

Poetry Series

Sarah Selinger
- poems -

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Sarah Selinger(September 23,1991)

Message me for anything you wanna know!

A Man They Call My Dad

all those times i cryed for you, never came out of all the activitives ive done,
never showed at one

All of the awards ive recieved i never heard you clap you never were there
all the times i fell and scratched my knee you werent there to comfort me all
those times i was bored and wanted to call you, still not there not there at all i
always tried to make you proud hoping you would love me more, but you never
seemed to care so why did i try.

you werent there for any of my first, might not be there for any of my last, its
like your not here for my presant i try to move on but noone knows how hard it
is to have a father love his other kids more but i hold my head held high to keep
things from looking so bad but deep down i still wish i had love from my dad.

Sarah Selinger

Another Pill

another spill down the drain
and another pill up ur nose
do you realize what youve caused
i dont think youll ever stop to realize

you continue to deny, your addicted
you say its okay they are perscirbed
but youll get what you deserver, but thats okay leave those babbys alone
do you think how it affected thier life
no you didnt, im more of a mother then you
they are so special, but you know nothing about your own kids

here it goes again
one more pill goes up your nose, he is standing right in front of you
he is 6 and knows your doing wrong
they didnt ask to be your kids, they didnt ask to be neglected, they never asked
you to do drugs or to grow up in a broken home but look what you have caused

Sarah Selinger

Are You Proud Yet?

i made it many miles without you i can make it farther i know i can
you never taught me how to ride a bike but i know how
you never helped me with my homework but i got A's
you never there to give me advice but i handled it without you
im tired of trying to make you proud, im about to give up its hard to never hear
you say it
when i lost my bestfriend over a stupid gun you werent there to be my rock i
made it without you are you proud yet?
im strong like mom im more like here everyday im proud of that she has been
my rock, when i do something little she says she is proud
i made it thur middle school without you barely there i realized mom was right im
glad im not like you
started high school your still not there physically yes but mentally you could
careless, are you proud i know mom is
im turning 18 and going to graduate, are you proud yet, no you told me you
didnt want to see me graduate, am i ever gonna hear you say it.
maybe not but i know one thing you have taught me is not to be like you, im like
mom
i got pubished in a book, are you proud no you said you could careless, how can
you be so heartless.
I let go of many things youve done, said and you promised maybe that wasnt a
smart idea but ill learn so are you proud yet.
honestly i keep thinking im never gonna be your perfect kid, i dont care because
mom made me the women i am and made me not like you, im strong are you
proud yet?
After all is said and done i know mom is proud i made it this far without you,
proud yet i know i am!

Sarah Selinger

But Daddy

you were there when i needed you to catch me if id fall,
but daddy didnt love me he didnt care at all.
When i was sick you cured me, made sure i was okay
but daddy never did that because daddy went away
you put me in this world you always there for me,
but daddy wasnt there, it was hard for him to see
i was tucked into bed and kissed goodnight,
but daddy was never there to turn off the lights
you held me close to you evertyime i fell
but daddy didnt crack he stayed in his shell
so thanks mom for being, even if daddys away im always here
because i know your here to stay i love you with all my heart
so please dont leave my side

Sarah Selinger

Daddy Why

daddy why

why did you put your hands on me in a way they can not be concieved, you put your hands on me daddy why?

in a place that should have never been, now they took you away from me,
mommy is crying

Sometimes i just wanna cry nightmares are still vived in my mind they say they will go away, im still in counsoling till this day, they wong go away.

daddy im 16, daddy the nightmares finally went away.

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Hurting Me

every comment you make
every mean thing you say
is hurting me

I shouldnt have to put up
with this its not fair
we are family, it hurts so bad
i just wanna cry

You may think its funny but
you dont understand its
hurting me

family is supost to stick togeter, help each other
not tearing each other down.

Sarah Selinger

I Feel As Though

i feel as though you ignore me
as i am not here i feel as though
we are no longer close and no longer you little girl.
i feel as though im getting older to realize that things has changed,
not the daughter you want me to be
i feel as though i am a mistake,
i feel as though i am not needed,
i feel as though you replaced me with here
you and me not as close as we were, times changed
i got older we moved on,
i feel as though time needs to stand still
so we dont loose each other
it will be the worse mistake ever.

Sarah Selinger

Life As Me

im so use to being hurt its nothing new
my life youll learn that i been through alot and still going strong
my dad never around even when i was young, he acted like we werent his kids
my siblings fight like cats and dogs, i grew up with four boys although there were
more siblings then four
holidays were the worst all of us under one roof
my best friend got shout at 14 and the one who killed him didnt get the right
punishment he got off way to easy but the worse the was he died right in front of
me and he wasnt just my bestfriend he was like my brother
my house burned down twice in less than 3 months haveing to move starting
over when you have nothing left to give but you have to hold on because in the
end it will work starting a new school and not knowing anyone
getting stared at because your the new kid being made fun of at the worse time
started high school nobody to lean on when i needed someone the most being
pushed away and feeling like your an outkast in your own family, having people
intrude in your home and taking your place as the baby although im not a baby,
im the youngest being left out because your parents have to take care of
someone elses kids bcause thier parents are druggies, getting ran out of your
home because of the space issue not enough room but yet im 18 and living on
my own but after all is said and doneim still strong and keeping my head held
high

Sarah Selinger

Lost Memories

ill follow you down to where the green grass grows
ill follow you down to where the willow tree branches hang
ill follow you down to where i last saw your smiling face
ill follow you down to where we use to call ou secrete place
but you are not there
and your not here
it seems to me
im falling in your shadows
please set me free
from following your memories
you were the only one
who ever loved me
you were the only one
who ever cared for me
but now your gone far away
if you come back home
i wont be here
ill be gone faraway
never to return

so foolow me down to where
we use to call our secrete place
follow me down to where
you last saw my smiling face
but im not there
and im not here
it seems to me your following
my shadows
but you cant keep up
and your losing me
ill set you free
from following my memory

Sarah Selinger

My Bestfriend

today i met a great new friend who know me right away
its funny how she understood me with all i had to say
she listended to my problems, she listened to my my dreams we talked about
love and life in general
she been there too it seems. i never once felt judged by her she knew just how i
felt and she accepted me with all i had to say.

she didnt intrupt me or need her to say she listened patienally and didnt go away
i wanted her to know how much this ment to me i went to hug her but something
startled me

I relized my new best friend was nothing but a mirror.

Sarah Selinger

My Nightmare Of 2004

i look at my house once lived
trying to hold back my decending teas
i look where i once lived
i promise you home i will never forget the memories here

i stand there watching the flames and smoke rolling up into the sky
i stand scared and crying

why did this happen twice, they try to hold me back as i run towards the house,
as the house started to curmble all you could see was smoke and flames, my
moms face there scared
not again god please
my whole family split up again
as i stood there in what was left all i could do is cry.

Sarah Selinger

My Reflection

i am looking in my window
and i can see your reflection
thinking about the time we spent together

You were there through thick and thin
comforting me and i dont know what happened
our friendship split into two worlds, now its over

When times got hard, i had no one to lean on
noone can take your place, you were like abrother to me
but your in your own world called heaven

Sarah Selinger

Nothing Is Forever

They say everything happens for a reason, they say it takes time to let go of things but nobody said it will hurt

they say they believe in love at first sight, they say that they won't hurt you and won't let you go but 95 percent of the time they do

They say that they are there till the end of time, and they promise forever and ever but nothing is forever you have to live day by day because everything changes in the blink of an eye

never promise a thing, it changes without you knowing, never say I love you unless you actually mean it because it can hurt someone without knowing you did

Nothing is for real except birth and death the in between is nothing because the world is too complex to actually live so as we live take advantage to your fullest because you never know what you have until it's gone.

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Sending You To Heaven - Dedicated To: Dad

I'm not ready for goodbye,
Nor so long, or see you later
not ready for this reality
I'm not ready for this life without you in it.

I'm not ready to do this,
I don't know if i can be strong

Tell me that this is a mistake,
the doctors made the wrong diagnosis
please remind me that your indistructive
just like i always believed, tell me this is just another nightmare
and ill wake up soon

I heard the news today dad, it seems my life is gonna change
i close my eyes and beging to pray,
tears stream down my face
its not a dream, and not a mistake
the doctors are right, i was wrong
youve destructed

dad i realized this isnt goodbye
because i know our family will see each other again
for now we must seperatee
you will go to a place where there is no pain and suffering
and we will be here waiting

I look at it this way
god lent us a gift, the gift was you
now he needs you back
so we must return you to him until its our time
well see you in heaven

i have one last request
dad when you get to heaven
send me a butterfly
with some sunshine
then ill know yyour safe
in heaven when i stand under your colors

and the sunshine on my face and the butterflys flying above me
until then ill be waiting

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Stupid Drugs

You chose drugs over your kids
you neglected them
what did you think they wont realize the wrong youve done

Your wrong
they do realize, they may not
fully understand it
but you dont care
your wasted, high in the sky
no look were they are

did you think you can get away with this
they are sfe now and doing better
your drugs are your life
so leave those babys out of it.
they deserve better than that

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Take My Hand

come with me
take my hand
hold me tight
but tomorrow well never be
you just a good chase
you say your just a friend
but when we speak its more
you say you like me
but you dont wanna be
why are you confusing me
you dont get close
because of what you do
but i cant stick around
come with me
take my hand
hold me tight
but tomorrow well never be

Sarah Selinger

Why

why did you burn my house down
why twice in a row
what did we do
why did you ruin my life
we had to move
you split up my family
we were homeless
my friends, now its all gone
why am i so scared.

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