

Poetry Series

**Shayna O'Connell**  
**- poems -**

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## Shayna O'Connell(9/21/90)

I've been writing poetry for as long as I can remeber. I've always loved it and hope someday to have my work published for millions to read. I am 20 years old and already have quite a selection of poems. I was born in melrose and adopted and raised in Wilmington, MA with the O'Connells. I hope my poetry is loved by millions someday.

# Angel In Disguise

He entered my life unnoticed  
we met during sophomore year  
cheered me up when I was blue  
his soothing voice was so sincere

He was there at every dance  
making sure that I had fun  
dancing with me when he could  
and amusing anyone

His quirky ways make me smile  
whenever I'm feeling down  
when his eyes lock onto mine  
I feel ten feet off the ground

One day he saw me crying  
held me tightly in his arms  
said that it would be alright  
that I was safe from harm

When I told him what was wrong  
he said it would be fine  
saying that it soon will pass  
healing over time

He told me stories of his youth  
from when he was a boy  
some would bring him tears of pain  
and others tears of joy

As I listened to him speak  
of the path that I should choose  
with him always by my side  
I knew I couldn't lose

Days went by then weeks had passed  
I had shown signs of success  
because he had believed in me  
I had passed this awful test

I told him I was grateful  
for all that he had done  
he said it was no problem  
he's just glad that I had won

He made me see what life is like  
through someone else's eyes  
more than just a friend to me  
my angel in disguise.

Shayna O'Connell

# Auntie Bernice

It was her time  
she had to go  
our hearts they ache  
but we all know

She feels no pain  
where she has gone  
in a better place  
she still lives on

With golden wings  
she flies away  
but in our hearts  
she'll always stay

We're sad she left  
but now we see  
she's happy now  
because she's free.

Shayna O'Connell

# Footprints

Along the desolent, beach shores  
lies a single set of footprints  
In the dead of night invisible  
in the heat of day clear as ever.  
Beside them lay relaxing waves  
beating against the sand like  
the heart of the ocean.

The footprints lead to a woman  
who just had her heart broken  
she's looking out at the ocean  
feeling isolated and alone.  
As thoughts of her ex fill her mind  
she tries forgetting them but can't.

A single tear hits the soft, beach sand  
as she takes one last glance  
out at the open water.  
A serene feeling overwhelms her  
as she walks away following  
her single set of footprints.

Shayna O'Connell

# Forever A Friend

I never fully appreciated  
all that you have done  
all the smiles and the laughs  
made these four years fun.

Thanks for being there for me  
for always being true  
without your loving friendship  
I don't know what I'd do.

Comforting and caring  
in every single way  
your smile starts each morning  
your hugs they end each day.

All the fun we had in class  
and walking in the hall  
you were right beside me  
you stayed there through it all.

Then one day you came to me  
with real upsetting news  
you were told that you had cancer  
and there was nothing they could do.

As days went by you got worse  
sometimes all you did was cry  
You looked at me and said through tears  
why do I have to die?

All I could do was comfort you  
and say everything would be alright  
I stayed there by your bedside  
each and every night.

Feelings still unanswered  
words still left unsaid  
I couldn't let you go just yet  
your leaving I will dread.

your precious days were numbered  
so I finally looked at you and said  
I have a confession to make to you  
I can't get it out of my head.

I've loved you since the day we met  
and I just wanted you to know  
then I knelt down and kissed you  
and your eyes all they did was glow.

It was around midnight on the 4th  
when you knew it was your final day  
I held your hand and wept for you  
as you finally slipped away.

I thought we'd last forever  
I'm sad it had to end  
You're a one time love  
but forever a friend.

Shayna O'Connell

# Gone

Darkness surrounds me  
there's nothing but shadows  
on the outside I smile  
on the inside I scream

I sit in a cage now  
my soul no longer a part of me  
trying to break free  
but it is impossible

I watch my life spiral  
as I cry in the cage  
watching as I fail  
waiting to be let out

To no avail I stay  
trapped in my own mind  
as I sit I wonder  
am I really gone?

Shayna O'Connell

# My Friend

Your eyes filled with emotion  
your smile sparkles like new fallen snow  
I only wish that I knew how  
to let my true feelings for you show.

Beneath your tough appearance  
lies a heart of solid gold  
I don't want to give up our friendship  
no matter what I've been told.

Your kind soul and tender spirit  
can brighten anyone's lousy day  
your gentle touch and soothing voice  
make all my fears just melt away.

Wrapped in your arms I find warmth  
I feel so safe within your grip  
one thing's for sure your friendship's  
made these four years quite a trip.

Even though those precious years  
came to a sad and tearful end  
I hope you know no matter what  
you'll always be my friend.

Shayna O'Connell

# My One True Love

To you I'd give my tender soul  
you are the one I wish to hold  
your smile brightens up my day  
I love you more than words can say

Your eyes a sparkling shade of blue  
your laugh refreshing, young, and new  
your lips a luscious shade of red  
my dreams of you I never dread

When you decided to leave my life  
I lied alone and cried that night  
Then you came back for a new start  
you helped to mend my broken heart

So when we reach our wedding day  
this is what my vow will say  
you're my gift sent from up above  
my angel, my savior, my one true love.

Shayna O'Connell

# No Regrets

I wore a smile upon my face  
each and every day  
I thought everything was alright  
but you start to drift away

You lie and make excuses  
break promises and such  
I really wish that I knew why  
I still love you so much

As days go by I wonder  
what will we become?  
my mind tells me to leave you  
but my heart says you're the one

I'll love you till the day I die  
up until my final breaths  
and now I finally understand  
true love has no regrets.

Shayna O'Connell

# Normal

All you feel is hopelessness  
and you really don't know why  
you try to smile and laugh it off  
but inside you want to cry

You think that this is normal  
so you hide it from your friends  
but soon it starts to worsen  
then this feeling never ends

One day you finally realize  
what you need to do  
you finally get the help you need  
you're done with feeling blue

The people that you meet there  
they say it's going to be alright  
you don't have to feel so hopeless  
one day soon you'll see the light.

Shayna O'Connell

# Noticed Me

You say that you have found her  
the one you've seen your dreams  
saying she's the perfect girl  
I know she isn't what she seems.

I watch as you change more each day  
but you think you're still the same  
I try to tell you that it's her  
but you think I'm just insane.

You yell at me to leave you be  
and then you turn around  
I watch as you leave me there  
and walk away without a sound.

Later that day after school  
at the shawsheen river bend  
I broke down right there and cried  
because I missed my friend.

Then you came up behind me  
and saw my tear filled eyes  
when you sat down beside me  
it took me by surprise.

You take me in your open arms  
and shyly dry my tears  
saying that you'll never leave  
you gently ease my fears.

You surprise me with a kiss  
as tender as can be  
as we're sitting there together  
you finally noticed me.

Shayna O'Connell

# Randy

The love of my life  
I no longer deny  
how he makes me feel  
deep down inside

Safety in his hugs  
love in his eyes  
why I came back  
is really no surprise

A heart made of gold  
the mind of a saint  
one of gods living angels  
his love knows no restraint

He'll always be my hero  
and anyone can see  
he'll remain forever in my heart  
it's where he'll always be.

Dedicated to the love of my life Randy.

Shayna O'Connell

# True Lovers

Without anger  
without fear  
only courage  
you come near

Without hatred  
without sin  
I see your love  
rise from within

You pull me close  
and hold me tight  
a warm embrace  
in evening light

Now I see  
as I'm with you  
our relationship's  
a love that's true.

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