

Poetry Series

Rene' Bennett
- poems -

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Rene' Bennett()

Well, as I read other poets work, I notice everyone has a profile, so, I guess I should let you all know alittle about me as well. I have been writing for many years. I wrote my 1st poem at age 12. I always write what's in my heart and how I am feeling at the time. Most all my poems are my lifes experience at one time or another. Mostly dark and depressing. My husband, grandma and Mother all 3 died at the same time a few years back and I still write to them daily. I am looking forward to getting to know alot of the poets here as well as read their work and get to know them as well.

A Love As No Other

As I look at your name
Please say it's not true
Chiseled in stone
Shiny and new.

This can't be happening
It must be a dream
I've been asleep now
Forever it seems.

It's not right
And life's not fair
I call for you
Though you're not there.

As you told me
I tried not to cry
But there's a hole in my heart
Filled with questions of why.

I cry day and night
Missing you
And for all the things
We still wanted to do.

My soul will scream
The rest of my life
With pain so deep
It cuts like a knife.

I try to move on
But I'm so lost without you
You were my strength
In all I would do.

My eternal love
Is as no other
A special bond shared
From daughter to mother.

Rene' Bennett

A Perfect Day To Die

As tears are rolling down my face
this life I know, a disgrace
and as again I start to cry
this is a perfect day to die.

As I look across my yard
knowing life is so ever hard
wondering how it got to be
this dying soul I call me.

And as I look up to the sky
this is a perfect day to die.

The trees tell stories of my yesteryear's
of love and life and all my fears
and silence is the only sound
as darkness lingers all around.

Silently I break down to cry
this is a perfect day to die.

Rene' Bennett

A River Runs Wild

The wind is gently calling my name
blowing softly, whispering in vain.
The sun is hiding casting my shadow
I see it today, will I see it tomorrow?

The clouds have stopped moving across the sky
rain keeps falling and I don't know why.
The moon it travels from here to there
forever fading, going nowhere.

Sadness flows freely as rivers of rain
yet, as a new day begins, I'll again hide my pain.
I never knew such loneliness could be
so deep in my soul. A river in me

Rene' Bennett

And Then There Was None

Vicious battle
never won
jokes to others
pain for some.

Ferocious tongues
as daggers slay
cut your throat
as they play.

Slice and dice
skin so deep
eternal scars
to always keep.

They say love
through unclaimed hate
perhaps it's just
destined fate.

Can't let go
though I try
endless time
passes by.

Need to cry
tears won't come
try to shed them
one by one.

Searching for
that inner place
feel the blood
warmth with embrace.

Run away
run real fast
no more pain
of the past.

Rene' Bennett

Deadly Addiction

God, I am asking
what's wrong with me?
I have a problem
as you can see.
It's been my reality
time and again
fighting this battle
I never win.
I can't change the past
it always will be
and this addiction I have
is hell to me.
I try to be good
but it don't last to long
the cravings I feel
dominate strong.
Shadowed by darkness
no one else sees
they don't understand
these ties holding me.
Is it worth living
this torturous pain?
Got nothing to lose
got nothing to gain.
My body is aching
my soul needs a rest
my mind is screaming
to get out of this mess.
There's no where to run to
and no place to hide
this pain is all mine
til the day that I die.
So, please take me now
for I'm ready to go
release these chains
I can no longer hold.
My serenity lies
under a concrete stone
lay me in peace

as I travel home.

Rene' Bennett

Death

Waiting for Death
But He never comes
Though I know
He's visiting someone.

He once knocked on my door
But I wasn't home
Yet, when He left
He wasn't alone.

Instead He visited
My lover, my friend
Then He tried
To visit again.

But again I was gone
So, He went next door
And visited grandma
Then came back once more.

Rearing His head
With anger and hate
Missing me again
But again sealed my fate.

For it was Mom
Who answered the door
So, He took her
To even the score.

So, now here I sit
And wait for that knock
The one I've heard
But never got.

I know He's out there
Visiting someone
And I am still waiting
To be the next one.

Rene' Bennett

Forever And A Day

I woke up this morning
thinking of you
reached for your warmth
as I always would do.
Your side of the bed
was empty with fold
pillows in place
untouched and cold.
I did not smell coffee
the news was not on
things seem so different
since you are gone.
Your sweet smelling scent
is fading away
so, I cling to your memory
in every possible way.
Motivating myself
is a struggle to do
hard to see sunshine
when feeling so blue.
They say it gets better
as time goes by
to look for the good
at least give it a try.
Something happened
at work today
I started to call you
right away.
Sadly remembering
I hung up the phone
you were not there
God took you home.
My heart is hurting
my soul cries with pain
I've got nothing to lose
nothing to gain.
Time is one asset
I have plenty to spare
holding on tight

going no where.
I'm looking for good
as I have been told
reaching for warmth
yet, shiver with cold.
Darling, I miss you
in every way
and still loving you
'Forever and a Day.'

Rene' Bennett

Forget Me Not

I cried a tear
or two today
while I packed
your things away.
I carefully placed
each piece in a box
as not to break
forget me not.
Pictures we took
memories we made
side by side
together they laid.
I stood there
for a minute or two
gently whispered
'I love you.'
Then I placed the lid
on the box
as I promised
to forget you not.

Rene' Bennett

Gift In The Wind

I think about you often
and wonder what you see,
thoughts tucked deeply hidden
remain a mystery.

Looking out the window
gazing at the rain
searching for a rainbow
doesn't ease the pain.

Smiles are seldom welcome
no time for silly play,
why put off tomorrow
what can be done today?

Tell me, have you ever
really smelled the air,
reached down and picked a flower
just because it's there?

Have you ever chased a thunderstorm
or made angels in the snow,
quietly sat by a fire
at peace with flames a glow?

Sadness dances in your eyes
with eternal grace
worries of tomorrow
form early lines upon your face.

I do not understand you
nor do I wish to try
yet, you only live life once
and you're letting it pass you by.

I have a special wish for you
I'll send it blowing in the wind,
so when you feel a breeze
it's a gift to you my friend.

Rene' Bennett

I Saw You Smile

I saw you smile the other day
Which took my breath from me
Memories of yesterday
And how things used to be.

Laughter in the moonlight
Giggles in the wind
Time we took for granted
Can never be again.

Kisses in the morning
At the break of day
As raindrops softly glistened
Apex of the sun's way.

Shadows in the darkness
Dancing in the skies
Holding hands together
Sparkles in our eyes.

Moments of gentle touching
Etched deep with in my mind
Will stay with me forever
Until the end of time.

Yes, I saw you smile the other day
And I had to catch my breath
For I still love you baby
Even after death.

Rene' Bennett

If I Had Known

I often think of yesteryear's
yet, reality confirms my fears.
If I had only known it was our last day
I would have asked you to please stay.
By your side I would have been
sharing memories of days when.
We would share some laughs and shed some tears
counting blessing for our years.
Gentle touches, hearts which beat
precious moments our souls to keep.
Your look, your smell, your sweet taste
not one 'I love you' would we waste.
I'd hold you close, as close could be
with your warmth embracing me.
If I had only known it was our last day
I would have asked to you please stay.
Yes, I often think of yesteryear's
yet, reality confirms my fears

Rene' Bennett

In The Midst Of The Night

I woke last night and cried for you
My sobs were echoed with silence.
A tear rolled from my eye
Taking my breath
As my vision darted around the room.
There was no one to hold me
So, I held myself
Rocking in the surrounding darkness.
These walls that hold my emotions
Are stained a dingy grey,
No longer the bright white they once were.
The dampness on my cheek was a reminder
That reality is not a dream.
I cuddled my pillow deep to my chest
And laid in the fetal position.
Still rocking, I closed my eyes
And wept myself back to sleep.

Rene' Bennett

Just Shit

My pen once again spill words
On an empty page
Lavishly exposing emotion
From the depths of my belly
Deep in my veins
An explosion of thoughts rush to
Escape me
Hurry my fingers
Keep up with the brain
Stop this fountain of madness
From closing
Don't read what you write
Don't write what you read
It will flow as intended to be
And when my pen stops
The tablet shall close
As a sigh of relief engulfs me
Ah, sleep surely will find peace
Tonight
For the bowels of the beast
Have been emptied

Rene' Bennett

Life's Romance

Am I destined to this fate?
I only hope it's not to late.
I gave away my heart to fast
emotions bloom yet, never last.
I tell myself I must let go
memories past I can't control.
For some, it may not seem a lot
but moving on is all I've got.
Looking back at history
nothing's left behind for me.
Destiny is owned by none
yet, through luck, controlled by some.
Tomorrow is another day
some will go, some will stay.
For the ones left behind
I hope we meet again sometime.
And if by chance we don't meet
as our journey life's complete,
do not fret should I stay
for darkness follows everyday.
Above the stars, across the moon
time for some ends to soon.
So, dance with life in sweet romance
for this may be your only chance.

Rene' Bennett

Love Addiction

How can I love
yet, hate you so
want you to stay
but wish you would go.

Why does my heart
panic with fear
afraid you'll be gone
when I need you here.

My soul cries
deep for you
as you abuse me
and I beg you to.

You're by my side
through thick and thin
pretending to be
my best friend.

Yet, all the while
we both know
complete control
is your goal.

These binding chains
will they break
and how much strength
will it take?

How do I get passed
the lonely nights
days I shake
with all my might?

This yearning feeling
which lives in me
won't let go
and set me free.

Yes, you own me
mind and heart
my soul mate
til death do part.

Rene' Bennett

Mask Of Happiness

People say I'm doing well
I thank them but never tell
How i really feel inside
That would only hurt my pride

I wear this mask of happiness
So no one sees my loneliness
Burning deep inside my heart
Daily tearing me apart

Depression rears its ugly head
With confusion which I dread
At living yet another day
Trying to chase my fears away

Yes, I wear this mask of happiness
So no one see my loneliness
Causing tears to sting my eyes
Yet, no one ever sees me cry

Disappointment is a part of me
With out it, where would I be?
Sadness, anguish along with sorrow
Will be with me still tomorrow

So, I wear this mask of happiness
So no one sees my loneliness
Feelings no one ever sees
Belongs to no one else but me

Rene' Bennett

Memories And Smiles

I thought about the past today
visions of yesterday.
It brought a tear to my eye
but today I did not cry.

Instead I smiled at the thought
of memories I have not forgot.
The way you used to tickle me
as you would tease me playfully.

How the laughter in your eyes would dance
yet, sparkle with sincere romance.
Your gentle touch and loving ways
how the sun would shine on rainy days.

I closed my eyes and saw you there
smelled your sweetness in the air.
I felt your arms embrace me tight
and I knew that it would be alright.

For anytime when I need you
now I know just what to do.
I'll close my eyes for awhile
and remember you with a smile.

Rene' Bennett

Memories In A Locket

You didn't think I saw you
wishing on a star
looking to the heavens
drifting from afar.

Hands around a locket
held close to your chest.
Time lost with the moment
for you were truly blessed.

Moonlight on the water
reflections from the sky.
Stars that twinkle brightly
as the clouds drift by.

Gentle breezes in the air
your hair danced with the wind.
You looked down at the locket
then looked back up again.

I watched you slowly close your eyes
and say a little prayer.
Suddenly you were gone
and I was standing there.

Hands around a locket
held close to my chest.
Memories of a lifetime
yes, I'm the one who's blessed.

Rene' Bennett

Moments Briefly

I shed a tear for you today
Whispers in the wind
It seems like only yesterday
And I'm missing you again

I thought I felt your presence
I smelled you in the air
Shadows in the moonlight
Confirmed that you were there

I closed my eyes and saw you
A tear fell from my eye
Ripples on a brook
And I began to cry

I knew this moment would soon end
As they always seem to do
But, every now and then
I feel so overwhelmed by you

Rene' Bennett

Mother

Mother, I miss you. I still call your name.
Since you've been gone, I'm not the same.

Mother, I need you here with me
or me with you which has to be.

Mother, this pain goes so deep
I cry day and night and scream in my sleep.

Mother, please make it go away
Make it stop. Somehow, someday.

Mother, I'm sorry I cried a tear
yearning you, wish you were here.

Mother, come take my hand
guide me to that promise land.

Mother, yes, I long to be
asleep with you, eternally.

Rene' Bennett

Mourning Land

On a hot summer night deep in a dream
a cricket outside softly sings.
A breeze it blows so cool and soft
as I cuddle my pillow lost in thought.
In my memories I see you there
yet, you're so far away it seems unfair.
Picturing your face and your beautiful smile
I lie in my bed and think for awhile.
Your sweet smelling scent clings to me
as I breathe in deep your memory.
My soul aches and wants you here
excuse me while I cry my dear.
Gently walking through Mourning Land
I reach for you to take my hand.
Suddenly I hear the crickets song
so I open my eyes but sadly you are gone.

Rene' Bennett

October Rain

I remember the tears
with yesterdays pain
that dreadful year
of October rain.

Darkened skies
with clouds of gray
gloom which followed
everyday.

Hidden in shadows
fate lurked at me
a game of life
which took three.

With each breeze
of passing wind
fate just laughed
at me again.

Cold wet rain
stained my face
salty tears
I could taste.

As I looked
up to the sky
I could not help
but wonder why.

My soul screamed
with terror and pain
that dreadful year
of October rain.

Rene' Bennett

Reality

Walking in shadows
fate follows me
I often wonder
how this got to be.

My soul has stopped screaming
my heart does not feel
rotating seasons
never seem real.

Dreams of a life time
tears in the sky
Confusion engulfs me
but I still can not cry.

Visions of sorrow
eclipse in the rain
alone with my thought
yet, numb to the pain.

Yesterday is a memory
and tomorrow is near
come the next day
I'll still be right here.

No footprints to follow
no escaping this time
the reality which echo's
deep in my mind

Rene' Bennett

Reflections

Hello stranger,
I see you
staring back at me
I often glance at your shadow
lately more frequently.

Please tell me where you are going
or of memories where you have been
tell me do you wonder
if this pain will ever end.

I picked a rose
as I walked through a garden
if it was yours
I beg your pardon.

Mirror, mirror
on the table
release my soul
if you are able.

In the depths of reflection
hypnotized by what I see
this hollow image
a portrait of me.

Rene' Bennett

Release Me

It's time for me to let go
of this pain I've come to know.
Little did I see to late
I was destined to this fate.
Falling tears of memories past
Just how long must sorrow last?
A broken heart is meant to heal
and once again start to feel.

Grieving soul, troubled mind
I've served my sentence, done my time.
Darkened skies, clouds of grey
make this hurt go away.
Step by step, one by one
I'll climb this ladder rung by rung.
Yes, I; m ready to begin
to love, to live, to breathe again.

Rene' Bennett

Resentment

I
never knew
such greed exist.
That evil
could dwell so deep
in ones soul
and hate could
own so much
control.

I
looked in your
eyes with hopes
of compassion
only to see
a cold gaze staring
at me.

Tender
words fell upon
deaf ears
and pleas were
never heard.
Crystal
raindrops froze
with bitterness.

Obscenities
struck as lightening
in the sky
and selfishness
echoed in the air.
Raindrops
no longer stain
my face
for the well has
run dry.

Pain
turned to anger
and anger
has become silent.
Favors of delight
have become
chores of
resentment.

How I have grown to despise you!

Feelings
once soft to
the touch
have become
forbidden
with harsh intensity.
And caring for
you is a thing of
the past.

Smiles
robbed from me are
no longer there
to take, as
Shivers are felt
with the slightest
touch, and
numbness is welcome
with open arms.

I
leave the room
and breath
in deep the sweetest
of fresh air.
I wonder how
one can live with
such misery in
their heart
when
life is so short.

I close the door behind me

Rene' Bennett

Side By Side

Brisk of a moment, flash of a thought
memories past, none forgot.
Gentle visions fresher than air
for in my dreams you live there.
I see you smile, I hear your laugh
your sweet smell shall always last.
I feel your touch as before
holding me forever more.
Side by side as meant to be
your hand in mine, guiding me.
Inner peace where it belongs
in my visions beating strong.
Silent tears from the soul
hidden deep so they won't flow.
Reality wants control of you
my thoughts, my dreams, my visions too.
Yet, tightly closed my eyes shall stay
for you must never fade away.
And if sometimes I must glance
at life's hope of second chance,
my dreams will never fade away
so by my side you will stay.
As was meant, you'll always be
hand in hand, guiding me.

Rene' Bennett

The Gift

He came to me
Was here last night
Held my hand
Swore it would be all right.

With soft spoken words
And deep trust in his eyes
He spoke of a place
Where serenity lies.

Promising to help
Guide the way
Said he'd be back
for a visit today.

I finally spoke up
For I desired it bad
My soul was aching
For this peace he had.

With such a beautiful gift
I asked why to me he came
He replied, ' I am your angel
And Death is my name.'

Rene' Bennett

The Mask I Wear

Sadness overwhelms me
deep
as at night
alone
I weep.
You cannot see
my pain inside
yet,
you never even tried.
I know what
you wish to see
as you say
you're proud of me.
This gentle smile
on my face
belongs to me
with all her grace.
It took sometime
to place her there
so, daily she is
what I wear.
Just for you
she'll smile away
hoping she will
make your day
as you pretend
it's all real
never knowing
how I feel.
And when you go
to sleep at night
assure yourself
I am all right.
Your security blanket
hides so well
that I'm still
living
in this
hell.

Rene' Bennett

The Mountian-N-Me

I shouted from a mountian
as loud as I could scream
listened for an echoe
yet, didn't hear a thing.
Words spew fast and rapid
as tears rolled down my face
secrets from the heart
flowed without disgrace.
I knew what I was saying
though my voice I could not hear
silent whispers spoken
yet, heard so very clear.
I cried and cried, hollered
and screamed
for hours and hours and days
it seemed.
The sky grew dark, unusually
odd
so I shook my fist and cursed
at God.
Throw me from the highest
let me fall way down below
reality, you cruel mean bitch,
why can't you let it go?
I fell to my knees
for I could take no more
rage suddenly hit me
as never before.
High on that mountian
I looked to the sky,
my body was shaking
my soul started to cry.
Searching for answers
is never easy to do
one thing I've learned
it all starts within you.
As I trudged down that hill
I let out a sigh
for I finally found peace,

on that mountian high.

Rene' Bennett

The Real Me

I'm afraid
scared inside
yet, my feelings
I will hide.
Worried thoughts
tears I hold
inner pain
left untold.
Panic grips
my heart tight
as I weep
alone at night.
How I got here
I don't know
yet, my fears
will never show.
Those who read
the words I write
share the secrets
of my fright.
Face to face
you'll never see
the real person
trapped in me.

Rene' Bennett

This Brick Wall

One by one through the years
a wall was built with pain and fears.
Brick by brick it was laid
on solid ground where it stayed.
I tried to listen as you spoke to me
words of wisdom and prophecy.
Yet, I could not hear through the wall
built with strength as not to fall.
Then one day from the sky
I thought I heard an angel cry.
Weeping softly teardrops fell
gathered from life's wishing well.
Two more angels joined her side
and hand in hand all three cried.
Thunder bellowed, rain did fall
tearing down my sturdy wall.
Yet, through the fog I found my way
so brick by brick I build today.

Rene' Bennett

Time Came To Quick

You are gone
And I miss you
Little things
You used to do
My heart aches
With every beat
Often feeling
Incomplete
I knew someday
You would leave
Yet, so hard
Now to believe
My little boy
Now a man
Has moved across
The countries land
The move I know
Was best for you
To help you grow
In all you do
But I can't help
The way I feel
And missing you
Is very real

Rene' Bennett

Trapped

Feeling trapped within these walls
as I stumble with each fall.
I try to hold my head up high
so no-one ever sees me cry.
But in my mind I scream with fear
painting pictures very clear.
Please tell me this will go away
for it can't always be this way.
I often wonder if it's me
it seems that no-one else can see,
pain which dwells deep in my soul
holding tight, not letting go.
Yet, these scars which I wear
tell a story I now bare.
Scars I know can never heal
reminding me this is real.
Tomorrow is another day
and as I stumble on my way
these voices screaming in my head
are silent whispers now instead.

Rene' Bennett

Voices

What was that
What is it you said
Who are these voices
I hear in my head?

They tell me to run
They tell me to hide
They say they're my demons
Living inside

Feeling anxious
By the door I stand
It seems that no one
Understands

Sometimes I need
To be alone
Can't even talk
On the telephone

Panic, fear
Paranoid
Conversations
I can't avoid

I've been down
For so long
I can't get back
To where I belong

I walk, I talk
And I breathe
Cut me deep
And I will bleed

Yet, these voices
In my head
They tell me
I am dead.

Rene' Bennett

Watching Time

Watch the clock
Time is slow
Once again
Here we go.
Where's the pain
Deep inside
Self esteem
Foolish pride?
Tears won't come
Though I try
Eyes that burn
Cannot cry.
Pounding heart
Skipped a beat
Losing Faith
Life's complete.
Stayed up late
Heard your cries
Shared a hug
Said goodbyes.
Walked a mile
Lost in thought
Eternal memories
None forgot.
Missing you
Again today
Wishing you
Could have stayed.
Looking back
I am glad
And thankful for
The time we had.

Rene' Bennett

Whispers

Words echoed like a rolling brook
Upon deaf ears of the stranger
He thought he heard his name in the wind
Though he stood in solace under the midnight clouds
Star's over head laughed in silence
Teasing his senses as the breeze still whispered his name
And his shadow stood still

Rene' Bennett

With Me

I thought I heard you call my name
whispering in the wind
and as I turned to walk away
I heard you call again.

A gentle breeze blew my way
I smelled you in the air
and though I reached out for you
I stood in solitaire.

The sun beat down upon me
with warmth from up above
I really miss you baby
and still give you all my love.

I looked around to find you
your face I did not see
yet, somehow I knew
you were there with me.

Rene' Bennett

Would Someone Please

Pain has become a friend of mine
for she visits all the time.
By my side she does stay
though I wish she'd go away.
She does not know her welcomes gone
that I never liked her all along.
And her foolish pride won't let her go
Would someone tell her? She needs to know.

Yes, pain stays with me everyday
while I let her guide the way.
Leading deeper into hell
for I am weakened by her spell.
She clings to me with all her might
holding on forever tight.
She is no longer welcome here
she needs to leave with her friend, fear.
I think it's time for her to go
would someone please let her know?

Rene' Bennett

You Are Not Him

I know it is wrong it can't be right
as you hold me into the night.
It is him on my mind, him which I see
the warmth of your body is him touching me.
As I look in your eyes darkened with gray
your cold beating heart has made me this way.
Life is not changing so it must be me
rotating seasons I just can't see.
Show me a smile, I'll show you a tear
tell me of laughter, I'll tell you of fear.
Standing in shadows alone in the night
hiding in corners away from the light.
Looking at you, looking at me
no, you are not him and never will be.

Rene' Bennett