reassure your thoughts

I thought I could do it all  
But I was surely wrong  
Cause without you in my life  
I`m lost and just no one

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# See Me For Me

You walked lightly in my life  
Your charm your witter like no other  
Your thoughts your laughter like a story`s chapter  
Gripping and enticing bold but true,  
Your caring kind when you allow to shine threw  
Amazing smile just pure class,  
Ever been told you got a fine ass,  
Serious note all joking aside I care a lot for you way deep down inside  
Not knowing myself once just feeling lost  
Thinking I was worthless just a used old knot,  
Taking the step to believe in you trust you even though I don't know what I'll  
lose  
My head my heart my thoughts I'll share,  
Because without I would be lost and scared,  
You set fire in my head, my heart and my soul,  
Ur an amazing person Mr X just need you to know  
I will never forget you wherever you may go  
You captured me from your first truth  
The one I want to say please never go  
I sit here typing but screaming in my head  
Want you to read this believe in what I said  
Mr X please listen to my plea's I beg you just see me for me

nicky joyce

# Shadow And I

Sitting with my shadow what do we see  
Sitting with my shadow we spot a humming bee  
Sitting with my shadow oh what shall we do  
Sitting with my shadow we make a daisy chain or two  
Sitting with my shadow here on this lonely bench  
Sitting with my shadow time well worth spent

Sitting here with my shadow taking in the view  
Sitting here with my shadow we realise we don't have a clue  
Sitting here with my shadow smelling the fresh air  
Sitting here with my shadow without a care  
Sitting here with my shadow shooting the breeze  
Sitting here with my shadow feeling free

Sitting there with my shadow we lost all we knew  
Sitting there with my shadow you took our light we drew  
Sitting there with my shadow I enjoyed the most  
Sitting there with my shadow we made out were ghosts  
Sitting there with my shadow I found a delight  
Sitting there with my shadow is where it feels most right

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# Shutting Myself Of

Amazing is what I use to think  
Before mind starts to over think  
Wanting to sit and watch the waves  
Wanting to stare at ur amazing gaze  
Looking out the window nothing there  
Just lost open space and despair  
Looking around to my delight  
Stupid me your nowhere in sight  
Staying up late cause I can't sleep  
Why I ask myself its cause I'm weak  
Thinking that I was maybe someone  
Just turned out I was completely wrong  
What was that what did I hear?  
Nothing just my heart yet again disappears  
Letting my guard down once again  
Trusting someone wanting to extend  
Was so amazing was so pure  
Now my heads just banging against the door  
Well lesson learnt yet once again  
Good things for me will always end  
Shut of my heart and my head  
Least that way I will never feel decent

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## Sister And Her So Called Love.....

I stood thinking looking around  
When you walked into my life  
Picked me up off the ground  
Your smile your laugh  
Captured me true  
Why did I feel this  
Was this the ultimate truth  
From start it was groovy and kind and caring  
Didn't realise I would have to feel the bitter ending  
Now lost again nowhere to be found  
Why did you make me feel so sad  
Did I not give you all ground  
I said all things try to make you see  
You weren't even listening  
You thought I was just a nagging bee  
Now thinking real hard  
And looking at you  
Why does it feel like now I'm just looking at a tool

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# Some People

People are liar's frauds and fakes  
Taking people`s hearts and scrunching them away  
Toiling with their emotions to suit their needs  
Looking back laughing as they leave

Taking a stand and saying no  
You sit there and tell me I must go  
Laugh and giggle if you dare  
Don't worry I won`t stop and stare

You wanted it and now you're not sure  
Was it something I said maybe I'm a door  
Saying things and not making sense  
Story of my life hitting a fence

Feeling to made ugly wrong and hurt  
Looking at myself wanting to blurt  
Hating myself because I`m not fit  
Failing inside just feel like I`m a blip

Make yourself proud does it  
To take what I had  
Well guess what you  
Now I`m flat lined and sad

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# Spin Me In A Teacup.

Spin me in a tea cup  
Spin me round and round  
Spin me till I lose my memory  
Spin me till I lose my frown

Spin me in a tea cup  
Spin me very fast  
Spin me till I feel dizzy  
Spin me so I forget the past

Spin me in a tea cup  
Spin me till it stops  
Spin me however you want  
Spin me until I drop

Spin me in a teacup  
Spin me like the wind  
Spin me like a tornado  
Spin me till my face only grins

Spin me in a teacup  
Spin me till I know  
Spin me till u tell me  
Spin me that you do love me so

Spin me in a teacup  
Spin me and say  
Spin me and tell me  
Spin me u want to stay

Spin me in a teacup  
Spin me one last time  
Spin me till u realise  
Spin me till you open your eyes

Spin me in a teacup  
Spin me the way you did  
Spin me like you first met me  
Spin me I so wish you would.



Spin me in a teacup  
Spin me and laugh  
Spin me you know you want to  
Spin me and forget your past

Spin me in a teacup  
Spin me and listen well  
Spin me please I beg you  
Spin me my friend once that was in hell

Spin me in a teacup  
Spin me and let yourself go  
Spin me and trust me  
Spin me I won't let you go

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# Standards

Sitting with my senior we look up at the sky  
Why standards seemed to took a dive  
Heavy weight of thoughts unknown  
Trapping and tampering with our outer flow

So many standards so dry as air  
Ones that are fluent ones with care  
Levelling them out to all make sense  
It`s like sitting on top of a prickly fence

What standards do we really need  
The ones that`s full of anger and utter greed  
Do they matter or even count  
Is it not us just thinking utter clout

Sensors are standards to a certain degree  
For once was solemn and all complete  
Like leaves dropping from a lonely tree  
The feeling of high standards is all you see

Comparing yours to others no doubt  
Sterling around with bitter sweet pout  
Standards are taken to another level  
Where we just see them as someone`s devil

Lost all hope and deprived of life  
All because you push your standards aside  
Take it back and raise new bars  
For once you then can heal all scars

You drop your standards as you see fit  
Not to make others happy but to clear wit  
Take the light with the torch  
Open those standards you once ignored

You know it won`t be easy  
Hard times could show  
But if you have certain standards

Don't ever let them go

For you are important and you will shine  
So let the world see what they are denied  
Show them your thoughts and your grace  
For today it is the end of the long lost race

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# Surrounding`s

Beautiful surroundings dazzle my eyes  
A sense of laughter taken by surprise  
Thinking of travel and the big wide world  
Looking for inspiration while you toss and turn

Fulfilment fills the inner you  
Breathing heavy and sighing to  
Feeling subdued lacking a smile  
Thinking of health the once lost life

Such precious gifts to be had  
Tiny little fingers grasping a hand  
Like wandering through the open grass  
Twinkling stars made of glass

Sunlight hitting such gracious glow  
Lifting spirits within an empty soul  
Touching hearts threw thistle times  
Losing sight of all those crooked lines

Such bridges we build with all our might  
To take the weight of our heavy sight  
Borders and scenic views  
Blows away the simplest blue`s

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# Thank You

Thank you for being so endearing  
Thank you for the time you have given  
Thank you for sharing some laughs  
Thank you, you are top class  
Thank you is not a strong enough word  
Thank you just doesn't seem to heard  
Thank you from the bottom of the sea  
Thank you is the only way I see  
Thank you for bringing me to light  
Thank you, you know who you are right  
Thank you for taking that stand  
Thank you for standing out in the crowd  
Thank you for swapping drink for health  
Thank you and for that I'm proud.

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# The Truth Hidden In The Heart

Wanting to walk with you holding your hand  
Staring at my feet not touching the ground  
The emotions I feel lost and hid  
Trying to fool myself trying to kid  
Great friends laughing with such joy  
Speaking effortlessly about any old toil  
That's the kind of friends which is you and me  
No moaning no strings attached  
General chatting you know this and that  
Is it really normal is there not more  
Why do I feel there's a trapped door  
Looking around seeing people smile  
Glaring at them taking everything in their stride  
Jealous sometimes yep that's me  
Why do I do it um because I'm me  
Feeling safe relaxed and calm  
Forgetting everything just somewhere unharmed  
Living the life and having fun  
No one around no one to stun  
Holding out for that certain glance  
Taking a breath to make sure I don't say anything out loud  
Thinking maybe you are pretty sound  
Pinching myself everyday making sure your there  
making sure it don't all fade  
Stopping and thinking dead in my tracks  
About random stuff maybe its tat  
Staring into space searching for a star  
One to wish on with all my heart  
Thinking maybe say goodbye  
Can't do it though feels like I would die

nicky joyce

# Thought Process

Please don't leave me  
I need you in my life  
Someone I trust  
Someone who knows all my sides  
Please don't go don't leave like this  
I wish you would hear me  
Not just this yelling wish

I`m shouting and screaming  
But it`s not being heard  
I don't know why  
My heads being curd  
Wish I knew what was right  
All I seem to see is dull headlight  
I know all my thoughts  
And you know them well  
But sometimes I feel  
It's a curse not a great help

I don't understand why your still there  
When all I`ve done is leave you with despair  
I`ve choose someone else over you  
Was it the right thing to truly do

Sitting and writing after I just had a row  
Not the smartest thing to do just right now  
One moment all`s just fine  
The next I`m feeling I`m hung out to dry

Up and down my emotions they go  
Wishing my thoughts just would unfold  
Trying to clear the pain you caused  
When you decided to slam down that wall

I told you so many times  
Yet your choice was to close your eyes  
I warned you and you didn't listen  
So in the end I turned to distance

So as I try and start again  
The feeling I`m silly comes in to hen  
Silent and scared I feel alone  
Was supposed to have someone to call my own

Now I write this poem with head of thoughts  
Feel like chucking myself at the next door  
Am I right in what I choose  
Was I a fool cause now I just don't know

nicky joyce



# Tidal Waves

Tidal waves we sit and watch  
Thundering sounds clashing thoughts  
Water flows with such depth and grace  
We sit and look with sheer amaze

Currents are crashing and sand is wet  
The feeling we have when we first met  
The emotions in the tide the surrounding sounds  
Was such a pleasant delight to be around

The tiny matter of sheer pasture  
Where depth thoughts try to master  
You look like you're lost in space  
Where you should be happy with my grace

I took your hand and held it close  
You washed it away along with my soul  
We sat and laughed and giggled so much  
Don't understand why I`m left feeling hurt

Tidal waves brush past us now  
With un knowing clarity and doubt  
For what wants once so peace and grace  
It`s now washed out into the outer place

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# To Be Left Untold

I'm sitting here thinking wondering what to say  
I want to tell you how much I feel each and everyday  
I want you to know it all that's left UN said  
But if I do then it's more likely you will run and hide instead  
Always said will tell the truth no matter what  
But if I did I will be left just in a dark spot  
Do I say it and let you know  
Or do I leave it all untold  
Biting my tongue yet want to scream  
Telling you as it is wanting you to see  
I've said it so many times in my head  
I've told you once- twice when you were snoring instead  
Why can't you see it's not my fault?  
I tried I did but fate took its rope  
So instead I will bottle it all  
Not say I love you  
Not say anything at all

nicky joyce

# To Be Life In All

To be broken and fixed and to be healed inside takes a lot of special time  
To be hurt and destroyed to give it your all takes no time to express at all  
To forgive and forget that very awful mess takes some directing to kick it to rest  
To leave and go means letting go then that's the way it will have to roll  
To love and start again is something that tends to follow after heartache  
To learn to live and to get rid of what we all call sorrow  
To start a fresh to start a new is what makes dreams come true  
To say goodbye and then hello to what brings in the new  
To what is unknown.

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# To Say

To say you love someone  
Can seem so hard  
To say you care  
Comes just fine  
To say goodbye  
Seems so daunting  
But say hello is so warming

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# Today

Today i took a deap breath  
Filled my lungs with air  
Today i looked around  
But no one was there  
Today i walked alone  
Looking for a hand  
Today i watched the sun  
Smothering the ground  
Today i wondered what if  
the ground was me  
Today i wondered  
What its like to be a tree  
Today i was thinking  
Of the tears that i shed  
Today i said  
Thats it its now laid to rest

nicky joyce

# Vocal Stand

My voice has carried me for many miles  
Making decisions taking in a stride  
Managing thoughts with empty space  
Listening to all while they say grace

Talking words in your head  
Whilst voicing them you just dread  
Having your thoughts analysed by all  
You shut off from feeling just so you don't stall

In front of many there you stand  
Feeling lost empty you glance all around  
Looking for that one face to see  
Where u block out all the annoying little things

Having your voice and making it heard  
You want to say it and not for it to be blurred  
Heavy breathing and hands start to shake  
Your turn now don't mess it up for goodness sake

Now take that stand and do me proud  
For your words you say, say them loud  
I am right here by your side  
Let them see you shine so bright

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# What Becomes Of You

You sit so quiet looking though silence  
The pondering thoughts of lost clients  
Ones with injuries and such pain  
Some with minor annoying aches

You took them in and fixed with might  
To some peoples dismiss others delight  
Taken the time to think it through  
The laughter you gave them when all was doom

Now you sit and stare with such glare  
No feelings no nothing empty air  
Your lost and lonely nowhere to run  
You need the help now not someone

Turn to floor where you once walked  
Looking for answers but just locked doors  
Screaming and shouting but not out loud  
You dignity you once had is at risk now

So you sit and you suffer  
In silence and alone  
For the help you once gave  
You now face all alone

Fear not I won` t let you sit and stare  
I will be here there and everywhere  
Will guide you through your darkest hour  
Like you helped me in my neediest hour

If I take your hand like you took mine  
Will help you find the once lost shine  
Offer support guidance and strength  
Cause I` m here for you each and every day

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# What If! ! ! ! ! !

What if I broke you like you broke me?  
What if I fixed you but you didn't me  
What if I hurt you like you did me?  
What if I tried but you didn't see  
What if I shouted and screamed loud  
What if is all I'm hearing now?  
What if this and what if that  
What if I went and never came back  
What if I told you till I was blue?  
What if you choose to see right threw?  
What if I said stop and pay attention  
What if you decided not to listen?  
What if what if what if no more  
I'm broke I'm crying I'm done can't take no more.

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# Your Life, My Life, Our Life, New Life

I am so lucky come look at me  
See what I have see what I've achieved  
Come listen for a while and listen real good  
Will tell you how it started but the start was not good

Once upon a time a long while ago  
There once lived a very scared little girl  
Bubbly and bright filled with delight  
Taken from her pure innocent light  
But she grew up and grew very strong  
Took on the world and all that belong

Then came a guy who cut her in two  
Beaten her silly till she was black and blue  
She overcome this and learned to move on  
Even though something precious was taken along

The next chapter started and something new  
Along come those precious darling little dewes  
Everything rosy everything tickty boo  
But she changed to suit the needs of you  
She lost herself and all that she knew  
For people being happy is what she thought she was to do  
She denied herself the light and the truth

She was happy and content  
But it all became about being you  
She fought and she fought hard  
She mingled threw painted on her smile  
The sadness came and rowing to  
This she never wanted for her darling little dewes

Fighting back and getting herself strong  
Learning to live with whatever was to become  
She gave it her all she tried all she could  
But finally gave the will to fight

Now it's new and time to get on  
She's now got friends who helped her grow back being strong

Gave her confidence with grace and a smile  
Told her what she needed to go that extra mile  
Now she's studying and growing strong each day  
Her darling little deus with beaming glaze  
They see her smile they see her laugh  
Because now she's on the right path

So it's not all sad it's a learning curve  
Be yourself and never controlled  
Not by yourself not by your love  
Be happy be smiley be who you want to be  
Cause will tell you something now  
I'm finally back being me

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