

Poetry Series

Tiffany Sunshine
- poems -

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Tiffany Sunshine(December 28)

Every poem that I submit will be from the heart and soul.

And Yet I Still Stay

When we fight I feel useless
Like there is no purpose for me to go through this
Like there is some one else out there that wont put me through it
And yet I still stay
I only stay because you tell me you love me
Its so hard not falling apart especially when you put your hand to my face
I ask my self is our love worth this?
Am I making a mistake?
And yet I still stay
I have hurt you in the past is this why you hurt me now?
I wonder why I am the one I ask my self how.... could you do this to me
Is there something wrong I thought I was making you happy
And yet I still stay
I stay because through it all I know that you care
But I dont think I can

Tiffany Sunshine

Hungry

Right now I want to eat.....

So I can feel complete.....

So that I can feel Real,
And not have to worry about how I Really feel! ! ! ! !

I look around and see that I havent accomplished any thing) :

Except giving life to a little girl,
And she is my world(:

Yet I have to realize I am sick in it.
So do I eat my pain inside or deal with it?

Tiffany Sunshine

I Am Dead

My forgotten soul has been folded over
Sitting alone in my tombstone
Screaming and crying because my spirit cant move on

I huddle myself in darkness
I push myself away farthest from pain
And yet it keeps following me

I am so deranged in this strange place
I want to cover it all up and hide my face

I feel unwanted

Tanted by the words that haunt me
Deep inside I feel so ugly
The holidays are here and no body trusts me with there love

How can I prove that there is a change?
How can I prove that I am not the same?

I continue to carry on in this mist
With the clothes on my back and a small hand in my fist

I ask myself.....
Is it all worth it

I feel I dont get anything in return
Except it always being my fault
Except its the problems that Ive caused
Except it always being me
I deal with it everyday internally

You battered it
You shattered it
Spread it across my bed
Now its your fault
This problem you have caused
And now you can see I am dead

Tiffany Sunshine

I Am Not Perfect

Many years Ive fought losing battles that left my world shattered into pieces I couldnt pick up.

Now that I am older and dont have a shouder to lean on Im ready to lean on my own.

Push myself to realize Iam grown.

And in the end it will always be me.

And no ones going to bring happiness for free.

To my understanding you need to know self to move on.

To admit the real me will only make me strong.

I am a liar, I am a cheat, alot of the days when I look at myself I dont like what I see.

I ask myself all the time is there something wrong with me.

I am not perfect Lord knows Im trying to be

But im fighting a losing battle cause I have a history behind me.

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I Love You Still

When were struggling, tumbling and we dont understand.

When we feel like were not going to make it to the end.

I will continue to love you.

Were both fed up, willing to give up, not caring how we both feel for each other,

I will continue to love you.

I love you still til this day even if its over Ill love you any way.

I love you.

Im sorry for not showing you, not letting every thing flow, not giving you the respect and letting you show me you love me.

I am sorry.

I am sorry for not giving us a chance to open up a pathway for love with you and only you.

So right now I give youmy hand

And asking if we can start all over again.

Lets forget the harm we did to each other.

No one else but us.

Tiffany Sunshine

Just Words

I subjected you to a pain that undescrible
A heart ache that is undeniable
Many lies upon lies that could make a person commit suicide
I have confessed my sorry sorrows to yo hoping you have the soul to forgive
And help me to live a better life for myself
But what I recieve from you is your release of stress
You be little me to make you think good of your self.
And I.....
I am left here with burning tears that have thier own routes on my face
You make it easy to hate me
Because I am constanty reminded of a person that I dont want to be
You walk freely
You have no feelings
You have no remorse for the pain you give to me
I blame it on the things I did
But that cant be
Because when I say Im sorry
You forgive forgivenly
When I am in your presence
I feel stupid and ignorant
I see that I am nothing but the names that you have branded in my brain
And to you thats ok
It will never go away even if you say its over
I bask in complete agony while your laughing
You never loved me
If you did you wouldnt make me feel so ugly...ugly
All I can do now is just think
Maybe its my fault
Maybe its me.

Tiffany Sunshine

Me Realizing

Here in the basement chasing dreams
It seems like its not getting better
Im trying to get it together but each road I take its a dead end.
I have help, I have friends, me personally that not going to help me win.

Where do I begin cause now I have another life to shield from pain and agony
the world brings.

I have many things to think about when will they all come out.
I can scream and shout but that doesnt make the situation melt like cream its
more like a bolder that wont float up stream.
Sometimes I want to give up let the scarecrows crupt my field of dreams.

But when I look into the eyes of my mircale I cant think of it selfishly.
So what I'll do is put a rain coat on to shield me from this rain storm.
Understand when it ends its always a rainbow.
Im going to continue to hold on and pray for strength.
In going to make sureI dont hold back myown gift.
Im going to make sure that i have somethign to give cause I dont want my baby
to live a life she doesnt deserve to live.

Tiffany Sunshine

Only Mine

You say that I am you wife
You say you want this to work
And yet you still layed up with her
It hurts to know that your with her and not me
Sometimes I ask myself am I crazy
For carrying on with this love triangle, with someone thats not all the way mine
And right now Im not fine with this
Your lips that I kiss are suppose to be for me
And yet there not
In my heart there is a spot that is sensative to the way I feel about you
You say you feel the same and yet you still havent proved
To me that you can be only mine

Tiffany Sunshine

Sariah Amina

You came from the womb and you gave me life

you took away the darkness and turn it into light

And I was nothing before you came

Its like everything was horrible til it you changed

Life for me was deranged. I couldnt see the forest through the trees
but you my baby gave to me every thing

I now live my life for you

I give my power my grace to you

Every thing I do is to make sure that you are as happy as your suppose to be

Sariah Amina your an angel that flows gracfully

You have wing that cover me

You have the voice that shows me that no matter what your there

My baby one month old and already a lady

You have given me faith faithfully

You are I and I am you

Thank you for choosing me to be your mother

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To Be Me Again

I have been suffering from this disease that has caused me to lie and deceive
Has torn apart my family, and has made me look at myself with disgust.

Not only do I distrust myself I distrust the ones who love me the most and all I
can say to that is that I am the one who chose
To live my life with these demons in me.

I purposely blind myself so that I couldn't see my own reality and now I feel like
an addict that doesn't want to be addicted anymore.

I am so scared and scared that everyone has given up and don't care anymore,
but why should they when I don't care myself.

I'll just give it up to the God since in me there is nothing left.

I'll give my life to the one who created me and hopefully instill the power to be me
again.

Again be me again.

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