**Poetry Series** 

# Tristian Ford - poems -

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#### **Brute Force**

Strong on its own Strong when it's gone Strong if it stays Strong when this is how it outplays Strong when peace delays Strong with no company Strong with no money Strong with no job Strong with no mercy Strong when it's pretty Strong when it's ugly Strong for a reason Strong for a purpose Strong in a season Strength is increasing Strong with no cigarette Strongly Breathing Strong when it begins Strong when it ends Strong with no friend Strong with no approval Strong all along Strong with no phone Strong with no dope Weak to think of them as negative Reflections of no hope It's weak to hold that head down, even if drastic It was weak to shed tears, even if frantic It stands strong Laughs at us Wretched powerless Hardships and ordeals Became uphill thrills Now be strong enough not to look down And Laugh At whom we see - How it feels Life in actuality

Lessons came Godsent Hardships became Softships Those blessings Should Lessen Those fears Those tears Discreetly, Become Powerfully Confidently Physically, Mentally, Spiritually, and Emotionally; Overtly Strong Muddy waters become clear, When those waters are left alone The brute force of Adversity comes over Tossing & Pushing Thee **But Becomes** Thee **Overcoming Adversity** Pushing & Tossing Force - Brutally What remained a mystery Is finally clear you see Obsequies and enigmatic Eliciting, Energy in thee Unmistakenly Meant to be It provided ye with a useful insight That guided thee Sets us free Mentally Understand that tension and frustration Will equally, be part of understanding Something totally unpredictable or extremely confusing and overburdened That aversive state of anxiety and affliction So high, Evaded rather than explored

So betwixt, Cautious rather than curious So low, Ineffective rather than headstrong Staggered along Rather than Striding oneself along A tree with one arm Holding an umbrella during a thunderstorm Not understanding identity Not comprehending resilience Why resist instability and development because of discord? It's an act of faith to prevail, To grow and evolve Go forcibly onwards! Get the drift of who you are! A force to be reckoned with Thus far.

—Tristian Ford 4/23/23

#### **Nineteen Fears**

Nineteen fears

When a man's child dies, Allah says to His angels: 'You have taken the child of My slave.' They say: 'Yes? He adds: 'You have taken the apple of his eye' They answer: 'Yes' He replies: 'What did My slave Say? ' They exclaim: 'With no strength to stand up straight, and tears in his eyes, (a sight That even Satan slowed down for a second and thought about crying) He praised You and said: 'Verily to the LORD of HOSTS, we belong and unto Him, we shall return, ' Allah says! 'Build for My Slave a house in Paradise and call it the house of Strength.'

-Tristian Ford 3/28/23 Tuesday

#### Sequoia Tree

#### Sequoia tree

I often liken you To a night without the moon But when you make me laugh Stars shine that makes me See I Spoke too Soon. Were it not for your smile I would have never found My way through That enormous dark doomed room You often liken me To sleep without having a dream But when I make you laugh Deja Vu makes you see Me Realizing personal effects You've never seen. Were it not for my heart way through You would have never found your That cosmic dark doomed room At that flat dark screen That got tuned off too soon. Our routine is often liken To us passing back and forth When we should be asleep But it's not dark, The flash-lit canteen On the day we can hold hands and with our own eyes Out our window screen At a Sequoia Tree on a perfect morning Imagine us laughing At jokes from our heart Because of our moon Causing us to notice a dream in a dark room

When we finally decided to turn on the light

A little too soon It will be the only way to make our way through Unseen territories on deserted grounds Turn evergreen in dark rooms Come to be bright enough to be called Sunshine Moonshine Serene.

-By Tristian Ford

### One Idle Thought

Thoughts are like little droplets of water. A single drop doesn't make a huge difference, it doesn't mean much. However, if we continue dropping, dropping, and dropping negative thoughts, we create a puddle. Before long you can form a shallow pond, then a lake, then even an Ocean. Sooner than later, We can drown in all that negativity. Consistent positive thoughts, float on the Ocean of life.

The thoughts we think accumulate over time, which will determine our rainy tragedy or reign in triumph. What kind of puddle are you standing in?

-Tristian Lamar Frank Ford

#### Alone 2023

Alone Not lonely alone, wanting someone to join Alone.

Alone not depressing alone Alone Accompanying happiness pressing the fact that the company is gone,

Alone Like the kids are asleep, Just like when Parents are gone Free at last Finally, Like Macaulay Culkin Peace and Quiet in this home, Alone

Alone Not alone like the ones you have to pay back. Alone Like detached from an iPhone, Fully charged The wire is no longer needed, Just dangling, Left hanging, alone It's perfectly fine being all alone Like a lone crab, no longer tagging alone, amiss a bucket keystone, Undeniably, moving alone.

Alone No pulling, pushing, or snapping Not even an argument with myself All this time, All alone disjoined and not disturbed, Standing alone.

Alone Like irretrievable, irreversible a mist joins with the wind, disappeared. Where have you gone? Vanished without a trace Yet, I'm visibly happy, alone.

Alone Like unaided, single-handedly getting alone, Strong-minded, Self-sufficient, exuberant and independent, Most importantly, I alone sincerely meant it.

Myself alone, Loved you so much that upon returning to Myself alone, I realized the mask one had on. Myself asked me, " Why look out there before peeping within inner self, all alone Looking for something unconnected, When your own connection is connected wrong, All alone. The inside is soul tied, hitched up and ready to help keep you alone, protected. Next time don't look to love anyone, If you alone, Don't Love Yourself. That's exactly how hurt people hurt more people than they ever expected. That notion alone has a gargantuan impact on the fact alone,

love leaves hate and yourself, alone."

Just alone, No phone Company long gone Home alone, Hanging alone Moving alone Standing alone, until you begin disappearing, No more Thinking Just Sinking. Into oblivion. Where alone, have you yourself gone?

-By Tristian Lamar Frank Ford

#### Free Will# 1 Of A Young Man

Free will is bold. Free will is outta control. Free will is in our minds. Good or bad intentions, Free will is a part of our souls, No Matter where it goes.

The Mystery We all choose and act differently. Free will—Free will is still our responsibility.

Some philosophers used their Free will to rename it 'determinism' I used mine to read books. Still Haven't found out how to train my Free will to Slow down my metabolism Jeffery used his to do Cannibalism The government is using theirs to do Capitalism The Pastor, (every once in a while) uses his to do baptism. I don't know how my next-door neighbor is feeling. He had a brain aneurysm. But this young man, My Lil Cousin got

Life,

without the possibility of parole.

God bless his soul. He still got his Free will, He just won't be using it to leave Prison. He was only 25 years old He used his free will to cry, When he quit looking the Judge He turned to look at his Mama, in her eye. Both of their Free wills musta been Shell-Shocked cause They never Said good-bye.

Free will—Free will He used his to kill Now he gotta use that Free will To Live or To Take, His own Life down in Huntsville.

Free will, tell goodwill, to remind ill-will That willpower still will out-will If we all don't chill and seek God's will.

We had rules, commandments & statutes. We were some sinful fools. Then some moe fools, Made some moe rules. You got the right to choose If we got to fight some fools Die before we lose the right to choose Who you listen to. It was given free to thee But with thievery, deceiving thee, misleading you and me.

The Mystery We all choose and act differently Free will—Free will is still our Responsibility.

On second thought; Maybe we should not fight, That's right, Don't fuss.

For the Lord is our Judge; The Lord is our Lawgiver; The Lord is our King; He will Save Us.

Read His whole word—this is just one verb He loves justice. Isaiah 61: 8 ???????????????????

#### Tris#5

There was an uproar up there by the ford. We have to go help him, quite frankly, we have to get to him. We'll manage with all the courage we have

Sounds so Sorrowful, I've never heard pain hurt that bad. So much pain, Scared to death And confused, not knowing, not wanting to take the last breath. His world has been taken away.

We gotta get her back to Tris. How bold he is, How strong he is, Life, Hold on to this.

How long is this,

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This loneliness? ....

Tris

She's a distance away, To much a distance for me!

I've read many books, Wrote so many hooks, I once wrote a full page of words And never opened my eyes to look. I've learned so much, searching, reading, and writing That is all I do. I was by myself when Solomon taught me something new. How much harm too much wisdom would increase on you. Those words and knowledge I sought so hard 4, Hit back hard though. I won the fight But still, full of so much sorrow.

Since you act like you can't love yourself. Learn that. It's what you need that will teach You Who you are.

Since you are afraid face that,

Those demons are afraid of You. Reluctantly they approach While you're awake. When you sleep They laugh right in your face.

Atmosphere changer awake To God hopefully one day; I'm not in a rush, but I can't wait. The pain that comes with knowing your name, Let me tell you one last thang,

You are a strong, bold distinguished warrior, With the right names that mean somethangs, no games, small frame, five smooth stones, one book, a pen, a pad, And one slang. I got everything I need, yeah, ev'ythang. Wisdom will never leave me, I'll never be lonely, A-gain.

Tris

### My Brother Richard Wright

My Brother Richard Wright by Tristian Ford

• It was the father of sorrows •the beginning and ender of grief. • I was the bud and the blossom, •the late-falling leaf. It cured the tears of a heart sick, gave answers to a curious mind, •when it came near to sing. It made me an indentured servant, •your words accidentally made me a King! •I still go to it, brother • when am •bewildered and weary, •when my lonely heart swells. •Knowing Bigger Thomas • was not the last one that •this society kills. •this society kills. As you know, they are not done, I'm also its Native Son.

#### You Are

You are a person No matter what kind of person The person you become is up to you The things that make you that person; Well, that's not up to you you are giving the same options as us all Chose wisely You are responsible You can run, you can even hide You were born and You are going to live No person is going to be left untouched You are a hammer or you are a nail.



#### Jupiter Tree #2

After a long journey in the wilderness, ?I saw a beautiful tree on the path.? A sense of infinite peace brooded over the distance. ?The glooming sun cast a rosy hue across the evening sky. Golden fingers of sunlight lit up the path with love, trust, and purpose, leading to this anomaly which made its intention fascinating.? It stood about 14 feet tall,

with low-spreading shrubs and long trailing branches. ?Its evergreen needle-like leaves stirred with the breeze, bending but never breaking. ?In such a way, it seemed to be telling a secret sweeter than the sea or the sky whispers, ?and it was speaking to no one but me.?

Respecting the command with one foot in front of the other.

?I heard its words but could not interpret its language. ?Ineffably stunned aesthetically because of its serenity and voice, Yet terror-stricken with the crystallizing approach. ?The closer one drew, the calmer the Wind grew; the calmer one's Mind too. ?Rapt- Halt?, Where the acorns sprouted, then both ceased.? Invigorated to a state not sleep but resting, ? not dead, just euthanized consciousness.?

Letting go at the same time grabbing on, pessimistic, nevertheless optimistic, leaving and arriving, open-hand, still reluctantly

tight-fisted, selfless but stingy, lost but quickly found, rich but still broke ?Somewhat HilArious, but this was no joke.?- I AM-? Euphorically at peace, with no restrictions to time, space, or terra firma. ?Just a gratifying sense of indisputable completeness; ?and otherworldly delight. At last in the all this deep suffering, and get a ternal, please breeze really confidentially under this is scintillating tree.

#### **Entangled Roots**

The apogee of my growth is dazzling to anyone's eye, I'm just another tree pointing to the sky.

Once Covered with Smooth, dark-gray bark, now after all this time of becoming fissured and scaly with age that only hurt when they turn brown, or winter over my stage.

Yet, my growth and beauty are on every viewer's first page.

The three-sided, rigid leaves scatter along my long shoots, and clustered dense tufts at the end of short spurs.

make on-lookers amazed at my favor, a maxim moment because I'm silenced by theirs.

For what seems eternity their beautiful eyes stare.

So I give the best advice, the best way I know how.

Pointing to the sky, in this, we should all avow.

Even if beauty is the only thing noticeable of one another as we look,

at least not one moment was wasted thinking about what it took.

It is nothing to many who pass by, until today, I never thought to ask why.

I even learned how to think and speak when this woman leaned on me and began to cry. I could feel the difference between her and I.

She murmured; ' is any suffering like the suffering that was inflicted on me? ' But there was no way for me to tell her the life of a tree.

As she walks away, I have no choice but to stay put. The places one would go, if I had one Foot.

She leaves behind a smell of melting chocolate mixed with fruits. Moving onwards with not one thought of my Entangled roots.

The nadir of suffering is somewhere we all must go.

Hoping we understand why the knowledge of good and evil was something He didn't want us to know.

The Knowledge we need in both cases is over our heads. To define the kind of intelligence it takes to make alive, what had become dead.

How do we all manage to adapt to all kinds of climates?

How we die, yet live again, deterioration by way of sin.

The mind continues to learn and adapt despite pain, anxieties, and fears, It

would be an immense help to give the purpose to her tears. I've wandered about the transmogrification of these walking, talking beings for years.

They all look different but have the same hoots.

No matter the uncertainty of these pursuits, eventually, we'll understand, Entangled Roots.

-Tristian Ford