

Poetry Series

TD. Kumar
- poems -

Publication Date:
2012

Publisher:
Poemhunter.com - The World's Poetry Archive

TD. Kumar()

Born in 1940, I saw as a young boy the culmination in 1947 of free India under Gandhis leadership after centuries of colonization and royalties. I was and still now imbued with unique visionary idolism coupled with grass root pragmatic strategy. Combination and connection of ends and means which was Gandhis unique insight. I was trained in physics with masters. Though I was equally interested and soaked in literature and philosophy India, English, American, French, Russian and others. Now, after variety of experience, including Indian Revenue Service leaving the job in 1994 as a senior commissioner of Income Tax. I am a film maker, writer, director and producer. Writer(poetry, prose and articles) , social activist and trainer in HRD and human empowerment using various Indian and western techniques, old and new. My writing spans a large often contrasting area of science, philosophy, spiritualism and social cause. I have some rhymes in my poems it challenges and provokes me to explore new words, phrases and concepts. I offer my poems hoping the reader will get some value and insight. I request them to read it with love because it is offered with love.

'maitri' And Gratitude -Unconditional

True excellence is unconditional.

And this, in our core is natural

"If you have not learnt much, be grateful that you have learnt at least little

If not, thank yourself that you didn't for sick, physical or mental".

"Even if you fell sick, be grateful that you were not dead

And if you died celebrate that you are liberated

This is unconditional gratitude ", Buddha said.

Similarly unconditional 'Maitri' and friendliness is inculcated.

"Where you are going to teach, bad people will insult you "

"They will insult me but not hit me"

"What if they hit you"?

Buddha's disciple said, " "I will thank them if they only hit but not killed me".

"What if they killed you"? , Buddha persisted

"Then I will be grateful for getting me liberated"!

Buddha certified the disciple for his unconditional 'Maitri'

To teach the same village his journey started.

This unconditional 'Maitri' (friendliness)

Is associated with compassion equanimity and being happy with other's happiness

Thus excellence and Buddha's four values

Are unconditional and signs of true natural greatness!

TD. Kumar

A Stone Is An Energy-Whirlpool!

A stone is not just a stone, hard and heartless
But an energy-whirlpool, fluid and seamless
Quantum physics melds the dualism of matter energy, probability and certitude
Space-time zero and infinitude!

TD. Kumar

A Void And Zero Needs No Prop!

A void and zero need no prop

Nature of nature and life needs no 'divine top'!

Buddha's 'Shoonyata' doesn't have a God to create and maintain

Void is womb of cosmos, sans space-time and matter, with 'Nothing' to sustain!

TD. Kumar

All Good Things Of Life Are By-Product

All good things of life are by-product

TD. Kumar

An Ode To Ego.....

An ode to Ego.....

TD. Kumar

Anatomy Of Humor And Physiology Of Laughter

Anatomy of Humor and physiology of laughter

TD. Kumar

Appreciating The Hot Summer

Appreciating the hot summer

Appreciating the hot summer is not easy for most

The scorching summer does appear to roast

Everything, earth, plant, animal and man

But sun pours its enormous energy, for us to store, if we can!

A large segment of earth becomes a free 'sauna bath'

Something which is a costly affair in a hotel or club

It is healthy and delicious after the sauna to have a chilled shower bath

We should be grateful for the free massive hot air bath tub

The hot summer is the cause of clouds and rain

With blessings of flower, fruit, vegetable and grain

And to repeat we have to learn to trap the massive solar energy

Even a few weeks of this solar outpouring can exceed our annual needs of energy

TD. Kumar

Atheist Or Agnostic May Be Truly Spiritual

Atheist or agnostic may be truly spiritual
It sounds somewhat unnatural
Science is uncompromising search of truth
And science of 'Being' is ontological.
The sage 'Ramteerth', travelling in a ship, , met an old man
He said, he is trying to learn Russian as soon as he can
The puzzled ' Swamee' asked why he doing this instead of devoting to 'God'
The old man, a famous geologist and professor said he is not too old
To learn Russian to translate a famous book for students and country men
'As for devotion to God, your own 'Geeta' says as a guide to all men
That 'Karmayoga' includes unselfish spread of true knowledge'
These words gave new insights to the Indian sage.
Truth love and beauty, the three faces of Shiva are at the base of humanism
And spiritualism including scientist's agnostic secularism
In fact they are roots and flowers of all great religion
It is more valuable to live these values, truly human!

TD. Kumar

Being In The Flow Is The Best Way To Cross The River!

Being in the flow is the best way to cross the river!

TD. Kumar

Beyond Fight And Flight

Beyond fight and flight.....

TD. Kumar

Bhagwad Geeta

Bhagwad Geeta, the most luminous gem
In the blood stained body of Mahabharata, the Great War epic
Inspiring realistic and sometimes sick
Geeta is a book of unparalleled fame.
Forged in the fire of the battle
A dialogue between God and man
Krishna and Arjuna, the guide and leading warrior of the battle
A resigned, depressed and confused man.
Delivering the deepest knowledge with vigorous energy
Synthesis of conflicting strands of thought with wonderful synergy
Geeta is a song yet the quintessence of hundreds of scriptures
A battle hymn which teaches meditation and heals many ruptures!
A most original principle of 'Karma'
Non entangled with results but aligned with highest 'Dharma'
Mingling knowledge and devotion with dutiful excellent action
With no inertial push or pull, it is transmuted into joyous worshipful action.
A song for one battling in the real rocky world
Gives light to hamlet- like Arjuna to pull him out of mournful inaction
Acting with equanimity, without blind reaction
Geeta is both, mystic or pragmatic, in a difficult and often devilish world.
Like everything great, Geeta has been also misused
To condemn a chunk of society as low born and bruised
Due to presumed passed 'Karmik' seeds
The elite sunk in inaction or justifying as god's instruments, all their misdeeds!

Billion words have been written to interpret this song celestial
But it's message is direct and captures the essential
Man's basic dilemma, torn between values and duties and paralyzing attachment
A harmony between moment and eternity, real and ideal, worldly and spiritual
firmament.

TD. Kumar

Bhasmasur' Syndrome

Bhasmasur' Syndrome.....

TD. Kumar

Cats And Dogs!

Dog is attached to people and cat is, to place

TD. Kumar

Close Strangers.....

Close strangers.....

TD. Kumar

Commonwealth Of Body, Mind And Soul

Commonwealth of body, mind and soul

TD. Kumar

Compassion And Meditation Are Both, End And Means

Compassion and Meditation are both, end and means
Minus ego and expectation, it cleans
Compassion like a tree gives by it's very nature
Compassion, expecting return is a business and caricature.
Act of kindness is a reward in itself
You express your true nature and cleanse yourself
You move forward in self actualization
Maslow's basic and ultimate motivation.
Instead of pity and feeling superior
it is a worship and should be grateful
Thus there is no sting of ingratitude and disappointment's odor
If you respect the receiver he will not react and be ungrateful.
Meditation is a journey to the peak
And also the peak itself
You climb high and realize yourself
It is an effort leading to an effortless state which you seek.

TD. Kumar

Count Yours Mistakes

Count yours mistakes..... They are as many blessings!
Most of us are victims of countless errors and failings
They could be valued lessons
Though mistakes first appear like painful falling!
If you search, there are secret exits
'The ugly and venomous toad of adversity wears yet a precious jewel on its head'
Provided pain and 'blindness' you shed
You can choose the lesson which fits.
If you really want to be a Success, increase and embrace your frustrations!
Ten Attempts mean three wins and seven failings, seven lessons
Hundred trails yield thirty win; seventy frustration, Seventy learning Points
Great achievement results from more failures, more lessons!
So increase trails and set backs
You get more wins, more learning
Count your mistakes as blessing
You will ascend higher steps and tracks.

TD. Kumar

Distinction Is Necessary For Unity

Distinction is necessary for unity

TD. Kumar

End Is The Beginning

End is the beginning

TD. Kumar

Entropy And The Murphy's Law

Entropy and the Murphy's Law

TD. Kumar

Even A Zero Can Make A Difference!

Till your last breath you can sow some seeds
And make a lasting presence
Elementary mathematics shows that even a zero can make a difference
You may not create a garden but shift some thorns on the way and remove
some weeds.

Warm smile is the best cosmetic for a woman
A friendly hand shake can make a difference to any man
Buddha defined 'Nirvana' as Shoonyata, meaning Zero
Two sides of the same coin are infinity and Zero.

Making a difference is a step in self-actualization
The deepest drive, the soul-force is Maslow's highest motivation
Madame Blawetsky, the founder of Theosophy, always carried a bag of flower -
seeds
Scattering them every where she went, A flowering earth was her visualization!

Lighting a match stick by everyone in a congregation at night
Makes it brighter than day light
Even If you think you are a zero you can make a solid difference
A handful of nuclear dust can fuel a long space flight.

TD. Kumar

Feeling Vs. Thought

Feeling Vs. thought.....

TD. Kumar

Forever Homeless, Alien And A Refugee

Forever homeless, alien and a refugee
This is a strong feeling always haunting me
Nothing binds me for long and stops me from being a vagabond
What calls me yet always eludes me?
Was I born an alien or outsider?
The colorful, tragi-comic drama called life, leaves me cold
When very young I became old!
In the garden of this world something prevents me from being an insider.
Yet my emotions rise sharply but quickly subside
Far away I watch this ebb and tide
All this while involved in constant value based action and projects
I remain a lonely heart, always left outside!
Am I deluding myself with 'Geeta's Anasakti' and dispassion?
Yet I am often swayed by passion
Balanced between passion and dispassion, insider- outsider, tears and laughter
I do have a streak of compassion.
A perpetual gypsy
I find any place a fleeting shelter
An inn for the night-halter
I am ready to leave this place called world fragile and silky!

TD. Kumar

Friendliness Is Not Just Friendship (J)

Friendliness is not just friendship

The difference is between a boat and a large ship

A room with few windows or open sky

Friendliness is all embracing and ever widening circle of relationship.

Buddha calls it 'Maitri, ' an expansion of oneself

Reaching out to all with love and compassion

Not a stagnant puddle but an ocean

A loving kindness, unconditional sharing of yourself.

We all have relationship of friends and family

Extending some times to community and nation but rarely to the human family

Stagnant and isolated pools of relationship often breed conflicts and wars

A couple, family, a few friends or community can gang up to have Mafia wars.

But friendship and family can be a lab and a beginning

For creating and nurturing unconditional loving

Love- spiral freezes at any level it hardens into a fort of battle

We can learn unconditional and expanding love from a tiny flower with its
fragrance tenderly spreading.

TD. Kumar

Genetic And Neural Structure, Rigid Or Malleable?

Genetic and neural structure: rigid malleable?

Most of us are too ready to believe that our constraints are invariable
Free-will is nominal, destiny supreme; genetic and neural structure is inflexible
While bio-science in last thirty year and countless examples in history indicate
our limitation to be quite fluid!

Every moment we think neural circuit is formed anew and if repeated, it turns
into believe or habit

Even the impact of genes is re-shaped by our effort and possible change of habit
It is for us to make use of this plasticity for positive growth and Evolution
In spiritual language it is opportunity of man to align with God's plan and
intention!

Science and technology, leaders artists and sages

Are doing it with courage for ages

It is sad that 'God helps only those who help themselves' who design and re-
script life

Accepting constraints and yet increasing the area of Freedom, with creative
strife!

TD. Kumar

God's Postal Address

A strange query a boy was obsessed,
Listening to Gods Omnipotent's
With infinite love and omniscience
By everyone this attribute were stressed

After a long and sterile search, finally he met a very old sage
'After creating, God the creator lived with his creation
But man would soon find him and pester Him with demands and prayerful
petition
God searched everywhere to live 'incognito'- Earth's womb, sky and under
oceanic waves

But man would soon hound him out by his superior technology
Diving in the sea, stellar explorers and digging dip in the Earth,
He decided to hide in man's deepest core where he hardly looked as a place of
worth
He became abstract and pervaded the creations cosmology

He became one with his creation, in temple, mosque, a particle of sand, a ripple
or a star
He, like Brahman and Tao, was everywhere and nowhere
In every form yet formless, difficult for man to detect unless he went inside his
own core so near and so far!
Thus the postal address of God is in your heart and soul, with centre everywhere
and circumference nowhere'

The boy in his innocence got the sense and mailing address
He could feel God's presence everywhere and in every form.
He didn't have to go through search and stress
Surprisingly, he could also sense deeply God's attribute, abstraction and form.

The wise elders of a disturbed village
Full of conflict, violence and craze
They went to seek the advice
To a nearby hill where meditating, was a Jain sage

Listening to their sad story closed his eyes for a while
Then he said 'A God will reincarnate in your village in a little while
The elders went and waited for a month and found no difference

They came back to the saint and said they could not find the God - incarnates'
presence

The saint after closing his eyes said the God has already incarnated
You have to search in everyone where he is located
The elders went and everyone started searching God in each other
Soon the village was transformed with harmony and godly flavor.

TD. Kumar

Grandeur Of Anonymity

There is Grandeur in anonymity
Nameless celebrity
Sans name and individual personal biography
It is still part of oceanic universality.

Being a dropp and ripple in cosmic time and space
It has supreme egoless Grace
Biography and identity don't really mean much except ephemeral fame
After all what's there in a name!

Shakespeare had a valid point
In the mind boggling field of dynamic consciousness
Why etch your name on the bark of a tree, winning a silly point
Billions of nameless workers, artists and thinkers have enriched our cultural awareness!

After all history personal and global is one damn thing after another!
In long run who is going to bother?
Except egos habit of name fame, greatness and immortality
It's great to be anonymous and sleep into even non existentiality.

A secret nameless gift is the highest in god's reckoning
But the gift is given for the real need and not fleeting want
Gift with expectation of return in money, love, gratitude, fame and publicity is just accounting
Secret and anonymous gift or creation is like a sacred chant

TD. Kumar

Grow Dwarf As You Become Tall!

Grow dwarf as you become tall!

TD. Kumar

Grow Dwarf To Become Tall!

Grow dwarf to become tall!

TD. Kumar

Happiness

Happiness is a by-product

TD. Kumar

Happiness Is The Way To Happiness!

Happiness is the way to happiness!

TD. Kumar

Hitting The Bottom, You Find An Exit!

When you are overwhelmed with fearsome shadows; you are sinking
Every connection and joint in your life is creaking
Crawling in a seamless tunnel with no light at the end
Hitting the bottom, you suddenly find an exit and opening.

When dark clouds have no silver lining
When every fiber in your body and mind is twisted and writhing
A window zooms in and you get an exit into luminous sky
You don't know its' how and why?

Your memory box is chock full of methods and inspiring words of positivity
But they are not available within the choking black box of negativity
Suicide as the only option, you still clutch at the straw of dim light of hope and survival
Suddenly you let go hit the bottom with a thud and welcome a moonbeam's arrival

You jolt into a movement with a deep breath and a glass of water
Separate the feeling of strangulating depression
From the entangled wounding conversation
Get into going by knowing the difference between who is suffering and the witness, with a ring of laughter

TD. Kumar

I Don'T Write, I Am Written, It Just Happens!

I don't write, I am written, It just happens!

TD. Kumar

In Praise Of Money And The Physical

We either Love or hate too much, money and the physical
Mostly we pretend or are cynical
The acetic and the epicure are two extreme of the same spectrum
For the truly spiritual, a balance is very critical.

Love, hate or indifference marks our attitude to money
Same with sex and body can be temple of soul anointed with vital honey
Instead of these three attitudes we should have creative balance concern and use

Money or the physical are important steps or boats in the spiritual journey.

Money with technology and attitude
Of trustee or manager without ego and "owner's" attitude
Has and can transform the negative, natural and human condition
Sex and body can be 'flying machines' to reach higher altitude.

TD. Kumar

Invisible Insanity

Like laundered crime, insanity is often invisible
A perfumed Shit or velvet draped garbage, It is terrible!
A masked killer It's unseen' enemy of people'
Diseased in emotion, intellect and morals, without balance and scruple.

Hitler and his Clan of hypnotic detectors or his followers,
Intelligent but with soft plastic spines
simple even religious people wage Wholly wars and bloody crimes
They are bound by invisible Insane fetters.

criminals crude, Or with sophisticated blue or white collars
Also insane Though not so called as they are loaded with heavy Dollars
half The monks beggars,
homeless and Whores derange and depressed
Senior citizens, lonely - tormented house wives are half crazed

TD. Kumar

Karma Cola

Krishna's powerful principle of positive action
Has been polluted as a 'karma cola' of misty fiction
It is scientific law of cause and effect applied to human life
Value based dispassionate action is 'Bhagwad Geeta's key injunction.

By extending it to a series of birth and rebirth
It has robbed it of punch and urgency of present action
Karma cola has de-humanized us and damned millions of unfortunates by their
very birth
Call it casteism or racialism or indifference to people trapped in poverty and
adverse social condition.

We are good and virtues merely to add 'Punya' for the next life
Too much involved in our own 'Karmic' balance sheet
Impervious to collective injustice and strife
It is all right for us to be indifferent to human suffering, dust and heat!

But Krishna had advised collective 'Karmic' result and action to rectify
Removing injustice and 'Adharma' here - now was his war cry
So was Gandhi's or any prophet's collective vision
True 'Karmayoga' includes all humans in work for a common mission.

TD. Kumar

Kill Your Darling!

Kill your darling! ! ! ! ! ! ! !

TD. Kumar

Krishna In Crisis

Krishna in his last moments, is wracked with doubts and regrets
Though and 'Avatar' he was yet human, framed in freedom and constraints
A life full of fraud though with good intentions; his clan and dynasty was in
shambles!

Was he always conscientious or deviant? He raves and rambles!

The great 'Mahabharat' he had violated many rules of war

To finish his opponents Bhishm, Karna Dron and Duryodhan

Cursed, perhaps rightly, by the bleeding heart of Gandhari, with her dead son

He and his yadava- clan met there nemesis, though Pandvas won the war.

His dalliance with Gopees, young and Senior, in play and 'Raas'

Large number of queens and grand palace

Was not fit for Yogi Krishna, Alas!

His life has been like a black and white pearl necklace.

But then I was using fraudulent tactics as a necessary device

To establish eternal values and 'Dharma'; and end vice

My love for man and specially woman was to teach them its true meaning and
magic,

Courage and value, devotion, dance and music.

Krishna had a sense of peace, he felt justified

With innumerable gems in his 'Karma' and His great 'Bhagvad Geeta' he shed
his human life, quite satisfied.

TD. Kumar

Krishna Is A Unique Synergy Of Archetypes

Krishna is a unique synergy of archetypes

It is not relevant for me whether he is a historical fact

Or 'Sampoorna avtaar', one of the godly stereo types

As a mythological figure his uniqueness will always attract.

His unparalleled contribution is 'karmayoga' of geeta, the song celestial

Delivered in battle field to a depressed 'Arjuna', who is escaping responsibility

Dispassionate yet passionate pursuit of values or 'dharma' perennial

He is a lover, yogi and warrior to end sinful inequity.

A friend, philosopher and statesman

Often unfair as a warring human

To establish higher 'dharma' he could be a political manipulator

Accepting 'Gaandhari's shaap' he gladly suffered his clan's ignoble destructive career.

Synergy and syntheses of multiple roll

Teaching and elevating body, mind and soul

Krishna conscience, doer - Arjuna and battle field 'Kurukshetra'

is alive every man's mind and life-goal.

TD. Kumar

Ladder Against The Right Wall For The Right Roof

Ladder against the right wall for the right roof

TD. Kumar

Laundered, White-Collar Crime

Laundered, white-collar crime

TD. Kumar

Learned Parrot

Learned parrot

TD. Kumar

Learning In The Battlefield!

Learning in the Battlefield!

TD. Kumar

Lesson Of Anger Management

Lesson of anger management

TD. Kumar

Life Has Many Models

Life has many models

TD. Kumar

Life Is A Fantastic Reality Show!

Life is a fantastic reality show!

TD. Kumar

Love Is Mostly Loveless

Love is mostly Loveless
Corrupted by the desire to possess
A great deal of suffering when the 'object' is missing
By separation, divorce and death's fatal sting!

Jealousy as in Othello can be fatal
There has to be mutual trust and surrender of egos', total
Real love is unconditional contribution of your inner fragrance
So love is mostly robbed of Love's essence.

A tender kiss caress or entangled bodies
Resonance of mind and soul
Krishna taught love as a Whole
Why take poison when you have available the nectar of true Love's bliss?

TD. Kumar

Love Must Have Separateness

Love must have separateness

TD. Kumar

Mahabharat- The Great War Epic

Unrivalled in breadth and depth

It is greater than Iliad or Odysseus, Homer's Greek epic

Blend of human realism and bright values and idealism is it's very strength.

Every hero or character is flawed

Due to curse or inner weakness

Fraudulent greedy, arrogant or ill-starred

Dropadee shared by five husbands, is gambled of in a manner, sick and shameless.

Mutely witnessed by wise elders she is stripped in open 'Darbaar'

Her friend Krishna the God -incarnates saves her by endless extension

of Saari, by his miraculous act and decision

The most infamous scene in history, it was soon followed by the Great War.

Bhagwad Geeta, the brightest jewel in the bloody crown

Of Mahabharat, is a book of great renown

Teaching karma not entangle with fear of future or mishaps of past

But with quality and values of dharma; and justice, never let down.

Hamletesque Arjuna is motivated to fight for values and justice

Even his respected elders, Guru, friend and relative

With courage and Dharmik motive

For a lasting value- based peace.

Mahabharat is both, realistic and fantastic

With men who are great warriors and donors yet with lust arrogance and misplaced vows and loyalties

It has integrity and yet cunning, politic.

women, beautiful and polyandrous, not known for chastities.

Good wise men are weak and bad are' blind' and strong

Geeta is a celestial war song

knowledge and superstition, logic and miracle strategy and crooked tectics

Mahabharat is a knowledge bank, a national library and epic, condensed yet long.

TD. Kumar

Many Door Of Perception

Many door of perception

TD. Kumar

Meaning Of Truth

Meaning of truth

TD. Kumar

Morning Snap Shot

Morning snap shot.....

TD. Kumar

Music As Noise And Noise As Music

Music as noise and Noise as music

Music is often a noise

If not listen to, with focus and poise

A distraction when you converse and discuss or you are pre occupied

And there is stand of music and rhythm in silence and noise!

In the world there is nothing ugly or noisy

It seen through the right perceptual prism

It can be symmetric, harmonious and rosy

You reveal waves of beauty of multiple frequency.

Instead of noise we can call it soundscape

As an attractive landscape

With jagged contours and features of all kind

An aesthetic magnetism downs in an artist's mind.

The dualism of beauty and ugliness

Is blurred in creative vision

So noise has elements of music and music could be disturbing and senseless

Like a mystic, you see a unity, and beauty in every place and season!

One can see rainbow and stars in an oily drain

By presenting and witnessing detect the truth's vein.

For mystic, artist or scientist

There is always, a charming creative mesmeric rain!

TD. Kumar

No Matter Never Mind!

No matter never mind!

And age -old confusion of difficult kind

Whether the world is made of matter or is mental - spiritual?

Or it is both, matter as well as mind.

In fact neither matter is same as mind

Nor mind is of material kind

Yet both are connected, aspects and levels of the same system

Two in one and one in two, a paradoxical bind.

but there has been a raising conflict between Monism and Dualism

and multiplicity or pluralism

matter-mind, body -heart- brain- soul, manifest-unmanifest

Essence- Form(or Existence) , rationalism-spiritualism, in fact any type of conflicting ism

reason-observation- imagination-intuition, faith-skepticism

a large array of dualism and pluralism

transient- permanent, freedom-connectivity, local-global

these conflicting concepts have riddled knowledge with deep schizophrenia and schism

a more reasonable and modern view is that they are parts of the same system

two edges of continues band spectrum

we have to perceive and synergize the One in Many and Many In One, a paradoxical breed

We reach the mystic, Zero-Infinity, two sides of the same coin indeed.

Modern physics has blood the dualism

Wave- particle, matter-energy, space-time, here - there, now-then

Injecting, probability, uncertainty, relativity and complementarity in the scientific vein

Thus both science of matter and Being are merging without any schism!

TD. Kumar

Obedience Or Rebellion

Obedience or Rebellion

TD. Kumar

On The Hill Of Effort Is Effortless!

On the hill of effort is effortless!
Much art is needed to look artless
Simple covers lot of chaos, cost and complexity
It takes laborious 'Saadhana 'on spiritual path to get natural goodness and
godliness.
'Buddha' on the last day of his spiritual journey
Made a 'do or die' commitment for the 'Nirvaanik' ascent
Next day as he fell in a stream's current
He let go and he was in effortless, enlightened epiphany.
Novelist Flaubert and symbolist poets Mallarme' and Valery
Worked very hard to hone their creativity
Then made further effort to make it spontaneous and effortless
This is true for the scientist, musician and painter to make large number of
experiment with effort relentless.
And then comes the discovery's miracles
Similarly with a saint or oracle
The great formulas of science, look very simple, even obvious!
But concealed is the complexity and effort, long and serious.

TD. Kumar

Parallel Universe Or Multiverse

We are embedded in many worlds and parallel universe
We better call it multiverse
In cosmology 'dark and white matter and energy'
The world of antiparticles and manifest or virtual field and reality.

Is there synergy or separation and isolation?
Or like the shells of onion
With different layers and yet a symbiotic union!
electron, proton- quarks or cosmic dimension.

between big crunch in black hole and big bang through white hole
there is an unknown world of multiple dimensions sans time and space
'shiva' sleeps, laws of nature fail, with God perhaps we are face to face
travelling speedier than light we could explore the cosmic whole

the world of microbes and some animals under unbelievable heat and pressure
without air and nutrition are found in sea bed, Earth's womb even moon and
mars
there could be totally different aliens in distant planets and stars
there could be life based on dry silicon not moist carbon and 'intelligent, alive
robots' with loving feature

Mythology, specially Indian has many 'lokas', a multiverse of God and demon
with unbelievable powers, positive or negative sub or super human
we have to explore and synergize for higher evolution and mystic peaks
in fact each man's mind is a parallel universe, with or without communication!

TD. Kumar

Passion, Compassion, And Dispassion

Passion, compassion, and dispassion

TD. Kumar

Poison Of Power

Poison of power.....

TD. Kumar

Power- Black Or White

Power is black or white
As inside you are dark or bright
In itself Power is neutral, a scalar vitality and energy
The ' Will to live and survive', 'libido' and 'elanvital'
It could be evolutionary ascent or flight!
There is power of sex, beauty, money, fem, control and position
Positive power is ability to influence people and events outside, for strong
progression
Power in any case is basic sap of life and it's driving force
Powerless is being tooth less and impotent, a humiliating position!
The challenge is to give tooth and power to love and goodness
To human values, compassion and friendliness
Mostly power is with negativity, hate and violence
Difficult but not impossible is to assert loving kindness!

TD. Kumar

Power Of Beliefs

Beliefs are powerful
Whether as cage or a pair of wings
Binding you with strong and unseen strings
Or a rock of commitment and values soulful

It is an adult job to filter and discriminate
Positive or negative, you separate
It could be unconscious, blind, and irrational
Or with eyes of reason it could be powerful instrument of positive escalation

With strong legs and eyes of reason
Thus turned into faith you could easily accomplish your vision
Faith is opposed to usual pugnacious prejudice
Like a sword with a lamp of love to run to your mission.
Beliefs tend to harden and fossilize
It has to be dynamic not fanatic and it has to grow as new situation arise
Faith like basic values is timeless with support of experience of ages
Like strong commitment it can 'move mountains' through hurdles of any size!

TD. Kumar

Problem Is Solution!

Paradoxical? But it is true that problem is solution!
They say, every problem has a solution
It may be veiled or potential like sun in womb of darkest night
It is for us to act upon but problem does breed multiple solution
What is the worst that is going to happen?
We have to accept the worst if it has to happen
What are the actionable solutions and which is the best?
When my action and it's first step is going to happen?
There is a lesson and strength concealed in every problem
If you take it as challenge, you rise Taller and climb to a higher level
Like a jewel- headed snake there is a gem embedded in every problem
A problem may reveal a new opportunity, a new dimension, and a new level.
There is magic in shift of perspective
From close-up to long short or wide angled perspective
See the problem in context of community and humanity
See it in the context of your own stretch of life and history of humanity
A blade of grass becomes a mountain if very close to your eyes
And mountain becomes a molehill far away from your eyes
So see the problem by shifting context or perspective or your long range goal
and mission
Get busy in day to day work as per your action plan for your vision.
Divide or Analyze the mountain of the problem
Much easier to handle the bits of the problem
Live life day to day, moment to moment as per your innovative plan of action
Very soon you will get over, forget and forgive the problem!
Accept and wait; time is a great healer
May be God or nature has some better plan which you can't know right now
And the problem is just His feeler!
So a problem is really a solution and you are to act on your schedule, right now.
A problem is a problem when you think it should not be what's so
It dissolves like a dark cloud when you accept what's so.
It may appear strange but there is
A dynamic power of a emerging possibility and strategy in embracing what's so.
Count your blessings and golden moments in past and now
Look around and see particles of gold in the conditions and environs, now
Meditate pray and share with a friend or a counselor and expert
Initiate any or all of these, now.

Reality Show

Reality show.....

TD. Kumar

Resource And Challenge

Are two key components of achievement and change
Both are important, are necessary and complimentary
But we mostly 'latch on' to one treating the other as adversary.

normal view is that larger the resources larger the achievement
but life and history prove otherwise
lack of resources sometimes can create a challenge with higher excellence and accomplishment
thus higher output does not depend only on the resource's size

Parkinson showed that any amount of resource
by uncommitted activity or goal, without direction and force
any amount of time, money, energy etc can be consumed
if challenge is missing and availability of resources is presumed

challenge and commitment however reverse the situation
they can compensate and even overshoot the adverse condition
in fact they generate unexpected support and even increase the energy and other resources
thus challenge is the more potent pill even for resource mobilization and memorable transformation

if the resources are large even then a challenge can be created
by setting a larger goal and even the time span can be shortened
with sufficient challenge the accomplishment may shoot
unbelievably rich global village can be created

TD. Kumar

Righteous Is Not Right

Righteous is not right

'Holier than thou' is not a holy sight

I am right you are not, is the core of righteousness

It has generated conflict wars and culture's bloody dark night.

It could be religious or ideological rigid belief

From the fanatic prison bars there is no release or relief

History is full of 'righteous wrongs' and unholy 'holier than thou' conflicts

Killing or healing this dangerous virus man has to turn a new leaf.

I right and righteousness is a rib of ego- survival

'I m ok you are not' is a neurotic feature and level

affecting individual family, community, nation and humanity

hatred, fights and wars erupt on 'holy' beliefs and rigid ideology

TD. Kumar

Salute To Sunset Of Age

Salute to sunset of age
Cherish that you didn't die before this mellow stage
A seasoned autumn which may be extended by a little care
There are many blessings of this ripe age.

All except some diseases and disability link with senior age
Can strike us at any age
Stiffness of joint and brittleness of bones and serious dementia
Can be prevented, even cured by exercise, medication and meditation and by
avoiding body and mind's inertia.

Some seniors become richer and without onerous responsibility
Of marriage of children and their education's liability
With no burden of career or ambition they have time for creative activity,
socializing and social work
Teaching not advising in an interesting manner and playing with kids is a distinct
possibility

Each senior is a library of information, training and practical experience
They have a gold mine often untapped, in some sense
It is the young, who are the losers pushing them in a lonely corner,
In family or institution, waiting for death with numb religious fervor

They have lots to share, contribute and make a difference
Nature gives them freedom from entanglement
The possibility of spiritual presence
Their snow kept head and wrinkles on face is a symbol of maturity of judgment

This is an age to celebrate the autumn of 'Mellow fruitfulness'
To increase their meditative and spiritual richness
You are only as old as you think you are
We should honor their golden tender fullness

TD. Kumar

Sans Props And Pillars

Sans props and pillars

TD. Kumar

Self- Development Vs. Self-Realization

Self- Development Vs. Self-Realization

TD. Kumar

Sense Name, Forms, Attributes, Paradigms And Concepts

Sense name, forms, attribute, paradigm and concept

You are left with nothing, a zero, non existent and unmanifest!

It is 'Shoonyataa' of Buddha and 'Nirvikalp Samaadhi' of yoga

After 'sagun' mountaineering you have at the peak god's empty nest!

Though easier to begin with 'Sagun saadhnaa' and 'savikalp samaadhi' is still lower than higher peaks

This is the mystic non -being, 'nirvaanik shoonyataa' of which Buddha speaks

Sagun support of form, words, mantra or sound

Help us like a ladder or boat but we get attached and even when not needed we carry them around.

Working for 'samaadhi' which is 'nirvikalp and nirgun'

His beloved mother 'kaalee' blocked his way

Ram krishna could not resist a 'bhaktas' 'sagun' sway

His 'vedanti' guru asked him to cut 'kaalee' by a sword and experience 'nirakaar' and 'nirgun.'

Shocked, he asked where he could get the sword

"You get the sword from the same place you created and projected the goddess image"

As it was difficult to do this by a son to mother's image

The guru hit him piece of a glass at the critical moment leaving Ramkrishna bleeding and cold.

Ramkrishna paramhans had ascended the 'nirvikalp zero stage

Buddha had similarly at final phase

Had to shed all image concept and desire

Even of 'Shoonyataa' and 'nirvaanik' grace.

It difficult to describe the indescribable

It can be expressed with inkless pen and sounds of silence

We can suggest only the possibility and presence

To do only this, the mystics of all schools have been capable.

TD. Kumar

Sin Or Sickness

Sin or sickness.....

TD. Kumar

Singular Plurality!

Singular plurality! ! ! ! ! ! ! !

TD. Kumar

Sour And Sore Tale Of A Top Whore

Sour story of a whore

Having climb to the power hilltop yet wounded and sore
Like nana of zola, christine keeler and our own 'Amrapali'
To every age and every country, there are many more.

Surviving female infanticide and so called accidental burning
if pretty and poor, their mind is full of toxic yearning
winning men of power using the 'sword' of their sexy body
'use men with my own body as a stepping stone', this becomes their life's only
meaning

Devdaasi, costly call girl or exposing as item girl
in a movie, private joint or a hotel
as a 'dirty girl like the slimy silk'
soon realized that they are use and throw items or a sour milk

we empathise and sympathise, seeing such a story
countless lives shattered killed and gory
but compassionate and committed action is rare
I close the poem as ink is turning blood red and scary

TD. Kumar

Spectator Vs. Player

A spectator, journalist or observer

As oppose to Actor and Player

Committed, involved but not attached or addicted

We have to watch these three modes; spectator, player and attached doer.

It is easy to watch, from the Stands, criticize and report the action

But difficult to Play and Plunge in committed action, ,

We must synergize witness and doer, active and passive voice

Be in Side yet out Side Karta 'with equanimity, Pro-active but without reaction

.

This is what' the Geeta' says

The wisdom of every sage

Objective and active, spectator and actor

A paradoxical but an essential marriage!

Modern age has made children even adults In passive mode

Reader, observer spectator (movies, computer screen and games) , a victim
State

In reaction some time Burning with a tyrant's hate

I t is time we harmonize and Synergize the conflicting mode

TD. Kumar

Stone Speaks'

The stones and rocks started speaking in a way I could understand
We are maligned but softer than many hard hearted people
Hardened by indifference cunning and selfish rubble
Shocking me at first, they went on in a style, soft, not grand!
With hard looks, inside we are a confluence of fluid, luminous energy
Standing rock- firm with unbelievable synergy
Giving beautiful curves to earth's body, we are however pulverized
By mans greed for building with stones, variously sized.
Precious stone and priceless monument
Diamond and Sapphire; Taj mahal, Ellora and Parthenon
Thousands of beautiful, sculpted bodies, godly or human
I make beauty and art almost permanent!
Having ores of precious metals
A crown of toll timber trees of fir, pine, almond and teak
Chopping my emerald crown; what does a greedy man seek?
By stripping my green skin and causing soil erosion, man is doing what is
ecologically fatal.
Naked in chill winter I shed tears of dew drops wetting a thin layer of grass out
of my cracks
My heart has all pervading 'Tao' and 'Brahman' my conscious intelligence is not
dead but only sleeps
Plants, animals and men are more awake hence they have, on their souls, a few
black tracks!
Watching the cruel intelligence of man a rock and oak only weeps.
Making countless idols of gods and heroes man has become mostly idolatrous
Breathing love and life in me, man will have more breath and life
Instead using my nuclear energy for destruction you can make a rock talk and
this blue planet rich and wondrous
You will be rock firm and stable and stone will be as soft and tender as life!

TD. Kumar

Surrender With Grace To Grace

Surrender with grace to Grace

Stripped naked of ego and mask on the face

All concepts paradigms, greed, fear, entanglement are shed as outworn dress

Thus naked, your inner grace expands and blends in His Grace.

□

We are afraid of surrender,

As we fear losing our ego and identity

Being entangled in separate self entity

What will be left of 'me'? , we wonder!

But surrender is getting rid-off ego's garbage

Reclaiming our basic natural, soul's grace

The dropp is habitually afraid of its oceanic phase

Surrender is thus reclamation, expansion, freedom and true salvage

TD. Kumar

The Challenge Of Non-Doing

The challenge of Non-Doing

TD. Kumar

The Great Gorbi

The man who single handle dismantled the bleeding cold war
Shading Afghanistan, Eastern Europe and the Central Republics and downing the
Berlin Wall

The man who surrendered a part of his empire for world peace
The great Gorbachov gave a new lease to world peace

For a greater cause a man should die for the family, family for the state and
nation

And nation for international amity, a difficult proposition
But so said Gandhi and Krishna while discussing priority
Supreme space is occupied by 'Dhama', Brotherhood and Equity

Rising above cold war, bloody, loveless
Gorbachov ascended on a higher level
Our P.M. like Nehru doesn't want India to a super power level
They have prophetic vision for a global friendliness

TD. Kumar

The Living Power Of Meditation On Dying!

The living power of meditation on dying!

TD. Kumar

The Magic Of Energy

The magic of energy.....

TD. Kumar

The Meaning And Purpose Of Meaning And Purpose!

The meaning and purpose of meaning and purpose!

TD. Kumar

The True Magic Stone.....

The true magic stone.....

TD. Kumar

The Truth Of Fiction And Mythology

It said that everything is true in fiction (or mythology) except name and date
And everything is false in documented history except name and date!
there is truth meaning and value, though concealed in mythology or poetry or
even a novel

This means we have to synergize factual science and poetry and metaphysical
and mystic state.

Once discredited the value of mythology has staged a come-back
without poetry, myths and metaphors, something vital we lack
the archetypes of mythology reveal the inbuilt roles and script of man
you can adjust and harmonize and re-script but can't erase the archetypal tracks

Reason and observation complement imagination and intuition
this is the insight of any great human
interface and synergy is the tenor of post modern age,
Aristotle, Leonardo, Goethe and Spinoza justify this inclusive conclusion

TD. Kumar

Think And Design Your Destiny

Think and Design your Destiny

TD. Kumar

Today

Today is the first day
Today is the last day
A paradox?
But a truth blooms, in every search 'Today'!

Today is the first day of life yet to come
first day is to celebrate and welcome
To plan the life -time left
Play hundred percent to get the best outcome.

On the first day, there is no time to be lazy
Sad, sick and crazy
Sow the seeds of love, friendship and mission,
A golden day, a field full of daffodils and daisy.

Today is the last day of a Bygone Age
for gratitude, forgiveness and farewell
we may be just a breath away, to quit the stage
to complete and some up our life's works, to leave a mark, an ongoing trail.

Today is the last and first day
There is no time for hatred or settling a score
It is to mine the golden ore
each 'Today' is an exciting luminous day.

TD. Kumar

Tough Is Sometime Soft

Many times tough can be very soft
Like mother's slap when some serious mistake is done
Like the healing knife of a surgeon
Tough is the protection and strengthening rib of soft

For discipline we need father's tough compassion
For accomplishment we need occasionally some unpalatable decision
Duty and task are the strategic elements
Which forwards our mission

Task has to be designed in view of the vision
But dry and cheerless duty is counterproductive
Every day every moment has to be joyous and creative
Realistic action is necessary for lofty destination.

There is a basic joy as you climb a mountain peak
Every step is important though difficult for the end you seek
Living in the 'Here-Now' is necessary for there and then!
Sweat and blood may be necessary for some difficult link in the achievement chain.

TD. Kumar

Unconditional

The Deepest values like root of every religion are unconditional
At our core level they are even natural
Truth, love, beauty, compassion and celebration
Renamed excellence they are universal and eternal

The roots and flowers of true religion are secular
Humanism and human rights in modern parlance
In management they call it excellence
Self expression and actualization as the highest motivator

The human values embrace a theist, agnostic and even atheist
In search of rigorous truth and objectivity is a scientist
In fact god could be defined as apex and synergy of these values
Like the unconditional compassion, beauty, truth, love, and beauty of a Buddha,
Kids, Einstein, or Christ

But what's the meaning of unconditional?
No accounting or expectation, seemingly irrational
Difficult but natural in tree and flower, whole nature
A child, in fact all of us in many moments have this godly feature!

TD. Kumar

Unconditional Equanimous

Should our equanimity and other basic values be conditional?
Or independent of other's behavior and circumstances; be unconditional
And elderly man after bathing in the Ganges saved scorpion from drowning
It bit him and fell into the river; the man saved it again and again from
drowning.

When asked by a companion, why he was doing that to this ungrateful creature
He replied that to bite was it's normal nature
If he can't change his nature why should I Change mine?
Human compassion is unconditional in nature.

A monk had a very rude servant in his monastery
The sage treated him however coolly without being in the least, angry
Once a disciple got so annoyed with the servant's behavior that he started
beating him
The monk ran to the servant's rescue and started apologizing for him.

To the puzzled disciple he explained that he is very precious
To me as he strengthens by provoking, my equanimity and so he is precious
Compassion and equanimity is to be unconditional
Our essential nature, it needs some practice but it is very precious.

Truth, compassion and beauty,
Authenticity, love and equanimity
In fact all our basic values and positive vision
Are unconditional, self expression and actualization.

TD. Kumar

Victim Is Also Tyrant

Victim is also tyrant

TD. Kumar

When Ego Is Zero, It Becomes Infinite!

When ego is zero, it becomes infinite!

TD. Kumar

When Good Could Be Bad And Ugly, Beauty!

When good could be Bad and Ugly, Beauty!

TD. Kumar

When The Sun Rises

When the sun rises.....

TD. Kumar

Who Said, My Darling, You Are Beautiful?

Who said, my darling, you are beautiful?

TD. Kumar

Why Positive Instigate The Negative

Why positive instigate the negative

Why positive instigate the negative

When we are on a commitment or mission, raises the inimical negative

Why Satan confronts its creator God at every step?

The opposition may be subjective or circumstances opposing the objective.

Discouraged, we may give-up our values and mission

Or take the first step even in very bad season

This only marks the strength and character of a man

That in spite of internal and external resistance and setbacks with failures and falls still things he 'can'!

No matter how many times we fall, we can still get up and get going!

Satan can never finally obstruct a godly journeying

This is not a homily from the sages or Greats!

But for us ordinary man, we must go with extra ordinary guts to shape their fates!

TD. Kumar

Witness And Experience

Witness and Experience

TD. Kumar

Woman Lib

Woman Lib is also Man's Lib

TD. Kumar

Writing On Sand Or Stone?

Writing on sand or stone?

TD. Kumar

Yesterday, Today, Tomorrow

yesterday, today, tomorrow

TD. Kumar