Poetry Series

shay allen - poems -

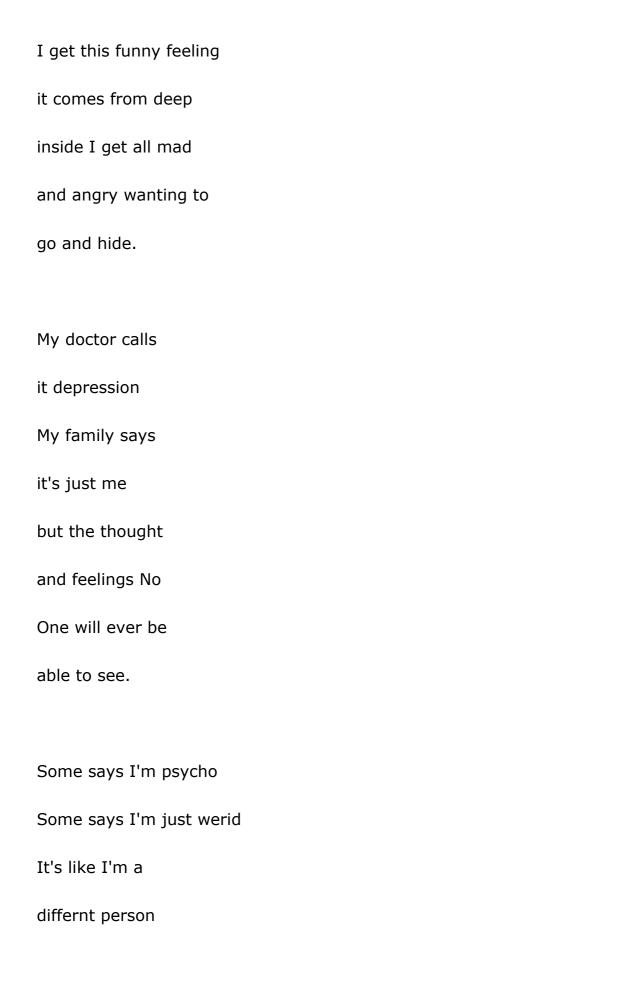
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Am I Alone???



I get really edgy
i want to commit
suicide really bad
then I get a headache
followed by feeling
sad, I wish I could get help
I wish it would go
away maybe if I
pray really hard.
This poem is about the first time I thought about self harm and yes I am not going to lie to you I still do it from time to time.
God Bless You
shay allen

Fall Behind

i can fall step behind and take the vavatter of my soul, i let my life take over my happiness

and with my security go i can drown myself in the mistakes lives made

also in the blood i can destory my memories just to cry and kill any trace of love

i can kiss the face of evil never try to look back i can kill myself for salavation i can kill my spirit to luanch

i can wacth my mind flu up with hate and let my heart fly free

i dont care do it but must destory all of me

I Am

love, life, and the future school, and education makes me happy

confidence is important to me humor is important to me respect is important to me

i dislike people who don't want to make something of themselves but people have their own dreams to chase i always say confidence comes for within

there will be many doors i will have to open in the future to reach my dreams

this is me

Jesus Christ

jesus christ died on the cross for you and me

in john 3: 16 says for god so loved the world that he gave his only begotten son, that whosever believeth in him should not perish but have everlasting life

there is a heaven and hell heaven is where jesus is hell is where the devil is at

jesus is the light and the way to go so if you dont know him you need to accept him as your personal savior

Jesus Please Tell Me

jesus please tell me what to do in my life? my life been hell before i got saved but sicene change little bit

my life been death to face from loseing my friends and my daddy

jesus please tell me what to do in my life because i dont know what to do because i dont know what i can jesus please tell me what to do

Love

love starts with a smile grows with a kiss and ends with a tear

love is like a war you may get out alive but not without scares

love feels like heaven but hurts like hell!!! love something that you grow into

love is something you remember for always love is something that is never ment to be

The Cry Of My Heart

There is a great deal of depression that has overtaken my soul. It floods deep within into every inch that makes me whole

I wonder and worry of thoughts thoughout the day
What is to come, to my dismay
As a flood of tears pour out
Of me in all my expression,
More and more comes, more andd more depression.

I assure myself everything is okay. But who am I fooling Then I burst into a spirit of rage. I have question and there are no answers

But i'm afraid and much too weak. when i try to explain I hear I'm hearing wrong and need to be meak But this is how I feel there'e no wrong or meek

But this is how I feel. there's no wrong or right But as I battle with myself I always loss the fight Because no one belives me.

I feel intimilated sometimes by others But as I said 'This is how I feel' The pain in me is very real

i lose control, my thought go wild and here I am only a child

If you knew what I thought
If you knew what I fought
I held my thoughts held captice

Oh, God assure me
things normal and you'll
help me think positive
I'm hurting I need you
One day I will always make you
SMILE!!!!!

Trapped In Hell

Struck in prision all lock up slowly burning in hell crying all alone cold in the floor all by myself

the walls hold paniful memories tartured by secrets I'll never tell

my pillow socked with silent tears. no one knows i am trapped here in hell

frozen in the darkness i am all alone but not one knows about it

When You Feel Down

when you feel down think about how jesus is looking at you

he does not want you to feel down all the time because that is when the devil starts mess with you

if you dont know jesus just ask him in your heart like John 3: 16

Why Me

why did you pick me to stay on this earth? when i did all that stuff do you have a plan for me?

sometimes i think why let me stay here on earth when i did all that stuff

the only reason i can think is because you a plan for my life