

Poetry Series

Emily Krauss
- poems -

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Emily Krauss(October 26)

My name is Emily Krauss. I was born and raised in beautiful British Columbia which is surrounded by the mountains and also the ocean. From an early age I can remember having an interest in creative writing. I enjoy dabbling in writing stories and poetry and have a dream of one day making it as an author. I also enjoy journaling and blogging. I have a goal to write down all of my memories so that when I am old and if I have dementia I will be able to look back and read all of the old journals that I wrote and none of my memories will disappear. I also enjoy being creative in art, music, sports and textiles. I enjoy acrylic painting, drawing and watercolor painting. I love the fife, flute, recorder and the ukulele. I love curling and field hockey. I have a passion for the martial arts. I love boxing, karate, and kickboxing. I enjoy crochet, knitting, quilting, sewing, and spool knitting. I like photography. I enjoy biking, hiking and swimming. I like baking and cooking.

Grandma's Kitchen (2)

Grandmas kitchen,
a special place
full of memories to be had
between a grandmother and a grandchild.

A cozy place
to talk up a storm
without feeling judged
and get good wise advice in return

A place to get your hands dirty
and bake delicious treats
to your hearts desire

A place
where at the kitchen table
you can sit and get lessons
in sewing, knitting, crochet
and dating too.

A place to relax
with a good book
and a soothing cup of tea
or a soothing cup of coffee

Grandmas kitchen
oh this is what comes to mind
when I dream about what life would have been like
to have had a grandmother living close by
so that I could have had the opportunity
to have spent one on one quality time
with grandma in her kitchen

Emily Krauss

Easter Is Here

Easter is here
Like raindrops falling from the sky
And all I want to do is fly

Easter is here
Like the shining sun
So lets have some fun

Easter is here
And with a smile on my face
I think of rabbits and chocolate eggs

Easter is finally here
Yipee...Yipee...Yippee! ! !

Easter is here
And I am just feeling happy
To wish you a very Happy Easter

Emily Krauss

April Fools Day Acrostic Poem

A is for Adventures

P is for Passion

R is for Refreshment

I is for Incredible

L is for Loving

F is for Fantastic

O is for Optimistic

O is for Opinions

L is for Longing

S is for Success

D is for Dreams

A is for Appreciation

Y is for Yippee it's April Fools Day. Lets Play Prank On People! ! !

Emily Krauss

New Years Eve Acrostic Poem

N is for Nearing the End of 2020

E is for Enjoyment

W is for Wonderful Memories

Y is for the Year 2020

E is for Encouragement

A is for Adventures

R is for Reflections of 2020

S is for Success

E is for Excitement

V is for Visions

E is for Excellence

Emily Krauss

New Years Day Acrostic Poem

N is for the New Year

E is for Excitement of 2021

W is for Wisdom you will Gain in 2021

Y is for the Year 2021

E is for Enjoyment that 2021 will bring

A is for Amazing that we made it to the New Year

R is for Resolutions you will make in the New Year

S is for Success that will come your way

D is for Dreams that you will Fulfill

A is for Adventures that you will have

Y is for You Will Have A Great Year

Emily Krauss

January Acrostic Poem

J is for the Joy of January. What Joy can you find this month?

A is for Amazing. How can you make January an Amazing month?

N is for Neat

U is for Unique

A is for Awesome. How can you make January an Awesome month?

R is for Radiance. Shine your Radiance all throughout the month of January

You will rock the month of January

Emily Krauss

March Acrostic Poem

M is for Moving Forward

A is Appreciation

R is for Running with the Wind

C is for Changes coming your way

H is for all of the Happiness that March will bring you

Emily Krauss

February Acrostic Poem

F is for Fantastic February
E is for the Excitement of a new month
B is Branching out
R is Radiance the surrounds you
U is for the Unknown
A is for Aspirations
R is for Running into a new month
Y is for Yippee it's February

Emily Krauss

Good Friday Acrostic Poem

G is for the Gratitude that you have

O is for being Optimistic

O is for being Open Minded

D is for the Determination that you have

F is for the Faith that you have

R is for being Respectful

I is for being an Inspiration for those around you

D is for Doing Your Best every day

A is for Appreciation everything you have in life and everyone in your life

Y is for You are alive so have a very Happy Good Friday

Emily Krauss

April Acrostic Poem

A is for Adventures

P is for Passion

R is for Radiance

I is for Inspiration

L is for Love

I hope your April is all that you want it to be.

Emily Krauss

Birthday Acrostic Poem

B is for Balloons

I is for being an Inspiration to Others

R is for Relaxation

T is for Treats

H is for Happiness

D is for Dances

A is for Adventures

Y is for You Rock so have a very Happy Birthday

Emily Krauss

Glittering

All around me
I notice glittering lights that seem so bright
in a dark world.

At night
I look up at the sky
And see glittering and twinkling stars.
They seem so far away
But give me a sense of joy

At night in the sky
I also see the moon
Glittering happily
And keeping me safe

During the day
I see the sun
Glittering so brightly it burns my eyes to look at

I also see glitter in the eyes
Of my fellow human beings that I pass by
On a daily basis

When my eyes glance at the ground
I see litter glittering like gold.
I want to scoop up all the litter that glitters
And throw the glittering litter in the garbage

As you can see glitter is all around me
Not just all around me
All around you as well
So lets all embrace glitter
And live a joyful life full of glitter
And not litter

Emily Krauss

Burdens

Burdens swirl all around me constantly
All day long while awake
And all night long while
Asleep

Burdens
They are
Constantly
In my
Thoughts
And in my
Dreams
Sometimes it drives me crazy
As burdens never leave my head

Burdens
Like heavy weights
Weigh my body down
And make me feel so exhausted that at times I wish I didn't have to carry on

Burdens
Burdens
Burdens
Are like a never-ending curse
That I wish I could rid my mind and body of
For I just want to be free
I just long for freedom of
Burdens
Burdens
Burdens

Emily Krauss

Life Is Like Riding A Bicycle

Life is like riding a bicycle
That never stops moving

Sometimes you fall down
Sometimes you get scrapes and bruises
Sometimes you hurt yourself
But each time you have to get up and try again

Life is like riding a bicycle
That lets you explore the world
It leads you on fun adventures
Down the road
And to beautiful parks
It leads you to stores and to friend's houses

Life is like riding a bicycle
Sometimes being on that bicycle makes you feel like you are on a ride
at an amusement park

So, stay on that bicycle
And keep on moving forward
with excitement and a sense of adventure

Emily Krauss

The Lord Is Good

We have a good Lord
Up above high
In the sky

He is a loving Lord
Who loves all of his children
Even if we have done wrong
On the earth

He is a faithful Lord
Who stands by us no matter what
And never leaves our side
Or hides from us

The Lord is good
Yes the Lord is a good Lord

The Lord is good
So lets cherish him
And live a life of gratitude daily

Emily Krauss

The Spark That Starts The Fire

We have the spark
That starts the fire

It lies deep
inside of us

Like butterflies
in the stomach
it wants to emerge

The spark that starts the fire
it lays in our fingertips

The spark that starts the fire
It sits in the pen
that we hold

The Spark that starts the fire
It comes out in the ukuleles
We strum

We have the spark
That starts the fire

So lets burn that spark brightly
And use it for the good of the world

Emily Krauss

Remembrance Day Acrostic Poem

R is for Remembering those who have died before us fighting to save our country

E is for Educating ourselves about History

M is for Making a difference every day

E is for Encouraging those around you every day

M is for Miracles for Miracles do happen

B is for the Bravery of those fighting in wars

R is for being Respectful every day

A is for having Appreciation for the world and those around you

N is for being Nice to everyone you meet

C is for Courage that those who fought in wars had

E is for Embracing love every day

D is for being Dedicated to doing your part for building a healthy world

A is for the Aspirations that all people have

Y is for You are all a part of making the world a better place.

Happy Remembrance Day! ! !

Emily Krauss

Glory

Standing in the forest
Under the glaring sunlight
Her long blond hair
Blowing in the wind

She
Is in her own element
Relaxed and happy

Standing in the forest
Under the glaring sunlight
Wearing a dress
Made out of leaves,
Millions of leaves
Looking just like a model
From a storybook

It makes me realize
Autumn is here
Oh how glorious that is

Smile is what I do
As I pass by a lady in a dress
Made entirely out of leaves
As I have an autumn adventure
On this glorious day

Autumn is here
Leaves are all around us
Have a glorious autumn day

Emily Krauss

Moving Forward

Moving forward is what I do one step at a time
With the mountains in site
Just ahead of me

Fearless like a lion
Is how I feel
As I take one step forward
Each and ever day

Moving forward is what I do
As action has me climbing the stairs
From morning till night
As soon as I jump out of bed

Moving forward is what I do
As I work towards climbing the ladder
With all my heart

Moving forward is what I do
Each and every day
As I see my desires and dreams
Right in front of me

And moving forward
Is what I will continue to do each and every day
With my guardian angel by my side

Emily Krauss

Jeanette Acrostic Poem

J is for Joy.
You are always so full of Joy.

E is for Excellence.
You put Excellence into everything you do.

A is for Amazing.
You are Amazing so there! ! !

N is for Neat.
You are uniquely Neat.

E is for Encouragement.
I love how Encouraging you are towards everyone you know.

T is for Talented.
You have so many wonderful Talents.

T is for Thankful.
You are always so Thankful.

E is for Empowerment.
You are Empowering and it rubs off on everyone around you.

Happy Birthday Jeanette! ! !

Emily Krauss

November Acrostic Poem

N is for
The month of November

O is for
Optimistic Orangutangs

V is for
Visions

E is for
Excellent Elephants

M is for
Marvelous Monkeys

B is for
Brave Bears

E is for
Energetic Elk

R is for
You Rock

Happy November Everyone! ! !

Emily Krauss

Halloween Acrostic Poem

H is for
Haunted Houses

A is for
Aggressive Alligators

L is for
Laughter In The Night

L is for
Leaving Out Halloween Candy

O is for
Orange Pumpkins

W is for
Wicked Witches

E is for
The Evil
That Lurks in the Night

E is for
Energetic Children
Collecting Candy

N is for
Nightly Nightmares

Have A Happy Halloween! ! !

Emily Krauss

My Guardian Angel

I have a guardian angel

She watches out for me
during the day
when I like to play

And at night she protects me
Just like a bumble bee

She keeps me safe
And is always near me observing me
No matter what I do
And no matter what time it is

I have a guardian angel
And with my angel by my side
I know I can do anything and everything

I have a guardian angel
And deep down in my heart
I know that you all have a guardian angel

So lets all cherish
Are guardian angels
Daily

Emily Krauss

Step Outside You're Young

Step out into the world
And be bold

Take hold of adventures
And be wild
For you're young
And in the prime of your life

Have a laugh
Smile
Chill with friends
For you're young
And ready to party like there's no tomorrow

Step out in the world
And be bold

Work out at the gym,
Go out to restaurants
And have a good old time at concerts
For you're young
And always ready to have a good old time

Step outside in the world
Be bold a
And never let go of the gold
For you're young
And now is the time
To live your best life

Emily Krauss

Habits

Habits

They are good

And bad

And we all have them

Just like there are billions of stars

Some habits

We want to keep

While not saying a peep

Other habits

We want to rid ourselves of

just like holey gloves

Habits

They can be a blessing

Or a curse

And it's up to you

To choose

If you want the blessing

Or the curse

Habits

They are good

And bad

And we all have them

Just like there are billions of stars

So be careful

What habits you want to keep

Emily Krauss

We Humans Are Like Trees

We humans
We're all like trees
Not like bees

No human is the same
And no tree is the same
And that's part of the game

We humans
We're all like trees
Not like bees

Like trees we're planted
In different cities
And countries
All over the world
For no rhyme or reason

We humans
We're all like trees
Not like bees

No we can't choose
The soil we want to live on
That's just part of the fun

We humans
We're all like trees
Not like bees
So lets just eat some cheese
And enjoy the life
We have

Emily Krauss

The Farmers Market

A Sunday morning
Basking in glory
At the Farmers Market
Is a Sunday well spent

I breath in the air with excitement
As I take in all the sites and sound

Sounds of a fellow singing
And strumming his guitar
To his hearts content
Bring a smile to my face

Feeling uplifted
I
Begin to browse the many stalls of fresh fruit
Fresh vegetables
And baked good

Pumpkins
So glorious
Catch my eye
And dreams of pumpkin carving and baking pumpkin pie
Begin to swirl through my mind

In another stall
My eyes
Fancy tomatoes
So juicy looking
It makes me think of candy

So much health and creativity
Surrounds me at the farmers market

The farmers market
It's the perfect place
To spend my time
On a Sunday morning

A Covid 19 Poem

Stranded
and all alone
on this lonely planet
called Earth

Having to social distance
and isolate
from loved ones and friends
it's the hardest thing to do
during the Corona Outbreak

It's making my heart break
Into a million little pieces
Of broken shards
Of glass

Stranded
and all alone
on this lonely planet
called Earth

At times I feel unnoticed
At times I feel like a statue
At times I don't know who I am
Or why I even exist

Existing
It's the hardest thing to do
On this planet we call Earth

Stranded
and all alone
on this lonely planet
called Earth

it's a lonely
lonely planet
we live on
with COVID 19

all around us

Emily Krauss

A Glorious View

I sit on the beach
My toes are surrounded by sand
My hand holds a steaming cup of hot chocolate
And around my shoulders is a cozy and warm blanket

My eyes
Drift up high
Towards the sky

The sky is getting dark
As a beautiful sunset begins to form
And in my mind I imagine
Heavenly Father painting the sunset in the sky
For all of his earthy children to admire

Beyond the beauty of the sunset
My eyes
They admire the trees

I wonder
how trees came to be
on the earth

then my mind begins to wander
and think if trees could talk
what would they say to each other?

Then my eyes
They drift towards the ocean

The ocean is so calm
It makes me want to run
Into the water
And splash around just like a dolphin

Blissful is how I feel
From my spot on the beach
Wishing I could hold on to the beautiful scenery forever
and wishing time would stand still

So I wouldn't have to eventually leave the beach and it's glorious view

Emily Krauss

Looking For A Few Good Books

Browsing the library
It's my favorite thing to do

Breathing in the air of books and paper

Picking up a book and examining the book from the cover to the back

Staring at title after title

All I'm doing is looking for a few good books to read

And soon enough in the mystery section I end up with mystery book after
mystery book to devour

All I'm doing is looking for a few good books at the library to devour to my hearts
content

Emily Krauss

A Roller Coaster

Life is like a roller coaster
A rocky, rocky roller coaster
With hills, and mountains and windy paths

Sometimes I wish
My roller coaster
Of a life
Would halt and pause and stop still

And then the thoughts that come to me
Are of turning life backwards
To an earlier and happier time

But deep, deep down
In my heart
I keep on hearing the words
Like a never-ending song
In my head
Never Run Back To What You Broke

And when I hear those words in my head
I know that I have to keep my head up high
And be happy
With the Journey
Of my Roller Coaster Life

Emily Krauss

The Haunted Halloween House Poem

It's time to party
Like no tomorrow
At the Haunted Halloween House

It's time to party
With the ghosts
And shout with all your might
BOO

It's time to party
With the Wicked Witches
And fly around on broomsticks

It's Halloween
The spookiest and creepiest time of the year
So lets all let loose and party all night long

It's time to party
Like no tomorrow
At the Haunted Halloween House

It's time to party
With the party pumpkins
And play pranks

It's time to party
With the skillful scarecrow
And act all sneaky

It's Halloween
The spookiest and creepiest time of the year
So lets all let loose and party all night long

It's time to party
Like no tomorrow
At the Haunted Halloween House

It's Halloween
So lets have a creepy and spooky Halloween

That we will never ever forget

Emily Krauss

The Teacup Kittens

Three kittens sitting in a teacup
On top of my dining room table
All squished together
Looking as innocent as can be

Their eyes are as blue as the ocean
And open as wide as can be

They're curious as can be
And very, very adventurous

It's such a sight to see kittens in a teacup used for drinking out of
They make me wonder what they'll be up too next

Three kittens sitting in a teacup
On top of my dining-room table
Acting very mischievous

Three kittens sitting in a teacup
On top of my dining-room table
Oh what a sight to see

Emily Krauss

A Birds Eye View

Sitting on top
of the mountain

Staring at the view
of the city

And thinking
how blessed I am
to have a God
that created the beautiful earth

I've got a birds eye view of the world
from my spot perched on a rock
on the mountain top
and its making me reflect
upon life
and upon my faith
as a Christian

I close my eyes
and pray
to my heavenly father

I open my eyes
and blessed is how I feel
to have a birds eye view
of the world
around me

Emily Krauss

Crab Acrostic Poem

C is for Crabs in the ocean

R is for Radiant under water

A is for Amazing creatures

B is for Beautiful just the way you are

Emily Krauss

Earth Day Acrostic Poem

E is for the Environment
A is for Amazing Animals
R is for Radiant Weather
T is for Troubled Tornadoes
H is for Horrific Hurricanes

D is for Dainty Flowers
A is for Amazing Outdoor Adventures
Y is for You Can Do Your Part To Save The Earth

Have A Happy Earth Day

Emily Krauss

Autumn Acrostic Poem

A is for delicious Apples

U is being Unique

T is for tasty Turnip

U is playing your Ukulele

M is for foggy early Mornings

N is for Nice Autumn Weather.

Happy Autumn Everyone! ! !

Emily Krauss

Laugh Through The Tears

There will be times
when you have tears
falling down your face

There will be times
when you want to disappear
for good

There will be times
when you want to
crawl into a deep dark hole
and never leave that deep dark hole

But you have to remember
to put a smile on that face of yours
and laugh through the tears

laugh through the tears
for things will get better
laugh through the tears
for laughter is the best medicine
Just take it from me always laugh through the tears

Emily Krauss

Cheeseburger Acrostic Poem

C is for being Cheesy
H is for Happiness that you have
E is for the Energy that you have
E is for being Excellent
S is for Shining
E is for the Excitement you have
B is for being Brilliant
U is for being Unique
R is for being Radiant
G is for being Great
E is for being Energetic
R is being Real to yourself and others

Happy National Cheeseburger Day

Emily Krauss

Labour Day Acrostic Poem

L is for Loving Life

A is for Amazing Adventures

B is for Beautiful Butterflies

O is Optimistic Orangutans

U is for Unique Ukuleles

R is for Radiant Roses

D is for Delicate Deer

A is for Awesome Apples

Y is for Yellow Yarn

Happy Labour Day Everyone! ! !

Emily Krauss

Clown Acrostic Poem

C is for Cunning Clowns

L is for Laughing Llamas

O is for Optimistic Octopus

W is for Wonderful Whales

N is Nice Nuthatches

Emily Krauss

Lighthouse Acrostic Poem

L is for Lovely Lighthouses

I is for Inspiration

G is for being Grateful on a daily basis

H is for Happiness that shines throughout you

T is the Thankfulness that you have

H is for How Honest you are

O is for being Obsoletely Optimistic

U is for living a life that is Unique

S is for Shining Your Light

E is for the Energetic Energy that radiates throughout you

Emily Krauss

Chocolate Chip Cookie Acrostic Poem

C is for Chocolate Chip Cookies that taste oh so delicious in your mouth

H is for the Hope that surrounds us each and every day

O is for Oranges that are so healthy to eat

C is for Chocolate that melts in your mouth

O is Octopuses. Don't you love Octopuses?

L is for a Life full of Laughter

A is for Apples that keep the doctor away

T is for Terrific because you yes you are Terrific

E is for a life that's full of Excitement

C is for Caring about one another

H is for Happiness that engulfs you

I is for Inspiring others

P is for the Positivity that you have

C is for being Confident

O is for being Optimistic

O is for the Opinions that you share

K is for the Kindness you have

I is for your Interests

E is for Enjoyment because I hope you Enjoyed this poem

Emily Krauss

Watermelon Acrostic Poem

W is for

Oh so delicious Watermelon
That melts in your mouth

A is for Awesome

Because you know
You are Awesome

T is for

The Terrific world
We live in

E is for Energetic

So keep on being Energetic
On a daily basis

R is for

The Radiance
That shines from you
On a daily basis

M is for

All the Marvelous talents
That you have

E is for

The Encouragement you show to others
On a daily basis

L is for

The Love
That we have
For one another

O is for

Being Optimistic
Every single day

N is for

Enjoying the simple beauty
Of Nature that surrounds us

Emily Krauss

British Columbia Acrostic Poem

B is for Beautiful British Columbia
R is for the Radiance of my Province
I is for the Inspiring people in my Province
T is for the Talents in my Province
I is for the interests people in my Province have
S is for the Strength people in my Province Have
H is for the Hope people in my Province have

C is for a province full of Caring people
O is for a Province full of Optimism
L is for a Province full of Love
U is for a Province that is full of Unique people
M is for a Province full of Motivation
B is for a Province full of Brightness
I is for a Province full of Integrity
A is for a Province full of Accomplishments and Achievements

Happy BC Day To everyone in the province of British Columbia! ! !

Emily Krauss

God Is Not Cruel

We have a God up in heaven
He's somewhere up high in the sky
In another dimension

He's the one
Who brings the sun,
The rain
And the snow

He's the one
Who watches over us
Daily

He's the one
We turn to
For comfort

He's the one we pray
And speak to
On a daily basis

God, he's not a cruel God
He's a loving God
For he's the one
Who created the beautiful Earth
That we live on and enjoy

God, he's not a cruel God
He's a loving God
For he left us
With the Bible
Which is his wisdom
And guidelines to follow
While we live on the Earth.

God, he's not a cruel God
He's a loving God
Who looks out for all of us
For all of us

On this earth are his children

So lets all turn
To our God daily
For he's not a cruel God.
He's a loving God
Who loves the entire Earth
And everything
And everyone
On the Earth

Emily Krauss

Paint With Light

Let your fingers
Feel the paint brush
And imagine
All the fun things
You can use the paint brush for

Let your fingers
Feel the canvas board
And imagine
All the fun things
You can put on the canvas board

Let your fingers paint
And get lost in the moment.
Don't try
To be the best
At painting
Just enjoy the process and have fun
Painting with light, relaxation and a sense of enjoyment

Emily Krauss

Oktoberfest Acrostic Poem

O is for the month of October

K is for Knitting

T is for Tea

O is for the color Orange

B is for Blueberry Pie

E is for Education

R is for Radiant

F is for Fitness

E is for Exercise

S is for Sweaters

T is for Triumph

Emily Krauss

Hope For Adventure

Keep hope alive
All the time
Just like a dime

For hope helps
Us to dream,
Love and
Feel free as a bird

Keep hope alive
Be happy,
And positive,
And always have hope for
The amazing adventures
That life will throw at you

Emily Krauss

Help Me

I'm in despair
Just like a pear.

The inside of my stomach
Is churning with sorrow.
And I am tired of suffering in horror.
Day by day
I am slowly drifting
Like the waves in
Deep sorrow.

And I don't want to let the tears out
For I know if I do
They will be coming down my face
Like a flood

So Heavenly Father
In these times of despair
I am turning to you for help.

Heavenly Father Please Help Me

Emily Krauss

Canada Day Acrostic Poem

C is for Canada,
My Country.

A is for Amazing.
I know I live,
In an Amazing Country.

N is for Neat.
I know my Country is Neat.

A is for Accomplishments,
That Canadians,
have Accomplished.

D is for Determination.
Canadians are very Determined.

A is for Awesome.
I know my Country Canada,
Is Awesome.

D is for Dedication.
Canadians are very Dedicated.

A is Adventures,
That Canadians have in Canada,
And around the world.

Y is for You,
My Fellow Canadians.
I want to wish You all a Happy Canada Day.

Emily Krauss

Secret Wishes

Deep in my mind
Like the bottom of the ocean floor
Lays secrets,
Lots and lots of secrets.

These secrets
Are like a million butterflies
That flutter constantly in my mind
While I am awake,
While I sleep,
Day and night.

Deep in my mind
Like the bottom of the ocean floor
Lays secrets,
Lots and lots of secrets.

There are hundreds of wishes
That one day,
I secretly wish
Would come true.

Deep in my mind
Like the bottom of the ocean floor
Lays secrets,
Lots and lots of secrets.

There are millions
And millions of wishes
That secretly only I know about

Deep in my mind
Like the bottom of the ocean floor
Lays secrets,
Lots and lots of secrets

Deep in my mind
Like the bottom of the ocean floor
Lays secrets,

Lots and lots of secrets

Deep in my mind

Like the bottom of the ocean floor

Lays secrets,

Lots and lots of secrets.

I better get used to them

For like the bay

They are here to stay

Emily Krauss

A Sleepless Night

At times
The nights
Are painfully long
And seem to pass by
So very slowly

It makes
Me feel like I have no hope left
It gives me feelings of despair
Like a tarantula of rain pouring down
It makes me
Want to cry
Like snow drifting from the sky

I drift
In and out of sleep
And wonder
Is this how I will spend the rest of my life sleeping?

Emily Krauss

Clouds

I stare
Glaring
Up high
At the sky.

My eyes
Flying
Like birds
See clouds
They're not loud.
They remind me of smoke
And our not made out of oak

And in my mind
Like pepper that grinds
The thought that pops into my mind are
Is It Nice In The Clouds?

I let my mind wander
And find
Myself dreaming about clouds that are pillows
I let my mind wander
And find
Myself wondering if clouds are actually cities in the sky
I let my mind wander
And find
Myself dreaming that clouds are sheep

And still
Like a hill
The hurricane question in my mind
To this day
Continues to be
Is it nice in the clouds?

Emily Krauss

Strange Dreams

Dreams
At times
They are strange
And make no sense
It's like inside of your mind
There is a fence.

Dreams
At times
They tend
To make you scared
But just know
You are still
Cared about.

Dreams
At times
They are delightful
And not frightful.

Dreams
At times
Are strange
But humans at times
Are also strange
So enjoy your dreams
No matter what

Emily Krauss

Don't Cry

Don't break down and start crying
What good will that do?
It wont solve any problems you might be facing

Don't break down and start crying
It wont do you any good
And crying
It just wastes your time

Don't break down and start crying
Don't let the tears fall down your face
Its no good falling apart
You need to stay strong no matter what

Don't cry,
Don't cry,
Just don't cry

Emily Krauss

Swimming: A Poem

Swimming in the water
Is so much fun to do
Especially in the summer
At the beach.

Swimming in the water
Just swimming in the water
Just swimming in the water

Swimming in the water
Relaxes me
And makes me feel free

In the water
I feel free
Free as a bird

Swimming in the water
Just swimming in the water
Just swimming in the water

So thankful
To be able to swim in the water
Outdoors in the summer
At the beach
And indoors in the winter
At the pool

Swimming in the water
Just swimming in the water
Just swimming in the water
And loving it every time I do

Emily Krauss

Father's Day Acrostic Poem

F is for Fantastic

A is for Amazing

T is for Terrific

H is for Happy

E is for Excellent

R is for Radiant

S is for Successful

D is for Dedicated

A is for Awesome

Y is You Are The Best

Happy Father's Day to all the Fathers in the world and to expecting Fathers and future Fathers.

Emily Krauss

Soar Through The Sky

Soar through the sky
Daily
From the moment
You get up
Until the moment
You go to bed
Just like a Bald Eagle

Soar through the sky
Every moment
Of every day
For you are
Amazing
And have
Amazing opportunities
At your
Fingertips

Soar through the sky
No matter what
For eventually
You will
Reach the horizons

Emily Krauss

Standing In Line

We stand in lines
All the time
Sometimes those lines
Are short
And sometimes those lines
Are long
And seem to take
An eternity

We stand in line
Everywhere
We stand in lines
At the grocery store
Waiting to buy groceries

We stand in line
Everywhere
We stand in line
At clothing stores
Waiting to buy clothing

We stand in line
Everywhere
We stand in line
At concerts and movie theatres
Waiting to buy tickets
For concerts and movies.

Standing in line
Sometimes it's the hardest thing
To do
But it happens everyday
Here, there and everywhere

Emily Krauss

No One Understands

There are times
In my life
Where I am overwhelmed
And feel that not a single soul understands me

There are times
In my life
Where I feel so depressed
Because I feel like I am not being understood

There are times
In my life
Where I talk and write
But I feel that my talking and writing
Are not being understood

I don't like the feeling
Of not being understood
And wish I could be understood all of the time.
Wouldn't that be glorifying?

Emily Krauss

Laughter In The Fields

The sun is rising

The mountains are the glory in the horizon

The world is just slowly starting to wake up to a new day

And there I sit in the fields

Surrounded by horses, cows and goats laughing with happiness

I have joy on my face

Happy to be outdoors

Surrounded by beautiful farm life and beautiful scenery

Laughter is the way to get by life

So laugh as much as you can

Laugh outdoors

Laugh in the fields

Laugh anywhere you want

Just remember to add laughter to your life every day

Emily Krauss

Smile Through The Tears

I've got a smile
On my face
During those hard times
When I am sad
And feel like the entire world
Is against me
For I know I've got to keep going.

I've got a smile
On my face
When the tears
Are rolling down my cheeks
And all I want to do
Is hide in bed and cry.

I've got a smile
On my face
During those times
I wish I were not on the earth anymore
For I know I have to stay strong
And keep pressing forward
No matter what battles
Life throws at me.

Emily Krauss

My Body

My body is
A story.
It tells me when I am in pain
By giving off signs of aches and pains.

My body is
A story.
It tells me when I am sad
And feeling oh so blue.

My body is
A story.
It tells me when I am happy
Like the shining sun.

My body is
A story.
It tells me when I am tired
And need to drift off to sleep.

So you see my body is a story
But not just mine.
All of our bodies are a
Living, breathing, walking, talking story.

Emily Krauss

Just A Girl With Fading Dreams

I'm just a girl
With fading dreams.

I'm just a girl
Wondering if all the dreams
I've been working towards
Over the past sever years
Are even worth it.

I'm just a girl with fading dreams
Watching my dreams
Slowly drift into the horizons
Just like clouds that slowly disappear.

I'm just a girl with fading dreams
I'm just a girl with fading dreams
I'm just a girl with fading dreams and that's okay.

Emily Krauss

Grandma's Kitchen

A kitchen full of homemade baked goods
That make the kitchen smell oh so lovely
And makes my tummy rumble in hunger.

A kitchen where there sits a kettle
Always ready with water waiting to be boiled
For a comforting cup of tea or coffee.

A kitchen where on the kitchen table
sits a sewing machine.
It's where my grandma does her sewing in the evenings
By candle light.

Grandma's kitchen is a kitchen filled with laughter, love and happiness.
It's a kitchen filled with joy and peace.
It's a kitchen where I can enjoy spending time with my grandmother
And make everlasting memories.

Emily Krauss

There's A Fire In My Belly

There's a fire in my belly,
Just like a bowl of jelly.

Its burning bright,
Bright as can be.
Just like a bumble bee.

It keeps me up
Throughout the night,
While the moon and stars
In the sky
Shine bright.
It illuminates inside of my body,
Just like a light.

There's a fire in my belly
It feels like a million butterflies.
I feel it day and night,
I feel it all the time,
And I think this fire in my belly is here to stay
And won't ever go away.

Emily Krauss

Church Is My Temple

Church is my temple
A place
I go to
Where I can be one with God

Church is my temple
It's a sacred place
Where I can pray
And be spiritually fulfilled

Church is my temple
Its where I love to be
Every Sunday

Church is my temple
And church will always be my temple

Emily Krauss

Memorial Day Acrostic Poem

M is for Marvelous
E is for Excellent
M is for Motivational
O is for Optimistic
R is for Respectful
I is for Inspirational
A is for Amazing
L is for Loving

D is for Duty
A is for Awesome
Y is for Youth

Emily Krauss

Sunday Acrostic Poem

S is for Sunny

U is for Unique

N is for Neat

D is for Dreams

A is for Amazing

Y is for Yellow

Emily Krauss

Saturday Acrostic Poem

S is for Successful

A is for Amazing

T is for Thankful

U is for Unique

R is for Radiant

D is for Dedication

A is for Awesome

Y is for Young

Emily Krauss

Alligator Acrostic Poem

A is for Amazing

L is for Lucky

L is for Loveable

I is for Interesting

G is Great

A is for Awesome

T is for Talented

O is for Optimistic

R is for Radiant

Emily Krauss

Friday Acrostic Poem

F is for Fantastic
R is for Radiant
I is for Inspiration
D is for Dreamy
A is for Amazing
Y is for Young

Emily Krauss

Coffee Acrostic Poem

C is for Comforting and Cozy Coffee

O is for Feeling Optimistic

F is For Fantastic Coffee

F is for Delicious Flavor

E is for Excellent Coffee

E is for Coffee that is Enjoyable to drink

Emily Krauss

Victoria Day Acrostic Poem

V is for Values

I is for Inspiration

C is for Courage

T is for Talent

O is for Optimistic

R is for Radiant

I is for Interesting

A is for Amazing

D is for Dreams

A is for Awesome

Y is for Young

Emily Krauss

Thursday Acrostic Poem

T is for Talent
H is for Honest
U is for Unique
R is for Respect
S is for Strength
D is Determination
A is for Amazing
Y is for Young

Emily Krauss

Wednesday Acrostic Poem

W is for Wise

E is for Enjoyment

D is for Dreams

N is for Neat

E is for Excitement

S is for Strength

D is for Duties

A is for Awesome

Y is for Youthful

Emily Krauss

Tuesday Acrostic Poem

T is for Talent

U is for Unique

E is for Excellent

S is for Successful

D is for Dedication

A is for Amazing

Y is for keep being YOU

Emily Krauss

Monday Acrostic Poem

M is for Marvelous

O is for Optimistic

N is for Neat

D is for Determination

A is for Amazing

Y is for the day is Young

Emily Krauss

Mother's Day Acrostic Poem

M is for Magnificent

O is for Optimistic

T is for Talented

H is for Happy

E is for Excellent

R is for Radiant

S is for Successful

D is for Dedicated

A is for Amazing

Y is for YOU are the best.

Happy Mother's Day to all the Mother's around the world and all the future
Mother's to be around the world.

Emily Krauss

Beaver Acrostic Poem

B is for Beautiful

E is for Excellent

A is for Amazing

V is for Valued

E is for Exciting

R is for Radiant

Emily Krauss

Bear Acrostic Poem

B is for Brilliant
E is for Excellent
A is for Amazing
R is for Radiant

Emily Krauss

Nothings Gonna Stop Me

Nothings gonna stop me
from being who I want to be
and doing what I want to do

no, no, no
nothings gonna stop me
no, no, no
no ones gonna stop me

I'm my own person
I've got a mind of my own
I do my own thing
My own way

Nothings gonna stop me
No, no, no
Nothing not even you
Is gonna stop me

Emily Krauss

Chantelle Acrostic Poem

C is for Caring.

I love how caring you are.

H is for Honest.

I love how honest you are.

A is for Appreciation.

I love how you are so appreciative.

N is for Nice.

I love how nice you are.

T is for Thankful and Thoughtful.

I love how you are so Thankful and Thoughtful.

E is for Encouraging.

I think you are a very Encouraging person.

L is for Likeable.

You are a very likeable person.

L is for Loveable.

You are a very Loveable person.

E is for Excellent

Because you are Excellent

Just the way you are.

Emily Krauss

Spring Acrostic Poem

S is for Spring

P is Peaches

R is for Running

I is of Interesting Walks

N is for Nature

G is for Gardening

Emily Krauss

Easter Acrostic Poem

E is for Eggs

A is for Amazing Chocolate

S is for Sunshine

T is for Tea

E is for Easter Egg Hunts

R is for Rabbits

Emily Krauss

Ocean Haiku

The waves gently ripple
Kayakers quietly paddle by in the water
birds fly in the sky

Emily Krauss

A Girl And Her Ukulele

Just a girl and her ukulele
quarantined by the ocean
watching the waves rippling in front of her.

Just a girl and her ukulele
quarantined by the ocean
watching kayakers peacefully paddling by.

Just a girl and her ukulele
quarantined by the ocean
watching kids exploring the beach.

I'm just a girl
sitting on a bench
quarantined by the ocean with my ukulele

Emily Krauss

Just A Girl And Her Flute

Just a girl and her Flute
quarantined by the ocean
watching the waves rippling in front of her.

Just a girl and her Flute
quarantined by the ocean
watching kayakers peacefully paddling by.

Just a girl and her Flute
quarantined by the ocean
watching kids exploring the beach.

I'm just a girl
sitting on a bench
quarantined by the ocean with my flute

Emily Krauss

Cookies

I love cookies

They're tasty and delicious

They melt in my life

Oh cookies, cookies how I love thee

Emily Krauss

Penguin Acrostic Poem

P Is For Perfect

E Is For Excellent

N Is For Neat

G Is For Great

U Is For Unique

I Is For Interesting

N Is For Nice

Emily Krauss

Dolphin Acrostic Poem

D is for Dreamy

O is for Optimistic

L is for Loving

P is for Perfect

H is for Happy

I is for Interesting

N is for Neat

Emily Krauss

Seagull Acrostic Poem

S is for Smart
E is for Excellent
A is for Amazing
G is for Great
U is for Unique
L is for Loving
L is for Likeable

Emily Krauss

Stuff, Stuff Everywhere

Stuff, stuff everywhere
I'm surrounded by stuff
here and there.

Stuff, stuff everywhere
Hiding in every nook
and cranny

Stuff, stuff everywhere
everywhere I look I see stuff
I see books, books everywhere
I see guitars, ukuleles and paper everywhere

Stuff, stuff everywhere
It's so overwhelming.
It's time to stop writing this poem
and start clean, clean, cleaning
and getting, getting, getting
rid of stuff

Emily Krauss

Lovely Day

Lovely days are what I dream for
Every single day

Lovely days are going for walks
And stumbling across little things that make me smile
Like beautiful flowers

Lovely days are getting up
And seeing the sun shining in the sky

Lovely days are I dream for
Every single day

Lovely days are sitting by the ocean
And watching kayakers, paddle boaters and others
Having fun on the ocean

Lovely days are seeing the wildlife out and about
Like seagulls, crows, Canadian geese
And sometimes even geese

Lovely days are what I dream for
Every single day
And what I will keep on dreaming for
every single day

so lets go make every day a lovely day

Emily Krauss

Crow Acrostic Poem

C is for Cunning

R is for Rebellious

O is for Outgoing

W is for Wild

Emily Krauss

Chickadee Acrostic Poem

C is for Cool

H is for Happy

I is for Interesting

C is for Charming

K is for Kind

A is for Awesome

D is for Dreamy

E is for Excellent

E is for Enjoyment

Emily Krauss

Duck Acrostic Poem

D is for Darling

U is for Unique

C is for Charming

K is for Kind

Emily Krauss

Hawk Acrostic Poem

H is for Handsome

A is for Awesome

W is for Wonderful

K is for Kind

Emily Krauss

Flamingo Acrostic Poem

F is for Funky

L is for Loving

A is for Amazing

M is for Magical

I is for Interesting

N is for Neat

G is for Gorgeous

O is for Optimistic

Emily Krauss

Horse Acrostic Poem

H is for Handsome

O is for Optimistic

R is for Radiant

S is for Strength

E is for Excellent

Emily Krauss

Hummingbird Acrostic Poem

H is for Happy
U is for Unique
M is for Magical
M is for Marvelous
I is for Inspirational
N is for Neat
G is for Great
B is for Beautiful
I is for Interesting
R is for Radiant
D is for Dreamy

Emily Krauss

Swan Acrostic Poem

S is for Stunning
W is for Wonderful
A is for Awesome
N is for Neat

Emily Krauss

Rabbit Acrostic Poem

R is for Rebellious

A is for Awesome

B is for Beautiful

B is for Bright

I is for Interesting

T is for Talented

Emily Krauss

Rain

Falling from the cloudy sky
like tear drops dripping from my face
when I cry drenching me to the core.

I'm feeling miserable
My body's shivering
like a shaking earthquake
longing to be indoors by the cozy fire.

But oh no I'm having to be outdoors
trying to be strong as a tree
putting up with the havoc
that the weather throws at me

Emily Krauss

Trees: A Poem

Mighty And Tall,
Strong And Firm,
They've Been Around For Years.

They Shade And Protect Us
From The Sun, Rain And Wind.

They're Beautiful
And Give Me A Sense
Of Peace And Happiness.

Trees I Love You.

Emily Krauss

Through The Tears

Through the tears
At the lowest point in my life
I've continued to feel the spirit of my heavenly father
touching my heart

My God,
He is always with me
Even during the darkest hours of my life.

Through the tears
I am able to fall to my knees
And turn to prayer

My God,
He is always with me
Even during the darkest hours of my life

Through the tears
I turn to my God
And am able to feel his comfort
All around me

My God,
He is always with me
Even during the darkest hours of my life

Through the tears
I know I can always turn to my God
And feel his love

Emily Krauss

Milky Way

At night the sky
Becomes an entire new world
To the human eye

The moon
Sometimes as round as a soccer ball
Appears as it begins to get dark

A million tiny bright lights
Called stars
Appear like specks of dust
Out of nowhere

And soon I am outdoors
Observing the planets like mars
And also the Milky Way galaxy
With my trustworthy telescope

Emily Krauss

Christmas Lights

Christmas Lights
Shiny and Bright
You decorate Christmas Trees,
You decorate houses.
And you can be found
In the fireplace
Glowing away

Christmas Lights
You brighten up my night
Every year
In the month of December
Inside and outside

Christmas Lights
You're a joy
To see
Every Christmas season

Emily Krauss

A Love Song

Music speaks to me
like words never can

Music brings on
happiness
sadness
anger
fear
joy
excitement

music has a way of making me feel loved
music is an art
music is an expression
music is creative
music you are my love song

Emily Krauss

Cool Storms

Happening in the eve of night
Happening in the day
Happening here and there
Happening everywhere

Thunder I hear you loud and clear
Lightening I see you flashing across the sky
Rain I feel you soaking me inside and out
I'm experiencing a cool, cool storm
And I'm enjoying every minute of it

Snow, as white as a dove
Suddenly begins to slowly
Float to the ground
And it's only October

It's a cool, cool storm
A cool, cool storm
That I'm experiencing tonight

Now I'm left wondering if a tornado or a hurricane will appear next
Will the ground underneath my feet begin to rumble
What will happen next is the big question

Tonight, tonight it's a cool, cool storm
A cool, cool storm
That I'm experiencing

Emily Krauss

Inspiration Dream

At night
When I am asleep
I dream so many things
That are inspiring

I dream of poverty ending
I dream of everyone finding work
I dream of becoming an accomplished writer
These are just a few of my inspiring dreams

I dream during storms
I dream during the day
I dream in gardens
I dream daily and nightly

Dreams are like stars
They appear and disappear
Each and every day
And everyone rich and poor
Famous and not famous
Have their own dreams
That they want to achieve

So go after your dreams
And let them inspire you

Emily Krauss

Stars

Stars are magical
Glittery, little bright
Lights

They're home is
High up in
The sky and
That is where
The stars reside

Stars shine brightly
On clear nights
And are a
Free movie that
People may watch
Where ever they
Want too with
A telescope, binoculars
Or with their
Own eyes
Only on a clear night outside

Emily Krauss

Music Paints The World

In every town and city small and large there is a music vibe with its inhabitants
Some music is inspiring, some music is depressing while other music is exciting
Angry music is red as red as blood dripping down your skin
Depressing music is navy blue like rain falling from the sky
Metal music is black as black as the sky
Rap music is a mixture of red, black and yellow. It is sometimes angry,
sometimes dark and sometimes happy.
Relaxing music is blue just like the ocean
Happy music is yellow as yellow as the sun
The sound of music vibrantly paints the world
It has done so since the beginning of music and will continue to do so as long as
people ordinary and famous keep on listening to music and performing music.

Emily Krauss

Ice

Frozen

In the winter time

Melts

In the spring time

Cold to touch

And hard

Found on top of water

During the winter

Fragile

At times

Cracks

When stepped upon

Or when items like a large rock gets thrown at it

Ice

Is so beautiful

Emily Krauss

Hope

I have hope
For without hope
I'd be lost
Among a sea of travelers
Not knowing my journey
On this planet
We so fondly call earth

I have hope
For a future full of blessings
And gratitude

I have hope
For a land
That is taken care of
And not strewn with litter

I have hope
For people to share
Their skills and talents
With each other

I have hope for you and me
And will carry hope
Wherever I go
Inside my heart

Emily Krauss

Holding The Sunlight

Up above my head
I hold my arms up high
With the sunlight in my hands

It's as hot as can be
And feels like a burning ball of fire

But I don't really care
I don't care if my hands are burning
For I'm on fire

Blazing down the right path
In my life for once
Knowing what I want,
And going after my dreams, every single one of them

I'm where I want to be
I'm where I need to be
And I'll stay on fire
Accomplishing all that I can accomplish,
Staying strong
And pushing myself to the limits

Up above my head
I hold my arms up high
With the sunlight in my hands

It's as hot as can be
And feels like a burning ball of fire

But I don't really care
I don't care if my hands are burning
For I'm on fire, I'm on fire, I'm on fire

Emily Krauss

Sweet Morning Tea

Mornings are my favorite time of day
For I like to wake up to a brightly shining day
And pour myself self a cup of hot steaming tea

I smell the tea
and let the aroma
surround me

Then slowly, slowly, slowly
I start to sip the tea
and savor its taste
until like magic
it has disappeared
and I am left with a feeling
of having enjoyed the tea
but also a feeling of
craving more tea

Emily Krauss

Christmas Morning: A Christmas Memories Poem

Christmas morning comes

And little feet pitter patter to the living room.

Children are excited to see the Christmas stockings hanging from the fire place stuffed and presents all wrapped with care sitting under the Christmas tree.

Stockings are opened

and breakfast of waffles and hot chocolate are had.

Then there is a panic and rush to get the turkey into the oven so that it can be enjoyed in the evening around the table by loved ones.

Finally into the oven goes the turkey and the parents breathe a sigh of relief. It's now time to relax around the Christmas tree and enjoy opening Christmas presents and seeing what everyone got and the reactions on everyone's faces.

Emily Krauss

Christmas Evening: A Christmas Memories Poem

It's Christmas Evening

The lights are brightly shining from the Christmas tree
and outside Christmas lights decorate the house and yard
and inside more presents are unwrapped by loved ones

It's Christmas Evening

and families and loved ones are gathered around the table
Christmas Crackers decorate the table along with beautiful napkins
There is a feeling of love, laughter, joy and happiness.
And on the table is turkey, stuffing, mashed potato, squash, buns, cranberry
sauce and all sorts of delicious food.

It's Christmas Evening

music is enjoyed by all
talk is enjoyed by all
games are enjoyed by all
and treats like shortbread cookies, Nanaimo bars, figgy pudding and ice cream
are enjoyed by all

Emily Krauss

The Ocean

The Ocean is my playground
It's where I like to go to unwind,
reflect and have some fun.

It's where I go when I want to Swim,
So freely just like a dolphin.

It's where I go
when I am out for a walk or a run
during Winter, Spring, Summer and Fall.

The Ocean is my playground
It's where I like to go to unwind,
reflect and have some fun.

The Ocean is where
I can watch Great Blue Herons
standing like statues on rocks

The Ocean is where
I can watch crowds of ducks
just chilling peacefully in the water

The Ocean is my playground
It's where I like to go to unwind,
reflect and have some fun.

The Ocean is my playground
and even when I don't want to go to the ocean
It feels like some higher power
keeps on bringing me back to the ocean.

The Ocean is my playground
It's where I like to go to unwind,
reflect and have some fun.

Emily Krauss

The Beach

Waves crashing all around me.
Soft oozy sand beneath my feet and in between my toes.
Shells and rocks scattered all around.
The beach is my favorite place to be.

Emily Krauss

Valentine's Day

V is for delicious valentine cookies

A is for the adventures that couples have

L is for love

E is for the excitement that couples have

N is for nice compliments that couples have for each other

T is for kind thoughts that couples have for each other

I is for the interesting conversations that couples have

N is for the nice things that couples do for each other

E is for the enchantment that couples find in each other

S is for the sweet things that couples say and do for each other

D is for dates that couples go on

A is for always being there for your couple

Y is for saying yes to your sweetheart on the small things that cost no money
that your sweetheart wants to do with you

Emily Krauss

A Cup Of Coffee

A cup of coffee is all I need to calm me down
And make me feel that everything will be okay.

One single cup of coffee is what I enjoy drinking
With friends
In a park, on the beach, under the stars, in a book store or in a coffee shop

One single cup of coffee
Can make the world a better place

A cup of coffee
Just one cup of coffee
Such a simple request
Is all I am asking for

Emily Krauss

My Angel

I have an angel as bright as the sun
Watching out for me day and night

My angel is constantly by my side
No matter what I am doing

My angel gives me a feeling of peace
And a feeling that everything in my life is happening for the right reasons.

I have an angel as bright as the sun
Watching out for me day and night
And I wouldn't want it any other way.

Emily Krauss

In My Element

I

Am in my element.

Calm as can be.

Birds are chirping all around me

And the sun is shining happily in the sky above me.

I

Am crouched down in the hot springs

Naked and vulnerable but relaxed

Feeling the warmth of clear blue wetness

Surrounded by trees, plants and flowers

I

Am in my element

With a sense of serenity

And I wouldn't have it any other way

Emily Krauss

The Stars Are Out Tonight

Up in the black night sky
I can see billions and billions of twinkling stars
Shining away without a care in the world
It makes me feel in awe of the beautiful natural world
It makes me feel that I am just one small part of the world
The stars are out tonight and I wouldn't want it any other way.

Emily Krauss

God

Prayer is the way I connect and communicate
with God my heavenly father
up in heaven
who looks down upon all of his children on earth

Prayer
Brings me a sense of calmness,
A sense of happiness,
A sense of hope,
And a sense of peace

Prayer feels good
Especially when kneeling on my knees
By my bed
Early in the morning and late at night

I love prayer and look forward to prayer every single day

Emily Krauss

Prayer

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Emily Krauss

Sipping Red Wine

Sipping red wine on the sandy beach with shells and rocks scattered all over
Staring out at the ocean watching the ferries off in the distance
Is what I love to do

Sipping red wine in the park
Surrounded by willow trees and oak trees
Watching eagles soaring through the sky
Is what I like to do

Sipping red wine
While sitting on top of a mountain
Brings me pleasure

Sipping red wine
Is what I like to do
Surrounded by beautiful nature

Emily Krauss

Sundays Are

Sundays are
A day of rest
A day of worship
The day people dress up nice and go to church

Sundays are
Carefree, relaxing days
To spend reading
Your treasured bible

Sundays are
A day of prayer
A day to spend with God
A day to keep your hands clean
And a day to do no work

Sundays are
A day of rest,
Worship
And a day
To go to church

Yes that's what Sundays mean to me

Emily Krauss

The Lighthouse

Among the trees
Through the forest
High up on the mountain top
Situated for the world
To see is a lighthouse

It's a guide for boaters
Finding their way home in the evening
To awaiting loved ones

Sometimes there is a lighthouse keeper
Manning the lighthouse
But not always

It's been there for centuries and centuries
And will still be standing even after I a human leave this world

Lighthouse you are mighty and strong
And play an important role in the world and in history

Emily Krauss

My Battle Ground

This is my battle ground

This is my fight

This is my time to show people I can do it

It's not over until I say it's over

And give up

I'm not going to give in

Or give up

Not now, not tomorrow, not ever

This is my battle ground and I'm going to fight till the end

This is my battle ground and I'm going to fight till I win

This is my battle ground and I'm just growing stronger and more determined

No, no, no

I'm not going to give in

Or give up

For I am not a quitter

This is my battle ground

This is my battle ground

This is my time to show others

But mainly myself that I can and I will win and succeed

Emily Krauss

Color Me Just Like A Rainbow

Color me purple

Color me pink

Color me blue

Color me yellow

Color me brown

Color me orange

Color me green

Color me red

Color me all of The colors of the Rainbow

for I am A colorful human

who Likes to have lots and lots

of color In her world

That is growing bigger

All of the time

© a year ago, Emily Kr

Emily Krauss

Mountains Acrostic Poem

M is for
Mountains looking so Magnificent

O is for
Being Outdoors in
The wilderness

U is for
Being Up high
Just like you're
On top of
The world

N is for
Staring down from
The mountains at
All the Neat
Rows of houses

T is for
Taking in the
View

I is for
Going after your
Interests in the
Great outdoors

N is for Staring
At all The Nice
Views On your way
Up the mountain

S is for Taking
Your time Slowly so that
You don't rush
And so that you
Take the time to smell the roses

Hallows Eve

Witches come alive flying through the sky
Pumpkins sitting on doorsteps all lit up
Spiders creeping and crawling all around you
On Hallows Eve

Ghosts are watching you
Goblins are stalking you
Black cats are roaming the streets
On Hallows Eve

Children all dressed up collecting candy
Teenagers and young adults partying like theres no tomorrow
On Halloweens Eve

On Halloweens Eve
Once a year
Is when all craziness happens

Emily Krauss

Thanksgiving Acrostic Poem

T is for Turkey

H is for Helping Hands

A is for Apple Pie

N is for Nice conversations

K is for Kindness

S is for Sharing and Smiles

G is for Gathering around the table

I is for Interesting stories

V is for Values that everyone has

I is for Inspiration

N is for Neat people you share Thanksgiving Dinner with

G is for Giving Thanks

Emily Krauss

Falling Asleep

Falling Asleep Is Hard To Do

Falling asleep is hard to do
especially when you live in a house
that's old
and cold

Falling asleep is hard to do
especially when you want to get up
early the next morning to work out at the gym

Falling asleep is hard to do
especially when you have to work
early the next morning

Falling asleep is hard to do
especially when thoughts
are flowing through your mind

Falling Asleep Is Hard To Do

Emily Krauss

Heavenly Father Is All Around Us

Heavenly Father is all around us
Like the warmth of a blanket
while we sleep and while we're awake

Wake up in the morning
And look at the sun.
It is Heavenly Father smiling down on us and letting his light shine

Go to the forest.
Hike up a mountain and know that the mountain is Heavenly Fathers mountain
a mountain that will lead you towards him as you keep on exploring your path.

Go to the ocean.
Stare at the water
and know that the water is Heavenly Fathers water
a quiet place where you can reflect on your life

See the snow falling
and know that the snow is Heavenly Fathers snow
a snow that makes us realize that we are only one small part of the universe

Look up at the sky
at night before you fall asleep
and know that as you sleep the stars and the moon are Heavenly Father
guarding you

So pray daily, read your book of Mormon and read the bible
to keep in contact with Heavenly Father forever and always.

Emily Krauss

Gods People

We are God's people
Broken down
Full of sorrow
Deep in sadness
Waiting for miracles.

We are the children of God
The ones he loves.

He died for our sins
He's our heavenly father.

We are God's people
We are broken down
Full of depression
Full of fear
And full of hope.

We are God's people
The ones with stories to tell
Of failure and success.

We are the children,
The children of God.

Emily Krauss

A New Beginning

January is a new beginning
A fresh start and a new year

It's a time to set goals you hope to accomplish
It's a time to get rid of the old you and break away from bad habits

It's a time for a new renewal of optimism

January is a new beginning
A fresh start and a new year

So enjoy taking control of your life this new year
And let nothing stop you
Or get in your way

Emily Krauss

Tea Love Poem

Roses are red

Violets are blue

Orange Pekoe tea sits in my kitchen

While I sip Black Chai Indian tea, my one and only love
with you

Have A Happy Tea Day! ! !

Emily Krauss

Standing On Dallas Road

Standing on Dallas Road

Staring out at the sandy beach

Longing to be on the beach amongst all the rocks and driftwood

Longing to be free as a seagull

Standing on Dallas Road

Staring out at the ocean

Watching a few sailboats drifting on the water

Longing to be swimming in the ocean

Longing to be free as a whale

Standing on Dallas Road in James Bay, Victoria

Staring out at the sandy beach

And staring out at the ocean

Feeling so peaceful and relaxed

Emily Krauss

A Book Poem

Curled up by the fire side,
Hiding from the world outside.
Reading a good book,
Not thinking about being a cook.
Time flies by,
Like a slice of apple pie.
Immersed in the words on the page,
My mind is not hiding in its usual cage.
Lost in the world of books,
Every world I read keeps me hooked.
Curled up, reading, reading, reading
And loving what I am reading, reading, reading.

Emily Krauss

Dancing

Dancing in the rain
Feeling no pain
With lots to gain

Dancing in the town
Without a frown
Just like a hound

Dancing in the day
Down by the bay

Dancing in the night
With the lights
Shining bright

Dancing here,
Dancing there
Dancing everywhere

Emily Krauss

Snowflake Acrostic Poem

S is for snow

N is for the north pole

O is for oranges

W is for winter

F is for faith

L is for love

A is for angels

K is for kindness

E is for excitement

Emily Krauss

Sunshine

I've got sunshine on my face,
In the form of smiles.

I've got sunshine on my face all the time,
Just like a dime.

I've got sunshine on my face,
Even when I don't want to be happy.

I've got sunshine on my face just like a light and its here to stay,
And no it wont stray away

Emily Krauss

Spring

Spring Is In The Air
Cherry Blossoms Are Out In Full Bloom
Birds Are Happily Chirping Away

Emily Krauss

What Makes Me The Happiest

Going to the gym makes me the happiest.

I love the blue and red foam mats that cushion the gym floor.

The loud blaring music that blasts from the gyms loudspeakers makes me feel like smiling all the time.

I love the smell of workout sweat.

Going to the gym makes me the happiest.

Jabs, Crosses, Hooks, Upper Cuts,

And Punching The Heavy Weight Bag makes me feel like the happiest female on the earth.

It's throwing on Boxing Gloves and working out at the Boxing Gym that makes me feel so alive and also the happiest.

Boxing makes me the happiest.

Emily Krauss

A Girl With Simple Dreams 2

All I want to do is play music on my ukulele,
sing my heart out,
Learn To French Knit
And make the world a better place

I am a girl with simple dreams
All I want to do is throw on Gloves And Box,
Go on bike rides,
Hike and play my Harmonica
And make the world a better place

I am just a girl with simple dreams
And that's the way it should be

Emily Krauss

A Girl With Simple Dreams

All I want to do is play music on my ukulele,
sing my heart out,
Learn French Knit
And make the world a better place

I am a girl with simple dreams
All I want to do is read books
Go on bike rides
Hike
And make the world a better place

I am just a girl with simple dreams
And that's the way it should be

Emily Krauss

Party Animal

We are all party animals
We stay up until all hours of the early morning
Partying like there is no tomorrow

We are all party animals
Beers in hands
Dancing to the music
Like there is no tomorrow

We party here
We party there
We party everywhere

We are all party animals
We hop from one party to another
We are all party animals
Who like to have a good time

Emily Krauss

Summer Acrostic Poem

S is for the Sun
that shines brightly
in the sky

U is for umbrellas
that shield you
from the hot sun
at the beach

M is for melons
that you can enjoy
eating outdoors

M is for weather
that is muggy

E is for eating
and enjoying
ice cream cones

R is for
summer road trips

Emily Krauss

Thoughts Are A Storm

Thoughts

They can be like lightening
and thunder

Thoughts

They rage through your brain
every minute of every day
Just like a tornado that
never stops spinning

Thoughts

They are like a storm
an everlasting storm
that never stops and never goes away

Thoughts

Thoughts are a storm
a storm in your head

Emily Krauss

Light Of My Life

You're the light of my life
You make me happy
You make me glow
You make me shine

You're the light of my life
You bring smiles to my face
You brighten up my day
You cheer me up
You bring me happiness and contentment

You're the light of my life
and for that I am grateful

Emily Krauss

Let The Lights Shine

Let the lights shine upon you
be confident and show the world
who you really are

Make your mark on the world
Be crazy and shoot for the
gold

Never give up on your dreams
Never give up on your goals
Just never ever give up

Let the lights shine upon you
Be confident and show the world
who you really are

The time is now to give
it all you've got and more

The time is now to become
who you've always wanted
to be so shoot for more
then just ordinary

Let the lights shine upon
you. Be confident and show
the world who you really are.

Emily Krauss

Praising God

I lift my hands upwards
towards the sky and praise
God

I open my heart and soul
up to God pouring out all
of my emotions and thoughts
just like a river

I lift my hands upwards
towards
the beautiful clear
blue sky with the sun shining
down upon me and praise God

I thank God for all he has
given to me and for all that
he has done for me

I pray to God like a daughter
talking to her father with
love and happiness

I lift my hands upwards
towards the sky and praise
God the glorious and mighty

I lift my hands upwards
towards the sky and praise God

Emily Krauss

The Beating Of My Heart

I can feel the beating of
my heart. It's beating loudly
at night beneath the stars as
my feet run along the pavement.
It makes me feel so alive.

I can feel the beating of my
heart. It's beating loudly
when I'm boxing and throwing
punches. It makes me feel so
alive and nothing else seems
to matter.

I can feel the beating of my
heart. It's beating loudly
when I'm outside on the
field with my field-hockey
stick hitting a ball. It
makes me feel so alive.

I can feel the beating of
my heart. It's beating loudly when
I'm strumming my ukulele.
It makes me feel so alive
and brings a smile to my
face.

Emily Krauss

Magic

These are the years where
life feels magical

I've finally rid myself
of toxic friendships and
that feels glorious

Finding passion in Boxing
and Kickboxing makes me
feel confident and powerful

These are the years where
life feels magical

I've started becoming religious
And that feels weird

I've started playing the
ukulele and that feels fun

These are the years where
life feels magical

I've gotten back into
Field-Hockey and that feels exciting

And I'm loving working
as a care-giver

These are the years where
life feels magical and I
wouldn't want it any
other way

Emily Krauss

Blue Day

I'm having a blue day
I'm having a down day
I'm having a sad day

Feeling despair
Feeling depressed
All I want to do is hide away in bed
And cry a bucketful of tears

I'm having a blue day
A down day
A sad day

Gonna let out my emotions
And be a total mess
I'm gonna throw my phone to the ground
And smash it into pieces
I'm gonna throw some punches
And turn all physical

I'm having a blue day
A down day
A sad day
Feeling oh so blue

Emily Krauss

Here For Me

I'm not here to provide you happiness
I'm not here to provide you love
I'm not here to lift your spirits when you're down

I've got my own life to live
I have my own dreams to follow
I have my own goals to accomplish
I'm here for me
And I'm gonna do what it takes
To be who I want to be

I'm gonna be that girl you see on tv one day
I'm gonna be that girl that you read about in the news
I'm gonna be famous somehow one day

I'm not here for you
I'm here for me and me alone

Emily Krauss

The Mitten Knitting Poem

I am a mitten knitter
And I love mitten knitting
I knit to keep your hands warm during those long cold winter nights
I am a mitten knitter
And I love knitting mittens
Mitten knitting and knitting mittens is my passion
I am a mitten knitter

Emily Krauss

Change The World

Change the world for you will feel better

Change the world for you will be doing good

Change the world for you will make a difference

Just go and change the world and don't think twice

I tell you will all my heart to go and change the world

Go just go and change the world for changing the world will help you grow

Just go, just go and change the world and don't think twice

Changing the world

It is a good fight

So go just go and change the world and don't think twice

Emily Krauss

Darkness

Laying on my bed
In the darkness
Feeling all alone

At a loss where to go
Or who to turn to

Stuck in a rut of despair
And hopelessness

Laying on my bed all alone
In the darkness
With sadness on my face

In a place of despair
I am in dire need of help

Laying on my bed
In the darkness
Feeling all alone

At a loss where to go
Or who to turn to

Feeling all alone
Especially when surrounded by darkness

Emily Krauss

Clutter And Stuff

The world is full of clutter

The world is full of stuff

All throughout our lives growing up and all throughout our school lives we are told that clutter and stuff will bring us happiness

But all I find is that clutter and stuff brings me stress

The world is full of clutter

The world is full of stuff

And I am not into contributing to a world full of clutter and stuff

The world is full of clutter

The world is full of stuff

Isn't it a time we stopped caring about clutter and stuff and start caring living a more stress and happy free life?

The world is full of clutter

The world is full of stuff

I don't know about you but I am tired of living in a world full of clutter and stuff

Emily Krauss

Deer

Deer in the morning

Deer in the night

Deer all the time

There is nothing I like better than running into deer

I love deer

They bring me peace

They bring me tranquility

They bring me comfort

They make me feel that everything will turn out okay

Sometimes I feel that deer are my spirit animal

Deer in the morning

Deer in the night

Deer all the time

I love seeing the deer

And running into them

There is nothing better than spotting a deer in my beautiful city

Deer in the morning

Deer in the night

Deer all the time

I love deer and always will love deer

Emily Krauss

Tears

Can't stop the tears
From falling down my face

Feeling stressed out
Feeling depressed
Feeling all alone
Feeling like the worlds against me

Can't stop the tears
From falling down my face

All I want to do
Is crawl under blankets and hide
Wanting to disappear
And vanish into thin air

Can't stop the tears
From falling down my face

My spirits are low
It's hard to stay positive
It's hard to put on a brave outlook
It's hard to be optimistic and smile
And pretend that everything is okay

Can't stop the tears
From falling down my face

I am told to have faith and hope
But I ain't got no faith and hope
I am told to pray to God by OTHERS,
Who think they have all the answers
But I ain't got no time to pray to God
Or listen to OTHERS talk about rubbish

Can't stop the tears
From falling down my face

4 In The Morning

It's four in the morning
Its dark outside
And I am rising early
Before everyone else
Ready to push myself
And go running
While delivering papers.

A girls gotta do
What a girls gotta do
To become a champion

Dressed in a rain jacket and rain pants
Feet flying along the pavement
Music blaring from my cellphone
Papers flung onto lawns
Deer being startled
Rabbits quick as can be hopping across lawns.

A girls gotta do
What a girls gotta do
To become a champion

It's four in the morning
Its dark outside
And I am rising early
Before everyone else
Ready to push myself
And become a champion

A girls gotta do
What a girls gotta do
To become a champion

Emily Krauss

The Laundry Poem

Doing laundry is my duty
For clean clothes are far better than stinky dirty clothes
Doing laundry is my duty
A duty I enjoy
Broadcasting for the world to see
By hanging the clothes to dry from my balcony
Doing laundry is my duty
A duty that I love

Emily Krauss

Welcome December

Welcome to December
A beautiful month
With beautiful music
And great celebrations

Welcome to December
That time of year when the weather becomes cold
And when the snow falls down in heaps and heaps to the ground

Welcome to December
That time of year when Christmas lights decorate houses
And when Christmas trees all decorated with lights sit in houses

Welcome to December
That time of year when family and friends gather on Christmas Day, December
the 25th to enjoy good food and each other's company

Welcome to December

Emily Krauss

Running Out Of Love

I am running
I don't know where
I don't know why
But all I know is that I am running

And the love inside of me is dwindling
Just like kindling

I am running out of love
And I don't know if love will come back to me

I am sick and tired of being told to love you
I am running out of love
And I don't know if love will come back to me

Emily Krauss

Sad Whale

There was a sad whale
A silly, sulky sad whale
A silky sulky scary sad whale

There was a sad whale
A silly sulky sad whale who lived in the ocean
Oh what a whale he
Oh how sad he was
Oh how depressed he was
Oh how unhappy he was

There was a sad whale
A silly sulky sad whale
And this silly sulky sad whale
Lived in the ocean
The deep blue ocean

There was a sad whale
A silly, sulky sad whale
A silky sulky scary sad whale

Emily Krauss

Sipping Coffee

Sipping coffee first thing in the morning
Is my passion.
It's oh so hot
And wakes me up.
It's my kick-start to the day.

Sipping Coffee is what I love to do.
Sadly I have to say it's an addiction.
A good addiction to say the least.

Sipping coffee first thing in the morning
Is like love at first sight
But not when sipping coffee
From a cracked coffee mug

Emily Krauss

The Spirit Of Christmas

I feel the spirit of Christmas all around me
The spirit of Christmas is in the air
Especially during December

The spirit of Christmas is all around me
It's buying coffee or tea for a homeless person to warm their insides
It's writing a letter to a friend or relative
It's knitting and crocheting and then giving your knitted and crocheted items to
the needy
It's giving your time to volunteer

The spirit of Christmas
It's all around me
it gives me chills and makes me smile

I feel the spirit of Christmas all around me
The spirit of Christmas is in the air
The spirit of Christmas is all about contributing to society and making a
difference one step at a time

Emily Krauss

Moving On

I am sick and tired of your lies
I am sick and tired of arguments
I am sick and tired of your rudeness
I am disappearing from your life
For you do not deserve to be with me

I am moving on
Moving on, it's the hardest thing to do
But I know it is for the best
For I am ready to take back my life

I am sick and tired of being afraid
I am sick and tired of the fear that takes over my body when checking emails
I am sick and tired of the tears I shed
But now I am moving on

I am moving on
Moving on, it's the hardest thing to do
But I know it is for the best
For I am ready to take back my life

I am ready to become strong
I am ready to become confident
I am ready to take charge
And take back my life
I am moving on

Moving on, it's the hardest thing to do
But I know it is for the best
I am a fighter not a quitter
I am strong
And I am ready to take back my life
And be successful

Emily Krauss

Love

Love is in the air
I can smell love on flowers
I can see love in the rays that the sun shines on the earth
I find love when standing on top of the highest mountain

Love is in the air
All around me I am surrounded by love
And I wouldn't trade the feeling for a moment

I feel love when drinking coffee
I feel love when drinking tea
I feel love when going for a run and feeling the wind on my face

Love is in the air
And it's such a magical feeling

I feel love when boxing. There's no better feeling than throwing punches
I feel love when creating art through textiles and painting
I feel love when baking up a storm
I feel love when listening to music

Love is in the air
And I wouldn't trade the feeling for a moment

Emily Krauss

Strength

Strength comes in many forms
And it's something we all need

Strength comes from eating
Strength comes from exercise
Strength comes from fitness

Strength comes in many forms
And it's something we all need

Strength comes from determination
Strength comes discipline
Strength comes from confidents

Strength comes in many forms
Strength comes from never giving up
Strength comes from not quitting
Strength comes in many forms and it's something we all need

Emily Krauss

Christmas

Christmas is a time
For decorating the Christmas tree
Christmas is a time
For baking delicious Christmas treats
Christmas is a time
For listening to Christmas music
Christmas is a time
For watching Christmas movies
Christmas is a time
For drinking eggnog and apple cider
But most importantly
Christmas is a time
For spending with your family and friends
The ones who mean the world to you

Emily Krauss

Tea

Tea

There is nothing better
Then sitting by the fire
And drinking a warm cup of tea

While knitting, playing the ukulele, reading
Or doing whatever you love to do
In the comfort of your cozy home.

Tea bring you hope
Tea brings you comfort
Tea brings you peace
Tea brings you happiness when you are feeling down
There is nothing better than drowning your sorrows
In a cup of tea
On your own or even better
With a friend.

There is nothing better
Then sitting by the fire
And drinking a warm cup of tea

Tea is a friend many people turn to
In times of need
For tea is one of those
Simple pleasures in life

Emily Krauss

Watching The Snow

Watching the Snow

I like to sit my window
Look outside
And watch the snow falling to the ground

It takes me back to a simpler time
When I didn't have a care in the world
And all I had to do was have fun
And enjoy life

Sometimes I still wish all I had to do was have fun
But I am also glad that times are different
Otherwise there would be no growth

Still I like to sit by window
And watch the snow
Slowly drift to the ground

Emily Krauss

Christmas Trees

Christmas Trees

□

I love Christmas trees

I love the smell they give off

I love decorating them

And seeing them shiny and lit up

I love Christmas trees

They give me hope

They give me peace

They give me comfort

I love Christmas trees

They make me feel happy

They make me feel joy

I love Christmas trees

I love Christmas trees especially all decorated with Christmas lights

Oh I so love Christmas trees

Emily Krauss

Blackberry Picking

A walk in the woods
Is a magical event to do
In late August and early Fall
Especially with my father

My father and I
We stroll hand in hand chatting away
While carrying empty buckets
to be filled with blackberries
for a delicious blackberry pie
to be made by my dear mother

Picking blackberries with my father
Is an activity I enjoy to do
As it is way that brings father and daughter closer together

Emily Krauss