

Poetry Series

**Toni Brwn**  
**- poems -**

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## Toni Brwn(24/02/1994)

i write to express emotions and nothing i write is fake

# A Sense Of Relief

you are so special  
you are so sweet  
you in my life  
i need to keep.

whether i see you once,  
or greet you heaps  
hearing your voice  
brings a sense of relief

Toni Brwn

# Belong To You

My heart will forever belong to you.

You will forever belong to me.

Life without you I could not bare.

Just the thought of your absences make my heart cry.

So when I say I love, please know every word is true.

Because my heart will forever belong to you.

Toni Brwn

# Breakfree

where do i go  
what do i do  
why cant we stop  
and remain forever  
why cant everything else disappear  
its only you, at which i want to stare  
this is hard  
harder than it should be  
why cant you just outgrow me?  
move on and be happy.  
if you going away  
will make you happy  
leaving me in the gutter  
will be okay.  
dont stay in my life  
if your going in circles  
dont stay in my life  
if you need to break free.

Toni Brwn

# Chucked In The Dump

Sparks fly around,  
Bashing the sky at heart.  
You pushed me to the side,  
Unaided, alone and glum.

A strong, heartfelt relationship,  
Was chucked into the dump.  
Our laughter, our smile  
The end it has become

Strong memories of laughter  
Amusement and prohibited fun  
Will slowly fade  
Into a blurry fuzz or unforgettable fun.

To lose a friend  
To such a foe  
A stab, and slice it pains  
To lose a friend  
To drugs and sex  
Exactly how would one forgive?

Toni Brwn

# Contagious Confusion

Lost in this world,  
Unsure where to go  
Moving on by,  
Oh, how little you know.

State of the Mind  
and the well and the being  
for you it is hard  
but for me it is seeing

the past and the present  
got no where to hide  
the present and future  
together collide

Contagious confusion  
surrounds me now  
im looking at you  
but your looking down

thinking of you  
when theres no one around  
thinking of you  
i get caught in the sound

contained and confused  
got no-where to run  
contained and confused  
i'm caught in the song

it started with you  
now its ending with me  
this contagious confusion  
has to end now! not please

Toni Brwn

# Crazy To Want

Wow.. this is crazy  
your always on my mind  
even when im sleeping  
you dictate my dreams  
i feel like im alive  
like im free but stuck  
in this crazy facination  
of us ending up together  
and never breaking up  
i know that i am crazy  
to want that much  
but even to have you  
for the slightest second  
might just be enough.  
okay maybe i lied  
just a little bit  
the slightest second won't do  
many many years will only just scrape through.

Toni Brwn



# Cyber

we communicate through poems,  
sometimes in letters.  
most the time through message  
although never through talking.

every indepth, meaningful conversation  
is covered by a blanket of emotionless words  
we have no first reactions  
just a short message  
never a meaningful stare  
just blank emotions.

i dont know how you feel  
although you always tell me  
i dont know what your thinking  
even though you always tell me

you dont know what i'm thinking  
i cant express through words  
you get angry, frustrated and cant let go.

why cant i tell you  
why can i only show  
why is it that whenever we get close  
we always fall apart?

you mean so much to me  
how will this end?  
bad? ? or good? ?  
or outright sad?

maybe i shouldnt think about this,  
maybe we should talk  
in person, together  
not in cyber.

Toni Brwn

# Dreamland

Open up  
Let me in  
Wake me up  
Feel the wind  
The wind of love  
To carry you  
Across the seas  
And into love.

One day you'll feel  
The way I do  
When I look at you  
And know its true.

For now I sleep  
In my dream I lay  
Hoping to not wake up  
And not to walk away  
In my dream  
You are there  
Everyday, for good  
Without the slightest hint of tears  
Unless they are from lust.

Toni Brwn

# Ecstasy

As i walk through the cold, damp night  
many mixed emotions  
many confusing thoughts  
do i walk or run?  
stay still or hide?

I do, I do  
i want to see you  
i want to have you  
but to me you are the demon  
who wants to change my life  
bring me up and bring me down

We come face-to-face  
with my blood rushing through my veins  
i feel your power... your greatness...  
your additive pull...  
i need to get more of you  
this isnt enough  
you have the effect  
of a straight glass of water

In my body, through my heart  
in my blood, killing me  
you are the drug  
you have the power  
you bring me life  
you are my killer

I must stop before  
this insanity stays forever  
you are my insanity  
without you I am free.

Toni Brwn

# Forever Scared.. Of Losing You

where did we go?  
why cant i find us?  
im lost in the sound  
my hearts beating faster

forever scared  
of one slip up to lose you  
forever afraid  
of waking up and not having you

it is really this hard?  
to just let go  
and be happy?  
why do i need a fight  
to feel like you love me?

Toni Brwn

# Forgive Me

in your heart, i see a truth  
a truth i never wanted to know  
there is such love  
such nature and want  
but to return those feelings  
is almost impossible.

please don't hate me  
i cant help my heart,  
all i can do is tell you how i feel  
and hope to god, you'll embrace it and move on.

Toni Brwn

# Have To Be Perfect

Come one, Come all  
the announcer yells  
this young girls life  
is bound for hell.  
she doesnt look right  
her hair is a mess  
in society she will not progress  
get rid of this now  
banish her for look  
this town is on show  
she falls way below  
her thighs are too big  
her stomach too round  
her arms too flabby  
her brain too thick.  
Come one, come all  
its about to begin  
this young girls trial  
will she fit in?  
first send her to the gym  
make her finish school  
make sure that she reads magazines  
and knows the fitting image  
we give her one more chance  
to change herself now  
if she does not succeed  
forever she'll be banished.

Toni Brwn

# How Would One Forgive?

Where did we go?  
How did we part?  
Afraid and alone  
Contemplation kicks in

I was afraid to take a stand  
I was afraid to tell the truth  
I was afraid to look and say  
What the F\*\*\* are you doing?

I lost you in the process  
Of sorting my life and such  
Hoping you would soon come to  
Sense, regret and trepidation  
Of what we had commit.

I was wrong to think of such  
I should have thought of this  
You would ruin your life  
your friendships and family  
to cause animosity and distance

One day you'll see sense  
But too late it will be  
As much i F\*\*\*ing care for you  
You broke my heart in bits.

Toni Brwn

# I Need To Be Free

Grey skys covering my shine  
You shaped clouds floating in my mind  
Do you see the small things?  
Or anything at all?  
Do you see the pain?  
Holding my heart  
Is there any shame?

These lies are unforgotten  
This deceit is unforgiven  
That constant pain overtaking  
My forsaken heart  
Will be forever banked away  
staining my fearful mind

what have you done?  
How will i live?  
With constant memory  
Of this tragic crime?

Your face in my mind  
Your pleasure stamped on my body  
Like an invisible chain  
Padlocked with your hands  
Only unlocked with time.

I am young.  
I cannot live.  
I need to end this.  
I need be free.  
Leave me alone.  
Don't show your face.  
It breaks my heart.  
To hear your name.

Try and sleep?  
Well i'd rather die  
The memories  
The pictures stapled to my mind



The unwanted thoughts  
Stuck on you  
Stuck on your fantasy  
Stuck on what you did  
How will i survive

Toni Brwn

# I Truly Love You

My heart hurts with chest curdling pain of no doors..  
My thoughts silently scream for these tears in me to stop with their pours...  
My fingertips stuck to the keys that spell out your name...  
My eyes uncomfortably sown closed allowing no light, not even a grain...  
My hopes been entirely beclouded by chartless wonders...  
My whole world rumbling with heartaching thunder..  
Im lost in all of this,  
while chasing a much loved dream,  
that will never beam, nor ever be seen...  
Before me is a screen named the same as you,  
wallpapered sky blue,  
but missing something so special so true,  
yet what can i do?  
I'm broken in two  
forever i'll truly love you

Toni Brwn

# I'M There

when you feel alone  
i'm always near  
if you're down  
i'll pick you up again  
if your heart is broke  
i'm hear to mend  
when you cry  
tears fill my eyes  
when pain rips your soul  
i'm ready to restore  
when you need love  
here it is  
my arms are open  
i'm your close friend

Toni Brwn

# In You I Find My Peace

In you I find my peace  
Happiness and fear  
That what we have  
Will not progress  
It will stay in gear.  
One day you'll move on  
Forget me  
And live strong  
For that I pray  
Everyday, for you are my world.  
The feelings are too strong  
For sure I am too young  
My dad wants me stay  
Innocent and dumb  
So that when I do grow up  
A good life I'll have in front  
Little does he know  
With you I want my life  
Degrees and scholarships  
Are far from life  
Unless I can hold you tight

Toni Brwn

# Into Hell

into hell  
my heart sinks deep  
never ending pain and misery  
my death alarm sounding Beep

why werent you there  
i needed you heaps  
i turned around  
there was just a ghost

of my thoughts of you  
standing there strong  
with a shoulder of tissues  
and never ending you

away blew the ghost  
of my thoughts of you there  
left was the tears  
of a forgotten romance

you just walked away  
in my time of need  
my make up was gone  
and my clothes all torn  
scratches and bruises  
on my body lay  
memories of that horrific night  
of tragety

so now im here  
depressed and alone  
needing you with me  
to stop my my life  
ending horrifically.

go on live your life  
happy alive and free  
just promise me one thing  
you'll never forget me!

Toni Brwn

# Know

i dont know what say  
i dont know how to say it.

i dont know what i feel  
i dont know how to feel it.

i dont know what i want  
i dont know how to want it.

i dont know what i hear  
i dont know how to listen.

i dont know much at all  
i just know that i need you.

I now know what to say, and i know how to say it  
- everyday your on my mind, everyday i smile.

I now know what to feel, and i know how to feel it  
- i have to feel whats in my heart, and not whats in my head. your in my heart,  
and its there i need you to stay.

I now know what i want, and i know how to want it.  
- i want you in my life.

I now know what to hear, and i know how to listen  
- i have to hear whats on your mind, and hear what you are saying.

Toni Brwn

# Lifes Pressures

when i face the world  
on goes the brave face  
even when im at home  
it is impossible to relax  
to fit in with my family  
a fit in with this town  
my head is running in circles  
trying to keep up with life.  
to try and survive in this world  
is a task on its own  
chuck in highschool  
it only gets worse  
the pressure to be thin  
pimple-free and perfect  
to look like the models  
and never be different  
to be smart, and all the above  
whilst maintaining a job and having a life  
is almost the impossible  
how do they do it?  
how do they live?  
the pressure is too much  
i want to breakfree  
get out of this stupid town  
out of this world  
out of this pressure  
out of the world gleaming eyes  
and into heaven

Toni Brwn



# Locked Away

I wish I could be happy  
Angry even sad  
I wish emotion was there  
Maybe then I wouldn't feel so bad

Into thin air  
It has disappeared for good  
In your heart  
Ill find my peace  
But for now its locked away

Toni Brwn

# Lost

Lost in a world, that scares me to death,  
lost in a crowd, I'm losing my breath.  
Lost as a kid and as an adult  
everything is falling apart, and it's all my fault.  
Lost as a person, can't find my way out  
everyday, lost in life  
lost in worry  
I lived a lie  
who am i?  
Lost to kindness  
lost to love  
lost in the night sky  
like a lonely dove.  
Heart pounding  
smashing through  
these concrete walls  
defended through and through  
Lost in my thought,  
which I shouldn't do  
it winds me up  
I cant break through.  
Lost in me,  
I need a break.  
Lost in wonder,  
which road should I take?  
Lost, lost, lost.  
Describing my life,  
I'm lost,  
in heart, and in mind.  
Lost here, all alone.  
Lost in mind,  
lost in soul,  
lost in memories, there's just a hole.  
Lost in boredom,  
I think I'll leave  
there's just too much in life  
I'll never achieve.



# Music

Music is an addiction  
an addiction like a drug  
it takes you in  
and has a control  
that is hard to be undone  
there are certain beats  
certain tunes  
and certain lyrics  
that make you fall to pieces  
others that bring you up  
make you dance and move around  
i prefer the sadder ones  
the ones that make you think  
make you care  
make you realise what in life  
is really there.  
music is the key  
to life and living  
to happiness and laughter  
to thought and progression.

Toni Brwn

# Music On A Life Occasion

this song reminds me of the day  
the day that brought me so much pain  
turned on my phone  
recieved call  
got told the news  
just wanted to bawl.

in the background there played a song  
My heartbeat was strong  
Something was wrong  
this song told a story  
a story of pain  
a story of misery  
i just ran away.

Fear from you was a part  
of the accident that ripped my heart  
you thought you could not fulfil  
these 'awesome' peoples needs from you  
you thought you were a dill.  
i told you, you were more than that  
but you would not listen  
you insisted on these stupid games  
now look where you ended  
Hospitalized, OD'd  
you do not know what this has done  
it has not set you free

you didnt think or care  
what this did or caused  
so much pain and misery  
was the end result  
now you could be lying  
in a grave, alone and cold  
wishing i was by yourside  
how little do you know

this stupid song has scarred my life  
Radio? maybe in a few months

Ipod playlist? NEVER  
hope you see this affect  
hope you will survive  
La La La, Bop Bop Bop  
this tune  
this beat  
Forever on Hold!

Toni Brwn

# My Mind

go into my mind  
what you gonna find  
a killer is in my mind

a dragon is flying inside my burning, turning,  
sucidal,  
exploding,  
expodotous,  
flying dragon,  
raging,  
cage breaking,  
love hateing,  
wish making mind, my heart braking mind

now go back to reallity  
no more of my insanilty  
chaos rules this reallity

you never left my mind  
dragons rule my mind  
my lave flowing through my mithical creature filled mind  
now its time to leave my suicidal explodotous mind before i explode  
now run and hide leave my rising dragon ruled flaming death taking mind

Toni Brwn

# No Title

whats going on  
why cant i breathe  
my head is circling  
its you i want to see

wow this is insane  
what am i thinking  
why is someone as perfect as you  
wanting me?

do i love you  
and do you love me  
those are important questions  
that need to be answered

is this real  
or are we dreaming  
my head is fogged  
clearly, im not seeing

will i be bold  
and tell you i love you  
will it go bad  
do you love me?

Toni Brwn



# Nothing Is Real Without You

Hold my hand  
lets the chase the sun  
we both know  
that somethings begun  
nothing feels that real with you  
i wanna learn so much about you.

Shinning star,  
i see it in your face  
when im with you  
everything falls into place  
nothing else seems to matter  
its just you in my life  
and no more worries

Toni Brwn

# Now You Know

Do you understand?  
this pain you caused  
you did those drugs  
and now your a corpse  
you died thinking you were king  
but little did you know  
i thought you were a jerk  
you told me that you loved me  
then spread those words,  
those words of hate  
and ruined my name  
i trusted you fully  
with my life, and heart  
i just feel like you stabbed me with a dart  
now your dead, in that grave alone  
i knew when to stop  
but you went over the top  
i blamed myself, for this tragety upon your life  
but little did i know  
you did it all yourself  
i am now blame free, happy and alive  
without you in my life.

Toni Brwn

# One Day I'll Be Free

We used to be the bomb  
Carefree and no regret  
No one in this world  
Could capture our whole hearts  
We were true to us  
We were all that mattered  
Now look where we are  
Fighting and no distress  
Who would think  
It would come to this  
Baby you are free!  
I am still locked up  
In hell I do remain  
Its like a prison sentence  
That I can not escape.  
I am thinking of you  
Hoping that you crumble  
Into small pieces  
To be removed with a vacuum.  
Then you will be gone  
Forever off my hands  
Maybe then I'll live  
Then one day be free!

Toni Brwn

## R.I.P

i grew up with you  
tug-o-war, fetch  
when i was born, you were a pup  
protected me from pain  
everytime i needed you  
you were always there  
you ran away sometimes  
but always came back that day  
you were like my living diary  
every secret, every new skill  
everything i learnt  
i ws sure to tell you  
you could not talk back  
but i new that you were listening.

for a while now, you've been sick  
unable to run wild  
or move free  
you have so much pain, in all your joints and bones  
your nerves are out of wack  
and its killing me inside  
tomorrow the vet is coming  
out of misery you'll be put  
dad has dug a hole  
in which you will be placed  
i cant bear to see you go  
after 15 years of joy  
you were my first pet  
in spirit you will last.

Rest In Peace  
ill never forget you  
X.x

Toni Brwn

# Say It Back

ripping me in peices  
pulling at my heart  
saying these stupid, crazy things  
in my mind, theres doubt

these words are just so simple  
but they can cause so much trouble  
tugging at our hearts  
pulling at our minds

three words,  
thats all there is  
three small words  
each, with just one syllable  
making me think these crazy things  
without you, living..? i just can't

one day we will make it  
one day i'll just come out and say it  
in the hope that you wont walk away  
infact just say it back

Toni Brwn

# Show Me

Silently falling, silently fading  
deeply dark thoughts invading  
save me, breathe into me  
set me apart from this, set me free  
surrounded by suffocation  
surrounded by frustration  
make me believe you're only my salvation  
impatiently waiting for your reply  
while in my room as i silently cry  
in silent darkness, i'm alone  
feeling nothing but the unknown  
stuck in this foreverlasting despair  
fill me with your sweet air  
show me that you deeply care  
because with this pain i can no longer bear...

Toni Brwn

# Surrounding

gliding through the air  
in a whirl pool of laughter  
the sun is shining  
making the whole world seem brighter  
i forget about my worries  
and just float through the air  
hoping for the end to never come  
hoping to last forever  
the smell of the ocean  
wofting through the air  
the sense of happiness  
makes life much better  
im feeling complete.  
the long green grass  
swaying amongst the trees  
the sound of the birds  
playful in the trees  
calming and releiving  
a sense of power is here

Toni Brwn

# The Five Stages Of Death

The Five Stages of Death  
are important in transmission  
between the life you live  
and the life of the buried

first there is denial  
fighting with yourself  
why is this happening  
what have i done

the second is anger  
this you can't accept  
why did this happen  
will anyone forget?

third we come to bargaining  
the reaper, will he listen?  
cant you take him, he less important  
no, he is too good in life  
he makes the pace keep moving.

next we come to depression  
you feel sad and alone  
wondering if you truly existed  
or if it was a dream

the last is acceptance  
you know it was meant to be  
you feel some relief, relax  
take it in just dont breathe.

Toni Brwn



# Three Words

Huge waves of joy swept over my soul  
As your gentle words encased in tones  
Of tenderness reached my waiting ears.  
They touched me like the summer's breeze  
Caressing my waiting heart.  
They settled peacefully in my mind  
Quietly saturating it, with their sweet  
Aroma, like the fragrance of a thousand  
Petals of sweet roses. A delicate picture of perfection

My dancing heart, now beats to the  
Rhythm of sheer bliss.  
Captured and held a prisoner by your  
Words... so enchanting

I swam around in your sea of love  
Totally immersed and captivated,  
By those three words... your words...  
'I Love You'.

Toni Brwn

# Too Real To Feel

You say i never know  
You say i never listen  
You never take the time out  
to hear what i am saying.

everything you say  
i take it all in  
hearing everything thats said,  
without a single whinge

i reply with 'okay'  
and you think i never care  
but the truth to that is really this  
i care too much to share

So open up your heart  
and hear me loud and clear  
i care too much to say out loud  
but you're the reason for my tears

Dont go and shake your head  
or yet walk away  
sit down  
and shout out loud  
all your thoughts and fears

For you never know  
one day ill say it all out loud  
it will come with tears and all  
that will show you how i feel

This may not make much sense  
but it is all real  
maybe thats my problem now  
its too real to feel!

Toni Brwn

# Total Self Destruction

Are you on the road to total self destruction?  
Are you in the process of pushing everyone away?  
Total self destruction or just destruction on its own?

I guess you just don't see the light,  
the freedom of rights not wrongs.

In your path, you'll cause some war,  
Conflict, pain and tears.  
But in your path you'll also learn  
Destructions not the key.

Alcohol and drugs  
A different woman per night  
Self harm or suicide  
Whichever way you chose  
It won't bring back the times

The times of happiness  
Laughter and fun  
Long gone, they seem  
But still close enough to catch  
Take a step, try a leap  
For soon you'll know what i see.

The total self destruction path  
Pushing everyone away  
By the end, you'll lose yourself  
In modern everyday

Just let go.  
Without the thought to self destruct,  
All your pain will ease

Toni Brwn

# True Best Friend

today i'm happy  
alive and free  
want you right here beside me  
i think of you and i cant help but smile  
your like a constant 24 hour sunshine  
on my life, shining very bright  
keeping me on the right track  
whilst speaking my mind  
with you i never hide  
who i truely am  
because i know that you dont judge  
or freak, your a true best friend.

Toni Brwn

# Untitled

so many months ago  
we started off as friends  
everything was good  
then it all began.  
you lived far away  
our 'relationship' was the phone,  
every now and then i got to see you  
but never was it for long.  
to hear your voice  
was a moment i learnt to cherish.  
i soon began to love  
every moment we were together  
i didnt feel alone.  
then you moved to this town  
closer did we get  
we had created a record  
the days we'd been apart  
we soon created a knew record  
the days we spent together.  
everytime i see you  
i am held by a smile  
a sense of joy and inspiration  
i never will forget.

Toni Brwn

# What The Hell

WHAT THE HELL?

Threats and pain?

You think resolution will become?

When the hell did you lose your brains?

Between the drugs, alcohol or lies?

WHAT THE HELL?

Where did you go?

I hope you come back one day

Back to yourself

Drug free and alive

Able to see and apologise

Your body i may see

But your soul is far away.

Sometimes i stop and wonder why

I lost you in the fight

The fight for exhilaration, glee and rapture

I miss you babe

Come back!

Hell is meant to be the 'f' word, had to clean it up.

Toni Brwn

# Your Heart Reached Out

Your heart reached out to me  
in a great time of need  
Your heart held me tight  
when i wanted to scream

When you looked at me  
your eyes told a story  
a life of pain  
and never ending misery

Even though that was true  
you saw me upset  
and your heart reached out,  
that i'll never forget

Then i was feeling much better  
you would not let go  
that feeling was incredible  
more than you'll ever know  
never say ' this is over'  
never say 'you'll go'

Toni Brwn

# Your Voice

I fear, soon you'll be leaving,  
that i can't bare  
whether a week, or a month  
never a year.  
You're too important,  
you mean to much.  
when you leave  
my heart will crush  
my heart will sink,  
will fall so deep  
its you in my arms  
i want to see.  
your voice is a drug,  
i can't get enough  
of that sweet sweet sound  
i love so much.  
so if you leave,  
i hope you don't,  
remember baby  
pick up the phone.

Toni Brwn