

Poetry Series

# **Rachel Hubbard**

## **- poems -**

**Publication Date:**  
2012

**Publisher:**  
Poemhunter.com - The World's Poetry Archive

## Rachel Hubbard(may 12 1988)

i am 23 years old my name is Rachel Irene hubbard i lived a painful life made many mistakes and have been thru things no one would ever want to experience i have changed my thinking my ways my life!

# A Dream Come True

I have always dreamed of the day I'd fall in love  
praying for God to send me that special someone from up above.  
One to love me keep me happy and fulfill the broken emptiness I call my heart!  
I thought it was hopeless just a fairytale but then he came into my life I knew I  
loved him from the start!  
Without a doubt he is real our love is like a dream come true!  
My heart melted when he said 'I love you'  
I'm finally happy life's no longer so crappy!  
I can finally smile  
I haven't felt even close to this in quite a while!  
He makes me feel like a queen like nothing can break my joy and I love it this  
love this life this dream come true!

Rachel Hubbard

# A New Beginning

I've taken in so much pain cried so many tears hurt so many people in my past my hearts been ripped to shreds numerous times. And numerous times I've picked up the pieces and tried to start over but, repeatedly I fell back into the same hopeless paths same uncaring friends. Given all my love just to be left empty dry and with nothing but tears to cry. now it's time for a change no more tears no more games no more wasting time or going back to those dark and empty pain filled paths. This is my new beginning my second chance I will never forget the pain but will not let it hold me back this is my fresh start my new beginning!

Rachel Hubbard

# All I Have Ever Wanted

All I've ever wanted is someone to hold me love me care for me someone to share my life with. To wake up with every morning in their arms to hear them tell me i'm beautiful and that they love me. My heart has always had so much love to give yet no one to give it to. That would return the love I give. though physically I was not alone my soul and heart were empty no emotion. I dream of the day when I have someone to share my love with that will return it someones soft lips to kiss mine as they tell me they love me and are mine forever. I pray for that day I know from the depths of my soul that day will son come. The day when my prayers are answered and my true love walks into my life for ever.

Rachel Hubbard

# Another Day In Paradise

Each day I wake up reminded of my mistakes, my failures, my regrets, and my past.

How long will this last?

Reminded each day this is my life I've nearly wasted,

So many times I've faced death so closely tasted.

And for so long I've never cared

Deep inside though I never showed it I've always been somewhat scared.

My carelessness has got me here where I am

Imprisoned with no plan.

I am reminded each day now of the years I've wasted on drugs,

failed attempts at love,

trying so hard to find someone to blame

living a life of shame,

guilt, and anger

a life of danger.

So much sorrow

never knowing if I'd live to see tomorrow.

I have to take control and responsibility

and no I have the ability

To turn my life into another direction a brighter path

and take the rath

But filled with so many emotions, feelings, and thoughts I realize

It's just another day in paradise!

Rachel Hubbard

# Broken Record

Lifes been up and down been to hell and back everythings fell apart I have picked up the pieces of my broken life and shattered heart and repeatedly tried to put them back in place yet everytime it feels as though its a broken record torn n stepped on like its nothing like I dont matter when things seem to be going good they fall when will this broken record I call life end?

Rachel Hubbard

## Fear? ?

This feeling of wanting to run away when things start to go my way what is it? I am not used to respect, care, love, smiling, or happiness so I try to run from it is it fear of falling? in love? falling into a trap? I am so used to negative people, attitudes, and situations. This whole being happy, smiling, and joy thing I must say is a little bit creepy! What is this? What am I to do? Run? Stay? Hide? I just don't know it feels so good yet all too familiar like I've seen it before like I've been here before. I become happy things seem well then out of the blue I am left once again broken life, broken heart, shattered emotions wishing I was never born. Is this worth taking a chance? What is this deep feeling I feel? Is it fear? ?

Rachel Hubbard



# I Am Not Who I Used To Be

The person I used to be was cruel and careless immature and hopeless. My eyes are open wide now I am a new person inside filled with care and hope I believe in myself no matter what anyone says I have changed and am not who I used to be. The person I used to be was a person whose life revolved around drugs today unless absolutely needed unbearable pain I won't even take an asprin I'm a new person I have control for first time in my life I am strong last time I got high was 8-4-12 over 30 days ago I'm proud and did it for me no one else only person I must impress or care abouts opinion is me and God I am nor will I EVER BE WHO I USED TO BE! ! !

Rachel Hubbard

# My Mistakes

The pain, hurt, and tears I've caused I can never take back I was broken lost and empty. As if I had no soul! I look back now at all my mistakes with disgust tears and shame the things I've done in life were cruel, dishonest, undeserved, and stupid. I was careless felt so free no pain no memories no feelings at all how could someone do the things I did without even a conscience or care I failed the only people who truly cared And now I sit here filled with the pain I've caused the memories the deceit broken hearts and failures of my all a result of my addiction I look back on it and the horrible things I let it do to myself, my life, and others each day in doing so I know I CAN'T & Won't let myself make those mistakes EVER AGAIN!

Rachel Hubbard

# Speechless? In Prison May 2011- March 2012

I sit here still having mixed emotions. Feelings of fear, hope, hatred, and joy. My heart so filled with sorrow, emptiness, and darkness. Wondering why I have so much fear, worry, and curiosity? It seems as though I am growing weak emotionally. So sensitive I am supposed to grow stronger aren't I?

Yet I feel like my emotions are controlling me I am so affected by little words from little people that mean nothing to hurt by stupid emotions that should not even exist. So worried about tomorrow I lose my focus on today when will the torment not exist? when will I be able to wear a sincere smile on my face? proudly? When will I let my mind stop forcing me to be down? Why do I feel as if I am falling apart? I am trying so hard Yet feel like such a failure and a disappointment to myself. Am I trying too hard? My mind racing at 100mph my thoughts running into each other confused as of whether I should be scared or disappointed. my mind is so disfunctional right now I am not even sure what I am thinking about right now. Well feeling I should say! It feels negative though. I am not supposed to feel the things I do at age 23. I have let my emotions take control of my mind I feel trapped in a prison of myself. Trying to fight my way out. I want these feelings to fade away now that I am drug free and am not nor can be dependent on drugs to numb my pain I am forced to sit here doing my best to get through each day to hide the pain, without going insane. I have cried so many tears my eyes are dried. I no longer that crying does any justice. I don't want any one to know I am in pain. I wish I could find away to change my thoughts, emotions, and be 'normal' go through each day without worry, disappointment, and fear. Be truly proud of myself see myself as the world does. Live a life with faith, hope, and be a strong able-bodied woman. I have so much to offer this world it is as if I am so scared of failure that I hold back and don't even try or try too hard, too fast! I am tired of these feelings and guilt! I want the strength and motivation to be who I am supposed to be. I want controll of my life! Instead of my emotions controlling my every thought I want to be freed from this prison within. I want to let go of the pain, no more sorrow no more hiding, and no more fear! And I know ONE DAY THAT DAY WILL COME! Untill then I'll live my life day by day knowing these feelings are something my addiction numbed and hid for so long and now in recovery I'm happy to feel them drug free

Rachel Hubbard

# The Mirror

I took a look into the mirror today and I saw the real me. I saw happiness, I saw potential, I saw pain, I saw peace, freedom, and love. I saw that I can do anything I put my mind to, I saw my hard work, my dreams, my wishes, and my past. All the pain I've experienced I've dosed out at least twice as much In my addiction as I've consumed! I've had my heart broken and broke twice as many. I've been physically, emotionally, and mentally hurt. And have physically, emotionally, and mentally abused twice as many people. In my addiction I saw all the love and support my family has for me, how much I love and need them. I have been looking through a glass window because of my addiction for so long I didn't even bother to look into the mirror right in front of me. Never took the time to see inside myself the real me. Now I have looked into the mirror of my soul and am satisfied with what I never knew was there. An amazing human being I now see all that I am is more than I ever imagined. I have peace, love, joy, freedom and a second chance to be me! Addiction free!

Rachel Hubbard

# The Past

I have dwelt on the past for far too long I have let it become my presence and my future not letting go of my memories that hold me drugs and addiction to hide the pain, the trauma, and the memories of my past Until now! I am learning from my past mistakes and moving forward not letting it hold me back my past is my past for a reason it is time to live one day at a time and let go, face my fears my, my pain, my sorrow and myself I have let go and I will fight my addiction, Face my past, and learn and grow stronger each day never giving up! One day at a time!

Rachel Hubbard

# This Life

This life I've lived has been tough living in fear for so many years!  
No matter how hard I have tried I cannot seem to hide my tears. I often wish  
this pain this emotion and feeling would just disappear. It's like a curse that I can  
never forget. My past seems to follow me where ever I go. For so long i tried to  
run tried to let go and move on. It took 10 years before I finally realized the  
truth I am not cursed I have to stop running from fear that only exists in my  
mind fear thats not even there only when I choose to let it be is it real this life is  
mine I must be in control of my heart, my thoughts, my words, my choices and  
my life!

Rachel Hubbard

# Trapped Inside My Own Mind! ! !

I want so deeply to just speak my mind or speak my heart I should say.  
It feels as though every time I try I choke or am scared but holding it in brings  
more pain each day.  
The words are so clear in my mind  
but when ever I try to speak them it's as if I become blind.  
Speechless I know I'd feel so much better if I just got the words out.  
But instead I sit here everyday feeling trapped filled with doubt.  
I feel so lost, empty and, incomplete.  
All I can think about is how I feel in his arms, looking into his eyes, kissing his  
lips, how he makes me smile when I am sad, laugh when I want to cry, calm  
when I am angry, found when I feel lost and, complete when I feel incomplete.  
And I want so badly just to tell him exactly how I feel  
But when I try I'm at a loss for words my lips become completely sealed!  
It kills me inside too keep my true feelings inside  
I feel like a scared child trying to hide.  
I can't find the strength to say the words and I don't quite understand why?  
It's driving me crazy to the point I want to cry!  
I'm not used to feeling so shy  
Or not being able to say whats on my mind.  
But for some reason when it comes to him no matter how hard I try  
I just can't and I have no clue why?  
Will I ever have the strength to tell him how I feel?  
Or will I just let it go hoping and praying this emptiness will heal?  
I can't just let this go and let these feelings be trapped in my mind forever.  
I need to get these feelings out before I lose him It's now or never! ! !

Rachel Hubbard

# True Happiness

I have tried so hard so many times  
to find,  
A man to treat me right  
A man who will hold me close so tight  
A man whose kiss makes my body tremble and heart skip a beat  
Who brings out the best in me  
A man who tells me im beautiful and deserve the best  
A man who isnt just out to take my body heart and mind for a test  
Someone who can make me smile when im down  
make me laugh and act like a clown  
not scared to love  
or to be loved  
Willing to give their heart to me in exchange for mine  
someone who makes my life complete and wants to be a part of my life!  
And I have finally found the one for me  
He makes me feel complete  
His touch is soft and smooth  
kiss is sweet and tender words are kind and true!  
He believes in me and motivates me to make it through  
Theres something about his look his personality that pulled me in  
and let him get close to my heart  
I felt something from the start  
And now I continue to for the first time in life feel True Happiness

Rachel Hubbard



# True Love

True love is hard to come by. Finding someone that truly loves you for you and is willing to be by your side through thick and thin easy and hard times some one to cherish and to cherish you for the rest of your life is one in a million many times people make the mistake of thinking they've found their soul mate the one person who would go to the edge of the earth for them only to find out down the road they were never meant to be it was never love just a mind game. I myself have repeatedly fallin for that many times so when it comes to true love be sure it's real. and when u find your true soulmate hold on to them and never let go!

Rachel Hubbard

# Why?

My mind crammed so full of emotion  
yet I cannot express my feelings, like I have no motivation  
But my heart sits here trying so hard to put into words whats on my mind,  
but when it comes to putting my thoughts into words I feel so blind,  
These feelings feel so real  
but yet when I try to express them I am overcame with fear!  
I know in my heart and mind what I want to say,  
But this fear controls my lips each day!  
And restrains my words, leaving me to try and run, ignore, and hide from the  
truth, the reality  
Inside I know it though no one else sees it as clear as I do I know in my mind  
and heart it's what would make me complete!  
I am so clueless as of how to approach my biggest fear,  
which I've came to the conclusion that my biggest fear is.....  
ME! ! ! I was hurt, abandoned, disappointed by someone I thought I trusted,  
thought loved me, my own flesh in blood  
And for so many years I've blamed my mom, myself, and everyone that cared  
but all along it was my weakness, my fear always trying to take the easy way out  
run, hide, ignore it I am scared so scared to love I hide it I run from it it just  
seems soeasy but in the end I honestly cannot stop or make my feelings,  
emotions, or love disappear its not that easy.  
I'am so ashamed to tell ANYONE how I truly feel because of so many different  
types of fear that I dont think any one could understand but I can't run any more  
I have to figure this out I have to come to reality figure out whats real and whats  
not dispose of the negative and face my fear which  
is.....  
LOVE, HAPPINESS, EMOTION, AND TRUST  
and i cannot do it alone I know what I have to do no matter how much it  
hurts.....  
LOVE,

Rachel Hubbard