

Poetry Series

Shelby Lanier

- poems -

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Shelby Lanier(October 23,1993)

I am a new poet, but i love writing poetry! I love to hear good comments and comment others. I try to take in consideration of what comments that i get and make my poetry better. Thanks!

A Bad Choice

What am I doing?
What's wrong with me?
What caused me to do this?
Was it really necessary?

Why have I got myself,
Into all this trouble?
Trashed up my life
Left with this terrible rubble!

I chose the wrong friends
Who left me far behind
And took all I had
Without me being in mind

I chose this life for me,
And picked this screwy scam
Leaving who I was behind
While forgetting who I really am!

Shelby Lanier

A Heart That Cries For Help!

My heart beats fast
Out of my chest,
And here I am
Longing to feel at rest!

I want to scream
And let it all out,
All this heartbreak and anger
Makes me want to shout!

I just want to die
To make this pain leave me,
And this chill in my bone
Creeps up, and stabs my soul harshly!

The burden that I carry
Is deep inside my heart,
I want to let it go
But my soul is pierced with your evil dart!

I cry deep within me
And pour my heart to you,
But its thrown back in my face
And i dissolve like the morning dew...

How can you stand there,
And watch me cry in pain;
While you laugh in my misery
And smile at my shame!

Shelby Lanier

A Lasting Reward

Broken and shattered
And left all alone;
Waiting to be loved
And affection to be shown

But you come to me
With arms open wide,
Holding me close
And standing by my side

You give me your heart
And I'll t reassure it as gold,
Finally feeling a precious gift
That was once foretold

You show me a life
With use two complete
No more tears or doubts
Neither Pride nor conceit

In your arms I shall stay,
And love you alone,
For it's you and I
Who shall discover the unknown

Shelby Lanier

A Life's Mistake

One puff could change life forever
On sip could do the same?
One stupid little move
To me seems lame!

You throw your whole life away
For that one second in time
Which could ruin it for you?
And it change the luck of your prime

Shelby Lanier

A Love That Was Broken

My heart is broken
Cause' I've lost you once again,
I've let you slip away
Without my heart left to mend.

I miss you so much
And I think of you all the time,
With every breath that I have
I wish that you would be mine.

I don't know what to do
And this pain never seems to end,
You're in love with someone else
Before I could speak to you again!

Was your love really there?
Or was I just for the side?
I hate that you didn't feel the same,
And your love I could ever find

I lay awake at night
Wondering where i went wrong,
How did I push you away?
Or did we really belong?

Shelby Lanier

A New Change!

Some say I'm quiet
Some say I'm shy
But I say different,
Want to know why

I don't care for them,
The ones that say so
Because they don't know
That I really do

I'm speechless at what they've said
Yeah I was mean
But I've changed
And there's only one way to come clean

There's a brand new me
I've changed, they see
I'll be the good girl
And they have to respect me for me!

Shelby Lanier

A New Start

Look at where you came from
And where you are now,
Do you really want to back?
To a life you would be proud

You have come so far
You are truly the best
I wish you would reconsider
The choice that puts you to rest

You've changed your life
And made a brand new start
I love it new person which you are,
So don't mess up the good in you I love, the new part!

Shelby Lanier

An Unquenchable Misery

This feeling inside me
Makes me want to scream
To feel my blood run through my veins
And have an uncured dream

The scarce memory
Of you will forever be lost
To never get to say goodbye
Makes my body be at exhaust

I quiver in fear of this pain
That we never got to be close
To feel you arms slip away
Feels like a medicine without one dose

I'm getting sicker by the day
Because I sit here alone
To think of your final death
Is one fact I can not unfold

The your end is my misery
It's a nightmare in my dreams...
I have to say goodbye
But that makes me not want to be me

Shelby Lanier

Another Mistake

A tear rolls down my face
As I recover from the mistake,
That will continue to fill my mind
And clutter it with thoughts to overtake

I begin to add to the blame
Of foolishness and remorse,
Of the past regrets
From the days once before

I keep asking for forgiveness
But continue to give in
To the temptation of pleasure
That soon comes to an end...

I need someone to help me
To rid me free from this pain;
To deliver me from the torture
And agony that seems to remain

Set me free from this bondage;
Never ending battle, without a win...
That consumes my mind of thoughts
Then restarts this cycle of sin...

Shelby Lanier

Closure

The things that make me think of you
Are only just for a moment,
For I see your face
And then it's gone...
But as minutes turn into hours,
Your face reappears again,
It becomes more real than ever
As if I can touch it;
So I reach out
Then again I get that rush,
We hold each other tight
...One last time...

Shelby Lanier

Do I Have To Scream?

I knock,
But you can't hear me.
I bleed, but you won't see me.
I scream,
But you can't feel me.
I hug you,
But you won't touch me.
I kiss you,
But you won't taste me.
I die,
Then you wonder why...

Shelby Lanier

Don't Give Up

When your heart is crushed,
Don't give up!

When your feel so low,
Don't give up!

When life doesn't seem to go on,
Don't give up!

When everyone turns their back on you,
Don't give up!

When you're all alone in the dark,
Don't give up!

When you've lost everything,
Don't give up!

When you hate yourself,
Don't give up!

When all else fails,
Don't give up!

❑ Want to know why,
Because you're the
Winner! !

Shelby Lanier

Every Breath That I Breathe

It has happened
Finally once again
My breath was caught
Which I could not contain

Every minute you're on my mind
I can't get rid of you
Or the words you say,
Or the things that you do

When we're together
I don't want to leave.
To say goodbye,
Is one thing I just can't achieve?

You're every movement
Makes me think of you more
And I count the seconds
That we are apart!

I long to be with you
To see your smile one more time
Then you tell me that you love me
Which by is just fine!

Shelby Lanier

Family

Familiar to your emotional needs
Any time of the day, to
Meet those needs, but see
In your heart, but give the heart and care that you may
Lack, but in a love way say, "I can for
You! "

Shelby Lanier

Friends

F orgive your stupid coments towards them.
R esuppling the love that you want to receive.
I ntervening on the fights you cause
E motionally towards, but in the end they
N eed you every
D ay to help them
S tay in what we call life!

Shelby Lanier

I Miss You!

I miss you,
And I want to see you again,
Until then I'll wait right here
Until we meet again!

Where are you
I need your love right now
I hate being alone and
But it's something I have to allow

You're gone for life
And I'll never get that chance
To get you back in my life,
If I don't I'll be in a trance!

Shelby Lanier

I Wish

I wish I were happy
Then, when I am, I'm sad!

I wish I were different
Then, when I am, I'm boring!

I wish time was faster
Then when it is, it's too boring!

I wish I had more money
Then when I do, it's gone!

I wish I had more time to read
Then, when I do, what else is there to do?

I wish there was no school!
Then, when there is none, life is over!

I wish that I would miss you
Then, when I do, my heart is broken

I wish nothing ever changed!
Then, when nothing does, where am I going?

I wish that I looked better!
Then, when I do, who will know me?

I wish you were here
Now that you are, I'm not happy!

I wish I were happy...

Shelby Lanier

If You Only Knew!

I watch you from afar
Thinking of what to say
To get your attention
Which I could never do anyway

You're in my every thought
And pumping my every breath
To make me long for the time
That I'll be underneath your chest

I care for you so much
And count the days that we're apart
That gives me a stronger longing
To love you with all my heart!

When I'm in your arms
(Which i can only dream)
I snuggle and say "I love you! "
And that I really mean!

.... If you only knew that I felt this
If we were more than just friends
Then nothing would ever come between us
Or make this unfailing love end!

Shelby Lanier

Irreplaceable Agony

A heart full of grief
A daily dose of agony,
That terrorizes me
And tears that fall slowly.

A longing to be happy,
However... so far trapped,
In a heartache
That is always recapped.

A constant reminder
Of the destroyed pieces,
That everyday fall to the floor
Untouched or relieved.

A constant reminder of the pain,
Is just one more thing of suffrage
That will never be vanquished
Or relieved to save or salvaged.

The burden is too hard to bare
And is no longer able to be saved
Along with the life
Of mine who is now repaid.

My heart is no longer my own,
But belongs to the pain I hold
Inside,
And the tears that I unfold.

They haunt me day and night
To see just how far
They can drag me by the chest
And pull me across the floor.

I scream to break free,
But nobody hears me.
Nobody cares how I feel,
Or who I want to be.

My heartache has overcome
Me by my mistakes and lies
That I have told
Just to hide all my broken ties.

I now live in the dark
Where this life of mine,
Will soon fade away in the darkness,
Where of me, no one will find.

Shelby Lanier

Lost

Lost in thought
Lost in pain
Lost in fear
That you can never retain

Lost trouble
Lost in grief
Lost in heartbreak
That you can never relief

Lost in sorrow
Lost in death
Lost in misery
That you can never refresh

Lost in life
Lost in words
Lost in everything
That you can never return

Lost in chaos
Lost in peace
Lost in burdens
That you can ever release

Because these are the things
We think and feel
Through the good and the bad
It's a forever a done deal!

Shelby Lanier

My Deepest Apologies

My heart cries to you
Knowing the pain that I caused,
Hoping I can help you understand
That I too had a heart I lost.

I can imagine your anger
That is conforming into insecurity,
Doubting yourself each day
To rely on self pity.

Each day I wonder why,
It happened such a way as this,
To crush such a precious being
Who had such faithfulness.

Nothing you could ever do,
Will make you deserve the pain
That I caused inside you;
For I hope in your heart I will remain

There is nothing I could say
To change what has began,
But I will say this one thing...
If you ever lose your way, just take me by the hand

If you need a shoulder to cry on
Or need strength for the day,
Please come and find me,
Because I can help you along the way.

Shelby Lanier

My Heart Is Still Yours

Lord you know all my thoughts
Heartbreaks turn to remorse
Mistakes turn to accomplishments
But my heart is still yours

Lord you know my desires
Blessings that downpour
Delights and new beginnings
But my heart is still yours

Lord you know my troubles
Disappointments become more
Sadness fills my mind
But my heart is still yours

Lord you know my past
Lessons turn to closed doors
Lost friends disappear
But my heart is still yours

No matter what I go through
No matter whom I stand up for
I know there will be trials
But my heart is still yours

Shelby Lanier

My Last Goodbye

I'm ready to let go
Of all of this stress
That keeps me from
Hating myself any less

I'm torn apart
Deep within the core
It kills me
To love you anymore

I hate that I have to say goodbye
But this is the only thing that I know;
To let go of this stress
And let this heartbreak go!

I love you so much
So please don't ever forget;
Because being in love with you
Is one that I'll NEVER regret! ! !

Before I say goodbye
There's one thing left to say
I need to do what's best for me
But your love is something that I can never repay!

Shelby Lanier

My Love For You!

What can I say?
What can I do
To explain the feelings
That I have for you

I cry myself to sleep
Hoping that you're okay
Wishing to be with you
Just one more day

I love you with all my heart
And I want to see you again
But until that day comes
You'll always be my friend!

Shelby Lanier

My Saving Grace

Out of this turmoil
And free from the bonds;
Restored and renewed
And now carry on

The pain is released
As I give out a sigh
Realizing I'm free;
I have one thing in mind

I will give thanks
To one special friend
A perfect and kind one
That never has an end

Closer than a brother,
Healer of my soul,
He is my everything,
And I've given him all control

No longer broken and beat
Nor shattered on the floor;
I'm made new again
And it's him that I only adore!

Shelby Lanier

My Secret Truth

There is a mystery
Deep inside my heart
That I dared to not tell a soul
For this secret, to never be apart

It's so hidden
And covered up so tightly
That is weighs so heavy
There on my chest never lightly

□

Struck with pain
So that I will not be shown
No one must know this treasure
So engraved upon my own

You may wonder, what is this truth?
That is covered and hidden
From everyone
And secret so forbidden

So alas I shall uncover the treasure from all pain
The pain that runs through me
Through my blood and pain stricken veins
I am afraid....of being loved
Because as soon as I feel this emotion
It is ripped from my soul
And stirs up too much commotion! !

For who am I,
To deserve this great wonder?
The fulfillers along its side
Seems to make it fonder and fonder

However I,
Nor worthy of this wealth,
Deserve nothing more than
Starvation and bath health! !

Nothing Left To Lose!

Take a chance,
See what happens,
In the end
Is it bad or good?

Take a risk,
See what happens,
Through it all,
Hope you have your inner self,
That's what really matters!

Make a change,
Break free of that cage,
Dance around a little,
Then go change the world!

Make yourself free,
What do you have to lose?
Not everything
Because your still here!

☐ So, go on,
☐ The world's waiting...and
☐ THERE'S NOTHING LEFT TO LOSE! ! !

Shelby Lanier

Once Again And Forever Will Be

I come to you
With a broken heart
Asking you to
Not be apart

I pray that you come
And refresh my desire
To be with you
And again, light my fire

My heart becomes burdened
Because my shadows are behind
Watching my every move
And tearing me up inside

I come to you once again
Begging for your care
Needing you to love me
And always want to be there

I stayed away once more
Leaving you and your joy behind
Not caring what you've done
Even after all this time

My troubles soon return
Filling up the empty space
That I've left for you to restore
And not turning back, to see your sadden face

Once again I return
Running back to you
Hugging and never letting go
Of the unconditional love, that you have for me too!

I never learned my lesson
Because this pattern soon continued
I ran away from your love
Then came back longing for you

But you never gave up,
On me or my mistakes
Because you still love
The one, who lets their heart continue to break!

Finally, after all this time
I've learned where I need to be
To never let you go
And let your peace overflow over me!

Shelby Lanier

Only One Thing Left To Do!

Lost and broken
Without you,
I'm forever dying
So what can I do?

I search for answers
And nothing appears...
How will I be free?
Will I conquer my fears?

Tears run down my face,
Cause' I know what I need to do,
Let go of the past,
And let go of you...

Shelby Lanier

Peace At Last! !

My soul sings
As I soar on eagle's wings

For I am at rest,
Because I have endured the test

I calmly await
For my unknown fate

As I peacefully sit,
There is one thought I commit

It's new and fresh
Also it's in need to progress

I am alive!
Yes I am alive!

My trials are all though!
And my heart is made new!

I am finally at peace....
And all my burdens are now released! !

Shelby Lanier

Self Medication

I look back on my past
And wonder about my thoughts; are there regrets
Or pieces that I wish hadn't fallen?
But they did, so I can't change that.
I think of a solution that will help,
So I pull out a piece of paper that you gave me,
From a long time ago.
I doubt you'd remember,
But it always sticks with me like glue,
"I love you! "

Shelby Lanier

Sincerity From Within

Some may say
That my heart is pure as gold
And that my smile
Could never be sold

My personality
Comes from within;
It shows who I am
And never has an end

My smiles are warm
And welcomes you here
My eyes shine bright
And make your path clear

Don't shy me off
And don't ignore my sincerity
Because one day you'll be the one
Who'll need a backup for eternity!

Shelby Lanier

So Alone

Alone I sit
Longing to be held
Feeling empty inside
And alone there I dwelled

I want to be hugged
And feel you warm breath
To keep me from the thoughts
Of cold hearted death!

Cold and alone
Bare and scared to be afraid
Of fear within me
That you... regretfully made

To leave me alone
And to forsake my face
To never be held
And leave without a trace

The thought of being held
Is like clothing to my skin
Because when you are gone;
That will bring me to my end!

Shelby Lanier

Stars

Bright and shiny
high in the sky
looking down on you!
Guiding you through
the night as your
protection, and you
going to bed at night
knowing that you are
special!

Shelby Lanier

Stress!

Sweet,
Teeth classing,
Relying on fate to
Evenly unravel the day, just
Soaked in swet more than water to
Save the day!

Shelby Lanier

The Forbidden Hurt: Loneliness

What do you expect?
Someone to do
When you push them away
Then call them back to you

Then you run away
From everyone and hide
From the comments you obtain
And the choices you abide

You go and hurt yourself
Over and over again
Then expect them to feel sorry
For the one that they call friend

You did it on purpose
Just to get attention
Not letting them really know
How much you really need affection

You cause yourself to be lonely
And cut yourself off from them,
Tearing yourself up
And not thinking of those who you condemn

They wonder what's wrong
And you keep the hurt hidden,
From everyone around
And call it forbidden!

Shelby Lanier

The Girl In The Corner

She sits
She waits
No sound
Not a trace

She says nothing
And doesn't move
Just sits
With nothing yet to prove

Of who she is
Or why she is there
She just
Sits and stares

You see her
At the corner of your eye
You stop...
Then you sigh

SILENCE

You stare at her
And then your heart starts to pound
A thousand beats per second
Because... she's bound

Bound to a heart
That was shattered
And the pieces...
They are scattered

They are all over the floor
Right in front of you
So you bend over to reach
But... then... they turn blue

You wonder why this is
So you look at her face

And there is the answer
The thought you want to erase

The horror that you see
In her sadness you see..
Her brokenness and...
All that has to be

Tears roll down her face
Because the truth is now free
Out in the open for everyone to see

You walk right to her
And hold out you hand
She begins to give a smile,
That which no one will understand

Except you! ...
For it is the same one
From long ago... and you
Wish now that it was all done

Because your the reason
Her heart is shattered
All over the floor... and you
Didn't make her feel mattered

You tore apart
How could you forget
You selfish fool
And now you'll regret

She suddenly frowns and
Stands up... tall
And walks towards you
And pushes you to the wall

She says 'why'
And then loosens her grip
And you take hold of her hand
Before she makes a rip

She steps back
She shakes her head no
Then pulls off her mask
And is ready to show...

Her true self
Who she is deep inside
And lets down her wall
That has been up all this time

She pauses...
And doesn't move
For the girl is I
And there's nothing left to prove

I am the girl
That was hidden
Behind the world
And everything in it

And afraid
That you would reject
This someone
Who you soon were to forget

Scared to be discovered
Or to be found from within
To show her true self
Or let anyone in

Because I
Have a deeper fear
That one day I'll be alone
And soon disappear!

Shelby Lanier

The One I Fear Most: Me!

At last!
I can breathe!
But wait...
Not really...

I lose sight...
I fall
My head hits the ground
Bang!

I look behind
Silently he stands
Grey and dark
Tall and strong

A tear
A blink
A memory
A sigh

He disappears
And she takes his place
And I yelp,
And SCREAM!

For she is I...
The one whom I'm afraid of...
She's dead...
And so am I!

Shelby Lanier

The True Me

To keep to myself all the time
I remember the memories of the past,
I've learned more than you'll ever know...
And I hide my hideous face from behind the world!

I see more hurt than you can ever imagine,
And I hear the cry of my heart...
I taste the hatred of life
I feel the hardship of a dying family
I think that death isn't far away...

I want to leave my horrid and dreary life!
I will leave behind those who don't care,
And I won't ever feel love again by anyone...
But they don't know that I pretend that I am even living!

I shout in the outside, though I am not heard
I whisper that I am dying inside...
I sing of death in others...
I declare for the world to hear,
that I want happiness just like you! ! !

Shelby Lanier

Thoughts Of You!

The words that appear in my mind
Race back to the thought of you,
To say how much I miss you're live
Won't explain my love for you.

These thoughts keep me up at night
And your face reappears in front of me
My dreams of you won't explain
The feeling of you that I can't see

I hold you closely to my heart
In your arms I shall stay;
Without you in my every thought
Is something harder than I can say

You with me everywhere I go
And with me all the time
Because I'll never let you go
All love you till the sun won't shine.

Shelby Lanier

True Friends

True Friends,
A sweet smell

True Friends,
Are your hiding place

True Friends,
Accept you no matter what!

True Friends,
Are your help in times of trouble!

True Friends,
Are there to listen

True Friends,
Hold you accountable

True Friends,
Are always loyal

True Friends,
Love you, for you!

❑ No matter how annoying
You...cause that's why
They're so caring!

They're True Friends! !

Shelby Lanier

We No Longer Exist!

There's nothing left to say
Because I no longer need you,
You're not in my heart
And we have nothing left to do

I hope that you'll be okay
And take care of yourself,
But you're not in my future,
So I can finally be myself!

I now can speak my soul
And let it finally break free,
Without looking back,
Or for you to be pleased with me!

You no longer have a say
In the things within my life,
So get over me and move on
Because with you is the only way I'll survive!

Shelby Lanier

What Words Can I Say?

What words are enough?
What words can I say?
I want to lift up urn name
And worship you night and day!

What words are enough?
What words can I say?
To say that I love you,
Won't clarify it in anyway

What words are enough?
What words can I say?
'God I need you', are my words
I am forever in your debt, which I can never repay

What words are enough?
What words can I say?
I'm on my knees crying to you
'HOW CAN I LIVE FOR YOU TODAY?

Shelby Lanier

When The Night Comes

I sit here at night
Thinking of you
Wondering where you are
And longing to be with you

I give a silent sigh
And my heart is in pain
Because the thought of you
Makes me go insane

I sit holding my pillow
And stare into the dark
Thinking that i see you
Leaves me this precious mark

The thought of you there
And me sitting here
Brings tears to my eyes
And gives me a deeper fear

That i will loose you
Within a blink of an eye
That you'll be gone
And that I can't say goodbye

I sit here alone
And then loose my breath,
Because the thought of you gone
Just drives me to my death!

Shelby Lanier

Without You!

The thought of you
To me is something special
We laugh and we cry
And i keep nothing confidential

I tell you my thoughts
And that one special desire
To always be with you,
And it will never really expire

Day by day
My feelings grow strong
And I imagine you here with me
Holding me in your arms

Without you
I don't know where I'd be
maybe off brokenhearted
And no one to care for me

You love me for me
And thats all I really want
Us together forever;
For you'll always fill my heart! !

Shelby Lanier

You Are My Enemy!

What's your problem?
I can't stand to look at you
All you do is forget
That there's nothing I can do!

I want to get rid of you for good
I can't even be in the same room
As the same person who
Ruined my chance of life is doomed!

I'm tired of seeing your face
And I hate you with the bottom of my heart,
So please leave me now,
So you and I can part!

Shelby Lanier

You Don't Know Brokenness!

You don't know brokenness
Until you're in rock bottom!

You don't know brokenness
Until everything is lost!

You don't know brokenness
Until your life has shortened!

You don't know brokenness
Until he has broken you!

☐ You were once happy, but
☒ Not anymore...he chewed you up
☒ And spat you out

NOW YOU KNOW BROKENNESS! ! !

Shelby Lanier

You Make Me Smile

I think back on my day
And the hardships that I had
Still stressed and confused
Trying not to get mad

I explain to myself
That tomorrow is a new day,
There's no need to worry,
And my troubles will go away

Suddenly, I begin to realize
There is someone who can help,
Who always makes me smile,
Something I need to develop

He appears into my mind
And his words follow along,
This gives me a greater smile,
That he says can never go wrong

Suddenly I'm blushing
And my troubles disappear,
Because you're the one,
That made me happy my dear!

Shelby Lanier

You!

Someone who stands on top
Who has a smile that will not stop?

Charming and handsome are you
Attractive and intelligent too!

Everything going for you
Is there anything you can't do?

Yes, love me for me...
No, you have no bit of misery!

All I wanted was something so simple
But all you gave me was trash in triple!

I cried over you day and night
How foolish I was, and thought I was right!

All I wanted was your friendship and care
But all I got was sorrow and despair!

So, you are not the best of all
To the world, just a pest that will fall

You...tore me apart,
And stripped up my heart!

You will pay for what you have done!
I will not forget what you called fun!

You, which is all I can say...
How dare you lead me such astray? !

Shelby Lanier